

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 1
22-10-2016 - 15:00

200m schoolslag

20 - 94 jaar
Resultaten

Punten: FINA 2014

| Rang | Geb. | | Tijd | Pnt | 50m | 100m | 150m | 200m |
|---|-----------------------|----|----------------------|----------------|-----|---------|---------|------|
| 20 - 24 jaar, Heren | | | | | | | | |
| 1. | Danny Vochteloo | 92 | ZV ZZG De Boskickers | 3:26.38 | 199 | 47.30 | 52.66 | |
| 2. | Rick Vaarkamp | 94 | Z&PC Triton Putten | 3:28.41 | 194 | 45.51 | 53.72 | |
| 20 - 24 jaar, Dames | | | | | | | | |
| 1. | Sigrit Aarten | 93 | Deltasteur | 3:13.23 | 337 | 42.42 | 48.75 | |
| 2. | Sanne Oegema | 95 | Deltasteur | 3:17.70 | 315 | 44.16 | 49.40 | |
| DIS | Manon Filarski | 93 | Aalscholver | | | | | |
| <i>SJ - Na start en/of keerpunt een verkeerde arm- en/of beenslag gemaakt.</i> | | | | | | | | |
| 25 - 29 jaar, Dames | | | | | | | | |
| 1. | Maaïke Vooren | 91 | DAW | 2:43.72 | 555 | 37.62 | 41.90 | |
| 2. | Stephanie Rombout | 88 | ESCA Zwemmen | 3:00.40 | 415 | 39.52 | 45.47 | |
| 3. | Désirée Hulsmeijer | 90 | Het Ravijn | 3:11.32 | 347 | 42.41 | 47.41 | |
| 4. | Lonneke Oenema | 91 | Steenwijk 1934 | 3:27.77 | 271 | 47.42 | 53.11 | |
| 5. | Janneke Wynia | 90 | WS Twente | 3:42.10 | 222 | 48.91 | 56.17 | |
| 6. | Brechtje de Jong | 89 | ISIS | 4:14.76 | 147 | 1:00.63 | 1:04.18 | |
| DIS | Manouk Ticheler | 87 | De Duinkickers | | | | | |
| <i>SC - De bewegingen van de armen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.</i> | | | | | | | | |
| 25 - 29 jaar, Heren | | | | | | | | |
| 1. | Tim Bunnik | 90 | Triton | 2:35.93 | 463 | 34.99 | 39.14 | |
| 2. | Dennis Kraakman | 87 | DAW | 2:53.89 | 334 | 38.00 | 43.04 | |
| 3. | Herman Hofman | 90 | ZV ZZG De Boskickers | 2:56.23 | 321 | 37.62 | 44.04 | |
| 4. | Albert Dijksma | 87 | ISIS | 3:20.50 | 217 | 44.78 | 50.73 | |
| 30 - 34 jaar, Heren | | | | | | | | |
| 1. | Lauren Vis | 82 | Steenwijk 1934 | 2:36.54 | 458 | 34.89 | | |
| 2. | Wouter Zijlstra | 82 | DAW | 2:52.66 | 341 | 37.50 | 43.13 | |
| 3. | Wesley van Diejen | 86 | ESCA Zwemmen | 3:00.63 | 298 | 39.53 | 45.32 | |
| 4. | Mark Brinkhuis | 83 | TriVia | 3:08.11 | 263 | 42.50 | 47.18 | |
| 30 - 34 jaar, Dames | | | | | | | | |
| 1. | Kirsten Vos - Kompaan | 84 | ZCNF'34 | 3:23.98 | 287 | 44.54 | 50.69 | |
| 35 - 39 jaar, Dames | | | | | | | | |
| 1. | Eveline Hacquebord | 79 | IJZPC | 3:17.97 | 314 | 44.65 | 50.22 | |
| 2. | Agnes van Brug | 80 | DAW | 3:18.61 | 311 | 46.40 | 50.07 | |
| 3. | Margriet Leeffers | 78 | Deltasteur | 3:31.06 | 259 | 48.28 | 52.80 | |
| 4. | Rianne van Vegchelen | 81 | ZV 44 | 4:00.23 | 175 | 55.18 | 1:02.62 | |
| 35 - 39 jaar, Heren | | | | | | | | |
| 1. | Paul Oudendijk | 81 | DAW | 2:45.89 | 384 | 37.13 | 42.63 | |
| 2. | Patrick Roozeboom | 77 | WS Twente | 2:52.91 | 339 | 39.32 | 45.24 | |
| 3. | Michiel Brinkman | 80 | DAW | 3:01.10 | 295 | 40.13 | 45.07 | |
| 4. | Tom Bandsma | 77 | PSV | 3:11.08 | 251 | 43.05 | 48.95 | |
| 5. | Rinke Nijland | 79 | IJZPC | 3:16.87 | 230 | 45.63 | 50.67 | |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 1, 200m schoolslag

40 - 44 jaar, Dames

| | | | | | | |
|------------------------|----|------------------|----------------|-----|-------|-------|
| 1. Miranda Straetemans | 74 | Zignea | 3:08.32 | 364 | 41.43 | 47.27 |
| 2. Jannie Vennik | 76 | HZ&PC Heerenveen | 3:28.24 | 269 | 48.25 | 53.61 |

40 - 44 jaar, Heren

| | | | | | | |
|--------------------------|----|------------------|----------------|-----|-------|-------|
| 1. Michael van Bekkum | 72 | Swol 1894 | 2:52.53 | 342 | 37.77 | 43.84 |
| 2. Gerard Eghuizen | 74 | HZ&PC Heerenveen | 2:57.19 | 315 | 38.51 | 45.09 |
| 3. Heiner Stevens | 72 | Zignea | 2:57.53 | 314 | 40.36 | 44.68 |
| 4. Erwin Zuijdervelt | 75 | De Futen | 3:05.92 | 273 | 41.80 | 46.71 |
| 5. Kasper van den Berghe | 73 | Swol 1894 | 3:06.20 | 272 | 42.92 | 47.03 |

45 - 49 jaar, Dames

| | | | | | | |
|--------------------------------|----|------------------|----------------|-----|-------|-------|
| 1. Annette de Visser | 71 | Oceanus | 3:11.86 | 345 | 43.57 | 48.27 |
| 2. Iris van Aurich | 69 | DWK | 3:13.08 | 338 | 42.74 | 48.72 |
| 3. E. van Wingerden-Dijkhuizen | 69 | DWK | 3:29.27 | 265 | 46.36 | 52.19 |
| 4. Peggi Hurenkamp | 69 | HZ&PC Heerenveen | 3:37.91 | 235 | 49.73 | 55.00 |
| 5. Hetty Smalheer | 67 | SCOM | 3:42.45 | 221 | 50.54 | 57.10 |
| 6. Greta Wyma-Teitsma | 71 | DWK | 3:45.93 | 211 | 50.90 | 57.07 |

DIS Annette Korving-Leijenaar 67 Aqualero
SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.

DIS Trudie van Niejenhuis 71 TZC Vahalis
SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het wijdeste gedeelte v.d. 2e armsglag de handen naar binnen beginnen te draaien.

45 - 49 jaar, Heren

| | | | | | | |
|-------------------------|----|------------------|----------------|-----|-------|-------|
| 1. René Beetsma | 69 | HZ&PC Heerenveen | 2:47.67 | 372 | 37.48 | 42.32 |
| 2. Rob Janssen | 70 | De Gelenberg | 2:57.52 | 314 | 40.46 | 45.10 |
| 3. Hans Schoenmakers | 69 | DAW | 3:01.14 | 295 | 39.98 | 46.08 |
| 4. Rene Kroeze | 67 | Z&PC de Inktvis | 3:02.07 | 291 | 40.16 | 45.15 |
| 5. Michel van Wingerden | 67 | DWK | 3:03.53 | 284 | 38.98 | 45.55 |
| 6. Huyb Stegeman | 67 | Steenwijk 1934 | 3:10.57 | 253 | 41.80 | 47.46 |
| 7. Korstiaan de Boer | 71 | Steenwijk 1934 | 3:11.78 | 249 | 44.23 | 48.41 |
| 8. Alistair Critchell | 71 | ZV 44 | 3:18.07 | 226 | 44.92 | 49.47 |
| 9. Martijn de Jong | 71 | DWK | 3:31.83 | 184 | 45.83 | 52.17 |
| 10. Eric van den Blink | 70 | De Houtrib | 3:33.81 | 179 | 47.31 | 55.42 |

50 - 54 jaar, Dames

| | | | | | | |
|--------------------|----|----------------|----------------|-----|-------|-------|
| 1. Annemarie Vuist | 63 | Swol 1894 | 3:18.15 | 313 | 45.62 | 49.62 |
| 2. Jacqueline Tuin | 66 | DAW | 3:19.77 | 305 | 43.69 | 50.66 |
| 3. Wilna Heijman | 64 | Steenwijk 1934 | 3:28.07 | 270 | 47.82 | 53.34 |
| 4. Francine Sommer | 62 | Triton | 3:28.91 | 267 | 47.79 | 52.63 |

50 - 54 jaar, Heren

| | | | | | | |
|----------------------|----|----------------|----------------|-----|-------|---------|
| 1. Arnold de Rover | 64 | De Futen | 2:54.59 | 330 | 39.36 | 44.36 |
| 2. Jan Wierenga | 64 | Aalscholver | 3:02.04 | 291 | 40.83 | 46.19 |
| 3. Erik Wetsteijn | 65 | Swol 1894 | 3:15.20 | 236 | 44.34 | 50.29 |
| 4. Jan Smalheer | 64 | SCOM | 3:16.36 | 232 | 45.02 | 49.80 |
| 5. Casper Dollekamp | 63 | Steenwijk 1934 | 3:22.02 | 213 | 43.39 | 50.77 |
| 6. René Bakker | 65 | Zignea | 3:25.64 | 202 | 46.89 | 52.00 |
| 7. Hans van Scheepen | 62 | Steenwijk 1934 | 3:39.20 | 166 | 48.45 | 56.16 |
| 8. Henk Viering | 66 | Swol 1894 | 4:00.91 | 125 | 53.78 | 1:02.33 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 1, 200m schoolslag

