

| rang                      | naam   | vereniging         | inschrijftijd |           | tijd           |
|---------------------------|--|--------------------|---------------|-----------|----------------|
| <b>Masters 20+, Heren</b> |  |                    |               |           |                |
| 1.                        | Tim Bunnik   | W.Z. & P.C. Triton | 2:04.09       | 199000505 | <b>2:03.98</b> |
| AFGEM                     | Danny Vochteloo  | de Spatters        | 3:12.23       | 199207251 |                |
| <b>Masters 25+, Heren</b> |  |                    |               |           |                |
| 1.                        | Jeroen Leenslag  | Scm                | 2:17.54       | 198802129 | <b>2:15.54</b> |
| 2.                        | Jelco Breeuwer   | HZ&PC Heerenveen   | 2:37.52       | 198700461 | <b>2:18.84</b> |
| 3.                        | Stefan van der Grift   | Octopus            | 2:20.78       | 198701121 | <b>2:24.20</b> |
| 4.                        | Bob van Impelen  | IJZ&PC             | 2:35.00       | 198604683 | <b>2:30.51</b> |
| 5.                        | Danny Jannenga   | Ducdalf            | 2:45.02       | 198801673 | <b>2:40.05</b> |
| AFGEM                     | Maurice Schaap   | Zuiderzeewemmers   | 2:48.76       | 198704711 |                |
| <b>Masters 30+, Heren</b> |  |                    |               |           |                |
| 1.                        | Lauren Vis   | Steenwijk 1934     | 2:05.47       | 198201883 | <b>2:02.97</b> |
| 2.                        | Marcel Reefhuis  | WS Twente          | 2:06.83       | 198101381 | <b>2:09.33</b> |
| 3.                        | Rinke Nijland  | IJZ&PC             | 3:00.00       | 197901735 | <b>2:51.64</b> |
| DIS                       | Jos Timmermans   | zpc Stadskanaal    | 2:23.00       | 197901223 |                |
|                           | <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                    |               |           |                |
| <b>Masters 35+, Heren</b> |  |                    |               |           |                |
| 1.                        | Erwin Zuijdervelt  | De Futen           | 2:20.70       | 197501015 | <b>2:19.90</b> |
| <b>Masters 40+, Heren</b> |  |                    |               |           |                |
| 1.                        | Arjan Bellaart   | Z.S.C. Oceanus     | 2:10.37       | 196900079 | <b>2:11.56</b> |
| 2.                        | René Beetsma   | HZ&PC Heerenveen   | 2:16.00       | 196900069 | <b>2:17.57</b> |
| 3.                        | Frank Corveleijn   | Z.S.C. Oceanus     | 2:28.00       | 197201523 | <b>2:21.26</b> |
|                           | Heiner Stevens   | Zignea             | 2:21.10       | 197201299 | <b>2:21.26</b> |
| 5.                        | Gerhard Knol   | ZV De Aalscholver  | 2:24.89       | 197100483 | <b>2:24.34</b> |
| 6.                        | Erik Zoethout  | Aqualero           | 2:31.93       | 196901157 | <b>2:31.76</b> |
| 7.                        | Erik Veltman   | zpc Stadskanaal    | 2:35.00       | 197200941 | <b>2:35.30</b> |
| 8.                        | Arnold Jonker  | HZ&PC Heerenveen   | 2:55.95       | 197000529 | <b>2:56.31</b> |
| <b>Masters 45+, Heren</b> |  |                    |               |           |                |
| 1.                        | Jan Wierenga   | ZV De Aalscholver  | 2:22.83       | 196400843 | <b>2:19.60</b> |
| 2.                        | Henk de Raad   | Deltasteur         | 2:19.00       | 196501503 | <b>2:20.23</b> |
| 3.                        | Johan Neevel   | Deltasteur         | 2:24.00       | 196501475 | <b>2:20.38</b> |
| 4.                        | Huyb Stegeman  | Steenwijk 1934     | 2:35.36       | 196701535 | <b>2:32.98</b> |
| 5.                        | Jan Smalheer   | Scm                | 2:40.99       | 196400701 | <b>2:37.74</b> |
| 6.                        | John de Rapper   | HZ&PC Heerenveen   | 2:40.00       | 196600637 | <b>2:41.45</b> |
| 7.                        | Rene Speelman  | de Spatters        | 2:53.98       | 196601521 | <b>2:56.51</b> |
| <b>Masters 50+, Heren</b> |  |                    |               |           |                |
| 1.                        | Gert Sikkema   | Zignea             | 2:12.35       | 196300687 | <b>2:11.95</b> |
| 2.                        | Edzo Huisman   | Aquapoldro         | 2:28.00       | 196301029 | <b>2:29.09</b> |
| 3.                        | Jack Barends   | WS Twente          | 2:41.28       | 196201011 | <b>2:39.26</b> |
| 4.                        | Pier van der Sluis   | Orca               | 2:48.50       | 195900757 | <b>2:40.12</b> |
| 5.                        | Jan Willem Heuten  | WS Twente          | 2:41.11       | 196000883 | <b>2:42.95</b> |
| 6.                        | Jan Haitsma  | de Spatters        | 3:23.29       | 196000929 | <b>3:08.43</b> |
| 7.                        | Michiel Tonsbeek   | Dwt                | 3:17.57       | 196000889 | <b>3:18.76</b> |
| <b>Masters 55+, Heren</b> |  |                    |               |           |                |
| 1.                        | Ron van der Zande  | ZV De Aalscholver  | 2:29.13       | 195500307 | <b>2:38.32</b> |
| 2.                        | Joop van Dijk  | Deltasteur         | 3:08.13       | 195700075 | <b>2:58.36</b> |
| 3.                        | Jan Timmerman  | IJZ&PC             | 3:09.72       | 195700347 | <b>3:17.32</b> |
| <b>Masters 60+, Heren</b> |  |                    |               |           |                |
| 1.                        | Ale v.d. Veen  | Hpc                | 2:30.00       | 194900159 | <b>2:27.53</b> |
| 2.                        | Jos Kamps  | De Amer            | 2:51.69       | 195100085 | <b>2:48.08</b> |

Programmanr. 1, 200m vrije slag

Masters 65+, Heren

|    |                 |            |         |           |                |
|----|-----------------|------------|---------|-----------|----------------|
| 1. | Mans Buis       | Het Ravijn | 3:36.05 | 194700133 | <b>3:27.54</b> |
| 2. | Henk Oostendorp | ZV De Bron | 3:34.09 | 194800093 | <b>3:36.15</b> |

Masters 75+, Heren

|    |               |                |         |           |                |
|----|---------------|----------------|---------|-----------|----------------|
| 1. | Nic Geers     | Z&PC De Gouwe  | 3:01.00 | 193800007 | <b>2:54.42</b> |
| 2. | Gregor Pompen | Aqua-Novio '94 | 3:45.00 | 193700021 | <b>3:29.16</b> |

Masters 20+, Dames

|    |                     |                  |         |           |                |
|----|---------------------|------------------|---------|-----------|----------------|
| 1. | Sigrit Aarten       | Deltasteur       | 2:19.51 | 199302868 | <b>2:18.29</b> |
| 2. | Désirée Hulsmeyer   | Het Ravijn       | 2:31.17 | 199001656 | <b>2:27.39</b> |
| 3. | Irmgard van Weeghel | Octopus          | 2:30.80 | 199204834 | <b>2:27.56</b> |
| 4. | Marloes Benjamins   | Aqualero         | 2:35.84 | 199105110 | <b>2:34.10</b> |
| 5. | Els Koedijk         | Zignea           | 2:55.45 | 199303108 | <b>2:43.02</b> |
| 6. | Liesbeth Bruinekool | Zuiderzeewemmers | 3:53.45 | 199007958 | <b>3:54.47</b> |

Masters 25+, Dames

|       |                     |                    |         |           |                |
|-------|---------------------|--------------------|---------|-----------|----------------|
| 1.    | Karin Hovenkamp     | de Spatters        | 2:39.10 | 198701850 | <b>2:41.85</b> |
| 2.    | Esther Beerling     | W.Z. & P.C. Triton | 2:45.42 | 198400120 | <b>2:44.12</b> |
| AFGEM | Lisette Poelhekkers | ZV De Aalscholver  | 2:41.44 | 198403408 |                |
| AFGEM | Yvette Nota         | de Spatters        | 2:39.82 | 198703158 |                |

Masters 30+, Dames

|    |                      |                |         |           |                |
|----|----------------------|----------------|---------|-----------|----------------|
| 1. | Carmen Haan          | de Spatters    | 2:38.15 | 197901458 | <b>2:36.22</b> |
| 2. | Monique Stant        | Z.S.C. Oceanus | 2:36.50 | 198201592 | <b>2:38.03</b> |
| 3. | Eveline Hacquebord   | IJZ&PC         | 2:45.67 | 197901206 | <b>2:40.42</b> |
| 4. | Marjolein Kiewiet    | Aquapoldro     | 2:57.07 | 197901404 | <b>3:07.50</b> |
| 5. | Rianne van Vegchelen | Deltasteur     | 3:11.04 | 198101530 | <b>3:09.19</b> |

Masters 35+, Dames

|    |                   |                  |         |           |                |
|----|-------------------|------------------|---------|-----------|----------------|
| 1. | Melanie Kuiper    | Zignea           | 2:29.50 | 197600350 | <b>2:32.86</b> |
| 2. | Jannie Vennik     | HZ&PC Heerenveen | 2:46.00 | 197601006 | <b>2:43.89</b> |
| 3. | Babette Rens      | Dedemsvaart-AC   | 2:38.75 | 197801200 | <b>2:44.92</b> |
| 4. | Margriet Leeffers | Deltasteur       | 2:56.15 | 197800448 | <b>2:48.29</b> |

Masters 40+, Dames

|    |                     |                |         |           |                |
|----|---------------------|----------------|---------|-----------|----------------|
| 1. | Annette de Visser   | Z.S.C. Oceanus | 2:30.00 | 197100602 | <b>2:25.69</b> |
| 2. | Cynthia Noordermeer | Het Y          | 2:31.46 | 197000358 | <b>2:30.36</b> |
| 3. | Ageeth Boomsma      | Orca           | 2:46.04 | 197000826 | <b>2:42.61</b> |
| 4. | Angeline Hamstra    | Scom           | 3:00.74 | 197200782 | <b>3:03.33</b> |
| 5. | Greta Wyma-Teitsma  | Dwk            | 3:08.53 | 197100696 | <b>3:08.16</b> |

Masters 45+, Dames

|    |                    |                |         |           |                |
|----|--------------------|----------------|---------|-----------|----------------|
| 1. | Laura Staal        | Z.S.C. Oceanus | 2:35.00 | 196700358 | <b>2:34.55</b> |
| 2. | Marion Broekhuis   | WS Twente      | 2:44.62 | 196800060 | <b>2:34.69</b> |
| 3. | Wilna Heijman      | 't Tolhekke    | 2:37.16 | 196400506 | <b>2:39.89</b> |
| 4. | Ilse Vos-Viergever | De Hokseberg   | 2:53.26 | 196800644 | <b>2:50.07</b> |
| 5. | Hetty Smalheer     | Scom           | 2:57.80 | 196700352 | <b>2:59.52</b> |
| 6. | Lenie Veldhuizen   | De Forel       | 4:10.11 | 196800476 | <b>4:11.99</b> |

