

Nederlandse Junioren Kampioenschappen korte baan 2024



KNZB in samenwerking met de Dolfijn

Amsterdam 13-12-2024 t/m 15-12-2024

Nummer: 1 - vrijdag 13 december 2024 om 15:30u (25 m)

Aanvangstijd juryvergadering: 14:30u

1. 400m vrije slag - Dames

12 - 13 jaar (Junioren 2 en 3)

1. Yill van Bezouw (Hieronymus, 201100704)

50m 00:29.75 29,75 150m 01:37.36 34,15 250m 02:45.40 34,17 350m 03:54.83 34,64 04:28.03(+75)
100m 01:03.21 33,46 200m 02:11.23 33,87 300m 03:20.19 34,79

2. Malin Roozeboom (WVZ, 201100006)

50m 00:30.31 30,31 150m 01:38.90 34,16 250m 02:48.57 34,78 350m 03:58.65 35,17 04:32.72(+73)
100m 01:04.74 34,43 200m 02:13.79 34,89 300m 03:23.48 34,91

3. Elin Reinstra (TriVia, 201100842)

50m 00:30.70 30,70 150m 01:39.29 34,76 250m 02:49.84 35,37 350m 04:00.50 35,20 04:35.03(+77)
100m 01:04.53 33,83 200m 02:14.47 35,18 300m 03:25.30 35,46

4. Anna Lepoutre (PSV, 201100534)

50m 00:30.90 30,90 150m 01:40.56 35,05 250m 02:51.69 35,41 350m 04:03.52 35,77 04:37.31(+69)
100m 01:05.51 34,61 200m 02:16.28 35,72 300m 03:27.75 36,06

5. Lola Verheijen (PSV, 201100832)

50m 00:31.01 31,01 150m 01:42.40 35,98 250m 02:53.54 35,70 350m 04:05.10 35,74 04:37.50(+71)
100m 01:06.42 35,41 200m 02:17.84 35,44 300m 03:29.36 35,82

6. Noa van Zalk (ZPC AMERSFOORT, 201102534)

50m 00:32.05 32,05 150m 01:41.89 35,06 250m 02:52.29 35,33 350m 04:04.19 36,16 04:39.87(+67)
100m 01:06.83 34,78 200m 02:16.96 35,07 300m 03:28.03 35,74

7. Milou Filemon (Blue Marlins, 201100078)

50m 00:31.76 31,76 150m 01:42.45 35,59 250m 02:55.04 36,11 350m 04:07.94 36,59 04:43.61(+67)
100m 01:06.86 35,10 200m 02:18.93 36,48 300m 03:31.35 36,31

8. Rozalia Diederiks (ZVL-1886, 201100904)

50m 00:32.80 32,80 150m 01:45.85 36,76 250m 02:58.94 36,38 350m 04:11.26 35,91 04:45.96(+81)
100m 01:09.09 36,29 200m 02:22.56 36,71 300m 03:35.35 36,41

9. Frédérique Nijziel (De Dolfijn, 201103114)

50m 00:32.68 32,68 150m 01:45.93 37,09 250m 02:59.93 36,39 350m 04:11.93 36,09 04:46.38(+72)
100m 01:08.84 36,16 200m 02:23.54 37,61 300m 03:35.84 35,91

10. Ylène Zondervan (ZPC AMERSFOORT, 201200016)

50m 00:32.14 32,14 150m 01:44.39 36,75 250m 02:58.14 36,87 350m 04:12.36 36,66 04:48.50(+79)
100m 01:07.64 35,50 200m 02:21.27 36,88 300m 03:35.70 37,56

11. Julia Bannatyne (BZ&PC, 201201020)

50m 00:32.51 32,51 150m 01:46.23 36,76 250m 02:59.99 37,09 350m 04:15.21 38,17 04:49.35(+77)
100m 01:09.47 36,96 200m 02:22.90 36,67 300m 03:37.04 37,05

12. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)

50m 00:32.64 32,64 150m 01:45.06 36,39 250m 02:58.69 36,96 350m 04:13.63 37,58 04:49.80(+74)
100m 01:08.67 36,03 200m 02:21.73 36,67 300m 03:36.05 37,36

13. Elke Kriesels (Hieronymus, 201100898)

50m 00:32.12 32,12 150m 01:46.54 37,82 250m 03:02.29 38,06 350m 04:17.71 37,49 04:53.12(+75)
100m 01:08.72 36,60 200m 02:24.23 37,69 300m 03:40.22 37,93

14. Sterre de Veen (Hellas-Glana, 201100086)

50m 00:32.64 32,64 150m 01:46.20 36,94 250m 03:01.87 37,98 350m 04:18.16 37,57 04:54.24(+72)

	100m 01:09.26 36,62	200m 02:23.89 37,69	300m 03:40.59 38,72	
15. Mattea Gliese-Slooijs (De Dinkel, 201100008)				04:54.83(+80)
	50m 00:32.23 32,23	150m 01:46.29 37,47	250m 03:02.13 38,29	350m 04:17.65 37,59
	100m 01:08.82 36,59	200m 02:23.84 37,55	300m 03:40.06 37,93	
16. Romée Smit (MSV-Zeemacht, 201100438)				04:56.27(+72)
	50m 00:31.83 31,83	150m 01:46.59 37,97	250m 03:02.67 38,14	350m 04:19.80 38,60
	100m 01:08.62 36,79	200m 02:24.53 37,94	300m 03:41.20 38,53	
17. Pien Walstra (De Treffers, 201101034)				04:56.86(+86)
	50m 00:33.70 33,70	150m 01:49.07 37,93	250m 03:05.78 38,38	350m 04:21.03 37,36
	100m 01:11.14 37,44	200m 02:27.40 38,33	300m 03:43.67 37,89	
17. Mette Hogenhuis (Zweamlust- den Hommel, 201101254)				04:56.86(+83)
	50m 00:33.05 33,05	150m 01:48.33 38,06	250m 03:05.18 38,70	350m 04:21.26 37,60
	100m 01:10.27 37,22	200m 02:26.48 38,15	300m 03:43.66 38,48	
19. Lobke Hempenius (HZ&PC Heerenveen, 201100522)				04:57.47(+84)
	50m 00:32.62 32,62	150m 01:48.40 38,23	250m 03:05.20 38,25	350m 04:21.32 37,25
	100m 01:10.17 37,55	200m 02:26.95 38,55	300m 03:44.07 38,87	
20. Odenza Soselisa (Blue Marlins, 201101780)				04:57.69(+77)
	50m 00:33.11 33,11	150m 01:47.67 37,99	250m 03:04.48 38,87	350m 04:21.25 38,05
	100m 01:09.68 36,57	200m 02:25.61 37,94	300m 03:43.20 38,72	
21. Julia Ketelaars (Hellas-Glana, 201200028)				04:58.00(+71)
	50m 00:33.37 33,37	150m 01:48.20 37,83	250m 03:04.67 38,41	350m 04:21.77 38,15
	100m 01:10.37 37,00	200m 02:26.26 38,06	300m 03:43.62 38,95	
22. Noa Spaans (De Dolfijn, 201100222)				05:00.09(+71)
	50m 00:33.94 33,94	150m 01:48.88 37,96	250m 03:05.84 38,31	350m 04:22.42 38,30
	100m 01:10.92 36,98	200m 02:27.53 38,65	300m 03:44.12 38,28	
23. Meike van der Klugt (WVZ, 201100808)				05:00.29(+80)
	50m 00:33.52 33,52	150m 01:49.82 38,67	250m 03:07.46 38,73	350m 04:24.80 38,30
	100m 01:11.15 37,63	200m 02:28.73 38,91	300m 03:46.50 39,04	
24. Anouk Mulder (De Columbiaan, 201200962)				05:00.81(+77)
	50m 00:33.62 33,62	150m 01:49.90 38,30	250m 03:06.16 37,81	350m 04:23.48 37,91
	100m 01:11.60 37,98	200m 02:28.35 38,45	300m 03:45.57 39,41	
25. Simone Brobbel (SG Hoeksche Waard, 201200058)				05:03.94(+76)
	50m 00:33.13 33,13	150m 01:49.52 38,86	250m 03:08.05 39,29	350m 04:26.78 39,69
	100m 01:10.66 37,53	200m 02:28.76 39,24	300m 03:47.09 39,04	
26. Esra Simon (Hellas-Glana, 201100004)				05:05.01(+79)
	50m 00:34.52 34,52	150m 01:50.51 38,39	250m 03:08.78 39,23	350m 04:27.55 39,20
	100m 01:12.12 37,60	200m 02:29.55 39,04	300m 03:48.35 39,57	
27. Esmee Reuver (ZC Polaris, 201100846)				05:05.20(+70)
	50m 00:33.41 33,41	150m 01:48.87 38,32	250m 03:07.15 39,53	350m 04:26.40 39,51
	100m 01:10.55 37,14	200m 02:27.62 38,75	300m 03:46.89 39,74	
28. Isabel Amelink (Deltasteur, 201100196)				05:05.25(+76)
	50m 00:31.80 31,80	150m 01:47.05 39,21	250m 03:06.45 39,74	350m 04:26.05 39,74
	100m 01:07.84 36,04	200m 02:26.71 39,66	300m 03:46.31 39,86	
29. Alissa Rooijackers (Z&PV Nuenen, 201101892)				05:05.31(+77)
	50m 00:33.51 33,51	150m 01:49.94 38,67	250m 03:08.19 39,03	350m 04:26.45 39,46
	100m 01:11.27 37,76	200m 02:29.16 39,22	300m 03:46.99 38,80	
30. Fanni Farkas (De Columbiaan, 201100360)				05:05.66(+73)
	50m 00:33.15 33,15	150m 01:49.12 38,54	250m 03:07.80 39,47	350m 04:26.84 39,56
	100m 01:10.58 37,43	200m 02:28.33 39,21	300m 03:47.28 39,48	
31. Amila Mustafic (DZ&PC, 201200026)				05:07.08(+75)
	50m 00:32.04 32,04	150m 01:48.18 38,86	250m 03:07.66 40,71	350m 04:28.14 39,33
	100m 01:09.32 37,28	200m 02:26.95 38,77	300m 03:48.81 41,15	
32. Morrison Schram (De Schelde, 201100686)				05:07.35(+76)
	50m 00:34.03 34,03	150m 01:51.17 39,23	250m 03:11.08 39,99	350m 04:30.79 39,35

	100m 01:11.94 37,91	200m 02:31.09 39,92	300m 03:51.44 40,36	
33. Sara Creemers (Hellas-Glana, 201100242)				05:08.03(+73)
	50m 00:33.96 33,96	150m 01:51.18 39,36	250m 03:10.72 39,88	350m 04:30.00 39,63
	100m 01:11.82 37,86	200m 02:30.84 39,66	300m 03:50.37 39,65	
34. Elle van Gemeren (DAW, 201100428)				05:08.50(+71)
	50m 00:34.01 34,01	150m 01:50.76 39,01	250m 03:09.81 39,65	350m 04:30.53 40,53
	100m 01:11.75 37,74	200m 02:30.16 39,40	300m 03:50.00 40,19	
35. Hanna Heller (ZPC AMERSFOORT, 201102730)				05:08.95(+90)
	50m 00:33.43 33,43	150m 01:48.11 38,27	250m 03:06.51 39,40	350m 04:28.55 41,50
	100m 01:09.84 36,41	200m 02:27.11 39,00	300m 03:47.05 40,54	
36. Isabella Ekberg (ZPC AMERSFOORT, 201202206)				05:09.82(+71)
	50m 00:33.37 33,37	150m 01:50.82 39,27	250m 03:11.40 40,47	350m 04:32.06 40,32
	100m 01:11.55 38,18	200m 02:30.93 40,11	300m 03:51.74 40,34	
37. Vicky Horens (Hellas-Glana, 201200252)				05:13.36(+67)
	50m 00:33.65 33,65	150m 01:51.46 39,41	250m 03:10.59 39,57	350m 04:32.87 41,27
	100m 01:12.05 38,40	200m 02:31.02 39,56	300m 03:51.60 41,01	
38. Norell Kroeze (ZC Polaris, 201100378)				05:13.89(+76)
	50m 00:35.07 35,07	150m 01:54.88 40,70	250m 03:15.09 40,07	350m 04:35.76 40,33
	100m 01:14.18 39,11	200m 02:35.02 40,14	300m 03:55.43 40,34	
39. Alaine Dumont (De Watervogels, 201102140)				05:28.79(+70)
	50m 00:33.84 33,84	150m 01:52.92 40,36	250m 03:18.30 44,05	350m 04:45.76 43,14
	100m 01:12.56 38,72	200m 02:34.25 41,33	300m 04:02.62 44,32	
2. 400m vrije slag - Heren				
12 - 13 jaar (Junioren 1 en 2)				
1. Ramon Vos (ZPC Hoogeveen, 201100051)				04:20.60(+71)
	50m 00:28.87 28,87	150m 01:34.43 33,49	250m 02:41.50 33,65	350m 03:48.88 33,70
	100m 01:00.94 32,07	200m 02:07.85 33,42	300m 03:15.18 33,68	
2. Matthijs van Velzen (Deltasteur, 201100435)				04:28.00(+58)
	50m 00:28.87 28,87	150m 01:35.40 34,04	250m 02:45.16 34,84	350m 03:54.61 34,64
	100m 01:01.36 32,49	200m 02:10.32 34,92	300m 03:19.97 34,81	
3. Laurens van Nulck (Hellas-Glana, 201100521)				04:31.14(+72)
	50m 00:29.97 29,97	150m 01:36.67 34,14	250m 02:46.96 35,15	350m 03:56.67 34,88
	100m 01:02.53 32,56	200m 02:11.81 35,14	300m 03:21.79 34,83	
4. Kasper Lubbers (Orca Leeuwarden, 201100025)				04:33.99(+57)
	50m 00:31.20 31,20	150m 01:39.89 34,33	250m 02:49.22 34,85	350m 03:59.52 35,09
	100m 01:05.56 34,36	200m 02:14.37 34,48	300m 03:24.43 35,21	
5. Douwe Enzerink (Deltasteur, 201102657)				04:37.67(+64)
	50m 00:30.22 30,22	150m 01:38.66 34,83	250m 02:50.25 35,98	350m 04:02.34 35,92
	100m 01:03.83 33,61	200m 02:14.27 35,61	300m 03:26.42 36,17	
6. Daan Overmars (OZ&PC, 201100027)				04:38.00(+69)
	50m 00:29.62 29,62	150m 01:37.10 34,91	250m 02:49.78 36,56	350m 04:03.34 37,02
	100m 01:02.19 32,57	200m 02:13.22 36,12	300m 03:26.32 36,54	
7. Amor van der Veen (Dedemsvaart-AC, 201100197)				04:40.52(+66)
	50m 00:29.60 29,60	150m 01:38.82 35,72	250m 02:51.11 36,25	350m 04:04.52 37,08
	100m 01:03.10 33,50	200m 02:14.86 36,04	300m 03:27.44 36,33	
8. Lev Rudman (Blue Marlins, 201102343)				04:41.52(+64)
	50m 00:30.16 30,16	150m 01:39.80 35,59	250m 02:51.67 35,29	350m 04:05.12 36,81
	100m 01:04.21 34,05	200m 02:16.38 36,58	300m 03:28.31 36,64	
9. Daan Mulder (KSN (SG), 201100267)				04:43.40(+83)
	50m 00:31.72 31,72	150m 01:43.30 35,78	250m 02:55.26 36,17	350m 04:07.82 36,54
	100m 01:07.52 35,80	200m 02:19.09 35,79	300m 03:31.28 36,02	
10. Giovanni Wolfgang (MSV-Zeemacht, 201100859)				04:44.67(+61)
	50m 00:30.45 30,45	150m 01:41.01 35,89	250m 02:56.60 37,96	350m 04:09.72 36,29
	100m 01:05.12 34,67	200m 02:18.64 37,63	300m 03:33.43 36,83	

11. Tim Slagers (Aquapoldro, 201200263)					04:48.15(+77)
50m	00:31.88 31,88	150m	01:43.52 36,58	250m	02:58.43 37,80
100m	01:06.94 35,06	200m	02:20.63 37,11	300m	03:35.99 37,56
350m	04:13.32 37,33				
12. Dax Muijlaert (SG Octopus - ZVV, 201100535)					04:48.91(+68)
50m	00:31.92 31,92	150m	01:44.05 36,69	250m	02:58.09 37,36
100m	01:07.36 35,44	200m	02:20.73 36,68	300m	03:35.53 37,44
350m	04:12.72 37,19				
13. Max van Splunder (Het Y, 201200531)					04:49.62(+73)
50m	00:32.42 32,42	150m	01:46.09 37,49	250m	03:00.35 36,86
100m	01:08.60 36,18	200m	02:23.49 37,40	300m	03:37.40 37,05
350m	04:15.33 37,93				
14. Franzi Ziegler (DAW, 201100891)					04:50.64(+62)
50m	00:31.54 31,54	150m	01:43.75 36,46	250m	02:57.97 37,33
100m	01:07.29 35,75	200m	02:20.64 36,89	300m	03:36.50 38,53
350m	04:14.22 37,72				
15. Jasper de Glopper (PSV, 201103019)					04:51.03(+73)
50m	00:32.82 32,82	150m	01:46.43 36,97	250m	03:00.09 36,85
100m	01:09.46 36,64	200m	02:23.24 36,81	300m	03:37.30 37,21
350m	04:14.90 37,60				
16. Thijs van Kints (BZ&PC, 201101059)					04:51.24(+76)
50m	00:32.63 32,63	150m	01:44.15 36,11	250m	02:59.22 37,67
100m	01:08.04 35,41	200m	02:21.55 37,40	300m	03:37.07 37,85
350m	04:15.22 38,15				
17. Nils Bellert (SG Octopus - ZVV, 201100347)					04:51.55(+73)
50m	00:31.91 31,91	150m	01:46.76 38,08	250m	03:02.44 37,84
100m	01:08.68 36,77	200m	02:24.60 37,84	300m	03:41.21 38,77
350m	04:16.99 35,78				
18. Mees Janssen (DSZ, 201102025)					04:52.48(+68)
50m	00:31.23 31,23	150m	01:44.51 37,53	250m	03:01.37 38,74
100m	01:06.98 35,75	200m	02:22.63 38,12	300m	03:39.70 38,33
350m	04:17.72 38,02				
19. Stan Nijhuis (OZ&PC, 201100191)					04:53.38(+81)
50m	00:32.12 32,12	150m	01:44.57 36,56	250m	03:00.04 37,74
100m	01:08.01 35,89	200m	02:22.30 37,73	300m	03:38.01 37,97
350m	04:15.95 37,94				
20. Luca Denkers (ZV New Wave Almere, 201202399)					04:53.45(+64)
50m	00:31.32 31,32	150m	01:44.21 37,02	250m	02:59.45 37,76
100m	01:07.19 35,87	200m	02:21.69 37,48	300m	03:37.66 38,21
350m	04:15.74 38,08				
21. Milan Eikenaar (SWOL 1894, 201100599)					04:54.77(+79)
50m	00:31.17 31,17	150m	01:43.79 37,24	250m	02:59.77 38,33
100m	01:06.55 35,38	200m	02:21.44 37,65	300m	03:38.01 38,24
350m	04:16.64 38,63				
22. Luca Monster (SG Hoeksche Waard, 201100343)					04:56.39(+74)
50m	00:31.60 31,60	150m	01:45.88 37,46	250m	03:02.95 38,40
100m	01:08.42 36,82	200m	02:24.55 38,67	300m	03:41.77 38,82
350m	04:20.53 38,76				
23. Costijn van Elst (Blue Marlins, 201100317)					04:58.71(+75)
50m	00:32.91 32,91	150m	01:47.89 38,29	250m	03:05.20 38,79
100m	01:09.60 36,69	200m	02:26.41 38,52	300m	03:43.48 38,28
350m	04:21.72 38,24				
24. Finn Knijnenburg (De Columbiaan, 201101319)					04:59.47(+67)
50m	00:33.15 33,15	150m	01:48.04 38,01	250m	03:04.85 38,17
100m	01:10.03 36,88	200m	02:26.68 38,64	300m	03:43.85 39,00
350m	04:22.57 38,72				
25. Nout de Roo (Blue Marlins, 201103345)					05:00.19(+68)
50m	00:31.87 31,87	150m	01:49.56 39,11	250m	03:08.18 39,54
100m	01:10.45 38,58	200m	02:28.64 39,08	300m	03:47.75 39,57
350m	04:25.13 37,38				
26. Laurens Steenaart (ZPCH, 201100829)					05:01.29(+77)
50m	00:33.01 33,01	150m	01:47.26 37,58	250m	03:04.97 39,23
100m	01:09.68 36,67	200m	02:25.74 38,48	300m	03:44.25 39,28
350m	04:22.89 38,64				
27. Lars Thül (SWOL 1894, 201200119)					05:01.39(+73)
50m	00:34.07 34,07	150m	01:49.64 38,03	250m	03:08.23 39,43
100m	01:11.61 37,54	200m	02:28.80 39,16	300m	03:46.03 37,80
350m	04:22.90 36,87				
28. Ewan Krist (ZPCH, 201100549)					05:01.68(+78)
50m	00:32.42 32,42	150m	01:48.22 38,57	250m	03:06.24 40,01
100m	01:09.65 37,23	200m	02:26.23 38,01	300m	03:44.78 38,54
350m	04:24.32 39,54				

29. Mohiz Zahir (De Dolfijn, 201102139)					05:02.21(+72)
50m 00:33.29 33,29	150m 01:50.16 38,68	250m 03:08.43 39,17	350m 04:26.30 38,99		
100m 01:11.48 38,19	200m 02:29.26 39,10	300m 03:47.31 38,88			
30. Toa Jahn (Het Y, 201201665)					05:03.21(+58)
50m 00:32.69 32,69	150m 01:49.22 38,90	250m 03:08.20 39,52	350m 04:28.81 40,15		
100m 01:10.32 37,63	200m 02:28.68 39,46	300m 03:48.66 40,46			
31. Dewin Volker (OZ&PC, 201101935)					05:03.90(+71)
50m 00:33.10 33,10	150m 01:48.98 38,59	250m 03:07.11 40,13	350m 04:26.14 39,33		
100m 01:10.39 37,29	200m 02:26.98 38,00	300m 03:46.81 39,70			
32. Pieter de Jonge (Aqua-Novio'94, 201200211)					05:04.32(+74)
50m 00:33.14 33,14	150m 01:47.73 37,68	250m 03:06.02 39,41	350m 04:25.84 40,12		
100m 01:10.05 36,91	200m 02:26.61 38,88	300m 03:45.72 39,70			
33. Joep Lindhout (Niemo Barracuda, 201100873)					05:04.45(+72)
50m 00:33.98 33,98	150m 01:50.23 38,22	250m 03:09.95 39,74	350m 04:27.52 38,36		
100m 01:12.01 38,03	200m 02:30.21 39,98	300m 03:49.16 39,21			
34. Izayah Castillo (Blue Marlins, 201100311)					05:06.36(+70)
50m 00:31.21 31,21	150m 01:47.03 39,37	250m 03:06.24 39,72	350m 04:26.94 40,43		
100m 01:07.66 36,45	200m 02:26.52 39,49	300m 03:46.51 40,27			
35. Yanniek Jager (Batavia Swim, 201100315)					05:07.01(+68)
50m 00:32.79 32,79	150m 01:48.90 38,66	250m 03:09.03 40,60	350m 04:28.44 39,11		
100m 01:10.24 37,45	200m 02:28.43 39,53	300m 03:49.33 40,30			
36. Sander de Bruin (ZZ&PC De Devel, 201100617)					05:08.15(+68)
50m 00:33.55 33,55	150m 01:49.76 38,92	250m 03:09.70 39,87	350m 04:29.11 39,32		
100m 01:10.84 37,29	200m 02:29.83 40,07	300m 03:49.79 40,09			
37. Adrian Janse van Rensburg (De Treffers, 201202261)					05:12.90(+74)
50m 00:31.49 31,49	150m 01:46.44 38,18	250m 03:05.41 39,57	350m 04:29.13 47,33		
100m 01:08.26 36,77	200m 02:25.84 39,40	300m 03:41.80 36,39			
38. Thijs Hoogeveen (ZPC Woerden, 201100503)					05:13.00(+78)
50m 00:32.93 32,93	150m 01:50.32 39,78	250m 03:12.21 41,22	350m 04:33.78 40,50		
100m 01:10.54 37,61	200m 02:30.99 40,67	300m 03:53.28 41,07			
39. Charles Araysa (Zwemlust- den Hommel, 201201155)					05:23.77(+60)
50m 00:33.04 33,04	150m 01:51.66 40,20	250m 03:16.48 43,28	350m 04:42.28 42,99		
100m 01:11.46 38,42	200m 02:33.20 41,54	300m 03:59.29 42,81			
DIS. Leroy Maring (ZPC de Kanaalstreek, 201100307)					00:00.00
3. 400m wisselslag - Dames					
12 - 15 jaar					
1. Juliëtte Woltjes (VZC, 200900774)					04:57.36(+78)
50m 00:31.08 31,08	150m 01:45.99 38,68	250m 03:05.99 41,46	350m 04:24.58 34,96		
100m 01:07.31 36,23	200m 02:24.53 38,54	300m 03:49.62 43,63			
2. Elin Ditewig (VZC, 200900392)					04:57.71(+64)
50m 00:30.87 30,87	150m 01:43.57 37,44	250m 03:05.18 44,29	350m 04:25.13 35,53		
100m 01:06.13 35,26	200m 02:20.89 37,32	300m 03:49.60 44,42			
3. Jasmine Vaartjes (Blue Marlins, 200903658)					04:57.73(+71)
50m 00:30.53 30,53	150m 01:44.33 38,59	250m 03:06.11 43,63	350m 04:24.98 34,69		
100m 01:05.74 35,21	200m 02:22.48 38,15	300m 03:50.29 44,18			
4. Luus Gielens (PSV, 200900138)					05:04.69(+81)
50m 00:31.38 31,38	150m 01:46.51 37,92	250m 03:08.50 44,02	350m 04:29.61 35,49		
100m 01:08.59 37,21	200m 02:24.48 37,97	300m 03:54.12 45,62			
5. Bregje Dekkers (PSV, 200900746)					05:06.02(+67)
50m 00:31.79 31,79	150m 01:48.35 39,81	250m 03:11.28 44,46	350m 04:32.21 34,84		
100m 01:08.54 36,75	200m 02:26.82 38,47	300m 03:57.37 46,09			
6. Fenne Metten (ZPC AMERSFOORT, 201000102)					05:11.43(+75)
50m 00:32.19 32,19	150m 01:48.88 38,57	250m 03:13.04 46,61	350m 04:36.80 36,54		
100m 01:10.31 38,12	200m 02:26.43 37,55	300m 04:00.26 47,22			

7. Jenny Muntinga (ZPCH, 200900450)							05:16.10(+67)
50m	00:32.57 32,57	150m	01:51.49 40,21	250m	03:17.27 46,00	350m	04:40.40 36,72
100m	01:11.28 38,71	200m	02:31.27 39,78	300m	04:03.68 46,41		
8. Lotte Lübbers (KSN (SG), 200900190)							05:18.50(+72)
50m	00:32.67 32,67	150m	01:50.73 39,98	250m	03:16.14 46,47	350m	04:42.23 37,48
100m	01:10.75 38,08	200m	02:29.67 38,94	300m	04:04.75 48,61		
9. Mia Hoeflaken (PSV, 201004108)							05:19.32(+73)
50m	00:33.02 33,02	150m	01:54.95 42,89	250m	03:21.42 44,38	350m	04:43.45 37,66
100m	01:12.06 39,04	200m	02:37.04 42,09	300m	04:05.79 44,37		
10. Esmaé de Gans (ZPC AMERSFOORT, 200900134)							05:20.12(+75)
50m	00:32.17 32,17	150m	01:52.23 41,73	250m	03:18.01 45,27	350m	04:43.61 37,91
100m	01:10.50 38,33	200m	02:32.74 40,51	300m	04:05.70 47,69		
11. Suuz Griekspoor (Noordwijkerhout, 200901204)							05:21.57(+74)
50m	00:33.00 33,00	150m	01:53.99 41,04	250m	03:20.13 45,24	350m	04:45.19 38,21
100m	01:12.95 39,95	200m	02:34.89 40,90	300m	04:06.98 46,85		
12. Elin Baars (DWK, 201000138)							05:23.27(+82)
50m	00:33.98 33,98	150m	01:57.33 42,17	250m	03:24.71 45,41	350m	04:47.96 36,56
100m	01:15.16 41,18	200m	02:39.30 41,97	300m	04:11.40 46,69		
13. Myrthe Stelten (Hellas-Glana, 200900234)							05:23.32(+76)
50m	00:32.71 32,71	150m	01:53.16 40,63	250m	03:17.83 44,32	350m	04:44.19 40,87
100m	01:12.53 39,82	200m	02:33.51 40,35	300m	04:03.32 45,49		
14. Rixt Rothschild (ZPC Hoogeveen, 200900026)							05:23.53(+74)
50m	00:34.26 34,26	150m	01:57.86 42,25	250m	03:24.53 44,61	350m	04:47.40 37,96
100m	01:15.61 41,35	200m	02:39.92 42,06	300m	04:09.44 44,91		
15. Erin de Jong (GZC DONK, 201000024)							05:25.55(+88)
50m	00:32.85 32,85	150m	01:51.59 40,06	250m	03:21.01 49,61	350m	04:48.80 37,95
100m	01:11.53 38,68	200m	02:31.40 39,81	300m	04:10.85 49,84		
16. Mandy Berndsen (VZC, 201001138)							05:25.65(+76)
50m	00:33.47 33,47	150m	01:56.11 42,09	250m	03:23.71 46,14	350m	04:48.72 37,72
100m	01:14.02 40,55	200m	02:37.57 41,46	300m	04:11.00 47,29		
17. Raegan Belmar (Blue Marlins, 201004070)							05:25.67(+86)
50m	00:33.48 33,48	150m	01:53.58 40,41	250m	03:24.94 50,50	350m	04:49.35 35,77
100m	01:13.17 39,69	200m	02:34.44 40,86	300m	04:13.58 48,64		
18. Linou van Kampen (ZPCH, 201000594)							05:26.76(+83)
50m	00:34.24 34,24	150m	01:58.00 43,07	250m	03:24.60 44,45	350m	04:49.12 38,63
100m	01:14.93 40,69	200m	02:40.15 42,15	300m	04:10.49 45,89		
19. Tess van de Steeg (WVZ, 201000016)							05:27.47(+78)
50m	00:34.21 34,21	150m	01:56.44 41,71	250m	03:23.17 46,38	350m	04:49.28 39,18
100m	01:14.73 40,52	200m	02:36.79 40,35	300m	04:10.10 46,93		
20. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)							05:28.02(+78)
50m	00:34.38 34,38	150m	02:00.53 43,79	250m	03:28.19 44,42	350m	04:51.50 37,94
100m	01:16.74 42,36	200m	02:43.77 43,24	300m	04:13.56 45,37		
21. Hadewych Forschelen (MNC Dordrecht, 200903572)							05:29.74(+76)
50m	00:35.10 35,10	150m	01:57.44 41,89	250m	03:27.43 48,38	350m	04:54.23 37,72
100m	01:15.55 40,45	200m	02:39.05 41,61	300m	04:16.51 49,08		
22. Nina Tetteroo (De Columbiaan, 201000048)							05:30.21(+84)
50m	00:36.16 36,16	150m	02:01.89 41,79	250m	03:30.48 47,38	350m	04:54.84 36,67
100m	01:20.10 43,94	200m	02:43.10 41,21	300m	04:18.17 47,69		
23. Ilse Jongepier (TriVia, 201000006)							05:30.62(+75)
50m	00:36.33 36,33	150m	02:02.79 42,32	250m	03:31.79 47,61	350m	04:56.23 35,22
100m	01:20.47 44,14	200m	02:44.18 41,39	300m	04:21.01 49,22		
24. Florian Pot (OZ&PC, 201000768)							05:32.33(+84)
50m	00:34.66 34,66	150m	01:59.68 43,60	250m	03:31.28 50,09	350m	04:55.92 37,52
100m	01:16.08 41,42	200m	02:41.19 41,51	300m	04:18.40 47,12		

25. Jasmijn Schoonen (Wiekslag, 200901196)				05:32.73(+84)
50m 00:35.98 35,98	150m 02:02.98 43,08	250m 03:30.68 45,21	350m 04:55.90 38,87	
100m 01:19.90 43,92	200m 02:45.47 42,49	300m 04:17.03 46,35		
26. Jayna Wagemakers (Hieronymus, 201000226)				05:32.88(+76)
50m 00:35.87 35,87	150m 01:59.91 39,59	250m 03:29.38 48,27	350m 04:55.97 40,63	
100m 01:20.32 44,45	200m 02:41.11 41,20	300m 04:15.34 45,96		
27. Femke ter Horst (ZPC Hoogetveen, 201000108)				05:33.45(+79)
50m 00:34.08 34,08	150m 01:56.99 42,31	250m 03:28.60 50,11	350m 04:55.54 38,39	
100m 01:14.68 40,60	200m 02:38.49 41,50	300m 04:17.15 48,55		
28. Romy de Graaf (Hellas-Glana, 201003660)				05:34.24(+72)
50m 00:33.31 33,31	150m 01:55.57 41,45	250m 03:27.48 50,39	350m 04:58.08 39,67	
100m 01:14.12 40,81	200m 02:37.09 41,52	300m 04:18.41 50,93		
29. Breanna Belmar (Blue Marlins, 201004068)				05:34.46(+76)
50m 00:34.01 34,01	150m 02:01.49 43,38	250m 03:31.61 46,91	350m 04:58.44 37,43	
100m 01:18.11 44,10	200m 02:44.70 43,21	300m 04:21.01 49,40		
30. Manou Longayroux (Blue Marlins, 201000580)				05:34.48(+68)
50m 00:33.59 33,59	150m 01:57.36 43,59	250m 03:28.35 47,52	350m 04:56.69 40,15	
100m 01:13.77 40,18	200m 02:40.83 43,47	300m 04:16.54 48,19		
31. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)				05:34.62(+80)
50m 00:35.95 35,95	150m 02:02.18 42,26	250m 03:33.53 49,30	350m 05:00.29 37,54	
100m 01:19.92 43,97	200m 02:44.23 42,05	300m 04:22.75 49,22		
32. Dante van Meene (DAW, 200900678)				05:35.20(+75)
50m 00:36.87 36,87	150m 02:06.68 42,94	250m 03:33.98 44,38	350m 04:58.32 38,30	
100m 01:23.74 46,87	200m 02:49.60 42,92	300m 04:20.02 46,04		
33. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)				05:35.34(+73)
50m 00:30.68 30,68	150m 01:46.75 39,41	250m 03:20.08 53,27	350m 04:54.74 41,52	
100m 01:07.34 36,66	200m 02:26.81 40,06	300m 04:13.22 53,14		
34. Simone Faber (Deltasteur, 200900710)				05:35.75(+75)
50m 00:34.46 34,46	150m 02:00.52 43,52	250m 03:30.86 48,78	350m 04:59.43 38,58	
100m 01:17.00 42,54	200m 02:42.08 41,56	300m 04:20.85 49,99		
35. Nienke Bulter (De Dinkel, 200902188)				05:36.80(+81)
50m 00:35.61 35,61	150m 01:59.39 43,25	250m 03:28.75 46,49	350m 04:58.22 40,38	
100m 01:16.14 40,53	200m 02:42.26 42,87	300m 04:17.84 49,09		
36. Renske van den Bosch (V.Z.V. Njord, 201001828)				05:37.34(+87)
50m 00:37.02 37,02	150m 02:01.34 41,20	250m 03:32.78 49,27	350m 04:59.63 37,85	
100m 01:20.14 43,12	200m 02:43.51 42,17	300m 04:21.78 49,00		
37. Fardau Cazemier (ZCNF'34, 200901736)				05:38.24(+84)
50m 00:37.10 37,10	150m 02:04.44 44,06	250m 03:35.82 47,95	350m 05:02.55 38,98	
100m 01:20.38 43,28	200m 02:47.87 43,43	300m 04:23.57 47,75		
38. Emma Steenbrink (OZ&PC, 200901376)				05:38.52(+74)
50m 00:35.32 35,32	150m 02:01.03 40,85	250m 03:32.73 51,65	350m 05:02.12 38,01	
100m 01:20.18 44,86	200m 02:41.08 40,05	300m 04:24.11 51,38		
39. Alaine Lomans (Hellas-Glana, 201000420)				05:39.42(+58)
50m 00:34.54 34,54	150m 01:58.85 43,62	250m 03:31.65 49,18	350m 05:00.37 39,71	
100m 01:15.23 40,69	200m 02:42.47 43,62	300m 04:20.66 49,01		
40. Yara van Asselen (De Dolfijn, 200900408)				05:40.23(+78)
50m 00:35.82 35,82	150m 02:01.75 42,81	250m 03:33.06 49,53	350m 05:02.47 39,46	
100m 01:18.94 43,12	200m 02:43.53 41,78	300m 04:23.01 49,95		
41. Wieke Dekker (De Dolfijn, 201002020)				05:41.10(+80)
50m 00:38.09 38,09	150m 02:08.58 44,34	250m 03:36.70 45,57	350m 05:03.42 39,79	
100m 01:24.24 46,15	200m 02:51.13 42,55	300m 04:23.63 46,93		
42. Lili Oosting (DWK, 200900384)				05:42.72(+79)
50m 00:36.15 36,15	150m 02:01.10 42,74	250m 03:35.19 52,00	350m 05:05.11 39,03	
100m 01:18.36 42,21	200m 02:43.19 42,09	300m 04:26.08 50,89		

43. Myrthe Rozendaal (Aqua-Novio'94, 201000790)				05:43.89(+83)
50m 00:37.07 37,07	150m 02:08.28 43,89	250m 03:37.06 46,23	350m 05:05.70 40,33	
100m 01:24.39 47,32	200m 02:50.83 42,55	300m 04:25.37 48,31		
44. Lise Markes (SBC2000, 201101276)				05:44.17(+77)
50m 00:34.66 34,66	150m 02:03.32 46,21	250m 03:36.80 49,81	350m 05:06.62 40,43	
100m 01:17.11 42,45	200m 02:46.99 43,67	300m 04:26.19 49,39		
45. Eefje van Hinsbergen (Blue Marlins, 201002252)				05:45.57(+65)
50m 00:34.70 34,70	150m 02:03.08 44,53	250m 03:35.26 46,86	350m 05:04.49 40,40	
100m 01:18.55 43,85	200m 02:48.40 45,32	300m 04:24.09 48,83		
46. Jesmé Haytink (WS Twente, 201000382)				05:51.44(+69)
50m 00:34.85 34,85	150m 02:04.78 46,24	250m 03:38.30 49,16	350m 05:10.35 41,60	
100m 01:18.54 43,69	200m 02:49.14 44,36	300m 04:28.75 50,45		
DIS. Laura Dumont (SG Patrick - De Roersoppers, 200900020)				00:00.00
DIS. Anna Strang van Hees (De Duinkickers, 200902566)				00:00.00(+85)
4. 400m wisselslag - Heren				
12 - 15 jaar (Junioren)				
1. Martijn Nies (PSV, 200902095)				04:36.82(+68)
50m 00:27.95 27,95	150m 01:36.39 35,49	250m 02:51.43 38,74	350m 04:04.81 32,36	
100m 01:00.90 32,95	200m 02:12.69 36,30	300m 03:32.45 41,02		
2. Jelte de Jong (ZPCH, 200900975)				04:42.16(+72)
50m 00:28.86 28,86	150m 01:38.10 35,46	250m 02:55.08 41,39	350m 04:09.72 32,80	
100m 01:02.64 33,78	200m 02:13.69 35,59	300m 03:36.92 41,84		
3. Luca Boorsma (De Dolfijn, 200902031)				04:45.04(+59)
50m 00:27.99 27,99	150m 01:37.50 35,68	250m 02:54.50 41,09	350m 04:11.17 34,53	
100m 01:01.82 33,83	200m 02:13.41 35,91	300m 03:36.64 42,14		
4. Stefan van der Meer (VZC, 200901361)				04:49.17(+58)
50m 00:28.59 28,59	150m 01:40.72 36,84	250m 02:58.95 41,78	350m 04:15.69 34,32	
100m 01:03.88 35,29	200m 02:17.17 36,45	300m 03:41.37 42,42		
5. Adriaan Coppelmans (AZC, 200903243)				04:50.19(+70)
50m 00:30.89 30,89	150m 01:43.50 35,98	250m 03:01.27 40,95	350m 04:17.40 34,09	
100m 01:07.52 36,63	200m 02:20.32 36,82	300m 03:43.31 42,04		
6. Mike Hilders (De Dolfijn, 200900281)				04:54.03(+72)
50m 00:29.89 29,89	150m 01:42.65 36,97	250m 03:01.68 42,07	350m 04:19.50 34,69	
100m 01:05.68 35,79	200m 02:19.61 36,96	300m 03:44.81 43,13		
7. Sverre van der Zwaan (WVZ, 200900737)				04:55.26(+72)
50m 00:30.50 30,50	150m 01:42.85 35,90	250m 03:02.91 43,62	350m 04:21.99 34,48	
100m 01:06.95 36,45	200m 02:19.29 36,44	300m 03:47.51 44,60		
8. Max van der Spank (PSV, 201000275)				04:55.34(+73)
50m 00:30.34 30,34	150m 01:44.76 38,21	250m 03:04.00 40,92	350m 04:21.36 34,61	
100m 01:06.55 36,21	200m 02:23.08 38,32	300m 03:46.75 42,75		
9. Eli Shields (Niemo Barracuda, 201000407)				04:57.73(+64)
50m 00:30.63 30,63	150m 01:45.79 39,28	250m 03:06.71 43,06	350m 04:25.08 34,81	
100m 01:06.51 35,88	200m 02:23.65 37,86	300m 03:50.27 43,56		
10. Ruben Kragt (Dedemsvaart-AC, 201000007)				04:58.05(+69)
50m 00:30.69 30,69	150m 01:44.94 37,96	250m 03:05.65 43,36	350m 04:24.48 34,74	
100m 01:06.98 36,29	200m 02:22.29 37,35	300m 03:49.74 44,09		
11. Tycho Wienbelt (De Vikings, 201001397)				04:59.50(+73)
50m 00:33.21 33,21	150m 01:48.38 37,94	250m 03:08.82 43,09	350m 04:26.52 34,09	
100m 01:10.44 37,23	200m 02:25.73 37,35	300m 03:52.43 43,61		
12. Ivo Bot (Wiekslag, 200900509)				05:00.40(+70)
50m 00:29.32 29,32	150m 01:43.60 37,50	250m 03:05.38 44,36	350m 04:26.34 37,07	
100m 01:06.10 36,78	200m 02:21.02 37,42	300m 03:49.27 43,89		
13. Evren Ege Orcunus (De Dolfijn, 201003253)				05:01.33(+68)

	50m 00:30.91 30,91	150m 01:44.88 37,95	250m 03:07.30 44,91	350m 04:27.21 35,54	
	100m 01:06.93 36,02	200m 02:22.39 37,51	300m 03:51.67 44,37		
14. Duco de Gelder (Blue Marlins, 201000217)					05:02.53(+70)
	50m 00:31.17 31,17	150m 01:46.82 38,15	250m 03:07.95 43,46	350m 04:27.60 35,99	
	100m 01:08.67 37,50	200m 02:24.49 37,67	300m 03:51.61 43,66		
15. Mattias Stolk (HZ&PC Heerenveen, 201000525)					05:03.85(+65)
	50m 00:33.76 33,76	150m 01:54.65 38,79	250m 03:14.05 40,21	350m 04:29.72 33,80	
	100m 01:15.86 42,10	200m 02:33.84 39,19	300m 03:55.92 41,87		
16. Lucas Schouten (ZPCH, 200901925)					05:04.02(+69)
	50m 00:30.64 30,64	150m 01:47.63 39,00	250m 03:10.66 44,06	350m 04:31.10 35,20	
	100m 01:08.63 37,99	200m 02:26.60 38,97	300m 03:55.90 45,24		
17. Aidan van der Stelt (Blue Marlins, 200900901)					05:04.41(+68)
	50m 00:30.47 30,47	150m 01:46.45 39,41	250m 03:08.94 44,19	350m 04:30.03 35,47	
	100m 01:07.04 36,57	200m 02:24.75 38,30	300m 03:54.56 45,62		
18. Abel op den Velde (De Duinkickers, 201000079)					05:04.54(+74)
	50m 00:31.53 31,53	150m 01:47.69 38,38	250m 03:10.81 46,38	350m 04:32.13 34,91	
	100m 01:09.31 37,78	200m 02:24.43 36,74	300m 03:57.22 46,41		
19. Thomas Nauta (Arethusa, 200900339)					05:05.53(+69)
	50m 00:34.15 34,15	150m 01:56.36 40,67	250m 03:15.31 38,61	350m 04:32.56 35,17	
	100m 01:15.69 41,54	200m 02:36.70 40,34	300m 03:57.39 42,08		
20. Finn Hilders (De Dolfijn, 200900283)					05:05.64(+66)
	50m 00:32.24 32,24	150m 01:48.87 37,54	250m 03:10.80 43,64	350m 04:31.51 35,83	
	100m 01:11.33 39,09	200m 02:27.16 38,29	300m 03:55.68 44,88		
21. Thijmen Pruijssers (Hieronymus, 201000129)					05:05.90(+65)
	50m 00:31.70 31,70	150m 01:49.57 38,61	250m 03:11.40 43,73	350m 04:31.83 35,26	
	100m 01:10.96 39,26	200m 02:27.67 38,10	300m 03:56.57 45,17		
22. Finn Stamsnieder (OZ&PC, 200900225)					05:06.47(+76)
	50m 00:31.29 31,29	150m 01:48.60 38,87	250m 03:10.53 43,68	350m 04:31.71 36,61	
	100m 01:09.73 38,44	200m 02:26.85 38,25	300m 03:55.10 44,57		
23. Brent Schiffllers (ZPC Woerden, 200902041)					05:07.10(+73)
	50m 00:31.24 31,24	150m 01:48.27 38,19	250m 03:12.18 46,23	350m 04:33.61 34,80	
	100m 01:10.08 38,84	200m 02:25.95 37,68	300m 03:58.81 46,63		
24. Duuk Harms (Dedemsvaart-AC, 200900201)					05:07.80(+73)
	50m 00:32.03 32,03	150m 01:49.17 38,80	250m 03:11.72 43,98	350m 04:32.23 35,45	
	100m 01:10.37 38,34	200m 02:27.74 38,57	300m 03:56.78 45,06		
25. Twan Wielage (KSN (SG), 200902671)					05:08.67(+86)
	50m 00:31.79 31,79	150m 01:50.36 40,08	250m 03:13.14 44,24	350m 04:36.18 36,04	
	100m 01:10.28 38,49	200m 02:28.90 38,54	300m 04:00.14 47,00		
26. Bink Elgersma (Zwemlust- den Hommel, 201000137)					05:10.18(+72)
	50m 00:32.19 32,19	150m 01:50.22 38,44	250m 03:13.29 45,73	350m 04:35.77 36,41	
	100m 01:11.78 39,59	200m 02:27.56 37,34	300m 03:59.36 46,07		
27. Girish Nolden (Blue Marlins, 201000087)					05:10.96(+68)
	50m 00:30.40 30,40	150m 01:50.10 42,65	250m 03:14.77 44,85	350m 04:37.85 36,02	
	100m 01:07.45 37,05	200m 02:29.92 39,82	300m 04:01.83 47,06		
28. Baris Tomu (ZPCH, 201000869)					05:11.22(+67)
	50m 00:32.09 32,09	150m 01:50.32 38,85	250m 03:14.99 46,57	350m 04:37.44 34,82	
	100m 01:11.47 39,38	200m 02:28.42 38,10	300m 04:02.62 47,63		
29. Sven Potappel (DWK, 201000127)					05:11.35(+69)
	50m 00:31.16 31,16	150m 01:50.61 41,65	250m 03:15.71 43,92	350m 04:37.52 37,38	
	100m 01:08.96 37,80	200m 02:31.79 41,18	300m 04:00.14 44,43		
30. Hessel Wachter (Zwemclub Zeist, 200903337)					05:11.59(+76)
	50m 00:32.10 32,10	150m 01:50.75 41,46	250m 03:14.37 42,61	350m 04:35.90 37,75	
	100m 01:09.29 37,19	200m 02:31.76 41,01	300m 03:58.15 43,78		
31. Thijn Runia (DZT'62, 201000895)					05:11.97(+70)

