

1 - ONMK 2020 kb sessie 1

23-01-2020 - 12:30

Programmanr. 1  
23-01-2020 - 12:30

Dames, 1500m vrije slag  
Pauze na serie 4 / Break after Heat 4

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA
<b>Masters 20+</b>					
1.	Madelon Dijkstra	ZPCH	NED 199703510	<b>16:49.30</b>	+0.67
	<i>Nederlands Masters Record, NMR 800m</i>				
	50m: 29.66	29.66	450m: 4:58.10	33.84	850m: 9:29.75
	100m: 1:01.91	32.25	500m: 5:32.19	34.09	900m: 10:03.84
	150m: 1:35.05	33.14	550m: 6:06.06	33.87	950m: 10:37.92
	200m: 2:08.59	33.54	600m: 6:40.01	33.95	1000m: 11:11.98
	250m: 2:42.45	33.86	650m: 7:13.97	33.96	1050m: 11:45.96
	300m: 3:16.25	33.80	700m: 7:47.89	33.92	1100m: 12:20.09
	350m: 3:50.12	33.87	750m: 8:22.02	34.13	1150m: 12:54.01
	400m: 4:24.26	34.14	800m: 8:55.85	33.83	1200m: 13:27.91
2.	Anne Noom	Het Y	NED 199800062	<b>17:15.45</b>	+0.72
	50m: 31.21	31.21	450m: 5:06.30	34.62	850m: 9:43.67
	100m: 1:05.13	33.92	500m: 5:40.83	34.53	900m: 10:18.45
	150m: 1:39.14	34.01	550m: 6:15.34	34.51	950m: 10:53.25
	200m: 2:13.30	34.16	600m: 6:50.05	34.71	1000m: 11:28.32
	250m: 2:47.76	34.46	650m: 7:24.82	34.77	1050m: 12:02.94
	300m: 3:22.40	34.64	700m: 7:59.36	34.54	1100m: 12:37.68
	350m: 3:57.08	34.68	750m: 8:34.10	34.74	1150m: 13:12.74
	400m: 4:31.68	34.60	800m: 9:08.79	34.69	1200m: 13:47.50
3.	Elianne Huitema	Steenwijk 1934	NED 199700258	<b>18:24.23</b>	+0.67
	50m: 31.94	31.94	450m: 5:26.03	36.97	850m: 10:21.12
	100m: 1:07.54	35.60	500m: 6:02.72	36.69	900m: 10:58.34
	150m: 1:44.38	36.84	550m: 6:39.55	36.83	950m: 11:35.31
	200m: 2:21.35	36.97	600m: 7:16.41	36.86	1000m: 12:12.50
	250m: 2:58.53	37.18	650m: 7:53.52	37.11	1050m: 12:49.57
	300m: 3:35.58	37.05	700m: 8:30.41	36.89	1100m: 13:26.82
	350m: 4:12.36	36.78	750m: 9:07.34	36.93	1150m: 14:03.88
	400m: 4:49.06	36.70	800m: 9:44.28	36.94	1200m: 14:41.04
4.	Hilde Dekker	ReVeLie Swim Team	NED 199901926	<b>18:32.66</b>	+0.83
	50m: 31.82	31.82	450m: 5:21.37	36.64	850m: 10:20.63
	100m: 1:07.26	35.44	500m: 5:58.21	36.84	900m: 10:58.03
	150m: 1:43.36	36.10	550m: 6:34.94	36.73	950m: 11:35.97
	200m: 2:19.31	35.95	600m: 7:12.30	37.36	1000m: 12:13.70
	250m: 2:55.51	36.20	650m: 7:49.97	37.67	1050m: 12:51.41
	300m: 3:31.79	36.28	700m: 8:27.68	37.71	1100m: 13:28.86
	350m: 4:08.19	36.40	750m: 9:05.42	37.74	1150m: 14:06.52
	400m: 4:44.73	36.54	800m: 9:43.19	37.77	1200m: 14:44.79
5.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	<b>18:39.07</b>	+0.66
	50m: 31.56	31.56	450m: 5:24.25	36.98	850m: 10:24.55
	100m: 1:06.72	35.16	500m: 6:01.27	37.02	900m: 11:02.91
	150m: 1:42.94	36.22	550m: 6:38.48	37.21	950m: 11:41.15
	200m: 2:19.79	36.85	600m: 7:15.89	37.41	1000m: 12:19.43
	250m: 2:56.52	36.73	650m: 7:53.43	37.54	1050m: 12:57.44
	300m: 3:33.39	36.87	700m: 8:31.08	37.65	1100m: 13:35.65
	350m: 4:10.54	37.15	750m: 9:08.97	37.89	1150m: 14:13.48
	400m: 4:47.27	36.73	800m: 9:46.89	37.92	1200m: 14:51.64
6.	Marije Dankelman	Dedemvaart-AC	NED 199701502	<b>18:57.03</b>	+0.82
	50m: 32.86	32.86	450m: 5:32.22	37.92	850m: 10:36.51
	100m: 1:09.08	36.22	500m: 6:10.23	38.01	900m: 11:14.76
	150m: 1:46.35	37.27	550m: 6:47.98	37.75	950m: 11:53.25
	200m: 2:23.66	37.31	600m: 7:26.09	38.11	1000m: 12:31.58
	250m: 3:01.04	37.38	650m: 8:04.20	38.11	1050m: 13:10.31
	300m: 3:38.64	37.60	700m: 8:42.42	38.22	1100m: 13:48.70
	350m: 4:16.37	37.73	750m: 9:20.13	37.71	1150m: 14:27.26
	400m: 4:54.30	37.93	800m: 9:58.35	38.22	1200m: 15:05.83
7.	Chantal Beijer	DWT	NED 199700884	<b>20:03.48</b>	+0.82
	50m: 33.20	33.20	450m: 5:52.19	40.97	850m: 11:23.30
	100m: 1:09.96	36.76	500m: 6:34.00	41.81	900m: 12:04.21
	150m: 1:48.66	38.70	550m: 7:14.75	40.75	950m: 12:44.42
	200m: 2:28.47	39.81	600m: 7:56.21	41.46	1000m: 13:24.72
	250m: 3:09.18	40.71	650m: 8:37.46	41.25	1050m: 14:05.17
	300m: 3:49.31	40.13	700m: 9:18.66	41.20	1100m: 14:45.10
	350m: 4:30.66	41.35	750m: 10:00.25	41.59	1150m: 15:25.33
	400m: 5:11.22	40.56	800m: 10:41.74	41.49	1200m: 16:05.92

Programmanr. 1, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	tijd	RT	PARA			
8.	Nadine Scheeve	De Biesboschzweimmers	<b>22:54.43</b>		<b>+0.80</b>			
	50m: 36.98	36.98	450m: 6:43.61	46.32	850m: 12:53.20	46.79	1250m: 19:07.40	46.75
	100m: 1:19.92	42.94	500m: 7:29.45	45.84	900m: 13:39.77	46.57	1300m: 19:54.10	46.70
	150m: 2:05.28	45.36	550m: 8:14.89	45.44	950m: 14:26.46	46.69	1350m: 20:40.37	46.27
	200m: 2:51.13	45.85	600m: 9:00.80	45.91	1000m: 15:13.35	46.89	1400m: 21:26.44	46.07
	250m: 3:36.95	45.82	650m: 9:46.99	46.19	1050m: 16:00.23	46.88	1450m: 22:11.22	44.78
	300m: 4:23.79	46.84	700m: 10:33.07	46.08	1100m: 16:46.58	46.35	1500m: 22:54.43	43.21
	350m: 5:10.03	46.24	750m: 11:19.88	46.81	1150m: 17:33.40	46.82		
	400m: 5:57.29	47.26	800m: 12:06.41	46.53	1200m: 18:20.65	47.25		

Masters 25+

1.	Fiona Meuffels	RZ	<b>19:07.46</b>		<b>+0.64</b>			
	50m: 32.60	32.60	450m: 5:33.05	37.98	850m: 10:42.44	38.91	1250m: 15:54.82	39.13
	100m: 1:08.54	35.94	500m: 6:11.40	38.35	900m: 11:21.30	38.86	1300m: 16:33.57	38.75
	150m: 1:45.66	37.12	550m: 6:49.89	38.49	950m: 12:00.40	39.10	1350m: 17:12.79	39.22
	200m: 2:23.22	37.56	600m: 7:28.13	38.24	1000m: 12:39.31	38.91	1400m: 17:51.92	39.13
	250m: 3:00.86	37.64	650m: 8:06.83	38.70	1050m: 13:18.54	39.23	1450m: 18:31.03	39.11
	300m: 3:38.77	37.91	700m: 8:45.76	38.93	1100m: 13:57.24	38.70	1500m: 19:07.46	36.43
	350m: 4:16.46	37.69	750m: 9:25.08	39.32	1150m: 14:36.49	39.25		
	400m: 4:55.07	38.61	800m: 10:03.53	38.45	1200m: 15:15.69	39.20		
2.	Nanda de Vries	Steenwijk 1934	<b>19:37.89</b>		<b>+0.84</b>			
	50m: 32.84	32.84	450m: 5:41.00	39.47	850m: 10:59.33	40.04	1250m: 16:20.41	40.27
	100m: 1:09.40	36.56	500m: 6:20.63	39.63	900m: 11:38.93	39.60	1300m: 17:00.47	40.06
	150m: 1:47.07	37.67	550m: 7:00.03	39.40	950m: 12:19.18	40.25	1350m: 17:40.47	40.00
	200m: 2:25.22	38.15	600m: 7:39.56	39.53	1000m: 12:59.69	40.51	1400m: 18:21.10	40.63
	250m: 3:03.91	38.69	650m: 8:19.30	39.74	1050m: 13:39.74	40.05	1450m: 19:00.47	39.37
	300m: 3:42.94	39.03	700m: 8:59.52	40.22	1100m: 14:19.76	40.02	1500m: 19:37.89	37.42
	350m: 4:22.27	39.33	750m: 9:39.62	40.10	1150m: 15:00.27	40.51		
	400m: 5:01.53	39.26	800m: 10:19.29	39.67	1200m: 15:40.14	39.87		
3.	Désirée Emmen	De Warande	<b>20:23.97</b>		<b>+0.69</b>			
	50m: 34.39	34.39	450m: 5:56.20	41.20	850m: 11:25.46	41.40	1250m: 16:59.09	41.69
	100m: 1:12.22	37.83	500m: 6:37.34	41.14	900m: 12:07.29	41.83	1300m: 17:40.87	41.78
	150m: 1:51.18	38.96	550m: 7:18.14	40.80	950m: 12:48.97	41.68	1350m: 18:22.02	41.15
	200m: 2:31.50	40.32	600m: 7:59.21	41.07	1000m: 13:30.42	41.45	1400m: 19:02.81	40.79
	250m: 3:12.41	40.91	650m: 8:40.42	41.21	1050m: 14:12.22	41.80	1450m: 19:43.10	40.29
	300m: 3:53.19	40.78	700m: 9:21.48	41.06	1100m: 14:53.98	41.76	1500m: 20:23.97	40.87
	350m: 4:34.03	40.84	750m: 10:02.99	41.51	1150m: 15:35.86	41.88		
	400m: 5:15.00	40.97	800m: 10:44.06	41.07	1200m: 16:17.40	41.54		
4.	Leontine Groeneveldt	De Duck	<b>21:40.03</b>		<b>+0.67</b>			
	50m: 36.47	36.47	450m: 6:19.23	43.10	850m: 12:12.57	44.39	1250m: 18:08.48	44.42
	100m: 1:18.73	42.26	500m: 7:02.35	43.12	900m: 12:57.49	44.92	1300m: 18:52.03	43.55
	150m: 2:01.14	42.41	550m: 7:46.20	43.85	950m: 13:42.13	44.64	1350m: 19:35.70	43.67
	200m: 2:44.67	43.53	600m: 8:30.68	44.48	1000m: 14:26.49	44.36	1400m: 20:18.53	42.83
	250m: 3:27.55	42.88	650m: 9:14.63	43.95	1050m: 15:11.36	44.87	1450m: 20:59.68	41.15
	300m: 4:10.53	42.98	700m: 9:59.51	44.88	1100m: 15:55.25	43.89	1500m: 21:40.03	40.35
	350m: 4:53.44	42.91	750m: 10:43.61	44.10	1150m: 16:39.90	44.65		
	400m: 5:36.13	42.69	800m: 11:28.18	44.57	1200m: 17:24.06	44.16		
5.	Sandra Vermeulen	De Duck	<b>22:07.35</b>		<b>+0.72</b>			
	50m: 36.75	36.75	450m: 6:26.61	44.92	850m: 12:24.89	45.19	1250m: 18:26.09	45.05
	100m: 1:17.80	41.05	500m: 7:11.26	44.65	900m: 13:09.99	45.10	1300m: 19:10.43	44.34
	150m: 2:00.69	42.89	550m: 7:56.25	44.99	950m: 13:54.74	44.75	1350m: 19:55.53	45.10
	200m: 2:44.56	43.87	600m: 8:40.27	44.02	1000m: 14:40.06	45.32	1400m: 20:40.68	45.15
	250m: 3:28.38	43.82	650m: 9:25.08	44.81	1050m: 15:25.19	45.13	1450m: 21:25.32	44.64
	300m: 4:12.52	44.14	700m: 10:09.81	44.73	1100m: 16:10.42	45.23	1500m: 22:07.35	42.03
	350m: 4:57.01	44.49	750m: 10:54.70	44.89	1150m: 16:55.99	45.57		
	400m: 5:41.69	44.68	800m: 11:39.70	45.00	1200m: 17:41.04	45.05		
6.	Marjan Rikken	ZVV	<b>22:43.27</b>		<b>+0.94</b>			
	50m: 38.05	38.05	450m: 6:27.46	44.82	850m: 12:35.14	46.38	1250m: 18:50.43	46.92
	100m: 1:19.89	41.84	500m: 7:12.73	45.27	900m: 13:21.90	46.76	1300m: 19:37.74	47.31
	150m: 2:02.81	42.92	550m: 7:57.93	45.20	950m: 14:08.98	47.08	1350m: 20:24.57	46.83
	200m: 2:46.39	43.58	600m: 8:43.61	45.68	1000m: 14:55.81	46.83	1400m: 21:11.28	46.71
	250m: 3:29.97	43.58	650m: 9:29.59	45.98	1050m: 15:42.69	46.88	1450m: 21:57.65	46.37
	300m: 4:14.18	44.21	700m: 10:16.09	46.50	1100m: 16:28.89	46.20	1500m: 22:43.27	45.62
	350m: 4:57.99	43.81	750m: 11:02.40	46.31	1150m: 17:16.27	47.38		
	400m: 5:42.64	44.65	800m: 11:48.76	46.36	1200m: 18:03.51	47.24		

Programmanr. 1, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA	
7.	Claudia Creemers	RZ	<b>26:55.24</b>	<b>+0.63</b>		
	50m: 42.11	42.11	450m: 7:38.70	54.40	850m: 14:59.53	55.36
	100m: 1:29.81	47.70	500m: 8:33.09	54.39	900m: 15:54.96	55.43
	150m: 2:19.13	49.32	550m: 9:27.73	54.64	950m: 16:49.09	54.13
	200m: 3:11.19	52.06	600m: 10:23.20	55.47	1000m: 17:43.28	54.19
	250m: 4:03.40	52.21	650m: 11:18.55	55.35	1050m: 18:38.91	55.63
	300m: 4:57.28	53.88	700m: 12:13.45	54.90	1100m: 19:34.33	55.42
	350m: 5:50.59	53.31	750m: 13:08.51	55.06	1150m: 20:29.51	55.18
	400m: 6:44.30	53.71	800m: 14:04.17	55.66	1200m: 21:24.53	55.02

Masters 30+

1.	Jenny Schouten	Zwemsport Parkstad (SG)	<b>18:57.21</b>	<b>+0.91</b>		
	50m: 32.15	32.15	450m: 5:31.35	37.89	850m: 10:36.64	38.52
	100m: 1:07.76	35.61	500m: 6:09.13	37.78	900m: 11:15.03	38.39
	150m: 1:44.89	37.13	550m: 6:47.37	38.24	950m: 11:53.72	38.69
	200m: 2:22.37	37.48	600m: 7:25.45	38.08	1000m: 12:32.50	38.78
	250m: 3:00.07	37.70	650m: 8:03.45	38.00	1050m: 13:11.54	39.04
	300m: 3:37.93	37.86	700m: 8:41.60	38.15	1100m: 13:50.55	39.01
	350m: 4:15.99	38.06	750m: 9:19.92	38.32	1150m: 14:28.97	38.42
	400m: 4:53.46	37.47	800m: 9:58.12	38.20	1200m: 15:08.03	39.06
2.	Clara Van Roeyen	GBZ	<b>19:56.46</b>	<b>+0.81</b>		
	50m: 34.50	34.50	450m: 5:50.74	40.12	850m: 11:13.74	40.05
	100m: 1:12.44	37.94	500m: 6:30.80	40.06	900m: 11:54.19	40.45
	150m: 1:51.14	38.70	550m: 7:11.34	40.54	950m: 12:34.00	39.81
	200m: 2:30.73	39.59	600m: 7:51.87	40.53	1000m: 13:14.28	40.28
	250m: 3:10.42	39.69	650m: 8:32.62	40.75	1050m: 13:54.89	40.61
	300m: 3:50.32	39.90	700m: 9:12.97	40.35	1100m: 14:35.43	40.54
	350m: 4:30.51	40.19	750m: 9:53.30	40.33	1150m: 15:16.01	40.58
	400m: 5:10.62	40.11	800m: 10:33.69	40.39	1200m: 15:56.33	40.32
3.	Suzan Blankestijn	ZVL-1886 Tetteroo	<b>20:30.54</b>	<b>+0.66</b>		
	50m: 34.69	34.69	450m: 6:01.23	40.91	850m: 11:31.79	40.63
	100m: 1:15.16	40.47	500m: 6:42.39	41.16	900m: 12:12.86	41.07
	150m: 1:55.76	40.60	550m: 7:23.50	41.11	950m: 12:53.61	40.75
	200m: 2:36.99	41.23	600m: 8:04.89	41.39	1000m: 13:35.15	41.54
	250m: 3:17.79	40.80	650m: 8:46.88	41.99	1050m: 14:16.88	41.73
	300m: 3:58.56	40.77	700m: 9:28.10	41.22	1100m: 14:58.82	41.94
	350m: 4:39.24	40.68	750m: 10:09.72	41.62	1150m: 15:40.43	41.61
	400m: 5:20.32	41.08	800m: 10:51.16	41.44	1200m: 16:22.30	41.87
4.	Nanda van Heteren	De Geul	<b>20:30.94</b>	<b>+0.76</b>		
	50m: 35.36	35.36	450m: 5:59.33	41.32	850m: 11:34.10	41.64
	100m: 1:13.83	38.47	500m: 6:41.10	41.77	900m: 12:16.02	41.92
	150m: 1:53.39	39.56	550m: 7:22.97	41.87	950m: 12:58.19	42.17
	200m: 2:33.65	40.26	600m: 8:05.19	42.22	1000m: 13:40.36	42.17
	250m: 3:15.00	41.35	650m: 8:47.45	42.26	1050m: 14:21.80	41.44
	300m: 3:55.90	40.90	700m: 9:28.86	41.41	1100m: 15:04.21	42.41
	350m: 4:36.48	40.58	750m: 10:10.30	41.44	1150m: 15:46.20	41.99
	400m: 5:18.01	41.53	800m: 10:52.46	42.16	1200m: 16:28.01	41.81
5.	Mandy Verbakel	ZPC Woerden	<b>20:50.36</b>	<b>+0.67</b>		
	50m: 36.33	36.33	450m: 6:08.81	41.90	850m: 11:42.00	42.09
	100m: 1:16.34	40.01	500m: 6:50.41	41.60	900m: 12:23.89	41.89
	150m: 1:57.95	41.61	550m: 7:32.04	41.63	950m: 13:06.27	42.38
	200m: 2:39.52	41.57	600m: 8:13.53	41.49	1000m: 13:48.27	42.00
	250m: 3:21.55	42.03	650m: 8:55.00	41.47	1050m: 14:30.40	42.13
	300m: 4:03.09	41.54	700m: 9:36.83	41.83	1100m: 15:12.94	42.54
	350m: 4:45.39	42.30	750m: 10:18.55	41.72	1150m: 15:56.18	43.24
	400m: 5:26.91	41.52	800m: 10:59.91	41.36	1200m: 16:38.64	42.46
6.	Anita Visch	Nunspeet	<b>21:52.89</b>	<b>+0.93</b>		
	50m: 36.10	36.10	450m: 6:22.05	43.26	850m: 12:15.85	44.90
	100m: 1:17.82	41.72	500m: 7:06.40	44.35	900m: 13:00.67	44.82
	150m: 2:00.91	43.09	550m: 7:50.46	44.06	950m: 13:44.79	44.12
	200m: 2:44.01	43.10	600m: 8:35.05	44.59	1000m: 14:29.49	44.70
	250m: 3:27.19	43.18	650m: 9:18.61	43.56	1050m: 15:14.65	45.16
	300m: 4:10.97	43.78	700m: 10:02.81	44.20	1100m: 15:59.18	44.53
	350m: 4:55.07	44.10	750m: 10:46.80	43.79	1150m: 16:44.39	45.21
	400m: 5:38.79	43.72	800m: 11:30.95	44.35	1200m: 17:28.64	44.25

Programmanr. 1, Dames, 1500m vrije slag, Masters 30+

rang	naam	vereniging	tijd	RT	PARA	
7.	Lisette van den Bos	De Geul	<b>23:55.81</b>	+0.76		
	50m: 41.31	41.31	450m: 7:05.71	48.24	850m: 13:29.73	47.76
	100m: 1:28.79	47.48	500m: 7:54.05	48.34	900m: 14:18.09	48.36
	150m: 2:16.14	47.35	550m: 8:41.72	47.67	950m: 15:06.40	48.31
	200m: 3:04.50	48.36	600m: 9:29.69	47.97	1000m: 15:55.00	48.60
	250m: 3:52.90	48.40	650m: 10:17.61	47.92	1050m: 16:43.11	48.11
	300m: 4:41.24	48.34	700m: 11:05.34	47.73	1100m: 17:31.36	48.25
	350m: 5:29.01	47.77	750m: 11:53.59	48.25	1150m: 18:20.15	48.79
	400m: 6:17.47	48.46	800m: 12:41.97	48.38	1200m: 19:08.93	48.78
8.	Dorien Vasseur	Scheldestroom	<b>24:38.18</b>			
	50m: 41.08	41.08	450m: 7:13.48	49.68	850m: 13:53.97	49.96
	100m: 1:27.88	46.80	500m: 8:02.83	49.35	900m: 14:43.32	49.35
	150m: 2:16.15	48.27	550m: 8:54.00	51.17	950m: 15:32.96	49.64
	200m: 3:04.41	48.26	600m: 9:44.36	50.36	1000m: 16:23.34	50.38
	250m: 3:53.57	49.16	650m: 10:33.90	49.54	1050m: 17:14.29	50.95
	300m: 4:43.85	50.28	700m: 11:24.04	50.14	1100m: 18:03.89	49.60
	350m: 5:33.90	50.05	750m: 12:14.10	50.06	1150m: 18:54.25	50.36
	400m: 6:23.80	49.90	800m: 13:04.01	49.91	1200m: 19:44.65	50.40
9.	Ildiko van der Ploeg	Neptunus'58	<b>25:47.69</b>	+0.82		
	50m: 41.75	41.75	450m: 7:31.69	51.70	850m: 14:26.84	51.95
	100m: 1:30.91	49.16	500m: 8:23.09	51.40	900m: 15:19.63	52.79
	150m: 2:21.52	50.61	550m: 9:15.20	52.11	950m: 16:12.19	52.56
	200m: 3:12.92	51.40	600m: 10:07.10	51.90	1000m: 17:04.59	52.40
	250m: 4:04.77	51.85	650m: 10:58.34	51.24	1050m: 17:57.49	52.90
	300m: 4:56.53	51.76	700m: 11:50.68	52.34	1100m: 18:50.00	52.51
	350m: 5:48.45	51.92	750m: 12:42.80	52.12	1150m: 19:42.80	52.80
	400m: 6:39.99	51.54	800m: 13:34.89	52.09	1200m: 20:36.68	53.88

Masters 35+

1.	Viktória Háden-Felföldi <i>Hungarian Masters Record</i>	Megathlon SE	<b>18:17.42</b>	+0.80		
	50m: 32.37	32.37	450m: 5:21.36	36.54	850m: 10:14.96	36.80
	100m: 1:07.76	35.39	500m: 5:57.93	36.57	900m: 10:51.72	36.76
	150m: 1:43.49	35.73	550m: 6:34.65	36.72	950m: 11:28.84	37.12
	200m: 2:19.47	35.98	600m: 7:11.25	36.60	1000m: 12:06.15	37.31
	250m: 2:55.53	36.06	650m: 7:47.70	36.45	1050m: 12:43.22	37.07
	300m: 3:31.83	36.30	700m: 8:24.26	36.56	1100m: 13:20.22	37.00
	350m: 4:08.34	36.51	750m: 9:01.24	36.98	1150m: 13:57.39	37.17
	400m: 4:44.82	36.48	800m: 9:38.16	36.92	1200m: 14:34.41	37.02
2.	Stephanie Vaernewyck	MEGA-zwemteam	<b>18:50.01</b>	+0.78		
	50m: 33.59	33.59	450m: 5:31.24	37.90	850m: 10:34.10	38.02
	100m: 1:09.88	36.29	500m: 6:09.05	37.81	900m: 11:12.02	37.92
	150m: 1:46.82	36.94	550m: 6:46.88	37.83	950m: 11:50.00	37.98
	200m: 2:23.86	37.04	600m: 7:24.71	37.83	1000m: 12:27.92	37.92
	250m: 3:01.17	37.31	650m: 8:02.67	37.96	1050m: 13:06.03	38.11
	300m: 3:38.50	37.33	700m: 8:40.43	37.76	1100m: 13:44.32	38.29
	350m: 4:15.86	37.36	750m: 9:18.46	38.03	1150m: 14:22.37	38.05
	400m: 4:53.34	37.48	800m: 9:56.08	37.62	1200m: 15:00.88	38.51
3.	Ramona Linting	LinK	<b>20:23.65</b>			
	50m: 34.71	34.71	450m: 5:55.80	41.09	850m: 11:23.67	42.12
	100m: 1:13.05	38.34	500m: 6:36.60	40.80	900m: 12:05.26	41.59
	150m: 1:52.86	39.81	550m: 7:17.50	40.90	950m: 12:46.51	41.25
	200m: 2:32.92	40.06	600m: 7:58.26	40.76	1000m: 13:27.93	41.42
	250m: 3:13.33	40.41	650m: 8:39.02	40.76	1050m: 14:10.44	42.51
	300m: 3:53.57	40.24	700m: 9:20.06	41.04	1100m: 14:52.00	41.56
	350m: 4:34.04	40.47	750m: 10:00.62	40.56	1150m: 15:33.64	41.64
	400m: 5:14.71	40.67	800m: 10:41.55	40.93	1200m: 16:15.46	41.82
4.	Sandra Schellekens	Neptunus'58	<b>22:33.10</b>	+0.65		
	50m: 35.72	35.72	450m: 6:28.68	45.57	850m: 12:35.06	46.17
	100m: 1:16.50	40.78	500m: 7:14.34	45.66	900m: 13:21.33	46.27
	150m: 1:59.34	42.84	550m: 7:59.86	45.52	950m: 14:07.29	45.96
	200m: 2:43.06	43.72	600m: 8:45.66	45.80	1000m: 14:53.13	45.84
	250m: 3:27.45	44.39	650m: 9:31.44	45.78	1050m: 15:39.24	46.11
	300m: 4:12.26	44.81	700m: 10:17.27	45.83	1100m: 16:25.72	46.48
	350m: 4:57.50	45.24	750m: 11:03.11	45.84	1150m: 17:11.77	46.05
	400m: 5:43.11	45.61	800m: 11:48.89	45.78	1200m: 17:58.16	46.39

Programmanr. 1, Dames, 1500m vrije slag

Masters 40+

1. Melanie Kuiper		ZIGNEA		NED		197600350		<b>19:59.35</b>			
50m:	34.71	34.71	450m:	5:52.24	40.43	850m:	11:17.44	40.20	1250m:	16:42.11	39.36
100m:	1:12.56	37.85	500m:	6:32.97	40.73	900m:	11:58.40	40.96	1300m:	17:21.32	39.21
150m:	1:51.17	38.61	550m:	7:13.64	40.67	950m:	12:39.31	40.91	1350m:	18:00.34	39.02
200m:	2:30.39	39.22	600m:	7:54.36	40.72	1000m:	13:20.42	41.11	1400m:	18:40.40	40.06
250m:	3:10.14	39.75	650m:	8:35.11	40.75	1050m:	14:01.13	40.71	1450m:	19:20.38	39.98
300m:	3:50.51	40.37	700m:	9:16.20	41.09	1100m:	14:41.74	40.61	1500m:	19:59.35	38.97
350m:	4:30.98	40.47	750m:	9:57.19	40.99	1150m:	15:22.26	40.52			
400m:	5:11.81	40.83	800m:	10:37.24	40.05	1200m:	16:02.75	40.49			
2. Jannie Vennik		HZ&PC Heerenveen		NED		197601006		<b>21:17.06</b>		<b>+0.77</b>	
50m:	37.14	37.14	450m:	6:16.55	42.60	850m:	11:55.89	42.48	1250m:	17:41.11	43.73
100m:	1:18.73	41.59	500m:	6:59.01	42.46	900m:	12:38.78	42.89	1300m:	18:24.70	43.59
150m:	2:00.89	42.16	550m:	7:41.48	42.47	950m:	13:21.44	42.66	1350m:	19:08.32	43.62
200m:	2:43.34	42.45	600m:	8:23.53	42.05	1000m:	14:04.43	42.99	1400m:	19:52.25	43.93
250m:	3:25.63	42.29	650m:	9:06.16	42.63	1050m:	14:47.82	43.39	1450m:	20:35.55	43.33
300m:	4:08.17	42.54	700m:	9:48.52	42.36	1100m:	15:30.91	43.09	1500m:	21:17.06	41.48
350m:	4:51.11	42.94	750m:	10:31.04	42.52	1150m:	16:14.28	43.37			
400m:	5:33.95	42.84	800m:	11:13.41	42.37	1200m:	16:57.38	43.10			
3. Jessica Venema		WIDEX GZC DONK		NED		197901526		<b>21:57.86</b>		<b>+0.86</b>	
50m:	35.77	35.77	450m:	6:18.92	44.10	850m:	12:16.81	44.91	1250m:	18:17.40	44.43
100m:	1:16.21	40.44	500m:	7:03.15	44.23	900m:	13:01.90	45.09	1300m:	19:02.68	45.28
150m:	1:58.14	41.93	550m:	7:47.56	44.41	950m:	13:47.14	45.24	1350m:	19:48.21	45.53
200m:	2:40.67	42.53	600m:	8:32.14	44.58	1000m:	14:32.57	45.43	1400m:	20:32.73	44.52
250m:	3:23.82	43.15	650m:	9:16.82	44.68	1050m:	15:17.97	45.40	1450m:	21:16.66	43.93
300m:	4:07.39	43.57	700m:	10:02.21	44.39	1100m:	16:02.64	44.67	1500m:	21:57.86	41.20
350m:	4:51.08	43.69	750m:	10:46.93	44.72	1150m:	16:48.11	45.47			
400m:	5:34.82	43.74	800m:	11:31.90	44.97	1200m:	17:32.97	44.86			
4. Éva Mónika Kézsmárki		Megathlon SE		HUN				<b>22:10.48</b>			
50m:	41.10	41.10	450m:	6:35.97	45.03	850m:	12:34.56	44.81	1250m:	18:32.14	44.27
100m:	1:24.50	43.40	500m:	7:20.59	44.62	900m:	13:19.12	44.56	1300m:	19:16.42	44.28
150m:	2:08.70	44.20	550m:	8:05.29	44.70	950m:	14:03.77	44.65	1350m:	20:01.06	44.64
200m:	2:52.97	44.27	600m:	8:50.05	44.76	1000m:	14:48.68	44.91	1400m:	20:45.46	44.40
250m:	3:37.20	44.23	650m:	9:34.95	44.90	1050m:	15:33.50	44.82	1450m:	21:29.33	43.87
300m:	4:21.79	44.59	700m:	10:19.76	44.81	1100m:	16:18.31	44.81	1500m:	22:10.48	41.15
350m:	5:06.22	44.43	750m:	11:04.41	44.65	1150m:	17:02.89	44.58			
400m:	5:50.94	44.72	800m:	11:49.75	45.34	1200m:	17:47.87	44.98			
5. Clementine van Bruvoort		ZPB H&L Productions		NED		197700138		<b>25:40.18</b>		<b>+0.82</b>	
50m:	42.73	42.73	450m:	7:20.12	50.52	850m:	14:14.54	52.73	1250m:	21:19.28	53.71
100m:	1:30.84	48.11	500m:	8:11.37	51.25	900m:	15:06.64	52.10	1300m:	22:12.75	53.47
150m:	2:19.66	48.82	550m:	9:02.10	50.73	950m:	15:59.65	53.01	1350m:	23:05.74	52.99
200m:	3:08.67	49.01	600m:	9:54.10	52.00	1000m:	16:53.14	53.49	1400m:	23:58.52	52.78
250m:	3:58.97	50.30	650m:	10:46.03	51.93	1050m:	17:46.27	53.13	1450m:	24:51.40	52.88
300m:	4:49.66	50.69	700m:	11:37.75	51.72	1100m:	18:40.27	54.00	1500m:	25:40.18	48.78
350m:	5:39.34	49.68	750m:	12:29.88	52.13	1150m:	19:32.92	52.65			
400m:	6:29.60	50.26	800m:	13:21.81	51.93	1200m:	20:25.57	52.65			

Masters 45+

1. Kirsten Cameron		Malvern Marlins Masters SC		AUS		786509		<b>17:27.87</b>		<b>+0.67</b>	
<i>Kampioenschaps Record, WMR 800m, Australian Masters Record 1500m</i>											
50m:	31.34	31.34	450m:	5:05.56	35.00	850m:	9:45.52	35.26	1250m:	14:30.82	35.73
100m:	1:04.88	33.54	500m:	5:40.57	35.01	900m:	10:20.65	35.13	1300m:	15:06.84	36.02
150m:	1:38.53	33.65	550m:	6:15.49	34.92	950m:	10:56.24	35.59	1350m:	15:42.64	35.80
200m:	2:12.59	34.06	600m:	6:50.28	34.79	1000m:	11:32.02	35.78	1400m:	16:18.28	35.64
250m:	2:46.75	34.16	650m:	7:25.37	35.09	1050m:	12:07.82	35.80	1450m:	16:53.65	35.37
300m:	3:21.22	34.47	700m:	8:00.20	34.83	1100m:	12:43.43	35.61	1500m:	17:27.87	34.22
350m:	3:55.61	34.39	750m:	8:35.20	35.00	1150m:	13:19.33	35.90			
400m:	4:30.56	34.95	800m:	9:10.26	35.06	1200m:	13:55.09	35.76			
2. Liselotte Joling		PSV		NED		197500268		<b>18:48.97</b>		<b>+0.87</b>	
<i>Nederlands Masters Record</i>											
50m:	33.62	33.62	450m:	5:32.61	37.46	850m:	10:34.69	37.67	1250m:	15:39.40	37.83
100m:	1:10.29	36.67	500m:	6:10.10	37.49	900m:	11:12.69	38.00	1300m:	16:17.87	38.47
150m:	1:47.76	37.47	550m:	6:47.61	37.51	950m:	11:50.88	38.19	1350m:	16:56.27	38.40
200m:	2:25.19	37.43	600m:	7:25.32	37.71	1000m:	12:29.11	38.23	1400m:	17:34.48	38.21
250m:	3:02.77	37.58	650m:	8:03.08	37.76	1050m:	13:07.14	38.03	1450m:	18:12.51	38.03
300m:	3:40.43	37.66	700m:	8:40.77	37.69	1100m:	13:45.24	38.10	1500m:	18:48.97	36.46
350m:	4:17.76	37.33	750m:	9:19.13	38.36	1150m:	14:23.37	38.13			
400m:	4:55.15	37.39	800m:	9:57.02	37.89	1200m:	15:01.57	38.20			



Programmanr. 1, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging						tijd	RT	PARA
3.	Dianna Eva Szokol <i>Hungarian Masters Record</i>	Nyirsenior 97	HUN					<b>19:15.05</b>	+0.80	
	50m: 35.43	35.43	450m: 5:41.32	38.91	850m: 10:51.78	38.27	1250m: 16:02.22	38.86		
	100m: 1:13.00	37.57	500m: 6:19.80	38.48	900m: 11:30.09	38.31	1300m: 16:41.38	39.16		
	150m: 1:50.79	37.79	550m: 6:58.77	38.97	950m: 12:08.93	38.84	1350m: 17:20.06	38.68		
	200m: 2:28.77	37.98	600m: 7:37.75	38.98	1000m: 12:47.39	38.46	1400m: 17:58.93	38.87		
	250m: 3:07.13	38.36	650m: 8:17.11	39.36	1050m: 13:26.63	39.24	1450m: 18:37.75	38.82		
	300m: 3:45.59	38.46	700m: 8:55.81	38.70	1100m: 14:05.59	38.96	1500m: 19:15.05	37.30		
	350m: 4:23.73	38.14	750m: 9:34.74	38.93	1150m: 14:44.55	38.96				
	400m: 5:02.41	38.68	800m: 10:13.51	38.77	1200m: 15:23.36	38.81				
4.	Kathy Van Lindt	CNSW	BEL	007949/71				<b>20:36.10</b>	+0.96	
	50m: 35.93	35.93	450m: 6:00.89	41.51	850m: 11:33.78	41.60	1250m: 17:09.71	41.86		
	100m: 1:15.43	39.50	500m: 6:42.26	41.37	900m: 12:15.84	42.06	1300m: 17:51.83	42.12		
	150m: 1:55.68	40.25	550m: 7:23.68	41.42	950m: 12:57.94	42.10	1350m: 18:33.48	41.65		
	200m: 2:36.10	40.42	600m: 8:04.93	41.25	1000m: 13:40.08	42.14	1400m: 19:14.87	41.39		
	250m: 3:16.77	40.67	650m: 8:46.72	41.79	1050m: 14:21.80	41.72	1450m: 19:55.73	40.86		
	300m: 3:57.55	40.78	700m: 9:28.23	41.51	1100m: 15:04.08	42.28	1500m: 20:36.10	40.37		
	350m: 4:38.48	40.93	750m: 10:09.75	41.52	1150m: 15:45.82	41.74				
	400m: 5:19.38	40.90	800m: 10:52.18	42.43	1200m: 16:27.85	42.03				
5.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED	197300852				<b>22:42.81</b>	+0.96	
	50m: 38.71	38.71	450m: 6:38.50	45.98	850m: 12:45.54	45.82	1250m: 18:55.10	46.18		
	100m: 1:21.18	42.47	500m: 7:24.54	46.04	900m: 13:31.32	45.78	1300m: 19:41.03	45.93		
	150m: 2:05.86	44.68	550m: 8:09.92	45.38	950m: 14:17.48	46.16	1350m: 20:27.42	46.39		
	200m: 2:51.06	45.20	600m: 8:55.84	45.92	1000m: 15:03.39	45.91	1400m: 21:14.13	46.71		
	250m: 3:36.28	45.22	650m: 9:41.91	46.07	1050m: 15:49.57	46.18	1450m: 21:59.76	45.63		
	300m: 4:21.62	45.34	700m: 10:27.95	46.04	1100m: 16:35.59	46.02	1500m: 22:42.81	43.05		
	350m: 5:07.06	45.44	750m: 11:14.01	46.06	1150m: 17:22.40	46.81				
	400m: 5:52.52	45.46	800m: 11:59.72	45.71	1200m: 18:08.92	46.52				
6.	Natacha Van Hoof	Shark	BEL	20260/73				<b>23:50.34</b>	+0.90	
	50m: 43.46	43.46	450m: 6:59.73	47.35	850m: 13:24.32	48.17	1250m: 19:51.22	48.49		
	100m: 1:29.78	46.32	500m: 7:47.09	47.36	900m: 14:12.70	48.38	1300m: 20:40.08	48.86		
	150m: 2:16.81	47.03	550m: 8:34.81	47.72	950m: 15:00.82	48.12	1350m: 21:28.13	48.05		
	200m: 3:03.79	46.98	600m: 9:22.74	47.93	1000m: 15:49.02	48.20	1400m: 22:16.58	48.45		
	250m: 3:50.82	47.03	650m: 10:10.74	48.00	1050m: 16:37.39	48.37	1450m: 23:04.99	48.41		
	300m: 4:37.67	46.85	700m: 10:59.09	48.35	1100m: 17:25.88	48.49	1500m: 23:50.34	45.35		
	350m: 5:25.18	47.51	750m: 11:47.78	48.69	1150m: 18:14.33	48.45				
	400m: 6:12.38	47.20	800m: 12:36.15	48.37	1200m: 19:02.73	48.40				
7.	Annet Kootstra	SWOL 1894	NED	197100344				<b>24:22.85</b>		
	50m: 42.85	42.85	450m: 7:06.59	48.74	850m: 13:38.49	49.04	1250m: 20:15.86	50.24		
	100m: 1:29.12	46.27	500m: 7:55.02	48.43	900m: 14:28.13	49.64	1300m: 21:05.82	49.96		
	150m: 2:16.36	47.24	550m: 8:44.23	49.21	950m: 15:17.51	49.38	1350m: 21:55.75	49.93		
	200m: 3:04.34	47.98	600m: 9:32.56	48.33	1000m: 16:07.09	49.58	1400m: 22:45.25	49.50		
	250m: 3:52.66	48.32	650m: 10:22.00	49.44	1050m: 16:56.20	49.11	1450m: 23:34.79	49.54		
	300m: 4:41.18	48.52	700m: 11:11.19	49.19	1100m: 17:45.98	49.78	1500m: 24:22.85	48.06		
	350m: 5:29.44	48.26	750m: 12:00.25	49.06	1150m: 18:35.90	49.92				
	400m: 6:17.85	48.41	800m: 12:49.45	49.20	1200m: 19:25.62	49.72				
8.	Greta Wyma-Teitsma	DWK	NED	197100696				<b>26:49.88</b>	+0.84	
	50m: 44.98	44.98	450m: 7:47.18	53.48	850m: 14:58.83	54.53	1250m: 22:15.86	55.09		
	100m: 1:35.25	50.27	500m: 8:41.09	53.91	900m: 15:52.56	53.73	1300m: 23:11.64	55.78		
	150m: 2:27.87	52.62	550m: 9:34.89	53.80	950m: 16:46.66	54.10	1350m: 24:06.83	55.19		
	200m: 3:20.74	52.87	600m: 10:29.46	54.57	1000m: 17:41.02	54.36	1400m: 25:02.86	56.03		
	250m: 4:13.83	53.09	650m: 11:23.17	53.71	1050m: 18:36.13	55.11	1450m: 25:56.67	53.81		
	300m: 5:07.12	53.29	700m: 12:16.92	53.75	1100m: 19:30.55	54.42	1500m: 26:49.88	53.21		
	350m: 6:00.21	53.09	750m: 13:10.64	53.72	1150m: 20:25.41	54.86				
	400m: 6:53.70	53.49	800m: 14:04.30	53.66	1200m: 21:20.77	55.36				
9.	Evelien Breman-Alers	Nautilus	NED	197200878				<b>27:21.42</b>	+0.90	
	50m: 43.80	43.80	450m: 7:45.05	54.94	850m: 15:02.65	55.23	1250m: 22:41.81	56.56		
	100m: 1:33.06	49.26	500m: 8:40.19	55.14	900m: 15:59.52	56.87	1300m: 23:39.67	57.86		
	150m: 2:23.81	50.75	550m: 9:33.97	53.78	950m: 16:57.14	57.62	1350m: 24:36.73	57.06		
	200m: 3:15.71	51.90	600m: 10:27.78	53.81	1000m: 17:56.00	58.86	1400m: 25:33.50	56.77		
	250m: 4:08.36	52.65	650m: 11:22.16	54.38	1050m: 18:53.78	57.78	1450m: 26:28.34	54.84		
	300m: 5:01.51	53.15	700m: 12:17.68	55.52	1100m: 19:50.52	56.74	1500m: 27:21.42	53.08		
	350m: 5:55.63	54.12	750m: 13:12.95	55.27	1150m: 20:47.72	57.20				
	400m: 6:50.11	54.48	800m: 14:07.42	54.47	1200m: 21:45.25	57.53				

Programmanr. 1, Dames, 1500m vrije slag

Masters 50+

1. Bianca Groot		MSV-Zeemacht		NED		197000652		<b>20:22.24</b>		+0.89	
<i>Nederlands Masters Record</i>											
50m:	35.75	35.75	450m:	5:54.70	40.32	850m:	11:21.10	41.11	1250m:	16:52.89	41.50
100m:	1:14.32	38.57	500m:	6:35.06	40.36	900m:	12:02.28	41.18	1300m:	17:34.74	41.85
150m:	1:54.20	39.88	550m:	7:15.58	40.52	950m:	12:43.63	41.35	1350m:	18:17.23	42.49
200m:	2:33.98	39.78	600m:	7:56.39	40.81	1000m:	13:24.84	41.21	1400m:	18:58.66	41.43
250m:	3:14.07	40.09	650m:	8:37.11	40.72	1050m:	14:06.84	42.00	1450m:	19:41.09	42.43
300m:	3:54.17	40.10	700m:	9:18.08	40.97	1100m:	14:48.01	41.17	1500m:	20:22.24	41.15
350m:	4:34.16	39.99	750m:	9:59.01	40.93	1150m:	15:29.79	41.78			
400m:	5:14.38	40.22	800m:	10:39.99	40.98	1200m:	16:11.39	41.60			
2. Iris van Aurich		DWK		NED		196900866		<b>22:06.45</b>		+0.63	
50m:	37.78	37.78	450m:	6:27.36	43.95	850m:	12:25.14	44.98	1250m:	18:25.80	44.19
100m:	1:19.75	41.97	500m:	7:11.76	44.40	900m:	13:09.21	44.07	1300m:	19:10.83	45.03
150m:	2:03.32	43.57	550m:	7:56.86	45.10	950m:	13:54.67	45.46	1350m:	19:55.24	44.41
200m:	2:46.84	43.52	600m:	8:41.17	44.31	1000m:	14:40.48	45.81	1400m:	20:40.91	45.67
250m:	3:30.64	43.80	650m:	9:26.39	45.22	1050m:	15:25.50	45.02	1450m:	21:25.88	44.97
300m:	4:14.33	43.69	700m:	10:11.32	44.93	1100m:	16:10.87	45.37	1500m:	22:06.45	40.57
350m:	4:58.39	44.06	750m:	10:55.37	44.05	1150m:	16:56.53	45.66			
400m:	5:43.41	45.02	800m:	11:40.16	44.79	1200m:	17:41.61	45.08			
3. Marijke Campfens		De Geul		NED		196900960		<b>23:51.36</b>		+0.71	
50m:	39.84	39.84	450m:	6:55.02	48.33	850m:	13:20.25	48.45	1250m:	19:48.19	48.16
100m:	1:23.53	43.69	500m:	7:43.10	48.08	900m:	14:08.97	48.72	1300m:	20:37.26	49.07
150m:	2:09.32	45.79	550m:	8:31.16	48.06	950m:	14:57.81	48.84	1350m:	21:26.26	49.00
200m:	2:55.84	46.52	600m:	9:19.83	48.67	1000m:	15:46.10	48.29	1400m:	22:14.92	48.66
250m:	3:43.00	47.16	650m:	10:07.88	48.05	1050m:	16:34.70	48.60	1450m:	23:03.28	48.36
300m:	4:30.47	47.47	700m:	10:56.10	48.22	1100m:	17:22.96	48.26	1500m:	23:51.36	48.08
350m:	5:18.23	47.76	750m:	11:43.81	47.71	1150m:	18:11.63	48.67			
400m:	6:06.69	48.46	800m:	12:31.80	47.99	1200m:	19:00.03	48.40			
4. K. van Nassau-van den Heuvel		Old Dutch		NED		196600188		<b>24:42.09</b>		+0.95	
50m:	42.71	42.71	450m:	7:12.65	49.78	850m:	13:50.82	49.74	1250m:	19:33.10	50.66
100m:	1:29.37	46.66	500m:	8:02.23	49.58	900m:	14:40.06	49.24	1300m:	21:23.49	50.39
150m:	2:17.53	48.16	550m:	8:51.57	49.34	950m:	15:30.29	50.23	1350m:	22:13.54	50.05
200m:	3:05.76	48.23	600m:	9:41.28	49.71	1000m:	16:20.98	50.69	1400m:	23:04.48	50.94
250m:	3:54.84	49.08	650m:	10:31.29	50.01	1050m:	17:11.19	50.21	1450m:	23:54.82	50.34
300m:	4:43.91	49.07	700m:	11:21.31	50.02	1100m:	18:01.13	49.94	1500m:	24:42.09	47.27
350m:	5:33.35	49.44	750m:	12:11.33	50.02	1150m:	18:51.98	50.85			
400m:	6:22.87	49.52	800m:	13:01.08	49.75	1200m:	19:42.44	50.46			
5. Kristien Van de Moortel		Shark		BEL		20315/69		<b>24:52.09</b>		+0.90	
50m:	43.19	43.19	450m:	7:15.09	49.27	850m:	13:54.91	50.72	1250m:	20:40.18	51.08
100m:	1:31.63	48.44	500m:	8:04.73	49.64	900m:	14:45.62	50.71	1300m:	21:31.54	51.36
150m:	2:20.36	48.73	550m:	8:54.26	49.53	950m:	15:35.91	50.29	1350m:	22:22.54	51.00
200m:	3:09.67	49.31	600m:	9:44.04	49.78	1000m:	16:26.54	50.63	1400m:	23:13.67	51.13
250m:	3:58.48	48.81	650m:	10:34.02	49.98	1050m:	17:16.95	50.41	1450m:	24:04.32	50.65
300m:	4:47.86	49.38	700m:	11:24.04	50.02	1100m:	18:07.30	50.35	1500m:	24:52.09	47.77
350m:	5:36.89	49.03	750m:	12:14.19	50.15	1150m:	18:57.95	50.65			
400m:	6:25.82	48.93	800m:	13:04.19	50.00	1200m:	19:49.10	51.15			
6. Hetty Smalheer		SCOM		NED		196700352		<b>25:11.84</b>			
50m:	43.33	43.33	450m:	7:20.43	50.43	850m:	14:06.91	50.93	1250m:	20:56.28	51.59
100m:	1:30.75	47.42	500m:	8:11.24	50.81	900m:	14:58.41	51.50	1300m:	21:47.98	51.70
150m:	2:19.52	48.77	550m:	9:02.03	50.79	950m:	15:48.61	50.20	1350m:	22:40.33	52.35
200m:	3:08.71	49.19	600m:	9:52.24	50.21	1000m:	16:40.09	51.48	1400m:	23:31.37	51.04
250m:	3:58.94	50.23	650m:	10:43.51	51.27	1050m:	17:31.61	51.52	1450m:	24:22.78	51.41
300m:	4:49.48	50.54	700m:	11:33.97	50.46	1100m:	18:22.06	50.45	1500m:	25:11.84	49.06
350m:	5:39.97	50.49	750m:	12:25.10	51.13	1150m:	19:13.38	51.32			
400m:	6:30.00	50.03	800m:	13:15.98	50.88	1200m:	20:04.69	51.31			
7. Herma Hakker-Huijser		ZVVS		NED		196600740		<b>26:08.10</b>			
50m:	43.11	43.11	450m:	7:31.52	52.22	850m:	14:31.58	53.12	1250m:	21:38.97	53.16
100m:	1:29.90	46.79	500m:	8:23.46	51.94	900m:	15:24.22	52.64	1300m:	22:32.71	53.74
150m:	2:19.79	49.89	550m:	9:15.66	52.20	950m:	16:17.77	53.55	1350m:	23:26.42	53.71
200m:	3:10.67	50.88	600m:	10:07.82	52.16	1000m:	17:11.76	53.99	1400m:	24:21.25	54.83
250m:	4:02.93	52.26	650m:	11:00.12	52.30	1050m:	18:04.45	52.69	1450m:	25:15.50	54.25
300m:	4:55.69	52.76	700m:	11:52.89	52.77	1100m:	18:58.19	53.74	1500m:	26:08.10	52.60
350m:	5:47.55	51.86	750m:	12:45.44	52.55	1150m:	19:51.65	53.46			
400m:	6:39.30	51.75	800m:	13:38.46	53.02	1200m:	20:45.81	54.16			

Masters 55+

Programmanr. 1, Dames, 1500m vrije slag, Masters 55+

rang	naam	vereniging	tijd	RT	PARA	
1.	Wilna Heijman	Steenwijk 1934	<b>21:15.20</b>	+0.98		
	50m: 37.40	37.40 450m: 6:13.61	42.63 850m: 11:54.51	42.72	1250m: 17:40.85	43.39
	100m: 1:17.77	40.37 500m: 6:56.16	42.55 900m: 12:37.68	43.17	1300m: 18:24.57	43.72
	150m: 1:59.45	41.68 550m: 7:38.78	42.62 950m: 13:21.50	43.82	1350m: 19:08.50	43.93
	200m: 2:41.40	41.95 600m: 8:21.37	42.59 1000m: 14:04.74	43.24	1400m: 19:51.17	42.67
	250m: 3:23.75	42.35 650m: 9:03.99	42.62 1050m: 14:47.77	43.03	1450m: 20:34.05	42.88
	300m: 4:06.02	42.27 700m: 9:46.54	42.55 1100m: 15:30.71	42.94	1500m: 21:15.20	41.15
	350m: 4:48.57	42.55 750m: 10:29.21	42.67 1150m: 16:14.37	43.66		
	400m: 5:30.98	42.41 800m: 11:11.79	42.58 1200m: 16:57.46	43.09		
2.	Petra Tossings	DAW	<b>23:06.85</b>	+0.69		
	50m: 39.63	39.63 450m: 6:47.38	46.26 850m: 13:00.19	46.87	1250m: 19:15.20	47.43
	100m: 1:23.91	44.28 500m: 7:34.16	46.78 900m: 13:46.76	46.57	1300m: 20:01.85	46.65
	150m: 2:09.61	45.70 550m: 8:20.56	46.40 950m: 14:33.59	46.83	1350m: 20:48.20	46.35
	200m: 2:55.60	45.99 600m: 9:07.26	46.70 1000m: 15:20.36	46.77	1400m: 21:35.69	47.49
	250m: 3:41.84	46.24 650m: 9:53.67	46.41 1050m: 16:07.65	47.29	1450m: 22:22.43	46.74
	300m: 4:28.12	46.28 700m: 10:39.93	46.26 1100m: 16:54.42	46.77	1500m: 23:06.85	44.42
	350m: 5:14.61	46.49 750m: 11:26.55	46.62 1150m: 17:41.28	46.86		
	400m: 6:01.12	46.51 800m: 12:13.32	46.77 1200m: 18:27.77	46.49		
3.	Miranda Keijl	ZIGNEA	<b>24:24.54</b>	+0.81		
	50m: 41.40	41.40 450m: 7:15.87	50.11 850m: 13:51.32	48.48	1250m: 20:21.76	48.86
	100m: 1:28.87	47.47 500m: 8:05.66	49.79 900m: 14:40.31	48.99	1300m: 21:11.08	49.32
	150m: 2:16.76	47.89 550m: 8:55.38	49.72 950m: 15:29.14	48.83	1350m: 22:01.18	50.10
	200m: 3:05.87	49.11 600m: 9:44.92	49.54 1000m: 16:17.84	48.70	1400m: 22:50.96	49.78
	250m: 3:55.91	50.04 650m: 10:34.83	49.91 1050m: 17:06.48	48.64	1450m: 23:39.43	48.47
	300m: 4:45.52	49.61 700m: 11:24.38	49.55 1100m: 17:55.09	48.61	1500m: 24:24.54	45.11
	350m: 5:35.71	50.19 750m: 12:13.58	49.20 1150m: 18:43.97	48.88		
	400m: 6:25.76	50.05 800m: 13:02.84	49.26 1200m: 19:32.90	48.93		

Masters 60+

1.	Irene van der Laan	ZVVS	<b>21:25.35</b>			
	<i>Nederlands Masters Record</i>					
	50m: 39.40	39.40 450m: 6:17.71	42.75 850m: 12:02.77	42.95	1250m: 17:48.30	43.17
	100m: 1:20.81	41.41 500m: 7:00.49	42.78 900m: 12:45.84	43.07	1300m: 18:32.08	43.78
	150m: 2:02.68	41.87 550m: 7:43.51	43.02 950m: 13:28.63	42.79	1350m: 19:15.28	43.20
	200m: 2:44.60	41.92 600m: 8:26.96	43.45 1000m: 14:11.56	42.93	1400m: 19:59.17	43.89
	250m: 3:26.86	42.26 650m: 9:10.17	43.21 1050m: 14:54.78	43.22	1450m: 20:42.26	43.09
	300m: 4:09.23	42.37 700m: 9:53.33	43.16 1100m: 15:37.86	43.08	1500m: 21:25.35	43.09
	350m: 4:51.90	42.67 750m: 10:36.57	43.24 1150m: 16:21.42	43.56		
	400m: 5:34.96	43.06 800m: 11:19.82	43.25 1200m: 17:05.13	43.71		
2.	Linda Wibbelink	Steenwijk 1934	<b>23:16.44</b>	+0.70		
	50m: 40.05	40.05 450m: 6:50.08	46.61 850m: 13:04.02	46.45	1250m: 19:20.24	47.95
	100m: 1:23.78	43.73 500m: 7:36.94	46.86 900m: 13:50.73	46.71	1300m: 20:07.89	47.65
	150m: 2:10.04	46.26 550m: 8:23.83	46.89 950m: 14:37.76	47.03	1350m: 20:55.25	47.36
	200m: 2:56.44	46.40 600m: 9:10.74	46.91 1000m: 15:24.94	47.18	1400m: 21:42.91	47.66
	250m: 3:42.72	46.28 650m: 9:57.45	46.71 1050m: 16:11.77	46.83	1450m: 22:30.29	47.38
	300m: 4:29.73	47.01 700m: 10:44.24	46.79 1100m: 16:58.29	46.52	1500m: 23:16.44	46.15
	350m: 5:16.24	46.51 750m: 11:31.06	46.82 1150m: 17:45.09	46.80		
	400m: 6:03.47	47.23 800m: 12:17.57	46.51 1200m: 18:32.29	47.20		
3.	Katinka Elders	Oceanus	<b>25:06.02</b>	+0.62		
	50m: 42.25	42.25 450m: 7:17.71	50.96 850m: 14:04.14	51.25	1250m: 20:55.71	52.03
	100m: 1:29.50	47.25 500m: 8:09.70	51.99 900m: 14:55.00	50.86	1300m: 21:46.97	51.26
	150m: 2:18.25	48.75 550m: 9:00.07	50.37 950m: 15:47.11	52.11	1350m: 22:37.46	50.49
	200m: 3:07.57	49.32 600m: 9:49.95	49.88 1000m: 16:40.17	53.06	1400m: 23:27.66	50.20
	250m: 3:57.21	49.64 650m: 10:40.91	50.96 1050m: 17:30.75	50.58	1450m: 24:18.37	50.71
	300m: 4:47.65	50.44 700m: 11:31.18	50.27 1100m: 18:21.74	50.99	1500m: 25:06.02	47.65
	350m: 5:37.24	49.59 750m: 12:22.16	50.98 1150m: 19:12.24	50.50		
	400m: 6:26.75	49.51 800m: 13:12.89	50.73 1200m: 20:03.68	51.44		
4.	Marjan Spoelstra	SWOL 1894	<b>25:34.98</b>			
	50m: 44.86	44.86 450m: 7:34.90	52.15 850m: 14:27.92	51.42	1250m: 21:20.88	51.36
	100m: 1:33.47	48.61 500m: 8:26.81	51.91 900m: 15:19.47	51.55	1300m: 22:12.39	51.51
	150m: 2:23.72	50.25 550m: 9:18.68	51.87 950m: 16:10.85	51.38	1350m: 23:03.71	51.32
	200m: 3:15.26	51.54 600m: 10:10.73	52.05 1000m: 17:02.51	51.66	1400m: 23:54.68	50.97
	250m: 4:07.06	51.80 650m: 11:02.52	51.79 1050m: 17:54.33	51.82	1450m: 24:45.66	50.98
	300m: 4:58.68	51.62 700m: 11:53.91	51.39 1100m: 18:45.91	51.58	1500m: 25:34.98	49.32
	350m: 5:50.59	51.91 750m: 12:45.10	51.19 1150m: 19:37.54	51.63		
	400m: 6:42.75	52.16 800m: 13:36.50	51.40 1200m: 20:29.52	51.98		



Programmanr. 1, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging				tijd				RT	PARA	
5.	Monica Bakker	Steenwijk 1934				NED	195600082			<b>25:46.61</b>	+0.95	
	50m:	43.72	43.72	450m:	7:29.05	51.13	850m:	14:21.95	51.84	1250m:	21:20.65	52.67
	100m:	1:31.86	48.14	500m:	8:20.79	51.74	900m:	15:14.06	52.11	1300m:	22:13.46	52.81
	150m:	2:21.76	49.90	550m:	9:12.04	51.25	950m:	16:06.47	52.41	1350m:	23:05.99	52.53
	200m:	3:12.52	50.76	600m:	10:03.50	51.46	1000m:	16:58.44	51.97	1400m:	23:59.23	53.24
	250m:	4:03.52	51.00	650m:	10:55.05	51.55	1050m:	17:50.53	52.09	1450m:	24:52.88	53.65
	300m:	4:54.86	51.34	700m:	11:46.56	51.51	1100m:	18:43.08	52.55	1500m:	25:46.61	53.73
	350m:	5:46.22	51.36	750m:	12:38.25	51.69	1150m:	19:35.89	52.81			
	400m:	6:37.92	51.70	800m:	13:30.11	51.86	1200m:	20:27.98	52.09			
6.	Jennie Resink-lindeboom	DWK				NED	196000142			<b>26:35.69</b>	+0.87	
	50m:	44.81	44.81	450m:	7:47.67	53.91	850m:	14:58.53	53.76	1250m:	22:09.26	53.81
	100m:	1:35.01	50.20	500m:	8:41.91	54.24	900m:	15:52.33	53.80	1300m:	23:03.41	54.15
	150m:	2:27.17	52.16	550m:	9:35.79	53.88	950m:	16:46.15	53.82	1350m:	23:57.92	54.51
	200m:	3:19.82	52.65	600m:	10:29.69	53.90	1000m:	17:39.89	53.74	1400m:	24:51.95	54.03
	250m:	4:12.81	52.99	650m:	11:23.64	53.95	1050m:	18:33.49	53.60	1450m:	25:45.52	53.57
	300m:	5:06.09	53.28	700m:	12:17.62	53.98	1100m:	19:27.39	53.90	1500m:	26:35.69	50.17
	350m:	5:59.85	53.76	750m:	13:11.16	53.54	1150m:	20:21.43	54.04			
	400m:	6:53.76	53.91	800m:	14:04.77	53.61	1200m:	21:15.45	54.02			
7.	Elly Kiestra-Broertjes	ZIGNEA				NED	195600100			<b>27:04.53 *</b>	+0.97	
	50m:	45.67	45.67	450m:	7:56.38	54.13	850m:	15:15.05	54.30	1250m:	22:32.68	56.16
	100m:	1:36.92	51.25	500m:	8:51.16	54.78	900m:	16:10.26	55.21	1300m:	23:26.85	54.17
	150m:	2:30.30	53.38	550m:	9:46.17	55.01	950m:	17:05.47	55.21	1350m:	24:21.61	54.76
	200m:	3:24.57	54.27	600m:	10:41.45	55.28	1000m:	17:59.67	54.20	1400m:	25:16.30	54.69
	250m:	4:19.24	54.67	650m:	11:36.19	54.74	1050m:	18:52.59	52.92	1450m:	26:10.34	54.04
	300m:	5:14.05	54.81	700m:	12:30.94	54.75	1100m:	19:47.46	54.87	1500m:	27:04.53	54.19
	350m:	6:08.11	54.06	750m:	13:26.08	55.14	1150m:	20:41.16	53.70			
	400m:	7:02.25	54.14	800m:	14:20.75	54.67	1200m:	21:36.52	55.36			
8.	Karien Musters	Old Dutch				NED	195800236			<b>31:12.99</b>	+0.70	
	50m:	51.34	51.34	450m:	8:51.74	1:01.89	850m:	17:16.60	1:04.31	1250m:	25:46.27	1:03.72
	100m:	1:47.60	56.26	500m:	9:53.31	1:01.57	900m:	18:20.88	1:04.28	1300m:	26:51.04	1:04.77
	150m:	2:45.97	58.37	550m:	10:55.24	1:01.93	950m:	19:25.29	1:04.41	1350m:	27:55.79	1:04.75
	200m:	3:45.32	59.35	600m:	11:58.87	1:03.63	1000m:	20:29.56	1:04.27	1400m:	29:01.23	1:05.44
	250m:	4:45.69	1:00.37	650m:	13:01.74	1:02.87	1050m:	21:32.51	1:02.95	1450m:	30:07.76	1:06.53
	300m:	5:46.70	1:01.01	700m:	14:05.25	1:03.51	1100m:	22:35.95	1:03.44	1500m:	31:12.99	1:05.23
	350m:	6:48.25	1:01.55	750m:	15:08.48	1:03.23	1150m:	23:38.83	1:02.88			
	400m:	7:49.85	1:01.60	800m:	16:12.29	1:03.81	1200m:	24:42.55	1:03.72			
9.	Mies Kuipers	Old Dutch				NED	195800202			<b>33:48.41</b>	+0.97	
	50m:	1:03.59	1:03.59	450m:	10:00.81	1:07.64	850m:	19:02.38	1:07.58	1250m:	28:12.24	1:10.12
	100m:	2:10.47	1:06.88	500m:	11:08.33	1:07.52	900m:	20:10.82	1:08.44	1300m:	29:20.53	1:08.29
	150m:	3:17.86	1:07.39	550m:	12:16.42	1:08.09	950m:	21:18.18	1:07.36	1350m:	30:29.05	1:08.52
	200m:	4:25.16	1:07.30	600m:	13:24.57	1:08.15	1000m:	22:25.97	1:07.79	1400m:	31:38.28	1:09.23
	250m:	5:32.04	1:06.88	650m:	14:32.45	1:07.88	1050m:	23:34.29	1:08.32	1450m:	32:47.25	1:08.97
	300m:	6:38.61	1:06.57	700m:	15:39.89	1:07.44	1100m:	24:44.12	1:09.83	1500m:	33:48.41	1:01.16
	350m:	7:46.18	1:07.57	750m:	16:47.60	1:07.71	1150m:	25:52.49	1:08.37			
	400m:	8:53.17	1:06.99	800m:	17:54.80	1:07.20	1200m:	27:02.12	1:09.63			

Masters 65+

1.	Ineke Weekers	PSV				NED	195300050			<b>21:47.72</b>	+0.64	
	<i>Europees Masters Record, EMR 800m</i>											
	50m:	40.41	40.41	450m:	6:27.86	43.14	850m:	12:16.79	43.70	1250m:	18:07.68	44.07
	100m:	1:23.66	43.25	500m:	7:11.24	43.38	900m:	13:00.03	43.24	1300m:	18:51.85	44.17
	150m:	2:07.22	43.56	550m:	7:54.48	43.24	950m:	13:43.81	43.78	1350m:	19:35.96	44.11
	200m:	2:50.54	43.32	600m:	8:38.07	43.59	1000m:	14:27.66	43.85	1400m:	20:20.53	44.57
	250m:	3:34.16	43.62	650m:	9:21.60	43.53	1050m:	15:11.53	43.87	1450m:	21:04.81	44.28
	300m:	4:18.00	43.84	700m:	10:05.58	43.98	1100m:	15:55.64	44.11	1500m:	21:47.72	42.91
	350m:	5:01.43	43.43	750m:	10:49.30	43.72	1150m:	16:39.71	44.07			
	400m:	5:44.72	43.29	800m:	11:33.09	43.79	1200m:	17:23.61	43.90			
2.	Ineke Meijer	HZ&PC Heerenveen				NED	195200034			<b>29:41.40</b>	+0.74	
	50m:	51.35	51.35	450m:	8:47.97	1:00.48	850m:	16:46.28	59.37	1250m:	24:46.96	59.49
	100m:	1:48.18	56.83	500m:	9:47.68	59.71	900m:	17:47.20	1:00.92	1300m:	25:46.35	59.39
	150m:	2:46.73	58.55	550m:	10:47.75	1:00.07	950m:	18:47.10	59.90	1350m:	26:45.30	58.95
	200m:	3:45.85	59.12	600m:	11:47.55	59.80	1000m:	19:47.53	1:00.43	1400m:	27:45.73	1:00.43
	250m:	4:45.81	59.96	650m:	12:47.72	1:00.17	1050m:	20:47.25	59.72	1450m:	28:45.20	59.47
	300m:	5:45.83	1:00.02	700m:	13:47.45	59.73	1100m:	21:47.34	1:00.09	1500m:	29:41.40	56.20
	350m:	6:46.62	1:00.79	750m:	14:47.01	59.56	1150m:	22:47.53	1:00.19			
	400m:	7:47.49	1:00.87	800m:	15:46.91	59.90	1200m:	23:47.47	59.94			



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 1, Dames, 1500m vrije slag

Masters 70+

1. Corrie Verhoeven	PSV	NED	194600026	<b>25:47.07</b>	+0.85
<i>Nederlands Masters Record</i>					
50m: 44.17	44.17	450m: 7:35.48	52.38	850m: 14:34.36	52.59
100m: 1:33.17	49.00	500m: 8:27.96	52.48	900m: 15:26.29	51.93
150m: 2:23.41	50.24	550m: 9:20.79	52.83	950m: 16:18.54	52.25
200m: 3:14.91	51.50	600m: 10:13.36	52.57	1000m: 17:10.91	52.37
250m: 4:06.48	51.57	650m: 11:05.28	51.92	1050m: 18:02.88	51.97
300m: 4:58.51	52.03	700m: 11:57.05	51.77	1100m: 18:54.79	51.91
350m: 5:50.59	52.08	750m: 12:49.68	52.63	1150m: 19:47.01	52.22
400m: 6:43.10	52.51	800m: 13:41.77	52.09	1200m: 20:39.02	52.01
1250m: 21:30.58	51.56				
1300m: 22:23.14	52.56				
1350m: 23:15.52	52.38				
1400m: 24:07.08	51.56				
1450m: 24:58.06	50.98				
1500m: 25:47.07	49.01				

Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	<b>34:01.85</b>	
50m: 58.50	58.50	450m: 9:57.83	1:07.72	850m: 19:06.50	1:08.77
100m: 2:05.08	1:06.58	500m: 11:06.19	1:08.36	900m: 20:14.02	1:07.52
150m: 3:12.99	1:07.91	550m: 12:15.06	1:08.87	950m: 21:22.05	1:08.03
200m: 4:20.56	1:07.57	600m: 13:22.96	1:07.90	1000m: 22:31.52	1:09.47
250m: 5:28.25	1:07.69	650m: 14:32.36	1:09.40	1050m: 23:41.83	1:10.31
300m: 6:34.66	1:06.41	700m: 15:41.69	1:09.33	1100m: 24:51.32	1:09.49
350m: 7:42.32	1:07.66	750m: 16:49.40	1:07.71	1150m: 26:00.32	1:09.00
400m: 8:50.11	1:07.79	800m: 17:57.73	1:08.33	1200m: 27:09.89	1:09.57
1250m: 28:19.95	1:10.06				
1300m: 29:28.70	1:08.75				
1350m: 30:37.62	1:08.92				
1400m: 31:47.18	1:09.56				
1450m: 32:56.73	1:09.55				
1500m: 34:01.85	1:05.12				

Masters 80+

1. Marie Smits	Old Dutch	NED	193800004	<b>33:31.79</b>	
50m: 57.14	57.14	450m: 9:54.97	1:07.14	850m: 18:55.62	1:05.48
100m: 2:04.16	1:07.02	500m: 11:02.61	1:07.64	900m: 20:03.02	1:07.40
150m: 3:12.17	1:08.01	550m: 12:10.86	1:08.25	950m: 21:10.52	1:07.50
200m: 4:19.84	1:07.67	600m: 13:18.25	1:07.39	1000m: 22:17.83	1:07.31
250m: 5:26.48	1:06.64	650m: 14:27.03	1:08.78	1050m: 23:25.12	1:07.29
300m: 6:34.06	1:07.58	700m: 15:35.21	1:08.18	1100m: 24:33.70	1:08.58
350m: 7:39.99	1:05.93	750m: 16:43.11	1:07.90	1150m: 25:42.24	1:08.54
400m: 8:47.83	1:07.84	800m: 17:50.14	1:07.03	1200m: 26:49.28	1:07.04
1250m: 27:57.32	1:08.04				
1300m: 29:05.07	1:07.75				
1350m: 30:12.46	1:07.39				
1400m: 31:20.04	1:07.58				
1450m: 32:26.90	1:06.86				
1500m: 33:31.79	1:04.89				

Programmanr. 2  
23-01-2020 - 15:37

Heren, 1500m vrije slag  
Pauze na serie 2 / Break after Heat 2

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>Masters 20+</b>								
1.	Jorian Tanis	MNC Dordrecht	NED 199900327	<b>16:38.72</b>	+0.90			
<i>Kampioenschaps Record</i>								
50m:	28.66	28.66	450m: 4:54.64	33.23	850m: 9:25.74	33.94	1250m: 13:55.75	33.37
100m:	1:00.71	32.05	500m: 5:28.57	33.93	900m: 9:59.64	33.90	1300m: 14:29.41	33.66
150m:	1:33.95	33.24	550m: 6:02.24	33.67	950m: 10:33.47	33.83	1350m: 15:02.90	33.49
200m:	2:07.31	33.36	600m: 6:36.06	33.82	1000m: 11:07.47	34.00	1400m: 15:36.02	33.12
250m:	2:40.64	33.33	650m: 7:09.98	33.92	1050m: 11:41.07	33.60	1450m: 16:09.09	33.07
300m:	3:14.23	33.59	700m: 7:43.98	34.00	1100m: 12:14.83	33.76	1500m: 16:38.72	29.63
350m:	3:47.66	33.43	750m: 8:17.86	33.88	1150m: 12:48.41	33.58		
400m:	4:21.41	33.75	800m: 8:51.80	33.94	1200m: 13:22.38	33.97		
2.	Aron Paasse	De Schotejil	NED 200000099	<b>17:54.21</b>	+0.67			
50m:	29.87	29.87	450m: 5:10.76	35.78	850m: 10:00.12	36.29	1250m: 14:50.44	36.77
100m:	1:02.99	33.12	500m: 5:46.87	36.11	900m: 10:36.02	35.90	1300m: 15:27.30	36.86
150m:	1:37.33	34.34	550m: 6:22.91	36.04	950m: 11:12.32	36.30	1350m: 16:04.42	37.12
200m:	2:12.45	35.12	600m: 6:59.22	36.31	1000m: 11:48.44	36.12	1400m: 16:41.24	36.82
250m:	2:47.77	35.32	650m: 7:35.55	36.33	1050m: 12:24.69	36.25	1450m: 17:18.49	37.25
300m:	3:23.32	35.55	700m: 8:11.56	36.01	1100m: 13:01.15	36.46	1500m: 17:54.21	35.72
350m:	3:59.17	35.85	750m: 8:47.66	36.10	1150m: 13:37.42	36.27		
400m:	4:34.98	35.81	800m: 9:23.83	36.17	1200m: 14:13.67	36.25		



Programmanr. 2, Heren, 1500m vrije slag

Masters 25+

<b>1. Jeffrey Camphens</b>		<b>DWT</b>	<b>NED 199503113</b>	<b>17:24.99</b>	<b>+0.68</b>
50m:	30.59	30.59	450m:	5:08.84	35.05
100m:	1:04.83	34.24	500m:	5:43.82	34.98
150m:	1:39.20	34.37	550m:	6:19.07	35.25
200m:	2:14.03	34.83	600m:	6:54.33	35.26
250m:	2:49.13	35.10	650m:	7:29.26	34.93
300m:	3:24.05	34.92	700m:	8:04.62	35.36
350m:	3:58.88	34.83	750m:	8:39.55	34.93
400m:	4:33.79	34.91	800m:	9:14.83	35.28
850m:			850m:	9:49.96	35.13
900m:			900m:	10:25.13	35.17
950m:			950m:	11:00.61	35.48
1000m:			1000m:	11:35.79	35.18
1050m:			1050m:	12:11.12	35.33
1100m:			1100m:	12:46.47	35.35
1150m:			1150m:	13:21.78	35.31
1200m:			1200m:	13:57.20	35.42
1250m:			1250m:	14:32.32	35.12
1300m:			1300m:	15:07.63	35.31
1350m:			1350m:	15:42.68	35.05
1400m:			1400m:	16:17.50	34.82
1450m:			1450m:	16:52.30	34.80
1500m:			1500m:	17:24.99	32.69
<b>2. Pieter Pijnenburg</b>		<b>De Biesboschzwemmers</b>	<b>NED 199305227</b>	<b>18:10.82</b>	<b>+0.75</b>
50m:	31.41	31.41	450m:	5:20.60	36.31
100m:	1:06.70	35.29	500m:	5:57.15	36.55
150m:	1:42.37	35.67	550m:	6:34.13	36.98
200m:	2:19.00	36.63	600m:	7:11.08	36.95
250m:	2:54.89	35.89	650m:	7:48.10	37.02
300m:	3:30.95	36.06	700m:	8:25.09	36.99
350m:	4:07.75	36.80	750m:	9:02.06	36.97
400m:	4:44.29	36.54	800m:	9:38.72	36.66
850m:			850m:	10:15.78	37.06
900m:			900m:	10:52.60	36.82
950m:			950m:	11:29.72	37.12
1000m:			1000m:	12:06.45	36.73
1050m:			1050m:	12:42.56	36.11
1100m:			1100m:	13:19.84	37.28
1150m:			1150m:	13:57.06	37.22
1200m:			1200m:	14:33.82	36.76
1250m:			1250m:	15:11.09	37.27
1300m:			1300m:	15:47.82	36.73
1350m:			1350m:	16:24.90	37.08
1400m:			1400m:	17:01.39	36.49
1450m:			1450m:	17:37.32	35.93
1500m:			1500m:	18:10.82	33.50
<b>3. Tom van Gils</b>		<b>ZPC De Zeeuwse Kust</b>	<b>NED 199501799</b>	<b>18:45.57</b>	<b>+0.67</b>
50m:	33.01	33.01	450m:	5:28.46	37.32
100m:	1:09.34	36.33	500m:	6:05.35	36.89
150m:	1:46.46	37.12	550m:	6:42.27	36.92
200m:	2:23.87	37.41	600m:	7:19.71	37.44
250m:	3:00.72	36.85	650m:	7:56.87	37.16
300m:	3:37.53	36.81	700m:	8:34.04	37.17
350m:	4:14.28	36.75	750m:	9:11.27	37.23
400m:	4:51.14	36.86	800m:	9:48.58	37.31
850m:			850m:	10:26.45	37.87
900m:			900m:	11:04.41	37.96
950m:			950m:	11:42.05	37.64
1000m:			1000m:	12:20.75	38.70
1050m:			1050m:	12:59.50	38.75
1100m:			1100m:	13:37.91	38.41
1150m:			1150m:	14:16.63	38.72
1200m:			1200m:	14:55.28	38.65
1250m:			1250m:	15:34.00	38.72
1300m:			1300m:	16:12.78	38.78
1350m:			1350m:	16:51.22	38.44
1400m:			1400m:	17:29.91	38.69
1450m:			1450m:	18:09.09	39.18
1500m:			1500m:	18:45.57	36.48
<b>4. Maik Steenkamp</b>		<b>Montferland</b>	<b>NED 199103847</b>	<b>19:14.05</b>	<b>+0.76</b>
50m:	32.98	32.98	450m:	5:38.78	39.03
100m:	1:09.39	36.41	500m:	6:18.22	39.44
150m:	1:47.11	37.72	550m:	6:57.36	39.14
200m:	2:24.93	37.82	600m:	7:36.47	39.11
250m:	3:03.41	38.48	650m:	8:15.68	39.21
300m:	3:41.97	38.56	700m:	8:54.53	38.85
350m:	4:20.81	38.84	750m:	9:33.07	38.54
400m:	4:59.75	38.94	800m:	10:12.02	38.95
850m:			850m:	10:50.97	38.95
900m:			900m:	11:29.91	38.94
950m:			950m:	12:08.73	38.82
1000m:			1000m:	12:48.06	39.33
1050m:			1050m:	13:27.82	39.76
1100m:			1100m:	14:06.97	39.15
1150m:			1150m:	14:46.08	39.11
1200m:			1200m:	15:24.55	38.47
1250m:			1250m:	16:03.52	38.97
1300m:			1300m:	16:42.44	38.92
1350m:			1350m:	17:21.41	38.97
1400m:			1400m:	18:00.22	38.81
1450m:			1450m:	18:38.42	38.20
1500m:			1500m:	19:14.05	35.63
<b>5. Stefan Tijms</b>		<b>OEZA</b>	<b>NED 199300863</b>	<b>20:07.91</b>	<b>+0.77</b>
50m:	34.28	34.28	450m:	5:51.99	40.47
100m:	1:12.37	38.09	500m:	6:32.34	40.35
150m:	1:51.66	39.29	550m:	7:13.15	40.81
200m:	2:31.46	39.80	600m:	7:54.38	41.23
250m:	3:11.50	40.04	650m:	8:35.77	41.39
300m:	3:51.56	40.06	700m:	9:17.64	41.87
350m:	4:31.57	40.01	750m:	9:59.12	41.48
400m:	5:11.52	39.95	800m:	10:40.50	41.38
850m:			850m:	11:21.23	40.73
900m:			900m:	12:02.01	40.78
950m:			950m:	12:42.87	40.86
1000m:			1000m:	13:23.64	40.77
1050m:			1050m:	14:04.57	40.93
1100m:			1100m:	14:45.15	40.58
1150m:			1150m:	15:26.59	41.44
1200m:			1200m:	16:07.50	40.91
1250m:			1250m:	16:48.62	41.12
1300m:			1300m:	17:29.38	40.76
1350m:			1350m:	18:10.24	40.86
1400m:			1400m:	18:50.56	40.32
1450m:			1450m:	19:30.11	39.55
1500m:			1500m:	20:07.91	37.80

Masters 30+

<b>1. Tim Bunnik</b>		<b>Triton</b>	<b>NED 199000505</b>	<b>17:51.80</b>	<b>+0.79</b>
50m:	30.78	30.78	450m:	5:12.65	35.36
100m:	1:05.35	34.57	500m:	5:48.24	35.59
150m:	1:40.25	34.90	550m:	6:23.45	35.21
200m:	2:15.82	35.57	600m:	6:59.04	35.59
250m:	2:51.25	35.43	650m:	7:34.71	35.67
300m:	3:27.00	35.75	700m:	8:10.67	35.96
350m:	4:02.05	35.05	750m:	8:46.64	35.97
400m:	4:37.29	35.24	800m:	9:22.51	35.87
850m:			850m:	9:58.44	35.93
900m:			900m:	10:34.06	35.62
950m:			950m:	11:09.76	35.70
1000m:			1000m:	11:45.53	35.77
1050m:			1050m:	12:21.66	36.13
1100m:			1100m:	12:57.45	35.79
1150m:			1150m:	13:33.33	35.88
1200m:			1200m:	14:10.34	37.01
1250m:			1250m:	14:47.72	37.38
1300m:			1300m:	15:25.33	37.61
1350m:			1350m:	16:02.47	37.14
1400m:			1400m:	16:39.42	36.95
1450m:			1450m:	17:17.13	37.71
1500m:			1500m:	17:51.80	34.67
<b>2. Niels Albrechts</b>		<b>De Schotejil</b>	<b>NED 198800039</b>	<b>18:21.34</b>	<b>+0.80</b>
50m:	32.96	32.96	450m:	5:30.79	37.14
100m:	1:09.24	36.28	500m:	6:07.68	36.89
150m:	1:46.73	37.49	550m:	6:44.98	37.30
200m:	2:24.34	37.61	600m:	7:22.49	37.51
250m:	3:01.90	37.56	650m:	7:59.67	37.18
300m:	3:38.59	36.69	700m:	8:36.59	36.92
350m:	4:16.22	37.63	750m:	9:13.03	36.44
400m:	4:53.65	37.43	800m:	9:49.52	36.49
850m:			850m:	10:26.43	36.91
900m:			900m:	11:02.98	36.55
950m:			950m:	11:39.38	36.40
1000m:			1000m:	12:15.64	36.26
1050m:			1050m:	12:51.83	36.19
1100m:			1100m:	13:28.11	36.28
1150m:			1150m:	14:05.79	37.68
1200m:			1200m:	14:42.28	36.49
1250m:			1250m:	15:19.00	36.72
1300m:			1300m:	15:56.19	37.19
1350m:			1350m:	16:33.59	37.40
1400m:			1400m:	17:10.72	37.13
1450m:			1450m:	17:47.64	36.92
1500m:			1500m:	18:21.34	33.70

Programmanr. 2, Heren, 1500m vrije slag, Masters 30+

rang	naam	vereniging	tijd	RT	PARA
3.	Wessel Everloo	WS Twente	<b>18:30.99</b>	+0.70	959
	50m: 32.92	450m: 5:25.75	37.27	1250m: 15:26.12	38.57
	100m: 1:08.29	500m: 6:02.69	36.94	1300m: 16:04.07	37.95
	150m: 1:44.86	550m: 6:40.19	37.50	1350m: 16:42.25	38.18
	200m: 2:21.40	600m: 7:17.54	37.35	1400m: 17:19.48	37.23
	250m: 2:57.84	650m: 7:54.96	37.42	1450m: 17:57.38	37.90
	300m: 3:34.71	700m: 8:32.62	37.66	1500m: 18:30.99	33.61
	350m: 4:10.87	750m: 9:09.42	36.80		
	400m: 4:48.21	800m: 9:46.25	36.83		
4.	Patrick Creemers	RZ	<b>18:31.55</b>	+0.83	
	50m: 33.53	450m: 5:32.52	38.29	1250m: 15:30.19	37.86
	100m: 1:09.77	500m: 6:09.86	37.34	1300m: 16:07.92	37.73
	150m: 1:47.04	550m: 6:47.25	37.39	1350m: 16:45.02	37.10
	200m: 2:24.45	600m: 7:24.47	37.22	1400m: 17:21.97	36.95
	250m: 3:01.59	650m: 8:01.81	37.34	1450m: 17:58.13	36.16
	300m: 3:38.97	700m: 8:39.31	37.50	1500m: 18:31.55	33.42
	350m: 4:16.63	750m: 9:16.62	37.31		
	400m: 4:54.23	800m: 9:54.08	37.46		
5.	Bastian Zoon	SGGO (SG)	<b>19:22.40</b>	+0.72	
	50m: 33.54	450m: 5:44.12	39.54	1250m: 16:11.33	39.25
	100m: 1:10.80	500m: 6:23.66	39.54	1300m: 16:50.57	39.24
	150m: 1:48.85	550m: 7:03.00	39.34	1350m: 17:29.40	38.83
	200m: 2:27.36	600m: 7:42.37	39.37	1400m: 18:07.79	38.39
	250m: 3:06.61	650m: 8:21.85	39.48	1450m: 18:45.40	37.61
	300m: 3:45.93	700m: 9:00.61	38.76	1500m: 19:22.40	37.00
	350m: 4:25.36	750m: 9:39.26	38.65		
	400m: 5:04.58	800m: 10:18.25	38.99		
6.	Marc Hoogendam	Ragnar	<b>21:36.56</b>	+0.67	
	50m: 32.47	450m: 6:08.92	43.20	1250m: 18:01.18	44.52
	100m: 1:10.92	500m: 6:53.06	44.14	1300m: 18:45.84	44.66
	150m: 1:51.92	550m: 7:37.26	44.20	1350m: 19:30.19	44.35
	200m: 2:34.03	600m: 8:21.14	43.88	1400m: 20:14.15	43.96
	250m: 3:16.01	650m: 9:05.36	44.22	1450m: 20:57.11	42.96
	300m: 3:58.55	700m: 9:49.83	44.47	1500m: 21:36.56	39.45
	350m: 4:41.11	750m: 10:34.59	44.76		
	400m: 5:25.72	800m: 11:19.05	44.46		

Masters 35+

1.	Erik Schröder	TriVia	<b>17:08.33</b>	+0.80	
	50m: 29.07	450m: 5:01.40	34.75	1250m: 14:18.44	34.80
	100m: 1:01.23	500m: 5:36.11	34.71	1300m: 14:53.20	34.76
	150m: 1:34.70	550m: 6:10.91	34.80	1350m: 15:27.78	34.58
	200m: 2:08.64	600m: 6:46.02	35.11	1400m: 16:01.93	34.15
	250m: 2:42.84	650m: 7:20.85	34.83	1450m: 16:35.60	33.67
	300m: 3:17.30	700m: 7:55.85	35.00	1500m: 17:08.33	32.73
	350m: 3:52.02	750m: 8:31.04	35.19		
	400m: 4:26.65	800m: 9:05.96	34.92		
2.	Frank v.d. Voordt	De Schoteijl	<b>18:31.31</b>	+0.76	
	50m: 32.25	450m: 5:27.30	37.46	1250m: 15:25.48	38.15
	100m: 1:08.06	500m: 6:04.31	37.01	1300m: 16:03.53	38.05
	150m: 1:45.07	550m: 6:41.85	37.54	1350m: 16:41.51	37.98
	200m: 2:22.02	600m: 7:18.99	37.14	1400m: 17:19.34	37.83
	250m: 2:58.76	650m: 7:56.33	37.34	1450m: 17:56.94	37.60
	300m: 3:35.83	700m: 8:33.75	37.42	1500m: 18:31.31	34.37
	350m: 4:12.99	750m: 9:10.78	37.03		
	400m: 4:49.84	800m: 9:48.03	37.25		
3.	Marcel Reefhuis	WS Twente	<b>19:06.75</b>	+0.80	
	50m: 32.54	450m: 5:30.46	38.20	1250m: 15:53.68	39.04
	100m: 1:08.68	500m: 6:08.65	38.19	1300m: 16:32.88	39.20
	150m: 1:45.24	550m: 6:46.94	38.29	1350m: 17:12.05	39.17
	200m: 2:22.19	600m: 7:25.83	38.89	1400m: 17:50.81	38.76
	250m: 2:59.33	650m: 8:04.61	38.78	1450m: 18:29.18	38.37
	300m: 3:36.63	700m: 8:43.69	39.08	1500m: 19:06.75	37.57
	350m: 4:14.16	750m: 9:22.58	38.89		
	400m: 4:52.26	800m: 10:01.52	38.94		

Programmanr. 2, Heren, 1500m vrije slag, Masters 35+

rang	naam	vereniging	tijd	RT	PARA			
4.	Rob van Wanrooy	Gay Swim Amsterdam	<b>20:21.90</b>	<b>+0.85</b>				
	50m: 34.40	34.40	450m: 5:57.44	41.84	850m: 11:30.46	41.46	1250m: 17:01.27	41.04
	100m: 1:12.82	38.42	500m: 6:38.98	41.54	900m: 12:11.88	41.42	1300m: 17:42.67	41.40
	150m: 1:52.25	39.43	550m: 7:20.86	41.88	950m: 12:53.31	41.43	1350m: 18:23.46	40.79
	200m: 2:32.74	40.49	600m: 8:02.72	41.86	1000m: 13:34.38	41.07	1400m: 19:04.07	40.61
	250m: 3:12.93	40.19	650m: 8:44.04	41.32	1050m: 14:15.73	41.35	1450m: 19:44.29	40.22
	300m: 3:53.82	40.89	700m: 9:26.43	42.39	1100m: 14:57.43	41.70	1500m: 20:21.90	37.61
	350m: 4:34.41	40.59	750m: 10:07.77	41.34	1150m: 15:38.77	41.34		
	400m: 5:15.60	41.19	800m: 10:49.00	41.23	1200m: 16:20.23	41.46		
5.	Arne-Willem Kroonen	Zwemsport Parkstad (SG)	<b>21:58.80</b>	<b>+0.71</b>				
	50m: 33.72	33.72	450m: 6:01.06	42.53	850m: 12:05.80	47.78	1250m: 18:18.05	44.92
	100m: 1:11.35	37.63	500m: 6:45.07	44.01	900m: 12:52.88	47.08	1300m: 19:01.64	43.59
	150m: 1:50.38	39.03	550m: 7:29.44	44.37	950m: 13:42.50	49.62	1350m: 19:45.52	43.88
	200m: 2:30.37	39.99	600m: 8:14.12	44.68	1000m: 14:28.38	45.88	1400m: 20:30.19	44.67
	250m: 3:10.76	40.39	650m: 8:59.26	45.14	1050m: 15:14.33	45.95	1450m: 21:14.81	44.62
	300m: 3:52.48	41.72	700m: 9:45.47	46.21	1100m: 15:59.73	45.40	1500m: 21:58.80	43.99
	350m: 4:36.08	43.60	750m: 10:32.07	46.60	1150m: 16:46.42	46.69		
	400m: 5:18.53	42.45	800m: 11:18.02	45.95	1200m: 17:33.13	46.71		

Masters 40+

1.	Gergely Molnár <i>Hungarian Masters Record</i>	Megathlon SE	<b>17:41.52</b>	<b>+0.83</b>				
	50m: 30.59	30.59	450m: 5:12.68	35.42	850m: 9:57.90	35.72	1250m: 14:43.60	35.91
	100m: 1:04.87	34.28	500m: 5:48.08	35.40	900m: 10:33.64	35.74	1300m: 15:19.28	35.68
	150m: 1:40.01	35.14	550m: 6:23.80	35.72	950m: 11:09.29	35.65	1350m: 15:55.18	35.90
	200m: 2:15.60	35.59	600m: 6:59.34	35.54	1000m: 11:45.10	35.81	1400m: 16:31.40	36.22
	250m: 2:50.95	35.35	650m: 7:35.15	35.81	1050m: 12:20.69	35.59	1450m: 17:07.22	35.82
	300m: 3:26.57	35.62	700m: 8:10.90	35.75	1100m: 12:56.33	35.64	1500m: 17:41.52	34.30
	350m: 4:01.88	35.31	750m: 8:46.52	35.62	1150m: 13:32.02	35.69		
	400m: 4:37.26	35.38	800m: 9:22.18	35.66	1200m: 14:07.69	35.67		
2.	Ben Rutten	Oudenaardse Zwemclub	<b>17:59.35</b>	<b>+0.88</b>				
	50m: 31.38	31.38	450m: 5:12.80	36.04	850m: 10:02.98	36.61	1250m: 14:57.35	36.96
	100m: 1:05.29	33.91	500m: 5:48.97	36.17	900m: 10:39.61	36.63	1300m: 15:34.38	37.03
	150m: 1:39.88	34.59	550m: 6:24.87	35.90	950m: 11:15.95	36.34	1350m: 16:11.05	36.67
	200m: 2:14.92	35.04	600m: 7:01.13	36.26	1000m: 11:52.65	36.70	1400m: 16:47.96	36.91
	250m: 2:49.98	35.06	650m: 7:37.40	36.27	1050m: 12:29.39	36.74	1450m: 17:24.43	36.47
	300m: 3:25.33	35.35	700m: 8:13.78	36.38	1100m: 13:06.49	37.10	1500m: 17:59.35	34.92
	350m: 4:00.86	35.53	750m: 8:50.14	36.36	1150m: 13:43.53	37.04		
	400m: 4:36.76	35.90	800m: 9:26.37	36.23	1200m: 14:20.39	36.86		
3.	Martijn Butter	OEZA	<b>18:27.29</b>	<b>+0.90</b>				
	50m: 32.68	32.68	450m: 5:27.04	37.17	850m: 10:24.55	36.96	1250m: 15:24.47	37.50
	100m: 1:08.31	35.63	500m: 6:04.25	37.21	900m: 11:01.88	37.33	1300m: 16:01.76	37.29
	150m: 1:44.98	36.67	550m: 6:41.49	37.24	950m: 11:39.42	37.54	1350m: 16:38.48	36.72
	200m: 2:22.15	37.17	600m: 7:18.67	37.18	1000m: 12:16.84	37.42	1400m: 17:15.43	36.95
	250m: 2:59.11	36.96	650m: 7:56.07	37.40	1050m: 12:54.24	37.40	1450m: 17:51.69	36.26
	300m: 3:35.81	36.70	700m: 8:33.24	37.17	1100m: 13:31.72	37.48	1500m: 18:27.29	35.60
	350m: 4:12.86	37.05	750m: 9:10.39	37.15	1150m: 14:09.54	37.82		
	400m: 4:49.87	37.01	800m: 9:47.59	37.20	1200m: 14:46.97	37.43		
4.	Freddie Geerlings	Zwemsport Parkstad (SG)	<b>19:11.48</b>	<b>+0.84</b>				
	50m: 33.29	33.29	450m: 5:35.27	38.39	850m: 10:46.98	39.18	1250m: 15:59.92	38.62
	100m: 1:10.03	36.74	500m: 6:13.76	38.49	900m: 11:25.96	38.98	1300m: 16:38.99	39.07
	150m: 1:47.68	37.65	550m: 6:52.52	38.76	950m: 12:04.98	39.02	1350m: 17:18.23	39.24
	200m: 2:25.14	37.46	600m: 7:31.37	38.85	1000m: 12:44.44	39.46	1400m: 17:56.77	38.54
	250m: 3:02.58	37.44	650m: 8:10.28	38.91	1050m: 13:23.74	39.30	1450m: 18:35.08	38.31
	300m: 3:40.44	37.86	700m: 8:49.22	38.94	1100m: 14:03.19	39.45	1500m: 19:11.48	36.40
	350m: 4:18.76	38.32	750m: 9:28.78	39.56	1150m: 14:42.78	39.59		
	400m: 4:56.88	38.12	800m: 10:07.80	39.02	1200m: 15:21.30	38.52		
5.	Yuri Admiraal	ZPC Numansdorp	<b>19:35.07</b>	<b>+0.79</b>				
	50m: 33.78	33.78	450m: 5:45.51	39.69	850m: 11:01.19	39.71	1250m: 16:20.01	39.99
	100m: 1:11.53	37.75	500m: 6:24.61	39.10	900m: 11:41.07	39.88	1300m: 16:59.98	39.97
	150m: 1:50.22	38.69	550m: 7:03.74	39.13	950m: 12:20.93	39.86	1350m: 17:39.92	39.94
	200m: 2:28.91	38.69	600m: 7:42.91	39.17	1000m: 13:00.78	39.85	1400m: 18:19.61	39.69
	250m: 3:07.86	38.95	650m: 8:22.57	39.66	1050m: 13:40.76	39.98	1450m: 17:56.77	38.57
	300m: 3:47.28	39.42	700m: 9:02.34	39.77	1100m: 14:20.60	39.84	1500m: 19:35.07	36.89
	350m: 4:26.41	39.13	750m: 9:41.82	39.48	1150m: 15:00.48	39.88		
	400m: 5:05.82	39.41	800m: 10:21.48	39.66	1200m: 15:40.02	39.54		



Programmanr. 2, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	tijd	RT	PARA				
6.	Erik Schoenmakers	WIDEX GZC DONK	<b>21:09.32</b>	<b>+0.87</b>					
	50m: 35.46	35.46	450m: 5:54.70	40.82	850m: 11:34.20	43.50	1250m: 17:28.65	39.41	44.43
	100m: 1:13.57	38.11	500m: 6:35.71	41.01	900m: 12:17.70	43.50	1300m: 18:12.86	44.21	44.21
	150m: 1:52.93	39.36	550m: 7:16.96	41.25	950m: 13:01.85	44.15	1350m: 18:57.88	45.02	45.02
	200m: 2:32.87	39.94	600m: 7:58.02	41.06	1000m: 13:46.38	44.53	1400m: 19:42.84	44.96	44.96
	250m: 3:12.85	39.98	650m: 8:40.85	42.83	1050m: 14:30.66	44.28	1450m: 20:27.26	44.42	44.42
	300m: 3:53.14	40.29	700m: 9:23.83	42.98	1100m: 15:15.17	44.51	1500m: 21:09.32	42.06	42.06
	350m: 4:33.52	40.38	750m: 10:07.22	43.39	1150m: 15:59.74	44.57			
	400m: 5:13.88	40.36	800m: 10:50.70	43.48	1200m: 16:44.22	44.48			

Masters 45+

1.	Casper van den Burgh	Link	<b>19:41.26</b>	<b>+0.75</b>					
	50m: 34.50	34.50	450m: 5:50.74	40.27	850m: 11:06.57	39.36	1250m: 16:24.64	39.54	39.54
	100m: 1:12.32	37.82	500m: 6:30.36	39.62	900m: 11:45.98	39.41	1300m: 17:04.43	39.79	39.79
	150m: 1:51.82	39.50	550m: 7:09.78	39.42	950m: 12:25.68	39.70	1350m: 17:44.16	39.73	39.73
	200m: 2:31.48	39.66	600m: 7:49.04	39.26	1000m: 13:05.10	39.42	1400m: 18:23.73	39.57	39.57
	250m: 3:11.25	39.77	650m: 8:28.83	39.79	1050m: 13:45.09	39.99	1450m: 19:03.07	39.34	39.34
	300m: 3:51.22	39.97	700m: 9:08.43	39.60	1100m: 14:24.97	39.88	1500m: 19:41.26	38.19	38.19
	350m: 4:30.62	39.40	750m: 9:47.68	39.25	1150m: 15:04.98	40.01			
	400m: 5:10.47	39.85	800m: 10:27.21	39.53	1200m: 15:45.10	40.12			

2.	Eric Hoekman	WS Twente	<b>21:02.28</b>	<b>+0.87</b>					
	50m: 33.44	33.44	450m: 5:56.93	42.17	850m: 11:39.82	44.03	1250m: 17:28.38	43.63	43.63
	100m: 1:10.42	36.98	500m: 6:39.44	42.51	900m: 12:24.00	44.18	1300m: 18:12.36	43.98	43.98
	150m: 1:48.76	38.34	550m: 7:21.88	42.44	950m: 13:08.06	44.06	1350m: 18:55.85	43.49	43.49
	200m: 2:28.58	39.82	600m: 8:03.91	42.03	1000m: 13:51.05	42.99	1400m: 19:38.77	42.92	42.92
	250m: 3:09.53	40.95	650m: 8:46.77	42.86	1050m: 14:34.49	43.44	1450m: 20:21.58	42.81	42.81
	300m: 3:51.12	41.59	700m: 9:29.81	43.04	1100m: 15:18.85	44.36	1500m: 21:02.28	40.70	40.70
	350m: 4:32.64	41.52	750m: 10:12.33	42.52	1150m: 16:02.41	43.56			
	400m: 5:14.76	42.12	800m: 10:55.79	43.46	1200m: 16:44.75	42.34			

3.	Chris Kouwenhoven	Steenwijk 1934	<b>21:07.38</b>	<b>+0.91</b>					
	50m: 36.76	36.76	450m: 6:10.55	42.46	850m: 11:52.68	43.33	1250m: 17:35.27	42.61	42.61
	100m: 1:16.86	40.10	500m: 6:53.09	42.54	900m: 12:35.89	43.21	1300m: 18:18.27	43.00	43.00
	150m: 1:58.36	41.50	550m: 7:35.14	42.05	950m: 13:18.66	42.77	1350m: 19:01.22	42.95	42.95
	200m: 2:40.08	41.72	600m: 8:17.91	42.77	1000m: 14:01.59	42.93	1400m: 19:44.31	43.09	43.09
	250m: 3:21.78	41.70	650m: 9:00.77	42.86	1050m: 14:44.47	42.88	1450m: 20:26.58	42.27	42.27
	300m: 4:03.73	41.95	700m: 9:43.96	43.19	1100m: 15:26.80	42.33	1500m: 21:07.38	40.80	40.80
	350m: 4:45.63	41.90	750m: 10:26.88	42.92	1150m: 16:09.42	42.62			
	400m: 5:28.09	42.46	800m: 11:09.35	42.47	1200m: 16:52.66	43.24			

4.	Erwin Zuidervelt	AZ&PC De Futen	<b>21:16.53 *</b>	<b>+0.81</b>					
	50m: 36.31	36.31	450m: 6:07.99	42.26	850m: 11:54.18	43.86	1250m: 17:42.14	44.71	44.71
	100m: 1:16.37	40.06	500m: 6:50.84	42.85	900m: 12:36.87	42.69	1300m: 18:25.71	43.57	43.57
	150m: 1:58.05	41.68	550m: 7:33.87	43.03	950m: 13:20.51	43.64	1350m: 19:10.91	45.20	45.20
	200m: 2:39.28	41.23	600m: 8:16.84	42.97	1000m: 14:03.60	43.09	1400m: 19:54.53	43.62	43.62
	250m: 3:20.55	41.27	650m: 8:59.75	42.91	1050m: 14:47.13	43.53	1450m: 20:37.12	42.59	42.59
	300m: 4:01.95	41.40	700m: 9:43.28	43.53	1100m: 15:30.07	42.94	1500m: 21:16.53	39.41	39.41
	350m: 4:43.91	41.96	750m: 10:27.31	44.03	1150m: 16:14.53	44.46			
	400m: 5:25.73	41.82	800m: 11:10.32	43.01	1200m: 16:57.43	42.90			

5.	Kasper van den Bergh	SWOL 1894	<b>21:54.99</b>	<b>+0.74</b>					
	50m: 37.36	37.36	450m: 6:13.07	42.49	850m: 12:01.23	43.76	1250m: 18:03.07	46.64	46.64
	100m: 1:17.51	40.15	500m: 6:56.13	43.06	900m: 12:45.44	44.21	1300m: 18:48.88	45.81	45.81
	150m: 1:58.66	41.15	550m: 7:39.39	43.26	950m: 13:29.47	44.03	1350m: 19:35.96	47.08	47.08
	200m: 2:40.89	42.23	600m: 8:23.00	43.61	1000m: 14:13.93	44.46	1400m: 20:22.85	46.89	46.89
	250m: 3:23.46	42.57	650m: 9:06.12	43.12	1050m: 14:58.46	44.53	1450m: 21:09.68	46.83	46.83
	300m: 4:05.37	41.91	700m: 9:49.89	43.77	1100m: 15:44.65	46.19	1500m: 21:54.99	45.31	45.31
	350m: 4:47.73	42.36	750m: 10:33.49	43.60	1150m: 16:30.59	45.94			
	400m: 5:30.58	42.85	800m: 11:17.47	43.98	1200m: 17:16.43	45.84			

Masters 50+

1.	Pieter van Gemen	DAW	<b>18:12.92</b>	<b>+0.81</b>					
	50m: 32.30	32.30	450m: 5:21.28	36.67	850m: 10:13.37	36.57	1250m: 15:09.45	37.51	37.51
	100m: 1:07.83	35.53	500m: 5:57.91	36.63	900m: 10:49.75	36.38	1300m: 15:46.88	37.43	37.43
	150m: 1:43.88	36.05	550m: 6:34.13	36.22	950m: 11:26.51	36.76	1350m: 16:23.83	36.95	36.95
	200m: 2:20.06	36.18	600m: 7:10.66	36.53	1000m: 12:02.97	36.46	1400m: 17:00.65	36.82	36.82
	250m: 2:56.10	36.04	650m: 7:46.96	36.30	1050m: 12:39.91	36.94	1450m: 17:37.50	36.85	36.85
	300m: 3:32.24	36.14	700m: 8:23.54	36.58	1100m: 13:16.96	37.05	1500m: 18:12.92	35.42	35.42
	350m: 4:08.34	36.10	750m: 9:00.02	36.48	1150m: 13:54.73	37.77			
	400m: 4:44.61	36.27	800m: 9:36.80	36.78	1200m: 14:31.94	37.21			

Programmanr. 2, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	tijd	RT	PARA			
2.	Geert Wijn	De Gelenberg	<b>19:12.24</b>	<b>+0.70</b>				
	50m: 34.08	34.08	450m: 5:40.77	38.01	850m: 10:44.91	38.51	1250m: 15:56.20	39.15
	100m: 1:12.46	38.38	500m: 6:17.97	37.20	900m: 11:23.23	38.32	1300m: 16:35.52	39.32
	150m: 1:51.29	38.83	550m: 6:56.40	38.43	950m: 12:01.28	38.05	1350m: 17:15.63	40.11
	200m: 2:29.75	38.46	600m: 7:34.20	37.80	1000m: 12:39.31	38.03	1400m: 17:54.44	38.81
	250m: 3:07.86	38.11	650m: 8:12.28	38.08	1050m: 13:18.45	39.14	1450m: 18:34.39	39.95
	300m: 3:46.07	38.21	700m: 8:50.15	37.87	1100m: 13:58.18	39.73	1500m: 19:12.24	37.85
	350m: 4:24.58	38.51	750m: 9:28.23	38.08	1150m: 14:37.68	39.50		
	400m: 5:02.76	38.18	800m: 10:06.40	38.17	1200m: 15:17.05	39.37		
3.	Richard Rickens	Zwemsport Parkstad (SG)	<b>19:37.96</b>	<b>+0.86</b>				
	50m: 33.82	33.82	450m: 5:38.08	38.40	850m: 10:55.52	44.20	1250m: 16:20.64	39.09
	100m: 1:10.00	36.18	500m: 6:17.08	39.00	900m: 11:38.69	43.17	1300m: 17:00.13	39.49
	150m: 1:47.53	37.53	550m: 6:55.80	38.72	950m: 12:19.91	41.22	1350m: 17:39.68	39.55
	200m: 2:25.97	38.44	600m: 7:34.37	38.57	1000m: 13:00.85	40.94	1400m: 17:59.43	39.75
	250m: 3:04.91	38.94	650m: 8:13.22	38.85	1050m: 13:40.97	40.12	1450m: 18:59.12	39.69
	300m: 3:42.92	38.01	700m: 8:52.10	38.88	1100m: 14:22.37	41.40	1500m: 19:37.96	38.84
	350m: 4:21.36	38.44	750m: 9:31.42	39.32	1150m: 15:02.25	39.88		
	400m: 4:59.68	38.32	800m: 10:11.32	39.90	1200m: 15:41.55	39.30		
4.	Hans Bouwmeester	ZVL-1886 Tetteroo	<b>20:13.22</b>	<b>+0.85</b>				
	50m: 34.67	34.67	450m: 5:50.54	40.37	850m: 11:17.47	41.27	1250m: 16:48.96	41.55
	100m: 1:12.78	38.11	500m: 6:30.98	40.44	900m: 11:58.81	41.34	1300m: 17:30.65	41.69
	150m: 1:52.30	39.52	550m: 7:11.31	40.33	950m: 12:40.52	41.71	1350m: 18:12.12	41.47
	200m: 2:31.59	39.29	600m: 7:52.01	40.70	1000m: 13:21.74	41.22	1400m: 18:53.31	41.19
	250m: 3:11.17	39.58	650m: 8:32.94	40.93	1050m: 14:02.98	41.24	1450m: 19:34.81	41.50
	300m: 3:50.84	39.67	700m: 9:13.90	40.96	1100m: 14:44.08	41.10	1500m: 20:13.22	38.41
	350m: 4:30.43	39.59	750m: 9:54.81	40.91	1150m: 15:25.68	41.60		
	400m: 5:10.17	39.74	800m: 10:36.20	41.39	1200m: 16:07.41	41.73		
5.	Ingmar de Gelder	ZOB'66	<b>20:56.35</b>	<b>+0.87</b>				
	50m: 35.34	35.34	450m: 6:05.54	43.02	850m: 11:48.04	43.22	1250m: 17:28.58	42.32
	100m: 1:13.47	38.13	500m: 6:48.12	42.58	900m: 12:30.79	42.75	1300m: 18:11.78	43.20
	150m: 1:53.25	39.78	550m: 7:30.64	42.52	950m: 13:13.59	42.80	1350m: 18:53.82	42.04
	200m: 2:34.49	41.24	600m: 8:13.48	42.84	1000m: 13:55.78	42.19	1400m: 19:35.48	41.66
	250m: 3:15.99	41.50	650m: 8:56.04	42.56	1050m: 14:37.83	42.05	1450m: 20:16.23	40.75
	300m: 3:57.94	41.95	700m: 9:39.08	43.04	1100m: 15:20.33	42.50	1500m: 20:56.35	40.12
	350m: 4:40.36	42.42	750m: 10:21.91	42.83	1150m: 16:03.07	42.74		
	400m: 5:22.52	42.16	800m: 11:04.82	42.91	1200m: 16:46.26	43.19		
6.	Huyb Stegeman	Steenwijk 1934	<b>21:19.38</b>	<b>+0.93</b>				
	50m: 36.82	36.82	450m: 6:15.21	43.17	850m: 12:00.31	43.16	1250m: 17:45.95	43.28
	100m: 1:16.91	40.09	500m: 6:58.53	43.32	900m: 12:43.89	43.58	1300m: 18:29.41	43.46
	150m: 1:58.17	41.26	550m: 7:41.70	43.17	950m: 13:26.79	42.90	1350m: 19:12.61	43.20
	200m: 2:40.28	42.11	600m: 8:24.59	42.89	1000m: 14:09.92	43.13	1400m: 19:55.73	43.12
	250m: 3:22.65	42.37	650m: 9:07.99	43.40	1050m: 14:52.93	43.01	1450m: 20:38.56	42.83
	300m: 4:05.51	42.86	700m: 9:51.12	43.13	1100m: 15:36.43	43.50	1500m: 21:19.38	40.82
	350m: 4:48.71	43.20	750m: 10:34.24	43.12	1150m: 16:19.35	42.92		
	400m: 5:32.04	43.33	800m: 11:17.15	42.91	1200m: 17:02.67	43.32		

Masters 55+

1.	Jan Brink	ZPC De Zeeuwse Kust	<b>18:50.40</b>	<b>+0.83</b>				
	50m: 33.55	33.55	450m: 5:34.80	37.61	850m: 10:36.78	38.57	1250m: 15:41.86	38.01
	100m: 1:10.72	37.17	500m: 6:12.62	37.82	900m: 11:14.60	37.82	1300m: 16:20.30	38.44
	150m: 1:48.65	37.93	550m: 6:50.24	37.62	950m: 11:53.04	38.44	1350m: 16:58.71	38.41
	200m: 2:26.58	37.93	600m: 7:27.72	37.48	1000m: 12:30.79	37.75	1400m: 17:37.03	38.32
	250m: 3:04.26	37.68	650m: 8:05.46	37.74	1050m: 13:08.99	38.20	1450m: 18:14.47	37.44
	300m: 3:41.78	37.52	700m: 8:43.04	37.58	1100m: 13:47.02	38.03	1500m: 18:50.40	35.93
	350m: 4:19.47	37.69	750m: 9:20.65	37.61	1150m: 14:25.60	38.58		
	400m: 4:57.19	37.72	800m: 9:58.21	37.56	1200m: 15:03.85	38.25		
2.	Kees-Jan van Overbeeke	WWV Winterswijk	<b>19:25.74</b>	<b>+0.89</b>				
	50m: 34.93	34.93	450m: 5:45.25	38.69	850m: 10:58.03	39.21	1250m: 16:14.48	39.85
	100m: 1:13.39	38.46	500m: 6:24.18	38.93	900m: 11:37.02	38.99	1300m: 16:54.09	39.61
	150m: 1:52.59	39.20	550m: 7:03.22	39.04	950m: 12:16.13	39.11	1350m: 17:33.44	39.35
	200m: 2:31.47	38.88	600m: 7:42.31	39.09	1000m: 12:55.57	39.44	1400m: 18:11.91	38.47
	250m: 3:10.74	39.27	650m: 8:21.65	39.34	1050m: 13:35.46	39.89	1450m: 18:50.23	38.32
	300m: 3:49.68	38.94	700m: 9:00.69	39.04	1100m: 14:15.05	39.59	1500m: 19:25.74	35.51
	350m: 4:28.21	38.53	750m: 9:39.73	39.04	1150m: 14:54.94	39.89		
	400m: 5:06.56	38.35	800m: 10:18.82	39.09	1200m: 15:34.63	39.69		