Masters 50+, Dames

|       |  |                    |         |           |                |
|-------|--|--------------------|---------|-----------|----------------|
| 1.    | Marijke Kraak  | WS Twente          | 2:53.06 | 196000240 | <b>2:43.25</b> |
| 2.    | Petra Tossings   | Daw                | 3:02.07 | 196100376 | <b>2:48.19</b> |
| 3.    | Ellen Parma  | W.Z. & P.C. Triton | 2:59.92 | 196200366 | <b>3:07.26</b> |
| 4.    | Betsie Klompmaker  | Noord Veluwe       | 3:35.00 | 195900200 | <b>3:40.91</b> |
| DIS   | Jennie Resink  | Dwk                | 3:05.70 | 196000142 |                |
|       | <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                    |         |           |                |
| DIS   | Pia van der Molen  | HZ&PC Heerenveen   | 2:52.00 | 196000116 |                |
|       | <i>AF - De aangegeven afstand niet uitgezwommen.</i>               |                    |         |           |                |
| AFGEM | Annemarie Vuist  | Swol 1894          | 2:43.10 | 196300282 |                |

Programmanr. 1, 200m vrije slag

Masters 55+, Dames

|       |                   |              |         |           |                |
|-------|-------------------|--------------|---------|-----------|----------------|
|       | 1. Monica Bakker  | ZVZwartsluis | 2:51.70 | 195600082 | <b>2:47.80</b> |
|       | 2. Margriet Pasma | De Pinquin   | 2:46.78 | 195500088 | <b>2:52.96</b> |
| AFGEM | Mathilde Vink     | Swol 1894    | 2:49.29 | 195800128 |                |

Masters 60+, Dames

|  |                       |          |         |           |                |
|--|-----------------------|----------|---------|-----------|----------------|
|  | 1. Alison Gilbert     | De Futen | 3:11.00 | 195300068 | <b>2:57.98</b> |
|  | 2. Corine Kalbfleisch | Dwt      | 3:20.36 | 195200024 | <b>3:21.13</b> |

Programmanr. 2

25m schoolslag

20 - 94 jaar

19-10-2013 - 17:05

Resultaten

| rang                      | naam   | vereniging         | inschrijftijd |           | tijd         |
|---------------------------|--|--------------------|---------------|-----------|--------------|
| <b>Masters 20+, Heren</b> |  |                    |               |           |              |
|                           | 1. Eric Kalee  | De Amer            | 18.46         | 199005307 | <b>18.04</b> |
|                           | 2. Bart van Olst   | Ducdalf            | 19.92         | 199101709 | <b>20.22</b> |
|                           | 3. Gerwin Bouwmeester  | Zvv                | 22.62         | 199103501 | <b>22.82</b> |
| AFGEM                     | Danny Vochteloo  | de Spatters        | 22.11         | 199207251 |              |
| <b>Masters 25+, Heren</b> |  |                    |               |           |              |
|                           | 1. Simon Hogenstijn  | Zvv                | 18.50         | 198805915 | <b>16.98</b> |
|                           | 2. Robin Eggenkamp   | De Duinkickers     | 18.20         | 198700847 | <b>17.50</b> |
|                           | 3. Mark Dieleman   | Zignea             | 19.55         | 198500545 | <b>17.79</b> |
|                           | 4. Marc Jansen   | Zvv                | 19.50         | 198604661 | <b>17.82</b> |
| <b>Masters 30+, Heren</b> |  |                    |               |           |              |
|                           | 1. Mark Brinkhuis  | Hera'11            | 17.39         | 198302609 | <b>16.67</b> |
|                           | 2. Hans Cligge   | De Futen           | 16.88         | 198100315 | <b>16.77</b> |
|                           | 3. Rutger Stam   | De Amer            | 16.76         | 198102463 | <b>16.95</b> |
|                           | 4. Remco Smit  | ZV De Aalscholver  | 17.50         | 198102477 | <b>17.60</b> |
|                           | 5. Reinier Vis   | IJZ&PC             | 18.00         | 198002289 | <b>18.16</b> |
|                           | 6. Remco Veerkamp  | Zuiderzeezwemmers  | 19.36         | 198102311 | <b>19.16</b> |
| AFGEM                     | Oliver de Haas   | ZV De Bron         | 15.05         | 198002213 |              |
| <b>Masters 35+, Heren</b> |  |                    |               |           |              |
|                           | 1. Kees Bakker   | Gay Swim Amsterdam | 16.00         | 197501055 | <b>15.57</b> |
|                           | 2. Peter Lutjes  | zpc Stadskanaal    | 17.28         | 197601471 | <b>17.07</b> |
|                           | 3. Martijn Groothuisink  | Swol 1894          | 18.10         | 197501061 | <b>18.26</b> |
|                           | 4. Silvan Scholten   | Deltasteur         | 23.00         | 197601557 | <b>22.26</b> |
| <b>Masters 40+, Heren</b> |  |                    |               |           |              |
|                           | 1. Kasper van den Berghe   | Swol 1894          | 16.67         | 197301125 | <b>17.68</b> |
|                           | 2. Gertjan van de Bosch  | IJZ&PC             | 18.69         | 197001615 | <b>18.50</b> |
|                           | 3. Edwin Vos   | Swol 1894          | 19.03         | 197001411 | <b>18.70</b> |
|                           | 4. Bert Mars   | Swol 1894          | 18.50         | 197101147 | <b>19.26</b> |
|                           | 5. Oebele Boomsma  | Orca               | 22.70         | 197001659 | <b>23.95</b> |
| <b>Masters 45+, Heren</b> |  |                    |               |           |              |
|                           | 1. Marcel Jonkman  | Aqualero           | 15.21         | 196801389 | <b>15.11</b> |
|                           | 2. Paul de Boer  | De Amer            | 16.11         | 196801413 | <b>16.16</b> |
|                           | 3. Roelof Broekman   | de Spatters        | 17.82         | 196800155 | <b>17.76</b> |
|                           | 4. Jan de Lange  | WS Twente          | 18.20         | 196501273 | <b>18.59</b> |
|                           | 5. Rene Speelman   | de Spatters        | 20.76         | 196601521 | <b>19.98</b> |
| DIS                       | Fred Heemstra  | Daw                | 16.42         | 196500357 |              |
|                           | <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                    |               |           |              |
| DIS                       | Henri Vos  | Swol 1894          | 18.98         | 196500979 |              |
|                           | <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                    |               |           |              |
| AFGEM                     | Lambert Morsink  | W.Z. & P.C. Triton | 17.82         | 196501427 |              |
| AFGEM                     | Jan Blaauw   | zpc Stadskanaal    | 17.00         | 196401139 |              |
| AFGEM                     | Henk van Zetten  | Octopus            | 19.75         | 196701261 |              |

Programmanr. 2, 25m schoolslag

Masters 50+, Heren

|                     |                |       |           |              |
|---------------------|----------------|-------|-----------|--------------|
| 1. Casper Dollekamp | Steenwijk 1934 | 17.91 | 196301341 | <b>17.86</b> |
| 2. Henry Brouwer    | Aqualero       | 18.50 | 196301223 | <b>18.36</b> |
| 3. John Dam         | Zignea         | 20.04 | 196000915 | <b>19.10</b> |

Masters 55+, Heren

|                         |                    |       |           |              |
|-------------------------|--------------------|-------|-----------|--------------|
| 1. Jappie Kuiper        | Swol 1894          | 20.93 | 195500417 | <b>20.16</b> |
| 2. Adrie van der Gracht | Oeza               | 19.64 | 195700485 | <b>20.17</b> |
| 3. Kees Karsten         | Gay Swim Amsterdam | 21.00 | 195800203 | <b>21.41</b> |

Masters 60+, Heren

|                  |                  |       |           |              |
|------------------|------------------|-------|-----------|--------------|
| 1. Bert Veerkamp | Zuiderzeewimmers | 24.05 | 195200271 | <b>27.12</b> |
|------------------|------------------|-------|-----------|--------------|

Masters 65+, Heren

|                 |     |       |           |              |
|-----------------|-----|-------|-----------|--------------|
| 1. Jaap Kwakkel | Daw | 22.00 | 194700157 | <b>18.98</b> |
|-----------------|-----|-------|-----------|--------------|

Masters 70+, Heren

|                   |      |       |           |              |
|-------------------|------|-------|-----------|--------------|
| 1. Aad Grapendaal | Oeza | 25.85 | 194200063 | <b>26.92</b> |
|-------------------|------|-------|-----------|--------------|

Masters 75+, Heren

|                      |                |       |           |              |
|----------------------|----------------|-------|-----------|--------------|
| 1. Gregor Pompen     | Aqua-Novio '94 | 26.00 | 193700021 | <b>23.89</b> |
| 2. Pieter Scharphorn | Neptunus       | 26.73 | 193800037 | <b>28.29</b> |

Masters 20+, Dames

|                             |                 |       |           |              |
|-----------------------------|-----------------|-------|-----------|--------------|
| 1. Selly Swieringa          | Aqualero        | 19.27 | 199008320 | <b>18.12</b> |
| 2. Gerlinde van de Wetering | Deltasteur      | 19.69 | 198904678 | <b>19.64</b> |
| 3. Elzemieke Gersen         | zpc Stadskanaal | 20.00 | 199108460 | <b>19.66</b> |
| 4. Chantal Netjes           | Zignea          | 21.20 | 198903014 | <b>20.32</b> |
| 5. Maaïke Hiemstra          | Aqualero        | 23.00 | 199008318 | <b>21.52</b> |
| 6. Jannica Lieste           | Deltasteur      | 22.00 | 199008348 | <b>21.57</b> |
| 7. Rowena Geerts            | Scom            | 30.00 | 199005312 | <b>24.16</b> |

Masters 25+, Dames

|                       |                    |       |           |              |
|-----------------------|--------------------|-------|-----------|--------------|
| 1. Margo Kruithof     | zpc Stadskanaal    | 19.00 | 198702408 | <b>18.54</b> |
| 2. Annelette de Vries | WS Twente          | 18.64 | 198603908 | <b>18.98</b> |
| 3. Jennifer Go        | W.Z. & P.C. Triton | 19.78 | 198400766 | <b>20.07</b> |
| 4. Aleida Groenendijk | Zuiderzeewimmers   | 20.50 | 198400816 | <b>20.48</b> |
| 5. Sabrina Dessens    | ZV De Bron         | 21.00 | 198503486 | <b>21.20</b> |
| 6. Rosemarie Veerkamp | Zuiderzeewimmers   | 21.77 | 198706092 | <b>21.57</b> |

Masters 30+, Dames

|                       |        |       |           |              |
|-----------------------|--------|-------|-----------|--------------|
| 1. Eveline Hacquebord | IJZ&PC | 20.44 | 197901206 | <b>18.80</b> |
| 2. Mirjam Minderhoud  | Zignea | 21.95 | 198301398 | <b>22.76</b> |

Masters 40+, Dames

|                      |                  |       |           |              |
|----------------------|------------------|-------|-----------|--------------|
| 1. Tony de Groot     | De Futen         | 19.51 | 197300758 | <b>19.70</b> |
| 2. Iris van Aurich   | Dwk              | 19.86 | 196900866 | <b>19.95</b> |
| 3. Peggi Hurenkamp   | HZ&PC Heerenveen | 22.00 | 196900922 | <b>21.39</b> |
| DIS Karien Lasschuit | ZV De Bron       | 30.00 | 197000972 |              |

AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.