55 - 59 jaar, Dames

| | | | | | | |
|----------------------------|----|-----------|----------------|-----|-------|---------|
| 1. Petra Tossings | 61 | DAW | 3:19.33 | 307 | 46.29 | 50.97 |
| 2. Marijke Kraak-Beckers | 60 | WS Twente | 3:33.95 | 248 | 47.59 | 53.21 |
| 3. Jennie Resink-lindeboom | 60 | DWK | 3:56.78 | 183 | 53.35 | 1:00.72 |
| 4. Marjan Spoelstra | 60 | Swol 1894 | 3:58.18 | 180 | | |
| 5. Petra v.d. Steeg | 61 | ZCNF'34 | 3:58.67 | 179 | 55.80 | 1:00.43 |

55 - 59 jaar, Heren

| | | | | | | |
|--------------------|----|------------------|----------------|-----|-------|-------|
| 1. Ronald Grove | 61 | Oceanus | 3:03.46 | 284 | 40.42 | 47.13 |
| 2. Marten de Groot | 58 | HZ&PC Heerenveen | 3:04.73 | 278 | 41.29 | 46.16 |
| 3. Marius Ros | 59 | ZCNF'34 | 3:24.40 | 205 | 46.98 | 52.35 |
| 4. Jan Haitsma | 60 | De Spatters | 3:35.11 | 176 | 48.95 | 54.09 |
| 5. Jan Timmerman | 57 | UZSC | 3:46.19 | 151 | 48.19 | 58.00 |

60 - 64 jaar, Heren

| | | | | | | |
|-------------------|----|--------|----------------|-----|-------|-------|
| 1. Paul Bunnik | 56 | Triton | 3:13.59 | 242 | 42.89 | 48.82 |
| DIS Nello Spiteri | 52 | DAW | | | | |

SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.

65 - 69 jaar, Dames

| | | | | | | |
|------------------------|----|------------|----------------|----|---------|---------|
| 1. Janny van der Weide | 51 | Deltasteur | 5:18.32 | 75 | 1:14.16 | 1:20.20 |
|------------------------|----|------------|----------------|----|---------|---------|

65 - 69 jaar, Heren

| | | | | | | |
|--------------|----|-------------|----------------|-----|-------|---------|
| 1. Jos Kamps | 51 | ZV Hoogland | 4:04.70 | 119 | 56.26 | 1:04.07 |
|--------------|----|-------------|----------------|-----|-------|---------|

70 - 74 jaar, Dames

| | | | | | | |
|-------------------------|----|----------------|----------------|-----|---------|---------|
| 1. Loekie v. Huissteden | 45 | ZPC Amersfoort | 4:36.80 | 114 | 1:03.33 | 1:09.84 |
|-------------------------|----|----------------|----------------|-----|---------|---------|

Programmanr. 2
22-10-2016 - 16:04

25m vrije slag

20 - 94 jaar
Resultaten

Punten: FINA 2014

| Rang | | Geb. | | Tijd | Pnt |
|---------------------|--------------------|------|----------------------|--------------|-----|
| 20 - 24 jaar, Heren | | | | | |
| 1. | Stefan Kwant | 92 | Nova | 11.94 | 450 |
| 2. | Mike Koelewijn | 93 | Steenwijk 1934 | 12.02 | 441 |
| 3. | Tom de Lange | 93 | Deltasteur | 12.20 | 421 |
| 4. | Kaspur van der Lem | 96 | Swimcademy | 12.62 | 381 |
| 5. | Bob Potkamp | 94 | Deltasteur | 14.23 | 265 |
| 6. | Rick Vaarkamp | 94 | Z&PC Triton Putten | 15.58 | 202 |
| 20 - 24 jaar, Dames | | | | | |
| 1. | Daphne Spreen | 96 | ZV ZZG De Boskickers | 14.35 | 405 |
| 2. | Heleen ten Have | 94 | Z&PC de Inktvis | 15.24 | 338 |
| 3. | Rebecca van Eeren | 93 | SCOM | 15.37 | 329 |
| 4. | Tessa van Dijk | 94 | ISIS | 18.17 | 199 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 2, 25m vrije slag

25 - 29 jaar, Dames

| | | | | | |
|----|--------------------|----|-----------------|--------------|-----|
| 1. | Jeanette van Dijk | 87 | ISIS | 14.16 | 421 |
| 2. | Margo Kruithof | 87 | ZPC Stadskanaal | 14.68 | 378 |
| 3. | Elzemieke Gersen | 91 | ZPC Stadskanaal | 14.98 | 356 |
| 4. | Petra Zandstra | 90 | ISIS | 15.24 | 338 |
| 5. | Marloes Benjamins | 91 | Aqualero | 15.50 | 321 |
| 6. | Rosemarie Veerkamp | 87 | ZZZ | 16.62 | 260 |
| 7. | Brechtje de Jong | 89 | ISIS | 20.37 | 141 |
| 8. | Merel Benthem | 87 | ZCNF'34 | 27.24 | 59 |

25 - 29 jaar, Heren

| | | | | | |
|----|--------------------|----|----------------|--------------|-----|
| 1. | Erik van der Heide | 88 | ZZZ | 12.51 | 391 |
| 2. | Harry Dijkma | 91 | ISIS | 13.14 | 337 |
| 3. | Eric Kalee | 90 | ZV Hoogland | 13.36 | 321 |
| 4. | Rene Kniipstra | 88 | ISIS | 13.54 | 308 |
| 5. | Robin Eggenkamp | 87 | De Duinkickers | 13.89 | 285 |
| 6. | Leo Zijlstra | 90 | ISIS | 14.14 | 270 |

30 - 34 jaar, Heren

| | | | | | |
|----|--------------------|----|--------------------|--------------|-----|
| 1. | Matthijs Vergaaij | 83 | Normerven | 11.94 | 450 |
| 2. | Arjen van der Boom | 86 | Zignea | 12.73 | 371 |
| 3. | Rob van Wanrooy | 82 | Gay Swim Amsterdam | 12.82 | 363 |
| 4. | René van Dijk | 84 | ISIS | 13.60 | 304 |
| 5. | Rudy de Jong | 83 | ISIS | 14.53 | 249 |
| 6. | Sander de Velde | 83 | Deltasteur | 15.03 | 225 |

30 - 34 jaar, Dames

| | | | | | |
|----|---------------------|----|--------------------|--------------|-----|
| 1. | Erika Boogaard-Zwep | 83 | Deltasteur | 15.03 | 352 |
| 2. | Marijke Dirkse | 84 | IJZPC | 15.60 | 315 |
| 3. | Carola Jacobs | 85 | Z&PC Triton Putten | 15.86 | 300 |
| 4. | Mirjam Minderhoud | 83 | Zignea | 16.60 | 261 |
| 5. | Jennifer Go | 84 | Triton | 18.52 | 188 |

35 - 39 jaar, Dames

| | | | | | |
|----|---------------------|----|----------------|--------------|-----|
| 1. | Eveline Hacquebord | 79 | IJZPC | 14.99 | 355 |
| 2. | Inge Roskam | 78 | De Duinkickers | 16.25 | 279 |
| 3. | Saskia op den Velde | 79 | De Duinkickers | 18.70 | 183 |

40 - 44 jaar, Dames

| | | | | | |
|----|----------------------|----|----------------|--------------|-----|
| 1. | Inge Lolkema-Soeters | 73 | Steenwijk 1934 | 15.69 | 310 |
|----|----------------------|----|----------------|--------------|-----|

40 - 44 jaar, Heren

| | | | | | |
|----|------------------------|----|--------------------|--------------|-----|
| 1. | Kees Bakker | 75 | Gay Swim Amsterdam | 12.53 | 389 |
| 2. | Kasper van den Berghe | 73 | Swol 1894 | 13.82 | 290 |
| 3. | Erik Veltman | 72 | ZPC Stadskanaal | 13.94 | 282 |
| 4. | Dennis van Markesteijn | 72 | TZC Vahalis | 14.13 | 271 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 2, 25m vrije slag

45 - 49 jaar, Dames

| | | | | | |
|----|---------------------|----|-----------|--------------|-----|
| 1. | Caroline Schreuder | 67 | Triton | 14.15 | 422 |
| 2. | Iris van Aurich | 69 | DWK | 14.82 | 367 |
| 3. | Rina Kuiper | 70 | H2Oldambt | 14.96 | 357 |
| 4. | Henriëtte Manting | 71 | GZVW | 15.08 | 349 |
| 5. | Geesje Lena Boomsma | 70 | Orca | 16.45 | 269 |
| 6. | Hetty Smalheer | 67 | SCOM | 16.75 | 254 |

45 - 49 jaar, Heren

| | | | | | |
|----|--------------------|----|---------------|--------------|-----|
| 1. | Martin Kaptein | 67 | DWK | 12.39 | 402 |
| 2. | Jeroen Kort | 68 | DAW | 13.54 | 308 |
| 3. | Chris Kouwenhoven | 71 | De Spatters | 13.67 | 299 |
| 4. | Alistair Critchell | 71 | ZV 44 | 14.04 | 276 |
| 5. | Roelof Broekman | 68 | De Spatters | 14.46 | 253 |
| 6. | Wim Hutten | 70 | ZPC Hoogeveen | 16.90 | 158 |
| 7. | Oebele Boomsma | 70 | Orca | 18.26 | 125 |

