

1 - ONMK 2019 lb sessie 1

02-05-2019 - 12:30

Programmanr. 1
02-05-2019 - 12:30

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA	
Masters 20+						
1.	Anne Noom	Het Y	18:08.59	+0.77		
	50m: 32.32	32.32	450m: 5:22.20	36.63	850m: 10:15.87	36.68
	100m: 1:07.85	35.53	500m: 5:58.52	36.32	900m: 10:52.50	36.63
	150m: 1:43.92	36.07	550m: 6:35.17	36.65	950m: 11:29.18	36.68
	200m: 2:20.23	36.31	600m: 7:11.88	36.71	1000m: 12:05.86	36.68
	250m: 2:56.57	36.34	650m: 7:48.85	36.97	1050m: 12:42.41	36.55
	300m: 3:33.17	36.60	700m: 8:25.53	36.68	1100m: 13:19.01	36.60
	350m: 4:09.12	35.95	750m: 9:02.45	36.92	1150m: 13:55.66	36.65
	400m: 4:45.57	36.45	800m: 9:39.19	36.74	1200m: 14:32.11	36.45
2.	Marije Dankelman	Dedemsvaart-AC	19:02.83	+0.68		
	50m: 33.87	33.87	450m: 5:41.62	39.02	850m: 10:51.20	38.92
	100m: 1:11.03	37.16	500m: 6:20.70	39.08	900m: 11:30.12	38.92
	150m: 1:49.42	38.39	550m: 6:59.14	38.44	950m: 12:08.97	38.85
	200m: 2:27.73	38.31	600m: 7:37.83	38.69	1000m: 12:47.50	38.53
	250m: 3:06.17	38.44	650m: 8:16.71	38.88	1050m: 13:25.71	38.21
	300m: 3:45.03	38.86	700m: 8:55.12	38.41	1100m: 14:03.52	37.81
	350m: 4:23.94	38.91	750m: 9:33.81	38.69	1150m: 14:41.17	37.65
	400m: 5:02.60	38.66	800m: 10:12.28	38.47	1200m: 15:18.74	37.57
3.	Brenda Zwarthoed	DAW	19:09.03	+0.76		
	50m: 33.30	33.30	450m: 5:41.39	38.81	850m: 10:51.04	38.65
	100m: 1:10.45	37.15	500m: 6:20.08	38.69	900m: 11:29.73	38.69
	150m: 1:48.40	37.95	550m: 6:58.81	38.73	950m: 12:08.38	38.65
	200m: 2:27.00	38.60	600m: 7:37.52	38.71	1000m: 12:47.01	38.63
	250m: 3:05.57	38.57	650m: 8:16.27	38.75	1050m: 13:25.76	38.75
	300m: 3:44.87	39.30	700m: 8:54.97	38.70	1100m: 14:03.99	38.23
	350m: 4:23.68	38.81	750m: 9:33.59	38.62	1150m: 14:42.02	38.03
	400m: 5:02.58	38.90	800m: 10:12.39	38.80	1200m: 15:20.20	38.18
4.	Hilde Dekker	ReVeLie Swim Team	19:30.20	+0.86		
	50m: 33.45	33.45	450m: 5:40.85	38.60	850m: 10:51.67	39.36
	100m: 1:10.47	37.02	500m: 6:19.38	38.53	900m: 11:31.11	39.44
	150m: 1:49.05	38.58	550m: 6:57.99	38.61	950m: 12:10.52	39.41
	200m: 2:27.34	38.29	600m: 7:36.63	38.64	1000m: 12:50.04	39.52
	250m: 3:06.07	38.73	650m: 8:15.39	38.76	1050m: 13:29.61	39.57
	300m: 3:44.58	38.51	700m: 8:53.86	38.47	1100m: 14:09.63	40.02
	350m: 4:23.33	38.75	750m: 9:33.22	39.36	1150m: 14:49.53	39.90
	400m: 5:02.25	38.92	800m: 10:12.31	39.09	1200m: 15:30.07	40.54
5.	Fiona Meuffels	RZ	20:05.51	+0.69		
	50m: 34.82	34.82	450m: 5:58.03	40.99	850m: 11:25.14	41.20
	100m: 1:14.01	39.19	500m: 6:38.64	40.61	900m: 12:06.03	40.89
	150m: 1:54.11	40.10	550m: 7:19.82	41.18	950m: 12:46.87	40.84
	200m: 2:34.21	40.10	600m: 8:00.69	40.87	1000m: 13:26.94	40.07
	250m: 3:14.65	40.44	650m: 8:41.81	41.12	1050m: 14:07.35	40.41
	300m: 3:55.27	40.62	700m: 9:22.32	40.51	1100m: 14:47.88	40.53
	350m: 4:35.78	40.51	750m: 10:03.13	40.81	1150m: 15:28.08	40.20
	400m: 5:17.04	41.26	800m: 10:43.94	40.81	1200m: 16:07.96	39.88
6.	Chantal Beijer	DWT	20:43.33	+0.75		
	50m: 34.86	34.86	450m: 6:07.42	42.78	850m: 11:46.01	42.29
	100m: 1:14.70	39.84	500m: 6:49.88	42.46	900m: 12:27.99	41.98
	150m: 1:55.93	41.23	550m: 7:32.66	42.78	950m: 13:10.03	42.04
	200m: 2:37.62	41.69	600m: 8:15.30	42.64	1000m: 13:51.98	41.95
	250m: 3:19.57	41.95	650m: 8:57.74	42.44	1050m: 14:34.75	42.77
	300m: 4:00.87	41.30	700m: 9:40.21	42.47	1100m: 15:16.40	41.65
	350m: 4:42.61	41.74	750m: 10:21.58	41.37	1150m: 15:57.59	41.19
	400m: 5:24.64	42.03	800m: 11:03.72	42.14	1200m: 16:39.49	41.90
7.	Lotte Rolink	Zwemclub Polaris	23:26.62	+0.69		
	50m: 39.97	39.97	450m: 7:01.67	48.35	850m: 13:29.54	47.81
	100m: 1:26.05	46.08	500m: 7:50.54	48.87	900m: 14:16.72	47.18
	150m: 2:13.84	47.79	550m: 8:39.46	48.92	950m: 15:03.69	46.97
	200m: 3:01.40	47.56	600m: 9:27.89	48.43	1000m: 15:50.67	46.98
	250m: 3:49.46	48.06	650m: 10:17.13	49.24	1050m: 16:37.86	47.19
	300m: 4:37.48	48.02	700m: 11:05.52	48.39	1100m: 17:24.84	46.98
	350m: 5:25.20	47.72	750m: 11:53.91	48.39	1150m: 18:11.79	46.95
	400m: 6:13.32	48.12	800m: 12:41.73	47.82	1200m: 18:59.17	47.38

Programmanr. 1, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	tijd	RT	PARA			
8.	Iris Spijkstra	Aqualero	28:23.16	+0.86				
	50m: 46.18	46.18	450m: 8:18.45	56.83	850m: 16:00.76	58.09	1250m: 23:41.86	57.54
	100m: 1:39.47	53.29	500m: 9:16.14	57.69	900m: 16:59.13	58.37	1300m: 24:40.37	58.51
	150m: 2:36.51	57.04	550m: 10:13.18	57.04	950m: 17:56.74	57.61	1350m: 25:36.71	56.34
	200m: 3:32.58	56.07	600m: 11:11.03	57.85	1000m: 18:55.09	58.35	1400m: 26:33.86	57.15
	250m: 4:29.26	56.68	650m: 12:08.88	57.85	1050m: 19:52.46	57.37	1450m: 27:29.33	55.47
	300m: 5:26.63	57.37	700m: 13:05.93	57.05	1100m: 20:49.53	57.07	1500m: 28:23.16	53.83
	350m: 6:24.17	57.54	750m: 14:04.15	58.22	1150m: 21:46.97	57.44		
	400m: 7:21.62	57.45	800m: 15:02.67	58.52	1200m: 22:44.32	57.35		

Masters 25+

1.	Maaik Vooren	DAW	18:58.50	+0.79				
	50m: 34.16	34.16	450m: 5:38.34	38.04	850m: 10:41.56	38.01	1250m: 15:47.28	38.43
	100m: 1:11.24	37.08	500m: 6:16.31	37.97	900m: 11:19.61	38.05	1300m: 16:25.76	38.48
	150m: 1:49.27	38.03	550m: 6:54.25	37.94	950m: 11:57.76	38.15	1350m: 17:04.18	38.42
	200m: 2:27.43	38.16	600m: 7:31.96	37.71	1000m: 12:35.96	38.20	1400m: 17:42.62	38.44
	250m: 3:05.95	38.52	650m: 8:09.95	37.99	1050m: 13:13.90	37.94	1450m: 18:21.10	38.48
	300m: 3:44.08	38.13	700m: 8:47.73	37.78	1100m: 13:51.99	38.09	1500m: 18:58.50	37.40
	350m: 4:22.19	38.11	750m: 9:25.57	37.84	1150m: 14:30.47	38.48		
	400m: 5:00.30	38.11	800m: 10:03.55	37.98	1200m: 15:08.85	38.38		
2.	Nanda de Vries	Steenwijk 1934	20:32.44	+0.82				
	50m: 34.58	34.58	450m: 5:56.81	41.31	850m: 11:27.77	41.44	1250m: 17:03.52	42.30
	100m: 1:12.65	38.07	500m: 6:37.95	41.14	900m: 12:09.41	41.64	1300m: 17:45.82	42.30
	150m: 1:52.37	39.72	550m: 7:19.23	41.28	950m: 12:51.38	41.97	1350m: 18:28.35	42.53
	200m: 2:32.18	39.81	600m: 8:00.51	41.28	1000m: 13:33.33	41.95	1400m: 19:10.44	42.09
	250m: 3:12.60	40.42	650m: 8:42.04	41.53	1050m: 14:15.48	42.15	1450m: 19:52.37	41.93
	300m: 3:53.28	40.68	700m: 9:23.46	41.42	1100m: 14:57.30	41.82	1500m: 20:32.44	40.07
	350m: 4:34.24	40.96	750m: 10:04.92	41.46	1150m: 15:39.33	42.03		
	400m: 5:15.50	41.26	800m: 10:46.33	41.41	1200m: 16:21.22	41.89		
3.	Mandy Verbakel	ZPC Woerden	21:33.23	+0.63				
	50m: 37.41	37.41	450m: 6:23.48	44.20	850m: 12:13.70	43.56	1250m: 17:59.82	43.77
	100m: 1:18.82	41.41	500m: 7:07.13	43.65	900m: 12:57.18	43.48	1300m: 18:43.10	43.28
	150m: 2:01.56	42.74	550m: 7:51.35	44.22	950m: 13:40.34	43.16	1350m: 19:26.21	43.11
	200m: 2:44.50	42.94	600m: 8:34.99	43.64	1000m: 14:23.50	43.16	1400m: 20:09.20	42.99
	250m: 3:27.80	43.30	650m: 9:18.77	43.78	1050m: 15:06.93	43.43	1450m: 20:52.17	42.97
	300m: 4:11.49	43.69	700m: 10:02.63	43.86	1100m: 15:49.99	43.06	1500m: 21:33.23	41.06
	350m: 4:55.45	43.96	750m: 10:46.37	43.74	1150m: 16:32.83	42.84		
	400m: 5:39.28	43.83	800m: 11:30.14	43.77	1200m: 17:16.05	43.22		
4.	Irmgard van Weeghel	ZPC Hatto Heim	22:37.39	+0.76				
	50m: 37.91	37.91	450m: 6:35.16	45.46	850m: 12:41.03	45.97	1250m: 18:49.26	45.98
	100m: 1:20.31	42.40	500m: 7:20.76	45.60	900m: 13:27.13	46.10	1300m: 19:35.90	46.64
	150m: 2:04.00	43.69	550m: 8:06.15	45.39	950m: 14:13.10	45.97	1350m: 20:21.49	45.59
	200m: 2:48.25	44.25	600m: 8:52.16	46.01	1000m: 14:58.96	45.86	1400m: 21:07.35	45.86
	250m: 3:32.83	44.58	650m: 9:37.73	45.57	1050m: 15:44.94	45.98	1450m: 21:53.07	45.72
	300m: 4:18.34	45.51	700m: 10:23.28	45.55	1100m: 16:30.87	45.93	1500m: 22:37.39	44.32
	350m: 5:03.89	45.55	750m: 11:08.90	45.62	1150m: 17:16.76	45.89		
	400m: 5:49.70	45.81	800m: 11:55.06	46.16	1200m: 18:03.28	46.52		
5.	Marjan Rikken	ZVV	23:35.33	+0.77				
	50m: 39.21	39.21	450m: 6:49.13	47.07	850m: 13:11.68	48.13	1250m: 19:36.55	48.25
	100m: 1:23.36	44.15	500m: 7:36.83	47.70	900m: 13:59.35	47.67	1300m: 20:25.29	48.74
	150m: 2:08.64	45.28	550m: 8:24.14	47.31	950m: 14:47.23	47.88	1350m: 21:13.92	48.63
	200m: 2:54.44	45.80	600m: 9:11.89	47.75	1000m: 15:35.73	48.50	1400m: 22:02.93	49.01
	250m: 3:40.97	46.53	650m: 9:59.36	47.47	1050m: 16:23.73	48.00	1450m: 22:50.24	47.31
	300m: 4:27.83	46.86	700m: 10:47.31	47.95	1100m: 17:11.93	48.20	1500m: 23:35.33	45.09
	350m: 5:14.57	46.74	750m: 11:35.25	47.94	1150m: 17:59.94	48.01		
	400m: 6:02.06	47.49	800m: 12:23.55	48.30	1200m: 18:48.30	48.36		
6.	Ildiko van der Ploeg	SWNZ (SG)	24:29.76	+0.80				
	50m: 40.87	40.87	450m: 7:13.74	49.45	850m: 13:51.18	49.11	1250m: 20:27.88	49.89
	100m: 1:27.06	46.19	500m: 8:03.39	49.65	900m: 14:40.71	49.53	1300m: 21:17.77	49.89
	150m: 2:15.32	48.26	550m: 8:52.83	49.44	950m: 15:29.79	49.08	1350m: 22:06.78	49.01
	200m: 3:04.56	49.24	600m: 9:42.38	49.55	1000m: 16:19.41	49.62	1400m: 22:55.66	48.88
	250m: 3:53.95	49.39	650m: 10:32.23	49.85	1050m: 17:08.93	49.52	1450m: 23:43.91	48.25
	300m: 4:44.25	50.30	700m: 11:22.45	50.22	1100m: 17:58.87	49.94	1500m: 24:29.76	45.85
	350m: 5:34.18	49.93	750m: 12:12.37	49.92	1150m: 18:48.26	49.39		
	400m: 6:24.29	50.11	800m: 13:02.07	49.70	1200m: 19:37.99	49.73		

Programmanr. 1, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	tijd						RT	PARA
7.	Claudia Creemers	RZ	28:14.72						+0.79	
	50m: 42.49	42.49	450m: 7:54.29	56.89	850m: 15:33.62	57.98	1250m: 23:25.52	59.67		
	100m: 1:31.02	48.53	500m: 8:50.88	56.59	900m: 16:32.55	58.93	1300m: 24:24.45	58.93		
	150m: 2:22.02	51.00	550m: 9:48.15	57.27	950m: 17:31.10	58.55	1350m: 25:23.34	58.89		
	200m: 3:15.51	53.49	600m: 10:46.65	58.50	1000m: 18:29.20	58.10	1400m: 26:22.71	59.37		
	250m: 4:09.61	54.10	650m: 11:43.66	57.01	1050m: 19:28.20	59.00	1450m: 27:20.32	57.61		
	300m: 5:04.80	55.19	700m: 12:41.59	57.93	1100m: 20:26.44	58.24	1500m: 28:14.72	54.40		
	350m: 6:00.96	56.16	750m: 13:38.75	57.16	1150m: 21:26.92	100.48				
	400m: 6:57.40	56.44	800m: 14:35.64	56.89	1200m: 22:25.85	58.93				

Masters 30+

1.	Viktória Felföldi <i>Hungarian Masters Record</i>	Megathlon SE	18:50.89						+0.81	
	50m: 33.46	33.46	450m: 5:31.14	37.70	850m: 10:34.95	38.00	1250m: 15:40.30	38.31		
	100m: 1:09.91	36.45	500m: 6:08.98	37.84	900m: 11:12.95	38.00	1300m: 16:18.39	38.09		
	150m: 1:46.84	36.93	550m: 6:46.65	37.67	950m: 11:50.92	37.97	1350m: 16:57.06	38.67		
	200m: 2:24.08	37.24	600m: 7:24.46	37.81	1000m: 12:28.83	37.91	1400m: 17:35.60	38.54		
	250m: 3:01.43	37.35	650m: 8:02.44	37.98	1050m: 13:07.35	38.52	1450m: 18:13.77	38.17		
	300m: 3:38.46	37.03	700m: 8:40.45	38.01	1100m: 13:45.41	38.06	1500m: 18:50.89	37.12		
	350m: 4:15.99	37.53	750m: 9:18.63	38.18	1150m: 14:23.86	38.45				
	400m: 4:53.44	37.45	800m: 9:56.95	38.32	1200m: 15:01.99	38.13				
2.	Lisanne Andeweg	Zuiderzeewimmers	19:36.80						+0.73	
	50m: 34.35	34.35	450m: 5:42.12	39.08	850m: 10:56.68	39.72	1250m: 16:18.39	40.18		
	100m: 1:11.76	37.41	500m: 6:20.85	38.73	900m: 11:36.62	39.94	1300m: 16:58.62	40.23		
	150m: 1:50.01	38.25	550m: 6:59.56	38.71	950m: 12:16.86	40.24	1350m: 17:38.78	40.16		
	200m: 2:28.47	38.46	600m: 7:38.60	39.04	1000m: 12:57.18	40.32	1400m: 18:18.98	40.20		
	250m: 3:06.91	38.44	650m: 8:17.75	39.15	1050m: 13:37.25	40.07	1450m: 18:59.09	40.11		
	300m: 3:45.58	38.67	700m: 8:57.67	39.92	1100m: 14:17.64	40.39	1500m: 19:36.80	37.71		
	350m: 4:24.14	38.56	750m: 9:37.33	39.66	1150m: 14:58.11	40.47				
	400m: 5:03.04	38.90	800m: 10:16.96	39.63	1200m: 15:38.21	40.10				
3.	Nanda van Heteren	De Geul	21:51.57						+1.00	
	50m: 37.25	37.25	450m: 6:23.60	43.59	850m: 12:16.89	44.17	1250m: 18:14.96	44.38		
	100m: 1:18.67	41.42	500m: 7:07.65	44.05	900m: 13:01.71	44.82	1300m: 18:59.09	44.13		
	150m: 2:01.78	43.11	550m: 7:51.56	43.91	950m: 13:47.25	45.54	1350m: 19:42.92	43.83		
	200m: 2:45.00	43.22	600m: 8:36.27	44.71	1000m: 14:31.52	44.27	1400m: 20:26.99	44.07		
	250m: 3:28.81	43.81	650m: 9:21.01	44.74	1050m: 15:15.99	44.47	1450m: 21:10.78	43.79		
	300m: 4:12.81	44.00	700m: 10:04.91	43.90	1100m: 16:00.52	44.53	1500m: 21:51.57	40.79		
	350m: 4:56.46	43.65	750m: 10:48.69	43.78	1150m: 16:45.48	44.96				
	400m: 5:40.01	43.55	800m: 11:32.72	44.03	1200m: 17:30.58	45.10				
4.	Renske Eilers	Zwemvereniging Hoogland	23:09.54						+0.79	
	50m: 38.06	38.06	450m: 6:43.72	46.41	850m: 12:58.83	46.49	1250m: 19:16.58	47.89		
	100m: 1:21.25	43.19	500m: 7:30.69	46.97	900m: 13:45.93	47.10	1300m: 20:04.37	47.79		
	150m: 2:06.02	44.77	550m: 8:17.26	46.57	950m: 14:32.20	46.27	1350m: 20:51.99	47.62		
	200m: 2:51.60	45.58	600m: 9:04.38	47.12	1000m: 15:19.38	47.18	1400m: 21:39.30	47.31		
	250m: 3:37.57	45.97	650m: 9:51.10	46.72	1050m: 16:06.07	46.69	1450m: 22:26.17	46.87		
	300m: 4:24.16	46.59	700m: 10:38.41	47.31	1100m: 16:53.34	47.27	1500m: 23:09.54	43.37		
	350m: 5:10.42	46.26	750m: 11:25.36	46.95	1150m: 17:40.88	47.54				
	400m: 5:57.31	46.89	800m: 12:12.34	46.98	1200m: 18:28.69	47.81				
5.	Sandra Schellekens	SWNZ (SG)	23:58.37						+0.89	
	50m: 38.14	38.14	450m: 6:54.15	48.68	850m: 13:23.69	49.02	1250m: 19:55.39	48.99		
	100m: 1:21.90	43.76	500m: 7:42.38	48.23	900m: 14:12.42	48.73	1300m: 20:45.02	49.63		
	150m: 2:07.75	45.85	550m: 8:31.27	48.89	950m: 15:01.23	48.81	1350m: 21:34.22	49.20		
	200m: 2:54.51	46.76	600m: 9:19.65	48.38	1000m: 15:50.16	48.93	1400m: 22:23.87	49.65		
	250m: 3:41.81	47.30	650m: 10:08.13	48.48	1050m: 16:39.12	48.96	1450m: 23:13.03	49.16		
	300m: 4:29.39	47.58	700m: 10:57.05	48.92	1100m: 17:27.93	48.81	1500m: 23:58.37	45.34		
	350m: 5:17.60	48.21	750m: 11:45.99	48.94	1150m: 18:17.41	49.48				
	400m: 6:05.47	47.87	800m: 12:34.67	48.68	1200m: 19:06.40	48.99				
6.	Lisette van den Bos	De Geul	24:59.97						+0.79	
	50m: 42.77	42.77	450m: 7:20.61	50.37	850m: 14:06.03	51.58	1250m: 20:51.00	50.87		
	100m: 1:31.10	48.33	500m: 8:10.06	49.45	900m: 14:56.80	50.77	1300m: 21:40.38	49.38		
	150m: 2:21.24	50.14	550m: 9:00.24	50.18	950m: 15:47.87	51.07	1350m: 22:31.79	51.41		
	200m: 3:10.16	48.92	600m: 9:49.76	49.52	1000m: 16:37.78	49.91	1400m: 23:22.32	50.53		
	250m: 3:59.93	49.77	650m: 10:40.36	50.60	1050m: 17:28.39	50.61	1450m: 24:12.18	49.86		
	300m: 4:49.82	49.89	700m: 11:31.70	51.34	1100m: 18:18.65	50.26	1500m: 24:59.97	47.79		
	350m: 5:40.28	50.46	750m: 12:23.28	51.58	1150m: 19:09.00	50.35				
	400m: 6:30.24	49.96	800m: 13:14.45	51.17	1200m: 20:00.13	51.13				

Programmanr. 1, Dames, 1500m vrije slag

Masters 35+

1. Ramona Linting		Link	NED 198301274		21:30.84	+0.79					
50m:	37.02	37.02	450m:	6:19.07	43.44	850m:	12:05.16	43.36	1250m:	17:54.20	43.44
100m:	1:17.90	40.88	500m:	7:02.11	43.04	900m:	12:48.74	43.58	1300m:	18:37.51	43.31
150m:	2:00.60	42.70	550m:	7:45.60	43.49	950m:	13:32.42	43.68	1350m:	19:21.15	43.64
200m:	2:43.24	42.64	600m:	8:28.66	43.06	1000m:	14:16.08	43.66	1400m:	20:04.73	43.58
250m:	3:26.14	42.90	650m:	9:11.95	43.29	1050m:	14:59.84	43.76	1450m:	20:48.13	43.40
300m:	4:09.30	43.16	700m:	9:55.16	43.21	1100m:	15:43.56	43.72	1500m:	21:30.84	42.71
350m:	4:52.64	43.34	750m:	10:38.54	43.38	1150m:	16:27.39	43.83			
400m:	5:35.63	42.99	800m:	11:21.80	43.26	1200m:	17:10.76	43.37			
2. Agnes van Brug		DAW	NED 198001726		21:41.30	+0.83					
50m:	37.84	37.84	450m:	6:27.50	43.82	850m:	12:17.25	43.46	1250m:	18:06.30	43.38
100m:	1:19.82	41.98	500m:	7:11.76	44.26	900m:	13:01.12	43.87	1300m:	18:50.28	43.98
150m:	2:03.01	43.19	550m:	7:55.31	43.55	950m:	13:44.55	43.43	1350m:	19:33.24	42.96
200m:	2:46.86	43.85	600m:	8:39.36	44.05	1000m:	14:28.39	43.84	1400m:	20:17.04	43.80
250m:	3:30.58	43.72	650m:	9:22.74	43.38	1050m:	15:11.58	43.19	1450m:	20:59.91	42.87
300m:	4:15.11	44.53	700m:	10:06.69	43.95	1100m:	15:55.37	43.79	1500m:	21:41.30	41.39
350m:	4:59.16	44.05	750m:	10:50.09	43.40	1150m:	16:38.88	43.51			
400m:	5:43.68	44.52	800m:	11:33.79	43.70	1200m:	17:22.92	44.04			
3. Linda Hoogendam		WVZ	NED 198300892		22:49.49	+0.88					
50m:	38.21	38.21	450m:	6:39.53	46.29	850m:	12:52.30	46.76	1250m:	19:05.42	46.20
100m:	1:21.57	43.36	500m:	7:26.85	47.32	900m:	13:38.48	46.18	1300m:	19:51.78	46.36
150m:	2:06.31	44.74	550m:	8:13.38	46.53	950m:	14:25.50	47.02	1350m:	20:37.96	46.18
200m:	2:50.85	44.54	600m:	9:00.07	46.69	1000m:	15:11.89	46.39	1400m:	21:23.89	45.93
250m:	3:35.80	44.95	650m:	9:46.79	46.72	1050m:	15:59.22	47.33	1450m:	22:08.25	44.36
300m:	4:21.12	45.32	700m:	10:33.49	46.70	1100m:	16:45.94	46.72	1500m:	22:49.49	41.24
350m:	5:07.52	46.40	750m:	11:20.14	46.65	1150m:	17:33.64	47.70			
400m:	5:53.24	45.72	800m:	12:05.54	45.40	1200m:	18:19.22	45.58			
4. Paulien Schokker		WS Twente	NED 198302876		22:52.04	+0.85					
50m:	37.99	37.99	450m:	6:46.18	46.65	850m:	12:57.01	46.09	1250m:	19:07.33	46.64
100m:	1:21.57	43.58	500m:	7:32.48	46.30	900m:	13:44.34	47.33	1300m:	19:53.74	46.41
150m:	2:06.76	45.19	550m:	8:19.49	47.01	950m:	14:29.88	45.54	1350m:	20:39.69	45.95
200m:	2:52.78	46.02	600m:	9:06.70	47.21	1000m:	15:17.20	47.32	1400m:	21:25.44	45.75
250m:	3:38.96	46.18	650m:	9:52.19	45.49	1050m:	16:03.06	45.86	1450m:	22:09.25	43.81
300m:	4:25.97	47.01	700m:	10:38.82	46.63	1100m:	16:50.28	47.22	1500m:	22:52.04	42.79
350m:	5:12.50	46.53	750m:	11:24.30	45.48	1150m:	17:35.42	45.14			
400m:	5:59.53	47.03	800m:	12:10.92	46.62	1200m:	18:21.69	46.27			
5. Marloes Rebel		WS Twente	NED 198403474		26:19.47	+1.12					
50m:	45.70	45.70	450m:	7:41.25	53.46	850m:	14:47.31	52.85	1250m:	21:55.98	53.41
100m:	1:34.47	48.77	500m:	8:34.43	53.18	900m:	15:41.25	53.94	1300m:	22:50.60	54.62
150m:	2:25.68	51.21	550m:	9:27.38	52.95	950m:	16:34.94	53.69	1350m:	23:44.75	54.15
200m:	3:17.93	52.25	600m:	10:20.48	53.10	1000m:	17:27.91	52.97	1400m:	24:38.24	53.49
250m:	4:10.32	52.39	650m:	11:13.78	53.30	1050m:	18:21.59	53.68	1450m:	25:30.51	52.27
300m:	5:02.88	52.56	700m:	12:07.57	53.79	1100m:	19:16.48	54.89	1500m:	26:19.47	48.96
350m:	5:54.90	52.02	750m:	13:00.97	53.40	1150m:	20:09.25	52.77			
400m:	6:47.79	52.89	800m:	13:54.46	53.49	1200m:	21:02.57	53.32			
6. Rianne van Vegchelen		ZV 44	NED 198101530		29:44.67	+1.15					
50m:	46.66	46.66	450m:	8:29.46	56.42	850m:	16:41.05	1:08.63	1250m:	24:47.17	59.09
100m:	1:39.12	52.46	500m:	9:26.32	56.86	900m:	17:37.22	56.17	1300m:	25:56.80	1:09.63
150m:	2:33.79	54.67	550m:	10:32.34	1:06.02	950m:	18:35.73	58.51	1350m:	26:53.77	56.97
200m:	3:28.88	55.09	600m:	11:28.69	56.35	1000m:	19:44.54	1:08.81	1400m:	27:51.16	57.39
250m:	4:25.10	56.22	650m:	12:27.09	58.40	1050m:	20:42.40	57.86	1450m:	28:48.69	57.53
300m:	5:27.78	1:02.68	700m:	13:37.50	1:10.41	1100m:	21:40.45	58.05	1500m:	29:44.67	55.98
350m:	6:24.46	56.68	750m:	14:34.91	57.41	1150m:	22:51.29	1:10.84			
400m:	7:33.04	1:08.58	800m:	15:32.42	57.51	1200m:	23:48.08	56.79			

Masters 40+

1. Liselotte Joling		PSV	NED 197500268		19:54.20	+0.87					
50m:	35.56	35.56	450m:	5:53.55	40.25	850m:	11:13.54	40.18	1250m:	16:35.86	39.91
100m:	1:14.51	38.95	500m:	6:33.86	40.31	900m:	11:53.86	40.32	1300m:	17:16.51	40.65
150m:	1:53.97	39.46	550m:	7:13.39	39.53	950m:	12:34.53	40.67	1350m:	17:56.48	39.97
200m:	2:33.46	39.49	600m:	7:52.59	39.20	1000m:	13:15.35	40.82	1400m:	18:36.96	40.48
250m:	3:13.23	39.77	650m:	8:32.77	40.18	1050m:	13:56.03	40.68	1450m:	19:16.43	39.47
300m:	3:53.31	40.08	700m:	9:12.75	39.98	1100m:	14:36.56	40.53	1500m:	19:54.20	37.77
350m:	4:33.45	40.14	750m:	9:52.97	40.22	1150m:	15:15.88	39.32			
400m:	5:13.30	39.85	800m:	10:33.36	40.39	1200m:	15:55.95	40.07			

Programmanr. 1, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging					tijd	RT	PARA
2.	Jannie Vennik	HZ&PC Heerenveen	NED	197601006			21:58.82	+0.91	
	50m: 38.94	38.94	450m: 6:34.10	43.72	850m: 12:27.54	44.44	1250m: 18:22.81	44.34	
	100m: 1:22.75	43.81	500m: 7:18.04	43.94	900m: 13:12.14	44.60	1300m: 19:06.27	43.46	
	150m: 2:07.98	45.23	550m: 8:02.28	44.24	950m: 13:56.66	44.52	1350m: 19:49.89	43.62	
	200m: 2:52.78	44.80	600m: 8:46.70	44.42	1000m: 14:41.43	44.77	1400m: 20:33.51	43.62	
	250m: 3:37.20	44.42	650m: 9:30.84	44.14	1050m: 15:25.49	44.06	1450m: 21:16.92	43.41	
	300m: 4:21.67	44.47	700m: 10:14.80	43.96	1100m: 16:10.38	44.89	1500m: 21:58.82	41.90	
	350m: 5:06.04	44.37	750m: 10:59.02	44.22	1150m: 16:54.26	43.88			
	400m: 5:50.38	44.34	800m: 11:43.10	44.08	1200m: 17:38.47	44.21			
3.	Clementine van Bruxvoort	ZPB H&L Productions	NED	197700138			27:15.53	+0.86	
	50m: 46.18	46.18	450m: 7:56.59	54.36	850m: 15:15.68	55.29	1250m: 22:41.76	56.07	
	100m: 1:39.14	52.96	500m: 8:50.45	53.86	900m: 16:11.16	55.48	1300m: 23:37.37	55.61	
	150m: 2:32.34	53.20	550m: 9:45.65	55.20	950m: 17:06.93	55.77	1350m: 24:32.97	55.60	
	200m: 3:25.89	53.55	600m: 10:39.94	54.29	1000m: 18:02.36	55.43	1400m: 25:28.82	55.85	
	250m: 4:20.82	54.93	650m: 11:35.00	55.06	1050m: 18:58.81	56.45	1450m: 26:24.56	55.74	
	300m: 5:14.14	53.32	700m: 12:30.60	55.60	1100m: 19:53.65	54.84	1500m: 27:15.53	50.97	
	350m: 6:08.40	54.26	750m: 13:25.50	54.90	1150m: 20:49.41	55.76			
	400m: 7:02.23	53.83	800m: 14:20.39	54.89	1200m: 21:45.69	56.28			

Masters 45+

1.	Karin Stein	ZVVS	NED	197100554			20:11.51	+0.82	
	50m: 36.39	36.39	450m: 5:55.62	39.67	850m: 11:20.64	40.63	1250m: 16:48.57	40.34	
	100m: 1:16.10	39.71	500m: 6:36.13	40.51	900m: 12:02.12	41.48	1300m: 17:30.16	41.59	
	150m: 1:55.50	39.40	550m: 7:16.09	39.96	950m: 12:42.97	40.85	1350m: 18:10.72	40.56	
	200m: 2:35.57	40.07	600m: 7:56.76	40.67	1000m: 13:24.44	41.47	1400m: 18:51.67	40.95	
	250m: 3:15.36	39.79	650m: 8:37.06	40.30	1050m: 14:05.11	40.67	1450m: 19:32.00	40.33	
	300m: 3:55.74	40.38	700m: 9:18.07	41.01	1100m: 14:46.28	41.17	1500m: 20:11.51	39.51	
	350m: 4:35.46	39.72	750m: 9:58.63	40.56	1150m: 15:27.18	40.90			
	400m: 5:15.95	40.49	800m: 10:40.01	41.38	1200m: 16:08.23	41.05			
2.	Kathy Van Lindt	CNSW	BEL	007949/71			21:11.90	+0.98	
	50m: 37.05	37.05	450m: 6:11.52	42.53	850m: 11:54.87	42.77	1250m: 17:39.47	43.22	
	100m: 1:17.03	39.98	500m: 6:53.96	42.44	900m: 12:38.09	43.22	1300m: 18:22.41	42.94	
	150m: 1:57.81	40.78	550m: 7:36.64	42.68	950m: 13:21.07	42.98	1350m: 19:05.56	43.15	
	200m: 2:39.63	41.82	600m: 8:19.31	42.67	1000m: 14:03.82	42.75	1400m: 19:48.35	42.79	
	250m: 3:21.35	41.72	650m: 9:02.58	43.27	1050m: 14:46.94	43.12	1450m: 20:31.07	42.72	
	300m: 4:03.62	42.27	700m: 9:45.80	43.22	1100m: 15:30.04	43.10	1500m: 21:11.90	40.83	
	350m: 4:46.05	42.43	750m: 10:28.93	43.13	1150m: 16:13.15	43.11			
	400m: 5:28.99	42.94	800m: 11:12.10	43.17	1200m: 16:56.25	43.10			
3.	Bianca Groot	MSV-Zeemacht	NED	197000652			21:36.40	+1.00	
	50m: 37.50	37.50	450m: 6:22.07	43.34	850m: 12:12.68	43.56	1250m: 18:00.79	43.30	
	100m: 1:19.58	42.08	500m: 7:05.51	43.44	900m: 12:56.33	43.65	1300m: 18:44.54	43.75	
	150m: 2:02.04	42.46	550m: 7:49.18	43.67	950m: 13:39.78	43.45	1350m: 19:28.08	43.54	
	200m: 2:45.19	43.15	600m: 8:33.37	44.19	1000m: 14:23.59	43.81	1400m: 20:12.22	44.14	
	250m: 3:28.36	43.17	650m: 9:17.32	43.95	1050m: 15:06.74	43.15	1450m: 20:55.85	43.63	
	300m: 4:11.91	43.55	700m: 10:01.64	44.32	1100m: 15:50.23	43.49	1500m: 21:36.40	40.55	
	350m: 4:55.26	43.35	750m: 10:45.43	43.79	1150m: 16:33.69	43.46			
	400m: 5:38.73	43.47	800m: 11:29.12	43.69	1200m: 17:17.49	43.80			
4.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED	197300852			23:23.32	+0.93	
	50m: 40.04	40.04	450m: 6:57.91	47.73	850m: 13:14.79	46.53	1250m: 19:32.15	47.27	
	100m: 1:25.35	45.31	500m: 7:45.25	47.34	900m: 14:01.87	47.08	1300m: 20:18.97	46.82	
	150m: 2:12.52	47.17	550m: 8:32.33	47.08	950m: 14:49.58	47.71	1350m: 21:06.50	47.53	
	200m: 2:59.82	47.30	600m: 9:19.55	47.22	1000m: 15:36.83	47.25	1400m: 21:53.17	46.67	
	250m: 3:47.27	47.45	650m: 10:07.11	47.56	1050m: 16:23.97	47.14	1450m: 22:39.77	46.60	
	300m: 4:34.96	47.69	700m: 10:54.10	46.99	1100m: 17:10.77	46.80	1500m: 23:23.32	43.55	
	350m: 5:22.81	47.85	750m: 11:41.43	47.33	1150m: 17:58.25	47.48			
	400m: 6:10.18	47.37	800m: 12:28.26	46.83	1200m: 18:44.88	46.63			
5.	Natacha Van Hoof	Shark	BEL	20260/73			25:07.83	+1.01	
	50m: 44.15	44.15	450m: 7:22.51	50.35	850m: 14:07.48	50.37	1250m: 20:54.58	51.38	
	100m: 1:32.31	48.16	500m: 8:13.08	50.57	900m: 14:58.03	50.55	1300m: 21:46.15	51.57	
	150m: 2:22.17	49.86	550m: 9:03.41	50.33	950m: 15:48.61	50.58	1350m: 22:37.34	51.19	
	200m: 3:11.41	49.24	600m: 9:53.95	50.54	1000m: 16:38.73	50.12	1400m: 23:28.79	51.45	
	250m: 4:01.29	49.88	650m: 10:44.74	50.79	1050m: 17:29.84	51.11	1450m: 24:19.95	51.16	
	300m: 4:51.36	50.07	700m: 11:35.69	50.95	1100m: 18:20.33	50.49	1500m: 25:07.83	47.88	
	350m: 5:41.70	50.34	750m: 12:26.56	50.87	1150m: 19:11.46	51.13			
	400m: 6:32.16	50.46	800m: 13:17.11	50.55	1200m: 20:03.20	51.74			

Programmanr. 1, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA			
6.	Annet Kootstra	SWOL 1894	25:39.25	+0.82				
	50m: 44.43	44.43	450m: 7:24.26	51.29	850m: 14:15.16	51.81	1250m: 21:14.40	52.84
	100m: 1:32.25	47.82	500m: 8:15.38	51.12	900m: 15:06.84	51.68	1300m: 22:07.72	53.32
	150m: 2:21.28	49.03	550m: 9:06.51	51.13	950m: 15:58.37	51.53	1350m: 23:01.11	53.39
	200m: 3:10.46	49.18	600m: 9:57.98	51.47	1000m: 16:50.48	52.11	1400m: 23:54.42	53.31
	250m: 4:01.04	50.58	650m: 10:49.14	51.16	1050m: 17:43.12	52.64	1450m: 24:47.35	52.93
	300m: 4:50.98	49.94	700m: 11:40.52	51.38	1100m: 18:35.86	52.74	1500m: 25:39.25	51.90
	350m: 5:42.22	51.24	750m: 12:31.87	51.35	1150m: 19:28.53	52.67		
	400m: 6:32.97	50.75	800m: 13:23.35	51.48	1200m: 20:21.56	53.03		
7.	Evelien Breman-Alers	Nautilus	27:37.76	+0.86				
	50m: 45.05	45.05	450m: 8:02.02	56.24	850m: 15:27.75	55.22	1250m: 22:56.00	57.10
	100m: 1:35.17	50.12	500m: 8:58.03	56.01	900m: 16:23.73	55.98	1300m: 23:52.54	56.54
	150m: 2:28.22	53.05	550m: 9:54.12	56.09	950m: 17:19.94	56.21	1350m: 24:49.47	56.93
	200m: 3:22.76	54.54	600m: 10:49.85	55.73	1000m: 18:15.47	55.53	1400m: 25:46.41	56.94
	250m: 4:17.63	54.87	650m: 11:47.08	57.23	1050m: 19:12.14	56.67	1450m: 26:43.89	57.48
	300m: 5:13.37	55.74	700m: 12:42.94	55.86	1100m: 20:07.84	55.70	1500m: 27:37.76	53.87
	350m: 6:09.21	55.84	750m: 13:37.56	54.62	1150m: 21:03.58	55.74		
	400m: 7:05.78	56.57	800m: 14:32.53	54.97	1200m: 21:58.90	55.32		
8.	Greta Wyma-Teitsma	DWK	28:35.77	+0.89				
	50m: 46.52	46.52	450m: 8:15.74	56.80	850m: 15:57.71	100.08	1250m: 23:47.33	59.60
	100m: 1:40.23	53.71	500m: 9:12.74	57.00	900m: 16:56.39	58.68	1300m: 24:45.33	58.00
	150m: 2:36.22	55.99	550m: 10:11.06	58.32	950m: 17:55.27	58.88	1350m: 25:43.54	58.21
	200m: 3:32.60	56.38	600m: 11:08.73	57.67	1000m: 18:53.23	57.96	1400m: 26:42.22	58.68
	250m: 4:28.79	56.19	650m: 12:06.13	57.40	1050m: 19:51.51	58.28	1450m: 27:40.33	58.11
	300m: 5:25.33	56.54	700m: 13:03.10	56.97	1100m: 20:49.48	57.97	1500m: 28:35.77	55.44
	350m: 6:22.37	57.04	750m: 14:01.55	58.45	1150m: 21:48.23	58.75		
	400m: 7:18.94	56.57	800m: 14:57.63	56.08	1200m: 22:47.73	59.50		

Masters 50+

1.	Laura Staal	Oceanus	21:57.57	+0.81				
	50m: 39.24	39.24	450m: 6:32.78	44.22	850m: 12:28.16	44.52	1250m: 18:23.20	44.66
	100m: 1:22.68	43.44	500m: 7:17.09	44.31	900m: 13:12.19	44.03	1300m: 19:06.87	43.67
	150m: 2:06.54	43.86	550m: 8:01.66	44.57	950m: 13:56.62	44.43	1350m: 19:50.50	43.63
	200m: 2:51.10	44.56	600m: 8:46.30	44.64	1000m: 14:41.17	44.55	1400m: 20:34.17	43.67
	250m: 3:35.16	44.06	650m: 9:30.90	44.60	1050m: 15:25.54	44.37	1450m: 21:17.00	42.83
	300m: 4:19.51	44.35	700m: 10:15.40	44.50	1100m: 16:09.88	44.34	1500m: 21:57.57	40.57
	350m: 5:03.96	44.45	750m: 10:59.40	44.00	1150m: 16:54.29	44.41		
	400m: 5:48.56	44.60	800m: 11:43.64	44.24	1200m: 17:38.54	44.25		
2.	Iris van Aurich	DWK	23:37.23	+0.80				
	50m: 37.64	37.64	450m: 6:51.01	48.01	850m: 13:15.66	48.12	1250m: 19:43.60	49.51
	100m: 1:20.79	43.15	500m: 7:39.32	48.31	900m: 14:04.15	48.49	1300m: 20:32.66	49.06
	150m: 2:06.53	45.74	550m: 8:26.21	46.89	950m: 14:52.77	48.62	1350m: 21:22.45	49.79
	200m: 2:53.98	47.45	600m: 9:13.87	47.66	1000m: 15:39.81	47.04	1400m: 22:09.26	46.81
	250m: 3:40.65	46.67	650m: 10:02.12	48.25	1050m: 16:28.29	48.48	1450m: 22:56.11	46.85
	300m: 4:28.09	47.44	700m: 10:49.98	47.86	1100m: 17:16.66	48.37	1500m: 23:37.23	41.12
	350m: 5:15.50	47.41	750m: 11:38.72	48.74	1150m: 18:04.65	47.99		
	400m: 6:03.00	47.50	800m: 12:27.54	48.82	1200m: 18:54.09	49.44		
3.	Christel Aerts	Tessenderlo zwemclub	24:41.37	+1.05				
	50m: 40.45	40.45	450m: 7:00.65	47.51	850m: 14:06.12	59.76	1250m: 20:42.77	48.28
	100m: 1:25.91	45.46	500m: 7:48.30	47.65	900m: 14:53.85	47.73	1300m: 21:32.22	49.45
	150m: 2:12.84	46.93	550m: 8:36.13	47.83	950m: 15:51.30	57.45	1350m: 22:20.60	48.38
	200m: 3:00.50	47.66	600m: 9:24.49	48.36	1000m: 16:40.07	48.77	1400m: 23:08.51	47.91
	250m: 3:48.39	47.89	650m: 10:26.14	1:01.65	1050m: 17:28.37	48.30	1450m: 23:56.17	47.66
	300m: 4:36.75	48.36	700m: 11:15.47	49.33	1100m: 18:16.95	48.58	1500m: 24:41.37	45.20
	350m: 5:25.11	48.36	750m: 12:17.20	1:01.73	1150m: 19:05.92	48.97		
	400m: 6:13.14	48.03	800m: 13:06.36	49.16	1200m: 19:54.49	48.57		
4.	Miranda Keijl	ZIGNEA	25:19.82	+0.96				
	50m: 45.62	45.62	450m: 7:31.72	50.96	850m: 14:25.57	51.19	1250m: 21:12.23	50.45
	100m: 1:35.04	49.42	500m: 8:23.55	51.83	900m: 15:16.75	51.18	1300m: 22:03.22	50.99
	150m: 2:24.96	49.92	550m: 9:15.54	51.99	950m: 16:08.05	51.30	1350m: 22:54.53	51.31
	200m: 3:15.28	50.32	600m: 10:07.63	52.09	1000m: 16:58.73	50.68	1400m: 23:45.19	50.66
	250m: 4:05.77	50.49	650m: 10:59.31	51.68	1050m: 17:49.71	50.98	1450m: 24:35.98	50.79
	300m: 4:56.30	50.53	700m: 11:50.97	51.66	1100m: 18:40.07	50.36	1500m: 25:19.82	43.84
	350m: 5:48.38	52.08	750m: 12:42.40	51.43	1150m: 19:30.29	50.22		
	400m: 6:40.76	52.38	800m: 13:34.38	51.98	1200m: 20:21.78	51.49		

Programmanr. 1, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	tijd						RT	PARA	
5.	K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	25:33.79						+0.81
	50m: 44.43	44.43	450m: 7:27.83	51.26	850m: 14:19.18	51.10	1250m: 21:15.07	51.60			
	100m: 1:32.97	48.54	500m: 8:19.54	51.71	900m: 15:10.84	51.66	1300m: 22:07.54	52.47			
	150m: 2:22.56	49.59	550m: 9:10.89	51.35	950m: 16:03.06	52.22	1350m: 23:00.48	52.94			
	200m: 3:12.88	50.32	600m: 10:02.28	51.39	1000m: 16:55.20	52.14	1400m: 23:52.62	52.14			
	250m: 4:03.46	50.58	650m: 10:53.59	51.31	1050m: 17:47.49	52.29	1450m: 24:44.51	51.89			
	300m: 4:54.18	50.72	700m: 11:45.09	51.50	1100m: 18:39.51	52.02	1500m: 25:33.79	49.28			
	350m: 5:45.32	51.14	750m: 12:36.75	51.66	1150m: 19:31.21	51.70					
	400m: 6:36.57	51.25	800m: 13:28.08	51.33	1200m: 20:23.47	52.26					
6.	Roselinda van der Vlugt	De Geul	NED	196700710	28:56.77						+1.03
	50m: 49.35	49.35	450m: 8:36.61	58.06	850m: 16:21.43	58.04	1250m: 24:11.85	58.40			
	100m: 1:45.17	55.82	500m: 9:34.10	57.49	900m: 17:20.13	58.70	1300m: 25:10.27	58.42			
	150m: 2:43.96	58.79	550m: 10:32.40	58.30	950m: 18:19.33	59.20	1350m: 26:08.05	57.78			
	200m: 3:43.66	59.70	600m: 11:29.59	57.19	1000m: 19:17.92	58.59	1400m: 27:06.24	58.19			
	250m: 4:41.95	58.29	650m: 12:27.61	58.02	1050m: 20:17.77	59.85	1450m: 28:03.48	57.24			
	300m: 5:41.08	59.13	700m: 13:26.68	59.07	1100m: 21:15.34	57.57	1500m: 28:56.77	53.29			
	350m: 6:39.90	58.82	750m: 14:25.65	58.97	1150m: 22:14.80	59.46					
	400m: 7:38.55	58.65	800m: 15:23.39	57.74	1200m: 23:13.45	58.65					

Masters 55+

1.	Irene van der Laan	ZVVS	NED	196000096	21:37.03						+0.83
	50m: 39.98	39.98	450m: 6:24.10	43.31	850m: 12:10.44	43.50	1250m: 18:00.94	44.19			
	100m: 1:22.31	42.33	500m: 7:07.37	43.27	900m: 12:54.35	43.91	1300m: 18:44.46	43.52			
	150m: 2:05.35	43.04	550m: 7:50.59	43.22	950m: 13:37.87	43.52	1350m: 19:28.01	43.55			
	200m: 2:48.16	42.81	600m: 8:34.02	43.43	1000m: 14:21.51	43.64	1400m: 20:11.37	43.36			
	250m: 3:31.23	43.07	650m: 9:17.34	43.32	1050m: 15:05.09	43.58	1450m: 20:55.07	43.70			
	300m: 4:14.20	42.97	700m: 10:00.58	43.24	1100m: 15:48.96	43.87	1500m: 21:37.03	41.96			
	350m: 4:57.44	43.24	750m: 10:43.73	43.15	1150m: 16:33.03	44.07					
	400m: 5:40.79	43.35	800m: 11:26.94	43.21	1200m: 17:16.75	43.72					
2.	Wilna Heijman	Steenwijk 1934	NED	196400506	21:50.57						+0.87
	50m: 38.66	38.66	450m: 6:27.40	44.28	850m: 12:19.23	44.26	1250m: 18:11.46	44.39			
	100m: 1:20.98	42.32	500m: 7:10.61	43.21	900m: 13:02.94	43.71	1300m: 18:55.27	43.81			
	150m: 2:03.98	43.00	550m: 7:54.92	44.31	950m: 13:47.39	44.45	1350m: 19:39.83	44.56			
	200m: 2:47.41	43.43	600m: 8:38.72	43.80	1000m: 14:31.19	43.80	1400m: 20:24.00	44.17			
	250m: 3:31.65	44.24	650m: 9:23.04	44.32	1050m: 15:15.49	44.30	1450m: 21:08.51	44.51			
	300m: 4:15.33	43.68	700m: 10:07.17	44.13	1100m: 15:59.13	43.64	1500m: 21:50.57	42.06			
	350m: 4:59.70	44.37	750m: 10:51.38	44.21	1150m: 16:43.35	44.22					
	400m: 5:43.12	43.42	800m: 11:34.97	43.59	1200m: 17:27.07	43.72					
3.	Petra Tossings	DAW	NED	196100376	23:39.10						+0.84
	50m: 40.52	40.52	450m: 6:54.95	47.33	850m: 13:16.42	48.13	1250m: 19:39.31	48.11			
	100m: 1:25.87	45.35	500m: 7:42.79	47.84	900m: 14:03.89	47.47	1300m: 20:27.97	48.66			
	150m: 2:12.65	46.78	550m: 8:30.36	47.57	950m: 14:51.22	47.33	1350m: 21:16.73	48.76			
	200m: 2:59.45	46.80	600m: 9:17.98	47.62	1000m: 15:39.10	47.88	1400m: 22:05.04	48.31			
	250m: 3:46.26	46.81	650m: 10:05.23	47.25	1050m: 16:27.04	47.94	1450m: 22:53.25	48.21			
	300m: 4:33.73	47.47	700m: 10:53.30	48.07	1100m: 17:14.87	47.83	1500m: 23:39.10	45.85			
	350m: 5:20.49	46.76	750m: 11:41.03	47.73	1150m: 18:02.83	47.96					
	400m: 6:07.62	47.13	800m: 12:28.29	47.26	1200m: 18:51.20	48.37					
4.	Katinka Elders	Oceanus	NED	196000292	25:53.18						+0.81
	50m: 45.01	45.01	450m: 7:32.54	51.62	850m: 14:27.71	52.41	1250m: 21:30.38	53.81			
	100m: 1:34.01	49.00	500m: 8:23.90	51.36	900m: 15:20.86	53.15	1300m: 22:24.53	54.15			
	150m: 2:26.01	52.00	550m: 9:15.98	52.08	950m: 16:13.44	52.58	1350m: 23:17.60	53.07			
	200m: 3:17.08	51.07	600m: 10:07.76	51.78	1000m: 17:06.34	52.90	1400m: 24:11.63	54.03			
	250m: 4:07.69	50.61	650m: 10:59.18	51.42	1050m: 17:58.53	52.19	1450m: 25:04.91	53.28			
	300m: 4:58.18	50.49	700m: 11:51.05	51.87	1100m: 18:51.10	52.57	1500m: 25:53.18	48.27			
	350m: 5:49.52	51.34	750m: 12:43.29	52.24	1150m: 19:43.50	52.40					
	400m: 6:40.92	51.40	800m: 13:35.30	52.01	1200m: 20:36.57	53.07					
5.	Marjan Spoelstra	SWOL 1894	NED	196000236	26:15.39						
	50m: 46.24	46.24	450m: 7:40.54	52.98	850m: 14:45.57	52.84	1250m: 21:49.75	53.45			
	100m: 1:35.90	49.66	500m: 8:33.38	52.84	900m: 15:38.48	52.91	1300m: 22:42.85	53.10			
	150m: 2:26.95	51.05	550m: 9:26.77	53.39	950m: 16:31.42	52.94	1350m: 23:36.64	53.79			
	200m: 3:18.79	51.84	600m: 10:19.58	52.81	1000m: 17:24.03	52.61	1400m: 24:30.06	53.42			
	250m: 4:10.58	51.79	650m: 11:12.58	53.00	1050m: 18:16.57	52.54	1450m: 25:23.67	53.61			
	300m: 5:02.80	52.22	700m: 12:06.05	53.47	1100m: 19:09.67	53.10	1500m: 26:15.39	51.72			
	350m: 5:55.36	52.56	750m: 12:59.70	53.65	1150m: 20:02.94	53.27					
	400m: 6:47.56	52.20	800m: 13:52.73	53.03	1200m: 20:56.30	53.36					

Programmanr. 1, Dames, 1500m vrije slag, Masters 55+

rang	naam	vereniging		tijd	RT	PARA
DIS	Marie-Jeanne Vandormael	GZ Neptunus	BEL	21035/63		
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>					

Masters 60+

1.	Patty Verhagen	PSV	NED	195900146	22:17.27	+0.72
	<i>Nederlands Masters Record</i>					

50m:	40.47	40.47	450m:	6:32.77	44.34	850m:	12:29.92	44.74	1250m:	18:31.26	45.06
100m:	1:23.46	42.99	500m:	7:17.47	44.70	900m:	13:14.95	45.03	1300m:	19:16.89	45.63
150m:	2:07.44	43.98	550m:	8:01.64	44.17	950m:	13:59.96	45.01	1350m:	20:02.59	45.70
200m:	2:51.28	43.84	600m:	8:46.30	44.66	1000m:	14:45.16	45.20	1400m:	20:48.25	45.66
250m:	3:35.37	44.09	650m:	9:30.75	44.45	1050m:	15:30.19	45.03	1450m:	21:33.77	45.52
300m:	4:19.63	44.26	700m:	10:15.70	44.95	1100m:	16:15.27	45.08	1500m:	22:17.27	43.50
350m:	5:03.90	44.27	750m:	11:00.16	44.46	1150m:	17:00.84	45.57			
400m:	5:48.43	44.53	800m:	11:45.18	45.02	1200m:	17:46.20	45.36			

2.	Monica Bakker	Steenwijk 1934	NED	195600082	26:00.06	+1.02
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50m:	45.27	45.27	450m:	7:32.53	51.55	850m:	14:27.05	52.72	1250m:	21:32.75	54.02
100m:	1:34.81	49.54	500m:	8:23.96	51.43	900m:	15:19.41	52.36	1300m:	22:26.59	53.84
150m:	2:25.54	50.73	550m:	9:15.80	51.84	950m:	16:12.40	52.99	1350m:	23:20.61	54.02
200m:	3:16.56	51.02	600m:	10:07.10	51.30	1000m:	17:04.99	52.59	1400m:	24:13.85	53.24
250m:	4:07.10	50.54	650m:	10:58.37	51.27	1050m:	17:58.67	53.68	1450m:	25:07.61	53.76
300m:	4:58.02	50.92	700m:	11:49.85	51.48	1100m:	18:52.21	53.54	1500m:	26:00.06	52.45
350m:	5:49.59	51.57	750m:	12:42.18	52.33	1150m:	19:45.23	53.02			
400m:	6:40.98	51.39	800m:	13:34.33	52.15	1200m:	20:38.73	53.50			

3.	Elly Kiestra-Broertjes	ZIGNEA	NED	195600100	26:50.49 *	+1.09
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50m:	45.51	45.51	450m:	7:48.50	53.85	850m:	15:00.91	54.97	1250m:	22:20.24	55.18
100m:	1:36.76	51.25	500m:	8:42.26	53.76	900m:	15:56.32	55.41	1300m:	23:14.36	54.12
150m:	2:28.71	51.95	550m:	9:35.73	53.47	950m:	16:51.41	55.09	1350m:	24:08.33	53.97
200m:	3:22.16	53.45	600m:	10:29.54	53.81	1000m:	17:46.96	55.55	1400m:	25:03.57	55.24
250m:	4:14.55	52.39	650m:	11:23.59	54.05	1050m:	18:41.34	54.38	1450m:	25:56.98	53.41
300m:	5:08.12	53.57	700m:	12:17.46	53.87	1100m:	19:35.85	54.51	1500m:	26:50.49	53.51
350m:	6:00.72	52.60	750m:	13:11.84	54.38	1150m:	20:30.51	54.66			
400m:	6:54.65	53.93	800m:	14:05.94	54.10	1200m:	21:25.06	54.55			

4.	Karien Musters	Old Dutch	NED	195800236	32:45.12	
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50m:	53.86	53.86	450m:	9:34.19	1:05.60	850m:	18:19.84	1:05.96	1250m:	27:07.80	1:06.71
100m:	1:52.08	58.22	500m:	10:39.13	1:04.94	900m:	19:25.16	1:05.32	1300m:	28:14.36	1:06.56
150m:	2:53.26	1:01.18	550m:	11:44.82	1:05.69	950m:	20:31.73	1:06.57	1350m:	29:21.88	1:07.52
200m:	3:57.89	1:04.63	600m:	12:51.22	1:06.40	1000m:	21:37.85	1:06.12	1400m:	30:30.00	1:08.12
250m:	5:06.29	1:08.40	650m:	13:56.72	1:05.50	1050m:	22:43.70	1:05.85	1450m:	31:37.68	1:07.68
300m:	6:14.44	1:08.15	700m:	15:02.04	1:05.32	1100m:	23:49.43	1:05.73	1500m:	32:45.12	1:07.44
350m:	7:23.11	1:08.67	750m:	16:08.09	1:06.05	1150m:	24:55.13	1:05.70			
400m:	8:28.59	1:05.48	800m:	17:13.88	1:05.79	1200m:	26:01.09	1:05.96			

Masters 65+

1.	Ineke Weekers	PSV	NED	195300050	23:11.16	+0.79
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50m:	40.72	40.72	450m:	6:43.28	45.83	850m:	12:54.23	46.66	1250m:	19:14.34	47.50
100m:	1:25.04	44.32	500m:	7:29.33	46.05	900m:	13:41.67	47.44	1300m:	20:02.06	47.72
150m:	2:09.82	44.78	550m:	8:15.38	46.05	950m:	14:28.79	47.12	1350m:	20:50.14	48.08
200m:	2:55.25	45.43	600m:	9:01.72	46.34	1000m:	15:16.37	47.58	1400m:	21:38.33	48.19
250m:	3:40.63	45.38	650m:	9:47.64	45.92	1050m:	16:03.70	47.33	1450m:	22:25.85	47.52
300m:	4:26.25	45.62	700m:	10:34.10	46.46	1100m:	16:51.16	47.46	1500m:	23:11.16	45.31
350m:	5:11.79	45.54	750m:	11:21.02	46.92	1150m:	17:38.90	47.74			
400m:	5:57.45	45.66	800m:	12:07.57	46.55	1200m:	18:26.84	47.94			

2.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	30:16.45	
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50m:	51.62	51.62	450m:	8:56.42	1:01.20	850m:	17:08.31	1:01.50	1250m:	25:17.25	1:01.32
100m:	1:49.84	58.22	500m:	9:58.58	1:02.16	900m:	18:09.14	1:00.83	1300m:	26:18.22	1:00.97
150m:	2:50.02	1:00.18	550m:	11:00.76	1:02.18	950m:	19:11.22	1:02.08	1350m:	27:20.18	1:01.96
200m:	3:50.66	1:00.64	600m:	12:01.51	1:00.75	1000m:	20:12.20	1:00.98	1400m:	28:20.79	1:00.61
250m:	4:52.10	1:01.44	650m:	13:02.87	1:01.36	1050m:	21:13.13	1:00.93	1450m:	29:21.17	1:00.38
300m:	5:52.76	1:00.66	700m:	14:04.24	1:01.37	1100m:	22:14.13	1:01.00	1500m:	30:16.45	55.28
350m:	6:54.21	1:01.45	750m:	15:05.08	1:00.84	1150m:	23:14.83	1:00.70			
400m:	7:55.22	1:01.01	800m:	16:06.81	1:01.73	1200m:	24:15.93	1:01.10			

Programmanr. 1, Dames, 1500m vrije slag, Masters 65+

rang	naam	vereniging	tijd	RT	PARA			
3.	Gonnie Bak	PSV	31:00.74	+0.96				
	50m: 54.32	54.32	450m: 9:07.75	1:01.94	850m: 17:27.89	1:02.23	1250m: 25:50.18	1:03.61
	100m: 1:54.43	1:00.11	500m: 10:10.68	1:02.93	900m: 18:30.81	1:02.92	1300m: 26:53.79	1:03.61
	150m: 2:56.25	1:01.82	550m: 11:13.76	1:03.08	950m: 19:33.41	1:02.60	1350m: 27:56.22	1:02.43
	200m: 3:57.74	1:01.49	600m: 12:16.06	1:02.30	1000m: 20:35.87	1:02.46	1400m: 28:58.61	1:02.39
	250m: 4:59.46	1:01.72	650m: 13:18.41	1:02.35	1050m: 21:38.91	1:03.04	1450m: 30:00.61	1:02.00
	300m: 6:01.10	1:01.64	700m: 14:20.94	1:02.53	1100m: 22:41.41	1:02.50	1500m: 31:00.74	1:00.13
	350m: 7:03.55	1:02.45	750m: 15:23.04	1:02.10	1150m: 23:44.50	1:03.09		
	400m: 8:05.81	1:02.26	800m: 16:25.66	1:02.62	1200m: 24:46.57	1:02.07		

Masters 70+

1.	Annie Smits	PSV	32:16.31					
	50m: 59.65	59.65	450m: 9:45.99	1:05.56	850m: 18:25.83	1:04.52	1250m: 27:01.52	1:04.58
	100m: 2:05.29	1:05.64	500m: 10:51.76	1:05.77	900m: 19:30.46	1:04.63	1300m: 28:05.87	1:04.35
	150m: 3:11.55	1:06.26	550m: 11:55.74	1:03.98	950m: 20:34.61	1:04.15	1350m: 29:10.52	1:04.65
	200m: 4:18.84	1:07.29	600m: 13:00.72	1:04.98	1000m: 21:39.18	1:04.57	1400m: 30:15.01	1:04.49
	250m: 5:24.42	1:05.58	650m: 14:05.24	1:04.52	1050m: 22:42.63	1:03.45	1450m: 31:16.74	1:01.73
	300m: 6:30.05	1:05.63	700m: 15:10.92	1:05.68	1100m: 23:47.30	1:04.67	1500m: 32:16.31	59.57
	350m: 7:34.72	1:04.67	750m: 16:15.80	1:04.68	1150m: 24:51.24	1:03.94		
	400m: 8:40.43	1:05.71	800m: 17:21.31	1:05.71	1200m: 25:56.94	1:05.70		
2.	Loekie van Huissteden	ZPC AMERSFOORT	35:14.45	+1.08				
	50m: 59.10	59.10	450m: 10:20.18	1:12.00	850m: 19:48.82	1:12.11	1250m: 29:20.87	1:11.28
	100m: 2:05.86	1:06.76	500m: 11:31.40	1:11.22	900m: 20:59.21	1:10.39	1300m: 30:32.82	1:11.95
	150m: 3:15.43	1:09.57	550m: 12:42.71	1:11.31	950m: 22:11.43	1:12.22	1350m: 31:45.23	1:12.41
	200m: 4:24.79	1:09.36	600m: 13:53.47	1:10.76	1000m: 23:22.97	1:11.54	1400m: 32:56.23	1:11.00
	250m: 5:35.37	1:10.58	650m: 15:04.87	1:11.40	1050m: 24:34.41	1:11.44	1450m: 34:07.32	1:11.09
	300m: 6:46.40	1:11.03	700m: 16:14.59	1:09.72	1100m: 25:45.91	1:11.50	1500m: 35:14.45	1:07.13
	350m: 7:58.42	1:12.02	750m: 17:25.99	1:11.40	1150m: 26:57.66	1:11.75		
	400m: 9:08.18	1:09.76	800m: 18:36.71	1:10.72	1200m: 28:09.59	1:11.93		

Masters 80+

1.	Marie Smits	Old Dutch	34:52.80	+1.30				
	<i>Kampioenschapsrecord</i>							
	50m: 56.63	56.63	450m: 10:04.92	1:10.93	850m: 19:27.58	1:11.34	1250m: 28:59.39	1:13.42
	100m: 2:03.69	1:07.06	500m: 11:14.93	1:10.01	900m: 20:38.17	1:10.59	1300m: 30:10.17	1:10.78
	150m: 3:12.11	1:08.42	550m: 12:24.97	1:10.04	950m: 21:48.78	1:10.61	1350m: 31:22.46	1:12.29
	200m: 4:19.99	1:07.88	600m: 13:34.69	1:09.72	1000m: 22:59.22	1:10.44	1400m: 32:33.12	1:10.66
	250m: 5:29.13	1:09.14	650m: 14:45.46	1:10.77	1050m: 24:11.30	1:12.08	1450m: 33:44.93	1:11.81
	300m: 6:36.73	1:07.60	700m: 15:55.43	1:09.97	1100m: 25:21.64	1:10.34	1500m: 34:52.80	1:07.87
	350m: 7:46.36	1:09.63	750m: 17:06.12	1:10.69	1150m: 26:33.75	1:12.11		
	400m: 8:53.99	1:07.63	800m: 18:16.24	1:10.12	1200m: 27:45.97	1:12.22		

Masters 85+

1.	Eliane Pellis	Antwerpse zwemclub Scaldis	36:42.82	+0.94				
	<i>Kampioenschapsrecord, Belgisch Masters Record 800 en 1500m</i>							
	50m: 57.73	57.73	450m: 10:34.74	1:13.51	850m: 20:26.79	1:14.87	1250m: 30:31.75	1:14.41
	100m: 2:04.48	1:06.75	500m: 11:49.35	1:14.61	900m: 21:43.28	1:16.49	1300m: 31:48.97	1:17.22
	150m: 3:14.62	1:10.14	550m: 13:00.99	1:11.64	950m: 22:57.58	1:14.30	1350m: 33:05.24	1:16.27
	200m: 4:26.60	1:11.98	600m: 14:16.34	1:15.35	1000m: 24:13.98	1:16.40	1400m: 34:21.97	1:16.73
	250m: 5:38.87	1:12.27	650m: 15:29.29	1:12.95	1050m: 25:28.52	1:14.54	1450m: 35:34.37	1:12.40
	300m: 6:53.16	1:14.29	700m: 16:45.44	1:16.15	1100m: 26:45.72	1:17.20	1500m: 36:42.82	1:08.45
	350m: 8:06.64	1:13.48	750m: 17:58.97	1:13.53	1150m: 28:00.26	1:14.54		
	400m: 9:21.23	1:14.59	800m: 19:11.92	1:12.95	1200m: 29:17.34	1:17.08		

Programmanr. 2
02-05-2019 - 15:19

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Jeffrey Camphens	DWT	NED 199503113	18:23.26	+0.61			
	50m: 33.18	33.18	450m: 5:28.24	36.94	850m: 10:22.61	36.99	1250m: 15:19.66	37.36
	100m: 1:09.94	36.76	500m: 6:04.16	35.92	900m: 10:59.72	37.11	1300m: 15:56.79	37.13
	150m: 1:46.79	36.85	550m: 6:40.78	36.62	950m: 11:36.53	36.81	1350m: 16:34.03	37.24
	200m: 2:23.64	36.85	600m: 7:17.64	36.86	1000m: 12:13.52	36.99	1400m: 17:11.88	37.85
	250m: 3:00.57	36.93	650m: 7:54.47	36.83	1050m: 12:50.66	37.14	1450m: 17:48.57	36.69
	300m: 3:38.14	37.57	700m: 8:31.37	36.90	1100m: 13:27.76	37.10	1500m: 18:23.26	34.69
	350m: 4:15.11	36.97	750m: 9:08.55	37.18	1150m: 14:04.92	37.16		
	400m: 4:51.30	36.19	800m: 9:45.62	37.07	1200m: 14:42.30	37.38		
2.	Robin van Beek	ZVL-1886	NED 199704023	18:38.94	+0.73			
	50m: 32.10	32.10	450m: 5:22.89	37.44	850m: 10:22.04	37.73	1250m: 15:29.04	39.57
	100m: 1:07.09	34.99	500m: 5:59.83	36.94	900m: 10:59.79	37.75	1300m: 16:06.06	39.02
	150m: 1:42.60	35.51	550m: 6:36.96	37.13	950m: 11:37.33	37.54	1350m: 16:47.48	39.42
	200m: 2:18.88	36.28	600m: 7:14.01	37.05	1000m: 12:15.24	37.91	1400m: 17:26.18	38.70
	250m: 2:55.23	36.35	650m: 7:51.62	37.61	1050m: 12:53.31	38.07	1450m: 18:04.27	38.09
	300m: 3:31.70	36.47	700m: 8:29.09	37.47	1100m: 13:31.71	38.40	1500m: 18:38.94	34.67
	350m: 4:08.53	36.83	750m: 9:06.68	37.59	1150m: 14:10.15	38.44		
	400m: 4:45.45	36.92	800m: 9:44.31	37.63	1200m: 14:49.47	39.32		
3.	Nordin Termoshuizen	WVZ	NED 199605401	18:56.42	+0.76			
	50m: 32.69	32.69	450m: 5:30.79	37.93	850m: 10:37.79	38.32	1250m: 15:47.06	38.45
	100m: 1:08.81	36.12	500m: 6:09.20	38.41	900m: 11:16.30	38.51	1300m: 16:26.20	39.14
	150m: 1:45.79	36.98	550m: 6:46.84	37.64	950m: 11:54.58	38.28	1350m: 17:05.03	38.83
	200m: 2:22.94	37.15	600m: 7:25.83	38.99	1000m: 12:33.31	38.73	1400m: 17:44.01	38.98
	250m: 2:59.74	36.80	650m: 8:03.97	38.14	1050m: 13:11.90	38.59	1450m: 18:20.82	36.81
	300m: 3:37.31	37.57	700m: 8:43.01	39.04	1100m: 13:50.78	38.88	1500m: 18:56.42	35.60
	350m: 4:15.13	37.82	750m: 9:21.25	38.24	1150m: 14:29.72	38.94		
	400m: 4:52.86	37.73	800m: 9:59.47	38.22	1200m: 15:08.61	38.89		
4.	Jan-Paul Mosterdijk	DWF	NED 199605793	24:28.98	+1.03			
	50m: 39.79	39.79	450m: 7:14.56	50.02	850m: 13:52.32	48.52	1250m: 20:24.46	49.04
	100m: 1:25.31	45.52	500m: 8:04.44	49.88	900m: 14:40.90	48.58	1300m: 21:14.36	49.90
	150m: 2:13.59	48.28	550m: 8:54.78	50.34	950m: 15:29.44	48.54	1350m: 22:03.71	49.35
	200m: 3:04.27	50.68	600m: 9:44.96	50.18	1000m: 16:18.32	48.88	1400m: 22:53.36	49.65
	250m: 3:53.70	49.43	650m: 10:34.29	49.33	1050m: 17:07.26	48.94	1450m: 23:42.09	48.73
	300m: 4:43.52	49.82	700m: 11:24.24	49.95	1100m: 17:57.10	49.84	1500m: 24:28.98	46.89
	350m: 5:33.98	50.46	750m: 12:14.20	49.96	1150m: 18:46.76	49.66		
	400m: 6:24.54	50.56	800m: 13:03.80	49.60	1200m: 19:35.42	48.66		
Masters 25+								
1.	Tim Bunnik	Triton	NED 199000505	18:38.85	+0.87			
	50m: 32.70	32.70	450m: 5:36.65	38.94	850m: 10:38.36	36.52	1250m: 15:38.33	36.72
	100m: 1:09.25	36.55	500m: 6:15.42	38.77	900m: 11:15.19	36.83	1300m: 16:13.88	35.55
	150m: 1:46.34	37.09	550m: 6:53.38	37.96	950m: 11:52.70	37.51	1350m: 16:50.50	36.62
	200m: 2:24.22	37.88	600m: 7:31.25	37.87	1000m: 12:30.77	38.07	1400m: 17:28.02	37.52
	250m: 3:01.86	37.64	650m: 8:08.87	37.62	1050m: 13:08.94	38.17	1450m: 18:04.08	36.06
	300m: 3:40.27	38.41	700m: 8:46.64	37.77	1100m: 13:46.33	37.39	1500m: 18:38.85	34.77
	350m: 4:18.97	38.70	750m: 9:24.59	37.95	1150m: 14:23.66	37.33		
	400m: 4:57.71	38.74	800m: 10:01.84	37.25	1200m: 15:01.61	37.95		
2.	Patrick Creemers	RZ	NED 199000579	19:29.73	+0.86			
	50m: 33.86	33.86	450m: 5:49.78	38.78	850m: 11:06.46	39.03	1250m: 16:19.54	38.96
	100m: 1:12.58	38.72	500m: 6:29.09	39.31	900m: 11:45.47	39.01	1300m: 16:58.20	38.66
	150m: 1:52.06	39.48	550m: 7:08.40	39.31	950m: 12:25.07	39.60	1350m: 17:36.15	37.95
	200m: 2:31.89	39.83	600m: 7:47.99	39.59	1000m: 13:04.50	39.43	1400m: 18:14.65	38.50
	250m: 3:11.62	39.73	650m: 8:27.39	39.40	1050m: 13:43.67	39.17	1450m: 18:53.10	38.45
	300m: 3:51.80	40.18	700m: 9:07.41	40.02	1100m: 14:22.98	39.31	1500m: 19:29.73	36.63
	350m: 4:31.57	39.77	750m: 9:47.16	39.75	1150m: 15:01.63	38.65		
	400m: 5:11.00	39.43	800m: 10:27.43	40.27	1200m: 15:40.58	38.95		
3.	Maik Steenkamp	Montferland	NED 199103847	20:02.78	+0.80			
	50m: 33.98	33.98	450m: 5:54.14	40.74	850m: 11:18.95	40.68	1250m: 16:42.92	40.42
	100m: 1:11.51	37.53	500m: 6:35.06	40.92	900m: 11:59.29	40.34	1300m: 17:23.62	40.70
	150m: 1:51.01	39.50	550m: 7:15.67	40.61	950m: 12:39.92	40.63	1350m: 18:04.47	40.85
	200m: 2:30.45	39.44	600m: 7:56.55	40.88	1000m: 13:20.44	40.52	1400m: 18:44.32	39.85
	250m: 3:10.72	40.27	650m: 8:37.12	40.57	1050m: 14:01.17	40.73	1450m: 19:24.83	40.51
	300m: 3:51.24	40.52	700m: 9:17.41	40.29	1100m: 14:41.40	40.23	1500m: 20:02.78	37.95
	350m: 4:32.59	41.35	750m: 9:57.89	40.48	1150m: 15:22.25	40.85		
	400m: 5:13.40	40.81	800m: 10:38.27	40.38	1200m: 16:02.50	40.25		

Programmanr. 2, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA			
4.	Martino Valentijn	DIO	20:20.04	+0.75				
	50m: 33.60	33.60	450m: 6:01.25	41.66	850m: 11:32.46	40.86	1250m: 17:01.00	41.11
	100m: 1:12.02	38.42	500m: 6:43.05	41.80	900m: 12:14.08	41.62	1300m: 17:41.98	40.98
	150m: 1:51.89	39.87	550m: 7:24.57	41.52	950m: 12:55.25	41.17	1350m: 18:22.47	40.49
	200m: 2:32.79	40.90	600m: 8:06.20	41.63	1000m: 13:36.68	41.43	1400m: 19:02.58	40.11
	250m: 3:13.82	41.03	650m: 8:47.43	41.23	1050m: 14:17.17	40.49	1450m: 19:42.03	39.45
	300m: 3:55.40	41.58	700m: 9:28.96	41.53	1100m: 14:57.97	40.80	1500m: 20:20.04	38.01
	350m: 4:37.46	42.06	750m: 10:10.36	41.40	1150m: 15:38.84	40.87		
	400m: 5:19.59	42.13	800m: 10:51.60	41.24	1200m: 16:19.89	41.05		
AFGEM	Pieter Pijnburg	De Warande			NED 199305227			

Masters 30+

1.	Sander van Elburg	PSV	18:57.25	+0.82				
	50m: 32.62	32.62	450m: 5:36.13	38.29	850m: 10:38.97	36.55	1250m: 15:41.17	38.64
	100m: 1:09.15	36.53	500m: 6:15.53	39.40	900m: 11:15.96	36.99	1300m: 16:20.71	39.54
	150m: 1:46.29	37.14	550m: 6:53.50	37.97	950m: 11:53.07	37.11	1350m: 17:00.61	39.90
	200m: 2:24.28	37.99	600m: 7:31.48	37.98	1000m: 12:30.65	37.58	1400m: 17:40.91	40.30
	250m: 3:01.76	37.48	650m: 8:08.95	37.47	1050m: 13:08.72	38.07	1450m: 18:20.61	39.70
	300m: 3:40.68	38.92	700m: 8:47.05	38.10	1100m: 13:46.73	38.01	1500m: 18:57.25	36.64
	350m: 4:18.68	38.00	750m: 9:24.57	37.52	1150m: 14:24.25	37.52		
	400m: 4:57.84	39.16	800m: 10:02.42	37.85	1200m: 15:02.53	38.28		
2.	Wessel Everloo	De Veene	19:14.42	+0.81	S14	855		
	50m: 33.34	33.34	450m: 5:40.06	37.81	850m: 10:46.85	39.16	1250m: 16:01.49	38.99
	100m: 1:10.71	37.37	500m: 6:18.97	38.91	900m: 11:26.13	39.28	1300m: 16:40.88	39.39
	150m: 1:48.66	37.95	550m: 6:56.39	37.42	950m: 12:04.98	38.85	1350m: 17:19.61	38.73
	200m: 2:27.35	38.69	600m: 7:34.38	37.99	1000m: 12:43.73	38.75	1400m: 17:59.25	39.64
	250m: 3:06.05	38.70	650m: 8:13.03	38.65	1050m: 13:23.55	39.82	1450m: 18:38.01	38.76
	300m: 3:45.61	39.56	700m: 8:50.88	37.85	1100m: 14:03.17	39.62	1500m: 19:14.42	36.41
	350m: 4:23.12	37.51	750m: 9:28.92	38.04	1150m: 14:43.00	39.83		
	400m: 5:02.25	39.13	800m: 10:07.69	38.77	1200m: 15:22.50	39.50		
3.	Niels Albrechts	SGGO (SG)	19:20.13	+0.79				
	50m: 35.38	35.38	450m: 5:44.66	38.28	850m: 10:52.65	39.18	1250m: 16:06.38	39.50
	100m: 1:14.12	38.74	500m: 6:22.49	37.83	900m: 11:31.63	38.98	1300m: 16:46.33	39.95
	150m: 1:52.97	38.85	550m: 7:01.52	39.03	950m: 12:10.47	38.84	1350m: 17:26.15	39.82
	200m: 2:31.80	38.83	600m: 7:39.46	37.94	1000m: 12:49.49	39.02	1400m: 18:05.82	39.67
	250m: 3:11.34	39.54	650m: 8:18.11	38.65	1050m: 13:29.13	39.64	1450m: 18:45.14	39.32
	300m: 3:49.64	38.30	700m: 8:56.21	38.10	1100m: 14:08.12	38.99	1500m: 19:20.13	34.99
	350m: 4:28.09	38.45	750m: 9:35.40	39.19	1150m: 14:47.54	39.42		
	400m: 5:06.38	38.29	800m: 10:13.47	38.07	1200m: 15:26.88	39.34		
4.	Mark Godwaldt	PSV	19:28.97	+0.92				
	50m: 33.15	33.15	450m: 5:40.15	38.25	850m: 10:55.63	39.94	1250m: 16:13.40	39.54
	100m: 1:10.49	37.34	500m: 6:19.04	38.89	900m: 11:34.97	39.34	1300m: 16:53.20	39.80
	150m: 1:48.47	37.98	550m: 6:57.90	38.86	950m: 12:14.69	39.72	1350m: 17:32.74	39.54
	200m: 2:26.87	38.40	600m: 7:37.06	39.16	1000m: 12:54.79	40.10	1400m: 18:12.60	39.86
	250m: 3:05.31	38.44	650m: 8:16.52	39.46	1050m: 13:34.74	39.95	1450m: 18:51.50	38.90
	300m: 3:44.36	39.05	700m: 8:56.25	39.73	1100m: 14:14.75	40.01	1500m: 19:28.97	37.47
	350m: 4:22.82	38.46	750m: 9:35.89	39.64	1150m: 14:54.20	39.45		
	400m: 5:01.90	39.08	800m: 10:15.69	39.80	1200m: 15:33.86	39.66		
5.	Sander van Tilburg	De Biesboschwimmers	23:26.41	+0.87				
	50m: 39.82	39.82	450m: 6:59.85	47.20	850m: 13:17.51	47.82	1250m: 19:37.45	47.97
	100m: 1:25.68	45.86	500m: 7:47.14	47.29	900m: 14:04.98	47.47	1300m: 20:23.59	46.14
	150m: 2:13.07	47.39	550m: 8:34.24	47.10	950m: 14:52.60	47.62	1350m: 21:10.32	46.73
	200m: 3:01.37	48.30	600m: 9:20.55	46.31	1000m: 15:39.85	47.25	1400m: 21:56.82	46.50
	250m: 3:49.46	48.09	650m: 10:07.29	46.74	1050m: 16:27.10	47.25	1450m: 22:43.20	46.38
	300m: 4:38.15	48.69	700m: 10:54.80	47.51	1100m: 17:14.67	47.57	1500m: 23:26.41	43.21
	350m: 5:25.12	46.97	750m: 11:41.95	47.15	1150m: 18:02.36	47.69		
	400m: 6:12.65	47.53	800m: 12:29.69	47.74	1200m: 18:49.48	47.12		
6.	Rudi Butselaar	GoSwim	23:44.60	+0.82				
	50m: 37.40	37.40	450m: 6:53.59	48.41	850m: 13:20.59	48.33	1250m: 19:46.70	48.24
	100m: 1:19.78	42.38	500m: 7:42.24	48.65	900m: 14:09.27	48.68	1300m: 20:36.19	49.49
	150m: 2:04.82	45.04	550m: 8:30.34	48.10	950m: 14:57.50	48.23	1350m: 21:25.05	48.86
	200m: 2:52.52	47.70	600m: 9:18.52	48.18	1000m: 15:45.43	47.93	1400m: 22:13.85	48.80
	250m: 3:39.78	47.26	650m: 10:06.95	48.43	1050m: 16:32.93	47.50	1450m: 23:01.20	47.35
	300m: 4:28.25	48.47	700m: 10:54.84	47.89	1100m: 17:21.32	48.39	1500m: 23:44.60	43.40
	350m: 5:16.85	48.60	750m: 11:43.66	48.82	1150m: 18:10.09	48.77		
	400m: 6:05.18	48.33	800m: 12:32.26	48.60	1200m: 18:58.46	48.37		

Programmanr. 2, Heren, 1500m vrije slag

Masters 35+

1. Erik Schröder		TriVia	NED 198402025	17:40.44	+0.92						
50m:	30.15	30.15	450m:	5:13.26	36.23	850m:	9:59.64	36.37	1250m:	14:45.48	35.80
100m:	1:03.91	33.76	500m:	5:48.91	35.65	900m:	10:34.97	35.33	1300m:	15:20.94	35.46
150m:	1:38.89	34.98	550m:	6:25.15	36.24	950m:	11:10.97	36.00	1350m:	15:56.35	35.41
200m:	2:14.02	35.13	600m:	7:01.32	36.17	1000m:	11:46.77	35.80	1400m:	16:31.80	35.45
250m:	2:49.71	35.69	650m:	7:37.09	35.77	1050m:	12:22.55	35.78	1450m:	17:07.08	35.28
300m:	3:25.36	35.65	700m:	8:12.26	35.17	1100m:	12:58.15	35.60	1500m:	17:40.44	33.36
350m:	4:01.33	35.97	750m:	8:48.12	35.86	1150m:	13:33.91	35.76			
400m:	4:37.03	35.70	800m:	9:23.27	35.15	1200m:	14:09.68	35.77			
2. Marcel Reefhuis		WS Twente	NED 198101381	19:11.49	+0.85						
50m:	33.53	33.53	450m:	5:36.84	38.13	850m:	10:44.88	38.65	1250m:	15:57.10	39.17
100m:	1:10.60	37.07	500m:	6:15.10	38.26	900m:	11:23.46	38.58	1300m:	16:36.34	39.24
150m:	1:48.32	37.72	550m:	6:53.60	38.50	950m:	12:02.42	38.96	1350m:	17:15.85	39.51
200m:	2:26.37	38.05	600m:	7:32.13	38.53	1000m:	12:41.43	39.01	1400m:	17:55.14	39.29
250m:	3:04.27	37.90	650m:	8:10.67	38.54	1050m:	13:20.37	38.94	1450m:	18:34.06	38.92
300m:	3:42.21	37.94	700m:	8:49.03	38.36	1100m:	13:59.49	39.12	1500m:	19:11.49	37.43
350m:	4:20.52	38.31	750m:	9:27.52	38.49	1150m:	14:38.65	39.16			
400m:	4:58.71	38.19	800m:	10:06.23	38.71	1200m:	15:17.93	39.28			
3. Frank v.d. Voordt		SGGO (SG)	NED 198302259	19:18.99	+0.74						
50m:	34.04	34.04	450m:	5:41.19	38.64	850m:	10:49.04	38.59	1250m:	16:01.05	39.71
100m:	1:11.42	37.38	500m:	6:19.62	38.43	900m:	11:27.34	38.30	1300m:	16:41.03	39.98
150m:	1:49.63	38.21	550m:	6:58.17	38.55	950m:	12:06.52	39.18	1350m:	17:21.31	40.28
200m:	2:28.06	38.43	600m:	7:36.46	38.29	1000m:	12:45.27	38.75	1400m:	18:01.38	40.07
250m:	3:06.67	38.61	650m:	8:15.26	38.80	1050m:	13:24.31	39.04	1450m:	18:41.27	39.89
300m:	3:45.50	38.83	700m:	8:53.37	38.11	1100m:	14:03.19	38.88	1500m:	19:18.99	37.72
350m:	4:24.17	38.67	750m:	9:32.00	38.63	1150m:	14:42.31	39.12			
400m:	5:02.55	38.38	800m:	10:10.45	38.45	1200m:	15:21.34	39.03			
4. Martin van Vaardegem		GoSwim	NED 198201767	22:28.26	+0.76						
50m:	35.42	35.42	450m:	6:23.43	45.21	850m:	12:26.12	46.41	1250m:	18:38.61	46.99
100m:	1:15.39	39.97	500m:	7:07.80	44.37	900m:	13:13.26	47.14	1300m:	19:24.41	45.80
150m:	1:58.04	42.65	550m:	7:52.66	44.86	950m:	14:00.13	46.87	1350m:	20:11.14	46.73
200m:	2:41.11	43.07	600m:	8:37.79	45.13	1000m:	14:46.36	46.23	1400m:	20:57.53	46.39
250m:	3:24.77	43.66	650m:	9:23.38	45.59	1050m:	15:33.14	46.78	1450m:	21:44.04	46.51
300m:	4:08.98	44.21	700m:	10:08.23	44.85	1100m:	16:19.26	46.12	1500m:	22:28.26	44.22
350m:	4:53.55	44.57	750m:	10:54.09	45.86	1150m:	17:06.04	46.78			
400m:	5:38.22	44.67	800m:	11:39.71	45.62	1200m:	17:51.62	45.58			
5. Rob van Wanrooy		Gay Swim Amsterdam	NED 198202627	22:39.96	+0.76						
50m:	36.55	36.55	450m:	6:24.14	44.81	850m:	12:32.60	46.40	1250m:	18:46.05	47.31
100m:	1:17.24	40.69	500m:	7:10.09	45.95	900m:	13:19.21	46.61	1300m:	19:33.47	47.42
150m:	1:59.58	42.34	550m:	7:55.77	45.68	950m:	14:05.74	46.53	1350m:	20:21.38	47.91
200m:	2:42.75	43.17	600m:	8:42.05	46.28	1000m:	14:52.17	46.43	1400m:	21:09.30	47.92
250m:	3:26.08	43.33	650m:	9:27.71	45.66	1050m:	15:39.15	46.98	1450m:	21:55.77	46.47
300m:	4:10.52	44.44	700m:	10:14.05	46.34	1100m:	16:26.02	46.87	1500m:	22:39.96	44.19
350m:	4:54.74	44.22	750m:	11:00.02	45.97	1150m:	17:11.93	45.91			
400m:	5:39.33	44.59	800m:	11:46.20	46.18	1200m:	17:58.74	46.81			
6. Edward van Dootingh		ZV 44	NED 198403341	23:44.24	+0.82						
50m:	39.59	39.59	450m:	6:57.51	48.11	850m:	13:23.80	47.85	1250m:	19:46.78	48.26
100m:	1:23.70	44.11	500m:	7:45.73	48.22	900m:	14:11.88	48.08	1300m:	20:34.66	47.88
150m:	2:09.72	46.02	550m:	8:34.37	48.64	950m:	14:59.52	47.64	1350m:	21:22.61	47.95
200m:	2:56.75	47.03	600m:	9:22.42	48.05	1000m:	15:46.70	47.18	1400m:	22:11.08	48.47
250m:	3:44.81	48.06	650m:	10:10.98	48.56	1050m:	16:34.35	47.65	1450m:	22:58.77	47.69
300m:	4:32.79	47.98	700m:	10:59.72	48.74	1100m:	17:22.26	47.91	1500m:	23:44.24	45.47
350m:	5:21.03	48.24	750m:	11:47.64	47.92	1150m:	18:10.63	48.37			
400m:	6:09.40	48.37	800m:	12:35.95	48.31	1200m:	18:58.52	47.89			