	50m 00:32.46 32,46	150m 01:50.68 38,52	250m 03:12.96 44,15	350m 04:35.01 37,62	
	100m 01:12.16 39,70	200m 02:28.81 38,13	300m 03:57.39 44,43		
32. Sven Mulder (WVZ, 200901655)					05:12.46(+70)
	50m 00:33.49 33,49	150m 01:54.02 38,70	250m 03:20.30 47,60	350m 04:40.48 32,14	
	100m 01:15.32 41,83	200m 02:32.70 38,68	300m 04:08.34 48,04		
33. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)					05:13.69(+66)
	50m 00:33.34 33,34	150m 01:55.91 41,51	250m 03:19.69 42,27	350m 04:38.94 36,49	
	100m 01:14.40 41,06	200m 02:37.42 41,51	300m 04:02.45 42,76		
34. Brian Arturo Bloemsma (De Dolfijn, 200901155)					05:15.13(+65)
	50m 00:30.55 30,55	150m 01:50.89 42,98	250m 03:13.62 40,13	350m 04:35.59 38,58	
	100m 01:07.91 37,36	200m 02:33.49 42,60	300m 03:57.01 43,39		
35. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)					05:15.31(+69)
	50m 00:32.16 32,16	150m 01:53.26 41,07	250m 03:17.67 45,75	350m 04:40.76 37,14	
	100m 01:12.19 40,03	200m 02:31.92 38,66	300m 04:03.62 45,95		
36. Dax van den Nouland (Blue Marlins, 201000071)					05:15.49(+71)
	50m 00:33.34 33,34	150m 01:53.23 38,63	250m 03:17.84 45,52	350m 04:39.56 35,81	
	100m 01:14.60 41,26	200m 02:32.32 39,09	300m 04:03.75 45,91		
37. Gwee Bokma (Zwemlust- den Hommel, 201002259)					05:16.28(+68)
	50m 00:30.10 30,10	150m 01:47.90 40,64	250m 03:12.92 47,44	350m 04:38.57 36,66	
	100m 01:07.26 37,16	200m 02:25.48 37,58	300m 04:01.91 48,99		
38. Roan van der Stege (SWOL 1894, 200900107)					05:16.86(+67)
	50m 00:31.32 31,32	150m 01:50.28 41,78	250m 03:17.68 46,76	350m 04:42.18 36,82	
	100m 01:08.50 37,18	200m 02:30.92 40,64	300m 04:05.36 47,68		
39. Sacha van Hees Ajdnik (ZEPS, 200900489)					05:17.02(+70)
	50m 00:31.99 31,99	150m 01:53.20 40,83	250m 03:21.40 48,45	350m 04:44.26 34,80	
	100m 01:12.37 40,38	200m 02:32.95 39,75	300m 04:09.46 48,06		
40. Cayden Malone (De Dolfijn, 201002195)					05:17.20(+66)
	50m 00:30.80 30,80	150m 01:49.23 40,38	250m 03:15.69 46,23	350m 04:39.86 37,66	
	100m 01:08.85 38,05	200m 02:29.46 40,23	300m 04:02.20 46,51		
41. Mathieu Gepkens (VZC, 201000045)					05:21.97(+74)
	50m 00:33.97 33,97	150m 01:56.75 40,63	250m 03:21.45 43,88	350m 04:45.17 38,26	
	100m 01:16.12 42,15	200m 02:37.57 40,82	300m 04:06.91 45,46		
BM. Vanja Kvocka (Hellas-Glana, 200904007)					BM
	50m 00:27.28 27,28	150m 01:34.68 34,89	250m 02:56.91 47,62	350m 04:20.95 36,13	
	100m 00:59.79 32,51	200m 02:09.29 34,61	300m 03:44.82 47,91		
DIS. Davi Fonseca Gomes (PSV, 200902795)					00:00.00
5. 200m wisselslag - Dames					
12 - 13 jaar (Junioren 2 en 3)					
1. Yill van Bezouw (Hieronymus, 201100704)					02:22.57(+77)
	50m 00:31.84 31,84	100m 01:07.43 35,59	150m 01:48.71 41,28		
2. Malin Roozeboom (WVZ, 201100006)					02:25.90(+74)
	50m 00:32.44 32,44	100m 01:09.39 36,95	150m 01:51.61 42,22		
3. Noa van Zalk (ZPC AMERSFOORT, 201102534)					02:31.16(+69)
	50m 00:32.52 32,52	100m 01:11.66 39,14	150m 01:56.40 44,74		
4. Frédérique Nijziel (De Dolfijn, 201103114)					02:31.47(+71)
	50m 00:30.74 30,74	100m 01:09.46 38,72	150m 01:58.45 48,99		
5. Lola Verheijen (PSV, 201100832)					02:32.70(+70)
	50m 00:31.57 31,57	100m 01:12.53 40,96	150m 01:58.29 45,76		
6. Anna Lepoutre (PSV, 201100534)					02:32.82(+69)
	50m 00:31.74 31,74	100m 01:12.47 40,73	150m 01:58.37 45,90		
7. Romée Smit (MSV-Zeemacht, 201100438)					02:32.86(+71)
	50m 00:33.45 33,45	100m 01:11.50 38,05	150m 01:57.54 46,04		

8. Milou Filemon (Blue Marlins, 201100078)	50m 00:34.01 34,01	100m 01:11.53 37,52	150m 01:58.15 46,62	02:32.98(+71)
9. Julia Bannatyne (BZ&PC, 201201020)	50m 00:33.01 33,01	100m 01:10.92 37,91	150m 01:58.13 47,21	02:33.47(+80)
10. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:33.51 33,51	100m 01:12.16 38,65	150m 01:58.97 46,81	02:34.60(+78)
11. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:34.90 34,90	100m 01:14.77 39,87	150m 02:00.71 45,94	02:35.63(+86)
12. Elle van Gemeren (DAW, 201100428)	50m 00:34.41 34,41	100m 01:14.83 40,42	150m 01:59.00 44,17	02:35.99(+75)
13. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:34.04 34,04	100m 01:14.30 40,26	150m 01:59.00 44,70	02:36.04(+69)
14. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:36.49 36,49	100m 01:15.50 39,01	150m 02:00.56 45,06	02:36.92(+78)
15. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:33.66 33,66	100m 01:14.18 40,52	150m 02:00.82 46,64	02:36.99(+74)
16. Noa Spaans (De Dolfijn, 201100222)	50m 00:35.10 35,10	100m 01:14.44 39,34	150m 02:01.31 46,87	02:37.00(+72)
17. Meike van der Klugt (WVZ, 201100808)	50m 00:36.01 36,01	100m 01:16.89 40,88	150m 02:00.78 43,89	02:37.17(+84)
18. Elke Kriesels (Hieronymus, 201100898)	50m 00:33.45 33,45	100m 01:13.36 39,91	150m 02:02.02 48,66	02:37.27(+78)
19. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)	50m 00:33.99 33,99	100m 01:14.37 40,38	150m 02:01.79 47,42	02:37.61(+83)
20. Mattea Gliese-Slooiijer (De Dinkel, 201100008)	50m 00:34.44 34,44	100m 01:13.37 38,93	150m 02:01.90 48,53	02:38.19(+83)
21. Vicky Horens (Hellas-Glana, 201200252)	50m 00:35.38 35,38	100m 01:17.11 41,73	150m 02:00.21 43,10	02:38.28(+69)
22. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	50m 00:33.11 33,11	100m 01:13.90 40,79	150m 02:02.44 48,54	02:38.66(+74)
23. Hanna Heller (ZPC AMERSFOORT, 201102730)	50m 00:33.30 33,30	100m 01:14.14 40,84	150m 02:03.08 48,94	02:39.01(+84)
24. Sara Creemers (Hellas-Glana, 201100242)	50m 00:35.55 35,55	100m 01:16.21 40,66	150m 02:01.68 45,47	02:39.21(+73)
25. Esra Simon (Hellas-Glana, 201100004)	50m 00:34.15 34,15	100m 01:16.43 42,28	150m 02:04.76 48,33	02:41.10(+78)
26. Anouk Mulder (De Columbiaan, 201200962)	50m 00:35.84 35,84	100m 01:17.58 41,74	150m 02:06.37 48,79	02:41.20(+82)
27. Isabel Amelink (Deltasteur, 201100196)	50m 00:34.32 34,32	100m 01:17.89 43,57	150m 02:04.65 46,76	02:41.47(+73)
28. Esmee Reuver (ZC Polaris, 201100846)	50m 00:36.27 36,27	100m 01:14.67 38,40	150m 02:03.97 49,30	02:41.61(+70)
29. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:34.84 34,84	100m 01:15.14 40,30	150m 02:04.45 49,31	02:41.81(+77)
30. Fanni Farkas (De Columbiaan, 201100360)	50m 00:33.29 33,29	100m 01:16.07 42,78	150m 02:05.98 49,91	02:42.73(+75)
31. Alaine Dumont (De Watervogels, 201102140)	50m 00:32.86 32,86	100m 01:16.02 43,16	150m 02:03.74 47,72	02:42.77(+74)
32. Simone Brobbel (SG Hoeksche Waard, 201200058)	50m 00:33.46 33,46	100m 01:13.90 40,44	150m 02:04.66 50,76	02:42.78(+75)

33. Norell Kroeze (ZC Polaris, 201100378)			02:43.27(+78)
50m 00:37.2837,28	100m 01:21.2043,92	150m 02:07.9846,78	
34. Isabella Ekberg (ZPC AMERSFOORT, 201202206)			02:44.62(+77)
50m 00:35.5335,53	100m 01:16.6241,09	150m 02:06.8350,21	
35. Morrison Schram (De Schelde, 201100686)			02:45.56(+78)
50m 00:37.6837,68	100m 01:21.6043,92	150m 02:08.1546,55	
36. Pien Walstra (De Treffers, 201101034)			02:47.12(+79)
50m 00:37.8237,82	100m 01:21.8143,99	150m 02:13.1651,35	
37. Amila Mustafic (DZ&PC, 201200026)			02:51.57(+74)
50m 00:35.0735,07	100m 01:17.0942,02	150m 02:14.0056,91	
DIS. Odenza Soselisa (Blue Marlins, 201101780)			00:00.00
DIS. Elin Reinstra (TriVia, 201100842)			00:00.00
6. 200m wisselslag - Heren			
12 - 13 jaar (Junioren 1 en 2)			
1. Matthijs van Velzen (Deltasteur, 201100435)			02:23.73(+59)
50m 00:30.8030,80	100m 01:08.2037,40	150m 01:51.9343,73	
2. Kasper Lubbers (Orca Leeuwarden, 201100025)			02:24.24(+57)
50m 00:32.1032,10	100m 01:09.8037,70	150m 01:50.7740,97	
3. Laurens van Nulck (Hellas-Glana, 201100521)			02:24.60(+88)
50m 00:31.1831,18	100m 01:10.4839,30	150m 01:50.9940,51	
4. Ramon Vos (ZPC Hoogeveen, 201100051)			02:25.24(+72)
50m 00:31.9231,92	100m 01:08.2336,31	150m 01:53.0944,86	
5. Nils Bellert (SG Octopus - ZVV, 201100347)			02:28.71(+70)
50m 00:30.9230,92	100m 01:10.0139,09	150m 01:54.8844,87	
6. Douwe Enzerink (Deltasteur, 201102657)			02:28.85(+53)
50m 00:32.7132,71	100m 01:12.7340,02	150m 01:55.2942,56	
7. Giovanni Wolfgang (MSV-Zeemacht, 201100859)			02:29.98(+63)
50m 00:32.8332,83	100m 01:09.9137,08	150m 01:54.0744,16	
8. Amor van der Veen (Dedemsvaart-AC, 201100197)			02:31.46(+68)
50m 00:31.3331,33	100m 01:07.3336,00	150m 01:56.5549,22	
9. Daan Overmars (OZ&PC, 201100027)			02:31.98(+72)
50m 00:32.5832,58	100m 01:11.2138,63	150m 01:58.1846,97	
10. Mees Janssen (DSZ, 201102025)			02:32.68(+67)
50m 00:30.7430,74	100m 01:08.7538,01	150m 01:56.8348,08	
11. Dax Muijlaert (SG Octopus - ZVV, 201100535)			02:32.76(+64)
50m 00:32.7232,72	100m 01:11.1338,41	150m 01:58.3747,24	
12. Luca Monster (SG Hoeksche Waard, 201100343)			02:33.37(+72)
50m 00:31.4331,43	100m 01:12.9441,51	150m 01:57.4144,47	
13. Tim Slagers (Aquapoldro, 201200263)			02:34.25(+75)
50m 00:33.3233,32	100m 01:11.7138,39	150m 02:00.5648,85	
14. Finn Knijnenburg (De Columbiaan, 201101319)			02:36.50(+68)
50m 00:34.0934,09	100m 01:13.5739,48	150m 02:00.6347,06	
15. Milan Eikenaar (SWOL 1894, 201100599)			02:36.88(+83)
50m 00:34.9934,99	100m 01:13.5638,57	150m 02:00.0246,46	
16. Luca Denkers (ZV New Wave Almere, 201202399)			02:36.93(+64)
50m 00:32.2032,20	100m 01:13.1140,91	150m 01:59.3946,28	
17. Mohiz Zahir (De Dolfijn, 201102139)			02:36.98(+75)
50m 00:34.5434,54	100m 01:17.6943,15	150m 02:00.8443,15	

18. Yanniek Jager (Batavia Swim, 201100315)		02:37.12(+67)
50m 00:33.98 33,98	100m 01:16.29 42,31	150m 02:00.74 44,45
19. Joep Lindhout (Niemo Barracuda, 201100873)		02:37.59(+74)
50m 00:34.42 34,42	100m 01:13.87 39,45	150m 02:01.18 47,31
20. Costijn van Elst (Blue Marlins, 201100317)		02:37.69(+75)
50m 00:33.06 33,06	100m 01:13.24 40,18	150m 02:02.06 48,82
21. Ewan Krist (ZPCH, 201100549)		02:37.93(+79)
50m 00:35.98 35,98	100m 01:19.64 43,66	150m 02:02.32 42,68
22. Leroy Maring (ZPC de Kanaalstreek, 201100307)		02:38.21(+78)
50m 00:33.14 33,14	100m 01:14.64 41,50	150m 02:02.43 47,79
23. Daan Mulder (KSN (SG), 201100267)		02:38.58(+79)
50m 00:35.12 35,12	100m 01:15.56 40,44	150m 02:03.26 47,70
24. Max van Splunder (Het Y, 201200531)		02:39.18(+74)
50m 00:35.82 35,82	100m 01:17.34 41,52	150m 02:03.15 45,81
25. Nout de Roo (Blue Marlins, 201103345)		02:39.74(+77)
50m 00:32.96 32,96	100m 01:18.22 45,26	150m 02:05.08 46,86
26. Izayah Castillo (Blue Marlins, 201100311)		02:39.76(+67)
50m 00:31.79 31,79	100m 01:14.26 42,47	150m 02:00.58 46,32
27. Toa Jahn (Het Y, 201201665)		02:40.38(+57)
50m 00:33.81 33,81	100m 01:15.67 41,86	150m 02:05.13 49,46
28. Laurens Steenaart (ZPCH, 201100829)		02:40.48(+76)
50m 00:35.31 35,31	100m 01:17.85 42,54	150m 02:03.44 45,59
29. Thijs van Kints (BZ&PC, 201101059)		02:40.70(+77)
50m 00:35.77 35,77	100m 01:17.78 42,01	150m 02:05.21 47,43
30. Dewin Volker (OZ&PC, 201101935)		02:40.78(+68)
50m 00:35.48 35,48	100m 01:17.72 42,24	150m 02:03.79 46,07
31. Sander de Bruin (ZZ&PC De Devel, 201100617)		02:41.57(+72)
50m 00:33.96 33,96	100m 01:17.04 43,08	150m 02:03.37 46,33
32. Adrian Janse van Rensburg (De Treffers, 201202261)		02:43.15(+72)
50m 00:33.31 33,31	100m 01:14.34 41,03	150m 02:05.97 51,63
33. Charles Araysa (Zwemlust- den Hommel, 201201155)		02:44.56(+60)
50m 00:35.61 35,61	100m 01:18.43 42,82	150m 02:06.98 48,55
34. Stan Nijhuis (OZ&PC, 201100191)		02:45.05(+84)
50m 00:37.34 37,34	100m 01:19.19 41,85	150m 02:08.25 49,06
35. Pieter de Jonge (Aqua-Novio'94, 201200211)		02:45.37(+74)
50m 00:33.75 33,75	100m 01:14.51 40,76	150m 02:07.16 52,65
36. Thijs Hoogeveen (ZPC Woerden, 201100503)		02:45.74(+83)
50m 00:37.59 37,59	100m 01:22.58 44,99	150m 02:08.16 45,58
37. Lars Thül (SWOL 1894, 201200119)		02:56.31(+73)
50m 00:37.73 37,73	100m 01:23.80 46,07	150m 02:17.17 53,37
DIS. Lev Rudman (Blue Marlins, 201102343)		00:00.00
DIS. Jasper de Glopper (PSV, 201103019)		00:00.00
DIS. Franzi Ziegler (DAW, 201100891)		00:00.00
7. 4x200m vrije slag dames		
12 - 15 jaar		
1. ZPC AMERSFOORT		08:33.99
Robine Moot 2009 (+73)	50m 00:29.80 29,80	
Robine Moot 2009 (+73)	100m 01:02.58 32,78	
Robine Moot 2009 (+73)	150m 01:35.94 33,36	
Robine Moot 2009 (+73)	200m 02:09.52 33,58	

Fenne Metten 2010 (+38)	250m	02:38.47	28,95
Fenne Metten 2010 (+38)	300m	03:10.90	32,43
Fenne Metten 2010 (+38)	350m	03:44.66	33,76
Fenne Metten 2010 (+38)	400m	04:17.96	33,30
Anne Engbersen 2010 (+33)	450m	04:45.63	27,67
Anne Engbersen 2010 (+33)	500m	05:18.17	32,54
Anne Engbersen 2010 (+33)	550m	05:53.29	35,12
Anne Engbersen 2010 (+33)	600m	06:28.30	35,01
Ilona Weisz 2010 (+25)	650m	06:56.63	28,33
Ilona Weisz 2010 (+25)	700m	07:27.63	31,00
Ilona Weisz 2010 (+25)	750m	08:00.32	32,69
Ilona Weisz 2010 (+25)	800m	08:33.99	33,67

2. PSV

08:35.74

Luus Gielens 2009 (+80)	50m	00:29.55	29,55
Luus Gielens 2009 (+80)	100m	01:02.21	32,66
Luus Gielens 2009 (+80)	150m	01:35.34	33,13
Luus Gielens 2009 (+80)	200m	02:08.11	32,77
Bregje Dekkers 2009 (+49)	250m	02:37.18	29,07
Bregje Dekkers 2009 (+49)	300m	03:09.08	31,90
Bregje Dekkers 2009 (+49)	350m	03:42.18	33,10
Bregje Dekkers 2009 (+49)	400m	04:15.15	32,97
Anna Lepoutre 2011 (+49)	450m	04:44.73	29,58
Anna Lepoutre 2011 (+49)	500m	05:18.28	33,55
Anna Lepoutre 2011 (+49)	550m	05:52.80	34,52
Anna Lepoutre 2011 (+49)	600m	06:25.79	32,99
Kinley Cole 2009 (+28)	650m	06:55.28	29,49
Kinley Cole 2009 (+28)	700m	07:28.81	33,53
Kinley Cole 2009 (+28)	750m	08:02.66	33,85
Kinley Cole 2009 (+28)	800m	08:35.74	33,08

3. De Dolfijn

08:42.89

Elin Brinkhof 2009 (+72)	50m	00:29.99	29,99
Elin Brinkhof 2009 (+72)	100m	01:02.77	32,78
Elin Brinkhof 2009 (+72)	150m	01:35.96	33,19
Elin Brinkhof 2009 (+72)	200m	02:08.90	32,94
Puck van Wees 2009 (+52)	250m	02:38.70	29,80
Puck van Wees 2009 (+52)	300m	03:11.91	33,21
Puck van Wees 2009 (+52)	350m	03:46.60	34,69
Puck van Wees 2009 (+52)	400m	04:21.22	34,62
Dewi Meijer 2010 (+50)	450m	04:51.84	30,62
Dewi Meijer 2010 (+50)	500m	05:25.07	33,23
Dewi Meijer 2010 (+50)	550m	05:59.29	34,22
Dewi Meijer 2010 (+50)	600m	06:33.49	34,20
Madeleine Bertram 2009 (+39)	650m	07:02.39	28,90
Madeleine Bertram 2009 (+39)	700m	07:34.92	32,53
Madeleine Bertram 2009 (+39)	750m	08:08.88	33,96
Madeleine Bertram 2009 (+39)	800m	08:42.89	34,01

4. ZPC AMERSFOORT

08:49.30

Senna Rijnbeek 2009 (+77)	50m	00:30.02	30,02
Senna Rijnbeek 2009 (+77)	100m	01:02.62	32,60
Senna Rijnbeek 2009 (+77)	150m	01:37.12	34,50
Senna Rijnbeek 2009 (+77)	200m	02:12.07	34,95
Chiara Lammertink 2009 (+75)	250m	02:41.67	29,60
Chiara Lammertink 2009 (+75)	300m	03:14.62	32,95
Chiara Lammertink 2009 (+75)	350m	03:50.50	35,88
Chiara Lammertink 2009 (+75)	400m	04:26.29	35,79
Esmaé de Gans 2009 (+28)	450m	04:56.11	29,82
Esmaé de Gans 2009 (+28)	500m	05:29.47	33,36
Esmaé de Gans 2009 (+28)	550m	06:04.29	34,82
Esmaé de Gans 2009 (+28)	600m	06:39.18	34,89
Paula Spans 2010 (+45)	650m	07:08.67	29,49
Paula Spans 2010 (+45)	700m	07:41.40	32,73
Paula Spans 2010 (+45)	750m	08:15.14	33,74
Paula Spans 2010 (+45)	800m	08:49.30	34,16

5. Blue Marlins

08:53.67

Breanna Belmar 2010 (+74)	50m	00:30.15	30,15
Breanna Belmar 2010 (+74)	100m	01:03.52	33,37
Breanna Belmar 2010 (+74)	150m	01:37.19	33,67
Breanna Belmar 2010 (+74)	200m	02:12.45	35,26
Julia Dąbrowska 2010 (+45)	250m	02:41.37	28,92
Julia Dąbrowska 2010 (+45)	300m	03:15.12	33,75
Julia Dąbrowska 2010 (+45)	350m	03:51.04	35,92
Julia Dąbrowska 2010 (+45)	400m	04:26.95	35,91
Mariia Kostina 2010 (+26)	450m	04:56.50	29,55
Mariia Kostina 2010 (+26)	500m	05:30.70	34,20
Mariia Kostina 2010 (+26)	550m	06:07.11	36,41
Mariia Kostina 2010 (+26)	600m	06:42.51	35,40
Jasmine Vaartjes 2009 (+38)	650m	07:11.96	29,45
Jasmine Vaartjes 2009 (+38)	700m	07:45.01	33,05
Jasmine Vaartjes 2009 (+38)	750m	08:19.82	34,81
Jasmine Vaartjes 2009 (+38)	800m	08:53.67	33,85

6. DWK

09:10.23

Lili Oosting 2009 (+82)	50m	00:32.46	32,46
Lili Oosting 2009 (+82)	100m	01:07.72	35,26
Lili Oosting 2009 (+82)	150m	01:43.82	36,10
Lili Oosting 2009 (+82)	200m	02:19.50	35,68
Tessa van Beek 2010 (+54)	250m	02:49.77	30,27
Tessa van Beek 2010 (+54)	300m	03:23.65	33,88
Tessa van Beek 2010 (+54)	350m	03:59.19	35,54
Tessa van Beek 2010 (+54)	400m	04:34.16	34,97
Karlijn Siderius 2009 (+42)	450m	05:05.86	31,70
Karlijn Siderius 2009 (+42)	500m	05:41.23	35,37
Karlijn Siderius 2009 (+42)	550m	06:16.99	35,76
Karlijn Siderius 2009 (+42)	600m	06:53.75	36,76
Elin Baars 2010	650m	07:25.36	31,61
Elin Baars 2010	700m	08:00.28	34,92
Elin Baars 2010	750m	08:35.32	35,04
Elin Baars 2010	800m	09:10.23	34,91

7. PSV

09:26.06

Fenna Zusterzeel 2010 (+68)	50m	00:30.13	30,13
Fenna Zusterzeel 2010 (+68)	100m	01:04.47	34,34
Fenna Zusterzeel 2010 (+68)	150m	01:40.42	35,95
Fenna Zusterzeel 2010 (+68)	200m	02:16.55	36,13
Mia Hoeflaken 2010 (+26)	250m	02:48.90	32,35
Mia Hoeflaken 2010 (+26)	300m	03:26.24	37,34
Mia Hoeflaken 2010 (+26)	350m	04:05.03	38,79
Mia Hoeflaken 2010 (+26)	400m	04:42.60	37,57
Michelle van Hemert 2009 (+35)	450m	05:15.25	32,65
Michelle van Hemert 2009 (+35)	500m	05:53.03	37,78
Michelle van Hemert 2009 (+35)	550m	06:32.83	39,80
Michelle van Hemert 2009 (+35)	600m	07:10.47	37,64
Freeke Super 2010 (+38)	650m	07:40.53	30,06
Freeke Super 2010 (+38)	700m	08:14.63	34,10
Freeke Super 2010 (+38)	750m	08:50.63	36,00
Freeke Super 2010 (+38)	800m	09:26.06	35,43

8. OZ&PC

09:35.45

Emma Steenbrink 2009 (+71)	50m	00:30.60	30,60
Emma Steenbrink 2009 (+71)	100m	01:04.95	34,35
Emma Steenbrink 2009 (+71)	150m	01:41.21	36,26
Emma Steenbrink 2009 (+71)	200m	02:17.12	35,91
Eva Oude Egbrink 2009 (+4)	250m	02:51.17	34,05
Eva Oude Egbrink 2009 (+4)	300m	03:29.46	38,29
Eva Oude Egbrink 2009 (+4)	350m	04:09.79	40,33
Eva Oude Egbrink 2009 (+4)	400m	04:49.12	39,33
Florien Pot 2010 (+38)	450m	05:20.46	31,34
Florien Pot 2010 (+38)	500m	05:56.11	35,65
Florien Pot 2010 (+38)	550m	06:31.79	35,68
Florien Pot 2010 (+38)	600m	07:06.56	34,77
Nikki Groot Rouwen 2009 (+10)	650m	07:39.46	32,90
Nikki Groot Rouwen 2009 (+10)	700m	08:17.04	37,58

Nikki Groot Rouwen 2009 (+10) 750m 08:56.38 39,34
 Nikki Groot Rouwen 2009 (+10) 800m 09:35.45 39,07

DIS. Aqua-Novio'94

00:00.00

Tara Langkamp 2009 (+70) 50m 00:29.95 29,95
 Tara Langkamp 2009 (+70) 100m 01:03.47 33,52
 Tara Langkamp 2009 (+70) 150m 01:37.56 34,09
 Tara Langkamp 2009 (+70) 200m 02:12.64 35,08
 Jaydee Leenders 2009 (+30) 250m 02:42.60 29,96
 Jaydee Leenders 2009 (+30) 300m 03:16.48 33,88
 Jaydee Leenders 2009 (+30) 350m 03:51.41 34,93
 Jaydee Leenders 2009 (+30) 400m 04:25.91 34,50
 Eva de Man 2010 (+25) 450m 04:57.69 31,78
 Eva de Man 2010 (+25) 500m 05:33.61 35,92
 Eva de Man 2010 (+25) 550m 06:10.58 36,97
 Eva de Man 2010 (+25) 600m 06:48.44 37,86
 Myla Klaassen 2009 (-9) 800m 00:00.00 -408,44

8. 4x200m vrije slag heren

12 - 15 jaar (Junioren)

1. PSV

07:50.36

Giulian Janssen 2009 (+61) 50m 00:25.92 25,92
 Giulian Janssen 2009 (+61) 100m 00:55.75 29,83
 Giulian Janssen 2009 (+61) 150m 01:26.77 31,02
 Giulian Janssen 2009 (+61) 200m 01:56.66 29,89
 Theodore Allan 2009 (+45) 250m 02:22.63 25,97
 Theodore Allan 2009 (+45) 300m 02:52.50 29,87
 Theodore Allan 2009 (+45) 350m 03:23.50 31,00
 Theodore Allan 2009 (+45) 400m 03:53.51 30,01
 Fedor Sazonov 2009 (+31) 450m 04:20.88 27,37
 Fedor Sazonov 2009 (+31) 500m 04:51.50 30,62
 Fedor Sazonov 2009 (+31) 550m 05:24.23 32,73
 Fedor Sazonov 2009 (+31) 600m 05:57.14 32,91
 Martijn Nies 2009 (+34) 650m 06:22.83 25,69
 Martijn Nies 2009 (+34) 700m 06:51.25 28,42
 Martijn Nies 2009 (+34) 750m 07:20.51 29,26
 Martijn Nies 2009 (+34) 800m 07:50.36 29,85

2. ZPC AMERSFOORT

07:59.16

Felbe van 't Land 2009 (+70) 50m 00:26.24 26,24
 Felbe van 't Land 2009 (+70) 100m 00:55.97 29,73
 Felbe van 't Land 2009 (+70) 150m 01:26.86 30,89
 Felbe van 't Land 2009 (+70) 200m 01:56.37 29,51
 Feddo Smink 2009 (+62) 250m 02:22.50 26,13
 Feddo Smink 2009 (+62) 300m 02:52.21 29,71
 Feddo Smink 2009 (+62) 350m 03:23.98 31,77
 Feddo Smink 2009 (+62) 400m 03:56.25 32,27
 Xander Kragting 2009 (+51) 450m 04:23.44 27,19
 Xander Kragting 2009 (+51) 500m 04:53.95 30,51
 Xander Kragting 2009 (+51) 550m 05:26.95 33,00
 Xander Kragting 2009 (+51) 600m 06:00.24 33,29
 Tobian Vos 2009 (+15) 650m 06:25.76 25,52
 Tobian Vos 2009 (+15) 700m 06:55.62 29,86
 Tobian Vos 2009 (+15) 750m 07:27.43 31,81
 Tobian Vos 2009 (+15) 800m 07:59.16 31,73

3. Blue Marlins

08:08.73

Pieter van Oosten 2009 (+64) 50m 00:26.53 26,53
 Pieter van Oosten 2009 (+64) 100m 00:56.65 30,12
 Pieter van Oosten 2009 (+64) 150m 01:27.66 31,01
 Pieter van Oosten 2009 (+64) 200m 01:58.32 30,66
 Aidan van der Stelt 2009 (+45) 250m 02:25.67 27,35
 Aidan van der Stelt 2009 (+45) 300m 02:57.02 31,35
 Aidan van der Stelt 2009 (+45) 350m 03:29.83 32,81
 Aidan van der Stelt 2009 (+45) 400m 04:03.05 33,22
 Duco de Gelder 2010 (+67) 450m 04:30.97 27,92
 Duco de Gelder 2010 (+67) 500m 05:02.40 31,43
 Duco de Gelder 2010 (+67) 550m 05:35.14 32,74

Duco de Gelder 2010 (+67)	600m	06:07.03	31,89
Alexander van der Maaten 2009 (+30)	650m	06:35.18	28,15
Alexander van der Maaten 2009 (+30)	700m	07:05.88	30,70
Alexander van der Maaten 2009 (+30)	750m	07:37.19	31,31
Alexander van der Maaten 2009 (+30)	800m	08:08.73	31,54

4. De Dolfijn

08:20.06

Luca Boorsma 2009 (+62)	50m	00:26.37	26,37
Luca Boorsma 2009 (+62)	100m	00:57.37	31,00
Luca Boorsma 2009 (+62)	150m	01:30.14	32,77
Luca Boorsma 2009 (+62)	200m	02:02.91	32,77
Finn Hilders 2009 (+14)	250m	02:30.61	27,70
Finn Hilders 2009 (+14)	300m	03:03.18	32,57
Finn Hilders 2009 (+14)	350m	03:36.10	32,92
Finn Hilders 2009 (+14)	400m	04:08.38	32,28
Mike Hilders 2009 (+36)	450m	04:35.64	27,26
Mike Hilders 2009 (+36)	500m	05:06.88	31,24
Mike Hilders 2009 (+36)	550m	05:39.47	32,59
Mike Hilders 2009 (+36)	600m	06:12.49	33,02
Ruah Kes 2009 (+15)	650m	06:40.32	27,83
Ruah Kes 2009 (+15)	700m	07:12.70	32,38
Ruah Kes 2009 (+15)	750m	07:46.40	33,70
Ruah Kes 2009 (+15)	800m	08:20.06	33,66

5. ZPCH

08:26.83

Maxwell Russel 2010 (+71)	50m	00:29.09	29,09
Maxwell Russel 2010 (+71)	100m	01:03.98	34,89
Maxwell Russel 2010 (+71)	150m	01:39.76	35,78
Maxwell Russel 2010 (+71)	200m	02:15.87	36,11
Lucas Schouten 2009 (+47)	250m	02:44.25	28,38
Lucas Schouten 2009 (+47)	300m	03:16.36	32,11
Lucas Schouten 2009 (+47)	350m	03:48.77	32,41
Lucas Schouten 2009 (+47)	400m	04:21.38	32,61
Baris Tomu 2010 (+14)	450m	04:49.87	28,49
Baris Tomu 2010 (+14)	500m	05:22.07	32,20
Baris Tomu 2010 (+14)	550m	05:55.37	33,30
Baris Tomu 2010 (+14)	600m	06:27.46	32,09
Jelte de Jong 2009 (+42)	650m	06:54.16	26,70
Jelte de Jong 2009 (+42)	700m	07:24.13	29,97
Jelte de Jong 2009 (+42)	750m	07:55.18	31,05
Jelte de Jong 2009 (+42)	800m	08:26.83	31,65

6. Dedemsvaart-AC

08:36.02

Duuk Harms 2009 (+72)	50m	00:28.87	28,87
Duuk Harms 2009 (+72)	100m	01:01.12	32,25
Duuk Harms 2009 (+72)	150m	01:34.57	33,45
Duuk Harms 2009 (+72)	200m	02:08.59	34,02
Ruben Kragt 2010 (+61)	250m	02:38.28	29,69
Ruben Kragt 2010 (+61)	300m	03:11.83	33,55
Ruben Kragt 2010 (+61)	350m	03:46.35	34,52
Ruben Kragt 2010 (+61)	400m	04:19.92	33,57
Guus van Duinen 2009 (+26)	450m	04:48.42	28,50
Guus van Duinen 2009 (+26)	500m	05:21.33	32,91
Guus van Duinen 2009 (+26)	550m	05:54.53	33,20
Guus van Duinen 2009 (+26)	600m	06:27.75	33,22
Ruben Nooter 2009 (+23)	650m	06:55.45	27,70
Ruben Nooter 2009 (+23)	700m	07:28.56	33,11
Ruben Nooter 2009 (+23)	750m	08:02.59	34,03
Ruben Nooter 2009 (+23)	800m	08:36.02	33,43

7. SWOL 1894

08:41.36

Tristan Meijers 2010 (+81)	50m	00:30.49	30,49
Tristan Meijers 2010 (+81)	100m	01:04.24	33,75
Tristan Meijers 2010 (+81)	150m	01:38.99	34,75
Tristan Meijers 2010 (+81)	200m	02:13.05	34,06
Dhamin Ouali 2009 (+48)	250m	02:42.45	29,40
Dhamin Ouali 2009 (+48)	300m	03:16.62	34,17
Dhamin Ouali 2009 (+48)	350m	03:51.93	35,31

Dhamin Ouali 2009 (+48)	400m	04:22.22	30,29
Roan van der Stege 2009 (+51)	450m	04:51.26	29,04
Roan van der Stege 2009 (+51)	500m	05:22.91	31,65
Roan van der Stege 2009 (+51)	550m	05:55.43	32,52
Roan van der Stege 2009 (+51)	600m	06:27.36	31,93
Kick Germers 2010 (+34)	650m	06:57.72	30,36
Kick Germers 2010 (+34)	700m	07:32.29	34,57
Kick Germers 2010 (+34)	750m	08:07.24	34,95
Kick Germers 2010 (+34)	800m	08:41.36	34,12

8. Blue Marlins

08:42.12

Art Jin van der Ent 2009 (+74)	50m	00:30.61	30,61
Art Jin van der Ent 2009 (+74)	100m	01:04.08	33,47
Art Jin van der Ent 2009 (+74)	150m	01:37.44	33,36
Art Jin van der Ent 2009 (+74)	200m	02:10.51	33,07
Dax van den Nouland 2010 (+31)	250m	02:40.74	30,23
Dax van den Nouland 2010 (+31)	300m	03:14.87	34,13
Dax van den Nouland 2010 (+31)	350m	03:49.78	34,91
Dax van den Nouland 2010 (+31)	400m	04:23.81	34,03
Tristan Fredema 2009 (+29)	450m	04:53.91	30,10
Tristan Fredema 2009 (+29)	500m	05:26.76	32,85
Tristan Fredema 2009 (+29)	550m	06:01.73	34,97
Tristan Fredema 2009 (+29)	600m	06:36.35	34,62
Girish Nolden 2010 (+39)	650m	07:04.90	28,55
Girish Nolden 2010 (+39)	700m	07:37.68	32,78
Girish Nolden 2010 (+39)	750m	08:10.95	33,27
Girish Nolden 2010 (+39)	800m	08:42.12	31,17

9. DWK

08:46.56

Sven Potappel 2010 (+67)	50m	00:29.94	29,94
Sven Potappel 2010 (+67)	100m	01:04.60	34,66
Sven Potappel 2010 (+67)	150m	01:39.83	35,23
Sven Potappel 2010 (+67)	200m	02:13.34	33,51
Tygo van de Wal 2010 (+25)	250m	02:42.16	28,82
Tygo van de Wal 2010 (+25)	300m	03:16.21	34,05
Tygo van de Wal 2010 (+25)	350m	03:50.97	34,76
Tygo van de Wal 2010 (+25)	400m	04:24.61	33,64
Nordin Vermeer 2010 (+35)	450m	04:55.11	30,50
Nordin Vermeer 2010 (+35)	500m	05:30.22	35,11
Nordin Vermeer 2010 (+35)	550m	06:08.24	38,02
Nordin Vermeer 2010 (+35)	600m	06:46.08	37,84
Ruben Baars 2009 (+25)	650m	07:12.66	26,58
Ruben Baars 2009 (+25)	700m	07:43.04	30,38
Ruben Baars 2009 (+25)	750m	08:14.84	31,80
Ruben Baars 2009 (+25)	800m	08:46.56	31,72

10. OZ&PC

08:48.06

Dani Yefimov 2009 (+67)	50m	00:29.37	29,37
Dani Yefimov 2009 (+67)	100m	01:02.78	33,41
Dani Yefimov 2009 (+67)	150m	01:37.03	34,25
Dani Yefimov 2009 (+67)	200m	02:10.89	33,86
Rafael Agterbos 2010 (+54)	250m	02:41.52	30,63
Rafael Agterbos 2010 (+54)	300m	03:16.08	34,56
Rafael Agterbos 2010 (+54)	350m	03:51.76	35,68
Rafael Agterbos 2010 (+54)	400m	04:26.93	35,17
Finn Stamsnieder 2009 (+32)	450m	04:55.09	28,16
Finn Stamsnieder 2009 (+32)	500m	05:27.88	32,79
Finn Stamsnieder 2009 (+32)	550m	06:01.42	33,54
Finn Stamsnieder 2009 (+32)	600m	06:34.43	33,01
Daan Overmars 2011 (+14)	650m	07:02.38	27,95
Daan Overmars 2011 (+14)	700m	07:35.22	32,84
Daan Overmars 2011 (+14)	750m	08:11.30	36,08
Daan Overmars 2011 (+14)	800m	08:48.06	36,76

11. Zwemlust- den Hommel

08:58.77

Bink Elgersma 2010 (+74)	50m	00:28.59	28,59
Bink Elgersma 2010 (+74)	100m	01:01.01	32,42
Bink Elgersma 2010 (+74)	150m	01:34.42	33,41

Bink Elgersma 2010 (+74)	200m 02:06.84 32,42
Quinten Hofman 2010 (+51)	250m 02:37.55 30,71
Quinten Hofman 2010 (+51)	300m 03:11.92 34,37
Quinten Hofman 2010 (+51)	350m 03:46.89 34,97
Quinten Hofman 2010 (+51)	400m 04:20.61 33,72
Teun Zeeman 2009 (+31)	450m 04:51.25 30,64
Teun Zeeman 2009 (+31)	500m 05:27.55 36,30
Teun Zeeman 2009 (+31)	550m 06:06.77 39,22
Teun Zeeman 2009 (+31)	600m 06:46.16 39,39
Gwee Bokma 2010 (-3)	650m 07:14.88 28,72
Gwee Bokma 2010 (-3)	700m 07:48.36 33,48
Gwee Bokma 2010 (-3)	750m 08:23.22 34,86
Gwee Bokma 2010 (-3)	800m 08:58.77 35,55

Nummer: 2 - zaterdag 14 december 2024 om 08:30u (25 m)

Aanvangstijd juryvergadering: 07:30u

9. 100m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

- | | |
|--|---------------|
| 1. Ramon Vos (ZPC Hoogeveen, 201100051) | 00:57.17(+68) |
| 50m 00:27.18 27,18 | |
| 2. Matthijs van Velzen (Deltasteur, 201100435) | 00:57.28(+59) |
| 50m 00:27.52 27,52 | |
| 3. Daan Overmars (OZ&PC, 201100027) | 00:58.02(+68) |
| 50m 00:28.16 28,16 | |
| 4. Mees Janssen (DSZ, 201102025) | 00:58.53(+65) |
| 50m 00:27.72 27,72 | |
| 5. Franzi Ziegler (DAW, 201100891) | 00:58.71(+64) |
| 50m 00:28.15 28,15 | |
| 6. Giovanni Wolfgang (MSV-Zeemacht, 201100859) | 00:58.81(+63) |
| 50m 00:27.72 27,72 | |
| 7. Tim Slagers (Aquapoldro, 201200263) | 00:59.91(+70) |
| 50m 00:28.68 28,68 | |
| 8. Douwe Enzerink (Deltasteur, 201102657) | 01:00.36(+67) |
| 50m 00:28.91 28,91 | |
| 9. Amor van der Veen (Dedemsvaart-AC, 201100197) | 01:00.76(+63) |
| 50m 00:28.53 28,53 | |
| 10. Nout de Roo (Blue Marlins, 201103345) | 01:00.78(+66) |
| 50m 00:29.28 29,28 | |
| 11. Laurens van Nulck (Hellas-Glana, 201100521) | 01:00.94(+74) |
| 50m 00:28.86 28,86 | |
| 12. Adrian Janse van Rensburg (De Treffers, 201202261) | 01:01.22(+71) |
| 50m 00:28.86 28,86 | |
| 13. Lev Rudman (Blue Marlins, 201102343) | 01:01.26(+67) |
| 50m 00:28.94 28,94 | |
| 14. Nils Bellert (SG Octopus - ZVV, 201100347) | 01:01.28(+72) |
| 50m 00:29.89 29,89 | |
| 15. Kasper Lubbers (Orca Leeuwarden, 201100025) | 01:01.30(+57) |
| 50m 00:29.93 29,93 | |
| 16. Dax Muijlaert (SG Octopus - ZVV, 201100535) | 01:01.43(+68) |
| 50m 00:29.51 29,51 | |
| 17. Luca Monster (SG Hoeksche Waard, 201100343) | 01:01.55(+70) |
| 50m 00:28.93 28,93 | |

18. Costijn van Elst (Blue Marlins, 201100317)	01:01.69(+71)
50m 00:30.12 30,12	
19. Luca Denkers (ZV New Wave Almere, 201202399)	01:02.65(+61)
50m 00:30.15 30,15	
20. Daan Mulder (KSN (SG), 201100267)	01:02.77(+87)
50m 00:29.83 29,83	
21. Sander de Bruin (ZZ&PC De Devel, 201100617)	01:02.93(+68)
50m 00:29.92 29,92	
22. Thijs van Kints (BZ&PC, 201101059)	01:03.04(+76)
50m 00:30.25 30,25	
23. Toa Jahn (Het Y, 201201665)	01:03.10(+56)
50m 00:30.26 30,26	
24. Joep Lindhout (Niemo Barracuda, 201100873)	01:03.58(+69)
50m 00:30.75 30,75	
25. Jasper de Glopper (PSV, 201103019)	01:03.60(+78)
50m 00:31.52 31,52	
26. Thijs Hoogeveen (ZPC Woerden, 201100503)	01:03.66(+79)
50m 00:29.78 29,78	
27. Max van Splunder (Het Y, 201200531)	01:03.93(+71)
50m 00:30.84 30,84	
28. Leroy Maring (ZPC de Kanaalstreek, 201100307)	01:04.22(+79)
50m 00:30.58 30,58	
29. Dewin Volker (OZ&PC, 201101935)	01:04.44(+68)
50m 00:30.47 30,47	
30. Mohiz Zahir (De Dolfijn, 201102139)	01:04.54(+82)
50m 00:30.98 30,98	
30. Yanniek Jager (Batavia Swim, 201100315)	01:04.54(+66)
50m 00:30.45 30,45	
30. Ewan Krist (ZPCH, 201100549)	01:04.54(+73)
50m 00:31.75 31,75	
33. Charles Araysa (Zwemlust- den Hommel, 201201155)	01:04.75(+62)
50m 00:31.22 31,22	
34. Stan Nijhuis (OZ&PC, 201100191)	01:04.90(+72)
50m 00:30.87 30,87	
35. Finn Knijnenburg (De Columbiaan, 201101319)	01:05.00(+70)
50m 00:31.06 31,06	
36. Laurens Steenaart (ZPCH, 201100829)	01:05.41(+75)
50m 00:31.45 31,45	
37. Izayah Castillo (Blue Marlins, 201100311)	01:05.56(+66)
50m 00:30.55 30,55	
38. Pieter de Jonge (Aqua-Novio'94, 201200211)	01:06.77(+74)
50m 00:32.01 32,01	
39. Lars Thül (SWOL 1894, 201200119)	01:08.81(+80)
50m 00:32.62 32,62	
DIS. Milan Eikenaar (SWOL 1894, 201100599)	00:00.00
10. 100m vrije slag - Heren	
12 - 15 jaar (Junioren)	
1. Ruben Baars (DWK, 200900471)	00:51.70(+65)
50m 00:25.11 25,11	

2. Giulian Janssen (PSV, 200900125) 50m 00:25.03 25,03	00:51.98(+62)
3. Felbe van 't Land (ZPC AMERSFOORT, 200900027) 50m 00:25.11 25,11	00:52.70(+68)
4. Mattia Maggio (Hellas-Glana, 200903311) 50m 00:25.15 25,15	00:53.12(+61)
5. Theodore Allan (PSV, 200902925) 50m 00:25.29 25,29	00:53.47(+60)
6. Martijn Nies (PSV, 200902095) 50m 00:25.70 25,70	00:53.58(+71)
7. Pieter van Oosten (Blue Marlins, 200903977) 50m 00:25.79 25,79	00:53.94(+64)
8. Luca Boorsma (De Dolfijn, 200902031) 50m 00:25.44 25,44	00:54.07(+60)
9. Wanne van Geest (ACZ, 200901425) 50m 00:25.64 25,64	00:54.28(+77)
10. Tobian Vos (ZPC AMERSFOORT, 200900005) 50m 00:26.03 26,03	00:54.45(+85)
11. Adriaan Coppelmans (AZC, 200903243) 50m 00:25.94 25,94	00:54.52(+65)
12. Finn Eghuizen (HZ&PC Heerenveen, 200900431) 50m 00:26.46 26,46	00:54.84(+67)
13. Jelte de Jong (ZPCH, 200900975) 50m 00:26.38 26,38	00:55.13(+72)
14. Sven Casper Hageman (Steenwijk 1934, 201000009) 50m 00:26.19 26,19	00:55.76(+64)
15. Myron Artemenko (Niemo Barracuda, 201003021) 50m 00:27.15 27,15	00:56.02(+69)
16. Brent Schifflers (ZPC Woerden, 200902041) 50m 00:27.16 27,16	00:56.16(+70)
17. Bink Elgersma (Zwemlust- den Hommel, 201000137) 50m 00:26.79 26,79	00:56.24(+71)
17. Juan Cruz Slappendel (Orca Leeuwarden, 200903053) 50m 00:26.70 26,70	00:56.24(+65)
19. Alexander van der Maaten (Blue Marlins, 200903251) 50m 00:27.13 27,13	00:56.32(+59)
20. Gerjan Berends (ZPC Hoogeveen, 200900169) 50m 00:26.98 26,98	00:56.34(+73)
21. Roan van der Stege (SWOL 1894, 200900107) 50m 00:27.34 27,34	00:56.55(+67)
22. Nick Vodde (AZ&PC De Futen, 201002211) 50m 00:27.20 27,20	00:56.61(+66)
23. Abel op den Velde (De Duinkickers, 201000079) 50m 00:27.15 27,15	00:56.67(+75)
24. Duco de Gelder (Blue Marlins, 201000217) 50m 00:27.01 27,01	00:56.69(+67)
25. Neo Reiber (Feijenoord Albion, 200900699) 50m 00:26.57 26,57	00:56.76(+62)
26. Finn Stamsnieder (OZ&PC, 200900225) 50m 00:27.41 27,41	00:56.80(+76)

27. Davi Fonseca Gomes (PSV, 200902795) 50m 00:27.30 27,30	00:56.88(+74)
28. Steven Knol (De Otters Het Gooi, 200900543) 50m 00:27.59 27,59	00:56.91(+63)
29. Wessel van Dorst (Aqua-Novio'94, 200900727) 50m 00:26.84 26,84	00:56.97(+67)
30. Thygo van de Peppel (Blue Marlins, 200901101) 50m 00:27.14 27,14	00:57.11(+69)
31. Mike Hilders (De Dolfijn, 200900281) 50m 00:27.68 27,68	00:57.12(+73)
32. Fedor Sazonov (PSV, 200900707) 50m 00:27.70 27,70	00:57.21(+75)
33. Lucas Schouten (ZPCH, 200901925) 50m 00:27.70 27,70	00:57.27(+70)
34. Ivo Bot (Wiekslag, 200900509) 50m 00:26.90 26,90	00:57.32(+70)
35. Niek Endeman (Deltasteur, 200902567) 50m 00:27.33 27,33	00:57.43(+70)
36. Ties Hesse (Team Noord Holland, 200901015) 50m 00:27.69 27,69	00:57.44(+68)
37. Daequan Ramos (ZPC Hoogeveen, 200901709) 50m 00:27.12 27,12	00:57.46(+71)
38. Aidan van der Stelt (Blue Marlins, 200900901) 50m 00:27.79 27,79	00:57.49(+69)
39. Dinand Kop (DAW, 200901001) 50m 00:27.41 27,41	00:57.52(+63)
40. Sverre van der Zwaan (WVZ, 200900737) 50m 00:27.41 27,41	00:57.53(+71)
41. Xander Kragting (ZPC AMERSFOORT, 200900077) 50m 00:27.52 27,52	00:57.64(+71)
41. Joey Snabel (ZPC AMERSFOORT, 201002847) 50m 00:27.60 27,60	00:57.64(+62)
43. Sven Vette (De Bevelanders, 200900519) 50m 00:27.09 27,09	00:57.66(+76)
44. Twan Wielage (KSN (SG), 200902671) 50m 00:28.40 28,40	00:57.90(+77)
45. Avner Weigel (Z&PC Rotterdam, 200900697) 50m 00:28.04 28,04	00:57.91(+77)
46. Mathijs Boersma (ZPC Hoogeveen, 201000313) 50m 00:27.54 27,54	00:58.00(+84)
47. Finn Hilders (De Dolfijn, 200900283) 50m 00:28.03 28,03	00:58.01(+63)
48. Sven Mulder (WVZ, 200901655) 50m 00:27.77 27,77	00:58.03(+69)
49. Avery Arrindell (ACZ, 200902655) 50m 00:27.87 27,87	00:58.05(+75)
50. Ruben Nooter (Dedemsvaart-AC, 200901577) 50m 00:27.35 27,35	00:58.09(+63)