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 2, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging	tijd	RT	PARA			
3.	Nico Paasse	De Schotejil	<b>19:27.22</b>	<b>+0.90</b>				
	50m: 33.53	33.53	450m: 5:45.40	39.25	850m: 10:59.18	39.16	1250m: 16:12.55	39.61
	100m: 1:10.93	37.40	500m: 6:24.82	39.42	900m: 11:38.59	39.41	1300m: 16:51.40	38.85
	150m: 1:49.55	38.62	550m: 7:04.10	39.28	950m: 12:17.84	39.25	1350m: 17:31.19	39.79
	200m: 2:28.44	38.89	600m: 7:43.43	39.33	1000m: 12:56.68	38.84	1400m: 18:10.04	38.85
	250m: 3:07.79	39.35	650m: 8:22.77	39.34	1050m: 13:35.39	38.71	1450m: 18:49.44	39.40
	300m: 3:47.32	39.53	700m: 9:01.82	39.05	1100m: 14:14.33	38.94	1500m: 19:27.22	37.78
	350m: 4:26.79	39.47	750m: 9:40.96	39.14	1150m: 14:53.27	38.94		
	400m: 5:06.15	39.36	800m: 10:20.02	39.06	1200m: 15:32.94	39.67		
4.	Gustav van den Berg	TriVia	<b>19:36.09</b>	<b>+0.98</b>				
	50m: 36.78	36.78	450m: 5:54.01	39.32	850m: 11:08.87	39.16	1250m: 16:23.03	39.26
	100m: 1:15.91	39.13	500m: 6:33.35	39.34	900m: 11:48.22	39.35	1300m: 17:02.84	39.81
	150m: 1:55.97	40.06	550m: 7:12.57	39.22	950m: 12:27.57	39.35	1350m: 17:42.64	39.80
	200m: 2:36.11	40.14	600m: 7:51.93	39.36	1000m: 13:06.60	39.03	1400m: 18:22.20	39.56
	250m: 3:16.39	40.28	650m: 8:31.41	39.48	1050m: 13:45.75	39.15	1450m: 19:00.72	38.52
	300m: 3:55.70	39.31	700m: 9:10.58	39.17	1100m: 14:25.32	39.57	1500m: 19:36.09	35.37
	350m: 4:35.31	39.61	750m: 9:50.17	39.59	1150m: 15:04.37	39.05		
	400m: 5:14.69	39.38	800m: 10:29.71	39.54	1200m: 15:43.77	39.40		
5.	Phil Trethewie	Old Dutch	<b>20:22.78</b>	<b>+0.98</b>				
	50m: 37.18	37.18	450m: 6:07.86	41.26	850m: 11:37.09	41.12	1250m: 17:02.92	40.63
	100m: 1:17.63	40.45	500m: 6:49.19	41.33	900m: 12:17.96	40.87	1300m: 17:43.58	40.66
	150m: 1:59.06	41.43	550m: 7:30.37	41.18	950m: 12:58.77	40.81	1350m: 18:24.12	40.54
	200m: 2:40.62	41.56	600m: 8:11.53	41.16	1000m: 13:39.48	40.71	1400m: 19:04.57	40.45
	250m: 3:22.44	41.82	650m: 8:52.81	41.28	1050m: 14:20.47	40.99	1450m: 19:44.44	39.87
	300m: 4:04.05	41.61	700m: 9:34.05	41.24	1100m: 15:00.92	40.45	1500m: 20:22.78	38.34
	350m: 4:45.13	41.08	750m: 10:14.86	40.81	1150m: 15:41.68	40.76		
	400m: 5:26.60	41.47	800m: 10:55.97	41.11	1200m: 16:22.29	40.61		
6.	Jan Smalheer	SCOM	<b>22:59.35</b>					
	50m: 37.88	37.88	450m: 6:38.45	46.41	850m: 12:50.97	46.91	1250m: 19:05.42	47.19
	100m: 1:19.73	41.85	500m: 7:24.62	46.17	900m: 13:37.65	46.68	1300m: 19:52.81	47.39
	150m: 2:04.07	44.34	550m: 8:10.75	46.13	950m: 14:24.46	46.81	1350m: 20:39.96	47.15
	200m: 2:48.80	44.73	600m: 8:57.37	46.62	1000m: 15:11.23	46.77	1400m: 21:27.01	47.05
	250m: 3:34.17	45.37	650m: 9:43.82	46.45	1050m: 15:58.24	47.01	1450m: 22:14.12	47.11
	300m: 4:20.02	45.85	700m: 10:30.86	47.04	1100m: 16:45.13	46.89	1500m: 22:59.35	45.23
	350m: 5:06.10	46.08	750m: 11:17.57	46.71	1150m: 17:31.65	46.52		
	400m: 5:52.04	45.94	800m: 12:04.06	46.49	1200m: 18:18.23	46.58		
7.	Richard Tiemstra	De Biesboschwimmers	<b>23:07.36</b>	<b>+0.93</b>				
	50m: 39.71	39.71	450m: 6:40.40	45.02	850m: 12:49.56	46.71	1250m: 19:11.20	47.65
	100m: 1:23.43	43.72	500m: 7:25.82	45.42	900m: 13:37.08	47.52	1300m: 20:01.03	49.83
	150m: 2:08.15	44.72	550m: 8:11.37	45.55	950m: 14:24.36	47.28	1350m: 20:49.29	48.26
	200m: 2:53.90	45.75	600m: 8:57.37	46.00	1000m: 15:11.74	47.38	1400m: 21:37.42	48.13
	250m: 3:39.44	45.54	650m: 9:43.53	46.16	1050m: 15:59.57	47.83	1450m: 22:24.36	46.94
	300m: 4:24.71	45.27	700m: 10:29.76	46.23	1100m: 16:47.83	48.26	1500m: 23:07.36	43.00
	350m: 5:10.06	45.35	750m: 11:16.05	46.29	1150m: 17:35.74	47.91		
	400m: 5:55.38	45.32	800m: 12:02.85	46.80	1200m: 18:23.55	47.81		
8.	Casper Dollekamp	Steenwijk 1934	<b>23:11.90</b>	<b>+0.77</b>				
	50m: 36.91	36.91	450m: 6:32.57	45.92	850m: 12:58.88	48.82	1250m: 19:21.99	48.73
	100m: 1:18.22	41.31	500m: 7:18.68	46.11	900m: 13:47.44	48.56	1300m: 20:09.32	47.33
	150m: 2:01.36	43.14	550m: 8:05.80	47.12	950m: 14:36.17	48.73	1350m: 20:55.84	46.52
	200m: 2:45.87	44.51	600m: 8:53.36	47.56	1000m: 15:24.67	48.50	1400m: 21:42.44	46.60
	250m: 3:30.65	44.78	650m: 9:42.36	49.00	1050m: 16:12.04	47.37	1450m: 22:28.02	45.58
	300m: 4:15.85	45.20	700m: 10:31.52	49.16	1100m: 16:59.73	47.69	1500m: 23:11.90	43.88
	350m: 5:01.28	45.43	750m: 11:21.22	49.70	1150m: 17:46.65	46.92		
	400m: 5:46.65	45.37	800m: 12:10.06	48.84	1200m: 18:33.26	46.61		

Masters 60+

1.	Marius Ros	ZCNF'34	<b>22:24.92</b>	<b>+0.67</b>				
	50m: 40.18	40.18	450m: 6:32.97	44.72	850m: 12:33.46	45.50	1250m: 18:40.01	45.66
	100m: 1:23.26	43.08	500m: 7:17.56	44.59	900m: 13:19.63	46.17	1300m: 19:25.44	45.43
	150m: 2:07.10	43.84	550m: 8:02.34	44.78	950m: 14:05.32	45.69	1350m: 20:11.45	46.01
	200m: 2:50.71	43.61	600m: 8:46.77	44.43	1000m: 14:51.04	45.72	1400m: 20:57.31	45.86
	250m: 3:34.65	43.94	650m: 9:31.49	44.72	1050m: 15:37.01	45.97	1450m: 21:42.42	45.11
	300m: 4:19.38	44.73	700m: 10:16.87	45.38	1100m: 16:22.57	45.56	1500m: 22:24.92	42.50
	350m: 5:03.71	44.33	750m: 11:02.26	45.39	1150m: 17:08.38	45.81		
	400m: 5:48.25	44.54	800m: 11:47.96	45.70	1200m: 17:54.35	45.97		



Programmanr. 2, Heren, 1500m vrije slag, Masters 60+

rang	naam	vereniging	tijd	RT	PARA
2.	Paul Bunnik	Triton	<b>22:57.57</b>	+0.97	
	50m: 37.23	450m: 6:31.60	46.44	850m: 12:46.21	47.35
	100m: 1:17.95	500m: 7:18.26	46.66	900m: 13:33.34	47.13
	150m: 2:01.01	550m: 8:04.57	46.31	950m: 14:20.54	47.20
	200m: 2:44.41	600m: 8:50.99	46.42	1000m: 15:07.76	47.22
	250m: 3:28.63	650m: 9:37.67	46.68	1050m: 15:55.35	47.59
	300m: 4:13.41	700m: 10:24.77	47.10	1100m: 16:42.41	47.06
	350m: 4:58.98	750m: 11:11.50	46.73	1150m: 17:29.60	47.19
	400m: 5:45.16	800m: 11:58.86	47.36	1200m: 18:16.74	47.14
3.	Wim Witjes	Aqua-Novio '94	<b>23:15.42</b>	+0.49	
	50m: 39.78	450m: 6:50.04	47.11	850m: 13:12.57	48.47
	100m: 1:24.37	500m: 7:37.66	47.62	900m: 13:59.33	46.76
	150m: 2:10.38	550m: 8:25.17	47.51	950m: 14:46.33	47.00
	200m: 2:56.50	600m: 9:13.56	48.39	1000m: 15:33.47	47.14
	250m: 3:43.13	650m: 10:01.54	47.98	1050m: 16:20.22	46.75
	300m: 4:29.60	700m: 10:48.88	47.34	1100m: 17:07.21	46.99
	350m: 5:16.42	750m: 11:36.72	47.84	1150m: 17:53.69	46.48
	400m: 6:02.93	800m: 12:24.10	47.38	1200m: 18:40.66	46.97
4.	Lex Hoogendam	ZZ&PC De Devel	<b>23:26.56</b>	+0.89	
	50m: 38.67	450m: 6:50.16	46.81	850m: 13:10.47	47.65
	100m: 1:22.44	500m: 7:37.32	47.16	900m: 13:57.47	47.00
	150m: 2:08.21	550m: 8:25.12	47.80	950m: 14:45.26	47.79
	200m: 2:54.58	600m: 9:12.87	47.75	1000m: 15:32.91	47.65
	250m: 3:41.46	650m: 9:59.78	46.91	1050m: 16:20.63	47.72
	300m: 4:28.79	700m: 10:47.61	47.83	1100m: 17:08.42	47.79
	350m: 5:15.80	750m: 11:35.19	47.58	1150m: 17:55.93	47.51
	400m: 6:03.35	800m: 12:22.82	47.63	1200m: 18:43.70	47.77
5.	John Dam	ZIGNEA	<b>23:27.32</b>		
	50m: 38.32	450m: 6:48.97	47.85	850m: 13:09.10	47.63
	100m: 1:21.09	500m: 7:35.88	46.91	900m: 13:56.65	47.55
	150m: 2:07.09	550m: 8:23.30	47.42	950m: 14:44.78	48.13
	200m: 2:53.67	600m: 9:10.83	47.53	1000m: 15:31.88	47.10
	250m: 3:40.16	650m: 9:58.77	47.94	1050m: 16:19.31	47.43
	300m: 4:26.98	700m: 10:46.14	47.37	1100m: 17:06.86	47.55
	350m: 5:14.16	750m: 11:33.56	47.42	1150m: 17:54.96	48.10
	400m: 6:01.12	800m: 12:21.47	47.91	1200m: 18:42.79	47.83
6.	Henk Gierveld	Nat Utrecht	<b>24:22.36</b>	+0.98	
	50m: 41.34	450m: 7:05.84	49.77	850m: 13:39.41	49.09
	100m: 1:26.73	500m: 7:54.85	49.01	900m: 14:28.91	49.50
	150m: 2:12.96	550m: 8:43.51	48.66	950m: 15:18.66	49.75
	200m: 3:00.48	600m: 9:32.95	49.44	1000m: 16:08.45	49.79
	250m: 3:49.09	650m: 10:22.32	49.37	1050m: 16:57.98	49.53
	300m: 4:37.96	700m: 11:11.89	49.57	1100m: 17:47.27	49.29
	350m: 5:27.01	750m: 12:01.07	49.18	1150m: 18:36.90	49.63
	400m: 6:16.07	800m: 12:50.32	49.25	1200m: 19:26.63	49.73
7.	Filip Timmermans	Shark	<b>25:33.45</b>	+0.84	
	50m: 43.36	450m: 7:24.16	51.21	850m: 14:16.57	53.04
	100m: 1:31.41	500m: 8:14.88	50.72	900m: 15:09.21	52.64
	150m: 2:20.24	550m: 9:06.55	51.67	950m: 16:02.87	53.66
	200m: 3:10.29	600m: 9:56.65	50.10	1000m: 16:55.38	52.51
	250m: 4:01.18	650m: 10:47.76	51.11	1050m: 17:47.27	51.89
	300m: 4:51.18	700m: 11:39.27	51.51	1100m: 18:38.95	51.68
	350m: 5:41.43	750m: 12:30.59	51.32	1150m: 19:31.59	52.64
	400m: 6:32.95	800m: 13:23.53	52.94	1200m: 20:24.40	52.81
8.	Jeroen Ouendag	GoSwim	<b>27:10.34</b>		
	50m: 49.43	450m: 8:15.12	55.73	850m: 15:36.21	54.42
	100m: 1:43.85	500m: 9:11.04	55.92	900m: 16:30.18	53.97
	150m: 2:40.21	550m: 10:06.93	55.89	950m: 17:24.84	54.66
	200m: 3:35.70	600m: 11:02.46	55.53	1000m: 18:19.67	54.83
	250m: 4:31.33	650m: 11:57.11	54.65	1050m: 19:14.43	54.76
	300m: 5:27.12	700m: 12:52.19	55.08	1100m: 20:07.98	53.55
	350m: 6:23.62	750m: 13:47.24	55.05	1150m: 21:01.44	53.46
	400m: 7:19.39	800m: 14:41.79	54.55	1200m: 21:54.16	52.72

Masters 65+

Programmanr. 2, Heren, 1500m vrije slag, Masters 65+

rang	naam	vereniging	tijd	RT	PARA
1.	Henk Slomp	De Inktvis	<b>22:10.85</b>	+0.89	
	50m: 37.23	450m: 6:34.38	850m: 12:31.57	1250m: 18:31.41	45.66
	100m: 1:21.41	500m: 7:18.68	900m: 13:16.00	1300m: 19:16.46	45.05
	150m: 2:06.35	550m: 8:03.32	950m: 14:01.16	1350m: 20:01.60	45.14
	200m: 2:51.39	600m: 8:47.56	1000m: 14:44.83	1400m: 20:45.80	44.20
	250m: 3:35.75	650m: 9:32.11	1050m: 15:29.67	1450m: 21:30.54	44.74
	300m: 4:20.76	700m: 10:16.84	1100m: 16:15.47	1500m: 22:10.85	40.31
	350m: 5:05.88	750m: 11:02.30	1150m: 17:00.77		
	400m: 5:50.56	800m: 11:47.21	1200m: 17:45.75		
2.	Laurens Klein Breteler	WWV Winterswijk	<b>22:36.85</b>	+0.89	
	50m: 38.86	450m: 6:42.26	850m: 12:47.76	1250m: 18:52.14	45.56
	100m: 1:22.47	500m: 7:27.49	900m: 13:33.26	1300m: 19:38.31	46.17
	150m: 2:08.12	550m: 8:13.65	950m: 14:19.89	1350m: 20:24.27	45.96
	200m: 2:53.93	600m: 8:59.06	1000m: 15:04.34	1400m: 21:09.84	45.57
	250m: 3:39.89	650m: 9:44.17	1050m: 15:49.64	1450m: 21:53.91	44.07
	300m: 4:25.97	700m: 10:29.94	1100m: 16:34.87	1500m: 22:36.85	42.94
	350m: 5:11.45	750m: 11:16.31	1150m: 17:21.04		
	400m: 5:57.05	800m: 12:02.56	1200m: 18:06.58		
3.	Ruud Ruiter	WWV Winterswijk	<b>23:03.13</b>	+0.95	
	50m: 40.28	450m: 6:46.04	850m: 12:59.54	1250m: 19:14.55	46.83
	100m: 1:24.73	500m: 7:32.76	900m: 13:45.77	1300m: 20:00.80	46.25
	150m: 2:09.65	550m: 8:19.44	950m: 14:32.20	1350m: 20:47.28	46.48
	200m: 2:55.63	600m: 9:06.17	1000m: 15:19.64	1400m: 21:33.49	46.21
	250m: 3:41.47	650m: 9:52.32	1050m: 16:06.39	1450m: 22:19.68	46.19
	300m: 4:27.34	700m: 10:38.67	1100m: 16:53.67	1500m: 23:03.13	43.45
	350m: 5:13.78	750m: 11:25.75	1150m: 17:40.65		
	400m: 6:00.09	800m: 12:12.04	1200m: 18:27.72		
4.	Jos Kamps	Zwemvereniging Hoogland	<b>26:41.58</b>		
	50m: 41.95	450m: 7:41.76	850m: 14:55.44	1250m: 22:13.96	55.40
	100m: 1:29.65	500m: 8:35.05	900m: 15:50.19	1300m: 23:08.68	54.72
	150m: 2:20.51	550m: 9:29.26	950m: 16:44.84	1350m: 24:03.47	54.79
	200m: 3:13.05	600m: 10:23.86	1000m: 17:39.80	1400m: 24:57.45	53.98
	250m: 4:07.12	650m: 11:18.06	1050m: 18:34.74	1450m: 25:51.21	53.76
	300m: 4:59.72	700m: 12:12.42	1100m: 19:29.95	1500m: 26:41.58	50.37
	350m: 5:52.84	750m: 13:06.90	1150m: 20:24.46		
	400m: 6:46.82	800m: 14:00.81	1200m: 21:18.56		

Masters 70+

1.	Wout Hemmes	De Plons	<b>24:16.57</b>	+0.99	
	50m: 41.53	450m: 7:15.27	850m: 13:49.26	1250m: 20:19.25	48.69
	100m: 1:29.98	500m: 8:05.31	900m: 14:38.57	1300m: 21:06.88	47.63
	150m: 2:19.90	550m: 8:54.22	950m: 15:27.19	1350m: 21:55.63	48.75
	200m: 3:09.36	600m: 9:43.60	1000m: 16:15.91	1400m: 22:43.67	48.04
	250m: 3:58.57	650m: 10:32.86	1050m: 17:04.70	1450m: 23:31.79	48.12
	300m: 4:47.76	700m: 11:21.31	1100m: 17:53.29	1500m: 24:16.57	44.78
	350m: 5:36.57	750m: 12:11.11	1150m: 18:41.94		
	400m: 6:25.92	800m: 13:00.48	1200m: 19:30.56		
2.	Piet Schop	De Bevelanders	<b>26:51.52</b>	+0.74	
	50m: 42.91	450m: 7:38.22	850m: 14:56.85	1250m: 22:22.66	55.55
	100m: 1:32.07	500m: 8:32.05	900m: 15:52.96	1300m: 23:17.47	54.81
	150m: 2:23.10	550m: 9:26.82	950m: 16:48.25	1350m: 24:13.30	55.83
	200m: 3:13.70	600m: 10:21.77	1000m: 17:42.88	1400m: 25:08.72	55.42
	250m: 4:05.50	650m: 11:16.06	1050m: 18:39.57	1450m: 26:02.63	53.91
	300m: 4:56.99	700m: 12:11.17	1100m: 19:34.68	1500m: 26:51.52	48.89
	350m: 5:49.59	750m: 13:06.30	1150m: 20:31.85		
	400m: 6:42.80	800m: 14:01.66	1200m: 21:27.11		

Masters 75+

1.	Rob Hanou	PSV	<b>27:38.80</b>		
	50m: 45.32	450m: 8:08.29	850m: 15:33.06	1250m: 23:01.62	55.97
	100m: 1:37.53	500m: 9:03.78	900m: 16:28.74	1300m: 23:57.00	55.38
	150m: 2:33.77	550m: 9:58.67	950m: 17:25.12	1350m: 24:53.65	56.65
	200m: 3:29.91	600m: 10:53.44	1000m: 18:20.72	1400m: 25:50.07	56.42
	250m: 4:26.13	650m: 11:49.66	1050m: 19:16.50	1450m: 26:45.32	55.25
	300m: 5:22.02	700m: 12:45.64	1100m: 20:13.10	1500m: 27:38.80	53.48
	350m: 6:17.73	750m: 13:41.30	1150m: 21:09.18		
	400m: 7:13.03	800m: 14:36.96	1200m: 22:05.65		



Programmanr. 2, Heren, 1500m vrije slag, Masters 75+

rang	naam	vereniging					tijd	RT	PARA			
2.	Geza Kaltenecker	AZC	NED 194200065				<b>28:22.77</b>	<b>+0.95</b>				
	50m:	46.79	46.79	450m:	8:27.26	58.19	850m:	16:07.03	57.30	1250m:	23:46.29	56.48
	100m:	1:42.19	55.40	500m:	9:25.15	57.89	900m:	17:04.61	57.58	1300m:	24:43.66	57.37
	150m:	2:39.15	56.96	550m:	10:22.38	57.23	950m:	18:02.61	58.00	1350m:	25:40.01	56.35
	200m:	3:36.84	57.69	600m:	11:19.41	57.03	1000m:	19:00.32	57.71	1400m:	26:36.34	56.33
	250m:	4:34.70	57.86	650m:	12:16.98	57.57	1050m:	19:57.67	57.35	1450m:	27:32.23	55.89
	300m:	5:33.46	58.76	700m:	13:14.37	57.39	1100m:	20:55.38	57.71	1500m:	28:22.77	50.54
	350m:	6:31.42	57.96	750m:	14:12.12	57.75	1150m:	21:52.53	57.15			
	400m:	7:29.07	57.65	800m:	15:09.73	57.61	1200m:	22:49.81	57.28			

Masters 80+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	ESP				<b>26:12.96</b>					
	<i>Spanish Masters Record</i>											
	50m:	47.62	47.62	450m:	7:41.38	51.36	850m:	14:42.01	52.37	1250m:	21:47.96	53.99
	100m:	1:38.71	51.09	500m:	8:33.29	51.91	900m:	15:34.67	52.66	1300m:	22:41.52	53.56
	150m:	2:29.56	50.85	550m:	9:26.03	52.74	950m:	16:27.39	52.72	1350m:	23:34.96	53.44
	200m:	3:21.88	52.32	600m:	10:18.69	52.66	1000m:	17:20.08	52.69	1400m:	24:29.71	54.75
	250m:	4:14.04	52.16	650m:	11:12.19	53.50	1050m:	18:13.69	53.61	1450m:	25:22.78	53.07
	300m:	5:05.57	51.53	700m:	12:04.47	52.28	1100m:	19:06.43	52.74	1500m:	26:12.96	50.18
	350m:	5:57.90	52.33	750m:	12:57.22	52.75	1150m:	20:00.78	54.35			
	400m:	6:50.02	52.12	800m:	13:49.64	52.42	1200m:	20:53.97	53.19			

2 - ONMK 2020 kb sessie 2

24-01-2020 - 9:00

Programmanr. 3  
24-01-2020 - 9:00

Dames, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging					tijd	RT	PARA			
<b>Masters 20+</b>												
1.	Madelon Dijkstra	ZPCH	NED 199703510				<b>4:20.22</b>	<b>+0.67</b>				
	<i>Nederlands Masters Record</i>											
	50m:	29.58	29.58	150m:	1:33.67	32.30	250m:	2:39.47	33.12	350m:	3:47.08	33.78
	100m:	1:01.37	31.79	200m:	2:06.35	32.68	300m:	3:13.30	33.83	400m:	4:20.22	33.14
2.	Tamara Grove	De Dolfijn	NED 199601266				<b>4:29.13</b>	<b>+0.72</b>				
	50m:	30.27	30.27	150m:	1:37.88	34.08	250m:	2:46.35	34.10	350m:	3:55.58	34.56
	100m:	1:03.80	33.53	200m:	2:12.25	34.37	300m:	3:21.02	34.67	400m:	4:29.13	33.55
3.	Jamilla van Veen	Zwemvereniging Hoogland	NED 199603192				<b>4:35.52</b>	<b>+0.73</b>				
	50m:	29.84	29.84	150m:	1:38.36	34.74	250m:	2:48.76	35.12	350m:	4:00.30	36.02
	100m:	1:03.62	33.78	200m:	2:13.64	35.28	300m:	3:24.28	35.52	400m:	4:35.52	35.22
4.	Maike van de Velde	ZPCH	NED 200000382				<b>4:39.59</b>	<b>+0.66</b>				
	50m:	31.55	31.55	150m:	1:42.25	35.52	250m:	2:53.51	35.53	350m:	4:05.06	35.76
	100m:	1:06.73	35.18	200m:	2:17.98	35.73	300m:	3:29.30	35.79	400m:	4:39.59	34.53
5.	Michelle Zomerdijk	Dedemsvaart-AC	NED 200003196				<b>4:39.74</b>	<b>+0.71</b>				
	50m:	30.46	30.46	150m:	1:38.90	34.68	250m:	2:49.75	35.57	350m:	4:03.82	37.25
	100m:	1:04.22	33.76	200m:	2:14.18	35.28	300m:	3:26.57	36.82	400m:	4:39.74	35.92
6.	Caroline Boxman	ZPCH	NED 200004660				<b>4:40.94</b>	<b>+0.72</b>				
	50m:	31.00	31.00	150m:	1:40.99	35.55	250m:	2:53.51	36.42	350m:	4:05.80	36.23
	100m:	1:05.44	34.44	200m:	2:17.09	36.10	300m:	3:29.57	36.06	400m:	4:40.94	35.14
7.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358				<b>4:42.88</b>	<b>+0.65</b>				
	50m:	31.12	31.12	150m:	1:41.96	36.08	250m:	2:54.48	36.35	350m:	4:07.34	36.49
	100m:	1:05.88	34.76	200m:	2:18.13	36.17	300m:	3:30.85	36.37	400m:	4:42.88	35.54
8.	Bibi Stokvis	Het Y	NED 199900892				<b>4:43.16</b>	<b>+0.71</b>				
	50m:	30.37	30.37	150m:	1:40.36	35.72	250m:	2:53.31	36.22	350m:	4:07.06	36.86
	100m:	1:04.64	34.27	200m:	2:17.09	36.73	300m:	3:30.20	36.89	400m:	4:43.16	36.10
9.	Hilde Dekker	ReVeLie Swim Team	NED 199901926				<b>4:43.47</b>	<b>+0.87</b>				
	50m:	31.15	31.15	150m:	1:41.94	35.92	250m:	2:56.03	37.04	350m:	4:08.67	35.90
	100m:	1:06.02	34.87	200m:	2:18.99	37.05	300m:	3:32.77	36.74	400m:	4:43.47	34.80

Programmanr. 3, Dames, 400m vrije slag, Masters 20+

rang	naam	vereniging	tijd	RT	PARA
10.	Marijke Drent	De Zwemlinie (SG)	<b>4:45.91</b>	+0.66	
	50m: 32.57	150m: 1:43.73	250m: 2:56.24	350m: 4:09.90	36.95
	100m: 1:07.69	200m: 2:19.84	300m: 3:32.95	400m: 4:45.91	36.01
11.	Emma Schell	De Dolfijn	<b>4:50.57</b>	+0.72	
	50m: 32.92	150m: 1:45.16	250m: 3:00.16	350m: 4:15.19	37.35
	100m: 1:08.51	200m: 2:22.56	300m: 3:37.84	400m: 4:50.57	35.38
12.	Marije Dankelman	Dedemsvaart-AC	<b>4:57.68</b>	+0.78	
	50m: 32.67	150m: 1:46.40	250m: 3:03.14	350m: 4:20.16	38.31
	100m: 1:08.65	200m: 2:24.55	300m: 3:41.85	400m: 4:57.68	37.52
13.	Lenneke Bagijn	De Duck	<b>5:07.89</b>	+0.70	
	50m: 33.22	150m: 1:46.94	250m: 3:07.01	350m: 4:28.52	40.35
	100m: 1:09.15	200m: 2:26.85	300m: 3:48.17	400m: 5:07.89	39.37
14.	Ageeth de Haan	Steenwijk 1934	<b>5:17.34</b>	+0.77	
	50m: 34.19	150m: 1:53.41	250m: 3:17.57	350m: 4:38.89	40.74
	100m: 1:12.68	200m: 2:35.50	300m: 3:58.15	400m: 5:17.34	38.45
15.	Renske Beek	AZ&PC De Futen	<b>5:21.42</b>	+0.89	
	50m: 34.85	150m: 1:55.10	250m: 3:18.82	350m: 4:43.58	42.27
	100m: 1:14.04	200m: 2:36.62	300m: 4:01.31	400m: 5:21.42	37.84
16.	Nadine Scheeve	De Biesboschzwemmers	<b>5:46.37</b>	+0.80	
	50m: 36.27	150m: 2:02.51	250m: 3:32.94	350m: 5:04.12	45.45
	100m: 1:18.49	200m: 2:47.68	300m: 4:18.67	400m: 5:46.37	42.25

Masters 25+

1.	Maaïke Vooren	DAW	<b>4:35.21</b>	+0.81	
	50m: 30.95	150m: 1:39.66	250m: 2:50.13	350m: 4:00.63	35.33
	100m: 1:05.02	200m: 2:14.87	300m: 3:25.30	400m: 4:35.21	34.58
2.	Melissa van der Geld	TRB-RES	<b>4:39.47</b>	+0.74	
	50m: 31.12	150m: 1:40.15	250m: 2:50.79	350m: 4:03.84	36.82
	100m: 1:05.38	200m: 2:15.66	300m: 3:27.02	400m: 4:39.47	35.63
3.	Fiona Meuffels	RZ	<b>4:49.63</b>	+0.71	
	50m: 33.01	150m: 1:46.51	250m: 3:00.53	350m: 4:14.32	37.31
	100m: 1:09.42	200m: 2:23.86	300m: 3:37.01	400m: 4:49.63	35.31
4.	Fraukje Puts	HZ&PC Heerenveen	<b>4:50.91</b>	+0.80	
	50m: 32.82	150m: 1:45.24	250m: 3:00.20	350m: 4:14.97	36.98
	100m: 1:08.41	200m: 2:22.67	300m: 3:37.99	400m: 4:50.91	35.94
5.	Lotte Coenen	The Hague Swimming (SG)	<b>4:52.45</b>	+0.87	
	50m: 32.49	150m: 1:45.75	250m: 3:00.68	350m: 4:16.66	38.05
	100m: 1:08.81	200m: 2:23.16	300m: 3:38.61	400m: 4:52.45	35.79
6.	Janine de Groot	De Zwemlinie (SG)	<b>4:56.16</b>	+0.81	
	50m: 32.52	150m: 1:46.43	250m: 3:02.37	350m: 4:18.91	38.47
	100m: 1:08.78	200m: 2:24.19	300m: 3:40.44	400m: 4:56.16	37.25
7.	Deborah Wissink	ZPC De Hof	<b>4:59.16</b>	+0.77	
	50m: 33.73	150m: 1:49.19	250m: 3:05.58	350m: 4:21.80	38.06
	100m: 1:11.04	200m: 2:27.44	300m: 3:43.74	400m: 4:59.16	37.36
8.	Nanda de Vries	Steenwijk 1934	<b>4:59.57</b>	+0.79	
	50m: 32.52	150m: 1:47.67	250m: 3:04.24	350m: 4:21.74	39.05
	100m: 1:09.91	200m: 2:26.02	300m: 3:42.69	400m: 4:59.57	37.83
9.	Danielle Vermeulen	Zwemlust- den Hommel	<b>5:00.34</b>	+0.72	
	50m: 33.47	150m: 1:49.19	250m: 3:06.11	350m: 4:23.13	38.47
	100m: 1:10.95	200m: 2:27.89	300m: 3:44.66	400m: 5:00.34	37.21
10.	Pascalie Rovers	De Dolfijn	<b>5:01.16</b>	+0.73	
	50m: 31.94	150m: 1:46.51	250m: 3:04.67	350m: 4:23.47	39.30
	100m: 1:08.48	200m: 2:25.66	300m: 3:44.17	400m: 5:01.16	37.69
11.	Wendy de Bruin	ZOB'66	<b>5:03.65</b>	+0.51	
	50m: 32.58	150m: 1:48.18	250m: 3:06.28	350m: 4:25.21	39.39
	100m: 1:09.46	200m: 2:27.08	300m: 3:45.82	400m: 5:03.65	38.44
12.	Désirée Emmen	De Warande	<b>5:04.94</b>	+0.66	
	50m: 32.23	150m: 1:46.41	250m: 3:04.98	350m: 4:25.75	40.15
	100m: 1:08.53	200m: 2:25.28	300m: 3:45.60	400m: 5:04.94	39.19
13.	Suzanne Mosch	MSV-Zeemacht	<b>5:12.13</b>	+0.80	
	50m: 34.55	150m: 1:51.63	250m: 3:10.66	350m: 4:31.31	40.49
	100m: 1:12.70	200m: 2:31.36	300m: 3:50.82	400m: 5:12.13	40.82

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 3, Dames, 400m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA
14.	Sanne de Roo	ZZ&PC De Devel	<b>5:21.58</b>	+0.84	
	50m: 35.78	35.78 150m: 1:54.55	40.17 250m: 3:16.27	41.10 350m: 4:39.97	41.87
	100m: 1:14.38	38.60 200m: 2:35.17	40.62 300m: 3:58.10	41.83 400m: 5:21.58	41.61
15.	Laura Scheffer	GoSwim	<b>5:22.72 *</b>	+0.76	
	50m: 34.74	34.74 150m: 1:53.92	40.08 250m: 3:17.43	42.14 350m: 4:41.37	41.88
	100m: 1:13.84	39.10 200m: 2:35.29	41.37 300m: 3:59.49	42.06 400m: 5:22.72	41.35
16.	Naomi Stacia	SwimGym	<b>5:28.15</b>	+0.68	
	50m: 36.18	36.18 150m: 1:57.37	41.18 250m: 3:22.13	42.72 350m: 4:47.76	42.69
	100m: 1:16.19	40.01 200m: 2:39.41	42.04 300m: 4:05.07	42.94 400m: 5:28.15	40.39
17.	Ilse Blankvoort	Steenwijk 1934	<b>5:28.21</b>	+0.75	
	50m: 36.85	36.85 150m: 1:58.95	41.35 250m: 3:23.09	42.14 350m: 4:47.37	41.93
	100m: 1:17.60	40.75 200m: 2:40.95	42.00 300m: 4:05.44	42.35 400m: 5:28.21	40.84
18.	Lieke Van Dam	SwimGym	<b>5:42.75</b>		
	50m: 37.37	37.37 150m: 2:02.07	42.55 250m: 3:28.71	42.58 350m: 4:58.37	44.92
	100m: 1:19.52	42.15 200m: 2:46.13	44.06 300m: 4:13.45	44.74 400m: 5:42.75	44.38
19.	Elly Scheepers	Budel	<b>5:45.50</b>	+0.89	
	50m: 39.27	39.27 150m: 2:08.76	44.98 250m: 3:38.74	44.91 350m: 5:05.42	42.73
	100m: 1:23.78	44.51 200m: 2:53.83	45.07 300m: 4:22.69	43.95 400m: 5:45.50	40.08
20.	Claudia Creemers	RZ	<b>6:32.34</b>	+0.77	
	50m: 41.55	41.55 150m: 2:16.83	48.91 250m: 3:58.78	51.92 350m: 5:43.07	51.56
	100m: 1:27.92	46.37 200m: 3:06.86	50.03 300m: 4:51.51	52.73 400m: 6:32.34	49.27

Masters 30+

1.	Marlijn Hendriksen	DIO	<b>4:52.29</b>	+0.72	
	50m: 34.03	34.03 150m: 1:47.81	37.26 250m: 3:02.60	37.38 350m: 4:17.01	37.11
	100m: 1:10.55	36.52 200m: 2:25.22	37.41 300m: 3:39.90	37.30 400m: 4:52.29	35.28
2.	Jenny Schouten	Zwemsport Parkstad (SG)	<b>4:52.33</b>	+0.81	
	50m: 31.44	31.44 150m: 1:43.22	36.93 250m: 2:58.57	37.77 350m: 4:16.01	38.53
	100m: 1:06.29	34.85 200m: 2:20.80	37.58 300m: 3:37.48	38.91 400m: 4:52.33	36.32
3.	Saskia de Klerk	GoSwim	<b>5:08.76</b>	+0.82	
	50m: 31.53	31.53 150m: 1:44.83	38.12 250m: 3:05.72	40.40 350m: 4:28.72	41.16
	100m: 1:06.71	35.18 200m: 2:25.32	40.49 300m: 3:47.56	41.84 400m: 5:08.76	40.04
4.	Clara Van Roeyen	GBZ	<b>5:09.81</b>	+0.88	
	50m: 33.81	33.81 150m: 1:50.36	38.97 250m: 3:10.18	40.05 350m: 4:30.83	40.38
	100m: 1:11.39	37.58 200m: 2:30.13	39.77 300m: 3:50.45	40.27 400m: 5:09.81	38.98
5.	Mandy Verbakel	ZPC Woerden	<b>5:12.13</b>	+0.67	
	50m: 33.02	33.02 150m: 1:50.76	39.52 250m: 3:11.23	40.48 350m: 4:32.60	40.87
	100m: 1:11.24	38.22 200m: 2:30.75	39.99 300m: 3:51.73	40.50 400m: 5:12.13	39.53
6.	Suzan Blankestijn	ZVL-1886 Tetteroo	<b>5:20.14</b>	+0.67	
	50m: 33.35	33.35 150m: 1:53.22	40.85 250m: 3:15.91	41.60 350m: 4:39.10	41.60
	100m: 1:12.37	39.02 200m: 2:34.31	41.09 300m: 3:57.50	41.59 400m: 5:20.14	41.04
7.	Nanda van Heteren	De Geul	<b>5:22.58</b>	+0.74	
	50m: 35.54	35.54 150m: 1:55.80	40.86 250m: 3:18.14	41.27 350m: 4:41.46	41.65
	100m: 1:14.94	39.40 200m: 2:36.87	41.07 300m: 3:59.81	41.67 400m: 5:22.58	41.12
8.	Esther Boerdam-Delfos	AZC	<b>5:34.91</b>	+0.69	
	50m: 37.08	37.08 150m: 2:00.62	42.12 250m: 3:26.82	43.04 350m: 4:53.34	43.07
	100m: 1:18.50	41.42 200m: 2:43.78	43.16 300m: 4:10.27	43.45 400m: 5:34.91	41.57
9.	Joëlle Vaes	DIO	<b>5:48.70</b>	+0.58	
	50m: 38.33	38.33 150m: 2:06.05	44.84 250m: 3:35.96	44.78 350m: 5:06.04	44.93
	100m: 1:21.21	42.88 200m: 2:51.18	45.13 300m: 4:21.11	45.15 400m: 5:48.70	42.66
10.	Dorien Vasseur	Scheldestroom	<b>6:16.39</b>	+0.76	
	50m: 40.50	40.50 150m: 2:14.27	48.11 250m: 3:51.66	48.78 350m: 5:29.46	48.39
	100m: 1:26.16	45.66 200m: 3:02.88	48.61 300m: 4:41.07	49.41 400m: 6:16.39	46.93
AFGEM	Tessa Verheijdt	WVZ			
			NED	198904290	

Programmanr. 3, Dames, 400m vrije slag

Masters 35+

1.	Viktória Háden-Felföldi <i>Kampioenschaps Record, Hungarian Masters Record</i>	Megathlon SE	HUN		<b>4:39.44</b>	+0.74
	50m: 31.63 31.63	150m: 1:40.57 34.85	250m: 2:51.78 35.83	350m: 4:03.92 36.28		
	100m: 1:05.72 34.09	200m: 2:15.95 35.38	300m: 3:27.64 35.86	400m: 4:39.44 35.52		
2.	Stephanie Vaernewyck	MEGA-zwemteam	BEL	20352/83	<b>4:44.22</b>	+0.75
	50m: 32.62 32.62	150m: 1:43.80 35.77	250m: 2:55.97 36.18	350m: 4:08.77 36.37		
	100m: 1:08.03 35.41	200m: 2:19.79 35.99	300m: 3:32.40 36.43	400m: 4:44.22 35.45		
3.	Ramona Linting	LinK	NED	198301274	<b>5:05.63</b>	+0.70
	50m: 33.92 33.92	150m: 1:50.53 38.80	250m: 3:08.26 38.50	350m: 4:26.93 39.37		
	100m: 1:11.73 37.81	200m: 2:29.76 39.23	300m: 3:47.56 39.30	400m: 5:05.63 38.70		
4.	Audrey Runge	Natation Vesoul Noidans	FRA	689748	<b>5:24.86</b>	+0.81
	50m: 35.34 35.34	150m: 1:55.67 40.85	250m: 3:19.13 41.70	350m: 4:43.62 42.22		
	100m: 1:14.82 39.48	200m: 2:37.43 41.76	300m: 4:01.40 42.27	400m: 5:24.86 41.24		
5.	Isaline Manchel	CNSW	BEL	001284/85	<b>5:39.75</b>	+0.95
	50m: 38.91 38.91	150m: 2:04.99 43.34	250m: 3:31.06 42.82	350m: 4:57.53 43.28		
	100m: 1:21.65 42.74	200m: 2:48.24 43.25	300m: 4:14.25 43.19	400m: 5:39.75 42.22		
6.	Femke Smits	Rotterdam Swimming (SG)	NED	198403574	<b>6:41.82</b>	+0.86
	50m: 44.12 44.12	150m: 2:25.46 52.10	250m: 4:08.29 52.17	350m: 5:51.28 51.81		
	100m: 1:33.36 49.24	200m: 3:16.12 50.66	300m: 4:59.47 51.18	400m: 6:41.82 50.54		

Masters 40+

1.	Melanie Kuiper	ZIGNEA	NED	197600350	<b>5:07.72</b>	+0.83
	50m: 33.86 33.86	150m: 1:49.72 38.53	250m: 3:08.17 39.51	350m: 4:28.12 39.91		
	100m: 1:11.19 37.33	200m: 2:28.66 38.94	300m: 3:48.21 40.04	400m: 5:07.72 39.60		
2.	Petra Guijt	Aqua-Novio '94	NED	197600978	<b>5:18.02</b>	
	50m: 36.45 36.45	150m: 1:55.15 39.70	250m: 3:16.41 40.93	350m: 4:38.80 40.88		
	100m: 1:15.45 39.00	200m: 2:35.48 40.33	300m: 3:57.92 41.51	400m: 5:18.02 39.22		
3.	Chantal Verhoeff	Old Dutch	NED	197900912	<b>5:22.59</b>	+0.91
	50m: 36.45 36.45	150m: 1:58.17 41.47	250m: 3:20.24 40.66	350m: 4:42.13 40.86		
	100m: 1:16.70 40.25	200m: 2:39.58 41.41	300m: 4:01.27 41.03	400m: 5:22.59 40.46		
4.	Jannie Vennik	HZ&PC Heerenvveen	NED	197601006	<b>5:32.36</b>	+0.86
	50m: 37.39 37.39	150m: 2:01.34 42.47	250m: 3:26.04 42.56	350m: 4:50.99 42.19		
	100m: 1:18.87 41.48	200m: 2:43.48 42.14	300m: 4:08.80 42.76	400m: 5:32.36 41.37		
5.	Eveline Hacquebord	IJZPC	NED	197901206	<b>6:00.12</b>	+0.93
	50m: 38.04 38.04	150m: 2:04.97 44.60	250m: 3:38.28 47.11	350m: 5:13.82 47.84		
	100m: 1:20.37 42.33	200m: 2:51.17 46.20	300m: 4:25.98 47.70	400m: 6:00.12 46.30		
6.	Clementine van Bruxvoort	ZPB H&L Productions	NED	197700138	<b>6:25.30</b>	+0.85
	50m: 42.36 42.36	150m: 2:17.97 48.54	250m: 3:57.06 49.45	350m: 5:36.64 49.72		
	100m: 1:29.43 47.07	200m: 3:07.61 49.64	300m: 4:46.92 49.86	400m: 6:25.30 48.66		

Masters 45+

1.	Kirsten Cameron <i>Kampioenschaps Record, Australian Masters Record</i>	Malvern Marlins Masters SC	AUS	786509	<b>4:29.67</b>	
	50m: 31.32 31.32	150m: 1:38.21 33.90	250m: 2:46.50 34.40	350m: 3:55.71 34.48		
	100m: 1:04.31 32.99	200m: 2:12.10 33.89	300m: 3:21.23 34.73	400m: 4:29.67 33.96		
2.	Liselotte Joling <i>Nederlands Masters Record</i>	PSV	NED	197500268	<b>4:48.23</b>	+0.87
	50m: 32.93 32.93	150m: 1:46.20 36.84	250m: 2:59.26 35.76	350m: 4:12.84 36.36		
	100m: 1:09.36 36.43	200m: 2:23.50 37.30	300m: 3:36.48 37.22	400m: 4:48.23 35.39		
3.	Dianna Eva Szokol	Nyirsenior 97	HUN		<b>4:58.02</b>	+0.90
	50m: 34.56 34.56	150m: 1:49.23 37.71	250m: 3:05.12 37.81	350m: 4:20.95 37.93		
	100m: 1:11.52 36.96	200m: 2:27.31 38.08	300m: 3:43.02 37.90	400m: 4:58.02 37.07		
4.	Karin Stein	ZVVS	NED	197100554	<b>5:03.29</b>	+0.78
	50m: 35.23 35.23	150m: 1:50.98 38.26	250m: 3:07.86 38.34	350m: 4:25.27 38.81		
	100m: 1:12.72 37.49	200m: 2:29.52 38.54	300m: 3:46.46 38.60	400m: 5:03.29 38.02		
5.	Annette de Visser	Oceanus	NED	197100602	<b>5:10.11</b>	+0.87
	50m: 34.20 34.20	150m: 1:52.13 39.80	250m: 3:11.33 39.40	350m: 4:30.88 39.73		
	100m: 1:12.33 38.13	200m: 2:31.93 39.80	300m: 3:51.15 39.82	400m: 5:10.11 39.23		

Programmanr. 3, Dames, 400m vrije slag, Masters 45+

rang	naam	vereniging					tijd	RT	PARA
6.	Kathy Van Lindt	CNSW	BEL	007949/71			<b>5:11.00</b>	+0.87	
	50m: 35.68 35.68	150m: 1:54.07 39.59	250m: 3:13.85 39.95	350m: 4:32.89 39.49					
	100m: 1:14.48 38.80	200m: 2:33.90 39.83	300m: 3:53.40 39.55	400m: 5:11.00 38.11					
7.	Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	NED	197400446			<b>5:38.80</b>	+0.90	
	50m: 34.86 34.86	150m: 1:58.35 42.86	250m: 3:26.81 44.73	350m: 4:56.12 44.69					
	100m: 1:15.49 40.63	200m: 2:42.08 43.73	300m: 4:11.43 44.62	400m: 5:38.80 42.68					
8.	Wendy Hendriks-Verhagen	TRB-RES	NED	197101038			<b>6:00.17</b>	+0.62	
	50m: 38.82 38.82	150m: 2:06.55 44.89	250m: 3:40.41 46.84	350m: 5:15.82 47.45					
	100m: 1:21.66 42.84	200m: 2:53.57 47.02	300m: 4:28.37 47.96	400m: 6:00.17 44.35					
9.	Annet Kootstra	SWOL 1894	NED	197100344			<b>6:06.54</b>	+1.00	
	50m: 42.16 42.16	150m: 2:14.44 46.62	250m: 3:48.50 47.23	350m: 5:22.43 46.63					
	100m: 1:27.82 45.66	200m: 3:01.27 46.83	300m: 4:35.80 47.30	400m: 6:06.54 44.11					
10.	Natacha Van Hoof	Shark	BEL	20260/73			<b>6:12.53</b>	+1.01	
	50m: 41.11 41.11	150m: 2:13.70 46.91	250m: 3:48.42 47.13	350m: 5:25.34 48.56					
	100m: 1:26.79 45.68	200m: 3:01.29 47.59	300m: 4:36.78 48.36	400m: 6:12.53 47.19					
11.	Inge Soeters	Steenwijk 1934	NED	197300934			<b>6:17.84</b>	+0.90	
	50m: 41.44 41.44	150m: 2:14.84 47.74	250m: 3:52.38 49.01	350m: 5:30.63 49.23					
	100m: 1:27.10 45.66	200m: 3:03.37 48.53	300m: 4:41.40 49.02	400m: 6:17.84 47.21					
12.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992			<b>6:24.13</b>	+0.69	
	50m: 41.82 41.82	150m: 2:17.15 48.38	250m: 3:55.12 49.16	350m: 5:35.25 49.97					
	100m: 1:28.77 46.95	200m: 3:05.96 48.81	300m: 4:45.28 50.16	400m: 6:24.13 48.88					
13.	Fabienne Verriet-Regensburg	VZV Njord	NED	197500428			<b>7:10.98</b>		
	50m: 46.14 46.14	150m: 2:31.78 53.73	250m: 4:23.70 56.15	350m: 6:16.24 56.44					
	100m: 1:38.05 51.91	200m: 3:27.55 55.77	300m: 5:19.80 56.10	400m: 7:10.98 54.74					

Masters 50+

1.	Bianca Groot <i>Nederlands Masters Record</i>	MSV-Zeemacht	NED	197000652			<b>4:58.86</b>	+0.85	
	50m: 34.20 34.20	150m: 1:48.13 37.17	250m: 3:03.90 37.92	350m: 4:20.83 38.72					
	100m: 1:10.96 36.76	200m: 2:25.98 37.85	300m: 3:42.11 38.21	400m: 4:58.86 38.03					
2.	Heidi den Boer	LinK	NED	196900864			<b>5:10.74</b>	+0.78	
	50m: 33.06 33.06	150m: 1:47.54 37.93	250m: 3:06.06 39.95	350m: 4:29.07 41.65					
	100m: 1:09.61 36.55	200m: 2:26.11 38.57	300m: 3:47.42 41.36	400m: 5:10.74 41.67					
3.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054			<b>5:11.71</b>	+0.74	
	50m: 34.82 34.82	150m: 1:52.21 39.51	250m: 3:12.65 40.24	350m: 4:33.28 40.35					
	100m: 1:12.70 37.88	200m: 2:32.41 40.20	300m: 3:52.93 40.28	400m: 5:11.71 38.43					
4.	Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922			<b>5:52.99</b>	+0.67	
	50m: 38.70 38.70	150m: 2:07.26 45.08	250m: 3:37.78 45.10	350m: 5:08.75 45.91					
	100m: 1:22.18 43.48	200m: 2:52.68 45.42	300m: 4:22.84 45.06	400m: 5:52.99 44.24					
5.	Nicky Slinger	HPC	NED	196600316			<b>6:05.65</b>	+0.89	
	50m: 40.01 40.01	150m: 2:10.63 46.20	250m: 3:44.85 47.07	350m: 5:19.04 46.91					
	100m: 1:24.43 44.42	200m: 2:57.78 47.15	300m: 4:32.13 47.28	400m: 6:05.65 46.61					
6.	Sandra Daamen-Posma	AZC	NED	196800854			<b>6:18.61</b>	+1.08	
	50m: 41.67 41.67	150m: 2:16.88 48.04	250m: 3:53.47 48.21	350m: 5:32.31 48.62					
	100m: 1:28.84 47.17	200m: 3:05.26 48.38	300m: 4:43.69 50.22	400m: 6:18.61 46.30					
7.	Kristien Van de Moortel	Shark	BEL	20315/69			<b>6:19.25</b>	+0.89	
	50m: 41.72 41.72	150m: 2:16.00 47.63	250m: 3:53.56 48.93	350m: 5:32.56 49.77					
	100m: 1:28.37 46.65	200m: 3:04.63 48.63	300m: 4:42.79 49.23	400m: 6:19.25 46.69					
8.	Hetty Smalheer	SCOM	NED	196700352			<b>6:32.49</b>	+1.02	
	50m: 42.34 42.34	150m: 2:20.36 50.17	250m: 4:01.63 50.88	350m: 5:44.10 50.78					
	100m: 1:30.19 47.85	200m: 3:10.75 50.39	300m: 4:53.32 51.69	400m: 6:32.49 48.39					
9.	Linda Goderie	Rotterdam Swimming (SG)	NED	196900976			<b>6:34.74</b>	+0.66	
	50m: 44.39 44.39	150m: 2:23.07 49.68	250m: 4:05.45 51.02	350m: 5:46.86 50.93					
	100m: 1:33.39 49.00	200m: 3:14.43 51.36	300m: 4:55.93 50.48	400m: 6:34.74 47.88					
10.	Machteld Stilting	ZPC AMERSFOORT	NED	196600716			<b>6:35.96</b>	+0.75	
	50m: 41.38 41.38	150m: 2:16.42 48.71	250m: 3:58.27 50.43	350m: 5:43.99 52.89					
	100m: 1:27.71 46.33	200m: 3:07.84 51.42	300m: 4:51.10 52.83	400m: 6:35.96 51.97					
11.	Cancia Leirissa	Albion WSS (SG)	NED	196700748			<b>6:41.20</b>		
	50m: 43.91 43.91	150m: 2:23.83 51.06	250m: 4:05.50 50.96	350m: 5:51.82 55.53					
	100m: 1:32.77 48.86	200m: 3:14.54 50.71	300m: 4:56.29 50.79	400m: 6:41.20 49.38					



Programmanr. 3, Dames, 400m vrije slag, Masters 50+

rang	naam	vereniging						tijd	RT	PARA
NG	Herma Hakker-Huijser	ZVVS	NED	196600740						

Masters 55+

1.	Marjan Remmits	ZPC Woerden	NED	196300518				<b>5:24.83</b>	+0.80
	50m: 36.33	36.33	150m: 1:57.28	40.87	250m: 3:21.01	41.96	350m: 4:44.71	41.58	
	100m: 1:16.41	40.08	200m: 2:39.05	41.77	300m: 4:03.13	42.12	400m: 5:24.83	40.12	
2.	Wilna Heijman	Steenwijk 1934	NED	196400506				<b>5:28.00</b>	+0.88
	50m: 37.94	37.94	150m: 2:00.21	41.70	250m: 3:25.01	42.77	350m: 4:48.28	41.16	
	100m: 1:18.51	40.57	200m: 2:42.24	42.03	300m: 4:07.12	42.11	400m: 5:28.00	39.72	
3.	Hannah Ueckermann	Witham Dolphins Swimming Club GBR	50524					<b>5:41.57</b>	+0.78
	50m: 39.05	39.05	150m: 2:04.46	43.18	250m: 3:30.35	42.99	350m: 4:58.88	44.02	
	100m: 1:21.28	42.23	200m: 2:47.36	42.90	300m: 4:14.86	44.51	400m: 5:41.57	42.69	
4.	Petra Tossings	DAW	NED	196100376				<b>5:46.40</b>	+0.81
	50m: 38.65	38.65	150m: 2:06.33	44.22	250m: 3:34.67	44.23	350m: 5:04.02	44.79	
	100m: 1:22.11	43.46	200m: 2:50.44	44.11	300m: 4:19.23	44.56	400m: 5:46.40	42.38	
5.	Ellen Parma	Triton	NED	196200366				<b>6:26.46</b>	+0.92
	50m: 41.02	41.02	150m: 2:18.61	49.92	250m: 3:59.59	50.26	350m: 5:40.31	50.25	
	100m: 1:28.69	47.67	200m: 3:09.33	50.72	300m: 4:50.06	50.47	400m: 6:26.46	46.15	
6.	Erica Muller	De Geul	NED	196400412				<b>6:36.28</b>	+0.57
	50m: 44.01	44.01	150m: 2:21.65	49.77	250m: 4:03.12	51.34	350m: 5:46.11	51.37	
	100m: 1:31.88	47.87	200m: 3:11.78	50.13	300m: 4:54.74	51.62	400m: 6:36.28	50.17	
7.	Alice de Haan	WIDEX GZC DONK	NED	196400590				<b>6:51.61</b>	+0.89
	50m: 44.51	44.51	150m: 2:24.95	51.41	250m: 4:09.84	52.96	350m: 5:58.18	54.22	
	100m: 1:33.54	49.03	200m: 3:16.88	51.93	300m: 5:03.96	54.12	400m: 6:51.61	53.43	
8.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420				<b>7:24.99</b>	+0.76
	50m: 45.99	45.99	150m: 2:35.78	56.65	250m: 4:31.11	57.31	350m: 6:28.59	57.53	
	100m: 1:39.13	53.14	200m: 3:33.80	58.02	300m: 5:31.06	59.95	400m: 7:24.99	56.40	

Masters 60+

1.	Linda Wibbelink	Steenwijk 1934	NED	195900158				<b>6:02.73</b>	
	50m: 38.70	38.70	150m: 2:06.38	44.74	250m: 3:39.35	46.56	350m: 5:15.60	48.55	
	100m: 1:21.64	42.94	200m: 2:52.79	46.41	300m: 4:27.05	47.70	400m: 6:02.73	47.13	
2.	Marjan Spoelstra	SWOL 1894	NED	196000236				<b>6:35.21</b>	+0.99
	50m: 44.81	44.81	150m: 2:22.93	49.62	250m: 4:04.62	50.95	350m: 5:46.08	50.61	
	100m: 1:33.31	48.50	200m: 3:13.67	50.74	300m: 4:55.47	50.85	400m: 6:35.21	49.13	
3.	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330				<b>6:46.68</b>	+0.97
	50m: 45.30	45.30	150m: 2:28.26	52.10	250m: 4:12.17	51.97	350m: 5:56.01	52.39	
	100m: 1:36.16	50.86	200m: 3:20.20	51.94	300m: 5:03.62	51.45	400m: 6:46.68	50.67	
4.	Karien Musters	Old Dutch	NED	195800236				<b>8:11.02</b>	+0.65
	50m: 50.96	50.96	150m: 2:47.32	59.94	250m: 4:54.87	1:04.64	350m: 7:06.53	1:05.63	
	100m: 1:47.38	56.42	200m: 3:50.23	1:02.91	300m: 6:00.90	1:06.03	400m: 8:11.02	1:04.49	

Masters 65+

1.	Ineke Weekers	PSV	NED	195300050				<b>5:35.77</b>	+0.82	
	<i>Nederlands Masters Record</i>									
	50m: 40.23	40.23	150m: 2:04.91	42.56	250m: 3:30.51	42.80	350m: 4:55.46	42.23		
	100m: 1:22.35	42.12	200m: 2:47.71	42.80	300m: 4:13.23	42.72	400m: 5:35.77	40.31		
2.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034				<b>7:38.71</b> *	+0.66	
	50m: 50.01	50.01	150m: 2:47.54	59.89	250m: 4:47.60	1:00.17	350m: 6:45.04	58.03		
	100m: 1:47.65	57.64	200m: 3:47.43	59.89	300m: 5:47.01	59.41	400m: 7:38.71	53.67		

Masters 70+

1.	Conny Boer-Buys	ZVVS	NED	195000006				<b>6:00.79</b>	+0.92	
	<i>Nederlands Masters Record, NMR 200m</i>									
	50m: 39.71	39.71	150m: 2:10.43	46.45	250m: 3:43.04	45.90	350m: 5:16.25	46.78		
	100m: 1:23.98	44.27	200m: 2:57.14	46.71	300m: 4:29.47	46.43	400m: 6:00.79	44.54		

Programmanr. 3, Dames, 400m vrije slag

Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	<b>8:58.31</b>	+1.03
50m: 57.40	57.40	150m: 3:13.10	1:08.93	250m: 5:32.49	1:10.06
100m: 2:04.17	1:06.77	200m: 4:22.43	1:09.33	300m: 6:42.01	1:09.52
				350m: 7:51.93	1:09.92
				400m: 8:58.31	1:06.38

Programmanr. 4  
24-01-2020 - 10:04

Heren, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging				tijd	RT	PARA
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Masters 20+

1. Jorian Tanis <i>Kampioenschaps Record</i>	MNC Dordrecht	NED	199900327	<b>4:07.47</b>	+0.69
50m: 27.65	27.65	150m: 1:30.12	31.91	250m: 2:33.89	31.84
100m: 58.21	30.56	200m: 2:02.05	31.93	300m: 3:06.10	32.21
				350m: 3:37.56	31.46
				400m: 4:07.47	29.91
2. Jacob Mackloet	De Schotelijl	NED	200001171	<b>4:20.26</b>	+0.70
50m: 28.70	28.70	150m: 1:33.95	33.15	250m: 2:41.53	33.74
100m: 1:00.80	32.10	200m: 2:07.79	33.84	300m: 3:15.36	33.83
				350m: 3:48.38	33.02
				400m: 4:20.26	31.88
3. Martijn Kornet	Zwemlust- den Hommel	NED	199700231	<b>4:25.14</b>	+0.76
50m: 29.05	29.05	150m: 1:34.43	33.01	250m: 2:42.07	33.82
100m: 1:01.42	32.37	200m: 2:08.25	33.82	300m: 3:16.46	34.39
				350m: 3:51.22	34.76
				400m: 4:25.14	33.92
4. Jordy van Oel	WVZ	NED	199802003	<b>4:33.95</b>	+0.78
50m: 29.95	29.95	150m: 1:38.92	34.69	250m: 2:48.61	35.11
100m: 1:04.23	34.28	200m: 2:13.50	34.58	300m: 3:24.15	35.54
				350m: 4:00.11	35.96
				400m: 4:33.95	33.84
5. Richard van der Horst	De Meer	NED	199700179	<b>4:41.59</b>	+0.69
50m: 31.65	31.65	150m: 1:41.94	35.60	250m: 2:53.76	35.80
100m: 1:06.34	34.69	200m: 2:17.96	36.02	300m: 3:29.97	36.21
				350m: 4:05.96	35.99
				400m: 4:41.59	35.63

Masters 25+

1. Jeffrey Camphens	DWT	NED	199503113	<b>4:18.61</b>	+0.55
50m: 29.49	29.49	150m: 1:34.78	32.98	250m: 2:40.72	33.00
100m: 1:01.80	32.31	200m: 2:07.72	32.94	300m: 3:13.66	32.94
				350m: 3:46.74	33.08
				400m: 4:18.61	31.87
2. Emiel van Beusekom	ZPV Barracuda	NED	199403951	<b>4:24.55</b>	+0.74
50m: 29.03	29.03	150m: 1:35.18	33.52	250m: 2:44.04	34.57
100m: 1:01.66	32.63	200m: 2:09.47	34.29	300m: 3:18.31	34.27
				350m: 3:52.36	34.05
				400m: 4:24.55	32.19
3. Pieter Pijnburg	De Biesboschzwemmers	NED	199305227	<b>4:33.49</b>	+0.72
50m: 30.51	30.51	150m: 1:38.57	34.23	250m: 2:48.29	35.00
100m: 1:04.34	33.83	200m: 2:13.29	34.72	300m: 3:23.85	35.56
				350m: 3:59.38	35.53
				400m: 4:33.49	34.11
4. Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>4:41.09</b>	+0.72
50m: 31.75	31.75	150m: 1:41.94	35.48	250m: 2:53.63	36.00
100m: 1:06.46	34.71	200m: 2:17.63	35.69	300m: 3:29.83	36.20
				350m: 4:06.22	36.39
				400m: 4:41.09	34.87
5. Bart Kiesewetter	TRB-RES	NED	199101203	<b>4:43.59</b>	+0.72
50m: 31.18	31.18	150m: 1:42.26	36.22	250m: 2:55.99	36.76
100m: 1:06.04	34.86	200m: 2:19.23	36.97	300m: 3:33.08	37.09
				350m: 4:09.17	36.09
				400m: 4:43.59	34.42
6. Maik Steenkamp	Montferland	NED	199103847	<b>4:47.55</b>	+0.78
50m: 31.66	31.66	150m: 1:43.24	35.99	250m: 2:56.48	36.63
100m: 1:07.25	35.59	200m: 2:19.85	36.61	300m: 3:33.26	36.78
				350m: 4:10.76	37.50
				400m: 4:47.55	36.79
7. Ruben de Boer	De Duinkickers	NED	199301419	<b>4:52.40</b>	+0.53
50m: 32.74	32.74	150m: 1:46.52	37.29	250m: 3:00.87	37.15
100m: 1:09.23	36.49	200m: 2:23.72	37.20	300m: 3:38.70	37.83
				350m: 4:16.25	37.55
				400m: 4:52.40	36.15
8. Martino Valentijn	DIO	NED	199403913	<b>4:52.53</b>	+0.77
50m: 30.22	30.22	150m: 1:38.06	34.56	250m: 2:49.17	35.69
100m: 1:03.50	33.28	200m: 2:13.48	35.42	300m: 3:26.09	36.92
				350m: 4:17.87	51.78
				400m: 4:52.53	34.66
9. Patrick Wobben	Steenwijk 1934	NED	199300559	<b>6:15.03</b>	+0.69
50m: 38.63	38.63	150m: 2:08.84	45.73	250m: 3:45.09	49.30
100m: 1:23.11	44.48	200m: 2:55.79	46.95	300m: 4:35.17	50.08
				350m: 5:26.19	51.02
				400m: 6:15.03	48.84

Programmanr. 4, Heren, 400m vrije slag

Masters 30+

1.	Klaas van Beek	ZV Haerlem	NED	198805941	<b>4:15.11</b>	+0.73
	50m: 28.95	28.95	150m: 1:33.17	32.49	250m: 2:38.16	32.41
	100m: 1:00.68	31.73	200m: 2:05.75	32.58	300m: 3:10.52	32.36
					350m: 3:42.85	32.33
					400m: 4:15.11	32.26
2.	Alex Schelvis	LinK	NED	198702927	<b>4:18.31</b>	+0.79
	50m: 29.02	29.02	150m: 1:32.48	32.03	250m: 2:38.47	33.16
	100m: 1:00.45	31.43	200m: 2:05.31	32.83	300m: 3:11.71	33.24
					350m: 3:44.90	33.19
					400m: 4:18.31	33.41
3.	Tim Bunnik	Triton	NED	199000505	<b>4:28.83</b>	+0.81
	50m: 29.94	29.94	150m: 1:37.53	34.41	250m: 2:47.13	34.24
	100m: 1:03.12	33.18	200m: 2:12.89	35.36	300m: 3:21.33	34.20
					350m: 3:55.55	34.22
					400m: 4:28.83	33.28
4.	Niels Albrechts	De Schotejil	NED	198800039	<b>4:38.09</b>	+0.78
	50m: 31.54	31.54	150m: 1:41.74	35.45	250m: 2:52.51	35.43
	100m: 1:06.29	34.75	200m: 2:17.08	35.34	300m: 3:28.61	36.10
					350m: 4:04.32	35.71
					400m: 4:38.09	33.77
5.	Wessel Everloo	WS Twente	NED	198906597	<b>4:49.10</b>	+0.85
	50m: 32.02	32.02	150m: 1:45.29	37.26	250m: 2:59.04	36.66
	100m: 1:08.03	36.01	200m: 2:22.38	37.09	300m: 3:35.89	36.85
					350m: 4:12.98	37.09
					400m: 4:49.10	36.12
6.	Bastian Zoon	SGGO (SG)	NED	198703929	<b>4:51.60</b>	+0.68
	50m: 31.40	31.40	150m: 1:44.07	37.14	250m: 3:00.43	37.75
	100m: 1:06.93	35.53	200m: 2:22.68	38.61	300m: 3:38.11	37.68
					350m: 4:15.30	37.19
					400m: 4:51.60	36.30
7.	Rick Driezen	Steenwijk 1934	NED	198600713	<b>4:54.92</b>	+0.80
	50m: 30.84	30.84	150m: 1:40.95	35.61	250m: 2:55.92	38.53
	100m: 1:05.34	34.50	200m: 2:17.39	36.44	300m: 3:35.23	39.31
					350m: 4:14.92	39.69
					400m: 4:54.92	40.00
8.	Haico Weijers	ZPC Numansdorp	NED	198803759	<b>4:57.55</b>	+0.78
	50m: 30.81	30.81	150m: 1:42.58	36.39	250m: 2:59.22	39.01
	100m: 1:06.19	35.38	200m: 2:20.21	37.63	300m: 3:38.80	39.58
					350m: 4:18.51	39.71
					400m: 4:57.55	39.04
9.	Marc Hoogendam	Ragnar	NED	199007713	<b>5:12.13</b>	+0.71
	50m: 31.11	31.11	150m: 1:45.62	38.34	250m: 3:06.15	40.42
	100m: 1:07.28	36.17	200m: 2:25.73	40.11	300m: 3:47.71	41.56
					350m: 4:30.43	42.72
					400m: 5:12.13	41.70

Masters 35+

1.	Erik Schröder	TriVia	NED	198402025	<b>4:24.14</b>	+0.82
	50m: 28.76	28.76	150m: 1:34.53	33.48	250m: 2:42.87	34.13
	100m: 1:01.05	32.29	200m: 2:08.74	34.21	300m: 3:17.00	34.13
					350m: 3:51.03	34.03
					400m: 4:24.14	33.11
2.	Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>4:26.13</b>	+0.82
	50m: 30.65	30.65	150m: 1:36.80	33.20	250m: 2:43.74	33.48
	100m: 1:03.60	32.95	200m: 2:10.26	33.46	300m: 3:17.82	34.08
					350m: 3:52.36	34.54
					400m: 4:26.13	33.77
3.	Kristiaan Lenos	ZVL-1886 Tetteroo	NED	198301331	<b>4:28.72</b>	+0.70
	50m: 27.58	27.58	150m: 1:31.37	32.61	250m: 2:40.29	34.97
	100m: 58.76	31.18	200m: 2:05.32	33.95	300m: 3:16.30	36.01
					350m: 3:52.67	36.37
					400m: 4:28.72	36.05
4.	Rob van Vliet	ZPC AMERSFOORT	NED	198402459	<b>4:39.97</b>	+0.83
	50m: 29.85	29.85	150m: 1:38.65	35.05	250m: 2:49.79	35.89
	100m: 1:03.60	33.75	200m: 2:13.90	35.25	300m: 3:26.99	37.20
					350m: 4:03.83	36.84
					400m: 4:39.97	36.14
5.	Roel van der Kruijs	De Gelenberg	NED	198501491	<b>4:40.11</b>	+0.78
	50m: 31.32	31.32	150m: 1:41.37	35.37	250m: 2:53.27	35.86
	100m: 1:06.00	34.68	200m: 2:17.41	36.04	300m: 3:29.16	35.89
					350m: 4:04.91	35.75
					400m: 4:40.11	35.20
6.	Frank v.d. Voordt	De Schotejil	NED	198302259	<b>4:41.38</b>	+0.74
	50m: 32.01	32.01	150m: 1:42.50	35.53	250m: 2:54.55	36.01
	100m: 1:06.97	34.96	200m: 2:18.54	36.04	300m: 3:30.31	35.76
					350m: 4:06.46	36.15
					400m: 4:41.38	34.92
7.	Marcel Reefhuis	WS Twente	NED	198101381	<b>4:41.95</b>	+0.84
	50m: 30.44	30.44	150m: 1:39.53	34.98	250m: 2:51.14	35.91
	100m: 1:04.55	34.11	200m: 2:15.23	35.70	300m: 3:28.23	37.09
					350m: 4:05.45	37.22
					400m: 4:41.95	36.50
8.	Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED	198401297	<b>4:55.73</b>	+0.68
	50m: 31.35	31.35	150m: 1:41.43	35.81	250m: 2:56.05	37.72
	100m: 1:05.62	34.27	200m: 2:18.33	36.90	300m: 3:34.89	38.84
					350m: 4:15.00	40.11
					400m: 4:55.73	40.73
9.	Peter van de Bor	DWT	NED	198402897	<b>5:10.45</b>	+0.86
	50m: 31.66	31.66	150m: 1:47.50	39.33	250m: 3:06.90	39.80
	100m: 1:08.17	36.51	200m: 2:27.10	39.60	300m: 3:48.16	41.26
					350m: 4:28.91	40.75
					400m: 5:10.45	41.54
DIS	Nicolas Slegers	CNSW	BEL	005301/84		

AF - De aangegeven afstand niet uitgezwommen.

Programmanr. 4, Heren, 400m vrije slag

Masters 40+

1.	Gergely Molnár	Megathlon SE	HUN	<b>4:28.11</b>	+0.85			
	50m: 29.75	29.75	150m: 1:37.13	34.20	250m: 2:45.98	34.25	350m: 3:54.65	34.19
	100m: 1:02.93	33.18	200m: 2:11.73	34.60	300m: 3:20.46	34.48	400m: 4:28.11	33.46
2.	Ivo Roozeboom	WVZ	NED 197700801	<b>4:38.74</b>	+0.76			
	50m: 29.82	29.82	150m: 1:39.92	35.77	250m: 2:51.67	35.82	350m: 4:04.30	36.32
	100m: 1:04.15	34.33	200m: 2:15.85	35.93	300m: 3:27.98	36.31	400m: 4:38.74	34.44
3.	Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	<b>4:43.95</b>	+0.88			
	50m: 32.16	32.16	150m: 1:43.38	35.93	250m: 2:56.63	36.68	350m: 4:09.63	36.63
	100m: 1:07.45	35.29	200m: 2:19.95	36.57	300m: 3:33.00	36.37	400m: 4:43.95	34.32
4.	Mark van der Schrier	AZC	NED 197800951	<b>4:44.81</b>	+0.75			
	50m: 31.24	31.24	150m: 1:42.54	36.50	250m: 2:56.02	36.60	350m: 4:09.83	37.01
	100m: 1:06.04	34.80	200m: 2:19.42	36.88	300m: 3:32.82	36.80	400m: 4:44.81	34.98
5.	Dennis Dortland	ZPV Barracuda	NED 197800261	<b>4:49.08</b>	+0.86			
	50m: 31.06	31.06	150m: 1:43.29	37.05	250m: 2:57.82	37.18	350m: 4:13.07	37.42
	100m: 1:06.24	35.18	200m: 2:20.64	37.35	300m: 3:35.65	37.83	400m: 4:49.08	36.01
6.	Victor Barnar	GoSwim	NED 197801805	<b>4:53.73</b>	+0.90			
	50m: 32.15	32.15	150m: 1:41.94	35.21	250m: 2:55.84	37.35	350m: 4:14.50	39.68
	100m: 1:06.73	34.58	200m: 2:18.49	36.55	300m: 3:34.82	38.98	400m: 4:53.73	39.23
7.	Raymond Oosterbaan	WIDEX GZC DONK	NED 197700711	<b>5:08.14</b>	+0.90			
	50m: 31.74	31.74	150m: 1:46.14	38.17	250m: 3:06.43	40.61	350m: 4:27.91	40.70
	100m: 1:07.97	36.23	200m: 2:25.82	39.68	300m: 3:47.21	40.78	400m: 5:08.14	40.23
8.	Marco van Antwerpen	ZV Strijen	NED 198000027	<b>5:20.29</b>	+0.90			
	50m: 33.32	33.32	150m: 1:50.32	39.57	250m: 3:13.13	41.65	350m: 4:37.92	42.59
	100m: 1:10.75	37.43	200m: 2:31.48	41.16	300m: 3:55.33	42.20	400m: 5:20.29	42.37
9.	Ingmar Kooman	ZVL-1886 Tetteroo	NED 197901517	<b>5:24.65</b>	+0.84			
	50m: 35.70	35.70	150m: 1:56.76	41.31	250m: 3:20.91	42.11	350m: 4:44.63	41.83
	100m: 1:15.45	39.75	200m: 2:38.80	42.04	300m: 4:02.80	41.89	400m: 5:24.65	40.02
10.	Tom Bandsma	PSV	NED 197701625	<b>5:25.23</b>	+0.95			
	50m: 35.37	35.37	150m: 1:54.53	40.32	250m: 3:19.04	42.71	350m: 4:44.70	42.65
	100m: 1:14.21	38.84	200m: 2:36.33	41.80	300m: 4:02.05	43.01	400m: 5:25.23	40.53
11.	Wilco Steenwijk	ZVV	NED 198002465	<b>5:31.69</b>	+0.74			
	50m: 34.61	34.61	150m: 1:54.61	40.96	250m: 3:20.09	42.73	350m: 4:48.28	44.28
	100m: 1:13.65	39.04	200m: 2:37.36	42.75	300m: 4:04.00	43.91	400m: 5:31.69	43.41
12.	Robin Roskam	De Duinkickers	NED 197801831	<b>6:19.76</b>	+0.85			
	50m: 39.32	39.32	150m: 2:14.88	49.28	250m: 3:53.53	48.81	350m: 5:32.28	50.60
	100m: 1:25.60	46.28	200m: 3:04.72	49.84	300m: 4:41.68	48.15	400m: 6:19.76	47.48

Masters 45+

1.	Vedestas Seferlis	Kauno Takas	LTU	<b>4:33.90</b>	+0.71			
	<i>Lithuanian Masters Record</i>							
	50m: 29.83	29.83	150m: 1:37.83	34.10	250m: 2:47.71	35.13	350m: 3:59.02	35.55
	100m: 1:03.73	33.90	200m: 2:12.58	34.75	300m: 3:23.47	35.76	400m: 4:33.90	34.88
2.	Ferry Adema	d'ELFT	NED 197100007	<b>4:58.57</b>	+0.75			
	50m: 32.51	32.51	150m: 1:47.15	37.81	250m: 3:04.76	38.84	350m: 4:21.76	37.98
	100m: 1:09.34	36.83	200m: 2:25.92	38.77	300m: 3:43.78	39.02	400m: 4:58.57	36.81
3.	Casper van den Burgh	LinK	NED 197201413	<b>4:59.45</b>	+0.77			
	50m: 33.04	33.04	150m: 1:48.03	37.50	250m: 3:04.81	38.43	350m: 4:22.05	38.30
	100m: 1:10.53	37.49	200m: 2:26.38	38.35	300m: 3:43.75	38.94	400m: 4:59.45	37.40
4.	Eric Hoekman	WS Twente	NED 197401531	<b>5:04.19</b>	+0.92			
	50m: 31.62	31.62	150m: 1:44.73	38.03	250m: 3:03.37	39.59	350m: 4:24.64	40.61
	100m: 1:06.70	35.08	200m: 2:23.78	39.05	300m: 3:44.03	40.66	400m: 5:04.19	39.55
5.	Daniel Prinse	De Ward	NED 197401385	<b>5:07.15</b>	+0.68			
	50m: 33.13	33.13	150m: 1:47.06	37.87	250m: 3:05.32	39.63	350m: 4:26.74	40.93
	100m: 1:09.19	36.06	200m: 2:25.69	38.63	300m: 3:45.81	40.49	400m: 5:07.15	40.41
6.	Erwin Zuidervelt	AZ&PC De Futen	NED 197501015	<b>5:12.11</b> *	+0.79			
	50m: 32.33	32.33	150m: 1:46.57	38.33	250m: 3:07.87	41.93	350m: 4:31.12	41.08
	100m: 1:08.24	35.91	200m: 2:25.94	39.37	300m: 3:50.04	42.17	400m: 5:12.11	40.99
7.	Kasper van den Berghe	SWOL 1894	NED 197301125	<b>5:20.88</b>	+0.72			
	50m: 33.53	33.53	150m: 1:50.23	38.80	250m: 3:12.61	42.10	350m: 4:39.38	43.56
	100m: 1:11.43	37.90	200m: 2:30.51	40.28	300m: 3:55.82	43.21	400m: 5:20.88	41.50

Programmanr. 4, Heren, 400m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA
8.	Wouter van der Stelt	De Biesboschzwemmers	<b>5:25.70</b>	+0.71	
	50m: 35.07	150m: 1:55.19	250m: 3:19.07	350m: 4:43.89	42.38
	100m: 1:14.09	200m: 2:37.03	300m: 4:01.51	400m: 5:25.70	41.81
9.	Martijn de Jong	DWK	<b>5:31.42</b>	+0.90	
	50m: 34.70	150m: 1:55.70	250m: 3:21.10	350m: 4:49.26	44.23
	100m: 1:14.36	200m: 2:37.70	300m: 4:05.03	400m: 5:31.42	42.16

Masters 50+

1.	Chester Marsman	ZPC AMERSFOORT	<b>4:32.70</b>	+0.77	
	50m: 30.48	150m: 1:38.38	250m: 2:48.43	350m: 3:57.33	34.02
	100m: 1:04.10	200m: 2:13.08	300m: 3:23.31	400m: 4:32.70	35.37
2.	Geert Wijn	De Gelenberg	<b>4:40.00</b>	+0.68	
	50m: 31.19	150m: 1:41.34	250m: 2:52.84	350m: 4:04.49	35.82
	100m: 1:05.96	200m: 2:17.21	300m: 3:28.67	400m: 4:40.00	35.51
3.	Jo-an Mudde	Arethusa	<b>4:46.93</b>	+0.82	
	50m: 32.81	150m: 1:44.89	250m: 2:56.83	350m: 4:09.87	36.60
	100m: 1:08.83	200m: 2:21.02	300m: 3:33.27	400m: 4:46.93	37.06
4.	Pieter van Gemeren	DAW	<b>4:50.47</b>	+0.75	
	50m: 30.09	150m: 1:37.28	250m: 2:47.87	350m: 4:03.32	38.45
	100m: 1:03.19	200m: 2:12.31	300m: 3:24.87	400m: 4:50.47	47.15
5.	Richard Rickens	Zwemsport Parkstad (SG)	<b>4:51.11</b>	+0.85	
	50m: 32.02	150m: 1:43.71	250m: 2:56.91	350m: 4:12.47	38.83
	100m: 1:07.16	200m: 2:20.43	300m: 3:33.64	400m: 4:51.11	38.64
6.	Jan-Willem van den Berg	WVZ	<b>4:57.93</b>	+0.74	
	50m: 32.36	150m: 1:48.27	250m: 3:06.43	350m: 4:24.16	38.67
	100m: 1:09.39	200m: 2:27.41	300m: 3:45.49	400m: 4:57.93	33.77
7.	Frank van Nobelen	Sassenheim	<b>5:01.17</b>	+0.88	
	50m: 33.44	150m: 1:47.95	250m: 3:04.76	350m: 4:22.91	39.24
	100m: 1:10.48	200m: 2:26.06	300m: 3:43.67	400m: 5:01.17	38.26
8.	Bruno Nahon	CNSW	<b>5:01.52</b>	+0.91	
	50m: 33.75	150m: 1:47.91	250m: 3:04.45	350m: 4:22.56	39.26
	100m: 1:10.19	200m: 2:25.98	300m: 3:43.30	400m: 5:01.52	38.96
9.	Hans Bouwmeester	ZVL-1886 Tetteroo	<b>5:04.00</b>	+0.83	
	50m: 32.73	150m: 1:46.84	250m: 3:05.21	350m: 4:24.50	39.93
	100m: 1:08.82	200m: 2:25.68	300m: 3:44.57	400m: 5:04.00	39.50
10.	Ramon Alsina Munoz	CNSW	<b>5:41.13</b>	+0.64	
	50m: 37.38	150m: 2:01.68	250m: 3:28.87	350m: 4:57.59	44.45
	100m: 1:19.26	200m: 2:45.11	300m: 4:13.14	400m: 5:41.13	43.54
11.	Mario Cuelenaere	ZPC De Zeeuwse Kust	<b>5:44.32</b>	+1.21	
	50m: 36.51	150m: 2:01.79	250m: 3:31.32	350m: 5:00.30	44.24
	100m: 1:18.21	200m: 2:46.27	300m: 4:16.06	400m: 5:44.32	44.02
12.	Richard Hill	De Duinkkikers	<b>5:54.92</b>	+0.74	
	50m: 38.17	150m: 2:03.26	250m: 3:34.63	350m: 5:08.57	47.32
	100m: 1:19.88	200m: 2:48.97	300m: 4:21.25	400m: 5:54.92	46.35
13.	Marcel Brittijn	De Duinkkikers	<b>6:05.06</b>	+0.61	
	50m: 36.39	150m: 2:05.52	250m: 3:40.19	350m: 5:19.10	49.94
	100m: 1:19.63	200m: 2:52.30	300m: 4:29.16	400m: 6:05.06	45.96

Masters 55+

1.	Andrei Belosludtsev	Kasatka	<b>4:33.54</b>	+0.72	
	50m: 31.87	150m: 1:40.63	250m: 2:50.50	350m: 3:59.87	35.11
	100m: 1:05.97	200m: 2:15.60	300m: 3:24.76	400m: 4:33.54	33.67
2.	Johan Remmits	ZPC AMERSFOORT	<b>4:40.93</b>	+0.81	
	50m: 32.52	150m: 1:43.44	250m: 2:54.89	350m: 4:06.34	35.76
	100m: 1:07.74	200m: 2:19.21	300m: 3:30.58	400m: 4:40.93	34.59
3.	Jan Brink	ZPC De Zeeuwse Kust	<b>4:45.02</b>	+0.84	
	50m: 31.41	150m: 1:43.14	250m: 2:56.47	350m: 4:09.90	36.33
	100m: 1:07.15	200m: 2:19.70	300m: 3:33.57	400m: 4:45.02	35.12
4.	Kees-Jan van Overbeeke	WWV Winterswijk	<b>4:54.37</b>	+0.81	
	50m: 33.69	150m: 1:49.70	250m: 3:05.82	350m: 4:18.68	36.08
	100m: 1:11.06	200m: 2:27.95	300m: 3:42.60	400m: 4:54.37	35.69



Programmanr. 4, Heren, 400m vrije slag, Masters 55+

rang	naam	vereniging	tijd	RT	PARA
5.	Bert Schlicher	RZ	<b>4:56.08</b>	+0.82	
	50m: 33.31 33.31	150m: 1:48.29 37.89	250m: 3:03.88 37.44	350m: 4:19.37 37.79	
	100m: 1:10.40 37.09	200m: 2:26.44 38.15	300m: 3:41.58 37.70	400m: 4:56.08 36.71	
6.	Gustav van den Berg	TriVia	<b>5:00.16</b>	+0.85	
	50m: 33.82 33.82	150m: 1:48.60 37.91	250m: 3:05.88 38.54	350m: 4:22.50 38.37	
	100m: 1:10.69 36.87	200m: 2:27.34 38.74	300m: 3:44.13 38.25	400m: 5:00.16 37.66	
7.	Phil Trethewie	Old Dutch	<b>5:00.48</b>	+0.86	
	50m: 34.22 34.22	150m: 1:49.65 38.33	250m: 3:06.85 38.59	350m: 4:24.25 38.73	
	100m: 1:11.32 37.10	200m: 2:28.26 38.61	300m: 3:45.52 38.67	400m: 5:00.48 36.23	
8.	Henri Michels	De Amstel	<b>5:02.71</b>	+0.81	
	50m: 33.59 33.59	150m: 1:48.35 37.89	250m: 3:05.94 38.86	350m: 4:24.69 39.62	
	100m: 1:10.46 36.87	200m: 2:27.08 38.73	300m: 3:45.07 39.13	400m: 5:02.71 38.02	
9.	Nico Paasse	De Schotejil	<b>5:06.37</b>	+0.90	
	50m: 32.81 32.81	150m: 1:50.06 39.53	250m: 3:09.32 39.49	350m: 4:28.11 39.11	
	100m: 1:10.53 37.72	200m: 2:29.83 39.77	300m: 3:49.00 39.68	400m: 5:06.37 38.26	
10.	Gert Sikkema	Zwemclub Urk 1978	<b>5:09.84</b>	+0.82	
	50m: 32.90 32.90	150m: 1:46.73 37.69	250m: 3:06.29 40.00	350m: 4:28.64 41.51	
	100m: 1:09.04 36.14	200m: 2:26.29 39.56	300m: 3:47.13 40.84	400m: 5:09.84 41.20	
11.	Henk Kuipers	ZPC AMERSFOORT	<b>5:15.57</b>	+0.74	
	50m: 36.01 36.01	150m: 1:54.00 39.68	250m: 3:15.20 40.73	350m: 4:36.28 40.67	
	100m: 1:14.32 38.31	200m: 2:34.47 40.47	300m: 3:55.61 40.41	400m: 5:15.57 39.29	
12.	Menno Lomans	d'ELFT	<b>5:28.05</b>	+0.81	
	50m: 36.96 36.96	150m: 1:59.28 41.58	250m: 3:24.67 42.60	350m: 4:48.84 41.87	
	100m: 1:17.70 40.74	200m: 2:42.07 42.79	300m: 4:06.97 42.30	400m: 5:28.05 39.21	
13.	Roy Le Clercq	De Rog	<b>5:30.43</b>	+0.96	
	50m: 35.22 35.22	150m: 1:56.83 41.90	250m: 3:23.79 43.74	350m: 4:49.39 42.89	
	100m: 1:14.93 39.71	200m: 2:40.05 43.22	300m: 4:06.50 42.71	400m: 5:30.43 41.04	
14.	Fred Dijkshoorn	Albion WSS (SG)	<b>5:42.59</b>	+0.91	
	50m: 36.46 36.46	150m: 2:01.30 43.79	250m: 3:30.01 44.82	350m: 4:59.97 44.87	
	100m: 1:17.51 41.05	200m: 2:45.19 43.89	300m: 4:15.10 45.09	400m: 5:42.59 42.62	
15.	Jan Smalheer	SCOM	<b>5:44.84</b>	+1.05	
	50m: 36.57 36.57	150m: 2:00.90 43.43	250m: 3:30.09 44.91	350m: 5:00.62 45.21	
	100m: 1:17.47 40.90	200m: 2:45.18 44.28	300m: 4:15.41 45.32	400m: 5:44.84 44.22	

Masters 60+

1.	Paul Bunnik	Triton	<b>5:41.38</b>	+0.88	
	50m: 34.86 34.86	150m: 1:57.17 42.60	250m: 3:25.41 44.85	350m: 4:57.65 46.19	
	100m: 1:14.57 39.71	200m: 2:40.56 43.39	300m: 4:11.46 46.05	400m: 5:41.38 43.73	
2.	Lex Hoogendam	ZZ&PC De Devel	<b>5:56.04</b>	+0.92	
	50m: 37.52 37.52	150m: 2:05.31 44.78	250m: 3:37.42 46.47	350m: 5:10.92 46.80	
	100m: 1:20.53 43.01	200m: 2:50.95 45.64	300m: 4:24.12 46.70	400m: 5:56.04 45.12	
3.	André Pantekoek	PSV	<b>6:48.58</b>	+0.81	
	50m: 41.79 41.79	150m: 2:21.31 51.80	250m: 4:07.97 54.78	350m: 5:56.59 54.23	
	100m: 1:29.51 47.72	200m: 3:13.19 51.88	300m: 5:02.36 54.39	400m: 6:48.58 51.99	

Masters 65+

1.	Henk Slomp	De Inktvis	<b>5:34.09</b>	+0.82	
	50m: 36.23 36.23	150m: 1:59.70 42.69	250m: 3:26.19 42.89	350m: 4:54.37 43.62	
	100m: 1:17.01 40.78	200m: 2:43.30 43.60	300m: 4:10.75 44.56	400m: 5:34.09 39.72	
2.	Laurens Klein Breteler	WWV Winterswijk	<b>5:43.98</b>	+0.87	
	50m: 38.27 38.27	150m: 2:04.46 43.47	250m: 3:32.89 44.07	350m: 5:00.91 43.73	
	100m: 1:20.99 42.72	200m: 2:48.82 44.36	300m: 4:17.18 44.29	400m: 5:43.98 43.07	
3.	Ruud Ruiter	WWV Winterswijk	<b>5:55.59</b>	+0.93	
	50m: 38.95 38.95	150m: 2:07.16 44.64	250m: 3:38.61 46.05	350m: 5:11.16 46.29	
	100m: 1:22.52 43.57	200m: 2:52.56 45.40	300m: 4:24.87 46.26	400m: 5:55.59 44.43	
4.	Pierre Monnet	Entente Sportive Nanterre	<b>6:38.74</b>	+0.49	
	50m: 42.89 42.89	150m: 2:23.22 51.40	250m: 4:06.35 51.37	350m: 5:49.68 51.30	
	100m: 1:31.82 48.93	200m: 3:14.98 51.76	300m: 4:58.38 52.03	400m: 6:38.74 49.06	

Programmanr. 4, Heren, 400m vrije slag

Masters 70+

1. Wout Hemmes	De Plons	NED	194800059	<b>6:05.50</b>	+1.03
50m: 39.90	39.90	150m: 2:13.25	47.80	250m: 3:47.89	47.17
100m: 1:25.45	45.55	200m: 3:00.72	47.47	300m: 4:35.07	47.18
				350m: 5:21.62	46.55
				400m: 6:05.50	43.88
2. Piet Schop	De Bevelanders	NED	195000109	<b>6:33.39</b>	+0.77
50m: 42.00	42.00	150m: 2:21.27	51.45	250m: 4:03.44	50.61
100m: 1:29.82	47.82	200m: 3:12.83	51.56	300m: 4:53.98	50.54
				350m: 5:42.64	48.66
				400m: 6:33.39	50.75

Masters 75+

1. Willem Putter	ZVVS	NED	194500135	<b>6:35.56</b>	+1.00
50m: 41.69	41.69	150m: 2:20.60	50.57	250m: 4:03.41	51.51
100m: 1:30.03	48.34	200m: 3:11.90	51.30	300m: 4:54.99	51.58
				350m: 5:46.30	51.31
				400m: 6:35.56	49.26
2. Rob Hanou	PSV	NED	194300109	<b>6:53.04</b>	+1.08
50m: 44.33	44.33	150m: 2:28.82	52.83	250m: 4:16.31	54.17
100m: 1:35.99	51.66	200m: 3:22.14	53.32	300m: 5:08.89	52.58
				350m: 6:02.22	53.33
				400m: 6:53.04	50.82
3. Geza Kaltenecker	AZC	NED	194200065	<b>7:13.67</b>	+0.85
50m: 43.91	43.91	150m: 2:31.06	54.61	250m: 4:25.71	57.55
100m: 1:36.45	52.54	200m: 3:28.16	57.10	300m: 5:23.81	58.10
				350m: 6:21.40	57.59
				400m: 7:13.67	52.27
4. Nico Baay	Old Dutch	NED	194200053	<b>8:29.57</b>	+0.84
50m: 55.77	55.77	150m: 3:00.80	1:03.34	250m: 5:11.81	1:06.25
100m: 1:57.46	1:01.69	200m: 4:05.56	1:04.76	300m: 6:17.86	1:06.05
				350m: 7:24.57	1:06.71
				400m: 8:29.57	1:05.00

Masters 80+

1. Frederik Hendrik De Bruijn	CN Aquamasters	ESP		<b>6:44.54</b>	+1.25
50m: 47.14	47.14	150m: 2:28.76	52.16	250m: 4:11.41	51.30
100m: 1:36.60	49.46	200m: 3:20.11	51.35	300m: 5:02.51	51.10
				350m: 5:54.14	51.63
				400m: 6:44.54	50.40
2. Frans van Enst	WS Twente	NED	194000011	<b>7:04.19</b>	+1.09
<i>Nederlands Masters Record, NMR 200m</i>					
50m: 44.51	44.51	150m: 2:28.24	53.22	250m: 4:17.84	55.23
100m: 1:35.02	50.51	200m: 3:22.61	54.37	300m: 5:13.51	55.67
				350m: 6:08.60	55.09
				400m: 7:04.19	55.59
3. Nic Geers	Z&PC De Gouwe	NED	193800007	<b>8:33.60</b>	+1.05
50m: 55.08	55.08	150m: 3:05.16	1:06.41	250m: 5:20.20	1:08.19
100m: 1:58.75	1:03.67	200m: 4:12.01	1:06.85	300m: 6:27.50	1:07.30
				350m: 7:35.07	1:07.57
				400m: 8:33.60	58.53

Programmanr. 5  
24-01-2020 - 11:20

Dames, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>Masters 20+</b>							
1. Jamilla van Veen	Zwemvereniging Hoogland	NED	199603192	<b>1:04.36</b>	+0.72	31.09	1:04.36
<i>Kampioenschaps Record</i>							
2. Babette van der Kaaij	Rotterdam Swimming (SG)	NED	199902234	<b>1:04.70</b>	+0.67	31.86	1:04.70
3. Rachel Blok	Het Y	NED	199906076	<b>1:06.57</b>	+0.66	32.54	1:06.57
4. Maaïke van Veen	Dedemsvaart-AC	NED	199700292	<b>1:06.79</b>	+0.68	32.32	1:06.79
5. Celine Schoenmaker	DWK	NED	199801976	<b>1:07.36</b>	+0.72	32.31	1:07.36
6. Hilde Dekker	ReVeLie Swim Team	NED	199901926	<b>1:07.76</b>	+0.71	33.02	1:07.76
7. Kirsten Walraven	ZPC De Zeeuwse Kust	NED	200001358	<b>1:08.74</b>	+0.80	33.49	1:08.74
8. Laura Compagner	Dedemsvaart-AC	NED	199804602	<b>1:09.24</b>	+0.74	33.65	1:09.24
9. Anouque Berghuis	ZPV Barracuda	NED	199606132	<b>1:09.82</b>	+0.69	33.34	1:09.82
10. Moniek van Langevelde	ESCA Zwemmen	NED	199803160	<b>1:10.26</b>	+0.64	33.54	1:10.26
11. Chantal Beijer	DWT	NED	199700884	<b>1:11.52</b>	+0.66	34.75	1:11.52
12. Lianne Roescher	ZPC De Hof	NED	199900248	<b>1:13.29</b>	+0.82	34.80	1:13.29
13. Nilce Mendes Barbosa	Albion WSS (SG)	NED	199800214	<b>1:14.43</b>	+0.74	35.28	1:14.43
14. Iris van Berkel	ZPV Barracuda	NED	200000476	<b>1:15.04</b>	+0.73	37.01	1:15.04
15. Lenneke Bagijn	De Duck	NED	199604992	<b>1:15.08</b>	+0.67	36.61	1:15.08
16. Linda Punt	Ragnar	NED	199604842	<b>1:15.73</b>	+0.83	36.90	1:15.73

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 5, Dames, 100m rugslag, Masters 20+

rang naam	vereniging			tijd	RT	PARA	50m	100m
17. Kayleigh Westenberg	De Veene	NED	200004064	<b>1:16.39</b>	+0.72		36.87	1:16.39
18. Iris Bastiaansen	De Amstel	NED	199902006	<b>1:19.57</b>	+0.71		37.85	1:19.57
19. Eline Hendriks	ZPC AMERSFOORT	NED	199802794	<b>1:21.27</b>	+0.75		39.26	1:21.27
20. Lillianne Sweere	ZC AquaDream	NED	199704376	<b>1:23.81</b>	+0.70		40.46	1:23.81
21. Nadine Scheeve	De Biesboschzwemmers	NED	199700684	<b>1:26.09</b>	+0.80		42.24	1:26.09

Masters 25+

1. Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	<b>1:06.80</b>	+0.77		32.62	1:06.80
2. Melissa van der Geld	TRB-RES	NED	199506250	<b>1:08.25</b>	+0.86		32.99	1:08.25
3. Désirée Emmen	De Warande	NED	199204862	<b>1:10.22</b>	+0.71		34.05	1:10.22
4. Denise Boereboom	ZPV Barracuda	NED	199202144	<b>1:10.43</b>	+0.67		33.71	1:10.43
5. Janine de Groot	De Zwemlinie (SG)	NED	199500092	<b>1:11.01</b>	+0.64		34.22	1:11.01
6. Marjon Pol	Zwemclub Polaris	NED	199102502	<b>1:11.68</b>	+0.71		35.08	1:11.68
7. Suzanne Mosch	MSV-Zeemacht	NED	199400548	<b>1:12.44</b>	+0.67		35.10	1:12.44
8. Fiona Meuffels	RZ	NED	199504366	<b>1:13.07</b>	+0.72		35.77	1:13.07
9. Lotte Coenen	The Hague Swimming (SG)	NED	199301518	<b>1:13.24</b>	+0.75		34.94	1:13.24
10. Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>1:16.98</b>	+0.83		37.38	1:16.98
11. Lotte Rolink	Zwemclub Polaris	NED	199504880	<b>1:17.73</b>	+0.72		36.81	1:17.73
12. Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED	199203374	<b>1:18.14</b>	+0.68		37.47	1:18.14
13. Nicole van Zuilen	Zwemvereniging Hoogland	NED	199505428	<b>1:21.75</b>	+0.73		39.84	1:21.75
14. Lonneke Oenema	Steenwijk 1934	NED	199102314	<b>1:22.15</b>	+0.67		39.92	1:22.15
AFGEM Mabel Suli	WVZ	NED	199307964					

Masters 30+

1. Saskia de Klerk	GoSwim	NED	199004612	<b>1:08.20</b>	+0.74		32.94	1:08.20
2. Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>1:10.88</b>	+0.74		34.35	1:10.88
3. Noelia Diaz Moruno	Club Natacion Cuatro Caminos	ESP		<b>1:11.44</b>	+0.66		34.33	1:11.44
4. Sabine Lina	ZPC Woerden	NED	198902680	<b>1:13.33</b>	+0.78		35.48	1:13.33
5. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>1:13.71</b>	+0.78		35.86	1:13.71
6. Jenny Schouten	Zwemsport Parkstad (SG)	NED	198703674	<b>1:14.85</b>	+0.78		36.41	1:14.85
7. Clara Van Roeyen	GBZ	BEL	20082/90	<b>1:17.27</b>	+0.86		37.65	1:17.27
8. Marieke van Dodeweerd	RZC	NED	198600896	<b>1:19.13</b>	+0.81		37.99	1:19.13
9. Diana Hemstede-Lammers	De Veene	NED	198902572	<b>1:21.83</b>	+0.89		39.90	1:21.83
10. Yvonne Bruls	MZ&PC	NED	199008114	<b>1:21.99</b>	+0.80		40.75	1:21.99
11. Joan Fonteine	De Marlijn (SG)	NED	198805148	<b>1:26.98</b>	+0.81		42.62	1:26.98
12. Anouk Bloem	TRB-RES	NED	199000320	<b>1:44.36</b>	+0.62		49.42	1:44.36
AFGEM Tessa Verheijdt	WVZ	NED	198904290					

Masters 35+

1. Agnieszka Kaczmarek <i>Polish Masters Record</i>	Legia Warszawa	POL		<b>1:09.45</b>	+0.73		33.30	1:09.45
2. Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>1:10.06</b>	+0.77		33.39	1:10.06
3. Roos van Esch	De Lansingh	NED	198200468	<b>1:11.68</b>	+0.70		35.74	1:11.68
4. Hanneke Heymen Elke Popma - Blox	Montferland Tiamat	NED	198400968 198200154	<b>1:15.17</b> <b>1:15.17</b>	+0.65 +0.71		37.22 36.95	1:15.17 1:15.17
6. Leonie van der Lavoir	ZPC Numansdorp	NED	198501834	<b>1:15.79</b>	+0.76		36.48	1:15.79
7. Angela Giezen	Upstream Amsterdam	NED	198302796	<b>1:17.72</b>	+0.76		37.73	1:17.72
8. Femke Smits	Rotterdam Swimming (SG)	NED	198403574	<b>1:41.58</b>	+0.75		49.10	1:41.58

Masters 40+

1. Marjon v. Kempen	De Schotelij	NED	198000578	<b>1:12.24</b>	+0.77		35.05	1:12.24
2. Melanie Kuiper	ZIGNEA	NED	197600350	<b>1:17.82</b>	+0.78		37.38	1:17.82
3. Gea van der Schaaf	Deltasteur	NED	197901558	<b>1:19.90</b>			38.45	1:19.90
4. Jessica Klaassen	De Marlijn (SG)	NED	197901536	<b>1:19.94</b>	+0.63		38.98	1:19.94
5. Leonie Scholten	Steenwijk 1934	NED	197901560	<b>1:26.01</b>	+0.79		41.08	1:26.01
6. Babette Rens	SWOL 1894	NED	197801200	<b>1:33.74</b>	*+0.79		44.88	1:33.74

Programmanr. 5, Dames, 100m rugslag

Masters 45+

1. Gudule van der Meer	PSV	NED	197200396	<b>1:12.56</b>	+0.68	34.57	1:12.56
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:13.96</b>	+0.88	35.83	1:13.96
3. Mirjan den Drijver	Albion WSS (SG)	NED	197500884	<b>1:16.64</b>	+0.73	37.43	1:16.64
4. Jacqueline de Ruiters-Wijnolst	WIDEX GZC DONK	NED	197400446	<b>1:21.02</b>	+0.85	39.34	1:21.02
5. Sandra Peeters-Wiermans	De Rog	NED	197401032	<b>1:21.40</b>	+0.73	39.32	1:21.40
6. Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	<b>1:21.77</b>	+0.72	39.66	1:21.77
7. Henriëtte Manting	GZVW	NED	197100246	<b>1:27.94</b>	+0.76	42.43	1:27.94
8. Nathasja Konijn	WIDEX GZC DONK	NED	197100992	<b>1:33.25</b>	+0.83	45.41	1:33.25
9. Katrina Boutwell	AZC	NED	197201036	<b>1:38.17</b>	+0.75	46.48	1:38.17
10. Greta Wyma-Teitsma	DWK	NED	197100696	<b>1:41.19</b>	+0.60	48.74	1:41.19

Masters 50+

1. Monique Tuijp	WZ&PC Purmerend	NED	196900800	<b>1:17.29</b>	+0.88	37.12	1:17.29
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>1:18.53</b>	+0.78	37.72	1:18.53
3. Heidi den Boer	LinK	NED	196900864	<b>1:19.16</b>	+0.78	38.19	1:19.16
4. Bianca Groot	MSV-Zeemacht	NED	197000652	<b>1:20.95</b>	+0.89	39.77	1:20.95
5. Annette Wijnja-Visser	De Biesboschwimmers	NED	196700528	<b>1:21.46</b>	+0.76	38.96	1:21.46
6. Caroline Schreuder	Triton	NED	196700550	<b>1:25.02</b>	+0.88	41.05	1:25.02
7. Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	<b>1:25.23</b>	+0.83	41.88	1:25.23
8. Pauline Tromp-Lang de	ZZ&PC De Devel	NED	197001032	<b>1:37.75</b>	+0.84	48.33	1:37.75

Masters 55+

1. Allie Price	Cardiff Masters	GBR	547582	<b>1:15.62</b>	+0.68	36.62	1:15.62
2. Feikje Wittermans	WIDEX GZC DONK	NED	196400408	<b>1:19.96</b>	+0.74	39.06	1:19.96
3. Margriet Grove-Lingeman	Triton	NED	196200080	<b>1:23.73</b>	+0.83	40.31	1:23.73
4. Tineke Janssen	Albion WSS (SG)	NED	196400630	<b>1:23.91</b>	*+0.73	41.34	1:23.91
5. Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	<b>1:25.35</b>	+0.83	40.93	1:25.35
6. Annemarie Vuist-Blum	SWOL 1894	NED	196300282	<b>1:32.53</b>	+0.82	45.87	1:32.53
7. Jenny Westervarder	H2Oldambt	NED	196200424	<b>1:46.71</b>	+0.78	50.97	1:46.71

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	<b>1:21.86</b>	+0.62	39.93	1:21.86
2. Inge Wolfs	HHZV Plons	NED	196000304	<b>1:30.65</b>	+0.79	45.28	1:30.65
3. Jennie Resink-lindeboom	DWK	NED	196000142	<b>1:39.26</b>	+1.32	48.95	1:39.26
4. Mies Kuipers	Old Dutch	NED	195800202	<b>2:13.69</b>	+0.70	1:04.62	2:13.69
5. Karien Musters	Old Dutch	NED	195800236	<b>2:30.94</b>	+0.70	1:10.31	2:30.94

Masters 65+

1. Margriet Pasma	TriVia	NED	195500088	<b>1:31.41</b>	+0.81	45.34	1:31.41
2. Patty Krupiarz	PSV	NED	195400074	<b>1:35.04</b>	+0.81	46.32	1:35.04
3. Carla Hensen	PSV	NED	195300062	<b>1:37.74</b>	+0.73	46.98	1:37.74
4. Ineke Meijer	HZ&PC Heerenveen	NED	195200034	<b>1:51.56</b>	+0.76	55.54	1:51.56

Masters 70+

1. Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>1:48.55</b>	+0.86	51.64	1:48.55
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Masters 80+

1. Truus Ruiter	Old Dutch	NED	194000004	<b>2:29.20</b>	*+0.83	1:11.73	2:29.20
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Programmanr. 6  
24-01-2020 - 11:40

Heren, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Dennis Wildeboer	De Zwemlinie (SG)	NED	199800571	<b>1:00.22</b>	+0.56		29.07	1:00.22
2. Arjan Dekker	ReVeLie Swim Team	NED	200000499	<b>1:00.28</b>	+0.57		28.98	1:00.28
3. Aron Paasse	De Schotejil	NED	200000099	<b>1:03.42</b>	+0.63		30.63	1:03.42
4. Otto Pranger	Albion WSS (SG)	NED	200000007	<b>1:03.99</b>	+0.61		30.78	1:03.99
5. Robin van Beek	ZVL-1886 Tetteroo	NED	199704023	<b>1:04.57</b>	+0.63		31.60	1:04.57
6. Diederick Schothans	De Veene	NED	199703185	<b>1:04.79</b>	+0.86		31.12	1:04.79
7. Jeroen Louwinger	De Rijn	NED	199900583	<b>1:05.31</b>	+0.55		31.83	1:05.31
8. Jordy van Oel	WVZ	NED	199802003	<b>1:07.15</b>	+0.68		32.21	1:07.15
9. Patrick Wyrdean	Albion WSS (SG)	NED	199702475	<b>1:07.19</b>	+0.63		32.46	1:07.19
10. Ian van Mullem	ZOB'66	NED	199602545	<b>1:07.52</b>	+0.58		32.87	1:07.52
11. Roel van Grol	WIDEX GZC DONK	NED	199802277	<b>1:07.86</b>	+0.74		32.17	1:07.86
12. Thomas Gheeraert	Dunkerque Natation	FRA	919124	<b>1:08.86</b>	+0.74		33.19	1:08.86
<b>Masters 25+</b>								
1. Ensger Kotterink	Albion WSS (SG)	NED	199403391	<b>55.19</b>	+0.63		26.05	55.19
<i>Kampioenschaps Record</i>								
2. Mesut Halicioglu	CNSW	BEL	0010168/92	<b>59.11</b>	+0.68		28.16	59.11
3. Mathijs van der Logt	DIO	NED	199105561	<b>1:00.07</b>	+0.64		28.92	1:00.07
4. Felix Geenen	DAW	NED	199501085	<b>1:03.33</b>	+0.72		30.29	1:03.33
5. Ramon van Huizen	SGGO (SG)	NED	199400945	<b>1:06.87</b>	+0.79		32.08	1:06.87
6. Bart Kiesewetter	TRB-RES	NED	199101203	<b>1:10.11</b>	+0.73		33.77	1:10.11
<b>Masters 30+</b>								
1. Olaf Achterberg	VZC	NED	199000011	<b>1:03.16</b>	+0.76		31.01	1:03.16
2. Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	<b>1:03.28</b>	+0.67		30.82	1:03.28
3. Robert Braad	Steenwijk 1934	NED	198600407	<b>1:05.35</b>	+0.77		31.68	1:05.35
4. Rick Driezen	Steenwijk 1934	NED	198600713	<b>1:06.83</b>	+0.93		32.83	1:06.83
5. Tim Bunnik	Triton	NED	199000505	<b>1:07.01</b>	+0.78		32.58	1:07.01
6. Bastian Zoon	SGGO (SG)	NED	198703929	<b>1:10.11</b>	+0.69		33.88	1:10.11
7. Wessel Everloo	WS Twente	NED	198906597	<b>1:13.69</b>	+0.93	520	35.74	1:13.69
<b>Masters 35+</b>								
1. Mark Baars	Rotterdam Swimming (SG)	NED	198500059	<b>58.21</b>	+0.59		28.31	58.21
<i>Nederlands Masters Record</i>								
2. Robert Dekker	Dedemsvaart-AC	NED	198400443	<b>1:03.18</b>	+0.68		30.65	1:03.18
3. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	<b>1:03.28</b>	+0.66		30.05	1:03.28
4. Thommy Nickel	ZPC Woerden	NED	198401627	<b>1:07.02</b>	+0.86		33.19	1:07.02
5. Dirk Smit	Tiamat	NED	198101559	<b>1:08.27</b>	+0.72		33.53	1:08.27
6. Marcel Reefhuis	WS Twente	NED	198101381	<b>1:08.35</b>	+0.64		33.49	1:08.35
7. Leander Noordijk	De Schotejil	NED	198101221	<b>1:09.66</b>	+0.84		33.40	1:09.66
8. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	<b>1:13.17</b>	+0.66		35.26	1:13.17
9. Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED	198401297	<b>1:14.61</b>	+0.73		35.45	1:14.61
<b>Masters 40+</b>								
1. Marcin Kaczmarek	Legia Warszawa	POL		<b>58.51</b>	+0.65		28.83	58.51
<i>Polish Masters Record</i>								
2. Nol van Thull	De Lansingh	NED	198001513	<b>1:00.59</b>	+0.71		29.45	1:00.59
3. Ruud Holswilder	ZPCH	NED	197800435	<b>1:03.83</b>	+0.72		31.05	1:03.83
4. Ivo Roozeboom	WVZ	NED	197700801	<b>1:06.31</b>	+0.72		32.62	1:06.31
5. Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED	197800703	<b>1:10.49</b>	+0.65		34.24	1:10.49
6. Mark van der Schrier	AZC	NED	197800951	<b>1:10.70</b>	+0.80		34.04	1:10.70
7. Pieter Broek	Albion WSS (SG)	NED	197701637	<b>1:12.64</b>	+0.64		34.96	1:12.64

onjuistheden / mistakes?