Masters 40+

1. Alex Damen		DAW	NED 197501371	19:53.43	+0.80						
50m:	35.95	35.95	450m:	5:52.70	40.27	850m:	11:13.95	39.83	1250m:	16:34.90	40.17
100m:	1:14.80	38.85	500m:	6:32.64	39.94	900m:	11:54.39	40.44	1300m:	17:15.40	40.50
150m:	1:53.57	38.77	550m:	7:13.12	40.48	950m:	12:34.58	40.19	1350m:	17:55.59	40.19
200m:	2:32.85	39.28	600m:	7:53.25	40.13	1000m:	13:14.65	40.07	1400m:	18:35.89	40.30
250m:	3:12.30	39.45	650m:	8:33.45	40.20	1050m:	13:54.57	39.92	1450m:	19:15.82	39.93
300m:	3:52.21	39.91	700m:	9:13.77	40.32	1100m:	14:34.55	39.98	1500m:	19:53.43	37.61
350m:	4:32.33	40.12	750m:	9:54.00	40.23	1150m:	15:14.43	39.88			
400m:	5:12.43	40.10	800m:	10:34.12	40.12	1200m:	15:54.73	40.30			

Programmanr. 2, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	tijd				RT	PARA
2.	Victor Barnar	GoSwim	NED	197801805	20:08.06		+0.84	
	50m: 34.97	34.97	450m: 5:51.57	40.70	850m: 11:18.02	39.83	1250m: 16:45.59	41.53
	100m: 1:12.77	37.80	500m: 6:32.00	40.43	900m: 11:58.03	40.01	1300m: 17:27.08	41.49
	150m: 1:52.01	39.24	550m: 7:13.07	41.07	950m: 12:38.54	40.51	1350m: 18:09.08	42.00
	200m: 2:30.89	38.88	600m: 7:54.21	41.14	1000m: 13:19.15	40.61	1400m: 18:50.28	41.20
	250m: 3:10.87	39.98	650m: 8:35.69	41.48	1050m: 13:59.98	40.83	1450m: 19:30.96	40.68
	300m: 3:50.37	39.50	700m: 9:16.35	40.66	1100m: 14:41.07	41.09	1500m: 20:08.06	37.10
	350m: 4:30.74	40.37	750m: 9:57.20	40.85	1150m: 15:22.32	41.25		
	400m: 5:10.87	40.13	800m: 10:38.19	40.99	1200m: 16:04.06	41.74		

Masters 45+

1.	Peter van Grootheest	ZV 44	NED	197000375	20:44.25			
	50m: 36.87	36.87	450m: 6:12.85	42.24	850m: 11:47.89	41.63	1250m: 17:19.10	42.43
	100m: 1:18.87	42.00	500m: 6:54.80	41.95	900m: 12:29.51	41.62	1300m: 18:00.48	41.38
	150m: 2:00.75	41.88	550m: 7:36.65	41.85	950m: 13:11.14	41.63	1350m: 18:42.29	41.81
	200m: 2:42.86	42.11	600m: 8:18.56	41.91	1000m: 13:52.60	41.46	1400m: 19:23.95	41.66
	250m: 3:24.76	41.90	650m: 9:00.73	42.17	1050m: 14:33.39	40.79	1450m: 20:04.89	40.94
	300m: 4:06.68	41.92	700m: 9:42.83	42.10	1100m: 15:14.21	40.82	1500m: 20:44.25	39.36
	350m: 4:48.68	42.00	750m: 10:24.63	41.80	1150m: 15:55.56	41.35		
	400m: 5:30.61	41.93	800m: 11:06.26	41.63	1200m: 16:36.67	41.11		
2.	Ingmar de Gelder	ZOB'66	NED	197000333	21:16.39		+0.95	
	50m: 36.74	36.74	450m: 6:17.37	42.33	850m: 12:01.57	43.40	1250m: 17:44.10	41.83
	100m: 1:18.49	41.75	500m: 7:00.74	43.37	900m: 12:44.57	43.00	1300m: 18:27.08	42.98
	150m: 2:01.23	42.74	550m: 7:43.15	42.41	950m: 13:27.93	43.36	1350m: 19:09.53	42.45
	200m: 2:44.13	42.90	600m: 8:26.26	43.11	1000m: 14:11.07	43.14	1400m: 19:52.89	43.36
	250m: 3:26.21	42.08	650m: 9:08.98	42.72	1050m: 14:54.63	43.56	1450m: 20:35.72	42.83
	300m: 4:09.54	43.33	700m: 9:52.01	43.03	1100m: 15:37.43	42.80	1500m: 21:16.39	40.67
	350m: 4:51.86	42.32	750m: 10:34.80	42.79	1150m: 16:19.38	41.95		
	400m: 5:35.04	43.18	800m: 11:18.17	43.37	1200m: 17:02.27	42.89		
3.	Chris Kouwenhoven	Steenwijk 1934	NED	197101669	21:19.96		+0.98	
	50m: 37.30	37.30	450m: 6:17.42	42.77	850m: 12:03.80	42.97	1250m: 17:47.75	43.13
	100m: 1:18.66	41.36	500m: 7:01.01	43.59	900m: 12:47.16	43.36	1300m: 18:27.08	43.33
	150m: 2:01.09	42.43	550m: 7:44.29	43.28	950m: 13:30.20	43.04	1350m: 19:14.17	43.09
	200m: 2:43.88	42.79	600m: 8:27.73	43.44	1000m: 14:13.17	42.97	1400m: 19:57.47	43.30
	250m: 3:26.11	42.23	650m: 9:10.84	43.11	1050m: 14:55.77	42.60	1450m: 20:40.60	43.13
	300m: 4:08.51	42.40	700m: 9:54.35	43.51	1100m: 15:38.40	42.63	1500m: 21:19.96	39.36
	350m: 4:51.22	42.71	750m: 10:37.53	43.18	1150m: 16:21.36	42.96		
	400m: 5:34.65	43.43	800m: 11:20.83	43.30	1200m: 17:04.62	43.26		
4.	Kasper van den Bergh	SWOL 1894	NED	197301125	22:23.26		+0.72	
	50m: 40.67	40.67	450m: 6:48.75	45.42	850m: 12:47.75	44.42	1250m: 18:43.96	44.80
	100m: 1:25.36	44.69	500m: 7:34.23	45.48	900m: 13:31.90	44.15	1300m: 19:28.52	44.56
	150m: 2:11.67	46.31	550m: 8:19.59	45.36	950m: 14:16.02	44.12	1350m: 20:12.87	44.35
	200m: 2:57.78	46.11	600m: 9:04.27	44.68	1000m: 15:00.31	44.29	1400m: 20:56.81	43.94
	250m: 3:45.05	47.27	650m: 9:49.08	44.81	1050m: 15:45.52	45.21	1450m: 21:40.74	43.93
	300m: 4:32.00	46.95	700m: 10:33.81	44.73	1100m: 16:30.52	45.00	1500m: 22:23.26	42.52
	350m: 5:17.46	45.46	750m: 11:18.67	44.86	1150m: 17:15.03	44.51		
	400m: 6:03.33	45.87	800m: 12:03.33	44.66	1200m: 17:59.16	44.13		
5.	Wouter van der Stelt	De Biesboschzwemmers	NED	197200889	23:02.23		+0.85	
	50m: 38.12	38.12	450m: 6:41.28	46.45	850m: 12:54.38	46.36	1250m: 19:09.28	46.84
	100m: 1:20.16	42.04	500m: 7:28.18	46.90	900m: 13:41.51	47.13	1300m: 19:56.79	47.51
	150m: 2:04.10	43.94	550m: 8:14.29	46.11	950m: 14:27.43	45.92	1350m: 20:43.35	46.56
	200m: 2:49.25	45.15	600m: 9:01.41	47.12	1000m: 15:14.90	47.47	1400m: 21:30.55	47.20
	250m: 3:34.75	45.50	650m: 9:47.84	46.43	1050m: 16:01.58	46.68	1450m: 22:16.50	45.95
	300m: 4:21.30	46.55	700m: 10:34.74	46.90	1100m: 16:48.84	47.26	1500m: 23:02.23	45.73
	350m: 5:08.09	46.79	750m: 11:21.24	46.50	1150m: 17:35.41	46.57		
	400m: 5:54.83	46.74	800m: 12:08.02	46.78	1200m: 18:22.44	47.03		

Masters 50+

1.	Bob de Vries	The Hague Swimming (SG)	NED	196601101	18:50.20		+0.65	
	<i>Nederlands Masters Record</i>							
	50m: 32.48	32.48	450m: 5:31.42	38.08	850m: 10:34.68	37.92	1250m: 15:40.51	38.72
	100m: 1:10.08	37.60	500m: 6:09.18	37.76	900m: 11:12.57	37.89	1300m: 16:19.23	38.72
	150m: 1:47.12	37.04	550m: 6:47.05	37.87	950m: 11:50.49	37.92	1350m: 16:57.91	38.68
	200m: 2:23.85	36.73	600m: 7:25.19	38.14	1000m: 12:28.63	38.14	1400m: 17:36.37	38.46
	250m: 3:01.08	37.23	650m: 8:03.03	37.84	1050m: 13:06.80	38.17	1450m: 18:14.00	37.63
	300m: 3:38.25	37.17	700m: 8:40.81	37.78	1100m: 13:45.07	38.27	1500m: 18:50.20	36.20
	350m: 4:15.80	37.55	750m: 9:18.88	38.07	1150m: 14:23.19	38.12		
	400m: 4:53.34	37.54	800m: 9:56.76	37.88	1200m: 15:01.79	38.60		

Programmanr. 2, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging					tijd	RT	PARA
2.	Pieter van Gemenen	DAW	NED 196901779				18:57.47	+0.84	
	50m: 33.40	33.40	450m: 5:37.80	38.45	850m: 10:44.65	38.11	1250m: 15:51.94	38.39	
	100m: 1:10.32	36.92	500m: 6:16.43	38.63	900m: 11:22.82	38.17	1300m: 16:30.34	38.40	
	150m: 1:48.32	38.00	550m: 6:54.86	38.43	950m: 12:01.10	38.28	1350m: 17:08.49	38.15	
	200m: 2:26.77	38.45	600m: 7:33.40	38.54	1000m: 12:39.70	38.60	1400m: 17:46.55	38.06	
	250m: 3:04.90	38.13	650m: 8:11.08	37.68	1050m: 13:18.03	38.33	1450m: 18:22.77	36.22	
	300m: 3:43.31	38.41	700m: 8:49.58	38.50	1100m: 13:56.59	38.56	1500m: 18:57.47	34.70	
	350m: 4:21.16	37.85	750m: 9:27.81	38.23	1150m: 14:34.98	38.39			
	400m: 4:59.35	38.19	800m: 10:06.54	38.73	1200m: 15:13.55	38.57			
3.	Nico Paasse	SGGO (SG)	NED 196501463				20:28.40	+0.97	
	50m: 35.01	35.01	450m: 6:01.88	41.40	850m: 11:32.42	41.30	1250m: 17:03.49	42.17	
	100m: 1:14.16	39.15	500m: 6:43.57	41.69	900m: 12:13.39	40.97	1300m: 17:44.91	41.42	
	150m: 1:55.14	40.98	550m: 7:24.91	41.34	950m: 12:54.63	41.24	1350m: 18:28.65	41.74	
	200m: 2:36.00	40.86	600m: 8:06.14	41.23	1000m: 13:35.45	40.82	1400m: 19:07.54	40.89	
	250m: 3:17.21	41.21	650m: 8:48.08	41.94	1050m: 14:17.37	41.92	1450m: 19:49.62	42.08	
	300m: 3:58.41	41.20	700m: 9:28.83	40.75	1100m: 14:58.19	40.82	1500m: 20:28.40	38.78	
	350m: 4:39.47	41.06	750m: 10:10.36	41.53	1150m: 15:40.05	41.86			
	400m: 5:20.48	41.01	800m: 10:51.12	40.76	1200m: 16:21.32	41.27			
4.	Johan Neevel	ZV 44	NED 196501475				20:30.35	+0.80	
	50m: 35.72	35.72	450m: 6:02.93	41.79	850m: 11:34.24	41.74	1250m: 17:04.47	41.48	
	100m: 1:14.87	39.15	500m: 6:44.48	41.55	900m: 12:15.27	41.03	1300m: 17:46.05	41.58	
	150m: 1:55.58	40.71	550m: 7:25.70	41.22	950m: 12:56.60	41.33	1350m: 18:28.00	41.95	
	200m: 2:36.43	40.85	600m: 8:07.29	41.59	1000m: 13:37.97	41.37	1400m: 19:09.34	41.34	
	250m: 3:17.37	40.94	650m: 8:48.75	41.46	1050m: 14:19.31	41.34	1450m: 19:50.21	40.87	
	300m: 3:58.43	41.06	700m: 9:30.00	41.25	1100m: 15:00.82	41.51	1500m: 20:30.35	40.14	
	350m: 4:39.68	41.25	750m: 10:11.34	41.34	1150m: 15:41.71	40.89			
	400m: 5:21.14	41.46	800m: 10:52.50	41.16	1200m: 16:22.99	41.28			
5.	Hans Bouwmeester	ZVL-1886	NED 196700127				21:04.55	+1.00	
	50m: 35.81	35.81	450m: 6:08.22	42.25	850m: 11:50.39	42.73	1250m: 17:32.07	42.71	
	100m: 1:15.72	39.91	500m: 6:50.56	42.34	900m: 12:32.77	42.38	1300m: 18:14.80	42.73	
	150m: 1:56.76	41.04	550m: 7:33.31	42.75	950m: 13:15.60	42.83	1350m: 18:57.89	43.09	
	200m: 2:38.22	41.46	600m: 8:15.95	42.64	1000m: 13:58.38	42.78	1400m: 19:40.64	42.75	
	250m: 3:19.90	41.68	650m: 8:59.22	43.27	1050m: 14:41.40	43.02	1450m: 20:23.43	42.79	
	300m: 4:01.76	41.86	700m: 9:41.76	42.54	1100m: 15:24.24	42.84	1500m: 21:04.55	41.12	
	350m: 4:43.90	42.14	750m: 10:24.60	42.84	1150m: 16:07.11	42.87			
	400m: 5:25.97	42.07	800m: 11:07.66	43.06	1200m: 16:49.36	42.25			
6.	Arno Schrauwen	Patrick-De Roersoppers (SG)	NED 196501355				21:28.42	+0.78	
	50m: 36.57	36.57	450m: 6:22.36	43.26	850m: 12:09.81	43.46	1250m: 17:55.74	43.29	
	100m: 1:18.56	41.99	500m: 7:05.25	42.89	900m: 12:52.91	43.10	1300m: 18:38.65	42.91	
	150m: 2:02.00	43.44	550m: 7:48.58	43.33	950m: 13:36.35	43.44	1350m: 19:21.97	43.32	
	200m: 2:45.54	43.54	600m: 8:32.00	43.42	1000m: 14:19.31	42.96	1400m: 20:05.11	43.14	
	250m: 3:29.18	43.64	650m: 9:15.39	43.39	1050m: 15:02.63	43.32	1450m: 20:47.80	42.69	
	300m: 4:12.75	43.57	700m: 9:59.34	43.95	1100m: 15:45.80	43.17	1500m: 21:28.42	40.62	
	350m: 4:56.06	43.31	750m: 10:42.89	43.55	1150m: 16:29.11	43.31			
	400m: 5:39.10	43.04	800m: 11:26.35	43.46	1200m: 17:12.45	43.34			
7.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED 196501539				21:53.11	+0.85	
	50m: 38.71	38.71	450m: 6:30.39	44.33	850m: 12:25.39	44.28	1250m: 18:18.64	43.59	
	100m: 1:20.03	41.32	500m: 7:14.96	44.57	900m: 13:09.97	44.58	1300m: 19:02.57	43.93	
	150m: 2:03.64	43.61	550m: 7:59.35	44.39	950m: 13:54.43	44.46	1350m: 19:46.64	44.07	
	200m: 2:47.90	44.26	600m: 8:43.96	44.61	1000m: 14:39.02	44.59	1400m: 20:30.03	43.39	
	250m: 3:32.50	44.60	650m: 9:27.97	44.01	1050m: 15:23.16	44.14	1450m: 21:12.10	42.07	
	300m: 4:17.58	45.08	700m: 10:12.51	44.54	1100m: 16:07.20	44.04	1500m: 21:53.11	41.01	
	350m: 5:01.85	44.27	750m: 10:56.98	44.47	1150m: 16:51.11	43.91			
	400m: 5:46.06	44.21	800m: 11:41.11	44.13	1200m: 17:35.05	43.94			
8.	Jean-Claude Callens * 400m	Royal Dauphins Mouscronnois	BEL 000488/67				26:20.13	+1.14	
	50m: 43.12	43.12	450m: 7:34.95	52.73	850m: 14:40.37	53.73	1250m: 21:51.75	54.18	
	100m: 1:32.81	49.69	500m: 8:27.60	52.65	900m: 15:34.04	53.67	1300m: 22:45.39	53.64	
	150m: 2:24.19	51.38	550m: 9:20.05	52.45	950m: 16:27.10	53.06	1350m: 23:40.19	54.80	
	200m: 3:15.36	51.17	600m: 10:12.92	52.87	1000m: 17:20.98	53.88	1400m: 24:35.00	54.81	
	250m: 4:07.14	51.78	650m: 11:05.67	52.75	1050m: 18:15.12	54.14	1450m: 25:28.56	53.56	
	300m: 4:58.71	51.57	700m: 11:58.75	53.08	1100m: 19:08.82	53.70	1500m: 26:20.13	51.57	
	350m: 5:49.88	51.17	750m: 12:52.91	54.16	1150m: 20:03.86	55.04			
	400m: 6:42.22	52.34	800m: 13:46.64	53.73	1200m: 20:57.57	53.71			

Masters 55+

Programmanr. 2, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging		tijd	RT	PARA		
1.	Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	19:41.55	+0.77			
	50m: 35.22	35.22	450m: 5:51.43	39.93	850m: 11:09.87	39.69	1250m: 16:26.49	40.00
	100m: 1:13.63	38.41	500m: 6:31.22	39.79	900m: 11:49.63	39.76	1300m: 17:06.09	39.60
	150m: 1:52.99	39.36	550m: 7:11.04	39.82	950m: 12:29.10	39.47	1350m: 17:45.95	39.86
	200m: 2:32.24	39.25	600m: 7:50.98	39.94	1000m: 13:08.34	39.24	1400m: 18:24.86	38.91
	250m: 3:11.94	39.70	650m: 8:30.78	39.80	1050m: 13:48.08	39.74	1450m: 19:03.78	38.92
	300m: 3:51.56	39.62	700m: 9:10.69	39.91	1100m: 14:27.17	39.09	1500m: 19:41.55	37.77
	350m: 4:31.54	39.98	750m: 9:50.35	39.66	1150m: 15:07.07	39.90		
	400m: 5:11.50	39.96	800m: 10:30.18	39.83	1200m: 15:46.49	39.42		
2.	Kees-Jan van Overbeeke	WWV Winterswijk	NED 196200489	20:06.96	+0.89			
	50m: 35.42	35.42	450m: 5:55.69	40.39	850m: 11:23.35	41.21	1250m: 16:50.13	41.09
	100m: 1:14.76	39.34	500m: 6:36.64	40.95	900m: 12:04.58	41.23	1300m: 17:30.49	40.36
	150m: 1:55.19	40.43	550m: 7:17.73	41.09	950m: 12:45.20	40.62	1350m: 18:10.60	40.11
	200m: 2:34.91	39.72	600m: 7:58.89	41.16	1000m: 13:25.83	40.63	1400m: 18:51.01	40.41
	250m: 3:15.25	40.34	650m: 8:39.65	40.76	1050m: 14:06.55	40.72	1450m: 19:31.25	40.24
	300m: 3:55.37	40.12	700m: 9:20.22	40.57	1100m: 14:47.22	40.67	1500m: 20:06.96	35.71
	350m: 4:35.43	40.06	750m: 10:01.01	40.79	1150m: 15:28.04	40.82		
	400m: 5:15.30	39.87	800m: 10:42.14	41.13	1200m: 16:09.04	41.00		
3.	Adri Pasman	Zuiderzeewimmers	NED 196400573	26:38.47	+1.21			
	50m: 44.07	44.07	450m: 7:44.40	53.15	850m: 14:53.72	53.28	1250m: 22:05.79	53.96
	100m: 1:34.01	49.94	500m: 8:39.34	54.94	900m: 15:48.68	54.96	1300m: 23:00.68	54.89
	150m: 2:25.61	51.60	550m: 9:32.94	53.60	950m: 16:42.20	53.52	1350m: 23:55.59	54.91
	200m: 3:17.72	52.11	600m: 10:26.69	53.75	1000m: 17:36.08	53.88	1400m: 24:50.42	54.83
	250m: 4:09.69	51.97	650m: 11:20.45	53.76	1050m: 18:29.04	52.96	1450m: 25:44.94	54.52
	300m: 5:04.14	54.45	700m: 12:13.95	53.50	1100m: 19:23.53	54.49	1500m: 26:38.47	53.53
	350m: 5:57.50	53.36	750m: 13:07.36	53.41	1150m: 20:16.85	53.32		
	400m: 6:51.25	53.75	800m: 14:00.44	53.08	1200m: 21:11.83	54.98		

Masters 60+

1.	Marten de Groot	HZ&PC Heerenveen	NED 195800149	19:08.78	+0.74			
	<i>Nederlands Masters Record, 800m vrije slag NMR</i>							
	50m: 33.69	33.69	450m: 5:36.85	38.17	850m: 10:44.77	38.71	1250m: 15:57.07	39.12
	100m: 1:10.65	36.96	500m: 6:15.14	38.29	900m: 11:23.47	38.70	1300m: 16:35.87	38.80
	150m: 1:48.47	37.82	550m: 6:53.50	38.36	950m: 12:02.44	38.97	1350m: 17:15.34	39.47
	200m: 2:26.66	38.19	600m: 7:31.99	38.49	1000m: 12:41.35	38.91	1400m: 17:54.34	39.00
	250m: 3:04.44	37.78	650m: 8:10.47	38.48	1050m: 13:20.29	38.94	1450m: 18:32.35	38.01
	300m: 3:42.06	37.62	700m: 8:48.95	38.48	1100m: 13:59.40	39.11	1500m: 19:08.78	36.43
	350m: 4:20.29	38.23	750m: 9:27.36	38.41	1150m: 14:38.60	39.20		
	400m: 4:58.68	38.39	800m: 10:06.06	38.70	1200m: 15:17.95	39.35		
2.	Marius Ros	ZCNF'34	NED 195900779	22:34.77	+0.74			
	50m: 41.32	41.32	450m: 6:41.29	45.07	850m: 12:44.40	45.60	1250m: 18:50.49	46.28
	100m: 1:25.95	44.63	500m: 7:27.01	45.72	900m: 13:30.40	46.00	1300m: 19:36.85	46.36
	150m: 2:10.68	44.73	550m: 8:11.95	44.94	950m: 14:16.23	45.83	1350m: 20:22.56	45.71
	200m: 2:55.67	44.99	600m: 8:57.20	45.25	1000m: 15:01.33	45.10	1400m: 21:08.11	45.55
	250m: 3:40.50	44.83	650m: 9:42.36	45.16	1050m: 15:47.08	45.75	1450m: 21:53.05	44.94
	300m: 4:25.73	45.23	700m: 10:27.65	45.29	1100m: 16:32.77	45.69	1500m: 22:34.77	41.72
	350m: 5:10.92	45.19	750m: 11:13.56	45.91	1150m: 17:18.70	45.93		
	400m: 5:56.22	45.30	800m: 11:58.80	45.24	1200m: 18:04.21	45.51		
3.	Wolfgang Rossa	TPSK 1925 e.V.	GER 396833	23:06.06				
	50m: 42.54	42.54	450m: 6:53.98	46.48	850m: 13:04.61	46.43	1250m: 19:19.48	46.72
	100m: 1:27.95	45.41	500m: 7:40.81	46.83	900m: 13:51.83	47.22	1300m: 20:05.96	46.48
	150m: 2:14.89	46.94	550m: 8:26.88	46.07	950m: 14:38.71	46.88	1350m: 20:51.93	45.97
	200m: 3:01.65	46.76	600m: 9:13.37	46.49	1000m: 15:25.54	46.83	1400m: 21:37.37	45.44
	250m: 3:47.74	46.09	650m: 9:59.38	46.01	1050m: 16:12.26	46.72	1450m: 22:22.92	45.55
	300m: 4:34.42	46.68	700m: 10:45.47	46.09	1100m: 16:59.85	47.59	1500m: 23:06.06	43.14
	350m: 5:21.11	46.69	750m: 11:32.16	46.69	1150m: 17:46.64	46.79		
	400m: 6:07.50	46.39	800m: 12:18.18	46.02	1200m: 18:32.76	46.12		
4.	Wim Witjes	Aqua-Novio'94	NED 195800483	23:48.25	+0.64			
	50m: 41.16	41.16	450m: 6:59.65	48.49	850m: 13:26.95	48.17	1250m: 19:51.65	48.07
	100m: 1:25.77	44.61	500m: 7:48.03	48.38	900m: 14:15.40	48.45	1300m: 20:39.12	47.47
	150m: 2:12.15	46.38	550m: 8:36.33	48.30	950m: 15:03.69	48.29	1350m: 21:26.99	47.87
	200m: 2:59.17	47.02	600m: 9:24.73	48.40	1000m: 15:51.48	47.79	1400m: 22:14.61	47.62
	250m: 3:46.94	47.77	650m: 10:13.03	48.30	1050m: 16:39.18	47.70	1450m: 23:02.06	47.45
	300m: 4:34.47	47.53	700m: 11:01.92	48.89	1100m: 17:27.04	47.86	1500m: 23:48.25	46.19
	350m: 5:22.48	48.01	750m: 11:50.14	48.22	1150m: 18:15.47	48.43		
	400m: 6:11.16	48.68	800m: 12:38.78	48.64	1200m: 19:03.58	48.11		

Programmanr. 2, Heren, 1500m vrije slag, Masters 60+

rang	naam	vereniging			tijd	RT	PARA	
5.	Lex Hoogendam	ZZ&PC De Devel	NED	195700541	24:42.26	+0.94		
	50m: 39.49	39.49	450m: 7:08.27	50.17	850m: 13:49.53	50.13	1250m: 20:32.65	50.33
	100m: 1:24.53	45.04	500m: 7:58.85	50.58	900m: 14:40.07	50.54	1300m: 21:23.71	51.06
	150m: 2:11.51	46.98	550m: 8:48.57	49.72	950m: 15:30.34	50.27	1350m: 22:13.17	49.46
	200m: 3:00.18	48.67	600m: 9:39.35	50.78	1000m: 16:21.23	50.89	1400m: 23:02.82	49.65
	250m: 3:49.11	48.93	650m: 10:28.90	49.55	1050m: 17:11.31	50.08	1450m: 23:52.95	50.13
	300m: 4:38.45	49.34	700m: 11:19.27	50.37	1100m: 18:02.45	51.14	1500m: 24:42.26	49.31
	350m: 5:27.92	49.47	750m: 12:08.82	49.55	1150m: 18:52.12	49.67		
	400m: 6:18.10	50.18	800m: 12:59.40	50.58	1200m: 19:42.32	50.20		
6.	Frans Snijder	GoSwim	NED	195800733	25:26.98	+0.92		
	50m: 41.11	41.11	450m: 7:26.72	51.46	850m: 14:23.12	51.29	1250m: 21:16.54	52.54
	100m: 1:27.98	46.87	500m: 8:19.20	52.48	900m: 15:15.12	52.00	1300m: 22:07.42	50.88
	150m: 2:17.62	49.64	550m: 9:11.57	52.37	950m: 16:07.48	52.36	1350m: 22:59.11	51.69
	200m: 3:08.81	51.19	600m: 10:03.82	52.25	1000m: 16:58.48	51.00	1400m: 23:49.93	50.82
	250m: 4:00.11	51.30	650m: 10:55.85	52.03	1050m: 17:50.13	51.65	1450m: 24:40.20	50.27
	300m: 4:51.77	51.66	700m: 11:47.40	51.55	1100m: 18:41.50	51.37	1500m: 25:26.98	46.78
	350m: 5:43.49	51.72	750m: 12:39.30	51.90	1150m: 19:33.17	51.67		
	400m: 6:35.26	51.77	800m: 13:31.83	52.53	1200m: 20:24.00	50.83		
7.	Jeroen Ouendag	GoSwim	NED	195900725	27:53.99	+1.11		
	50m: 50.41	50.41	450m: 8:23.76	56.09	850m: 15:54.23	56.27	1250m: 23:21.43	55.55
	100m: 1:46.21	55.80	500m: 9:19.88	56.12	900m: 16:50.30	56.07	1300m: 24:17.97	56.54
	150m: 2:42.86	56.65	550m: 10:16.27	56.39	950m: 17:46.35	56.05	1350m: 25:13.20	55.23
	200m: 3:39.83	56.97	600m: 11:12.64	56.37	1000m: 18:41.94	55.59	1400m: 26:08.12	54.92
	250m: 4:37.12	57.29	650m: 12:09.16	56.52	1050m: 19:38.26	56.32	1450m: 27:02.56	54.44
	300m: 5:34.33	57.21	700m: 13:05.39	56.23	1100m: 20:34.12	55.86	1500m: 27:53.99	51.43
	350m: 6:30.69	56.36	750m: 14:01.44	56.05	1150m: 21:29.21	55.09		
	400m: 7:27.67	56.98	800m: 14:57.96	56.52	1200m: 22:25.88	56.67		
8.	André Pantekoek	PSV	NED	195800321	29:01.82	+1.10		
	50m: 42.27	42.27	450m: 8:11.77	59.55	850m: 16:13.75	1:00.85	1250m: 24:16.58	59.88
	100m: 1:32.49	50.22	500m: 9:12.56	1:00.79	900m: 17:14.08	1:00.33	1300m: 25:17.19	1:00.61
	150m: 2:27.12	54.63	550m: 10:13.78	1:01.22	950m: 18:14.52	1:00.44	1350m: 26:17.06	59.87
	200m: 3:20.56	53.44	600m: 11:14.43	1:00.65	1000m: 19:15.17	1:00.65	1400m: 27:13.37	56.31
	250m: 4:17.33	56.77	650m: 12:15.55	1:01.12	1050m: 20:15.96	1:00.79	1450m: 28:10.47	57.10
	300m: 5:14.48	57.15	700m: 13:13.02	57.47	1100m: 21:17.01	1:01.05	1500m: 29:01.82	51.35
	350m: 6:13.37	58.89	750m: 14:12.13	59.11	1150m: 22:18.08	1:01.07		
	400m: 7:12.22	58.85	800m: 15:12.90	1:00.77	1200m: 23:16.70	58.62		

Masters 65+

1.	Piet Schop	De Bevelanders	NED	195000109	26:45.40	+0.70		
	50m: 44.34	44.34	450m: 7:43.31	52.89	850m: 14:54.08	56.55	1250m: 22:18.85	54.74
	100m: 1:35.19	50.85	500m: 8:36.70	53.39	900m: 15:49.06	54.98	1300m: 23:13.57	54.72
	150m: 2:26.89	51.70	550m: 9:30.49	53.79	950m: 16:44.52	55.46	1350m: 24:08.75	55.18
	200m: 3:19.46	52.57	600m: 10:23.06	52.57	1000m: 17:40.45	55.93	1400m: 25:03.70	54.95
	250m: 4:12.13	52.67	650m: 11:16.20	53.14	1050m: 18:36.70	56.25	1450m: 25:59.52	55.82
	300m: 5:04.62	52.49	700m: 12:09.53	53.33	1100m: 19:32.31	55.61	1500m: 26:45.40	45.88
	350m: 5:57.97	53.35	750m: 13:03.59	54.06	1150m: 20:28.28	55.97		
	400m: 6:50.42	52.45	800m: 13:57.53	53.94	1200m: 21:24.11	55.83		
2.	Hilbert Prins	SwimGym	NED	195100223	26:47.06	+0.98		
	50m: 46.35	46.35	450m: 7:48.76	53.25	850m: 15:00.27	54.16	1250m: 22:15.45	54.12
	100m: 1:37.63	51.28	500m: 8:42.25	53.49	900m: 15:54.65	54.38	1300m: 23:10.12	54.67
	150m: 2:30.35	52.72	550m: 9:35.87	53.62	950m: 16:48.91	54.26	1350m: 24:05.29	55.17
	200m: 3:22.91	52.56	600m: 10:29.75	53.88	1000m: 17:42.97	54.06	1400m: 24:59.38	54.09
	250m: 4:15.92	53.01	650m: 11:23.50	53.75	1050m: 18:38.20	55.23	1450m: 25:54.78	55.40
	300m: 5:08.60	52.68	700m: 12:18.04	54.54	1100m: 19:32.37	54.17	1500m: 26:47.06	52.28
	350m: 6:02.42	53.82	750m: 13:12.21	54.17	1150m: 20:26.94	54.57		
	400m: 6:55.51	53.09	800m: 14:06.11	53.90	1200m: 21:21.33	54.39		
3.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	27:48.35	+1.11		
	50m: 44.18	44.18	450m: 7:55.97	55.00	850m: 15:24.32	55.99	1250m: 23:01.22	57.21
	100m: 1:34.59	50.41	500m: 8:51.96	55.99	900m: 16:21.10	56.78	1300m: 24:00.38	59.16
	150m: 2:27.89	53.30	550m: 9:47.30	55.34	950m: 17:16.54	55.44	1350m: 24:56.93	56.55
	200m: 3:21.77	53.88	600m: 10:43.08	55.78	1000m: 18:15.45	58.91	1400m: 25:54.68	57.75
	250m: 4:15.81	54.04	650m: 11:39.55	56.47	1050m: 19:13.02	57.57	1450m: 26:54.87	1:00.19
	300m: 5:10.76	54.95	700m: 12:35.48	55.93	1100m: 20:09.70	56.68	1500m: 27:48.35	53.48
	350m: 6:05.35	54.59	750m: 13:31.53	56.05	1150m: 21:05.82	56.12		
	400m: 7:00.97	55.62	800m: 14:28.33	56.80	1200m: 22:04.01	58.19		

Masters 70+

Programmanr. 2, Heren, 1500m vrije slag, Masters 70+

rang	naam	vereniging	tijd	RT	PARA			
1.	Wout Hemmes	De Plons	24:31.19	+1.05				
	50m: 43.14	43.14	450m: 7:20.54	49.62	850m: 13:54.30	49.71	1250m: 20:28.13	48.77
	100m: 1:32.52	49.38	500m: 8:09.62	49.08	900m: 14:43.85	49.55	1300m: 21:17.88	49.75
	150m: 2:22.31	49.79	550m: 8:58.98	49.36	950m: 15:32.40	48.55	1350m: 22:08.02	50.14
	200m: 3:13.00	50.69	600m: 9:48.15	49.17	1000m: 16:21.73	49.33	1400m: 22:57.27	49.25
	250m: 4:03.39	50.39	650m: 10:38.01	49.86	1050m: 17:11.18	49.45	1450m: 23:46.65	49.38
	300m: 4:53.04	49.65	700m: 11:26.79	48.78	1100m: 18:00.60	49.42	1500m: 24:31.19	44.54
	350m: 5:42.61	49.57	750m: 12:16.47	49.68	1150m: 18:50.11	49.51		
	400m: 6:30.92	48.31	800m: 13:04.59	48.12	1200m: 19:39.36	49.25		

Masters 75+

1.	Rob Hanou	PSV	26:35.93	+1.09				
	50m: 45.13	45.13	450m: 7:50.87	53.02	850m: 15:03.42	53.69	1250m: 22:15.69	53.62
	100m: 1:37.99	52.86	500m: 8:45.41	54.54	900m: 15:58.54	55.12	1300m: 23:10.02	54.33
	150m: 2:31.80	53.81	550m: 9:38.74	53.33	950m: 16:51.77	53.23	1350m: 24:02.93	52.91
	200m: 3:25.64	53.84	600m: 10:33.57	54.83	1000m: 17:46.61	54.84	1400m: 24:57.29	54.36
	250m: 4:17.71	52.07	650m: 11:27.39	53.82	1050m: 18:40.55	53.94	1450m: 25:49.82	52.53
	300m: 5:11.09	53.38	700m: 12:21.77	54.38	1100m: 19:34.34	53.79	1500m: 26:35.93	46.11
	350m: 6:04.08	52.99	750m: 13:15.55	53.78	1150m: 20:27.89	53.55		
	400m: 6:57.85	53.77	800m: 14:09.73	54.18	1200m: 21:22.07	54.18		
2.	Geza Kaltenecker	AZC	29:15.75	+0.96				
	50m: 49.69	49.69	450m: 8:36.01	59.10	850m: 16:31.85	59.74	1250m: 24:26.30	59.75
	100m: 1:45.66	55.97	500m: 9:35.09	59.08	900m: 17:31.38	59.53	1300m: 25:26.15	59.85
	150m: 2:43.60	57.94	550m: 10:34.92	59.83	950m: 18:30.46	59.08	1350m: 26:25.28	59.13
	200m: 3:41.56	57.96	600m: 11:34.37	59.45	1000m: 19:29.14	58.68	1400m: 27:23.84	58.56
	250m: 4:40.46	58.90	650m: 12:33.30	58.93	1050m: 20:28.67	59.53	1450m: 28:23.29	59.45
	300m: 5:38.91	58.45	700m: 13:32.70	59.40	1100m: 21:27.89	59.22	1500m: 29:15.75	52.46
	350m: 6:38.06	59.15	750m: 14:32.78	1:00.08	1150m: 22:27.56	59.67		
	400m: 7:36.91	58.85	800m: 15:32.11	59.33	1200m: 23:26.55	58.99		

Masters 80+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	26:26.78					
	<i>Spanish Masters Record</i>							
	50m: 48.33	48.33	450m: 7:47.15	53.06	850m: 14:50.49	53.33	1250m: 21:59.97	54.45
	100m: 1:39.90	51.57	500m: 8:39.04	51.89	900m: 15:43.55	53.06	1300m: 22:53.97	54.00
	150m: 2:32.23	52.33	550m: 9:32.64	53.60	950m: 16:36.93	53.38	1350m: 23:48.66	54.69
	200m: 3:24.00	51.77	600m: 10:24.91	52.27	1000m: 17:30.44	53.51	1400m: 24:42.59	53.93
	250m: 4:15.99	51.99	650m: 11:18.01	53.10	1050m: 18:23.46	53.02	1450m: 25:36.82	54.23
	300m: 5:08.19	52.20	700m: 12:10.74	52.73	1100m: 19:17.66	54.20	1500m: 26:26.78	49.96
	350m: 6:01.27	53.08	750m: 13:04.40	53.66	1150m: 20:11.39	53.73		
	400m: 6:54.09	52.82	800m: 13:57.16	52.76	1200m: 21:05.52	54.13		
2.	Gregor Pompen	Aqua-Novio'94	34:30.17	+1.16				
	50m: 58.27	58.27	450m: 9:55.65	1:08.56	850m: 19:11.18	1:09.52	1250m: 28:40.74	1:11.72
	100m: 2:01.14	1:02.87	500m: 11:04.87	1:09.22	900m: 20:20.94	1:09.76	1300m: 29:51.77	1:11.03
	150m: 3:07.42	1:06.28	550m: 12:13.61	1:08.74	950m: 21:31.77	1:10.83	1350m: 31:02.03	1:10.26
	200m: 4:15.90	1:08.48	600m: 13:23.59	1:09.98	1000m: 22:43.60	1:11.83	1400m: 32:12.57	1:10.54
	250m: 5:23.90	1:08.00	650m: 14:32.10	1:08.51	1050m: 23:55.15	1:11.55	1450m: 33:23.48	1:10.91
	300m: 6:32.21	1:08.31	700m: 15:42.27	1:10.17	1100m: 25:06.34	1:11.19	1500m: 34:30.17	1:06.69
	350m: 7:38.80	1:06.59	750m: 16:51.74	1:09.47	1150m: 26:17.74	1:11.40		
	400m: 8:47.09	1:08.29	800m: 18:01.66	1:09.92	1200m: 27:29.02	1:11.28		

2 - ONMK 2019 lb sessie 2

03-05-2019 - 9:00

Programmanr. 3
03-05-2019 - 9:00

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA
Masters 20+					
1.	Hilde Dekker	ReVeLie Swim Team	4:51.83	+0.79	
	50m: 32.27	150m: 1:46.45	250m: 3:02.13	350m: 4:17.37	37.29
	100m: 1:08.98	200m: 2:24.33	300m: 3:40.08	400m: 4:51.83	34.46
2.	Brenda Zwarthoed	DAW	4:52.44	+0.63	
	50m: 32.37	150m: 1:46.13	250m: 3:01.79	350m: 4:17.22	37.41
	100m: 1:08.94	200m: 2:24.16	300m: 3:39.81	400m: 4:52.44	35.22
3.	Bibi Stokvis	Het Y	4:54.87	+0.64	
	50m: 32.60	150m: 1:46.48	250m: 3:02.47	350m: 4:18.42	37.94
	100m: 1:09.02	200m: 2:24.37	300m: 3:40.48	400m: 4:54.87	36.45
4.	Marije Dankelman	Dedemvaart-AC	4:56.71	+0.51	
	50m: 32.79	150m: 1:46.83	250m: 3:03.26	350m: 4:19.62	38.28
	100m: 1:08.76	200m: 2:25.07	300m: 3:41.34	400m: 4:56.71	37.09
5.	Marijke Drent	Nova	4:56.75	+0.57	
	50m: 33.10	150m: 1:47.74	250m: 3:04.65	350m: 4:21.50	38.26
	100m: 1:09.78	200m: 2:25.98	300m: 3:43.24	400m: 4:56.75	35.25
6.	Renée Vanderheyden	ReVeLie Swim Team	4:56.96	+0.65	
	50m: 32.48	150m: 1:47.00	250m: 3:02.84	350m: 4:19.62	38.21
	100m: 1:09.52	200m: 2:24.95	300m: 3:41.41	400m: 4:56.96	37.34
7.	Chantal Beijer	DWT	5:02.28	+0.67	
	50m: 32.80	150m: 1:46.58	250m: 3:04.85	350m: 4:23.35	39.34
	100m: 1:08.70	200m: 2:25.24	300m: 3:44.01	400m: 5:02.28	38.93
8.	Myra Smulders	Zwemvereniging Hoogland	5:03.10	+0.63	
	50m: 32.49	150m: 1:50.50	250m: 3:09.85	350m: 4:26.87	37.44
	100m: 1:10.69	200m: 2:30.06	300m: 3:49.43	400m: 5:03.10	36.23
9.	Fiona Meuffels	RZ	5:12.76	+0.47	
	50m: 33.50	150m: 1:48.83	250m: 3:10.19	350m: 4:33.86	41.76
	100m: 1:10.29	200m: 2:28.78	300m: 3:52.10	400m: 5:12.76	38.90
10.	Richenne Zeebregts	Nuenen	5:22.46	+0.59	
	50m: 32.98	150m: 1:51.28	250m: 3:14.63	350m: 4:40.72	43.39
	100m: 1:11.15	200m: 2:32.47	300m: 3:57.33	400m: 5:22.46	41.74
11.	Masha Odijk	GoSwim	5:50.55	+0.63	
	50m: 37.66	150m: 2:06.59	250m: 3:37.28	350m: 5:07.39	44.82
	100m: 1:21.06	200m: 2:52.15	300m: 4:22.57	400m: 5:50.55	43.16
12.	Rachel Trapman	De Duinkickers	5:51.07	+0.66	
	50m: 36.13	150m: 2:04.12	250m: 3:37.52	350m: 5:09.11	45.16
	100m: 1:18.71	200m: 2:50.88	300m: 4:23.95	400m: 5:51.07	41.96
13.	Jolijn Keegstra	SWOL 1894	5:51.35	+0.77	
	50m: 38.41	150m: 2:07.20	250m: 3:40.26	350m: 5:09.88	43.58
	100m: 1:21.85	200m: 2:53.14	300m: 4:26.30	400m: 5:51.35	41.47
14.	Nadine Scheeve	Zwemlust-den Hommel	6:13.14	+0.68	
	50m: 38.43	150m: 2:11.56	250m: 3:49.48	350m: 5:28.20	49.40
	100m: 1:23.82	200m: 3:00.25	300m: 4:38.80	400m: 6:13.14	44.94
15.	Cynthia van Veen	ZPC Woerden	6:14.99	+0.76	
	50m: 38.41	150m: 2:12.39	250m: 3:49.98	350m: 5:28.83	49.26
	100m: 1:24.20	200m: 3:01.14	300m: 4:39.57	400m: 6:14.99	46.16
16.	Maranka Huitema	Steenwijk 1934	6:29.61	+0.73	
	50m: 41.09	150m: 2:18.36	250m: 3:59.70	350m: 5:40.40	50.26
	100m: 1:28.35	200m: 3:08.65	300m: 4:50.14	400m: 6:29.61	49.21
17.	Iris Spijkstra	Aqualero	6:55.29	+0.65	
	50m: 43.24	150m: 2:28.25	250m: 4:16.89	350m: 6:04.44	54.03
	100m: 1:34.61	200m: 3:22.58	300m: 5:10.41	400m: 6:55.29	50.85

Programmanr. 3, Dames, 400m vrije slag

Masters 25+

1.	Maaïke Vooren	DAW	NED	199103324	4:48.06	+0.75
	50m: 32.55	32.55	150m: 1:45.21	36.79	250m: 2:58.90	36.60
	100m: 1:08.42	35.87	200m: 2:22.30	37.09	300m: 3:35.76	36.86
					350m: 4:12.43	36.67
					400m: 4:48.06	35.63
2.	Lotte Coenen	The Hague Swimming (SG)	NED	199301518	5:00.56	+0.75
	50m: 32.73	32.73	150m: 1:48.91	38.78	250m: 3:06.03	38.18
	100m: 1:10.13	37.40	200m: 2:27.85	38.94	300m: 3:44.82	38.79
					350m: 4:22.60	37.78
					400m: 5:00.56	37.96
3.	Désirée Emmen	De Warande	NED	199204862	5:07.08	+0.57
	50m: 32.95	32.95	150m: 1:48.20	38.73	250m: 3:07.14	40.13
	100m: 1:09.47	36.52	200m: 2:27.01	38.81	300m: 3:47.00	39.86
					350m: 4:27.75	40.75
					400m: 5:07.08	39.33
4.	Nanda de Vries	Steenwijk 1934	NED	199204328	5:08.31	+0.73
	50m: 33.29	33.29	150m: 1:49.13	38.63	250m: 3:08.24	39.92
	100m: 1:10.50	37.21	200m: 2:28.32	39.19	300m: 3:48.78	40.54
					350m: 4:29.42	40.64
					400m: 5:08.31	38.89
5.	Wendy de Bruin	ZOB'66	NED	199206320	5:14.26	+0.52
	50m: 33.99	33.99	150m: 1:50.90	39.16	250m: 3:11.93	40.58
	100m: 1:11.74	37.75	200m: 2:31.35	40.45	300m: 3:53.07	41.14
					350m: 4:34.00	40.93
					400m: 5:14.26	40.26
6.	Clara Van Roeyen	GBZ	BEL	20082/90	5:18.10	+0.77
	50m: 35.49	35.49	150m: 1:53.85	39.71	250m: 3:15.87	40.95
	100m: 1:14.14	38.65	200m: 2:34.92	41.07	300m: 3:57.44	41.57
					350m: 4:38.50	41.06
					400m: 5:18.10	39.60
7.	Suzanne Brummel	Octopus	NED	199401366	5:20.18	+0.70
	50m: 35.21	35.21	150m: 1:55.67	40.82	250m: 3:17.89	41.11
	100m: 1:14.85	39.64	200m: 2:36.78	41.11	300m: 3:58.72	40.83
					350m: 4:40.31	41.59
					400m: 5:20.18	39.87
8.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	NED	199100238	5:26.94	+0.66
	50m: 36.13	36.13	150m: 1:56.30	40.78	250m: 3:19.09	41.82
	100m: 1:15.52	39.39	200m: 2:37.27	40.97	300m: 4:01.66	42.57
					350m: 4:45.08	43.42
					400m: 5:26.94	41.86
9.	Getrude Corporaal	Steenwijk 1934	NED	199200380	5:27.19	+0.68
	50m: 35.46	35.46	150m: 1:56.40	41.36	250m: 3:22.41	43.58
	100m: 1:15.04	39.58	200m: 2:38.83	42.43	300m: 4:04.95	42.54
					350m: 4:47.40	42.45
					400m: 5:27.19	39.79
10.	Irmgard van Weeghel	ZPC Hatto Heim	NED	199204834	5:48.19	+0.53
	50m: 36.47	36.47	150m: 2:01.34	43.33	250m: 3:30.84	45.00
	100m: 1:18.01	41.54	200m: 2:45.84	44.50	300m: 4:17.20	46.36
					350m: 5:03.38	46.18
					400m: 5:48.19	44.81
11.	Charine de Ruiter	Steenwijk 1934	NED	199403668	5:53.11	+0.88
	50m: 37.92	37.92	150m: 2:04.35	44.29	250m: 3:36.09	46.20
	100m: 1:20.06	42.14	200m: 2:49.89	45.54	300m: 4:22.39	46.30
					350m: 5:08.58	46.19
					400m: 5:53.11	44.53
12.	Ilse Blankvoort	Steenwijk 1934	NED	199204458	5:53.45	+0.66
	50m: 37.36	37.36	150m: 2:03.12	43.83	250m: 3:33.53	45.51
	100m: 1:19.29	41.93	200m: 2:48.02	44.90	300m: 4:20.13	46.60
					350m: 5:06.89	46.76
					400m: 5:53.45	46.56
13.	Kimberley van Buren	De Duck	NED	199304136	5:56.71	+0.80
	50m: 37.93	37.93	150m: 2:05.85	45.01	250m: 3:38.68	46.61
	100m: 1:20.84	42.91	200m: 2:52.07	46.22	300m: 4:25.16	46.48
					350m: 5:12.06	46.90
					400m: 5:56.71	44.65
14.	Claudia Creemers	RZ	NED	199202864	6:50.71	+0.58
	50m: 41.19	41.19	150m: 2:17.97	50.24	250m: 4:06.38	54.38
	100m: 1:27.73	46.54	200m: 3:12.00	54.03	300m: 5:01.82	55.44
					350m: 5:56.40	54.58
					400m: 6:50.71	54.31
15.	Anouk Bloem	TRB-RES	NED	199000320	7:33.39	+0.98
	50m: 47.45	47.45	150m: 2:38.55	56.86	250m: 4:35.81	59.06
	100m: 1:41.69	54.24	200m: 3:36.75	58.20	300m: 5:35.16	59.35
					350m: 6:34.68	59.52
					400m: 7:33.39	58.71

Masters 30+

1.	Viktória Felföldi	Megathlon SE	HUN	4:53.60	+0.70	
	50m: 32.98	32.98	150m: 1:46.67	37.44	250m: 3:01.53	37.48
	100m: 1:09.23	36.25	200m: 2:24.05	37.38	300m: 3:39.20	37.67
					350m: 4:16.88	37.68
					400m: 4:53.60	36.72
2.	Lisanne Andeweg	Zuiderzeewemmers	NED	198800092	4:55.91	+0.70
	50m: 33.26	33.26	150m: 1:48.50	38.27	250m: 3:04.17	37.86
	100m: 1:10.23	36.97	200m: 2:26.31	37.81	300m: 3:41.81	37.64
					350m: 4:19.85	38.04
					400m: 4:55.91	36.06
3.	Suzan Blankestijn	ZVL-1886	NED	198900350	5:27.07	+0.54
	50m: 36.00	36.00	150m: 1:59.34	42.28	250m: 3:23.20	41.80
	100m: 1:17.06	41.06	200m: 2:41.40	42.06	300m: 4:04.77	41.57
					350m: 4:46.93	42.16
					400m: 5:27.07	40.14
4.	Isaline Manchel	CNSW	BEL	001284/85	5:49.43	+0.76
	50m: 39.29	39.29	150m: 2:07.43	44.63	250m: 3:35.91	43.95
	100m: 1:22.80	43.51	200m: 2:51.96	44.53	300m: 4:20.99	45.08
					350m: 5:05.51	44.52
					400m: 5:49.43	43.92

Programmanr. 3, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	tijd	RT	PARA
NG.ZA	Mara Epifani	Empire Sport and Resort	ITA 35447		

Masters 35+

1.	Ramona Linting	LinK	NED 198301274	5:19.11	+0.53			
	50m: 34.92	34.92	150m: 1:54.86	40.69	250m: 3:16.72	41.32	350m: 4:39.32	41.64
	100m: 1:14.17	39.25	200m: 2:35.40	40.54	300m: 3:57.68	40.96	400m: 5:19.11	39.79
2.	Yvonne Gerritsen	WVZ	NED 198000342	5:33.43	+0.66			
	50m: 34.99	34.99	150m: 1:57.16	42.12	250m: 3:23.97	43.53	350m: 4:51.34	43.35
	100m: 1:15.04	40.05	200m: 2:40.44	43.28	300m: 4:07.99	44.02	400m: 5:33.43	42.09
3.	Linda Hoogendam	WVZ	NED 198300892	5:53.15	+0.76			
	50m: 38.26	38.26	150m: 2:06.28	44.63	250m: 3:38.28	46.40	350m: 5:10.50	45.96
	100m: 1:21.65	43.39	200m: 2:51.88	45.60	300m: 4:24.54	46.26	400m: 5:53.15	42.65
4.	Esther van Buren	De Duinkickers	NED 198001670	7:07.50	+0.58			
	50m: 43.52	43.52	150m: 2:27.53	53.52	250m: 4:18.49	55.98	350m: 6:13.70	57.73
	100m: 1:34.01	50.49	200m: 3:22.51	54.98	300m: 5:15.97	57.48	400m: 7:07.50	53.80
5.	Rianne van Vegchelen	ZV 44	NED 198101530	7:24.34	+1.05			
	50m: 44.34	44.34	150m: 2:28.74	53.75	250m: 4:29.57	1:03.49	350m: 6:30.82	1:07.38
	100m: 1:34.99	50.65	200m: 3:26.08	57.34	300m: 5:23.44	53.87	400m: 7:24.34	53.52

Masters 40+

1.	Liselotte Joling	PSV	NED 197500268	5:00.37	+0.76			
	50m: 34.43	34.43	150m: 1:51.08	38.79	250m: 3:07.96	37.85	350m: 4:24.04	37.99
	100m: 1:12.29	37.86	200m: 2:30.11	39.03	300m: 3:46.05	38.09	400m: 5:00.37	36.33
2.	Petra Guijt	Aqua-Novio'94	NED 197600978	5:32.14	+0.81			
	50m: 36.99	36.99	150m: 2:01.11	42.60	250m: 3:26.40	42.64	350m: 4:51.69	42.42
	100m: 1:18.51	41.52	200m: 2:43.76	42.65	300m: 4:09.27	42.87	400m: 5:32.14	40.45
3.	Chantal Verhoeff	Old Dutch	NED 197900912	5:33.36	+0.85			
	50m: 36.32	36.32	150m: 2:00.69	42.81	250m: 3:26.77	42.62	350m: 4:52.09	42.71
	100m: 1:17.88	41.56	200m: 2:44.15	43.46	300m: 4:09.38	42.61	400m: 5:33.36	41.27
4.	Jannie Vennik	HZ&PC Heerenveen	NED 197601006	5:39.32	+0.87			
	50m: 38.10	38.10	150m: 2:02.65	42.92	250m: 3:30.11	44.19	350m: 4:56.86	43.30
	100m: 1:19.73	41.63	200m: 2:45.92	43.27	300m: 4:13.56	43.45	400m: 5:39.32	42.46
5.	Martine de Haart	Patrick-De Roersoppers (SG)	NED 197901492	5:43.94	+0.80			
	50m: 37.05	37.05	150m: 2:02.15	43.46	250m: 3:31.04	44.48	350m: 5:00.54	44.26
	100m: 1:18.69	41.64	200m: 2:46.56	44.41	300m: 4:16.28	45.24	400m: 5:43.94	43.40
6.	Margriet Daalman	De Spatters	NED 197801368	6:12.14	+0.73			
	50m: 39.10	39.10	150m: 2:08.12	45.56	250m: 3:44.74	48.61	350m: 5:23.68	49.70
	100m: 1:22.56	43.46	200m: 2:56.13	48.01	300m: 4:33.98	49.24	400m: 6:12.14	48.46
7.	Ingeborg Speelman Hamelink	Zwemclub Koewacht	NED 197601028	6:20.97	+0.74			
	50m: 38.92	38.92	150m: 2:10.29	47.02	250m: 3:49.20	49.78	350m: 5:30.78	50.87
	100m: 1:23.27	44.35	200m: 2:59.42	49.13	300m: 4:39.91	50.71	400m: 6:20.97	50.19
8.	Clementine van Bruxvoort	ZPB H&L Productions	NED 197700138	6:50.18	+0.74			
	50m: 44.86	44.86	150m: 2:27.46	52.29	250m: 4:13.33	53.11	350m: 5:59.84	53.51
	100m: 1:35.17	50.31	200m: 3:20.22	52.76	300m: 5:06.33	53.00	400m: 6:50.18	50.34
9.	Fabienne Verriet-Regensburg	VZV Njord	NED 197500428	7:28.18	+0.68			
	50m: 48.68	48.68	150m: 2:41.74	57.41	250m: 4:37.62	58.23	350m: 6:33.65	58.26
	100m: 1:44.33	55.65	200m: 3:39.39	57.65	300m: 5:35.39	57.77	400m: 7:28.18	54.53

Masters 45+

1.	Karin Stein	ZVVS	NED 197100554	5:08.41				
	50m: 35.26	35.26	150m: 1:52.44	39.04	250m: 3:10.86	39.20	350m: 4:29.92	39.40
	100m: 1:13.40	38.14	200m: 2:31.66	39.22	300m: 3:50.52	39.66	400m: 5:08.41	38.49
2.	Annette de Visser	Oceanus	NED 197100602	5:16.93	+0.77			
	50m: 34.66	34.66	150m: 1:53.71	40.21	250m: 3:15.52	40.82	350m: 4:37.42	41.12
	100m: 1:13.50	38.84	200m: 2:34.70	40.99	300m: 3:56.30	40.78	400m: 5:16.93	39.51
3.	Kathy Van Lindt	CNSW	BEL 007949/71	5:18.54	+0.86			
	50m: 35.91	35.91	150m: 1:55.07	40.18	250m: 3:16.66	41.01	350m: 4:39.03	41.42
	100m: 1:14.89	38.98	200m: 2:35.65	40.58	300m: 3:57.61	40.95	400m: 5:18.54	39.51

Programmanr. 3, Dames, 400m vrije slag, Masters 45+

rang	naam	vereniging							tijd	RT	PARA
4.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054					5:25.17	+0.85	
	50m: 35.64	35.64	150m: 1:56.71	41.45	250m: 3:20.71	41.74	350m: 4:45.49	42.41			
	100m: 1:15.26	39.62	200m: 2:38.97	42.26	300m: 4:03.08	42.37	400m: 5:25.17	39.68			
5.	Bianca Groot	MSV-Zeemacht	NED	197000652					5:29.77	+0.88	
	50m: 36.93	36.93	150m: 2:00.00	41.81	250m: 3:23.97	42.07	350m: 4:49.00	42.41			
	100m: 1:18.19	41.26	200m: 2:41.90	41.90	300m: 4:06.59	42.62	400m: 5:29.77	40.77			
6.	Natacha Van Hoof	Shark	BEL	20260/73					6:13.16	+0.78	
	50m: 42.03	42.03	150m: 2:15.92	47.39	250m: 3:51.45	47.70	350m: 5:27.97	48.38			
	100m: 1:28.53	46.50	200m: 3:03.75	47.83	300m: 4:39.59	48.14	400m: 6:13.16	45.19			
7.	Annet Kootstra	SWOL 1894	NED	197100344					6:21.85	+0.62	
	50m: 42.73	42.73	150m: 2:19.06	48.50	250m: 3:57.27	48.51	350m: 5:34.51	48.60			
	100m: 1:30.56	47.83	200m: 3:08.76	49.70	300m: 4:45.91	48.64	400m: 6:21.85	47.34			
8.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992					6:38.09	+0.60	
	50m: 43.09	43.09	150m: 2:22.86	51.13	250m: 4:04.98	51.35	350m: 5:47.82	51.48			
	100m: 1:31.73	48.64	200m: 3:13.63	50.77	300m: 4:56.34	51.36	400m: 6:38.09	50.27			
9.	Henriette Driesen-Joanknecht	Aqua-Novio'94	NED	197101056					7:20.47	+1.00	
	50m: 44.70	44.70	150m: 2:32.95	55.63	250m: 4:28.35	57.94	350m: 6:24.37	57.22			
	100m: 1:37.32	52.62	200m: 3:30.41	57.46	300m: 5:27.15	58.80	400m: 7:20.47	56.10			

Masters 50+

1.	Heidi den Boer	LinK	NED	196900864					5:10.65	+0.73	
	<i>Nederlands Masters Record</i>										
	50m: 33.51	33.51	150m: 1:50.41	39.54	250m: 3:11.20	40.30	350m: 4:31.56	40.05			
	100m: 1:10.87	37.36	200m: 2:30.90	40.49	300m: 3:51.51	40.31	400m: 5:10.65	39.09			
2.	Annette Wijinja-Visser	De Biesboschzwemmers	NED	196700528					5:36.69	+0.69	
	50m: 36.52	36.52	150m: 1:59.91	42.36	250m: 3:26.44	43.39	350m: 4:53.91	43.68			
	100m: 1:17.55	41.03	200m: 2:43.05	43.14	300m: 4:10.23	43.79	400m: 5:36.69	42.78			
3.	Henriëtte v. Norden	ZPC AMERSFOORT	NED	196800046					5:48.51	+0.87	
	50m: 38.36	38.36	150m: 2:06.21	44.65	250m: 3:35.81	44.62	350m: 5:05.70	44.84			
	100m: 1:21.56	43.20	200m: 2:51.19	44.98	300m: 4:20.86	45.05	400m: 5:48.51	42.81			
4.	Marijke Campfens	De Geul	NED	196900960					5:50.56	+0.52	
	50m: 39.23	39.23	150m: 2:06.29	44.45	250m: 3:37.51	45.65	350m: 5:07.75	44.99			
	100m: 1:21.84	42.61	200m: 2:51.86	45.57	300m: 4:22.76	45.25	400m: 5:50.56	42.81			
5.	Christel Aerts	Tessenderlo zwemclub	BEL	20061/66					6:03.23	+0.92	
	50m: 39.94	39.94	150m: 2:10.75	46.66	250m: 3:44.73	47.30	350m: 5:19.06	47.42			
	100m: 1:24.09	44.15	200m: 2:57.43	46.68	300m: 4:31.64	46.91	400m: 6:03.23	44.17			
6.	Linda Goderie	Rotterdam Swimming (SG)	NED	196900976					6:19.37	+0.81	
	50m: 40.91	40.91	150m: 2:15.96	48.92	250m: 3:54.45	49.78	350m: 5:33.87	49.88			
	100m: 1:27.04	46.13	200m: 3:04.67	48.71	300m: 4:43.99	49.54	400m: 6:19.37	45.50			
7.	Kristien Van de Moortel	Shark	BEL	20315/69					6:37.03	+0.77	
	50m: 43.86	43.86	150m: 2:23.91	50.29	250m: 4:06.31	51.10	350m: 5:48.31	50.94			
	100m: 1:33.62	49.76	200m: 3:15.21	51.30	300m: 4:57.37	51.06	400m: 6:37.03	48.72			
8.	Annette van Dok	MSV-Zeemacht	NED	196800742					6:42.83	+0.74	
	50m: 43.37	43.37	150m: 2:22.38	50.35	250m: 4:06.05	51.86	350m: 5:51.67	53.02			
	100m: 1:32.03	48.66	200m: 3:14.19	51.81	300m: 4:58.65	52.60	400m: 6:42.83	51.16			
9.	Sandra Daamen-Posma	AZC	NED	196800854					6:43.07	+0.80	
	50m: 42.57	42.57	150m: 2:21.08	50.52	250m: 4:05.89	52.42	350m: 5:51.99	53.24			
	100m: 1:30.56	47.99	200m: 3:13.47	52.39	300m: 4:58.75	52.86	400m: 6:43.07	51.08			
10.	Roselinda van der Vlugt	De Geul	NED	196700710					7:38.23	+0.80	
	50m: 47.09	47.09	150m: 2:43.69	59.59	250m: 4:42.28	58.86	350m: 6:43.28	1:00.92			
	100m: 1:44.10	57.01	200m: 3:43.42	59.73	300m: 5:42.36	1:00.08	400m: 7:38.23	54.95			
11.	Ann Vandembrouck	Royal Ostend Swimming Club	BEL	20321/65					8:02.98	+0.94	
	50m: 51.42	51.42	150m: 2:52.90	1:01.78	250m: 4:56.70	1:01.80	350m: 7:02.20	1:02.74			
	100m: 1:51.12	59.70	200m: 3:54.90	1:02.00	300m: 5:59.46	1:02.76	400m: 8:02.98	1:00.78			

Programmanr. 3, Dames, 400m vrije slag

Masters 55+

1.	Wilna Heijman	Steenwijk 1934	NED	196400506	5:39.39	+0.84
	50m: 38.48 38.48	150m: 2:03.36 42.95		250m: 3:30.69 43.69	350m: 4:57.54 42.81	
	100m: 1:20.41 41.93	200m: 2:47.00 43.64		300m: 4:14.73 44.04	400m: 5:39.39 41.85	
2.	Petra Tossings	DAW	NED	196100376	6:00.21	+0.58
	50m: 40.08 40.08	150m: 2:10.39 45.58		250m: 3:43.03 46.78	350m: 5:16.21 46.60	
	100m: 1:24.81 44.73	200m: 2:56.25 45.86		300m: 4:29.61 46.58	400m: 6:00.21 44.00	
3.	Margriet Grove-Lingeman	Triton	NED	196200080	6:02.69	+0.78
	50m: 40.13 40.13	150m: 2:10.16 45.68		250m: 3:42.75 46.45	350m: 5:16.72 47.15	
	100m: 1:24.48 44.35	200m: 2:56.30 46.14		300m: 4:29.57 46.82	400m: 6:02.69 45.97	
4.	Marjan Spoelstra	SWOL 1894	NED	196000236	6:38.39	+0.85
	50m: 45.37 45.37	150m: 2:26.76 52.10		250m: 4:09.47 50.88	350m: 5:50.13 50.62	
	100m: 1:34.66 49.29	200m: 3:18.59 51.83		300m: 4:59.51 50.04	400m: 6:38.39 48.26	
5.	Erica Muller	De Geul	NED	196400412	6:42.69	+0.54
	50m: 45.37 45.37	150m: 2:27.25 51.51		250m: 4:10.82 51.66	350m: 5:53.36 50.80	
	100m: 1:35.74 50.37	200m: 3:19.16 51.91		300m: 5:02.56 51.74	400m: 6:42.69 49.33	
6.	Jennie Resink-lindeboom	DWK	NED	196000142	6:46.52	
	50m: 43.91 43.91	150m: 2:24.12 51.33		250m: 4:08.86 52.86	350m: 5:55.54 53.52	
	100m: 1:32.79 48.88	200m: 3:16.00 51.88		300m: 5:02.02 53.16	400m: 6:46.52 50.98	
7.	Marie-Jeanne Vandormael	GZ Neptunus	BEL	21035/63	7:11.14	+0.74
	50m: 48.52 48.52	150m: 2:36.66 54.95		250m: 4:28.17 55.64	350m: 6:19.81 56.24	
	100m: 1:41.71 53.19	200m: 3:32.53 55.87		300m: 5:23.57 55.40	400m: 7:11.14 51.33	
8.	Petra Ros	ZCNF'34	NED	196100398	8:09.22	+1.00
	50m: 51.54 51.54	150m: 2:53.55 1:02.81		250m: 5:01.47 1:04.71	350m: 7:10.53 1:05.35	
	100m: 1:50.74 59.20	200m: 3:56.76 1:03.21		300m: 6:05.18 1:03.71	400m: 8:09.22 58.69	

Masters 60+

1.	Margriet Pasma	De Inktvis	NED	195500088	6:26.13	+0.85
	50m: 43.48 43.48	150m: 2:21.02 49.64		250m: 3:59.42 49.45	350m: 5:38.25 49.66	
	100m: 1:31.38 47.90	200m: 3:09.97 48.95		300m: 4:48.59 49.17	400m: 6:26.13 47.88	
2.	Hannie Poletiek	TriVia	NED	195900278	6:48.91	+0.96
	50m: 45.25 45.25	150m: 2:26.00 51.68		250m: 4:11.01 52.66	350m: 5:57.13 53.24	
	100m: 1:34.32 49.07	200m: 3:18.35 52.35		300m: 5:03.89 52.88	400m: 6:48.91 51.78	
3.	Karien Musters	Old Dutch	NED	195800236	8:38.18	+0.65
	50m: 53.44 53.44	150m: 2:58.99 1:04.64		250m: 5:14.35 1:07.98	350m: 7:31.55 1:08.40	
	100m: 1:54.35 1:00.91	200m: 4:06.37 1:07.38		300m: 6:23.15 1:08.80	400m: 8:38.18 1:06.63	
4.	Lies Hartman	PSV	NED	195600116	10:06.95	+1.00
	50m: 1:00.26 1:00.26	150m: 3:30.32 1:18.18		250m: 6:08.75 1:19.45	350m: 8:50.02 1:20.12	
	100m: 2:12.14 1:11.88	200m: 4:49.30 1:18.98		300m: 7:29.90 1:21.15	400m: 10:06.95 1:16.93	

Masters 65+

1.	Ineke Weekers	PSV	NED	195300050	5:46.88	+0.56
	<i>Kampioenschapsrecord</i>					
	50m: 39.17 39.17	150m: 2:05.82 43.87		250m: 3:34.25 43.91	350m: 5:03.29 44.72	
	100m: 1:21.95 42.78	200m: 2:50.34 44.52		300m: 4:18.57 44.32	400m: 5:46.88 43.59	
2.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	7:39.71	+0.58
	50m: 50.10 50.10	150m: 2:48.13 1:00.45		250m: 4:48.93 59.81	350m: 6:46.59 57.05	
	100m: 1:47.68 57.58	200m: 3:49.12 1:00.99		300m: 5:49.54 1:00.61	400m: 7:39.71 53.12	
3.	Geerdien Meerwaldt	De Geul	NED	195200058	9:03.33	
	50m: 1:00.97 1:00.97	150m: 3:18.85 1:09.08		250m: 5:37.38 1:08.78	350m: 7:55.29 1:08.74	
	100m: 2:09.77 1:08.80	200m: 4:28.60 1:09.75		300m: 6:46.55 1:09.17	400m: 9:03.33 1:08.04	
4.	Janny van der Weide	Deltasteur	NED	195100066	9:42.90	
	50m: 1:03.52 1:03.52	150m: 3:29.58 1:14.97		250m: 5:59.90 1:15.01	350m: 8:29.14 1:13.29	
	100m: 2:14.61 1:11.09	200m: 4:44.89 1:15.31		300m: 7:15.85 1:15.95	400m: 9:42.90 1:13.76	

Programmanr. 3, Dames, 400m vrije slag

Masters 70+

1.	Annie Smits	PSV	NED	194600016	8:15.02	+1.30
	50m: 55.93	55.93	150m: 3:02.48	1:03.63	250m: 5:09.45	1:03.10
	100m: 1:58.85	1:02.92	200m: 4:06.35	1:03.87	300m: 6:12.81	1:03.36
					350m: 7:15.60	1:02.79
					400m: 8:15.02	59.42
2.	Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	9:13.78	+1.05
	50m: 58.60	58.60	150m: 3:19.29	1:11.73	250m: 5:42.42	1:11.99
	100m: 2:07.56	1:08.96	200m: 4:30.43	1:11.14	300m: 6:54.29	1:11.87
					350m: 8:05.66	1:11.37
					400m: 9:13.78	1:08.12

Programmanr. 4
03-05-2019 - 10:02

Heren, 400m vrije slag
15 min. Pauze na serie 3 / Break after Heat 3

Masters Open
Resultaten

rang	naam	vereniging				tijd	RT	PARA
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Masters 20+

1.	Jeffrey Camphens	DWT	NED	199503113	4:31.57	+0.60		
	50m: 29.91	29.91	150m: 1:39.60	34.87	250m: 2:49.82	34.71	350m: 3:59.01	34.35
	100m: 1:04.73	34.82	200m: 2:15.11	35.51	300m: 3:24.66	34.84	400m: 4:31.57	32.56
2.	Felix Geenen	DAW	NED	199501085	4:31.66	+0.74		
	50m: 30.11	30.11	150m: 1:39.71	35.07	250m: 2:48.73	33.25	350m: 3:57.33	33.52
	100m: 1:04.64	34.53	200m: 2:15.48	35.77	300m: 3:23.81	35.08	400m: 4:31.66	34.33
3.	Robin van Beek	ZVL-1886	NED	199704023	4:31.91	+0.65		
	50m: 30.17	30.17	150m: 1:36.77	33.79	250m: 2:46.15	34.84	350m: 3:57.62	35.91
	100m: 1:02.98	32.81	200m: 2:11.31	34.54	300m: 3:21.71	35.56	400m: 4:31.91	34.29
4.	Nordin Termoshuizen	WVZ	NED	199605401	4:41.41	+0.67		
	50m: 31.36	31.36	150m: 1:41.80	35.41	250m: 2:54.55	36.07	350m: 4:07.10	36.18
	100m: 1:06.39	35.03	200m: 2:18.48	36.68	300m: 3:30.92	36.37	400m: 4:41.41	34.31
5.	Jordy van Oel	WVZ	NED	199802003	4:42.39	+0.68		
	50m: 31.48	31.48	150m: 1:43.45	36.23	250m: 2:55.77	36.37	350m: 4:08.86	36.74
	100m: 1:07.22	35.74	200m: 2:19.40	35.95	300m: 3:32.12	36.35	400m: 4:42.39	33.53
6.	Wesley van der Luit	Sassenheim	NED	199701895	4:53.98	+0.65		
	50m: 32.81	32.81	150m: 1:46.55	37.45	250m: 3:02.51	37.73	350m: 4:18.72	38.02
	100m: 1:09.10	36.29	200m: 2:24.78	38.23	300m: 3:40.70	38.19	400m: 4:53.98	35.26
7.	Lars Jacobsen	DWK	NED	199705453	4:57.88	+0.93	S14	617
	50m: 31.88	31.88	150m: 1:46.94	37.96	250m: 3:03.97	38.03	350m: 4:20.79	37.83
	100m: 1:08.98	37.10	200m: 2:25.94	39.00	300m: 3:42.96	38.99	400m: 4:57.88	37.09
8.	Patrick Wyrdean	Feijenoord Albion Zwemclub	NED	199702475	4:58.64	+0.57		
	50m: 32.65	32.65	150m: 1:46.36	37.46	250m: 3:02.47	38.36	350m: 4:20.35	39.30
	100m: 1:08.90	36.25	200m: 2:24.11	37.75	300m: 3:41.05	38.58	400m: 4:58.64	38.29

Masters 25+

1.	Tim Bunnik	Triton	NED	199000505	4:38.10	+0.72		
	50m: 30.63	30.63	150m: 1:39.14	35.24	250m: 2:50.58	36.12	350m: 4:02.79	35.75
	100m: 1:03.90	33.27	200m: 2:14.46	35.32	300m: 3:27.04	36.46	400m: 4:38.10	35.31
2.	Patrick Creemers	RZ	NED	199000579	4:44.96	+0.71		
	50m: 31.33	31.33	150m: 1:44.12	36.92	250m: 2:58.42	36.76	350m: 4:10.65	36.19
	100m: 1:07.20	35.87	200m: 2:21.66	37.54	300m: 3:34.46	36.04	400m: 4:44.96	34.31
3.	Martino Valentijn	DIO	NED	199403913	4:53.87	+0.63		
	50m: 32.36	32.36	150m: 1:45.89	37.61	250m: 3:01.84	37.92	350m: 4:18.12	38.11
	100m: 1:08.28	35.92	200m: 2:23.92	38.03	300m: 3:40.01	38.17	400m: 4:53.87	35.75
4.	Ruben de Boer	De Duinkickers	NED	199301419	4:56.52	+0.58		
	50m: 34.67	34.67	150m: 1:49.29	37.33	250m: 3:04.29	37.05	350m: 4:20.05	37.78
	100m: 1:11.96	37.29	200m: 2:27.24	37.95	300m: 3:42.27	37.98	400m: 4:56.52	36.47
5.	Maik Steenkamp	Montferland	NED	199103847	4:57.27	+0.70		
	50m: 31.78	31.78	150m: 1:44.77	36.93	250m: 3:00.45	38.09	350m: 4:19.15	39.38
	100m: 1:07.84	36.06	200m: 2:22.36	37.59	300m: 3:39.77	39.32	400m: 4:57.27	38.12
6.	Tom de Lange	Deltasteur	NED	199300303	6:04.43	+0.80		
	50m: 36.13	36.13	150m: 2:03.07	45.20	250m: 3:37.47	47.73	350m: 5:17.93	51.09
	100m: 1:17.87	41.74	200m: 2:49.74	46.67	300m: 4:26.84	49.37	400m: 6:04.43	46.50

Programmanr. 4, Heren, 400m vrije slag, Masters 25+

rang	naam	vereniging						tijd	RT	PARA
7.	Rick Vaarkamp	Triton Putten	NED	199404979				7:20.23	+0.90	
	50m: 42.93	42.93	150m: 2:30.00	55.84	250m: 4:27.17	59.77	350m: 6:26.00	59.07		
	100m: 1:34.16	51.23	200m: 3:27.40	57.40	300m: 5:26.93	59.76	400m: 7:20.23	54.23		

Masters 30+

1.	Alex Schelvis	LinK	NED	198702927				4:30.34	+0.67	
	50m: 30.20	30.20	150m: 1:36.77	33.61	250m: 2:45.92	34.98	350m: 3:56.50	35.43		
	100m: 1:03.16	32.96	200m: 2:10.94	34.17	300m: 3:21.07	35.15	400m: 4:30.34	33.84		
2.	Klaas van Beek	ZV Haerlem	NED	198805941				4:33.32	+0.68	
	50m: 30.36	30.36	150m: 1:38.19	34.50	250m: 2:48.05	34.92	350m: 3:59.42	35.81		
	100m: 1:03.69	33.33	200m: 2:13.13	34.94	300m: 3:23.61	35.56	400m: 4:33.32	33.90		
3.	Sander van Elburg	PSV	NED	198800937				4:41.49	+0.62	
	50m: 30.24	30.24	150m: 1:40.67	35.69	250m: 2:52.76	36.19	350m: 4:05.56	36.43		
	100m: 1:04.98	34.74	200m: 2:16.57	35.90	300m: 3:29.13	36.37	400m: 4:41.49	35.93		
4.	Niels Albrechts	SGGO (SG)	NED	198800039				4:53.16	+0.71	
	50m: 33.20	33.20	150m: 1:47.07	37.34	250m: 3:02.73	38.12	350m: 4:18.75	38.09		
	100m: 1:09.73	36.53	200m: 2:24.61	37.54	300m: 3:40.66	37.93	400m: 4:53.16	34.41		
5.	Wessel Everloo	De Veene	NED	198906597	S14			4:54.03	+0.73	642
	50m: 32.37	32.37	150m: 1:46.96	38.13	250m: 3:02.60	37.12	350m: 4:19.23	37.92		
	100m: 1:08.83	36.46	200m: 2:25.48	38.52	300m: 3:41.31	38.71	400m: 4:54.03	34.80		
6.	Mark Godwaldt	PSV	NED	198701039				5:12.31	+0.80	
	50m: 32.51	32.51	150m: 1:47.74	38.48	250m: 3:08.40	41.43	350m: 4:31.55	41.39		
	100m: 1:09.26	36.75	200m: 2:26.97	39.23	300m: 3:50.16	41.76	400m: 5:12.31	40.76		
7.	Rudi Butselaar	GoSwim	NED	198700577				5:56.80	+0.66	
	50m: 37.52	37.52	150m: 2:05.45	45.71	250m: 3:39.65	47.56	350m: 5:13.74	47.23		
	100m: 1:19.74	42.22	200m: 2:52.09	46.64	300m: 4:26.51	46.86	400m: 5:56.80	43.06		

Masters 35+

1.	Erik Schröder <i>Kampioenschapsrecord</i>	TriVia	NED	198402025				4:29.41	+0.71	
	50m: 29.46	29.46	150m: 1:36.22	33.98	250m: 2:45.09	34.55	350m: 3:55.34	34.99		
	100m: 1:02.24	32.78	200m: 2:10.54	34.32	300m: 3:20.35	35.26	400m: 4:29.41	34.07		
2.	Kristiaan Lenos	ZVL-1886	NED	198301331				4:36.54	+0.74	
	50m: 30.44	30.44	150m: 1:37.86	34.02	250m: 2:48.44	35.63	350m: 4:01.18	36.64		
	100m: 1:03.84	33.40	200m: 2:12.81	34.95	300m: 3:24.54	36.10	400m: 4:36.54	35.36		
3.	Federico Cappello	Entente Sportive Nanterre	FRA	2749459				4:37.48	+0.59	
	50m: 30.44	30.44	150m: 1:38.70	35.10	250m: 2:50.39	36.59	350m: 4:03.29	36.23		
	100m: 1:03.60	33.16	200m: 2:13.80	35.10	300m: 3:27.06	36.67	400m: 4:37.48	34.19		
4.	Marcel Reefhuis	WS Twente	NED	198101381				4:45.39	+0.73	
	50m: 31.45	31.45	150m: 1:41.98	35.70	250m: 2:54.37	36.20	350m: 4:08.45	37.20		
	100m: 1:06.28	34.83	200m: 2:18.17	36.19	300m: 3:31.25	36.88	400m: 4:45.39	36.94		
5.	Rob van Vliet	ZPC AMERSFOORT	NED	198402459				4:51.54	+0.71	
	50m: 31.69	31.69	150m: 1:44.23	36.96	250m: 2:59.44	37.83	350m: 4:14.47	38.09		
	100m: 1:07.27	35.58	200m: 2:21.61	37.38	300m: 3:36.38	36.94	400m: 4:51.54	37.07		
6.	Frank v.d. Voordt	SGGO (SG)	NED	198302259				4:53.74	+0.55	
	50m: 33.04	33.04	150m: 1:47.51	37.65	250m: 3:02.89	36.88	350m: 4:17.27	37.13		
	100m: 1:09.86	36.82	200m: 2:26.01	38.50	300m: 3:40.14	37.25	400m: 4:53.74	36.47		
7.	Wilco Steenwijk	ZVV	NED	198002465				5:40.07	+0.76	
	50m: 34.65	34.65	150m: 1:57.67	42.36	250m: 3:25.45	44.02	350m: 4:55.99	45.51		
	100m: 1:15.31	40.66	200m: 2:41.43	43.76	300m: 4:10.48	45.03	400m: 5:40.07	44.08		
8.	Nicolas Slegers	CNSW	BEL	005301/84				5:41.06	+0.79	
	50m: 36.54	36.54	150m: 2:00.24	42.98	250m: 3:30.11	45.54	350m: 4:58.47	43.48		
	100m: 1:17.26	40.72	200m: 2:44.57	44.33	300m: 4:14.99	44.88	400m: 5:41.06	42.59		
9.	Edward van Dootingh	ZV 44	NED	198403341				5:51.12	+0.74	
	50m: 36.63	36.63	150m: 2:01.45	43.32	250m: 3:33.02	46.24	350m: 5:06.45	46.46		
	100m: 1:18.13	41.50	200m: 2:46.78	45.33	300m: 4:19.99	46.97	400m: 5:51.12	44.67		

Programmanr. 4, Heren, 400m vrije slag

Masters 40+

1.	Dennis Brouwers	HZPC	NED	197800167	4:40.91	+0.67
	50m: 31.49	31.49	150m: 1:41.54	35.52	250m: 2:53.41	35.59
	100m: 1:06.02	34.53	200m: 2:17.82	36.28	300m: 3:29.26	35.85
					350m: 4:05.28	36.02
					400m: 4:40.91	35.63
2.	Casper Hut	HZ&PC Heerenveen	NED	197800471	4:41.18	+0.58
	50m: 30.59	30.59	150m: 1:39.24	34.61	250m: 2:50.62	35.98
	100m: 1:04.63	34.04	200m: 2:14.64	35.40	300m: 3:27.41	36.79
					350m: 4:04.78	37.37
					400m: 4:41.18	36.40
3.	Ivo Roozeboom	WVZ	NED	197700801	4:42.75	+0.73
	50m: 31.60	31.60	150m: 1:43.94	36.38	250m: 2:56.64	36.37
	100m: 1:07.56	35.96	200m: 2:20.27	36.33	300m: 3:32.66	36.02
					350m: 4:08.63	35.97
					400m: 4:42.75	34.12
4.	Victor Barnar	GoSwim	NED	197801805	4:52.77	+0.64
	50m: 31.04	31.04	150m: 1:40.07	35.26	250m: 2:55.82	38.15
	100m: 1:04.81	33.77	200m: 2:17.67	37.60	300m: 3:34.89	39.07
					350m: 4:14.40	39.51
					400m: 4:52.77	38.37
5.	Alex Damen	DAW	NED	197501371	4:56.61	+0.71
	50m: 33.30	33.30	150m: 1:47.04	37.01	250m: 3:02.76	37.87
	100m: 1:10.03	36.73	200m: 2:24.89	37.85	300m: 3:40.90	38.14
					350m: 4:19.51	38.61
					400m: 4:56.61	37.10
6.	Bas Broekhuis	MZ&PC	NED	197601561	5:18.45	+0.71
	50m: 34.74	34.74	150m: 1:53.33	40.07	250m: 3:16.17	41.53
	100m: 1:13.26	38.52	200m: 2:34.64	41.31	300m: 3:58.11	41.94
					350m: 4:39.47	41.36
					400m: 5:18.45	38.98
7.	Ingmar Kooman	ZVL-1886	NED	197901517	5:30.54	+0.56
	50m: 35.48	35.48	150m: 1:58.27	42.45	250m: 3:24.58	42.85
	100m: 1:15.82	40.34	200m: 2:41.73	43.46	300m: 4:08.45	43.87
					350m: 4:50.56	42.11
					400m: 5:30.54	39.98
8.	Tom Bandsma	PSV	NED	197701625	5:47.04	+0.89
	50m: 36.79	36.79	150m: 1:59.49	42.24	250m: 3:30.30	45.92
	100m: 1:17.25	40.46	200m: 2:44.38	44.89	300m: 4:16.67	46.37
					350m: 5:02.70	46.03
					400m: 5:47.04	44.34

Masters 45+

1.	Vedestas Seferlis <i>Lithuanian Masters Record</i>	Kauno Takas	LTU	4:39.05	+0.65	
	50m: 31.60	31.60	150m: 1:41.36	35.32	250m: 2:53.34	36.02
	100m: 1:06.04	34.44	200m: 2:17.32	35.96	300m: 3:29.13	35.79
					350m: 4:05.25	36.12
					400m: 4:39.05	33.80
2.	Joeri Stoffels	AZC	NED	197300851	5:02.73	+1.00
	50m: 32.98	32.98	150m: 1:49.70	39.32	250m: 3:09.51	39.79
	100m: 1:10.38	37.40	200m: 2:29.72	40.02	300m: 3:47.42	37.91
					350m: 4:25.16	37.74
					400m: 5:02.73	37.57
3.	Eric Hoekman	WS Twente	NED	197401531	5:19.32	+0.84
	50m: 32.95	32.95	150m: 1:49.53	39.84	250m: 3:14.05	42.46
	100m: 1:09.69	36.74	200m: 2:31.59	42.06	300m: 3:56.56	42.51
					350m: 4:39.82	43.26
					400m: 5:19.32	39.50
4.	Bruno Nahon	CNSW	BEL	000390/70	5:19.55	+0.81
	50m: 35.20	35.20	150m: 1:52.63	39.76	250m: 3:14.94	41.64
	100m: 1:12.87	37.67	200m: 2:33.30	40.67	300m: 3:56.44	41.50
					350m: 4:38.81	42.37
					400m: 5:19.55	40.74
5.	Ingmar de Gelder	ZOB'66	NED	197000333	5:20.65	+0.75
	50m: 32.91	32.91	150m: 1:49.38	39.81	250m: 3:13.88	42.81
	100m: 1:09.57	36.66	200m: 2:31.07	41.69	300m: 3:57.26	43.38
					350m: 4:40.13	42.87
					400m: 5:20.65	40.52
6.	Chris Kouwenhoven	Steenwijk 1934	NED	197101669	5:21.86	+0.82
	50m: 35.82	35.82	150m: 1:57.00	41.10	250m: 3:19.18	40.94
	100m: 1:15.90	40.08	200m: 2:38.24	41.24	300m: 4:00.83	41.65
					350m: 4:42.22	41.39
					400m: 5:21.86	39.64
7.	Kasper van den Berghe	SWOL 1894	NED	197301125	5:29.78	+0.68
	50m: 35.96	35.96	150m: 1:58.26	42.20	250m: 3:22.33	42.25
	100m: 1:16.06	40.10	200m: 2:40.08	41.82	300m: 4:04.74	42.41
					350m: 4:48.13	43.39
					400m: 5:29.78	41.65
8.	Wouter van der Stelt	De Biesboschzwemmers	NED	197200889	5:44.72	+0.64
	50m: 36.79	36.79	150m: 2:01.61	43.44	250m: 3:30.61	44.47
	100m: 1:18.17	41.38	200m: 2:46.14	44.53	300m: 4:15.64	45.03
					350m: 5:00.04	44.40
					400m: 5:44.72	44.68
9.	Pieter Bardelmeijer	Deltasteur	NED	197201665	7:04.50	+0.99
	50m: 41.77	41.77	150m: 2:20.47	51.33	250m: 4:13.44	58.25
	100m: 1:29.14	47.37	200m: 3:15.19	54.72	300m: 5:10.18	56.74
					350m: 6:08.31	58.13
					400m: 7:04.50	56.19

