

1 - ONMK 2016 kb sessie 1

21-01-2016 - 13:30

Programmanr. 1
21-01-2016 - 13:30

Heren, 1500m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|--------------------|---------------------------|-------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Jeffrey Camphens | DWT | 17:57.40 | 199503113 | 17:39.95 | +0,56 | | |
| | 50m: 31.21 | 31.21 | 450m: 5:09.19 | 34.88 | 850m: 9:52.73 | 35.90 | 1250m: 14:41.12 | 36.03 |
| | 100m: 1:05.37 | 34.16 | 500m: 5:44.24 | 35.05 | 900m: 10:29.04 | 36.31 | 1300m: 15:17.24 | 36.12 |
| | 150m: 1:39.82 | 34.45 | 550m: 6:19.49 | 35.25 | 950m: 11:05.47 | 36.43 | 1350m: 15:53.82 | 36.58 |
| | 200m: 2:14.67 | 34.85 | 600m: 6:54.76 | 35.27 | 1000m: 11:41.44 | 35.97 | 1400m: 16:30.12 | 36.30 |
| | 250m: 2:49.65 | 34.98 | 650m: 7:30.16 | 35.40 | 1050m: 12:17.23 | 35.79 | 1450m: 17:05.57 | 35.45 |
| | 300m: 3:24.54 | 34.89 | 700m: 8:05.99 | 35.83 | 1100m: 12:53.32 | 36.09 | 1500m: 17:39.95 | 34.38 |
| | 350m: 3:59.49 | 34.95 | 750m: 8:41.39 | 35.40 | 1150m: 13:29.82 | 36.50 | | |
| | 400m: 4:34.31 | 34.82 | 800m: 9:16.83 | 35.44 | 1200m: 14:05.09 | 35.27 | | |
| 2. | Pieter Pijnenburg | De Warande | 18:20.07 | 199305227 | 18:10.78 | +0,73 | | |
| | 50m: 30.67 | 30.67 | 450m: 5:16.85 | 36.27 | 850m: 10:11.86 | 37.03 | 1250m: 15:08.36 | 36.98 |
| | 100m: 1:05.19 | 34.52 | 500m: 5:53.47 | 36.62 | 900m: 10:48.85 | 36.99 | 1300m: 15:45.94 | 37.58 |
| | 150m: 1:40.56 | 35.37 | 550m: 6:30.03 | 36.56 | 950m: 11:25.75 | 36.90 | 1350m: 16:22.70 | 36.76 |
| | 200m: 2:16.43 | 35.87 | 600m: 7:07.07 | 37.04 | 1000m: 12:02.59 | 36.84 | 1400m: 17:00.16 | 37.46 |
| | 250m: 2:52.13 | 35.70 | 650m: 7:43.88 | 36.81 | 1050m: 12:39.93 | 37.34 | 1450m: 17:36.47 | 36.31 |
| | 300m: 3:28.05 | 35.92 | 700m: 8:20.95 | 37.07 | 1100m: 13:17.42 | 37.49 | 1500m: 18:10.78 | 34.31 |
| | 350m: 4:04.44 | 36.39 | 750m: 8:57.86 | 36.91 | 1150m: 13:53.79 | 36.37 | | |
| | 400m: 4:40.58 | 36.14 | 800m: 9:34.83 | 36.97 | 1200m: 14:31.38 | 37.59 | | |
| 3. | Arjen Zijlstra | Hydrofiel | 21:51.06 | 199203309 | 21:37.37 | +0,75 | | |
| | 50m: 32.13 | 32.13 | 450m: 6:09.97 | 43.92 | 850m: 12:05.42 | 44.93 | 1250m: 18:01.27 | 44.21 |
| | 100m: 1:10.13 | 38.00 | 500m: 6:54.36 | 44.39 | 900m: 12:49.02 | 43.60 | 1300m: 18:45.66 | 44.39 |
| | 150m: 1:49.90 | 39.77 | 550m: 7:38.63 | 44.27 | 950m: 13:33.71 | 44.69 | 1350m: 19:29.54 | 43.88 |
| | 200m: 2:31.80 | 41.90 | 600m: 8:23.02 | 44.39 | 1000m: 14:18.07 | 44.36 | 1400m: 20:14.51 | 44.97 |
| | 250m: 3:14.69 | 42.89 | 650m: 9:07.46 | 44.44 | 1050m: 15:02.53 | 44.46 | 1450m: 20:57.42 | 42.91 |
| | 300m: 3:57.94 | 43.25 | 700m: 9:52.02 | 44.56 | 1100m: 15:47.90 | 45.37 | 1500m: 21:37.37 | 39.95 |
| | 350m: 4:41.37 | 43.43 | 750m: 10:36.72 | 44.70 | 1150m: 16:32.58 | 44.68 | | |
| | 400m: 5:26.05 | 44.68 | 800m: 11:20.49 | 43.77 | 1200m: 17:17.06 | 44.48 | | |
| 4. | Daniel van den Wildenberg | Eurode KZC | 23:09.39 | 199206491 | 23:15.44 | +0,70 | | |
| | 50m: 36.03 | 36.03 | 450m: 6:36.40 | 47.55 | 850m: 12:57.68 | 48.97 | 1250m: 19:22.18 | 47.53 |
| | 100m: 1:17.51 | 41.48 | 500m: 7:23.31 | 46.91 | 900m: 13:46.39 | 48.71 | 1300m: 20:10.78 | 48.60 |
| | 150m: 2:01.76 | 44.25 | 550m: 8:10.35 | 47.04 | 950m: 14:33.74 | 47.35 | 1350m: 20:59.98 | 49.20 |
| | 200m: 2:47.09 | 45.33 | 600m: 8:58.11 | 47.76 | 1000m: 15:22.43 | 48.69 | 1400m: 21:48.25 | 48.27 |
| | 250m: 3:31.76 | 44.67 | 650m: 9:44.99 | 46.88 | 1050m: 16:10.97 | 48.54 | 1450m: 22:33.78 | 45.53 |
| | 300m: 4:17.24 | 45.48 | 700m: 10:33.19 | 48.20 | 1100m: 16:58.99 | 48.02 | 1500m: 23:15.44 | 41.66 |
| | 350m: 5:03.02 | 45.78 | 750m: 11:21.24 | 48.05 | 1150m: 17:46.29 | 47.30 | | |
| | 400m: 5:48.85 | 45.83 | 800m: 12:08.71 | 47.47 | 1200m: 18:34.65 | 48.36 | | |
| 5. | Danny Vochtelo | ZZG De Boskickers | 24:55.89 | 199207251 | 24:37.07 | +1,18 | | |
| | 50m: 44.91 | 44.91 | 450m: 7:18.70 | 50.46 | 850m: 13:55.95 | 49.47 | 1250m: 20:31.52 | 49.64 |
| | 100m: 1:30.87 | 45.96 | 500m: 8:08.55 | 49.85 | 900m: 14:45.51 | 49.56 | 1300m: 21:20.71 | 49.19 |
| | 150m: 2:19.55 | 48.68 | 550m: 8:58.40 | 49.85 | 950m: 15:34.41 | 48.90 | 1350m: 22:10.34 | 49.63 |
| | 200m: 3:09.24 | 49.69 | 600m: 9:48.25 | 49.85 | 1000m: 16:23.75 | 49.34 | 1400m: 22:59.54 | 49.20 |
| | 250m: 3:58.89 | 49.65 | 650m: 10:37.97 | 49.72 | 1050m: 17:12.77 | 49.02 | 1450m: 23:49.35 | 49.81 |
| | 300m: 4:48.95 | 50.06 | 700m: 11:27.30 | 49.33 | 1100m: 18:02.67 | 49.90 | 1500m: 24:37.07 | 47.72 |
| | 350m: 5:38.57 | 49.62 | 750m: 12:16.92 | 49.62 | 1150m: 18:51.97 | 49.30 | | |
| | 400m: 6:28.24 | 49.67 | 800m: 13:06.48 | 49.56 | 1200m: 19:41.88 | 49.91 | | |
| Masters 25+ | | | | | | | | |
| 1. | Tim Bunnik | Triton | 17:59.42 | 199000505 | 17:45.77 | +0,76 | | |
| | 50m: 30.01 | 30.01 | 450m: 5:16.51 | 35.90 | 850m: 10:03.19 | 35.28 | 1250m: 14:49.22 | 36.00 |
| | 100m: 1:04.54 | 34.53 | 500m: 5:52.87 | 36.36 | 900m: 10:39.04 | 35.85 | 1300m: 15:24.48 | 35.26 |
| | 150m: 1:40.60 | 36.06 | 550m: 6:28.57 | 35.70 | 950m: 11:15.05 | 36.01 | 1350m: 16:00.36 | 35.88 |
| | 200m: 2:16.46 | 35.86 | 600m: 7:04.61 | 36.04 | 1000m: 11:50.76 | 35.71 | 1400m: 16:37.01 | 36.65 |
| | 250m: 2:52.57 | 36.11 | 650m: 7:41.09 | 36.48 | 1050m: 12:26.90 | 36.14 | 1450m: 17:11.51 | 34.50 |
| | 300m: 3:28.59 | 36.02 | 700m: 8:16.82 | 35.73 | 1100m: 13:01.85 | 34.95 | 1500m: 17:45.77 | 34.26 |
| | 350m: 4:04.45 | 35.86 | 750m: 8:52.82 | 36.00 | 1150m: 13:37.21 | 35.36 | | |
| | 400m: 4:40.61 | 36.16 | 800m: 9:27.91 | 35.09 | 1200m: 14:13.22 | 36.01 | | |
| 2. | Wessel Everloo | De Veene | 17:46.64 | 198906597 | 18:10.84 | +0,96 | | |
| | 50m: 31.48 | 31.48 | 450m: 5:20.04 | 36.34 | 850m: 10:09.76 | 36.30 | 1250m: 15:06.52 | 37.34 |
| | 100m: 1:06.55 | 35.07 | 500m: 5:56.85 | 36.81 | 900m: 10:46.96 | 37.20 | 1300m: 15:43.59 | 37.07 |
| | 150m: 1:43.23 | 36.68 | 550m: 6:33.04 | 36.19 | 950m: 11:23.61 | 36.65 | 1350m: 16:21.15 | 37.56 |
| | 200m: 2:19.07 | 35.84 | 600m: 7:09.59 | 36.55 | 1000m: 12:00.91 | 37.30 | 1400m: 16:58.20 | 37.05 |
| | 250m: 2:55.34 | 36.27 | 650m: 7:46.35 | 36.76 | 1050m: 12:37.34 | 36.43 | 1450m: 17:35.41 | 37.21 |
| | 300m: 3:32.56 | 37.22 | 700m: 8:20.76 | 34.41 | 1100m: 13:14.67 | 37.33 | 1500m: 18:10.84 | 35.43 |
| | 350m: 4:08.32 | 35.76 | 750m: 8:58.70 | 37.94 | 1150m: 13:51.97 | 37.30 | | |
| | 400m: 4:43.70 | 35.38 | 800m: 9:33.46 | 34.76 | 1200m: 14:29.18 | 37.21 | | |

Programmanr. 1, Heren, 1500m vrije slag, Masters 25+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|-------|------------------------|--------------------|-----------------|------------------|-----------------|--------------|-----------------|-------|
| 3. | Maik Steenkamp | Montferland | 18:38.81 | 199103847 | 18:20.96 | +0,83 | | |
| | 50m: 30.56 | 30.56 | 450m: 5:17.09 | 36.87 | 850m: 10:18.38 | 38.04 | 1250m: 15:18.16 | 37.63 |
| | 100m: 1:04.66 | 34.10 | 500m: 5:53.86 | 36.77 | 900m: 10:55.83 | 37.45 | 1300m: 15:55.86 | 37.70 |
| | 150m: 1:39.77 | 35.11 | 550m: 6:31.05 | 37.19 | 950m: 11:33.56 | 37.73 | 1350m: 16:32.64 | 36.78 |
| | 200m: 2:15.41 | 35.64 | 600m: 7:08.51 | 37.46 | 1000m: 12:11.29 | 37.73 | 1400m: 17:09.93 | 37.29 |
| | 250m: 2:51.20 | 35.79 | 650m: 7:45.92 | 37.41 | 1050m: 12:48.24 | 36.95 | 1450m: 17:47.51 | 37.58 |
| | 300m: 3:27.09 | 35.89 | 700m: 8:24.05 | 38.13 | 1100m: 13:25.59 | 37.35 | 1500m: 18:20.96 | 33.45 |
| | 350m: 4:03.54 | 36.45 | 750m: 9:02.33 | 38.28 | 1150m: 14:02.91 | 37.32 | | |
| | 400m: 4:40.22 | 36.68 | 800m: 9:40.34 | 38.01 | 1200m: 14:40.53 | 37.62 | | |
| 4. | Niels Albrechts | MGO (SG) | 18:27.76 | 198800039 | 18:21.23 | +0,74 | | |
| | 50m: 32.99 | 32.99 | 450m: 5:22.82 | 36.97 | 850m: 10:18.37 | 37.19 | 1250m: 15:16.46 | 37.87 |
| | 100m: 1:08.58 | 35.59 | 500m: 5:59.52 | 36.70 | 900m: 10:55.08 | 36.71 | 1300m: 15:54.49 | 38.03 |
| | 150m: 1:44.72 | 36.14 | 550m: 6:36.04 | 36.52 | 950m: 11:31.64 | 36.56 | 1350m: 16:31.89 | 37.40 |
| | 200m: 2:20.74 | 36.02 | 600m: 7:12.91 | 36.87 | 1000m: 12:08.75 | 37.11 | 1400m: 17:09.65 | 37.76 |
| | 250m: 2:57.06 | 36.32 | 650m: 7:49.53 | 36.62 | 1050m: 12:46.00 | 37.25 | 1450m: 17:46.84 | 37.19 |
| | 300m: 3:33.19 | 36.13 | 700m: 8:26.96 | 37.43 | 1100m: 13:23.28 | 37.28 | 1500m: 18:21.23 | 34.39 |
| | 350m: 4:09.56 | 36.37 | 750m: 9:04.05 | 37.09 | 1150m: 14:01.06 | 37.78 | | |
| | 400m: 4:45.85 | 36.29 | 800m: 9:41.18 | 37.13 | 1200m: 14:38.59 | 37.53 | | |
| AFGEM | Alex Schelvis | LZ 1886 | 17:02.26 | 198702927 | | | | |

Masters 30+

| | | | | | | | | |
|----|----------------------|--------------------------------|-----------------|------------------|-----------------|--------------|-----------------|-------|
| 1. | Erik Schröder | TriVia | 16:38.07 | 198402025 | 16:53.03 | +0,89 | | |
| | 50m: 29.42 | 29.42 | 450m: 5:01.95 | 34.33 | 850m: 9:34.05 | 33.99 | 1250m: 14:05.88 | 33.38 |
| | 100m: 1:02.41 | 32.99 | 500m: 5:36.07 | 34.12 | 900m: 10:08.31 | 34.26 | 1300m: 14:39.92 | 34.04 |
| | 150m: 1:36.30 | 33.89 | 550m: 6:09.92 | 33.85 | 950m: 10:42.57 | 34.26 | 1350m: 15:13.84 | 33.92 |
| | 200m: 2:10.55 | 34.25 | 600m: 6:43.93 | 34.01 | 1000m: 11:16.53 | 33.96 | 1400m: 15:47.75 | 33.91 |
| | 250m: 2:44.82 | 34.27 | 650m: 7:17.92 | 33.99 | 1050m: 11:50.58 | 34.05 | 1450m: 16:21.34 | 33.59 |
| | 300m: 3:19.20 | 34.38 | 700m: 7:52.08 | 34.16 | 1100m: 12:24.69 | 34.11 | 1500m: 16:53.03 | 31.69 |
| | 350m: 3:53.46 | 34.26 | 750m: 8:26.12 | 34.04 | 1150m: 12:58.70 | 34.01 | | |
| | 400m: 4:27.62 | 34.16 | 800m: 9:00.06 | 33.94 | 1200m: 13:32.50 | 33.80 | | |
| 2. | Yuri van Omme | Zwemvereniging Hoogland | 20:20.09 | 198501887 | 20:37.79 | +0,80 | | |
| | 50m: 33.77 | 33.77 | 450m: 5:50.96 | 41.23 | 850m: 11:25.89 | 42.43 | 1250m: 17:05.18 | 42.21 |
| | 100m: 1:11.26 | 37.49 | 500m: 6:32.25 | 41.29 | 900m: 12:07.34 | 41.45 | 1300m: 17:47.85 | 42.67 |
| | 150m: 1:49.78 | 38.52 | 550m: 7:13.80 | 41.55 | 950m: 12:49.47 | 42.13 | 1350m: 18:30.87 | 43.02 |
| | 200m: 2:28.89 | 39.11 | 600m: 7:55.60 | 41.80 | 1000m: 13:32.34 | 42.87 | 1400m: 19:13.86 | 42.99 |
| | 250m: 3:08.27 | 39.38 | 650m: 8:37.26 | 41.66 | 1050m: 14:15.34 | 43.00 | 1450m: 19:56.20 | 42.34 |
| | 300m: 3:48.10 | 39.83 | 700m: 9:19.04 | 41.78 | 1100m: 14:58.03 | 42.69 | 1500m: 20:37.79 | 41.59 |
| | 350m: 4:28.59 | 40.49 | 750m: 10:01.07 | 42.03 | 1150m: 15:40.56 | 42.53 | | |
| | 400m: 5:09.73 | 41.14 | 800m: 10:43.46 | 42.39 | 1200m: 16:22.97 | 42.41 | | |

Masters 35+

| | | | | | | | | |
|----|---------------------------|-----------------------|-----------------|------------------|-----------------|--------------|-----------------|-------|
| 1. | Marcel Reefhuis | WS Twente | 18:10.19 | 198101381 | 18:31.15 | +0,78 | | |
| | 50m: 31.97 | 31.97 | 450m: 5:22.74 | 36.48 | 850m: 10:18.80 | 37.66 | 1250m: 15:21.79 | 38.20 |
| | 100m: 1:07.45 | 35.48 | 500m: 5:59.49 | 36.75 | 900m: 10:56.45 | 37.65 | 1300m: 15:59.89 | 38.10 |
| | 150m: 1:43.59 | 36.14 | 550m: 6:36.37 | 36.88 | 950m: 11:34.26 | 37.81 | 1350m: 16:38.31 | 38.42 |
| | 200m: 2:19.88 | 36.29 | 600m: 7:13.25 | 36.88 | 1000m: 12:12.07 | 37.81 | 1400m: 17:17.03 | 38.72 |
| | 250m: 2:56.28 | 36.40 | 650m: 7:50.08 | 36.83 | 1050m: 12:49.88 | 37.81 | 1450m: 17:55.24 | 38.21 |
| | 300m: 3:33.01 | 36.73 | 700m: 8:26.93 | 36.85 | 1100m: 13:27.54 | 37.66 | 1500m: 18:31.15 | 35.91 |
| | 350m: 4:09.54 | 36.53 | 750m: 9:04.07 | 37.14 | 1150m: 14:05.63 | 38.09 | | |
| | 400m: 4:46.26 | 36.72 | 800m: 9:41.14 | 37.07 | 1200m: 14:43.59 | 37.96 | | |
| 2. | Freddie Geerlings | NIMO | 18:59.92 | 197900379 | 19:26.77 | +0,82 | | |
| | 50m: 33.07 | 33.07 | 450m: 5:31.71 | 37.89 | 850m: 10:39.78 | 39.33 | 1250m: 16:04.36 | 40.81 |
| | 100m: 1:09.31 | 36.24 | 500m: 6:09.82 | 38.11 | 900m: 11:19.97 | 40.19 | 1300m: 16:45.64 | 41.28 |
| | 150m: 1:46.23 | 36.92 | 550m: 6:47.72 | 37.90 | 950m: 11:59.79 | 39.82 | 1350m: 17:25.39 | 39.75 |
| | 200m: 2:23.20 | 36.97 | 600m: 7:25.91 | 38.19 | 1000m: 12:40.34 | 40.55 | 1400m: 18:06.78 | 41.39 |
| | 250m: 3:00.63 | 37.43 | 650m: 8:04.22 | 38.31 | 1050m: 13:21.02 | 40.68 | 1450m: 18:47.54 | 40.76 |
| | 300m: 3:37.97 | 37.34 | 700m: 8:42.80 | 38.58 | 1100m: 14:01.76 | 40.74 | 1500m: 19:26.77 | 39.23 |
| | 350m: 4:15.78 | 37.81 | 750m: 9:21.55 | 38.75 | 1150m: 14:42.50 | 40.74 | | |
| | 400m: 4:53.82 | 38.04 | 800m: 10:00.45 | 38.90 | 1200m: 15:23.55 | 41.05 | | |
| 3. | Raymond Oosterbaan | WIDEX GZC DONK | 20:01.78 | 197700711 | 20:47.17 | +0,82 | | |
| | 50m: 33.44 | 33.44 | 450m: 5:53.18 | 41.88 | 850m: 11:32.28 | 42.76 | 1250m: 17:16.81 | 43.41 |
| | 100m: 1:10.74 | 37.30 | 500m: 6:35.13 | 41.95 | 900m: 12:15.09 | 42.81 | 1300m: 18:00.07 | 43.26 |
| | 150m: 1:49.34 | 38.60 | 550m: 7:17.07 | 41.94 | 950m: 12:58.15 | 43.06 | 1350m: 18:42.73 | 42.66 |
| | 200m: 2:29.08 | 39.74 | 600m: 7:59.69 | 42.62 | 1000m: 13:41.31 | 43.16 | 1400m: 19:25.17 | 42.44 |
| | 250m: 3:09.18 | 40.10 | 650m: 8:42.00 | 42.31 | 1050m: 14:24.26 | 42.95 | 1450m: 20:06.62 | 41.45 |
| | 300m: 3:49.26 | 40.08 | 700m: 9:24.27 | 42.27 | 1100m: 15:07.11 | 42.85 | 1500m: 20:47.17 | 40.55 |
| | 350m: 4:30.44 | 41.18 | 750m: 10:06.74 | 42.47 | 1150m: 15:50.16 | 43.05 | | |
| | 400m: 5:11.30 | 40.86 | 800m: 10:49.52 | 42.78 | 1200m: 16:33.40 | 43.24 | | |