51. Sacha van Hees Ajdnik (ZEPS, 200900489) 50m 00:27.73 27,73	00:58.14(+70)
51. Jan Schouten (ZVL-1886, 200902305) 50m 00:27.33 27,33	00:58.14(+75)
51. Eli Shields (Niemo Barracuda, 201000407) 50m 00:27.96 27,96	00:58.14(+64)
54. Ruben Kragt (Dedemsvaart-AC, 201000007) 50m 00:27.83 27,83	00:58.23(+66)
55. Sven Buijs (Hieronymus, 200902853) 50m 00:27.88 27,88	00:58.24(+69)
56. Dyon Scholten (Steenwijk 1934, 200900095) 50m 00:27.67 27,67	00:58.27(+74)
57. Sven Potappel (DWK, 201000127) 50m 00:28.20 28,20	00:58.37(+67)
58. Gwee Bokma (Zwemlust- den Hommel, 201002259) 50m 00:27.87 27,87	00:58.38(+72)
59. Henry Watson (De Dolfijn, 201001703) 50m 00:27.80 27,80	00:58.46(+67)
60. Siem Faber (Batavia Swim, 200900065) 50m 00:28.31 28,31	00:58.52(+62)
61. Guus van Duinen (Dedemsvaart-AC, 200901107) 50m 00:28.34 28,34	00:58.54(+79)
62. Teije ter Bekke (Zwemclub Zeist, 200901789) 50m 00:28.01 28,01	00:58.63(+66)
63. Art Jin van der Ent (Blue Marlins, 200903785) 50m 00:28.38 28,38	00:58.71(+71)
64. Ruah Kes (De Dolfijn, 200904001) 50m 00:27.97 27,97	00:58.77(+73)
65. Thijs Jonkman (De Duck, 201000481) 50m 00:28.51 28,51	00:58.82(+72)
66. Bram Kulpe (Z&PV de Veene, 200900329) 50m 00:28.46 28,46	00:58.86(+67)
67. Mauro Bedeke (DAW, 201000537) 50m 00:27.96 27,96	00:58.92(+61)
68. Baris Tomu (ZPCH, 201000869) 50m 00:28.50 28,50	00:58.95(+66)
69. Dhamin Ouali (SWOL 1894, 200902771) 50m 00:28.03 28,03	00:58.97(+72)
70. Girish Nolden (Blue Marlins, 201000087) 50m 00:28.44 28,44	00:59.02(+67)
71. Bink de Vries (AZC, 200901887) 50m 00:27.70 27,70	00:59.03(+71)
72. Duuk Harms (Dedemsvaart-AC, 200900201) 50m 00:28.40 28,40	00:59.11(+71)
73. Paul Ruitenbergh (De Geul, 200900979) 50m 00:27.90 27,90	00:59.13(+70)
74. Sven Bakker (Team Noord Holland, 200900085) 50m 00:28.85 28,85	00:59.38(+75)
75. Cayden Malone (De Dolfijn, 201002195) 50m 00:28.09 28,09	00:59.43(+68)

76. Justen Beekman (HZPC, 200900765) 00:59.83(+68)
50m 00:28.06 28,06

77. Thom Veldhoen (ZZ&PC De Devel, 200901159) 00:59.84(+65)
50m 00:28.65 28,65

11. 400m wisselslag - Dames

12 - 13 jaar (Junioren 2 en 3)

1. Yill van Bezouw (Hieronymus, 201100704) 05:09.52(+78)
50m 00:32.79 32,79 150m 01:51.00 40,06 250m 03:13.87 43,74 350m 04:34.87 36,86
100m 01:10.94 38,15 200m 02:30.13 39,13 300m 03:58.01 44,14

2. Malin Roozeboom (WVZ, 201100006) 05:14.10(+76)
50m 00:34.63 34,63 150m 01:53.66 39,11 250m 03:17.65 45,14 350m 04:39.33 36,44
100m 01:14.55 39,92 200m 02:32.51 38,85 300m 04:02.89 45,24

3. Elin Reinstra (TriVia, 201100842) 05:17.33(+76)
50m 00:35.64 35,64 150m 01:56.57 39,02 250m 03:20.31 46,11 350m 04:43.07 36,11
100m 01:17.55 41,91 200m 02:34.20 37,63 300m 04:06.96 46,65

4. Noa van Zalk (ZPC AMERSFOORT, 201102534) 05:23.10(+69)
50m 00:33.48 33,48 150m 01:55.80 42,48 250m 03:24.43 47,87 350m 04:48.28 36,48
100m 01:13.32 39,84 200m 02:36.56 40,76 300m 04:11.80 47,37

5. Milou Filemon (Blue Marlins, 201100078) 05:23.71(+72)
50m 00:33.31 33,31 150m 01:54.17 40,01 250m 03:21.77 48,35 350m 04:47.40 37,61
100m 01:14.16 40,85 200m 02:33.42 39,25 300m 04:09.79 48,02

6. Lola Verheijen (PSV, 201100832) 05:25.02(+73)
50m 00:33.31 33,31 150m 01:56.80 44,40 250m 03:25.89 46,87 350m 04:50.96 37,21
100m 01:12.40 39,09 200m 02:39.02 42,22 300m 04:13.75 47,86

7. Anna Lepoutre (PSV, 201100534) 05:25.73(+72)
50m 00:32.79 32,79 150m 01:55.51 44,12 250m 03:26.03 48,15 350m 04:51.42 36,41
100m 01:11.39 38,60 200m 02:37.88 42,37 300m 04:15.01 48,98

8. Ylène Zondervan (ZPC AMERSFOORT, 201200016) 05:26.00(+78)
50m 00:34.95 34,95 150m 01:57.05 40,65 250m 03:25.23 47,74 350m 04:50.49 37,60
100m 01:16.40 41,45 200m 02:37.49 40,44 300m 04:12.89 47,66

9. Romée Smit (MSV-Zeemacht, 201100438) 05:26.53(+75)
50m 00:34.88 34,88 150m 01:55.98 38,93 250m 03:24.78 49,27 350m 04:51.00 39,49
100m 01:17.05 42,17 200m 02:35.51 39,53 300m 04:11.51 46,73

10. Frédérique Nijziel (De Dolfijn, 201103114) 05:27.47(+73)
50m 00:32.87 32,87 150m 01:51.42 40,81 250m 03:24.50 52,90 350m 04:51.72 36,49
100m 01:10.61 37,74 200m 02:31.60 40,18 300m 04:15.23 50,73

11. Elle van Gemeren (DAW, 201100428) 05:28.24(+76)
50m 00:36.33 36,33 150m 01:57.01 40,84 250m 03:24.76 45,83 350m 04:50.88 39,31
100m 01:16.17 39,84 200m 02:38.93 41,92 300m 04:11.57 46,81

12. Lobke Hempenius (HZ&PC Heerenveen, 201100522) 05:29.04(+84)
50m 00:35.85 35,85 150m 02:02.75 41,51 250m 03:28.85 46,36 350m 04:52.38 37,83
100m 01:21.24 45,39 200m 02:42.49 39,74 300m 04:14.55 45,70

13. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 05:29.97(+79)
50m 00:33.29 33,29 150m 01:54.75 41,99 250m 03:25.73 49,98 350m 04:54.05 38,10
100m 01:12.76 39,47 200m 02:35.75 41,00 300m 04:15.95 50,22

14. Odenza Soselisa (Blue Marlins, 201101780) 05:31.67(+76)
50m 00:33.21 33,21 150m 01:53.63 41,62 250m 03:24.23 49,29 350m 04:53.60 40,42
100m 01:12.01 38,80 200m 02:34.94 41,31 300m 04:13.18 48,95

15. Elke Kriesels (Hieronymus, 201100898) 05:32.26(+77)
50m 00:34.84 34,84 150m 01:59.83 42,65 250m 03:32.01 49,75 350m 04:56.91 36,57
100m 01:17.18 42,34 200m 02:42.26 42,43 300m 04:20.34 48,33

16. Rozalia Diederiks (ZVL-1886, 201100904) 05:32.41(+84)
50m 00:36.51 36,51 150m 02:02.86 42,18 250m 03:31.61 48,38 350m 04:57.40 37,98

	100m 01:20.6844,17	200m 02:43.2340,37	300m 04:19.4247,81	
17. Julia Bannatyne (BZ&PC, 201201020)				05:36.37(+77)
	50m 00:35.4635,46	150m 01:59.1941,64	250m 03:33.4352,04	350m 05:01.6337,22
	100m 01:17.5542,09	200m 02:41.3942,20	300m 04:24.4150,98	
18. Meike van der Klugt (WVZ, 201100808)				05:37.99(+85)
	50m 00:37.4837,48	150m 02:04.2942,90	250m 03:32.6345,52	350m 04:59.5340,73
	100m 01:21.3943,91	200m 02:47.1142,82	300m 04:18.8046,17	
19. Simone Brobbel (SG Hoeksche Waard, 201200058)				05:39.67(+77)
	50m 00:33.6933,69	150m 01:59.2143,56	250m 03:32.1451,27	350m 05:02.5738,08
	100m 01:15.6541,96	200m 02:40.8741,66	300m 04:24.4952,35	
20. Sterre de Veen (Hellas-Glana, 201100086)				05:39.90(+73)
	50m 00:34.5434,54	150m 02:00.1142,94	250m 03:30.1547,02	350m 04:59.2040,76
	100m 01:17.1742,63	200m 02:43.1343,02	300m 04:18.4448,29	
21. Norell Kroeze (ZC Polaris, 201100378)				05:41.76(+79)
	50m 00:37.3737,37	150m 02:07.4644,45	250m 03:39.2948,73	350m 05:06.2737,64
	100m 01:23.0145,64	200m 02:50.5643,10	300m 04:28.6349,34	
22. Hanna Heller (ZPC AMERSFOORT, 201102730)				05:43.51(+94)
	50m 00:36.0236,02	150m 02:04.8844,53	250m 03:36.2548,32	350m 05:05.9440,31
	100m 01:20.3544,33	200m 02:47.9343,05	300m 04:25.6349,38	
23. Esra Simon (Hellas-Glana, 201100004)				05:43.55(+78)
	50m 00:36.2236,22	150m 02:00.5044,00	250m 03:35.2350,56	350m 05:05.1739,84
	100m 01:16.5040,28	200m 02:44.6744,17	300m 04:25.3350,10	
24. Noa Spaans (De Dolfijn, 201100222)				05:44.42(+74)
	50m 00:37.3137,31	150m 02:06.1242,38	250m 03:38.8850,13	350m 05:06.5039,20
	100m 01:23.7446,43	200m 02:48.7542,63	300m 04:27.3048,42	
25. Anouk Mulder (De Columbiaan, 201200962)				05:44.68(+80)
	50m 00:36.6236,62	150m 02:08.1246,27	250m 03:40.5349,96	350m 05:08.2739,20
	100m 01:21.8545,23	200m 02:50.5742,45	300m 04:29.0748,54	
26. Julia Ketelaars (Hellas-Glana, 201200028)				05:44.73(+80)
	50m 00:35.7835,78	150m 02:00.9944,31	250m 03:36.4950,44	350m 05:05.7039,75
	100m 01:16.6840,90	200m 02:46.0545,06	300m 04:25.9549,46	
27. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)				05:45.93(+84)
	50m 00:36.5236,52	150m 02:03.9843,14	250m 03:37.8851,29	350m 05:09.0239,45
	100m 01:20.8444,32	200m 02:46.5942,61	300m 04:29.5751,69	
28. Alissa Rooijackers (Z&PV Nuenen, 201101892)				05:46.51(+76)
	50m 00:36.1536,15	150m 02:02.3741,78	250m 03:33.6750,26	350m 05:07.4841,89
	100m 01:20.5944,44	200m 02:43.4141,04	300m 04:25.5951,92	
29. Pien Walstra (De Treffers, 201101034)				05:47.92(+78)
	50m 00:37.7337,73	150m 02:06.8545,01	250m 03:41.8950,97	350m 05:12.7839,47
	100m 01:21.8444,11	200m 02:50.9244,07	300m 04:33.3151,42	
30. Isabel Amelink (Deltasteur, 201100196)				05:49.02(+78)
	50m 00:35.2935,29	150m 02:05.4546,88	250m 03:39.7049,01	350m 05:10.2740,66
	100m 01:18.5743,28	200m 02:50.6945,24	300m 04:29.6149,91	
31. Sara Creemers (Hellas-Glana, 201100242)				05:49.27(+73)
	50m 00:37.1337,13	150m 02:07.6444,67	250m 03:38.6446,94	350m 05:09.6442,58
	100m 01:22.9745,84	200m 02:51.7044,06	300m 04:27.0648,42	
32. Mattea Gliese-Slooijs (De Dinkel, 201100008)				05:50.02(+85)
	50m 00:37.3037,30	150m 02:06.8443,31	250m 03:40.5650,82	350m 05:12.5939,74
	100m 01:23.5346,23	200m 02:49.7442,90	300m 04:32.8552,29	
33. Esmee Reuver (ZC Polaris, 201100846)				05:51.52(+71)
	50m 00:38.3038,30	150m 02:09.5441,26	250m 03:40.7550,12	350m 05:12.3440,08
	100m 01:28.2849,98	200m 02:50.6341,09	300m 04:32.2651,51	
34. Morrison Schram (De Schelde, 201100686)				05:52.48(+81)
	50m 00:38.3938,39	150m 02:11.6545,24	250m 03:45.3348,22	350m 05:15.4139,79

	100m 01:26.41 48,02	200m 02:57.11 45,46	300m 04:35.62 50,29	
35. Fanni Farkas (De Columbiaan, 201100360)	50m 00:35.52 35,52	150m 02:09.23 48,42	250m 03:47.99 52,41	350m 05:18.07 37,37
	100m 01:20.81 45,29	200m 02:55.58 46,35	300m 04:40.70 52,71	05:54.01(+77)
36. Alaine Dumont (De Watervogels, 201102140)	50m 00:35.83 35,83	150m 02:06.35 46,76	250m 03:42.12 50,47	350m 05:18.47 44,44
	100m 01:19.59 43,76	200m 02:51.65 45,30	300m 04:34.03 51,91	06:00.02(+73)
37. Amila Mustafic (DZ&PC, 201200026)	50m 00:35.73 35,73	150m 02:08.01 43,88	250m 03:48.25 57,31	350m 05:28.37 40,44
	100m 01:24.13 48,40	200m 02:50.94 42,93	300m 04:47.93 59,68	06:06.78(+74)
DIS. Vicky Horens (Hellas-Glana, 201200252)				00:00.00
DIS. Isabella Ekberg (ZPC AMERSFOORT, 201202206)				00:00.00
12. 100m schoolsdag - Dames				
12 - 15 jaar				
1. Paula Spans (ZPC AMERSFOORT, 201000064)	50m 00:33.75 33,75			01:12.03(+72)
2. Tess Vonk (De Geul, 200900024)	50m 00:34.72 34,72			01:13.32(+62)
3. Robine Moot (ZPC AMERSFOORT, 200900330)	50m 00:35.43 35,43			01:15.09(+74)
4. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:35.33 35,33			01:15.56(+75)
5. Marre van der Wal (SG Bolsward-Workum, 201000046)	50m 00:35.34 35,34			01:15.63(+70)
6. Amber Kunst (DAW, 200900680)	50m 00:35.71 35,71			01:15.79(+69)
7. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:35.11 35,11			01:15.85(+74)
8. Fenna Zusterzeel (PSV, 201000008)	50m 00:34.87 34,87			01:15.98(+68)
9. Annelie Batenburg (PSV, 201001962)	50m 00:35.34 35,34			01:16.32(+74)
10. Michelle van Hemert (PSV, 200901200)	50m 00:35.85 35,85			01:16.45(+67)
11. Eefje van Hinsbergen (Blue Marlins, 201002252)	50m 00:35.81 35,81			01:16.64(+64)
12. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:35.74 35,74			01:17.09(+70)
13. Jasmijn Schoonen (Wiekslag, 200901196)	50m 00:35.90 35,90			01:17.34(+82)
14. Yaell Elmerink (ZPC De Hof, 200900310)	50m 00:35.70 35,70			01:17.39(+73)
15. Tess Meeuwissen (De Columbiaan, 201000370)	50m 00:36.07 36,07			01:17.62(+57)
16. Tereza Boom (PSV, 200904028)	50m 00:36.28 36,28			01:17.72(+70)
17. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:36.76 36,76			01:17.81(+74)
18. Linou van Kampen (ZPCH, 201000594)	50m 00:36.99 36,99			01:17.83(+89)

19. Tess van de Steeg (WVZ, 201000016)	01:17.90(+76)
50m 00:36.77 36,77	
20. Valerie Rienties (Zwemsport Parkstad, 201200400)	01:18.08(+62)
50m 00:36.49 36,49	
21. Esmee de Raadt (Feijenoord Albion, 201002328)	01:18.21(+72)
50m 00:37.28 37,28	
22. Eva Ehlert (GZC DONK, 201002026)	01:18.27(+72)
50m 00:36.84 36,84	
23. Manoah Dekker (Deltasteur, 201100656)	01:18.31(+68)
50m 00:36.26 36,26	
24. Mia Hoeflaken (PSV, 201004108)	01:18.42(+72)
50m 00:36.67 36,67	
25. Suuz Griekspoor (Noordwijkerhout, 200901204)	01:18.57(+70)
50m 00:36.86 36,86	
26. Rixt Rothschild (ZPC Hoogeveen, 200900026)	01:19.08(+81)
50m 00:37.72 37,72	
27. Julia Dąbrowska (Blue Marlins, 201000300)	01:19.20(+68)
50m 00:36.90 36,90	
28. Breanna Belmar (Blue Marlins, 201004068)	01:19.34(+74)
50m 00:37.03 37,03	
29. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	01:19.44(+76)
50m 00:36.64 36,64	
30. Jayna Wagemakers (Hieronymus, 201000226)	01:19.55(+79)
50m 00:37.78 37,78	
31. Wieke Dekker (De Dolfijn, 201002020)	01:19.79(+75)
50m 00:37.34 37,34	
32. Myrthe Rozendaal (Aqua-Novio'94, 201000790)	01:19.87(+78)
50m 00:37.30 37,30	
33. Kyana de Vries (ZWK Merlet, 200901260)	01:20.01(+80)
50m 00:38.47 38,47	
34. Iris Boeters (Westland Swimming Stars, 200900856)	01:20.05(+64)
50m 00:37.65 37,65	
35. Hanna Sampimon (KSN (SG), 200901824)	01:20.77(+72)
50m 00:38.10 38,10	
DIS. Elin Riedijk (Blue Marlins, 201002056)	00:00.00
DIS. Sanne Keizer (Dedemsvaart-AC, 201001348)	00:00.00
13. 200m vlinderslag - Heren	
12 - 15 jaar (Junioren)	
1. Martijn Nies (PSV, 200902095)	02:10.11(+77)
50m 00:28.75 28,75 100m 01:02.11 33,36 150m 01:36.21 34,10	
2. Mattia Maggio (Hellas-Glana, 200903311)	02:12.34(+63)
50m 00:27.70 27,70 100m 01:00.77 33,07 150m 01:35.75 34,98	
3. Feddo Smink (ZPC AMERSFOORT, 200900007)	02:17.32(+61)
50m 00:28.87 28,87 100m 01:03.01 34,14 150m 01:39.99 36,98	
4. Stefan van der Meer (VZC, 200901361)	02:20.02(+60)
50m 00:29.58 29,58 100m 01:05.02 35,44 150m 01:41.92 36,90	
5. Jelte de Jong (ZPCH, 200900975)	02:20.12(+74)
50m 00:30.19 30,19 100m 01:05.06 34,87 150m 01:42.03 36,97	

6. Ruben Kragt (Dedemsvaart-AC, 201000007)				02:23.14(+68)
50m 00:32.12 32,12	100m 01:08.75 36,63	150m 01:45.99 37,24		
7. Max van der Spank (PSV, 201000275)				02:23.84(+71)
50m 00:30.79 30,79	100m 01:07.22 36,43	150m 01:46.27 39,05		
8. Eli Shields (Niemo Barracuda, 201000407)				02:24.67(+63)
50m 00:31.15 31,15	100m 01:08.11 36,96	150m 01:46.12 38,01		
9. Sascha Timmer (AZC, 200902987)				02:24.90(+59)
50m 00:30.26 30,26	100m 01:06.72 36,46	150m 01:45.58 38,86		
10. Wanne van Geest (ACZ, 200901425)				02:25.25(+82)
50m 00:30.10 30,10	100m 01:06.74 36,64	150m 01:45.88 39,14		
11. Aidan van der Stelt (Blue Marlins, 200900901)				02:27.96(+71)
50m 00:31.16 31,16	100m 01:08.31 37,15	150m 01:47.00 38,69		
12. Lucas Schouten (ZPCH, 200901925)				02:29.36(+68)
50m 00:30.37 30,37	100m 01:08.14 37,77	150m 01:48.13 39,99		
13. Gwee Bokma (Zwemlust- den Hommel, 201002259)				02:30.04(+71)
50m 00:30.87 30,87	100m 01:07.64 36,77	150m 01:48.01 40,37		
BM. Vanja Kvocka (Hellas-Glana, 200904007)				BM
50m 00:26.74 26,74	100m 00:58.72 31,98	150m 01:33.13 34,41		
DIS. Evren Ege Orcunus (De Dolfijn, 201003253)				00:00.00
14. 400m vrije slag - Dames				
12 - 15 jaar				
1. Fenne Metten (ZPC AMERSFOORT, 201000102)				04:24.85(+74)
50m 00:29.79 29,79	150m 01:36.51 33,71	250m 02:43.80 33,81	350m 03:52.36 34,43	
100m 01:02.80 33,01	200m 02:09.99 33,48	300m 03:17.93 34,13		
2. Bregje Dekkers (PSV, 200900746)				04:25.40(+76)
50m 00:30.92 30,92	150m 01:38.59 33,79	250m 02:46.26 33,95	350m 03:53.11 33,06	
100m 01:04.80 33,88	200m 02:12.31 33,72	300m 03:20.05 33,79		
3. Luus Gielens (PSV, 200900138)				04:26.34(+86)
50m 00:30.92 30,92	150m 01:39.29 34,36	250m 02:47.23 34,05	350m 03:53.83 33,36	
100m 01:04.93 34,01	200m 02:13.18 33,89	300m 03:20.47 33,24		
4. Jasmine Vaartjes (Blue Marlins, 200903658)				04:27.56(+70)
50m 00:30.47 30,47	150m 01:37.83 34,18	250m 02:46.71 34,47	350m 03:55.26 34,22	
100m 01:03.65 33,18	200m 02:12.24 34,41	300m 03:21.04 34,33		
5. Juliëtte Woltjes (VZC, 200900774)				04:28.01(+81)
50m 00:30.80 30,80	150m 01:38.46 33,83	250m 02:46.48 34,26	350m 03:55.01 34,22	
100m 01:04.63 33,83	200m 02:12.22 33,76	300m 03:20.79 34,31		
6. Ilona Weisz (ZPC AMERSFOORT, 201004146)				04:31.78(+72)
50m 00:30.40 30,40	150m 01:37.71 34,66	250m 02:47.23 34,88	350m 03:57.62 35,35	
100m 01:03.05 32,65	200m 02:12.35 34,64	300m 03:22.27 35,04		
7. Fenna Westerneng (DZ&PC, 200900070)				04:32.73(+76)
50m 00:30.84 30,84	150m 01:39.54 34,80	250m 02:48.51 34,40	350m 03:57.82 34,74	
100m 01:04.74 33,90	200m 02:14.11 34,57	300m 03:23.08 34,57		
8. Nina van der Schrier (AZC, 201000444)				04:34.00(+71)
50m 00:30.15 30,15	150m 01:37.88 34,60	250m 02:47.85 35,24	350m 03:58.93 35,56	
100m 01:03.28 33,13	200m 02:12.61 34,73	300m 03:23.37 35,52		
9. Nina Tetteroo (De Columbian, 201000048)				04:38.79(+80)
50m 00:31.37 31,37	150m 01:41.31 35,62	250m 02:52.78 35,61	350m 04:04.03 35,48	
100m 01:05.69 34,32	200m 02:17.17 35,86	300m 03:28.55 35,77		
10. Madeleine Bertram (De Dolfijn, 200900516)				04:40.08(+78)
50m 00:30.89 30,89	150m 01:39.87 34,85	250m 02:51.30 36,00	350m 04:04.46 36,96	
100m 01:05.02 34,13	200m 02:15.30 35,43	300m 03:27.50 36,20		
11. Suuz Griekspoor (Noordwijkerhout, 200901204)				04:41.14(+78)

	50m 00:30.73 30,73	150m 01:40.64 35,54	250m 02:53.82 36,69	350m 04:05.99 35,48	
	100m 01:05.10 34,37	200m 02:17.13 36,49	300m 03:30.51 36,69		
12. Puck van Wees (De Dolfijn, 200901020)					04:43.59(+77)
	50m 00:31.39 31,39	150m 01:42.44 36,11	250m 02:55.58 36,08	350m 04:08.29 35,99	
	100m 01:06.33 34,94	200m 02:19.50 37,06	300m 03:32.30 36,72		
13. Anne Engbersen (ZPC AMERSFOORT, 201000044)					04:43.62(+80)
	50m 00:30.83 30,83	150m 01:41.86 36,39	250m 02:55.33 36,56	350m 04:09.17 36,93	
	100m 01:05.47 34,64	200m 02:18.77 36,91	300m 03:32.24 36,91		
14. Erin de Jong (GZC DONK, 201000024)					04:44.26(+89)
	50m 00:30.80 30,80	150m 01:41.16 35,78	250m 02:54.09 36,70	350m 04:07.97 36,80	
	100m 01:05.38 34,58	200m 02:17.39 36,23	300m 03:31.17 37,08		
15. Simone Faber (Deltasteur, 200900710)					04:45.57(+74)
	50m 00:32.01 32,01	150m 01:44.93 36,90	250m 02:58.70 37,30	350m 04:11.54 35,43	
	100m 01:08.03 36,02	200m 02:21.40 36,47	300m 03:36.11 37,41		
16. Raegan Belmar (Blue Marlins, 201004070)					04:45.59(+85)
	50m 00:30.78 30,78	150m 01:41.84 36,14	250m 02:55.87 37,43	350m 04:10.06 36,96	
	100m 01:05.70 34,92	200m 02:18.44 36,60	300m 03:33.10 37,23		
17. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)					04:46.27(+74)
	50m 00:31.66 31,66	150m 01:43.23 36,10	250m 02:55.79 36,48	350m 04:10.86 37,51	
	100m 01:07.13 35,47	200m 02:19.31 36,08	300m 03:33.35 37,56		
18. Yanique Bax (ZPC AMERSFOORT, 201001428)					04:47.22(+70)
	50m 00:32.48 32,48	150m 01:44.57 35,86	250m 02:58.16 36,85	350m 04:11.80 36,89	
	100m 01:08.71 36,23	200m 02:21.31 36,74	300m 03:34.91 36,75		
19. Ilse Jongepier (TriVia, 201000006)					04:47.54(+78)
	50m 00:32.20 32,20	150m 01:45.14 36,78	250m 02:59.50 37,08	350m 04:12.62 36,37	
	100m 01:08.36 36,16	200m 02:22.42 37,28	300m 03:36.25 36,75		
20. Elin Baars (DWK, 201000138)					04:48.05(+77)
	50m 00:32.82 32,82	150m 01:45.87 36,72	250m 03:00.34 37,51	350m 04:13.48 36,11	
	100m 01:09.15 36,33	200m 02:22.83 36,96	300m 03:37.37 37,03		
21. Dante van Meene (DAW, 200900678)					04:48.50(+76)
	50m 00:32.31 32,31	150m 01:44.80 36,55	250m 02:58.45 37,03	350m 04:12.49 36,99	
	100m 01:08.25 35,94	200m 02:21.42 36,62	300m 03:35.50 37,05		
22. Charlotte Landman (CWW Swimteam, 200901290)					04:49.63(+76)
	50m 00:31.65 31,65	150m 01:44.39 36,85	250m 02:58.50 37,01	350m 04:13.17 37,38	
	100m 01:07.54 35,89	200m 02:21.49 37,10	300m 03:35.79 37,29		
23. Hadewych Forschelen (MNC Dordrecht, 200903572)					04:49.85(+69)
	50m 00:32.78 32,78	150m 01:44.01 35,89	250m 02:58.88 37,76	350m 04:14.13 37,26	
	100m 01:08.12 35,34	200m 02:21.12 37,11	300m 03:36.87 37,99		
24. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)					04:50.31(+85)
	50m 00:32.44 32,44	150m 01:45.77 37,48	250m 03:00.50 37,39	350m 04:15.49 37,26	
	100m 01:08.29 35,85	200m 02:23.11 37,34	300m 03:38.23 37,73		
25. Jaydee Leenders (Aqua-Novio'94, 200900112)					04:50.47(+72)
	50m 00:31.84 31,84	150m 01:44.76 36,76	250m 02:58.96 37,22	350m 04:14.44 37,65	
	100m 01:08.00 36,16	200m 02:21.74 36,98	300m 03:36.79 37,83		
26. Florian Pot (OZ&PC, 201000768)					04:50.98(+78)
	50m 00:33.50 33,50	150m 01:46.98 36,86	250m 03:02.60 37,82	350m 04:17.07 37,02	
	100m 01:10.12 36,62	200m 02:24.78 37,80	300m 03:40.05 37,45		
27. Emma Steenbrink (OZ&PC, 200901376)					04:51.59(+77)
	50m 00:32.19 32,19	150m 01:44.33 36,55	250m 03:00.73 38,61	350m 04:16.80 37,73	
	100m 01:07.78 35,59	200m 02:22.12 37,79	300m 03:39.07 38,34		
28. Yuna van den Idsert (DAW, 201001196)					04:53.09(+79)
	50m 00:33.14 33,14	150m 01:46.68 37,03	250m 03:01.91 37,94	350m 04:17.06 37,47	
	100m 01:09.65 36,51	200m 02:23.97 37,29	300m 03:39.59 37,68		
29. Chiara Lammertink (ZPC AMERSFOORT, 200902200)					04:53.44(+76)

	50m 00:31.02 31,02	150m 01:41.47 35,56	250m 02:54.40 36,44	350m 04:13.11 40,06	
	100m 01:05.91 34,89	200m 02:17.96 36,49	300m 03:33.05 38,65		
30. Linou van Kampen (ZPCH, 201000594)					04:55.94(+91)
	50m 00:34.24 34,24	150m 01:48.94 37,82	250m 03:05.93 38,15	350m 04:20.80 37,10	
	100m 01:11.12 36,88	200m 02:27.78 38,84	300m 03:43.70 37,77		
31. Mandy Berndsden (VZC, 201001138)					05:00.03(+81)
	50m 00:32.50 32,50	150m 01:47.27 38,11	250m 03:04.22 38,55	350m 04:22.46 38,73	
	100m 01:09.16 36,66	200m 02:25.67 38,40	300m 03:43.73 39,51		
32. Wieke Dekker (De Dolfijn, 201002020)					05:02.74(+85)
	50m 00:34.79 34,79	150m 01:52.19 39,20	250m 03:09.39 38,47	350m 04:26.67 38,28	
	100m 01:12.99 38,20	200m 02:30.92 38,73	300m 03:48.39 39,00		
15. 100m rugslag - Heren					
12 - 15 jaar (Junioren)					
1. Luca Boorsma (De Dolfijn, 200902031)					00:58.41(+56)
	50m 00:27.96 27,96				
2. Mattia Maggio (Hellas-Glana, 200903311)					00:58.51(+57)
	50m 00:27.99 27,99				
3. Felbe van 't Land (ZPC AMERSFOORT, 200900027)					00:59.74(+60)
	50m 00:29.33 29,33				
4. Adriaan Coppelmans (AZC, 200903243)					01:00.74(+55)
	50m 00:29.13 29,13				
5. Duuk Harms (Dedemsvaart-AC, 200900201)					01:01.70(+69)
	50m 00:29.83 29,83				
6. Feddo Smink (ZPC AMERSFOORT, 200900007)					01:01.74(+68)
	50m 00:29.43 29,43				
7. Tobian Vos (ZPC AMERSFOORT, 200900005)					01:02.15(+71)
	50m 00:29.94 29,94				
8. Giulian Janssen (PSV, 200900125)					01:02.18(+62)
	50m 00:29.79 29,79				
9. Brent Schiffliers (ZPC Woerden, 200902041)					01:02.48(+76)
	50m 00:30.54 30,54				
10. Ivo Bot (Wiekslag, 200900509)					01:02.64(+60)
	50m 00:29.64 29,64				
11. Gwee Bokma (Zwemlust- den Hommel, 201002259)					01:03.38(+78)
	50m 00:30.42 30,42				
12. Mike Hilders (De Dolfijn, 200900281)					01:03.50(+71)
	50m 00:30.62 30,62				
13. Evren Ege Orcunus (De Dolfijn, 201003253)					01:03.61(+84)
	50m 00:30.79 30,79				
14. Bink Elgersma (Zwemlust- den Hommel, 201000137)					01:03.96(+72)
	50m 00:30.88 30,88				
15. Sverre van der Zwaan (WVZ, 200900737)					01:04.17(+72)
	50m 00:31.49 31,49				
15. Abel op den Velde (De Duinkikkers, 201000079)					01:04.17(+61)
	50m 00:31.09 31,09				
17. Ruben Kragt (Dedemsvaart-AC, 201000007)					01:04.29(+68)
	50m 00:31.59 31,59				
18. Finn Stamsnieder (OZ&PC, 200900225)					01:04.39(+69)
	50m 00:31.41 31,41				
19. Myron Artemenko (Niemo Barracuda, 201003021)					01:04.64(+66)

50m 00:31.85 31,85

20. Finn Hilders (De Dolfijn, 200900283)	01:04.74(+72)
50m 00:31.55 31,55	
20. Xander Kragting (ZPC AMERSFOORT, 200900077)	01:04.74(+64)
50m 00:31.47 31,47	
22. Wessel van Dorst (Aqua-Novio'94, 200900727)	01:05.11(+73)
50m 00:30.94 30,94	
23. Arthur Alberts (ZVZwartsluis, 200900239)	01:05.28(+54)
50m 00:31.95 31,95	
24. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	01:05.64(+73)
50m 00:31.40 31,40	
25. Sven Vette (De Bevelanders, 200900519)	01:05.76(+68)
50m 00:31.28 31,28	
26. Roemer Bindels (Blue Marlins, 201003335)	01:05.84(+75)
50m 00:31.97 31,97	
27. Giano Spoor (Aquapoldro, 200900655)	01:05.85(+71)
50m 00:31.05 31,05	
28. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)	01:06.31(+63)
50m 00:32.17 32,17	
29. Mathieu Gepkens (VZC, 201000045)	01:06.41(+69)
50m 00:32.31 32,31	
30. Thijmen Pruijssers (Hieronymus, 201000129)	01:06.57(+65)
50m 00:32.06 32,06	
31. Dani Yefimov (OZ&PC, 200901305)	01:06.59(+73)
50m 00:32.34 32,34	
32. Ruben Nooter (Dedemsvaart-AC, 200901577)	01:06.63(+58)
50m 00:31.88 31,88	
33. Eli Shields (Niemo Barracuda, 201000407)	01:06.83(+62)
50m 00:32.55 32,55	
34. Sven Bakker (Team Noord Holland, 200900085)	01:06.99(+73)
50m 00:32.90 32,90	
35. Roan van der Stege (SWOL 1894, 200900107)	01:07.41(+77)
50m 00:32.84 32,84	
36. Twan Wielage (KSN (SG), 200902671)	01:07.51(+87)
50m 00:32.46 32,46	
37. Dinand Kop (DAW, 200901001)	01:07.60(+66)
50m 00:32.28 32,28	
38. Sacha van Hees Ajdnik (ZEPS, 200900489)	01:07.72(+70)
50m 00:32.45 32,45	
39. Brent van Sande (De Treffers, 200900647)	01:07.79(+73)
50m 00:32.99 32,99	
40. Avery Arrindell (ACZ, 200902655)	01:08.05(+70)
50m 00:33.27 33,27	
41. Fabian Bruil (Aquapoldro, 200900533)	01:08.08(+69)
50m 00:32.26 32,26	
42. Thygo van de Peppel (Blue Marlins, 200901101)	01:08.09(+83)
50m 00:32.56 32,56	
43. Girish Nolden (Blue Marlins, 201000087)	01:08.12(+62)
50m 00:33.03 33,03	

44. Sascha Timmer (AZC, 200902987)	01:08.60(+80)
50m 00:32.58 32,58	
45. Eli Fieret (GZC DONK, 200903463)	01:09.29(+72)
50m 00:33.12 33,12	
BM. Vanja Kvočka (Hellas-Glana, 200904007)	BM
50m 00:27.88 27,88	
DIS. Finn Wensveen (Zv de Ham, 201000811)	00:00.00
16. 100m vlinderslag - Dames	
12 - 15 jaar	
1. Elin Ditewig (VZC, 200900392)	01:04.17(+65)
50m 00:29.84 29,84	
2. Ilona Weisz (ZPC AMERSFOORT, 201004146)	01:04.19(+72)
50m 00:30.50 30,50	
3. Elin Brinkhof (De Dolfijn, 200900078)	01:05.77(+73)
50m 00:30.44 30,44	
4. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	01:05.89(+69)
50m 00:30.59 30,59	
5. Juliëtte Woltjes (VZC, 200900774)	01:06.22(+80)
50m 00:30.94 30,94	
6. Yaell Elmerink (ZPC De Hof, 200900310)	01:06.80(+76)
50m 00:31.50 31,50	
7. Lotte Lübberts (KSN (SG), 200900190)	01:06.84(+70)
50m 00:30.56 30,56	
8. Tess Vonk (De Geul, 200900024)	01:07.08(+63)
50m 00:30.66 30,66	
9. Tara Langkamp (Aqua-Novio'94, 200900362)	01:07.99(+73)
50m 00:31.24 31,24	
10. Julia Dąbrowska (Blue Marlins, 201000300)	01:08.40(+69)
50m 00:30.98 30,98	
11. Mariia Kostina (Blue Marlins, 201002042)	01:08.47(+70)
50m 00:31.15 31,15	
12. Paula Spans (ZPC AMERSFOORT, 201000064)	01:08.95(+76)
50m 00:32.23 32,23	
13. Jenny Muntinga (ZPCH, 200900450)	01:09.03(+64)
50m 00:31.73 31,73	
14. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	01:09.25(+75)
50m 00:32.58 32,58	
15. Isis Verhoeff (ZPC AMERSFOORT, 200902962)	01:09.42(+69)
50m 00:31.42 31,42	
16. Nienke Koster (ZPC Hoogeveen, 200900612)	01:09.65(+68)
50m 00:31.50 31,50	
17. Anouk Steller (WVZ, 201000004)	01:10.22(+72)
50m 00:32.31 32,31	
18. Charlotte Landman (CWW Swimteam, 200901290)	01:10.48(+73)
50m 00:32.47 32,47	
19. Chloé in 't Veen (WVZ, 201100010)	01:10.55(+73)
50m 00:33.08 33,08	
20. Erin de Jong (GZC DONK, 201000024)	01:10.57(+84)
50m 00:32.56 32,56	

21. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)				01:10.60(+84)
50m 00:31.43 31,43				
22. Mia Hoeflaken (PSV, 201004108)				01:10.67(+68)
50m 00:32.74 32,74				
22. Lili Oosting (DWK, 200900384)				01:10.67(+81)
50m 00:34.64 34,64				
24. Ann Hietbrink (ZPC De Hof, 200902444)				01:10.82(+75)
50m 00:32.37 32,37				
25. Dewi Meijer (De Dolfijn, 201000302)				01:11.10(+72)
50m 00:32.91 32,91				
26. Fenne Metten (ZPC AMERSFOORT, 201000102)				01:11.72(+79)
50m 00:32.90 32,90				
27. Elin Baars (DWK, 201000138)				01:11.89(+77)
50m 00:32.39 32,39				
28. Gwen Hermans (De Columbiaan, 200900058)				01:12.12(+77)
50m 00:33.48 33,48				
29. Esmee de Raadt (Feijenoord Albion, 201002328)				01:13.51(+74)
50m 00:33.22 33,22				
30. Karlijn Siderius (DWK, 200900032)				01:14.56(+78)
50m 00:33.28 33,28				
17. 200m schoolslag - Heren				
12 - 13 jaar (Junioren 1 en 2)				
1. Laurens van Nulck (Hellas-Glana, 201100521)				02:37.45(+67)
50m 00:34.20 34,20	100m 01:14.21 40,01	150m 01:56.25 42,04		
2. Franz Ziegler (DAW, 201100891)				02:38.36(+66)
50m 00:35.25 35,25	100m 01:15.09 39,84	150m 01:56.89 41,80		
3. Kasper Lubbers (Orca Leeuwarden, 201100025)				02:40.14(+58)
50m 00:36.23 36,23	100m 01:16.69 40,46	150m 01:58.10 41,41		
4. Luca Monster (SG Hoeksche Waard, 201100343)				02:42.17(+69)
50m 00:35.07 35,07	100m 01:16.20 41,13	150m 01:59.34 43,14		
5. Ewan Krist (ZPCH, 201100549)				02:47.12(+76)
50m 00:37.76 37,76	100m 01:21.71 43,95	150m 02:05.58 43,87		
6. Douwe Enzerink (Deltasteur, 201102657)				02:47.55(+54)
50m 00:37.42 37,42	100m 01:20.80 43,38	150m 02:05.04 44,24		
7. Nils Bellert (SG Octopus - ZVV, 201100347)				02:49.20(+70)
50m 00:38.98 38,98	100m 01:22.27 43,29	150m 02:06.66 44,39		
8. Giovanni Wolfgang (MSV-Zeemacht, 201100859)				02:49.32(+61)
50m 00:37.76 37,76	100m 01:22.32 44,56	150m 02:06.20 43,88		
9. Lev Rudman (Blue Marlins, 201102343)				02:49.57(+66)
50m 00:37.18 37,18	100m 01:20.68 43,50	150m 02:05.30 44,62		
10. Mohiz Zahir (De Dolfijn, 201102139)				02:53.15(+74)
50m 00:38.97 38,97	100m 01:23.12 44,15	150m 02:08.59 45,47		
11. Joep Lindhout (Niemo Barracuda, 201100873)				02:53.33(+74)
50m 00:40.30 40,30	100m 01:24.30 44,00	150m 02:09.91 45,61		
12. Sander de Bruin (ZZ&PC De Devel, 201100617)				02:53.71(+67)
50m 00:38.08 38,08	100m 01:21.71 43,63	150m 02:07.47 45,76		
13. Luca Denkers (ZV New Wave Almere, 201202399)				02:53.82(+64)
50m 00:38.76 38,76	100m 01:23.13 44,37	150m 02:08.99 45,86		
14. Ramon Vos (ZPC Hoogeveen, 201100051)				02:55.34(+71)
50m 00:38.23 38,23	100m 01:23.15 44,92	150m 02:09.35 46,20		

15. Nout de Roo (Blue Marlins, 201103345)				02:55.71(+70)
50m 00:39.13	39,13	100m 01:24.94	45,81	150m 02:11.94
47,00				
16. Max van Splunder (Het Y, 201200531)				02:55.96(+74)
50m 00:40.04	40,04	100m 01:25.82	45,78	150m 02:11.47
45,65				
17. Dewin Volker (OZ&PC, 201101935)				02:56.03(+69)
50m 00:38.81	38,81	100m 01:24.30	45,49	150m 02:11.14
46,84				
18. Laurens Steenaart (ZPCH, 201100829)				02:56.69(+74)
50m 00:38.97	38,97	100m 01:24.34	45,37	150m 02:10.16
45,82				
19. Izayah Castillo (Blue Marlins, 201100311)				02:56.70(+68)
50m 00:38.00	38,00	100m 01:22.23	44,23	150m 02:08.78
46,55				
20. Matthijs van Velzen (Deltasteur, 201100435)				02:57.62(+59)
50m 00:38.93	38,93	100m 01:25.15	46,22	150m 02:11.87
46,72				
21. Milan Eikenaar (SWOL 1894, 201100599)				02:57.84(+83)
50m 00:39.90	39,90	100m 01:24.95	45,05	150m 02:11.52
46,57				
22. Thijs Hoogveen (ZPC Woerden, 201100503)				02:58.27(+75)
50m 00:39.58	39,58	100m 01:24.50	44,92	150m 02:11.58
47,08				
23. Finn Knijnenburg (De Columbiaan, 201101319)				02:59.66(+64)
50m 00:39.96	39,96	100m 01:25.66	45,70	150m 02:12.43
46,77				
24. Dax Muijlaert (SG Octopus - ZVV, 201100535)				02:59.94(+65)
50m 00:40.47	40,47	100m 01:26.43	45,96	150m 02:13.51
47,08				
25. Jasper de Glopper (PSV, 201103019)				03:00.53(+79)
50m 00:40.78	40,78	100m 01:26.30	45,52	150m 02:12.98
46,68				
26. Thijs van Kints (BZ&PC, 201101059)				03:01.12(+84)
50m 00:40.03	40,03	100m 01:25.81	45,78	150m 02:14.77
48,96				
27. Yanniek Jager (Batavia Swim, 201100315)				03:01.86(+74)
50m 00:40.80	40,80	100m 01:28.02	47,22	150m 02:16.50
48,48				
28. Daan Mulder (KSN (SG), 201100267)				03:02.83(+85)
50m 00:41.29	41,29	100m 01:28.61	47,32	150m 02:15.79
47,18				
29. Leroy Maring (ZPC de Kanaalstreek, 201100307)				03:03.33(+77)
50m 00:41.32	41,32	100m 01:28.25	46,93	150m 02:16.38
48,13				
30. Mees Janssen (DSZ, 201102025)				03:03.38(+67)
50m 00:40.31	40,31	100m 01:26.30	45,99	150m 02:14.98
48,68				
31. Amor van der Veen (Dedemsvaart-AC, 201100197)				03:03.39(+71)
50m 00:40.68	40,68	100m 01:28.46	47,78	150m 02:16.63
48,17				
32. Toa Jahn (Het Y, 201201665)				03:04.25(+56)
50m 00:41.23	41,23	100m 01:29.75	48,52	150m 02:18.84
49,09				
33. Daan Overmars (OZ&PC, 201100027)				03:04.41(+68)
50m 00:40.93	40,93	100m 01:28.50	47,57	150m 02:17.30
48,80				
34. Charles Araysa (Zweamlust- den Hommel, 201201155)				03:04.74(+58)
50m 00:40.82	40,82	100m 01:28.15	47,33	150m 02:17.34
49,19				
35. Costijn van Elst (Blue Marlins, 201100317)				03:08.64(+75)
50m 00:40.33	40,33	100m 01:27.69	47,36	150m 02:18.05
50,36				
36. Tim Slagers (Aquapoldro, 201200263)				03:09.70(+78)
50m 00:43.31	43,31	100m 01:32.79	49,48	150m 02:22.35
49,56				
37. Stan Nijhuis (OZ&PC, 201100191)				03:11.83(+72)
50m 00:43.61	43,61	100m 01:32.17	48,56	150m 02:22.35
50,18				
38. Pieter de Jonge (Aqua-Novio'94, 201200211)				03:13.66(+73)
50m 00:43.40	43,40	100m 01:32.34	48,94	150m 02:22.75
50,41				

