

4 - ONMK 2014 kb sessie 4

25-01-2014 - 13:00

Programmanr. 24  
25-01-2014 - 13:00

Dames, 4 x 50m vrije slag

Masters Open  
Resultaten

| rang                   | vereniging     | inschrijftijd             | tijd           | RT    |
|------------------------|----------------|---------------------------|----------------|-------|
| <b>80+</b>             |                |                           |                |       |
| 1. WVZ 1               | WVZ            | 2:00.56                   | <b>2:01.50</b> | +0,76 |
| Tessa Verheijdt        | 89 +0,76 33.31 | Isabelle Massar           | 91 +0,36 28.33 |       |
| Monique Pronk          | 88 +0,65 31.16 | Manon van Strien          | 94 +0,40 28.70 |       |
| 2. De Amer 1           | De Amer        | 2:02.77                   | <b>2:03.34</b> | +0,87 |
| Renske Eilers          | 88 +0,87 32.22 | Kathy van Zullen          | 93 +0,41 29.78 |       |
| Sabine Duijst          | 87 +0,48 32.43 | Anne Duijst               | 89 +0,46 28.91 |       |
| 3. Swol 1894 2         | Swol 1894      | 2:02.53                   | <b>2:03.90</b> | +0,73 |
| Laura van den Berg     | 91 +0,73 30.87 | Madelon Vos               | 93 +0,56 32.60 |       |
| Leonie Nijenhuis       | 92 +0,32 30.87 | Vera Kraijer              | 92 +0,26 29.56 |       |
| 4. GZVW 1              | GZVW           | 2:15.60                   | <b>2:13.13</b> | +0,88 |
| Josse van Geffen       | 86 +0,88 32.08 | Relinda Baas              | 89 +0,62 33.47 |       |
| Natasja Dammer         | 92 +0,63 35.80 | Nadine Blouw              | 93 +0,47 31.78 |       |
| 5. Montferland 1       | Montferland    | 2:12.25                   | <b>2:13.66</b> | +1,21 |
| Daphne Meijer          | 93 +1,21 33.43 | Hanneke Heymen            | 84 +0,44 32.74 |       |
| Kelly Bockting         | 91 +0,24 34.53 | Wieteke Jansen            | 90 +0,56 32.96 |       |
| <b>100+</b>            |                |                           |                |       |
| 1. De Dinkel 1         | De Dinkel      | 1:55.88                   | <b>1:52.70</b> | +0,65 |
| Karin Hidding          | 84 +0,65 27.78 | Anique Willeme            | 86 +0,36 28.37 |       |
| Franca Willeme         | 84 +0,58 29.61 | Marlies Reinders          | 86 +0,29 26.94 |       |
| 2. DAW 1               | DAW            | 2:07.68                   | <b>1:58.15</b> | +0,72 |
| Sandra Zwaanswijk      | 85 +0,72 29.20 | Sandra Pannekeet          | 84 +0,29 29.32 |       |
| Wieteke Elzinga        | 86 +0,44 30.43 | Bianca Paape              | 85 +0,17 29.20 |       |
| <b>120+</b>            |                |                           |                |       |
| 1. PSV 2               | PSV            | 1:59.26                   | <b>1:59.11</b> | +0,81 |
| Lisa Dreesens          | 91 +0,81 27.07 | Liselotte Joling          | 75 +0,75 29.46 |       |
| Patty Krupiarz         | 54 +0,43 35.02 | Stephanie Rombout         | 88 +0,40 27.56 |       |
| 2. WS Twente 1         | WS Twente      | 2:01.43                   | <b>2:01.65</b> | +0,95 |
| Henrike de Vries       | 89 +0,95 31.44 | Inez Heideman             | 75 +0,41 29.41 |       |
| Marion Broekhuis       | 68 +0,62 32.25 | Annelette de Vries        | 86 +0,43 28.55 |       |
| 3. AZ&PC 1             | AZ&PC          | 2:01.35                   | <b>2:02.22</b> | +0,94 |
| Talje Dijkhuis         | 66 +0,94 31.27 | Iris Pijtak               | 93 +0,31 28.79 |       |
| Henriette van Norden   | 68 +0,57 31.53 | Lidia v. Bon-Rosenbrand   | 70 +0,38 30.63 |       |
| 4. Swol 1894 1         | Swol 1894      | 2:05.00                   | <b>2:06.46</b> | +0,48 |
| Christien Nieuwenhuis  | 51 +0,48 32.78 | Inge Kuiper               | 90 +0,54 31.77 |       |
| Laura Oosterbroek      | 88 +0,34 31.67 | Hilde Buiten              | 79 +0,61 30.24 |       |
| 5. Budel 1             | Budel          | 2:19.29                   | <b>2:10.35</b> | +0,86 |
| Carola Hompes          | 88 +0,86 31.57 | Ingrid Noten              | 85 +0,33 32.80 |       |
| Miriam Leeten-Stevens  | 69 +0,45 36.56 | Joyce Raemaekers          | 91 +0,26 29.42 |       |
| 6. De Dinkel 2         | De Dinkel      | 2:15.04                   | <b>2:11.55</b> | +0,83 |
| Marieke Langendonk     | 79 +0,83 32.05 | Karin Rikhof              | 66 +0,24 36.33 |       |
| Natasja Linderhof      | 75 +0,49 36.10 | Silke Oude Weernink       | 90 +0,49 27.07 |       |
| 7. De Spatters 1       | De Spatters    | 2:13.47                   | <b>2:14.03</b> | +0,81 |
| Diana Westerdijk       | 72 +0,81 36.28 | Roellen Speelman-Tigelaar | 66 +0,43 34.26 |       |
| Maartje Lenten         | 92 +0,54 31.47 | Karin Hovenkamp           | 87 +0,26 32.02 |       |
| 8. Den Doorn 1         | Den Doorn      | 2:30.37                   | <b>2:26.30</b> | +0,98 |
| Antoinette Kant        | 69 +0,98 34.08 | Nancy Maas                | 74 +0,74 41.01 |       |
| Ineke Branderhorst     | 69 +0,45 41.97 | Sanne van der Stelt       | 93 +0,06 29.24 |       |
| DIS RZC 1              | RZC            | 2:02.62                   | EA             | +0,93 |
| <i>dis 3e zwemmer</i>  |                |                           |                |       |
| Marieke van Dodeweerd  | 86 +0,93 30.58 | Rita van der Horst        | 69 -0,05       |       |
| Jule Verschoor-Holland | 75 +0,38 33.71 | Yvonne Janssen            | 76             |       |

Programmanr. 24, Dames, 4 x 50m vrije slag

160+

|                                                                         |                                                             |                                                                |                                  |                      |
|-------------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------------|----------------------------------|----------------------|
| 1. DAW 2<br>Esther Steltenpohl<br>Ingeborg Stokx                        | DAW<br>85 +0,77 31.92<br>67 +0,17 36.49                     | 2:13.92<br>Petra Tossings<br>Ilona Hogerheyde                  | 61 +0,48 33.49<br>74 +0,35 29.36 | <b>2:11.26</b> +0,77 |
| 2. Zwemvereniging Westland 1<br>Jacoline van den Beukel<br>Elke Nuijten | Zwemvereniging Westland<br>91 +0,91 32.54<br>64 +0,34 33.75 | 2:17.47<br>Tineke Brouwer-Maat<br>Petra Schoon-Spaans          | 53 +0,37 37.73<br>69 +0,53 32.88 | <b>2:16.90</b> +0,91 |
| 3. RZ 1<br>Marion van Gerwen<br>Amy van Dijk                            | RZ<br>65 +0,87 34.60<br>79 +0,31 36.17                      | 2:16.95<br>Vivian van Kerkwijk<br>Wendy Kroops                 | 75 +0,61 33.46<br>68 +0,48 32.83 | <b>2:17.06</b> +0,87 |
| 4. DWK 1<br>Liesbeth van Mill<br>Jennie Resink-lindeboom                | DWK<br>87 +0,99 34.38<br>60 +0,45 37.52                     | 2:17.87<br>Ellen van Wingerden - Dijkhuizen<br>Iris van Aurich | 69 +0,71 33.28<br>69 +0,54 32.23 | <b>2:17.41</b> +0,99 |
| 5. CNSW 1<br>Isaline Manchel<br>Claire Anthony                          | CNSW<br>85 +0,88 33.76<br>57 +0,52 34.20                    | 2:30.00<br>Fernande Blondeel<br>Nathalie Blondeel              | 52 +0,19 41.58<br>77 +0,06 27.95 | <b>2:17.49</b> +0,88 |
| 6. WIDEX GZC DONK 1<br>Lia Bijkerk<br>Nathasja Konijn                   | WIDEX GZC DONK<br>60 +1,12 39.86<br>71 +0,32 37.60          | 2:28.06<br>Alice de Haan<br>Jacqueline de Ruiter-Wijnolst      | 64 +0,76 39.26<br>74 +0,43 29.83 | <b>2:26.55</b> +1,12 |

200+

|                                                                    |                                                  |                                                  |                                  |                      |
|--------------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------|----------------------------------|----------------------|
| 1. PSV 1<br>Ymke Snellen van Vollenhoven<br>Annie Smits            | PSV<br>68 +0,93 35.72<br>46 +0,51 41.88          | 2:25.38<br>Dorette Vogels<br>Katrin Pennings     | 70 +0,71 33.38<br>64 +0,36 30.79 | <b>2:21.77</b> +0,93 |
| 2. De Dinkel 3<br>Karin Oude Ophuis<br>Annette Rikhof              | De Dinkel<br>60 +0,82 37.26<br>59 37.45          | 2:34.09<br>Andrea Groeneveld<br>Marga Stroot     | 72 +0,20 38.67<br>57 +0,33 38.45 | <b>2:31.83</b> +0,82 |
| 3. ESCA Zwemmen 1<br>Karin van der Star-Verhoeven<br>Cora Smulders | ESCA Zwemmen<br>61 +1,03 35.10<br>66 +0,62 40.46 | 2:44.00<br>Ria Peters-Veurman<br>Marleen Robbers | 58 +0,56 44.25<br>66 +0,57 49.60 | <b>2:49.41</b> +1,03 |
| 4. Old Dutch 1<br>Ingrid ten Horn<br>Karien Musters                | Old Dutch<br>61 +1,08 44.43<br>58 +0,66 46.59    | 2:47.02<br>Karin van den Heuvel<br>Mies Kuipers  | 66 +0,44 36.18<br>58 +0,44 54.18 | <b>3:01.38</b> +1,08 |

Programmanr. 25  
25-01-2014 - 13:12

Heren, 4 x 50m vrije slag

Masters Open  
Resultaten

| rang                                                                                    | vereniging                                           | inschrijftijd                                   | tijd                             | RT                   |
|-----------------------------------------------------------------------------------------|------------------------------------------------------|-------------------------------------------------|----------------------------------|----------------------|
| 80+                                                                                     |                                                      |                                                 |                                  |                      |
| 1. RZC 1<br><i>Nederlands Masters Record</i><br>Stefan Timmermans<br>Kevin van Susteren | RZC<br>94 +0,77 24.00<br>89 +0,30 25.48              | 1:38.59<br>Raynor Wolf<br>Pascal Timmermans     | 89 +0,27 24.22<br>92 +0,09 22.83 | <b>1:36.53</b> +0,77 |
| 2. LZ 1886 1<br>Lars Sieval<br>Jelmar Kluiwstra                                         | LZ 1886<br>93 +0,73 24.38<br>92 +0,16 24.83          | 1:41.55<br>Sjoerd Sieval<br>Kristiaan Lenos     | 90 +0,16 25.20<br>83 +0,23 24.31 | <b>1:38.72</b> +0,73 |
| 3. ESCA Zwemmen 1<br>Tim de Vrugt<br>Mike Schel                                         | ESCA Zwemmen<br>93 +0,71 26.62<br>94 +0,30 24.39     | 1:41.69<br>Sander de Vrugt<br>Bram Meijlis      | 89 +0,48 24.68<br>94 +0,26 24.67 | <b>1:40.36</b> +0,71 |
| 4. De Veene 1<br>Menno Manning<br>Mark Arendshorst                                      | De Veene<br>93 +0,73 24.88<br>94 +0,24 26.97         | 1:46.59<br>Yorick Kreuwel<br>Dennis Hoogstraten | 94 +0,37 27.66<br>93 +0,35 25.42 | <b>1:44.93</b> +0,73 |
| 5. Montferland 1<br>Dennis Bosma<br>Martijn Giezen                                      | Montferland<br>94 +0,71 26.13<br>85 +0,27 25.88      | 1:45.52<br>Maik Steenkamp<br>Roel van Beek      | 91 +0,24 27.15<br>89 +0,46 27.63 | <b>1:46.79</b> +0,71 |
| 6. Z & PC Zegenwerp 1<br>Bern Hoeven<br>Roel van der Kleij                              | Z & PC Zegenwerp<br>93 +0,83 25.54<br>90 +0,16 26.26 | 1:47.45<br>Guus Verhoeven<br>Stef Hoeven        | 91 +0,49 28.54<br>90 +0,53 27.08 | <b>1:47.42</b> +0,83 |

Programmanr. 25, Heren, 4 x 50m vrije slag

100+

|                      |                |                     |                |       |
|----------------------|----------------|---------------------|----------------|-------|
| 1. WVZ 2             | WVZ            | 1:42.30             | 1:41.24        | +0,69 |
| Thijs van Valkengoed | 83 +0,69 26.79 | Ivo Roozeboom       | 77 +0,53 25.29 |       |
| Mike Stoffer         | 89 +0,26 25.94 | Mark Costeris       | 92 +0,45 23.22 |       |
| 2. Steenwijk 1934 2  | Steenwijk 1934 | 1:44.23             | 1:41.67        | +0,81 |
| Robert Braad         | 86 +0,81 26.30 | Mike Koelewijn      | 93 +0,61 25.37 |       |
| Rick Driezen         | 86 +0,54 25.77 | Lauren Vis          | 82 +0,26 24.23 |       |
| 3. ZPC De Hof 1      | ZPC De Hof     | 1:45.98             | 1:43.68        | +0,76 |
| Emiel Huisken        | 85 +0,76 25.67 | Pieter Pickhardt    | 83 +0,58 26.61 |       |
| Jasper de Boer       | 93 +0,30 25.79 | Richard Huisken     | 85 +0,47 25.61 |       |
| 4. Merlet 1          | Merlet         | 1:44.93             | 1:44.87        | +0,84 |
| Mark Effing          | 86 +0,84 27.81 | Joppe Schuurmans    | 89 +0,23 26.13 |       |
| Jelte Schuurmans     | 91 +0,32 25.43 | Ronald Vullings     | 87 +0,19 25.50 |       |
| 5. MGO (SG) 1        | MGO (SG)       | 1:46.99             | 1:47.51        | +0,62 |
| Martijn van Hoorn    | 89 +0,62 26.51 | Coen van der Wekken | 92 +0,32 28.34 |       |
| Niels Albrechts      | 88 +0,28 27.06 | Bastian Zoon        | 87 +0,22 25.60 |       |
| 6. Den Doorn 1       | Den Doorn      | 1:53.84             | 1:50.43        | +0,70 |
| Walter van der Stelt | 94 +0,70 26.34 | Tommy Uilenberg     | 86 +0,63 28.17 |       |
| Lars Duijnhouwer     | 91 +0,30 26.98 | Nico Swart          | 68 +0,49 28.94 |       |

120+

|                     |                |                    |                |       |
|---------------------|----------------|--------------------|----------------|-------|
| 1. De Futen 1       | De Futen       | 1:47.16            | 1:44.13        | +0,81 |
| Lorenzo Cavallini   | 90 +0,81 24.63 | Erwin Zuidervelt   | 75 +0,37 26.40 |       |
| Arnold de Rover     | 64 +0,45 27.21 | Erwin Sneek        | 91 +0,40 25.89 |       |
| 2. AZ&PC 1          | AZ&PC          | 1:44.65            | 1:45.39        | +0,82 |
| Mark Pijtak         | 90 +0,82 28.28 | Edwin v. Norden    | 63 +0,26 25.58 |       |
| Paul Hardeman       | 73 +0,44 27.42 | Jeroen Zelsmann    | 77 +0,21 24.11 |       |
| 3. DAW 1            | DAW            | 1:48.16            | 1:47.88        | +0,74 |
| John Meijdam        | 83 +0,74 26.70 | Alex Damen         | 75 +0,23 26.45 |       |
| Frits Delicaat      | 79 +0,51 28.34 | Kars Luttik        | 78 +0,28 26.39 |       |
| 4. De Amer 1        | De Amer        | 1:47.90            | 1:48.26        | +0,80 |
| Paul de Boer        | 68 +0,80 29.16 | Yuri van Omme      | 85 +0,17 26.53 |       |
| Rutger Stam         | 81 +0,27 26.90 | Dick Kampman       | 88 +0,43 25.67 |       |
| 5. Budel 1          | Budel          | 1:54.88            | 1:51.11        | +0,95 |
| Wiljo Mackus        | 71 +0,95 28.74 | Ivo Verdonschot    | 75 +0,39 29.36 |       |
| Dyon de Greef       | 82 +0,36 28.82 | Rick de Greef      | 84 +0,39 24.19 |       |
| 6. RZ 1             | RZ             | 1:50.54            | 1:51.32        | +0,82 |
| Ralph Caster        | 61 +0,82 30.48 | Dimitrie Sonnemans | 75 +0,60 26.14 |       |
| Gino Martijn        | 79 +0,44 29.18 | Patrick Creemers   | 90 +0,31 25.52 |       |
| 7. De Duinkikkers 1 | De Duinkikkers | 1:54.83            | 1:56.40        | +0,72 |
| Renko Hooft         | 87 +0,72 27.80 | Marcel Brittijn    | 69 +0,29 29.81 |       |
| Robert de Brauwer   | 64 +0,75 30.18 | Sven van Zanten    | 90 +0,33 28.61 |       |
| 8. 't Tolhekke 1    | 't Tolhekke    | 2:00.26            | 2:02.14        | +1,03 |
| Berné Beute         | 91 +1,03 31.17 | Lars Erik Beute    | 86 +0,55 28.32 |       |
| Arie van Damme      | 61 +0,49 35.26 | Mark van Damme     | 91 +0,57 27.39 |       |
| 9. Montferland 2    | Montferland    | 2:00.91            | 2:02.20        | +0,89 |
| Tim Meijer          | 81 +0,89 30.11 | Kevin Dieker       | 91 +0,57 28.45 |       |
| Ferdinand Teitink   | 70 +0,62 32.85 | Daniel Rosenkranz  | 91 +0,59 30.79 |       |
| 10. ZOB'66 1        | ZOB'66         | 2:05.56            | 2:02.80        | +0,94 |
| Ferry Blangé        | 83 +0,94 26.72 | Harmen Reemst      | 87 +0,35 31.44 |       |
| Dre Klaassen        | 56 +0,41 37.34 | Ruben Stolk        | 90 +0,44 27.30 |       |

Programmanr. 25, Heren, 4 x 50m vrije slag

160+

|       |                       |                |                       |                |       |
|-------|-----------------------|----------------|-----------------------|----------------|-------|
| 1.    | De Gelsenberg 1       | De Gelsenberg  | 1:49.05               | 1:45.78        | +0,74 |
|       | Geert Wijn            | 67 +0,74 26.30 | John Cobussen         | 75 +0,23 27.44 |       |
|       | Erik Lamers           | 75 +0,56 26.91 | Marcel van Winssen    | 71 +0,20 25.13 |       |
| 2.    | De Schelde 1          | De Schelde     | 1:51.10               | 1:49.79        | +0,82 |
|       | Robert Martens        | 73 +0,82 28.54 | Maarten de Pooter     | 66 +0,21 27.64 |       |
|       | Marco de Bat          | 71 +0,27 28.58 | Cees van Houwelingen  | 63 +0,51 25.03 |       |
| 3.    | Deltasteur 1          | Deltasteur     | 1:49.71               | 1:49.95        | +0,84 |
|       | Jauke Hamstra         | 86 +0,84 26.87 | Henk de Raad          | 65 +0,58 28.23 |       |
|       | René Beens            | 78 +0,41 28.32 | Marc van den Broeke   | 66 +0,43 26.53 |       |
| 4.    | DAW 2                 | DAW            | 1:54.39               | 1:53.74        | +0,88 |
|       | Fred Heemstra         | 65 +0,88 28.58 | Rene de Boer          | 64 +0,43 28.15 |       |
|       | John Stokx            | 64 +0,31 28.29 | Jeroen Vogelsang      | 80 +0,50 28.72 |       |
| 5.    | Swol 1894 1           | Swol 1894      | 1:58.00               | 1:57.86        | +0,92 |
|       | Machiel Stolk         | 74 +0,92 27.40 | Arjan Aalbers         | 75 +0,57 29.12 |       |
|       | Kasper van den Berghe | 73 +0,52 29.02 | Bert Mars             | 71 +0,43 32.32 |       |
| 6.    | Budel 2               | Budel          | 2:09.40               | 2:05.24        | +0,80 |
|       | Ruud Kennis           | 65 +0,80 30.93 | Joost van Eerd        | 69 +0,30 31.83 |       |
|       | Albert Roosenboom     | 71 +0,02 31.85 | Edward van Nijmweegen | 70 +0,41 30.63 |       |
| AFGEM | De Rog 1              | De Rog         | 1:47.90               |                |       |

200+

|    |                   |                |                       |                |       |
|----|-------------------|----------------|-----------------------|----------------|-------|
| 1. | Spartak 1         | Spartak        | 1:58.85               | 2:00.78        | +1,17 |
|    | Vladimir Semenov  | 68 +1,17 30.60 | Gennadii Karelin      | 55 +0,76 29.83 |       |
|    | Anatoly Cherkasov | 60 +0,72 31.23 | Sergey Meskin         | 63 +0,65 29.12 |       |
| 2. | WS Twente 1       | WS Twente      | 2:02.46               | 2:01.93        | +0,98 |
|    | Hugo Staudt       | 53 +0,98 31.52 | Paul Jurcka           | 69 +0,16 27.21 |       |
|    | Jack Barends      | 62 +0,40 31.65 | Bart van Calker       | 61 +0,56 31.55 |       |
| 3. | PSV 1             | PSV            | 2:05.86               | 2:04.62        | +0,86 |
|    | Rob Penninks      | 60 +0,86 30.60 | Nico Buurman          | 64 +0,33 31.17 |       |
|    | Frank Zwijnenberg | 54 +0,35 33.40 | Marc Wouters          | 65 +0,59 29.45 |       |
| 4. | WIDEX GZC DONK 1  | WIDEX GZC DONK | 2:06.94               | 2:05.19        | +1,03 |
|    | Peter Coffeng     | 57 +1,03 33.65 | Adrian Ortiz Buitrago | 60 +0,56 28.72 |       |
|    | Yves van den Berg | 66 +0,44 31.69 | Willem Jan Ribberink  | 65 +0,70 31.13 |       |

240+

|    |                                  |                |       |         |                    |         |             |
|----|----------------------------------|----------------|-------|---------|--------------------|---------|-------------|
| 1. | WWV 1                            | WWV            |       | 2:01.26 |                    | 1:59.53 | +0,84       |
|    | <i>Nederlands Masters Record</i> |                |       |         |                    |         |             |
|    | Laurens klein Breteler           | 54             | +0,84 | 31.53   | Ruud Ruiter        | 53      | +0,41 28.79 |
|    | Theo Schouten                    | 46             | +0,54 | 31.80   | Robert Vink        | 63      | +0,39 27.41 |
| 2. | PSV 2                            | PSV            |       | 2:07.42 |                    | 2:06.55 | +0,89       |
|    | Michiel Klaren                   | 62             | +0,89 | 29.25   | Rob Hanou          | 43      | +0,64 35.93 |
|    | Bart van Doesburg                | 56             | +0,30 | 31.93   | Brend Brevé        | 52      | +0,35 29.44 |
| 3. | Takas 1                          | Takas          |       | 2:20.00 |                    | 2:26.05 | +1,14       |
|    | Vladas Vimb̃aras                 | 27             | +1,14 | 53.53   | Pavelas Bezzubovas | 39      | 36.78       |
|    | Arvydas Burinskas                | 69             | +0,48 | 27.93   | Linas Kersevicius  | 71      | +0,41 27.81 |
| 4. | Steenwijk 1934 1                 | Steenwijk 1934 |       | 2:37.98 |                    | 2:40.62 | +1,47       |
|    | Klaas Prins                      | 28             | +1,47 | 1:04.13 | Sierd Tilma        | 53      | +0,80 36.05 |
|    | Huib Stegeman                    | 67             | +0,72 | 30.47   | Casper Dollekamp   | 63      | +0,22 29.97 |

Programmanr. 26  
25-01-2014 - 13:30

Dames, 200m schoolslag

Masters Open  
Resultaten

| rang naam                | vereniging       | inschrijftijd     | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|--------------------------|------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>       |                  |                   |                |       |       |         |         |         |
| 1. Jacyntha Plat         | TriVia           | 2:45.42 199002956 | <b>2:46.89</b> | +0,77 | 37.01 | 1:19.14 | 2:02.55 | 2:46.89 |
| 2. Chantal van der Horst | De Meer          | 2:50.78 199400616 | <b>2:50.57</b> | +0,73 | 38.47 | 1:22.01 | 2:06.80 | 2:50.57 |
| 3. Erika Aan het Rot     | Octopus          | 2:50.33 199000010 | <b>2:52.04</b> | +0,86 | 37.74 | 1:20.68 | 2:05.60 | 2:52.04 |
| 4. Chantal Meyerink      | De Grunte        | 2:57.54 199105212 | <b>2:55.11</b> | +0,76 | 38.90 | 1:23.25 | 2:09.00 | 2:55.11 |
| 5. Karin Verbeek         | Nautilus         | 3:03.86 199201848 | <b>2:55.84</b> | +0,69 | 39.06 | 1:23.68 | 2:09.35 | 2:55.84 |
| 6. Leonie Nijenhuis      | Swol 1894        | 3:03.23 199204340 | <b>3:00.18</b> | +0,81 | 39.43 | 1:23.97 | 2:11.86 | 3:00.18 |
| 7. Maaike de Boer        | De Duinkickers   | 2:56.29 199000362 | <b>3:00.47</b> | +0,83 | 41.00 | 1:26.89 | 2:13.58 | 3:00.47 |
| 8. Maartje Lenten        | De Spatters      | 3:07.81 199204286 | <b>3:01.29</b> | +0,73 | 40.21 | 1:26.04 | 2:13.32 | 3:01.29 |
| 9. Isabelle Massar       | WVZ              | 2:57.84 199102034 | <b>3:01.57</b> | +0,84 | 39.76 | 1:26.16 | 2:14.09 | 3:01.57 |
| 10. Désirée Hulsmeijer   | Het Ravijn       | 2:59.57 199001656 | <b>3:02.98</b> | +0,67 | 39.66 | 1:25.01 | 2:13.55 | 3:02.98 |
| 11. Desiree Peltenburg   | Z & PC Zegenwerp | 3:11.67 199403304 | <b>3:21.51</b> | +0,95 | 44.66 | 1:35.10 | 2:27.30 | 3:21.51 |

#### Masters 25+

|                                  |                      |                     |                |       |       |         |         |         |
|----------------------------------|----------------------|---------------------|----------------|-------|-------|---------|---------|---------|
| 1. Larissa Brak                  | AZ&PC                | 2:39.12 198800572   | <b>2:42.65</b> | +0,81 | 35.85 | 1:17.31 | 1:59.98 | 2:42.65 |
| <i>Nederlands Masters Record</i> |                      |                     |                |       |       |         |         |         |
| 2. Karin van Dijk                | HZ&PC Heerenveen     | 2:47.81 198600850   | <b>2:50.12</b> | +0,87 | 38.54 | 1:22.21 | 2:06.62 | 2:50.12 |
| 3. Tonny Klop-Methorst           | De Biesboschzwemmers | 2:57.51 198802998   | <b>2:54.04</b> | +0,82 | 38.62 | 1:22.64 | 2:07.87 | 2:54.04 |
| 4. Anne Duijst                   | De Amer              | 2:57.21 198901030   | <b>2:55.47</b> | +0,99 | 40.48 | 1:25.43 | 2:10.29 | 2:55.47 |
| 5. Aniek Huijsman                | De Lansingh          | 2:59.38 198801932   | <b>2:55.63</b> | +0,79 | 39.15 | 1:23.40 | 2:09.27 | 2:55.63 |
| 6. Monique Pronk                 | WVZ                  | 3:01.41 198803528   | <b>3:02.81</b> | +0,84 | 41.17 | 1:27.13 | 2:14.71 | 3:02.81 |
| 7. Marieke van Dodeweerd         | RZC                  | 3:05.21 198600896   | <b>3:04.57</b> | +0,86 | 39.94 | 1:26.44 | 2:14.69 | 3:04.57 |
| 8. Isaline Manchel               | CNSW                 | 3:22.04 CNSW/475/85 | <b>3:14.75</b> | +0,91 | 44.45 | 1:34.38 | 2:24.47 | 3:14.75 |
| 9. Liesbeth van Mill             | DWK                  | 3:16.38 198702786   | <b>3:16.57</b> | +0,95 | 45.27 | 1:35.65 | 2:25.90 | 3:16.57 |
| 10. Margriet Aan het Rot         | Octopus              | 3:18.68 198603088   | <b>3:19.60</b> | +0,95 | 44.89 | 1:35.89 | 2:27.90 | 3:19.60 |

#### Masters 30+

|                      |            |                   |                |       |       |         |         |         |
|----------------------|------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Monique Stant     | Oceanus    | 2:57.22 198201592 | <b>3:04.87</b> | +1,01 | 41.05 | 1:26.94 | 2:14.99 | 3:04.87 |
| 2. Annette Vogelsang | ZV De Bron | 3:13.55 198402632 | <b>3:24.20</b> | +0,89 | 44.96 | 1:36.06 | 2:30.07 | 3:24.20 |