Masters 35+, Dames

|                        |            |       |           |              |
|------------------------|------------|-------|-----------|--------------|
| 1. Miranda Straetemans | Zignea     | 19.28 | 197400514 | <b>17.72</b> |
| 2. Margriet Leeffers   | Deltasteur | 23.23 | 197800448 | <b>22.08</b> |

Programmanr. 2, 25m schoolslag

Masters 45+, Dames

|    |                         |                    |       |           |              |
|----|-------------------------|--------------------|-------|-----------|--------------|
| 1. | Caroline Schreuder      | W.Z. & P.C. Triton | 19.38 | 196700550 | <b>19.30</b> |
| 2. | Annette Korving         | Aqualero           | 19.26 | 196700662 | <b>19.33</b> |
| 3. | Roelien (T.R.) Speelman | de Spatters        | 22.22 | 196600664 | <b>20.56</b> |
| 4. | Jeanette Smits          | Orca               | 23.40 | 196600312 | <b>22.09</b> |
| 5. | Riekie Schra            | Steenwijk 1934     | 27.32 | 196400404 | <b>28.57</b> |

Masters 50+, Dames

|    |                   |           |       |           |              |
|----|-------------------|-----------|-------|-----------|--------------|
| 1. | Marijke Kraak     | WS Twente | 20.51 | 196000240 | <b>20.08</b> |
| 2. | Marjan Spoelstra  | Swol 1894 | 22.29 | 196000236 | <b>22.33</b> |
| 3. | Willy Schoenmaker | Dwk       | 23.56 | 195900254 | <b>23.39</b> |
| 4. | Joke Burgers      | Swol 1894 | 25.53 | 196000226 | <b>26.59</b> |

Masters 55+, Dames

|     |                 |                    |       |           |  |
|-----|-----------------|--------------------|-------|-----------|--|
| DIS | Simonet Schroot | Gay Swim Amsterdam | 25.07 | 195800108 |  |
|-----|-----------------|--------------------|-------|-----------|--|

*AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.*

Masters 60+, Dames

|  |                  |                    |       |           |              |
|--|------------------|--------------------|-------|-----------|--------------|
| 1.   | Bea Swijnenberg  | Swol 1894          | 20.30 | 194900010 | <b>20.42</b> |
| DIS  | Alison Gilbert   | De Futen           | 21.73 | 195300068 |              |
| <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                  |                    |       |           |              |
| DIS  | Anna de Weert    | Gay Swim Amsterdam | 28.91 | 194900020 |              |
| <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                  |                    |       |           |              |
| AFGEM  | Adrie Oostendorp | ZV De Bron         | 32.41 | 194900024 |              |

Masters 65+, Dames

|    |                 |                |       |           |              |
|----|-----------------|----------------|-------|-----------|--------------|
| 1. | Annet Verhoeven | De Duinkickers | 23.23 | 194600024 | <b>22.97</b> |
| 2. | Leny Kamp       | Aquapoldro     | 29.00 | 194400008 | <b>28.54</b> |
| 3. | Greet Brehler   | ZV Hatto-Heim  | 31.00 | 194400004 | <b>28.76</b> |

Programmanr. 3  
19-10-2013 - 17:20

100m vlinderslag

20 - 94 jaar  
Resultaten

| rang   | naam                 | vereniging         | inschrijftijd |           | tijd           |
|--|----------------------|--------------------|---------------|-----------|----------------|
| <b>Masters 20+, Heren</b>  |                      |                    |               |           |                |
| 1.   | Tim Bunnik           | W.Z. & P.C. Triton | 1:03.00       | 199000505 | <b>1:05.20</b> |
| 2.   | Matthijs van Doorn   | Het Ravijn         | 1:30.00       | 199207231 | <b>1:51.11</b> |
| <b>Masters 25+, Heren</b>  |                      |                    |               |           |                |
| 1.   | Jauke Hamstra        | Deltasteur         | 1:06.02       | 198601089 | <b>1:07.20</b> |
| 2.   | Stefan van der Grift | Octopus            | 1:08.72       | 198701121 | <b>1:11.07</b> |
| 3.   | Danny Jannenga       | Ducdalf            | 1:30.15       | 198801673 | <b>1:29.41</b> |
| <b>Masters 30+, Heren</b>  |                      |                    |               |           |                |
| 1.   | Gerwin Vonk          | de Spatters        | 1:06.75       | 198201907 | <b>1:08.56</b> |
| 2.   | Rob van Wanrooy      | Gay Swim Amsterdam | 1:22.00       | 198202627 | <b>1:18.16</b> |
| 3.   | Hans Cligge          | De Futen           | 1:28.49       | 198100315 | <b>1:38.36</b> |
| DIS  | Jos Timmermans       | zpc Stadskanaal    | 1:11.00       | 197901223 |                |
| <i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i> |                      |                    |               |           |                |
| <b>Masters 35+, Heren</b>  |                      |                    |               |           |                |
| 1.   | Machiel Stolk        | Swol 1894          | 1:09.30       | 197400779 | <b>1:10.04</b> |
| AFGEM  | Kars Luttk           | Daw                | 1:09.45       | 197800675 |                |

Programmanr. 3, 100m vlinderslag

Masters 40+, Heren

|    |                      |                   |         |           |                |
|----|----------------------|-------------------|---------|-----------|----------------|
| 1. | René Beetsma         | HZ&PC Heerenveen  | 1:07.90 | 196900069 | <b>1:07.65</b> |
| 2. | Arjan Bellaart       | Z.S.C. Oceanus    | 1:08.54 | 196900079 | <b>1:09.29</b> |
| 3. | Heiner Stevens       | Zignea            | 1:08.65 | 197201299 | <b>1:09.95</b> |
| 4. | Kasper van den Bergh | Swol 1894         | 1:14.20 | 197301125 | <b>1:12.82</b> |
| 5. | Gerhard Knol         | ZV De Aalscholver | 1:14.88 | 197100483 | <b>1:18.44</b> |
| 6. | Marcel Brittijn      | De Duinkickers    | 1:33.47 | 196900159 | <b>1:31.01</b> |
| 7. | Arnold Jonker        | HZ&PC Heerenveen  | 1:49.75 | 197000529 | <b>1:52.02</b> |

Masters 45+, Heren

|    |               |                   |         |           |                |
|----|---------------|-------------------|---------|-----------|----------------|
| 1. | Ron Korzelius | Az&Pc             | 1:13.19 | 196500513 | <b>1:14.26</b> |
| 2. | Jan Wierenga  | ZV De Aalscholver | 1:15.08 | 196400843 | <b>1:16.13</b> |
| 3. | Jan Smalheer  | Scom              | 1:27.18 | 196400701 | <b>1:23.91</b> |
| 4. | Jan de Lange  | WS Twente         | 1:40.92 | 196501273 | <b>1:35.45</b> |

Masters 50+, Heren

|       |                  |             |         |           |                |
|-------|------------------|-------------|---------|-----------|----------------|
| 1.    | Jan Haitzma      | de Spatters | 1:46.81 | 196000929 | <b>1:40.66</b> |
| 2.    | Michiel Tonsbeek | Dwt         | 2:00.40 | 196000889 | <b>1:54.32</b> |
| AFGEM | Nico Rozemeijer  | Aquafit     | 1:18.50 | 195900751 |                |

Masters 55+, Heren

|    |                 |                  |         |           |                |
|----|-----------------|------------------|---------|-----------|----------------|
| 1. | Marten de Groot | HZ&PC Heerenveen | 1:11.21 | 195800149 | <b>1:09.02</b> |
|----|-----------------|------------------|---------|-----------|----------------|

Masters 20+, Dames

|     |                     |                   |         |           |                |
|-----|---------------------|-------------------|---------|-----------|----------------|
| 1.  | Maaïke Vooren       | Daw               | 1:14.81 | 199103324 | <b>1:13.36</b> |
| 2.  | Désirée Hulsmeyer   | Het Ravijn        | 1:17.30 | 199001656 | <b>1:15.77</b> |
| 3.  | Marloes Benjamins   | Aqualero          | 1:27.10 | 199105110 | <b>1:31.38</b> |
| 4.  | Liesbeth Bruinekool | Zuiderzeezwemmers | 2:11.12 | 199007958 | <b>2:16.21</b> |
| DIS | Jacqueline Schroer  | Daw               | 1:28.00 | 199108490 |                |

*AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.*

Masters 25+, Dames

|    |                 |             |         |           |                |
|----|-----------------|-------------|---------|-----------|----------------|
| 1. | Karin Hovenkamp | de Spatters | 1:18.61 | 198701850 | <b>1:18.96</b> |
|----|-----------------|-------------|---------|-----------|----------------|

Masters 30+, Dames

|       |                |            |         |           |                |
|-------|----------------|------------|---------|-----------|----------------|
| 1.    | Elvira Jonkers | De Pinquin | 1:07.54 | 197900420 | <b>1:08.18</b> |
| AFGEM | Kristel Lips   | ZV De Bron | 1:22.56 | 197900562 |                |

Masters 40+, Dames

|    |                     |                   |         |           |                |
|----|---------------------|-------------------|---------|-----------|----------------|
| 1. | Ingrid Boot         | ZV De Aalscholver | 1:13.10 | 197000168 | <b>1:10.89</b> |
| 2. | Cynthia Noordermeer | Het Y             | 1:18.08 | 197000358 | <b>1:20.05</b> |
| 3. | Mengsanne Heijnen   | Zignea            | 1:29.55 | 197100878 | <b>1:31.39</b> |
| 4. | Iris van Aurich     | Dwk               | 1:32.92 | 196900866 | <b>1:33.96</b> |

Masters 35+, Dames

|    |                    |            |         |           |                |
|----|--------------------|------------|---------|-----------|----------------|
| 1. | Diane Scholing     | Het Ravijn | 1:20.34 | 197701090 | <b>1:21.50</b> |
| 2. | Miranda Straetmans | Zignea     | 1:25.00 | 197400514 | <b>1:22.33</b> |

Masters 45+, Dames

|    |               |        |         |           |                |
|----|---------------|--------|---------|-----------|----------------|
| 1. | Miranda Keijl | Zignea | 1:33.57 | 196500588 | <b>1:36.23</b> |
|----|---------------|--------|---------|-----------|----------------|

Masters 50+, Dames

|    |                  |           |         |           |                |
|----|------------------|-----------|---------|-----------|----------------|
| 1. | Marjan Spoelstra | Swol 1894 | 1:49.51 | 196000236 | <b>1:50.12</b> |
|----|------------------|-----------|---------|-----------|----------------|