Programmanr. 4, Heren, 400m vrije slag

Masters 50+

1.	Geert Wijn		De Gelsenberg	NED	196701101		4:50.81	+0.61
	50m: 33.12	33.12	150m: 1:47.22	36.86	250m: 3:01.67	37.04	350m: 4:15.49	36.82
	100m: 1:10.36	37.24	200m: 2:24.63	37.41	300m: 3:38.67	37.00	400m: 4:50.81	35.32
2.	Pieter van Gemenen		DAW	NED	196901779		4:52.55	+0.74
	50m: 33.22	33.22	150m: 1:47.78	37.07	250m: 3:03.80	37.89	350m: 4:18.21	35.96
	100m: 1:10.71	37.49	200m: 2:25.91	38.13	300m: 3:42.25	38.45	400m: 4:52.55	34.34
3.	Jo-An Mudde		Arethusa	NED	196701457		4:54.47	+0.75
	50m: 33.42	33.42	150m: 1:47.69	37.07	250m: 3:02.24	37.07	350m: 4:17.12	37.25
	100m: 1:10.62	37.20	200m: 2:25.17	37.48	300m: 3:39.87	37.63	400m: 4:54.47	37.35
4.	Frank van Nobelen		Sassenheim	NED	196900753		5:05.34	+0.70
	50m: 33.96	33.96	150m: 1:49.45	38.55	250m: 3:07.81	39.50	350m: 4:27.11	39.53
	100m: 1:10.90	36.94	200m: 2:28.31	38.86	300m: 3:47.58	39.77	400m: 5:05.34	38.23
5.	Nico Paasse		SGGO (SG)	NED	196501463		5:16.37	+0.83
	50m: 34.77	34.77	150m: 1:54.33	40.65	250m: 3:16.83	41.56	350m: 4:38.29	40.72
	100m: 1:13.68	38.91	200m: 2:35.27	40.94	300m: 3:57.57	40.74	400m: 5:16.37	38.08
6.	Henri Michels		De Amstel	NED	196501587		5:16.64	+0.86
	50m: 33.82	33.82	150m: 1:51.08	39.58	250m: 3:13.32	41.41	350m: 4:36.33	41.36
	100m: 1:11.50	37.68	200m: 2:31.91	40.83	300m: 3:54.97	41.65	400m: 5:16.64	40.31
7.	Arno Schrauwen		Patrick-De Roersoppers (SG)	NED	196501355		5:22.98	+0.69
	50m: 33.82	33.82	150m: 1:54.04	41.23	250m: 3:18.00	42.19	350m: 4:42.22	42.25
	100m: 1:12.81	38.99	200m: 2:35.81	41.77	300m: 3:59.97	41.97	400m: 5:22.98	40.76
8.	Hans Bouwmeester		ZVL-1886	NED	196700127		5:23.67	+0.79
	50m: 33.06	33.06	150m: 1:49.59	39.80	250m: 3:13.70	42.47	350m: 4:40.67	43.80
	100m: 1:09.79	36.73	200m: 2:31.23	41.64	300m: 3:56.87	43.17	400m: 5:23.67	43.00
9.	Otto Jansen		ZVL-1886	NED	196501403		5:26.99	+0.68
	50m: 34.68	34.68	150m: 1:56.39	41.55	250m: 3:20.78	42.22	350m: 4:45.98	42.21
	100m: 1:14.84	40.16	200m: 2:38.56	42.17	300m: 4:03.77	42.99	400m: 5:26.99	41.01
10.	Harold Matla		PSV	NED	196800591		5:31.97	+0.84
	50m: 35.37	35.37	150m: 1:58.26	42.06	250m: 3:24.50	43.12	350m: 4:51.46	43.39
	100m: 1:16.20	40.83	200m: 2:41.38	43.12	300m: 4:08.07	43.57	400m: 5:31.97	40.51
11.	Christophe Wadin		Royal Dauphins Mouscronnois	BEL	005113/68		5:37.58	+0.74
	50m: 34.11	34.11	150m: 1:55.88	41.85	250m: 3:23.46	44.09	350m: 4:53.73	45.39
	100m: 1:14.03	39.92	200m: 2:39.37	43.49	300m: 4:08.34	44.88	400m: 5:37.58	43.85
12.	Jeroen Wilmer		Vichy Val D'Allier	FRA	2169839		5:45.35	+0.86
	50m: 38.53	38.53	150m: 2:06.67	45.00	250m: 3:37.36	45.02	350m: 5:06.64	44.37
	100m: 1:21.67	43.14	200m: 2:52.34	45.67	300m: 4:22.27	44.91	400m: 5:45.35	38.71
13.	Ramon Alsina Munoz		CNSW	BEL	002552/69		5:52.74	+0.75
	50m: 38.37	38.37	150m: 2:05.37	43.79	250m: 3:34.77	45.00	350m: 5:06.70	46.20
	100m: 1:21.58	43.21	200m: 2:49.77	44.40	300m: 4:20.50	45.73	400m: 5:52.74	46.04
14.	Pieter-Sjoerd de Wijn		Zwemvereniging Hoogland	NED	196501027		6:09.30	+0.78
	50m: 40.34	40.34	150m: 2:13.61	48.22	250m: 3:50.37	48.09	350m: 5:26.40	48.08
	100m: 1:25.39	45.05	200m: 3:02.28	48.67	300m: 4:38.32	47.95	400m: 6:09.30	42.90
15.	Jean-Claude Callens		Royal Dauphins Mouscronnois	BEL	000488/67		6:32.48	+1.19
	50m: 42.88	42.88	150m: 2:20.37	49.71	250m: 4:01.94	50.27	350m: 5:44.46	51.04
	100m: 1:30.66	47.78	200m: 3:11.67	51.30	300m: 4:53.42	51.48	400m: 6:32.48	48.02

Masters 55+

1.	Johan Remmits		ZPC Woerden	NED	196201159		4:51.57	+0.80
	50m: 32.84	32.84	150m: 1:46.77	37.53	250m: 3:01.44	37.13	350m: 4:15.85	36.97
	100m: 1:09.24	36.40	200m: 2:24.31	37.54	300m: 3:38.88	37.44	400m: 4:51.57	35.72
2.	Paul Wijnja		De Biesboschwimmers	NED	196301403		5:26.64	+0.60
	50m: 35.02	35.02	150m: 1:57.60	42.08	250m: 3:22.04	41.91	350m: 4:47.08	42.51
	100m: 1:15.52	40.50	200m: 2:40.13	42.53	300m: 4:04.57	42.53	400m: 5:26.64	39.56
3.	Henk Kuipers		ZPC AMERSFOORT	NED	196201207		5:30.29	+0.48
	50m: 36.72	36.72	150m: 1:59.22	42.22	250m: 3:23.78	42.60	350m: 4:49.42	42.80
	100m: 1:17.00	40.28	200m: 2:41.18	41.96	300m: 4:06.62	42.84	400m: 5:30.29	40.87
4.	Ronald Grove		Triton	NED	196100161		5:35.04	+0.69
	50m: 35.09	35.09	150m: 1:57.34	41.92	250m: 3:24.16	43.47	350m: 4:52.49	44.23
	100m: 1:15.42	40.33	200m: 2:40.69	43.35	300m: 4:08.26	44.10	400m: 5:35.04	42.55

Programmanr. 4, Heren, 400m vrije slag, Masters 55+

rang	naam	vereniging							tijd	RT	PARA
5.	Eric Langhorst	De Rijn	NED	196200389					5:40.09	+0.70	
	50m: 37.02	37.02	150m: 2:03.52	44.39	250m: 3:32.52	44.54	350m: 5:00.04	43.51			
	100m: 1:19.13	42.11	200m: 2:47.98	44.46	300m: 4:16.53	44.01	400m: 5:40.09	40.05			
6.	Wiljam Nijenhuis	De IJssel	NED	196400547					5:41.90	+0.74	
	50m: 37.34	37.34	150m: 2:01.22	42.74	250m: 3:29.74	44.87	350m: 4:58.46	43.82			
	100m: 1:18.48	41.14	200m: 2:44.87	43.65	300m: 4:14.64	44.90	400m: 5:41.90	43.44			
7.	Roy Le Clercq	De Rog	NED	196401041					5:49.91	+0.87	
	50m: 37.60	37.60	150m: 2:04.98	44.77	250m: 3:36.52	45.54	350m: 5:06.25	44.19			
	100m: 1:20.21	42.61	200m: 2:50.98	46.00	300m: 4:22.06	45.54	400m: 5:49.91	43.66			
8.	Jan Willem Heuten	WS Twente	NED	196000883					6:30.74	+0.84	
	50m: 41.27	41.27	150m: 2:19.04	49.95	250m: 4:02.94	52.52	350m: 5:45.15	51.34			
	100m: 1:29.09	47.82	200m: 3:10.42	51.38	300m: 4:53.81	50.87	400m: 6:30.74	45.59			
9.	Bart van Calker	WS Twente	NED	196100067					6:32.20	+0.90	
	50m: 42.47	42.47	150m: 2:18.13	48.54	250m: 3:58.61	50.08	350m: 5:42.64	52.65			
	100m: 1:29.59	47.12	200m: 3:08.53	50.40	300m: 4:49.99	51.38	400m: 6:32.20	49.56			
10.	Adri Pasman	Zuiderzeewimmers	NED	196400573					6:43.85	+1.20	
	50m: 43.26	43.26	150m: 2:25.12	51.64	250m: 4:09.44	52.16	350m: 5:52.24	51.79			
	100m: 1:33.48	50.22	200m: 3:17.28	52.16	300m: 5:00.45	51.01	400m: 6:43.85	51.61			
11.	Jan Haitsma	De Spatters	NED	196000929					7:05.88	+0.85	
	50m: 48.34	48.34	150m: 2:36.68	55.08	250m: 4:26.74	55.01	350m: 6:15.25	53.80			
	100m: 1:41.60	53.26	200m: 3:31.73	55.05	300m: 5:21.45	54.71	400m: 7:05.88	50.63			

Masters 60+

1.	Marten de Groot	HZ&PC Heerenveen	NED	195800149					4:54.04	+0.62	
	50m: 32.15	32.15	150m: 1:45.68	37.18	250m: 3:01.06	37.86	350m: 4:17.28	38.23			
	100m: 1:08.50	36.35	200m: 2:23.20	37.52	300m: 3:39.05	37.99	400m: 4:54.04	36.76			
2.	Marius Ros	ZCNF'34	NED	195900779					5:37.88	+0.82	
	50m: 39.19	39.19	150m: 2:05.68	43.78	250m: 3:32.23	43.57	350m: 4:57.15	42.19			
	100m: 1:21.90	42.71	200m: 2:48.66	42.98	300m: 4:14.96	42.73	400m: 5:37.88	40.73			
3.	Wolfgang Rossa	TPSK 1925 e.V.	GER	396833					5:44.95	+1.12	
	50m: 39.52	39.52	150m: 2:05.79	44.00	250m: 3:35.24	44.48	350m: 5:02.98	44.14			
	100m: 1:21.79	42.27	200m: 2:50.76	44.97	300m: 4:18.84	43.60	400m: 5:44.95	41.97			
4.	Henk Slomp	De Inktvis	NED	195500359					5:54.88	+0.71	
	50m: 36.47	36.47	150m: 2:03.31	45.07	250m: 3:36.27	46.36	350m: 5:11.26	47.22			
	100m: 1:18.24	41.77	200m: 2:49.91	46.60	300m: 4:24.04	47.77	400m: 5:54.88	43.62			
5.	Lex Hoogendam	ZZ&PC De Devel	NED	195700541					6:18.47	+0.88	
	50m: 39.66	39.66	150m: 2:12.89	48.12	250m: 3:50.73	48.81	350m: 5:29.50	49.48			
	100m: 1:24.77	45.11	200m: 3:01.92	49.03	300m: 4:40.02	49.29	400m: 6:18.47	48.97			
6.	André Pantekoek	PSV	NED	195800321					6:56.64	+0.92	
	50m: 41.69	41.69	150m: 2:27.10	54.79	250m: 4:18.18	55.19	350m: 6:06.83	54.70			
	100m: 1:32.31	50.62	200m: 3:22.99	55.89	300m: 5:12.13	53.95	400m: 6:56.64	49.81			

Masters 65+

1.	Brend Brevé	PSV	NED	195200265					5:47.00	+0.93	
	50m: 39.94	39.94	150m: 2:08.79	44.98	250m: 3:37.51	44.21	350m: 5:05.58	43.84			
	100m: 1:23.81	43.87	200m: 2:53.30	44.51	300m: 4:21.74	44.23	400m: 5:47.00	41.42			
2.	Piet Schop	De Bevelanders	NED	195000109					6:29.27	+0.80	
	50m: 39.79	39.79	150m: 2:15.96	49.60	250m: 3:59.62	52.00	350m: 5:43.23	51.29			
	100m: 1:26.36	46.57	200m: 3:07.62	51.66	300m: 4:51.94	52.32	400m: 6:29.27	46.04			
3.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085					6:33.85	+0.78	
	50m: 40.75	40.75	150m: 2:15.71	49.54	250m: 3:59.30	52.67	350m: 5:43.57	52.60			
	100m: 1:26.17	45.42	200m: 3:06.63	50.92	300m: 4:50.97	51.67	400m: 6:33.85	50.28			
4.	Hilbert Prins	SwimGym	NED	195100223					6:45.25	+0.93	
	50m: 44.42	44.42	150m: 2:25.41	51.37	250m: 4:09.88	52.64	350m: 5:54.71	52.64			
	100m: 1:34.04	49.62	200m: 3:17.24	51.83	300m: 5:02.07	52.19	400m: 6:45.25	50.54			

Programmanr. 4, Heren, 400m vrije slag

Masters 70+

1. Wout Hemmes	De Plons	NED	194800059	6:08.93	+0.90
50m: 40.49	150m: 2:14.54	48.16	250m: 3:50.87	48.08	350m: 5:25.34
100m: 1:26.38	200m: 3:02.79	48.25	300m: 4:38.57	47.70	400m: 6:08.93
2. Willem Putter	ZVVS	NED	194500135	6:32.57	+0.98
50m: 42.34	150m: 2:21.11	50.62	250m: 4:04.14	51.15	350m: 5:46.56
100m: 1:30.49	200m: 3:12.99	51.88	300m: 4:56.07	51.93	400m: 6:32.57

Masters 75+

1. Rob Hanou	PSV	NED	194300109	6:43.45	+0.98
50m: 43.66	150m: 2:26.14	52.69	250m: 4:11.45	53.81	350m: 5:56.86
100m: 1:33.45	200m: 3:17.64	51.50	300m: 5:04.54	53.09	400m: 6:43.45
2. Frans van Enst	WS Twente	NED	194000011	6:58.74	+0.94
50m: 44.69	150m: 2:30.76	53.53	250m: 4:18.67	53.94	350m: 6:05.81
100m: 1:37.23	200m: 3:24.73	53.97	300m: 5:12.27	53.60	400m: 6:58.74
3. Geza Kaltenecker	AZC	NED	194200065	7:27.41	+0.82
50m: 45.47	150m: 2:38.71	57.17	250m: 4:35.18	58.62	350m: 6:34.15
100m: 1:41.54	200m: 3:36.56	57.85	300m: 5:34.64	59.46	400m: 7:27.41

Masters 80+

1. Frederik Hendrik De Bruijn	CN Aquamasters	ESP		6:49.78	+1.12
50m: 45.65	150m: 2:28.40	51.85	250m: 4:12.51	52.40	350m: 5:59.21
100m: 1:36.55	200m: 3:20.11	51.71	300m: 5:06.20	53.69	400m: 6:49.78
2. Nic Geers	Z&PC De Gouwe	NED	193800007	8:16.35	+0.95
50m: 54.40	150m: 3:01.92	1:04.61	250m: 5:11.54	1:04.93	350m: 7:22.18
100m: 1:57.31	200m: 4:06.61	1:04.69	300m: 6:15.10	1:03.56	400m: 8:16.35
BM Thijs van den End	HPC PARA - ZPC Woerden	NED	199306803	4:43.84	+0.86
50m: 31.29	150m: 1:40.57	34.94	250m: 2:52.60	36.07	350m: 4:06.74
100m: 1:05.63	200m: 2:16.53	35.96	300m: 3:29.48	36.88	400m: 4:43.84

Programmanr. 5
03-05-2019 - 11:21

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
Masters 20+							
1. Melissa van der Heijden	ZPV Barracuda	NED	199605226	1:08.30	+0.56	31.66	1:08.30
2. Renée Vanderheyden	ReVeLie Swim Team	NED	199903130	1:11.07	+0.67	32.51	1:11.07
3. Richenne Zeebregts	Nuenen	NED	199801818	1:13.15	+0.56	32.97	1:13.15
4. Marijke Drent	Nova	NED	199906232	1:15.54	+0.63	34.53	1:15.54
5. Lonneke Graansma	ZVL-1886	NED	199900936	1:19.48	+0.60	34.89	1:19.48
6. Lotte Rolink	Zwemclub Polaris	NED	199504880	1:22.74	+0.53	36.64	1:22.74
7. Masha Odijk	GoSwim	NED	199904922	1:23.88			1:23.88
*							
8. Stephanie van Diepen	Noord Veluwe	NED	199500972	1:26.66			1:26.66
*							
9. Cynthia van Veen	ZPC Woerden	NED	199606736	1:37.54	+0.71	40.46	1:37.54
DIS Thirza Belder	ZOB'66	NED	199803024				

AE - De aangegeven zwemslag niet uitgevoerd.

Programmanr. 5, Dames, 100m vlinderslag

Masters 25+

1. Marcha Admiraal	De Geul	NED	199300012	1:10.97	+0.64	32.72	1:10.97
2. Marjon Pol	Zwemlust-den Hommel	NED	199102502	1:14.60	+0.71	33.55	1:14.60
3. Karin Verbeek	Nautilus	NED	199201848	1:14.75	+0.55	33.62	1:14.75
4. Suzanne Brummel	Octopus	NED	199401366	1:15.12	+0.69	33.63	1:15.12
5. Joanne van Essen	Zwemlust-den Hommel	NED	199303506	1:15.33	+0.58	33.03	1:15.33
6. Cindy Franken-Hendriks	ESCA Zwemmen	NED	199207672	1:16.84	+0.50	33.30	1:16.84
7. Kelly Bockting	Montferland	NED	199104050	1:34.10			1:34.10
*							
8. Anouk Bloem	TRB-RES	NED	199000320	2:03.00	+0.96	56.55	2:03.00

Masters 30+

1. Elinore de Jong	The Hague Swimming (SG)	NED	198902072	1:04.23	+0.63	29.70	1:04.23
	<i>Nederlands Masters Record</i>						
2. Viktória Felföldi	Megathlon SE	HUN		1:09.94	+0.70	32.51	1:09.94
3. Liesbeth van Mill	Zwemlust-den Hommel	NED	198702786	1:20.88	+0.79	36.78	1:20.88
4. Maaïke van Diggele	De Geul	NED	198700868	1:21.08	+0.73	37.32	1:21.08
5. Sandra Zwaanswijk	DAW	NED	198503934	1:21.35	+0.60	36.93	1:21.35
6. Monique Remst	AZC	NED	198706236	1:25.62	+0.74	36.03	1:25.62
7. Joan Fonteine	Zwemclub Koewacht	NED	198805148	1:29.36			1:29.36
*							

Masters 35+

1. Delia Badoux	WVZ	NED	198000042	1:09.24	+0.67	31.35	1:09.24
2. Roos van Esch	Feijenoord Albion Zwemclub	NED	198200468	1:13.27	+0.72	34.08	1:13.27
3. Miranda Pijnenburg	De Treffers	NED	198301216	1:17.09	+0.69	35.12	1:17.09
4. Angela Giezen	Montferland	NED	198302796	1:23.48			1:23.48
*							

Masters 40+

1. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED	197500884	1:17.66	+0.77	34.55	1:17.66
2. Chantal Verhoeff	Old Dutch	NED	197900912	1:20.40	+0.82	35.41	1:20.40
3. Rachel Trainor	De Duck	NED	197700670	1:26.19			1:26.19
*							

Masters 45+

1. Jeanne Petit	PSV	NED	197001020	1:12.87	+0.68	33.77	1:12.87
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	1:17.27	+0.86	36.20	1:17.27
3. Valerie Rolland	CNSW	BEL	004276/71	1:21.58	+0.59	37.46	1:21.58
4. Bianca Groot	MSV-Zeemacht	NED	197000652	1:31.31	+0.90	39.27	1:31.31

Masters 50+

1. Lesley Cordial	ZPC AMERSFOORT	NED	196700684	1:14.06	+0.69	34.10	1:14.06
2. Allie Price	Cardiff Masters	GBR	547582	1:14.66	+0.55	33.74	1:14.66
3. Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	1:26.76			1:26.76
*							
4. Françoise Duran	De Biesboschzwemmers	NED	196900222	1:33.08	+0.79	43.20	1:33.08
5. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	1:43.58	+0.80	47.47	1:43.58
6. Annette van Dok	MSV-Zeemacht	NED	196800742	1:50.96	+0.72	51.19	1:50.96

Programmanr. 5, Dames, 100m vlinderslag

Masters 55+

1. Gabriele Hugo	Weyher SV	GER	113360	1:21.15				1:21.15
*								
2. Marjan Remmits	ZPC Woerden	NED	196300518	1:21.58	+0.60	35.79		1:21.58
3. Margriet Grove-Lingeman	Triton	NED	196200080	1:27.86	+0.76	39.81		1:27.86
4. Marijke Kraak-Beckers	WS Twente	NED	196000240	1:33.56				1:33.56
*								
5. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	1:42.43	+0.74	44.69		1:42.43
6. Marjan Spoelstra	SWOL 1894	NED	196000236	1:57.07	+0.80	53.76		1:57.07

Masters 60+

1. Claire Anthony	CNSW	BEL	001353/57	1:29.39				1:29.39
*								

Masters 65+

1. Carla Hensen	PSV	NED	195300062	1:44.74		46.70		1:44.74
2. Fernande Gourmet Blondeel	CNSW	BEL	004901/52	1:57.09	+0.86	54.80		1:57.09

Masters 80+

1. Marie Smits	Old Dutch	NED	193800004	2:31.45	+1.08	1:11.43		2:31.45
<i>Nederlands Masters Record, 50m NMR, eindtijd *</i>								

Programmanr. 6
03-05-2019 - 11:34

Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Nick Sijmons	De Amstel	NED	199500491	1:00.83	+0.60		28.42	1:00.83
2. Jordy van Oel	WVZ	NED	199802003	1:04.49	+0.70		29.98	1:04.49
3. David Kievit	SGGO (SG)	NED	199900325	1:05.04	+0.67		29.59	1:05.04
4. Sander Kartman	Zwemvereniging Hoogland	NED	199805091	1:05.38	+0.45		29.17	1:05.38
5. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	1:07.06	+0.68		30.69	1:07.06
6. Nordin Termoshuizen	WVZ	NED	199605401	1:08.13	+0.69		31.05	1:08.13
7. Ian van Mullem	ZOB'66	NED	199602545	1:10.13	+0.59		31.97	1:10.13
Masters 25+								
1. Michel de Maesschalck	AquaWaarD	NED	199101525	1:05.62	+0.65		29.52	1:05.62
2. Tim Bunnik	Triton	NED	199000505	1:06.05	+0.78		30.18	1:06.05
3. Stefan Kwant	Nova	NED	199200781	1:08.17	+0.54		30.69	1:08.17
4. Rens Post	WVZ	NED	199101827	1:10.46	+0.61		31.55	1:10.46
5. Maik Steenkamp	Montferland	NED	199103847	1:12.17	+0.70		34.13	1:12.17
6. Rick Vaarkamp	Triton Putten	NED	199404979	1:50.47	+0.81		46.89	1:50.47
Masters 30+								
1. Christopher Rojas	CN Delfines Azules	PAN		1:00.23	+0.55		26.44	1:00.23
2. Peter Schelvis	LinK	NED	198906671	1:14.28	+0.67		32.55	1:14.28
3. Rudi Butselaar	GoSwim	NED	198700577	1:14.73	+0.72		34.25	1:14.73

Programmanr. 6, Heren, 100m vlinderslag

Masters 35+

1. Lauren Vis	Steenwijk 1934	NED	198201883	1:04.21	+0.63	29.18	1:04.21
2. Kristiaan Lenos	ZVL-1886	NED	198301331	1:05.87	+0.78	30.57	1:05.87
3. Robert Dekker	Dedemsvaart-AC	NED	198400443	1:08.35	+0.66	29.46	1:08.35
4. Frank v.d. Voordt	SGGO (SG)	NED	198302259	1:09.80	+0.69	33.03	1:09.80
5. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	1:11.37	+0.55	31.56	1:11.37
6. Wilco Steenwijk	ZVV	NED	198002465	1:18.24	+0.74	34.78	1:18.24
7. Peter van de Bor	DWT	NED	198402897	1:19.99	+0.74	33.42	1:19.99

Masters 40+

1. Kelvin Isselt	RZ	NED	197601119	1:05.03	+0.60	30.31	1:05.03
2. Erwin Buist	ZPC AMERSFOORT	NED	197800183	1:05.58	+0.68	30.08	1:05.58
3. Edgar Thimister	MZ&PC	NED	197501511	1:06.19	+0.88	29.56	1:06.19
4. Markus van Rest	WVZ	NED	197701197	1:08.13	+0.72	30.94	1:08.13
5. Maarten van der Zwan	Scheldestroom	NED	197501017	1:08.58	+0.83	29.90	1:08.58
Ruud Holswilder	ZPCH	NED	197800435	1:08.58	+0.77	30.29	1:08.58
7. Alex Damen	DAW	NED	197501371	1:09.77	+0.69	32.78	1:09.77

Masters 45+

1. Frederic Tonus	Entente Sportive Nanterre	FRA	318958	59.83	+0.61	27.29	59.83
2. Antwan van Engen	De Ward	NED	197101577	1:02.27	+0.65	29.04	1:02.27
3. Eric Hoekman	WS Twente	NED	197401531	1:13.72	+0.80	32.85	1:13.72
4. Korstiaan de Boer	Steenwijk 1934	NED	197101629	1:16.75	+0.76	35.20	1:16.75
5. Kasper van den Berghe	SWOL 1894	NED	197301125	1:26.86	+0.62	40.17	1:26.86

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	1:05.39	+0.81	30.15	1:05.39
2. René Beetsma	HZ&PC Heerenveen	NED	196900069	1:09.38	+0.61	31.34	1:09.38
3. Pieter van Gemeren	DAW	NED	196901779	1:10.49	+0.66	32.20	1:10.49
4. Frank van Nobelen	Sassenheim	NED	196900753	1:14.98	+0.71	34.84	1:14.98
5. Hans Schoenmakers	DAW	NED	196900863	1:17.49	+0.67	34.78	1:17.49
6. Eymert van Rooij	PSV	NED	196601631	1:23.72	+0.92	37.10	1:23.72

Masters 55+

1. Johan Remmits	ZPC Woerden	NED	196201159	1:09.02	+0.78	32.00	1:09.02
2. Hans Westerhof	WS Twente	NED	196200743	1:14.91	+0.83	34.60	1:14.91
3. Wiljam Nijenhuis	De IJsel	NED	196400547	1:14.99	+0.75	34.97	1:14.99
4. Ronald Grove	Triton	NED	196100161	1:23.46	+0.69	36.35	1:23.46
5. Jan Willem Heuten	WS Twente	NED	196000883	1:37.91	+0.85	45.16	1:37.91

Masters 60+

1. Hugo Bregman	Feijenoord Albion Zwemclub	NED	195800069	1:03.91	+0.60	29.95	1:03.91
2. Peter Molecz	SC Diana	AUT	019219	1:19.13	+0.85	36.64	1:19.13
3. Paul Bunnik	Triton	NED	195600413	1:23.10	+0.82	37.24	1:23.10

Masters 65+

1. Fred Zanting	TriVia	NED	195400323	1:35.57	+0.92	43.26	1:35.57
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Masters 75+

1. Rob Hanou	PSV	NED	194300109	1:53.10	+1.03	51.63	1:53.10
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BM Michiel Jorink	HPC PARA - ZV44	NED	198701613	S14	1:00.98	+0.63	807	27.21	1:00.98
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3 - ONMK 2019 lb sessie 3

03-05-2019 - 13:00

Programmanr. 7
03-05-2019 - 13:00

Dames, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Anne-Irene Duchaine	Zwemvereniging Hoogland	NED 199506824	2:36.83	+0.62	35.91	1:15.21	1:56.19	2:36.83
2. Hilde Dekker	ReVeLie Swim Team	NED 199901926	2:37.91	+0.77	36.28	1:16.14	1:57.51	2:37.91
3. Denise Boonstra	DAW	NED 199902662	2:40.91	+0.65	35.92	1:16.48	1:58.83	2:40.91
4. Jet Kleine	MSV-Zeemacht	NED 199903384	2:50.71	+0.68	39.50	1:22.66	2:06.24	2:50.71
5. Iris Bastiaansen	De Amstel	NED 199902006	2:54.13	+0.86	40.15	1:24.26	2:09.71	2:54.13
6. Anouk van der Lans	Feijenoord Albion Zwemclub	NED 199801614	3:17.24	+0.69	42.68	1:30.12	2:21.33	3:17.24
7. Cynthia van Veen	ZPC Woerden	NED 199606736	3:18.97	+0.78	46.28	1:38.10	2:30.25	3:18.97
8. Maranka Huitema	Steenwijk 1934	NED 199500302	3:20.24	+0.79	48.00	1:38.63	2:29.78	3:20.24
9. Nadine Scheeve	Zwemlust-den Hommel	NED 199700684	3:24.64	+0.83	47.18	1:38.03	2:31.53	3:24.64
Masters 25+								
1. Mabel Suli	WVZ	NED 199307964	2:27.98	+0.70	35.51	1:13.21	1:50.73	2:27.98
2. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	2:35.24	+0.84	35.33	1:13.27	1:54.05	2:35.24
3. Suzanne Mosch	MSV-Zeemacht	NED 199400548	2:36.82	+0.70	36.22	1:15.75	1:56.00	2:36.82
4. Désirée Emmen	De Warande	NED 199204862	2:37.87	+0.75	36.52	1:15.04	1:55.91	2:37.87
5. Lotte Coenen	The Hague Swimming (SG)	NED 199301518	2:44.17	+0.82	37.64	1:19.23	2:01.84	2:44.17
6. Marjon Pol	Zwemlust-den Hommel	NED 199102502	2:45.99	+0.75	38.85	1:20.82	2:03.58	2:45.99
7. Clara Van Roeyen	GBZ	BEL 20082/90	2:49.79	+0.96	39.41	1:22.05	2:05.85	2:49.79
8. Tessa Mosch	MSV-Zeemacht	NED 199102172	2:54.66	+0.64	40.03	1:24.49	2:10.07	2:54.66
9. Irmgard van Weeghel	ZPC Hatto Heim	NED 199204834	3:05.43	+1.02	43.57	1:30.20	2:17.09	3:05.43
10. Getrude Corporaal	Steenwijk 1934	NED 199200380	3:06.86	+0.84	40.95	1:27.13	2:16.18	3:06.86
11. Claudia Creemers	RZ	NED 199202864	3:39.15	+0.77	49.53	1:44.57	2:41.26	3:39.15
12. Anouk Bloem	TRB-RES	NED 199000320	4:01.68	+0.66	52.93	1:53.87	2:57.86	4:01.68
Masters 30+								
1. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	2:45.51	+0.80	38.10	1:19.60	2:02.34	2:45.51
2. Rianne Hofland	Sassenheim	NED 198801820	2:46.13	+0.75	39.52	1:21.41	2:04.23	2:46.13
3. Joan Fontaine	Zwemclub Koewacht	NED 198805148	3:17.26	+0.82	47.01	1:37.81	2:29.30	3:17.26
NG Mara Epifani	Empire Sport and Resort	ITA 35447						
Masters 35+								
1. Roos van Esch	Feijenoord Albion Zwemclub	NED 198200468	2:45.67	+0.79	39.55	1:22.09	2:05.19	2:45.67
2. Elke Blox	Tiamat	NED 198200154	2:54.59	+0.75	40.46	1:24.51	2:10.10	2:54.59
3. Ilja Janssen	ESCA Zwemmen	NED 198102234	2:57.60	+0.75	40.29	1:25.74	2:11.64	2:57.60
4. Angela Giezen	Montferland	NED 198302796	2:58.43	+0.73	42.40	1:29.05	2:15.27	2:58.43
5. Linda Hoogendam	WVZ	NED 198300892	3:14.29	+0.89	46.64	1:37.06	2:26.63	3:14.29
6. Marloes Rebel	WS Twente	NED 198403474	3:42.09	+0.99	52.75	1:49.59	2:48.47	3:42.09
7. Rianne van Vegchelen	ZV 44	NED 198101530	4:13.68	+0.93	1:01.48	2:06.85	3:11.84	4:13.68
Masters 40+								
1. Liselotte Joling	PSV	NED 197500268	2:50.69	+0.77	40.64	1:24.71	2:08.77	2:50.69
2. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED 197500884	2:53.50	+0.81	40.82	1:25.25	2:10.11	2:53.50
3. Jolanda van Gendt	PSV	NED 197800266	2:56.36	+0.63	41.39	1:25.61	2:11.04	2:56.36
4. Gea van der Schaaf	Deltasteur	NED 197901558	2:57.00	+0.78	41.10	1:25.15	2:10.75	2:57.00
5. Esther Vergeest	De Rog	NED 197700012	3:09.40	+0.74	43.82	1:31.70	2:21.19	3:09.40
6. C. van Bruxvoort	ZPB H&L Productions	NED 197700138	3:36.64	+0.87	51.45	1:46.02	2:42.38	3:36.64
7. F. Verriet-Regensburg	VZV Njord	NED 197500428	4:22.33	+0.81	1:01.72	2:08.77	3:16.41	4:22.33

Programmanr. 7, Dames, 200m rugslag

Masters 45+

1. Evelien van Klaarbergen HZ&PC Heerenveen	NED 197200964	2:39.08	+0.93	37.50	1:18.29	1:59.13	2:39.08
<i>Nederlands Masters Record</i>							
2. Edith Janssen-Koolen TRB-RES	NED 197300898	2:51.06	+0.89	40.48	1:24.36	2:08.50	2:51.06
3. Chiho Shoji CNSW	BEL 006146/70	2:52.76	+0.71	40.25	1:23.67	2:08.58	2:52.76
4. Valerie Rolland CNSW	BEL 004276/71	2:57.54	+0.78	41.22	1:26.06	2:11.58	2:57.54
5. Trudie van Niejenhuis TZC-Vahalis	NED 197100444	3:04.74	+0.86	43.39	1:30.43	2:18.68	3:04.74
6. Bianca Groot MSV-Zeemacht	NED 197000652	3:08.99	+0.99	44.96	1:33.50	2:22.51	3:08.99

Masters 50+

1. Heidi den Boer LinK	NED 196900864	2:52.29	+0.81	40.22	1:23.39	2:08.20	2:52.29
2. Annette Wijnja-Visser De Biesboschzwemmers	NED 196700528	3:02.44	+0.80	41.76	1:27.48	2:14.88	3:02.44
3. S. Prins - Molenwijk De Geul	NED 196600284	3:09.15	+0.77	44.82	1:32.41	2:20.60	3:09.15
4. Peggi Hurenkamp HZ&PC Heerenveen	NED 196900922	3:10.24	+0.86	44.77	1:32.50	2:21.57	3:10.24
5. Patricia de Jong HHZV PLONS	NED 196600728	3:27.49	+0.84	46.85	1:39.28	2:34.16	3:27.49
6. Annette van Dok MSV-Zeemacht	NED 196800742	3:34.77	+0.90	48.82	1:42.63	2:39.48	3:34.77
7. Lucy Dubus Royal Dauphins Mouscronnc	BEL 003221/69	3:35.27	+0.88	48.26	1:41.13	2:37.73	3:35.27

Masters 55+

1. Judith Cromjongh De Zwoer	NED 196400054	2:46.64	+0.76	40.40	1:22.81	2:05.69	2:46.64
<i>Nederlands Masters Record, 100m NMR</i>							
2. M. Grove-Lingeman Triton	NED 196200080	3:05.95	+0.82	43.48	1:30.78	2:18.95	3:05.95
3. M. Post-Goedemoed De Otters Het Gooi	NED 196400632	3:08.36	+0.73	44.20	1:31.06	2:19.98	3:08.36
4. Wilna Heijman Steenwijk 1934	NED 196400506	3:12.76	+0.71	46.32	1:36.59	2:25.84	3:12.76
5. Annemarie Vuist SWOL 1894	NED 196300282	3:25.93	+0.99	49.29	1:40.96	2:33.65	3:25.93
6. J. Resink-lindeboom DWK	NED 196000142	3:37.25	+1.32	51.86	1:46.98	2:43.22	3:37.25
NG Gea Kuiper ZCNF'34	NED 196100104						

Masters 60+

1. Patty Verhagen PSV	NED 195900146	3:13.40	+1.07	47.92	1:37.08	2:25.96	3:13.40
2. Margriet Pasma De Inktvis	NED 195500088	3:23.74	+0.82	48.96	1:41.32	2:33.55	3:23.74
3. Lies Hartman PSV	NED 195600116	4:53.80	+1.00	1:04.89	2:18.60	3:35.59	4:53.80

Masters 65+

1. Carla Hensen PSV	NED 195300062	3:35.38	+0.81	50.94	1:46.24	2:41.88	3:35.38
2. A. Gilding-Tussaud WS Twente	NED 195000038	4:01.63	+0.85	56.34	1:57.50	3:01.41	4:01.63
3. Tineke van Diggelen ZPCH	NED 195200048	4:05.89	+0.91	57.81	1:59.90	3:04.45	4:05.89
4. N. van Dongen-de PaepeZZ&PC De Devel	NED 195100044	4:56.34	+0.94	1:08.44	2:24.44	3:40.99	4:56.34
5. Janny van der Weide Deltasteur	NED 195100066	6:11.07	+1.43	1:24.51	3:01.36	4:36.10	6:11.07

Masters 70+

1. Loekie van Huissteden ZPC AMERSFOORT	NED 194500002	4:49.30	+0.88	1:06.47	2:22.31	3:39.73	4:49.30
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Masters 80+

1. Lottie Geurts PSV	NED 193500006	4:40.38	+1.20	1:07.06	2:20.18	3:33.78	4:40.38
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Programmanr. 8
03-05-2019 - 13:28

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Dennis Wildeboer	Nova	NED 199800571	2:22.67	+0.55	33.01	1:08.63	1:45.87	2:22.67
2. Robin van Beek	ZVL-1886	NED 199704023	2:26.10	+0.56	34.66	1:11.45	1:49.16	2:26.10
3. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	2:29.77	+0.66	34.36	1:12.30	1:51.17	2:29.77
4. Nordin Termoshuizen	WVZ	NED 199605401	2:29.88	+0.68	34.39	1:12.96	1:52.02	2:29.88
5. Jordy van Oel	WVZ	NED 199802003	2:32.95	+0.59	35.04	1:13.31	1:52.94	2:32.95
6. Patrick Wyrdeman	Feijenoord Albion Zwemclub	NED 199702475	2:35.67	+0.65	36.28	1:15.17	1:55.44	2:35.67
Masters 25+								
1. Olaf Achterberg	VZC	NED 199000011	2:24.72	+0.69	33.64	1:10.53	1:48.51	2:24.72
2. Tim Bunnik	Triton	NED 199000505	2:34.34	+0.83	35.62	1:14.33	1:53.89	2:34.34
3. Patrick Creemers	RZ	NED 199000579	2:36.56	+0.81	35.79	1:16.36	1:56.77	2:36.56
4. Jeffrey van 't Schip	De Amstel	NED 199102035	2:38.07	+0.78	37.29	1:17.74	1:58.90	2:38.07
5. Johan Krakou	De Rijn	NED 199101311	2:40.42	+0.69	36.37	1:16.88	1:58.63	2:40.42
Masters 30+								
1. Martijn Giezen	ZPC AMERSFOORT	NED 198500813	2:27.62	+0.69	33.77	1:11.08	1:49.69	2:27.62
2. Robert Braad	Steenwijk 1934	NED 198600407	2:30.54	+0.77	34.46	1:13.46	1:52.30	2:30.54
3. Wessel Everloo	De Veene	NED 198906597	2:35.41	+0.93	36.50	1:16.19	1:56.94	2:35.41
4. Mark Godwaldt	PSV	NED 198701039	2:41.93	+0.86	38.03	1:18.98	2:01.33	2:41.93
5. Rudi Butselaar	GoSwim	NED 198700577	2:58.45	+0.79	41.61	1:26.36	2:12.57	2:58.45
Masters 35+								
1. Robert Dekker	Dedemsvaart-AC	NED 198400443	2:29.08	+0.70	35.26	1:13.18	1:51.83	2:29.08
2. Paul Oudendijk	DAW	NED 198101287	2:31.18	+0.84	35.74	1:13.37	1:52.45	2:31.18
3. Thommy Nickel	ZPC Woerden	NED 198401627	2:31.21	+0.80	35.32	1:12.55	1:51.71	2:31.21
4. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:35.13	+0.83	37.75	1:17.05	1:56.69	2:35.13
5. Peter van de Bor	DWT	NED 198402897	2:37.15	+0.88	35.95	1:15.75	1:56.77	2:37.15
DIS Nol van Thull	Feijenoord Albion Zwemclub	NED 198001513						
AA - Gestart voor het startsignaal (en wel gezwommen).								
Masters 40+								
1. Dennis Brouwers	HZPC	NED 197800167	2:20.89	+0.65	34.39	1:09.99	1:45.11	2:20.89
<i>Nederlands Masters Record</i>								
2. Ronald Smits	PSV	NED 197800981	2:27.42	+0.76	33.71	1:10.31	1:48.96	2:27.42
3. Ivo Roozeboom	WVZ	NED 197700801	2:27.77	+0.69	34.72	1:12.79	1:50.71	2:27.77
4. Stan Dekker	HHZV PLONS	NED 197901823	2:38.86	+0.71	35.95	1:16.02	1:57.65	2:38.86
5. Markus van Rest	WVZ	NED 197701197	2:44.71	+0.81	38.83	1:20.69	2:03.73	2:44.71
6. Pieter Broek	Feijenoord Albion Zwemclub	NED 197701637	2:45.64	+0.59	37.69	1:19.97	2:03.72	2:45.64
7. Erik Drost	PSV	NED 197901491	2:48.27	+0.81	38.80	1:21.03	2:04.78	2:48.27
8. Mark Hensen	ZPV Barracuda	NED 197900497	2:50.48	+0.83	39.90	1:22.45	2:06.20	2:50.48
Masters 45+								
1. Eric Hoekman	WS Twente	NED 197401531	2:47.35	+0.80	39.31	1:21.18	2:05.52	2:47.35
2. Bruno Nahon	CNSW	BEL 000390/70	2:50.58	+0.79	41.01	1:24.29	2:08.67	2:50.58
3. Korstiaan de Boer	Steenwijk 1934	NED 197101629	2:52.82	+0.77	40.06	1:23.33	2:08.47	2:52.82
4. Jacques Verriet	VZV Njord	NED 197001039	3:03.40	+0.96	43.09	1:28.35	2:16.13	3:03.40
5. Jeroen Hoeksel	ZVVS	NED 197401533	3:35.82	+0.76	47.72	1:39.17	2:37.50	3:35.82

Programmanr. 8, Heren, 200m rugslag

Masters 50+

1. Guido Keutgen	Steenwijk 1934	NED 196801551	2:34.72	+0.74	35.45	1:14.57	1:55.60	2:34.72
2. J. van den Berg	WVZ	NED 196801575	2:37.59	+0.78	36.05	1:15.91	1:56.94	2:37.59
3. René Beetsma	HZ&PC Heerenveen	NED 196900069	2:39.77	+0.79	37.81	1:17.93	1:59.33	2:39.77
4. Nico Swart	De Biesboschzwemmers	NED 196801475	2:48.11	+0.68	37.20	1:19.58	2:03.97	2:48.11
5. Matthijs van den Adel	De Otters Het Gooi	NED 196501637	2:48.19	+0.70	38.94	1:21.15	2:05.05	2:48.19
6. Ron Korzelius	ZPC AMERSFOORT	NED 196500513	2:48.87	+0.85	40.14	1:22.25	2:05.79	2:48.87
7. Henri Michels	De Amstel	NED 196501587	2:51.76	+0.78	40.78	1:23.21	2:07.66	2:51.76

Masters 55+

1. Johan Remmits	ZPC Woerden	NED 196201159	2:34.16	+0.75	36.21	1:15.35	1:55.73	2:34.16
2. K. van Overbeeke	WVW Winterswijk	NED 196200489	2:42.61	+0.69	38.75	1:20.38	2:02.03	2:42.61
3. Eric Langhorst	De Rijn	NED 196200389	2:52.53	+0.82	41.12	1:25.54	2:09.67	2:52.53
4. Erik Kamphuis	De Rog	NED 196001035	2:53.81	+0.76	41.56	1:26.60	2:11.95	2:53.81
5. Robin Prins	De Geul	NED 196200515	2:57.35	+0.62	41.77	1:26.26	2:12.67	2:57.35
6. Thomas Spickenbaum	SG Gladbeck/Recklinghauser	GER 93913	3:07.82	+0.88	42.97	1:30.74	2:19.23	3:07.82
7. Casper Dollekamp	Steenwijk 1934	NED 196301341	3:08.40	+0.73	43.72	1:31.21	2:21.28	3:08.40
8. Bart van Calker	WS Twente	NED 196100067	3:25.62	+0.78	50.66	1:42.55	2:34.82	3:25.62

Masters 60+

1. Evertjan Masurel	PSV	NED 195600495	3:10.77	+0.88	42.84	1:31.06	2:20.81	3:10.77
2. André Pantekoek	PSV	NED 195800321	3:28.00	+0.83	45.64	1:38.39	2:34.17	3:28.00
3. Christian Schoenaers	CNSW	BEL 007131/59	3:40.42	+0.97	51.67	1:47.74	2:43.72	3:40.42

Masters 65+

1. Brend Brevé	PSV	NED 195200265	2:54.30	+0.77	41.50	1:26.33	2:10.95	2:54.30
2. Jos Kamps	Zwemvereniging Hoogland	NED 195100085	3:48.80	+0.74	52.18	1:49.94	2:50.76	3:48.80

Masters 70+

1. Mans Buis	SWOL 1894	NED 194700133	3:59.58	+1.33	59.23	1:59.67	3:02.58	3:59.58
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Masters 75+

1. Frans van Enst	WS Twente	NED 194000011	3:27.34	+0.68	47.31	1:39.28	2:33.66	3:27.34
2. Nico Baay	Old Dutch	NED 194200053	4:27.61	+1.11	56.62	2:04.08	3:14.80	4:27.61

BM Thijs van den End	HPC PARA - ZPC Woerden	NED 199306803	S9	2:25.41	+0.59	814	33.75	1:10.33	1:47.52	2:25.41
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Programmanr. 9
03-05-2019 - 13:49

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Selene Wortel	Hieronymus	NED	199700654	34.20		
	<i>Kampioenschapsrecord</i>						
2.	Lonneke Graansma	ZVL-1886	NED	199900936	36.45		
3.	Manon Kloosterman	De Bevelanders	NED	199702082	36.48		
4.	Bibi Stokvis	Het Y	NED	199900892	36.53		
5.	Fiona Meuffels	RZ	NED	199504366	36.66		
6.	Melissa van der Heijden	ZPV Barracuda	NED	199605226	36.72		
7.	Karin Groen	Nova	NED	199502440	37.07		
8.	Chantal Beijer	DWT	NED	199700884	37.62		
9.	Rianne van Rijssen	Noord Veluwe	NED	199702360	39.72		
	Masha Odijk	GoSwim	NED	199904922	39.72		

Programmanr. 9, Dames, 50m schoolslag, Masters 20+

rang	naam	vereniging			tijd	RT	PARA
11.	Richenne Zeebregts	Nuene	NED	199801818	40.26		
12.	Renée Vanderheyden	ReVeLie Swim Team	NED	199903130	40.80		
13.	Jolijn Keegstra	SWOL 1894	NED	199602284	41.29		
14.	Thirza Belder	ZOB'66	NED	199803024	41.53		
	Lotte Rolink	Zwemclub Polaris	NED	199504880	41.53		
16.	Stephanie van Diepen	Noord Veluwe	NED	199500972	43.27		
17.	Yvette Meijer	Zwemvereniging Hoogland	NED	199706590	44.35		
18.	Stephanie Fink Jensen	GoSwim	NED	199906494	52.32		

Masters 25+

1.	Saskia de Klerk	GoSwim	NED	199004612	34.09		
2.	Inge van der Hoek	The Hague Swimming (SG)	NED	199204034	36.42		
3.	Elmi Roelofsen	ZVV	NED	199008198	36.77		
4.	Suzanne Brummel	Octopus	NED	199401366	37.08		
5.	Isabelle Massar	WVZ	NED	199102034	37.32		
6.	Manon van Strien	WVZ	NED	199400770	37.50		
7.	Karin Verbeek	Nautilus	NED	199201848	37.92		
8.	Leonie Nijenhuis	Zuiderzeewimmers	NED	199204340	39.52		
9.	Sara Costa	Royal Ostend Swimming Club	BEL	20383/93	40.62		
10.	Kimberley van Buren	De Duck	NED	199304136	45.58		
11.	Janneke Wynia	WS Twente	NED	199005500	45.83		
12.	Inge Kalee	Zwemvereniging Hoogland	NED	199305634	47.54		
13.	Brechtje Arts	Aquapoldro	NED	199406368	47.78		
14.	Henriette Dijkdrent	LinK	NED	199307886	53.62		

Masters 30+

1.	Larissa Brak <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	198800572	33.15		
2.	Susanne van der Linden	DIO	NED	198802736	37.83		
3.	Karin van Dijk	De Wellerobben	NED	198600850	38.74		
4.	Suzan Blankestijn	ZVL-1886	NED	198900350	39.06		
5.	Marieke van Dodeweerd	RZC	NED	198600896	40.18		
6.	Liesbeth van Mill	Zwemlust-den Hommel	NED	198702786	40.69		
7.	Eline Roeland	Zwemvereniging Hoogland	NED	198805970	40.71		
8.	Esther van Maastrigt	Montferland	NED	198802836	40.81		
9.	Mariska Zaal	AZC	NED	198806916	41.94		
10.	Maaïke van Diggele	De Geul	NED	198700868	42.93		
11.	Sanne Smouter	Zwemvereniging Hoogland	NED	198907540	48.40		

Masters 35+

1.	Laura Badoux	DAW	NED	198200038	35.83		
2.	Yvonne Gerritsen	WVZ	NED	198000342	39.65		
3.	Renee de Kok	PSV	NED	198403350	40.31		
4.	Ilja Janssen	ESCA Zwemmen	NED	198102234	40.99		
5.	Elke Blox	Tiamat	NED	198200154	42.29		

Masters 40+

1.	Inge Roskam	De Duinkickers	NED	197801296	39.68		
2.	Geraldine Trainor	De Duck	NED	197500544	40.45		
3.	Kristel Lips	ZV De Bron	NED	197900562	41.91		
4.	Heleen Spelde Fransens	THOR	NED	197901358	42.93		
5.	Rachel Trainor	De Duck	NED	197700670	43.08		
6.	Marian Nederlof	De Geul	NED	197600950	43.69		
7.	Margriet Daalman	De Spatters	NED	197801368	44.82		
8.	Mascha Schijvenaars	De Zilvermeeuw	NED	197900754	45.29		
9.	Petra Verstegen	WVZ	NED	197700906	45.34		

Programmanr. 9, Dames, 50m schoolslag

Masters 45+

1.	Karin Stein	ZVVS	NED	197100554	38.88
2.	Annette de Visser	Oceanus	NED	197100602	41.47
3.	Pascale Janssen	Patrick-De Roersoppers (SG)	NED	197300852	42.33
	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	42.33
5.	Bianca Groot	MSV-Zeemacht	NED	197000652	43.53
6.	Greta Wyma-Teitsma	DWK	NED	197100696	50.72
7.	Conny Veenings	ZV Haerlem	NED	197300980	52.69

Masters 50+

1.	Allie Price	Cardiff Masters	GBR	547582	38.48
2.	Ariene Knoester	Aqua-Novio'94	NED	196700716	38.51
3.	Jacqueline Tuin	DAW	NED	196600690	38.76
4.	Monique Tuijp	WZ&PC Purmerend	NED	196900800	41.59
5.	Iris van Aurich	DWK	NED	196900866	41.75
6.	Danielle van Veen	ZPC Woerden	NED	196901048	42.16
7.	Machteld Stilting	ZPC AMERSFOORT	NED	196600716	43.91
8.	Françoise Duran	De Biesboschzwemmers	NED	196900222	44.88
9.	Roelien Speelman-Tigelaar	De Spatters	NED	196600664	45.82
10.	Caroline Kruger	Feijenoord Albion Zwemclub	NED	196800928	47.17
11.	Roselinda van der Vlugt	De Geul	NED	196700710	52.29
12.	Ann Vandenbrouck	Royal Ostend Swimming Club	BEL	20321/65	52.54

Masters 55+

1.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	42.81
2.	Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	43.48
3.	Marijke Kraak-Beckers	WS Twente	NED	196000240	45.13
4.	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	49.54
5.	Jenny Westervaarder	H2Oldambt	NED	196200424	50.79
6.	Petra Ros	ZCNF'34	NED	196100398	50.95
7.	Erica Muller	De Geul	NED	196400412	51.67
8.	Lia Bijkerk	WIDEX GZC DONK	NED	196000014	52.51
	*				
9.	Riekie Schra	Steenwijk 1934	NED	196400404	1:06.12
	*				
NG	Gea Kuiper	ZCNF'34	NED	196100104	
	*				

Masters 60+

1.	Ada de Voogd	ZVVS	NED	195900280	47.92
2.	Claire Anthony	CNSW	BEL	001353/57	49.85
3.	Hannie Poletiek	TriVia	NED	195900278	50.42
4.	Willy Schoenmaker-ter Veer	DWK	NED	195900254	52.81
5.	Karien Musters	Old Dutch	NED	195800236	1:01.19
	*				
6.	Mies Kuipers	Old Dutch	NED	195800202	1:01.88
	*				

Masters 65+

1.	Ineke Weekers	PSV	NED	195300050	44.59
	<i>Nederlands Masters Record</i>				
2.	Tineke van Diggelen	ZPCH	NED	195200048	54.42
3.	Geerdien Meerwaldt	De Geul	NED	195200058	1:01.57

*
4. Nini van Dongen-de Paepe ZZ&PC De Devel NED 195100044 **1:03.33**

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Masters 70+

1. Corrie Verhoeven PSV NED 194600026 **46.44**
Nederlands Masters Record
 2. Annet Verhoeven - Steggerda De Duinkickers NED 194600024 **54.92**
 AFGEM Bea Swijnenberg SWOL 1894 NED 194900010

Masters 75+

1. Leny Kamp Aquapoldro NED 194400008 **1:11.62**

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Programmanr. 10
03-05-2019 - 14:02

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Felix Geenen	DAW	NED	199501085	31.64		
2.	Nick Sijmons	De Amstel	NED	199500491	32.25		
3.	Jeffrey Camphens	DWT	NED	199503113	33.08		
4.	David Kievit	SGGO (SG)	NED	199900325	34.51		
5.	Renzo Strang	De Duinkickers	NED	199801151	35.45		
6.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	35.50		
7.	Ian van Mullem	ZOB'66	NED	199602545	36.66		
8.	Jeffrey Eigenraam	ZOB'66	NED	199500041	37.05		
9.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	38.49		
DIS	Bas Dries	Zwemvereniging Hoogland	NED	199505177			

SQ - Bij de laatste slag voor keer- of eindpunt een beenslag gemaakt, die niet vooraf is gegaan door een armslag

Masters 25+

1. Roy Smeenge TriVia NED 199305557 **29.89**
 2. Dennis Bos HZ&PC Heerenveen NED 199201965 **30.64**
 3. Martino Valentijn DIO NED 199403913 **32.68**
 4. Patrick Creemers RZ NED 199000579 **33.27**
 5. Tom de Lange Deltasteur NED 199300303 **34.05**
 6. Maik Steenkamp Montferland NED 199103847 **35.20**
 7. Patrick Wobben Steenwijk 1934 NED 199300559 **39.51**
 8. Bob Potkamp Deltasteur NED 199403189 **39.77**
 9. Rick Vaarkamp Triton Putten NED 199404979 **43.80**

Masters 30+

1. Erik Verholt Noord Veluwe NED 198803543 **30.77**
 2. Christopher Rojas CN Delfines Azules PAN **31.70**
 3. Sander de Vrugt ESCA Zwemmen NED 198903499 **32.10**
 4. Yuri van Ommen Zwemvereniging Hoogland NED 198501887 **32.21**
 5. Guido Moret Feijenoord Albion Zwemclub NED 198501793 **34.63**
 6. Arjan van der Plaat DIO NED 198602403 **36.69**
 7. Wouter van 't Klooster ZPC AMERSFOORT NED 198806159 **37.80**
 8. Ingmar de Jong De Wellerobben NED 198806197 **44.64**
 DIS Vincent Bakker ZPC AMERSFOORT NED 198600107

AA - Gestart voor het startsignaal (en wel gezwommen).

Programmanr. 10, Heren, 50m schoolslag

Masters 35+

1.	Simon van Ravesteijn	WVZ	NED	198002263		32.64	
2.	Marc Oliver Borgstedt	SG Bayer	GER	240531		33.47	
3.	Lauren Vis	Steenwijk 1934	NED	198201883		33.79	
4.	Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627		34.16	
5.	Paul Oudendijk	DAW	NED	198101287		35.09	
6.	Dirk Smit	Tiamat	NED	198101559		35.92	
7.	Nicolas Slegers	CNSW	BEL	005301/84		38.94	
8.	Sebastiaan Baars	WS Twente	NED	198300053		39.29	
9.	Sander de Velde	Deltasteur	NED	198302165		45.26	
10.	Sebastiaan de Vos	De Duinkickers	NED	198402481	SB7	52.66	255

Masters 40+

1.	Victor Barnar	GoSwim	NED	197801805		31.98	
2.	Vincent Versteeg	Zwemlust-den Hommel	NED	197701003		32.56	
3.	Maarten van der Zwan	Scheldestroom	NED	197501017		32.60	
4.	Ronald Smits	PSV	NED	197800981		33.62	
5.	Erwin Buist	ZPC AMERSFOORT	NED	197800183		34.21	
6.	Mark Zwart	Zwemlust-den Hommel	NED	197901461		34.30	
7.	Edgar Thimister	MZ&PC	NED	197501511		36.56	
8.	Robin Roskam	De Duinkickers	NED	197801831		39.11	
9.	Tom Bandsma	PSV	NED	197701625		39.16	

Masters 45+

1.	Michael van Bekkum	SWOL 1894	NED	197200051		35.89	
	Chang Bom	The Hague Swimming (SG)	NED	197201483		35.89	
3.	Ingmar de Gelder	ZOB'66	NED	197000333		37.62	
4.	Rob van de Ven	SWNZ (SG)	NED	197101695		38.13	
5.	Rob van Nijburg	De Otters Het Gooi	NED	197001737		39.35	
6.	Bas Kremers	TRB-RES	NED	197201611		39.41	
7.	Martijn de Jong	DWK	NED	197101659		39.97	
8.	Jacques Verriet	VZV Njord	NED	197001039		40.15	
9.	Pieter Bardelmeijer	Deltasteur	NED	197201665		42.80	

Masters 50+

1.	Harold Matla	PSV	NED	196800591		33.74	
2.	Marcel Jonkman	Aqualero	NED	196801389		35.47	
3.	Hans Schoenmakers	DAW	NED	196900863		36.19	
4.	Nico Swart	De Biesboschzwemmers	NED	196801475		37.02	
5.	Guido Keutgen	Steenwijk 1934	NED	196801551		37.06	
6.	Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355		37.46	
7.	Wridzer Bakker	ESCA Zwemmen	NED	196701711		37.69	
8.	Christophe Wadin	Royal Dauphins Mouscronnois	BEL	005113/68		38.21	
9.	Joop Weenink	WS Twente	NED	196801535		39.23	
10.	Kees Akershoek	SGGO (SG)	NED	196900009		39.51	
11.	Gertjan van der Vaart	ZVVS	NED	196801529		41.17	
12.	Albert Steenvoorden	HHZV PLONS	NED	196601605		41.88	
13.	Marcel Brittijn	De Duinkickers	NED	196900159		42.88	
14.	René Speelman	De Spatters	NED	196601521		43.88	
DIS	Bert de Weerd	RZC	NED	196701283			

AA - Gestart voor het startsignaal (en wel gezwommen).

Programmanr. 10, Heren, 50m schoolslag

Masters 55+

1.	Theo Bakker	TriVia	NED	196401231	36.58
2.	Jan Vlasblom	HHZV PLONS	NED	196100823	38.49
3.	Jack Barends	WS Twente	NED	196201011	46.35
4.	Jan Willem Heuten	WS Twente	NED	196000883	46.79
5.	Michel Picavet	Royal Dauphins Mouscronnois	BEL	004713/62	48.09

Masters 60+

1.	Wim de Lange	AZC	NED	195800533	39.33
2.	Paul Bunnik	Triton	NED	195600413	39.67
3.	Philippe Godbille	CNSW	BEL	000230/57	40.10
4.	Walter Rolloos	ZPV Barracuda	NED	195900387	40.15
5.	Hans Wijsman	PSV	NED	195500427	41.11
6.	Christian Schoenaers	CNSW	BEL	007131/59	41.26
7.	Peter Coffeng	WIDEX GZC DONK	NED	195700063	43.50
8.	Pier van der Sluis	De Vikings	NED	195900757	43.63
9.	Robert Schulein	H2Oldambt	NED	195900843	45.48
10.	Marius Ros	ZCNF'34	NED	195900779	46.12
11.	Jos van Sleuwen	Nautilus	NED	195700323	48.29

Masters 65+

1.	Charles Bos	Patrick-De Roersoppers (SG)	NED	195300019	41.14
2.	Piet Schop	De Bevelanders	NED	195000109	44.28
3.	Bert Veerkamp	Zuiderzeezwemmers	NED	195200271	1:01.59
4.	Etienne Languillier	CNSW	BEL	000228/50	1:27.58

Masters 70+

1.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	55.25
2.	Mans Buis	SWOL 1894	NED	194700133	55.28
3.	Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	59.77

Masters 75+

1.	Rob Hanou	PSV	NED	194300109	45.20
2.	Nico Baay	Old Dutch	NED	194200053	50.54
3.	Kevork Boyrazian	CNSW	BEL	002620/44	1:00.50

Masters 85+

1.	Taco van Blommestein	Aquapoldro	NED	193300007	1:15.71
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Programmanr. 11
03-05-2019 - 14:24

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1.	Rachel Blok	Het Y	NED	199906076	1:01.35	+0.61	29.53	1:01.35
2.	Hilde Dekker	ReVeLie Swim Team	NED	199901926	1:01.44	+0.69	29.54	1:01.44
3.	Renée Vanderheyden	ReVeLie Swim Team	NED	199903130	1:02.46	+0.63	30.05	1:02.46
4.	Myra Smulders	Zwemvereniging Hoogland	NED	199904308	1:02.80	+0.64	30.33	1:02.80
	Melissa van der Heijden	ZPV Barracuda	NED	199605226	1:02.80	+0.59	30.52	1:02.80
6.	Brenda Zwarthoed	DAW	NED	199604938	1:03.03	+0.62	29.52	1:03.03
7.	Manon Kloosterman	De Bevelanders	NED	199702082	1:03.21	+0.72	30.38	1:03.21
8.	Bibi Stokvis	Het Y	NED	199900892	1:03.67	+0.65	30.20	1:03.67
9.	Richenne Zeebregts	Nueneen	NED	199801818	1:03.70	+0.53	30.00	1:03.70

Programmanr. 11, Dames, 100m vrije slag, Masters 20+

rang naam	vereniging		tijd	RT	PARA	50m	100m
10. Marije Dankelman	Dedemsvaart-AC	NED 199701502	1:04.20	+0.51		31.18	1:04.20
11. Denise Boonstra	DAW	NED 199902662	1:05.11	+0.69		30.57	1:05.11
12. Rianne van Rijssen	Noord Veluwe	NED 199702360	1:05.75	+0.64		30.99	1:05.75
13. Caroline Perez	Het Y	NED 199606740	1:06.71	+0.58		32.03	1:06.71
14. Anne-Irene Duchaine	Zwemvereniging Hoogland	NED 199506824	1:06.99			32.27	1:06.99
15. Arianne Jonkman	De Wellerobben	NED 199801590	1:07.10	+0.58		31.24	1:07.10
16. Jet Kleine	MSV-Zeemacht	NED 199903384	1:08.77	+0.51		32.43	1:08.77
17. Lotte Rolink	Zwemclub Polaris	NED 199504880	1:11.16	+0.53		34.07	1:11.16
18. Stephanie van Diepen	Noord Veluwe	NED 199500972	1:11.46	+0.66		33.69	1:11.46
19. Sheila Ten Voorde	ZVV	NED 199904538	1:11.55	+0.77		33.09	1:11.55
20. Esmee van Dijk	EZPC	NED 199901694	1:12.08	+0.61		34.57	1:12.08
21. Iris Bastiaansen	De Amstel	NED 199902006	1:12.14	+0.48		33.93	1:12.14
22. Jolijn Keegstra	SWOL 1894	NED 199602284	1:13.87	+0.80		35.18	1:13.87
23. Sanne Kruijjer	Sassenheim	NED 199505958	1:14.63	+0.62		35.61	1:14.63
24. Kim Hamakers	De Rog	NED 199803214	1:16.15	+0.69		37.02	1:16.15
25. Nadine Scheeve	Zwemlust-den Hommel	NED 199700684	1:16.18	+0.68		35.35	1:16.18
26. Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	1:16.28	+0.91		37.32	1:16.28
27. Iris van Zuilen	Zwemvereniging Hoogland	NED 199803036	1:18.46	+0.88		38.45	1:18.46
28. Cynthia van Veen	ZPC Woerden	NED 199606736	1:18.98	+0.73		36.37	1:18.98
29. Myrna Kleefstra	Zuiderzeewemmers	NED 199503496	1:22.93	+0.85		39.05	1:22.93
30. Maranka Huitema	Steenwijk 1934	NED 199500302	1:27.40	+0.71		40.38	1:27.40
31. Stephanie Fink Jensen	GoSwim	NED 199906494	1:33.12			41.89	1:33.12
DIS Anouk van der Lans	Feijenoord Albion Zwemclub	NED 199801614					

AF - De aangegeven afstand niet uitgezwommen.

Masters 25+

1. Saskia de Klerk	GoSwim	NED 199004612	1:00.15	+0.57		29.41	1:00.15
2. Jolanda Post	DIO	NED 199004848	1:02.07	+0.58		30.16	1:02.07
3. Lotte Coenen	The Hague Swimming (SG)	NED 199301518	1:02.91	+0.73		29.60	1:02.91
4. Marcha Admiraal	De Geul	NED 199300012	1:03.07	+0.67		30.19	1:03.07
5. Elmi Roelofsen	ZVV	NED 199008198	1:03.24	+0.73		30.03	1:03.24
6. Manon van Strien	WVZ	NED 199400770	1:03.47	+0.74		30.32	1:03.47
7. Wendy de Bruin	ZOB'66	NED 199206320	1:03.88	+0.42		30.68	1:03.88
8. Inge van der Hoek	The Hague Swimming (SG)	NED 199204034	1:04.27	+0.63		30.80	1:04.27
9. Isabelle Massar	WVZ	NED 199102034	1:05.09	+0.67		31.11	1:05.09
10. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	1:05.32	+0.49		31.05	1:05.32
11. Nikki Hoogeboom	De IJsel	NED 199301196	1:05.64	+0.72		31.57	1:05.64
12. Tessa Mosch	MSV-Zeemacht	NED 199102172	1:06.14	+0.59		31.18	1:06.14
13. Suzanne Mosch	MSV-Zeemacht	NED 199400548	1:07.46	+0.66		31.58	1:07.46
14. Cindy Franken-Hendriks	ESCA Zwemmen	NED 199207672	1:08.42	+0.57		32.50	1:08.42
15. Jacqueline van den Beukel	Feijenoord Albion Zwemclub	NED 199100238	1:09.82	+0.63		32.55	1:09.82
16. Ilse Blankvoort	Steenwijk 1934	NED 199204458	1:11.95	+0.65		34.26	1:11.95
17. Charine de Ruiter	Steenwijk 1934	NED 199403668	1:13.12	+0.78		34.53	1:13.12
18. Kimberley van Buren	De Duck	NED 199304136	1:14.30	+0.81		35.34	1:14.30
19. Kelly Bockting	Montferland	NED 199104050	1:15.27	+0.67		36.30	1:15.27
20. Cheyenne Vercooren	Royal Ostend Swimming Club	BEL 21023/93	1:16.07	+0.57		36.15	1:16.07
21. Henriette Dijkdrent	LinK	NED 199307886	1:26.60	+0.85		41.10	1:26.60

Masters 30+

1. Marije Jansen	ZPC AMERSFOORT	NED 198504088	1:04.44	+0.61		30.17	1:04.44
2. Larissa Brak	ZPC AMERSFOORT	NED 198800572	1:04.97	+0.48		31.48	1:04.97
3. Rianne Hofland	Sassenheim	NED 198801820	1:05.66	+0.63		30.83	1:05.66
4. Monique Remst	AZC	NED 198706236	1:07.00	+0.73		32.31	1:07.00
5. Sandra Zwaanswijk	DAW	NED 198503934	1:07.28	+0.62		31.96	1:07.28
6. Sabine Lina	ZPC Woerden	NED 198902680	1:07.38	+0.65		32.16	1:07.38
7. Joan Fonteine	Zwemclub Koewacht	NED 198805148	1:15.45	+0.72		35.50	1:15.45
8. Mariska Zaal	AZC	NED 198806916	1:16.58	+0.54		35.87	1:16.58
9. Tessa Verheijdt	WVZ	NED 198904290	1:16.97	+0.69		37.05	1:16.97
10. Sanne Smouter	Zwemvereniging Hoogland	NED 198907540	1:24.31	+1.14		40.17	1:24.31

Programmanr. 11, Dames, 100m vrije slag

Masters 35+

1. Delia Badoux	WVZ	NED	198000042	1:02.51	+0.65	29.91	1:02.51
2. Anke Lambooj	De Vliet (SG)	NED	198001182	1:03.89	+0.75	30.21	1:03.89
3. Miranda Pijnenburg	De Treffers	NED	198301216	1:07.88	+0.70	32.77	1:07.88
4. Renee de Kok	PSV	NED	198403350	1:10.54	+0.53	34.25	1:10.54
5. Fabiënne Jeukens	MZ&PC	NED	198401156	1:21.57	+0.92	37.71	1:21.57
6. Marloes Rebel	WS Twente	NED	198403474	1:23.18	+0.94	37.91	1:23.18

Masters 40+

1. Nathalie Blondeel	CNSW	BEL	004784/77	1:05.00	+0.52	31.14	1:05.00
2. Krista de Reus-Trompetter	DZ&PC	NED	197600520	1:06.47	+0.81	31.84	1:06.47
3. Petra Guijt	Aqua-Novio'94	NED	197600978	1:08.06	+0.84	32.19	1:08.06
4. Chantal Winters	De Rog	NED	197601138	1:08.75	+0.57	33.19	1:08.75
5. Heleen Spelde Fransens	THOR	NED	197901358	1:09.88	+0.71	33.34	1:09.88
6. Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	1:10.80	+0.59	33.17	1:10.80
7. Martine de Haart	Patrick-De Roersoppers (SG)	NED	197901492	1:11.89	+0.78	34.53	1:11.89
8. Marian Nederlof	De Geul	NED	197600950	1:13.93	+0.63	35.48	1:13.93
9. Margriet Daalman	De Spatters	NED	197801368	1:16.25	+0.69	35.51	1:16.25
10. Ingeborg Speelman Hamelink	Zwemclub Koewacht	NED	197601028	1:20.10	+0.78	37.20	1:20.10
11. Sandra Van der Helm	De Rog	NED	197801340	1:24.11	+0.72	39.78	1:24.11
12. F. Verriet-Regensburg	VZV Njord	NED	197500428	1:38.52	+0.62	47.26	1:38.52

Masters 45+

1. Edith Janssen-Koolen	TRB-RES	NED	197300898	1:06.54	+0.57	31.83	1:06.54
2. Yvette Ratering	De Ward	NED	197200990	1:06.71	+0.67	31.44	1:06.71
3. Ilona Hogerheyde	DAW	NED	197400224	1:06.98	+0.60	31.59	1:06.98
4. Annette de Visser	Oceanus	NED	197100602	1:08.54	+0.70	32.66	1:08.54
5. Valerie Rolland	CNSW	BEL	004276/71	1:10.88	+0.58	34.60	1:10.88
6. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	1:11.08	+0.94	33.51	1:11.08
7. Evelien Breman-Alers	Nautilus	NED	197200878	1:22.77	+0.75	38.17	1:22.77

Masters 50+

1. Monique Tuijp	WZ&PC Purmerend	NED	196900800	1:05.63	+0.75	31.58	1:05.63
2. Lesley Cordial	ZPC AMERSFOORT	NED	196700684	1:05.65		31.36	1:05.65
3. Ariene Knoester	Aqua-Novio'94	NED	196700716	1:12.11	+0.74	34.56	1:12.11
4. Jacqueline Tuin	DAW	NED	196600690	1:12.79	+0.68	33.65	1:12.79
5. Rita van der Horst	RZC	NED	196900260	1:13.05	+0.67	34.28	1:13.05
6. Marijke Campfens	De Geul	NED	196900960	1:13.90	+0.52	35.07	1:13.90
7. Lucy Dubus	Royal Dauphins Mouscronnois	BEL	003221/69	1:17.62	+0.79	36.72	1:17.62
8. Patricia de Jong	HHZV PLONS	NED	196600728	1:19.52	+0.78	36.92	1:19.52
9. Roelien Speelman-Tigelaar	De Spatters	NED	196600664	1:19.76	+0.65	36.81	1:19.76
10. Françoise Duran	De Biesboschzwemmers	NED	196900222	1:21.91	+0.76	39.39	1:21.91
11. Hettie Schakel	DWK	NED	196900974	1:22.43	+0.86	39.49	1:22.43
12. Linda Goderie	Rotterdam Swimming (SG)	NED	196900976	1:22.50	+0.80	38.56	1:22.50
13. Machteld Stilting	ZPC AMERSFOORT	NED	196600716	1:22.86	+0.72	38.70	1:22.86
14. Sandra Daamen-Posma	AZC	NED	196800854	1:23.74	+0.90	39.59	1:23.74
15. Caroline Kruger	Feijenoord Albion Zwemclub	NED	196800928	1:24.92	+0.58	38.59	1:24.92
16. Annette van Dok	MSV-Zeemacht	NED	196800742	1:29.87	+0.74	41.99	1:29.87
17. Ann Vandembrouck	Royal Ostend Swimming Club	BEL	20321/65	1:42.28	+0.89	47.08	1:42.28

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED	196300518	1:09.90	+0.59	33.58	1:09.90
2. Katrin Pennings	PSV	NED	196400570	1:10.50	+0.65	33.57	1:10.50
3. Gabriele Hugo	Weyher SV	GER	113360	1:13.96	+0.92	35.00	1:13.96
4. Margriet Grove-Lingeman	Triton	NED	196200080	1:15.92	+0.73	35.78	1:15.92
5. Wilna Heijman	Steenwijk 1934	NED	196400506	1:17.52	+0.79	37.60	1:17.52
6. Francine Sommer	Triton	NED	196200384	1:18.75	+0.71	36.46	1:18.75
7. Marijke Kraak-Beckers	WS Twente	NED	196000240	1:19.51	+0.81	38.33	1:19.51

Programmanr. 11, Dames, 100m vrije slag, Masters 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
8. Christine Buist	De Duinkickers	NED	196400608	1:26.04	+0.88		40.18	1:26.04
9. Jenny Westervaarder	H2Oldambt	NED	196200424	1:28.96	+0.79		42.74	1:28.96
10. Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	1:29.47	+0.72		42.35	1:29.47
11. Marie-Jeanne Vandormael	GZ Neptunus	BEL	21035/63	1:30.44			43.27	1:30.44
12. Erica Muller	De Geul	NED	196400412	1:30.92	+0.41		42.02	1:30.92
13. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	1:31.63	+0.74		42.61	1:31.63
14. Petra Ros	ZCNF'34	NED	196100398	1:46.44	+0.99		50.01	1:46.44
15. Riekje Schra	Steenwijk 1934	NED	196400404	2:12.35	+1.31		1:01.48	2:12.35

Masters 60+

1. Esther van Lohuizen	PSV	NED	195900300	1:11.56	+0.67		34.68	1:11.56
2. Willy Schoenmaker-ter Veer	DWK	NED	195900254	1:47.48	+0.87		48.78	1:47.48
3. Karien Musters	Old Dutch	NED	195800236	1:52.77	+0.86		52.95	1:52.77
4. Lies Hartman	PSV	NED	195600116	2:14.84	+0.93		59.14	2:14.84

Masters 65+

1. Christien Nieuwenhuis	SWOL 1894	NED	195100022	1:17.07	+0.73		35.50	1:17.07
2. Fernande Gourmet Blondeel	CNSW	BEL	004901/52	1:42.62	+0.81		48.27	1:42.62
3. Geerdien Meerwaldt	De Geul	NED	195200058	2:06.52			57.82	2:06.52
4. Janny van der Weide	Deltasteur	NED	195100066	2:13.86			1:03.72	2:13.86

Masters 70+

1. Annie Smits	PSV	NED	194600016	1:44.84	+1.21		51.43	1:44.84
2. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	1:47.08			51.10	1:47.08

Masters 80+

1. Lottie Geurts	PSV	NED	193500006	1:43.22	+1.05		49.08	1:43.22
2. Marie Smits	Old Dutch	NED	193800004	1:54.97	+1.11		54.22	1:54.97

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Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Felix Geenen	DAW	NED	199501085	54.16	+0.64		25.31	54.16
2. Kalle van Gemert	ZPC De Zeeuwse Kust	NED	199801259	55.11	+0.54		26.27	55.11
3. Bas Dries	Zwemvereniging Hoogland	NED	199505177	55.55	+0.60		26.41	55.55
4. Dennis Wildeboer	Nova	NED	199800571	56.67	+0.67		27.15	56.67
5. Robin van Beek	ZVL-1886	NED	199704023	57.58	+0.60		27.45	57.58
6. Sander Kartman	Zwemvereniging Hoogland	NED	199805091	57.77	+0.49		27.52	57.77
7. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	57.94	+0.66		27.51	57.94
8. Sam Beer	Rotterdam Swimming (SG)	NED	199605521	59.16	+0.59		28.39	59.16
9. Martijn Bartels	ZPC AMERSFOORT	NED	199603493	59.22	+0.54		28.09	59.22
10. Jordy van Oel	WVZ	NED	199802003	1:00.19	+0.73		28.82	1:00.19
11. Patrick Wyrdean	Feijenoord Albion Zwemclub	NED	199702475	1:00.75	+0.57		28.61	1:00.75
12. Ian van Mullem	ZOB'66	NED	199602545	1:01.50	+0.57		28.93	1:01.50
13. Jeffrey Eigenraam	ZOB'66	NED	199500041	1:02.77	+0.64		28.75	1:02.77
14. Wesley van der Luit	Sassenheim	NED	199701895	1:03.42	+0.66		29.82	1:03.42
15. Jordi de Nijs	MSV-Zeemacht	NED	199801851	1:04.16	+0.64		30.50	1:04.16
16. Lars Jacobsen	DWK	NED	199705453	1:05.23	+1.08	552	31.52	1:05.23

Programmanr. 12, Heren, 100m vrije slag

Masters 25+

1. Dennis Bos	HZ&PC Heerenveen	NED	199201965	55.05	+0.53	26.69	55.05
2. Olaf Achterberg	VZC	NED	199000011	56.94	+0.67	27.55	56.94
3. Michel de Maesschalck	AquaWaarD	NED	199101525	57.74	+0.65	27.76	57.74
4. Stefan Kwant	Nova	NED	199200781	58.87	+0.54	27.82	58.87
5. Jeffrey van 't Schip	De Amstel	NED	199102035	59.56	+0.67	28.54	59.56
6. Johan Krakou	De Rijn	NED	199101311	1:00.47	+0.72	28.70	1:00.47
7. Kais Baccour	SwimGym	NED	199107775	1:01.23	+0.61	29.55	1:01.23
8. Rens Post	WVZ	NED	199101827	1:01.33	+0.61	29.06	1:01.33
9. Eric Kalee	Zwemvereniging Hoogland	NED	199005307	1:02.92	+0.80	30.47	1:02.92
10. Stefan Oostendorp	AZC	NED	199005615	1:04.81	+0.69	30.93	1:04.81
11. Ruben de Boer	De Duinkickers	NED	199301419	1:05.79	+0.58	30.78	1:05.79
12. Gerben Rozie	MSV-Zeemacht	NED	199002507	1:06.41	+0.60	30.83	1:06.41
13. Bob Potkamp	Deltasteur	NED	199403189	1:12.61	+0.83	34.10	1:12.61
14. Patrick Wobben	Steenwijk 1934	NED	199300559	1:14.52	+0.69	34.81	1:14.52

Masters 30+

1. Arjan van der Plaats	DIO	NED	198602403	54.48	+0.70	26.09	54.48
2. Sander de Vrugt	ESCA Zwemmen	NED	198903499	56.93	+0.53	26.91	56.93
3. Klaas van Beek	ZV Haarlem	NED	198805941	57.32	+0.56	27.48	57.32
4. Guido Moret	Feijenoord Albion Zwemclub	NED	198501793	59.80	+0.66	28.26	59.80
5. Tom Cosemans	Hellas-Glana	NED	198806199	1:01.22	+0.64	29.62	1:01.22
6. Vincent Bakker	ZPC AMERSFOORT	NED	198600107	1:02.02	+0.67	29.68	1:02.02
7. Ferdy van Savoyen	Zuiderzeewemmers	NED	198604721	1:04.29	+0.67	30.13	1:04.29
8. Mark Godwaldt	PSV	NED	198701039	1:05.55	+0.79	30.93	1:05.55
9. Frederik Tamminga	PSV	NED	198703293	1:05.79	+0.76	30.93	1:05.79
10. Peter Schelvis	LinK	NED	198906671	1:09.45	+0.66	33.14	1:09.45
11. Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	1:14.49	+0.71	35.15	1:14.49
12. Ingmar de Jong	De Wellerobben	NED	198806197	1:20.50	+0.67	35.60	1:20.50

Masters 35+

1. Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	55.94	+0.64	26.75	55.94
2. Lauren Vis	Steenwijk 1934	NED	198201883	56.95	+0.57	27.02	56.95
3. Kristiaan Lenos	ZVL-1886	NED	198301331	57.14	+0.67	27.59	57.14
4. Robert Dekker	Dedemsvaart-AC	NED	198400443	57.44	+0.62	27.86	57.44
5. Jim Geestman	Rotterdam Swimming (SG)	NED	198300699	57.90	+0.70	27.56	57.90
6. Federico Cappello	Entente Sportive Nanterre	FRA	2749459	58.67	+0.54	28.00	58.67
7. Peter van de Bor	DWT	NED	198402897	1:03.32	+0.75	28.98	1:03.32
8. Simon van Ravesteijn	WVZ	NED	198002263	1:07.87	+0.68	31.61	1:07.87
9. Edward van Dootingh	ZV 44	NED	198403341	1:08.20	+0.67	32.14	1:08.20
10. Sebastiaan Baars	WS Twente	NED	198300053	1:09.83	+0.83	33.46	1:09.83
11. Nicolas Slegers	CNSW	BEL	005301/84	1:10.43	+0.74	33.40	1:10.43
12. Sander de Velde	Deltasteur	NED	198302165	1:17.48	+0.55	36.16	1:17.48

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	54.42	+0.57	25.93	54.42
<i>Nederlands Masters Record</i>							
2. Victor Barnar	GoSwim	NED	197801805	58.17	+0.60	27.72	58.17
3. Ruud Holswilder	ZPCH	NED	197800435	59.58	+0.76	27.85	59.58
4. Mark Zwart	Zwemlust-den Hommel	NED	197901461	59.60	+0.71	28.10	59.60
5. Erwin Buist	ZPC AMERSFOORT	NED	197800183	1:00.30	+0.63	28.87	1:00.30
6. Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	1:03.31	+0.64	29.19	1:03.31
7. Kelvin Isselt	RZ	NED	197601119	1:03.33	+0.63	30.12	1:03.33
8. Edgar Thimister	MZ&PC	NED	197501511	1:03.70	+0.66	30.90	1:03.70
9. Stan Dekker	HHZV PLONS	NED	197901823	1:03.78	+0.73	29.79	1:03.78
10. Gino Martijn	RZ	NED	197901865	1:05.33	+0.67	30.49	1:05.33
11. Erik Drost	PSV	NED	197901491	1:06.99	+0.74	31.11	1:06.99
12. Peter Lommert	SWOL 1894	NED	197900787	1:08.07	+0.82	32.42	1:08.07

Programmanr. 12, Heren, 100m vrije slag, Masters 40+

rang naam	vereniging			tijd	RT	PARA	50m	100m
13. Tom Bandsma	PSV	NED	197701625	1:09.38	+0.83		33.50	1:09.38
14. Ingmar Kooman	ZVL-1886	NED	197901517	1:09.53	+0.67		31.68	1:09.53
DIS Bas Broekhuis	MZ&PC	NED	197601561					

AA - Gestart voor het startsignaal (en wel gezwommen).