Programmanr. 1, Heren, 1500m vrije slag, Masters 35+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|---------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 4. | Okko de Haas | ZV De Bron | 21:48.58 | 197801593 | 21:52.95 | +0,86 | | |
| | 50m: 36.96 | 36.96 | 450m: 6:24.25 | 44.92 | 850m: 12:21.47 | 44.60 | 1250m: 18:16.75 | 44.40 |
| | 100m: 1:17.74 | 40.78 | 500m: 7:08.49 | 44.24 | 900m: 13:06.70 | 45.23 | 1300m: 19:01.01 | 44.26 |
| | 150m: 2:00.23 | 42.49 | 550m: 7:52.79 | 44.30 | 950m: 13:51.52 | 44.82 | 1350m: 19:45.23 | 44.22 |
| | 200m: 2:43.03 | 42.80 | 600m: 8:37.34 | 44.55 | 1000m: 14:35.67 | 44.15 | 1400m: 20:29.11 | 43.88 |
| | 250m: 3:26.82 | 43.79 | 650m: 9:22.26 | 44.92 | 1050m: 15:19.80 | 44.13 | 1450m: 21:12.08 | 42.97 |
| | 300m: 4:10.82 | 44.00 | 700m: 10:07.31 | 45.05 | 1100m: 16:03.88 | 44.08 | 1500m: 21:52.95 | 40.87 |
| | 350m: 4:54.90 | 44.08 | 750m: 10:52.13 | 44.82 | 1150m: 16:48.05 | 44.17 | | |
| | 400m: 5:39.33 | 44.43 | 800m: 11:36.87 | 44.74 | 1200m: 17:32.35 | 44.30 | | |

Masters 40+

| | | | | | | | | |
|----|-----------------------|-----------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Kasper van den Berghe | Swol 1894 | 21:05.33 | 197301125 | 20:52.21 | +0,74 | | |
| | 50m: 36.24 | 36.24 | 450m: 6:05.14 | 41.73 | 850m: 11:42.35 | 42.77 | 1250m: 17:23.99 | 42.75 |
| | 100m: 1:15.93 | 39.69 | 500m: 6:47.41 | 42.27 | 900m: 12:24.82 | 42.47 | 1300m: 18:06.17 | 42.18 |
| | 150m: 1:56.72 | 40.79 | 550m: 7:28.53 | 41.12 | 950m: 13:07.82 | 43.00 | 1350m: 18:48.58 | 42.41 |
| | 200m: 2:37.70 | 40.98 | 600m: 8:09.84 | 41.31 | 1000m: 13:51.19 | 43.37 | 1400m: 19:31.19 | 42.61 |
| | 250m: 3:18.81 | 41.11 | 650m: 8:51.70 | 41.86 | 1050m: 14:34.07 | 42.88 | 1450m: 20:12.75 | 41.56 |
| | 300m: 3:59.86 | 41.05 | 700m: 9:34.48 | 42.78 | 1100m: 15:16.05 | 41.98 | 1500m: 20:52.21 | 39.46 |
| | 350m: 4:41.67 | 41.81 | 750m: 10:16.80 | 42.32 | 1150m: 15:59.04 | 42.99 | | |
| | 400m: 5:23.41 | 41.74 | 800m: 10:59.58 | 42.78 | 1200m: 16:41.24 | 42.20 | | |
| 2. | Erwin Zuidervelt | De Futen | 20:46.95 | 197501015 | 21:04.01 | +0,79 | | |
| | 50m: 35.52 | 35.52 | 450m: 6:02.49 | 41.34 | 850m: 11:40.04 | 41.95 | 1250m: 17:26.46 | 43.76 |
| | 100m: 1:14.56 | 39.04 | 500m: 6:44.11 | 41.62 | 900m: 12:22.48 | 42.44 | 1300m: 18:10.30 | 43.84 |
| | 150m: 1:55.62 | 41.06 | 550m: 7:25.46 | 41.35 | 950m: 13:06.21 | 43.73 | 1350m: 18:54.34 | 44.04 |
| | 200m: 2:36.76 | 41.14 | 600m: 8:07.62 | 42.16 | 1000m: 13:49.83 | 43.62 | 1400m: 19:40.09 | 45.75 |
| | 250m: 3:17.71 | 40.95 | 650m: 8:50.62 | 43.00 | 1050m: 14:32.95 | 43.12 | 1450m: 20:24.08 | 43.99 |
| | 300m: 3:58.44 | 40.73 | 700m: 9:32.76 | 42.14 | 1100m: 15:15.59 | 42.64 | 1500m: 21:04.01 | 39.93 |
| | 350m: 4:39.56 | 41.12 | 750m: 10:15.29 | 42.53 | 1150m: 16:00.36 | 44.77 | | |
| | 400m: 5:21.15 | 41.59 | 800m: 10:58.09 | 42.80 | 1200m: 16:42.70 | 42.34 | | |
| 3. | Roan Doves | ZVVS | 24:27.06 | 197501427 | 23:43.55 | +1,12 | | |
| | 50m: 43.24 | 43.24 | 450m: 7:06.10 | 48.11 | 850m: 13:27.71 | 47.94 | 1250m: 19:52.89 | 47.41 |
| | 100m: 1:29.64 | 46.40 | 500m: 7:53.71 | 47.61 | 900m: 14:16.40 | 48.69 | 1300m: 20:40.05 | 47.16 |
| | 150m: 2:16.74 | 47.10 | 550m: 8:41.14 | 47.43 | 950m: 15:05.58 | 49.18 | 1350m: 21:26.47 | 46.42 |
| | 200m: 3:04.51 | 47.77 | 600m: 9:28.62 | 47.48 | 1000m: 15:53.35 | 47.77 | 1400m: 22:13.77 | 47.30 |
| | 250m: 3:53.70 | 49.19 | 650m: 10:16.81 | 48.19 | 1050m: 16:42.27 | 48.92 | 1450m: 22:59.82 | 46.05 |
| | 300m: 4:41.58 | 47.88 | 700m: 11:03.88 | 47.07 | 1100m: 17:30.21 | 47.94 | 1500m: 23:43.55 | 43.73 |
| | 350m: 5:29.94 | 48.36 | 750m: 11:51.69 | 47.81 | 1150m: 18:18.12 | 47.91 | | |
| | 400m: 6:17.99 | 48.05 | 800m: 12:39.77 | 48.08 | 1200m: 19:05.48 | 47.36 | | |

Masters 45+

| | | | | | | | | |
|----|------------------------------|-----------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Erlend Alstad | I.L. Varg | 17:37.51 | | 17:57.55 | +0,79 | | |
| | <i>Kampioenschaps Record</i> | | | | | | | |
| | 50m: 31.81 | 31.81 | 450m: 5:18.72 | 36.31 | 850m: 10:06.95 | 35.97 | 1250m: 14:57.30 | 36.33 |
| | 100m: 1:06.55 | 34.74 | 500m: 5:54.84 | 36.12 | 900m: 10:43.20 | 36.25 | 1300m: 15:33.77 | 36.47 |
| | 150m: 1:42.42 | 35.87 | 550m: 6:31.14 | 36.30 | 950m: 11:19.65 | 36.45 | 1350m: 16:10.03 | 36.26 |
| | 200m: 2:18.33 | 35.91 | 600m: 7:07.31 | 36.17 | 1000m: 11:55.82 | 36.17 | 1400m: 16:46.68 | 36.65 |
| | 250m: 2:54.12 | 35.79 | 650m: 7:43.35 | 36.04 | 1050m: 12:31.97 | 36.15 | 1450m: 17:23.08 | 36.40 |
| | 300m: 3:30.23 | 36.11 | 700m: 8:19.51 | 36.16 | 1100m: 13:08.69 | 36.72 | 1500m: 17:57.55 | 34.47 |
| | 350m: 4:06.50 | 36.27 | 750m: 8:55.19 | 35.68 | 1150m: 13:44.86 | 36.17 | | |
| | 400m: 4:42.41 | 35.91 | 800m: 9:30.98 | 35.79 | 1200m: 14:20.97 | 36.11 | | |
| 2. | Richard Ricksen | NIMO | 19:11.27 | 197000841 | 19:04.57 | +0,97 | | |
| | 50m: 33.62 | 33.62 | 450m: 5:39.02 | 38.82 | 850m: 10:48.12 | 38.23 | 1250m: 15:55.89 | 38.93 |
| | 100m: 1:10.29 | 36.67 | 500m: 6:18.03 | 39.01 | 900m: 11:26.75 | 38.63 | 1300m: 16:34.03 | 38.14 |
| | 150m: 1:47.87 | 37.58 | 550m: 6:56.51 | 38.48 | 950m: 12:04.73 | 37.98 | 1350m: 17:12.61 | 38.58 |
| | 200m: 2:26.14 | 38.27 | 600m: 7:34.90 | 38.39 | 1000m: 12:43.25 | 38.52 | 1400m: 17:51.82 | 39.21 |
| | 250m: 3:04.23 | 38.09 | 650m: 8:13.92 | 39.02 | 1050m: 13:21.72 | 38.47 | 1450m: 18:28.94 | 37.12 |
| | 300m: 3:42.75 | 38.52 | 700m: 8:52.43 | 38.51 | 1100m: 14:00.22 | 38.50 | 1500m: 19:04.57 | 35.63 |
| | 350m: 4:21.72 | 38.97 | 750m: 9:31.35 | 38.92 | 1150m: 14:39.05 | 38.83 | | |
| | 400m: 5:00.20 | 38.48 | 800m: 10:09.89 | 38.54 | 1200m: 15:16.96 | 37.91 | | |
| 3. | Jo-an Mudde | Zeester-Meerval | 18:36.87 | 196701457 | 19:05.19 | +0,82 | | |
| | 50m: 33.41 | 33.41 | 450m: 5:30.61 | 37.72 | 850m: 10:33.87 | 38.21 | 1250m: 15:45.55 | 38.94 |
| | 100m: 1:09.41 | 36.00 | 500m: 6:07.83 | 37.22 | 900m: 11:12.47 | 38.60 | 1300m: 16:24.91 | 39.36 |
| | 150m: 1:46.27 | 36.86 | 550m: 6:45.51 | 37.68 | 950m: 11:51.20 | 38.73 | 1350m: 17:04.26 | 39.35 |
| | 200m: 2:24.00 | 37.73 | 600m: 7:23.17 | 37.66 | 1000m: 12:30.08 | 38.88 | 1400m: 17:44.11 | 39.85 |
| | 250m: 3:00.88 | 36.88 | 650m: 8:01.16 | 37.99 | 1050m: 13:09.53 | 39.45 | 1450m: 18:24.40 | 40.29 |
| | 300m: 3:38.31 | 37.43 | 700m: 8:39.35 | 38.19 | 1100m: 13:48.51 | 38.98 | 1500m: 19:05.19 | 40.79 |
| | 350m: 4:15.48 | 37.17 | 750m: 9:17.45 | 38.10 | 1150m: 14:27.62 | 39.11 | | |
| | 400m: 4:52.89 | 37.41 | 800m: 9:55.66 | 38.21 | 1200m: 15:06.61 | 38.99 | | |

Programmanr. 1, Heren, 1500m vrije slag, Masters 45+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|-------|-----------------------|------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 4. | Konstantin Sklyar | TG Lage 1862 | 20:54.43 | 321129 | 19:34.14 | +0,81 | | |
| | 50m: 34.78 | 34.78 | 450m: 5:46.14 | 39.42 | 850m: 11:00.59 | 39.56 | 1250m: 16:19.13 | 40.18 |
| | 100m: 1:12.43 | 37.65 | 500m: 6:25.59 | 39.45 | 900m: 11:40.29 | 39.70 | 1300m: 16:58.70 | 39.57 |
| | 150m: 1:51.23 | 38.80 | 550m: 7:04.62 | 39.03 | 950m: 12:19.47 | 39.18 | 1350m: 17:38.25 | 39.55 |
| | 200m: 2:30.10 | 38.87 | 600m: 7:44.14 | 39.52 | 1000m: 12:59.55 | 40.08 | 1400m: 18:18.34 | 40.09 |
| | 250m: 3:09.40 | 39.30 | 650m: 8:23.27 | 39.13 | 1050m: 13:39.37 | 39.82 | 1450m: 18:57.05 | 38.71 |
| | 300m: 3:48.30 | 38.90 | 700m: 9:02.46 | 39.19 | 1100m: 14:19.47 | 40.10 | 1500m: 19:34.14 | 37.09 |
| | 350m: 4:27.47 | 39.17 | 750m: 9:41.59 | 39.13 | 1150m: 14:58.81 | 39.34 | | |
| | 400m: 5:06.72 | 39.25 | 800m: 10:21.03 | 39.44 | 1200m: 15:38.95 | 40.14 | | |
| 5. | Andy Feyen | ZIK | 20:46.26 | 11002/67 | 20:29.10 | +0,69 | | |
| | 50m: 33.34 | 33.34 | 450m: 5:48.79 | 39.66 | 850m: 11:13.48 | 41.83 | 1250m: 16:54.77 | 44.45 |
| | 100m: 1:11.56 | 38.22 | 500m: 6:28.49 | 39.70 | 900m: 11:55.17 | 41.69 | 1300m: 17:37.32 | 42.55 |
| | 150m: 1:51.70 | 40.14 | 550m: 7:08.62 | 40.13 | 950m: 12:36.51 | 41.34 | 1350m: 18:20.47 | 43.15 |
| | 200m: 2:30.95 | 39.25 | 600m: 7:48.38 | 39.76 | 1000m: 13:18.95 | 42.44 | 1400m: 19:03.71 | 43.24 |
| | 250m: 3:10.43 | 39.48 | 650m: 8:28.82 | 40.44 | 1050m: 14:01.44 | 42.49 | 1450m: 19:46.89 | 43.18 |
| | 300m: 3:49.64 | 39.21 | 700m: 9:09.31 | 40.49 | 1100m: 14:44.19 | 42.75 | 1500m: 20:29.10 | 42.21 |
| | 350m: 4:29.81 | 40.17 | 750m: 9:50.43 | 41.12 | 1150m: 15:27.77 | 43.58 | | |
| | 400m: 5:09.13 | 39.32 | 800m: 10:31.65 | 41.22 | 1200m: 16:10.32 | 42.55 | | |
| 6. | Huyb Stegeman | Steenwijk 1934 | 21:57.60 | 196701535 | 21:38.79 | +0,96 | | |
| | 50m: 35.79 | 35.79 | 450m: 6:16.71 | 44.29 | 850m: 12:09.04 | 44.33 | 1250m: 18:02.45 | 44.18 |
| | 100m: 1:14.91 | 39.12 | 500m: 7:00.55 | 43.84 | 900m: 12:53.12 | 44.08 | 1300m: 18:46.73 | 44.28 |
| | 150m: 1:56.45 | 41.54 | 550m: 7:44.47 | 43.92 | 950m: 13:37.06 | 43.94 | 1350m: 19:30.74 | 44.01 |
| | 200m: 2:39.13 | 42.68 | 600m: 8:28.47 | 44.00 | 1000m: 14:21.08 | 44.02 | 1400m: 20:14.87 | 44.13 |
| | 250m: 3:22.15 | 43.02 | 650m: 9:12.89 | 44.42 | 1050m: 15:05.35 | 44.27 | 1450m: 20:58.28 | 43.41 |
| | 300m: 4:05.52 | 43.37 | 700m: 9:56.21 | 43.32 | 1100m: 15:49.94 | 44.59 | 1500m: 21:38.79 | 40.51 |
| | 350m: 4:49.02 | 43.50 | 750m: 10:40.55 | 44.34 | 1150m: 16:33.94 | 44.00 | | |
| | 400m: 5:32.42 | 43.40 | 800m: 11:24.71 | 44.16 | 1200m: 17:18.27 | 44.33 | | |
| 7. | Gerko Versluis | Zuiderzeewimmers | 21:28.04 | 196901439 | 21:39.78 | +0,90 | | |
| | 50m: 34.84 | 34.84 | 450m: 6:08.28 | 42.26 | 850m: 11:58.44 | 45.05 | 1250m: 17:55.71 | 45.29 |
| | 100m: 1:13.94 | 39.10 | 500m: 6:51.01 | 42.73 | 900m: 12:43.31 | 44.87 | 1300m: 18:41.37 | 45.66 |
| | 150m: 1:55.38 | 41.44 | 550m: 7:33.82 | 42.81 | 950m: 13:27.94 | 44.63 | 1350m: 19:26.62 | 45.25 |
| | 200m: 2:37.35 | 41.97 | 600m: 8:17.25 | 43.43 | 1000m: 14:13.77 | 45.83 | 1400m: 20:12.95 | 46.33 |
| | 250m: 3:19.09 | 41.74 | 650m: 9:00.55 | 43.30 | 1050m: 14:57.45 | 43.68 | 1450m: 20:58.12 | 45.17 |
| | 300m: 4:01.57 | 42.48 | 700m: 9:44.73 | 44.18 | 1100m: 15:41.30 | 43.85 | 1500m: 21:39.78 | 41.66 |
| | 350m: 4:44.03 | 42.46 | 750m: 10:28.58 | 43.85 | 1150m: 16:25.86 | 44.56 | | |
| | 400m: 5:26.02 | 41.99 | 800m: 11:13.39 | 44.81 | 1200m: 17:10.42 | 44.56 | | |
| 8. | Albert Roosenboom | Budel | 22:00.73 | 197101599 | 22:11.08 | +0,85 | | |
| | 50m: 35.51 | 35.51 | 450m: 6:27.25 | 45.18 | 850m: 12:30.79 | 45.45 | 1250m: 18:31.15 | 45.20 |
| | 100m: 1:16.66 | 41.15 | 500m: 7:12.44 | 45.19 | 900m: 13:15.99 | 45.20 | 1300m: 19:16.82 | 45.67 |
| | 150m: 1:59.46 | 42.80 | 550m: 7:57.89 | 45.45 | 950m: 14:01.78 | 45.79 | 1350m: 20:01.97 | 45.15 |
| | 200m: 2:43.43 | 43.97 | 600m: 8:43.21 | 45.32 | 1000m: 14:46.98 | 45.20 | 1400m: 20:47.07 | 45.10 |
| | 250m: 3:27.78 | 44.35 | 650m: 9:28.60 | 45.39 | 1050m: 15:32.04 | 45.06 | 1450m: 21:30.66 | 43.59 |
| | 300m: 4:12.19 | 44.41 | 700m: 10:14.00 | 45.40 | 1100m: 16:16.87 | 44.83 | 1500m: 22:11.08 | 40.42 |
| | 350m: 4:56.97 | 44.78 | 750m: 10:59.63 | 45.63 | 1150m: 17:01.14 | 44.27 | | |
| | 400m: 5:42.07 | 45.10 | 800m: 11:45.34 | 45.71 | 1200m: 17:45.95 | 44.81 | | |
| AFGEM | Philippe van der Beke | PSV | 20:38.45 | 196801541 | | | | |