Masters 55+, Dames

|    |                  |              |         |           |                |
|----|------------------|--------------|---------|-----------|----------------|
| 1. | Monica Bakker    | ZVZwartsluis | 1:42.54 | 195600082 | <b>1:37.22</b> |
| 2. | Tonny den Braber | Scom         | 1:54.54 | 195700022 | <b>1:54.32</b> |

| rang   | naam                  | vereniging         | inschrijftijd | tijd      |              |
|--|-----------------------|--------------------|---------------|-----------|--------------|
| <b>Masters 20+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Eric Kalee            | De Amer            | 20.98         | 199005307 | <b>13.92</b> |
| 2.   | Bart van Olst         | Ducdalf            | 14.48         | 199101709 | <b>15.32</b> |
| 3.   | Gerwin Bouwmeester    | Zvv                | 17.02         | 199103501 | <b>17.42</b> |
| <b>Masters 25+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Mark Dieleman         | Zignea             | 14.88         | 198500545 | <b>13.80</b> |
| 2.   | Marc Jansen           | Zvv                | 15.07         | 198604661 | <b>14.60</b> |
| <b>Masters 30+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Rutger Stam           | De Amer            | 11.60         | 198102463 | <b>12.11</b> |
| 2.   | Mark Brinkhuis        | Hera'11            | 14.80         | 198302609 | <b>14.06</b> |
| 3.   | Remco Smit            | ZV De Aalscholver  | 13.75         | 198102477 | <b>14.32</b> |
| 4.   | Rinke Nijland         | IJZ&PC             | 15.00         | 197901735 | <b>14.62</b> |
| 5.   | Remco Veerkamp        | Zuiderzeezwemmers  | 15.26         | 198102311 | <b>15.54</b> |
| AFGEM  | Oliver de Haas        | ZV De Bron         | 12.14         | 198002213 |              |
| <b>Masters 35+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Peter Lutjes          | zpc Stadskanaal    | 13.00         | 197601471 | <b>12.92</b> |
| 2.   | Martijn Groothuismink | Swol 1894          | 13.32         | 197501061 | <b>13.39</b> |
| 3.   | Silvan Scholten       | Deltasteur         | 16.00         | 197601557 | <b>17.02</b> |
| <b>Masters 40+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Gerko Versluis        | Zuiderzeezwemmers  | 13.00         | 196901439 | <b>13.10</b> |
| 2.   | Kasper van den Berghe | Swol 1894          | 13.15         | 197301125 | <b>13.32</b> |
| 3.   | Bert Mars             | Swol 1894          | 14.90         | 197101147 | <b>14.64</b> |
| 4.   | Gertjan van de Bosch  | IJZ&PC             | 15.86         | 197001615 | <b>15.72</b> |
| 5.   | Oebele Boomsma        | Orca               | 19.70         | 197001659 | <b>18.56</b> |
| DIS  | Edwin Vos             | Swol 1894          | 13.48         | 197001411 |              |
| <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                       |                    |               |           |              |
| <b>Masters 45+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Marcel Jonkman        | Aqualero           | 13.13         | 196801389 | <b>12.85</b> |
| 2.   | Paul de Boer          | De Amer            | 12.88         | 196801413 | <b>13.04</b> |
| 3.   | Fred Heemstra         | Daw                | 14.00         | 196500357 | <b>13.29</b> |
| 4.   | Jan Lindenaar         | Uzsc               | 13.35         | 196701623 | <b>13.36</b> |
| 5.   | Henri Vos             | Swol 1894          | 14.38         | 196500979 | <b>13.56</b> |
| 6.   | Roelof Broekman       | de Spatters        | 14.86         | 196800155 | <b>14.20</b> |
| DIS  | Huyb Stegeman         | Steenwijk 1934     | 14.64         | 196701535 |              |
| <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                       |                    |               |           |              |
| AFGEM  | Lambert Morsink       | W.Z. & P.C. Triton | 13.36         | 196501427 |              |
| AFGEM  | Henk van Zetten       | Octopus            | 15.44         | 196701261 |              |
| <b>Masters 50+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Jos Verhoeven         | ZV De Aalscholver  | 13.65         | 196301161 | <b>13.45</b> |
| 2.   | Ronald van Vliet      | ZV De Aalscholver  | 13.62         | 196300997 | <b>13.76</b> |
| 3.   | Henk Kuipers          | Uzsc               | 14.50         | 196201207 | <b>14.64</b> |
| 4.   | John Dam              | Zignea             | 15.23         | 196000915 | <b>19.86</b> |
| <b>Masters 55+, Heren</b>  |                       |                    |               |           |              |
| 1.   | Paul Bunnik           | W.Z. & P.C. Triton | 14.32         | 195600413 | <b>14.23</b> |
| 2.   | Jappie Kuiper         | Swol 1894          | 14.46         | 195500417 | <b>14.78</b> |
| 3.   | Jan Timmerman         | IJZ&PC             | 14.82         | 195700347 | <b>15.73</b> |
| 4.   | Adrie van der Gracht  | Oeza               | 16.83         | 195700485 | <b>17.07</b> |

Programmanr. 4, 25m vrije slag

Masters 60+, Heren

|                  |                   |       |           |              |
|------------------|-------------------|-------|-----------|--------------|
| 1. Bert Veerkamp | Zuiderzeezwemmers | 23.04 | 195200271 | <b>24.39</b> |
|------------------|-------------------|-------|-----------|--------------|

Masters 65+, Heren

|                 |     |       |           |              |
|-----------------|-----|-------|-----------|--------------|
| 1. Jaap Kwakkel | Daw | 19.00 | 194700157 | <b>15.26</b> |
|-----------------|-----|-------|-----------|--------------|

Masters 70+, Heren

|                   |      |       |           |              |
|-------------------|------|-------|-----------|--------------|
| 1. Aad Grapendaal | Oeza | 19.70 | 194200063 | <b>19.67</b> |
|-------------------|------|-------|-----------|--------------|

Masters 75+, Heren

|                      |          |       |           |              |
|----------------------|----------|-------|-----------|--------------|
| 1. Pieter Scharphorn | Neptunus | 22.52 | 193800037 | <b>22.90</b> |
|----------------------|----------|-------|-----------|--------------|

Masters 20+, Dames

|                             |                 |       |           |              |
|-----------------------------|-----------------|-------|-----------|--------------|
| 1. Selly Swieringa          | Aqualero        | 14.50 | 199008320 | <b>14.57</b> |
| 2. Gerlinde van de Wetering | Deltasteur      | 15.54 | 198904678 | <b>16.00</b> |
| 3. Maaïke Hiemstra          | Aqualero        | 16.57 | 199008318 | <b>16.51</b> |
| 4. Saskia Alles             | Zvv             | 17.45 | 199108474 | <b>17.75</b> |
| 5. Rowena Geerts            | Scom            | 23.00 | 199005312 | <b>19.54</b> |
| DIS Elzemieke Gersen        | zpc Stadskanaal | 16.00 | 199108460 |              |

AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.

Masters 25+, Dames

|                       |                    |       |           |              |
|-----------------------|--------------------|-------|-----------|--------------|
| 1. Annelette de Vries | WS Twente          | 13.51 | 198603908 | <b>13.48</b> |
| 2. Martine Heres      | Ducdalf            | 14.75 | 198701668 | <b>15.00</b> |
| 3. Aleida Groenendijk | Zuiderzeezwemmers  | 15.53 | 198400816 | <b>15.54</b> |
| 4. Jennifer Go        | W.Z. & P.C. Triton | 15.36 | 198400766 | <b>15.82</b> |
| 5. Rosemarie Veerkamp | Zuiderzeezwemmers  | 16.77 | 198706092 | <b>16.92</b> |
| 6. Sabrina Dessens    | ZV De Bron         | 17.07 | 198503486 | <b>17.36</b> |

Masters 30+, Dames

|                         |            |       |           |              |
|-------------------------|------------|-------|-----------|--------------|
| 1. Eveline Hacquebord   | IJZ&PC     | 15.36 | 197901206 | <b>15.02</b> |
| 2. Rianne van Vegchelen | Deltasteur | 16.36 | 198101530 | <b>17.16</b> |
| 3. Mirjam Minderhoud    | Zignea     | 17.44 | 198301398 | <b>17.45</b> |

Masters 40+, Dames

|                     |            |       |           |              |
|---------------------|------------|-------|-----------|--------------|
| 1. Tony de Groot    | De Futen   | 15.47 | 197300758 | <b>15.10</b> |
| 2. Angelina Hamstra | Scom       | 16.17 | 197200782 | <b>16.35</b> |
| 3. Karien Lasschuit | ZV De Bron | 21.40 | 197000972 | <b>21.86</b> |

Masters 45+, Dames

|                            |                |       |           |              |
|----------------------------|----------------|-------|-----------|--------------|
| 1. Roelien (T.R.) Speelman | de Spatters    | 16.12 | 196600664 | <b>15.54</b> |
| 2. Ilse Vos-Viergever      | De Hokseberg   | 15.55 | 196800644 | <b>15.64</b> |
| 3. Miranda Keijl           | Zignea         | 16.13 | 196500588 | <b>16.02</b> |
| 4. Annette Korving         | Aqualero       | 17.75 | 196700662 | <b>16.42</b> |
| 5. Hetty Smalheer          | Scom           | 16.26 | 196700352 | <b>16.74</b> |
| 6. Riekje Schra            | Steenwijk 1934 | 24.58 | 196400404 | <b>23.82</b> |

Masters 50+, Dames

|                         |                    |       |           |              |
|-------------------------|--------------------|-------|-----------|--------------|
| 1. Marijke Kraak        | WS Twente          | 15.90 | 196000240 | <b>16.06</b> |
| 2. Ellen Parma          | W.Z. & P.C. Triton | 16.86 | 196200366 | <b>16.94</b> |
| 3. Jennie Resink        | Dwk                | 17.25 | 196000142 | <b>17.70</b> |
| Marjan Spoelstra        | Swol 1894          | 17.67 | 196000236 | <b>17.70</b> |
| 5. Willy Schoenmaker    | Dwk                | 19.60 | 195900254 | <b>20.24</b> |
| 6. Betsie Klompmaker    | Noord Veluwe       | 18.51 | 195900200 | <b>20.95</b> |
| 7. Joke Burgers         | Swol 1894          | 20.39 | 196000226 | <b>21.57</b> |
| AFGEM Pia van der Molen | HZ&PC Heerenveen   | 17.50 | 196000116 |              |



Programmanr. 4, 25m vrije slag

Masters 55+, Dames

|    |                 |                    |       |           |              |
|----|-----------------|--------------------|-------|-----------|--------------|
| 1. | Simonet Schroot | Gay Swim Amsterdam | 25.14 | 195800108 | <b>25.70</b> |
|----|-----------------|--------------------|-------|-----------|--------------|