AFGEM Johan Wezenberg SWOL 1894 NED 197601023

Masters 45+

1. Frederic Tonus	Entente Sportive Nanterre	FRA	318958	55.49	+0.64		26.37	55.49
2. Joeri Stoffels	AZC	NED	197300851	1:00.48	+0.80		28.27	1:00.48
3. Eric Hoekman	WS Twente	NED	197401531	1:01.18	+0.78		29.32	1:01.18
4. Eelco van Gemert	ZPC De Zeeuwse Kust	NED	197200299	1:02.80	+0.69		29.27	1:02.80
5. Ingmar de Gelder	ZOB'66	NED	197000333	1:03.76	+0.70		30.24	1:03.76
6. Chris Kouwenhoven	Steenwijk 1934	NED	197101669	1:08.36	+0.81		32.21	1:08.36
7. Chang Bom	The Hague Swimming (SG)	NED	197201483	1:09.02	+0.52		32.78	1:09.02
8. Martijn de Jong	DWK	NED	197101659	1:10.12	+0.70		33.19	1:10.12
9. Bas Kremers	TRB-RES	NED	197201611	1:13.00	+0.58		33.75	1:13.00
10. Rob van de Ven	SWNZ (SG)	NED	197101695	1:15.47	+0.73		35.20	1:15.47
11. Pieter Bardelmeijer	Deltasteur	NED	197201665	1:16.71	+0.81		37.76	1:16.71
12. Jeroen Hoeksel	ZVVS	NED	197401533	1:19.96	+0.80		36.86	1:19.96

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	1:00.25	+0.61		28.03	1:00.25
2. Pieter van Gemeren	DAW	NED	196901779	1:01.02	+0.65		29.40	1:01.02
3. Kees Akershoek	SGGO (SG)	NED	196900009	1:04.30	+0.64		29.98	1:04.30
4. Bert de Weerd	RZC	NED	196701283	1:04.74	+0.66		30.41	1:04.74
5. Otto Jansen	ZVL-1886	NED	196501403	1:05.12	+0.70		30.39	1:05.12
6. Christophe Wadin	Royal Dauphins Mouscronnois	BEL	005113/68	1:05.87	+0.89		31.39	1:05.87
7. Henri Michels	De Amstel	NED	196501587	1:06.07	+0.70		30.83	1:06.07
8. Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	1:07.07	+0.75		31.49	1:07.07
9. Jeroen Wilmer	Vichy Val D'Allier	FRA	2169839	1:08.44	+0.82		33.61	1:08.44
10. Mario Cuelenaere	ZPC De Zeeuwse Kust	NED	196901569	1:08.48	+0.87		32.10	1:08.48
11. Wridzer Bakker	ESCA Zwemmen	NED	196701711	1:08.55	+0.79		31.88	1:08.55
12. Wijnand Vergeest	De Rog	NED	196800949	1:08.92	+0.60		32.20	1:08.92
13. Nico Paasse	SGGO (SG)	NED	196501463	1:09.19	+0.85		32.85	1:09.19
14. Hans Schoenmakers	DAW	NED	196900863	1:09.69	+0.67		33.14	1:09.69
15. Eymert van Rooij	PSV	NED	196601631	1:09.87	+0.85		32.71	1:09.87
16. Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	1:11.72	+0.80		34.45	1:11.72
17. Marcel Brittij	De Duinkickers	NED	196900159	1:13.45	+0.60		34.97	1:13.45
18. René Speelman	De Spatters	NED	196601521	1:14.70	+0.63		35.03	1:14.70
19. Peter Barendse	ZPC AMERSFOORT	NED	196901815	1:15.52	+0.86		34.73	1:15.52
20. Ramon Alsina Munoz	CNSW	BEL	002552/69	1:16.58	+0.77		35.69	1:16.58
21. Taco Eikelenboom	AZ&PC De Futen	NED	196900275	1:17.33	+0.71		35.41	1:17.33
22. Gertjan van der Vaart	ZVVS	NED	196801529	1:17.64	+0.62		36.04	1:17.64

Masters 55+

1. Peter Bernsen	De Rog	NED	196301119	1:00.20	+0.59		29.37	1:00.20
2. Arnold de Rover	AZ&PC De Futen	NED	196400645	1:00.80	+0.72		28.66	1:00.80
3. Hans Westerhof	WS Twente	NED	196200743	1:03.57	+0.83		30.83	1:03.57
4. Jan Wierenga	De Aalscholver	NED	196400843	1:04.60	+0.72		30.95	1:04.60
5. Wiljam Nijenhuis	De IJsel	NED	196400547	1:05.72	+0.71		30.92	1:05.72
6. Paul Wijnja	De Biesboschzwemmers	NED	196301403	1:06.41	+0.71		31.20	1:06.41
7. Ronald Grove	Triton	NED	196100161	1:07.15	+0.66		30.60	1:07.15
8. Henk Kuipers	ZPC AMERSFOORT	NED	196201207	1:09.37	+0.58		32.79	1:09.37
9. Rob Penninks	PSV	NED	196000897	1:10.40	+0.73		34.00	1:10.40
10. Robin Prins	De Geul	NED	196200515	1:11.37	+0.69		34.20	1:11.37
11. Roy Le Clercq	De Rog	NED	196401041	1:13.66	+0.79		33.85	1:13.66
12. Jan Vlasblom	HHZV PLONS	NED	196100823	1:13.93	+0.88		34.19	1:13.93
13. André Schutte	ZPC De Zeeuwse Kust	NED	196000521	1:18.31			37.59	1:18.31

Programmanr. 12, Heren, 100m vrije slag

Masters 60+

1. Hugo Bregman	Feijenoord Albion Zwemclub	NED	195800069	1:01.57	+0.61	29.66	1:01.57
2. Marten de Groot	HZ&PC Heerenveen	NED	195800149	1:01.97	+0.62	29.38	1:01.97
3. Hans Wijsman	PSV	NED	195500427	1:08.22	+0.74	32.00	1:08.22
4. Evertjan Masurel	PSV	NED	195600495	1:10.00	+0.71	32.50	1:10.00
5. Mark Eligh	UZSC	NED	195700497	1:10.81	+0.66	33.14	1:10.81
6. Peter Coffeng	WIDEX GZC DONK	NED	195700063	1:21.91	+0.81	37.95	1:21.91
7. André Pantekoek	PSV	NED	195800321	1:23.19	+0.94	37.47	1:23.19
8. Jos van Sleuwen	Nautilus	NED	195700323	1:31.05	+0.91	39.29	1:31.05

Masters 65+

1. Jean-Marie Cadiat	CNSW	BEL	000243/53	1:08.72	+0.78	32.31	1:08.72
<i>Belgisch Masters Record</i>							
2. Brend Brevé	PSV	NED	195200265	1:09.13	+0.70	32.98	1:09.13
3. Fred Zanting	TriVia	NED	195400323	1:13.69	+0.83	35.30	1:13.69
4. Jos Kamps	Zwemvereniging Hoogland	NED	195100085	1:15.65	+0.78	35.98	1:15.65
5. Piet Schop	De Bevelanders	NED	195000109	1:16.51	+0.66	35.67	1:16.51

Masters 70+

1. Wout Hemmes	De Plons	NED	194800059	1:16.89	+0.86	35.98	1:16.89
2. Willem Putter	ZVVS	NED	194500135	1:21.31	+0.94	37.63	1:21.31
3. Nico van Dongen	ZZ&PC De Devel	NED	194800159	1:50.81	+1.01	48.25	1:50.81
4. Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	2:09.87	+1.09	57.47	2:09.87

Masters 75+

1. Geza Kaltenecker	AZC	NED	194200065	1:25.12	+0.81	38.80	1:25.12
2. Frans van Enst	WS Twente	NED	194000011	1:25.35	+0.93	39.51	1:25.35
3. Kevork Boyrazian	CNSW	BEL	002620/44	1:58.29	+1.03	54.53	1:58.29

Masters 80+

1. Frederik Hendrik De Bruijn	CN Aquamasters	ESP		1:28.38	+1.10	41.77	1:28.38
2. Nic Geers	Z&PC De Gouwe	NED	193800007	1:42.17	+0.88	51.76	1:42.17
BM Michiel Jorink	HPC PARA - ZV44	NED	198701613	55.94	+0.64	875	26.62
BM Sven Schutte	HPC PARA - Zwemlust Den Hc	NED	198604713	1:05.11	+0.63	576	29.19

Programmanr. 13
03-05-2019 - 15:15

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Selene Wortel	Hieronymus	NED	199700654	2:29.62	+0.55	31.04	1:11.06	1:54.84
2. Chantal Beijer	DWT	NED	199700884	2:35.45	+0.62	32.95	1:13.85	1:59.43
3. Fiona Meuffels	RZ	NED	199504366	2:41.23	+0.60	35.85	1:19.92	2:05.72
4. Marijke Drent	Nova	NED	199906232	2:42.56	+0.65	33.32	1:16.87	2:06.30
5. Lonneke Graansma	ZVL-1886	NED	199900936	2:46.46	+0.69	34.91	1:20.62	2:07.52
6. Arianne Jonkman	De Wellerobben	NED	199801590	2:59.45	+0.62	36.39	1:23.00	2:17.86
7. Sheila Ten Voorde	ZVV	NED	199904538	3:02.40	+0.80	38.90	1:25.93	2:19.01
8. Nicole van Zuilen	Zwemvereniging Hoogland	NED	199505428	3:07.78	+0.57	37.37	1:22.98	2:23.74
9. Iris van Zuilen	Zwemvereniging Hoogland	NED	199803036	3:11.01	+1.00	42.08	1:31.10	2:24.62

Programmanr. 13, Dames, 200m wisselslag

Masters 25+

1. Mabel Suli	WVZ	NED 199307964	2:31.08	+0.66	32.51	1:11.57	1:56.49	2:31.08
<i>Kampioenschapsrecord</i>								
2. Suzanne Brummel	Octopus	NED 199401366	2:41.37	+0.58	33.96	1:18.07	2:03.26	2:41.37
3. Nanda de Vries	Steenwijk 1934	NED 199204328	2:42.48	+0.68	34.19	1:18.17	2:06.06	2:42.48
4. Nikki Hoogeboom	De IJssel	NED 199301196	2:44.97	+0.77	34.44	1:17.76	2:07.13	2:44.97
5. Clara Van Roeyen	GBZ	BEL 20082/90	2:51.94	+0.80	36.08	1:20.68	2:11.80	2:51.94
6. Cindy Franken-Hendriks	ESCA Zwemmen	NED 199207672	2:57.36	+0.58	35.35	1:23.92	2:18.08	2:57.36
7. Leonie Nijenhuis	Zuiderzeewemmers	NED 199204340	2:58.04	+0.64	38.75	1:27.86	2:15.96	2:58.04
8. Getrude Corporaal	Steenwijk 1934	NED 199200380	3:05.00	+0.67	37.97	1:22.92	2:20.49	3:05.00
9. Kelly Bockting	Montferland	NED 199104050	3:10.56	+0.69	40.53	1:31.02	2:25.80	3:10.56
10. Daphne de Jong	De Wellerobben	NED 199302388	3:21.35	+0.71	42.03	1:36.52	2:29.48	3:21.35
11. Janneke Wynia	WS Twente	NED 199005500	3:26.16	+0.87	49.00	1:43.56	2:39.52	3:26.16
12. Claudia Creemers	RZ	NED 199202864	3:29.39	+0.73	42.05	1:37.91	2:40.03	3:29.39
13. Anouk Bloem	TRB-RES	NED 199000320	4:01.23	+0.76	55.52	1:55.31	3:05.79	4:01.23

Masters 30+

1. Viktória Felföldi	Megathlon SE	HUN	2:34.92	+0.67	32.69	1:13.28	1:59.42	2:34.92
2. Susanne van der Linden	DIO	NED 198802736	2:44.42	+0.71	34.92	1:19.88	2:05.50	2:44.42
3. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	2:44.73	+0.60	35.32	1:16.99	2:06.07	2:44.73
4. Linda van Klei-Janssen	ZPB H&L Productions	NED 198802088	2:51.29	+0.72	36.98	1:23.18	2:11.82	2:51.29
5. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	2:51.91	+0.76	37.47	1:23.35	2:11.51	2:51.91
6. Suzan Blankestijn	ZVL-1886	NED 198900350	2:53.29	+0.66	37.45	1:23.94	2:10.13	2:53.29
7. Monique Remst	AZC	NED 198706236	2:55.71	+0.80	36.01	1:23.98	2:15.77	2:55.71
8. Marieke van Dodeweerd	RZC	NED 198600896	2:57.62	+0.69	37.41	1:23.32	2:15.24	2:57.62
9. Eline Roeland	Zwemvereniging Hoogland	NED 198805970	2:59.44	+0.72	38.12	1:25.71	2:17.10	2:59.44
10. Isaline Manchel	CNSW	BEL 001284/85	3:04.02	+0.79	40.21	1:30.99	2:20.84	3:04.02
11. Esther van Maastricht	Montferland	NED 198802836	3:06.18	+0.67	39.97	1:28.40	2:20.68	3:06.18

Masters 35+

1. Laura Badoux	DAW	NED 198200038	2:48.23	+0.75	35.13	1:20.96	2:07.56	2:48.23
2. Anke Lambooi	De Vliet (SG)	NED 198001182	2:48.31	+0.68	36.01	1:20.95	2:11.80	2:48.31
3. Miranda Pijnenburg	De Treffers	NED 198301216	2:56.90	+0.70	35.96	1:21.83	2:15.84	2:56.90
4. Angela Giezen	Montferland	NED 198302796	3:02.55	+0.59	38.51	1:26.54	2:21.29	3:02.55
5. Rianne van Vegchelen	ZV 44	NED 198101530	3:57.85	+1.03	54.93	2:02.43	3:10.51	3:57.85

Masters 40+

1. Nathalie Blondeel	CNSW	BEL 004784/77	2:44.60	+0.46	34.65	1:20.06	2:08.30	2:44.60
2. Liselotte Joling	PSV	NED 197500268	2:49.76	+0.75	35.57	1:22.85	2:10.88	2:49.76
3. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED 197500884	2:54.82	+0.80	35.34	1:22.70	2:15.50	2:54.82
4. Geraldine Trainor	De Duck	NED 197500544	2:55.43	+0.67	36.90	1:23.02	2:13.74	2:55.43
5. Jolanda van Gendt	PSV	NED 197800266	2:58.33	+0.68	39.56	1:24.98	2:17.41	2:58.33
6. Kristel Lips	ZV De Bron	NED 197900562	3:00.50	+0.82	38.92	1:26.74	2:18.17	3:00.50
7. Chantal Verhoeff	Old Dutch	NED 197900912	3:01.28	+0.85	34.60	1:26.09	2:22.99	3:01.28
8. Natasja Forat	ZPC De Zeeuwse Kust	NED 197701186	3:06.25	+0.70	41.04	1:29.29	2:25.60	3:06.25
9. Inge Roskam	De Duinkickers	NED 197801296	3:29.78	+0.72	43.80	1:41.92	2:39.71	3:29.78

Masters 45+

1. Evelien van Klaarbergen	HZ&PC Heerenveen	NED 197200964	2:40.90	+0.76	33.56	1:14.81	2:03.78	2:40.90
<i>Nederlands Masters Record</i>								
2. Ilona Hogerheyde	DAW	NED 197400224	2:49.17	+0.64	34.54	1:19.83	2:09.94	2:49.17
3. Jeanne Petit	PSV	NED 197001020	2:52.68	+0.66	33.93	1:23.30	2:12.79	2:52.68
4. Yvette Ratering	De Ward	NED 197200990	2:53.52	+0.86	37.05	1:24.45	2:14.82	2:53.52
5. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:58.06	+0.94	37.46	1:26.04	2:18.70	2:58.06
6. Nathasja Konijn	WIDEX GZC DONK	NED 197100992	3:25.26	+0.75	42.74	1:33.12	2:34.86	3:25.26
7. H. Driesen-Joanknecht	Aqua-Novio'94	NED 197101056	3:43.63	+0.75	49.32	1:53.98	2:52.14	3:43.63
8. Greta Wyma-Teitsma	DWK	NED 197100696	3:51.02	+0.80	55.57	1:53.03	2:55.40	3:51.02

Programmanr. 13, Dames, 200m wisselslag

Masters 50+

1. Allie Price	Cardiff Masters	GBR 547582	2:45.74	+0.47	34.48	1:16.03	2:05.55	2:45.74
2. Heidi den Boer	LinK	NED 196900864	2:49.07	+0.65	36.19	1:21.31	2:11.59	2:49.07
3. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	3:10.51	+0.66	40.40	1:29.56	2:28.03	3:10.51
4. Linda Goderie	Rotterdam Swimming (SG)	NED 196900976	3:28.85	+0.61	47.62	1:43.72	2:43.41	3:28.85
5. K. van Nassau-van den IOld Dutch		NED 196600188	3:38.14	+0.76	48.34	1:48.57	2:47.48	3:38.14
6. Roselinda van der Vlugt De Geul		NED 196700710	3:52.49	+0.73	52.02	1:57.09	3:00.92	3:52.49

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED 196300518	2:51.78	+0.82	35.96	1:23.03	2:14.38	2:51.78
2. Gabriele Hugo	Weyher SV	GER 113360	3:05.78	+0.88	36.94	1:28.27	2:25.33	3:05.78
3. J. Rolloos-Bakkers	De Lansingh	NED 196300222	3:07.36	+0.61	39.00	1:29.50	2:25.20	3:07.36
4. M. Post-Goedemoed	De Otters Het Gooi	NED 196400632	3:11.24	+0.66	40.39	1:28.73	2:26.72	3:11.24
5. Annemarie Vuist	SWOL 1894	NED 196300282	3:15.07	+0.87	43.34	1:35.02	2:30.62	3:15.07
6. Lia Bijkerk	WIDEX GZC DONK	NED 196000014	3:56.94	+0.86	55.09	1:58.39	3:03.97	3:56.94

Masters 60+

1. Patty Verhagen	PSV	NED 195900146	3:08.66	+0.86	40.27	1:30.20	2:26.98	3:08.66
2. Hannie Poletiek	TriVia	NED 195900278	3:35.99	+0.86	50.23	1:46.41	2:47.30	3:35.99
3. Claire Anthony	CNSW	BEL 001353/57	3:37.72	+0.65	37.71	1:44.46	2:50.90	3:37.72

Masters 65+

1. Carla Hensen	PSV	NED 195300062	3:42.03		46.87	1:44.31	2:52.86	3:42.03
2. A. Gilding-Tussaud	WS Twente	NED 195000038	4:12.69		1:00.11	2:01.41	3:15.28	4:12.69
3. Ineke Meijer	HZ&PC Heerenveen	NED 195200034	4:17.95	+0.54	1:05.75	2:10.62	3:24.44	4:17.95

Masters 70+

1. Corrie Verhoeven	PSV	NED 194600026	3:42.55	+0.76	49.05	1:47.69	2:51.64	3:42.55
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Programmanr. 14
03-05-2019 - 15:55

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Kalle van Gemert	ZPC De Zeeuwse Kust	NED 199801259	2:16.75	+0.59	27.72	1:04.00	1:43.82	2:16.75
2. Nick Sijmons	De Amstel	NED 199500491	2:21.29	+0.59	27.83	1:06.07	1:47.74	2:21.29
3. Jeffrey Camphens	DWT	NED 199503113	2:25.96	+0.60	29.43	1:10.38	1:52.56	2:25.96
4. David Kievit	SGGO (SG)	NED 199900325	2:26.89	+0.71	29.79	1:09.35	1:52.07	2:26.89
5. Nordin Termoshuizen	WVZ	NED 199605401	2:28.00	+0.66	30.83	1:09.70	1:55.75	2:28.00
6. Renzo Strang	De Duinkickers	NED 199801151	2:46.08	+0.68	34.73	1:18.82	2:05.55	2:46.08
Masters 25+								
1. Tim Bunnik	Triton	NED 199000505	2:25.16	+0.79	30.65	1:08.30	1:52.07	2:25.16
2. Martino Valentijn	DIO	NED 199403913	2:34.90	+0.66	32.00	1:16.75	1:58.72	2:34.90
3. Maik Steenkamp	Montferland	NED 199103847	2:37.66	+0.70	33.44	1:16.38	2:01.06	2:37.66
4. Eric Kalee	Zwemvereniging Hoogland	NED 199005307	2:51.53	+0.83	30.85	1:21.92	2:12.14	2:51.53
5. Rick Vaarkamp	Triton Putten	NED 199404979	3:33.87	+0.84	47.45	1:44.74	2:41.78	3:33.87

Programmanr. 14, Heren, 200m wisselslag

Masters 30+

1. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	2:26.06	+0.71	30.61	1:09.47	1:50.00	2:26.06
2. Robert Braad	Steenwijk 1934	NED 198600407	2:33.05	+0.71	31.43	1:09.80	1:56.57	2:33.05
3. Sander van Elburg	PSV	NED 198800937	2:33.76	+0.60	31.59	1:13.06	1:59.66	2:33.76
4. Tom Cosemans	Hellas-Glana	NED 198806199	2:45.34	+0.64	31.58	1:18.04	2:07.83	2:45.34
5. Peter Schelvis	LinK	NED 198906671	2:48.97	+0.68	32.92	1:17.74	2:08.02	2:48.97
6. Rudi Butselaar	GoSwim	NED 198700577	2:56.31	+0.67	33.86	1:20.31	2:13.94	2:56.31

Masters 35+

1. Kristiaan Lenos	ZVL-1886	NED 198301331	2:25.33	+0.65	29.47	1:08.80	1:52.10	2:25.33
2. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:30.59	+0.76	31.00	1:11.65	1:56.25	2:30.59
3. Thommy Nickel	ZPC Woerden	NED 198401627	2:30.91	+0.65	32.02	1:12.05	1:56.17	2:30.91
4. Marcel Reefhuis	WS Twente	NED 198101381	2:32.00	+0.73	31.21	1:10.88	1:55.89	2:32.00
5. Marc Oliver Borgstedt	SG Bayer	GER 240531	2:32.67	+0.67	32.88	1:14.97	1:56.42	2:32.67
6. Dirk Smit	Tiamat	NED 198101559	2:38.66	+0.65	33.39	1:15.53	2:02.05	2:38.66
7. Martin van Vaardegem	GoSwim	NED 198201767	2:59.27	+0.68	35.50	1:22.93	2:17.51	2:59.27
8. Sebastiaan de Vos	De Duinkickers	NED 198402481	4:01.97	+0.98	56.49	2:02.62	3:08.85	4:01.97

Masters 40+

1. Vincent Versteeg	Zwemlust-den Hommel	NED 197701003	2:26.78	+0.61	31.77	1:11.98	1:53.87	2:26.78
2. Dennis Brouwers	HZPC	NED 197800167	2:27.40	+0.68	33.19	1:09.53	1:54.01	2:27.40
3. Mark Hensen	ZPV Barracuda	NED 197900497	2:27.63	+0.71	30.18	1:09.22	1:53.51	2:27.63
4. Ivo Roozeboom	WVZ	NED 197700801	2:28.32	+0.64	31.75	1:10.58	1:56.40	2:28.32
5. Maarten van der Zwan	Scheldestroom	NED 197501017	2:44.83	+0.83	30.51	1:15.74	2:01.89	2:44.83
6. Markus van Rest	WVZ	NED 197701197	2:46.96	+0.69	31.44	1:15.47	2:07.80	2:46.96
7. Bas Broekhuis	MZ&PC	NED 197601561	2:47.98	+0.81	34.59	1:22.20	2:11.12	2:47.98
8. Robin Roskam	De Duinkickers	NED 197801831	3:29.53	+0.81	46.65	1:45.09	2:43.03	3:29.53

Masters 45+

1. Antwan van Engen	De Ward	NED 197101577	2:28.28	+0.69	30.21	1:10.92	1:54.49	2:28.28
2. Vedestas Sefferis	Kauno Takas	LTU	2:29.90	+0.64	30.51	1:09.54	1:55.86	2:29.90
3. Michael van Bekkum	SWOL 1894	NED 197200051	2:43.17	+0.69	33.45	1:19.07	2:04.59	2:43.17
4. Korstiaan de Boer	Steenwijk 1934	NED 197101629	2:51.45	+0.73	35.41	1:19.86	2:10.01	2:51.45
5. Bruno Nahon	CNSW	BEL 000390/70	2:54.46	+0.84	35.89	1:21.20	2:13.98	2:54.46

Masters 50+

1. René Beetsma	HZ&PC Heerenveen	NED 196900069	2:36.10	+0.77	31.83	1:13.16	1:59.77	2:36.10
2. J. van den Berg	WVZ	NED 196801575	2:42.06	+0.73	34.77	1:14.66	2:03.16	2:42.06
3. Frank van Nobelen	Sassenheim	NED 196900753	2:44.00	+0.70	33.71	1:17.14	2:07.06	2:44.00
4. Matthijs van den Adel	De Otters Het Gooi	NED 196501637	2:52.36	+0.74	34.96	1:19.84	2:14.57	2:52.36
5. Eymert van Rooij	PSV	NED 196601631	3:04.16	+0.91	37.16	1:25.79	2:20.33	3:04.16
6. Wijnand Vergeest	De Rog	NED 196800949	3:04.43	+0.67	38.55	1:29.32	2:24.51	3:04.43

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	2:33.39	+0.63	31.18	1:11.60	1:55.92	2:33.39
2. Arnold de Rover	AZ&PC De Futen	NED 196400645	2:38.24	+0.76	33.28	1:15.58	2:02.24	2:38.24
3. K. van Overbeeke	WVW Winterswijk	NED 196200489	2:41.35	+0.72	33.89	1:17.12	2:05.57	2:41.35
4. Wiljam Nijenhuis	De IJssel	NED 196400547	2:53.16	+0.76	34.46	1:22.59	2:13.49	2:53.16
5. Ronald Grove	Triton	NED 196100161	2:53.94	+0.66	36.98	1:26.49	2:15.78	2:53.94
6. Jan Willem Heuten	WS Twente	NED 196000883	3:29.16	+0.81	41.75	1:40.03	2:44.71	3:29.16
7. Michel Picavet	Royal Dauphins Mouscron	BEL 004713/62	3:47.68	+0.83	50.64	1:55.69	2:58.86	3:47.68

Programmanr. 14, Heren, 200m wisselslag

Masters 60+

1. Hugo Bregman	Feijenoord Albion Zwemclub	NED 195800069	2:33.99	+0.68	31.97	1:13.36	1:59.39	2:33.99
<i>Kampioenschapsrecord</i>								
2. Mark Eligh	UZSC	NED 195700497	2:56.07	+0.69	36.10	1:23.42	2:16.23	2:56.07
3. Wim de Lange	AZC	NED 195800533	2:58.00	+0.68	37.38	1:26.16	2:17.11	2:58.00
4. Peter Molecz	SC Diana	AUT 019219	2:58.06	+0.87	36.83	1:23.83	2:16.54	2:58.06
5. Paul Bunnik	Triton	NED 195600413	3:08.91	+0.79	39.86	1:33.03	2:28.21	3:08.91
6. Günther Brod	SSG Saar Max Ritter	GER 234041	4:04.87	+0.78	50.75	2:01.34	3:08.34	4:04.87

Masters 75+

1. Rob Hanou	PSV	NED 194300109	3:39.34	+0.99	51.27	1:52.17	2:52.49	3:39.34
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Programmanr. 15
03-05-2019 - 16:20

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging					tijd	RT	PARA
100+, Dames								
1.	Steenwijk 1934 1	Steenwijk 1934	NED			11:21.64	+0.82	
	Ilse Blankvoort	92	+0.82	36.80	1:18.09	2:01.67	2:44.49	2:44.49
	Maranka Huitema	95	+0.67	42.16	1:30.76	2:21.62	3:12.17	3:12.17
	Charine de Ruiter	94	+0.77	37.25	1:19.04	2:03.49	2:48.54	2:48.54
	Getrude Corporaal	92	+0.61	35.19	1:15.29	1:57.65	2:36.44	2:36.44
100+, Gemengd								
1.	ZVL-1886 1	ZVL-1886	NED			9:21.88	+0.67	
	Lonneke Graansma	99	+0.67	32.84	1:10.68	1:50.12	2:28.77	2:28.77
	Kristiaan Lenos	83	+0.53	28.05	59.69	1:34.28	2:08.14	2:08.14
	Suzan Blankestijn	89	+0.49	35.68	1:15.76	1:56.89	2:37.47	2:37.47
	Robin van Beek	97	+0.29	28.61	1:00.84	1:34.74	2:07.50	2:07.50
120+, Dames								
1.	De Geul 1	De Geul	NED			10:40.93	+0.59	
	Maaik van Diggele	87	+0.59	36.98	1:19.41	2:03.19	2:47.06	2:47.06
	Lisette van den Bos	87		38.72	1:24.18	2:11.44	2:57.90	2:57.90
	Nanda van Heteren	89		35.45	1:14.83	1:55.03	2:33.58	2:33.58
	Marcha Admiraal	93	+0.62	31.63	1:07.82	1:45.77	2:22.39	2:22.39
2.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED			10:55.94	+0.81	
	Liesbeth van Mill	87	+0.81	36.26	1:17.28	1:59.95	2:42.45	2:42.45
	Lisenka Komet-van den Akker	69	+0.63	37.37	1:19.39	2:03.21	2:45.95	2:45.95
	Nadine Scheeve	97	+0.60	38.60	1:23.77	2:11.99	2:57.74	2:57.74
	Marjon Pol	91	+0.44	33.08	1:10.53	1:50.03	2:29.80	2:29.80
3.	WVZ 1	WVZ	NED			11:06.35	+0.65	
	Tessa Verheijdt	89	+0.65	36.95	1:19.15	2:02.27	2:45.35	2:45.35
	Petra Versteegen	77	+0.39	37.96	1:23.81	2:11.15	2:57.00	2:57.00
	Yvonne Gerritsen	80	+0.50	34.28	1:14.67	1:56.93	2:37.10	2:37.10
	Linda Hoogendam	83	+0.19	34.53	1:18.46	2:03.97	2:46.90	2:46.90
4.	Montferland 1	Montferland	NED			11:21.36	+0.69	
	Kelly Bocking	91	+0.69	37.41	1:19.85	2:04.21	2:49.06	2:49.06
	Esther van Maastrigt	88	+0.22	40.31	1:26.26	2:13.49	3:00.38	3:00.38
	Hanneke Heymen	84	+0.72	37.55	1:20.20	2:03.64	2:45.76	2:45.76
	Angela Giezen	83	+0.76	37.77	1:21.41	2:05.44	2:46.16	2:46.16
5.	De Rog 1	De Rog	NED			11:27.40	+0.58	
	Chantal Winters	76	+0.58	36.17	1:15.55	1:57.31	2:38.14	2:38.14
	Sandra Van der Helm	78	+0.35	42.44	1:30.87	2:23.17	3:15.21	3:15.21
	Kim Hamakers	98	+0.37	37.93	1:21.20	2:06.61	2:48.97	2:48.97
	Esther Vergeest	77	+0.31	35.96	1:17.19	2:01.24	2:45.08	2:45.08

Programmanr. 15, 4 x 200m vrije slag

120+, Heren

1.	DAW 1	DAW		NED				8:51.78	+0.68
	Alex Damen	75	+0.68	31.08	1:05.51	1:40.97	2:15.50	2:15.50	
	Paul Oudendijk	81	+0.43	30.46	1:04.62	1:40.86	2:16.72	2:16.72	
	Pieter van Gemeren	69	+0.45	30.24	1:04.03	1:39.23	2:14.49	2:14.49	
	Felix Geenen	95	+0.43	26.56	57.48	1:31.99	2:05.07	2:05.07	
2.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		NED				9:02.65	+0.67
	Erwin Buist	78	+0.67	31.53	1:07.99	1:45.74	2:20.26	2:20.26	
	Rob van Vliet	84	+0.49	29.92	1:04.15	1:39.99	2:15.15	2:15.15	
	Martijn Bartels	96	+0.39	30.29	1:04.21	1:40.23	2:17.41	2:17.41	
	Jelle Blankestijn	98	+0.47	28.87	1:01.66	1:36.13	2:09.83	2:09.83	
3.	WVZ 2	WVZ		NED				9:15.18	+0.71
	Simon van Ravesteijn	80	+0.71	34.60	1:13.69	1:53.24	2:31.67	2:31.67	
	Rens Post	91	+0.44	31.31	1:05.85	1:41.70	2:17.35	2:17.35	
	Jordy van Oel	98	+0.47	30.58	1:04.90	1:39.86	2:14.15	2:14.15	
	Ivo Roozeboom	77	+0.22	29.93	1:04.00	1:38.33	2:12.01	2:12.01	
4.	SGGO (SG) 1	SGGO (SG)		NED				9:23.91	+0.82
	Nico Paasse	65	+0.82	34.07	1:13.12	1:54.05	2:32.59	2:32.59	
	David Kievit	99	+0.54	29.98	1:04.06	1:40.27	2:16.32	2:16.32	
	Frank v.d. Voorde	83	+0.43	31.58	1:06.42	1:43.00	2:19.49	2:19.49	
	Niels Albrechts	88	+0.34	29.13	1:03.15	1:39.53	2:15.51	2:15.51	
5.	ZOB'66 1	ZOB'66		NED				9:58.70	+0.68
	Jeffrey Eigenraam	95	+0.68	32.22	1:10.44	1:51.90	2:34.51	2:34.51	
	Ferry Blangé	83	+0.40	31.10	1:08.02	1:46.84	2:25.75	2:25.75	
	Ingmar de Gelder	70	+0.60	33.01	1:10.09	1:50.59	2:30.85	2:30.85	
	Ian van Mullem	96	+0.44	31.43	1:07.99	1:47.76	2:27.59	2:27.59	
6.	Deltasteur 1	Deltasteur		NED				11:37.84	+0.94
	Pieter Bardelmeijer	72	+0.94	40.56	1:25.38	2:14.03	3:01.07	3:01.07	
	Bob Potkamp	94	+0.65	37.18	1:22.75	2:11.92	3:01.74	3:01.74	
	Tom de Lange	93	+0.35	35.70	1:15.18	1:58.82	2:41.08	2:41.08	
	Alistair Critchell	71	+0.44	37.13	1:20.18	2:06.88	2:53.95	2:53.95	

120+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		NED				9:27.20	+0.51
	Dennis Bos	92	+0.51	28.42	1:01.26	1:34.78	2:06.37	2:06.37	
	Peggi Hurenkamp	69	+0.67	37.45	1:20.11	2:05.58	2:51.11	2:51.11	
	Daniëlle de Boer	94	+0.22	32.28	1:08.13	1:46.14	2:23.56	2:23.56	
	Casper Hut	78	+0.37	27.66	59.03	1:32.31	2:06.16	2:06.16	
2.	ZPC AMERSFOORT 2	ZPC AMERSFOORT		NED				9:44.01	+0.69
	Martijn Giezen	85	+0.69	30.31	1:05.42	1:41.67	2:17.25	2:17.25	
	Marjje Jansen	85	+0.37	32.89	1:11.28	1:51.43	2:30.75	2:30.75	
	Larissa Brak	88	+0.54	32.51	1:08.88	1:45.78	2:21.21	2:21.21	
	Henk Kuipers	62	+0.28	35.32	1:14.17	1:55.06	2:34.80	2:34.80	
3.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub		NED				9:52.12	+0.55
	Patrick Wyrdean	97	+0.55	31.55	1:06.73	1:43.20	2:18.75	2:18.75	
	Jacoline van den Beukel	91	+0.26	33.00	1:12.17	1:54.04	2:35.39	2:35.39	
	Roos van Esch	82	+0.20	33.97	1:12.34	1:51.81	2:29.65	2:29.65	
	Pieter Broek	77	+0.38	32.18	1:09.04	1:48.32	2:28.33	2:28.33	
4.	GoSwim 1	GoSwim		NED				10:03.15	+0.67
	Masha Odijk	99	+0.67	36.97	1:18.89	2:02.34	2:43.09	2:43.09	
	Rudi Butselaar	87	+0.59	35.96	1:16.60	2:00.95	2:43.63	2:43.63	
	Saskia de Klerk	90	+0.57	32.46	1:09.33	1:47.80	2:24.23	2:24.23	
	Victor Barnar	78	+0.43	29.53	1:01.96	1:36.96	2:12.20	2:12.20	
5.	RZ 1	RZ		NED				10:13.47	+0.67
	Kelvin Isselt	76	+0.67	32.67	1:09.28	1:47.32	2:24.67	2:24.67	
	Claudia Creemers	92	+0.46	40.87	1:27.54	2:17.87	3:09.15	3:09.15	
	Fiona Meuffels	95	+0.26	32.70	1:10.68	1:49.33	2:25.90	2:25.90	
	Patrick Creemers	90	+0.21	30.36	1:05.03	1:40.05	2:13.75	2:13.75	
6.	MSV-Zeemacht 1	MSV-Zeemacht		NED				10:45.29	+0.61
	Jordi de Nijs	98	+0.61	33.34	1:11.01	1:47.76	2:24.67	2:24.67	
	Annette van Dok	68	+0.33	40.99	1:30.14	2:21.47	3:12.71	3:12.71	
	Bianca Groot	70	+0.80	35.97	1:16.73	1:58.68	2:39.51	2:39.51	
	Gerben Rozie	90	+0.71	33.52	1:10.22	1:49.01	2:28.40	2:28.40	

Programmanr. 15, 4 x 200m vrije slag

160+, Dames

1.	CNSW 1	CNSW		BEL				10:34.16	+0.43
	Valerie Rolland		71	+0.43	36.03	1:16.42	1:58.39	2:39.60	2:39.60
	Isaline Manchel		85	+0.30	38.19	1:21.04	2:03.95	2:45.83	2:45.83
	Kathy Van Lindt		71	+0.56	36.20	1:16.06	1:56.02	2:35.37	2:35.37
	Nathalie Blondeel		77	+0.32	35.59	1:15.08	1:55.12	2:33.36	2:33.36
2.	Royal Ostend Swimming Club 1	Royal Ostend Swimming Club		BEL				12:13.60	+0.95
	Ann Vandenbroeck		65	+0.95	49.36	1:47.53	2:46.55	3:44.27	3:44.27
	Carla Devriese		61	+0.58	39.32	1:24.59	2:11.21	2:56.48	2:56.48
	Sara Costa		93	+0.79	37.07	1:18.26	2:01.75	2:45.11	2:45.11
	Cheyenne Vercooren		93	+0.89	38.38	1:19.54	2:04.66	2:47.74	2:47.74

160+, Heren

1.	AZ&PC De Futen 1	AZ&PC De Futen		NED				10:09.48	+0.64
	Bas Spoelstra		77	+0.64	34.21	1:12.34	1:52.45	2:32.81	2:32.81
	Taco Eikelenboom		69	+0.58	36.52	1:20.92	2:07.46	2:52.07	2:52.07
	Erwin Zuijderland		75	+0.53	30.54	1:06.90	1:46.08	2:26.16	2:26.16
	Arnold de Rover		64	+0.53	31.84	1:06.23	1:41.82	2:18.44	2:18.44
2.	SWOL 1894 2	SWOL 1894		NED				10:36.23	+0.80
	Peter Lommert		79	+0.80	34.66	1:15.79	1:59.26	2:43.49	2:43.49
	Kasper van den Berghe		73	+0.43	34.26	1:12.40	1:53.67	2:35.39	2:35.39
	Erik Wetsteijn		65	+0.36	39.08	1:22.00	2:05.76	2:47.59	2:47.59
	Michael van Bekkum		72	+0.75	33.23	1:11.05	1:51.34	2:29.76	2:29.76

160+, Gemengd

1.	ZPC Woerden 1	ZPC Woerden		NED				9:44.53	+0.72
	Ilse van den Wijngaard		89	+0.72	32.94	1:10.98	1:51.24	2:31.72	2:31.72
	Marjan Remmits		63	+0.40	34.99	1:14.03	1:54.62	2:34.18	2:34.18
	Johan Remmits		62	+0.48	30.76	1:06.14	1:42.43	2:16.93	2:16.93
	Thommy Nickel		84	+0.85	32.30	1:08.17	1:45.33	2:21.70	2:21.70
2.	Steenwijk 1934 3	Steenwijk 1934		NED				11:14.91	+0.89
	Hans van Scheepen		62	+0.89	44.62	1:36.18	2:35.97	3:44.49	3:44.49
	Wilna Heijman		64	+0.80	38.73	1:21.75	2:04.90	2:47.82	2:47.82
	Nanda de Vries		92	+0.45	33.08	1:10.84	1:50.15	2:29.03	2:29.03
	Lauren Vis		82	+0.60	29.41	1:03.30	1:38.73	2:13.57	2:13.57

200+, Dames

1.	De Geul 2	De Geul		NED				11:47.20	+0.77
	Marian Nederlof		76	+0.77	39.16	1:22.10	2:07.89	2:52.75	2:52.75
	Erica Muller		64	+0.72	45.03	1:34.74	2:25.13	3:14.06	3:14.06
	Susanne Prins - Molenwijk		66	+0.55	41.04	1:26.14	2:11.72	2:55.74	2:55.74
	Marijke Campfens		69	+0.77	37.30	1:18.38	2:01.86	2:44.65	2:44.65
2.	DWK 1	DWK		NED				12:18.27	+0.83
	Jennie Resink-lindeboom		60	+0.83	41.74	1:28.58	2:19.00	3:08.54	3:08.54
	Greta Wyma-Teitsma		71	+0.68	44.26	1:37.19	2:31.00	3:23.76	3:23.76
	Hettie Schakel		69	+0.52	41.85	1:29.01	2:18.39	3:05.86	3:05.86
	Iris van Aurich		69	+0.40	34.18	1:13.55	1:56.38	2:40.11	2:40.11
3.	SWOL 1894 1	SWOL 1894		NED				12:20.56	+0.88
	Marjan Spoelstra		60	+0.88	43.94	1:32.36	2:21.98	3:09.74	3:09.74
	Annet Kootstra		71	+0.57	41.65	1:28.22	2:16.48	3:03.56	3:03.56
	Babette Rens		78	+0.60	39.60	1:25.87	2:16.73	3:08.09	3:08.09
	Annemarie Vuist		63	+0.24	40.88	1:27.50	2:14.34	2:59.17	2:59.17
4.	Old Dutch 1	Old Dutch		NED				14:32.48	
	Karien Musters		58		51.79	1:50.42	2:54.38	4:01.83	4:01.83
	Marie Smits		38	+0.64	59.87	2:11.39	3:22.97	4:27.03	4:27.03
	Karin van Nassau-van den Heuvel		66	+0.51	43.98	1:32.82	2:22.76	3:12.62	3:12.62
	Chantal Verhoeff		79	+0.34	37.79	1:21.70	2:05.59	2:51.00	2:51.00

Programmanr. 15, 4 x 200m vrije slag

200+, Heren

1.	De Rog 2	De Rog		NED				10:13.05	+0.83
	Erik Kamphuis	60	+0.83	35.63	1:14.83	1:54.36	2:31.10	2:31.10	
	Roy Le Clercq	64	+0.75	35.04	1:16.32	2:00.27	2:43.84	2:43.84	
	Wijnand Vergeest	68	+0.39	35.16	1:16.12	1:59.00	2:38.92	2:38.92	
	Peter Bensen	63	+0.32	32.23	1:08.62	1:45.16	2:19.19	2:19.19	
2.	Steenwijk 1934 2	Steenwijk 1934		NED				10:36.79	+0.67
	Casper Dollekamp	63	+0.67	35.40	1:17.20	2:01.92	2:45.01	2:45.01	
	Chris Kouwenhoven	71	+0.53	35.71	1:16.43	1:59.06	2:40.85	2:40.85	
	Korstiaan de Boer	71	+0.47	35.83	1:16.27	1:59.07	2:41.17	2:41.17	
	Guido Keutgen	68	+0.11	32.76	1:10.57	1:51.39	2:29.76	2:29.76	
3.	AZC 1	AZC		NED				10:59.82	+0.67
	Wim de Lange	58	+0.67	36.20	1:17.46	2:01.00	2:41.51	2:41.51	
	Geza Kaltenecker	42	+0.60	45.55	1:38.89	2:34.45	3:26.43	3:26.43	
	Stefan Oostendorp	90	+0.56	33.16	1:10.40	1:49.96	2:30.60	2:30.60	
	Joeri Stoffels	73	+0.60	31.73	1:08.41	1:46.88	2:21.28	2:21.28	
4.	PSV 3	PSV		NED				11:03.92	+0.81
	Mark Godwaldt	87	+0.81	31.97	1:08.64	1:46.16	2:21.49	2:21.49	
	Rob Hanou	43	+0.67	43.62	1:36.78	2:29.93	3:18.30	3:18.30	
	Eymert van Rooij	66	+0.62	36.04	1:19.00	2:02.59	2:43.39	2:43.39	
	Tom Bandsma	77	+0.91	34.85	1:13.18	1:56.20	2:40.74	2:40.74	
5.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland		NED				11:04.63	+0.81
	Paul de Boer	68	+0.81	37.11	1:19.13	2:03.95	2:50.80	2:50.80	
	Pieter-Sjoerd de Wijn	65	+0.54	36.93	1:19.84	2:05.72	2:49.09	2:49.09	
	Jos Kamps	51	+0.63	39.82	1:24.32	2:13.17	3:00.51	3:00.51	
	Rutger Stam	81	+0.29	31.19	1:07.45	1:45.87	2:24.23	2:24.23	
6.	CNSW 3	CNSW		BEL				12:49.64	+0.69
	Nicolas Slegers	84	+0.69	35.42	1:16.11	1:59.78	2:41.57	2:41.57	
	Ramon Alsina Munoz	69	+0.54	37.39	1:21.51	2:08.01	2:53.33	2:53.33	
	Bruno Nahon	70	+0.60	37.47	1:18.50	1:59.03	2:39.55	2:39.55	
	Kevoork Boyrazian	44	+0.44	1:00.18	2:11.62	3:26.02	4:35.19	4:35.19	

200+, Gemengd

1.	HZ&PC Heerenveen 2	HZ&PC Heerenveen		NED				9:46.40	+0.74
	<i>Nederlands Masters Record</i>								
	René Beetsma	69	+0.74	31.91	1:07.90	1:44.43	2:20.57	2:20.57	
	Jannie Venik	76	+0.65	36.92	1:17.75	1:59.90	2:41.39	2:41.39	
	Evelien van Klaarbergen	72	+0.24	32.82	1:11.09	1:49.34	2:26.35	2:26.35	
	Marten de Groot	58	+0.36	31.93	1:07.22	1:43.43	2:18.09	2:18.09	
2.	ZPC AMERSFOORT 3	ZPC AMERSFOORT		NED				9:47.64	+0.65
	Edwin v. Norden	63	+0.65	31.63	1:07.21	1:43.29	2:19.00	2:19.00	
	Lesley Cordial	67	+0.47	33.94	1:12.67	1:52.95	2:31.98	2:31.98	
	Lidia v. Bon-Rosenbrand	70	+0.37	33.45	1:11.11	1:51.42	2:31.08	2:31.08	
	Ron Korzelius	65	+0.47	32.60	1:09.31	1:47.87	2:25.58	2:25.58	
3.	PSV 2	PSV		NED				10:13.67	+0.76
	Harold Matla	68	+0.76	33.61	1:11.69	1:51.05	2:29.24	2:29.24	
	Rob Penninks	60	+0.68	35.79	1:16.06	1:57.91	2:37.46	2:37.46	
	Jeanne Petit	70	+0.34	36.00	1:16.14	1:57.31	2:38.13	2:38.13	
	Liselotte Joling	75	+0.75	34.63	1:13.54	1:52.53	2:28.84	2:28.84	
4.	Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub		NED				10:47.63	+0.65
	Hugo Bregman	58	+0.65	32.41	1:09.52	1:48.18	2:22.82	2:22.82	
	Caroline Kruger	68	+0.88	41.28	1:27.70	2:19.63	3:14.26	3:14.26	
	Fred Dijkshoorn	65	+0.25	33.68	1:11.63	1:52.22	2:31.72	2:31.72	
	Mirjan den Drijver	75	+0.38	35.71	1:16.37	1:58.47	2:38.83	2:38.83	
5.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)		NED				10:49.49	+0.57
	Charles Bos	53	+0.57	38.68	1:21.76	2:07.04	2:49.79	2:49.79	
	Pascalie Janssen	73	+0.47	37.36	1:20.12	2:04.29	2:47.61	2:47.61	
	Martine de Haart	79	+0.34	36.50	1:17.00	1:59.14	2:40.87	2:40.87	
	Arno Schrauwen	65	+0.27	33.02	1:11.10	1:51.02	2:31.22	2:31.22	

Programmanr. 15, 4 x 200m vrije slag

240+, Heren

1.	CNSW 2	CNSW		BEL				11:11.07	+0.79
		<i>Kampioenschapsrecord, Belgisch Masters Record</i>							
	Jean-Marie Cadiat	53	+0.79	34.63	1:15.09	1:55.11	2:32.99	2:32.99	
	Lionel Godeaux	60	+0.49	34.47	1:14.52	1:55.06	2:34.70	2:34.70	
	Philippe Godbille	57	+0.54	37.02	1:22.44	2:08.17	2:52.75	2:52.75	
	Christian Schoenaers	59		42.09	1:29.95	2:20.70	3:10.63	3:10.63	
2.	WS Twente 1	WS Twente		NED				12:37.06	+0.91
	Jack Barends	62	+0.91	43.02	1:30.91	2:20.94	3:12.21	3:12.21	
	Frans van Enst	40	+0.57	43.71	1:36.63	2:30.57	3:24.03	3:24.03	
	Joop Weenink	68	+0.63	38.14	1:20.82	2:05.44	2:49.30	2:49.30	
	Bart van Calker	61	+0.72	44.68	1:32.51	2:21.61	3:11.52	3:11.52	

240+, Gemengd

1.	ZVVS 1	ZVVS		NED				11:01.65	+0.87
	Irene van der Laan	60	+0.87	38.57	1:20.09	2:02.43	2:43.20	2:43.20	
	Willem Putter	45	+0.81	41.56	1:28.82	2:17.98	3:04.28	3:04.28	
	Conny Boer-Buys	50	+0.36	37.77	1:20.85	2:06.21	2:50.54	2:50.54	
	Bas van de Nouwelant	80	+0.35	30.76	1:06.23	1:44.17	2:23.63	2:23.63	

280+, Dames

1.	PSV 1	PSV		NED				12:25.08	+0.76
	<i>Wereld Masters Record</i>								
	Ineke Weekers	53	+0.76	37.57	1:18.31	2:01.03	2:44.20	2:44.20	
	Lottie Geurts	35	+1.10	53.70	1:53.28	2:54.30	3:49.37	3:49.37	
	Corrie Verhoeven	46	+0.64	41.61	1:29.98	2:21.72	3:12.04	3:12.04	
	Esther van Lohuizen	59	+0.75	36.88	1:17.26	1:59.32	2:39.47	2:39.47	

4 - ONMK 2019 lb sessie 4

04-05-2019 - 9:00

Programmanr. 16
04-05-2019 - 9:00

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Jeffrey Camphens	DWT	NED 199503113	9:28.69	+0.71			
	50m: 31.91	31.91	250m: 2:55.42	36.42	450m: 5:20.32	36.00	650m: 7:44.27	35.63
	100m: 1:07.46	35.55	300m: 3:31.65	36.23	500m: 5:56.47	36.15	700m: 8:20.24	35.97
	150m: 1:43.24	35.78	350m: 4:08.10	36.45	550m: 6:32.69	36.22	750m: 8:55.64	35.40
	200m: 2:19.00	35.76	400m: 4:44.32	36.22	600m: 7:08.64	35.95	800m: 9:28.69	33.05
2.	Robin van Beek	ZVL-1886	NED 199704023	9:29.04	+0.80			
	50m: 31.88	31.88	250m: 2:56.15	36.66	450m: 5:21.50	36.18	650m: 7:45.74	35.93
	100m: 1:07.03	35.15	300m: 3:32.34	36.19	500m: 5:57.42	35.92	700m: 8:21.37	35.63
	150m: 1:43.33	36.30	350m: 4:09.04	36.70	550m: 6:33.94	36.52	750m: 8:56.93	35.56
	200m: 2:19.49	36.16	400m: 4:45.32	36.28	600m: 7:09.81	35.87	800m: 9:29.04	32.11
3.	Nordin Termoshuizen	WVZ	NED 199605401	9:43.58	+0.65			
	50m: 32.25	32.25	250m: 2:58.90	37.06	450m: 5:27.86	37.57	650m: 7:57.66	37.15
	100m: 1:07.86	35.61	300m: 3:36.03	37.13	500m: 6:05.49	37.63	700m: 8:34.67	37.01
	150m: 1:44.57	36.71	350m: 4:13.15	37.12	550m: 6:42.98	37.49	750m: 9:10.22	35.55
	200m: 2:21.84	37.27	400m: 4:50.29	37.14	600m: 7:20.51	37.53	800m: 9:43.58	33.36
4.	Lars Jacobsen	DWK	NED 199705453	10:15.22	+0.84	633		
	50m: 33.42	33.42	250m: 3:09.32	39.71	450m: 5:47.77	39.12	650m: 8:25.60	38.84
	100m: 1:10.39	36.97	300m: 3:49.08	39.76	500m: 6:27.71	39.94	700m: 9:02.84	37.24
	150m: 1:49.56	39.17	350m: 4:29.12	40.04	550m: 7:07.89	40.18	750m: 9:39.99	37.15
	200m: 2:29.61	40.05	400m: 5:08.65	39.53	600m: 7:46.76	38.87	800m: 10:15.22	35.23
5.	Hans Stoffers	Triton Putten	NED 199604027	10:21.77	+0.58			
	50m: 33.22	33.22	250m: 3:08.32	39.59	450m: 5:47.25	39.61	650m: 8:25.56	39.65
	100m: 1:10.84	37.62	300m: 3:48.20	39.88	500m: 6:26.75	39.50	700m: 9:05.15	39.59
	150m: 1:49.11	38.27	350m: 4:27.72	39.52	550m: 7:06.57	39.82	750m: 9:44.90	39.75
	200m: 2:28.73	39.62	400m: 5:07.64	39.92	600m: 7:45.91	39.34	800m: 10:21.77	36.87
6.	Patrick Wyrdean	Feijenoord Albion Zwemclub	NED 199702475	10:23.60	+0.68			
	50m: 32.76	32.76	250m: 3:05.81	38.85	450m: 5:42.45	40.25	650m: 8:24.34	40.98
	100m: 1:09.86	37.10	300m: 3:44.40	38.59	500m: 6:22.15	39.70	700m: 9:05.19	40.85
	150m: 1:48.22	38.36	350m: 4:22.62	38.22	550m: 7:03.05	40.90	750m: 9:45.07	39.88
	200m: 2:26.96	38.74	400m: 5:02.20	39.58	600m: 7:43.36	40.31	800m: 10:23.60	38.53
7.	Wesley van der Luit	Sassenheim	NED 199701895	10:26.57	+0.74			
	50m: 33.52	33.52	250m: 3:09.07	39.71	450m: 5:48.94	40.16	650m: 8:31.30	40.42
	100m: 1:11.35	37.83	300m: 3:48.56	39.49	500m: 6:29.34	40.40	700m: 9:10.82	39.52
	150m: 1:50.06	38.71	350m: 4:28.41	39.85	550m: 7:09.77	40.43	750m: 9:49.81	38.99
	200m: 2:29.36	39.30	400m: 5:08.78	40.37	600m: 7:50.88	41.11	800m: 10:26.57	36.76
Masters 25+								
1.	Timo Dinkelberg	Feijenoord Albion Zwemclub	NED 199300773	9:09.69	+0.71			
	50m: 29.39	29.39	250m: 2:44.72	34.54	450m: 5:04.97	35.28	650m: 7:26.45	35.06
	100m: 1:02.00	32.61	300m: 3:19.56	34.84	500m: 5:40.31	35.34	700m: 8:01.75	35.30
	150m: 1:36.01	34.01	350m: 3:54.49	34.93	550m: 6:15.77	35.46	750m: 8:36.84	35.09
	200m: 2:10.18	34.17	400m: 4:29.69	35.20	600m: 6:51.39	35.62	800m: 9:09.69	32.85
2.	Emiel van Beusekom	ZPV Barracuda	NED 199403951	9:39.38	+0.83			
	50m: 31.37	31.37	250m: 2:56.71	37.13	450m: 5:24.61	36.75	650m: 7:51.62	36.34
	100m: 1:06.50	35.13	300m: 3:33.69	36.98	500m: 6:01.63	37.02	700m: 8:28.77	37.15
	150m: 1:42.98	36.48	350m: 4:11.17	37.48	550m: 6:38.54	36.91	750m: 9:04.35	35.58
	200m: 2:19.58	36.60	400m: 4:47.86	36.69	600m: 7:15.28	36.74	800m: 9:39.38	35.03
3.	Tim Bunnik	Triton	NED 199000505	9:47.65	+0.85			
	50m: 32.00	32.00	250m: 3:00.74	37.82	450m: 5:31.21	36.47	650m: 7:57.11	36.45
	100m: 1:08.07	36.07	300m: 3:38.86	38.12	500m: 6:06.98	35.77	700m: 8:34.52	37.41
	150m: 1:44.97	36.90	350m: 4:17.24	38.38	550m: 6:43.91	36.93	750m: 9:11.57	37.05
	200m: 2:22.92	37.95	400m: 4:54.74	37.50	600m: 7:20.66	36.75	800m: 9:47.65	36.08
4.	Maik Steenkamp	Montferland	NED 199103847	10:22.99	+0.81			
	50m: 33.47	33.47	250m: 3:08.27	39.51	450m: 5:47.27	40.10	650m: 8:27.26	39.88
	100m: 1:10.78	37.31	300m: 3:47.61	39.34	500m: 6:27.40	40.13	700m: 9:06.61	39.35
	150m: 1:49.86	39.08	350m: 4:27.47	39.86	550m: 7:07.26	39.86	750m: 9:45.25	38.64
	200m: 2:28.76	38.90	400m: 5:07.17	39.70	600m: 7:47.38	40.12	800m: 10:22.99	37.74

Programmanr. 16, Heren, 800m vrije slag

Masters 30+

1. Klaas van Beek	ZV Haerlem	NED	198805941	9:37.70	+0.72
50m: 31.63	31.63	250m: 2:53.92	36.00	450m: 5:19.17	36.51
100m: 1:06.28	34.65	300m: 3:29.99	36.07	500m: 5:55.88	36.71
150m: 1:41.91	35.63	350m: 4:06.17	36.18	550m: 6:32.89	37.01
200m: 2:17.92	36.01	400m: 4:42.66	36.49	600m: 7:10.30	37.41
				650m: 7:47.75	37.45
				700m: 8:25.10	37.35
				750m: 9:02.25	37.15
				800m: 9:37.70	35.45
2. Sander van Elburg	PSV	NED	198800937	9:43.31	+0.78
50m: 32.24	32.24	250m: 2:59.05	37.28	450m: 5:26.97	37.00
100m: 1:08.18	35.94	300m: 3:35.85	36.80	500m: 6:03.67	36.70
150m: 1:44.80	36.62	350m: 4:12.82	36.97	550m: 6:40.19	36.52
200m: 2:21.77	36.97	400m: 4:49.97	37.15	600m: 7:17.39	37.20
				650m: 7:54.49	37.10
				700m: 8:31.60	37.11
				750m: 9:07.60	36.00
				800m: 9:43.31	35.71
3. Wessel Everloo	De Veene	NED	198906597	9:56.86	+0.97
50m: 32.21	32.21	250m: 3:03.53	37.69	450m: 5:33.63	37.68
100m: 1:09.70	37.49	300m: 3:40.78	37.25	500m: 6:11.01	37.38
150m: 1:47.44	37.74	350m: 4:18.37	37.59	550m: 6:49.37	38.36
200m: 2:25.84	38.40	400m: 4:55.95	37.58	600m: 7:27.91	38.54
				650m: 8:05.83	37.92
				700m: 8:40.83	35.00
				750m: 9:20.37	39.54
				800m: 9:56.86	36.49
4. Niels Albrechts	SGGO (SG)	NED	198800039	10:10.90	+0.81
50m: 33.99	33.99	250m: 3:05.82	38.68	450m: 5:40.27	39.32
100m: 1:10.95	36.96	300m: 3:44.32	38.50	500m: 6:19.16	38.89
150m: 1:48.81	37.86	350m: 4:22.63	38.31	550m: 6:58.62	39.46
200m: 2:27.14	38.33	400m: 5:00.95	38.32	600m: 7:37.77	39.15
				650m: 8:17.10	39.33
				700m: 8:56.04	38.94
				750m: 9:35.22	39.18
				800m: 10:10.90	35.68
5. Rudi Butselaar	GoSwim	NED	198700577	12:26.76	+0.75
50m: 37.72	37.72	250m: 3:43.18	47.97	450m: 6:56.12	48.89
100m: 1:21.79	44.07	300m: 4:30.72	47.54	500m: 7:43.93	47.81
150m: 2:07.96	46.17	350m: 5:18.93	48.21	550m: 8:31.75	47.82
200m: 2:55.21	47.25	400m: 6:07.23	48.30	600m: 9:19.62	47.87
				650m: 10:07.08	47.46
				700m: 10:55.16	48.08
				750m: 11:41.86	46.70
				800m: 12:26.76	44.90

Masters 35+

1. Kristiaan Lenos	ZVL-1886	NED	198301331	9:42.77	+0.85
50m: 31.86	31.86	250m: 2:55.14	36.61	450m: 5:23.40	37.69
100m: 1:06.64	34.78	300m: 3:31.38	36.24	500m: 6:00.93	37.53
150m: 1:42.68	36.04	350m: 4:08.50	37.12	550m: 6:38.49	37.56
200m: 2:18.53	35.85	400m: 4:45.71	37.21	600m: 7:15.56	37.07
				650m: 7:53.52	37.96
				700m: 8:31.42	37.90
				750m: 9:08.72	37.30
				800m: 9:42.77	34.05
2. Marcel Reefhuis	WS Twente	NED	198101381	9:59.65	+0.82
50m: 32.62	32.62	250m: 3:03.55	37.93	450m: 5:34.87	37.68
100m: 1:09.72	37.10	300m: 3:41.55	38.00	500m: 6:13.06	38.19
150m: 1:47.33	37.61	350m: 4:19.29	37.74	550m: 6:51.19	38.13
200m: 2:25.62	38.29	400m: 4:57.19	37.90	600m: 7:29.75	38.56
				650m: 8:07.67	37.92
				700m: 8:45.89	38.22
				750m: 9:23.25	37.36
				800m: 9:59.65	36.40
3. Frank v.d. Voordt	SGGO (SG)	NED	198302259	10:03.33	+0.75
50m: 33.00	33.00	250m: 3:02.87	37.81	450m: 5:34.67	37.82
100m: 1:09.96	36.96	300m: 3:40.56	37.69	500m: 6:12.43	37.76
150m: 1:47.35	37.39	350m: 4:18.73	38.17	550m: 6:50.44	38.01
200m: 2:25.06	37.71	400m: 4:56.85	38.12	600m: 7:29.06	38.62
				650m: 8:07.73	38.67
				700m: 8:46.78	39.05
				750m: 9:25.78	39.00
				800m: 10:03.33	37.55
4. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	11:25.01	+0.82
50m: 36.53	36.53	250m: 3:23.85	42.99	450m: 6:18.03	43.80
100m: 1:16.65	40.12	300m: 4:06.95	43.10	500m: 7:02.32	44.29
150m: 1:58.24	41.59	350m: 4:50.46	43.51	550m: 7:46.92	44.60
200m: 2:40.86	42.62	400m: 5:34.23	43.77	600m: 8:31.48	44.56
				650m: 9:15.11	43.63
				700m: 10:00.11	45.00
				750m: 10:43.87	43.76
				800m: 11:25.01	41.14
5. Martin van Vaardegem	GoSwim	NED	198201767	11:43.36	+0.77
50m: 36.88	36.88	250m: 3:30.46	44.89	450m: 6:31.38	45.44
100m: 1:18.04	41.16	300m: 4:15.67	45.21	500m: 7:16.66	45.28
150m: 2:01.71	43.67	350m: 5:00.72	45.05	550m: 8:01.48	44.82
200m: 2:45.57	43.86	400m: 5:45.94	45.22	600m: 8:46.91	45.43
				650m: 9:32.20	45.29
				700m: 10:16.87	44.67
				750m: 11:01.21	44.34
				800m: 11:43.36	42.15
6. Rutger Stam	Zwemvereniging Hoogland	NED	198102463	12:06.67	+0.93
50m: 38.25	38.25	250m: 3:34.70	45.50	450m: 6:43.05	47.18
100m: 1:20.12	41.87	300m: 4:21.63	46.93	500m: 7:30.77	47.72
150m: 2:03.55	43.43	350m: 5:08.65	47.02	550m: 8:17.98	47.21
200m: 2:49.20	45.65	400m: 5:55.87	47.22	600m: 9:06.55	48.57
				650m: 9:54.48	47.93
				700m: 10:42.45	47.97
				750m: 11:28.42	45.97
				800m: 12:06.67	38.25

Programmanr. 16, Heren, 800m vrije slag

Masters 40+

1. Ben Rutten	Oudenaardse Zwemclub	BEL	10220/76	9:44.73	+0.96
50m: 32.18	250m: 2:59.24	37.28	450m: 5:27.40	36.99	650m: 7:55.32
100m: 1:07.82	300m: 3:36.28	37.04	500m: 6:04.50	37.10	700m: 8:32.36
150m: 1:44.91	350m: 4:13.42	37.14	550m: 6:41.56	37.06	750m: 9:09.02
200m: 2:21.96	400m: 4:50.41	36.99	600m: 7:18.58	37.02	800m: 9:44.73
2. Ivo Roozeboom	WVZ	NED	197700801	9:55.13	+0.77
50m: 32.37	250m: 3:04.20	38.19	450m: 5:36.29	37.60	650m: 8:06.57
100m: 1:09.69	300m: 3:42.65	38.45	500m: 6:13.90	37.61	700m: 8:44.02
150m: 1:47.68	350m: 4:20.66	38.01	550m: 6:51.58	37.68	750m: 9:21.17
200m: 2:26.01	400m: 4:58.69	38.03	600m: 7:29.27	37.69	800m: 9:55.13
3. Alex Damen	DAW	NED	197501371	10:20.66	+0.82
50m: 34.51	250m: 3:09.86	39.41	450m: 5:47.86	39.66	650m: 8:26.52
100m: 1:12.49	300m: 3:49.12	39.26	500m: 6:27.46	39.60	700m: 9:05.91
150m: 1:51.50	350m: 4:28.57	39.45	550m: 7:06.83	39.37	750m: 9:44.64
200m: 2:30.45	400m: 5:08.20	39.63	600m: 7:46.89	40.06	800m: 10:20.66
4. Victor Barnar	GoSwim	NED	197801805	10:27.22	+0.66
50m: 35.08	250m: 3:10.93	39.78	450m: 5:51.97	40.18	650m: 8:33.42
100m: 1:13.32	300m: 3:50.86	39.93	500m: 6:32.41	40.44	700m: 9:13.37
150m: 1:51.96	350m: 4:31.04	40.18	550m: 7:12.72	40.31	750m: 9:51.23
200m: 2:31.15	400m: 5:11.79	40.75	600m: 7:53.37	40.65	800m: 10:27.22
5. Bas Broekhuis	MZ&PC	NED	197601561	11:06.10	+0.91
50m: 37.04	250m: 3:26.30	43.06	450m: 6:18.07	42.38	650m: 9:06.24
100m: 1:18.17	300m: 4:09.39	43.09	500m: 7:00.33	42.26	700m: 9:47.66
150m: 2:00.34	350m: 4:52.58	43.19	550m: 7:42.60	42.27	750m: 10:27.64
200m: 2:43.24	400m: 5:35.69	43.11	600m: 8:24.84	42.24	800m: 11:06.10
6. Erwin Zuidervelt	AZ&PC De Futen	NED	197501015	11:29.58	+0.79
50m: 41.06	250m: 3:34.46	43.89	450m: 6:28.34	42.81	650m: 9:23.64
100m: 1:23.47	300m: 4:18.36	43.90	500m: 7:12.28	43.94	700m: 10:08.00
150m: 2:06.59	350m: 5:01.37	43.01	550m: 7:55.87	43.59	750m: 10:51.07
200m: 2:50.57	400m: 5:45.53	44.16	600m: 8:39.94	44.07	800m: 11:29.58
7. Ingmar Kooman	ZVL-1886	NED	197901517	11:34.96	+0.80
50m: 37.15	250m: 3:31.11	44.67	450m: 6:29.29	44.31	650m: 9:28.13
100m: 1:18.36	300m: 4:15.70	44.59	500m: 7:14.63	45.34	700m: 10:11.35
150m: 2:02.30	350m: 5:00.00	44.30	550m: 7:59.25	44.62	750m: 10:53.99
200m: 2:46.44	400m: 5:44.98	44.98	600m: 8:44.17	44.92	800m: 11:34.96
8. Tom Bandsma	PSV	NED	197701625	12:17.21	+1.02
50m: 39.68	250m: 3:41.51	46.69	450m: 6:49.34	47.22	650m: 9:59.07
100m: 1:23.07	300m: 4:28.85	47.34	500m: 7:37.23	47.89	700m: 10:45.93
150m: 2:09.07	350m: 5:15.27	46.42	550m: 8:24.62	47.39	750m: 11:32.04
200m: 2:54.82	400m: 6:02.12	46.85	600m: 9:12.71	48.09	800m: 12:17.21

Masters 45+

1. Ingmar de Gelder	ZOB'66	NED	197000333	11:02.75	+0.96
50m: 34.55	250m: 3:18.92	41.72	450m: 6:08.59	41.84	650m: 8:58.54
100m: 1:13.78	300m: 4:01.99	43.07	500m: 6:51.38	42.79	700m: 9:41.52
150m: 1:54.73	350m: 4:44.70	42.71	550m: 7:33.93	42.55	750m: 10:23.40
200m: 2:37.20	400m: 5:26.75	42.05	600m: 8:16.17	42.24	800m: 11:02.75
2. Chris Kouwenhoven	Steenwijk 1934	NED	197101669	11:08.48	+1.02
50m: 37.28	250m: 3:25.06	42.29	450m: 6:14.09	42.35	650m: 9:04.33
100m: 1:18.35	300m: 4:07.16	42.10	500m: 6:56.39	42.30	700m: 9:47.12
150m: 2:00.51	350m: 4:49.80	42.64	550m: 7:38.98	42.59	750m: 10:29.23
200m: 2:42.77	400m: 5:31.74	41.94	600m: 8:21.42	42.44	800m: 11:08.48
3. Kasper van den Berghe	SWOL 1894	NED	197301125	11:43.77	+0.85
50m: 40.51	250m: 3:35.33	43.53	450m: 6:33.00	45.18	650m: 9:33.04
100m: 1:23.70	300m: 4:19.09	43.76	500m: 7:18.07	45.07	700m: 10:17.52
150m: 2:07.64	350m: 5:03.50	44.41	550m: 8:02.93	44.86	750m: 11:01.91
200m: 2:51.80	400m: 5:47.82	44.32	600m: 8:47.62	44.69	800m: 11:43.77
4. Wouter van der Stelt	De Biesboschzwemmers	NED	197200889	11:53.10	+0.72
50m: 38.07	250m: 3:32.95	45.40	450m: 6:35.36	45.71	650m: 9:37.92
100m: 1:19.71	300m: 4:18.20	45.25	500m: 7:20.93	45.57	700m: 10:23.25
150m: 2:03.06	350m: 5:03.95	45.75	550m: 8:06.66	45.73	750m: 11:08.60
200m: 2:47.55	400m: 5:49.65	45.70	600m: 8:52.32	45.66	800m: 11:53.10

Programmanr. 16, Heren, 800m vrije slag

Masters 50+

1. Pieter van Gemeren	DAW	NED	196901779	9:50.12	+0.87		
50m: 32.69	32.69	250m: 3:01.31	37.69	450m: 5:32.01	37.98	650m: 8:01.85	37.34
100m: 1:08.93	36.24	300m: 3:38.90	37.59	500m: 6:09.60	37.59	700m: 8:38.93	37.08
150m: 1:45.97	37.04	350m: 4:16.68	37.78	550m: 6:47.07	37.47	750m: 9:15.57	36.64
200m: 2:23.62	37.65	400m: 4:54.03	37.35	600m: 7:24.51	37.44	800m: 9:50.12	34.55
2. Roland Klein-Böltling	Bocholter WSV 1920	GER	74076	9:52.52	+0.95		
50m: 32.45	32.45	250m: 3:00.95	37.97	450m: 5:32.57	37.95	650m: 8:03.53	37.95
100m: 1:08.10	35.65	300m: 3:39.04	38.09	500m: 6:10.50	37.93	700m: 8:41.07	37.54
150m: 1:45.07	36.97	350m: 4:16.62	37.58	550m: 6:48.19	37.69	750m: 9:18.27	37.20
200m: 2:22.98	37.91	400m: 4:54.62	38.00	600m: 7:25.58	37.39	800m: 9:52.52	34.25
3. Bob de Vries	The Hague Swimming (SG)	NED	196601101	9:53.23	+0.68		
50m: 31.79	31.79	250m: 3:00.55	37.64	450m: 5:32.39	37.88	650m: 8:04.11	38.16
100m: 1:08.37	36.58	300m: 3:38.71	38.16	500m: 6:09.94	37.55	700m: 8:41.70	37.59
150m: 1:45.45	37.08	350m: 4:16.41	37.70	550m: 6:47.70	37.76	750m: 9:19.03	37.33
200m: 2:22.91	37.46	400m: 4:54.51	38.10	600m: 7:25.95	38.25	800m: 9:53.23	34.20
4. Jo-An Mudde	Arethusa	NED	196701457	10:20.83	+0.86		
50m: 34.11	34.11	250m: 3:07.42	39.15	450m: 5:44.71	39.22	650m: 8:22.84	39.38
100m: 1:11.23	37.12	300m: 3:46.93	39.51	500m: 6:24.39	39.68	700m: 9:02.74	39.90
150m: 1:49.51	38.28	350m: 4:26.10	39.17	550m: 7:03.81	39.42	750m: 9:42.48	39.74
200m: 2:28.27	38.76	400m: 5:05.49	39.39	600m: 7:43.46	39.65	800m: 10:20.83	38.35
5. Nico Paasse	SGGO (SG)	NED	196501463	10:49.55	+0.89		
50m: 33.38	33.38	250m: 3:13.71	41.34	450m: 6:01.62	42.00	650m: 8:48.47	41.88
100m: 1:12.16	38.78	300m: 3:54.92	41.21	500m: 6:43.64	42.02	700m: 9:29.86	41.39
150m: 1:51.84	39.68	350m: 4:37.32	42.40	550m: 7:25.64	42.00	750m: 10:10.60	40.74
200m: 2:32.37	40.53	400m: 5:19.62	42.30	600m: 8:06.59	40.95	800m: 10:49.55	38.95
6. Hans Bouwmeester	ZVL-1886	NED	196700127	10:58.75	+0.77		
50m: 35.46	35.46	250m: 3:17.59	41.30	450m: 6:05.31	41.87	650m: 8:53.67	41.79
100m: 1:14.93	39.47	300m: 3:59.64	42.05	500m: 6:47.48	42.17	700m: 9:36.29	42.62
150m: 1:54.97	40.04	350m: 4:41.08	41.44	550m: 7:29.63	42.15	750m: 10:18.04	41.75
200m: 2:36.29	41.32	400m: 5:23.44	42.36	600m: 8:11.88	42.25	800m: 10:58.75	40.71
7. Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	11:22.66	+0.89		
50m: 37.89	37.89	250m: 3:32.03	44.96	450m: 6:24.35	43.35	650m: 9:16.59	42.98
100m: 1:19.22	41.33	300m: 4:14.75	42.72	500m: 7:07.67	43.32	700m: 10:00.43	43.84
150m: 2:02.68	43.46	350m: 4:57.79	43.04	550m: 7:50.74	43.07	750m: 10:42.43	42.00
200m: 2:47.07	44.39	400m: 5:41.00	43.21	600m: 8:33.61	42.87	800m: 11:22.66	40.23
8. Ramon Alsina Munoz	CNSW	BEL	002552/69	12:10.89	+0.98		
50m: 41.96	41.96	250m: 3:44.71	45.71	450m: 6:48.90	46.67	650m: 9:52.39	46.07
100m: 1:27.91	45.95	300m: 4:30.56	45.85	500m: 7:34.92	46.02	700m: 10:38.92	46.53
150m: 2:13.39	45.48	350m: 5:16.03	45.47	550m: 8:20.58	45.66	750m: 11:24.98	46.06
200m: 2:59.00	45.61	400m: 6:02.23	46.20	600m: 9:06.32	45.74	800m: 12:10.89	45.91
9. Jean-Claude Callens *50, 100	Royal Dauphins Mouscronnois	BEL	000488/67	13:33.88	+1.24		
50m: 44.00	44.00	250m: 4:07.68	51.98	450m: 7:35.19	52.55	650m: 11:03.70	51.55
100m: 1:32.77	48.77	300m: 4:58.01	50.33	500m: 8:27.21	52.02	700m: 11:55.14	51.44
150m: 2:24.33	51.56	350m: 5:50.44	52.43	550m: 9:20.26	53.05	750m: 12:46.56	51.42
200m: 3:15.70	51.37	400m: 6:42.64	52.20	600m: 10:12.15	51.89	800m: 13:33.88	47.32

Masters 55+

1. Johan Remmits	ZPC Woerden	NED	196201159	10:12.09	+0.88		
50m: 33.86	33.86	250m: 3:08.16	38.57	450m: 5:43.52	39.16	650m: 8:18.65	38.93
100m: 1:11.95	38.09	300m: 3:46.93	38.77	500m: 6:21.62	38.10	700m: 8:57.36	38.71
150m: 1:50.55	38.60	350m: 4:25.87	38.94	550m: 7:00.78	39.16	750m: 9:35.70	38.34
200m: 2:29.59	39.04	400m: 5:04.36	38.49	600m: 7:39.72	38.94	800m: 10:12.09	36.39
2. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	10:19.36	+0.75		
50m: 32.56	32.56	250m: 3:05.13	39.18	450m: 5:42.47	39.77	650m: 8:22.08	39.94
100m: 1:09.27	36.71	300m: 3:44.28	39.15	500m: 6:22.41	39.94	700m: 9:01.71	39.63
150m: 1:47.47	38.20	350m: 4:23.83	39.55	550m: 7:02.40	39.99	750m: 9:41.07	39.36
200m: 2:25.95	38.48	400m: 5:02.70	38.87	600m: 7:42.14	39.74	800m: 10:19.36	38.29
3. Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	10:32.59	+0.86		
50m: 35.31	35.31	250m: 3:14.41	39.97	450m: 5:55.01	40.16	650m: 8:35.92	39.76
100m: 1:14.49	39.18	300m: 3:54.68	40.27	500m: 6:35.66	40.65	700m: 9:15.64	39.72
150m: 1:54.62	40.13	350m: 4:34.52	39.84	550m: 7:15.70	40.04	750m: 9:54.84	39.20
200m: 2:34.44	39.82	400m: 5:14.85	40.33	600m: 7:56.16	40.46	800m: 10:32.59	37.75

Programmanr. 16, Heren, 800m vrije slag, Masters 55+

rang	naam	vereniging						tijd	RT	PARA
4.	Eric Langhorst	De Rijn	NED	196200389				11:55.02	+0.91	
	50m: 38.48	38.48	250m: 3:41.28	46.51	450m: 6:44.08	45.60	650m: 9:44.48	44.72		
	100m: 1:22.68	44.20	300m: 4:27.06	45.78	500m: 7:29.51	45.43	700m: 10:28.89	44.41		
	150m: 2:08.61	45.93	350m: 5:12.91	45.85	550m: 8:14.76	45.25	750m: 11:13.22	44.33		
	200m: 2:54.77	46.16	400m: 5:58.48	45.57	600m: 8:59.76	45.00	800m: 11:55.02	41.80		
5.	Michel Picavet	Royal Dauphins Mouscronnois	BEL	004713/62				13:43.23	+0.90	
	50m: 43.57	43.57	250m: 4:09.00	52.72	450m: 7:39.32	53.28	650m: 11:11.76	52.85		
	100m: 1:32.62	49.05	300m: 5:01.18	52.18	500m: 8:31.38	52.06	700m: 12:04.53	52.77		
	150m: 2:24.60	51.98	350m: 5:53.67	52.49	550m: 9:25.46	54.08	750m: 12:57.03	52.50		
	200m: 3:16.28	51.68	400m: 6:46.04	52.37	600m: 10:18.91	53.45	800m: 13:43.23	46.20		
6.	Jan Willem Heuten	WS Twente	NED	196000883				13:46.89	+0.97	
	50m: 44.15	44.15	250m: 4:14.37	54.33	450m: 7:46.78	53.45	650m: 11:16.95	52.01		
	100m: 1:33.73	49.58	300m: 5:07.26	52.89	500m: 8:39.84	53.06	700m: 12:07.75	50.80		
	150m: 2:26.39	52.66	350m: 6:00.46	53.20	550m: 9:32.95	53.11	750m: 12:59.99	52.24		
	200m: 3:20.04	53.65	400m: 6:53.33	52.87	600m: 10:24.94	51.99	800m: 13:46.89	46.90		
7.	Adri Pasman	Zuiderzeewimmers	NED	196400573				13:48.59	+1.25	
	50m: 46.08	46.08	250m: 4:16.32	53.60	450m: 7:46.87	52.56	650m: 11:16.74	52.58		
	100m: 1:37.12	51.04	300m: 5:08.76	52.44	500m: 8:39.07	52.20	700m: 12:08.49	51.75		
	150m: 2:29.96	52.84	350m: 6:02.17	53.41	550m: 9:31.70	52.63	750m: 12:59.39	50.90		
	200m: 3:22.72	52.76	400m: 6:54.31	52.14	600m: 10:24.16	52.46	800m: 13:48.59	49.20		
DIS	Bart van Calker	WS Twente	NED	196100067						
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>									

Masters 60+

1.	Marten de Groot <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	NED	195800149				10:03.69	+0.83	
	50m: 34.38	34.38	250m: 3:07.09	38.18	450m: 5:38.57	37.36	650m: 8:10.80	37.57		
	100m: 1:11.90	37.52	300m: 3:45.60	38.51	500m: 6:16.54	37.97	700m: 8:49.37	38.57		
	150m: 1:50.41	38.51	350m: 4:23.23	37.63	550m: 6:54.58	38.04	750m: 9:27.28	37.91		
	200m: 2:28.91	38.50	400m: 5:01.21	37.98	600m: 7:33.23	38.65	800m: 10:03.69	36.41		
2.	Marius Ros	ZCNF'34	NED	195900779				11:37.75	+0.72	
	50m: 40.44	40.44	250m: 3:37.65	44.69	450m: 6:34.50	44.33	650m: 9:29.67	43.99		
	100m: 1:23.87	43.43	300m: 4:22.00	44.35	500m: 7:18.14	43.64	700m: 10:13.44	43.77		
	150m: 2:08.71	44.84	350m: 5:06.09	44.09	550m: 8:02.14	44.00	750m: 10:57.19	43.75		
	200m: 2:52.96	44.25	400m: 5:50.17	44.08	600m: 8:45.68	43.54	800m: 11:37.75	40.56		
3.	Wim de Lange	AZC	NED	195800533				11:55.08	+0.75	
	50m: 38.52	38.52	250m: 3:37.92	45.44	450m: 6:38.81	45.28	650m: 9:40.16	45.46		
	100m: 1:22.23	43.71	300m: 4:23.10	45.18	500m: 7:24.18	45.37	700m: 10:25.82	45.66		
	150m: 2:07.35	45.12	350m: 5:08.31	45.21	550m: 8:09.46	45.28	750m: 11:11.09	45.27		
	200m: 2:52.48	45.13	400m: 5:53.53	45.22	600m: 8:54.70	45.24	800m: 11:55.08	43.99		
4.	Wolfgang Rossa	TPSK 1925 e.V.	GER	396833				12:06.44	+1.29	
	50m: 41.03	41.03	250m: 3:41.61	46.11	450m: 6:47.22	46.06	650m: 9:54.41	46.25		
	100m: 1:24.36	43.33	300m: 4:27.72	46.11	500m: 7:34.56	47.34	700m: 10:39.67	45.26		
	150m: 2:09.79	45.43	350m: 5:14.27	46.55	550m: 8:21.50	46.94	750m: 11:24.66	44.99		
	200m: 2:55.50	45.71	400m: 6:01.16	46.89	600m: 9:08.16	46.66	800m: 12:06.44	41.78		
5.	Henk Slomp	De Inktvis	NED	195500359				12:07.38	+0.78	
	50m: 39.47	39.47	250m: 3:42.48	45.86	450m: 6:48.83	48.50	650m: 9:57.33	45.48		
	100m: 1:24.20	44.73	300m: 4:28.44	45.96	500m: 7:37.10	48.27	700m: 10:41.83	44.50		
	150m: 2:10.27	46.07	350m: 5:14.26	45.82	550m: 8:24.51	47.41	750m: 11:26.27	44.44		
	200m: 2:56.62	46.35	400m: 6:00.33	46.07	600m: 9:11.85	47.34	800m: 12:07.38	41.11		
6.	Lex Hoogendam	ZZ&PC De Devel	NED	195700541				13:13.40	+0.82	
	50m: 40.51	40.51	250m: 3:56.06	49.76	450m: 7:17.90	50.37	650m: 10:42.90	51.60		
	100m: 1:27.55	47.04	300m: 4:46.54	50.48	500m: 8:09.37	51.47	700m: 11:33.66	50.76		
	150m: 2:16.25	48.70	350m: 5:36.99	50.45	550m: 9:00.12	50.75	750m: 12:23.79	50.13		
	200m: 3:06.30	50.05	400m: 6:27.53	50.54	600m: 9:51.30	51.18	800m: 13:13.40	49.61		
7.	André Pantekoek	PSV	NED	195800321				15:01.13	+1.14	
	50m: 43.41	43.41	250m: 4:25.05	57.35	450m: 8:21.45	58.47	650m: 12:15.69	58.98		
	100m: 1:35.21	51.80	300m: 5:23.92	58.87	500m: 9:19.43	57.98	700m: 13:13.44	57.75		
	150m: 2:32.03	56.82	350m: 6:22.84	58.92	550m: 10:19.26	59.83	750m: 14:11.01	57.57		
	200m: 3:27.70	55.67	400m: 7:22.98	1:00.14	600m: 11:16.71	57.45	800m: 15:01.13	50.12		

Programmanr. 16, Heren, 800m vrije slag

Masters 65+

1. Piet Schop		De Bevelanders		NED	195000109		13:57.88	+0.81
50m: 42.59	42.59	250m: 4:13.13	55.12	450m: 7:51.59	55.54	650m: 11:27.30	53.89	
100m: 1:32.00	49.41	300m: 5:06.51	53.38	500m: 8:45.19	53.60	700m: 12:20.80	53.50	
150m: 2:25.34	53.34	350m: 6:01.48	54.97	550m: 9:40.04	54.85	750m: 13:13.99	53.19	
200m: 3:18.01	52.67	400m: 6:56.05	54.57	600m: 10:33.41	53.37	800m: 13:57.88	43.89	
2. Hilbert Prins		SwimGym		NED	195100223		14:08.67	+1.03
50m: 45.35	45.35	250m: 4:15.11	53.37	450m: 7:50.43	54.19	650m: 11:28.57	54.62	
100m: 1:36.73	51.38	300m: 5:09.11	54.00	500m: 8:44.41	53.98	700m: 12:23.35	54.78	
150m: 2:28.71	51.98	350m: 6:03.13	54.02	550m: 9:38.94	54.53	750m: 13:17.89	54.54	
200m: 3:21.74	53.03	400m: 6:56.24	53.11	600m: 10:33.95	55.01	800m: 14:08.67	50.78	

Masters 70+

1. Wout Hemmes		De Plons		NED	194800059		12:54.81	+0.84
50m: 42.33	42.33	250m: 3:59.79	49.38	450m: 7:16.93	48.59	650m: 10:33.57	49.28	
100m: 1:30.93	48.60	300m: 4:48.84	49.05	500m: 8:06.07	49.14	700m: 11:21.65	48.08	
150m: 2:20.68	49.75	350m: 5:38.86	50.02	550m: 8:55.49	49.42	750m: 12:10.37	48.72	
200m: 3:10.41	49.73	400m: 6:28.34	49.48	600m: 9:44.29	48.80	800m: 12:54.81	44.44	
2. Willem Putter		ZVVS		NED	194500135		14:00.16	+1.13
50m: 44.37	44.37	250m: 4:18.62	54.67	450m: 7:56.33	55.52	650m: 11:30.34	53.59	
100m: 1:35.37	51.00	300m: 5:12.16	53.54	500m: 8:49.35	53.02	700m: 13:27.17	51.49	
150m: 2:29.56	54.19	350m: 6:07.39	55.23	550m: 9:43.41	54.06	750m: 13:13.90	52.07	
200m: 3:23.95	54.39	400m: 7:00.81	53.42	600m: 10:36.75	53.34	800m: 14:00.16	46.26	

Masters 75+

1. Rob Hanou		PSV		NED	194300109		14:14.60	+1.04
50m: 45.92	45.92	250m: 4:26.41	55.59	450m: 8:04.99	53.80	650m: 11:40.95	54.12	
100m: 1:39.52	53.60	300m: 5:21.81	55.40	500m: 8:58.67	53.68	700m: 12:34.16	53.21	
150m: 2:35.67	56.15	350m: 6:17.51	55.70	550m: 9:52.82	54.15	750m: 13:27.17	53.01	
200m: 3:30.82	55.15	400m: 7:11.19	53.68	600m: 10:46.83	54.01	800m: 14:14.60	47.43	
2. Frans van Enst		WS Twente		NED	194000011		15:07.10	+1.07
50m: 46.12	46.12	250m: 4:40.55	59.17	450m: 8:35.66	58.13	650m: 12:26.38	56.52	
100m: 1:42.91	56.79	300m: 5:40.46	59.91	500m: 9:35.14	59.48	700m: 13:22.39	56.01	
150m: 2:41.79	58.88	350m: 6:39.20	58.74	550m: 10:32.96	57.82	750m: 14:17.65	55.26	
200m: 3:41.38	59.59	400m: 7:37.53	58.33	600m: 11:29.86	56.90	800m: 15:07.10	49.45	
3. Geza Kaltenecker		AZC		NED	194200065		15:43.18	+0.87
50m: 49.61	49.61	250m: 4:48.38	1:00.49	450m: 8:50.59	1:00.01	650m: 12:51.66	1:00.35	
100m: 1:47.63	58.02	300m: 5:49.17	1:00.79	500m: 9:51.18	1:00.59	700m: 13:50.74	59.08	
150m: 2:47.59	59.96	350m: 6:50.52	1:01.35	550m: 10:50.96	59.78	750m: 14:49.24	58.50	
200m: 3:47.89	1:00.30	400m: 7:50.58	1:00.06	600m: 11:51.31	1:00.35	800m: 15:43.18	53.94	

Masters 80+

1. Frederik Hendrik De Bruijn <i>Spanish Masters Record</i>		CN Aquamasters		ESP			14:11.31	+1.24
50m: 48.68	48.68	250m: 4:21.34	54.10	450m: 7:56.00	54.13	650m: 11:32.40	54.35	
100m: 1:40.49	51.81	300m: 5:15.33	53.99	500m: 8:50.27	54.27	700m: 12:26.64	54.24	
150m: 2:34.29	53.80	350m: 6:09.19	53.86	550m: 9:44.38	54.11	750m: 13:20.71	54.07	
200m: 3:27.24	52.95	400m: 7:01.87	52.68	600m: 10:38.05	53.67	800m: 14:11.31	50.60	
2. Nic Geers		Z&PC De Gouwe		NED	193800007		17:40.70	+1.10
50m: 56.60	56.60	250m: 5:23.20	1:07.94	450m: 9:58.37	1:08.49	650m: 14:32.20	1:09.35	
100m: 2:01.45	1:04.85	300m: 6:31.79	1:08.59	500m: 11:06.89	1:08.52	700m: 15:39.76	1:07.56	
150m: 3:08.10	1:06.65	350m: 7:40.63	1:08.84	550m: 12:14.48	1:07.59	750m: 16:43.83	1:04.07	
200m: 4:15.26	1:07.16	400m: 8:49.88	1:09.25	600m: 13:22.85	1:08.37	800m: 17:40.70	56.87	

Programmanr. 17
04-05-2019 - 10:30

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA
Masters 20+					
1.	Anne Noom <i>Nederlands Masters Record</i>	Het Y	5:11.52	+0.75	
	50m: 31.93 100m: 1:09.08	150m: 1:49.65 200m: 2:29.48	250m: 3:15.04 300m: 4:01.34	350m: 4:37.20 400m: 5:11.52	35.86 34.32
2.	Tamara Grove	De Dolfijn	5:30.18	+0.70	
	50m: 32.93 100m: 1:12.29	150m: 1:56.85 200m: 2:39.54	250m: 3:25.81 300m: 4:14.73	350m: 4:52.57 400m: 5:30.18	37.84 37.61
3.	Chantal Beijer	DWT	5:34.92	+0.74	
	50m: 34.37 100m: 1:17.58	150m: 2:02.17 200m: 2:44.08	250m: 3:30.19 300m: 4:18.36	350m: 4:58.14 400m: 5:34.92	39.78 36.78
4.	Renée Vanderheyden	ReVeLie Swim Team	5:43.50	+0.82	
	50m: 34.91 100m: 1:17.91	150m: 2:00.25 200m: 2:41.28	250m: 3:32.17 300m: 4:23.21	350m: 5:04.11 400m: 5:43.50	40.90 39.39
5.	Fiona Meuffels	RZ	5:46.70	+0.57	
	50m: 36.53 100m: 1:21.96	150m: 2:07.63 200m: 2:52.76	250m: 3:39.34 300m: 4:27.85	350m: 5:08.06 400m: 5:46.70	40.21 38.64
6.	Hester Meijer	Zwemvereniging Hoogland	6:29.19	+0.78	
	50m: 42.05 100m: 1:32.21	150m: 2:22.87 200m: 3:10.58	250m: 4:06.40 300m: 5:02.01	350m: 5:45.96 400m: 6:29.19	43.95 43.23
Masters 25+					
1.	Maaïke Vooren	DAW	5:29.90	+0.84	
	50m: 34.49 100m: 1:14.67	150m: 2:01.00 200m: 2:45.41	250m: 3:31.08 300m: 4:17.69	350m: 4:54.59 400m: 5:29.90	36.90 35.31
2.	Suzanne Brummel	Octopus	5:43.12	+0.91	
	50m: 35.11 100m: 1:18.08	150m: 2:05.36 200m: 2:50.11	250m: 3:35.59 300m: 4:22.09	350m: 5:03.44 400m: 5:43.12	41.35 39.68
3.	Nanda de Vries	Steenwijk 1934	5:49.01	+0.82	
	50m: 36.63 100m: 1:20.48	150m: 2:07.74 200m: 2:53.06	250m: 3:42.74 300m: 4:32.14	350m: 5:11.49 400m: 5:49.01	39.35 37.52
4.	Wendy de Bruin	ZOB'66	5:50.20	+0.64	
	50m: 34.50 100m: 1:17.04	150m: 2:03.28 200m: 2:48.82	250m: 3:39.50 300m: 4:30.78	350m: 5:10.85 400m: 5:50.20	40.07 39.35
5.	Ildiko van der Ploeg	SWNZ (SG)	6:54.98	+0.74	
	50m: 42.21 100m: 1:34.48	150m: 2:27.47 200m: 3:19.43	250m: 4:17.96 300m: 5:18.84	350m: 6:08.15 400m: 6:54.98	49.31 46.83
6.	Claudia Creemers	RZ	7:38.77	+0.71	
	50m: 43.59 100m: 1:41.57	150m: 2:42.27 200m: 3:44.62	250m: 4:48.51 300m: 5:53.46	350m: 6:45.25 400m: 7:38.77	51.79 53.52
7.	Anouk Bloem	TRB-RES	8:38.90	+1.02	
	50m: 58.57 100m: 2:07.35	150m: 3:14.06 200m: 4:22.40	250m: 5:35.36 300m: 6:47.83	350m: 7:43.10 400m: 8:38.90	55.27 55.80
Masters 30+					
1.	Viktória Felföldi	Megathlon SE	5:21.00	+0.74	
	50m: 32.77 100m: 1:10.93	150m: 1:52.78 200m: 2:33.40	250m: 3:20.13 300m: 4:07.40	350m: 4:44.72 400m: 5:21.00	37.32 36.28
2.	Linda van Klei-Janssen	ZPB H&L Productions	6:06.17	+0.73	
	50m: 38.41 100m: 1:25.79	150m: 2:15.36 200m: 3:03.36	250m: 3:54.22 300m: 4:45.76	350m: 5:27.45 400m: 6:06.17	41.69 38.72
3.	Liesbeth van Mill	Zwemlust-den Hommel	6:12.74	+0.91	
	50m: 40.36 100m: 1:27.76	150m: 2:16.39 200m: 3:05.01	250m: 3:54.96 300m: 4:46.15	350m: 5:29.59 400m: 6:12.74	43.44 43.15