50 - 54 jaar, Dames

| | | | | | |
|----|---------------------------|----|----------------|--------------|-----|
| 1. | Miranda Keijl | 65 | Zignea | 15.52 | 320 |
| 2. | Roelien Speelman-Tigelaar | 66 | De Spatters | 16.09 | 287 |
| 3. | Remona Dekker | 66 | ZV De Bron | 16.67 | 258 |
| 4. | Ellen Parma | 62 | Triton | 16.81 | 252 |
| 5. | Christine Buist | 64 | De Duinkickers | 16.99 | 244 |
| 6. | Jenny Westervaarder | 62 | H2Oldambt | 17.44 | 225 |
| 7. | Riekje Schra | 64 | Steenwijk 1934 | 26.84 | 61 |

50 - 54 jaar, Heren

| | | | | | |
|----|------------------------|----|----------------|--------------|-----|
| 1. | Marcel van der Lem | 65 | Swimcademy | 12.90 | 356 |
| 2. | Meindert Tuinstra | 66 | H2Oldambt | 13.67 | 299 |
| 3. | Robert de Brauwier | 64 | De Duinkickers | 13.69 | 298 |
| 4. | Evert Jan van Oosterom | 66 | Swol 1894 | 13.89 | 285 |
| 5. | René Bakker | 65 | Zignea | 14.14 | 270 |
| 6. | Eric Tijms | 64 | Oeza | 15.01 | 226 |
| 7. | Perry Dekker | 62 | ZV De Bron | 16.52 | 169 |
| 8. | Hans van Scheepen | 62 | Steenwijk 1934 | 17.36 | 146 |

55 - 59 jaar, Dames

| | | | | | |
|----|----------------------------|----|------------------|--------------|-----|
| 1. | Marijke Kraak-Beckers | 60 | WS Twente | 15.80 | 303 |
| 2. | Pia van der Molen | 60 | HZ&PC Heerenveen | 15.84 | 301 |
| 3. | Marjan Spoelstra | 60 | Swol 1894 | 18.88 | 177 |
| 4. | Anne Waller | 61 | De Futen | 19.25 | 167 |
| 5. | Willy Schoenmaker-ter Veer | 59 | DWK | 20.01 | 149 |
| 6. | Gea Kuiper | 61 | ZCNF'34 | 20.72 | 134 |
| 7. | Petra v.d. Steeg | 61 | ZCNF'34 | 21.82 | 115 |
| 8. | Joke Burgers | 60 | Swol 1894 | 22.04 | 111 |

55 - 59 jaar, Heren

| | | | | | |
|----|----------------------|----|---------|--------------|-----|
| 1. | John Dam | 60 | Zignea | 14.92 | 230 |
| 2. | Pier van der Sluis | 59 | Orca | 15.39 | 210 |
| 3. | Marius Ros | 59 | ZCNF'34 | 15.51 | 205 |
| 4. | Adrie van der Gracht | 57 | Oeza | 17.73 | 137 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 2, 25m vrije slag

60 - 64 jaar, Heren

| | | | | | |
|----|-----------------|----|------------|--------------|-----|
| 1. | Jappie Kuiper | 55 | Swol 1894 | 14.29 | 262 |
| 2. | Be van der Ziel | 52 | Swol 1894 | 16.20 | 180 |
| 3. | Bert Veerkamp | 52 | <i>ZZZ</i> | 27.77 | 35 |

65 - 69 jaar, Dames

| | | | | | |
|----|----------------------------|----|------------|--------------|-----|
| 1. | Bea Swijnenberg | 49 | Swol 1894 | 17.03 | 242 |
| 2. | Antoinette Gilding-Tussaud | 50 | WS Twente | 20.23 | 144 |
| 3. | Janny van der Weide | 51 | Deltasteur | 25.54 | 71 |

65 - 69 jaar, Heren

| | | | | | |
|-----|-----------------|----|-------------|--------------|----|
| 1. | Henk Oostendorp | 48 | ZV De Bron | 20.16 | 93 |
| DIS | Jos Kamps | 51 | ZV Hoogland | | |

AA - Gestart voor het startsignaal (en wel gezwommen).

70 - 74 jaar, Dames

| | | | | | |
|----|-----------------------------|----|----------------|--------------|-----|
| 1. | Annet Verhoeven - Steggerda | 46 | De Duinkickers | 20.45 | 140 |
|----|-----------------------------|----|----------------|--------------|-----|

70 - 74 jaar, Heren

| | | | | | |
|----|-----------|----|-----|--------------|-----|
| 1. | Rob Hanou | 43 | PSV | 16.65 | 165 |
|----|-----------|----|-----|--------------|-----|

Programmanr. 3
22-10-2016 - 16:18

100m vlinderslag

20 - 94 jaar
Resultaten

Punten: FINA 2014

| Rang | Geb. | | Tijd | Pnt | 50m | 100m |
|----------------------------|-------------------------|----|-----------------|----------------|-----|-------------|
| 20 - 24 jaar, Heren | | | | | | |
| 1. | Stefan Kwant | 92 | Nova | 1:07.92 | 363 | 30.77 37.15 |
| 2. | Jesper Honken | 96 | Nova | 1:10.59 | 323 | 32.20 38.39 |
| 20 - 24 jaar, Dames | | | | | | |
| 1. | Karen Stolk | 94 | Swol 1894 | 1:08.56 | 517 | 31.40 37.16 |
| 2. | Tamara Grove | 96 | De Dolfijn | 1:09.84 | 489 | 31.93 37.91 |
| 3. | Janine de Groot | 95 | Nova | 1:14.90 | 397 | 34.00 40.90 |
| 4. | Veronique van der Velde | 96 | WS Twente | 1:20.85 | 315 | 35.58 45.27 |
| 5. | Sigrit Aarten | 93 | Deltasteur | 1:24.51 | 276 | 38.30 46.21 |
| 6. | Rebecca van Eeren | 93 | SCOM | 1:29.20 | 235 | 39.80 49.40 |
| 7. | Heleen ten Have | 94 | Z&PC de Inktvis | 1:32.13 | 213 | 41.48 50.65 |
| 25 - 29 jaar, Dames | | | | | | |
| 1. | Désirée Hulsmeijer | 90 | Het Ravijn | 1:20.88 | 315 | 37.05 43.83 |
| 25 - 29 jaar, Heren | | | | | | |
| 1. | Tim Bunnik | 90 | Triton | 1:04.31 | 428 | 29.81 34.50 |
| 2. | Marco de Vries | 90 | Z&PC de Inktvis | 1:13.53 | 286 | 34.15 39.38 |
| 3. | Stefan van de Grift | 87 | Octopus | 1:14.70 | 273 | 33.57 41.13 |
| 30 - 34 jaar, Heren | | | | | | |
| 1. | Rick Driezen | 86 | Steenwijk 1934 | 1:01.78 | 483 | 28.92 32.86 |
| 2. | Ferdy van Savoyen | 86 | <i>ZZZ</i> | 1:33.64 | 138 | 40.76 52.88 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 3, 100m vlinderslag

30 - 34 jaar, Dames

| | | | | | | | |
|----|----------------------|----|--------------------|----------------|-----|-------|-------|
| 1. | Margriet Aan het Rot | 86 | Octopus | 1:27.95 | 245 | 40.34 | 47.61 |
| 2. | Carola Jacobs | 85 | Z&PC Triton Putten | 1:39.73 | 168 | 44.98 | 54.75 |

35 - 39 jaar, Heren

| | | | | | | | |
|----|----------------|----|----------------|----------------|-----|-------|-------|
| 1. | Robert Hoiting | 80 | Orca | 1:08.56 | 353 | 31.10 | 37.46 |
| 2. | Erwin Buist | 78 | ZPC Amersfoort | 1:11.15 | 316 | 31.78 | 39.37 |
| 3. | Han Boone | 77 | Octopus | 1:22.08 | 206 | 38.62 | 43.46 |

40 - 44 jaar, Dames

| | | | | | | | |
|----|----------------------|----|------------------|----------------|-----|-------|-------|
| 1. | Marty Krans-de Weerd | 75 | ZCNF'34 | 1:17.77 | 354 | 35.29 | 42.48 |
| 2. | Jannie Vennik | 76 | HZ&PC Heerenveen | 1:37.27 | 181 | 45.26 | 52.01 |

40 - 44 jaar, Heren

| | | | | | | | |
|----|-----------------|----|-----------|----------------|-----|-------|-------|
| 1. | Alex Damen | 75 | DAW | 1:07.45 | 371 | 31.03 | 36.42 |
| 2. | Heiner Stevens | 72 | Zignea | 1:09.04 | 346 | 32.26 | 36.78 |
| 3. | Johan Wezenberg | 76 | Swol 1894 | 1:20.51 | 218 | 37.02 | 43.49 |

45 - 49 jaar, Heren

| | | | | | | | |
|----|-------------------|----|------------------|----------------|-----|-------|---------|
| 1. | René Beetsma | 69 | HZ&PC Heerenveen | 1:09.34 | 341 | 32.12 | 37.22 |
| 2. | Jan Lindenaar | 67 | UZSC | 1:14.73 | 273 | 34.54 | 40.19 |
| 3. | Korstiaan de Boer | 71 | Steenwijk 1934 | 1:20.70 | 216 | 37.32 | 43.38 |
| 4. | Gerko Versluis | 69 | ZZZ | 1:21.65 | 209 | 35.43 | 46.22 |
| 5. | Marcel Brittijn | 69 | De Duinkickers | 1:26.49 | 176 | 40.57 | 45.92 |
| 6. | Arnold Jonker | 70 | HZ&PC Heerenveen | 1:51.63 | 81 | 48.32 | 1:03.31 |