#### Masters 35+

|                           |             |                   |                |       |       |         |         |         |
|---------------------------|-------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Yvonne Janssen         | RZC         | 2:57.00 197600030 | <b>2:57.18</b> | +0,88 | 39.70 | 1:25.40 | 2:10.78 | 2:57.18 |
| 2. Kristel Lips           | ZV De Bron  | 3:12.90 197900562 | <b>3:13.93</b> | +1,02 | 43.18 | 1:32.55 | 2:22.95 | 3:13.93 |
| 3. Anneke Veenstra        | 't Tolhekke | 3:19.90 197900882 | <b>3:22.63</b> | +0,84 | 43.99 | 1:35.11 | 2:28.51 | 3:22.63 |
| 4. Jule Verschoor-Holland | RZC         | 3:26.31 197500874 | <b>3:26.07</b> | +1,03 | 46.72 | 1:38.26 | 2:31.67 | 3:26.07 |

#### Masters 40+

|                          |                |                   |                  |       |       |         |         |         |
|--------------------------|----------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1. Karin Stein           | ZVVS           | 2:53.34 197100554 | <b>2:54.31</b>   | +0,81 | 39.80 | 1:23.74 | 2:09.21 | 2:54.31 |
| 2. Nadège van Meeteren   | De Meer        | 3:00.36 197400736 | <b>2:58.10</b>   | +0,88 | 39.99 | 1:25.11 | 2:11.93 | 2:58.10 |
| 3. Miranda Straetemans   | Zignea         | 3:11.36 197400514 | <b>3:01.85</b>   | +0,82 | 40.28 | 1:26.14 | 2:14.02 | 3:01.85 |
| 4. Pascale Neiss-Janssen | De Roersoppers | 3:14.49 197300852 | <b>3:14.48</b> * | +0,95 | 43.91 | 1:33.41 | 2:24.69 | 3:14.48 |
| 5. Dorette Vogels        | PSV            | 3:14.91 197000938 | <b>3:17.23</b>   | +0,94 | 46.88 | 1:37.54 | 2:28.59 | 3:17.23 |
| 6. Ageeth Boomsma        | Orca           | 3:30.33 197000826 | <b>3:33.64</b>   | +0,88 | 45.55 | 1:39.44 | 2:35.45 | 3:33.64 |
| 7. U. Spoelstra-de Groot | WS Twente      | 3:48.47 197200952 | <b>3:43.97</b>   | +1,07 | 48.60 | 1:45.88 | 2:45.62 | 3:43.97 |
| NG Annet Kootstra        | Swol 1894      | 3:26.02 197100344 |                  |       |       |         |         |         |

#### Masters 45+

|                                  |                      |                   |                |       |       |         |         |         |
|----------------------------------|----------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Annette Wijnja-Visser         | De Biesboschzwemmers | 2:57.99 196700528 | <b>2:54.04</b> | +0,78 | 38.84 | 1:22.68 | 2:07.75 | 2:54.04 |
| <i>Nederlands Masters Record</i> |                      |                   |                |       |       |         |         |         |
| 2. Tatiana Prokofjeva            | Troyka               | 2:58.98 023013    | <b>2:58.93</b> | +0,92 | 41.09 | 1:26.96 | 2:13.14 | 2:58.93 |
| <i>RMR</i>                       |                      |                   |                |       |       |         |         |         |
| 3. Irina Shulgina                | Spartak              | 3:04.18 030042    | <b>2:59.99</b> | +0,82 | 41.79 | 1:27.90 | 2:13.41 | 2:59.99 |
| 4. A. Korving-Leijenaar          | Aqualero             | 3:16.20 196700662 | <b>3:15.21</b> | +0,82 | 44.07 | 1:33.39 | 2:23.81 | 3:15.21 |
| 5. Iris van Aurich               | DWK                  | 3:20.68 196900866 | <b>3:19.05</b> | +0,64 | 45.83 | 1:36.45 | 2:28.35 | 3:19.05 |
| 6. E. van Wingerden - Dijk       | hDWK                 | 3:34.05 196900970 | <b>3:33.72</b> | +0,97 | 47.59 | 1:41.56 | 2:37.97 | 3:33.72 |

Programmanr. 26, Dames, 200m schoolslag, Masters 45+

| rang naam               | vereniging  | inschrijftijd     | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------------|-------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 7. Yvette Kilian        | Zoetermeer  | 3:42.67 196600534 | <b>3:38.42</b> | +0,94 | 49.06 | 1:44.46 | 2:42.12 | 3:38.42 |
| 8. R. Speelman-Tigelaar | De Spatters | 3:42.86 196600664 | <b>3:40.06</b> | +0,78 | 46.76 | 1:41.88 | 2:40.41 | 3:40.06 |
| 9. Remona Dekker        | ZV De Bron  | 3:49.17 196600620 | <b>3:57.76</b> | +1,14 | 53.64 | 1:53.85 | 2:56.97 | 3:57.76 |

Masters 50+

|                     |           |                   |                |       |       |         |         |         |
|---------------------|-----------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Annemarie Vuist  | Swol 1894 | 3:14.51 196300282 | <b>3:12.75</b> | +0,92 | 44.14 | 1:33.08 | 2:23.28 | 3:12.75 |
| 2. Petra Tossings   | DAW       | 3:31.97 196100376 | <b>3:20.52</b> | +0,83 | 44.88 | 1:35.95 | 2:28.68 | 3:20.52 |
| 3. Svetlana Kiilo   | Spartak   | 3:39.96 101094    | <b>3:38.40</b> | +1,08 | 48.33 | 1:42.98 | 2:40.46 | 3:38.40 |
| 4. Marjan Spoelstra | Swol 1894 | 3:45.76 196000236 | <b>3:46.03</b> | +0,94 | 51.57 | 1:48.99 | 2:47.78 | 3:46.03 |

Masters 55+

|                            |                    |                   |                |       |         |         |         |         |
|----------------------------|--------------------|-------------------|----------------|-------|---------|---------|---------|---------|
| 1. Susanne Sailer-Lehrum   | SG Neumünster      | 3:35.79 163629    | <b>3:40.70</b> | +0,85 | 50.47   | 1:45.71 | 2:43.15 | 3:40.70 |
| 2. W. Schoenmaker-ter Veer | DWK                | 4:06.44 195900254 | <b>4:22.53</b> | +1,08 | 55.59   | 2:00.69 | 3:10.92 | 4:22.53 |
| 3. Mies Kuipers            | Old Dutch          | 4:16.70 195800202 | <b>4:25.06</b> | +0,90 | 1:02.31 | 2:10.14 | 3:18.58 | 4:25.06 |
| 4. Simonet Schroot         | Gay Swim Amsterdam | 4:37.01 195800108 | <b>4:43.21</b> | +1,13 | 1:07.40 | 2:19.70 | 3:33.74 | 4:43.21 |

Masters 60+

|                          |          |                   |                |       |         |         |         |         |
|--------------------------|----------|-------------------|----------------|-------|---------|---------|---------|---------|
| 1. Gonnie Bak            | PSV      | 3:55.11 195100064 | <b>3:51.55</b> | +0,92 | 54.83   | 1:54.65 | 2:53.81 | 3:51.55 |
| 2. Geerdien Meerwaldt    | De Geul  | 4:37.94 195200058 | <b>4:28.90</b> | +1,09 | 59.67   | 2:09.60 | 3:19.12 | 4:28.90 |
| 3. N. van Dongen-de Paep | De Devel | 4:52.17 195100044 | <b>4:47.95</b> | +1,34 | 1:04.57 | 2:17.17 | 3:32.60 | 4:47.95 |

Masters 65+

|                                  |                    |                   |                |       |         |         |         |         |
|----------------------------------|--------------------|-------------------|----------------|-------|---------|---------|---------|---------|
| 1. Bea Swijnenberg               | Swol 1894          | 3:44.47 194900010 | <b>3:31.09</b> | +0,83 | 48.88   | 1:42.27 | 2:37.64 | 3:31.09 |
| <i>Nederlands Masters Record</i> |                    |                   |                |       |         |         |         |         |
| 2. Loekie v. Huissteden          | AZ&PC              | 4:14.72 194500002 | <b>4:15.64</b> | +1,07 | 58.97   | 2:04.52 | 3:10.72 | 4:15.64 |
| 3. Mieke Strijbis-v.d.Kroft      | DAW                | 4:16.21 194500004 | <b>4:20.75</b> | +1,10 | 59.88   | 2:05.13 | 3:09.60 | 4:20.75 |
| 4. Anna de Weert                 | Gay Swim Amsterdam | 4:57.29 194900020 | <b>5:07.45</b> |       | 1:07.97 | 2:24.77 | 3:45.36 | 5:07.45 |

Programmanr. 27  
25-01-2014 - 14:03

Heren, 200m schoolslag

Masters Open  
Resultaten

| rang naam                 | vereniging             | inschrijftijd     | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------------|------------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>        |                        |                   |                |       |       |         |         |         |
| 1. Roald Blok             | Octopus                | 2:26.20 199302685 | <b>2:22.95</b> | +0,68 | 31.87 | 1:07.66 | 1:44.76 | 2:22.95 |
| 2. Kevin Eltink           | DWK                    | 2:24.66 199100589 | <b>2:23.29</b> | +0,89 | 31.73 | 1:08.26 | 1:46.44 | 2:23.29 |
| 3. Dennis Wijbenga        | Stadskanaal            | 2:25.05 199003283 | <b>2:29.03</b> | +0,88 | 32.99 | 1:11.48 | 1:50.39 | 2:29.03 |
| 4. Maik Steenkamp         | Montferland            | 2:37.60 199103847 | <b>2:35.74</b> | +0,78 | 34.60 | 1:14.57 | 1:55.76 | 2:35.74 |
| 5. Patrick Creemers       | RZ                     | 2:32.84 199000579 | <b>2:38.23</b> | +0,75 | 34.30 | 1:14.14 | 1:56.07 | 2:38.23 |
| 6. Thomas Hansen          | LZ 1886                | 2:44.02 199204327 | <b>2:41.32</b> | +0,73 | 36.89 | 1:18.09 | 1:58.92 | 2:41.32 |
| 7. Jos Terlouw            | MGO (SG)               | 2:49.69 199400601 | <b>2:43.46</b> | +0,73 | 34.82 | 1:17.11 | 2:00.60 | 2:43.46 |
| 8. Lars Duijnhouwer       | Den Doorn              | 2:39.34 199107161 | <b>2:46.83</b> | +0,76 | 35.81 | 1:17.15 | 2:01.28 | 2:46.83 |
| 9. Mark van Damme         | 't Tolhekke            | 2:49.41 199100435 | <b>2:53.43</b> | +0,84 | 35.92 | 1:18.75 | 2:05.24 | 2:53.43 |
| 10. Tom de Lange          | Deltasteur             | 2:58.95 199300303 | <b>2:55.01</b> | +0,94 | 39.52 | 1:24.27 | 2:10.92 | 2:55.01 |
| 11. D. van den Wildenberg | Eurode KZC             | 3:06.94 199206491 | <b>3:04.82</b> | +0,75 | 40.78 | 1:28.13 | 2:17.35 | 3:04.82 |
| 12. Bob Potkamp           | Deltasteur             | 3:16.23 199403189 | <b>3:06.70</b> | +0,98 | 40.88 | 1:28.09 | 2:17.05 | 3:06.70 |
| 13. Sven van Zanten       | De Duinkickers         | 3:05.50 199003405 | <b>3:11.49</b> | +0,78 | 41.21 | 1:29.56 | 2:20.66 | 3:11.49 |
| 14. Danny Vochteloo       | ZZG de Boskickers (SG) | 3:27.05 199207251 | <b>3:20.56</b> | +1,01 | 46.11 | 1:37.17 | 2:29.62 | 3:20.56 |
| 15. Daniel Rosenkranz     | Montferland            | 3:41.13 199107601 | <b>3:28.32</b> | +0,89 | 41.11 | 1:32.67 | 2:29.43 | 3:28.32 |
| 16. Matthijs van Doorn    | Het Ravijn             | 3:37.64 199207231 | <b>3:33.55</b> | +0,88 | 49.69 | 1:44.64 | 2:40.20 | 3:33.55 |

Programmanr. 27, Heren, 200m schoolslag

Masters 25+

|                         |                |         |           |                |       |       |         |         |         |
|-------------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Erik Verholt         | Noord Veluwe   | 2:30.10 | 198803543 | <b>2:29.24</b> | +0,77 | 32.80 | 1:10.93 | 1:49.92 | 2:29.24 |
| 2. Roderik Meijers      | ZOB'66         | 2:45.81 | 198602063 | <b>2:35.61</b> | +0,75 | 32.68 | 1:12.13 | 1:53.57 | 2:35.61 |
| 3. Stefan van der Grift | Octopus        | 2:39.96 | 198701121 | <b>2:37.05</b> | +0,81 | 35.05 | 1:14.81 | 1:55.38 | 2:37.05 |
| 4. Remko Hooft          | De Duinkikkers | 2:36.82 | 198701405 | <b>2:43.47</b> | +0,71 | 35.67 | 1:17.64 | 2:00.39 | 2:43.47 |
| 5. Jauke Hamstra        | Deltasteur     | 2:42.73 | 198601089 | <b>2:47.13</b> | +0,84 | 36.61 | 1:18.47 | 2:02.14 | 2:47.13 |

Masters 30+

|                         |                      |         |           |                |       |       |         |         |         |
|-------------------------|----------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Thijs van Valkengoed | WVZ                  | 2:24.17 | 198302141 | <b>2:29.22</b> | +0,71 | 34.24 | 1:12.41 | 1:50.42 | 2:29.22 |
| 2. Kristiaan Lenos      | LZ 1886              | 2:31.96 | 198301331 | <b>2:31.21</b> | +0,79 | 32.89 | 1:11.16 | 1:51.02 | 2:31.21 |
| 3. Albert van Piekeren  | Octopus              | 2:25.64 | 198401767 | <b>2:31.27</b> | +0,79 | 33.68 | 1:11.37 | 1:50.07 | 2:31.27 |
| 4. Ralf van der Poel    | Zuiderzeeswimmers    | 2:31.21 | 198401783 | <b>2:31.85</b> | +0,76 | 33.39 | 1:11.52 | 1:51.33 | 2:31.85 |
| 5. Pieter Pickhardt     | ZPC De Hof           | 2:33.08 | 198301657 | <b>2:35.40</b> | +0,60 | 34.98 | 1:14.44 | 1:54.57 | 2:35.40 |
| 6. Simon van Ravesteijn | Zoetermeer           | 2:35.45 | 198002263 | <b>2:45.59</b> | +0,84 | 36.28 | 1:18.17 | 2:02.52 | 2:45.59 |
| 7. Erik Drewes          | De Biesboschswimmers | 2:49.65 | 198400543 | <b>2:49.31</b> | +0,76 | 37.40 | 1:20.04 | 2:04.27 | 2:49.31 |
| 8. Dennis Klop          | De Biesboschswimmers | 2:56.88 | 198302643 | <b>2:53.18</b> | +0,71 | 38.75 | 1:22.54 | 2:08.08 | 2:53.18 |
| 9. Jeroen Vogelsang     | DAW                  | 2:52.38 | 198001645 | <b>2:54.71</b> | +0,89 | 38.78 | 1:23.01 | 2:09.11 | 2:54.71 |
| 10. Sebastiaan Baars    | WS Twente            | 2:54.64 | 198300053 | <b>2:56.08</b> | +0,94 | 39.38 | 1:23.78 | 2:09.42 | 2:56.08 |
| 11. Rob van Wanrooy     | Gay Swim Amsterdam   | 3:08.44 | 198202627 | <b>3:07.98</b> | +0,87 | 40.81 | 1:27.35 | 2:17.54 | 3:07.98 |
| 12. Hans Cligge         | De Futen             | 3:05.31 | 198100315 | <b>3:09.74</b> | +0,83 | 40.35 | 1:27.68 | 2:19.37 | 3:09.74 |
| DIS Mathijs Lenos       | HPC                  | 2:50.09 | 198401407 |                | SS    |       |         |         |         |

Masters 35+

|                      |                     |         |           |                |       |       |         |         |         |
|----------------------|---------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Egbert Stolk      | d'ELFT WAVE (SG)    | 2:32.08 | 197600889 | <b>2:27.21</b> | +0,85 | 32.37 | 1:09.20 | 1:47.82 | 2:27.21 |
| 2. Vincent Versteeg  | Zwemlust-den Hommel | 2:39.29 | 197701003 | <b>2:36.56</b> | +0,76 | 35.59 | 1:16.27 | 1:57.89 | 2:36.56 |
| 3. Freddie Geerlings | HGN (SG)            | 2:37.17 | 197900379 | <b>2:38.49</b> | +0,89 | 36.46 | 1:16.39 | 1:57.06 | 2:38.49 |
| 4. Victor Barnar     | GoSwim              | 2:40.18 | 197801805 | <b>2:39.63</b> | +0,78 | 35.14 | 1:15.00 | 1:56.24 | 2:39.63 |
| 5. Okko de Haas      | ZV De Bron          | 2:47.28 | 197801593 | <b>2:50.96</b> | +0,86 | 39.10 | 1:22.72 | 2:06.68 | 2:50.96 |
| 6. Rinke Nijland     | IJZPC               | 3:20.37 | 197901735 | <b>3:15.20</b> | +0,86 | 43.72 | 1:33.33 | 2:24.61 | 3:15.20 |

Masters 40+

|                        |                      |         |           |                |       |       |         |         |         |
|------------------------|----------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Harry Cornet        | De Biesboschswimmers | 2:36.16 | 197100175 | <b>2:32.91</b> | +0,84 | 33.48 | 1:12.04 | 1:52.02 | 2:32.91 |
| 2. Marcel van Winssen  | De Gelenberg         | 2:41.34 | 197101477 | <b>2:39.27</b> | +0,83 | 35.02 | 1:15.38 | 1:56.89 | 2:39.27 |
| 3. Paul van den Heuvel | Arethusa             | 2:48.44 | 197000441 | <b>2:47.06</b> | +0,90 | 37.31 | 1:20.03 | 2:03.53 | 2:47.06 |
| 4. Stefan Dortmund     | AZ&PC                | 2:59.35 | 197201167 | <b>2:50.43</b> | +0,82 | 37.97 | 1:21.36 | 2:05.95 | 2:50.43 |
| 5. Sander Komen        | ZV De Bron           | 3:10.34 | 197201507 | <b>3:11.66</b> | +0,94 | 41.08 | 1:28.69 | 2:20.03 | 3:11.66 |
| 6. Marcel Hoeksel      | ZVVS                 | 3:20.75 | 197001655 | <b>3:17.93</b> | +0,96 | 44.01 | 1:34.47 | 2:26.89 | 3:17.93 |

Masters 45+

|                           |                  |         |           |                |       |       |         |         |         |
|---------------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Harold Matla           | PSV              | 2:39.93 | 196800591 | <b>2:36.75</b> | +0,91 | 35.92 | 1:16.23 | 1:57.69 | 2:36.75 |
| 2. René Beetsma           | HZ&PC Heerenveen | 2:43.67 | 196900069 | <b>2:41.93</b> | +0,88 | 36.39 | 1:17.49 | 1:59.52 | 2:41.93 |
| 3. Igor Penchukov         | Sprut            | 2:48.55 | 102154    | <b>2:49.03</b> | +0,83 | 39.27 | 1:21.42 | 2:04.08 | 2:49.03 |
| 4. Marcel Jonkman         | Aqualero         | 2:56.02 | 196801389 | <b>2:52.23</b> | +0,85 | 37.59 | 1:22.18 | 2:07.78 | 2:52.23 |
| 5. Arno Schrauwen         | De Roersoppers   | 2:53.73 | 196501355 | <b>2:52.61</b> | +0,79 | 39.00 | 1:23.42 | 2:08.64 | 2:52.61 |
| 6. Sander van den Berg    | WS Twente        | 2:54.14 | 196801357 | <b>2:57.64</b> | +0,84 | 39.68 | 1:25.12 | 2:11.70 | 2:57.64 |
| 7. Hans Schoenmakers      | DAW              | 2:52.72 | 196900863 | <b>3:00.69</b> | +0,87 | 38.58 | 1:25.47 | 2:13.26 | 3:00.69 |
| 8. Vladimir Semenov       | Spartak          | 3:09.77 | 102393    | <b>3:01.69</b> | +0,98 | 40.20 | 1:25.32 | 2:12.76 | 3:01.69 |
| 9. Joop Weenink           | WS Twente        | 3:03.00 | 196801535 | <b>3:02.50</b> | +1,06 | 42.60 | 1:29.92 | 2:16.90 | 3:02.50 |
| 10. Erik Saan             | De Duck          | 3:18.88 | 196500769 | <b>3:17.14</b> | +1,05 | 43.69 | 1:33.29 | 2:25.41 | 3:17.14 |
| 11. Henk van Zetten       | Octopus          | 3:32.25 | 196701261 | <b>3:26.14</b> | +0,50 | 47.41 | 1:39.61 | 2:33.54 | 3:26.14 |
| 12. Maarten van Nunen     | Nautilus         | 3:30.90 | 196601463 | <b>3:28.18</b> | +0,98 | 44.09 | 1:34.96 | 2:31.06 | 3:28.18 |
| 13. Jeffrey van Doormalen | Wetterwille      | 3:35.60 | 196501563 | <b>3:34.38</b> | +0,97 | 49.65 | 1:44.25 | 2:41.09 | 3:34.38 |

Programmanr. 27, Heren, 200m schoolslag

Masters 50+

|                                  |                 |         |           |                |       |       |         |         |         |
|----------------------------------|-----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Edwin v. Norden               | AZ&PC           | 2:36.32 | 196300563 | <b>2:34.84</b> | +0,77 | 35.09 | 1:14.63 | 1:54.78 | 2:34.84 |
| <i>Nederlands Masters Record</i> |                 |         |           |                |       |       |         |         |         |
| 2. Cees van Houwelingen          | De Schelde      | 2:40.62 | 196300351 | <b>2:43.06</b> | +0,94 | 36.47 | 1:17.59 | 2:00.06 | 2:43.06 |
| 3. Gert Sikkema                  | Zignea          | 2:42.35 | 196300687 | <b>2:47.33</b> | +0,88 | 37.15 | 1:19.62 | 2:02.89 | 2:47.33 |
| 4. Erich Reschke                 | Barmstedter MTV | 2:53.02 | 249912    | <b>2:55.70</b> | +0,92 | 39.52 | 1:24.42 | 2:11.15 | 2:55.70 |
| 5. Ralph Caster                  | RZ              | 2:49.71 | 196100069 | <b>2:56.31</b> | +0,87 | 40.00 | 1:25.36 | 2:10.92 | 2:56.31 |
| 6. Ronald Grove                  | Oceanus         | 2:53.34 | 196100161 | <b>2:57.03</b> | +0,76 | 39.48 | 1:24.34 | 2:10.87 | 2:57.03 |
| 7. Theo Bakker                   | TriVia          | 2:58.78 | 196401231 | <b>2:58.95</b> | +0,80 | 39.48 | 1:26.85 | 2:14.20 | 2:58.95 |
| 8. Peter Fölker                  | Aqua-Novio'94   | 3:01.53 | 196401021 | <b>3:00.56</b> | +0,81 | 41.11 | 1:26.68 | 2:14.05 | 3:00.56 |
| 9. Ronald van Vliet              | De Aalscholver  | 3:06.24 | 196300997 | <b>3:08.91</b> | +0,89 | 41.92 | 1:29.52 | 2:18.86 | 3:08.91 |
| 10. Michiel Klaren               | PSV             | 3:10.72 | 196201087 | <b>3:12.63</b> | +0,77 | 43.00 | 1:31.23 | 2:20.98 | 3:12.63 |
| 11. Anatoly Cherkasov            | Spartak         | 3:12.70 | 030029    | <b>3:14.00</b> | +1,48 | 43.87 | 1:33.73 | 2:24.32 | 3:14.00 |
| 12. Jack Barends                 | WS Twente       | 3:11.11 | 196201011 | <b>3:14.29</b> | +0,94 | 44.25 | 1:33.96 | 2:24.78 | 3:14.29 |
| 13. Bart van Calker              | WS Twente       | 3:20.30 | 196100067 | <b>3:18.92</b> | +0,87 | 45.96 | 1:36.38 | 2:27.91 | 3:18.92 |
| 14. Jan Willem Heuten            | WS Twente       | 3:23.51 | 196000883 | <b>3:24.14</b> | +1,04 | 45.17 | 1:38.12 | 2:31.57 | 3:24.14 |
| 15. Jan Smalheer                 | SCOM            | 3:18.23 | 196400701 | <b>3:24.35</b> | +1,23 | 46.18 | 1:37.71 | 2:30.54 | 3:24.35 |
| 16. Perry Dekker                 | ZV De Bron      | 3:32.05 | 196201081 | <b>3:34.16</b> | +1,15 | 47.90 | 1:42.36 | 2:38.55 | 3:34.16 |
| 17. Arie van Damme               | 't Tolhekke     | 3:34.35 | 196101029 | <b>3:35.39</b> | +0,84 | 45.81 | 1:38.34 | 2:36.41 | 3:35.39 |
| 18. Marco Schoenmakers           | ZVVS            | 3:36.92 | 196401375 | <b>3:39.12</b> | +0,86 | 46.43 | 1:41.67 | 2:41.80 | 3:39.12 |
| 19. John Tersteeg                | De Fuut         | 3:39.28 | 196001039 | <b>3:42.43</b> | +0,86 | 49.59 | 1:46.07 | 2:44.93 | 3:42.43 |
| AFGEM Ron Phaff                  | PSV             | 2:58.69 | 196200495 |                |       |       |         |         |         |

Masters 55+

|                       |            |         |           |                |       |       |         |         |         |
|-----------------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Bart van Doesburg  | PSV        | 3:19.34 | 195600463 | <b>3:11.80</b> | +0,82 | 43.48 | 1:32.28 | 2:21.89 | 3:11.80 |
| 2. Pier van der Sluis | Orca       | 3:14.16 | 195900757 | <b>3:14.25</b> | +1,04 | 43.99 | 1:33.59 | 2:24.43 | 3:14.25 |
| 3. Paul Bunnik        | Triton     | 3:11.51 | 195600413 | <b>3:21.32</b> | +1,02 | 43.97 | 1:35.62 | 2:29.07 | 3:21.32 |
| 4. Joop van Dijk      | Deltasteur | 3:30.45 | 195700075 | <b>3:38.73</b> | +1,21 | 44.11 | 1:37.73 | 2:37.17 | 3:38.73 |
| 5. Jan Timmerman      | IJZPC      | 3:48.14 | 195700347 | <b>3:41.70</b> | +0,76 | 45.24 | 1:39.86 | 2:40.22 | 3:41.70 |
| 6. Herbert Katgert    | WS Twente  | 3:33.42 | 195900739 | <b>3:41.92</b> | +1,27 | 50.41 | 1:47.05 | 2:44.92 | 3:41.92 |

Masters 60+

|                           |                |         |           |                |       |       |         |         |         |
|---------------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Charles Bos            | De Roersoppers | 3:03.69 | 195300019 | <b>3:02.56</b> | +0,81 | 41.67 | 1:28.98 | 2:16.89 | 3:02.56 |
| 2. Laurens klein Breteler | WWV            | 3:15.92 | 195400109 | <b>3:13.03</b> | +0,88 | 41.07 | 1:30.93 | 2:21.30 | 3:13.03 |

Masters 65+

|                         |            |         |           |                |       |       |         |         |         |
|-------------------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Donald Uijtenbogaart | Het Y      | 3:06.88 | 194700107 | <b>3:10.19</b> | +0,88 | 43.57 | 1:31.09 | 2:20.20 | 3:10.19 |
| 2. Mar van Geel         | Old Dutch  | 3:56.68 | 194700135 | <b>4:01.95</b> | +1,11 | 52.58 | 1:54.43 | 2:58.16 | 4:01.95 |
| 3. Henk Oostendorp      | ZV De Bron | 4:14.90 | 194800093 | <b>4:15.29</b> | +1,16 | 56.05 | 2:00.68 | 3:08.01 | 4:15.29 |

Masters 70+

|               |         |         |           |                |       |       |         |         |         |
|---------------|---------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Rob Hanou  | PSV     | 3:15.94 | 194300109 | <b>3:35.66</b> | +1,11 | 47.27 | 1:41.97 | 2:39.23 | 3:35.66 |
| 2. Ruud Sloof | De Rijn | 3:36.29 | 194400073 | <b>3:43.02</b> | +1,02 | 50.56 | 1:48.28 | 2:46.79 | 3:43.02 |

Masters 75+

|                 |            |         |           |                |       |       |         |         |         |
|-----------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Jan Eichhorn | ZV Haerlem | 4:03.48 | 193700015 | <b>4:13.36</b> | +1,20 | 55.18 | 1:58.92 | 3:06.08 | 4:13.36 |
|-----------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|