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Splash Meet Manager, 11.57823

Registered to KNZB

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Programmanr. 17, Dames, 400m wisselslag

Masters 35+

1.	Ann Wanter	Zwemclub Geel	BEL	21082/82				5:34.98	+0.83
	<i>Belgische Masters Record</i>								
	50m: 35.06	35.06	150m: 1:58.34	42.87	250m: 3:30.32	50.44	350m: 4:58.04	36.98	
	100m: 1:15.47	40.41	200m: 2:39.88	41.54	300m: 4:21.06	50.74	400m: 5:34.98	36.94	
2.	Roos van Esch	Feijenoord Albion Zwemclub	NED	198200468				5:55.28	+0.87
	50m: 36.77	36.77	150m: 2:06.07	47.88	250m: 3:42.46	51.31	350m: 5:15.63	42.05	
	100m: 1:18.19	41.42	200m: 2:51.15	45.08	300m: 4:33.58	51.12	400m: 5:55.28	39.65	
3.	Angela Giezen	Montferland	NED	198302796				6:26.74	+0.81
	50m: 41.35	41.35	150m: 2:23.03	50.93	250m: 4:04.07	53.09	350m: 5:43.99	46.65	
	100m: 1:32.10	50.75	200m: 3:10.98	47.95	300m: 4:57.34	53.27	400m: 6:26.74	42.75	
4.	Rianne van Vegchelen	ZV 44	NED	198101530				8:23.33	+1.12
	50m: 57.36	57.36	150m: 3:13.91	1:10.86	250m: 5:34.38	1:10.02	350m: 7:32.29	50.16	
	100m: 2:03.05	1:05.69	200m: 4:24.36	1:10.45	300m: 6:42.13	1:07.75	400m: 8:23.33	51.04	

Masters 40+

1.	Annett von Rekowski	SG Bayer	GER	97868				5:40.01	+0.84
	50m: 35.36	35.36	150m: 2:00.25	43.73	250m: 3:34.25	51.53	350m: 5:03.67	37.53	
	100m: 1:16.52	41.16	200m: 2:42.72	42.47	300m: 4:26.14	51.89	400m: 5:40.01	36.34	
2.	Liselotte Joling	PSV	NED	197500268				5:55.21	+0.82
	50m: 36.56	36.56	150m: 2:08.91	48.65	250m: 3:45.05	49.57	350m: 5:17.64	40.82	
	100m: 1:20.26	43.70	200m: 2:55.48	46.57	300m: 4:36.82	51.77	400m: 5:55.21	37.57	
3.	Jolanda van Gendt	PSV	NED	197800266				6:24.87	+0.73
	50m: 41.28	41.28	150m: 2:21.04	48.98	250m: 4:01.91	53.80	350m: 5:40.31	43.69	
	100m: 1:32.06	50.78	200m: 3:08.11	47.07	300m: 4:56.62	54.71	400m: 6:24.87	44.56	
4.	Jannie Vennik	HZ&PC Heerenveen	NED	197601006				6:43.32	+0.95
	50m: 44.19	44.19	150m: 2:32.84	54.62	250m: 4:22.24	55.00	350m: 6:00.89	42.77	
	100m: 1:38.22	54.03	200m: 3:27.24	54.40	300m: 5:18.12	55.88	400m: 6:43.32	42.43	
5.	Femke Neeskens	VZV Njord	NED	197801370				7:35.47	+0.84
	50m: 43.92	43.92	150m: 2:39.71	1:04.12	250m: 4:41.86	59.48	350m: 6:40.23	56.23	
	100m: 1:35.59	51.67	200m: 3:42.38	1:02.67	300m: 5:44.00	1:02.14	400m: 7:35.47	55.24	

Masters 45+

1.	Evelien van Klaarbergen	HZ&PC Heerenveen	NED	197200964				5:43.75	+0.83
	<i>Nederlands Masters Record</i>								
	50m: 35.78	35.78	150m: 2:01.91	44.33	250m: 3:34.73	49.59	350m: 5:05.12	40.33	
	100m: 1:17.58	41.80	200m: 2:45.14	43.23	300m: 4:24.79	50.06	400m: 5:43.75	38.63	
2.	Bianca Groot	MSV-Zeemacht	NED	197000652				6:28.94	+0.94
	50m: 39.86	39.86	150m: 2:24.60	51.39	250m: 4:09.88	54.01	350m: 5:46.75	42.51	
	100m: 1:33.21	53.35	200m: 3:15.87	51.27	300m: 5:04.24	54.36	400m: 6:28.94	42.19	
3.	Kathy Van Lindt	CNSW	BEL	007949/71				6:32.44	+0.95
	50m: 40.41	40.41	150m: 2:24.62	54.11	250m: 4:14.39	54.52	350m: 5:52.13	42.68	
	100m: 1:30.51	50.10	200m: 3:19.87	55.25	300m: 5:09.45	55.06	400m: 6:32.44	40.31	
4.	Henriette Driesen-Joanknecht	Aqua-Novio'94	NED	197101056				8:08.42	+0.87
	50m: 54.26	54.26	150m: 3:04.15	1:09.17	250m: 5:11.03	1:01.30	350m: 7:12.00	58.38	
	100m: 1:54.98	1:00.72	200m: 4:09.73	1:05.58	300m: 6:13.62	1:02.59	400m: 8:08.42	56.42	

Masters 50+

1.	Claudia Thielemann	SG Bayer	GER	333958				5:41.45	+0.73
	50m: 34.68	34.68	150m: 1:59.25	44.73	250m: 3:33.80	50.36	350m: 5:04.20	38.74	
	100m: 1:14.52	39.84	200m: 2:43.44	44.19	300m: 4:25.46	51.66	400m: 5:41.45	37.25	
2.	Heidi den Boer	LinK	NED	196900864				6:15.10	+0.70
	50m: 37.74	37.74	150m: 2:12.12	47.30	250m: 3:52.22	53.43	350m: 5:32.03	43.84	
	100m: 1:24.82	47.08	200m: 2:58.79	46.67	300m: 4:48.19	55.97	400m: 6:15.10	43.07	
3.	Laura Staal	Oceanus	NED	196700358				6:22.57	+0.75
	50m: 41.31	41.31	150m: 2:21.32	50.13	250m: 4:04.42	53.40	350m: 5:41.14	42.89	
	100m: 1:31.19	49.88	200m: 3:11.02	49.70	300m: 4:58.25	53.83	400m: 6:22.57	41.43	

Programmanr. 17, Dames, 400m wisselslag, Masters 50+

rang	naam	vereniging						tijd	RT	PARA
4.	Iris van Aurich	DWK	NED	196900866				6:48.44	+0.60	
	50m: 44.78	44.78	150m: 2:29.85	51.03	250m: 4:14.32	54.15	350m: 6:00.56	49.43		
	100m: 1:38.82	54.04	200m: 3:20.17	50.32	300m: 5:11.13	56.81	400m: 6:48.44	47.88		
5.	Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922				6:55.06	+0.69	
	50m: 42.93	42.93	150m: 2:26.18	53.56	250m: 4:20.46	1:02.38	350m: 6:08.73	46.57		
	100m: 1:32.62	49.69	200m: 3:18.08	51.90	300m: 5:22.16	1:01.70	400m: 6:55.06	46.33		
6.	Anita Steijger	WVZ	NED	196500628				7:21.09	+1.01	
	50m: 48.42	48.42	150m: 2:43.83	57.87	250m: 4:42.25	59.91	350m: 6:32.17	49.86		
	100m: 1:45.96	57.54	200m: 3:42.34	58.51	300m: 5:42.31	1:00.06	400m: 7:21.09	48.92		
7.	Miranda Keijl	ZIGNEA	NED	196500588				7:22.16	+0.99	
	50m: 45.83	45.83	150m: 2:42.64	56.87	250m: 4:44.12	1:08.07	350m: 6:38.69	48.81		
	100m: 1:45.77	59.94	200m: 3:36.05	53.41	300m: 5:49.88	1:05.76	400m: 7:22.16	43.47		
8.	K. van Nassau-van den Heuvel	Old Dutch	NED	196600188				7:29.63	+0.90	
	50m: 51.79	51.79	150m: 2:51.54	1:00.79	250m: 4:49.22	58.15	350m: 6:40.03	51.26		
	100m: 1:50.75	58.96	200m: 3:51.07	59.53	300m: 5:48.77	59.55	400m: 7:29.63	49.60		
9.	Annette van Dok	MSV-Zeemacht	NED	196800742				7:44.46	+0.82	
	50m: 51.69	51.69	150m: 2:51.52	58.17	250m: 4:55.23	1:07.06	350m: 6:56.07	52.04		
	100m: 1:53.35	1:01.66	200m: 3:48.17	56.65	300m: 6:04.03	1:08.80	400m: 7:44.46	48.39		

Masters 55+

1.	Margriet Grove-Lingeman	Triton	NED	196200080				6:37.74	+0.84	
	50m: 39.95	39.95	150m: 2:20.42	52.02	250m: 4:08.58	57.44	350m: 5:51.65	46.18		
	100m: 1:28.40	48.45	200m: 3:11.14	50.72	300m: 5:05.47	56.89	400m: 6:37.74	46.09		
2.	Petra Tossings	DAW	NED	196100376				6:44.36	+0.87	
	50m: 40.29	40.29	150m: 2:23.51	53.75	250m: 4:14.73	58.50	350m: 5:59.30	46.15		
	100m: 1:29.76	49.47	200m: 3:16.23	52.72	300m: 5:13.15	58.42	400m: 6:44.36	45.06		
3.	Marjan Spoelstra	SWOL 1894	NED	196000236				7:44.90	+0.90	
	50m: 55.65	55.65	150m: 3:01.06	1:01.75	250m: 5:02.35	1:01.27	350m: 6:55.35	52.39		
	100m: 1:59.31	1:03.66	200m: 4:01.08	1:00.02	300m: 6:02.96	1:00.61	400m: 7:44.90	49.55		

Masters 60+

1.	Patty Verhagen	PSV	NED	195900146				6:40.81	+1.07	
	<i>Nederlands Masters Record</i>									
	50m: 41.82	41.82	150m: 2:29.11	51.90	250m: 4:16.90	58.56	350m: 5:58.45	43.56		
	100m: 1:37.21	55.39	200m: 3:18.34	49.23	300m: 5:14.89	57.99	400m: 6:40.81	42.36		
2.	Margriet Pasma	De Inktvis	NED	195500088				7:25.52	+0.98	
	50m: 53.46	53.46	150m: 2:52.04	56.12	250m: 4:49.32	1:02.95	350m: 6:39.08	47.30		
	100m: 1:55.92	1:02.46	200m: 3:46.37	54.33	300m: 5:51.78	1:02.46	400m: 7:25.52	46.44		
3.	Hannie Poletiek	TriVia	NED	195900278				7:45.24	+1.03	
	50m: 53.08	53.08	150m: 2:57.25	1:00.88	250m: 4:59.55	1:04.26	350m: 6:54.45	51.37		
	100m: 1:56.37	1:03.29	200m: 3:55.29	58.04	300m: 6:03.08	1:03.53	400m: 7:45.24	50.79		

Programmanr. 18
04-05-2019 - 11:12

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging				tijd	RT	PARA
80+, Dames							
1.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED		4:58.21	+0.71	
	Hester Meijer	+0.71 34.81 1:13.23	Iris van Zuilen	+0.28 37.32 1:17.01			
	Yvette Meijer	+0.33 34.59 1:15.14	Eline Roeland	+0.63 35.25 1:12.83			

Programmanr. 18, 4 x 100m vrije slag

80+, Heren

1. Octopus 1	Octopus			NED	3:53.49	+0.71	
Roald Blok	+0.71	28.73	1:00.09	Emile Manni	+0.32	27.23	57.28
Jarco van Ommen	+0.40	28.13	59.72	Casper Muselaers	+0.36	26.16	56.40

80+, Gemengd

1. Nova 1	Nova			NED	4:02.01	+0.74	
Dennis Wildeboer	+0.74	26.40	56.65	Marijke Drent	+0.44	30.77	1:04.81
Karin Groen	+0.34	28.92	1:02.15	Stefan Kwant	+0.27	27.11	58.40
2. WVZ 4	WVZ			NED	4:10.22	+0.71	
Mabel Suli	+0.71	29.69	1:01.43	Sabine Koudijs	+0.08	31.95	1:09.21
Rens Post	+0.31	28.67	1:01.52	Jordy van Oel	+0.05	27.68	58.06
3. Noord Veluwe 1	Noord Veluwe			NED	4:20.18	+0.77	
Stephanie van Diepen	+0.77	33.67	1:09.94	Erik Verholt	+0.33	27.70	59.77
Frank Versprille	+0.57	29.57	1:02.70	Rianne van Rijssen	+0.33	31.58	1:07.77
4. Feijenoord Albion Zwemclub 4	Feijenoord Albion Zwemclub			NED	4:22.78	+0.79	
Anouk van der Lans	+0.79	34.34	1:15.35	Armand Heyder	+0.04	26.32	57.38
Jacoline van den Beukel	+0.16	32.30	1:09.77	Patrick Wyrdeman	+0.17	29.20	1:00.28

100+, Dames

1. WVZ 1	WVZ			NED	4:06.21	+0.82	
<i>World Masters Record</i>							
Manon van Strien	+0.82	30.23	1:03.96	Isabelle Massar	+0.27	29.47	1:03.43
Leonie van Noort	+0.22	27.79	57.92	Delia Badoux	+0.06	28.90	1:00.90
2. Zuiderzeezwemmers 1	Zuiderzeezwemmers			NED	4:20.33	+0.69	
Lisanne Andeweg	+0.69	31.68	1:06.15	Leonie Nijenhuis	+0.47	33.29	1:10.90
Dagmar Kruik	+0.16	29.76	1:03.15	Danique Stoop	+0.47	28.70	1:00.13
3. DIO 1	DIO			NED	4:26.86	+0.72	
Susanne van der Linden	+0.72	32.51	1:08.67	Siska Post	+0.46	32.30	1:08.14
Whitney van Hoeckel	+0.57	33.30	1:08.22	Jolanda Post	+0.35	29.76	1:01.83
4. ESCA Zwemmen 1	ESCA Zwemmen			NED	4:32.49	+0.58	
Moniek van Langevelde	+0.58	30.61	1:05.08	Cheyenne Verburgt	+0.43	32.14	1:08.66
Ijla Janssen	+0.33	34.02	1:14.01	Kiona Peters	+0.18	30.31	1:04.74
5. De Duck 1	De Duck			NED	4:37.20	+0.71	
Céline Verhoef	+0.71	31.27	1:07.47	Geraldine Trainor	+0.46	33.05	1:10.24
Lenneke Bagijn	+0.50	33.01	1:10.58	Judith Kleinjan	+0.54	32.27	1:08.91
6. SGGO (SG) 1	SGGO (SG)			NED	4:37.24	+0.76	
Lotte Middelbos	+0.76	30.35	1:04.45	Marjon van Kempen	+0.52	33.87	1:10.83
Whitley Rens	+0.60	35.75	1:15.42	Danica Koedoot	+0.52	30.80	1:06.54
7. AZ&PC De Futen 1	AZ&PC De Futen			NED	4:59.49	+0.86	
Joanne Groeneveldt	+0.86	33.98	1:12.92	Nella Diepeveen	+0.32	35.00	1:13.29
Eline Vermue	+0.59	37.13	1:20.11	Daphne Kievit	+0.52	33.62	1:13.17

100+, Heren

1. Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub			NED	3:40.23	+0.66	
Romero Hennep	+0.66	27.21	56.73	Nol van Thull	+0.12	26.32	55.92
Timo Dinkelberg	+0.61	26.70	55.80	Engser Kotterink	+0.34	24.62	51.78
2. VZC 1	VZC			NED	3:51.23	+0.79	
Olaf Achterberg	+0.79	27.73	57.74	Jeroen Burggraaf	+0.46	28.58	1:00.28
Jelle Nap	+0.50	27.16	55.73	Joeri Scheidt	+0.66	27.74	57.48
3. Triton 1	Triton			NED	4:04.51	+0.63	
Remco Joukes	+0.63	30.22	1:07.28	Tim Bunnik	+0.36	27.67	58.63
Pascal van Kassel	+0.51	29.14	1:02.57	Lars van der Zee	+0.43	26.83	56.03

Programmanr. 18, 4 x 100m vrije slag

100+, Gemengd

1.	Feijenoord Albion Zwemclub 3 Fenna de Groot Marije Dinkelberg	Feijenoord Albion Zwemclub +0.57 30.49 1:04.60 +0.61 30.18 1:02.40	NED Jordi van der Weel Bart Drechsel	4:01.57 +0.54 26.71 57.58 +0.39 27.28 56.99	+0.57
2.	ZPV Barracuda 1 Denise Boereboom Melissa van der Heijden	ZPV Barracuda +0.72 30.42 1:04.63 +0.10 30.56 1:02.93	NED Pascal van Haren Emiel van Beusekom	4:04.26 +0.44 27.76 58.44 +0.32 27.72 58.26	+0.72
3.	NDD 1 Olga Volman-Maiorova Tieske Konings	NDD +0.72 31.09 1:04.40 +0.46 31.06 1:05.37	NED Giel Verberne Besi Sejdijaj	4:17.44 +0.49 27.85 1:01.03 +0.69 30.31 1:06.64	+0.72
4.	DWT 1 Peter van de Bor Evy Witlox	DWT +0.76 29.09 1:03.32 +0.12 30.69 1:06.39	NED Chantal Beijer Jeffrey Camphens	4:18.43 +0.17 32.63 1:08.71 +0.17 28.19 1:00.01	+0.76
5.	ZPC Woerden 2 Femke Remmits Cynthia van Veen	ZPC Woerden +0.74 30.33 1:04.38 +0.47 35.85 1:16.76	NED Thommy Nickel Cyriel Muthert	4:21.67 +0.40 28.71 1:01.16 +0.22 27.45 59.37	+0.74
6.	Steenwijk 1934 3 Getrude Corporaal Patrick Wobben	Steenwijk 1934 +0.78 32.95 1:09.75 +0.63 34.12 1:15.27	NED Robert Braad Nanda de Vries	4:30.13 +0.26 28.50 59.83 +0.29 30.76 1:05.28	+0.78
7.	De Wellerobben 1 Daphne de Jong Pascal de Jong	De Wellerobben +0.75 36.01 1:19.15 +0.29 30.30 1:04.71	NED Ingmar de Jong Karin van Dijk	4:54.01 +0.37 35.70 1:18.34 +0.32 33.52 1:11.81	+0.75

120+, Dames

1.	DAW 1 Sandra Zwaanswijk Ilona Hogerheyde	DAW +0.67 32.02 1:07.65 +0.49 31.31 1:07.39	NED Denise Boonstra Brenda Zwarthoed	4:24.88 +0.38 29.82 1:04.89 +0.18 30.75 1:04.95	+0.67
2.	ZPC Woerden 1 Mandy Verbakel Ilse van den Wijngaard	ZPC Woerden +0.65 32.06 1:07.17 +0.43 32.14 1:08.40	NED Marjan Remmits Sabine Lina	4:32.97 +0.40 33.44 1:09.68 +0.43 32.39 1:07.72	+0.65
3.	MSV-Zeemacht 1 Jet Kleine Annette van Dok	MSV-Zeemacht +0.65 31.98 1:07.30 +0.27 41.72 1:28.08	NED Suzanne Mosch Tessa Mosch	4:48.06 +0.38 31.80 1:07.99 +0.33 30.15 1:04.69	+0.65
4.	ZPC AMERSFOORT 1 Iris Pijtak Machteld Stiltling	ZPC AMERSFOORT +0.76 31.92 1:07.66 +0.31 39.32 1:22.77	NED Henriëtte v. Norden Eline Hendriks	4:57.87 +0.18 34.84 1:12.99 +0.18 34.46 1:14.45	+0.76
5.	Montferland 1 Marrit Esman Kelly Bockting	Montferland +0.95 36.63 1:15.55 +0.48 36.31 1:15.69	NED Irma de Winter Hanneke Heymen	5:04.92 +0.32 38.60 1:21.45 +0.39 34.31 1:12.23	+0.95
6.	Steenwijk 1934 1 Charine de Ruijter Wilna Heijman	Steenwijk 1934 +0.86 35.01 1:14.45 +0.51 37.70 1:19.05	NED Ilse Blankvoort Maranka Huitema	5:14.06 +0.55 34.97 1:12.95 +0.59 40.70 1:27.61	+0.86
DIS	Sassenheim 1 <i>EA - Te vroeg overgenomen., 4de zwemmer</i> Marianne de Bruin Evelien Meeuwissen	Sassenheim +0.54 33.51 1:10.91 35.38 1:14.47	NED Maaïke Hofland Sanne Kruijer	+0.54 +0.21 36.20 1:18.29	+0.54

120+, Heren

1.	DAW 2 Paul Oudendijk Alex Damen	DAW +0.80 29.17 1:01.01 +0.34 28.70 1:00.13	NED Pieter van Gemeren Felix Geenen	3:55.64 +0.27 28.61 1:00.02 +0.45 25.08 54.48	+0.80
2.	ZPC AMERSFOORT 2 Vincent Bakker Martijn Giezen	ZPC AMERSFOORT +0.78 28.70 1:01.68 +0.03 28.44 59.94	NED Martijn Bartels Rob van Vliet	4:00.49 +0.22 28.01 59.00 +0.22 28.41 59.87	+0.78
3.	WVZ 3 Simon van Ravesteijn Jan-Willem van den Berg	WVZ +0.79 29.52 1:02.58 +0.16 29.99 1:02.84	NED Vincent Lapouge Nordin Termoshuizen	4:04.00 +0.62 27.89 59.89 +0.26 27.89 58.69	+0.79
4.	ZOB'66 1 Tristan Stam Ferry Blangé	ZOB'66 +0.71 28.71 1:00.96 +0.15 28.93 1:03.07	NED Ingmar de Gelder Daan Siebenheller	4:05.35 +0.18 29.52 1:03.67 +0.41 27.78 57.65	+0.71

Programmanr. 18, Heren, 4 x 100m vrije slag, 120+

rang	vereniging	tijd	RT	PARA
5.	ESCA Zwemmen 3 Mike Schel Arjen Koop	ESCA Zwemmen +0.72 28.52 59.35 +0.50 30.36 1:04.60	NED Wridzer Bakker Sander de Vrucht 4:09.07	+0.72 1:08.48 56.64
6.	ZVL-1886 1 Kristiaan Lenos Ingmar Kooman	ZVL-1886 +0.80 27.66 57.52 +0.60 33.02 1:10.42	NED Otto Jansen Robin van Beek 4:09.52	+0.80 1:04.52 57.06
7.	DIO 2 Jan van Opstal Gijs van de Sande	DIO +0.73 28.55 58.62 +0.50 33.25 1:13.23	NED Martino Valentijn Arjan van der Plaats 4:10.76	+0.73 1:02.10 56.81
8.	Zwemvereniging Hoogland 2 Sander Kartman Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland +0.57 28.10 58.82 +0.05 33.32 1:11.11	NED Karlo Kok Bas Dries 4:12.08	+0.57 1:07.74 54.41
9.	SGGO (SG) 2 Nico Paasse Frank v.d. Voorde	SGGO (SG) +0.89 32.86 1:08.49 +0.57 31.04 1:04.76	NED Niels Albrechts David Kievit 4:13.90	+0.89 1:01.57 59.08

120+, Gemengd

1.	Zwemlust-den Hommel 1 Vincent Versteeg Marjon Pol	Zwemlust-den Hommel +0.78 28.33 59.76 +0.38 32.29 1:07.97	NED Joanne van Essen Mark Zwart 4:12.62	+0.78 1:05.72 59.17
2.	GoSwim 1 Linda Dehing Rudi Butselaar	GoSwim 34.22 1:12.69 31.06 1:09.00	NED Victor Barnar Saskia de Klerk 4:19.77	58.12 59.96
3.	De Duck 2 Leontine Groeneveldt Sandra Vermeulen	De Duck +0.88 34.12 1:12.55 +0.32 34.30 1:12.97	NED Jesper Oranje Nico van Maanen 4:33.81	+0.88 55.19 1:13.10
4.	RZ 1 Gino Martijn Fiona Meuffels	RZ +0.66 31.06 1:05.32 +0.45 32.53 1:07.74	NED Claudia Creemers Patrick Creemers 4:34.67	+0.66 1:22.95 58.66
5.	SWOL 1894 2 Nienke Nieuwenhuis Jolijn Keegstra	SWOL 1894 +0.83 35.91 1:16.20 +0.49 35.09 1:13.83	NED Peter Lommert Kasper van den Berghe 4:45.53	+0.83 1:07.48 1:08.02
6.	Deltasteur 1 Fabiola Bosman Eline Vossebelt	Deltasteur +0.64 37.88 1:18.65 +0.45 39.15 1:26.50	NED Pieter Bardelmeijer Tom de Lange 5:06.31	+0.64 1:16.39 1:04.77

160+, Dames

1.	PSV 5 Liselotte Joling Katja de Beer	PSV +0.81 34.61 1:12.43 +0.66 36.30 1:16.20	NED Jolanda van Gendt Joke Smits-Velthuijs 4:51.75	+0.81 1:14.91 1:08.21
2.	WVZ 2 Yvonne Gerritsen Yvette Kilian	WVZ +0.74 33.37 1:09.83 +0.38 36.75 1:18.92	NED Petra Verstegen Linda Hoogendam 5:00.49	+0.74 1:18.45 1:13.29
3.	De Rog 1 Chantal Winters Sandra Van der Helm	De Rog +0.72 32.75 1:09.71 +0.55 39.34 1:24.68	NED Esther Vergeest Arianne Hamakers 5:06.59	+0.72 1:13.04 1:19.16
4.	AZC 1 Katrina Boutwell Sandra Daamen-Posma	AZC +0.87 40.18 1:28.17 +0.55 38.15 1:23.88	NED Mariska Zaal Monique Remst 5:11.55	+0.87 1:13.68 1:05.82

Programmanr. 18, 4 x 100m vrije slag

160+, Heren

1.	Feijenoord Albion Zwemclub 2 Pieter Broek Fred Dijkshoorn	Feijenoord Albion Zwemclub +0.71 28.16 1:01.71 +0.55 31.53 1:07.60	NED Mark Nuijten Pascal Nuijten	4:11.93 +0.43 32.26 +0.02 24.76	+0.71 1:09.09 53.53
2.	PSV 4 Erik Drost Harold Matla	PSV +0.87 30.93 1:05.24 +0.53 31.88 1:06.61	NED Eymert van Rooij Mark Godwaltd	4:24.35 +0.47 32.65 +0.27 29.83	+0.87 1:08.77 1:03.73
3.	AZC 2 Bart Amsing Geza Kaltenecker	AZC +0.95 30.06 1:03.55 38.85 1:25.92	NED Stefan Oostendorp Mark van der Schrier	4:34.87 +0.53 30.26 +0.17 29.61	+0.95 1:03.86 1:01.54
4.	De Duinkickers 1 Richard Hill Robert de Brauwer	De Duinkickers +0.71 30.82 1:10.73 +0.47 31.31 1:07.74	NED Ruben de Boer Robin Roskam	4:41.85 +0.22 30.45 +0.53 36.80	+0.71 1:04.37 1:19.01

160+, Gemengd

1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i> Daniëlle de Boer Casper Hut	HZ&PC Heerenveen +0.69 30.78 1:04.66 +0.15 25.14 53.84	NED Marten de Groot Evelien van Klaarbergen	4:06.63 +0.09 29.79 1:02.42 +0.44 31.34 1:05.71	+0.69
2.	HZ&PC Heerenveen 2 Dennis Bos Jannie Vennik	HZ&PC Heerenveen +0.62 26.18 55.16 +0.67 36.58 1:16.55	NED Peggi Hurenkamp René Beetsma	4:32.64 +0.59 36.69 1:17.91 +0.25 29.85 1:03.02	+0.62
3.	Feijenoord Albion Zwemclub 5 Guido Moret Roos van Esch	Feijenoord Albion Zwemclub +0.72 27.71 58.36 +0.29 32.80 1:08.10	NED Hugo Bregman Caroline Kruger	4:33.67 +0.28 29.05 1:01.20 +0.68 38.89 1:26.01	+0.72
4.	DWK 1 Lars Jacobsen Jennie Resink-lindeboom	DWK +0.91 31.50 1:05.72 41.03 1:25.61	NED Iris van Aurich Martijn de Jong	4:55.47 +0.27 34.54 1:13.30 +0.41 33.19 1:10.84	+0.91
5.	VZV Njord 1 Karín Sagonas-Koolen Thomas Pas	VZV Njord +0.71 35.92 1:17.28 +0.84 38.29 1:20.86	NED Femke Neeskens Francis Roosen	5:11.83 42.14 1:27.77 +0.33 31.92 1:05.92	+0.71
6.	De Duinkickers 2 Sebastiaan de Vos Christine Buist	De Duinkickers +1.06 44.76 1:36.64 +0.76 41.10 1:27.82	NED Saskia op den Velde Marcel Brittijn	5:43.55 +0.51 38.52 1:22.83 +0.12 35.62 1:16.26	+1.06
AFGEM	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED		

200+, Dames

1.	Feijenoord Albion Zwemclub 1 Mirjan den Drijver Elke Nuijten	Feijenoord Albion Zwemclub +0.70 33.83 1:10.84 41.23 1:26.58	NED Tineke Janssen Netty Burik-Geijsen	5:00.77 35.00 1:12.95 33.71 1:10.40	+0.70
2.	ESCA Zwemmen 2 Ria Peters-Veurman Marleen Malais	ESCA Zwemmen +0.86 46.67 1:38.62 +0.68 41.36 1:27.44	NED Cora Smulders Marion Kolkman-Pluim	6:13.79 +0.48 46.35 1:37.59 +0.81 43.02 1:30.14	+0.86

200+, Heren

1.	De Rog 2 Peter Bensen Roy Le Clercq	De Rog +0.58 28.97 1:00.66 +0.52 33.31 1:11.84	NED Wijnand Vergeest Erik Kamphuis	4:29.43 +0.28 33.10 1:09.45 +0.33 33.49 1:07.48	+0.58
2.	ZPC AMERSFOORT 3 Paul Hardeman Ron Korzelius	ZPC AMERSFOORT +0.79 31.13 1:05.28 +0.39 31.07 1:05.02	NED Henk Kuipers Peter Barendse	4:33.01 +0.41 33.11 1:08.57 +0.74 33.71 1:14.14	+0.79
DIS	Steenwijk 1934 2 <i>EA - Te vroeg overgenomen., 3de zwemmer</i> Chris Kouwenhoven Hans van Scheepen	Steenwijk 1934 +0.94 32.65 1:08.21 +0.54 40.64 1:31.29	NED Korstiaan de Boer Guido Keutgen		+0.94

Programmanr. 18, 4 x 100m vrije slag

200+, Gemengd

1.	ZPC AMERSFOORT 5 <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	4:15.97	+0.72			
	Atie Pijtak-Radersma	+0.72	32.98	1:09.93	Lesley Cordial	+0.49	30.62	1:06.70
	Erwin Buijs	+0.36	27.02	58.14	Edwin v. Norden	+0.18	28.44	1:01.20
2.	PSV 3	PSV	NED	4:30.99	+0.68			
	Ronald Smits	+0.68	27.44	58.98	Gudule van der Meer	+0.44	32.65	1:09.07
	Evertjan Masurel	+0.49	34.09	1:12.79	Jeanne Petit	+0.35	33.55	1:10.15
3.	CNSW 1	CNSW	BEL	5:05.11	+0.70			
	Lionel Godeaux	+0.70	29.85	1:03.83	Christian Schoenaers	+0.82	39.03	1:23.24
	Claire Anthony	+0.68	39.66	1:22.86	Chiho Shoji	+0.56	35.28	1:15.18
4.	WVZ 5	WVZ	NED	5:15.82	+0.90			
	Arthur van Strien	+0.90	32.56	1:06.62	Anita Steijger	+0.43	42.12	1:26.03
	Sylvia Buisman	+0.45	40.96	1:25.49	Richard Koudijs	+0.73	33.41	1:17.68
5.	Royal Dauphins Mouscronnois 1	Royal Dauphins Mouscronnois	BEL	5:32.17	+1.02			
	Sabine Delaere	+1.02	41.97	1:30.52	Lucy Dubus	+0.60	38.92	1:24.08
	Michel Picavet	+0.61	41.37	1:28.23	Christophe Wadin	+0.60	32.77	1:09.34

240+, Heren

1.	WS Twente 1	WS Twente	NED	4:56.58	+0.88			
	Hans Westerhof	+0.88	31.99	1:05.84	Frans van Enst	+0.58	39.55	1:26.82
	Eric Hoekman	+0.72	29.62	1:02.03	Jan Willem Heuten	+0.78	37.94	1:21.89

240+, Gemengd

1.	PSV 2 <i>Europees Masters Record</i>	PSV	NED	4:32.37	+0.87			
	Fred Ketting	+0.87	30.18	1:03.21	Katrin Pennings	+0.21	33.34	1:10.42
	Esther van Lohuizen	+0.45	34.40	1:11.08	Brend Brevé	+0.47	32.63	1:07.66
2.	ZVVS 1	ZVVS	NED	5:04.51				
	Ada de Voogd		38.43	1:23.45	Conny Boer-Buys	+0.40	36.15	1:16.85
	Willem Putter	+0.68	38.94	1:21.79	Bas van de Nouwelant	+0.36	29.40	1:02.42
3.	PSV 6	PSV	NED	6:14.95	+0.97			
	Gonnie Bak	+0.97	50.83	1:44.70	André Pantekoek	+0.75	39.30	1:24.58
	Carla Hensen	+0.69	45.58	1:36.88	Rob Hanou	+0.63	40.96	1:28.79

280+, Dames

1.	PSV 1 <i>Wereld Masters Record</i>	PSV	NED	5:39.58	+0.79			
	Ineke Weekers	+0.79	37.97	1:17.94	Patty Verhagen	+0.23	37.85	1:17.39
	Lottie Geurts	+0.63	48.91	1:39.62	Corrie Verhoeven	+0.43	39.73	1:24.63

280+, Gemengd

1.	Old Dutch 1	Old Dutch	NED	7:10.52	+1.15			
	Pieter Huslage	+1.15	40.04	1:24.13	Nico Baay	+0.71	55.64	1:58.51
	Karien Musters	+0.77	51.87	1:52.71	Marie Smits	+0.82	54.36	1:55.17

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Programmanr. 20
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Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Sepp Kalter	Dedemsvaart-AC	NED	199704327	26.14	+0.71	
2.	Pascal Nuijten	Feijenoord Albion Zwemclub	NED	199701353	26.95	+0.69	
3.	Felix Geenen	DAW	NED	199501085	27.07	+0.72	
	Casper Muselaers	Octopus	NED	199600399	27.07	+0.62	
5.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	27.14	+0.68	
6.	Lars van der Zee	Triton	NED	199702427	27.17	+0.69	
7.	Nick Sijmons	De Amstel	NED	199500491	27.32	+0.65	
8.	Wilco Nijenhuis	De Berkelduikers	NED	199802463	27.47	+0.67	
9.	Vincent Visser	De Golfbreker	NED	199700395	27.70	+0.64	
10.	Daan Siebenheller	ZOB'66	NED	199804955	27.74	+0.67	
11.	Jordi van der Weel	Feijenoord Albion Zwemclub	NED	199600359	27.77	+0.68	
12.	Edwin Jager	De Golfbreker	NED	199901571	27.90	+0.75	
13.	Sander Kartman	Zwemvereniging Hoogland	NED	199805091	28.01	+0.64	
14.	Niels Versteeg	De Ward	NED	199502697	28.13	+0.76	
15.	Martijn de Leeuw	ZPC Woerden	NED	199800707	28.36	+0.65	
16.	Jordy van Oel	WVZ	NED	199802003	28.69	+0.78	
17.	Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	28.90	+0.75	
18.	Hans Stoffers	Triton Putten	NED	199604027	28.94	+0.63	
19.	Ivo van Dijk	The Hague Swimming (SG)	NED	199702985	28.98	+0.66	
20.	Giel Verberne	NDD	NED	199901091	29.28	+0.78	
21.	Jeffrey Eigenraam	ZOB'66	NED	199500041	29.62	+0.73	
22.	Sam Beer	Rotterdam Swimming (SG)	NED	199605521	29.64	+0.66	
23.	Armand Heyder	Feijenoord Albion Zwemclub	NED	199603221	29.72	+0.67	
24.	Patrick Wyrdean	Feijenoord Albion Zwemclub	NED	199702475	29.88	+0.68	
25.	Ian van Mullem	ZOB'66	NED	199602545	30.43	+0.63	
26.	Sam Jonkman	Sassenheim	NED	199900851	30.45	+0.63	
27.	Vince Sijmons	De Amstel	NED	199801197	30.53	+0.70	
28.	Frank Versprille	Noord Veluwe	NED	199901073	31.09	+0.68	
29.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	31.16	+0.72	
30.	Renzo Strang	De Duinkickers	NED	199801151	31.51	+0.70	
31.	Lars Jacobsen	DWK	NED	199705453	32.90	+0.91	451
32.	Wesley van der Luit	Sassenheim	NED	199701895	33.05	+0.77	
33.	Pascal de Jong	De Wellerobben	NED	199700415	34.41	+0.82	
34.	Besi Sejdijaj	NDD	NED	199705153	35.51	+0.74	
35.	Silas van Bekkum	DWF	NED	199605791	35.59	+0.90	
36.	Jan-Paul Mosterdijk	DWF	NED	199605793	36.12	+0.99	

Masters 25+

1.	Jesper Oranje	De Duck	NED	199200997	25.69	+0.70	
2.	Roy Smeenge	TriVia	NED	199305557	25.95	+0.66	
3.	Dennis Bos	HZ&PC Heerenveen	NED	199201965	27.20	+0.63	
4.	Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	27.28	+0.65	
5.	Emile Manni	Octopus	NED	199001901	27.62	+0.64	
6.	Timo Dinkelberg	Feijenoord Albion Zwemclub	NED	199300773	27.66	+0.64	
7.	Stefan Kwant	Nova	NED	199200781	28.79	+0.62	
8.	Michel de Maesschalck	AquaWaarD	NED	199101525	28.86	+0.74	
9.	Emiel van Beusekom	ZPV Barracuda	NED	199403951	29.55	+0.76	
10.	Jeroen Burggraaf	VZC	NED	199000467	29.78	+0.81	
11.	Rens Post	WVZ	NED	199101827	29.87	+0.67	
12.	Joeri Scheidt	VZC	NED	199102011	30.03	+0.75	
13.	Eric Kalee	Zwemvereniging Hoogland	NED	199005307	30.16	+0.92	
14.	Jeffrey van 't Schip	De Amstel	NED	199102035	30.22	+0.76	
15.	Sven van Zanten	De Duinkickers	NED	199003405	31.93	+0.69	
16.	Gerben Rozie	MSV-Zeemacht	NED	199002507	32.64	+0.69	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Splash Meet Manager, 11.57823

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Programmanr. 20, Heren, 50m vlinderslag, Masters 25+

rang	naam	vereniging			tijd	RT	PARA
17.	Michiel van Nesselrooij	PSV	NED	199006877	33.11	+0.79	
18.	Derrick Muluya	GoSwim	NED	199007665	33.92	+0.79	
19.	Connor Elemans	De Duinkickers	NED	199100581	34.73	+0.90	
20.	Yorick Kreuwel	Aquapoldro	NED	199402225	34.81	+0.79	
21.	Rick Vaarkamp	Triton Putten	NED	199404979	39.43	+0.93	

Masters 30+

1.	Arjan van der Plaats	DIO	NED	198602403	26.64	+0.76	
2.	Christopher Rojas	CN Delfines Azules	PAN		26.84	+0.61	
3.	Bart Drechsel	Feijenoord Albion Zwemclub	NED	198604135	27.97	+0.67	
4.	Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	28.42	+0.71	
5.	Sander de Vrugt	ESCA Zwemmen	NED	198903499	28.65	+0.65	
6.	Guido Moret	Feijenoord Albion Zwemclub	NED	198501793	29.02	+0.72	
7.	Martijn Giezen	ZPC AMERSFOORT	NED	198500813	29.73	+0.67	
	Ferdy van Mastrikt	Rotterdam Swimming (SG)	NED	198802315	29.73	+0.66	
9.	Vincent Lapouge	WVZ	NED	198806237	30.16	+0.80	
10.	Robert Braad	Steenwijk 1934	NED	198600407	30.72	+0.86	
11.	Pascal van Kassel	Triton	NED	198501289	31.51	+0.73	
12.	Rudi Butselaar	GoSwim	NED	198700577	32.02	+0.77	
13.	Peter Schelvis	LinK	NED	198906671	32.50	+0.80	
14.	Patrick de Jonge	Deltasteur	NED	198906635	32.69	+0.75	
15.	Robin Eggenkamp	De Aalscholver	NED	198700847	33.13	+0.69	
16.	Ingmar de Jong	De Wellerobben	NED	198806197	39.22	+0.71	

Masters 35+

1.	Robert Dekker	Dedemsvaart-AC	NED	198400443	28.21	+0.72	
2.	Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	28.54	+0.71	
3.	Peter van de Bor	DWT	NED	198402897	29.63	+0.79	
4.	Pieter Pickhardt	ZPC De Hof	NED	198301657	29.85	+0.85	
5.	Gerwin Vonk	De Spatters	NED	198201907	30.03	+0.68	
6.	Rob van Vliet	ZPC AMERSFOORT	NED	198402459	30.36	+0.85	
7.	Dirk Smit	Tiamat	NED	198101559	30.63	+0.76	
8.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463	31.17	+0.83	
9.	Rogier van Gent	IJZPC	NED	198000405	31.48	+0.73	
10.	Wilco Steenwijk	ZVV	NED	198002465	33.11	+0.82	
11.	Sebastiaan de Vos	De Duinkickers	NED	198402481	52.40	+1.04	159

Masters 40+

1.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	28.09	+0.69	
2.	Ronald Smits	PSV	NED	197800981	28.35	+0.69	
3.	Ruud Holswilder	ZPCH	NED	197800435	28.42	+0.88	
4.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	28.48	+0.69	
5.	Alex Damen	DAW	NED	197501371	30.08	+0.79	
6.	Markus van Rest	WVZ	NED	197701197	30.21	+0.81	
7.	Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	30.40	+0.74	
8.	Mark Zwart	Zwemlust-den Hommel	NED	197901461	31.11	+0.78	
9.	Michael Go	AZC	NED	197501397	31.87	+0.72	
10.	Erik Drost	PSV	NED	197901491	32.32	+0.80	
11.	Han Boone	SWOL 1894	NED	197701319	32.54	+0.69	
12.	Ingmar Kooman	ZVL-1886	NED	197901517	34.30	+0.78	
13.	Robin Roskam	De Duinkickers	NED	197801831	39.24	+0.84	

Programmanr. 20, Heren, 50m vlinderslag

Masters 45+

1.	Frederic Tonus <i>French Masters Record</i>	Entente Sportive Nanterre	FRA	318958	26.71	+0.69
2.	Antwan van Engen	De Ward	NED	197101577	27.94	+0.71
3.	Vedestas Seferlis	Kauno Takas	LTU		28.74	+0.69
4.	Eric Hoekman	WS Twente	NED	197401531	29.38	+0.80
5.	Joeri Stoffels	AZC	NED	197300851	29.82	+0.91

Masters 50+

1.	Pieter van Gemenen	DAW	NED	196901779	29.81	+0.77
2.	René Beetsma	HZ&PC Heerenveen	NED	196900069	30.81	+0.75
3.	Arjan Bellaart	Het Y	NED	196900079	31.05	+0.69
4.	Francis Roosen	VZV Njord	NED	196801581	32.05	+0.65
5.	Gerco Schakel	DWK	NED	196900849	32.68	+0.85
6.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	32.78	+0.76
7.	Jeroen Wilmer	Vichy Val D'Allier	FRA	2169839	32.93	+0.95
8.	Matthijs van den Adel	De Otters Het Gooi	NED	196501637	33.01	+0.72
9.	Hans Schoenmakers	DAW	NED	196900863	33.19	+0.73
10.	Eymert van Rooij	PSV	NED	196601631	34.88	+0.95
11.	Peter Barendse	ZPC AMERSFOORT	NED	196901815	35.36	+0.95
12.	Marcel van Lochem	The Hague Swimming (SG)	NED	196500581	35.51	+0.82
13.	Marcel Brittijn	De Duinkickers	NED	196900159	35.85	+0.74
14.	Wijnand Vergeest	De Rog	NED	196800949	36.08	+0.72
15.	Henri Michels	De Amstel	NED	196501587	36.30	+0.81
16.	Taco Eikelenboom	AZ&PC De Futen	NED	196900275	36.55	+0.78
17.	Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	37.46	+0.91
18.	Thomas Pas	VZV Njord	NED	196901747	40.83	+0.94
19.	Ramon Alsina Munoz	CNSW	BEL	002552/69	41.02	+0.70
AFGEM	Chester Marsman	ZPC AMERSFOORT	NED	196900671		
NG	Richard Hill	De Duinkickers	NED	196601651		

Masters 55+

1.	Peter Bernsen	De Rog	NED	196301119	29.64	+0.70
2.	Johan Remmits	ZPC Woerden	NED	196201159	29.95	+0.78
3.	Fred Ketting	PSV	NED	196000289	30.64	+0.90
4.	Wiljam Nijenhuis	De IJsel	NED	196400547	30.80	+0.75
5.	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	31.56	+0.81
6.	Hans Westerhof	WS Twente	NED	196200743	31.63	+0.85
7.	Robert de Brauwer	De Duinkickers	NED	196401383	33.56	+0.78
8.	Paul Wijnja	De Biesboschzwemmers	NED	196301403	33.97	+0.80
9.	Nico van Maanen	De Duck	NED	196100371	34.79	+0.75
10.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	35.91	+0.54
11.	Jan Willem Heuten	WS Twente	NED	196000883	38.80	+0.97
12.	André Schutte	ZPC De Zeeuwse Kust	NED	196000521	41.91	+0.94

Masters 60+

1.	Hugo Bregman	Feijenoord Albion Zwemclub	NED	195800069	28.10	+0.73
2.	Peter Molecz	SC Diana	AUT	019219	34.03	+0.94
3.	Henk Slomp	De Inktvis	NED	195500359	35.12	+0.79
4.	Walter Rolloos	ZPV Barracuda	NED	195900387	35.83	+0.99
5.	Jaap de Boer	De Duinkickers	NED	195800691	37.81	+0.80
6.	Peter Coffeng	WIDEX GZC DONK	NED	195700063	46.35	+0.92

Programmanr. 20, Heren, 50m vlinderslag

Masters 65+

1.	Brend Brevé	PSV	NED	195200265	32.70	+0.85
2.	Fred Zanting	TriVia	NED	195400323	34.50	+0.93
3.	Pieter Husslage	Old Dutch	NED	195300091	39.51	+1.09
4.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	44.30	+0.89

Masters 70+

1.	Theo Schouten	WWV Winterswijk	NED	194600161	42.56	+0.96
2.	Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	1:38.28	+1.23

Masters 75+

1.	Frans van Enst	WS Twente	NED	194000011	46.50	+1.05
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Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Karin Groen	Nova	NED	199502440	29.63	+0.63	
2.	Melissa van der Heijden	ZPV Barracuda	NED	199605226	30.29	+0.69	
3.	Caroline Damen	De Golfbreker	NED	199703088	30.30	+0.64	
4.	Marije Dinkelberg	Feijenoord Albion Zwemclub	NED	199703192	30.41	+0.74	
5.	Tamara Grove	De Dolfijn	NED	199601266	30.44	+0.68	
6.	Richenne Zeebregts	Nueneen	NED	199801818	30.55	+0.59	
7.	Linde Haverkate	ZPC De Hof	NED	199900244	31.27	+0.75	
8.	Renée Vanderheyden	ReVeLie Swim Team	NED	199903130	31.29	+0.71	
9.	Julia Wortman	AZC	NED	199603666	31.31	+0.69	
10.	Vivianne Dortmond	De Golfbreker	NED	199801578	31.84	+0.80	
11.	Naomi Klein	ZPC De Hof	NED	199902086	31.85	+0.71	
12.	Jasmijn van Rossum	NDD	NED	199904254	32.01	+0.78	
13.	Laura Hagreis	De Golfbreker	NED	199600548	32.03	+0.70	
14.	Fenna de Groot	Feijenoord Albion Zwemclub	NED	199701796	32.10	+0.64	
15.	Moniek van Langevelde	ESCA Zwemmen	NED	199803160	32.13	+0.73	
16.	Denise Boonstra	DAW	NED	199902662	32.55	+0.73	
17.	Marijke Drent	Nova	NED	199906232	33.00	+0.76	
18.	Caroline Perez	Het Y	NED	199606740	33.02	+0.69	
19.	Jet Kleine	MSV-Zeemacht	NED	199903384	33.05	+0.63	
20.	Amber van de Kraats	VZC	NED	199900236	33.22	+0.78	
21.	Cheyenne Verburgt	ESCA Zwemmen	NED	199901496	33.60	+0.62	
22.	Stephanie van Diepen	Noord Veluwe	NED	199500972	33.95	+0.72	
23.	Selina Janssen	SWNZ (SG)	NED	199905974	34.06	+0.74	
24.	Céline Verhoef	De Duck	NED	199604476	34.33	+0.75	
25.	Thirza Belder	ZOB'66	NED	199803024	34.41	+0.84	
26.	Marrit Esman	Montferland	NED	199604370	34.82	+0.89	
27.	Iris Bastiaansen	De Amstel	NED	199902006	36.08	+0.71	
28.	Judith Kleinjan	De Duck	NED	199802710	36.41	+0.76	
29.	Lianne Roescher	ZPC De Hof	NED	199900248	36.73	+0.82	
30.	Lenneke Bagijn	De Duck	NED	199604992	36.80	+0.75	
31.	Nella Diepeveen	AZ&PC De Futen	NED	199801504	36.96	+0.81	
32.	Sanne Kruijer	Sassenheim	NED	199505958	37.81	+0.72	
33.	Sanne de Roo	ZZ&PC De Devel	NED	199501934	37.92	+0.84	
34.	Iris van Zuilen	Zwemvereniging Hoogland	NED	199803036	38.97	+0.91	
35.	Yvette Meijer	Zwemvereniging Hoogland	NED	199706590	39.80	+1.01	
36.	Stephanie Fink Jensen	GoSwim	NED	199906494	55.98	+0.79	

Programmanr. 21, Dames, 50m vlinderslag

Masters 25+

1.	Danique Stoop <i>Nederlands Masters Record</i>	Zuiderzeezwemmers	NED	199106956	28.09	+0.66
2.	Saskia de Klerk	GoSwim	NED	199004612	29.68	+0.65
3.	Jolanda Post	DIO	NED	199004848	30.75	+0.72
4.	Denise Boereboom	ZPV Barracuda	NED	199202144	30.95	+0.74
5.	Joanne van Essen	Zwemlust-den Hommel	NED	199303506	31.61	+0.77
6.	Rebecca Evers	ZOB'66	NED	199207916	31.70	+0.75
7.	Tieske Konings	NDD	NED	199101708	31.95	+0.77
8.	Cindy Franken-Hendriks	ESCA Zwemmen	NED	199207672	32.05	+0.68
9.	Isabelle Massar	WVZ	NED	199102034	32.27	+0.73
	Marjon Pol	Zwemlust-den Hommel	NED	199102502	32.27	+0.77
11.	Nikki Hoozeboom	De IJsel	NED	199301196	32.66	+0.84
12.	Whitney van Hoeckel	DIO	NED	199402390	33.57	+0.73
13.	Kimberley Kranenberg	ZPC De Hof	NED	199400292	33.61	+0.77
14.	Daphne Kievit	AZ&PC De Futen	NED	199207058	33.67	+0.85
15.	Suzanne Mosch	MSV-Zeemacht	NED	199400548	33.81	+0.76
16.	Leontine Groeneveldt	De Duck	NED	199303526	34.89	+0.86
17.	Tessa Mosch	MSV-Zeemacht	NED	199102172	34.97	+0.68
18.	Clara Van Roeyen	GBZ	BEL	20082/90	35.50	+0.83
19.	Thaisa Rougoor-Fiering	Livo	NED	199100940	35.77	+0.52
20.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	NED	199100238	35.88	+0.72
21.	Whitley Rens	SGGO (SG)	NED	199007520	36.30	+0.82
22.	Mandy Verbakel	ZPC Woerden	NED	199003908	36.43	+0.81
23.	Eva Engelen	NDD	NED	199405514	36.56	+0.70
24.	Ramona Noordermeer	ZVVS	NED	199401746	37.39	+0.83
25.	Eline Vermue	AZ&PC De Futen	NED	199203710	38.51	+0.81
26.	Esmee Hoozeboom	De IJsel	NED	199407534	38.53	+0.69
27.	Kelly Bockting	Montferland	NED	199104050	39.89	+0.77
28.	Cheyenne Vercooren	Royal Ostend Swimming Club	BEL	21023/93	40.55	+0.62
29.	Kimberley van Buren	De Duck	NED	199304136	40.90	+0.88
30.	Maaïke Hofland	Sassenheim	NED	199203754	41.08	+0.70
31.	Claudia Creemers	RZ	NED	199202864	41.41	+0.83
32.	Henriette Dijkdrent	LinK	NED	199307886	48.28	+0.93
33.	Xandra Otter	WIDEX GZC DONK	NED	199006046	49.04	+0.91

Masters 30+

1.	Elinore de Jong <i>Nederlands Masters Record</i>	The Hague Swimming (SG)	NED	198902072	28.31	+0.74
2.	Olga Volman-Maiorova	NDD	NED	198504188	32.10	+0.67
3.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	32.23	+0.72
4.	Kiona Peters	ESCA Zwemmen	NED	198903272	32.40	+0.88
5.	Christa Stam	Rotterdam Swimming (SG)	NED	198806790	32.62	+0.77
6.	Josine van Dorsseleer	Zwemclub Koewacht	NED	198801040	32.68	+0.72
7.	Elles van Leeuwen	PSV	NED	198602240	32.99	+0.86
8.	Rianne Hofland	Sassenheim	NED	198801820	33.24	+0.75
9.	Sandra Zwaanswijk	DAW	NED	198503934	33.47	+0.75
10.	Sabine Lina	ZPC Woerden	NED	198902680	34.17	+0.75
11.	Monique Remst	AZC	NED	198706236	34.21	+0.89
12.	Marieke van Dodeweerd	RZC	NED	198600896	34.74	+0.74
13.	Nienke van Stipriaan	PSV	NED	198703970	34.97	+0.95
14.	Eline Roeland	Zwemvereniging Hoogland	NED	198805970	35.48	+0.72
15.	Lisette Prins	WVZ	NED	198803522	36.43	+0.94
16.	Kirsten Remerie	Livo	NED	198806296	36.91	+0.91
17.	Sandra Schellekens	SWNZ (SG)	NED	198503416	36.96	+0.86
18.	Eline Vonhof	Livo	NED	198904434	38.75	+0.75
19.	Ceress Visser-Fiering	Livo	NED	198901204	38.89	+0.87
20.	Joan Fontaine	Zwemclub Koewacht	NED	198805148	39.13	+0.82
21.	Sabine Duijst	Zwemvereniging Hoogland	NED	198701032	39.35	+0.90
22.	Manouk Ticheler	De Duinkickers	NED	198705416	40.75	+0.78

Programmanr. 21, Dames, 50m vlinderslag

Masters 35+

1.	Delia Badoux	WVZ	NED	198000042	30.22	+0.74
2.	Esther Versteeg	ZZ&PC De Devel	NED	198302112	32.88	+0.86
3.	Elke Blox	Tiamat	NED	198200154	33.98	+0.74
4.	Marjon van Kempen	SGGO (SG)	NED	198000578	34.09	+0.73
5.	Marianne de Bruin	Sassenheim	NED	198400448	36.44	+0.76
6.	Nienke Nieuwenhuis	SWOL 1894	NED	198101850	39.29	+0.80
7.	Jennifer Go	Triton	NED	198400766	44.12	+0.59
8.	Fabiënne Jeukens	MZ&PC	NED	198401156	44.30	+1.05
9.	Marloes Rebel	WS Twente	NED	198403474	44.48	+1.07

Masters 40+

1.	Nathalie Blondeel	CNSW	BEL	004784/77	32.23	+0.67
2.	Mirjan den Drijver	Feijenoord Albion Zwemclub	NED	197500884	33.70	+0.89
3.	Chantal Verhoeff	Old Dutch	NED	197900912	33.91	+0.90
4.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	34.25	+0.82
5.	Geraldine Trainor	De Duck	NED	197500544	35.07	+0.78
6.	Rachel Trainor	De Duck	NED	197700670	36.68	+0.77
7.	Petra Versteegen	WVZ	NED	197700906	37.08	+0.83
8.	Marian Nederlof	De Geul	NED	197600950	37.71	+0.83
9.	Kristel Lips	ZV De Bron	NED	197900562	37.77	+0.83
10.	Miranda Boer	WIDEX GZC DONK	NED	197601130	37.93	+0.96
11.	Fabiola Bosman	Deltasteur	NED	197701148	37.96	+0.67
12.	Femke Neeskens	VZV Njord	NED	197801370	38.54	+0.82
13.	Inge Roskam	De Duinkickers	NED	197801296	39.41	+0.82
14.	Saskia op den Velde	De Duinkickers	NED	197901530	43.73	+0.87
15.	Sandra Van der Helm	De Rog	NED	197801340	48.65	+0.86
16.	Jessica van Velzen	ZV 44	NED	197601122	51.92	+1.05

Masters 45+

1.	Evelien van Klaarbergen	HZ&PC Heerenveen	NED	197200964	31.33	+0.76
2.	Gudule van der Meer	PSV	NED	197200396	31.63	+0.73
3.	Jeanne Petit	PSV	NED	197001020	31.90	+0.70
4.	Ilona Hogerheyde	DAW	NED	197400224	33.20	+0.73
5.	Edith Janssen-Koolen	TRB-RES	NED	197300898	33.31	+0.65
6.	Yvette Ratering	De Ward	NED	197200990	33.72	+0.82
7.	Valerie Rolland	CNSW	BEL	004276/71	35.13	+0.70
8.	Bianca Hertogh - Buijsse	Scheldestroom	NED	197400910	37.36	+0.84
9.	Henriëtte Manting	GZVW	NED	197100246	37.71	+0.94
10.	Karin Sagonas-Koolen	VZV Njord	NED	197000964	38.40	+0.80
11.	Karin Leverink	WS Twente	NED	197200972	40.50	+0.88
12.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992	40.94	+0.70
13.	Pauline Tromp-Lang de	ZZ&PC De Devel	NED	197001032	46.64	+0.81
14.	Sylvia Tetteroo	IJZPC	NED	197300476	53.65	

Masters 50+

1.	Lesley Cordial <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	196700684	31.19	+0.60
2.	Allie Price	Cardiff Masters	GBR	547582	33.03	+0.65
3.	Monique Tuijp	WZ&PC Purmerend	NED	196900800	35.12	+0.86
4.	Katja de Beer	PSV	NED	196800888	35.28	+0.80
5.	Jacqueline Tuin	DAW	NED	196600690	36.78	+0.79
6.	Caroline Schreuder	Triton	NED	196700550	36.87	+0.88
7.	Danielle van Veen	ZPC Woerden	NED	196901048	37.15	+0.79
8.	Marijke Campfens	De Geul	NED	196900960	37.98	+0.60
9.	Patricia de Jong	HHZV PLONS	NED	196600728	40.33	+0.89
10.	Roselinda van der Vlugt	De Geul	NED	196700710	46.72	+0.65
11.	Sabine Delaere	Royal Dauphins Mouscronnois	BEL	000375/69	49.12	+1.01

Programmanr. 21, Dames, 50m vlinderslag

Masters 55+

1.	Marjan Remmits	ZPC Woerden	NED	196300518	34.13	+0.82
2.	Wilma van Velsen	Montferland	NED	196400444	35.10	+0.76
3.	Gabriele Hugo	Weyher SV	GER	113360	35.31	+0.94
4.	Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	37.02	+0.84
5.	Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	37.75	+0.82
6.	Marijke Kraak-Beckers	WS Twente	NED	196000240	37.88	+0.82
7.	Feikje Wittermans	WIDEX GZC DONK	NED	196400408	38.40	+0.96
8.	Inge Wolfs	HHZV PLONS	NED	196000304	39.36	+0.86
9.	Wilna Heijman	Steenwijk 1934	NED	196400506	39.44	+0.89
10.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	40.93	+0.82
11.	Marleen Malais	ESCA Zwemmen	NED	196300542	48.77	+1.06
12.	Lia Bijkerk	WIDEX GZC DONK	NED	196000014	52.57	+0.96

Masters 60+

1.	Claire Anthony	CNSW	BEL	001353/57	36.54	+0.71
2.	Hannie Poletiek	TriVia	NED	195900278	51.97	+1.08
3.	Ria Peters-Veurman	ESCA Zwemmen	NED	195800242	58.18	+0.89
4.	Karien Musters	Old Dutch	NED	195800236	1:12.30	

Masters 65+

1.	Christien Nieuwenhuis	SWOL 1894	NED	195100022	39.27	+0.78
2.	Carla Hensen	PSV	NED	195300062	45.89	+0.88
3.	Fernande Gourmet Blondeel	CNSW	BEL	004901/52	53.09	+0.84
4.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	58.78	
5.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	1:02.31	+0.78
6.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:16.45	+1.18

Masters 70+

1.	Corrie Verhoeven	PSV	NED	194600026	47.11	+0.83
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	1:08.68	+0.78

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	1:26.65	+1.20
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Masters 80+

1.	Marie Smits	Old Dutch	NED	193800004	1:07.79	+1.14
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Nederlands Masters Record

Programmanr. 22
04-05-2019 - 13:21

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Jelle Nap	VZC	NED 199502875	2:34.18	+0.60	34.54	1:13.66	1:53.39	2:34.18
2. David Kievit	SGGO (SG)	NED 199900325	2:39.01	+0.76	36.20	1:16.60	1:57.79	2:39.01
3. Nick Sijmons	De Amstel	NED 199500491	2:43.48	+0.68	35.80	1:18.34	2:01.75	2:43.48
4. Tristan Stam	ZOB'66	NED 199903551	2:45.20	+0.71	37.19	1:19.06	2:02.14	2:45.20
5. Jeffrey Camphens	DWT	NED 199503113	2:46.44	+0.67	37.05	1:19.99	2:03.63	2:46.44
6. Laurens Spoelstra	WS Twente	NED 199901273	2:53.09	+0.77	38.81	1:22.23	2:07.16	2:53.09
7. Renzo Strang	De Duinkickers	NED 199801151	3:01.22	+0.73	38.57	1:23.78	2:11.59	3:01.22
8. Pascal de Jong	De Wellerobben	NED 199700415	3:09.55	+0.81	42.24	1:30.41	2:20.26	3:09.55
9. Besi Sejdijaj	NDD	NED 199705153	3:30.96	+0.75	46.93	1:40.42	2:34.97	3:30.96
Masters 25+								
1. Roald Blok	Octopus	NED 199302685	2:34.77	+0.77	34.93	1:14.65	1:54.55	2:34.77
2. Stefan Petersen	De Golfbreker	NED 199403067	2:36.54	+0.69	34.96	1:14.39	1:55.68	2:36.54
3. Martino Valentijn	DIO	NED 199403913	2:41.87	+0.74	36.30	1:18.09	2:00.12	2:41.87
4. Patrick Creemers	RZ	NED 199000579	2:47.63	+0.70	37.25	1:20.41	2:04.27	2:47.63
5. Jeroen Burggraaf	VZC	NED 199000467	2:47.75	+0.82	37.65	1:19.94	2:04.33	2:47.75
6. Maik Steenkamp	Montferland	NED 199103847	2:54.95	+0.79	37.39	1:22.37	2:08.86	2:54.95
7. Tom de Lange	Deltasteur	NED 199300303	2:56.93	+0.83	39.65	1:25.06	2:12.73	2:56.93
8. Bob Potkamp	Deltasteur	NED 199403189	3:25.81	+0.99	42.98	1:34.30	2:30.25	3:25.81
9. Patrick Wobben	Steenwijk 1934	NED 199300559	3:30.78	+0.85	43.19	1:36.31	2:35.84	3:30.78
10. Rick Vaarkamp	Triton Putten	NED 199404979	3:36.55	+0.89	45.08	1:39.28	2:38.50	3:36.55
Masters 30+								
1. Tim van den Berg	Rotterdam Swimming (SG)	NED 198500157	2:34.09	+0.71	34.56	1:13.68	1:54.47	2:34.09
2. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	2:37.29	+0.82	35.69	1:16.39	1:56.93	2:37.29
3. Erik Verholt	Noord Veluwe	NED 198803543	2:39.56	+0.80	34.64	1:16.56	1:59.36	2:39.56
4. Vincent Bakker	ZPC AMERSFOORT	NED 198600107	2:49.23	+0.82	37.14	1:21.40	2:06.47	2:49.23
5. Stefan van der Grift	SWOL 1894	NED 198701121	2:49.25	+0.75	37.12	1:20.39	2:04.79	2:49.25
6. Harmen Reemst * 50m	ZOB'66	NED 198702715	3:07.30	+0.67	38.91	1:26.00	2:15.67	3:07.30
7. Wouter van 't Klooster	ZPC AMERSFOORT	NED 198806159	3:09.42	+0.79	43.53	1:31.92	2:22.62	3:09.42
Masters 35+								
1. Marc Oliver Borgstedt	SG Bayer	GER 240531	2:44.39	+0.75	37.36	1:19.81	2:02.34	2:44.39
2. Pieter Pickhardt	ZPC De Hof	NED 198301657	2:44.69	+0.81	36.92	1:18.24	2:01.29	2:44.69
3. Kristiaan Lenos	ZVL-1886	NED 198301331	2:45.77	+0.77	36.67	1:18.54	2:02.05	2:45.77
4. Jim Geestman	Rotterdam Swimming (SG)	NED 198300699	2:46.76	+0.75	37.21	1:20.36	2:03.90	2:46.76
5. Wade Rimbach	Otter SC	GBR 666271	2:53.10	+0.88	39.37	1:22.81	2:07.56	2:53.10
6. Thommy Nickel	ZPC Woerden	NED 198401627	2:53.60	+0.77	39.01	1:22.68	2:08.49	2:53.60
7. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:54.77	+0.85	38.85	1:23.73	2:09.53	2:54.77
8. Paul Oudendijk	DAW	NED 198101287	2:57.03	+0.70	40.31	1:26.22	2:12.37	2:57.03
9. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	2:58.18	+0.81	39.24	1:25.46	2:12.64	2:58.18
10. Ferry Blangé	ZOB'66	NED 198300185	3:04.33	+0.77	41.91	1:30.32	2:18.65	3:04.33
11. Sebastiaan Baars	WS Twente	NED 198300053	3:06.50	+0.96	40.67	1:27.67	2:16.59	3:06.50
12. Gijs van de Sande	DIO	NED 198403329	3:09.40	+0.69	40.94	1:29.36	2:20.15	3:09.40
Masters 40+								
1. Victor Barnar <i>Kampioenschapsrecord</i>	GoSwim	NED 197801805	2:35.72	+0.72	33.66	1:13.20	1:53.61	2:35.72
2. Vincent Versteeg	Zwemlust-den Hommel	NED 197701003	2:43.37	+0.78	36.12	1:17.68	2:00.65	2:43.37
3. Casper Hut	HZ&PC Heerenveen	NED 197800471	2:44.91	+0.67	37.07	1:19.29	2:01.83	2:44.91
4. Tom Bandsma	PSV	NED 197701625	3:23.40	+0.95	43.53	1:35.61	2:29.92	3:23.40

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 22, Heren, 200m schoolslag

Masters 45+

1. Rob Janssen	De Gelenberg	NED 197001467	2:59.47	+0.84	39.13	1:24.81	2:12.01	2:59.47
2. Jimmy Swiggers	Leuven Aquatics	BEL 11107/74	3:00.24	+0.89	40.36	1:26.04	2:13.37	3:00.24
3. Chang Bom	The Hague Swimming (SG)	NED 197201483	3:11.53	+0.59	42.94	1:31.17	2:21.27	3:11.53
4. Bas Kremers	TRB-RES	NED 197201611	3:15.26	+0.84	43.10	1:33.05	2:25.07	3:15.26
5. Rob van de Ven	SWNZ (SG)	NED 197101695	3:16.84	+0.77	43.47	1:32.71	2:26.00	3:16.84
6. Martijn de Jong	DWK	NED 197101659	3:24.62	+0.88	44.25	1:36.54	2:30.53	3:24.62

Masters 50+

1. René Beetsma	HZ&PC Heerenveen	NED 196900069	2:55.08	+0.86	39.52	1:24.07	2:10.10	2:55.08
2. Harold Matla	PSV	NED 196800591	2:55.29	+0.94	40.58	1:26.26	2:13.03	2:55.29
3. Hans Schoenmakers	DAW	NED 196900863	3:02.82	+0.74	39.76	1:27.07	2:16.01	3:02.82
4. Joop Weenink	WS Twente	NED 196801535	3:04.48	+0.91	42.07	1:28.88	2:16.80	3:04.48
5. Bernd Bienek	SG Gladbeck/Recklinghauser	GER 278658	3:07.19	+1.08	39.95	1:26.82	2:17.16	3:07.19
6. Christophe Wadin	Royal Dauphins Mouscronnc	BEL 005113/68	3:21.11	+0.98	42.58	1:32.41	2:26.71	3:21.11
7. Albert Steenvoorden	HHZV PLONS	NED 196601605	3:21.66	+0.88	44.90	1:35.56	2:28.76	3:21.66
8. Gertjan van der Vaart	ZVVS	NED 196801529	3:30.81	+0.76	46.34	1:39.83	2:36.01	3:30.81

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	2:58.91	+0.77	39.00	1:23.49	2:10.61	2:58.91
2. Theo Bakker	TriVia	NED 196401231	3:10.79	+0.81	41.53	1:29.91	2:20.56	3:10.79
3. Ronald Grove	Triton	NED 196100161	3:12.81	+0.80	43.02	1:33.42	2:23.46	3:12.81
4. Johan Vandewalle	Zwemclub Iloka Kapellen	BEL 10154/60	3:19.04	+0.88	43.88	1:34.66	2:27.08	3:19.04
5. Jack Barends	WS Twente	NED 196201011	3:34.14	+1.00	48.38	1:43.23	2:39.75	3:34.14
6. Jan Haitma	De Spatters	NED 196000929	3:46.30	+0.95	50.20	1:47.93	2:48.02	3:46.30
7. Michel Picavet	Royal Dauphins Mouscronnc	BEL 004713/62	3:51.88	+0.90	51.20	1:51.41	2:53.29	3:51.88
8. Jan Willem Heuten	WS Twente	NED 196000883	4:03.06	+0.99	55.14	1:58.89	3:02.25	4:03.06

Masters 60+

1. Wim de Lange	AZC	NED 195800533	3:18.29	+0.76	42.89	1:31.94	2:24.49	3:18.29
2. Paul Bunnik	Triton	NED 195600413	3:26.45	+0.87	43.50	1:35.74	2:33.21	3:26.45
3. Christian Schoenaers	CNSW	BEL 007131/59	3:30.17	+0.96	47.01	1:39.56	2:35.78	3:30.17
4. Pier van der Sluis	De Vikings	NED 195900757	3:31.03	+1.00	48.60	1:42.18	2:37.66	3:31.03
5. Marius Ros	ZCNF'34	NED 195900779	3:37.19	+0.77	51.87	1:49.34	2:45.58	3:37.19
6. Günther Brod	SSG Saar Max Ritter	GER 234041	3:56.05	+0.88	55.19	1:54.53	2:55.98	3:56.05
7. Robert Schulein	H2Oldambt	NED 195900843	4:06.86	+0.72	53.93	1:54.43	3:01.25	4:06.86

Masters 65+

1. Piet Schop	De Bevelanders	NED 195000109	3:41.10	+0.73	48.55	1:46.15	2:45.79	3:41.10
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Masters 70+

1. Mans Buis	SWOL 1894	NED 194700133	4:13.87	+1.08	58.54	2:03.25	3:10.11	4:13.87
2. Nico van Dongen	<td>NED 194800159</td> <td>5:01.89</td> <td>+1.14</td> <td>1:05.78</td> <td>2:24.46</td> <td>3:44.63</td> <td>5:01.89</td>	NED 194800159	5:01.89	+1.14	1:05.78	2:24.46	3:44.63	5:01.89

Masters 75+

1. Rob Hanou	PSV	NED 194300109	3:41.63	+1.04	49.76	1:47.22	2:47.04	3:41.63
<i>Kampioenschapsrecord</i>								
2. Nico Baay	Old Dutch	NED 194200053	4:10.47	+0.76	57.22	2:00.80	3:06.52	4:10.47

Masters 80+

1. F. De Bruijn	CN Aquamasters	ESP	4:02.87	+1.26	55.75	1:57.18	3:00.94	4:02.87
<i>Kampioenschapsrecord, Spanish Masters Record</i>								

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04-05-2019 - 13:51

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Ilse Rijnja	The Hague Swimming (SG)	NED 199802432	2:44.82	+0.70	36.78	1:18.08	2:01.40	2:44.82
<i>Nederlands Masters Record</i>								
2. Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	2:53.44	+0.73	38.83	1:22.37	2:07.17	2:53.44
3. Anne Noom	Het Y	NED 199800062	2:54.24	+0.72	39.74	1:24.60	2:09.52	2:54.24
4. Manon Kloosterman	De Bevelanders	NED 199702082	2:55.19	+0.80	39.37	1:23.93	2:09.59	2:55.19
5. Fiona Meuffels	RZ	NED 199504366	2:55.92	+0.69	40.28	1:25.60	2:10.70	2:55.92
6. Melissa van der Heijden	ZPV Barracuda	NED 199605226	2:55.95	+0.67	39.63	1:24.63	2:10.44	2:55.95
7. Lotte Middelbos	SGGO (SG)	NED 199900680	2:55.99	+0.75	39.12	1:24.24	2:09.73	2:55.99
8. Chantal Beijer	DWT	NED 199700884	3:07.44	+0.57	40.59	1:27.18	2:17.05	3:07.44
9. Jolijn Keegstra	ZWOL 1894	NED 199602284	3:15.05	+0.96	43.72	1:33.67	2:24.86	3:15.05
10. Dagmar Kruijk	Zuiderzeewemmers	NED 199800008	3:17.45	+0.73	41.15	1:32.07	2:25.89	3:17.45
11. Sanne Kruijer	Sassenheim	NED 199505958	3:32.58	+0.72	47.85	1:42.07	2:37.24	3:32.58
12. Iris van Zuilen	Zwemvereniging Hoogland	NED 199803036	3:36.78	+0.96	46.94	1:42.96	2:41.37	3:36.78
13. Myrna Kleefstra	Zuiderzeewemmers	NED 199503496	3:46.77	+0.93	50.85	1:47.56	2:47.03	3:46.77
14. Stephanie Fink Jensen	GoSwim	NED 199906494	4:09.96	+0.86	54.44	1:57.06	3:03.77	4:09.96
Masters 25+								
1. Suzanne Brummel	Octopus	NED 199401366	2:54.64	+0.87	39.66	1:24.27	2:09.54	2:54.64
2. Karin Verbeek	Nautilus	NED 199201848	3:03.35	+0.69	40.90	1:27.01	2:15.38	3:03.35
3. Kimberley Kranenberg	ZPC De Hof	NED 199400292	3:06.01	+0.83	42.13	1:29.65	2:17.98	3:06.01
4. Leonie Nijenhuis	Zuiderzeewemmers	NED 199204340	3:11.34	+0.78	43.10	1:31.76	2:21.26	3:11.34
5. Joke Smits-Velthuijs	PSV	NED 199008342	3:18.84	+0.80	45.95	1:38.97	2:30.31	3:18.84
6. Daphne de Jong	De Wellerobben	NED 199302388	3:20.48	+0.77	43.06	1:32.82	2:26.35	3:20.48
7. Sara Costa	Royal Ostend Swimming Club	BEL 20383/93	3:21.78	+0.75	45.68	1:36.59	2:29.41	3:21.78
8. Kelly Bocking	Montferland	NED 199104050	3:30.10	+0.79	46.19	1:39.46	2:34.11	3:30.10
9. Eline Vermue	AZ&PC De Futen	NED 199203710	3:30.25	+0.71	47.00	1:40.03	2:35.27	3:30.25
10. Janneke Wynia	WS Twente	NED 199005500	3:42.80	+1.01	50.57	1:47.63	2:46.38	3:42.80
Masters 30+								
1. Larissa Brak	ZPC AMERSFOORT	NED 198800572	2:45.17	+0.78	36.93	1:19.83	2:03.02	2:45.17
<i>Nederlands Masters Record</i>								
2. Susanne van der Linden	DIO	NED 198802736	2:57.61	+0.82	40.42	1:25.32	2:11.52	2:57.61
3. Karin van Dijk	De Wellerobben	NED 198600850	3:04.79	+0.78	41.65	1:28.91	2:17.41	3:04.79
4. Suzan Blankestijn	ZVL-1886	NED 198900350	3:06.94	+0.62	41.19	1:28.23	2:17.13	3:06.94
5. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	3:08.15	+0.80	42.04	1:29.68	2:19.11	3:08.15
6. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	3:08.49	+0.89	42.42	1:30.46	2:19.40	3:08.49
7. Linda van Klei-Janssen	ZPB H&L Productions	NED 198802088	3:13.10	+0.82	43.26	1:32.25	2:23.07	3:13.10
8. Esther van Maastricht	Montferland	NED 198802836	3:17.57	+0.75	44.98	1:35.84	2:27.58	3:17.57
9. Isaline Manchel	CNSW	BEL 001284/85	3:18.69		44.95	1:35.49	2:26.80	3:18.69
10. Carola Jacobs	Triton Putten	NED 198504176	3:34.72	+0.65	50.33	1:45.31	2:39.72	3:34.72
11. Dorien Vasseur	Scheldestroom	NED 198704164	3:38.89	+1.01	49.55	1:46.62	2:44.10	3:38.89
Masters 35+								
1. Laura Badoux	DAW	NED 198200038	2:56.56	+0.83	39.26	1:24.21	2:10.47	2:56.56
2. Yvonne Gerritsen	WVZ	NED 198000342	3:15.24	+0.78	43.01	1:32.59	2:24.91	3:15.24
3. Ilja Janssen	ESCA Zwemmen	NED 198102234	3:16.73	+0.97	43.87	1:34.77	2:25.99	3:16.73
4. Angela Giezen	Montferland	NED 198302796	3:17.31	+0.79	44.33	1:35.43	2:26.73	3:17.31
5. Marike Kamphuis	HHZV PLONS	NED 198102200	4:04.70	+0.99	55.62	1:59.01	3:02.47	4:04.70
6. Rianne van Vegchelen	ZV 44	NED 198101530	4:23.96	+1.12	1:01.39	2:08.70	3:18.06	4:23.96

Programmanr. 23, Dames, 200m schoolslag

Masters 40+

1. Liselotte Joling	PSV	NED 197500268	3:11.42	+0.83	43.22	1:32.87	2:22.61	3:11.42
2. Kristel Lips	ZV De Bron	NED 197900562	3:19.09	+0.88	44.41	1:34.18	2:26.81	3:19.09
3. Eveline Hacquebord	IJZPC	NED 197901206	3:19.33	+0.84	44.69	1:35.77	2:27.98	3:19.33
4. Jessica Klaassen	Zwemclub Koewacht	NED 197901536	3:23.55	+0.84	45.48	1:36.20	2:29.49	3:23.55
5. Esther Vergeest	De Rog	NED 197700012	3:34.79	+0.68	48.57	1:43.41	2:39.02	3:34.79
6. Inge Roskam	De Duinkickers	NED 197801296	3:36.00	+0.92	46.78	1:42.05	2:40.29	3:36.00
7. I. Speelman Hamelink	Zwemclub Koewacht	NED 197601028	3:39.97	+0.86	49.96	1:45.93	2:42.49	3:39.97
8. Femke Neeskens	VZV Njord	NED 197801370	3:42.18	+0.85	48.94	1:45.43	2:44.93	3:42.18

Masters 45+

1. Trudy Ketting	PSV	NED 197000268	3:03.29	+0.74	41.23	1:27.56	2:14.43	3:03.29
2. Karin Stein	ZVVS	NED 197100554	3:06.41	+0.82	42.96	1:30.07	2:18.46	3:06.41
3. Annette de Visser	Oceanus	NED 197100602	3:21.71	+0.85	44.97	1:36.66	2:29.62	3:21.71
4. Bianca Groot	MSV-Zeemacht	NED 197000652	3:22.32	+1.04	46.03	1:37.75	2:29.78	3:22.32
5. Pascalie Janssen	Patrick-De Roersoppers (SG)	NED 197300852	3:22.93	+0.93	45.04	1:36.86	2:29.98	3:22.93
6. H. Driesen-Joanknecht	Aqua-Novio'94	NED 197101056	3:38.97	+0.89	49.28	1:44.81	2:42.08	3:38.97
7. Greta Wyma-Teitsma	DWK	NED 197100696	3:57.37	+0.96	54.44	1:55.40	2:55.76	3:57.37
8. Femke Poll	ZV 44	NED 197401066	4:17.69	+0.94	57.68	2:02.36	3:10.55	4:17.69

Masters 50+

1. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	3:09.40	+0.80	43.00	1:31.07	2:19.87	3:09.40
2. Iris van Aurich	DWK	NED 196900866	3:24.23	+0.64	46.73	1:38.74	2:33.04	3:24.23
3. A. Korving-Leijenaar	Aqualero	NED 196700662	3:24.74	+0.86	46.80	1:38.63	2:32.23	3:24.74
4. Françoise Duran	De Biesboschzwemmers	NED 196900222	3:31.08	+0.88	47.35	1:41.02	2:35.59	3:31.08
5. Machteld Stilling	ZPC AMERSFOORT	NED 196600716	3:42.27	+0.61	49.18	1:43.98	2:43.66	3:42.27
6. Ann Vandembrouck	Royal Ostend Swimming Club	BEL 20321/65	4:15.96	+1.01	55.59	2:01.28	3:10.02	4:15.96

Masters 55+

1. Petra Tossings	DAW	NED 196100376	3:30.10	+0.77	48.87	1:42.24	2:36.93	3:30.10
2. Annemarie Vuist	SWOL 1894	NED 196300282	3:31.31	+0.92	49.73	1:43.66	2:38.32	3:31.31
3. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	3:38.82	+0.87	49.71	1:44.76	2:42.55	3:38.82
4. Petra Ros	ZCNF'34	NED 196100398	4:00.85	+0.87	56.35	1:57.83	3:00.62	4:00.85
5. Lia Bijkerk	WIDEX GZC DONK	NED 196000014	4:13.31	+0.95	57.05	2:03.09	3:11.01	4:13.31
6. Jenny Westervander	H2Oldambt	NED 196200424	4:15.24	+0.85	57.33	2:02.73	3:11.12	4:15.24
7. Riekie Schra	Steenwijk 1934	NED 196400404	5:05.95	+1.35	1:09.88	2:26.69	3:46.56	5:05.95

Masters 60+

1. Elly Kiestra-Broertjes	ZIGNEA	NED 195600100	4:03.51	+0.98	53.89	1:55.67	3:00.06	4:03.51
2. W. Schoenmaker-ter Veer	DWK	NED 195900254	4:25.08	+0.85	56.99	2:03.85	3:14.28	4:25.08
3. Mies Kuipers	Old Dutch	NED 195800202	4:44.95	+0.89	1:06.51	2:20.03	3:33.37	4:44.95

Masters 65+

1. Ineke Weekers	PSV	NED 195300050	3:28.62	+0.87	48.62	1:42.08	2:35.35	3:28.62
<i>Kampioenschapsrecord</i>								
2. Gonneke Bak	PSV	NED 195100064	4:24.78	+0.98	1:02.25	2:10.89	3:19.27	4:24.78
3. Tineke van Diggelen	ZPCH	NED 195200048	4:25.59		1:00.42	2:07.36	3:18.09	4:25.59
4. Ineke Brouwers	PSV	NED 195200070	4:36.43	+1.00	1:01.99	2:13.44	3:27.72	4:36.43
5. Geerdien Meerwaldt	De Geul	NED 195200058	4:48.23		1:06.40	2:18.69	3:32.02	4:48.23
DIS N. van Dongen-de Paepe	ZZ&PC De Devel	NED 195100044						

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Programmanr. 23, Dames, 200m schoolslag

Masters 70+

1. A. Verhoeven - SteggerDe Duinkickers NED 194600024 **4:30.94** +0.81 1:02.13 2:10.10 3:20.55 4:30.94

Programmanr. 24
04-05-2019 - 14:24

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Melvin Prins	Wiekslag	NED	199500201	1:00.37	+0.64		29.00	1:00.37
2. Bas Dries	Zwemvereniging Hoogland	NED	199505177	1:04.03	+0.59		31.67	1:04.03
3. Dennis Wildeboer	Nova	NED	199800571	1:05.64	+0.62		31.64	1:05.64
4. Robin van Beek	ZVL-1886	NED	199704023	1:05.67	+0.63		31.76	1:05.67
5. Daan Siebenheller	ZOB'66	NED	199804955	1:05.81	+0.77		32.22	1:05.81
6. Ivo van Dijk	The Hague Swimming (SG)	NED	199702985	1:07.57	+0.65		31.30	1:07.57
7. Jarco van Ommen	Octopus	NED	199802153	1:07.94	+0.86		32.80	1:07.94
8. Wilco Nijenhuis	De Berkelduikers	NED	199802463	1:09.34	+0.74		33.35	1:09.34
9. Jeffrey Eigenraam	ZOB'66	NED	199500041	1:10.07	+0.83		33.18	1:10.07
10. Jordy van Oel	WVZ	NED	199802003	1:10.24	+0.64		34.34	1:10.24
11. Tristan Stam	ZOB'66	NED	199903551	1:11.30	+0.65		34.22	1:11.30
12. Armand Heyder	Feijenoord Albion Zwemclub	NED	199603221	1:11.31	+0.64		34.95	1:11.31
13. Cyriel Muthert	ZPC Woerden	NED	199802315	1:11.44	+0.74		34.98	1:11.44
14. Ian van Mullem	ZOB'66	NED	199602545	1:11.51	+0.60		34.50	1:11.51
15. Jordi van der Weel	Feijenoord Albion Zwemclub	NED	199600359	1:12.24	+0.65		34.38	1:12.24

Masters 25+

1. Ensger Kotterink	Feijenoord Albion Zwemclub	NED	199403391	58.15	+0.62		28.30	58.15
<i>Nederlands Masters Record</i>								
2. Jesper Oranje	De Duck	NED	199200997	1:04.77	+0.68		31.68	1:04.77
3. Dennis Bos	HZ&PC Heerenveen	NED	199201965	1:05.21	+0.53		31.92	1:05.21
4. Olaf Achterberg	VZC	NED	199000011	1:05.31	+0.74		31.95	1:05.31
5. Jesper Kloek	Dedemsvaart-AC	NED	199001585	1:08.67	+0.62		32.76	1:08.67
6. Johan Krakou	De Rijn	NED	199101311	1:09.87	+0.69		33.19	1:09.87
7. Mike Schel	ESCA Zwemmen	NED	199403279	1:09.88	+0.84		34.54	1:09.88
8. Stefan Kwant	Nova	NED	199200781	1:12.84	+0.61		34.35	1:12.84
9. Joeri Scheidt	VZC	NED	199102011	1:15.35	+0.80		36.45	1:15.35
10. Gerben Rozie	MSV-Zeemacht	NED	199002507	1:16.96	+0.76		36.91	1:16.96
11. Stefan Oostendorp	AZC	NED	199005615	1:17.60	+0.74		37.76	1:17.60
12. Michiel van Nesselrooij	PSV	NED	199006877	1:18.82	+1.02		38.36	1:18.82

Masters 30+

1. Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	1:05.36	+0.67		31.76	1:05.36
2. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	1:07.65	+0.71		33.02	1:07.65
3. Robert Braad	Steenwijk 1934	NED	198600407	1:08.58	+0.79		33.41	1:08.58
4. Patrick de Jonge	Deltasteur	NED	198906635	1:15.43	+0.68		36.08	1:15.43
5. Ferdie van Mastrigt	Rotterdam Swimming (SG)	NED	198802315	1:15.48	+0.70		37.11	1:15.48
6. Mark Godwaldt	PSV	NED	198701039	1:15.56	+0.82		36.74	1:15.56
7. Peter Schelvis	LinK	NED	198906671	1:20.11	+0.78		38.52	1:20.11
8. Harmen Reemst	ZOB'66	NED	198702715	1:23.25	+0.66		40.02	1:23.25
9. Robin Eggenkamp	De Aalscholver	NED	198700847	1:25.01	+0.81		40.68	1:25.01

Programmanr. 24, Heren, 100m rugslag

Masters 35+

1. Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	1:05.44	+0.80	32.22	1:05.44
2. Robert Dekker	Dedemsvaart-AC	NED	198400443	1:07.13	+0.68	32.22	1:07.13
3. Paul Oudendijk	DAW	NED	198101287	1:09.68	+0.80	34.44	1:09.68
4. Thommy Nickel	ZPC Woerden	NED	198401627	1:09.81	+0.76	34.67	1:09.81
5. Marcel Reefhuis	WS Twente	NED	198101381	1:10.39	+0.64	34.19	1:10.39
6. Peter van de Bor	DWT	NED	198402897	1:12.37	+0.73	34.31	1:12.37
7. Gerwin Vonk	De Spatters	NED	198201907	1:13.62	+0.72	34.16	1:13.62
8. Simon van Ravesteijn	WVZ	NED	198002263	1:16.84	+0.73	37.98	1:16.84
9. Rogier van Gent	IJZPC	NED	198000405	1:19.77	+0.78	38.38	1:19.77
10. Sander de Velde	Deltasteur	NED	198302165	1:31.39	+0.74	45.11	1:31.39

Masters 40+

1. Dennis Brouwers	HZPC	NED	197800167	1:05.44	+0.69	32.37	1:05.44
2. Ronald Smits	PSV	NED	197800981	1:06.86	+0.76	33.54	1:06.86
3. Ivo Roozeboom	WVZ	NED	197700801	1:08.30	+0.69	33.69	1:08.30
4. Ruud Holswilder	ZPCH	NED	197800435	1:08.34	+0.74	32.82	1:08.34
5. Mark van der Schrier	AZC	NED	197800951	1:12.48	+0.69	35.40	1:12.48
6. Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	1:13.75	+0.54	35.83	1:13.75
7. Markus van Rest	WVZ	NED	197701197	1:15.17	+0.73	36.69	1:15.17
8. Erik Drost	PSV	NED	197901491	1:17.55	+0.82	37.56	1:17.55
9. Gino Martijn	RZ	NED	197901865	1:20.13	+0.67	38.80	1:20.13
10. Peter Lommert	SWOL 1894	NED	197900787	1:21.87	+0.79	38.86	1:21.87
NG Erwin Buist	ZPC AMERSFOORT	NED	197800183				

Masters 45+

1. Tjakko Ruinemans	De Dinkel	NED	197400687	1:05.82	+0.88	32.04	1:05.82
<i>Nederlands Masters Record</i>							
2. Antwan van Engen	De Ward	NED	197101577	1:10.80	+0.67	34.25	1:10.80
3. Eric Hoekman	WS Twente	NED	197401531	1:15.07	+0.78	36.72	1:15.07
4. Korstiaan de Boer	Steenwijk 1934	NED	197101629	1:19.31	+0.72	38.88	1:19.31
5. Bruno Nahon	CNSW	BEL	000390/70	1:19.33	+0.76	38.57	1:19.33
6. Ingmar de Gelder	ZOB'66	NED	197000333	1:21.07	+0.76	40.65	1:21.07
<i>* 50m</i>							
7. Jeroen Hoeksel	ZVVS	NED	197401533	1:36.72	+0.80	45.99	1:36.72

Masters 50+

1. Guido Keutgen	Steenwijk 1934	NED	196801551	1:09.67	+0.82	33.48	1:09.67
2. Arjan Bellaart	Het Y	NED	196900079	1:11.04	+0.73	34.43	1:11.04
3. Jan-Willem van den Berg	WVZ	NED	196801575	1:11.19	+0.76	35.23	1:11.19
4. Matthijs van den Adel	De Otters Het Gooi	NED	196501637	1:15.05	+0.66	37.76	1:15.05
5. Nico Swart	De Biesboschzweimmers	NED	196801475	1:16.74	+0.73	36.46	1:16.74
6. Ron Korzelijs	ZPC AMERSFOORT	NED	196500513	1:19.55	+0.80	38.78	1:19.55
7. Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	1:20.09	+0.90	39.02	1:20.09
8. Gerco Schakel	DWK	NED	196900849	1:21.79	+0.75	41.05	1:21.79
9. Erik Saan	De Duck	NED	196500769	1:26.30	+0.90	39.80	1:26.30
10. Wridzer Bakker	ESCA Zwemmen	NED	196701711	1:30.11	+0.86	43.61	1:30.11
11. Ramon Alsina Munoz	CNSW	BEL	002552/69	1:33.58	+0.77	44.63	1:33.58
AFGEM Chester Marsman	ZPC AMERSFOORT	NED	196900671				

Programmanr. 24, Heren, 100m rugslag

Masters 55+

1. Peter Bernsen	De Rog	NED	196301119	1:09.36	+0.69	34.06	1:09.36
<i>Nederlands Masters Record</i>							
2. Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	1:15.85	+0.73	36.87	1:15.85
3. Fred Ketting	PSV	NED	196000289	1:17.22	+0.80	37.57	1:17.22
4. Erik Kamphuis	De Rog	NED	196001035	1:17.47	+0.76	39.56	1:17.47
5. Arthur van Strien	WVZ	NED	196301401	1:17.56	+0.84	38.09	1:17.56
6. Hans Westerhof	WS Twente	NED	196200743	1:19.78	+0.89	39.16	1:19.78
7. Robin Prins	De Geul	NED	196200515	1:23.50	+0.69	41.43	1:23.50
8. Casper Dollekamp	Steenwijk 1934	NED	196301341	1:23.96	+0.70	40.80	1:23.96
9. Nico van Maanen	De Duck	NED	196100371	1:34.07	+0.68	45.34	1:34.07
10. André Schutte	ZPC De Zeeuwse Kust	NED	196000521	1:35.94	+0.86	47.70	1:35.94
11. Jan Haitsma	De Spatters	NED	196000929	1:39.82	+0.81	48.81	1:39.82
DIS Bart van Calker	WS Twente	NED	196100067				

RH - Het eindpunt niet in rugligging aangeraakt.