50 - 54 jaar, Dames

| | | | | | | | |
|----|-------------------------|----|----------------|----------------|-----|-------|-------|
| 1. | Margriet Grove-Lingeman | 62 | Oceanus | 1:22.15 | 300 | 37.50 | 44.65 |
| 2. | Wilna Heijman | 64 | Steenwijk 1934 | 1:26.37 | 258 | 39.95 | 46.42 |
| 3. | Miranda Keijl | 65 | Zignea | 1:37.99 | 177 | 44.67 | 53.32 |

50 - 54 jaar, Heren

| | | | | | | | |
|-----|-------------------|----|-------------|----------------|-----|-------|--|
| 1. | Arnold de Rover | 64 | De Futen | 1:12.42 | 299 | 34.00 | 38.42 |
| 2. | Evert Jan Verweij | 63 | Swol 1894 | 1:13.93 | 281 | 35.06 | 38.87 |
| 3. | Henk Kuipers | 62 | UZSC | 1:24.30 | 190 | 37.45 | 46.85 |
| DIS | René Speelman | 66 | De Spatters | | | | |
| | | | | | | | <i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i> |
| DIS | Jan Smalheer | 64 | SCOM | | | | |
| | | | | | | | <i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i> |

55 - 59 jaar, Heren

| | | | | | | | |
|----|--------------|----|---------|----------------|-----|-------|-------|
| 1. | Ronald Grove | 61 | Oceanus | 1:18.45 | 235 | 35.30 | 43.15 |
|----|--------------|----|---------|----------------|-----|-------|-------|

60 - 64 jaar, Heren

| | | | | | | | |
|----|---------------|----|--------|----------------|-----|-------|---------|
| 1. | Paul Bunnik | 56 | Triton | 1:21.39 | 211 | 37.68 | 43.71 |
| 2. | Nello Spiteri | 52 | DAW | 2:06.02 | 56 | 56.86 | 1:09.16 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 4 25m schoolslag 20 - 94 jaar
22-10-2016 - 16:34 Resultaten

Punten: FINA 2014

| Rang | Geb. | | Tijd | Pnt |
|---|------|------------------------------------|--------------|-----|
| 20 - 24 jaar, Heren | | | | |
| 1. | 93 | Tom de Lange Deltasteur | 15.31 | 437 |
| 2. | 96 | Kaspur van der Lem Swimcademy | 16.61 | 342 |
| 3. | 94 | Bob Potkamp Deltasteur | 17.93 | 272 |
| 20 - 24 jaar, Dames | | | | |
| 1. | 94 | Tessa van Dijk ISIS | 25.80 | 140 |
| 25 - 29 jaar, Dames | | | | |
| 1. | 88 | Stephanie Rombout ESCA Zwemmen | 17.59 | 442 |
| 2. | 90 | Petra Zandstra ISIS | 18.69 | 368 |
| 3. | 87 | Manouk Ticheler De Duinkickers | 20.06 | 298 |
| 4. | 87 | Jeanette van Dijk ISIS | 20.09 | 296 |
| 5. | 90 | Janneke Wynia WS Twente | 20.41 | 282 |
| 6. | 91 | Marloes Benjamins Aqualero | 21.48 | 242 |
| 25 - 29 jaar, Heren | | | | |
| 1. | 87 | Stefan van de Grift Octopus | 15.69 | 406 |
| 2. | 87 | Jos Hebels ZPC Stadskanaal | 16.10 | 375 |
| 3. | 91 | Harry Dijksma ISIS | 17.38 | 298 |
| 4. | 90 | Eric Kalee ZV Hoogland | 17.89 | 274 |
| 5. | 88 | Rene Knijpstra ISIS | 18.37 | 253 |
| 6. | 90 | Leo Zijlstra ISIS | 19.10 | 225 |
| 30 - 34 jaar, Heren | | | | |
| 1. | 82 | Rob van Wanrooy Gay Swim Amsterdam | 15.15 | 451 |
| 2. | 83 | Matthijs Vergaai Normerven | 15.73 | 403 |
| 3. | 86 | Wesley van Diejen ESCA Zwemmen | 16.93 | 323 |
| 4. | 83 | Mark Brinkhuis TriVia | 17.02 | 318 |
| 5. | 86 | Ferdy van Savoyen ZZZ | 17.36 | 299 |
| 6. | 84 | René van Dijk ISIS | 17.73 | 281 |
| 7. | 83 | Sander de Velde Deltasteur | 18.80 | 236 |
| 30 - 34 jaar, Dames | | | | |
| 1. | 86 | Margriet Aan het Rot Octopus | 20.22 | 291 |
| 2. | 83 | Erika Boogaard-Zwep Deltasteur | 22.25 | 218 |
| 3. | 84 | Jennifer Go Triton | 23.62 | 182 |
| 35 - 39 jaar, Dames | | | | |
| 1. | 79 | Eveline Hacquebord IJZPC | 18.95 | 353 |
| 2. | 78 | Inge Roskam De Duinkickers | 19.00 | 350 |
| 3. | 81 | Rianne van Vegchelen ZV 44 | 24.13 | 171 |
| DIS | 79 | Saskia op den Velde De Duinkickers | | |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | |
| 35 - 39 jaar, Heren | | | | |
| 1. | 77 | Han Boone Octopus | 17.39 | 298 |
| 2. | 79 | Rinke Nijland IJZPC | 18.81 | 235 |
| 3. | 77 | Patrick Roozeboom WS Twente | 19.00 | 228 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 4, 25m schoolslag

40 - 44 jaar, Dames

| | | | | | |
|----|-----------------|----|------------------|--------------|-----|
| 1. | Jannie Vennik | 76 | HZ&PC Heerenveen | 20.67 | 272 |
| 2. | Sylvia Tetteroo | 73 | IJZPC | 29.02 | 98 |

40 - 44 jaar, Heren

| | | | | | |
|-----|---|----|-----------|--|--|
| DIS | Michael van Bekkum | 72 | Swol 1894 | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | |

45 - 49 jaar, Dames

| | | | | | |
|----|---------------------------|----|------------------|--------------|-----|
| 1. | Caroline Schreuder | 67 | Triton | 19.32 | 333 |
| 2. | Annette Korving-Leijenaar | 67 | Aqualero | 19.45 | 327 |
| 3. | Henriëtte Manting | 71 | GZVW | 20.38 | 284 |
| 4. | Geesje Lena Boomsma | 70 | Orca | 21.12 | 255 |
| 5. | Peggi Hurenkamp | 69 | HZ&PC Heerenveen | 22.00 | 225 |
| 6. | Greta Wyma-Teitsma | 71 | DWK | 22.91 | 200 |

45 - 49 jaar, Heren

| | | | | | |
|----|-------------------|----|----------------|--------------|-----|
| 1. | Huyb Stegeman | 67 | Steenwijk 1934 | 17.02 | 318 |
| 2. | Roelof Broekman | 68 | De Spatters | 18.54 | 246 |
| 3. | Chris Kouwenhoven | 71 | De Spatters | 19.57 | 209 |
| 4. | Wim Hutten | 70 | ZPC Hoogeveen | 20.38 | 185 |
| 5. | Oebele Boomsma | 70 | Orca | 24.23 | 110 |

50 - 54 jaar, Dames

| | | | | | |
|-----|--|----|----------------|--------------|-----|
| 1. | Remona Dekker | 66 | ZV De Bron | 20.13 | 294 |
| 2. | Francine Sommer | 62 | Triton | 20.66 | 272 |
| 3. | Jenny Westervaarder | 62 | H2Oldambt | 22.16 | 221 |
| 4. | Ellen Parma | 62 | Triton | 22.68 | 206 |
| 5. | Christine Buist | 64 | De Duinkickers | 22.83 | 202 |
| DIS | Riekie Schra | 64 | Steenwijk 1934 | | |
| | <i>SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het wijdstedeelte v.d. 2e armslag de handen naar binnen beginnen te draaien.</i> | | | | |

50 - 54 jaar, Heren

| | | | | | |
|----|------------------------|----|----------------|--------------|-----|
| 1. | Marcel van der Lem | 65 | Swimcademy | 16.38 | 357 |
| 2. | Robert de Brauwier | 64 | De Duinkickers | 18.16 | 261 |
| 3. | Erik Wetsteijn | 65 | Swol 1894 | 18.92 | 231 |
| 4. | Eric Tijms | 64 | Oeza | 18.97 | 229 |
| 5. | Evert Jan van Oosterom | 66 | Swol 1894 | 19.06 | 226 |

55 - 59 jaar, Dames

| | | | | | |
|-----|---|----|------------------|--------------|-----|
| 1. | Marijke Kraak-Beckers | 60 | WS Twente | 20.23 | 290 |
| 2. | Pia van der Molen | 60 | HZ&PC Heerenveen | 21.54 | 240 |
| 3. | Gea Kuiper | 61 | ZCNF'34 | 24.45 | 164 |
| 4. | Willy Schoenmaker-ter Veer | 59 | DWK | 24.49 | 163 |
| 5. | Joke Burgers | 60 | Swol 1894 | 27.76 | 112 |
| DIS | Jennie Resink-lindeboom | 60 | DWK | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 4, 25m schoolslag

55 - 59 jaar, Heren

| | | | | |
|-------------------------|----|--------|--------------|-----|
| 1. John Dam | 60 | Zignea | 19.32 | 217 |
| 2. Jan Timmerman | 57 | UZSC | 19.44 | 213 |
| 3. Adrie van der Gracht | 57 | Oeza | 20.57 | 180 |
| 4. Pier van der Sluis | 59 | Orca | 20.70 | 176 |