Programmanr. 28  
25-01-2014 - 14:46

Dames, 100m vrije slag

Masters Open  
Resultaten

| rang naam                 | vereniging          | inschrijftijd |             | tijd           | RT    | 50m   | 100m    |
|---------------------------|---------------------|---------------|-------------|----------------|-------|-------|---------|
| Masters 20+               |                     |               |             |                |       |       |         |
| 1. Silke Oude Weernink    | De Dinkel           | 58.36         | 199002854   | <b>59.25</b>   | +0,84 | 28.42 | 59.25   |
| 2. Sanne Rodenburg        | RZC                 | 1:00.09       | 199404714   | <b>1:00.28</b> | +0,82 | 28.32 | 1:00.28 |
| 3. Marloes Erkens         | DWK                 | 59.26         | 199300234   | <b>1:00.66</b> | +0,71 | 28.99 | 1:00.66 |
| 4. Janet van der Poel     | LZ 1886             | 1:03.25       | 199301842   | <b>1:02.33</b> | +0,77 | 29.94 | 1:02.33 |
| 5. Iris Pijtak            | AZ&PC               | 1:00.32       | 199300602   | <b>1:03.00</b> | +0,78 | 30.03 | 1:03.00 |
| 6. Carmen Seesing         | NDD                 | 1:03.01       | 199406220   | <b>1:03.06</b> | +0,78 | 29.36 | 1:03.06 |
| 7. Seline Koek            | LZ 1886             | 1:02.81       | 199400622   | <b>1:03.23</b> | +0,82 | 30.65 | 1:03.23 |
| 8. Eva Engelen            | NDD                 | 1:02.13       | 199405514   | <b>1:03.39</b> | +0,70 | 29.68 | 1:03.39 |
| 9. Ilse Noorlander        | d'ELFT WAVE (SG)    | 1:04.31       | 199307810   | <b>1:03.51</b> | +0,57 | 29.94 | 1:03.51 |
| 10. Simone de Boer        | LZ 1886             | 1:04.18       | 199306858   | <b>1:03.86</b> | +0,78 | 30.68 | 1:03.86 |
| 11. Anouk van der Pligt   | ZOB'66              | 1:03.35       | 199303296   | <b>1:04.39</b> | +0,64 | 30.71 | 1:04.39 |
| 12. Kimberley Kranenberg  | ZPC De Hof          | 1:03.05       | 199400292   | <b>1:04.65</b> | +0,83 | 30.82 | 1:04.65 |
| 13. Linda Dehing          | RZ                  | 1:06.72       | 199400022   | <b>1:06.24</b> | +0,82 | 31.87 | 1:06.24 |
| 14. Larissa Beernink      | De Veene            | 1:09.53       | 199300050   | <b>1:06.51</b> | +0,86 | 31.40 | 1:06.51 |
| 15. Getrude Corporaal     | ZVZ                 | 1:08.80       | 199200380   | <b>1:06.54</b> | +0,71 | 32.16 | 1:06.54 |
| 16. Mandy Verbakel        | ZPC Woerden         | 1:06.57       | 199003908   | <b>1:06.84</b> | +0,93 | 32.14 | 1:06.84 |
| 17. Lindsey Hol           | De Meer             | 1:07.34       | 199008088   | <b>1:08.02</b> | +0,78 | 32.71 | 1:08.02 |
| 18. Ramona Noordermeer    | ZVVS                | 1:09.98       | 199401746   | <b>1:08.42</b> | +0,73 | 33.32 | 1:08.42 |
| 19. Esther Blekkink       | Schuurman BZC       | 1:10.45       | 199302988   | <b>1:09.29</b> | +0,84 | 33.56 | 1:09.29 |
| 20. Maartje Lenten        | De Spatters         | 1:10.87       | 199204286   | <b>1:09.53</b> | +0,83 | 33.16 | 1:09.53 |
| 21. Nadine Blouw          | GZVW                | 1:09.47       | 199302314   | <b>1:09.66</b> | +0,82 | 32.96 | 1:09.66 |
| 22. Marloes Benjamins     | Aqualero            | 1:09.77       | 199105110   | <b>1:10.64</b> | +1,00 | 34.24 | 1:10.64 |
| 23. Daphne Meijer         | Montferland         | 1:15.70       | 199303850   | <b>1:10.70</b> | +1,17 | 33.74 | 1:10.70 |
| 24. Melina Dejonckheere   | CNSW                | 1:18.35       | CNSW/525/91 | <b>1:10.96</b> | +1,02 | 34.61 | 1:10.96 |
| 25. Lisette van der Lende | WWV                 | 1:13.00       | 199204258   | <b>1:11.89</b> | +1,08 | 34.28 | 1:11.89 |
| 26. Heleen Ten Have       | De Pinquin          | 1:09.48       | 199403000   | <b>1:12.41</b> | +0,86 | 34.16 | 1:12.41 |
| 27. Naomi Habing          | De Grunte           | 1:08.79       | 199402742   | <b>1:13.22</b> | +0,85 | 34.57 | 1:13.22 |
| 28. Elodie Siroen         | Merlet              | 1:12.02       | 199003414   | <b>1:13.44</b> | +0,73 | 35.12 | 1:13.44 |
| 29. Elske Eikholt         | Merlet              | 1:13.30       | 199305032   | <b>1:13.45</b> | +0,89 | 34.85 | 1:13.45 |
| 30. Eline Schoenmaker     | Zwemlust-den Hommel | 1:12.72       | 199003322   | <b>1:13.64</b> | +0,69 | 34.59 | 1:13.64 |
| 31. Wieteke Jansen        | Montferland         | 1:15.24       | 199001750   | <b>1:15.02</b> | +0,89 | 36.00 | 1:15.02 |
| 32. Kelly Bockting        | Montferland         | 1:14.01       | 199104050   | <b>1:16.57</b> | +0,94 | 36.43 | 1:16.57 |
| 33. Sharon van Dooren     | De Rog              | 1:47.19       | 199207902   | <b>1:43.39</b> | +0,85 | 48.49 | 1:43.39 |

#### Masters 25+

|                           |                   |         |             |                |       |       |         |
|---------------------------|-------------------|---------|-------------|----------------|-------|-------|---------|
| 1. Marion van den Berg    | DWK               | 58.01   | 198600272   | <b>58.55</b>   | +0,81 | 28.57 | 58.55   |
| 2. Sabine Lina            | ZPC Woerden       | 1:00.60 | 198902680   | <b>1:01.88</b> | +0,76 | 29.63 | 1:01.88 |
| 3. Lisanne Andeweg        | Zuiderzeezwimmers | 1:02.28 | 198800092   | <b>1:03.00</b> | +0,80 | 30.44 | 1:03.00 |
| 4. Marije Jansen          | Montferland       | 1:03.36 | 198504088   | <b>1:04.43</b> | +0,83 | 30.78 | 1:04.43 |
| 5. Fanny Koenig           | CNSW              | 1:08.65 | CNSW/636/89 | <b>1:04.89</b> | +0,74 | 31.50 | 1:04.89 |
| 6. Annelette de Vries     | WS Twente         | 1:02.39 | 198603908   | <b>1:04.94</b> | +0,72 | 30.50 | 1:04.94 |
| 7. Bianca Paape           | DAW               | 1:06.69 | 198502262   | <b>1:05.15</b> | +0,83 | 31.08 | 1:05.15 |
| 8. Ilse van den Wijngaard | ZPC Woerden       | 1:02.99 | 198904736   | <b>1:05.98</b> | +0,75 | 31.64 | 1:05.98 |
| 9. Marije van Manen       | AZ&PC             | 1:08.48 | 198602386   | <b>1:06.70</b> | +0,72 | 32.79 | 1:06.70 |
| 10. Channe Noort          | DAW               | 1:08.05 | 198605032   | <b>1:08.67</b> | +0,76 | 33.07 | 1:08.67 |
| 11. Anna Boef             | LZ 1886           | 1:09.23 | 198806288   | <b>1:08.98</b> | +0,82 | 33.21 | 1:08.98 |
| 12. Henrike de Vries      | WS Twente         | 1:08.64 | 198907460   | <b>1:10.33</b> | +0,98 | 33.01 | 1:10.33 |
| 13. Josse van Geffen      | GZVW              | 1:11.10 | 198604730   | <b>1:10.82</b> | +0,93 | 33.56 | 1:10.82 |
| 14. Marlijn Mulders       | De Treffers       | 1:08.69 | 198803114   | <b>1:11.04</b> | +0,53 | 33.47 | 1:11.04 |
| 15. Serima Veen           | De Spatters       | 1:12.54 | 198604104   | <b>1:11.30</b> | +0,73 | 33.56 | 1:11.30 |
| 16. Carola Hompes         | Budel             | 1:11.45 | 198801868   | <b>1:12.02</b> | +0,83 | 35.24 | 1:12.02 |
| 17. Diana Lammers         | De Veene          | 1:12.13 | 198902572   | <b>1:12.30</b> | +0,65 | 34.83 | 1:12.30 |
| 18. Sandra Koenig         | CNSW              | 1:15.48 | CNSW/612/86 | <b>1:13.09</b> | +0,86 | 35.66 | 1:13.09 |
| 19. Esther Steltenpohl    | DAW               | 1:13.91 | 198504116   | <b>1:13.49</b> | +0,75 | 34.25 | 1:13.49 |
| 20. Renske Eilers         | De Amer           | 1:10.56 | 198806072   | <b>1:13.74</b> | +0,84 | 35.26 | 1:13.74 |
| 21. Tessa Verheijdt       | WVZ               | 1:12.81 | 198904290   | <b>1:14.64</b> | +0,77 | 35.56 | 1:14.64 |
| 22. Annebeth van Ark      | Octopus           | 1:21.98 | 198805588   | <b>1:16.45</b> | +0,89 | 36.31 | 1:16.45 |
| 23. Yvette Nota-Peters    | De Spatters       | 1:09.64 | 198703158   | <b>1:18.73</b> | +0,80 | 37.31 | 1:18.73 |

Programmanr. 28, Dames, 100m vrije slag

Masters 30+

|                                  |                |         |           |                |       |       |         |
|----------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Pauline Gouwens               | DWK            | 57.55   | 198400790 | <b>57.53</b>   | +0,71 | 27.50 | 57.53   |
| <i>Nederlands Masters Record</i> |                |         |           |                |       |       |         |
| 2. Karin Hidding                 | De Dinkel      | 1:03.42 | 198400970 | <b>1:01.20</b> | +0,47 | 28.64 | 1:01.20 |
| 3. Sandra Pannekeet              | DAW            | 1:04.92 | 198403458 | <b>1:06.04</b> | +0,71 | 30.45 | 1:06.04 |
| 4. Pauline Tieleman              | De Geul        | 1:05.94 | 198403348 | <b>1:07.27</b> | +0,75 | 31.51 | 1:07.27 |
| 5. Miranda Pijnenburg            | De Treffers    | 1:06.52 | 198301216 | <b>1:07.29</b> | +0,96 | 32.39 | 1:07.29 |
| 6. Petra Benani-Wolsing          | De Futen       | 1:06.75 | 198402796 | <b>1:07.45</b> | +0,87 | 31.85 | 1:07.45 |
| 7. Emmy Slabbers                 | De Roersoppers | 1:11.60 | 198101386 | <b>1:09.36</b> | +0,90 | 32.05 | 1:09.36 |
| 8. Diewertje Hoekstra            | Swol 1894      | 1:12.66 | 198102208 | <b>1:11.00</b> | +0,81 | 33.38 | 1:11.00 |
| 9. Marijke Dirkse                | IJZPC          | 1:15.79 | 198403480 | <b>1:15.49</b> | +0,93 | 35.40 | 1:15.49 |
| 10. Marloes Rebel                | WS Twente      | 1:28.31 | 198403474 | <b>1:28.74</b> | +1,01 | 41.13 | 1:28.74 |

Masters 35+

|                              |                     |         |             |                |       |       |         |
|------------------------------|---------------------|---------|-------------|----------------|-------|-------|---------|
| 1. Nathalie Blondeel         | CNSW                | 1:00.70 | CNSW/012/77 | <b>1:00.86</b> | +0,73 | 29.19 | 1:00.86 |
| <i>BMR</i>                   |                     |         |             |                |       |       |         |
| 2. Inez Heideman             | WS Twente           | 1:04.32 | 197500198   | <b>1:06.51</b> | +0,90 | 31.19 | 1:06.51 |
| 3. Marian Nederlof           | DWF                 | 1:09.04 | 197600950   | <b>1:07.08</b> | +0,88 | 32.24 | 1:07.08 |
| 4. Heleen Spelde - Fransens  | THOR                | 1:10.89 | 197901358   | <b>1:09.31</b> | +1,10 | 34.00 | 1:09.31 |
| 5. Eveline Hacquebord        | IJZPC               | 1:11.43 | 197901206   | <b>1:09.79</b> | +0,94 | 33.82 | 1:09.79 |
| 6. Karin van Dijk            | H2Oldambt           | 1:10.52 | 197600806   | <b>1:10.33</b> | +0,87 | 33.61 | 1:10.33 |
| 7. Carmen Haan               | De Spatters         | 1:10.00 | 197901458   | <b>1:10.65</b> | +0,88 | 33.23 | 1:10.65 |
| 8. Marieke Langendonk        | De Dinkel           | 1:15.29 | 197900530   | <b>1:11.09</b> | +0,86 | 34.26 | 1:11.09 |
| 9. Larisa Alekseeva          | Sprut               | 1:10.85 | 018046      | <b>1:11.26</b> | +0,83 | 34.44 | 1:11.26 |
| 10. Inge Otter               | De Bevelanders      | 1:11.20 | 197801242   | <b>1:12.88</b> | +0,98 | 34.80 | 1:12.88 |
| 11. Vivian van Kerkwijk      | RZ                  | 1:13.62 | 197500892   | <b>1:14.41</b> | +0,81 | 35.27 | 1:14.41 |
| 12. Fabiola Bosman           | Deltasteur          | 1:15.53 | 197701148   | <b>1:15.83</b> | +1,04 | 36.17 | 1:15.83 |
| 13. Natasja Linderhof        | De Dinkel           | 1:22.64 | 197500786   | <b>1:21.53</b> | +0,97 | 38.17 | 1:21.53 |
| 14. Clementine van Bruxvoort | ZPB H&L Productions | 1:26.55 | 197700138   | <b>1:25.59</b> | +1,02 | 40.17 | 1:25.59 |

Masters 40+

|                            |                  |         |           |                |       |       |         |
|----------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Ingrid Boot-De Groot    | De Aalscholver   | 1:04.07 | 197000168 | <b>1:03.11</b> | +0,82 | 29.82 | 1:03.11 |
| 2. Annette de Visser       | Oceanus          | 1:06.25 | 197100602 | <b>1:05.26</b> | +0,86 | 31.69 | 1:05.26 |
| 3. J. de Ruiter-Wijnolst   | WIDEX GZC DONK   | 1:07.07 | 197400446 | <b>1:06.17</b> | +0,67 | 31.86 | 1:06.17 |
| 4. Edith Janssen-Koolen    | TRB-RES          | 1:06.67 | 197300898 | <b>1:06.61</b> | +0,88 | 31.22 | 1:06.61 |
| 5. Janet Tulen             | Swol 1894        | 1:05.97 | 197300626 | <b>1:07.62</b> | +0,80 | 31.87 | 1:07.62 |
| 6. Lidia v. Bon-Rosenbrand | AZ&PC            | 1:05.70 | 197000054 | <b>1:09.96</b> | +0,96 | 33.11 | 1:09.96 |
| 7. Renata van Essen        | Zuiderzeewimmers | 1:11.06 | 197300740 | <b>1:12.70</b> | +0,74 | 34.50 | 1:12.70 |
| 8. Natalie van den Broek   | Nautilus         | 1:19.55 | 197300810 | <b>1:13.02</b> | +1,78 | 35.37 | 1:13.02 |
| 9. Diana Westerdijk        | De Spatters      | 1:19.30 | 197200704 | <b>1:21.45</b> | +0,80 | 39.21 | 1:21.45 |
| 10. Judith Rienties        | Swol 1894        | 1:21.78 | 197400960 | <b>1:22.34</b> | +1,01 | 38.45 | 1:22.34 |
| 11. Edith van Dieren       | Swol 1894        | 1:26.70 | 197400764 | <b>1:22.81</b> | +0,97 | 40.44 | 1:22.81 |
| 12. Claudia Sutin          | De Schelde       | 1:22.25 | 197200908 | <b>1:22.88</b> | +0,82 | 38.87 | 1:22.88 |
| 13. Nathasja Konijn        | WIDEX GZC DONK   | 1:22.69 | 197100992 | <b>1:23.44</b> | +0,89 | 39.12 | 1:23.44 |
| 14. Marleen Prins          | De Fuut          | 1:29.51 | 197300864 | <b>1:30.16</b> | +0,78 | 43.92 | 1:30.16 |

Masters 45+

|                                |                      |         |           |                |       |       |         |
|--------------------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Monique Tuijp               | Ed-Vo                | 1:03.29 | 196900800 | <b>1:03.05</b> | +0,85 | 30.24 | 1:03.05 |
| 2. Heidi van Stein             | LZ 1886              | 1:04.38 | 196900864 | <b>1:04.22</b> | +0,82 | 30.75 | 1:04.22 |
| 3. Marjo Goelema-Koek          | De Biesboschzwimmers | 1:05.62 | 196900192 | <b>1:04.51</b> | +0,77 | 30.94 | 1:04.51 |
| 4. Alexandra de Jong           | HPC                  | 1:05.28 | 196900926 | <b>1:06.05</b> | +0,80 | 31.07 | 1:06.05 |
| 5. Paulina van der Zouw        | De Dolfijn           | 1:08.12 | 196900972 | <b>1:07.88</b> | +0,85 | 31.80 | 1:07.88 |
| 6. Rita van der Horst          | RZC                  | 1:06.51 | 196900260 | <b>1:08.09</b> | +0,81 | 31.65 | 1:08.09 |
| 7. Jantine Braakman            | ZV De Bron           | 1:13.19 | 196500036 | <b>1:10.94</b> | +0,85 | 33.99 | 1:10.94 |
| 8. Marion Broekhuis            | WS Twente            | 1:10.76 | 196800060 | <b>1:11.20</b> | +0,76 | 34.01 | 1:11.20 |
| 9. Talje Dijkhuis              | AZ&PC                | 1:11.45 | 196600072 | <b>1:11.98</b> | +0,86 | 34.77 | 1:11.98 |
| 10. Judith Heijdens-Schasfoort | De Dinkel            | 1:12.23 | 196500112 | <b>1:12.68</b> | +0,90 | 34.66 | 1:12.68 |
| 11. Christi Holweg-Brummelhuis | Swol 1894            | 1:16.39 | 196500468 | <b>1:15.25</b> | +1,00 | 36.22 | 1:15.25 |
| 12. Roelien Speelman-Tigelaar  | De Spatters          | 1:25.59 | 196600664 | <b>1:17.17</b> | +0,81 | 36.46 | 1:17.17 |
| 13. Sandra Hoofs-Buil          | Racing Club          | 1:20.66 | 196600678 | <b>1:17.61</b> | +0,86 | 35.82 | 1:17.61 |
| 14. Y. Snellen van Vollenhoven | PSV                  | 1:23.41 | 196800836 | <b>1:20.81</b> | +0,91 | 39.39 | 1:20.81 |

Programmanr. 28, Dames, 100m vrije slag, Masters 45+

| rang naam                 | vereniging | inschrijftijd     | tijd             | RT    | 50m   | 100m    |
|---------------------------|------------|-------------------|------------------|-------|-------|---------|
| 15. Sandra Daamen-Posma   | AZC        | 1:25.64 196800854 | <b>1:22.46</b>   | +1,02 | 38.73 | 1:22.46 |
| 16. Hetty Smalheer        | SCOM       | 1:19.52 196700352 | <b>1:22.50</b>   | +1,01 | 38.85 | 1:22.50 |
| 17. Jeanette Smits        | Orca       | 1:20.67 196600312 | <b>1:23.58</b>   | +0,94 | 39.73 | 1:23.58 |
| 18. Ingeborg Stokx        | DAW        | 1:22.41 196700666 | <b>1:23.75</b>   | +0,63 | 39.97 | 1:23.75 |
| 19. Miriam Leeten-Stevens | Budel      | 1:26.35 196900988 | <b>1:24.16</b>   | +1,18 | 39.53 | 1:24.16 |
| 20. Remona Dekker         | ZV De Bron | 1:24.23 196600620 | <b>1:26.58</b> * | +0,86 | 40.98 | 1:26.58 |
| 21. Betty van Kemenade    | PSV        | 1:29.78 196800832 | <b>1:32.65</b>   | +1,07 | 42.94 | 1:32.65 |

Masters 50+

|                            |                |                   |                |       |       |         |
|----------------------------|----------------|-------------------|----------------|-------|-------|---------|
| 1. Marjan Remmits-De Lange | ZPC Woerden    | 1:07.94 196300518 | <b>1:05.75</b> | +0,76 | 31.42 | 1:05.75 |
| 2. Anja Tijink             | De Dinkel      | 1:08.20 196400296 | <b>1:07.44</b> | +0,88 | 32.08 | 1:07.44 |
| 3. Katrin Pennings         | PSV            | 1:08.11 196400570 | <b>1:08.53</b> | +0,89 | 32.43 | 1:08.53 |
| 4. Christine Moerkerken    | Poseidon'56    | 1:14.46 196300524 | <b>1:09.71</b> | +0,83 | 32.72 | 1:09.71 |
| 5. Wilna Heijman           | 't Tolhekke    | 1:13.70 196400506 | <b>1:12.17</b> | +0,92 | 34.77 | 1:12.17 |
| 6. Marijke Kraak-Beckers   | WS Twente      | 1:12.39 196000240 | <b>1:13.36</b> | +0,91 | 34.78 | 1:13.36 |
| 7. Inge Wolfs              | PLONS          | 1:11.45 196000304 | <b>1:14.17</b> | +0,96 | 36.29 | 1:14.17 |
| 8. Alice de Haan           | WIDEX GZC DONK | 1:32.82 196400590 | <b>1:29.35</b> | +1,19 | 40.38 | 1:29.35 |
| 9. Joke Burgers            | Swol 1894      | 1:37.03 196000226 | <b>1:42.60</b> | +0,85 | 49.57 | 1:42.60 |
| 10. Riekje Schra           | Steenwijk 1934 | 1:55.74 196400404 | <b>2:03.26</b> | +1,31 | 55.56 | 2:03.26 |

Masters 55+

|                         |                       |                     |                |       |       |         |
|-------------------------|-----------------------|---------------------|----------------|-------|-------|---------|
| 1. Atie Pijtak-Radersma | AZ&PC                 | 1:06.88 195600048   | <b>1:09.18</b> | +0,86 | 33.10 | 1:09.18 |
| 2. Mathilde Vink        | Swol 1894             | 1:15.36 195800128   | <b>1:16.89</b> | +0,89 | 36.91 | 1:16.89 |
| 3. Janny van Eijk       | ZV De Bron            | 1:13.75 195800022   | <b>1:17.63</b> | +0,95 | 37.72 | 1:17.63 |
| 4. Hannie Poletiek      | TriVia                | 1:24.61 195900278   | <b>1:23.07</b> | +1,05 | 38.71 | 1:23.07 |
| 5. Claire Anthony       | CNSW                  | 1:20.32 CNSW/487/57 | <b>1:23.74</b> | +0,92 | 39.15 | 1:23.74 |
| 6. Karien Musters       | Old Dutch             | 1:41.75 195800236   | <b>1:42.93</b> | +0,75 | 47.61 | 1:42.93 |
| 7. Cindy Cencen         | Han Batur Spor Kulübü | 2:11.89 1958CENC    | <b>1:56.86</b> | +1,12 | 53.77 | 1:56.86 |

Masters 60+

|                          |                  |                   |                |       |       |         |
|--------------------------|------------------|-------------------|----------------|-------|-------|---------|
| 1. Conny Boer-Buys       | ZVVS             | 1:09.65 195000006 | <b>1:11.40</b> | +0,93 | 34.29 | 1:11.40 |
| 2. Christien Nieuwenhuis | Swol 1894        | 1:10.79 195100022 | <b>1:11.80</b> | +0,80 | 33.59 | 1:11.80 |
| 3. Alison Gilbert        | De Futen         | 1:15.82 195300068 | <b>1:15.80</b> | +0,98 | 36.17 | 1:15.80 |
| 4. Ineke Meijer          | HZ&PC Heerenveen | 1:29.09 195200034 | <b>1:28.51</b> | +0,96 | 43.52 | 1:28.51 |
| 5. Tineke van Diggelen   | Oceanus          | 1:32.60 195200048 | <b>1:34.96</b> |       | 45.53 | 1:34.96 |

Masters 65+

|                     |     |                   |                |       |       |         |
|---------------------|-----|-------------------|----------------|-------|-------|---------|
| 1. Corrie Verhoeven | PSV | 1:20.35 194600026 | <b>1:22.35</b> | +0,98 | 37.98 | 1:22.35 |
| 2. Annie Smits      | PSV | 1:35.42 194600016 | <b>1:36.48</b> | +1,04 | 47.12 | 1:36.48 |

Programmanr. 29  
25-01-2014 - 15:19

Heren, 100m vrije slag

Masters Open  
Resultaten

| rang naam             | vereniging       | inschrijftijd   | tijd         | RT    | 50m   | 100m  |
|-----------------------|------------------|-----------------|--------------|-------|-------|-------|
| <b>Masters 20+</b>    |                  |                 |              |       |       |       |
| 1. Mark Costeris      | WVZ              | 51.43 199202327 | <b>52.01</b> | +0,73 | 25.54 | 52.01 |
| 2. Pascal Timmermans  | RZC              | 52.02 199202349 | <b>52.16</b> | +0,73 | 25.11 | 52.16 |
| 3. Lars Sieval        | LZ 1886          | 52.72 199300723 | <b>52.83</b> | +0,72 | 25.26 | 52.83 |
| 4. Emile Manni        | Octopus          | 53.54 199001901 | <b>53.34</b> | +0,70 | 25.29 | 53.34 |
| 5. Menno Manning      | De Veene         | 52.33 199300333 | <b>55.13</b> | +0,74 | 27.16 | 55.13 |
| 6. Jelmar Kluiwstra   | LZ 1886          | 55.66 199204323 | <b>55.43</b> | +0,79 | 26.49 | 55.43 |
| 7. Tim Bunnik         | Triton           | 55.97 199000505 | <b>55.48</b> | +0,79 | 26.25 | 55.48 |
| 8. Dennis Hoogstraten | De Veene         | 57.35 199303731 | <b>55.69</b> | +0,77 | 26.89 | 55.69 |
| 9. Joost Rijntjes     | LZ 1886          | 54.65 199101899 | <b>56.14</b> | +0,78 | 26.60 | 56.14 |
| 10. Bern Hoeven       | Z & PC Zegenwerp | 56.02 199301773 | <b>56.39</b> | +0,79 | 26.63 | 56.39 |
| 11. Bart Kieseewetter | TRB-RES          | 56.60 199101203 | <b>56.49</b> | +0,71 | 27.23 | 56.49 |

Programmanr. 29, Heren, 100m vrije slag, Masters 20+

| rang naam                | vereniging             | inschrijftijd     | tijd           | RT    | 50m   | 100m    |
|--------------------------|------------------------|-------------------|----------------|-------|-------|---------|
| 12. Patrick Creemers     | RZ                     | 54.66 199000579   | <b>56.55</b>   | +0,74 | 27.31 | 56.55   |
| 13. Mike Koelewijn       | Steenwijk 1934         | 57.58 199303597   | <b>56.56</b>   | +0,69 | 27.33 | 56.56   |
| 14. Rens Post            | WVZ                    | 59.49 199101827   | <b>57.96</b>   | +0,72 | 27.43 | 57.96   |
| 15. Walter van der Stelt | Den Doorn              | 57.38 199401327   | <b>58.25</b>   | +0,72 | 27.70 | 58.25   |
| 16. Dennis Bosma         | Montferland            | 56.55 199403851   | <b>58.95</b>   | +0,69 | 28.01 | 58.95   |
| 17. Ruben Stolk          | ZOB'66                 | 57.68 199005665   | <b>1:00.04</b> | +0,77 | 28.22 | 1:00.04 |
| 18. Roel van der Kleij   | Z & PC Zegenwerp       | 58.57 199001571   | <b>1:00.32</b> | +0,64 | 29.02 | 1:00.32 |
| 19. Stef Hoeven          | Z & PC Zegenwerp       | 1:00.44 199001223 | <b>1:00.40</b> | +0,85 | 28.66 | 1:00.40 |
| 20. Mark Arendshorst     | De Veene               | 58.86 199400303   | <b>1:01.00</b> | +0,81 | 28.16 | 1:01.00 |
| 21. Coen van der Wekken  | MGO (SG)               | 1:01.70 199202965 | <b>1:01.67</b> | +0,73 | 29.66 | 1:01.67 |
| 22. Guus Verhoeven       | Z & PC Zegenwerp       | 1:02.13 199104629 | <b>1:02.24</b> | +0,82 | 29.50 | 1:02.24 |
| 23. Yorick Kreuwel       | De Veene               | 1:00.89 199402225 | <b>1:02.57</b> | +0,82 | 29.23 | 1:02.57 |
| 24. Kevin Dieker         | Montferland            | 1:01.41 199100461 | <b>1:02.62</b> | +0,86 | 29.59 | 1:02.62 |
| 25. Ramon van Huizen     | MGO (SG)               | 1:02.37 199400945 | <b>1:03.85</b> | +0,86 | 30.49 | 1:03.85 |
| 26. Michael Schlijper    | Eurode KZC             | 1:05.54 199303691 | <b>1:04.28</b> | +0,89 | 31.09 | 1:04.28 |
| 27. Bas Zierikzee        | LZ 1886                | 1:04.73 199204321 | <b>1:08.15</b> | +0,81 | 30.94 | 1:08.15 |
| 28. Bob Potkamp          | Deltasteur             | 1:08.89 199403189 | <b>1:08.19</b> | +0,96 | 32.08 | 1:08.19 |
| 29. Rens Mahler          | Merlet                 | 1:12.45 199206411 | <b>1:08.68</b> | +0,71 | 30.81 | 1:08.68 |
| 30. Tom de Lange         | Deltasteur             | 1:08.45 199300303 | <b>1:09.82</b> | +0,97 | 32.82 | 1:09.82 |
| NG Herman Hofman         | ZZG de Boskickers (SG) | 55.61 199001229   |                |       |       |         |

