

## Dames senioren

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### Dames, Senioren

				50 vs	50 ss	50 vls	50 ru	
1. Yvon Versteeg	92	04-065	<b>2:02.05</b>	4	27.39	33.87	29.13	31.66
2. Leandra Vedder	96	04-023	<b>2:10.62</b>	4	29.23	35.11	31.47	34.81
3. Marsha Beukeveld	95	03-008	<b>2:13.07</b>	4	29.14	37.01	32.48	34.44
4. Nienke van Scheepen	97	04-023	<b>2:22.51</b>	4	31.11	40.61	35.41	35.38
5. Jonne Kampen	95	04-002	<b>2:22.94</b>	4	29.71	43.83	33.19	36.21
6. Getrude Corporaal	92	04-044	<b>2:26.57</b>	4	31.34	42.57	36.19	36.47
7. Stephanie Schmidt	96	04-023	<b>2:27.52</b>	4	31.14	43.56	34.97	37.85
8. Mariska Kagenaar	97	04-035	<b>2:33.86</b>	4	32.46	43.08	38.68	39.64

## Heren senioren

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### Heren, Senioren Open

				50 vs	50 ss	50 vls	50 ru	
1. Niels van Eck	89	03-008	<b>1:50.67</b>	4	24.30	29.67	27.30	29.40
2. Ardi Knol	96	03-008	<b>1:51.63</b>	4	25.16	30.60	26.61	29.26
3. Koen Lems	96	03-008	<b>1:52.88</b>	4	25.00	30.60	28.06	29.22
4. Jeroen Lorus	95	03-008	<b>1:53.33</b>	4	25.29	31.83	26.65	29.56
5. Lauren Vis	82	04-023	<b>1:54.28</b>	4	25.02	32.61	26.99	29.66
6. Willem-Jan Huisman	94	04-002	<b>1:56.08</b>	4	25.29	33.82	27.71	29.26
7. Daniël de Wagt	96	04-035	<b>1:56.39</b>	4	25.51	32.08	29.01	29.79
8. Darryl Lubbinge	97	03-008	<b>1:58.31</b>	4	26.16	32.10	29.39	30.66
9. Alex Stevens	97	03-021	<b>1:59.01</b>	4	26.15	32.15	28.82	31.89
10. Richard Hovenkamp	94	03-021	<b>2:00.54</b>	4	26.41	33.96	28.08	32.09
11. Robert Braad	86	04-023	<b>2:00.73</b>	4	26.88	34.28	29.01	30.56
12. Maurice van der Ploeg	97	03-009	<b>2:02.34</b>	4	25.67	35.49	29.83	31.35
13. Frank Bruins	96	03-009	<b>2:07.42</b>	4	27.13	34.24	30.36	35.69
14. Wessel Everloo	89	04-065	<b>2:11.51</b>	4	27.71	40.66	30.59	32.55
DIS Diederick Schothans	97	04-065		4	26.76	35.38	29.36	*

## Dames senioren 1 en 2

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### Dames, Senioren 1 en 2

				50 vs	50 ss	50 vls	50 ru	
1. Simone Krans	99	03-008	<b>2:03.73</b>	4	27.33	35.76	29.63	31.01
2. Brigit Beukeveld	98	03-008	<b>2:15.16</b>	4	28.88	37.66	33.94	34.68
3. Louiza Kamp	99	04-035	<b>2:16.52</b>	4	29.64	38.81	32.33	35.74
4. Lauri Lesscher	99	04-065	<b>2:19.01</b>	4	29.34	40.15	34.46	35.06
5. Cvnthia Koerhuis	99	03-021	<b>2:20.04</b>	4	29.81	40.68	33.75	35.80
6. Eliza van der Werf	99	04-023	<b>2:21.44</b>	4	30.42	40.37	35.85	34.80
7. Ageeth de Haan	99	04-025	<b>2:22.15</b>	4	30.12	37.61	36.56	37.86
8. Alies Waqter	99	04-023	<b>2:24.08</b>	4	28.58	42.04	37.26	36.20
9. Sabine Lageweg	99	04-023	<b>2:25.74</b>	4	30.87	42.37	34.11	38.39
10. Nicole Zijlstra	99	04-035	<b>2:26.85</b>	4	30.44	42.30	38.02	36.09
11. Anouk Poelstra	98	04-023	<b>2:28.09</b>	4	31.29	43.20	36.45	37.15
12. Randi Dekker	99	04-023	<b>2:29.77</b>	4	31.26	39.92	37.80	40.79
13. Kim Lassche	98	04-044	<b>2:30.17</b>	4	32.45	43.69	36.90	37.13
14. Anna Werkman	98	04-023	<b>2:51.10</b>	4	36.01	50.84	40.62	43.63