Masters 60+, Dames

|    |                     |                    |       |           |              |
|----|---------------------|--------------------|-------|-----------|--------------|
| 1. | Alison Gilbert      | De Futen           | 15.67 | 195300068 | <b>15.45</b> |
| 2. | Bea Swijnenberg     | Swol 1894          | 17.30 | 194900010 | <b>17.29</b> |
| 3. | Anna de Weert       | Gay Swim Amsterdam | 23.56 | 194900020 | <b>23.45</b> |
| 4. | Janny van der Weide | Deltasteur         | 23.24 | 195100066 | <b>24.20</b> |

Masters 65+, Dames

|    |                 |                |       |           |              |
|----|-----------------|----------------|-------|-----------|--------------|
| 1. | Annet Verhoeven | De Duinkickers | 20.71 | 194600024 | <b>20.10</b> |
| 2. | Greet Brehler   | ZV Hatto-Heim  | 23.00 | 19440004  | <b>21.02</b> |
| 3. | Leny Kamp       | Aquapoldro     | 26.00 | 194400008 | <b>25.48</b> |

Programmanr. 5

100m vrije slag

20 - 94 jaar

19-10-2013 - 18:05

Resultaten

| rang | naam | vereniging | inschrijftijd |  | tijd |
|------|------|------------|---------------|--|------|
|------|------|------------|---------------|--|------|

Masters 20+, Heren

|    |                    |                    |         |           |                |
|----|--------------------|--------------------|---------|-----------|----------------|
| 1. | Tim Bunnik         | W.Z. & P.C. Triton | 56.23   | 199000505 | <b>56.32</b>   |
| 2. | Matthijs van Doorn | Het Ravijn         | 1:14.28 | 199207231 | <b>1:18.20</b> |

Masters 25+, Heren

|    |                   |                |         |           |                |
|----|-------------------|----------------|---------|-----------|----------------|
| 1. | Bob van Impelen   | IJZ&PC         | 1:08.00 | 198604683 | <b>1:05.51</b> |
| 2. | Kirsten Ruitenber | IJZ&PC         | 1:10.00 | 198503608 | <b>1:10.70</b> |
| 3. | Herbert Steenstra | Deltasteur     | 1:11.26 | 198402149 | <b>1:11.36</b> |
| 4. | Robin Eggenkamp   | De Duinkickers | 1:14.26 | 198700847 | <b>1:12.38</b> |
| 5. | Marc Jansen       | Zvv            | 1:32.64 | 198604661 | <b>1:19.72</b> |

Masters 30+, Heren

|    |                 |                    |         |           |                |
|----|-----------------|--------------------|---------|-----------|----------------|
| 1. | Marcel Reefhuis | WS Twente          | 59.15   | 198101381 | <b>1:00.45</b> |
| 2. | Reinier Vis     | IJZ&PC             | 1:05.00 | 198002289 | <b>1:02.80</b> |
| 3. | Jos Timmermans  | zpc Stadskanaal    | 1:08.00 | 197901223 | <b>1:03.57</b> |
| 4. | Rob van Wanrooy | Gay Swim Amsterdam | 1:04.00 | 198202627 | <b>1:03.64</b> |
| 5. | Rinke Nijland   | IJZ&PC             | 1:20.75 | 197901735 | <b>1:15.43</b> |

Masters 35+, Heren

|       |                   |                    |         |           |                |
|-------|-------------------|--------------------|---------|-----------|----------------|
| 1.    | Erwin Zuijdervelt | De Futen           | 1:03.07 | 197501015 | <b>1:01.64</b> |
| 2.    | Kees Bakker       | Gay Swim Amsterdam | 1:03.00 | 197501055 | <b>1:04.00</b> |
| 3.    | Johan Wezenberg   | Deltasteur         | 1:05.97 | 197601023 | <b>1:07.80</b> |
| 4.    | Silvan Scholten   | Deltasteur         | 1:22.70 | 197601557 | <b>1:23.48</b> |
| AFGEM | Kars Luttk        | Daw                | 1:01.66 | 197800675 |                |

Masters 40+, Heren

|     |                      |                   |         |           |                |
|-----|----------------------|-------------------|---------|-----------|----------------|
| 1.  | Frank Corveleijn     | Z.S.C. Oceanus    | 1:01.55 | 197201523 | <b>1:02.02</b> |
| 2.  | Gerko Versluis       | Zuiderzeezwemmers | 1:04.41 | 196901439 | <b>1:03.74</b> |
| 3.  | Erik Veltman         | zpc Stadskanaal   | 1:08.00 | 197200941 | <b>1:07.76</b> |
| 4.  | Gertjan van de Bosch | IJZ&PC            | 1:13.03 | 197001615 | <b>1:17.10</b> |
| DIS | Erik Zoethout        | Aqualero          | 1:10.75 | 196901157 |                |

AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.

Masters 45+, Heren

|    |              |            |         |           |                |
|----|--------------|------------|---------|-----------|----------------|
| 1. | Henk de Raad | Deltasteur | 1:02.00 | 196501503 | <b>1:02.32</b> |
| 2. | Johan Neevel | Deltasteur | 1:02.00 | 196501475 | <b>1:05.69</b> |
| 3. | Paul de Boer | De Amer    | 1:03.98 | 196801413 | <b>1:05.80</b> |

Programmanr. 5, 100m vrije slag

Masters 50+, Heren

|    |                    |                |         |           |                |
|----|--------------------|----------------|---------|-----------|----------------|
| 1. | Edzo Huisman       | Aquapoldro     | 1:05.00 | 196301029 | <b>1:05.26</b> |
| 2. | Casper Dollekamp   | Steenwijk 1934 | 1:09.82 | 196301341 | <b>1:07.70</b> |
| 3. | Jack Barends       | WS Twente      | 1:11.23 | 196201011 | <b>1:10.04</b> |
| 4. | Henry Brouwer      | Aqualero       | 1:12.18 | 196301223 | <b>1:10.73</b> |
| 5. | Henk Kuipers       | Uzsc           | 1:15.24 | 196201207 | <b>1:10.95</b> |
| 6. | Pier van der Sluis | Orca           | 1:15.19 | 195900757 | <b>1:11.73</b> |

Masters 55+, Heren

|    |                 |                    |         |           |                |
|----|-----------------|--------------------|---------|-----------|----------------|
| 1. | Marten de Groot | HZ&PC Heerenveen   | 59.65   | 195800149 | <b>58.86</b>   |
| 2. | Paul Bunnik     | W.Z. & P.C. Triton | 1:06.89 | 195600413 | <b>1:06.99</b> |
| 3. | Mark Eligh      | Uzsc               | 1:05.10 | 195700497 | <b>1:07.06</b> |
| 4. | Kees Karsten    | Gay Swim Amsterdam | 1:35.00 | 195800203 | <b>1:27.02</b> |

Masters 65+, Heren

|    |                 |            |         |           |                |
|----|-----------------|------------|---------|-----------|----------------|
| 1. | Mans Buis       | Het Ravijn | 1:26.13 | 194700133 | <b>1:27.57</b> |
| 2. | Henk Oostendorp | ZV De Bron | 1:38.42 | 194800093 | <b>1:37.73</b> |

Masters 75+, Heren

|    |               |                |         |           |                |
|----|---------------|----------------|---------|-----------|----------------|
| 1. | Gregor Pompen | Aqua-Novio '94 | 1:52.00 | 193700021 | <b>1:33.48</b> |
|----|---------------|----------------|---------|-----------|----------------|

Masters 20+, Dames

|    |                     |                   |         |           |                |
|----|---------------------|-------------------|---------|-----------|----------------|
| 1. | Sigrit Aarten       | Deltasteur        | 1:04.36 | 199302868 | <b>1:04.06</b> |
| 2. | Irmgard van Weeghel | Octopus           | 1:11.14 | 199204834 | <b>1:08.29</b> |
| 3. | Veerle Hooijman     | Zuiderzeezwemmers | 1:22.91 | 199101318 | <b>1:20.40</b> |

Masters 25+, Dames

|       |                        |                    |         |           |                |
|-------|------------------------|--------------------|---------|-----------|----------------|
| 1.    | Margo Kruithof         | zpc Stadskanaal    | 1:10.87 | 198702408 | <b>1:09.29</b> |
| 2.    | Serima Louise Wildvank | de Spatters        | 1:14.12 | 198604104 | <b>1:12.54</b> |
| 3.    | Esther Beerling        | W.Z. & P.C. Triton | 1:16.54 | 198400120 | <b>1:15.20</b> |
| 4.    | Ciska Bats             | Deltasteur         | 1:23.80 | 198504148 | <b>1:23.42</b> |
| AFGEM | Yvette Nota            | de Spatters        | 1:09.64 | 198703158 |                |

Masters 30+, Dames

|    |                   |             |         |           |                |
|----|-------------------|-------------|---------|-----------|----------------|
| 1. | Carmen Haan       | de Spatters | 1:10.00 | 197901458 | <b>1:10.77</b> |
| 2. | Marjolein Kiewiet | Aquapoldro  | 1:19.64 | 197901404 | <b>1:25.89</b> |

Masters 40+, Dames

|    |                    |                   |         |           |                |
|----|--------------------|-------------------|---------|-----------|----------------|
| 1. | Ingrid Boot        | ZV De Aalscholver | 1:03.55 | 197000168 | <b>1:04.07</b> |
| 2. | Ageeth Boomsma     | Orca              | 1:14.64 | 197000826 | <b>1:15.02</b> |
| 3. | Peggi Hurenkamp    | HZ&PC Heerenveen  | 1:16.00 | 196900922 | <b>1:15.45</b> |
| 4. | Greta Wyma-Teitsma | Dwk               | 1:26.54 | 197100696 | <b>1:25.57</b> |

Masters 35+, Dames

|    |                |                |         |           |                |
|----|----------------|----------------|---------|-----------|----------------|
| 1. | Melanie Kuiper | Zignea         | 1:09.50 | 197600350 | <b>1:11.47</b> |
| 2. | Diane Scholing | Het Ravijn     | 1:11.16 | 197701090 | <b>1:12.32</b> |
| 3. | Babette Rens   | Dedemsvaart-AC | 1:14.06 | 197801200 | <b>1:15.10</b> |

Masters 45+, Dames

|    |                    |                    |         |           |                |
|----|--------------------|--------------------|---------|-----------|----------------|
| 1. | Caroline Schreuder | W.Z. & P.C. Triton | 1:09.59 | 196700550 | <b>1:11.04</b> |
| 2. | Laura Staal        | Z.S.C. Oceanus     | 1:12.00 | 196700358 | <b>1:11.46</b> |
| 3. | Marion Broekhuis   | WS Twente          | 1:12.22 | 196800060 | <b>1:12.97</b> |
| 4. | Wilna Heijman      | 't Tolhekke        | 1:14.32 | 196400506 | <b>1:13.70</b> |
| 5. | Ilse Vos-Viergever | De Hokseberg       | 1:15.72 | 196800644 | <b>1:19.19</b> |
| 6. | Jeanette Smits     | Orca               | 1:20.67 | 196600312 | <b>1:24.20</b> |
| 7. | Lenie Veldhuizen   | De Forel           | 1:58.93 | 196800476 | <b>2:01.07</b> |
| 8. | Riekje Schra       | Steenwijk 1934     | 2:05.70 | 196400404 | <b>2:03.44</b> |