Masters 25+

|                            |                     |                   |                |       |       |         |
|----------------------------|---------------------|-------------------|----------------|-------|-------|---------|
| 1. Raoul Engelenburg       | Zwemlust-den Hommel | 54.40 198900843   | <b>53.78</b>   | +0,70 | 26.04 | 53.78   |
| 2. Klaas van Beek          | ZV Haerlem          | 55.59 198805941   | <b>54.78</b>   | +0,71 | 26.33 | 54.78   |
| 3. Sander de Vrugt         | ESCA Zwemmen        | 54.97 198903499   | <b>55.38</b>   | +0,68 | 27.22 | 55.38   |
| 4. Richard Huiskens        | ZPC De Hof          | 55.27 198501141   | <b>55.60</b>   | +0,72 | 26.75 | 55.60   |
| 5. Erik van der Heide      | Zuiderzeewimmers    | 56.17 198801337   | <b>55.93</b>   | +0,80 | 27.15 | 55.93   |
| 6. Emiel Huiskens          | ZPC De Hof          | 55.57 198501139   | <b>56.52</b>   | +0,83 | 27.11 | 56.52   |
| 7. Ronald Vullings         | Merlet              | 55.89 198703655   | <b>58.31</b>   | +0,86 | 28.22 | 58.31   |
| 8. Rick Driezen            | Steenwijk 1934      | 57.07 198600713   | <b>58.97</b>   | +0,86 | 28.08 | 58.97   |
| 9. Martijn van Hoorn       | MGO (SG)            | 58.00 198901343   | <b>59.53</b>   | +0,87 | 28.75 | 59.53   |
| 10. Mark Effing            | Merlet              | 1:00.74 198600761 | <b>1:01.76</b> | +0,81 | 29.26 | 1:01.76 |
| 11. Arjen van der Boom     | Zignea              | 1:01.07 198604449 | <b>1:01.78</b> | +0,85 | 29.12 | 1:01.78 |
| 12. Jan-Eisse de Haan      | ZVZ                 | 1:05.81 198701189 | <b>1:06.24</b> | +0,91 | 32.16 | 1:06.24 |
| 13. Patrick de Jonge       | ZPC Woerden         | 1:08.05 198906635 | <b>1:06.61</b> | +0,86 | 31.41 | 1:06.61 |
| 14. Sander Brat            | Swol 1894           | 1:07.21 198500357 | <b>1:06.90</b> | +0,91 | 32.00 | 1:06.90 |
| 15. Martijn Dragt          | ZVZ                 | 1:07.48 198800853 | <b>1:09.42</b> | +0,96 | 33.72 | 1:09.42 |
| 16. Wouter van 't Klooster | AZ&PC               | 1:12.75 198806159 | <b>1:09.90</b> | +0,83 | 33.72 | 1:09.90 |

Masters 30+

|                       |                |                   |                |       |       |         |
|-----------------------|----------------|-------------------|----------------|-------|-------|---------|
| 1. Nol van Thull      | ZOB'66         | 52.62 198001513   | <b>52.69</b>   | +0,82 | 25.35 | 52.69   |
| 2. Rick de Greef      | Budel          | 56.70 198400749   | <b>54.11</b>   | +0,81 | 25.57 | 54.11   |
| 3. Lauren Vis         | Steenwijk 1934 | 54.67 198201883   | <b>54.62</b>   | +0,73 | 26.01 | 54.62   |
| 4. Robert Dekker      | De Veene       | 1:02.32 198400443 | <b>57.24</b>   | +0,76 | 28.02 | 57.24   |
| 5. Ferry Blangé       | ZOB'66         | 59.52 198300185   | <b>58.90</b>   | +0,83 | 27.87 | 58.90   |
| 6. Bas v.d. Laan      | WVZ            | 1:00.18 198302471 | <b>1:02.12</b> | +0,86 | 29.07 | 1:02.12 |
| 7. Tjerk Peijnenborg  | ZV Haerlem     | 1:05.23 198201329 | <b>1:05.33</b> | +1,06 | 31.01 | 1:05.33 |
| 8. Dyon de Greef      | Budel          | 1:05.67 198202385 | <b>1:05.67</b> | +0,77 | 31.30 | 1:05.67 |
| 9. Tim Meijer         | Montferland    | 1:07.95 198102481 | <b>1:09.62</b> | +0,96 | 31.75 | 1:09.62 |
| 50m*                  |                |                   |                |       |       |         |
| 10. Marnix Cornelisse | LZ 1886        | 1:17.04 198002343 | <b>1:12.13</b> | +0,83 | 33.74 | 1:12.13 |
| 11. Tijn Huttenhuis   | De Dinkel      | 1:13.37 198302949 | <b>1:13.47</b> | +0,73 | 34.53 | 1:13.47 |

Masters 35+

|                       |                  |                   |              |       |       |       |
|-----------------------|------------------|-------------------|--------------|-------|-------|-------|
| 1. Casper Hut         | HZ&PC Heerenveen | 52.94 197800471   | <b>54.54</b> | +0,67 | 25.85 | 54.54 |
| 2. Roland de Jong     | Eurode KZC       | 55.71 197601513   | <b>55.95</b> | +0,73 | 26.63 | 55.95 |
| 3. Alex Damen         | DAW              | 58.31 197501371   | <b>59.35</b> | +0,75 | 28.77 | 59.35 |
| 4. Jeroen Zelsmann    | AZ&PC            | 56.68 197701551   | <b>59.45</b> | +0,76 | 28.35 | 59.45 |
| 5. Dimitrie Sonnemans | RZ               | 1:00.58 197501391 | <b>59.46</b> | +0,88 | 28.24 | 59.46 |
| 6. Erik Lamers        | De Gelenberg     | 1:00.92 197500507 | <b>59.63</b> | +0,84 | 28.82 | 59.63 |

Programmanr. 29, Heren, 100m vrije slag, Masters 35+

| rang naam                     | vereniging     | inschrijftijd     | tijd           | RT    | 50m   | 100m    |
|-------------------------------|----------------|-------------------|----------------|-------|-------|---------|
| 7. Victor Barnar              | GoSwim         | 58.80 197801805   | <b>59.74</b>   | +0,76 | 28.49 | 59.74   |
| 8. Kars Luttk                 | DAW            | 58.52 197800675   | <b>59.76</b>   | +0,77 | 28.59 | 59.76   |
| 9. Erwin Zuiddervelt          | De Futen       | 1:01.64 197501015 | <b>1:00.97</b> | +0,82 | 28.93 | 1:00.97 |
| 10. Frits Delicaat            | DAW            | 1:01.83 197901629 | <b>1:02.25</b> | +0,93 | 29.53 | 1:02.25 |
| 11. Okko de Haas              | ZV De Bron     | 1:03.97 197801593 | <b>1:04.83</b> | +0,84 | 30.86 | 1:04.83 |
| 12. Adrie Rijnen              | Swol 1894      | 1:04.50 197801819 | <b>1:04.86</b> | +0,80 | 30.37 | 1:04.86 |
| 13. Gino Martijn              | RZ             | 1:04.61 197901865 | <b>1:05.74</b> | +0,73 | 30.73 | 1:05.74 |
| 14. Martijn van den Biggelaar | Nautilus       | 1:07.52 197701503 | <b>1:06.26</b> | +0,74 | 30.04 | 1:06.26 |
| 15. Johan Wezenberg           | Deltasteur     | 1:05.84 197601023 | <b>1:07.10</b> | +0,96 | 31.61 | 1:07.10 |
| 16. Ivo Verdonshot            | Budel          | 1:09.64 197500903 | <b>1:07.94</b> | +0,86 | 31.81 | 1:07.94 |
| 17. Arnold Kiburg             | Steenwijk 1934 | 1:31.73 197501423 | <b>1:13.68</b> | +0,88 | 34.25 | 1:13.68 |

Masters 40+

|                           |                 |                   |                |       |       |         |
|---------------------------|-----------------|-------------------|----------------|-------|-------|---------|
| 1. Tjakko Ruinemans       | De Dinkel       | 55.43 197400687   | <b>54.71</b>   | +0,83 | 26.47 | 54.71   |
| 2. Machiel Stolk          | Swol 1894       | 1:01.03 197400779 | <b>1:01.13</b> | +0,89 | 29.33 | 1:01.13 |
| 3. Gerald Hösl            | SC Schaffhausen | 1:03.41 27749     | <b>1:02.20</b> | +0,93 | 30.44 | 1:02.20 |
| 4. Rogier Becker          | De Dinkel       | 1:04.05 197301439 | <b>1:04.11</b> | +0,94 | 30.23 | 1:04.11 |
| 5. Wiljo Mackus           | Budel           | 1:05.11 197101557 | <b>1:04.39</b> | +0,95 | 30.75 | 1:04.39 |
| 6. Marco de Bat           | De Schelde      | 1:06.22 197101467 | <b>1:04.91</b> | +0,75 | 30.57 | 1:04.91 |
| 7. Wouter van der Stelt   | Den Doorn       | 1:04.40 197200889 | <b>1:05.36</b> | +0,74 | 30.82 | 1:05.36 |
| 8. Rob Janssen            | De Gelenberg    | 1:10.25 197001467 | <b>1:06.94</b> | +0,85 | 31.11 | 1:06.94 |
| 9. Albert Roosenboom      | Budel           | 1:12.03 197101599 | <b>1:11.36</b> | +1,02 | 35.11 | 1:11.36 |
| 10. Edward van Nijmweegen | Budel           | 1:13.43 197001635 | <b>1:12.08</b> | +0,94 | 33.14 | 1:12.08 |
| 11. Ferdinand Teitink     | Montferland     | 1:12.95 197001583 | <b>1:12.41</b> | +0,94 | 33.78 | 1:12.41 |
| 12. Arnoud van Royen      | TriVia          | 1:13.97 197201515 | <b>1:13.56</b> | +0,83 | 34.96 | 1:13.56 |
| 13. Bert Mars             | Swol 1894       | 1:16.06 197101147 | <b>1:16.07</b> | +0,69 | 35.77 | 1:16.07 |
| 14. Sander Komen          | ZV De Bron      | 1:17.72 197201507 | <b>1:16.87</b> | +0,65 | 36.70 | 1:16.87 |
| 15. Bas van Gool          | De Geul         | 1:17.48 197201435 | <b>1:18.23</b> | +0,84 | 35.65 | 1:18.23 |

Masters 45+

|                           |                         |                     |                |       |       |         |
|---------------------------|-------------------------|---------------------|----------------|-------|-------|---------|
| 1. Glen le Clercq         | De Rog                  | 56.87 196800177     | <b>55.87</b>   | +0,73 | 26.59 | 55.87   |
| 2. Geert Wijn             | De Gelenberg            | 56.76 196701101     | <b>57.63</b>   | +0,74 | 27.58 | 57.63   |
| 3. Marc van den Broeke    | Deltasteur              | 1:00.16 196601485   | <b>58.87</b>   | +0,83 | 28.45 | 58.87   |
| 4. Bert de Weerd          | RZC                     | 1:00.40 196701283   | <b>1:00.16</b> | +0,76 | 28.58 | 1:00.16 |
| 5. Henk de Raad           | Deltasteur              | 1:02.32 196501503   | <b>1:02.71</b> | +0,85 | 29.97 | 1:02.71 |
| 6. Eric de Haas           | De Treffers             | 1:03.57 196501275   | <b>1:02.75</b> | +0,91 | 30.08 | 1:02.75 |
| 7. Maarten de Pooter      | De Schelde              | 1:04.43 196600615   | <b>1:03.34</b> | +0,79 | 30.16 | 1:03.34 |
| 8. Freddy van der Veen    | ZVVS                    | 1:06.19 196601161   | <b>1:04.42</b> | +1,09 | 30.16 | 1:04.42 |
| 9. Erwin Beringen         | GoSwim                  | 1:07.13 196601515   | <b>1:05.11</b> | +0,74 | 31.00 | 1:05.11 |
| 10. Marc Wouters          | PSV                     | 1:06.97 196501501   | <b>1:05.50</b> | +0,93 | 30.72 | 1:05.50 |
| 11. Pieter-Sjoerd de Wijn | Aqua-Novio'94           | 1:06.45 196501027   | <b>1:06.90</b> | +0,78 | 32.10 | 1:06.90 |
| 12. Fred Dijkshoorn       | Zwemvereniging Westland | 1:08.89 196501539   | <b>1:06.97</b> | +0,88 | 31.71 | 1:06.97 |
| 13. Sander Nieuwenhuys    | De Fuut                 | 1:09.26 196801423   | <b>1:07.47</b> | +0,70 | 32.24 | 1:07.47 |
| 14. Erik Zoethout         | Aqualero                | 1:07.19 196901157   | <b>1:07.75</b> | +0,94 | 32.69 | 1:07.75 |
| 15. Huyb Stegeman         | Steenwijk 1934          | 1:09.06 196701535   | <b>1:07.94</b> | +0,91 | 32.13 | 1:07.94 |
| 16. Marcel Brittijn       | De Duinkickers          | 1:09.68 196900159   | <b>1:08.51</b> | +0,68 | 32.12 | 1:08.51 |
| 17. Ruud Kennis           | Budel                   | 1:14.51 196501555   | <b>1:10.03</b> | +0,86 | 33.77 | 1:10.03 |
| 18. Willem Jan Ribberink  | WIDEX GZC DONK          | 1:11.33 196501327   | <b>1:10.34</b> | +0,86 | 33.55 | 1:10.34 |
| 19. Yves van den Berg     | WIDEX GZC DONK          | 1:11.70 196601437   | <b>1:11.22</b> | +0,98 | 34.20 | 1:11.22 |
| 20. Peter Schielen        | De Fuut                 | 1:11.99 196501531   | <b>1:12.05</b> | +0,73 | 35.01 | 1:12.05 |
| 21. Willem Jannink        | Swol 1894               | 1:09.39 196500423   | <b>1:12.72</b> | +0,88 | 33.61 | 1:12.72 |
| 22. Joost van Eerd        | Budel                   | 1:15.97 196901723   | <b>1:13.78</b> | +0,85 | 34.81 | 1:13.78 |
| 23. René Speelman         | De Spatters             | 1:14.78 196601521   | <b>1:14.18</b> | +0,83 | 34.49 | 1:14.18 |
| 24. Ramon Alsina Munoz    | CNSW                    | 1:17.41 CNSW/608/69 | <b>1:15.89</b> | +0,82 | 35.63 | 1:15.89 |
| 25. Gertjan van der Vaart | ZVVS                    | 1:32.79 196801529   | <b>1:17.81</b> | +0,89 | 36.89 | 1:17.81 |
| 26. Jeffrey van Doormalen | Wetterwille             | 1:19.57 196501563   | <b>1:18.18</b> | +0,88 | 37.10 | 1:18.18 |
| 27. Maarten van Nunen     | Nautilus                | 1:21.96 196601463   | <b>1:18.93</b> | +1,02 | 37.35 | 1:18.93 |

Programmanr. 29, Heren, 100m vrije slag

Masters 50+

|                                  |                |         |           |                |       |       |         |
|----------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Cees van Houwelingen          | De Schelde     | 55.31   | 196300351 | <b>56.31</b>   | +0,86 | 27.11 | 56.31   |
| <i>Nederlands Masters Record</i> |                |         |           |                |       |       |         |
| 2. Dmitry Kromskiy               | Poseidon       | 57.98   | 037011    | <b>59.12</b>   | +0,78 | 28.44 | 59.12   |
| 3. Arnold de Rover               | De Futen       | 58.08   | 196400645 | <b>59.13</b>   | +0,83 | 28.26 | 59.13   |
| 4. Gert Sikkema                  | Zignea         | 58.66   | 196300687 | <b>59.92</b>   | +0,85 | 28.83 | 59.92   |
| 5. Rene de Boer                  | DAW            | 1:06.38 | 196400087 | <b>1:00.71</b> | +0,82 | 29.59 | 1:00.71 |
| 6. Jan Wierenga                  | De Aalscholver | 1:01.65 | 196400843 | <b>1:01.28</b> | +0,87 | 29.01 | 1:01.28 |
| 7. Wiljam Nijenhuis              | De IJsel       | 1:01.14 | 196400547 | <b>1:01.44</b> | +0,92 | 29.30 | 1:01.44 |
| 8. Gustav van den Berg           | TriVia         | 1:01.91 | 196100991 | <b>1:01.47</b> | +0,89 | 29.84 | 1:01.47 |
| 9. Robert Vink                   | WWV            | 1:03.99 | 196301075 | <b>1:02.62</b> | +0,91 | 30.21 | 1:02.62 |
| 10. John Stokx                   | DAW            | 1:03.38 | 196401341 | <b>1:03.40</b> | +0,79 | 30.39 | 1:03.40 |
| 11. Edzo Huisman                 | Aquapoldro     | 1:04.03 | 196301029 | <b>1:04.99</b> | +0,91 | 30.04 | 1:04.99 |
| 12. Theo Bakker                  | TriVia         | 1:04.47 | 196401231 | <b>1:06.28</b> | +0,76 | 31.24 | 1:06.28 |
| 13. Rob Penninks                 | PSV            | 1:08.12 | 196000897 | <b>1:07.47</b> | +0,80 | 32.71 | 1:07.47 |
| 14. Bob Nieuwenhuys              | De Fuut        | 1:08.92 | 196201227 | <b>1:07.83</b> | +0,75 | 32.59 | 1:07.83 |
| 15. Henry Brouwer                | Aqualero       | 1:10.73 | 196301223 | <b>1:08.66</b> | +0,88 | 31.70 | 1:08.66 |
| 16. Robert de Brauwer            | De Duinkickers | 1:09.31 | 196401383 | <b>1:08.84</b> | +1,09 | 32.17 | 1:08.84 |
| 17. John Dam                     | Zignea         | 1:10.17 | 196000915 | <b>1:09.98</b> | +0,88 | 34.01 | 1:09.98 |
| 18. Nico Buurman                 | PSV            | 1:14.57 | 196401357 | <b>1:11.12</b> | +0,99 | 33.75 | 1:11.12 |
| 19. Perry Dekker                 | ZV De Bron     | 1:25.10 | 196201081 | <b>1:27.57</b> | +1,03 | 42.38 | 1:27.57 |
| NG Harrie Oude Weernink          | WS Twente      | 1:05.58 | 196001037 |                |       |       |         |

Masters 55+

|                       |                  |         |           |                |       |       |         |
|-----------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marten de Groot    | HZ&PC Heerenveen | 58.86   | 195800149 | <b>58.20</b>   | +0,78 | 28.16 | 58.20   |
| 2. Gennadii Karelin   | Spartak          | 1:06.45 | 030009    | <b>1:05.84</b> | +1,06 | 31.90 | 1:05.84 |
| 3. Evertjan Masurel   | PSV              | 1:07.95 | 195600495 | <b>1:08.08</b> | +0,79 | 32.71 | 1:08.08 |
| 4. Johan Wouda        | Neptunus         | 1:09.32 | 195500395 | <b>1:10.41</b> | +1,07 | 33.89 | 1:10.41 |
| 5. Pier van der Sluis | Orca             | 1:11.73 | 195900757 | <b>1:17.21</b> | +1,00 | 35.79 | 1:17.21 |

Masters 60+

|                           |           |         |           |                |       |       |         |
|---------------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Brend Brevé            | PSV       | 1:06.71 | 195200265 | <b>1:06.42</b> | +0,89 | 32.19 | 1:06.42 |
| 2. Fred Zanting           | TriVia    | 1:10.02 | 195400323 | <b>1:09.56</b> | +1,00 | 33.99 | 1:09.56 |
| 3. Laurens klein Breteler | WWV       | 1:16.82 | 195400109 | <b>1:14.16</b> | +0,86 | 35.04 | 1:14.16 |
| 4. Bé Grave               | H2Oldambt | 1:14.48 | 195300231 | <b>1:15.18</b> | +0,95 | 35.29 | 1:15.18 |
| 5. Jos Kamps              | De Amer   | 1:14.38 | 195100085 | <b>1:16.05</b> | +1,15 | 36.19 | 1:16.05 |
| 6. Frank Zwijnenberg      | PSV       | 1:19.62 | 195400361 | <b>1:17.34</b> | +0,79 | 36.87 | 1:17.34 |

Masters 65+

|                                  |            |         |           |                |       |       |         |
|----------------------------------|------------|---------|-----------|----------------|-------|-------|---------|
| 1. Ale van der Veen              | HPC        | 1:03.89 | 194900159 | <b>1:03.42</b> | +0,74 | 30.43 | 1:03.42 |
| <i>Nederlands Masters Record</i> |            |         |           |                |       |       |         |
| 2. Han Roos                      | ZV De Bron | 1:14.47 | 194500081 | <b>1:12.37</b> | +1,05 | 35.31 | 1:12.37 |
| 3. Theo Schouten                 | WWV        | 1:14.18 | 194600161 | <b>1:13.77</b> | +0,99 | 35.27 | 1:13.77 |
| 4. Willem Putter                 | ZVVS       | 1:17.49 | 194500135 | <b>1:17.09</b> | +1,07 | 37.34 | 1:17.09 |
| 5. Jaap Kwakkel                  | DAW        | 1:14.10 | 194700157 | <b>1:17.90</b> | +0,97 | 36.59 | 1:17.90 |
| 6. Mar van Geel                  | Old Dutch  | 1:26.97 | 194700135 | <b>1:33.89</b> | +1,13 | 44.09 | 1:33.89 |
| 7. Henk Oostendorp               | ZV De Bron | 1:35.46 | 194800093 | <b>1:40.51</b> | +1,05 | 46.84 | 1:40.51 |

Masters 70+

|                          |                 |         |           |                |       |       |         |
|--------------------------|-----------------|---------|-----------|----------------|-------|-------|---------|
| 1. J. Canales de Mendoza | RC MEDITERRANEO | 1:12.34 | 24983334  | <b>1:11.69</b> | +0,81 | 34.66 | 1:11.69 |
| 2. Frans van Enst        | WS Twente       | 1:18.23 | 194000011 | <b>1:17.00</b> | +1,02 | 35.87 | 1:17.00 |
| 3. Geza Kaltenecker      | AZC             | 1:26.24 | 194200065 | <b>1:23.26</b> | +1,08 | 39.13 | 1:23.26 |

Masters 75+

|                      |               |         |           |                  |       |         |         |
|----------------------|---------------|---------|-----------|------------------|-------|---------|---------|
| 1. Nico Geers        | Z&PC De Gouwe | 1:13.95 | 193800007 | <b>1:18.67</b>   | +0,98 | 38.20   | 1:18.67 |
| 2. Gregor Pompen     | Aqua-Novio'94 | 1:27.75 | 193700021 | <b>1:29.40</b>   | +1,12 | 42.68   | 1:29.40 |
| 3. Pieter Scharphorn | Neptunus      | 2:08.17 | 193800037 | <b>2:23.39</b> * | +1,32 | 1:00.28 | 2:23.39 |

Programmanr. 29, Heren, 100m vrije slag

Masters 85+

|                   |       |         |          |                |       |         |         |
|-------------------|-------|---------|----------|----------------|-------|---------|---------|
| 1. Vldas Vimbaras | Takas | 2:19.98 | 19270421 | <b>2:13.55</b> | +1,03 | 1:03.14 | 2:13.55 |
|-------------------|-------|---------|----------|----------------|-------|---------|---------|

Programmanr. 30  
25-01-2014 - 15:54

Dames, 50m vlinderslag

Masters Open  
Resultaten

| rang               | naam                  | vereniging           | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|-----------------------|----------------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |                       |                      |               |           |              |       |
| 1.                 | Lisa Dreesens         | PSV                  | 28.80         | 199105798 | <b>28.46</b> | +0,81 |
| 2.                 | Chantal Grove         | De Dolfijn           | 29.51         | 199401844 | <b>29.49</b> | +0,76 |
| 3.                 | Yvon Versteeg         | De Veene             | 30.26         | 199201864 | <b>30.08</b> | +0,81 |
| 4.                 | Linda van der Hout    | Piranha              | 30.13         | 199300344 | <b>30.85</b> | +0,72 |
| 5.                 | Karin Verbeek         | Nautilus             | 30.40         | 199201848 | <b>31.25</b> | +0,69 |
| 6.                 | Eva Engelen           | NDD                  | 30.65         | 199405514 | <b>31.35</b> | +0,70 |
| 7.                 | Janet van der Poel    | LZ 1886              | 31.16         | 199301842 | <b>31.72</b> | +0,72 |
| 8.                 | Isabelle Massar       | WVZ                  | 31.10         | 199102034 | <b>31.76</b> | +0,79 |
| 9.                 | Kim Wijnja            | De Biesboschzwemmers | 30.92         | 199107812 | <b>31.79</b> | +0,77 |
| 10.                | Anouk van der Pligt   | ZOB'66               | 31.21         | 199303296 | <b>32.01</b> | +0,62 |
| 11.                | Laura van den Berg    | Swol 1894            | 31.41         | 199100206 | <b>32.16</b> | +0,75 |
| 12.                | Sanne van der Stelt   | Den Doorn            | 33.42         | 199303562 | <b>33.21</b> | +0,93 |
| 13.                | Jen-Ai van Soelen     | Zuiderzeewimmers     | 29.92         | 199003510 | <b>33.98</b> | +0,72 |
| 14.                | Joyce Raemaekers      | Budel                | 34.66         | 199106106 | <b>34.59</b> | +0,80 |
| 15.                | Whitley Rens          | MGO (SG)             | 33.65         | 199007520 | <b>34.75</b> | +0,86 |
| 16.                | Selly Swieringa       | Aqualero             | 36.26         | 199008320 | <b>35.37</b> | +0,86 |
| 17.                | Mandy Verbakel        | ZPC Woerden          | 35.20         | 199003908 | <b>35.38</b> | +0,90 |
| 18.                | Esther Blekkink       | Schuurman BZC        | 36.83         | 199302988 | <b>36.26</b> | +0,83 |
| 19.                | Lisette van der Lende | WWV                  | 37.73         | 199204258 | <b>36.43</b> | +0,99 |
| 20.                | Claudia Creemers      | De Roersoppers       | 37.95         | 199202864 | <b>37.46</b> | +0,82 |
| 21.                | Naomi Habing          | De Grunte            | 36.28         | 199402742 | <b>37.57</b> | +0,77 |
| 22.                | Kelly Bockting        | Montferland          | 36.96         | 199104050 | <b>37.81</b> | +0,92 |
| 23.                | Elske Eikholt         | Merlet               | 36.46         | 199305032 | <b>38.57</b> | +0,89 |
| 24.                | Maaïke Hiemstra       | Aqualero             | 42.46         | 199008318 | <b>43.67</b> | +0,83 |

Masters 25+

|     |                          |                     |       |             |              |       |
|-----|--------------------------|---------------------|-------|-------------|--------------|-------|
| 1.  | Anique Willeme           | De Dinkel           | 30.42 | 198604106   | <b>30.33</b> | +0,79 |
| 2.  | Fanny Koenig             | CNSW                | 31.42 | CNSW/636/89 | <b>31.14</b> | +0,75 |
| 3.  | Sandra Zwaanswijk        | DAW                 | 31.01 | 198503934   | <b>32.44</b> | +0,76 |
| 4.  | Annelette de Vries       | WS Twente           | 32.31 | 198603908   | <b>32.50</b> | +0,72 |
| 5.  | Monique Jonker           | TriVia              | 32.52 | 198501472   | <b>32.62</b> | +0,88 |
| 6.  | Marieke van Dodeweerd    | RZC                 | 32.48 | 198600896   | <b>33.99</b> | +0,85 |
| 7.  | Lisette Prins            | WVZ                 | 34.06 | 198803522   | <b>34.07</b> | +0,84 |
| 8.  | Merel Siroen             | Merlet              | 34.81 | 198804006   | <b>34.21</b> | +0,81 |
| 9.  | Bianca Paape             | DAW                 | 34.53 | 198502262   | <b>34.73</b> | +0,85 |
| 10. | Maaïke van Diggele       | ZPB H&L Productions | 34.64 | 198700868   | <b>34.86</b> | +0,86 |
| 11. | Marlijn Mulders          | De Treffers         | 33.93 | 198803114   | <b>35.43</b> | +0,76 |
| 12. | Carola Hompes            | Budel               | 35.31 | 198801868   | <b>35.57</b> | +0,83 |
| 13. | Esther Steltenpohl       | DAW                 | 37.20 | 198504116   | <b>35.87</b> | +0,75 |
| 14. | Patricia Becks           | Z & PC Zegenwerp    | 35.21 | 198705946   | <b>36.24</b> | +0,86 |
| 15. | Liesbeth van Mill        | DWK                 | 35.60 | 198702786   | <b>36.27</b> | +0,91 |
| 16. | Gerlinde van de Wetering | Deltasteur          | 37.59 | 198904678   | <b>37.06</b> | +1,03 |
| 17. | Henriette de Vries       | WS Twente           | 40.10 | 198907460   | <b>38.42</b> | +1,01 |
| 18. | Channe Noort             | DAW                 | 37.20 | 198605032   | <b>38.75</b> | +0,81 |
| DIS | Monique Pronk            | WVZ                 | 33.72 | 198803528   |              | VE    |
| NG  | Chantal Nap              | HZ&PC Heerenveen    | 28.76 | 198903004   |              |       |

Programmanr. 30, Dames, 50m vlinderslag

Masters 30+

|    |                                  |                     |       |           |              |       |
|----|----------------------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Pauline Gouwens                  | DWK                 | 28.34 | 198400790 | <b>28.36</b> | +0,72 |
|    | <i>Nederlands Masters Record</i> |                     |       |           |              |       |
| 2. | Nadya Putter                     | ZVVS                | 31.72 | 198301630 | <b>31.55</b> | +0,71 |
| 3. | Esther Versteeg                  | Van Vliet-Barracuda | 31.56 | 198302112 | <b>32.34</b> | +0,87 |
| 4. | Monique Stant                    | Oceanus             | 32.49 | 198201592 | <b>33.71</b> | +0,96 |
| 5. | Patricia Strohm                  | De Dinkel           | 33.34 | 198102110 | <b>33.74</b> | +0,83 |
|    | Sandra Pannekeet                 | DAW                 | 32.84 | 198403458 | <b>33.74</b> | +0,73 |
| 7. | Miranda Pijnenburg               | De Treffers         | 32.56 | 198301216 | <b>33.75</b> | +0,92 |
| 8. | Marloes Rebel                    | WS Twente           | 45.51 | 198403474 | <b>45.85</b> | +0,99 |
| NG | Roos Lemmen                      | Eurode KZC          | 32.07 | 198403078 |              |       |