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Programmanr. 6, Heren, 100m rugslag, Masters 40+

rang naam	vereniging			tijd	RT	PARA	50m	100m
8. Raymond Oosterbaan	WIDEX GZC DONK	NED	197700711	<b>1:12.96</b>	+0.77		35.02	1:12.96
9. Peter Lommert	SWOL 1894	NED	197900787	<b>1:16.00</b>	+0.74		36.07	1:16.00
10. Rogier van Gent	IJZPC	NED	198000405	<b>1:16.69</b>	+0.73		36.24	1:16.69
11. Marco van Antwerpen	ZV Strijen	NED	198000027	<b>1:17.22</b>	+0.74		36.75	1:17.22
12. Gino Martijn	RZ	NED	197901865	<b>1:19.03</b>	+0.60		38.67	1:19.03

Masters 45+

1. Alex Damen	DAW	NED	197501371	<b>1:06.93</b>	+0.82		32.83	1:06.93
2. Linas Kersevicius	Kauno Takas	LTU		<b>1:07.71</b>	+0.86		32.67	1:07.71
3. Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>1:08.20</b>	+0.67		32.89	1:08.20
4. Eric Hoekman	WS Twente	NED	197401531	<b>1:11.71</b>	+0.72		35.03	1:11.71
5. Rene de Bruin	Sassenheim	NED	197100143	<b>1:12.37</b>	+0.78		35.57	1:12.37
6. Korstiaan de Boer	Steenwijk 1934	NED	197101629	<b>1:16.32</b>	+0.74		37.41	1:16.32
AFGEM Ramon de Bondt	ZPB H&L Productions	NED	197300105					

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>1:05.05</b>	+0.67		31.47	1:05.05
2. Jan-Willem van den Berg	WVZ	NED	196801575	<b>1:07.85</b>	+0.75		33.23	1:07.85
3. Guido Keutgen	Steenwijk 1934	NED	196801551	<b>1:09.01</b>	+0.72		32.71	1:09.01
4. René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>1:09.35</b>	+0.79		33.62	1:09.35
5. Nico Swart	De Biesboschzwemmers	NED	196801475	<b>1:13.10</b>	+0.71		35.66	1:13.10
6. Tomas Zemaitis	Klaipėdos plaukimo klubas	LTU		<b>1:14.63</b>	+0.73		35.33	1:14.63
7. Frederic Robin	CNSW	BEL	004923/69	<b>1:14.93</b>	+0.68		35.36	1:14.93
8. Harold Matla	PSV	NED	196800591	<b>1:15.61</b>	+0.84		36.99	1:15.61
9. Bruno Nahon	CNSW	BEL	000390/70	<b>1:16.95</b>	+0.75		37.87	1:16.95
10. Hans Bijleveld	The Hague Swimming (SG)	NED	196601649	<b>1:26.59</b>	+0.71		43.04	1:26.59

Masters 55+

1. Peter Bernsen	De Rog	NED	196301119	<b>1:07.82</b>	+0.66		32.85	1:07.82
2. Bert Schlicher	RZ	NED	196400669	<b>1:08.44</b>	+0.77		33.65	1:08.44
3. Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	<b>1:12.90</b>	+0.71		35.99	1:12.90
4. Hans Vloedgraven	Old Dutch	NED	196400917	<b>1:15.17</b>	+0.65		37.39	1:15.17
5. Casper Dollekamp	Steenwijk 1934	NED	196301341	<b>1:20.60</b>	+0.66		39.23	1:20.60
6. Menno Lomans	d'ELFT	NED	196101071	<b>1:21.37</b>	+0.82		39.86	1:21.37
7. Fred Dijkshoorn	Albion WSS (SG)	NED	196501539	<b>1:24.30</b>	+0.85		40.42	1:24.30

Masters 60+

1. Rastislav Pavlík	KPS Nereus Žilina	SVK	SVK10478	<b>1:05.68</b>	+0.75		31.27	1:05.68
<i>Europees Masters Record, Slovak Masters Record</i>								
2. Jean-Pierre Delaporte	Dunkerque Natation	FRA	105978	<b>1:08.62</b>	+0.66		33.02	1:08.62
3. Erik Kamphuis	De Rog	NED	196001035	<b>1:12.16</b>	+0.72		35.31	1:12.16
4. Mark Nuijten	Albion WSS (SG)	NED	196000411	<b>1:15.92</b>	+0.88		37.14	1:15.92
5. Evertjan Masurel	PSV	NED	195600495	<b>1:21.04</b>	+0.89		39.27	1:21.04
6. Wim de Lange	AZC	NED	195800533	<b>1:24.11</b>	+0.74		40.50	1:24.11
7. André Schutte	ZPC De Zeeuwse Kust	NED	196000521	<b>1:30.39</b>	+0.78		44.17	1:30.39
8. André Pantekoek	PSV	NED	195800321	<b>1:31.64</b>	+0.72		44.44	1:31.64

Masters 65+

1. Ferenc Erdelyi	Torokbalint Senior	HUN		<b>1:21.04</b>	+0.68		39.93	1:21.04
2. Hans Piederiet	ZPC Numansdorp	NED	195400177	<b>1:25.16</b>	+0.80		41.43	1:25.16
3. Ruud Ruiters	WWV Winterswijk	NED	195300169	<b>1:26.07</b>	+0.94		41.90	1:26.07

Programmanr. 6, Heren, 100m rugslag

Masters 70+

1. Piet Schop	De Bevelanders	NED	195000109	<b>1:30.67</b>	+0.80	43.53	1:30.67
2. Ronald Blankenstein	Aqua-Novio '94	NED	195000013	<b>1:41.97</b>	+0.81	47.87	1:41.97
3. Mans Buis	SWOL 1894	NED	194700133	<b>1:44.27</b>	+0.77	50.51	1:44.27
4. Jan Nuijten	PSV	NED	194900175	<b>1:46.42</b>	+0.90	50.10	1:46.42

Masters 75+

1. Rob Hanou	PSV	NED	194300109	<b>1:45.55</b>	+0.90	50.20	1:45.55
2. Nico Baay	Old Dutch	NED	194200053	<b>2:02.97</b>	+0.88	57.12	2:02.97

Masters 80+

1. Frans van Enst	WS Twente	NED	194000011	<b>1:32.98</b>	+0.90	45.50	1:32.98
<i>Nederlands Masters Record</i>							
2. Gregor Pompen	Aqua-Novio '94	NED	193700021	<b>2:08.38</b>	+0.69	1:00.29	2:08.38

Masters 90+

1. Klaas Prins	Steenwijk 1934	NED	192800001	<b>3:25.45</b>	+0.83	1:30.25	3:25.45
<i>Kampioenschaps Record, * 50, 100m</i>							

3 - ONMK 2020 kb sessie 3

24-01-2020 - 13:00

Programmanr. 7  
24-01-2020 - 13:00

Dames, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging		tijd	RT	PARA
<b>Masters 20+</b>						
1.	Babette van der Kaaij	Rotterdam Swimming (SG)	NED 199902234	<b>29.18</b>	+0.53	
2.	Laura Compagner	Dedemsvaart-AC	NED 199804602	<b>29.96</b>	+0.63	
3.	Christel Brugmans	Hieronymus	NED 200005602	<b>30.00</b>	+0.72	
4.	Celine Schoenmaker	DWK	NED 199801976	<b>30.41</b>	+0.60	
5.	Maaïke van Veen	Dedemsvaart-AC	NED 199700292	<b>30.58</b>	+0.79	
6.	Julia Wortman	AZC	NED 199603666	<b>30.71</b>	+0.71	
7.	Alisha Vieira	Rotterdam Swimming (SG)	NED 199904554	<b>30.81</b>	+0.73	
8.	Linde Haverkate	ZPC De Hof	NED 199900244	<b>30.99</b>	+0.78	
9.	Adaja Stoetman	WVZ	NED 199600348	<b>31.15</b>	+0.80	
10.	Annabel Kuipers	DWK	NED 200001076	<b>31.65</b>	+0.59	
11.	Marijke Drent	De Zwemlinie (SG)	NED 199906232	<b>31.82</b>	+0.81	
12.	Nilce Mendes Barbosa	Albion WSS (SG)	NED 199800214	<b>31.90</b>	+0.56	
13.	Anouque Berghuis	ZPV Barracuda	NED 199606132	<b>32.11</b>	+0.71	
14.	Marielle van der Vaart	ZVVS	NED 200000994	<b>32.15</b>	+0.68	
15.	Ariane Jonkman	De Wellerobben	NED 199801590	<b>32.51</b>	+0.71	
16.	Lotte Rougoor	Dedemsvaart-AC	NED 200000774	<b>32.68</b>	+0.60	
17.	Eef Hollander	The Hague Swimming (SG)	NED 199602074	<b>32.92</b>	+0.73	
18.	Iris van der Moolen	De Amstel	NED 199902052	<b>33.04</b>	+0.81	
19.	Jet Kleine	MSV-Zeemacht	NED 199903384	<b>33.18</b>	+0.53	
20.	Rianne van Rijssen	Noord Veluwe	NED 199702360	<b>33.24</b>	+0.74	
21.	Evelien de Jong	Neptunia '24	NED 199805316	<b>33.48</b>	+0.60	
22.	Kayra Deger	Rotterdam Swimming (SG)	NED 200003890	<b>33.93</b>	+0.53	
23.	Kayleigh Westenberg	De Veene	NED 200004064	<b>34.13</b>	+0.81	
24.	Lenneke Bagijn	De Duck	NED 199604992	<b>34.32</b>	+0.72	
25.	Maud Heldoorn	Deltasteur	NED 200000564	<b>34.51</b>	+0.67	
26.	Eveline Houweling	ZPV Barracuda	NED 199801532	<b>34.58</b>	+0.80	
27.	Sheila Ten Voorde	ZVV	NED 199904538	<b>35.16</b>	+0.83	
28.	Iva den Haan	De Lansingh	NED 199900882	<b>35.78</b>	+0.78	
29.	Chantal van der Vaart	ZVVS	NED 199802266	<b>36.57</b>	+0.63	
30.	Eline Hendriks	ZPC AMERSFOORT	NED 199802794	<b>36.74</b>	+0.78	
31.	Carmen Bootsma	AZC	NED 199805760	<b>37.79</b>	+0.70	
32.	Lilianne Sweere	ZC AquaDream	NED 199704376	<b>38.37</b>	+0.65	
33.	Nadine Scheeve	De Biesboschzwemmers	NED 199700684	<b>40.82</b>	+0.77	
AFGEM	Mireille Blom	Zwemvereniging Hoogland	NED 199806566			

**Masters 25+**

1.	Karin Groen	De Zwemlinie (SG)	NED 199502440	<b>29.22</b>	+0.64
2.	Zoë van der Aart	De Dolfijn	NED 199503152	<b>29.42</b>	+0.61
3.	Denise Boereboom	ZPV Barracuda	NED 199202144	<b>30.38</b>	+0.69
4.	Melissa van der Geld	TRB-RES	NED 199506250	<b>30.81</b>	+0.70
5.	Linda van der Voort	ZVL-1886 Tetteroo	NED 199207784	<b>31.06</b>	+0.60
6.	Fraukje Puts	HZ&PC Heerenveen	NED 199206470	<b>31.27</b>	+0.74
7.	Isabelle Massar	WVZ	NED 199102034	<b>31.72</b>	+0.75
	Karen Stolk	De Dolfijn	NED 199403950	<b>31.72</b>	+0.73
9.	Inge Koopman	DAW	NED 199303382	<b>31.82</b>	+0.69
10.	Nikki Hoogeboom	De IJsel	NED 199301196	<b>31.97</b>	+0.81
11.	Nanda de Vries	Steenwijk 1934	NED 199204328	<b>32.09</b>	+0.75
12.	Whitney van Hoeckel	DIO	NED 199402390	<b>32.48</b>	+0.66
13.	Suzanne Mosch	MSV-Zeemacht	NED 199400548	<b>33.17</b>	+0.76
14.	Anne Aarts	d'ELFT	NED 199207942	<b>33.41</b>	+0.79
15.	Mellany Doldersum	SwimGym	NED 199204824	<b>33.44</b>	+0.82
16.	Deborah Wissink	ZPC De Hof	NED 199503484	<b>33.71</b>	+0.68
17.	Lotte Rolink	Zwemclub Polaris	NED 199504880	<b>33.88</b>	+0.58
18.	Laura Scheffer	GoSwim	NED 199407222	<b>34.30</b>	+0.72
19.	Eva Kattouw	De Ward	NED 199407168	<b>34.37</b>	+0.62

onjuistheden / mistakes?

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Programmanr. 7, Dames, 50m vlinderslag, Masters 25+

rang	naam	vereniging		tijd	RT	PARA
20.	Leontine Groeneveldt	De Duck	NED 199303526	<b>34.92</b>	+0.64	
NG.ZA	Joanne van Essen	ZPC AMERSFOORT	NED 199303506			

Masters 30+

1.	Jolanda Post	DIO	NED 199004848	<b>29.64</b>	+0.70	
2.	Elmi Roelofsen	ZVV	NED 199008198	<b>30.92</b>	+0.83	
3.	Christa Stam	Rotterdam Swimming (SG)	NED 198806790	<b>32.15</b>	+0.74	
4.	Monique Remst	AZC	NED 198706236	<b>32.63</b>	+0.76	
5.	Sabine Lina	ZPC Woerden	NED 198902680	<b>33.80</b>	+0.63	
6.	Marta Martinez Rodriguez	Club Natacion Cuatro Caminos	ESP	<b>34.87</b>	+0.61	
7.	Whitley Rens	De Schotejil	NED 199007520	<b>35.65</b>	+0.83	
8.	Marieke van Dodeweerd	RZC	NED 198600896	<b>35.89</b>	+0.62	
9.	Joëlle Vaes	DIO	NED 199007576	<b>38.82</b>	+0.71	
10.	Joan Fonteine	De Marlijn (SG)	NED 198805148	<b>39.00</b>	+0.90	
11.	Bibi den Haan	De Lansingh	NED 199001290	<b>40.44</b>	+0.84	
12.	Janneke Wynia	WS Twente	NED 199005500	<b>42.67</b>	+0.99	

Masters 35+

1.	Pauline Gouwens	DWK	NED 198400790	<b>29.40</b>	+0.73	
2.	Agnieszka Wysocka <i>Irish Masters Record</i>	Aer Lingus Masters	IRL 30026889	<b>30.60</b>	+0.59	
3.	Agnieszka Kaczmarek	Legia Warszawa	POL	<b>31.52</b>	+0.68	
4.	Stephanie Vaernewyck	MEGA-zwemteam	BEL 20352/83	<b>32.00</b>	+0.82	
5.	Miranda Pijnenburg	De Treffers	NED 198301216	<b>32.32</b>	+0.64	
6.	Sandra Zwaanswijk	DAW	NED 198503934	<b>32.35</b>	+0.59	
7.	Roos van Esch	De Lansingh	NED 198200468	<b>32.69</b>	+0.85	
8.	Elke Popma - Blox	Tiamat	NED 198200154	<b>33.44</b>	+0.60	
9.	Sylvia Reijers	De Gelenberg	NED 198201360	<b>33.78</b>	+0.78	
10.	Caroline van Tiggelen	Scheldestroom	NED 198301970	<b>34.21</b>	+0.79	
11.	Renee de Kok	PSV	NED 198403350	<b>35.27</b>	+0.69	
12.	Marloes Rebel	WS Twente	NED 198403474	<b>43.10</b>	+1.07	

Masters 40+

1.	Delia Badoux <i>Nederlands Masters Record</i>	WVZ	NED 198000042	<b>29.60</b>	+0.72	
2.	Meritxell Gonfaus Brunet	CN Aquamasters	ESP	<b>31.83</b>	+0.71	
3.	Nathalie Blondeel	CNSW	BEL 004784/77	<b>32.66</b>	+0.68	
4.	Marjon v. Kempen	De Schotejil	NED 198000578	<b>33.19</b>	+0.76	
5.	Chantal Verhoeff	Old Dutch	NED 197900912	<b>33.53</b>	+0.92	
6.	Natasja Forat	ZPC De Zeeuwse Kust	NED 197701186	<b>34.82</b>		
7.	Marian Nederlof	De Geul	NED 197600950	<b>37.43</b>	+0.83	
8.	Marjon Boidin	Old Dutch	NED 197601000	<b>37.74</b>	+0.95	
9.	Inge Roskam	De Duinkickers	NED 197801296	<b>37.77</b>	+0.83	
10.	Leonie Scholten	Steenwijk 1934	NED 197901560	<b>45.06</b>	+0.68	
AFGEM	Babette Rens	SWOL 1894	NED 197801200			

Masters 45+

1.	Gudule van der Meer	PSV	NED 197200396	<b>31.10</b>	+0.62	
2.	Edith Janssen-Koolen	TRB-RES	NED 197300898	<b>32.31</b>	+0.64	
3.	Mirjan den Drijver	Albion WSS (SG)	NED 197500884	<b>32.91</b>	+0.81	
4.	Isabelle Dherbecourt	Dunkerque Natation	FRA 1574264	<b>33.30</b>	+0.66	
5.	Sandra Peeters-Wiermans	De Rog	NED 197401032	<b>33.34</b>	+0.60	
6.	Yvette Ratering	De Ward	NED 197200990	<b>34.13</b>	+0.69	
7.	Els van den Eede	De Waalstroom	BEL 197401072	<b>36.28</b>	+0.63	
8.	Henriëtte Manting	GZVW	NED 197100246	<b>37.08</b>	+0.92	
9.	Virginie Pot	Dunkerque Natation	FRA 1405154	<b>38.71</b>	+0.69	
10.	Evelien Naatje	WS Twente	NED 197200838	<b>39.76</b>	+0.95	
11.	Katrina Boutwell	AZC	NED 197201036	<b>42.54</b>	+0.93	

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Programmanr. 7, Dames, 50m vlinderslag, Masters 45+

rang	naam	vereniging			tijd	RT	PARA
12.	Ursula Spoelstra-de Groot	WS Twente	NED	197200952	<b>43.42</b>	+0.95	
<b>Masters 50+</b>							
1.	Jeanne Petit <i>Nederlands Masters Record</i>	PSV	NED	197001020	<b>31.25</b>	+0.58	
2.	Ingrid Boot-de Groot	De Aalscholver	NED	197000168	<b>31.94</b>	+0.70	
3.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>32.02</b>	+0.41	
4.	Susan Fraser	Free Style SC	GBR	63571	<b>32.69</b>	+0.62	
5.	Monique Tuijp	WZ&PC Purmerend	NED	196900800	<b>34.96</b>	+0.85	
6.	Jacqueline Tuin	DAW	NED	196600690	<b>35.19</b>	+0.76	
7.	Caroline Schreuder	Triton	NED	196700550	<b>37.17</b>	+0.84	
8.	Rita van der Horst	RZC	NED	196900260	<b>38.10</b>	+0.69	
9.	Irna van der Molen	WS Twente	NED	196900938	<b>44.08</b> *		
10.	Pauline Tromp-Lang de	ZZ&PC De Devel	NED	197001032	<b>45.69</b>		
11.	Miriam Stevens	Budel	NED	196900988	<b>47.04</b>	+1.11	
<b>Masters 55+</b>							
1.	Marjan Remmits	ZPC Woerden	NED	196300518	<b>33.30</b>	+0.60	
2.	Netty Burik-Geijzen	Albion WSS (SG)	NED	196300048	<b>35.61</b>	+0.63	
3.	Margriet Grove-Lingeman	Triton	NED	196200080	<b>36.56</b>	+0.66	
4.	Feikje Wittermans	WIDEX GZC DONK	NED	196400408	<b>38.39</b>	+0.77	
5.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	<b>40.74</b>	+0.83	
<b>Masters 60+</b>							
1.	Inge Wolfs	HHZV Plons	NED	196000304	<b>37.08</b>	+0.87	
2.	Claire Anthony <i>Belgisch Masters Record</i>	CNSW	BEL	001353/57	<b>37.39</b>	+0.83	
3.	Marijke Kraak-Beckers	WS Twente	NED	196000240	<b>38.23</b>	+0.79	
4.	Lia Bijkerk	WIDEX GZC DONK	NED	196000014	<b>51.66</b>		
<b>Masters 65+</b>							
1.	Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>38.31</b>	+0.72	
2.	Fernande Blondeel-Gourmet	CNSW	BEL	004901/52	<b>50.31</b>		
3.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	<b>59.88</b>	+0.70	
NG.ZA	Carla Hensen	PSV	NED	195300062			
<b>Masters 70+</b>							
1.	Conny Boer-Buys <i>Nederlands Masters Record</i>	ZVVS	NED	195000006	<b>38.89</b>	+0.92	
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>1:04.50</b>		
<b>Masters 75+</b>							
1.	Leny Kamp	Aquapoldro	NED	194400008	<b>1:24.00</b>	+1.17	
<b>Masters 80+</b>							
1.	Marie Smits <i>Kampioenschaps Record</i>	Old Dutch	NED	193800004	<b>1:04.74</b>	+1.05	



Programmanr. 8  
24-01-2020 - 13:15

Heren, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Thomas Verhoeven <i>Nederlands Masters Record</i>	Albion WSS (SG)	NED	199700311	<b>24.17</b>	+0.71	
2.	Nicko Kamphuis	TRB-RES	NED	199900887	<b>25.43</b>	+0.57	
3.	Bram Lamberts	Ragnar	NED	199705485	<b>26.07</b>	+0.60	
4.	Pascal Nuijten	Albion WSS (SG)	NED	199701353	<b>26.13</b>	+0.69	
5.	Dennis Wildeboer	De Zwemlinie (SG)	NED	199800571	<b>27.11</b>	+0.71	
6.	Otto Pranger	Albion WSS (SG)	NED	200000007	<b>27.16</b>	+0.67	
7.	Robin van Beek	ZVL-1886 Tetteroo	NED	199704023	<b>27.49</b>	+0.68	
8.	Arjan Dekker	ReVeLie Swim Team	NED	200000499	<b>27.50</b>	+0.65	
9.	Hans Stoffers	Triton Putten	NED	199604027	<b>27.87</b>	+0.49	
10.	Jordy van Oel	WVZ	NED	199802003	<b>28.40</b>	+0.80	
11.	Mark Barg	DWT	NED	199805839	<b>28.43</b>	+0.73	
12.	Jacob Mackloet	De Schotejil	NED	200001171	<b>28.59</b>	+0.66	
13.	Sam Beer	Rotterdam Swimming (SG)	NED	199605521	<b>28.66</b>	+0.70	
14.	Roel van Grol	WIDEX GZC DONK	NED	199802277	<b>28.87</b>	+0.65	
15.	Patrick Wyrdeeman	Albion WSS (SG)	NED	199702475	<b>29.22</b>	+0.63	
16.	Ian van Mullem	ZOB'66	NED	199602545	<b>29.62</b>	+0.71	
17.	Ayrton Mooldijk	Albion WSS (SG)	NED	199901449	<b>29.73</b>	+0.67	
18.	Jorn Lucas	De Veene	NED	200000675	<b>29.76</b>	+0.79	
19.	Lukas Schouten	AZC	NED	199602515	<b>29.97</b>	+0.86	
20.	Thomas Gheeraert	Dunkerque Natation	FRA	919124	<b>30.24</b>	+0.73	
21.	Bido Mohamed	DWT	NED	199805237	<b>31.68</b>	+0.68	
22.	Job Esink	ESCA Zwemmen	NED	199801699	<b>32.67</b>	+0.72	
<b>Masters 25+</b>							
1.	Jeroen Baars <i>Nederlands Masters Record</i>	Rotterdam Swimming (SG)	NED	199200031	<b>24.29</b>	+0.74	
2.	Romero Hennep	De Kempvis	NED	199304929	<b>25.86</b>	+0.67	
3.	Mesut Halicioglu	CNSW	BEL	0010168/92	<b>26.29</b>	+0.69	
4.	Dennis Bos	HZ&PC Heerenveen	NED	199201965	<b>26.85</b>	+0.63	
5.	Bernd Kobesen	Steenwijk 1934	NED	199300981	<b>26.99</b>	+0.66	
6.	Felix Geenen	DAW	NED	199501085	<b>27.08</b>	+0.74	
7.	Nick Sijmons	De Amstel	NED	199500491	<b>27.15</b>	+0.67	
8.	Kevin Eltink	DWK	NED	199100589	<b>27.38</b>	+0.79	
9.	Mike Schel	ESCA Zwemmen	NED	199403279	<b>28.17</b>	+0.72	
10.	Michel de Maesschalck	DAW	NED	199101525	<b>28.57</b>	+0.77	
11.	Jeffrey Camphens	DWT	NED	199503113	<b>28.62</b>	+0.66	
12.	Rens Post	WVZ	NED	199101827	<b>29.19</b>	+0.76	
13.	Bart Kiesewetter	TRB-RES	NED	199101203	<b>29.59</b>	+0.72	
14.	Remco Oskam	WIDEX GZC DONK	NED	199205583	<b>29.69</b>	+0.78	
15.	Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>30.07</b>	+0.67	
16.	Hiras Ferrandino	DWT	NED	199306527	<b>31.34</b>	+0.57	
17.	Mark van der Want	GLS Ketelinkie	NED	199107511	<b>33.59</b>	+0.81	
18.	Tim Dodemont	De Waalstroom	NED	199107513	<b>37.30</b>	+0.80	
<b>Masters 30+</b>							
1.	Marc Kremer <i>Nederlands Masters Record</i>	ReVeLie Swim Team	NED	199004667	<b>25.18</b>	+0.64	
2.	Filip Rowi ski	Legia Warszawa	POL		<b>26.12</b>	+0.62	
3.	Arjan van der Plaats	DIO	NED	198602403	<b>26.47</b>	+0.74	
4.	Yvo op den Kamp	MZ&PC	NED	198901553	<b>27.43</b>	+0.69	
5.	Rick Driezen	Steenwijk 1934	NED	198600713	<b>28.11</b>	+0.78	
6.	Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	<b>28.27</b>	+0.71	
7.	Tomasz Wilcz ga	Legia Warszawa	POL		<b>28.32</b>	+0.59	
8.	Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	<b>28.65</b>	+0.87	

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 8, Heren, 50m vlinderslag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
9.	Ferdy van Mastrigt	Rotterdam Swimming (SG)	NED	198802315	<b>28.96</b>	+0.68	
10.	Bastian Zoon	SGGO (SG)	NED	198703929	<b>29.37</b>	+0.68	
11.	Robert Braad	Steenwijk 1934	NED	198600407	<b>30.09</b>	+0.77	
12.	Melano Winter	AZ&PC De Futen	NED	198703847	<b>31.08</b>	+0.83	
13.	Renaldas Ratkus	Kauno Takas	LTU		<b>31.11</b>	+0.74	
14.	Patrick de Jonge	Deltasteur	NED	198906635	<b>31.30</b>	+0.77	
NG.ZA	Marc Hoogendam	Ragnar	NED	199007713			

Masters 35+

1.	Mark Baars <i>Nederlands Masters Record</i>	Rotterdam Swimming (SG)	NED	198500059	<b>24.84</b>	+0.64	
2.	Joan Kentrop	ZPC AMERSFOORT	NED	198503575	<b>25.70</b>	+0.75	
3.	Lauren Vis	Steenwijk 1934	NED	198201883	<b>26.92</b>	+0.61	
4.	Robert Dekker	Dedemsvaart-AC	NED	198400443	<b>27.98</b>	+0.73	
5.	Guido Moret	Albion WSS (SG)	NED	198501793	<b>28.30</b>	+0.72	
6.	Peter van de Bor	DWT	NED	198402897	<b>29.22</b>	+0.79	
7.	Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>29.25</b>	+0.75	
8.	Wouter Zijlstra	DAW	NED	198202077	<b>29.93</b>	+0.78	
9.	Sigitas Tachtarovas	Klaipėdos plaukimo klubas	LTU		<b>30.52</b>	+0.81	
10.	Martin van Vaardegem	GoSwim	NED	198201767	<b>33.20</b>	+0.75	

Masters 40+

1.	Marcin Kaczmarek <i>Polish Masters Record</i>	Legia Warszawa	POL		<b>24.97</b>	+0.81	
2.	Casper Hut <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	NED	197800471	<b>25.81</b>	+0.68	
3.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>26.74</b>	+0.68	
4.	Ruud Holswilder	ZPCH	NED	197800435	<b>27.99</b>	+0.84	
5.	Evgeny Ryzhov	Sprut	RUS	00-006	<b>28.29</b>	+0.81	
6.	László Jüllich	ZPCH	NED	197801893	<b>29.16</b>	+0.80	
7.	Walter Stielstra	TRB-RES	NED	197701651	<b>29.74</b>	+0.78	
8.	Pieter Broek	Albion WSS (SG)	NED	197701637	<b>30.12</b>	+0.69	
9.	Han Boone	SWOL 1894	NED	197701319	<b>31.74</b>	+0.68	
10.	Marco van Antwerpen	ZV Strijen	NED	198000027	<b>32.36</b>	+0.78	
11.	Raymond Oosterbaan	WIDEX GZC DONK	NED	197700711	<b>32.93</b>	+0.86	
12.	Wilco Steenwijk	ZVV	NED	198002465	<b>33.61</b>	+0.81	
13.	Ingmar Kooman	ZVL-1886 Tetteroo	NED	197901517	<b>34.08</b>	+0.68	
14.	Robin Roskam	De Duinkickers	NED	197801831	<b>39.55</b>	+0.84	
NG.ZA	Paul Rutten	ESCA Zwemmen	NED	198001293			
AFGEM	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551			

Masters 45+

1.	Frederic Tonus <i>Luxembourgs Masters Record</i>	Luxembourg Sharks SC	LUX	10449	<b>25.86</b>	+0.70	
2.	Antwan van Engen	De Ward	NED	197101577	<b>27.51</b>	+0.70	
3.	Edgar Thimister	MZ&PC	NED	197501511	<b>27.71</b>	+0.70	
4.	Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>28.61</b>	+0.48	
5.	Alex Damen	DAW	NED	197501371	<b>29.33</b>	+0.74	
6.	Eric Hoekman	WS Twente	NED	197401531	<b>29.37</b>	+0.85	
7.	Eelco van Gemert	ZPC De Zeeuwse Kust	NED	197200299	<b>30.26</b>	+0.82	
8.	Michael Go	AZC	NED	197501397	<b>31.98</b>	+0.76	
9.	Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>34.74</b>	+0.82	
10.	Pieter Bardelmeijer	Deltasteur	NED	197201665	<b>43.13</b>	+0.90	
11.	Leon Erkelens	Rotterdam Swimming (SG)	NED	197401539	<b>44.41</b>	+0.73	

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28-01-2020 19:47 - pagina 40



Programmanr. 8, Heren, 50m vlinderslag

Masters 50+

1.	Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>27.68</b>	+0.69
2.	Romuald Kozłowski	Legia Warszawa	POL		<b>29.65</b>	+0.78
3.	Geert Wijn	De Gelenberg	NED	196701101	<b>29.96</b>	+0.66
4.	Pieter van Gemeren	DAW	NED	196901779	<b>30.01</b>	+0.74
5.	René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>30.82</b>	+0.74
6.	Kees Akershoek	SGGO (SG)	NED	196900009	<b>31.27</b>	+0.72
7.	Arturas Klimas	Klaipedos plaukimo klubas	LTU		<b>32.06</b>	+0.67
8.	Jeroen den Boer	TRB-RES	NED	196701475	<b>32.40</b>	+0.75
9.	Marcel Brittijn	De Duinkickers	NED	196900159	<b>34.33</b>	+0.61
10.	Ingmar de Gelder	ZOB'66	NED	197000333	<b>34.81</b>	+0.76
11.	Bert de Weerd	RZC	NED	196701283	<b>35.70</b>	+0.84
12.	Edward van Nijmweegen	Budel	NED	197001635	<b>37.25</b>	+0.94
13.	Ramon Alsina Munoz	CNSW	BEL	001353/69	<b>39.35</b>	

Masters 55+

1.	Peter Bernsen	De Rog	NED	196301119	<b>29.40</b>	+0.54
2.	Johan Remmits	ZPC AMERSFOORT	NED	196201159	<b>29.88</b>	+0.67
3.	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	<b>30.81</b>	+0.84
4.	Wijam Nijenhuis	De IJsel	NED	196400547	<b>31.16</b>	+0.78
5.	Hans Vloedgraven	Old Dutch	NED	196400917	<b>32.00</b>	+0.85
6.	Robert de Brauwier	De Duinkickers	NED	196401383	<b>33.28</b>	+0.80
7.	Fred Dijkshoorn	Albion WSS (SG)	NED	196501539	<b>33.56</b>	+0.83
8.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	<b>34.05</b>	+0.60
9.	Erik Saan	De Duck	NED	196500769	<b>34.27</b>	+1.00
10.	Eric de Haas	De Treffers	NED	196501275	<b>34.36</b>	+0.94
11.	Wilbert Barten	Nautilus	NED	196401373	<b>34.54</b>	+0.73
12.	Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	<b>34.94</b>	+0.88
13.	Henri Michels	De Amstel	NED	196501587	<b>35.72</b>	+0.79

Masters 60+

1.	Rastislav Pavlík <i>Slovak Masters Record</i>	KPS Nereus Žilina	SVK	SVK10478	<b>29.22</b>	+0.78
2.	Jean-Pierre Delaporte	Dunkerque Natation	FRA	105978	<b>29.91</b>	+0.64
3.	Fred Ketting	PSV	NED	196000289	<b>30.88</b>	+0.73
4.	Philippe Herve	Toulouse Athletic Club Natation	FRA	182043	<b>32.58</b>	+0.71
5.	Paul Bunnik	Triton	NED	195600413	<b>34.29</b>	+0.81
6.	Jaap de Boer	De Duinkickers	NED	195800691	<b>38.13</b>	+0.83
7.	André Schutte	ZPC De Zeeuwse Kust	NED	196000521	<b>39.99</b>	+0.94

Masters 65+

1.	Jean-Marie Cadiat	CNSW	BEL	000243/53	<b>31.81</b>	+0.91
2.	Alexander Mills <i>Norwegian Masters Record</i>	Hamar Idrettslag	NOR	M221251ALE01	<b>32.16</b>	+0.85
3.	Ferenc Erdelyi	Torokbalint Senior	HUN		<b>33.52</b>	+0.89
4.	Henk Slomp	De Inktvis	NED	195500359	<b>33.95</b>	+0.80
5.	Peter Gulyas	Dunakanyar	HUN		<b>34.15</b>	+0.67
6.	Ruud Ruiter	WWV Winterswijk	NED	195300169	<b>37.26</b>	+0.82
7.	Pierre Monnet	Entente Sportive Nanterre	FRA	2609667	<b>38.95</b>	+0.52

Masters 70+

1.	Piet Schop <i>Nederlands Masters Record</i>	De Bevelanders	NED	195000109	<b>36.71</b>	+0.67
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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 8, Heren, 50m vlinderslag

Masters 75+

1. Peter Ouweneel Rotterdam Swimming (SG) NED 194500077 **1:27.10** +0.97

Masters 80+

1. Frans van Enst WS Twente NED 194000011 **47.64** +1.08

Programmanr. 9  
24-01-2020 - 13:30

Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Fenna de Groot	Albion WSS (SG)	NED 199701796	<b>2:41.27</b>	+0.69	36.71	1:17.39	1:58.93	2:41.27
2. Anne Noom	Het Y	NED 199800062	<b>2:44.75</b>	+0.56	37.36	1:19.33	2:01.70	2:44.75
3. Manon Kloosterman	De Bevelanders	NED 199702082	<b>2:46.71</b>	+0.84	37.51	1:19.90	2:03.16	2:46.71
4. Chantal Beijer	DWT	NED 199700884	<b>2:49.66</b>	+0.75	38.41	1:21.39	2:05.57	2:49.66
5. Lotte Middelbos	De Schoteijl	NED 199900680	<b>2:52.96</b>	+0.75	37.90	1:22.05	2:07.21	2:52.96
6. Anoeska van de Kraats	DWK	NED 199701284	<b>2:55.08</b>	+0.59	39.12	1:23.46	2:09.19	2:55.08
7. Lisanne Seising	VZC	NED 200002084	<b>2:56.11</b>	+0.67	38.98	1:24.38	2:10.87	2:56.11
8. Masha Odijk	GoSwim	NED 199904922	<b>3:02.23</b>	+0.77	41.14	1:26.83	2:13.90	3:02.23
9. Brighid van Uffelen	ZPB H&L Productions	NED 199800310	<b>3:08.20</b>	+0.72	41.96	1:28.59	2:16.94	3:08.20
10. Sheila Ten Voorde	ZVV	NED 199904538	<b>3:11.75</b>	+0.85	42.53	1:30.70	2:20.48	3:11.75
11. Kim van Rossum	ZC AquaDream	NED 199706374	<b>3:49.41</b>	+1.18	53.82	1:51.89	2:50.94	3:49.41
12. Mariska Scholts	Rotterdam Swimming (SG)	NED 199606804	<b>4:22.83</b>	+0.85	58.95	2:06.35	3:15.81	4:22.83

Masters 25+

1. Yvon Versteeg	De Veene	NED 199201864	<b>2:37.59</b>	+0.76	35.80	1:15.81	1:56.63	2:37.59
<i>Nederlands Masters Record</i>								
2. Chantal van der Horst	De Meer	NED 199400616	<b>2:47.49</b>	+0.78	38.02	1:20.64	2:04.15	2:47.49
3. Fiona Meuffels	RZ	NED 199504366	<b>2:47.63</b>	+0.70	37.80	1:20.66	2:04.67	2:47.63
4. P. Dominguez Artiga	Club Natacion Cuatro Camino	ESP	<b>2:47.73</b>	+0.81	38.50	1:21.55	2:03.95	2:47.73
5. Karlien Veldscholte	Ragnar	NED 199305880	<b>2:51.75</b>	+0.79	37.88	1:20.75	2:05.89	2:51.75
6. Naomi Stacia	SwimGym	NED 199201668	<b>2:54.24</b>	+0.76	39.66	1:23.01	2:08.62	2:54.24
7. Danielle Vermeulen	Zwemlust- den Hommel	NED 199108534	<b>2:57.79</b>	+0.73	39.42	1:25.50	2:11.80	2:57.79
8. Karin Verbeek	Nautilus	NED 199201848	<b>2:58.59</b>	+0.69	39.66	1:24.50	2:11.83	2:58.59
9. Ramona Noordermeer	ZVVS	NED 199401746	<b>3:08.29</b>	+0.72	42.11	1:30.32	2:19.15	3:08.29
10. Sanne de Roo	ZZ&PC De Devel	NED 199501934	<b>3:09.82</b>	+0.69	42.24	1:30.18	2:19.79	3:09.82
11. S. Dekker-Bergsma	Dedemsvaart-AC	NED 199203374	<b>3:27.50</b>	+0.66	46.52	1:39.11	2:33.05	3:27.50
12. Brechtje Arts	Aquapoldro	NED 199406368	<b>3:44.62</b>	+0.96	50.11	1:46.02	2:45.48	3:44.62

Masters 30+

1. Susanne van der Linden	DIO	NED 198802736	<b>2:52.15</b>	+0.82	39.07	1:22.53	2:06.85	2:52.15
2. Maaïke de Boer	De Duinkickers	NED 199000362	<b>2:53.27</b>		39.28	1:22.94	2:07.59	2:53.27
3. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:54.07</b>	+0.71	37.97	1:21.83	2:07.56	2:54.07
4. Suzan Blankestijn	ZVL-1886 Tetteroo	NED 198900350	<b>2:55.56</b>	+0.75	38.34	1:21.64	2:07.53	2:55.56
5. Karin van Dijk	De Wellerobben	NED 198600850	<b>2:55.64</b>	+0.78	38.39	1:21.97	2:08.06	2:55.64
6. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>2:59.80</b>	+0.88	40.86	1:25.86	2:12.28	2:59.80
7. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	<b>3:06.19</b>	+0.66	41.61	1:27.95	2:16.37	3:06.19
8. Dorien Vasseur	Scheldestroom	NED 198704164	<b>3:34.92</b>	+0.68	47.56	1:42.37	2:40.01	3:34.92
9. Janneke Wynia	WS Twente	NED 199005500	<b>3:37.08</b>	+1.01	50.17	1:46.71	2:43.31	3:37.08

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28-01-2020 19:47 - pagina 42



Programmanr. 9, Dames, 200m schoolslag

Masters 35+

1. Laura Badoux	DAW	NED 198200038	<b>2:52.51</b>	+0.84	38.78	1:23.03	2:07.87	2:52.51
2. Caroline van Tiggelen	Scheldestroom	NED 198301970	<b>3:01.44</b>	+0.58	39.59	1:24.47	2:11.72	3:01.44
3. Leonie van der Lavoir	ZPC Numansdorp	NED 198501834	<b>3:06.45</b>	+0.70	42.42	1:28.70	2:17.44	3:06.45
4. Angela Giezen	Upstream Amsterdam	NED 198302796	<b>3:12.51</b>	+0.76	43.90	1:32.84	2:23.15	3:12.51
5. Isaline Manchel	CNSW	BEL 001284/85	<b>3:13.17</b>	+0.62	43.98	1:32.31	2:21.88	3:13.17

Masters 40+

1. Kika Meijers	SWOL 1894	NED 198000736	<b>2:57.73</b>	+0.82	40.42	1:25.43	2:11.62	2:57.73
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Masters 45+

1. Isabelle Dherbecourt	Dunkerque Natation	FRA 1574264	<b>2:58.00</b>	+0.73	40.49	1:25.49	2:11.89	2:58.00
2. Karin Stein	ZVVS	NED 197100554	<b>2:59.21</b>	+0.63	41.79	1:28.15	2:13.98	2:59.21
3. Liselotte Joling	PSV	NED 197500268	<b>2:59.74</b>	+0.79	41.11	1:26.61	2:13.94	2:59.74
4. Nadège van Meeteren	De Meer	NED 197400736	<b>3:06.72</b>		41.89	1:28.41	2:17.56	3:06.72
5. Isabelle Josselin	Dunkerque Natation	FRA 2500231	<b>3:06.76</b>	+0.64	40.49	1:26.82	2:15.06	3:06.76
6. Katharina Schlipp	De Vliet (SG)	NED 197301004	<b>3:09.81</b>		41.75	1:28.60	2:18.21	3:09.81
7. Pascalie Janssen	Patrick-De Roersoppers (SG)	NED 197300852	<b>3:13.28</b>	+0.84	43.08	1:31.88	2:22.00	3:13.28
8. H. Driesen-Joanknecht	Aqua-Novio '94	NED 197101056	<b>3:31.00</b>	+0.92	48.09	1:41.88	2:37.49	3:31.00
9. U. Spoelstra-de Groot	WS Twente	NED 197200952	<b>3:36.74</b>	+0.96	47.75	1:42.93	2:40.06	3:36.74
10. Greta Wyma-Teitsma	DWK	NED 197100696	<b>3:51.62</b>	+0.89	51.39	1:50.79	2:51.76	3:51.62
11. Linda Kerkmeester	GoSwim	NED 197400980	<b>3:52.82</b>		53.17	1:52.82	2:53.22	3:52.82
12. Conny Veenings	ZV Haerlem	NED 197300980	<b>4:00.78</b>	+1.06	54.91	1:54.68	2:57.25	4:00.78

Masters 50+

1. Trudy Ketting	PSV	NED 197000268	<b>2:55.02</b>	+0.74	39.51	1:23.50	2:09.55	2:55.02
<i>Nederlands Masters Record</i>								
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>3:05.24</b>	+0.79	41.58	1:28.07	2:16.46	3:05.24
3. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>3:10.40</b>	+0.92	42.48	1:30.54	2:20.40	3:10.40
4. Iris van Aurich	DWK	NED 196900866	<b>3:11.20</b>	+0.49	41.95	1:30.84	2:21.50	3:11.20
5. Machteld Stilling	ZPC AMERSFOORT	NED 196600716	<b>3:36.27</b>	+0.62	49.83	1:44.61	2:41.37	3:36.27
6. K. van Nassau-van den	Old Dutch	NED 196600188	<b>3:37.47</b>	+0.96	49.17	1:44.35	2:40.95	3:37.47

Masters 55+

1. Annemarie Vuist-Blum	SWOL 1894	NED 196300282	<b>3:22.41</b>	+0.71	46.99	1:40.03	2:31.09	3:22.41
2. Petra Tossings	DAW	NED 196100376	<b>3:23.89</b>	+0.80	46.52	1:39.45	2:32.15	3:23.89
3. J. Rolloos-Bakkers	De Lansingh	NED 196300222	<b>3:24.26</b>	+0.80	45.32	1:38.49	2:32.44	3:24.26
4. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	<b>3:33.53</b>	+0.96	48.89	1:42.97	2:37.83	3:33.53
5. Alice de Haan	WIDEX GZC DONK	NED 196400590	<b>3:52.66</b>		53.60	1:52.48	2:52.99	3:52.66
6. Annemarie Straetemans	De Geul	NED 196300508	<b>4:00.35</b>	+0.99	55.36	1:55.78	2:57.96	4:00.35
7. Riekje Schra	Steenwijk 1934	NED 196400404	<b>5:05.14</b>	+1.44	1:08.22	2:25.95	3:46.29	5:05.14

Masters 60+

1. Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	<b>3:31.33</b>	+0.82	48.44	1:41.89	2:36.84	3:31.33
2. Inge Wolfs	HHZV Plons	NED 196000304	<b>3:31.86</b>	+0.96	49.46	1:42.49	2:36.52	3:31.86
3. Liudmila Skopina	CNBA	BEL 007092/57	<b>3:33.06</b>	+0.97	48.66	1:42.78	2:38.68	3:33.06
4. Hannie Poletiek	TriVia	NED 195900278	<b>3:44.29</b>	+0.78	52.49	1:49.50	2:47.14	3:44.29
5. Lia Bijkerk	WIDEX GZC DONK	NED 196000014	<b>4:03.32</b>	+0.84	54.64	1:58.34	3:02.76	4:03.32
6. Mies Kuipers	Old Dutch	NED 195800202	<b>4:41.26</b>	+0.92	1:05.64	2:16.74	3:31.05	4:41.26

Masters 65+

1. Ineke Weekers	PSV	NED 195300050	<b>3:21.44</b>	+0.86	47.47	1:39.07	2:30.68	3:21.44
<i>Nederlands Masters Record</i>								
2. Tineke van Diggelen	ZPCH	NED 195200048	<b>4:14.83</b>		58.04	2:02.90	3:09.45	4:14.83
3. Geerdien Meerwaldt	De Geul	NED 195200058	<b>4:49.11</b>		1:05.43	2:17.00	3:30.81	4:49.11



Programmanr. 9, Dames, 200m schoolslag

Masters 70+

1. Elly Maassen	Hellas-Glana	NED 195000044	<b>4:22.82</b>		58.67	2:04.91	3:14.88	4:22.82
2. A. Verhoeven - Stegger	De Duinkickers	NED 194600024	<b>4:28.44</b>		1:02.20	2:09.98	3:20.74	4:28.44

Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED 194500002	<b>4:31.57</b>	+1.08	1:03.15	2:12.40	3:23.02	4:31.57
<i>Nederlands Masters Record</i>								

Programmanr. 10  
24-01-2020 - 14:02

Heren, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
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Masters 20+

1. Bram Lamberts	Ragnar	NED 199705485	<b>2:21.96</b>	+0.57	31.65	1:08.52	1:45.44	2:21.96
2. David Kievit	De Schotejil	NED 199900325	<b>2:34.72</b>	+0.73	34.15	1:12.90	1:53.05	2:34.72
3. Richard van der Horst	De Meer	NED 199700179	<b>2:35.33</b>	+0.82	35.49	1:15.24	1:55.27	2:35.33
4. Gideon Teeuw	De Veene	NED 199801237	<b>2:37.01</b>	+0.73	35.15	1:15.21	1:56.23	2:37.01
5. Martijn Houweling	ZPV Barracuda	NED 199600893	<b>2:42.34</b>	+0.74	35.17	1:16.02	1:58.78	2:42.34

Masters 25+

1. Dirk Zeelte	De Waalstroom	NED 199105911	<b>2:23.33</b>	+0.80	31.94	1:07.35	1:44.85	2:23.33
2. Jelle Nap	VZC	NED 199502875	<b>2:26.41</b>	+0.78	33.86	1:11.25	1:48.54	2:26.41
3. Dennis Bos	HZ&PC Heerenveen	NED 199201965	<b>2:27.80</b>	+0.62	31.56	1:08.60	1:47.91	2:27.80
4. Pablo Benavides Lopez	Club Natacion Cuatro Camino	ESP	<b>2:28.49</b>	+0.72	32.80	1:09.88	1:48.84	2:28.49
5. Timo Dinkelberg	Albion WSS (SG)	NED 199300773	<b>2:30.68</b>	+0.65	33.11	1:11.50	1:50.99	2:30.68
6. Martino Valentijn	DIO	NED 199403913	<b>2:31.71</b>	+0.79	33.75	1:13.53	1:53.27	2:31.71
7. Pieter Pijnenburg	De Biesboschzwemmers	NED 199305227	<b>2:32.89</b>	+0.71	33.57	1:12.03	1:51.93	2:32.89
8. Jeffrey Camphens	DWT	NED 199503113	<b>2:34.04</b>	+0.65	34.88	1:14.77	1:54.33	2:34.04
9. Nick Sijmons	De Amstel	NED 199500491	<b>2:38.62</b>	+0.70	34.84	1:14.35	1:55.08	2:38.62
10. Maik Steenkamp	Montferland	NED 199103847	<b>2:42.83</b>	+0.75	36.24	1:18.25	2:00.74	2:42.83
11. Tom de Lange	Deltasteur	NED 199300303	<b>2:53.23</b>	+0.75	38.08	1:22.23	2:09.02	2:53.23
12. Patrick Wobben	Steenwijk 1934	NED 199300559	<b>3:19.53</b>	+0.82	42.86	1:33.02	2:26.66	3:19.53
13. Bob Potkamp	Deltasteur	NED 199403189	<b>3:21.79</b>	+1.00	44.72	1:37.02	2:30.05	3:21.79

Masters 30+

1. Marco Usula	CNSW	BEL 009303/90	<b>2:23.51</b>	+0.71	31.35	1:06.59	1:43.71	2:23.51
2. Erik Verholt	Noord Veluwe	NED 198803543	<b>2:33.43</b>	+0.79	33.16	1:12.35	1:52.09	2:33.43
3. Patrick Creemers	RZ	NED 199000579	<b>2:37.35</b>	+0.80	34.50	1:13.81	1:54.88	2:37.35
4. Tim Bunnik	Triton	NED 199000505	<b>2:38.67</b>	+0.75	34.76	1:15.12	1:56.99	2:38.67
5. Jeroen Burggraaf	De Blauwe Schuur	NED 199000467	<b>2:39.37</b>	+0.83	35.83	1:16.22	1:58.27	2:39.37
6. Stefan van de Griff	SWOL 1894	NED 198701121	<b>2:40.42</b>	+0.75	34.99	1:15.77	1:57.39	2:40.42
7. Dennis Kraakman	DAW	NED 198705325	<b>2:50.47</b>	+0.68	35.96	1:18.02	2:03.85	2:50.47
8. Wouter van 't Klooster	ZPC AMERSFOORT	NED 198806159	<b>2:58.95</b>	+0.70	40.04	1:24.91	2:10.52	2:58.95
9. Marten Etema	HZ&PC Heerenveen	NED 199007703	<b>3:07.19</b>	+0.76	41.88	1:29.84	2:20.03	3:07.19
NG.ZA Jasper Peters	PSV	NED 198602379						

Masters 35+

1. Mark Baars	Rotterdam Swimming (SG)	NED 198500059	<b>2:16.82</b>	+0.67	31.61	1:07.02	1:42.27	2:16.82
<i>Nederlands Masters Record</i>								
2. Chris Jones	City of Cardiff	GBR 3878	<b>2:17.95</b>	+0.71	31.09	1:05.60	1:41.31	2:17.95
3. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:32.37</b>	+0.76	33.45	1:11.76	1:51.15	2:32.37
4. Tim van den Berg	Rotterdam Swimming (SG)	NED 198500157	<b>2:33.07</b>	+0.70	34.40	1:12.82	1:52.74	2:33.07
5. Kristiaan Lenos	ZVL-1886 Tetteroo	NED 198301331	<b>2:37.81</b>	+0.75	34.57	1:14.26	1:55.77	2:37.81
6. Pieter Pickhardt	ZPC De Hof	NED 198301657	<b>2:37.87</b>	+0.79	35.53	1:15.88	1:56.82	2:37.87

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Programmanr. 10, Heren, 200m schoolslag, Masters 35+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
7. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	<b>2:40.34</b>	+0.80	36.05	1:16.64	1:58.42	2:40.34
8. Thommy Nickel	ZPC Woerden	NED 198401627	<b>2:48.60</b>	+0.83	37.91	1:19.99	2:04.33	2:48.60
9. Dirk Smit	Tiamat	NED 198101559	<b>2:50.79</b>	+0.62	38.54	1:22.31	2:06.58	2:50.79
10. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	<b>3:00.11</b>	+0.73	38.39	1:23.43	2:10.83	3:00.11
11. Nicolas Slegers	CNSW	BEL 005301/84	<b>3:07.74</b>	+0.82	42.07	1:30.27	2:19.30	3:07.74

Masters 40+

1. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	<b>2:37.20</b>	+0.73	34.48	1:15.24	1:56.33	2:37.20
2. Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	<b>2:48.15</b>	+0.81	36.45	1:17.42	2:01.39	2:48.15
3. Walter Stielstra	TRB-RES	NED 197701651	<b>2:50.30</b>	+0.79	36.54	1:19.09	2:04.09	2:50.30
4. Arjan Buijsse	Sassenheim	NED 197901767	<b>2:54.30</b>	+0.83	39.08	1:23.08	2:08.37	2:54.30
5. Tom Bandsma	PSV	NED 197701625	<b>3:14.34</b>	+1.01	42.96	1:31.49	2:22.91	3:14.34

Masters 45+

1. Maarten van der Zwan	Scheldestroom	NED 197501017	<b>2:37.88</b>	+0.88	33.46	1:12.58	1:54.35	2:37.88
2. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:44.73</b>	+0.48	36.41	1:18.67	2:01.51	2:44.73
3. Michael van Bekkum	SWOL 1894	NED 197200051	<b>2:47.38</b>	+0.76	36.46	1:18.46	2:02.24	2:47.38
4. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>3:02.49</b>	+0.84	40.82	1:26.90	2:14.61	3:02.49
5. Chang Bom	The Hague Swimming (SG)	NED 197201483	<b>3:03.17</b>	+0.63	41.40	1:26.86	2:14.36	3:03.17
6. Bas Kremers	TRB-RES	NED 197201611	<b>3:05.71</b>	+0.76	40.32	1:26.98	2:16.59	3:05.71
7. Martijn de Jong	DWK	NED 197101659	<b>3:06.87</b>	+0.86	40.50	1:27.82	2:17.78	3:06.87
8. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:13.82</b>	+0.85	44.58	1:34.75	2:26.52	3:13.82
9. Rob van de Ven	Neptunus'58	NED 197101695	<b>3:17.93</b>	+0.67	43.40	1:33.73	2:25.34	3:17.93
10. Alberto Randazzo	The Hague Swimming (SG)	NED 197101741	<b>3:19.86</b>	+0.95	43.78	1:33.67	2:27.47	3:19.86

Masters 50+

1. Harold Matla	PSV	NED 196800591	<b>2:40.68</b>	+0.90	36.56	1:17.91	1:59.99	2:40.68
2. J. van den Berg	WVZ	NED 196801575	<b>2:45.71</b>	+0.77	37.85	1:20.41	2:02.90	2:45.71
3. Paul van den Heuvel	Arethusa	NED 197000441	<b>2:47.05</b>	+0.92	37.63	1:20.03	2:03.56	2:47.05
4. Hans Schoenmakers	DAW	NED 196900863	<b>2:54.72</b>	+0.81	38.79	1:24.79	2:10.40	2:54.72
5. Frank van Nobelen	Sassenheim	NED 196900753	<b>2:55.60</b>	+0.83	39.71	1:24.38	2:09.95	2:55.60
6. Joop Weenink	WS Twente	NED 196801535	<b>2:58.97</b>	+0.91	40.16	1:24.83	2:11.54	2:58.97
7. Nico Swart	De Biesboschwemmers	NED 196801475	<b>3:02.53</b>	+0.88	41.03	1:28.44	2:16.51	3:02.53
8. Roelof Broekman	De Spatters	NED 196800155	<b>3:18.08</b>	+0.78	43.73	1:33.10	2:25.24	3:18.08
9. Gertjan van der Vaart	ZVVS	NED 196801529	<b>3:27.18</b>	+0.58	44.51	1:37.60	2:33.36	3:27.18
DIS Guido Keutgen	Steenwijk 1934	NED 196801551						

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 55+

1. Bert Schlicher	RZ	NED 196400669	<b>2:48.29</b>	+0.78	36.93	1:19.49	2:03.76	2:48.29
2. F. Dehandschoewerck	Dunkerque Natation	FRA 57433	<b>2:53.86</b>	+0.58	37.61	1:20.49	2:06.20	2:53.86
3. Arno Schrauwen	Patrick-De Roersoppers (SG)	NED 196501355	<b>2:56.38</b>	+0.83	39.32	1:24.35	2:10.58	2:56.38
4. Gert Sikkema	Zwemclub Urk 1978	NED 196300687	<b>2:56.99</b>	+0.81	38.92	1:22.96	2:08.78	2:56.99
5. Theo Bakker	TriVia	NED 196401231	<b>2:58.98</b>	+0.81	39.74	1:25.53	2:12.55	2:58.98
6. Ronald Grove	Triton	NED 196100161	<b>2:59.70</b>	+0.70	39.20	1:26.07	2:13.70	2:59.70
7. Bertjan Schelhaas	DWT	NED 196501577	<b>3:00.98</b>	+0.79	40.11	1:26.42	2:13.50	3:00.98
8. Ralph Caster	RZ	NED 196100069	<b>3:04.56</b>	+0.86	40.33	1:27.05	2:16.11	3:04.56
9. A. Juodeska	Kauno Takas	LTU	<b>3:08.12</b>	+0.75	43.62	1:32.47	2:21.40	3:08.12
10. Casper Dollekamp	Steenwijk 1934	NED 196301341	<b>3:13.78</b>	+0.75	41.79	1:29.93	2:22.00	3:13.78
11. Bart van Calker	WS Twente	NED 196100067	<b>3:39.09</b>	+0.93	49.61	1:43.17	2:39.61	3:39.09

Masters 60+

1. Sigitas Katkevicius	Dzukijos Vandenis	LTU	<b>2:54.32</b>	+0.75	38.58	1:22.49	2:08.06	2:54.32
<i>Kampioenschaps Record, Lithuanian Masters Record</i>								
2. Wim de Lange	AZC	NED 195800533	<b>3:13.39</b>	+0.72	40.80	1:27.91	2:19.34	3:13.39
3. André Pantekoek	PSV	NED 195800321	<b>3:56.26</b>	+0.83	50.05	1:49.26	2:53.12	3:56.26

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 10, Heren, 200m schoolslag, Masters 60+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
4. Robert Schulein	H2Oldambt	NED 195900843	<b>4:00.47</b>	+0.74	52.57	1:52.83	2:58.36	4:00.47

Masters 65+

1. Jean-Marie Cadiat	CNSW	BEL 000243/53	<b>3:02.66</b>	+0.91	41.13	1:27.86	2:15.70	3:02.66
<i>Kampioenschaps Record</i>								
2. Charles Bos	Patrick-De Roersoppers (SG)	NED 195300019	<b>3:15.40</b>	+0.67	43.55	1:33.66	2:25.18	3:15.40
3. Nello Spiteri	DAW	NED 195200295	<b>4:36.95</b>	* +1.09	1:04.26	2:15.29	3:27.56	4:36.95

Masters 70+

1. J. Macpherson-Stewart	Free Style SC	GBR 30261	<b>3:35.34</b>		48.67	1:44.63	2:41.45	3:35.34
2. Mans Buis	SWOL 1894	NED 194700133	<b>4:15.72</b>	+0.98	59.19	2:03.23	3:10.89	4:15.72
3. Nico van Dongen	ZZ&PC De Devel	NED 194800159	<b>4:52.28</b>	+1.12	1:02.44	2:18.06	3:35.86	4:52.28

Masters 75+

1. Rob Hanou	PSV	NED 194300109	<b>3:47.79</b>	+1.10	48.92	1:47.85	2:48.63	3:47.79
2. Nico Baay	Old Dutch	NED 194200053	<b>4:00.89</b>	+0.62	54.99	1:56.82	2:59.42	4:00.89

Masters 80+

1. F. De Bruijn	CN Aquamasters	ESP	<b>3:57.54</b>	+1.45	55.14	1:55.88	2:57.84	3:57.54
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Programmanr. 11  
24-01-2020 - 14:35

Dames, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m
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Masters 20+

1. Tamara Grove	De Dolfijn	NED 199601266	<b>57.26</b>	+0.72	27.72	57.26
<i>Nederlands Masters Record</i>						
2. Myrna van Duijven	DZ&PC	NED 199900252	<b>57.34</b>	+0.61	27.68	57.34
3. Nikita van den Ouden	Nuene	NED 199900622	<b>58.57</b>	+0.55	28.05	58.57
4. Babette van der Kaaij	Rotterdam Swimming (SG)	NED 199902234	<b>58.59</b>	+0.69	28.34	58.59
5. Selene Wortel	Hieronimus	NED 199700654	<b>58.81</b>	+0.66	28.48	58.81
6. Rachel Blok	Het Y	NED 199906076	<b>58.85</b>	+0.68	28.55	58.85
7. Hilde Dekker	ReVeLie Swim Team	NED 199901926	<b>59.33</b>	+0.87	28.68	59.33
8. Jamilla van Veen	Zwemvereniging Hoogland	NED 199603192	<b>1:00.17</b>	+0.71	28.47	1:00.17
9. Michelle Zomerdijk	Dedemsvaart-AC	NED 200003196	<b>1:00.20</b>	+0.70	28.59	1:00.20
10. Bibi Stokvis	Het Y	NED 199900892	<b>1:00.86</b>	+0.72	29.11	1:00.86
11. Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	<b>1:00.99</b>	+0.74	29.35	1:00.99
12. Manon Kloosterman	De Bevelanders	NED 199702082	<b>1:01.69</b>	+0.75	29.80	1:01.69
13. Julia Wortman	AZC	NED 199603666	<b>1:02.09</b>	+0.62	30.10	1:02.09
14. Caroline Boxman	ZPCH	NED 200004660	<b>1:02.25</b>	+0.73	29.90	1:02.25
15. Laura Compagner	Dedemsvaart-AC	NED 199804602	<b>1:02.68</b>	+0.75	30.21	1:02.68
16. Alisha Vieira	Rotterdam Swimming (SG)	NED 199904554	<b>1:02.94</b>	+0.77	30.67	1:02.94
17. Moniek van Langevelde	ESCA Zwemmen	NED 199803160	<b>1:03.12</b>	+0.70	30.36	1:03.12
18. Adaja Stoetman	WVZ	NED 199600348	<b>1:03.57</b>	+0.78	30.47	1:03.57
19. Marije Dankelman	Dedemsvaart-AC	NED 199701502	<b>1:03.76</b>	+0.56	30.69	1:03.76
20. Lianne Roescher	ZPC De Hof	NED 199900248	<b>1:04.25</b>	+0.87	30.59	1:04.25
21. Iris van der Moolen	De Amstel	NED 199902052	<b>1:04.56</b>	+0.76	30.96	1:04.56
22. Evelien de Jong	Neptunia '24	NED 199805316	<b>1:04.82</b>	+0.69	31.31	1:04.82
23. Nilce Mendes Barbosa	Albion WSS (SG)	NED 199800214	<b>1:04.86</b>	+0.57	30.86	1:04.86
24. Iris van Berkel	ZPV Barracuda	NED 200000476	<b>1:04.95</b>	+0.85	31.39	1:04.95
25. Arianne Jonkman	De Wellerobben	NED 199801590	<b>1:04.98</b>	+0.77	31.74	1:04.98
26. Rianne van Rijssen	Noord Veluwe	NED 199702360	<b>1:04.99</b>	+0.71	31.45	1:04.99
27. Emma Schell	De Dolfijn	NED 199906574	<b>1:05.15</b>	+0.70	31.53	1:05.15

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28-01-2020 19:47 - pagina 46



Programmanr. 11, Dames, 100m vrije slag, Masters 20+

rang naam	vereniging			tijd	RT	PARA	50m	100m
28. Kimberly Coenders	De Lansingh	NED	199900880	<b>1:05.27</b>	+0.76		31.33	1:05.27
29. Ageeth de Haan	Steenwijk 1934	NED	199901022	<b>1:05.36</b>	+0.63		31.20	1:05.36
30. Linde Haverkate	ZPC De Hof	NED	199900244	<b>1:05.41</b>	+0.66		31.34	1:05.41
31. Lenneke Bagijn	De Duck	NED	199604992	<b>1:05.49</b>	+0.73		31.68	1:05.49
32. Linda Punt	Ragnar	NED	199604842	<b>1:05.64</b>	+0.71		31.49	1:05.64
33. Jet Kleine	MSV-Zeemacht	NED	199903384	<b>1:05.79</b>	+0.66		31.92	1:05.79
34. Lotte Rougoor	Dedemsvaart-AC	NED	200000774	<b>1:06.22</b>	+0.73		31.28	1:06.22
35. Kayleigh Westenberg	De Veene	NED	200004064	<b>1:06.59</b>	+0.71		31.73	1:06.59
36. Maud Heldoorn	Deltasteur	NED	200000564	<b>1:06.75</b>	+0.66		31.83	1:06.75
37. Masha Odijk	GoSwim	NED	199904922	<b>1:08.65</b>	+0.72		32.96	1:08.65
38. Eveline Houweling	ZPV Barracuda	NED	199801532	<b>1:08.90</b>	+0.78		32.53	1:08.90
39. Chantal van der Vaart	ZVVS	NED	199802266	<b>1:09.35</b>	+0.82		33.28	1:09.35
40. Kayra Deger	Rotterdam Swimming (SG)	NED	200003890	<b>1:09.61</b>	+0.62		34.17	1:09.61
41. Iris Bastiaansen	De Amstel	NED	199902006	<b>1:10.30</b>	+0.78		33.89	1:10.30
42. Gwendoline Kruit	De Lansingh	NED	199802084	<b>1:11.66</b>	+0.82		33.00	1:11.66
43. Eline Hendriks	ZPC AMERSFOORT	NED	199802794	<b>1:12.91</b>	+0.90		35.41	1:12.91
44. Brighid van Uffelen	ZPB H&L Productions	NED	199800310	<b>1:13.63</b>	+0.74		33.84	1:13.63
45. Iva den Haan	De Lansingh	NED	199900882	<b>1:15.03</b>			35.75	1:15.03
46. Carmen Bootsma	AZC	NED	199805760	<b>1:15.48</b>	+0.85		35.41	1:15.48
47. Kim Hamakers	De Rog	NED	199803214	<b>1:15.49</b>	+0.71		35.92	1:15.49
AFGEM Mireille Blom	Zwemvereniging Hoogland	NED	199806566					

Masters 25+

1. Karin Groen	De Zwemlinie (SG)	NED	199502440	<b>1:00.43</b>	+0.67		28.49	1:00.43
2. Melissa van der Geld	TRB-RES	NED	199506250	<b>1:00.73</b>	+0.72		29.46	1:00.73
3. Zoë van der Aart	De Dolfijn	NED	199503152	<b>1:01.12</b>	+0.63		28.81	1:01.12
4. Linda van der Voort	ZVL-1886 Tetteroo	NED	199207784	<b>1:01.68</b>	+0.73		29.55	1:01.68
5. Denise Boereboom	ZPV Barracuda	NED	199202144	<b>1:02.07</b>	+0.72		29.62	1:02.07
6. Lotte Coenen	The Hague Swimming (SG)	NED	199301518	<b>1:02.13</b>	+0.78		29.65	1:02.13
7. Fraukje Puts	HZ&PC Heerenveen	NED	199206470	<b>1:02.43</b>	+0.81		30.52	1:02.43
8. Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	<b>1:02.76</b>	+0.71		30.25	1:02.76
9. Karen Stolk	De Dolfijn	NED	199403950	<b>1:03.34</b>	+0.59		30.11	1:03.34
10. Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>1:03.53</b>	+0.77		30.01	1:03.53
11. Pascalie Rovers	De Dolfijn	NED	199301064	<b>1:03.55</b>	+0.68		30.32	1:03.55
12. Isabelle Massar	WVZ	NED	199102034	<b>1:03.78</b>	+0.81		30.67	1:03.78
13. Wendy de Bruin	ZOB'66	NED	199206320	<b>1:03.82</b>	+0.49		30.09	1:03.82
14. Nikki Hoogeboom	De IJsel	NED	199301196	<b>1:03.83</b>	+0.77		30.52	1:03.83
15. Danica Koedoot	ZPC AMERSFOORT	NED	199301034	<b>1:04.36</b>	+0.59		30.75	1:04.36
16. Karin Verbeek	Nautilus	NED	199201848	<b>1:04.90</b>	+0.71		31.15	1:04.90
17. Deborah Wissink	ZPC De Hof	NED	199503484	<b>1:05.32</b>	+0.53		31.47	1:05.32
18. Laura Scheffer	GoSwim	NED	199407222	<b>1:06.34</b>	+0.71		31.58	1:06.34
19. Eva Kattouw	De Ward	NED	199407168	<b>1:06.94</b>	+0.74		31.55	1:06.94
20. Inge Koopman	DAW	NED	199303382	<b>1:08.34</b>	+0.55		32.48	1:08.34
21. Leontine Groeneveldt	De Duck	NED	199303526	<b>1:09.08</b>	+0.66		32.14	1:09.08
22. Lorena Martin Sanchez	Club Natacion Cuatro Caminos	ESP		<b>1:09.40</b>	+0.85		32.86	1:09.40
23. Ilse Blankvoort	Steenwijk 1934	NED	199204458	<b>1:09.86</b>	+0.89		33.43	1:09.86
24. Lotte Rolink	Zwemclub Polaris	NED	199504880	<b>1:10.40</b>	+0.61		32.97	1:10.40
25. Lonneke Oenema	Steenwijk 1934	NED	199102314	<b>1:11.47</b>	+0.72		34.10	1:11.47
26. Kelly Bocking	Montferland	NED	199104050	<b>1:12.00</b>	+0.62		34.29	1:12.00
27. Nicole van Zuilen	Zwemvereniging Hoogland	NED	199505428	<b>1:14.20</b>	+0.66		35.23	1:14.20
28. Tessa Kerkvliet	ZVL-1886 Tetteroo	NED	199202428	<b>1:14.79</b>	+0.94		35.45	1:14.79
29. Henriette Dijkdrent	LinK	NED	199307886	<b>1:22.97</b>	+0.79		39.08	1:22.97

Masters 30+

1. Jolanda Post	DIO	NED	199004848	<b>1:00.03</b>	+0.70		29.02	1:00.03
2. Marlijn Hendriksen	DIO	NED	198806828	<b>1:01.39</b>	+0.75		29.87	1:01.39
3. Elmi Roelofsen	ZVV	NED	199008198	<b>1:01.44</b>	+0.81		28.89	1:01.44
4. Jenny Schouten	Zwemsport Parkstad (SG)	NED	198703674	<b>1:02.85</b>	+0.85		30.34	1:02.85
5. Monique Remst	AZC	NED	198706236	<b>1:03.15</b>	+0.80		30.82	1:03.15
6. Mandy Verbakel	ZPC Woerden	NED	199003908	<b>1:04.67</b>	+0.79		30.99	1:04.67



Programmanr. 11, Dames, 100m vrije slag, Masters 30+

rang naam	vereniging			tijd	RT	PARA	50m	100m
7. Sabine Lina	ZPC Woerden	NED	198902680	<b>1:05.21</b>	+0.72		31.50	1:05.21
8. Yvonne Bruls	MZ&PC	NED	199008114	<b>1:09.78</b>	+0.59		33.65	1:09.78
9. Diana Hemstede-Lammers	De Veene	NED	198902572	<b>1:11.25</b>	+0.77		34.39	1:11.25
10. Mariska Zaal	AZC	NED	198806916	<b>1:11.93</b>	+0.65		33.79	1:11.93
11. Esther Boerdam-Delfos	AZC	NED	198705256	<b>1:13.10</b>	+0.92		35.13	1:13.10
Joan Fontaine	De Marlijn (SG)	NED	198805148	<b>1:13.10</b>	+0.83		34.43	1:13.10
13. Whitley Rens	De Schoteijl	NED	199007520	<b>1:14.23</b>	+0.77		35.30	1:14.23
14. Bibi den Haan	De Lansingh	NED	199001290	<b>1:21.86</b>	+0.94		38.23	1:21.86
15. Melissa Buijens	De Geul	NED	198605358	<b>1:30.39</b>	+0.79		41.80	1:30.39

Masters 35+

1. Pauline Gouwens	DWK	NED	198400790	<b>59.65</b>	+0.73		28.43	59.65
<i>Nederlands Masters Record</i>								
2. Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>1:02.14</b>	+0.67		29.45	1:02.14
3. Agnieszka Wysocka	Aer Lingus Masters	IRL	30026889	<b>1:02.99</b>	+0.58		29.85	1:02.99
4. Sandra Zwaanswijk	DAW	NED	198503934	<b>1:05.71</b>	+0.55		31.02	1:05.71
5. Nadya Putter	ZVVS	NED	198301630	<b>1:06.12</b>	+0.56		31.79	1:06.12
6. Miranda Pijenburg	De Treffers	NED	198301216	<b>1:06.78</b>			31.86	1:06.78
7. Roos van Esch	De Lansingh	NED	198200468	<b>1:07.08</b>	+0.88		32.98	1:07.08
8. Renee de Kok	PSV	NED	198403350	<b>1:08.00</b>	+0.70		32.85	1:08.00
9. Audrey Runge	Natation Vesoul Noidans	FRA	689748	<b>1:08.17</b>	+0.74		32.54	1:08.17
10. Clara Groenhorst	ZVVS	NED	198202506	<b>1:23.53</b>	+0.99		38.52	1:23.53
11. Marloes Rebel	WS Twente	NED	198403474	<b>1:24.02</b>	+1.07		39.98	1:24.02
12. Femke Smits	Rotterdam Swimming (SG)	NED	198403574	<b>1:26.92</b>	+0.72		41.03	1:26.92

Masters 40+

1. Delia Badoux	WVZ	NED	198000042	<b>1:00.72</b>	+0.69		28.90	1:00.72
<i>Nederlands Masters Record</i>								
2. Anke Lambooj	De Vliet (SG)	NED	198001182	<b>1:01.70</b>	+0.66		29.19	1:01.70
3. Yvonne Beumer	De Dolfijn	NED	198001702	<b>1:05.73</b>	+0.68		31.30	1:05.73
4. Marjon v. Kempen	De Schoteijl	NED	198000578	<b>1:06.26</b>	+0.69		31.41	1:06.26
5. Jessica Klaassen	De Marlijn (SG)	NED	197901536	<b>1:06.82</b>	+0.71		31.98	1:06.82
6. Chantal Verhoeff	Old Dutch	NED	197900912	<b>1:06.96</b>	+0.95		31.55	1:06.96
7. Petra Guijt	Aqua-Novio '94	NED	197600978	<b>1:07.97</b>			33.14	1:07.97
8. Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>1:09.08</b>	+0.74		33.40	1:09.08
9. Martine de Haart	Patrick-De Roersoppers (SG)	NED	197901492	<b>1:10.49</b>	+0.75		33.84	1:10.49
10. Marian Nederlof	De Geul	NED	197600950	<b>1:12.06</b>	+0.85		34.83	1:12.06
11. Inge Roskam	De Duinkickers	NED	197801296	<b>1:20.84</b>	+0.86		37.69	1:20.84
12. Sandra Van der Helm	De Rog	NED	197801340	<b>1:22.06</b>	+0.87		38.71	1:22.06
13. Clementine van Bruxvoort	ZPB H&L Productions	NED	197700138	<b>1:23.69</b>	+0.81		40.14	1:23.69
NG Saskia op den Velde	De Duinkickers	NED	197901530					

Masters 45+

1. Kirsten Cameron	Malvern Marlins Masters SC	AUS	786509	<b>1:01.50</b>	+0.63		30.19	1:01.50
<i>Kampioenschaps Record</i>								
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:05.77</b>	+0.77		31.37	1:05.77
3. Yvette Ratering	De Ward	NED	197200990	<b>1:06.93</b>	+0.83		31.74	1:06.93
4. Annette de Visser	Oceanus	NED	197100602	<b>1:07.04</b>	+0.83		31.97	1:07.04
5. Els van den Eede	De Waalstroom	BEL	197401072	<b>1:11.89</b>	+0.68		34.15	1:11.89
6. Virginie Pot	Dunkerque Natation	FRA	1405154	<b>1:13.02</b>	+0.69		35.44	1:13.02
7. Wendy Hendrixx-Verhagen	TRB-RES	NED	197101038	<b>1:14.64</b>	+0.70		36.04	1:14.64
8. Henriëtte Manting	GZVW	NED	197100246	<b>1:15.09</b>	+0.95		35.85	1:15.09
9. Evelien Naatje	WS Twente	NED	197200838	<b>1:16.80</b>	+0.96		36.81	1:16.80
10. Inge Soeters	Steenwijk 1934	NED	197300934	<b>1:18.99</b>	+0.65		36.44	1:18.99
11. Evelien Breman-Alers	Nautilus	NED	197200878	<b>1:21.50</b>	+0.86		38.39	1:21.50
12. Katrina Boutwell	AZC	NED	197201036	<b>1:25.34</b>			40.19	1:25.34



Programmanr. 11, Dames, 100m vrije slag

Masters 50+

1. Monique Tuijp	WZ&PC Purmerend	NED	196900800	<b>1:04.62</b>	+0.85	30.80	1:04.62
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>1:05.48</b>	+0.85	31.44	1:05.48
3. Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>1:05.92</b>	+0.55	31.62	1:05.92
4. Trudy Ketting	PSV	NED	197000268	<b>1:09.86</b>	+0.75	33.31	1:09.86
5. Jacqueline Tuin	DAW	NED	196600690	<b>1:10.76</b>	+0.74	33.46	1:10.76
6. Rita van der Horst	RZC	NED	196900260	<b>1:12.44</b>	+0.82	33.87	1:12.44
7. Marijke Campfens	De Geul	NED	196900960	<b>1:13.22</b>		35.55	1:13.22
8. Roelien Speelman-Tigelaar	De Spatters	NED	196600664	<b>1:15.79</b>	+0.77	35.96	1:15.79
9. Sandra Daamen-Posma	AZC	NED	196800854	<b>1:19.61</b>	+1.10	38.72	1:19.61
10. Hettie Schakel	DWK	NED	196900974	<b>1:20.18</b>	+0.85	37.72	1:20.18
11. Kristien Van de Moortel	Shark	BEL	20315/69	<b>1:21.73</b>	+0.86	38.46	1:21.73
12. Caroline Kruger	Albion WSS (SG)	NED	196800928	<b>1:23.99</b>	+0.60	38.60	1:23.99
13. Hetty Smalheer	SCOM	NED	196700352	<b>1:24.62</b>	+0.99	40.15	1:24.62
14. Ageeth Westenbrink	De Rog	NED	196700712	<b>1:26.16</b>	+0.87	40.52	1:26.16
15. Cancia Leirissa	Albion WSS (SG)	NED	196700748	<b>1:28.53</b>		43.28	1:28.53
DIS Ingrid Boot-de Groot	De Aalscholver	NED	197000168				

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 55+

1. Netty Burik-Geijsen	Albion WSS (SG)	NED	196300048	<b>1:08.16</b>		32.64	1:08.16
2. Tineke Janssen	Albion WSS (SG)	NED	196400630	<b>1:10.61</b>	+0.78	33.67	1:10.61
3. Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>1:13.53</b>	+0.52	34.72	1:13.53
4. Ellen Parma	Triton	NED	196200366	<b>1:23.17</b>	+0.84	39.11	1:23.17
5. Jenny Westervaarder	H2Oldambt	NED	196200424	<b>1:29.39</b>	+0.92	42.05	1:29.39
6. Erica Muller	De Geul	NED	196400412	<b>1:29.55</b>	+0.57	41.17	1:29.55
7. Riekie Schra	Steenwijk 1934	NED	196400404	<b>2:08.83</b>	+1.37	59.02	2:08.83
NG.ZA Linda Olsson	Albion WSS (SG)	NED	196400640				

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	<b>1:08.07</b>	+0.62	32.92	1:08.07
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	<b>1:15.61</b>	+0.71	36.54	1:15.61
3. Marijke Kraak-Beckers	WS Twente	NED	196000240	<b>1:16.53</b>	+0.89	36.76	1:16.53
4. Claire Anthony	CNSW	BEL	001353/57	<b>1:22.71</b>	+0.62	39.65	1:22.71
5. Jennie Resink-lindeboom	DWK	NED	196000142	<b>1:24.82</b>		40.75	1:24.82
6. Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	<b>1:26.82</b>	+0.97	42.32	1:26.82

Masters 65+

1. Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>1:14.45</b>	+0.74	35.79	1:14.45
2. Martine Vincent	Dunkerque Natation	FRA	1261300	<b>1:17.57</b>		37.07	1:17.57
3. Fernande Blondeel-Gourmet	CNSW	BEL	004901/52	<b>1:40.46</b>	+0.87	47.76	1:40.46
4. Geerdien Meerwaldt	De Geul	NED	195200058	<b>2:00.67</b>		56.35	2:00.67

Masters 70+

1. Conny Boer-Buys	ZVVS	NED	195000006	<b>1:13.78</b>	+0.86	35.16	1:13.78
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*Europees Masters Record*

Masters 80+

1. Marie Smits	Old Dutch	NED	193800004	<b>1:50.95</b>	+1.17	52.11	1:50.95
2. Truus Ruiter	Old Dutch	NED	194000004	<b>2:18.08</b>		1:04.04	2:18.08

Programmanr. 12  
24-01-2020 - 15:04

Heren, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Pascal Nuijten	Albion WSS (SG)	NED	199701353	<b>51.45</b>	+0.66		24.54	51.45
2. Thomas Verhoeven	Albion WSS (SG)	NED	199700311	<b>51.97</b>	+0.69		24.64	51.97
3. Nicko Kamphuis	TRB-RES	NED	199900887	<b>52.98</b>	+0.60		25.06	52.98
4. Otto Pranger	Albion WSS (SG)	NED	200000007	<b>53.67</b>	+0.64		25.78	53.67
5. Dennis Wildeboer	De Zwemlinie (SG)	NED	199800571	<b>54.78</b>	+0.73		25.57	54.78
6. Aron Paasse	De Schotejil	NED	200000099	<b>55.55</b>	+0.70		26.63	55.55
Diederick Schothans	De Veene	NED	199703185	<b>55.55</b>	+0.73		26.40	55.55
8. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	<b>56.37</b>	+0.74		26.70	56.37
9. Jacob Mackloet	De Schotejil	NED	200001171	<b>56.46</b>	+0.70		26.91	56.46
10. Martijn Kornet	Zwemlust- den Hommel	NED	199700231	<b>56.51</b>	+0.74		27.11	56.51
11. Jeroen Louwinger	De Rijn	NED	199900583	<b>57.22</b>	+0.72		27.36	57.22
12. Jorn Lucas	De Veene	NED	200000675	<b>57.74</b>	+0.78		28.16	57.74
13. Mark Barg	DWT	NED	199805839	<b>57.79</b>	+0.65		27.29	57.79
14. Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>58.04</b>	+0.74		27.73	58.04
15. Hans Stoffers	Triton Putten	NED	199604027	<b>58.47</b>	+0.67		28.26	58.47
16. Thomas Hesper	ZPV Barracuda	NED	200004181	<b>58.59</b>	+0.80		28.08	58.59
17. Sam Beer	Rotterdam Swimming (SG)	NED	199605521	<b>58.65</b>	+0.68		28.68	58.65
18. Ayrton Mooldijk	Albion WSS (SG)	NED	199901449	<b>58.99</b>	+0.79		28.75	58.99
19. Patrick Wyrdeeman	Albion WSS (SG)	NED	199702475	<b>59.14</b>	+0.64		28.09	59.14
20. Jordy van Oel	WVZ	NED	199802003	<b>59.61</b>	+0.75		27.99	59.61
21. Thomas Gheeraert	Dunkerque Natation	FRA	919124	<b>59.72</b>	+0.72		28.39	59.72
22. Ian van Mullem	ZOB'66	NED	199602545	<b>1:00.45</b>	+0.58		29.21	1:00.45
23. Roel van Grol	WIDEX GZC DONK	NED	199802277	<b>1:00.96</b>	+0.65		28.87	1:00.96
24. Erik Baalbergen	ZVL-1886 Tetteroo	NED	199805775	<b>1:01.90</b>	+0.74		29.75	1:01.90
25. Gijs Burghoorn	ZVL-1886 Tetteroo	NED	200005711	<b>1:02.12</b>	+0.65		29.40	1:02.12
26. Bido Mohamed	DWT	NED	199805237	<b>1:04.02</b>	+0.71		30.22	1:04.02
27. Job Esink	ESCA Zwemmen	NED	199801699	<b>1:04.68</b>	+0.70		30.23	1:04.68

**Masters 25+**

1. Jeroen Baars	Rotterdam Swimming (SG)	NED	199200031	<b>50.24</b>	+0.76		24.60	50.24
<i>Kampioenschaps Record</i>								
2. Ensger Kotterink	Albion WSS (SG)	NED	199403391	<b>50.32</b>	+0.64		23.99	50.32
3. Serginni Marten	DWK	NED	199307281	<b>51.30</b>	+0.67		24.50	51.30
4. Jih Van Deursen	Club Natacion Cuatro CaminosESP			<b>52.88</b>	+0.70		25.52	52.88
5. Felix Geenen	DAW	NED	199501085	<b>54.04</b>	+0.74		25.36	54.04
6. Joeri Scheidt	VZC	NED	199102011	<b>55.01</b>	+0.73		26.53	55.01
7. Bernd Kobesen	Steenwijk 1934	NED	199300981	<b>55.60</b>	+0.67		26.45	55.60
8. Jeroen Bastijns	Club Natacion Cuatro CaminosESP			<b>55.77</b>	+0.72		26.66	55.77
9. Michel de Maeschalck	DAW	NED	199101525	<b>56.18</b>	+0.64		26.67	56.18
10. Bart Kiesewetter	TRB-RES	NED	199101203	<b>58.27</b>	+0.70		27.90	58.27
11. Remco Oskam	WIDEX GZC DONK	NED	199205583	<b>58.35</b>	+0.79		27.29	58.35
12. Rens Post	WVZ	NED	199101827	<b>58.86</b>	+0.79		28.39	58.86
13. Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>59.67</b>	+0.55		28.97	59.67
14. Ramon van Huizen	SGGO (SG)	NED	199400945	<b>1:00.72</b>	+0.74		28.84	1:00.72
15. Yorick Kreuwel	Aquapoldro	NED	199402225	<b>1:03.93</b>	+0.79		30.25	1:03.93
16. Ruben de Boer	De Duinkickers	NED	199301419	<b>1:04.12</b>	+0.69		30.22	1:04.12
17. Tom de Lange	Deltasteur	NED	199300303	<b>1:05.25</b>	+0.73		31.16	1:05.25
18. Tim Dodemont	De Waalstroom	NED	199107513	<b>1:07.82</b>	+0.84		32.74	1:07.82
19. Patrick Wobben	Steenwijk 1934	NED	199300559	<b>1:14.03</b>	+0.80		34.92	1:14.03

Programmanr. 12, Heren, 100m vrije slag

Masters 30+

1. Arjan van der Plaats	DIO	NED	198602403	<b>53.14</b>	+0.74	25.46	53.14
2. Olaf Achterberg	VZC	NED	199000011	<b>54.33</b>	+0.78	26.18	54.33
3. Klaas van Beek	ZV Haerlem	NED	198805941	<b>54.57</b>	+0.70	26.57	54.57
4. Sander de Vrugt	ESCA Zwemmen	NED	198903499	<b>55.00</b>	+0.63	26.36	55.00
5. Yvo op den Kamp	MZ&PC	NED	198901553	<b>55.29</b>	+0.66	26.48	55.29
6. Rutger Dalm	De Lansingh	NED	199005561	<b>56.30</b>	+0.67	26.54	56.30
7. Pascal van Haren	ZPV Barracuda	NED	198704101	<b>58.10</b>	+0.71	27.35	58.10
8. Tomasz Wilcz ga	Legia Warszawa	POL		<b>58.21</b>	+0.62	28.02	58.21
9. Renaldas Ratkus	Kauno Takas	LTU		<b>1:01.17</b>	+0.73	29.68	1:01.17
10. Ferdy van Mastrigt	Rotterdam Swimming (SG)	NED	198802315	<b>1:01.51</b>	+0.53	29.59	1:01.51
11. Stefan Oostendorp	AZC	NED	199005615	<b>1:02.68</b>	+0.77	29.81	1:02.68
12. Patrick de Jonge	Deltasteur	NED	198906635	<b>1:03.38</b>	+0.81	29.83	1:03.38
13. Dennis Kraakman	DAW	NED	198705325	<b>1:04.43</b>	+0.62	30.61	1:04.43
14. Jasper Peters	PSV	NED	198602379	<b>1:06.90</b>	+0.98	31.25	1:06.90
15. Martijn Gerrits	De Dolfijn	NED	198806305	<b>1:08.27</b>	+0.98	31.79	1:08.27
16. Marten Ettema	HZ&PC Heerenveen	NED	199007703	<b>1:10.80</b>	+0.73	34.78	1:10.80

Masters 35+

1. Joan Kentrop	ZPC AMERSFOORT	NED	198503575	<b>51.88</b>	+0.76	24.38	51.88
<i>Nederlands Masters Record</i>							
2. Lauren Vis	Steenwijk 1934	NED	198201883	<b>54.16</b>	+0.63	25.85	54.16
3. Robert Dekker	Dedemsvaart-AC	NED	198400443	<b>54.71</b>	+0.72	26.14	54.71
4. Guido Moret	Albion WSS (SG)	NED	198501793	<b>57.19</b>	+0.67	27.05	57.19
5. Roel van der Kruijs	De Gelenberg	NED	198501491	<b>58.75</b>	+0.74	28.38	58.75
6. Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED	198401297	<b>59.06</b>	+0.69	27.51	59.06
7. Edwin van der Winden	ZVL-1886 Tetteroo	NED	198402635	<b>1:00.69</b>	+0.70	28.54	1:00.69
8. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	<b>1:00.73</b>	+0.72	29.07	1:00.73
9. Wouter Zijlstra	DAW	NED	198202077	<b>1:01.10</b>	+0.75	29.07	1:01.10
10. Peter van de Bor	DWT	NED	198402897	<b>1:01.30</b>	+0.76	28.36	1:01.30
11. Sigitas Tachtarovas	Klaipėdos plaukimo klubas	LTU		<b>1:01.63</b>	+0.75	28.95	1:01.63
12. Nicolas Slegers	CNSW	BEL	005301/84	<b>1:10.28</b>	+0.69	33.73	1:10.28

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	<b>52.59</b>	+0.66	25.00	52.59
2. Nol van Thull	De Lansingh	NED	198001513	<b>53.11</b>	+0.73	25.71	53.11
3. Marcin Kaczmarek	Legia Warszawa	POL		<b>53.44</b>	+0.73	26.64	53.44
<i>Polish Masters Record</i>							
4. Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>55.53</b>	+0.67	26.49	55.53
5. Ruud Holswilder	ZPCH	NED	197800435	<b>57.47</b>	+0.88	27.77	57.47
6. Mark Zwart	Zwemlust- den Hommel	NED	197901461	<b>58.60</b>	+0.83	27.86	58.60
7. Mark van der Schrier	AZC	NED	197800951	<b>1:00.72</b>	+0.73	28.75	1:00.72
8. Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED	197800703	<b>1:00.99</b>	+0.76	28.94	1:00.99
9. Pieter Broek	Albion WSS (SG)	NED	197701637	<b>1:01.14</b>	+0.71	28.68	1:01.14
10. Raymond Oosterbaan	WIDEX GZC DONK	NED	197700711	<b>1:01.98</b>	+0.85	29.24	1:01.98
11. Mark Subirachs Garay	Club Natació Cerdanyola	ESP	44018033N	<b>1:02.59</b>	+0.68	29.17	1:02.59
12. Arjen Koop	ESCA Zwemmen	NED	197900697	<b>1:03.20</b>	+0.69	29.69	1:03.20
13. Gino Martijn	RZ	NED	197901865	<b>1:04.71</b>	+0.70	30.19	1:04.71
14. Jurjen Timmermans	GLS Ketelbinkie	NED	197701679	<b>1:05.25</b>	+0.92	30.39	1:05.25
15. Peter Lommert	SWOL 1894	NED	197900787	<b>1:05.38</b>	+0.90	31.37	1:05.38
16. Emiel Volker	ZVL-1886 Tetteroo	NED	197601605	<b>1:05.65</b>	+0.77	30.96	1:05.65
17. Han Boone	SWOL 1894	NED	197701319	<b>1:06.69</b>	+0.72	31.77	1:06.69
Johan Wezenberg	SWOL 1894	NED	197601023	<b>1:06.69</b>	+0.98	32.05	1:06.69
19. Tom Bandsma	PSV	NED	197701625	<b>1:07.20</b>	+0.94	32.61	1:07.20
20. Robin Roskam	De Duinkickers	NED	197801831	<b>1:17.52</b>	+0.76	36.44	1:17.52
AFGEM Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551				

Programmanr. 12, Heren, 100m vrije slag

Masters 45+

1. Frederic Tonus	Luxembourg Sharks SC	LUX	10449	<b>54.26</b>	+0.73	25.90	54.26
<i>Luxembourg Masters Record</i>							
2. Marcel van Winssen	De Gelenberg	NED	197101477	<b>57.82</b>	+0.80	27.40	57.82
3. Alex Damen	DAW	NED	197501371	<b>58.31</b>	+0.66	28.54	58.31
4. Eric Hoekman	WS Twente	NED	197401531	<b>1:00.00</b>	+0.88	28.32	1:00.00
5. Arjan Verheij	De Rog	NED	197101617	<b>1:00.35</b>	+0.81	27.82	1:00.35
6. Eelco van Gemert	ZPC De Zeeuwse Kust	NED	197200299	<b>1:01.23</b>	+0.79	29.27	1:01.23
7. Robert Langeveld	Sassenheim	NED	197101387	<b>1:02.24</b>	+0.72	29.90	1:02.24
8. Linas Kersevicius	Kauno Takas	LTU		<b>1:02.47</b>	+0.80	29.30	1:02.47
9. Aidas Pelesinas	Klaipedos plaukimo klubas	LTU		<b>1:02.70</b>	+0.80	29.33	1:02.70
10. Daniel Prinse	De Ward	NED	197401385	<b>1:03.29</b>	+0.65	29.63	1:03.29
11. Martijn de Jong	DWK	NED	197101659	<b>1:06.35</b>	+0.82	32.41	1:06.35
12. Arjan Aalbers	SWOL 1894	NED	197500001	<b>1:06.36</b>	+0.72	31.19	1:06.36
13. Wiljo Mackus	Budel	NED	197101557	<b>1:06.45</b>	+0.86	31.63	1:06.45
14. Chang Bom	The Hague Swimming (SG)	NED	197201483	<b>1:07.66</b>	+0.65	32.35	1:07.66
15. Bas Kremers	TRB-RES	NED	197201611	<b>1:10.25</b>	+0.79	32.67	1:10.25
16. Rob van de Ven	Neptunus'58	NED	197101695	<b>1:13.60</b>	+0.67	34.76	1:13.60
17. Alberto Randazzo	The Hague Swimming (SG)	NED	197101741	<b>1:13.82</b>	+0.84	35.73	1:13.82
18. Pieter Bardelmeijer	Deltasteur	NED	197201665	<b>1:15.67</b>	+0.92	36.80	1:15.67
19. Jeroen Hoeksel	ZVVS	NED	197401533	<b>1:17.09</b>	+0.86	37.32	1:17.09
20. Leon Erkelens	Rotterdam Swimming (SG)	NED	197401539	<b>1:18.75</b>	+0.68	36.79	1:18.75

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>56.06</b>	+0.69	26.95	56.06
<i>Nederlands Masters Record</i>							
2. Glen Le Clercq	De Rog	NED	196800177	<b>57.70</b>	+0.74	27.34	57.70
Geert Wijn	De Gelenberg	NED	196701101	<b>57.70</b>	+0.67	27.43	57.70
4. Pieter van Gemeren	DAW	NED	196901779	<b>59.39</b>	+0.78	29.00	59.39
5. Vaidotas Gumbis	Ilgaplaukiai	LTU		<b>1:00.43</b>	+0.68	29.20	1:00.43
6. Richard Rickson	Zwemsport Parkstad (SG)	NED	197000841	<b>1:00.51</b>	+0.81	29.34	1:00.51
7. Frederic Robin	CNSW	BEL	004923/69	<b>1:01.38</b>	+0.70	29.00	1:01.38
8. Ingmar de Gelder	ZOB'66	NED	197000333	<b>1:03.09</b>	+0.74	30.07	1:03.09
9. Bert de Weerd	RZC	NED	196701283	<b>1:03.27</b>	+0.82	30.06	1:03.27
10. Kees Akershoek	SGGO (SG)	NED	196900009	<b>1:03.51</b>	+0.69	29.86	1:03.51
11. Hans Bouwmeester	ZVL-1886 Tetteroo	NED	196700127	<b>1:05.27</b>	+0.81	30.85	1:05.27
12. Jeroen den Boer	TRB-RES	NED	196701475	<b>1:05.92</b>	+0.70	30.60	1:05.92
13. Wridzer Bakker	ESCA Zwemmen	NED	196701711	<b>1:06.53</b>	+0.93	32.18	1:06.53
14. Wijnand Vergeest	De Rog	NED	196800949	<b>1:06.82</b>	+0.73	31.32	1:06.82
15. Bruno Nahon	CNSW	BEL	000390/70	<b>1:07.06</b>	+0.92	32.00	1:07.06
16. Richard Hill	De Duinkkickers	NED	196601651	<b>1:07.18</b>	+0.66	32.01	1:07.18
17. Arturas Klimas	Klaipedos plaukimo klubas	LTU		<b>1:07.26</b>	+0.87	32.41	1:07.26
18. Mario Cuenaere	ZPC De Zeeuwse Kust	NED	196901569	<b>1:10.30</b>	+1.06	32.50	1:10.30
19. Marcel Brittijn	De Duinkkickers	NED	196900159	<b>1:10.81</b>	+0.67	33.44	1:10.81
20. René Speelman	De Spatters	NED	196601521	<b>1:12.27</b>	+0.77	34.03	1:12.27
21. Joost van Eerd	Budel	NED	196901723	<b>1:15.49</b>	+0.86	35.67	1:15.49
22. Edward van Nijmweegen	Budel	NED	197001635	<b>1:15.52</b>	+0.96	35.79	1:15.52
23. Ramon Alsina Munoz	CNSW	BEL	001353/69	<b>1:16.23</b>	+0.70	36.13	1:16.23
24. Hans Bijleveld	The Hague Swimming (SG)	NED	196601649	<b>1:16.74</b>	+0.84	36.53	1:16.74
25. Gertjan van der Vaart	ZVVS	NED	196801529	<b>1:16.84</b>	+0.70	35.82	1:16.84

Masters 55+

1. Peter Bernsen	De Rog	NED	196301119	<b>58.71</b>	+0.55	27.85	58.71
2. Arnold de Rover	AZ&PC De Futen	NED	196400645	<b>59.60</b>	+0.64	28.48	59.60
3. F. Dehandschoewercker	Dunkerque Natation	FRA	57433	<b>1:01.62</b>	+0.68	29.00	1:01.62
4. Phil Trethewie	Old Dutch	NED	196501315	<b>1:01.99</b>	+0.77	30.16	1:01.99
5. Matthijs van den Adel	De Otters Het Gooi	NED	196501637	<b>1:02.21</b>	+0.75	30.14	1:02.21
6. Gert Sikkema	Zwemclub Urk 1978	NED	196300687	<b>1:02.41</b>	+0.81	29.51	1:02.41
7. Wiljam Nijenhuis	De IJsel	NED	196400547	<b>1:02.78</b>	+0.80	29.96	1:02.78
8. Jan Wierenga	De Aalscholver	NED	196400843	<b>1:03.25</b>	+0.77	29.80	1:03.25

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Programmanr. 12, Heren, 100m vrije slag, Masters 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
9. Henri Michels	De Amstel	NED	196501587	<b>1:04.56</b>	+0.71		30.54	1:04.56
10. Theo Bakker	TriVia	NED	196401231	<b>1:05.21</b>	+0.79		31.16	1:05.21
11. Paul Wijnja	De Biesboschzwemmers	NED	196301403	<b>1:05.69</b>	+0.77		31.12	1:05.69
12. Nico Paasse	De Schotejil	NED	196501463	<b>1:05.96</b>	+0.84		31.65	1:05.96
13. Eric de Haas	De Treffers	NED	196501275	<b>1:06.83</b>	+0.97		32.32	1:06.83
14. Henk Kuipers	ZPC AMERSFOORT	NED	196201207	<b>1:07.01</b>	+0.60		32.19	1:07.01
15. Fred Dijkshoorn	Albion WSS (SG)	NED	196501539	<b>1:08.10</b>	+0.79		31.89	1:08.10
16. Robert de Brauwer	De Duinkickers	NED	196401383	<b>1:09.01</b>	+0.84		31.85	1:09.01
17. Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	<b>1:09.47</b>	+0.74		33.73	1:09.47
18. Erik Saan	De Duck	NED	196500769	<b>1:09.70</b>	+0.98		32.65	1:09.70
19. Jos Verhoeven	De Aalscholver	NED	196301161	<b>1:10.00</b>	+0.94		32.93	1:10.00
20. Ruud Kennis	Budel	NED	196501555	<b>1:10.06</b>	+0.81		33.40	1:10.06
21. Roy Le Clercq	De Rog	NED	196401041	<b>1:10.28</b>	+0.91		32.82	1:10.28
22. Jan Smalheer	SCOM	NED	196400701	<b>1:11.52</b>	+0.97		34.16	1:11.52
23. Oskar Jansen	Albion WSS (SG)	NED	196201293	<b>1:20.88</b>	+0.62		36.77	1:20.88

Masters 60+

1. Fred Ketting	PSV	NED	196000289	<b>1:00.58</b>	+0.77		28.55	1:00.58
2. Mark Nuijten	Albion WSS (SG)	NED	196000411	<b>1:05.47</b>	+0.88		30.88	1:05.47
3. Ron van der Meer	De Gelenberg	NED	196000975	<b>1:07.08</b>	+0.85		31.37	1:07.08
4. Evertjan Masurel	PSV	NED	195600495	<b>1:09.62</b>	+0.79		32.89	1:09.62
5. Jos Zentjens	Budel	NED	195700569	<b>1:11.15</b>	+0.87		32.68	1:11.15
6. André Pantekoek	PSV	NED	195800321	<b>1:18.96</b>	+0.82		37.50	1:18.96

Masters 65+

1. Hans Wijsman	PSV	NED	195500427	<b>1:05.77</b>	+0.85		31.34	1:05.77
2. Alexander Mills	Hamar Idrettslag	NOR	M221251ALE01	<b>1:05.94</b>	+0.85		30.53	1:05.94
<i>Norwegian Masters Record</i>								
3. Ferenc Erdelyi	Torokbalint Senior	HUN		<b>1:07.30</b>	+0.79		32.92	1:07.30
4. Ruud Ruiters	WWV Winterswijk	NED	195300169	<b>1:10.54</b>	+0.85		33.56	1:10.54
5. Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>1:16.24</b>	+0.87		37.08	1:16.24

Masters 70+

1. Wout Hemmes	De Plons	NED	194800059	<b>1:16.55</b>	+0.96		35.78	1:16.55
2. Jan Nuijten	PSV	NED	194900175	<b>1:25.37</b>	+0.65		39.61	1:25.37
3. Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>1:49.37</b>	+1.08		48.07	1:49.37

Masters 75+

1. Willem Putter	ZVVS	NED	194500135	<b>1:21.82</b>	+1.03		39.22	1:21.82
2. Geza Kaltenecker	AZC	NED	194200065	<b>1:26.97</b>	+0.89		40.41	1:26.97
3. Kevork Boyrazian	CNSW	BEL	002620/44	<b>1:53.00</b>	+1.19		49.93	1:53.00
4. Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	<b>2:06.42</b>	+1.13		57.63	2:06.42

Masters 80+

1. Frans van Enst	WS Twente	NED	194000011	<b>1:26.56</b>	+1.08		40.17	1:26.56
<i>Kampioenschaps Record</i>								
2. Frederik Hendrik De Bruijn	CN Aquamasters	ESP		<b>1:29.88</b>	+1.18		43.51	1:29.88
3. Nic Geers	Z&PC De Gouwe	NED	193800007	<b>1:42.81</b>	+1.05		51.44	1:42.81
4. Gregor Pompen	Aqua-Novio '94	NED	193700021	<b>1:47.12</b>	+1.11		51.25	1:47.12

Masters 90+

1. Klaas Prins	Steenwijk 1934	NED	192800001	<b>3:32.41</b>	*		1:41.16	3:32.41
<i>Kampioenschaps Record</i>								



Programmanr. 13  
24-01-2020 - 15:52

Dames, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Nikita van den Ouden	Nuenen	NED 199900622	<b>2:20.85</b>	+0.57	30.23	1:05.82	1:47.68	2:20.85
<i>Nederlands Masters Record</i>								
2. Anne Noom	Het Y	NED 199800062	<b>2:23.03</b>	+0.68	31.02	1:07.03	1:49.81	2:23.03
3. Selene Wortel	Hieronymus	NED 199700654	<b>2:25.30</b>	+0.64	31.52	1:10.19	1:52.39	2:25.30
4. Maaïke van Veen	Dedemsvaart-AC	NED 199700292	<b>2:25.80</b>	+0.63	30.90	1:07.80	1:50.66	2:25.80
5. Christel Brugmans	Hieronymus	NED 200005602	<b>2:29.22</b>	+0.61	31.85	1:12.01	1:54.69	2:29.22
6. Chantal Beijer	DWT	NED 199700884	<b>2:29.50</b>	+0.74	32.40	1:10.27	1:53.93	2:29.50
7. Fenna de Groot	Albion WSS (SG)	NED 199701796	<b>2:30.42</b>	+0.62	31.10	1:09.82	1:52.93	2:30.42
8. Maike van de Velde	ZPCH	NED 200000382	<b>2:31.42</b>	+0.81	34.39	1:12.68	1:57.19	2:31.42
9. Annabel Kuipers	DWK	NED 200001076	<b>2:34.26</b>	+0.56	33.33	1:14.78	1:59.24	2:34.26
10. Lotte Middelbos	De Schotejil	NED 199900680	<b>2:34.87</b>	+0.76	32.43	1:13.44	1:59.22	2:34.87
11. Lianne Seising	VZC	NED 200002084	<b>2:41.78</b>	+0.69	34.34	1:17.65	2:03.92	2:41.78
12. Ageeth de Haan	Steenwijk 1934	NED 199901022	<b>2:50.29</b>	+0.66	38.16	1:22.87	2:11.60	2:50.29
13. Nadine Scheeve	De Biesboschwimmers	NED 199700684	<b>3:11.09</b>	+0.76	41.43	1:30.86	2:28.15	3:11.09
14. Mariska Scholts	Rotterdam Swimming (SG)	NED 199606804	<b>4:03.87</b>	+0.88	1:00.25	2:02.06	3:10.29	4:03.87
DIS Myrna van Duijven	DZ&PC	NED 199900252						
<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>								

**Masters 25+**

1. Fiona Meuffels	RZ	NED 199504366	<b>2:32.77</b>	+0.68	33.11	1:14.43	1:58.37	2:32.77
2. Janine de Groot	De Zwemlinie (SG)	NED 199500092	<b>2:35.94</b>	+0.82	34.07	1:13.59	1:59.95	2:35.94
3. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	<b>2:35.98</b>	+0.72	33.37	1:12.77	1:58.96	2:35.98
4. Nanda de Vries	Steenwijk 1934	NED 199204328	<b>2:38.74</b>	+0.82	33.88	1:16.76	2:03.27	2:38.74
5. Whitney van Hoeckel	DIO	NED 199402390	<b>2:41.02</b>	+0.68	34.90	1:16.16	2:04.39	2:41.02
6. Karlien Veldscholte	Ragnar	NED 199305880	<b>2:41.61</b>	+0.79	34.32	1:18.13	2:03.77	2:41.61
7. Marjon Pol	Zwemlust- den Hommel	NED 199102502	<b>2:42.82</b>	+0.75	33.27	1:13.86	2:04.98	2:42.82
8. Anne Aarts	d'ELFT	NED 199207942	<b>2:50.65</b>	+0.73	35.59	1:19.72	2:11.93	2:50.65
9. Marjan Rikken	ZVV	NED 199206114	<b>2:55.31</b>	+0.87	38.81	1:22.26	2:13.65	2:55.31
10. Elly Scheepers	Budel	NED 199102728	<b>2:55.67</b>	+0.91	39.06	1:22.12	2:13.66	2:55.67
11. Sanne de Roo	ZZ&PC De Devel	NED 199501934	<b>2:57.64</b>	+0.84	37.26	1:26.19	2:15.31	2:57.64
12. Kelly Bockting	Montferland	NED 199104050	<b>3:00.52</b>	+0.79	38.15	1:26.25	2:18.23	3:00.52
13. Nicole van Zuilen	Zwemvereniging Hoogland	NED 199505428	<b>3:08.16</b>	+0.66	40.27	1:26.41	2:24.90	3:08.16
14. Claudia Creemers	RZ	NED 199202864	<b>3:31.09</b>	+0.80	43.73	1:39.06	2:39.65	3:31.09
DIS Ramona Noordermeer	ZVVS	NED 199401746						
<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>								

AFGEM Mabel Suli WVZ NED 199307964

**Masters 30+**

1. Marlijn Hendriksen	DIO	NED 198806828	<b>2:33.82</b>	+0.76	34.00	1:13.57	1:57.99	2:33.82
2. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:37.52</b>	+0.73	32.64	1:12.99	1:58.53	2:37.52
3. Maaïke de Boer	De Duinkickers	NED 199000362	<b>2:37.88</b>	+0.81	35.47	1:15.75	2:00.09	2:37.88
4. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	<b>2:40.16</b>	+0.82	35.07	1:14.75	2:01.80	2:40.16
5. Susanne van der Linden	DIO	NED 198802736	<b>2:40.29</b>	+0.70	34.44	1:16.91	2:01.50	2:40.29
6. Suzan Blankestijn	ZVL-1886 Tetteroo	NED 198900350	<b>2:43.53</b>	+0.79	35.38	1:20.27	2:04.23	2:43.53
7. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>2:45.14</b>	+0.99	35.97	1:19.25	2:05.47	2:45.14
8. Karin van Dijk	De Wellerobben	NED 198600850	<b>2:48.58</b>	+0.81	35.36	1:21.42	2:07.41	2:48.58
9. Joëlle Vaes	DIO	NED 199007576	<b>3:04.19</b>	+0.62	39.27	1:26.48	2:19.25	3:04.19
10. Dorien Vasseur	Scheldestroom	NED 198704164	<b>3:17.59</b>		46.56	1:38.10	2:32.43	3:17.59
DIS Anouk Bloem	TRB-RES	NED 199000320						
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>								

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28-01-2020 19:47 - pagina 54

Programmanr. 13, Dames, 200m wisselslag

Masters 35+

1. Viktória Háden-Felföldi	Megathlon SE	HUN	<b>2:27.37</b>	+0.76	31.62	1:08.81	1:52.84	2:27.37
<i>Kampioenschaps Record, Hungarian Masters Record</i>								
2. Stephanie Vaernewyck	MEGA-zwemteam	BEL 20352/83	<b>2:32.69</b>	+0.86	32.79	1:12.37	1:57.00	2:32.69
3. Laura Badoux	DAW	NED 198200038	<b>2:41.77</b>	+0.87	34.23	1:17.69	2:03.33	2:41.77
4. Nadya Putter	ZVVS	NED 198301630	<b>2:43.95</b>	+0.61	35.52	1:15.80	2:06.04	2:43.95
5. Elke Popma - Blox	Tiamat	NED 198200154	<b>2:47.52</b>	+0.60	35.52	1:18.03	2:07.79	2:47.52
6. Sylvia Reijers	De Gelenberg	NED 198201360	<b>2:48.11</b>	+0.79	35.35	1:17.84	2:08.86	2:48.11
7. Angela Giezen	Upstream Amsterdam	NED 198302796	<b>2:52.89</b>	+0.62	36.09	1:19.44	2:11.49	2:52.89
8. Isaline Manchel	CNSW	BEL 001284/85	<b>3:02.26</b>	+0.86	40.05	1:29.02	2:19.92	3:02.26

Masters 40+

1. M. Gonfaus Brunet	CN Aquamasters	ESP	<b>2:34.14</b>	+0.67	33.06	1:14.43	1:58.77	2:34.14
<i>Kampioenschaps Record</i>								
2. Nathalie Blondeel	CNSW	BEL 004784/77	<b>2:42.25</b>	+0.54	35.28	1:19.54	2:05.88	2:42.25
3. Anke Lambooi	De Vliet (SG)	NED 198001182	<b>2:42.93</b>	+0.78	35.11	1:17.66	2:05.93	2:42.93
4. Kika Meijers	SWOL 1894	NED 198000736	<b>2:46.69</b>	+0.81	35.51	1:20.59	2:07.46	2:46.69
5. Jessica Klaassen	De Marlijn (SG)	NED 197901536	<b>2:52.81</b>	+0.64	34.29	1:17.38	2:10.94	2:52.81
6. Leontine Loeber	SwimGym	NED 197701010	<b>3:03.44</b>	+0.90	39.37	1:26.39	2:21.30	3:03.44
7. C. van Bruxvoort	ZPB H&L Productions	NED 197700138	<b>3:29.80</b>	+0.66	44.39	1:37.77	2:43.53	3:29.80
AFGEM Babette Rens	SWOL 1894	NED 197801200						

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>2:41.62</b>	+0.83	35.87	1:18.67	2:05.21	2:41.62
2. Mirjan den Drijver	Albion WSS (SG)	NED 197500884	<b>2:50.20</b>	+0.73	35.27	1:20.49	2:11.04	2:50.20
3. Kathy Van Lindt	CNSW	BEL 007949/71	<b>2:52.85</b>	+0.79	36.87	1:25.76	2:15.23	2:52.85
4. Nadège van Meeteren	De Meer	NED 197400736	<b>3:00.05</b>	+0.82	41.35	1:29.48	2:18.22	3:00.05
5. Katharina Schlipp	De Vliet (SG)	NED 197301004	<b>3:04.34</b>		40.73	1:31.01	2:20.49	3:04.34
6. H. Driesen-Joanknecht	Aqua-Novio '94	NED 197101056	<b>3:30.45</b>	+1.01	47.28	1:46.62	2:43.11	3:30.45

Masters 50+

1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	<b>2:46.91</b>	+0.88	35.81	1:21.05	2:08.53	2:46.91
2. Jeanne Petit	PSV	NED 197001020	<b>2:47.42</b>	+0.61	32.66	1:19.46	2:08.37	2:47.42
3. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>2:49.04</b>	+0.88	35.94	1:22.37	2:11.03	2:49.04
4. Heidi den Boer	Link	NED 196900864	<b>2:50.45</b>	+0.67	37.46	1:19.73	2:10.58	2:50.45
5. Iris van Aurich	DWK	NED 196900866	<b>2:56.48</b>		39.21	1:25.96	2:15.65	2:56.48
6. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	<b>3:03.34</b>	+0.79	39.69	1:25.99	2:21.44	3:03.34
7. Caroline Schreuder	Triton	NED 196700550	<b>3:04.77</b>	+0.84	39.14	1:24.99	2:21.35	3:04.77
8. Irna van der Molen	WS Twente	NED 196900938	<b>3:18.06</b>	+0.66	45.36	1:38.97	2:33.53	3:18.06
9. K. van Nassau-van den I	Old Dutch	NED 196600188	<b>3:24.75</b>	+1.02	46.77	1:41.29	2:37.55	3:24.75
10. Hetty Smalheer	SCOM	NED 196700352	<b>3:26.35</b>	+1.00	48.67	1:41.71	2:39.78	3:26.35
11. Pauline Tromp-Lang de	ZZ&PC De Devel	NED 197001032	<b>3:29.58</b>	+0.74	47.26	1:40.45	2:41.12	3:29.58

Masters 55+

1. Allie Price	Cardiff Masters	GBR 547582	<b>2:46.19</b>	+0.51	34.90	1:17.03	2:05.73	2:46.19
2. Marjan Remmits	ZPC Woerden	NED 196300518	<b>2:47.08</b>		34.99	1:19.10	2:07.92	2:47.08
3. J. Rolloos-Bakkers	De Lansingh	NED 196300222	<b>3:02.65</b>	+0.74	38.76	1:27.05	2:21.94	3:02.65
4. M. Post-Goedemoed	De Otters Het Gooi	NED 196400632	<b>3:03.08</b>	+0.74	39.89	1:26.76	2:22.33	3:03.08
5. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>3:06.34</b>	+0.84	39.36	1:27.98	2:24.62	3:06.34
6. Annemarie Vuist-Blum	SWOL 1894	NED 196300282	<b>3:08.94</b>	+0.75	43.44	1:32.94	2:26.20	3:08.94
7. Feikje Wittermans	WIDEX GZC DONK	NED 196400408	<b>3:18.53</b>	+0.79	41.50	1:30.50	2:29.16	3:18.53

Masters 60+

1. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>3:16.25</b>	+0.60	43.16	1:35.63	2:32.24	3:16.25
2. Hannie Poletiek	TriVia	NED 195900278	<b>3:26.62</b>	+0.92	47.22	1:40.71	2:39.13	3:26.62
3. Mies Kuipers	Old Dutch	NED 195800202	<b>4:48.80</b>	+1.08	1:11.63	2:27.22	3:45.20	4:48.80

onjuistheden / mistakes?