Programmanr. 5, 100m vrije slag

Masters 50+, Dames

AFGEM Annemarie Vuist Swol 1894 1:17.87 196300282

Masters 55+, Dames

1. Tonny den Braber Scm 1:35.98 195700022 **1:35.44**

Masters 60+, Dames

1. Janny van der Weide Deltasteur 2:07.73 195100066 **2:16.86**  
 AFGEM Adrie Oostendorp ZV De Bron 2:17.00 194900024

Programmanr. 6

50m vlinderslag

20 - 94 jaar

19-10-2013 - 18:30

Resultaten

| rang                      | naam              | vereniging         | inschrijftijd | tijd                        |
|---------------------------|-------------------|--------------------|---------------|-----------------------------|
| <b>Masters 20+, Heren</b> |                   |                    |               |                             |
| 1.                        | Eric Kalee        | De Amer            | 32.85         | 199005307 <b>33.04</b>      |
| 2.                        | Bart van Olst     | Ducdalf            | 40.67         | 199101709 <b>39.79</b>      |
| AFGEM                     | Danny Vochteloo   | de Spatters        | 56.98         | 199207251                   |
| <b>Masters 25+, Heren</b> |                   |                    |               |                             |
| 1.                        | Jeroen Leenslag   | Scm                | 30.02         | 198802129 <b>29.42</b>      |
| 2.                        | Simon Hogenstijn  | Zvv                | 34.92         | 198805915 <b>35.86</b>      |
| 3.                        | Danny Jannenga    | Ducdalf            | 35.48         | 198801673 <b>37.30</b>      |
| AFGEM                     | Maurice Schaap    | Zuiderzeewemmers   | 37.26         | 198704711                   |
| <b>Masters 30+, Heren</b> |                   |                    |               |                             |
| 1.                        | Lauren Vis        | Steenwijk 1934     | 26.70         | 198201883 <b>26.84</b>      |
| 2.                        | Gerwin Vonk       | de Spatters        | 29.59         | 198201907 <b>29.07</b>      |
| 3.                        | Rutger Stam       | De Amer            | 32.51         | 198102463 <b>33.76</b>      |
| 4.                        | Hans Cligge       | De Futen           | 37.32         | 198100315 <b>37.13</b>      |
| 5.                        | Remco Veerkamp    | Zuiderzeewemmers   | 37.75         | 198102311 <b>39.27</b>      |
| AFGEM                     | Oliver de Haas    | ZV De Bron         | 33.33         | 198002213                   |
| <b>Masters 35+, Heren</b> |                   |                    |               |                             |
| 1.                        | Machiel Stolk     | Swol 1894          | 29.50         | 197400779 <b>29.70</b>      |
| <b>Masters 40+, Heren</b> |                   |                    |               |                             |
| 1.                        | René Beetsma      | HZ&PC Heerenveen   | 32.50         | 196900069 <b>30.02</b>      |
| 2.                        | Heiner Stevens    | Zignea             | 29.98         | 197201299 <b>30.29</b>      |
| 3.                        | Arjan Bellaart    | Z.S.C. Oceanus     | 30.12         | 196900079 <b>30.76</b>      |
| 4.                        | Gerko Versluis    | Zuiderzeewemmers   | 33.05         | 196901439 <b>34.04</b> FJ 1 |
| 5.                        | Marcel Brittijn   | De Duinkickers     | 33.59         | 196900159 <b>34.04</b> FJ 2 |
| 6.                        | Bert Mars         | Swol 1894          | 37.00         | 197101147 <b>36.67</b>      |
| <b>Masters 45+, Heren</b> |                   |                    |               |                             |
| 1.                        | Fred Heemstra     | Daw                | 33.63         | 196500357 <b>31.95</b>      |
| 2.                        | Jan Lindenaar     | Uzsc               | 33.00         | 196701623 <b>32.40</b>      |
| 3.                        | John de Rapper    | HZ&PC Heerenveen   | 36.00         | 196600637 <b>34.56</b>      |
| AFGEM                     | Lambert Morsink   | W.Z. & P.C. Triton | 36.50         | 196501427                   |
| <b>Masters 50+, Heren</b> |                   |                    |               |                             |
| 1.                        | Ronald van Vliet  | ZV De Aalscholver  | 33.54         | 196300997 <b>34.45</b>      |
| 2.                        | Jos Verhoeven     | ZV De Aalscholver  | 33.68         | 196301161 <b>34.99</b>      |
| 3.                        | Jan Willem Heuten | WS Twente          | 35.31         | 196000883 <b>35.45</b>      |
| 4.                        | Henk Kuipers      | Uzsc               | 36.90         | 196201207 <b>35.89</b>      |
| 5.                        | John Dam          | Zignea             | 37.16         | 196000915 <b>39.10</b>      |
| AFGEM                     | Nico Rozemeijer   | Aquafit            | 34.51         | 195900751                   |

Programmanr. 6, 50m vlinderslag

Masters 55+, Heren

|     |  |                   |       |           |              |
|-----|--|-------------------|-------|-----------|--------------|
| 1.  | Ron van der Zande  | ZV De Aalscholver | 34.34 | 195500307 | <b>34.36</b> |
| 2.  | Joop van Dijk  | Deltasteur        | 39.06 | 195700075 | <b>38.92</b> |
| 3.  | Jappie Kuiper  | Swol 1894         | 44.58 | 195500417 | <b>43.55</b> |
| 4.  | Adrie van der Gracht   | Oeza              | 46.87 | 195700485 | <b>46.57</b> |
| DIS | Marten de Groot  | HZ&PC Heerenveen  | 32.15 | 195800149 |              |
|     | <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                   |       |           |              |

Masters 60+, Heren

|    |           |         |       |           |              |
|----|-----------|---------|-------|-----------|--------------|
| 1. | Jos Kamps | De Amer | 48.17 | 195100085 | <b>47.37</b> |
|----|-----------|---------|-------|-----------|--------------|

Masters 70+, Heren

|    |                |      |         |           |                |
|----|----------------|------|---------|-----------|----------------|
| 1. | Aad Grapendaal | Oeza | 1:14.59 | 194200063 | <b>1:16.29</b> |
|----|----------------|------|---------|-----------|----------------|

Masters 75+, Heren

|    |           |               |       |           |              |
|----|-----------|---------------|-------|-----------|--------------|
| 1. | Nic Geers | Z&PC De Gouwe | 41.31 | 193800007 | <b>50.42</b> |
|----|-----------|---------------|-------|-----------|--------------|

Masters 20+, Dames

|    |                    |            |       |           |              |
|----|--------------------|------------|-------|-----------|--------------|
| 1. | Maaïke Vooren      | Daw        | 32.77 | 199103324 | <b>33.50</b> |
| 2. | Jacqueline Schroer | Daw        | 36.19 | 199108490 | <b>35.04</b> |
| 3. | Chantal Netjes     | Zignea     | 39.95 | 198903014 | <b>38.91</b> |
| 4. | Maaïke Hiemstra    | Aqualero   | 45.67 | 199008318 | <b>44.36</b> |
| 5. | Jannica Lieste     | Deltasteur | 48.50 | 199008348 | <b>44.98</b> |
| 6. | Saskia Alles       | Zvv        | 47.73 | 199108474 | <b>46.32</b> |

Masters 25+, Dames

|       |                        |                   |       |           |              |
|-------|------------------------|-------------------|-------|-----------|--------------|
| 1.    | Karin Hovenkamp        | de Spatters       | 34.49 | 198701850 | <b>34.86</b> |
| 2.    | Serima Louise Wildvank | de Spatters       | 35.94 | 198604104 | <b>37.02</b> |
| 3.    | Martine Heres          | Ducdalf           | 36.59 | 198701668 | <b>38.17</b> |
| AFGEM | Lisette Poelhekken     | ZV De Aalscholver | 38.64 | 198403408 |              |

Masters 30+, Dames

|       |                      |                |       |           |              |
|-------|----------------------|----------------|-------|-----------|--------------|
| 1.    | Monique Stant        | Z.S.C. Oceanus | 33.80 | 198201592 | <b>34.60</b> |
| 2.    | Rianne van Vegchelen | Deltasteur     | 43.00 | 198101530 | <b>45.95</b> |
| AFGEM | Kristel Lips         | ZV De Bron     | 36.67 | 197900562 |              |

Masters 40+, Dames

|    |                     |                   |       |           |              |
|----|---------------------|-------------------|-------|-----------|--------------|
| 1. | Ingrid Boot         | ZV De Aalscholver | 31.41 | 197000168 | <b>31.64</b> |
| 2. | Cynthia Noordermeer | Het Y             | 34.43 | 197000358 | <b>36.51</b> |
| 3. | Tony de Groot       | De Futen          | 36.33 | 197300758 | <b>37.39</b> |
| 4. | Annette de Visser   | Z.S.C. Oceanus    | 38.89 | 197100602 | <b>37.70</b> |

Masters 35+, Dames

|    |                     |                  |       |           |              |
|----|---------------------|------------------|-------|-----------|--------------|
| 1. | Miranda Straetemans | Zignea           | 35.07 | 197400514 | <b>35.54</b> |
| 2. | Jannie Vennik       | HZ&PC Heerenveen | 44.00 | 197601006 | <b>42.07</b> |

Masters 45+, Dames

|    |                 |                |       |           |              |
|----|-----------------|----------------|-------|-----------|--------------|
| 1. | Laura Staal     | Z.S.C. Oceanus | 41.00 | 196700358 | <b>39.39</b> |
| 2. | Annette Korving | Aqualero       | 40.32 | 196700662 | <b>40.32</b> |
| 3. | Miranda Keijl   | Zignea         | 43.87 | 196500588 | <b>40.96</b> |

Masters 50+, Dames

|    |               |                    |       |           |              |
|----|---------------|--------------------|-------|-----------|--------------|
| 1. | Jennie Resink | Dwk                | 48.92 | 196000142 | <b>49.36</b> |
| 2. | Ellen Parma   | W.Z. & P.C. Triton | 48.66 | 196200366 | <b>51.22</b> |

Masters 55+, Dames

|       |               |           |       |           |  |
|-------|---------------|-----------|-------|-----------|--|
| AFGEM | Mathilde Vink | Swol 1894 | 34.27 | 195800128 |  |
|-------|---------------|-----------|-------|-----------|--|

Programmanr. 6, 50m vlinderslag

Masters 60+, Dames

|    |                       |           |       |           |              |
|----|-----------------------|-----------|-------|-----------|--------------|
| 1. | Christien Nieuwenhuis | Swol 1894 | 36.30 | 195100022 | <b>36.45</b> |
| 2. | Corine Kalbfleisch    | Dwt       | 52.70 | 195200024 | <b>56.39</b> |

Masters 65+, Dames

|    |               |               |         |           |                |
|----|---------------|---------------|---------|-----------|----------------|
| 1. | Greet Brehler | ZV Hatto-Heim | 1:10.00 | 19440004  | <b>1:11.52</b> |
| 2. | Leny Kamp     | Aquapoldro    | 1:20.00 | 194400008 | <b>1:16.76</b> |