Masters 50+

| | | | | | | | | |
|----|--|------------|---------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Andrey Belosludtsev | Kasatka | 18:20.29 | 101736 | 17:37.99 | +0,62 | | |
| | <i>Kampioenschaps Record, Russian Masters Record</i> | | | | | | | |
| | 50m: 32.87 | 32.87 | 450m: 5:17.91 | 35.37 | 850m: 10:01.84 | 35.17 | 1250m: 14:46.38 | 35.52 |
| | 100m: 1:08.40 | 35.53 | 500m: 5:53.27 | 35.36 | 900m: 10:37.86 | 36.02 | 1300m: 15:21.76 | 35.38 |
| | 150m: 1:44.37 | 35.97 | 550m: 6:28.30 | 35.03 | 950m: 11:13.00 | 35.14 | 1350m: 15:56.70 | 34.94 |
| | 200m: 2:20.09 | 35.72 | 600m: 7:03.62 | 35.32 | 1000m: 11:48.76 | 35.76 | 1400m: 16:31.34 | 34.64 |
| | 250m: 2:55.86 | 35.77 | 650m: 7:39.31 | 35.69 | 1050m: 12:24.24 | 35.48 | 1450m: 17:05.66 | 34.32 |
| | 300m: 3:31.36 | 35.50 | 700m: 8:14.67 | 35.36 | 1100m: 12:59.74 | 35.50 | 1500m: 17:37.99 | 32.33 |
| | 350m: 4:07.10 | 35.74 | 750m: 8:50.56 | 35.89 | 1150m: 13:35.19 | 35.45 | | |
| | 400m: 4:42.54 | 35.44 | 800m: 9:26.67 | 36.11 | 1200m: 14:10.86 | 35.67 | | |
| 2. | Bob de Vries | Aquapoldro | 18:56.76 | 196601101 | 18:27.26 | +0,79 | | |
| | 50m: 31.93 | 31.93 | 450m: 5:29.05 | 37.01 | 850m: 10:25.93 | 37.06 | 1250m: 15:22.08 | 37.10 |
| | 100m: 1:08.93 | 37.00 | 500m: 6:06.38 | 37.33 | 900m: 11:02.82 | 36.89 | 1300m: 15:59.33 | 37.25 |
| | 150m: 1:45.62 | 36.69 | 550m: 6:43.88 | 37.50 | 950m: 11:39.75 | 36.93 | 1350m: 16:36.49 | 37.16 |
| | 200m: 2:23.20 | 37.58 | 600m: 7:20.74 | 36.86 | 1000m: 12:16.70 | 36.95 | 1400m: 17:14.41 | 37.92 |
| | 250m: 3:00.13 | 36.93 | 650m: 7:57.99 | 37.25 | 1050m: 12:53.79 | 37.09 | 1450m: 17:51.23 | 36.82 |
| | 300m: 3:37.65 | 37.52 | 700m: 8:34.98 | 36.99 | 1100m: 13:30.55 | 36.76 | 1500m: 18:27.26 | 36.03 |
| | 350m: 4:14.69 | 37.04 | 750m: 9:12.01 | 37.03 | 1150m: 14:07.71 | 37.16 | | |
| | 400m: 4:52.04 | 37.35 | 800m: 9:48.87 | 36.86 | 1200m: 14:44.98 | 37.27 | | |

Programmanr. 1, Heren, 1500m vrije slag, Masters 50+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|--------------------------------|-------------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 3. | Jan Brink | ZPC De Zeeuwse Kust | 18:35.36 | 196200091 | 18:33.94 | +0,83 | | |
| | 50m: 33.06 | 33.06 | 450m: 5:27.00 | 36.99 | 850m: 10:25.21 | 37.18 | 1250m: 15:25.99 | 37.42 |
| | 100m: 1:09.34 | 36.28 | 500m: 6:04.04 | 37.04 | 900m: 11:02.93 | 37.72 | 1300m: 16:03.89 | 37.90 |
| | 150m: 1:45.10 | 35.76 | 550m: 6:41.59 | 37.55 | 950m: 11:40.47 | 37.54 | 1350m: 16:41.59 | 37.70 |
| | 200m: 2:21.61 | 36.51 | 600m: 7:18.76 | 37.17 | 1000m: 12:17.83 | 37.36 | 1400m: 17:19.88 | 38.29 |
| | 250m: 2:58.78 | 37.17 | 650m: 7:56.12 | 37.36 | 1050m: 12:55.22 | 37.39 | 1450m: 17:57.61 | 37.73 |
| | 300m: 3:35.68 | 36.90 | 700m: 8:33.35 | 37.23 | 1100m: 13:32.79 | 37.57 | 1500m: 18:33.94 | 36.33 |
| | 350m: 4:12.94 | 37.26 | 750m: 9:10.52 | 37.17 | 1150m: 14:10.49 | 37.70 | | |
| | 400m: 4:50.01 | 37.07 | 800m: 9:48.03 | 37.51 | 1200m: 14:48.57 | 38.08 | | |
| 4. | Hein Ardenoy | BZK | 20:15.76 | 11031/65 | 19:52.98 | +0,74 | | |
| | <i>Belgisch Masters Record</i> | | | | | | | |
| | 50m: 34.40 | 34.40 | 450m: 5:48.54 | 39.74 | 850m: 11:08.75 | 40.28 | 1250m: 16:32.18 | 40.68 |
| | 100m: 1:12.12 | 37.72 | 500m: 6:28.57 | 40.03 | 900m: 11:49.18 | 40.43 | 1300m: 17:12.65 | 40.47 |
| | 150m: 1:51.46 | 39.34 | 550m: 7:08.52 | 39.95 | 950m: 12:29.49 | 40.31 | 1350m: 17:53.32 | 40.67 |
| | 200m: 2:30.85 | 39.39 | 600m: 7:48.28 | 39.76 | 1000m: 13:09.89 | 40.40 | 1400m: 18:33.66 | 40.34 |
| | 250m: 3:09.95 | 39.10 | 650m: 8:28.39 | 40.11 | 1050m: 13:49.96 | 40.07 | 1450m: 19:13.77 | 40.11 |
| | 300m: 3:49.34 | 39.39 | 700m: 9:08.09 | 39.70 | 1100m: 14:30.38 | 40.42 | 1500m: 19:52.98 | 39.21 |
| | 350m: 4:29.11 | 39.77 | 750m: 9:48.09 | 40.00 | 1150m: 15:10.75 | 40.37 | | |
| | 400m: 5:08.80 | 39.69 | 800m: 10:28.47 | 40.38 | 1200m: 15:51.50 | 40.75 | | |
| 5. | Nico Paasse | MGO (SG) | 20:38.45 | 196501463 | 19:59.58 | +0,90 | | |
| | 50m: 33.54 | 33.54 | 450m: 5:49.71 | 40.25 | 850m: 11:12.96 | 40.38 | 1250m: 16:36.79 | 40.67 |
| | 100m: 1:10.20 | 36.66 | 500m: 6:30.19 | 40.48 | 900m: 11:53.60 | 40.64 | 1300m: 17:18.57 | 41.78 |
| | 150m: 1:48.69 | 38.49 | 550m: 7:10.28 | 40.09 | 950m: 12:33.66 | 40.06 | 1350m: 17:59.81 | 41.24 |
| | 200m: 2:28.04 | 39.35 | 600m: 7:50.55 | 40.27 | 1000m: 13:13.61 | 39.95 | 1400m: 18:40.32 | 40.51 |
| | 250m: 3:08.41 | 40.37 | 650m: 8:30.65 | 40.10 | 1050m: 13:55.11 | 41.50 | 1450m: 19:20.74 | 40.42 |
| | 300m: 3:48.58 | 40.17 | 700m: 9:11.19 | 40.54 | 1100m: 14:35.06 | 39.95 | 1500m: 19:59.58 | 38.84 |
| | 350m: 4:28.97 | 40.39 | 750m: 9:51.53 | 40.34 | 1150m: 15:15.33 | 40.27 | | |
| | 400m: 5:09.46 | 40.49 | 800m: 10:32.58 | 41.05 | 1200m: 15:56.12 | 40.79 | | |
| 6. | Joost de Kroon | AquAmigos | 20:57.25 | 196400999 | 21:40.35 | +1,05 | | |
| | 50m: 37.61 | 37.61 | 450m: 6:22.54 | 43.53 | 850m: 12:14.87 | 43.94 | 1250m: 18:05.48 | 44.47 |
| | 100m: 1:18.98 | 41.37 | 500m: 7:07.18 | 44.64 | 900m: 12:58.98 | 44.11 | 1300m: 18:49.58 | 44.10 |
| | 150m: 2:01.78 | 42.80 | 550m: 7:50.77 | 43.59 | 950m: 13:42.45 | 43.47 | 1350m: 19:34.23 | 44.65 |
| | 200m: 2:44.46 | 42.68 | 600m: 8:34.93 | 44.16 | 1000m: 14:26.48 | 44.03 | 1400m: 20:17.72 | 43.49 |
| | 250m: 3:28.41 | 43.95 | 650m: 9:18.89 | 43.96 | 1050m: 15:10.30 | 43.82 | 1450m: 21:01.70 | 43.98 |
| | 300m: 4:12.18 | 43.77 | 700m: 10:02.72 | 43.83 | 1100m: 15:53.98 | 43.68 | 1500m: 21:40.35 | 38.65 |
| | 350m: 4:54.76 | 42.58 | 750m: 10:46.86 | 44.14 | 1150m: 16:37.33 | 43.35 | | |
| | 400m: 5:39.01 | 44.25 | 800m: 11:30.93 | 44.07 | 1200m: 17:21.01 | 43.68 | | |
| 7. | Fred Dijkshoorn | Zwemvereniging Westland | 22:43.15 | 196501539 | 21:52.44 | +0,79 | | |
| | 50m: 37.40 | 37.40 | 450m: 6:29.88 | 44.58 | 850m: 12:24.96 | 43.97 | 1250m: 18:16.24 | 43.66 |
| | 100m: 1:19.57 | 42.17 | 500m: 7:14.74 | 44.86 | 900m: 13:09.03 | 44.07 | 1300m: 19:00.23 | 43.99 |
| | 150m: 2:03.22 | 43.65 | 550m: 7:59.41 | 44.67 | 950m: 13:52.84 | 43.81 | 1350m: 19:43.83 | 43.60 |
| | 200m: 2:47.58 | 44.36 | 600m: 8:43.41 | 44.00 | 1000m: 14:36.79 | 43.95 | 1400m: 20:28.37 | 44.54 |
| | 250m: 3:31.98 | 44.40 | 650m: 9:27.67 | 44.26 | 1050m: 15:20.35 | 43.56 | 1450m: 21:12.28 | 43.91 |
| | 300m: 4:16.78 | 44.80 | 700m: 10:11.85 | 44.18 | 1100m: 16:04.17 | 43.82 | 1500m: 21:52.44 | 40.16 |
| | 350m: 5:01.13 | 44.35 | 750m: 10:56.29 | 44.44 | 1150m: 16:48.26 | 44.09 | | |
| | 400m: 5:45.30 | 44.17 | 800m: 11:40.99 | 44.70 | 1200m: 17:32.58 | 44.32 | | |
| 8. | Jan Smalheer | SCOM | 22:38.48 | 196400701 | 22:09.58 | +1,16 | | |
| | 50m: 38.18 | 38.18 | 450m: 6:25.23 | 43.15 | 850m: 12:25.31 | 45.44 | 1250m: 18:28.67 | 46.60 |
| | 100m: 1:18.74 | 40.56 | 500m: 7:10.21 | 44.98 | 900m: 13:10.70 | 45.39 | 1300m: 19:14.16 | 45.49 |
| | 150m: 2:02.32 | 43.58 | 550m: 7:54.58 | 44.37 | 950m: 13:55.87 | 45.17 | 1350m: 19:59.33 | 45.17 |
| | 200m: 2:46.15 | 43.83 | 600m: 8:39.37 | 44.79 | 1000m: 14:41.36 | 45.49 | 1400m: 20:43.82 | 44.49 |
| | 250m: 3:29.78 | 43.63 | 650m: 9:24.15 | 44.78 | 1050m: 15:26.65 | 45.29 | 1450m: 21:27.68 | 43.86 |
| | 300m: 4:13.63 | 43.85 | 700m: 10:09.73 | 45.58 | 1100m: 16:11.61 | 44.96 | 1500m: 22:09.58 | 41.90 |
| | 350m: 4:57.69 | 44.06 | 750m: 10:54.64 | 44.91 | 1150m: 16:57.11 | 45.50 | | |
| | 400m: 5:42.08 | 44.39 | 800m: 11:39.87 | 45.23 | 1200m: 17:42.07 | 44.96 | | |
| 9. | Peter ten Dam | WS Twente | 23:03.22 | 196201253 | 22:42.94 | +1,04 | | |
| | 50m: 39.13 | 39.13 | 450m: 6:40.75 | 46.19 | 850m: 12:49.02 | 45.60 | 1250m: 18:56.43 | 46.64 |
| | 100m: 1:21.53 | 42.40 | 500m: 7:26.99 | 46.24 | 900m: 13:34.47 | 45.45 | 1300m: 19:43.51 | 47.08 |
| | 150m: 2:05.74 | 44.21 | 550m: 8:13.07 | 46.08 | 950m: 14:21.24 | 46.77 | 1350m: 20:28.86 | 45.35 |
| | 200m: 2:51.06 | 45.32 | 600m: 8:59.11 | 46.04 | 1000m: 15:06.49 | 45.25 | 1400m: 21:14.93 | 46.07 |
| | 250m: 3:36.89 | 45.83 | 650m: 9:45.22 | 46.11 | 1050m: 15:52.07 | 45.58 | 1450m: 22:00.75 | 45.82 |
| | 300m: 4:22.60 | 45.71 | 700m: 10:31.40 | 46.18 | 1100m: 16:38.27 | 46.20 | 1500m: 22:42.94 | 42.19 |
| | 350m: 5:08.61 | 46.01 | 750m: 11:17.43 | 46.03 | 1150m: 17:24.04 | 45.77 | | |
| | 400m: 5:54.56 | 45.95 | 800m: 12:03.42 | 45.99 | 1200m: 18:09.79 | 45.75 | | |
| 10. | Eric Tijms | OEZA | 24:10.66 | 196401125 | 23:32.56 | +0,96 | | |
| | 50m: 38.62 | 38.62 | 450m: 6:56.01 | 48.00 | 850m: 13:17.77 | 47.47 | 1250m: 19:39.98 | 48.03 |
| | 100m: 1:23.15 | 44.53 | 500m: 7:44.16 | 48.15 | 900m: 14:05.85 | 48.08 | 1300m: 20:27.61 | 47.63 |
| | 150m: 2:08.75 | 45.60 | 550m: 8:32.31 | 48.15 | 950m: 14:53.12 | 47.27 | 1350m: 21:15.10 | 47.49 |
| | 200m: 2:56.23 | 47.48 | 600m: 9:20.20 | 47.89 | 1000m: 15:40.76 | 47.64 | 1400m: 22:02.06 | 46.96 |
| | 250m: 3:44.29 | 48.06 | 650m: 10:07.42 | 47.22 | 1050m: 16:28.55 | 47.79 | 1450m: 22:48.50 | 46.44 |
| | 300m: 4:31.93 | 47.64 | 700m: 10:54.69 | 47.27 | 1100m: 17:16.28 | 47.73 | 1500m: 23:32.56 | 44.06 |
| | 350m: 5:19.93 | 48.00 | 750m: 11:42.41 | 47.72 | 1150m: 18:04.06 | 47.78 | | |
| | 400m: 6:08.01 | 48.08 | 800m: 12:30.30 | 47.89 | 1200m: 18:51.95 | 47.89 | | |

Programmanr. 1, Heren, 1500m vrije slag, Masters 50+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|-------|---------------------------|------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 11. | Casper Dollekamp 800m* | Steenwijk 1934 | 23:05.95 | 196301341 | 23:37.22 | +0,83 | | |
| | 50m: 36.46 | 36.46 | 450m: 6:38.13 | 47.17 | 850m: 13:06.98 | 48.87 | 1250m: 19:42.82 | 50.56 |
| | 100m: 1:18.14 | 41.68 | 500m: 7:26.30 | 48.17 | 900m: 13:55.03 | 48.05 | 1300m: 20:31.12 | 48.30 |
| | 150m: 2:01.56 | 43.42 | 550m: 8:14.47 | 48.17 | 950m: 14:46.14 | 51.11 | 1350m: 21:19.76 | 48.64 |
| | 200m: 2:46.35 | 44.79 | 600m: 9:02.61 | 48.14 | 1000m: 15:35.45 | 49.31 | 1400m: 22:07.83 | 48.07 |
| | 250m: 3:32.22 | 45.87 | 650m: 9:51.30 | 48.69 | 1050m: 16:23.59 | 48.14 | 1450m: 22:54.19 | 46.36 |
| | 300m: 4:17.55 | 45.33 | 700m: 10:41.30 | 50.00 | 1100m: 17:12.84 | 49.25 | 1500m: 23:37.22 | 43.03 |
| | 350m: 5:03.53 | 45.98 | 750m: 11:29.54 | 48.24 | 1150m: 18:02.64 | 49.80 | | |
| | 400m: 5:50.96 | 47.43 | 800m: 12:18.11 | 48.57 | 1200m: 18:52.26 | 49.62 | | |
| 12. | Adri Pasman 800m* | Zuiderzeewimmers | 24:49.27 | 196400573 | 25:07.43 | +1,16 | | |
| | 50m: 43.85 | 43.85 | 450m: 7:23.00 | 49.67 | 850m: 14:04.22 | 50.12 | 1250m: 20:49.01 | 52.24 |
| | 100m: 1:32.21 | 48.36 | 500m: 8:13.10 | 50.10 | 900m: 14:54.38 | 50.16 | 1300m: 21:40.68 | 51.67 |
| | 150m: 2:22.12 | 49.91 | 550m: 9:03.69 | 50.59 | 950m: 15:43.42 | 49.04 | 1350m: 22:33.13 | 52.45 |
| | 200m: 3:13.09 | 50.97 | 600m: 9:53.39 | 49.70 | 1000m: 16:32.86 | 49.44 | 1400m: 23:24.93 | 51.80 |
| | 250m: 4:02.16 | 49.07 | 650m: 10:44.32 | 50.93 | 1050m: 17:22.64 | 49.78 | 1450m: 24:16.85 | 51.92 |
| | 300m: 4:52.73 | 50.57 | 700m: 11:33.56 | 49.24 | 1100m: 18:14.07 | 51.43 | 1500m: 25:07.43 | 50.58 |
| | 350m: 5:43.11 | 50.38 | 750m: 12:23.59 | 50.03 | 1150m: 19:05.78 | 51.71 | | |
| | 400m: 6:33.33 | 50.22 | 800m: 13:14.10 | 50.51 | 1200m: 19:56.77 | 50.99 | | |
| NG.ZA | Jordi Van Engelen | ZIK | 20:34.88 | 11008/66 | | | | |
| AFGEM | Arno Schrauwen | De Roersoppers | 21:08.10 | 196501355 | | | | |
| AFGEM | Davy Aerts | ShaRK | 20:10.54 | 10452/64 | | | | |