39. Adrian Janse van Rensburg (De Treffers, 201202261)	50m 00:44.78	44,78	100m 01:35.25	50,47	150m 02:25.44	50,19	03:14.97(+77)
40. Lars Thül (SWOL 1894, 201200119)	50m 00:44.84	44,84	100m 01:35.00	50,16	150m 02:26.20	51,20	03:17.62(+71)
18. 200m schoolslag - Heren							
12 - 15 jaar (Junioren)							
1. Luca Boorsma (De Dolfijn, 200902031)	50m 00:31.91	31,91	100m 01:08.54	36,63	150m 01:45.41	36,87	02:22.82(+60)
2. Ruben Baars (DWK, 200900471)	50m 00:31.95	31,95	100m 01:08.82	36,87	150m 01:46.97	38,15	02:26.38(+68)
3. Pieter van Oosten (Blue Marlins, 200903977)	50m 00:33.01	33,01	100m 01:10.44	37,43	150m 01:48.70	38,26	02:26.73(+65)
4. Fedor Sazonov (PSV, 200900707)	50m 00:33.74	33,74	100m 01:11.66	37,92	150m 01:50.96	39,30	02:30.56(+71)
5. Duco de Gelder (Blue Marlins, 201000217)	50m 00:33.67	33,67	100m 01:12.25	38,58	150m 01:51.67	39,42	02:30.70(+71)
6. Davi Fonseca Gomes (PSV, 200902795)	50m 00:34.92	34,92	100m 01:12.43	37,51	150m 01:51.66	39,23	02:30.81(+75)
7. Stefan van der Meer (VZC, 200901361)	50m 00:33.73	33,73	100m 01:12.73	39,00	150m 01:53.06	40,33	02:33.08(+62)
8. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:35.14	35,14	100m 01:14.33	39,19	150m 01:54.67	40,34	02:34.50(+65)
9. Adriaan Coppelmans (AZC, 200903243)	50m 00:34.68	34,68	100m 01:14.76	40,08	150m 01:55.43	40,67	02:34.64(+72)
10. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:34.47	34,47	100m 01:14.74	40,27	150m 01:55.65	40,91	02:36.47(+62)
11. Tristan Fredema (Blue Marlins, 200903699)	50m 00:35.58	35,58	100m 01:15.57	39,99	150m 01:56.37	40,80	02:37.14(+69)
12. Mathijs Boersma (ZPC Hoogeveen, 201000313)	50m 00:35.97	35,97	100m 01:16.28	40,31	150m 01:57.26	40,98	02:37.70(+85)
13. Thomas Nauta (Arethusa, 200900339)	50m 00:35.41	35,41	100m 01:15.47	40,06	150m 01:56.99	41,52	02:38.19(+69)
14. Dani Yefimov (OZ&PC, 200901305)	50m 00:34.88	34,88	100m 01:15.43	40,55	150m 01:57.80	42,37	02:38.43(+77)
15. Max van der Spank (PSV, 201000275)	50m 00:36.97	36,97	100m 01:17.73	40,76	150m 01:58.22	40,49	02:38.85(+69)
16. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	50m 00:35.67	35,67	100m 01:15.92	40,25	150m 01:57.51	41,59	02:38.93(+65)
17. Yahav Shalev (PSV, 200902093)	50m 00:35.25	35,25	100m 01:15.21	39,96	150m 01:56.98	41,77	02:39.08(+77)
18. Cayden Malone (De Dolfijn, 201002195)	50m 00:35.13	35,13	100m 01:15.35	40,22	150m 01:56.86	41,51	02:39.24(+65)
19. Finn Stamsnieder (OZ&PC, 200900225)	50m 00:36.03	36,03	100m 01:17.20	41,17	150m 01:58.80	41,60	02:40.25(+80)
20. Kris Westerhout (ZZ&PC De Devel, 201000883)	50m 00:36.20	36,20	100m 01:17.50	41,30	150m 01:59.49	41,99	02:40.44(+75)
21. Brian Arturo Bloemsma (De Dolfijn, 200901155)	50m 00:34.67	34,67	100m 01:14.84	40,17	150m 01:57.43	42,59	02:40.48(+63)
21. Hessel Wachter (Zwemclub Zeist, 200903337)	50m 00:35.50	35,50	100m 01:16.32	40,82	150m 01:58.10	41,78	02:40.48(+77)

23. Ruben Nooter (Dedemsvaart-AC, 200901577)		02:41.98(+63)
50m 00:34.86 34,86	100m 01:16.34 41,48	150m 01:59.65 43,31
24. Nathan Magava (De Dolfijn, 201003067)		02:42.01(+69)
50m 00:36.76 36,76	100m 01:17.67 40,91	150m 01:59.66 41,99
25. Roan van der Stege (SWOL 1894, 200900107)		02:42.20(+79)
50m 00:36.97 36,97	100m 01:18.56 41,59	150m 02:00.71 42,15
26. Mathieu Gepkens (VZC, 201000045)		02:42.25(+76)
50m 00:36.71 36,71	100m 01:18.40 41,69	150m 02:00.82 42,42
27. Cas Heylighen (Hellas-Glana, 200901327)		02:42.27(+61)
50m 00:35.56 35,56	100m 01:16.37 40,81	150m 01:58.83 42,46
27. Tygo van de Wal (DWK, 201001329)		02:42.27(+70)
50m 00:34.51 34,51	100m 01:15.61 41,10	150m 01:59.28 43,67
29. Sven Vette (De Bevelanders, 200900519)		02:42.86(+64)
50m 00:35.98 35,98	100m 01:17.85 41,87	150m 02:00.73 42,88
30. Thijmen Pruijssers (Hieronymus, 201000129)		02:42.93(+68)
50m 00:35.72 35,72	100m 01:17.59 41,87	150m 02:01.10 43,51
31. Jan Schouten (ZVL-1886, 200902305)		02:43.01(+80)
50m 00:35.53 35,53	100m 01:17.14 41,61	150m 01:59.56 42,42
32. Gerjan Berends (ZPC Hoogeveen, 200900169)		02:43.21(+67)
50m 00:35.70 35,70	100m 01:15.88 40,18	150m 01:58.38 42,50
33. Paul Ruitenbergh (De Geul, 200900979)		02:43.39(+73)
50m 00:35.61 35,61	100m 01:16.52 40,91	150m 02:00.06 43,54
34. Alexander van Nulck (ZEPS, 200902167)		02:43.49(+74)
50m 00:36.10 36,10	100m 01:17.49 41,39	150m 02:00.97 43,48
35. Nicolai Matla (PSV, 200901031)		02:43.56(+70)
50m 00:37.51 37,51	100m 01:18.81 41,30	150m 02:01.50 42,69
36. Bram Kulpe (Z&PV de Veene, 200900329)		02:44.66(+64)
50m 00:36.91 36,91	100m 01:18.91 42,00	150m 02:01.24 42,33
37. Tycho Wienbelt (De Vikings, 201001397)		02:46.09(+74)
50m 00:37.78 37,78	100m 01:19.86 42,08	150m 02:02.66 42,80
DIS. Kick Germers (SWOL 1894, 201000185)		00:00.00
19. 100m schoolslag - Dames		
12 - 13 jaar (Junioren 2 en 3)		
1. Yill van Bezouw (Hieronymus, 201100704)		01:13.85(+75)
50m 00:34.96 34,96		
2. Malin Roozeboom (WVZ, 201100006)		01:15.58(+72)
50m 00:36.37 36,37		
3. Vicky Horens (Hellas-Glana, 201200252)		01:16.09(+67)
50m 00:35.46 35,46		
4. Elin Reinstra (TriVia, 201100842)		01:18.09(+74)
50m 00:37.24 37,24		
5. Noa van Zalk (ZPC AMERSFOORT, 201102534)		01:18.55(+70)
50m 00:36.77 36,77		
6. Meike van der Klugt (WVZ, 201100808)		01:18.84(+79)
50m 00:37.17 37,17		
7. Odenza Soselisa (Blue Marlins, 201101780)		01:19.69(+75)
50m 00:37.38 37,38		
8. Romée Smit (MSV-Zeemacht, 201100438)		01:19.92(+72)
50m 00:38.71 38,71		

9. Sterre de Veen (Hellas-Glana, 201100086) 50m 00:37.85 37,85	01:19.96(+76)
10. Julia Bannatyne (BZ&PC, 201201020) 50m 00:38.07 38,07	01:20.70(+77)
11. Noa Spaans (De Dolfijn, 201100222) 50m 00:37.94 37,94	01:20.71(+71)
12. Alaine Dumont (De Watervogels, 201102140) 50m 00:37.56 37,56	01:20.85(+70)
13. Elle van Gemeren (DAW, 201100428) 50m 00:38.42 38,42	01:20.92(+70)
14. Anna Lepoutre (PSV, 201100534) 50m 00:37.88 37,88	01:21.25(+71)
15. Lola Verheijen (PSV, 201100832) 50m 00:38.26 38,26	01:21.47(+73)
16. Lobke Hempenius (HZ&PC Heerenveen, 201100522) 50m 00:38.71 38,71	01:21.72(+81)
17. Julia Ketelaars (Hellas-Glana, 201200028) 50m 00:39.05 39,05	01:21.90(+75)
18. Sara Creemers (Hellas-Glana, 201100242) 50m 00:38.78 38,78	01:21.99(+74)
19. Rozalia Diederiks (ZVL-1886, 201100904) 50m 00:39.24 39,24	01:22.32(+87)
20. Hanna Heller (ZPC AMERSFOORT, 201102730) 50m 00:39.23 39,23	01:22.39(+88)
21. Mette Hogenhuis (Zwemlust- den Hommel, 201101254) 50m 00:38.68 38,68	01:22.85(+85)
22. Morrison Schram (De Schelde, 201100686) 50m 00:39.46 39,46	01:22.94(+76)
23. Norell Kroeze (ZC Polaris, 201100378) 50m 00:39.83 39,83	01:24.32(+75)
24. Isabel Amelink (Deltasteur, 201100196) 50m 00:38.90 38,90	01:24.35(+75)
25. Milou Filemon (Blue Marlins, 201100078) 50m 00:40.25 40,25	01:24.40(+69)
26. Elke Kriesels (Hieronymus, 201100898) 50m 00:40.70 40,70	01:25.10(+78)
27. Ylène Zondervan (ZPC AMERSFOORT, 201200016) 50m 00:40.37 40,37	01:25.18(+80)
28. Esmee Reuver (ZC Polaris, 201100846) 50m 00:40.66 40,66	01:25.85(+72)
29. Esra Simon (Hellas-Glana, 201100004) 50m 00:41.72 41,72	01:26.09(+77)
30. Anouk Mulder (De Columbiaan, 201200962) 50m 00:41.35 41,35	01:26.46(+80)
31. Frédérique Nijziel (De Dolfijn, 201103114) 50m 00:40.00 40,00	01:26.78(+74)
32. Mattea Gliese-Slooijs (De Dinkel, 201100008) 50m 00:41.15 41,15	01:27.30(+83)
33. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	01:27.95(+81)

50m 00:41.36 41,36

34. Fanni Farkas (De Columbiaan, 201100360)	01:29.33(+75)
50m 00:41.19 41,19	
35. Pien Walstra (De Treffers, 201101034)	01:29.54(+78)
50m 00:43.31 43,31	
36. Alissa Rooijakkers (Z&PV Nuenen, 201101892)	01:29.68(+77)
50m 00:42.38 42,38	
37. Isabella Ekberg (ZPC AMERSFOORT, 201202206)	01:29.94(+79)
50m 00:41.84 41,84	
38. Simone Brobbel (SG Hoeksche Waard, 201200058)	01:30.64(+77)
50m 00:42.90 42,90	
39. Amila Mustafic (DZ&PC, 201200026)	01:34.67(+77)
50m 00:44.45 44,45	

Nummer: 3 - zaterdag 14 december 2024 om 15:30u (25 m)

Aanvangstijd juryvergadering: 14:30u

10. 100m vrije slag - Heren

12 - 15 jaar (Junioren)

1. Giulian Janssen (PSV, 200900125)	00:51.21(+64)
50m 00:24.86 24,86	
2. Ruben Baars (DWK, 200900471)	00:51.27(+68)
50m 00:24.61 24,61	
3. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	00:51.75(+72)
50m 00:25.14 25,14	
4. Mattia Maggio (Hellas-Glana, 200903311)	00:52.98(+62)
50m 00:25.32 25,32	
5. Theodore Allan (PSV, 200902925)	00:53.30(+60)
50m 00:25.31 25,31	
6. Wanne van Geest (ACZ, 200901425)	00:53.58(+78)
50m 00:25.27 25,27	
7. Pieter van Oosten (Blue Marlins, 200903977)	00:53.71(+63)
50m 00:25.67 25,67	
8. Martijn Nies (PSV, 200902095)	00:54.65(+75)
50m 00:25.86 25,86	

. Tobian Vos (ZPC AMERSFOORT, 200900005)

. Finn Eghuizen (HZ&PC Heerenveen, 200900431)

12. 100m schoolslag - Dames

12 - 15 jaar

1. Paula Spans (ZPC AMERSFOORT, 201000064)	01:10.59(+73)
50m 00:33.21 33,21	
2. Tess Vonk (De Geul, 200900024)	01:11.75(+64)
50m 00:34.06 34,06	
3. Robine Moot (ZPC AMERSFOORT, 200900330)	01:13.43(+76)
50m 00:34.44 34,44	
4. Amber Kunst (DAW, 200900680)	01:13.66(+68)
50m 00:34.07 34,07	
5. Fenna Zusterzeel (PSV, 201000008)	01:15.32(+68)
50m 00:34.56 34,56	
6. Anne Enabersen (ZPC AMERSFOORT, 201000044)	01:15.68(+71)

50m 00:34.78 34,78

7. Myrthe Stelten (Hellas-Glana, 200900234)

01:15.72(+74)

50m 00:35.26 35,26

8. Marre van der Wal (SG Bolsward-Workum, 201000046)

01:15.88(+68)

50m 00:35.51 35,51

. Annelie Batenburg (PSV, 201001962)

. Michelle van Hemert (PSV, 200901200)

20. 400m wisselslag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Kasper Lubbers (Orca Leeuwarden, 201100025)

05:04.46(+56)

50m 00:32.65 32,65 150m 01:49.13 39,44

250m 03:10.61 42,37

350m 04:29.92 35,14

100m 01:09.69 37,04 200m 02:28.24 39,11

300m 03:54.78 44,17

2. Laurens van Nulck (Hellas-Glana, 201100521)

05:05.70(+74)

50m 00:32.64 32,64 150m 01:51.80 41,09

250m 03:13.95 41,54

350m 04:32.56 35,18

100m 01:10.71 38,07 200m 02:32.41 40,61

300m 03:57.38 43,43

3. Ramon Vos (ZPC Hoogeveen, 201100051)

05:05.85(+77)

50m 00:32.42 32,42 150m 01:50.69 38,09

250m 03:13.61 45,47

350m 04:34.21 33,80

100m 01:12.60 40,18 200m 02:28.14 37,45

300m 04:00.41 46,80

4. Matthijs van Velzen (Deltasteur, 201100435)

05:05.93(+58)

50m 00:30.87 30,87 150m 01:49.18 39,46

250m 03:13.97 45,92

350m 04:34.54 33,99

100m 01:09.72 38,85 200m 02:28.05 38,87

300m 04:00.55 46,58

5. Douwe Enzerink (Deltasteur, 201102657)

05:14.13(+56)

50m 00:33.07 33,07 150m 01:54.79 41,78

250m 03:18.96 43,60

350m 04:39.36 34,99

100m 01:13.01 39,94 200m 02:35.36 40,57

300m 04:04.37 45,41

6. Nils Bellert (SG Octopus - ZVV, 201100347)

05:17.36(+72)

50m 00:32.02 32,02 150m 01:52.31 39,84

250m 03:18.38 47,70

350m 04:43.23 38,38

100m 01:12.47 40,45 200m 02:30.68 38,37

300m 04:04.85 46,47

7. Franzi Ziegler (DAW, 201100891)

05:17.71(+69)

50m 00:32.81 32,81 150m 01:51.94 41,38

250m 03:16.12 43,75

350m 04:40.26 39,02

100m 01:10.56 37,75 200m 02:32.37 40,43

300m 04:01.24 45,12

8. Amor van der Veen (Dedemsvaart-AC, 201100197)

05:19.67(+70)

50m 00:32.80 32,80 150m 01:52.92 38,81

250m 03:20.68 49,31

350m 04:45.58 36,17

100m 01:14.11 41,31 200m 02:31.37 38,45

300m 04:09.41 48,73

9. Giovanni Wolfgang (MSV-Zeemacht, 201100859)

05:19.69(+62)

50m 00:33.02 33,02 150m 01:53.93 39,93

250m 03:19.04 45,66

350m 04:43.91 37,74

100m 01:14.00 40,98 200m 02:33.38 39,45

300m 04:06.17 47,13

10. Jasper de Glopper (PSV, 201103019)

05:20.25(+75)

50m 00:33.54 33,54 150m 01:51.99 40,80

250m 03:19.87 48,21

350m 04:44.66 36,72

100m 01:11.19 37,65 200m 02:31.66 39,67

300m 04:07.94 48,07

11. Tim Slagers (Aquapoldro, 201200263)

05:22.36(+74)

50m 00:32.71 32,71 150m 01:54.25 42,26

250m 03:24.87 50,54

350m 04:48.65 35,27

100m 01:11.99 39,28 200m 02:34.33 40,08

300m 04:13.38 48,51

12. Luca Denkers (ZV New Wave Almere, 201202399)

05:22.88(+65)

50m 00:33.57 33,57 150m 01:56.10 42,42

250m 03:22.23 45,96

350m 04:47.57 38,31

100m 01:13.68 40,11 200m 02:36.27 40,17

300m 04:09.26 47,03

13. Lev Rudman (Blue Marlins, 201102343)

05:24.14(+67)

50m 00:31.08 31,08 150m 01:54.99 43,26

250m 03:23.81 46,12

350m 04:47.81 37,55

100m 01:11.73 40,65 200m 02:37.69 42,70

300m 04:10.26 46,45

14. Luca Monster (SG Hoeksche Waard, 201100343)

05:26.87(+70)

50m 00:32.38 32,38 150m 01:57.17 44,35

250m 03:25.37 44,64

350m 04:49.83 38,84

100m 01:12.82 40,44 200m 02:40.73 43,56

300m 04:10.99 45,62

15. Daan Overmars (OZ&PC, 201100027)

05:32.08(+74)

	50m 00:37.80 37,80	150m 02:04.98 40,25	250m 03:33.82 48,71	350m 04:57.65 35,25	
	100m 01:24.73 46,93	200m 02:45.11 40,13	300m 04:22.40 48,58		
16. Yanniek Jager (Batavia Swim, 201100315)					05:32.21(+68)
	50m 00:34.05 34,05	150m 01:58.51 42,90	250m 03:27.23 46,71	350m 04:53.56 38,65	
	100m 01:15.61 41,56	200m 02:40.52 42,01	300m 04:14.91 47,68		
17. Daan Mulder (KSN (SG), 201100267)					05:32.38(+78)
	50m 00:36.61 36,61	150m 02:03.92 41,60	250m 03:32.74 48,05	350m 04:57.48 36,60	
	100m 01:22.32 45,71	200m 02:44.69 40,77	300m 04:20.88 48,14		
18. Dax Muijlaert (SG Octopus - ZVV, 201100535)					05:32.63(+65)
	50m 00:33.88 33,88	150m 01:58.08 42,78	250m 03:29.63 50,80	350m 04:56.21 37,23	
	100m 01:15.30 41,42	200m 02:38.83 40,75	300m 04:18.98 49,35		
19. Max van Splunder (Het Y, 201200531)					05:33.08(+76)
	50m 00:37.18 37,18	150m 02:04.58 43,95	250m 03:32.69 46,29	350m 04:57.50 38,31	
	100m 01:20.63 43,45	200m 02:46.40 41,82	300m 04:19.19 46,50		
20. Ewan Krist (ZPCH, 201100549)					05:33.36(+80)
	50m 00:36.87 36,87	150m 02:03.30 42,66	250m 03:31.91 46,96	350m 04:57.79 39,17	
	100m 01:20.64 43,77	200m 02:44.95 41,65	300m 04:18.62 46,71		
21. Mees Janssen (DSZ, 201102025)					05:34.69(+68)
	50m 00:34.44 34,44	150m 02:00.19 41,81	250m 03:31.74 50,09	350m 04:59.98 37,87	
	100m 01:18.38 43,94	200m 02:41.65 41,46	300m 04:22.11 50,37		
22. Milan Eikenaar (SWOL 1894, 201100599)					05:36.52(+87)
	50m 00:35.44 35,44	150m 02:01.38 43,98	250m 03:31.23 49,09	350m 04:59.35 38,85	
	100m 01:17.40 41,96	200m 02:42.14 40,76	300m 04:20.50 49,27		
23. Costijn van Elst (Blue Marlins, 201100317)					05:36.99(+76)
	50m 00:34.97 34,97	150m 01:59.60 42,55	250m 03:31.01 50,48	350m 05:00.94 38,00	
	100m 01:17.05 42,08	200m 02:40.53 40,93	300m 04:22.94 51,93		
24. Mohiz Zahir (De Dolfijn, 201102139)					05:37.34(+75)
	50m 00:36.86 36,86	150m 02:04.67 43,32	250m 03:33.67 46,04	350m 04:59.59 38,85	
	100m 01:21.35 44,49	200m 02:47.63 42,96	300m 04:20.74 47,07		
25. Stan Nijhuis (OZ&PC, 201100191)					05:37.59(+77)
	50m 00:38.87 38,87	150m 02:03.22 38,69	250m 03:33.00 49,13	350m 05:00.93 38,21	
	100m 01:24.53 45,66	200m 02:43.87 40,65	300m 04:22.72 49,72		
26. Joep Lindhout (Niemo Barracuda, 201100873)					05:37.63(+75)
	50m 00:36.98 36,98	150m 02:02.66 42,27	250m 03:32.37 48,06	350m 05:02.35 41,45	
	100m 01:20.39 43,41	200m 02:44.31 41,65	300m 04:20.90 48,53		
27. Thijs van Kints (BZ&PC, 201101059)					05:37.91(+86)
	50m 00:37.84 37,84	150m 02:08.58 44,21	250m 03:39.31 46,68	350m 05:03.25 36,22	
	100m 01:24.37 46,53	200m 02:52.63 44,05	300m 04:27.03 47,72		
28. Leroy Maring (ZPC de Kanaalstreek, 201100307)					05:39.63(+76)
	50m 00:35.07 35,07	150m 02:04.65 45,29	250m 03:37.62 49,61	350m 05:04.30 38,08	
	100m 01:19.36 44,29	200m 02:48.01 43,36	300m 04:26.22 48,60		
29. Finn Knijnenburg (De Columbiaan, 201101319)					05:40.39(+73)
	50m 00:36.93 36,93	150m 02:05.09 42,78	250m 03:35.69 49,79	350m 05:03.35 38,43	
	100m 01:22.31 45,38	200m 02:45.90 40,81	300m 04:24.92 49,23		
30. Sander de Bruin (ZZ&PC De Devel, 201100617)					05:40.63(+66)
	50m 00:34.82 34,82	150m 02:03.97 44,46	250m 03:34.37 46,52	350m 05:03.23 40,40	
	100m 01:19.51 44,69	200m 02:47.85 43,88	300m 04:22.83 48,46		
31. Pieter de Jonge (Aqua-Novio'94, 201200211)					05:41.14(+78)
	50m 00:34.01 34,01	150m 01:55.69 42,88	250m 03:31.24 52,28	350m 05:03.85 40,06	
	100m 01:12.81 38,80	200m 02:38.96 43,27	300m 04:23.79 52,55		
32. Dewin Volker (OZ&PC, 201101935)					05:41.58(+67)
	50m 00:37.84 37,84	150m 02:06.60 42,58	250m 03:37.28 48,15	350m 05:04.74 38,98	
	100m 01:24.02 46,18	200m 02:49.13 42,53	300m 04:25.76 48,48		
33. Nout de Roo (Blue Marlins, 201103345)					05:41.71(+63)

	50m 00:36.57 36,57	150m 02:05.46 46,56	250m 03:40.09 47,87	350m 05:06.76 38,77	
	100m 01:18.90 42,33	200m 02:52.22 46,76	300m 04:27.99 47,90		
34. Laurens Steenaart (ZPCH, 201100829)					05:42.47(+76)
	50m 00:37.32 37,32	150m 02:04.66 43,40	250m 03:35.33 46,73	350m 05:04.65 39,98	
	100m 01:21.26 43,94	200m 02:48.60 43,94	300m 04:24.67 49,34		
35. Toa Jahn (Het Y, 201201665)					05:43.39(+56)
	50m 00:35.76 35,76	150m 02:05.59 44,10	250m 03:38.70 49,39	350m 05:07.67 39,10	
	100m 01:21.49 45,73	200m 02:49.31 43,72	300m 04:28.57 49,87		
36. Adrian Janse van Rensburg (De Treffers, 201202261)					05:44.68(+74)
	50m 00:36.00 36,00	150m 02:02.16 41,61	250m 03:35.32 53,00	350m 05:06.50 39,35	
	100m 01:20.55 44,55	200m 02:42.32 40,16	300m 04:27.15 51,83		
37. Lars Thül (SWOL 1894, 201200119)					05:47.62(+71)
	50m 00:37.04 37,04	150m 02:05.29 43,48	250m 03:39.48 52,26	350m 05:10.35 38,64	
	100m 01:21.81 44,77	200m 02:47.22 41,93	300m 04:31.71 52,23		
38. Thijs Hoogeveen (ZPC Woerden, 201100503)					05:53.03(+78)
	50m 00:39.49 39,49	150m 02:17.23 46,94	250m 03:47.15 45,22	350m 05:14.43 39,44	
	100m 01:30.29 50,80	200m 03:01.93 44,70	300m 04:34.99 47,84		
39. Charles Araysa (Zwemlust- den Hommel, 201201155)					05:58.16(+57)
	50m 00:36.63 36,63	150m 02:09.44 46,28	250m 03:44.64 49,24	350m 05:17.63 41,60	
	100m 01:23.16 46,53	200m 02:55.40 45,96	300m 04:36.03 51,39		
DIS. Izayah Castillo (Blue Marlins, 201100311)					00:00.00
21. 100m vlinderslag - Dames					
12 - 13 jaar (Junioren 2 en 3)					
1. Frédérique Nijziel (De Dolfijn, 201103114)					01:04.05(+75)
	50m 00:29.78 29,78				
2. Yill van Bezouw (Hieronymus, 201100704)					01:05.67(+75)
	50m 00:30.83 30,83				
3. Odenza Sotelisa (Blue Marlins, 201101780)					01:06.72(+72)
	50m 00:30.71 30,71				
4. Lola Verheijen (PSV, 201100832)					01:06.89(+73)
	50m 00:30.99 30,99				
5. Noa van Zalk (ZPC AMERSFOORT, 201102534)					01:08.02(+69)
	50m 00:31.62 31,62				
6. Elke Kriesels (Hieronymus, 201100898)					01:09.18(+81)
	50m 00:32.84 32,84				
7. Anna Lepoutre (PSV, 201100534)					01:09.60(+74)
	50m 00:32.02 32,02				
8. Romée Smit (MSV-Zeemacht, 201100438)					01:09.87(+77)
	50m 00:33.43 33,43				
9. Julia Bannatyne (BZ&PC, 201201020)					01:10.47(+76)
	50m 00:33.29 33,29				
10. Malin Roozeboom (WVZ, 201100006)					01:10.48(+77)
	50m 00:32.93 32,93				
11. Esra Simon (Hellas-Glana, 201100004)					01:11.44(+82)
	50m 00:33.95 33,95				
12. Julia Ketelaars (Hellas-Glana, 201200028)					01:11.62(+81)
	50m 00:33.66 33,66				
13. Elin Reinstra (TriVia, 201100842)					01:11.72(+79)
	50m 00:34.10 34,10				
14. Fanni Farkas (De Columbiaan, 201100360)					01:11.98(+74)
	50m 00:33.07 33,07				

15. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	01:12.85(+79)
50m 00:33.32 33,32	
16. Alaine Dumont (De Watervogels, 201102140)	01:13.44(+72)
50m 00:33.34 33,34	
17. Elle van Gemeren (DAW, 201100428)	01:13.49(+70)
50m 00:34.80 34,80	
18. Milou Filemon (Blue Marlins, 201100078)	01:13.57(+72)
50m 00:34.69 34,69	
19. Simone Brobbel (SG Hoeksche Waard, 201200058)	01:13.93(+78)
50m 00:34.41 34,41	
20. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	01:14.27(+76)
50m 00:34.38 34,38	
21. Amila Mustafic (DZ&PC, 201200026)	01:14.67(+73)
50m 00:34.47 34,47	
22. Anouk Mulder (De Columbiaan, 201200962)	01:15.18(+81)
50m 00:35.26 35,26	
23. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	01:16.08(+76)
50m 00:35.05 35,05	
24. Mette Hogenhuis (Zweamlust- den Hommel, 201101254)	01:16.11(+84)
50m 00:35.00 35,00	
25. Norell Kroeze (ZC Polaris, 201100378)	01:16.35(+77)
50m 00:34.84 34,84	
26. Noa Spaans (De Dolfijn, 201100222)	01:17.13(+70)
50m 00:35.34 35,34	
27. Hanna Heller (ZPC AMERSFOORT, 201102730)	01:17.58(+88)
50m 00:34.76 34,76	
28. Rozalia Diederiks (ZVL-1886, 201100904)	01:17.76(+82)
50m 00:35.33 35,33	
29. Sterre de Veen (Hellas-Glana, 201100086)	01:17.84(+77)
50m 00:34.11 34,11	
30. Meike van der Klugt (WVZ, 201100808)	01:18.06(+83)
50m 00:35.76 35,76	
31. Alissa Rooijakkers (Z&PV Nuenen, 201101892)	01:18.11(+75)
50m 00:35.69 35,69	
32. Isabella Ekberg (ZPC AMERSFOORT, 201202206)	01:18.52(+87)
50m 00:36.17 36,17	
33. Pien Walstra (De Treffers, 201101034)	01:18.55(+75)
50m 00:36.35 36,35	
34. Mattea Gliese-Slooijs (De Dinkel, 201100008)	01:18.57(+82)
50m 00:36.00 36,00	
35. Isabel Amelink (Deltasteur, 201100196)	01:19.21(+75)
50m 00:34.95 34,95	
36. Morrison Schram (De Schelde, 201100686)	01:19.78(+78)
50m 00:36.80 36,80	
37. Sara Creemers (Hellas-Glana, 201100242)	01:21.81(+75)
50m 00:37.46 37,46	
38. Esmee Reuver (ZC Polaris, 201100846)	01:22.78(+68)
50m 00:37.61 37,61	
39. Vicky Horens (Hellas-Glana, 201200252)	01:24.11(+71)

50m 00:35.45 35,45

15. 100m rugslag - Heren

12 - 15 jaar (Junioren)

- | | |
|--|----------------|
| 1. Luca Boorsma (De Dolfijn, 200902031) | 00:57.47 (+55) |
| 50m 00:27.21 27,21 | |
| 2. Mattia Maggio (Hellas-Glana, 200903311) | 00:57.55 (+55) |
| 50m 00:26.99 26,99 | |
| 3. Adriaan Coppelmans (AZC, 200903243) | 00:59.94 (+54) |
| 50m 00:28.73 28,73 | |
| 4. Feddo Smink (ZPC AMERSFOORT, 200900007) | 01:00.14 (+62) |
| 50m 00:28.77 28,77 | |
| 5. Tobian Vos (ZPC AMERSFOORT, 200900005) | 01:01.47 (+72) |
| 50m 00:29.23 29,23 | |
| 6. Brent Schiffers (ZPC Woerden, 200902041) | 01:01.74 (+72) |
| 50m 00:30.04 30,04 | |
| 7. Ivo Bot (Wiekslag, 200900509) | 01:02.04 (+62) |
| 50m 00:29.35 29,35 | |
| 8. Duuk Harms (Dedemsvaart-AC, 200900201) | 01:02.12 (+70) |
| 50m 00:29.76 29,76 | |
| . Gwee Bokma (Zwemlust- den Hommel, 201002259) | |
| . Mike Hilders (De Dolfijn, 200900281) | |

16. 100m vlinderslag - Dames

12 - 15 jaar

- | | |
|---|----------------|
| 1. Ilona Weisz (ZPC AMERSFOORT, 201004146) | 01:02.69 (+73) |
| 50m 00:29.58 29,58 | |
| 2. Juliëtte Woltjes (VZC, 200900774) | 01:02.76 (+79) |
| 50m 00:29.60 29,60 | |
| 3. Elin Ditewig (VZC, 200900392) | 01:03.91 (+67) |
| 50m 00:29.87 29,87 | |
| 4. Elin Brinkhof (De Dolfijn, 200900078) | 01:04.60 (+76) |
| 50m 00:30.20 30,20 | |
| 5. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) | 01:04.99 (+71) |
| 50m 00:30.27 30,27 | |
| 6. Lotte Lübbers (KSN (SG), 200900190) | 01:05.68 (+68) |
| 50m 00:30.50 30,50 | |
| 7. Yaell Elmerink (ZPC De Hof, 200900310) | 01:05.72 (+78) |
| 50m 00:30.69 30,69 | |
| 8. Tara Langkamp (Aqua-Novio'94, 200900362) | 01:07.08 (+72) |
| 50m 00:30.57 30,57 | |
| . Mariia Kostina (Blue Marlins, 201002042) | |
| . Julia Dąbrowska (Blue Marlins, 201000300) | |

22. 50m vrije slag - Heren

12 - 15 jaar (Junioren)

- | | |
|--|----------------|
| 1. Ruben Baars (DWK, 200900471) | 00:23.24 (+64) |
| 2. Giulian Janssen (PSV, 200900125) | 00:23.47 (+59) |
| 3. Felbe van 't Land (ZPC AMERSFOORT, 200900027) | 00:23.80 (+68) |
| 4. Luca Boorsma (De Dolfijn, 200902031) | 00:24.20 (+58) |

5. Mattia Maggio (Hellas-Glana, 200903311)	00:24.34(+61)
6. Theodore Allan (PSV, 200902925)	00:24.46(+58)
7. Wanne van Geest (ACZ, 200901425)	00:24.95(+80)
8. Sven Casper Hageman (Steenwijk 1934, 201000009)	00:25.06(+60)
9. Tariq van Laar (De Rijn, 200900819)	00:25.36(+62)
10. Tobian Vos (ZPC AMERSFOORT, 200900005)	00:25.39(+71)
11. Pieter van Oosten (Blue Marlins, 200903977)	00:25.42(+67)
12. Nick Vodde (AZ&PC De Futen, 201002211)	00:25.47(+65)
13. Sven Vette (De Bevelanders, 200900519)	00:25.49(+71)
14. Neo Reiber (Feijenoord Albion, 200900699)	00:25.52(+60)
15. Gerjan Berends (ZPC Hoogeveen, 200900169)	00:25.56(+68)
16. Jelte de Jong (ZPCH, 200900975)	00:25.60(+69)
16. Myron Artemenko (Niemo Barracuda, 201003021)	00:25.60(+71)
18. Juan Cruz Slappendel (Orca Leeuwarden, 200903053)	00:25.71(+65)
19. Bink Elgersma (Zwemlust- den Hommel, 201000137)	00:25.76(+74)
20. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	00:25.78(+69)
21. Wessel van Dorst (Aqua-Novio'94, 200900727)	00:25.79(+68)
22. Cayden Malone (De Dolfijn, 201002195)	00:25.86(+64)
23. Roan van der Stege (SWOL 1894, 200900107)	00:25.88(+65)
24. Ruben Nooter (Dedemsvaart-AC, 200901577)	00:25.91(+62)
25. Joey Snabel (ZPC AMERSFOORT, 201002847)	00:26.00(+67)
26. Stefan van der Meer (VZC, 200901361)	00:26.01(+60)
27. Philip Visser (Het Y, 200901325)	00:26.14(+61)
28. Thygo van de Peppel (Blue Marlins, 200901101)	00:26.15(+71)
28. Daequan Ramos (ZPC Hoogeveen, 200901709)	00:26.15(+69)
28. Ivo Bot (Wiekslag, 200900509)	00:26.15(+68)
31. Dinand Kop (DAW, 200901001)	00:26.17(+60)
32. Davi Fonseca Gomes (PSV, 200902795)	00:26.20(+77)
33. Martijn Nies (PSV, 200902095)	00:26.26(+74)
33. Brent Schiffllers (ZPC Woerden, 200902041)	00:26.26(+68)
35. Ruah Kes (De Dolfijn, 200904001)	00:26.27(+72)
36. Finn Stamsnieder (OZ&PC, 200900225)	00:26.28(+75)
37. Bink de Vries (AZC, 200901887)	00:26.29(+68)
38. Duco de Gelder (Blue Marlins, 201000217)	00:26.30(+71)
38. Ties Hesse (Team Noord Holland, 200901015)	00:26.30(+70)
40. Niek Endeman (Deltasteur, 200902567)	00:26.31(+68)
41. Henry Watson (De Dolfijn, 201001703)	00:26.34(+66)
42. Luca de Vries (Team Noord Holland, 200902787)	00:26.38(+69)
42. Abel op den Velde (De Duinkickers, 201000079)	00:26.38(+75)

44. Gwee Bokma (Zwemlust- den Hommel, 201002259)	00:26.40(+ 69)
45. Paul Ruitenbergh (De Geul, 200900979)	00:26.42(+ 70)
46. Steven Knol (De Otters Het Gooi, 200900543)	00:26.54(+ 61)
47. Dhamin Ouali (SWOL 1894, 200902771)	00:26.55(+ 71)
48. Ruben Kragt (Dedemsvaart-AC, 201000007)	00:26.56(+ 64)
49. Sven Potappel (DWK, 201000127)	00:26.63(+ 68)
50. Jan Schouten (ZVL-1886, 200902305)	00:26.64(+ 79)
51. Sacha van Hees Ajdnik (ZEPS, 200900489)	00:26.66(+ 71)
51. Alexander van der Maaten (Blue Marlins, 200903251)	00:26.66(+ 60)
53. Art Jin van der Ent (Blue Marlins, 200903785)	00:26.67(+ 71)
54. Justen Beekman (HZPC, 200900765)	00:26.74(+ 66)
54. Lucas Schouten (ZPCH, 200901925)	00:26.74(+ 69)
56. Sven Buijs (Hieronymus, 200902853)	00:26.76(+ 68)
57. Finn Hilders (De Dolfijn, 200900283)	00:26.77(+ 64)
58. Baris Tomu (ZPCH, 201000869)	00:26.78(+ 64)
59. Teije ter Bekke (Zwemclub Zeist, 200901789)	00:26.85(+ 68)
60. Siem Faber (Batavia Swim, 200900065)	00:26.87(+ 63)
61. Avery Arrindell (ACZ, 200902655)	00:26.96(+ 74)
62. Aidan van der Stelt (Blue Marlins, 200900901)	00:26.98(+ 71)
63. Thijs Jonkman (De Duck, 201000481)	00:26.99(+ 70)
64. Ruben de Vries (Wetterwille, 200900517)	00:27.05(+ 71)
65. Tije Hempenius (HZ&PC Heerenveen, 200901365)	00:27.10(+ 69)
66. Twan Wielage (KSN (SG), 200902671)	00:27.13(+ 70)
67. Tristan Fredema (Blue Marlins, 200903699)	00:27.16(+ 70)
68. Nathan Magava (De Dolfijn, 201003067)	00:27.24(+ 66)
69. Thom Veldhoen (ZZ&PC De Devel, 200901159)	00:27.32(+ 65)
70. Sascha Timmer (AZC, 200902987)	00:27.56(+ 60)
23. 200m vrije slag - Dames	
<i>12 - 15 jaar</i>	
1. Ilona Weisz (ZPC AMERSFOORT, 201004146)	02:04.17(+ 72)
50m 00:29.33 29,33 100m 01:01.26 31,93 150m 01:33.40 32,14	
2. Juliëtte Woltjes (VZC, 200900774)	02:04.25(+ 77)
50m 00:29.59 29,59 100m 01:01.69 32,10 150m 01:33.49 31,80	
3. Fenna Westerneng (DZ&PC, 200900070)	02:04.90(+ 72)
50m 00:29.44 29,44 100m 01:01.79 32,35 150m 01:34.12 32,33	
4. Bregje Dekkers (PSV, 200900746)	02:05.93(+ 72)
50m 00:29.62 29,62 100m 01:01.49 31,87 150m 01:33.62 32,13	
5. Madeleine Bertram (De Dolfijn, 200900516)	02:07.90(+ 74)
50m 00:29.33 29,33 100m 01:01.29 31,96 150m 01:34.70 33,41	
6. Lotte Lübbers (KSN (SG), 200900190)	02:09.03(+ 70)
50m 00:30.29 30,29 100m 01:03.13 32,84 150m 01:36.87 33,74	
7. Kinley Cole (PSV, 200903696)	02:10.54(+ 67)

	50m 00:29.81 29,81	100m 01:03.52 33,71	150m 01:37.50 33,98	
8. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:29.17 29,17	100m 01:02.07 32,90	150m 01:35.97 33,90	02:10.55(+76)
9. Nina van der Schrier (AZC, 201000444)	50m 00:29.84 29,84	100m 01:03.15 33,31	150m 01:37.10 33,95	02:10.59(+71)
10. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	50m 00:29.78 29,78	100m 01:01.88 32,10	150m 01:35.76 33,88	02:10.90(+74)
11. Fenne Metten (ZPC AMERSFOORT, 201000102)	50m 00:29.57 29,57	100m 01:02.80 33,23	150m 01:36.88 34,08	02:11.03(+75)
12. Breanna Belmar (Blue Marlins, 201004068)	50m 00:30.23 30,23	100m 01:03.48 33,25	150m 01:37.14 33,66	02:11.57(+74)
13. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	50m 00:30.08 30,08	100m 01:03.78 33,70	150m 01:37.52 33,74	02:11.76(+80)
14. Dewi Meijer (De Dolfijn, 201000302)	50m 00:31.10 31,10	100m 01:04.78 33,68	150m 01:38.83 34,05	02:12.16(+75)
15. Jaydee Leenders (Aqua-Novio'94, 200900112)	50m 00:30.22 30,22	100m 01:03.46 33,24	150m 01:37.94 34,48	02:12.79(+71)
16. Simone Faber (Deltasteur, 200900710)	50m 00:30.47 30,47	100m 01:05.04 34,57	150m 01:39.42 34,38	02:12.80(+72)
17. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)	50m 00:31.28 31,28	100m 01:05.64 34,36	150m 01:41.09 35,45	02:13.08(+82)
18. Suuz Griekspoor (Noordwijkerhout, 200901204)	50m 00:30.41 30,41	100m 01:04.40 33,99	150m 01:39.16 34,76	02:13.44(+73)
19. Ilse Jongepier (TriVia, 201000006)	50m 00:30.57 30,57	100m 01:04.15 33,58	150m 01:38.87 34,72	02:13.70(+81)
20. Elin Brinkhof (De Dolfijn, 200900078)	50m 00:31.10 31,10	100m 01:04.29 33,19	150m 01:39.29 35,00	02:13.82(+78)
21. Puck van Wees (De Dolfijn, 200901020)	50m 00:31.21 31,21	100m 01:05.75 34,54	150m 01:40.32 34,57	02:13.83(+76)
22. Raegan Belmar (Blue Marlins, 201004070)	50m 00:29.48 29,48	100m 01:02.62 33,14	150m 01:38.04 35,42	02:13.85(+78)
23. Erin de Jong (GZC DONK, 201000024)	50m 00:30.34 30,34	100m 01:04.23 33,89	150m 01:39.20 34,97	02:14.44(+83)
24. Charlotte Landman (CWW Swimteam, 200901290)	50m 00:30.25 30,25	100m 01:04.27 34,02	150m 01:39.67 35,40	02:14.48(+76)
25. Karlijn van der Schrier (Hieronymus, 200900834)	50m 00:30.57 30,57	100m 01:04.83 34,26	150m 01:40.50 35,67	02:14.91(+72)
26. Julia Dąbrowska (Blue Marlins, 201000300)	50m 00:30.00 30,00	100m 01:04.52 34,52	150m 01:39.85 35,33	02:15.01(+69)
27. Amber Kunst (DAW, 200900680)	50m 00:30.32 30,32	100m 01:05.09 34,77	150m 01:40.34 35,25	02:15.12(+72)
28. Yaell Elmerink (ZPC De Hof, 200900310)	50m 00:31.23 31,23	100m 01:05.51 34,28	150m 01:40.53 35,02	02:15.15(+79)
29. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:30.53 30,53	100m 01:04.63 34,10	150m 01:40.59 35,96	02:15.42(+76)
29. Nina Tetteroo (De Columbiaan, 201000048)	50m 00:31.03 31,03	100m 01:05.24 34,21	150m 01:40.39 35,15	02:15.42(+73)
31. Mariia Kostina (Blue Marlins, 201002042)	50m 00:30.47 30,47	100m 01:05.00 34,53	150m 01:40.74 35,74	02:15.61(+77)

32. Tara Langkamp (Aqua-Novio'94, 200900362)	02:15.95(+71)
50m 00:30.32 30,32 100m 01:04.82 34,50 150m 01:40.94 36,12	
33. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	02:16.07(+77)
50m 00:30.53 30,53 100m 01:04.24 33,71 150m 01:39.96 35,72	
34. Myla Klaassen (Aqua-Novio'94, 200900110)	02:16.61(+61)
50m 00:30.43 30,43 100m 01:04.90 34,47 150m 01:40.92 36,02	
35. Emma Steenbrink (OZ&PC, 200901376)	02:16.80(+70)
50m 00:31.23 31,23 100m 01:05.45 34,22 150m 01:41.46 36,01	
36. Florian Pot (OZ&PC, 201000768)	02:17.23(+77)
50m 00:31.43 31,43 100m 01:06.14 34,71 150m 01:41.84 35,70	
37. Marre van der Wal (SG Bolsward-Workum, 201000046)	02:18.13(+68)
50m 00:31.98 31,98 100m 01:07.06 35,08 150m 01:42.61 35,55	
38. Karlijn Siderius (DWK, 200900032)	02:20.44(+82)
50m 00:32.30 32,30 100m 01:08.10 35,80 150m 01:44.22 36,12	
24. 100m rugslag - Heren	
12 - 13 jaar (Junioren 1 en 2)	
1. Amor van der Veen (Dedemsvaart-AC, 201100197)	01:03.87(+67)
50m 00:30.64 30,64	
2. Ramon Vos (ZPC Hoogeveen, 201100051)	01:05.73(+64)
50m 00:32.03 32,03	
3. Adrian Janse van Rensburg (De Treffers, 201202261)	01:07.15(+64)
50m 00:33.32 33,32	
4. Matthijs van Velzen (Deltasteur, 201100435)	01:07.20(+64)
50m 00:32.61 32,61	
5. Dax Muijlaert (SG Octopus - ZVV, 201100535)	01:08.08(+56)
50m 00:32.62 32,62	
6. Giovanni Wolfgang (MSV-Zeemacht, 201100859)	01:08.18(+63)
50m 00:33.09 33,09	
7. Nils Bellert (SG Octopus - ZVV, 201100347)	01:08.44(+72)
50m 00:33.62 33,62	
8. Franzi Ziegler (DAW, 201100891)	01:08.69(+67)
50m 00:33.75 33,75	
9. Tim Slagers (Aquapoldro, 201200263)	01:09.00(+79)
50m 00:34.28 34,28	
10. Daan Overmars (OZ&PC, 201100027)	01:09.39(+71)
50m 00:33.47 33,47	
11. Mees Janssen (DSZ, 201102025)	01:09.43(+60)
50m 00:33.36 33,36	
12. Costijn van Elst (Blue Marlins, 201100317)	01:09.80(+76)
50m 00:33.36 33,36	
13. Kasper Lubbers (Orca Leeuwarden, 201100025)	01:10.49(+65)
50m 00:35.01 35,01	
14. Luca Denkers (ZV New Wave Almere, 201202399)	01:10.96(+69)
50m 00:34.31 34,31	
15. Milan Eikenaar (SWOL 1894, 201100599)	01:11.10(+86)
50m 00:34.23 34,23	
16. Douwe Enzerink (Deltasteur, 201102657)	01:12.58(+74)
50m 00:34.83 34,83	
17. Joep Lindhout (Niemo Barracuda, 201100873)	01:12.71(+65)

50m 00:35.22 35,22	
18. Pieter de Jonge (Aqua-Novio'94, 201200211) 50m 00:35.39 35,39	01:12.75(+58)
19. Yanniek Jager (Batavia Swim, 201100315) 50m 00:36.02 36,02	01:12.76(+74)
20. Laurens van Nulck (Hellas-Glana, 201100521) 50m 00:35.79 35,79	01:12.80(+82)
21. Daan Mulder (KSN (SG), 201100267) 50m 00:35.17 35,17	01:12.81(+70)
22. Sander de Bruin (ZZ&PC De Devel, 201100617) 50m 00:35.24 35,24	01:13.48(+72)
23. Ewan Krist (ZPCH, 201100549) 50m 00:35.84 35,84	01:13.85(+74)
24. Stan Nijhuis (OZ&PC, 201100191) 50m 00:35.74 35,74	01:13.92(+76)
25. Luca Monster (SG Hoeksche Waard, 201100343) 50m 00:35.64 35,64	01:13.99(+63)
26. Finn Knijnenburg (De Columbiaan, 201101319) 50m 00:35.96 35,96	01:14.15(+63)
27. Leroy Maring (ZPC de Kanaalstreek, 201100307) 50m 00:36.24 36,24	01:14.29(+71)
28. Lev Rudman (Blue Marlins, 201102343) 50m 00:34.88 34,88	01:14.32(+69)
29. Dewin Volker (OZ&PC, 201101935) 50m 00:36.44 36,44	01:14.55(+62)
30. Max van Splunder (Het Y, 201200531) 50m 00:36.57 36,57	01:14.66(+71)
31. Charles Araysa (Zwemlust- den Hommel, 201201155) 50m 00:35.60 35,60	01:14.67(+64)
32. Jasper de Glopper (PSV, 201103019) 50m 00:36.51 36,51	01:14.75(+83)
33. Laurens Steenaart (ZPCH, 201100829) 50m 00:37.08 37,08	01:16.08(+79)
34. Thijs van Kints (BZ&PC, 201101059) 50m 00:37.16 37,16	01:16.69(+81)
35. Izayah Castillo (Blue Marlins, 201100311) 50m 00:35.89 35,89	01:17.02(+72)
36. Toa Jahn (Het Y, 201201665) 50m 00:38.46 38,46	01:18.84(+64)
37. Nout de Roo (Blue Marlins, 201103345) 50m 00:38.34 38,34	01:18.86(+66)
38. Thijs Hoogeveen (ZPC Woerden, 201100503) 50m 00:37.08 37,08	01:18.93(+75)
39. Lars Thül (SWOL 1894, 201200119) 50m 00:38.45 38,45	01:20.28(+76)
DIS. Mohiz Zahir (De Dolfijn, 201102139)	00:00.00
25. 200m wisselslag - Heren 12 - 15 jaar (Junioren)	
1. Martijn Nies (PSV, 200902095)	02:10.17(+74)