Masters 35+

|     |                                  |                         |       |             |              |       |
|-----|----------------------------------|-------------------------|-------|-------------|--------------|-------|
| 1.  | Elvira Jonkers                   | De Pinquin              | 31.63 | 197900420   | <b>30.55</b> | +0,78 |
|     | <i>Nederlands Masters Record</i> |                         |       |             |              |       |
| 2.  | Nathalie Blondeel                | CNSW                    | 31.58 | CNSW/012/77 | <b>31.38</b> | +0,73 |
| 3.  | Yvonne Janssen                   | RZC                     | 32.26 | 197600030   | <b>32.15</b> | +0,86 |
| 4.  | Inez Heideman                    | WS Twente               | 32.31 | 197500198   | <b>33.61</b> | +0,90 |
| 5.  | Diane Scholing                   | Het Ravijn              | 35.76 | 197701090   | <b>35.00</b> | +0,76 |
| 6.  | Mirjan den Drijver-Aarse         | Zwemvereniging Westland | 34.92 | 197500884   | <b>35.79</b> | +0,95 |
| 7.  | Babette Rens                     | Dedemsvaart-AC          | 35.36 | 197801200   | <b>36.00</b> | +0,74 |
| 8.  | Inge Otter                       | De Bevelanders          | 35.95 | 197801242   | <b>36.25</b> | +0,99 |
| 9.  | Karin van Dijk                   | H2Oldambt               | 36.40 | 197600806   | <b>36.30</b> | +0,85 |
| 10. | Kristel Lips                     | ZV De Bron              | 36.67 | 197900562   | <b>37.01</b> | +0,97 |
| 11. | Vivian van Kerkwijk              | RZ                      | 36.99 | 197500892   | <b>37.13</b> | +0,80 |
| 12. | Amy van Dijk                     | RZ                      | 43.76 | 197900170   | <b>42.28</b> | +1,06 |

Masters 40+

|    |                           |            |       |           |              |       |
|----|---------------------------|------------|-------|-----------|--------------|-------|
| 1. | Jeanne Petit              | Maxwell SC | 33.26 | 1112847   | <b>32.12</b> | +0,84 |
| 2. | Ilona Hogerheyde          | DAW        | 32.22 | 197400224 | <b>32.75</b> | +0,72 |
| 3. | Janet Tulen               | Swol 1894  | 37.00 | 197300626 | <b>35.35</b> | +0,81 |
| 4. | Henriëtte Manting         | GZVW       | 35.72 | 197100246 | <b>35.76</b> | +1,00 |
| 5. | Ursula Spoelstra-de Groot | WS Twente  | 44.13 | 197200952 | <b>44.65</b> | +0,99 |

Masters 45+

|    |                                  |                      |       |           |              |       |
|----|----------------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Lesley Cordial                   | Neptunus             | 31.15 | 196700684 | <b>31.13</b> | +0,81 |
|    | <i>Nederlands Masters Record</i> |                      |       |           |              |       |
| 2. | Christien Pieterse               | De Vrije Slag        | 31.49 | 196700538 | <b>31.56</b> | +0,75 |
| 3. | Marjo Goelema-Koek               | De Biesboschzwemmers | 33.62 | 196900192 | <b>33.90</b> | +0,84 |
| 4. | Rita van der Horst               | RZC                  | 34.62 | 196900260 | <b>35.49</b> | +0,92 |
| 5. | Caroline Schreuder               | Triton               | 35.60 | 196700550 | <b>36.40</b> | +0,85 |
| 6. | Sandra Hoofs-Buil                | Racing Club          | 37.56 | 196600678 | <b>38.62</b> | +0,90 |
| 7. | Miriam Leeten-Stevens            | Budel                | 42.75 | 196900988 | <b>43.46</b> | +1,18 |
| 8. | Jeanette Smits                   | Orca                 | 42.24 | 196600312 | <b>45.99</b> | +0,91 |

Masters 50+

|    |                         |                |       |           |              |       |
|----|-------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Marjan Remmits-De Lange | ZPC Woerden    | 33.11 | 196300518 | <b>32.74</b> | +0,78 |
| 2. | Anja Tijink             | De Dinkel      | 33.91 | 196400296 | <b>33.34</b> | +0,81 |
| 3. | Petra Tossings          | DAW            | 38.56 | 196100376 | <b>36.10</b> | +0,79 |
| 4. | Inge Wolfs              | PLONS          | 35.29 | 196000304 | <b>36.22</b> | +0,84 |
| 5. | Marijke Kraak-Beckers   | WS Twente      | 37.21 | 196000240 | <b>37.86</b> | +0,96 |
| 6. | Loreta Kabasinskiene    | Takas          | 41.12 | 19630410  | <b>42.95</b> | +1,07 |
| 7. | Lia Bijkerk             | WIDEX GZC DONK | 45.37 | 196000014 | <b>47.76</b> | +1,04 |

Programmanr. 30, Dames, 50m vlinderslag

Masters 55+

|    |                 |            |       |             |              |       |
|----|-----------------|------------|-------|-------------|--------------|-------|
| 1. | Mathilde Vink   | Swol 1894  | 34.27 | 195800128   | <b>35.55</b> | +0,89 |
| 2. | Claire Anthony  | CNSW       | 35.26 | CNSW/487/57 | <b>35.82</b> | +0,91 |
| 3. | Janny van Eijk  | ZV De Bron | 39.21 | 195800022   | <b>41.12</b> | +1,02 |
| 4. | Hannie Poletiek | TriVia     | 44.11 | 195900278   | <b>44.87</b> | +1,19 |

Masters 60+

|    |                       |           |       |             |              |       |
|----|-----------------------|-----------|-------|-------------|--------------|-------|
| 1. | Christien Nieuwenhuis | Swol 1894 | 35.65 | 195100022   | <b>36.93</b> | +0,84 |
| 2. | Patty Krupiarz        | PSV       | 42.61 | 195400074   | <b>41.50</b> | +0,80 |
| 3. | Fernande Blondeel     | CNSW      | 47.90 | CNSW/011/52 | <b>49.01</b> | +0,86 |

Masters 65+

|    |                 |                |         |           |                  |       |
|----|-----------------|----------------|---------|-----------|------------------|-------|
| 1. | Annet Verhoeven | De Duinkickers | 1:11.68 | 194600024 | <b>1:11.45 *</b> | +1,03 |
|----|-----------------|----------------|---------|-----------|------------------|-------|

Masters 70+

|    |           |            |         |           |                |       |
|----|-----------|------------|---------|-----------|----------------|-------|
| 1. | Leny Kamp | Aquapoldro | 1:16.76 | 194400008 | <b>1:16.89</b> | +1,19 |
|----|-----------|------------|---------|-----------|----------------|-------|

Programmanr. 31  
25-01-2014 - 16:07

Heren, 50m vlinderslag

Masters Open  
Resultaten

| rang               | naam                      | vereniging       | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|---------------------------|------------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |                           |                  |               |           |              |       |
| 1.                 | Emile Manni               | Octopus          | 25.89         | 199001901 | <b>25.71</b> | +0,66 |
| 2.                 | Stefan Timmermans         | RZC              | 26.40         | 199403015 | <b>25.90</b> | +0,76 |
| 3.                 | Mark Costeris             | WVZ              | 25.69         | 199202327 | <b>26.29</b> | +0,70 |
| 4.                 | Lars Sieval               | LZ 1886          | 26.34         | 199300723 | <b>26.63</b> | +0,75 |
| 5.                 | Menno Manning             | De Veene         | 26.30         | 199300333 | <b>26.86</b> | +0,70 |
| 6.                 | Thomas Hansen             | LZ 1886          | 27.60         | 199204327 | <b>27.30</b> | +0,67 |
| 7.                 | Mike Schel                | ESCA Zwemmen     | 26.89         | 199403279 | <b>27.41</b> | +0,82 |
| 8.                 | Joost Rijntjes            | LZ 1886          | 26.89         | 199101899 | <b>27.71</b> | +0,77 |
| 9.                 | Dennis Hoogstraten        | De Veene         | 28.54         | 199303731 | <b>27.84</b> | +0,76 |
| 10.                | Erwin Sneek               | De Futen         | 28.66         | 199102153 | <b>28.88</b> | +0,82 |
| 11.                | Jelte Schuurmans          | Merlet           | 28.50         | 199104841 | <b>28.90</b> | +0,86 |
| 12.                | Ruben Stolk               | ZOB'66           | 28.32         | 199005665 | <b>29.18</b> | +0,78 |
| 13.                | Roel van der Kleij        | Z & PC Zegenwerp | 28.74         | 199001571 | <b>30.21</b> | +0,67 |
| 14.                | Mark Huijsman             | De Lansingh      | 29.85         | 199001305 | <b>31.14</b> | +0,78 |
| 15.                | Mark Arendshorst          | De Veene         | 30.58         | 199400303 | <b>31.26</b> | +0,77 |
| 16.                | Coen van der Wekken       | MGO (SG)         | 31.26         | 199202965 | <b>31.62</b> | +0,72 |
| 17.                | Sven van Zanten           | De Duinkickers   | 29.80         | 199003405 | <b>31.66</b> | +0,78 |
| 18.                | Mark Pijtak               | AZ&PC            | 30.78         | 199002287 | <b>31.91</b> | +0,85 |
| 19.                | Eric Kalee                | De Amer          | 32.77         | 199005307 | <b>32.05</b> | +0,94 |
| 20.                | Kevin Dieker              | Montferland      | 31.10         | 199100461 | <b>32.28</b> | +0,87 |
| 21.                | Guus Verhoeven            | Z & PC Zegenwerp | 32.13         | 199104629 | <b>32.46</b> | +0,79 |
| 22.                | Bas Zierikzee             | LZ 1886          | 31.05         | 199204321 | <b>32.80</b> | +0,76 |
| 23.                | Yorick Kreuwel            | De Veene         | 33.59         | 199402225 | <b>33.60</b> | +0,81 |
| 24.                | Daniel van den Wildenberg | Eurode KZC       | 34.10         | 199206491 | <b>34.76</b> | +0,73 |
| 25.                | Michael Schlijper         | Eurode KZC       | 34.80         | 199303691 | <b>34.84</b> | +0,84 |
| 26.                | Daniel Rosenkranz         | Montferland      | 36.00         | 199107601 | <b>36.88</b> | +0,88 |
| NG.ZA              | Bern Hoeven               | Z & PC Zegenwerp | 28.37         | 199301773 |              |       |

Programmanr. 31, Heren, 50m vlinderslag

Masters 25+

|     |                                  |                |       |           |              |       |
|-----|----------------------------------|----------------|-------|-----------|--------------|-------|
| 1.  | Filipp Müller                    | Piranha        | 25.26 | 198604633 | <b>25.08</b> | +0,71 |
|     | <i>Nederlands Masters Record</i> |                |       |           |              |       |
| 2.  | Merijn Ellenkamp                 | DWK            | 26.42 | 198500691 | <b>26.59</b> | +0,73 |
| 3.  | Roderik Meijers                  | ZOB'66         | 27.46 | 198602063 | <b>27.21</b> | +0,71 |
| 4.  | Raynor Wolf                      | RZC            | 27.32 | 198903663 | <b>27.27</b> | +0,81 |
| 5.  | Bastian Zoon                     | MGO (SG)       | 28.11 | 198703929 | <b>27.78</b> | +0,68 |
| 6.  | Rick Driezen                     | Steenwijk 1934 | 27.73 | 198600713 | <b>28.46</b> | +0,86 |
| 7.  | Klaas van Beek                   | ZV Haerlem     | 29.75 | 198805941 | <b>28.78</b> | +0,70 |
| 8.  | Niels van Beurden                | ZPC Woerden    | 31.62 | 198805669 | <b>29.06</b> | +0,84 |
| 9.  | Jauke Hamstra                    | Deltasteur     | 28.92 | 198601089 | <b>29.26</b> | +0,83 |
| 10. | Boy Heijnekamp                   | LZ 1886        | 30.01 | 198901161 | <b>29.82</b> | +0,71 |
| 11. | Joppe Schuurmans                 | Merlet         | 28.20 | 198905447 | <b>30.23</b> | +0,73 |
| 12. | Ronald Vullings                  | Merlet         | 28.73 | 198703655 | <b>30.43</b> | +0,84 |
|     | Wesley van Diejen                | PSV            | 30.02 | 198604551 | <b>30.43</b> | +0,78 |
| 14. | Martijn van Hoorn                | MGO (SG)       | 29.82 | 198901343 | <b>30.91</b> | +0,80 |
| 15. | Mark Effing                      | Merlet         | 29.96 | 198600761 | <b>31.11</b> | +0,79 |
| 16. | Patrick de Jonge                 | ZPC Woerden    | 32.21 | 198906635 | <b>32.44</b> | +0,80 |
| 17. | Jan-Eisse de Haan                | ZVZ            | 32.57 | 198701189 | <b>33.12</b> | +0,92 |
| 18. | Robin Eggenkamp                  | De Duinkickers | 34.66 | 198700847 | <b>34.58</b> | +0,88 |

Masters 30+

|     |                   |                      |       |           |              |       |
|-----|-------------------|----------------------|-------|-----------|--------------|-------|
| 1.  | Lauren Vis        | Steenwijk 1934       | 26.70 | 198201883 | <b>26.51</b> | +0,72 |
| 2.  | John Meijdam      | DAW                  | 30.77 | 198301439 | <b>28.99</b> | +0,79 |
| 3.  | Gerwin Vonk       | De Spatters          | 29.07 | 198201907 | <b>29.02</b> | +0,71 |
| 4.  | Erik Drewes       | De Biesboschzwemmers | 29.01 | 198400543 | <b>29.10</b> | +0,77 |
| 5.  | Ferry Blangé      | ZOB'66               | 30.41 | 198300185 | <b>29.31</b> | +0,84 |
| 6.  | Mathijs Lenos     | HPC                  | 32.02 | 198401407 | <b>30.87</b> | +0,93 |
| 7.  | Tim Meijer        | Montferland          | 32.45 | 198102481 | <b>31.96</b> | +0,85 |
| 8.  | Sebastiaan Baars  | WS Twente            | 33.42 | 198300053 | <b>33.81</b> | +0,94 |
| 9.  | Tjerk Peijnenborg | ZV Haerlem           | 34.14 | 198201329 | <b>34.38</b> | +0,96 |
| 10. | Paul Rutten       | ESCA Zwemmen         | 35.61 | 198001293 | <b>38.47</b> | +0,84 |

Masters 35+

|       |                           |                     |       |           |              |       |
|-------|---------------------------|---------------------|-------|-----------|--------------|-------|
| 1.    | Jeroen Zelsmann           | AZ&PC               | 27.82 | 197701551 | <b>28.16</b> | +0,76 |
| 2.    | Kars Luttk                | DAW                 | 29.10 | 197800675 | <b>29.25</b> | +0,77 |
| 3.    | Markus van Rest           | Zoetermeer          | 29.48 | 197701197 | <b>29.37</b> | +0,80 |
| 4.    | Mark Zwart                | Zwemlust-den Hommel | 29.60 | 197901461 | <b>29.62</b> | +0,85 |
| 5.    | Bas Spoelstra             | De Futen            | 29.89 | 197701573 | <b>29.76</b> | +0,65 |
| 6.    | Alex Damen                | DAW                 | 29.21 | 197501371 | <b>29.82</b> | +0,74 |
| 7.    | Michael Go                | AZC                 | 31.27 | 197501397 | <b>31.45</b> | +0,81 |
| 8.    | Ivo Verdonchot            | Budel               | 34.99 | 197500903 | <b>33.30</b> | +0,81 |
| 9.    | Johan Wezenberg           | Deltasteur          | 32.71 | 197601023 | <b>33.59</b> | +0,99 |
| 10.   | Arnold Kiburg             | Steenwijk 1934      | 38.26 | 197501423 | <b>37.71</b> | +0,79 |
| DIS   | Marcel van Walt van Praag | Gay Swim Amsterdam  | 39.51 | 197501425 |              | VI    |
| NG.ZA | Niels Buiten              | ZCNF'34             | 34.89 | 197701553 |              |       |

Masters 40+

|     |                          |                      |       |           |              |       |
|-----|--------------------------|----------------------|-------|-----------|--------------|-------|
| 1.  | Harry Cornet             | De Biesboschzwemmers | 27.70 | 197100175 | <b>27.90</b> | +0,79 |
| 2.  | Heiner Stevens           | Zignea               | 29.56 | 197201299 | <b>29.55</b> | +0,77 |
| 3.  | Marco van den Wildenberg | Van Vliet-Barracuda  | 28.87 | 197300991 | <b>29.71</b> | +0,84 |
| 4.  | Machiel Stolk            | Swol 1894            | 29.50 | 197400779 | <b>30.08</b> | +0,96 |
| 5.  | Paul Hardeman            | AZ&PC                | 31.30 | 197300327 | <b>31.65</b> | +0,85 |
| 6.  | Marco de Bat             | De Schelde           | 31.28 | 197101467 | <b>31.94</b> | +0,80 |
| 7.  | Albert Roosenboom        | Budel                | 33.87 | 197101599 | <b>35.05</b> | +1,01 |
| 8.  | Arnoud van Royen         | TriVia               | 35.42 | 197201515 | <b>35.60</b> | +0,85 |
| 9.  | Gertjan van de Bosch     | IJZPC                | 37.38 | 197001615 | <b>37.91</b> | +0,94 |
| 10. | Bas van Gool             | De Geul              | 36.39 | 197201435 | <b>38.92</b> | +0,84 |

Programmanr. 31, Heren, 50m vlinderslag

Masters 45+

|     |                     |                |       |             |              |       |
|-----|---------------------|----------------|-------|-------------|--------------|-------|
| 1.  | Glen le Clercq      | De Rog         | 29.45 | 196800177   | <b>29.29</b> | +0,76 |
| 2.  | Geert Wijn          | De Gelenberg   | 29.54 | 196701101   | <b>29.81</b> | +0,74 |
| 3.  | Marcel Molendijk    | De Vrije Slag  | 30.82 | 196501117   | <b>30.16</b> | +0,78 |
| 4.  | Paul Jurcka         | WS Twente      | 29.64 | 196901599   | <b>30.19</b> | +0,83 |
|     | Arvydas Burinskas   | Takas          | 29.84 | 19690822    | <b>30.19</b> | +0,79 |
| 6.  | Marcel Jonkman      | Aqualero       | 31.07 | 196801389   | <b>30.59</b> | +0,75 |
| 7.  | Fred Heemstra       | DAW            | 29.79 | 196500357   | <b>31.60</b> | +0,86 |
| 8.  | Konstantin Sklyar   | TG Lage 1862   | 31.36 | 321129      | <b>31.85</b> | +0,88 |
| 9.  | Frank v Nobelen     | Sassenheim     | 32.20 | 196900753   | <b>31.92</b> | +0,88 |
| 10. | Erik Saan           | De Duck        | 31.26 | 196500769   | <b>32.18</b> | +0,92 |
| 11. | Sander van den Berg | WS Twente      | 31.74 | 196801357   | <b>32.19</b> | +0,83 |
| 12. | Bert de Weerd       | RZC            | 33.73 | 196701283   | <b>32.32</b> | +0,81 |
| 13. | Danny Zulver        | ZVVS           | 32.84 | 196701617   | <b>33.03</b> | +0,80 |
| 14. | Eric de Haas        | De Treffers    | 32.57 | 196501275   | <b>33.40</b> | +0,94 |
| 15. | Hans Schoenmakers   | DAW            | 32.54 | 196900863   | <b>33.74</b> | +0,91 |
| 16. | Gerco Schakel       | DWK            | 32.60 | 196900849   | <b>33.83</b> | +0,88 |
| 17. | Erik Zoethout       | Aqualero       | 33.54 | 196901157   | <b>34.32</b> | +0,91 |
| 18. | Marcel Brittijn     | De Duinkikkers | 33.59 | 196900159   | <b>34.35</b> | +0,70 |
| 19. | Peter Schielen      | De Fuut        | 39.15 | 196501531   | <b>39.33</b> | +0,75 |
| 20. | Ramon Alsina Munoz  | CNSW           | 41.88 | CNSW/608/69 | <b>41.51</b> | +0,87 |
| DIS | Sander Nieuwenhuys  | De Fuut        | 36.36 | 196801423   |              | AA    |
| NG  | Harald Mulder       | Zoetermeer     | 35.60 | 196701459   |              |       |

Masters 50+

|     |                     |                |       |           |              |       |
|-----|---------------------|----------------|-------|-----------|--------------|-------|
| 1.  | Johan Remmits       | ZPC Woerden    | 29.00 | 196201159 | <b>28.82</b> | +0,77 |
| 2.  | Wijam Nijenhuis     | De IJssel      | 30.41 | 196400547 | <b>30.79</b> | +0,83 |
| 3.  | Hans Vloedgraven    | Old Dutch      | 31.90 | 196400917 | <b>30.95</b> | +0,85 |
| 4.  | Sergey Meskin       | Spartak        | 31.97 | 101449    | <b>31.82</b> | +0,79 |
| 5.  | Walter Slijkerman   | De Spatters    | 32.72 | 196401179 | <b>32.13</b> | +0,80 |
| 6.  | Jan Wierenga        | De Aalscholver | 32.55 | 196400843 | <b>32.30</b> | +0,84 |
| 7.  | Gustav van den Berg | TriVia         | 33.05 | 196100991 | <b>33.02</b> | +0,89 |
| 8.  | Wilbert Barten      | Nautilus       | 34.30 | 196401373 | <b>33.78</b> | +0,89 |
| 9.  | Ronald van Vliet    | De Aalscholver | 34.18 | 196300997 | <b>34.54</b> | +0,85 |
| 10. | Robert de Brauwier  | De Duinkikkers | 32.08 | 196401383 | <b>34.68</b> | +1,02 |
| 11. | Roy le Clercq       | De Rog         | 34.78 | 196401041 | <b>35.57</b> | +0,99 |
| 12. | Bob Nieuwenhuys     | De Fuut        | 37.45 | 196201227 | <b>37.74</b> | +0,82 |
| 13. | John Tersteeg       | De Fuut        | 43.23 | 196001039 | <b>42.00</b> | +0,99 |

Masters 55+

|     |                 |                     |       |           |              |       |
|-----|-----------------|---------------------|-------|-----------|--------------|-------|
| 1.  | Marten de Groot | HZ&PC Heerenveen    | 30.51 | 195800149 | <b>30.20</b> | +0,81 |
| 2.  | Walter Rolloos  | Van Vliet-Barracuda | 34.39 | 195900387 | <b>33.44</b> | +1,04 |
| 3.  | Henk Slomp      | De Pinquin          | 32.95 | 195500359 | <b>33.53</b> | +0,86 |
| 4.  | Johan Wouda     | Neptunus            | 34.60 | 195500395 | <b>35.89</b> | +1,02 |
| 5.  | Jaap de Boer    | De Duinkikkers      | 36.22 | 195800691 | <b>36.99</b> | +0,77 |
| 6.  | Joop van Dijk   | Deltasteur          | 38.92 | 195700075 | <b>39.04</b> | +1,05 |
| 7.  | Peter Coffeng   | WIDEX GZC DONK      | 39.36 | 195700063 | <b>47.57</b> | +0,94 |
| DIS | Gerrit Rijkens  | Zwemclub Polaris    | 36.78 | 195800549 |              | AA    |

Masters 60+

|    |              |                |       |           |              |       |
|----|--------------|----------------|-------|-----------|--------------|-------|
| 1. | Charles Bos  | De Roersoppers | 33.39 | 195300019 | <b>32.37</b> | +0,86 |
| 2. | Fred Zanting | TriVia         | 33.81 | 195400323 | <b>34.12</b> | +1,03 |
| 3. | Ruud Ruiter  | WWV            | 34.78 | 195300169 | <b>34.21</b> | +0,93 |

Masters 65+

|    |                                  |     |       |           |              |       |
|----|----------------------------------|-----|-------|-----------|--------------|-------|
| 1. | Ale van der Veen                 | HPC | 32.84 | 194900159 | <b>31.75</b> | +0,76 |
|    | <i>Nederlands Masters Record</i> |     |       |           |              |       |
| 2. | Jaap Kwakkel                     | DAW | 36.77 | 194700157 | <b>41.87</b> | +0,96 |

Programmanr. 31, Heren, 50m vlinderslag

Masters 70+

|    |                                |           |       |          |              |       |
|----|--------------------------------|-----------|-------|----------|--------------|-------|
| 1. | Josep Claret                   | Club Nagi | 31.03 | 39276092 | <b>31.77</b> | +0,84 |
|    | <i>Europees Masters Record</i> |           |       |          |              |       |

Masters 75+

|    |                    |       |       |          |              |       |
|----|--------------------|-------|-------|----------|--------------|-------|
| 1. | Pavelas Bezzubovas | Takas | 41.80 | 19390108 | <b>42.23</b> | +1,10 |
|    | <i>LMR</i>         |       |       |          |              |       |

Programmanr. 32  
25-01-2014 - 16:24

Dames, 100m rugslag

Masters Open  
Resultaten

| rang naam          | vereniging              | inschrijftijd           | tijd              | RT             | 50m   | 100m    |
|--------------------|-------------------------|-------------------------|-------------------|----------------|-------|---------|
| <b>Masters 20+</b> |                         |                         |                   |                |       |         |
| 1.                 | Silke Oude Weernink     | De Dinkel               | 1:04.39 199002854 | <b>1:05.84</b> | 32.07 | 1:05.84 |
| 2.                 | Chantal Grove           | De Dolfijn              | 1:05.26 199401844 | <b>1:05.93</b> | 32.61 | 1:05.93 |
| 3.                 | Sharon Gelmers          | Octopus                 | 1:05.14 199400416 | <b>1:07.28</b> | 32.20 | 1:07.28 |
| 4.                 | Désirée Emmen           | De Warande              | 1:08.16 199204862 | <b>1:08.58</b> | 33.29 | 1:08.58 |
| 5.                 | Sigrid Dogger           | De Zwoer                | 1:10.58 199200452 | <b>1:10.19</b> | 34.41 | 1:10.19 |
| 6.                 | Manon van Strien        | WVZ                     | 1:08.56 199400770 | <b>1:10.29</b> | 33.60 | 1:10.29 |
|                    | Iris Pijtak             | AZ&PC                   | 1:09.20 199300602 | <b>1:10.29</b> | 34.32 | 1:10.29 |
| 8.                 | Marloes Erkens          | DWK                     | 1:08.93 199300234 | <b>1:10.75</b> | 34.57 | 1:10.75 |
| 9.                 | Suzanne Mosch           | MSV-Zeemacht            | 1:09.28 199400548 | <b>1:10.96</b> | 34.22 | 1:10.96 |
| 10.                | Simone de Boer          | LZ 1886                 | 1:13.40 199306858 | <b>1:12.74</b> | 35.78 | 1:12.74 |
| 11.                | Chantal Meyerink        | De Grunte               | 1:17.37 199105212 | <b>1:13.33</b> | 35.87 | 1:13.33 |
| 12.                | Linda Dehing            | RZ                      | 1:19.32 199400022 | <b>1:14.97</b> | 37.08 | 1:14.97 |
| 13.                | Kimberley Kranenberg    | ZPC De Hof              | 1:12.64 199400292 | <b>1:15.13</b> | 36.11 | 1:15.13 |
| 14.                | Kim Wijnja              | De Biesboschzwemmers    | 1:16.68 199107812 | <b>1:15.21</b> | 36.33 | 1:15.21 |
| 15.                | Tessa Mosch             | MSV-Zeemacht            | 1:13.06 199102172 | <b>1:15.64</b> | 37.08 | 1:15.64 |
| 16.                | Ilse Noorlander         | d'ELFT WAVE (SG)        | 1:15.28 199307810 | <b>1:16.26</b> | 37.25 | 1:16.26 |
| 17.                | Larissa Beernink        | De Veene                | 1:19.26 199300050 | <b>1:17.22</b> | 36.87 | 1:17.22 |
| 18.                | Getrude Corporaal       | ZVZ                     | 1:16.48 199200380 | <b>1:17.53</b> | 37.54 | 1:17.53 |
| 19.                | Linda van den Berg      | Dedemsvaart-AC          | 1:20.48 199000230 | <b>1:18.94</b> | 39.00 | 1:18.94 |
| 20.                | Jacoline van den Beukel | Zwemvereniging Westland | 1:20.81 199100238 | <b>1:18.95</b> | 38.33 | 1:18.95 |
| 21.                | Lindsey Hol             | De Meer                 | 1:16.95 199008088 | <b>1:20.52</b> | 40.04 | 1:20.52 |
| 22.                | Marloes Benjamins       | Aqualero                | 1:21.03 199105110 | <b>1:21.01</b> | 40.34 | 1:21.01 |
| 23.                | Eline Schoenmaker       | Zwemlust-den Hommel     | 1:17.17 199003322 | <b>1:21.15</b> | 39.47 | 1:21.15 |
| 24.                | Heleen Ten Have         | De Pinquin              | 1:19.28 199403000 | <b>1:22.39</b> | 39.66 | 1:22.39 |
| 25.                | Ramona Noordermeer      | ZVVS                    | 1:22.71 199401746 | <b>1:23.01</b> | 40.81 | 1:23.01 |
| 26.                | Jen-Ai van Soelen       | Zuiderzeezwemmers       | 1:09.59 199003510 | <b>1:23.05</b> | 38.68 | 1:23.05 |
| 27.                | Pauline Magnée          | De Warande              | 1:23.70 199205434 | <b>1:26.03</b> | 41.73 | 1:26.03 |
| 28.                | Jannica Lieste          | Deltasteur              | 1:28.79 199008348 | <b>1:30.00</b> | 43.67 | 1:30.00 |