Masters 55+

| | | | | | | | | |
|----|---------------------|------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Gustav van den Berg | TriVia | 19:05.10 | 196100991 | 19:16.78 | +0,92 | | |
| | 50m: 34.60 | 34.60 | 450m: 5:41.89 | 38.74 | 850m: 10:52.90 | 38.95 | 1250m: 16:02.55 | 38.54 |
| | 100m: 1:12.10 | 37.50 | 500m: 6:20.67 | 38.78 | 900m: 11:31.40 | 38.50 | 1300m: 16:41.77 | 39.22 |
| | 150m: 1:50.46 | 38.36 | 550m: 6:59.53 | 38.86 | 950m: 12:10.32 | 38.92 | 1350m: 17:21.05 | 39.28 |
| | 200m: 2:29.04 | 38.58 | 600m: 7:38.70 | 39.17 | 1000m: 12:49.37 | 39.05 | 1400m: 18:00.44 | 39.39 |
| | 250m: 3:07.73 | 38.69 | 650m: 8:17.44 | 38.74 | 1050m: 13:28.25 | 38.88 | 1450m: 18:39.47 | 39.03 |
| | 300m: 3:46.24 | 38.51 | 700m: 8:56.00 | 38.56 | 1100m: 14:06.77 | 38.52 | 1500m: 19:16.78 | 37.31 |
| | 350m: 4:24.54 | 38.30 | 750m: 9:35.01 | 39.01 | 1150m: 14:45.26 | 38.49 | | |
| | 400m: 5:03.15 | 38.61 | 800m: 10:13.95 | 38.94 | 1200m: 15:24.01 | 38.75 | | |
| 2. | Marten de Groot | HZ&PC Heerenveen | 18:12.52 | 195800149 | 19:18.62 | +0,84 | | |
| | 50m: 32.58 | 32.58 | 450m: 5:44.82 | 38.89 | 850m: 10:58.25 | 39.54 | 1250m: 16:09.46 | 38.04 |
| | 100m: 1:09.54 | 36.96 | 500m: 6:23.55 | 38.73 | 900m: 11:37.33 | 39.08 | 1300m: 16:48.07 | 38.61 |
| | 150m: 1:49.10 | 39.56 | 550m: 7:02.75 | 39.20 | 950m: 12:16.73 | 39.40 | 1350m: 17:26.49 | 38.42 |
| | 200m: 2:28.87 | 39.77 | 600m: 7:41.81 | 39.06 | 1000m: 12:55.62 | 38.89 | 1400m: 18:04.67 | 38.18 |
| | 250m: 3:08.83 | 39.96 | 650m: 8:21.09 | 39.28 | 1050m: 13:35.30 | 39.68 | 1450m: 18:42.39 | 37.72 |
| | 300m: 3:48.14 | 39.31 | 700m: 8:59.91 | 38.82 | 1100m: 14:14.06 | 38.76 | 1500m: 19:18.62 | 36.23 |
| | 350m: 4:27.38 | 39.24 | 750m: 9:39.24 | 39.33 | 1150m: 14:52.78 | 38.72 | | |
| | 400m: 5:05.93 | 38.55 | 800m: 10:18.71 | 39.47 | 1200m: 15:31.42 | 38.64 | | |
| 3. | Marius Ros | ZCNF'34 | 20:14.43 | 195900779 | 20:20.43 | +0,86 | | |
| | 50m: 37.45 | 37.45 | 450m: 6:01.10 | 40.31 | 850m: 11:25.81 | 40.73 | 1250m: 16:56.72 | 41.61 |
| | 100m: 1:17.32 | 39.87 | 500m: 6:41.63 | 40.53 | 900m: 12:06.26 | 40.45 | 1300m: 17:38.32 | 41.60 |
| | 150m: 1:57.96 | 40.64 | 550m: 7:22.20 | 40.57 | 950m: 12:47.35 | 41.09 | 1350m: 18:19.85 | 41.53 |
| | 200m: 2:38.50 | 40.54 | 600m: 8:02.78 | 40.58 | 1000m: 13:28.58 | 41.23 | 1400m: 19:00.94 | 41.09 |
| | 250m: 3:18.92 | 40.42 | 650m: 8:43.03 | 40.25 | 1050m: 14:10.00 | 41.42 | 1450m: 19:41.79 | 40.85 |
| | 300m: 3:59.78 | 40.86 | 700m: 9:23.72 | 40.69 | 1100m: 14:51.74 | 41.74 | 1500m: 20:20.43 | 38.64 |
| | 350m: 4:40.13 | 40.35 | 750m: 10:04.39 | 40.67 | 1150m: 15:33.42 | 41.68 | | |
| | 400m: 5:20.79 | 40.66 | 800m: 10:45.08 | 40.69 | 1200m: 16:15.11 | 41.69 | | |
| 4. | Ronald Grove | Oceanus | 21:01.24 | 196100161 | 20:47.70 | +0,79 | | |
| | 50m: 35.06 | 35.06 | 450m: 6:07.93 | 42.11 | 850m: 11:41.45 | 41.63 | 1250m: 17:19.01 | 41.99 |
| | 100m: 1:15.50 | 40.44 | 500m: 6:50.45 | 42.52 | 900m: 12:23.27 | 41.82 | 1300m: 18:02.09 | 43.08 |
| | 150m: 1:56.39 | 40.89 | 550m: 7:32.28 | 41.83 | 950m: 13:05.01 | 41.74 | 1350m: 18:44.77 | 42.68 |
| | 200m: 2:38.37 | 41.98 | 600m: 8:13.63 | 41.35 | 1000m: 13:47.12 | 42.11 | 1400m: 19:27.12 | 42.35 |
| | 250m: 3:20.05 | 41.68 | 650m: 8:55.20 | 41.57 | 1050m: 14:29.04 | 41.92 | 1450m: 20:09.14 | 42.02 |
| | 300m: 4:02.21 | 42.16 | 700m: 9:36.70 | 41.50 | 1100m: 15:11.82 | 42.78 | 1500m: 20:47.70 | 38.56 |
| | 350m: 4:43.99 | 41.78 | 750m: 10:17.86 | 41.16 | 1150m: 15:54.38 | 42.56 | | |
| | 400m: 5:25.82 | 41.83 | 800m: 10:59.82 | 41.96 | 1200m: 16:37.02 | 42.64 | | |
| 5. | Wim Witjes | Aqua-Novio'94 | 20:59.72 | 195800483 | 21:19.22 | +0,64 | | |
| | 50m: 36.56 | 36.56 | 450m: 6:14.28 | 42.77 | 850m: 12:00.78 | 43.53 | 1250m: 17:46.16 | 43.41 |
| | 100m: 1:16.75 | 40.19 | 500m: 6:57.61 | 43.33 | 900m: 12:43.68 | 42.90 | 1300m: 18:28.89 | 42.73 |
| | 150m: 1:58.26 | 41.51 | 550m: 7:40.66 | 43.05 | 950m: 13:27.05 | 43.37 | 1350m: 19:11.40 | 42.51 |
| | 200m: 2:40.25 | 41.99 | 600m: 8:23.98 | 43.32 | 1000m: 14:09.98 | 42.93 | 1400m: 19:53.39 | 41.99 |
| | 250m: 3:22.89 | 42.64 | 650m: 9:07.12 | 43.14 | 1050m: 14:53.26 | 43.28 | 1450m: 20:36.06 | 42.67 |
| | 300m: 4:05.77 | 42.88 | 700m: 9:50.58 | 43.46 | 1100m: 15:36.37 | 43.11 | 1500m: 21:19.22 | 43.16 |
| | 350m: 4:48.62 | 42.85 | 750m: 10:33.84 | 43.26 | 1150m: 16:19.65 | 43.28 | | |
| | 400m: 5:31.51 | 42.89 | 800m: 11:17.25 | 43.41 | 1200m: 17:02.75 | 43.10 | | |

Programmanr. 1, Heren, 1500m vrije slag, Masters 55+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|-------|------------------|---------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 6. | Lex Hoogendam | MNC Dordrecht | 22:37.34 | 195700541 | 23:53.58 | +0,94 | | |
| | 50m: 37.40 | 37.40 | 450m: 6:51.45 | 48.53 | 850m: 13:19.89 | 48.54 | 1250m: 19:51.27 | 49.26 |
| | 100m: 1:20.06 | 42.66 | 500m: 7:40.13 | 48.68 | 900m: 14:08.50 | 48.61 | 1300m: 20:40.18 | 48.91 |
| | 150m: 2:05.04 | 44.98 | 550m: 8:28.37 | 48.24 | 950m: 14:57.48 | 48.98 | 1350m: 21:29.08 | 48.90 |
| | 200m: 2:51.58 | 46.54 | 600m: 9:17.04 | 48.67 | 1000m: 15:46.11 | 48.63 | 1400m: 22:17.74 | 48.66 |
| | 250m: 3:38.99 | 47.41 | 650m: 10:05.45 | 48.41 | 1050m: 16:35.04 | 48.93 | 1450m: 23:06.07 | 48.33 |
| | 300m: 4:26.54 | 47.55 | 700m: 10:54.15 | 48.70 | 1100m: 17:24.15 | 49.11 | 1500m: 23:53.58 | 47.51 |
| | 350m: 5:14.65 | 48.11 | 750m: 11:42.75 | 48.60 | 1150m: 18:13.25 | 49.10 | | |
| | 400m: 6:02.92 | 48.27 | 800m: 12:31.35 | 48.60 | 1200m: 19:02.01 | 48.76 | | |
| 7. | Jan de Laat | AquAmigos | 25:25.42 | 196000861 | 24:52.55 | +1,10 | | |
| | 50m: 43.44 | 43.44 | 450m: 7:19.81 | 50.25 | 850m: 14:02.15 | 49.61 | 1250m: 20:46.80 | 50.65 |
| | 100m: 1:30.56 | 47.12 | 500m: 8:10.05 | 50.24 | 900m: 14:53.75 | 51.60 | 1300m: 21:37.82 | 51.02 |
| | 150m: 2:20.17 | 49.61 | 550m: 9:00.20 | 50.15 | 950m: 15:44.26 | 50.51 | 1350m: 22:26.53 | 48.71 |
| | 200m: 3:09.68 | 49.51 | 600m: 9:50.26 | 50.06 | 1000m: 16:34.37 | 50.11 | 1400m: 23:17.16 | 50.63 |
| | 250m: 3:58.76 | 49.08 | 650m: 10:40.40 | 50.14 | 1050m: 17:24.91 | 50.54 | 1450m: 24:06.88 | 49.72 |
| | 300m: 4:48.82 | 50.06 | 700m: 11:30.81 | 50.41 | 1100m: 18:15.15 | 50.24 | 1500m: 24:52.55 | 45.67 |
| | 350m: 5:39.27 | 50.45 | 750m: 12:21.33 | 50.52 | 1150m: 19:05.51 | 50.36 | | |
| | 400m: 6:29.56 | 50.29 | 800m: 13:12.54 | 51.21 | 1200m: 19:56.15 | 50.64 | | |
| 8. | Dirk Crok | OEZA | 25:24.21 | 195800547 | 25:01.33 | +1,22 | | |
| | 50m: 43.60 | 43.60 | 450m: 7:21.77 | 50.79 | 850m: 14:00.67 | 49.96 | 1250m: 20:45.31 | 50.61 |
| | 100m: 1:31.83 | 48.23 | 500m: 8:11.40 | 49.63 | 900m: 14:51.03 | 50.36 | 1300m: 21:36.87 | 51.56 |
| | 150m: 2:20.45 | 48.62 | 550m: 9:01.32 | 49.92 | 950m: 15:41.06 | 50.03 | 1350m: 22:27.97 | 51.10 |
| | 200m: 3:10.52 | 50.07 | 600m: 9:51.01 | 49.69 | 1000m: 16:31.20 | 50.14 | 1400m: 23:19.06 | 51.09 |
| | 250m: 4:00.04 | 49.52 | 650m: 10:40.63 | 49.62 | 1050m: 17:21.56 | 50.36 | 1450m: 24:10.37 | 51.31 |
| | 300m: 4:50.24 | 50.20 | 700m: 11:30.30 | 49.67 | 1100m: 18:12.45 | 50.89 | 1500m: 25:01.33 | 50.96 |
| | 350m: 5:40.31 | 50.07 | 750m: 12:20.38 | 50.08 | 1150m: 19:03.56 | 51.11 | | |
| | 400m: 6:30.98 | 50.67 | 800m: 13:10.71 | 50.33 | 1200m: 19:54.70 | 51.14 | | |
| 9. | Jeroen Ouendag | GoSwim | 25:32.76 | 195900725 | 25:32.72 | +1,24 | | |
| | 50m: 47.00 | 47.00 | 450m: 7:38.31 | 51.89 | 850m: 14:29.04 | 50.63 | 1250m: 21:20.65 | 50.94 |
| | 100m: 1:37.26 | 50.26 | 500m: 8:29.92 | 51.61 | 900m: 15:20.04 | 51.00 | 1300m: 22:11.61 | 50.96 |
| | 150m: 2:28.55 | 51.29 | 550m: 9:22.10 | 52.18 | 950m: 16:11.62 | 51.58 | 1350m: 23:03.10 | 51.49 |
| | 200m: 3:20.08 | 51.53 | 600m: 10:13.27 | 51.17 | 1000m: 17:04.04 | 52.42 | 1400m: 23:54.25 | 51.15 |
| | 250m: 4:12.11 | 52.03 | 650m: 11:03.94 | 50.67 | 1050m: 17:55.75 | 51.71 | 1450m: 24:44.78 | 50.53 |
| | 300m: 5:03.73 | 51.62 | 700m: 11:55.51 | 51.57 | 1100m: 18:47.05 | 51.30 | 1500m: 25:32.72 | 47.94 |
| | 350m: 5:55.53 | 51.80 | 750m: 12:46.93 | 51.42 | 1150m: 19:38.38 | 51.33 | | |
| | 400m: 6:46.42 | 50.89 | 800m: 13:38.41 | 51.48 | 1200m: 20:29.71 | 51.33 | | |
| 10. | Filip Timmermans | ShaRK | 26:41.82 | 10163/60 | 25:46.98 | +0,92 | | |
| | 50m: 42.62 | 42.62 | 450m: 7:14.72 | 50.29 | 850m: 14:13.64 | 53.00 | 1250m: 21:21.95 | 54.52 |
| | 100m: 1:29.46 | 46.84 | 500m: 8:04.80 | 50.08 | 900m: 15:06.20 | 52.56 | 1300m: 22:15.81 | 53.86 |
| | 150m: 2:17.72 | 48.26 | 550m: 8:56.82 | 52.02 | 950m: 15:59.82 | 53.62 | 1350m: 23:08.78 | 52.97 |
| | 200m: 3:05.83 | 48.11 | 600m: 9:49.00 | 52.18 | 1000m: 16:53.14 | 53.32 | 1400m: 24:03.77 | 54.99 |
| | 250m: 3:54.71 | 48.88 | 650m: 10:41.40 | 52.40 | 1050m: 17:47.12 | 53.98 | 1450m: 24:57.25 | 53.48 |
| | 300m: 4:44.79 | 50.08 | 700m: 11:35.52 | 54.12 | 1100m: 18:40.45 | 53.33 | 1500m: 25:46.98 | 49.73 |
| | 350m: 5:34.61 | 49.82 | 750m: 12:27.71 | 52.19 | 1150m: 19:34.26 | 53.81 | | |
| | 400m: 6:24.43 | 49.82 | 800m: 13:20.64 | 52.93 | 1200m: 20:27.43 | 53.17 | | |
| AFGEM | Henk Gierveld | Nat Utrecht | 24:38.83 | 196000869 | | | | |

Masters 60+

| | | | | | | | | |
|----|------------------|-------------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Henk Slomp | Inktvis-De Pinquin (SG) | 21:30.89 | 195500359 | 22:17.71 | +0,94 | | |
| | 50m: 37.03 | 37.03 | 450m: 6:30.53 | 44.79 | 850m: 12:29.91 | 45.55 | 1250m: 18:36.71 | 45.70 |
| | 100m: 1:19.75 | 42.72 | 500m: 7:14.65 | 44.12 | 900m: 13:15.32 | 45.41 | 1300m: 19:23.08 | 46.37 |
| | 150m: 2:04.01 | 44.26 | 550m: 7:59.00 | 44.35 | 950m: 14:01.29 | 45.97 | 1350m: 20:08.22 | 45.14 |
| | 200m: 2:48.36 | 44.35 | 600m: 8:44.26 | 45.26 | 1000m: 14:47.97 | 46.68 | 1400m: 20:53.35 | 45.13 |
| | 250m: 3:32.69 | 44.33 | 650m: 9:29.04 | 44.78 | 1050m: 15:33.55 | 45.58 | 1450m: 21:38.06 | 44.71 |
| | 300m: 4:17.10 | 44.41 | 700m: 10:14.23 | 45.19 | 1100m: 16:19.44 | 45.89 | 1500m: 22:17.71 | 39.65 |
| | 350m: 5:01.42 | 44.32 | 750m: 10:59.44 | 45.21 | 1150m: 17:04.73 | 45.29 | | |
| | 400m: 5:45.74 | 44.32 | 800m: 11:44.36 | 44.92 | 1200m: 17:51.01 | 46.28 | | |
| 2. | Wim Scherpenisse | UZSC | 23:55.21 | 195500447 | 23:15.90 | +1,41 | | |
| | 50m: 40.44 | 40.44 | 450m: 6:56.14 | 46.84 | 850m: 13:12.74 | 46.75 | 1250m: 19:28.81 | 47.51 |
| | 100m: 1:25.34 | 44.90 | 500m: 7:44.17 | 48.03 | 900m: 14:00.09 | 47.35 | 1300m: 20:14.87 | 46.06 |
| | 150m: 2:12.52 | 47.18 | 550m: 8:31.19 | 47.02 | 950m: 14:46.96 | 46.87 | 1350m: 21:01.70 | 46.83 |
| | 200m: 2:59.50 | 46.98 | 600m: 9:19.29 | 48.10 | 1000m: 15:33.90 | 46.94 | 1400m: 21:48.36 | 46.66 |
| | 250m: 3:46.35 | 46.85 | 650m: 10:05.96 | 46.67 | 1050m: 16:20.62 | 46.72 | 1450m: 22:34.14 | 45.78 |
| | 300m: 4:33.39 | 47.04 | 700m: 10:52.66 | 46.70 | 1100m: 17:08.12 | 47.50 | 1500m: 23:15.90 | 41.76 |
| | 350m: 5:21.00 | 47.61 | 750m: 11:39.42 | 46.76 | 1150m: 17:54.70 | 46.58 | | |
| | 400m: 6:09.30 | 48.30 | 800m: 12:25.99 | 46.57 | 1200m: 18:41.30 | 46.60 | | |

Masters 65+

Programmanr. 1, Heren, 1500m vrije slag, Masters 65+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|---------------|-------------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Piet Schop | De Bevelanders | 23:43.64 | 195000109 | 24:14.03 | +0,63 | | |
| | 50m: 40.67 | 40.67 | 450m: 7:11.02 | 48.23 | 850m: 13:40.24 | 48.59 | 1250m: 20:09.14 | 48.94 |
| | 100m: 1:26.67 | 46.00 | 500m: 7:59.40 | 48.38 | 900m: 14:28.18 | 47.94 | 1300m: 20:58.85 | 49.71 |
| | 150m: 2:17.95 | 51.28 | 550m: 8:48.33 | 48.93 | 950m: 15:17.14 | 48.96 | 1350m: 21:48.82 | 49.97 |
| | 200m: 3:08.21 | 50.26 | 600m: 9:37.09 | 48.76 | 1000m: 16:04.83 | 47.69 | 1400m: 22:39.08 | 50.26 |
| | 250m: 3:56.98 | 48.77 | 650m: 10:26.04 | 48.95 | 1050m: 16:54.23 | 49.40 | 1450m: 23:28.61 | 49.53 |
| | 300m: 4:45.96 | 48.98 | 700m: 11:14.18 | 48.14 | 1100m: 17:42.48 | 48.25 | 1500m: 24:14.03 | 45.42 |
| | 350m: 5:34.47 | 48.51 | 750m: 12:02.48 | 48.30 | 1150m: 18:31.66 | 49.18 | | |
| | 400m: 6:22.79 | 48.32 | 800m: 12:51.65 | 49.17 | 1200m: 19:20.20 | 48.54 | | |
| 2. | Ludwig Lorenz | SV Gladbeck 13 | 25:19.78 | 127866 | 24:59.22 | +1,04 | | |
| | 100m*, 200m* | | | | | | | |
| | 50m: 48.75 | 48.75 | 450m: 7:31.13 | 50.21 | 850m: 14:14.75 | 50.39 | 1250m: 20:54.62 | 50.48 |
| | 100m: 1:39.56 | 50.81 | 500m: 8:21.48 | 50.35 | 900m: 15:05.02 | 50.27 | 1300m: 21:44.23 | 49.61 |
| | 150m: 2:30.35 | 50.79 | 550m: 9:12.44 | 50.96 | 950m: 15:55.33 | 50.31 | 1350m: 22:34.26 | 50.03 |
| | 200m: 3:21.11 | 50.76 | 600m: 10:03.24 | 50.80 | 1000m: 16:46.17 | 50.84 | 1400m: 23:24.71 | 50.45 |
| | 250m: 4:10.56 | 49.45 | 650m: 10:53.82 | 50.58 | 1050m: 17:35.58 | 49.41 | 1450m: 24:13.69 | 48.98 |
| | 300m: 5:00.70 | 50.14 | 700m: 11:43.83 | 50.01 | 1100m: 18:24.29 | 48.71 | 1500m: 24:59.22 | 45.53 |
| | 350m: 5:50.98 | 50.28 | 750m: 12:34.33 | 50.50 | 1150m: 19:14.17 | 49.88 | | |
| | 400m: 6:40.92 | 49.94 | 800m: 13:24.36 | 50.03 | 1200m: 20:04.14 | 49.97 | | |
| 3. | Jos Kamps | Zwemvereniging Hoogland | 26:07.45 | 195100085 | 26:25.45 | | | |
| | 50m: 40.10 | 40.10 | 450m: 7:26.80 | 52.99 | 850m: 14:39.11 | 55.08 | 1250m: 21:55.24 | 54.16 |
| | 100m: 1:26.39 | 46.29 | 500m: 8:20.47 | 53.67 | 900m: 15:33.70 | 54.59 | 1300m: 22:50.79 | 55.55 |
| | 150m: 2:15.05 | 48.66 | 550m: 9:14.01 | 53.54 | 950m: 16:27.91 | 54.21 | 1350m: 23:45.69 | 54.90 |
| | 200m: 3:05.82 | 50.77 | 600m: 10:07.52 | 53.51 | 1000m: 17:23.07 | 55.16 | 1400m: 24:40.96 | 55.27 |
| | 250m: 3:57.44 | 51.62 | 650m: 11:01.45 | 53.93 | 1050m: 18:18.48 | 55.41 | 1450m: 25:33.83 | 52.87 |
| | 300m: 4:49.45 | 52.01 | 700m: 11:55.43 | 53.98 | 1100m: 19:12.19 | 53.71 | 1500m: 26:25.45 | 51.62 |
| | 350m: 5:41.17 | 51.72 | 750m: 12:50.15 | 54.72 | 1150m: 20:06.80 | 54.61 | | |
| | 400m: 6:33.81 | 52.64 | 800m: 13:44.03 | 53.88 | 1200m: 21:01.08 | 54.28 | | |