	50m 00:27.95 27,95	100m 01:01.76 33,81	150m 01:40.35 38,59	
2. Giulian Janssen (PSV, 200900125)	50m 00:27.56 27,56	100m 01:02.64 35,08	150m 01:41.10 38,46	02:10.52(+63)
3. Luca Boorsma (De Dolfijn, 200902031)	50m 00:28.15 28,15	100m 01:01.67 33,52	150m 01:40.85 39,18	02:12.62(+57)
4. Jelte de Jong (ZPCH, 200900975)	50m 00:28.16 28,16	100m 01:01.62 33,46	150m 01:42.36 40,74	02:13.81(+72)
5. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:28.51 28,51	100m 01:03.26 34,75	150m 01:44.00 40,74	02:14.66(+63)
6. Stefan van der Meer (VZC, 200901361)	50m 00:29.32 29,32	100m 01:04.42 35,10	150m 01:43.87 39,45	02:14.96(+62)
7. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:28.04 28,04	100m 01:02.47 34,43	150m 01:44.59 42,12	02:15.09(+63)
8. Pieter van Oosten (Blue Marlins, 200903977)	50m 00:29.19 29,19	100m 01:06.35 37,16	150m 01:44.25 37,90	02:15.95(+65)
9. Adriaan Coppelmans (AZC, 200903243)	50m 00:30.07 30,07	100m 01:05.69 35,62	150m 01:45.57 39,88	02:16.59(+69)
10. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:29.93 29,93	100m 01:05.10 35,17	150m 01:47.05 41,95	02:17.04(+71)
11. Fedor Sazonov (PSV, 200900707)	50m 00:30.27 30,27	100m 01:05.88 35,61	150m 01:44.90 39,02	02:17.07(+73)
12. Mike Hilders (De Dolfijn, 200900281)	50m 00:29.73 29,73	100m 01:04.21 34,48	150m 01:45.05 40,84	02:17.28(+71)
13. Duco de Gelder (Blue Marlins, 201000217)	50m 00:30.99 30,99	100m 01:05.73 34,74	150m 01:45.42 39,69	02:18.25(+70)
14. Sverre van der Zwaan (WVZ, 200900737)	50m 00:30.16 30,16	100m 01:05.42 35,26	150m 01:47.23 41,81	02:19.37(+72)
15. Wanne van Geest (ACZ, 200901425)	50m 00:28.48 28,48	100m 01:04.54 36,06	150m 01:46.27 41,73	02:19.40(+77)
16. Ivo Bot (Wiekslag, 200900509)	50m 00:29.41 29,41	100m 01:04.25 34,84	150m 01:46.72 42,47	02:19.80(+72)
17. Ruben Kragt (Dedemsvaart-AC, 201000007)	50m 00:30.32 30,32	100m 01:06.28 35,96	150m 01:48.29 42,01	02:20.24(+66)
18. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:31.06 31,06	100m 01:06.82 35,76	150m 01:48.92 42,10	02:20.29(+62)
19. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:31.44 31,44	100m 01:06.40 34,96	150m 01:48.56 42,16	02:20.41(+69)
20. Davi Fonseca Gomes (PSV, 200902795)	50m 00:30.23 30,23	100m 01:08.43 38,20	150m 01:48.46 40,03	02:21.22(+72)
21. Finn Hilders (De Dolfijn, 200900283)	50m 00:31.52 31,52	100m 01:06.95 35,43	150m 01:48.64 41,69	02:21.24(+66)
22. Alexander van der Maaten (Blue Marlins, 200903251)	50m 00:29.97 29,97	100m 01:06.54 36,57	150m 01:48.66 42,12	02:21.30(+60)
23. Cayden Malone (De Dolfijn, 201002195)	50m 00:30.41 30,41	100m 01:06.76 36,35	150m 01:47.38 40,62	02:21.81(+68)
24. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	50m 00:31.01 31,01	100m 01:06.58 35,57	150m 01:51.22 44,64	02:22.21(+67)
25. Finn Stamsnieder (OZ&PC, 200900225)	50m 00:31.02 31,02	100m 01:07.30 36,28	150m 01:49.39 42,09	02:22.39(+79)

26. Eli Shields (Niemo Barracuda, 201000407)			02:22.76(+64)
50m 00:31.04 31,04	100m 01:07.70 36,66	150m 01:50.38 42,68	
27. Xander Kragting (ZPC AMERSFOORT, 200900077)			02:22.92(+70)
50m 00:29.96 29,96	100m 01:05.25 35,29	150m 01:50.04 44,79	
28. Ruben Nooter (Dedemsvaart-AC, 200901577)			02:22.96(+64)
50m 00:31.30 31,30	100m 01:08.32 37,02	150m 01:50.64 42,32	
29. Bink Elgersma (Zwemlust- den Hommel, 201000137)			02:23.19(+71)
50m 00:31.66 31,66	100m 01:07.96 36,30	150m 01:51.33 43,37	
30. Roan van der Stege (SWOL 1894, 200900107)			02:23.61(+71)
50m 00:30.02 30,02	100m 01:07.17 37,15	150m 01:50.44 43,27	
31. Duuk Harms (Dedemsvaart-AC, 200900201)			02:23.74(+74)
50m 00:31.13 31,13	100m 01:06.73 35,60	150m 01:50.05 43,32	
32. Sven Potappel (DWK, 201000127)			02:24.10(+68)
50m 00:30.61 30,61	100m 01:09.19 38,58	150m 01:50.37 41,18	
33. Dani Yefimov (OZ&PC, 200901305)			02:24.52(+71)
50m 00:30.92 30,92	100m 01:08.36 37,44	150m 01:49.91 41,55	
34. Abel op den Velde (De Duinkickers, 201000079)			02:25.18(+76)
50m 00:31.04 31,04	100m 01:07.44 36,40	150m 01:52.83 45,39	
35. Hessel Wachter (Zwemclub Zeist, 200903337)			02:25.23(+76)
50m 00:29.86 29,86	100m 01:08.69 38,83	150m 01:50.13 41,44	
36. Brian Arturo Bloemsma (De Dolfijn, 200901155)			02:25.30(+64)
50m 00:30.31 30,31	100m 01:09.31 39,00	150m 01:49.54 40,23	
37. Lucas Schouten (ZPCH, 200901925)			02:25.53(+71)
50m 00:30.81 30,81	100m 01:08.02 37,21	150m 01:52.18 44,16	
38. Arthur Alberts (ZVZwartsluis, 200900239)			02:26.09(+70)
50m 00:31.77 31,77	100m 01:07.50 35,73	150m 01:51.66 44,16	
39. Gwee Bokma (Zwemlust- den Hommel, 201002259)			02:26.55(+73)
50m 00:29.71 29,71	100m 01:05.91 36,20	150m 01:51.22 45,31	
40. Paul Ruitenbergh (De Geul, 200900979)			02:26.60(+71)
50m 00:30.79 30,79	100m 01:08.48 37,69	150m 01:52.05 43,57	
41. Tristan Fredema (Blue Marlins, 200903699)			02:27.39(+75)
50m 00:32.81 32,81	100m 01:13.56 40,75	150m 01:53.35 39,79	
42. Sacha van Hees Ajdnik (ZEPS, 200900489)			02:29.29(+70)
50m 00:32.46 32,46	100m 01:11.33 38,87	150m 01:57.13 45,80	
BM. Vanja Kvočka (Hellas-Glana, 200904007)			BM
50m 00:27.67 27,67	100m 00:59.87 32,20	150m 01:39.92 40,05	
DIS. Max van der Spank (PSV, 201000275)			00:00.00
26. 200m rugslag - Dames			
12 - 13 jaar (Junioren 2 en 3)			
1. Malin Roozeboom (WVZ, 201100006)			02:17.55(+73)
50m 00:31.97 31,97	100m 01:07.59 35,62	150m 01:42.86 35,27	
2. Yill van Bezouw (Hieronymus, 201100704)			02:24.93(+68)
50m 00:34.18 34,18	100m 01:10.88 36,70	150m 01:48.36 37,48	
3. Elin Reinstra (TriVia, 201100842)			02:25.51(+69)
50m 00:33.28 33,28	100m 01:09.68 36,40	150m 01:47.42 37,74	
4. Romée Smit (MSV-Zeemacht, 201100438)			02:26.25(+73)
50m 00:33.81 33,81	100m 01:11.04 37,23	150m 01:49.56 38,52	
5. Frédérique Nijziel (De Dolfijn, 201103114)			02:28.90(+63)
50m 00:34.68 34,68	100m 01:12.66 37,98	150m 01:50.56 37,90	

6. Julia Bannatyne (BZ&PC, 201201020)	50m 00:34.65 34,65	100m 01:13.14 38,49	150m 01:53.13 39,99	02:29.97(+68)
7. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:35.17 35,17	100m 01:12.98 37,81	150m 01:52.21 39,23	02:30.05(+75)
8. Milou Filemon (Blue Marlins, 201100078)	50m 00:35.85 35,85	100m 01:14.20 38,35	150m 01:53.15 38,95	02:30.06(+76)
9. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:34.81 34,81	100m 01:13.55 38,74	150m 01:53.23 39,68	02:30.28(+69)
10. Anna Lepoutre (PSV, 201100534)	50m 00:35.78 35,78	100m 01:14.46 38,68	150m 01:53.69 39,23	02:31.50(+75)
11. Noa van Zalk (ZPC AMERSFOORT, 201102534)	50m 00:35.05 35,05	100m 01:12.97 37,92	150m 01:52.45 39,48	02:31.51(+95)
12. Odenza Soselisa (Blue Marlins, 201101780)	50m 00:35.04 35,04	100m 01:13.50 38,46	150m 01:53.61 40,11	02:32.98(+68)
12. Esmee Reuver (ZC Polaris, 201100846)	50m 00:35.95 35,95	100m 01:14.97 39,02	150m 01:54.74 39,77	02:32.98(+61)
14. Elke Kriesels (Hieronymus, 201100898)	50m 00:35.62 35,62	100m 01:14.66 39,04	150m 01:54.72 40,06	02:33.36(+61)
15. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)	50m 00:35.86 35,86	100m 01:15.09 39,23	150m 01:55.48 40,39	02:34.17(+86)
16. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:37.94 37,94	100m 01:17.43 39,49	150m 01:56.78 39,35	02:34.21(+80)
17. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:36.70 36,70	100m 01:15.27 38,57	150m 01:55.31 40,04	02:34.82(+76)
18. Elle van Gemeren (DAW, 201100428)	50m 00:37.12 37,12	100m 01:17.13 40,01	150m 01:57.68 40,55	02:35.59(+74)
19. Amila Mustafic (DZ&PC, 201200026)	50m 00:36.42 36,42	100m 01:16.08 39,66	150m 01:56.90 40,82	02:36.02(+72)
20. Noa Spaans (De Dolfijn, 201100222)	50m 00:36.51 36,51	100m 01:16.63 40,12	150m 01:57.46 40,83	02:36.30(+72)
21. Sara Creemers (Hellas-Glana, 201100242)	50m 00:37.27 37,27	100m 01:17.14 39,87	150m 01:57.38 40,24	02:36.34(+72)
22. Meike van der Klugt (WVZ, 201100808)	50m 00:37.52 37,52	100m 01:17.51 39,99	150m 01:58.20 40,69	02:37.08(+64)
23. Lola Verheijen (PSV, 201100832)	50m 00:37.39 37,39	100m 01:17.80 40,41	150m 01:57.99 40,19	02:37.16(+80)
24. Mattea Gliese-Slooijs (De Dinkel, 201100008)	50m 00:37.11 37,11	100m 01:17.51 40,40	150m 01:58.43 40,92	02:38.27(+75)
25. Anouk Mulder (De Columbiaan, 201200962)	50m 00:36.95 36,95	100m 01:17.09 40,14	150m 01:58.93 41,84	02:38.66(+70)
26. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:36.10 36,10	100m 01:16.35 40,25	150m 01:57.94 41,59	02:38.87(+72)
27. Hanna Heller (ZPC AMERSFOORT, 201102730)	50m 00:38.15 38,15	100m 01:18.27 40,12	150m 01:59.05 40,78	02:38.96(+80)
28. Simone Brobbel (SG Hoeksche Waard, 201200058)	50m 00:37.24 37,24	100m 01:17.63 40,39	150m 01:59.33 41,70	02:39.52(+84)
29. Isabella Ekberg (ZPC AMERSFOORT, 201202206)	50m 00:37.59 37,59	100m 01:18.51 40,92	150m 02:00.77 42,26	02:42.56(+91)
30. Esra Simon (Hellas-Glana, 201100004)				02:42.95(+83)

	50m 00:37.92 37,92	100m 01:18.49 40,57	150m 02:01.05 42,56	
31. Pien Walstra (De Treffers, 201101034)	50m 00:39.38 39,38	100m 01:21.54 42,16	150m 02:04.72 43,18	02:43.37(+79)
32. Isabel Amelink (Deltasteur, 201100196)	50m 00:38.28 38,28	100m 01:20.15 41,87	150m 02:03.13 42,98	02:44.04(+89)
33. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:37.57 37,57	100m 01:18.16 40,59	150m 02:00.86 42,70	02:44.35(+62)
34. Norell Kroeze (ZC Polaris, 201100378)	50m 00:39.51 39,51	100m 01:21.32 41,81	150m 02:04.10 42,78	02:45.38(+73)
35. Alaine Dumont (De Watervogels, 201102140)	50m 00:38.24 38,24	100m 01:20.57 42,33	150m 02:03.87 43,30	02:46.54(+64)
36. Vicky Horens (Hellas-Glana, 201200252)	50m 00:37.67 37,67	100m 01:19.47 41,80	150m 02:03.57 44,10	02:46.85(+65)
37. Fanni Farkas (De Columbiaan, 201100360)	50m 00:38.93 38,93	100m 01:21.78 42,85	150m 02:05.29 43,51	02:47.13(+73)
38. Morrison Schram (De Schelde, 201100686)	50m 00:39.38 39,38	100m 01:22.92 43,54	150m 02:08.02 45,10	02:50.35(+66)
DIS. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)				00:00.00(+71)
27. 200m rugslag - Dames				
12 - 15 jaar				
1. Nina van der Schrier (AZC, 201000444)	50m 00:31.74 31,74	100m 01:06.07 34,33	150m 01:41.37 35,30	02:16.10(+65)
2. Elin Ditewig (VZC, 200900392)	50m 00:31.85 31,85	100m 01:06.74 34,89	150m 01:42.86 36,12	02:17.76(+67)
3. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:32.97 32,97	100m 01:08.56 35,59	150m 01:45.06 36,50	02:21.44(+65)
4. Nienke Koster (ZPC Hoogeveen, 200900612)	50m 00:33.17 33,17	100m 01:09.09 35,92	150m 01:45.66 36,57	02:22.07(+57)
5. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:31.50 31,50	100m 01:05.93 34,43	150m 01:43.52 37,59	02:22.57(+69)
6. Fenna Westerneng (DZ&PC, 200900070)	50m 00:33.42 33,42	100m 01:10.41 36,99	150m 01:47.29 36,88	02:23.73(+64)
7. Fenna Zusterzeel (PSV, 201000008)	50m 00:33.03 33,03	100m 01:09.46 36,43	150m 01:46.95 37,49	02:24.21(+57)
8. Fenne Metten (ZPC AMERSFOORT, 201000102)	50m 00:34.17 34,17	100m 01:10.93 36,76	150m 01:48.90 37,97	02:24.68(+79)
9. Jenny Muntinga (ZPCH, 200900450)	50m 00:33.51 33,51	100m 01:09.57 36,06	150m 01:47.34 37,77	02:25.09(+62)
10. Luus Gielens (PSV, 200900138)	50m 00:33.55 33,55	100m 01:09.68 36,13	150m 01:47.58 37,90	02:25.38(+76)
11. Freeke Super (PSV, 201003638)	50m 00:33.51 33,51	100m 01:10.77 37,26	150m 01:48.38 37,61	02:25.60(+65)
12. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:33.18 33,18	100m 01:10.26 37,08	150m 01:48.57 38,31	02:26.99(+74)
13. Anouk Steller (WVZ, 201000004)	50m 00:33.46 33,46	100m 01:10.68 37,22	150m 01:48.54 37,86	02:27.01(+65)
14. Elin Baars (DWK, 201000138)	50m 00:35.18 35,18	100m 01:13.44 38,26	150m 01:51.35 37,91	02:28.02(+74)
15. Charlotte Landman (CWW Swimteam, 200901290)				02:28.43(+82)

	50m 00:35.24 35,24	100m 01:13.09 37,85	150m 01:51.22 38,13	
16. Amber Kunst (DAW, 200900680)	50m 00:34.43 34,43	100m 01:12.62 38,19	150m 01:51.47 38,85	02:29.06(+60)
17. Tess van de Steeg (WVZ, 201000016)	50m 00:34.93 34,93	100m 01:13.15 38,22	150m 01:51.15 38,00	02:29.08(+73)
18. Erin de Jong (GZC DONK, 201000024)	50m 00:35.30 35,30	100m 01:12.85 37,55	150m 01:51.44 38,59	02:29.18(+71)
19. Raegan Belmar (Blue Marlins, 201004070)	50m 00:34.52 34,52	100m 01:12.69 38,17	150m 01:52.02 39,33	02:30.17(+88)
20. Yanique Bax (ZPC AMERSFOORT, 201001428)	50m 00:34.43 34,43	100m 01:12.69 38,26	150m 01:51.82 39,13	02:30.32(+75)
21. Romy de Graaf (Hellas-Glana, 201003660)	50m 00:34.55 34,55	100m 01:12.51 37,96	150m 01:52.11 39,60	02:30.55(+71)
22. Yara van Asselen (De Dolfijn, 200900408)	50m 00:35.02 35,02	100m 01:12.64 37,62	150m 01:51.76 39,12	02:30.72(+62)
23. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	50m 00:35.60 35,60	100m 01:13.48 37,88	150m 01:53.10 39,62	02:30.81(+66)
24. Karlijn van der Schrier (Hieronymus, 200900834)	50m 00:34.29 34,29	100m 01:12.58 38,29	150m 01:52.09 39,51	02:31.04(+61)
25. Julia Dąbrowska (Blue Marlins, 201000300)	50m 00:34.58 34,58	100m 01:12.34 37,76	150m 01:51.74 39,40	02:31.21(+68)
26. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)	50m 00:34.51 34,51	100m 01:11.96 37,45	150m 01:51.67 39,71	02:31.25(+64)
27. Puck van Wees (De Dolfijn, 200901020)	50m 00:35.66 35,66	100m 01:14.14 38,48	150m 01:53.62 39,48	02:31.28(+76)
28. Hadewych Forschelen (MNC Dordrecht, 200903572)	50m 00:36.38 36,38	100m 01:14.70 38,32	150m 01:53.26 38,56	02:31.35(+77)
29. Tessa van Beek (DWK, 201001446)	50m 00:34.96 34,96	100m 01:13.42 38,46	150m 01:52.52 39,10	02:31.47(+67)
30. Wictoria Diederiks (ZVL-1886, 200900758)	50m 00:34.85 34,85	100m 01:13.17 38,32	150m 01:52.29 39,12	02:31.50(+64)
31. Jayna Wagemakers (Hieronymus, 201000226)	50m 00:35.13 35,13	100m 01:12.70 37,57	150m 01:52.54 39,84	02:31.52(+81)
32. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:34.86 34,86	100m 01:13.35 38,49	150m 01:52.82 39,47	02:31.84(+66)
33. Nora Lynn Otten (ZPC Hoogeveen, 200903338)	50m 00:35.01 35,01	100m 01:13.51 38,50	150m 01:53.33 39,82	02:32.22(+77)
34. Emma Steenbrink (OZ&PC, 200901376)	50m 00:34.97 34,97	100m 01:13.29 38,32	150m 01:52.87 39,58	02:33.18(+80)
35. Elin Riedijk (Blue Marlins, 201002056)	50m 00:36.73 36,73	100m 01:15.72 38,99	150m 01:55.01 39,29	02:33.22(+77)
36. Esmé Sportel (Dedemsvaart-AC, 200900682)	50m 00:36.34 36,34	100m 01:15.24 38,90	150m 01:54.54 39,30	02:33.40(+76)
37. Yaell Elmerink (ZPC De Hof, 200900310)	50m 00:35.31 35,31	100m 01:14.09 38,78	150m 01:53.90 39,81	02:33.44(+75)
38. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:35.24 35,24	100m 01:14.62 39,38	150m 01:55.20 40,58	02:36.06(+56)
39. Gwen Hermans (De Columbiaan, 200900058)	50m 00:37.26 37,26	100m 01:17.65 40,39	150m 01:58.23 40,58	02:39.61(+66)

28. 4x100m wisselslag heren

12 - 15 jaar (Junioren)

1. PSV			04:02.31
Martijn Nies 2009 (+72)	50m	00:30.44 30,44	
Martijn Nies 2009 (+72)	100m	01:03.71 33,27	
Fedor Sazonov 2009 (+24)	150m	01:36.18 32,47	
Fedor Sazonov 2009 (+24)	200m	02:12.64 36,46	
Theodore Allan 2009 (+20)	250m	02:39.13 26,49	
Theodore Allan 2009 (+20)	300m	03:10.95 31,82	
Giulian Janssen 2009 (+41)	350m	03:35.43 24,48	
Giulian Janssen 2009 (+41)	400m	04:02.31 26,88	
2. ZPC AMERSFOORT			04:05.62
Felbe van 't Land 2009 (+60)	50m	00:28.51 28,51	
Felbe van 't Land 2009 (+60)	100m	00:59.49 30,98	
Feddo Smink 2009 (+50)	150m	01:31.86 32,37	
Feddo Smink 2009 (+50)	200m	02:08.73 36,87	
Tobian Vos 2009 (+23)	250m	02:36.14 27,41	
Tobian Vos 2009 (+23)	300m	03:09.03 32,89	
Xander Kragting 2009 (+35)	350m	03:36.08 27,05	
Xander Kragting 2009 (+35)	400m	04:05.62 29,54	
3. Blue Marlins			04:05.93
Duco de Gelder 2010 (+62)	50m	00:30.69 30,69	
Duco de Gelder 2010 (+62)	100m	01:03.85 33,16	
Thygo van de Peppel 2009 (+36)	150m	01:34.84 30,99	
Thygo van de Peppel 2009 (+36)	200m	02:11.49 36,65	
Alexander van der Maaten 2009 (+42)	250m	02:39.88 28,39	
Alexander van der Maaten 2009 (+42)	300m	03:12.83 32,95	
Pieter van Oosten 2009 (+37)	350m	03:38.41 25,58	
Pieter van Oosten 2009 (+37)	400m	04:05.93 27,52	
4. De Dolfijn			04:09.59
Mike Hilders 2009 (+71)	50m	00:30.58 30,58	
Mike Hilders 2009 (+71)	100m	01:03.64 33,06	
Luca Boorsma 2009 (+39)	150m	01:34.98 31,34	
Luca Boorsma 2009 (+39)	200m	02:11.05 36,07	
Evren Ege Orcunus 2010 (+26)	250m	02:39.04 27,99	
Evren Ege Orcunus 2010 (+26)	300m	03:12.23 33,19	
Finn Hilders 2009 (+4)	350m	03:39.49 27,26	
Finn Hilders 2009 (+4)	400m	04:09.59 30,10	
5. ZPC Hoogeveen			04:19.89
Ramon Vos 2011 (+58)	50m	00:32.78 32,78	
Ramon Vos 2011 (+58)	100m	01:07.97 35,19	
Gerjan Berends 2009 (+41)	150m	01:41.12 33,15	
Gerjan Berends 2009 (+41)	200m	02:20.34 39,22	
Daequan Ramos 2009 (+31)	250m	02:48.75 28,41	
Daequan Ramos 2009 (+31)	300m	03:22.97 34,22	
Mathijs Boersma 2010 (+42)	350m	03:49.57 26,60	
Mathijs Boersma 2010 (+42)	400m	04:19.89 30,32	
6. Blue Marlins			04:20.33
Aidan van der Stelt 2009 (+71)	50m	00:31.34 31,34	
Aidan van der Stelt 2009 (+71)	100m	01:06.30 34,96	
Tristan Fredema 2009 (+67)	150m	01:39.89 33,59	
Tristan Fredema 2009 (+67)	200m	02:18.29 38,40	
Girish Nolden 2010 (+39)	250m	02:47.61 29,32	
Girish Nolden 2010 (+39)	300m	03:22.64 35,03	
Art Jin van der Ent 2009 (+37)	350m	03:50.21 27,57	
Art Jin van der Ent 2009 (+37)	400m	04:20.33 30,12	
7. Dedemsvaart-AC			04:21.05
Duuk Harms 2009 (+68)	50m	00:30.44 30,44	
Duuk Harms 2009 (+68)	100m	01:04.22 33,78	
Ruben Nooter 2009 (+34)	150m	01:37.13 32,91	
Ruben Nooter 2009 (+34)	200m	02:17.63 40,50	
Ruben Kragt 2010 (+51)	250m	02:47.76 30,13	

Ruben Kragt 2010 (+51)	300m	03:23.07	35,31	
Guus van Duinen 2009 (+36)	350m	03:51.03	27,96	
Guus van Duinen 2009 (+36)	400m	04:21.05	30,02	
8. ZPCH				04:22.76
Jelte de Jong 2009 (+59)	50m	00:30.78	30,78	
Jelte de Jong 2009 (+59)	100m	01:03.71	32,93	
Ewan Krist 2011 (+65)	150m	01:38.50	34,79	
Ewan Krist 2011 (+65)	200m	02:20.14	41,64	
Lucas Schouten 2009 (+57)	250m	02:49.58	29,44	
Lucas Schouten 2009 (+57)	300m	03:25.10	35,52	
Baris Tomu 2010 (+47)	350m	03:52.87	27,77	
Baris Tomu 2010 (+47)	400m	04:22.76	29,89	
9. DWK				04:24.74
Nordin Vermeer 2010 (+66)	50m	00:35.81	35,81	
Nordin Vermeer 2010 (+66)	100m	01:15.38	39,57	
Ruben Baars 2009 (+65)	150m	01:46.33	30,95	
Ruben Baars 2009 (+65)	200m	02:21.96	35,63	
Sven Potappel 2010 (+52)	250m	02:51.76	29,80	
Sven Potappel 2010 (+52)	300m	03:25.97	34,21	
Tygo van de Wal 2010 (+12)	350m	03:53.45	27,48	
Tygo van de Wal 2010 (+12)	400m	04:24.74	31,29	
10. DAW				04:25.55
Mauro Bedeke 2010 (+65)	50m	00:32.63	32,63	
Mauro Bedeke 2010 (+65)	100m	01:07.91	35,28	
Franzi Ziegler 2011 (+5)	150m	01:41.83	33,92	
Franzi Ziegler 2011 (+5)	200m	02:20.30	38,47	
Dinand Kop 2009 (+50)	250m	02:49.52	29,22	
Dinand Kop 2009 (+50)	300m	03:24.94	35,42	
Mees Kooij 2010 (+24)	350m	03:54.08	29,14	
Mees Kooij 2010 (+24)	400m	04:25.55	31,47	
11. ACZ				04:25.81
Vince van Dam 2010 (+52)	50m	00:34.80	34,80	
Vince van Dam 2010 (+52)	100m	01:12.80	38,00	
Luka Arkesteijn 2009 (+26)	150m	01:47.00	34,20	
Luka Arkesteijn 2009 (+26)	200m	02:27.05	40,05	
Wanne van Geest 2009 (+32)	250m	02:54.77	27,72	
Wanne van Geest 2009 (+32)	300m	03:28.08	33,31	
Avery Arrindell 2009 (+31)	350m	03:55.11	27,03	
Avery Arrindell 2009 (+31)	400m	04:25.81	30,70	
12. SWOL 1894				04:28.43
Tristan Meijers 2010 (+82)	50m	00:33.85	33,85	
Tristan Meijers 2010 (+82)	100m	01:09.64	35,79	
Kick Germers 2010 (+33)	150m	01:44.83	35,19	
Kick Germers 2010 (+33)	200m	02:24.04	39,21	
Roan van der Stege 2009 (+62)	250m	02:54.59	30,55	
Roan van der Stege 2009 (+62)	300m	03:30.31	35,72	
Dhamin Ouali 2009 (+47)	350m	03:57.68	27,37	
Dhamin Ouali 2009 (+47)	400m	04:28.43	30,75	
13. Zwemlust- den Hommel				04:29.56
Bink Elgersma 2010 (+73)	50m	00:31.23	31,23	
Bink Elgersma 2010 (+73)	100m	01:04.13	32,90	
Mees de Vries 2010 (+20)	150m	01:40.57	36,44	
Mees de Vries 2010 (+20)	200m	02:23.98	43,41	
Gwee Bokma 2010 (+48)	250m	02:53.63	29,65	
Gwee Bokma 2010 (+48)	300m	03:28.91	35,28	
Quinten Hofman 2010 (+2)	350m	03:57.54	28,63	
Quinten Hofman 2010 (+2)	400m	04:29.56	32,02	
14. OZ&PC				04:29.71
Daan Overmars 2011 (+66)	50m	00:34.43	34,43	
Daan Overmars 2011 (+66)	100m	01:10.44	36,01	
Dani Yefimov 2009 (+54)	150m	01:43.83	33,39	
Dani Yefimov 2009 (+54)	200m	02:22.38	38,55	

Finn Stamsnieder 2009 (+34)	250m	02:52.49	30,11
Finn Stamsnieder 2009 (+34)	300m	03:28.30	35,81
Rafael Agterbos 2010 (+55)	350m	03:57.46	29,16
Rafael Agterbos 2010 (+55)	400m	04:29.71	32,25

15. HZ&PC Heerenveen

04:29.81

Finn Eghuizen 2009 (+72)	50m	00:31.46	31,46
Finn Eghuizen 2009 (+72)	100m	01:05.22	33,76
Mattias Stolk 2010 (+6)	150m	01:39.68	34,46
Mattias Stolk 2010 (+6)	200m	02:19.29	39,61
Robin Mintjes 2010 (+40)	250m	02:51.55	32,26
Robin Mintjes 2010 (+40)	300m	03:30.38	38,83
Tije Hempenius 2009 (+4)	350m	03:57.97	27,59
Tije Hempenius 2009 (+4)	400m	04:29.81	31,84

16. Niemo Barracuda

04:35.69

Myron Artemenko 2010 (+72)	50m	00:32.09	32,09
Myron Artemenko 2010 (+72)	100m	01:05.34	33,25
Thijs Bijman 2009 (+40)	150m	01:41.87	36,53
Thijs Bijman 2009 (+40)	200m	02:23.74	41,87
Eli Shields 2010 (+48)	250m	02:54.02	30,28
Eli Shields 2010 (+48)	300m	03:29.83	35,81
Joep Lindhout 2011 (+52)	350m	04:01.77	31,94
Joep Lindhout 2011 (+52)	400m	04:35.69	33,92

17. Dedemsvaart-AC

04:44.25

Gijs Nooter 2010 (+65)	50m	00:35.61	35,61
Gijs Nooter 2010 (+65)	100m	01:14.03	38,42
Abe Pasop 2010 (+31)	150m	01:48.30	34,27
Abe Pasop 2010 (+31)	200m	02:28.44	40,14
Roan Dijkstra 2010 (+25)	250m	03:01.52	33,08
Roan Dijkstra 2010 (+25)	300m	03:40.34	38,82
Alex Spijker 2010 (+42)	350m	04:10.45	30,11
Alex Spijker 2010 (+42)	400m	04:44.25	33,80

29. 4x100m vrije slag dames

12 - 15 jaar

1. ZPC AMERSFOORT

03:54.08

Anne Engbersen 2010 (+72)	50m	00:27.32	27,32
Anne Engbersen 2010 (+72)	100m	00:57.82	30,50
Paula Spans 2010 (+47)	150m	01:26.40	28,58
Paula Spans 2010 (+47)	200m	01:57.55	31,15
Senna Rijnbeek 2009 (+63)	250m	02:24.98	27,43
Senna Rijnbeek 2009 (+63)	300m	02:56.01	31,03
Ilona Weisz 2010 (+44)	350m	03:24.17	28,16
Ilona Weisz 2010 (+44)	400m	03:54.08	29,91

2. PSV

03:56.86

Kinley Cole 2009 (+66)	50m	00:27.91	27,91
Kinley Cole 2009 (+66)	100m	00:58.93	31,02
Bregje Dekkers 2009 (+51)	150m	01:27.78	28,85
Bregje Dekkers 2009 (+51)	200m	01:58.44	30,66
Luus Gielens 2009 (+60)	250m	02:26.79	28,35
Luus Gielens 2009 (+60)	300m	02:57.56	30,77
Fenna Zusterzeel 2010 (+47)	350m	03:25.91	28,35
Fenna Zusterzeel 2010 (+47)	400m	03:56.86	30,95

3. De Dolfijn

03:59.99

Elin Brinkhof 2009 (+80)	50m	00:29.04	29,04
Elin Brinkhof 2009 (+80)	100m	01:00.08	31,04
Madeleine Bertram 2009 (+49)	150m	01:28.63	28,55
Madeleine Bertram 2009 (+49)	200m	01:59.05	30,42
Dewi Meijer 2010 (+36)	250m	02:28.16	29,11
Dewi Meijer 2010 (+36)	300m	02:59.78	31,62
Frédérique Nijziel 2011 (+50)	350m	03:28.47	28,69
Frédérique Nijziel 2011 (+50)	400m	03:59.99	31,52

4. Blue Marlins

04:02.30

Breanna Belmar 2010 (+73)	50m	00:28.33	28,33
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Breanna Belmar 2010 (+73)	100m	00:59.86	31,53	
Raegan Belmar 2010 (+16)	150m	01:27.88	28,02	
Raegan Belmar 2010 (+16)	200m	02:00.98	33,10	
Mariia Kostina 2010 (+47)	250m	02:29.39	28,41	
Mariia Kostina 2010 (+47)	300m	03:01.39	32,00	
Julia Dąbrowska 2010 (+47)	350m	03:30.17	28,78	
Julia Dąbrowska 2010 (+47)	400m	04:02.30	32,13	
5. ZPC AMERSFOORT				04:05.53
Fenne Metten 2010 (+77)	50m	00:29.31	29,31	
Fenne Metten 2010 (+77)	100m	01:00.84	31,53	
Chiara Lammertink 2009 (+63)	150m	01:29.77	28,93	
Chiara Lammertink 2009 (+63)	200m	02:02.05	32,28	
Isis Verhoeff 2009 (+41)	250m	02:31.76	29,71	
Isis Verhoeff 2009 (+41)	300m	03:05.46	33,70	
Robine Moot 2009 (+18)	350m	03:33.52	28,06	
Robine Moot 2009 (+18)	400m	04:05.53	32,01	
6. Aqua-Novio'94				04:06.10
Myla Klaassen 2009 (+67)	50m	00:29.01	29,01	
Myla Klaassen 2009 (+67)	100m	01:00.88	31,87	
Jaydee Leenders 2009 (+43)	150m	01:30.06	29,18	
Jaydee Leenders 2009 (+43)	200m	02:01.91	31,85	
Eva de Man 2010 (+40)	250m	02:31.95	30,04	
Eva de Man 2010 (+40)	300m	03:05.56	33,61	
Tara Langkamp 2009 (+39)	350m	03:34.10	28,54	
Tara Langkamp 2009 (+39)	400m	04:06.10	32,00	
7. WVZ				04:10.15
Faye Thijsse 2010 (+72)	50m	00:28.96	28,96	
Faye Thijsse 2010 (+72)	100m	01:00.81	31,85	
Tess van de Steeg 2010 (+39)	150m	01:31.32	30,51	
Tess van de Steeg 2010 (+39)	200m	02:05.08	33,76	
Anouk Steller 2010 (+40)	250m	02:35.20	30,12	
Anouk Steller 2010 (+40)	300m	03:08.34	33,14	
Chloé in 't Veen 2011 (+3)	350m	03:37.39	29,05	
Chloé in 't Veen 2011 (+3)	400m	04:10.15	32,76	
8. DWK				04:11.76
Elin Baars 2010 (+76)	50m	00:30.33	30,33	
Elin Baars 2010 (+76)	100m	01:03.14	32,81	
Tessa van Beek 2010 (+51)	150m	01:32.32	29,18	
Tessa van Beek 2010 (+51)	200m	02:03.98	31,66	
Karlijn Siderius 2009 (+48)	250m	02:33.95	29,97	
Karlijn Siderius 2009 (+48)	300m	03:07.70	33,75	
Lili Oosting 2009 (+66)	350m	03:38.97	31,27	
Lili Oosting 2009 (+66)	400m	04:11.76	32,79	
9. Team Noord Holland				04:12.27
Patricia de Leu 2009 (+69)	50m	00:29.56	29,56	
Patricia de Leu 2009 (+69)	100m	01:01.87	32,31	
Charlotte Stegink 2011 (+50)	150m	01:32.33	30,46	
Charlotte Stegink 2011 (+50)	200m	02:05.67	33,34	
Tess de Waard 2009 (+15)	250m	02:35.62	29,95	
Tess de Waard 2009 (+15)	300m	03:09.96	34,34	
Megan Snoek 2009 (+62)	350m	03:38.61	28,65	
Megan Snoek 2009 (+62)	400m	04:12.27	33,66	
10. ZPC AMERSFOORT				04:12.34
Esmaé de Gans 2009 (+78)	50m	00:29.56	29,56	
Esmaé de Gans 2009 (+78)	100m	01:01.43	31,87	
Hanna Heller 2011 (+57)	150m	01:32.44	31,01	
Hanna Heller 2011 (+57)	200m	02:05.66	33,22	
Pieke Beekhuis 2010 (+47)	250m	02:34.88	29,22	
Pieke Beekhuis 2010 (+47)	300m	03:08.46	33,58	
Yanique Bax 2010 (+35)	350m	03:38.69	30,23	
Yanique Bax 2010 (+35)	400m	04:12.34	33,65	
11. Dedemsvaart-AC				04:13.79

Esmé Sportel 2009 (+60)	50m	00:30.34 30,34	
Esmé Sportel 2009 (+60)	100m	01:02.49 32,15	
Sanne Keizer 2010 (+45)	150m	01:32.84 30,35	
Sanne Keizer 2010 (+45)	200m	02:07.84 35,00	
Sjors Werger 2011 (+28)	250m	02:39.20 31,36	
Sjors Werger 2011 (+28)	300m	03:14.20 35,00	
Daphne Dijsselhof 2009 (+11)	350m	03:43.14 28,94	
Daphne Dijsselhof 2009 (+11)	400m	04:13.79 30,65	
12. HZ&PC Heerenveen			04:13.89
Elise Dorlandt 2010 (+79)	50m	00:30.77 30,77	
Elise Dorlandt 2010 (+79)	100m	01:04.49 33,72	
Lobke Hempenius 2011 (+56)	150m	01:35.65 31,16	
Lobke Hempenius 2011 (+56)	200m	02:10.57 34,92	
Milou Geneuglijk 2009 (+32)	250m	02:40.85 30,28	
Milou Geneuglijk 2009 (+32)	300m	03:13.85 33,00	
Silke Hooghiemstra 2009 (+41)	350m	03:42.51 28,66	
Silke Hooghiemstra 2009 (+41)	400m	04:13.89 31,38	
13. ZPC Hoogeveen			04:14.52
Nienke Koster 2009 (+73)	50m	00:29.58 29,58	
Nienke Koster 2009 (+73)	100m	01:01.30 31,72	
Nora Lynn Otten 2009 (+46)	150m	01:32.32 31,02	
Nora Lynn Otten 2009 (+46)	200m	02:05.75 33,43	
Femke ter Horst 2010 (+54)	250m	02:36.85 31,10	
Femke ter Horst 2010 (+54)	300m	03:11.26 34,41	
Rixt Rothschild 2009 (+48)	350m	03:41.51 30,25	
Rixt Rothschild 2009 (+48)	400m	04:14.52 33,01	
14. ZPCH			04:15.28
Nynke Muntinga 2011 (+66)	50m	00:31.09 31,09	
Nynke Muntinga 2011 (+66)	100m	01:06.15 35,06	
Roubin van Kampen 2012 (+34)	150m	01:38.69 32,54	
Roubin van Kampen 2012 (+34)	200m	02:13.70 35,01	
Linou van Kampen 2010 (+21)	250m	02:43.32 29,62	
Linou van Kampen 2010 (+21)	300m	03:16.05 32,73	
Jenny Muntinga 2009 (+46)	350m	03:44.73 28,68	
Jenny Muntinga 2009 (+46)	400m	04:15.28 30,55	
15. DZ&PC			04:15.70
Fenna Westerneng 2009 (+73)	50m	00:28.72 28,72	
Fenna Westerneng 2009 (+73)	100m	00:59.43 30,71	
Amila Mustafic 2012 (+45)	150m	01:29.70 30,27	
Amila Mustafic 2012 (+45)	200m	02:03.16 33,46	
Devenda van der Meer 2009 (+42)	250m	02:33.99 30,83	
Devenda van der Meer 2009 (+42)	300m	03:09.54 35,55	
Marlies Brouwer 2011 (+34)	350m	03:40.88 31,34	
Marlies Brouwer 2011 (+34)	400m	04:15.70 34,82	
16. PSV			04:15.78
Freeke Super 2010 (+66)	50m	00:29.81 29,81	
Freeke Super 2010 (+66)	100m	01:02.38 32,57	
Tereza Boom 2009 (+38)	150m	01:31.91 29,53	
Tereza Boom 2009 (+38)	200m	02:04.49 32,58	
Annelie Batenburg 2010 (+31)	250m	02:35.59 31,10	
Annelie Batenburg 2010 (+31)	300m	03:10.43 34,84	
Mia Hoeflaken 2010 (+27)	350m	03:41.52 31,09	
Mia Hoeflaken 2010 (+27)	400m	04:15.78 34,26	
17. Deltasteur			04:17.34
Isabel Amelink 2011 (+75)	50m	00:31.24 31,24	
Isabel Amelink 2011 (+75)	100m	01:05.04 33,80	
Jente van 't Hul 2010 (+55)	150m	01:35.72 30,68	
Jente van 't Hul 2010 (+55)	200m	02:11.59 35,87	
Lisa Boogaard 2011 (+41)	250m	02:43.27 31,68	
Lisa Boogaard 2011 (+41)	300m	03:17.47 34,20	
Simone Faber 2009 (+63)	350m	03:45.95 28,48	
Simone Faber 2009 (+63)	400m	04:17.34 31,39	

18. KSN (SG)			04:19.22
Lotte Lübbers 2009 (+68)	50m	00:28.37 28,37	
Lotte Lübbers 2009 (+68)	100m	00:58.69 30,32	
Hanna Sampimon 2009 (+41)	150m	01:29.58 30,89	
Hanna Sampimon 2009 (+41)	200m	02:03.88 34,30	
Kim Koeling 2012 (+25)	250m	02:35.47 31,59	
Kim Koeling 2012 (+25)	300m	03:11.06 35,59	
Laura Tjoonk 2010 (+19)	350m	03:43.72 32,66	
Laura Tjoonk 2010 (+19)	400m	04:19.22 35,50	
19. De Columbiaan			04:19.75
Nina Tetteroo 2010 (+73)	50m	00:31.12 31,12	
Nina Tetteroo 2010 (+73)	100m	01:05.06 33,94	
Tess Meeuwissen 2010 (+48)	150m	01:35.16 30,10	
Tess Meeuwissen 2010 (+48)	200m	02:09.86 34,70	
Gwen Hermans 2009 (+60)	250m	02:42.41 32,55	
Gwen Hermans 2009 (+60)	300m	03:17.04 34,63	
Fanni Farkas 2011 (+55)	350m	03:47.35 30,31	
Fanni Farkas 2011 (+55)	400m	04:19.75 32,40	
20. Blue Marlins			04:20.77
Milou Filemon 2011 (+70)	50m	00:30.90 30,90	
Milou Filemon 2011 (+70)	100m	01:04.55 33,65	
Eefje van Hinsbergen 2010 (+41)	150m	01:35.16 30,61	
Eefje van Hinsbergen 2010 (+41)	200m	02:10.22 35,06	
Manou Longayroux 2010 (+20)	250m	02:40.96 30,74	
Manou Longayroux 2010 (+20)	300m	03:15.88 34,92	
Elin Riedijk 2010 (+58)	350m	03:46.51 30,63	
Elin Riedijk 2010 (+58)	400m	04:20.77 34,26	
21. OZ&PC			04:22.78
Florien Pot 2010 (+76)	50m	00:30.36 30,36	
Florien Pot 2010 (+76)	100m	01:03.33 32,97	
Nikki Groot Rouwen 2009 (+4)	150m	01:35.36 32,03	
Nikki Groot Rouwen 2009 (+4)	200m	02:10.62 35,26	
Emma Steenbrink 2009 (+54)	250m	02:42.16 31,54	
Emma Steenbrink 2009 (+54)	300m	03:15.49 33,33	
Aimee van Tongeren 2011 (+39)	350m	03:46.22 30,73	
Aimee van Tongeren 2011 (+39)	400m	04:22.78 36,56	
22. De Dinkel			04:22.83
Mila Soethof 2009 (+69)	50m	00:30.93 30,93	
Mila Soethof 2009 (+69)	100m	01:05.23 34,30	
Mattea Gliese-Slooijs 2011 (+51)	150m	01:36.47 31,24	
Mattea Gliese-Slooijs 2011 (+51)	200m	02:10.60 34,13	
Imke Oude Engberink 2011 (+14)	250m	02:41.85 31,25	
Imke Oude Engberink 2011 (+14)	300m	03:16.40 34,55	
Nienke Bulter 2009 (+53)	350m	03:48.17 31,77	
Nienke Bulter 2009 (+53)	400m	04:22.83 34,66	
23. DWK			04:22.89
Yvonne de Graaf 2011 (+82)	50m	00:31.77 31,77	
Yvonne de Graaf 2011 (+82)	100m	01:07.52 35,75	
Sofie van Poecke 2010 (+50)	150m	01:38.00 30,48	
Sofie van Poecke 2010 (+50)	200m	02:12.24 34,24	
Anouk van de Steeg 2012 (+44)	250m	02:43.07 30,83	
Anouk van de Steeg 2012 (+44)	300m	03:19.25 36,18	
Maryse Kuijper 2010 (+58)	350m	03:48.91 29,66	
Maryse Kuijper 2010 (+58)	400m	04:22.89 33,98	
24. GZC DONK			04:23.20
Erin de Jong 2010 (+82)	50m	00:30.48 30,48	
Erin de Jong 2010 (+82)	100m	01:02.74 32,26	
Sophie Ferwerda 2009 (+21)	150m	01:34.47 31,73	
Sophie Ferwerda 2009 (+21)	200m	02:09.33 34,86	
Anouk de Jong 2009 (+65)	250m	02:40.87 31,54	
Anouk de Jong 2009 (+65)	300m	03:16.10 35,23	
Tessa de Jong 2010 (+54)	350m	03:47.15 31,05	
Tessa de Jong 2010 (+54)	400m	04:23.20 36,05	

Nummer: 4 - zondag 15 december 2024 om 08:30u (25 m)

Aanvangstijd juryvergadering: 07:30u

30. 100m vrije slag - Dames

12 - 13 jaar (*Junioren 2 en 3*)

- | | |
|--|---------------|
| 1. Yill van Bezouw (Hieronymus, 201100704) | 00:58.82(+65) |
| 50m 00:28.50 28,50 | |
| 2. Frédérique Nijziel (De Dolfijn, 201103114) | 00:59.27(+71) |
| 50m 00:28.69 28,69 | |
| 3. Lola Verheijen (PSV, 201100832) | 00:59.46(+71) |
| 50m 00:28.76 28,76 | |
| 4. Malin Roozeboom (WVZ, 201100006) | 00:59.50(+72) |
| 50m 00:29.14 29,14 | |
| 5. Romée Smit (MSV-Zeemacht, 201100438) | 00:59.86(+72) |
| 50m 00:28.60 28,60 | |
| 6. Anna Lepoutre (PSV, 201100534) | 01:00.21(+68) |
| 50m 00:28.95 28,95 | |
| 7. Elin Reinstra (TriVia, 201100842) | 01:01.59(+82) |
| 50m 00:29.91 29,91 | |
| 8. Fanni Farkas (De Columbiaan, 201100360) | 01:02.11(+69) |
| 50m 00:30.00 30,00 | |
| 9. Julia Bannatyne (BZ&PC, 201201020) | 01:02.41(+74) |
| 50m 00:30.14 30,14 | |
| 10. Noa van Zalk (ZPC AMERSFOORT, 201102534) | 01:02.75(+67) |
| 50m 00:30.07 30,07 | |
| 11. Pien Walstra (De Treffers, 201101034) | 01:02.77(+75) |
| 50m 00:30.53 30,53 | |
| 12. Odenza Soselisa (Blue Marlins, 201101780) | 01:02.84(+74) |
| 50m 00:29.92 29,92 | |
| 13. Elke Kriesels (Hieronymus, 201100898) | 01:02.92(+78) |
| 50m 00:30.20 30,20 | |
| 13. Ylène Zondervan (ZPC AMERSFOORT, 201200016) | 01:02.92(+70) |
| 50m 00:30.30 30,30 | |
| 15. Mette Hogenhuis (Zweamlust- den Hommel, 201101254) | 01:03.20(+77) |
| 50m 00:30.28 30,28 | |
| 16. Sterre de Veen (Hellas-Glana, 201100086) | 01:03.38(+71) |
| 50m 00:29.99 29,99 | |
| 17. Isabel Amelink (Deltasteur, 201100196) | 01:03.70(+73) |
| 50m 00:30.49 30,49 | |
| 18. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) | 01:03.81(+74) |
| 50m 00:30.45 30,45 | |
| 19. Alaine Dumont (De Watervogels, 201102140) | 01:03.93(+56) |
| 50m 00:31.12 31,12 | |
| 20. Amila Mustafic (DZ&PC, 201200026) | 01:04.09(+74) |
| 50m 00:30.31 30,31 | |
| 21. Rozalia Diederiks (ZVL-1886, 201100904) | 01:04.24(+85) |
| 50m 00:31.65 31,65 | |
| 22. Hanna Heller (ZPC AMERSFOORT, 201102730) | 01:04.32(+77) |
| 50m 00:30.76 30,76 | |