60 - 64 jaar, Heren

| | | | | |
|--------------------|----|-----------|--------------|-----|
| 1. Be van der Ziel | 52 | Swol 1894 | 20.23 | 189 |
| 2. Jappie Kuiper | 55 | Swol 1894 | 20.40 | 184 |
| 3. Bert Veerkamp | 52 | ZZZ | 27.57 | 74 |

65 - 69 jaar, Dames

| | | | | |
|-------------------------------|----|-----------|--------------|-----|
| 1. Bea Swijnenberg | 49 | Swol 1894 | 20.87 | 264 |
| 2. Antoinette Gilding-Tussaud | 50 | WS Twente | 27.99 | 109 |

65 - 69 jaar, Heren

| | | | | |
|--------------------|----|------------|--------------|-----|
| 1. Henk Oostendorp | 48 | ZV De Bron | 24.10 | 112 |
|--------------------|----|------------|--------------|-----|

70 - 74 jaar, Dames

| | | | | |
|--------------------------------|----|----------------|--------------|-----|
| 1. Annet Verhoeven - Steggerda | 46 | De Duinkickers | 24.59 | 161 |
|--------------------------------|----|----------------|--------------|-----|

70 - 74 jaar, Heren

| | | | | |
|--------------|----|-----|--------------|-----|
| 1. Rob Hanou | 43 | PSV | 19.80 | 202 |
|--------------|----|-----|--------------|-----|

Programmanr. 5
22-10-2016 - 16:47

100m vrije slag

20 - 94 jaar
Resultaten

Punten: FINA 2014

| Rang | Geb. | | Tijd | Pnt | 50m | 100m |
|----------------------------|------|----------------------|----------------|-----|---------|---------|
| 20 - 24 jaar, Heren | | | | | | |
| 1. | 92 | Nova | 57.02 | 489 | 27.13 | 29.89 |
| 2. | 93 | Steenwijk 1934 | 58.13 | 462 | 28.61 | 29.52 |
| 3. | 96 | Nova | 1:03.62 | 352 | 29.98 | 33.64 |
| 4. | 92 | ZV ZZG De Boskickers | 1:22.40 | 162 | 38.70 | 43.70 |
| 20 - 24 jaar, Dames | | | | | | |
| 1. | 96 | De Dolfijn | 58.84 | 651 | 28.51 | 30.33 |
| 2. | 95 | Nova | 1:03.73 | 512 | 30.36 | 33.37 |
| 3. | 93 | Aalscholver | 1:05.98 | 462 | 31.51 | 34.47 |
| 4. | 96 | ZV ZZG De Boskickers | 1:06.47 | 451 | 31.64 | 34.83 |
| 5. | 94 | Z&PC de Inktvis | 1:16.63 | 294 | 37.00 | 39.63 |
| 6. | 95 | Deltasteur | 1:18.47 | 274 | 36.11 | 42.36 |
| 25 - 29 jaar, Dames | | | | | | |
| 1. | 91 | DAW | 1:01.32 | 575 | 30.06 | 31.26 |
| 2. | 87 | PSV | 1:08.51 | 412 | 32.16 | 36.35 |
| 3. | 91 | Steenwijk 1934 | 1:10.50 | 378 | 33.25 | 37.25 |
| 4. | 87 | ZPC Stadskanaal | 1:11.72 | 359 | 33.61 | 38.11 |
| 5. | 91 | ZPC Stadskanaal | 1:15.89 | 303 | 36.45 | 39.44 |
| 6. | 87 | ZZZ | 1:23.93 | 224 | 40.55 | 43.38 |
| 7. | 87 | ZCNF'34 | 2:13.41 | 55 | 1:02.35 | 1:11.06 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 5, 100m vrije slag

25 - 29 jaar, Heren

| | | | | | | | |
|----|--------------------|----|----------------------|----------------|-----|-------|-------|
| 1. | Tim Bunnik | 90 | Triton | 56.08 | 514 | 26.65 | 29.43 |
| 2. | Herman Hofman | 90 | ZV ZZG De Boskickers | 57.68 | 472 | | |
| 3. | Erik van der Heide | 88 | ZZZ | 58.44 | 454 | 28.08 | 30.36 |
| 4. | Dennis Kraakman | 87 | DAW | 1:05.19 | 327 | 31.29 | 33.90 |
| 5. | Albert Dijkma | 87 | ISIS | 1:07.65 | 293 | 31.50 | 36.15 |
| 6. | Jos Hebels | 87 | ZPC Stadskanaal | 1:08.57 | 281 | 32.13 | 36.44 |
| 7. | Marco de Vries | 90 | Z&PC de Inktvis | 1:09.81 | 266 | 33.91 | 35.90 |
| 8. | Robin Eggenkamp | 87 | De Duinkickers | 1:10.48 | 259 | 33.45 | 37.03 |
| 9. | Leo Zijlstra | 90 | ISIS | 1:12.89 | 234 | | |

30 - 34 jaar, Heren

| | | | | | | | |
|----|-----------------|----|----------------|----------------|-----|-------|-------|
| 1. | Lauren Vis | 82 | Steenwijk 1934 | 56.00 | 516 | 26.76 | 29.24 |
| 2. | Rick Driezen | 86 | Steenwijk 1934 | 58.52 | 452 | 27.92 | 30.60 |
| 3. | Wouter Zijlstra | 82 | DAW | 1:01.56 | 389 | 28.76 | 32.80 |
| 4. | Rudy de Jong | 83 | ISIS | 1:09.16 | 274 | 31.91 | 37.25 |

30 - 34 jaar, Dames

| | | | | | | | |
|----|-----------------------|----|---------------|----------------|-----|-------|-------|
| 1. | Kirsten Vos - Kompaan | 84 | ZCNF'34 | 1:11.63 | 361 | 33.73 | 37.90 |
| 2. | Marijke Dirkse | 84 | IJZPC | 1:19.54 | 263 | 38.18 | 41.36 |
| 3. | Fabienne Jeukens | 84 | ZV Hoogland | 1:19.65 | 262 | 37.68 | 41.97 |
| 4. | Evelyn Noordzij | 85 | ZPC Hoogeveen | 1:19.78 | 261 | 37.61 | 42.17 |

35 - 39 jaar, Dames

| | | | | | | | |
|----|-------------------|----|------------|----------------|-----|-------|-------|
| 1. | Agnes van Brug | 80 | DAW | 1:10.07 | 385 | 33.87 | 36.20 |
| 2. | Margriet Leeffers | 78 | Deltasteur | 1:14.54 | 320 | 35.36 | 39.18 |

35 - 39 jaar, Heren

| | | | | | | | |
|----|------------------|----|-----------------|----------------|-----|-------|-------|
| 1. | Paul Oudendijk | 81 | DAW | 59.75 | 425 | 28.82 | 30.93 |
| 2. | Erwin Buist | 78 | ZPC Amersfoort | 1:01.66 | 387 | 29.45 | 32.21 |
| 3. | Robert Hoiting | 80 | Orca | 1:02.41 | 373 | 29.90 | 32.51 |
| 4. | Jos Timmermans | 79 | ZPC Stadskanaal | 1:03.69 | 351 | 29.82 | 33.87 |
| 5. | Michiel Brinkman | 80 | DAW | 1:04.54 | 337 | 29.86 | 34.68 |
| 6. | Erik Drost | 79 | PSV | 1:04.76 | 334 | 33.69 | 31.07 |
| 7. | Tom Bandsma | 77 | PSV | 1:09.48 | 270 | 33.36 | 36.12 |
| 8. | Rinke Nijland | 79 | IJZPC | 1:14.23 | 221 | 35.45 | 38.78 |

40 - 44 jaar, Dames

| | | | | | | | |
|----|----------------------|----|----------------|----------------|-----|-------|-------|
| 1. | Marty Krans-de Weerd | 75 | ZCNF'34 | 1:04.88 | 485 | 31.01 | 33.87 |
| 2. | Miranda Straetemans | 74 | Zignea | 1:16.16 | 300 | 35.40 | 40.76 |
| 3. | Inge Lolkema-Soeters | 73 | Steenwijk 1934 | 1:17.51 | 285 | 36.74 | 40.77 |

40 - 44 jaar, Heren

| | | | | | | | |
|----|-----------------------|----|--------------------|----------------|-----|-------|-------|
| 1. | Kees Bakker | 75 | Gay Swim Amsterdam | 1:01.08 | 398 | 30.14 | 30.94 |
| 2. | Erwin Zuidervelt | 75 | De Futen | 1:03.02 | 362 | 28.89 | 34.13 |
| 3. | Kasper van den Berghe | 73 | Swol 1894 | 1:03.55 | 353 | 30.68 | 32.87 |
| 4. | Johan Wezenberg | 76 | Swol 1894 | 1:05.70 | 320 | 31.66 | 34.04 |
| 5. | Rutger Vos | 75 | De Houtrib | 1:09.16 | 274 | 32.97 | 36.19 |
| 6. | Erik Veltman | 72 | ZPC Stadskanaal | 1:09.38 | 271 | 33.59 | 35.79 |

45 - 49 jaar, Dames

| | | | | | | | |
|----|--------------------------------|----|-----------|----------------|-----|-------|-------|
| 1. | Annette de Visser | 71 | Oceanus | 1:06.86 | 444 | 32.64 | 34.22 |
| 2. | Rina Kuiper | 70 | H2Oldambt | 1:12.64 | 346 | 34.12 | 38.52 |
| 3. | Ellen van Wingerden-Dijkhuizen | 69 | DWK | 1:13.96 | 328 | 35.57 | 38.39 |
| 4. | Hetty Smalheer | 67 | SCOM | 1:24.70 | 218 | 40.85 | 43.85 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 5, 100m vrije slag