Masters 70+

| | | | | | | | | |
|----|------------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Rob Hanou | PSV | 25:31.04 | 194300109 | 25:48.15 | +1,06 | | |
| | 50m: 42.51 | 42.51 | 450m: 7:32.89 | 51.92 | 850m: 14:30.62 | 51.69 | 1250m: 21:28.69 | 52.22 |
| | 100m: 1:31.11 | 48.60 | 500m: 8:23.91 | 51.02 | 900m: 15:23.13 | 52.51 | 1300m: 22:21.29 | 52.60 |
| | 150m: 2:21.49 | 50.38 | 550m: 9:15.79 | 51.88 | 950m: 16:14.38 | 51.25 | 1350m: 23:14.29 | 53.00 |
| | 200m: 3:13.43 | 51.94 | 600m: 10:07.07 | 51.28 | 1000m: 17:04.89 | 50.51 | 1400m: 24:06.97 | 52.68 |
| | 250m: 4:04.74 | 51.31 | 650m: 10:59.66 | 52.59 | 1050m: 17:57.68 | 52.79 | 1450m: 24:58.97 | 52.00 |
| | 300m: 4:56.78 | 52.04 | 700m: 11:52.91 | 53.25 | 1100m: 18:50.43 | 52.75 | 1500m: 25:48.15 | 49.18 |
| | 350m: 5:48.99 | 52.21 | 750m: 12:46.43 | 53.52 | 1150m: 19:43.88 | 53.45 | | |
| | 400m: 6:40.97 | 51.98 | 800m: 13:38.93 | 52.50 | 1200m: 20:36.47 | 52.59 | | |
| 2. | Geza Kaltenecker | AZC | 26:25.28 | 194200065 | 27:43.33 | +0,86 | | |
| | 50m: 45.38 | 45.38 | 450m: 8:09.77 | 56.53 | 850m: 15:43.96 | 56.40 | 1250m: 23:11.26 | 55.11 |
| | 100m: 1:37.64 | 52.26 | 500m: 9:07.03 | 57.26 | 900m: 16:39.81 | 55.85 | 1300m: 24:06.53 | 55.27 |
| | 150m: 2:32.09 | 54.45 | 550m: 10:03.26 | 56.23 | 950m: 17:36.31 | 56.50 | 1350m: 25:02.17 | 55.64 |
| | 200m: 3:27.26 | 55.17 | 600m: 10:59.89 | 56.63 | 1000m: 18:32.75 | 56.44 | 1400m: 25:57.68 | 55.51 |
| | 250m: 4:23.42 | 56.16 | 650m: 11:57.36 | 57.47 | 1050m: 19:28.24 | 55.49 | 1450m: 26:52.51 | 54.83 |
| | 300m: 5:19.99 | 56.57 | 700m: 12:54.71 | 57.35 | 1100m: 20:24.27 | 56.03 | 1500m: 27:43.33 | 50.82 |
| | 350m: 6:16.35 | 56.36 | 750m: 13:51.41 | 56.70 | 1150m: 21:20.41 | 56.14 | | |
| | 400m: 7:13.24 | 56.89 | 800m: 14:47.56 | 56.15 | 1200m: 22:16.15 | 55.74 | | |

Masters 75+

| | | | | | | | | |
|----|---|----------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Frederik Hendrik De Bruijn | CN Aquamasters | 25:29.92 | 0X0345415 | 24:37.94 | +1,13 | | |
| | <i>Kampioenschaps Record, 50m*, 800m*</i> | | | | | | | |
| | 50m: 45.45 | 45.45 | 450m: 7:15.62 | 49.44 | 850m: 13:52.29 | 50.12 | 1250m: 20:33.47 | 50.63 |
| | 100m: 1:34.31 | 48.66 | 500m: 8:03.90 | 48.28 | 900m: 14:42.55 | 50.26 | 1300m: 21:22.46 | 48.99 |
| | 150m: 2:22.68 | 48.37 | 550m: 8:55.13 | 51.23 | 950m: 15:32.56 | 50.01 | 1350m: 22:11.82 | 49.36 |
| | 200m: 3:11.73 | 49.05 | 600m: 9:44.27 | 49.14 | 1000m: 16:22.05 | 49.49 | 1400m: 23:01.10 | 49.28 |
| | 250m: 4:00.63 | 48.90 | 650m: 10:31.88 | 47.61 | 1050m: 17:12.02 | 49.97 | 1450m: 23:52.27 | 51.17 |
| | 300m: 4:48.12 | 47.49 | 700m: 11:23.20 | 51.32 | 1100m: 18:01.29 | 49.27 | 1500m: 24:37.94 | 45.67 |
| | 350m: 5:37.44 | 49.32 | 750m: 12:12.48 | 49.28 | 1150m: 18:51.48 | 50.19 | | |
| | 400m: 6:26.18 | 48.74 | 800m: 13:02.17 | 49.69 | 1200m: 19:42.84 | 51.36 | | |
| 2. | Nic Geers | Z&PC De Gouwe | 25:37.44 | 193800007 | 28:28.05 | +1,07 | | |
| | 50m: 50.05 | 50.05 | 450m: 8:24.25 | 58.24 | 850m: 16:05.62 | 57.82 | 1250m: 23:44.98 | 57.33 |
| | 100m: 1:45.67 | 55.62 | 500m: 9:21.97 | 57.72 | 900m: 17:01.62 | 56.00 | 1300m: 24:43.02 | 58.04 |
| | 150m: 2:42.08 | 56.41 | 550m: 10:20.13 | 58.16 | 950m: 17:58.98 | 57.36 | 1350m: 25:39.30 | 56.28 |
| | 200m: 3:38.93 | 56.85 | 600m: 11:17.11 | 56.98 | 1000m: 18:55.46 | 56.48 | 1400m: 26:38.03 | 58.73 |
| | 250m: 4:35.64 | 56.71 | 650m: 12:15.84 | 58.73 | 1050m: 19:51.34 | 55.88 | 1450m: 27:35.54 | 57.51 |
| | 300m: 5:33.14 | 57.50 | 700m: 13:13.34 | 57.50 | 1100m: 20:49.70 | 58.36 | 1500m: 28:28.05 | 52.51 |
| | 350m: 6:29.39 | 56.25 | 750m: 14:10.99 | 57.65 | 1150m: 21:48.06 | 58.36 | | |
| | 400m: 7:26.01 | 56.62 | 800m: 15:07.80 | 56.81 | 1200m: 22:47.65 | 59.59 | | |

Programmanr. 1, Heren, 1500m vrije slag, Masters 75+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|-----------------|------------|----------------|-----------|-----------------|---------|-----------------|---------|
| 3. | Rudolf Degenaar | PSV | 30:55.89 | 193900033 | 31:32.28 | | | |
| | 50m: 54.88 | 54.88 | 450m: 9:24.06 | 1:03.49 | 850m: 17:51.17 | 1:04.14 | 1250m: 26:18.66 | 1:02.42 |
| | 100m: 2:00.40 | 1:05.52 | 500m: 10:27.58 | 1:03.52 | 900m: 18:53.53 | 1:02.36 | 1300m: 27:21.41 | 1:02.75 |
| | 150m: 3:06.26 | 1:05.86 | 550m: 11:31.64 | 1:04.06 | 950m: 19:57.37 | 1:03.84 | 1350m: 28:26.10 | 1:04.69 |
| | 200m: 4:10.08 | 1:03.82 | 600m: 12:34.79 | 1:03.15 | 1000m: 21:00.54 | 1:03.17 | 1400m: 29:29.51 | 1:03.41 |
| | 250m: 5:14.37 | 1:04.29 | 650m: 13:37.41 | 1:02.62 | 1050m: 22:05.12 | 1:04.58 | 1450m: 30:33.57 | 1:04.06 |
| | 300m: 6:16.02 | 1:01.65 | 700m: 14:41.20 | 1:03.79 | 1100m: 23:08.69 | 1:03.57 | 1500m: 31:32.28 | 58.71 |
| | 350m: 7:17.82 | 1:01.80 | 750m: 15:44.57 | 1:03.37 | 1150m: 24:10.32 | 1:01.63 | | |
| | 400m: 8:20.57 | 1:02.75 | 800m: 16:47.03 | 1:02.46 | 1200m: 25:16.24 | 1:05.92 | | |

Programmanr. 2
21-01-2016 - 16:55

Dames, 1500m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|--------------------|-------------------|--------------|----------------|-----------|-----------------|-------|-----------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Lindi Verkooijen | ZC Aquadream | 18:39.71 | 199503826 | 19:06.60 | +0,65 | | |
| | 50m: 32.80 | 32.80 | 450m: 5:32.89 | 38.07 | 850m: 10:40.95 | 39.17 | 1250m: 15:53.37 | 39.37 |
| | 100m: 1:09.11 | 36.31 | 500m: 6:11.01 | 38.12 | 900m: 11:19.55 | 38.60 | 1300m: 16:32.72 | 39.35 |
| | 150m: 1:46.34 | 37.23 | 550m: 6:49.16 | 38.15 | 950m: 11:58.59 | 39.04 | 1350m: 17:11.52 | 38.80 |
| | 200m: 2:23.85 | 37.51 | 600m: 7:27.54 | 38.38 | 1000m: 12:37.55 | 38.96 | 1400m: 17:50.48 | 38.96 |
| | 250m: 3:01.56 | 37.71 | 650m: 8:05.99 | 38.45 | 1050m: 13:16.88 | 39.33 | 1450m: 18:29.42 | 38.94 |
| | 300m: 3:39.34 | 37.78 | 700m: 8:44.69 | 38.70 | 1100m: 13:55.64 | 38.76 | 1500m: 19:06.60 | 37.18 |
| | 350m: 4:17.06 | 37.72 | 750m: 9:23.03 | 38.34 | 1150m: 14:34.35 | 38.71 | | |
| | 400m: 4:54.82 | 37.76 | 800m: 10:01.78 | 38.75 | 1200m: 15:14.00 | 39.65 | | |
| 2. | Moniek Heemsker | LZ 1886 | 19:16.70 | 199601964 | 19:17.59 | +0,75 | | |
| | 50m: 32.77 | 32.77 | 450m: 5:39.45 | 39.03 | 850m: 10:51.75 | 39.15 | 1250m: 16:06.04 | 38.45 |
| | 100m: 1:09.70 | 36.93 | 500m: 6:18.35 | 38.90 | 900m: 11:30.77 | 39.02 | 1300m: 16:44.71 | 38.67 |
| | 150m: 1:47.62 | 37.92 | 550m: 6:57.03 | 38.68 | 950m: 12:10.29 | 39.52 | 1350m: 17:22.96 | 38.25 |
| | 200m: 2:26.36 | 38.74 | 600m: 7:35.84 | 38.81 | 1000m: 12:50.14 | 39.85 | 1400m: 18:01.56 | 38.60 |
| | 250m: 3:04.87 | 38.51 | 650m: 8:14.92 | 39.08 | 1050m: 13:29.75 | 39.61 | 1450m: 18:40.03 | 38.47 |
| | 300m: 3:43.31 | 38.44 | 700m: 8:54.26 | 39.34 | 1100m: 14:08.97 | 39.22 | 1500m: 19:17.59 | 37.56 |
| | 350m: 4:21.62 | 38.31 | 750m: 9:33.70 | 39.44 | 1150m: 14:48.67 | 39.70 | | |
| | 400m: 5:00.42 | 38.80 | 800m: 10:12.60 | 38.90 | 1200m: 15:27.59 | 38.92 | | |
| 3. | Beau Rijpers | Swol 1894 | 19:56.47 | 199402638 | 19:50.81 | +0,75 | | |
| | 50m: 33.93 | 33.93 | 450m: 5:43.95 | 39.81 | 850m: 11:03.64 | 40.47 | 1250m: 16:28.57 | 40.69 |
| | 100m: 1:10.69 | 36.76 | 500m: 6:23.53 | 39.58 | 900m: 11:43.97 | 40.33 | 1300m: 17:09.15 | 40.58 |
| | 150m: 1:48.60 | 37.91 | 550m: 7:03.34 | 39.81 | 950m: 12:24.59 | 40.62 | 1350m: 17:49.96 | 40.81 |
| | 200m: 2:27.23 | 38.63 | 600m: 7:42.93 | 39.59 | 1000m: 13:04.89 | 40.30 | 1400m: 18:30.78 | 40.82 |
| | 250m: 3:06.05 | 38.82 | 650m: 8:23.01 | 40.08 | 1050m: 13:45.73 | 40.84 | 1450m: 19:11.48 | 40.70 |
| | 300m: 3:45.50 | 39.45 | 700m: 9:02.91 | 39.90 | 1100m: 14:26.40 | 40.67 | 1500m: 19:50.81 | 39.33 |
| | 350m: 4:24.81 | 39.31 | 750m: 9:43.31 | 40.40 | 1150m: 15:06.99 | 40.59 | | |
| | 400m: 5:04.14 | 39.33 | 800m: 10:23.17 | 39.86 | 1200m: 15:47.88 | 40.89 | | |
| 4. | Anouk Kuijlaars | PSV | 20:13.35 | 199401700 | 20:20.79 | +0,76 | | |
| | 50m: 34.71 | 34.71 | 450m: 5:51.17 | 40.94 | 850m: 11:21.20 | 41.07 | 1250m: 16:53.96 | 42.12 |
| | 100m: 1:12.79 | 38.08 | 500m: 6:32.59 | 41.42 | 900m: 12:02.44 | 41.24 | 1300m: 17:35.67 | 41.71 |
| | 150m: 1:51.42 | 38.63 | 550m: 7:13.49 | 40.90 | 950m: 12:43.69 | 41.25 | 1350m: 18:17.50 | 41.83 |
| | 200m: 2:30.38 | 38.96 | 600m: 7:54.98 | 41.49 | 1000m: 13:25.33 | 41.64 | 1400m: 18:59.48 | 41.98 |
| | 250m: 3:09.81 | 39.43 | 650m: 8:36.33 | 41.35 | 1050m: 14:06.98 | 41.65 | 1450m: 19:40.86 | 41.38 |
| | 300m: 3:49.40 | 39.59 | 700m: 9:17.49 | 41.16 | 1100m: 14:48.51 | 41.53 | 1500m: 20:20.79 | 39.93 |
| | 350m: 4:29.69 | 40.29 | 750m: 9:59.07 | 41.58 | 1150m: 15:30.40 | 41.89 | | |
| | 400m: 5:10.23 | 40.54 | 800m: 10:40.13 | 41.06 | 1200m: 16:11.84 | 41.44 | | |
| 5. | Denise van Zetten | Octopus | 20:10.61 | 199600932 | 20:42.55 | | | |
| | 50m: 33.59 | 33.59 | 450m: 5:54.98 | 42.37 | 850m: 11:36.78 | 43.15 | 1250m: 17:18.32 | 42.69 |
| | 100m: 1:10.62 | 37.03 | 500m: 6:37.45 | 42.47 | 900m: 12:19.19 | 42.41 | 1300m: 17:59.63 | 41.31 |
| | 150m: 1:48.92 | 38.30 | 550m: 7:20.11 | 42.66 | 950m: 13:01.79 | 42.60 | 1350m: 18:41.80 | 42.17 |
| | 200m: 2:28.21 | 39.29 | 600m: 8:03.04 | 42.93 | 1000m: 13:44.53 | 42.74 | 1400m: 19:23.85 | 42.05 |
| | 250m: 3:08.54 | 40.33 | 650m: 8:45.63 | 42.59 | 1050m: 14:27.10 | 42.57 | 1450m: 20:04.31 | 40.46 |
| | 300m: 3:49.55 | 41.01 | 700m: 9:28.27 | 42.64 | 1100m: 15:09.58 | 42.48 | 1500m: 20:42.55 | 38.24 |
| | 350m: 4:30.88 | 41.33 | 750m: 10:10.79 | 42.52 | 1150m: 15:52.84 | 43.26 | | |
| | 400m: 5:12.61 | 41.73 | 800m: 10:53.63 | 42.84 | 1200m: 16:35.63 | 42.79 | | |
| 6. | Lieke Janssen | NIMO | 21:35.09 | 199305954 | 21:33.30 | +0,92 | | |
| | 50m: 36.10 | 36.10 | 450m: 6:15.40 | 43.52 | 850m: 12:04.39 | 43.67 | 1250m: 17:56.15 | 44.14 |
| | 100m: 1:15.87 | 39.77 | 500m: 6:58.85 | 43.45 | 900m: 12:48.06 | 43.67 | 1300m: 18:40.35 | 44.20 |
| | 150m: 1:57.51 | 41.64 | 550m: 7:42.24 | 43.39 | 950m: 13:31.94 | 43.88 | 1350m: 19:24.76 | 44.41 |
| | 200m: 2:40.06 | 42.55 | 600m: 8:25.59 | 43.35 | 1000m: 14:16.10 | 44.16 | 1400m: 20:08.45 | 43.69 |
| | 250m: 3:22.61 | 42.55 | 650m: 9:09.23 | 43.64 | 1050m: 15:00.00 | 43.90 | 1450m: 20:51.83 | 43.38 |
| | 300m: 4:05.81 | 43.20 | 700m: 9:53.62 | 44.39 | 1100m: 15:44.09 | 44.09 | 1500m: 21:33.30 | 41.47 |
| | 350m: 4:49.09 | 43.28 | 750m: 10:37.07 | 43.45 | 1150m: 16:27.93 | 43.84 | | |
| | 400m: 5:31.88 | 42.79 | 800m: 11:20.72 | 43.65 | 1200m: 17:12.01 | 44.08 | | |

Programmanr. 2, Dames, 1500m vrije slag, Masters 20+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|---------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 7. | Marjan Rikken | ZVV | 22:24.94 | 199206114 | 22:32.12 | +0,92 | | |
| | 50m: 39.01 | 39.01 | 450m: 6:32.56 | 44.77 | 850m: 12:34.41 | 45.32 | 1250m: 18:44.02 | 46.30 |
| | 100m: 1:21.66 | 42.65 | 500m: 7:17.48 | 44.92 | 900m: 13:20.32 | 45.91 | 1300m: 19:30.68 | 46.66 |
| | 150m: 2:05.08 | 43.42 | 550m: 8:02.61 | 45.13 | 950m: 14:06.24 | 45.92 | 1350m: 20:17.28 | 46.60 |
| | 200m: 2:48.98 | 43.90 | 600m: 8:47.78 | 45.17 | 1000m: 14:52.01 | 45.77 | 1400m: 21:03.35 | 46.07 |
| | 250m: 3:33.26 | 44.28 | 650m: 9:32.91 | 45.13 | 1050m: 15:38.74 | 46.73 | 1450m: 21:49.04 | 45.69 |
| | 300m: 4:17.91 | 44.65 | 700m: 10:18.13 | 45.22 | 1100m: 16:24.77 | 46.03 | 1500m: 22:32.12 | 43.08 |
| | 350m: 5:02.68 | 44.77 | 750m: 11:03.59 | 45.46 | 1150m: 17:11.22 | 46.45 | | |
| | 400m: 5:47.79 | 45.11 | 800m: 11:49.09 | 45.50 | 1200m: 17:57.72 | 46.50 | | |