Masters 25+

|     |                          |                     |                   |                |       |         |
|-----|--------------------------|---------------------|-------------------|----------------|-------|---------|
| 1.  | Charlotte Groeneveld     | Zwemlust-den Hommel | 1:08.98 198701404 | <b>1:07.77</b> | 32.32 | 1:07.77 |
| 2.  | Samantha van Eijk        | De Geul             | 1:10.60 198806826 | <b>1:09.75</b> | 34.40 | 1:09.75 |
| 3.  | Monique Jonker           | TriVia              | 1:13.51 198501472 | <b>1:12.86</b> | 35.35 | 1:12.86 |
| 4.  | Anna Boef                | LZ 1886             | 1:13.59 198806288 | <b>1:13.66</b> | 36.02 | 1:13.66 |
| 5.  | Sabine Lina              | ZPC Woerden         | 1:09.02 198902680 | <b>1:13.68</b> | 36.38 | 1:13.68 |
| 6.  | Wieteke Elzinga          | DAW                 | 1:12.73 198601038 | <b>1:15.80</b> | 37.31 | 1:15.80 |
| 7.  | Esther van Maastricht    | Montferland         | 1:12.59 198802836 | <b>1:15.83</b> | 37.64 | 1:15.83 |
| 8.  | Marije Jansen            | Montferland         | 1:14.90 198504088 | <b>1:16.02</b> | 36.68 | 1:16.02 |
| 9.  | Marije van Manen         | AZ&PC               | 1:19.79 198602386 | <b>1:16.96</b> | 37.91 | 1:16.96 |
| 10. | Gerlinde van de Wetering | Deltasteur          | 1:20.69 198904678 | <b>1:20.57</b> | 39.68 | 1:20.57 |
| 11. | Maaïke van Diggele       | ZPB H&L Productions | 1:22.11 198700868 | <b>1:22.91</b> | 40.80 | 1:22.91 |
| 12. | Diana Lammers            | De Veene            | 1:20.58 198902572 | <b>1:23.87</b> | 40.50 | 1:23.87 |
| 13. | Relinda Baas             | GZVW                | 1:22.69 198900144 | <b>1:24.97</b> | 41.76 | 1:24.97 |
| 14. | Annebeth van Ark         | Octopus             | 1:32.83 198805588 | <b>1:27.31</b> | 43.64 | 1:27.31 |
| 15. | Yvette Nota-Peters       | De Spatters         | 1:14.36 198703158 | <b>1:29.63</b> | 43.17 | 1:29.63 |

Programmanr. 32, Dames, 100m rugslag, Masters 25+

| rang naam         | vereniging           | inschrijftijd     | tijd           | RT | 50m   | 100m    |
|-------------------|----------------------|-------------------|----------------|----|-------|---------|
| 16. Dian van Pelt | De Biesboschzwemmers | 1:30.91 198502296 | <b>1:31.22</b> |    | 43.65 | 1:31.22 |

Masters 30+

|                      |                |                   |                  |  |       |         |
|----------------------|----------------|-------------------|------------------|--|-------|---------|
| 1. Roos van Esch     | TRB-RES        | 1:09.60 198200468 | <b>1:13.57</b>   |  | 35.99 | 1:13.57 |
| 2. Franca Willeme    | De Dinkel      | 1:14.30 198402760 | <b>1:14.49</b>   |  | 36.19 | 1:14.49 |
| 3. Emmy Slabbers     | De Roersoppers | 1:20.64 198101386 | <b>1:19.51</b>   |  | 37.50 | 1:19.51 |
| 4. Pauline Tieleman  | De Geul        | 1:18.57 198403348 | <b>1:20.29</b>   |  | 39.13 | 1:20.29 |
| 5. Mirjam Minderhoud | Zignea         | 1:33.70 198301398 | <b>1:32.47</b> * |  | 44.16 | 1:32.47 |

Masters 35+

|                             |                         |                   |                  |  |       |         |
|-----------------------------|-------------------------|-------------------|------------------|--|-------|---------|
| 1. Melanie Kuiper           | Zignea                  | 1:17.33 197600350 | <b>1:15.20</b>   |  | 36.91 | 1:15.20 |
| 2. Petra Verstegen          | WVZ                     | 1:18.32 197700906 | <b>1:20.17</b>   |  | 38.71 | 1:20.17 |
| 3. Heleen Spelde - Fransens | THOR                    | 1:22.32 197901358 | <b>1:21.56</b>   |  | 38.77 | 1:21.56 |
| 4. Carmen Haan              | De Spatters             | 1:20.92 197901458 | <b>1:22.17</b> * |  | 39.96 | 1:22.17 |
| 5. Diane Scholing           | Het Ravijn              | 1:20.60 197701090 | <b>1:22.23</b>   |  | 40.44 | 1:22.23 |
| 6. Mirjan den Drijver-Aarse | Zwemvereniging Westland | 1:22.15 197500884 | <b>1:22.51</b>   |  | 41.22 | 1:22.51 |
| 7. Jule Verschoor-Holland   | RZC                     | 1:27.51 197500874 | <b>1:28.13</b>   |  | 43.27 | 1:28.13 |
| 8. Fabiola Bosman           | Deltasteur              | 1:31.49 197701148 | <b>1:31.37</b>   |  | 44.14 | 1:31.37 |
| 9. Clementine van Bruxvoort | ZPB H&L Productions     | 1:35.20 197700138 | <b>1:39.19</b>   |  | 48.78 | 1:39.19 |

Masters 40+

|                             |            |                   |                  |  |       |         |
|-----------------------------|------------|-------------------|------------------|--|-------|---------|
| 1. Edith Janssen-Koolen     | TRB-RES    | 1:14.75 197300898 | <b>1:15.59</b>   |  | 37.24 | 1:15.59 |
| 2. Henriëtte Manting        | GZVW       | 1:23.13 197100246 | <b>1:26.36</b>   |  | 42.57 | 1:26.36 |
| 3. Lidia v. Bon-Rosenbrand  | AZ&PC      | 1:18.09 197000054 | <b>1:27.85</b>   |  | 41.19 | 1:27.85 |
| 4. Ageeth Boomsma           | Orca       | 1:26.24 197000826 | <b>1:28.10</b>   |  | 42.72 | 1:28.10 |
| 5. Daniëlle Hoeksel-Verveen | ZVVS       | 1:35.21 197300724 | <b>1:29.37</b>   |  | 43.63 | 1:29.37 |
| 6. Claudia Broeke           | De Fuut    | 1:31.54 197300058 | <b>1:29.62</b>   |  | 45.25 | 1:29.62 |
| 7. Claudia Sutin            | De Schelde | 1:35.25 197200908 | <b>1:34.61</b>   |  | 46.14 | 1:34.61 |
| 8. Rinette van der Vliet    | Swol 1894  | 1:35.00 197300518 | <b>1:35.20</b>   |  | 45.96 | 1:35.20 |
| 9. Marleen Prins            | De Fuut    | 2:00.71 197300864 | <b>1:51.25</b> * |  | 55.92 | 1:51.25 |

Masters 45+

|                                  |            |                   |                |  |       |         |
|----------------------------------|------------|-------------------|----------------|--|-------|---------|
| 1. Lesley Cordial                | Neptunus   | 1:15.23 196700684 | <b>1:15.77</b> |  | 36.91 | 1:15.77 |
| <i>Nederlands Masters Record</i> |            |                   |                |  |       |         |
| 2. Heidi van Stein               | LZ 1886    | 1:16.63 196900864 | <b>1:16.86</b> |  | 37.27 | 1:16.86 |
| 3. Paulina van der Zouw          | De Dolfijn | 1:18.68 196900972 | <b>1:19.81</b> |  | 39.52 | 1:19.81 |
| 4. Jantine Braakman              | ZV De Bron | 1:22.64 196500036 | <b>1:22.12</b> |  | 40.40 | 1:22.12 |
| 5. E. van Wingerden - Dijkhuizen | DWK        | 1:24.07 196900970 | <b>1:23.91</b> |  | 41.27 | 1:23.91 |
| 6. Caroline Schreuder            | Triton     | 1:21.58 196700550 | <b>1:24.22</b> |  | 41.21 | 1:24.22 |
| 7. Natalya Pertceva              | Spartak    | 1:24.84 030021    | <b>1:25.51</b> |  | 41.62 | 1:25.51 |
| 8. Wendy Knoops                  | RZ         | 1:23.39 196800720 | <b>1:25.73</b> |  | 42.25 | 1:25.73 |
| 9. Christi Holweg-Brummelhuis    | Swol 1894  | 1:26.28 196500468 | <b>1:27.66</b> |  | 42.42 | 1:27.66 |
| 10. Iris van Aurich              | DWK        | 1:27.56 196900866 | <b>1:28.22</b> |  | 42.62 | 1:28.22 |
| 11. Marion van Gerwen            | RZ         | 1:39.00 196500566 | <b>1:29.83</b> |  | 43.63 | 1:29.83 |

Masters 50+

|                                  |                  |                   |                  |  |       |         |
|----------------------------------|------------------|-------------------|------------------|--|-------|---------|
| 1. Judith Cromjongh              | De Zwoer         | 1:16.56 196400054 | <b>1:16.38</b>   |  | 37.60 | 1:16.38 |
| <i>Nederlands Masters Record</i> |                  |                   |                  |  |       |         |
| 2. Martine Bouw                  | DWK              | 1:16.39 196100368 | <b>1:20.19</b>   |  | 38.76 | 1:20.19 |
| 3. Wilna Heijman                 | 't Tolhekke      | 1:19.34 196400506 | <b>1:20.28</b>   |  | 39.88 | 1:20.28 |
| 4. Margriet Grove-Lingeman       | Oceanus          | 1:20.82 196200080 | <b>1:22.88</b>   |  | 39.93 | 1:22.88 |
| 5. Jacqueline Rolloos-Bakker     | De Lansingh      | 1:21.63 196300222 | <b>1:24.46</b> * |  | 41.35 | 1:24.46 |
| 6. Annemarie Vuist               | Swol 1894        | 1:26.36 196300282 | <b>1:26.24</b>   |  | 42.90 | 1:26.24 |
| 7. Ramune Ivanauskaite           | Takas            | 1:27.10 19641018  | <b>1:27.11</b>   |  | 42.87 | 1:27.11 |
| 8. Monique Munnik                | AZC              | 1:29.74 196200328 | <b>1:29.19</b>   |  | 43.55 | 1:29.19 |
| 9. Marie-Josee Matte             | WVZ              | 1:32.31 196000326 | <b>1:33.40</b>   |  | 43.49 | 1:33.40 |
| 10. Pia van der Molen            | HZ&PC Heerenveen | 1:26.86 196000116 | <b>1:33.67</b>   |  | 45.67 | 1:33.67 |
| 11. Jennie Resink-lindeboom      | DWK              | 1:37.30 196000142 | <b>1:38.63</b>   |  | 48.45 | 1:38.63 |

Programmanr. 32, Dames, 100m rugslag, Masters 50+

| rang naam       | vereniging | inschrijftijd     | tijd           | RT | 50m   | 100m    |
|-----------------|------------|-------------------|----------------|----|-------|---------|
| 12. Ellen Parma | Triton     | 1:30.95 196200366 | <b>1:40.26</b> |    | 47.76 | 1:40.26 |

Masters 55+

|                         |                    |                   |                |  |         |         |
|-------------------------|--------------------|-------------------|----------------|--|---------|---------|
| 1. Atie Pijtak-Radersma | AZ&PC              | 1:25.45 195600048 | <b>1:22.52</b> |  | 40.92   | 1:22.52 |
| 2. Simonet Schroot      | Gay Swim Amsterdam | 2:04.37 195800108 | <b>2:11.81</b> |  | 1:06.17 | 2:11.81 |

Masters 60+

|                               |                         |                   |                |  |       |         |
|-------------------------------|-------------------------|-------------------|----------------|--|-------|---------|
| 1. Patty Krupiarz             | PSV                     | 1:33.83 195400074 | <b>1:33.28</b> |  | 44.66 | 1:33.28 |
| 2. Carla Hensen               | PSV                     | 1:48.47 195300062 | <b>1:37.12</b> |  | 47.66 | 1:37.12 |
| 3. Antoinette Gilding-Tussaud | WS Twente               | 1:42.72 195000038 | <b>1:42.12</b> |  | 49.95 | 1:42.12 |
| 4. Tineke Brouwer-Maat        | Zwemvereniging Westland | 1:43.34 195300074 | <b>1:42.28</b> |  | 50.11 | 1:42.28 |
| 5. Ineke Meijer               | HZ&PC Heerenveen        | 1:41.44 195200034 | <b>1:42.46</b> |  | 51.14 | 1:42.46 |
| 6. Tineke van Diggelen        | Oceanus                 | 1:49.41 195200048 | <b>1:49.84</b> |  | 53.19 | 1:49.84 |

Masters 65+

|                         |                    |                   |                |  |         |         |
|-------------------------|--------------------|-------------------|----------------|--|---------|---------|
| 1. Loekie v. Huissteden | AZ&PC              | 2:02.43 194500002 | <b>2:01.72</b> |  | 58.27   | 2:01.72 |
| 2. Anna de Weert        | Gay Swim Amsterdam | 2:27.13 194900020 | <b>2:29.15</b> |  | 1:10.13 | 2:29.15 |

Masters 70+

|              |            |                   |                |  |         |         |
|--------------|------------|-------------------|----------------|--|---------|---------|
| 1. Leny Kamp | Aquapoldro | 2:04.58 194400008 | <b>2:08.49</b> |  | 1:01.25 | 2:08.49 |
|--------------|------------|-------------------|----------------|--|---------|---------|

Masters 80+

|                 |           |                   |                  |  |         |         |
|-----------------|-----------|-------------------|------------------|--|---------|---------|
| 1. Annie de Vos | Old Dutch | 2:07.86 193400004 | <b>2:21.23 *</b> |  | 1:08.89 | 2:21.23 |
|-----------------|-----------|-------------------|------------------|--|---------|---------|

Programmanr. 33  
25-01-2014 - 16:50

Heren, 100m rugslag

Masters Open  
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|-----------|------------|---------------|------|----|-----|------|
|-----------|------------|---------------|------|----|-----|------|

Masters 20+

|                     |                        |                   |                |  |       |         |
|---------------------|------------------------|-------------------|----------------|--|-------|---------|
| 1. Kevin Eltink     | DWK                    | 59.73 199100589   | <b>1:01.64</b> |  | 29.84 | 1:01.64 |
| 2. Jelmar Kluiwstra | LZ 1886                | 1:02.41 199204323 | <b>1:02.60</b> |  | 30.45 | 1:02.60 |
| 3. Jelte Schuurmans | Merlet                 | 1:01.67 199104841 | <b>1:03.80</b> |  | 30.80 | 1:03.80 |
| 4. Jasper de Boer   | ZPC De Hof             | 1:02.09 199300051 | <b>1:03.88</b> |  | 31.00 | 1:03.88 |
| 5. Bart Kiesewetter | TRB-RES                | 1:06.57 199101203 | <b>1:06.00</b> |  | 32.59 | 1:06.00 |
| 6. Sjoerd Sieval    | LZ 1886                | 1:05.39 199002663 | <b>1:06.33</b> |  | 32.77 | 1:06.33 |
| 7. Mark Pijtak      | AZ&PC                  | 1:16.82 199002287 | <b>1:18.27</b> |  | 37.82 | 1:18.27 |
| 8. Berné Beute      | 't Tolhekke            | 1:17.76 199100135 | <b>1:21.87</b> |  | 38.80 | 1:21.87 |
| NG Herman Hofman    | ZZG de Boskickers (SG) | 1:02.57 199001229 |                |  |       |         |

Masters 25+

|                       |                     |                   |                |  |       |         |
|-----------------------|---------------------|-------------------|----------------|--|-------|---------|
| 1. Raoul Engelenburg  | Zwemlust-den Hommel | 1:02.70 198900843 | <b>1:01.96</b> |  | 30.15 | 1:01.96 |
| 2. Nick van Gemert    | DWK                 | 1:03.71 198900943 | <b>1:02.57</b> |  | 31.07 | 1:02.57 |
| 3. Martijn Giezen     | Montferland         | 1:01.71 198500813 | <b>1:02.86</b> |  | 30.28 | 1:02.86 |
| 4. Erik Verholt       | Noord Veluwe        | 1:03.26 198803543 | <b>1:03.23</b> |  | 30.69 | 1:03.23 |
| 5. Joppe Schuurmans   | Merlet              | 1:01.80 198905447 | <b>1:03.54</b> |  | 31.04 | 1:03.54 |
| 6. Robert Braad       | Steenwijk 1934      | 1:04.16 198600407 | <b>1:05.78</b> |  | 31.61 | 1:05.78 |
| 7. Emiel Huisken      | ZPC De Hof          | 1:04.51 198501139 | <b>1:06.20</b> |  | 31.87 | 1:06.20 |
| 8. Erik van der Heide | Zuiderzeewimmers    | 1:05.15 198801337 | <b>1:07.38</b> |  | 32.45 | 1:07.38 |
| 9. Richard Huiskens   | ZPC De Hof          | 1:03.60 198501141 | <b>1:08.85</b> |  | 33.11 | 1:08.85 |
| 10. Harmen Reemst     | ZOB'66              | 1:15.97 198702715 | <b>1:19.68</b> |  | 39.03 | 1:19.68 |
| 11. Robin Eggenkamp   | De Duinkickers      | 1:19.78 198700847 | <b>1:23.73</b> |  | 40.31 | 1:23.73 |

Programmanr. 33, Heren, 100m rugslag

Masters 30+

|                          |                      |         |           |                |       |         |
|--------------------------|----------------------|---------|-----------|----------------|-------|---------|
| 1. Nol van Thull         | ZOB'66               | 1:03.58 | 198001513 | <b>1:02.09</b> | 30.10 | 1:02.09 |
| 2. Thommy Nickel         | Van Vliet-Barracuda  | 1:04.32 | 198401627 | <b>1:04.18</b> | 31.57 | 1:04.18 |
| 3. Erik Kusters          | Noord Veluwe         | 1:04.30 | 198000837 | <b>1:05.56</b> | 31.75 | 1:05.56 |
| 4. Marcel Reefhuis       | WS Twente            | 1:05.80 | 198101381 | <b>1:07.13</b> | 32.64 | 1:07.13 |
| 5. Leander Noordijk      | De Schoteijl         | 1:07.92 | 198101221 | <b>1:07.22</b> | 32.93 | 1:07.22 |
| 6. Gerwin Vonk           | De Spatters          | 1:07.29 | 198201907 | <b>1:08.15</b> | 33.30 | 1:08.15 |
| 7. Robert Dekker         | De Veene             | 1:07.82 | 198400443 | <b>1:08.25</b> | 33.32 | 1:08.25 |
| 8. Albert van Piekeren   | Octopus              | 1:02.81 | 198401767 | <b>1:08.53</b> | 32.98 | 1:08.53 |
| 9. Bas v.d. Laan         | WVZ                  | 1:10.98 | 198302471 | <b>1:11.43</b> | 34.69 | 1:11.43 |
| 10. Frank van der Voordt | MGO (SG)             | 1:10.92 | 198302259 | <b>1:11.45</b> | 34.58 | 1:11.45 |
| 11. Rob van Wanrooy      | Gay Swim Amsterdam   | 1:22.99 | 198202627 | <b>1:19.23</b> | 40.04 | 1:19.23 |
| 12. Simon van Ravesteijn | Zoetermeer           | 1:10.25 | 198002263 | <b>1:20.47</b> | 40.16 | 1:20.47 |
| 13. Dennis Klop          | De Biesboschzwemmers | 1:28.04 | 198302643 | <b>1:23.68</b> | 40.70 | 1:23.68 |

Masters 35+

|                              |                    |         |           |                  |       |         |
|------------------------------|--------------------|---------|-----------|------------------|-------|---------|
| 1. Ivo Roozeboom             | WVZ                | 1:03.86 | 197700801 | <b>1:03.19</b>   | 31.05 | 1:03.19 |
| 2. Casper Hut                | HZ&PC Heerenveen   | 1:15.08 | 197800471 | <b>1:03.24</b>   | 30.21 | 1:03.24 |
| 3. John Cobussen             | De Gelenberg       | 1:11.63 | 197501323 | <b>1:10.27</b>   | 33.19 | 1:10.27 |
| 4. René Beens                | Deltasteur         | 1:11.38 | 197800045 | <b>1:15.12</b>   | 36.65 | 1:15.12 |
| 5. Arjan Aalbers             | Swol 1894          | 1:12.98 | 197500001 | <b>1:15.48</b>   | 36.49 | 1:15.48 |
| 6. Gino Martijn              | RZ                 | 1:16.05 | 197901865 | <b>1:19.63 *</b> | 38.01 | 1:19.63 |
| 50m*                         |                    |         |           |                  |       |         |
| 7. Marcel van Walt van Praag | Gay Swim Amsterdam | 2:02.16 | 197501425 | <b>1:51.33</b>   | 54.20 | 1:51.33 |

Masters 40+

|                        |                  |         |           |                |       |         |
|------------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. Tjakko Ruinmans     | De Dinkel        | 1:02.63 | 197400687 | <b>1:01.53</b> | 30.00 | 1:01.53 |
| 2. Linas Kersevicius   | Takas            | 1:05.84 | 19710618  | <b>1:06.51</b> | 32.34 | 1:06.51 |
| 3. Gerard Eghuizen     | HZ&PC Heerenveen | 1:08.26 | 197400197 | <b>1:09.99</b> | 34.08 | 1:09.99 |
| 4. Remco Plass         | De Lansingh      | 1:09.96 | 197300687 | <b>1:10.66</b> | 34.63 | 1:10.66 |
| 5. Paul van den Heuvel | Arethusa         | 1:12.00 | 197000441 | <b>1:12.56</b> | 35.22 | 1:12.56 |
| 6. Robert Martens      | De Schelde       | 1:15.07 | 197301463 | <b>1:17.04</b> | 38.24 | 1:17.04 |
| 7. Ferdinand Teitink   | Montferland      | 1:22.72 | 197001583 | <b>1:21.75</b> | 39.86 | 1:21.75 |
| 8. Gerald Hösl         | SC Schaffhausen  | 1:20.98 | 27749     | <b>1:25.15</b> | 42.28 | 1:25.15 |

Masters 45+

|                            |                         |         |           |                  |       |         |
|----------------------------|-------------------------|---------|-----------|------------------|-------|---------|
| 1. Guido Keutgen           | AZC                     | 1:07.27 | 196801551 | <b>1:07.53</b>   | 32.28 | 1:07.53 |
| 2. René Beetsma            | HZ&PC Heerenveen        | 1:09.03 | 196900069 | <b>1:07.84</b>   | 33.18 | 1:07.84 |
| 3. Jan-Willem van den Berg | WVZ                     | 1:10.40 | 196801575 | <b>1:09.37</b>   | 33.90 | 1:09.37 |
| 4. Paul Jurcka             | WS Twente               | 1:09.83 | 196901599 | <b>1:11.69</b>   | 35.02 | 1:11.69 |
| 5. Otto Jansen             | LZ 1886                 | 1:12.33 | 196501403 | <b>1:12.40</b>   | 35.71 | 1:12.40 |
| 6. Frank v Nobelen         | Sassenheim              | 1:11.56 | 196900753 | <b>1:14.66</b>   | 36.02 | 1:14.66 |
| 7. Nico Swart              | Den Doorn               | 1:16.17 | 196801475 | <b>1:15.45</b>   | 36.62 | 1:15.45 |
| 8. Fred Dijkshoorn         | Zwemvereniging Westland | 1:19.11 | 196501539 | <b>1:19.18 *</b> | 38.51 | 1:19.18 |
| 9. Gerco Schakel           | DWK                     | 1:16.90 | 196900849 | <b>1:19.46 *</b> | 39.43 | 1:19.46 |
| 10. Fred Heemstra          | DAW                     | 1:08.81 | 196500357 | <b>1:19.75</b>   | 38.39 | 1:19.75 |
| 11. Pieter-Sjoerd de Wijn  | Aqua-Novio'94           | 1:25.07 | 196501027 | <b>1:29.15</b>   | 44.22 | 1:29.15 |

Masters 50+

|                              |                |         |           |                |       |         |
|------------------------------|----------------|---------|-----------|----------------|-------|---------|
| 1. Johan Remmits             | ZPC Woerden    | 1:08.28 | 196201159 | <b>1:08.22</b> | 32.92 | 1:08.22 |
| 2. Iurii Perin               | Spartak        | 1:08.15 | 030044    | <b>1:08.26</b> | 33.03 | 1:08.26 |
| 3. Peter Bernsen             | De Rog         | 1:06.76 | 196301119 | <b>1:08.53</b> | 33.23 | 1:08.53 |
| 4. Dmitry Kromskiy           | Poseidon       | 1:08.97 | 037011    | <b>1:10.65</b> | 35.66 | 1:10.65 |
| 5. John Stokx                | DAW            | 1:13.40 | 196401341 | <b>1:12.13</b> | 35.51 | 1:12.13 |
| 6. Casper Dollekamp          | Steenwijk 1934 | 1:18.11 | 196301341 | <b>1:17.28</b> | 37.92 | 1:17.28 |
| 50m*                         |                |         |           |                |       |         |
| 7. Arlandas Antanas Juodeska | Takas          | 1:14.58 | 19611226  | <b>1:18.54</b> | 38.14 | 1:18.54 |
| 8. Michiel Klaren            | PSV            | 1:19.49 | 196201087 | <b>1:21.81</b> | 39.22 | 1:21.81 |
| 9. Jack Barends              | WS Twente      | 1:22.47 | 196201011 | <b>1:24.13</b> | 41.36 | 1:24.13 |
| 10. Edzo Huisman             | Aquapoldro     | 1:21.71 | 196301029 | <b>1:24.54</b> | 40.82 | 1:24.54 |

Programmanr. 33, Heren, 100m rugslag, Masters 50+

| rang naam             | vereniging          | inschrijftijd     | tijd           | RT | 50m   | 100m    |
|-----------------------|---------------------|-------------------|----------------|----|-------|---------|
| 11. André Schutte     | ZPC De Zeeuwse Kust | 1:24.14 196000521 | <b>1:25.71</b> |    | 42.88 | 1:25.71 |
| 12. Bart van Calker   | WS Twente           | 1:25.36 196100067 | <b>1:26.63</b> |    | 43.01 | 1:26.63 |
| 13. John Dam          | Zignea              | 1:30.92 196000915 | <b>1:28.89</b> |    | 44.45 | 1:28.89 |
| NG.ZA Edwin v. Norden | AZ&PC               | 1:04.22 196300563 |                |    |       |         |
| AFGEM Ron Phaff       | PSV                 | 1:13.78 196200495 |                |    |       |         |

Masters 55+

|                      |                |                   |                |  |       |         |
|----------------------|----------------|-------------------|----------------|--|-------|---------|
| 1. Ron van der Zande | De Aalscholver | 1:24.47 195500307 | <b>1:17.92</b> |  | 38.60 | 1:17.92 |
| 2. Evertjan Masurel  | PSV            | 1:20.69 195600495 | <b>1:20.47</b> |  | 39.64 | 1:20.47 |
| 3. Henk Slomp        | De Pinquin     | 1:22.26 195500359 | <b>1:24.89</b> |  | 42.36 | 1:24.89 |
| 4. Dre Klaassen      | ZOB'66         | 1:41.26 195600141 | <b>1:39.42</b> |  | 49.73 | 1:39.42 |
| 5. Herbert Katgert   | WS Twente      | 1:48.23 195900739 | <b>1:54.76</b> |  | 53.92 | 1:54.76 |

Masters 60+

|                |         |                   |                |  |       |         |
|----------------|---------|-------------------|----------------|--|-------|---------|
| 1. Brend Brevé | PSV     | 1:15.09 195200265 | <b>1:19.17</b> |  | 38.82 | 1:19.17 |
| 2. Jos Kamps   | De Amer | 1:37.21 195100085 | <b>1:39.47</b> |  | 47.44 | 1:39.47 |

Masters 65+

|                  |            |                   |                |  |       |         |
|------------------|------------|-------------------|----------------|--|-------|---------|
| 1. Mans Buis     | Het Ravijn | 1:42.23 194700133 | <b>1:43.33</b> |  | 51.63 | 1:43.33 |
| 2. Valery Firsov | Spartak    | 1:45.18 030026    | <b>1:43.68</b> |  | 50.11 | 1:43.68 |

Masters 70+

|                   |           |                   |                |  |       |         |
|-------------------|-----------|-------------------|----------------|--|-------|---------|
| 1. Frans van Enst | WS Twente | 1:21.89 194000011 | <b>1:24.00</b> |  | 40.98 | 1:24.00 |
|-------------------|-----------|-------------------|----------------|--|-------|---------|

Masters 75+

|                      |               |                   |                |  |         |         |
|----------------------|---------------|-------------------|----------------|--|---------|---------|
| 1. Nico Geers        | Z&PC De Gouwe | 1:31.40 193800007 | <b>1:40.76</b> |  | 49.53   | 1:40.76 |
| 2. Jan Eichhorn      | ZV Haerlem    | 1:44.22 193700015 | <b>1:48.13</b> |  | 52.18   | 1:48.13 |
| 3. Pieter Scharphorn | Neptunus      | 2:17.37 193800037 | <b>2:23.26</b> |  | 1:07.73 | 2:23.26 |

Masters 85+

|                |                |                   |                |  |         |         |
|----------------|----------------|-------------------|----------------|--|---------|---------|
| 1. Klaas Prins | Steenwijk 1934 | 2:26.18 192800001 | <b>2:23.09</b> |  | 1:08.40 | 2:23.09 |
|----------------|----------------|-------------------|----------------|--|---------|---------|

Programmanr. 34  
25-01-2014 - 17:15

Gemengd, 4 x 50m wisselslag

Masters Open  
Resultaten

| rang                             | vereniging | inschrijftijd | tijd           | RT          |
|----------------------------------|------------|---------------|----------------|-------------|
| <b>80+</b>                       |            |               |                |             |
| 1. RZC 1                         | RZC        | 1:58.67       | <b>1:58.12</b> |             |
| <i>Nederlands Masters Record</i> |            |               |                |             |
| Pascal Timmermans                | 92         | 27.33         | 86             | +0,48 33.12 |
| Kevin van Susteren               | 89 +0,26   | 31.22         | 94             | +0,02 26.45 |
| 2. De Veene 1                    | De Veene   | 2:12.83       | <b>2:04.25</b> |             |
| Menno Manning                    | 93         | 29.04         | 94             | +0,15 30.56 |
| Yvon Versteeg                    | 92 +0,38   | 34.69         | 93             | +0,38 29.96 |
| 3. Swol 1894 4                   | Swol 1894  | 2:04.87       | <b>2:04.79</b> |             |
| Vera Kraijer                     | 92         | 34.42         | 91             | +0,39 32.05 |
| Sander Brat                      | 85 +0,52   | 34.44         | 94             | +0,23 23.88 |
| 4. LZ 1886 2                     | LZ 1886    | 2:05.64       | <b>2:08.13</b> |             |
| Janet van der Poel               | 93         | 34.72         | 92             | +0,23 26.90 |
| Seline Koek                      | 94 +0,46   | 38.23         | 92             | +0,47 28.28 |
| 5. Octopus 1                     | Octopus    | 2:14.79       | <b>2:15.63</b> |             |
| Irmgard van Weeghel              | 92         | 38.93         | 93             | +0,39 27.31 |
| Stefan van der Giff              | 87 +0,35   | 33.42         | 88             | 35.97       |