Masters 60+

1. Evertjan Masurel	PSV	NED	195600495	1:23.93	+0.84	40.12	1:23.93
2. André Pantekoek	PSV	NED	195800321	1:33.41	+0.82	45.51	1:33.41

Masters 65+

1. Brend Brevé	PSV	NED	195200265	1:19.18	+0.76	39.92	1:19.18
2. Jos Kamps	Zwemvereniging Hoogland	NED	195100085	1:42.25	+0.74	47.97	1:42.25

Masters 70+

1. Mans Buis	SWOL 1894	NED	194700133	1:47.98	+1.02	54.44	1:47.98
2. Theo Schouten	WWV Winterswijk	NED	194600161	1:53.13	+0.68	54.44	1:53.13

Masters 75+

1. Frans van Enst	WS Twente	NED	194000011	1:37.36	+0.70	47.78	1:37.36
2. Nico Baay	Old Dutch	NED	194200053	2:03.48	+1.09	58.09	2:03.48

BM Michiel Jorink	HPC PARA - ZV44	NED	198701613	S14	1:04.29	+0.71	783	31.10	1:04.29
BM Thijs van den End	HPC PARA - ZPC Woerden	NED	199306803	S9	1:07.69	+0.64	763	32.58	1:07.69

Programmanr. 25
04-05-2019 - 14:42

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Renée Vanderheyden	ReVeLie Swim Team	NED	199903130	1:08.09	+0.62		31.89	1:08.09
2. Anne-Irene Duchaine	Zwemvereniging Hoogland	NED	199506824	1:10.52	+0.58		34.41	1:10.52
3. Tialda Prins	De Golfbreker	NED	199801310	1:11.17	+0.78		34.05	1:11.17
4. Linda Kamperman	Aquarijn	NED	199601238	1:11.68	+0.74		34.52	1:11.68
5. Hilde Dekker	ReVeLie Swim Team	NED	199901926	1:13.00	+0.69		35.04	1:13.00
6. Dagmar Kruik	Zuiderzeezwemmers	NED	199800008	1:15.93	+0.69		37.19	1:15.93
7. Fiona Meuffels	RZ	NED	199504366	1:16.34	+0.69		37.51	1:16.34
8. Janine de Groot	Nova	NED	199500092	1:16.75	+0.62		36.68	1:16.75
9. Moniek van Langevelde	ESCA Zwemmen	NED	199803160	1:17.28	+0.64		37.85	1:17.28
10. Chantal Beijer	DWT	NED	199700884	1:17.30	+0.72		37.84	1:17.30
11. Jet Kleine	MSV-Zeemacht	NED	199903384	1:18.63	+0.70		38.41	1:18.63
12. Iris Bastiaansen	De Amstel	NED	199902006	1:19.59	+0.82		37.93	1:19.59
13. Lianne Roescher	ZPC De Hof	NED	199900248	1:20.02	+0.90		38.24	1:20.02

Programmanr. 25, Dames, 100m rugslag, Masters 20+

rang naam	vereniging			tijd	RT	PARA	50m	100m
14. Nicole van Zuilen	Zwemvereniging Hoogland	NED	199505428	1:22.10	+0.73		39.82	1:22.10
15. Naomi van Gool	LinK	NED	199505166	1:22.15	+0.84		39.73	1:22.15
16. Linde Haverkate	ZPC De Hof	NED	199900244	1:22.29	+0.72		39.51	1:22.29
17. Eline Hendriks	ZPC AMERSFOORT	NED	199802794	1:22.44	+0.85		39.77	1:22.44
18. Thirza Belder	ZOB'66	NED	199803024	1:23.91	+0.79		39.05	1:23.91
19. Anouk van der Lans	Feijenoord Albion Zwemclub	NED	199801614	1:26.16	+0.72		41.94	1:26.16
20. Nella Diepeveen	AZ&PC De Futen	NED	199801504	1:26.24	+0.71		42.64	1:26.24
21. Cynthia van Veen	ZPC Woerden	NED	199606736	1:31.37	+0.77		43.67	1:31.37
22. Nadine Scheeve	Zwemlust-den Hommel	NED	199700684	1:33.60	+0.85		45.22	1:33.60
23. Maranka Huitema	Steenwijk 1934	NED	199500302	1:36.49	+0.76		46.69	1:36.49

Masters 25+

1. Mabel Suli	WVZ	NED	199307964	1:08.11	+0.69		33.93	1:08.11
2. Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	1:11.44	+0.77		34.66	1:11.44
3. Manon van Strien	WVZ	NED	199400770	1:12.24	+0.78		35.41	1:12.24
4. Suzanne Mosch	MSV-Zeemacht	NED	199400548	1:12.26	+0.73		34.67	1:12.26
5. Saskia de Klerk	GoSwim	NED	199004612	1:13.17	+0.75		35.96	1:13.17
6. Désirée Emmen	De Warande	NED	199204862	1:13.75	+0.69		35.13	1:13.75
7. Denise Boereboom	ZPV Barracuda	NED	199202144	1:13.85	+0.80		36.49	1:13.85
8. Lotte Coenen	The Hague Swimming (SG)	NED	199301518	1:14.37	+0.80		35.73	1:14.37
9. Marjon Pol	Zwemlust-den Hommel	NED	199102502	1:15.10	+0.75		36.75	1:15.10
10. Iris Pijtak	ZPC AMERSFOORT	NED	199300602	1:16.16	+0.70		36.65	1:16.16
11. Joanne van Essen	Zwemlust-den Hommel	NED	199303506	1:16.22	+0.77		36.70	1:16.22
12. Clara Van Roeyen	GBZ	BEL	20082/90	1:17.65	+0.92		38.03	1:17.65
13. Danica Koedoot	SGGO (SG)	NED	199301034	1:18.55	+0.72		38.10	1:18.55
14. Tessa Mosch	MSV-Zeemacht	NED	199102172	1:20.36	+0.58		38.48	1:20.36
15. Joanne Groeneveldt	AZ&PC De Futen	NED	199105998	1:21.97	+0.79		40.10	1:21.97
16. Getrude Corporaal	Steenwijk 1934	NED	199200380	1:22.25	+0.83		40.00	1:22.25
17. Linda Dehing	GoSwim	NED	199400022	1:23.50	+0.80		39.95	1:23.50
18. Ramona Noordermeer	ZVVS	NED	199401746	1:25.55	+0.83		42.22	1:25.55
19. Maaïke Hoffland	Sassenheim	NED	199203754	1:26.42	+0.79		42.21	1:26.42
20. Xandra Otter	WIDEX GZC DONK	NED	199006046	1:40.78	+0.94		49.39	1:40.78
21. Anouk Bloem	TRB-RES	NED	199000320	1:49.68	+0.70		51.34	1:49.68

Masters 30+

1. Evy Witlox	DWT	NED	198804946	1:08.46	+0.67		33.25	1:08.46
<i>Nederlands Masters Record</i>								
2. Marije Jansen	ZPC AMERSFOORT	NED	198504088	1:16.16	+0.83		36.67	1:16.16
3. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	1:16.50	+0.79		37.36	1:16.50
4. Sabine Lina	ZPC Woerden	NED	198902680	1:16.59	+0.95		36.65	1:16.59
5. Marieke van Dodeweerd	RZC	NED	198600896	1:20.44	+0.75		38.74	1:20.44
6. Jolanda Cnossen	Neptunia'24	NED	198600712	1:20.81	+0.77		39.31	1:20.81
7. Mara Epifani	Empire Sport and Resort	ITA	35447	1:21.79	+0.80		39.79	1:21.79
8. Eline Vonhof	Livo	NED	198904434	1:22.27	+0.71		40.24	1:22.27
*								
9. Kirsten Remerie	Livo	NED	198806296	1:26.42	+0.83		41.51	1:26.42
10. Lisette Prins	WVZ	NED	198803522	1:27.44	+0.77		41.84	1:27.44
11. Manouk Ticheler	De Duinkickers	NED	198705416	1:28.66	+0.93		43.26	1:28.66
12. Ceres Visser-Fiering	Livo	NED	198901204	1:29.06	+0.71		42.86	1:29.06

Masters 35+

1. Marjon van Kempen	SGGO (SG)	NED	198000578	1:15.54	+0.74		37.14	1:15.54
2. Hanneke Heymen	Montferland	NED	198400968	1:15.79	+0.70		37.77	1:15.79
3. Ann Wanter	Zwemclub Geel	BEL	21082/82	1:15.89	+0.93		37.39	1:15.89
4. Roos van Esch	Feijenoord Albion Zwemclub	NED	198200468	1:16.30	+0.77		37.56	1:16.30
5. Elke Blox	Tiamat	NED	198200154	1:20.39	+0.69		38.26	1:20.39
6. Angela Giezen	Montferland	NED	198302796	1:22.34	+0.73		41.41	1:22.34

Programmanr. 25, Dames, 100m rugslag, Masters 35+

rang naam	vereniging			tijd	RT	PARA	50m	100m
7. Ilja Janssen	ESCA Zwemmen	NED	198102234	1:23.86	+0.77		40.00	1:23.86
8. Jennifer Go	Triton	NED	198400766	1:32.57	+0.82		45.35	1:32.57

Masters 40+

1. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED	197500884	1:20.21	+0.76		39.44	1:20.21
2. Gea van der Schaaf	Deltasteur	NED	197901558	1:22.04	+0.76		39.37	1:22.04
3. Jessica Klaassen	Zwemclub Koewacht	NED	197901536	1:22.08	+0.82		40.43	1:22.08
4. Geraldine Trainor	De Duck	NED	197500544	1:22.36	+0.81		39.76	1:22.36
5. Evelien Meeuwissen	Sassenheim	NED	197500360	1:22.37	+0.83		39.80	1:22.37
6. Jolanda van Gendt	PSV	NED	197800266	1:23.36	+0.61		41.18	1:23.36
7. Miranda Boer	WIDEX GZC DONK	NED	197601130	1:23.69	+0.78		40.07	1:23.69
8. Heleen Spelde Fransens	THOR	NED	197901358	1:27.17	+0.80		41.84	1:27.17
9. Leonie Scholten	Steenwijk 1934	NED	197901560	1:29.15	+0.75		42.82	1:29.15
10. Petra Verstegen	WVZ	NED	197700906	1:30.67	+0.83		44.61	1:30.67
11. Clementine van Bruxvoort	ZPB H&L Productions	NED	197700138	1:41.98	+0.89		49.71	1:41.98
12. Jessica van Velzen	ZV 44	NED	197601122	1:48.27	+0.86		52.37	1:48.27

Masters 45+

1. Evelien van Klarbergen	HZ&PC Heerenveen	NED	197200964	1:14.49	+0.87		36.09	1:14.49
<i>Nederlands Masters Record</i>								
2. Gudule van der Meer	PSV	NED	197200396	1:14.67	+0.69		36.68	1:14.67
3. Edith Janssen-Koolen	TRB-RES	NED	197300898	1:16.12	+0.84		36.71	1:16.12
4. Chiho Shoji	CNSW	BEL	006146/70	1:20.41	+0.76		39.77	1:20.41
5. Valerie Rolland	CNSW	BEL	004276/71	1:22.28	+0.69		39.24	1:22.28
6. Bianca Hertogh - Buijsse	Scheldestroom	NED	197400910	1:30.22	+0.85		44.23	1:30.22
7. Bianca Groot	MSV-Zeemacht	NED	197000652	1:31.02	+0.91		45.04	1:31.02
8. Henriëtte Manting	GZVW	NED	197100246	1:31.64	+0.79		43.47	1:31.64
9. Nathasja Konijn	WIDEX GZC DONK	NED	197100992	1:32.39	+0.84		45.74	1:32.39
10. Pauline Tromp-Lang de	ZZ&PC De Devel	NED	197001032	1:40.95	+0.78		50.51	1:40.95
11. Greta Wyma-Teitsma	DWK	NED	197100696	1:44.64	+0.67		52.07	1:44.64
12. Sylvia Tetteroo	IJZPC	NED	197300476	2:06.24	+0.86		58.60	2:06.24

Masters 50+

1. Allie Price	Cardiff Masters	GBR	547582	1:15.88	+0.66		36.79	1:15.88
2. Heidi den Boer	LinK	NED	196900864	1:20.32	+0.78		38.69	1:20.32
3. Monique Tuijp	WZ&PC Purmerend	NED	196900800	1:21.00	+0.92		39.05	1:21.00
4. Laura Staal	Oceanus	NED	196700358	1:24.01	+0.72		41.57	1:24.01
5. Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	1:24.85	+0.76		40.48	1:24.85
6. Henriëtte v. Norden	ZPC AMERSFOORT	NED	196800046	1:25.16	+0.90		41.57	1:25.16
7. Caroline Schreuder	Triton	NED	196700550	1:26.75	+0.84		42.21	1:26.75
8. Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	1:30.62	+0.83		44.56	1:30.62
9. Annette van Dok	MSV-Zeemacht	NED	196800742	1:35.67	+0.90		46.86	1:35.67
10. Lucy Dubus	Royal Dauphins Mouscronnois	BEL	003221/69	1:36.65	+0.69		46.31	1:36.65
*								
11. Miranda Keijl	ZIGNEA	NED	196500588	1:36.89	+0.81		46.83	1:36.89
12. Linda Goderie	Rotterdam Swimming (SG)	NED	196900976	1:38.69	+0.95		47.48	1:38.69
13. Roselinda van der Vlugt	De Geul	NED	196700710	1:45.66	+0.82		53.34	1:45.66

Masters 55+

1. Judith Cromjongh	De Zwoer	NED	196400054	1:18.80	+0.74		38.53	1:18.80
<i>Nederlands Masters Record</i>								
2. Feikje Wittermans	WIDEX GZC DONK	NED	196400408	1:24.15	+0.82		40.35	1:24.15
*								
3. Margriet Grove-Lingeman	Triton	NED	196200080	1:26.12	+0.81		41.70	1:26.12
4. Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	1:31.16	+0.84		44.19	1:31.16

Programmanr. 25, Dames, 100m rugslag, Masters 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
5. Wilma Lammers-Wigman	Montferland	NED	196400614	1:32.75	+0.81		45.11	1:32.75
6. Inge Wolfs	HHZV PLONS	NED	196000304	1:35.02	+0.82		47.08	1:35.02
7. Marleen Malais	ESCA Zwemmen	NED	196300542	1:35.24	+0.85		46.09	1:35.24
8. Annemarie Vuist	SWOL 1894	NED	196300282	1:39.16	+0.91		49.91	1:39.16
9. Christine Buist	De Duinkickers	NED	196400608	1:39.57	+0.85		48.04	1:39.57
10. Jennie Resink-lindeboom	DWK	NED	196000142	1:40.86	+1.21		50.22	1:40.86

Masters 60+

1. Ada de Voogd	ZVVS	NED	195900280	1:33.96	+0.73		46.10	1:33.96
2. Hannie Poletiek	TriVia	NED	195900278	1:46.35	+0.91		52.12	1:46.35
3. Lies Hartman	PSV	NED	195600116	2:18.77	+0.82		1:04.68	2:18.77
4. Karien Musters	Old Dutch	NED	195800236	2:27.07	+0.73		1:10.60	2:27.07

Masters 65+

1. Christien Nieuwenhuis <i>Kampioenschapsrecord</i>	SWOL 1894	NED	195100022	1:36.64	+0.87		47.62	1:36.64
2. Conny Boer-Buys	ZVVS	NED	195000006	1:38.42	+0.87		48.84	1:38.42
3. Patty Krupiarz	PSV	NED	195400074	1:40.99	+0.84		49.77	1:40.99
4. Tineke van Diggelen	ZPCH	NED	195200048	1:54.03	+0.80		55.81	1:54.03
5. Antoinette Gilding-Tussaud	WS Twente	NED	195000038	1:54.69	+0.84		56.14	1:54.69
6. Maryse Van Cant	Antwerpse zwemclub Scaldis	BEL	20233/54	2:25.31	+0.79		1:07.23	2:25.31
7. Janny van der Weide	Deltasteur	NED	195100066	2:53.05	+1.42		1:23.86	2:53.05

Masters 70+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	2:08.80	+0.86		1:03.25	2:08.80
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Programmanr. 26
04-05-2019 - 15:09

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m	150m	200m
Masters 20+										
1. Felix Geenen	DAW	NED	199501085	2:02.02	+0.78		26.69	57.60	1:29.23	2:02.02
2. Sepp Kalter	Dedemsvaart-AC	NED	199704327	2:03.14	+0.73		27.68	59.17	1:31.20	2:03.14
3. Pascal Nuijten	Feijenoord Albion Zwemclub	NED	199701353	2:03.17	+0.73		27.35	59.22	1:31.05	2:03.17
4. Jelle Nap	VZC	NED	199502875	2:03.99	+0.72		29.12	1:01.11	1:33.80	2:03.99
5. Robin van Beek	ZVL-1886	NED	199704023	2:06.88	+0.71		29.16	1:01.66	1:34.46	2:06.88
6. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	2:07.00	+0.79		29.55	1:02.20	1:35.16	2:07.00
7. Niels Versteeg	De Ward	NED	199502697	2:09.13	+0.81		28.92	1:01.03	1:35.43	2:09.13
8. Dennis Wildeboer	Nova	NED	199800571	2:10.01	+0.70		30.54	1:04.01	1:38.13	2:10.01
9. Nordin Termoshuizen	WVZ	NED	199605401	2:10.47	+0.80		29.31	1:02.19	1:36.68	2:10.47
10. Edwin Jager	De Golfbreker	NED	199901571	2:10.48	+0.74		29.11	1:01.87	1:36.11	2:10.48
11. Jeffrey Camphens	DWT	NED	199503113	2:10.97	+0.71		30.26	1:04.30	1:38.32	2:10.97
12. Lars van der Zee	Triton	NED	199702427	2:11.87	+0.71		29.83	1:04.16	1:38.89	2:11.87
13. David Kievit	SGGO (SG)	NED	199900325	2:14.40	+0.78		30.52	1:04.54	1:40.13	2:14.40
14. Cyriel Muthert	ZPC Woerden	NED	199802315	2:15.91	+0.85		30.53	1:05.29	1:40.58	2:15.91
15. Martijn Bartels	ZPC AMERSFOORT	NED	199603493	2:16.00	+0.67		30.65	1:05.05	1:40.43	2:16.00
16. Patrick Wyrdeeman	Feijenoord Albion Zwemclub	NED	199702475	2:18.10	+0.67		31.46	1:06.36	1:42.70	2:18.10
17. Sam Beer	Rotterdam Swimming (SG)	NED	199605521	2:20.73	+0.71		31.37	1:07.68	1:44.93	2:20.73
18. Lars Jacobsen	DWK	NED	199705453	2:20.75	+0.85	562	32.89	1:08.42	1:45.85	2:20.75
19. Jordi de Nijs	MSV-Zeemacht	NED	199801851	2:22.26	+0.73		31.85	1:08.24	1:45.77	2:22.26
20. Sam Jonkman	Sassenheim	NED	199900851	2:26.21	+0.66		32.03	1:08.89	1:47.53	2:26.21
21. Frank Versprille	Noord Veluwe	NED	199901073	2:28.11	+0.70		33.66	1:11.37	1:51.34	2:28.11
22. Jan-Paul Mosterdijk	DWF	NED	199605793	2:38.02	+0.95		32.74	1:10.52	1:53.23	2:38.02

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Masters 25+

1. Olaf Achterberg	VZC	NED 199000011	2:10.61	+0.84	29.83	1:03.05	1:37.18	2:10.61
2. Tim Bunnik	Triton	NED 199000505	2:11.21	+0.81	28.96	1:02.26	1:37.03	2:11.21
3. Jesper Kloek	Dedemsvaart-AC	NED 199001585	2:13.74	+0.71	29.13	1:02.14	1:37.97	2:13.74
4. Stefan Petersen	De Golfbreker	NED 199403067	2:14.35	+0.68	30.26	1:04.09	1:39.56	2:14.35
5. Patrick Creemers	RZ	NED 199000579	2:17.97	+0.72	31.48	1:07.88	1:43.22	2:17.97
6. Jeffrey van 't Schip	De Amstel	NED 199102035	2:18.27	+0.80	30.50	1:04.24	1:41.02	2:18.27
7. Rens Post	WVZ	NED 199101827	2:18.56	+0.76	31.14	1:05.56	1:42.33	2:18.56
8. Maik Steenkamp	Montferland	NED 199103847	2:18.97	+0.75	31.18	1:06.70	1:43.07	2:18.97
9. Emiel van Beusekom	ZPV Barracuda	NED 199403951	2:19.47	+0.81	30.20	1:04.82	1:42.14	2:19.47
10. Ruben de Boer	De Duinkickers	NED 199301419	2:22.24	+0.69	32.49	1:08.49	1:45.97	2:22.24
11. Kais Baccour	SwimGym	NED 199107775	2:23.84	+0.66	33.84	1:10.22	1:47.79	2:23.84
12. Johan Krakou	De Rijn	NED 199101311	2:26.35	+0.88	32.59	1:09.83	1:48.83	2:26.35
13. Stefan Oostendorp	AZC	NED 199005615	2:30.01	+0.79	33.80	1:11.04	1:50.81	2:30.01
14. Eric Kalee	Zwemvereniging Hoogland	NED 199005307	2:30.95	+0.93	34.99	1:13.78	1:54.56	2:30.95
15. Rinus Poort	De Golfbreker	NED 199205517	2:31.28	+0.87	32.82	1:11.02	1:51.00	2:31.28
16. Connor Elemans	De Duinkickers	NED 199100581	2:42.76	+0.86	36.77	1:17.75	2:01.26	2:42.76
17. Patrick Wobben	Steenwijk 1934	NED 199300559	2:54.16	+0.83	38.48	1:22.53	2:09.21	2:54.16

Masters 30+

1. Alex Schelvis	LinK	NED 198702927	2:04.95	+0.81	28.07	58.88	1:31.19	2:04.95
2. Klaas van Beek	ZV Haerlem	NED 198805941	2:07.58	+0.59	29.27	1:02.03	1:35.57	2:07.58
3. Sander van Elburg	PSV	NED 198800937	2:11.03	+0.71	29.25	1:02.10	1:36.78	2:11.03
4. Bart Drechsel	Feijenoord Albion Zwemclub	NED 198604135	2:12.75	+0.73	29.94	1:03.53	1:38.38	2:12.75
5. Vincent Lapouge	WVZ	NED 198806237	2:19.49	+0.80	30.09	1:03.93	1:40.42	2:19.49
6. Wessel Everloo	De Veene	NED 198906597	2:21.25	+0.93	31.65	1:07.94	1:45.07	2:21.25
7. Tim van den Berg	Rotterdam Swimming (SG)	NED 198500157	2:22.54	+0.74	30.82	1:07.40	1:45.57	2:22.54
8. Pascal van Kassel	Triton	NED 198501289	2:28.39	+0.78	32.07	1:09.43	1:48.61	2:28.39
9. Rudi Butselaar	GoSwim	NED 198700577	2:38.88	+0.78	35.63	1:15.81	1:58.58	2:38.88

Masters 35+

1. Kristiaan Lenos	ZVL-1886	NED 198301331	2:07.99	+0.78	28.83	1:01.82	1:35.68	2:07.99
2. Federico Cappello	Entente Sportive Nanterre	FRA 2749459	2:08.55	+0.64	28.97	1:00.46	1:34.31	2:08.55
3. Jim Geestman	Rotterdam Swimming (SG)	NED 198300699	2:12.94	+0.85	30.47	1:04.29	1:39.07	2:12.94
4. Marcel Reefhuis	WS Twente	NED 198101381	2:16.36	+0.81	30.53	1:04.78	1:40.21	2:16.36
5. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	2:20.91	+0.77	31.87	1:07.44	1:44.62	2:20.91
6. Dirk Smit	Tiamat	NED 198101559	2:23.28	+0.59	31.96	1:08.64	1:46.36	2:23.28
7. Rutger Stam	Zwemvereniging Hoogland	NED 198102463	2:25.93	+0.70	31.63	1:08.43	1:47.78	2:25.93
8. Ferry Blangé	ZOB'66	NED 198300185	2:25.96	+0.79	31.55	1:08.09	1:47.30	2:25.96
9. Edward van Dootingh	ZV 44	NED 198403341	2:40.50	+0.77	36.57	1:16.64	1:58.76	2:40.50

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED 197800471	2:06.29	+0.68	28.34	1:00.35	1:33.17	2:06.29
2. Ivo Roozeboom	WVZ	NED 197700801	2:09.44	+0.80	29.29	1:02.77	1:36.49	2:09.44
3. Dennis Brouwers	HZPC	NED 197800167	2:09.59	+0.78	30.34	1:03.41	1:36.76	2:09.59
4. Victor Barnar	GoSwim	NED 197801805	2:13.74	+0.72	30.75	1:04.14	1:38.47	2:13.74
5. Vincent Versteeg	Zwemlust-den Hommel	NED 197701003	2:16.87	+0.77	30.49	1:06.12	1:42.57	2:16.87
6. Alex Damen	DAW	NED 197501371	2:17.08	+0.75	30.78	1:05.56	1:41.84	2:17.08
7. Mark van der Schrier	AZC	NED 197800951	2:18.67	+0.64	31.59	1:06.65	1:42.67	2:18.67
8. Bas Broekhuis	MZ&PC	NED 197601561	2:27.01	+0.88	33.02	1:11.09	1:49.47	2:27.01
9. Arjen Koop	ESCA Zwemmen	NED 197900697	2:33.05	+0.89	33.23	1:10.86	1:50.59	2:33.05
10. Ingmar Kooman	ZVL-1886	NED 197901517	2:35.35	+0.85	34.51	1:14.49	1:55.69	2:35.35
11. Emiel Volker	ZVL-1886	NED 197601605	2:39.35	+0.76	35.49	1:15.19	1:57.15	2:39.35
12. Tom Bandsma	PSV	NED 197701625	2:42.66	+0.93	35.67	1:15.47	1:58.68	2:42.66
13. Robin Roskam	De Duinkickers	NED 197801831	3:04.45	+0.95	40.44	1:28.42	2:18.79	3:04.45
AFGEM Johan Wezenberg	SWOL 1894	NED 197601023						

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Masters 45+

1. Frederic Tonus	Entente Sportive Nanterre	FRA 318958	2:06.30	+0.71	29.81	1:01.99	1:35.33	2:06.30
2. Tjakko Ruinemans	De Dinkel	NED 197400687	2:10.04	+0.84	30.49	1:04.65	1:38.39	2:10.04
3. Joeri Stoffels	AZC	NED 197300851	2:17.64	+0.90	31.97	1:07.96	1:43.93	2:17.64
4. Ingmar de Gelder	ZOB'66	NED 197000333	2:28.99	+0.77	33.21	1:11.28	1:51.35	2:28.99
5. Rob van Nijburg	De Otters Het Gooi	NED 197001737	2:34.25	+0.76	34.10	1:11.71	1:51.93	2:34.25
6. Wouter van der Stelt	De Biesboschzweimmers	NED 197200889	2:39.51	+0.80	35.31	1:14.81	1:56.87	2:39.51
7. Chang Bom	The Hague Swimming (SG)	NED 197201483	2:41.11	+0.64	36.07	1:16.31	1:59.59	2:41.11
8. Martijn de Jong	DWK	NED 197101659	2:48.03	+0.87	36.71	1:18.75	2:04.19	2:48.03
DIS Vedeastas Sefleris	Kauno Takas	LTU						

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 50+

1. Bob de Vries	The Hague Swimming (SG)	NED 196601101	2:12.04	+0.64	30.15	1:04.69	1:38.82	2:12.04
2. Geert Wijn	De Gelenberg	NED 196701101	2:13.70	+0.72	29.98	1:03.56	1:38.44	2:13.70
3. Pieter van Gemenen	DAW	NED 196901779	2:14.02	+0.73	31.18	1:05.41	1:40.26	2:14.02
4. Francis Roosen	VZV Njord	NED 196801581	2:24.24	+0.61	33.08	1:08.78	1:46.50	2:24.24
5. Hans Bouwmeester	ZVL-1886	NED 196700127	2:25.19	+0.85	32.58	1:08.98	1:46.93	2:25.19
6. Frank van Nobelen	Sassenheim	NED 196900753	2:25.25	+0.80	32.80	1:09.91	1:47.78	2:25.25
7. Otto Jansen	ZVL-1886	NED 196501403	2:27.29	+0.79	32.99	1:09.78	1:48.64	2:27.29
8. Henri Michels	De Amstel	NED 196501587	2:27.44	+0.80	33.52	1:10.87	1:49.57	2:27.44
9. Nico Paasse	SGGO (SG)	NED 196501463	2:31.38	+0.84	33.48	1:12.93	1:54.38	2:31.38
10. Christophe Wadin	Royal Dauphins Mouscronnc	BEL 005113/68	2:32.09	+0.92	33.42	1:11.57	1:51.89	2:32.09
11. Jeroen Wilmer	Vichy Val D'Allier	FRA 2169839	2:38.51	+0.92	37.13	1:18.09	2:00.08	2:38.51
12. Wijnand Vergeest	De Rog	NED 196800949	2:40.34	+0.71	35.20	1:16.29	1:59.94	2:40.34
13. Marcel van Lochem	The Hague Swimming (SG)	NED 196500581	2:41.35	+0.81	34.52	1:14.58	1:58.26	2:41.35
14. Joop Weenink	WS Twente	NED 196801535	2:46.74	+0.89	38.53	1:20.78	2:04.02	2:46.74
15. Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED 196501027	2:50.94	+0.90	37.44	1:21.27	2:07.24	2:50.94
16. Peter Barendse	ZPC AMERSFOORT	NED 196901815	2:54.10	+0.93	38.96	1:23.33	2:08.41	2:54.10
17. Taco Eikelenboom	AZ&PC De Futen	NED 196900275	2:54.44	+0.80	38.16	1:23.07	2:09.74	2:54.44
18. Gertjan van der Vaart	ZVVS	NED 196801529	3:02.09	+0.62	38.32	1:24.81	2:12.65	3:02.09
NG Richard Hill	De Duinkickers	NED 196601651						

Masters 55+

1. Johan Remmits	ZPC Woerden	NED 196201159	2:15.38	+0.87	30.85	1:05.01	1:40.57	2:15.38
2. Wiljam Nijenhuis	De IJssel	NED 196400547	2:27.07	+0.77	32.96	1:10.26	1:49.48	2:27.07
3. Ronald Grove	Triton	NED 196100161	2:31.72	+0.76	34.18	1:13.78	1:53.83	2:31.72
4. Paul Wijnja	De Biesboschzweimmers	NED 196301403	2:32.15	+0.80	33.41	1:12.76	1:52.79	2:32.15
5. Henk Kuipers	ZPC AMERSFOORT	NED 196201207	2:33.97	+0.57	35.21	1:14.18	1:54.83	2:33.97
6. Rob Penninks	PSV	NED 196000897	2:36.36	+0.75	35.73	1:15.60	1:56.50	2:36.36
7. Roy Le Clercq	De Rog	NED 196401041	2:45.23	+0.98	35.71	1:17.46	2:02.26	2:45.23
8. Michel Picavet	Royal Dauphins Mouscronnc	BEL 004713/62	3:13.91	+0.89	43.16	1:33.46	2:26.52	3:13.91

Masters 60+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	2:17.45	+0.78	32.27	1:07.21	1:42.80	2:17.45
2. Hugo Bregman	Feijenoord Albion Zwemclub	NED 195800069	2:18.44	+0.65	31.75	1:07.67	1:44.10	2:18.44
3. Wim de Lange	AZC	NED 195800533	2:39.07	+0.72	35.96	1:16.32	1:58.49	2:39.07
4. Peter Molecz	SC Diana	AUT 019219	2:41.73	+0.96	37.27	1:18.53	2:01.04	2:41.73
5. Henk Slomp	De Inktvis	NED 195500359	2:43.43	+0.85	36.18	1:17.64	2:01.12	2:43.43
6. Paul Bunnik	Triton	NED 195600413	2:43.66	+0.89	36.76	1:18.82	2:03.35	2:43.66
7. Peter Coffeng	WIDEX GZC DONK	NED 195700063	3:14.84	+0.83	40.04	1:28.14	2:21.39	3:14.84
8. André Pantekoek	PSV	NED 195800321	3:15.67	+1.04	41.25	1:33.08	2:26.78	3:15.67

Masters 65+

1. Fred Zanting	TriVia	NED 195400323	2:50.40	+0.96	38.20	1:21.74	2:07.22	2:50.40
2. Piet Schop	De Bevelanders	NED 195000109	3:00.36	+0.65	38.19	1:23.78	2:13.60	3:00.36
3. Pieter Husslage	Old Dutch	NED 195300091	3:12.32	+1.12	44.39	1:33.22	2:23.82	3:12.32

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Masters 70+

1. Wout Hemmes	De Plons	NED 194800059	2:54.88	+0.98	38.92	1:23.59	2:10.38	2:54.88
2. Willem Putter	ZVVS	NED 194500135	3:06.14	+1.06	41.08	1:29.45	2:20.15	3:06.14
3. Peter Ouweneel	Rotterdam Swimming (SG)	NED 194500077	4:52.29	+1.25	1:02.26	2:13.84	3:32.59	4:52.29

Masters 75+

1. Rob Hanou	PSV	NED 194300109	3:17.20	+1.10	43.08	1:34.65	2:28.72	3:17.20
2. Geza Kaltenecker	AZC	NED 194200065	3:28.39	+0.94	44.52	1:37.80	2:34.70	3:28.39

Masters 80+

1. F. De Bruijn	CN Aquamasters	ESP	3:17.33	+1.20	46.44	1:36.63	2:27.88	3:17.33
2. Nic Geers	Z&PC De Gouwe	NED 193800007	3:51.96	+1.05	55.66	1:58.29	3:00.82	3:51.96
3. Gregor Pompen	Aqua-Novio'94	NED 193700021	4:02.33	+1.16	55.41	1:56.00	2:59.03	4:02.33

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Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Tamara Grove	De Dolfijn	NED 199601266	2:08.88	+0.70	29.45	1:02.36	1:35.76	2:08.88
<i>Nederlands Masters Record</i>								
2. Anne Noom	Het Y	NED 199800062	2:13.80	+0.74	30.56	1:04.33	1:39.33	2:13.80
3. Linda Kamperman	Aquarijn	NED 199601238	2:16.79	+0.66	32.25	1:06.93	1:42.45	2:16.79
4. Brenda Zwarthoed	DAW	NED 199604938	2:17.47	+0.74	31.25	1:06.53	1:42.89	2:17.47
5. Myra Smulders	Zwemvereniging Hoogland	NED 199904308	2:17.67	+0.73	30.91	1:06.14	1:42.38	2:17.67
6. Hilde Dekker	ReVelie Swim Team	NED 199901926	2:17.95	+0.89	31.23	1:06.57	1:43.11	2:17.95
7. Jasmijn van Rossum	NDD	NED 199904254	2:18.08	+0.80	31.96	1:06.95	1:43.18	2:18.08
8. Manon Kloosterman	De Bevelanders	NED 199702082	2:21.14	+0.78	31.65	1:06.67	1:43.64	2:21.14
9. Naomi Klein	ZPC De Hof	NED 199902086	2:21.20	+0.82	32.14	1:07.83	1:44.97	2:21.20
10. Laura Hagreis	De Golfbreker	NED 199600548	2:21.40	+0.71	32.20	1:07.96	1:44.89	2:21.40
11. Marijke Drent	Nova	NED 199906232	2:21.79	+0.84	32.68	1:08.92	1:46.44	2:21.79
12. Denise Boonstra	DAW	NED 199902662	2:21.80	+0.78	32.03	1:08.68	1:45.85	2:21.80
13. Lotte Middelbos	SGGO (SG)	NED 199900680	2:23.63	+0.80	32.20	1:08.47	1:46.26	2:23.63
14. Julia Wortman	AZC	NED 199603666	2:23.71	+0.61	34.54	1:12.18	1:48.57	2:23.71
15. Vivianne Dortmund	De Golfbreker	NED 199801578	2:25.94	+0.79	32.86	1:09.86	1:48.41	2:25.94
16. Janine de Groot	Nova	NED 199500092	2:28.28	+0.71	33.43	1:10.64	1:49.59	2:28.28
17. Amber van de Kraats	VZC	NED 199900236	2:30.54	+0.81	33.76	1:11.40	1:50.49	2:30.54
18. Rianne van Rijssen	Noord Veluwe	NED 199702360	2:31.03	+0.74	33.05	1:11.46	1:51.38	2:31.03
19. Céline Verhoef	De Duck	NED 199604476	2:34.06	+0.75	33.66	1:10.82	1:50.65	2:34.06
20. Selina Janssen	SWNZ (SG)	NED 199905974	2:34.60	+0.79	34.42	1:13.34	1:54.18	2:34.60
21. Judith Kleinjan	De Duck	NED 199802710	2:35.50	+0.64	36.00	1:17.02	1:56.94	2:35.50
22. Lenneke Bagijn	De Duck	NED 199604992	2:37.38	+0.80	34.43	1:12.62	1:54.85	2:37.38
23. Sanne de Roo	ZZ&PC De Devel	NED 199501934	2:46.89	+0.95	38.50	1:20.30	2:03.44	2:46.89
24. Nienke Fuite	Deltasteur	NED 199501352	2:51.93	+0.92	37.84	1:20.47	2:06.32	2:51.93
25. Nadine Scheeve	Zwemlust-den Hommel	NED 199700684	2:54.26	+0.73	38.39	1:22.46	2:09.06	2:54.26
26. Cynthia van Veen	ZPC Woerden	NED 199606736	2:56.95	+0.82	38.18	1:24.29	2:11.80	2:56.95
27. Maranka Huitema	Steenwijk 1934	NED 199500302	3:08.08	+0.83	41.25	1:28.42	2:18.20	3:08.08
28. Myrna Kleefstra	Zuiderzeezwemmers	NED 199503496	3:11.59	+0.86	41.74	1:30.44	2:21.64	3:11.59
NG RICHENNE ZEEBREGTS	Nueneu	NED 199801818						

Programmanr. 27, Dames, 200m vrije slag

Masters 25+

1. Maaike Vooren	DAW	NED 199103324	2:16.48	+0.77	31.56	1:06.37	1:42.28	2:16.48
2. Danique Stoop	Zuiderzeewemmers	NED 199106956	2:17.16	+0.67	30.97	1:05.69	1:42.01	2:17.16
3. Lotte Coenen	The Hague Swimming (SG)	NED 199301518	2:17.74	+0.83	31.25	1:05.92	1:41.81	2:17.74
4. Catherine Demont	Otter SC	GBR 26452	2:23.44	+0.64	32.85	1:09.05	1:46.38	2:23.44
5. Nanda de Vries	Steenwijk 1934	NED 199204328	2:23.45	+0.78	32.22	1:09.32	1:46.96	2:23.45
6. Wendy de Bruin	ZOB'66	NED 199206320	2:24.02	+0.63	32.39	1:08.19	1:46.32	2:24.02
7. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	2:24.05	+0.69	32.36	1:08.35	1:46.37	2:24.05
8. Jolanda Post	DIO	NED 199004848	2:25.62	+0.75	32.87	1:09.78	1:48.13	2:25.62
9. Nikki Hoogeboom	De IJssel	NED 199301196	2:26.43	+0.86	32.80	1:09.52	1:47.99	2:26.43
10. Isabelle Massar	WVZ	NED 199102034	2:28.86	+0.72	33.08	1:10.46	1:49.44	2:28.86
11. Danica Koedoot	SGGO (SG)	NED 199301034	2:29.98	+0.80	32.75	1:10.33	1:50.27	2:29.98
12. Mandy Verbakel	ZPC Woerden	NED 199003908	2:33.11	+0.87	34.54	1:13.51	1:53.51	2:33.11
13. Thaisa Rougoor-Fiering	Livo	NED 199100940	2:34.03	+0.54	34.13	1:12.78	1:53.84	2:34.03
14. Cindy Franken-Hendriks	ESCA Zwemmen	NED 199207672	2:34.14	+0.64	33.54	1:12.07	1:53.07	2:34.14
15. Joke Smits-Velthuijs	PSV	NED 199008342	2:35.90	+0.83	36.77	1:17.39	1:58.82	2:35.90
16. Jacqueline van den Beukel	Feijenoord Albion Zwemclub	NED 199100238	2:36.76	+0.76	34.53	1:14.18	1:56.30	2:36.76
17. Joanne Groeneveldt	AZ&PC De Futen	NED 199105998	2:37.50	+0.81	35.12	1:15.52	1:57.30	2:37.50
18. Ilse Blankvoort	Steenwijk 1934	NED 199204458	2:40.20	+0.91	35.86	1:15.95	1:58.24	2:40.20
19. Daphne Kievit	AZ&PC De Futen	NED 199207058	2:40.64	+0.88	34.94	1:14.86	1:57.14	2:40.64
20. Naomi Stacia	De Golfbreker	NED 199201668	2:40.65	+0.74	35.80	1:16.60	1:59.39	2:40.65
21. Sandra Vermeulen	De Duck	NED 199303522	2:40.75	+0.73	36.29	1:17.12	1:59.44	2:40.75
22. Leontine Groeneveldt	De Duck	NED 199303526	2:41.30	+0.92	34.77	1:15.96	1:59.05	2:41.30
23. Kimberley van Buren	De Duck	NED 199304136	2:42.00	+0.88	36.81	1:17.60	2:00.13	2:42.00
24. Charine de Ruiter	Steenwijk 1934	NED 199403668	2:43.67	+0.89	36.33	1:17.47	2:00.63	2:43.67
25. Linda Dehing	GoSwim	NED 199400022	2:47.50		36.63	1:18.51	2:03.24	2:47.50
26. Janneke Wynia	WS Twente	NED 199005500	2:56.65	+0.92	40.66	1:24.59	2:10.76	2:56.65
27. Esmee Hoogeboom	De IJssel	NED 199407534	2:57.24	+0.77	38.96	1:23.41	2:09.98	2:57.24
28. Claudia Creemers	RZ	NED 199202864	3:13.68	+0.83	42.76	1:31.53	2:22.92	3:13.68
29. Anouk Bloem	TRB-RES	NED 199000320	3:32.21	+0.99	46.84	1:40.78	2:36.65	3:32.21

Masters 30+

1. Viktória Felföldi	Megathlon SE	HUN	2:18.10	+0.74	32.06	1:06.75	1:42.51	2:18.10
2. Lisanne Andeweg	Zuiderzeewemmers	NED 198800092	2:21.07	+0.80	32.71	1:08.54	1:45.18	2:21.07
3. Kiona Peters	ESCA Zwemmen	NED 198903272	2:28.94	+0.82	33.06	1:10.42	1:49.39	2:28.94
4. Rianne Hofland	Sassenheim	NED 198801820	2:31.64	+0.77	34.46	1:13.29	1:53.05	2:31.64
5. Josine van Dorsseleer	Zwemclub Koewacht	NED 198801040	2:32.68		32.74	1:10.23	1:50.96	2:32.68
6. Suzan Blankestijn	ZVL-1886	NED 198900350	2:35.22	+0.79	35.32	1:14.47	1:55.52	2:35.22
7. Sandra Zwaanswijk	DAW	NED 198503934	2:37.97	+0.65	34.63	1:14.46	1:55.59	2:37.97
8. Isaline Manchel	CNSW	BEL 001284/85	2:44.60	+0.80	38.03	1:19.76	2:03.06	2:44.60
9. Sandra Schellekens	SWNZ (SG)	NED 198503416	2:44.93	+0.84	36.53	1:18.57	2:02.74	2:44.93
10. Joan Fontaine	Zwemclub Koewacht	NED 198805148	2:47.89	+0.78	37.28	1:19.19	2:04.26	2:47.89
11. Dorien Vasseur	Scheldestroom	NED 198704164	3:01.11	+1.00	40.02	1:25.42	2:12.41	3:01.11
12. Sanne Smouter	Zwemvereniging Hoogland	NED 198907540	3:02.45	+1.24	41.69	1:28.25	2:17.57	3:02.45

Masters 35+

1. Ann Wanter	Zwemclub Geel	BEL 21082/82	2:18.75	+0.79	32.51	1:07.92	1:43.57	2:18.75
2. Ramona Linting	LinK	NED 198301274	2:31.76	+0.77	34.34	1:12.46	1:52.44	2:31.76
3. Esther Versteeg	ZZ&PC De Devel	NED 198302112	2:36.78	+0.89	35.72	1:16.07	1:56.39	2:36.78
4. Renee de Kok	PSV	NED 198403350	2:42.59	+0.75	36.70	1:18.89	2:02.79	2:42.59
5. Linda Hoogendam	WVZ	NED 198300892	2:49.99	+0.78	38.45	1:22.50	2:07.23	2:49.99
6. Nienke Nieuwenhuis	SWOL 1894	NED 198101850	2:51.19	+0.60	37.18	1:20.03	2:05.71	2:51.19
7. Marloes Rebel	WS Twente	NED 198403474	3:04.34	+1.09	42.86	1:30.90	2:19.80	3:04.34
8. Fabienne Jeukens	MZ&PC	NED 198401156	3:05.90	+0.81	39.41	1:27.18	2:17.27	3:05.90
9. Rianne van Vegchelen	ZV 44	NED 198101530	3:26.90	+1.13	45.11	1:35.97	2:30.25	3:26.90

Programmanr. 27, Dames, 200m vrije slag

Masters 40+

1. Annett von Rekowski	SG Bayer	GER 97868	2:21.30	+0.73	33.09	1:09.12	1:45.74	2:21.30
2. Liselotte Joling	PSV	NED 197500268	2:27.97	+0.86	34.82	1:13.71	1:51.38	2:27.97
3. K. de Reus-Trompetter	DZ&PC	NED 197600520	2:29.64	+0.91	33.80	1:11.75	1:51.45	2:29.64
4. Petra Guijt	Aqua-Novio'94	NED 197600978	2:33.89	+0.85	34.92	1:13.70	1:54.40	2:33.89
5. Chantal Verhoeff	Old Dutch	NED 197900912	2:35.82	+0.88	34.19	1:12.97	1:54.99	2:35.82
6. Heleen Spelde Fransens	THOR	NED 197901358	2:40.15	+0.62	35.34	1:15.83	1:58.14	2:40.15
7. Esther Vergeest	De Rog	NED 197700012	2:45.93	+0.76	36.77	1:18.33	2:02.07	2:45.93
8. Saskia op den Velde	De Duinkickers	NED 197901530	3:12.14	+0.87	39.42	1:26.03	2:19.74	3:12.14
9. C. van Bruxvoort	ZPB H&L Productions	NED 197700138	3:17.52	+0.84	43.24	1:33.35	2:26.36	3:17.52
10. Sandra Van der Helm	De Rog	NED 197801340	3:17.97	+0.80	43.64	1:32.38	2:24.37	3:17.97

Masters 45+

1. Yvette Ratering	De Ward	NED 197200990	2:27.86	+0.79	33.38	1:10.99	1:49.72	2:27.86
2. Annette de Visser	Oceanus	NED 197100602	2:29.31	+0.83	33.80	1:11.38	1:50.42	2:29.31
3. Ilona Hogerheyde	DAW	NED 197400224	2:31.22	+0.61	33.26	1:10.94	1:51.11	2:31.22
4. Jeanne Petit	PSV	NED 197001020	2:31.83	+0.56	35.01	1:13.36	1:52.61	2:31.83
5. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:31.85	+0.92	34.45	1:12.87	1:52.62	2:31.85
6. Karin Sagonas-Koolen	VZV Njord	NED 197000964	2:56.94	+0.84	38.31	1:22.56	2:09.94	2:56.94
7. Natacha Van Hoof	Shark	BEL 20260/73	3:00.13	+0.94	40.13	1:26.22	2:13.90	3:00.13
8. Annet Kootstra	SWOL 1894	NED 197100344	3:02.21	+0.69	42.45	1:28.71	2:16.28	3:02.21
9. Evelien Breman-Alers	Nautilus	NED 197200878	3:07.59	+0.86	41.79	1:28.66	2:18.05	3:07.59
10. H. Driesen-Joanknecht	Aqua-Novio'94	NED 197101056	3:22.16	+1.01	42.54	1:32.53	2:28.07	3:22.16

Masters 50+

1. Claudia Thielemann	SG Bayer	GER 333958	2:22.87	+0.65	33.15	1:09.22	1:46.27	2:22.87
2. Heidi den Boer	Link	NED 196900864	2:26.83	+0.81	33.00	1:09.80	1:48.36	2:26.83
3. Marijke Campfens	De Geul	NED 196900960	2:42.26	+0.66	36.79	1:17.19	1:59.83	2:42.26
4. Jacqueline Tuin	DAW	NED 196600690	2:45.15	+0.79	37.04	1:18.55	2:03.13	2:45.15
5. Lucy Dubus	Royal Dauphins Mouscronnc	BEL 003221/69	2:57.06	+0.84	39.61	1:24.46	2:11.97	2:57.06
Françoise Duran	De Biesboschzweimmers	NED 196900222	2:57.06	+0.89	39.33	1:23.31	2:09.75	2:57.06
7. Ina van der Molen	WS Twente	NED 196900938	2:57.43	+0.72	39.34	1:25.12	2:12.06	2:57.43
8. Anita Steijger	WVZ	NED 196500628	2:58.75	+1.07	42.39	1:28.26	2:14.73	2:58.75
9. Patricia de Jong	HHZV PLONS	NED 196600728	2:59.03	+0.93	39.92	1:25.39	2:12.73	2:59.03
10. Linda Goderie	Rotterdam Swimming (SG)	NED 196900976	3:01.68	+0.76	41.48	1:27.58	2:15.46	3:01.68
11. Kristien Van de Moortel	Shark	BEL 20315/69	3:05.42	+0.86	40.68	1:28.20	2:17.66	3:05.42
12. Sabine Delaere	Royal Dauphins Mouscronnc	BEL 000375/69	3:07.12	+1.07	41.02	1:29.00	2:18.21	3:07.12
13. Hettie Schakel	DWK	NED 196900974	3:07.24	+0.88	42.14	1:30.01	2:19.48	3:07.24
14. Sandra Daamen-Posma	AZC	NED 196800854	3:07.96	+0.95	41.17	1:29.62	2:19.38	3:07.96
15. Sylvia Buisman	WVZ	NED 196600756	3:09.44	+0.77	42.66	1:30.66	2:20.87	3:09.44
16. Caroline Kruger	Feijenoord Albion Zwemclub	NED 196800928	3:09.46	+0.85	41.70	1:29.77	2:19.05	3:09.46
17. Annette van Dok	MSV-Zeemacht	NED 196800742	3:11.13	+0.90	43.09	1:31.64	2:22.90	3:11.13
18. Cora Smulders	ESCA Zwemmen	NED 196600668	3:31.38	+0.68	46.55	1:41.06	2:37.52	3:31.38
19. Ann Vandenbrouck	Royal Ostend Swimming Club	BEL 20321/65	3:46.62	+1.09	49.53	1:48.43	2:48.87	3:46.62

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED 196300518	2:32.59	+0.70	34.87	1:13.55	1:53.23	2:32.59
2. Katrin Pennings	PSV	NED 196400570	2:35.69	+0.79	35.33	1:14.84	1:55.81	2:35.69
3. Wilna Heijman	Steenwijk 1934	NED 196400506	2:43.38	+0.90	38.28	1:19.58	2:01.73	2:43.38
4. M. Post-Goedemoed	De Otters Het Gooi	NED 196400632	2:51.30	+0.78	39.34	1:23.44	2:07.84	2:51.30
5. Marlien Wijnhof	ZPC AMERSFOORT	NED 196100300	2:51.60	+0.68	41.47	1:25.84	2:09.71	2:51.60
6. Petra Tossings	DAW	NED 196100376	2:53.15	+0.87	39.26	1:23.52	2:09.11	2:53.15
7. M. Grove-Lingeman	Triton	NED 196200080	2:55.03	+0.70	38.89	1:23.14	2:09.21	2:55.03
8. Carla Devriese	Royal Ostend Swimming Club	BEL 20315/61	2:56.39	+0.87	39.96	1:24.98	2:11.77	2:56.39
9. Marion Kolkman-Pluim	ESCA Zwemmen	NED 196000330	3:15.22	+0.97	47.02	1:36.82	2:27.89	3:15.22
10. Erica Muller	De Geul	NED 196400412	3:16.95	+0.73	43.76	1:33.33	2:25.23	3:16.95
11. M. Vandormael	GZ Neptunus	BEL 21035/63	3:17.27	+0.68	44.07	1:34.63	2:28.35	3:17.27
12. Jenny Westervaarder	H2Oldambt	NED 196200424	3:20.43	+0.81	44.21	1:33.15	2:25.35	3:20.43
13. Riekje Schra	Steenwijk 1934	NED 196400404	4:56.74	+1.29	1:05.19	2:20.90	3:38.94	4:56.74

Programmanr. 27, Dames, 200m vrije slag

Masters 60+

1. Esther van Lohuizen	PSV	NED 195900300	2:37.82	+0.79	36.10	1:16.50	1:59.10	2:37.82
2. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED 195600048	2:38.21	+0.75	36.05	1:16.23	1:57.50	2:38.21
3. Margriet Pasma	De Inktvis	NED 195500088	3:07.34	+0.94	43.17	1:31.55	2:20.26	3:07.34
4. Claire Anthony	CNSW	BEL 001353/57	3:14.67	+0.73	42.37	1:34.06	2:27.18	3:14.67
5. Lies Hartman	PSV	NED 195600116	4:54.76	+1.19	1:00.92	2:14.35	3:34.56	4:54.76

Masters 65+

1. Carla Hensen	PSV	NED 195300062	3:15.52		43.61	1:34.21	2:26.26	3:15.52
2. Ineke Meijer	HZ&PC Heerenveen	NED 195200034	3:36.50	+0.85	49.30	1:46.03	2:43.82	3:36.50
3. F. Gourmet Blondeel	CNSW	BEL 004901/52	3:44.54		50.85	1:48.73	2:47.98	3:44.54
4. Ineke Brouwers	PSV	NED 195200070	4:09.56	+1.05	54.84	1:59.66	3:07.04	4:09.56
5. Geerdien Meerwaldt	De Geul	NED 195200058	4:25.64		57.46	2:04.73	3:14.13	4:25.64
6. Janny van der Weide	Deltasteur	NED 195100066	4:41.26		1:03.23	2:14.31	3:28.26	4:41.26

Masters 70+

1. Corrie Verhoeven	PSV	NED 194600026	3:11.66	+0.94	43.27	1:32.64	2:24.75	3:11.66
2. Annie Smits	PSV	NED 194600016	3:50.80		54.61	1:54.96	2:54.04	3:50.80

Masters 80+

1. Marie Smits	Old Dutch	NED 193800004	4:30.03	+1.24	59.56	2:10.31	3:22.34	4:30.03
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Programmanr. 28
04-05-2019 - 16:46

4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	tijd	RT	PARA
80+, Dames				
1.	ZPC De Hof 1	2:15.22	+0.81	
	Naomi Klein	99	+0.81	33.91
	Kimberley Kranenberg	94		39.48
				Linde Haverkate
				Lianne Roescher
				99
				30.94
				30.89
2.	ZPC Woerden 2	2:18.76	+0.80	
	Cynthia van Veen	96	+0.80	39.36
	Ilse van den Wijngaard	89		38.80
				Femke Remmits
				Lieke Remmits
				96
				30.46
				30.14
3.	De Duck 1	2:25.05	+0.69	
	Lenneke Bagijn	96	+0.69	37.70
	Leontine Groeneveldt	93	+0.30	40.62
				Céline Verhoef
				Judith Kleinjan
				96
				+0.50
				35.55
				98
				+0.39
				31.18
80+, Heren				
1.	Octopus 1	1:52.80	+0.88	
	Jarco van Ommen	98	+0.88	30.58
	Roald Blok	93	+0.37	31.36
				Emile Manni
				Casper Muselaers
				96
				+0.36
				24.02
2.	ZPC AMERSFOORT 2	2:00.37	+0.64	
	Stijn van Aken	99	+0.64	30.26
	Wouter van 't Klooster	88	+0.45	35.44
				Jelle Blankestijn
				Martijn Bartels
				98
				+0.52
				28.53
				96
				+0.21
				26.14

Programmanr. 28, 4 x 50m wisselslag

80+, Gemengd

1. De Golfbreker 1	De Golfbreker	NED	1:58.19	+0.78
Tialda Prins	98 +0.78	Caroline Damen	97 +0.36	29.27
Stefan Petersen	94 +0.27	Edwin Jager	99 +0.14	25.65
2. Nova 1	Nova	NED	2:04.29	+0.63
Janine de Groot	95 +0.63	Karin Groen	95	29.85
Dennis Wildeboer	98	Stefan Kwant	92	25.43
3. De Golfbreker 2	De Golfbreker	NED	2:07.93	+0.61
Vincent Visser	97 +0.61	Vivianne Dortmond	98	31.46
Naomi Stacia	92	Rinus Poort	92	28.29
4. Noord Veluwe 1	Noord Veluwe	NED	2:08.33	+0.84
Rianne van Rijssen	97 +0.84	Stephanie van Diepen	95	34.35
Erik Verholt	88	Frank Versprille	99	27.17
5. SGGO (SG) 1	SGGO (SG)	NED	2:09.75	+0.67
Danica Koedoot	93 +0.67	David Kievit	99	28.42
Lotte Middelbos	99	Niels Albrechts	88	27.69
6. Feijenoord Albion Zwemclub 5	Feijenoord Albion Zwemclub	NED	2:13.81	+0.81
Jacoline van den Beukel	91 +0.81	Armand Heyder	96	28.94
Patrick Wyrdeeman	97	Anouk van der Lans	98	32.33

100+, Dames

1. Zuiderzeezwemmers 1	Zuiderzeezwemmers	NED	2:11.60	+0.79
Lisanne Andeweg	88 +0.79	Daniëke Stoop	91	28.13
Leonie Nijenhuis	92	Dagmar Kruik	98	28.01
2. NDD 1	NDD	NED	2:16.27	+0.69
Olga Volman-Maiorova	85 +0.69	Jasmijn van Rossum	99 +0.28	31.38
Tieske Konings	91 +0.41	Eva Engelen	94 +0.16	31.41
3. Montferland 1	Montferland	NED	2:19.82	+0.66
Hanneke Heymen	84 +0.66	Marrit Esman	96	33.90
Esther van Maastricht	88	Kelly Bockting	91	31.97
4. Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED	2:21.17	+0.67
Marjon Pol	91 +0.67	Joanne van Essen	93 +0.31	31.54
Liesbeth van Mill	87 +0.72	Nadine Scheeve	97 +0.63	33.41
5. Livo 1	Livo	NED	2:28.32	+0.70
Eline Vorhof	89 +0.70	Kirsten Remerie	88	35.83
Thaisa Rougoor-Fiering	91	Ceress Visser-Fiering	89	33.94
6. AZ&PC De Futen 1	AZ&PC De Futen	NED	2:32.41	+0.71
Nella Diepeveen	98 +0.71	Daphne Kievit	92 +0.71	35.07
Eline Vermue	92 +0.60	Joanne Groeneveldt	91 +0.37	32.75
DIS ESCA Zwemmen 1	ESCA Zwemmen	NED		+0.69
<i>EA - Te vroeg overgenomen., 4de zwemmer</i>				
Moniek van Langevelde	98 +0.69	Cheyenne Verburgt	99	32.98
Ilija Janssen	81	Kiona Peters	89	

100+, Heren

1. Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED	1:50.00	+0.61
<i>Nederlands Masters Record, Startzwemmer NMR</i>				
Ensger Kotterink	94 +0.61	Jordi van der Weel	96 +0.30	27.68
Romero Hennep	93 +0.40	Nol van Thull	80 +0.52	25.15
2. VZC 1	VZC	NED	1:58.30	+0.73
Olaf Achterberg	90 +0.73	Jeroen Burggraaf	90 +0.61	29.75
Jelle Nap	95 +0.50	Joeri Scheidt	91 +0.63	26.16
3. ZOB'66 1	ZOB'66	NED	2:00.90	+0.76
Jeffrey Eigenraam	95 +0.76	Daan Siebenheller	98	26.90
Tristan Stam	99	Ferry Blangé	83	28.05
4. Triton 1	Triton	NED	2:02.41	+0.79
Remco Joukes	88 +0.79	Lars van der Zee	97 +0.39	26.49
Tim Bunnik	90 +0.33	Pascal van Kassel	85 +0.49	27.10

Programmanr. 28, 4 x 50m wisselslag

100+, Gemengd

1. Zwemvereniging Hoogland 3	Zwemvereniging Hoogland	NED	2:00.81	+0.55
Anne-Irene Ducheine	95 +0.55 33.47	Bas Dries	95 +0.47 27.13	
Yuri van Omme	85 +0.14 32.05	Myra Smulders	99 +0.30 28.16	
2. ZPV Barracuda 1	ZPV Barracuda	NED	2:03.36	+0.83
Denise Boereboom	92 +0.83 33.32	Emiel van Beusekom	94 +0.30 27.83	
Melissa van der Heijden	96 +0.20 35.85	Pascal van Haren	87 +0.40 26.36	
3. WVZ 4	WVZ	NED	2:08.14	+0.66
Mabel Suij	93 +0.66 32.63	Nordin Termoshuizen	96 29.75	
Vincent Lapouge	88 34.93	Sabine Koudijs	95 30.83	
4. MSV-Zeemacht 1	MSV-Zeemacht	NED	2:09.27	+0.73
Suzanne Mosch	94 +0.73 34.04	Jordi de Nijs	98 +0.43 30.70	
Gerben Rozie	90 +0.36 35.61	Tessa Mosch	91 +0.17 28.92	
5. ZOB'66 2	ZOB'66	NED	2:17.22	+0.67
Harmen Reemst	87 +0.67 36.28	Rebecca Evers	92 32.00	
Thirza Belder	98 41.13	Ian van Mullem	96 27.81	
6. De Wellerobben 1	De Wellerobben	NED	2:27.01	+0.86
Pascal de Jong	97 +0.86 38.17	Karin van Dijk	86 +0.40 35.44	
Daphne de Jong	93 +0.18 40.29	Ingmar de Jong	88 +0.40 33.11	

120+, Dames

1. WVZ 1	WVZ	NED	2:17.43	+0.77
Lisette Prins	88 +0.77 39.90	Delia Badoux	80 30.72	
Manon van Strien	94 37.41	Isabelle Massar	91 29.40	
2. PSV 3	PSV	NED	2:22.72	+0.89
Nienke van Stipriaan	87 +0.89 38.35	Elles van Leeuwen	86 +0.69 33.20	
Renee de Kok	84 +0.44 40.40	Joke Smits-Velthuis	90 +0.57 30.77	
3. De Duck 2	De Duck	NED	2:29.28	+0.81
Geraldine Trainor	75 +0.81 38.49	Sandra Vermeulen	93 +0.22 36.63	
Rachel Trainor	77 +0.44 41.68	Kimberley van Buren	93 +0.34 32.48	
4. AZC 1	AZC	NED	2:30.14	+0.81
Katrina Boutwell	72 +0.81 46.59	Julia Wortman	96 +0.24 31.82	
Mariska Zaal	88 +0.28 42.16	Monique Remst	87 +0.36 29.57	
5. Zwemclub Koewacht 1	Zwemclub Koewacht	NED	2:31.28	+0.79
Joan Fontaine	88 +0.79 42.00	Josine van Dorsselaer	88 33.30	
Jessica Klaassen	79 42.79	Ingeborg Speelman Hamelink	76 33.19	
6. Deltasteur 1	Deltasteur	NED	2:37.61	+0.78
Gea van der Schaaaf	79 +0.78 38.39	Nienke Fuite	95 +0.34 37.99	
Fabiola Bosman	77 +0.50 44.40	Eline Vossebelt	92 +0.47 36.83	
7. Sassenheim 1	Sassenheim	NED	2:39.55	+0.78
Maaikje Hofland	92 +0.78 40.73	Evelien Meeuwissen	75 +0.61 39.31	
Sanne Kruijer	95 +0.32 47.23	Marianne de Bruin	84 +0.49 32.28	
8. Steenwijk 1934 1	Steenwijk 1934	NED	3:03.16	+0.76
Getrude Corporaal	92 +0.76 38.40	Ilse Blankvoort	92 39.53	
Riekie Schra	64 1:04.54	Maranka Huitema	95 40.69	

120+, Heren

1. Rotterdam Swimming (SG) 1	Rotterdam Swimming (SG)	NED	1:57.77	+0.67
Martijn Dolk	89 +0.67 30.38	Jim Geestman	83 +0.72 29.52	
Tim van den Berg	85 +0.16 32.14	Sam Beer	96 +0.35 25.73	
2. WVZ 3	WVZ	NED	2:00.63	+0.69
Ivo Roozeboom	77 +0.69 32.00	Markus van Rest	77 +0.30 29.43	
Simon van Ravesteijn	80 +0.31 32.36	Jordy van Oel	98 +0.39 26.84	
3. De Amstel 1	De Amstel	NED	2:01.56	+0.68
Jeffrey van 't Schip	91 +0.68 31.72	Nick Sijmons	95 +0.15 27.20	
Vince Sijmons	98 +0.48 33.52	Henri Michels	65 +0.31 29.12	
4. DAW 2	DAW	NED	2:01.94	+0.82
Alex Damen	75 +0.82 33.17	Pieter van Gemeren	69 +0.21 29.83	
Paul Oudendijk	81 +0.39 35.04	Felix Geenen	95 +0.12 23.90	

Programmanr. 28, Heren, 4 x 50m wisselslag, 120+

rang	vereniging	tijd	RT	PARA
5.	DIO 2	2:02.55	+0.79	
	Jan van Opstal 86 +0.79 32.30	86 +0.53 26.74		
	Martino Valentijn 94 +0.34 32.21	84 +0.43 31.30		
6.	ZPC Woerden 3	2:03.21	+0.71	
	Cyriel Muthert 98 +0.71 33.11	98 27.60		
	Thommy Nickel 84 34.68	62 27.82		
7.	ZVL-1886 1	2:05.36	+0.67	
	Robin van Beek 97 +0.67 30.26	79 +0.45 32.94		
	Kristiaan Lenos 83 +0.44 33.60	65 +0.34 28.56		
8.	ESCA Zwemmen 3	2:07.02	+0.70	
	Arjen Koop 79 +0.70 37.57	94 +0.50 28.90		
	Sander de Vrugt 89 +0.02 31.81	67 +0.21 28.74		
9.	PSV 6	2:14.44	+0.77	
	Sander van Elburg 88 +0.77 34.12	87 31.98		
	Tom Bandsma 77 39.12	79 29.22		
10.	Deltasteur 2	2:14.55	+0.66	
	Sander de Velde 83 +0.66 39.80	89 31.12		
	Tom de Lange 93 33.67	72 29.96		
11.	De Duinkickers 3	2:34.25	+0.65	
	Ruben de Boer 93 +0.65 36.01	91 36.03		
	Robin Roskam 78 39.69	84 42.52		
AFGEM	WS Twente 2	NED		
AFGEM	SWOL 1894 2	NED		

120+, Gemengd

1.	ZPC AMERSFOORT 4	1:57.54	+0.68	
	<i>Nederlands Masters Record</i>			
	Martijn Giezen 85 +0.68 29.86	78 +0.06 27.11		
	Larissa Brak 88 +0.35 32.94	85 +0.09 27.63		
2.	The Hague Swimming (SG) 1	2:05.13	+0.65	
	Ivo van Dijk 97 +0.65 29.30	65 33.66		
	Ilse Rijnja 98 33.80	93 28.37		
3.	Feijenoord Albion Zwemclub 4	2:06.39	+0.74	
	Roos van Esch 82 +0.74 35.37	58 +0.31 28.14		
	Fenna de Groot 97 +0.22 36.96	86 +0.33 25.92		
4.	GoSwim 1	2:07.92	+0.74	
	Saskia de Klerk 90 +0.74 32.24	87 32.24		
	Victor Barnar 78 31.58	94 31.86		
5.	LinK 1	2:19.48	+0.83	
	Naomi van Gool 95 +0.83 38.23	83 34.32		
	Alex Schelvis 87 36.53	89 30.40		
6.	RZ 1	2:20.13	+0.60	
	Gino Martijn 79 +0.60 35.69	95 +0.36 33.18		
	Patrick Creemers 90 +0.42 33.90	92 +0.52 37.36		
7.	SGGO (SG) 2	2:20.26	+0.81	
	Marjon van Kempen 80 +0.81 35.42	90 +0.59 36.31		
	Frank v.d. Voorde 83 +0.50 38.26	65 +0.44 30.27		
DIS	Zwemvereniging Hoogland 4	NED	+0.88	
	<i>EA - Te vroeg overgenomen., 2de zwemmer</i>			
	Sanne Smouter 89 +0.88 43.05	65 36.03		
	Karlo Kok 91 39.69	89 42.52		

Programmanr. 28, 4 x 50m wisselslag

160+, Dames

1.	ZPC Woerden 1	ZPC Woerden	NED	2:21.49	+0.99
	Sabine Lina	89 +0.99	35.17	Marjan Remmits	63 33.57
	Danielle van Veen	69	42.44	Mandy Verbakel	90 30.31
2.	CNSW 1	CNSW	BEL	2:24.86	+0.73
	Chiho Shoji	70 +0.73	37.84	Kathy Van Lindt	71 34.90
	Nathalie Blondeel	77	39.77	Valerie Rolland	71 32.35
3.	DAW 1	DAW	NED	2:26.30	+0.81
	Petra Tossings	61 +0.81	44.09	Ilona Hogerheyde	74 33.66
	Jacqueline Tuin	66	39.41	Sandra Zwaanswijk	85 29.14
4.	Montferland 2	Montferland	NED	2:36.50	+0.76
	Wilma Lammers-Wigman	64 +0.76	42.44	Wilma van Velsen	64 +0.27 35.03
	Irma de Winter	67 +0.15	46.09	Angela Giezen	83 +0.84 32.94
5.	WVZ 2	WVZ	NED	2:38.92	+0.77
	Petra Verstegen	77 +0.77	40.65	Linda Hoogendam	83 +0.59 39.21
	Yvonne Gerritsen	80 +0.57	40.34	Sylvia Buisman	66 +0.39 38.72
6.	WIDEX GZC DONK 1 <i>Startzwemster NMR</i>	WIDEX GZC DONK	NED	2:42.41	+0.80
	Feikje Wittermans	64 +0.80	38.09	Xandra Otter	90 +0.77 48.99
	Miranda Boer	76 +0.59	41.86	Jessica Venema	79 +0.55 33.47
AFGEM	De Rog 1	De Rog	NED		

160+, Heren

1.	Feijenoord Albion Zwemclub 3	Feijenoord Albion Zwemclub	NED	2:07.86	+0.77
	Mark Nuijten	60 +0.77	35.92	Pieter Broek	77 +0.34 29.37
	Pascal Nuijten	97 +0.23	32.38	Fred Dijkshoorn	65 +0.59 30.19
2.	AZC 2	AZC	NED	2:09.07	+0.71
	Mark van der Schrier	78 +0.71	33.71	Michael Go	75 31.51
	Bart Amsing	82	37.83	Joeri Stoffels	73 26.02
3.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED	2:09.16	+0.83
	Paul Hardeman	73 +0.83	33.88	Jeroen Zelsmann	77 +0.19 27.99
	Rob van Vliet	84 +0.41	35.33	Peter Barendse	69 +0.69 31.96
4.	Zwemvereniging Hoogland 2	Zwemvereniging Hoogland	NED	2:11.16	+0.92
	Rudolf Meijer	60 +0.92	37.34	Eric Kalee	90 29.52
	Paul de Boer	68	37.70	Rutger Stam	81 26.60
5.	De Duck 3	De Duck	NED	2:14.21	+0.70
	Nico van Maanen	61 +0.70	39.83	Gerjjan van der Knaap	73 32.08
	Jesper Oranje	92	32.90	Erik Saan	65 29.40
6.	De Duinkickers 2	De Duinkickers	NED	2:24.12	+0.79
	Robert de Brauwer	64 +0.79	37.17	Richard Hill	66 39.79
	Renzo Strang	98	36.11	Marcel Brittijn	69 31.05

160+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	2:03.61	+0.80
	Daniëlle de Boer	94 +0.80	33.93	Evelien van Klaarbergen	72 31.37
	Dennis Bos	92	29.98	Marten de Groot	58 28.33
2.	DWK 1	DWK	NED	2:27.64	+0.82
	Lars Jacobsen	97 +0.82	35.01	Iris van Aurich	69 +0.45 37.78
	Martijn de Jong	71 +0.35	39.04	Hettie Schakel	69 +0.56 35.81
3.	VZV Njord 1	VZV Njord	NED	2:30.41	+0.64
	Francis Roosen	68 +0.64	38.93	Femke Neeskens	78 38.85
	Thomas Pas	69 +0.64	39.96	Karin Sagonas-Koolen	70 +0.50 32.67
4.	Rotterdam Swimming (SG) 2	Rotterdam Swimming (SG)	NED	2:46.43	+0.70
	Ferdy van Mastriht	88 +0.70	34.12	Christa Stam	88 +0.43 32.86
	Linda Goderie	69 +0.53	48.26	Peter Ouweneel	45 +0.57 51.19

Programmanr. 28, 4 x 50m wisselslag

200+, Dames

1.	PSV 2	PSV		NED	2:24.32	+0.64	
	Gudule van der Meer	72	+0.64	34.93	68	+0.71	35.41
	Liselotte Joling	75	+0.66	41.51	59	+0.34	32.47
2.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub		NED	2:30.13	+0.75	
	Tineke Janssen	64	+0.75	38.69	75	+0.42	33.15
	Caroline Kruger	68	+0.50	46.40	63	+0.16	31.89
3.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		NED	2:30.59	+0.85	
	Henriëtte v. Norden	68	+0.85	38.76	70	+0.05	34.80
	Machteld Stiltink	66	+0.31	44.48	66	+0.28	32.55
4.	De Geul 1	De Geul		NED	3:00.29	+0.83	
	Roselinda van der Vlugt	67	+0.83	47.62	69		37.98
	Geerdien Meerwaldt	52		1:02.21	76		32.48
5.	ESCA Zwemmen 2	ESCA Zwemmen		NED	3:29.20	+0.84	
	Ria Peters-Veurman	58	+0.84	1:03.90	63		50.50
	Marion Kolkman-Pluim	60		50.97	66		43.83
DIS	De Duinkickers 1	De Duinkickers		NED		+0.82	
	<i>EA - Te vroeg overgenomen., 3de zwemmer</i>						
	Christine Buist	64	+0.82	44.53	78		
	Annet Verhoeven - Steggerda	46		54.44	79		

200+, Heren

1.	De Rog 2	De Rog		NED	2:16.44	+0.82	
	<i>* 50, 150m</i>						
	Erik Kamphuis	60	+0.82	34.89	63		29.09
	Roy Le Clercq	64		41.55	68		30.91
2.	CNSW 2	CNSW		BEL	2:28.37	+0.83	
	Ramon Alsina Munoz	69	+0.83	45.17	70	+0.30	33.45
	Christian Schoenaers	59	+0.75	42.34	60	+0.37	27.41

200+, Gemengd

1.	ZPC AMERSFOORT 5	ZPC AMERSFOORT		NED	2:07.81	+0.78	
	<i>Nederlands Masters Record</i>						
	Edwin v. Norden	63	+0.78	32.48	67		31.26
	Vincent Bakker	86		32.42	56		31.65
2.	De Biesboschzwemmers 1	De Biesboschzwemmers		NED	2:23.52	+0.72	
	Nico Swart	68	+0.72	35.11	63	+0.02	32.71
	Françoise Duran	69	+0.47	43.47	67	+0.29	32.23
3.	Triton 2	Triton		NED	2:24.46	+0.85	
	Caroline Schreuder	67	+0.85	39.57	62		37.30
	Paul Bunnik	56		37.86	61		29.73
4.	Steenwijk 1934 3	Steenwijk 1934		NED	2:30.11	+0.73	
	Leonie Scholten	79	+0.73	39.95	64		39.70
	Casper Dollekamp	63		41.84	68		28.62
5.	WVZ 5	WVZ		NED	2:35.09	+0.80	
	Arthur van Strien	63	+0.80	34.58	65	+0.32	42.71
	Yvette Kilian	66	+0.38	44.72	63	+0.99	33.08
6.	DWK 2	DWK		NED	2:36.83	+0.63	
	Greta Wyma-Teitsma	71	+0.63	47.79	69	+0.32	32.54
	Michel van Wingerden	67	+0.55	37.94	60	+0.43	38.56
7.	WS Twente 4	WS Twente		NED	2:38.36	+0.86	
	Antoinette Gilding-Tussaud	50	+0.86	50.34	60	+0.73	37.86
	Janneke Wynia	90	+0.48	43.88	74	+0.45	26.28
8.	Royal Dauphins Mouscronnois 1	Royal Dauphins Mouscronnois		BEL	2:47.72	+0.66	
	Lucy Dubus	69	+0.66	44.13	69	+0.83	46.55
	Michel Picavet	62	+0.49	47.26	68	+0.50	29.78
9.	WIDEX GZC DONK 2	WIDEX GZC DONK		NED	2:50.00	+0.70	
	Lia Bijkerk	60	+0.70	51.72	71		40.86
	Pierre de Groot	64		42.89	57		34.53

Programmanr. 28, 4 x 50m wisselslag

240+, Dames

1. PSV 5	PSV			NED	2:53.57	+0.80
Patty Krupiarz	54	+0.80	44.18	Patty Verhagen	59	40.79
Katrin Pennings	64		48.04	Carla Hensen	53	40.56

240+, Heren

1. WS Twente 3	WS Twente			NED	2:23.96	+0.66
Frans van Enst	40	+0.66	43.72	Hans Westerhof	62	+0.57 31.30
Joop Weenink	68	+0.83	39.54	Ronald Richardson	63	+0.39 29.40

240+, Gemengd

1. PSV 1	PSV			NED	2:17.82	+0.75
<i>Nederlands Masters Record</i>						
Brend Brevé	52	+0.75	35.90	Jeanne Petit	70	32.52
Harold Matla	68		32.83	Corrie Verhoeven	46	36.57
2. ZVVS 1	ZVVS			NED	2:39.99	+0.78
Ada de Voogd	59	+0.78	42.99	Bas van de Nouwelant	80	33.78
Willem Putter	45		49.23	Conny Boer-Buys	50	33.99
3. ZPC AMERSFOORT 6	ZPC AMERSFOORT			NED	2:50.18	+0.82
Ron Korzelius	65	+0.82	37.61	Henk Kuipers	62	34.99
Loekie van Huissteden	45		1:00.48	Marlien Wijnhof	61	37.10
4. AZC 3	AZC			NED	2:55.17	+0.67
Wim de Lange	58	+0.67	40.68	Sandra Daamen-Posma	68	45.28
Wil Ponsioen-van Mil	61		51.81	Geza Kaltenecker	42	37.40

280+, Gemengd

1. PSV 4	PSV			NED	3:12.36	+0.89
Evertjan Masurel	56	+0.89	40.47	Rob Hanou	43	49.75
Gonnie Bak	51		55.41	Annie Smits	46	46.73
2. Old Dutch 1	Old Dutch			NED	3:28.70	+0.78
Mies Kuipers	58	+0.78	1:02.36	Pieter Husslage	53	38.86
Nico Baay	42		52.77	Marie Smits	38	54.71
BM DIO 1	DIO			NED	2:13.73	+0.67
Whitney van Hoeckel	94	+0.67	36.09	Jolanda Post	90	30.27
Susanne van der Linden	88		37.57	Siska Post	88	29.80

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05-05-2019 - 9:00

Programmanr. 29
05-05-2019 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Tamara Grove	De Dolfijn	NED 199601266	9:48.64	+0.71			
	50m: 32.59	32.59	250m: 3:00.03	37.31	450m: 5:29.40	37.34	650m: 7:59.79	37.90
	100m: 1:08.70	36.11	300m: 3:37.54	37.51	500m: 6:06.78	37.38	700m: 8:37.23	37.44
	150m: 1:45.77	37.07	350m: 4:14.93	37.39	550m: 6:44.43	37.65	750m: 9:14.34	37.11
	200m: 2:22.72	36.95	400m: 4:52.06	37.13	600m: 7:21.89	37.46	800m: 9:48.64	34.30
2.	Marije Dankelman	Dedemvaart-AC	NED 199701502	10:05.89	+0.79			
	50m: 32.97	32.97	250m: 3:04.24	38.45	450m: 5:39.04	38.43	650m: 8:13.43	38.11
	100m: 1:09.57	36.60	300m: 3:42.64	38.40	500m: 6:17.56	38.52	700m: 8:51.92	38.49
	150m: 1:47.33	37.76	350m: 4:21.39	38.75	550m: 6:56.71	39.15	750m: 9:29.95	38.03
	200m: 2:25.79	38.46	400m: 5:00.61	39.22	600m: 7:35.32	38.61	800m: 10:05.89	35.94
3.	Hilde Dekker	ReVeLie Swim Team	NED 199901926	10:06.16	+0.87			
	50m: 33.29	33.29	250m: 3:04.75	38.28	450m: 5:38.49	38.45	650m: 8:12.47	38.44
	100m: 1:10.72	37.43	300m: 3:42.84	38.09	500m: 6:17.00	38.51	700m: 8:51.56	39.09
	150m: 1:48.67	37.95	350m: 4:21.61	38.77	550m: 6:55.59	38.59	750m: 9:30.00	38.44
	200m: 2:26.47	37.80	400m: 5:00.04	38.43	600m: 7:34.03	38.44	800m: 10:06.16	36.16
4.	Nadja Wortel	Hieronymus	NED 199800798	10:19.61	+0.75			
	50m: 33.24	33.24	250m: 3:06.73	38.71	450m: 5:43.91	39.78	650m: 8:23.48	39.60
	100m: 1:10.46	37.22	300m: 3:45.70	38.97	500m: 6:24.06	40.15	700m: 9:03.90	40.42
	150m: 1:49.09	38.63	350m: 4:24.68	38.98	550m: 7:03.73	39.67	750m: 9:42.88	38.98
	200m: 2:28.02	38.93	400m: 5:04.13	39.45	600m: 7:43.88	40.15	800m: 10:19.61	36.73
5.	Brenda Zwarthoed	DAW	NED 199604938	10:21.53	+0.79			
	50m: 33.45	33.45	250m: 3:05.00	38.59	450m: 5:43.34	39.86	650m: 8:23.74	40.50
	100m: 1:10.45	37.00	300m: 3:44.04	39.04	500m: 6:23.87	40.53	700m: 9:03.30	39.56
	150m: 1:48.04	37.59	350m: 4:23.56	39.52	550m: 7:03.50	39.63	750m: 9:42.29	38.99
	200m: 2:26.41	38.37	400m: 5:03.48	39.92	600m: 7:43.24	39.74	800m: 10:21.53	39.24
6.	Marijke Drent	Nova	NED 199906232	10:24.87	+0.79			
	50m: 34.34	34.34	250m: 3:11.45	39.93	450m: 5:51.15	40.23	650m: 8:30.34	40.02
	100m: 1:12.59	38.25	300m: 3:51.23	39.78	500m: 6:30.64	39.49	700m: 9:09.74	39.40
	150m: 1:51.90	39.31	350m: 4:31.16	39.93	550m: 7:10.73	40.09	750m: 9:48.90	39.16
	200m: 2:31.52	39.62	400m: 5:10.92	39.76	600m: 7:50.32	39.59	800m: 10:24.87	35.97
7.	Chantal Beijer	DWT	NED 199700884	10:29.17	+0.83			
	50m: 34.88	34.88	250m: 3:12.77	40.68	450m: 5:55.55	40.61	650m: 8:36.22	39.42
	100m: 1:12.24	37.36	300m: 3:53.65	40.88	500m: 6:35.64	40.09	700m: 9:14.73	38.51
	150m: 1:51.77	39.53	350m: 4:34.30	40.65	550m: 7:16.54	40.90	750m: 9:53.15	38.42
	200m: 2:32.09	40.32	400m: 5:14.94	40.64	600m: 7:56.80	40.26	800m: 10:29.17	36.02
8.	Fiona Meuffels	RZ	NED 199504366	10:41.34	+0.66			
	50m: 34.62	34.62	250m: 3:11.90	39.86	450m: 5:55.09	40.92	650m: 8:39.69	40.69
	100m: 1:13.39	38.77	300m: 3:52.36	40.46	500m: 6:35.95	40.86	700m: 9:20.99	41.30
	150m: 1:52.47	39.08	350m: 4:33.01	40.65	550m: 7:17.41	41.46	750m: 10:01.82	40.83
	200m: 2:32.04	39.57	400m: 5:14.17	41.16	600m: 7:59.00	41.59	800m: 10:41.34	39.52
9.	Eva van Ginneken	Hieronymus	NED 199800164	10:42.59	+0.83			
	50m: 34.88	34.88	250m: 3:13.73	40.21	450m: 5:57.35	41.27	650m: 8:42.24	41.50
	100m: 1:13.54	38.66	300m: 3:54.08	40.35	500m: 6:38.20	40.85	700m: 9:23.08	40.84
	150m: 1:53.37	39.83	350m: 4:35.02	40.94	550m: 7:19.39	41.19	750m: 10:03.53	40.45
	200m: 2:33.52	40.15	400m: 5:16.08	41.06	600m: 8:00.74	41.35	800m: 10:42.59	39.06
10.	Selina Janssen	SWNZ (SG)	NED 199905974	11:41.64	+0.76			
	50m: 37.91	37.91	250m: 3:31.93	44.69	450m: 6:30.48	44.86	650m: 9:30.76	45.16
	100m: 1:19.79	41.88	300m: 4:16.39	44.46	500m: 7:15.48	45.00	700m: 10:15.82	45.06
	150m: 2:02.92	43.13	350m: 5:01.06	44.67	550m: 8:00.65	45.17	750m: 11:00.49	44.67
	200m: 2:47.24	44.32	400m: 5:45.62	44.56	600m: 8:45.60	44.95	800m: 11:41.64	41.15
11.	Lotte Rolink	Zwemclub Polaris	NED 199504880	11:47.19	+0.61			
	50m: 37.63	37.63	250m: 3:34.50	45.10	450m: 6:38.20	46.24	650m: 9:37.94	44.34
	100m: 1:20.91	43.28	300m: 4:20.05	45.55	500m: 7:23.71	45.51	700m: 10:21.88	43.94
	150m: 2:04.77	43.86	350m: 5:05.80	45.75	550m: 8:08.71	45.00	750m: 11:05.71	43.83
	200m: 2:49.40	44.63	400m: 5:51.96	46.16	600m: 8:53.60	44.89	800m: 11:47.19	41.48
12.	Nadine Scheeve	Zwemlust-den Hommel	NED 199700684	12:44.17	+0.79			
	50m: 39.88	39.88	250m: 3:52.47	49.29	450m: 7:08.06	49.12	650m: 10:22.63	48.15
	100m: 1:26.26	46.38	300m: 4:40.85	48.38	500m: 7:57.25	49.19	700m: 11:11.14	48.51
	150m: 2:15.26	49.00	350m: 5:29.96	49.11	550m: 8:45.13	47.88	750m: 11:58.52	47.38
	200m: 3:03.18	47.92	400m: 6:18.94	48.98	600m: 9:34.48	49.35	800m: 12:44.17	45.65