Masters 25+

| | | | | | | | | |
|----|------------------------------|---------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Linde Herreman | KZK | 17:53.16 | 21020/90 | 17:50.71 | +0,68 | | |
| | <i>Kampioenschaps Record</i> | | | | | | | |
| | 50m: 33.77 | 33.77 | 450m: 5:20.50 | 35.64 | 850m: 10:04.95 | 35.34 | 1250m: 14:51.37 | 35.85 |
| | 100m: 1:10.13 | 36.36 | 500m: 5:55.92 | 35.42 | 900m: 10:40.66 | 35.71 | 1300m: 15:27.38 | 36.01 |
| | 150m: 1:46.11 | 35.98 | 550m: 6:31.21 | 35.29 | 950m: 11:16.41 | 35.75 | 1350m: 16:03.39 | 36.01 |
| | 200m: 2:22.09 | 35.98 | 600m: 7:06.80 | 35.59 | 1000m: 11:52.13 | 35.72 | 1400m: 16:39.22 | 35.83 |
| | 250m: 2:57.58 | 35.49 | 650m: 7:42.44 | 35.64 | 1050m: 12:28.12 | 35.99 | 1450m: 17:15.40 | 36.18 |
| | 300m: 3:33.27 | 35.69 | 700m: 8:18.08 | 35.64 | 1100m: 13:03.84 | 35.72 | 1500m: 17:50.71 | 35.31 |
| | 350m: 4:09.08 | 35.81 | 750m: 8:53.93 | 35.85 | 1150m: 13:39.84 | 36.00 | | |
| | 400m: 4:44.86 | 35.78 | 800m: 9:29.61 | 35.68 | 1200m: 14:15.52 | 35.68 | | |
| 2. | Sunanda van Heteren | De Geul | 20:56.53 | 198901728 | 20:42.67 | +0,97 | | |
| | 50m: 34.50 | 34.50 | 450m: 6:00.11 | 41.89 | 850m: 11:38.17 | 42.56 | 1250m: 17:15.76 | 42.37 |
| | 100m: 1:12.65 | 38.15 | 500m: 6:42.21 | 42.10 | 900m: 12:20.51 | 42.34 | 1300m: 17:57.71 | 41.95 |
| | 150m: 1:52.19 | 39.54 | 550m: 7:24.52 | 42.31 | 950m: 13:02.51 | 42.00 | 1350m: 18:40.03 | 42.32 |
| | 200m: 2:32.73 | 40.54 | 600m: 8:06.67 | 42.15 | 1000m: 13:44.40 | 41.89 | 1400m: 19:22.81 | 42.78 |
| | 250m: 3:14.27 | 41.54 | 650m: 8:48.87 | 42.20 | 1050m: 14:26.77 | 42.37 | 1450m: 20:04.44 | 41.63 |
| | 300m: 3:55.76 | 41.49 | 700m: 9:30.91 | 42.04 | 1100m: 15:09.06 | 42.29 | 1500m: 20:42.67 | 38.23 |
| | 350m: 4:36.79 | 41.03 | 750m: 10:13.06 | 42.15 | 1150m: 15:51.45 | 42.39 | | |
| | 400m: 5:18.22 | 41.43 | 800m: 10:55.61 | 42.55 | 1200m: 16:33.39 | 41.94 | | |
| 3. | Maaïke van Diggele | ZPB H&L Productions | 21:15.07 | 198700868 | 21:04.08 | +0,84 | | |
| | 50m: 36.36 | 36.36 | 450m: 6:09.59 | 42.18 | 850m: 11:43.45 | 41.54 | 1250m: 17:26.44 | 43.97 |
| | 100m: 1:16.56 | 40.20 | 500m: 6:51.83 | 42.24 | 900m: 12:25.46 | 42.01 | 1300m: 18:09.86 | 43.42 |
| | 150m: 1:57.56 | 41.00 | 550m: 7:33.61 | 41.78 | 950m: 13:07.56 | 42.10 | 1350m: 18:53.67 | 43.81 |
| | 200m: 2:39.07 | 41.51 | 600m: 8:15.29 | 41.68 | 1000m: 13:49.94 | 42.38 | 1400m: 19:37.63 | 43.96 |
| | 250m: 3:21.16 | 42.09 | 650m: 8:56.98 | 41.69 | 1050m: 14:32.53 | 42.59 | 1450m: 20:21.42 | 43.79 |
| | 300m: 4:03.21 | 42.05 | 700m: 9:38.89 | 41.91 | 1100m: 15:15.94 | 43.41 | 1500m: 21:04.08 | 42.66 |
| | 350m: 4:45.21 | 42.00 | 750m: 10:20.48 | 41.59 | 1150m: 15:59.08 | 43.14 | | |
| | 400m: 5:27.41 | 42.20 | 800m: 11:01.91 | 41.43 | 1200m: 16:42.47 | 43.39 | | |
| 4. | Liset de Veer | Aqua-Novio'94 | 22:50.33 | 198704190 | 21:56.07 | +0,84 | | |
| | 50m: 38.28 | 38.28 | 450m: 6:25.17 | 43.76 | 850m: 12:18.24 | 43.83 | 1250m: 18:15.21 | 44.93 |
| | 100m: 1:20.47 | 42.19 | 500m: 7:08.75 | 43.58 | 900m: 13:02.79 | 44.55 | 1300m: 19:00.02 | 44.81 |
| | 150m: 2:03.71 | 43.24 | 550m: 7:52.72 | 43.97 | 950m: 13:47.37 | 44.58 | 1350m: 19:45.25 | 45.23 |
| | 200m: 2:47.10 | 43.39 | 600m: 8:36.36 | 43.64 | 1000m: 14:33.05 | 45.68 | 1400m: 20:30.12 | 44.87 |
| | 250m: 3:30.48 | 43.38 | 650m: 9:21.03 | 44.67 | 1050m: 15:17.36 | 44.31 | 1450m: 21:13.49 | 43.37 |
| | 300m: 4:13.92 | 43.44 | 700m: 10:04.93 | 43.90 | 1100m: 16:01.45 | 44.09 | 1500m: 21:56.07 | 42.58 |
| | 350m: 4:57.35 | 43.43 | 750m: 10:49.50 | 44.57 | 1150m: 16:45.98 | 44.53 | | |
| | 400m: 5:41.41 | 44.06 | 800m: 11:34.41 | 44.91 | 1200m: 17:30.28 | 44.30 | | |
| 5. | Lisette van den Bos | Poseidon'56 | 23:35.16 | 198700468 | 22:53.43 | | | |
| | 50m: 38.93 | 38.93 | 450m: 6:43.80 | 47.01 | 850m: 12:53.84 | 45.69 | 1250m: 19:04.85 | 46.13 |
| | 100m: 1:22.45 | 43.52 | 500m: 7:30.56 | 46.76 | 900m: 13:40.24 | 46.40 | 1300m: 19:51.13 | 46.28 |
| | 150m: 2:07.07 | 44.62 | 550m: 8:17.35 | 46.79 | 950m: 14:26.93 | 46.69 | 1350m: 20:37.43 | 46.30 |
| | 200m: 2:52.43 | 45.36 | 600m: 9:03.54 | 46.19 | 1000m: 15:13.39 | 46.46 | 1400m: 21:23.86 | 46.43 |
| | 250m: 3:37.77 | 45.34 | 650m: 9:49.99 | 46.45 | 1050m: 15:59.78 | 46.39 | 1450m: 22:09.96 | 46.10 |
| | 300m: 4:23.48 | 45.71 | 700m: 10:36.16 | 46.17 | 1100m: 16:46.01 | 46.23 | 1500m: 22:53.43 | 43.47 |
| | 350m: 5:09.76 | 46.28 | 750m: 11:22.33 | 46.17 | 1150m: 17:32.19 | 46.18 | | |
| | 400m: 5:56.79 | 47.03 | 800m: 12:08.15 | 45.82 | 1200m: 18:18.72 | 46.53 | | |

Masters 30+

| | | | | | | | | |
|----|----------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Ramona Linting | AZC | 22:00.82 | 198301274 | 20:02.89 | +0,72 | | |
| | 50m: 34.00 | 34.00 | 450m: 5:51.19 | 40.32 | 850m: 11:13.96 | 40.30 | 1250m: 16:40.75 | 41.13 |
| | 100m: 1:12.18 | 38.18 | 500m: 6:31.53 | 40.34 | 900m: 11:54.80 | 40.84 | 1300m: 17:21.25 | 40.50 |
| | 150m: 1:51.04 | 38.86 | 550m: 7:12.05 | 40.52 | 950m: 12:35.40 | 40.60 | 1350m: 18:01.52 | 40.27 |
| | 200m: 2:31.15 | 40.11 | 600m: 7:52.56 | 40.51 | 1000m: 13:16.01 | 40.61 | 1400m: 18:42.97 | 41.45 |
| | 250m: 3:11.01 | 39.86 | 650m: 8:32.74 | 40.18 | 1050m: 13:56.86 | 40.85 | 1450m: 19:23.57 | 40.60 |
| | 300m: 3:50.62 | 39.61 | 700m: 9:13.08 | 40.34 | 1100m: 14:37.72 | 40.86 | 1500m: 20:02.89 | 39.32 |
| | 350m: 4:30.66 | 40.04 | 750m: 9:53.83 | 40.75 | 1150m: 15:18.81 | 41.09 | | |
| | 400m: 5:10.87 | 40.21 | 800m: 10:33.66 | 39.83 | 1200m: 15:59.62 | 40.81 | | |

Programmanr. 2, Dames, 1500m vrije slag, Masters 30+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|----------------|----------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 2. | Denise de Riet | ZZ&PC De Devel | 21:41.73 | 198402040 | 21:31.93 | +0,97 | | |
| | 50m: 37.87 | 37.87 | 450m: 6:19.18 | 43.06 | 850m: 12:04.26 | 42.93 | 1250m: 17:54.40 | 44.03 |
| | 100m: 1:19.23 | 41.36 | 500m: 7:02.29 | 43.11 | 900m: 12:47.66 | 43.40 | 1300m: 18:38.17 | 43.77 |
| | 150m: 2:01.85 | 42.62 | 550m: 7:45.39 | 43.10 | 950m: 13:31.29 | 43.63 | 1350m: 19:22.11 | 43.94 |
| | 200m: 2:44.57 | 42.72 | 600m: 8:28.57 | 43.18 | 1000m: 14:15.03 | 43.74 | 1400m: 20:05.78 | 43.67 |
| | 250m: 3:27.54 | 42.97 | 650m: 9:11.64 | 43.07 | 1050m: 14:58.42 | 43.39 | 1450m: 20:49.09 | 43.31 |
| | 300m: 4:10.46 | 42.92 | 700m: 9:54.82 | 43.18 | 1100m: 15:42.35 | 43.93 | 1500m: 21:31.93 | 42.84 |
| | 350m: 4:53.27 | 42.81 | 750m: 10:38.00 | 43.18 | 1150m: 16:26.38 | 44.03 | | |
| | 400m: 5:36.12 | 42.85 | 800m: 11:21.33 | 43.33 | 1200m: 17:10.37 | 43.99 | | |

| | | | | | | | | |
|----|--------------------|-----------|----------------|-----------|-----------------|-------|-----------------|-------|
| 3. | Sandra Schellekens | SWNZ (SG) | 22:15.62 | 198503416 | 21:55.54 | +0,88 | | |
| | 50m: 35.41 | 35.41 | 450m: 6:18.82 | 43.99 | 850m: 12:13.44 | 44.71 | 1250m: 18:13.12 | 45.56 |
| | 100m: 1:15.30 | 39.89 | 500m: 7:03.08 | 44.26 | 900m: 12:57.83 | 44.39 | 1300m: 18:58.42 | 45.30 |
| | 150m: 1:57.31 | 42.01 | 550m: 7:47.23 | 44.15 | 950m: 13:42.51 | 44.68 | 1350m: 19:43.32 | 44.90 |
| | 200m: 2:39.87 | 42.56 | 600m: 8:31.67 | 44.44 | 1000m: 14:27.62 | 45.11 | 1400m: 20:28.32 | 45.00 |
| | 250m: 3:23.09 | 43.22 | 650m: 9:16.01 | 44.34 | 1050m: 15:12.64 | 45.02 | 1450m: 21:13.77 | 45.45 |
| | 300m: 4:06.77 | 43.68 | 700m: 10:00.31 | 44.30 | 1100m: 15:57.33 | 44.69 | 1500m: 21:55.54 | 41.77 |
| | 350m: 4:50.92 | 44.15 | 750m: 10:44.60 | 44.29 | 1150m: 16:42.28 | 44.95 | | |
| | 400m: 5:34.83 | 43.91 | 800m: 11:28.73 | 44.13 | 1200m: 17:27.56 | 45.28 | | |

Masters 35+

| | | | | | | | | |
|----|--------------------------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Severine Bayre | CNSW | 21:54.92 | 004275/78 | 21:29.28 | +0,91 | | |
| | <i>Belgisch Masters Record</i> | | | | | | | |
| | 50m: 37.65 | 37.65 | 450m: 6:15.59 | 42.98 | 850m: 12:04.72 | 43.36 | 1250m: 17:53.42 | 44.00 |
| | 100m: 1:17.69 | 40.04 | 500m: 6:58.42 | 42.83 | 900m: 12:48.70 | 43.98 | 1300m: 18:37.47 | 44.05 |
| | 150m: 1:59.28 | 41.59 | 550m: 7:42.26 | 43.84 | 950m: 13:32.52 | 43.82 | 1350m: 19:21.39 | 43.92 |
| | 200m: 2:41.41 | 42.13 | 600m: 8:26.28 | 44.02 | 1000m: 14:15.85 | 43.33 | 1400m: 20:05.27 | 43.88 |
| | 250m: 3:23.98 | 42.57 | 650m: 9:09.75 | 43.47 | 1050m: 14:59.32 | 43.47 | 1450m: 20:48.30 | 43.03 |
| | 300m: 4:06.70 | 42.72 | 700m: 9:53.55 | 43.80 | 1100m: 15:43.04 | 43.72 | 1500m: 21:29.28 | 40.98 |
| | 350m: 4:49.54 | 42.84 | 750m: 10:37.88 | 44.33 | 1150m: 16:26.11 | 43.07 | | |
| | 400m: 5:32.61 | 43.07 | 800m: 11:21.36 | 43.48 | 1200m: 17:09.42 | 43.31 | | |

Masters 40+

| | | | | | | | | |
|----|------------------------------|----------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Kirsten Cameron | East Leeds | 17:01.66 | 1160788 | 17:09.60 | +0,78 | | |
| | <i>Kampioenschaps Record</i> | | | | | | | |
| | 50m: 32.43 | 32.43 | 450m: 5:09.78 | 34.47 | 850m: 9:44.30 | 34.29 | 1250m: 14:19.01 | 34.28 |
| | 100m: 1:06.15 | 33.72 | 500m: 5:44.48 | 34.70 | 900m: 10:18.56 | 34.26 | 1300m: 14:53.65 | 34.64 |
| | 150m: 1:41.03 | 34.88 | 550m: 6:18.60 | 34.12 | 950m: 10:53.05 | 34.49 | 1350m: 15:28.12 | 34.47 |
| | 200m: 2:16.11 | 35.08 | 600m: 6:52.84 | 34.24 | 1000m: 11:27.28 | 34.23 | 1400m: 16:02.52 | 34.40 |
| | 250m: 2:51.07 | 34.96 | 650m: 7:27.23 | 34.39 | 1050m: 12:01.28 | 34.00 | 1450m: 16:36.79 | 34.27 |
| | 300m: 3:25.77 | 34.70 | 700m: 8:01.49 | 34.26 | 1100m: 12:35.77 | 34.49 | 1500m: 17:09.60 | 32.81 |
| | 350m: 4:00.48 | 34.71 | 750m: 8:35.89 | 34.40 | 1150m: 13:10.38 | 34.61 | | |
| | 400m: 4:35.31 | 34.83 | 800m: 9:10.01 | 34.12 | 1200m: 13:44.73 | 34.35 | | |
| 2. | Grith Sigsgaard | DWK | 18:11.24 | 197200772 | 18:54.52 | +0,95 | | |
| | 50m: 33.76 | 33.76 | 450m: 5:31.91 | 37.78 | 850m: 10:33.94 | 37.77 | 1250m: 15:41.03 | 38.38 |
| | 100m: 1:10.73 | 36.97 | 500m: 6:09.40 | 37.49 | 900m: 11:12.01 | 38.07 | 1300m: 16:19.78 | 38.75 |
| | 150m: 1:48.08 | 37.35 | 550m: 6:46.98 | 37.58 | 950m: 11:50.37 | 38.36 | 1350m: 16:58.40 | 38.62 |
| | 200m: 2:25.16 | 37.08 | 600m: 7:24.83 | 37.85 | 1000m: 12:28.81 | 38.44 | 1400m: 17:36.87 | 38.47 |
| | 250m: 3:01.98 | 36.82 | 650m: 8:02.71 | 37.88 | 1050m: 13:07.01 | 38.20 | 1450m: 18:15.91 | 39.04 |
| | 300m: 3:39.13 | 37.15 | 700m: 8:40.24 | 37.53 | 1100m: 13:45.99 | 38.98 | 1500m: 18:54.52 | 38.61 |
| | 350m: 4:16.34 | 37.21 | 750m: 9:18.01 | 37.77 | 1150m: 14:23.88 | 37.89 | | |
| | 400m: 4:54.13 | 37.79 | 800m: 9:56.17 | 38.16 | 1200m: 15:02.65 | 38.77 | | |
| 3. | Liselotte Joling | PSV | 18:59.64 | 197500268 | 19:02.85 | +0,85 | | |
| | 50m: 33.92 | 33.92 | 450m: 5:34.12 | 37.72 | 850m: 10:40.79 | 38.34 | 1250m: 15:50.61 | 39.14 |
| | 100m: 1:11.08 | 37.16 | 500m: 6:12.24 | 38.12 | 900m: 11:19.59 | 38.80 | 1300m: 16:29.49 | 38.88 |
| | 150m: 1:48.64 | 37.56 | 550m: 6:50.39 | 38.15 | 950m: 11:58.09 | 38.50 | 1350m: 17:08.05 | 38.56 |
| | 200m: 2:26.38 | 37.74 | 600m: 7:28.60 | 38.21 | 1000m: 12:36.71 | 38.62 | 1400m: 17:47.12 | 39.07 |
| | 250m: 3:03.54 | 37.16 | 650m: 8:07.12 | 38.52 | 1050m: 13:15.25 | 38.54 | 1450m: 18:25.93 | 38.81 |
| | 300m: 3:41.03 | 37.49 | 700m: 8:45.25 | 38.13 | 1100m: 13:53.90 | 38.65 | 1500m: 19:02.85 | 36.92 |
| | 350m: 4:18.42 | 37.39 | 750m: 9:23.58 | 38.33 | 1150m: 14:32.61 | 38.71 | | |
| | 400m: 4:56.40 | 37.98 | 800m: 10:02.45 | 38.87 | 1200m: 15:11.47 | 38.86 | | |
| 4. | Pascalie Janssen | De Roersoppers | 22:44.18 | 197300852 | 22:39.37 | +0,93 | | |
| | 50m: 38.95 | 38.95 | 450m: 6:42.40 | 46.01 | 850m: 12:47.40 | 45.96 | 1250m: 18:53.25 | 45.83 |
| | 100m: 1:22.54 | 43.59 | 500m: 7:27.96 | 45.56 | 900m: 13:33.21 | 45.81 | 1300m: 19:39.00 | 45.75 |
| | 150m: 2:07.79 | 45.25 | 550m: 8:13.97 | 46.01 | 950m: 14:18.81 | 45.60 | 1350m: 20:24.85 | 45.85 |
| | 200m: 2:53.30 | 45.51 | 600m: 8:59.35 | 45.38 | 1000m: 15:04.69 | 45.88 | 1400m: 21:10.73 | 45.88 |
| | 250m: 3:38.97 | 45.67 | 650m: 9:44.73 | 45.38 | 1050m: 15:50.11 | 45.42 | 1450m: 21:56.53 | 45.80 |
| | 300m: 4:24.67 | 45.70 | 700m: 10:30.46 | 45.73 | 1100m: 16:35.77 | 45.66 | 1500m: 22:39.37 | 42.84 |
| | 350m: 5:10.44 | 45.77 | 750m: 11:15.69 | 45.23 | 1150m: 17:21.82 | 46.05 | | |
| | 400m: 5:56.39 | 45.95 | 800m: 12:01.44 | 45.75 | 1200m: 18:07.42 | 45.60 | | |