45 - 49 jaar, Heren

| | | | | | | | |
|-----|----------------------|----|-----------------|----------------|-----|-------|-------|
| 1. | Martin Kaptein | 67 | DWK | 59.89 | 422 | 28.46 | 31.43 |
| 2. | Michel van Wingerden | 67 | DWK | 1:02.67 | 368 | 29.51 | 33.16 |
| 3. | Rene Kroeze | 67 | Z&PC de Inktvis | 1:03.07 | 361 | | |
| 4. | Jan Lindenaar | 67 | UZSC | 1:03.76 | 350 | | |
| 5. | Gerko Versluis | 69 | ZZZ | 1:03.79 | 349 | 30.50 | 33.29 |
| 6. | Gerco Schakel | 69 | DWK | 1:08.16 | 286 | | |
| 7. | Chris Kouwenhoven | 71 | De Spatters | 1:09.57 | 269 | 33.61 | 35.96 |
| 8. | Marcel Brittijn | 69 | De Duinkickers | 1:09.71 | 267 | 33.60 | 36.11 |
| 9. | Martijn de Jong | 71 | DWK | 1:11.99 | 243 | 34.46 | 37.53 |
| 10. | Eric van den Blink | 70 | De Houtrib | 1:22.45 | 161 | 38.70 | 43.75 |

50 - 54 jaar, Dames

| | | | | | | | |
|----|---------------------------|----|----------------|----------------|-----|-------|---------|
| 1. | Jacqueline Tuin | 66 | DAW | 1:10.16 | 384 | 33.80 | 36.36 |
| 2. | Margriet Grove-Lingeman | 62 | Oceanus | 1:12.88 | 342 | 34.48 | 38.40 |
| 3. | Francine Sommer | 62 | Triton | 1:15.80 | 304 | | |
| 4. | Annemarie Vuist | 63 | Swol 1894 | 1:17.97 | 280 | 37.96 | 40.01 |
| 5. | Roelien Speelman-Tigelaar | 66 | De Spatters | 1:19.13 | 267 | 37.31 | 41.82 |
| 6. | Christine Buist | 64 | De Duinkickers | 1:26.04 | 208 | | |
| 7. | Remona Dekker | 66 | ZV De Bron | 1:27.22 | 200 | 41.43 | 45.79 |
| 8. | Riekie Schra | 64 | Steenwijk 1934 | 2:08.28 | 62 | 59.02 | 1:09.26 |

50 - 54 jaar, Heren

| | | | | | | | |
|----|-------------------|----|----------------|----------------|-----|-------|-------|
| 1. | Arnold de Rover | 64 | De Futen | 59.64 | 427 | 28.45 | 31.19 |
| 2. | Jan Wierenga | 64 | Aalscholver | 1:04.07 | 345 | 30.71 | 33.36 |
| 3. | Meindert Tuinstra | 66 | H2Oldambt | 1:07.44 | 295 | 31.12 | 36.32 |
| 4. | Jan Smalheer | 64 | SCOM | 1:10.75 | 256 | 33.93 | 36.82 |
| 5. | René Bakker | 65 | Zignea | 1:13.17 | 231 | 33.86 | 39.31 |
| 6. | Eric Tijms | 64 | Oeza | 1:13.95 | 224 | 35.68 | 38.27 |
| 7. | Hans van Scheepen | 62 | Steenwijk 1934 | 1:27.62 | 134 | 41.48 | 46.14 |
| 8. | Perry Dekker | 62 | ZV De Bron | 1:31.45 | 118 | 44.36 | 47.09 |
| 9. | Henk Viering | 66 | Swol 1894 | 1:33.69 | 110 | 43.51 | 50.18 |

55 - 59 jaar, Dames

| | | | | | | | |
|----|------------------|----|-----------|----------------|-----|-------|-------|
| 1. | Petra Tossings | 61 | DAW | 1:15.68 | 306 | 36.39 | 39.29 |
| 2. | Marjan Spoelstra | 60 | Swol 1894 | 1:32.84 | 165 | 44.42 | 48.42 |
| 3. | Anne Waller | 61 | De Futen | 1:44.03 | 117 | 49.09 | 54.94 |

55 - 59 jaar, Heren

| | | | | | | | |
|----|-----------------|----|------------------|----------------|-----|-------|-------|
| 1. | Marten de Groot | 58 | HZ&PC Heerenveen | 1:01.86 | 383 | 29.54 | 32.32 |
| 2. | Fred Vollebergh | 61 | Z&PC de Inktvis | 1:06.10 | 314 | 30.92 | 35.18 |

60 - 64 jaar, Dames

| | | | | | | | |
|----|----------------|----|-----------------|----------------|-----|-------|-------|
| 1. | Margriet Pasma | 55 | Z&PC de Inktvis | 1:19.68 | 262 | 38.34 | 41.34 |
|----|----------------|----|-----------------|----------------|-----|-------|-------|

60 - 64 jaar, Heren

| | | | | | | | |
|----|------------|----|-----------------|----------------|-----|-------|-------|
| 1. | Henk Slomp | 55 | Z&PC de Inktvis | 1:09.71 | 267 | 32.68 | 37.03 |
|----|------------|----|-----------------|----------------|-----|-------|-------|

65 - 69 jaar, Heren

| | | | | | | | |
|----|-----------------|----|-------------|----------------|-----|-------|-------|
| 1. | Jos Kamps | 51 | ZV Hoogland | 1:15.57 | 210 | 37.07 | 38.50 |
| 2. | Henk Oostendorp | 48 | ZV De Bron | 1:43.04 | 82 | 47.67 | 55.37 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 5, 100m vrije slag

70 - 74 jaar, Dames

1. Loekie v. Huissteden 45 ZPC Amersfoort **2:06.45** 65 58.26 1:08.19

Programmanr. 6

50m vlinderslag

20 - 94 jaar

22-10-2016 - 17:19

Resultaten

Punten: FINA 2014

| Rang | Geb. | Tijd | Pnt |
|---------------------|---------------------------------------|--------------|-----|
| 20 - 24 jaar, Heren | | | |
| 1. | Kaspur van der Lem 96 Swimcademy | 30.08 | 380 |
| 2. | Jesper Honken 96 Nova | 30.28 | 373 |
| 3. | Mike Koelewijn 93 Steenwijk 1934 | 32.13 | 312 |
| 20 - 24 jaar, Dames | | | |
| 1. | Karen Stolk 94 Swol 1894 | 30.53 | 509 |
| 2. | Sigrit Aarten 93 Deltasteur | 36.00 | 310 |
| 3. | Rebecca van Eeren 93 SCOM | 38.66 | 250 |
| 4. | Sanne Oegema 95 Deltasteur | 43.04 | 181 |
| 5. | Tessa van Dijk 94 ISIS | 47.30 | 136 |
| 25 - 29 jaar, Dames | | | |
| 1. | Stephanie Rombout 88 ESCA Zwemmen | 31.80 | 450 |
| 2. | Jeanette van Dijk 87 ISIS | 36.45 | 299 |
| 3. | Petra Zandstra 90 ISIS | 39.31 | 238 |
| 25 - 29 jaar, Heren | | | |
| 1. | Erik van der Heide 88 ZZZ | 31.16 | 342 |
| 2. | Harry Dijkma 91 ISIS | 31.47 | 332 |
| 3. | Rene Knijpstra 88 ISIS | 33.59 | 273 |
| 4. | Albert Dijkma 87 ISIS | 33.79 | 268 |
| 30 - 34 jaar, Heren | | | |
| 1. | Matthijs Vergaaij 83 Normerven | 30.36 | 370 |
| 2. | Wesley van Diejen 86 ESCA Zwemmen | 30.47 | 366 |
| 3. | Arjen van der Boom 86 Zignea | 30.77 | 355 |
| 4. | Rob van Wanrooy 82 Gay Swim Amsterdam | 31.69 | 325 |
| 5. | René van Dijk 84 ISIS | 34.51 | 252 |
| 30 - 34 jaar, Dames | | | |
| 1. | Erika Boogaard-Zwep 83 Deltasteur | 39.99 | 226 |
| 2. | Carola Jacobs 85 Z&PC Triton Putten | 40.92 | 211 |
| 35 - 39 jaar, Dames | | | |
| 1. | Inge Roskam 78 De Duinkickers | 42.99 | 182 |
| 2. | Margriet Leeffers 78 Deltasteur | 43.46 | 176 |
| 35 - 39 jaar, Heren | | | |
| 1. | Jos Timmermans 79 ZPC Stadskanaal | 31.92 | 318 |
| 2. | Erik Drost 79 PSV | 33.43 | 277 |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 6, 50m vlinderslag

40 - 44 jaar, Dames

| | | | | |
|------------------------|----|--------|--------------|-----|
| 1. Miranda Straetemans | 74 | Zignea | 36.48 | 298 |
| 2. Sylvia Tetteroo | 73 | IJZPC | 53.75 | 93 |

40 - 44 jaar, Heren

| | | | | |
|---------------------|----|------------------|--------------|-----|
| 1. Alex Damen | 75 | DAW | 29.46 | 405 |
| 2. Erik Veltman | 72 | ZPC Stadskanaal | 33.72 | 270 |
| 3. Rutger Vos | 75 | De Houtrib | 34.08 | 261 |
| DIS Gerard Eghuizen | 74 | HZ&PC Heerenveen | | |

AA - Gestart voor het startsignaal (en wel gezwommen).