23. Julia Ketelaars (Hellas-Glana, 201200028)	01:04.35(+84)
50m 00:31.10 31,10	
24. Alissa Rooijackers (Z&PV Nuenen, 201101892)	01:04.54(+70)
50m 00:31.14 31,14	
25. Mattea Gliese-Slooijs (De Dinkel, 201100008)	01:04.74(+80)
50m 00:30.71 30,71	
26. Milou Filemon (Blue Marlins, 201100078)	01:05.00(+69)
50m 00:31.34 31,34	
27. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	01:05.18(+78)
50m 00:31.17 31,17	
28. Anouk Mulder (De Columbiaan, 201200962)	01:05.60(+80)
50m 00:32.07 32,07	
29. Norell Kroeze (ZC Polaris, 201100378)	01:05.82(+76)
50m 00:32.04 32,04	
30. Simone Brobbel (SG Hoeksche Waard, 201200058)	01:06.53(+91)
50m 00:31.80 31,80	
31. Esra Simon (Hellas-Glana, 201100004)	01:06.91(+80)
50m 00:32.27 32,27	
32. Noa Spaans (De Dolfijn, 201100222)	01:06.95(+72)
50m 00:32.48 32,48	
33. Elle van Gemeren (DAW, 201100428)	01:07.07(+71)
50m 00:32.30 32,30	
34. Morrison Schram (De Schelde, 201100686)	01:07.11(+76)
50m 00:32.15 32,15	
35. Isabella Ekberg (ZPC AMERSFOORT, 201202206)	01:07.15(+75)
50m 00:32.00 32,00	
36. Meike van der Klugt (WVZ, 201100808)	01:07.22(+61)
50m 00:32.61 32,61	
37. Sara Creemers (Hellas-Glana, 201100242)	01:07.55(+73)
50m 00:32.30 32,30	
38. Esmee Reuver (ZC Polaris, 201100846)	01:07.61(+71)
50m 00:31.96 31,96	
39. Vicky Horens (Hellas-Glana, 201200252)	01:08.53(+69)
50m 00:32.13 32,13	
31. 100m vrije slag - Dames	
12 - 15 jaar	
1. Juliëtte Woltjes (VZC, 200900774)	00:57.65(+74)
50m 00:27.61 27,61	
2. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:57.72(+72)
50m 00:27.22 27,22	
3. Ilona Weisz (ZPC AMERSFOORT, 201004146)	00:57.73(+75)
50m 00:28.10 28,10	
4. Fenna Westerneng (DZ&PC, 200900070)	00:57.99(+74)
50m 00:28.33 28,33	
5. Elin Ditewig (VZC, 200900392)	00:58.58(+66)
50m 00:27.99 27,99	
6. Madeleine Bertram (De Dolfijn, 200900516)	00:58.88(+76)
50m 00:28.62 28,62	
7. Kinley Cole (PSV, 200903696)	00:59.05(+66)

	50m 00:28.69 28,69	
8. Jenny Muntinga (ZPCH, 200900450)	50m 00:28.40 28,40	00:59.21(+64)
9. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	50m 00:28.16 28,16	00:59.52(+75)
10. Lotte Lübbers (KSN (SG), 200900190)	50m 00:28.62 28,62	00:59.68(+70)
11. Fenna Zusterzeel (PSV, 201000008)	50m 00:28.40 28,40	00:59.72(+67)
12. Luus Gielens (PSV, 200900138)	50m 00:28.85 28,85	00:59.84(+84)
13. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:28.68 28,68	00:59.85(+68)
14. Breanna Belmar (Blue Marlins, 201004068)	50m 00:28.56 28,56	01:00.26(+73)
15. Bregje Dekkers (PSV, 200900746)	50m 00:29.36 29,36	01:00.61(+69)
16. Merel Bijl (Feijenoord Albion, 200900762)	50m 00:29.34 29,34	01:00.63(+71)
17. Faye Thijssse (WVZ, 201001364)	50m 00:28.90 28,90	01:00.71(+77)
18. Nina van der Schrier (AZC, 201000444)	50m 00:29.44 29,44	01:01.05(+74)
19. Tessa van Beek (DWK, 201001446)	50m 00:29.26 29,26	01:01.18(+72)
20. Patricia de Leu (Team Noord Holland, 200900982)	50m 00:29.49 29,49	01:01.26(+67)
21. Puck van Wees (De Dolfijn, 200901020)	50m 00:29.90 29,90	01:01.29(+78)
22. Paula Spans (ZPC AMERSFOORT, 201000064)	50m 00:29.59 29,59	01:01.31(+71)
23. Julia Dąbrowska (Blue Marlins, 201000300)	50m 00:29.09 29,09	01:01.37(+71)
23. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	50m 00:28.92 28,92	01:01.37(+76)
25. Charlotte Landman (CWW Swimteam, 200901290)	50m 00:29.30 29,30	01:01.43(+77)
26. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:29.33 29,33	01:01.44(+63)
27. Dewi Meijer (De Dolfijn, 201000302)	50m 00:29.82 29,82	01:01.59(+74)
28. Yaell Elmerink (ZPC De Hof, 200900310)	50m 00:29.70 29,70	01:01.63(+73)
29. Simone Faber (Deltasteur, 200900710)	50m 00:29.33 29,33	01:01.64(+72)
30. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:28.79 28,79	01:01.68(+71)
31. Emma Steenbrink (OZ&PC, 200901376)	50m 00:29.92 29,92	01:01.85(+68)

32. Julia Bos (De Hokseberg, 200900184) 50m 00:29.42 29,42	01:01.94(+89)
33. Raegan Belmar (Blue Marlins, 201004070) 50m 00:28.95 28,95	01:02.00(+78)
33. Daphne Dijsselhof (Dedemsvaart-AC, 200901690) 50m 00:29.91 29,91	01:02.00(+81)
35. Chloé in 't Veen (WVZ, 201100010) 50m 00:30.07 30,07	01:02.01(+71)
36. Erin de Jong (GZC DONK, 201000024) 50m 00:30.01 30,01	01:02.02(+82)
37. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536) 50m 00:30.20 30,20	01:02.15(+73)
38. Elin Baars (DWK, 201000138) 50m 00:29.18 29,18	01:02.24(+72)
39. Ilse Jongepier (TriVia, 201000006) 50m 00:30.03 30,03	01:02.27(+82)
40. Freeke Super (PSV, 201003638) 50m 00:29.32 29,32	01:02.32(+67)
41. Karlijn van der Schrier (Hieronymus, 200900834) 50m 00:29.60 29,60	01:02.34(+75)
42. Tess Vonk (De Geul, 200900024) 50m 00:29.58 29,58	01:02.37(+65)
43. Megan Snoek (Team Noord Holland, 200900888) 50m 00:29.65 29,65	01:02.48(+66)
44. Hadewych Forschelen (MNC Dordrecht, 200903572) 50m 00:30.43 30,43	01:02.58(+68)
44. Jaydee Leenders (Aqua-Novio'94, 200900112) 50m 00:30.25 30,25	01:02.58(+73)
46. Famke Franzen (De Schotegil, 201000058) 50m 00:29.58 29,58	01:02.65(+65)
47. Pieke Beekhuis (ZPC AMERSFOORT, 201000090) 50m 00:29.88 29,88	01:02.68(+52)
48. Suuz Griekspoor (Noordwijkerhout, 200901204) 50m 00:30.23 30,23	01:02.69(+74)
49. Isis Verhoeff (ZPC AMERSFOORT, 200902962) 50m 00:30.06 30,06	01:02.70(+69)
50. Elise Dorlandt (HZ&PC Heerenveen, 201000232) 50m 00:29.46 29,46	01:02.92(+78)
51. Florian Pot (OZ&PC, 201000768) 50m 00:30.23 30,23	01:02.93(+76)
52. Ann Hietbrink (ZPC De Hof, 200902444) 50m 00:30.22 30,22	01:03.00(+73)
53. Esmee de Raadt (Feijenoord Albion, 201002328) 50m 00:30.03 30,03	01:03.02(+73)
54. Esmé Sportel (Dedemsvaart-AC, 200900682) 50m 00:30.38 30,38	01:03.06(+66)
55. Eva Ehlert (GZC DONK, 201002026) 50m 00:29.55 29,55	01:03.19(+73)
56. Karlijn Siderius (DWK, 200900032)	01:03.44(+76)

50m 00:30.02 30,02	
57. Yara van Asselen (De Dolfijn, 200900408) 50m 00:30.61 30,61	01:03.52(+73)
58. Chaya Bremer (MSV-Zeemacht, 200900372) 50m 00:30.34 30,34	01:03.55(+69)
59. Amber Kunst (DAW, 200900680) 50m 00:30.31 30,31	01:03.67(+66)
60. Nicole Pestman (De Granaet, 201000668) 50m 00:30.23 30,23	01:03.92(+66)
61. Eva de Man (Aqua-Novio'94, 201000294) 50m 00:30.52 30,52	01:04.14(+78)
62. Anouk Vis (Z&PC De Zeeuwse Kust, 200900286) 50m 00:30.70 30,70	01:04.38(+69)
63. Jorja Verschoor (AZC, 200902640) 50m 00:30.55 30,55	01:04.75(+77)
DIS. Maryse Kuiper (DWK, 201000692)	00:00.00
32. 100m schoolslag - Heren 12 - 13 jaar (Junioren 1 en 2)	
1. Laurens van Nulck (Hellas-Glana, 201100521) 50m 00:33.06 33,06	01:10.67(+66)
2. Franzi Ziegler (DAW, 201100891) 50m 00:33.58 33,58	01:11.59(+64)
3. Luca Monster (SG Hoeksche Waard, 201100343) 50m 00:33.98 33,98	01:11.98(+69)
4. Kasper Lubbers (Orca Leeuwarden, 201100025) 50m 00:35.59 35,59	01:14.82(+56)
5. Ewan Krist (ZPCH, 201100549) 50m 00:36.99 36,99	01:16.64(+78)
6. Douwe Enzerink (Deltasteur, 201102657) 50m 00:36.72 36,72	01:17.07(+66)
7. Nils Bellert (SG Octopus - ZVV, 201100347) 50m 00:37.38 37,38	01:18.25(+73)
8. Lev Rudman (Blue Marlins, 201102343) 50m 00:36.57 36,57	01:18.46(+64)
9. Dewin Volker (OZ&PC, 201101935) 50m 00:37.55 37,55	01:18.90(+65)
10. Giovanni Wolfgang (MSV-Zeemacht, 201100859) 50m 00:36.67 36,67	01:19.34(+63)
11. Mohiz Zahir (De Dolfijn, 201102139) 50m 00:37.55 37,55	01:19.35(+73)
12. Matthijs van Velzen (Deltasteur, 201100435) 50m 00:37.68 37,68	01:19.66(+59)
13. Ramon Vos (ZPC Hoogeveen, 201100051) 50m 00:36.23 36,23	01:19.68(+72)
14. Nout de Roo (Blue Marlins, 201103345) 50m 00:38.25 38,25	01:20.88(+69)
15. Joep Lindhout (Niemo Barracuda, 201100873) 50m 00:38.72 38,72	01:21.09(+72)
16. Thijs Hoogeveen (ZPC Woerden, 201100503)	01:21.13(+71)

	50m 00:37.66 37,66	
17. Sander de Bruin (ZZ&PC De Devel, 201100617)	50m 00:38.46 38,46	01:21.61(+64)
18. Mees Janssen (DSZ, 201102025)	50m 00:38.26 38,26	01:21.96(+67)
19. Laurens Steenaart (ZPCH, 201100829)	50m 00:38.67 38,67	01:22.14(+74)
20. Thijs van Kints (BZ&PC, 201101059)	50m 00:38.74 38,74	01:22.21(+82)
21. Max van Splunder (Het Y, 201200531)	50m 00:39.66 39,66	01:22.28(+73)
22. Luca Denkers (ZV New Wave Almere, 201202399)	50m 00:38.58 38,58	01:22.34(+65)
23. Izayah Castillo (Blue Marlins, 201100311)	50m 00:38.34 38,34	01:22.94(+68)
24. Toa Jahn (Het Y, 201201665)	50m 00:38.81 38,81	01:23.33(+56)
25. Charles Araysa (Zwemlust- den Hommel, 201201155)	50m 00:39.21 39,21	01:23.58(+58)
26. Yanniek Jager (Batavia Swim, 201100315)	50m 00:39.69 39,69	01:23.75(+67)
27. Milan Eikenaar (SWOL 1894, 201100599)	50m 00:39.70 39,70	01:24.24(+82)
28. Dax Muijlaert (SG Octopus - ZVV, 201100535)	50m 00:39.89 39,89	01:24.47(+66)
29. Finn Knijnenburg (De Columbiaan, 201101319)	50m 00:39.93 39,93	01:25.11(+63)
30. Leroy Maring (ZPC de Kanaalstreek, 201100307)	50m 00:40.48 40,48	01:25.14(+75)
31. Daan Overmars (OZ&PC, 201100027)	50m 00:40.07 40,07	01:25.32(+73)
32. Daan Mulder (KSN (SG), 201100267)	50m 00:40.03 40,03	01:25.49(+79)
33. Amor van der Veen (Dedemsvaart-AC, 201100197)	50m 00:40.30 40,30	01:26.02(+72)
34. Costijn van Elst (Blue Marlins, 201100317)	50m 00:40.28 40,28	01:27.21(+71)
35. Tim Slagers (Aquapoldro, 201200263)	50m 00:41.63 41,63	01:27.86(+73)
36. Jasper de Glopper (PSV, 201103019)	50m 00:41.89 41,89	01:28.58(+85)
37. Adrian Janse van Rensburg (De Treffers, 201202261)	50m 00:44.40 44,40	01:31.50(+75)
38. Stan Nijhuis (OZ&PC, 201100191)	50m 00:43.34 43,34	01:31.93(+73)
39. Pieter de Jonge (Aqua-Novio'94, 201200211)	50m 00:43.48 43,48	01:32.14(+67)
40. Lars Thül (SWOL 1894, 201200119)	50m 00:45.46 45,46	01:37.00(+76)

33. 100m schoolslag - Heren

12 - 15 jaar (Junioren)

1. Luca Boorsma (De Dolfijn, 200902031)	01:06.51(+60)
50m 00:31.38 31,38	
2. Ruben Baars (DWK, 200900471)	01:06.95(+68)
50m 00:31.59 31,59	
3. Giulian Janssen (PSV, 200900125)	01:07.27(+64)
50m 00:31.49 31,49	
4. Pieter van Oosten (Blue Marlins, 200903977)	01:07.59(+64)
50m 00:31.78 31,78	
5. Thygo van de Peppel (Blue Marlins, 200901101)	01:08.30(+66)
50m 00:31.59 31,59	
6. Davi Fonseca Gomes (PSV, 200902795)	01:09.13(+68)
50m 00:32.02 32,02	
7. Fedor Sazonov (PSV, 200900707)	01:09.14(+73)
50m 00:32.73 32,73	
8. Feddo Smink (ZPC AMERSFOORT, 200900007)	01:09.46(+62)
50m 00:32.47 32,47	
9. Duco de Gelder (Blue Marlins, 201000217)	01:09.57(+71)
50m 00:33.12 33,12	
10. Dani Yefimov (OZ&PC, 200901305)	01:10.24(+71)
50m 00:32.86 32,86	
11. Stefan van der Meer (VZC, 200901361)	01:10.43(+61)
50m 00:33.12 33,12	
12. Adriaan Coppelmans (AZC, 200903243)	01:10.66(+69)
50m 00:33.24 33,24	
13. Brian Arturo Bloemsma (De Dolfijn, 200901155)	01:11.74(+69)
50m 00:32.76 32,76	
14. Tristan Fredema (Blue Marlins, 200903699)	01:11.80(+66)
50m 00:33.93 33,93	
15. Nathan Magava (De Dolfijn, 201003067)	01:11.83(+57)
50m 00:33.40 33,40	
16. Sven Vette (De Bevelanders, 200900519)	01:12.45(+67)
50m 00:32.71 32,71	
17. Tygo van de Wal (DWK, 201001329)	01:12.55(+69)
50m 00:34.02 34,02	
18. Max van der Spank (PSV, 201000275)	01:12.56(+67)
50m 00:34.44 34,44	
19. Gerjan Berends (ZPC Hoogeveen, 200900169)	01:12.77(+73)
50m 00:33.25 33,25	
20. Thijn Runia (DZT'62, 201000895)	01:12.99(+75)
50m 00:33.98 33,98	
21. Giano Spoor (Aquapoldro, 200900655)	01:13.15(+72)
50m 00:33.76 33,76	
22. Duuk Harms (Dedemsvaart-AC, 200900201)	01:13.24(+73)
50m 00:34.45 34,45	
23. Finn Stamsnieder (OZ&PC, 200900225)	01:13.41(+78)
50m 00:34.50 34,50	
24. Abe Pasop (Dedemsvaart-AC, 201000501)	01:13.52(+63)
50m 00:34.25 34,25	

25. Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:35.41 35,41	01:13.61(+63)
26. Mathijs Boersma (ZPC Hoogeveen, 201000313) 50m 00:34.43 34,43	01:13.79(+89)
27. Cayden Malone (De Dolfijn, 201002195) 50m 00:34.29 34,29	01:13.85(+67)
28. Ruben de Vries (Wetterwille, 200900517) 50m 00:33.98 33,98	01:13.98(+73)
29. Roan van der Stege (SWOL 1894, 200900107) 50m 00:34.68 34,68	01:14.14(+71)
30. Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 50m 00:35.42 35,42	01:14.16(+65)
31. Mathieu Gepkens (VZC, 201000045) 50m 00:34.55 34,55	01:14.17(+75)
32. Ruben Nooter (Dedemsvaart-AC, 200901577) 50m 00:34.16 34,16	01:14.25(+63)
33. Ivo Bot (Wiekslag, 200900509) 50m 00:34.64 34,64	01:14.39(+65)
34. Sven Potappel (DWK, 201000127) 50m 00:34.86 34,86	01:14.43(+69)
35. Bram Kulpe (Z&PV de Veene, 200900329) 50m 00:35.16 35,16	01:14.62(+66)
36. Thomas Nauta (Arethusa, 200900339) 50m 00:34.82 34,82	01:14.68(+70)
37. Yahav Shalev (PSV, 200902093) 50m 00:34.86 34,86	01:14.78(+77)
38. Collin Visscher (MZ&PC De Reest, 201001089) 50m 00:34.15 34,15	01:14.80(+80)
39. Sven Koornstra (De Vikings, 200900189) 50m 00:36.41 36,41	01:14.88(+76)
40. Philip Visser (Het Y, 200901325) 50m 00:35.07 35,07	01:14.95(+75)
41. Jan Schouten (ZVL-1886, 200902305) 50m 00:35.12 35,12	01:15.07(+81)
42. Luka Arkesteijn (ACZ, 200903023) 50m 00:34.59 34,59	01:15.10(+79)
42. Hessel Wachter (Zwemclub Zeist, 200903337) 50m 00:35.14 35,14	01:15.10(+75)
44. Thijmen Pruijssers (Hieronymus, 201000129) 50m 00:34.57 34,57	01:15.29(+68)
45. Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:34.65 34,65	01:15.44(+63)
46. Kick Germers (SWOL 1894, 201000185) 50m 00:36.23 36,23	01:15.93(+76)
47. Alexander van Nulck (ZEPS, 200902167) 50m 00:35.51 35,51	01:16.41(+75)
48. Oden Hankins (Blue Marlins, 200902301) 50m 00:35.17 35,17	01:16.66(+73)

34. 200m vlinderslag - Dames

12 - 15 jaar

1. Ilona Weisz (ZPC AMERSFOORT, 201004146)	02:25.44(+76)
50m 00:31.71 31,71 100m 01:08.52 36,81 150m 01:46.78 38,26	
2. Mia Hoeflaken (PSV, 201004108)	02:30.53(+69)
50m 00:33.06 33,06 100m 01:11.65 38,59 150m 01:51.73 40,08	
3. Fenne Metten (ZPC AMERSFOORT, 201000102)	02:32.94(+70)
50m 00:33.14 33,14 100m 01:12.68 39,54 150m 01:54.27 41,59	
4. Erin de Jong (GZC DONK, 201000024)	02:33.71(+87)
50m 00:33.34 33,34 100m 01:12.02 38,68 150m 01:52.78 40,76	
5. Elin Brinkhof (De Dolfijn, 200900078)	02:34.25(+74)
50m 00:31.50 31,50 100m 01:09.73 38,23 150m 01:53.25 43,52	
6. Mariia Kostina (Blue Marlins, 201002042)	02:34.95(+72)
50m 00:32.43 32,43 100m 01:10.69 38,26 150m 01:52.48 41,79	
7. Grace Peters (Feijenoord Albion, 200901474)	02:44.64(+74)
50m 00:33.38 33,38 100m 01:13.48 40,10 150m 01:58.56 45,08	

35. 400m vrije slag - Heren

12 - 15 jaar (Junioren)

1. Martijn Nies (PSV, 200902095)	04:07.94(+72)
50m 00:26.65 26,65 150m 01:26.61 30,64 250m 02:30.82 32,75 350m 03:37.14 32,88	
100m 00:55.97 29,32 200m 01:58.07 31,46 300m 03:04.26 33,44	
2. Jelte de Jong (ZPCH, 200900975)	04:10.64(+72)
50m 00:28.42 28,42 150m 01:31.92 32,24 250m 02:36.29 31,82 350m 03:39.51 31,31	
100m 00:59.68 31,26 200m 02:04.47 32,55 300m 03:08.20 31,91	
3. Ruben Baars (DWK, 200900471)	04:17.13(+71)
50m 00:28.36 28,36 150m 01:32.87 32,90 250m 02:40.07 33,16 350m 03:46.00 32,49	
100m 00:59.97 31,61 200m 02:06.91 34,04 300m 03:13.51 33,44	
4. Stefan van der Meer (VZC, 200901361)	04:17.95(+47)
50m 00:28.69 28,69 150m 01:33.06 32,85 250m 02:39.31 33,18 350m 03:45.72 33,17	
100m 01:00.21 31,52 200m 02:06.13 33,07 300m 03:12.55 33,24	
5. Tobian Vos (ZPC AMERSFOORT, 200900005)	04:18.80(+75)
50m 00:28.95 28,95 150m 01:34.86 33,51 250m 02:40.82 32,83 350m 03:47.17 33,26	
100m 01:01.35 32,40 200m 02:07.99 33,13 300m 03:13.91 33,09	
6. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	04:20.11(+65)
50m 00:27.92 27,92 150m 01:33.10 33,16 250m 02:40.55 33,59 350m 03:47.35 33,41	
100m 00:59.94 32,02 200m 02:06.96 33,86 300m 03:13.94 33,39	
7. Sverre van der Zwaan (WVZ, 200900737)	04:20.32(+68)
50m 00:29.25 29,25 150m 01:35.35 33,48 250m 02:41.75 33,39 350m 03:48.43 33,46	
100m 01:01.87 32,62 200m 02:08.36 33,01 300m 03:14.97 33,22	
8. Abel op den Velde (De Duinkikkers, 201000079)	04:23.17(+77)
50m 00:29.37 29,37 150m 01:36.46 34,02 250m 02:45.09 34,11 350m 03:52.12 33,09	
100m 01:02.44 33,07 200m 02:10.98 34,52 300m 03:19.03 33,94	
9. Mike Hilders (De Dolfijn, 200900281)	04:24.43(+70)
50m 00:29.34 29,34 150m 01:34.76 32,90 250m 02:42.19 33,89 350m 03:50.81 34,54	
100m 01:01.86 32,52 200m 02:08.30 33,54 300m 03:16.27 34,08	
10. Aidan van der Stelt (Blue Marlins, 200900901)	04:24.57(+70)
50m 00:28.57 28,57 150m 01:34.28 33,38 250m 02:42.35 34,07 350m 03:51.24 34,58	
100m 01:00.90 32,33 200m 02:08.28 34,00 300m 03:16.66 34,31	
11. Juan Cruz Slappendel (Orca Leeuwarden, 200903053)	04:24.91(+64)
50m 00:28.49 28,49 150m 01:34.30 33,55 250m 02:43.53 34,68 350m 03:51.89 34,15	
100m 01:00.75 32,26 200m 02:08.85 34,55 300m 03:17.74 34,21	
12. Ruah Kes (De Dolfijn, 200904001)	04:26.02(+73)
50m 00:29.53 29,53 150m 01:36.42 33,63 250m 02:44.72 33,83 350m 03:52.90 33,95	

	100m 01:02.79 33,26	200m 02:10.89 34,47	300m 03:18.95 34,23	
13. Mattias Stolk (HZ&PC Heerenveen, 201000525)				04:26.90(+69)
	50m 00:30.17 30,17	150m 01:37.02 33,98	250m 02:45.33 34,15	350m 03:54.05 34,28
	100m 01:03.04 32,87	200m 02:11.18 34,16	300m 03:19.77 34,44	
14. Baris Tomu (ZPCH, 201000869)				04:27.36(+60)
	50m 00:29.29 29,29	150m 01:35.88 33,78	250m 02:43.16 34,04	350m 03:53.28 35,35
	100m 01:02.10 32,81	200m 02:09.12 33,24	300m 03:17.93 34,77	
15. Sven Mulder (WVZ, 200901655)				04:27.66(+69)
	50m 00:29.15 29,15	150m 01:36.63 34,28	250m 02:46.05 34,79	350m 03:55.22 34,55
	100m 01:02.35 33,20	200m 02:11.26 34,63	300m 03:20.67 34,62	
16. Tycho Wienbelt (De Vikings, 201001397)				04:27.93(+73)
	50m 00:30.36 30,36	150m 01:37.54 33,94	250m 02:46.05 34,39	350m 03:54.64 34,33
	100m 01:03.60 33,24	200m 02:11.66 34,12	300m 03:20.31 34,26	
17. Wessel van Dorst (Aqua-Novio'94, 200900727)				04:28.44(+70)
	50m 00:27.93 27,93	150m 01:34.87 34,40	250m 02:44.16 34,87	350m 03:53.42 34,13
	100m 01:00.47 32,54	200m 02:09.29 34,42	300m 03:19.29 35,13	
18. Xander Kragting (ZPC AMERSFOORT, 200900077)				04:30.84(+71)
	50m 00:29.48 29,48	150m 01:36.21 33,92	250m 02:45.99 35,12	350m 03:56.06 34,79
	100m 01:02.29 32,81	200m 02:10.87 34,66	300m 03:21.27 35,28	
19. Finn Stamsnieder (OZ&PC, 200900225)				04:31.26(+79)
	50m 00:30.36 30,36	150m 01:38.80 34,76	250m 02:48.10 34,61	350m 03:57.76 34,60
	100m 01:04.04 33,68	200m 02:13.49 34,69	300m 03:23.16 35,06	
20. Finn Hilders (De Dolfijn, 200900283)				04:31.75(+69)
	50m 00:30.22 30,22	150m 01:38.80 34,50	250m 02:48.24 34,51	350m 03:58.47 34,86
	100m 01:04.30 34,08	200m 02:13.73 34,93	300m 03:23.61 35,37	
21. Twan Wielage (KSN (SG), 200902671)				04:31.76(+81)
	50m 00:31.22 31,22	150m 01:38.60 33,65	250m 02:46.57 34,12	350m 03:57.04 35,61
	100m 01:04.95 33,73	200m 02:12.45 33,85	300m 03:21.43 34,86	
22. Bink Elgersma (Zwemlust- den Hommel, 201000137)				04:31.87(+74)
	50m 00:29.45 29,45	150m 01:37.54 34,82	250m 02:48.63 35,48	350m 03:58.73 35,01
	100m 01:02.72 33,27	200m 02:13.15 35,61	300m 03:23.72 35,09	
23. Roan van der Stege (SWOL 1894, 200900107)				04:32.23(+75)
	50m 00:30.78 30,78	150m 01:38.99 34,44	250m 02:48.27 34,73	350m 03:58.14 34,99
	100m 01:04.55 33,77	200m 02:13.54 34,55	300m 03:23.15 34,88	
24. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)				04:32.68(+68)
	50m 00:30.55 30,55	150m 01:39.92 35,13	250m 02:49.78 34,77	350m 04:00.22 35,11
	100m 01:04.79 34,24	200m 02:15.01 35,09	300m 03:25.11 35,33	
25. Steven Knol (De Otters Het Gooi, 200900543)				04:32.79(+64)
	50m 00:29.96 29,96	150m 01:38.83 34,85	250m 02:48.53 35,02	350m 03:58.67 35,25
	100m 01:03.98 34,02	200m 02:13.51 34,68	300m 03:23.42 34,89	
26. Guus van Duinen (Dedemsvaart-AC, 200901107)				04:32.85(+81)
	50m 00:29.93 29,93	150m 01:37.36 34,52	250m 02:48.08 35,74	350m 03:59.86 36,02
	100m 01:02.84 32,91	200m 02:12.34 34,98	300m 03:23.84 35,76	
27. Eli Shields (Niemo Barracuda, 201000407)				04:33.02(+66)
	50m 00:30.12 30,12	150m 01:39.66 35,19	250m 02:50.51 35,10	350m 04:01.11 34,79
	100m 01:04.47 34,35	200m 02:15.41 35,75	300m 03:26.32 35,81	
28. Ties Hesse (Team Noord Holland, 200901015)				04:33.19(+69)
	50m 00:29.58 29,58	150m 01:38.70 35,18	250m 02:50.03 35,71	350m 04:00.77 34,97
	100m 01:03.52 33,94	200m 02:14.32 35,62	300m 03:25.80 35,77	
29. Sacha van Hees Ajdnik (ZEPS, 200900489)				04:33.27(+75)
	50m 00:30.90 30,90	150m 01:40.82 35,50	250m 02:51.85 35,19	350m 04:01.60 34,64
	100m 01:05.32 34,42	200m 02:16.66 35,84	300m 03:26.96 35,11	
30. Duuk Harms (Dedemsvaart-AC, 200900201)				04:33.43(+73)
	50m 00:30.69 30,69	150m 01:39.39 34,65	250m 02:49.17 34,97	350m 03:59.24 35,05

	100m 01:04.74 34,05	200m 02:14.20 34,81	300m 03:24.19 35,02	
31. Dyon Scholten (Steenwijk 1934, 200900095)	50m 00:30.23 30,23	150m 01:39.16 34,85	250m 02:50.07 35,45	350m 04:01.22 35,30
	100m 01:04.31 34,08	200m 02:14.62 35,46	300m 03:25.92 35,85	04:35.02(+77)
32. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:29.85 29,85	150m 01:38.07 35,19	250m 02:48.83 35,05	350m 04:00.36 36,18
	100m 01:02.88 33,03	200m 02:13.78 35,71	300m 03:24.18 35,35	04:35.99(+71)
33. Thomas Nauta (Arethusa, 200900339)	50m 00:30.39 30,39	150m 01:39.58 35,26	250m 02:51.51 35,93	350m 04:03.09 35,62
	100m 01:04.32 33,93	200m 02:15.58 36,00	300m 03:27.47 35,96	04:36.63
34. Mathieu Gepkens (VZC, 201000045)	50m 00:30.99 30,99	150m 01:40.70 35,25	250m 02:52.32 35,65	350m 04:04.06 35,94
	100m 01:05.45 34,46	200m 02:16.67 35,97	300m 03:28.12 35,80	04:36.66(+74)
35. Tristan Meijers (SWOL 1894, 201000089)	50m 00:31.15 31,15	150m 01:41.00 35,39	250m 02:52.43 35,67	350m 04:03.19 34,88
	100m 01:05.61 34,46	200m 02:16.76 35,76	300m 03:28.31 35,88	04:37.28(+79)
36. Ruben Nooter (Dedemsvaart-AC, 200901577)	50m 00:29.64 29,64	150m 01:39.14 35,43	250m 02:51.33 35,65	350m 04:03.39 36,18
	100m 01:03.71 34,07	200m 02:15.68 36,54	300m 03:27.21 35,88	04:39.21(+64)
37. Mathijs Boersma (ZPC Hoogeveen, 201000313)	50m 00:30.13 30,13	150m 01:38.32 34,85	250m 02:49.60 35,97	350m 04:02.71 36,61
	100m 01:03.47 33,34	200m 02:13.63 35,31	300m 03:26.10 36,50	04:40.25(+80)
38. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:31.07 31,07	150m 01:41.99 36,19	250m 02:54.53 36,07	350m 04:07.71 36,41
	100m 01:05.80 34,73	200m 02:18.46 36,47	300m 03:31.30 36,77	04:42.63(+68)
DIS. Brent Schifflers (ZPC Woerden, 200902041)				00:00.00
36. 100m rugslag - Dames				
12 - 15 jaar				
1. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:31.15 31,15			01:04.05(+65)
2. Elin Ditewig (VZC, 200900392)	50m 00:31.10 31,10			01:04.41(+65)
3. Nina van der Schrier (AZC, 201000444)	50m 00:31.69 31,69			01:05.05(+60)
4. Nienke Koster (ZPC Hoogeveen, 200900612)	50m 00:31.48 31,48			01:05.26(+58)
5. Fenna Zusterzeel (PSV, 201000008)	50m 00:32.08 32,08			01:05.76(+54)
6. Freeke Super (PSV, 201003638)	50m 00:31.51 31,51			01:05.96(+61)
7. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:32.29 32,29			01:06.02(+65)
8. Tereza Boom (PSV, 200904028)	50m 00:31.45 31,45			01:06.19(+52)
9. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	50m 00:32.59 32,59			01:06.88(+57)
10. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:31.92 31,92			01:06.91(+64)
11. Luus Gielen (PSV, 200900138)	50m 00:32.54 32,54			01:07.07(+75)
12. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)				01:07.16(+62)

50m 00:32.67 32,67

13. Anouk Steller (WVZ, 201000004)	01:07.42(+61)
50m 00:32.62 32,62	
14. Myrthe Stelten (Hellas-Glana, 200900234)	01:07.65(+70)
50m 00:32.71 32,71	
15. Jenny Muntinga (ZPCH, 200900450)	01:07.95(+62)
50m 00:32.96 32,96	
16. Fenna Westerneng (DZ&PC, 200900070)	01:08.23(+68)
50m 00:33.17 33,17	
17. Charlotte Landman (CWW Swimteam, 200901290)	01:08.42(+73)
50m 00:33.10 33,10	
18. Julia Dąbrowska (Blue Marlins, 201000300)	01:08.53(+66)
50m 00:33.35 33,35	
19. Elin Baars (DWK, 201000138)	01:08.56(+72)
50m 00:33.24 33,24	
20. Romy de Graaf (Hellas-Glana, 201003660)	01:09.15(+73)
50m 00:33.94 33,94	
21. Emma Steenbrink (OZ&PC, 200901376)	01:09.27(+77)
50m 00:34.35 34,35	
22. Puck van Wees (De Dolfijn, 200901020)	01:09.37(+72)
50m 00:33.70 33,70	
23. Raegan Belmar (Blue Marlins, 201004070)	01:09.42(+80)
50m 00:33.45 33,45	
24. Fenne Metten (ZPC AMERSFOORT, 201000102)	01:09.50(+76)
50m 00:33.15 33,15	
25. Kim Bouman (ZPC AMERSFOORT, 201000262)	01:09.62(+66)
50m 00:33.15 33,15	
25. Tessa van Beek (DWK, 201001446)	01:09.62(+66)
50m 00:33.81 33,81	
27. Gwen Hermans (De Columbiaan, 200900058)	01:09.77(+66)
50m 00:34.54 34,54	
28. Myla Klaassen (Aqua-Novio'94, 200900110)	01:09.78(+54)
50m 00:33.65 33,65	
29. Yanique Bax (ZPC AMERSFOORT, 201001428)	01:10.09(+72)
50m 00:33.74 33,74	
30. Elin Riedijk (Blue Marlins, 201002056)	01:10.10(+72)
50m 00:34.50 34,50	
31. Esmé Sportel (Dedemsvaart-AC, 200900682)	01:10.13(+77)
50m 00:34.34 34,34	
32. Karlijn van der Schrier (Hieronymus, 200900834)	01:10.14(+62)
50m 00:33.68 33,68	
33. Tess Meeuwissen (De Columbiaan, 201000370)	01:10.17(+70)
50m 00:33.18 33,18	
34. Tess van de Steeg (WVZ, 201000016)	01:10.26(+67)
50m 00:33.82 33,82	
35. Nora Lynn Otten (ZPC Hoogeveen, 200903338)	01:10.68(+81)
50m 00:34.20 34,20	
36. Julia Bos (De Hokseberg, 200900184)	01:10.85(+72)
50m 00:34.20 34,20	

37. Famke Franzen (De Schoteijl, 201000058)	01:10.98(+61)
50m 00:33.58 33,58	
37. Wictoria Diederiks (ZVL-1886, 200900758)	01:10.98(+63)
50m 00:34.41 34,41	
39. Erin de Jong (GZC DONK, 201000024)	01:11.24(+74)
50m 00:34.96 34,96	
40. Indy Feenema (Orca Leeuwarden, 201000850)	01:11.29(+76)
50m 00:34.22 34,22	
41. Jayna Wagemakers (Hieronymus, 201000226)	01:11.55(+75)
50m 00:35.20 35,20	
42. Chaya Bremer (MSV-Zeemacht, 200900372)	01:11.82(+69)
50m 00:34.55 34,55	
43. Nicole Pestman (De Granaet, 201000668)	01:12.02(+60)
50m 00:34.80 34,80	
44. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	01:12.15(+68)
50m 00:34.96 34,96	
45. Faye Thijsse (WVZ, 201001364)	01:12.21(+79)
50m 00:34.43 34,43	
46. Yara van Asselen (De Dolfijn, 200900408)	01:12.34(+62)
50m 00:34.94 34,94	
47. Devenda van der Meer (DZ&PC, 200900948)	01:12.88(+63)
50m 00:34.22 34,22	
48. Eva de Man (Aqua-Novio'94, 201000294)	01:13.49(+68)
50m 00:35.29 35,29	
49. Femke ter Horst (ZPC Hoogeveen, 201000108)	01:13.99(+72)
50m 00:34.86 34,86	
50. Florian Pot (OZ&PC, 201000768)	01:14.04(+77)
50m 00:35.71 35,71	
51. Wieke Dekker (De Dolfijn, 201002020)	01:14.11(+61)
50m 00:35.93 35,93	
52. Ann Hietbrink (ZPC De Hof, 200902444)	01:14.40(+71)
50m 00:35.75 35,75	
53. Vlada Filimonov (De Bevelanders, 201002642)	01:15.14(+66)
50m 00:35.83 35,83	
54. Maryse Kuijper (DWK, 201000692)	01:15.51(+77)
50m 00:35.84 35,84	
DIS. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	00:00.00
37. 100m vlinderslag - Heren	
12 - 15 jaar (Junioren)	
1. Mattia Maggio (Hellas-Glana, 200903311)	00:58.15(+62)
50m 00:26.69 26,69	
2. Theodore Allan (PSV, 200902925)	00:58.65(+61)
50m 00:26.74 26,74	
3. Feddo Smink (ZPC AMERSFOORT, 200900007)	00:58.88(+62)
50m 00:27.09 27,09	
4. Wanne van Geest (ACZ, 200901425)	00:59.24(+74)
50m 00:27.16 27,16	
5. Martijn Nies (PSV, 200902095)	00:59.82(+69)
50m 00:27.48 27,48	

6. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	01:00.11(+72)
50m 00:27.80 27,80	
7. Giulian Janssen (PSV, 200900125)	01:00.85(+66)
50m 00:27.84 27,84	
8. Luca Boorsma (De Dolfijn, 200902031)	01:00.91(+58)
50m 00:27.22 27,22	
9. Alexander van der Maaten (Blue Marlins, 200903251)	01:00.97(+64)
50m 00:28.11 28,11	
10. Ruben Baars (DWK, 200900471)	01:01.11(+67)
50m 00:27.93 27,93	
11. Evren Ege Orcunus (De Dolfijn, 201003253)	01:01.22(+66)
50m 00:28.72 28,72	
11. Nick Vodde (AZ&PC De Futen, 201002211)	01:01.22(+68)
50m 00:27.51 27,51	
13. Pieter van Oosten (Blue Marlins, 200903977)	01:02.36(+65)
50m 00:27.80 27,80	
14. Myron Artemenko (Niemo Barracuda, 201003021)	01:02.43(+71)
50m 00:29.35 29,35	
15. Sascha Timmer (AZC, 200902987)	01:02.73(+56)
50m 00:28.69 28,69	
16. Jelte de Jong (ZPCH, 200900975)	01:02.88(+71)
50m 00:29.27 29,27	
17. Ivo Bot (Wiekslag, 200900509)	01:03.10(+71)
50m 00:28.86 28,86	
18. Sven Potappel (DWK, 201000127)	01:03.28(+66)
50m 00:29.99 29,99	
19. Daequan Ramos (ZPC Hoogeveen, 200901709)	01:03.30(+78)
50m 00:28.17 28,17	
20. Lucas Schouten (ZPCH, 200901925)	01:03.57(+71)
50m 00:29.25 29,25	
21. Ruben Kragt (Dedemsvaart-AC, 201000007)	01:03.76(+64)
50m 00:29.74 29,74	
22. Juan Cruz Slappendel (Orca Leeuwarden, 200903053)	01:03.91(+68)
50m 00:29.21 29,21	
23. Eli Shields (Niemo Barracuda, 201000407)	01:04.45(+65)
50m 00:30.01 30,01	
24. Tobian Vos (ZPC AMERSFOORT, 200900005)	01:04.57(+71)
50m 00:29.18 29,18	
25. Sven Koornstra (De Vikings, 200900189)	01:04.81(+78)
50m 00:30.70 30,70	
26. Paul Ruitenbergh (De Geul, 200900979)	01:04.90(+72)
50m 00:29.90 29,90	
27. Max van der Spank (PSV, 201000275)	01:05.29(+67)
50m 00:30.94 30,94	
28. Siem Faber (Batavia Swim, 200900065)	01:06.29(+61)
50m 00:30.24 30,24	
29. Dinand Kop (DAW, 200901001)	01:06.47(+65)
50m 00:29.76 29,76	
BM. Vanja Kvočka (Hellas-Glana, 200904007)	BM

50m 00:26.52 26,52

38. 200m schoolslag - Dames

12 - 13 jaar (Junioren 2 en 3)

1. Yill van Bezouw (Hieronymus, 201100704)	02:38.81(+73)
50m 00:35.80 35,80 100m 01:16.57 40,77 150m 01:57.85 41,28	
2. Malin Roozeboom (WVZ, 201100006)	02:43.99(+79)
50m 00:37.81 37,81 100m 01:19.73 41,92 150m 02:02.22 42,49	
3. Elin Reinstra (TriVia, 201100842)	02:47.60(+87)
50m 00:38.57 38,57 100m 01:21.17 42,60 150m 02:04.40 43,23	
4. Sterre de Veen (Hellas-Glana, 201100086)	02:49.23(+75)
50m 00:38.22 38,22 100m 01:20.84 42,62 150m 02:05.35 44,51	
5. Meike van der Klugt (WVZ, 201100808)	02:49.61(+81)
50m 00:38.42 38,42 100m 01:21.87 43,45 150m 02:06.00 44,13	
6. Vicky Horens (Hellas-Glana, 201200252)	02:49.95(+67)
50m 00:37.16 37,16 100m 01:20.76 43,60 150m 02:05.30 44,54	
7. Julia Ketelaars (Hellas-Glana, 201200028)	02:52.24(+77)
50m 00:38.80 38,80 100m 01:22.17 43,37 150m 02:07.17 45,00	
8. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	02:52.65(+78)
50m 00:38.79 38,79 100m 01:23.40 44,61 150m 02:09.17 45,77	
9. Noa Spaans (De Dolfijn, 201100222)	02:53.46(+73)
50m 00:39.69 39,69 100m 01:24.75 45,06 150m 02:10.10 45,35	
10. Odenza Soselisa (Blue Marlins, 201101780)	02:53.98(+75)
50m 00:39.74 39,74 100m 01:24.50 44,76 150m 02:09.42 44,92	
11. Elle van Gemeren (DAW, 201100428)	02:54.14(+74)
50m 00:40.03 40,03 100m 01:24.46 44,43 150m 02:09.80 45,34	
12. Noa van Zalk (ZPC AMERSFOORT, 201102534)	02:54.63(+71)
50m 00:39.08 39,08 100m 01:23.42 44,34 150m 02:08.71 45,29	
13. Romée Smit (MSV-Zeemacht, 201100438)	02:56.00(+76)
50m 00:40.47 40,47 100m 01:25.41 44,94 150m 02:12.17 46,76	
14. Lola Verheijen (PSV, 201100832)	02:56.67(+77)
50m 00:39.84 39,84 100m 01:25.51 45,67 150m 02:11.91 46,40	
15. Milou Filemon (Blue Marlins, 201100078)	02:57.21(+71)
50m 00:40.99 40,99 100m 01:26.67 45,68 150m 02:12.66 45,99	
16. Julia Bannatyne (BZ&PC, 201201020)	02:57.31(+74)
50m 00:39.15 39,15 100m 01:24.79 45,64 150m 02:11.54 46,75	
17. Rozalia Diederiks (ZVL-1886, 201100904)	02:57.58(+80)
50m 00:41.10 41,10 100m 01:26.60 45,50 150m 02:13.50 46,90	
18. Hanna Heller (ZPC AMERSFOORT, 201102730)	02:57.64(+91)
50m 00:39.68 39,68 100m 01:24.99 45,31 150m 02:11.45 46,46	
19. Anna Lepoutre (PSV, 201100534)	02:58.68(+74)
50m 00:39.54 39,54 100m 01:25.21 45,67 150m 02:11.93 46,72	
20. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	02:58.69(+76)
50m 00:40.72 40,72 100m 01:25.97 45,25 150m 02:12.61 46,64	
21. Morrison Schram (De Schelde, 201100686)	02:58.90(+78)
50m 00:40.58 40,58 100m 01:26.76 46,18 150m 02:14.46 47,70	
22. Sara Creemers (Hellas-Glana, 201100242)	02:59.71(+77)
50m 00:40.81 40,81 100m 01:25.67 44,86 150m 02:12.10 46,43	
23. Isabel Amelink (Deltasteur, 201100196)	03:00.83(+74)
50m 00:41.00 41,00 100m 01:26.72 45,72 150m 02:14.31 47,59	

24. Mette Hogenhuis (Zweamlust- den Hommel, 201101254)	03:01.35(+84)
50m 00:39.60 39,60 100m 01:25.54 45,94 150m 02:13.59 48,05	
25. Anouk Mulder (De Columbiaan, 201200962)	03:01.57(+79)
50m 00:41.24 41,24 100m 01:27.76 46,52 150m 02:14.72 46,96	
26. Elke Kriesels (Hieronymus, 201100898)	03:01.97(+78)
50m 00:42.57 42,57 100m 01:28.37 45,80 150m 02:15.92 47,55	
27. Norell Kroeze (ZC Polaris, 201100378)	03:02.01(+75)
50m 00:41.01 41,01 100m 01:27.79 46,78 150m 02:15.81 48,02	
28. Alaine Dumont (De Watervogels, 201102140)	03:02.45(+73)
50m 00:40.17 40,17 100m 01:25.89 45,72 150m 02:13.56 47,67	
29. Esmee Reuver (ZC Polaris, 201100846)	03:03.29(+72)
50m 00:40.64 40,64 100m 01:27.11 46,47 150m 02:15.34 48,23	
30. Esra Simon (Hellas-Glana, 201100004)	03:03.69(+83)
50m 00:42.12 42,12 100m 01:28.95 46,83 150m 02:17.08 48,13	
31. Frédérique Nijziel (De Dolfijn, 201103114)	03:09.39(+75)
50m 00:41.55 41,55 100m 01:29.17 47,62 150m 02:18.92 49,75	
32. Isabella Ekberg (ZPC AMERSFOORT, 201202206)	03:09.68(+80)
50m 00:41.39 41,39 100m 01:30.42 49,03 150m 02:20.16 49,74	
33. Mattea Gliese-Slooijer (De Dinkel, 201100008)	03:10.35(+82)
50m 00:42.78 42,78 100m 01:31.07 48,29 150m 02:20.60 49,53	
34. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	03:10.81(+73)
50m 00:42.83 42,83 100m 01:31.08 48,25 150m 02:20.88 49,80	
35. Pien Walstra (De Treffers, 201101034)	03:11.89(+79)
50m 00:44.90 44,90 100m 01:34.54 49,64 150m 02:24.71 50,17	
36. Alissa Rooijackers (Z&PV Nuenen, 201101892)	03:14.12(+77)
50m 00:43.38 43,38 100m 01:33.15 49,77 150m 02:23.77 50,62	
37. Simone Brobbel (SG Hoeksche Waard, 201200058)	03:17.68(+74)
50m 00:44.08 44,08 100m 01:35.14 51,06 150m 02:26.86 51,72	
38. Fanni Farkas (De Columbiaan, 201100360)	03:18.19(+77)
50m 00:44.31 44,31 100m 01:35.68 51,37 150m 02:27.71 52,03	
39. Amila Mustafic (DZ&PC, 201200026)	03:34.56(+74)
50m 00:46.56 46,56 100m 01:42.96 56,40 150m 02:38.92 55,96	
39. 200m schoolslag - Dames	
12 - 15 jaar	
1. Paula Spans (ZPC AMERSFOORT, 201000064)	02:35.84(+74)
50m 00:34.84 34,84 100m 01:14.23 39,39 150m 01:54.86 40,63	
2. Tess Vonk (De Geul, 200900024)	02:36.33(+63)
50m 00:36.28 36,28 100m 01:16.85 40,57 150m 01:56.47 39,62	
3. Robine Moot (ZPC AMERSFOORT, 200900330)	02:40.28(+74)
50m 00:35.69 35,69 100m 01:15.81 40,12 150m 01:57.34 41,53	
4. Marre van der Wal (SG Bolsward-Workum, 201000046)	02:42.77(+69)
50m 00:36.21 36,21 100m 01:17.46 41,25 150m 01:59.66 42,20	
5. Amber Kunst (DAW, 200900680)	02:43.00(+69)
50m 00:36.37 36,37 100m 01:18.54 42,17 150m 02:01.21 42,67	
6. Myrthe Stelten (Hellas-Glana, 200900234)	02:43.23(+74)
50m 00:36.52 36,52 100m 01:17.85 41,33 150m 02:00.03 42,18	
7. Valerie Rienties (Zwemsport Parkstad, 201200400)	02:46.37(+65)
50m 00:38.48 38,48 100m 01:20.96 42,48 150m 02:04.45 43,49	
8. Linou van Kampen (ZPCH, 201000594)	02:46.65(+85)
50m 00:37.75 37,75 100m 01:19.89 42,14 150m 02:03.26 43,37	