Programmanr. 2, Dames, 1500m vrije slag

Masters 45+

| | | | | | |
|--|-----------|----------------|-----------|-----------------|-------|
| 1. Karin Stein | ZVVS | 19:12.49 | 197100554 | 19:17.36 | +0,78 |
| <i>Nederlands Masters Record, 800m NMR</i> | | | | | |
| 50m: 34.97 | 34.97 | 450m: 5:39.24 | 38.81 | 850m: 10:50.19 | 38.93 |
| 100m: 1:12.28 | 37.31 | 500m: 6:17.88 | 38.64 | 900m: 11:29.70 | 39.51 |
| 150m: 1:50.04 | 37.76 | 550m: 6:56.62 | 38.74 | 950m: 12:08.52 | 38.82 |
| 200m: 2:28.15 | 38.11 | 600m: 7:35.41 | 38.79 | 1000m: 12:47.50 | 38.98 |
| 250m: 3:06.20 | 38.05 | 650m: 8:14.33 | 38.92 | 1050m: 13:26.93 | 39.43 |
| 300m: 3:44.18 | 37.98 | 700m: 8:53.44 | 39.11 | 1100m: 14:05.91 | 38.98 |
| 350m: 4:22.27 | 38.09 | 750m: 9:32.33 | 38.89 | 1150m: 14:45.37 | 39.46 |
| 400m: 5:00.43 | 38.16 | 800m: 10:11.26 | 38.93 | 1200m: 15:24.79 | 39.42 |
| 2. Annette de Visser | Oceanus | 19:53.60 | 197100602 | 20:15.11 | |
| 50m: 35.69 | 35.69 | 450m: 6:00.50 | 40.87 | 850m: 11:27.32 | 40.71 |
| 100m: 1:14.80 | 39.11 | 500m: 6:41.24 | 40.74 | 900m: 12:07.94 | 40.62 |
| 150m: 1:55.39 | 40.59 | 550m: 7:22.35 | 41.11 | 950m: 12:48.93 | 40.99 |
| 200m: 2:36.07 | 40.68 | 600m: 8:03.35 | 41.00 | 1000m: 13:29.79 | 40.86 |
| 250m: 3:16.89 | 40.82 | 650m: 8:44.03 | 40.68 | 1050m: 14:10.26 | 40.47 |
| 300m: 3:57.62 | 40.73 | 700m: 9:25.09 | 41.06 | 1100m: 14:50.82 | 40.56 |
| 350m: 4:38.58 | 40.96 | 750m: 10:06.19 | 41.10 | 1150m: 15:31.49 | 40.67 |
| 400m: 5:19.63 | 41.05 | 800m: 10:46.61 | 40.42 | 1200m: 16:12.16 | 40.67 |
| 3. Annet Kootstra | Swol 1894 | 24:46.09 | 197100344 | 23:31.82 | +0,95 |
| 50m: 40.54 | 40.54 | 450m: 6:51.11 | 47.45 | 850m: 13:09.68 | 47.77 |
| 100m: 1:25.62 | 45.08 | 500m: 7:38.65 | 47.54 | 900m: 13:57.05 | 47.37 |
| 150m: 2:11.33 | 45.71 | 550m: 8:26.15 | 47.50 | 950m: 14:44.77 | 47.72 |
| 200m: 2:57.07 | 45.74 | 600m: 9:12.88 | 46.73 | 1000m: 15:32.76 | 47.99 |
| 250m: 3:43.43 | 46.36 | 650m: 10:00.06 | 47.18 | 1050m: 16:20.58 | 47.82 |
| 300m: 4:29.80 | 46.37 | 700m: 10:47.19 | 47.13 | 1100m: 17:08.42 | 47.84 |
| 350m: 5:16.66 | 46.86 | 750m: 11:34.57 | 47.38 | 1150m: 17:56.10 | 47.68 |
| 400m: 6:03.66 | 47.00 | 800m: 12:21.91 | 47.34 | 1200m: 18:43.83 | 47.73 |
| 4. Hetty Smalheer | SCOM | 24:32.20 | 196700352 | 24:43.75 | +0,99 |
| <i>100m*, 800m*</i> | | | | | |
| 50m: 42.41 | 42.41 | 450m: 7:16.28 | 50.16 | 850m: 13:57.78 | 49.36 |
| 100m: 1:29.28 | 46.87 | 500m: 8:06.27 | 49.99 | 900m: 14:49.28 | 51.50 |
| 150m: 2:18.05 | 48.77 | 550m: 8:57.23 | 50.96 | 950m: 15:39.29 | 50.01 |
| 200m: 3:06.68 | 48.63 | 600m: 9:47.46 | 50.23 | 1000m: 16:29.15 | 49.86 |
| 250m: 3:56.32 | 49.64 | 650m: 10:36.59 | 49.13 | 1050m: 17:18.95 | 49.80 |
| 300m: 4:46.13 | 49.81 | 700m: 11:26.90 | 50.31 | 1100m: 18:09.44 | 50.49 |
| 350m: 5:35.98 | 49.85 | 750m: 12:17.89 | 50.99 | 1150m: 18:59.07 | 49.63 |
| 400m: 6:26.12 | 50.14 | 800m: 13:08.42 | 50.53 | 1200m: 19:49.68 | 50.61 |
| 5. Ymke Snellen van Vollenhoven | PSV | 26:03.02 | 196800836 | 25:38.00 | |
| 50m: 43.00 | 43.00 | 450m: 7:29.37 | 50.96 | 850m: 14:22.75 | 51.88 |
| 100m: 1:31.03 | 48.03 | 500m: 8:20.78 | 51.41 | 900m: 15:14.41 | 51.66 |
| 150m: 2:21.14 | 50.11 | 550m: 9:12.13 | 51.35 | 950m: 16:07.43 | 53.02 |
| 200m: 3:11.19 | 50.05 | 600m: 10:03.36 | 51.23 | 1000m: 16:59.57 | 52.14 |
| 250m: 4:02.80 | 51.61 | 650m: 10:55.05 | 51.69 | 1050m: 17:51.62 | 52.05 |
| 300m: 4:54.79 | 51.99 | 700m: 11:46.36 | 51.31 | 1100m: 18:43.87 | 52.25 |
| 350m: 5:47.16 | 52.37 | 750m: 12:38.49 | 52.13 | 1150m: 19:36.55 | 52.68 |
| 400m: 6:38.41 | 51.25 | 800m: 13:30.87 | 52.38 | 1200m: 20:27.70 | 51.15 |
| 6. Greta Wyma-Teitsma | DWK | 27:55.46 | 197100696 | 26:49.75 | +0,80 |
| 50m: 45.89 | 45.89 | 450m: 7:48.14 | 53.71 | 850m: 14:59.67 | 53.20 |
| 100m: 1:37.45 | 51.56 | 500m: 8:42.31 | 54.17 | 900m: 15:53.00 | 53.33 |
| 150m: 2:29.45 | 52.00 | 550m: 9:35.65 | 53.34 | 950m: 16:47.69 | 54.69 |
| 200m: 3:21.30 | 51.85 | 600m: 10:30.53 | 54.88 | 1000m: 17:40.78 | 53.09 |
| 250m: 4:14.49 | 53.19 | 650m: 11:24.23 | 53.70 | 1050m: 18:34.07 | 53.29 |
| 300m: 5:07.06 | 52.57 | 700m: 12:18.01 | 53.78 | 1100m: 19:29.27 | 55.20 |
| 350m: 6:01.66 | 54.60 | 750m: 13:13.24 | 55.23 | 1150m: 20:24.40 | 55.13 |
| 400m: 6:54.43 | 52.77 | 800m: 14:06.47 | 53.23 | 1200m: 21:19.67 | 55.27 |

Masters 50+

| | | | | | |
|------------------|----------------|----------------|-----------|-----------------|-------|
| 1. Wilna Heijman | Steenwijk 1934 | 21:38.54 | 196400506 | 21:32.56 | +0,88 |
| 50m: 37.50 | 37.50 | 450m: 6:16.20 | 42.72 | 850m: 12:01.56 | 43.24 |
| 100m: 1:18.31 | 40.81 | 500m: 6:58.92 | 42.72 | 900m: 12:45.79 | 44.23 |
| 150m: 1:59.95 | 41.64 | 550m: 7:41.90 | 42.98 | 950m: 13:29.49 | 43.70 |
| 200m: 2:42.46 | 42.51 | 600m: 8:24.87 | 42.97 | 1000m: 14:13.10 | 43.61 |
| 250m: 3:24.82 | 42.36 | 650m: 9:08.03 | 43.16 | 1050m: 14:56.97 | 43.87 |
| 300m: 4:07.64 | 42.82 | 700m: 9:51.20 | 43.17 | 1100m: 15:40.77 | 43.80 |
| 350m: 4:50.54 | 42.90 | 750m: 10:34.89 | 43.69 | 1150m: 16:24.75 | 43.98 |
| 400m: 5:33.48 | 42.94 | 800m: 11:18.32 | 43.43 | 1200m: 17:08.85 | 44.10 |

Programmanr. 2, Dames, 1500m vrije slag, Masters 50+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|------------------------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 2. | K. van Nassau van den Heuvel | Old Dutch | 23:43.49 | 196600188 | 24:05.44 | +0,94 | | |
| | 50m: 42.86 | 42.86 | 450m: 7:03.70 | 48.69 | 850m: 13:33.38 | 48.56 | 1250m: 20:01.04 | 47.76 |
| | 100m: 1:29.18 | 46.32 | 500m: 7:51.90 | 48.20 | 900m: 14:22.31 | 48.93 | 1300m: 20:50.43 | 49.39 |
| | 150m: 2:16.02 | 46.84 | 550m: 8:40.64 | 48.74 | 950m: 15:11.08 | 48.77 | 1350m: 21:39.69 | 49.26 |
| | 200m: 3:03.48 | 47.46 | 600m: 9:29.38 | 48.74 | 1000m: 16:00.40 | 49.32 | 1400m: 22:29.70 | 50.01 |
| | 250m: 3:50.99 | 47.51 | 650m: 10:19.39 | 50.01 | 1050m: 16:48.52 | 48.12 | 1450m: 23:18.32 | 48.62 |
| | 300m: 4:38.83 | 47.84 | 700m: 11:07.86 | 48.47 | 1100m: 17:36.72 | 48.20 | 1500m: 24:05.44 | 47.12 |
| | 350m: 5:26.70 | 47.87 | 750m: 11:56.45 | 48.59 | 1150m: 18:24.82 | 48.10 | | |
| | 400m: 6:15.01 | 48.31 | 800m: 12:44.82 | 48.37 | 1200m: 19:13.28 | 48.46 | | |

| | | | | | | | | |
|----|---------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 3. | Nicky Slinger | HPC | 24:42.68 | 196600316 | 24:09.32 | +0,98 | | |
| | 50m: 40.65 | 40.65 | 450m: 7:00.71 | 48.90 | 850m: 13:31.64 | 48.64 | 1250m: 20:05.72 | 49.72 |
| | 100m: 1:25.37 | 44.72 | 500m: 7:49.97 | 49.26 | 900m: 14:20.69 | 49.05 | 1300m: 20:54.81 | 49.09 |
| | 150m: 2:11.52 | 46.15 | 550m: 8:38.54 | 48.57 | 950m: 15:10.25 | 49.56 | 1350m: 21:44.14 | 49.33 |
| | 200m: 2:58.95 | 47.43 | 600m: 9:27.62 | 49.08 | 1000m: 15:59.62 | 49.37 | 1400m: 22:33.47 | 49.33 |
| | 250m: 3:46.63 | 47.68 | 650m: 10:16.77 | 49.15 | 1050m: 16:48.82 | 49.20 | 1450m: 23:22.46 | 48.99 |
| | 300m: 4:34.76 | 48.13 | 700m: 11:05.20 | 48.43 | 1100m: 17:37.73 | 48.91 | 1500m: 24:09.32 | 46.86 |
| | 350m: 5:23.44 | 48.68 | 750m: 11:53.83 | 48.63 | 1150m: 18:26.84 | 49.11 | | |
| | 400m: 6:11.81 | 48.37 | 800m: 12:43.00 | 49.17 | 1200m: 19:16.00 | 49.16 | | |

Masters 55+

| | | | | | | | | |
|----|----------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Patty Verhagen | PSV | 21:14.97 | 195900146 | 22:00.32 | +0,94 | | |
| | 50m: 40.03 | 40.03 | 450m: 6:29.39 | 44.33 | 850m: 12:23.31 | 44.08 | 1250m: 18:18.86 | 44.35 |
| | 100m: 1:22.74 | 42.71 | 500m: 7:13.78 | 44.39 | 900m: 13:07.83 | 44.52 | 1300m: 19:03.67 | 44.81 |
| | 150m: 2:05.91 | 43.17 | 550m: 7:57.93 | 44.15 | 950m: 13:51.78 | 43.95 | 1350m: 19:48.52 | 44.85 |
| | 200m: 2:49.58 | 43.67 | 600m: 8:42.62 | 44.69 | 1000m: 14:36.04 | 44.26 | 1400m: 20:32.89 | 44.37 |
| | 250m: 3:33.35 | 43.77 | 650m: 9:26.60 | 43.98 | 1050m: 15:20.84 | 44.80 | 1450m: 21:17.27 | 44.38 |
| | 300m: 4:17.21 | 43.86 | 700m: 10:10.79 | 44.19 | 1100m: 16:05.60 | 44.76 | 1500m: 22:00.32 | 43.05 |
| | 350m: 5:00.92 | 43.71 | 750m: 10:55.05 | 44.26 | 1150m: 16:50.23 | 44.63 | | |
| | 400m: 5:45.06 | 44.14 | 800m: 11:39.23 | 44.18 | 1200m: 17:34.51 | 44.28 | | |

| | | | | | | | | |
|----|----------------|---------|----------------|-----------|-----------------|-------|-----------------|-------|
| 2. | Katinka Elders | Oceanus | 24:33.62 | 196000292 | 24:32.02 | +0,82 | | |
| | 50m: 41.90 | 41.90 | 450m: 7:10.03 | 49.24 | 850m: 13:46.14 | 49.74 | 1250m: 20:26.05 | 50.60 |
| | 100m: 1:28.29 | 46.39 | 500m: 7:59.66 | 49.63 | 900m: 14:36.83 | 50.69 | 1300m: 21:15.96 | 49.91 |
| | 150m: 2:16.54 | 48.25 | 550m: 8:48.88 | 49.22 | 950m: 15:26.42 | 49.59 | 1350m: 22:05.69 | 49.73 |
| | 200m: 3:05.07 | 48.53 | 600m: 9:38.46 | 49.58 | 1000m: 16:16.56 | 50.14 | 1400m: 22:55.67 | 49.98 |
| | 250m: 3:54.06 | 48.99 | 650m: 10:27.57 | 49.11 | 1050m: 17:05.82 | 49.26 | 1450m: 23:46.25 | 50.58 |
| | 300m: 4:43.46 | 49.40 | 700m: 11:17.42 | 49.85 | 1100m: 17:56.44 | 50.62 | 1500m: 24:32.02 | 45.77 |
| | 350m: 5:32.06 | 48.60 | 750m: 12:06.71 | 49.29 | 1150m: 18:45.74 | 49.30 | | |
| | 400m: 6:20.79 | 48.73 | 800m: 12:56.40 | 49.69 | 1200m: 19:35.45 | 49.71 | | |

| | | | | | | | | |
|----|-------------------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 3. | Jennie Resink-Lindeboom | DWK | 25:59.59 | 196000142 | 25:10.60 | | | |
| | 50m: 43.54 | 43.54 | 450m: 7:29.04 | 50.68 | 850m: 14:15.38 | 50.14 | 1250m: 21:02.63 | 51.19 |
| | 100m: 1:32.56 | 49.02 | 500m: 8:20.00 | 50.96 | 900m: 15:06.62 | 51.24 | 1300m: 21:53.26 | 50.63 |
| | 150m: 2:22.77 | 50.21 | 550m: 9:10.86 | 50.86 | 950m: 15:57.10 | 50.48 | 1350m: 22:43.97 | 50.71 |
| | 200m: 3:13.55 | 50.78 | 600m: 10:01.32 | 50.46 | 1000m: 16:48.14 | 51.04 | 1400m: 23:34.49 | 50.52 |
| | 250m: 4:04.55 | 51.00 | 650m: 10:52.12 | 50.80 | 1050m: 17:38.68 | 50.54 | 1450m: 24:24.28 | 49.79 |
| | 300m: 4:56.31 | 51.76 | 700m: 11:43.02 | 50.90 | 1100m: 18:29.36 | 50.68 | 1500m: 25:10.60 | 46.32 |
| | 350m: 5:47.40 | 51.09 | 750m: 12:34.32 | 51.30 | 1150m: 19:20.39 | 51.03 | | |
| | 400m: 6:38.36 | 50.96 | 800m: 13:25.24 | 50.92 | 1200m: 20:11.44 | 51.05 | | |

| | | | | | | | | |
|----|------------------|-----------|----------------|-----------|-----------------|-------|-----------------|-------|
| 4. | Marjan Spoelstra | Swol 1894 | 25:16.27 | 196000236 | 26:03.82 | +0,87 | | |
| | 50m: 46.01 | 46.01 | 450m: 7:41.72 | 52.24 | 850m: 14:40.08 | 52.04 | 1250m: 21:41.56 | 52.47 |
| | 100m: 1:36.25 | 50.24 | 500m: 8:34.25 | 52.53 | 900m: 15:32.15 | 52.07 | 1300m: 22:33.41 | 51.85 |
| | 150m: 2:27.87 | 51.62 | 550m: 9:26.48 | 52.23 | 950m: 16:24.60 | 52.45 | 1350m: 23:25.95 | 52.54 |
| | 200m: 3:19.94 | 52.07 | 600m: 10:18.89 | 52.41 | 1000m: 17:17.52 | 52.92 | 1400m: 24:18.69 | 52.74 |
| | 250m: 4:11.91 | 51.97 | 650m: 11:11.27 | 52.38 | 1050m: 18:09.83 | 52.31 | 1450m: 25:11.37 | 52.68 |
| | 300m: 5:04.16 | 52.25 | 700m: 12:03.58 | 52.31 | 1100m: 19:02.92 | 53.09 | 1500m: 26:03.82 | 52.45 |
| | 350m: 5:56.65 | 52.49 | 750m: 12:55.98 | 52.40 | 1150m: 19:56.34 | 53.42 | | |
| | 400m: 6:49.48 | 52.83 | 800m: 13:48.04 | 52.06 | 1200m: 20:49.09 | 52.75 | | |

Masters 60+

| | | | | | | | | |
|----|---------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Ineke Weekers | PSV | 21:51.85 | 195300050 | 22:17.34 | +0,81 | | |
| | 50m: 40.42 | 40.42 | 450m: 6:35.90 | 45.04 | 850m: 12:33.63 | 44.63 | 1250m: 18:33.48 | 45.23 |
| | 100m: 1:24.29 | 43.87 | 500m: 7:20.68 | 44.78 | 900m: 13:18.18 | 44.55 | 1300m: 19:18.42 | 44.94 |
| | 150m: 2:08.34 | 44.05 | 550m: 8:05.60 | 44.92 | 950m: 14:03.16 | 44.98 | 1350m: 20:03.45 | 45.03 |
| | 200m: 2:52.98 | 44.64 | 600m: 8:50.37 | 44.77 | 1000m: 14:48.21 | 45.05 | 1400m: 20:48.28 | 44.83 |
| | 250m: 3:37.32 | 44.34 | 650m: 9:35.14 | 44.77 | 1050m: 15:33.37 | 45.16 | 1450m: 21:33.43 | 45.15 |
| | 300m: 4:21.70 | 44.38 | 700m: 10:19.68 | 44.54 | 1100m: 16:18.27 | 44.90 | 1500m: 22:17.34 | 43.91 |
| | 350m: 5:06.41 | 44.71 | 750m: 11:04.30 | 44.62 | 1150m: 17:03.48 | 45.21 | | |
| | 400m: 5:50.86 | 44.45 | 800m: 11:49.00 | 44.70 | 1200m: 17:48.25 | 44.77 | | |

Programmanr. 2, Dames, 1500m vrije slag, Masters 60+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|----------------|-------------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 2. | Margriet Pasma | Inktvis-De Pinquin (SG) | 22:53.43 | 195500088 | 23:04.42 | +0,98 | | |
| | 50m: 41.92 | 41.92 | 450m: 6:52.60 | 46.41 | 850m: 13:03.87 | 46.72 | 1250m: 19:14.91 | 46.37 |
| | 100m: 1:27.48 | 45.56 | 500m: 7:39.33 | 46.73 | 900m: 13:49.68 | 45.81 | 1300m: 20:01.10 | 46.19 |
| | 150m: 2:13.66 | 46.18 | 550m: 8:25.79 | 46.46 | 950m: 14:36.01 | 46.33 | 1350m: 20:47.61 | 46.51 |
| | 200m: 3:00.54 | 46.88 | 600m: 9:12.45 | 46.66 | 1000m: 15:22.18 | 46.17 | 1400m: 21:33.72 | 46.11 |
| | 250m: 3:46.85 | 46.31 | 650m: 9:58.89 | 46.44 | 1050m: 16:08.78 | 46.60 | 1450m: 22:19.72 | 46.00 |
| | 300m: 4:33.19 | 46.34 | 700m: 10:44.60 | 45.71 | 1100m: 16:55.17 | 46.39 | 1500m: 23:04.42 | 44.70 |
| | 350m: 5:19.69 | 46.50 | 750m: 11:30.66 | 46.06 | 1150m: 17:41.86 | 46.69 | | |
| | 400m: 6:06.19 | 46.50 | 800m: 12:17.15 | 46.49 | 1200m: 18:28.54 | 46.68 | | |

| | | | | | | | | |
|----|---------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 3. | Monica Bakker | ZVZ | 22:54.02 | 195600082 | 23:59.46 | +1,01 | | |
| | 50m: 42.14 | 42.14 | 450m: 7:03.01 | 48.28 | 850m: 13:30.53 | 48.23 | 1250m: 19:59.11 | 49.02 |
| | 100m: 1:28.00 | 45.86 | 500m: 7:51.64 | 48.63 | 900m: 14:18.56 | 48.03 | 1300m: 20:47.73 | 48.62 |
| | 150m: 2:14.65 | 46.65 | 550m: 8:39.90 | 48.26 | 950m: 15:07.21 | 48.65 | 1350m: 21:36.40 | 48.67 |
| | 200m: 3:01.55 | 46.90 | 600m: 9:28.65 | 48.75 | 1000m: 15:55.76 | 48.55 | 1400m: 22:25.09 | 48.69 |
| | 250m: 3:49.45 | 47.90 | 650m: 10:16.80 | 48.15 | 1050m: 16:44.39 | 48.63 | 1450m: 23:12.80 | 47.71 |
| | 300m: 4:37.47 | 48.02 | 700m: 11:05.48 | 48.68 | 1100m: 17:33.02 | 48.63 | 1500m: 23:59.46 | 46.66 |
| | 350m: 5:26.29 | 48.82 | 750m: 11:53.50 | 48.02 | 1150m: 18:21.42 | 48.40 | | |
| | 400m: 6:14.73 | 48.44 | 800m: 12:42.30 | 48.80 | 1200m: 19:10.09 | 48.67 | | |

Masters 65+

| | | | | | | | | |
|----|---------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Gonnie Bak | PSV | 28:48.82 | 195100064 | 28:54.87 | +1,02 | | |
| | 50m: 49.54 | 49.54 | 450m: 8:28.68 | 58.34 | 850m: 16:13.54 | 57.80 | 1250m: 24:03.64 | 59.58 |
| | 100m: 1:46.01 | 56.47 | 500m: 9:27.25 | 58.57 | 900m: 17:12.81 | 59.27 | 1300m: 25:01.78 | 58.14 |
| | 150m: 2:42.81 | 56.80 | 550m: 10:25.51 | 58.26 | 950m: 18:11.87 | 59.06 | 1350m: 26:01.12 | 59.34 |
| | 200m: 3:40.71 | 57.90 | 600m: 11:23.66 | 58.15 | 1000m: 19:10.42 | 58.55 | 1400m: 26:59.96 | 58.84 |
| | 250m: 4:38.07 | 57.36 | 650m: 12:21.29 | 57.63 | 1050m: 20:08.85 | 58.43 | 1450m: 27:58.27 | 58.31 |
| | 300m: 5:35.09 | 57.02 | 700m: 13:20.13 | 58.84 | 1100m: 21:07.34 | 58.49 | 1500m: 28:54.87 | 56.60 |
| | 350m: 6:32.65 | 57.56 | 750m: 14:18.29 | 58.16 | 1150m: 22:06.40 | 59.06 | | |
| | 400m: 7:30.34 | 57.69 | 800m: 15:15.74 | 57.45 | 1200m: 23:04.06 | 57.66 | | |