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 13, Dames, 200m wisselslag

Masters 65+

1. Margriet Pasma	TriVia	NED 195500088	<b>3:20.85</b>		49.28	1:37.97	2:36.44	3:20.85
2. Carla Hensen	PSV	NED 195300062	<b>3:34.26</b>	+0.94	45.56	1:39.05	2:44.57	3:34.26
3. Ineke Meijer	HZ&PC Heerenveen	NED 195200034	<b>4:17.89</b>	+0.69	1:03.86	2:07.16	3:20.71	4:17.89

Masters 70+

1. A. Gilding-Tussaud	WS Twente	NED 195000038	<b>4:06.56</b>		57.73	1:58.23	3:11.84	4:06.56
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Programmanr. 14  
24-01-2020 - 16:24

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
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Masters 20+

1. Arjan Dekker	ReVeLie Swim Team	NED 200000499	<b>2:12.51</b>	+0.66	29.62	1:03.68	1:41.95	2:12.51
2. David Kievit	De Schotejil	NED 199900325	<b>2:17.98</b>	+0.75	29.54	1:05.47	1:45.37	2:17.98
3. Robin van Beek	ZVL-1886 Tetteroo	NED 199704023	<b>2:19.42</b>	+0.72	29.20	1:05.48	1:46.97	2:19.42
4. Aron Paasse	De Schotejil	NED 200000099	<b>2:19.63</b>	+0.65	30.29	1:05.28	1:46.67	2:19.63
5. Jeroen Louwinger	De Rijn	NED 199900583	<b>2:21.75</b>	+0.69	30.36	1:06.26	1:49.95	2:21.75
6. Richard van der Horst	De Meer	NED 199700179	<b>2:27.82</b>	+0.75	32.18	1:12.28	1:53.29	2:27.82
7. Martijn Houweling	ZPV Barracuda	NED 199600893	<b>2:30.18</b>	+0.73	31.90	1:12.60	1:54.96	2:30.18

Masters 25+

1. Jjh Van Deursen	Club Natacion Cuatro Camino	ESP	<b>2:09.44</b>	+0.70	28.49	1:02.13	1:39.21	2:09.44
2. Timo Dinkelberg	Albion WSS (SG)	NED 199300773	<b>2:12.62</b>	+0.62	28.17	1:01.76	1:41.28	2:12.62
3. Jelle Nap	VZC	NED 199502875	<b>2:13.11</b>	+0.76	28.98	1:05.19	1:42.99	2:13.11
4. Pablo Benavides Lopez	Club Natacion Cuatro Camino	ESP	<b>2:13.83</b>	+0.77	28.41	1:03.61	1:41.94	2:13.83
5. Emiel van Beusekom	ZPV Barracuda	NED 199403951	<b>2:17.97</b>	+0.61	28.95	1:05.65	1:45.94	2:17.97
6. Joeri Scheidt	VZC	NED 199102011	<b>2:20.05</b>	+0.62	29.77	1:07.17	1:48.93	2:20.05
7. Martino Valentijn	DIO	NED 199403913	<b>2:25.72</b>	+0.77	30.85	1:12.51	1:52.13	2:25.72
8. Pieter Pijnenburg	De Biesboschzwemmers	NED 199305227	<b>2:26.07</b>	+0.73	31.57	1:10.12	1:50.45	2:26.07
9. Maik Steenkamp	Montferland	NED 199103847	<b>2:33.10</b>	+0.75	32.07	1:13.55	1:57.22	2:33.10
NG Kevin Eltink	DWK	NED 199100589						

Masters 30+

1. Olaf Achterberg	VZC	NED 199000011	<b>2:19.72</b>	+0.82	29.31	1:06.53	1:47.87	2:19.72
2. Patrick Creemers	RZ	NED 199000579	<b>2:21.61</b>	+0.73	31.84	1:10.72	1:50.10	2:21.61
3. Tim Bunnik	Triton	NED 199000505	<b>2:22.10</b>	+0.85	30.21	1:07.12	1:49.37	2:22.10
4. Robert Braad	Steenwijk 1934	NED 198600407	<b>2:28.30</b>	+0.83	31.78	1:07.93	1:52.90	2:28.30
5. Rick Driezen	Steenwijk 1934	NED 198600713	<b>2:30.05</b>	+0.80	29.42	1:06.09	1:52.80	2:30.05
6. Haico Weijers	ZPC Numansdorp	NED 198803759	<b>2:38.31</b>	+0.79	33.87	1:14.62	2:02.26	2:38.31

Masters 35+

1. Chris Jones	City of Cardiff	GBR 3878	<b>2:11.71</b>	+0.71	28.76	1:03.32	1:39.50	2:11.71
<i>Kampioenschaps Record</i>								
2. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	<b>2:20.69</b>	+0.82	29.72	1:07.43	1:47.08	2:20.69
3. Kristiaan Lenos	ZVL-1886 Tetteroo	NED 198301331	<b>2:20.79</b>	+0.72	29.29	1:06.39	1:48.04	2:20.79
4. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:21.87</b>	+0.82	30.61	1:07.78	1:48.11	2:21.87
5. Roel van der Kruijs	De Gelenberg	NED 198501491	<b>2:26.66</b>	+0.56	31.90	1:11.31	1:54.02	2:26.66
6. Thommy Nickel	ZPC Woerden	NED 198401627	<b>2:27.83</b>	+0.83	32.22	1:10.31	1:53.13	2:27.83
7. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:28.93</b>	+0.78	31.53	1:10.43	1:53.65	2:28.93
8. Dirk Smit	Tiamat	NED 198101559	<b>2:32.79</b>	+0.74	31.79	1:11.60	1:57.08	2:32.79
9. Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED 198401297	<b>2:34.68</b>	+0.72	32.98	1:13.57	1:59.75	2:34.68
10. Martin van Vaardegem	GoSwim	NED 198201767	<b>2:49.37</b>	+0.86	34.67	1:18.44	2:09.54	2:49.37

onjuistheden / mistakes?

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Splash Meet Manager, 11.62141

Registered to KNZB

28-01-2020 19:47 - pagina 56



Programmanr. 14, Heren, 200m wisselslag

Masters 40+

1. Nol van Thull	De Lansingh	NED 198001513	<b>2:16.71</b>	+0.72	28.71	1:04.72	1:45.94	2:16.71
2. Mark Hensen	ZPV Barracuda	NED 197900497	<b>2:19.00</b>	+0.80	29.12	1:04.55	1:46.39	2:19.00
3. Gergely Molnár	Megathlon SE	HUN	<b>2:24.28</b>	+0.81	30.05	1:08.18	1:50.45	2:24.28
4. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	<b>2:24.92</b>	+0.69	31.75	1:10.43	1:51.91	2:24.92
5. László Jüllich	ZPCH	NED 197801893	<b>2:26.46</b>	+0.88	31.36	1:08.40	1:51.29	2:26.46
6. Ivo Roozeboom	WVZ	NED 197700801	<b>2:31.95</b>	+0.80	32.40	1:10.95	1:58.02	2:31.95
7. Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	<b>2:34.03</b>	+0.78	32.58	1:14.11	1:57.25	2:34.03

Masters 45+

1. Marcel van Winssen	De Gelenberg	NED 197101477	<b>2:23.80</b>	+0.81	30.15	1:08.30	1:49.64	2:23.80
2. Antwan van Engen	De Ward	NED 197101577	<b>2:25.34</b>	+0.71	29.70	1:08.46	1:50.98	2:25.34
3. Edgar Thimister	MZ&PC	NED 197501511	<b>2:26.69</b>	+0.66	29.85	1:10.26	1:53.39	2:26.69
4. Maarten van der Zwan	Scheldestroom	NED 197501017	<b>2:27.68</b>	+0.87	30.37	1:11.53	1:52.62	2:27.68
5. Michael van Bekkum	SWOL 1894	NED 197200051	<b>2:35.73</b>	+0.73	32.87	1:14.84	1:58.58	2:35.73
6. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>2:45.19</b>	+0.82	34.75	1:16.55	2:04.80	2:45.19
7. Machiel Stolk	SWOL 1894	NED 197400779	<b>2:45.39</b>	+0.87	34.58	1:17.90	2:07.27	2:45.39

Masters 50+

1. Glen Le Clercq	De Rog	NED 196800177	<b>2:27.05</b>	+0.81	31.51	1:10.48	1:52.84	2:27.05
2. J. van den Berg	WVZ	NED 196801575	<b>2:30.67</b>	+0.76	33.05	1:12.37	1:55.97	2:30.67
3. René Beetsma	HZ&PC Heerenveen	NED 196900069	<b>2:33.25</b>	+0.73	32.46	1:11.87	1:56.66	2:33.25
4. Harold Matla	PSV	NED 196800591	<b>2:36.44</b>	+0.93	34.28	1:16.81	2:00.49	2:36.44
5. Tomas Zemaitis	Klaipėdos plaukimo klubas	LTU	<b>2:38.29</b>	+0.77	32.10	1:13.36	2:00.26	2:38.29
<i>Lithuanian Masters Record</i>								
6. Bruno Nahon	CNSW	BEL 000390/70	<b>2:43.61</b>	+0.95	34.96	1:18.25	2:06.61	2:43.61

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	<b>2:24.13</b>	+0.76	30.54	1:07.83	1:49.34	2:24.13
2. Bert Schlicher	RZ	NED 196400669	<b>2:30.46</b>	+0.69	32.33	1:11.60	1:56.37	2:30.46
3. Arnold de Rover	AZ&PC De Futen	NED 196400645	<b>2:35.18</b>	+0.82	33.81	1:14.24	2:00.00	2:35.18
4. K. van Overbeeke	WWV Winterswijk	NED 196200489	<b>2:39.47</b>	+0.87	33.70	1:15.96	2:02.45	2:39.47
5. Ronald Grove	Triton	NED 196100161	<b>2:43.10</b>	+0.56	35.13	1:20.33	2:06.00	2:43.10
6. Matthijs van den Adel	De Otters Het Gooi	NED 196501637	<b>2:43.86</b>	+0.74	33.91	1:16.03	2:08.23	2:43.86
7. Hans Vloedgraven	Old Dutch	NED 196400917	<b>2:45.09</b>	+0.87	34.75	1:18.00	2:07.57	2:45.09
8. Ralph Caster	RZ	NED 196100069	<b>3:02.85</b>	+0.82	39.68	1:29.76	2:17.81	3:02.85
9. Jan Smalheer	SCOM	NED 196400701	<b>3:12.46</b>	+1.21	42.22	1:31.33	2:27.89	3:12.46

Masters 60+

1. Paul Bunnik	Triton	NED 195600413	<b>2:54.13</b>	+0.78	36.15	1:22.97	2:13.07	2:54.13
2. Wim de Lange	AZC	NED 195800533	<b>2:54.68</b>	+0.75	37.85	1:26.01	2:14.84	2:54.68
3. André Schutte	ZPC De Zeeuwse Kust	NED 196000521	<b>3:24.76</b>	+0.89	44.71	1:37.15	2:40.06	3:24.76

Masters 65+

1. Peter Gulyas	Dunakanyar	HUN	<b>3:03.99</b>	+0.72	40.86	1:30.26	2:22.72	3:03.99
2. Hans Wijsman	PSV	NED 195500427	<b>3:05.03</b>	+0.83	43.19	1:34.51	2:26.88	3:05.03
3. Pierre Monnet	Entente Sportive Nanterre	FRA 2609667	<b>3:28.30</b>	+0.55	42.38	1:37.89	2:38.43	3:28.30
<i>French Masters Record</i>								

Masters 70+

1. Piet Schop	De Bevelanders	NED 195000109	<b>3:18.46</b>	+0.75	39.91	1:30.96	2:28.60	3:18.46
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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 14, Heren, 200m wisselslag

Masters 75+

1. Rob Hanou PSV NED 194300109 **4:04.39** +1.13 55.87 2:01.02 3:09.71 4:04.39

Programmanr. 15  
24-01-2020 - 16:51

4 x 200m vrije slag

Masters Open  
Resultaten

rang vereniging tijd RT PARA

80+, Dames

1. Dedemsvaart-AC 1 Dedemsvaart-AC NED **9:00.16** +0.77  
*Nederlands Masters Record*

Laura Compagner	98	+0.77	31.18	1:05.02	1:40.38	2:16.55	2:16.55
Maaikje van Veen	97	+0.32	30.73	1:05.05	1:40.27	2:15.21	2:15.21
Marije Dankelman	97	+0.16	30.86	1:05.00	1:40.46	2:16.21	2:16.21
Michelle Zomerdijk	00	+0.30	29.55	1:02.47	1:37.70	2:12.19	2:12.19

2. ZPV Barracuda 2 ZPV Barracuda NED **9:51.00** +0.85

Iris van Berkel	00	+0.85	32.84	1:09.98	1:49.89	2:30.12	2:30.12
Denise Boereboom	92	+0.55	30.86	1:05.27	1:41.92	2:17.59	2:17.59
Anouque Berghuis	96	+0.27	32.36	1:09.15	1:47.42	2:25.56	2:25.56
Eveline Houweling	98	+0.41	34.28	1:13.42	1:55.27	2:37.73	2:37.73

80+, Heren

1. Albion WSS (SG) 2 Albion WSS (SG) NED **7:52.24** +0.66  
*Nederlands Masters Record*

Ensgar Kotterink	94	+0.66	26.29	56.08	1:26.38	1:55.15	1:55.15
Timo Dinkelberg	93	+0.55	27.23	57.16	1:27.72	1:57.31	1:57.31
Thomas Verhoeven	97	+0.67	26.16	56.42	1:30.14	2:04.08	2:04.08
Pascal Nuijten	97	+0.43	25.44	54.47	1:24.46	1:55.70	1:55.70

2. De Schotejil 1 De Schotejil NED **8:36.87** +0.79

Niels Albrechts	88	+0.79	30.31	1:04.02	1:39.18	2:12.99	2:12.99
David Kievit	99	+0.35	28.33	1:00.73	1:35.34	2:10.14	2:10.14
Aron Paasse	00	+0.46	28.39	1:01.05	1:35.41	2:10.46	2:10.46
Jacob Mackloet	00	+0.15	27.22	58.68	1:31.29	2:03.28	2:03.28

80+, Gemengd

1. De Veene 1 De Veene NED **8:58.08** +0.79

Jorn Lucas	00	+0.79	29.26	1:01.54	1:35.33	2:08.44	2:08.44
Yvon Versteeg	92	+0.93	31.06	1:04.71	1:38.85	2:12.01	2:12.01
Diederick Schothans	97	+0.80	28.75	1:01.63	1:36.22	2:09.00	2:09.00
Kayleigh Westenberg	00	+0.68	33.98	1:11.86	1:51.07	2:28.63	2:28.63

100+, Dames

1. Steenwijk 1934 1 Steenwijk 1934 NED **9:52.49** +0.90

Ilse Blankvoort	92	+0.90	34.63	1:13.59	1:54.09	2:35.30	2:35.30
Getrude Corporaal	92	+0.49	33.06	1:10.29	1:50.54	2:29.84	2:29.84
Nanda de Vries	92	+0.38	31.08	1:07.16	1:44.26	2:20.43	2:20.43
Ageeth de Haan	99	+0.42	32.16	1:09.94	1:48.90	2:26.92	2:26.92

2. ZPC De Hof 1 ZPC De Hof NED **10:09.12** +0.95

Agnes Holterman	75	+0.95	39.64	1:24.51	2:12.85	3:00.96	3:00.96
Linde Haverkate	99	+0.67	32.29	1:08.99	1:47.08	2:23.01	2:23.01
Deborah Wissink	95	+0.60	32.42	1:08.69	1:45.78	2:22.89	2:22.89
Lianne Roescher	99	+0.40	31.63	1:07.83	1:44.89	2:22.26	2:22.26

3. AZC 1 AZC NED **10:19.68** +0.92

Esther Boerdam-Delfos	87	+0.92	36.80	1:18.33	2:01.11	2:41.55	2:41.55
Carmen Bootsma	98	+0.33	38.24	1:24.22	2:10.84	2:56.03	2:56.03
Monique Remst	87	+0.39	31.91	1:08.18	1:46.27	2:23.01	2:23.01
Julia Wortman	96	+0.27	31.65	1:06.04	1:42.60	2:19.09	2:19.09





Programmanr. 15, 4 x 200m vrije slag

100+, Heren

1.	Club Natacion Cuatro Caminos 1	Club Natacion Cuatro Caminos	ESP				<b>8:14.05</b>	+0.72
	<i>Spanish Masters Record</i>							
	Jih Van Deursen	94	+0.72	27.75	58.43	1:29.50	1:59.62	1:59.62
	Pablo Benavides Lopez	91	+0.48	27.57	58.92	1:30.53	2:01.01	2:01.01
	Jorge Arrebola Rodriguez	82	+0.43	29.86	1:02.47	1:36.08	2:09.28	2:09.28
	Jeroen Bastijns	94	+0.36	26.91	57.67	1:30.53	2:04.14	2:04.14

100+, Gemengd

1.	DWK 1	DWK	NED				<b>8:26.66</b>	+0.68
	<i>Nederlands Masters Record</i>							
	Serginni Marten	93	+0.68	26.47	56.44	1:26.24	1:55.91	1:55.91
	Anoeska van de Kraats	97	+0.17	30.15	1:05.40	1:41.53	2:18.97	2:18.97
	Celine Schoenmaker	98	+0.29	29.83	1:03.27	1:38.65	2:14.59	2:14.59
	Kevin Etink	91	+0.29	26.45	56.39	1:27.70	1:57.19	1:57.19
2.	ZV Hoogland 1	Zwemvereniging Hoogland	NED				<b>8:42.21</b>	+0.76
	Jamilla van Veen	96	+0.76	29.70	1:02.93	1:37.46	2:11.97	2:11.97
	Yuri van Omme	85	+0.35	28.87	1:02.29	1:37.57	2:12.52	2:12.52
	Anne-Irene Ducheine	95		31.08	1:05.80	1:41.48	2:17.59	2:17.59
	Bas Dries	95		26.04	55.53	1:27.07	2:00.13	2:00.13
3.	De Warande 1	De Warande	NED				<b>8:49.39</b>	+0.74
	Amy van Lier	96	+0.74	30.48	1:04.95	1:41.36	2:17.97	2:17.97
	Casper Bolkenbaas	00	+0.02	26.49	56.74	1:28.29	2:00.66	2:00.66
	Désirée Emmen	92	+0.33	30.98	1:06.42	1:44.05	2:21.15	2:21.15
	Sander van Elburg	88	+0.49	28.03	59.74	1:33.49	2:09.61	2:09.61
4.	ESCA Zwemmen 1	ESCA Zwemmen	NED				<b>8:53.92</b>	+0.65
	Sander de Vrugt	89	+0.65	27.94	59.57	1:32.84	2:05.36	2:05.36
	Lianne Slagter	95	+0.44	31.33	1:06.57	1:44.18	2:22.91	2:22.91
	Mike Schel	94	+0.38	28.23	1:00.37	1:32.74	2:05.09	2:05.09
	Moniek van Langevelde	98	+0.63	32.25	1:07.93	1:44.92	2:20.56	2:20.56

NG Club Natacion Cuatro Caminos 2 Club Natacion Cuatro Caminos ESP

120+, Dames

1.	MSV-Zeemacht 1	MSV-Zeemacht	NED				<b>10:39.54</b>	+0.65
	Jet Kleine	99	+0.65	33.69	1:10.32	1:48.70	2:26.90	2:26.90
	Annette van Dok	68	+0.50	44.65	1:31.93	2:24.21	3:17.37	3:17.37
	Tessa Mosch	91	+0.15	32.19	1:09.59	1:48.58	2:27.30	2:27.30
	Suzanne Mosch	94	+0.55	33.16	1:11.08	1:49.16	2:27.97	2:27.97

120+, Heren

1.	ZPV Barracuda 1	ZPV Barracuda	NED				<b>8:27.28</b>	+0.71
	Pascal van Haren	87	+0.71	28.57	1:00.93	1:35.64	2:12.31	2:12.31
	Thomas Hesper	00	+0.50	29.10	1:01.57	1:34.61	2:06.92	2:06.92
	Mark Hensen	79	+0.25	28.82	1:01.04	1:32.97	2:03.79	2:03.79
	Emiel van Beusekom	94	+0.52	27.98	59.88	1:32.70	2:04.26	2:04.26
2.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED				<b>8:42.45</b>	+0.79
	Edwin v. Norden	63	+0.79	30.59	1:04.02	1:37.62	2:10.63	2:10.63
	Rob van Vliet	84	+0.54	28.78	1:01.43	1:35.48	2:09.75	2:09.75
	Martijn Giezen	85	+0.30	28.36	1:01.30	1:35.74	2:09.69	2:09.69
	Martijn Bartels	96	+0.47	29.42	1:03.30	1:37.84	2:12.38	2:12.38
3.	WVZ 1	WVZ	NED				<b>8:44.70</b>	+0.75
	Ivo Roozeboom	77	+0.75	28.38	1:01.22	1:34.99	2:07.85	2:07.85
	Rens Post	91	+0.45	29.28	1:02.32	1:36.11	2:10.36	2:10.36
	Jan-Willem van den Berg	68	+0.43	30.77	1:05.60	1:42.09	2:17.97	2:17.97
	Jordy van Oel	98	+0.43	28.31	1:00.33	1:34.49	2:08.52	2:08.52
4.	ZVL-1886 Tetteroo 1	ZVL-1886 Tetteroo	NED				<b>8:45.98</b>	+0.83
	Hans Bouwmeester	67	+0.83	32.00	1:07.51	1:44.82	2:23.01	2:23.01
	Kristiaan Lenos	83	+0.46	27.13	58.02	1:31.17	2:04.55	2:04.55
	Robin van Beek	97	+0.26	27.99	59.48	1:31.78	2:03.64	2:03.64
	Edwin van der Winden	84	+0.23	29.73	1:03.85	1:39.03	2:14.78	2:14.78

Programmanr. 15, Heren, 4 x 200m vrije slag, 120+

rang	vereniging					tijd	RT	PARA
5.	De Duinkickers 1	De Duinkickers	NED			<b>10:15.19</b>	<b>+0.63</b>	
	Ruben de Boer	93	+0.63	31.72	1:06.98	1:43.25	2:19.56	2:19.56
	Robin Roskam	78	+0.36	38.78	1:26.75	2:15.13	3:01.85	3:01.85
	Richard Hill	66	+0.26	35.61	1:15.52	1:57.24	2:38.31	2:38.31
	Jeffrey Roest	97	+0.22	31.16	1:05.80	1:41.67	2:15.47	2:15.47

120+, Gemengd

1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	NED			<b>8:38.57</b>	<b>+0.63</b>	
	Dennis Bos	92	+0.63	27.48	58.66	1:31.21	2:03.97	2:03.97
	Daniëlle de Boer	94	+0.35	31.41	1:06.68	1:43.40	2:19.96	2:19.96
	Fraukje Puts	92	+0.34	31.37	1:06.07	1:40.78	2:15.56	2:15.56
	Casper Hut	78	+0.26	26.56	56.57	1:27.68	1:59.08	1:59.08
2.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED			<b>8:50.98</b>	<b>+0.88</b>	
	Lidia v. Bon-Rosenbrand	70	+0.88	33.89	1:11.29	1:50.72	2:29.33	2:29.33
	Danica Koedoot	93	+0.42	32.01	1:07.49	1:44.50	2:21.52	2:21.52
	Joan Kentrop	85	+0.45	26.20	56.22	1:26.97	1:57.22	1:57.22
	Jelle Blankestijn	98	+0.50	27.05	57.94	1:30.36	2:02.91	2:02.91
3.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED			<b>9:12.65</b>	<b>+0.69</b>	
	Daniëlle Vermeulen	91	+0.69	32.06	1:07.93	1:44.53	2:21.51	2:21.51
	Mark Zwart	79	+0.56	28.75	1:01.22	1:35.13	2:09.80	2:09.80
	Liesbeth van Mill	87	+0.66	34.83	1:14.34	1:54.77	2:35.53	2:35.53
	Martijn Kornet	97	+0.60	28.00	1:00.22	1:33.59	2:05.81	2:05.81
4.	DAW 2	DAW	NED			<b>9:47.49</b>	<b>+0.50</b>	
	Inge Koopman	93	+0.50	33.65	1:13.37	1:54.03	2:31.95	2:31.95
	Dennis Kraakman	87	+0.61	32.24	1:08.88	1:47.93	2:25.32	2:25.32
	Sandra Zwaanswijk	85	+0.11	32.65	1:09.90	1:48.49	2:26.52	2:26.52
	Wouter Zijlstra	82	+0.39	31.46	1:07.37	1:44.86	2:23.70	2:23.70
5.	De Dolfijn 1	De Dolfijn	NED			<b>9:55.98</b>	<b>+0.59</b>	
	Yvonne Beumer	80	+0.59	34.41	1:12.87	1:53.09	2:32.05	2:32.05
	Leffert Lansink	92	+0.58	32.44	1:08.36	1:45.63	2:22.61	2:22.61
	Martijn Gerrits	88	+0.60	34.83	1:14.06	1:57.34	2:42.84	2:42.84
	Pascalie Rovers	93	+0.61	31.03	1:05.69	1:41.94	2:18.48	2:18.48
6.	Steenwijk 1934 4	Steenwijk 1934	NED			<b>10:40.08</b>	<b>+0.69</b>	
	Bernd Kobesen	93	+0.69	27.89	59.33	1:32.64	2:06.69	2:06.69
	Patrick Wobben	93	+0.65	37.15	1:19.05	2:04.86	2:50.95	2:50.95
	Inge Soeters	73	+0.30	39.73	1:24.80	2:12.51	3:00.22	3:00.22
	Lonneke Oenema	91		35.17	1:16.36	1:59.65	2:42.22	2:42.22
NG	Club Natacion Cuatro Caminos 3	Club Natacion Cuatro Caminos	ESP					
NG	Albion WSS (SG) 4	Albion WSS (SG)	NED					

160+, Dames

1.	De Geul 1	De Geul	NED			<b>11:06.58</b>	<b>+0.61</b>	
	Marijke Campfens	69	+0.61	36.40	1:16.79	1:59.82	2:43.21	2:43.21
	Eline Molle	94	+0.29	36.58	1:18.17	2:01.89	2:45.19	2:45.19
	Erica Muller	64	+0.40	43.12	1:32.04	2:22.35	3:11.63	3:11.63
	Nanda van Heteren	89	+0.61	33.51	1:10.75	1:49.38	2:26.55	2:26.55
2.	De Rog 1	De Rog	NED			<b>11:42.17</b>	<b>+0.77</b>	
	Ageeth Westenbrink	67	+0.77	42.61	1:31.16	2:22.75	3:12.57	3:12.57
	Sandra Van der Helm	78	+0.52	41.63	1:27.80	2:17.18	3:05.85	3:05.85
	Kim Hamakers	98	+0.37	37.66	1:20.07	2:04.40	2:46.71	2:46.71
	Sandra Peeters-Wiermans	74		35.48	1:15.65	1:57.42	2:37.04	2:37.04

Programmanr. 15, 4 x 200m vrije slag

160+, Heren

1.	Sassenheim 1	Sassenheim		NED				<b>9:22.80</b>	+0.78
	Rene de Bruin	71	+0.78	31.69	1:07.10	1:44.28	2:21.16	2:21.16	
	Arjan Buijsse	79	+0.52	31.71	1:07.50	1:44.47	2:20.95	2:20.95	
	Frank van Nobelen	69	+0.13	31.32	1:06.78	1:43.75	2:20.84	2:20.84	
	Robert Langeveld	71	+0.55	31.85	1:06.98	1:43.69	2:19.85	2:19.85	
2.	Albion WSS (SG) 3	Albion WSS (SG)		NED				<b>9:39.36</b>	+0.70
	Pieter Broek	77	+0.70	30.72	1:06.17	1:43.08	2:19.23	2:19.23	
	Mark Nuijten	60	+0.22	32.70	1:10.52	1:51.52	2:30.57	2:30.57	
	Fred Dijkshoorn	65	+0.74	35.61	1:15.92	1:58.10	2:37.16	2:37.16	
	Patrick Wyrdeeman	97	+0.58	30.08	1:03.07	1:37.38	2:12.40	2:12.40	
3.	SWOL 1894 2	SWOL 1894		NED				<b>9:43.01</b>	+0.75
	Stefan van de Griff	87	+0.75	31.76	1:08.17	1:45.58	2:23.91	2:23.91	
	Kasper van den Berghe	73	+0.53	33.08	1:10.01	1:49.75	2:29.20	2:29.20	
	Machiel Stolk	74	+0.67	33.61	1:10.35	1:48.30	2:26.94	2:26.94	
	Michael van Bekkum	72	+0.32	31.01	1:07.13	1:45.09	2:22.96	2:22.96	
4.	ZPC Numansdorp 1	ZPC Numansdorp		NED				<b>9:50.94</b>	+0.72
	Yuri Admiraal	77	+0.72	30.30	1:05.06	1:41.65	2:19.69	2:19.69	
	Hans Piederiet	54		38.15	1:21.65	2:08.11	2:54.39	2:54.39	
	Paul Notenboom	88	-0.01	30.20	1:05.73	1:43.29	2:20.88	2:20.88	
	Haico Weijers	88	+0.29	30.21	1:04.53	1:40.72	2:15.98	2:15.98	
5.	SWOL 1894 3	SWOL 1894		NED				<b>10:20.66</b>	+0.77
	Han Boone	77	+0.77	35.47	1:15.51	1:57.42	2:38.34	2:38.34	
	Johan Wezenberg	76	+0.35	32.25	1:11.05	1:51.57	2:35.52	2:35.52	
	Peter Lommert	79	+0.22	33.21	1:12.45	1:53.32	2:33.50	2:33.50	
	Arjan Aalbers	75	+0.53	32.25	1:09.16	1:50.02	2:33.30	2:33.30	

160+, Gemengd

1.	De Ward 1	De Ward		NED				<b>9:35.32</b>	+0.79
	Daniel Prinse	74	+0.79	34.43	1:11.51	1:48.88	2:24.91	2:24.91	
	Eva Kattouw	94	+0.57	33.36	1:11.75	1:51.70	2:31.75	2:31.75	
	Yvette Ratering	72	+0.76	33.77	1:11.50	1:50.33	2:28.65	2:28.65	
	Antwan van Engen	71	+0.46	29.74	1:02.50	1:36.46	2:10.01	2:10.01	
2.	DWK 2	DWK		NED				<b>10:06.78</b>	+0.78
	Annabel Kuipers	00	+0.78	32.02	1:08.11	1:45.34	2:21.66	2:21.66	
	Martijn de Jong	71	+0.47	33.50	1:11.87	1:52.56	2:30.51	2:30.51	
	Iris van Aurich	69	+0.61	35.72	1:15.34	1:56.20	2:35.30	2:35.30	
	Gerco Schakel	69	+0.43	35.28	1:15.64	1:57.69	2:39.31	2:39.31	
3.	CNSW 1	CNSW		BEL				<b>10:06.92</b>	+0.73
	Mesut Halicioglu	92	+0.73	30.52	1:04.96	1:41.52	2:17.86	2:17.86	
	Marco Usula	90	+0.56	30.33	1:03.19	1:36.68	2:09.21	2:09.21	
	Claire Anthony	57	+0.56	42.48	1:32.37	2:23.54	3:10.08	3:10.08	
	Kathy Van Lindt	71	+0.53	34.46	1:13.34	1:52.37	2:29.77	2:29.77	
4.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)		NED				<b>10:08.22</b>	+0.80
	Arno Schrauwen	65	+0.80	32.29	1:09.49	1:49.06	2:30.20	2:30.20	
	Pascalie Janssen	73	+0.43	36.14	1:17.25	1:59.80	2:40.48	2:40.48	
	Martine de Haart	79	+0.35	35.66	1:15.55	1:57.08	2:37.27	2:37.27	
	Jeroen Meuleners	78	+0.37	31.53	1:07.89	1:45.08	2:20.27	2:20.27	

DIS De Schotelijl 2 De Schotelijl NED  
AA - Gestart voor het startsignaal (en wel gezwommen).

Nico Paasse, Whitley Rens, Marjon v. Kempen, Frank v.d. Voorde

200+, Dames

1.	Albion WSS (SG) 1	Albion WSS (SG)		NED				<b>10:46.47</b>	+0.71
	Netty Burik-Geijsen	63	+0.71	34.58	1:12.73	1:52.52	2:32.01	2:32.01	
	Tineke Janssen	64	+0.13	35.00	1:14.34	1:55.49	2:34.94	2:34.94	
	Caroline Kruger	68	+0.63	41.11	1:26.06	2:14.85	3:06.13	3:06.13	
	Mirjan den Drijver	75	+0.35	34.67	1:13.89	1:53.99	2:33.39	2:33.39	
2.	SWOL 1894 1	SWOL 1894		NED				<b>11:43.51</b>	+0.99
	Annet Kootstra	71	+0.99	41.22	1:26.01	2:11.63	2:56.87	2:56.87	
	Marjan Spoelstra	60	+0.58	42.37	1:29.18	2:18.03	3:05.20	3:05.20	
	Babette Rens	78	+0.37	38.33	1:21.25	2:06.28	2:49.53	2:49.53	
	Annemarie Vuist-Blum	63	+0.68	40.74	1:24.34	2:09.21	2:51.91	2:51.91	

Programmanr. 15, 4 x 200m vrije slag

200+, Heren

1.	I.L. Varg 1	I.L. Varg		NOR				<b>8:14.56</b>	+0.82
	<i>Europees Masters Record, Norwegian Masters Record</i>								
	Jarl Inge Melberg	70	+0.82	26.97	56.63	1:27.62	1:59.46	1:59.46	
	Oddvar Sandvin	66	+0.33	29.53	1:02.24	1:35.93	2:09.76	2:09.76	
	Øivind Martin Hasle	77	+0.27	26.62	56.27	1:26.60	1:57.57	1:57.57	
	Erlend Alstad	67	+0.42	29.39	1:01.53	1:34.99	2:07.77	2:07.77	
2.	De Rog 2	De Rog		NED				<b>9:31.48</b>	+0.90
	Erik Kamphuis	60	+0.90	34.34	1:11.86	1:50.01	2:26.24	2:26.24	
	Wijnand Vergeest	68	+0.46	33.23	1:11.98	1:52.31	2:31.69	2:31.69	
	Peter Bernsen	63	+0.59	32.07	1:08.22	1:43.48	2:18.62	2:18.62	
	Glen Le Clercq	68	+0.42	29.81	1:04.41	1:39.56	2:14.93	2:14.93	
3.	AZC 2	AZC		NED				<b>10:41.41</b>	+0.88
	Stefan Oostendorp	90	+0.88	32.62	1:08.38	1:45.70	2:23.87	2:23.87	
	Geza Kaltenecker	42	+0.66	43.22	1:34.79	2:28.57	3:21.32	3:21.32	
	Wim de Lange	58	+0.41	35.91	1:16.30	1:59.10	2:40.04	2:40.04	
	Mark van der Schrier	78	+0.52	30.96	1:05.30	1:40.75	2:16.18	2:16.18	
4.	Budel 1	Budel		NED				<b>11:01.30</b>	+0.96
	Wijjo Mackus	71	+0.96	33.94	1:13.03	1:54.22	2:33.03	2:33.03	
	Jos Zentjens	57	+0.68	36.69	1:16.08	1:59.56	2:44.10	2:44.10	
	Edward van Nijmweegen	70	+0.53	38.40	1:23.72	2:12.70	3:01.48	3:01.48	
	Ruud Kennis	65	+0.29	36.35	1:18.41	2:01.53	2:42.69	2:42.69	
5.	PSV 1	PSV		NED				<b>11:54.66</b>	+0.95
	Jasper Peters	86	+0.95	33.52	1:14.22	1:56.68	2:38.47	2:38.47	
	André Pantekoek	58	+0.42	40.00	1:27.98	2:17.51	3:06.43	3:06.43	
	Rob Hanou	43	+0.68	45.40	1:42.24	2:41.25	3:37.12	3:37.12	
	Tom Bandsma	77	+0.70	34.69	1:12.68	1:53.04	2:32.64	2:32.64	

200+, Gemengd

1.	DAW 1	DAW		NED				<b>9:49.32</b>	+0.73
	Petra Tossings	61	+0.73	37.47	1:19.78	2:04.68	2:48.02	2:48.02	
	Alex Darnen	75	+0.42	30.16	1:02.96	1:37.04	2:11.06	2:11.06	
	Jacqueline Tuin	66	+0.76	34.65	1:14.63	1:57.37	2:39.48	2:39.48	
	Pieter van Gemeren	69	+0.52	30.32	1:03.43	1:37.13	2:10.76	2:10.76	
2.	Triton 1	Triton		NED				<b>10:02.10</b>	+0.82
	Margriet Grove-Lingeman	62	+0.82	36.50	1:18.04	2:01.66	2:46.21	2:46.21	
	Caroline Schreuder	67	+0.44	35.78	1:17.12	2:00.60	2:43.91	2:43.91	
	Ronald Grove	61	+0.53	32.82	1:10.54	1:49.79	2:27.10	2:27.10	
	Tim Bunnik	90	+0.34	28.06	59.86	1:32.04	2:04.88	2:04.88	
3.	Steenwijk 1934 3	Steenwijk 1934		NED				<b>10:07.43</b>	+0.63
	Linda Wibbelink	59	+0.63	37.82	1:19.53	2:03.68	2:47.53	2:47.53	
	Wilna Heijman	64	+0.49	37.11	1:18.02	2:00.13	2:41.61	2:41.61	
	Casper Dollekamp	63	+0.47	35.03	1:13.93	1:55.76	2:35.95	2:35.95	
	Lauren Vis	82	+0.49	27.58	58.93	1:30.70	2:02.34	2:02.34	
4.	Old Dutch 1	Old Dutch		NED				<b>10:29.30</b>	+0.88
	Hans Vloedgraven	64	+0.88	35.89	1:15.70	1:55.82	2:34.36	2:34.36	
	Chantal Verhoeff	79	+0.50	33.92	1:12.30	1:52.03	2:31.87	2:31.87	
	Karin van Nassau-van den Heuvel	66	+0.14	41.78	1:28.00	2:16.03	3:03.45	3:03.45	
	Phil Trethewie	65	+0.37	32.63	1:07.70	1:44.07	2:19.62	2:19.62	

240+, Dames

1.	Old Dutch 2	Old Dutch		NED				<b>15:09.15</b>	+1.00
	Marjon Boidin	76	+1.00	38.63	1:21.44	2:06.49	2:52.18	2:52.18	
	Mies Kuipers	58	+0.81	1:03.97	2:14.40	3:25.56	4:28.95	4:28.95	
	Karien Musters	58	+0.55	49.55	1:45.56	2:45.87	3:47.09	3:47.09	
	Marie Smits	38	+0.61	53.98	1:57.27	3:01.57	4:00.93	4:00.93	

240+, Heren

1.	WS Twente 1	WS Twente		NED				<b>11:52.26</b>	+0.99
	Jan Willem Heuten	60	+0.99	39.01	1:23.53	2:11.06	2:56.41	2:56.41	
	Joop Weenink	68	+0.82	37.28	1:18.25	2:01.48	2:43.58	2:43.58	
	Frans van Enst	40	+0.54	42.64	1:34.60	2:27.82	3:24.12	3:24.12	
	Bart van Calker	61	+0.59	39.82	1:21.39	2:04.83	2:48.15	2:48.15	



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 15, 4 x 200m vrije slag

240+, Gemengd

1. ZVVS 1	ZVVS			NED				<b>11:07.43</b>	+1.04
Willem Putter		45	+1.04	41.00	1:27.12	2:17.45	3:06.24	3:06.24	
Bas van de Nouwelant		80	+0.64	31.98	1:09.12	1:47.30	2:24.85	2:24.85	
Conny Boer-Buys		50	+0.60	37.73	1:20.87	2:05.20	2:48.63	2:48.63	
Irene van der Laan		60	+0.48	38.74	1:21.92	2:05.36	2:47.71	2:47.71	



4 - ONMK 2020 kb sessie 4

25-01-2020 - 9:00

Programmanr. 16  
25-01-2020 - 9:00

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA
<b>Masters 20+</b>					
1.	Jorian Tanis <i>Kampioenschaps Record</i>	MNC Dordrecht	NED 199900327	<b>8:35.31</b>	+0.64
	50m: 28.47 28.47	250m: 2:37.47 32.65	450m: 4:48.86 32.85	650m: 7:00.61 32.56	
	100m: 59.94 31.47	300m: 3:10.38 32.91	500m: 5:21.98 33.12	700m: 7:33.38 32.77	
	150m: 1:32.17 32.23	350m: 3:43.23 32.85	550m: 5:54.97 32.99	750m: 8:05.52 32.14	
	200m: 2:04.82 32.65	400m: 4:16.01 32.78	600m: 6:28.05 33.08	800m: 8:35.31 29.79	
2.	Arjan Dekker	ReVeLie Swim Team	NED 200000499	<b>8:58.28</b>	+0.66
	50m: 29.68 29.68	250m: 2:44.03 34.17	450m: 5:02.34 35.07	650m: 7:19.99 34.03	
	100m: 1:02.67 32.99	300m: 3:18.09 34.06	500m: 5:36.88 34.54	700m: 7:54.13 34.14	
	150m: 1:36.02 33.35	350m: 3:52.66 34.57	550m: 6:11.54 34.66	750m: 8:26.89 32.76	
	200m: 2:09.86 33.84	400m: 4:27.27 34.61	600m: 6:45.96 34.42	800m: 8:58.28 31.39	
3.	Jacob Mackloet	De Schotejil	NED 200001171	<b>8:59.72</b>	+0.71
	50m: 29.77 29.77	250m: 2:46.25 34.11	450m: 5:04.24 34.40	650m: 7:21.64 33.64	
	100m: 1:03.32 33.55	300m: 3:20.67 34.42	500m: 5:38.88 34.64	700m: 7:55.20 33.56	
	150m: 1:37.58 34.26	350m: 3:55.13 34.46	550m: 6:13.48 34.60	750m: 8:28.48 33.28	
	200m: 2:12.14 34.56	400m: 4:29.84 34.71	600m: 6:48.00 34.52	800m: 8:59.72 31.24	
4.	Robin van Beek	ZVL-1886 Tetteroo	NED 199704023	<b>9:07.98</b>	+0.76
	50m: 30.70 30.70	250m: 2:47.62 34.89	450m: 5:07.06 34.64	650m: 7:25.48 34.52	
	100m: 1:04.04 33.34	300m: 3:22.69 35.07	500m: 5:41.56 34.50	700m: 8:00.39 34.91	
	150m: 1:37.95 33.91	350m: 3:57.44 34.75	550m: 6:16.23 34.67	750m: 8:35.28 34.89	
	200m: 2:12.73 34.78	400m: 4:32.42 34.98	600m: 6:50.96 34.73	800m: 9:07.98 32.70	
5.	Leon Kloots	ZPC De Hof	NED 200001363	<b>9:20.97</b>	+0.76
	50m: 30.74 30.74	250m: 2:47.55 34.84	450m: 5:10.08 36.03	650m: 7:35.34 36.53	
	100m: 1:04.05 33.31	300m: 3:22.57 35.02	500m: 5:46.15 36.07	700m: 8:11.54 36.20	
	150m: 1:38.21 34.16	350m: 3:58.20 35.63	550m: 6:22.34 36.19	750m: 8:47.24 35.70	
	200m: 2:12.71 34.50	400m: 4:34.05 35.85	600m: 6:58.81 36.47	800m: 9:20.97 33.73	
6.	Jordy van Oel	WVZ	NED 199802003	<b>9:28.92</b>	+0.76
	50m: 29.98 29.98	250m: 2:53.79 36.12	450m: 5:19.12 36.21	650m: 7:45.07 36.44	
	100m: 1:05.02 35.04	300m: 3:30.00 36.21	500m: 5:55.84 36.72	700m: 8:20.93 35.86	
	150m: 1:41.39 36.37	350m: 4:06.64 36.64	550m: 6:32.01 36.17	750m: 8:56.09 35.16	
	200m: 2:17.67 36.28	400m: 4:42.91 36.27	600m: 7:08.63 36.62	800m: 9:28.92 32.83	
<b>Masters 25+</b>					
1.	Jeffrey Camphens	DWT	NED 199503113	<b>9:01.69</b>	+0.63
	50m: 30.59 30.59	250m: 2:47.32 34.53	450m: 5:05.19 34.33	650m: 7:22.03 34.36	
	100m: 1:04.08 33.49	300m: 3:22.15 34.83	500m: 5:39.67 34.48	700m: 7:56.21 34.18	
	150m: 1:38.44 34.36	350m: 3:56.45 34.30	550m: 6:13.91 34.24	750m: 8:29.93 33.72	
	200m: 2:12.79 34.35	400m: 4:30.86 34.41	600m: 6:47.67 33.76	800m: 9:01.69 31.76	
2.	Mike Schel	ESCA Zwemmen	NED 199403279	<b>9:06.17</b>	+0.73
	50m: 30.51 30.51	250m: 2:46.60 34.42	450m: 5:04.29 34.52	650m: 7:23.60 34.89	
	100m: 1:03.74 33.23	300m: 3:20.96 34.36	500m: 5:38.62 34.33	700m: 7:58.16 34.56	
	150m: 1:37.77 34.03	350m: 3:55.11 34.15	550m: 6:13.71 35.09	750m: 8:33.49 35.33	
	200m: 2:12.18 34.41	400m: 4:29.77 34.66	600m: 6:48.71 35.00	800m: 9:06.17 32.68	
3.	Emiel van Beusekom	ZPV Barracuda	NED 199403951	<b>9:07.54</b>	+0.62
	50m: 29.83 29.83	250m: 2:47.47 34.91	450m: 5:06.88 34.97	650m: 7:26.32 34.74	
	100m: 1:03.19 33.36	300m: 3:22.41 34.94	500m: 5:41.91 35.03	700m: 8:00.86 34.54	
	150m: 1:37.69 34.50	350m: 3:57.07 34.66	550m: 6:16.88 34.97	750m: 8:34.84 33.98	
	200m: 2:12.56 34.87	400m: 4:31.91 34.84	600m: 6:51.58 34.70	800m: 9:07.54 32.70	
4.	Pieter Pijnenburg	De Biesboschzwemmers	NED 199305227	<b>9:32.19</b>	+0.70
	50m: 31.88 31.88	250m: 2:56.03 36.08	450m: 5:20.86 36.19	650m: 7:46.02 36.28	
	100m: 1:07.52 35.64	300m: 3:32.40 36.37	500m: 5:57.17 36.31	700m: 8:22.49 36.47	
	150m: 1:43.99 36.47	350m: 4:08.54 36.14	550m: 6:33.53 36.36	750m: 8:58.62 36.13	
	200m: 2:19.95 35.96	400m: 4:44.67 36.13	600m: 7:09.74 36.21	800m: 9:32.19 33.57	
5.	Martino Valentijn	DIO	NED 199403913	<b>9:44.66</b>	+0.66
	50m: 31.73 31.73	250m: 2:59.49 38.05	450m: 5:30.19 37.54	650m: 7:59.86 37.37	
	100m: 1:07.80 36.07	300m: 3:37.28 37.79	500m: 6:07.49 37.30	700m: 8:36.21 36.35	
	150m: 1:44.47 36.67	350m: 4:14.88 37.60	550m: 6:45.09 37.60	750m: 9:11.23 35.02	
	200m: 2:21.44 36.97	400m: 4:52.65 37.77	600m: 7:22.49 37.40	800m: 9:44.66 33.43	

Programmanr. 16, Heren, 800m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA			
6.	Tom van Gils	ZPC De Zeeuwse Kust	NED 199501799	<b>9:47.26</b>	+0.63			
	50m: 33.31	33.31	250m: 3:01.93	37.31	450m: 5:30.92	37.23	650m: 7:59.01	36.58
	100m: 1:09.82	36.51	300m: 3:39.21	37.28	500m: 6:07.90	36.98	700m: 8:35.63	36.62
	150m: 1:47.18	37.36	350m: 4:16.53	37.32	550m: 6:44.99	37.09	750m: 9:12.08	36.45
	200m: 2:24.62	37.44	400m: 4:53.69	37.16	600m: 7:22.43	37.44	800m: 9:47.26	35.18
7.	Maik Steenkamp	Montferland	NED 199103847	<b>9:49.92</b>	+0.77			
	50m: 32.55	32.55	250m: 3:00.32	37.65	450m: 5:30.91	37.34	650m: 8:01.11	37.58
	100m: 1:08.98	36.43	300m: 3:37.87	37.55	500m: 6:08.33	37.42	700m: 8:38.44	37.33
	150m: 1:45.64	36.66	350m: 4:15.68	37.81	550m: 6:45.75	37.42	750m: 9:15.18	36.74
	200m: 2:22.67	37.03	400m: 4:53.57	37.89	600m: 7:23.53	37.78	800m: 9:49.92	34.74

Masters 30+

1.	Klaas van Beek	ZV Haerlem	NED 198805941	<b>9:00.69</b>	+0.72			
	50m: 30.31	30.31	250m: 2:44.58	34.00	450m: 5:00.69	34.12	650m: 7:17.79	34.61
	100m: 1:03.26	32.95	300m: 3:18.48	33.90	500m: 5:34.83	34.14	700m: 7:52.60	34.81
	150m: 1:36.77	33.51	350m: 3:52.61	34.13	550m: 6:09.14	34.31	750m: 8:27.58	34.98
	200m: 2:10.58	33.81	400m: 4:26.57	33.96	600m: 6:43.18	34.04	800m: 9:00.69	33.11
2.	Tim Bunnik	Triton	NED 199000505	<b>9:27.82</b>	+0.80			
	50m: 31.02	31.02	250m: 2:54.37	36.56	450m: 5:20.90	36.05	650m: 7:43.02	34.92
	100m: 1:05.48	34.46	300m: 3:30.95	36.58	500m: 5:56.52	35.62	700m: 8:18.26	35.24
	150m: 1:41.38	35.90	350m: 4:07.90	36.95	550m: 6:32.31	35.79	750m: 8:53.68	35.42
	200m: 2:17.81	36.43	400m: 4:44.85	36.95	600m: 7:08.10	35.79	800m: 9:27.82	34.14
3.	Niels Albrechts	De Schotejil	NED 198800039	<b>9:35.97</b>	+0.75			
	50m: 33.44	33.44	250m: 3:00.09	36.65	450m: 5:25.53	36.18	650m: 7:51.74	36.19
	100m: 1:10.19	36.75	300m: 3:36.25	36.16	500m: 6:02.25	36.72	700m: 8:27.83	36.09
	150m: 1:47.04	36.85	350m: 4:12.84	36.59	550m: 6:38.96	36.71	750m: 9:03.70	36.87
	200m: 2:23.44	36.40	400m: 4:49.35	36.51	600m: 7:15.55	36.59	800m: 9:35.97	32.27
4.	Wessel Everloo	WS Twente	NED 198906597	<b>9:42.10</b>	+0.76	747		
	50m: 32.10	32.10	250m: 2:59.08	36.48	450m: 5:25.89	37.00	650m: 7:53.80	37.18
	100m: 1:08.85	36.75	300m: 3:35.64	36.56	500m: 6:03.46	37.57	700m: 8:31.07	37.27
	150m: 1:45.87	37.02	350m: 4:12.25	36.61	550m: 6:40.74	37.28	750m: 9:07.51	36.44
	200m: 2:22.60	36.73	400m: 4:48.89	36.64	600m: 7:16.62	35.88	800m: 9:42.10	34.59
5.	Mark Godwaldt	PSV	NED 198701039	<b>10:09.65</b>	+0.99			
	50m: 33.09	33.09	250m: 3:03.58	37.73	450m: 5:38.13	38.40	650m: 8:15.86	38.81
	100m: 1:10.07	36.98	300m: 3:41.76	38.18	500m: 6:17.50	39.37	700m: 8:54.84	38.98
	150m: 1:47.89	37.82	350m: 4:20.61	38.85	550m: 6:56.87	39.37	750m: 9:33.54	38.70
	200m: 2:25.85	37.96	400m: 4:59.73	39.12	600m: 7:37.05	40.18	800m: 10:09.65	36.11

Masters 35+

1.	Erik Schröder	TriVia	NED 198402025	<b>9:01.47</b>	+0.80			
	50m: 29.40	29.40	250m: 2:45.76	34.69	450m: 5:05.33	34.73	650m: 7:22.25	33.75
	100m: 1:02.19	32.79	300m: 3:20.94	35.18	500m: 5:40.06	34.73	700m: 7:56.10	33.85
	150m: 1:36.45	34.26	350m: 3:55.90	34.96	550m: 6:14.17	34.11	750m: 8:29.32	33.22
	200m: 2:11.07	34.62	400m: 4:30.60	34.70	600m: 6:48.50	34.33	800m: 9:01.47	32.15
2.	Frank v.d. Voordt	De Schotejil	NED 198302259	<b>9:35.68</b>	+0.74			
	50m: 32.61	32.61	250m: 2:58.04	36.34	450m: 5:25.05	37.11	650m: 7:51.02	35.92
	100m: 1:08.41	35.80	300m: 3:34.41	36.37	500m: 6:01.76	36.71	700m: 8:26.72	35.70
	150m: 1:45.07	36.66	350m: 4:10.99	36.58	550m: 6:38.18	36.42	750m: 9:02.05	35.33
	200m: 2:21.70	36.63	400m: 4:47.94	36.95	600m: 7:15.10	36.92	800m: 9:35.68	33.63
3.	Roel van der Kruijs	De Gelenberg	NED 198501491	<b>9:39.43</b>	+0.76			
	50m: 32.25	32.25	250m: 2:58.25	36.92	450m: 5:25.98	36.89	650m: 7:52.85	36.61
	100m: 1:07.63	35.38	300m: 3:35.54	37.29	500m: 6:02.81	36.83	700m: 8:29.05	36.20
	150m: 1:44.36	36.73	350m: 4:12.27	36.73	550m: 6:39.66	36.85	750m: 9:05.05	36.00
	200m: 2:21.33	36.97	400m: 4:49.09	36.82	600m: 7:16.24	36.58	800m: 9:39.43	34.38
4.	Marcel Reefhuis	WS Twente	NED 198101381	<b>9:49.86</b>	+0.80			
	50m: 32.73	32.73	250m: 2:59.59	37.07	450m: 5:29.89	37.80	650m: 8:01.23	37.69
	100m: 1:08.79	36.06	300m: 3:36.86	37.27	500m: 6:07.83	37.94	700m: 8:38.81	37.58
	150m: 1:45.71	36.92	350m: 4:14.34	37.48	550m: 6:45.70	37.87	750m: 9:15.76	36.95
	200m: 2:22.52	36.81	400m: 4:52.09	37.75	600m: 7:23.54	37.84	800m: 9:49.86	34.10
5.	Martijn Giezen	ZPC AMERSFOORT	NED 198500813	<b>10:24.41</b>	+0.82			
	50m: 31.12	31.12	250m: 3:05.12	38.93	450m: 5:45.99	41.33	650m: 8:27.51	40.33
	100m: 1:08.81	37.69	300m: 3:44.31	39.19	500m: 6:26.43	40.44	700m: 9:07.95	40.44
	150m: 1:47.48	38.67	350m: 4:24.41	40.10	550m: 7:06.59	40.16	750m: 9:48.94	40.99
	200m: 2:26.19	38.71	400m: 5:04.66	40.25	600m: 7:47.18	40.59	800m: 10:24.41	35.47

Programmanr. 16, Heren, 800m vrije slag

Masters 40+

1.	Gergely Molnár <i>Hungarian Masters Record</i>	Megathlon SE	HUN		<b>9:21.18</b>	+0.82		
	50m: 31.17	31.17	250m: 2:54.99	35.71	450m: 5:17.85	34.81	650m: 7:37.70	35.15
	100m: 1:06.69	35.52	300m: 3:31.23	36.24	500m: 5:52.61	34.76	700m: 8:13.12	35.42
	150m: 1:43.07	36.38	350m: 4:07.08	35.85	550m: 6:27.51	34.90	750m: 8:47.89	34.77
	200m: 2:19.28	36.21	400m: 4:43.04	35.96	600m: 7:02.55	35.04	800m: 9:21.18	33.29
2.	Ben Rutten	Oudenaardse Zwemclub	BEL	10220/76	<b>9:27.69</b>	+0.81		
	50m: 31.52	31.52	250m: 2:53.33	35.82	450m: 5:16.88	35.85	650m: 7:40.04	36.09
	100m: 1:06.09	34.57	300m: 3:29.26	35.93	500m: 5:52.68	35.80	700m: 8:16.42	36.38
	150m: 1:41.71	35.62	350m: 4:05.04	35.78	550m: 6:28.38	35.70	750m: 8:52.58	36.16
	200m: 2:17.51	35.80	400m: 4:41.03	35.99	600m: 7:03.95	35.57	800m: 9:27.69	35.11
3.	Ivo Roozeboom	WVZ	NED	197700801	<b>9:44.63</b>	+0.76		
	50m: 31.40	31.40	250m: 2:59.92	37.27	450m: 5:28.28	36.85	650m: 7:55.66	36.76
	100m: 1:07.60	36.20	300m: 3:37.34	37.42	500m: 6:05.06	36.78	700m: 8:32.37	36.71
	150m: 1:45.01	37.41	350m: 4:14.41	37.07	550m: 6:42.09	37.03	750m: 9:09.20	36.83
	200m: 2:22.65	37.64	400m: 4:51.43	37.02	600m: 7:18.90	36.81	800m: 9:44.63	35.43
4.	Freddie Geerlings	Zwemsport Parkstad (SG)	NED	197900379	<b>10:06.32</b>	+0.96		
	50m: 34.13	34.13	250m: 3:05.63	38.06	450m: 5:39.96	39.06	650m: 8:15.04	38.57
	100m: 1:11.65	37.52	300m: 3:44.00	38.37	500m: 6:18.68	38.72	700m: 8:53.18	38.14
	150m: 1:49.46	37.81	350m: 4:22.32	38.32	550m: 6:57.51	38.83	750m: 9:30.40	37.22
	200m: 2:27.57	38.11	400m: 5:00.90	38.58	600m: 7:36.47	38.96	800m: 10:06.32	35.92
5.	Dennis Dortland	ZPV Barracuda	NED	197800261	<b>10:08.02</b>	+0.84		
	50m: 31.97	31.97	250m: 3:01.30	38.01	450m: 5:36.20	38.96	650m: 8:11.70	39.10
	100m: 1:07.56	35.59	300m: 3:39.72	38.42	500m: 6:14.39	38.19	700m: 8:51.11	39.41
	150m: 1:45.17	37.61	350m: 4:18.61	38.89	550m: 6:53.17	38.78	750m: 9:30.31	39.20
	200m: 2:23.29	38.12	400m: 4:57.24	38.63	600m: 7:32.60	39.43	800m: 10:08.02	37.71
6.	Yuri Admiraal	ZPC Numansdorp	NED	197701655	<b>10:16.66</b>	+0.75		
	50m: 33.12	33.12	250m: 3:07.83	39.48	450m: 5:45.35	39.51	650m: 8:23.16	39.22
	100m: 1:10.83	37.71	300m: 3:46.92	39.09	500m: 6:25.34	39.99	700m: 9:02.15	38.99
	150m: 1:49.75	38.92	350m: 4:26.42	39.50	550m: 7:04.81	39.47	750m: 9:39.98	37.83
	200m: 2:28.35	38.60	400m: 5:05.84	39.42	600m: 7:43.94	39.13	800m: 10:16.66	36.68
7.	Victor Barnar	GoSwim	NED	197801805	<b>10:24.91</b>	+0.76		
	50m: 33.99	33.99	250m: 3:06.43	38.47	450m: 5:47.11	40.65	650m: 8:27.68	39.45
	100m: 1:11.65	37.66	300m: 3:45.90	39.47	500m: 6:27.63	40.52	700m: 9:07.54	39.86
	150m: 1:49.48	37.83	350m: 4:25.94	40.04	550m: 7:08.00	40.37	750m: 9:47.39	39.85
	200m: 2:27.96	38.48	400m: 5:06.46	40.52	600m: 7:48.23	40.23	800m: 10:24.91	37.52

Masters 45+

1.	Vedestas Seferlis <i>Lithuanian Masters Record</i>	Kauno Takas	LTU		<b>9:26.38</b>	+0.72		
	50m: 30.74	30.74	250m: 2:52.76	36.01	450m: 5:16.01	35.82	650m: 7:38.94	35.60
	100m: 1:05.43	34.69	300m: 3:28.75	35.99	500m: 5:52.22	36.21	700m: 8:15.07	36.13
	150m: 1:41.20	35.77	350m: 4:04.30	35.55	550m: 6:27.69	35.47	750m: 8:51.43	36.36
	200m: 2:16.75	35.55	400m: 4:40.19	35.89	600m: 7:03.34	35.65	800m: 9:26.38	34.95
2.	Casper van den Burgh	Link	NED	197201413	<b>10:24.80</b>	+0.69		
	50m: 35.17	35.17	250m: 3:12.32	39.38	450m: 5:49.02	39.29	650m: 8:27.68	39.95
	100m: 1:13.55	38.38	300m: 3:51.51	39.19	500m: 6:28.28	39.26	700m: 9:07.32	39.64
	150m: 1:52.95	39.40	350m: 4:30.68	39.17	550m: 7:08.01	39.73	750m: 9:46.80	39.48
	200m: 2:32.94	39.99	400m: 5:09.73	39.05	600m: 7:47.73	39.72	800m: 10:24.80	38.00
3.	Ferry Adema	d'ELFT	NED	197100007	<b>10:32.80</b>	+0.83		
	50m: 33.26	33.26	250m: 3:11.85	40.32	450m: 5:53.59	40.46	650m: 8:35.62	40.78
	100m: 1:11.55	38.29	300m: 3:52.03	40.18	500m: 6:33.99	40.40	700m: 9:16.46	40.84
	150m: 1:51.41	39.86	350m: 4:32.70	40.67	550m: 7:14.16	40.17	750m: 9:56.50	40.04
	200m: 2:31.53	40.12	400m: 5:13.13	40.43	600m: 7:54.84	40.68	800m: 10:32.80	36.30
4.	Erwin Zuidervelt	AZ&PC De Futen	NED	197501015	<b>11:00.10</b>	+0.75		
	50m: 37.24	37.24	250m: 3:21.82	42.01	450m: 6:07.09	41.90	650m: 8:57.29	43.21
	100m: 1:18.11	40.87	300m: 4:02.74	40.92	500m: 6:49.06	41.97	700m: 9:40.89	43.60
	150m: 1:59.11	41.00	350m: 4:43.08	40.34	550m: 7:31.64	42.58	750m: 10:22.57	41.68
	200m: 2:39.81	40.70	400m: 5:25.19	42.11	600m: 8:14.08	42.44	800m: 11:00.10	37.53

Programmanr. 16, Heren, 800m vrije slag

Masters 50+

1. Pieter van Gemenen	DAW	NED	196901779	<b>9:31.80</b>	+0.78
50m: 32.44	32.44	250m: 2:55.24	35.99	450m: 5:20.54	36.13
100m: 1:07.38	34.94	300m: 3:31.68	36.44	500m: 5:56.99	36.45
150m: 1:43.07	35.69	350m: 4:08.09	36.41	550m: 6:33.22	36.23
200m: 2:19.25	36.18	400m: 4:44.41	36.32	600m: 7:09.31	36.09
				650m: 7:45.37	36.06
				700m: 8:21.39	36.02
				750m: 8:57.17	35.78
				800m: 9:31.80	34.63
2. Geert Wijn	De Gelenberg	NED	196701101	<b>9:53.42</b>	+0.59
50m: 33.18	33.18	250m: 3:02.19	37.29	450m: 5:30.58	37.21
100m: 1:10.15	36.97	300m: 3:39.46	37.27	500m: 6:08.42	37.84
150m: 1:47.41	37.26	350m: 4:16.42	36.96	550m: 6:45.69	37.27
200m: 2:24.90	37.49	400m: 4:53.37	36.95	600m: 7:23.49	37.80
				650m: 8:01.39	37.90
				700m: 8:39.68	38.29
				750m: 9:17.22	37.54
				800m: 9:53.42	36.20
3. Jo-an Mudde	Arethusa	NED	196701457	<b>9:58.99</b>	+0.86
50m: 34.36	34.36	250m: 3:05.52	37.88	450m: 5:36.97	37.39
100m: 1:11.62	37.26	300m: 3:43.68	38.16	500m: 6:14.28	37.31
150m: 1:49.55	37.93	350m: 4:21.93	38.25	550m: 6:51.54	37.26
200m: 2:27.64	38.09	400m: 4:59.58	37.65	600m: 7:28.66	37.12
				650m: 8:06.03	37.37
				700m: 8:43.76	37.73
				750m: 9:21.62	37.86
				800m: 9:58.99	37.37
4. Richard Ricksen	Zwemsport Parkstad (SG)	NED	197000841	<b>10:27.74</b>	+0.98
50m: 34.91	34.91	250m: 3:14.69	40.92	450m: 5:54.25	38.72
100m: 1:13.81	38.90	300m: 3:55.14	40.45	500m: 6:33.32	39.07
150m: 1:53.30	39.49	350m: 4:35.69	40.55	550m: 7:12.63	39.31
200m: 2:33.77	40.47	400m: 5:15.53	39.84	600m: 7:51.84	39.21
				650m: 8:30.38	38.54
				700m: 9:09.56	39.18
				750m: 9:49.02	39.46
				800m: 10:27.74	38.72
5. Hans Bouwmeester	ZVL-1886 Tetteroo	NED	196700127	<b>10:36.52</b>	+0.87
50m: 34.93	34.93	250m: 3:11.85	40.25	450m: 5:54.82	41.14
100m: 1:12.63	37.70	300m: 3:52.17	40.32	500m: 6:35.97	41.15
150m: 1:51.68	39.05	350m: 4:32.57	40.40	550m: 7:16.90	40.93
200m: 2:31.60	39.92	400m: 5:13.68	41.11	600m: 7:57.94	41.04
				650m: 8:39.38	41.44
				700m: 9:19.53	40.15
				750m: 9:59.06	39.53
				800m: 10:36.52	37.46
6. Ingmar de Gelder	ZOB'66	NED	197000333	<b>10:46.93</b>	+0.85
50m: 34.15	34.15	250m: 3:15.42	42.15	450m: 6:03.64	42.18
100m: 1:12.10	37.95	300m: 3:57.32	41.90	500m: 6:45.70	42.06
150m: 1:52.36	40.26	350m: 4:39.20	41.88	550m: 7:27.70	42.00
200m: 2:33.27	40.91	400m: 5:21.46	42.26	600m: 8:08.82	41.12
				650m: 8:49.29	40.47
				700m: 9:29.58	40.29
				750m: 10:09.44	39.86
				800m: 10:46.93	37.49

Masters 55+

1. Andrei Belosludtsev	Kasatka	RUS		<b>9:32.36</b>	+0.56
50m: 32.76	32.76	250m: 2:57.07	36.68	450m: 5:22.68	36.36
100m: 1:08.47	35.71	300m: 3:33.73	36.66	500m: 5:58.93	36.25
150m: 1:44.26	35.79	350m: 4:10.04	36.31	550m: 6:35.18	36.25
200m: 2:20.39	36.13	400m: 4:46.32	36.28	600m: 7:11.39	36.21
				650m: 7:47.90	36.51
				700m: 8:23.96	36.06
				750m: 8:59.22	35.26
				800m: 9:32.36	33.14
2. Johan Remmits	ZPC AMERSFOORT	NED	196201159	<b>9:50.46</b>	+0.88
50m: 34.22	34.22	250m: 3:05.15	37.72	450m: 5:34.36	36.87
100m: 1:11.52	37.30	300m: 3:42.87	37.72	500m: 6:11.57	37.21
150m: 1:49.45	37.93	350m: 4:20.09	37.22	550m: 6:48.85	37.28
200m: 2:27.43	37.98	400m: 4:57.49	37.40	600m: 7:25.63	36.78
				650m: 8:01.87	36.24
				700m: 8:38.41	36.54
				750m: 9:15.25	36.84
				800m: 9:50.46	35.21
3. Jan Brink	ZPC De Zeeuwse Kust	NED	196200091	<b>9:50.66</b>	+0.82
50m: 32.71	32.71	250m: 3:01.52	37.22	450m: 5:31.90	37.59
100m: 1:09.48	36.77	300m: 3:39.10	37.58	500m: 6:09.46	37.56
150m: 1:46.76	37.28	350m: 4:16.76	37.66	550m: 6:46.96	37.50
200m: 2:24.30	37.54	400m: 4:54.31	37.55	600m: 7:23.99	37.03
				650m: 8:01.34	37.35
				700m: 8:38.63	37.29
				750m: 9:15.60	36.97
				800m: 9:50.66	35.06
4. Nico Paasse	De Schotejil	NED	196501463	<b>10:25.46</b>	+0.94
50m: 33.32	33.32	250m: 3:09.62	39.47	450m: 5:49.92	39.91
100m: 1:11.07	37.75	300m: 3:49.67	40.05	500m: 6:29.24	39.32
150m: 1:49.97	38.90	350m: 4:29.79	40.12	550m: 7:08.96	39.72
200m: 2:30.15	40.18	400m: 5:10.01	40.22	600m: 7:48.92	39.96
				650m: 8:28.45	39.53
				700m: 9:07.99	39.54
				750m: 9:47.48	39.49
				800m: 10:25.46	37.98
5. Gustav van den Berg	TriVia	NED	196100991	<b>10:25.59</b>	+0.93
50m: 35.17	35.17	250m: 3:13.95	40.16	450m: 5:54.05	40.26
100m: 1:13.53	38.36	300m: 3:53.89	39.94	500m: 6:33.64	39.59
150m: 1:53.78	40.25	350m: 4:33.92	40.03	550m: 7:13.04	39.40
200m: 2:33.79	40.01	400m: 5:13.79	39.87	600m: 7:52.39	39.35
				650m: 8:32.01	39.62
				700m: 9:10.88	38.87
				750m: 9:49.21	38.33
				800m: 10:25.59	36.38
6. Henri Michels	De Amstel	NED	196501587	<b>10:27.97</b>	+0.82
50m: 34.91	34.91	250m: 3:11.20	40.25	450m: 5:50.06	39.56
100m: 1:12.79	37.88	300m: 3:51.02	39.82	500m: 6:30.06	40.00
150m: 1:51.69	38.90	350m: 4:31.06	40.04	550m: 7:09.89	39.83
200m: 2:30.95	39.26	400m: 5:10.50	39.44	600m: 7:49.81	39.92
				650m: 8:29.42	39.61
				700m: 9:09.08	39.66
				750m: 9:48.95	39.87
				800m: 10:27.97	39.02
7. Phil Trethewie	Old Dutch	NED	196501315	<b>10:43.03</b>	+0.83
50m: 36.60	36.60	250m: 3:19.65	40.27	450m: 6:02.16	41.09
100m: 1:17.03	40.43	300m: 3:59.90	40.25	500m: 6:43.30	41.14
150m: 1:57.76	40.73	350m: 4:40.26	40.36	550m: 7:24.30	41.00
200m: 2:39.38	41.62	400m: 5:21.07	40.81	600m: 8:04.89	40.59
				650m: 8:45.45	40.56
				700m: 9:25.81	40.36
				750m: 10:05.79	39.98
				800m: 10:43.03	37.24

Programmanr. 16, Heren, 800m vrije slag, Masters 55+

rang	naam	vereniging	NED	196200489	tijd	RT	PARA
AFGEM	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489			

Masters 60+

1.	Paul Bunnik	Triton	NED	195600413	<b>11:52.15</b>	+0.87		
	50m: 37.76	37.76	250m: 3:33.30	45.64	450m: 6:37.01	46.27	650m: 9:40.54	45.38
	100m: 1:19.18	41.42	300m: 4:18.71	45.41	500m: 7:23.31	46.30	700m: 10:26.10	45.56
	150m: 2:03.03	43.85	350m: 5:04.39	45.68	550m: 8:09.24	45.93	750m: 11:10.61	44.51
	200m: 2:47.66	44.63	400m: 5:50.74	46.35	600m: 8:55.16	45.92	800m: 11:52.15	41.54
2.	John Dam	ZIGNEA	NED	196000915	<b>12:03.01</b>	+0.92		
	50m: 38.94	38.94	250m: 3:38.22	46.87	450m: 6:42.84	46.41	650m: 9:48.82	46.66
	100m: 1:20.07	41.13	300m: 4:24.10	45.88	500m: 7:29.33	46.49	700m: 10:34.81	45.99
	150m: 2:05.29	45.22	350m: 5:10.06	45.96	550m: 8:15.58	46.25	750m: 11:20.73	45.92
	200m: 2:51.35	46.06	400m: 5:56.43	46.37	600m: 9:02.16	46.58	800m: 12:03.01	42.28

Masters 65+

1.	Henk Slomp	De Inktvis	NED	195500359	<b>11:32.60</b>	+0.82		
	50m: 36.87	36.87	250m: 3:28.95	44.25	450m: 6:27.27	44.70	650m: 9:25.09	44.54
	100m: 1:18.58	41.71	300m: 4:13.33	44.38	500m: 7:11.60	44.33	700m: 10:08.47	43.38
	150m: 2:01.08	42.50	350m: 4:57.64	44.31	550m: 7:56.26	44.66	750m: 10:52.48	44.01
	200m: 2:44.70	43.62	400m: 5:42.57	44.93	600m: 8:40.55	44.29	800m: 11:32.60	40.12
2.	Laurens Klein Breteler	WWV Winterswijk	NED	195400109	<b>11:53.70</b>	+0.98		
	50m: 38.61	38.61	250m: 3:38.19	45.68	450m: 6:39.33	45.30	650m: 9:40.41	45.94
	100m: 1:21.98	43.37	300m: 4:24.04	45.85	500m: 7:24.33	45.00	700m: 10:25.40	44.99
	150m: 2:07.25	45.27	350m: 5:09.16	45.12	550m: 8:09.50	45.17	750m: 11:10.37	44.97
	200m: 2:52.51	45.26	400m: 5:54.03	44.87	600m: 8:54.47	44.97	800m: 11:53.70	43.33
3.	Ruud Ruiter	WWV Winterswijk	NED	195300169	<b>12:08.28</b>	+0.84		
	50m: 40.17	40.17	250m: 3:37.74	45.44	450m: 6:41.63	46.58	650m: 9:48.76	47.24
	100m: 1:22.37	42.20	300m: 4:23.20	45.46	500m: 7:28.32	46.69	700m: 10:36.62	47.86
	150m: 2:07.30	44.93	350m: 5:09.34	46.14	550m: 8:15.10	46.78	750m: 11:23.60	46.98
	200m: 2:52.30	45.00	400m: 5:55.05	45.71	600m: 9:01.52	46.42	800m: 12:08.28	44.68

Masters 70+

1.	Wout Hemmes	De Plons	NED	194800059	<b>12:57.89</b>	+0.96		
	50m: 41.72	41.72	250m: 3:59.67	50.08	450m: 7:15.53	48.72	650m: 10:33.97	49.64
	100m: 1:29.86	48.14	300m: 4:49.88	50.21	500m: 8:04.64	49.11	700m: 11:23.60	49.63
	150m: 2:19.44	49.58	350m: 5:38.51	48.63	550m: 8:54.16	49.52	750m: 12:12.84	49.24
	200m: 3:09.59	50.15	400m: 6:26.81	48.30	600m: 9:44.33	50.17	800m: 12:57.89	45.05
2.	Piet Schop	De Bevelanders	NED	195000109	<b>13:41.78</b>	+0.68		
	50m: 43.71	43.71	250m: 4:10.65	53.03	450m: 7:41.81	52.91	650m: 11:10.73	52.26
	100m: 1:32.85	49.14	300m: 5:02.21	51.56	500m: 8:34.46	52.65	700m: 12:02.37	51.64
	150m: 2:24.54	51.69	350m: 5:56.41	54.20	550m: 9:26.24	51.78	750m: 12:53.82	51.45
	200m: 3:17.62	53.08	400m: 6:48.90	52.49	600m: 10:18.47	52.23	800m: 13:41.78	47.96

Masters 75+

1.	Willem Putter	ZVVS	NED	194500135	<b>13:44.86</b>	+1.17		
	50m: 44.48	44.48	250m: 4:11.47	52.92	450m: 7:42.86	53.06	650m: 11:12.76	52.12
	100m: 1:35.44	50.96	300m: 5:03.81	52.34	500m: 8:35.95	53.09	700m: 12:05.04	52.28
	150m: 2:26.65	51.21	350m: 5:57.00	53.19	550m: 9:28.05	52.10	750m: 12:56.75	51.71
	200m: 3:18.55	51.90	400m: 6:49.80	52.80	600m: 10:20.64	52.59	800m: 13:44.86	48.11
2.	Rob Hanou	PSV	NED	194300109	<b>13:46.30</b>	+1.11		
	50m: 44.88	44.88	250m: 4:13.76	52.49	450m: 7:45.91	52.59	650m: 11:16.16	52.60
	100m: 1:36.13	51.25	300m: 5:07.03	53.27	500m: 8:38.02	52.11	700m: 12:08.01	51.85
	150m: 2:28.69	52.56	350m: 6:00.16	53.13	550m: 9:31.19	53.17	750m: 12:59.80	51.79
	200m: 3:21.27	52.58	400m: 6:53.32	53.16	600m: 10:23.56	52.37	800m: 13:46.30	46.50
3.	Geza Kaltenecker	AZC	NED	194200065	<b>15:25.39</b>	+0.92		
	50m: 48.75	48.75	250m: 4:41.66	58.40	450m: 8:39.23	59.50	650m: 12:33.70	58.57
	100m: 1:46.26	57.51	300m: 5:40.17	58.51	500m: 9:37.83	58.60	700m: 13:31.95	58.25
	150m: 2:44.85	58.59	350m: 6:39.58	59.41	550m: 10:36.78	58.95	750m: 14:30.44	58.49
	200m: 3:43.26	58.41	400m: 7:39.73	1:00.15	600m: 11:35.13	58.35	800m: 15:25.39	54.95



Programmanr. 16, Heren, 800m vrije slag

Masters 80+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	ESP		<b>13:50.20</b>	+1.19		
	50m: 48.46	48.46	250m: 4:13.20	51.38	450m: 7:43.01	52.29	650m: 11:13.52	52.64
	100m: 1:38.18	49.72	300m: 5:05.72	52.52	500m: 8:35.61	52.60	700m: 12:07.39	53.87
	150m: 2:29.97	51.79	350m: 5:58.09	52.37	550m: 9:29.01	53.40	750m: 12:59.01	51.62
	200m: 3:21.82	51.85	400m: 6:50.72	52.63	600m: 10:20.88	51.87	800m: 13:50.20	51.19
2.	Frans van Enst	WS Twente	NED	194000011		<b>14:57.64</b>	+1.03	
	<i>Nederlands Masters Record</i>							
	50m: 45.83	45.83	250m: 4:30.87	57.61	450m: 8:21.99	57.53	650m: 12:10.05	56.52
	100m: 1:40.39	54.56	300m: 5:28.21	57.34	500m: 9:19.82	57.83	700m: 13:07.35	57.30
	150m: 2:36.40	56.01	350m: 6:25.82	57.61	550m: 10:16.73	56.91	750m: 14:04.22	56.87
	200m: 3:33.26	56.86	400m: 7:24.46	58.64	600m: 11:13.53	56.80	800m: 14:57.64	53.42

Programmanr. 17  
25-01-2020 - 10:09

Dames, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging				tijd	RT	PARA
<b>Masters 20+</b>								
1.	Madelon Dijkstra	ZPCH	NED	199703510		<b>4:56.90</b>	+0.82	
	<i>Nederlands Masters Record</i>							
	50m: 32.05	32.05	150m: 1:48.65	39.85	250m: 3:08.71	41.06	350m: 4:24.12	33.44
	100m: 1:08.80	36.75	200m: 2:27.65	39.00	300m: 3:50.68	41.97	400m: 4:56.90	32.78
2.	Nikita van den Ouden	Nuenen	NED	199900622		<b>5:01.19</b>	+0.56	
	50m: 30.93	30.93	150m: 1:45.90	38.63	250m: 3:06.24	42.62	350m: 4:25.64	35.57
	100m: 1:07.27	36.34	200m: 2:23.62	37.72	300m: 3:50.07	43.83	400m: 5:01.19	35.55
3.	Anne Noom	Het Y	NED	199800062		<b>5:07.28</b>	+0.69	
	50m: 32.07	32.07	150m: 1:48.73	39.22	250m: 3:10.93	43.20	350m: 4:31.91	35.94
	100m: 1:09.51	37.44	200m: 2:27.73	39.00	300m: 3:55.97	45.04	400m: 5:07.28	35.37
4.	Manon van Esch	PSV	NED	199702090		<b>5:12.77</b>	+0.78	
	50m: 31.20	31.20	150m: 1:47.35	39.71	250m: 3:13.59	46.81	350m: 4:38.15	36.29
	100m: 1:07.64	36.44	200m: 2:26.78	39.43	300m: 4:01.86	48.27	400m: 5:12.77	34.62
5.	Caroline Boxman	ZPCH	NED	200004660		<b>5:20.77</b>	+0.74	
	50m: 32.94	32.94	150m: 1:55.44	42.74	250m: 3:22.95	45.93	350m: 4:45.91	35.79
	100m: 1:12.70	39.76	200m: 2:37.02	41.58	300m: 4:10.12	47.17	400m: 5:20.77	34.86
6.	Christel Brugmans	Hieronymus	NED	200005602		<b>5:24.38</b>	+0.73	
	50m: 32.97	32.97	150m: 1:57.15	44.40	250m: 3:23.29	44.36	350m: 4:47.62	39.59
	100m: 1:12.75	39.78	200m: 2:38.93	41.78	300m: 4:08.03	44.74	400m: 5:24.38	36.76
7.	Lotte Middelbos	De Schotelijl	NED	199900680		<b>5:27.46</b>		
	50m: 33.93	33.93	150m: 1:58.66	43.64	250m: 3:27.22	46.15	350m: 4:51.65	37.39
	100m: 1:15.02	41.09	200m: 2:41.07	42.41	300m: 4:14.26	47.04	400m: 5:27.46	35.81
8.	Manon Kloosterman	De Bevelanders	NED	199702082		<b>5:29.94</b>	+0.88	
	50m: 34.37	34.37	150m: 2:00.06	44.71	250m: 3:30.38	46.96	350m: 4:54.14	37.65
	100m: 1:15.35	40.98	200m: 2:43.42	43.36	300m: 4:16.49	46.11	400m: 5:29.94	35.80
9.	Chantal Beijer	DWT	NED	199700884		<b>5:30.48</b>	+0.75	
	50m: 34.36	34.36	150m: 1:57.07	41.66	250m: 3:23.60	46.33	350m: 4:51.07	39.83
	100m: 1:15.41	41.05	200m: 2:37.27	40.20	300m: 4:11.24	47.64	400m: 5:30.48	39.41
10.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED	200001358		<b>5:33.39</b>	+0.78	
	50m: 34.87	34.87	150m: 1:57.65	41.69	250m: 3:28.42	50.56	350m: 4:56.18	37.41
	100m: 1:15.96	41.09	200m: 2:37.86	40.21	300m: 4:18.77	50.35	400m: 5:33.39	37.21
11.	Sanne Rebers	Hieronymus	NED	199902082		<b>5:39.55</b>	+0.76	
	50m: 36.81	36.81	150m: 2:02.09	41.32	250m: 3:31.11	48.40	350m: 5:00.45	39.90
	100m: 1:20.77	43.96	200m: 2:42.71	40.62	300m: 4:20.55	49.44	400m: 5:39.55	39.10

Programmanr. 17, Dames, 400m wisselslag

Masters 25+

1.	Maaïke Vooren	DAW	NED	199103324	<b>5:13.11</b>	+0.83
	50m: 33.46	33.46	150m: 1:55.68	42.81	250m: 3:20.82	43.50
	100m: 1:12.87	39.41	200m: 2:37.32	41.64	300m: 4:05.06	44.24
					350m: 4:40.09	35.03
					400m: 5:13.11	33.02
2.	Fiona Meuffels	RZ	NED	199504366	<b>5:22.84</b>	+0.70
	50m: 34.93	34.93	150m: 1:59.51	42.77	250m: 3:26.79	44.46
	100m: 1:16.74	41.81	200m: 2:42.33	42.82	300m: 4:12.10	45.31
					350m: 4:48.28	36.18
					400m: 5:22.84	34.56
3.	Fraukje Puts	HZ&PC Heerenveen	NED	199206470	<b>5:33.20</b>	+0.81
	50m: 34.90	34.90	150m: 2:01.71	45.22	250m: 3:32.21	46.53
	100m: 1:16.49	41.59	200m: 2:45.68	43.97	300m: 4:19.28	47.07
					350m: 4:57.18	37.90
					400m: 5:33.20	36.02
4.	Nanda de Vries	Steenwijk 1934	NED	199204328	<b>5:38.90</b>	+0.69
	50m: 36.17	36.17	150m: 2:04.17	43.77	250m: 3:34.73	47.72
	100m: 1:20.40	44.23	200m: 2:47.01	42.84	300m: 4:22.56	47.83
					350m: 5:01.84	39.28
					400m: 5:38.90	37.06
5.	Wendy de Bruin	ZOB'66	NED	199206320	<b>5:39.28</b>	+0.60
	50m: 34.75	34.75	150m: 2:01.39	43.47	250m: 3:32.54	48.35
	100m: 1:17.92	43.17	200m: 2:44.19	42.80	300m: 4:21.50	48.96
					350m: 5:01.02	39.52
					400m: 5:39.28	38.26
6.	Nikki Hoogeboom	De IJssel	NED	199301196	<b>5:45.50</b>	+0.85
	50m: 34.34	34.34	150m: 1:59.23	43.70	250m: 3:33.47	51.25
	100m: 1:15.53	41.19	200m: 2:42.22	42.99	300m: 4:24.24	50.77
					350m: 5:05.63	41.39
					400m: 5:45.50	39.87
7.	Désirée Emmen	De Warande	NED	199204862	<b>5:55.57</b>	+0.65
	50m: 35.32	35.32	150m: 2:02.68	45.42	250m: 3:39.38	53.29
	100m: 1:17.26	41.94	200m: 2:46.09	43.41	300m: 4:32.79	53.41
					350m: 5:15.42	42.63
					400m: 5:55.57	40.15

Masters 30+

1.	Susan van der Linden	DIO	NED	198802736	<b>5:46.84</b>	+0.81
	50m: 36.60	36.60	150m: 2:06.16	45.87	250m: 3:38.47	46.41
	100m: 1:20.29	43.69	200m: 2:52.06	45.90	300m: 4:25.74	47.27
					350m: 5:06.73	40.99
					400m: 5:46.84	40.11
2.	Suzan Blankestijn	ZVL-1886 Tetteroo	NED	198900350	<b>5:48.28</b>	+0.72
	50m: 36.93	36.93	150m: 2:08.33	47.43	250m: 3:38.70	44.85
	100m: 1:20.90	43.97	200m: 2:53.85	45.52	300m: 4:25.69	46.99
					350m: 5:08.11	42.42
					400m: 5:48.28	40.17
3.	Martje Godschalk	De IJssel	NED	199001186	<b>5:53.88</b>	+0.62
	50m: 37.72	37.72	150m: 2:07.98	45.07	250m: 3:43.47	49.52
	100m: 1:22.91	45.19	200m: 2:53.95	45.97	300m: 4:33.68	50.21
					350m: 5:14.05	40.37
					400m: 5:53.88	39.83
4.	Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	<b>5:56.91</b>	+0.86
	50m: 38.40	38.40	150m: 2:10.46	46.39	250m: 3:44.18	47.96
	100m: 1:24.07	45.67	200m: 2:56.22	45.76	300m: 4:32.63	48.45
					350m: 5:15.24	42.61
					400m: 5:56.91	41.67
5.	Karin van Dijk	De Wellerobben	NED	198600850	<b>5:59.96</b>	+0.60
	50m: 36.50	36.50	150m: 2:11.17	49.43	250m: 3:46.57	46.17
	100m: 1:21.74	45.24	200m: 3:00.40	49.23	300m: 4:35.08	48.51
					350m: 5:17.87	42.79
					400m: 5:59.96	42.09

Masters 35+

1.	Viktória Háden-Felföldi	Megathlon SE	HUN		<b>5:14.09</b>	+0.63
	<i>Kampioenschaps Record, Hungarian Masters Record</i>					
	50m: 32.53	32.53	150m: 1:49.42	39.89	250m: 3:14.53	45.92
	100m: 1:09.53	37.00	200m: 2:28.61	39.19	300m: 4:00.88	46.35
					350m: 4:38.17	37.29
					400m: 5:14.09	35.92
2.	Stephanie Vaernewyck	MEGA-zwemteam	BEL	20352/83	<b>5:23.13</b>	+0.86
	50m: 34.46	34.46	150m: 1:57.36	41.77	250m: 3:24.40	45.47
	100m: 1:15.59	41.13	200m: 2:38.93	41.57	300m: 4:11.27	46.87
					350m: 4:47.73	36.46
					400m: 5:23.13	35.40
3.	Ann Wanter	Zwemclub Geel	BEL	21082/82	<b>5:28.69</b>	+0.79
	50m: 34.19	34.19	150m: 1:55.27	41.50	250m: 3:25.21	49.07
	100m: 1:13.77	39.58	200m: 2:36.14	40.87	300m: 4:13.70	48.49
					350m: 5:15.51	36.81
					400m: 5:28.69	38.18
4.	Agnieszka Kaczmarek	Legia Warszawa	POL		<b>5:36.98</b>	+0.82
	<i>Polish Masters Record</i>					
	50m: 35.22	35.22	150m: 1:59.02	41.12	250m: 3:28.88	48.02
	100m: 1:17.90	42.68	200m: 2:40.86	41.84	300m: 4:17.10	48.22
					350m: 4:57.34	40.24
					400m: 5:36.98	39.64
5.	Roos van Esch	De Lansingh	NED	198200468	<b>5:43.26</b>	+0.93
	50m: 36.08	36.08	150m: 2:01.82	45.09	250m: 3:35.67	50.13
	100m: 1:16.73	40.65	200m: 2:45.54	43.72	300m: 4:25.27	49.60
					350m: 5:05.42	40.15
					400m: 5:43.26	37.84
6.	Angela Giezen	Upstream Amsterdam	NED	198302796	<b>6:11.77</b>	+0.67
	50m: 39.21	39.21	150m: 2:15.73	48.77	250m: 3:55.13	53.11
	100m: 1:26.96	47.75	200m: 3:02.02	46.29	300m: 4:47.27	52.14
					350m: 5:30.60	43.33
					400m: 6:11.77	41.17

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 17, Dames, 400m wisselslag

Masters 40+

1. Jolanda van Gendt	PSV	NED	197800266	<b>6:09.43</b>	+0.81
50m: 39.51	39.51	150m: 2:13.53	46.34	250m: 3:50.43	52.00
100m: 1:27.19	47.68	200m: 2:58.43	44.90	300m: 4:43.38	52.95
				350m: 5:26.07	42.69
				400m: 6:09.43	43.36

Masters 45+

1. Liselotte Joling	PSV	NED	197500268	<b>5:34.88</b>	+0.74
50m: 36.31	36.31	150m: 2:02.14	43.69	250m: 3:32.40	47.55
100m: 1:18.45	42.14	200m: 2:44.85	42.71	300m: 4:21.00	48.60
				350m: 4:58.89	37.89
				400m: 5:34.88	35.99

Masters 50+

1. Heidi den Boer	LinK	NED	196900864	<b>6:03.02</b>	+0.69
50m: 37.56	37.56	150m: 2:10.97	48.06	250m: 3:48.93	51.15
100m: 1:22.91	45.35	200m: 2:57.78	46.81	300m: 4:41.82	52.89
				350m: 5:23.21	41.39
				400m: 6:03.02	39.81
2. Bianca Groot	MSV-Zeemacht	NED	197000652	<b>6:06.03</b>	+0.87
50m: 37.77	37.77	150m: 2:15.41	49.15	250m: 3:53.01	50.45
100m: 1:26.26	48.49	200m: 3:02.56	47.15	300m: 4:45.35	52.34
				350m: 5:25.98	40.63
				400m: 6:06.03	40.05
3. Laura Staal	Oceanus	NED	196700358	<b>6:30.78</b>	+0.84
50m: 43.53	43.53	150m: 2:25.84	50.02	250m: 4:08.89	53.69
100m: 1:35.82	52.29	200m: 3:15.20	49.36	300m: 5:04.15	55.26
				350m: 5:48.09	43.94
				400m: 6:30.78	42.69

Masters 55+

1. Pierrette Michel	CNSW	BEL	000835/62	<b>5:50.91</b>	+1.00
50m: 36.75	36.75	150m: 2:05.49	44.26	250m: 3:39.87	51.17
100m: 1:21.23	44.48	200m: 2:48.70	43.21	300m: 4:31.31	51.44
				350m: 5:11.69	40.38
				400m: 5:50.91	39.22
2. Petra Tossings	DAW	NED	196100376	<b>6:39.52</b>	+0.73
50m: 41.86	41.86	150m: 2:26.30	53.61	250m: 4:14.08	55.32
100m: 1:32.69	50.83	200m: 3:18.76	52.46	300m: 5:10.24	56.16
				350m: 5:55.53	45.29
				400m: 6:39.52	43.99

Masters 60+

1. Inge Wolfs	HHZV Plons	NED	196000304	<b>6:56.75</b>	+0.90
50m: 41.12	41.12	150m: 2:25.86	53.72	250m: 4:19.03	58.46
100m: 1:32.14	51.02	200m: 3:20.57	54.71	300m: 5:19.50	1:00.47
				350m: 6:08.10	48.60
				400m: 6:56.75	48.65
2. Hannie Poletiek	TriVia	NED	195900278	<b>7:22.62</b>	+0.97
50m: 49.58	49.58	150m: 2:46.45	57.02	250m: 4:43.17	1:01.37
100m: 1:49.43	59.85	200m: 3:41.80	55.35	300m: 5:44.38	1:01.21
				350m: 6:33.36	48.98
				400m: 7:22.62	49.26

Masters 65+

1. Margriet Pasma	TriVia	NED	195500088	<b>7:00.69</b>	+0.98
<i>Nederlands Masters Record</i>					
50m: 50.32	50.32	150m: 2:40.82	51.25	250m: 4:30.38	58.88
100m: 1:49.57	59.25	200m: 3:31.50	50.68	300m: 5:30.86	1:00.48
				350m: 6:16.21	45.35
				400m: 7:00.69	44.48

Masters 70+

1. Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>8:55.76</b>	
<i>Nederlands Masters Record</i>					
50m: 1:01.66	1:01.66	150m: 3:22.75	1:02.24	250m: 5:43.16	1:16.75
100m: 2:20.51	1:18.85	200m: 4:26.41	1:03.66	300m: 6:56.26	1:13.10
				350m: 7:55.89	59.63
				400m: 8:55.76	59.87

Programmanr. 18  
25-01-2020 - 10:43

4 x 100m wisselslag

Masters Open  
Resultaten

rang	vereniging				tijd	RT	PARA	
<b>80+, Dames</b>								
1.	Hieronymus			NED	<b>4:35.28</b>	+0.84		
	Sanne Rebers	+0.84	35.56	1:13.60	Christel Brugmans	+0.35	31.55	1:08.31
	Selene Wortel	+0.39	33.97	1:13.41	Nadja Wortel	+0.24	28.86	59.96
2.	De Dolfijn			NED	<b>4:44.46</b>	+0.66		
	Tamara Grove	+0.66	32.16	1:07.40	Zoë van der Aart	+0.45	30.95	1:08.41
	Emma Schell	+0.26	39.39	1:25.62	Karen Stolk	+0.11	29.20	1:03.03
3.	De Veene			NED	<b>5:16.85</b>	+0.93		
	Diana Hemstede-Lammers	+0.93	39.89	1:21.13	Kayleigh Westenberg	+0.59	35.48	1:17.00
	Lindy Elkerbout	+0.09	39.34	1:24.62	Naomi Slamp	+0.63	35.39	1:14.10
<b>80+, Heren</b>								
1.	TRB-RES			NED	<b>4:14.44</b>	+0.65		
	Robin Hermans	+0.65	32.60	1:08.68	Bart Kiesewetter	+0.41	29.80	1:05.73
	Nicko Kamphuis	+0.29	30.12	1:05.15	Rico Keizer	+0.15	26.24	54.88
2.	De Schotejil			NED	<b>4:15.52</b>	+0.67		
	Aron Paasse	+0.67	30.93	1:03.06	Frank v.d. Voordt	+0.33	31.34	1:07.57
	David Kievit	+0.01	32.34	1:09.97	Jacob Mackloet	+0.25	25.90	54.92
3.	De Kempvis			NED	<b>4:36.18</b>	+0.62		
	Bryan Gijzen	+0.62	33.85	1:11.13	Floyd van Duyvenbode	+0.25	27.44	59.94
	Daniel van der Sluijs	+0.29	33.70	1:15.06	Kien Vuong	-0.01	32.19	1:10.05
<b>80+, Gemengd</b>								
1.	Albion WSS (SG) 3	Albion WSS (SG)		NED	<b>4:04.06</b>	+0.62		
	<i>Nederlands Masters Record, EMR startzwemmer 100m</i>							
	Ensgar Kotterink	+0.62	25.83	54.62	Thomas Verhoeven	+0.36	24.73	54.45
	Fenna de Groot	+0.31	34.96	1:15.84	Marije Dinkelberg	+0.62	28.43	59.15
2.	DWK 1	DWK		NED	<b>4:07.70</b>	+0.71		
	Celine Schoenmaker	+0.71	31.67	1:06.51	Kevin Eltink	+0.24	26.38	56.90
	Serginni Marten	+0.27	29.15	1:02.93	Annabel Kuipers	+0.23	28.91	1:01.36
3.	VZC 1	VZC		NED	<b>4:26.97</b>	+0.70		
	Olaf Achterberg	+0.70	29.98	1:01.53	Jelle Nap	+0.36	27.90	1:00.01
	Lisanne Seising	+0.30	36.55	1:18.87	Amber van de Kraats	+0.35	31.20	1:06.56
4.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust		NED	<b>4:27.49</b>	+0.71		
	Kirsten Walraven	+0.71	33.27	1:09.00	Laura Nieuwland	+0.43	32.60	1:12.50
	Kalle van Gemert	+0.17	30.78	1:07.07	Tom van Gils	+0.44	28.29	58.92
5.	ZPV Barracuda 2	ZPV Barracuda		NED	<b>4:32.48</b>	+0.67		
	Anouque Berghuis	+0.67	33.36	1:10.29	Martijn Houweling	+0.32	31.29	1:10.82
	Thomas Hesper	+0.58	31.04	1:06.29	Iris van Berkel	+0.64	30.76	1:05.08
6.	De Duck 2	De Duck		NED	<b>4:48.85</b>	+0.78		
	Dylan Kalden	+0.78	34.62	1:12.50	Jesper Oranje	+0.46	25.95	58.80
	Leontine Groeneveldt	+0.61	39.79	1:27.62	Judith Kleinjan	+0.46	32.05	1:09.93
DIS	Albion WSS (SG) 4	Albion WSS (SG)		NED		+0.70		
	<i>EA - Te vroeg overgenomen., 4de zwemmer</i>							
	Jacoline van den Beukel	+0.70	36.64	1:17.55	Patrick Wyrdeeman		30.77	1:06.75
	Yancey Bouman		43.48	1:33.57	Nick Boekestijn			

Programmanr. 18, 4 x 100m wisselslag

100+, Dames

1.	Steenwijk 1934 1	Steenwijk 1934	NED	<b>5:04.66</b>	+0.70
	Lonneke Oenema	+0.70 39.69 1:23.16	Nanda de Vries	+0.36 33.66 1:14.70	
	Jacyntha Plat	+0.17 36.64 1:19.47	Getrude Corporaal	+0.37 31.77 1:07.33	
2.	ZVVS 2	ZVVS	NED	<b>5:17.50</b>	+0.62
	Marijelle van der Vaart	+0.62 35.72 1:14.33	Chantal van der Vaart	+0.66 36.37 1:22.67	
	Ramona Noordermeer	+0.43 40.83 1:27.88	Helena Mels	+0.63 33.95 1:12.62	
AFGEM	ESCA Zwemmen 1	ESCA Zwemmen	NED		
AFGEM	ZVL-1886 Tetteroo 1	ZVL-1886 Tetteroo	NED		

100+, Heren

1.	De Kempvis 1	De Kempvis	NED	<b>4:13.03</b>	+0.74
	Dennis Doove	+0.74 31.33 1:05.90	Joris Bezemer	+0.16 26.79 59.83	
	Romero Hennep	+0.40 33.19 1:10.78	Erik Wegman	+0.45 26.69 56.52	
2.	ESCA Zwemmen 2	ESCA Zwemmen	NED	<b>4:18.44</b>	+0.72
	Tom Driessen	+0.72 30.04 1:03.49	Mike Schel	+0.35 29.42 1:04.68	
	Sander de Vrucht	+0.32 31.49 1:07.60	Job Esink	+0.30 29.10 1:02.67	

100+, Gemengd

1.	Dedemsvaart-AC 1	Dedemsvaart-AC	NED	<b>4:15.96</b>	+0.63
	Robert Dekker	+0.63 30.88 1:03.30	Sepp Kalter	+0.35 26.61 57.61	
	Maaikje van Veen	+0.14 35.72 1:15.16	Michelle Zomerdijk	+0.20 28.21 59.89	
2.	Club Natacion Cuatro Caminos 1	Club Natacion Cuatro Caminos	ESP	<b>4:21.45</b>	+0.67
	Noelia Diaz Moruno	+0.67 33.83 1:12.06	Jjh Van Deursen	+0.27 26.82 58.46	
	Pablo Benavides Lopez	+0.05 31.50 1:07.75	Paloma Dominguez Artiga	+0.40 29.80 1:03.18	
3.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED	<b>4:26.15</b>	+0.65
	Jelle Blankestijn	+0.65 30.28 1:03.94	Joanne van Essen	+0.38 31.95 1:12.91	
	Joan Kentrop	+0.38 29.81 1:05.42	Danica Koedoot	+0.28 30.34 1:03.88	
4.	ZPV Barracuda 1	ZPV Barracuda	NED	<b>4:26.91</b>	+0.69
	Denise Boereboom	+0.69 34.36 1:10.61	Melissa van der Heijden	+0.34 30.83 1:07.16	
	Emiel van Beusekom	+0.31 32.40 1:10.60	Pascal van Haren	-0.01 27.84 58.54	
5.	ZPC De Hof 2	ZPC De Hof	NED	<b>4:30.81</b>	+0.81
	Lianne Roescher	+0.81 34.62 1:13.17	Jorden Theijink	+0.15 28.21 1:02.60	
	Pieter Pickhardt	+0.63 33.36 1:12.47	Naomi Klein	+0.43 29.09 1:02.57	
6.	ZVL-1886 Tetteroo 3	ZVL-1886 Tetteroo	NED	<b>4:33.39</b>	+0.71
	Robin van Beek	+0.71 30.89 1:03.58	Lonneke Graansma	+0.56 34.30 1:16.35	
	Kristiaan Lenos	+0.36 33.16 1:11.50	Linda van der Voort	+0.23 29.29 1:01.96	
7.	WVZ 2	WVZ	NED	<b>4:35.52</b>	+0.63
	Jordy van Oel	+0.63 31.78 1:05.99	Rens Post	+0.39 29.88 1:06.01	
	Isabelle Massar	+0.14 37.66 1:21.32	Adaja Stoetman	+0.61 29.53 1:02.20	
8.	Montferland 1	Montferland	NED	<b>5:05.52</b>	+0.69
	Esther van Maastricht	+0.69 38.61 1:19.11	Marrit Esman	+0.50 38.40 1:24.06	
	Maik Steenkamp	+0.49 35.03 1:16.26	Pim Cuijpers	+0.31 30.67 1:06.09	

120+, Dames

1.	DIO 1	DIO	NED	<b>4:41.29</b>	+0.66
	<i>Nederlands Masters Record</i>				
	Whitney van Hoeckel	+0.66 35.99 1:13.59	Marlijn Hendriksen	+0.35 32.35 1:07.54	
	Susanne van der Linden	+0.37 37.43 1:20.02	Jolanda Post	+0.37 29.02 1:00.14	
2.	ZPC Woerden 1	ZPC Woerden	NED	<b>5:02.63</b>	+0.72
	Sabine Lina	+0.72 35.42 1:14.27	Marjan Remmits	36.04 1:19.43	
	Ilse van den Wijngaard	38.52 1:23.46	Mandy Verbakel	30.86 1:05.47	
3.	De Duck 1	De Duck	NED	<b>5:23.39</b>	+0.91
	Geraldine Trainor	+0.91 38.38 1:19.43	Céline Verhoef	+0.39 36.35 1:24.79	
	Rachel Trainor	+0.30 41.72 1:28.80	Sandra Vermeulen	+0.34 33.56 1:10.37	
4.	MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>5:24.79</b>	+0.92
	Annette van Dok	+0.92 48.35 1:35.70	Jet Kleine	+0.19 33.95 1:14.27	
	Bianca Groot	+0.70 42.48 1:30.50	Suzanne Mosch	+0.22 30.27 1:04.32	



Programmanr. 18, Dames, 4 x 100m wisselslag, 120+

rang	vereniging				tijd	RT	PARA	
5.	WVZ 1	WVZ		NED	<b>5:25.75</b>	+0.72		
	Tessa Verheijdt	+0.72	40.83	1:23.84	Linda Hoogendam	+0.44	38.60	1:25.70
	Sandra van der Ende	+0.12	41.15	1:29.10	Sabine Koudijs	+0.11	31.26	1:07.11
	De Marlijn (SG) 1	De Marlijn (SG)		NED	<b>5:25.75</b>	+0.79		
	Joan Fontaine	+0.79	41.79	1:25.84	Jessica Klaassen	+0.39	33.37	1:16.36
	Eline Nijksens	+0.36	41.47	1:28.72	Ingeborg Speelman Hamelink	+0.34	36.14	1:14.83
7.	ZPC De Hof 1	ZPC De Hof		NED	<b>5:40.47</b>	+0.84		
	Agnes Holterman	+0.84	49.18	1:42.25	Linde Haverkate	+0.26	31.86	1:10.24
	Saskia Oostdijk		46.86	1:42.12	Deborah Wissink	+0.32	31.34	1:05.86

120+, Heren

1.	Steenwijk 1934 3	Steenwijk 1934		NED	<b>4:10.64</b>	+0.75		
	Robert Braad	+0.75	30.94	1:04.71	Rick Driezen	+0.81	28.32	1:01.89
	Lauren Vis	+0.42	31.87	1:09.16	Bernd Kobesen	+0.19	26.02	54.88
2.	Albion WSS (SG) 2	Albion WSS (SG)		NED	<b>4:17.11</b>	+0.54		
	Pieter Broek	+0.54	33.60	1:10.92	Otto Pranger	+0.53	27.97	1:01.33
	Timo Dinkelberg	+0.41	31.14	1:08.30	Guido Moret	+0.16	26.68	56.56
3.	ZV Hoogland 1	Zwemvereniging Hoogland		NED	<b>4:19.10</b>	+0.70		
	Dick Kampman	+0.70	32.77	1:07.95	Bas Dries	+0.50	27.92	1:02.33
	Yuri van Omme	+0.32	31.97	1:08.67	Rutger Stam	+0.24	27.94	1:00.15
4.	Rotterdam Swimming 1	Rotterdam Swimming (SG)		NED	<b>4:23.17</b>	+0.65		
	Martijn Dolk	+0.65	30.40	1:03.24	Jeroen Baars	+0.19	24.40	54.01
	Tamas Szili-Torok	+0.81	40.47	1:28.44	Sam Beer	+0.24	26.94	57.48
5.	ZOB'66 1	ZOB'66		NED	<b>4:34.20</b>	+0.56		
	Ian van Mullem	+0.56	32.49	1:08.05	Daan Siebenheller	+0.46	28.06	1:02.24
	Harmen Reemst	+0.34	36.62	1:21.00	Ingmar de Gelder	+0.11	29.15	1:02.91
6.	SGGO (SG) 1	SGGO (SG)		NED	<b>4:35.50</b>	+0.79		
	Ramon van Huizen	+0.79	32.36	1:06.92	Bastian Zoon	+0.11	30.47	1:08.49
	Jordi Schaaf	+0.32	35.10	1:16.03	Kees Akershhoek	+0.34	30.01	1:04.06
7.	AZC 1	AZC		NED	<b>5:09.26</b>	+0.81		
	Brian Gelderblom	+0.81	35.57	1:14.91	Michael Go	+0.58	34.31	1:15.74
	Ricardo van Dam	+0.72	36.79	1:18.28	Timo Stek	+0.48	37.40	1:20.33

120+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		NED	<b>4:13.05</b>	+0.77		
	<i>Nederlands Masters Record</i>							
	Daniëlle de Boer	+0.77	32.57	1:07.19	Casper Hut	+0.48	27.41	58.52
	Dennis Bos	+0.12	29.49	1:05.47	Fraukje Puts	+0.13	29.75	1:01.87
2.	De Lansingh 1	De Lansingh		NED	<b>4:22.25</b>	+0.74		
	Roos van Esch	+0.74	35.33	1:11.43	Mariska Scheel	+0.32	29.74	1:06.14
	Nol van Thull	+0.15	31.26	1:09.45	Rutger Dalm	+0.17	26.54	55.23
3.	Zwemlust- den Hommel 1	Zwemlust- den Hommel		NED	<b>4:35.50</b>	+0.65		
	Linda Kamperman	+0.65	32.42	1:08.22	Mark Musch	+0.16	30.57	1:13.25
	Vincent Versteeg	+0.18	31.93	1:09.84	Danielle Vermeulen		30.83	1:04.19
4.	De Ward 1	De Ward		NED	<b>4:41.89</b>	+0.73		
	Eva Kattouw	+0.73	38.42	1:20.41	Antwan van Engen	+0.38	28.66	1:02.40
	Stephan van Grevenbroek	+0.44	34.00	1:12.44	Yvette Ratering	+0.54	31.66	1:06.64
5.	GoSwim 1	GoSwim		NED	<b>4:42.42</b>	+0.70		
	Vita Schipper	+0.70	36.32	1:15.46	Saskia de Klerk	+0.59	31.81	1:11.92
	Victor Barnar	+0.28	32.09	1:09.16	Martin van Vaardegem	+0.46	31.02	1:05.88
6.	Rotterdam Swimming 2	Rotterdam Swimming (SG)		NED	<b>4:45.03</b>	+0.73		
	Emmy van Thiel	+0.73	40.63	1:25.15	Melvin Prins	+0.48	26.25	58.17
	Tim van den Berg		30.93	1:08.68	Chantal Veneman	+0.18	33.87	1:13.03
7.	De Schotejil 2	De Schotejil		NED	<b>4:49.89</b>	+0.82		
	Marjon v. Kempen	+0.82	36.01	1:14.13	Leander Noordijk		30.31	1:09.15
	Lotte Middelbos		36.85	1:20.12	Nico Paasse		31.76	1:06.49
8.	Club Natacion Cuatro Caminos 2	Club Natacion Cuatro Caminos		ESP	<b>4:55.19</b>	+0.76		
	Lorena Martin Sanchez	+0.76	38.49	1:18.92	Jorge Arrebola Rodriguez		31.12	1:07.25
	Jeroen Bastjins		35.19	1:15.89	Marta Martinez Rodriguez		33.92	1:13.13

Programmanr. 18, Gemengd, 4 x 100m wisselslag, 120+

rang	vereniging				tijd	RT	PARA	
9.	ZPC AMERSFOORT 4 * 100m	ZPC AMERSFOORT	NED		<b>4:57.00</b>	+0.96		
	Henriëtte v. Norden	+0.96	38.92	1:21.31	Rob van Vliet	+0.14	30.07	1:05.95
	Wouter van 't Klooster		36.88	1:19.40	Eline Hendriks	+0.57	33.87	1:10.34
DIS	Deltasteur 1 EA - Te vroeg overgenomen., 3de zwemmer	Deltasteur	NED				+0.77	
	Gea van der Schaaf	+0.77	37.99	1:19.36	Maud Heldoorn	-0.11		
	Tom de Lange	+0.50	35.90	1:16.78	Pieter Bardelmeijer			
AFGEM	AZC 2	AZC	NED					

160+, Dames

1.	DAW 2 Petra Tossings Jacqueline Tuin	DAW	NED		<b>5:16.54</b>	+0.93		
		+0.93	45.45	1:32.59	Denise Boonstra	+0.47	32.70	1:14.24
		+0.56	39.27	1:23.96	Sandra Zwaanswijk	+0.36	31.24	1:05.75
2.	De Rog 1 Ariane Hamakers Regine Beckers-Stribos	De Rog	NED		<b>5:25.59</b>	+0.79		
		+0.79	44.74	1:31.24	Sandra Peeters-Wiermans	+0.47	35.07	1:17.56
		+0.25	42.32	1:30.45	Wendy Brugman	+0.38	30.83	1:06.34
3.	Old Dutch 1 Marjon Boidin Nicole van der Kooij	Old Dutch	NED		<b>5:31.72</b>	+0.78		
		+0.78	41.81	1:27.92	Chantal Verhooff	+0.29	34.93	1:18.17
		+0.64	42.32	1:33.95	Marleen Zantingh		34.70	1:11.68
4.	Steenwijk 1934 2 Leonie Scholten Wilna Heijman	Steenwijk 1934	NED		<b>6:01.23</b>	+0.78		
		+0.78	40.14	1:25.97	Inge Soeters	+0.49	45.68	1:43.26
		+0.45	46.96	1:40.90	Ilse Blankvoort	+0.17	33.77	1:11.10
5.	De Rog 2 Kim Hamakers Esther Wouters	De Rog	NED		<b>6:19.15</b>	+0.78		
		+0.78	43.09	1:27.73	Sandra Van der Helm		46.27	1:44.16
		+0.49	47.62	1:42.07	Ageeth Westenbrink	+0.49	41.54	1:25.19
6.	Budel 1 Carola Hompes Sylvia Avitabile	Budel	NED		<b>6:19.56</b>	+0.94		
		+0.94	43.77	1:34.57	Elly Scheepers	+0.51	39.57	1:26.40
		+0.62	49.70	1:49.22	Miriam Stevens	+0.79	42.90	1:29.37
7.	WS Twente 1 Antoinette Gilding-Tussaud Ursula Spoelstra-de Groot	WS Twente	NED		<b>6:27.72</b>	+0.93		
		+0.93	55.16	1:54.33	Janneke Wynia	+0.71	43.89	1:37.79
		+0.30	45.68	1:38.25	Evelien Naatje	+0.79	36.93	1:17.35