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 80+

| rang                   | vereniging       | inschrijftijd  | tijd           | RT    |
|------------------------|------------------|----------------|----------------|-------|
| 6. Swol 1894 1         | Swol 1894        | 2:25.00        | <b>2:23.98</b> |       |
| Laura Oosterbroek      | 88               | 37.07          | 92 +0,34       | 35.86 |
| Killian Yntema         | 88 +0,72         | 39.93          | 92 +0,51       | 31.12 |
| DIS Z & PC Zegenwerp 1 | Z & PC Zegenwerp | 2:17.35        | RC             |       |
| <i>dis 1e zwemmer</i>  |                  |                |                |       |
| Desiree Peltenburg     | 94               | Patricia Becks | 87             |       |
| Stef Hoeven            | 90               | Bern Hoeven    | 93             |       |

100+

|                                  |                     |         |                |       |
|----------------------------------|---------------------|---------|----------------|-------|
| 1. DWK 1                         | DWK                 | 1:53.82 | <b>1:52.04</b> |       |
| <i>Nederlands Masters Record</i> |                     |         |                |       |
| Merijn Ellenkamp                 | 85                  | 26.58   | 84 +0,53       | 28.42 |
| Nick van Gemert                  | 89 +0,24            | 29.81   | 86 +0,18       | 27.23 |
| 2. Zwemlust-den Hommel 1         | Zwemlust-den Hommel | 1:58.15 | <b>1:57.07</b> |       |
| Charlotte Groeneveld             | 87                  | 31.32   | 89 +0,57       | 27.86 |
| Vincent Versteeg                 | 77 +0,31            | 31.59   | 92 +0,30       | 26.30 |
| 3. Montferland 1                 | Montferland         | 2:00.16 | <b>2:02.99</b> |       |
| Martijn Giezen                   | 85                  | 29.35   | 94 +0,51       | 27.96 |
| Esther van Maastricht            | 88 +0,32            | 36.66   | 85 +0,29       | 29.02 |
| 4. WVZ 3                         | WVZ                 | 2:02.34 | <b>2:05.24</b> |       |
| Mike Stoffer                     | 89                  | 29.50   | 83 +0,32       | 27.80 |
| Isabelle Massar                  | 91 +0,67            | 36.42   | 77 +0,38       | 31.52 |
| 5. De Amer 1                     | De Amer             | 2:04.73 | <b>2:06.39</b> |       |
| Dick Kampman                     | 88                  | 31.11   | 93 +0,77       | 33.39 |
| Yuri van Ommen                   | 85 +0,29            | 32.62   | 89 +0,50       | 29.27 |
| 6. Octopus 2                     | Octopus             | 2:06.03 | <b>2:07.24</b> |       |
| Albert van Piekeren              | 84                  | 30.96   | 90 +0,47       | 26.00 |
| Erika Aan het Rot                | 90 +0,48            | 36.12   | 86 +0,22       | 34.16 |
| 7. RZ 2                          | RZ                  | 2:11.94 | <b>2:14.31</b> |       |
| Linda Dehing                     | 94                  | 34.69   | 75 +0,67       | 38.38 |
| Patrick Creemers                 | 90 +0,17            | 31.76   | 79 +0,53       | 29.48 |
| 8. Merlet 1                      | Merlet              | 2:11.93 | <b>2:16.96</b> |       |
| Merel Siroen                     | 88                  | 37.78   | 86 +0,34       | 30.20 |
| Joppe Schuurmans                 | 89 +0,09            | 35.73   | 90 +0,14       | 33.25 |
| 9. Den Doorn 1                   | Den Doorn           | 2:28.25 | <b>2:20.70</b> |       |
| Lars Duijnhouwer                 | 91                  | 34.01   | 93 +0,49       | 34.37 |
| Walter van der Stelt             | 94 +0,45            | 33.44   | 74 +0,52       | 38.88 |
| 10. Eurode KZC 1                 | Eurode KZC          | 2:30.87 | <b>2:29.36</b> |       |
| Yvonne Bruls                     | 90                  | 35.96   | 92 +0,47       | 35.41 |
| Esther de Jong                   | 72 +0,66            | 48.31   | 93 +0,32       | 29.68 |
| 11. Steenwijk 1934 1             | Steenwijk 1934      | 2:25.36 | <b>2:31.38</b> |       |
| Mike Koelewijn                   | 93                  | 31.54   | 86 +0,56       | 28.40 |
| Ciska Wagter                     | 70 +0,84            | 58.84   | 91 +0,45       | 32.60 |

120+

|                         |          |         |                |       |
|-------------------------|----------|---------|----------------|-------|
| 1. PSV 3                | PSV      | 1:58.62 | <b>1:59.68</b> |       |
| Stephanie Rombout       | 88       | 32.56   | 86 +0,54       | 29.87 |
| Harold Matla            | 68 +0,40 | 30.57   | 91 +0,34       | 26.68 |
| 2. AZ&PC 1              | AZ&PC    | 2:01.69 | <b>2:00.98</b> |       |
| <i>startzwemmer NMR</i> |          |         |                |       |
| Edwin v. Norden         | 63       | 29.65   | 77 +0,20       | 27.33 |
| Larissa Brak            | 88 +0,41 | 33.72   | 70 +0,31       | 30.28 |
| 3. DWK 2                | DWK      | 2:09.32 | <b>2:06.14</b> |       |
| Martine Bouw            | 61       | 36.70   | 69 +0,48       | 32.22 |
| Kevin Eltink            | 91 +0,36 | 29.66   | 93 +0,49       | 27.56 |
| 4. LZ 1886 1            | LZ 1886  | 2:06.51 | <b>2:06.69</b> |       |
| Anna Boef               | 88       | 34.93   | 89 +0,38       | 29.62 |
| Kristiaan Lenos         | 83 +0,32 | 32.49   | 69 +0,32       | 29.65 |
| 5. DAW 1                | DAW      | 2:07.98 | <b>2:06.88</b> |       |
| Wieteke Elzinga         | 86       | 33.95   | 75 +0,53       | 29.88 |
| John Meijdam            | 83 +0,22 | 33.60   | 84 +0,52       | 29.45 |

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 120+

| rang | vereniging                | inschrijftijd  | tijd           | RT    |
|------|---------------------------|----------------|----------------|-------|
| 6.   | ZPC Woerden 1             | 2:09.44        | <b>2:06.96</b> |       |
|      | Johan Remmits             | 62 32.01       | 63 +0,44       | 32.61 |
|      | Niels van Beurden         | 88 +0,23 32.77 | 89 +0,27       | 29.57 |
| 7.   | Budel 1                   | 2:12.34        | <b>2:10.11</b> |       |
|      | Joyce Raemaekers          | 91 35.69       | 88 +0,60       | 35.56 |
|      | Rick de Greef             | 84 +0,37 30.21 | 71 +0,57       | 28.65 |
| 8.   | WS Twente 2               | 2:07.50        | <b>2:10.33</b> |       |
|      | Marcel Reefhuis           | 81 32.97       | 75 +0,29       | 32.88 |
|      | Sander van den Berg       | 68 +0,31 36.55 | 86 +0,22       | 27.93 |
| 9.   | WVZ 2                     | 2:14.90        | <b>2:11.86</b> |       |
|      | Jan-Willem van den Berg   | 68 31.70       | 83 +0,29       | 29.84 |
|      | Monique Pronk             | 88 +0,68 38.07 | 89 +0,22       | 32.25 |
| 10.  | De Futen 1                | 2:15.12        | <b>2:11.95</b> |       |
|      | Petra Benani-Wolsing      | 84 36.83       | 91 +0,33       | 28.30 |
|      | Bas Spoelstra             | 77 +0,01 33.29 | 53 +0,46       | 33.53 |
| 11.  | De Lansingh 1             | 2:15.96        | <b>2:13.70</b> |       |
|      | Remco Plass               | 73 33.22       | 63 +0,38       | 35.25 |
|      | Mark Huijsman             | 90 +0,46 35.34 | 88 +0,30       | 29.89 |
| 12.  | Zoetermeer 1              | 2:21.62        | <b>2:15.34</b> |       |
|      | Yvette Kilian             | 66 42.69       | 77 +0,14       | 29.24 |
|      | Simon van Ravesteijn      | 80 +0,46 31.52 | 89 +0,37       | 31.89 |
| 13.  | MGO (SG) 1                | 2:18.07        | <b>2:19.38</b> |       |
|      | Susanne van Hooven        | 68 38.80       | 90 +0,52       | 35.02 |
|      | Frank van der Voordt      | 83 +0,59 36.83 | 94 +0,22       | 28.73 |
| 14.  | Deltasteur 1              | 2:20.62        | <b>2:19.74</b> |       |
|      | Gerlinde van de Wetering  | 89 38.07       | 76 +0,60       | 32.52 |
|      | Tom de Lange              | 93 +0,67 35.27 | 77 +0,76       | 33.88 |
| 15.  | ZOB'66 1                  | 2:16.85        | <b>2:19.91</b> |       |
|      | Wendy de Bruin            | 92 36.44       | 93 +0,29       | 33.02 |
|      | Dre Klaassen              | 56 +0,46 43.42 | 90 +0,31       | 27.03 |
| 16.  | AZ&PC 2                   | 2:24.49        | <b>2:21.37</b> |       |
|      | Atie Pijtak-Radersma      | 56 38.33       | 93 +0,36       | 31.50 |
|      | Mark Pijtak               | 90 +0,30 38.21 | 61 +0,36       | 33.33 |
| 17.  | 't Tolhekke 1             | 2:18.55        | <b>2:21.64</b> |       |
|      | Wilna Heijman             | 64 38.16       | 86 +0,44       | 32.72 |
|      | Anneke Veenstra           | 79 +0,62 42.91 | 91 +0,49       | 27.85 |
| 18.  | Nautilus 2                | 2:14.58        | <b>2:23.27</b> |       |
|      | Martijn van den Biggelaar | 77 37.19       | 64 +0,35       | 33.44 |
|      | Karin Verbeek             | 92 +0,15 39.47 | 73 +0,68       | 33.17 |
| 19.  | De Spatters 1             | 2:22.11        | <b>2:27.87</b> |       |
|      | Yvette Nota-Peters        | 87 39.21       | 86 +0,31       | 36.69 |
|      | René Speelman             | 66 +0,49 45.59 | 82 +0,22       | 26.38 |
| 20.  | Montferland 2             | 2:29.92        | <b>2:29.40</b> |       |
|      | Daphne Meijer             | 93 40.99       | 81 +0,25       | 31.09 |
|      | Kelly Bocking             | 91 +0,39 45.60 | 70 +0,58       | 31.72 |

160+

|    |                                  |                |                |       |
|----|----------------------------------|----------------|----------------|-------|
| 1. | De Dinkel 1                      | 2:05.39        | <b>2:01.95</b> |       |
|    | <i>Nederlands Masters Record</i> |                |                |       |
|    | Tjakk Ruinemans                  | 74 28.21       | 64 +0,32       | 32.14 |
|    | Karin Hidding                    | 84 +0,31 33.27 | 73 +0,66       | 28.33 |
| 2. | De Biesboschzwemmers 1           | 2:07.39        | <b>2:06.31</b> |       |
|    | Erik Drewes                      | 84 33.48       | 71 +0,13       | 27.53 |
|    | Marjo Goelema-Koek               | 69 +0,45 35.23 | 67 +0,26       | 30.07 |
| 3. | De Roersoppers 1                 | 2:20.46        | <b>2:12.20</b> |       |
|    | Emmy Slabbers                    | 81 35.26       | 82 +0,30       | 33.05 |
|    | Arno Schrauwen                   | 65 +0,19 34.62 | 53 +0,52       | 29.27 |
| 4. | DAW 2                            | 2:16.88        | <b>2:16.34</b> |       |
|    | John Stokx                       | 64 32.65       | 78 +0,19       | 28.99 |
|    | Sandra Zwaanswijk                | 85 +0,50 38.62 | 67 +0,23       | 36.08 |
| 5. | RZ 1                             | 2:18.29        | <b>2:19.91</b> |       |
|    | Wendy Knoops                     | 68 38.64       | 75 +0,57       | 31.28 |
|    | Ralph Caster                     | 61 +0,49 35.41 | 65 +0,37       | 34.58 |

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 160+

| rang | vereniging                    | inschrijftijd  | tijd    | RT             |
|------|-------------------------------|----------------|---------|----------------|
| 6.   | WS Twente 3                   | WS Twente      | 2:22.58 | 2:21.05        |
|      | Paul Jurcka                   | 69             | 32.90   | 89 +0,74 38.07 |
|      | Joop Weenink                  | 68 +0,66       | 37.49   | 68 +0,18 32.59 |
| 7.   | AZC 1                         | AZC            | 2:22.26 | 2:22.54        |
|      | Guido Keutgen                 | 68             | 31.25   | 75 +0,54 30.76 |
|      | Sandra Daamen-Posma           | 68 +0,57       | 45.08   | 62 35.45       |
| 8.   | Swol 1894 2                   | Swol 1894      | 2:40.00 | 2:23.03        |
|      | Annemarie Vuijs               | 63             | 41.19   | 79 +0,49 33.48 |
|      | Willem Jannink                | 65 +0,75       | 39.90   | 75 +0,25 28.46 |
| 9.   | Triton 1                      | Triton         | 2:20.24 | 2:24.01        |
|      | Tim Bunnik                    | 90             | 30.71   | 67 +0,26 36.67 |
|      | Paul Bunnik                   | 56 +0,46       | 39.12   | 62 +0,36 37.51 |
| 10.  | Zignea 1                      | Zignea         | 2:18.93 | 2:24.55        |
|      | Miranda Keijl                 | 65             | 43.68   | 86 +0,45 30.48 |
|      | Miranda Straetmans            | 74 +0,12       | 38.10   | 60 +0,67 32.29 |
| 11.  | Aqualero 1                    | Aqualero       | 2:23.11 | 2:25.07        |
|      | Marloes Benjamins             | 91             | 38.61   | 69 +0,17 34.41 |
|      | Annette Korving-Leijenaar     | 67 +0,44       | 41.49   | 63 +0,53 30.56 |
| 12.  | AZ&PC 3                       | AZ&PC          | 2:31.60 | 2:31.89        |
|      | Paul Hardeman                 | 73             | 33.47   | 68 +0,66 37.83 |
|      | Wouter van 't Klooster        | 88 +0,41       | 35.16   | 45 +0,28 45.43 |
| 13.  | Budel 2                       | Budel          | 2:36.45 | 2:35.52        |
|      | Jolanda van Knippenberg       | 66             | 42.89   | 71 +0,51 35.35 |
|      | Ingrid Noten                  | 85 +0,52       | 45.26   | 69 +0,53 32.02 |
| 14.  | Den Doorn 2                   | Den Doorn      | 2:39.13 | 2:35.70        |
|      | Tommy Uilenberg               | 86             | 35.28   | 72 +0,29 34.52 |
|      | Antoinette Kant               | 69 +0,63       | 45.00   | 69 +0,25 40.90 |
| 15.  | ESCA Zwemmen 1<br>50m*        | ESCA Zwemmen   | 2:35.24 | 2:39.21        |
|      | Ria Peters-Veurman            | 58             | 57.56   | 80 +0,58 36.46 |
|      | Sander de Vrugt               | 89 +0,29       | 31.71   | 61 +0,47 33.48 |
| 16.  | WIDEX GZC DONK 1              | WIDEX GZC DONK | 2:40.47 | 2:48.35        |
|      | Jacqueline de Ruiter-Wijnolst | 74             | 37.67   | 57 +0,75 47.41 |
|      | Alice de Haan                 | 64 +0,68       | 51.76   | 66 +0,58 31.51 |
| 17.  | De Fuut 1                     | De Fuut        | 3:00.00 | 2:49.71        |
|      | Marleen Prins                 | 73             | 50.23   | 73 +0,45 41.99 |
|      | John Tersteeg                 | 60 +0,43       | 44.76   | 65 +0,74 32.73 |

200+

|    |                           |                  |         |                |
|----|---------------------------|------------------|---------|----------------|
| 1. | Spartak 1                 | Spartak          | 2:17.92 | 2:18.69        |
|    | Iurii Perin               | 63               | 31.73   | 55 +0,71 36.22 |
|    | Irina Shulgina            | 68 +0,60         | 37.71   | 67 +0,76 33.03 |
| 2. | Swol 1894 3               | Swol 1894        | 2:23.00 | 2:23.45        |
|    | Arjan Aalbers             | 75               | 34.67   | 74 +0,67 30.42 |
|    | Bea Swijnenberg           | 49 +0,42         | 45.61   | 51 +0,31 32.75 |
| 3. | HZ&PC Heerenveen 1        | HZ&PC Heerenveen | 2:23.34 | 2:24.29        |
|    | Pia van der Molen         | 60               | 40.10   | 58 +0,33 30.77 |
|    | Gerard Eghuizen           | 74 +0,56         | 33.59   | 52 +0,39 39.83 |
| 4. | DAW 3                     | DAW              | 2:24.90 | 2:26.30        |
|    | Petra Tossings            | 61               | 43.12   | 74 +0,29 32.97 |
|    | Hans Schoenmakers         | 69 +0,44         | 36.57   | 47 +0,51 33.64 |
| 5. | PSV 1                     | PSV              | 2:27.44 | 2:29.57        |
|    | Katrin Pennings           | 64               | 39.33   | 60 +0,44 36.30 |
|    | Dorette Vogels            | 70 +0,61         | 39.79   | 54 +0,35 34.15 |
| 6. | Takas 1                   | Takas            | 2:30.00 | 2:30.09        |
|    | Arlandas Antanas Juodeska | 61               | 33.79   | 63 +0,62 42.63 |
|    | Arturas Tuomas            | 61 +0,29         | 38.01   | 64 +0,62 35.66 |
| 7. | WIDEX GZC DONK 2          | WIDEX GZC DONK   | 2:41.94 | 2:43.17        |
|    | Nathasja Konijn           | 71               | 46.79   | 60 +0,25 47.24 |
|    | Willem Jan Ribberink      | 65 +0,34         | 39.96   | 60 +0,55 29.18 |

Programmanr. 34, Gemengd, 4 x 50m wisselslag

240+

|                            |           |         |                |
|----------------------------|-----------|---------|----------------|
| 1. PSV 2                   | PSV       | 2:29.49 | 2:30.88        |
| Patty Krupiarz             | 54        | 41.55   | 52 +0,47 32.37 |
| Bart van Doesburg          | 56 +0,46  | 41.26   | 46 +0,90 35.70 |
| 2. WS Twente 1             | WS Twente | 2:37.52 | 2:42.35        |
| Antoinette Gilding-Tussaud | 50        | 47.78   | 40 +0,74 40.45 |
| Marijke Kraak-Beckers      | 60 +0,44  | 42.90   | 53 +0,13 31.22 |
| 3. Old Dutch 1             | Old Dutch | 3:09.29 | 3:32.88        |
| Annie de Vos               | 34        | 1:07.88 | 47 +0,93 56.98 |
| Ingrid ten Horn            | 61 +0,60  | 54.12   | 64 +0,55 33.90 |

Programmanr. 36  
25-01-2014 - 17:47

Dames, 400m wisselslag

Masters Open  
Resultaten

| rang        | naam                  | vereniging    | inschrijftijd | startnr.      | tijd          | RT    |
|-------------|-----------------------|---------------|---------------|---------------|---------------|-------|
| Masters 20+ |                       |               |               |               |               |       |
| 1.          | Maaïke Vooren         | DAW           | 5:27.35       | 199103324     | 5:20.41       | +0,83 |
|             | 50m: 33.88            | 150m: 1:58.10 | 43.43         | 250m: 3:25.44 | 350m: 4:46.04 | 34.92 |
|             | 100m: 1:14.67         | 200m: 2:41.02 | 42.92         | 300m: 4:11.12 | 400m: 5:20.41 | 34.37 |
| 2.          | Jacyntha Plat         | TriVia        | 5:29.67       | 199002956     | 5:31.10       | +0,78 |
|             | 50m: 34.49            | 150m: 1:58.84 | 43.55         | 250m: 3:27.90 | 350m: 4:53.64 | 39.25 |
|             | 100m: 1:15.29         | 200m: 2:42.17 | 43.33         | 300m: 4:14.39 | 400m: 5:31.10 | 37.46 |
| 3.          | Johanna de Boer       | ZPD           | 5:41.02       | 199403944     | 5:38.10       | +0,79 |
|             | 50m: 36.82            | 150m: 2:06.09 | 45.26         | 250m: 3:36.48 | 350m: 5:01.72 | 38.21 |
|             | 100m: 1:20.83         | 200m: 2:49.80 | 43.71         | 300m: 4:23.51 | 400m: 5:38.10 | 36.38 |
| 4.          | Wendy de Bruin        | ZOB'66        | 5:38.15       | 199206320     | 5:41.79       | +0,69 |
|             | 50m: 34.13            | 150m: 2:01.73 | 45.19         | 250m: 3:34.79 | 350m: 5:03.09 | 39.29 |
|             | 100m: 1:16.54         | 200m: 2:46.15 | 44.42         | 300m: 4:23.80 | 400m: 5:41.79 | 38.70 |
| 5.          | Chantal van der Horst | De Meer       | 5:42.35       | 199400616     | 5:47.21       | +0,75 |
|             | 50m: 38.09            | 150m: 2:10.38 | 46.93         | 250m: 3:43.12 | 350m: 5:09.05 | 39.95 |
|             | 100m: 1:23.45         | 200m: 2:56.72 | 46.34         | 300m: 4:29.10 | 400m: 5:47.21 | 38.16 |
| 6.          | Irmgard van Weeghel   | Octopus       | 5:56.67       | 199204834     | 5:50.20       | +0,72 |
|             | 50m: 37.10            | 150m: 2:06.28 | 44.34         | 250m: 3:40.69 | 350m: 5:12.49 | 40.45 |
|             | 100m: 1:21.94         | 200m: 2:50.10 | 43.82         | 300m: 4:32.04 | 400m: 5:50.20 | 37.71 |
| 7.          | Désirée Hulsmeijer    | Het Ravijn    | 5:57.11       | 199001656     | 6:02.18       | +0,70 |
|             | 50m: 36.57            | 150m: 2:10.02 | 47.68         | 250m: 3:46.15 | 350m: 5:20.98 | 43.89 |
|             | 100m: 1:22.34         | 200m: 2:56.51 | 46.49         | 300m: 4:37.09 | 400m: 6:02.18 | 41.20 |

Masters 25+

|    |                        |                  |         |               |               |       |
|----|------------------------|------------------|---------|---------------|---------------|-------|
| 1. | Marlies Reinders       | De Dinkel        | 5:14.92 | 198602976     | 5:17.33       | +0,81 |
|    | 50m: 31.90             | 150m: 1:53.35    | 43.99   | 250m: 3:22.26 | 350m: 4:43.02 | 34.15 |
|    | 100m: 1:09.36          | 200m: 2:36.30    | 42.95   | 300m: 4:08.87 | 400m: 5:17.33 | 34.31 |
| 2. | Stephanie Rombout      | PSV              | 5:12.16 | 198803696     | 5:29.95       | +0,76 |
|    | 50m: 33.08             | 150m: 1:58.14    | 42.45   | 250m: 3:29.58 | 350m: 4:53.36 | 36.03 |
|    | 100m: 1:15.69          | 200m: 2:41.43    | 43.29   | 300m: 4:17.33 | 400m: 5:29.95 | 36.59 |
| 3. | Larissa Brak           | AZ&PC            | 5:24.36 | 198800572     | 5:30.15       | +0,78 |
|    | 50m: 35.06             | 150m: 2:04.15    | 45.80   | 250m: 3:32.32 | 350m: 4:55.33 | 38.22 |
|    | 100m: 1:18.35          | 200m: 2:49.66    | 45.51   | 300m: 4:17.11 | 400m: 5:30.15 | 34.82 |
| 4. | Karin van Dijk         | HZ&PC Heerenveen | 5:48.48 | 198600850     | 5:54.70       | +0,79 |
|    | 50m: 35.88             | 150m: 2:09.12    | 48.64   | 250m: 3:43.29 | 350m: 5:12.43 | 42.33 |
|    | 100m: 1:20.48          | 200m: 2:58.07    | 48.95   | 300m: 4:30.10 | 400m: 5:54.70 | 42.27 |
| 5. | Liset de Veer          | Aqua-Novio'94    | 6:04.08 | 198704190     | 5:58.83       |       |
|    | 50m: 36.33             | 150m: 2:05.49    | 45.47   | 250m: 3:42.79 | 350m: 5:18.02 | 41.23 |
|    | 100m: 1:20.02          | 200m: 2:50.74    | 45.25   | 300m: 4:36.79 | 400m: 5:58.83 | 40.81 |
| 6. | Ilse van den Wijngaard | ZPC Woerden      | 5:43.91 | 198904736     | 6:16.10 *     | +0,82 |
|    | 50m: 39.18             | 150m: 2:15.30    | 46.46   | 250m: 3:55.42 | 350m: 5:30.95 | 43.48 |
|    | 100m: 1:28.84          | 200m: 3:03.25    | 47.95   | 300m: 4:47.47 | 400m: 6:16.10 | 45.15 |
| 7. | Sandra Koenig          | CNSW             | 6:24.03 | CNSW/612/86   | 6:20.46       | +0,83 |
|    | 50m: 39.20             | 150m: 2:14.61    | 49.51   | 250m: 3:59.00 | 350m: 5:38.22 | 43.88 |
|    | 100m: 1:25.10          | 200m: 3:03.00    | 48.39   | 300m: 4:54.34 | 400m: 6:20.46 | 42.24 |

Programmanr. 36, Dames, 400m wisselslag, Masters 25+

| rang | naam        | vereniging       | inschrijftijd | startnr.  | tijd | RT |
|------|-------------|------------------|---------------|-----------|------|----|
| NG   | Chantal Nap | HZ&PC Heerenveen | 5:06.81       | 198903004 |      |    |

Masters 30+

|    |                   |                     |               |           |               |         |               |       |
|----|-------------------|---------------------|---------------|-----------|---------------|---------|---------------|-------|
| 1. | Roos van Esch     | TRB-RES             | 5:29.67       | 198200468 | 5:27.58       | +0,89   |               |       |
|    | 50m: 35.20        | 35.20               | 150m: 1:56.28 | 42.08     | 250m: 3:25.86 | 48.02   | 350m: 4:50.88 | 37.67 |
|    | 100m: 1:14.20     | 39.00               | 200m: 2:37.84 | 41.56     | 300m: 4:13.21 | 47.35   | 400m: 5:27.58 | 36.70 |
| 2. | Nadya Putter      | ZVVS                | 5:23.37       | 198301630 | 5:31.42       | +0,59   |               |       |
|    | 50m: 34.10        | 34.10               | 150m: 1:55.34 | 42.71     | 250m: 3:25.16 | 47.28   | 350m: 4:54.41 | 39.93 |
|    | 100m: 1:12.63     | 38.53               | 200m: 2:37.88 | 42.54     | 300m: 4:14.48 | 49.32   | 400m: 5:31.42 | 37.01 |
| 3. | Wieke Bos         | De Roersoppers      | 5:48.19       | 198200218 | 5:45.39       | +0,82   |               |       |
|    | 50m: 36.64        | 36.64               | 150m: 2:03.34 | 44.04     | 250m: 3:35.74 | 49.30   | 350m: 5:06.73 | 41.29 |
|    | 100m: 1:19.30     | 42.66               | 200m: 2:46.44 | 43.10     | 300m: 4:25.44 | 49.70   | 400m: 5:45.39 | 38.66 |
| 4. | Linda Hoogendam   | Zoetermeer          | 5:59.71       | 198300892 | 6:22.70       | +0,80   |               |       |
|    | 50m: 39.66        | 39.66               | 150m: 2:18.59 | 49.04     | 250m: 4:02.52 | 57.15   | 350m: 5:42.96 | 42.81 |
|    | 100m: 1:29.55     | 49.89               | 200m: 3:05.37 | 46.78     | 300m: 5:00.15 | 57.63   | 400m: 6:22.70 | 39.74 |
| 5. | Annette Vogelsang | ZV De Bron          | 6:12.14       | 198402632 | 6:25.12       | * +0,89 |               |       |
|    | 50m: 39.91        | 39.91               | 150m: 2:17.37 | 49.39     | 250m: 4:04.16 | 55.78   | 350m: 5:43.69 | 44.50 |
|    | 100m: 1:27.98     | 48.07               | 200m: 3:08.38 | 51.01     | 300m: 4:59.19 | 55.03   | 400m: 6:25.12 | 41.43 |
| NG | Esther Versteeg   | Van Vliet-Barracuda | 5:42.94       | 198302112 |               |         |               |       |

Masters 35+

|    |                                  |               |               |               |               |               |               |       |
|----|----------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|-------|
| 1. | Liselotte Joling                 | PSV           | 5:33.64       | 197500268     | 5:30.11       | +0,93         |               |       |
|    | <i>Nederlands Masters Record</i> |               |               |               |               |               |               |       |
|    | 50m: 34.79                       | 150m: 1:58.78 | 43.60         | 250m: 3:27.71 | 47.01         | 350m: 4:53.92 | 38.38         |       |
|    | 100m: 1:15.18                    | 40.39         | 200m: 2:40.70 | 41.92         | 300m: 4:15.54 | 47.83         | 400m: 5:30.11 | 36.19 |
| 2. | Melanie Kuiper                   | Zignea        | 6:05.65       | 197600350     | 5:48.39       | +0,92         |               |       |
|    | 50m: 38.41                       | 38.41         | 150m: 2:07.61 | 43.84         | 250m: 3:41.95 | 50.67         | 350m: 5:11.90 | 38.25 |
|    | 100m: 1:23.77                    | 45.36         | 200m: 2:51.28 | 43.67         | 300m: 4:33.65 | 51.70         | 400m: 5:48.39 | 36.49 |