45 - 49 jaar, Dames

| | | | | |
|-----------------------------------|----|--------|--------------|-----|
| 1. Caroline Schreuder | 67 | Triton | 36.45 | 299 |
| 2. Ellen van Wingerden-Dijkhuizen | 69 | DWK | 41.08 | 209 |

45 - 49 jaar, Heren

| | | | | |
|-------------------------|----|-----|--------------|-----|
| 1. Jeroen Kort | 68 | DAW | 32.00 | 316 |
| 2. Michel van Wingerden | 67 | DWK | 34.00 | 263 |
| 3. Hans Schoenmakers | 69 | DAW | 34.10 | 261 |

50 - 54 jaar, Dames

| | | | | |
|------------------|----|--------|--------------|-----|
| 1. Miranda Keijl | 65 | Zignea | 41.37 | 204 |
|------------------|----|--------|--------------|-----|

50 - 54 jaar, Heren

| | | | | |
|---------------------------|----|----------------|--------------|-----|
| 1. Evert Jan Verweij | 63 | Swol 1894 | 32.81 | 293 |
| 2. Robert de Brauwer | 64 | De Duinkickers | 33.76 | 269 |
| 3. Meindert Tuinstra | 66 | H2Oldambt | 37.34 | 198 |
| 4. Evert Jan van Oosterom | 66 | Swol 1894 | 37.36 | 198 |
| 5. René Speelman | 66 | De Spatters | 42.34 | 136 |

55 - 59 jaar, Heren

| | | | | |
|-------------------------|----|------------------|--------------|-----|
| 1. Fred Vollebergh | 61 | Z&PC de Inktvis | 31.25 | 339 |
| 2. Marten de Groot | 58 | HZ&PC Heerenveen | 31.30 | 337 |
| 3. Pier van der Sluis | 59 | Orca | 43.27 | 127 |
| 4. Jan Haitsma | 60 | De Spatters | 44.72 | 115 |
| 5. Adrie van der Gracht | 57 | Oeza | 47.44 | 97 |

60 - 64 jaar, Heren

| | | | | |
|-------------------|----|-----------------|--------------|-----|
| 1. Henk Slomp | 55 | Z&PC de Inktvis | 34.07 | 261 |
| DIS Jappie Kuiper | 55 | Swol 1894 | | |

AA - Gestart voor het startsignaal (en wel gezwommen).

65 - 69 jaar, Dames

| | | | | |
|--------------------|----|-----------|--------------|-----|
| 1. Bea Swijnenberg | 49 | Swol 1894 | 42.64 | 186 |
|--------------------|----|-----------|--------------|-----|

70 - 74 jaar, Dames

| | | | | |
|--------------------------------|----|----------------|----------------|----|
| 1. Annet Verhoeven - Steggerda | 46 | De Duinkickers | 1:12.36 | 38 |
|--------------------------------|----|----------------|----------------|----|

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 6, 50m vlinderslag

70 - 74 jaar, Heren

1. Rob Hanou 43 PSV 44.42 118

Programmanr. 7

100m wisselslag

20 - 94 jaar

22-10-2016 - 17:31

Resultaten

Punten: FINA 2014

| Rang | Geb. | | Tijd | Pnt | 50m | 100m |
|--|------|----------------------|---------|-----|-------|-------|
| 20 - 24 jaar, Heren | | | | | | |
| 1. | 93 | Deltasteur | 1:15.65 | 301 | | |
| 2. | 94 | Deltasteur | 1:24.95 | 212 | 42.53 | 42.42 |
| 3. | 92 | ZV ZZG De Boskickers | 1:33.29 | 160 | | |
| DIS | 94 | Z&PC Triton Putten | | | | |
| <i>VC - Armen niet over het water naar voren gebracht.</i> | | | | | | |

20 - 24 jaar, Dames

| | | | | | | |
|----|----|----------------------|---------|-----|-------|-------|
| 1. | 96 | De Dolfijn | 1:09.61 | 562 | | |
| 2. | 95 | Nova | 1:12.99 | 487 | 33.29 | 39.70 |
| 3. | 96 | WS Twente | 1:17.30 | 410 | | |
| 4. | 96 | ZV ZZG De Boskickers | 1:19.39 | 378 | 38.02 | 41.37 |

25 - 29 jaar, Dames

| | | | | | | |
|----|----|----------------|---------|-----|-------|-------|
| 1. | 87 | PSV | 1:16.07 | 430 | | |
| 2. | 90 | Het Ravijn | 1:19.45 | 378 | | |
| 3. | 91 | Aqualero | 1:24.28 | 316 | | |
| 4. | 91 | Steenwijk 1934 | 1:24.30 | 316 | 38.55 | 45.75 |
| 5. | 87 | De Duinkickers | 1:26.28 | 295 | | |
| 6. | 90 | WS Twente | 1:32.58 | 238 | 43.11 | 49.47 |
| 7. | 87 | ZZZ | 1:34.75 | 222 | | |
| 8. | 89 | ISIS | 1:55.12 | 124 | | |

25 - 29 jaar, Heren

| | | | | | | |
|----|----|----------------------|---------|-----|-------|-------|
| 1. | 90 | ZV ZZG De Boskickers | 1:09.64 | 386 | | |
| 2. | 90 | ZV Hoogland | 1:14.75 | 312 | | |
| 3. | 87 | ZPC Stadskanaal | 1:14.95 | 309 | | |
| 4. | 90 | Z&PC de Inktvis | 1:15.30 | 305 | 33.88 | 41.42 |
| 5. | 87 | DAW | 1:15.42 | 303 | 35.07 | 40.35 |
| 6. | 87 | De Duinkickers | 1:17.19 | 283 | | |

30 - 34 jaar, Heren

| | | | | | | |
|-----|----|----------------|---------|-----|--|--|
| 1. | 82 | Steenwijk 1934 | 1:03.00 | 521 | | |
| 2. | 86 | Steenwijk 1934 | 1:08.33 | 408 | | |
| 3. | 86 | Zignea | 1:09.53 | 387 | | |
| 4. | 82 | DAW | 1:12.19 | 346 | | |
| 5. | 83 | ISIS | 1:18.14 | 273 | | |
| 6. | 83 | TriVia | 1:22.53 | 231 | | |
| 7. | 83 | Deltasteur | 1:25.57 | 208 | | |
| DIS | 86 | ZZZ | | | | |

SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 7, 100m wisselslag

30 - 34 jaar, Dames

| | | | | | | | |
|----|-------------------|----|---------------|----------------|-----|-------|-------|
| 1. | Evelyn Noordzij | 85 | ZPC Hoogeveen | 1:32.58 | 238 | | |
| 2. | Marijke Dirkse | 84 | IJZPC | 1:32.79 | 237 | | |
| 3. | Fabienne Jeukens | 84 | ZV Hoogland | 1:34.69 | 223 | 44.01 | 50.68 |
| 4. | Mirjam Minderhoud | 83 | Zigna | 1:36.23 | 212 | | |
| 5. | Jennifer Go | 84 | Triton | 1:38.78 | 196 | | |

35 - 39 jaar, Dames

| | | | | | | | |
|----|----------------------|----|-------|----------------|-----|--|--|
| 1. | Agnes van Brug | 80 | DAW | 1:22.65 | 335 | | |
| 2. | Rianne van Vegchelen | 81 | ZV 44 | 1:39.52 | 192 | | |

35 - 39 jaar, Heren

| | | | | | | | |
|----|-------------------|----|-----------------|----------------|-----|--|--|
| 1. | Patrick Roozeboom | 77 | WS Twente | 1:08.60 | 403 | | |
| 2. | Paul Oudendijk | 81 | DAW | 1:08.77 | 400 | | |
| 3. | Jos Timmermans | 79 | ZPC Stadskanaal | 1:13.21 | 332 | | |
| 4. | Michiel Brinkman | 80 | DAW | 1:14.64 | 313 | | |
| 5. | Erik Drost | 79 | PSV | 1:18.56 | 268 | | |

40 - 44 jaar, Dames

| | | | | | | | |
|----|----------------------|----|----------------|----------------|-----|-------|-------|
| 1. | Marty Krans-de Weerd | 75 | ZCNF'34 | 1:17.90 | 401 | | |
| 2. | Ilona Hogerheyde | 74 | DAW | 1:30.35 | 257 | | |
| 3. | Inge Lolkema-Soeters | 73 | Steenwijk 1934 | 1:36.45 | 211 | 46.85 | 49.60 |
| 4. | Sylvia Tetteroo | 73 | IJZPC | 2:00.98 | 107 | | |

40 - 44 jaar, Heren

| | | | | | | | |
|-----|--------------------|----|--------------------|----------------|-----|--|--|
| 1. | Kees Bakker | 75 | Gay Swim Amsterdam | 1:09.48 | 388 | | |
| 2. | Michael van Bekkum | 72 | Swol 1894 | 1:11.10 | 362 | | |
| 3. | Gerard Eghuizen | 74 | HZ&PC Heerenveen | 1:12.47 | 342 | | |
| 4. | Heiner Stevens | 72 | Zigna | 1:12.66 | 339 | | |
| DIS | Erwin Zuijdervelt | 75 | De Futen | | | | |

SB - Het hoofd heeft niet tijdens iedere cyclus het wateroppervlak doorbroken.

DIS Alex Damen 75 DAW
AA - Gestart voor het startsignaal (en wel gezwommen).