160+, Heren

1.	Legia Warszawa 1 Polish Masters Record	Legia Warszawa	POL		<b>4:05.57</b>	+0.62		
	Marcin Kaczmarek	+0.62	28.02	57.81	Filip Rowi ski	+0.22	26.39	58.03
	Romuald Kozłowski	+0.46	32.77	1:12.34	Tomasz Wilcz ga	+0.20	27.17	57.39
2.	DAW 1 Paul Oudendijk Felix Geenen	DAW	NED		<b>4:20.70</b>	+0.83		
		+0.83	32.32	1:05.86	Pieter van Gemeren	+0.20	30.55	1:06.89
		+0.35	31.31	1:09.90	Alex Damen	+0.33	27.79	58.05
3.	CNSW 2 Belgisch Masters Record	CNSW	BEL		<b>4:21.63</b>	+0.66		
	Mesut Halicioglu	+0.66	27.79	59.35	Bruno Nahon	+0.52	34.05	1:15.03
	Marco Usula	+0.58	31.33	1:06.36	Lionel Godeaux	+0.62	28.36	1:00.89
4.	De Gelenberg 1 Jeroen Jacobs Marcel van Winssen	De Gelenberg	NED		<b>4:33.71</b>	+0.77		
		+0.77	33.47	1:12.13	Roel van der Kruis	+0.53	31.07	1:08.40
		+0.58	34.92	1:14.09	Geert Wijn	+0.08	27.80	59.09
5.	De Biesboschzwemmers 1 Nico Swart Pieter Pijnenburg	De Biesboschzwemmers	NED		<b>4:36.80</b>	+0.77		
		+0.77	35.15	1:13.91	Harry Cornet	+0.36	30.62	1:07.06
		+0.18	32.19	1:09.90	Paul Wijnja	+0.20	30.95	1:05.93
6.	SWOL 1894 2 Arjan Aalbers Stefan van de Grift	SWOL 1894	NED		<b>4:46.08</b>	+0.80		
		+0.80	35.82	1:15.23	Kasper van den Berghe		34.12	1:15.33
			33.84	1:13.69	Michael van Bekkum		29.26	1:01.83
7.	ZPC Numansdorp 1 Hans Piederiet Yuri Admiraal	ZPC Numansdorp	NED		<b>5:00.00</b>	+0.83		
		+0.83	41.55	1:26.73	Yanick Leunisse	+0.50	31.76	1:12.45
		-0.01	36.50	1:18.67	Haico Weijers	+0.28	29.44	1:02.15



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 18, Heren, 4 x 100m wisselslag, 160+

rang	vereniging				tijd	RT	PARA
8.	ZVL-1886 Tetteroo 2	ZVL-1886 Tetteroo	NED		<b>5:01.70</b>	+0.83	
	Elger Mensonides	+0.83 40.06	1:22.24	Ingmar Kooman	+0.28 34.45	1:16.37	
	Edwin van der Winden	+0.05 36.81	1:18.82	Hans Bouwmeester	+0.22 30.54	1:04.27	
9.	DWK 2	DWK	NED		<b>5:21.09</b>	+0.74	
	Michel van Wingerden	+0.74 38.27	1:19.82	Gerco Schakel	+0.38 36.33	1:24.22	
	Martijn de Jong	+0.38 39.97	1:24.94	Koert van der Ploeg	+0.46 33.08	1:12.11	

160+, Gemengd

1.	DWT 1	DWT	NED		<b>4:42.36</b>	+0.66	
	Evy Witlox	+0.66 32.51	1:07.90	Jeffrey Camphens	+0.41 29.52	1:03.24	
	Bertjan Schelhaas	+0.45 35.79	1:20.09	Inken Wemheuer	+0.51 33.48	1:11.13	
2.	ZVVS 1	ZVVS	NED		<b>4:44.25</b>	+0.88	
	Nadya Putter	+0.88 37.51	1:17.56	Paul Brinkman	+0.32 29.50	1:05.03	
	Karin Stein	+0.33 38.33	1:22.16	Bas van de Nouwelant	+0.32 28.30	59.50	
3.	WVZ 3	WVZ	NED		<b>4:44.76</b>	+0.75	
	Jan-Willem van den Berg	+0.75 32.82	1:07.76	Markus van Rest	29.87	1:04.97	
	Monique Pronk	38.51	1:23.18	Yvonne Gerritsen	31.50	1:08.85	
4.	TRB-RES 2	TRB-RES	NED		<b>4:48.88</b>	+0.84	
	Edith Janssen-Koolen	+0.84 35.78	1:14.30	Melissa van der Geld	+0.07 30.92	1:09.99	
	Walter Stielstra	+0.51 35.12	1:15.98	Bas Kremers	+0.40 32.21	1:08.61	
5.	WIDEX GZC DONK 1	WIDEX GZC DONK	NED		<b>5:00.30</b>	+0.75	
	Feikje Wittermans	+0.75 38.82	1:21.49	Roel van Grol	+0.40 28.83	1:06.16	
	Miranda Boer	+0.54 41.68	1:31.45	Raymond Oosterbaan		1:01.20	
6.	De Gelenberg 2	De Gelenberg	NED		<b>5:01.00</b>	+0.79	
	Lizanne Lamens	+0.79 37.10	1:16.10	Sylvia Reijers	+0.64 35.81	1:18.91	
	Rob Janssen	+0.48 36.50	1:19.16	Ron van der Meer	+0.24 30.99	1:06.83	
7.	PSV 4	PSV	NED		<b>5:13.47</b>	+0.82	
	Mark Godwaldt	+0.82 35.80	1:14.45	Liselotte Joling	+0.33 36.80	1:20.07	
	Jolanda van Gendt	+0.42 43.24	1:33.15	Tom Bandsma	+0.58 30.83	1:05.80	
8.	ESCA Zwemmen 3	ESCA Zwemmen	NED		<b>5:25.24</b>	+0.82	
	Wridzer Bakker	+0.82 38.89	1:20.91	Moniek van Langevelde	+0.25 33.38	1:16.41	
	Yoka de Vegt-van Dijk	+0.54 45.64	1:36.97	Paul Rutten	+0.37 34.32	1:10.95	
9.	De Duinkickers 1	De Duinkickers	NED		<b>5:44.52 *</b>	+0.65	
	Ruben de Boer	+0.65 37.08	1:15.87	Jeffrey Roest	+0.43 33.21	1:10.25	
	Inge Roskam	+0.48 41.40	1:30.00	Annet Verhoeven - Steggerda	48.69	1:48.40	
10.	De Duinkickers 2	De Duinkickers	NED		<b>5:57.74</b>	+0.84	
	Esther van Buren	+0.84 46.31	1:33.97	Robert de Brauwer	+0.26 40.20	1:26.25	
	Saskia op den Velde	+0.67 50.14	1:48.36	Richard Hill	+0.31 33.27	1:09.16	

200+, Dames

1.	PSV 2	PSV	NED		<b>4:50.03</b>	+0.67	
	<i>Europees Masters Record, NMR 100m</i>						
	Gudule van der Meer	+0.67 33.79	1:10.60	Jeanne Petit	32.79	1:12.02	
	Trudy Ketting	36.94	1:19.21	Saskia Phaff	31.93	1:08.20	
2.	CNSW 1	CNSW	BEL		<b>5:16.04</b>	+0.82	
	Pierrette Michel	+0.82 39.04	1:19.39	Claire Anthony	+0.46 40.01	1:28.18	
	Marion Regnier	+0.44 35.72	1:16.89	Kathy Van Lindt	+0.57 34.02	1:11.58	
3.	Albion WSS (SG) 1	Albion WSS (SG)	NED		<b>5:28.96</b>	+0.73	
	<i>* 100m</i>						
	Tineke Janssen	+0.73 40.64	1:23.84	Netty Burik-Geijssen	36.92	1:20.71	
	Mirjan den Drijver	41.48	1:28.84	Petra Schoon	+0.53 35.87	1:15.57	
4.	SWOL 1894 1	SWOL 1894	NED		<b>5:55.39</b>	+0.86	
	Annemarie Vuist-Blum	+0.86 46.87	1:34.28	Kika Meijers	+0.53 36.47	1:19.31	
	Marjan Spoelstra	+0.57 48.86	1:44.96	Christine Nieuwenhuis	+0.42 36.56	1:16.84	
5.	DWK 3	DWK	NED		<b>6:17.56</b>	+1.23	
	Jennie Resink-indeboom	+1.23 49.68	1:40.52	Iris van Aurich	+0.15 41.18	1:27.35	
	Greta Wyma-Teitsma	+0.61 50.49	1:47.95	Hettie Schakel	+0.38 38.69	1:21.74	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

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28-01-2020 19:47 - pagina 76



Programmanr. 18, 4 x 100m wisselslag

200+, Heren

1.	I.L. Varg 1 <i>Norwegian Masters Record</i>	I.L. Varg		NOR	<b>4:16.02</b>	+0.82		
	Jarl Inge Melberg	+0.82	31.48	1:04.81	Øivind Martin Hasle	+0.51	28.76	1:00.92
	Erlend Alstad	+0.30	34.21	1:12.90	Oddvar Sandvin	0.00	27.15	57.39
2.	De Rog 3	De Rog		NED	<b>4:34.33</b>	+0.75		
	Erik Kamphuis	+0.75	35.74	1:12.26	Peter Bensen	+0.23	30.96	1:07.98
	Arjan Verheij	+0.23	35.49	1:16.81	Glen Le Clercq	+0.51	27.44	57.28
3.	ZPC AMERSFOORT 2	ZPC AMERSFOORT		NED	<b>4:34.65</b>	+0.69		
	Martijn Giezen	+0.69	30.65	1:02.92	Edwin v. Norden		30.06	1:04.93
	Ron Korzelius		37.51	1:19.95	Henk Kuipers		32.20	1:06.85
4.	Steenwijk 1934 4	Steenwijk 1934		NED	<b>4:52.86</b>	+0.77		
	Guido Keutgen	+0.77	32.21	1:08.24	Korstiaan de Boer		33.41	1:14.63
	Huyb Stegeman		36.54	1:20.30	Casper Dollekamp		33.39	1:09.69
5.	PSV 3	PSV		NED	<b>5:22.84</b>	+0.82		
	Eymert van Rooij	+0.82	37.93	1:18.12	Soan Thung	+0.43	31.67	1:12.80
	André Pantekoek	+0.58	48.53	1:45.48	Leo Hsu	+0.29	30.98	1:06.44
6.	Budel 2	Budel		NED	<b>5:47.39</b>	+0.86		
	Jos Zentjens	+0.86	43.31	1:29.48	Edward van Nijmweegen	+0.50	42.33	1:38.11
	Joost van Eerd	+0.58	43.03	1:32.01	Wiljo Mackus	+0.57	31.72	1:07.79
DIS	De Rog 4	De Rog		NED				
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>							
	Wijnand Vergeest, Hans Van de Berg, Roy Le Clercq, Huub van Kimmenade							

200+, Gemengd

1.	Dunkerque Natation 1 <i>French Masters Record</i>	Dunkerque Natation		FRA	<b>4:52.18</b>	+0.65		
	Jean-Pierre Delaporte	+0.65	33.44	1:09.22	Isabelle Dherbecourt		33.77	1:19.43
	Isabelle Josselin		38.47	1:24.80	Fabrice Dehandschoewercker		26.22	58.73
DIS	Albion WSS (SG) 5	Albion WSS (SG)		NED				
	<i>RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.</i>							
	Caroline Kruger, Oskar Jansen, Fred Dijkshoorn, Linda Olsson							

240+, Dames

1.	ZPC AMERSFOORT 1 <i>Kampioenschaps Record</i>	ZPC AMERSFOORT		NED	<b>6:03.72</b>	+0.86		
	Loekie van Huissteden	+0.86	1:02.17	2:10.56	Lesley Cordial	+0.54	35.29	1:16.45
	Lidia v. Bon-Rosenbrand	+0.28	40.59	1:26.88	Atie Pijtak-Radersma	+0.20	33.11	1:09.83

240+, Heren

1.	WS Twente 2	WS Twente		NED	<b>5:53.84</b>	+0.67		
	Frans van Enst	+0.67	47.76	1:37.17	Jan Willem Heuten	+0.78	44.22	1:35.62
	Joop Weenink	+0.69	40.09	1:24.25	Bart van Calker	+0.43	38.12	1:16.80



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 18, 4 x 100m wisselslag

240+, Gemengd

1. PSV 1	PSV			NED	<b>5:18.21</b>	+0.84	
Ineke Weekers	+0.84	45.95	1:32.71	Fred Ketting	+0.34	33.85	1:12.88
Harold Matla	+0.19	33.57	1:11.66	Corrie Verhoeven		37.44	1:20.96
2. AZC 3	AZC			NED	<b>6:27.46</b>	+0.78	
Wim de Lange	+0.78	42.44	1:26.00	Katrina Boutwell		42.56	1:37.04
Wil Ponsioen-van Mil	+0.66	52.60	1:53.83	Geza Kaltenecker	+0.66	43.53	1:30.59
3. Old Dutch 2	Old Dutch			NED	<b>7:14.29</b>	+0.76	
Karien Musters	+0.76	1:11.04	2:30.50	Karin van Nassau-van den Heuvel	+0.64	47.00	1:43.45
Nico Baay	+0.61	52.74	1:54.10	Phil Trethewie	+0.33	32.67	1:06.24



5 - ONMK 2020 kb sessie 5

25-01-2020 - 12:30

Programmanr. 20  
25-01-2020 - 12:30

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Jaro Musters	Hieronymus	NED	199801141	<b>26.93</b>	+0.67	
2.	Thomas Verhoeven	Albion WSS (SG)	NED	199700311	<b>27.06</b>	+0.67	
3.	Arjan Dekker	ReVeLie Swim Team	NED	200000499	<b>28.33</b>	+0.61	
4.	Dennis Wildeboer	De Zwemlinie (SG)	NED	199800571	<b>28.87</b>	+0.55	
5.	Derk Jan Speelman	Rotterdam Swimming (SG)	NED	199602425	<b>29.04</b>	+0.66	
6.	Thijs van Wieringen	De Columbiaan	NED	199900577	<b>29.12</b>	+0.70	
7.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>29.40</b>	+0.72	
8.	Robin van Beek	ZVL-1886 Tetteroo	NED	199704023	<b>29.57</b>	+0.66	
9.	David Kievit	De Schotejil	NED	199900325	<b>30.35</b>	+0.84	
10.	Diederick Schothans	De Veene	NED	199703185	<b>30.48</b>	+0.92	
11.	Jorn Lucas	De Veene	NED	200000675	<b>30.73</b>	+0.67	
12.	Mark Barg	DWT	NED	199805839	<b>30.79</b>	+0.75	
13.	Thomas Gheeraert	Dunkerque Natation	FRA	919124	<b>30.92</b>	+0.69	
14.	Jordy van Oel	WVZ	NED	199802003	<b>31.13</b>	+0.64	
15.	Jeffrey Roest	De Duinkickers	NED	199703401	<b>31.23</b>	+0.69	
16.	Ian van Mullem	ZOB'66	NED	199602545	<b>31.98</b>	+0.58	
17.	Patrick Wyrdean	Albion WSS (SG)	NED	199702475	<b>32.13</b>	+0.65	
18.	Diederik de Boer	Steenwijk 1934	NED	200000269	<b>32.16</b>	+0.64	
19.	Dylan Kalden	De Duck	NED	200003283	<b>32.61</b>	+0.74	
20.	Bryan Gijzen	De Kempvis	NED	199902397	<b>32.69</b>	+0.65	
21.	Lars Jacobsen	DWK	NED	199705453	<b>33.29</b>	+0.71	559
22.	Roel van Grol	WIDEX GZC DONK	NED	199802277	<b>35.03</b>	+0.70	
23.	Job Esink	ESCA Zwemmen	NED	199801699	<b>35.14</b>	+0.66	

**Masters 25+**

1.	Ensger Kotterink <i>Nederlands Masters Record</i>	Albion WSS (SG)	NED	199403391	<b>25.30</b>	+0.59	
2.	Melvin Prins	Rotterdam Swimming (SG)	NED	199500201	<b>26.80</b>	+0.69	
3.	Jeroen Baars	Rotterdam Swimming (SG)	NED	199200031	<b>26.82</b>	+0.72	
4.	Mesut Halicioglu <i>Belgisch Masters Record</i>	CNSW	BEL	0010168/92	<b>26.89</b>	+0.63	
5.	John Smit	Poseidon'56	NED	199500613	<b>28.78</b>	+0.67	
6.	Felix Geenen	DAW	NED	199501085	<b>28.88</b>	+0.72	
7.	Jesper Oranje	De Duck	NED	199200997	<b>29.27</b>	+0.66	
8.	Bernd Kobesen	Steenwijk 1934	NED	199300981	<b>29.48</b>	+0.77	
9.	Jordy Zuidhoek	De Columbiaan	NED	199201569	<b>29.62</b>	+0.57	
10.	Emiel van Beusekom	ZPV Barracuda	NED	199403951	<b>30.00</b>	+0.71	
11.	Jeffrey Camphens	DWT	NED	199503113	<b>30.16</b>	+0.60	
12.	Ramon van Huizen	SGGO (SG)	NED	199400945	<b>30.95</b>	+0.76	
13.	Remco Oskam	WIDEX GZC DONK	NED	199205583	<b>32.63</b>	+0.94	
14.	Joris Boekhorst	Scheldestroom	NED	199100163	<b>37.29</b>	+0.65	
NG	Mathijs van der Logt	DIO	NED	199105561			

**Masters 30+**

1.	Tom Driessen	ESCA Zwemmen	NED	198700801	<b>28.85</b>	+0.70	
2.	Olaf Achterberg	VZC	NED	199000011	<b>28.97</b>	+0.65	
3.	Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	<b>29.32</b>	+0.68	
4.	Alex Vermeulen	WZK Zwemmen	NED	198905811	<b>30.52</b>	+0.78	
5.	Robert Braad	Steenwijk 1934	NED	198600407	<b>30.97</b>	+0.76	
6.	Dick Kampman	Zwemvereniging Hoogland	NED	198801789	<b>32.14</b>	+0.70	
7.	Patrick de Jonge	Deltasteur	NED	198906635	<b>32.44</b>	+0.70	
8.	Marc Hoogendam	Ragnar	NED	199007713	<b>32.63</b>	+0.68	
9.	Ferdy van Mastrigt	Rotterdam Swimming (SG)	NED	198802315	<b>32.64</b>	+0.66	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 20, Heren, 50m rugslag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
10.	Pascal van Haren	ZPV Barracuda	NED	198704101	<b>33.08</b>	+0.72	
11.	Wessel Everloo	WS Twente	NED	198906597	<b>33.55</b>	+0.83	546
12.	Haico Weijers	ZPC Numansdorp	NED	198803759	<b>33.66</b>	+0.73	
13.	Stefan Oostendorp	AZC	NED	199005615	<b>34.45</b>	+0.70	
14.	Mark Godwaldt	PSV	NED	198701039	<b>34.48</b>	+0.84	
15.	Renaldas Ratkus	Kauno Takas	LTU		<b>36.03</b>	+0.81	

Masters 35+

1.	Joan Kentrop <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	198503575	<b>27.45</b>	+0.68	
2.	Martijn Giezen	ZPC AMERSFOORT	NED	198500813	<b>29.02</b>	+0.66	
3.	Robert Dekker	Dedemsvaart-AC	NED	198400443	<b>29.66</b>	+0.66	
4.	Ivan van Ommen	De Geul	NED	198201263	<b>29.83</b>	+0.69	
5.	Paul Oudendijk	DAW	NED	198101287	<b>31.20</b>	+0.76	
6.	Peter van de Bor	DWT	NED	198402897	<b>31.55</b>	+0.75	
7.	Sigitas Tachtarovas	Klaipėdos plaukimo klubas	LTU		<b>32.39</b>	+0.73	
8.	Leander Noordijk	De Schoteijl	NED	198101221	<b>32.62</b>	+0.91	
9.	Sebastiaan Baars	WS Twente	NED	198300053	<b>36.35</b>	+0.79	

Masters 40+

1.	Marcin Kaczmarek <i>Kampioenschaps Record</i>	Legia Warszawa	POL		<b>26.02</b>	+0.64	
2.	Casper Hut	HZ&PC Heerenveen	NED	197800471	<b>28.01</b>	+0.72	
3.	Nol van Thull	De Lansingh	NED	198001513	<b>28.39</b>	+0.70	
4.	Ruud Holswilder	ZPCH	NED	197800435	<b>29.41</b>	+0.72	
5.	Markus van Rest	WVZ	NED	197701197	<b>31.61</b>	+0.67	
6.	Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED	197800703	<b>32.72</b>	+0.71	
7.	Pieter Broek	Albion WSS (SG)	NED	197701637	<b>32.76</b>	+0.62	
8.	Mark Hensen	ZPV Barracuda	NED	197900497	<b>33.31</b>	+0.79	
9.	Raymond Oosterbaan	WIDEX GZC DONK	NED	197700711	<b>33.34</b>	+0.72	
10.	Gino Martijn	RZ	NED	197901865	<b>33.87</b>	+0.63	
11.	Peter Lommert	SWOL 1894	NED	197900787	<b>34.25</b>	+0.74	
12.	Wilco Steenwijk	ZVV	NED	198002465	<b>34.70</b>	+0.74	
13.	Mark Subirachs Garay	Club Natació Cerdanyola	ESP	44018033N	<b>35.13</b>	+0.69	
NG	Ivo Roozeboom	WVZ	NED	197700801			

Masters 45+

1.	Vedestas Seferlis <i>Lithuanian Masters Record</i>	Kauno Takas	LTU		<b>30.31</b>	+0.58	
2.	Alex Damen	DAW	NED	197501371	<b>31.62</b>	+0.85	
3.	Linus Kersevicius	Kauno Takas	LTU		<b>32.06</b>	+0.83	
4.	Eelco van Gemert	ZPC De Zeeuwse Kust	NED	197200299	<b>32.50</b>	+0.72	
5.	Eric Hoekman	WS Twente	NED	197401531	<b>32.66</b>	+0.72	
6.	Arjan Aalbers	SWOL 1894	NED	197500001	<b>34.67</b>	+0.74	
7.	Wiljo Mackus	Budel	NED	197101557	<b>37.50</b>	+0.76	
8.	Dennis van Markesteijn	TZC-Vahalis	NED	197201333	<b>40.54</b>	+0.80	
9.	Jeroen Hoeksel	ZVVS	NED	197401533	<b>40.58</b>	+0.82	
10.	Toine ten Broeke	GoSwim	NED	197501509	<b>46.11</b>	+0.78	
11.	Michiel Verschueren	De Marlijn (SG)	NED	197301583	<b>46.72</b>	+0.95	

Programmanr. 20, Heren, 50m rugslag

Masters 50+

1.	Guido Keutgen	Steenwijk 1934	NED	196801551	<b>31.07</b>	+0.77
2.	Jan-Willem van den Berg	WVZ	NED	196801575	<b>31.62</b>	+0.72
3.	Pieter van Gemeren	DAW	NED	196901779	<b>32.34</b>	+0.79
4.	Tomas Zemaitis	Klaipedos plaukimo klubas	LTU		<b>32.72</b>	+0.61
5.	Nico Swart	De Biesboschzwemmers	NED	196801475	<b>33.99</b>	+0.72
6.	Ingmar de Gelder	ZOB'66	NED	197000333	<b>36.15</b>	+0.77
7.	Bruno Nahon	CNSW	BEL	000390/70	<b>36.50</b>	+0.83
8.	Michel van Wingerden	DWK	NED	196701629	<b>37.13</b>	+0.80
9.	Gerco Schakel	DWK	NED	196900849	<b>37.24</b>	+0.72
10.	Wijnand Vergeest	De Rog	NED	196800949	<b>37.98</b>	+0.79
11.	Hans Bijleveld	The Hague Swimming (SG)	NED	196601649	<b>40.37</b>	+0.69
12.	Ramon Alsina Munoz	CNSW	BEL	001353/69	<b>42.86</b>	+0.71

Masters 55+

1.	Peter Bernsen	De Rog	NED	196301119	<b>30.47</b>	+0.65
2.	Arlandas Antanas Juodeska	Kauno Takas	LTU		<b>33.46</b>	+0.65
3.	Ron Korzelius	ZPC AMERSFOORT	NED	196500513	<b>35.75</b>	+0.78
4.	Fred Dijkshoorn	Albion WSS (SG)	NED	196501539	<b>36.02</b>	+0.91
5.	Adriaan Kop	Old Dutch	NED	196101135	<b>36.83</b>	+0.57
	Henri Michels	De Amstel	NED	196501587	<b>36.83</b>	+0.72
7.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	<b>37.57</b>	+0.72
8.	Richard Tiemstra	De Biesboschzwemmers	NED	196301397	<b>38.01</b>	+0.78
9.	Casper Dollekamp	Steenwijk 1934	NED	196301341	<b>38.40</b>	+0.68
10.	Marc Switala	Dunkerque Natation	FRA	57424	<b>38.44</b>	+0.68
11.	Bart van Calker	WS Twente	NED	196100067	<b>40.38</b>	+0.69
12.	Ronald Pijtak	ZPC AMERSFOORT	NED	196100475	<b>44.85</b>	+0.88
AFGEM	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489		

Masters 60+

1.	Rastislav Pavlík	KPS Nereus Žilina <i>Europees Masters Record, Slovak Masters Record</i>	SVK	SVK10478	<b>30.49</b>	+0.74
2.	Jean-Pierre Delaporte	Dunkerque Natation	FRA	105978	<b>31.56</b>	+0.65
3.	Erik Kamphuis	De Rog	NED	196001035	<b>33.48</b>	+0.70
4.	Mark Eligh	ZPC AMERSFOORT	NED	195700497	<b>36.08</b>	+0.75
5.	Evertjan Masurel	PSV	NED	195600495	<b>37.90</b>	+0.88
6.	André Pantekoek	PSV	NED	195800321	<b>40.34</b>	+0.72

Masters 65+

1.	Alexander Mills	Hamar Idrettslag <i>Norwegian Masters Record</i>	NOR	M221251ALE01	<b>35.07</b>	+0.71
2.	Hans Piederiet	ZPC Numansdorp	NED	195400177	<b>36.48</b>	+0.80
3.	Arno Wolvers	Zwemsport Parkstad (SG)	NED	195400277	<b>41.46</b>	+0.89
4.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>44.42</b>	+0.63
5.	Nello Spiteri	DAW	NED	195200295	<b>56.24</b>	+0.79

Masters 70+

1.	Ronald Blankenstein	Aqua-Novio '94	NED	195000013	<b>44.67</b>	+0.84
2.	Jan Nuijten	PSV	NED	194900175	<b>45.74</b>	+0.76
3.	Mans Buis	SWOL 1894	NED	194700133	<b>47.84</b>	+0.79

Masters 75+

1.	Nico Baay	Old Dutch	NED	194200053	<b>56.87</b>	+0.67
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Programmanr. 20, Heren, 50m rugslag

Masters 80+

1.	Frans van Enst <i>Nederlands Masters Record</i>	WS Twente	NED	194000011	<b>43.54</b>	+0.69
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Masters 90+

1.	Klaas Prins <i>Kampioenschaps Record</i>	Steenwijk 1934	NED	192800001	<b>1:24.77</b>	+0.93
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Programmanr. 21  
25-01-2020 - 12:45

Dames, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Jamilla van Veen	Zwemvereniging Hoogland	NED	199603192	<b>29.95</b>	+0.68	
2.	Babette van der Kaaij	Rotterdam Swimming (SG)	NED	199902234	<b>30.55</b>	+0.65	
3.	Celine Schoenmaker	DWK	NED	199801976	<b>30.61</b>	+0.66	
4.	Hilde Dekker	ReVeLie Swim Team	NED	199901926	<b>31.39</b>	+0.69	
5.	Nadja Wortel	Hieronymus	NED	199800798	<b>31.68</b>	+0.79	
6.	Laura Compagner	Dedemsvaart-AC	NED	199804602	<b>31.87</b>	+0.79	
7.	Alisha Vieira	Rotterdam Swimming (SG)	NED	199904554	<b>32.16</b>	+0.79	
8.	Anouque Berghuis	ZPV Barracuda	NED	199606132	<b>32.35</b>	+0.67	
9.	Linda Kamperman	Zwemlust- den Hommel	NED	199601238	<b>32.43</b>	+0.70	
10.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED	200001358	<b>32.70</b>	+0.74	
11.	Moniek van Langevelde	ESCA Zwemmen	NED	199803160	<b>32.80</b>	+0.66	
12.	Naomi Klein	ZPC De Hof	NED	199902086	<b>33.08</b>	+0.72	
13.	Lianne Roescher	ZPC De Hof	NED	199900248	<b>34.09</b>	+0.77	
14.	Romy Verhagen	De Amstel	NED	199904110	<b>34.14</b>	+0.68	
15.	Lincy de Winter	The Hague Swimming (SG)	NED	199805886	<b>34.16</b>	+0.68	
16.	Iris van der Moolen	De Amstel	NED	199902052	<b>34.20</b>	+0.63	
17.	Eef Hollander	The Hague Swimming (SG)	NED	199602074	<b>34.77</b>	+0.60	
18.	Sanne Rebers	Hieronymus	NED	199902082	<b>34.98</b>	+0.75	
19.	Alies Wagter	Steenwijk 1934	NED	199900840	<b>35.53</b>	+0.87	
20.	Jet Kleine	MSV-Zeemacht	NED	199903384	<b>35.54</b>	+0.63	
21.	Linda Punt	Ragnar	NED	199604842	<b>35.55</b>	+0.80	
22.	Dian van Leeuwen	Nuene	NED	199803838	<b>35.58</b>	+0.71	
23.	Linde Haverkate	ZPC De Hof	NED	199900244	<b>35.62</b>	+0.76	
24.	Kayleigh Westenberg	De Veene	NED	200004064	<b>35.77</b>	+0.72	
25.	Emma Schell	De Dolfijn	NED	199906574	<b>36.52</b>	+0.69	
26.	Iris Bastiaansen	De Amstel	NED	199902006	<b>36.54</b>	+0.72	
27.	Gwendoline Kruit	De Lansingh	NED	199802084	<b>37.13</b>	+0.75	
28.	Kayra Deger	Rotterdam Swimming (SG)	NED	200003890	<b>37.71</b>	+0.64	
29.	Eline Hendriks	ZPC AMERSFOORT	NED	199802794	<b>37.75</b>	+0.73	
30.	Judith Kleinjan	De Duck	NED	199802710	<b>38.19</b>	+0.86	
31.	Lilianne Sweere	ZC AquaDream	NED	199704376	<b>38.28</b>	+0.77	
32.	Thirza Bollema	Deltasteur	NED	200003322	<b>39.05</b>	+0.72	
33.	Nadine Scheeve	De Biesboschzwemmers	NED	199700684	<b>39.43</b>	+0.73	
DIS	Kusuma Dewi	Aquapoldro	NED	199706616			
<i>AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.</i>							
AFGEM	Zana Tomasic	ZVL-1886 Tetteroo	NED	199706620			



Programmanr. 21, Dames, 50m rugslag

Masters 25+

1.	Miranda Nijenhuis	De Columbiaan	NED	199204076	<b>31.51</b>	+0.75
2.	Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	<b>31.53</b>	+0.79
3.	Melissa van der Geld	TRB-RES	NED	199506250	<b>32.21</b>	+0.85
4.	Denise Boereboom	ZPV Barracuda	NED	199202144	<b>32.40</b>	+0.64
5.	Janine de Groot	De Zwemlinie (SG)	NED	199500092	<b>32.95</b>	+0.62
6.	Suzanne Mosch	MSV-Zeemacht	NED	199400548	<b>33.17</b>	+0.63
7.	Désirée Emmen	De Warande	NED	199204862	<b>33.84</b>	+0.74
8.	Lizanne Lamens	De Gelenberg	NED	199402844	<b>34.16</b>	+0.76
9.	Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>34.55</b>	+0.81
10.	Lotte Rolink	Zwemclub Polaris	NED	199504880	<b>34.57</b>	+0.71
11.	Tessa Mosch	MSV-Zeemacht	NED	199102172	<b>34.79</b>	+0.64
12.	Danica Koedoot	ZPC AMERSFOORT	NED	199301034	<b>35.27</b>	+0.72
13.	Jacoline van den Beukel	Albion WSS (SG)	NED	199100238	<b>35.43</b>	+0.76
14.	Eva Kattouw	De Ward	NED	199407168	<b>35.48</b>	+0.78
15.	Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>35.95</b>	+0.76
16.	Chantal van der Zwaan	BZ&PC	NED	199302084	<b>36.60</b>	+0.67
17.	Pascalie Rovers	De Dolfijn	NED	199301064	<b>36.85</b>	+0.69
18.	Lonneke Oenema	Steenwijk 1934	NED	199102314	<b>38.00</b>	+0.67
19.	Ramona Noordermeer	ZVVS	NED	199401746	<b>38.26</b>	+0.71
20.	Tessa Kerkvliet	ZVL-1886 Tetteroo	NED	199202428	<b>38.87</b>	+0.82
21.	Esther Taks	MZ&PC	NED	199507028	<b>42.73</b>	+1.15
AFGEM	Elvira Feikens	De Spatters	NED	199506982		

Masters 30+

1.	Evy Witlox	DWT	NED	198804946	<b>31.02</b>	+0.65
2.	Elmi Roelofsen	ZVV	NED	199008198	<b>32.43</b>	+0.91
3.	Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>32.49</b>	+0.74
4.	Jenny Schouten	Zwemsport Parkstad (SG)	NED	198703674	<b>32.77</b>	+0.73
5.	Noelia Diaz Moruno	Club Natacion Cuatro Caminos	ESP		<b>33.51</b>	+0.70
6.	Eloise Cilia	Sassenheim	NED	198806960	<b>33.80</b>	+0.72
7.	Sabine Lina	ZPC Woerden	NED	198902680	<b>34.50</b>	+0.75
8.	Yvonne Bruls	MZ&PC	NED	199008114	<b>36.99</b>	+0.77
9.	Christa Stam	Rotterdam Swimming (SG)	NED	198806790	<b>37.15</b>	+0.77
10.	Diana Hemstede-Lammers	De Veene	NED	198902572	<b>37.87</b>	+0.82
11.	Lindsey Hol	De Meer	NED	199008088	<b>38.06</b>	+0.67
12.	Whitley Rens	De Schotejil	NED	199007520	<b>38.48</b>	+0.72
13.	Joëlle Vaes	DIO	NED	199007576	<b>38.62</b>	+0.75
14.	Joan Fonteine	De Marlijn (SG)	NED	198805148	<b>39.69</b>	+0.84

Masters 35+

1.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>31.85</b>	+0.75
	<i>Nederlands Masters Record</i>					
2.	Agnieszka Kaczmarek	Legia Warszawa	POL		<b>32.62</b>	+0.72
3.	Agnieszka Wysocka	Aer Lingus Masters	IRL	30026889	<b>33.95</b>	+0.65
4.	Hanneke Heymen	Montferland	NED	198400968	<b>34.52</b>	+0.67
5.	Leonie van der Lavoie	ZPC Numansdorp	NED	198501834	<b>34.82</b>	+0.73
6.	Angela Giezen	Upstream Amsterdam	NED	198302796	<b>35.42</b>	+0.70
7.	Elke Popma - Blox	Tiamat	NED	198200154	<b>35.48</b>	+0.71
8.	Joke De Temmerman	De Dolfijnen ZC Zomergem	BEL	21034/82	<b>35.51</b>	+0.83
9.	Caroline van Tiggelen	Scheldestroom	NED	198301970	<b>35.91</b>	+0.79
10.	Ilya Janssen	ESCA Zwemmen	NED	198102234	<b>36.78</b>	+0.72
11.	Fabiënne Jeukens	MZ&PC	NED	198401156	<b>41.44</b>	+0.83
12.	Samantha Go	AZC	NED	198403552	<b>43.83</b>	+0.74
13.	Femke Smits	Rotterdam Swimming (SG)	NED	198403574	<b>45.45</b>	+0.74
14.	Karin Vermeer	De Rog	NED	198302918	<b>50.92</b>	+0.82



Programmanr. 21, Dames, 50m rugslag

Masters 40+

1.	Marjon v. Kempen	De Schotejil	NED	198000578	<b>33.58</b>	+0.74
2.	Monique Boets	Stadskanaal	NED	197600230	<b>33.78</b>	+0.69
3.	Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>36.38</b>	+0.75
4.	Gea van der Schaaf	Deltasteur	NED	197901558	<b>36.71</b>	+0.71
5.	Anuschka Glazema-Boelema	Stadskanaal	NED	197701166	<b>37.41</b>	+0.76
6.	Jessica Venema	WIDEX GZC DONK	NED	197901526	<b>37.68</b>	+0.79
7.	Fabiola Bosman	Deltasteur	NED	197701148	<b>39.24</b>	+0.82
8.	Leonie Scholten	Steenwijk 1934	NED	197901560	<b>39.48</b>	+0.81
9.	Esther van Buren	De Duinkickers	NED	198001670	<b>43.15</b>	+0.80
10.	Louise Schets	The Hague Swimming (SG)	NED	197901580	<b>44.62</b>	+0.80

Masters 45+

1.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>34.14</b>	+0.80
2.	Mirjan den Drijver	Albion WSS (SG)	NED	197500884	<b>35.51</b>	+0.73
3.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	<b>36.34</b>	+0.69
4.	Jacqueline de Ruitter-Wijnolst	WIDEX GZC DONK	NED	197400446	<b>36.69</b>	+0.76
5.	Geraldine Trainor	De Duck	NED	197500544	<b>36.93</b>	+0.77
6.	Henriëtte Manting	GZVW	NED	197100246	<b>39.18</b>	+0.76
7.	Miranda de Rijke- van Driel	ZPC Numansdorp	NED	197500960	<b>42.17</b>	+0.81
8.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992	<b>42.80</b>	+0.85
9.	Wendy Hendrikkx-Verhagen	TRB-RES	NED	197101038	<b>43.55</b>	+0.65
10.	Katrina Boutwell	AZC	NED	197201036	<b>45.47</b>	+0.80
11.	Linda Kerkmeester	GoSwim	NED	197400980	<b>46.02</b>	+0.82
12.	Agnes Holterman	ZPC De Hof	NED	197500464	<b>46.10</b>	+0.81

Masters 50+

1.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>34.69</b>	+0.70
2.	Monique Tuijp	WZ&PC Purmerend	NED	196900800	<b>35.23</b>	+0.91
3.	Henriëtte v. Norden	ZPC AMERSFOORT	NED	196800046	<b>36.75</b>	+0.92
4.	Caroline Schreuder	Triton	NED	196700550	<b>36.96</b>	+0.78
5.	Chiho Shoji	CNSW	BEL	006146/70	<b>37.21</b>	+0.72
6.	Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	<b>37.28</b>	+0.79
7.	Talje Dijkhuis	ZPC AMERSFOORT	NED	196600072	<b>38.94</b>	+0.69
8.	Ellen van Wingerden-Dijkhuizen	DWK	NED	196900970	<b>40.69</b>	+0.78
9.	Annette van Dok	MSV-Zeemacht	NED	196800742	<b>42.06</b>	+1.06
10.	Pauline Tromp-Lang de	ZZ&PC De Devel	NED	197001032	<b>43.22</b>	+0.77
11.	Marella Verhagen-den Ouden	De Amstel	NED	196800948	<b>44.18</b>	+0.75
12.	Roelien Speelman-Tigelaar	De Spatters	NED	196600664	<b>44.59</b>	+0.75

Masters 55+

1.	Feikje Wittermans <i>Nederlands Masters Record</i>	WIDEX GZC DONK	NED	196400408	<b>36.65</b>	+0.80
2.	Tineke Janssen	Albion WSS (SG)	NED	196400630	<b>37.78</b>	+0.70
3.	Wilma Lammers-Wigman	Montferland	NED	196400614	<b>43.04</b>	+0.86

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	<b>38.78</b>	+0.72
2.	Marijke Kraak-Beckers	WS Twente	NED	196000240	<b>41.71</b>	+0.76
3.	Ria Peters-Veurman	ESCA Zwemmen	NED	195800242	<b>1:00.38</b>	+0.87



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 21, Dames, 50m rugslag

Masters 65+

1.	Patty Krupiarz <i>Kampioenschaps Record</i>	PSV	NED	195400074	<b>41.85</b>	+0.68
2.	Margriet Pasma	TriVia	NED	195500088	<b>42.88</b>	+0.73
3.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	<b>51.27</b>	+0.81
4.	Ineke Brouwers	PSV	NED	195200070	<b>57.69</b>	+0.86
5.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>1:01.94</b>	+1.06
6.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	<b>1:04.78</b>	+0.99

Masters 70+

1.	Conny Boer-Buys <i>Nederlands Masters Record</i>	ZVVS	NED	195000006	<b>44.39</b>	+0.88
2.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>51.64</b>	+0.84

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	<b>58.96</b>	+0.70
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Masters 80+

1.	Truus Ruiters	Old Dutch	NED	194000004	<b>1:07.43</b>	+0.83
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Masters 85+

1.	Lottie Geurts <i>Nederlands Masters Record</i>	PSV	NED	193500006	<b>1:09.32</b>	+1.09
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Programmanr. 22  
25-01-2020 - 13:01

Heren, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m	
<b>Masters 20+</b>									
1.	Kalle van Gemert	ZPC De Zeeuwse Kust	NED 199801259	<b>2:10.55</b>	+0.63	28.41	1:01.99	1:36.88	2:10.55
2.	Sepp Kalter	Dedemsvaart-AC	NED 199704327	<b>2:11.97</b>	+0.77	29.12	1:02.71	1:37.43	2:11.97
3.	Daan Siebenheller	ZOB'66	NED 199804955	<b>2:21.13</b>	+0.72	29.93	1:05.08	1:42.49	2:21.13
4.	Nordin Termoshuizen	WVZ	NED 199605401	<b>2:23.11</b>	+0.80	31.07	1:06.53	1:43.72	2:23.11
5.	Jeroen Louwinger	De Rijn	NED 199900583	<b>2:27.15</b>	+0.75	31.89	1:09.05	1:47.37	2:27.15
6.	Richard van der Horst	De Meer	NED 199700179	<b>2:30.35</b>	+0.68	32.79	1:10.69	1:49.74	2:30.35
7.	Hans Stoffers	Triton Putten	NED 199604027	<b>2:33.44</b>	+0.53	31.52	1:10.68	1:51.35	2:33.44
8.	Ian van Mullem	ZOB'66	NED 199602545	<b>2:40.87</b>	+0.67	32.27	1:11.70	1:55.08	2:40.87
<b>Masters 25+</b>									
1.	Lars Schoffellemeer	ZPB H&L Productions	NED 199501907	<b>2:13.95</b>	+0.74	29.51	1:03.82	1:38.16	2:13.95
2.	Nick Sijmons	De Amstel	NED 199500491	<b>2:14.76</b>	+0.56	30.10	1:06.00	1:40.34	2:14.76
3.	Timo Dinkelberg	Albion WSS (SG)	NED 199300773	<b>2:14.94</b>	+0.67	28.91	1:02.85	1:38.95	2:14.94
4.	Maik Steenkamp	Montferland	NED 199103847	<b>2:30.84</b>	+0.75	32.90	1:11.60	1:50.78	2:30.84
5.	Pieter Pijnenburg	De Biesboschzwemmers	NED 199305227	<b>2:32.32</b>	+0.70	31.78	1:09.84	1:50.41	2:32.32
6.	Mark van der Want	GLS Ketelbinkie	NED 199107511	<b>3:02.25</b>	+0.68	36.21	1:19.87	2:08.76	3:02.25

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Splash Meet Manager, 11.62141

Registered to KNZB

28-01-2020 19:47 - pagina 85



Programmanr. 22, Heren, 200m vlinderslag

Masters 30+

1. Tim Bunnik	Triton	NED 199000505	<b>2:22.33</b>	+0.81	31.46	1:06.94	1:44.00	2:22.33
2. Jeroen Burggraaf	De Blauwe Schuur	NED 199000467	<b>2:27.27</b>	+0.82	30.78	1:06.61	1:44.98	2:27.27
3. Rick Driezen	Steenwijk 1934	NED 198600713	<b>2:37.86</b>	+0.88	32.81	1:11.20	1:51.62	2:37.86
4. Melano Winter	AZ&PC De Futen	NED 198703847	<b>2:52.53</b>	+0.88	35.10	1:17.60	2:04.11	2:52.53
5. Jeroen Grinwis	De Inktvis	NED 198906813	<b>3:11.80</b>	+0.91	38.56	1:25.15	2:16.78	3:11.80

Masters 35+

1. Nick Valentine	Tynemouth ASC	GBR 557787	<b>2:15.54</b>	+0.81	29.99	1:03.76	1:39.14	2:15.54
<i>Kampioenschaps Record</i>								
2. Pieter Pickhardt	ZPC De Hof	NED 198301657	<b>2:24.15</b>	+0.82	32.17	1:09.25	1:46.91	2:24.15
3. Frank v.d. Voordt	De Schotejil	NED 198302259	<b>2:37.48</b>	+0.82	32.86	1:11.18	1:52.65	2:37.48
4. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	<b>3:02.80</b>	+0.78	40.29	1:26.36	2:15.15	3:02.80

Masters 40+

1. Gergely Molnár	Megathlon SE	HUN	<b>2:22.51</b>	+0.79	31.39	1:07.75	1:45.53	2:22.51
<i>Hungarian Masters Record</i>								
2. Heimen van Vliet	Wiekslag	NED 198001637	<b>2:27.95</b>	+0.73	32.04	1:07.84	1:45.42	2:27.95
3. Mark Hensen	ZPV Barracuda	NED 197900497	<b>2:29.44</b>	+0.83	31.11	1:06.34	1:45.78	2:29.44
4. Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	<b>2:51.44</b>	+0.92	35.99	1:18.82	2:04.57	2:51.44
5. Wilco Steenwijk	ZVV	NED 198002465	<b>2:59.68</b>	+0.87	37.32	1:21.48	2:08.97	2:59.68
6. Han Boone	SWOL 1894	NED 197701319	<b>3:13.00</b>	* +0.74	38.83	1:22.87	2:11.75	3:13.00

Masters 45+

1. Frederic Tonus	Luxembourg Sharks SC	LUX 10449	<b>2:13.20</b>	+0.70	29.48	1:03.16	1:37.99	2:13.20
<i>Kampioenschaps Record, Luxembourg Masters Record</i>								
2. Antwan van Engen	De Ward	NED 197101577	<b>2:25.10</b>	+0.73	32.40	1:08.60	1:47.00	2:25.10
3. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:46.86</b>	+0.50	35.88	1:17.55	2:01.07	2:46.86
4. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>2:58.93</b>	+0.90	37.74	1:21.98	2:09.01	2:58.93
5. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:21.43</b>	+0.77	43.48	1:36.35	2:31.34	3:21.43

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED 196900671	<b>2:23.65</b>	+0.74	31.99	1:09.18	1:46.00	2:23.65
2. Adolfo Ortiz	Club Natació L'Hospitalet	ESP 38445665S	<b>2:34.22</b>	+0.85	34.27	1:12.09	1:51.90	2:34.22
3. Eymert van Rooij	PSV	NED 196601631	<b>3:15.58</b>	+0.97	38.88	1:27.13	2:21.36	3:15.58
4. Taco Eikelenboom	AZ&PC De Futen	NED 196900275	<b>3:26.50</b>	+0.96	40.88	1:34.63	2:31.87	3:26.50

Masters 55+

1. Johan Remmits	ZPC AMERSFOORT	NED 196201159	<b>2:34.80</b>	+0.87	34.22	1:13.59	1:54.24	2:34.80
2. Ronald Grove	Triton	NED 196100161	<b>2:56.20</b>	+0.78	36.69	1:21.12	2:08.17	2:56.20
3. Roy Le Clercq	De Rog	NED 196401041	<b>3:27.24</b>	+1.06	43.18	1:35.99	2:32.01	3:27.24

Masters 60+

1. Paul Bunnik	Triton	NED 195600413	<b>3:15.03</b>	+0.86	39.80	1:29.39	2:22.28	3:15.03
2. Jan Willem Heuten	WS Twente	NED 196000883	<b>3:38.59</b>	+1.01	46.31	1:42.28	2:41.56	3:38.59

Masters 65+

1. Jean-Marie Cadiat	CNSW	BEL 000243/53	<b>2:47.30</b>	+0.96	36.93	1:19.71	2:04.27	2:47.30
<i>Kampioenschaps Record, Belgisch Masters Record</i>								



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 22, Heren, 200m vlinderslag

Masters 75+

1. Rob Hanou	PSV	NED 194300109	<b>4:12.26</b>	+1.15	53.58	2:00.09	3:07.33	4:12.26
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Programmanr. 23  
25-01-2020 - 13:18

Dames, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
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Masters 20+

1. Manon van Esch	PSV	NED 199702090	<b>2:25.21</b>	+0.59	30.98	1:06.86	1:45.31	2:25.21
2. Anne Noom	Het Y	NED 199800062	<b>2:27.80</b>	+0.71	31.74	1:08.09	1:47.08	2:27.80
3. Michelle Zomerdijk	Dedemsvaart-AC	NED 200003196	<b>2:31.68</b>	+0.71	32.37	1:10.56	1:50.64	2:31.68
4. Fenna de Groot	Albion WSS (SG)	NED 199701796	<b>2:32.67</b>	+0.63	33.05	1:11.34	1:51.50	2:32.67
5. Maaike van Veen	Dedemsvaart-AC	NED 199700292	<b>2:33.27</b>	* +0.68	33.23	1:11.90	1:51.58	2:33.27
6. Caroline Boxman	ZPCH	NED 200004660	<b>2:38.25</b>	+0.75	33.71	1:13.76	1:56.28	2:38.25
7. Lenneke Bagijn	De Duck	NED 199604992	<b>2:58.14</b>	+0.73	36.46	1:19.96	2:07.67	2:58.14
NG Laura Nieuwland	ZPC De Zeeuwse Kust	NED 200001834						

Masters 25+

1. Linda van der Voort	ZVL-1886 Tetteroo	NED 199207784	<b>2:37.45</b>	* +0.71	33.62	1:12.83	1:54.41	2:37.45
2. Marjon Pol	Zwemlust- den Hommel	NED 199102502	<b>2:43.78</b>	+0.81	36.85	1:18.93	2:01.99	2:43.78
3. Chantal van der Horst	De Meer	NED 199400616	<b>2:48.19</b>	+0.77	37.58	1:20.29	2:04.07	2:48.19
4. Anne Aarts	d'ELFT	NED 199207942	<b>2:56.92</b>	+0.79	37.61	1:21.91	2:09.15	2:56.92
5. Inge Koopman	DAW	NED 199303382	<b>2:58.88</b>	+0.59	35.57	1:21.21	2:10.24	2:58.88
6. Alma Janssen	Z&PC Zegenwerp	NED 199401078	<b>3:11.31</b>	+0.88	39.07	1:25.44	2:17.57	3:11.31

Masters 30+

1. Marlijn Hendriksen	DIO	NED 198806828	<b>2:31.53</b>	+0.73	34.11	1:12.43	1:51.40	2:31.53
2. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>3:00.77</b>	+0.86	39.58	1:25.10	2:13.04	3:00.77
3. Anita Visch	Nunspeet	NED 199003988	<b>3:10.30</b>	+0.92	38.39	1:25.34	2:16.66	3:10.30
4. Xandra Otter	WIDEX GZC DONK	NED 199006046	<b>3:44.35</b>	+0.93	49.65	1:47.42	2:46.63	3:44.35

Masters 35+

1. Viktória Háden-Felföldi	Megathlon SE	HUN	<b>2:20.92</b>	+0.78	31.32	1:06.92	1:43.40	2:20.92
<i>Europees Masters Record, Hungarian Masters Record</i>								
2. Stephanie Vaernewyck	MEGA-zwemteam	BEL 20352/83	<b>2:34.08</b>	+0.73	34.44	1:13.60	1:53.97	2:34.08
3. Roos van Esch	De Lansingh	NED 198200468	<b>2:37.44</b>	+0.90	35.60	1:15.76	1:56.87	2:37.44
4. Ramona Linting	LinK	NED 198301274	<b>2:51.70</b>	+0.73	37.05	1:19.81	2:05.36	2:51.70
5. Sandra Zwaanswijk	DAW	NED 198503934	<b>3:09.57</b>	+0.56	37.71	1:25.24	2:17.86	3:09.57
6. Linda Hoogendam	WVZ	NED 198300892	<b>3:11.26</b>	+0.84	41.29	1:30.96	2:21.34	3:11.26

Masters 40+

1. Rachel Trainor	De Duck	NED 197700670	<b>3:12.99</b>	+0.70	38.20	1:25.70	2:17.62	3:12.99
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Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>2:38.90</b>	+0.90	35.15	1:15.99	1:57.61	2:38.90
<i>Kampioenschaps Record</i>								
2. Kathy Van Lindt	CNSW	BEL 007949/71	<b>3:06.44</b>	+0.90	40.05	1:27.09	2:15.65	3:06.44
3. S. Peeters-Wiermans	De Rog	NED 197401032	<b>3:13.59</b>		38.33	1:26.38	2:18.46	3:13.59

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Programmanr. 23, Dames, 200m vlinderslag

Masters 50+

1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	<b>2:49.32</b>	+0.89	36.48	1:18.50	2:03.19	2:49.32
2. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>3:08.24</b>	+0.85	39.39	1:28.58	2:18.09	3:08.24
3. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	<b>3:14.26</b>		40.68	1:28.78	2:19.88	3:14.26
4. Laura Staal	Oceanus	NED 196700358	<b>3:21.73</b>	+0.74	42.15	1:31.09	2:24.46	3:21.73
5. Fernanda van der Velde	d'ELFT	NED 196600762	<b>3:23.81</b>		41.96	1:33.17	2:28.18	3:23.81
6. Nicky Slinger	HPC	NED 196600316	<b>3:28.09</b>	+0.93	43.30	1:34.82	2:29.95	3:28.09
7. K. van Nassau-van den IOld Dutch		NED 196600188	<b>3:39.23</b>	+0.82	49.74	1:45.52	2:43.50	3:39.23

Masters 55+

1. M. Grove-Lingeman	Triton	NED 196200080	<b>3:04.99</b>		39.56	1:26.82	2:15.39	3:04.99
2. Petra Tossings	DAW	NED 196100376	<b>3:13.08</b>	+0.89	43.27	1:33.64	2:24.57	3:13.08
3. Anita Steijger	WVZ	NED 196500628	<b>3:37.87</b>	+1.04	46.02	1:40.25	2:38.95	3:37.87
4. Miranda Keijl	ZIGNEA	NED 196500588	<b>3:42.07</b>		44.65	1:41.22	2:41.18	3:42.07

Masters 60+

1. Inge Wolfs	HHZV Plons <i>Nederlands Masters Record</i>	NED 196000304	<b>3:13.98</b>	+0.92	40.03	1:27.83	2:18.84	3:13.98
2. Claire Anthony	CNSW <i>Belgisch Masters Record</i>	BEL 001353/57	<b>3:27.80</b>	+0.82	43.60	1:36.62	2:33.42	3:27.80

Masters 65+

1. F. Blondeel-Gourmet	CNSW <i>Kampioenschaps Record</i>	BEL 004901/52	<b>4:12.61</b>	+0.93	54.88	1:56.67	3:02.07	4:12.61
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Masters 70+

1. A. Gilding-Tussaud	WS Twente <i>Kampioenschaps Record, * 100m</i>	NED 195000038	<b>4:58.66</b>		1:05.30	2:23.10	3:44.45	4:58.66
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Programmanr. 24  
25-01-2020 - 13:38

Heren, 100m wisselslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>Masters 20+</b>							
1. Nicko Kamphuis	TRB-RES	NED 199900887	<b>58.76</b>	+0.61		26.99	58.76
2. Thomas Verhoeven	Albion WSS (SG)	NED 199700311	<b>1:00.17</b>	+0.72		27.37	1:00.17
3. Thijs van Wieringen	De Columbiaan	NED 199900577	<b>1:01.63</b>	+0.74		27.33	1:01.63
4. Jaro Musters	Hieronymus	NED 199801141	<b>1:02.40</b>	+0.72		27.93	1:02.40
5. Ryan van den Ouden	Poseidon'56	NED 199900377	<b>1:02.41</b>	+0.75		28.35	1:02.41
6. Otto Pranger	Albion WSS (SG)	NED 200000007	<b>1:02.75</b>	+0.66		28.87	1:02.75
7. Rico Keizer	TRB-RES	NED 199903491	<b>1:02.76</b>	+0.64		29.45	1:02.76
8. David Kievit	De Schotejil	NED 199900325	<b>1:03.72</b>	+0.65		29.37	1:03.72
9. Aron Paasse	De Schotejil	NED 200000099	<b>1:05.09</b>	+0.73		29.75	1:05.09
10. Diederick Schothans	De Veene	NED 199703185	<b>1:05.36</b>	+0.72		29.67	1:05.36
11. Gideon Teeuw	De Veene	NED 199801237	<b>1:05.40</b>	+0.71		30.15	1:05.40
12. Thomas Hesper	ZPV Barracuda	NED 200004181	<b>1:05.66</b>	+0.78		32.21	1:05.66
13. Bart de Bruijn	Hieronymus	NED 200004177	<b>1:06.23</b>	+0.72		31.09	1:06.23
14. Stephan van Grevenbroek	De Ward	NED 200004805	<b>1:06.74</b>	+0.74		31.65	1:06.74
15. Sam Beer	Rotterdam Swimming (SG)	NED 199605521	<b>1:07.10</b>	+0.69		30.81	1:07.10
16. Kylian Kooijman	Steenwijk 1934	NED 199900763	<b>1:07.22</b>	+0.71		30.76	1:07.22
17. Jorn Lucas	De Veene	NED 200000675	<b>1:07.38</b>	+0.81		30.51	1:07.38
18. Ayrton Mooldijk	Albion WSS (SG)	NED 199901449	<b>1:07.50</b>	+0.69		31.97	1:07.50

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 24, Heren, 100m wisselslag, Masters 20+

rang naam	vereniging			tijd	RT	PARA	50m	100m
19. Nordin Termoshuizen	WVZ	NED	199605401	<b>1:07.62</b>	+0.84		30.98	1:07.62
20. Timo Musters	DIO	NED	199803325	<b>1:07.65</b>	+0.69		30.94	1:07.65
21. Mark Barg	DWT	NED	199805839	<b>1:07.70</b>	+0.65		30.11	1:07.70
22. Martijn Houweling	ZPV Barracuda	NED	199600893	<b>1:08.48</b>	+0.73		31.63	1:08.48
23. Nick Boekestijn	Albion WSS (SG)	NED	199900291	<b>1:10.04</b>	+0.66		31.62	1:10.04
24. Thomas Gheeraert	Dunkerque Natation	FRA	919124	<b>1:10.51</b>	+0.72		31.63	1:10.51
25. Jordi Schaaf	SGGO (SG)	NED	199800433	<b>1:10.93</b>	+0.76		33.20	1:10.93
26. Bido Mohamed	DWT	NED	199805237	<b>1:12.77</b>	+0.69		32.78	1:12.77
27. Roel van Grol	WIDEX GZC DONK	NED	199802277	<b>1:13.32</b>	+0.69		31.20	1:13.32
28. Pascal de Jong	De Wellerobben	NED	199700415	<b>1:13.94</b>	+0.68		35.03	1:13.94
29. Sven Dubbeld	De Schotejil	NED	199601141	<b>1:16.87</b>	+0.80		36.18	1:16.87

Masters 25+

1. Ensger Kotterink	Albion WSS (SG)	NED	199403391	<b>55.31</b>	+0.61		25.52	55.31
<i>Nederlands Masters Record</i>								
2. Jeroen Baars	Rotterdam Swimming (SG)	NED	199200031	<b>56.78</b>	+0.74		25.98	56.78
3. Kevin Eltink	DWK	NED	199100589	<b>58.86</b>	+0.70		27.84	58.86
4. Romero Hennep	De Kempvis	NED	199304929	<b>59.28</b>	+0.62		27.87	59.28
5. Jih Van Deursen	Club Natacion Cuatro Caminos	ESP		<b>59.92</b>	+0.70		27.68	59.92
6. Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>1:00.25</b>	+0.66		27.96	1:00.25
7. Jesper Oranje	De Duck	NED	199200997	<b>1:00.90</b>	+0.75		27.09	1:00.90
8. Dennis Bos	HZ&PC Heerenveen	NED	199201965	<b>1:00.97</b>	+0.62		27.86	1:00.97
9. Bernd Kobesen	Steenwijk 1934	NED	199300981	<b>1:02.27</b>	+0.67		28.18	1:02.27
10. Felix Geenen	DAW	NED	199501085	<b>1:02.30</b>	+0.75		28.68	1:02.30
11. John Smit	Poseidon'56	NED	199500613	<b>1:02.63</b>	+0.66		28.41	1:02.63
12. Emiel van Beusekom	ZPV Barracuda	NED	199403951	<b>1:03.80</b>	+0.71		29.35	1:03.80
13. Joeri Scheidt	VZC	NED	199102011	<b>1:04.16</b>	+0.73		30.05	1:04.16
14. Jorden Theijink	ZPC De Hof	NED	199400323	<b>1:04.63</b>	+0.67		29.73	1:04.63
15. Mike Schel	ESCA Zwemmen	NED	199403279	<b>1:05.60</b>	+0.71		29.77	1:05.60
16. Erik Wegman	De Kempvis	NED	199201465	<b>1:05.88</b>	+0.72		30.60	1:05.88
17. Martino Valentijn	DIO	NED	199403913	<b>1:07.55</b>	+0.75		32.54	1:07.55
18. Robin Hermans	TRB-RES	NED	199400987	<b>1:07.79</b>	+0.72		32.21	1:07.79
19. Bart Kiesewetter	TRB-RES	NED	199101203	<b>1:07.91</b>	+0.68		31.61	1:07.91
20. Remco Oskam	WIDEX GZC DONK	NED	199205583	<b>1:08.35</b>	+0.77		30.97	1:08.35
21. Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>1:09.79</b>	+0.56		33.21	1:09.79
22. Joris Boekhorst	Scheldestroom	NED	199100163	<b>1:11.64</b>	+0.83		33.25	1:11.64
23. Hiras Ferrandino	DWT	NED	199306527	<b>1:11.66</b>	+0.60		32.23	1:11.66
24. Robin van Beusekom	ZPV Barracuda	NED	199205841	<b>1:13.12</b>	+0.79		34.10	1:13.12
25. Patrick Graver	GZVW	NED	199404735	<b>1:13.55</b>	+0.81		33.98	1:13.55
26. Bob Potkamp	Deltasteur	NED	199403189	<b>1:27.22</b>	+0.92		43.82	1:27.22
NG Mathijs van der Logt	DIO	NED	199105561					

Masters 30+

1. Sander de Vrugt	ESCA Zwemmen	NED	198903499	<b>1:02.32</b>	+0.66		29.07	1:02.32
2. Yvo op den Kamp	MZ&PC	NED	198901553	<b>1:03.49</b>	+0.68		29.96	1:03.49
3. Patrick Creemers	RZ	NED	199000579	<b>1:04.82</b>	+0.66		30.52	1:04.82
4. Hans van Wijk	BZ& PC	NED	1998003605	<b>1:04.90</b>	+0.63		30.26	1:04.90
5. Alex Vermeulen	WZK Zwemmen	NED	198905811	<b>1:06.17</b>	+0.76		30.27	1:06.17
6. Robert Braad	Steenwijk 1934	NED	198600407	<b>1:06.28</b>	+0.81		29.80	1:06.28
7. Bart van der Zwaan	BZ& PC	NED	199005149	<b>1:06.68</b>	+0.71		30.62	1:06.68
8. Ferdy van Mastrigt	Rotterdam Swimming (SG)	NED	198802315	<b>1:08.32</b>	+0.64		32.05	1:08.32
9. Patrick de Jonge	Deltasteur	NED	198906635	<b>1:13.37</b>	+0.78		31.95	1:13.37
10. Niels Albrechts	De Schotejil	NED	198800039	<b>1:14.43</b>	+0.79		33.12	1:14.43
11. Harmen Reemst	ZOB'66	NED	198702715	<b>1:14.60</b>	+0.79		33.39	1:14.60
DIS Tomasz Wilcz ga	Legia Warszawa	POL						

*RH - Het eindpunt niet in rugligging aangeraakt.*

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28-01-2020 19:47 - pagina 89



Programmanr. 24, Heren, 100m wisselslag

Masters 35+

1. Mark Baars	Rotterdam Swimming (SG)	NED	198500059	<b>56.07</b>	+0.67	25.95	56.07
<i>Europees Masters Record</i>							
2. Joan Kentrop	ZPC AMERSFOORT	NED	198503575	<b>59.52</b>	+0.79	27.25	59.52
3. Lauren Vis	Steenwijk 1934	NED	198201883	<b>1:01.60</b>	+0.62	28.24	1:01.60
4. Robert Dekker	Dedemsvaart-AC	NED	198400443	<b>1:03.20</b>	+0.69	28.90	1:03.20
5. Yuri van Ommen	Zwemvereniging Hoogland	NED	198501887	<b>1:03.76</b>	+0.82	29.77	1:03.76
6. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	<b>1:05.45</b>	+0.66	30.50	1:05.45
7. Guido Moret	Albion WSS (SG)	NED	198501793	<b>1:06.79</b>	+0.75	31.01	1:06.79
8. Dirk Smit	Tiamat	NED	198101559	<b>1:07.56</b>	+0.62	31.52	1:07.56
9. Tim van den Berg	Rotterdam Swimming (SG)	NED	198500157	<b>1:07.94</b>	+0.67	32.51	1:07.94
10. Peter van de Bor	DWT	NED	198402897	<b>1:08.36</b>	+0.80	29.84	1:08.36
11. Wouter Zijlstra	DAW	NED	198202077	<b>1:09.31</b>	+0.77	31.50	1:09.31
12. Mark Musch	Zwemlust- den Hommel	NED	198401609	<b>1:10.04</b>	+0.68	32.11	1:10.04
13. Jorge Arrebola Rodriguez	Club Natacion Cuatro Caminos	ESP		<b>1:10.71</b>	+0.70	32.72	1:10.71
14. Rutger Stam	Zwemvereniging Hoogland	NED	198102463	<b>1:12.08</b>	+0.77	32.83	1:12.08

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	<b>1:00.19</b>	+0.66	27.43	1:00.19
<i>Nederlands Masters Record</i>							
2. Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>1:02.15</b>	+0.65	28.15	1:02.15
3. Ruud Holswilder	ZPCH	NED	197800435	<b>1:04.07</b>	+0.83	29.77	1:04.07
4. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>1:06.15</b>	+0.69	31.63	1:06.15
5. László Jüllich	ZPCH	NED	197801893	<b>1:06.54</b>	+0.83	30.01	1:06.54
6. Markus van Rest	WVZ	NED	197701197	<b>1:08.77</b>	+0.79	30.89	1:08.77
7. Dennis Dortland	ZPV Barracuda	NED	197800261	<b>1:09.21</b>	+0.83	32.94	1:09.21
8. Erik Schoenmakers	WIDEX GZC DONK	NED	197601667	<b>1:09.39</b>	+0.69	31.87	1:09.39
9. Pieter Broek	Albion WSS (SG)	NED	197701637	<b>1:10.60</b>	+0.69	31.35	1:10.60
10. Peter Lommert	SWOL 1894	NED	197900787	<b>1:15.20</b>	+0.94	33.88	1:15.20
11. Elger Mensonides	ZVL-1886 Tetteroo	NED	197601669	<b>1:15.49</b>	+0.80	36.29	1:15.49
12. Gino Martijn	RZ	NED	197901865	<b>1:17.53</b>	+0.64	35.56	1:17.53
13. Emiel Volker	ZVL-1886 Tetteroo	NED	197601605	<b>1:18.15</b>	+0.81	37.44	1:18.15
14. Johan Wezenberg	SWOL 1894	NED	197601023	<b>1:18.97</b>	+1.02	36.95	1:18.97

Masters 45+

1. Marcel van Winssen	De Gelenberg	NED	197101477	<b>1:04.79</b>	+0.80	29.83	1:04.79
2. Edgar Thimister	MZ&PC	NED	197501511	<b>1:05.91</b>	+0.65	30.52	1:05.91
3. Maarten van der Zwan	Scheldestroom	NED	197501017	<b>1:06.02</b>	+0.81	31.29	1:06.02
4. Richard van Kampen	ZPCH	NED	197401551	<b>1:10.00</b>	+0.75	32.83	1:10.00
5. Michael van Bekkum	SWOL 1894	NED	197200051	<b>1:11.05</b>	+0.75	33.77	1:11.05
6. Arjan Aalbers	SWOL 1894	NED	197500001	<b>1:15.86</b>	+0.80	34.16	1:15.86
7. Ivo Dijks	GoSwim	NED	197201613	<b>1:16.48</b>	+0.84	34.98	1:16.48
8. Martin Berkhout	ZVL-1886 Tetteroo	NED	197101123	<b>1:17.59</b>	+0.74	35.75	1:17.59
9. Wiljo Mackus	Budel	NED	197101557	<b>1:17.69</b>	+0.96	35.45	1:17.69
10. Martijn de Jong	DWK	NED	197101659	<b>1:18.23</b>	+0.93	37.35	1:18.23
11. Erik Veltman	Stadskanaal	NED	197200941	<b>1:21.09</b>	+0.90	36.52	1:21.09

Masters 50+

1. Glen Le Clercq	De Rog	NED	196800177	<b>1:06.45</b>	+0.76	31.41	1:06.45
2. Romuald Kozłowski	Legia Warszawa	POL		<b>1:07.76</b>	+0.79	31.65	1:07.76
3. Richard Rickson	Zwemsport Parkstad (SG)	NED	197000841	<b>1:08.19</b>	+0.84	32.67	1:08.19
4. René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>1:08.97</b>	+0.77	31.41	1:08.97
5. Harold Matla	PSV	NED	196800591	<b>1:10.08</b>	+0.89	34.01	1:10.08
6. Tomas Zemaitis	Klaipėdos plaukimo klubas	LTU		<b>1:10.90</b>	+0.75	32.12	1:10.90
<i>Lithuanian Masters Record</i>							
7. Kees Akershoek	SGGO (SG)	NED	196900009	<b>1:12.86</b>	+0.72	34.04	1:12.86
8. Ingmar de Gelder	ZOB'66	NED	197000333	<b>1:13.68</b>	+0.74	35.36	1:13.68
9. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:14.85</b>	+0.83	34.73	1:14.85

onjuistheden / mistakes?

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Programmanr. 24, Heren, 100m wisselslag, Masters 50+

rang naam	vereniging			tijd	RT	PARA	50m	100m
10. Gerco Schakel	DWK	NED	196900849	<b>1:18.85</b>	+0.94		36.38	1:18.85
11. Hans Schoenmakers	DAW	NED	196900863	<b>1:20.09</b>	+0.78		40.27	1:20.09
12. Richard Hill	De Duinkickers	NED	196601651	<b>1:21.09</b>	+0.71		36.90	1:21.09
13. Roelof Broekman	De Spatters	NED	196800155	<b>1:21.23</b>	+0.81		37.79	1:21.23
14. Marcel Brittijn	De Duinkickers	NED	196900159	<b>1:24.51</b>	+0.63		40.22	1:24.51

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	<b>1:05.29</b>	+0.71		29.45	1:05.29
2. Peter Bernsen	De Rog	NED	196301119	<b>1:07.44</b>	+0.56		31.27	1:07.44
3. Wiljam Nijenhuis	De IJsel	NED	196400547	<b>1:11.30</b>	+0.75		33.40	1:11.30
4. Matthijs van den Adel	De Otters Het Gooi	NED	196501637	<b>1:12.15</b>	+0.76		33.31	1:12.15
5. Ron Korzelius	ZPC AMERSFOORT	NED	196500513	<b>1:14.23</b>	+0.72		34.20	1:14.23
6. Arlandas Antanas Juodeska	Kauno Takas	LTU		<b>1:16.19</b>	+0.72		35.49	1:16.19
7. Robert de Brauwer	De Duinkickers	NED	196401383	<b>1:18.00</b>	+0.84		35.58	1:18.00
8. Erik Saan	De Duck	NED	196500769	<b>1:18.45</b>	+1.02		36.22	1:18.45
9. Ralph Caster	RZ	NED	196100069	<b>1:21.44</b>	+0.86		38.81	1:21.44
10. Wilbert Barten	Nautilus	NED	196401373	<b>1:21.99</b>			38.73	1:21.99
11. Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	<b>1:22.82</b>	+0.88		39.41	1:22.82
12. Jan Smalheer	SCOM	NED	196400701	<b>1:23.91</b>	+1.05		40.09	1:23.91
13. Fred Dijkshoorn	Albion WSS (SG)	NED	196501539	<b>1:24.42</b>	+0.81		38.22	1:24.42
14. Bart van Calker	WS Twente	NED	196100067	<b>1:31.84</b>	+0.92		43.59	1:31.84
DIS Oskar Jansen	Albion WSS (SG)	NED	196201293					

*RH - Het eindpunt niet in rugligging aangeraakt.*

NG.ZA Erik Wetsteijn	SWOL 1894	NED	196501019					
AFGEM Kees-Jan van Overbeeke	WVW Winterswijk	NED	196200489					

Masters 60+

1. Fred Ketting	PSV	NED	196000289	<b>1:10.96</b>	+0.82		32.96	1:10.96
2. Sigita Katkevicius	Dzukijos Vandenis	LTU		<b>1:12.19</b>	+0.74		34.44	1:12.19
3. Paul Bunnik	Triton	NED	195600413	<b>1:16.94</b>	+0.71		37.22	1:16.94
4. Mark Eligh	ZPC AMERSFOORT	NED	195700497	<b>1:17.35</b>	+0.73		35.02	1:17.35
5. Wim de Lange	AZC	NED	195800533	<b>1:18.53</b>	+0.69		37.16	1:18.53
6. Ron van der Meer	De Gelenberg	NED	196000975	<b>1:19.77</b>	+0.82		37.66	1:19.77
7. Christian Schoenaers	CNSW	BEL	007131/59	<b>1:29.63</b>	+1.04		44.39	1:29.63

Masters 65+

1. Alexander Mills	Hamar Idrettslag	NOR	M221251ALE01	<b>1:13.49</b>	+0.84		34.17	1:13.49
<i>Norwegian Masters Record</i>								
2. Jean-Marie Cadiat	CNSW	BEL	000243/53	<b>1:15.40</b>	+0.93		35.10	1:15.40
3. Peter Gulyas	Dunakanyar	HUN		<b>1:17.28</b>	+0.63		37.10	1:17.28
4. Hans Wijsman	PSV	NED	195500427	<b>1:20.00</b>	+0.85		38.45	1:20.00

Masters 70+

1. Piet Schop	De Bevelanders	NED	195000109	<b>1:25.00</b>	+0.64		39.64	1:25.00
<i>Nederlands Masters Record</i>								
2. Jan Nuijten	PSV	NED	194900175	<b>1:37.91</b>	+0.76		44.62	1:37.91
3. Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>2:13.60</b>	+1.09		1:04.36	2:13.60

Masters 75+

1. Willem Putter	ZVVS	NED	194500135	<b>1:41.51</b>	+1.16		48.75	1:41.51
2. Geza Kaltenecker	AZC	NED	194200065	<b>1:47.55</b>	+0.91		53.42	1:47.55



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 24, Heren, 100m wisselslag

Masters 80+

1. Frans van Enst	WS Twente	NED	194000011	<b>1:44.61</b>	+1.06	48.68	1:44.61
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Programmanr. 25  
25-01-2020 - 14:06

Dames, 100m wisselslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
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Masters 20+

1. Nikita van den Ouden	Nuenen	NED	199900622	<b>1:05.42</b>	+0.69		30.15	1:05.42
2. Selene Wortel	Hieronymus	NED	199700654	<b>1:06.37</b>	+0.67		30.79	1:06.37
3. Babette van der Kaaij	Rotterdam Swimming (SG)	NED	199902234	<b>1:07.91</b>	+0.65		30.01	1:07.91
4. Maaïke van Veen	Dedemsvaart-AC	NED	199700292	<b>1:08.20</b>	+0.65		31.02	1:08.20
5. Marije Dinkelberg	Albion WSS (SG)	NED	199703192	<b>1:08.32</b>	+0.71		31.22	1:08.32
6. Laura Compagner	Dedemsvaart-AC	NED	199804602	<b>1:09.10</b>	+0.65		31.00	1:09.10
7. Christel Brugmans	Hieronymus	NED	200005602	<b>1:09.14</b>	+0.71		32.81	1:09.14
8. Melissa van der Heijden	ZPV Barracuda	NED	199605226	<b>1:09.25</b>	+0.69		32.14	1:09.25
9. Annabel Kuipers	DWK	NED	200001076	<b>1:09.50</b>	+0.70		32.24	1:09.50
10. Chantal Beijer	DWT	NED	199700884	<b>1:09.88</b>	+0.74		32.10	1:09.88
11. Maike van de Velde	ZPCH	NED	200000382	<b>1:10.46</b>	+0.62		32.72	1:10.46
12. Manon Kloosterman	De Bevelanders	NED	199702082	<b>1:10.72</b>	+0.76		33.15	1:10.72
13. RICHENNE Zeebregts	Nuenen	NED	199801818	<b>1:11.20</b>	+0.60		32.67	1:11.20
14. Mirelle de Kort	Neptunus'58	NED	200005546	<b>1:12.30</b>	+0.67		33.43	1:12.30
15. Lindy Elkerbout	De Veene	NED	200000604	<b>1:12.46</b>	+0.77		32.59	1:12.46
16. Anoeska van de Kraats	DWK	NED	199701284	<b>1:12.92</b>	+0.68		35.01	1:12.92
17. Romy Verhagen	De Amstel	NED	199904110	<b>1:13.46</b>	+0.66		32.60	1:13.46
18. Adaja Stoetman	WVZ	NED	199600348	<b>1:13.97</b>	+0.80		34.21	1:13.97
19. Iris van der Moolen	De Amstel	NED	199902052	<b>1:14.24</b>	+0.73		33.06	1:14.24
20. Lisanne Seising	VZC	NED	200002084	<b>1:14.31</b>	+0.65		35.13	1:14.31
21. Lincy de Winter	The Hague Swimming (SG)	NED	199805886	<b>1:14.93</b>	+0.71		33.99	1:14.93
22. Eef Hollander	The Hague Swimming (SG)	NED	199602074	<b>1:14.96</b>	+0.73		33.90	1:14.96
23. Rianne van Rijssen	Noord Veluwe	NED	199702360	<b>1:15.10</b>	+0.77		36.19	1:15.10
24. Kimberly Coenders	De Lansingh	NED	199900880	<b>1:15.43</b>	+0.75		36.02	1:15.43
25. Mariëlle van der Vaart	ZVVS	NED	200000994	<b>1:15.48</b>	+0.72		34.67	1:15.48
26. Lotte Rougoor	Dedemsvaart-AC	NED	200000774	<b>1:15.58</b>	+0.70		32.73	1:15.58
27. Amber van de Kraats	VZC	NED	199900236	<b>1:16.20</b>	+0.66		35.29	1:16.20
28. Moniek Heemskerck	ZVL-1886 Tetteroo	NED	199601964	<b>1:16.39</b>	+0.61		35.28	1:16.39
29. Céline Verhoef	De Duck	NED	199604476	<b>1:16.64</b>	+0.69		35.53	1:16.64
30. Sheila Ten Voorde	ZVV	NED	199904538	<b>1:16.89</b>	+0.87		35.28	1:16.89
31. Iris van Berkel	ZPV Barracuda	NED	200000476	<b>1:17.05</b>	+0.59		35.95	1:17.05
32. Jet Kleine	MSV-Zeemacht	NED	199903384	<b>1:17.17</b>	+0.51		34.99	1:17.17
33. Alies Wagter	Steenwijk 1934	NED	199900840	<b>1:18.77</b>	+0.81		36.48	1:18.77
34. Danique de Vegt	ESCA Zwemmen	NED	199802692	<b>1:19.18</b>	+0.73		36.35	1:19.18
35. Dian van Leeuwen	Nuenen	NED	199803838	<b>1:19.88</b>	+0.61		36.13	1:19.88
36. Brighid van Uffelen	ZPB H&L Productions	NED	199800310	<b>1:20.79</b>	+0.70		36.90	1:20.79
37. Chantal van der Vaart	ZVVS	NED	199802266	<b>1:20.82</b>	+0.64		37.39	1:20.82
38. Gwendoline Kruit	De Lansingh	NED	199802084	<b>1:22.63</b>	+0.80		36.27	1:22.63
39. Marrit Esman	Montferland	NED	199604370	<b>1:23.88</b>	+0.87		38.06	1:23.88
40. Lillianne Sweere	ZC AquaDream	NED	199704376	<b>1:26.48</b>	+0.68		38.15	1:26.48
41. Nadine Scheeve	De Biesboschzwemmers	NED	199700684	<b>1:27.21</b>	+0.76		40.61	1:27.21
42. Thirza Bollema	Deltasteur	NED	200003322	<b>1:27.27</b>	+0.77		39.63	1:27.27
43. Naomi Slamp	De Veene	NED	200000400	<b>1:28.53</b>	+0.80		39.31	1:28.53
44. Kim Hamakers	De Rog	NED	199803214	<b>1:30.63</b>	+0.84		42.41	1:30.63
45. Kim van Rossum	ZC AquaDream	NED	199706374	<b>1:43.36</b>	+1.12		51.37	1:43.36
46. Mariska Scholts	Rotterdam Swimming (SG)	NED	199606804	<b>1:49.48</b>	+0.85		54.01	1:49.48
AFGEM Winnie de Vries	De Wellerobben	NED	199606766					

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28-01-2020 19:47 - pagina 92





Programmanr. 25, Dames, 100m wisselslag

Masters 25+

1. Yvon Versteeg	De Veene	NED	199201864	<b>1:04.71</b>	+0.71	30.94	1:04.71
<i>Nederlands Masters Record</i>							
2. Karin Groen	De Zwemlinie (SG)	NED	199502440	<b>1:09.07</b>	+0.64	31.84	1:09.07
3. Fiona Meuffels	RZ	NED	199504366	<b>1:10.08</b>	+0.70	33.34	1:10.08
4. Denise Boereboom	ZPV Barracuda	NED	199202144	<b>1:10.13</b>	+0.77	31.74	1:10.13
5. Zoë van der Aart	De Dolfijn	NED	199503152	<b>1:10.42</b>	+0.77	31.29	1:10.42
6. Lianne Slagter	ESCA Zwemmen	NED	199500940	<b>1:12.02</b>	+0.59	33.72	1:12.02
7. Whitney van Hoeckel	DIO	NED	199402390	<b>1:12.32</b>	+0.77	33.94	1:12.32
8. Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>1:12.41</b>	+0.82	33.13	1:12.41
9. Nikki Hoogeboom	De IJsel	NED	199301196	<b>1:12.43</b>	+0.79	33.29	1:12.43
10. Karin Verbeek	Nautilus	NED	199201848	<b>1:12.56</b>	+0.59	34.28	1:12.56
11. Isabelle Massar	WVZ	NED	199102034	<b>1:12.75</b>	+0.81	33.39	1:12.75
12. Karen Stolk	De Dolfijn	NED	199403950	<b>1:12.79</b>	+0.75	33.07	1:12.79
13. Linda van der Voort	ZVL-1886 Tetteroo	NED	199207784	<b>1:13.62</b>	+0.58	34.78	1:13.62
14. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824	<b>1:13.86</b>	+0.65	32.69	1:13.86
15. Yvette de Gier	De Columbian	NED	199402124	<b>1:14.67</b>	+0.60	35.40	1:14.67
16. Eline van Gemert	De Meer	NED	199505458	<b>1:17.46</b>	+0.65	36.27	1:17.46
17. Leontine Groeneveldt	De Duck	NED	199303526	<b>1:18.30</b>	+0.65	36.72	1:18.30
18. Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>1:18.74</b>	+0.60	35.80	1:18.74
19. Eva Kattouw	De Ward	NED	199407168	<b>1:19.00</b>	+0.70	34.43	1:19.00
20. Lorena Martin Sanchez	Club Natacion Cuatro Caminos	ESP		<b>1:20.55</b>	+0.88	36.25	1:20.55
21. Suzanne Tetteroo	ZPC De Zeeuwse Kust	NED	199104384	<b>1:22.03</b>		39.06	1:22.03
22. Nicky Vanhijfte	Scheldestroom	NED	199201806	<b>1:22.22</b>	+0.74	37.65	1:22.22
23. Lonneke Oenema	Steenwijk 1934	NED	199102314	<b>1:22.47</b>	+0.61	38.13	1:22.47
24. Kelly Bockting	Montferland	NED	199104050	<b>1:22.82</b>	+0.64	39.05	1:22.82
25. Kimberley van Wijk	De Columbian	NED	199402040	<b>1:23.37</b>	+0.77	36.85	1:23.37
26. Nicole van Zuilen	Zwemvereniging Hoogland	NED	199505428	<b>1:23.95</b>	+0.97	38.35	1:23.95
27. Tessa Kerkvliet	ZVL-1886 Tetteroo	NED	199202428	<b>1:26.69</b>	+0.92	38.86	1:26.69
28. Henriette Dijkdrent	LinK	NED	199307886	<b>1:40.82</b>	+0.68	46.28	1:40.82
DIS Ramona Noordermeer	ZVVS	NED	199401746				
<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>							
AFGEM Elvira Feikens	De Spatters	NED	199506982				
NG Mabel Suli	WVZ	NED	199307964				

Masters 30+

1. Jolanda Post	DIO	NED	199004848	<b>1:08.08</b>	+0.69	31.77	1:08.08
2. Marlijn Hendriksen	DIO	NED	198806828	<b>1:10.64</b>	+0.64	33.02	1:10.64
3. Marion Regnier	CNSW	BEL	009410/90	<b>1:10.79</b>	+0.67	33.41	1:10.79
4. Elmi Roelofsen	ZVV	NED	199008198	<b>1:11.26</b>	+0.75	31.76	1:11.26
5. Sabine Lina	ZPC Woerden	NED	198902680	<b>1:14.18</b>	+0.72	33.67	1:14.18
6. Monique Remst	AZC	NED	198706236	<b>1:15.21</b>	+0.80	35.38	1:15.21
7. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>1:15.47</b>	+0.80	34.80	1:15.47
8. Suzan Blankestijn	ZVL-1886 Tetteroo	NED	198900350	<b>1:15.87</b>	+0.63	35.60	1:15.87
9. Monique Pronk	WVZ	NED	198803528	<b>1:17.15</b>	+0.66	36.05	1:17.15
10. Chantal Veneman	Rotterdam Swimming (SG)	NED	198704232	<b>1:20.87</b>		36.39	1:20.87
11. Eline Nijskens	De Marlijn (SG)	NED	198803194	<b>1:21.05</b>	+0.90	39.26	1:21.05
12. Diana Hemstede-Lammers	De Veene	NED	198902572	<b>1:22.14</b>	+0.80	37.50	1:22.14
13. Esther van Maastrigt	Montferland	NED	198802836	<b>1:22.32</b>	+0.75	37.51	1:22.32
14. Tessa Verheijdt	WVZ	NED	198904290	<b>1:23.47</b>	+0.83	39.40	1:23.47
15. Lindsey Hol	De Meer	NED	199008088	<b>1:24.44</b>	+0.63	38.00	1:24.44
16. Michal Thiele	PSV	NED	199003730	<b>1:24.45</b>	+0.72	38.70	1:24.45
17. Whitley Rens	De Schoteijl	NED	199007520	<b>1:25.39</b>	+0.81	37.40	1:25.39
18. Dorien Vasseur	Scheldestroom	NED	198704164	<b>1:29.10</b>	+0.66	42.65	1:29.10
19. Ingrid Johannes	De Kempvis	NED	198907370	<b>1:30.20</b>	+0.78	40.67	1:30.20
20. Janneke Wynia	WS Twente	NED	199005500	<b>1:32.81</b>	+0.99	44.89	1:32.81
21. Xandra Otter	WIDEX GZC DONK	NED	199006046	<b>1:36.79</b>	+0.88	45.66	1:36.79
22. Anouk Bloem	TRB-RES	NED	199000320	<b>1:43.74</b>	+0.82	48.47	1:43.74
AFGEM Margot Tijnagel	Triton	NED	198806872				



Programmanr. 25, Dames, 100m wisselslag

Masters 35+

1. Agnieszka Wysocka	Aer Lingus Masters	IRL	30026889	<b>1:11.54</b>	+0.56	32.79	1:11.54
2. Agnieszka Kaczmarek	Legia Warszawa	POL		<b>1:11.77</b>	+0.79	32.21	1:11.77
3. Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>1:12.41</b>	+0.68	32.12	1:12.41
4. Laura Badoux	DAW	NED	198200038	<b>1:13.23</b>	+0.73	34.22	1:13.23
5. Ann Wanter	Zwemclub Geel	BEL	21082/82	<b>1:13.57</b>	+0.79	33.62	1:13.57
6. Nadya Putter	ZVVS	NED	198301630	<b>1:14.49</b>	+0.61	34.36	1:14.49
7. Sylvia Reijers	De Gelenberg	NED	198201360	<b>1:19.21</b>	+0.76	35.27	1:19.21
8. Clara Groenhorst	ZVVS	NED	198202506	<b>1:33.16</b>	+0.87	43.03	1:33.16
9. Karin Vermeer	De Rog	NED	198302918	<b>1:38.66</b>	+0.69	46.05	1:38.66
10. Marloes Rebel	WS Twente	NED	198403474	<b>1:39.61</b>	+1.02	43.28	1:39.61
DIS Elke Popma - Blox	Tiamat	NED	198200154				

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 40+

1. Delia Badoux	WVZ	NED	198000042	<b>1:09.34</b>	+0.76	32.13	1:09.34
<i>Nederlands Masters Record</i>							
2. Monique Boets	Stadskanaal	NED	197600230	<b>1:14.89</b>	+0.85	34.92	1:14.89
3. Marjon v. Kempen	De Schotejil	NED	198000578	<b>1:15.71</b>	+0.64	33.57	1:15.71
4. Kika Meijers	SWOL 1894	NED	198000736	<b>1:16.11</b>	+0.80	36.17	1:16.11
5. Jessica Klaassen	De Marlijn (SG)	NED	197901536	<b>1:17.82</b>	+0.57	36.06	1:17.82
6. Miranda Boer	WIDEX GZC DONK	NED	197601130	<b>1:18.06</b>	+0.85	37.16	1:18.06
7. Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>1:19.45</b>		35.56	1:19.45
8. Fabiola Bosman	Deltasteur	NED	197701148	<b>1:24.50</b>		38.62	1:24.50
9. Jessica Venema	WIDEX GZC DONK	NED	197901526	<b>1:24.72</b>	+0.86	38.31	1:24.72
10. Marjon Boidin	Old Dutch	NED	197601000	<b>1:27.45</b>	+0.90	39.72	1:27.45
11. Ingeborg Speelman Hamelink	De Marlijn (SG)	NED	197601028	<b>1:29.12</b>	+0.89	42.37	1:29.12
12. Margriet Daalman	De Spatters	NED	197801368	<b>1:31.03</b>	+0.63	40.75	1:31.03
13. Esther van Buren	De Duinkickers	NED	198001670	<b>1:35.11</b>	+0.78	43.88	1:35.11
14. Saskia Oostdijk	ZPC De Hof	NED	197801386	<b>1:35.87</b>	+0.95	44.10	1:35.87

Masters 45+

1. Gudule van der Meer	PSV	NED	197200396	<b>1:11.49</b>	+0.81	32.47	1:11.49
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:15.77</b>	+0.77	35.12	1:15.77
3. Geraldine Trainor	De Duck	NED	197500544	<b>1:17.12</b>		35.99	1:17.12
4. Mirjan den Drijver	Albion WSS (SG)	NED	197500884	<b>1:18.67</b>	+0.88	35.93	1:18.67
5. Nadège van Meeteren	De Meer	NED	197400736	<b>1:20.76</b>	+0.81	38.94	1:20.76
6. Henriëtte Manting	GZVW	NED	197100246	<b>1:25.32</b>	+0.92	38.95	1:25.32
7. Virginie Pot	Dunkerque Natation	FRA	1405154	<b>1:25.97</b>		40.08	1:25.97
8. Inken Wemheuer	DWT	NED	197101016	<b>1:27.77</b>	+0.80	41.84	1:27.77
9. Nathasja Konijn	WIDEX GZC DONK	NED	197100992	<b>1:30.67</b>	+0.68	41.69	1:30.67
10. Ursula Spoelstra-de Groot	WS Twente	NED	197200952	<b>1:33.77</b>	+0.96	44.66	1:33.77
11. Esther Wouters	De Rog	NED	197300968	<b>1:34.63</b>	+0.71	45.52	1:34.63
12. Evelien Naatje	WS Twente	NED	197200838	<b>1:36.00</b>	+0.95	43.86	1:36.00
13. Katrina Boutwell	AZC	NED	197201036	<b>1:39.72</b>	+0.91	43.88	1:39.72
14. Greta Wyma-Teitsma	DWK	NED	197100696	<b>1:41.78</b>	+0.81	47.53	1:41.78

Masters 50+

1. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>1:15.26</b>	+0.84	35.65	1:15.26
2. Monique Tuijp	WZ&PC Purmerend	NED	196900800	<b>1:16.39</b>	+0.82	35.26	1:16.39
3. Iris van Aurich	DWK	NED	196900866	<b>1:19.16</b>	+0.61	37.92	1:19.16
4. Jacqueline Tuin	DAW	NED	196600690	<b>1:20.61</b>	+0.78	38.13	1:20.61
5. Caroline Schreuder	Triton	NED	196700550	<b>1:23.97</b>	+0.79	37.58	1:23.97
6. Henriëtte v. Norden	ZPC AMERSFOORT	NED	196800046	<b>1:24.00</b>	+1.01	38.90	1:24.00
7. Fernanda van der Velde	d'ELFT	NED	196600762	<b>1:25.33</b>	+0.87	39.50	1:25.33
8. Irna van der Molen	WS Twente	NED	196900938	<b>1:30.13</b>	+0.72	42.78	1:30.13
9. Sandra Daamen-Posma	AZC	NED	196800854	<b>1:34.09</b>	+1.18	45.78	1:34.09
10. Hetty Smalheer	SCOM	NED	196700352	<b>1:34.44</b>	+0.97	45.32	1:34.44

Programmanr. 25, Dames, 100m wisselslag, Masters 50+

rang naam	vereniging			tijd	RT	PARA	50m	100m
11. Marella Verhagen-den Ouden	De Amstel	NED	196800948	<b>1:36.14</b>	+0.94		42.25	1:36.14
12. Miriam Stevens	Budel	NED	196900988	<b>1:36.91</b>	+1.09		44.56	1:36.91
13. Caroline Kruger	Albion WSS (SG)	NED	196800928	<b>1:39.25</b>	+0.80		47.94	1:39.25
14. Ageeth Westenbrink	De Rog	NED	196700712	<b>1:40.28</b>	+1.01		48.59	1:40.28
15. Linda Goderie	Rotterdam Swimming (SG)	NED	196900976	<b>1:42.50</b>	+0.91		48.68	1:42.50

Masters 55+

1. Allie Price	Cardiff Masters	GBR	547582	<b>1:14.57</b>			33.74	1:14.57
2. Marjan Remmits	ZPC Woerden	NED	196300518	<b>1:17.10</b>	+0.84		36.28	1:17.10
3. Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	<b>1:23.39</b>	+0.71		38.18	1:23.39
4. Feikje Wittermans	WIDEX GZC DONK	NED	196400408	<b>1:23.67</b>	+0.88		37.97	1:23.67
5. Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>1:24.88</b>	+0.55		39.64	1:24.88
6. Annemarie Vuist-Blum	SWOL 1894	NED	196300282	<b>1:28.10</b>	+0.88		42.07	1:28.10
7. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	<b>1:32.44</b>	+0.77		42.90	1:32.44
8. Wilma Lammers-Wigman	Montferland	NED	196400614	<b>1:37.03</b>	+0.83		43.93	1:37.03
9. Jenny Westervaarder	H2Oldambt	NED	196200424	<b>1:43.85</b>	+0.85		50.05	1:43.85
10. Riekje Schra	Steenwijk 1934	NED	196400404	<b>2:31.09</b>	+1.30		1:17.41	2:31.09

Masters 60+

1. Marijke Kraak-Beckers	WS Twente	NED	196000240	<b>1:25.99</b>	+0.83		40.83	1:25.99
2. Hannie Poletiek	TriVia	NED	195900278	<b>1:34.77</b>	+0.93		45.58	1:34.77
3. Jennie Resink-lindeboom	DWK	NED	196000142	<b>1:41.53</b>			48.21	1:41.53
4. Lia Bijkerk	WIDEX GZC DONK	NED	196000014	<b>1:44.87</b>	+0.94		51.64	1:44.87
5. Willy Schoenmaker-ter Veer	DWK	NED	195900254	<b>1:55.07</b>	+0.91		54.34	1:55.07
6. Anje Manuputty	PSV	NED	195700176	<b>1:59.54</b>	+0.91		1:04.96	1:59.54
7. Mies Kuipers	Old Dutch	NED	195800202	<b>2:12.94</b>	+0.89		1:05.85	2:12.94
DIS Karien Musters	Old Dutch	NED	195800236					

RH - Het eindpunt niet in rugligging aangeraakt.

Masters 65+

1. Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>1:28.00</b>	+0.71		40.90	1:28.00
2. Ineke Meijer	HZ&PC Heerenveen	NED	195200034	<b>1:54.63</b>	+0.77		55.97	1:54.63
NG.ZA Tineke van Diggelen	ZPCH	NED	195200048					

Masters 70+

1. Corrie Verhoeven	PSV	NED	194600026	<b>1:34.73</b>	+0.73		45.49	1:34.73
2. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>2:01.27</b>			59.63	2:01.27

Programmanr. 26  
25-01-2020 - 14:41

Heren, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m	150m	200m
<b>Masters 20+</b>										
1. Kalle van Gemert	ZPC De Zeeuwse Kust	NED	199801259	<b>1:56.28</b>	+0.63		26.67	56.24	1:26.41	1:56.28
2. Arjan Dekker	ReVeLie Swim Team	NED	200000499	<b>1:58.27</b>	+0.65		27.26	57.25	1:27.81	1:58.27
3. Otto Pranger	Albion WSS (SG)	NED	200000007	<b>1:58.93</b>	+0.65		27.81	58.65	1:29.23	1:58.93
4. Sepp Kalter	Dedemsvaart-AC	NED	199704327	<b>1:59.96</b>	+0.78		27.10	57.96	1:29.37	1:59.96
5. Jacob Mackloet	De Schoteijl	NED	200001171	<b>2:01.65</b>	+0.69		27.49	58.24	1:29.84	2:01.65
6. Dennis Wildeboer	De Zwemlinie (SG)	NED	199800571	<b>2:01.79</b>	+0.75		27.95	58.36	1:29.86	2:01.79
7. Robin van Beek	ZVL-1886 Tetteroo	NED	199704023	<b>2:02.98</b>	+0.69		27.65	58.30	1:30.52	2:02.98
8. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	<b>2:03.04</b>	+0.75		27.77	58.77	1:30.59	2:03.04
9. Derk Jan Speelman	Rotterdam Swimming (SG)	NED	199602425	<b>2:04.64</b>	+0.63		27.87	59.64	1:32.21	2:04.64
10. Jeroen Louwinger	De Rijn	NED	199900583	<b>2:06.10</b>	+0.71		28.54	1:00.38	1:33.43	2:06.10
11. Daan Siebenheller	ZOB'66	NED	199804955	<b>2:06.27</b>	+0.68		29.28	1:01.71	1:34.39	2:06.27

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 26, Heren, 200m vrije slag, Masters 20+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
12. Leon Kloots	ZPC De Hof	NED 200001363	<b>2:09.18</b>	+0.78	29.28	1:02.08	1:36.66	2:09.18
13. Jordy van Oel	WVZ	NED 199802003	<b>2:09.74</b>	+0.81	29.09	1:02.15	1:36.23	2:09.74
14. Patrick Wyrdeeman	Albion WSS (SG)	NED 199702475	<b>2:12.44</b>	+0.52	31.24	1:05.23	1:39.16	2:12.44
15. Martijn Bartels	ZPC AMERSFOORT	NED 199603493	<b>2:16.14</b>	+1.05	30.64	1:05.26	1:40.68	2:16.14
16. Dylan Kalden	De Duck	NED 200003283	<b>2:17.85</b>	+0.76	30.23	1:04.55	1:40.97	2:17.85
17. Diederik de Boer	Steenwijk 1934	NED 200000269	<b>2:18.06</b>	+0.76	29.55	1:02.95	1:39.54	2:18.06
18. Lars Jacobsen	DWK	NED 199705453	<b>2:18.83</b>	+0.79	31.78	1:06.80	1:43.26	2:18.83
19. Nick Boekestijn	Albion WSS (SG)	NED 199900291	<b>2:20.20</b>	+0.61	31.85	1:07.68	1:45.03	2:20.20
20. Erik Baalbergen	ZVL-1886 Tetteroo	NED 199805775	<b>2:21.03</b>	+0.83	30.90	1:06.39	1:43.88	2:21.03

Masters 25+

1. Timo Dinkelberg	Albion WSS (SG)	NED 199300773	<b>1:58.09</b>	+0.67	27.66	57.95	1:29.01	1:58.09
2. Jelle Nap	VZC	NED 199502875	<b>1:58.24</b>	+0.75	27.89	58.48	1:29.02	1:58.24
3. Pablo Benavides Lopez	Club Natacion Cuatro Camino	ESP	<b>2:00.26</b>	+0.68	27.40	57.36	1:28.85	2:00.26
4. Joeri Scheidt	VZC	NED 199102011	<b>2:02.36</b>	+0.65	28.26	59.29	1:30.91	2:02.36
5. Nick Sijmons	De Amstel	NED 199500491	<b>2:02.37</b>	+0.67	27.90	59.69	1:31.57	2:02.37
6. Lars Schoffelmeyer	ZPB H&L Productions	NED 199501907	<b>2:02.48</b>	+0.77	27.84	58.17	1:30.05	2:02.48
7. Jeroen Bastijns	Club Natacion Cuatro Camino	ESP	<b>2:04.20</b>	+0.72	27.65	58.42	1:31.19	2:04.20
8. Jeffrey Camphens	DWT	NED 199503113	<b>2:05.93</b>	+0.64	28.47	1:00.10	1:32.81	2:05.93
9. Bart Kiesewetter	TRB-RES	NED 199101203	<b>2:09.83</b>	+0.75	29.65	1:03.19	1:36.95	2:09.83
10. Rens Post	WVZ	NED 199101827	<b>2:09.89</b>	+0.72	29.52	1:02.05	1:35.90	2:09.89
11. Jorden Theijink	ZPC De Hof	NED 199400323	<b>2:10.69</b>	+0.68	29.33	1:02.30	1:36.39	2:10.69
12. Tom van Gils	ZPC De Zeeuwse Kust	NED 199501799	<b>2:17.58</b>	+0.60	30.61	1:04.66	1:40.60	2:17.58
13. Leffert Lansink	De Dolfijn	NED 199206865	<b>2:25.46</b>	+0.78	32.53	1:09.14	1:47.50	2:25.46
14. Patrick Wobben	Steenwijk 1934	NED 199300559	<b>2:49.13</b>	+0.74	36.35	1:18.91	2:03.64	2:49.13

Masters 30+

1. Klaas van Beek	ZV Haerlem	NED 198805941	<b>1:59.90</b>	+0.71	27.61	57.72	1:28.57	1:59.90
2. Alex Schelvis	Link	NED 198702927	<b>2:00.55</b>	+0.77	26.98	56.65	1:27.77	2:00.55
3. Olaf Achterberg	VZC	NED 199000011	<b>2:02.60</b>	+0.77	28.00	59.39	1:32.18	2:02.60
4. Rutger Dalm	De Lansingh	NED 199005561	<b>2:03.12</b>	+0.74	28.22	58.77	1:31.03	2:03.12
5. Tim Bunnik	Triton	NED 199000505	<b>2:05.79</b>	+0.77	28.86	1:00.70	1:33.61	2:05.79
6. Yvo op den Kamp	MZ&PC	NED 198901553	<b>2:08.56</b>	+0.72	30.51	1:03.83	1:36.61	2:08.56
7. Rick Driezen	Steenwijk 1934	NED 198600713	<b>2:13.79</b>	+0.79	30.97	1:04.73	1:39.69	2:13.79
8. Haico Weijers	ZPC Numansdorp	NED 198803759	<b>2:14.73</b>	+0.71	30.48	1:04.00	1:39.54	2:14.73
9. Dick Kampman	Zwemvereniging Hoogland	NED 198801789	<b>2:14.94</b>	+0.90	31.20	1:05.11	1:40.09	2:14.94
10. Bastian Zoon	SGGO (SG)	NED 198703929	<b>2:16.63</b>	+0.69	30.66	1:05.78	1:41.91	2:16.63
11. Wessel Everloo	WS Twente	NED 198906597	<b>2:18.10</b>	+0.83	31.49	1:07.48	1:43.99	2:18.10
12. Renaldas Ratkus	Kauno Takas	LTU	<b>2:20.78</b>	+0.75	32.59	1:07.71	1:44.45	2:20.78
13. Stefan Oostendorp	AZC	NED 199005615	<b>2:21.82</b>	+0.83	31.43	1:06.25	1:43.13	2:21.82
14. Melano Winter	AZ&PC De Futen	NED 198703847	<b>2:22.70</b>	+0.90	32.94	1:09.24	1:46.62	2:22.70
15. Mark Godwaldt	PSV	NED 198701039	<b>2:26.42</b>	+0.94	31.98	1:08.27	1:47.65	2:26.42
16. Jeroen Grinwis	De Inktvis	NED 198906813	<b>2:30.76</b>	+0.81	34.06	1:11.74	1:51.72	2:30.76

Masters 35+

1. Nick Valentine	Tynemouth ASC	GBR 557787	<b>2:02.33</b>	+0.77	28.76	1:00.24	1:31.68	2:02.33
2. Kristiaan Lenos	ZVL-1886 Tetteroo	NED 198301331	<b>2:02.66</b>	+0.72	28.21	59.53	1:31.13	2:02.66
3. Roel van der Kruijs	De Gelingen	NED 198501491	<b>2:09.73</b>	+0.76	29.73	1:02.33	1:36.31	2:09.73
4. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:10.07</b>	+0.79	29.32	1:02.16	1:36.09	2:10.07
5. J. Arrebola Rodriguez	Club Natacion Cuatro Camino	ESP	<b>2:11.32</b>	+0.68	30.59	1:03.76	1:37.55	2:11.32
6. Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED 198401297	<b>2:13.31</b>	+0.77	29.96	1:03.31	1:37.81	2:13.31
7. Mark Musch	Zwemlust- den Hommel	NED 198401609	<b>2:18.61</b>	+0.78	31.97	1:07.69	1:42.89	2:18.61
8. Sigitas Tachtarovas	Klaipedos plaukimo klubas	LTU	<b>2:21.95</b>	+0.73	30.40	1:05.72	1:43.57	2:21.95
9. Sebastiaan Baars	WS Twente	NED 198300053	<b>2:30.48</b>	+0.89	33.70	1:11.61	1:50.98	2:30.48
10. Nicolas Slegers	CNSW	BEL 005301/84	<b>2:35.61</b>	+0.76	35.58	1:14.47	1:55.42	2:35.61

Programmanr. 26, Heren, 200m vrije slag

Masters 40+

1. Øivind Martin Hasle	I.L. Varg	NOR M260777ØIV01	<b>1:57.56</b>	+0.82	27.29	56.50	1:26.76	1:57.56
<i>Kampioenschaps Record, Norwegian Masters Record</i>								
2. Marcin Kaczmarek	Legia Warszawa	POL	<b>1:58.39</b>	+0.75	27.52	57.11	1:27.67	1:58.39
<i>Polish Masters Record</i>								
3. Nol van Thull	De Lansingh	NED 198001513	<b>1:59.93</b>	+0.76	27.62	58.14	1:29.43	1:59.93
4. Ivo Roozeboom	WVZ	NED 197700801	<b>2:07.97</b>	+0.76	28.69	1:02.12	1:35.94	2:07.97
5. Dennis Dortland	ZPV Barracuda	NED 197800261	<b>2:15.89</b>	+0.82	30.55	1:05.29	1:40.76	2:15.89
6. Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED 197800703	<b>2:19.19</b>	+0.64	30.94	1:05.62	1:42.55	2:19.19
7. Raymond Oosterbaan	WIDEX GZC DONK	NED 197700711	<b>2:19.62</b>	+0.91	31.88	1:07.94	1:43.96	2:19.62
8. Elger Mensonides	ZVL-1886 Tetteroo	NED 197601669	<b>2:29.53</b>	+0.61	34.15	1:12.23	1:51.92	2:29.53
9. Ingmar Kooman	ZVL-1886 Tetteroo	NED 197901517	<b>2:32.12</b>	+0.77	34.27	1:13.15	1:53.17	2:32.12
10. Tom Bandsma	PSV	NED 197701625	<b>2:34.97</b>	+0.93	34.02	1:12.43	1:53.43	2:34.97

Masters 45+

1. Frederic Tonus	Luxembourg Sharks SC	LUX 10449	<b>1:58.83</b>	+0.74	27.63	57.75	1:28.62	1:58.83
<i>Luxembourg Masters Record</i>								
2. Antwan van Engen	De Ward	NED 197101577	<b>2:07.93</b>	+0.75	29.33	1:01.56	1:34.89	2:07.93
3. Vedestas Seferlis	Kauno Takas	LTU	<b>2:08.53</b>	+0.67	28.99	1:01.71	1:35.70	2:08.53
4. Alex Damen	DAW	NED 197501371	<b>2:10.17</b>	+0.76	29.68	1:02.48	1:36.74	2:10.17
5. Edgar Thimister	MZ&PC	NED 197501511	<b>2:12.59</b>	+0.65	30.27	1:04.20	1:38.46	2:12.59
6. Eelco van Gemert	ZPC De Zeeuwse Kust	NED 197200299	<b>2:18.07</b>	+0.81	31.38	1:06.19	1:42.05	2:18.07
7. Eric Hoekman	WS Twente	NED 197401531	<b>2:18.11</b>	+0.75	30.69	1:05.01	1:41.90	2:18.11
8. Ferry Adema	d'ELFT	NED 197100007	<b>2:18.66</b>	+0.81	31.46	1:06.96	1:43.30	2:18.66
9. Martin Berkhout	ZVL-1886 Tetteroo	NED 197101123	<b>2:28.95</b>	+0.62	33.59	1:11.58	1:51.21	2:28.95
10. Wouter van der Stelt	De Biesboschzwemmers	NED 197200889	<b>2:32.40</b>	+0.76	33.80	1:11.75	1:51.38	2:32.40
11. Chang Bom	The Hague Swimming (SG)	NED 197201483	<b>2:33.73</b>	+0.72	33.86	1:12.00	1:52.51	2:33.73

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED 196900671	<b>2:04.88</b>	+0.74	28.92	1:00.41	1:32.77	2:04.88
2. Geert Wijn	De Gelenberg	NED 196701101	<b>2:08.00</b>	+0.67	29.08	1:02.04	1:35.51	2:08.00
3. Glen Le Clercq	De Rog	NED 196800177	<b>2:09.41</b>	+0.82	30.16	1:03.81	1:36.31	2:09.41
4. Pieter van Gemeren	DAW	NED 196901779	<b>2:09.89</b>	+0.73	30.50	1:04.42	1:38.21	2:09.89
5. Vaidotas Gumbis	Ilgaplaukiai	LTU	<b>2:15.64</b>	+0.65	30.28	1:03.70	1:38.57	2:15.64
6. J. van den Berg	WVZ	NED 196801575	<b>2:16.24</b>	+0.75	31.26	1:06.13	1:41.85	2:16.24
7. Hans Bouwmeester	ZVL-1886 Tetteroo	NED 196700127	<b>2:23.60</b>	+0.91	31.90	1:07.63	1:45.64	2:23.60
8. Arturas Klimas	Klaipedos plaukimo klubas	LTU	<b>2:31.51</b>	+0.62	33.71	1:11.69	1:51.95	2:31.51
9. Eymert van Rooij	PSV	NED 196601631	<b>2:32.08</b>	+0.85	32.59	1:10.53	1:51.37	2:32.08
10. Wridzer Bakker	ESCA Zwemmen	NED 196701711	<b>2:33.76</b>	+0.92	32.99	1:10.56	1:51.73	2:33.76
11. Richard Hill	De Duinkickers	NED 196601651	<b>2:40.44</b>	+0.78	36.59	1:16.95	1:59.16	2:40.44
12. Leo Hsu	PSV	NED 196801691	<b>2:40.83</b>	+0.76	35.47	1:16.40	1:59.19	2:40.83
13. Ramon Alsina Munoz	CNSW	BEL 001353/69	<b>2:46.12</b>	+0.66	37.59	1:19.03	2:02.72	2:46.12
14. Gertjan van der Vaart	ZVVS	NED 196801529	<b>2:54.11</b>	+0.56	37.56	1:21.18	2:08.70	2:54.11
15. E. van Nijmweegen	Budel	NED 197001635	<b>2:56.36</b>	+0.96	37.89	1:22.11	2:08.51	2:56.36

Masters 55+

1. Andrei Belosludtsev	Kasatka	RUS	<b>2:09.02</b>	+0.66	30.64	1:03.85	1:37.07	2:09.02
2. Johan Remmits	ZPC AMERSFOORT	NED 196201159	<b>2:12.71</b>	+0.96	30.35	1:03.86	1:38.47	2:12.71
3. Phil Trethewie	Old Dutch	NED 196501315	<b>2:17.57</b>	+0.80	31.19	1:05.62	1:41.61	2:17.57
4. Gert Sikkema	Zwemclub Urk 1978	NED 196300687	<b>2:19.75</b>	+0.66	32.38	1:07.66	1:44.12	2:19.75
5. Wiljam Nijenhuis	De IJsel	NED 196400547	<b>2:20.52</b>	+0.83	32.05	1:07.66	1:44.46	2:20.52
6. Matthijs van den Adel	De Otters Het Gooi	NED 196501637	<b>2:20.56</b>	+0.73	32.42	1:08.32	1:45.38	2:20.56
7. Henri Michels	De Amstel	NED 196501587	<b>2:25.17</b>	+0.78	31.55	1:07.39	1:45.88	2:25.17
8. Nico Paasse	De Schotejil	NED 196501463	<b>2:27.37</b>	+0.99	32.76	1:10.62	1:49.98	2:27.37
9. Paul Wijnja	De Biesboschzwemmers	NED 196301403	<b>2:28.47</b>	+0.79	32.42	1:09.99	1:49.61	2:28.47
<i>*100m</i>								
10. Henk Kuipers	ZPC AMERSFOORT	NED 196201207	<b>2:29.21</b>	+0.61	35.32	1:13.55	1:52.23	2:29.21

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Programmanr. 26, Heren, 200m vrije slag, Masters 55+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
11. Roy Le Clercq	De Rog	NED 196401041	<b>2:35.76</b>	+0.93	34.80	1:14.49	1:55.34	2:35.76
12. Adriaan Kop	Old Dutch	NED 196101135	<b>2:36.85</b>	+0.78	35.73	1:14.80	1:56.41	2:36.85
13. Willem Jan Ribberink	WIDEX GZC DONK	NED 196501327	<b>2:39.04</b>	+0.89	35.92	1:15.53	1:57.57	2:39.04
14. Ruud Kennis	Budel	NED 196501555	<b>2:39.09</b>	+0.73	36.10	1:16.78	1:59.18	2:39.09
15. Jan Smalheer	SCOM	NED 196400701	<b>2:42.26</b>	+1.03	36.65	1:17.56	2:00.00	2:42.26
16. Hans Van de Berg	De Rog	NED 196501635	<b>2:52.17</b>	+0.82	38.94	1:23.08	2:09.08	2:52.17