Programmanr. 29, Dames, 800m vrije slag

Masters 25+

1. Maaïke Vooren	DAW	NED	199103324	9:48.72	+0.85
50m: 33.86	33.86	250m: 3:02.32	37.77	450m: 5:32.04	37.35
100m: 1:10.14	36.28	300m: 3:39.72	37.40	500m: 6:09.20	37.16
150m: 1:47.28	37.14	350m: 4:17.33	37.61	550m: 6:46.22	37.02
200m: 2:24.55	37.27	400m: 4:54.69	37.36	600m: 7:23.24	37.02
650m: 8:00.61				750m: 8:37.65	37.04
700m: 8:37.65				800m: 9:14.60	36.95
					34.12
2. Nanda de Vries	Steenwijk 1934	NED	199204328	10:36.63	+0.80
50m: 34.35	34.35	250m: 3:11.60	39.87	450m: 5:54.21	40.75
100m: 1:12.79	38.44	300m: 3:51.87	40.27	500m: 6:35.07	40.86
150m: 1:52.04	39.25	350m: 4:32.52	40.65	550m: 7:15.79	40.72
200m: 2:31.73	39.69	400m: 5:13.46	40.94	600m: 7:56.74	40.95
650m: 8:37.04				750m: 9:17.92	40.88
700m: 9:17.92				800m: 9:57.23	39.31
					39.40
3. Iris Pijtak	ZPC AMERSFOORT	NED	199300602	10:43.48	+0.75
50m: 33.78	33.78	250m: 3:12.65	40.77	450m: 5:58.07	41.78
100m: 1:11.62	37.84	300m: 3:53.46	40.81	500m: 6:39.33	41.26
150m: 1:51.37	39.75	350m: 4:34.70	41.24	550m: 7:20.84	41.51
200m: 2:31.88	40.51	400m: 5:16.29	41.59	600m: 8:02.17	41.33
650m: 8:43.37				750m: 10:04.92	40.46
700m: 9:24.46				800m: 10:43.48	38.56
4. Clara Van Roeyen	GBZ	BEL	20082/90	10:47.99	+0.89
50m: 35.65	35.65	250m: 3:17.45	40.91	450m: 6:02.17	41.13
100m: 1:14.94	39.29	300m: 3:58.59	41.14	500m: 6:43.53	41.36
150m: 1:55.29	40.35	350m: 4:39.76	41.17	550m: 7:24.91	41.38
200m: 2:36.54	41.25	400m: 5:21.04	41.28	600m: 8:05.94	41.03
650m: 8:46.72				750m: 10:08.50	40.87
700m: 9:27.63				800m: 10:47.99	39.49
5. Jacqueline van den Beukel	Feijenoord Albion Zwemclub	NED	199100238	11:26.18	+0.79
50m: 37.51	37.51	250m: 3:29.37	44.04	450m: 6:21.17	42.83
100m: 1:19.21	41.70	300m: 4:12.53	43.16	500m: 7:05.18	44.01
150m: 2:02.13	42.92	350m: 4:55.60	43.07	550m: 7:48.51	43.33
200m: 2:45.33	43.20	400m: 5:38.34	42.74	600m: 8:32.67	44.16
650m: 9:16.74				750m: 10:00.87	44.13
700m: 10:00.87				800m: 11:26.18	41.72
6. Getrude Corporaal	Steenwijk 1934	NED	199200380	11:32.92	+0.65
50m: 35.34	35.34	250m: 3:27.29	44.43	450m: 6:24.74	46.49
100m: 1:15.36	40.02	300m: 4:10.30	43.01	500m: 7:10.42	45.68
150m: 1:58.59	43.23	350m: 4:54.46	44.16	550m: 7:55.81	45.39
200m: 2:42.86	44.27	400m: 5:38.25	43.79	600m: 8:40.60	44.79
650m: 9:24.26				750m: 10:53.99	45.05
700m: 10:08.94				800m: 11:32.92	38.93
7. Joanne Groeneveldt	AZ&PC De Futen	NED	199105998	11:36.94	+0.81
50m: 36.35	36.35	250m: 3:29.08	44.62	450m: 6:26.94	44.51
100m: 1:18.44	42.09	300m: 4:12.90	43.82	500m: 7:12.74	45.80
150m: 2:00.96	42.52	350m: 4:58.15	45.25	550m: 7:57.17	44.43
200m: 2:44.46	43.50	400m: 5:42.43	44.28	600m: 8:42.34	45.17
650m: 9:27.05				750m: 10:55.35	43.49
700m: 10:11.86				800m: 11:36.94	41.59
8. Irmgard van Weeghel	ZPC Hatto Heim	NED	199204834	11:45.45	+0.77
50m: 37.55	37.55	250m: 3:31.61	45.04	450m: 6:33.07	46.03
100m: 1:19.07	41.52	300m: 4:16.33	44.72	500m: 7:19.04	45.97
150m: 2:02.27	43.20	350m: 5:02.02	45.69	550m: 8:05.60	46.56
200m: 2:46.57	44.30	400m: 5:47.04	45.02	600m: 8:49.86	44.26
650m: 9:34.77				750m: 11:02.50	43.68
700m: 10:18.82				800m: 11:45.45	42.95
9. Leontine Groeneveldt	De Duck	NED	199303526	12:01.56	+0.90
50m: 38.84	38.84	250m: 3:39.10	45.56	450m: 6:44.02	47.15
100m: 1:22.27	43.43	300m: 4:25.15	46.05	500m: 7:29.12	45.10
150m: 2:07.22	44.95	350m: 5:11.05	45.90	550m: 8:15.56	46.44
200m: 2:53.54	46.32	400m: 5:56.87	45.82	600m: 9:01.88	46.32
650m: 9:48.11				750m: 11:19.31	45.78
700m: 10:33.53				800m: 12:01.56	42.25
10. Marjan Rikken	ZVV	NED	199206114	12:09.26	+0.92
50m: 38.56	38.56	250m: 3:36.78	45.30	450m: 6:42.98	46.74
100m: 1:21.69	43.13	300m: 4:23.34	46.56	500m: 7:29.82	46.84
150m: 2:06.16	44.47	350m: 5:09.54	46.20	550m: 8:17.09	47.27
200m: 2:51.48	45.32	400m: 5:56.24	46.70	600m: 9:04.16	47.07
650m: 9:51.06				750m: 11:25.14	46.55
700m: 10:38.59				800m: 12:09.26	44.12
11. Charine de Ruiter	Steenwijk 1934	NED	199403668	12:20.09	+0.94
50m: 38.54	38.54	250m: 3:40.56	47.13	450m: 6:51.35	48.01
100m: 1:21.52	42.98	300m: 4:27.77	47.21	500m: 7:39.36	48.01
150m: 2:07.00	45.48	350m: 5:15.65	47.88	550m: 8:27.59	48.23
200m: 2:53.43	46.43	400m: 6:03.34	47.69	600m: 9:15.30	47.71
650m: 10:02.81				750m: 11:36.60	46.99
700m: 10:49.61				800m: 12:20.09	43.49
12. Claudia Creemers	RZ	NED	199202864	14:20.64	+0.80
50m: 43.89	43.89	250m: 4:13.13	54.89	450m: 7:55.44	56.26
100m: 1:33.14	49.25	300m: 5:07.46	54.33	500m: 8:50.34	54.90
150m: 2:24.80	51.66	350m: 6:03.18	55.72	550m: 9:45.06	54.72
200m: 3:18.24	53.44	400m: 6:59.18	56.00	600m: 10:39.72	54.66
650m: 11:34.80				750m: 13:26.85	56.65
700m: 12:30.20				800m: 14:20.64	53.79

Programmanr. 29, Dames, 800m vrije slag

Masters 30+

1. Viktória Felföldi	Megathlon SE	HUN	10:00.37	+0.76
50m: 33.78 33.78	250m: 3:03.29 37.60	450m: 5:34.47 37.72	650m: 8:06.40 38.25	
100m: 1:10.70 36.92	300m: 3:41.05 37.76	500m: 6:12.33 37.86	700m: 8:44.59 38.19	
150m: 1:48.04 37.34	350m: 4:18.95 37.90	550m: 6:50.09 37.76	750m: 9:22.83 38.24	
200m: 2:25.69 37.65	400m: 4:56.75 37.80	600m: 7:28.15 38.06	800m: 10:00.37 37.54	
2. Lisanne Andeweg	Zuiderzeewimmers	NED 198800092	10:13.31	+0.81
50m: 34.36 34.36	250m: 3:08.24 38.81	450m: 5:43.59 38.97	650m: 8:19.23 39.06	
100m: 1:12.07 37.71	300m: 3:47.13 38.89	500m: 6:22.40 38.81	700m: 8:58.32 39.09	
150m: 1:50.73 38.66	350m: 4:25.91 38.78	550m: 7:01.30 38.90	750m: 9:37.02 38.70	
200m: 2:29.43 38.70	400m: 5:04.62 38.71	600m: 7:40.17 38.87	800m: 10:13.31 36.29	
3. Suzan Blankestijn	ZVL-1886	NED 198900350	11:12.86	+0.80
50m: 35.80 35.80	250m: 3:21.95 42.00	450m: 6:12.31 42.81	650m: 9:04.76 43.22	
100m: 1:16.09 40.29	300m: 4:04.46 42.51	500m: 6:55.57 43.26	700m: 9:47.76 43.00	
150m: 1:58.01 41.92	350m: 4:46.85 42.39	550m: 7:38.47 42.90	750m: 10:31.35 43.59	
200m: 2:39.95 41.94	400m: 5:29.50 42.65	600m: 8:21.54 43.07	800m: 11:12.86 41.51	
4. Mara Epifani	Empire Sport and Resort	ITA 35447	11:18.41	+0.91
50m: 36.65 36.65	250m: 3:24.24 42.76	450m: 6:15.36 42.99	650m: 9:10.11 43.46	
100m: 1:17.08 40.43	300m: 4:06.83 42.59	500m: 6:59.06 43.70	700m: 9:53.66 43.55	
150m: 1:59.21 42.13	350m: 4:49.54 42.71	550m: 7:43.16 44.10	750m: 10:37.07 43.41	
200m: 2:41.48 42.27	400m: 5:32.37 42.83	600m: 8:26.65 43.49	800m: 11:18.41 41.34	
5. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	11:56.77	+0.85
50m: 39.28 39.28	250m: 3:38.81 45.56	450m: 6:40.47 45.13	650m: 9:40.69 45.53	
100m: 1:23.34 44.06	300m: 4:24.42 45.61	500m: 7:25.29 44.82	700m: 10:26.40 45.71	
150m: 2:08.13 44.79	350m: 5:09.93 45.51	550m: 8:10.03 44.74	750m: 11:11.90 45.50	
200m: 2:53.25 45.12	400m: 5:55.34 45.41	600m: 8:55.16 45.13	800m: 11:56.77 44.87	
6. Sandra Schellekens	SWNZ (SG)	NED 198503416	12:03.19	+0.81
50m: 37.12 37.12	250m: 3:35.65 45.85	450m: 6:39.69 46.60	650m: 9:46.17 46.75	
100m: 1:19.71 42.59	300m: 4:21.45 45.80	500m: 7:25.87 46.18	700m: 10:32.94 46.77	
150m: 2:04.40 44.69	350m: 5:07.27 45.82	550m: 8:12.74 46.87	750m: 11:19.50 46.56	
200m: 2:49.80 45.40	400m: 5:53.09 45.82	600m: 8:59.42 46.68	800m: 12:03.19 43.69	
7. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	12:17.95	+0.82
50m: 38.50 38.50	250m: 3:41.89 46.56	450m: 6:51.21 47.05	650m: 10:01.18 47.66	
100m: 1:22.46 43.96	300m: 4:29.14 47.25	500m: 7:38.61 47.40	700m: 10:48.51 47.33	
150m: 2:08.21 45.75	350m: 5:16.17 47.03	550m: 8:25.91 47.30	750m: 11:34.83 46.32	
200m: 2:55.33 47.12	400m: 6:04.16 47.99	600m: 9:13.52 47.61	800m: 12:17.95 43.12	
8. Dorien Vasseur	Scheldestroom	NED 198704164	13:03.59	+1.07
50m: 41.04 41.04	250m: 3:55.92 49.80	450m: 7:15.02 50.12	650m: 10:36.54 49.78	
100m: 1:27.26 46.22	300m: 4:46.46 50.54	500m: 8:04.84 49.82	700m: 11:26.38 49.84	
150m: 2:16.40 49.14	350m: 5:36.15 49.69	550m: 8:55.47 50.63	750m: 12:17.80 51.42	
200m: 3:06.12 49.72	400m: 6:24.90 48.75	600m: 9:46.76 51.29	800m: 13:03.59 45.79	

Masters 35+

1. Ann Wanter	Zwemclub Geel	BEL 21082/82	10:05.72	+0.82
50m: 34.22 34.22	250m: 3:05.73 37.79	450m: 5:38.54 38.26	650m: 8:12.35 38.84	
100m: 1:11.29 37.07	300m: 3:43.66 37.93	500m: 6:16.83 38.29	700m: 8:51.29 38.94	
150m: 1:49.57 38.28	350m: 4:21.90 38.24	550m: 6:55.12 38.29	750m: 9:29.67 38.38	
200m: 2:27.94 38.37	400m: 5:00.28 38.38	600m: 7:33.51 38.39	800m: 10:05.72 36.05	
2. Ramona Linting	LinK	NED 198301274	10:57.23	+0.78
50m: 35.50 35.50	250m: 3:18.96 41.58	450m: 6:06.20 41.56	650m: 8:53.29 41.22	
100m: 1:14.97 39.47	300m: 4:00.84 41.88	500m: 6:47.82 41.62	700m: 9:35.30 42.01	
150m: 1:55.99 41.02	350m: 4:42.60 41.76	550m: 7:29.88 42.06	750m: 10:16.65 41.35	
200m: 2:37.38 41.39	400m: 5:24.64 42.04	600m: 8:12.07 42.19	800m: 10:57.23 40.58	
3. Agnes van Brug	DAW	NED 198001726	11:27.32	+0.80
50m: 37.57 37.57	250m: 3:28.75 43.25	450m: 6:23.71 43.79	650m: 9:18.33 43.35	
100m: 1:19.35 41.78	300m: 4:12.48 43.73	500m: 7:07.68 43.97	700m: 10:02.12 43.79	
150m: 2:01.86 42.51	350m: 4:55.90 43.42	550m: 7:51.23 43.55	750m: 10:45.44 43.32	
200m: 2:45.50 43.64	400m: 5:39.92 44.02	600m: 8:34.98 43.75	800m: 11:27.32 41.88	
4. Yvonne Gerritsen	WVZ	NED 198000342	11:27.84	
50m: 37.46 37.46	250m: 3:28.78 43.79	450m: 6:25.14 43.87	650m: 9:20.40 43.50	
100m: 1:18.50 41.04	300m: 4:12.85 44.07	500m: 7:09.10 43.96	700m: 10:04.40 44.00	
150m: 2:01.43 42.93	350m: 4:56.89 44.04	550m: 7:52.77 43.67	750m: 10:47.06 42.66	
200m: 2:44.99 43.56	400m: 5:41.27 44.38	600m: 8:36.90 44.13	800m: 11:27.84 40.78	
5. Linda Hoogendam	WVZ	NED 198300892	12:00.74	+0.91
50m: 39.50 39.50	250m: 3:39.26 45.89	450m: 6:43.80 46.17	650m: 9:48.25 46.65	
100m: 1:23.32 43.82	300m: 4:25.13 45.87	500m: 7:29.68 45.88	700m: 10:34.24 45.99	
150m: 2:08.19 44.87	350m: 5:11.75 46.62	550m: 8:15.71 46.03	750m: 11:18.53 44.29	
200m: 2:53.37 45.18	400m: 5:57.63 45.88	600m: 9:01.60 45.89	800m: 12:00.74 42.21	

Programmanr. 29, Dames, 800m vrije slag

Masters 40+

1. Annett von Rekowski	SG Bayer	GER	97868	10:14.34	+0.81
50m: 35.45	35.45	250m: 3:11.14	38.94	450m: 5:45.62	38.74
100m: 1:14.34	38.89	300m: 3:49.74	38.60	500m: 6:24.31	38.69
150m: 1:53.26	38.92	350m: 4:28.23	38.49	550m: 7:02.81	38.50
200m: 2:32.20	38.94	400m: 5:06.88	38.65	600m: 7:41.18	38.37
				650m: 8:19.98	38.80
				700m: 8:58.76	38.78
				750m: 9:37.41	38.65
				800m: 10:14.34	36.93
2. Liselotte Joling	PSV	NED	197500268	10:19.98	+0.83
50m: 35.25	35.25	250m: 3:12.64	38.49	450m: 5:50.04	38.31
100m: 1:14.73	39.48	300m: 3:51.99	39.35	500m: 6:28.82	38.78
150m: 1:54.32	39.59	350m: 4:31.44	39.45	550m: 7:08.02	39.20
200m: 2:34.15	39.83	400m: 5:11.73	40.29	600m: 7:47.78	39.76
				650m: 8:26.16	38.38
				700m: 9:05.74	39.58
				750m: 9:44.41	38.67
				800m: 10:19.98	35.57
3. Petra Guijt	Aqua-Novio'94	NED	197600978	11:31.33	+0.69
50m: 37.51	37.51	250m: 3:29.45	43.64	450m: 6:26.83	44.10
100m: 1:19.66	42.15	300m: 4:13.82	44.37	500m: 7:10.79	43.96
150m: 2:02.69	43.03	350m: 4:58.44	44.62	550m: 7:54.73	43.94
200m: 2:45.81	43.12	400m: 5:42.73	44.29	600m: 8:38.73	44.00
				650m: 9:22.12	43.39
				700m: 10:05.59	43.47
				750m: 10:49.58	43.99
				800m: 11:31.33	41.75
4. Chantal Verhoeff	Old Dutch	NED	197900912	11:38.43	+0.91
50m: 39.03	39.03	250m: 3:34.95	44.39	450m: 6:31.73	44.49
100m: 1:22.55	43.52	300m: 4:19.15	44.20	500m: 7:15.69	43.96
150m: 2:06.57	44.02	350m: 5:03.39	44.24	550m: 7:59.71	44.02
200m: 2:50.56	43.99	400m: 5:47.24	43.85	600m: 8:43.24	43.53
				650m: 9:27.10	43.86
				700m: 10:10.90	43.80
				750m: 10:55.33	44.43
				800m: 11:38.43	43.10
5. Clementine van Bruvoort	ZPB H&L Productions	NED	197700138	14:11.06	+0.93
50m: 45.81	45.81	250m: 4:16.33	52.92	450m: 7:50.48	54.06
100m: 1:36.85	51.04	300m: 5:09.24	52.91	500m: 8:44.36	53.88
150m: 2:29.78	52.93	350m: 6:03.05	53.81	550m: 9:38.37	54.01
200m: 3:23.41	53.63	400m: 6:56.42	53.37	600m: 10:32.59	54.22
				650m: 11:28.48	55.89
				700m: 12:23.59	55.11
				750m: 13:18.91	55.32
				800m: 14:11.06	52.15

Masters 45+

1. Karin Stein	ZVVS	NED	197100554	10:34.04	
50m: 36.14	36.14	250m: 3:13.08	39.51	450m: 5:52.27	39.79
100m: 1:15.15	39.01	300m: 3:52.85	39.77	500m: 6:32.37	40.10
150m: 1:54.25	39.10	350m: 4:32.53	39.68	550m: 7:12.65	40.28
200m: 2:33.57	39.32	400m: 5:12.48	39.95	600m: 7:53.31	40.66
				650m: 8:33.91	40.60
				700m: 9:14.56	40.65
				750m: 9:55.20	40.64
				800m: 10:34.04	38.84
2. Kathy Van Lindt	CNSW	BEL	007949/71	11:01.84	+0.96
50m: 37.29	37.29	250m: 3:20.08	41.56	450m: 6:08.98	42.62
100m: 1:16.76	39.47	300m: 4:01.67	41.59	500m: 6:51.00	42.02
150m: 1:57.60	40.84	350m: 4:43.82	42.15	550m: 7:32.91	41.91
200m: 2:38.52	40.92	400m: 5:26.36	42.54	600m: 8:15.02	42.11
				650m: 8:56.73	41.71
				700m: 9:38.96	42.23
				750m: 10:20.54	41.58
				800m: 11:01.84	41.30
3. Annette de Visser	Oceanus	NED	197100602	11:04.83	+0.82
50m: 35.78	35.78	250m: 3:22.36	42.74	450m: 6:12.59	42.74
100m: 1:15.86	40.08	300m: 4:04.76	42.40	500m: 6:55.24	42.65
150m: 1:57.41	41.55	350m: 4:47.61	42.85	550m: 7:37.40	42.16
200m: 2:39.62	42.21	400m: 5:29.85	42.24	600m: 8:19.88	42.48
				650m: 9:01.70	41.82
				700m: 9:43.74	42.04
				750m: 10:25.33	41.59
				800m: 11:04.83	39.50
4. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	11:12.85	+0.95
50m: 36.02	36.02	250m: 3:23.38	42.87	450m: 6:14.88	43.27
100m: 1:16.25	40.23	300m: 4:06.03	42.65	500m: 6:57.81	42.93
150m: 1:58.00	41.75	350m: 4:48.98	42.95	550m: 7:41.08	43.27
200m: 2:40.51	42.51	400m: 5:31.61	42.63	600m: 8:24.21	43.13
				650m: 9:06.78	42.57
				700m: 9:49.84	43.06
				750m: 10:33.12	43.28
				800m: 11:12.85	39.73
5. Bianca Groot	MSV-Zeemacht	NED	197000652	11:17.05	+0.99
50m: 37.86	37.86	250m: 3:27.94	43.30	450m: 6:20.15	43.04
100m: 1:19.62	41.76	300m: 4:10.87	42.93	500m: 7:03.02	42.87
150m: 2:02.05	42.43	350m: 4:54.07	43.20	550m: 7:45.84	42.82
200m: 2:44.64	42.59	400m: 5:37.11	43.04	600m: 8:28.55	42.71
				650m: 9:11.55	43.00
				700m: 9:54.43	42.88
				750m: 10:37.11	42.68
				800m: 11:17.05	39.94
6. Pascale Janssen	Patrick-De Roersoppers (SG)	NED	197300852	12:26.11	+0.91
50m: 39.61	39.61	250m: 3:42.40	46.66	450m: 6:51.89	47.57
100m: 1:24.07	44.46	300m: 4:29.16	46.76	500m: 7:40.59	48.70
150m: 2:09.27	45.20	350m: 5:16.41	47.25	550m: 8:28.22	47.63
200m: 2:55.74	46.47	400m: 6:04.32	47.91	600m: 9:16.66	48.44
				650m: 10:04.19	47.53
				700m: 10:52.65	48.46
				750m: 11:40.06	47.41
				800m: 12:26.11	46.05
7. Annet Kootstra	SWOL 1894	NED	197100344	13:02.57	+1.01
50m: 43.92	43.92	250m: 4:01.48	50.06	450m: 7:20.45	49.92
100m: 1:32.51	48.59	300m: 4:51.00	49.52	500m: 8:10.46	50.01
150m: 2:21.31	48.80	350m: 5:40.86	49.86	550m: 9:00.31	49.85
200m: 3:11.42	50.11	400m: 6:30.53	49.67	600m: 9:50.42	50.11
				650m: 10:39.83	49.41
				700m: 11:28.07	48.24
				750m: 12:16.11	48.04
				800m: 13:02.57	46.46
8. Natacha Van Hoof	Shark	BEL	20260/73	13:07.44	+1.11
50m: 43.19	43.19	250m: 3:58.25	49.83	450m: 7:17.53	49.91
100m: 1:30.48	47.29	300m: 4:47.95	49.70	500m: 8:07.21	49.68
150m: 2:19.16	48.68	350m: 5:37.70	49.75	550m: 8:58.44	51.23
200m: 3:08.42	49.26	400m: 6:27.62	49.92	600m: 9:48.59	50.15
				650m: 10:39.60	51.01
				700m: 11:29.11	49.51
				750m: 12:18.80	49.69
				800m: 13:07.44	48.64

Programmanr. 29, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging						tijd	RT	PARA
9.	Inge Lolkema-Soeters	Steenwijk 1934	NED	197300934				13:48.49	+0.87	
	50m: 45.81	45.81	250m: 4:11.14	52.09	450m: 7:41.38	52.42	650m: 11:13.69	53.37		
	100m: 1:35.81	50.00	300m: 5:03.66	52.52	500m: 8:34.33	52.95	700m: 12:06.60	52.91		
	150m: 2:26.99	51.18	350m: 5:56.36	52.70	550m: 9:26.88	52.55	750m: 12:58.98	52.38		
	200m: 3:19.05	52.06	400m: 6:48.96	52.60	600m: 10:20.32	53.44	800m: 13:48.49	49.51		
10.	Evelien Bremar-Alers	Nautilus	NED	197200878				14:14.44	+0.88	
	50m: 44.36	44.36	250m: 4:16.15	54.20	450m: 7:55.34	54.74	650m: 11:35.03	53.97		
	100m: 1:34.21	49.85	300m: 5:10.96	54.81	500m: 8:50.70	55.36	700m: 12:28.89	53.86		
	150m: 2:27.69	53.48	350m: 6:05.91	54.95	550m: 9:46.86	56.16	750m: 13:23.04	54.15		
	200m: 3:21.95	54.26	400m: 7:00.60	54.69	600m: 10:41.06	54.20	800m: 14:14.44	51.40		

Masters 50+

1.	Claudia Thielemann	SG Bayer	GER	333958				10:06.28		
	<i>Kampioenschapsrecord</i>									
	50m: 35.33	35.33	250m: 3:10.34	38.65	450m: 5:43.32	38.40	650m: 8:14.56	37.85		
	100m: 1:14.13	38.80	300m: 3:49.00	38.66	500m: 6:21.92	38.60	700m: 8:52.39	37.83		
	150m: 1:52.88	38.75	350m: 4:26.79	37.79	550m: 6:59.17	37.25	750m: 9:29.57	37.18		
	200m: 2:31.69	38.81	400m: 5:04.92	38.13	600m: 7:36.71	37.54	800m: 10:06.28	36.71		
2.	Marijke Campfens	De Geul	NED	196900960				12:10.30	+0.61	
	50m: 39.81	39.81	250m: 3:42.48	46.46	450m: 6:49.79	47.00	650m: 9:55.99	46.15		
	100m: 1:24.04	44.23	300m: 4:29.13	46.65	500m: 7:36.54	46.75	700m: 10:42.52	46.53		
	150m: 2:09.62	45.58	350m: 5:16.04	46.91	550m: 8:23.68	47.14	750m: 11:27.76	45.24		
	200m: 2:56.02	46.40	400m: 6:02.79	46.75	600m: 9:09.84	46.16	800m: 12:10.30	42.54		
3.	Iris van Aurich	DWK	NED	196900866				12:26.27	+0.62	
	50m: 39.31	39.31	250m: 3:46.68	48.63	450m: 6:58.39	48.03	650m: 10:09.24	48.14		
	100m: 1:23.79	44.48	300m: 4:33.99	47.31	500m: 7:46.80	48.41	700m: 10:56.78	47.54		
	150m: 2:10.77	46.98	350m: 5:22.55	48.56	550m: 8:34.99	48.19	750m: 11:44.06	47.28		
	200m: 2:58.05	47.28	400m: 6:10.36	47.81	600m: 9:21.10	46.11	800m: 12:26.27	42.21		
4.	Sylvia Buisman	WVZ	NED	196600756				13:09.91	+0.87	
	50m: 43.50	43.50	250m: 4:00.16	50.26	450m: 7:21.22	50.47	650m: 10:42.22	50.41		
	100m: 1:30.86	47.36	300m: 4:49.99	49.83	500m: 8:10.85	49.63	700m: 11:32.14	49.92		
	150m: 2:20.00	49.14	350m: 5:40.25	50.26	550m: 9:01.14	50.29	750m: 12:22.38	50.24		
	200m: 3:09.90	49.90	400m: 6:30.75	50.50	600m: 9:51.81	50.67	800m: 13:09.91	47.53		
5.	Irna van der Molen	WS Twente	NED	196900938				13:13.65	+0.62	
	50m: 42.20	42.20	250m: 4:03.59	51.21	450m: 7:27.41	51.04	650m: 10:47.69	49.81		
	100m: 1:30.66	48.46	300m: 4:55.12	51.53	500m: 8:17.50	50.09	700m: 11:37.87	50.18		
	150m: 2:21.73	51.07	350m: 5:46.17	51.05	550m: 9:07.82	50.32	750m: 12:26.94	49.07		
	200m: 3:12.38	50.65	400m: 6:36.37	50.20	600m: 9:57.88	50.06	800m: 13:13.65	46.71		
6.	Miranda Keijl	ZIGNEA	NED	196500588				13:27.77		
	50m: 42.41	42.41	250m: 4:06.94	52.66	450m: 7:34.61	51.33	650m: 11:00.16	51.44		
	100m: 1:31.51	49.10	300m: 4:59.50	52.56	500m: 8:25.84	51.23	700m: 11:51.77	51.61		
	150m: 2:22.55	51.04	350m: 5:51.48	51.98	550m: 9:17.83	51.99	750m: 12:44.48	52.71		
	200m: 3:14.28	51.73	400m: 6:43.28	51.80	600m: 10:08.72	50.89	800m: 13:27.77	43.29		
7.	K. van Nassau-van den Heuvel	Old Dutch	NED	196600188				13:31.55	+0.93	
	50m: 44.76	44.76	250m: 4:06.50	51.28	450m: 7:33.09	51.01	650m: 11:00.46	52.48		
	100m: 1:33.97	49.21	300m: 4:58.04	51.54	500m: 8:23.86	50.77	700m: 11:52.91	52.45		
	150m: 2:24.26	50.29	350m: 5:50.00	51.96	550m: 9:15.00	51.14	750m: 12:42.79	49.88		
	200m: 3:15.22	50.96	400m: 6:42.08	52.08	600m: 10:07.98	52.98	800m: 13:31.55	48.76		
8.	Kristien Van de Moortel	Shark	BEL	20315/69				13:36.18	+0.87	
	50m: 44.97	44.97	250m: 4:09.71	51.68	450m: 7:37.31	51.90	650m: 11:04.48	51.65		
	100m: 1:34.68	49.71	300m: 5:01.61	51.90	500m: 8:29.07	51.76	700m: 11:56.22	51.74		
	150m: 2:26.44	51.76	350m: 5:53.75	52.14	550m: 9:20.90	51.83	750m: 12:47.88	51.66		
	200m: 3:18.03	51.59	400m: 6:45.41	51.66	600m: 10:12.83	51.93	800m: 13:36.18	48.30		
9.	Sabine Delaere	Royal Dauphins Mouscronnois	BEL	000375/69				13:39.76	+1.03	
	50m: 44.62	44.62	250m: 4:09.40	51.43	450m: 7:37.66	51.65	650m: 11:05.37	52.04		
	100m: 1:34.80	50.18	300m: 5:01.77	52.37	500m: 8:29.54	51.88	700m: 11:57.37	52.00		
	150m: 2:26.03	51.23	350m: 5:53.62	51.85	550m: 9:21.42	51.88	750m: 12:49.06	51.69		
	200m: 3:17.97	51.94	400m: 6:46.01	52.39	600m: 10:13.33	51.91	800m: 13:39.76	50.70		
10.	Roselinda van der Vlugt	De Geul	NED	196700710				15:01.81	+0.78	
	50m: 49.15	49.15	250m: 4:38.63	58.45	450m: 8:27.39	56.20	650m: 12:16.08	56.95		
	100m: 1:45.07	55.92	300m: 5:35.92	57.29	500m: 9:24.17	56.78	700m: 13:12.53	56.45		
	150m: 2:42.32	57.25	350m: 6:33.71	57.79	550m: 10:21.77	57.60	750m: 14:09.43	56.90		
	200m: 3:40.18	57.86	400m: 7:31.19	57.48	600m: 11:19.13	57.36	800m: 15:01.81	52.38		

Programmanr. 29, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging					tijd	RT	PARA
11.	Maaike Heidt	ZPB H&L Productions	NED	196901068			15:18.32	+1.15	
	50m: 49.49	49.49	250m: 4:38.06	57.29	450m: 8:31.27	57.96	650m: 12:27.44	58.88	
	100m: 1:45.71	56.22	300m: 5:36.44	58.38	500m: 9:29.74	58.47	700m: 13:26.66	59.22	
	150m: 2:43.11	57.40	350m: 6:34.72	58.28	550m: 10:28.84	59.10	750m: 14:24.80	58.14	
	200m: 3:40.77	57.66	400m: 7:33.31	58.59	600m: 11:28.56	59.72	800m: 15:18.32	53.52	

Masters 55+

1.	Wilna Heijman	Steenwijk 1934	NED	196400506			11:36.82	+0.92	
	50m: 39.24	39.24	250m: 3:33.01	44.35	450m: 6:30.59	44.49	650m: 9:27.67	44.46	
	100m: 1:21.74	42.50	300m: 4:17.09	44.08	500m: 7:14.24	43.65	700m: 10:11.63	43.96	
	150m: 2:05.31	43.57	350m: 5:01.44	44.35	550m: 7:58.54	44.30	750m: 10:55.61	43.98	
	200m: 2:48.66	43.35	400m: 5:46.10	44.66	600m: 8:43.21	44.67	800m: 11:36.82	41.21	
2.	Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222			12:00.49	+0.71	
	50m: 39.94	39.94	250m: 3:40.13	45.55	450m: 6:43.77	45.73	650m: 9:47.56	46.05	
	100m: 1:24.35	44.41	300m: 4:25.96	45.83	500m: 7:29.52	45.75	700m: 10:32.93	45.37	
	150m: 2:08.94	44.59	350m: 5:11.79	45.83	550m: 8:15.28	45.76	750m: 11:18.14	45.21	
	200m: 2:54.58	45.64	400m: 5:58.04	46.25	600m: 9:01.51	46.23	800m: 12:00.49	42.35	
3.	Petra Tossings	DAW	NED	196100376			12:12.38	+0.87	
	50m: 40.06	40.06	250m: 3:43.18	46.18	450m: 6:49.82	46.66	650m: 9:57.51	47.07	
	100m: 1:24.94	44.88	300m: 4:29.77	46.59	500m: 7:36.59	46.77	700m: 10:44.36	46.85	
	150m: 2:10.75	45.81	350m: 5:15.88	46.11	550m: 8:23.47	46.88	750m: 11:30.01	45.65	
	200m: 2:57.00	46.25	400m: 6:03.16	47.28	600m: 9:10.44	46.97	800m: 12:12.38	42.37	
4.	Marlien Wijnhof	ZPC AMERSFOORT	NED	196100300			12:37.44	+0.63	
	50m: 42.17	42.17	250m: 3:57.50	48.54	450m: 7:10.73	47.39	650m: 10:20.66	47.17	
	100m: 1:30.65	48.48	300m: 4:46.55	49.05	500m: 7:58.41	47.68	700m: 11:07.96	47.30	
	150m: 2:19.84	49.19	350m: 5:35.00	48.45	550m: 8:46.18	47.77	750m: 11:54.57	46.61	
	200m: 3:08.96	49.12	400m: 6:23.34	48.34	600m: 9:33.49	47.31	800m: 12:37.44	42.87	
5.	Carla Devriese	Royal Ostend Swimming Club	BEL	20315/61			12:49.30	+0.87	
	50m: 41.28	41.28	250m: 3:54.38	49.30	450m: 7:10.50	49.03	650m: 10:26.43	48.79	
	100m: 1:28.01	46.73	300m: 4:43.67	49.29	500m: 7:59.67	49.17	700m: 11:14.94	48.51	
	150m: 2:16.50	48.49	350m: 5:32.38	48.71	550m: 8:48.88	49.21	750m: 12:03.94	49.00	
	200m: 3:05.08	48.58	400m: 6:21.47	49.09	600m: 9:37.64	48.76	800m: 12:49.30	45.36	
6.	Katinka Elders	Oceanus	NED	196000292			13:27.11	+0.89	
	50m: 44.56	44.56	250m: 4:06.33	51.44	450m: 7:31.72	51.17	650m: 10:56.83	51.47	
	100m: 1:32.92	48.36	300m: 4:57.02	50.69	500m: 8:22.69	50.97	700m: 11:48.14	51.31	
	150m: 2:24.09	51.17	350m: 5:48.96	51.94	550m: 9:14.28	51.59	750m: 12:39.36	51.22	
	200m: 3:14.89	50.80	400m: 6:40.55	51.59	600m: 10:05.36	51.08	800m: 13:27.11	47.75	
7.	Marjan Spoelstra	SWOL 1894	NED	196000236			13:35.66	+0.95	
	50m: 45.34	45.34	250m: 4:10.26	52.05	450m: 7:38.65	52.21	650m: 11:05.25	51.44	
	100m: 1:34.89	49.55	300m: 5:02.30	52.04	500m: 8:30.56	51.91	700m: 11:56.95	51.70	
	150m: 2:26.11	51.22	350m: 5:54.23	51.93	550m: 9:21.84	51.28	750m: 12:47.59	50.64	
	200m: 3:18.21	52.10	400m: 6:46.44	52.21	600m: 10:13.81	51.97	800m: 13:35.66	48.07	
8.	Erica Muller	De Geul	NED	196400412			14:07.64	+0.58	
	50m: 46.01	46.01	250m: 4:17.19	53.42	450m: 7:52.51	54.37	650m: 11:28.12	54.50	
	100m: 1:38.12	52.11	300m: 5:10.57	53.38	500m: 8:45.77	53.26	700m: 12:21.52	53.40	
	150m: 2:30.69	52.57	350m: 6:04.36	53.79	550m: 9:40.15	54.38	750m: 13:15.80	54.28	
	200m: 3:23.77	53.08	400m: 6:58.14	53.78	600m: 10:33.62	53.47	800m: 14:07.64	51.84	
9.	Jennie Resink-lindeboom	DWK	NED	196000142			14:21.52	+0.89	
	50m: 46.44	46.44	250m: 4:21.31	55.18	450m: 8:03.61	55.28	650m: 11:47.36	55.38	
	100m: 1:37.65	51.21	300m: 5:16.96	55.65	500m: 8:59.05	55.44	700m: 12:40.84	53.48	
	150m: 2:31.09	53.44	350m: 6:12.48	55.52	550m: 9:54.77	55.72	750m: 13:33.15	52.31	
	200m: 3:26.13	55.04	400m: 7:08.33	55.85	600m: 10:51.98	57.21	800m: 14:21.52	48.37	

Masters 60+

1.	Patty Verhagen	PSV	NED	195900146			12:07.67	+0.91	
	50m: 42.04	42.04	250m: 3:43.70	45.79	450m: 6:46.35	45.66	650m: 9:50.01	45.33	
	100m: 1:27.01	44.97	300m: 4:29.42	45.72	500m: 7:32.61	46.26	700m: 10:36.01	46.00	
	150m: 2:12.31	45.30	350m: 5:15.20	45.78	550m: 8:18.82	46.21	750m: 11:22.26	46.25	
	200m: 2:57.91	45.60	400m: 6:00.69	45.49	600m: 9:04.68	45.86	800m: 12:07.67	45.41	
2.	Margriet Pasma	De Inktvis	NED	195500088			13:11.43		
	50m: 44.08	44.08	250m: 4:04.31	49.67	450m: 7:24.66	49.72	650m: 10:45.06	49.38	
	100m: 1:34.06	49.98	300m: 4:54.79	50.48	500m: 8:15.06	50.40	700m: 11:34.97	49.91	
	150m: 2:24.03	49.97	350m: 5:44.87	50.08	550m: 9:05.30	50.24	750m: 12:23.69	48.72	
	200m: 3:14.64	50.61	400m: 6:34.94	50.07	600m: 9:55.68	50.38	800m: 13:11.43	47.74	

Programmanr. 29, Dames, 800m vrije slag, Masters 60+

rang	naam	vereniging						tijd	RT	PARA
3.	Monica Bakker	Steenwijk 1934	NED	195600082				13:45.70	+1.01	
	50m: 46.34	46.34	250m: 4:09.55	52.04	450m: 7:38.57	51.52	650m: 11:09.29	52.47		
	100m: 1:35.84	49.50	300m: 5:02.41	52.86	500m: 8:31.25	52.68	700m: 12:02.25	52.96		
	150m: 2:26.14	50.30	350m: 5:54.53	52.12	550m: 9:23.32	52.07	750m: 12:54.83	52.58		
	200m: 3:17.51	51.37	400m: 6:47.05	52.52	600m: 10:16.82	53.50	800m: 13:45.70	50.87		
4.	Ely Kiestra-Broertjes	ZIGNEA	NED	195600100				14:07.22	+1.00	
	50m: 44.97	44.97	250m: 4:21.29	56.23	450m: 7:58.61	53.50	650m: 11:31.48	54.12		
	100m: 1:35.58	50.61	300m: 5:15.70	54.41	500m: 8:50.96	52.35	700m: 12:23.50	52.02		
	150m: 2:30.70	55.12	350m: 6:10.85	55.15	550m: 9:43.41	52.45	750m: 13:17.69	54.19		
	200m: 3:25.06	54.36	400m: 7:05.11	54.26	600m: 10:37.36	53.95	800m: 14:07.22	49.53		

Masters 65+

1.	Ineke Weekers	PSV	NED	195300050				11:47.84	+0.83	
	<i>Europees Masters Record</i>									
	50m: 40.95	40.95	250m: 3:37.28	44.77	450m: 6:35.48	44.69	650m: 9:34.66	44.86		
	100m: 1:24.35	43.40	300m: 4:21.50	44.22	500m: 7:20.41	44.93	700m: 10:19.62	44.96		
	150m: 2:08.18	43.83	350m: 5:06.11	44.61	550m: 8:05.05	44.64	750m: 11:04.63	45.01		
	200m: 2:52.51	44.33	400m: 5:50.79	44.68	600m: 8:49.80	44.75	800m: 11:47.84	43.21		
2.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034				16:22.53	+0.60	
	50m: 52.30	52.30	250m: 5:03.57	1:03.62	450m: 9:17.29	1:03.61	650m: 13:27.73	1:02.11		
	100m: 1:52.20	59.90	300m: 6:07.04	1:03.47	500m: 10:20.43	1:03.14	700m: 14:29.10	1:01.37		
	150m: 2:55.48	1:03.28	350m: 7:10.67	1:03.63	550m: 11:23.31	1:02.88	750m: 15:29.14	1:00.04		
	200m: 3:59.95	1:04.47	400m: 8:13.68	1:03.01	600m: 12:25.62	1:02.31	800m: 16:22.53	53.39		

Masters 70+

1.	Annie Smits	PSV	NED	194600016				17:11.78	+1.23	
	50m: 58.02	58.02	250m: 5:24.52	1:06.73	450m: 9:46.40	1:04.21	650m: 14:05.35	1:03.91		
	100m: 2:03.88	1:05.86	300m: 6:29.92	1:05.40	500m: 10:51.59	1:05.19	700m: 15:09.45	1:04.10		
	150m: 3:10.56	1:06.68	350m: 7:36.02	1:06.10	550m: 11:56.21	1:04.62	750m: 16:12.52	1:03.07		
	200m: 4:17.79	1:07.23	400m: 8:42.19	1:06.17	600m: 13:01.44	1:05.23	800m: 17:11.78	59.26		

Masters 80+

1.	Marie Smits	Old Dutch	NED	193800004				19:10.80	+1.27	
	50m: 59.60	59.60	250m: 5:50.05	1:13.33	450m: 10:45.04	1:14.36	650m: 15:39.48	1:13.76		
	100m: 2:10.88	1:11.28	300m: 7:04.66	1:14.61	500m: 11:59.11	1:14.07	700m: 16:52.42	1:12.94		
	150m: 3:23.71	1:12.83	350m: 8:17.50	1:12.84	550m: 13:12.85	1:13.74	750m: 18:05.22	1:12.80		
	200m: 4:36.72	1:13.01	400m: 9:30.68	1:13.18	600m: 14:25.72	1:12.87	800m: 19:10.80	1:05.58		

Programmanr. 30
05-05-2019 - 11:00

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging						tijd	RT	PARA
Masters 20+										
1.	Jeffrey Camphens	DWT	NED	199503113				5:06.48	+0.68	
	50m: 30.70	30.70	150m: 1:50.87	43.02	250m: 3:15.17	42.85	350m: 4:33.02	35.03		
	100m: 1:07.85	37.15	200m: 2:32.32	41.45	300m: 3:57.99	42.82	400m: 5:06.48	33.46		
2.	Nordin Termoshuizen	WVZ	NED	199605401				5:18.43	+0.81	
	50m: 32.34	32.34	150m: 1:51.28	41.32	250m: 3:21.21	48.96	350m: 4:44.64	34.56		
	100m: 1:09.96	37.62	200m: 2:32.25	40.97	300m: 4:10.08	48.87	400m: 5:18.43	33.79		
3.	Patrick Wyrdean	Feijenoord Albion Zwemclub	NED	199702475				5:38.83	+0.68	
	50m: 33.74	33.74	150m: 1:59.96	45.68	250m: 3:31.49	47.95	350m: 5:00.47	40.45		
	100m: 1:14.28	40.54	200m: 2:43.54	43.58	300m: 4:20.02	48.53	400m: 5:38.83	38.36		

Programmanr. 30, Heren, 400m wisselslag

Masters 25+

1.	Emiel van Beusekom	ZPV Barracuda	NED	199403951		5:04.28	+0.84	
	50m: 30.41	30.41	150m: 1:48.46	41.66	250m: 3:11.70	42.72	350m: 4:30.29	34.86
	100m: 1:06.80	36.39	200m: 2:28.98	40.52	300m: 3:55.43	43.73	400m: 5:04.28	33.99
2.	Tim Bunnik	Triton	NED	199000505		5:11.97	+0.78	
	50m: 32.45	32.45	150m: 1:50.58	39.91	250m: 3:14.11	43.63	350m: 4:35.83	35.75
	100m: 1:10.67	38.22	200m: 2:30.48	39.90	300m: 4:00.08	45.97	400m: 5:11.97	36.14
3.	Patrick Creemers	RZ	NED	199000579		5:24.01	+0.77	
	50m: 35.38	35.38	150m: 2:04.88	42.93	250m: 3:31.24	43.49	350m: 4:50.23	35.20
	100m: 1:21.95	46.57	200m: 2:47.75	42.87	300m: 4:15.03	43.79	400m: 5:24.01	33.78
4.	Maik Steenkamp	Montferland	NED	199103847		5:36.47	+0.78	
	50m: 34.76	34.76	150m: 2:01.98	46.56	250m: 3:35.08	46.81	350m: 5:00.15	38.33
	100m: 1:15.42	40.66	200m: 2:48.27	46.29	300m: 4:21.82	46.74	400m: 5:36.47	36.32
DIS	Martino Valentijn	DIO	NED	199403913				
	<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>							

Masters 30+

1.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887		5:20.48	+0.84	
	50m: 33.04	33.04	150m: 1:55.18	42.69	250m: 3:19.49	42.61	350m: 4:41.99	38.65
	100m: 1:12.49	39.45	200m: 2:36.88	41.70	300m: 4:03.34	43.85	400m: 5:20.48	38.49
2.	Sander van Elburg	PSV	NED	198800937		5:37.73	+0.79	
	50m: 33.67	33.67	150m: 2:01.26	46.05	250m: 3:35.92	49.79	350m: 5:02.12	36.57
	100m: 1:15.21	41.54	200m: 2:46.13	44.87	300m: 4:25.55	49.63	400m: 5:37.73	35.61
3.	Wessel Everloo	De Veene	NED	198906597	SM14	5:40.68	+0.88	685
	50m: 34.00	34.00	150m: 2:00.60	43.74	250m: 3:33.09	51.48	350m: 5:03.79	38.96
	100m: 1:16.86	42.86	200m: 2:41.61	41.01	300m: 4:24.83	51.74	400m: 5:40.68	36.89
4.	Niels Albrechts	SGGO (SG)	NED	198800039		5:49.72	+0.68	
	50m: 35.62	35.62	150m: 2:03.64	44.60	250m: 3:43.32	56.41	350m: 5:14.62	35.54
	100m: 1:19.04	43.42	200m: 2:46.91	43.27	300m: 4:39.08	55.76	400m: 5:49.72	35.10

Masters 35+

1.	Kristiaan Lenos	ZVL-1886	NED	198301331		5:14.31	+0.82	
	50m: 31.32	31.32	150m: 1:50.59	42.32	250m: 3:16.64	44.36	350m: 4:38.48	37.07
	100m: 1:08.27	36.95	200m: 2:32.28	41.69	300m: 4:01.41	44.77	400m: 5:14.31	35.83
2.	Rob van Vliet	ZPC AMERSFOORT	NED	198402459		5:21.31	+0.88	
	50m: 32.55	32.55	150m: 1:56.91	44.84	250m: 3:23.98	43.90	350m: 4:45.72	36.64
	100m: 1:12.07	39.52	200m: 2:40.08	43.17	300m: 4:09.08	45.10	400m: 5:21.31	35.59
3.	Frank v.d. Voordt	SGGO (SG)	NED	198302259		5:25.21	+0.74	
	50m: 32.91	32.91	150m: 1:54.69	43.09	250m: 3:23.82	47.70	350m: 4:48.72	37.85
	100m: 1:11.60	38.69	200m: 2:36.12	41.43	300m: 4:10.87	47.05	400m: 5:25.21	36.49
4.	Robert Dekker	Dedemsvaart-AC	NED	198400443		5:34.56	+0.81	
	50m: 32.62	32.62	150m: 1:59.07	45.68	250m: 3:32.71	48.47	350m: 4:59.52	37.51
	100m: 1:13.39	40.77	200m: 2:44.24	45.17	300m: 4:22.01	49.30	400m: 5:34.56	35.04
5.	Marcel Reefhuis	WS Twente	NED	198101381		5:34.85	+0.81	
	50m: 34.02	34.02	150m: 2:01.05	44.51	250m: 3:30.93	46.17	350m: 4:56.91	39.25
	100m: 1:16.54	42.52	200m: 2:44.76	43.71	300m: 4:17.66	46.73	400m: 5:34.85	37.94
6.	Wade Rimbach	Otter SC	GBR	666271		5:36.35	+0.64	
	50m: 34.25	34.25	150m: 2:01.56	46.34	250m: 3:32.10	46.69	350m: 4:59.07	40.03
	100m: 1:15.22	40.97	200m: 2:45.41	43.85	300m: 4:19.04	46.94	400m: 5:36.35	37.28
7.	Thommy Nickel	ZPC Woerden	NED	198401627		5:43.43	+0.78	
	50m: 35.82	35.82	150m: 2:02.35	43.76	250m: 3:34.78	49.40	350m: 5:04.80	39.86
	100m: 1:18.59	42.77	200m: 2:45.38	43.03	300m: 4:24.94	50.16	400m: 5:43.43	38.63
8.	Peter van de Bor	DWT	NED	198402897		5:49.71	+0.84	
	50m: 36.05	36.05	150m: 2:09.07	47.31	250m: 3:43.35	49.84	350m: 5:13.51	40.57
	100m: 1:21.76	45.71	200m: 2:53.51	44.44	300m: 4:32.94	49.59	400m: 5:49.71	36.20
9.	Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627		5:53.97	+0.88	
	50m: 36.87	36.87	150m: 2:09.15	47.25	250m: 3:45.78	49.71	350m: 5:16.08	39.61
	100m: 1:21.90	45.03	200m: 2:56.07	46.92	300m: 4:36.47	50.69	400m: 5:53.97	37.89
10.	Wilco Steenwijk	ZVV	NED	198002465		6:11.05	+0.80	
	50m: 37.02	37.02	150m: 2:12.66	50.13	250m: 3:52.72	52.02	350m: 5:28.36	44.00
	100m: 1:22.53	45.51	200m: 3:00.70	48.04	300m: 4:44.36	51.64	400m: 6:11.05	42.69

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 30, Heren, 400m wisselslag, Masters 35+

rang	naam	vereniging					tijd	RT	PARA
11.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463			6:18.18	+0.88	
	50m: 36.21	36.21	150m: 2:08.23	47.48	250m: 3:52.34	56.13	350m: 5:35.79	45.72	
	100m: 1:20.75	44.54	200m: 2:56.21	47.98	300m: 4:50.07	57.73	400m: 6:18.18	42.39	
12.	Sebastian de Vos	De Duinkickers	NED	198402481	SM7		9:00.60	+1.12	263
	50m: 58.08	58.08	150m: 3:27.89	1:10.39	250m: 5:44.78	1:10.38	350m: 7:57.30	1:02.93	
	100m: 2:17.50	1:19.42	200m: 4:34.40	1:06.51	300m: 6:54.37	1:09.59	400m: 9:00.60	1:03.30	

Masters 40+

1.	Dennis Brouwers	HZPC	NED	197800167			5:16.59	+0.77	
	50m: 35.39	35.39	150m: 1:56.07	37.83	250m: 3:19.66	46.92	350m: 4:41.87	35.86	
	100m: 1:18.24	42.85	200m: 2:32.74	36.67	300m: 4:06.01	46.35	400m: 5:16.59	34.72	
2.	Mark Hensen	ZPV Barracuda	NED	197900497			5:37.16	+0.74	
	50m: 32.63	32.63	150m: 1:55.77	44.93	250m: 3:28.99	48.42	350m: 4:57.16	40.23	
	100m: 1:10.84	38.21	200m: 2:40.57	44.80	300m: 4:16.93	47.94	400m: 5:37.16	40.00	

Masters 45+

1.	Bruno Nahon	CNSW	BEL	000390/70			6:04.28	+0.92	
	50m: 37.26	37.26	150m: 2:10.18	47.19	250m: 3:48.88	53.70	350m: 5:24.67	41.14	
	100m: 1:22.99	45.73	200m: 2:55.18	45.00	300m: 4:43.53	54.65	400m: 6:04.28	39.61	
2.	Korstiaan de Boer	Steenwijk 1934	NED	197101629			6:11.56	+0.87	
	50m: 36.11	36.11	150m: 2:08.75	48.31	250m: 3:47.16	51.61	350m: 5:26.00	45.07	
	100m: 1:20.44	44.33	200m: 2:55.55	46.80	300m: 4:40.93	53.77	400m: 6:11.56	45.56	
3.	Jacques Verriet	VZV Njord	NED	197001039			6:26.72	+0.73	
	50m: 39.24	39.24	150m: 2:19.63	51.59	250m: 4:00.11	50.02	350m: 5:39.53	48.85	
	100m: 1:28.04	48.80	200m: 3:10.09	50.46	300m: 4:50.68	50.57	400m: 6:26.72	47.19	
4.	Kasper van den Berghe	SWOL 1894	NED	197301125			6:29.35	+0.74	
	50m: 40.13	40.13	150m: 2:18.83	51.43	250m: 4:06.42	57.30	350m: 5:48.57	44.73	
	100m: 1:27.40	47.27	200m: 3:09.12	50.29	300m: 5:03.84	57.42	400m: 6:29.35	40.78	

Masters 50+

1.	René Beetsma	HZ&PC Heerenveen	NED	196900069			5:41.06	+0.83	
	50m: 33.32	33.32	150m: 2:00.31	45.70	250m: 3:33.28	49.39	350m: 5:03.14	40.39	
	100m: 1:14.61	41.29	200m: 2:43.89	43.58	300m: 4:22.75	49.47	400m: 5:41.06	37.92	
2.	Eymert van Rooij	PSV	NED	196601631			6:29.44	+0.94	
	50m: 38.95	38.95	150m: 2:22.94	52.41	250m: 4:08.91	55.32	350m: 5:48.94	44.23	
	100m: 1:30.53	51.58	200m: 3:13.59	50.65	300m: 5:04.71	55.80	400m: 6:29.44	40.50	
3.	Richard Hill	De Duinkickers	NED	196601651			7:36.31	+0.83	
	50m: 45.54	45.54	150m: 2:37.84	59.36	250m: 4:42.86	1:05.22	350m: 6:46.10	55.59	
	100m: 1:38.48	52.94	200m: 3:37.64	59.80	300m: 5:50.51	1:07.65	400m: 7:36.31	50.21	

Masters 55+

1.	Arnold de Rover	AZ&PC De Futen	NED	196400645			5:46.01	+0.88	
	50m: 36.36	36.36	150m: 2:04.58	45.67	250m: 3:37.55	48.10	350m: 5:06.93	40.02	
	100m: 1:18.91	42.55	200m: 2:49.45	44.87	300m: 4:26.91	49.36	400m: 5:46.01	39.08	
2.	Ronald Grove	Triton	NED	196100161			6:09.53	+0.79	
	50m: 37.62	37.62	150m: 2:15.93	50.61	250m: 3:56.38	51.07	350m: 5:29.54	40.61	
	100m: 1:25.32	47.70	200m: 3:05.31	49.38	300m: 4:48.93	52.55	400m: 6:09.53	39.99	
3.	Jan Willem Heuten	WS Twente	NED	196000883			7:34.60	+1.01	
	50m: 48.89	48.89	150m: 2:53.57	1:05.51	250m: 4:59.04	1:05.37	350m: 6:48.62	46.02	
	100m: 1:48.06	59.17	200m: 3:53.67	1:00.10	300m: 6:02.60	1:03.56	400m: 7:34.60	45.98	

Masters 60+

1.	Hugo Bregman	Feijenoord Albion Zwemclub	NED	195800069			5:34.79	+0.75	
	<i>Nederlands Masters Record</i>								
	50m: 32.65	32.65	150m: 1:56.20	44.67	250m: 3:29.59	49.63	350m: 4:58.46	39.78	
	100m: 1:11.53	38.88	200m: 2:39.96	43.76	300m: 4:18.68	49.09	400m: 5:34.79	36.33	

Programmanr. 30, Heren, 400m wisselslag, Masters 60+

rang	naam	vereniging							tijd	RT	PARA
2.	Paul Bunnik	Triton	NED	195600413					6:41.75	+0.91	
	50m: 39.18	39.18	150m: 2:26.45	56.54	250m: 4:14.11	55.90	350m: 5:57.35	45.47			
	100m: 1:29.91	50.73	200m: 3:18.21	51.76	300m: 5:11.88	57.77	400m: 6:41.75	44.40			

Masters 75+

1.	Rob Hanou	PSV	NED	194300109					7:35.11	+1.11	
	<i>Kampioenschapsrecord</i>										
	50m: 52.89	52.89	150m: 2:56.83	1:02.58	250m: 5:00.22	1:00.92	350m: 6:50.22	49.10			
	100m: 1:54.25	1:01.36	200m: 3:59.30	1:02.47	300m: 6:01.12	1:00.90	400m: 7:35.11	44.89			

Programmanr. 31
05-05-2019 - 11:34

4 x 100m wisselslag

Masters Open
Resultaten

rang	vereniging								tijd	RT	PARA
80+, Gemengd											
1.	DAW 2	DAW	NED						4:41.50	+0.66	
	Denise Boonstra	+0.66	35.95	1:15.88	Brenda Zwarthoed	+0.65	32.91	1:12.96			
	Dennis Kraakman	+0.57	35.35	1:18.28	Felix Geenen	+0.24	25.21	54.38			
2.	Noord Veluwe 1	Noord Veluwe	NED						4:56.77	+0.70	
	Frank Versprille	+0.70	36.02	1:15.21	Stephanie van Diepen	+0.45	36.08	1:25.36			
	Erik Verholt	+0.47	32.14	1:10.58	Rianne van Rijssen	+0.36	30.91	1:05.62			
3.	NDD 1	NDD	NED						5:03.46	+0.89	
	Giel Verberne	+0.89	36.02	1:15.14	Jasmijn van Rossum	+0.59	32.91	1:13.69			
	Olga Volman-Maiorova	+0.49	40.92	1:27.25	Besi Sejdijaj	+0.61	30.95	1:07.38			

100+, Dames

1.	ESCA Zwemmen 1	ESCA Zwemmen	NED						5:08.42	+0.63	
	Moniek van Langevelde	+0.63	37.53	1:17.38	Cheyenne Verburgt	+0.19	33.97	1:17.64			
	Ijla Janssen	+0.21	40.51	1:28.68	Kiona Peters	+0.26	30.39	1:04.72			
2.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED						5:16.90	+0.58	
	Anne-Irene Ducheine	+0.58	34.05	1:09.70	Renske Eilers	+0.46	38.99	1:29.77			
	Sabine Duijst	+0.21	43.25	1:35.70	Myra Smulders	+0.19	28.90	1:01.73			

100+, Heren

1.	Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED						4:02.05	+0.58	
	<i>Nederlands Masters Record, Startzwemmer NMR</i>										
	Ensger Kotterink	+0.58	27.63	57.51	Timo Dinkelberg	+0.46	28.40	1:00.76			
	Romero Hennep	+0.39	31.99	1:07.91	Nol van Thull	+0.31	26.23	55.87			

100+, Gemengd

1.	WVZ 3	WVZ	NED						4:31.02	+0.78	
	Manon van Strien	+0.78	35.14	1:12.55	Jordy van Oel	+0.34	28.68	1:02.08			
	Simon van Ravesteijn	+0.53	32.75	1:11.90	Isabelle Massar	+0.44	30.16	1:04.49			
2.	ZPV Barracuda 1	ZPV Barracuda	NED						4:35.02	+0.56	
	Denise Boereboom	+0.56	35.32	1:12.89	Melissa van der Heijden	+0.26	31.53	1:08.01			
	Emiel van Beusekom	+0.31	35.12	1:15.69	Mark Hensen	+0.43	27.56	58.43			
3.	DWT 1	DWT	NED						4:38.72	+0.68	
	Evy Witlox	+0.68	34.17	1:10.56	Chantal Beijer	+0.53	33.44	1:11.73			
	Jeffrey Camphens	+0.27	34.40	1:15.12	Peter van de Bor	+0.12	28.22	1:01.31			
4.	ZVL-1886 1	ZVL-1886	NED						4:47.16	+0.66	
	Robin van Beek	+0.66	31.50	1:05.26	Kristiaan Lenos	+0.50	29.84	1:06.65			
	Suzan Blankestijn	+0.39	39.78	1:26.27	Moniek Heemskerck	+0.16	33.03	1:08.98			

Programmanr. 31, Gemengd, 4 x 100m wisselslag, 100+

rang	vereniging	tijd	RT	PARA
5.	Steenwijk 1934 3	5:04.78	+0.74	
	Robert Braad	+0.47 33.91	1:17.68	
	Patrick Wobben	+0.42 33.67	1:10.07	

120+, Dames

1.	ZPC Woerden 1	5:09.01	+0.86	
	Sabine Lina	+0.39 35.97	1:20.44	
	Ilse van den Wijngaard	+0.08 30.44	1:04.72	
2.	MSV-Zeemacht 1	5:27.29	+0.81	
	Suzanne Mosch	+0.31 34.05	1:16.11	
	Bianca Groot	+0.32 40.52	1:25.48	
3.	De Duck 1	5:35.52	+0.85	
	Geraldine Trainor	+0.60 38.16	1:29.18	
	Rachel Trainor	+0.44 34.17	1:12.38	
4.	WVZ 1	5:47.81	+0.76	
	Petra Verstegen	+0.33 41.18	1:34.14	
	Yvonne Gerritsen	+0.20 35.27	1:14.50	
5.	Steenwijk 1934 1	6:18.12	+0.79	
	Charine de Ruiter	+0.56 49.61	1:49.22	
	Wilna Heijman	+0.19 33.44	1:11.47	

120+, Heren

1.	WVZ 2	4:38.10	+0.71	
	Ivo Roozeboom	+0.42 30.85	1:07.52	
	Vincent Lapouge	+0.04 29.78	1:03.84	
2.	ZOB'66 1	4:53.74	+0.70	
	Harmen Reemst	+0.44 32.66	1:12.29	
	Tristan Stam	+0.44 30.15	1:03.96	
3.	Deltasteur 1	5:27.41	+0.69	
	Alistair Critchell	+0.47 36.44	1:25.61	
	Tom de Lange	+0.73 32.56	1:13.61	

120+, Gemengd

1.	ZPC AMERSFOORT 2	4:23.51	+0.69	
	<i>Europees Masters Record</i>			
	Martijn Giezen	+0.03 27.69	1:03.77	
	Larissa Brak	+0.26 33.47	1:12.70	
2.	Feijenoord Albion Zwemclub 3	4:40.72	+0.74	
	Roos van Esch	+0.31 29.66	1:04.15	
	Fenna de Groot	+0.31 26.84	57.66	
3.	Zwemlust-den Hommel 1	4:41.63	+0.71	
	Marjon Pol	+0.51 32.96	1:15.48	
	Vincent Versteeg	+0.32 27.77	58.70	
4.	DIO 1	4:58.69	+0.73	
	Whitney van Hoeckel	+0.26 31.44	1:10.48	
	Gijs van de Sande	+0.26 30.09	1:03.07	
5.	De Duck 2	5:05.02	+0.69	
	Lenneke Bagijn	+0.40 27.97	59.44	
	Leontine Groeneveldt	+0.09 34.34	1:12.31	
6.	SGGO (SG) 1	5:06.25	+0.72	
	Marjon van Kempen	+0.50 34.86	1:17.66	
	Kees Akershoek	0.00 30.95	1:05.87	
7.	PSV 5	5:08.86	+0.77	
	Liselotte Joling	+0.16 32.26	1:10.83	
	Tom Bandsma	+0.57 33.32	1:07.81	
8.	Montferland 2	5:10.18	+0.67	
	Hanneke Heymen	+0.43 32.71	1:11.43	
	Angela Giezen	+0.26 32.09	1:09.17	

Programmanr. 31, Gemengd, 4 x 100m wisselslag, 120+

rang	vereniging				tijd	RT	PARA
9.	SWOL 1894 1	SWOL 1894	NED		5:19.10	+0.83	
	Miriam Visserman	+0.83 42.66		Han Boone	+0.48 35.92		1:18.69
	Stefan van der Grift	+0.47 35.69	1:28.20	Nienke Nieuwenhuis	+0.11 34.51		1:14.76
10.	RZ 1	RZ	NED		5:23.56	+0.81	
	Patrick Creemers	+0.81 35.66	1:13.86	Claudia Creemers	+0.61 42.44		1:41.27
	Fiona Meuffels	+0.15 38.06	1:23.87	Gino Martijn	+0.28 29.15		1:04.56
11.	Feijenoord Albion Zwemclub 4	Feijenoord Albion Zwemclub	NED		5:24.38	+0.74	
	Anouk van der Lans	+0.74 40.55	1:24.85	Patrick Wyrdean	+0.56 32.73		1:11.11
	Fred Dijkshoorn	+0.48 44.71	1:36.94	Jacoline van den Beukel	+0.31 33.34		1:11.48
DIS	ZVVS 2	ZVVS	NED			+0.75	
	<i>EA - Te vroeg overgenomen., 4de zwemmer</i>						
	Jeroen Hoeksels	+0.75 45.54	1:37.01	Ramona Noordermeer	+0.21 38.48		1:28.87
	Gerjan van der Vaart	+0.52 43.75	1:34.38	Heleen ten Have			

160+, Dames

1.	DAW 1	DAW	NED		5:33.46	+0.75	
	Agnes van Brug	+0.75 43.14	1:27.29	Iona Hogerheyde	+0.46 34.01		1:16.28
	Petra Tossings	+0.49 45.48	1:36.80	Jacqueline Tuin	+0.46 33.82		1:13.09
2.	AZC 1	AZC	NED		6:33.03	+0.82	
	Katrina Boutwell	+0.82 50.41	1:47.03	Monique Remst	+0.46 38.38		1:25.30
	Wil Ponsoien-van Mil	+0.64 54.78	1:57.41	Sandra Daamen-Posma	+0.49 38.63		1:23.29
DIS	Montferland 1	Montferland	NED			+0.82	
	<i>EA - Te vroeg overgenomen., 2de zwemmer</i>						
	Wilma Lammers-Wigman	+0.82 45.98	1:33.25	Kelly Bocking			
	Esther van Maastrigt			Wilma van Velsen			

160+, Heren

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED		4:23.47	+0.83	
	René Beetsma	+0.83 35.40	1:12.65	Casper Hut	+0.20 27.83		59.70
	Dennis Bos	+0.12 31.28	1:08.67	Marten de Groot	+0.41 29.81		1:02.45
2.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED		4:48.75	+0.83	
	Paul Hardeman	+0.83 36.87	1:14.84	Rob van Vliet	+0.42 30.77		1:08.73
	Wouter van 't Klooster	+0.43 37.88	1:20.70	Ron Korzelijs	+0.36 30.44		1:04.48
3.	De Duinkickers 2	De Duinkickers	NED		5:29.50	+0.71	
	Ruben de Boer	+0.71 37.60	1:17.86	Robert de Brauwer	+0.29 37.87		1:23.13
	Robin Roskam	+0.44 41.88	1:33.49	Richard Hill	+0.53 35.60		1:15.02

160+, Gemengd

1.	CNSW 1	CNSW	BEL		5:11.78	+0.85	
	Bruno Nahon	+0.85 39.42	1:20.74	Nathalie Blondeel	+0.25 35.81		1:16.62
	Isaline Manchel	+0.36 42.61	1:31.22	Lionel Godeaux	+0.47 29.63		1:03.20
2.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED		5:13.75	+0.89	
	Henriëtte v. Norden	+0.89 40.77	1:25.52	Lidia v. Bon-Rosenbrand	+0.44 35.63		1:18.07
	Jelle Blankestijn	+0.59 38.02	1:21.02	Henk Kuipers	+0.25 33.92		1:09.14
3.	AZ&PC De Futen 1	AZ&PC De Futen	NED		5:16.08	+0.87	
	Joanne Groeneveldt	+0.87 40.25	1:22.59	Arnold de Rover	+0.57 33.82		1:13.87
	Bas Spoelstra	+0.45 39.10	1:23.24	Elisa de Groot	+0.40 34.72		1:16.38
4.	DWK 1	DWK	NED		5:35.02	+0.72	
	Greta Wyma-Teitsma	+0.72 49.75	1:43.23	Lars Jacobsen	+0.26 32.07		1:14.71
	Iris van Aurich		1:30.87	Michel van Wingerden	+0.56 31.09		1:06.21
5.	AZC 2	AZC	NED		5:36.98	+0.70	
	Stefan Oostendorp	+0.70 38.00	1:17.77	Auke de Lange	+0.34 36.44		1:22.31
	Mariska Zaal	+0.42 41.31	1:31.81	Geza Kaltenecker	+0.46 38.51		1:25.09

Programmanr. 31, 4 x 100m wisselslag

200+, Dames

1.	PSV 2 <i>Wereld Masters Record, Startzwemster NMR</i>	PSV	NED	4:58.55	+0.71
	Gudule van der Meer	+0.71 35.81 1:14.06	Jeanne Pettit	+0.37 33.38 1:11.72	
	Trudy Ketting	+0.45 38.71 1:22.79	Esther van Lohuizen	+0.58 33.90 1:09.98	
2.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED	5:45.00	+0.78
	Tineke Janssen	+0.78 43.20 1:26.95	Mirjan den Drijver	+0.47 34.78 1:18.74	
	Caroline Kruger	+0.68 50.78 1:47.95	Netty Burik-Geijsen	+0.26 34.17 1:11.36	
3.	ESCA Zwemmen 2	ESCA Zwemmen	NED	6:42.09	+0.83
	Karin van der Star-Verhoeven	+0.83 43.75 1:32.74	Yoka de Vegt-van Dijk	+0.88 46.93 1:42.76	
	Marion Kolkman-Pluim	+0.66 52.20 1:49.56	Ria Peters-Veurman	+0.05 45.36 1:37.03	
4.	De Duinkickers 1	De Duinkickers	NED	6:50.34	+0.72
	Esther van Buren	+0.72 46.14 1:34.76	Saskia op den Velde	+0.46 49.60 1:48.43	
	Annet Verhoeven - Steggerda	57.36 2:02.62	Christine Buist	+0.77 39.57 1:24.53	

200+, Heren

1.	WS Twente 1	WS Twente	NED	4:59.04	+0.56
	Marcel Reefhuis	+0.56 34.13 1:10.37	Hans Westerhof	+0.79 33.90 1:15.66	
	Joop Weenink	+0.63 40.57 1:25.58	Ronald Richardson	+0.46 31.71 1:07.43	
2.	De Rog 2	De Rog	NED	5:16.60	+0.82
	Erik Kamphuis	+0.82 39.25 1:18.14	Peter Bensen	+0.29 32.28 1:10.60	
	Wijnand Vergeest	+0.59 43.26 1:32.57	Frank Van Engelen	+0.72 34.24 1:15.29	
3.	Steenwijk 1934 2	Steenwijk 1934	NED	5:23.38	+0.77
	Guido Keutgen	+0.77 33.55 1:10.13	Korstaan de Boer	+0.69 35.68 1:18.20	
	Hans van Scheepen	+0.51 46.58 1:41.62	Casper Dollekamp	+0.26 34.16 1:13.43	
4.	Zwemvereniging Hoogland 2	Zwemvereniging Hoogland	NED	5:37.59	+0.79
	Rudolf Meijer	+0.79 43.47 1:31.01	Rutger Stam	+0.22 35.88 1:18.49	
	Paul de Boer	+0.52 41.38 1:30.21	Jan Vonk	+0.57 38.35 1:17.88	

200+, Gemengd

1.	ZPC AMERSFOORT 3 <i>Europees Masters Record</i>	ZPC AMERSFOORT	NED	4:46.35	+0.84
	Edwin v. Norden	+0.84 34.04 1:09.51	Lesley Cordial	+0.58 34.88 1:14.46	
	Vincent Bakker	+0.16 33.92 1:13.61	Atie Pijtak-Radersma	+0.04 32.22 1:08.77	
2.	ZPC AMERSFOORT 5	ZPC AMERSFOORT	NED	6:22.01	+0.83
	Loekie van Huissteden	+0.83 1:04.56 2:14.23	Martijn Bartels	+0.23 30.99 1:14.15	
	Machteld Stiling	+0.17 47.68 1:39.41	Peter Barendse	+0.62 35.07 1:14.22	

240+, Dames

1.	Old Dutch 1	Old Dutch	NED	8:32.40	+0.75
	Karien Musters	+0.75 1:11.09 2:30.40	Karin van Nassau-van den Heuvel	+0.27 52.24 1:49.36	
	Mies Kuipers	+0.18 1:06.30 2:15.76	Marie Smits	+0.90 53.72 1:56.88	

240+, Heren

1.	PSV 3 <i>Nederlands Masters Record</i>	PSV	NED	4:56.99	+0.73
	Brend Brevé	+0.73 38.84 1:18.99	Fred Ketting	+0.03 33.32 1:14.88	
	Harold Matla	+0.44 35.95 1:16.53	Hans Wijsman	+0.41 30.75 1:06.59	

Programmanr. 31, 4 x 100m wisselslag

240+, Gemengd

1. ZVVS 1	ZVVS			NED	6:07.19	+0.79	
Ada de Voogd	+0.79	47.25	1:37.04	Bas van de Nouwelant	+0.47	35.40	1:22.62
Willem Putter	+0.57	51.66	1:51.66	Conny Boer-Buys	+0.62	36.68	1:15.87
2. SWOL 1894 2	SWOL 1894			NED	6:13.78	+1.06	
Mans Buis	+1.06	53.24	1:47.79	Kasper van den Berghe	+0.68	38.21	1:21.35
Marjan Spoelstra	+0.88	51.07	1:46.88	Christien Nieuwenhuis	+0.82	37.57	1:17.76
3. PSV 4	PSV			NED	6:31.15	+0.89	
Evertjan Masurel	+0.89	43.58	1:30.39	Carla Hensen	+0.43	46.80	1:45.57
Gonnie Bak	+0.57	1:00.56	2:03.93	Eymert van Rooij	+0.62	32.96	1:11.26

280+, Dames

1. PSV 1	PSV			NED	6:43.79	+0.84	
<i>Nederlands Masters Record</i>							
Patty Krupiarz	+0.84	47.76	1:39.87	Patty Verhagen	+0.45	40.18	1:33.48
Cornie Verhoeven	+0.44	49.56	1:46.40	Lottie Geurts	+0.58	50.65	1:42.04

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Programmanr. 33
05-05-2019 - 13:30

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging		tijd	RT	PARA
Masters 20+						
1.	Nadja Wortel	Hieronymus	NED 199800798	32.78	+0.70	
2.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	32.99	+0.58	
3.	Hilde Dekker	ReVeLie Swim Team	NED 199901926	33.32	+0.69	
4.	Tamara Grove	De Dolfijn	NED 199601266	33.63	+0.70	
5.	Linda Kamperman	Aquarijn	NED 199601238	33.95	+0.73	
6.	Moniek van Langevelde	ESCA Zwemmen	NED 199803160	34.17	+0.64	
7.	Sterre Keller	The Hague Swimming (SG)	NED 199904142	34.40	+0.60	
8.	Rosanne Ligtoet	Aqua-Novio'94	NED 199501212	34.49	+0.62	
9.	Denise Boonstra	DAW	NED 199902662	34.51	+0.68	
10.	Fiona Meuffels	RZ	NED 199504366	34.89	+0.72	
11.	Janine de Groot	Nova	NED 199500092	35.52	+0.64	
12.	Lincy de Winter	The Hague Swimming (SG)	NED 199805886	35.78	+0.67	
13.	Eef Hollander	The Hague Swimming (SG)	NED 199602074	35.89	+0.61	
14.	Iris Bastiaansen	De Amstel	NED 199902006	36.20	+0.73	
15.	Jet Kleine	MSV-Zeemacht	NED 199903384	36.55	+0.58	
16.	Thirza Belder	ZOB'66	NED 199803024	37.12	+0.80	
17.	Eline Hendriks	ZPC AMERSFOORT	NED 199802794	37.23	+0.76	
18.	Lotte Rolink	Zwemclub Polaris	NED 199504880	37.28	+0.71	
19.	Nicole van Zuilen	Zwemvereniging Hoogland	NED 199505428	37.87	+0.64	
20.	Naomi van Gool	Link	NED 199505166	38.11	+0.83	
21.	Judith Kleinjan	De Duck	NED 199802710	38.67	+0.79	
22.	Selina Janssen	SWNZ (SG)	NED 199905974	38.75	+0.68	
23.	Esmee van Dijk	EZPC	NED 199901694	38.87	+0.71	
24.	Sheila Ten Voorde	ZVV	NED 199904538	39.21	+0.67	
25.	Anouk van der Lans	Feijenoord Albion Zwemclub	NED 199801614	39.48	+0.68	
26.	Cynthia van Veen	ZPC Woerden	NED 199606736	40.07	+0.69	
27.	Nadine Scheeve	Zwemlust-den Hommel	NED 199700684	42.05	+0.74	
28.	Maranka Huitema	Steenwijk 1934	NED 199500302	43.65	+0.71	
29.	Mariska Scholts	Rotterdam Swimming (SG)	NED 199606804	54.77	+0.74	
NG	Rachel Blok	Het Y	NED 199906076			

Masters 25+

1.	Elmi Roelofsen	ZVV	NED 199008198	32.78	+0.76	
2.	Denise Boereboom	ZPV Barracuda	NED 199202144	33.05	+0.65	
3.	Manon van Strien	WVZ	NED 199400770	33.42	+0.77	
4.	Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	33.66	+0.77	
5.	Suzanne Mosch	MSV-Zeemacht	NED 199400548	33.91	+0.71	
6.	Joanne van Essen	Zwemlust-den Hommel	NED 199303506	35.06	+0.77	
7.	Marjon Pol	Zwemlust-den Hommel	NED 199102502	35.36	+0.69	
8.	Wendy de Bruin	ZOB'66	NED 199206320	35.77	+0.59	
9.	Whitney van Hoeckel	DIO	NED 199402390	35.93	+0.67	
10.	Danica Koedoot	SGGO (SG)	NED 199301034	36.12	+0.69	
11.	Tessa Mosch	MSV-Zeemacht	NED 199102172	36.84	+0.61	
12.	Marlijn ten Hove	ZPC AMERSFOORT	NED 199001608	37.19	+0.80	
13.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	NED 199100238	37.79	+0.77	
14.	Getrude Corporaal	Steenwijk 1934	NED 199200380	37.91	+0.76	
15.	Ramona Noordermeer	ZVVS	NED 199401746	39.42	+0.72	
16.	Rebecca Evers	ZOB'66	NED 199207916	39.53	+0.68	
17.	Cheyenne Vercooren	Royal Ostend Swimming Club	BEL 21023/93	39.71	+0.71	
18.	Ragna van Lieshout	ZPC AMERSFOORT	NED 199001812	40.11	+0.67	
19.	Whitley Rens	SGGO (SG)	NED 199007520	40.33	+0.72	
20.	Marjan Rikken	ZVV	NED 199206114	40.73	+0.68	
21.	Heleen ten Have	ZVVS	NED 199403000	41.08	+0.77	

Programmanr. 33, Dames, 50m rugslag

Masters 30+

1.	Evy Witlox <i>Nederlands Masters Record</i>	DWT	NED	198804946	31.90	+0.65
2.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	34.94	+0.76
3.	Sabine Lina	ZPC Woerden	NED	198902680	35.09	+0.89
4.	Kiona Peters	ESCA Zwemmen	NED	198903272	35.73	+0.72
5.	Larissa Brak	ZPC AMERSFOORT	NED	198800572	36.28	+0.74
6.	Elles van Leeuwen	PSV	NED	198602240	38.45	+0.73
7.	Linda van Klei-Janssen	ZPB H&L Productions	NED	198802088	38.79	+0.70
8.	Joan Fontaine	Zwemclub Koewacht	NED	198805148	41.24	+0.77
9.	Sanne Smouter	Zwemvereniging Hoogland	NED	198907540	43.03	+0.74

Masters 35+

1.	Delia Badoux	WVZ	NED	198000042	34.46	+0.69
	Marjon van Kempen	SGGO (SG)	NED	198000578	34.46	+0.71
3.	Hanneke Heymen	Montferland	NED	198400968	34.55	+0.66
4.	Ann Wanter	Zwemclub Geel	BEL	21082/82	35.32	+0.79
5.	Angela Giezen	Montferland	NED	198302796	37.44	+0.73
6.	Ilja Janssen	ESCA Zwemmen	NED	198102234	37.85	+0.76
7.	Esther van Buren	De Duinkickers	NED	198001670	43.60	+0.70
8.	Marloes Rebel	WS Twente	NED	198403474	46.15	+0.91

Masters 40+

1.	Mirjan den Drijver	Feijenoord Albion Zwemclub	NED	197500884	36.76	+0.78
2.	Gea van der Schaaf	Deltasteur	NED	197901558	37.46	+0.72
3.	Geraldine Trainor	De Duck	NED	197500544	38.21	+0.76
4.	Esther Vergeest	De Rog	NED	197700012	39.90	+0.75
5.	Petra Verstegen	WVZ	NED	197700906	40.30	+0.77
6.	Leonie Scholten	Steenwijk 1934	NED	197901560	40.44	+0.66
7.	Sandra Van der Helm	De Rog	NED	197801340	47.82	+0.73

Masters 45+

1.	Gudule van der Meer <i>Nederlands Masters Record</i>	PSV	NED	197200396	34.12	+0.68
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	NED	197200964	34.69	+0.73
3.	Edith Janssen-Koolen	TRB-RES	NED	197300898	35.44	+0.81
4.	Valerie Rolland	CNSW	BEL	004276/71	37.38	+0.63
5.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	38.53	+0.75
6.	Henriëtte Manting	GZVW	NED	197100246	40.19	+0.72
7.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992	42.74	+0.69
8.	Karin Leverink	WS Twente	NED	197200972	43.35	+0.71
9.	Katrina Boutwell	AZC	NED	197201036	46.32	+0.70
10.	Greta Wyma-Teitsma	DWK	NED	197100696	46.34	+0.71
11.	Linda Kerkmeester	GoSwim	NED	197400980	47.57	+0.83

Masters 50+

1.	Lesley Cordial <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	196700684	34.96	+0.70
2.	Allie Price	Cardiff Masters	GBR	547582	35.49	+0.66
3.	Monique Tuijp	WZ&PC Purmerend	NED	196900800	36.66	+0.88
4.	Talje Dijkhuis	ZPC AMERSFOORT	NED	196600072	38.33	+0.72
5.	Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	38.47	+0.75
6.	Daniëlle van Veen	ZPC Woerden	NED	196901048	38.76	+0.78
7.	Caroline Schreuder	Triton	NED	196700550	38.80	+0.91
8.	Annette van Dok	MSV-Zeemacht	NED	196800742	42.35	+0.90
9.	Annette Korving-Leijenaar	Aqualero	NED	196700662	42.53	+0.67
10.	Patricia de Jong	HHZV PLONS	NED	196600728	42.99	+0.86

Programmanr. 33, Dames, 50m rugslag, Masters 50+

rang	naam	vereniging			tijd	RT	PARA
11.	Lucy Dubus	Royal Dauphins Mouscronnois	BEL	003221/69	43.51	+0.65	
12.	Linda Goderie	Rotterdam Swimming (SG)	NED	196900976	45.07	+0.65	
13.	Sandra Daamen-Posma	AZC	NED	196800854	46.63	+0.96	
14.	Roselinda van der Vlugt	De Geul	NED	196700710	46.73	+0.80	
15.	Cora Smulders	ESCA Zwemmen	NED	196600668	53.14	+0.71	
16.	Ann Vandenbrouck	Royal Ostend Swimming Club	BEL	20321/65	1:00.73	+0.99	
NG	Ellen van Wingerden-Dijkhuizen	DWK	NED	196900970			

Masters 55+

1.	Feikje Wittermans <i>Nederlands Masters Record</i>	WIDEX GZC DONK	NED	196400408	36.98	+0.74	
2.	Judith Cromjongh	De Zwoer	NED	196400054	37.77	+0.66	
3.	Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	39.94	+0.75	
4.	Karin van der Star-Verhoeven	ESCA Zwemmen	NED	196100382	42.15	+0.79	
5.	Marijke Kraak-Beckers	WS Twente	NED	196000240	42.39	+0.71	
6.	Wilma Lammers-Wigman	Montferland	NED	196400614	42.54	+0.77	
7.	Christine Buist	De Duinkickers	NED	196400608	42.71	+0.77	
8.	Wilna Heijman	Steenwijk 1934	NED	196400506	42.90	+0.85	
9.	Katinka Elders	Oceanus	NED	196000292	47.06	+0.77	
10.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	47.39	+0.88	
11.	Lia Bijkerk	WIDEX GZC DONK	NED	196000014	50.88	+0.72	
12.	Joke Burgers	SWOL 1894	NED	196000226	1:00.27	+0.79	

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	40.97	+0.72	
2.	Ada de Voogd	ZVVS	NED	195900280	42.79	+0.73	
3.	Monica Bakker	Steenwijk 1934	NED	195600082	46.15	+0.83	
4.	Lies Hartman	PSV	NED	195600116	1:00.23	+0.88	
5.	Karien Musters	Old Dutch	NED	195800236	1:06.68	+0.68	

Masters 65+

1.	Conny Boer-Buys <i>Nederlands Masters Record</i>	ZVVS	NED	195000006	42.72	+0.83	
2.	Patty Krupiarz	PSV	NED	195400074	43.79	+0.76	
3.	Christien Nieuwenhuis	SWOL 1894	NED	195100022	44.78	+0.72	
4.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	50.62 *	+0.88	
5.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	52.99	+0.73	
6.	Ineke Brouwers	PSV	NED	195200070	57.99	+0.82	
7.	Maryse Van Cant	Antwerpse zwemclub Scaldis	BEL	20233/54	1:05.81 *	+0.80	
8.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:07.30	+0.74	
9.	Janny van der Weide	Deltasteur	NED	195100066	1:15.57	+1.45	

Masters 70+

1.	Corrie Verhoeven	PSV	NED	194600026	46.67	+0.78	
2.	Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	58.84	+0.83	

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	1:00.30	+0.63	
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Masters 80+