Masters 40+

|    |                     |         |               |           |               |       |               |       |
|----|---------------------|---------|---------------|-----------|---------------|-------|---------------|-------|
| 1. | Nadège van Meeteren | De Meer | 6:14.49       | 197400736 | 6:11.41       | +0,85 |               |       |
|    | 50m: 40.75          | 40.75   | 150m: 2:20.14 | 48.92     | 250m: 3:56.72 | 48.48 | 350m: 5:29.58 | 43.04 |
|    | 100m: 1:31.22       | 50.47   | 200m: 3:08.24 | 48.10     | 300m: 4:46.54 | 49.82 | 400m: 6:11.41 | 41.83 |
| 2. | Claudia Broeke      | De Fuut | 6:55.16       | 197300058 | 6:44.14       | +0,89 |               |       |
|    | 50m: 46.10          | 46.10   | 150m: 2:31.26 | 52.22     | 250m: 4:19.06 | 55.80 | 350m: 6:00.01 | 44.95 |
|    | 100m: 1:39.04       | 52.94   | 200m: 3:23.26 | 52.00     | 300m: 5:15.06 | 56.00 | 400m: 6:44.14 | 44.13 |

Masters 45+

|    |                      |           |               |           |               |       |               |       |
|----|----------------------|-----------|---------------|-----------|---------------|-------|---------------|-------|
| 1. | Karin van den Heuvel | Old Dutch | 6:26.85       | 196600188 | 6:33.64       | +0,87 |               |       |
|    | 50m: 41.71           | 41.71     | 150m: 2:24.82 | 54.31     | 250m: 4:10.13 | 52.22 | 350m: 5:49.49 | 45.31 |
|    | 100m: 1:30.51        | 48.80     | 200m: 3:17.91 | 53.09     | 300m: 5:04.18 | 54.05 | 400m: 6:33.64 | 44.15 |
| 2. | Hetty Smalheer       | SCOM      | 6:52.24       | 196700352 | 7:00.54       | +1,11 |               |       |
|    | 50m: 49.12           | 49.12     | 150m: 2:40.04 | 52.11     | 250m: 4:31.07 | 58.33 | 350m: 6:16.03 | 45.62 |
|    | 100m: 1:47.93        | 58.81     | 200m: 3:32.74 | 52.70     | 300m: 5:30.41 | 59.34 | 400m: 7:00.54 | 44.51 |

Masters 50+

|    |                     |         |       |       |         |         |       |          |       |         |         |       |
|----|---------------------|---------|-------|-------|---------|---------|-------|----------|-------|---------|---------|-------|
| 1. | Ramune Ivanauskaite |         |       | Takas |         | 6:36.39 |       | 19641018 |       | 6:48.68 |         | +0,81 |
|    | LMR                 |         |       |       |         |         |       |          |       |         |         |       |
|    | 50m:                | 45.30   | 45.30 | 150m: | 2:30.16 | 52.30   | 250m: | 4:20.07  | 59.87 | 350m:   | 6:04.56 | 47.63 |
|    | 100m:               | 1:37.86 | 52.56 | 200m: | 3:20.20 | 50.04   | 300m: | 5:16.93  | 56.86 | 400m:   | 6:48.68 | 44.12 |

Masters 55+

|    |                       |               |               |           |               |       |               |       |
|----|-----------------------|---------------|---------------|-----------|---------------|-------|---------------|-------|
| 1. | Patty Verhagen        | PSV           | 6:24.50       | 195900146 | 6:35.21       | +0,80 |               |       |
|    | 50m: 41.74            | 41.74         | 150m: 2:23.57 | 51.49     | 250m: 4:11.14 | 57.91 | 350m: 5:52.73 | 43.65 |
|    | 100m: 1:32.08         | 50.34         | 200m: 3:13.23 | 49.66     | 300m: 5:09.08 | 57.94 | 400m: 6:35.21 | 42.48 |
| 2. | Susanne Sailer-Lehrum | SG Neumünster | 7:45.68       | 163629    | 7:35.24       | +0,89 |               |       |
|    | 50m: 49.47            | 49.47         | 150m: 2:52.12 | 1:02.94   | 250m: 4:54.18 | 58.03 | 350m: 6:45.30 | 51.32 |
|    | 100m: 1:49.18         | 59.71         | 200m: 3:56.15 | 1:04.03   | 300m: 5:53.98 | 59.80 | 400m: 7:35.24 | 49.94 |

Programmanr. 36, Dames, 400m wisselslag

Masters 60+

|    |               |         |               |           |               |         |               |       |
|----|---------------|---------|---------------|-----------|---------------|---------|---------------|-------|
| 1. | Carla Hensen  | PSV     | 7:20.70       | 195300062 | 7:27.52       | +1,08   |               |       |
|    | 50m: 46.32    | 46.32   | 150m: 2:39.92 | 58.40     | 250m: 4:43.73 | 1:04.67 | 350m: 6:38.84 | 49.17 |
|    | 100m: 1:41.52 | 55.20   | 200m: 3:39.06 | 59.14     | 300m: 5:49.67 | 1:05.94 | 400m: 7:27.52 | 48.68 |
| 2. | Gonnie Bak    | PSV     | 8:10.49       | 195100064 | 8:11.29       | +0,99   |               |       |
|    | 50m: 57.83    | 57.83   | 150m: 3:10.61 | 1:09.50   | 250m: 5:20.66 | 1:03.56 | 350m: 7:19.10 | 56.40 |
|    | 100m: 2:01.11 | 1:03.28 | 200m: 4:17.10 | 1:06.49   | 300m: 6:22.70 | 1:02.04 | 400m: 8:11.29 | 52.19 |

Programmanr. 37  
25-01-2014 - 18:15

Heren, 400m wisselslag

Masters Open  
Resultaten

| rang        | naam             | vereniging   |               |       | inschrijftijd |       | startnr.      |       | tijd    |  | RT    |
|-------------|------------------|--------------|---------------|-------|---------------|-------|---------------|-------|---------|--|-------|
| Masters 20+ |                  |              |               |       |               |       |               |       |         |  |       |
| 1.          | Dennis Wijbenga  | Stadskanaal  |               |       | 4:47.33       |       | 199003283     |       | 4:52.49 |  | +0,81 |
|             | 50m: 30.54       | 30.54        | 150m: 1:46.59 | 38.89 | 250m: 3:03.63 | 39.20 | 350m: 4:20.27 | 35.20 |         |  |       |
|             | 100m: 1:07.70    | 37.16        | 200m: 2:24.43 | 37.84 | 300m: 3:45.07 | 41.44 | 400m: 4:52.49 | 32.22 |         |  |       |
| 2.          | Tim Bunnik       | Triton       |               |       | 4:55.32       |       | 199000505     |       | 4:56.57 |  | +0,77 |
|             | 50m: 30.63       | 30.63        | 150m: 1:43.93 | 37.61 | 250m: 3:04.67 | 42.75 | 350m: 4:22.72 | 34.82 |         |  |       |
|             | 100m: 1:06.32    | 35.69        | 200m: 2:21.92 | 37.99 | 300m: 3:47.90 | 43.23 | 400m: 4:56.57 | 33.85 |         |  |       |
| 3.          | Maik Steenkamp   | Montferland  |               |       | 5:05.16       |       | 199103847     |       | 5:15.66 |  | +0,75 |
|             | 50m: 31.81       | 31.81        | 150m: 1:52.25 | 42.15 | 250m: 3:18.21 | 44.02 | 350m: 4:40.32 | 37.57 |         |  |       |
|             | 100m: 1:10.10    | 38.29        | 200m: 2:34.19 | 41.94 | 300m: 4:02.75 | 44.54 | 400m: 5:15.66 | 35.34 |         |  |       |
| 4.          | Gerben Rozie     | MSV-Zeemacht |               |       | 5:29.97       |       | 199002507     |       | 5:27.00 |  | +0,79 |
|             | 50m: 34.19       | 34.19        | 150m: 1:59.06 | 43.08 | 250m: 3:24.80 | 44.16 | 350m: 4:48.98 | 38.65 |         |  |       |
|             | 100m: 1:15.98    | 41.79        | 200m: 2:40.64 | 41.58 | 300m: 4:10.33 | 45.53 | 400m: 5:27.00 | 38.02 |         |  |       |
| 5.          | Lars Duijnhouwer | Den Doorn    |               |       | 5:36.71       |       | 199107161     |       | 5:30.64 |  | +0,76 |
|             | 50m: 33.52       | 33.52        | 150m: 1:57.51 | 42.71 | 250m: 3:25.58 | 45.87 | 350m: 4:52.26 | 40.81 |         |  |       |
|             | 100m: 1:14.80    | 41.28        | 200m: 2:39.71 | 42.20 | 300m: 4:11.45 | 45.87 | 400m: 5:30.64 | 38.38 |         |  |       |
| 6.          | Dennis Bosma     | Montferland  |               |       | 5:18.09       |       | 199403851     |       | 5:31.37 |  | +0,75 |
|             | 50m: 31.85       | 31.85        | 150m: 1:55.44 | 44.69 | 250m: 3:24.70 | 45.98 | 350m: 4:52.32 | 40.98 |         |  |       |
|             | 100m: 1:10.75    | 38.90        | 200m: 2:38.72 | 43.28 | 300m: 4:11.34 | 46.64 | 400m: 5:31.37 | 39.05 |         |  |       |

Masters 30+

|    |                   |                  |         |       |         |           |       |         |         |       |       |       |         |       |
|----|-------------------|------------------|---------|-------|---------|-----------|-------|---------|---------|-------|-------|-------|---------|-------|
| 1. | Kristiaan Lenos   | LZ 1886          |         |       | 4:55.74 | 198301331 |       | 4:50.22 |         |       | +0,81 |       |         |       |
|    |                   | 50m:             | 29.06   | 29.06 | 150m:   | 1:42.18   | 37.60 | 250m:   | 3:00.76 | 41.63 |       | 350m: | 4:17.43 | 34.12 |
|    |                   | 100m:            | 1:04.58 | 35.52 | 200m:   | 2:19.13   | 36.95 | 300m:   | 3:43.31 | 42.55 |       | 400m: | 4:50.22 | 32.79 |
| 2. | Ralf van der Poel | Zuiderzeewimmers |         |       | 4:56.37 | 198401783 |       | 4:51.40 |         |       | +0,76 |       |         |       |
|    |                   | 50m:             | 30.16   | 30.16 | 150m:   | 1:45.20   | 39.48 | 250m:   | 3:04.35 | 41.19 |       | 350m: | 4:19.46 | 33.84 |
|    |                   | 100m:            | 1:05.72 | 35.56 | 200m:   | 2:23.16   | 37.96 | 300m:   | 3:45.62 | 41.27 |       | 400m: | 4:51.40 | 31.94 |
| 3. | Pieter Pickhardt  | ZPC De Hof       |         |       | 4:59.91 | 198301657 |       | 5:08.17 |         |       | +0,61 |       |         |       |
|    |                   | 50m:             | 32.39   | 32.39 | 150m:   | 1:49.93   | 40.53 | 250m:   | 3:13.60 | 43.58 |       | 350m: | 4:33.33 | 35.14 |
|    |                   | 100m:            | 1:09.40 | 37.01 | 200m:   | 2:30.02   | 40.09 | 300m:   | 3:58.19 | 44.59 |       | 400m: | 5:08.17 | 34.84 |
| 4. | Jeroen Vogelsang  | DAW              |         |       | 5:47.16 | 198001645 |       | 5:40.68 |         |       | +0,88 |       |         |       |
|    |                   | 50m:             | 34.94   | 34.94 | 150m:   | 2:04.31   | 47.98 | 250m:   | 3:39.48 | 47.50 |       | 350m: | 5:05.34 | 37.09 |
|    |                   | 100m:            | 1:16.33 | 41.39 | 200m:   | 2:51.98   | 47.67 | 300m:   | 4:28.25 | 48.77 |       | 400m: | 5:40.68 | 35.34 |

Masters 35+

|    |                   |                  |         |       |       |         |           |         |       |       |       |         |       |       |         |       |
|----|-------------------|------------------|---------|-------|-------|---------|-----------|---------|-------|-------|-------|---------|-------|-------|---------|-------|
| 1. | Egbert Stolk      | d'ELFT WAVE (SG) |         |       |       | 4:54.14 | 197600889 | 4:46.30 |       |       | +0,81 |         |       |       |         |       |
|    |                   | 50m:             | 29.32   | 29.32 | 150m: |         |           | 1:41.71 | 37.93 | 250m: |       | 2:59.67 | 41.36 | 350m: | 4:14.03 | 33.09 |
|    |                   | 100m:            | 1:03.78 | 34.46 | 200m: |         |           | 2:18.31 | 36.60 | 300m: |       | 3:40.94 | 41.27 | 400m: | 4:46.30 | 32.27 |
| 2. | Evgeny Ryzhov     | Sprut            |         |       |       | 4:43.20 | 101628    | 4:53.07 |       |       | +0,81 |         |       |       |         |       |
|    |                   | 50m:             | 28.80   | 28.80 | 150m: |         |           | 1:42.08 | 40.43 | 250m: |       | 3:02.34 | 40.51 | 350m: | 4:18.98 | 35.29 |
|    |                   | 100m:            | 1:01.65 | 32.85 | 200m: |         |           | 2:21.83 | 39.75 | 300m: |       | 3:43.69 | 41.35 | 400m: | 4:53.07 | 34.09 |
| 3. | Freddie Geerlings | HGN (SG)         |         |       |       | 5:13.34 | 197900379 | 5:18.41 |       |       | +0,96 |         |       |       |         |       |
|    |                   | 50m:             | 33.81   | 33.81 | 150m: |         |           | 1:57.12 | 42.32 | 250m: |       | 3:22.10 | 43.05 | 350m: | 4:42.86 | 36.81 |
|    |                   | 100m:            | 1:14.80 | 40.99 | 200m: |         |           | 2:39.05 | 41.93 | 300m: |       | 4:06.05 | 43.95 | 400m: | 5:18.41 | 35.55 |
| 4. | Markus van Rest   | Zoetermeer       |         |       |       | 5:41.90 | 197701197 | 5:39.65 |       |       | +0,88 |         |       |       |         |       |
|    |                   | 50m:             | 32.74   | 32.74 | 150m: |         |           | 1:58.20 | 45.87 | 250m: |       | 3:33.07 | 50.99 | 350m: | 5:03.91 | 39.04 |
|    |                   | 100m:            | 1:12.33 | 39.59 | 200m: |         |           | 2:42.08 | 43.88 | 300m: |       | 4:24.87 | 51.80 | 400m: | 5:39.65 | 35.74 |

Programmanr. 37, Heren, 400m wisselslag

Masters 40+

|    |                       |                  |               |           |               |       |       |               |       |
|----|-----------------------|------------------|---------------|-----------|---------------|-------|-------|---------------|-------|
| 1. | Marcel van Winssen    | De Gelenberg     | 5:25.80       | 197101477 | 5:13.38       | +0,82 |       |               |       |
|    | 50m: 32.42            | 32.42            | 150m: 1:51.43 | 40.24     | 250m: 3:16.26 |       | 44.46 | 350m: 4:37.42 | 36.41 |
|    | 100m: 1:11.19         | 38.77            | 200m: 2:31.80 | 40.37     | 300m: 4:01.01 |       | 44.75 | 400m: 5:13.38 | 35.96 |
| 2. | Stefan Dortmund       | AZ&PC            | 5:40.65       | 197201167 | 5:23.38       | +0,86 |       |               |       |
|    | 50m: 32.44            | 32.44            | 150m: 1:51.32 | 41.52     | 250m: 3:20.14 |       | 46.39 | 350m: 4:44.77 | 37.86 |
|    | 100m: 1:09.80         | 37.36            | 200m: 2:33.75 | 42.43     | 300m: 4:06.91 |       | 46.77 | 400m: 5:23.38 | 38.61 |
| 3. | Gerard Eghuizen       | HZ&PC Heerenveen | 5:42.46       | 197400197 | 5:36.18       | +0,86 |       |               |       |
|    | 50m: 36.27            | 36.27            | 150m: 2:03.33 | 42.36     | 250m: 3:33.52 |       | 46.95 | 350m: 5:00.81 | 38.96 |
|    | 100m: 1:20.97         | 44.70            | 200m: 2:46.57 | 43.24     | 300m: 4:21.85 |       | 48.33 | 400m: 5:36.18 | 35.37 |
| 4. | Heiner Stevens        | Zignea           | 5:45.26       | 197201299 | 5:43.66       | +0,88 |       |               |       |
|    | 50m: 34.67            | 34.67            | 150m: 2:01.55 | 46.09     | 250m: 3:35.10 |       | 48.67 | 350m: 5:04.65 | 40.62 |
|    | 100m: 1:15.46         | 40.79            | 200m: 2:46.43 | 44.88     | 300m: 4:24.03 |       | 48.93 | 400m: 5:43.66 | 39.01 |
| 5. | Kasper van den Berghe | Swol 1894        | 5:45.14       | 197301125 | 5:56.74       | +0,79 |       |               |       |
|    | 50m: 36.29            | 36.29            | 150m: 2:03.36 | 43.56     | 250m: 3:39.79 |       | 53.20 | 350m: 5:15.72 | 42.77 |
|    | 100m: 1:19.80         | 43.51            | 200m: 2:46.59 | 43.23     | 300m: 4:32.95 |       | 53.16 | 400m: 5:56.74 | 41.02 |

Masters 45+

|    |                   |               |                |       |         |           |               |         |       |       |               |       |               |       |
|----|-------------------|---------------|----------------|-------|---------|-----------|---------------|---------|-------|-------|---------------|-------|---------------|-------|
| 1. | Marcel Molendijk  |               | De Vrije Slag  |       | 5:35.14 | 196501117 |               | 5:27.45 | +0,81 |       |               |       |               |       |
|    |                   | 50m: 35.00    |                | 35.00 |         |           | 150m: 1:57.44 |         |       | 42.47 | 250m: 3:26.55 | 47.27 | 350m: 4:51.86 | 37.98 |
|    |                   | 100m: 1:14.97 |                | 39.97 |         |           | 200m: 2:39.28 |         |       | 41.84 | 300m: 4:13.88 | 47.33 | 400m: 5:27.45 | 35.59 |
| 2. | Ron Korzelius     |               | AZ&PC          |       | 5:46.80 | 196500513 |               | 5:28.21 | +0,89 |       |               |       |               |       |
|    |                   | 50m: 34.03    |                | 34.03 |         |           | 150m: 1:57.87 |         |       | 41.79 | 250m: 3:27.44 | 48.36 | 350m: 4:52.38 | 36.58 |
|    |                   | 100m: 1:16.08 |                | 42.05 |         |           | 200m: 2:39.08 |         |       | 41.21 | 300m: 4:15.80 | 48.36 | 400m: 5:28.21 | 35.83 |
| 3. | Harold Matla      |               | PSV            |       | 5:35.66 | 196800591 |               | 5:34.19 | +0,91 |       |               |       |               |       |
|    |                   | 50m: 34.75    |                | 34.75 |         |           | 150m: 2:00.16 |         |       | 43.89 | 250m: 3:29.50 | 45.29 | 350m: 4:55.76 | 40.31 |
|    |                   | 100m: 1:16.27 |                | 41.52 |         |           | 200m: 2:44.21 |         |       | 44.05 | 300m: 4:15.45 | 45.95 | 400m: 5:34.19 | 38.43 |
| 4. | Konstantin Sklyar |               | TG Lage 1862   |       | 5:44.31 | 321129    |               | 5:36.55 | +0,88 |       |               |       |               |       |
|    |                   | 50m: 36.07    |                | 36.07 |         |           | 150m: 2:02.55 |         |       | 45.77 | 250m: 3:35.21 | 48.07 | 350m: 5:01.30 | 37.32 |
|    |                   | 100m: 1:16.78 |                | 40.71 |         |           | 200m: 2:47.14 |         |       | 44.59 | 300m: 4:23.98 | 48.77 | 400m: 5:36.55 | 35.25 |
| 5. | Arno Schrauwen    |               | De Roersoppers |       | 6:11.53 | 196501355 |               | 6:15.07 | +0,85 |       |               |       |               |       |
|    |                   | 50m: 41.72    |                | 41.72 |         |           | 150m: 2:23.44 |         |       | 53.55 | 250m: 4:05.77 | 48.69 | 350m: 5:35.86 | 41.71 |
|    |                   | 100m: 1:29.89 |                | 48.17 |         |           | 200m: 3:17.08 |         |       | 53.64 | 300m: 4:54.15 | 48.38 | 400m: 6:15.07 | 39.21 |

Masters 50+

|    |                           |       |         |                     |       |       |         |           |         |       |         |       |       |         |       |       |         |       |
|----|---------------------------|-------|---------|---------------------|-------|-------|---------|-----------|---------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. | Jan Brink                 |       |         | ZPC De Zeeuwse Kust |       |       | 5:25.16 | 196200091 |         |       | 5:14.82 | +0,90 |       |         |       |       |         |       |
|    |                           | 50m:  | 34.05   |                     | 34.05 | 150m: |         |           | 1:56.29 | 41.94 |         |       | 250m: | 3:21.87 | 45.12 | 350m: | 4:41.54 | 34.58 |
|    |                           | 100m: | 1:14.35 |                     | 40.30 | 200m: |         |           | 2:36.75 | 40.46 |         |       | 300m: | 4:06.96 | 45.09 | 400m: | 5:14.82 | 33.28 |
| 2. | Rene de Boer              |       |         | DAW                 |       |       | 5:50.09 | 196400087 |         |       | 5:37.33 | +0,93 |       |         |       |       |         |       |
|    |                           | 50m:  | 35.63   |                     | 35.63 | 150m: |         |           | 2:02.11 | 45.94 |         |       | 250m: | 3:35.27 | 48.56 | 350m: | 5:01.40 | 37.87 |
|    |                           | 100m: | 1:16.17 |                     | 40.54 | 200m: |         |           | 2:46.71 | 44.60 |         |       | 300m: | 4:23.53 | 48.26 | 400m: | 5:37.33 | 35.93 |
| 3. | Ronald Grove              |       |         | Oceanus             |       |       | 5:38.56 | 196100161 |         |       | 5:40.36 | +0,76 |       |         |       |       |         |       |
|    |                           | 50m:  | 35.05   |                     | 35.05 | 150m: |         |           | 2:02.28 | 45.08 |         |       | 250m: | 3:35.42 | 48.43 | 350m: | 5:02.73 | 38.80 |
|    |                           | 100m: | 1:17.20 |                     | 42.15 | 200m: |         |           | 2:46.99 | 44.71 |         |       | 300m: | 4:23.93 | 48.51 | 400m: | 5:40.36 | 37.63 |
| 4. | Hans Vloedgraven          |       |         | Old Dutch           |       |       | 6:03.65 | 196400917 |         |       | 5:50.11 | +0,91 |       |         |       |       |         |       |
|    |                           | 50m:  | 35.13   |                     | 35.13 | 150m: |         |           | 2:02.97 | 46.65 |         |       | 250m: | 3:37.74 | 50.17 | 350m: | 5:10.86 | 40.40 |
|    |                           | 100m: | 1:16.32 |                     | 41.19 | 200m: |         |           | 2:47.57 | 44.60 |         |       | 300m: | 4:30.46 | 52.72 | 400m: | 5:50.11 | 39.25 |
| 5. | Arturas Tuomas            |       |         | Takas               |       |       | 5:39.38 | 19610925  |         |       | 6:02.55 | +0,90 |       |         |       |       |         |       |
|    |                           | 50m:  | 43.37   |                     | 43.37 | 150m: |         |           | 2:19.54 | 46.94 |         |       | 250m: | 3:55.46 | 49.98 | 350m: | 5:26.11 | 41.37 |
|    |                           | 100m: | 1:32.60 |                     | 49.23 | 200m: |         |           | 3:05.48 | 45.94 |         |       | 300m: | 4:44.74 | 49.28 | 400m: | 6:02.55 | 36.44 |
| 6. | Erich Reschke             |       |         | Barmstedter MTV     |       |       | 5:57.69 | 249912    |         |       | 6:05.92 | +1,09 |       |         |       |       |         |       |
|    |                           | 50m:  | 39.70   |                     | 39.70 | 150m: |         |           | 2:16.38 | 48.58 |         |       | 250m: | 3:52.23 | 48.94 | 350m: | 5:25.49 | 43.50 |
|    |                           | 100m: | 1:27.80 |                     | 48.10 | 200m: |         |           | 3:03.29 | 46.91 |         |       | 300m: | 4:41.99 | 49.76 | 400m: | 6:05.92 | 40.43 |
| 7. | Ralph Caster              |       |         | RZ                  |       |       | 6:43.95 | 196100069 |         |       | 6:26.49 | +0,92 |       |         |       |       |         |       |
|    |                           | 50m:  | 40.72   |                     | 40.72 | 150m: |         |           | 2:21.05 | 52.51 |         |       | 250m: | 4:07.20 | 53.20 | 350m: | 5:44.23 | 44.13 |
|    |                           | 100m: | 1:28.54 |                     | 47.82 | 200m: |         |           | 3:14.00 | 52.95 |         |       | 300m: | 5:00.10 | 52.90 | 400m: | 6:26.49 | 42.26 |
| 8. | Arlandas Antanas Juodeska |       |         | Takas               |       |       | 6:28.55 | 19611226  |         |       | 6:32.46 | +0,86 |       |         |       |       |         |       |
|    |                           | 50m:  | 42.94   |                     | 42.94 | 150m: |         |           | 2:25.68 | 51.36 |         |       | 250m: | 4:09.17 | 53.97 | 350m: | 5:50.93 | 47.75 |
|    |                           | 100m: | 1:34.32 |                     | 51.38 | 200m: |         |           | 3:15.20 | 49.52 |         |       | 300m: | 5:03.18 | 54.01 | 400m: | 6:32.46 | 41.53 |
| 9. | Jan Smalheer              |       |         | SCOM                |       |       | 6:25.10 | 196400701 |         |       | 6:38.43 | +1,35 |       |         |       |       |         |       |
|    |                           | 50m:  | 43.32   |                     | 43.32 | 150m: |         |           | 2:27.59 | 54.66 |         |       | 250m: | 4:15.63 | 56.28 | 350m: | 5:55.48 | 43.29 |
|    |                           | 100m: | 1:32.93 |                     | 49.61 | 200m: |         |           | 3:19.35 | 51.76 |         |       | 300m: | 5:12.19 | 56.56 | 400m: | 6:38.43 | 42.95 |

Programmanr. 37, Heren, 400m wisselslag

Masters 55+

|    |                   |        |               |           |               |       |               |       |
|----|-------------------|--------|---------------|-----------|---------------|-------|---------------|-------|
| 1. | Bart van Doesburg | PSV    | 6:16.30       | 195600463 | 6:17.70       | +0,79 |               |       |
|    | 50m: 42.31        | 42.31  | 150m: 2:22.95 | 49.79     | 250m: 4:02.78 | 51.41 | 350m: 5:36.06 | 42.10 |
|    | 100m: 1:33.16     | 50.85  | 200m: 3:11.37 | 48.42     | 300m: 4:53.96 | 51.18 | 400m: 6:17.70 | 41.64 |
| 2. | Paul Bunnik       | Triton | 6:16.48       | 195600413 | 6:27.92       | +1,06 |               |       |
|    | 50m: 40.03        | 40.03  | 150m: 2:22.34 | 53.03     | 250m: 4:08.29 | 53.59 | 350m: 5:47.44 | 43.53 |
|    | 100m: 1:29.31     | 49.28  | 200m: 3:14.70 | 52.36     | 300m: 5:03.91 | 55.62 | 400m: 6:27.92 | 40.48 |

Masters 65+

|    |                     |         |       |       |         |           |         |         |       |       |         |       |
|----|---------------------|---------|-------|-------|---------|-----------|---------|---------|-------|-------|---------|-------|
| 1. | Donald Uijenbogaart | Het Y   |       |       | 6:04.41 | 194700107 | 6:20.07 |         | +0,86 |       |         |       |
|    | 50m:                | 41.34   | 41.34 | 150m: | 2:19.88 | 51.17     | 250m:   | 4:03.31 | 52.45 | 350m: | 5:39.53 | 42.55 |
|    | 100m:               | 1:28.71 | 47.37 | 200m: | 3:10.86 | 50.98     | 300m:   | 4:56.98 | 53.67 | 400m: | 6:20.07 | 40.54 |

Masters 70+

|    |                            |                 |               |           |               |         |               |       |
|----|----------------------------|-----------------|---------------|-----------|---------------|---------|---------------|-------|
| 1. | Joaquin Canales de Mendoza | RC MEDITERRANEO | 6:47.15       | 24983334  | 7:03.05       | +1,00   |               |       |
|    | 50m: 40.93                 | 40.93           | 150m: 2:29.19 | 56.57     | 250m: 4:29.30 | 1:03.69 | 350m: 6:20.19 | 47.59 |
|    | 100m: 1:32.62              | 51.69           | 200m: 3:25.61 | 56.42     | 300m: 5:32.60 | 1:03.30 | 400m: 7:03.05 | 42.86 |
| 2. | Rob Hanou                  | PSV             | 6:50.27       | 194300109 | 7:29.11       | +1,10   |               |       |
|    | 50m: 49.31                 | 49.31           | 150m: 2:50.28 | 1:00.63   | 250m: 4:48.74 | 1:00.07 | 350m: 6:39.21 | 49.54 |
|    | 100m: 1:49.65              | 1:00.34         | 200m: 3:48.67 | 58.39     | 300m: 5:49.67 | 1:00.93 | 400m: 7:29.11 | 49.90 |