## Jongens jeugd 1 en 2

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### Jongens, Jeugd 1 en 2

				50 vs	50 ss	50 vls	50 ru	
1. Gauke Eilander	98	03-008	<b>1:49.47</b>	4	24.43	31.90	25.44	27.70
2. Albert Jan van Slooten	98	04-035	<b>1:56.75</b>	4	25.08	32.54	28.62	30.51
3. Gideon Teeuw	98	04-065	<b>1:59.61</b>	4	26.49	33.48	28.63	31.01
4. Maik Huser	99	03-008	<b>2:01.79</b>	4	26.14	32.37	31.07	32.21
5. Dennis Klaassen	98	03-009	<b>2:02.57</b>	4	25.88	35.30	29.88	31.51
6. Vincent Bosch	99	04-065	<b>2:04.29</b>	4	26.69	35.86	30.15	31.59
7. Nick van Scherrenburg	99	04-035	<b>2:04.34</b>	4	27.03	32.91	31.76	32.64
8. Erik van der Linden	99	04-044	<b>2:06.08</b>	4	26.60	36.77	31.04	31.67
9. Kylian Kooyman	99	04-023	<b>2:08.32</b>	4	27.55	35.41	31.89	33.47
10. Laurens Spoelstra	99	04-065	<b>2:15.73</b>	4	28.51	38.56	33.95	34.71
11. Alex Huizenga	98	04-044	<b>2:17.21</b>	4	27.95	36.52	35.21	37.53
12. Andy Oort	99	03-021	<b>2:19.09</b>	4	28.77	39.00	34.94	36.38
13. Remco Koelewijn	99	04-023	<b>2:21.99</b>	4	29.65	39.11	38.51	34.72
14. Douwe Beunk	99	04-035	<b>2:22.29</b>	4	29.38	43.65	34.09	35.17
DIS Florian Stevens	98	04-035		4	27.73	38.23	32.48	*

## Meisjes jeugd 1 en 2

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### Meisjes, Jeugd 1 en 2

				50 vs	50 ss	50 vls	50 ru	
1. Alinda Dingshoff	00	03-008	<b>2:07.99</b>	4	27.51	38.39	29.86	32.23
2. Lindy Elkerbout	00	04-065	<b>2:10.03</b>	4	28.86	36.42	31.65	33.10
3. Jill Blide	00	03-008	<b>2:13.41</b>	4	28.69	37.37	32.95	34.40
4. Madelijne Schothans	00	04-065	<b>2:14.89</b>	4	29.55	35.08	35.42	34.84
5. Anique Coelingh	00	03-008	<b>2:17.21</b>	4	30.02	40.51	33.51	33.17
6. Jasmijn Steenbergen	01	03-008	<b>2:19.89</b>	4	30.43	40.01	34.59	34.86
7. Kyra Wooldrik	01	03-008	<b>2:20.47</b>	4	29.38	42.25	33.05	35.79
8. Madelon van der Ploeg	01	03-009	<b>2:20.73</b>	4	30.81	41.89	33.61	34.42
9. Anouschka Steenbergen	00	03-008	<b>2:20.94</b>	4	30.99	42.15	34.08	33.72
10. Kayleigh Westenberg	00	04-065	<b>2:21.95</b>	4	30.58	42.64	33.43	35.30
11. Paulien Wesseling	01	03-008	<b>2:22.23</b>	4	30.01	39.92	36.16	36.14
12. Femke Kemper	00	04-035	<b>2:24.97</b>	4	31.04	40.16	36.49	37.28
13. Rosanne Kuilder	01	04-065	<b>2:28.94</b>	4	30.20	47.35	35.07	36.32
14. Naomi Broekman	01	03-021	<b>2:33.72</b>	4	33.59	41.28	38.14	40.71
15. Jessica van der Zee	00	04-023	<b>2:34.90</b>	4	32.50	45.96	36.69	39.75
16. Linda Meinders	01	04-035	<b>2:37.52</b>	4	32.91	48.07	38.67	37.87
17. Myrthe Zuethof	00	04-002	<b>2:41.94</b>	4	34.91	41.41	41.65	43.97
18. Maryse van Putten	01	04-002	<b>2:42.57</b>	4	32.81	44.51	43.62	41.63
19. Anouk Boltendal	00	04-035	<b>2:43.36</b>	4	34.58	47.68	40.84	40.26
20. Myrthe Muller	01	04-002	<b>2:50.88</b>	4	33.55	47.88	46.85	42.60
21. Manuëla Feikens	00	03-021	<b>2:57.05</b>	4	37.25	48.83	47.12	43.85
DIS Janine ter Schure	01	04-025		4	*	51.20	*	41.90

## Jongens junioren 3 en 4

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### Jongens, Junioren 3 en 4