1.	Lottie Geurts	PSV	NED	193500006	58.01	+1.20	
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Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Melvin Prins	Wiekslag	NED	199500201	27.47	+0.61	
2.	Ivo van Dijk	The Hague Swimming (SG)	NED	199702985	29.32	+0.64	
3.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	29.67	+0.60	
4.	Jelmer Lankhorst	The Hague Swimming (SG)	NED	199800353	29.83	+0.67	
5.	Felix Geenen	DAW	NED	199501085	30.04	+0.71	
6.	Robin van Beek	ZVL-1886	NED	199704023	30.55	+0.59	
7.	Dennis Wildeboer	Nova	NED	199800571	31.11	+0.57	
8.	Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	31.20	+0.70	
9.	Jordi van der Weel	Feijenoord Albion Zwemclub	NED	199600359	31.56	+0.62	
10.	Jeffrey Eigenraam	ZOB'66	NED	199500041	31.57	+0.68	
11.	Jeffrey Camphens	DWT	NED	199503113	31.84	+0.63	
12.	Jordy van Oel	WVZ	NED	199802003	32.34	+0.63	
13.	Ian van Mullem	ZOB'66	NED	199602545	33.03	+0.53	
14.	Patrick Wyrdeeman	Feijenoord Albion Zwemclub	NED	199702475	34.22	+0.68	
15.	Lars Jacobsen	DWK	NED	199705453	35.17	+0.79	474
16.	Pascal de Jong	De Wellerobben	NED	199700415	36.29	+0.81	
17.	Thomas Grudelbach	ZVVS	NED	199500355	36.77	+0.81	
Masters 25+							
1.	Ensger Kotterink <i>Kampioenschapsrecord</i>	Feijenoord Albion Zwemclub	NED	199403391	26.82	+0.57	
2.	Jesper Oranje	De Duck	NED	199200997	28.24	+0.60	
3.	Timo Dinkelberg	Feijenoord Albion Zwemclub	NED	199300773	29.46	+0.62	
4.	Dennis Bos	HZ&PC Heerenveen	NED	199201965	30.05	+0.56	
5.	Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	30.53	+0.61	
6.	Johan Krakou	De Rijn	NED	199101311	31.41	+0.66	
7.	Joren Harms	GoSwim	NED	199403163	32.81	+0.76	
8.	Sven van Zanten	De Duinkickers	NED	199003405	33.77	+0.64	
9.	Stefan Oostendorp	AZC	NED	199005615	36.43	+0.73	
Masters 30+							
1.	Martijn Giezen	ZPC AMERSFOORT	NED	198500813	30.19	+0.65	
2.	Tom Driessen	ESCA Zwemmen	NED	198700801	30.34	+0.70	
3.	Arjan van der Plaat	DIO	NED	198602403	30.41	+0.72	
4.	Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	30.48	+0.68	
5.	Dick Kampman	Zwemvereniging Hoogland	NED	198801789	31.95	+0.78	
6.	Robert Braad	Steenwijk 1934	NED	198600407	32.02	+0.81	
7.	Klaas van Beek	ZV Haerlem	NED	198805941	33.13	+0.79	
8.	Vincent Lapouge	WVZ	NED	198806237	33.33	+0.69	
9.	Patrick de Jonge	Deltasteur	NED	198906635	34.15	+0.67	
10.	Harmen Reemst	ZOB'66	NED	198702715	36.12	+0.64	
11.	Peter Schelvis	LinK	NED	198906671	36.71	+0.69	
Masters 35+							
1.	Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	29.53	+0.74	
2.	Wade Rimbach	Otter SC	GBR	666271	31.75	+0.68	
3.	Gerwin Vonk	De Spatters	NED	198201907	32.59	+0.71	
4.	Robert Dekker	Dedemsvaart-AC	NED	198400443	32.75	+1.00	
5.	Peter van de Bor	DWT	NED	198402897	32.94	+0.77	
6.	Marcel Reefhuis	WS Twente	NED	198101381	33.16	+0.59	
7.	Sebastian Baars	WS Twente	NED	198300053	38.10	+0.77	

Programmanr. 34, Heren, 50m rugslag

Masters 40+

1.	Ronald Smits	PSV	NED	197800981	30.95	+0.70
2.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	31.95	+0.68
3.	Mark Hensen	ZPV Barracuda	NED	197900497	32.32	+0.72
4.	Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	32.84	+0.52
5.	Markus van Rest	WVZ	NED	197701197	33.35	+0.69
6.	Mark van der Schrier	AZC	NED	197800951	33.45	+0.69
7.	Erik Drost	PSV	NED	197901491	35.34	+0.85
8.	Gino Martijn	RZ	NED	197901865	35.64	+0.63
9.	Robin Roskam	De Duinkickers	NED	197801831	43.04	+0.82

Masters 45+

1.	Paul Hardeman	ZPC AMERSFOORT	NED	197300327	34.01	+0.80
2.	Paul van den Heuvel	Arethusa	NED	197000441	35.73	+0.73
3.	Ingmar de Gelder	ZOB'66	NED	197000333	35.90	+0.73
4.	Dennis van Markesteijn	TZC-Vahalis	NED	197201333	40.33	+0.77
5.	Jeroen Hoeksel	ZVVS	NED	197401533	43.37	+0.77

Masters 50+

1.	Guido Keutgen	Steenwijk 1934	NED	196801551	31.40	+0.75
2.	Pieter van Gemenen	DAW	NED	196901779	33.64	+0.79
3.	René Beetsma	HZ&PC Heerenveen	NED	196900069	33.76	+0.78
4.	Nico Swart	De Biesboschzwemmers	NED	196801475	35.02	+0.68
5.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	36.33	+0.83
6.	Michel van Wingerden	DWK	NED	196701629	36.55	+0.77
7.	Erik Saan	De Duck	NED	196500769	37.18	+0.77
8.	Harold Matla	PSV	NED	196800591	37.85	+0.76
9.	Jeroen Wilmer	Vichy Val D'Allier	FRA	2169839	38.49	+0.78
10.	Marcel Brittijn	De Duinkickers	NED	196900159	42.62	+0.63
11.	Ramon Alsina Munoz	CNSW	BEL	002552/69	43.84	+0.82

Masters 55+

1.	Peter Bernsen	De Rog	NED	196301119	31.78	+0.67
2.	Erik Kamphuis	De Rog	NED	196001035	34.66	+0.74
3.	Hans Westerhof	WS Twente	NED	196200743	34.89	+0.80
4.	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	35.31	+0.66
5.	Wiljam Nijenhuis	De IJsel	NED	196400547	36.18	+0.74
6.	Robert de Brauwer	De Duinkickers	NED	196401383	37.28	+0.74
7.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	37.59	+0.66
8.	Adriaan Kop	Old Dutch	NED	196101135	38.08	+0.58
9.	Casper Dollekamp	Steenwijk 1934	NED	196301341	38.58	+0.68
10.	Peter van Maurik	MSV-Zeemacht	NED	196301425	40.11	+0.68
11.	Nico van Maanen	De Duck	NED	196100371	41.70	+0.72
AFGEM	Bart van Calker	WS Twente	NED	196100067		

Masters 60+

1.	Evertjan Masurel	PSV	NED	195600495	38.18	+0.82
2.	Wim de Lange	AZC	NED	195800533	38.91	+0.71
3.	André Pantekoek	PSV	NED	195800321	40.33	+0.73
4.	Günther Brod	SSG Saar Max Ritter	GER	234041	45.05	+0.85

Masters 65+

1.	Brend Brevé	PSV	NED	195200265	35.87	+0.70
2.	Ruud Ruiter	WWV Winterswijk	NED	195300169	38.53	+0.83
3.	Piet Schop	De Bevelanders	NED	195000109	41.47	+0.76
4.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	45.65	+0.60
5.	Bert Veerkamp	Zuiderzeezwemmers	NED	195200271	1:05.41	+0.81

Programmanr. 34, Heren, 50m rugslag

Masters 70+

1. Willem Putter	ZVVS	NED	194500135	45.33	+0.88
2. Mans Buis	SWOL 1894	NED	194700133	45.71	+0.85
3. Theo Schouten	WWV Winterswijk	NED	194600161	45.78	+0.68
4. Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	1:00.87	+0.78

Masters 75+

1. Frans van Enst	WS Twente	NED	194000011	42.56	+0.64
2. Nico Baay	Old Dutch	NED	194200053	54.73	+0.88

Masters 80+

1. Gregor Pompen	Aqua-Novio'94	NED	193700021	58.58	+0.63
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Masters 85+

1. Taco van Blommestein	Aquapoldro	NED	193300007	1:10.21	+1.25
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Programmanr. 35
05-05-2019 - 13:59

Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Anne Noom	Het Y	NED 199800062	2:28.29	+0.80	33.09	1:11.48	1:49.92	2:28.29
2. Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	2:38.82	+0.60	34.27	1:13.36	1:55.19	2:38.82
3. Renée Vanderheyden	ReVeLie Swim Team	NED 199903130	3:01.44	+0.78	35.68	1:18.99	2:06.65	3:01.44
*								
4. Lenneke Bagijn	De Duck	NED 199604992	3:28.58	+0.82	41.61	1:31.06	2:27.33	3:28.58
Masters 25+								
1. Nanda de Vries	Steenwijk 1934	NED 199204328	3:04.45	+0.84	38.79	1:24.18	2:14.10	3:04.45
2. Cindy Franken-Hendriks	ESCA Zwemmen	NED 199207672	3:16.41	+0.73	39.48	1:25.92	2:19.03	3:16.41
3. Claudia Creemers	RZ	NED 199202864	3:53.24	+0.82	47.72	1:45.93	2:48.46	3:53.24
DIS Catherine Demont	Otter SC	GBR 26452		+0.52	35.51	1:16.99	2:03.52	
<i>AF - De aangegeven afstand niet uitgezwommen.</i>								
Masters 30+								
1. Viktória Felföldi	Megathlon SE	HUN	2:28.09	+0.72	33.68	1:11.87	1:50.40	2:28.09
2. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	3:08.36	+0.84	40.18	1:27.60	2:17.36	3:08.36
3. Sandra Zwaanswijk	DAW	NED 198503934	3:26.65	+0.77	39.85	1:31.68	2:27.86	3:26.65
4. Carola Jacobs	Triton Putten	NED 198504176	3:40.59	+0.72	46.01	1:39.46	2:37.16	3:40.59
Masters 35+								
1. Roos van Esch	Feijenoord Albion Zwemclub	NED 198200468	2:44.45	+0.89	36.96	1:18.78	2:03.08	2:44.45
2. Ramona Linting	LinK	NED 198301274	2:59.69	+0.80	37.10	1:21.99	2:09.93	2:59.69
3. Linda Hoogendam	WVZ	NED 198300892	3:31.61	+0.84	45.21	1:39.84	2:36.23	3:31.61
4. Rianne van Vegchelen	ZV 44	NED 198101530	4:12.89	+1.12	56.31	2:02.82	3:08.45	4:12.89

Programmanr. 35, Dames, 200m vlinderslag

Masters 40+

1. Liselotte Joling	PSV	NED 197500268	2:49.62	+0.83	36.96	1:20.75	2:06.15	2:49.62
2. Annett von Rekowski	SG Bayer	GER 97868	2:50.64	+0.82	37.41	1:21.15	2:06.14	2:50.64
3. Rachel Trainor	De Duck	NED 197700670	3:13.58	+0.85	40.83	1:30.47	2:22.31	3:13.58
4. C. van Bruxvoort	ZPB H&L Productions	NED 197700138	3:53.85	+0.92	49.65	1:48.90	2:51.81	3:53.85

Masters 45+

1. Evelien van Klaarbergen	HZ&PC Heerenveen	NED 197200964	2:49.99	+0.85	36.28	1:19.14	2:04.66	2:49.99
2. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:55.21	+0.91	37.49	1:21.12	2:07.72	2:55.21
3. Valerie Rolland	CNSW	BEL 004276/71	3:05.39	+0.69	42.47	1:29.63	2:18.36	3:05.39
4. Kathy Van Lindt	CNSW	BEL 007949/71	3:17.65	+0.97	42.00	1:31.99	2:24.55	3:17.65
5. Bianca Groot	MSV-Zeemacht	NED 197000652	3:27.26	+1.00	41.69	1:35.75	2:32.63	3:27.26

Masters 50+

1. Claudia Thielemann	SG Bayer	GER 333958	2:42.35	+0.65	35.48	1:17.03	2:00.08	2:42.35
<i>Kampioenschapsrecord</i>								
2. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	3:17.72	+0.82	43.15	1:32.75	2:24.89	3:17.72
3. Laura Staal	Oceanus	NED 196700358	3:20.21	+0.78	42.06	1:31.63	2:25.05	3:20.21
4. Anita Steijger	WVZ	NED 196500628	3:41.81	+1.07	47.34	1:43.16	2:42.83	3:41.81
5. K. van Nassau-van den	IOld Dutch	NED 196600188	3:44.96	+0.99	51.35	1:47.22	2:46.40	3:44.96
6. Annette van Dok	MSV-Zeemacht	NED 196800742	3:59.67	+0.92	51.98	1:52.43	2:55.96	3:59.67

Masters 60+

1. Patty Verhagen	PSV	NED 195900146	3:35.70	+0.82	42.67	1:39.30	2:37.91	3:35.70
<i>Nederlands Masters Record</i>								
2. Claire Anthony	CNSW	BEL 001353/57	3:36.86	+0.75	42.56	1:35.58	2:37.14	3:36.86

Masters 65+

1. F. Gourmet Blondeel	CNSW	BEL 004901/52	4:13.92	+0.99	55.92	1:59.72	3:07.27	4:13.92
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Programmanr. 36
05-05-2019 - 14:15

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Nordin Termoshuizen	WVZ	NED 199605401	2:25.15	+0.77	31.94	1:08.50	1:46.53	2:25.15
2. Hans Stoffers	Triton Putten	NED 199604027	2:49.65	+0.68	33.55	1:16.69	2:02.54	2:49.65
Masters 25+								
1. Timo Dinkelberg	Feijenoord Albion Zwemclub	NED 199300773	2:20.55	+0.68	29.67	1:04.71	1:44.30	2:20.55
2. Tim Bunnik	Triton	NED 199000505	2:32.00	+0.84	33.54	1:12.09	1:51.32	2:32.00
3. Maik Steenkamp	Montferland	NED 199103847	2:35.26	+0.78	33.88	1:13.41	1:53.50	2:35.26
4. Emiel van Beusekom	ZPV Barracuda	NED 199403951	2:37.19	+0.80	31.56	1:09.61	1:51.74	2:37.19
5. Rick Vaarkamp	Triton Putten	NED 199404979	4:06.25	+0.93	44.59	1:45.29	2:54.50	4:06.25
Masters 30+								
1. Rudi Butselaar	GoSwim	NED 198700577	2:47.17	+0.73	34.78	1:15.66	1:59.74	2:47.17
2. Sander van Elburg	PSV	NED 198800937	2:52.78	+0.70	35.25	1:16.63	2:01.91	2:52.78

Programmanr. 36, Heren, 200m vlinderslag

Masters 35+

1. Pieter Pickhardt	ZPC De Hof	NED 198301657	2:31.38	+0.83	33.33	1:10.95	1:50.42	2:31.38	
2. Frank v.d. Voordt	SGGO (SG)	NED 198302259	2:44.53	+0.76	33.19	1:12.94	1:57.06	2:44.53	
3. Thommy Nickel	ZPC Woerden	NED 198401627	2:46.43	+0.78	35.10	1:17.00	2:01.52	2:46.43	
4. Wilco Steenwijk	ZVV	NED 198002465	3:01.28	+0.83	36.60	1:21.14	2:08.48	3:01.28	
5. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	3:14.11	+0.90	41.05	1:31.60	2:24.58	3:14.11	
6. Sebastiaan de Vos	De Duinkickers	NED 198402481 S7	4:43.97	+1.12	167	59.18	2:11.18	3:27.33	4:43.97

Masters 40+

1. Mark Hensen	ZPV Barracuda	NED 197900497	2:44.82	+0.90	33.71	1:13.37	1:57.42	2:44.82
2. Steven Prins	HHZV PLONS	NED 197901833	3:13.56	+0.75	41.22	1:29.19	2:22.11	3:13.56
3. Erwin Zuidervelt	AZ&PC De Futen	NED 197501015	3:27.27	+0.90	41.45	1:33.25	2:29.38	3:27.27

Masters 45+

1. Frederic Tonus	Entente Sportive Nanterre	FRA 318958	2:18.88	+0.73	30.06	1:05.04	1:41.56	2:18.88
2. Antwan van Engen	De Ward	NED 197101577	2:26.23	+0.84	31.75	1:08.34	1:47.26	2:26.23
3. Vedestas Sefleris	Kauno Takas	LTU	2:33.81	+0.71	33.29	1:11.87	1:52.67	2:33.81
DIS Korstiaan de Boer	Steenwijk 1934	NED 197101629		+0.97				

VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.

Masters 50+

1. Bernd Bienek	SG Gladbeck/Recklinghauser	GER 278658	3:12.97	+1.18	40.54	1:28.29	2:21.89	3:12.97
2. Vincent Eijt	WVZ	NED 196701735	3:47.27	+0.90	47.83	1:45.29	2:45.75	3:47.27
AFGEM Chester Marsman	ZPC AMERSFOORT	NED 196900671						

Masters 55+

1. Johan Remmits	ZPC Woerden	NED 196201159	2:41.17	+0.93	34.12	1:14.42	1:57.18	2:41.17
2. Ronald Grove	Triton	NED 196100161	3:09.31	+0.75	39.47	1:27.09	2:17.84	3:09.31
3. Jan Willem Heuten	WS Twente	NED 196000883	3:52.70	+0.98	49.41	1:51.28	2:55.12	3:52.70

Masters 60+

1. Hugo Bregman	Feijenoord Albion Zwemclub	NED 195800069	2:30.81	+0.85	33.44	1:12.70	1:52.40	2:30.81
2. Peter Molecz	SC Diana	AUT 019219	3:05.24	+0.95	39.73	1:26.45	2:16.72	3:05.24
3. Paul Bunnik	Triton	NED 195600413	3:35.69	+0.90	42.73	1:35.82	2:36.52	3:35.69

Masters 75+

1. Rob Hanou	PSV	NED 194300109	4:05.82	+1.11	53.58	1:58.98	3:06.17	4:05.82	
BM Michiel Jorink	HPC PARA - ZV44	NED 198701613 S14	2:19.13	+0.78	929	29.09	1:03.49	1:40.44	2:19.13

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Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		tijd	RT	PARA
Masters 20+						
1.	Tamara Grove	De Dolfijn	NED 199601266	27.64	+0.70	
2.	Selene Wortel	Hieronymus	NED 199700654	27.66	+0.59	
3.	Karin Groen	Nova	NED 199502440	28.03	+0.63	
4.	Richenne Zeebregts	Nuenen	NED 199801818	28.46	+0.63	
5.	Brenda Zwarthoed	DAW	NED 199604938	28.52	+0.71	
6.	Hilde Dekker	ReVeLie Swim Team	NED 199901926	28.56	+0.83	
7.	Myra Smulders	Zwemvereniging Hoogland	NED 199904308	28.57	+0.70	
	Dominique Duesman	LinK	NED 199603560	28.57	+0.73	
9.	Rosanne Ligtfoot	Aqua-Novio'94	NED 199501212	28.88	+0.60	
10.	Melissa van der Heijden	ZPV Barracuda	NED 199605226	28.99	+0.68	
11.	Sterre Keller	The Hague Swimming (SG)	NED 199904142	29.01	+0.77	
12.	Moniek van Langevelde	ESCA Zwemmen	NED 199803160	29.29	+0.72	
13.	Anne Noom	Het Y	NED 199800062	29.34	+0.74	
14.	Elisa Bavieri	Nuoto Club Sassuolo	ITA 52551	29.36	+0.76	
15.	Jasmijn van Rossum	NDD	NED 199904254	29.45	+0.77	
16.	Linda Kamperman	Aquarijn	NED 199601238	29.47	+0.66	
17.	Manon Kloosterman	De Bevelanders	NED 199702082	29.52	+0.75	
18.	Denise Boonstra	DAW	NED 199902662	29.57	+0.76	
19.	Lincy de Winter	The Hague Swimming (SG)	NED 199805886	29.59	+0.69	
20.	Bibi Stokvis	Het Y	NED 199900892	29.70	+0.71	
21.	Rianne van Rijssen	Noord Veluwe	NED 199702360	29.75	+0.74	
22.	Chantal Beijer	DWT	NED 199700884	29.99	+0.73	
23.	Janine de Groot	Nova	NED 199500092	30.45	+0.75	
24.	Anne-Irene Ducheyne	Zwemvereniging Hoogland	NED 199506824	30.78	+0.75	
25.	Selina Janssen	SWNZ (SG)	NED 199905974	30.81	+0.70	
26.	Lotte Rolink	Zwemclub Polaris	NED 199504880	31.03	+0.68	
27.	Jet Kleine	MSV-Zeemacht	NED 199903384	31.11	+0.65	
28.	Eef Hollander	The Hague Swimming (SG)	NED 199602074	31.14	+0.73	
29.	Cheyenne Verburgt	ESCA Zwemmen	NED 199901496	31.17	+0.70	
30.	Stephanie van Diepen	Noord Veluwe	NED 199500972	31.38	+0.73	
31.	Moniek Heemskerck	ZVL-1886	NED 199601964	31.53	+0.73	
32.	Esmee van Dijk	EZPC	NED 199901694	31.87	+0.70	
33.	Judith Kleinjan	De Duck	NED 199802710	31.98	+0.78	
34.	Iris Bastiaansen	De Amstel	NED 199902006	32.21	+0.71	
35.	Lenneke Bagijn	De Duck	NED 199604992	32.47	+0.78	
36.	Thirza Belder	ZOB'66	NED 199803024	32.58	+0.88	
37.	Nicole van Zuilen	Zwemvereniging Hoogland	NED 199505428	32.87	+0.76	
38.	Eline Hendriks	ZPC AMERSFOORT	NED 199802794	33.13	+1.03	
39.	Naomi van Gool	LinK	NED 199505166	33.14	+0.77	
40.	Cynthia van Veen	ZPC Woerden	NED 199606736	33.20	+0.68	
41.	Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	33.70	+0.93	
42.	Anouk van der Lans	Feijenoord Albion Zwemclub	NED 199801614	34.07	+0.80	
43.	Kim Hamakers	De Rog	NED 199803214	34.32	+0.72	
44.	Iris van Zuilen	Zwemvereniging Hoogland	NED 199803036	34.47	+0.91	
45.	Maranka Huitema	Steenwijk 1934	NED 199500302	39.51	+0.80	
NG	Rachel Blok	Het Y	NED 199906076			

Masters 25+

1.	Martine van Onna <i>Kampioenschapsrecord</i>	Arethusa	NED 199102342	26.83	+0.77	
2.	Saskia de Klerk	GoSwim	NED 199004612	26.99	+0.63	
3.	Jolanda Post	DIO	NED 199004848	28.09	+0.68	
4.	Elmi Roelofsen	ZVV	NED 199008198	28.38	+0.87	
5.	Lotte Coenen	The Hague Swimming (SG)	NED 199301518	28.93	+0.80	
6.	Inge van der Hoek	The Hague Swimming (SG)	NED 199204034	29.17	+0.73	
7.	Isabelle Massar	WVZ	NED 199102034	29.34	+0.72	
8.	Joanne van Essen	Zwemlust-den Hommel	NED 199303506	29.52	+0.78	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 37, Dames, 50m vrije slag, Masters 25+

rang	naam	vereniging			tijd	RT	PARA
9.	Denise Boereboom	ZPV Barracuda	NED	199202144	29.74	+0.77	
10.	Nikki Hoogeboom	De IJsel	NED	199301196	29.88	+0.82	
11.	Tessa Mosch	MSV-Zeemacht	NED	199102172	30.13	+0.67	
12.	Wendy de Bruin	ZOB'66	NED	199206320	30.16	+0.63	
13.	Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	30.31	+0.67	
14.	Joke Smits-Velthuis	PSV	NED	199008342	30.32	+0.76	
15.	Danica Koedoot	SGGO (SG)	NED	199301034	30.33	+0.77	
16.	Alessandra Bedini	Nuoto Club Sassuolo	ITA	390365	30.39	+0.84	
	Rebecca Evers	ZOB'66	NED	199207916	30.39	+0.76	
18.	Giulia Bavieri	Nuoto Club Sassuolo	ITA	48487	30.59	+0.89	
19.	Suzanne Mosch	MSV-Zeemacht	NED	199400548	30.81	+0.73	
20.	Leontine Groeneveldt	De Duck	NED	199303526	31.05	+0.88	
21.	Cindy Franken-Hendriks	ESCA Zwemmen	NED	199207672	31.20	+0.68	
22.	Chiara Manelli	Nuoto Club Sassuolo	ITA	40418	31.68	+0.72	
23.	Marjon Pol	Zwemlust-den Hommel	NED	199102502	31.71	+0.73	
24.	Marlous de Jong	Zwemlust-den Hommel	NED	199001782	31.99	+0.85	
25.	Getrude Corporaal	Steenwijk 1934	NED	199200380	32.09	+0.72	
26.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	NED	199100238	32.22	+0.72	
27.	Kelly Bocking	Montferland	NED	199104050	32.53	+0.72	
28.	Ilse Blankvoort	Steenwijk 1934	NED	199204458	32.90	+0.87	
29.	Whitley Rens	SGGO (SG)	NED	199007520	33.14	+0.86	
30.	Charine de Ruiter	Steenwijk 1934	NED	199403668	33.37	+0.84	
31.	Ragna van Lieshout	ZPC AMERSFOORT	NED	199001812	33.38	+0.80	
32.	Kimberley van Buren	De Duck	NED	199304136	33.44	+0.86	
33.	Marlijn ten Hove	ZPC AMERSFOORT	NED	199001608	34.30	+0.93	
34.	Esmee Hoogeboom	De IJsel	NED	199407534	34.36	+0.74	
35.	Cheyenne Vercooren	Royal Ostend Swimming Club	BEL	21023/93	34.74	+0.74	
36.	Heleen ten Have	ZVVS	NED	199403000	34.78	+0.73	
37.	Marjan Rikken	ZVV	NED	199206114	35.01	+0.87	
38.	Janneke Wynia	WS Twente	NED	199005500	35.34	+0.94	
39.	Ramona van den Vrijhoef	Rotterdam Swimming (SG)	NED	199405702	38.60	+0.98	
40.	Brechtje Arts	Aquapoldro	NED	199406368	38.81	+1.04	

Masters 30+

1.	Olga Volman-Maiorova	NDD	NED	198504188	29.00	+0.67	
2.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	29.01	+0.68	
3.	Monique Remst	AZC	NED	198706236	30.25	+0.79	
4.	Sandra Zwaanswijk	DAW	NED	198503934	30.50	+0.70	
5.	Nienke van Stipriaan	PSV	NED	198703970	30.57	+0.91	
6.	Sabine Lina	ZPC Woerden	NED	198902680	30.72	+0.75	
7.	Ilse van den Wijngaard	ZPC Woerden	NED	198904736	31.02	+0.75	
8.	Auke de Lange	AZC	NED	198602226	31.07	+0.66	
9.	Susanne van der Linden	DIO	NED	198802736	31.11	+0.80	
10.	Sandra Schellekens	SWNZ (SG)	NED	198503416	31.92	+0.82	
11.	Mariska Zaal	AZC	NED	198806916	32.80	+0.87	
12.	Joan Fonteine	Zwemclub Koewacht	NED	198805148	34.16	+0.80	
13.	Sabine Duijst	Zwemvereniging Hoogland	NED	198701032	34.45	+0.83	
14.	Sanne Smouter	Zwemvereniging Hoogland	NED	198907540	35.12	+1.20	
DIS	Christa Stam	Rotterdam Swimming (SG)	NED	198806790			

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 35+

1.	Anke Lambooj	De Vliet (SG)	NED	198001182	28.81	+0.78	
2.	Delia Badoux	WVZ	NED	198000042	28.87	+0.72	
3.	Ann Wanter	Zwemclub Geel	BEL	21082/82	29.77	+0.78	
4.	Marjon van Kempen	SGGO (SG)	NED	198000578	31.00	+0.74	
5.	Renee de Kok	PSV	NED	198403350	31.11	+0.66	
6.	Nienke Nieuwenhuis	SWOL 1894	NED	198101850	32.65	+0.78	
7.	Fabiënne Jeukens	MZ&PC	NED	198401156	35.15	+0.99	
8.	Esther van Buren	De Duinkickers	NED	198001670	35.37	+0.76	

Programmanr. 37, Dames, 50m vrije slag, Masters 35+

rang	naam	vereniging			tijd	RT	PARA
9.	Marloes Rebel	WS Twente	NED	198403474	38.38	+1.04	

Masters 40+

1.	Nathalie Blondeel	CNSW	BEL	004784/77	29.80	+0.62	
2.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	30.62	+0.84	
3.	Jessica Klaassen	Zwemclub Koewacht	NED	197901536	31.35	+0.79	
4.	Marian Nederlof	De Geul	NED	197600950	32.69	+0.77	
5.	Esther Vergeest	De Rog	NED	197700012	33.23	+0.73	
6.	Margriet Daalman	De Spatters	NED	197801368	33.31	+0.71	
7.	Inge Roskam	De Duinkickers	NED	197801296	34.69	+0.77	
8.	Petra Verstegen	WVZ	NED	197700906	34.87	+0.79	
9.	Saskia op den Velde	De Duinkickers	NED	197901530	35.60	+0.81	
10.	Sandra Van der Helm	De Rog	NED	197801340	36.40	+0.87	
11.	Leonie Scholten	Steenwijk 1934	NED	197901560	39.36	+0.87	

Masters 45+

1.	Yvette Ratering	De Ward	NED	197200990	29.83	+0.79	
2.	Edith Janssen-Koolen	TRB-RES	NED	197300898	30.14	+0.73	
3.	Annette de Visser	Oceanus	NED	197100602	30.83	+0.81	
4.	Ilona Hogerheyde	DAW	NED	197400224	31.14	+0.72	
5.	Jeanne Petit	PSV	NED	197001020	31.41	+0.70	
6.	Bianca Groot	MSV-Zeemacht	NED	197000652	33.06	+0.79	
7.	Henriëtte Manting	GZVW	NED	197100246	34.39	+0.90	
8.	Karin Leverink	WS Twente	NED	197200972	35.86	+0.82	
9.	Evelien Naatje	WS Twente	NED	197200838	35.96	+0.95	
10.	Inge Lolkema-Soeters	Steenwijk 1934	NED	197300934	36.47	+0.75	
11.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992	37.14	+0.68	
12.	Katrina Boutwell	AZC	NED	197201036	37.65	+0.89	
13.	Linda Kerkmeester	GoSwim	NED	197400980	40.73	+0.82	

Masters 50+

1.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	29.31	+0.79	
	<i>Nederlands Masters Record</i>						
2.	Monique Tuijp	WZ&PC Purmerend	NED	196900800	29.35	+0.82	
3.	Allie Price	Cardiff Masters	GBR	547582	30.51	+0.60	
4.	Heidi den Boer	Link	NED	196900864	30.94	+0.74	
5.	Ariene Knoester	Aqua-Novio'94	NED	196700716	31.66	+0.81	
6.	Jacqueline Tuin	DAW	NED	196600690	32.06	+0.73	
7.	Caroline Schreuder	Triton	NED	196700550	32.73	+0.89	
8.	Marijke Campfens	De Geul	NED	196900960	33.49	+0.72	
9.	Danielle van Veen	ZPC Woerden	NED	196901048	34.06	+0.75	
10.	Irna van der Molen	WS Twente	NED	196900938	34.56	+0.75	
11.	Yvette Kilian	WVZ	NED	196600534	34.87	+0.79	
12.	Patricia de Jong	HHZV PLONS	NED	196600728	34.97	+0.89	
13.	Roelien Speelman-Tigelaar	De Spatters	NED	196600664	35.43	+0.71	
14.	Lucy Dubus	Royal Dauphins Mouscronnois	BEL	003221/69	35.57	+0.75	
	Machteld Stilting	ZPC AMERSFOORT	NED	196600716	35.57	+0.61	
16.	Caroline Kruger	Feijenoord Albion Zwemclub	NED	196800928	37.21	+0.76	
17.	Linda Goderie	Rotterdam Swimming (SG)	NED	196900976	37.55	+0.92	
18.	Sandra Daamen-Posma	AZC	NED	196800854	37.65	+0.98	
19.	Sabine Delaere	Royal Dauphins Mouscronnois	BEL	000375/69	39.52	+1.04	
20.	Roselinda van der Vlugt	De Geul	NED	196700710	40.81	+0.82	
21.	Maaïke Heïdt	ZPB H&L Productions	NED	196901068	42.20	+1.13	
22.	Cora Smulders	ESCA Zwemmen	NED	196600668	43.36	+0.65	
NG.ZA	Ariane Hamakers	De Rog	NED	196700714			

Programmanr. 37, Dames, 50m vrije slag

Masters 55+

1.	Marjan Remmits	ZPC Woerden	NED	196300518	31.03	+0.77
2.	Tineke Janssen	Feijenoord Albion Zwemclub	NED	196400630	31.36	+0.78
3.	Wilma van Velsen	Montferland	NED	196400444	32.00	+0.76
4.	Marijke Kraak-Beckers	WS Twente	NED	196000240	34.11	+0.82
5.	Karin van der Star-Verhoeven	ESCA Zwemmen	NED	196100382	34.60	+0.82
6.	Francine Sommer	Triton	NED	196200384	34.61	+0.81
7.	Feikje Wittermans	WIDEX GZC DONK	NED	196400408	35.24	+0.73
8.	Christine Buist	De Duinkickers	NED	196400608	36.93	+0.97
9.	Wilna Heijman	Steenwijk 1934	NED	196400506	37.03	+0.83
10.	Carla Devriese	Royal Ostend Swimming Club	BEL	20315/61	37.15	+0.82
11.	Jenny Westervarder	H2Oldambt	NED	196200424	40.00	+0.79
12.	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	40.11	+0.86
13.	Erica Muller	De Geul	NED	196400412	40.89	+0.77
14.	Petra Ros	ZCNF'34	NED	196100398	46.36	+1.15
15.	Joke Burgers	SWOL 1894	NED	196000226	47.41	+1.03
16.	Riekje Schra	Steenwijk 1934	NED	196400404	58.87	+1.29

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	32.07	+0.73
2.	Esther van Lohuizen	PSV	NED	195900300	32.39	+0.67
3.	Claire Anthony	CNSW	BEL	001353/57	35.06	+0.75
4.	Monica Bakker	Steenwijk 1934	NED	195600082	38.51	+0.86
5.	Ria Peters-Veurman	ESCA Zwemmen	NED	195800242	42.57	+0.91
6.	Willy Schoenmaker-ter Veer	DWK	NED	195900254	44.42	+1.06
7.	Anje Manuputty	PSV	NED	195700176	45.31	+0.69
8.	Lies Hartman	PSV	NED	195600116	58.80	+1.17

Masters 65+

1.	Christien Nieuwenhuis	SWOL 1894	NED	195100022	34.11	
2.	Patty Krupiarz	PSV	NED	195400074	37.33	+0.78
3.	Tineke van Diggelen	ZPCH	NED	195200048	42.76	+0.89
4.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	43.96	+0.81
5.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	47.87	+0.93
6.	Geerdien Meerwaldt	De Geul	NED	195200058	57.22	
7.	Janny van der Weide	Deltasteur	NED	195100066	58.07	

Masters 70+

1.	Corrie Verhoeven	PSV	NED	194600026	35.88	+0.82
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	46.68	
3.	Annie Smits	PSV	NED	194600016	47.31	+1.15

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	1:02.16	+1.14
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Masters 80+

1.	Lottie Geurts	PSV	NED	193500006	44.80	+1.24
2.	Marie Smits	Old Dutch	NED	193800004	50.75	+1.17

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Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		tijd	RT	PARA
Masters 20+						
1.	Bas Dries	Zwemvereniging Hoogland	NED 199505177	24.55	+0.72	
2.	Felix Geenen	DAW	NED 199501085	24.86	+0.73	
3.	Sander Kartman	Zwemvereniging Hoogland	NED 199805091	25.60	+0.63	
4.	Jordi van der Weel	Feijenoord Albion Zwemclub	NED 199600359	25.68	+0.71	
5.	Robin van Beek	ZVL-1886	NED 199704023	26.04	+0.68	
6.	Dennis Wildeboer	Nova	NED 199800571	26.10	+0.73	
7.	Martijn Bartels	ZPC AMERSFOORT	NED 199603493	26.69	+0.73	
	Ivo van Dijk	The Hague Swimming (SG)	NED 199702985	26.69	+0.67	
9.	Sam Beer	Rotterdam Swimming (SG)	NED 199605521	26.70	+0.58	
10.	Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	26.72	+0.75	
11.	Jeffrey Eigenraam	ZOB'66	NED 199500041	26.88	+0.70	
12.	Frank Versprille	Noord Veluwe	NED 199901073	27.15	+0.63	
13.	Laurens Spoelstra	WS Twente	NED 199901273	27.56	+0.77	
14.	Giel Verberne	NDD	NED 199901091	27.71	+0.79	
15.	Patrick Wyrdean	Feijenoord Albion Zwemclub	NED 199702475	27.73	+0.67	
16.	Ian van Mullem	ZOB'66	NED 199602545	28.12	+0.67	
17.	Tristan Stam	ZOB'66	NED 199903551	28.15	+0.70	
18.	Pascal de Jong	De Wellerobben	NED 199700415	28.34	+0.82	
19.	Lars Jacobsen	DWK	NED 199705453	29.45	+0.84	476
20.	Thomas Grudelbach	ZVVS	NED 199500355	29.84	+0.83	

Masters 25+

1.	Ensger Kotterink	Feijenoord Albion Zwemclub	NED 199403391	23.58	+0.63	
2.	Jesper Oranje	De Duck	NED 199200997	25.58	+0.75	
3.	Dennis Bos	HZ&PC Heerenveen	NED 199201965	25.61	+0.61	
4.	Lorenzo Bigi	Nuoto Club Sassuolo	ITA 390366	26.16	+0.63	
5.	Michel de Maesschalck	AquaWaarD	NED 199101525	26.78	+0.72	
6.	Emiel van Beusekom	ZPV Barracuda	NED 199403951	27.10	+0.77	
7.	Johan Krakou	De Rijn	NED 199101311	27.16	+0.79	
8.	Arthur Kreditch	SwimGym	NED 199406701	27.97	+0.75	
9.	Gianluca Migliorini	Nuoto Club Sassuolo	ITA 53640	28.35	+0.86	
10.	Giorgio Stefani	Nuoto Club Sassuolo	ITA 515144	28.38	+0.66	
11.	Tom de Lange	Deltasteur	NED 199300303	29.17	+0.80	
12.	Yorick Kreuwel	Aquapoldro	NED 199402225	29.33	+0.81	
13.	Stefan Oostendorp	AZC	NED 199005615	29.51	+0.78	
14.	Gerben Rozie	MSV-Zeemacht	NED 199002507	29.98	+0.65	
15.	Karlo Kok	Zwemvereniging Hoogland	NED 199101265	30.76	+0.70	
16.	Derrick Muluya	GoSwim	NED 199007665	31.21	+0.80	
17.	Patrick Graver	GZVW	NED 199404735	31.49	+0.78	
18.	Patrick Wobben	Steenwijk 1934	NED 199300559	32.01	+0.72	
19.	Bob Potkamp	Deltasteur	NED 199403189	32.57	+0.96	

Masters 30+

1.	Arjan van der Plaats	DIO	NED 198602403	25.03	+0.77	
2.	Christopher Rojas	CN Delfines Azules	PAN	25.07	+0.62	
3.	Tom Driessen	ESCA Zwemmen	NED 198700801	25.72	+0.88	
4.	Alex Schelvis	LinK	NED 198702927	26.25	+0.77	
5.	Martijn Dolk	Rotterdam Swimming (SG)	NED 198900737	26.50	+0.74	
6.	Pascal van Haren	ZPV Barracuda	NED 198704101	26.75	+0.66	
7.	Vincent Lapouge	WVZ	NED 198806237	26.77	+0.80	
8.	Guido Moret	Feijenoord Albion Zwemclub	NED 198501793	26.91	+0.78	
9.	Klaas van Beek	ZV Haerlem	NED 198805941	26.99	+0.70	
10.	Dick Kampman	Zwemvereniging Hoogland	NED 198801789	27.04	+0.74	
11.	Vincent Bakker	ZPC AMERSFOORT	NED 198600107	27.22	+0.70	
12.	Robert Braad	Steenwijk 1934	NED 198600407	27.78	+0.82	
13.	Tim van den Berg	Rotterdam Swimming (SG)	NED 198500157	28.70	+0.71	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 38, Heren, 50m vrije slag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
14.	Frederik Tamminga	PSV	NED	198703293	29.36	+0.87	
15.	Wessel Everloo	De Veene	NED	198906597	29.52	+0.88	472
16.	Dennis Kraakman	DAW	NED	198705325	29.75	+0.74	
17.	Robin Eggenkamp	De Aalscholver	NED	198700847	31.09	+0.69	
18.	Peter Schelvis	LinK	NED	198906671	31.13	+0.77	
19.	Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	32.13	+0.82	

Masters 35+

1.	Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	25.55	+0.72	
2.	Robert Dekker	Dedemsvaart-AC	NED	198400443	25.73	+0.75	
3.	Kristiaan Lenos	ZVL-1886	NED	198301331	26.22	+0.76	
4.	Jim Geestman	Rotterdam Swimming (SG)	NED	198300699	26.45	+0.77	
5.	Federico Cappello	Entente Sportive Nanterre	FRA	2749459	27.03	+0.91	
6.	Gerwin Vonk	De Spatters	NED	198201907	27.59	+0.68	
7.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463	27.75	+0.82	
8.	Bas van de Nouwelant	ZVVS	NED	198001103	27.76	+0.78	
9.	Rob van Vliet	ZPC AMERSFOORT	NED	198402459	28.25	+0.78	
10.	Simon van Ravesteijn	WVZ	NED	198002263	28.37	+0.79	
11.	Gijs van de Sande	DIO	NED	198403329	31.73	+0.75	
12.	Sander de Velde	Deltasteur	NED	198302165	33.46	+0.76	

Masters 40+

1.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	25.34	+0.69	
2.	Ronald Smits	PSV	NED	197800981	25.99	+0.68	
3.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	26.60	+0.69	
4.	Victor Barnar	GoSwim	NED	197801805	26.86	+0.69	
5.	Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	27.23	+0.69	
6.	Mark Zwart	Zwemlust-den Hommel	NED	197901461	27.54	+0.80	
7.	Mark van der Schrier	AZC	NED	197800951	28.26	+0.71	
8.	Han Boone	SWOL 1894	NED	197701319	29.27	+0.67	
9.	Gino Martijn	RZ	NED	197901865	29.29	+0.73	
10.	Erik Drost	PSV	NED	197901491	29.56	+0.71	
11.	Steven Prins	HHZV PLONS	NED	197901833	29.89	+0.72	
12.	Emiel Volker	ZVL-1886	NED	197601605	30.47	+0.76	
13.	Michael Go	AZC	NED	197501397	30.60	+0.72	
14.	Tom Bandsma	PSV	NED	197701625	30.92	+0.87	
15.	Ingmar Kooman	ZVL-1886	NED	197901517	30.96	+0.80	
16.	Robin Roskam	De Duinkickers	NED	197801831	34.10	+1.02	
17.	Toine ten Broeke	GoSwim	NED	197501509	37.17	+1.02	

Masters 45+

1.	Frederic Tonus	Entente Sportive Nanterre	FRA	318958	25.56	+0.66	
2.	Joeri Stoffels	AZC	NED	197300851	26.88	+0.91	
3.	Antwan van Engen	De Ward	NED	197101577	27.13	+0.74	
4.	Paul Hardeman	ZPC AMERSFOORT	NED	197300327	28.21	+0.75	
5.	Ingmar de Gelder	ZOB'66	NED	197000333	29.26	+0.77	
6.	Chang Bom	The Hague Swimming (SG)	NED	197201483	29.85	+0.72	
7.	Bas Kremers	TRB-RES	NED	197201611	30.95	+0.77	
8.	Pieter Bardelmeijer	Deltasteur	NED	197201665	31.04	+0.86	
9.	Alex Hagedoorn	Triton Putten	NED	197100319	32.51	+0.92	
10.	Jeroen Hoeksel	ZVVS	NED	197401533	33.88	+0.86	
11.	Dennis van Markesteijn	TZC-Vahalis	NED	197201333	34.45	+0.91	
12.	Rob van de Ven	SWNZ (SG)	NED	197101695	34.66	+0.78	
13.	Jaco de Fockert-Koefoed	GoSwim	NED	197001769	34.89	+0.99	

Programmanr. 38, Heren, 50m vrije slag

Masters 50+

1.	Pieter van Gemeren	DAW	NED	196901779	27.48	+0.70
2.	Bob de Vries	The Hague Swimming (SG)	NED	196601101	27.81	+0.63
3.	Guido Keutgen	Steenwijk 1934	NED	196801551	28.82	+0.73
4.	Kees Akershoek	SGGO (SG)	NED	196900009	29.06	+0.73
5.	Christophe Wadin	Royal Dauphins Mouscronnois	BEL	005113/68	29.20	+0.90
6.	Wridzer Bakker	ESCA Zwemmen	NED	196701711	29.65	+0.80
7.	Erik Saan	De Duck	NED	196500769	29.83	+0.97
8.	Richard Hill	De Duinkickers	NED	196601651	30.01	+0.72
9.	Erwin Beringen	GoSwim	NED	196601515	30.14	+0.69
10.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	30.21	+0.76
11.	Jeroen Wilmer	Vichy Val D'Allier	FRA	2169839	30.31	+0.95
12.	Wijnand Vergeest	De Rog	NED	196800949	30.62	+0.69
13.	Marcel Brittin	De Duinkickers	NED	196900159	30.86	+0.63
14.	Peter Barendse	ZPC AMERSFOORT	NED	196901815	31.70	+0.91
15.	Frank Van Engelen	De Rog	NED	196701721	31.92	+0.79
16.	Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	32.43	+0.87
17.	René Speelman	De Spatters	NED	196601521	32.49	+0.76
18.	Gertjan van der Vaart	ZVVS	NED	196801529	34.16	+0.75
19.	Roelof Broekman	De Spatters	NED	196800155	34.38	+0.73
20.	Ramon Alsina Munoz	CNSW	BEL	002552/69	36.06	+0.90
AFGEM	Chester Marsman	ZPC AMERSFOORT	NED	196900671		

Masters 55+

1.	Peter Bernsen	De Rog	NED	196301119	26.76	+0.67
2.	Lionel Godeaux	CNSW	BEL	000217/60	27.60	+0.64
3.	Wijljam Nijenhuis	De IJsel	NED	196400547	28.12	+0.80
4.	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	28.55	+0.80
5.	Paul Wijnja	De Biesboschzwemmers	NED	196301403	29.35	+0.77
6.	Hans Westerohof	WS Twente	NED	196200743	29.52	+0.88
7.	Robert de Brauwer	De Duinkickers	NED	196401383	30.42	+0.81
8.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	31.48	+0.66
9.	Nico van Maanen	De Duck	NED	196100371	31.76	+0.76
10.	Rudolf Meijer	Zwemvereniging Hoogland	NED	196000995	31.85	+0.89
11.	Peter van Maurik	MSV-Zeemacht	NED	196301425	32.76	+0.88
12.	Adriaan Kop	Old Dutch	NED	196101135	32.89	+0.76
13.	Pierre de Groot	WIDEX GZC DONK	NED	196401431	33.16	+0.89
14.	Paul van der Ploeg	LinK	NED	196000443	34.36	+0.84
15.	Jan Willem Heuten	WS Twente	NED	196000883	35.30	+0.94
16.	Michel Picavet	Royal Dauphins Mouscronnois	BEL	004713/62	37.54	+0.81
17.	Hans van Scheepen	Steenwijk 1934	NED	196201245	39.71	+0.72

Masters 60+

1.	Marten de Groot	HZ&PC Heerenveen	NED	195800149	27.70	+0.70
2.	Albert Boonstra	Aqua-Novio'94	NED	195700425	28.57	+0.82
3.	Hans Wijsman	PSV	NED	195500427	29.63	+0.79
4.	Evertjan Masurel	PSV	NED	195600495	30.85	+0.84
5.	Philippe Godbille	CNSW	BEL	000230/57	31.94	+0.83
6.	Peter Coffeng	WIDEX GZC DONK	NED	195700063	35.19	+1.01
7.	Marius Ros	ZCNF'34	NED	195900779	35.35	+0.75
8.	Jos van Sleuwen	Nautilus	NED	195700323	37.01	+1.02
9.	Robert Schulein	H2Oldambt	NED	195900843	37.41	+0.77

Programmanr. 38, Heren, 50m vrije slag

Masters 65+

1.	Brend Brevé	PSV	NED	195200265	30.55	+0.81
2.	Ruud Ruiters	WWV Winterswijk	NED	195300169	30.95	+0.86
3.	Fred Zanting	TriVia	NED	195400323	33.02	+0.95
4.	Jos Kamps	Zwemvereniging Hoogland	NED	195100085	33.82	+0.87
5.	Sierd Tilma	Steenwijk 1934	NED	195300277	37.24	+1.02
6.	Bert Veerkamp	Zuiderzeezwemmers	NED	195200271	57.20	+1.39

Masters 70+

1.	Theo Schouten	WWV Winterswijk	NED	194600161	34.86	+1.02
2.	Wout Hemmes	De Plons	NED	194800059	35.21	+0.95
3.	Willem Putter	ZVVS	NED	194500135	36.32	+1.06
4.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	44.95	+1.22
5.	Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	49.58	+1.07

Masters 75+

1.	Geza Kaltenecker	AZC	NED	194200065	36.85	+0.81
2.	Frans van Enst	WS Twente	NED	194000011	37.15	+0.99
3.	Kevork Boyrazian	CNSW	BEL	002620/44	50.60	+1.13

Masters 80+

1.	Nic Geers	Z&PC De Gouwe	NED	193800007	40.89	+1.01
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Masters 85+

1.	Taco van Blommestein	Aquapoldro	NED	193300007	1:12.04	+1.17
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BM	Sven Schutte	HPC PARA - Zwemlust Den Homr	NED	198604713	S9	27.78	+0.74	740
BM	Thijs van den End	HPC PARA - ZPC Woerden	NED	199306803	S9	29.03	+0.89	649

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Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1.	Ilse Rijnja	The Hague Swimming (SG)	NED	199802432	1:15.59	+0.70	34.67	1:15.59
2.	Selene Wortel	Hieronymus	NED	199700654	1:18.04	+0.62	34.39	1:18.04
3.	Nadja Wortel	Hieronymus	NED	199800798	1:20.54	+0.69	37.64	1:20.54
4.	Fenna de Groot	Feijenoord Albion Zwemclub	NED	199701796	1:21.40	+0.60	38.44	1:21.40
5.	Melissa van der Heijden	ZPV Barracuda	NED	199605226	1:21.58	+0.67	38.52	1:21.58
6.	Fiona Meuffels	RZ	NED	199504366	1:21.73	+0.66	38.95	1:21.73
7.	Manon Kloosterman	De Bevelanders	NED	199702082	1:21.83	+0.87	38.49	1:21.83
8.	Bibi Stokvis	Het Y	NED	199900892	1:23.19	+0.73	38.35	1:23.19
9.	Renée Vanderheyden	ReVeLie Swim Team	NED	199903130	1:29.48	+0.74	42.31	1:29.48
10.	Moniek Heemskerk	ZVL-1886	NED	199601964	1:31.21	+0.70	42.99	1:31.21
11.	Rianne van Rijssen	Noord Veluwe	NED	199702360	1:31.58	+0.73	43.21	1:31.58
12.	Sheila Ten Voorde	ZVV	NED	199904538	1:32.62	+0.76	43.25	1:32.62
13.	Stephanie van Diepen	Noord Veluwe	NED	199500972	1:35.86	+0.73	44.71	1:35.86
14.	Iris van Zuilen	Zwemvereniging Hoogland	NED	199803036	1:37.65	+0.96	46.08	1:37.65
15.	Yvette Meijer	Zwemvereniging Hoogland	NED	199706590	1:40.47	+0.96	49.18	1:40.47
16.	Mariska Scholts	Rotterdam Swimming (SG)	NED	199606804	2:00.23	+1.05	55.89	2:00.23
NG.ZA	Richenne Zeebregts	Nuenen	NED	199801818				

Programmanr. 39, Dames, 100m schoolslag

Masters 25+

1. Saskia de Klerk	GoSwim	NED	199004612	1:18.72	+0.68	36.55	1:18.72
2. Suzanne Brummel	Octopus	NED	199401366	1:19.44	+0.72	37.20	1:19.44
3. Inge van der Hoek	The Hague Swimming (SG)	NED	199204034	1:20.61	+0.73	37.84	1:20.61
4. Manon van Strien	WVZ	NED	199400770	1:22.68	+0.84	38.90	1:22.68
5. Karin Verbeek	Nautilus	NED	199201848	1:23.88	+0.64	38.69	1:23.88
6. Isabelle Massar	WVZ	NED	199102034	1:25.19	+0.77	40.00	1:25.19
7. Joke Smits-Velthuis	PSV	NED	199008342	1:29.17	+0.80	42.24	1:29.17
8. Sara Costa	Royal Ostend Swimming Club	BEL	20383/93	1:30.90	+0.79	41.59	1:30.90
9. Daphne de Jong	De Wellerobben	NED	199302388	1:31.46	+0.76	40.60	1:31.46
10. Ramona Noordermeer	ZVVS	NED	199401746	1:31.74	+0.73	43.39	1:31.74
11. Leontine Groeneveldt	De Duck	NED	199303526	1:32.44	+0.89	41.84	1:32.44
12. Kelly Bocking	Montferland	NED	199104050	1:36.65	+0.76	44.65	1:36.65
13. Marlous de Jong	Zwemlust-den Hommel	NED	199001782	1:37.76	+0.84	45.40	1:37.76
14. Kimberley van Buren	De Duck	NED	199304136	1:38.52	+0.86	45.78	1:38.52
15. Janneke Wynia	WS Twente	NED	199005500	1:39.26	+0.94	47.81	1:39.26

Masters 30+

1. Larissa Brak	ZPC AMERSFOORT	NED	198800572	1:14.24	+0.76	34.72	1:14.24
2. Susanne van der Linden	DIO	NED	198802736	1:22.28	+0.76	39.11	1:22.28
3. Karin van Dijk	De Wellerobben	NED	198600850	1:24.50	+0.77	40.02	1:24.50
4. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	1:26.25	+0.66	40.48	1:26.25
5. Suzan Blankestijn	ZVL-1886	NED	198900350	1:26.78	+0.78	40.30	1:26.78
6. Liesbeth van Mill	Zwemlust-den Hommel	NED	198702786	1:28.05	+0.85	41.65	1:28.05
7. Linda van Klei-Janssen	ZPB H&L Productions	NED	198802088	1:29.20	+0.70	41.86	1:29.20
8. Isaline Manchel	CNSW	BEL	001284/85	1:31.92	+0.73	43.38	1:31.92
9. Esther van Maastrigt	Montferland	NED	198802836	1:32.51	+0.74	42.27	1:32.51
10. Tessa Verheijdt	WVZ	NED	198904290	1:38.36	+0.79	46.26	1:38.36

Masters 35+

1. Laura Badoux	DAW	NED	198200038	1:21.84	+0.85	37.69	1:21.84
2. Ilja Janssen	ESCA Zwemmen	NED	198102234	1:29.16	+0.89	41.52	1:29.16
3. Renee de Kok	PSV	NED	198403350	1:30.17	+0.70	42.79	1:30.17
4. Angela Giezen	Montferland	NED	198302796	1:31.85	+0.73	42.96	1:31.85

Masters 40+

1. Liselotte Joling	PSV	NED	197500268	1:28.53	+0.82	41.41	1:28.53
2. Eveline Hacquebord	IJZPC	NED	197901206	1:30.51	+0.85	43.18	1:30.51
3. Geraldine Trainor	De Duck	NED	197500544	1:30.59	+0.76	42.13	1:30.59
4. Inge Roskam	De Duinkickers	NED	197801296	1:31.91	+0.85	42.05	1:31.91
5. Jessica Klaassen	Zwemclub Koewacht	NED	197901536	1:34.54	+0.81	44.51	1:34.54
6. Marian Nederlof	De Geul	NED	197600950	1:38.92	+0.71	47.26	1:38.92
7. Margriet Daalman	De Spatters	NED	197801368	1:39.30	+0.61	46.05	1:39.30

Masters 45+

1. Karin Stein	ZVVS	NED	197100554	1:24.81	+0.67	40.55	1:24.81
2. Gudule van der Meer	PSV	NED	197200396	1:27.07	+0.79	40.76	1:27.07
3. Annette de Visser	Oceanus	NED	197100602	1:32.05	+0.86	43.58	1:32.05
4. Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	1:32.26	+0.79	42.99	1:32.26
5. Pascalle Janssen	Patrick-De Roersoppers (SG)	NED	197300852	1:33.20	+0.83	43.87	1:33.20
6. Greta Wyma-Teitsma	DWK	NED	197100696	1:51.59	+0.87	53.15	1:51.59
7. Evelien Naatje	WS Twente	NED	197200838	1:53.67	+1.01	54.64	1:53.67
8. Conny Veenings	ZV Haerlem	NED	197300980	1:54.78	+0.97	54.89	1:54.78

Programmanr. 39, Dames, 100m schoolslag

Masters 50+

1. Ariene Knoester	Aqua-Novio'94	NED	196700716	1:27.50	+0.82	41.04	1:27.50
2. Annette Wijnja-Visser	De Biesboschzweimmers	NED	196700528	1:27.89	+0.78	41.13	1:27.89
3. Jacqueline Tuin	DAW	NED	196600690	1:29.61	+0.76	41.79	1:29.61
4. Iris van Aurich	DWK	NED	196900866	1:31.64	+0.68	43.75	1:31.64
5. Annette Korving-Leijenaar	Aqualero	NED	196700662	1:35.36	+0.78	45.09	1:35.36
6. Françoise Duran	De Biesboschzweimmers	NED	196900222	1:36.72	+0.87	44.93	1:36.72
7. Machteld Stiling	ZPC AMERSFOORT	NED	196600716	1:39.91	+0.64	47.32	1:39.91
8. Irna van der Molen	WS Twente	NED	196900938	1:41.81	+0.82	47.65	1:41.81
9. Roelien Speelman-Tigelaar	De Spatters	NED	196600664	1:44.43	+0.69	47.16	1:44.43
10. Caroline Kruger	Feijenoord Albion Zwemclub	NED	196800928	1:47.04	+0.74	48.49	1:47.04
11. Maaïke Heidt	ZPB H&L Productions	NED	196901068	1:58.23	+1.14	56.41	1:58.23
12. Ann Vandenbrouck	Royal Ostend Swimming Club	BEL	20321/65	1:58.90	+1.00	54.57	1:58.90

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED	196300518	1:32.24	+0.73	43.49	1:32.24
2. Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	1:35.89	+0.85	44.47	1:35.89
3. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	1:36.78	+0.76	46.50	1:36.78
4. Petra Tossings	DAW	NED	196100376	1:38.57	+0.68	46.67	1:38.57
5. Annemarie Vuist	SWOL 1894	NED	196300282	1:40.57	+0.93	48.61	1:40.57
6. Erica Muller	De Geul	NED	196400412	1:50.01	+0.63	52.46	1:50.01
7. Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	1:50.07	+0.88	52.47	1:50.07
8. Petra Ros	ZCNF'34	NED	196100398	1:52.13	+0.85	54.48	1:52.13
9. Jenny Westervarder	H2Oldambt	NED	196200424	1:55.80	+0.83	55.54	1:55.80
10. Lia Bijkerk	WIDEX GZC DONK	NED	196000014	1:57.51	+0.89	55.19	1:57.51
11. Riekje Schra	Steenwijk 1934	NED	196400404	2:25.68	+1.28	1:09.04	2:25.68

Masters 60+

1. Anje Manuputty	PSV	NED	195700176	1:51.92	+0.85	54.11	1:51.92
2. Willy Schoenmaker-ter Veer	DWK	NED	195900254	2:00.57	+1.03	55.68	2:00.57
3. Mies Kuipers	Old Dutch	NED	195800202	2:16.01	+0.98	1:06.22	2:16.01
4. Karien Musters	Old Dutch	NED	195800236	2:17.59	+0.97	1:03.62	2:17.59

Masters 65+

1. Tineke van Diggelen	ZPCH	NED	195200048	1:59.37	+0.91	56.19	1:59.37
2. Ineke Brouwers	PSV	NED	195200070	2:08.12		1:00.60	2:08.12
3. Geerdien Meerwaldt	De Geul	NED	195200058	2:15.78		1:05.94	2:15.78
4. Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	2:16.79	+1.10	1:04.23	2:16.79
5. Maryse Van Cant	Antwerpse zwemclub Scaldis	BEL	20233/54	2:34.52	+0.92	1:11.64	2:34.52

Masters 70+

1. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	2:01.60	+0.85	57.33	2:01.60
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Programmanr. 40
05-05-2019 - 15:47

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Tristan Stam	ZOB'66	NED	199903551	1:16.41	+0.76		35.29	1:16.41
2. Renzo Strang	De Duinkickers	NED	199801151	1:19.42	+0.73		36.94	1:19.42
3. Laurens Spoelstra	WS Twente	NED	199901273	1:19.69	+0.76		37.37	1:19.69
4. Hans Stoffers	Triton Putten	NED	199604027	1:20.36	+0.66		37.56	1:20.36
5. Sam Beer	Rotterdam Swimming (SG)	NED	199605521	1:21.49	+0.69		36.77	1:21.49
Masters 25+								
1. Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	1:08.08	+0.66		32.04	1:08.08
2. Roy Smeenge	TriVia	NED	199305557	1:08.47	+0.63		31.97	1:08.47
3. Martino Valentijn	DIO	NED	199403913	1:12.57	+0.73		33.45	1:12.57
4. Joren Harms	GoSwim	NED	199403163	1:14.54	+0.82		33.66	1:14.54
5. Patrick Creemers	RZ	NED	199000579	1:16.35	+0.73		34.98	1:16.35
6. Tom de Lange	Deltasteur	NED	199300303	1:17.48	+0.76		36.13	1:17.48
7. Gerben Rozie	MSV-Zeemacht	NED	199002507	1:19.97	+0.67		36.16	1:19.97
8. Maik Steenkamp	Montferland	NED	199103847	1:20.18	+0.74		37.27	1:20.18
9. Bob Potkamp	Deltasteur	NED	199403189	1:30.58	+0.87		41.73	1:30.58
10. Patrick Graver	GZVW	NED	199404735	1:30.62	+0.84		42.85	1:30.62
11. Patrick Wobben	Steenwijk 1934	NED	199300559	1:31.23	+0.88		41.80	1:31.23
12. Rick Vaarkamp	Triton Putten	NED	199404979	1:40.95	+0.95		45.67	1:40.95
Masters 30+								
1. Erik Verholt	Noord Veluwe	NED	198803543	1:09.66	+0.77		31.71	1:09.66
2. Yuri van Ommen	Zwemvereniging Hoogland	NED	198501887	1:11.57	+0.81		34.09	1:11.57
3. Tim van den Berg	Rotterdam Swimming (SG)	NED	198500157	1:11.83	+0.70		33.71	1:11.83
4. Christopher Rojas	CN Delfines Azules	PAN		1:13.48	+0.67		33.81	1:13.48
5. Vincent Bakker	ZPC AMERSFOORT	NED	198600107	1:14.65	+0.75		35.84	1:14.65
6. Guido Moret	Feijenoord Albion Zwemclub	NED	198501793	1:16.07	+0.75		35.27	1:16.07
7. Stefan van der Griff	SWOL 1894	NED	198701121	1:17.56	+0.77		35.59	1:17.56
8. Dennis Kraakman	DAW	NED	198705325	1:18.33	+0.74		36.17	1:18.33
9. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	1:19.47	+0.58		37.03	1:19.47
10. Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	1:23.80	+0.80		39.29	1:23.80
11. Harmen Reemst	ZOB'66	NED	198702715	1:24.52	+0.76		38.99	1:24.52
12. Robin Eggenkamp	De Aalscholver	NED	198700847	1:25.33	+0.72		39.41	1:25.33
Masters 35+								
1. Simon van Ravesteijn	WVZ	NED	198002263	1:13.34	+0.75		34.40	1:13.34
2. Marc Oliver Borgstedt	SG Bayer	GER	240531	1:14.20	+0.76		34.02	1:14.20
3. Kristiaan Lenos	ZVL-1886	NED	198301331	1:15.83	+0.83		34.88	1:15.83
4. Jim Geestman	Rotterdam Swimming (SG)	NED	198300699	1:16.08	+0.75		35.14	1:16.08
5. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	1:17.99	+0.71		36.92	1:17.99
6. Wade Rimbach	Otter SC	GBR	666271	1:19.35	+0.61		38.01	1:19.35
7. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	1:21.14	+0.83		37.63	1:21.14
8. Gijs van de Sande	DIO	NED	198403329	1:25.11	+0.75		39.64	1:25.11
9. Sebastiaan Baars	WS Twente	NED	198300053	1:26.11	+0.95		39.99	1:26.11
10. Sander de Velde	Deltasteur	NED	198302165	1:36.84	+0.80		45.01	1:36.84
DIS Thommy Nickel	ZPC Woerden	NED	198401627		+0.87			

AF - De aangegeven afstand niet uitgezwommen.

Programmanr. 40, Heren, 100m schoolslag

Masters 40+

1. Victor Barnar	GoSwim	NED	197801805	1:10.71	+0.73	32.37	1:10.71
2. Vincent Versteeg	Zwemlust-den Hommel	NED	197701003	1:13.76	+0.72	33.43	1:13.76
3. Mark Zwart	Zwemlust-den Hommel	NED	197901461	1:19.46	+0.84	37.18	1:19.46
4. Markus van Rest	WVZ	NED	197701197	1:29.47	+0.81	41.56	1:29.47
5. Tom Bandsma	PSV	NED	197701625	1:29.57	+0.91	42.05	1:29.57
6. Emiel Volker	ZVL-1886	NED	197601605	1:30.10	+0.84	43.40	1:30.10
7. Toine ten Broeke	GoSwim	NED	197501509	1:42.35	+0.96	47.91	1:42.35

Masters 45+

1. Paul van den Heuvel	Arethusa	NED	197000441	1:20.03	+0.91	38.09	1:20.03
2. Chang Bom	The Hague Swimming (SG)	NED	197201483	1:24.01	+0.73	39.69	1:24.01
3. Rob van de Ven	SWNZ (SG)	NED	197101695	1:27.21	+0.80	42.04	1:27.21
4. Bas Kremers	TRB-RES	NED	197201611	1:27.70	+0.75	40.73	1:27.70
5. Jaco de Fockert-Koefoed	GoSwim	NED	197001769	1:52.21	+0.70	51.71	1:52.21

Masters 50+

1. Harold Matla	PSV	NED	196800591	1:18.23	+0.89	37.24	1:18.23
2. René Beetsma	HZ&PC Heerenveen	NED	196900069	1:19.37	+0.84	36.51	1:19.37
3. Hans Schoenmakers	DAW	NED	196900863	1:21.94	+0.76	37.40	1:21.94
4. Kees Akershoek	SGGO (SG)	NED	196900009	1:24.82	+0.73	39.29	1:24.82
5. Joop Weenink	WS Twente	NED	196801535	1:24.88	+0.93	39.97	1:24.88
6. Nico Swart	De Biesboschzweimmers	NED	196801475	1:25.04	+0.78	39.82	1:25.04
7. Michel van Wingerden	DWK	NED	196701629	1:26.55	+0.95	39.86	1:26.55
8. Christophe Wadin	Royal Dauphins Mouscronnois	BEL	005113/68	1:29.87	+0.87	41.35	1:29.87
9. Albert Steenvoorden	HHZV PLONS	NED	196601605	1:33.95	+0.92	44.28	1:33.95
10. Wijnand Vergeest	De Rog	NED	196800949	1:34.58	+0.72	44.46	1:34.58
11. Roelof Broekman	De Spatters	NED	196800155	1:36.15	+0.77	44.89	1:36.15
12. Gertjan van der Vaart	ZVVS	NED	196801529	1:37.05	+0.76	45.44	1:37.05
13. René Speelman	De Spatters	NED	196601521	1:41.77	+0.77	47.87	1:41.77
DIS Wridzer Bakker	ESCA Zwemmen	NED	196701711				

AF - De aangegeven afstand niet uitgezwommen.

Masters 55+

1. Theo Bakker	TriVia	NED	196401231	1:23.34	+0.79	38.13	1:23.34
2. Ronald Grove	Triton	NED	196100161	1:27.62	+0.78	40.20	1:27.62
3. Jack Barends	WS Twente	NED	196201011	1:35.55	+0.96	45.51	1:35.55
4. Pierre de Groot	WIDEX GZC DONK	NED	196401431	1:36.83	+0.90	45.56	1:36.83
5. Hans van Scheepen	Steenwijk 1934	NED	196201245	1:46.21	+0.90	49.86	1:46.21
6. Michel Picavet	Royal Dauphins Mouscronnois	BEL	004713/62	1:47.85	+0.86	50.27	1:47.85

Masters 60+

1. Wim de Lange	AZC	NED	195800533	1:29.41	+0.72	41.15	1:29.41
2. Walter Rolloos	ZPV Barracuda	NED	195900387	1:29.54	+0.88	41.73	1:29.54
3. Paul Bunnik	Triton	NED	195600413	1:32.33	+0.86	42.43	1:32.33
4. Christian Schoenaers	CNSW	BEL	007131/59	1:33.17	+0.93	43.28	1:33.17
5. Hans Wijsman	PSV	NED	195500427	1:33.23	+0.82	44.21	1:33.23
6. Philippe Godbille	CNSW	BEL	000230/57	1:33.35	+0.90	42.72	1:33.35
7. Marius Ros	ZCNF'34	NED	195900779	1:42.83	+0.65	49.31	1:42.83
8. Peter Coffeng	WIDEX GZC DONK	NED	195700063	1:43.27	+0.98	47.99	1:43.27
9. Robert Schulein	H2Oldambt	NED	195900843	1:46.60	+0.80	52.50	1:46.60
10. André Pantekoek	PSV	NED	195800321	1:49.82	+1.09	50.82	1:49.82
11. Jos van Sleuwen	Nautilus	NED	195700323	1:53.32	+1.12	52.70	1:53.32

Programmanr. 40, Heren, 100m schoolslag

Masters 65+

1. Piet Schop	De Bevelanders	NED	195000109	1:37.24	+0.70	45.14	1:37.24
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Masters 70+

1. Mans Buis	SWOL 1894	NED	194700133	1:58.99	+0.96	55.88	1:58.99
2. Nico van Dongen	ZZ&PC De Devel	NED	194800159	2:15.10	+1.15	1:03.71	2:15.10

Masters 75+

1. Rob Hanou	PSV	NED	194300109	1:41.67	+1.16	48.54	1:41.67
2. Nico Baay	Old Dutch	NED	194200053	1:55.31	+0.76	53.40	1:55.31
3. Kevork Boyrazian	CNSW	BEL	002620/44	2:25.33	+1.28	1:06.69	2:25.33

Masters 80+

1. Gregor Pompen	Aqua-Novio'94	NED	193700021	2:31.04	+1.17	1:12.20	2:31.04	
BM Thijs van den End	HPC PARA - ZPC Woerden	NED	199306803	SB8 1:26.28	+0.95	524	39.67	1:26.28

Programmanr. 41
05-05-2019 - 16:12

4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging			tijd	RT	PARA
80+, Dames						
1.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	NED	1:56.91	+0.70	
	Inge van der Hoek	92 +0.70 29.23	Eef Hollander	96 +0.28	30.58	
	Lotte Coenen	93 +0.25 28.00	Lincy de Winter	98 +0.29	29.10	
2.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED	2:02.88	+0.67	
	Anne-Irene Ducheine	95 +0.67 31.06	Myra Smulders	99 +0.33	28.76	
	Yvette Meijer	97 +0.24 32.92	Renske Eilers	88 +0.47	30.14	
80+, Gemengd						
1.	The Hague Swimming (SG) 2	The Hague Swimming (SG)	NED	1:48.78	+0.68	
	Ilse Rijnja	98 +0.68 29.44	Jelmer Lankhorst	98 +0.57	25.56	
	Ivo van Dijk	97 +0.10 25.88	Sterre Keller	99 +0.19	27.90	
2.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED	1:52.52	+0.66	
	Stijn van Aken	99 +0.66 25.20	Eline Hendriks	98 +0.60	32.26	
	Larissa Brak	88 +0.40 29.47	Jelle Blankestijn	98 +0.15	25.59	
3.	Noord Veluwe 1	Noord Veluwe	NED	1:53.72	+0.70	
	Frank Versprille	99 +0.70 26.94	Erik Verholt	88 +0.36	25.95	
	Stephanie van Diepen	95 +0.37 31.32	Rianne van Rijssen	97 +0.39	29.51	
4.	ZOB'66 1	ZOB'66	NED	1:55.47	+0.61	
	Wendy de Bruin	92 +0.61 29.46	Jeffrey Eigenraam	95 +0.31	26.68	
	Thirza Belder	98 +0.65 31.86	Tristan Stam	99 +0.30	27.47	

Programmanr. 41, 4 x 50m vrije slag

100+, Dames

1. Nuoto Club Sassuolo 1	Nuoto Club Sassuolo	ITA	1:59.10	+0.77
Elisa Bavieri	95 +0.77	29.04	91 +0.33	30.42
Chiara Manelli	93 +0.24	30.15	92 +0.31	29.49
2. DIO 1	DIO	NED	2:00.30	+0.64
Siska Post	88 +0.64	30.35	94 +0.33	30.99
Susanne van der Linden	88 +0.38	31.33	90 +0.38	27.63
3. ESCA Zwemmen 1	ESCA Zwemmen	NED	2:01.57	+0.85
Kiona Peters	89 +0.85	29.38	99	30.81
Ijja Janssen	81	32.33	98	29.05
4. Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED	2:06.07	+0.76
Marjon Pol	91 +0.76	30.98	90	32.44
Liesbeth van Mill	87	32.78	93	29.87
5. De Duck 1	De Duck	NED	2:06.99	+0.87
Kimberley van Buren	93 +0.87	32.90	75 +0.28	31.28
Judith Kleinjan	98 +0.67	31.61	96 +0.20	31.20

100+, Heren

1. Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED	1:38.74	+0.71
<i>Nederlands Masters Record</i>				
Jordi van der Weel	96 +0.71	25.33	93 +0.36	25.27
Ensgar Kotterink	94 +0.43	23.11	80 +0.37	25.03

100+, Gemengd

1. DAW 2	DAW	NED	1:48.14	+0.74
Denise Boonstra	99 +0.74	29.14	96 +0.50	27.99
Pieter van Gemeren	69 +0.27	26.93	95 +0.30	24.08
2. ZPV Barracuda 1	ZPV Barracuda	NED	1:50.32	+0.55
Melissa van der Heijden	96 +0.55	28.89	94 +0.16	25.59
Denise Boereboom	92 +0.57	29.53	87 +0.45	26.31
3. ZVL-1886 1	ZVL-1886	NED	1:54.84	+0.74
Kristiaan Lenos	83 +0.74	26.09	96 +0.33	31.46
Suzan Blankestijn	89 +0.44	31.70	97 +0.14	25.59
4. Montferland 2	Montferland	NED	2:03.87	+0.72
Maik Steenkamp	91 +0.72	28.99	91 +0.49	33.12
Pim Cuijpers	92 +0.13	29.17	83 +0.47	32.59

120+, Dames

1. MSV-Zeemacht 1	MSV-Zeemacht	NED	2:01.05	+0.80
Bianca Groot	70 +0.80	32.58	94 +0.53	29.47
Jet Kleine	99 +0.26	30.15	91 +0.13	28.85
2. PSV 5	PSV	NED	2:04.02	+0.68
Joke Smits-Velthuijs	90 +0.68	30.67	86	32.14
Nienke van Stipriaan	87	29.52	84	31.69
3. De Rog 1	De Rog	NED	2:15.86	+0.76
Kim Hamakers	98 +0.76	34.54	67 +0.30	31.79
Sandra Van der Helm	78 +0.63	36.24	77 +0.44	33.29
4. Steenwijk 1934 1	Steenwijk 1934	NED	2:17.42	+0.76
Nanda de Vries	92 +0.76	29.64	95 +0.50	38.66
Inge Lolkema-Soeters	73 +0.38	36.45	94 +0.55	32.67
5. Steenwijk 1934 2	Steenwijk 1934	NED	2:17.46	+0.86
Ilse Blankvoort	92 +0.86	32.95	64 +0.42	35.39
Leonie Scholten	79 +0.29	38.06	92 +0.47	31.06
6. Rotterdam Swimming (SG) 1	Rotterdam Swimming (SG)	NED	2:28.53	+1.05
Ramona van den Vrijhoef	94 +1.05	38.99	69 +0.41	37.05
Mariska Scholts	96 +0.46	42.76	88 +0.45	29.73

AFGEM AZC 1

AZC

NED

Programmanr. 41, 4 x 50m vrije slag

120+, Heren

1.	Zwemvereniging Hoogland 2	Zwemvereniging Hoogland	NED	1:43.16	+0.72
	Bas Dries	95 +0.72 24.38	Dick Kampman	88 +0.32 26.05	
	Yuri van Omme	85 +0.33 26.39	Rutger Stam	81 +0.26 26.34	
2.	Rotterdam Swimming (SG) 2	Rotterdam Swimming (SG)	NED	1:46.62	+0.85
	Jim Geestman	83 +0.85 26.59	Sam Beer	96 +0.55 26.55	
	Tim van den Berg	85 +0.48 27.75	Martijn Dolk	89 +0.13 25.73	
3.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED	1:47.15	+0.74
	Vincent Bakker	86 +0.74 27.08	Martijn Bartels	96 +0.48 26.55	
	Martijn Giezen	85 +0.05 26.42	Rob van Vliet	84 +0.28 27.10	
4.	DIO 2	DIO	NED	1:50.73	+0.73
	Jan van Opstal	86 +0.73 26.27	Martino Valentijn	94 +0.46 28.45	
	Gijs van de Sande	84 +0.57 31.51	Arjan van der Plaats	86 +0.40 24.50	
5.	AZC 2	AZC	NED	1:57.56	+0.65
	Michael Go	75 +0.65 30.40	Stefan Oostendorp	90 28.45	
	Ricardo van Dam	85 30.92	Mark van der Schrier	78 27.79	
6.	Steenwijk 1934 3	Steenwijk 1934	NED	2:01.29	+0.75
	Guido Keutgen	68 +0.75 29.09	Korstiaan de Boer	71 +0.65 32.43	
	Patrick Wobben	93 +0.42 32.00	Robert Braad	86 +0.54 27.77	
7.	Deltasteur 1	Deltasteur	NED	2:06.25	+0.75
	Tom de Lange	93 +0.75 29.03	Bob Potkamp	94 32.46	
	Sander de Velde	83 34.15	Pieter Bardelmeijer	72 30.61	

120+, Gemengd

1.	WVZ 2	WVZ	NED	1:50.94	+0.70
	Delia Badoux	80 +0.70 28.53	Isabelle Massar	91 +0.46 28.92	
	Vincent Lapouge	88 +0.41 26.00	Simon van Ravesteijn	80 +0.57 27.49	
2.	Feijenoord Albion Zwemclub 3 Startzwemmer NMR	Feijenoord Albion Zwemclub	NED	1:53.43	+0.72
	Hugo Bregman	58 +0.72 27.45	Fenna de Groot	97 +0.18 28.80	
	Guido Moret	85 +0.37 26.78	Roos van Esch	82 +0.32 30.40	
3.	ZPC Woerden 2	ZPC Woerden	NED	1:57.06	+0.55
	Fenke Remmits	96 +0.55 29.16	Johan Remmits	62 +0.39 27.65	
	Cynthia van Veen	96 +0.63 33.09	Thommy Nickel	84 +0.41 27.16	
4.	SGGO (SG) 1	SGGO (SG)	NED	1:57.58	+0.77
	Danica Koedoot	93 +0.77 30.14	Whitley Rens	90 +0.37 32.00	
	Kees Akershoek	69 +0.28 27.86	Niels Albrechts	88 +0.42 27.58	
5.	GoSwim 2	GoSwim	NED	2:00.30	+0.81
	Linda Kerkmeester	74 +0.81 39.70	Victor Barnar	78 +0.34 26.59	
	Joren Harms	94 +0.55 27.39	Saskia de Klerk	90 +0.28 26.62	
6.	RZ 1	RZ	NED	2:02.57	+0.64
	Fiona Meuffels	95 +0.64 29.85	Gino Martijn	79 28.65	
	Claudia Creemers	92 37.33	Patrick Creemers	90 26.74	
7.	Feijenoord Albion Zwemclub 4	Feijenoord Albion Zwemclub	NED	2:04.87	+0.63
	Patrick Wyrdean	97 +0.63 27.26	Caroline Kruger	68 37.50	
	Anouk van der Lans	98 32.92	Pieter Broek	77 27.19	
8.	SWOL 1894 1	SWOL 1894	NED	2:04.92	+0.60
	Miriam Visserman	87 +0.60 32.35	Stefan van der Grift	87 29.81	
	Nienke Nieuwenhuis	81 33.47	Han Boone	77 29.29	
9.	ZVVS 2	ZVVS	NED	2:16.10	+0.88
	Jeroen Hoeksel	74 +0.88 34.01	Heleen ten Have	94 +0.59 35.63	
	Gerjjan van der Vaart	68 +0.59 33.71	Ramona Noordermeer	94 +0.34 32.75	
DIS	Zwemvereniging Hoogland 4 EA - Te vroeg overgenomen., 2de zwemmer	Zwemvereniging Hoogland	NED		+1.07
	Marieke Vegter-Bagerman	89 +1.07 39.15	Nicole van Zuilen	95	
	Pieter-Sjoerd de Wijn	65 -0.11	Karlo Kok	91	

Programmanr. 41, 4 x 50m vrije slag

160+, Dames

1. ZPC Woerden 1	ZPC Woerden	NED	2:05.65	+0.80
Danielle van Veen	69 +0.80	Ilse van den Wijngaard	89 +0.38	30.52
Marjan Remmits	63 +0.34	Sabine Lina	89 +0.26	30.29
2. CNSW 1	CNSW	BEL	2:06.65	+0.68
Valerie Rolland	71 +0.68	Kathy Van Lindt	71 +0.56	32.71
Isaline Manchel	85 +0.20	Nathalie Blondeel	77 +0.43	29.46
3. DAW 1	DAW	NED	2:08.22	+0.82
Sandra Zwaanswijk	85 +0.82	Jacqueline Tuin	66 +0.60	32.39
Petra Tossings	61 +0.49	Laura Badoux	82 +0.50	30.68
4. WVZ 1	WVZ	NED	2:14.13	+0.75
Petra Verstegen	77 +0.75	Tessa Verheijdt	89 +0.21	33.37
Yvette Kilian	66 +0.36	Linda Hoogendam	83 +0.65	33.13
5. ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED	2:15.56	+0.63
Talje Dijkhuis	66 +0.63	Henriëtte v. Norden	68	33.66
Machteld Stilling	66 +0.35	Ragna van Lieshout	90 +0.42	32.92
6. Montferland 1	Montferland	NED	2:19.67	
Wilma Lammers-Wigman	64	Hanneke Heymen	84 +0.59	32.43
Esther van Maastricht	88 +0.25	Wilma van Velsen	64 +0.31	32.36

160+, Heren

1. De Duck 2	De Duck	NED	1:55.06	+0.98
Erik Saan	65 +0.98	Gerjan van der Knaap	73 +0.48	30.18
Nico van Maanen	61 +0.10	Jesper Oranje	92 +0.53	24.46
2. De Duinkickers 2	De Duinkickers	NED	2:03.56	+0.64
Richard Hill	66 +0.64	Marcel Brittijn	69 +0.27	31.01
Robert de Brauer	64 +0.55	Robin Roskam	78 +0.25	32.48
3. GoSwim 1	GoSwim	NED	2:12.23	+1.05
Toine ten Broeke	75 +1.05	Derrick Muluya	90 +0.92	30.47
Jaco de Fockert-Koefoed	70 +0.26	Erwin Beringen	66 +0.15	29.05

160+, Gemengd

1. HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	1:51.21	+0.64
<i>Kampioenschapsrecord</i>				
Dennis Bos	92 +0.64	Evelien van Klaarbergen	72 +0.38	28.99
Daniëlle de Boer	94 +0.25	Marten de Groot	58 +0.34	27.60
2. ZPC AMERSFOORT 5	ZPC AMERSFOORT	NED	1:51.85	+0.70
Erwin Buist	78 +0.70	Marije Jansen	85 +0.18	28.30
Lidia v. Bon-Rosenbrand	70 +0.11	Paul Hardeman	73 +0.42	27.34
3. LinK 1	LinK	NED	1:59.21	+0.74
Dominique Duesman	96 +0.74	Alex Schelvis	87 +0.46	26.03
Paul van der Ploeg	60 +0.19	Heidi den Boer	69 +0.39	30.87
4. ESCA Zwemmen 3	ESCA Zwemmen	NED	2:06.26	+0.76
Tom Driessen	87 +0.76	Karin van der Star-Verhoeven	61 +0.35	33.35
Widzer Bakker	67 +0.34	Yoka de Vegt-van Dijk	62 +0.75	38.33
5. DWK 1	DWK	NED	2:12.49	+0.83
Lars Jacobsen	97 +0.83	Iris van Aurich	69 +0.17	33.66
Greta Wyma-Teitsma	71 +0.50	Michel van Wingerden	67 +0.54	29.88
6. De Spatters 1	De Spatters	NED	2:15.44	+0.78
René Speelman	66 +0.78	Roelien Speelman-Tigelaar	66 +0.26	34.38
Margriet Daalman	78 +0.56	Roelof Broekman	68 +0.29	34.62

Programmanr. 41, 4 x 50m vrije slag

200+, Dames

1. WS Twente 1	WS Twente	NED	2:20.02	+0.80
Karin Leverink	72 +0.80 35.61	Irna van der Molen	69 +0.42 35.71	
Marijke Kraak-Beckers	60 +0.39 33.98	Evelien Naatje	72 +0.86 34.72	
2. De Geul 1	De Geul	NED	2:28.03	+0.58
Erica Muller	64 +0.58 41.29	Roselinda van der Vlugt	67 +0.70 39.94	
Marian Nederlof	76 +0.42 33.09	Marijke Campfens	69 +0.39 33.71	
3. De Duinkickers 1	De Duinkickers	NED	2:37.78	+0.89
Saskia op den Velde	79 +0.89 35.99	Inge Roskam	78 +0.54 35.97	
Christine Buist	64 +0.61 36.76	Annet Verhoeven - Steggerda	46 49.06	
4. ESCA Zwemmen 2	ESCA Zwemmen	NED	2:51.60	+1.20
Thea Lejeune	71 +1.20 43.01	Ria Peters-Veurman	58 +0.68 44.48	
Cora Smulders	66 +0.41 43.18	Marion Kolkman-Pluim	60 +0.57 40.93	

200+, Heren

1. De Rog 2	De Rog	NED	1:56.91	+0.70
Peter Bensen	63 +0.70 26.47	Frank Van Engelen	67 +0.57 31.55	
Wijnand Vergeest	68 +0.61 30.20	Erik Kamphuis	60 +0.43 28.69	
2. WS Twente 2	WS Twente	NED	2:01.45	+0.83
Hans Westerhof	62 +0.83 28.11	Joop Weenink	68 +0.44 33.15	
Ronald Richardson	63 +0.55 28.91	Sebastiaan Baars	83 +0.57 31.28	

AFGEM ZPC AMERSFOORT 3

ZPC AMERSFOORT

NED

200+, Gemengd

1. ZPC AMERSFOORT 6	ZPC AMERSFOORT	NED	1:51.50	+0.70
<i>Nederlands Masters Record</i>				
Jeroen Zelsmann	77 +0.70 25.12	Lesley Cordial	67 +0.49 29.00	
Atie Pijtak-Radersma	56 +0.35 30.71	Edwin v. Norden	63 +0.28 26.67	
2. PSV 3	PSV	NED	2:04.01	+0.88
Harold Matla	68 +0.88 30.33	Evertjan Masurel	56 30.50	
Liselotte Joling	75 32.09	Gudule van der Meer	72 31.09	
3. Triton 1	Triton	NED	2:08.05	+0.83
Caroline Schreuder	67 +0.83 32.33	Paul Bunnik	56 +0.26 31.80	
Francine Sommer	62 +0.52 34.75	Ronald Grove	61 +0.46 29.17	
4. De Biesboschzwemmers 1	De Biesboschzwemmers	NED	2:09.88	+0.72
Nico Swart	68 +0.72 31.00	Françoise Duran	69 +0.32 36.80	
Paul Wijnja	63 +0.50 29.85	Annette Wijnja-Visser	67 +0.23 32.23	
5. Royal Dauphins Mouscronnois 1	Royal Dauphins Mouscronnois	BEL	2:27.02	+0.99
Sabine Delaere	69 +0.99 40.60	Michel Picavet	62 +0.50 38.81	
Lucy Dubus	69 38.01	Christophe Wadin	68 +0.25 29.60	

DIS WIDEX GZC DONK 1

WIDEX GZC DONK

NED

AA - Gestart voor het startsignaal (en wel gezwommen).

Nathasja Konijn, Feikje Wittermans, Peter Coffeng, Pierre de Groot

240+, Dames

1. PSV 6	PSV	NED	3:08.74	+0.78
Anje Manuputti	57 +0.78 47.69	Gonnie Bak	51 +0.54 44.51	
Ineke Brouwers	52 47.20	Annie Smits	46 +0.59 49.34	

240+, Heren

1. Zwemvereniging Hoogland 3	Zwemvereniging Hoogland	NED	2:07.80	+0.80
Paul de Boer	68 +0.80 30.12	Rudolf Meijer	60 +0.49 31.74	
Jos Kamps	51 +0.26 34.13	Jan Vonk	54 +0.53 31.81	

AFGEM WS Twente 3

WS Twente

NED

Programmanr. 41, 4 x 50m vrije slag

240+, Gemengd

1.	PSV 2 <i>Kampioenschapsrecord</i>	PSV		NED	2:05.53	+0.58		
	Jeanne Petit	70	+0.58	31.19	Patty Verhagen	59	+0.24	35.61
	Brend Brevé	52	+0.27	29.55	Hans Wijsman	55	+0.34	29.18
2.	ZVVS 1	ZVVS		NED	2:12.24	+0.66		
	Ada de Voogd	59	+0.66	35.36	Conny Boer-Buys	50	+0.41	33.72
	Willem Putter	45	+0.69	36.14	Bas van de Nouwelant	80	+0.40	27.02
3.	AZC 3	AZC		NED	2:27.96	+1.19		
	Wil Ponsioen-van Mil	61	+1.19	40.62	Sandra Daamen-Posma	68	+0.48	37.92
	Geza Kaltenecker	42	+0.39	37.33	Wim de Lange	58	+0.32	32.09
4.	CNSW 2	CNSW		BEL	2:51.48	+0.80		
	Claire Anthony	57	+0.80	35.07	Kevork Boyrazian	44	+0.59	51.42
	Ramon Alsina Munoz	69	+0.54	36.94	Fernande Gourmet Blondeel	52	+0.13	48.05
5.	Old Dutch 1	Old Dutch		NED	2:52.38	+0.85		
	Adriaan Kop	61	+0.85	33.12	Marie Smits	38	+0.82	52.29
	Nico Baay	42	+0.80	48.54	Karin van Nassau-van den Heuvel	66	+0.30	38.43
6.	Steenwijk 1934 4	Steenwijk 1934		NED	2:59.71	+1.17		
	Sierd Tilma	53	+1.17	41.87	Monica Bakker	56	+0.72	37.49
	Riekie Schra	64	+0.82	1:00.48	Hans van Scheepen	62	+0.53	39.87

280+, Dames

1.	PSV 1 <i>Nederlands Masters Record</i>	PSV		NED	2:30.19	+0.78		
	Patty Krupiarz	54	+0.78	37.49	Esther van Lohuizen	59	+0.45	32.21
	Lottie Geurts	35	+0.63	43.31	Corrie Verhoeven	46	+0.44	37.18