9. Annelie Batenburg (PSV, 201001962)				02:47.27(+75)	
50m 00:37.26	37,26	100m 01:19.07	41,81	150m 02:02.15	43,08
10. Michelle van Hemert (PSV, 200901200)				02:47.62(+72)	
50m 00:37.15	37,15	100m 01:20.21	43,06	150m 02:03.57	43,36
11. Tess van de Steeg (WVZ, 201000016)				02:47.75(+76)	
50m 00:37.77	37,77	100m 01:20.33	42,56	150m 02:03.79	43,46
12. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)				02:48.10(+73)	
50m 00:37.90	37,90	100m 01:20.94	43,04	150m 02:05.04	44,10
13. Rixt Rothschild (ZPC Hoozeveen, 200900026)				02:48.31(+76)	
50m 00:38.50	38,50	100m 01:21.15	42,65	150m 02:05.53	44,38
14. Jasmijn Schoonen (Wiekslag, 200901196)				02:49.14(+83)	
50m 00:37.85	37,85	100m 01:20.81	42,96	150m 02:05.19	44,38
15. Eva Ehlert (GZC DONK, 201002026)				02:49.50(+71)	
50m 00:37.43	37,43	100m 01:20.88	43,45	150m 02:05.33	44,45
16. Yaell Elmerink (ZPC De Hof, 200900310)				02:50.32(+79)	
50m 00:37.38	37,38	100m 01:20.43	43,05	150m 02:05.29	44,86
17. Suuz Griekspoor (Noordwijkerhout, 200901204)				02:50.36(+75)	
50m 00:38.17	38,17	100m 01:21.38	43,21	150m 02:06.56	45,18
18. Mia Hoeflaken (PSV, 201004108)				02:50.66(+75)	
50m 00:38.18	38,18	100m 01:21.32	43,14	150m 02:06.24	44,92
19. Esmee de Raadt (Feijenoord Albion, 201002328)				02:50.71(+77)	
50m 00:38.53	38,53	100m 01:22.22	43,69	150m 02:06.85	44,63
20. Wieke Dekker (De Dolfijn, 201002020)				02:50.78(+76)	
50m 00:39.03	39,03	100m 01:22.63	43,60	150m 02:07.21	44,58
21. Fleur Buijs (Hieronymus, 201100676)				02:51.57(+79)	
50m 00:38.58	38,58	100m 01:22.09	43,51	150m 02:07.22	45,13
22. Eefje van Hinsbergen (Blue Marlins, 201002252)				02:51.73(+70)	
50m 00:37.40	37,40	100m 01:20.41	43,01	150m 02:05.20	44,79
23. Gerlin van de Krol (DWK, 201101412)				02:52.05(+79)	
50m 00:39.13	39,13	100m 01:21.99	42,86	150m 02:06.98	44,99
24. Kyana de Vries (ZWK Merlet, 200901260)				02:52.29(+86)	
50m 00:38.82	38,82	100m 01:21.99	43,17	150m 02:07.01	45,02
25. Nina Tetteroo (De Columbiaan, 201000048)				02:52.56(+73)	
50m 00:39.68	39,68	100m 01:24.16	44,48	150m 02:08.70	44,54
26. Esmaé de Gans (ZPC AMERSFOORT, 200900134)				02:52.78(+74)	
50m 00:38.52	38,52	100m 01:21.98	43,46	150m 02:07.81	45,83
27. Jayna Wagemakers (Hieronymus, 201000226)				02:53.01(+81)	
50m 00:38.84	38,84	100m 01:22.65	43,81	150m 02:08.36	45,71
28. Tess Meeuwissen (De Columbiaan, 201000370)				02:55.12(+65)	
50m 00:38.01	38,01	100m 01:21.87	43,86	150m 02:08.20	46,33
29. Myrthe Rozendaal (Aqua-Novio'94, 201000790)				02:55.34(+83)	
50m 00:38.65	38,65	100m 01:23.60	44,95	150m 02:09.39	45,79
30. Dante van Meene (DAW, 200900678)				02:56.61(+76)	
50m 00:38.51	38,51	100m 01:22.92	44,41	150m 02:09.63	46,71
31. Breanna Belmar (Blue Marlins, 201004068)				02:56.75(+71)	
50m 00:39.41	39,41	100m 01:23.60	44,19	150m 02:09.64	46,04
32. Tara Langkamp (Aqua-Novio'94, 200900362)				02:57.13(+71)	
50m 00:37.39	37,39	100m 01:22.89	45,50	150m 02:10.29	47,40
33. Sanne Keizer (Dedemsvaart-AC, 201001348)				02:57.81(+82)	

	50m 00:38.14 38,14	100m 01:23.57 45,43	150m 02:10.76 47,19	
34. Sanne Mulder (WVZ, 200900280)				03:04.51(+69)
	50m 00:39.97 39,97	100m 01:26.15 46,18	150m 02:15.26 49,11	
40. 200m vrije slag - Heren				
12 - 13 jaar (Junioren 1 en 2)				
1. Ramon Vos (ZPC Hoogeveen, 201100051)				02:03.13(+60)
	50m 00:27.91 27,91	100m 00:59.22 31,31	150m 01:31.62 32,40	
2. Matthijs van Velzen (Deltasteur, 201100435)				02:06.18(+58)
	50m 00:28.36 28,36	100m 01:00.14 31,78	150m 01:33.50 33,36	
3. Daan Overmars (OZ&PC, 201100027)				02:08.22(+64)
	50m 00:29.57 29,57	100m 01:01.93 32,36	150m 01:35.57 33,64	
4. Mees Janssen (DSZ, 201102025)				02:09.77(+65)
	50m 00:29.53 29,53	100m 01:02.19 32,66	150m 01:35.72 33,53	
5. Giovanni Wolfgang (MSV-Zeemacht, 201100859)				02:10.34(+63)
	50m 00:29.63 29,63	100m 01:03.74 34,11	150m 01:37.77 34,03	
6. Laurens van Nulck (Hellas-Glana, 201100521)				02:10.59(+66)
	50m 00:30.04 30,04	100m 01:03.42 33,38	150m 01:37.41 33,99	
7. Douwe Enzerink (Deltasteur, 201102657)				02:10.76(+52)
	50m 00:30.03 30,03	100m 01:03.53 33,50	150m 01:37.55 34,02	
8. Kasper Lubbers (Orca Leeuwarden, 201100025)				02:11.05(+57)
	50m 00:30.81 30,81	100m 01:03.85 33,04	150m 01:37.78 33,93	
9. Amor van der Veen (Dedemsvaart-AC, 201100197)				02:11.58(+70)
	50m 00:29.23 29,23	100m 01:02.66 33,43	150m 01:37.33 34,67	
10. Franzi Ziegler (DAW, 201100891)				02:12.15(+65)
	50m 00:29.37 29,37	100m 01:03.12 33,75	150m 01:38.27 35,15	
11. Tim Slagers (Aquapoldro, 201200263)				02:14.28(+72)
	50m 00:30.91 30,91	100m 01:05.42 34,51	150m 01:40.58 35,16	
12. Lev Rudman (Blue Marlins, 201102343)				02:14.29(+62)
	50m 00:29.91 29,91	100m 01:04.53 34,62	150m 01:40.01 35,48	
13. Dax Muijlaert (SG Octopus - ZVV, 201100535)				02:14.61(+68)
	50m 00:30.78 30,78	100m 01:05.45 34,67	150m 01:40.66 35,21	
14. Nout de Roo (Blue Marlins, 201103345)				02:15.72(+72)
	50m 00:31.22 31,22	100m 01:06.75 35,53	150m 01:42.26 35,51	
15. Daan Mulder (KSN (SG), 201100267)				02:16.08(+81)
	50m 00:30.84 30,84	100m 01:05.70 34,86	150m 01:41.26 35,56	
16. Luca Denkers (ZV New Wave Almere, 201202399)				02:16.54(+52)
	50m 00:31.12 31,12	100m 01:06.13 35,01	150m 01:42.08 35,95	
17. Costijn van Elst (Blue Marlins, 201100317)				02:16.58(+72)
	50m 00:31.31 31,31	100m 01:06.42 35,11	150m 01:42.52 36,10	
18. Thijs van Kints (BZ&PC, 201101059)				02:16.87(+86)
	50m 00:32.12 32,12	100m 01:07.22 35,10	150m 01:42.16 34,94	
19. Luca Monster (SG Hoeksche Waard, 201100343)				02:17.24(+69)
	50m 00:30.95 30,95	100m 01:06.64 35,69	150m 01:43.34 36,70	
20. Nils Bellert (SG Octopus - ZVV, 201100347)				02:17.88(+71)
	50m 00:32.07 32,07	100m 01:07.63 35,56	150m 01:44.22 36,59	
21. Jasper de Gloppe (PSV, 201103019)				02:17.90(+79)
	50m 00:31.95 31,95	100m 01:07.22 35,27	150m 01:43.28 36,06	
22. Adrian Janse van Rensburg (De Treffers, 201202261)				02:18.69(+73)
	50m 00:33.66 33,66	100m 01:09.91 36,25	150m 01:46.80 36,89	

23. Max van Splunder (Het Y, 201200531)			02:19.34(+72)
50m 00:32.51 32,51	100m 01:08.23 35,72	150m 01:44.75 36,52	
24. Joep Lindhout (Niemo Barracuda, 201100873)			02:20.33(+73)
50m 00:32.73 32,73	100m 01:09.03 36,30	150m 01:46.07 37,04	
25. Yanniek Jager (Batavia Swim, 201100315)			02:20.57(+69)
50m 00:31.61 31,61	100m 01:07.72 36,11	150m 01:44.94 37,22	
26. Thijs Hoogeveen (ZPC Woerden, 201100503)			02:20.84(+72)
50m 00:31.42 31,42	100m 01:07.16 35,74	150m 01:44.38 37,22	
27. Stan Nijhuis (OZ&PC, 201100191)			02:20.93(+68)
50m 00:31.51 31,51	100m 01:07.54 36,03	150m 01:44.71 37,17	
28. Mohiz Zahir (De Dolfijn, 201102139)			02:21.31(+72)
50m 00:32.89 32,89	100m 01:09.11 36,22	150m 01:45.91 36,80	
29. Pieter de Jonge (Aqua-Novio'94, 201200211)			02:21.32(+63)
50m 00:32.57 32,57	100m 01:08.29 35,72	150m 01:45.26 36,97	
30. Toa Jahn (Het Y, 201201665)			02:21.48(+57)
50m 00:32.12 32,12	100m 01:08.43 36,31	150m 01:46.34 37,91	
31. Laurens Steenaart (ZPCH, 201100829)			02:21.52(+76)
50m 00:32.42 32,42	100m 01:08.16 35,74	150m 01:45.50 37,34	
32. Finn Knijnenburg (De Columbiaan, 201101319)			02:22.07(+68)
50m 00:31.97 31,97	100m 01:08.02 36,05	150m 01:45.62 37,60	
33. Dewin Volker (OZ&PC, 201101935)			02:22.16(+67)
50m 00:32.86 32,86	100m 01:09.71 36,85	150m 01:47.06 37,35	
34. Leroy Maring (ZPC de Kanaalstreek, 201100307)			02:22.17(+83)
50m 00:32.19 32,19	100m 01:07.93 35,74	150m 01:45.30 37,37	
35. Ewan Krist (ZPCH, 201100549)			02:22.54(+78)
50m 00:32.74 32,74	100m 01:09.90 37,16	150m 01:46.97 37,07	
36. Milan Eikenaar (SWOL 1894, 201100599)			02:22.80(+82)
50m 00:31.74 31,74	100m 01:08.09 36,35	150m 01:45.40 37,31	
37. Sander de Bruin (ZZ&PC De Devel, 201100617)			02:25.14(+65)
50m 00:33.62 33,62	100m 01:11.17 37,55	150m 01:50.82 39,65	
38. Iyayah Castillo (Blue Marlins, 201100311)			02:26.06(+70)
50m 00:31.23 31,23	100m 01:08.71 37,48	150m 01:47.73 39,02	
39. Charles Araysa (Zwemlust- den Hommel, 201201155)			02:26.20(+58)
50m 00:33.23 33,23	100m 01:10.64 37,41	150m 01:48.86 38,22	
40. Lars Thül (SWOL 1894, 201200119)			02:27.66(+77)
50m 00:33.84 33,84	100m 01:12.74 38,90	150m 01:50.48 37,74	

Nummer: 5 - zondag 15 december 2024 om 15:30u (25 m)

Aanvangstijd juryvergadering: 14:30u

31. 100m vrije slag - Dames

12 - 15 jaar

1. Juliëtte Woltjes (VZC, 200900774)	00:56.60(+73)
50m 00:27.48 27,48	
2. Ilona Weisz (ZPC AMERSFOORT, 201004146)	00:57.34(+76)
50m 00:28.07 28,07	
3. Fenna Westerneng (DZ&PC, 200900070)	00:57.59(+76)
50m 00:28.07 28,07	
4. Elin Ditewig (VZC, 200900392)	00:58.06(+65)
50m 00:28.04 28,04	

5. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:58.24(+73)
50m 00:27.47 27,47	
6. Madeleine Bertram (De Dolfijn, 200900516)	00:58.91(+68)
50m 00:28.51 28,51	
7. Kinley Cole (PSV, 200903696)	00:59.12(+69)
50m 00:28.50 28,50	
8. Jenny Muntinga (ZPCH, 200900450)	00:59.32(+65)
50m 00:28.45 28,45	
. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	
. Lotte Lübbers (KSN (SG), 200900190)	
33. 100m schoolslag - Heren	
12 - 15 jaar (Junioren)	
1. Ruben Baars (DWK, 200900471)	01:05.28(+69)
50m 00:30.78 30,78	
2. Luca Boorsma (De Dolfijn, 200902031)	01:05.53(+57)
50m 00:30.83 30,83	
3. Giulian Janssen (PSV, 200900125)	01:06.10(+63)
50m 00:31.30 31,30	
4. Pieter van Oosten (Blue Marlins, 200903977)	01:07.63(+65)
50m 00:31.68 31,68	
5. Thygo van de Peppel (Blue Marlins, 200901101)	01:07.68(+70)
50m 00:31.76 31,76	
6. Davi Fonseca Gomes (PSV, 200902795)	01:08.15(+75)
50m 00:31.64 31,64	
7. Duco de Gelder (Blue Marlins, 201000217)	01:08.69(+71)
50m 00:31.99 31,99	
8. Fedor Sazonov (PSV, 200900707)	01:08.79(+71)
50m 00:32.60 32,60	
. Dani Yefimov (OZ&PC, 200901305)	
. Stefan van der Meer (VZC, 200901361)	
41. 100m rugslag - Dames	
12 - 13 jaar (Junioren 2 en 3)	
1. Malin Roozeboom (WVZ, 201100006)	01:03.61(+65)
50m 00:30.82 30,82	
2. Romée Smit (MSV-Zeemacht, 201100438)	01:06.43(+69)
50m 00:32.01 32,01	
3. Elin Reinstra (TriVia, 201100842)	01:06.75(+71)
50m 00:32.68 32,68	
4. Yill van Bezouw (Hieronymus, 201100704)	01:06.94(+65)
50m 00:32.72 32,72	
5. Frédérique Nijziel (De Dolfijn, 201103114)	01:07.03(+65)
50m 00:32.62 32,62	
6. Julia Bannatyne (BZ&PC, 201201020)	01:09.27(+68)
50m 00:33.32 33,32	
7. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	01:10.39(+70)
50m 00:33.91 33,91	
8. Lola Verheijen (PSV, 201100832)	01:10.45(+75)
50m 00:34.41 34,41	
9. Elke Kriesels (Hieronymus, 201100898)	01:10.59(+63)

50m 00:33.98 33,98

10. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	01:10.65(+77)
50m 00:34.38 34,38	
11. Odenza Soselisa (Blue Marlins, 201101780)	01:10.69(+68)
50m 00:33.88 33,88	
12. Noa van Zalk (ZPC AMERSFOORT, 201102534)	01:11.10(+86)
50m 00:34.84 34,84	
13. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)	01:11.15(+82)
50m 00:34.45 34,45	
14. Anna Lepoutre (PSV, 201100534)	01:11.25(+73)
50m 00:34.75 34,75	
15. Noa Spaans (De Dolfijn, 201100222)	01:11.33(+68)
50m 00:34.08 34,08	
16. Esmee Reuver (ZC Polaris, 201100846)	01:11.69(+65)
50m 00:34.28 34,28	
17. Sara Creemers (Hellas-Glana, 201100242)	01:11.72(+70)
50m 00:35.73 35,73	
18. Sterre de Veen (Hellas-Glana, 201100086)	01:11.92(+73)
50m 00:35.15 35,15	
19. Milou Filemon (Blue Marlins, 201100078)	01:11.98(+78)
50m 00:35.22 35,22	
20. Mattea Gliese-Slooijs (De Dinkel, 201100008)	01:11.99(+75)
50m 00:34.85 34,85	
21. Elle van Gemeren (DAW, 201100428)	01:12.24(+72)
50m 00:34.87 34,87	
22. Alissa Rooijackers (Z&PV Nuenen, 201101892)	01:12.91(+70)
50m 00:35.00 35,00	
23. Rozalia Diederiks (ZVL-1886, 201100904)	01:13.28(+75)
50m 00:36.48 36,48	
24. Anouk Mulder (De Columbiaan, 201200962)	01:13.48(+76)
50m 00:36.34 36,34	
25. Pien Walstra (De Treffers, 201101034)	01:13.53(+79)
50m 00:36.85 36,85	
26. Amila Mustafic (DZ&PC, 201200026)	01:13.88(+68)
50m 00:35.33 35,33	
27. Hanna Heller (ZPC AMERSFOORT, 201102730)	01:13.92(+80)
50m 00:36.30 36,30	
28. Simone Brobbel (SG Hoeksche Waard, 201200058)	01:14.06(+77)
50m 00:36.06 36,06	
29. Isabella Ekberg (ZPC AMERSFOORT, 201202206)	01:14.41(+85)
50m 00:36.10 36,10	
30. Alaine Dumont (De Watervogels, 201102140)	01:14.54(+64)
50m 00:35.82 35,82	
31. Meike van der Klugt (WVZ, 201100808)	01:14.80(+69)
50m 00:36.65 36,65	
32. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	01:15.42(+67)
50m 00:36.13 36,13	
33. Fanni Farkas (De Columbiaan, 201100360)	01:15.84(+69)
50m 00:36.83 36,83	

34. Esra Simon (Hellas-Glana, 201100004)	01:16.11(+79)
50m 00:37.09 37,09	
35. Isabel Amelink (Deltasteur, 201100196)	01:16.14(+87)
50m 00:36.85 36,85	
36. Julia Ketelaars (Hellas-Glana, 201200028)	01:17.63(+62)
50m 00:37.73 37,73	
37. Vicky Horens (Hellas-Glana, 201200252)	01:17.94(+62)
50m 00:36.70 36,70	
38. Norell Kroeze (ZC Polaris, 201100378)	01:18.11(+71)
50m 00:37.97 37,97	
39. Morrison Schram (De Schelde, 201100686)	01:18.62(+65)
50m 00:38.23 38,23	
42. 100m vlinderslag - Heren	
12 - 13 jaar (Junioren 1 en 2)	
1. Franzi Ziegler (DAW, 201100891)	01:03.99(+65)
50m 00:29.44 29,44	
2. Nils Bellert (SG Octopus - ZVV, 201100347)	01:05.18(+71)
50m 00:30.09 30,09	
3. Mees Janssen (DSZ, 201102025)	01:05.42(+65)
50m 00:30.03 30,03	
4. Matthijs van Velzen (Deltasteur, 201100435)	01:06.68(+60)
50m 00:30.39 30,39	
5. Laurens van Nulck (Hellas-Glana, 201100521)	01:07.53(+72)
50m 00:30.69 30,69	
6. Giovanni Wolfgang (MSV-Zeemacht, 201100859)	01:08.00(+63)
50m 00:31.37 31,37	
7. Kasper Lubbers (Orca Leeuwarden, 201100025)	01:08.28(+58)
50m 00:32.01 32,01	
8. Luca Denkers (ZV New Wave Almere, 201202399)	01:08.37(+60)
50m 00:31.79 31,79	
9. Tim Slagers (Aquapoldro, 201200263)	01:08.69(+75)
50m 00:31.66 31,66	
10. Lev Rudman (Blue Marlins, 201102343)	01:09.02(+62)
50m 00:31.10 31,10	
11. Douwe Enzerink (Deltasteur, 201102657)	01:09.20(+62)
50m 00:32.26 32,26	
12. Luca Monster (SG Hoeksche Waard, 201100343)	01:09.51(+70)
50m 00:31.52 31,52	
13. Amor van der Veen (Dedemsvaart-AC, 201100197)	01:10.33(+70)
50m 00:31.65 31,65	
14. Pieter de Jonge (Aqua-Novio'94, 201200211)	01:10.61(+65)
50m 00:32.98 32,98	
15. Jasper de Glopper (PSV, 201103019)	01:11.14(+83)
50m 00:32.91 32,91	
16. Izayah Castillo (Blue Marlins, 201100311)	01:11.26(+68)
50m 00:32.35 32,35	
17. Toa Jahn (Het Y, 201201665)	01:11.62(+57)
50m 00:33.75 33,75	
18. Dax Muijlaert (SG Octopus - ZVV, 201100535)	01:12.29(+70)

50m 00:33.26 33,26

19. Ramon Vos (ZPC Hoogeveen, 201100051)	01:12.65(+72)
50m 00:32.77 32,77	
20. Costijn van Elst (Blue Marlins, 201100317)	01:12.83(+76)
50m 00:33.49 33,49	
21. Daan Overmars (OZ&PC, 201100027)	01:13.52(+68)
50m 00:34.07 34,07	
22. Yanniek Jager (Batavia Swim, 201100315)	01:13.69(+70)
50m 00:34.26 34,26	
23. Nout de Roo (Blue Marlins, 201103345)	01:14.26(+74)
50m 00:34.64 34,64	
24. Leroy Maring (ZPC de Kanaalstreek, 201100307)	01:15.00(+77)
50m 00:34.10 34,10	
25. Ewan Krist (ZPCH, 201100549)	01:15.44(+77)
50m 00:38.12 38,12	
26. Milan Eikenaar (SWOL 1894, 201100599)	01:17.49(+86)
50m 00:35.83 35,83	
27. Joep Lindhout (Niemo Barracuda, 201100873)	01:17.54(+74)
50m 00:36.67 36,67	
28. Laurens Steenaart (ZPCH, 201100829)	01:17.78(+78)
50m 00:35.52 35,52	
29. Adrian Janse van Rensburg (De Treffers, 201202261)	01:17.95(+77)
50m 00:37.61 37,61	
30. Mohiz Zahir (De Dolfijn, 201102139)	01:17.98(+79)
50m 00:35.49 35,49	
31. Thijs van Kints (BZ&PC, 201101059)	01:18.24(+84)
50m 00:35.40 35,40	
32. Lars Thül (SWOL 1894, 201200119)	01:18.28(+69)
50m 00:36.58 36,58	
33. Dewin Volker (OZ&PC, 201101935)	01:18.45(+63)
50m 00:36.21 36,21	
34. Sander de Bruin (ZZ&PC De Devel, 201100617)	01:19.46(+67)
50m 00:33.88 33,88	
35. Finn Knijnenburg (De Columbiaan, 201101319)	01:20.36(+64)
50m 00:36.23 36,23	
36. Daan Mulder (KSN (SG), 201100267)	01:20.46(+87)
50m 00:36.26 36,26	
37. Charles Araysa (Zwemlust- den Hommel, 201201155)	01:20.60(+56)
50m 00:36.75 36,75	
38. Max van Splunder (Het Y, 201200531)	01:21.06(+73)
50m 00:37.49 37,49	
39. Stan Nijhuis (OZ&PC, 201100191)	01:21.74(+72)
50m 00:37.36 37,36	
40. Thijs Hoogeveen (ZPC Woerden, 201100503)	01:27.86(+72)
50m 00:38.90 38,90	
36. 100m rugslag - Dames	
12 - 15 jaar	
1. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	01:02.29(+68)
50m 00:30.11 30,11	

2. Elin Ditewig (VZC, 200900392)	01:03.68(+64)
50m 00:30.62 30,62	
3. Nienke Koster (ZPC Hoogeveen, 200900612)	01:04.18(+57)
50m 00:30.90 30,90	
4. Nina van der Schrier (AZC, 201000444)	01:05.01(+65)
50m 00:31.58 31,58	
5. Fenna Zusterzeel (PSV, 201000008)	01:05.18(+55)
50m 00:31.79 31,79	
6. Freeke Super (PSV, 201003638)	01:05.33(+57)
50m 00:31.31 31,31	
7. Tereza Boom (PSV, 200904028)	01:05.67(+52)
50m 00:31.35 31,35	
8. Madeleine Bertram (De Dolfijn, 200900516)	01:06.15(+63)
50m 00:32.77 32,77	
. Luus Gielens (PSV, 200900138)	
. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)	
37. 100m vlinderslag - Heren	
12 - 15 jaar (Junioren)	
1. Wanne van Geest (ACZ, 200901425)	00:57.47(+75)
50m 00:26.16 26,16	
2. Mattia Maggio (Hellas-Glana, 200903311)	00:57.69(+61)
50m 00:26.39 26,39	
3. Theodore Allan (PSV, 200902925)	00:58.72(+62)
50m 00:26.66 26,66	
4. Feddo Smink (ZPC AMERSFOORT, 200900007)	00:58.74(+61)
50m 00:26.85 26,85	
5. Alexander van der Maaten (Blue Marlins, 200903251)	01:00.87(+60)
50m 00:27.96 27,96	
6. Evren Ege Orcunus (De Dolfijn, 201003253)	01:01.16(+67)
50m 00:28.61 28,61	
7. Giulian Janssen (PSV, 200900125)	01:01.65(+65)
50m 00:27.89 27,89	
8. Pieter van Oosten (Blue Marlins, 200903977)	01:04.01(+69)
50m 00:29.23 29,23	
. Myron Artemenko (Niemo Barracuda, 201003021)	
43. 50m vrije slag - Dames	
12 - 15 jaar	
1. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:26.35(+77)
2. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:26.42(+68)
3. Juliëtte Woltjes (VZC, 200900774)	00:26.85(+71)
4. Kinley Cole (PSV, 200903696)	00:26.95(+64)
5. Fenna Westerneng (DZ&PC, 200900070)	00:27.09(+73)
6. Ilona Weisz (ZPC AMERSFOORT, 201004146)	00:27.16(+81)
7. Breanna Belmar (Blue Marlins, 201004068)	00:27.49(+72)
8. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:27.55(+68)
9. Jenny Muntinga (ZPCH, 200900450)	00:27.61(+64)

10. Lotte Lübbbers (KSN (SG), 200900190)	00:27.65(+70)
11. Tara Langkamp (Aqua-Novio'94, 200900362)	00:27.74(+75)
12. Julia Dąbrowska (Blue Marlins, 201000300)	00:27.80(+68)
13. Raegan Belmar (Blue Marlins, 201004070)	00:27.81(+77)
14. Patricia de Leu (Team Noord Holland, 200900982)	00:27.91(+69)
15. Karlijn van der Schrier (Hieronymus, 200900834)	00:27.92(+72)
16. Megan Snoek (Team Noord Holland, 200900888)	00:28.01(+68)
17. Julia Bos (De Hokseberg, 200900184)	00:28.02(+81)
18. Yaell Elmerink (ZPC De Hof, 200900310)	00:28.04(+71)
19. Chloé in 't Veen (WVZ, 201100010)	00:28.07(+73)
20. Faye Thijsse (WVZ, 201001364)	00:28.08(+83)
21. Tessa van Beek (DWK, 201001446)	00:28.09(+71)
22. Simone Faber (Deltasteur, 200900710)	00:28.10(+68)
23. Fenne Metten (ZPC AMERSFOORT, 201000102)	00:28.18(+74)
24. Charlotte Landman (CWW Swimteam, 200901290)	00:28.20(+72)
24. Myla Klaassen (Aqua-Novio'94, 200900110)	00:28.20(+62)
26. Demi Bos (Niemo Barracuda, 201001282)	00:28.24(+76)
27. Paula Spans (ZPC AMERSFOORT, 201000064)	00:28.25(+73)
28. Maryse Kuijper (DWK, 201000692)	00:28.31(+74)
29. Puck van Wees (De Dolfijn, 200901020)	00:28.35(+74)
30. Eva Ehlert (GZC DONK, 201002026)	00:28.39(+73)
31. Chaya Bremer (MSV-Zeemacht, 200900372)	00:28.42(+67)
31. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)	00:28.42(+79)
33. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	00:28.47(+77)
34. Ann Hietbrink (ZPC De Hof, 200902444)	00:28.49(+70)
35. Amber Kunst (DAW, 200900680)	00:28.50(+69)
36. Esmee de Raadt (Feijenoord Albion, 201002328)	00:28.51(+78)
37. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	00:28.57(+73)
38. Iris Boeters (Westland Swimming Stars, 200900856)	00:28.60(+62)
39. Nicole Pestman (De Granaet, 201000668)	00:28.66(+63)
39. Merel Bijl (Feijenoord Albion, 200900762)	00:28.66(+71)
39. Nienke Koster (ZPC Hoogeveen, 200900612)	00:28.66(+67)
42. Elise Dorlandt (HZ&PC Heerenveen, 201000232)	00:28.69(+74)
43. Florian Pot (OZ&PC, 201000768)	00:28.70(+72)
44. Kim Bouman (ZPC AMERSFOORT, 201000262)	00:28.74(+80)
45. Dewi Meijer (De Dolfijn, 201000302)	00:28.77(+74)
46. Robine Moot (ZPC AMERSFOORT, 200900330)	00:28.78(+76)
47. Famke Franzen (De Schotegil, 201000058)	00:28.79(+69)
48. Anouk Steller (WVZ, 201000004)	00:28.82(+74)

48. Anouk Vis (Z&PC De Zeeuwse Kust, 200900286)	00:28.82(+85)
48. Jaydee Leenders (Aqua-Novio'94, 200900112)	00:28.82(+73)
51. Mariia Kostina (Blue Marlins, 201002042)	00:28.85(+77)
51. Tessa Zevenbergen (Aquapoldro, 201002662)	00:28.85(+70)
53. Pieke Beekhuis (ZPC AMERSFOORT, 201000090)	00:28.92(+57)
54. Elin Riedijk (Blue Marlins, 201002056)	00:28.96(+80)
55. Eva de Man (Aqua-Novio'94, 201000294)	00:29.15(+76)
56. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	00:29.16(+76)
57. Karlijn Siderius (DWK, 200900032)	00:29.17(+76)
58. Isis Verhoeff (ZPC AMERSFOORT, 200902962)	00:29.18(+71)
59. Emma Steenbrink (OZ&PC, 200901376)	00:29.30(+69)
60. Jorja Verschoor (AZC, 200902640)	00:29.31(+72)
61. Suuz Griekspoor (Noordwijkerhout, 200901204)	00:29.44(+75)
44. 200m vrije slag - Heren	
<i>12 - 15 jaar (Junioren)</i>	
1. Giulian Janssen (PSV, 200900125)	01:53.62(+68)
50m 00:25.87 25,87 100m 00:54.37 28,50 150m 01:24.04 29,67	
2. Martijn Nies (PSV, 200902095)	01:54.30(+70)
50m 00:26.49 26,49 100m 00:55.54 29,05 150m 01:25.09 29,55	
3. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	01:54.41(+71)
50m 00:26.69 26,69 100m 00:56.01 29,32 150m 01:25.78 29,77	
4. Tobian Vos (ZPC AMERSFOORT, 200900005)	01:57.42(+75)
50m 00:27.30 27,30 100m 00:57.27 29,97 150m 01:28.16 30,89	
5. Mattia Maggio (Hellas-Glana, 200903311)	01:57.74(+61)
50m 00:26.59 26,59 100m 00:56.08 29,49 150m 01:27.11 31,03	
6. Ruben Baars (DWK, 200900471)	01:58.24(+73)
50m 00:26.67 26,67 100m 00:56.32 29,65 150m 01:27.56 31,24	
7. Jelte de Jong (ZPCH, 200900975)	01:58.37(+71)
50m 00:27.15 27,15 100m 00:56.74 29,59 150m 01:27.48 30,74	
8. Brent Schiffers (ZPC Woerden, 200902041)	02:00.55(+73)
50m 00:27.69 27,69 100m 00:57.73 30,04 150m 01:29.25 31,52	
9. Theodore Allan (PSV, 200902925)	02:00.81(+63)
50m 00:27.93 27,93 100m 00:58.18 30,25 150m 01:29.77 31,59	
10. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	02:01.16(+68)
50m 00:27.25 27,25 100m 00:58.13 30,88 150m 01:29.94 31,81	
11. Myron Artemenko (Niemo Barracuda, 201003021)	02:01.43(+74)
50m 00:27.61 27,61 100m 00:58.63 31,02 150m 01:29.95 31,32	
12. Wanne van Geest (ACZ, 200901425)	02:01.46(+74)
50m 00:26.67 26,67 100m 00:57.55 30,88 150m 01:29.91 32,36	
13. Pieter van Oosten (Blue Marlins, 200903977)	02:03.02(+64)
50m 00:27.94 27,94 100m 00:59.07 31,13 150m 01:31.10 32,03	
14. Abel op den Velde (De Duinkickers, 201000079)	02:03.53(+79)
50m 00:28.34 28,34 100m 00:59.71 31,37 150m 01:32.40 32,69	
15. Juan Cruz Slappendel (Orca Leeuwarden, 200903053)	02:03.57(+66)
50m 00:27.09 27,09 100m 00:58.13 31,04 150m 01:31.33 33,20	

16. Baris Tomu (ZPCH, 201000869)	02:03.60(+61)
50m 00:29.02 29,02 100m 01:00.44 31,42 150m 01:32.50 32,06	
17. Bink Elgersma (Zwemlust- den Hommel, 201000137)	02:03.68(+73)
50m 00:28.03 28,03 100m 00:59.60 31,57 150m 01:32.22 32,62	
18. Wessel van Dorst (Aqua-Novio'94, 200900727)	02:04.32(+69)
50m 00:27.64 27,64 100m 00:58.89 31,25 150m 01:31.42 32,53	
19. Roan van der Stege (SWOL 1894, 200900107)	02:04.65(+73)
50m 00:28.99 28,99 100m 01:00.55 31,56 150m 01:32.71 32,16	
20. Finn Stamsnieder (OZ&PC, 200900225)	02:04.70(+75)
50m 00:28.92 28,92 100m 01:00.71 31,79 150m 01:32.98 32,27	
21. Alexander van der Maaten (Blue Marlins, 200903251)	02:04.82(+63)
50m 00:28.80 28,80 100m 01:00.44 31,64 150m 01:32.63 32,19	
22. Finn Hilders (De Dolfijn, 200900283)	02:04.90(+68)
50m 00:28.64 28,64 100m 01:00.75 32,11 150m 01:33.52 32,77	
23. Mathijs Boersma (ZPC Hoogeveen, 201000313)	02:04.92(+87)
50m 00:28.12 28,12 100m 00:59.28 31,16 150m 01:31.97 32,69	
24. Mike Hilders (De Dolfijn, 200900281)	02:05.34(+73)
50m 00:28.24 28,24 100m 00:59.91 31,67 150m 01:32.32 32,41	
25. Duco de Gelder (Blue Marlins, 201000217)	02:05.35(+73)
50m 00:27.77 27,77 100m 00:59.48 31,71 150m 01:32.57 33,09	
26. Ruah Kes (De Dolfijn, 200904001)	02:05.60(+73)
50m 00:28.54 28,54 100m 01:00.74 32,20 150m 01:33.77 33,03	
27. Steven Knol (De Otters Het Gooi, 200900543)	02:05.82(+65)
50m 00:28.93 28,93 100m 01:00.98 32,05 150m 01:33.66 32,68	
27. Ruben Kragt (Dedemsvaart-AC, 201000007)	02:05.82(+66)
50m 00:28.92 28,92 100m 01:01.01 32,09 150m 01:34.03 33,02	
29. Xander Kragting (ZPC AMERSFOORT, 200900077)	02:06.08(+69)
50m 00:28.10 28,10 100m 00:59.54 31,44 150m 01:32.55 33,01	
30. Aidan van der Stelt (Blue Marlins, 200900901)	02:06.10(+72)
50m 00:28.01 28,01 100m 01:00.21 32,20 150m 01:33.00 32,79	
31. Ivo Bot (Wiekslag, 200900509)	02:06.13(+67)
50m 00:28.09 28,09 100m 01:00.32 32,23 150m 01:33.98 33,66	
32. Max van der Spank (PSV, 201000275)	02:06.25(+68)
50m 00:29.03 29,03 100m 01:01.23 32,20 150m 01:34.01 32,78	
33. Guus van Duinen (Dedemsvaart-AC, 200901107)	02:06.50(+79)
50m 00:28.71 28,71 100m 01:00.44 31,73 150m 01:33.67 33,23	
34. Joey Snabel (ZPC AMERSFOORT, 201002847)	02:06.53(+64)
50m 00:28.30 28,30 100m 01:00.39 32,09 150m 01:33.40 33,01	
35. Ruben Nooter (Dedemsvaart-AC, 200901577)	02:06.63(+62)
50m 00:27.86 27,86 100m 01:00.74 32,88 150m 01:34.54 33,80	
36. Ties Hesse (Team Noord Holland, 200901015)	02:06.66(+73)
50m 00:28.77 28,77 100m 01:01.45 32,68 150m 01:35.15 33,70	
37. Sacha van Hees Ajdnik (ZEPS, 200900489)	02:06.79(+70)
50m 00:29.09 29,09 100m 01:01.67 32,58 150m 01:35.28 33,61	
38. Sven Mulder (WVZ, 200901655)	02:07.01(+69)
50m 00:28.98 28,98 100m 01:01.78 32,80 150m 01:35.58 33,80	
39. Thijmen Pruijssers (Hieronymus, 201000129)	02:07.16(+66)
50m 00:28.43 28,43 100m 01:00.78 32,35 150m 01:34.41 33,63	
40. Lucas Schouten (ZPCH, 200901925)	02:07.33(+73)
50m 00:29.14 29,14 100m 01:01.86 32,72 150m 01:34.64 32,78	

41. Davi Fonseca Gomes (PSV, 200902795)	50m 00:29.65 29,65	100m 01:02.36 32,71	150m 01:35.48 33,12	02:07.78(+72)
42. Tycho Wienbelt (De Vikings, 201001397)	50m 00:29.48 29,48	100m 01:01.84 32,36	150m 01:35.30 33,46	02:08.38(+77)
43. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:29.17 29,17	100m 01:01.55 32,38	150m 01:35.16 33,61	02:08.57(+69)
44. Dinand Kop (DAW, 200901001)	50m 00:29.25 29,25	100m 01:01.62 32,37	150m 01:35.50 33,88	02:08.71(+63)
45. Sven Buijs (Hieronymus, 200902853)	50m 00:28.95 28,95	100m 01:01.71 32,76	150m 01:35.85 34,14	02:08.79(+70)
46. Dyon Scholten (Steenwijk 1934, 200900095)	50m 00:29.50 29,50	100m 01:02.01 32,51	150m 01:35.98 33,97	02:08.88(+82)
47. Mathieu Gepkens (VZC, 201000045)	50m 00:29.19 29,19	100m 01:02.01 32,82	150m 01:35.91 33,90	02:08.97(+70)
48. Twan Wielage (KSN (SG), 200902671)	50m 00:29.16 29,16	100m 01:02.00 32,84	150m 01:36.04 34,04	02:09.13(+80)
49. Bram Kulpe (Z&PV de Veene, 200900329)	50m 00:29.63 29,63	100m 01:02.43 32,80	150m 01:35.91 33,48	02:09.29(+70)
50. Avery Arrindell (ACZ, 200902655)	50m 00:29.41 29,41	100m 01:02.71 33,30	150m 01:36.78 34,07	02:09.33(+81)
51. Gwee Bokma (Zwemlust- den Hommel, 201002259)	50m 00:29.55 29,55	100m 01:03.00 33,45	150m 01:38.35 35,35	02:13.38(+76)
52. Sascha Timmer (AZC, 200902987)	50m 00:29.30 29,30	100m 01:03.29 33,99	150m 01:38.97 35,68	02:14.70(+57)
45. 200m vrije slag - Dames				
12 - 13 jaar (Junioren 2 en 3)				
1. Yill van Bezouw (Hieronymus, 201100704)	50m 00:29.97 29,97	100m 01:02.79 32,82	150m 01:35.71 32,92	02:07.07(+77)
2. Lola Verheijen (PSV, 201100832)	50m 00:29.69 29,69	100m 01:02.45 32,76	150m 01:35.35 32,90	02:07.11(+71)
3. Anna Lepoutre (PSV, 201100534)	50m 00:30.21 30,21	100m 01:03.81 33,60	150m 01:37.72 33,91	02:10.97(+70)
4. Malin Roozeboom (WVZ, 201100006)	50m 00:30.62 30,62	100m 01:04.41 33,79	150m 01:38.00 33,59	02:11.00(+75)
5. Elin Reinstra (TriVia, 201100842)	50m 00:30.56 30,56	100m 01:03.61 33,05	150m 01:37.93 34,32	02:11.68(+86)
6. Frédérique Nijziel (De Dolfijn, 201103114)	50m 00:30.64 30,64	100m 01:04.87 34,23	150m 01:39.31 34,44	02:14.19(+72)
7. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:31.03 31,03	100m 01:05.19 34,16	150m 01:40.58 35,39	02:14.82(+75)
8. Noa van Zalk (ZPC AMERSFOORT, 201102534)	50m 00:31.67 31,67	100m 01:05.92 34,25	150m 01:40.90 34,98	02:15.33(+72)
9. Julia Bannatyne (BZ&PC, 201201020)	50m 00:31.57 31,57	100m 01:06.15 34,58	150m 01:41.40 35,25	02:15.93(+77)
10. Romée Smit (MSV-Zeemacht, 201100438)	50m 00:31.07 31,07	100m 01:06.09 35,02	150m 01:41.90 35,81	02:16.02(+78)
11. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:32.06 32,06	100m 01:06.47 34,41	150m 01:41.81 35,34	02:16.15(+83)
12. Milou Filemon (Blue Marlins, 201100078)				02:16.80(+73)

	50m 00:31.65 31,65	100m 01:06.07 34,42	150m 01:41.54 35,47	
13. Pien Walstra (De Treffers, 201101034)				02:17.91(+76)
	50m 00:32.65 32,65	100m 01:08.19 35,54	150m 01:44.05 35,86	
14. Ylène Zondervan (ZPC AMERSFOORT, 201200016)				02:18.27(+77)
	50m 00:32.12 32,12	100m 01:07.34 35,22	150m 01:43.45 36,11	
15. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)				02:19.08(+74)
	50m 00:31.85 31,85	100m 01:07.51 35,66	150m 01:44.06 36,55	
16. Fanni Farkas (De Columbiaan, 201100360)				02:19.15(+72)
	50m 00:32.22 32,22	100m 01:07.34 35,12	150m 01:43.86 36,52	
17. Julia Ketelaars (Hellas-Glana, 201200028)				02:19.39(+81)
	50m 00:32.80 32,80	100m 01:08.67 35,87	150m 01:45.79 37,12	
18. Lobke Hempenius (HZ&PC Heerenveen, 201100522)				02:19.80(+75)
	50m 00:31.30 31,30	100m 01:07.72 36,42	150m 01:44.31 36,59	
19. Mattea Gliese-Slooijs (De Dinkel, 201100008)				02:19.94(+83)
	50m 00:31.92 31,92	100m 01:07.62 35,70	150m 01:44.04 36,42	
20. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)				02:19.96(+82)
	50m 00:32.45 32,45	100m 01:09.20 36,75	150m 01:45.40 36,20	
21. Odenza Soselisa (Blue Marlins, 201101780)				02:20.17(+72)
	50m 00:31.32 31,32	100m 01:07.12 35,80	150m 01:44.00 36,88	
22. Elke Kriesels (Hieronymus, 201100898)				02:20.76(+82)
	50m 00:32.21 32,21	100m 01:08.10 35,89	150m 01:45.25 37,15	
23. Amila Mustafic (DZ&PC, 201200026)				02:20.95(+75)
	50m 00:32.40 32,40	100m 01:08.56 36,16	150m 01:46.12 37,56	
24. Anouk Mulder (De Columbiaan, 201200962)				02:21.05(+83)
	50m 00:32.93 32,93	100m 01:08.74 35,81	150m 01:45.33 36,59	
25. Isabel Amelink (Deltasteur, 201100196)				02:22.10(+75)
	50m 00:32.69 32,69	100m 01:08.99 36,30	150m 01:46.66 37,67	
26. Esra Simon (Hellas-Glana, 201100004)				02:22.97(+77)
	50m 00:32.92 32,92	100m 01:09.31 36,39	150m 01:46.38 37,07	
27. Hanna Heller (ZPC AMERSFOORT, 201102730)				02:23.16(+91)
	50m 00:32.94 32,94	100m 01:08.84 35,90	150m 01:46.66 37,82	
28. Noa Spaans (De Dolfijn, 201100222)				02:23.78(+76)
	50m 00:33.66 33,66	100m 01:11.04 37,38	150m 01:48.20 37,16	
29. Norell Kroeze (ZC Polaris, 201100378)				02:23.94(+76)
	50m 00:33.49 33,49	100m 01:10.63 37,14	150m 01:48.67 38,04	
30. Alissa Rooijackers (Z&PV Nuenen, 201101892)				02:25.24(+75)
	50m 00:33.04 33,04	100m 01:09.63 36,59	150m 01:47.93 38,30	
31. Morrison Schram (De Schelde, 201100686)				02:25.74(+80)
	50m 00:33.53 33,53	100m 01:10.85 37,32	150m 01:49.35 38,50	
32. Alaine Dumont (De Watervogels, 201102140)				02:25.87(+71)
	50m 00:32.68 32,68	100m 01:09.85 37,17	150m 01:48.02 38,17	
33. Isabella Ekberg (ZPC AMERSFOORT, 201202206)				02:26.39(+75)
	50m 00:33.02 33,02	100m 01:10.63 37,61	150m 01:48.80 38,17	
34. Sara Creemers (Hellas-Glana, 201100242)				02:27.14(+68)
	50m 00:32.84 32,84	100m 01:10.05 37,21	150m 01:49.03 38,98	
35. Meike van der Klugt (WVZ, 201100808)				02:27.55(+83)
	50m 00:34.03 34,03	100m 01:11.74 37,71	150m 01:50.05 38,31	
36. Simone Brobbel (SG Hoeksche Waard, 201200058)				02:28.35(+75)
	50m 00:33.05 33,05	100m 01:10.18 37,13	150m 01:50.60 40,42	

37. Elle van Gemeren (DAW, 201100428)	50m 00:33.62 33,62	100m 01:12.10 38,48	150m 01:51.03 38,93	02:28.68(+70)
38. Esmee Reuver (ZC Polaris, 201100846)	50m 00:33.67 33,67	100m 01:11.62 37,95	150m 01:51.07 39,45	02:29.93(+73)
39. Vicky Horens (Hellas-Glana, 201200252)	50m 00:34.37 34,37	100m 01:13.41 39,04	150m 01:55.14 41,73	02:34.57(+69)
46. 200m wisselslag - Dames				
12 - 15 jaar				
1. Juliëtte Woltjes (VZC, 200900774)	50m 00:30.38 30,38	100m 01:08.11 37,73	150m 01:49.47 41,36	02:21.56(+73)
2. Bregje Dekkers (PSV, 200900746)	50m 00:31.17 31,17	100m 01:07.23 36,06	150m 01:50.15 42,92	02:22.68(+70)
3. Elin Ditewig (VZC, 200900392)	50m 00:30.27 30,27	100m 01:06.39 36,12	150m 01:50.54 44,15	02:23.75(+69)
4. Luus Gielens (PSV, 200900138)	50m 00:31.71 31,71	100m 01:08.56 36,85	150m 01:51.51 42,95	02:24.01(+48)
5. Amber Kunst (DAW, 200900680)	50m 00:32.33 32,33	100m 01:10.95 38,62	150m 01:52.46 41,51	02:25.92(+67)
6. Tess Vonk (De Geul, 200900024)	50m 00:31.24 31,24	100m 01:08.45 37,21	150m 01:49.93 41,48	02:26.33(+65)
7. Lotte Lübbers (KSN (SG), 200900190)	50m 00:30.80 30,80	100m 01:07.56 36,76	150m 01:52.01 44,45	02:26.82(+72)
8. Fenna Westerneng (DZ&PC, 200900070)	50m 00:32.33 32,33	100m 01:09.95 37,62	150m 01:53.83 43,88	02:27.98(+77)
9. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:31.53 31,53	100m 01:08.84 37,31	150m 01:51.44 42,60	02:28.18(+75)
10. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:31.78 31,78	100m 01:07.87 36,09	150m 01:54.97 47,10	02:28.95(+72)
11. Paula Spans (ZPC AMERSFOORT, 201000064)	50m 00:32.94 32,94	100m 01:12.98 40,04	150m 01:54.66 41,68	02:29.28(+74)
12. Nina van der Schrier (AZC, 201000444)	50m 00:32.94 32,94	100m 01:09.69 36,75	150m 01:55.65 45,96	02:30.45(+78)
13. Elin Brinkhof (De Dolfijn, 200900078)	50m 00:30.49 30,49	100m 01:10.27 39,78	150m 01:56.14 45,87	02:30.62(+74)
14. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	50m 00:32.75 32,75	100m 01:11.36 38,61	150m 01:56.01 44,65	02:30.67(+80)
15. Yaell Elmerink (ZPC De Hof, 200900310)	50m 00:32.07 32,07	100m 01:10.91 38,84	150m 01:55.29 44,38	02:30.69(+79)
16. Fenna Zusterzeel (PSV, 201000008)	50m 00:32.56 32,56	100m 01:11.15 38,59	150m 01:54.49 43,34	02:31.43(+68)
17. Breanna Belmar (Blue Marlins, 201004068)	50m 00:34.59 34,59	100m 01:14.98 40,39	150m 01:59.06 44,08	02:32.00(+71)
18. Erin de Jong (GZC DONK, 201000024)	50m 00:32.37 32,37	100m 01:10.59 38,22	150m 01:57.61 47,02	02:32.08(+82)
19. Linou van Kampen (ZPCH, 201000594)	50m 00:33.12 33,12	100m 01:12.71 39,59	150m 01:56.47 43,76	02:32.14(+85)
20. Tess van de Steeg (WVZ, 201000016)	50m 00:33.95 33,95	100m 01:12.29 38,34	150m 01:56.09 43,80	02:32.56(+77)
21. Marre van der Wal (SG Bolsward-Workum, 201000046)				02:32.70(+66)