				50 vs	50 ss	50 vls	50 ru	
1. Junior de Bruin	00	03-008	<b>1:53.36</b>	4	25.33	31.57	26.59	29.87
2. Bas Kost	00	03-008	<b>2:02.76</b>	4	27.45	33.70	29.95	31.66
3. Coen de Lang	01	03-008	<b>2:03.21</b>	4	27.89	33.95	30.40	30.97
4. Jorn Lucas	00	04-065	<b>2:08.26</b>	4	27.04	36.94	32.47	31.81
5. Wouter van Asperen	00	03-021	<b>2:13.47</b>	4	27.37	37.35	35.48	33.27
6. Jelmer Lesscher	01	04-065	<b>2:16.45</b>	4	28.89	40.49	33.07	34.00
7. Otmar Lesscher	01	04-065	<b>2:17.51</b>	4	29.27	39.70	33.00	35.54
8. Julian Hansman	00	04-044	<b>2:20.59</b>	4	29.52	38.82	34.99	37.26
9. Max Mastebroek	01	04-035	<b>2:22.42</b>	4	29.76	40.70	35.31	36.65
10. Daan Jansema	01	04-044	<b>2:24.88</b>	4	30.25	41.69	36.99	35.95
11. Ruben Harbers	01	04-065	<b>2:24.98</b>	4	30.40	41.03	36.86	36.69
12. Stefan Kagenaar	01	04-035	<b>2:33.02</b>	4	31.82	43.84	37.67	39.69
13. Derk Jan van Duyn	01	03-021	<b>2:34.92</b>	4	34.13	40.24	39.48	41.07
14. Koen Koopman	00	04-035	<b>2:37.40</b>	4	33.43	43.25	39.10	41.62
DIS Owen Peeks	01	03-008		4	28.33	38.33	31.93	*
DIS Daan Rienties	01	04-002		4	27.18	37.20	30.75	*

DIS Tim Pleiter	00	04-065	4	31.05	39.89	36.46	*
DIS Daniel Benne	01	04-044	4	*	*	48.11	48.30
DIS Martijn Sam	01	04-044	4	32.07	*	38.17	38.96

## Meisjes junioren 1, 2 en 3

### Meisjes, Junioren 1

				50 vs	50 ss	50 vls	50 ru	
1. Senna van der Veen	04	03-008	<b>2:33.78</b>	4	32.90	47.70	36.93	36.25
2. Anneiën Smelt	04	04-044	<b>2:48.73</b>	4	35.02	48.79	41.72	43.20
3. Roos Schuite	04	04-044	<b>2:51.75</b>	4	36.94	47.16	45.49	42.16
4. Carlijne Sam	04	04-044	<b>3:13.19</b>	4	40.53	53.78	51.05	47.83
5. Lotte Dijkslag	04	04-002	<b>3:34.87</b>	4	44.43	56.50	1:02.64	51.30
DIS Kimm Bakker	04	04-025		4	39.03	*	50.49	48.60
DIS Mathilde Smelt	04	04-044		4	38.42	49.60	*	48.71

### Meisjes, Junioren 2

				50 vs	50 ss	50 vls	50 ru	
1. Lotte Pieterman	03	04-002	<b>2:22.14</b>	4	30.21	40.43	36.43	35.07
2. Maudé Lesscher	03	04-065	<b>2:27.74</b>	4	31.79	43.75	35.00	37.20
3. Mirthe Schenkel	03	03-008	<b>2:30.96</b>	4	31.67	39.25	41.70	38.34
4. Renate Dellelijn	03	04-002	<b>2:40.76</b>	4	34.82	44.60	41.90	39.44
5. Nike Tolsma	03	04-035	<b>2:42.30</b>	4	33.29	46.24	41.02	41.75
6. Trista Gort	03	04-002	<b>2:44.01</b>	4	33.62	46.19	41.18	43.02
7. Lianne de Jonge	03	04-044	<b>2:48.25</b>	4	34.42	49.45	41.36	43.02
8. Maud Masselink	03	04-065	<b>2:51.65</b>	4	36.18	49.46	43.14	42.87
9. Mandy Hansma	03	04-044	<b>2:51.93</b>	4	34.49	45.56	48.05	43.83
10. Lotte-Lynn Sterken	03	03-009	<b>2:53.46</b>	4	35.58	48.23	47.50	42.15
11. Nika Dekker	03	04-023	<b>2:59.06</b>	4	35.57	47.33	50.79	45.37
12. Karin de Haan	03	04-025	<b>3:01.47</b>	4	38.08	47.82	46.70	48.87
13. Inge Halman	03	04-023	<b>3:03.58</b>	4	38.64	52.59	50.33	42.02
14. Yasmin Brinkman	03	04-023	<b>3:05.94</b>	4	38.87	48.27	52.78	46.02
15. Meintje Snieder	03	04-002	<b>3:06.93</b>	4	38.86	53.00	49.20	45.87
16. Marrit Otter	03	04-002	<b>3:08.85</b>	4	38.17	47.23	53.89	49.56
17. Anouk Veeninga	03	03-021	<b>3:09.43</b>	4	39.15	52.41	49.89	47.98
18. Cynthia Koolman	03	04-002	<b>3:13.29</b>	4	39.06	53.49	54.26	46.48
19. Aimee Heerschop	03	04-025	<b>3:17.72</b>	4	40.40	55.10	50.47	51.75
DIS Juliëtte Jansen	03	04-044		4	*	43.94	36.91	*
DIS Dominic Vis	03	04-044		4	36.62	46.61	43.13	*
DIS Carlijn Hermans	03	04-023		4	39.14	49.20	*	47.49
DIS M. van den Hoofdakker	03	04-023		4	32.43	50.24	44.42	*