Programmanr. 7

100m wisselslag

20 - 94 jaar

19-10-2013 - 18:45

Resultaten

| rang                      | naam   | vereniging         | inschrijftijd |           | tijd           |
|---------------------------|--|--------------------|---------------|-----------|----------------|
| <b>Masters 20+, Heren</b> |  |                    |               |           |                |
| 1.                        | Matthijs van Doorn   | Het Ravijn         | 1:28.19       | 199207231 | <b>1:32.17</b> |
| 2.                        | Gerwin Bouwmeester   | Zvv                | 1:38.79       | 199103501 | <b>1:41.80</b> |
| <b>Masters 25+, Heren</b> |  |                    |               |           |                |
| 1.                        | Jeroen Leenslag  | Scom               | 1:07.38       | 198802129 | <b>1:08.36</b> |
| 2.                        | Jauke Hamstra  | Deltasteur         | 1:08.45       | 198601089 | <b>1:08.71</b> |
| 3.                        | Jelco Breeuwer   | HZ&PC Heerenveen   | 1:14.97       | 198700461 | <b>1:09.43</b> |
| 4.                        | Robin Eggenkamp  | De Duinkickers     | 1:18.40       | 198700847 | <b>1:18.79</b> |
| 5.                        | Mark Dieleman  | Zignea             | 1:19.99       | 198500545 | <b>1:18.80</b> |
| 6.                        | Simon Hogenstijn   | Zvv                | 1:19.84       | 198805915 | <b>1:21.05</b> |
| 7.                        | Kirsten Ruitenbergh  | IJZ&PC             | 1:20.00       | 198503608 | <b>1:21.57</b> |
| 8.                        | Herbert Steenstra  | Deltasteur         | 1:21.00       | 198402149 | <b>1:22.32</b> |
| AFGEM                     | Maurice Schaap   | Zuiderzeewemmers   | 1:30.00       | 198704711 |                |
| <b>Masters 30+, Heren</b> |  |                    |               |           |                |
| 1.                        | Lauren Vis   | Steenwijk 1934     | 1:03.14       | 198201883 | <b>1:02.00</b> |
| 2.                        | Marcel Reefhuis  | WS Twente          | 1:07.60       | 198101381 | <b>1:09.16</b> |
| 3.                        | Rob van Wanrooy  | Gay Swim Amsterdam | 1:23.67       | 198202627 | <b>1:13.39</b> |
| 4.                        | Mark Brinkhuis   | Hera'11            | 1:20.28       | 198302609 | <b>1:19.15</b> |
| 5.                        | Remco Smit   | ZV De Aalscholver  | 1:31.12       | 198102477 | <b>1:21.16</b> |
| <b>Masters 35+, Heren</b> |  |                    |               |           |                |
| 1.                        | Kees Bakker  | Gay Swim Amsterdam | 1:13.00       | 197501055 | <b>1:10.42</b> |
| DIS                       | Johan Wezenberg  | Deltasteur         | 1:19.26       | 197601023 |                |
|                           | <i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.</i> |                    |               |           |                |
| AFGEM                     | Kars Luttk   | Daw                | 1:07.22       | 197800675 |                |
| <b>Masters 40+, Heren</b> |  |                    |               |           |                |
| 1.                        | Gerhard Knol   | ZV De Aalscholver  | 1:12.36       | 197100483 | <b>1:12.23</b> |
| 2.                        | Edwin Vos  | Swol 1894          | 1:17.59       | 197001411 | <b>1:19.10</b> |
| 3.                        | Erik Veltman   | zpc Stadskanaal    | 1:17.41       | 197200941 | <b>1:19.36</b> |
| 4.                        | Arnold Jonker  | HZ&PC Heerenveen   | 1:30.00       | 197000529 | <b>1:30.45</b> |
| <b>Masters 45+, Heren</b> |  |                    |               |           |                |
| 1.                        | Ron Korzelijs  | Az&Pc              | 1:11.89       | 196500513 | <b>1:08.55</b> |
| 2.                        | Marcel Jonkman   | Aqualero           | 1:14.71       | 196801389 | <b>1:12.92</b> |
| 3.                        | Jan Wierenga   | ZV De Aalscholver  | 1:14.95       | 196400843 | <b>1:15.37</b> |
| 4.                        | Roelof Broekman  | de Spatters        | 1:19.07       | 196800155 | <b>1:17.70</b> |
| 5.                        | Jan Lindenaar  | Uzsc               | 1:35.00       | 196701623 | <b>1:19.48</b> |
| 6.                        | Huyb Stegeman  | Steenwijk 1934     | 1:21.48       | 196701535 | <b>1:20.20</b> |
| 7.                        | Jan Smalheer   | Scom               | 1:24.36       | 196400701 | <b>1:22.62</b> |
| 8.                        | John de Rapper   | HZ&PC Heerenveen   | 1:25.00       | 196600637 | <b>1:23.42</b> |
| 9.                        | Jan de Lange   | WS Twente          | 1:25.85       | 196501273 | <b>1:25.10</b> |
| 10.                       | Rene Speelman  | de Spatters        | 1:35.98       | 196601521 | <b>1:31.45</b> |
| AFGEM                     | Jan Blaauw   | zpc Stadskanaal    | 1:16.00       | 196401139 |                |
| AFGEM                     | Henk van Zetten  | Octopus            | 1:26.93       | 196701261 |                |

Programmanr. 7, 100m wisselslag

Masters 50+, Heren

|       |                    |                   |         |           |                |
|-------|--------------------|-------------------|---------|-----------|----------------|
| 1.    | Ronald van Vliet   | ZV De Aalscholver | 1:17.19 | 196300997 | <b>1:18.25</b> |
| 2.    | Casper Dollekamp   | Steenwijk 1934    | 1:23.50 | 196301341 | <b>1:19.95</b> |
| 3.    | Jos Verhoeven      | ZV De Aalscholver | 1:19.84 | 196301161 | <b>1:21.05</b> |
| 4.    | Jack Barends       | WS Twente         | 1:21.16 | 196201011 | <b>1:23.02</b> |
| 5.    | Henry Brouwer      | Aqualero          | 1:25.94 | 196301223 | <b>1:23.20</b> |
| 6.    | Jan Willem Heuten  | WS Twente         | 1:24.20 | 196000883 | <b>1:24.73</b> |
| 7.    | Pier van der Sluis | Orca              | 1:28.78 | 195900757 | <b>1:28.43</b> |
| 8.    | Jan Haitzma        | de Spatters       | 1:41.47 | 196000929 | <b>1:31.83</b> |
| 9.    | Michiel Tonsbeek   | Dwt               | 1:37.21 | 196000889 | <b>1:38.26</b> |
| AFGEM | Nico Rozemeijer    | Aquafit           | 1:18.47 | 195900751 |                |

Masters 55+, Heren

|    |                   |                    |         |           |                |
|----|-------------------|--------------------|---------|-----------|----------------|
| 1. | Mark Eligh        | Uzsc               | 1:15.00 | 195700497 | <b>1:15.73</b> |
| 2. | Paul Bunnik       | W.Z. & P.C. Triton | 1:14.96 | 195600413 | <b>1:19.20</b> |
| 3. | Ron van der Zande | ZV De Aalscholver  | 1:23.00 | 195500307 | <b>1:21.07</b> |
| 4. | Joop van Dijk     | Deltasteur         | 1:27.85 | 195700075 | <b>1:30.33</b> |
| 5. | Jan Timmerman     | IJZ&PC             | 1:32.50 | 195700347 | <b>1:34.53</b> |
| 6. | Kees Karsten      | Gay Swim Amsterdam | 1:45.00 | 195800203 | <b>1:44.10</b> |

Masters 60+, Heren

|    |               |         |         |           |                |
|----|---------------|---------|---------|-----------|----------------|
| 1. | Ale v.d. Veen | Hpc     | 1:15.00 | 194900159 | <b>1:16.26</b> |
| 2. | Jos Kamps     | De Amer | 1:35.68 | 195100085 | <b>1:35.23</b> |

Masters 65+, Heren

|    |              |            |         |           |                |
|----|--------------|------------|---------|-----------|----------------|
| 1. | Jaap Kwakkel | Daw        | 1:26.54 | 194700157 | <b>1:28.02</b> |
| 2. | Mans Buis    | Het Ravijn | 1:45.80 | 194700133 | <b>1:51.26</b> |

Masters 75+, Heren

|       |                   |               |         |           |                |
|-------|-------------------|---------------|---------|-----------|----------------|
| 1.    | Nic Geers         | Z&PC De Gouwe | 1:46.92 | 193800007 | <b>1:41.98</b> |
| AFGEM | Pieter Scharphorn | Neptunus      | 2:16.37 | 193800037 |                |

Masters 20+, Dames

|     |                          |                   |         |           |                |
|-----|--------------------------|-------------------|---------|-----------|----------------|
| 1.  | Désirée Hulsmeijer       | Het Ravijn        | 1:15.94 | 199001656 | <b>1:13.13</b> |
| 2.  | Irmgard van Weeghel      | Octopus           | 1:19.86 | 199204834 | <b>1:18.67</b> |
| 3.  | Sigrit Aarten            | Deltasteur        | 1:16.82 | 199302868 | <b>1:18.76</b> |
| 4.  | Selly Swieringa          | Aqualero          | 1:24.95 | 199008320 | <b>1:23.70</b> |
| 5.  | Elzemieke Gersen         | zpc Stadskanaal   | 1:26.00 | 199108460 | <b>1:24.74</b> |
| 6.  | Gerlinde van de Wetering | Deltasteur        | 1:24.06 | 198904678 | <b>1:25.60</b> |
| 7.  | Marloes Benjamins        | Aqualero          | 1:23.19 | 199105110 | <b>1:26.72</b> |
| 8.  | Chantal Netjes           | Zignea            | 1:34.55 | 198903014 | <b>1:28.44</b> |
| 9.  | Veerle Hooijman          | Zuiderzeezwemmers | 1:32.59 | 199101318 | <b>1:30.32</b> |
| 10. | Jannica Lieste           | Deltasteur        | 1:34.50 | 199008348 | <b>1:33.42</b> |
| 11. | Saskia Alles             | Zvv               | 1:41.50 | 199108474 | <b>1:44.61</b> |
| 12. | Rowena Geerts            | Scom              | 2:00.00 | 199005312 | <b>1:47.54</b> |
| 13. | Liesbeth Bruinekool      | Zuiderzeezwemmers | 2:03.03 | 199007958 | <b>2:07.89</b> |

