

# Iac 18 maart 2018



## ZV Orca

Leeuwarden 18-3-2018

LAC Periode - zondag 18 maart 2018 om 14:45u (25 m)

Aanvangstijd juryvergadering: 14:15u

### 1. 800m vrije slag -

*10 - 11 jaar*

1. Aniek Ausema (De Hardenberg, 200602084) 11:08.96  
50m 00:37.29 37,29 100m 01:18.08 40,79
2. Monique Tienstra (TriVia, 200600354) 12:16.97  
50m 00:41.91 41,91 100m 01:29.94 48,03
3. Iris Sikkens (Z&PC de Inktvis, 200601772) 13:06.83  
50m 00:42.69 42,69 100m 01:31.01 48,32
4. Celine Helder (Orca, 200602426) 13:15.09  
50m 00:42.67 42,67 100m 01:30.74 48,07

### 2. 800m vrije slag -

*vanaf 12 jaar*

1. Kylian Kooijman (Steenwijk 1934, 199900763) 09:54.74  
50m 00:31.32 31,32 100m 01:06.85 35,53
2. Britt Gerdes (Ksn (Sg), 200201636) 10:20.47  
50m 00:34.44 34,44 100m 01:13.22 38,78
3. Marijne van der Veen (Orca, 200300960) 10:36.36  
50m 00:34.50 34,50 100m 01:13.82 39,32
4. Chaïra Scholte (Z&PC de Inktvis, 200304478) 10:51.28  
50m 00:34.56 34,56 100m 01:13.88 39,32
5. Joline Koop (Aqua'68, 200403174) 10:51.89  
50m 00:35.87 35,87 100m 01:15.86 39,99
6. Tove Beltman (Orca, 200301618) 10:55.72  
50m 00:36.03 36,03 100m 01:15.91 39,88
7. Amélie Wortel (Orca, 200500814) 10:57.94  
50m 00:35.65 35,65 100m 01:15.50 39,85
8. Marrit Tiekstra (Orca, 200301796) 11:12.44  
50m 00:35.72 35,72 100m 01:16.78 41,06
9. Annemarijn Damhoff (TriVia, 200501000) 11:15.94  
50m 00:36.63 36,63 100m 01:18.16 41,53
10. Sterre van der Wal (Orca, 200502356) 11:23.15  
50m 00:37.53 37,53 100m 01:20.06 42,53
11. Esmée Mulder (Orca, 200402924) 11:23.23  
50m 00:38.48 38,48 100m 01:20.98 42,50
12. Marco Wagter (Steenwijk 1934, 200500003) 11:45.23  
50m 00:38.77 38,77 100m 01:22.60 43,83
13. Rutger Wind (NTB , 198403331) 11:45.56  
50m 00:35.77 35,77 100m 01:16.38 40,61
14. Kevin Vermeulen (Aqua'68, 200203849) 11:48.98  
50m 00:35.06 35,06 100m 01:14.62 39,56
15. Patrick Graver (De Hardenberg, 199404735) 11:56.06

	50m 00:35.74 35,74	100m 01:16.24 40,50	
16. Mirna Wolters (de Plons, 199802046)			12:15.76
	50m 00:37.59 37,59	100m 01:21.51 43,92	
17. Angela Hemme (de Plons, 199006548)			12:29.18
	50m 00:40.60 40,60	100m 01:25.38 44,78	
18. Jasper Dijks (Orca, 200500109)			12:43.07
	50m 00:43.01 43,01	100m 01:30.93 47,92	
19. Wilma Bouma (Aqua'68, 200405148)			13:04.30
	50m 00:41.44 41,44	100m 01:29.10 47,66	
20. Ilse de Vries (de Plons, 200000116)			13:18.93
	50m 00:39.09 39,09	100m 01:24.16 45,07	
21. Chantal Hemme (de Plons, 199501292)			14:16.97
	50m 00:44.41 44,41	100m 01:35.06 50,65	
22. Daniëlla Loof (de Plons, 199504674)			15:05.00
	50m 00:46.18 46,18	100m 01:39.04 52,86	
<b>3. 1500m vrije slag - vanaf 12 jaar</b>			
1. David da Silva Miranda (SG FZC54-De Vikings, 200500019)			19:44.19
	50m 00:33.59 33,59	100m 01:11.91 38,32	
2. Fleur Bos (Orca, 200500674)			20:14.63
	50m 00:35.06 35,06	100m 01:14.50 39,44	
3. Menno Iedema (NTB , 196301037)			20:57.42
	50m 00:36.76 36,76	100m 01:17.85 41,09	
4. Meike Regeling (Orca, 200401006)			21:08.93
	50m 00:37.69 37,69	100m 01:19.81 42,12	
5. Lizette van der Vecht (NTB , 197901440)			21:31.88
	50m 00:36.77 36,77	100m 01:18.10 41,33	
6. Anneke vd Laan (Orca, 200201154)			21:57.35
	50m 00:36.68 36,68	100m 01:20.11 43,43	
7. Iris Spijkstra (Aqualero, 199600384)			28:04.19
	50m 00:43.78 43,78	100m 01:34.68 50,90	
8. Els ter Schure (NTB , 195600124)			28:07.78
	50m 00:51.48 51,48	100m 01:48.10 56,62	
<b>4. 2000m vrije slag - vanaf 14 jaar</b>			
1. David Kuipers (Orca, 200003633)			21:46.41
	50m 00:28.81 28,81	100m 01:00.59 31,78	
2. Niels Wiersema (TriVia, 199703221)			22:38.76
	50m 00:29.68 29,68	100m 01:01.81 32,13	
3. Rik Stahlie (TriVia, 200201915)			24:09.16
	50m 00:30.51 30,51	100m 01:05.16 34,65	
4. Suze Kuipers (Orca, 200301714)			24:13.16
	50m 00:31.47 31,47	100m 01:06.22 34,75	
5. Lize Janna de Vries (Orca, 200101948)			24:30.16
	50m 00:30.77 30,77	100m 01:05.12 34,35	
6. Silke Huisman (Orca, 200301182)			25:22.69
	50m 00:31.38 31,38	100m 01:07.41 36,03	
7. Jolien Wind (Nova, 200100510)			25:49.43
	50m 00:33.03 33,03	100m 01:10.41 37,38	

8. Jarno Remmelts (Aqua'68, 200101081)	26:14.88
50m 00:32.85 32,85 100m 01:10.16 37,31	
9. Mathijs Baarda (Orca, 200300633)	26:18.71
50m 00:32.54 32,54 100m 01:11.00 38,46	
10. Joyce Kuipers (Orca, 200103426)	26:34.46
50m 00:38.61 38,61 100m 01:11.59 32,98	
11. Marijke Drent (Nova, 199906232)	26:56.49
50m 00:33.92 33,92 100m 01:12.10 38,18	
12. Alies Wagter (Steenwijk 1934, 199900840)	31:10.65
50m 00:37.73 37,73 100m 01:18.71 40,98	
13. Mirna Wolters (de Plons, 199802046)	31:39.74
50m 00:37.88 37,88 100m 01:22.33 44,45	
14. Angela Hemme (de Plons, 199006548)	33:27.94
50m 00:41.32 41,32 100m 01:27.39 46,07	
15. Chantal Hemme (de Plons, 199501292)	37:24.42
50m 00:44.94 44,94 100m 01:35.75 50,81	
16. Eline Klomp (de Plons, 200203262)	37:45.41
50m 00:44.51 44,51 100m 01:34.79 50,28	
17. Daniëlla Loof (de Plons, 199504674)	39:43.56
50m 00:47.31 47,31 100m 01:40.53 53,22	