Masters 60+

1. Jos Zentjens	Budel	NED 195700569	<b>2:40.63</b>	+0.94	35.62	1:15.69	1:58.39	2:40.63
2. André Pantekoek	PSV	NED 195800321	<b>3:00.31</b>	+0.81	39.58	1:25.75	2:14.98	3:00.31
3. Peter Coffeng	WIDEX GZC DONK	NED 195700063	<b>3:08.89</b>		40.08	1:28.00	2:18.39	3:08.89

Masters 65+

1. Hans Wijsman	PSV	NED 195500427	<b>2:33.60</b>	+0.86	34.75	1:13.66	1:54.47	2:33.60
2. Henk Slomp	De Inktvis	NED 195500359	<b>2:37.03</b>	+0.82	35.68	1:16.01	1:56.98	2:37.03
3. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	<b>2:59.51</b>	+0.85	38.66	1:22.76	2:11.32	2:59.51

Masters 70+

1. Wout Hemmes	De Plons	NED 194800059	<b>2:49.92</b>	+1.00	38.67	1:22.45	2:06.51	2:49.92
2. Nico van Dongen	ZZ&PC De Devel	NED 194800159	<b>4:17.39</b>	+1.15	49.29	1:54.57	3:06.55	4:17.39

Masters 75+

1. Willem Putter	ZVVS	NED 194500135	<b>3:13.92</b>	+1.06	43.42	1:32.74	2:24.73	3:13.92
2. Geza Kaltenecker	AZC	NED 194200065	<b>3:27.34</b>	+0.84	45.99	1:40.00	2:34.35	3:27.34

Masters 80+

1. F. De Bruijn	CN Aquamasters	ESP	<b>3:10.89</b>	+1.07	44.82	1:32.11	2:22.17	3:10.89
2. Nic Geers	Z&PC De Gouwe	NED 193800007	<b>3:50.12</b>	+1.06	55.73	1:55.62	2:55.64	3:50.12

Programmanr. 27  
25-01-2020 - 15:20

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Tamara Grove	De Dolfijn	NED 199601266	<b>2:04.07</b>	+0.71	28.32	59.58	1:31.69	2:04.07
<i>Nederlands Masters Record</i>								
2. Nikita van den Ouden	Nuenen	NED 199900622	<b>2:07.84</b>	+0.68	29.48	1:02.28	1:35.57	2:07.84
3. Jamilla van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:10.94</b>	+0.58	30.10	1:03.18	1:37.35	2:10.94
4. Hilde Dekker	ReVeLie Swim Team	NED 199901926	<b>2:11.53</b>	+0.85	30.59	1:04.05	1:38.28	2:11.53
5. Maïke van de Velde	ZVCH	NED 200000382	<b>2:12.59</b>	+0.79	30.91	1:05.11	1:38.83	2:12.59
6. Bibi Stokvis	Het Y	NED 199900892	<b>2:13.83</b>	+0.72	29.84	1:03.65	1:39.02	2:13.83
7. Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	<b>2:14.95</b>	+0.79	31.29	1:05.48	1:40.27	2:14.95
8. Moniek van Langevelde	ESCA Zwemmen	NED 199803160	<b>2:15.74</b>	+0.73	31.00	1:05.04	1:40.95	2:15.74
9. Marije Dankelman	Dedemsvaart-AC	NED 199701502	<b>2:17.46</b>	+0.59	31.36	1:06.02	1:41.99	2:17.46
10. Linda Kamperman	Zwemlust- den Hommel	NED 199601238	<b>2:17.51</b>	+0.54	31.38	1:05.81	1:41.16	2:17.51
11. Richenne Zeebregts	Nuenen	NED 199801818	<b>2:21.64</b>	+0.52	30.47	1:06.60	1:44.38	2:21.64
12. Linda Punt	Ragnar	NED 199604842	<b>2:23.11</b>	+0.68	31.82	1:07.74	1:45.13	2:23.11
13. Lenneke Bagijn	De Duck	NED 199604992	<b>2:24.16</b>	+0.72	32.10	1:07.66	1:45.77	2:24.16
14. Kayleigh Westenberg	De Veene	NED 200004064	<b>2:24.57</b>	+0.64	33.00	1:09.06	1:46.54	2:24.57
15. Lianne Roescher	ZPC De Hof	NED 199900248	<b>2:25.10</b>	+0.91	32.07	1:08.71	1:47.00	2:25.10
16. Moniek Heemskerck	ZVL-1886 Tetteroo	NED 199601964	<b>2:26.43</b>	+0.73	33.18	1:09.98	1:48.28	2:26.43
17. Laura Nieuwland	ZPC De Zeeuwse Kust	NED 200001834	<b>2:27.00</b>	+0.73	31.96	1:09.12	1:48.00	2:27.00
18. Naomi Klein	ZPC De Hof	NED 199902086	<b>2:28.12</b>	+0.69	32.21	1:08.90	1:48.67	2:28.12

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 27, Dames, 200m vrije slag, Masters 20+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
19. Masha Odijk	GoSwim	NED 199904922	<b>2:30.10</b>	+0.77	34.38	1:12.58	1:51.71	2:30.10
20. Linde Haverkate	ZPC De Hof	NED 199900244	<b>2:31.40</b>	+0.73	33.78	1:11.94	1:53.02	2:31.40
21. Céline Verhoef	De Duck	NED 199604476	<b>2:31.45</b>	+0.74	34.10	1:11.51	1:50.14	2:31.45
22. Judith Kleinjan	De Duck	NED 199802710	<b>2:39.67</b>		34.84	1:15.09	1:56.77	2:39.67
23. Yancey Bouman	Albion WSS (SG)	NED 199801924	<b>2:41.21</b>	+0.71	35.37	1:16.10	1:58.77	2:41.21
24. Naomi Slamp	De Veene	NED 200000400	<b>2:48.64</b>	+0.84	38.35	1:20.68	2:04.91	2:48.64

Masters 25+

1. Melissa van der Geld	TRB-RES	NED 199506250	<b>2:11.95</b>	+0.73	29.88	1:03.19	1:37.76	2:11.95
2. Fraukje Puts	HZ&PC Heerenveen	NED 199206470	<b>2:14.12</b>	+0.74	31.51	1:05.81	1:39.89	2:14.12
3. Lotte Coenen	The Hague Swimming (SG)	NED 199301518	<b>2:16.57</b>	+0.81	31.20	1:05.34	1:40.65	2:16.57
4. Anne-Irene Duchaine	Zwemvereniging Hoogland	NED 199506824	<b>2:17.68</b>	+0.77	31.15	1:05.82	1:41.86	2:17.68
5. Pascalie Rovers	De Dolfijn	NED 199301064	<b>2:18.55</b>	+0.71	30.55	1:04.78	1:41.35	2:18.55
6. Nanda de Vries	Steenwijk 1934	NED 199204328	<b>2:19.33</b>	+0.86	31.63	1:07.31	1:44.37	2:19.33
7. Deborah Wissink	ZPC De Hof	NED 199503484	<b>2:19.47</b>	+0.54	31.42	1:06.13	1:42.74	2:19.47
8. Wendy de Bruin	ZOB'66	NED 199206320	<b>2:19.82</b>	+0.64	30.93	1:05.49	1:42.49	2:19.82
9. Janine de Groot	De Zwemlinie (SG)	NED 199500092	<b>2:19.98</b>	+0.68	31.66	1:07.09	1:43.94	2:19.98
10. Danielle Vermeulen	Zwemlust- den Hommel	NED 199108534	<b>2:20.10</b>	+0.73	32.55	1:08.37	1:44.57	2:20.10
11. Karen Stolk	De Dolfijn	NED 199403950	<b>2:20.87</b>	+0.59	30.71	1:05.28	1:41.95	2:20.87
12. Danica Koedoot	ZPC AMERSFOORT	NED 199301034	<b>2:21.12</b>	+0.56	31.69	1:07.27	1:44.20	2:21.12
13. Nikki Hoogeboom	De IJsel	NED 199301196	<b>2:21.49</b>	+0.81	31.92	1:07.23	1:43.93	2:21.49
14. Suzanne Mosch	MSV-Zeemacht	NED 199400548	<b>2:26.02</b>	+0.80	33.80	1:11.52	1:49.12	2:26.02
15. Anne Aarts	d'ELFT	NED 199207942	<b>2:30.42</b>	+0.75	34.28	1:12.16	1:51.44	2:30.42
16. Lotte Rolink	Zwemclub Polaris	NED 199504880	<b>2:31.90</b>	+0.62	34.93	1:14.22	1:54.03	2:31.90
17. Lizzanne Lamens	De Gelenberg	NED 199402844	<b>2:32.17</b>	+0.74	35.47	1:14.90	1:54.44	2:32.17
18. Inge Koopman	DAW	NED 199303382	<b>2:32.55</b>	+0.68	35.47	1:15.46	1:55.87	2:32.55
19. Ilse Blankvoort	Steenwijk 1934	NED 199204458	<b>2:33.89</b>	+0.76	34.83	1:13.31	1:53.07	2:33.89
20. S. Dekker-Bergsma	Edemsvaart-AC	NED 199203374	<b>2:34.02</b>	+0.55	34.26	1:13.22	1:53.82	2:34.02
21. Jacqueline van den Beukel	Albion WSS (SG)	NED 199100238	<b>2:35.24</b>	+0.76	33.21	1:11.12	1:52.81	2:35.24
22. Sandra Vermeulen	De Duck	NED 199303522	<b>2:36.94</b>	+0.61	35.56	1:15.03	1:56.45	2:36.94
23. Kimberley van Wijk	De Columbiaan	NED 199402040	<b>2:37.62</b>	+0.95	35.39	1:14.02	1:55.30	2:37.62
24. Marjan Rikken	ZVV	NED 199206114	<b>2:38.04</b>	+0.97	36.00	1:15.97	1:57.26	2:38.04
25. Elly Scheepers	Budel	NED 199102728	<b>2:38.28</b>		36.20	1:15.60	1:57.69	2:38.28
26. Alma Janssen	Z&PC Zegenwerp	NED 199401078	<b>2:38.79</b>	+0.83	37.02	1:17.41	1:58.22	2:38.79
27. Kelly Bockting	Montferland	NED 199104050	<b>2:41.01</b>	+0.79	35.94	1:16.38	1:58.88	2:41.01
28. Eline Molle	De Geul	NED 199404276	<b>2:45.20</b>	+0.73	37.01	1:18.44	2:02.24	2:45.20
29. Nicole van Zuilen	Zwemvereniging Hoogland	NED 199505428	<b>2:46.23</b>	+0.94	37.35	1:18.59	2:02.20	2:46.23
30. Dorien Pastoors	Rotterdam Swimming (SG)	NED 199404598	<b>2:52.50</b>	+0.88	38.62	1:21.64	2:07.38	2:52.50
31. Esther Taks	MZ&PC	NED 199507028	<b>3:04.62</b>	+0.77	39.46	1:26.31	2:16.44	3:04.62

Masters 30+

1. Jenny Schouten	Zwemsport Parkstad (SG)	NED 198703674	<b>2:16.72</b>	+0.89	31.44	1:06.27	1:41.87	2:16.72
2. Monique Remst	AZC	NED 198706236	<b>2:23.78</b>	+0.66	33.08	1:09.69	1:47.46	2:23.78
3. Mandy Verbakel	ZPC Woerden	NED 199003908	<b>2:25.58</b>	+0.79	32.74	1:09.84	1:48.05	2:25.58
4. Yvonne Bruls	MZ&PC	NED 199008114	<b>2:34.71</b>	+0.76	35.56	1:14.67	1:55.12	2:34.71
5. Esther Boerdam-Delfos	AZC	NED 198705256	<b>2:38.62</b>	+0.86	35.90	1:16.13	1:57.64	2:38.62
6. Joan Fontaine	De Marlijn (SG)	NED 198805148	<b>2:41.97</b>	+0.83	36.37	1:17.68	2:00.66	2:41.97
7. Joëlle Vaes	DIO	NED 199007576	<b>2:42.20</b>	+0.62	36.32	1:17.72	2:00.98	2:42.20
8. Dorien Vasseur	Scheldestroom	NED 198704164	<b>2:54.57</b>	+0.78	39.19	1:22.77	2:09.06	2:54.57
9. Ingrid Johannes	De Kempvis	NED 198907370	<b>3:00.03</b>	+0.91	40.14	1:25.78	2:13.87	3:00.03
10. Anouk Bloem	TRB-RES	NED 199000320	<b>3:25.97</b>	+1.02	46.52	1:37.99	2:31.28	3:25.97
AFGEM Margot Tijnagel	Triton	NED 198806872						

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Splash Meet Manager, 11.62141

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28-01-2020 19:47 - pagina 99



Programmanr. 27, Dames, 200m vrije slag

Masters 35+

1. Viktória Háden-Felföldi	Megathlon SE	HUN		<b>2:14.38</b>	+0.80	31.67	1:05.68	1:40.35	2:14.38
<i>Hungarian Masters Record</i>									
2. Ann Wanter	Zwemclub Geel	BEL	21082/82	<b>2:16.75</b>	+0.79	31.54	1:06.27	1:41.74	2:16.75
3. Nadya Putter	ZVVS	NED	198301630	<b>2:24.09</b>	+0.56	33.19	1:09.12	1:46.27	2:24.09
4. Ramona Linting	LinK	NED	198301274	<b>2:25.76</b>	+0.77	33.42	1:09.90	1:47.95	2:25.76
5. Sandra Zwaanswijk	DAW	NED	198503934	<b>2:27.44</b>	+0.57	33.08	1:09.82	1:48.59	2:27.44
6. Audrey Runge	Natation Vesoul Noidans	FRA	689748	<b>2:29.01</b>		33.60	1:11.20	1:50.24	2:29.01
7. Renee de Kok	PSV	NED	198403350	<b>2:37.65</b>	+0.60	34.46	1:14.12	1:55.58	2:37.65
8. Sylvia Reijers	De Gelenberg	NED	198201360	<b>2:38.34</b>	+0.89	36.75	1:16.49	1:57.46	2:38.34
9. Linda Hoogendam	WVZ	NED	198300892	<b>2:43.47</b>	+0.79	36.56	1:19.01	2:02.15	2:43.47
10. Aafke Groot	De Geul	NED	198302748	<b>2:56.83</b>	+0.89	39.17	1:23.76	2:10.69	2:56.83
11. Fabienne Jeukens	MZ&PC	NED	198401156	<b>2:58.25</b>	+1.02	39.42	1:24.04	2:11.55	2:58.25
12. Femke Smits	Rotterdam Swimming (SG)	NED	198403574	<b>3:16.35</b>	+0.86	43.13	1:32.86	2:25.84	3:16.35

Masters 40+

1. Delia Badoux	WVZ	NED	198000042	<b>2:15.42</b>	+0.63	30.61	1:04.54	1:39.60	2:15.42
<i>Nederlands Masters Record</i>									
2. Anke Lambooi	De Vliet (SG)	NED	198001182	<b>2:17.13</b>	+0.76	30.90	1:05.38	1:41.45	2:17.13
3. M. Gonfaus Brunet	CN Aquamasters	ESP		<b>2:17.38</b>	+0.55	32.03	1:06.87	1:42.37	2:17.38
4. Petra Guijt	Aqua-Novio '94	NED	197600978	<b>2:29.56</b>	+0.67	34.17	1:11.43	1:50.06	2:29.56
5. Jessica Klaassen	De Marlijn (SG)	NED	197901536	<b>2:29.84</b>	+0.65	33.72	1:10.99	1:50.42	2:29.84
6. Chantal Verhoeff	Old Dutch	NED	197900912	<b>2:30.24</b>	+0.92	34.52	1:12.70	1:51.90	2:30.24
7. Martine de Haart	Patrick-De Roersoppers (SG)	NED	197901492	<b>2:35.12</b>		35.07	1:14.18	1:55.16	2:35.12
8. Chantal Winters	De Rog	NED	197601138	<b>2:36.27</b>	+0.73	34.50	1:13.23	1:54.49	2:36.27
9. Marleen Zantingh	Old Dutch	NED	197801378	<b>2:38.82</b>		35.68	1:16.15	1:58.17	2:38.82
10. A. Glazema-Boelma	Stadskanaal	NED	197701166	<b>2:39.18</b>	+0.98	36.44	1:17.00	1:58.70	2:39.18
11. Marian Nederlof	De Geul	NED	197600950	<b>2:45.99</b>	+0.85	37.58	1:19.49	2:02.76	2:45.99
12. I. Speelman Hamelink	De Marlijn (SG)	NED	197601028	<b>2:54.43</b>	+0.94	39.97	1:23.98	2:09.02	2:54.43
13. Louise Schets	The Hague Swimming (SG)	NED	197901580	<b>2:55.71</b>	+0.76	37.89	1:22.64	2:09.80	2:55.71
14. Saskia op den Velde	De Duinkickers	NED	197901530	<b>2:57.22</b>	+0.79	37.74	1:22.04	2:08.46	2:57.22
15. C. van Bruxvoort	ZPB H&L Productions	NED	197700138	<b>3:01.52</b>	+0.81	40.27	1:26.75	2:14.90	3:01.52
16. Sandra Van der Helm	De Rog	NED	197801340	<b>3:08.78</b>	+0.69	42.13	1:29.47	2:18.96	3:08.78

Masters 45+

1. Kirsten Cameron	Malvern Marlins Masters SC	AUS	786509	<b>2:09.40</b>	+0.61	30.67	1:03.11	1:36.24	2:09.40
<i>Kampioenschaps Record, Australian Masters Record</i>									
2. Liselotte Joling	PSV	NED	197500268	<b>2:21.49</b>	+0.87	32.51	1:09.20	1:45.97	2:21.49
3. Annette de Visser	Oceanus	NED	197100602	<b>2:26.33</b>	+0.85	33.17	1:09.60	1:47.91	2:26.33
4. Yvette Ratering	De Ward	NED	197200990	<b>2:26.98</b>	+0.73	33.14	1:10.14	1:48.50	2:26.98
5. Natacha Van Hoof	Shark	BEL	20260/73	<b>2:52.78</b>	+0.90	39.95	1:23.79	2:08.82	2:52.78
6. Annet Kootstra	SWOL 1894	NED	197100344	<b>2:53.63</b>	+0.89	40.32	1:24.26	2:09.23	2:53.63
7. Inge Soeters	Steenwijk 1934	NED	197300934	<b>2:59.75</b>	+0.80	39.12	1:24.32	2:12.04	2:59.75
8. Evelien Breman-Alers	Nautilus	NED	197200878	<b>3:02.71</b>	+0.81	39.49	1:24.87	2:14.60	3:02.71

Masters 50+

1. Bianca Groot	MSV-Zeemacht	NED	197000652	<b>2:25.16</b>	+0.88	34.14	1:10.67	1:48.18	2:25.16
2. Heidi den Boer	LinK	NED	196900864	<b>2:26.11</b>	+0.77	32.54	1:08.63	1:47.22	2:26.11
3. Jeanne Petit	PSV	NED	197001020	<b>2:29.56</b>	+0.77	34.41	1:11.98	1:50.78	2:29.56
4. Chiho Shoji	CNSW	BEL	006146/70	<b>2:33.11</b>		35.25	1:13.86	1:54.23	2:33.11
5. Marijke Campfens	De Geul	NED	196900960	<b>2:43.78</b>	+0.74	36.06	1:16.55	1:59.64	2:43.78
6. Nicky Slinger	HPC	NED	196600316	<b>2:54.02</b>	+0.86	39.39	1:23.17	2:08.84	2:54.02
7. Kristien Van de Moortel	Shark	BEL	20315/69	<b>3:01.39</b>	+0.87	40.96	1:27.83	2:15.22	3:01.39
8. Hettie Schakel	DWK	NED	196900974	<b>3:02.47</b>	+0.95	42.07	1:29.03	2:17.30	3:02.47
9. Annette van Dok	MSV-Zeemacht	NED	196800742	<b>3:02.99</b>	+1.20	40.45	1:25.80	2:14.13	3:02.99
10. Hetty Smalheer	SCOM	NED	196700352	<b>3:03.61</b>	+1.00	41.63	1:27.71	2:16.07	3:03.61
11. Pauline Tromp-Lang de	ZZ&PC De Devel	NED	197001032	<b>3:05.22</b>		42.32	1:29.59	2:17.75	3:05.22
12. Linda Goderie	Rotterdam Swimming (SG)	NED	196900976	<b>3:10.98</b>	+0.93	42.25	1:29.68	2:20.60	3:10.98

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 27, Dames, 200m vrije slag, Masters 50+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
13. Cancia Leirissa	Albion WSS (SG)	NED 196700748	<b>3:14.42</b>		41.53	1:30.72	2:23.03	3:14.42
14. Maaïke Heidt	ZPB H&L Productions	NED 196901068	<b>3:19.98</b>	+0.94	44.60	1:34.74	2:27.98	3:19.98
15. Cora Smulders	ESCA Zwemmen	NED 196600668	<b>3:30.37</b>	+0.69	46.21	1:40.51	2:36.28	3:30.37

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED 196300518	<b>2:31.11</b>	+0.73	35.33	1:13.51	1:52.94	2:31.11
2. Netty Burik-Geijssen	Albion WSS (SG)	NED 196300048	<b>2:32.02</b>	+0.68	34.71	1:13.49	1:53.04	2:32.02
3. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>2:38.26</b>	+0.86	37.41	1:17.51	1:58.19	2:38.26
4. M. Post-Goedemoed	De Otters Het Gooi	NED 196400632	<b>2:40.54</b>	+0.69	37.24	1:17.55	1:59.21	2:40.54
5. Ellen Parma	Triton	NED 196200366	<b>3:06.91</b>	+0.95	39.41	1:25.75	2:16.27	3:06.91
6. Erica Muller	De Geul	NED 196400412	<b>3:08.28</b>	+0.60	42.04	1:29.87	2:19.31	3:08.28

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED 195600048	<b>2:35.87</b>	+0.77	35.94	1:16.11	1:56.38	2:35.87
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	<b>2:47.52</b>	+0.64	37.08	1:19.08	2:03.49	2:47.52
3. J. Resink-lindeboom	DWK	NED 196000142	<b>3:05.52</b>	+0.84	42.77	1:29.81	2:19.08	3:05.52

Masters 65+

1. Christine Nieuwenhuis	SWOL 1894	NED 195100022	<b>2:47.46</b>		38.02	1:20.03	2:04.03	2:47.46
2. Martine Vincent	Dunkerque Natation	FRA 1261300	<b>2:55.83</b>	+0.77	39.63	1:23.89	2:09.87	2:55.83
3. Geerdien Meerwaldt	De Geul	NED 195200058	<b>4:19.73</b>	+0.89	55.69	2:00.93	3:09.22	4:19.73

Masters 70+

1. Conny Boer-Buys	ZVVS	NED 195000006	<b>2:41.78</b>	+0.90	36.33	1:17.75	2:00.55	2:41.78
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*Wereld Masters Record*

Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED 194500002	<b>4:04.51</b>	+0.97	55.49	1:58.44	3:03.60	4:04.51
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Masters 80+

1. Marie Smits	Old Dutch	NED 193800004	<b>4:00.73</b>	+1.02	54.39	1:56.40	3:00.85	4:00.73
2. Truus Ruiter	Old Dutch	NED 194000004	<b>4:46.22</b>		1:03.03	2:15.81	3:31.09	4:46.22

Masters 85+

1. Lottie Geurts	PSV	NED 193500006	<b>4:01.16</b>	+1.18	56.03	1:57.58	3:00.34	4:01.16
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*Nederlands Masters Record, NMR 50m, 100m*

Programmanr. 28  
25-01-2020 - 16:06

Heren, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m
<b>Masters 20+</b>						
1. Bram Lamberts	Ragnar	NED 199705485	<b>1:04.27</b>	+0.56	29.62	1:04.27
2. Thomas Hesper	ZPV Barracuda	NED 200004181	<b>1:06.65</b>	+0.77	31.39	1:06.65
3. Aron Paasse	De Schoteijl	NED 200000099	<b>1:11.62</b>	+0.61	33.29	1:11.62
4. Bart de Bruijn	Hieronymus	NED 200004177	<b>1:12.50</b>	+0.75	33.97	1:12.50
5. Stephan van Grevenbroek	De Ward	NED 200004805	<b>1:12.81</b>	+0.78	34.12	1:12.81
6. Gideon Teeuw	De Veene	NED 199801237	<b>1:12.83</b>	+0.73	33.88	1:12.83
7. Richard van der Horst	De Meer	NED 199700179	<b>1:13.38</b>	+0.77	34.54	1:13.38
8. Kylian Kooijman	Steenwijk 1934	NED 199900763	<b>1:13.45</b>	+0.72	33.27	1:13.45

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28-01-2020 19:47 - pagina 101



Programmanr. 28, Heren, 100m schoolslag, Masters 20+

rang naam	vereniging			tijd	RT	PARA	50m	100m
9. Laurens Spoelstra	WS Twente	NED	199901273	<b>1:13.89</b>	+0.73		34.50	1:13.89
Timo Musters	DIO	NED	199803325	<b>1:13.89</b>	+0.70		35.01	1:13.89
11. Daniel van der Sluijs	De Kempvis	NED	200001045	<b>1:14.39</b>	+0.93		34.34	1:14.39
12. Hans Stoffers	Triton Putten	NED	199604027	<b>1:14.49</b>	+0.65		34.63	1:14.49
13. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	<b>1:14.90</b>	+0.72		35.10	1:14.90
14. Ayrton Mooldijk	Albion WSS (SG)	NED	199901449	<b>1:15.08</b>	+0.71		35.23	1:15.08
15. Sam Beer	Rotterdam Swimming (SG)	NED	199605521	<b>1:16.13</b>	+0.70		34.80	1:16.13
16. Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>1:16.59</b>	+0.74		35.87	1:16.59
17. Jordi Schaaf	SGGO (SG)	NED	199800433	<b>1:17.75</b>	+0.76		35.97	1:17.75
18. Pascal de Jong	De Wellerobben	NED	199700415	<b>1:24.13</b>	+0.73		38.98	1:24.13
19. Sven Dubbeld	De Schotejil	NED	199601141	<b>1:25.78</b>	+0.80		39.80	1:25.78

Masters 25+

1. Romero Hennep	De Kempvis	NED	199304929	<b>1:03.31</b>	+0.69		29.66	1:03.31
<i>Nederlands Masters Record</i>								
2. Serginni Marten	DWK	NED	199307281	<b>1:03.33</b>	+0.70		30.29	1:03.33
3. Jordy Zuidhoek	De Columbiaan	NED	199201569	<b>1:05.76</b>	+0.68		30.16	1:05.76
4. Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>1:06.13</b>	+0.57		30.64	1:06.13
5. Dennis Bos	HZ&PC Heerenveen	NED	199201965	<b>1:06.95</b>	+0.61		30.93	1:06.95
6. Jelle Nap	VZC	NED	199502875	<b>1:08.55</b>	+0.77		32.62	1:08.55
7. Pablo Benavides Lopez	Club Natacion Cuatro Caminos	ESP		<b>1:09.37</b>	+0.67		32.77	1:09.37
8. Martino Valentijn	DIO	NED	199403913	<b>1:09.51</b>	+0.79		32.10	1:09.51
9. Pieter Pijnenburg	De Biesboschzwemmers	NED	199305227	<b>1:11.46</b>	+0.70		33.70	1:11.46
10. Elwin Kamminga	De Columbiaan	NED	199104871	<b>1:12.96</b>	+0.77		33.87	1:12.96
11. Maik Steenkamp	Montferland	NED	199103847	<b>1:15.51</b>	+0.74		34.97	1:15.51
12. Jeroen Bastijns	Club Natacion Cuatro Caminos	ESP		<b>1:15.87</b>	+0.72		35.72	1:15.87
13. Robin Hermans	TRB-RES	NED	199400987	<b>1:15.88</b>	+0.66		36.01	1:15.88
14. Tom de Lange	Deltasteur	NED	199300303	<b>1:20.19</b>	+0.78		37.55	1:20.19
15. Robin van Beusekom	ZPV Barracuda	NED	199205841	<b>1:22.48</b>	+0.79		38.43	1:22.48
16. Patrick Graver	GZVW	NED	199404735	<b>1:23.16</b>	+0.81		38.66	1:23.16
17. Yorick Kreuwel	Aquapoldro	NED	199402225	<b>1:24.15</b>	+0.77		39.20	1:24.15
18. Brian Gelderblom	AZC	NED	199503669	<b>1:25.81</b>	+0.92		39.48	1:25.81
19. Pim Cuijpers	Montferland	NED	199204623	<b>1:27.36</b>	+0.78		40.87	1:27.36
20. Patrick Wobben	Steenwijk 1934	NED	199300559	<b>1:28.46</b>	+0.78		40.84	1:28.46
21. Bob Potkamp	Deltasteur	NED	199403189	<b>1:29.15</b>	+1.00		41.15	1:29.15

Masters 30+

1. Filip Rowi ski	Legia Warszawa	POL		<b>1:04.99</b>	+0.66		30.44	1:04.99
2. Marco Usula	CNSW	BEL	009303/90	<b>1:06.29</b>	+0.71		31.68	1:06.29
3. Erik Verholt	Noord Veluwe	NED	198803543	<b>1:07.97</b>	+0.77		30.97	1:07.97
4. Sander de Vrugt	ESCA Zwemmen	NED	198903499	<b>1:08.48</b>	+0.66		32.03	1:08.48
5. Patrick Creemers	RZ	NED	199000579	<b>1:11.74</b>	+0.62		33.59	1:11.74
6. Vincent Bakker	ZPC AMERSFOORT	NED	198600107	<b>1:11.78</b>	+0.79		33.03	1:11.78
7. Hans van Wijk	BZ& PC	NED	198903605	<b>1:12.84</b>	+0.73		34.22	1:12.84
8. Stefan van de Griff	SWOL 1894	NED	198701121	<b>1:13.58</b>	+0.75		34.07	1:13.58
9. Bart van der Zwaan	BZ& PC	NED	199005149	<b>1:14.68</b>	+0.75		34.63	1:14.68
10. Bastian Zoon	SGGO (SG)	NED	198703929	<b>1:17.38</b>	+0.68		36.18	1:17.38
11. Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	<b>1:20.46</b>	+0.79		38.03	1:20.46
12. Harmen Reemst	ZOB'66	NED	198702715	<b>1:21.67</b>	+0.65		37.46	1:21.67
13. Marten Ettema	HZ&PC Heerenveen	NED	199007703	<b>1:23.23</b>	+0.72		39.68	1:23.23
14. Martijn Gerrits	De Dolfijn	NED	198806305	<b>1:30.47</b>	+1.00		40.59	1:30.47



Programmanr. 28, Heren, 100m schoolslag

Masters 35+

1. Mark Baars	Rotterdam Swimming (SG)	NED	198500059	<b>1:02.11</b>	+0.66	28.71	1:02.11
<i>Nederlands Masters Record, NMR 50m</i>							
2. Chris Jones	City of Cardiff	GBR	3878	<b>1:04.98</b>	+0.72	30.16	1:04.98
3. Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	<b>1:08.87</b>	+0.82	32.04	1:08.87
4. Lauren Vis	Steenwijk 1934	NED	198201883	<b>1:10.32</b>	+0.67	32.57	1:10.32
5. Tim van den Berg	Rotterdam Swimming (SG)	NED	198500157	<b>1:10.47</b>	+0.51	32.77	1:10.47
6. Kristiaan Lenos	ZVL-1886 Tetteroo	NED	198301331	<b>1:10.93</b>	+0.71	33.15	1:10.93
7. Ivan van Omme	De Geul	NED	198201263	<b>1:12.35</b>	+0.68	33.73	1:12.35
8. Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>1:12.73</b>	+0.73	33.96	1:12.73
9. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	<b>1:13.59</b>	+0.70	34.44	1:13.59
10. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	<b>1:13.69</b>	+0.71	34.61	1:13.69
11. Thommy Nickel	ZPC Woerden	NED	198401627	<b>1:14.23</b>	+0.74	34.80	1:14.23
12. Guido Moret	Albion WSS (SG)	NED	198501793	<b>1:14.69</b>	+0.77	34.17	1:14.69
13. Paul Oudendijk	DAW	NED	198101287	<b>1:15.32</b>	+0.80	35.43	1:15.32
14. Dirk Smit	Tiamat	NED	198101559	<b>1:15.36</b>	+0.74	35.39	1:15.36
15. Wouter Zijlstra	DAW	NED	198202077	<b>1:16.31</b>	+0.82	35.84	1:16.31
16. Roel van der Kruijs	De Gelenberg	NED	198501491	<b>1:16.67</b>	+0.59	36.15	1:16.67
17. Edwin van der Winden	ZVL-1886 Tetteroo	NED	198402635	<b>1:18.89</b>	+0.58	37.13	1:18.89
18. Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED	198401297	<b>1:21.03</b>	+0.60	37.85	1:21.03
19. Nicolas Slegers	CNSW	BEL	005301/84	<b>1:26.90</b>	+0.76	41.47	1:26.90
NG.ZA Ricardo van Dam	AZC	NED	198503965				

Masters 40+

1. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>1:10.98</b>	+0.73	33.01	1:10.98
2. Mark Zwart	Zwemlust- den Hommel	NED	197901461	<b>1:13.76</b>	+0.90	34.05	1:13.76
3. Walter Stielstra	TRB-RES	NED	197701651	<b>1:14.16</b>	+0.76	34.32	1:14.16
4. Freddie Geerlings	Zwemsport Parkstad (SG)	NED	197900379	<b>1:14.68</b>	+0.75	34.89	1:14.68
5. Yuri Admiraal	ZPC Numansdorp	NED	197701655	<b>1:19.07</b>	+0.64	37.15	1:19.07
6. Emiel Volker	ZVL-1886 Tetteroo	NED	197601605	<b>1:25.67</b>	+0.83	40.02	1:25.67
7. Tom Bandsma	PSV	NED	197701625	<b>1:28.58</b>	+0.95	40.43	1:28.58
8. Bogdan Androne	AZC	NED	197701733	<b>1:29.88</b>	+0.87	39.25	1:29.88

Masters 45+

1. Maarten van der Zwan	Scheldestroom	NED	197501017	<b>1:09.79</b>	+0.86	31.98	1:09.79
2. Marcel van Winssen	De Gelenberg	NED	197101477	<b>1:12.18</b>	+0.82	34.04	1:12.18
3. Ronald van Ombergen	ZPC De Zeeuwse Kust	NED	197201685	<b>1:13.23</b>	+0.91	34.62	1:13.23
4. Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>1:13.86</b>	+0.49	34.75	1:13.86
5. Michael van Bekkum	SWOL 1894	NED	197200051	<b>1:16.71</b>	+0.74	35.64	1:16.71
6. Arjan Verheij	De Rog	NED	197101617	<b>1:17.79</b>	+0.77	37.41	1:17.79
7. Richard van Kampen	ZPCH	NED	197401551	<b>1:18.31</b>	+0.73	36.97	1:18.31
8. Aidias Pelesinas	Klaipedos plaukimo klubas	LTU		<b>1:18.84</b>	+0.85	36.73	1:18.84
9. Chang Bom	The Hague Swimming (SG)	NED	197201483	<b>1:20.36</b>	+0.69	38.63	1:20.36
10. Bas Kremers	TRB-RES	NED	197201611	<b>1:23.51</b>	+0.76	39.46	1:23.51
11. Ivo Dijks	GoSwim	NED	197201613	<b>1:24.25</b>	+0.89	39.44	1:24.25
12. Martijn de Jong	DWK	NED	197101659	<b>1:24.66</b>	+0.87	39.74	1:24.66
13. Rob van de Ven	Neptunus'58	NED	197101695	<b>1:24.99</b>	+0.41	39.18	1:24.99
14. Korstiaan de Boer	Steenwijk 1934	NED	197101629	<b>1:26.00</b>	+0.89	41.25	1:26.00
15. Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>1:27.68</b>	+0.77	42.77	1:27.68
16. Alberto Randazzo	The Hague Swimming (SG)	NED	197101741	<b>1:29.19</b>	+0.67	43.05	1:29.19
17. Toine ten Broeke	GoSwim	NED	197501509	<b>1:35.28</b>	+0.99	44.75	1:35.28
18. Pieter Bardelmeijer	Deltasteur	NED	197201665	<b>1:35.45</b>	+1.00	46.22	1:35.45
19. Michiel Verschueren	De Marlijn (SG)	NED	197301583	<b>1:39.85</b>	+1.13	47.66	1:39.85



Programmanr. 28, Heren, 100m schoolslag

Masters 50+

1. Harold Matla	PSV	NED	196800591	<b>1:11.62</b>	+0.87	34.25	1:11.62
2. Romuald Kozłowski	Legia Warszawa	POL		<b>1:12.96</b>	+0.75	33.58	1:12.96
<i>Polish Masters Record</i>							
3. Richard Ricksen	Zwemsport Parkstad (SG)	NED	197000841	<b>1:14.94</b>	+0.83	35.15	1:14.94
4. René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>1:17.36</b>	+0.74	35.58	1:17.36
5. Rob Janssen	De Gelenberg	NED	197001467	<b>1:19.76</b>	+0.82	37.21	1:19.76
Nico Swart	De Biesboschzwemmers	NED	196801475	<b>1:19.76</b>	+0.85	37.92	1:19.76
7. Hans Schoenmakers	DAW	NED	196900863	<b>1:19.91</b>	+0.78	36.95	1:19.91
8. Kees Akershoek	SGGO (SG)	NED	196900009	<b>1:21.07</b>	+0.73	38.14	1:21.07
9. Guido Keutgen	Steenwijk 1934	NED	196801551	<b>1:21.45</b>	+0.73	37.92	1:21.45
10. Joop Weenink	WS Twente	NED	196801535	<b>1:23.04</b>	+0.85	39.22	1:23.04
11. Huyb Stegeman	Steenwijk 1934	NED	196701535	<b>1:23.43</b>	+0.89	39.32	1:23.43
12. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:23.63</b>	+0.82	39.40	1:23.63
13. Bruno Nahon	CNSW	BEL	000390/70	<b>1:25.80</b>	+0.89	40.27	1:25.80
14. Roelof Broekman	De Spatters	NED	196800155	<b>1:29.36</b>	+0.82	41.80	1:29.36
15. Tamas Szili-Torok	Rotterdam Swimming (SG)	NED	196801689	<b>1:29.56</b>	+1.03	41.43	1:29.56
16. Gertjan van der Vaart	ZVVS	NED	196801529	<b>1:33.83</b>	+0.70	43.79	1:33.83
17. Hans Bijleveld	The Hague Swimming (SG)	NED	196601649	<b>1:37.39</b>	+0.76	46.54	1:37.39
18. René Speelman	De Spatters	NED	196601521	<b>1:37.86</b>	+0.78	45.04	1:37.86

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	<b>1:13.74</b>	+0.73	34.89	1:13.74
2. F. Dehandschoewercker	Dunkerque Natation	FRA	57433	<b>1:16.86</b>	+0.69	36.22	1:16.86
3. Theo Bakker	TriVia	NED	196401231	<b>1:17.96</b>	+0.77	35.99	1:17.96
4. Gert Sikkema	Zwemclub Urk 1978	NED	196300687	<b>1:18.19</b>	+0.71	36.72	1:18.19
5. Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355	<b>1:19.84</b>	+0.81	37.89	1:19.84
6. Bertjan Schelhaas	DWT	NED	196501577	<b>1:21.16</b>	+0.79	37.49	1:21.16
7. Ralph Caster	RZ	NED	196100069	<b>1:22.01</b>	+0.79	37.72	1:22.01
8. Ronald Grove	Triton	NED	196100161	<b>1:22.93</b>	+0.73	38.55	1:22.93
9. Robert de Brauwer	De Duinkickers	NED	196401383	<b>1:26.91</b>	+0.85	40.91	1:26.91
10. Antonio Arroyo Ramirez	Club Natació Cerdanyola	ESP	35022685X	<b>1:27.47</b>	+0.90	40.70	1:27.47
11. Richard Tiemstra	De Biesboschzwemmers	NED	196301397	<b>1:27.76</b>	+0.92	40.75	1:27.76
12. Erik Saan	De Duck	NED	196500769	<b>1:29.13</b>	+1.02	41.41	1:29.13
13. Willem Jan Ribberink	WIDEX GZC DONK	NED	196501327	<b>1:33.73</b>	+0.81	43.89	1:33.73
14. Pierre de Groot	WIDEX GZC DONK	NED	196401431	<b>1:34.73</b>	+0.90	43.87	1:34.73
15. Wilbert Barten	Nautilus	NED	196401373	<b>1:35.20</b>	+0.94	45.40	1:35.20
16. Hans van Scheepen	Steenwijk 1934	NED	196201245	<b>1:40.00</b>	+0.72	46.04	1:40.00

Masters 60+

1. Sigitas Katkevicius	Dzukijos Vandenis	LTU		<b>1:18.30</b>	+0.76	37.58	1:18.30
2. Fred Ketting	PSV	NED	196000289	<b>1:19.40</b>	+0.79	37.54	1:19.40
3. Wim de Lange	AZC	NED	195800533	<b>1:25.89</b>	+0.77	39.88	1:25.89
4. Christian Schoenaers	CNSW	BEL	007131/59	<b>1:32.18</b>	+0.95	43.35	1:32.18
5. Peter Coffeng	WIDEX GZC DONK	NED	195700063	<b>1:41.99</b>	+0.97	48.69	1:41.99
6. Robert Schulein	H2Oldambt	NED	195900843	<b>1:42.07</b>	+0.59	49.02	1:42.07
NG.ZA Rastislav Pavlík	KPS Nereus Žilina	SVK	SVK10478				

Masters 65+

1. Charles Bos	Patrick-De Roersoppers (SG)	NED	195300019	<b>1:26.83</b>	+0.76	40.07	1:26.83
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Masters 70+

1. Piet Schop	De Bevelanders	NED	195000109	<b>1:33.22</b>	+0.73	43.37	1:33.22
2. J. Macpherson-Stewart	Free Style SC	GBR	30261	<b>1:36.63</b>		45.99	1:36.63
3. Mans Buis	SWOL 1894	NED	194700133	<b>1:58.10</b>	+0.92	56.83	1:58.10



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 28, Heren, 100m schoolslag

Masters 75+

1. Rob Hanou	PSV	NED	194300109	<b>1:41.37</b>	+1.08	47.25	1:41.37
2. Nico Baay	Old Dutch	NED	194200053	<b>1:53.13</b>	+0.81	53.17	1:53.13
3. Kevork Boyrazian	CNSW	BEL	002620/44	<b>2:29.30</b>	+0.98	1:08.43	2:29.30

Masters 80+

1. Frederik Hendrik De Bruijn	CN Aquamasters	ESP		<b>1:51.47</b>	+1.11	52.12	1:51.47
<i>Spanish Masters Record</i>							

Masters 90+

1. Klaas Prins	Steenwijk 1934	NED	192800001	<b>5:17.88</b>		2:24.64	5:17.88
<i>Nederlands Masters Record</i>							

Programmanr. 29  
25-01-2020 - 16:39

Dames, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Selene Wortel	Hieronymus	NED	199700654	<b>1:14.08</b>	+0.67		34.62	1:14.08
2. Nadja Wortel	Hieronymus	NED	199800798	<b>1:15.69</b>	+0.69		35.72	1:15.69
3. Annabel Kuipers	DWK	NED	200001076	<b>1:15.85</b>	+0.72		35.77	1:15.85
4. Christel Brugmans	Hieronymus	NED	200005602	<b>1:16.01</b>	+0.72		35.65	1:16.01
5. Fenna de Groot	Albion WSS (SG)	NED	199701796	<b>1:16.18</b>	+0.65		35.89	1:16.18
6. Manon Kloosterman	De Bevelanders	NED	199702082	<b>1:17.20</b>	+0.72		35.23	1:17.20
7. Bibi Stokvis	Het Y	NED	199900892	<b>1:17.53</b>	+0.69		36.10	1:17.53
8. Celine Schoenmaker	DWK	NED	199801976	<b>1:18.08</b>	+0.75		36.36	1:18.08
9. Melissa van der Heijden	ZPV Barracuda	NED	199605226	<b>1:18.47</b>	+0.67		37.01	1:18.47
10. Lotte Middelbos	De Schotejil	NED	199900680	<b>1:18.65</b>	+0.72		36.46	1:18.65
11. Lonneke Graansma	ZVL-1886 Tetteroo	NED	199900936	<b>1:18.71</b>	+0.74		36.84	1:18.71
12. Lisanne Seising	VZC	NED	200002084	<b>1:19.63</b>	+0.72		37.21	1:19.63
13. Chantal Beijer	DWT	NED	199700884	<b>1:20.22</b>	+0.64		36.61	1:20.22
14. Mirelle de Kort	Neptunus'58	NED	200005546	<b>1:20.42</b>	+0.79		37.90	1:20.42
15. Anoeska van de Kraats	DWK	NED	199701284	<b>1:20.80</b>	+0.69		38.16	1:20.80
16. Nilce Mendes Barbosa	Albion WSS (SG)	NED	199800214	<b>1:22.11</b>	+0.56		37.64	1:22.11
17. Lindy Elkerbout	De Veene	NED	200000604	<b>1:22.46</b>	+0.60		38.25	1:22.46
18. Kimberly Coenders	De Lansingh	NED	199900880	<b>1:22.71</b>	+0.67		37.87	1:22.71
19. Rianne van Rijssen	Noord Veluwe	NED	199702360	<b>1:24.08</b>	+0.63		39.25	1:24.08
20. Masha Odijk	GoSwim	NED	199904922	<b>1:24.29</b>	+0.74		38.81	1:24.29
21. Marielle van der Vaart	ZVVS	NED	200000994	<b>1:25.77</b>	+0.75		40.55	1:25.77
22. Danique de Vegt	ESCA Zwemmen	NED	199802692	<b>1:27.03</b>	+0.67		41.20	1:27.03
23. Emma Schell	De Dolfijn	NED	199906574	<b>1:27.42</b>	+0.69		41.22	1:27.42
24. Sheila Ten Voorde	ZVV	NED	199904538	<b>1:27.64</b>	+0.80		40.91	1:27.64
25. Brighid van Uffelen	ZPB H&L Productions	NED	199800310	<b>1:28.77</b>	+0.73		41.41	1:28.77
26. Maud Heldoorn	Deltasteur	NED	200000564	<b>1:29.34</b>	+0.59		41.32	1:29.34
27. Kusuma Dewi	Aquapoldro	NED	199706616	<b>1:36.31</b>	+0.93		45.38	1:36.31
28. Yvette Meijer	Zwemvereniging Hoogland	NED	199706590	<b>1:36.39</b>	+1.00		45.45	1:36.39
29. Kim van Rossum	ZC AquaDream	NED	199706374	<b>1:48.01</b>	+1.15		51.38	1:48.01
30. Mariska Scholts	Rotterdam Swimming (SG)	NED	199606804	<b>2:04.80</b>	+0.92		56.98	2:04.80
AFGEM Winnie de Vries	De Wellerobben	NED	199606766					



Programmanr. 29, Dames, 100m schoolslag

Masters 25+

1. Yvon Versteeg	De Veene	NED	199201864	<b>1:12.88</b>	+0.74	34.36	1:12.88
<i>Nederlands Masters Record</i>							
2. Paloma Dominguez Artiga	Club Natacion Cuatro Caminos	ESP		<b>1:15.68</b>	+0.80	36.32	1:15.68
3. Fiona Meuffels	RZ	NED	199504366	<b>1:17.11</b>	+0.67	36.13	1:17.11
4. Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	<b>1:18.83</b>	+0.70	36.63	1:18.83
5. Chantal van der Horst	De Meer	NED	199400616	<b>1:19.49</b>	+0.77	37.68	1:19.49
6. Karin Verbeek	Nautilus	NED	199201848	<b>1:20.14</b>	+0.57	37.76	1:20.14
7. Karlien Veldscholte	Ragnar	NED	199305880	<b>1:20.40</b>	+0.67	37.92	1:20.40
8. Yvette de Gier	De Columbiaan	NED	199402124	<b>1:21.02</b>	+0.58	37.64	1:21.02
9. Eline van Gemert	De Meer	NED	199505458	<b>1:22.04</b>	+0.62	38.61	1:22.04
10. Isabelle Massar	WVZ	NED	199102034	<b>1:22.74</b>	+0.77	37.97	1:22.74
11. Danielle Vermeulen	Zwemlust- den Hommel	NED	199108534	<b>1:23.05</b>	+0.64	38.97	1:23.05
12. Leontine Groeneveldt	De Duck	NED	199303526	<b>1:27.63</b>	+0.62	40.36	1:27.63
13. Suzanne Tetteroo	ZPC De Zeeuwse Kust	NED	199104384	<b>1:27.64</b>	+0.90	41.19	1:27.64
14. Nicky Vanhijfte	Scheldestroom	NED	199201806	<b>1:31.32</b>	+0.62	41.68	1:31.32
15. Marissa Veenstra-Humme	BZ& PC	NED	199202560	<b>1:33.67</b>	+0.77	43.99	1:33.67
16. Brechtje Arts	Aquapoldro	NED	199406368	<b>1:39.94</b>	+0.92	47.32	1:39.94

Masters 30+

1. Marion Regnier	CNSW	BEL	009410/90	<b>1:15.44</b>	+0.68	35.30	1:15.44
2. Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>1:18.63</b>	+0.74	36.95	1:18.63
3. Susanne van der Linden	DIO	NED	198802736	<b>1:19.65</b>	+0.79	37.65	1:19.65
4. Karin van Dijk	De Wellerobben	NED	198600850	<b>1:20.82</b>	+0.83	38.11	1:20.82
5. Suzan Blankestijn	ZVL-1886 Tetteroo	NED	198900350	<b>1:21.90</b>	+0.75	37.66	1:21.90
6. Monique Pronk	WVZ	NED	198803528	<b>1:24.19</b>	+0.66	39.48	1:24.19
7. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>1:24.45</b>	+0.79	39.70	1:24.45
8. Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	<b>1:24.95</b>	+0.81	40.35	1:24.95
9. Eline Nijskens	De Marlijn (SG)	NED	198803194	<b>1:27.22</b>	+0.95	41.24	1:27.22
10. Chantal Veneman	Rotterdam Swimming (SG)	NED	198704232	<b>1:29.03</b>	+0.58	41.02	1:29.03
11. Esther van Maastricht	Montferland	NED	198802836	<b>1:29.66</b>	+0.79	42.35	1:29.66
12. Sandra van der Ende	WVZ	NED	198701132	<b>1:30.98</b>	+0.77	42.64	1:30.98
13. Janneke Wynia	WS Twente	NED	199005500	<b>1:37.08</b>	+1.01	45.67	1:37.08
14. Carola Hompes	Budel	NED	198801868	<b>1:39.91</b>	+0.81	47.59	1:39.91
NG.ZA Anita Visch	Nunspeet	NED	199003988				

Masters 35+

1. Laura Badoux	DAW	NED	198200038	<b>1:18.81</b>	+0.75	37.32	1:18.81
2. Joke De Temmerman	De Dolfijnen ZC Zomergem	BEL	21034/82	<b>1:21.22</b>	+0.55	37.87	1:21.22
3. Caroline van Tiggelen	Scheldestroom	NED	198301970	<b>1:23.41</b>	+0.62	38.31	1:23.41
4. Leonie van der Lavoir	ZPC Numansdorp	NED	198501834	<b>1:24.87</b>	+0.63	39.41	1:24.87
5. Renee de Kok	PSV	NED	198403350	<b>1:25.80</b>	+0.61	40.69	1:25.80
6. Ilja Janssen	ESCA Zwemmen	NED	198102234	<b>1:27.23</b>	+0.88	40.47	1:27.23
7. Angela Giezen	Upstream Amsterdam	NED	198302796	<b>1:30.36</b>	+0.61	42.65	1:30.36
8. Aafke Groot	De Geul	NED	198302748	<b>1:34.11</b>	+0.91	44.35	1:34.11

Masters 40+

1. Kika Meijers	SWOL 1894	NED	198000736	<b>1:21.82</b>	+0.90	38.85	1:21.82
2. Meritxell Gonfaus Brunet	CN Aquamasters	ESP		<b>1:22.00</b>	+0.68	38.08	1:22.00
3. Anke Lambooj	De Vliet (SG)	NED	198001182	<b>1:26.24</b>	+0.64	39.60	1:26.24
4. Yvonne Gerritsen	WVZ	NED	198000342	<b>1:26.98</b>	+0.63	40.87	1:26.98
5. Miranda Boer	WIDEX GZC DONK	NED	197601130	<b>1:27.50</b>	+0.86	40.80	1:27.50
6. Inge Roskam	De Duinkickers	NED	197801296	<b>1:28.92</b>	+0.84	40.55	1:28.92
7. Rachel Trainor	De Duck	NED	197700670	<b>1:29.28</b>	+0.71	41.62	1:29.28
8. Margriet Daalman	De Spatters	NED	197801368	<b>1:37.19</b>	+0.59	44.96	1:37.19

Programmanr. 29, Dames, 100m schoolslag

Masters 45+

1. Karin Stein	ZVVS	NED	197100554	<b>1:22.93</b>	+0.77	39.41	1:22.93
2. Isabelle Dherbecourt	Dunkerque Natation	FRA	1574264	<b>1:23.56</b>	+0.58	39.36	1:23.56
3. Gudule van der Meer	PSV	NED	197200396	<b>1:24.13</b>	+0.80	40.90	1:24.13
4. Isabelle Josselin	Dunkerque Natation	FRA	2500231	<b>1:24.16</b>	+0.62	40.24	1:24.16
5. Nadège van Meeteren	De Meer	NED	197400736	<b>1:26.42</b>	+0.85	40.24	1:26.42
6. Katharina Schlipp	De Vliet (SG)	NED	197301004	<b>1:26.76</b>	+0.64	41.13	1:26.76
7. Yvette Ratering	De Ward	NED	197200990	<b>1:29.68</b>	+0.84	42.74	1:29.68
8. Annette de Visser	Oceanus	NED	197100602	<b>1:29.70</b>	+0.87	42.33	1:29.70
9. Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	<b>1:29.75</b>	+0.80	42.27	1:29.75
10. Pascalle Janssen	Patrick-De Roersoppers (SG)	NED	197300852	<b>1:31.83</b>	+0.84	42.13	1:31.83
11. Wendy Hendrikk-Verhagen	TRB-RES	NED	197101038	<b>1:35.85</b>	+0.72	46.13	1:35.85
12. Greta Wyma-Teitsma	DWK	NED	197100696	<b>1:46.49</b>	+0.73	50.50	1:46.49
13. Evelien Naatje	WS Twente	NED	197200838	<b>1:48.09</b>	+1.00	49.87	1:48.09
14. Linda Kerkmeester	GoSwim	NED	197400980	<b>1:49.15</b>	+0.69	51.90	1:49.15
15. Conny Veenings	ZV Haerlem	NED	197300980	<b>1:52.86</b>	+1.05	54.28	1:52.86
DIS Ursula Spoelstra-de Groot	WS Twente	NED	197200952				SK

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 50+

1. Trudy Ketting	PSV	NED	197000268	<b>1:19.49</b>	+0.76	37.52	1:19.49
<i>Nederlands Masters Record</i>							
2. Marjo Goelema-Koek	De Biesboschwimmers	NED	196900192	<b>1:21.44</b>	+0.74	37.90	1:21.44
3. Jacqueline Tuin	DAW	NED	196600690	<b>1:24.17</b>	+0.61	39.51	1:24.17
4. Iris van Aurich	DWK	NED	196900866	<b>1:25.99</b>	+0.62	40.17	1:25.99
5. Regine Beckers-Stribos	De Rog	NED	197000492	<b>1:30.27</b>	+0.81	42.22	1:30.27
6. Irna van der Molen	WS Twente	NED	196900938	<b>1:39.18</b>		46.88	1:39.18
7. Roelien Speelman-Tigelaar	De Spatters	NED	196600664	<b>1:40.01</b>	+0.84	44.75	1:40.01
8. Sylvia Avitabile	Budel	NED	196700728	<b>1:52.29</b>	+0.99	53.29	1:52.29
9. Maaïke Heïdt	ZPB H&L Productions	NED	196901068	<b>1:53.99</b>	+0.92	54.78	1:53.99
DIS Helena Mels	ZVVS	NED	196901036				

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 55+

1. Allie Price	Cardiff Masters	GBR	547582	<b>1:26.96</b>	+0.55	40.97	1:26.96
<i>Kampioenschaps Record</i>							
2. Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	<b>1:33.55</b>	+0.81	43.85	1:33.55
3. Annemarie Vuist-Blum	SWOL 1894	NED	196300282	<b>1:35.53</b>	+0.78	46.47	1:35.53
4. Petra Tossings	DAW	NED	196100376	<b>1:36.45</b>	+0.67	45.87	1:36.45
5. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	<b>1:37.59</b>		46.37	1:37.59
6. Erica Muller	De Geul	NED	196400412	<b>1:45.26</b>	+0.59	50.21	1:45.26
7. Jenny Westervaarder	H2Oldambt	NED	196200424	<b>1:52.25</b>		52.58	1:52.25
8. Annemarie Straetemans	De Geul	NED	196300508	<b>1:57.46</b>	+0.95	54.98	1:57.46
9. Riekie Schra	Steenwijk 1934	NED	196400404	<b>2:21.96</b>	+1.31	1:05.82	2:21.96

Masters 60+

1. Liudmila Skopina	CNBA	BEL	007092/57	<b>1:36.38</b>	+1.00	46.19	1:36.38
<i>Belgisch Masters Record</i>							
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	<b>1:38.53</b>	+0.80	46.70	1:38.53
3. Inge Wolfs	HHZV Plons	NED	196000304	<b>1:38.70</b>	+0.89	47.28	1:38.70
4. Claire Anthony	CNSW	BEL	001353/57	<b>1:46.47</b>	+0.79	51.90	1:46.47
5. Hannie Poletiek	TriVia	NED	195900278	<b>1:46.57</b>	+0.79	51.47	1:46.57
6. Lia Bijkerk	WIDEX GZC DONK	NED	196000014	<b>1:52.61</b>		52.74	1:52.61
7. Anje Manuputty	PSV	NED	195700176	<b>1:53.80</b>		54.46	1:53.80
8. Willy Schoenmaker-ter Veer	DWK	NED	195900254	<b>1:58.97</b>	+0.91	55.10	1:58.97
9. Mies Kuipers	Old Dutch	NED	195800202	<b>2:11.14</b>	*+0.97	1:02.68	2:11.14
10. Karien Musters	Old Dutch	NED	195800236	<b>2:12.41</b>	+0.90	1:03.61	2:12.41

onjuistheden / mistakes?

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 29, Dames, 100m schoolslag

Masters 65+

1. Ineke Weekers	PSV	NED	195300050	<b>1:33.81</b>	+0.84	45.18	1:33.81
<i>Nederlands Masters Record</i>							
2. Tineke van Diggelen	ZPCH	NED	195200048	<b>1:56.28</b>	+0.92	54.71	1:56.28
3. Ineke Brouwers	PSV	NED	195200070	<b>2:09.94</b>		1:00.13	2:09.94
4. Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	<b>2:18.15</b>	+1.11	1:05.48	2:18.15

Masters 70+

1. Bea Swijnenberg	SWOL 1894	NED	194900010	<b>1:46.78</b>		50.66	1:46.78
2. Elly Maassen	Hellas-Glana	NED	195000044	<b>1:58.80</b>		56.32	1:58.80
3. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>2:04.22</b>	+0.99	56.30	2:04.22

Programmanr. 30  
25-01-2020 - 17:11

4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	tijd	RT	PARA
<b>80+, Dames</b>				
1.	De Dolfijn	<b>1:51.80</b>	+0.76	
<i>Kampioenschaps Record</i>				
	Tamara Grove	96	+0.76	26.94
	Emma Schell	99	+0.29	29.29
	Karen Stolk	94	+0.31	28.56
	Zoë van der Aart	95	+0.33	27.01
2.	Zwemvereniging Hoogland	<b>2:03.52</b>	+0.61	
	Anne-Irene Duchaine	95	+0.61	30.05
	Yvette Meijer	97	0.00	32.31
	Nicole van Zuilen	95	+0.43	33.35
	Jamilla van Veen	96	+0.53	27.81
<b>80+, Heren</b>				
1.	TRB-RES	<b>1:42.09</b>	+0.71	
	Bart Kiesewetter	91	+0.71	26.32
	Robin Hermans	94	+0.29	27.49
	Rico Keizer	99	+0.40	24.58
	Nicko Kamphuis	99	+0.21	23.70
2.	De Schotejil	<b>1:44.09</b>	+0.68	
	Aron Paasse	00	+0.68	25.31
	Niels Albrechts	88	+0.39	26.85
	David Kievit	99	+0.11	26.53
	Jacob Mackloet	00	+0.30	25.40
<b>80+, Gemengd</b>				
1.	Albion WSS (SG)	<b>1:40.64</b>	+0.64	
<i>Nederlands Masters Record</i>				
	Ennger Kotterink	94	+0.64	22.84
	Thomas Verhoeven	97	+0.38	22.70
	Fenna de Groot	97	+0.37	27.84
	Marije Dinkelberg	97	+0.63	27.26
2.	Hieronymus	<b>1:46.35</b>	+0.71	
	Jaro Musters	98	+0.71	24.99
	Bart de Bruijn	00	+0.44	26.16
	Nadja Wortel	98	+0.32	27.68
	Selene Wortel	97	+0.59	27.52
3.	De Veene	<b>1:46.93</b>	+0.72	
	Gideon Teeuw	98	+0.72	26.44
	Yvon Versteeg	92	+0.32	27.01
	Diederick Schothans	97	+0.16	24.91
	Lindy Elkerbout	00	+0.07	28.57
4.	ZPC De Zeeuwse Kust	<b>1:48.56</b>	+0.68	
	Tom van Gils	95	+0.68	27.49
	Kirsten Walraven	00	+0.61	27.98
	Laura Nieuwland	00	+0.30	29.03
	Kalle van Gemert	98	+0.28	24.06
5.	VZC	<b>1:48.69</b>	+0.74	
	Olaf Achterberg	90	+0.74	24.05
	Jelle Nap	95	+0.37	24.58
	Lisanne Seising	00	+0.38	30.58
	Amber van de Kraats	99	+0.26	29.48
6.	ZPC De Hof	<b>1:50.17</b>	+0.77	
	Naomi Klein	99	+0.77	28.73
	Linde Haverkate	99	+0.19	29.12
	Jorden Theijink	94	+0.17	25.69
	Leon Kloots	00	+0.31	26.63

onjuistheden / mistakes?

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 30, Gemengd, 4 x 50m vrije slag, 80+

rang	vereniging				tijd	RT	PARA
7.	ZPV Barracuda 2	ZPV Barracuda	NED		<b>1:51.60</b>	+0.78	
	Iris van Berkel	00 +0.78	30.02	Emiel van Beusekom	94 +0.30	25.05	
	Anouque Berghuis	96 +0.60	29.59	Thomas Hesper	00 +0.56	26.94	
8.	Albion WSS (SG) 5	Albion WSS (SG)	NED		<b>1:56.05</b>	+0.58	
	Nick Boekestijn	99 +0.58	26.64	Jacoline van den Beukel	91 +0.31	30.57	
	Yancey Bouman	98 +0.47	32.61	Patrick Wyrdeeman	97 +0.20	26.23	
9.	Deltasteur 1	Deltasteur	NED		<b>1:58.76</b>	+0.77	
	Thirza Bollema	00 +0.77	33.83	Maud Heldoorn	00 +0.39	29.85	
	Patrick de Jonge	89 +0.36	27.67	Tom de Lange	93 +0.58	27.41	

100+, Dames

1.	WVZ 1	WVZ	NED		<b>1:55.65</b>	+0.78	
	Adaja Stoetman	96 +0.78	28.81	Isabelle Massar	91 +0.46	29.07	
	Sabine Koudijs	95 +0.16	30.13	Delia Badoux	80 +0.24	27.64	
2.	Steenwijk 1934 1	Steenwijk 1934	NED		<b>1:57.88</b>	+0.86	
	Ilse Blankvoort	92 +0.86	32.15	Alies Wagter	99 +0.65	28.39	
	Nanda de Vries	92 +0.45	28.67	Jacyntha Plat	90 +0.28	28.67	
3.	ESCA Zwemmen 1	ESCA Zwemmen	NED		<b>2:00.31</b>	+0.83	
	Danique de Vegt	98 +0.83	31.85	Iija Janssen	81 +0.60	31.89	
	Lianne Slagter	95 +0.30	28.36	Moniek van Langevelde	98 +0.38	28.21	
AFGEM	ZVL-1886 Tetteroo 1	ZVL-1886 Tetteroo	NED				

100+, Heren

1.	Rotterdam Swimming 2 <i>Nederlands Masters Record</i>	Rotterdam Swimming (SG)	NED		<b>1:35.09</b>	+0.65	
	Derk Jan Speelman	96 +0.65	24.90	Martijn Dolk	89 +0.31	24.68	
	Melvin Prins	95 +0.42	23.56	Jeroen Baars	92 +0.35	21.95	
2.	De Kempvis 1	De Kempvis	NED		<b>1:39.65</b>	+0.66	
	Romero Hennep	93 +0.66	23.99	Erik Wegman	92 +0.44	25.17	
	Floyd van Duyvenbode	96 +0.25	25.14	Dennis Doove	92 +0.30	25.35	
3.	Albion WSS (SG) 2	Albion WSS (SG)	NED		<b>1:40.04</b>	+0.66	
	Timo Dinkelberg	93 +0.66	24.54	Guido Moret	85 +0.31	25.32	
	Ayrton Mooldijk	99 +0.14	25.86	Otto Pranger	00 +0.53	24.32	
4.	De Lansingh 1	De Lansingh	NED		<b>1:40.07</b>	+0.73	
	Nol van Thull	80 +0.73	24.19	Alex Catsburg	94 +0.21	25.74	
	Kevin Kingma	97 +0.47	24.78	Rutger Dalm	90 +0.36	25.36	
5.	Club Natacion Cuatro Caminos 1	Club Natacion Cuatro Caminos	ESP		<b>1:40.19</b>	+0.67	
	Jeroen Bastijns	94 +0.67	25.87	Pablo Benavides Lopez	91 +0.14	24.53	
	Jorge Arrebola Rodriguez	82 +0.11	26.06	Jjh Van Deursen	94 +0.14	23.73	
6.	ESCA Zwemmen 2	ESCA Zwemmen	NED		<b>1:42.83</b>	+0.68	
	Job Esink	98 +0.68	27.50	Mike Schel	94 +0.26	25.49	
	Sander de Vrugt	89 +0.14	25.21	Tom Driessen	87 +0.45	24.63	
7.	Steenwijk 1934 3	Steenwijk 1934	NED		<b>1:43.59</b>	+0.77	
	Diederik de Boer	00 +0.77	26.81	Bernd Kobesen	93 +0.39	24.90	
	Rick Driezen	86 +0.56	25.78	Kylian Kooijman	99 +0.47	26.10	
8.	DWT 1	DWT	NED		<b>1:45.53</b>	+0.75	
	Mark Barg	98 +0.75	25.81	Bido Mohamed	98 +0.03	27.60	
	Hiras Ferrandino	93 +0.34	25.87	Peter van de Bor	84 +0.23	26.25	

Programmanr. 30, 4 x 50m vrije slag

100+, Gemengd

1. DWK 1	DWK	NED	<b>1:43.11</b>	+0.65
Serginni Marten	93 +0.65 23.41	Anoeska van de Kraats	97 +0.41 28.45	
Kevin Etink	91 +0.20 23.72	Celine Schoenmaker	98 +0.22 27.53	
2. Dedemsvaart-AC 1	Dedemsvaart-AC	NED	<b>1:43.25</b>	+0.72
Robert Dekker	84 +0.72 24.73	Laura Compagner	98 +0.35 27.18	
Sepp Kalter	97 +0.24 24.08	Michelle Zomerdijk	00 +0.29 27.26	
3. ZVL-1886 Tetteroo 3	ZVL-1886 Tetteroo	NED	<b>1:48.47</b>	+0.73
Linda van der Voort	92 +0.73 28.56	Kristiaan Lenos	83 +0.39 24.85	
Lonneke Graansma	99 +0.43 30.13	Robin van Beek	97 +0.28 24.93	
4. De Columbiaan 1	De Columbiaan	NED	<b>1:48.57</b>	+0.59
Kimberley van Wijk	94 +0.59 31.98	Miranda Nijenhuis	92 +0.38 27.47	
Jeroen Eggeraat	92 +0.33 25.26	Jordy Zuidhoek	92 +0.13 23.86	
5. De Columbiaan 2	De Columbiaan	NED	<b>1:50.03</b>	+0.80
Jaimy Lee Taskin	94 +0.80 29.44	Elwin Kamminga	91 +0.37 25.91	
Yvette de Gier	94 +0.56 31.32	Thijs van Wieringen	99 +0.21 23.36	
6. DIO 1	DIO	NED	<b>1:50.94</b>	+0.68
Timo Musters	98 +0.68 25.80	Susanne van der Linden	88 +0.50 30.63	
Martino Valentijn	94 +0.54 26.96	Jolanda Post	90 +0.50 27.55	
7. HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	<b>1:52.09</b>	+0.78
Daniëlle de Boer	94 +0.78 29.04	Fraukje Puts	92 +0.10 28.95	
Marten Ettema	90 +0.54 29.97	Dennis Bos	92 +0.11 24.13	
8. De Schotejil 2	De Schotejil	NED	<b>1:56.30</b>	+0.77
Lotte Middelbos	99 +0.77 28.63	Whitley Rens	90 +0.42 31.81	
Sven Dubbeld	96 +0.51 28.19	Leander Noordijk	81 +0.41 27.67	
9. BZ& PC 1	BZ& PC	NED	<b>1:56.58</b>	+0.82
Marissa Veenstra-Humme	92 +0.82 33.77	Bart van der Zwaan	90 +0.42 26.75	
Chantal van der Zwaan	93 +0.19 29.87	Hans van Wijk	89 +0.40 26.19	

120+, Dames

1. MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>1:57.39</b>	+0.86
Bianca Groot	70 +0.86 30.95	Suzanne Mosch	94 +0.54 29.19	
Jet Kleine	99 +0.09 29.26	Tessa Mosch	91 +0.29 27.99	
2. ZPC Woerden 1	ZPC Woerden	NED	<b>1:58.60</b>	+0.66
Mandy Verbakel	90 +0.66 29.61	Ilse van den Wijngaard	89 +0.46 30.08	
Marjan Remmits	63 +0.24 30.09	Sabine Lina	89 +0.46 28.82	
3. DAW 2	DAW	NED	<b>1:58.68</b>	+0.59
Sandra Zwaanswijk	85 +0.59 29.50	Laura Badoux	82 +0.37 30.11	
Inge Koopman	93 +0.19 30.48	Denise Boonstra	99 +0.43 28.59	
4. De Duck 1	De Duck	NED	<b>2:00.57</b>	+0.64
Céline Verhoef	96 +0.64 30.11	Leontine Groeneveldt	93 +0.42 30.45	
Geraldine Trainor	75 30.27	Lenneke Bagijn	96 +0.40 29.74	
5. PSV 4	PSV	NED	<b>2:01.47</b>	+0.75
Manon van Esch	97 +0.75 28.79	Renee de Kok	84 +0.26 30.67	
Michal Thiele	90 +0.62 31.77	Liselotte Joling	75 +0.60 30.24	
6. De Lansingh 2	De Lansingh	NED	<b>2:06.72</b>	+0.90
Roos van Esch	82 +0.90 31.05	Gwendoline Kruit	98 +0.23 32.09	
Jacqueline Rolloos-Bakkers	63 +0.30 33.60	Kimberly Coenders	99 +0.23 29.98	
7. WVZ 2	WVZ	NED	<b>2:07.34</b>	+0.65
Monique Pronk	88 +0.65 31.68	Linda Hoogendam	83 +0.46 32.83	
Sandra van der Ende	87 +0.26 31.55	Yvonne Gerritsen	80 +0.37 31.28	
8. The Hague Swimming (SG) 1	The Hague Swimming (SG)	NED	<b>2:08.62</b>	+0.72
Louise Schets	79 +0.72 34.38	Stefanie Kohl	84 +0.59 36.07	
Eef Hollander	96 0.00 29.40	Lincy de Winter	98 +0.22 28.77	
9. AZC 1	AZC	NED	<b>2:09.26</b>	+0.69
Mariska Zaal	88 +0.69 31.48	Esther Boerdam-Delfos	87 +0.24 32.66	
Samantha Go	84 +0.48 36.06	Monique Remst	87 +0.29 29.06	
10. De Marlijn (SG) 1	De Marlijn (SG)	NED	<b>2:11.19</b>	
Joan Fontaine	88 33.47	Ingeborg Speelman Hamelink	76 33.68	
Eline Nijskens	88 33.20	Jessica Klaassen	79 30.84	
11. ZPC De Hof 1	ZPC De Hof	NED	<b>2:11.73</b>	+0.92
Saskia Oostdijk	78 +0.92 36.17	Deborah Wissink	95 +0.50 29.60	
Agnes Holterman	75 +0.44 35.89	Lianne Roescher	99 +0.32 30.07	

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Programmanr. 30, Dames, 4 x 50m vrije slag, 120+

rang	vereniging				tijd	RT	PARA
12.	Montferland 1	Montferland	NED		<b>2:16.18</b>	+0.83	
	Hanneke Heymen	84 +0.83	32.51	Wilma Lammers-Wigman	64 +0.39	38.78	
	Kelly Bocking	91 +0.44	32.56	Marrit Esman	96 +0.27	32.33	
13.	Rotterdam Swimming 1	Rotterdam Swimming (SG)	NED		<b>2:26.67</b>	+0.90	
	Emmy van Thiel	90 +0.90	33.61	Femke Smits	84 +0.25	38.90	
	Mariska Scholts	96 +0.26	41.16	Chantal Veneman	87 +0.31	33.00	
DIS	Club Natacion Cuatro Caminos 1	Club Natacion Cuatro Caminos	ESP			+0.86	
	<i>EA - Te vroeg overgenomen., 3de zwemmer</i>						
	Lorena Martin Sanchez	91 +0.86	31.25	Noelia Diaz Moruno	89 -0.05		
	Marta Martinez Rodriguez	89 +0.21	31.89	Paloma Dominguez Artiga	91		

120+, Heren

1.	ZV Hoogland 1	Zwemvereniging Hoogland	NED		<b>1:40.76</b>	+0.66	
	Bas Dries	95 +0.66	23.81	Dick Kampman	88 +0.14	25.38	
	Yuri van Omme	85 +0.34	25.69	Rutger Stam	81 +0.07	25.88	
2.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED		<b>1:42.94</b>	+0.73	
	Edwin v. Norden	63 +0.73	26.16	Martijn Bartels	96 +0.43	25.91	
	Martijn Giezen	85 +0.19	25.64	Jelle Blankestijn	98 +0.32	25.23	
3.	DAW 1	DAW	NED		<b>1:43.28</b>	+0.66	
	Wouter Zijlstra	82 +0.66	27.13	Pieter van Gemenen	69 +0.18	26.38	
	Alex Damen	75 +0.34	26.09	Felix Geenen	95 +0.27	23.68	
4.	Legia Warszawa 1	Legia Warszawa	POL		<b>1:43.81</b>	+0.68	
	Marcin Wilcz ga	81 +0.68	26.26	Tomasz Wilcz ga	87 +0.15	25.87	
	Romuuld Kozlowski	66 +0.63	26.95	Filip Rowi ski	90 +0.39	24.73	
5.	SGGO (SG) 1	SGGO (SG)	NED		<b>1:48.01</b>	+0.68	
	Kees Akershoek	69 +0.68	28.10	Bastian Zoon	87 +0.24	26.21	
	Ramon van Huizen	94 +0.26	26.80	Jordi Schaaf	98 +0.30	26.90	
6.	WS Twente 2	WS Twente	NED		<b>1:48.54</b>	+0.76	
	Eric Hoekman	74 +0.76	26.12	Marcel Reefhuis	81 +0.36	26.83	
	Wessel Everloo	89 +0.49	29.16	Laurens Spoelstra	99 +0.63	26.43	
7.	ZPV Barracuda 3	ZPV Barracuda	NED		<b>1:55.80</b>	+0.78	
	Dennis Dortland	78 +0.78	27.05	Walter Rolloos	59 +0.38	32.72	
	Robin van Beusekom	92 +0.27	28.03	Martijn Houweling	96 +0.58	28.00	

120+, Gemengd

1.	ZPV Barracuda 1	ZPV Barracuda	NED		<b>1:48.51</b>	+0.61	
	Melissa van der Heijden	96 +0.61	28.71	Mark Hensen	79 +0.14	25.05	
	Denise Boereboom	92 +0.56	28.61	Pascal van Haren	87 +0.44	26.14	
2.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED		<b>1:50.16</b>	+0.80	
	Mark Zwart	79 +0.80	26.45	Danielle Vermeulen	91 +0.33	29.73	
	Linda Kamperman	96 +0.42	28.32	Mark Musch	84 +0.18	25.66	
3.	De Ward 1	De Ward	NED		<b>1:51.81</b>	+0.72	
	Eva Kattouw	94 +0.72	29.29	Yvette Ratering	72 +0.58	30.10	
	Antwan van Engen	71 +0.39	26.28	Stephan van Grevenbroek	00 +0.49	26.14	
4.	ZOB'66 1	ZOB'66	NED		<b>1:58.08</b>	+0.50	
	Wendy de Bruin	92 +0.50	29.44	Ingmar de Gelder	70 +0.10	27.63	
	Danielle Schipper	70 +0.42	35.60	Daan Siebenheller	98 +0.27	25.41	
5.	De Duck 2	De Duck	NED		<b>1:59.91</b>	+1.05	
	Erik Saan	65 +1.05	29.88	Dylan Kalden	00 +0.62	27.73	
	Judith Kleinjan	98 +0.39	31.52	Sandra Vermeulen	93 +0.30	30.78	
6.	De Duinkickers 2	De Duinkickers	NED		<b>2:05.95</b>	+0.71	
	Jeffrey Roest	97 +0.71	27.15	Inge Roskam	78 +0.18	34.40	
	Ruben de Boer	93 +0.17	29.21	Esther van Buren	80 +0.21	35.19	
7.	Rotterdam Swimming 4	Rotterdam Swimming (SG)	NED		<b>2:09.87</b>	+0.65	
	Ferdij van Mastrigt	88 +0.65	27.66	Tim van den Berg	85 +0.46	27.90	
	Dorien Pastoors	94 +0.46	35.70	Linda Goderie	69 +0.52	38.61	
DIS	De Amstel 1	De Amstel	NED			+0.80	
	<i>EA - Te vroeg overgenomen., 3de zwemmer</i>						
	Iris van der Moolen	99 +0.80	29.49	Romy Verhagen	99 -0.05		
	Henri Michels	65 +0.35	29.19	Nick Sijmons	95		

Programmanr. 30, Gemengd, 4 x 50m vrije slag, 120+

rang	vereniging	tijd	RT	PARA
AFGEM	Rotterdam Swimming 3	Rotterdam Swimming (SG)	NED	

160+, Dames

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED	<b>2:02.32</b>	+0.78	
	Danica Koedoot	93 +0.78	29.76	Henriëtte v. Norden	68 +0.39	31.46
	Talje Dijkhuis	66 +0.20	32.45	Joanne van Essen	93 +0.59	28.65
2.	Old Dutch 1	Old Dutch	NED	<b>2:10.79</b>	+0.79	
	Nicole van der Kooij	87 +0.79	32.88	Marleen Zantingh	78 +0.41	32.68
	Marjon Boidin	76 +0.62	34.94	Chantal Verhoeff	79 +0.53	30.29
3.	De Geul 1	De Geul	NED	<b>2:11.18</b>	+0.78	
	Marian Nederlof	76 +0.78	32.35	Marijke Campfens	69	33.14
	Aafke Groot	83 +0.33	34.47	Nanda van Heteren	89	31.22
4.	De Rog 2	De Rog	NED	<b>2:13.37</b>		
	Esther Wouters	73	36.21	Sandra Peeters-Wiermans	74	31.46
	Sandra Van der Helm	78 +0.38	35.04	Chantal Winters	76 +0.44	30.66
5.	Budel 1	Budel	NED	<b>2:32.17</b>	+1.03	
	Miriam Stevens	69 +1.03	41.72	Sylvia Avitabile	67 +0.57	40.90
	Carola Hompes	88 +0.30	36.13	Ely Scheepers	91 +0.80	33.42

160+, Heren

1.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED	<b>1:38.57</b>	+0.78	
	<i>Nederlands Masters Record</i>					
	Erwin Buist	78 +0.78	25.11	Vincent Bakker	86 +0.10	25.77
	Chester Marsman	69 +0.20	24.96	Joan Kentrop	85 +0.41	22.73
2.	De Gelenberg 1	De Gelenberg	NED	<b>1:46.32</b>	+0.68	
	Geert Wijn	67 +0.68	26.83	Roel van der Kruis	85 +0.13	26.91
	Jeroen Jacobs	75 +0.27	26.40	Marcel van Winssen	71 +0.44	26.18
3.	WVZ 3	WVZ	NED	<b>1:46.38</b>	+0.75	
	Ivo Roozeboom	77 +0.75	26.09	Markus van Rest	77 +0.52	27.48
	Jan-Willem van den Berg	68 +0.24	26.82	Jordy van Oel	98 +0.40	25.99
4.	Klaipedos plaukimo klubas 1	Klaipedos plaukimo klubas	LTU	<b>1:50.96</b>	+0.79	
	Sigitas Tachtarovas	81 +0.79	27.13	Tomas Zemaitis	70 +0.64	28.11
	Arturas Klimas	70 +0.43	29.35	Aidas Pelesinas	72 +0.57	26.37
5.	SWOL 1894 1	SWOL 1894	NED	<b>1:53.22</b>	+0.69	
	Han Boone	77 +0.69	29.04	Michael van Bekkum	72 +0.43	27.05
	Johan Wezenberg	76 +0.51	28.69	Stefan van de Griff	87 +0.41	28.44
6.	ZVL-1886 Tetteroo 2	ZVL-1886 Tetteroo	NED	<b>1:54.02</b>	+0.74	
	Edwin van der Winden	84 +0.74	27.81	Emiel Volker	76 +0.21	28.88
	Martin Berkhout	71 +0.55	29.64	Elger Mensonides	76 +0.20	27.69
7.	Gay Swim Amsterdam 1	Gay Swim Amsterdam	NED	<b>1:54.33</b>	+0.53	
	Kees Bakker	75 +0.53	26.83	Johnny Elisen	87 +0.33	28.56
	Marcel van Walt van Praag	75 +0.30	31.83	Rob van Wanrooy	82 +0.33	27.11
8.	Steenwijk 1934 4	Steenwijk 1934	NED	<b>1:55.90</b>	+0.77	
	Guido Keutgen	68 +0.77	28.92	Lauren Vis	82 +0.38	24.56
	Korstaan de Boer	71 +0.55	30.97	Patrick Wobben	93 +0.53	31.45
9.	De Biesboschzwemmers 1	De Biesboschzwemmers	NED	<b>1:58.30</b>	+0.88	
	Nico Swart	68 +0.88	29.73	Wouter van der Stelt	72 +0.30	30.34
	Richard Tiemstra	63 +0.56	31.08	Pieter Pijnenburg	93 +0.32	27.15
10.	DWK 2	DWK	NED	<b>2:01.87</b>	+0.87	
	Koert van der Ploeg	90 +0.87	32.43	Michel van Wingerden	67 +0.52	29.10
	Gerco Schakel	69 +0.42	30.63	Martijn de Jong	71 +0.29	29.71
11.	AZC 2	AZC	NED	<b>2:05.60</b>	+0.89	
	Stefan Oostendorp	90 +0.89	28.38	Bogdan Androne	77 +0.50	29.84
	Geza Kaltenecker	42 +0.49	38.39	Michael Go	75 +0.41	28.99

Programmanr. 30, 4 x 50m vrije slag

160+, Gemengd

1.	CNSW 2 <i>Belgisch Masters Record, Ploeg en Startzwemmer</i>	CNSW	BEL	<b>1:52.51</b>	+0.64	
	Lionel Godeaux	60 +0.64	26.76	Kathy Van Lindt	71 +0.53	31.61
	Mesut Halicioglu	92 +0.34	25.11	Marion Regnier	90 +0.28	29.03
2.	TRB-RES 2	TRB-RES	NED	<b>1:52.84</b>	+0.78	
	Walter Stielstra	77 +0.78	27.00	Edith Janssen-Koolen	73 +0.23	29.01
	Bas Kremers	72 +0.61	29.11	Melissa van der Geld	95 +0.47	27.72
3.	ZVVS 1	ZVVS	NED	<b>1:55.05</b>	+0.89	
	Rene de Jong	66 +0.89	28.63	Natalie van der Hoeven	89 +0.51	29.81
	Nadya Putter	83 +0.62	30.27	Bas van de Nouwelant	80 +0.48	26.34
4.	WIDEX GZC DONK 1	WIDEX GZC DONK	NED	<b>1:56.25</b>	+0.85	
	Jacqueline de Rooter-Wijnolst	74 +0.85	31.10	Erik Schoenmakers	76 +0.40	27.52
	Miranda Boer	76 +0.50	30.35	Raymond Oosterbaan	77 +0.58	27.28
5.	De Gelenberg 2	De Gelenberg	NED	<b>1:59.75</b>	+0.87	
	Sylvia Reijers	82 +0.87	32.62	Lizanne Lamens	94 +0.60	30.77
	Ron van der Meer	60 +0.43	29.31	Erik Lamers	75 +0.22	27.05
6.	SWOL 1894 2	SWOL 1894	NED	<b>2:06.19</b>	+0.80	
	Kika Meijers	80 +0.80	31.35	Peter Lommert	79 +0.28	28.26
	Annemarie Vuist-Blum	63 +0.39	37.54	Arjan Aalbers	75 +0.53	29.04
7.	ZPC Numansdorp 1	ZPC Numansdorp	NED	<b>2:09.08</b>	+1.01	
	Hans Piederiet	54 +1.01	34.32	Miranda de Rijke- van Driel	75 +0.29	34.74
	Haico Weijers	88 +0.37	28.66	Leonie van der Lavoir	85 +0.39	31.36
8.	GoSwim 1	GoSwim	NED	<b>2:16.69</b>		
	Linda Kerkmeester	74	40.15	Masha Odijk	99 +0.18	31.47
	Toine ten Broeke	75 +0.28	35.55	Ivo Dijs	72 +0.44	29.52
9.	WS Twente 4	WS Twente	NED	<b>2:17.04</b>	+1.02	
	Janneke Wynia	90 +1.02	35.02	Jan Willem Heuten	60 +0.52	34.30
	Marloes Rebel	84 +0.25	37.32	Sebastiaan Baars	83 +0.45	30.40
10.	AZC 4	AZC	NED	<b>2:22.03</b>	+0.84	
	Timo Stek	76 +0.84	35.39	Katrina Boutwell	72 +0.42	36.12
	Wil Ponsioen-van Mil	61 +0.74	41.39	Ricardo van Dam	85 +0.44	29.13

200+, Dames

1.	ZPC AMERSFOORT 1 <i>Europees Masters Record</i>	ZPC AMERSFOORT	NED	<b>1:56.30</b>	+0.73	
	Lesley Cordial	67 +0.73	29.15	Lidia v. Bon-Rosenbrand	70 +0.06	28.93
	Atie Pijtak-Radersma	56 +0.38	30.95	Marije Jansen	85 +0.24	27.27
2.	PSV 3	PSV	NED	<b>2:02.95</b>	+0.82	
	Gudule van der Meer	72 +0.82	30.61	Jeanne Petit	70 +0.41	30.78
	Trudy Ketting	70 +0.40	31.47	Saskia Phaff	66 +0.24	30.09
3.	Albion WSS (SG) 1	Albion WSS (SG)	NED	<b>2:05.58</b>	+0.82	
	Mirjan den Drijver	75 +0.82	31.18	Netty Burik-Geijssen	63 +0.22	30.95
	Petra Schoon	69 +0.46	33.55	Tineke Janssen	64 +0.12	29.90
4.	Dunkerque Natation 1	Dunkerque Natation	FRA	<b>2:06.30</b>	+0.51	
	Isabelle Josselin	74 +0.51	30.03	Virginie Pot	71 +0.35	32.10
	Martine Vincent	55	35.35	Isabelle Dherbecourt	73 +0.10	28.82
5.	De Rog 1	De Rog	NED	<b>2:11.34</b>		
	Ageeth Westenbrink	67	37.65	Regine Beckers-Stribos	70	32.54
	Arienne Hamakers	67	32.37	Wendy Brugman	73	28.78
6.	WS Twente 1	WS Twente	NED	<b>2:22.47</b>	+0.70	
	Ima van der Molen	69 +0.70	36.95	Ursula Spoelstra-de Groot	72 +0.62	37.26
	Marijke Kraak-Beckers	60 +0.26	33.61	Evelien Naatje	72 +0.67	34.65
7.	WIDEX GZC DONK 2	WIDEX GZC DONK	NED	<b>2:25.03</b>	+0.76	
	Nathasja Konijn	71 +0.76	36.40	Feikje Wittermans	64 +0.52	35.04
	Lia Bijkerk	60 +0.54	42.11	Jessica Venema	79 +0.58	31.48
8.	DWK 3	DWK	NED	<b>2:36.86</b>	+0.87	
	Willy Schoenmaker-ter Veer	59 +0.87	46.15	Hettie Schakel	69 +0.55	35.93
	Greta Wyma-Teitsma	71 +0.39	40.47	Ellen van Wingerden-Dijkhuizen	69 +0.57	34.31
9.	Steenwijk 1934 2	Steenwijk 1934	NED	<b>2:48.46</b>	+0.79	
	Leonie Scholten	79 +0.79	37.18	Wilna Heijman	64 +0.74	36.15
	Riekie Schra	64 +0.90	58.86	Inge Soeters	73 +0.44	36.27

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl



Programmanr. 30, Dames, 4 x 50m vrije slag, 200+

rang	vereniging	tijd	RT	PARA
10.	De Geul 2	<b>2:53.01</b>	+0.56	
	Erica Muller	64	+0.56	40.35
	Geerdiën Meerwaldt	52		51.60
	NED			
	Annemarie Straetmans	63	+0.38	47.82
	Eline Molle	94	+0.40	33.24

200+, Heren

1.	De Rog 3	De Rog	<b>1:46.75</b>	+0.66
	Peter Bensen	63	+0.66	25.88
	Erik Kamphuis	60	+0.55	28.70
	NED			
	Arjan Verheij	71	+0.39	26.27
	Glen Le Clercq	68	+0.42	25.90
2.	Dunkerque Natation 2	Dunkerque Natation	<b>1:49.94</b>	+0.62
	Jean-Pierre Delaporte	56	+0.62	27.27
	Marc Switala	62	+0.23	29.81
	FRA			
	Fabrice Dehandschoewercker	64	+0.24	26.67
	Thomas Gheeraert	97	+0.47	26.19
3.	ZPC AMERSFOORT 5	ZPC AMERSFOORT	<b>1:55.27</b>	+0.79
	Mark Eligh	57	+0.79	30.28
	Henk Kuipers	62	+0.32	30.16
	NED			
	Johan Remmits	62	+0.29	26.65
	Ron Korzelijs	65	+0.37	28.18
4.	De Duinkickers 1	De Duinkickers	<b>1:58.62</b>	+0.68
	Richard Hill	66	+0.68	29.07
	Marcel Brittijn	69	+0.17	30.26
	NED			
	Robert de Brauwer	64	+0.67	30.03
	Mathieu Rikken	67	+0.41	29.26
5.	WIDEX GZC DONK 3	WIDEX GZC DONK	<b>2:04.84</b>	+0.88
	Peter Coffeng	57	+0.88	35.08
	Pierre de Groot	64	+0.67	33.01
	NED			
	Willem Jan Ribberink	65	+0.35	31.74
	Remco Oskam	92	+0.28	25.01
6.	De Rog 4	De Rog	<b>2:05.58</b>	+0.72
	Wijnand Vergeest	68	+0.72	29.75
	Huub van Kimmenade	56	+0.59	33.15
	NED			
	Hans Van de Berg	65	+0.28	31.02
	Roy Le Clercq	64	+0.60	31.66
7.	CNSW 1	CNSW	<b>2:06.84</b>	+0.88
	Jean-Marie Cadiat	53	+0.88	29.75
	Marco Usula	90	+0.49	26.41
	BEL			
	Christian Schoenaers	59	+0.74	35.48
	Ramon Alsina Munoz	69	+0.45	35.20
DIS	Budel 2	Budel		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>			

Ruud Kennis, Jos Zentjens, Joost van Eerdt, Wiljo Mackus

200+, Gemengd

1.	De Biesboschzwemmers 2	De Biesboschzwemmers	<b>1:56.89</b>	+0.74
	Marjo Goelema-Koek	69	+0.74	30.91
	Annette Wijnja-Visser	67	-0.02	31.03
	NED			
	Paul Wijnja	63	+0.35	28.68
	Harry Cornet	71	+0.46	26.27
2.	Triton 1	Triton	<b>2:04.15</b>	+0.84
	Paul Bunnik	56	+0.84	30.62
	Caroline Schreuder	67	+0.42	31.34
	NED			
	Margriet Grove-Lingeman	62	+0.27	33.21
	Ronald Grove	61	+0.52	28.98
3.	DAW 3	DAW	<b>2:05.85</b>	+0.75
	Jacqueline Tuin	66	+0.75	32.11
	Paul Oudendijk	81	+0.44	27.34
	NED			
	Petra Tossings	61	+0.43	35.35
	Hans Schoenmakers	69	+0.58	31.05
4.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)	<b>2:07.05</b>	+0.66
	Charles Bos	53	+0.66	31.86
	Pascalie Janssen	73	+0.58	33.32
	NED			
	Martine de Haart	79	+0.33	32.26
	Arno Schrauwen	65	+0.10	29.61
5.	HZ&PC Heerenveen 2	HZ&PC Heerenveen	<b>2:07.29</b>	+0.76
	René Beetsma	69	+0.76	27.70
	Ineke Meijer	52	+0.56	42.20
	NED			
	Peggi Hurenkamp	69	+0.41	33.39
	Casper Hut	78	+0.32	24.00
6.	Albion WSS (SG) 4	Albion WSS (SG)	<b>2:12.24</b>	+0.76
	Fred Dijkshoorn	65	+0.76	31.05
	Caroline Kruger	68	+0.50	36.94
	NED			
	Linda Olsson	64		38.15
	Pieter Broek	77	+0.32	26.10
7.	ESCA Zwemmen 3	ESCA Zwemmen	<b>2:25.93</b>	+0.69
	Cora Smulders	66	+0.69	44.06
	Paul Rutten	80	+0.54	30.59
	NED			
	Ria Peters-Veurman	58	+0.35	42.28
	Wridzer Bakker	67	+0.57	29.00

Programmanr. 30, 4 x 50m vrije slag

240+, Heren

1. PSV 6	PSV	NED	<b>2:06.81</b>	+0.77
Leo Hsu	68 +0.77	29.50	Evertjan Masurel	56 +0.59
Rob Hanou	43 +0.60	37.84	Harold Matla	68 +0.42
2. WS Twente 3	WS Twente	NED	<b>2:17.83</b>	+0.87
Joop Weenink	68 +0.87	33.26	Hugo Staudt	53 +0.21
Frans van Enst	40 +0.69	38.08	Bart van Calker	61 +0.07
3. Steenwijk 1934 5	Steenwijk 1934	NED	<b>3:18.84</b>	
<i>Kampioenschaps Record</i>				
Klaas Prins	28	1:37.99	Casper Dollekamp	63 +0.30
Huyb Stegeman	67	30.86	Hans van Scheepen	62 +0.40

240+, Gemengd

1. PSV 2	PSV	NED	<b>2:07.10</b>	+0.78
<i>Nederlands Masters Record</i>				
Patty Krupiarz	54 +0.78	35.16	Soan Thung	66 +0.37
Ineke Weekers	53 +0.37	35.16	Eymert van Rooij	66 +0.54
2. SWOL 1894 3	SWOL 1894	NED	<b>2:12.88</b>	+0.75
Christine Nieuwenhuis	51 +0.75	33.28	Jan-Ede Nijenhuis	64 +0.28
Bea Swijnenberg	49 +0.11	40.57	Erik Wetsteijn	65 +0.43
3. CNSW 3	CNSW	BEL	<b>2:38.80</b>	+0.81
Fernande Blondeel-Gourmet	52 +0.81	44.35	Kevork Boyrazian	44
Claire Anthony	57 +0.55	35.15	Bruno Nahon	70 +0.63
4. PSV 5	PSV	NED	<b>2:42.26</b>	+0.82
Anje Manuputty	57 +0.82	45.39	Jan Nuijten	49 +0.20
Ineke Brouwers	52 +0.23	47.53	André Pantekoek	58 +0.45

280+, Gemengd

1. PSV 1	PSV	NED	<b>2:15.40</b>	+0.68
<i>Nederlands Masters Record</i>				
Corrie Verhoeven	46 +0.68	35.24	Hans Wijsman	55 +0.38
Lottie Geurts	35 +0.51	44.54	Fred Ketting	60 +0.40
2. Old Dutch 2	Old Dutch	NED	<b>2:58.74</b>	+0.79
Adriaan Kop	61 +0.79	32.10	Karien Musters	58
Marie Smits	38 +0.62	48.59	Nico Baay	42 +0.62

6 - ONMK 2020 kb sessie 6

26-01-2020 - 9:00

Programmanr. 31  
26-01-2020 - 9:00

Dames, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA
<b>Masters 20+</b>					
1.	Madelon Dijkstra <i>Nederlands Masters Record</i>	ZPCH	NED 199703510	<b>8:53.47</b>	+0.71
	50m: 29.85 29.85 250m: 2:41.57 33.39 450m: 4:56.66 33.69 650m: 7:12.68 34.00				
	100m: 1:01.96 32.11 300m: 3:15.24 33.67 500m: 5:30.68 34.02 700m: 7:46.60 33.92				
	150m: 1:34.83 32.87 350m: 3:49.02 33.78 550m: 6:04.61 33.93 750m: 8:20.68 34.08				
	200m: 2:08.18 33.35 400m: 4:22.97 33.95 600m: 6:38.68 34.07 800m: 8:53.47 32.79				
2.	Manon van Esch	PSV	NED 199702090	<b>9:24.48</b>	+0.74
	50m: 31.26 31.26 250m: 2:51.91 35.54 450m: 5:15.67 35.72 650m: 7:39.42 35.89				
	100m: 1:05.73 34.47 300m: 3:27.74 35.83 500m: 5:51.85 36.18 700m: 8:15.08 35.66				
	150m: 1:40.84 35.11 350m: 4:03.83 36.09 550m: 6:27.74 35.89 750m: 8:50.13 35.05				
	200m: 2:16.37 35.53 400m: 4:39.95 36.12 600m: 7:03.53 35.79 800m: 9:24.48 34.35				
3.	Hilde Dekker	ReVeLie Swim Team	NED 199901926	<b>9:35.23</b>	+0.87
	50m: 32.11 32.11 250m: 2:56.67 36.32 450m: 5:21.84 36.33 650m: 7:47.08 36.20				
	100m: 1:07.88 35.77 300m: 3:33.02 36.35 500m: 5:58.03 36.19 700m: 8:24.16 37.08				
	150m: 1:44.05 36.17 350m: 4:09.28 36.26 550m: 6:34.45 36.42 750m: 9:01.05 36.89				
	200m: 2:20.35 36.30 400m: 4:45.51 36.23 600m: 7:10.88 36.43 800m: 9:35.23 34.18				
4.	Elianne Huitema	Steenwijk 1934	NED 199700258	<b>9:39.39</b>	+0.75
	50m: 32.32 32.32 250m: 2:58.26 37.09 450m: 5:26.02 36.53 650m: 7:51.34 36.44				
	100m: 1:07.86 35.54 300m: 3:35.48 37.22 500m: 6:02.40 36.38 700m: 8:27.99 36.65				
	150m: 1:44.38 36.52 350m: 4:12.59 37.11 550m: 6:38.74 36.34 750m: 9:04.44 36.45				
	200m: 2:21.17 36.79 400m: 4:49.49 36.90 600m: 7:14.90 36.16 800m: 9:39.39 34.95				
5.	Michelle Zomerdijk	Dedemsvaart-AC	NED 200003196	<b>9:42.55</b>	+0.78
	50m: 32.89 32.89 250m: 2:59.09 36.90 450m: 5:29.20 37.41 650m: 7:54.87 35.70				
	100m: 1:09.20 36.31 300m: 3:36.66 37.57 500m: 6:06.48 37.28 700m: 8:30.76 35.89				
	150m: 1:45.63 36.43 350m: 4:14.30 37.64 550m: 6:42.82 36.34 750m: 9:07.00 36.24				
	200m: 2:22.19 36.56 400m: 4:51.79 37.49 600m: 7:19.17 36.35 800m: 9:42.55 35.55				
6.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	<b>9:47.66</b>	+0.75
	50m: 31.96 31.96 250m: 2:57.68 37.22 450m: 5:26.89 37.00 650m: 7:56.20 37.35				
	100m: 1:07.31 35.35 300m: 3:34.84 37.16 500m: 6:04.25 37.36 700m: 8:33.77 37.57				
	150m: 1:43.73 36.42 350m: 4:12.47 37.63 550m: 6:41.39 37.14 750m: 9:11.11 37.34				
	200m: 2:20.46 36.73 400m: 4:49.89 37.42 600m: 7:18.85 37.46 800m: 9:47.66 36.55				
7.	Maike van de Velde	ZPCH	NED 200000382	<b>9:48.45</b>	+0.69
	50m: 32.31 32.31 250m: 2:57.32 36.32 450m: 5:24.58 37.01 650m: 7:53.85 37.37				
	100m: 1:08.06 35.75 300m: 3:33.80 36.48 500m: 6:01.90 37.32 700m: 8:32.12 38.27				
	150m: 1:44.47 36.41 350m: 4:10.74 36.94 550m: 6:39.13 37.23 750m: 9:11.19 39.07				
	200m: 2:21.00 36.53 400m: 4:47.57 36.83 600m: 7:16.48 37.35 800m: 9:48.45 37.26				
8.	Bibi Stokvis	Het Y	NED 199900892	<b>9:51.13</b>	+0.53
	50m: 31.60 31.60 250m: 2:58.18 36.96 450m: 5:28.06 37.42 650m: 7:59.14 37.81				
	100m: 1:07.16 35.56 300m: 3:35.65 37.47 500m: 6:05.56 37.50 700m: 8:36.87 37.73				
	150m: 1:44.33 37.17 350m: 4:13.14 37.49 550m: 6:43.33 37.77 750m: 9:14.67 37.80				
	200m: 2:21.22 36.89 400m: 4:50.64 37.50 600m: 7:21.33 38.00 800m: 9:51.13 36.46				
9.	Marijke Drent	De Zwemlinie (SG)	NED 199906232	<b>9:54.96</b>	+0.79
	50m: 33.65 33.65 250m: 3:03.26 37.83 450m: 5:33.36 37.24 650m: 8:03.62 37.67				
	100m: 1:10.47 36.82 300m: 3:41.15 37.89 500m: 6:10.48 37.12 700m: 8:41.55 37.93				
	150m: 1:47.79 37.32 350m: 4:18.97 37.82 550m: 6:48.36 37.88 750m: 9:19.13 37.58				
	200m: 2:25.43 37.64 400m: 4:56.12 37.15 600m: 7:25.95 37.59 800m: 9:54.96 35.83				
10.	Marije Dankelman	Dedemsvaart-AC	NED 199701502	<b>10:04.15</b>	+0.58
	50m: 33.23 33.23 250m: 3:03.52 37.94 450m: 5:36.43 38.07 650m: 8:10.23 38.42				
	100m: 1:09.83 36.60 300m: 3:41.67 38.15 500m: 6:15.00 38.57 700m: 8:48.74 38.51				
	150m: 1:47.68 37.85 350m: 4:20.44 38.77 550m: 6:53.71 38.71 750m: 9:27.25 38.51				
	200m: 2:25.58 37.90 400m: 4:58.36 37.92 600m: 7:31.81 38.10 800m: 10:04.15 36.90				
11.	Chantal Beijer	DWT	NED 199700884	<b>10:21.39</b>	+0.63
	50m: 32.75 32.75 250m: 3:06.79 39.81 450m: 5:47.10 39.77 650m: 8:26.48 39.28				
	100m: 1:09.32 36.57 300m: 3:46.80 40.01 500m: 6:26.94 39.84 700m: 9:05.64 39.16				
	150m: 1:47.77 38.45 350m: 4:26.87 40.07 550m: 7:07.24 40.30 750m: 9:43.66 38.02				
	200m: 2:26.98 39.21 400m: 5:07.33 40.46 600m: 7:47.20 39.96 800m: 10:21.39 37.73				
12.	Chantal van der Vaart	ZVVS	NED 199802266	<b>11:09.26</b>	+0.83
	50m: 35.71 35.71 250m: 3:18.75 41.99 450m: 6:09.48 43.23 650m: 9:02.49 43.75				
	100m: 1:14.84 39.13 300m: 4:00.55 41.80 500m: 6:52.39 42.91 700m: 9:45.61 43.12				
	150m: 1:55.52 40.68 350m: 4:43.44 42.89 550m: 7:35.33 42.94 750m: 10:28.31 42.70				
	200m: 2:36.76 41.24 400m: 5:26.25 42.81 600m: 8:18.74 43.41 800m: 11:09.26 40.95				

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 31, Dames, 800m vrije slag

Masters 25+

1. Maaïke Vooren	DAW	NED	199103324	<b>9:31.41</b>	+0.85
50m: 32.75	32.75	250m: 2:56.89	36.29	450m: 5:21.41	35.75
100m: 1:08.10	35.35	300m: 3:33.34	36.45	500m: 5:57.57	36.16
150m: 1:44.25	36.15	350m: 4:09.47	36.13	550m: 6:33.77	36.20
200m: 2:20.60	36.35	400m: 4:45.66	36.19	600m: 7:09.96	36.19
650m: 7:46.02	36.06	700m: 8:21.85	35.83	750m: 8:57.11	35.26
800m: 9:31.41	34.30				
2. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824	<b>9:54.75</b>	+0.77
50m: 32.99	32.99	250m: 3:00.91	37.54	450m: 5:31.58	37.94
100m: 1:09.12	36.13	300m: 3:38.52	37.61	500m: 6:09.30	37.72
150m: 1:46.13	37.01	350m: 4:16.02	37.50	550m: 6:47.10	37.80
200m: 2:23.37	37.24	400m: 4:53.64	37.62	600m: 7:24.80	37.70
650m: 8:02.66	37.86	700m: 8:40.50	37.84	750m: 9:18.04	37.54
800m: 9:54.75	36.71				
3. Fiona Meuffels	RZ	NED	199504366	<b>10:02.11</b>	+0.56
50m: 33.16	33.16	250m: 3:02.23	37.70	450m: 5:34.84	38.29
100m: 1:10.01	36.85	300m: 3:39.92	37.69	500m: 6:13.58	38.74
150m: 1:47.06	37.05	350m: 4:18.18	38.26	550m: 6:52.12	38.54
200m: 2:24.53	37.47	400m: 4:56.55	38.37	600m: 7:31.01	38.89
650m: 8:09.42	38.41	700m: 8:47.76	38.34	750m: 9:26.19	38.43
800m: 10:02.11	35.92				
4. Fraukje Puts	HZ&PC Heerenveen	NED	199206470	<b>10:03.02</b>	+0.80
50m: 33.61	33.61	250m: 3:04.34	38.50	450m: 5:38.23	38.27
100m: 1:09.93	36.32	300m: 3:42.90	38.56	500m: 6:16.47	38.24
150m: 1:47.55	37.62	350m: 4:21.43	38.53	550m: 6:54.90	38.43
200m: 2:25.84	38.29	400m: 4:59.96	38.53	600m: 7:33.28	38.38
650m: 8:11.97	38.69	700m: 8:50.45	38.48	750m: 9:27.90	37.45
800m: 10:03.02	35.12				
5. Nanda de Vries	Steenwijk 1934	NED	199204328	<b>10:11.52</b>	+0.83
50m: 33.23	33.23	250m: 3:04.51	38.26	450m: 5:39.79	39.22
100m: 1:10.66	37.43	300m: 3:42.63	38.12	500m: 6:19.25	39.46
150m: 1:48.40	37.74	350m: 4:21.56	38.93	550m: 6:58.71	39.46
200m: 2:26.25	37.85	400m: 5:00.57	39.01	600m: 7:37.75	39.04
650m: 8:16.54	38.79	700m: 8:55.37	38.83	750m: 9:34.22	38.85
800m: 10:11.52	37.30				
6. Deborah Wissink	ZPC De Hof	NED	199503484	<b>10:19.74</b>	+0.53
50m: 33.80	33.80	250m: 3:11.30	39.88	450m: 5:48.95	39.16
100m: 1:12.41	38.61	300m: 3:50.75	39.45	500m: 6:28.20	39.25
150m: 1:51.89	39.48	350m: 4:30.38	39.63	550m: 7:07.09	38.89
200m: 2:31.42	39.53	400m: 5:09.79	39.41	600m: 7:45.70	38.61
650m: 8:24.50	38.80	700m: 9:03.16	38.66	750m: 9:41.83	38.67
800m: 10:19.74	37.91				
7. Danielle Vermeulen	Zwemlust- den Hommel	NED	199108534	<b>10:20.63</b>	+0.62
50m: 33.07	33.07	250m: 3:04.12	38.58	450m: 5:41.04	39.75
100m: 1:09.64	36.57	300m: 3:42.92	38.80	500m: 6:20.94	39.90
150m: 1:47.25	37.61	350m: 4:21.79	38.87	550m: 7:01.19	40.25
200m: 2:25.54	38.29	400m: 5:01.29	39.50	600m: 7:41.12	39.93
650m: 8:21.20	40.08	700m: 9:01.83	40.63	750m: 9:41.86	40.03
800m: 10:20.63	38.77				
8. Melissa Zwaan	DAW	NED	199103666	<b>10:20.92</b>	+0.75
50m: 34.14	34.14	250m: 3:09.73	39.31	450m: 5:45.95	39.25
100m: 1:12.24	38.10	300m: 3:48.55	38.82	500m: 6:25.48	39.53
150m: 1:51.32	39.08	350m: 4:27.64	39.09	550m: 7:05.13	39.65
200m: 2:30.42	39.10	400m: 5:06.70	39.06	600m: 7:44.71	39.58
650m: 8:23.82	39.11	700m: 9:03.26	39.44	750m: 9:42.75	39.49
800m: 10:20.92	38.17				
9. Wendy de Bruin	ZOB'66	NED	199206320	<b>10:36.61</b>	+0.55
50m: 35.26	35.26	250m: 3:15.19	40.65	450m: 5:58.31	40.41
100m: 1:14.18	38.92	300m: 3:56.15	40.96	500m: 6:38.31	40.00
150m: 1:54.12	39.94	350m: 4:37.05	40.90	550m: 7:18.76	40.45
200m: 2:34.54	40.42	400m: 5:17.90	40.85	600m: 7:58.81	40.05
650m: 8:38.53	39.72	700m: 9:18.37	39.84	750m: 9:57.92	39.55
800m: 10:36.61	38.69				
10. Jasmijn Ruijgrok	WZK Zwemmen	NED	199401032	<b>10:37.74</b>	+0.81
50m: 34.37	34.37	250m: 3:12.69	39.57	450m: 5:52.39	40.37
100m: 1:13.50	39.13	300m: 3:52.12	39.43	500m: 6:33.04	40.65
150m: 1:53.57	40.07	350m: 4:32.06	39.94	550m: 7:13.93	40.89
200m: 2:33.12	39.55	400m: 5:12.02	39.96	600m: 7:55.26	41.33
650m: 8:36.05	40.79	700m: 9:17.10	41.05	750m: 9:58.02	40.92
800m: 10:37.74	39.72				
11. Anouk Kuijlaars	PSV	NED	199401700	<b>10:48.63</b>	+0.76
50m: 35.81	35.81	250m: 3:15.96	40.71	450m: 5:59.80	41.01
100m: 1:14.68	38.87	300m: 3:56.55	40.59	500m: 6:41.05	41.25
150m: 1:54.95	40.27	350m: 4:37.32	40.77	550m: 7:22.97	41.92
200m: 2:35.25	40.30	400m: 5:18.79	41.47	600m: 8:04.35	41.38
650m: 8:45.73	41.38	700m: 9:27.39	41.66	750m: 10:08.79	41.40
800m: 10:48.63	39.84				
12. Pascale Rovers	De Dolfijn	NED	199301064	<b>11:21.99</b>	+0.43
50m: 33.91	33.91	250m: 3:13.69	40.94	450m: 6:04.07	44.89
100m: 1:12.65	38.74	300m: 3:54.81	41.12	500m: 6:49.89	45.82
150m: 1:52.40	39.75	350m: 4:36.29	41.48	550m: 7:35.42	45.53
200m: 2:32.75	40.35	400m: 5:19.18	42.89	600m: 8:22.06	46.64
650m: 9:08.79	46.73	700m: 9:54.01	45.22	750m: 10:38.88	44.87
800m: 11:21.99	43.11				

Masters 30+

1. Lisanne Andeweg	Zuiderzeewimmers	NED	198800092	<b>9:52.38</b>	+0.85
50m: 33.55	33.55	250m: 3:02.34	37.64	450m: 5:32.80	37.43
100m: 1:09.98	36.43	300m: 3:39.96	37.62	500m: 6:10.06	37.26
150m: 1:47.38	37.40	350m: 4:17.66	37.70	550m: 6:47.82	37.76
200m: 2:24.70	37.32	400m: 4:55.37	37.71	600m: 7:25.38	37.56
650m: 8:02.36	36.98	700m: 8:39.56	37.20	750m: 9:16.67	37.11
800m: 9:52.38	35.71				

Programmanr. 31, Dames, 800m vrije slag, Masters 30+

rang	naam	vereniging	land	nummer	tijd	RT	PARA	
2.	Jenny Schouten	Zwemsport Parkstad (SG)	NED	198703674	<b>9:56.51</b>	+0.89		
	50m: 32.44	32.44	250m: 3:00.39	37.58	450m: 5:32.38	38.14	650m: 8:04.93	38.35
	100m: 1:07.91	35.47	300m: 3:38.25	37.86	500m: 6:10.40	38.02	700m: 8:42.75	37.82
	150m: 1:45.04	37.13	350m: 4:16.35	38.10	550m: 6:48.58	38.18	750m: 9:20.40	37.65
	200m: 2:22.81	37.77	400m: 4:54.24	37.89	600m: 7:26.58	38.00	800m: 9:56.51	36.11
3.	Clara Van Roeyen	GBZ	BEL	20082/90	<b>10:29.04</b>	+0.75		
	50m: 35.05	35.05	250m: 3:11.26	39.74	450m: 5:50.98	39.86	650m: 8:31.26	39.68
	100m: 1:13.12	38.07	300m: 3:50.95	39.69	500m: 6:31.29	40.31	700m: 9:11.08	39.82
	150m: 1:51.87	38.75	350m: 4:31.28	40.33	550m: 7:11.31	40.02	750m: 9:50.39	39.31
	200m: 2:31.52	39.65	400m: 5:11.12	39.84	600m: 7:51.58	40.27	800m: 10:29.04	38.65
4.	Mandy Verbakel	ZPC Woerden	NED	199003908	<b>10:41.06</b>	+0.79		
	50m: 35.29	35.29	250m: 3:16.21	40.35	450m: 5:58.49	40.94	650m: 8:41.52	40.24
	100m: 1:15.16	39.87	300m: 3:56.52	40.31	500m: 6:39.34	40.85	700m: 9:22.12	40.60
	150m: 1:55.34	40.18	350m: 4:36.87	40.35	550m: 7:20.45	41.11	750m: 10:02.34	40.22
	200m: 2:35.86	40.52	400m: 5:17.55	40.68	600m: 8:01.28	40.83	800m: 10:41.06	38.72
5.	Martje Godschalk	De IJssel	NED	199001186	<b>10:58.26</b>	+0.75		
	50m: 36.04	36.04	250m: 3:20.43	42.11	450m: 6:09.34	41.92	650m: 8:55.80	41.52
	100m: 1:15.89	39.85	300m: 4:02.44	42.01	500m: 6:51.20	41.86	700m: 9:36.75	40.95
	150m: 1:56.85	40.96	350m: 4:44.93	42.49	550m: 7:32.76	41.56	750m: 10:17.79	41.04
	200m: 2:38.32	41.47	400m: 5:27.42	42.49	600m: 8:14.28	41.52	800m: 10:58.26	40.47