Masters 25+, Dames

|       |                        |                    |         |           |                |
|-------|------------------------|--------------------|---------|-----------|----------------|
| 1.    | Annelette de Vries     | WS Twente          | 1:17.86 | 198603908 | <b>1:17.67</b> |
| 2.    | Margo Kruihof          | zpc Stadskanaal    | 1:18.00 | 198702408 | <b>1:18.50</b> |
| 3.    | Serima Louise Wildvank | de Spatters        | 1:23.64 | 198604104 | <b>1:24.46</b> |
| 4.    | Martine Heres          | Ducdalf            | 1:22.65 | 198701668 | <b>1:25.45</b> |
| 5.    | Esther Beerling        | W.Z. & P.C. Triton | 1:27.18 | 198400120 | <b>1:26.85</b> |
| 6.    | Jennifer Go            | W.Z. & P.C. Triton | 1:26.95 | 198400766 | <b>1:28.89</b> |
| 7.    | Aleida Groenendijk     | Zuiderzeezwemmers  | 1:30.52 | 198400816 | <b>1:30.02</b> |
| 8.    | Ciska Bats             | Deltasteur         | 1:34.00 | 198504148 | <b>1:36.23</b> |
| 9.    | Sabrina Dessens        | ZV De Bron         | 1:34.60 | 198503486 | <b>1:37.57</b> |
| AFGEM | Yvette Nota            | de Spatters        | 1:19.64 | 198703158 |                |

Programmanr. 7, 100m wisselslag

Masters 30+, Dames

|       |                   |                |         |           |                |
|-------|-------------------|----------------|---------|-----------|----------------|
| 1.    | Elvira Jonkers    | De Pinquin     | 1:10.91 | 197900420 | <b>1:12.64</b> |
| 2.    | Monique Stant     | Z.S.C. Oceanus | 1:18.00 | 198201592 | <b>1:20.11</b> |
| 3.    | Mirjam Minderhoud | Zignea         | 1:31.82 | 198301398 | <b>1:37.51</b> |
| 4.    | Marjolein Kiewiet | Aquapoldro     | 1:31.20 | 197901404 | <b>1:38.09</b> |
| AFGEM | Kristel Lips      | ZV De Bron     | 1:20.82 | 197900562 |                |

Masters 40+, Dames

|    |                    |                  |         |           |                |
|----|--------------------|------------------|---------|-----------|----------------|
| 1. | Annette de Visser  | Z.S.C. Oceanus   | 1:19.20 | 197100602 | <b>1:20.26</b> |
| 2. | Iris van Aurich    | Dwk              | 1:22.19 | 196900866 | <b>1:22.78</b> |
| 3. | Peggi Hurenkamp    | HZ&PC Heerenveen | 1:30.00 | 196900922 | <b>1:25.90</b> |
| 4. | Mengsanne Heijnen  | Zignea           | 1:26.70 | 197100878 | <b>1:27.51</b> |
| 5. | Ageeth Boomsma     | Orca             | 1:26.77 | 197000826 | <b>1:27.60</b> |
| 6. | Angeline Hamstra   | Scom             | 1:34.67 | 197200782 | <b>1:37.25</b> |
| 7. | Greta Wyma-Teitsma | Dwk              | 1:38.77 | 197100696 | <b>1:39.73</b> |

Masters 35+, Dames

|    |                   |            |         |           |                |
|----|-------------------|------------|---------|-----------|----------------|
| 1. | Diane Scholing    | Het Ravijn | 1:21.82 | 197701090 | <b>1:21.70</b> |
| 2. | Melanie Kuiper    | Zignea     | 1:24.50 | 197600350 | <b>1:23.39</b> |
| 3. | Margriet Leeffers | Deltasteur | 1:29.72 | 197800448 | <b>1:30.16</b> |

Masters 45+, Dames

|    |                         |                    |         |           |                |
|----|-------------------------|--------------------|---------|-----------|----------------|
| 1. | Caroline Schreuder      | W.Z. & P.C. Triton | 1:20.13 | 196700550 | <b>1:21.95</b> |
| 2. | Wilna Heijman           | 't Tolhekke        | 1:25.32 | 196400506 | <b>1:24.36</b> |
| 3. | Hetty Smalheer          | Scom               | 1:29.36 | 196700352 | <b>1:33.02</b> |
| 4. | Roelien (T.R.) Speelman | de Spatters        | 1:37.72 | 196600664 | <b>1:33.20</b> |
| 5. | Marion Broekhuis        | WS Twente          | 1:29.33 | 196800060 | <b>1:34.32</b> |
| 6. | Jeanette Smits          | Orca               | 1:29.78 | 196600312 | <b>1:35.43</b> |

Masters 50+, Dames

|       |                   |                  |         |           |                |
|-------|-------------------|------------------|---------|-----------|----------------|
| 1.    | Petra Tossings    | Daw              | 1:35.00 | 196100376 | <b>1:26.67</b> |
| 2.    | Willy Schoenmaker | Dwk              | 1:59.61 | 195900254 | <b>1:58.29</b> |
| 3.    | Joke Burgers      | Swol 1894        | 1:52.53 | 196000226 | <b>1:59.98</b> |
| 4.    | Betsie Klompmaker | Noord Veluwe     | 2:01.71 | 195900200 | <b>2:13.86</b> |
| AFGEM | Pia van der Molen | HZ&PC Heerenveen | 1:28.00 | 196000116 |                |
| AFGEM | Annemarie Vuist   | Swol 1894        | 1:25.16 | 196300282 |                |

Masters 55+, Dames

|       |                  |                    |         |           |                |
|-------|------------------|--------------------|---------|-----------|----------------|
| 1.    | Margriet Pasma   | De Pinquin         | 1:28.34 | 195500088 | <b>1:33.95</b> |
| 2.    | Tonny den Braber | Scom               | 1:45.45 | 195700022 | <b>1:47.23</b> |
| 3.    | Simonet Schroot  | Gay Swim Amsterdam | 2:11.03 | 195800108 | <b>2:09.74</b> |
| AFGEM | Mathilde Vink    | Swol 1894          | 1:22.29 | 195800128 |                |

Masters 60+, Dames

|    |                       |            |         |           |                |
|----|-----------------------|------------|---------|-----------|----------------|
| 1. | Christien Nieuwenhuis | Swol 1894  | 1:27.50 | 195100022 | <b>1:27.86</b> |
| 2. | Corine Kalbfleisch    | Dwt        | 1:45.13 | 195200024 | <b>1:47.80</b> |
| 3. | Janny van der Weide   | Deltasteur | 2:35.81 | 195100066 | <b>2:46.26</b> |

Masters 65+, Dames

|    |                 |                |         |           |                |
|----|-----------------|----------------|---------|-----------|----------------|
| 1. | Annet Verhoeven | De Duinkickers | 2:00.00 | 194600024 | <b>2:04.48</b> |
|----|-----------------|----------------|---------|-----------|----------------|

| rang               | vereniging  | inschrijftijd                                   | tijd   |
|--------------------|---|---|--|
| <b>120+, Heren</b> |   |   |  |
| 1.                 | <b>Deltasteur 1</b><br>Herbert Steenstra<br>Johan Wezenberg               | <b>Deltasteur</b><br>84 38.00<br>76             | <b>2:17.34</b><br>Jauke Hamstra 86<br>Henk de Raad 65          |
| <b>120+, Dames</b> |   |   |  |
| 1.                 | <b>de Spatters 1</b><br>Serima Louise Wildvank<br>Roelien (T.R.) Speelman | <b>de Spatters</b><br>86 39.76<br>66            | <b>2:28.93</b><br>Karin Hovenkamp 87<br>Carmen Haan 79         |
| 2.                 | <b>Zignea 2</b><br>Mirjam Minderhoud<br>Miranda Straetemans               | <b>Zignea</b><br>83 44.58<br>74                 | <b>2:40.00</b><br>Miranda Keijl 65<br>Melanie Kuiper 76        |
| <b>120+</b>        |   |   |  |
| 1.                 | <b>Z.S.C. Oceanus 1</b><br>Arjan Bellaart<br>Frank Corveleijn             | <b>Z.S.C. Oceanus</b><br>69 31.86<br>72         | <b>2:19.00</b><br>Monique Stant 82<br>Annette de Visser 71     |
| 2.                 | <b>WS Twente 1</b><br>Marcel Reefhuis<br>Jan de Lange                     | <b>WS Twente</b><br>81 32.22<br>65              | <b>2:17.15</b><br>Annelette de Vries 86<br>Marion Broekhuis 68 |
| 3.                 | <b>Aqualero 1</b><br>Marloes Benjamins<br>Annette Korving                 | <b>Aqualero</b><br>91 39.16<br>67               | <b>2:21.82</b><br>Marcel Jonkman 68<br>Erik Zoethout 69        |
| 4.                 | <b>Zignea 1</b><br>Mark Dieleman<br>Mengsanne Heijnen                     | <b>Zignea</b><br>85 37.02<br>71                 | <b>2:30.00</b><br>Heiner Stevens 72<br>Chantal Netjes 89       |
| AFGEM              | <b>Aalscholver 2</b>  | <b>ZV De Aalscholver</b>                        | <b>2:25.00</b>   |
| <b>160+, Heren</b> |   |   |  |
| 1.                 | <b>De Amer 1</b><br>Jos Kamps<br>Paul de Boer                             | <b>De Amer</b><br>51 44.20<br>68                | <b>2:18.97</b><br>Eric Kalee 90<br>Rutger Stam 81              |
| 2.                 | <b>Swol 1894 2</b><br>Henri Vos<br>Jappie Kuiper                          | <b>Swol 1894</b><br>65 37.32<br>55              | <b>2:28.92</b><br>Edwin Vos 70<br>Machiel Stolk 74             |
| <b>160+, Dames</b> |   |   |  |
| 1.                 | <b>Dwk 1</b><br>Greta Wyma-Teitsma<br>Willy Schoenmaker                   | <b>Dwk</b><br>71 45.92<br>59                    | <b>2:52.56</b><br>Iris van Aurich 69<br>Jennie Resink 60       |
| <b>160+</b>        |   |   |  |
| 1.                 | <b>HZ&amp;PC Heerenveen 1</b><br>Pia van der Molen<br>Jelco Breeuwer      | <b>HZ&amp;PC Heerenveen</b><br>60 44.01<br>87   | <b>2:23.00</b><br>Marten de Groot 58<br>Peggi Hurenkamp 69     |
| 2.                 | <b>Triton 1</b><br>Caroline Schreuder<br>Paul Bunnik                      | <b>W.Z. &amp; P.C. Triton</b><br>67 38.64<br>56 | <b>2:28.17</b><br>Tim Bunnik 90<br>Ellen Parma 62              |
| 3.                 | <b>Zzz 1</b><br>Aleida Groenendijk<br>Bert Veerkamp                       | <b>Zuiderzeezwemmers</b><br>84 41.93<br>52      | <b>2:58.67</b><br>Gerko Versluis 69<br>Rosemarie Veerkamp 87   |
| 4.                 | <b>Orca 1</b><br>Ageeth Boomsma<br>Oebele Boomsma                         | <b>Orca</b><br>70 42.89<br>70                   | <b>2:47.63</b><br>Jeanette Smits 66<br>Pier van der Sluis 59   |
| <b>200+, Heren</b> |   |   |  |
| 1.                 | <b>Aalscholver 1</b><br>Ron van der Zande<br>Ronald van Vliet             | <b>ZV De Aalscholver</b><br>55 37.63<br>63      | <b>2:20.00</b><br>Jan Wierenga 64<br>Jos Verhoeven 63          |



Programmanr. 8, 4 x 50m wisselslag

200+, Dames

AFGEM Swol 1894 1

Swol 1894

2:31.32