	50m 00:33.89 33,89	100m 01:14.50 40,61	150m 01:56.75 42,25	
22. Julia Dąbrowska (Blue Marlins, 201000300)	50m 00:31.24 31,24	100m 01:09.28 38,04	150m 01:56.63 47,35	02:33.07(+69)
23. Rixt Rothschild (ZPC Hoogeveen, 200900026)	50m 00:34.93 34,93	100m 01:13.05 38,12	150m 01:57.67 44,62	02:33.10(+76)
24. Elin Baars (DWK, 201000138)	50m 00:32.67 32,67	100m 01:13.57 40,90	150m 01:57.87 44,30	02:33.23(+77)
25. Nienke Koster (ZPC Hoogeveen, 200900612)	50m 00:32.66 32,66	100m 01:10.85 38,19	150m 01:57.26 46,41	02:33.59(+71)
26. Suuz Griekspoor (Noordwijkerhout, 200901204)	50m 00:33.24 33,24	100m 01:13.24 40,00	150m 01:57.82 44,58	02:33.92(+77)
27. Tessa van Beek (DWK, 201001446)	50m 00:33.77 33,77	100m 01:13.06 39,29	150m 01:58.76 45,70	02:34.04(+78)
28. Mariia Kostina (Blue Marlins, 201002042)	50m 00:31.94 31,94	100m 01:10.08 38,14	150m 01:58.47 48,39	02:34.24(+72)
29. Karlijn van der Schrier (Hieronymus, 200900834)	50m 00:32.78 32,78	100m 01:11.77 38,99	150m 01:58.70 46,93	02:34.30(+72)
30. Puck van Wees (De Dolfijn, 200901020)	50m 00:33.06 33,06	100m 01:14.02 40,96	150m 01:59.99 45,97	02:34.54(+73)
31. Charlotte Landman (CWW Swimteam, 200901290)	50m 00:32.97 32,97	100m 01:11.43 38,46	150m 01:59.43 48,00	02:34.55(+72)
32. Dewi Meijer (De Dolfijn, 201000302)	50m 00:33.44 33,44	100m 01:14.43 40,99	150m 02:00.56 46,13	02:34.68(+78)
33. Eva Ehlert (GZC DONK, 201002026)	50m 00:32.54 32,54	100m 01:15.47 42,93	150m 01:58.39 42,92	02:34.71(+70)
34. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:33.64 33,64	100m 01:15.15 41,51	150m 01:59.55 44,40	02:34.81(+73)
35. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:32.71 32,71	100m 01:12.96 40,25	150m 01:58.95 45,99	02:35.53(+76)
36. Jayna Wagemakers (Hieronymus, 201000226)	50m 00:35.05 35,05	100m 01:14.10 39,05	150m 01:59.01 44,91	02:35.68(+82)
37. Eefje van Hinsbergen (Blue Marlins, 201002252)	50m 00:33.22 33,22	100m 01:15.63 42,41	150m 01:58.86 43,23	02:35.84(+68)
38. Anouk Steller (WVZ, 201000004)	50m 00:32.33 32,33	100m 01:09.58 37,25	150m 01:58.89 49,31	02:35.88(+77)
39. Ilse Jongepier (TriVia, 201000006)	50m 00:34.20 34,20	100m 01:14.48 40,28	150m 02:01.93 47,45	02:36.00(+87)
40. Mia Hoeflaken (PSV, 201004108)	50m 00:32.81 32,81	100m 01:14.32 41,51	150m 01:59.22 44,90	02:36.20(+71)
41. Anna Strang van Hees (De Duinkickers, 200902566)	50m 00:34.82 34,82	100m 01:14.30 39,48	150m 02:01.12 46,82	02:37.48(+95)
42. Emma Steenbrink (OZ&PC, 200901376)	50m 00:36.75 36,75	100m 01:14.96 38,21	150m 02:03.49 48,53	02:38.27(+77)
43. Florian Pot (OZ&PC, 201000768)	50m 00:34.69 34,69	100m 01:15.73 41,04	150m 02:03.70 47,97	02:38.62(+74)
44. Karlijn Siderius (DWK, 200900032)	50m 00:33.39 33,39	100m 01:15.11 41,72	150m 02:02.89 47,78	02:41.63(+79)
DIS. Raegan Belmar (Blue Marlins, 201004070)				00:00.00
DIS. Fenne Metten (ZPC AMERSFOORT, 201000102)				00:00.00

47. 200m rugslag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Amor van der Veen (Dedemsvaart-AC, 201100197)	02:17.98(+68)
50m 00:31.43 31,43 100m 01:06.24 34,81 150m 01:42.62 36,38	
2. Ramon Vos (ZPC Hoogeveen, 201100051)	02:20.52(+58)
50m 00:32.52 32,52 100m 01:07.74 35,22 150m 01:44.31 36,57	
3. Matthijs van Velzen (Deltasteur, 201100435)	02:24.29(+54)
50m 00:33.83 33,83 100m 01:10.38 36,55 150m 01:47.82 37,44	
4. Nils Bellert (SG Octopus - ZVV, 201100347)	02:26.20(+66)
50m 00:34.57 34,57 100m 01:12.43 37,86 150m 01:50.40 37,97	
5. Adrian Janse van Rensburg (De Treffers, 201202261)	02:26.25(+67)
50m 00:33.06 33,06 100m 01:09.81 36,75 150m 01:48.82 39,01	
6. Dax Muijlaert (SG Octopus - ZVV, 201100535)	02:26.37(+67)
50m 00:34.14 34,14 100m 01:12.06 37,92 150m 01:50.07 38,01	
7. Giovanni Wolfgang (MSV-Zeemacht, 201100859)	02:28.11(+61)
50m 00:34.42 34,42 100m 01:12.53 38,11 150m 01:51.70 39,17	
8. Kasper Lubbers (Orca Leeuwarden, 201100025)	02:29.67(+59)
50m 00:35.38 35,38 100m 01:13.21 37,83 150m 01:51.91 38,70	
9. Mees Janssen (DSZ, 201102025)	02:30.03(+65)
50m 00:34.51 34,51 100m 01:13.35 38,84 150m 01:52.51 39,16	
10. Franzi Ziegler (DAW, 201100891)	02:30.11(+61)
50m 00:34.71 34,71 100m 01:12.41 37,70 150m 01:51.66 39,25	
11. Tim Slagers (Aquapoldro, 201200263)	02:30.18(+74)
50m 00:35.57 35,57 100m 01:13.49 37,92 150m 01:52.44 38,95	
12. Laurens van Nulck (Hellas-Glana, 201100521)	02:31.21(+71)
50m 00:35.89 35,89 100m 01:13.86 37,97 150m 01:52.72 38,86	
13. Douwe Enzerink (Deltasteur, 201102657)	02:31.47(+73)
50m 00:35.02 35,02 100m 01:14.29 39,27 150m 01:53.45 39,16	
14. Milan Eikenaar (SWOL 1894, 201100599)	02:31.71(+88)
50m 00:35.49 35,49 100m 01:13.57 38,08 150m 01:53.43 39,86	
15. Yanniek Jager (Batavia Swim, 201100315)	02:32.75(+78)
50m 00:36.95 36,95 100m 01:16.69 39,74 150m 01:55.59 38,90	
16. Daan Mulder (KSN (SG), 201100267)	02:32.77(+78)
50m 00:36.63 36,63 100m 01:15.78 39,15 150m 01:54.90 39,12	
17. Costijn van Elst (Blue Marlins, 201100317)	02:33.28(+78)
50m 00:34.90 34,90 100m 01:13.84 38,94 150m 01:53.98 40,14	
18. Luca Denkers (ZV New Wave Almere, 201202399)	02:33.36(+66)
50m 00:35.42 35,42 100m 01:14.56 39,14 150m 01:54.89 40,33	
19. Daan Overmars (OZ&PC, 201100027)	02:33.69(+66)
50m 00:35.70 35,70 100m 01:14.69 38,99 150m 01:54.47 39,78	
20. Pieter de Jonge (Aqua-Novio'94, 201200211)	02:34.28(+61)
50m 00:35.91 35,91 100m 01:15.51 39,60 150m 01:56.11 40,60	
21. Finn Knijnenburg (De Columbiaan, 201101319)	02:35.12(+62)
50m 00:36.97 36,97 100m 01:16.28 39,31 150m 01:56.74 40,46	
22. Stan Nijhuis (OZ&PC, 201100191)	02:35.22(+73)
50m 00:36.02 36,02 100m 01:15.27 39,25 150m 01:55.58 40,31	
23. Joep Lindhout (Niemo Barracuda, 201100873)	02:36.49(+64)
50m 00:36.84 36,84 100m 01:16.39 39,55 150m 01:57.29 40,90	
24. Lev Rudman (Blue Marlins, 201102343)	02:37.03(+72)

	50m 00:35.86 35,86	100m 01:15.98 40,12	150m 01:57.42 41,44	
25. Jasper de Gloppe (PSV, 201103019)	50m 00:37.09 37,09	100m 01:16.91 39,82	150m 01:57.92 41,01	02:37.84 (+69)
26. Ewan Krist (ZPCH, 201100549)	50m 00:38.48 38,48	100m 01:19.97 41,49	150m 01:59.67 39,70	02:39.04 (+78)
27. Sander de Bruin (ZZ&PC De Devel, 201100617)	50m 00:37.99 37,99	100m 01:18.95 40,96	150m 01:59.18 40,23	02:39.18 (+68)
28. Max van Splunder (Het Y, 201200531)	50m 00:38.45 38,45	100m 01:19.29 40,84	150m 02:00.84 41,55	02:39.29 (+77)
29. Dewin Volker (OZ&PC, 201101935)	50m 00:37.48 37,48	100m 01:19.12 41,64	150m 02:00.78 41,66	02:39.70 (+59)
30. Luca Monster (SG Hoeksche Waard, 201100343)	50m 00:37.16 37,16	100m 01:18.45 41,29	150m 02:00.51 42,06	02:40.54 (+64)
31. Laurens Steenaart (ZPCH, 201100829)	50m 00:37.55 37,55	100m 01:18.44 40,89	150m 02:00.42 41,98	02:40.63 (+81)
32. Toa Jahn (Het Y, 201201665)	50m 00:38.04 38,04	100m 01:19.60 41,56	150m 02:01.49 41,89	02:41.43 (+70)
33. Mohiz Zahir (De Dolfijn, 201102139)	50m 00:38.92 38,92	100m 01:19.85 40,93	150m 02:00.95 41,10	02:41.54 (+75)
34. Thijs van Kints (BZ&PC, 201101059)	50m 00:38.63 38,63	100m 01:20.82 42,19	150m 02:02.29 41,47	02:42.71 (+85)
35. Leroy Maring (ZPC de Kanaalstreek, 201100307)	50m 00:37.71 37,71	100m 01:20.12 42,41	150m 02:03.33 43,21	02:43.48 (+69)
36. Charles Araysa (Zwemlust- den Hommel, 201201155)	50m 00:38.57 38,57	100m 01:21.14 42,57	150m 02:03.62 42,48	02:43.52 (+61)
37. Nout de Roo (Blue Marlins, 201103345)	50m 00:39.31 39,31	100m 01:22.78 43,47	150m 02:05.81 43,03	02:47.17 (+71)
38. Izayah Castillo (Blue Marlins, 201100311)	50m 00:37.57 37,57	100m 01:21.01 43,44	150m 02:05.07 44,06	02:49.48 (+76)
39. Thijs Hoogeveen (ZPC Woerden, 201100503)	50m 00:40.14 40,14	100m 01:23.60 43,46	150m 02:08.51 44,91	02:52.48 (+81)
DIS. Lars Thül (SWOL 1894, 201200119)				00:00.00
48. 200m rugslag - Heren				
12 - 15 jaar (Junioren)				
1. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:29.56 29,56	100m 01:02.89 33,33	150m 01:36.92 34,03	02:10.10 (+57)
1. Luca Boorsma (De Dolfijn, 200902031)	50m 00:29.04 29,04	100m 01:02.19 33,15	150m 01:36.46 34,27	02:10.10 (+53)
3. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:30.17 30,17	100m 01:03.79 33,62	150m 01:38.09 34,30	02:11.35 (+62)
4. Adriaan Coppelmans (AZC, 200903243)	50m 00:30.11 30,11	100m 01:04.26 34,15	150m 01:39.20 34,94	02:12.82 (+53)
5. Sverre van der Zwaan (WVZ, 200900737)	50m 00:31.21 31,21	100m 01:05.34 34,13	150m 01:39.94 34,60	02:14.12 (+70)
6. Stefan van der Meer (VZC, 200901361)	50m 00:31.56 31,56	100m 01:05.78 34,22	150m 01:40.58 34,80	02:14.63 (+68)
7. Jelte de Jong (ZPCH, 200900975)	50m 00:32.52 32,52	100m 01:06.93 34,41	150m 01:41.39 34,46	02:14.95 (+65)
8. Myron Artemenko (Niemo Barracuda, 201003021)				02:16.25 (+71)

	50m 00:32.12 32,12	100m 01:06.45 34,33	150m 01:41.75 35,30	
9. Ivo Bot (Wiekslag, 200900509)	50m 00:30.58 30,58	100m 01:05.32 34,74	150m 01:41.25 35,93	02:16.27(+59)
10. Mike Hilders (De Dolfijn, 200900281)	50m 00:32.29 32,29	100m 01:07.74 35,45	150m 01:42.12 34,38	02:16.53(+72)
11. Ruben Kragt (Dedemsvaart-AC, 201000007)	50m 00:32.40 32,40	100m 01:07.24 34,84	150m 01:42.60 35,36	02:17.67(+67)
12. Arthur Alberts (ZVZwartsluis, 200900239)	50m 00:32.15 32,15	100m 01:06.42 34,27	150m 01:42.10 35,68	02:17.78(+55)
13. Gwee Bokma (Zwemlust- den Hommel, 201002259)	50m 00:32.10 32,10	100m 01:06.97 34,87	150m 01:42.88 35,91	02:17.81(+84)
14. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:31.50 31,50	100m 01:05.46 33,96	150m 01:41.27 35,81	02:17.84(+70)
15. Bink Elgersma (Zwemlust- den Hommel, 201000137)	50m 00:32.42 32,42	100m 01:07.89 35,47	150m 01:43.44 35,55	02:18.37(+73)
16. Martijn Nies (PSV, 200902095)	50m 00:32.21 32,21	100m 01:07.26 35,05	150m 01:42.73 35,47	02:18.54(+73)
17. Abel op den Velde (De Duinkickers, 201000079)	50m 00:32.56 32,56	100m 01:07.88 35,32	150m 01:43.74 35,86	02:18.55(+64)
18. Finn Hilders (De Dolfijn, 200900283)	50m 00:31.94 31,94	100m 01:07.33 35,39	150m 01:43.35 36,02	02:18.74(+67)
18. Xander Kragting (ZPC AMERSFOORT, 200900077)	50m 00:32.09 32,09	100m 01:06.88 34,79	150m 01:42.75 35,87	02:18.74(+69)
20. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)	50m 00:32.84 32,84	100m 01:08.40 35,56	150m 01:44.70 36,30	02:20.38(+68)
21. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:32.52 32,52	100m 01:07.94 35,42	150m 01:44.29 36,35	02:20.64(+76)
22. Max van der Spank (PSV, 201000275)	50m 00:33.52 33,52	100m 01:09.28 35,76	150m 01:45.43 36,15	02:20.77(+70)
23. Finn Wensveen (Zv de Ham, 201000811)	50m 00:34.06 34,06	100m 01:09.41 35,35	150m 01:45.79 36,38	02:21.15(+77)
24. Finn Stamsnieder (OZ&PC, 200900225)	50m 00:33.22 33,22	100m 01:09.32 36,10	150m 01:45.84 36,52	02:21.29(+67)
25. Wessel van Dorst (Aqua-Novio'94, 200900727)	50m 00:31.90 31,90	100m 01:08.64 36,74	150m 01:45.53 36,89	02:21.34(+79)
26. Thijn Runia (DZT'62, 201000895)	50m 00:33.24 33,24	100m 01:10.05 36,81	150m 01:47.38 37,33	02:21.86(+71)
27. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:30.91 30,91	100m 01:06.15 35,24	150m 01:43.41 37,26	02:22.37(+72)
28. Sven Koornstra (De Vikings, 200900189)	50m 00:35.01 35,01	100m 01:12.48 37,47	150m 01:48.72 36,24	02:22.54(+75)
29. Tycho Wienbelt (De Vikings, 201001397)	50m 00:33.77 33,77	100m 01:09.60 35,83	150m 01:46.57 36,97	02:22.91(+73)
30. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:33.72 33,72	100m 01:10.33 36,61	150m 01:47.74 37,41	02:23.00(+68)
31. Aidan van der Stelt (Blue Marlins, 200900901)	50m 00:33.67 33,67	100m 01:10.38 36,71	150m 01:47.42 37,04	02:23.51(+63)
32. Eli Shields (Niemo Barracuda, 201000407)	50m 00:32.95 32,95	100m 01:09.57 36,62	150m 01:47.25 37,68	02:23.74(+60)

33. Dani Yefimov (OZ&PC, 200901305)		02:24.00(+72)
50m 00:34.25 34,25	100m 01:10.74 36,49	150m 01:47.65 36,91
34. Ruben Nooter (Dedemsvaart-AC, 200901577)		02:24.09(+59)
50m 00:33.44 33,44	100m 01:10.14 36,70	150m 01:48.07 37,93
35. Mathieu Gepkens (VZC, 201000045)		02:24.26(+69)
50m 00:33.87 33,87	100m 01:11.40 37,53	150m 01:48.24 36,84
36. Roemer Bindels (Blue Marlins, 201003335)		02:24.34(+71)
50m 00:33.87 33,87	100m 01:11.36 37,49	150m 01:47.68 36,32
37. Brent van Sande (De Treffers, 200900647)		02:26.01(+81)
50m 00:34.28 34,28	100m 01:10.24 35,96	150m 01:48.07 37,83
38. Baris Tomu (ZPCH, 201000869)		02:26.03(+70)
50m 00:34.07 34,07	100m 01:11.36 37,29	150m 01:49.02 37,66
39. Sacha van Hees Ajdnik (ZEPS, 200900489)		02:27.40(+72)
50m 00:34.95 34,95	100m 01:12.95 38,00	150m 01:51.57 38,62
40. Dax van den Nouland (Blue Marlins, 201000071)		02:28.97(+68)
50m 00:34.77 34,77	100m 01:12.75 37,98	150m 01:51.04 38,29
BM. Vanja Kvocka (Hellas-Glana, 200904007)		BM
50m 00:28.65 28,65	100m 01:00.27 31,62	150m 01:32.85 32,58
DIS. Finn Eghuizen (HZ&PC Heerenveen, 200900431)		00:00.00
49. 4x100m wisselslag dames		
12 - 15 jaar		
1. PSV		04:27.49
Tereza Boom 2009 (+55)	50m 00:31.54 31,54	
Tereza Boom 2009 (+55)	100m 01:06.69 35,15	
Annelie Batenburg 2010 (+18)	150m 01:41.61 34,92	
Annelie Batenburg 2010 (+18)	200m 02:22.22 40,61	
Bregje Dekkers 2009 (+68)	250m 02:53.37 31,15	
Bregje Dekkers 2009 (+68)	300m 03:29.45 36,08	
Luus Gielens 2009 (+57)	350m 03:57.49 28,04	
Luus Gielens 2009 (+57)	400m 04:27.49 30,00	
2. De Dolfijn		04:29.00
Madeleine Bertram 2009 (+67)	50m 00:32.34 32,34	
Madeleine Bertram 2009 (+67)	100m 01:05.88 33,54	
Wieke Dekker 2010 (+36)	150m 01:41.68 35,80	
Wieke Dekker 2010 (+36)	200m 02:23.81 42,13	
Elin Brinkhof 2009 (+59)	250m 02:54.38 30,57	
Elin Brinkhof 2009 (+59)	300m 03:29.45 35,07	
Frédérique Nijziel 2011 (+48)	350m 03:57.79 28,34	
Frédérique Nijziel 2011 (+48)	400m 04:29.00 31,21	
3. PSV		04:29.60
Freeke Super 2010 (+58)	50m 00:31.67 31,67	
Freeke Super 2010 (+58)	100m 01:06.99 35,32	
Fenna Zusterzeel 2010 (+51)	150m 01:41.85 34,86	
Fenna Zusterzeel 2010 (+51)	200m 02:22.91 41,06	
Lola Verheijen 2011 (+51)	250m 02:53.67 30,76	
Lola Verheijen 2011 (+51)	300m 03:30.62 36,95	
Kinley Cole 2009 (+36)	350m 03:59.23 28,61	
Kinley Cole 2009 (+36)	400m 04:29.60 30,37	
4. ZPC AMERSFOORT		04:36.15
Fenne Metten 2010 (+77)	50m 00:33.62 33,62	
Fenne Metten 2010 (+77)	100m 01:08.95 35,33	
Robine Moot 2009 (+58)	150m 01:44.27 35,32	
Robine Moot 2009 (+58)	200m 02:24.73 40,46	
Noa van Zalk 2011 (+49)	250m 02:56.61 31,88	
Noa van Zalk 2011 (+49)	300m 03:34.69 38,08	
Chiara Lammertink 2009 (+54)	350m 04:03.87 29,18	
Chiara Lammertink 2009 (+54)	400m 04:36.15 32,28	

5. Blue Marlins			04:36.22
Julia Dąbrowska 2010 (+66)	50m	00:33.54 33,54	
Julia Dąbrowska 2010 (+66)	100m	01:09.22 35,68	
Eefje van Hinsbergen 2010 (+62)	150m	01:45.92 36,70	
Eefje van Hinsbergen 2010 (+62)	200m	02:28.35 42,43	
Odenza Soselisa 2011 (+75)	250m	02:59.70 31,35	
Odenza Soselisa 2011 (+75)	300m	03:36.68 36,98	
Breanna Belmar 2010 (+44)	350m	04:04.97 28,29	
Breanna Belmar 2010 (+44)	400m	04:36.22 31,25	
6. HZ&PC Heerenveen			04:37.66
Milou Geneuglijk 2009 (+63)	50m	00:32.52 32,52	
Milou Geneuglijk 2009 (+63)	100m	01:07.31 34,79	
Lobke Hempenius 2011 (+42)	150m	01:44.86 37,55	
Lobke Hempenius 2011 (+42)	200m	02:28.11 43,25	
Silke Hooghiemstra 2009 (+18)	250m	02:58.88 30,77	
Silke Hooghiemstra 2009 (+18)	300m	03:35.38 36,50	
Elise Dorlandt 2010 (+15)	350m	04:04.67 29,29	
Elise Dorlandt 2010 (+15)	400m	04:37.66 32,99	
7. WVZ			04:38.51
Malin Roozeboom 2011 (+72)	50m	00:31.73 31,73	
Malin Roozeboom 2011 (+72)	100m	01:05.70 33,97	
Tess van de Steeg 2010 (+20)	150m	01:42.28 36,58	
Tess van de Steeg 2010 (+20)	200m	02:24.02 41,74	
Anouk Steller 2010 (+37)	250m	02:56.87 32,85	
Anouk Steller 2010 (+37)	300m	03:35.50 38,63	
Faye Thijsse 2010 (+51)	350m	04:05.13 29,63	
Faye Thijsse 2010 (+51)	400m	04:38.51 33,38	
8. Hellas-Glana			04:38.89
Myrthe Stelten 2009 (+70)	50m	00:32.54 32,54	
Myrthe Stelten 2009 (+70)	100m	01:07.68 35,14	
Vicky Horens 2012 (+47)	150m	01:43.70 36,02	
Vicky Horens 2012 (+47)	200m	02:26.15 42,45	
Esra Simon 2011 (+74)	250m	02:58.89 32,74	
Esra Simon 2011 (+74)	300m	03:37.46 38,57	
Sterre de Veen 2011 (+30)	350m	04:06.87 29,41	
Sterre de Veen 2011 (+30)	400m	04:38.89 32,02	
9. ZPC AMERSFOORT			04:42.16
Kim Bouman 2010 (+70)	50m	00:33.23 33,23	
Kim Bouman 2010 (+70)	100m	01:10.56 37,33	
Esmaé de Gans 2009 (+59)	150m	01:47.22 36,66	
Esmaé de Gans 2009 (+59)	200m	02:30.27 43,05	
Isis Verhoeff 2009 (+36)	250m	03:01.83 31,56	
Isis Verhoeff 2009 (+36)	300m	03:39.63 37,80	
Pieke Beekhuis 2010 (+43)	350m	04:09.21 29,58	
Pieke Beekhuis 2010 (+43)	400m	04:42.16 32,95	
10. Blue Marlins			04:42.82
Raegan Belmar 2010 (+82)	50m	00:33.55 33,55	
Raegan Belmar 2010 (+82)	100m	01:10.13 36,58	
Elin Riedijk 2010 (+52)	150m	01:47.90 37,77	
Elin Riedijk 2010 (+52)	200m	02:30.46 42,56	
Mariia Kostina 2010 (+49)	250m	03:02.15 31,69	
Mariia Kostina 2010 (+49)	300m	03:38.74 36,59	
Milou Filemon 2011 (+60)	350m	04:09.37 30,63	
Milou Filemon 2011 (+60)	400m	04:42.82 33,45	
11. Aqua-Novio'94			04:42.99
Myla Klaassen 2009 (+55)	50m	00:33.35 33,35	
Myla Klaassen 2009 (+55)	100m	01:10.70 37,35	
Myrthe Rozendaal 2010 (+31)	150m	01:46.77 36,07	
Myrthe Rozendaal 2010 (+31)	200m	02:28.71 41,94	
Tara Langkamp 2009 (+28)	250m	03:00.50 31,79	
Tara Langkamp 2009 (+28)	300m	03:40.84 40,34	
Jaydee Leenders 2009 (+32)	350m	04:10.77 29,93	

Jaydee Leenders 2009 (+32)	400m	04:42.99 32,22	
12. ZPC Hoogeveen			04:43.33
Nora Lynn Otten 2009 (+83)	50m	00:34.08 34,08	
Nora Lynn Otten 2009 (+83)	100m	01:09.84 35,76	
Rixt Rothschild 2009 (+44)	150m	01:47.39 37,55	
Rixt Rothschild 2009 (+44)	200m	02:29.63 42,24	
Femke ter Horst 2010 (+58)	250m	03:02.69 33,06	
Femke ter Horst 2010 (+58)	300m	03:41.83 39,14	
Nienke Koster 2009 (+27)	350m	04:10.86 29,03	
Nienke Koster 2009 (+27)	400m	04:43.33 32,47	
13. DWK			04:44.87
Tessa van Beek 2010 (+70)	50m	00:34.18 34,18	
Tessa van Beek 2010 (+70)	100m	01:10.05 35,87	
Elin Baars 2010 (+27)	150m	01:46.65 36,60	
Elin Baars 2010 (+27)	200m	02:29.10 42,45	
Lili Oosting 2009 (+59)	250m	03:02.86 33,76	
Lili Oosting 2009 (+59)	300m	03:40.36 37,50	
Karlijn Siderius 2009 (+37)	350m	04:10.73 30,37	
Karlijn Siderius 2009 (+37)	400m	04:44.87 34,14	
14. Dedemsvaart-AC			04:46.83
Esmé Sportel 2009 (+78)	50m	00:33.72 33,72	
Esmé Sportel 2009 (+78)	100m	01:08.78 35,06	
Sanne Keizer 2010 (+46)	150m	01:44.89 36,11	
Sanne Keizer 2010 (+46)	200m	02:26.57 41,68	
Daphne Dijsselhof 2009 (+56)	250m	03:00.89 34,32	
Daphne Dijsselhof 2009 (+56)	300m	03:40.96 40,07	
Sjors Werger 2011 (+12)	350m	04:12.02 31,06	
Sjors Werger 2011 (+12)	400m	04:46.83 34,81	
15. De Dolfijn			04:48.50
Yara van Asselen 2009 (+66)	50m	00:34.96 34,96	
Yara van Asselen 2009 (+66)	100m	01:12.74 37,78	
Noa Spaans 2011 (+18)	150m	01:49.86 37,12	
Noa Spaans 2011 (+18)	200m	02:34.07 44,21	
Dewi Meijer 2010 (+68)	250m	03:07.49 33,42	
Dewi Meijer 2010 (+68)	300m	03:46.55 39,06	
Puck van Wees 2009 (+55)	350m	04:16.43 29,88	
Puck van Wees 2009 (+55)	400m	04:48.50 32,07	
16. De Columbiaan			04:48.53
Gwen Hermans 2009 (+62)	50m	00:34.37 34,37	
Gwen Hermans 2009 (+62)	100m	01:10.58 36,21	
Tess Meeuwissen 2010 (+33)	150m	01:47.72 37,14	
Tess Meeuwissen 2010 (+33)	200m	02:30.92 43,20	
Fanni Farkas 2011 (+57)	250m	03:03.73 32,81	
Fanni Farkas 2011 (+57)	300m	03:45.28 41,55	
Nina Tetteroo 2010 (+11)	350m	04:15.18 29,90	
Nina Tetteroo 2010 (+11)	400m	04:48.53 33,35	
17. ZPCH			04:49.64
Wies Hermans 2010 (+71)	50m	00:35.21 35,21	
Wies Hermans 2010 (+71)	100m	01:13.15 37,94	
Linou van Kampen 2010 (+37)	150m	01:50.75 37,60	
Linou van Kampen 2010 (+37)	200m	02:34.03 43,28	
Jenny Muntinga 2009 (+38)	250m	03:05.65 31,62	
Jenny Muntinga 2009 (+38)	300m	03:43.47 37,82	
Roubin van Kampen 2012 (+38)	350m	04:15.14 31,67	
Roubin van Kampen 2012 (+38)	400m	04:49.64 34,50	
18. KSN (SG)			04:50.40
Hanna Sampimon 2009 (+56)	50m	00:35.19 35,19	
Hanna Sampimon 2009 (+56)	100m	01:13.35 38,16	
Laura Tjoonk 2010 (+53)	150m	01:52.55 39,20	
Laura Tjoonk 2010 (+53)	200m	02:37.21 44,66	
Lotte Lübbers 2009 (+23)	250m	03:07.81 30,60	
Lotte Lübbers 2009 (+23)	300m	03:43.43 35,62	

Kim Koeling 2012 (+31)	350m	04:15.32	31,89	
Kim Koeling 2012 (+31)	400m	04:50.40	35,08	
19. Deltasteur				04:51.96
Lisa Boogaard 2011 (+75)	50m	00:36.87	36,87	
Lisa Boogaard 2011 (+75)	100m	01:16.87	40,00	
Manoah Dekker 2011 (+64)	150m	01:53.37	36,50	
Manoah Dekker 2011 (+64)	200m	02:35.59	42,22	
Simone Faber 2009 (+64)	250m	03:08.26	32,67	
Simone Faber 2009 (+64)	300m	03:47.16	38,90	
Isabel Amelink 2011 (+56)	350m	04:18.19	31,03	
Isabel Amelink 2011 (+56)	400m	04:51.96	33,77	
20. DAW				04:52.37
Eva Leuerman 2009 (+31)	50m	00:35.59	35,59	
Eva Leuerman 2009 (+31)	100m	01:14.59	39,00	
Dante van Meene 2009 (+48)	150m	01:51.09	36,50	
Dante van Meene 2009 (+48)	200m	02:34.08	42,99	
Elle van Gemeren 2011 (+6)	250m	03:09.43	35,35	
Elle van Gemeren 2011 (+6)	300m	03:47.93	38,50	
Yuna van den Idsert 2010 (+49)	350m	04:18.38	30,45	
Yuna van den Idsert 2010 (+49)	400m	04:52.37	33,99	
21. AZC				04:53.80
Nina van der Schrier 2010 (+66)	50m	00:31.59	31,59	
Nina van der Schrier 2010 (+66)	100m	01:05.40	33,81	
Naevia Verschoor 2012 (+39)	150m	01:44.56	39,16	
Naevia Verschoor 2012 (+39)	200m	02:31.53	46,97	
Jorja Verschoor 2009 (+52)	250m	03:05.31	33,78	
Jorja Verschoor 2009 (+52)	300m	03:45.85	40,54	
Sophie Hoogervorst 2011 (+38)	350m	04:17.58	31,73	
Sophie Hoogervorst 2011 (+38)	400m	04:53.80	36,22	
22. OZ&PC				04:54.26
Emma Steenbrink 2009 (+75)	50m	00:34.37	34,37	
Emma Steenbrink 2009 (+75)	100m	01:10.44	36,07	
Eva Oude Egbrink 2009 (+18)	150m	01:50.00	39,56	
Eva Oude Egbrink 2009 (+18)	200m	02:34.79	44,79	
Aimee van Tongeren 2011 (+53)	250m	03:09.34	34,55	
Aimee van Tongeren 2011 (+53)	300m	03:50.46	41,12	
Florien Pot 2010 (+25)	350m	04:20.60	30,14	
Florien Pot 2010 (+25)	400m	04:54.26	33,66	
23. DZ&PC				04:55.95
Devenda van der Meer 2009 (+64)	50m	00:35.01	35,01	
Devenda van der Meer 2009 (+64)	100m	01:13.59	38,58	
Syll Rinsma 2012 (+49)	150m	01:53.93	40,34	
Syll Rinsma 2012 (+49)	200m	02:40.60	46,67	
Amila Mustafic 2012 (+47)	250m	03:15.02	34,42	
Amila Mustafic 2012 (+47)	300m	03:57.74	42,72	
Fenna Westerneng 2009 (+57)	350m	04:25.70	27,96	
Fenna Westerneng 2009 (+57)	400m	04:55.95	30,25	
24. GZC DONK				04:56.14
Tess Liebrechts 2010 (+71)	50m	00:38.83	38,83	
Tess Liebrechts 2010 (+71)	100m	01:19.19	40,36	
Eva Ehlert 2010 (+31)	150m	01:55.72	36,53	
Eva Ehlert 2010 (+31)	200m	02:38.26	42,54	
Erin de Jong 2010 (+43)	250m	03:11.00	32,74	
Erin de Jong 2010 (+43)	300m	03:48.73	37,73	
Anouk de Jong 2009 (+48)	350m	04:20.36	31,63	
Anouk de Jong 2009 (+48)	400m	04:56.14	35,78	
25. DWK				04:59.72
Yvonne de Graaf 2011 (+68)	50m	00:35.45	35,45	
Yvonne de Graaf 2011 (+68)	100m	01:13.98	38,53	
Gerlin van de Krol 2011 (+58)	150m	01:53.12	39,14	
Gerlin van de Krol 2011 (+58)	200m	02:37.20	44,08	
Moir Iseger 2011 (+47)	250m	03:11.37	34,17	

Moira Iseger 2011 (+47)	300m	03:55.37	44,00
Maryse Kuijper 2010 (+70)	350m	04:25.58	30,21
Maryse Kuijper 2010 (+70)	400m	04:59.72	34,14

26. De Dinkel 05:00.29

Mila Soethof 2009 (+65)	50m	00:35.35	35,35
Mila Soethof 2009 (+65)	100m	01:14.13	38,78
Mattea Gliese-Slooijs 2011 (+57)	150m	01:54.65	40,52
Mattea Gliese-Slooijs 2011 (+57)	200m	02:41.25	46,60
Nienke Bulter 2009 (+33)	250m	03:14.60	33,35
Nienke Bulter 2009 (+33)	300m	03:54.21	39,61
Imke Oude Engberink 2011 (+41)	350m	04:25.70	31,49
Imke Oude Engberink 2011 (+41)	400m	05:00.29	34,59

DIS. ZPC AMERSFOORT 00:00.00

Senna Rijnbeek 2009	400m	00:00.00	0,00
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50. 4x100m vrije slag heren

12 - 15 jaar (Junioren)

1. ZPC AMERSFOORT 03:35.63

Felbe van 't Land 2009 (+73)	50m	00:24.88	24,88
Felbe van 't Land 2009 (+73)	100m	00:52.62	27,74
Feddo Smink 2009 (+56)	150m	01:18.54	25,92
Feddo Smink 2009 (+56)	200m	01:46.61	28,07
Xander Kragting 2009 (+29)	250m	02:13.79	27,18
Xander Kragting 2009 (+29)	300m	02:43.41	29,62
Tobian Vos 2009 (+23)	350m	03:08.63	25,22
Tobian Vos 2009 (+23)	400m	03:35.63	27,00

2. PSV 03:36.24

Giulian Janssen 2009 (+66)	50m	00:24.62	24,62
Giulian Janssen 2009 (+66)	100m	00:51.87	27,25
Theodore Allan 2009 (+36)	150m	01:16.96	25,09
Theodore Allan 2009 (+36)	200m	01:45.11	28,15
Davi Fonseca Gomes 2009 (+61)	250m	02:12.50	27,39
Davi Fonseca Gomes 2009 (+61)	300m	02:42.52	30,02
Martijn Nies 2009 (+43)	350m	03:08.21	25,69
Martijn Nies 2009 (+43)	400m	03:36.24	28,03

3. Blue Marlins 03:43.70

Alexander van der Maaten 2009 (+68)	50m	00:27.00	27,00
Alexander van der Maaten 2009 (+68)	100m	00:55.80	28,80
Thygo van de Peppel 2009 (+26)	150m	01:22.41	26,61
Thygo van de Peppel 2009 (+26)	200m	01:53.13	30,72
Duco de Gelder 2010 (+64)	250m	02:20.18	27,05
Duco de Gelder 2010 (+64)	300m	02:49.83	29,65
Pieter van Oosten 2009 (+34)	350m	03:15.48	25,65
Pieter van Oosten 2009 (+34)	400m	03:43.70	28,22

4. De Dolfijn 03:45.48

Luca Boorsma 2009 (+59)	50m	00:25.58	25,58
Luca Boorsma 2009 (+59)	100m	00:54.65	29,07
Mike Hilders 2009 (+5)	150m	01:21.26	26,61
Mike Hilders 2009 (+5)	200m	01:50.62	29,36
Evren Ege Orcunus 2010 (+27)	250m	02:17.58	26,96
Evren Ege Orcunus 2010 (+27)	300m	02:47.94	30,36
Finn Hilders 2009 (+39)	350m	03:15.22	27,28
Finn Hilders 2009 (+39)	400m	03:45.48	30,26

5. ZPC Hoogeveen 03:49.11

Gerjan Berends 2009 (+74)	50m	00:26.48	26,48
Gerjan Berends 2009 (+74)	100m	00:56.22	29,74
Ramon Vos 2011 (+33)	150m	01:23.32	27,10
Ramon Vos 2011 (+33)	200m	01:54.05	30,73
Mathijs Boersma 2010 (+53)	250m	02:20.86	26,81
Mathijs Boersma 2010 (+53)	300m	02:51.21	30,35
Daequan Ramos 2009 (+22)	350m	03:18.37	27,16
Daequan Ramos 2009 (+22)	400m	03:49.11	30,74

6. Team Noord Holland		03:51.44
Bas Marinus 2009 (+61)	50m 00:27.70 27,70	
Bas Marinus 2009 (+61)	100m 00:58.69 30,99	
Sven Bakker 2009 (+32)	150m 01:26.62 27,93	
Sven Bakker 2009 (+32)	200m 01:56.89 30,27	
Luca de Vries 2009 (+29)	250m 02:24.11 27,22	
Luca de Vries 2009 (+29)	300m 02:54.95 30,84	
Ties Hesse 2009 (+28)	350m 03:22.01 27,06	
Ties Hesse 2009 (+28)	400m 03:51.44 29,43	
7. ZPCH		03:51.78
Maxwell Russel 2010 (+69)	50m 00:28.54 28,54	
Maxwell Russel 2010 (+69)	100m 01:00.75 32,21	
Baris Tomu 2010 (+29)	150m 01:28.56 27,81	
Baris Tomu 2010 (+29)	200m 01:59.12 30,56	
Lucas Schouten 2009 (+60)	250m 02:27.00 27,88	
Lucas Schouten 2009 (+60)	300m 02:57.09 30,09	
Jelte de Jong 2009 (+51)	350m 03:23.18 26,09	
Jelte de Jong 2009 (+51)	400m 03:51.78 28,60	
8. Blue Marlins		03:51.95
Girish Nolden 2010 (+70)	50m 00:27.98 27,98	
Girish Nolden 2010 (+70)	100m 00:57.82 29,84	
Roemer Bindels 2010 (+26)	150m 01:25.43 27,61	
Roemer Bindels 2010 (+26)	200m 01:57.00 31,57	
Art Jin van der Ent 2009 (+48)	250m 02:24.61 27,61	
Art Jin van der Ent 2009 (+48)	300m 02:54.83 30,22	
Aidan van der Stelt 2009 (+55)	350m 03:21.96 27,13	
Aidan van der Stelt 2009 (+55)	400m 03:51.95 29,99	
9. Dedemsvaart-AC		03:52.36
Ruben Kragt 2010 (+64)	50m 00:27.78 27,78	
Ruben Kragt 2010 (+64)	100m 00:57.80 30,02	
Duuk Harms 2009 (+43)	150m 01:25.77 27,97	
Duuk Harms 2009 (+43)	200m 01:56.90 31,13	
Guus van Duinen 2009 (+22)	250m 02:24.84 27,94	
Guus van Duinen 2009 (+22)	300m 02:55.01 30,17	
Ruben Nooter 2009 (+35)	350m 03:22.19 27,18	
Ruben Nooter 2009 (+35)	400m 03:52.36 30,17	
10. De Dolfijn		03:52.50
Cayden Malone 2010 (+65)	50m 00:26.99 26,99	
Cayden Malone 2010 (+65)	100m 00:57.86 30,87	
Henry Watson 2010 (+42)	150m 01:24.81 26,95	
Henry Watson 2010 (+42)	200m 01:55.85 31,04	
Nathan Magava 2010 (+42)	250m 02:23.98 28,13	
Nathan Magava 2010 (+42)	300m 02:55.34 31,36	
Ruah Kes 2009 (+33)	350m 03:22.15 26,81	
Ruah Kes 2009 (+33)	400m 03:52.50 30,35	
11. HZ&PC Heerenveen		03:54.45
Tije Hempenius 2009 (+71)	50m 00:28.39 28,39	
Tije Hempenius 2009 (+71)	100m 01:00.32 31,93	
Victor de Haan 2010 (+16)	150m 01:29.20 28,88	
Victor de Haan 2010 (+16)	200m 02:00.09 30,89	
Mattias Stolk 2010 (+32)	250m 02:28.43 28,34	
Mattias Stolk 2010 (+32)	300m 02:59.68 31,25	
Finn Eghuizen 2009 (+38)	350m 03:25.86 26,18	
Finn Eghuizen 2009 (+38)	400m 03:54.45 28,59	
12. DWK		03:54.82
Nordin Vermeer 2010 (+69)	50m 00:29.35 29,35	
Nordin Vermeer 2010 (+69)	100m 01:02.52 33,17	
Sven Potappel 2010 (+52)	150m 01:30.69 28,17	
Sven Potappel 2010 (+52)	200m 02:01.73 31,04	
Tygo van de Wal 2010 (+27)	250m 02:29.71 27,98	
Tygo van de Wal 2010 (+27)	300m 03:00.84 31,13	
Ruben Baars 2009 (+39)	350m 03:26.53 25,69	
Ruben Baars 2009 (+39)	400m 03:54.82 28,29	

13. Zwemlust- den Hommel			03:55.27
Gwee Bokma 2010 (+73)	50m	00:27.07 27,07	
Gwee Bokma 2010 (+73)	100m	00:57.74 30,67	
Mees de Vries 2010 (+23)	150m	01:26.89 29,15	
Mees de Vries 2010 (+23)	200m	01:59.28 32,39	
Quinten Hofman 2010 (+26)	250m	02:27.84 28,56	
Quinten Hofman 2010 (+26)	300m	03:00.19 32,35	
Bink Elgersma 2010 (+21)	350m	03:26.42 26,23	
Bink Elgersma 2010 (+21)	400m	03:55.27 28,85	
14. DAW			03:55.70
Mees Kooij 2010 (+67)	50m	00:29.37 29,37	
Mees Kooij 2010 (+67)	100m	01:01.16 31,79	
Mauro Bedeke 2010 (+35)	150m	01:28.62 27,46	
Mauro Bedeke 2010 (+35)	200m	01:59.28 30,66	
Dinand Kop 2009 (+40)	250m	02:26.97 27,69	
Dinand Kop 2009 (+40)	300m	02:57.32 30,35	
Franzi Ziegler 2011 (+33)	350m	03:24.97 27,65	
Franzi Ziegler 2011 (+33)	400m	03:55.70 30,73	
15. SWOL 1894			03:57.82
Roan van der Stege 2009 (+69)	50m	00:27.21 27,21	
Roan van der Stege 2009 (+69)	100m	00:56.40 29,19	
Tristan Meijers 2010 (+50)	150m	01:25.83 29,43	
Tristan Meijers 2010 (+50)	200m	01:57.75 31,92	
Dhamin Ouali 2009 (+53)	250m	02:24.78 27,03	
Dhamin Ouali 2009 (+53)	300m	02:56.60 31,82	
Kick Germers 2010 (+48)	350m	03:25.78 29,18	
Kick Germers 2010 (+48)	400m	03:57.82 32,04	
16. Deltasteur			03:59.39
Niek Endeman 2009 (+68)	50m	00:27.28 27,28	
Niek Endeman 2009 (+68)	100m	00:57.63 30,35	
Douwe Enzerink 2011 (+50)	150m	01:26.29 28,66	
Douwe Enzerink 2011 (+50)	200m	01:58.47 32,18	
Milan Bottenberg 2009 (+51)	250m	02:27.90 29,43	
Milan Bottenberg 2009 (+51)	300m	03:01.42 33,52	
Matthijs van Velzen 2011 (+48)	350m	03:28.93 27,51	
Matthijs van Velzen 2011 (+48)	400m	03:59.39 30,46	
17. ACZ			03:59.49
Wanne van Geest 2009 (+75)	50m	00:26.27 26,27	
Wanne van Geest 2009 (+75)	100m	00:55.75 29,48	
Vince van Dam 2010 (+37)	150m	01:26.17 30,42	
Vince van Dam 2010 (+37)	200m	02:00.28 34,11	
Luka Arkesteijn 2009 (+42)	250m	02:29.17 28,89	
Luka Arkesteijn 2009 (+42)	300m	03:02.45 33,28	
Avery Arrindell 2009 (+53)	350m	03:29.81 27,36	
Avery Arrindell 2009 (+53)	400m	03:59.49 29,68	
18. PSV			04:00.74
Max van der Spank 2010 (+79)	50m	00:27.59 27,59	
Max van der Spank 2010 (+79)	100m	00:58.46 30,87	
Fedor Sazonov 2009 (+28)	150m	01:26.23 27,77	
Fedor Sazonov 2009 (+28)	200m	01:55.61 29,38	
Yahav Shalev 2009 (+53)	250m	02:25.11 29,50	
Yahav Shalev 2009 (+53)	300m	02:57.71 32,60	
Jasper de Glopper 2011 (+26)	350m	03:27.65 29,94	
Jasper de Glopper 2011 (+26)	400m	04:00.74 33,09	
19. OZ&PC			04:00.85
Rafael Agterbos 2010 (+71)	50m	00:29.72 29,72	
Rafael Agterbos 2010 (+71)	100m	01:02.18 32,46	
Daan Overmars 2011	150m	01:32.12 29,94	
Daan Overmars 2011	200m	02:03.92 31,80	
Finn Stamsnieder 2009 (+43)	250m	02:31.43 27,51	
Finn Stamsnieder 2009 (+43)	300m	03:00.99 29,56	
Dani Yefimov 2009 (+46)	350m	03:29.26 28,27	

Dani Yefimov 2009 (+46) 400m 04:00.85 31,59

20. Dedemsvaart-AC

04:10.75

Abe Pasop 2010 (+66) 50m 00:29.05 29,05
Abe Pasop 2010 (+66) 100m 01:00.85 31,80
Roan Dijkstra 2010 (+29) 150m 01:29.16 28,31
Roan Dijkstra 2010 (+29) 200m 02:00.99 31,83
Alex Spijker 2010 (+53) 250m 02:31.38 30,39
Alex Spijker 2010 (+53) 300m 03:05.32 33,94
Gijs Nooter 2010 (+9) 350m 03:35.41 30,09
Gijs Nooter 2010 (+9) 400m 04:10.75 35,34

DIS. Niemo Barracuda

00:00.00

Yaroslav Budylevskyi 2009 400m 00:00.00 0,00