45 - 49 jaar, Dames

| | | | | | | | |
|----|---------------------|----|------------------|----------------|-----|--|--|
| 1. | Iris van Aurich | 69 | DWK | 1:20.81 | 359 | | |
| 2. | Henriëtte Manting | 71 | GZVW | 1:21.51 | 350 | | |
| 3. | Rina Kuiper | 70 | H2Oldambt | 1:24.38 | 315 | | |
| 4. | Peggi Hurenkamp | 69 | HZ&PC Heerenveen | 1:28.35 | 274 | | |
| 5. | Geesje Lena Boomsma | 70 | Orca | 1:33.40 | 232 | | |
| 6. | Greta Wyma-Teitsma | 71 | DWK | 1:40.98 | 184 | | |

45 - 49 jaar, Heren

| | | | | | | | |
|-----|--------------------|----|------------------|----------------|-----|--|--|
| 1. | René Beetsma | 69 | HZ&PC Heerenveen | 1:08.32 | 408 | | |
| 2. | Rene Kroeze | 67 | Z&PC de Inktvis | 1:10.39 | 373 | | |
| 3. | Martin Kaptein | 67 | DWK | 1:10.90 | 365 | | |
| 4. | Jeroen Kort | 68 | DAW | 1:14.35 | 317 | | |
| 5. | Gerko Versluis | 69 | ZZZ | 1:17.02 | 285 | | |
| 6. | Gerco Schakel | 69 | DWK | 1:17.45 | 280 | | |
| 7. | Jan Lindenaar | 67 | UZSC | 1:17.64 | 278 | | |
| 8. | Marcel Brittijn | 69 | De Duinkickers | 1:19.38 | 260 | | |
| 9. | Korstiaan de Boer | 71 | Steenwijk 1934 | 1:20.03 | 254 | | |
| 10. | Hans Schoenmakers | 69 | DAW | 1:20.68 | 248 | | |
| 11. | Huyb Stegeman | 67 | Steenwijk 1934 | 1:21.14 | 244 | | |
| 12. | Roelof Broekman | 68 | De Spatters | 1:21.39 | 241 | | |
| 13. | Alistair Critchell | 71 | ZV 44 | 1:24.35 | 217 | | |

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 7, Heren, 100m wisselslag, 45 - 49 jaar

| Rang | Geb. | Tijd | Pnt | 50m | 100m | | |
|------|-----------------|------|------------------|----------------|------|-------|-------|
| 14. | Martijn de Jong | 71 | DWK | 1:25.39 | 209 | | |
| 15. | Arnold Jonker | 70 | HZ&PC Heerenveen | 1:34.13 | 156 | 43.67 | 50.46 |

50 - 54 jaar, Dames

| | | | | | | | |
|-----|---|----|----------------|----------------|-----|-------|-------|
| 1. | Jacqueline Tuin | 66 | DAW | 1:22.92 | 332 | | |
| 2. | Margriet Grove-Lingeman | 62 | Oceanus | 1:24.26 | 316 | | |
| 3. | Wilna Heijman | 64 | Steenwijk 1934 | 1:24.48 | 314 | | |
| 4. | Annemarie Vuist | 63 | Swol 1894 | 1:28.20 | 276 | 42.60 | 45.60 |
| 5. | Roelien Speelman-Tigelaar | 66 | De Spatters | 1:31.32 | 248 | | |
| 6. | Ellen Parma | 62 | Triton | 1:36.64 | 210 | | |
| DIS | Jenny Westervaarder | 62 | H2Oldambt | | | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | |

50 - 54 jaar, Heren

| | | | | | | | |
|----|--------------------|----|----------------|----------------|-----|-------|-------|
| 1. | Marcel van der Lem | 65 | Swimcademy | 1:16.13 | 295 | | |
| 2. | Evert Jan Verweij | 63 | Swol 1894 | 1:16.95 | 286 | | |
| 3. | Jan Wierenga | 64 | Aalscholver | 1:17.07 | 284 | 37.70 | 39.37 |
| 4. | Erik Wetsteijn | 65 | Swol 1894 | 1:17.55 | 279 | 35.53 | 42.02 |
| 5. | Henk Kuipers | 62 | UZSC | 1:20.95 | 245 | 37.51 | 43.44 |
| 6. | Casper Dollekamp | 63 | Steenwijk 1934 | 1:23.83 | 221 | | |

55 - 59 jaar, Dames

| | | | | | | | |
|----|----------------------------|----|------------------|----------------|-----|--|--|
| 1. | Petra Tossings | 61 | DAW | 1:27.27 | 285 | | |
| 2. | Pia van der Molen | 60 | HZ&PC Heerenveen | 1:30.73 | 253 | | |
| 3. | Jennie Resink-lindeboom | 60 | DWK | 1:37.38 | 205 | | |
| 4. | Gea Kuiper | 61 | ZCNF'34 | 1:52.58 | 132 | | |
| 5. | Willy Schoenmaker-ter Veer | 59 | DWK | 1:55.01 | 124 | | |
| 6. | Anne Waller | 61 | De Futen | 1:57.29 | 117 | | |
| 7. | Joke Burgers | 60 | Swol 1894 | 2:09.51 | 87 | | |

55 - 59 jaar, Heren

| | | | | | | | |
|----|-----------------|----|-----------------|----------------|-----|--|--|
| 1. | Fred Vollebergh | 61 | Z&PC de Inktvis | 1:16.16 | 295 | | |
| 2. | Ronald Grove | 61 | Oceanus | 1:16.29 | 293 | | |
| 3. | John Dam | 60 | Zignea | 1:27.28 | 196 | | |
| 4. | Jan Haitsma | 60 | De Spatters | 1:34.42 | 154 | | |
| 5. | Jan Timmerman | 57 | UZSC | 1:35.15 | 151 | | |

60 - 64 jaar, Dames

| | | | | | | | |
|----|----------------|----|-----------------|----------------|-----|--|--|
| 1. | Margriet Pasma | 55 | Z&PC de Inktvis | 1:34.16 | 227 | | |
|----|----------------|----|-----------------|----------------|-----|--|--|

60 - 64 jaar, Heren

| | | | | | | | |
|----|---------------|----|-----------------|----------------|-----|---------|---------|
| 1. | Paul Bunnik | 56 | Triton | 1:16.81 | 287 | | |
| 2. | Henk Slomp | 55 | Z&PC de Inktvis | 1:21.25 | 243 | | |
| 3. | Nello Spiteri | 52 | DAW | 1:44.56 | 114 | | |
| 4. | Bert Veerkamp | 52 | ZZZ | 2:30.60 | 38 | 1:13.73 | 1:16.87 |

65 - 69 jaar, Dames

| | | | | | | | |
|----|----------------------------|----|------------|----------------|-----|--|--|
| 1. | Antoinette Gilding-Tussaud | 50 | WS Twente | 1:53.94 | 128 | | |
| 2. | Janny van der Weide | 51 | Deltasteur | 2:39.48 | 46 | | |

70 - 74 jaar, Dames

| | | | | | | | |
|----|----------------------|----|----------------|----------------|----|--|--|
| 1. | Loekie v. Huissteden | 45 | ZPC Amersfoort | 2:21.84 | 66 | | |
|----|----------------------|----|----------------|----------------|----|--|--|

Zuyderzeemasterscircuit deel 2
Emmeloord, 22-10-2016

Programmanr. 8
22-10-2016 - 18:13

4 x 50m wisselslag

lft 80 - 299
Resultaten

Punten: FINA 2014

| Rang | | | Tijd | Pnt |
|-------------------------------|---|----------------------------------|----------------|------------|
| lft 100 - 119, Heren | | | | |
| 1. | ISIS 1 | ISIS | 2:19.91 | 299 |
| | Albert Dijkma 87 | Rene Knijpstra 88 | | |
| | Rudy de Jong 83 | Harry Dijkma 91 | | |
| lft 120 - 159, Heren | | | | |
| DIS | Steenwijk 1934 1 | Steenwijk 1934 | | |
| | <i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i> | | | |
| | Casper Dollekamp, Mike Koelewijn, Rick Driezen, Lauren Vis | | | |
| lft 120 - 159, Gemengd | | | | |
| 1. | ZPC Stadskanaal 1 | ZPC Stadskanaal | 2:22.29 | 285 |
| | Elzemieke Gersen 91 | 39.73 Jos Timmermans 79 | | |
| | Margo Kruithof 87 | Jos Hebels 87 | | |
| lft 160 - 199, Dames | | | | |
| 1. | Triton 1 | Triton | 2:42.95 | 274 |
| | Jennifer Go 84 | 43.52 Caroline Schreuder 67 | | |
| | Francine Sommer 62 | Ellen Parma 62 | | |
| 2. | DWK 2 | DWK | 2:44.42 | 267 |
| | Ellen van Wingerden-Dijkhuizen 69 | 40.00 Iris van Aurich 69 | | 37.97 |
| | Greta Wyma-Teitsma 71 | 49.67 Jennie Resink-lindeboom 60 | | 36.78 |
| 3. | De Duinkickers 1 | De Duinkickers | 2:56.45 | 216 |
| | Inge Roskam 78 | 44.82 Manouk Ticheler 87 | | |
| | Annet Verhoeven - Steggerda 46 | Christine Buist 64 | | |
| lft 160 - 199, Heren | | | | |
| 1. | DWK 1 | DWK | 2:16.72 | 321 |
| | Gerco Schakel 69 | 36.15 Martin Kaptein 67 | | |
| | Michel van Wingerden 67 | Martijn de Jong 71 | | |
| 2. | Zignea 1 | Zignea | 2:27.27 | 257 |
| | John Dam 60 | 44.56 Heiner Stevens 72 | | 30.93 |
| | René Bakker 65 | 42.45 Arjen van der Boom 86 | | 29.33 |
| lft 200 - 239, Heren | | | | |
| 1. | Swol 1894 1 | Swol 1894 | 2:38.34 | 206 |
| | Henk Viering 66 | 47.48 Johan Wezenberg 76 | | |
| | Be van der Ziel 52 | Jappie Kuiper 55 | | |
| lft 200 - 239, Gemengd | | | | |
| 1. | HZ&PC Heerenveen 1 | HZ&PC Heerenveen | 2:23.84 | 275 |
| | Pia van der Molen 60 | 43.22 Marten de Groot 58 | | 32.04 |
| | René Beetsma 69 | 34.85 Peggi Hurenkamp 69 | | 33.73 |