Masters 35+

1.	Viktória Háden-Felföldi	Megathlon SE	HUN		<b>9:40.95</b>	+0.81		
	50m: 32.90	32.90	250m: 2:56.81	36.31	450m: 5:23.20	36.55	650m: 7:51.35	37.07
	100m: 1:08.58	35.68	300m: 3:33.42	36.61	500m: 6:00.00	36.80	700m: 8:28.27	36.92
	150m: 1:44.59	36.01	350m: 4:10.07	36.65	550m: 6:37.07	37.07	750m: 9:05.42	37.15
	200m: 2:20.50	35.91	400m: 4:46.65	36.58	600m: 7:14.28	37.21	800m: 9:40.95	35.53
2.	Stephanie Vaernewyck <i>Belgisch Masters Record</i>	MEGA-zwemteam	BEL	20352/83	<b>9:47.49</b>	+0.83		
	50m: 33.40	33.40	250m: 2:59.46	36.93	450m: 5:28.69	37.39	650m: 7:57.61	37.18
	100m: 1:09.36	35.96	300m: 3:36.77	37.31	500m: 6:05.94	37.25	700m: 8:34.95	37.34
	150m: 1:45.87	36.51	350m: 4:13.93	37.16	550m: 6:43.28	37.34	750m: 9:12.00	37.05
	200m: 2:22.53	36.66	400m: 4:51.30	37.37	600m: 7:20.43	37.15	800m: 9:47.49	35.49
3.	Ann Wanter	Zwemclub Geel	BEL	21082/82	<b>9:56.52</b>	+0.79		
	50m: 33.32	33.32	250m: 3:02.64	37.77	450m: 5:34.14	37.36	650m: 8:05.04	37.77
	100m: 1:09.87	36.55	300m: 3:40.59	37.95	500m: 6:11.39	37.25	700m: 8:42.81	37.77
	150m: 1:47.35	37.48	350m: 4:18.52	37.93	550m: 6:49.15	37.76	750m: 9:20.44	37.63
	200m: 2:24.87	37.52	400m: 4:56.78	38.26	600m: 7:27.27	38.12	800m: 9:56.52	36.08
4.	Ramona Linting	Link	NED	198301274	<b>10:36.69</b>	+0.76		
	50m: 35.35	35.35	250m: 3:13.92	39.76	450m: 5:55.20	40.26	650m: 8:37.03	40.60
	100m: 1:14.15	38.80	300m: 3:54.22	40.30	500m: 6:35.64	40.44	700m: 9:17.27	40.24
	150m: 1:54.03	39.88	350m: 4:34.35	40.13	550m: 7:15.96	40.32	750m: 9:57.72	40.45
	200m: 2:34.16	40.13	400m: 5:14.94	40.59	600m: 7:56.43	40.47	800m: 10:36.69	38.97
5.	Audrey Runge	Natation Vesoul Noidans	FRA	689748	<b>11:10.92</b>	+0.79		
	50m: 36.29	36.29	250m: 3:22.35	42.35	450m: 6:12.95	42.41	650m: 9:03.39	42.61
	100m: 1:16.57	40.28	300m: 4:04.97	42.62	500m: 6:55.65	42.70	700m: 9:46.34	42.95
	150m: 1:58.10	41.53	350m: 4:47.55	42.58	550m: 7:38.22	42.57	750m: 10:29.21	42.87
	200m: 2:40.00	41.90	400m: 5:30.54	42.99	600m: 8:20.78	42.56	800m: 11:10.92	41.71
6.	Linda Hoogendam	WVZ	NED	198300892	<b>11:38.43</b>	+0.83		
	50m: 38.81	38.81	250m: 3:32.88	43.98	450m: 6:30.67	44.41	650m: 9:27.84	44.28
	100m: 1:21.75	42.94	300m: 4:17.18	44.30	500m: 7:14.74	44.07	700m: 10:12.97	45.13
	150m: 2:05.64	43.89	350m: 5:01.74	44.56	550m: 7:59.37	44.63	750m: 10:57.32	44.35
	200m: 2:48.90	43.26	400m: 5:46.26	44.52	600m: 8:43.56	44.19	800m: 11:38.43	41.11

Masters 40+

1.	Anke Lambooj	De Vliet (SG)	NED	198001182	<b>10:24.88</b>	+0.90		
	50m: 33.52	33.52	250m: 3:06.85	39.40	450m: 5:45.36	39.79	650m: 8:26.09	40.48
	100m: 1:10.36	36.84	300m: 3:46.35	39.50	500m: 6:25.35	39.99	700m: 9:06.36	40.27
	150m: 1:48.77	38.41	350m: 4:25.93	39.58	550m: 7:05.36	40.01	750m: 9:46.40	40.04
	200m: 2:27.45	38.68	400m: 5:05.57	39.64	600m: 7:45.61	40.25	800m: 10:24.88	38.48
2.	Petra Guijt	Aqua-Novio '94	NED	197600978	<b>11:10.64</b>			
	50m: 36.29	36.29	250m: 3:23.79	43.08	450m: 6:15.16	42.92	650m: 9:06.85	42.63
	100m: 1:16.28	39.99	300m: 4:06.55	42.76	500m: 6:58.46	43.30	700m: 9:48.99	42.14
	150m: 1:57.85	41.57	350m: 4:49.27	42.72	550m: 7:41.44	42.98	750m: 10:30.80	41.81
	200m: 2:40.71	42.86	400m: 5:32.24	42.97	600m: 8:24.22	42.78	800m: 11:10.64	39.84



Programmanr. 31, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging					tijd	RT	PARA
3.	Yvonne Gerritsen	WVZ	NED 198000342				<b>11:14.30</b>		
	50m: 35.69	35.69	250m: 3:22.37	42.59	450m: 6:15.02	43.03	650m: 9:07.91	43.17	
	100m: 1:15.77	40.08	300m: 4:05.60	43.23	500m: 6:58.05	43.03	700m: 9:50.86	42.95	
	150m: 1:57.31	41.54	350m: 4:49.04	43.44	550m: 7:41.21	43.16	750m: 10:33.21	42.35	
	200m: 2:39.78	42.47	400m: 5:31.99	42.95	600m: 8:24.74	43.53	800m: 11:14.30	41.09	
4.	Chantal Verhoeff	Old Dutch	NED 197900912				<b>11:15.07</b>	+0.95	
	50m: 36.79	36.79	250m: 3:25.82	42.97	450m: 6:17.75	43.05	650m: 9:08.78	42.27	
	100m: 1:17.55	40.76	300m: 4:09.04	43.22	500m: 7:00.44	42.69	700m: 9:51.53	42.75	
	150m: 2:00.13	42.58	350m: 4:51.85	42.81	550m: 7:43.40	42.96	750m: 10:33.61	42.08	
	200m: 2:42.85	42.72	400m: 5:34.70	42.85	600m: 8:26.51	43.11	800m: 11:15.07	41.46	
5.	Kika Meijers	SWOL 1894	NED 198000736				<b>11:27.51</b>	+0.81	
	50m: 35.66	35.66	250m: 3:23.67	43.08	450m: 6:18.84	44.11	650m: 9:17.10	44.98	
	100m: 1:15.73	40.07	300m: 4:07.21	43.54	500m: 7:03.17	44.33	700m: 10:01.64	44.54	
	150m: 1:57.86	42.13	350m: 4:51.03	43.82	550m: 7:47.73	44.56	750m: 10:45.92	44.28	
	200m: 2:40.59	42.73	400m: 5:34.73	43.70	600m: 8:32.12	44.39	800m: 11:27.51	41.59	
6.	Jessica Venema	WIDEX GZC DONK	NED 197901526				<b>11:33.47</b>	+0.91	
	50m: 37.03	37.03	250m: 3:29.69	44.15	450m: 6:26.69	44.12	650m: 9:24.28	44.25	
	100m: 1:18.15	41.12	300m: 4:13.80	44.11	500m: 7:10.84	44.15	700m: 10:08.33	44.05	
	150m: 2:01.42	43.27	350m: 4:58.14	44.34	550m: 7:55.48	44.64	750m: 10:52.62	44.29	
	200m: 2:45.54	44.12	400m: 5:42.57	44.43	600m: 8:40.03	44.55	800m: 11:33.47	40.85	

Masters 45+

1.	Kirsten Cameron	Malvern Marlins Masters SC	AUS 786509				<b>9:12.38</b>	+0.52	
	50m: 31.69	31.69	250m: 2:48.75	34.50	450m: 5:08.07	34.85	650m: 7:57.43	35.15	
	100m: 1:05.44	33.75	300m: 3:23.49	34.74	500m: 5:43.10	35.03	700m: 8:03.60	35.17	
	150m: 1:39.74	34.30	350m: 3:58.23	34.74	550m: 6:18.04	34.94	750m: 8:38.69	35.09	
	200m: 2:14.25	34.51	400m: 4:33.22	34.99	600m: 6:53.28	35.24	800m: 9:12.38	33.69	
2.	Grith Sigsgaard <i>Nederlands Masters Record</i>	De Otters Het Gooi	NED 197200772				<b>9:49.67</b>	+0.65	
	50m: 33.40	33.40	250m: 3:00.42	36.68	450m: 5:28.03	36.96	650m: 7:57.50	37.75	
	100m: 1:10.01	36.61	300m: 3:37.19	36.77	500m: 6:05.05	37.02	700m: 8:35.46	37.96	
	150m: 1:46.78	36.77	350m: 4:14.00	36.81	550m: 6:42.51	37.46	750m: 9:13.23	37.77	
	200m: 2:23.74	36.96	400m: 4:51.07	37.07	600m: 7:19.75	37.24	800m: 9:49.67	36.44	
3.	Liselotte Joling	PSV	NED 197500268				<b>10:02.19</b>	+0.88	
	50m: 34.66	34.66	250m: 3:05.74	37.59	450m: 5:37.30	36.90	650m: 8:09.03	38.40	
	100m: 1:12.02	37.36	300m: 3:44.03	38.29	500m: 6:15.01	37.71	700m: 8:47.14	38.11	
	150m: 1:49.82	37.80	350m: 4:21.94	37.91	550m: 6:52.68	37.67	750m: 9:25.82	38.68	
	200m: 2:28.15	38.33	400m: 5:00.40	38.46	600m: 7:30.63	37.95	800m: 10:02.19	36.37	
4.	Karin Stein	ZVVS	NED 197100554				<b>10:22.02</b>	+0.65	
	50m: 35.29	35.29	250m: 3:08.18	38.88	450m: 5:45.21	39.14	650m: 8:23.64	39.98	
	100m: 1:12.63	37.34	300m: 3:47.39	39.21	500m: 6:24.39	39.18	700m: 9:03.74	40.10	
	150m: 1:50.67	38.04	350m: 4:26.60	39.21	550m: 7:03.82	39.43	750m: 9:43.41	39.67	
	200m: 2:29.30	38.63	400m: 5:06.07	39.47	600m: 7:43.66	39.84	800m: 10:22.02	38.61	
5.	Annette de Visser	Oceanus	NED 197100602				<b>10:43.89</b>	+0.86	
	50m: 34.95	34.95	250m: 3:17.12	40.71	450m: 6:00.67	40.70	650m: 8:43.89	40.77	
	100m: 1:14.66	39.71	300m: 3:57.87	40.75	500m: 6:41.37	40.70	700m: 9:24.32	40.43	
	150m: 1:55.17	40.51	350m: 4:38.92	41.05	550m: 7:22.28	40.91	750m: 10:04.97	40.65	
	200m: 2:36.41	41.24	400m: 5:19.97	41.05	600m: 8:03.12	40.84	800m: 10:43.89	38.92	
6.	Kathy Van Lindt	CNSW	BEL 007949/71				<b>10:50.47</b>	+0.71	
	50m: 36.08	36.08	250m: 3:17.50	41.04	450m: 6:02.29	41.27	650m: 8:48.49	41.40	
	100m: 1:15.21	39.13	300m: 3:58.47	40.97	500m: 6:43.65	41.36	700m: 9:29.58	41.09	
	150m: 1:55.68	40.47	350m: 4:39.96	41.49	550m: 7:25.27	41.62	750m: 10:11.04	41.46	
	200m: 2:36.46	40.78	400m: 5:21.02	41.06	600m: 8:07.09	41.82	800m: 10:50.47	39.43	

Masters 50+

1.	Bianca Groot <i>Nederlands Masters Record</i>	MSV-Zeemacht	NED 197000652				<b>10:24.76</b>	+0.88	
	50m: 34.61	34.61	250m: 3:09.55	39.19	450m: 5:47.93	39.84	650m: 8:26.76	39.73	
	100m: 1:12.50	37.89	300m: 3:48.93	39.38	500m: 6:27.79	39.86	700m: 9:06.39	39.63	
	150m: 1:51.25	38.75	350m: 4:28.38	39.45	550m: 7:07.40	39.61	750m: 9:46.27	39.88	
	200m: 2:30.36	39.11	400m: 5:08.09	39.71	600m: 7:47.03	39.63	800m: 10:24.76	38.49	
2.	Laura Staal	Oceanus	NED 196700358				<b>11:26.08</b>	+0.83	
	50m: 38.12	38.12	250m: 3:31.39	43.75	450m: 6:27.02	43.42	650m: 9:19.60	42.91	
	100m: 1:20.34	42.22	300m: 4:15.65	44.26	500m: 7:10.36	43.34	700m: 10:02.28	42.68	
	150m: 2:03.68	43.34	350m: 4:59.54	43.89	550m: 7:53.55	43.19	750m: 10:45.05	42.77	
	200m: 2:47.64	43.96	400m: 5:43.60	44.06	600m: 8:36.69	43.14	800m: 11:26.08	41.03	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 31, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging					tijd	RT	PARA
3.	Iris van Aurich	DWK	NED 196900866				<b>11:33.76</b>	+0.75	
	50m: 37.39	37.39	250m: 3:31.07	44.53	450m: 6:27.51	44.25	650m: 9:25.39	44.58	
	100m: 1:18.82	41.43	300m: 4:15.21	44.14	500m: 7:12.45	44.94	700m: 10:09.76	44.37	
	150m: 2:02.09	43.27	350m: 4:58.93	43.72	550m: 7:56.61	44.16	750m: 10:55.14	45.38	
	200m: 2:46.54	44.45	400m: 5:43.26	44.33	600m: 8:40.81	44.20	800m: 11:33.76	38.62	
4.	Marijke Campfens	De Geul	NED 196900960				<b>12:12.41</b> *		
	50m: 38.56	38.56	250m: 3:37.46	46.09	450m: 6:44.86	47.34	650m: 9:54.09	47.78	
	100m: 1:21.23	42.67	300m: 4:23.96	46.50	500m: 7:32.23	47.37	700m: 10:41.76	47.67	
	150m: 2:05.78	44.55	350m: 5:10.89	46.93	550m: 8:19.20	46.97	750m: 11:28.42	46.66	
	200m: 2:51.37	45.59	400m: 5:57.52	46.63	600m: 9:06.31	47.11	800m: 12:12.41	43.99	

Masters 55+

1.	Wilna Heijman	Steenwijk 1934	NED 196400506				<b>11:09.94</b>	+0.85	
	50m: 38.30	38.30	250m: 3:26.42	42.48	450m: 6:16.88	42.51	650m: 9:06.14	42.19	
	100m: 1:19.16	40.86	300m: 4:09.13	42.71	500m: 6:59.44	42.56	700m: 9:48.03	41.89	
	150m: 2:01.50	42.34	350m: 4:51.87	42.74	550m: 7:41.75	42.31	750m: 10:29.95	41.92	
	200m: 2:43.94	42.44	400m: 5:34.37	42.50	600m: 8:23.95	42.20	800m: 11:09.94	39.99	
2.	Jacqueline Rolloos-Bakkers	De Lansingh	NED 196300222				<b>11:35.83</b>	+0.74	
	50m: 38.95	38.95	250m: 3:33.70	43.67	450m: 6:31.22	44.73	650m: 9:27.97	44.29	
	100m: 1:22.17	43.22	300m: 4:17.86	44.16	500m: 7:15.41	44.19	700m: 10:12.13	44.16	
	150m: 2:06.10	43.93	350m: 5:02.20	44.34	550m: 7:59.75	44.34	750m: 10:55.28	43.15	
	200m: 2:50.03	43.93	400m: 5:46.49	44.29	600m: 8:43.68	43.93	800m: 11:35.83	40.55	
3.	Petra Tossings	DAW	NED 196100376				<b>12:01.60</b>	+0.90	
	50m: 40.55	40.55	250m: 3:40.09	45.71	450m: 6:42.35	45.76	650m: 9:46.50	45.82	
	100m: 1:24.92	44.37	300m: 4:25.52	45.43	500m: 7:28.25	45.90	700m: 10:32.44	45.94	
	150m: 2:09.70	44.78	350m: 5:11.31	45.79	550m: 8:14.80	46.55	750m: 11:18.20	45.76	
	200m: 2:54.38	44.68	400m: 5:56.59	45.28	600m: 9:00.68	45.88	800m: 12:01.60	43.40	

Masters 60+

1.	Esther van Lohuizen	PSV	NED 195900300				<b>11:08.25</b>	+0.74	
	<i>Nederlands Masters Record</i>								
	50m: 36.58	36.58	250m: 3:24.79	42.62	450m: 6:15.71	42.73	650m: 9:05.34	42.17	
	100m: 1:17.20	40.62	300m: 4:07.77	42.98	500m: 6:58.10	42.39	700m: 9:47.71	42.37	
	150m: 1:59.19	41.99	350m: 4:50.45	42.68	550m: 7:40.60	42.50	750m: 10:29.83	42.12	
	200m: 2:42.17	42.98	400m: 5:32.98	42.53	600m: 8:23.17	42.57	800m: 11:08.25	38.42	
2.	Katinka Elders	Oceanus	NED 196000292				<b>13:03.04</b>		
	50m: 43.32	43.32	250m: 3:59.04	49.53	450m: 7:18.18	49.75	650m: 10:36.23	49.64	
	100m: 1:30.37	47.05	300m: 4:48.83	49.79	500m: 8:07.64	49.46	700m: 11:26.19	49.96	
	150m: 2:19.86	49.49	350m: 5:38.30	49.47	550m: 8:56.95	49.31	750m: 12:16.53	50.34	
	200m: 3:09.51	49.65	400m: 6:28.43	50.13	600m: 9:46.59	49.64	800m: 13:03.04	46.51	
3.	Marjan Spoelstra	SWOL 1894	NED 196000236				<b>13:28.11</b>	+0.83	
	50m: 45.03	45.03	250m: 4:07.39	51.16	450m: 7:31.67	51.56	650m: 10:58.03	51.72	
	100m: 1:34.67	49.64	300m: 4:58.32	50.93	500m: 8:22.91	51.24	700m: 11:49.27	51.24	
	150m: 2:25.15	50.48	350m: 5:49.35	51.03	550m: 9:14.81	51.90	750m: 12:39.61	50.34	
	200m: 3:16.23	51.08	400m: 6:40.11	50.76	600m: 10:06.31	51.50	800m: 13:28.11	48.50	

Masters 65+

1.	Ineke Weekers	PSV	NED 195300050				<b>11:24.77</b>	+0.89	
	<i>Europees Masters Record</i>								
	50m: 41.06	41.06	250m: 3:33.60	42.80	450m: 6:24.78	42.56	650m: 9:16.73	42.75	
	100m: 1:24.66	43.60	300m: 4:16.49	42.89	500m: 7:07.90	43.12	700m: 9:59.56	42.83	
	150m: 2:07.98	43.32	350m: 4:59.38	42.89	550m: 7:50.92	43.02	750m: 10:42.82	43.26	
	200m: 2:50.80	42.82	400m: 5:42.22	42.84	600m: 8:33.98	43.06	800m: 11:24.77	41.95	

Masters 70+

1.	Conny Boer-Buys	ZVVS	NED 195000006				<b>12:05.88</b>	+0.93	
	<i>Wereld Masters Record</i>								
	50m: 38.47	38.47	250m: 3:43.30	47.25	450m: 6:48.09	46.75	650m: 9:54.37	46.49	
	100m: 1:22.05	43.58	300m: 4:30.53	47.23	500m: 7:35.08	46.99	700m: 10:40.60	46.23	
	150m: 2:08.53	46.48	350m: 5:16.72	46.19	550m: 8:21.31	46.23	750m: 11:25.10	44.50	
	200m: 2:56.05	47.52	400m: 6:01.34	44.62	600m: 9:07.88	46.57	800m: 12:05.88	40.78	

Programmanr. 31, Dames, 800m vrije slag

Masters 80+

1. Marie Smits	Old Dutch	NED	193800004	<b>17:49.30</b>	+1.12
50m: 55.06	55.06	250m: 5:22.47	1:07.37	450m: 9:55.47	1:08.64
100m: 1:59.94	1:04.88	300m: 6:30.18	1:07.71	500m: 11:04.69	1:09.22
150m: 3:07.69	1:07.75	350m: 7:38.26	1:08.08	550m: 12:12.85	1:08.16
200m: 4:15.10	1:07.41	400m: 8:46.83	1:08.57	600m: 13:20.47	1:07.62
				650m: 14:28.02	1:07.55
				700m: 15:37.64	1:09.62
				750m: 16:45.65	1:08.01
				800m: 17:49.30	1:03.65

Programmanr. 32  
26-01-2020 - 10:29

Heren, 400m wisselslag

Masters Open  
Resultaten

rang naam vereniging tijd RT PARA

Masters 20+

1. David Kievit	De Schoteijl	NED	199900325	<b>4:56.44</b>	+0.67
50m: 31.92	31.92	150m: 1:47.32	37.71	250m: 3:05.18	40.12
100m: 1:09.61	37.69	200m: 2:25.06	37.74	300m: 3:45.78	40.60
				350m: 4:21.23	35.45
				400m: 4:56.44	35.21
2. Nordin Termoshuizen	WVZ	NED	199605401	<b>5:05.25</b>	+0.73
50m: 30.55	30.55	150m: 1:44.26	37.80	250m: 3:09.49	47.33
100m: 1:06.46	35.91	200m: 2:22.16	37.90	300m: 3:57.55	48.06
				350m: 4:31.70	34.15
				400m: 5:05.25	33.55
3. Jeroen Louwinger	De Rijn	NED	199900583	<b>5:05.87</b>	+0.73
50m: 31.65	31.65	150m: 1:46.33	37.60	250m: 3:09.55	45.80
100m: 1:08.73	37.08	200m: 2:23.75	37.42	300m: 3:56.71	47.16
				350m: 4:32.25	35.54
				400m: 5:05.87	33.62
4. Richard van der Horst	De Meer	NED	199700179	<b>5:09.32</b>	
50m: 33.30	33.30	150m: 1:53.00	41.63	250m: 3:15.04	41.35
100m: 1:11.37	38.07	200m: 2:33.69	40.69	300m: 3:58.06	43.02
				350m: 4:34.09	36.03
				400m: 5:09.32	35.23
5. Jorn Lucas	De Veene	NED	200000675	<b>5:16.13</b>	+0.75
50m: 32.30	32.30	150m: 1:50.44	39.49	250m: 3:17.77	47.73
100m: 1:10.95	38.65	200m: 2:30.04	39.60	300m: 4:05.73	47.96
				350m: 4:42.14	36.41
				400m: 5:16.13	33.99

Masters 25+

1. Emiel van Beusekom	ZPV Barracuda	NED	199403951	<b>4:50.60</b>	
50m: 29.63	29.63	150m: 1:42.78	37.87	250m: 3:00.65	40.71
100m: 1:04.91	35.28	200m: 2:19.94	37.16	300m: 3:43.60	42.95
				350m: 4:17.88	34.28
				400m: 4:50.60	32.72
2. Jeffrey Camphens	DWT	NED	199503113	<b>4:55.33</b>	+0.64
50m: 29.99	29.99	150m: 1:46.21	40.99	250m: 3:07.32	41.46
100m: 1:05.22	35.23	200m: 2:25.86	39.65	300m: 3:49.04	41.72
				350m: 4:22.95	33.91
				400m: 4:55.33	32.38
3. Pieter Pijnenburg	De Biesboschzwemmers	NED	199305227	<b>5:08.90</b>	+0.72
50m: 32.06	32.06	150m: 1:52.18	41.17	250m: 3:15.05	40.89
100m: 1:11.01	38.95	200m: 2:34.16	41.98	300m: 3:56.96	41.91
				350m: 4:33.34	36.38
				400m: 5:08.90	35.56
4. Maik Steenkamp	Montferland	NED	199103847	<b>5:23.36</b>	+0.76
50m: 33.06	33.06	150m: 1:56.45	43.32	250m: 3:24.14	44.56
100m: 1:13.13	40.07	200m: 2:39.58	43.13	300m: 4:09.78	45.64
				350m: 4:47.93	38.15
				400m: 5:23.36	35.43
5. Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>5:29.95</b>	+0.63
50m: 34.49	34.49	150m: 1:57.96	41.98	250m: 3:27.24	47.90
100m: 1:15.98	41.49	200m: 2:39.34	41.38	300m: 4:16.12	48.88
				350m: 4:53.61	37.49
				400m: 5:29.95	36.34

Masters 30+

1. Tim Bunnik	Triton	NED	199000505	<b>4:57.26</b>	+0.77
50m: 31.57	31.57	150m: 1:46.37	37.39	250m: 3:05.93	42.32
100m: 1:08.98	37.41	200m: 2:23.61	37.24	300m: 3:49.93	44.00
				350m: 4:23.77	33.84
				400m: 4:57.26	33.49
2. Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	<b>5:05.24</b>	+0.81
50m: 32.76	32.76	150m: 1:52.78	40.64	250m: 3:14.62	41.96
100m: 1:12.14	39.38	200m: 2:32.66	39.88	300m: 3:57.34	42.72
				350m: 4:33.31	35.97
				400m: 5:05.24	31.93
3. Patrick Creemers	RZ	NED	199000579	<b>5:07.31</b>	+0.76
50m: 34.22	34.22	150m: 1:57.92	40.37	250m: 3:19.34	41.46
100m: 1:17.55	43.33	200m: 2:37.88	39.96	300m: 4:01.02	41.68
				350m: 4:35.20	34.18
				400m: 5:07.31	32.11
4. Alex Vermeulen	WZK Zwemmen	NED	198905811	<b>5:11.85</b>	+0.75
50m: 30.99	30.99	150m: 1:50.04	40.79	250m: 3:13.70	43.75
100m: 1:09.25	38.26	200m: 2:29.95	39.91	300m: 3:59.01	45.31
				350m: 4:36.24	37.23
				400m: 5:11.85	35.61

onjuistheden / mistakes?

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Programmanr. 32, Heren, 400m wisselslag, Masters 30+

rang	naam	vereniging	land	nummer	SM	tijd	RT	PARA
5.	Wessel Everloo	WS Twente	NED	198906597	SM14	<b>5:29.34</b>	+0.78	758
	50m: 33.32	33.32	150m: 1:56.28	41.05	250m: 3:26.36	49.63	350m: 4:53.44	38.09
	100m: 1:15.23	41.91	200m: 2:36.73	40.45	300m: 4:15.35	48.99	400m: 5:29.34	35.90
6.	Niels Albrechts	De Schotejil	NED	198800039		<b>5:36.77</b>	+0.68	
	50m: 35.17	35.17	150m: 1:59.71	41.73	250m: 3:33.72	53.54	350m: 5:03.28	35.99
	100m: 1:17.98	42.81	200m: 2:40.18	40.47	300m: 4:27.29	53.57	400m: 5:36.77	33.49

Masters 35+

1.	Chris Jones	City of Cardiff	GBR	3878		<b>4:42.91</b>	+0.71	
	<i>Kampioenschaps Record</i>							
	50m: 29.38	29.38	150m: 1:41.80	36.51	250m: 2:57.43	38.64	350m: 4:10.33	33.56
	100m: 1:05.29	35.91	200m: 2:18.79	36.99	300m: 3:36.77	39.34	400m: 4:42.91	32.58
2.	Nick Valentine	Tynemouth ASC	GBR	557787		<b>4:58.12</b>	+0.80	
	50m: 30.88	30.88	150m: 1:46.14	40.65	250m: 3:08.28	42.54	350m: 4:25.27	33.87
	100m: 1:05.49	34.61	200m: 2:25.74	39.60	300m: 3:51.40	43.12	400m: 4:58.12	32.85
3.	Kristiaan Lenos	ZVL-1886 Tetteroo	NED	198301331		<b>5:00.20</b>	+0.80	
	50m: 30.85	30.85	150m: 1:46.28	39.33	250m: 3:07.38	42.16	350m: 4:25.57	35.32
	100m: 1:06.95	36.10	200m: 2:25.22	38.94	300m: 3:50.25	42.87	400m: 5:00.20	34.63
4.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887		<b>5:06.19</b>	+0.82	
	50m: 32.11	32.11	150m: 1:49.77	40.41	250m: 3:11.57	41.72	350m: 4:31.12	36.74
	100m: 1:09.36	37.25	200m: 2:29.85	40.08	300m: 3:54.38	42.81	400m: 5:06.19	35.07
5.	Rob van Vliet	ZPC AMERSFOORT	NED	198402459		<b>5:06.67</b>	+0.82	
	50m: 31.54	31.54	150m: 1:50.58	41.39	250m: 3:12.89	41.59	350m: 4:32.12	36.62
	100m: 1:09.19	37.65	200m: 2:31.30	40.72	300m: 3:55.50	42.61	400m: 5:06.67	34.55
6.	Rick de Greef	Budel	NED	198400749		<b>5:10.09</b>	+0.65	
	50m: 30.62	30.62	150m: 1:48.29	40.37	250m: 3:11.44	43.38	350m: 4:33.65	37.21
	100m: 1:07.92	37.30	200m: 2:28.06	39.77	300m: 3:56.44	45.00	400m: 5:10.09	36.44
7.	Frank v.d. Voordt	De Schotejil	NED	198302259		<b>5:11.21</b>	+0.76	
	50m: 32.59	32.59	150m: 1:51.06	40.45	250m: 3:16.26	45.64	350m: 4:37.10	36.33
	100m: 1:10.61	38.02	200m: 2:30.62	39.56	300m: 4:00.77	44.51	400m: 5:11.21	34.11
8.	Roel van der Kruijs	De Gelenberg	NED	198501491		<b>5:11.89</b>	+0.78	
	50m: 32.16	32.16	150m: 1:52.83	42.82	250m: 3:18.71	44.34	350m: 4:38.70	34.68
	100m: 1:10.01	37.85	200m: 2:34.37	41.54	300m: 4:04.02	45.31	400m: 5:11.89	33.19
9.	Marcel Reefhuis	WS Twente	NED	198101381		<b>5:21.37</b>	+0.81	
	50m: 32.89	32.89	150m: 1:54.60	41.96	250m: 3:20.76	44.70	350m: 4:44.51	37.88
	100m: 1:12.64	39.75	200m: 2:36.06	41.46	300m: 4:06.63	45.87	400m: 5:21.37	36.86
10.	Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627		<b>5:33.46</b>	+0.77	
	50m: 35.95	35.95	150m: 2:02.63	43.95	250m: 3:33.65	47.40	350m: 4:58.64	36.82
	100m: 1:18.68	42.73	200m: 2:46.25	43.62	300m: 4:21.82	48.17	400m: 5:33.46	34.82
11.	Peter van de Bor	DWT	NED	198402897		<b>5:34.32</b>	+0.78	
	50m: 33.99	33.99	150m: 1:58.84	42.12	250m: 3:28.16	48.52	350m: 4:56.75	41.23
	100m: 1:16.72	42.73	200m: 2:39.64	40.80	300m: 4:15.52	47.36	400m: 5:34.32	37.57

Masters 40+

1.	Mark Hensen	ZPV Barracuda	NED	197900497		<b>4:58.18</b>	+0.77	
	50m: 30.57	30.57	150m: 1:45.09	38.21	250m: 3:06.29	43.53	350m: 4:23.70	34.25
	100m: 1:06.88	36.31	200m: 2:22.76	37.67	300m: 3:49.45	43.16	400m: 4:58.18	34.48
2.	Gergely Molnár	Megathlon SE	HUN			<b>5:04.25</b>	+0.77	
	<i>Hungarian Masters Record</i>							
	50m: 31.17	31.17	150m: 1:48.44	40.94	250m: 3:11.65	43.54	350m: 4:30.51	34.95
	100m: 1:07.50	36.33	200m: 2:28.11	39.67	300m: 3:55.56	43.91	400m: 5:04.25	33.74
3.	Vincent Versteeg	Zwemlust- den Hommel	NED	197701003		<b>5:15.37</b>	+0.69	
	50m: 32.34	32.34	150m: 1:51.90	40.57	250m: 3:16.25	43.76	350m: 4:38.11	37.51
	100m: 1:11.33	38.99	200m: 2:32.49	40.59	300m: 4:00.60	44.35	400m: 5:15.37	37.26
4.	Erik Schoenmakers	WIDEX GZC DONK	NED	197601667		<b>5:40.07</b>	+0.89	
	50m: 34.87	34.87	150m: 2:01.18	46.58	250m: 3:33.41	48.26	350m: 5:01.72	39.77
	100m: 1:14.60	39.73	200m: 2:45.15	43.97	300m: 4:21.95	48.54	400m: 5:40.07	38.35

Programmanr. 32, Heren, 400m wisselslag

Masters 45+

1. Vedestas Seferlis	Kauno Takas	LTU	<b>5:10.78</b>	+0.68
50m: 31.42	150m: 1:49.80	250m: 3:17.43	350m: 4:38.21	35.22
100m: 1:08.32	200m: 2:30.54	300m: 4:02.99	400m: 5:10.78	32.57
2. Marcel van Winssen	De Gelenberg	NED 197101477	<b>5:23.54</b>	+0.82
50m: 32.98	150m: 1:54.57	250m: 3:22.66	350m: 4:46.45	38.07
100m: 1:12.70	200m: 2:36.54	300m: 4:08.38	400m: 5:23.54	37.09
3. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>5:39.98</b>	+0.50
50m: 35.84	150m: 2:01.70	250m: 3:34.06	350m: 5:02.64	38.98
100m: 1:18.22	200m: 2:45.06	300m: 4:23.66	400m: 5:39.98	37.34
4. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>6:02.15</b>	+0.69
50m: 36.37	150m: 2:05.12	250m: 3:41.85	350m: 5:18.80	45.30
100m: 1:19.29	200m: 2:51.18	300m: 4:33.50	400m: 6:02.15	43.35
5. Kasper van den Berghe	SWOL 1894	NED 197301125	<b>6:02.75</b>	+0.74
50m: 37.82	150m: 2:08.81	250m: 3:47.74	350m: 5:23.50	42.35
100m: 1:23.39	200m: 2:54.19	300m: 4:41.15	400m: 6:02.75	39.25

Masters 50+

1. Adolfo Ortiz	Club Natació L'Hospitalet	ESP 38445665S	<b>5:16.23</b>	+0.84
50m: 34.37	150m: 1:53.96	250m: 3:19.57	350m: 4:42.13	37.21
100m: 1:11.96	200m: 2:34.11	300m: 4:04.92	400m: 5:16.23	34.10
2. Glen Le Clercq	De Rog	NED 196800177	<b>5:25.21</b>	+0.84
50m: 33.65	150m: 1:58.60	250m: 3:24.67	350m: 4:48.64	37.05
100m: 1:14.80	200m: 2:40.27	300m: 4:11.59	400m: 5:25.21	36.57
3. Jan-Willem van den Berg	WVZ	NED 196801575	<b>5:28.35</b>	+0.74
50m: 33.32	150m: 1:54.08	250m: 3:21.62	350m: 4:49.29	40.03
100m: 1:13.18	200m: 2:35.46	300m: 4:09.26	400m: 5:28.35	39.06
4. René Beetsma	HZ&PC Heerenveen	NED 196900069	<b>5:28.93</b>	+0.79
50m: 32.81	150m: 1:54.73	250m: 3:24.63	350m: 4:52.47	38.96
100m: 1:11.83	200m: 2:36.79	300m: 4:13.51	400m: 5:28.93	36.46
5. Bruno Nahon	CNSW	BEL 000390/70	<b>5:45.60</b>	+1.02
50m: 36.01	150m: 2:05.34	250m: 3:37.24	350m: 5:06.89	39.87
100m: 1:20.53	200m: 2:48.57	300m: 4:27.02	400m: 5:45.60	38.71

Masters 55+

1. Bert Schlicher	RZ	NED 196400669	<b>5:26.10</b>	+0.86
50m: 33.94	150m: 1:57.19	250m: 3:24.26	350m: 4:48.92	37.77
100m: 1:16.34	200m: 2:37.14	300m: 4:11.15	400m: 5:26.10	37.18
2. Arnold de Rover	AZ&PC De Futen	NED 196400645	<b>5:35.64</b>	+0.81
50m: 35.38	150m: 2:01.07	250m: 3:32.10	350m: 4:58.03	37.82
100m: 1:17.45	200m: 2:44.79	300m: 4:20.21	400m: 5:35.64	37.61
3. Ronald Grove	Triton	NED 196100161	<b>5:53.30</b>	+0.58
50m: 37.73	150m: 2:09.70	250m: 3:44.01	350m: 5:14.35	39.85
100m: 1:22.26	200m: 2:56.11	300m: 4:34.50	400m: 5:53.30	38.95
4. Wiljam Nijenhuis	De IJsel	NED 196400547	<b>5:57.06</b>	+0.84
50m: 34.55	150m: 2:02.73	250m: 3:40.42	350m: 5:16.49	42.04
100m: 1:16.52	200m: 2:48.15	300m: 4:34.45	400m: 5:57.06	40.57

Masters 60+

1. Paul Bunnik	Triton	NED 195600413	<b>6:31.94</b>	+0.87
50m: 40.03	150m: 2:20.10	250m: 4:08.32	350m: 5:48.83	43.15
100m: 1:27.72	200m: 3:10.83	300m: 5:05.68	400m: 6:31.94	43.11
2. Wim Witjes	Aqua-Novio '94	NED 195800483	<b>6:57.70</b>	+0.57
50m: 44.17	150m: 2:39.01	250m: 4:27.67	350m: 6:12.31	46.26
100m: 1:44.18	200m: 3:29.82	300m: 5:26.05	400m: 6:57.70	45.39





Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 32, Heren, 400m wisselslag

Masters 65+

1. Jean-Marie Cadiat	CNSW	BEL	000243/53	<b>5:54.51</b>	+0.94
50m: 36.73	36.73	150m: 2:08.21	47.76	250m: 3:45.79	50.77
100m: 1:20.45	43.72	200m: 2:55.02	46.81	300m: 4:36.32	50.53
				350m: 5:16.23	39.91
				400m: 5:54.51	38.28

Masters 70+

1. Piet Schop	De Bevelanders	NED	195000109	<b>7:41.40</b>	+0.73
50m: 41.38	41.38	150m: 2:38.23	59.22	250m: 4:43.36	1:03.86
100m: 1:39.01	57.63	200m: 3:39.50	1:01.27	300m: 5:47.96	1:04.60
				350m: 6:44.63	56.67
				400m: 7:41.40	56.77

Masters 75+

1. Rob Hanou	PSV	NED	194300109	<b>7:56.81</b>	+1.12
50m: 52.92	52.92	150m: 3:04.00	1:05.65	250m: 5:12.00	1:03.54
100m: 1:58.35	1:05.43	200m: 4:08.46	1:04.46	300m: 6:14.81	1:02.81
				350m: 7:06.65	51.84
				400m: 7:56.81	50.16

Programmanr. 33  
26-01-2020 - 11:06

4 x 100m vrije slag

Masters Open  
Resultaten

rang	vereniging				tijd	RT	PARA
<b>80+, Heren</b>							
1.	Albion WSS (SG) 1 <i>Nederlands Masters Record</i>	Albion WSS (SG)	NED		<b>3:35.57</b>	+0.62	
	Timo Dinkelberg	+0.62	26.41	53.90	Otto Pranger	+0.56	25.45
	Ayrton Mooldijk	+0.01	27.05	57.23	Pascal Nuijten	+0.25	24.21
2.	De Kempvis 2	De Kempvis	NED		<b>4:10.14</b>	+0.70	
	Bryan Gijzen	+0.70	29.33	1:02.39	Kien Vuong	+0.26	32.64
	Daniel van der Sluijs	+0.19	29.06	59.53	Dennis Doove	+0.26	27.17
<b>80+, Gemengd</b>							
1.	Albion WSS (SG) 2 <i>Nederlands Masters Record</i>	Albion WSS (SG)	NED		<b>3:39.84</b>	+0.65	
	Ensger Kotterink	+0.65	24.06	50.34	Fenna de Groot	+0.35	28.46
	Thomas Verhoeven	+0.23	23.72	50.12	Marije Dinkelberg	+0.58	28.57
2.	TRB-RES 1	TRB-RES	NED		<b>3:53.09</b>	+0.77	
	Annemijn Spohr	+0.77	30.84	1:05.49	Lars Hurks	+0.37	26.09
	Melissa van der Geld	+0.35	28.79	1:00.18	Nicko Kamphuis	+0.26	24.42
3.	De Veene 1	De Veene	NED		<b>3:57.39</b>	+0.79	
	Yvon Versteeg	+0.79	28.65	59.66	Diederick Schothans	+0.31	26.78
	Lindy Elkerbout	+0.33	30.02	1:03.69	Gideon Teeuw	+0.37	27.15
<b>100+, Dames</b>							
1.	Nuene 1 <i>Nederlands Masters Record</i>	Nuene	NED		<b>4:00.03</b>	+0.52	
	Richenne Zeebregts	+0.52	28.70	1:01.01	Susan Teijken	+0.41	28.42
	Nikita van den Ouden	+0.22	27.44	58.44	Anneloes Peulen	+0.40	28.29
2.	Zuiderzeewimmers 1	Zuiderzeewimmers	NED		<b>4:06.09</b>	+0.71	
	Lisanne Andeweg	+0.71	31.32	1:04.89	Gaby Zittersteijn	+0.30	29.42
	Dagmar Kruik	+0.39	28.83	1:01.02	Danique Stoop	+0.14	27.58
3.	Steenwijk 1934 2	Steenwijk 1934	NED		<b>4:14.81</b>	+0.69	
	Nanda de Vries	+0.69	30.69	1:03.59	Elianne Huitema	+0.46	30.15
	Alies Wagter	+0.35	30.48	1:03.88	Jacyntha Plat	+0.21	29.65
4.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED		<b>4:18.59</b>	+0.74	
	Liesbeth van Mill	+0.74	33.13	1:09.55	Danielle Vermeulen	+0.30	30.27
	Marjon Pol	+0.38	30.95	1:04.29	Linda Kamperman	+0.36	29.04

onjuistheden / mistakes?

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Programmanr. 33, Dames, 4 x 100m vrije slag, 100+

rang	vereniging				tijd	RT	PARA
5.	Neptunus'58 1	Neptunus'58	NED		<b>4:19.77</b>	+0.62	
	Selina Janssen	+0.62 30.90	1:05.60	Mirelle de Kort	+0.20 30.25		1:03.32
	Sandra Schellekens	+0.22 32.56	1:08.70	Linda Schellekens	+0.14 29.68		1:02.15
6.	ESCA Zwemmen 1	ESCA Zwemmen	NED		<b>4:29.08</b>	+0.72	
	Moriek van Langevelde	+0.72 29.67	1:02.12	Ilja Janssen	33.64		1:12.31
	Lianne Slagter	29.91	1:03.16	Svenja Peters	33.71		1:11.49

100+, Heren

1.	Rotterdam Swimming 1	Rotterdam Swimming (SG)	NED		<b>3:32.80</b>	+0.68	
	<i>Kampioenschaps Record</i>						
	Sam Beer	+0.68 27.50	57.50	Mark Baars	+0.35 23.90		51.16
	Derk Jan Speelman	+0.19 25.49	54.11	Jeroen Baars	+0.37 23.98		50.03
2.	ZV Haerlem 1	ZV Haerlem	NED		<b>3:39.13</b>	+0.69	
	Nick van der Woude	+0.69 25.98	54.35	Chris van Vliet	+0.63 26.32		55.15
	Roy van der Woude	+0.33 25.91	55.49	Klaas van Beek	+0.49 26.22		54.14
3.	De Kempvis 1	De Kempvis	NED		<b>3:40.78</b>	+0.67	
	Romero Hennep	+0.67 24.67	53.50	Erik Wegman	+0.47 27.27		56.39
	Floyd van Duyvenbode	+0.30 26.35	56.70	Joris Bezemer	+0.25 25.18		54.19
4.	ESCA Zwemmen 3	ESCA Zwemmen	NED		<b>3:46.64</b>	+0.69	
	Job Esink	+0.69 28.64	1:01.71	Sander de Vrugt	+0.15 25.81		54.19
	Tom Driessen	+0.36 25.90	54.43	Mike Schel	+0.24 26.86		56.31
5.	DIO 2	DIO	NED		<b>3:53.69</b>	+0.76	
	Jan van Opstal	+0.76 27.93	58.92	Martino Valentijn	+0.50 28.53		1:00.66
	Timo Musters	+0.36 27.26	58.11	Arjan van der Plaat	+0.39 25.99		56.00
6.	ZPV Barracuda 2	ZPV Barracuda	NED		<b>3:54.63</b>	+0.57	
	Emiel van Beusekom	+0.57 26.97	55.35	Robin van Beusekom	+0.16 29.43		1:02.12
	Thomas Hesper	+0.44 27.80	58.28	Dennis Dortland	+0.38 28.06		58.88
7.	De Schotejil 1	De Schotejil	NED		<b>4:01.83</b>	+0.61	
	David Kievit	+0.61 27.55	57.56	Leander Noordijk	+0.43 28.77		1:01.16
	Sven Dubbeld	30.19	1:04.25	Niels Albrechts	+0.18 27.86		58.86
8.	Steenwijk 1934 4	Steenwijk 1934	NED		<b>4:02.78</b>	+0.68	
	Bernd Kobesen	+0.68 26.06	55.01	Kylian Kooijman	+0.46 27.21		58.05
	Patrick Wobben	+0.50 33.32	1:12.22	Robert Braad	+0.35 27.09		57.50

100+, Gemengd

1.	VZC 1	VZC	NED		<b>3:40.20</b>	+0.76	
	<i>Wereld Masters Record, NMR startzwemster 100m</i>						
	Marjolein Delno	+0.76 26.33	54.92	Jelle Nap	+0.44 26.06		53.79
	Olaf Achterberg	+0.58 25.21	52.50	Saskia de Jonge	+0.42 27.99		58.99
2.	DWK 1	DWK	NED		<b>3:45.87</b>	+0.74	
	Celine Schoenmaker	+0.74 28.67	1:00.31	Anoeska van de Kraats	+0.49 29.67		1:02.76
	Kevin Eltink	+0.10 24.79	51.92	Serginni Marten	+0.13 23.76		50.88
3.	Dedemvaart-AC 1	Dedemvaart-AC	NED		<b>3:51.38</b>	+0.70	
	Sepp Kalter	+0.70 25.65	53.36	Marije Dankelman	+0.09 30.51		1:04.37
	Robert Dekker	+0.42 26.00	54.42	Laura Compagner	+0.42 27.80		59.23
4.	ZV Hoogland 1	Zwemvereniging Hoogland	NED		<b>3:53.17</b>	+0.76	
	Jamilla van Veen	+0.76 28.12	59.83	Anne-Irene Ducheine	+0.09 30.21		1:03.73
	Yuri van Omme	+0.38 27.08	57.22	Bas Dries	+0.31 25.02		52.39
5.	ZVL-1886 Tetteroo 1	ZVL-1886 Tetteroo	NED		<b>3:57.27</b>	+0.72	
	Linda van der Voort	+0.72 29.42	1:01.68	Lonneke Graansma	+0.43 31.14		1:05.86
	Robin van Beek	+0.37 26.55	55.30	Kristiaan Lenos	+0.43 25.83		54.43
6.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED		<b>3:59.67</b>	+0.61	
	Danica Koedoot	+0.61 30.65	1:04.68	Jelle Blankestijn	+0.30 26.18		55.37
	Joanne van Essen	+0.33 29.70	1:03.07	Martijn Bartels	+0.33 26.89		56.55
7.	De Warande 1	De Warande	NED		<b>3:59.78</b>	+0.62	
	Amy van Lier	+0.62 29.78	1:02.47	Désirée Emmen	+0.35 30.25		1:04.43
	Casper Bolkenbaas	+0.07 26.01	54.93	Sander van Elburg	+0.24 27.10		57.95
8.	DWT 1	DWT	NED		<b>4:05.17</b>	+0.63	
	Jeffrey Camphens	+0.63 27.66	57.59	Chantal Beijer	+0.41 29.54		1:02.12
	Hiras Ferrandino	+0.39 27.47	1:00.10	Evy Witlox	0.00 29.91		1:05.36

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 33, Gemengd, 4 x 100m vrije slag, 100+

rang	vereniging	tijd	RT	PARA
9.	<b>HZ&amp;PC Heerenveen 1</b> Daniëlle de Boer Fraukje Puts	<b>4:12.33</b> +0.62 31.81 +0.38 27.01	<b>+0.76</b> 1:09.10 58.44	
10.	<b>De Dolfijn 1</b> Leffert Lansink Pascalie Rovers	<b>4:20.15</b> +0.47 31.41 +0.18 29.74	<b>+0.95</b> 1:07.61 1:03.05	
11.	<b>AZC 1</b> Lukas Schouten Carmen Bootsma	<b>4:30.61</b> 33.76 29.15	<b>+0.89</b> 1:12.33 1:01.19	
12.	<b>ZVL-1886 Tetteroo 2</b> Erik Baalbergen Ingmar Kooman	<b>4:42.83</b> 39.93 32.78	<b>+0.78</b> 1:22.68 1:09.63	

120+, Dames

1.	<b>ZPC Woerden 1</b> Marjan Remmits Ise van den Wijngaard	<b>4:23.09</b> +0.37 30.62 +0.27 30.80	<b>+0.67</b> 1:04.44 1:04.55
2.	<b>DIO 1</b> Whitney van Hoeckel Siska Post	<b>4:36.58</b> +0.37 29.34 +0.44 29.56	<b>+0.74</b> 1:02.12 1:02.55
3.	<b>RZC 1</b> Mieke van Dodeweerd Malou Heidekamp	<b>4:37.81</b> +0.19 32.98 +0.03 30.90	<b>+0.65</b> 1:10.68 1:04.43
4.	<b>MSV-Zeemacht 1</b> Jet Kleine Annette van Dok	<b>4:39.36</b> +0.58 32.71 +0.42 29.69	<b>+0.64</b> 1:07.54 1:02.14
5.	<b>WVZ 1</b> Sabine Koudijs Sandra van der Ende	<b>4:40.18</b> 32.34 33.64	<b>+0.73</b> 1:09.59 1:12.11
6.	<b>Steenwijk 1934 1</b> Getrude Corporaal Lonneke Oenema	<b>4:49.04</b> +0.37 33.29 +0.34 37.26	<b>+0.59</b> 1:09.93 1:19.70
7.	<b>De Duck 1</b> Rachel Trainor Sandra Vermeulen	<b>4:53.00</b> +0.28 33.22 +0.31 33.07	<b>+0.68</b> 1:11.43 1:11.86

120+, Heren

1.	<b>ZPC AMERSFOORT 2</b> <i>Nederlands Masters Record, van de startzwemmer 100m</i> Chester Marsman Rob van Vliet	<b>3:42.12</b> +0.48 24.43 +0.14 26.71	<b>+0.72</b> 51.85 56.88
2.	<b>DAW 1</b> Michel de Maesschalck Alex Damen	<b>3:45.77</b> +0.32 27.68 +0.27 25.12	<b>+0.67</b> 58.37 53.66
3.	<b>De Duinkickers 2</b> Connor Elemans Ruben de Boer	<b>4:19.66</b> +0.27 29.08 +0.40 29.90	<b>+0.74</b> 59.12 1:07.98
4.	<b>Deltasteur 1</b> Pieter Bardelmeijer Bob Potkamp	<b>4:33.64</b> 31.20 29.37	<b>+0.80</b> 1:04.41 1:03.52

Programmanr. 33, 4 x 100m vrije slag

120+, Gemengd

1. De Lansingh 1	De Lansingh	NED	<b>3:54.75</b>	+0.72
Nol van Thull	+0.72 25.25 52.73	Roos van Esch	+0.22 31.76 1:06.29	
Mariska Scheel	+0.48 27.99 59.74	Rutger Dalm	+0.26 27.01 55.99	
2. ZPV Barracuda 1	ZPV Barracuda	NED	<b>3:56.34</b>	+0.82
Mark Hensen	+0.82 27.23 55.90	Melissa van der Heijden	+0.16 29.77 1:01.58	
Pascal van Haren	+0.31 26.94 57.16	Denise Boereboom	+0.45 29.18 1:01.70	
3. WVZ 2	WVZ	NED	<b>4:00.00</b>	+0.72
Delia Badoux	+0.72 29.50 1:01.70	Rens Post	+0.23 27.40 58.23	
Isabelle Massar	+0.38 29.82 1:03.37	Jordy van Oel	+0.31 27.01 56.70	
4. De Ward 1	De Ward	NED	<b>4:07.54</b>	+0.71
Eva Kattouw	+0.71 30.93 1:07.23	Antwan van Engen	+0.28 27.12 57.51	
Yvette Ratering	+0.80 31.74 1:06.27	Stephan van Grevenbroek	+0.44 26.96 56.53	
5. DAW 2	DAW	NED	<b>4:12.68</b>	+0.75
Wouter Zijlstra	+0.75 28.45 1:01.01	Sandra Zwaanswijk	+0.34 31.35 1:05.54	
Inge Koopman	+0.04 32.14 1:07.32	Paul Oudendijk	+0.53 28.52 58.81	
6. De Duck 2	De Duck	NED	<b>4:19.74</b>	+0.98
Erik Saan	+0.98 32.18 1:08.16	Judith Kleinjan	+0.55 32.92 1:11.27	
Lenneke Bagijn	+0.66 31.33 1:06.20	Jesper Oranje	+0.53 25.64 54.11	
7. RZ 1	RZ	NED	<b>4:30.34</b>	+0.76
Claudia Creemers	+0.76 37.34 1:20.81	Bert Schlicher	+0.22 29.73 1:02.64	
Fiona Meuffels	+0.12 32.01 1:08.93	Patrick Creemers	+0.09 27.38 57.96	
8. Albion WSS (SG) 4	Albion WSS (SG)	NED	<b>4:32.40</b>	+0.65
Nick Boekestijn	+0.65 27.87 59.40	Yancey Bouman	+0.22 33.84 1:12.49	
Jacoline van den Beukel	+0.44 32.87 1:11.81	Fred Dijkshoorn	+0.45 32.57 1:08.70	
9. ZV Hoogland 2	Zwemvereniging Hoogland	NED	<b>4:35.85</b>	+0.78
Renske Eilers	+0.78 32.15 1:08.03	Nicole van Zuielen	35.70 1:15.04	
Rudolf Meijer	33.41 1:12.88	Rutger Stam	27.36 59.90	
10. ZVVS 1	ZVVS	NED	<b>4:44.88</b>	+0.57
Gertjan van der Vaart	+0.57 35.33 1:17.18	Chantal van der Vaart	+0.78 33.66 1:09.34	
Jeroen Hoeksels	+0.30 34.23 1:13.49	Marielle van der Vaart	+0.62 31.00 1:04.87	

160+, Dames

1. Old Dutch 1	Old Dutch	NED	<b>4:49.50</b>	+0.82
Nicole van der Kooij	+0.82 33.85 1:13.27	Marleen Zantingh	33.52 1:10.69	
Marjon Boidin	37.07 1:18.05	Chantal Verhoeff	31.89 1:07.49	
2. De Rog 1	De Rog	NED	<b>5:07.05</b>	+0.77
Chantal Winters	+0.77 33.47 1:09.16	Sandra Van der Helm	39.22 1:22.59	
Sandra Peeters-Wiermans	33.79 1:11.06	Esther Wouters	40.28 1:24.24	
3. Budel 1	Budel	NED	<b>5:33.70</b>	+0.95
Sylvia Avitabile	+0.95 43.63 1:33.46	Elly Scheepers	35.02 1:12.37	
Carola Hompes	+0.45 39.06 1:23.25	Miriam Stevens	+0.99 39.34 1:24.62	
4. De Duinkickers 1	De Duinkickers	NED	<b>5:38.24</b>	+0.73
Rachel Trapman	+0.73 32.98 1:11.48	Annet Verhoeven - Steggerda	49.26 1:48.85	
Inge Roskam	36.49 1:19.12	Saskia op den Velde	+0.59 35.19 1:18.79	

160+, Heren

1. CNSW 1	CNSW	BEL	<b>4:39.60</b>	+0.71
Mesut Halicioglu	+0.71 27.13 58.53	Christian Schoenaers	39.17 1:21.45	
Nicolas Slegers	33.54 1:09.97	Bruno Nahon	33.98 1:09.65	

Programmanr. 33, 4 x 100m vrije slag

160+, Gemengd

1. TRB-RES 2	TRB-RES	NED	<b>4:26.57</b>	+0.76
Bas Kremers	+0.76 31.65 1:08.57	Maike Korhouth	+0.27 31.63 1:06.87	
Jeroen den Boer	+0.47 31.39 1:06.73	Edith Janssen-Koolen	+0.18 30.20 1:04.40	
2. ESCA Zwemmen 4	ESCA Zwemmen	NED	<b>4:32.49</b>	+0.78
Arjen Koop	+0.78 30.08 1:03.43	Danique de Vegt	33.47 1:09.85	
Wridzer Bakker	30.04 1:04.38	Karin van der Star-Verhoeven	34.47 1:14.83	
3. SWOL 1894 1	SWOL 1894	NED	<b>4:40.05</b>	+0.82
Annemarie Vuist-Blum	+0.82 38.42 1:19.48	Kasper van den Berghe	31.35 1:05.37	
Kika Meijers	33.03 1:10.68	Peter Lommert	29.71 1:04.52	
4. CNSW 2	CNSW	BEL	<b>4:48.32</b>	+0.70
Lionel Godeaux	+0.70 28.37 1:02.10	Marion Regnier	+0.36 31.79 1:06.98	
Marco Usula	+0.43 27.53 57.21	Fernande Blondeel-Gourmet	+0.31 46.60 1:42.03	
5. Budel 3	Budel	NED	<b>5:53.01</b>	+0.88
Joost van Eerdt	+0.88 35.38 1:14.82	Judith van der Heijden	54.00 1:55.49	
Jolanda Knippenberg	45.93 1:36.06	Dyon de Greef	30.86 1:06.64	

200+, Dames

1. ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED	<b>4:18.18</b>	+0.71
<i>Wereld Masters Record</i>				
Lesley Cordial	+0.71 31.19 1:05.05	Lidia v. Bon-Rosenbrand	+0.26 30.12 1:05.08	
Atie Pijtak-Radersma	+0.33 32.17 1:07.18	Marije Jansen	+0.07 28.47 1:00.87	
2. De Rog 2	De Rog	NED	<b>5:03.66</b>	+0.70
Ageeth Westenbrink	+0.70 40.36 1:24.02	Regine Beckers-Stribos	34.56 1:14.75	
Arianne Hamakers	36.45 1:18.16	Wendy Brugman	30.99 1:06.73	
3. DWK 2	DWK	NED	<b>5:21.70</b>	+0.92
Greta Wyma-Teitsma	+0.92 42.65 1:29.02	Ellen van Wingerden-Dijkhuizen	36.55 1:17.37	
Jennie Resink-lindeboom	41.37 1:25.42	Iris van Aurich	33.19 1:09.89	
4. ESCA Zwemmen 2	ESCA Zwemmen	NED	<b>6:09.73</b>	+0.76
Cora Smulders	+0.76 45.12 1:36.85	Marion Kolkman-Pluim	+0.78 41.64 1:26.27	
Yoka de Vegt-van Dijk	+0.36 41.09 1:27.57	Ria Peters-Veurman	+0.68 46.80 1:39.04	

200+, Heren

1. De Rog 3	De Rog	NED	<b>4:02.03</b>	+0.67
Arjan Verheij	+0.67 28.42 1:00.33	Glen Le Clercq	+0.40 27.91 58.99	
Erik Kamphuis	+0.59 31.72 1:04.43	Peter Bensen	+0.23 27.47 58.28	
2. Steenwijk 1934 3	Steenwijk 1934	NED	<b>4:12.70</b>	+0.72
Casper Dollekamp	+0.72 32.82 1:10.09	Guido Keutgen	-0.02 29.06 1:02.08	
Huyb Stegeman	+0.44 30.93 1:06.33	Lauren Vis	+0.40 25.49 54.20	
3. Budel 2	Budel	NED	<b>4:26.48</b>	+0.93
Jos Zentjens	+0.93 32.82 1:11.09	Rick de Greef	+0.27 26.92 57.61	
Ruud Kennis	+0.38 34.21 1:11.43	Wiljo Mackus	+0.43 31.25 1:06.35	
4. RZC 2	RZC	NED	<b>4:27.46</b>	+0.79
Geert van Duinhoven	+0.79 32.31 1:08.17	Chretien Mali	+0.54 31.37 1:06.82	
Eric Langhorst	+0.37 33.34 1:08.71	Bert de Weerd	+0.40 30.17 1:03.76	
5. De Rog 4	De Rog	NED	<b>4:45.32</b>	+0.76
Wijnand Vergeest	+0.76 31.74 1:06.30	Huub van Kimmenade	+0.54 36.87 1:17.79	
Hans Van de Berg	+0.56 34.70 1:11.59	Roy Le Clercq	+0.37 32.67 1:09.64	



Programmanr. 33, 4 x 100m vrije slag

200+, Gemengd

1.	Dunkerque Natation 1 <i>French Masters Record</i>	Dunkerque Natation	FRA	<b>4:13.92</b>	+0.51			
	Jean-Pierre Delaporte	+0.51	29.11	1:00.43	Isabelle Dherbecourt	+0.03	30.59	1:06.06
	Isabelle Josselin	+0.35	32.00	1:07.36	Fabrice Dehandschoewercker	+0.15	27.90	1:00.07
2.	PSV 2	PSV	NED	<b>4:16.29</b>	+0.73			
	Jeanne Petit	+0.73	31.72	1:07.47	Harold Matla	+0.37	29.65	1:02.54
	Liselotte Joling	+0.46	32.08	1:06.41	Fred Ketting	+0.29	28.17	59.87
3.	Albion WSS (SG) 3	Albion WSS (SG)	NED	<b>4:21.61</b>	+0.70			
	Pieter Broek	+0.70	28.05	59.47	Mirjan den Drijver	+0.43	33.21	1:09.26
	Tineke Janssen	+0.31	32.29	1:08.37	Mark Nuijten	+0.34	30.20	1:04.51
4.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)	NED	<b>4:42.48</b>	+0.84			
	Arno Schrauwen	+0.84	31.61	1:06.31	Pascalie Janssen		34.63	1:13.47
	Charles Bos		33.11	1:11.07	Martine de Haart		34.49	1:11.63
5.	HZ&PC Heerenveen 2 <i>Nederlands Masters Record, van de startzwemmer 100m</i>	HZ&PC Heerenveen	NED	<b>4:45.09</b>	+0.67			
	Casper Hut	+0.67	24.17	51.68	Peggi Hurenkamp	+0.20	35.62	1:16.28
	Ineke Meijer	+0.45	46.62	1:36.47	Marten de Groot	+0.31	28.54	1:00.66
6.	AZC 2	AZC	NED	<b>4:54.13</b>	+0.69			
	Wim de Lange	+0.69	33.51	1:10.60	Esther Boerdam-Delfos		34.72	1:12.34
	Geza Kaltenecker		40.30	1:27.15	Monique Remst		30.74	1:04.04
7.	Steenwijk 1934 5	Steenwijk 1934	NED	<b>5:24.81</b>	+0.78			
	Korstiaan de Boer	+0.78	34.03	1:11.21	Wiina Heijman		26.55	1:18.71
	Hans van Scheepen		42.33	1:28.79	Leonie Scholten		40.50	1:26.10

240+, Gemengd

1.	CNSW 3 <i>Belgisch Masters Record</i>	CNSW	BEL	<b>4:54.28</b>	+0.95			
	Philippe Godbille	+0.95	35.58	1:14.67	Kathy Van Lindt		33.46	1:09.43
	Claire Anthony		38.59	1:23.02	Jean-Marie Cadiat		32.00	1:07.16
2.	TriVia 1	TriVia	NED	<b>4:54.84</b>	+0.87			
	Fred Zanting	+0.87	35.44	1:15.11	Emmy in 't Veldt	+0.34	35.18	1:14.02
	Margriet Pasma	+0.40	38.97	1:21.74	Theo Bakker	+0.48	30.41	1:03.97
3.	SWOL 1894 2	SWOL 1894	NED	<b>4:55.01</b>	+0.79			
	Marjan Spoelstra	+0.79	39.46	1:24.15	Christine Nieuwenhuis	+0.45	35.94	1:15.53
	Jan-Ede Nijenhuis	+0.31	31.83	1:09.10	Erik Wetsteijn	+0.39	31.52	1:06.23
4.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED	<b>5:23.30</b>	+0.79			
	Machteld Stilling	+0.79	39.01	1:20.89	Ron Korzelius		30.21	1:02.98
	Henk Kuipers		31.38	1:06.07	Loekie van Huissteden		51.73	1:53.36

280+, Dames

1.	PSV 1 <i>Wereld Masters Record</i>	PSV	NED	<b>5:21.18</b>	+0.59			
	Corrie Verhoeven	+0.59	37.40	1:20.28	Saskia Phaff		31.67	1:07.39
	Lottie Geurts		48.52	1:38.88	Ineke Weekers		36.24	1:14.63

280+, Gemengd

1.	PSV 3	PSV	NED	<b>6:18.38</b>	+0.90			
	Carla Hensen	+0.90	42.44	1:31.03	Jan Nuijten	+0.26	39.18	1:23.20
	Ineke Brouwers	+0.74	51.41	1:53.86	Rob Hanou	+0.68	41.67	1:30.29

7 - ONMK 2020 kb sessie 7

26-01-2020 - 13:00

Programmanr. 35  
26-01-2020 - 13:00

Dames, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Jamilla van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:18.99</b>	+0.67	31.77	1:06.49	1:42.91	2:18.99
2. Nikita van den Ouden	Nuenen	NED 199900622	<b>2:23.02</b>	+0.89	32.99	1:08.76	1:46.12	2:23.02
3. Hilde Dekker	ReVeLie Swim Team	NED 199901926	<b>2:25.38</b>	+0.69	33.86	1:10.65	1:48.79	2:25.38
4. Romy Verhagen	De Amstel	NED 199904110	<b>2:29.82</b>	+0.71	35.34	1:13.36	1:52.35	2:29.82
5. Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	<b>2:34.82</b>	+0.72	34.44	1:12.88	1:53.85	2:34.82
6. Lenneke Bagijn	De Duck	NED 199604992	<b>2:40.55</b>	+0.70	37.88	1:18.00	1:59.46	2:40.55
7. Nadine Scheeve	De Biesboschzwemmers	NED 199700684	<b>3:04.79</b>	+0.81	42.97	1:29.95	2:17.65	3:04.79
NG Anouque Berghuis	ZPV Barracuda	NED 199606132						
<b>Masters 25+</b>								
1. Mabel Suli	WVZ	NED 199307964	<b>2:22.94</b>	+0.68	34.47	1:10.72	1:47.08	2:22.94
2. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	<b>2:26.59</b>	+0.78	33.69	1:10.17	1:48.48	2:26.59
3. Melissa van der Geld	TRB-RES	NED 199506250	<b>2:27.13</b>	+0.84	34.13	1:11.17	1:49.61	2:27.13
4. Anne-Irene Duchaine	Zwemvereniging Hoogland	NED 199506824	<b>2:28.26</b>	+0.53	34.58	1:11.65	1:50.10	2:28.26
5. Désirée Emmen	De Warande	NED 199204862	<b>2:34.43</b>	+0.73	35.90	1:14.48	1:54.63	2:34.43
6. Fiona Meuffels	RZ	NED 199504366	<b>2:35.89</b>	+0.72	37.18	1:17.22	1:57.21	2:35.89
7. Lotte Coenen	The Hague Swimming (SG)	NED 199301518	<b>2:37.30</b>	+0.79	36.09	1:15.17	1:56.37	2:37.30
8. Nanda de Vries	Steenwijk 1934	NED 199204328	<b>2:40.02</b>	+0.76	37.13	1:18.24	1:59.72	2:40.02
9. Suzanne Mosch	MSV-Zeemacht	NED 199400548	<b>2:41.93</b>	+0.75	37.91	1:18.88	2:00.15	2:41.93
10. Danica Koedoot	ZPC AMERSFOORT	NED 199301034	<b>2:41.95</b>	+0.73	38.30	1:20.43	2:01.81	2:41.95
11. Getrude Corporaal	Steenwijk 1934	NED 199200380	<b>2:49.31</b>	+0.85	38.86	1:21.17	2:05.97	2:49.31
12. S. Dekker-Bergsma	Dedemsvaart-AC	NED 199203374	<b>2:49.37</b>	+0.70	39.41	1:22.72	2:06.40	2:49.37
13. Ramona Noordermeer	ZVVS	NED 199401746	<b>2:54.47</b> *	+0.67	41.38	1:25.09	2:10.34	2:54.47
14. Elly Scheepers	Budel	NED 199102728	<b>2:55.02</b>	+0.90	41.27	1:24.79	2:10.41	2:55.02
15. Nicole van Zuilen	Zwemvereniging Hoogland	NED 199505428	<b>2:57.68</b>	+0.76	41.34	1:25.84	2:11.51	2:57.68
16. Maaike Hofland	Sassenheim	NED 199203754	<b>2:59.05</b>	+0.77	41.88	1:27.11	2:13.07	2:59.05
17. Lonneke Oenema	Steenwijk 1934	NED 199102314	<b>3:00.98</b>	+0.67	41.16	1:26.96	2:14.53	3:00.98
18. Heleen ten Have	ZVVS	NED 199403000	<b>3:03.60</b>	+0.87	42.56	1:28.45	2:16.45	3:03.60
<b>Masters 30+</b>								
1. Evy Witlox	DWT	NED 198804946	<b>2:30.47</b>	+0.66	33.96	1:11.30	1:50.33	2:30.47
2. Jenny Schouten	Zwemsport Parkstad (SG)	NED 198703674	<b>2:34.82</b>	+0.74	36.24	1:15.31	1:55.77	2:34.82
3. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	<b>2:37.35</b> *	+0.78	37.28	1:16.74	1:57.17	2:37.35
4. Rianne Hofland	Sassenheim	NED 198801820	<b>2:37.90</b> *	+0.73	36.86	1:16.10	1:56.59	2:37.90
5. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:39.65</b>	+0.81	35.60	1:15.51	1:57.58	2:39.65
6. Jolanda Cnossen	Neptunia '24	NED 198600712	<b>2:43.27</b>	+0.72	38.84	1:20.24	2:02.37	2:43.27
7. Clara Van Roeyen	GBZ	BEL 20082/90	<b>2:44.86</b>	+0.78	38.77	1:20.21	2:02.87	2:44.86
8. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	<b>2:48.05</b>	+0.64	39.03	1:21.24	2:04.95	2:48.05
9. Esther van Maastrigt	Montferland	NED 198802836	<b>2:51.69</b>	+0.71	41.03	1:25.06	2:08.91	2:51.69
10. Joëlle Vaes	DIO	NED 199007576	<b>2:56.68</b>	+0.78	40.87	1:25.64	2:12.40	2:56.68
11. Joan Fontaine	De Marlijn (SG)	NED 198805148	<b>2:58.81</b>	+0.81	41.97	1:27.39	2:14.16	2:58.81
12. Dorien Vasseur	Scheldestroom	NED 198704164	<b>3:13.24</b>	+0.94	46.72	1:34.96	2:24.98	3:13.24
<b>Masters 35+</b>								
1. Viktória Háden-Felföldi	Megathlon SE	HUN	<b>2:28.60</b>	+0.72	34.60	1:12.04	1:50.41	2:28.60
<i>Kampioenschaps Record, Hungarian Masters Record</i>								
2. Ann Wanter	Zwemclub Geel	BEL 21082/82	<b>2:35.41</b>	+0.76	36.24	1:15.21	1:55.64	2:35.41
3. Tonia Ruybroek	Poseidon'56	NED 198101290	<b>2:35.99</b>	+0.72	36.49	1:15.99	1:56.32	2:35.99
4. Roos van Esch	De Lansingh	NED 198200468	<b>2:39.04</b>	+0.76	37.79	1:18.57	1:59.73	2:39.04
5. Angela Giezen	Upstream Amsterdam	NED 198302796	<b>2:43.66</b>	+0.71	39.53	1:21.38	2:03.24	2:43.66
6. Joke De Temmerman	De Dolfijnen ZC Zomergem	BEL 21034/82	<b>2:43.99</b>	+0.73	37.59	1:18.55	2:01.40	2:43.99

onjuistheden / mistakes?

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Programmanr. 35, Dames, 200m rugslag, Masters 35+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
7. Sylvia Reijers	De Gelenberg	NED 198201360	<b>2:48.39</b>	+0.81	38.52	1:19.80	2:03.69	2:48.39
8. Leonie van der Lavoir	ZPC Numansdorp	NED 198501834	<b>2:49.06</b>	+0.70	38.98	1:22.59	2:06.43	2:49.06
9. Ilja Janssen	ESCA Zwemmen	NED 198102234	<b>2:51.41</b>	+0.75	40.07	1:24.01	2:08.21	2:51.41
10. Linda Hoogendam	WVZ	NED 198300892	<b>3:08.17</b>	+0.76	43.73	1:32.10	2:21.27	3:08.17

Masters 40+

1. Monique Boets	Stadskanaal	NED 197600230	<b>2:43.61</b>	+0.74	38.42	1:20.79	2:02.71	2:43.61
2. Gea van der Schaaf	Deltasteur	NED 197901558	<b>2:51.21</b>	+0.74	38.74	1:21.15	2:06.04	2:51.21
3. Jolanda van Gendt	PSV	NED 197800266	<b>2:51.80</b>	+0.64	39.40	1:23.25	2:08.26	2:51.80
4. Kika Meijers	SWOL 1894	NED 198000736	<b>2:53.94</b>	+0.77	41.28	1:25.67	2:10.74	2:53.94
5. A. Glazema-Boelema	Stadskanaal	NED 197701166	<b>2:57.12</b>	+0.84	41.01	1:26.31	2:12.77	2:57.12
6. Jessica Venema	WIDEX GZC DONK	NED 197901526	<b>3:03.10</b>	+0.86	40.40	1:25.54	2:14.78	3:03.10
7. Leonie Scholten	Steenwijk 1934	NED 197901560	<b>3:11.75</b>	+0.73	43.88	1:31.51	2:22.03	3:11.75
8. C. van Bruxvoort	ZPB H&L Productions	NED 197700138	<b>3:27.22</b>	+0.75	48.71	1:41.40	2:35.10	3:27.22

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>2:41.31</b>	+0.78	37.89	1:18.59	2:00.85	2:41.31
2. Mirjan den Drijver	Albion WSS (SG)	NED 197500884	<b>2:47.92</b>	+0.72	39.23	1:21.56	2:04.87	2:47.92
3. Trudie van Niejenhuis	TZC-Vahalis	NED 197100444	<b>2:53.22</b>	+0.70	40.93	1:25.16	2:10.53	2:53.22
4. Evelien Meeuwissen	Sassenheim	NED 197500360	<b>2:57.32</b>	+0.80	40.82	1:24.57	2:10.94	2:57.32
5. J. de Ruiter-Wijnolst	WIDEX GZC DONK	NED 197400446	<b>2:59.03</b>	+0.71	40.29	1:24.86	2:11.88	2:59.03
6. M. de Rijke- van Driel	ZPC Numansdorp	NED 197500960	<b>3:08.80</b>	+0.86	44.33	1:31.54	2:21.14	3:08.80
7. Nathasja Konijn	WIDEX GZC DONK	NED 197100992	<b>3:11.75</b>	+0.89	45.02	1:32.88	2:22.58	3:11.75
8. Henriëtte Manting	GZVW	NED 197100246	<b>3:14.18</b>	+0.59	42.93	1:31.76	2:22.96	3:14.18
9. Greta Wyma-Teitsma	DWK	NED 197100696	<b>3:43.30</b>	+0.64	51.50	1:47.51	2:46.02	3:43.30

Masters 50+

1. Chiho Shoji	CNSW	BEL 006146/70	<b>2:46.56</b>	+0.72	39.29	1:21.24	2:04.32	2:46.56
2. Heidi den Boer	Link	NED 196900864	<b>2:51.40</b>	+0.80	39.86	1:21.89	2:06.51	2:51.40
3. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>2:52.94</b>	+0.86	39.77	1:22.89	2:08.15	2:52.94
4. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>2:55.40</b>	+0.87	42.17	1:26.42	2:11.74	2:55.40
5. Laura Staal	Oceanus	NED 196700358	<b>2:56.51</b>	+0.74	41.67	1:25.92	2:11.68	2:56.51
6. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	<b>3:03.96</b>	+0.83	42.65	1:28.51	2:15.84	3:03.96
7. Annette van Dok	MSV-Zeemacht	NED 196800742	<b>3:22.16</b>	+0.89	46.27	1:37.82	2:29.92	3:22.16
8. Hetty Smalheer	SCOM	NED 196700352	<b>3:25.89</b>	+0.92	48.88	1:41.23	2:34.36	3:25.89
9. K. van Nassau-van den IOld Dutch		NED 196600188	<b>3:27.08</b>	+0.93	48.98	1:41.96	2:35.80	3:27.08

Masters 55+

1. Pierrette Michel	CNSW	BEL 000835/62	<b>2:42.70</b>	+0.78	38.33	1:19.33	2:01.71	2:42.70
2. Allie Price	Cardiff Masters	GBR 547582	<b>2:42.77</b>	+0.69	37.53	1:18.31	2:00.79	2:42.77
3. Feikje Wittermans	WIDEX GZC DONK	NED 196400408	<b>2:57.12</b>	+0.71	40.16	1:24.74	2:11.14	2:57.12
4. M. Grove-Lingeman	Triton	NED 196200080	<b>3:00.64</b>	+0.75	40.99	1:25.98	2:13.07	3:00.64
5. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>3:08.01</b>	+0.82	45.15	1:32.42	2:21.67	3:08.01
6. Annemarie Vuist-Blum	SWOL 1894	NED 196300282	<b>3:12.69</b>	+0.90	46.21	1:35.32	2:24.70	3:12.69
7. Miranda Keijl	ZIGNEA	NED 196500588	<b>3:23.79</b>	+0.75	45.56	1:36.84	2:31.80	3:23.79

Masters 60+

1. Inge Wolfs	HHZV Plons	NED 196000304	<b>3:16.94</b>	+0.84	45.56	1:34.96	2:25.60	3:16.94
2. J. Resink-lindeboom	DWK	NED 196000142	<b>3:31.06</b>	+1.21	50.29	1:43.63	2:38.63	3:31.06

Masters 65+

1. Margriet Pasma	TriVia	NED 195500088	<b>3:10.80</b>	+0.89	45.61	1:34.10	2:23.22	3:10.80
<i>Nederlands Masters Record</i>								
2. Carla Hensen	PSV	NED 195300062	<b>3:28.57</b>	+0.73	49.26	1:41.99	2:35.96	3:28.57
3. N. van Dongen-de Paep	eZZ&PC De Devel	NED 195100044	<b>4:44.39</b>	+0.85	1:07.63	2:19.72	3:32.27	4:44.39

onjuistheden / mistakes?

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Programmanr. 35, Dames, 200m rugslag

Masters 70+

1. A. Gilding-Tussaud	WS Twente	NED 195000038	<b>3:51.06</b>	+0.83	54.18	1:53.70	2:52.90	3:51.06
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Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED 194500002	<b>4:48.15</b>	+0.92	1:05.91	2:20.71	3:35.49	4:48.15
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Masters 80+

1. Truus Ruiters	Old Dutch	NED 194000004	<b>5:13.02</b>	* +0.83	1:11.37	2:31.36	3:50.58	5:13.02
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Programmanr. 36  
26-01-2020 - 13:33

Heren, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
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Masters 20+

1. Dennis Wildeboer	De Zwemlinie (SG)	NED 199800571	<b>2:11.01</b>	+0.55	30.62	1:04.23	1:37.57	2:11.01
2. Arjan Dekker	ReVeLie Swim Team	NED 200000499	<b>2:11.61</b>	+0.65	31.22	1:05.16	1:39.30	2:11.61
3. Jaro Musters	Hieronymus	NED 199801141	<b>2:15.09</b>	+0.65	30.57	1:05.23	1:40.70	2:15.09
4. Robin van Beek	ZVL-1886 Tetteroo	NED 199704023	<b>2:17.59</b>	+0.69	32.83	1:07.60	1:43.05	2:17.59
5. Lars Hurks	TRB-RES	NED 199901667	<b>2:18.41</b>	+0.68	32.19	1:07.33	1:43.35	2:18.41
6. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	<b>2:20.80</b>	+0.67	31.87	1:07.16	1:43.90	2:20.80
7. Jeroen Louwinger	De Rijn	NED 199900583	<b>2:21.51</b>	+0.59	33.48	1:08.99	1:45.78	2:21.51
8. Nordin Termoshuizen	WVZ	NED 199605401	<b>2:21.93</b>	+0.65	32.37	1:07.70	1:44.51	2:21.93
9. Jordy van Oel	WVZ	NED 199802003	<b>2:23.91</b>	+0.70	33.03	1:09.25	1:46.43	2:23.91
10. Jorn Lucas	De Veene	NED 200000675	<b>2:26.30</b>	+0.65	34.17	1:11.29	1:49.55	2:26.30
11. Roel van Grol	WIDEX GZC DONK	NED 199802277	<b>2:32.38</b>	+0.68	34.72	1:13.01	1:52.43	2:32.38
12. Wesley van der Luit	Sassenheim	NED 199701895	<b>2:34.23</b>	+0.75	37.40	1:16.29	1:55.65	2:34.23

Masters 25+

1. Kevin Eltink	DWK	NED 199100589	<b>2:10.61</b>	+0.67	30.51	1:02.99	1:36.75	2:10.61
2. Bas Dries	Zwemvereniging Hoogland	NED 199505177	<b>2:14.97</b>	+0.58	31.27	1:04.97	1:40.08	2:14.97
3. Mike Schel	ESCA Zwemmen	NED 199403279	<b>2:16.10</b>	+0.77	32.20	1:06.11	1:41.39	2:16.10
4. Mesut Halicioglu	CNSW	BEL 0010168/92	<b>2:16.99</b>	+0.68	30.18	1:05.40	1:41.94	2:16.99
5. Emiel van Beusekom	ZPV Barracuda	NED 199403951	<b>2:20.11</b>	+0.69	33.25	1:09.02	1:45.52	2:20.11
6. Timo Dinkelberg	Albion WSS (SG)	NED 199300773	<b>2:20.14</b>	+0.65	31.18	1:06.37	1:43.83	2:20.14

Masters 30+

1. Olaf Achterberg	VZC	NED 199000011	<b>2:18.42</b>	+0.68	31.70	1:06.66	1:42.79	2:18.42
2. Tim Bunnik	Triton	NED 199000505	<b>2:19.48</b>	+0.78	33.70	1:08.99	1:44.29	2:19.48
3. Robert Braad	Steenwijk 1934	NED 198600407	<b>2:22.36</b>	+0.72	32.67	1:08.22	1:45.53	2:22.36
4. Alex Vermeulen	WZK Zwemmen	NED 198905811	<b>2:23.84</b>	+0.82	33.93	1:10.97	1:48.07	2:23.84
5. Patrick Creemers	RZ	NED 199000579	<b>2:31.83</b>	+0.83	35.87	1:16.02	1:53.85	2:31.83
6. Wessel Everloo	WS Twente	NED 198906597	<b>2:33.17</b>	+0.86	35.72	1:13.79	1:53.53	2:33.17
7. Mark Godwaldt	PSV	NED 198701039	<b>2:38.62</b>	+0.83	36.80	1:17.09	1:58.86	2:38.62
8. Haico Weijers	ZPC Numansdorp	NED 198803759	<b>2:38.74</b>	+0.72	35.67	1:15.35	1:56.49	2:38.74

Masters 35+

1. Robert Dekker	Dedemsvaart-AC	NED 198400443	<b>2:18.43</b>	+0.69	32.21	1:06.56	1:42.48	2:18.43
2. Martijn Giezen	ZPC AMERSFOORT	NED 198500813	<b>2:20.29</b>	+0.67	31.95	1:07.95	1:44.36	2:20.29
3. Paul Oudendijk	DAW	NED 198101287	<b>2:21.75</b>	+0.79	33.83	1:09.63	1:46.63	2:21.75
4. Nick Valentine	Tynemouth ASC	GBR 557787	<b>2:24.75</b>	+0.82	33.94	1:10.37	1:47.71	2:24.75
5. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	<b>2:26.21</b>	+0.76	34.12	1:11.81	1:49.83	2:26.21
6. Marcel Reefhuis	WS Twente	NED 198101381	<b>2:26.72</b>	+0.63	34.20	1:11.23	1:49.21	2:26.72
7. Thommy Nickel	ZPC Woerden	NED 198401627	<b>2:26.90</b>	+0.85	34.87	1:11.91	1:49.77	2:26.90
8. Peter van de Bor	DWT	NED 198402897	<b>2:30.33</b>	+0.75	34.18	1:12.94	1:51.86	2:30.33

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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 36, Heren, 200m rugslag, Masters 35+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
9. Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED 198401297	<b>2:33.76</b>	+0.69	34.79	1:12.47	1:52.41	2:33.76

Masters 40+

1. Nol van Thull	De Lansingh	NED 198001513	<b>2:13.46</b>	+0.73	30.39	1:03.47	1:38.17	2:13.46
2. Mark Hensen	ZPV Barracuda	NED 197900497	<b>2:19.31</b>	+0.68	32.75	1:08.38	1:44.14	2:19.31
3. Mark van der Schrier	AZC	NED 197800951	<b>2:28.72</b>	+0.76	33.97	1:11.09	1:49.50	2:28.72
4. Markus van Rest	WVZ	NED 197701197	<b>2:30.56</b>	+0.68	34.79	1:12.69	1:52.11	2:30.56
5. Stan Dekker	HHZV Plons	NED 197901823	<b>2:31.77</b>	+0.73	34.50	1:12.54	1:52.18	2:31.77
6. Pieter Broek	Albion WSS (SG)	NED 197701637	<b>2:38.50</b>	+0.58	36.16	1:16.06	1:58.36	2:38.50
7. Marco van Antwerpen	ZV Strijen	NED 198000027	<b>2:48.55</b>	+0.76	38.74	1:20.83	2:05.72	2:48.55
8. Peter Lommert	SWOL 1894	NED 197900787	<b>2:52.09</b>	+0.76	38.22	1:20.84	2:06.65	2:52.09
9. Rogier van Gent	IJZPC	NED 198000405	<b>2:52.13</b>	+0.71	39.05	1:22.19	2:07.30	2:52.13

Masters 45+

1. Linas Kersevicius	Kauno Takas	LTU	<b>2:29.03</b>	+0.74	34.51	1:11.68	1:50.34	2:29.03
2. Alex Damen	DAW	NED 197501371	<b>2:30.16</b>	+0.80	34.08	1:11.91	1:51.37	2:30.16
3. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:31.54</b>	+0.65	35.31	1:13.33	1:52.55	2:31.54
4. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>2:48.28</b>	+0.75	39.51	1:22.12	2:06.52	2:48.28
5. Jeroen Hoeksel	ZVVS	NED 197401533	<b>3:10.53</b>	+0.79	43.27	1:30.82	2:20.58	3:10.53

Masters 50+

1. J. van den Berg	WVZ	NED 196801575	<b>2:28.68</b>	+0.73	34.09	1:11.31	1:49.49	2:28.68
2. Guido Keutgen	Steenwijk 1934	NED 196801551	<b>2:31.07</b>	+0.77	33.46	1:11.77	1:51.97	2:31.07
3. Nico Swart	De Biesboschzwemmers	NED 196801475	<b>2:43.00</b>	+0.74	36.87	1:18.15	2:00.61	2:43.00
4. Bruno Nahon	CNSW	BEL 000390/70	<b>2:43.88</b>	+0.84	38.48	1:18.84	2:01.18	2:43.88
5. Harold Matla	PSV	NED 196800591	<b>2:47.33</b>	+0.82	38.75	1:21.10	2:04.30	2:47.33

Masters 55+

1. Johan Remmits	ZPC AMERSFOORT	NED 196201159	<b>2:26.62</b>	+0.75	34.71	1:11.29	1:48.87	2:26.62
2. Bert Schlicher	RZ	NED 196400669	<b>2:27.98</b>	+0.80	34.87	1:12.06	1:50.37	2:27.98
3. Ron Korzelijs	ZPC AMERSFOORT	NED 196500513	<b>2:39.52</b>	+0.78	37.99	1:18.91	1:59.89	2:39.52
4. Hans Vloedgraven	Old Dutch	NED 196400917	<b>2:40.66</b>	+0.68	38.82	1:19.23	2:00.01	2:40.66
5. Eric Langhorst	RZC	NED 196201299	<b>2:52.52</b>	+0.79	40.76	1:25.55	2:10.62	2:52.52
6. Casper Dollekamp	Steenwijk 1934	NED 196301341	<b>3:01.88</b>	+0.63	41.97	1:27.65	2:15.91	3:01.88
7. Marc Switala	Dunkerque Natation	FRA 57424	<b>3:04.67</b>	+0.65	45.35	1:31.68	2:18.87	3:04.67
8. Bart van Calker	WS Twente	NED 196100067	<b>3:16.01</b>	+0.86	47.12	1:36.50	2:27.28	3:16.01

Masters 60+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	<b>2:36.01</b>	+0.69	36.80	1:16.64	1:56.91	2:36.01
2. Erik Kamphuis	De Rog	NED 196001035	<b>2:46.55</b>	* +0.75	38.81	1:20.22	2:02.93	2:46.55
3. Evertjan Masurel	PSV	NED 195600495	<b>2:57.40</b>	+1.58	40.69	1:26.29	2:12.75	2:57.40
4. Wim de Lange	AZC	NED 195800533	<b>3:05.31</b>	+0.71	45.45	1:32.48	2:20.35	3:05.31
5. André Pantekoek	PSV	NED 195800321	<b>3:26.73</b>	+0.78	47.27	1:40.32	2:35.72	3:26.73
6. Christian Schoenaers	CNSW	BEL 007131/59	<b>3:35.43</b>	+0.91	50.03	1:45.29	2:40.79	3:35.43

*Belgisch Masters Record*

Masters 65+

1. Hans Piederiet	ZPC Numansdorp	NED 195400177	<b>3:03.67</b>	+0.83	41.68	1:28.55	2:17.50	3:03.67
2. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	<b>3:36.47</b>	+0.65	48.95	1:42.21	2:39.20	3:36.47

Masters 70+

1. Ronald Blankenstein	Aqua-Novio '94	NED 195000013	<b>3:43.27</b>	+0.77	50.87	1:47.16	2:46.01	3:43.27
2. Mans Buis	SWOL 1894	NED 194700133	<b>4:00.20</b>	+0.76	57.57	1:57.02	2:58.99	4:00.20

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28-01-2020 19:47 - pagina 133







Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 36, Heren, 200m rugslag

Masters 75+

1. Rob Hanou	PSV	NED 194300109	<b>3:52.42</b>	+0.87	51.03	1:50.97	2:52.19	3:52.42
2. Nico Baay	Old Dutch	NED 194200053	<b>4:19.94</b>	+0.92	55.18	1:59.47	3:08.93	4:19.94

Masters 80+

1. Frans van Enst	WS Twente	NED 194000011	<b>3:33.99</b>	+0.71	51.52	1:44.76	2:38.65	3:33.99
<i>Nederlands Masters Record</i>								

Programmanr. 37  
26-01-2020 - 14:00

Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Babette van der Kaaij	Rotterdam Swimming (SG)	NED	199902234	<b>26.53</b>	+0.53	
2.	Laura Compagner	Dedemsvaart-AC	NED	199804602	<b>27.06</b>	+0.74	
3.	Richenne Zeebregts	Nuenen	NED	199801818	<b>27.16</b>	+0.48	
4.	Selene Wortel	Hieronymus	NED	199700654	<b>27.25</b>	+0.56	
5.	Hilde Dekker	ReVeLie Swim Team	NED	199901926	<b>27.43</b>	+0.77	
6.	Marije Dinkelberg	Albion WSS (SG)	NED	199703192	<b>27.47</b>	+0.71	
7.	Michelle Zomerdijk	Dedemsvaart-AC	NED	200003196	<b>27.48</b>	+0.68	
8.	Bibi Stokvis	Het Y	NED	199900892	<b>27.73</b>	+0.68	
9.	Dagmar Kruik	Zuiderzeezwemmers	NED	199800008	<b>28.08</b>	+0.65	
10.	Alisha Vieira	Rotterdam Swimming (SG)	NED	199904554	<b>28.28</b>	+0.72	
11.	Christel Brugmans	Hieronymus	NED	200005602	<b>28.41</b>	+0.73	
12.	Annabel Kuipers	DWK	NED	200001076	<b>28.43</b>	+0.60	
13.	Manon Kloosterman	De Bevelanders	NED	199702082	<b>28.47</b>	+0.71	
14.	Linda Kamperman	Zwemlust- den Hommel	NED	199601238	<b>28.53</b>	+0.52	
15.	Anoeska van de Kraats	DWK	NED	199701284	<b>28.62</b>	+0.69	
16.	Gaby Zittersteijn	Zuiderzeezwemmers	NED	199700104	<b>28.69</b>	+0.65	
17.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED	200001358	<b>28.70</b>	+0.74	
18.	Moniek van Langevelde	ESCA Zwemmen	NED	199803160	<b>28.76</b>	+0.70	
19.	Alies Wagter	Steenwijk 1934	NED	199900840	<b>28.92</b>	+0.77	
20.	Mirelle de Kort	Neptunus'58	NED	200005546	<b>28.93</b>	+0.75	
21.	Lindy Elkerbout	De Veene	NED	200000604	<b>29.02</b>	+0.57	
22.	Sanne van de Pol	De Biesboschwemmers	NED	199800722	<b>29.08</b>	+0.66	
23.	Ilse Rijnja	The Hague Swimming (SG)	NED	199802432	<b>29.09</b>	+0.62	
24.	Kelly de Jonge	Poseidon'56	NED	199701210	<b>29.11</b>	+0.76	
25.	Lincy de Winter	The Hague Swimming (SG)	NED	199805886	<b>29.13</b>	+0.70	
26.	Lotte Rougoor	Dedemsvaart-AC	NED	200000774	<b>29.42</b>	+0.72	
27.	Elianne Huitema	Steenwijk 1934	NED	199700258	<b>29.53</b>	+0.66	
28.	Annemarie ten Have	Zuiderzeezwemmers	NED	199802662	<b>29.53</b>	+0.79	
29.	Romy Verhagen	De Amstel	NED	199904110	<b>29.54</b>	+0.49	
30.	Anne Dekker	Albion WSS (SG)	NED	199606830	<b>29.54</b>	+0.71	
31.	Kimberly Coenders	De Lansingh	NED	199900880	<b>29.57</b>	+0.64	
32.	Annemijn Spohr	TRB-RES	NED	200000548	<b>29.59</b>	+0.57	
33.	Rianne Bresser	Poseidon'56	NED	199900690	<b>29.60</b>	+0.74	
34.	Eef Hollander	The Hague Swimming (SG)	NED	199602074	<b>29.67</b>	+0.74	
35.	Maud Heldoorn	Deltasteur	NED	200000564	<b>29.79</b>	+0.61	
36.	Selina Janssen	Neptunus'58	NED	199905974	<b>29.91</b>	+0.75	
37.	Marije Dankelman	Dedemsvaart-AC	NED	199701502	<b>29.95</b>	+0.58	
38.	Linde Haverkate	ZPC De Hof	NED	199900244	<b>29.97</b>	+0.80	
39.	Marielle van der Vaart	ZVVS	NED	200000994	<b>29.99</b>	+0.65	
40.	Rianne van Rijssen	Noord Veluwe	NED	199702360	<b>30.04</b>	+0.75	
41.	Jet Kleine	MSV-Zeemacht	NED	199903384	<b>30.14</b>	+0.45	
42.	Lianne Roescher	ZPC De Hof	NED	199900248	<b>30.43</b>	+0.78	
43.	Mandy Swart	De Biesboschwemmers	NED	199904916	<b>30.50</b>	+0.64	
44.	Lisanne Seising	VZC	NED	200002084	<b>30.52</b>	+0.72	
45.	Kayra Deger	Rotterdam Swimming (SG)	NED	200003890	<b>30.83</b>	+0.63	
46.	Tamara van den Brink	ZPV Barracuda	NED	199804182	<b>30.97</b>	+0.56	

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Programmanr. 37, Dames, 50m vrije slag, Masters 20+

rang	naam	vereniging		tijd	RT	PARA
47.	Eveline Houweling	ZPV Barracuda	NED 199801532	<b>31.08</b>	+0.81	
48.	Judith Kleinjan	De Duck	NED 199802710	<b>31.75</b>		
49.	Chantal van der Vaart	ZVVS	NED 199802266	<b>31.94</b>	+0.67	
50.	Gwendoline Kruit	De Lansingh	NED 199802084	<b>32.05</b>	+0.68	
51.	Britt van Vossen	De Ganze	NED 199604064	<b>32.08</b>	+0.89	
52.	Eline Hendriks	ZPC AMERSFOORT	NED 199802794	<b>32.33</b>	+0.79	
53.	Carmen Bootsma	AZC	NED 199805760	<b>32.64</b>	+0.65	
54.	Yancey Bouman	Albion WSS (SG)	NED 199801924	<b>32.68</b>	+0.74	
55.	Iva den Haan	De Lansingh	NED 199900882	<b>33.00</b>	+0.65	
56.	Marieke Gorter	Triton	NED 200000750	<b>33.18</b>	+0.67	
	Nadine Scheeve	De Biesboschzwemmers	NED 199700684	<b>33.18</b>	+0.82	
58.	Mariska Scholts	Rotterdam Swimming (SG)	NED 199606804	<b>41.14</b>	+0.79	
DIS	Kim Hamakers	De Rog	NED 199803214			

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 25+

1.	Danique Stoop	Zuiderzeezwemmers	NED 199106956	<b>26.39</b>	+0.70	
2.	Karin Groen	De Zwemlinie (SG)	NED 199502440	<b>27.30</b>	+0.66	
3.	Yvon Versteeg	De Veene	NED 199201864	<b>27.31</b>	+0.81	
4.	Susan Teijken	Nuene	NED 199504592	<b>27.34</b>	+0.75	
5.	Miranda Nijenhuis	De Columbiaan	NED 199204076	<b>27.82</b>	+0.75	
6.	Melissa van der Geld	TRB-RES	NED 199506250	<b>28.34</b>	+0.72	
7.	Linda van der Voort	ZVL-1886 Tetteroo	NED 199207784	<b>28.37</b>	+0.70	
8.	Denise Boereboom	ZPV Barracuda	NED 199202144	<b>28.44</b>	+0.72	
9.	Isabelle Massar	WVZ	NED 199102034	<b>28.69</b>	+0.73	
10.	Tessa Mosch	MSV-Zeemacht	NED 199102172	<b>28.79</b>	+0.65	
11.	Pascalie Rovers	De Dolfijn	NED 199301064	<b>28.89</b>	+0.49	
12.	Joanne van Essen	ZPC AMERSFOORT	NED 199303506	<b>28.90</b>	+0.61	
13.	Fraukje Puts	HZ&PC Heerenveen	NED 199206470	<b>28.92</b>	+0.77	
14.	Lianne Slagter	ESCA Zwemmen	NED 199500940	<b>29.02</b>	+0.54	
	Janine de Groot	De Zwemlinie (SG)	NED 199500092	<b>29.02</b>	+0.74	
16.	Lotte Coenen	The Hague Swimming (SG)	NED 199301518	<b>29.13</b>	+0.75	
17.	Melissa Zwaan	DAW	NED 199103666	<b>29.27</b>	+0.73	
18.	Eva Kattouw	De Ward	NED 199407168	<b>29.29</b>	+0.72	
19.	Maike Korthout	TRB-RES	NED 199406034	<b>29.44</b>	+0.67	
20.	Nikki Hoogeboom	De IJsel	NED 199301196	<b>29.46</b>	+0.78	
21.	Deborah Wissink	ZPC De Hof	NED 199503484	<b>29.52</b>	+0.70	
22.	Danica Koedoot	ZPC AMERSFOORT	NED 199301034	<b>29.67</b>	+0.63	
23.	Inge Koopman	DAW	NED 199303382	<b>29.72</b>	+0.67	
24.	Eline van Gemert	De Meer	NED 199505458	<b>29.95</b>	+0.63	
25.	Suzanne Mosch	MSV-Zeemacht	NED 199400548	<b>30.08</b>	+0.73	
26.	Lotte Rolink	Zwemclub Polaris	NED 199504880	<b>30.26</b>	+0.69	
27.	Yvette de Gier	De Columbiaan	NED 199402124	<b>30.45</b>	+0.71	
28.	Leontine Groeneveldt	De Duck	NED 199303526	<b>30.46</b>	+0.66	
29.	Chantal van der Zwaan	BZ& PC	NED 199302084	<b>30.47</b>	+0.59	
30.	Jacoline van den Beukel	Albion WSS (SG)	NED 199100238	<b>30.52</b>	+0.70	
31.	Laura Scheffer	GoSwim	NED 199407222	<b>30.74</b>	+0.71	
32.	Sandra Vermeulen	De Duck	NED 199303522	<b>30.97</b>	+0.56	
33.	Daphne Kievit	AZ&PC De Futen	NED 199207058	<b>31.21</b>	+0.86	
34.	Ramona Noordermeer	ZVVS	NED 199401746	<b>31.60</b>	+0.58	
35.	Anne Aarts	d'ELFT	NED 199207942	<b>31.68</b>	+0.75	
36.	Suzanne Tetteroo	ZPC De Zeeuwse Kust	NED 199104384	<b>31.73</b>	+0.82	
37.	Alma Janssen	Z&PC Zegenwerp	NED 199401078	<b>31.76</b>	+0.85	
38.	Senna van Dongen	De Geul	NED 199100760	<b>32.09</b>	+0.78	
39.	Kimberley van Wijk	De Columbiaan	NED 199402040	<b>32.31</b>	+0.61	
40.	Ilse Blankvoort	Steenwijk 1934	NED 199204458	<b>32.50</b>	+0.68	
41.	Lonneke Vuur	SwimGym	NED 199208032	<b>33.06</b>	+0.70	
42.	Claudia de Win	De Geul	NED 199103554	<b>34.10</b>	+0.87	
43.	Heleen ten Have	ZVVS	NED 199403000	<b>34.33</b>		
44.	Maaïke Hofland	Sassenheim	NED 199203754	<b>34.78</b>	+0.54	
45.	Henriette Dijkdrent	LinK	NED 199307886	<b>35.82</b>	+0.74	
46.	Dorien Pastoors	Rotterdam Swimming (SG)	NED 199404598	<b>36.12</b>	+0.82	

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Programmanr. 37, Dames, 50m vrije slag, Masters 25+

rang	naam	vereniging			tijd	RT	PARA
47.	Esther Taks	MZ&PC	NED	199507028	<b>36.47</b>	+0.72	
48.	Brechtje Arts	Aquapoldro	NED	199406368	<b>37.71</b>	+0.84	

Masters 30+

1.	Saskia de Klerk <i>Nederlands Masters Record</i>	GoSwim	NED	199004612	<b>26.41</b>	+0.62	
2.	Jolanda Post	DIO	NED	199004848	<b>27.27</b>	+0.69	
3.	Elmi Roelofsen	ZVV	NED	199008198	<b>27.81</b>	+0.81	
4.	Marlijn Hendriksen	DIO	NED	198806828	<b>27.93</b>	+0.71	
5.	Linda Schellekens	Neptunus'58	NED	198803854	<b>28.56</b>	+0.76	
6.	Sabine Lina	ZPC Woerden	NED	198902680	<b>29.16</b>	+0.67	
7.	Jenny Schouten	Zwemsport Parkstad (SG)	NED	198703674	<b>29.20</b>	+0.84	
8.	Marion Regnier	CNSW	BEL	009410/90	<b>29.24</b>	+0.66	
9.	Monique Remst	AZC	NED	198706236	<b>29.26</b>	+0.78	
10.	Rianne Hofland	Sassenheim	NED	198801820	<b>29.52</b>	+0.73	
11.	Christa Stam	Rotterdam Swimming (SG)	NED	198806790	<b>30.20</b>	+0.80	
12.	Lisanne Andeweg	Zuiderzeezwimmers	NED	198800092	<b>30.37</b>	+0.77	
13.	Nienke van Stipriaan	PSV	NED	198703970	<b>31.14</b>	+0.90	
14.	Marieke van Dodeweerd	RZC	NED	198600896	<b>31.38</b>	+0.65	
15.	Mariska Zaal	AZC	NED	198806916	<b>31.44</b>	+0.74	
16.	Michal Thiele	PSV	NED	199003730	<b>31.67</b>	+0.68	
17.	Sandra van der Ende	WVZ	NED	198701132	<b>32.04</b>	+0.66	
18.	Diana Hemstede-Lammers	De Veene	NED	198902572	<b>32.41</b>	+0.76	
19.	Joan Fonteine	De Marlijn (SG)	NED	198805148	<b>33.02</b>	+0.87	
20.	Malou Heidekamp	RZC	NED	198906090	<b>33.06</b>	+0.95	
21.	Esther Boerdam-Delfos	AZC	NED	198705256	<b>33.43</b>	+0.90	
22.	Siska Post	DIO	NED	198805562	<b>35.02</b>	+1.15	
23.	Xandra Otter	WIDEX GZC DONK	NED	199006046	<b>38.99</b>	+0.92	
24.	Melissa Buijens	De Geul	NED	198605358	<b>39.30</b>	+0.54	
DIS	Lindsey Hol	De Meer	NED	199008088			

AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.

Masters 35+

1.	Anneloes Peulen <i>Nederlands Masters Record</i>	Nuenen	NED	198502314	<b>27.41</b>	+0.64	
2.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>28.04</b>	+0.58	
3.	Mariëlle Janssen	RZC	NED	198200760	<b>29.46</b>	+0.88	
4.	Sandra Zwaanswijk	DAW	NED	198503934	<b>29.74</b>	+0.68	
5.	Miranda Pijnenburg	De Treffers	NED	198301216	<b>30.50</b>	+0.76	
6.	Renee de Kok	PSV	NED	198403350	<b>30.57</b>	+0.60	
7.	Caroline van Tiggelen	Scheldestroom	NED	198301970	<b>30.59</b>	+0.78	
8.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>31.06</b>	+0.78	
9.	Fabiënne Jeukens	MZ&PC	NED	198401156	<b>34.85</b>	+0.96	
10.	Samantha Go	AZC	NED	198403552	<b>37.02</b>	+0.70	
11.	Karin Vermeer	De Rog	NED	198302918	<b>37.54</b>	+0.82	
12.	Marloes Rebel	WS Twente	NED	198403474	<b>38.20</b>	+1.07	

Masters 40+

1.	Delia Badoux <i>Nederlands Masters Record</i>	WVZ	NED	198000042	<b>27.72</b>	+0.70	
2.	Anke Lambooi	De Vliet (SG)	NED	198001182	<b>28.18</b>	+0.65	
3.	Debby van Beek	Upstream Amsterdam	NED	197601104	<b>29.39</b>	+0.82	
4.	Monique Boets	Stadskanaal	NED	197600230	<b>29.52</b>	+0.86	
5.	Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>30.00</b>		
6.	Chantal Verhoeff	Old Dutch	NED	197900912	<b>30.47</b>	+0.87	
7.	Jessica Klaassen	De Marlijn (SG)	NED	197901536	<b>30.87</b>	+0.57	
8.	Eveline Hacquebord	IJZPC	NED	197901206	<b>31.66</b>	+0.79	
9.	Marleen Zantingh	Old Dutch	NED	197801378	<b>31.69</b>	+0.89	

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Programmanr. 37, Dames, 50m vrije slag, Masters 40+

rang	naam	vereniging		tijd	RT	PARA
10.	Svetlana Jovic	11. APRIL Beograd	SRB 8722M	<b>32.06</b>	+0.73	
11.	Martine de Haart	Patrick-De Roersoppers (SG)	NED 197901492	<b>32.40</b>	+0.79	
12.	Marian Nederlof	De Geul	NED 197600950	<b>32.91</b>	+0.89	
13.	Anuschka Glazema-Boelema	Stadskanaal	NED 197701166	<b>33.18</b>	+0.93	
14.	Ingeborg Speelman Hamelink	De Marlijn (SG)	NED 197601028	<b>33.94</b>	+0.82	
15.	Saskia op den Velde	De Duinkickers	NED 197901530	<b>34.54</b>	+0.87	
16.	Sandra Van der Helm	De Rog	NED 197801340	<b>35.23</b>	+0.84	
17.	Esther van Buren	De Duinkickers	NED 198001670	<b>35.81</b>	+0.78	
18.	Marleen Schuurin	ESCA Zwemmen	NED 197601164	<b>42.25</b>		

Masters 45+

1.	Wendy Brugman	De Rog	NED 197300952	<b>29.18</b>	+0.61	
2.	Isabelle Dherbecourt	Dunkerque Natation	FRA 1574264	<b>29.31</b>	+0.55	
3.	Yvette Ratering	De Ward	NED 197200990	<b>29.35</b>	+0.75	
4.	Edith Janssen-Koolen	TRB-RES	NED 197300898	<b>29.48</b>	+0.62	
5.	Annette de Visser	Oceanus	NED 197100602	<b>30.08</b>	+0.74	
6.	Geraldine Trainor	De Duck	NED 197500544	<b>31.02</b>	+0.64	
7.	Virginie Pot	Dunkerque Natation	FRA 1405154	<b>32.80</b>		
8.	Inken Wemheuer	DWT	NED 197101016	<b>32.81</b>	+0.79	
9.	Els van den Eede	De Waalstroom	BEL 197401072	<b>32.86</b>		
10.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED 197300852	<b>32.90</b>	+0.84	
11.	Katharina Schlipp	De Vliet (SG)	NED 197301004	<b>33.10</b>	+0.64	
12.	Henriëtte Manting	GZVW	NED 197100246	<b>33.67</b>	+0.91	
13.	Evelien Meeuwissen	Sassenheim	NED 197500360	<b>34.01</b>	+0.71	
14.	Evelien Naatje	WS Twente	NED 197200838	<b>34.24</b>	+0.91	
15.	Inge Soeters	Steenwijk 1934	NED 197300934	<b>34.93</b>	+0.78	
16.	Katrina Boutwell	AZC	NED 197201036	<b>35.72</b>	+0.87	
17.	Esther Wouters	De Rog	NED 197300968	<b>36.72</b>		
18.	Natasa Jamsek	11. APRIL Beograd	SRB 8721M	<b>36.85</b>	+0.78	
19.	Agnes Holterman	ZPC De Hof	NED 197500464	<b>36.92</b>	+0.86	
20.	Ursula Spoelstra-de Groot	WS Twente	NED 197200952	<b>37.61</b>	+0.94	
21.	Brigitte Willems	De Rog	NED 197401036	<b>40.07</b>	+0.80	
DIS	Wendy Hendrixx-Verhagen	TRB-RES	NED 197101038			

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 50+

1.	Monique Tuijp	WZ&PC Purmerend	NED 196900800	<b>28.69</b>	+0.82	
	<i>Nederlands Masters Record</i>					
2.	Lesley Cordial	ZPC AMERSFOORT	NED 196700684	<b>28.81</b>	+0.49	
3.	Susan Fraser	Free Style SC	GBR 63571	<b>29.09</b>	+0.59	
4.	Saskia Phaff	PSV	NED 196600242	<b>30.29</b>	+0.56	
5.	Marjo Goelema-Koek	De Biesboschzwemmers	NED 196900192	<b>30.49</b>	+0.73	
6.	Jacqueline Tuin	DAW	NED 196600690	<b>31.00</b>	+0.76	
7.	Trudy Ketting	PSV	NED 197000268	<b>31.37</b>	+0.82	
8.	Helena Mels	ZVVS	NED 196901036	<b>31.44</b>	+0.66	
9.	Regine Beckers-Stribos	De Rog	NED 197000492	<b>31.82</b>	+0.86	
10.	Rita van der Horst	RZC	NED 196900260	<b>31.99</b>	+0.77	
11.	Talje Dijkhuis	ZPC AMERSFOORT	NED 196600072	<b>32.21</b>	+0.72	
12.	Arianne Hamakers	De Rog	NED 196700714	<b>32.38</b>	+0.89	
13.	Emmy in 't Veldt	TriVia	NED 196600648	<b>32.52</b>	+0.72	
14.	Chiho Shoji	CNSW	BEL 006146/70	<b>32.85</b>		
15.	Marijke Campfens	De Geul	NED 196900960	<b>33.54</b>	+0.62	
16.	Roelien Speelman-Tigelaar	De Spatters	NED 196600664	<b>33.60</b>	+0.76	
17.	Ellen van Wingerden-Dijkhuizen	DWK	NED 196900970	<b>35.20</b>		
18.	Sandra Daamen-Posma	AZC	NED 196800854	<b>35.22</b>	+1.03	
19.	Marella Verhagen-den Ouden	De Amstel	NED 196800948	<b>36.42</b>		
20.	Ageeth Westenbrink	De Rog	NED 196700712	<b>36.88</b>	+0.71	
21.	Cancia Leirissa	Albion WSS (SG)	NED 196700748	<b>37.11</b>		
22.	Pauline Tromp-Lang de	ZZ&PC De Devel	NED 197001032	<b>37.25</b>	+0.86	
23.	Miriam Stevens	Budel	NED 196900988	<b>37.70</b>	+1.11	

onjuistheden / mistakes?