### Meisjes, Junioren 3

				50 vs	50 ss	50 vls	50 ru	
1. Denice Koolman	02	04-002	<b>2:22.01</b>	4	30.67	39.66	35.36	36.32
2. Manon Swierts	02	03-008	<b>2:26.44</b>	4	31.95	42.82	35.38	36.29
3. Janita van Diepen	02	04-035	<b>2:33.26</b>	4	30.62	46.51	37.53	38.60
4. Iris Zandvoort	02	04-065	<b>2:33.43</b>	4	32.51	42.24	38.04	40.64
5. Danique Afink	02	04-065	<b>2:34.42</b>	4	32.65	43.92	41.02	36.83
6. Renske Brokking	02	04-035	<b>2:36.42</b>	4	32.55	45.20	40.41	38.26
7. Lena Nieuwdam	02	04-035	<b>2:37.34</b>	4	33.07	45.45	37.39	41.43
8. Esmee Greydanus	02	03-021	<b>2:40.79</b>	4	33.19	42.79	44.76	40.05
9. Lidewij Slootweg	02	04-002	<b>2:45.10</b>	4	34.02	46.61	42.59	41.88
10. Sophie Heuker	02	03-021	<b>2:48.72</b>	4	37.27	42.75	46.59	42.11
11. Roeliene Bouwman	02	03-021	<b>2:53.73</b>	4	36.27	44.53	47.82	45.11
12. Fayola van den Berg	02	04-023	<b>2:54.73</b>	4	37.83	46.67	45.86	44.37
13. Leonique Spierenburg	02	03-021	<b>2:56.01</b>	4	36.02	48.42	45.90	45.67
DIS Esmee Kijk in de Vegte	02	04-044		4	*	44.79	41.55	39.98

## Jongens minioren 6, junioren 1 en 2

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### Jongens, Minioren 6

				50 vs	50 ss	50 vls	50 ru	
1. Chris Huisman	04	04-023	<b>3:17.57</b>	4	39.74	51.67	59.43	46.73
DIS Kay van Sleen	04	04-023		4	37.44	*	50.45	48.85

### Jongens, Junioren 1

				50 vs	50 ss	50 vls	50 ru	
1. Jovanny Timmer	03	03-021	<b>2:24.57</b>	4	32.29	37.68	36.76	37.84
2. Nathan de Boer	03	04-065	<b>2:36.58</b>	4	33.04	46.19	38.44	38.91
3. Thomas Kiburg	03	04-023	<b>2:37.25</b>	4	31.32	47.25	38.84	39.84
4. Bart Harbers	03	04-065	<b>2:42.40</b>	4	35.04	46.04	40.28	41.04
5. Rowan Turkstra	03	03-009	<b>3:10.16</b>	4	36.95	50.52	52.23	50.46
6. Kasper van Scheepen	03	04-023	<b>3:29.70</b>	4	41.22	52.57	56.24	59.67
DIS Jeroen Gunnink	03	03-021		4	38.80	52.32	51.84	*

### Jongens, Junioren 2

				50 vs	50 ss	50 vls	50 ru	
1. Raoul Witten	02	03-008	<b>2:18.10</b>	4	30.06	40.31	34.14	33.59
2. Johannes Post	02	04-035	<b>2:22.99</b>	4	29.42	40.60	34.54	38.43
3. Hidde Wernsen	02	04-035	<b>2:24.28</b>	4	30.62	40.14	35.74	37.78
4. Patrick Timmerman	02	04-025	<b>2:52.62</b>	4	37.13	47.12	44.43	43.94
5. Lars Koopman	02	04-035	<b>3:04.75</b>	4	36.30	46.83	54.20	47.42
DIS Daniël Bots	02	03-009		4	32.37	46.69	*	*
DIS Geert de Haan	02	04-025		4	*	45.18	43.83	44.05
DIS Matthijs Poppe	02	04-065		4	31.94	40.67	39.86	*
DIS Stijn Lubbers	02	04-035		4	35.93	40.95	*	*