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Programmanr. 37, Dames, 50m vrije slag, Masters 50+

rang	naam	vereniging			tijd	RT	PARA
24.	Sylvia Avitabile	Budel	NED	196700728	<b>38.62</b>	+0.94	
25.	Annette van Dok	MSV-Zeemacht	NED	196800742	<b>39.69</b>	+0.63	
26.	Ania Bultena-Rusek	TriVia	NED	196600764	<b>39.90</b>	+0.82	
27.	Maaïke Heidt	ZPB H&L Productions	NED	196901068	<b>41.66</b>	+0.95	
NG	Joyce Brummelkamp	ZVVS	NED	197000952			

Masters 55+

1.	Tineke Janssen	Albion WSS (SG)	NED	196400630	<b>30.34</b>	+0.77	
2.	Marjan Remmits	ZPC Woerden	NED	196300518	<b>30.71</b>	+0.72	
3.	Linda van de Ree	De Ganze	NED	196300452	<b>32.34</b>	+0.78	
4.	Karin van der Star-Verhoeven	ESCA Zwemmen	NED	196100382	<b>33.21</b>		
5.	Francine Sommer	Triton	NED	196200384	<b>34.61</b>		
6.	Linda Olsson	Albion WSS (SG)	NED	196400640	<b>34.62</b>	+0.70	
7.	Alice de Haan	WIDEX GZC DONK	NED	196400590	<b>35.97</b>		
8.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	<b>37.72</b>	+0.76	
9.	Jenny Westervaarder	H2Oldambt	NED	196200424	<b>39.27</b>	+0.87	
10.	Erica Muller	De Geul	NED	196400412	<b>40.51</b>	+0.53	
11.	Riekie Schra	Steenwijk 1934	NED	196400404	<b>59.02</b>	+1.31	

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	<b>31.05</b>	+0.57	
2.	Esther van Lohuizen	PSV	NED	195900300	<b>32.18</b>	+0.76	
3.	Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	<b>33.64</b>	+0.78	
4.	Marijke Kraak-Beckers	WS Twente	NED	196000240	<b>34.24</b>	+0.83	
5.	Claire Anthony	CNSW	BEL	001353/57	<b>34.91</b>	+0.75	
	<i>Belgisch Masters Record</i>						
6.	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	<b>39.45</b>	+0.90	
7.	Willy Schoenmaker-ter Veer	DWK	NED	195900254	<b>44.50</b>	+0.98	
8.	Anje Manuputty	PSV	NED	195700176	<b>45.47</b>	+0.69	
9.	Ria Peters-Veurman	ESCA Zwemmen	NED	195800242	<b>46.77</b>	+0.94	
10.	Karien Musters	Old Dutch	NED	195800236	<b>49.08</b>	+0.65	

Masters 65+

1.	Christine Nieuwenhuis	SWOL 1894	NED	195100022	<b>32.67</b>	+0.71	
2.	Martine Vincent	Dunkerque Natation	FRA	1261300	<b>35.24</b>		
3.	Patty Krupiarz	PSV	NED	195400074	<b>35.64</b>	+0.74	
4.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	<b>42.36</b>	+0.69	
5.	Tineke van Diggelen	ZPCH	NED	195200048	<b>42.38</b>		
6.	Fernande Blondeel-Gourmet	CNSW	BEL	004901/52	<b>45.78</b>	+0.85	
7.	Ineke Brouwers	PSV	NED	195200070	<b>46.60</b>		
8.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>52.64</b>		

Masters 70+

1.	Conny Boer-Buys	ZVVS	NED	195000006	<b>32.47</b>	+0.81	
	<i>Europees Masters Record</i>						
2.	Corrie Verhoeven	PSV	NED	194600026	<b>34.81</b>	+0.62	
3.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>46.62</b>		

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	<b>59.79</b>	+1.19	
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Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 37, Dames, 50m vrije slag

Masters 80+

1.	Marie Smits	Old Dutch	NED	193800004	<b>48.19</b>	+0.99
2.	Truus Ruiter	Old Dutch	NED	194000004	<b>58.29</b>	

Masters 85+

1.	Lottie Geurts	PSV	NED	193500006	<b>50.66</b>	+1.21
	<i>Nederlands Masters Record</i>					

Programmanr. 38  
26-01-2020 - 14:26

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Thomas Verhoeven	Albion WSS (SG)	NED	199700311	<b>22.79</b>	+0.73	
	<i>Kampioenschaps Record</i>						
2.	Thijs van Wieringen	De Columbiaan	NED	199900577	<b>23.82</b>	+0.68	
3.	Pascal Nuijten	Albion WSS (SG)	NED	199701353	<b>23.95</b>	+0.68	
4.	Otto Pranger	Albion WSS (SG)	NED	200000007	<b>24.49</b>	+0.68	
5.	Nicko Kamphuis	TRB-RES	NED	199900887	<b>24.52</b>	+0.61	
6.	Dennis Wildeboer	De Zwemlinie (SG)	NED	199800571	<b>24.76</b>	+0.71	
7.	Sepp Kalter	Dedemsvaart-AC	NED	199704327	<b>24.85</b>	+0.73	
8.	Derk Jan Speelman	Rotterdam Swimming (SG)	NED	199602425	<b>24.92</b>	+0.64	
	Lars Hurks	TRB-RES	NED	199901667	<b>24.92</b>	+0.63	
	Kevin Kingma	De Lansingh	NED	199700559	<b>24.92</b>	+0.63	
11.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>24.93</b>	+0.75	
12.	Daan Siebenheller	ZOB'66	NED	199804955	<b>25.37</b>	+0.69	
13.	Diederick Schothans	De Veene	NED	199703185	<b>25.56</b>	+0.71	
14.	Timo Musters	DIO	NED	199803325	<b>25.64</b>	+0.72	
15.	Sam Beer	Rotterdam Swimming (SG)	NED	199605521	<b>25.84</b>	+0.68	
16.	Pieter de Visser	De Ganze	NED	199802045	<b>26.04</b>	+0.70	
17.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>26.15</b>	+0.67	
18.	Stephan van Grevenbroek	De Ward	NED	200004805	<b>26.31</b>	+0.73	
19.	Nordin Termoshuizen	WVZ	NED	199605401	<b>26.43</b>	+0.63	
20.	Thomas Gheeraert	Dunkerque Natation	FRA	919124	<b>26.49</b>	+0.69	
21.	Bart de Bruijn	Hieronymus	NED	200004177	<b>26.60</b>	+0.76	
22.	Ayrton Mooldijk	Albion WSS (SG)	NED	199901449	<b>26.61</b>	+0.67	
23.	Sander de Hamer	De Ganze	NED	199701541	<b>26.72</b>	+0.73	
24.	Nick Boekestijn	Albion WSS (SG)	NED	199900291	<b>26.73</b>	+0.64	
25.	Jorn Lucas	De Veene	NED	200000675	<b>26.79</b>	+0.75	
26.	Ian van Mullem	ZOB'66	NED	199602545	<b>26.84</b>	+0.65	
27.	Kylian Kooijman	Steenwijk 1934	NED	199900763	<b>26.87</b>	+0.72	
28.	Max Muller	De Geul	NED	199800347	<b>26.97</b>	+0.48	
29.	Laurens Spoelstra	WS Twente	NED	199901273	<b>27.22</b>	+0.75	
30.	Thomas Hesper	ZPV Barracuda	NED	200004181	<b>27.23</b>	+0.77	
31.	Leon Kloots	ZPC De Hof	NED	200001363	<b>27.37</b>	+0.69	
32.	Bryan Gijzen	De Kempvis	NED	199902397	<b>27.76</b>	+0.64	
33.	Erik Baalbergen	ZVL-1886 Tetteroo	NED	199805775	<b>27.80</b>	+0.81	
34.	Job Esink	ESCA Zwemmen	NED	199801699	<b>27.85</b>	+0.69	
35.	Pascal de Jong	De Wellerobben	NED	199700415	<b>28.51</b>	+0.80	
36.	Sven Dubbeld	De Schotejil	NED	199601141	<b>28.60</b>	+0.92	
37.	Lars Jacobsen	DWK	NED	199705453	<b>28.79</b>	+0.77	509

Programmanr. 38, Heren, 50m vrije slag

Masters 25+

1.	Jeroen Baars <i>Nederlands Masters Record</i>	Rotterdam Swimming (SG)	NED	199200031	<b>22.38</b>	+0.72
2.	Ensgel Kotterink	Albion WSS (SG)	NED	199403391	<b>22.82</b>	+0.62
3.	Serginni Marten	DWK	NED	199307281	<b>23.50</b>	+0.68
4.	Romero Hennep	De Kempvis	NED	199304929	<b>23.95</b>	+0.65
5.	Felix Geenen	DAW	NED	199501085	<b>24.41</b>	+0.73
6.	Jesper Oranje	De Duck	NED	199200997	<b>24.70</b>	+0.72
7.	Timo Dinkelberg	Albion WSS (SG)	NED	199300773	<b>25.01</b>	+0.64
8.	Dennis Bos	HZ&PC Heerenveen	NED	199201965	<b>25.02</b>	+0.62
9.	Bernd Kobesen	Steenwijk 1934	NED	199300981	<b>25.05</b>	+0.68
10.	Bryan Tankink	WWV Winterswijk	NED	199502829	<b>25.47</b>	+0.83
11.	Erik Wegman	De Kempvis	NED	199201465	<b>25.57</b>	+0.60
12.	Chris van Vliet	ZV Haerlem	NED	199102425	<b>25.67</b>	+0.73
13.	Joeri Scheidt	VZC	NED	199102011	<b>25.81</b>	+0.64
	Remco Oskam	WIDEX GZC DONK	NED	199205583	<b>25.81</b>	+0.77
15.	Michel de Maesschalck	DAW	NED	199101525	<b>25.88</b>	+0.69
16.	Paul Koster	Hieronymus	NED	199304465	<b>25.92</b>	+0.71
17.	Jorden Theijink	ZPC De Hof	NED	199400323	<b>26.22</b>	+0.66
18.	Sybren Groenewegen	De Schotejil	NED	199306223	<b>26.32</b>	+1.02
19.	Elwin Kamminga	De Columbian	NED	199104871	<b>26.47</b>	+0.81
20.	Joris Boekhorst	Scheldestroom	NED	199100163	<b>27.10</b>	+0.79
21.	Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>27.58</b>	+0.67
22.	Tom de Lange	Deltasteur	NED	199300303	<b>28.17</b>	+0.76
23.	Yorick Kreuwel	Aquapoldro	NED	199402225	<b>28.30</b>	+0.79
24.	Robin van Beusekom	ZPV Barracuda	NED	199205841	<b>28.50</b>	+0.81
25.	Thomas Grudelbach	ZVVS	NED	199500355	<b>28.84</b>	+0.85
26.	Leffert Lansink	De Dolfijn	NED	199206865	<b>30.04</b>	+0.81
27.	Tim Dodemont	De Waalstroom	NED	199107513	<b>31.08</b>	+0.80
28.	Bob Potkamp	Deltasteur	NED	199403189	<b>31.46</b>	+0.91
29.	Paul Koot	Sassenheim	NED	199403565	<b>31.57</b>	+0.70
30.	Patrick Wobben	Steenwijk 1934	NED	199300559	<b>31.73</b>	+0.72
31.	Mark van der Want	GLS Ketelbinkie	NED	199107511	<b>31.76</b>	+0.69
NG	Hiras Ferrandino	DWT	NED	199306527		

Masters 30+

1.	Olaf Achterberg	VZC	NED	199000011	<b>23.83</b>	+0.73
2.	Arjan van der Plaats	DIO	NED	198602403	<b>24.38</b>	+0.73
3.	Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	<b>24.88</b>	+0.72
	Tom Driessen	ESCA Zwemmen	NED	198700801	<b>24.88</b>	+0.72
5.	Sander de Vrugt	ESCA Zwemmen	NED	198903499	<b>25.07</b>	+0.61
6.	Klaas van Beek	ZV Haerlem	NED	198805941	<b>25.86</b>	+0.69
7.	Jan van Opstal	DIO	NED	198602291	<b>25.97</b>	+0.69
8.	Tomasz Wilcz ga	Legia Warszawa	POL		<b>26.15</b>	+0.64
9.	Rutger Dalm	De Lansingh	NED	199005561	<b>26.30</b>	+0.68
10.	Pascal van Haren	ZPV Barracuda	NED	198704101	<b>26.51</b>	+0.68
11.	Vincent Bakker	ZPC AMERSFOORT	NED	198600107	<b>26.61</b>	+0.74
12.	Robert Braad	Steenwijk 1934	NED	198600407	<b>27.03</b>	+0.72
13.	Renaldas Ratkus	Kauno Takas	LTU		<b>27.35</b>	+0.72
14.	Ferdy van Mastrigt	Rotterdam Swimming (SG)	NED	198802315	<b>27.40</b>	+0.62
15.	Melano Winter	AZ&PC De Futen	NED	198703847	<b>27.64</b>	+0.83
16.	Silvan Biesheuvel	De Geul	NED	199003719	<b>27.88</b>	+0.70
17.	Patrick de Jonge	Deltasteur	NED	198906635	<b>28.31</b>	+0.82
18.	Stefan Oostendorp	AZC	NED	199005615	<b>28.34</b>	+0.86
19.	Mark Godwaldt	PSV	NED	198701039	<b>28.86</b>	+0.94
20.	Dennis Kraakman	DAW	NED	198705325	<b>28.92</b>	+0.67
21.	Marten Ettema	HZ&PC Heerenveen	NED	199007703	<b>29.48</b>	+0.73
22.	Martijn Gerrits	De Dolfijn	NED	198806305	<b>29.78</b>	+0.86
23.	Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	<b>30.85</b>	+0.79
24.	Dave Tuchan	The Hague Swimming (SG)	NED	199005067	<b>31.14</b>	+0.74
25.	Tom van Norden	IJZPC	NED	198906951	<b>37.84</b>	

Programmanr. 38, Heren, 50m vrije slag

Masters 35+

1.	Joan Kentrop	ZPC AMERSFOORT	NED	198503575	<b>23.28</b>	+0.70
	<i>Nederlands Masters Record</i>					
2.	Lauren Vis	Steenwijk 1934	NED	198201883	<b>24.72</b>	+0.63
3.	Kristiaan Lenos	ZVL-1886 Tetteroo	NED	198301331	<b>25.00</b>	+0.73
4.	Robert Dekker	Dedemsvaart-AC	NED	198400443	<b>25.03</b>	+0.73
5.	Rick de Greef	Budel	NED	198400749	<b>25.16</b>	+0.60
6.	Ivan van Omme	De Geul	NED	198201263	<b>25.57</b>	+0.64
7.	Guido Moret	Albion WSS (SG)	NED	198501793	<b>25.89</b>	+0.71
8.	Paul Brinkman	ZVVS	NED	198400309	<b>25.90</b>	+0.73
9.	Marcin Wilcz ga	Legia Warszawa	POL		<b>26.24</b>	+0.67
10.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463	<b>26.52</b>	+0.70
11.	Arne-Willem Kroonen	Zwemsport Parkstad (SG)	NED	198401297	<b>26.87</b>	+0.66
12.	Peter van de Bor	DWT	NED	198402897	<b>26.89</b>	+0.78
13.	Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>26.92</b>	+0.77
14.	Sigitas Tachtarovas	Klaipedos plaukimo klubas	LTU		<b>27.00</b>	+0.72
15.	Roel van der Kruijs	De Gelenberg	NED	198501491	<b>27.36</b>	+0.76
16.	Wouter Zijlstra	DAW	NED	198202077	<b>27.88</b>	+0.74
17.	Ricardo van Dam	AZC	NED	198503965	<b>29.14</b>	+0.69
18.	Dyon de Greef	Budel	NED	198202385	<b>29.15</b>	+0.70
19.	Sebastiaan Baars	WS Twente	NED	198300053	<b>31.31</b>	+0.92
20.	Nicolas Slegers	CNSW	BEL	005301/84	<b>32.00</b>	+0.74

Masters 40+

1.	Casper Hut	HZ&PC Heerenveen	NED	197800471	<b>23.90</b>	+0.63
2.	Nol van Thull	De Lansingh	NED	198001513	<b>24.26</b>	+0.68
3.	Øivind Martin Hasle	I.L. Varg	NOR	M260777ØIV01	<b>24.61</b>	+0.79
4.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	<b>25.06</b>	+0.71
5.	Pieter Broek	Albion WSS (SG)	NED	197701637	<b>26.48</b>	+0.70
6.	Bas van de Nouwelant	ZVVS	NED	198001103	<b>26.50</b>	+0.68
7.	Evgeny Ryzhov	Sprut	RUS	00-006	<b>26.61</b>	+0.81
8.	Mark Zwart	Zwemlust- den Hommel	NED	197901461	<b>26.69</b>	+0.82
9.	Dennis Dortland	ZPV Barracuda	NED	197800261	<b>26.78</b>	+0.73
10.	Victor Barnar	GoSwim	NED	197801805	<b>26.92</b>	+0.69
11.	Kelvin Isselt	RZ	NED	197601119	<b>27.01</b>	+0.68
12.	Stan Dekker	HHZV Plons	NED	197901823	<b>27.22</b>	+0.84
13.	Walter Stielstra	TRB-RES	NED	197701651	<b>27.57</b>	+0.67
14.	Mark Subirachs Garay	Club Natació Cerdanyola	ESP	44018033N	<b>27.73</b>	+0.72
15.	Arjen Koop	ESCA Zwemmen	NED	197900697	<b>27.87</b>	+0.64
16.	Mark van der Schrier	AZC	NED	197800951	<b>28.01</b>	+0.59
17.	Rogier van Gent	IJZPC	NED	198000405	<b>28.24</b>	+0.57
18.	Gino Martijn	RZ	NED	197901865	<b>28.61</b>	+0.61
19.	Jurjen Timmermans	GLS Ketelbinkie	NED	197701679	<b>28.83</b>	+0.85
20.	Erik Drost	PSV	NED	197901491	<b>29.02</b>	+0.81
21.	Yuri Admiraal	ZPC Numansdorp	NED	197701655	<b>29.19</b>	+0.67
	Peter Lommert	SWOL 1894	NED	197900787	<b>29.19</b>	+0.92
23.	Johan Wezenberg	SWOL 1894	NED	197601023	<b>29.30</b>	+0.94
24.	Bogdan Androne	AZC	NED	197701733	<b>30.02</b>	+0.81
25.	Paul Rutten	ESCA Zwemmen	NED	198001293	<b>31.43</b>	+0.68

Masters 45+

1.	Marcel van Winssen	De Gelenberg	NED	197101477	<b>26.10</b>	+0.78
2.	Arjan Verheij	De Rog	NED	197101617	<b>26.64</b>	+0.68
3.	Edgar Thimister	MZ&PC	NED	197501511	<b>26.88</b>	+0.65
4.	Alex Damen	DAW	NED	197501371	<b>26.99</b>	+0.67
5.	Aidas Pelesinas	Klaipedos plaukimo klubas	LTU		<b>27.04</b>	+0.83
6.	Michael Go	AZC	NED	197501397	<b>28.88</b>	+0.65
7.	Bas Kremers	TRB-RES	NED	197201611	<b>29.59</b>	+0.84
8.	Chang Bom	The Hague Swimming (SG)	NED	197201483	<b>29.65</b>	+0.67
9.	Wiljo Mackus	Budel	NED	197101557	<b>29.68</b>	+0.93
10.	Erik Veltman	Stadskanaal	NED	197200941	<b>30.55</b>	+0.78

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Programmanr. 38, Heren, 50m vrije slag, Masters 45+

rang	naam	vereniging			tijd	RT	PARA
11.	Pieter Bardelmeijer	Deltasteur	NED	197201665	<b>31.49</b>	+0.87	
12.	Alberto Randazzo	The Hague Swimming (SG)	NED	197101741	<b>32.26</b>	+0.83	
13.	Jeroen Hoeksel	ZVVS	NED	197401533	<b>32.30</b>	+0.94	
14.	Rob van de Ven	Neptunus'58	NED	197101695	<b>32.59</b>	+0.63	
15.	Michiel Verschueren	De Marlijn (SG)	NED	197301583	<b>35.66</b>	+1.11	

Masters 50+

1.	Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>25.56</b>	+0.59	
2.	Glen Le Clercq	De Rog	NED	196800177	<b>26.36</b>	+0.72	
3.	Pieter van Gemeren	DAW	NED	196901779	<b>27.01</b>	+0.73	
4.	Richard Ricksen	Zwemsport Parkstad (SG)	NED	197000841	<b>27.02</b>	+0.65	
5.	Vaidotas Gumbis	Ilgaplaukiai	LTU		<b>27.31</b>	+0.70	
6.	Frederic Robin	CNSW	BEL	004923/69	<b>27.32</b>	+0.71	
7.	Bert de Weerd	RZC	NED	196701283	<b>28.31</b>	+0.83	
8.	Rene de Jong	ZVVS	NED	196600351	<b>28.54</b>	+0.90	
9.	Jeroen den Boer	TRB-RES	NED	196701475	<b>28.64</b>	+0.76	
10.	Erwin Beringen	GoSwim	NED	196601515	<b>29.23</b>	+0.69	
11.	Chretien Mali	RZC	NED	196800581	<b>29.28</b>	+0.93	
12.	Wridzer Bakker	ESCA Zwemmen	NED	196701711	<b>29.35</b>	+0.86	
13.	Mathieu Rikken	De Duinkickers	NED	196701777	<b>29.41</b>	+0.77	
14.	Arturas Klimas	Klaipedos plaukimo klubas	LTU		<b>29.45</b>	+0.72	
15.	Wijnand Vergeest	De Rog	NED	196800949	<b>29.94</b>	+0.73	
16.	Marcel Brittijn	De Duinkickers	NED	196900159	<b>30.18</b>	+0.54	
17.	René Speelman	De Spatters	NED	196601521	<b>31.54</b>	+0.77	
18.	Edward van Nijmweegen	Budel	NED	197001635	<b>32.30</b>	+0.95	
19.	Joost van Eerd	Budel	NED	196901723	<b>32.97</b>	+0.84	
20.	Hans Bijleveld	The Hague Swimming (SG)	NED	196601649	<b>33.25</b>	+0.74	
21.	Gertjan van der Vaart	ZVVS	NED	196801529	<b>33.96</b>	+0.68	
22.	Pascal van Dijk	De Marlijn (SG)	NED	197001719	<b>34.96</b>	+0.74	
23.	Taco Eikelenboom	AZ&PC De Futen	NED	196900275	<b>36.60</b>	+0.84	
DIS	Ingmar de Gelder	ZOB'66	NED	197000333			

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 55+

1.	Peter Bernsen	De Rog	NED	196301119	<b>25.73</b>	+0.54	
	<i>Nederlands Masters Record</i>						
2.	Fabrice Dehandschoewercker	Dunkerque Natation	FRA	57433	<b>27.15</b>	+0.65	
3.	Wiljam Nijenhuis	De IJssel	NED	196400547	<b>27.35</b>	+0.84	
4.	Gert Sikkema	Zwemclub Urk 1978	NED	196300687	<b>27.90</b>	+0.76	
5.	Theo Bakker	TriVia	NED	196401231	<b>28.56</b>	+0.80	
6.	Ronald Grove	Triton	NED	196100161	<b>28.74</b>	+0.65	
7.	Paul Wijnja	De Biesboschzwemmers	NED	196301403	<b>28.84</b>	+0.76	
8.	Eric de Haas	De Treffers	NED	196501275	<b>29.49</b>	+0.94	
9.	Erik Saan	De Duck	NED	196500769	<b>29.65</b>	+0.99	
10.	Erik Wetsteijn	SWOL 1894	NED	196501019	<b>29.66</b>	+0.67	
11.	Arlandas Antanas Juodeska	Kauno Takas	LTU		<b>29.93</b>	+0.72	
12.	Robert de Brauwer	De Duinkickers	NED	196401383	<b>29.97</b>	+0.88	
13.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	<b>30.28</b>	+0.65	
14.	Geert van Duinhoven	RZC	NED	196401263	<b>30.43</b>	+0.75	
15.	Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355	<b>30.47</b>	+0.81	
16.	Ruud Kennis	Budel	NED	196501555	<b>30.96</b>	+0.81	
17.	Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	<b>30.97</b>	+0.85	
18.	Willem Jan Ribberink	WIDEX GZC DONK	NED	196501327	<b>31.41</b>	+0.80	
19.	Hans Van de Berg	De Rog	NED	196501635	<b>31.62</b>	+0.69	
20.	Rob Hemesath	PSV	NED	196100189	<b>31.90</b>	+0.87	
21.	Roy Le Clercq	De Rog	NED	196401041	<b>31.92</b>	+0.88	
22.	Jan Smalheer	SCOM	NED	196400701	<b>31.99</b>	+1.00	
23.	Pierre de Groot	WIDEX GZC DONK	NED	196401431	<b>32.96</b>	+0.87	
24.	Arno van Ederen	De Zilvermeeuw	NED	196100955	<b>33.39</b>	+0.95	
25.	Ronald Pijtak	ZPC AMERSFOORT	NED	196100475	<b>34.56</b>	+0.89	

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Programmanr. 38, Heren, 50m vrije slag, Masters 55+

rang	naam	vereniging			tijd	RT	PARA
26.	Hans van Scheepen	Steenwijk 1934	NED	196201245	<b>42.62</b>	+0.77	

Masters 60+

1.	Rastislav Pavlík <i>Europees Masters Record, Slovak Masters Record</i>	KPS Nereus Žilina	SVK	SVK10478	<b>26.39</b>	+0.79	
2.	Lionel Godeaux <i>Belgisch Masters Record</i>	CNSW	BEL	000217/60	<b>26.87</b>	+0.69	
3.	Jean-Pierre Delaporte	Dunkerque Natation	FRA	105978	<b>27.09</b>	+0.64	
4.	Marten de Groot	HZ&PC Heerenveen	NED	195800149	<b>27.20</b>	+0.70	
5.	Fred Ketting	PSV	NED	196000289	<b>27.29</b>	+0.79	
6.	Philippe Herve	Toulouse Athletic Club Natation	FRA	182043	<b>28.45</b>	+0.68	
7.	Sigitas Katkevicius	Dzukijos Vandenis	LTU		<b>28.95</b>	+0.73	
8.	Mark Nuijten	Albion WSS (SG)	NED	196000411	<b>28.97</b>	+0.91	
9.	Ron van der Meer	De Gelenberg	NED	196000975	<b>29.35</b>	+0.82	
10.	Mark Eligh	ZPC AMERSFOORT	NED	195700497	<b>30.23</b>	+0.73	
11.	Evertjan Masurel	PSV	NED	195600495	<b>30.58</b>	+0.78	
12.	Rudolf Meijer	Zwemvereniging Hoogland	NED	196000995	<b>30.86</b>	+0.79	
13.	Jos Zentjens	Budel	NED	195700569	<b>31.40</b>	+0.87	
14.	Philippe Godbille	CNSW	BEL	000230/57	<b>32.66</b>	+0.93	
15.	Peter Coffeng	WIDEX GZC DONK	NED	195700063	<b>33.84</b>	+0.74	
16.	Marius Ros	ZCNF'34	NED	195900779	<b>35.22</b>	+0.86	
17.	Robert Schulein	H2Oldambt	NED	195900843	<b>39.76</b>	+0.75	
AFGEM	André Schutte	ZPC De Zeeuwse Kust	NED	196000521			

Masters 65+

1.	Alexander Mills <i>Norwegian Masters Record</i>	Hamar Idrettslag	NOR	M221251ALE01	<b>28.49</b>	+0.82	
2.	Hans Wijsman	PSV	NED	195500427	<b>28.89</b>	+0.78	
3.	Fred Zanting	TriVia	NED	195400323	<b>32.69</b>	+0.89	
4.	Arno Wolvers	Zwemsport Parkstad (SG)	NED	195400277	<b>33.65</b>	+0.73	
5.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	<b>34.46</b>	+0.85	
6.	Nello Spiteri	DAW	NED	195200295	<b>41.74</b>	+0.98	

Masters 70+

1.	Reinier Dobbeltmann <i>Nederlands Masters Record</i>	PSV	NED	194800189	<b>30.41</b>	+0.68	
2.	Jan Nuijten	PSV	NED	194900175	<b>34.78</b>	+0.65	
3.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>43.22</b>	+1.16	

Masters 75+

1.	Willem Putter	ZVVS	NED	194500135	<b>35.35</b>	+1.05	
2.	Geza Kaltenecker	AZC	NED	194200065	<b>37.20</b>	+0.90	
3.	Kevork Boyrazian	CNSW	BEL	002620/44	<b>48.71</b>	+1.06	
4.	Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	<b>49.75</b>	+0.84	

Masters 80+

1.	Frans van Enst	WS Twente	NED	194000011	<b>39.32</b>	+1.07	
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Masters 90+

1.	Klaas Prins <i>Nederlands Masters Record</i>	Steenwijk 1934	NED	192800001	<b>1:28.89</b> *		
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Programmanr. 39  
26-01-2020 - 15:06

Dames, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Nikita van den Ouden	Nuenen	NED	199900622	<b>1:05.04</b>	+0.66		30.16	1:05.04
2. Manon van Esch	PSV	NED	199702090	<b>1:05.09</b>	+0.72		30.30	1:05.09
3. Babette van der Kaaij	Rotterdam Swimming (SG)	NED	199902234	<b>1:05.83</b>	+0.62		30.23	1:05.83
4. Marije Dinkelberg	Albion WSS (SG)	NED	199703192	<b>1:07.07</b>	+0.71		31.65	1:07.07
5. Fenna de Groot	Albion WSS (SG)	NED	199701796	<b>1:07.55</b>	+0.65		31.01	1:07.55
6. Christel Brugmans	Hieronymus	NED	200005602	<b>1:07.95</b>	+0.75		31.58	1:07.95
7. Melissa van der Heijden	ZPV Barracuda	NED	199605226	<b>1:08.27</b>	+0.70		31.76	1:08.27
8. Nadja Wortel	Hieronymus	NED	199800798	<b>1:08.64</b>	+0.54		32.00	1:08.64
9. Linda Kamperman	Zwemlust- den Hommel	NED	199601238	<b>1:08.75</b>	+0.64		32.04	1:08.75
10. Michelle Zomerdijk	Dedemsvaart-AC	NED	200003196	<b>1:09.06</b>	+0.73		31.75	1:09.06
11. Richenne Zeebregts	Nuenen	NED	199801818	<b>1:09.41</b>	+0.51		31.26	1:09.41
12. Marijke Drent	De Zwemlinie (SG)	NED	199906232	<b>1:10.14</b>	+0.86		32.30	1:10.14
13. Gaby Zittersteijn	Zuiderzeewimmers	NED	199700104	<b>1:13.09</b>	+0.63		33.51	1:13.09
14. Eef Hollander	The Hague Swimming (SG)	NED	199602074	<b>1:14.28</b>	+0.74		33.88	1:14.28
15. Jet Kleine	MSV-Zeemacht	NED	199903384	<b>1:14.43</b>	+0.60		34.56	1:14.43
16. Linde Haverkate	ZPC De Hof	NED	199900244	<b>1:15.70</b>	+0.69		34.87	1:15.70
17. Kayleigh Westenberg	De Veene	NED	200004064	<b>1:16.73</b>	+0.79		34.79	1:16.73
18. Lenneke Bagijn	De Duck	NED	199604992	<b>1:18.29</b>	+0.73		35.37	1:18.29
19. Sheila Ten Voorde	ZVV	NED	199904538	<b>1:21.73</b>	+0.85		36.78	1:21.73
20. Renske Beek	AZ&PC De Futen	NED	200000516	<b>1:23.17</b>	+0.70		36.85	1:23.17
21. Yancey Bouman	Albion WSS (SG)	NED	199801924	<b>1:23.23</b>	+0.75		37.08	1:23.23
22. Iva den Haan	De Lansingh	NED	199900882	<b>1:24.39</b>			37.70	1:24.39
23. Rachel Trapman	De Duinkickers	NED	199606760	<b>1:25.81</b>	+0.75		38.21	1:25.81
24. Carmen Bootsma	AZC	NED	199805760	<b>1:30.48</b>	+0.83		41.06	1:30.48
25. Naomi Slamp	De Veene	NED	200000400	<b>1:33.11</b>	+0.86		39.62	1:33.11

**Masters 25+**

1. Danique Stoop	Zuiderzeewimmers	NED	199106956	<b>1:02.95</b>	+0.57		29.04	1:02.95
<i>Kampioenschaps Record</i>								
2. Linda van der Voort	ZVL-1886 Tetteroo	NED	199207784	<b>1:08.44</b>	+0.70		31.55	1:08.44
3. Denise Boereboom	ZPV Barracuda	NED	199202144	<b>1:08.65</b>	+0.79		31.78	1:08.65
4. Karen Stolk	De Dolfijn	NED	199403950	<b>1:10.62</b>	+0.73		31.97	1:10.62
5. Nikki Hoogeboom	De IJsel	NED	199301196	<b>1:11.39</b>	+0.79		32.10	1:11.39
6. Marjon Pol	Zwemlust- den Hommel	NED	199102502	<b>1:11.71</b>	+0.66		32.62	1:11.71
7. Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>1:13.02</b>	+0.61		32.46	1:13.02
8. Inge Koopman	DAW	NED	199303382	<b>1:13.77</b>	+0.58		34.06	1:13.77
9. Kelly Wigleven	Poseidon'56	NED	199500058	<b>1:14.39</b>	+0.70		33.60	1:14.39
10. Wendy de Bruin	ZOB'66	NED	199206320	<b>1:14.76</b>	+0.65		33.94	1:14.76
11. Chantal van der Horst	De Meer	NED	199400616	<b>1:15.60</b>	+0.65		35.22	1:15.60
12. Lotte Rolink	Zwemclub Polaris	NED	199504880	<b>1:16.52</b>	+0.55		35.48	1:16.52
13. Maike Korthout	TRB-RES	NED	199406034	<b>1:17.13</b>	+0.71		34.87	1:17.13
14. Anne Aarts	d'ELFT	NED	199207942	<b>1:17.33</b>	+0.74		35.23	1:17.33
15. Laura Scheffer	GoSwim	NED	199407222	<b>1:19.12</b>	+0.76		35.06	1:19.12
16. Daphne Kievit	AZ&PC De Futen	NED	199207058	<b>1:20.20</b>	+0.85		35.31	1:20.20
17. Alma Janssen	Z&PC Zegenwerp	NED	199401078	<b>1:21.63</b>	+0.81		37.31	1:21.63
18. Leontine Groeneveldt	De Duck	NED	199303526	<b>1:23.42</b>	+0.68		36.44	1:23.42
19. Nicky Vanhijfte	Scheldestroom	NED	199201806	<b>1:28.37</b>	+0.74		38.81	1:28.37
20. Eline Vermue	AZ&PC De Futen	NED	199203710	<b>1:30.49</b>	+0.78		40.44	1:30.49
21. Claudia Creemers	RZ	NED	199202864	<b>1:38.01</b>	+0.80		42.16	1:38.01
AFGEM Whitney van Hoeckel	DIO	NED	199402390					

Programmanr. 39, Dames, 100m vlinderslag

Masters 30+

1. Marlijn Hendriksen	DIO	NED	198806828	<b>1:07.30</b>	+0.59	32.36	1:07.30
2. Jolanda Post	DIO	NED	199004848	<b>1:10.07</b>	+0.66	31.91	1:10.07
3. Mandy Verbakel	ZPC Woerden	NED	199003908	<b>1:18.41</b>	+0.65	35.68	1:18.41
4. Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	<b>1:19.81</b>	+0.72	35.30	1:19.81
5. Janneke Wynia	WS Twente	NED	199005500	<b>1:37.43</b>	+0.96	44.13	1:37.43
6. Xandra Otter	WIDEX GZC DONK	NED	199006046	<b>1:46.30</b>	+1.01	49.94	1:46.30
DIS Lindsey Hol	De Meer	NED	199008088			38.02	

VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.

Masters 35+

1. Viktória Háden-Felföldi	Megathlon SE	HUN		<b>1:06.24</b>	+0.60	31.00	1:06.24
<i>Kampioenschaps Record, Hungarian Masters Record</i>							
2. Agnieszka Wysocka	Aer Lingus Masters	IRL	30026889	<b>1:08.55</b>	+0.55	31.78	1:08.55
<i>Irish Masters Record</i>							
3. Ann Wanter	Zwemclub Geel	BEL	21082/82	<b>1:09.18</b>	+0.79	32.65	1:09.18
4. Anneloes Peulen	Nuenen	NED	198502314	<b>1:09.50</b>	+0.63	31.54	1:09.50
5. Roos van Esch	De Lansingh	NED	198200468	<b>1:11.46</b>	+0.89	33.93	1:11.46
6. Miranda Pijnenburg	De Treffers	NED	198301216	<b>1:12.88</b>	+0.75	33.97	1:12.88
7. Tonia Ruybroek	Poseidon'56	NED	198101290	<b>1:13.80</b>	+0.90	34.78	1:13.80
8. Sandra Zwaanswijk	DAW	NED	198503934	<b>1:18.24</b>	+0.56	36.15	1:18.24
9. Sylvia Reijers	De Gelenberg	NED	198201360	<b>1:24.34</b>	+0.73	37.87	1:24.34
10. Marloes Rebel	WS Twente	NED	198403474	<b>1:44.76</b>	+1.17	48.88	1:44.76
DIS Marije Jansen	ZPC AMERSFOORT	NED	198504088				

VM - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.

Masters 40+

1. Chantal Verhoeff	Old Dutch	NED	197900912	<b>1:16.69</b>	+0.95	35.15	1:16.69
2. Jessica Klaassen	De Marlijn (SG)	NED	197901536	<b>1:18.49</b>	+0.76	34.47	1:18.49
3. Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>1:20.49</b>	+0.71	37.53	1:20.49
4. Rachel Trainor	De Duck	NED	197700670	<b>1:23.35</b>	+0.71	37.46	1:23.35
5. Marjon Boidin	Old Dutch	NED	197601000	<b>1:28.41</b>	+0.93	40.67	1:28.41

Masters 45+

1. Gudule van der Meer	PSV	NED	197200396	<b>1:11.10</b>	+0.79	33.25	1:11.10
2. Sandra Peeters-Wiermans	De Rog	NED	197401032	<b>1:14.47</b>	+0.80	34.08	1:14.47
3. Mirjan den Drijver	Albion WSS (SG)	NED	197500884	<b>1:15.78</b>	+0.87	34.88	1:15.78
4. Kathy Van Lindt	CNSW	BEL	007949/71	<b>1:20.38</b>	+0.87	37.30	1:20.38
5. Els van den Eede	De Waalstroom	BEL	197401072	<b>1:25.78</b>		37.51	1:25.78
6. Katrina Boutwell	AZC	NED	197201036	<b>1:40.41</b>		43.42	1:40.41
NG Inge Soeters	Steenwijk 1934	NED	197300934				

Masters 50+

1. Jeanne Petit	PSV	NED	197001020	<b>1:11.94</b>	+0.75	34.09	1:11.94
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>1:14.60</b>	+0.80	35.22	1:14.60
3. Bianca Groot	MSV-Zeemacht	NED	197000652	<b>1:21.36</b>	+0.83	37.27	1:21.36
4. Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	<b>1:27.16</b>	+0.71	40.45	1:27.16
5. K. van Nassau-van den Heuv	Old Dutch	NED	196600188	<b>1:38.61</b>	+0.98	44.95	1:38.61

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED	196300518	<b>1:18.88</b>	+0.84	35.17	1:18.88
2. Margriet Grove-Lingeman	Triton	NED	196200080	<b>1:25.12</b>	+0.71	38.57	1:25.12



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 39, Dames, 100m vlinderslag

Masters 60+

1. Inge Wolfs	HHZV Plons	NED	196000304	<b>1:26.60</b>	+0.97	38.79	1:26.60
2. Claire Anthony	CNSW	BEL	001353/57	<b>1:29.02</b>	+0.59	40.02	1:29.02
<i>Belgisch Masters Records</i>							
3. Hannie Poletiek	TriVia	NED	195900278	<b>1:43.29</b>	+0.79	47.27	1:43.29
4. Lia Bijkerk	WIDEX GZC DONK	NED	196000014	<b>1:56.87</b>	+0.88	55.72	1:56.87

Masters 65+

1. Carla Hensen	PSV	NED	195300062	<b>1:42.46</b>		46.47	1:42.46
2. Fernande Blondeel-Gourmet	CNSW	BEL	004901/52	<b>1:55.66</b>		54.43	1:55.66

Masters 70+

1. Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>2:11.35</b>		1:02.08	2:11.35
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Masters 80+

1. Marie Smits	Old Dutch	NED	193800004	<b>2:28.76</b>	*+1.21	1:08.69	2:28.76
<i>Nederlands Masters Record</i>							

Programmanr. 40  
26-01-2020 - 15:25

Heren, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Thomas Verhoeven	Albion WSS (SG)	NED	199700311	<b>55.50</b>	+0.72		25.94	55.50
<i>Nederlands Masters Record</i>								
2. Sepp Kalter	Dedemsvaart-AC	NED	199704327	<b>58.16</b>	+0.73		27.17	58.16
3. Joris Bezemer	De Kempvis	NED	199900527	<b>59.70</b>	+0.73		27.54	59.70
4. Jaro Musters	Hieronymus	NED	199801141	<b>59.99</b>	+0.70		27.78	59.99
5. Robin van Beek	ZVL-1886 Tetteroo	NED	199704023	<b>1:00.95</b>	+0.69		28.12	1:00.95
6. Otto Pranger	Albion WSS (SG)	NED	200000007	<b>1:01.51</b>	+0.70		28.46	1:01.51
7. Daan Siebenheller	ZOB'66	NED	199804955	<b>1:01.74</b>	+0.69		28.53	1:01.74
8. Ryan van den Ouden	Poseidon'56	NED	199900377	<b>1:02.12</b>	+0.75		27.96	1:02.12
9. Jordy van Oel	WVZ	NED	199802003	<b>1:02.82</b>	+0.74		28.43	1:02.82
10. Kevin Kingma	De Lansingh	NED	199700559	<b>1:03.08</b>	+0.65		28.86	1:03.08
11. David Kievit	De Schotejil	NED	199900325	<b>1:03.61</b>	+0.76		29.34	1:03.61
12. Diederick Schothans	De Veene	NED	199703185	<b>1:03.85</b>	+0.74		29.95	1:03.85
13. Gideon Teeuw	De Veene	NED	199801237	<b>1:03.92</b>	+0.76		29.08	1:03.92
14. Hans Stoffers	Triton Putten	NED	199604027	<b>1:04.19</b>	+0.67		29.81	1:04.19
15. Robert Voigt	Ragnar	NED	199805841	<b>1:04.22</b>	+0.72		30.28	1:04.22
16. Roel van Grol	WIDEX GZC DONK	NED	199802277	<b>1:04.80</b>	+0.63		30.00	1:04.80
17. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	<b>1:05.44</b>	+0.74		29.40	1:05.44
18. Jeroen Louwinger	De Rijn	NED	199900583	<b>1:05.95</b>	+0.73		31.08	1:05.95
19. Richard van der Horst	De Meer	NED	199700179	<b>1:08.79</b>	+0.79		31.44	1:08.79
20. Timo Musters	DIO	NED	199803325	<b>1:09.58</b>	+0.73		31.23	1:09.58
21. Sander de Hamer	De Ganze	NED	199701541	<b>1:09.73</b>	+0.75		31.16	1:09.73
22. Wesley van der Luit	Sassenheim	NED	199701895	<b>1:10.86</b>	+0.75		32.63	1:10.86

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

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28-01-2020 19:47 - pagina 146



Programmanr. 40, Heren, 100m vlinderslag

Masters 25+

1. Jeroen Baars	Rotterdam Swimming (SG)	NED	199200031	<b>55.22</b>	+0.75	26.01	55.22
<i>Nederlands Masters Record</i>							
2. Jesper Oranje	De Duck	NED	199200997	<b>59.23</b>	+0.78	26.59	59.23
3. Nick Sijmons	De Amstel	NED	199500491	<b>59.28</b>	+0.68	27.30	59.28
4. Jelle Nap	VZC	NED	199502875	<b>1:01.06</b>	+0.74	28.53	1:01.06
5. Emiel van Beusekom	ZPV Barracuda	NED	199403951	<b>1:02.88</b>	+0.71	28.83	1:02.88
6. Felix Geenen	DAW	NED	199501085	<b>1:03.00</b>	+0.70	28.31	1:03.00
7. Joeri Scheidt	VZC	NED	199102011	<b>1:04.33</b>	+0.71	29.74	1:04.33
8. Rens Post	WVZ	NED	199101827	<b>1:05.56</b>	+0.70	29.69	1:05.56
9. Pieter Pijnenburg	De Biesboschzwemmers	NED	199305227	<b>1:08.96</b>	+0.68	31.72	1:08.96
10. Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>1:10.38</b>	+0.71	32.16	1:10.38
11. Mark van der Want	GLS Ketelbinkie	NED	199107511	<b>1:17.53</b>	+0.82	35.12	1:17.53
12. Paul Koot	Sassenheim	NED	199403565	<b>1:26.02</b>	+0.71	38.99	1:26.02
13. Tim Dodemont	De Waalstroom	NED	199107513	<b>1:30.96</b>	+0.79	39.61	1:30.96
DIS Michel de Maesschalck	DAW	NED	199101525				

AF - De aangegeven afstand niet uitgezwommen.

Masters 30+

1. Alex Schelvis	LinK	NED	198702927	<b>59.22</b>	+0.77	26.98	59.22
2. Marco Usula	CNSW	BEL	009303/90	<b>1:00.96</b>	+0.71	28.31	1:00.96
3. Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	<b>1:04.25</b>	+0.81	29.53	1:04.25
4. Tim Bunnik	Triton	NED	199000505	<b>1:04.49</b>	+0.76	28.71	1:04.49
5. Ferdy van Mastrigt	Rotterdam Swimming (SG)	NED	198802315	<b>1:08.32</b>	+0.64	31.30	1:08.32
6. Melano Winter	AZ&PC De Futen	NED	198703847	<b>1:12.08</b>	+0.86	33.58	1:12.08
7. Wessel Everloo	WS Twente	NED	198906597	<b>1:18.36</b>	+0.80	34.44	1:18.36
NG.ZA Alex Vermeulen	WZK Zwemmen	NED	198905811				
NG.ZA Rutger Dalm	De Lansingh	NED	199005561				

Masters 35+

1. Mark Baars	Rotterdam Swimming (SG)	NED	198500059	<b>56.44</b>	+0.64	26.23	56.44
<i>Nederlands Masters Record</i>							
2. Lauren Vis	Steenwijk 1934	NED	198201883	<b>1:01.21</b>	+0.65	28.25	1:01.21
3. Nick Valentine	Tynemouth ASC	GBR	557787	<b>1:02.41</b>	+0.77	29.17	1:02.41
4. Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>1:04.89</b>	+0.75	30.00	1:04.89
5. Ben Ghyllebert	Koninklijke Vilvoordse Zwemclub	BEL	11064/84	<b>1:06.50</b>	+0.77	31.26	1:06.50
6. Roel van der Kruijs	De Gelenberg	NED	198501491	<b>1:08.35</b>	+0.60	31.32	1:08.35
7. Frank v.d. Voordt	De Schotejil	NED	198302259	<b>1:08.82</b>	+0.76	32.29	1:08.82
8. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	<b>1:08.97</b>	+0.73	31.79	1:08.97

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	<b>59.06</b>	+0.71	26.90	59.06
2. Øivind Martin Hasle	I.L. Varg	NOR	M260777ØIV01	<b>1:00.20</b>	+0.82	29.02	1:00.20
3. Kelvin Isselt	RZ	NED	197601119	<b>1:03.36</b>	+0.71	29.71	1:03.36
4. László Jüllich	ZPCH	NED	197801893	<b>1:04.80</b>	+0.82	30.13	1:04.80
5. Heimen van Vliet	Wiekslag	NED	198001637	<b>1:05.01</b>	+0.60	30.04	1:05.01
6. Markus van Rest	WVZ	NED	197701197	<b>1:05.56</b>	+0.80	30.26	1:05.56
7. Mark Hensen	ZPV Barracuda	NED	197900497	<b>1:06.20</b>	+0.75	30.10	1:06.20
8. Dennis Dortland	ZPV Barracuda	NED	197800261	<b>1:09.35</b>	+0.82	31.43	1:09.35
9. Erik Schoenmakers	WIDEX GZC DONK	NED	197601667	<b>1:09.51</b>	+0.80	31.32	1:09.51
10. Ingmar Kooman	ZVL-1886 Tetteroo	NED	197901517	<b>1:16.37</b>	+0.72	35.14	1:16.37

Programmanr. 40, Heren, 100m vlinderslag

Masters 45+

1. Frederic Tonus	Luxembourg Sharks SC	LUX	10449	<b>58.41</b>	+0.70	27.19	58.41
<i>Luxembourg Masters Record</i>							
2. Antwan van Engen	De Ward	NED	197101577	<b>1:00.51</b>	+0.69	27.92	1:00.51
<i>Nederlands Masters Record</i>							
3. Edgar Thimister	MZ&PC	NED	197501511	<b>1:01.61</b>	+0.65	28.61	1:01.61
4. Vedestas Seferlis	Kauno Takas	LTU		<b>1:02.24</b>	+0.63	28.72	1:02.24
5. Maarten van der Zwan	Scheldestroom	NED	197501017	<b>1:06.23</b>	+0.74	29.59	1:06.23
6. Richard van Kampen	ZPCH	NED	197401551	<b>1:10.35</b>	+0.72	33.36	1:10.35
7. Korstiaan de Boer	Steenwijk 1934	NED	197101629	<b>1:17.74</b>	+0.80	34.90	1:17.74
8. Erik Veltman	Stadskanaal	NED	197200941	<b>1:19.00</b>	+0.87	36.60	1:19.00
9. Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>1:25.79</b>	+0.77	37.62	1:25.79

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>1:02.09</b>	+0.72	28.98	1:02.09
2. Pieter van Gemeren	DAW	NED	196901779	<b>1:07.51</b>	+0.77	31.52	1:07.51
3. René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>1:08.91</b>	+0.71	31.22	1:08.91
4. Bruno Nahon	CNSW	BEL	000390/70	<b>1:14.05</b>	+0.88	33.86	1:14.05
5. Frederic Robin	CNSW	BEL	004923/69	<b>1:14.87</b>	+0.67	33.45	1:14.87
6. Taco Eikelenboom	AZ&PC De Futen	NED	196900275	<b>1:26.94</b>	+0.86	36.88	1:26.94
7. Marcel Brittijn	De Duinkickers	NED	196900159	<b>1:34.57</b>	+0.63	41.75	1:34.57

Masters 55+

1. Johan Remmits	ZPC AMERSFOORT	NED	196201159	<b>1:07.05</b>	+0.73	31.41	1:07.05
2. Peter Bernsen	De Rog	NED	196301119	<b>1:08.50</b>	+0.54	31.52	1:08.50
3. Wiljam Nijenhuis	De IJsel	NED	196400547	<b>1:12.16</b>	+0.80	32.74	1:12.16
4. Hans Vloedgraven	Old Dutch	NED	196400917	<b>1:12.75</b>	+0.83	34.57	1:12.75
5. Ronald Grove	Triton	NED	196100161	<b>1:16.47</b>	+0.75	35.31	1:16.47
6. Ralph Caster	RZ	NED	196100069	<b>1:25.08</b>	+0.80	37.57	1:25.08

Masters 60+

1. Fred Ketting	PSV	NED	196000289	<b>1:15.57</b>	+0.91	34.75	1:15.57
2. Paul Bunnik	Triton	NED	195600413	<b>1:20.27</b>	+0.80	37.87	1:20.27
3. Jan Willem Heuten	WS Twente	NED	196000883	<b>1:37.52</b>	+0.94	43.47	1:37.52

Masters 65+

1. Jean-Marie Cadiat	CNSW	BEL	000243/53	<b>1:12.32</b>	+0.93	33.97	1:12.32
<i>Kampioenschaps Record</i>							
2. Peter Gulyas	Dunakanyar	HUN		<b>1:22.11</b>	+0.73	37.21	1:22.11
3. Pierre Monnet	Entente Sportive Nanterre	FRA	2609667	<b>1:30.12</b>	+0.70	41.49	1:30.12

Masters 70+

1. Piet Schop	De Bevelanders	NED	195000109	<b>1:31.35</b>	+0.70	40.10	1:31.35
<i>Nederlands Masters Record</i>							



Programmanr. 41  
26-01-2020 - 15:42

Dames, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging		tijd	RT	PARA
<b>Masters 20+</b>						
1.	Selene Wortel	Hieronymus	NED 199700654	<b>33.56</b>	+0.64	
2.	Manon Kloosterman	De Bevelanders	NED 199702082	<b>34.10</b>	+0.70	
3.	Ilse Rijnja	The Hague Swimming (SG)	NED 199802432	<b>34.12</b>	+0.60	
4.	Bibi Stokvis	Het Y	NED 199900892	<b>34.59</b>	+0.71	
5.	Annabel Kuipers	DWK	NED 200001076	<b>34.93</b>	+0.73	
6.	Fenna de Groot	Albion WSS (SG)	NED 199701796	<b>34.97</b>	+0.65	
7.	Nadja Wortel	Hieronymus	NED 199800798	<b>34.98</b>	+0.74	
8.	Dagmar Kruik	Zuiderzeezwemmers	NED 199800008	<b>35.09</b>	+0.68	
9.	Celine Schoenmaker	DWK	NED 199801976	<b>35.63</b>	+0.61	
10.	Lonneke Graansma	ZVL-1886 Tetteroo	NED 199900936	<b>35.94</b>	+0.72	
11.	Melissa van der Heijden	ZPV Barracuda	NED 199605226	<b>36.24</b>	+0.49	
12.	Mirelle de Kort	Neptunus'58	NED 200005546	<b>36.56</b>	+0.74	
13.	Laura Compagner	Dedemsvaart-AC	NED 199804602	<b>36.59</b>	+0.71	
14.	Lindy Elkerbout	De Veene	NED 200000604	<b>36.60</b>	+0.75	
15.	Lisanne Seising	VZC	NED 200002084	<b>36.73</b>	+0.62	
16.	Sanne van de Pol	De Biesboschzwemmers	NED 199800722	<b>36.83</b>	+0.55	
17.	Rianne van Rijssen	Noord Veluwe	NED 199702360	<b>37.09</b>	+0.66	
18.	Anne Dekker	Albion WSS (SG)	NED 199606830	<b>37.24</b>	+0.68	
19.	Mandy Swart	De Biesboschzwemmers	NED 199904916	<b>37.59</b>	+0.76	
20.	Annemijn Spohr	TRB-RES	NED 200000548	<b>37.67</b>	+0.75	
21.	Kimberly Coenders	De Lansingh	NED 199900880	<b>37.72</b>	+0.72	
22.	Alisha Vieira	Rotterdam Swimming (SG)	NED 199904554	<b>38.04</b>	+0.81	
23.	Marielle van der Vaart	ZVVS	NED 200000994	<b>38.51</b>	+0.68	
24.	Tamara van den Brink	ZPV Barracuda	NED 199804182	<b>39.42</b>	+0.69	
25.	Annemarie ten Have	Zuiderzeezwemmers	NED 199802662	<b>39.71</b>	+0.77	
26.	Maud Heldoorn	Deltasteur	NED 200000564	<b>40.57</b>	+0.68	
27.	Alies Wagter	Steenwijk 1934	NED 199900840	<b>41.28</b>	+0.80	
28.	Sheila Ten Voorde	ZVV	NED 199904538	<b>41.50</b>	+0.91	
29.	Britt van Vossen	De Ganze	NED 199604064	<b>41.70</b>	+0.74	
30.	Kusuma Dewi	Aquapoldro	NED 199706616	<b>42.93</b>	+0.67	
31.	Marieke Gorter	Triton	NED 200000750	<b>44.22</b>	+0.53	
32.	Mariska Scholtz	Rotterdam Swimming (SG)	NED 199606804	<b>52.21</b>	+0.98	

**Masters 25+**

1.	Yvon Versteeg	De Veene	NED 199201864	<b>33.70</b>	+0.71	
2.	Lianne Slagter	ESCA Zwemmen	NED 199500940	<b>34.44</b>	+0.56	
3.	Fiona Meuffels	RZ	NED 199504366	<b>34.57</b>	+0.51	
4.	Karin Groen	De Zwemlinie (SG)	NED 199502440	<b>35.35</b>	+0.63	
5.	Miranda Nijenhuis	De Columbiaan	NED 199204076	<b>35.38</b>	+0.75	
6.	Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	<b>36.40</b>	+0.68	
7.	Isabelle Massar	WVZ	NED 199102034	<b>36.77</b>	+0.63	
8.	Eline van Gemert	De Meer	NED 199505458	<b>36.87</b>	+0.65	
9.	Yvette de Gier	De Columbiaan	NED 199402124	<b>36.91</b>	+0.63	
10.	Karen Stolk	De Dolfijn	NED 199403950	<b>37.13</b>	+0.75	
11.	Chantal van der Horst	De Meer	NED 199400616	<b>38.08</b>	+0.82	
	Kelly Wiglevan	Poseidon'56	NED 199500058	<b>38.08</b>	+0.68	
13.	Pascalie Rovers	De Dolfijn	NED 199301064	<b>38.33</b>	+0.53	
14.	Suzanne Tetteroo	ZPC De Zeeuwse Kust	NED 199104384	<b>39.78</b>	+0.90	
15.	Eva Kattouw	De Ward	NED 199407168	<b>40.43</b>	+0.68	
16.	Getrude Corporaal	Steenwijk 1934	NED 199200380	<b>42.16</b>	+0.60	
17.	Marissa Veenstra-Humme	BZ&PC	NED 199202560	<b>42.89</b>	+0.81	
18.	Senna van Dongen	De Geul	NED 199100760	<b>43.14</b>	+0.77	
19.	Eline Vermue	AZ&PC De Futen	NED 199203710	<b>45.98</b>		
NG	Brechtje Arts	Aquapoldro	NED 199406368			

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28-01-2020 19:47 - pagina 149

Programmanr. 41, Dames, 50m schoolslag

Masters 30+

1.	Saskia de Klerk	GoSwim	NED	199004612	<b>33.43</b>	+0.64
2.	Marion Regnier	CNSW	BEL	009410/90	<b>35.22</b>	+0.67
3.	Elmi Roelofsen	ZVV	NED	199008198	<b>36.03</b>	+0.79
4.	Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>36.49</b>	+0.73
5.	Karin van Dijk	De Wellerobben	NED	198600850	<b>36.94</b>	+0.75
6.	Suzan Blankestijn	ZVL-1886 Tetteroo	NED	198900350	<b>38.31</b>	+0.65
7.	Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>38.93</b>	+0.64
8.	Sabine Lina	ZPC Woerden	NED	198902680	<b>39.04</b>	+0.74
9.	Esther van Maastrigt	Montferland	NED	198802836	<b>39.46</b>	
10.	Marieke van Dodeweerd	RZC	NED	198600896	<b>39.89</b>	+0.67
11.	Mariska Zaal	AZC	NED	198806916	<b>40.39</b>	+0.78
12.	Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	<b>40.55</b>	+0.68
13.	Siska Post	DIO	NED	198805562	<b>41.38</b>	+0.88
14.	Sandra van der Ende	WVZ	NED	198701132	<b>41.43</b>	+0.80
15.	Tessa Verheijdt	WVZ	NED	198904290	<b>43.89</b>	+0.85
16.	Janneke Wynia	WS Twente	NED	199005500	<b>44.28</b>	+0.98
17.	Dorien Vasseur	Scheldestroom	NED	198704164	<b>45.59</b>	+0.86
18.	Carola Hompes	Budel	NED	198801868	<b>45.62</b>	+0.80
19.	Joëlle Vaes	DIO	NED	199007576	<b>45.65</b>	+0.63
20.	Malou Heidekamp	RZC	NED	198906090	<b>45.78</b>	+0.98
DIS	Monique Pronk	WVZ	NED	198803528		

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 35+

1.	Laura Badoux	DAW	NED	198200038	<b>35.87</b>	+0.83
2.	Leonie van der Lavoir	ZPC Numansdorp	NED	198501834	<b>38.31</b>	+0.56
	Renee de Kok	PSV	NED	198403350	<b>38.31</b>	+0.60
4.	Joke De Temmerman	De Dolfijnen ZC Zomergem	BEL	21034/82	<b>38.42</b>	+0.72
5.	Caroline van Tiggelen	Scheldestroom	NED	198301970	<b>38.45</b>	+0.74
6.	Ilija Janssen	ESCA Zwemmen	NED	198102234	<b>40.33</b>	+0.89
7.	Angela Giezen	Upstream Amsterdam	NED	198302796	<b>41.13</b>	+0.59

Masters 40+

1.	Kika Meijers	SWOL 1894	NED	198000736	<b>37.77</b>	+0.73
2.	Yvonne Gerritsen	WVZ	NED	198000342	<b>38.94</b>	+0.59
	Inge Roskam	De Duinkickers	NED	197801296	<b>38.94</b>	+0.81
4.	Eveline Hacquebord	IJZPC	NED	197901206	<b>38.97</b>	+0.79
5.	Rachel Trainor	De Duck	NED	197700670	<b>42.00</b>	+0.68
6.	Marian Nederlof	De Geul	NED	197600950	<b>42.11</b>	+0.83
7.	Marleen Zantingh	Old Dutch	NED	197801378	<b>42.45</b>	+0.98
8.	Ingeborg Speelman Hamelink	De Marlijn (SG)	NED	197601028	<b>43.92</b>	+0.82
9.	Mascha Schijvenaars	De Zilvermeeuw	NED	197900754	<b>46.13</b>	+1.15
10.	Marleen Schuurin	ESCA Zwemmen	NED	197601164	<b>46.34</b>	
11.	Esther van Buren	De Duinkickers	NED	198001670	<b>48.18</b>	

Masters 45+

1.	Isabelle Josselin	Dunkerque Natation	FRA	2500231	<b>37.57</b>	+0.63
2.	Wendy Brugman	De Rog	NED	197300952	<b>37.63</b>	+0.57
3.	Karin Stein	ZVVS	NED	197100554	<b>38.24</b>	+0.63
4.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>39.02</b>	+0.79
5.	Katharina Schlipp	De Vliet (SG)	NED	197301004	<b>39.85</b>	+0.65
6.	Yvette Ratering	De Ward	NED	197200990	<b>39.86</b>	+0.73
7.	Geraldine Trainor	De Duck	NED	197500544	<b>39.87</b>	+0.60
8.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED	197300852	<b>40.79</b>	+0.81
9.	Jacqueline de Ruyter-Wijnolst	WIDEX GZC DONK	NED	197400446	<b>40.98</b>	+0.83
10.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	<b>41.20</b>	+0.77
11.	Wendy Hendriks-Verhagen	TRB-RES	NED	197101038	<b>42.69</b>	+0.76
12.	Natasa Jamsek	11. APRIL Beograd	SRB	8721M	<b>44.62</b>	
13.	Ursula Spoelstra-de Groot	WS Twente	NED	197200952	<b>46.01</b>	+0.96

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Programmanr. 41, Dames, 50m schoolslag, Masters 45+

rang	naam	vereniging		tijd	RT	PARA
14.	Esther Wouters	De Rog	NED 197300968	<b>46.35</b>		
15.	Evelien Naatje	WS Twente	NED 197200838	<b>47.68</b>	+0.94	
16.	Greta Wyma-Teitsma	DWK	NED 197100696	<b>48.88</b>	+0.94	

Masters 50+

1.	Marjo Goelema-Koek	De Biesboschzwemmers	NED 196900192	<b>36.38</b>	+0.78	
2.	Trudy Ketting	PSV	NED 197000268	<b>37.01</b>	+0.71	
3.	Jacqueline Tuin	DAW	NED 196600690	<b>37.28</b>	+0.59	
4.	Susan Fraser	Free Style SC	GBR 63571	<b>38.25</b>	+0.61	
5.	Iris van Aurich	DWK	NED 196900866	<b>40.51</b>	+0.66	
6.	Monique Tuijp	WZ&PC Purmerend	NED 196900800	<b>40.80</b>	+0.84	
7.	Helena Mels	ZVVS	NED 196901036	<b>41.09</b>	+0.71	
8.	Regine Beckers-Stribos	De Rog	NED 197000492	<b>41.21</b>	+0.82	
9.	Roelien Speelman-Tigelaar	De Spatters	NED 196600664	<b>44.19</b>	+0.84	
10.	Caroline Kruger	Albion WSS (SG)	NED 196800928	<b>45.89</b>	+0.78	
11.	Sandra Daamen-Posma	AZC	NED 196800854	<b>47.78</b>	+1.08	
12.	Sylvia Avitabile	Budel	NED 196700728	<b>48.61</b>	+1.05	
13.	Zilla Fokke	AZ&PC De Futen	NED 196800866	<b>48.80</b>	+0.84	
14.	Linda Goderie	Rotterdam Swimming (SG)	NED 196900976	<b>51.40</b>	+0.86	
15.	Maaïke Heidt	ZPB H&L Productions	NED 196901068	<b>53.82</b>	+0.92	

Masters 55+

1.	Allie Price <i>Kampioenschaps Record</i>	Cardiff Masters	GBR 547582	<b>38.13</b>	+0.55	
2.	Linda van de Ree <i>Nederlands Masters Record</i>	De Ganze	NED 196300452	<b>40.35</b>	+0.72	
3.	Jacqueline Rolloos-Bakkers	De Lansingh	NED 196300222	<b>42.16</b>	+0.65	
4.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	<b>43.45</b>	+0.87	
5.	Francine Sommer	Triton	NED 196200384	<b>45.52</b>		
6.	Karin van der Star-Verhoeven	ESCA Zwemmen	NED 196100382	<b>47.25</b>	+0.76	
7.	Alice de Haan	WIDEX GZC DONK	NED 196400590	<b>49.99</b>		
8.	Jenny Westervaarder	H2Oldambt	NED 196200424	<b>50.14</b>		
9.	Erica Muller	De Geul	NED 196400412	<b>50.39</b>	+0.74	
10.	Petra Ros	ZCNF'34	NED 196100398	<b>50.54</b>	+0.80	
11.	Riekje Schra	Steenwijk 1934	NED 196400404	<b>1:04.25</b>	+1.31	

Masters 60+

1.	Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	<b>43.54</b>	+0.80	
2.	Marijke Kraak-Beckers	WS Twente	NED 196000240	<b>43.96</b>	+0.82	
3.	Hannie Poletiek	TriVia	NED 195900278	<b>48.30</b>	+0.75	
4.	Marion Kolkman-Pluim	ESCA Zwemmen	NED 196000330	<b>48.99</b>	+0.93	
5.	Lia Bijkerk	WIDEX GZC DONK	NED 196000014	<b>49.85</b>		
6.	Anje Manuputty	PSV	NED 195700176	<b>51.08</b>		
7.	Willy Schoenmaker-ter Veer	DWK	NED 195900254	<b>51.48</b>	+0.87	
8.	Karien Musters	Old Dutch	NED 195800236	<b>1:02.01</b>		

Masters 65+

1.	Christine Nieuwenhuis	SWOL 1894	NED 195100022	<b>46.04</b>		
2.	Tineke van Diggelen	ZPCH	NED 195200048	<b>52.64</b>		
3.	Ineke Brouwers	PSV	NED 195200070	<b>56.49</b>	+1.04	
4.	Geerdien Meerwaldt	De Geul	NED 195200058	<b>59.11</b>		
5.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED 195100044	<b>1:03.59</b>	+1.13	



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 41, Dames, 50m schoolslag

Masters 70+

1.	Corrie Verhoeven	PSV	NED	194600026	<b>46.67</b>	+0.73
2.	Elly Maassen	Hellas-Glana	NED	195000044	<b>53.26</b>	+0.76
3.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>54.72</b>	

Masters 85+

1.	Lottie Geurts <i>Nederlands Masters Record</i>	PSV	NED	193500006	<b>1:17.43</b>	+1.20
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Programmanr. 42  
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Heren, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Bryan Chen	De Zwemlinie (SG)	NED	199803201	<b>29.00</b>	+0.59	
2.	Bram Lamberts	Ragnar	NED	199705485	<b>29.47</b>	+0.55	
3.	Pascal Nuijten	Albion WSS (SG)	NED	199701353	<b>30.90</b>	+0.70	
4.	Thomas Hesper	ZPV Barracuda	NED	200004181	<b>31.06</b>	+0.75	
5.	Derk Jan Speelman	Rotterdam Swimming (SG)	NED	199602425	<b>31.34</b>	+0.60	
6.	Arjan Dekker	ReVeLie Swim Team	NED	200000499	<b>31.56</b>	+0.61	
7.	Sam Beer	Rotterdam Swimming (SG)	NED	199605521	<b>33.23</b>	+0.69	
8.	Stephan van Grevenbroek	De Ward	NED	200004805	<b>33.24</b>	+0.78	
9.	Bart de Bruijn	Hieronymus	NED	200004177	<b>33.28</b>	+0.66	
10.	Kylian Kooijman	Steenwijk 1934	NED	199900763	<b>33.29</b>	+0.71	
11.	Hans Stoffers	Triton Putten	NED	199604027	<b>33.67</b>	+0.64	
12.	Laurens Spoelstra	WS Twente	NED	199901273	<b>34.16</b>	+0.73	
13.	Martijn Houweling	ZPV Barracuda	NED	199600893	<b>34.44</b>	+0.75	
14.	Richard van der Horst	De Meer	NED	199700179	<b>34.58</b>	+0.78	
15.	Lukas Schouten	AZC	NED	199602515	<b>34.65</b>	+0.86	
16.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>34.79</b>	+0.59	
17.	Ayrton Mooldijk	Albion WSS (SG)	NED	199901449	<b>34.93</b>	+0.72	
18.	Pieter de Visser	De Ganze	NED	199802045	<b>35.28</b>	+0.86	
19.	Ian van Mullem	ZOB'66	NED	199602545	<b>35.41</b>	+0.67	
20.	Nick Boekestijn	Albion WSS (SG)	NED	199900291	<b>36.05</b>	+0.56	
21.	Pascal de Jong	De Wellerobben	NED	199700415	<b>36.83</b>	+0.85	
22.	Sven Dubbeld	De Schotejil	NED	199601141	<b>38.49</b>		
23.	Erik Baalbergen	ZVL-1886 Tetteroo	NED	199805775	<b>38.68</b>	+0.76	

Masters 25+

1.	Serginni Marten	DWK	NED	199307281	<b>28.74</b>	+0.67	
2.	Romero Hennepe	De Kempvis	NED	199304929	<b>29.01</b>	+0.65	
3.	Dennis Bos	HZ&PC Heerenveen	NED	199201965	<b>29.26</b>	+0.60	
4.	Kevin Eltink	DWK	NED	199100589	<b>29.85</b>	+0.69	
5.	Jordy Zuidhoek	De Columbiaan	NED	199201569	<b>30.17</b>	+0.69	
6.	Dirk Zeelte	De Waalstroom	NED	199105911	<b>30.22</b>	+0.75	
7.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>30.41</b>	+0.65	
8.	Bryan Tankink	WWV Winterswijk	NED	199502829	<b>30.94</b>	+0.82	
9.	Bernd Kobesen	Steenwijk 1934	NED	199300981	<b>31.12</b>	+0.66	
10.	Nick Sijmons	De Amstel	NED	199500491	<b>31.40</b>	+0.53	
11.	Jelle Nap	VZC	NED	199502875	<b>31.57</b>	+0.72	
12.	Martino Valentijn	DIO	NED	199403913	<b>31.70</b>	+0.76	
13.	Elwin Kamminga	De Columbiaan	NED	199104871	<b>32.71</b>	+0.77	
14.	Remco Oskam	WIDEX GZC DONK	NED	199205583	<b>32.89</b>	+0.76	
15.	Pieter Pijnenburg	De Biesboschzwemmers	NED	199305227	<b>32.97</b>	+0.65	
16.	Tom de Lange	Deltasteur	NED	199300303	<b>34.91</b>	+0.66	
17.	Joris Boekhorst	Scheldestroom	NED	199100163	<b>35.69</b>	+0.78	
18.	Robin van Beusekom	ZPV Barracuda	NED	199205841	<b>36.66</b>	+0.68	
19.	Patrick Wobben	Steenwijk 1934	NED	199300559	<b>38.56</b>	+0.75	

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Programmanr. 42, Heren, 50m schoolslag, Masters 25+

rang	naam	vereniging			tijd	RT	PARA
20.	Bob Potkamp	Deltasteur	NED	199403189	<b>38.59</b>	+0.91	
NG	Hiras Ferrandino	DWT	NED	199306527			

Masters 30+

1.	Filip Rowi ski <i>Kampioenschaps Record</i>	Legia Warszawa	POL		<b>29.11</b>	+0.62	
2.	Erik Verholt	Noord Veluwe	NED	198803543	<b>30.62</b>	+0.72	
3.	Sander de Vrugt	ESCA Zwemmen	NED	198903499	<b>31.06</b>	+0.64	
4.	Marco Usula	CNSW	BEL	009303/90	<b>31.49</b>	+0.67	
5.	Arjan van der Plaat	DIO	NED	198602403	<b>31.95</b>	+0.76	
6.	Patrick Creemers	RZ	NED	199000579	<b>32.20</b>	+0.71	
7.	Vincent Bakker	ZPC AMERSFOORT	NED	198600107	<b>32.32</b>	+0.75	
8.	Jan van Opstal	DIO	NED	198602291	<b>33.35</b>	+0.71	
9.	Dennis Kraakman	DAW	NED	198705325	<b>34.46</b>	+0.66	
10.	Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	<b>36.22</b>	+0.82	
11.	Harmen Reemst	ZOB'66	NED	198702715	<b>36.96</b>	+0.73	
12.	Silvan Biesheuvel	De Geul	NED	199003719	<b>37.20</b>	+0.73	
13.	Marten Ettema	HZ&PC Heerenveen	NED	199007703	<b>37.34</b>	+0.80	
14.	Patrick de Jonge	Deltasteur	NED	198906635	<b>38.23</b>	+0.83	
15.	Martijn Gerrits	De Dolfijn	NED	198806305	<b>38.53</b>	+0.83	
16.	Tom van Norden	IJZPC	NED	198906951	<b>50.42</b>	+1.22	

Masters 35+

1.	Mark Baars <i>Nederlands Masters Record</i>	Rotterdam Swimming (SG)	NED	198500059	<b>27.93</b>	+0.62	
2.	Joan Kentrop	ZPC AMERSFOORT	NED	198503575	<b>30.21</b>	+0.72	
3.	Ivan van Omme	De Geul	NED	198201263	<b>31.49</b>	+0.66	
4.	Rick de Greef	Budel	NED	198400749	<b>31.74</b>	+0.64	
5.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	<b>31.87</b>	+0.82	
6.	Tim van den Berg	Rotterdam Swimming (SG)	NED	198500157	<b>31.91</b>	+0.49	
7.	Kristiaan Lenos	ZVL-1886 Tetteroo	NED	198301331	<b>32.17</b>	+0.72	
8.	Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	<b>32.81</b>	+0.72	
9.	Guido Moret	Albion WSS (SG)	NED	198501793	<b>32.92</b>	+0.70	
10.	Thommy Nickel	ZPC Woerden	NED	198401627	<b>33.74</b>	+0.75	
11.	Wouter Zijlstra	DAW	NED	198202077	<b>34.65</b>	+0.76	
12.	Marcel Reefhuis	WS Twente	NED	198101381	<b>34.71</b>	+0.77	
13.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463	<b>35.44</b>	+0.64	
14.	Nicolas Slegers	CNSW	BEL	005301/84	<b>38.54</b>	+0.66	
15.	Sebastiaan Baars	WS Twente	NED	198300053	<b>39.27</b>	+0.94	
DIS	Ricardo van Dam	AZC	NED	198503965			

*SL - Het keer- en/of eindpunt met één hand aangetikt.*

Masters 40+

1.	Victor Barnar	GoSwim	NED	197801805	<b>31.51</b>	+0.70	
2.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>31.54</b>	+0.70	
3.	Evgeny Ryzhov	Sprut	RUS	00-006	<b>31.84</b>	+0.80	
4.	Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>32.01</b>	+0.71	
5.	Mark Zwart	Zwemlust- den Hommel	NED	197901461	<b>33.25</b>	+0.82	
6.	Walter Stielstra	TRB-RES	NED	197701651	<b>33.83</b>	+0.79	
7.	Yuri Admiraal	ZPC Numansdorp	NED	197701655	<b>35.73</b>	+0.59	
8.	Bogdan Androne	AZC	NED	197701733	<b>38.34</b>	+0.83	
9.	Gino Martijn	RZ	NED	197901865	<b>38.86</b>	+0.71	
10.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	<b>42.21</b>	+0.70	



Programmanr. 42, Heren, 50m schoolslag

Masters 45+

1.	Maarten van der Zwan	Scheldestroom	NED	197501017	<b>31.66</b>	+0.73
2.	Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>32.11</b>	+0.49
3.	Ronald van Ombergen	ZPC De Zeeuwse Kust	NED	197201685	<b>32.50</b>	+0.88
4.	Marcel van Winssen	De Gelsenberg	NED	197101477	<b>33.02</b>	+0.80
5.	Arjan Verheij	De Rog	NED	197101617	<b>33.89</b>	+0.70
6.	Aidas Pelesinas	Klaipedos plaukimo klubas	LTU		<b>34.44</b>	+0.79
7.	Chang Bom	The Hague Swimming (SG)	NED	197201483	<b>36.04</b>	+0.55
8.	Richard van Kampen	ZPCH	NED	197401551	<b>36.46</b>	+0.77
9.	Bas Kremers	TRB-RES	NED	197201611	<b>37.16</b>	+0.79
10.	Rob van de Ven	Neptunus'58	NED	197101695	<b>37.38</b>	+0.58
11.	Wiljo Mackus	Budel	NED	197101557	<b>38.47</b>	+0.90
12.	Alberto Randazzo	The Hague Swimming (SG)	NED	197101741	<b>39.63</b>	+0.86
13.	Pieter Bardelmeijer	Deltasteur	NED	197201665	<b>42.73</b>	+1.02
14.	Michiel Verschueren	De Marlijn (SG)	NED	197301583	<b>45.23</b>	+1.05

Masters 50+

1.	Harold Matla	PSV	NED	196800591	<b>31.97</b>	+0.82
2.	Romuald Kozłowski	Legia Warszawa	POL		<b>32.44</b>	+0.66
	<i>Polish Masters Record</i>					
3.	Richard Rickens	Zwemsport Parkstad (SG)	NED	197000841	<b>33.11</b>	+0.79
4.	Glen Le Clercq	De Rog	NED	196800177	<b>34.04</b>	+0.74
5.	René Beetsma	HZ&PC Heerenveen	NED	196900069	<b>34.49</b>	+0.71
6.	Nico Swart	De Biesboschzwemmers	NED	196801475	<b>35.48</b>	+0.79
7.	Rob Janssen	De Gelsenberg	NED	197001467	<b>36.02</b>	+0.69
8.	Roeland van der Heijden	PSV	NED	196701389	<b>36.15</b>	+0.73
9.	Wridzer Bakker	ESCA Zwemmen	NED	196701711	<b>36.92</b>	+0.82
10.	Ingmar de Gelder	ZOB'66	NED	197000333	<b>36.98</b>	+0.80
11.	Huyb Stegeman	Steenwijk 1934	NED	196701535	<b>37.34</b>	+0.96
12.	Guido Keutgen	Steenwijk 1934	NED	196801551	<b>37.56</b>	+0.76
13.	Rene de Jong	ZVVS	NED	196600351	<b>37.79</b>	+0.91
14.	Mathieu Rikken	De Duinkickers	NED	196701777	<b>37.85</b>	+0.78
15.	Bert de Weerd	RZC	NED	196701283	<b>37.93</b>	+0.70
16.	Joop Weenink	WS Twente	NED	196801535	<b>38.15</b>	+0.95
17.	Tamas Szili-Torok	Rotterdam Swimming (SG)	NED	196801689	<b>38.39</b>	+0.80
18.	Gertjan van der Vaart	ZVVS	NED	196801529	<b>40.85</b>	+0.61
19.	Joost van Eerdt	Budel	NED	196901723	<b>41.26</b>	+0.88
20.	Hans Bijleveld	The Hague Swimming (SG)	NED	196601649	<b>43.40</b>	+0.78
21.	Pascal van Dijk	De Marlijn (SG)	NED	197001719	<b>43.77</b>	+0.83
22.	René Speelman	De Spatters	NED	196601521	<b>44.11</b>	+0.82

Masters 55+

1.	Bert Schlicher	RZ	NED	196400669	<b>34.53</b>	+0.64
2.	Gert Sikkema	Zwemclub Urk 1978	NED	196300687	<b>34.84</b>	+0.90
3.	Fabrice Dehandschoewercker	Dunkerque Natation	FRA	57433	<b>35.35</b>	+0.64
4.	Theo Bakker	TriVia	NED	196401231	<b>35.76</b>	+0.76
5.	Bertjan Schelhaas	DWT	NED	196501577	<b>36.36</b>	+0.88
6.	Geert van Duinhoven	RZC	NED	196401263	<b>36.49</b>	+0.82
7.	Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355	<b>36.56</b>	+0.56
8.	Ralph Caster	RZ	NED	196100069	<b>36.99</b>	+0.77
9.	Eric de Haas	De Treffers	NED	196501275	<b>37.98</b>	+0.93
10.	Antonio Arroyo Ramirez	Club Natació Cerdanyola	ESP	35022685X	<b>38.69</b>	+0.87
11.	Rob Hemesath	PSV	NED	196100189	<b>38.79</b>	+0.83
12.	Casper Dollekamp	Steenwijk 1934	NED	196301341	<b>39.95</b>	+0.71
13.	Robert de Brauwer	De Duinkickers	NED	196401383	<b>40.34</b>	+0.84
14.	Pierre de Groot	WIDEX GZC DONK	NED	196401431	<b>41.07</b>	+0.88
15.	Willem Jan Ribberink	WIDEX GZC DONK	NED	196501327	<b>41.23</b>	+0.87
16.	Hans Van de Berg	De Rog	NED	196501635	<b>42.34</b>	+0.64
17.	Oskar Jansen	Albion WSS (SG)	NED	196201293	<b>42.80</b>	+0.58
18.	Hans van Scheepen	Steenwijk 1934	NED	196201245	<b>46.29</b>	+0.72

Programmanr. 42, Heren, 50m schoolslag

Masters 60+

1.	Paul Bunnik	Triton	NED	195600413	<b>37.82</b>	+0.84
2.	Wim de Lange	AZC	NED	195800533	<b>38.82</b>	+0.59
3.	Mark Eligh	ZPC AMERSFOORT	NED	195700497	<b>39.00</b>	+0.77
4.	Christian Schoenaers	CNSW	BEL	007131/59	<b>41.09</b>	+0.96
5.	Philippe Godbille	CNSW	BEL	000230/57	<b>41.31</b>	+0.92
6.	Peter Coffeng	WIDEX GZC DONK	NED	195700063	<b>44.22</b>	+0.76
7.	Robert Schulein	H2Oldambt	NED	195900843	<b>44.71</b>	+0.75
8.	André Pantekoek	PSV	NED	195800321	<b>45.28</b>	+0.74
9.	Jan Willem Heuten	WS Twente	NED	196000883	<b>45.84</b>	+1.00
	Marius Ros	ZCNF'34	NED	195900779	<b>45.84</b>	+0.73
NG.ZA	Rastislav Pavlík	KPS Nereus Žilina	SVK	SVK10478		

Masters 65+

1.	Alexander Mills	Hamar Idrettslag	NOR	M221251ALE01	<b>36.39</b>	+0.83
	<i>Norwegian Masters Record</i>					
2.	Hans Wijsman	PSV	NED	195500427	<b>39.88</b>	+0.81
3.	Charles Bos	Patrick-De Roersoppers (SG)	NED	195300019	<b>41.84</b>	+0.63
4.	Nello Spiteri	DAW	NED	195200295	<b>53.62</b>	+1.06

Masters 70+

1.	Reinier Dobbelman	PSV	NED	194800189	<b>39.24</b>	+0.92
	<i>Nederlands Masters Record</i>					
2.	Piet Schop	De Bevelanders	NED	195000109	<b>42.93</b>	
3.	Johnstone Macpherson-Stewart	Free Style SC	GBR	30261	<b>44.55</b>	+0.72
4.	Mans Buis	SWOL 1894	NED	194700133	<b>52.87</b>	+1.03
5.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>58.46</b>	+1.13

Masters 75+

1.	Rob Hanou	PSV	NED	194300109	<b>45.49</b>	+1.00
2.	Nico Baay	Old Dutch	NED	194200053	<b>48.97</b>	+0.64
3.	Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	<b>59.49</b>	+1.10
4.	Kevork Boyrazian	CNSW	BEL	002620/44	<b>1:01.83</b>	+1.00

Masters 90+

1.	Klaas Prins	Steenwijk 1934	NED	192800001	<b>2:27.95</b>	
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Programmanr. 43  
26-01-2020 - 16:26

4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	tijd	RT	PARA
80+, Dames				
1.	Zuiderzeewimmers 1	<b>2:03.14</b>	+0.64	
	<i>Kampioenschaps Record</i>			
	Gaby Zittersteijn	97	+0.64	31.83
	Dagmar Kruik	98	+0.33	35.12
	Danique Stoop	91	+0.21	26.84
	Annemarie ten Have	98	+0.27	29.35
2.	Dedemsvaart-AC 1	<b>2:06.16</b>	+0.64	
	Lotte Rougoor	00	+0.64	33.02
	Michelle Zomerdijk	00	+0.20	33.95
	Laura Compagner	98	+0.24	29.62
	Marije Dankelman	97	+0.23	29.57
3.	The Hague Swimming (SG) 1	<b>2:09.33</b>	+0.79	
	Lotte Coenen	93	+0.79	34.58
	Ilse Rijnja	98	+0.01	33.66
	Eef Hollander	96	+0.56	32.03
	Lincy de Winter	98	+0.43	29.06



Open Nederlandse Masters  
Kampioenschappen 2020 korte baan  
Rotterdam 23-26 januari 2020



Programmanr. 43, 4 x 50m wisselslag

80+, Heren

1. Albion WSS (SG) 1	Albion WSS (SG)	NED	<b>1:50.90</b>	+0.65
Pascal Nuijten	97 +0.65 28.47	Otto Pranger	00 +0.52 26.94	
Timo Dinkelberg	93 +0.39 29.96	Ayrton Mooldijk	99 25.53	
2. De Kempvis 2	De Kempvis	NED	<b>2:05.06</b>	+0.74
Dennis Doove	92 +0.74 30.36	Bryan Gijzen	99 +0.31 31.96	
Daniel van der Stuijs	00 +0.39 32.66	Kien Vuong	95 +0.34 30.08	

80+, Gemengd

1. Albion WSS (SG) 2	Albion WSS (SG)	NED	<b>1:50.83</b>	+0.56
<i>Nederlands Masters Record, NMR startzwemmer</i>				
Ennger Kotterink	94 +0.56 25.25	Thomas Verhoeven	97 +0.25 23.82	
Fenna de Groot	97 +0.33 34.64	Marije Dinkelberg	97 +0.55 27.12	
2. De Zwemlinie (SG) 1	De Zwemlinie (SG)	NED	<b>1:54.48</b>	+0.54
Dennis Wildeboer	98 +0.54 28.44	Karin Groen	95 +0.24 29.01	
Bryan Chen	98 +0.37 28.75	Janine de Groot	95 +0.16 28.28	
3. Hieronymus 1	Hieronymus	NED	<b>1:56.40</b>	+0.60
Jaro Musters	98 +0.60 26.83	Christel Brugmans	00 +0.41 29.54	
Selene Wortel	97 +0.47 33.85	Paul Koster	93 +0.24 26.18	
4. De Veene 1	De Veene	NED	<b>2:12.90</b>	+0.87
Diana Hemstede-Lammers	89 +0.87 36.76	Jorn Lucas	00 +0.23 29.58	
Gideon Teeuw	98 +0.20 32.93	Naomi Slamp	00 +0.55 33.63	

100+, Dames

1. Nuenen 1	Nuenen	NED	<b>2:04.84</b>	+0.81
Nikita van den Ouden	99 +0.81 31.28	Richenne Zeebregts	98 +0.15 30.11	
Susan Teijken	95 +0.41 36.08	Anneloes Peulen	85 +0.26 27.37	
2. WVZ 1	WVZ	NED	<b>2:07.50</b>	+0.68
Lauren van IJl	00 +0.68 31.50	Delia Badoux	80 +0.11 29.79	
Isabelle Massar	91 +0.31 36.36	Sabine Koudijs	95 +0.18 29.85	
3. Poseidon'56 1	Poseidon'56	NED	<b>2:10.45</b>	+0.71
Tonia Ruybroek	81 +0.71 34.04	Rianne Bresser	99 +0.02 30.99	
Kelly Wiglevan	95 +0.08 37.44	Kelly de Jonge	97 +0.11 27.98	
4. Steenwijk 1934 1	Steenwijk 1934	NED	<b>2:12.57</b>	+0.78
Getrude Corporaal	92 +0.78 36.92	Nanda de Vries	92 +0.31 31.38	
Jacyntha Plat	90 +0.23 36.08	Alies Wagter	99 +0.36 28.19	
5. ESCA Zwemmen 1	ESCA Zwemmen	NED	<b>2:13.03</b>	+0.64
Moniek van Langevelde	98 +0.64 33.16	Svenja Peters	92 +0.25 34.71	
Lianne Slagter	95 +0.14 33.52	Ijla Janssen	81 +0.43 31.64	
6. De Columbiaan 2	De Columbiaan	NED	<b>2:13.67</b>	+0.74
Jaimy Lee Taskin	94 +0.74 33.49	Kimberley van Wijk	94 +0.20 35.88	
Yvette de Gier	94 +0.48 36.99	Miranda Nijenhuis	92 +0.23 27.31	
7. Neptunus'58 1	Neptunus'58	NED	<b>2:13.96</b>	+0.85
Linda Schellekens	88 +0.85 33.93	Selina Janssen	99 +0.24 32.24	
Mirelle de Kort	00 +0.15 36.76	Sandra Schellekens	85 +0.22 31.03	
8. ZVVS 2	ZVVS	NED	<b>2:20.62</b>	+0.65
Marielle van der Vaart	00 +0.65 34.39	Chantal van der Vaart	98 +0.55 34.44	
Ramona Noordermeer	94 +0.07 40.24	Helena Mels	69 +0.47 31.55	
9. WVZ 2	WVZ	NED	<b>2:23.57</b>	+0.70
Eline Veldkamp	98 +0.70 35.73	Carmen Taal-Veldkamp	94 +0.10 36.52	
Monique Pronk	88 +0.42 38.85	Tessa Verheijdt	89 +0.68 32.47	
NG DIO 1	DIO	NED		

Programmanr. 43, 4 x 50m wisselslag

100+, Heren

1.	De Kempvis 1 <i>Nederlands Masters Record</i>	De Kempvis	NED	<b>1:48.57</b>	+0.75	
	Joris Bezemer	99 +0.75	28.20	Floyd van Duyvenbode	96 +0.39	26.35
	Romero Hennep	93 +0.27	28.85	Erik Wegman	92 +0.40	25.17
2.	De Columbiaan 1	De Columbiaan	NED	<b>1:50.76</b>	+0.66	
	Thijs van Wieringen	99 +0.66	28.57	Jeroen Eggeraat	92 +0.37	27.01
	Jordy Zuidhoek	92 +0.20	29.54	Elwin Kamminga	91 +0.48	25.64
3.	De Lansingh 1 <i>Nederlands Masters Record, van de startzwemmer</i>	De Lansingh	NED	<b>1:52.21</b>	+0.72	
	Nol van Thull	80 +0.72	27.80	Kevin Kingma	97 +0.41	27.33
	Alex Catsburg	94 +0.13	31.63	Rutger Dalm	90 +0.28	25.45
4.	DIO 2	DIO	NED	<b>1:54.65</b>	+0.81	
	Jan van Opstal	86 +0.81	31.77	Arjan van der Plaats	86 +0.36	26.18
	Martino Valentijn	94 +0.58	31.88	Timo Musters	98 +0.23	24.82
5.	ESCA Zwemmen 3	ESCA Zwemmen	NED	<b>1:55.87</b>	+0.66	
	Tom Driessen	87 +0.66	29.06	Mike Schel	94 +0.36	27.77
	Sander de Vrugt	89 +0.06	31.20	Job Esink	98 +0.22	27.84
6.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED	<b>1:59.81</b>	+0.62	
	Jelle Blankestijn	98 +0.62	29.67	Rob van Vliet	84 +0.12	28.26
	Wouter van 't Klooster	88 +0.28	35.75	Martijn Bartels	96 +0.44	26.13
7.	De Schotejil 1	De Schotejil	NED	<b>2:04.53</b>	+0.79	
	David Kievit	99 +0.79	29.85	Leander Noordijk	81 +0.43	29.93
	Sven Dubbeld	96 +0.42	38.71	Sybren Groenewegen	93 +0.50	26.04

100+, Gemengd

1.	Rotterdam Swimming 3 <i>Nederlands Masters Record</i>	Rotterdam Swimming (SG)	NED	<b>1:49.19</b>	+0.64	
	Babette van der Kaaij	99 +0.64	30.72	Jeroen Baars	92 +0.35	23.79
	Mark Baars	85 +0.20	27.26	Alisha Vieira	99 +0.44	27.42
2.	DWK 1	DWK	NED	<b>1:54.51</b>	+0.67	
	Celine Schoenmaker	98 +0.67	31.22	Kevin Eltink	91 +0.18	26.11
	Serginni Marten	93 +0.13	28.49	Anoeska van de Kraats	97 +0.38	28.69
3.	ZV Hoogland 1	Zwemvereniging Hoogland	NED	<b>1:56.80</b>	+0.59	
	Anne-Irene Ducheine	95 +0.59	31.95	Jamilla van Veen	96 +0.46	30.32
	Yuri van Omme	85 +0.33	31.18	Bas Dries	95 +0.26	23.35
4.	ZPV Barracuda 2	ZPV Barracuda	NED	<b>2:03.71</b>	+0.68	
	Anouque Berghuis	96 +0.68	32.41	Dennis Dortland	78 +0.46	30.07
	Thomas Hesper	00 +0.56	30.95	Tamara van den Brink	98 +0.29	30.28
5.	De Dolfijn 1	De Dolfijn	NED	<b>2:14.33</b>	+0.68	
	Pascalie Rovers	93 +0.68	35.62	Karen Stolk	94 +0.25	30.79
	Martijn Gerrits	88 +0.70	38.80	Leffert Lansink	92 +0.33	29.12
6.	Deltasteur 1	Deltasteur	NED	<b>2:18.63</b>	+0.75	
	Gea van der Schaaf	79 +0.75	36.98	Maud Heldoom	00 +0.18	34.04
	Bob Potkamp	94 +0.49	39.28	Patrick de Jonge	89 +0.36	28.33
7.	AZC 3	AZC	NED	<b>2:19.71</b>	+0.72	
	Carmen Bootsma	98 +0.72	39.35	Stefan Oostendorp	90 +0.41	32.45
	Lukas Schouten	96 +0.14	34.50	Esther Boerdam-Delfos	87 +0.45	33.41
8.	De Geul 2	De Geul	NED	<b>2:20.36</b>	+0.83	
	Max Muller	98 +0.83	30.84	Silvan Biesheuvel	90 +0.17	33.24
	Senna van Dongen	91 +0.21	42.52	Claudia de Win	91 +0.37	33.76
9.	ZVL-1886 Tetteroo 1	ZVL-1886 Tetteroo	NED	<b>2:28.64</b>	+0.62	
	Ingmar Kooman	79 +0.62	41.79	Suzan Blankestijn	89 +0.36	35.33
	Maartje Hids	99 +0.72	44.23	Erik Baalbergen	98 +0.02	27.29
DIS	ZVL-1886 Tetteroo 2 <i>EA - Te vroeg overgenomen., 4de zwemmer</i>	ZVL-1886 Tetteroo	NED		+0.65	
	Robin van Beek	97 +0.65	28.88	Linda van der Voort	92 +0.22	30.85
	Lonneke Graansma	99 +0.49	35.68	Kristiaan Lenos	83 -0.04	

Programmanr. 43, 4 x 50m wisselslag

120+, Dames

1. ZPC Woerden 1	ZPC Woerden	NED	<b>2:12.54</b>	+0.70
Sabine Lina	89 +0.70	33.51	Marjan Remmits	63 +0.21
Ilse van den Wijngaard	89 +0.14	37.70	Mandy Verbakel	90 +0.51
2. De Biesboschzwemmers 1	De Biesboschzwemmers	NED	<b>2:14.89</b>	+0.75
Annette Wijnja-Visser	67 +0.75	36.95	Mandy Swart	99 +0.46
Marjo Goelema-Koek	69 +0.33	36.14	Sanne van de Pol	98 +0.42
3. TRB-RES 1	TRB-RES	NED	<b>2:18.56</b>	+0.83
Edith Janssen-Koolen	73 +0.83	34.73	Maike Korthout	94 +0.30
Annermijn Spohr	00 +0.22	37.67	Wendy Hendrikx-Verhagen	71 +0.55
4. De Lansingh 2	De Lansingh	NED	<b>2:23.62</b>	+0.74
Jacqueline Rolloos-Bakkers	63 +0.74	39.71	Iva den Haan	99 +0.32
Kimberly Coenders	99 +0.30	37.30	Gwendoline Kruit	98 +0.09
5. RZC 1	RZC	NED	<b>2:26.40</b>	+0.77
Marieke van Dodeweerd	86 +0.77	37.02	Mariëtte Janssen	82 +0.39
Malou Heidekamp	89 +0.34	46.58	Rita van der Horst	69 +0.12
6. MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>2:27.57</b>	+0.68
Suzanne Mosch	94 +0.68	33.33	Annette van Dok	68 +0.32
Bianca Groot	70 +0.17	39.66	Tessa Mosch	91 +0.17
7. AZ&PC De Futen 1	AZ&PC De Futen	NED	<b>2:33.75</b>	+0.65
Renske Beek	00 +0.65	36.20	Daphne Kievit	92 +0.76
Eline Vermue	92 +0.58	46.95	Zilla Fokke	68 +0.39
8. Steenwijk 1934 2	Steenwijk 1934	NED	<b>2:36.59</b>	+0.77
Leonie Scholten	79 +0.77	40.81	Lonneke Oenema	91 +0.60
Inge Soeters	73 +0.38	49.16	Elianne Huitema	97 +0.59

120+, Heren

1. Legia Warszawa 1	Legia Warszawa	POL	<b>1:54.43</b>	+0.73
Filip Rowi ski	90 +0.73	29.44	Tomasz Wilcz ga	87 +0.17
Romuuld Kozlowski	66 +0.34	32.15	Marcin Wilcz ga	81 +0.13
2. Steenwijk 1934 3	Steenwijk 1934	NED	<b>1:54.74</b>	+0.73
Robert Braad	86 +0.73	30.73	Berd Kobesen	93 +0.31
Kylian Kooijman	99 +0.36	33.02	Lauren Vis	82 +0.35
3. DAW 1	DAW	NED	<b>1:56.11</b>	+0.83
Paul Oudendijk	81 +0.83	30.20	Pieter van Gemeren	69 +0.22
Felix Geenen	95 +0.18	30.96	Michel de Maesschalck	91 +0.29
4. TRB-RES 2	TRB-RES	NED	<b>2:01.68</b>	+0.60
Nicko Kamphuis	99 +0.60	27.88	Jeroen den Boer	67 +0.49
Bas Kremers	72 +0.52	37.18	Lars Hurks	99 +0.41
5. WIDEX GZC DONK 1	WIDEX GZC DONK	NED	<b>2:03.47</b>	+0.68
Roel van Grol	98 +0.68	29.71	Erik Schoenmakers	76 +0.42
Remco Oskam	92 +0.27	32.53	Willem Jan Ribberink	65 +0.30
6. WS Twente 2	WS Twente	NED	<b>2:09.28</b>	+1.03
Wessel Everloo	89 +1.03	34.10	Marcel Reefhuis	81 +0.31
Laurens Spoelstra	99 +0.38	34.18	Sebastiaan Baars	83 +0.50

120+, Gemengd

1. ZPV Barracuda 1	ZPV Barracuda	NED	<b>2:01.88</b>	+0.64
Denise Boereboom	92 +0.64	33.03	Melissa van der Heijden	96 +0.27
Mark Hensen	79 +0.22	32.37	Pascal van Haren	87 +0.19
2. GoSwim 1	GoSwim	NED	<b>2:05.47</b>	+0.66
Saskia de Klerk	90 +0.66	31.18	Laura Scheffer	94 +0.34
Victor Barnar	78 +0.39	31.31	Erwin Beringen	66 +0.31
3. De Ward 1	De Ward	NED	<b>2:05.75</b>	+0.73
Eva Kattouw	94 +0.73	35.28	Antwan van Engen	71 +0.56
Stephan van Grevenbroek	00 +0.42	32.74	Yvette Ratering	72 +0.58
4. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	<b>2:06.17</b>	+0.72
Linda Kamperman	96 +0.72	32.54	Liesbeth van Mill	87 +0.75
Vincent Versteeg	77 +0.29	31.75	Mark Zwart	79 +0.56
5. DAW 2	DAW	NED	<b>2:07.57</b>	+0.85
Alex Damen	75 +0.85	31.62	Wouter Zijlstra	82 +0.36
Laura Badoux	82	35.65	Sandra Zwaanswijk	85 +0.19

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Programmanr. 43, Gemengd, 4 x 50m wisselslag, 120+

rang	vereniging				tijd	RT	PARA				
6.	Scheldestroom	NED	2:12.54	+0.77							
					83	+0.77	36.93	Joris Boekhorst	91	+0.59	31.02
					75	+0.34	31.22	Nicky Vanhijfte	92	+0.38	33.37
7.	De Duck	NED	2:13.25	+0.77							
					65	+0.77	36.96	Jesper Oranje	92	+0.27	25.44
					75	+0.45	39.79	Judith Kleinjan	98	+0.32	31.06
8.	De Ganze	NED	2:13.52	+0.65							
					98	+0.65	33.49	Sander de Hamer	97	+0.23	28.94
					63	+0.16	39.94	Britt van Vossen	96	+0.17	31.15
9.	Sassenheim	NED	2:26.77	+0.76							
					92	+0.76	39.70	Wesley van der Luit	97	+0.27	32.23
					75		43.18	Paul Koot	94	+0.27	31.66
NG	ZVVS 3	ZVVS	NED								
NG	PSV 5	PSV	NED								

160+, Dames

1.	PSV 3	PSV	NED	2:11.73	+0.66							
						72	+0.66	33.42	Manon van Esch	97	+0.16	29.49
						84	+0.20	38.21	Saskia Phaff	66	+0.39	30.61
2.	Old Dutch 1	Old Dutch	NED	2:27.88	+0.82							
						76	+0.82	40.90	Chantal Verhoeff	79	+0.35	33.03
						87	+0.40	42.10	Marleen Zantingh	78	+0.64	31.85
3.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	2:30.69	+0.81							
						94	+0.81	32.02	Peggi Hurenkamp	69	+0.57	38.25
						92	+0.30	37.31	Ineke Meijer	52	+0.58	43.11
4.	De Geul 1	De Geul	NED	2:35.34	+0.88							
						89	+0.88	36.63	Marijke Campfens	69		37.42
						64		49.17	Marian Nederlof	76	+0.60	32.12
5.	AZC 1	AZC	NED	2:35.63	+0.70							
						84	+0.70	43.19	Monique Remst	87	+0.25	32.60
						88	+0.26	39.17	Wil Ponsioen-van Mil	61	+0.67	40.67
6.	De Rog 4	De Rog	NED	2:46.79	+0.72							
						73	+0.72	37.86	Sandra Van der Helm	78		41.91
						73		46.97	Brigitte Willems	74		40.05
7.	WIDEX GZC DONK 3	WIDEX GZC DONK	NED	2:48.75	+0.76							
						74	+0.76	36.98	Xandra Otter	90	+0.74	48.55
						64	+0.48	47.31	Alice de Haan	64	+0.28	35.91
8.	De Duinkickers 1	De Duinkickers	NED	2:56.24	+0.75							
						80	+0.75	43.86	Saskia op den Velde	79	+0.73	45.63
						78	+0.48	39.60	Annet Verhoeven - Steggerda	46		47.15

160+, Heren

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED	1:51.29	+0.60							
						85	+0.60	28.43	Chester Marsman	69	+0.27	27.52
						86	-0.01	31.20	Jeroen Zelsmann	77	+0.17	24.14
2.	CNSW 1	CNSW	BEL	1:54.00	+0.63							
						<i>Kampioenschaps Record, Belgisch Masters Record</i>						
						92	+0.63	27.00	Lionel Godeaux	60	+0.28	29.33
3.	HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	1:55.27	+0.80							
						69	+0.80	32.66	Casper Hut	78	+0.26	26.19
						92	+0.15	28.89	Marten de Groot	58	+0.36	27.53
4.	RZ 1	RZ	NED	1:59.97	+0.76							
						64	+0.76	31.74	Kelvin Isselt	76	+0.13	28.52
						90	+0.41	31.57	Gino Martijn	79	+0.38	28.14
5.	Klaipedos plaukimo klubas 1	Klaipedos plaukimo klubas	LTU	2:07.30	+0.70							
						70	+0.70	33.43	Arturas Klimas	70	+0.52	32.49
						72	+0.45	34.78	Sigitas Tachtarovas	81	+0.36	26.60
6.	De Gelenberg 1	De Gelenberg	NED	2:09.16	+0.69							
						71	+0.69	32.63	Roel van der Kruis	85	+0.31	30.83
						70	+0.43	36.20	Ron van der Meer	60	+0.42	29.50

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Programmanr. 43, Heren, 4 x 50m wisselslag, 160+

rang	vereniging				tijd	RT	PARA
7.	AZC 2	NED			<b>2:10.98</b>	+0.71	
	Mark van der Schrier	78	+0.71	32.83	75	+0.41	30.70
	Bogdan Androne	77	+0.32	37.30	85	+0.49	30.15
8.	The Hague Swimming (SG) 2	NED			<b>2:24.70</b>	+0.72	
	Hans Bijleveld	66	+0.72	41.39	72		32.15
	Alberto Randazzo	71	+0.48	39.51	90	+0.57	31.65

160+, Gemengd

1.	ZPC AMERSFOORT 3 <i>Nederlands Masters Record, NMR Startzwemster</i>	ZPC AMERSFOORT	NED			<b>1:57.61</b>	+0.68
	Joan Kentrop	85	+0.68	27.22	67	+0.46	31.88
	Erwin Buist	78	+0.13	30.58	85	+0.32	27.93
2.	ZVVS 1	ZVVS	NED			<b>2:08.15</b>	+0.86
	Nadya Putter	83	+0.86	36.56	84	+0.40	27.58
	Karin Stein	71	+0.23	37.69	80	+0.52	26.32
3.	DWT 1	DWT	NED			<b>2:08.35</b>	+0.64
	Evy Witlox	88	+0.64	31.70	84	+0.33	28.34
	Bertjan Schelhaas	65	+0.34	35.93	71	+0.56	32.38
4.	WVZ 3	WVZ	NED			<b>2:12.13</b>	+0.71
	Jan-Willem van den Berg	68	+0.71	31.62	77	+0.28	28.73
	Yvonne Gerritsen	80	+0.52	39.82	87	+0.38	31.96
5.	Triton 1	Triton	NED			<b>2:20.25</b>	+0.69
	Marieke Gorter	00	+0.69	39.79	90	+0.15	27.42
	Paul Bunnik	56	+0.29	37.83	62		35.21
6.	ZPC Numansdorp 1	ZPC Numansdorp	NED			<b>2:21.77</b>	+0.76
	Hans Piederiet	54	+0.76	38.85	85	+0.47	34.54
	Yuri Admiraal	77		33.74	75	+0.25	34.64
7.	ZOB'66 1	ZOB'66	NED			<b>2:22.13</b>	+0.65
	Harmen Reemst	87	+0.65	35.43	92	+0.50	31.99
	Danielle Schipper	70	+0.42	46.59	70	+0.14	28.12
8.	Rotterdam Swimming 4	Rotterdam Swimming (SG)	NED			<b>2:23.48</b>	+0.95
	Linda Goderie	69	+0.95	48.12	88	+0.39	31.94
	Tamas Szili-Torok	68	+0.48	38.65	89	+0.41	24.77
9.	De Duinkkickers 2	De Duinkkickers	NED			<b>2:32.64</b>	+0.86
	Annuska Boekema	72	+0.86	48.15	96	+0.45	35.75
	Robert de Brauwer	64	+0.59	39.94	67	+0.39	28.80
10.	Budel 3	Budel	NED			<b>2:36.67</b>	+0.83
	Elly Scheepers	91	+0.83	38.18	70	+0.63	40.10
	Carola Hornpes	88	+0.33	45.01	69	+0.72	33.38
11.	ESCA Zwemmen 4	ESCA Zwemmen	NED			<b>2:41.70</b>	+0.68
	Cora Smulders	66	+0.68	50.85	80	+0.30	36.92
	Marleen Schuurig	76	+0.15	46.66	79	+0.32	27.27
DIS	De Marlijn (SG) 1 <i>EA - Te vroeg overgenomen., 3de zwemmer</i>	De Marlijn (SG)	NED				
	Ingeborg Speelman Hamelink	76	+0.89	41.60	88	-0.08	
	Michiel Verschueren	73	+0.36	45.28	70		

200+, Dames

1.	Dunkerque Natation 1	Dunkerque Natation	FRA			<b>2:25.41</b>	+0.73
	Martine Vincent	55	+0.73	44.49	73	+0.20	31.84
	Isabelle Josselin	74	+0.43	36.65	71	+0.41	32.43
2.	De Rog 1	De Rog	NED			<b>2:33.88</b>	+0.77
	Arienne Hamakers	67	+0.77	41.91	74	+0.49	33.44
	Regine Beckers-Stribos	70	+0.66	41.60	67	+0.78	36.93
3.	DWK 2	DWK	NED			<b>2:41.91</b>	+0.77
	Ellen van Wingerden-Dijkhuizen	69	+0.77	39.97	69		36.50
	Greta Wyma-Teitsma	71	+0.60	47.68	80	+0.21	37.76
4.	WS Twente 1	WS Twente	NED			<b>2:50.43</b>	+0.84
	Antoinette Gilding-Tussaud	50	+0.84	50.70	60	+0.65	38.91
	Ursula Spoelstra-de Groot	72	+0.50	46.20	72	+0.84	34.62

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Programmanr. 43, Dames, 4 x 50m wisselslag, 200+

rang	vereniging				tijd	RT	PARA					
5.	ESCA Zwemmen	NED	2:56.14	+0.82	Yoka de Vegt-van Dijk	41.81	44.10					
								61	+0.82	40.62	62	+0.60
								60	+0.69	49.61	58	+0.39
6.	Budel 1	NED	3:08.86	+0.72	Miriam Stevens	48.57	42.73					
								66	+0.72	46.36	69	+0.83
								70		51.20	67	+0.80

200+, Heren

1.	De Rog 3	NED	2:03.47	+0.71	Peter Bensen	29.29	26.31					
								60	+0.71	33.66	63	+0.48
								71	+0.27	34.21	68	+0.36
2.	Dunkerque Natation 2	FRA	2:08.77	+0.67	Jean-Pierre Delaporte	29.87	26.44					
								62	+0.67	37.48	56	+0.26
								64	+0.18	34.98	97	+0.46
3.	Steenwijk 1934 4	NED	2:13.11	+0.82	Korstaian de Boer	34.54	30.93					
								68	+0.82	31.22	71	+0.46
								67	+0.57	36.42	63	+0.41
4.	RZC 2	NED	2:13.41	+0.78	Chretien Mali	32.20	29.06					
								62	+0.78	35.75	68	+0.47
								64	+0.29	36.40	67	
5.	ZV Hoogland 2	NED	2:23.37	+0.59	Rutger Stam	30.14	30.80					
								51	+0.59	45.86	81	+0.12
								80	+0.34	36.57	65	+0.30
6.	Budel 2	NED	2:26.27	+0.82	Dyon de Greef	34.50	31.56					
								57	+0.82	41.87	82	+0.40
								71	+0.45	38.34	65	+0.42
7.	De Rog 2	NED	2:31.93	+0.74	Roy Le Clercq	36.01	33.96					
								68	+0.74	39.11	64	+0.75
								65	+0.47	42.85	56	+0.29

200+, Gemengd

1.	Albion WSS (SG) 3	NED	2:14.08	+0.65	Mirjan den Drijver	33.03	30.17					
								77	+0.65	32.04	75	+0.52
								60	+0.06	38.84	64	+0.36
2.	ZPC AMERSFOORT 4	NED	2:20.25	+0.71	Johan Remmits	29.45	31.36					
								66	+0.71	39.05	62	+0.30
								62	+0.34	40.39	56	
3.	CNSW 3	BEL	2:39.03	+0.77	Christian Schoenaers	40.67	46.72					
								70	+0.77	36.42	59	+0.50
								90	+0.31	35.22	52	
4.	WIDEX GZC DONK 2	NED	2:48.66	+0.71	Nathasja Konijn	41.41	32.77					
								60	+0.71	50.15	71	+0.58
								57	+0.57	44.33	64	+0.59

240+, Dames

1.	PSV 1 <i>Europees Masters Record, NMR Startzwemmer</i>	NED	2:26.24	+0.65	Jeanne Petit	31.74	36.27					
								54	+0.65	41.38	70	+0.28
								70	+0.42	36.85	46	+0.35

240+, Heren

1.	PSV 2 <i>Kampioenschaps Record</i>	NED	2:08.42	+0.80	Fred Ketting	30.55	28.94					
								56	+0.80	37.17	60	+0.36
								68	+0.45	31.76	55	+0.45
2.	WS Twente 3	NED	2:37.67	+0.65	Jan Willem Heuten	38.24	34.12					
								40	+0.65	46.68	60	+0.70
								68	+0.50	38.63	61	+0.25

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Programmanr. 43, 4 x 50m wisselslag

240+, Gemengd

1.	CNSW 2 <i>Kampioenschaps Record, Belgisch Masters Record</i>	CNSW		BEL	<b>2:23.30</b>	+0.82
	Jean-Marie Cadiat	53	+0.82	35.31	Claire Anthony	57 +0.42 37.16
	Philippe Godbille	57	+0.25	39.74	Kathy Van Lindt	71 +0.41 31.09
2.	TriVia 1	TriVia		NED	<b>2:23.85</b>	+0.75
	Margriet Pasma	55	+0.75	42.70	Fred Zanting	54 +0.16 33.91
	Theo Bakker	64	+0.44	35.64	Emmy in 't Veldt	66 +0.09 31.60
3.	ZPC AMERSFOORT 5	ZPC AMERSFOORT		NED	<b>2:40.64</b>	+0.83
	Ron Korzelius	65	+0.83	36.23	Mark Eligh	57 +0.19 31.82
	Machteld Stilling	66	+0.52	44.77	Loekie van Huissteden	45 +0.56 47.82
4.	SWOL 1894 1	SWOL 1894		NED	<b>2:45.75</b>	+0.81
	Mans Buis	47	+0.81	52.97	Christine Nieuwenhuis	51 +0.43 39.13
	Annemarie Vuist-Blum	63	+0.67	45.33	Johan Wezenberg	76 +0.40 28.32
5.	AZC 4	AZC		NED	<b>2:46.47</b>	+0.70
	Wim de Lange	58	+0.70	38.84	Katrina Boutwell	72 +0.22 41.13
	Sandra Daamen-Posma	68	+0.66	47.36	Geza Kaltenecker	42 +0.42 39.14
6.	PSV 6	PSV		NED	<b>2:53.42</b>	+0.73
	André Pantekoek	58	+0.73	41.47	Carla Hensen	53 45.81
	Anje Manuputty	57	+0.66	51.35	Jan Nuijten	49 +0.05 34.79
7.	Old Dutch 2	Old Dutch		NED	<b>2:58.30</b>	+0.87
	Karin van Nassau-van den Heuvel	66	+0.87	45.53	Hans Vloedgraven	64 +0.69 32.67
	Nico Baay	42	+0.54	49.71	Marie Smits	38 +0.83 50.39
8.	Steenwijk 1934 5	Steenwijk 1934		NED	<b>4:00.27</b>	+0.62
	Klaas Prins	28	+0.62	1:39.86	Wilna Heijman	64 +0.60 39.77
	Hans van Scheepen	62		42.67	Riekie Schra	64 +0.92 57.97

280+, Gemengd

1.	PSV 4 <i>Nederlands Masters Record, van de startzwemster</i>	PSV		NED	<b>3:03.86</b>	+0.90
	Lottie Geurts	35	+0.90	1:03.90	Rob Hanou	43 +0.72 47.85
	Rob Hemesath	61	+0.16	39.84	Esther van Lohuizen	59 +0.33 32.27