Masters 70+

| | | | | | | | | |
|----|--------------------|-----------|----------------|-----------|-----------------|---------|-----------------|---------|
| 1. | Annie Smits | PSV | 31:43.56 | 194600016 | 30:21.97 | +1,37 | | |
| | 50m: 56.31 | 56.31 | 450m: 9:09.04 | 1:02.00 | 850m: 17:21.91 | 1:00.84 | 1250m: 25:26.75 | 1:00.10 |
| | 100m: 1:56.09 | 59.78 | 500m: 10:10.82 | 1:01.78 | 900m: 18:22.70 | 1:00.79 | 1300m: 26:26.76 | 1:00.01 |
| | 150m: 2:57.43 | 1:01.34 | 550m: 11:12.84 | 1:02.02 | 950m: 19:23.38 | 1:00.68 | 1350m: 27:26.01 | 59.25 |
| | 200m: 3:59.24 | 1:01.81 | 600m: 12:14.83 | 1:01.99 | 1000m: 20:24.11 | 1:00.73 | 1400m: 28:25.51 | 59.50 |
| | 250m: 5:01.32 | 1:02.08 | 650m: 13:16.91 | 1:02.08 | 1050m: 21:24.96 | 1:00.85 | 1450m: 29:25.26 | 59.75 |
| | 300m: 6:03.30 | 1:01.98 | 700m: 14:18.40 | 1:01.49 | 1100m: 22:25.90 | 1:00.94 | 1500m: 30:21.97 | 56.71 |
| | 350m: 7:05.24 | 1:01.94 | 750m: 15:19.90 | 1:01.50 | 1150m: 23:26.27 | 1:00.37 | | |
| | 400m: 8:07.04 | 1:01.80 | 800m: 16:21.07 | 1:01.17 | 1200m: 24:26.65 | 1:00.38 | | |
| 2. | Matty van der Veen | Old Dutch | 30:15.56 | 194400020 | 32:12.41 | +1,22 | | |
| | 50m: 52.69 | 52.69 | 450m: 9:06.08 | 1:03.49 | 850m: 17:44.96 | 1:05.81 | 1250m: 26:35.19 | 1:06.33 |
| | 100m: 1:49.77 | 57.08 | 500m: 10:10.09 | 1:04.01 | 900m: 18:50.24 | 1:05.28 | 1300m: 27:43.27 | 1:08.08 |
| | 150m: 2:50.29 | 1:00.52 | 550m: 11:14.48 | 1:04.39 | 950m: 19:55.63 | 1:05.39 | 1350m: 28:50.36 | 1:07.09 |
| | 200m: 3:51.56 | 1:01.27 | 600m: 12:19.41 | 1:04.93 | 1000m: 21:02.35 | 1:06.72 | 1400m: 29:57.85 | 1:07.49 |
| | 250m: 4:53.28 | 1:01.72 | 650m: 13:23.67 | 1:04.26 | 1050m: 22:08.72 | 1:06.37 | 1450m: 31:05.76 | 1:07.91 |
| | 300m: 5:55.79 | 1:02.51 | 700m: 14:28.33 | 1:04.66 | 1100m: 23:14.78 | 1:06.06 | 1500m: 32:12.41 | 1:06.65 |
| | 350m: 6:59.07 | 1:03.28 | 750m: 15:33.94 | 1:05.61 | 1150m: 24:21.63 | 1:06.85 | | |
| | 400m: 8:02.59 | 1:03.52 | 800m: 16:39.15 | 1:05.21 | 1200m: 25:28.86 | 1:07.23 | | |

Masters 80+

| | | | | | | | | |
|----|------------------------------|-----------|----------------|-----------|-----------------|---------|-----------------|---------|
| 1. | Annie de Vos | Old Dutch | 38:07.43 | 193400004 | 36:34.78 | | | |
| | <i>Kampioenschaps Record</i> | | | | | | | |
| | 50m: 1:05.07 | 1:05.07 | 450m: 10:42.48 | 1:13.00 | 850m: 20:29.87 | 1:13.52 | 1250m: 30:21.52 | 1:14.60 |
| | 100m: 2:15.17 | 1:10.10 | 500m: 11:54.92 | 1:12.44 | 900m: 21:42.96 | 1:13.09 | 1300m: 31:35.15 | 1:13.63 |
| | 150m: 3:27.56 | 1:12.39 | 550m: 13:08.65 | 1:13.73 | 950m: 22:56.31 | 1:13.35 | 1350m: 32:50.05 | 1:14.90 |
| | 200m: 4:39.41 | 1:11.85 | 600m: 14:21.86 | 1:13.21 | 1000m: 24:10.66 | 1:14.35 | 1400m: 34:04.78 | 1:14.73 |
| | 250m: 5:51.82 | 1:12.41 | 650m: 15:35.90 | 1:14.04 | 1050m: 25:24.60 | 1:13.94 | 1450m: 35:20.19 | 1:15.41 |
| | 300m: 7:05.09 | 1:13.27 | 700m: 16:49.56 | 1:13.66 | 1100m: 26:38.42 | 1:13.82 | 1500m: 36:34.78 | 1:14.59 |
| | 350m: 8:17.36 | 1:12.27 | 750m: 18:02.76 | 1:13.20 | 1150m: 27:52.31 | 1:13.89 | | |
| | 400m: 9:29.48 | 1:12.12 | 800m: 19:16.35 | 1:13.59 | 1200m: 29:06.92 | 1:14.61 | | |

2 - ONMK 2016 kb sessie 2

22-01-2016 - 9:00

Programmanr. 4
22-01-2016 - 9:00

Dames, 400m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|-----------------------------|-------------------------|--------------------------------|--------------------------------|--------------------------------|----------------|
| Masters 20+ | | | | | | |
| 1. | Melissa van der Geld | AquAmigos | 4:46.83 | 199506250 | 4:42.60 | +0,68 |
| | 50m: 30.87 100m: 1:04.78 | 30.87 33.91 | 150m: 1:40.63 200m: 2:17.28 | 250m: 2:53.91 300m: 3:30.72 | 350m: 4:07.68 400m: 4:42.60 | 36.96 34.92 |
| 2. | Fraukje Puts | HZ&PC Heerenveen | 4:51.33 | 199206470 | 4:43.67 | +0,81 |
| | 50m: 31.90 100m: 1:06.50 | 31.90 34.60 | 150m: 1:41.85 200m: 2:17.91 | 250m: 2:54.29 300m: 3:31.09 | 350m: 4:07.95 400m: 4:43.67 | 36.86 35.72 |
| 3. | Désirée Emmen | De Warande | 4:45.51 | 199204862 | 4:47.98 | +0,71 |
| | 50m: 32.11 100m: 1:07.58 | 32.11 35.47 | 150m: 1:43.54 200m: 2:20.21 | 250m: 2:56.87 300m: 3:33.78 | 350m: 4:11.51 400m: 4:47.98 | 37.73 36.47 |
| 4. | Iris Pijtak | ZPC AMERSFOORT | 4:38.90 | 199300602 | 4:54.08 | +0,78 |
| | 50m: 32.51 100m: 1:08.52 | 32.51 36.01 | 150m: 1:45.94 200m: 2:23.37 | 250m: 3:01.36 300m: 3:39.75 | 350m: 4:17.77 400m: 4:54.08 | 38.02 36.31 |
| 5. | Janine de Groot | Nova | 5:02.19 | 199500092 | 4:54.10 | |
| | 50m: 32.85 100m: 1:09.40 | 32.85 36.55 | 150m: 1:46.72 200m: 2:24.20 | 250m: 3:01.89 300m: 3:39.55 | 350m: 4:17.38 400m: 4:54.10 | 37.83 36.72 |
| 6. | Moniek Heemskerk | LZ 1886 | 4:52.72 | 199601964 | 4:55.99 | +0,70 |
| | 50m: 32.68 100m: 1:09.30 | 32.68 36.62 | 150m: 1:46.77 200m: 2:24.51 | 250m: 3:02.45 300m: 3:40.26 | 350m: 4:18.21 400m: 4:55.99 | 37.95 37.78 |
| 7. | Beau Rijpers | Swol 1894 | 4:56.99 | 199402638 | 5:00.23 | +0,73 |
| | 50m: 33.41 100m: 1:09.95 | 33.41 36.54 | 150m: 1:47.61 200m: 2:25.81 | 250m: 3:04.33 300m: 3:43.24 | 350m: 4:22.12 400m: 5:00.23 | 38.88 38.11 |
| 8. | Amber Reijm | The Hague Swimming (SG) | 5:08.11 | 199405434 | 5:01.06 | +0,82 |
| | 50m: 34.58 100m: 1:12.27 | 34.58 37.69 | 150m: 1:50.73 200m: 2:29.16 | 250m: 3:07.56 300m: 3:46.33 | 350m: 4:24.99 400m: 5:01.06 | 38.66 36.07 |
| 9. | Aylin van Uffelen | ZPB H&L Productions | 4:56.66 | 199600352 | 5:05.16 | +0,75 |
| | 50m: 34.37 100m: 1:11.69 | 34.37 37.32 | 150m: 1:49.52 200m: 2:27.82 | 250m: 3:06.87 300m: 3:46.57 | 350m: 4:26.65 400m: 5:05.16 | 40.08 38.51 |
| 10. | Naomi van Gool | LZ 1886 | 5:29.89 | 199505166 | 5:26.52 | +0,77 |
| | 50m: 34.56 100m: 1:13.80 | 34.56 39.24 | 150m: 1:54.70 200m: 2:36.65 | 250m: 3:19.33 300m: 4:01.95 | 350m: 4:45.07 400m: 5:26.52 | 43.12 41.45 |
| 11. | Lieke Janssen | NIMO | 5:22.43 | 199305954 | 5:29.47 | +0,90 |
| | 50m: 35.66 100m: 1:16.18 | 35.66 40.52 | 150m: 1:57.44 200m: 2:39.60 | 250m: 3:22.50 300m: 4:05.30 | 350m: 4:48.21 400m: 5:29.47 | 42.91 41.26 |
| 12. | Romy Pansters | ZPC AMERSFOORT | 5:27.80 | 199605900 | 5:30.98 | +0,80 |
| | 50m: 37.47 100m: 1:18.53 | 37.47 41.06 | 150m: 2:01.11 200m: 2:43.97 | 250m: 3:25.85 300m: 4:08.57 | 350m: 4:50.76 400m: 5:30.98 | 42.19 40.22 |
| 13. | Nieske Janssen | NIMO | 5:26.16 | 199601328 | 5:31.66 | +0,86 |
| | 50m: 36.29 100m: 1:17.48 | 36.29 41.19 | 150m: 1:59.08 200m: 2:41.55 | 250m: 3:24.51 300m: 4:07.11 | 350m: 4:49.38 400m: 5:31.66 | 42.27 42.28 |
| 14. | Ilse Blankvoort | Steenwijk 1934 | 5:50.45 | 199204458 | 5:40.48 | +0,74 |
| | 50m: 38.00 100m: 1:19.14 | 38.00 41.14 | 150m: 2:00.96 200m: 2:44.39 | 250m: 3:28.27 300m: 4:12.72 | 350m: 4:57.42 400m: 5:40.48 | 44.70 43.06 |
| 15. | Djamari Oetringer | Hydrofiel | 5:46.75 | 199600546 | 5:49.29 | +0,80 |
| | 50m: 36.47 100m: 1:18.04 | 36.47 41.57 | 150m: 2:01.91 200m: 2:46.54 | 250m: 3:32.18 300m: 4:18.88 | 350m: 5:04.97 400m: 5:49.29 | 46.09 44.32 |
| 16. | Rebecca Evers | ZOB'66 | 5:44.11 | 199207916 | 5:51.65 | +0,86 |
| | 50m: 38.18 100m: 1:20.70 | 38.18 42.52 | 150m: 2:04.96 200m: 2:50.15 | 250m: 3:35.56 300m: 4:21.44 | 350m: 5:07.21 400m: 5:51.65 | 45.77 44.44 |
| 17. | Daniëlle de Klein | DWF | 5:51.81 | 199404786 | 6:00.60 * | +0,87 |
| | 50m: 38.55 100m: 1:22.53 | 38.55 43.98 | 150m: 2:07.81 200m: 2:54.30 | 250m: 3:39.92 300m: 4:27.29 | 350m: 5:15.09 400m: 6:00.60 | 47.80 45.51 |
| 18. | Talitha Boelen | DWF | 6:06.00 | 199502910 | 6:14.52 | +0,84 |
| | 50m: 41.74 100m: 1:27.85 | 41.74 46.11 | 150m: 2:14.93 200m: 3:02.29 | 250m: 3:50.58 300m: 4:39.86 | 350m: 5:28.86 400m: 6:14.52 | 49.00 45.66 |
| 19. | Cynthia van Veen | ZPC Woerden | 6:25.32 | 199606736 | 6:15.34 | +0,73 |
| | 50m: 38.31 100m: 1:22.56 | 38.31 44.25 | 150m: 2:08.56 200m: 2:57.47 | 250m: 3:46.80 300m: 4:36.27 | 350m: 5:26.14 400m: 6:15.34 | 49.87 49.20 |

Programmanr. 4, Dames, 400m vrije slag, Masters 20+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|------------------|------------|---------------|-----------|----------------|-------|---------------|-------|
| 20. | Claudia Creemers | RZ | 6:10.64 | 199202864 | 6:52.17 | +0,77 | | |
| | 50m: 40.22 | 40.22 | 150m: 2:18.62 | 51.07 | 250m: 4:07.36 | 55.39 | 350m: 5:59.52 | 55.87 |
| | 100m: 1:27.55 | 47.33 | 200m: 3:11.97 | 53.35 | 300m: 5:03.65 | 56.29 | 400m: 6:52.17 | 52.65 |

Masters 25+

| | | | | | | | | |
|-----|------------------------|---------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Marlijn Hendriksen | Arethusa | 4:41.05 | 198806828 | 4:36.04 | +0,71 | | |
| | 50m: 33.39 | 33.39 | 150m: 1:44.04 | 35.38 | 250m: 2:53.49 | 34.76 | 350m: 4:02.56 | 34.38 |
| | 100m: 1:08.66 | 35.27 | 200m: 2:18.73 | 34.69 | 300m: 3:28.18 | 34.69 | 400m: 4:36.04 | 33.48 |
| 2. | Wendan Poelstra | TriVia | 4:40.42 | 199102496 | 4:38.93 | +0,72 | | |
| | 50m: 31.99 | 31.99 | 150m: 1:42.97 | 35.71 | 250m: 2:53.85 | 35.23 | 350m: 4:04.16 | 35.27 |
| | 100m: 1:07.26 | 35.27 | 200m: 2:18.62 | 35.65 | 300m: 3:28.89 | 35.04 | 400m: 4:38.93 | 34.77 |
| 3. | Maaïke Vooren | DAW | 4:37.62 | 199103324 | 4:39.78 | +0,70 | | |
| | 50m: 32.13 | 32.13 | 150m: 1:43.23 | 35.79 | 250m: 2:54.57 | 35.50 | 350m: 4:05.56 | 35.36 |
| | 100m: 1:07.44 | 35.31 | 200m: 2:19.07 | 35.84 | 300m: 3:30.20 | 35.63 | 400m: 4:39.78 | 34.22 |
| 4. | Linde Herreman | KZK | 4:40.62 | 21020/90 | 4:40.67 | +0,70 | | |
| | 50m: 31.78 | 31.78 | 150m: 1:42.27 | 35.58 | 250m: 2:53.71 | 35.75 | 350m: 4:05.42 | 36.05 |
| | 100m: 1:06.69 | 34.91 | 200m: 2:17.96 | 35.69 | 300m: 3:29.37 | 35.66 | 400m: 4:40.67 | 35.25 |
| 5. | Cora van Dorst | De Krabben | 4:46.96 | 199106218 | 4:43.73 | +0,66 | | |
| | 50m: 31.34 | 31.34 | 150m: 1:41.19 | 35.36 | 250m: 2:53.59 | 36.30 | 350m: 4:07.84 | 37.29 |
| | 100m: 1:05.83 | 34.49 | 200m: 2:17.29 | 36.10 | 300m: 3:30.55 | 36.96 | 400m: 4:43.73 | 35.89 |
| 6. | Mandy Verbakel | ZPC Woerden | 5:11.88 | 199003908 | 5:03.01 | +0,69 | | |
| | 50m: 33.18 | 33.18 | 150m: 1:48.72 | 38.55 | 250m: 3:06.97 | 39.17 | 350m: 4:25.38 | 39.25 |
| | 100m: 1:10.17 | 36.99 | 200m: 2:27.80 | 39.08 | 300m: 3:46.13 | 39.16 | 400m: 5:03.01 | 37.63 |
| 7. | Ilse van den Wijngaard | ZPC Woerden | 5:05.71 | 198904736 | 5:06.10 | +0,78 | | |
| | 50m: 32.53 | 32.53 | 150m: 1:48.69 | 38.91 | 250m: 3:08.38 | 39.72 | 350m: 4:28.22 | 39.40 |
| | 100m: 1:09.78 | 37.25 | 200m: 2:28.66 | 39.97 | 300m: 3:48.82 | 40.44 | 400m: 5:06.10 | 37.88 |
| 8. | Martje Godschalk | De IJsel | 4:58.26 | 199001186 | 5:08.71 | +0,68 | | |
| | 50m: 34.06 | 34.06 | 150m: 1:50.51 | 38.83 | 250m: 3:09.92 | 39.78 | 350m: 4:29.64 | 39.82 |
| | 100m: 1:11.68 | 37.62 | 200m: 2:30.14 | 39.63 | 300m: 3:49.82 | 39.90 | 400m: 5:08.71 | 39.07 |
| 9. | Liset de Veer | Aqua-Novio'94 | 5:52.97 | 198704190 | 5:28.72 | +0,79 | | |
| | 50m: 37.10 | 37.10 | 150m: 1:59.37 | 41.39 | 250m: 3:23.35 | 42.09 | 350m: 4:48.13 | 42.20 |
| | 100m: 1:17.98 | 40.88 | 200m: 2:41.26 | 41.89 | 300m: 4:05.93 | 42.58 | 400m: 5:28.72 | 40.59 |
| 10. | Madeleine Silemann | De Fuut | 5:31.10 | 199106166 | 5:40.52 | +0,92 | | |
| | 50m: 36.86 | 36.86 | 150m: 1:59.27 | 42.43 | 250m: 3:27.61 | 44.53 | 350m: 4:56.59 | 44.26 |
| | 100m: 1:16.84 | 39.98 | 200m: 2:43.08 | 43.81 | 300m: 4:12.33 | 44.72 | 400m: 5:40.52 | 43.93 |
| 11. | Relinda Baas | GZVW | 5:48.06 | 198900144 | 5:47.42 | +0,62 | | |
| | 50m: 38.37 | 38.37 | 150m: 2:04.13 | 43.51 | 250m: 3:32.78 | 44.35 | 350m: 5:03.28 | 45.39 |
| | 100m: 1:20.62 | 42.25 | 200m: 2:48.43 | 44.30 | 300m: 4:17.89 | 45.11 | 400m: 5:47.42 | 44.14 |

Masters 30+

| | | | | | | | | |
|----|--------------------|------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Nadya Putter | ZVVS | 4:52.31 | 198301630 | 4:50.47 | +0,75 | | |
| | 50m: 34.20 | 34.20 | 150m: 1:46.72 | 36.51 | 250m: 2:59.81 | 36.50 | 350m: 4:13.52 | 37.01 |
| | 100m: 1:10.21 | 36.01 | 200m: 2:23.31 | 36.59 | 300m: 3:36.51 | 36.70 | 400m: 4:50.47 | 36.95 |
| 2. | Ramona Linting | AZC | 5:04.71 | 198301274 | 5:02.23 | +0,75 | | |
| | 50m: 34.05 | 34.05 | 150m: 1:50.01 | 38.40 | 250m: 3:07.80 | 38.96 | 350m: 4:25.17 | 38.40 |
| | 100m: 1:11.61 | 37.56 | 200m: 2:28.84 | 38.83 | 300m: 3:46.77 | 38.97 | 400m: 5:02.23 | 37.06 |
| 3. | Linda Hoogendam | WVZ | 5:18.75 | 198300892 | 5:11.14 | +0,78 | | |
| | 50m: 35.31 | 35.31 | 150m: 1:55.04 | 40.16 | 250m: 3:14.91 | 39.54 | 350m: 4:35.00 | 39.37 |
| | 100m: 1:14.88 | 39.57 | 200m: 2:35.37 | 40.33 | 300m: 3:55.63 | 40.72 | 400m: 5:11.14 | 36.14 |
| 4. | Annette Vogelsang | ZV De Bron | 5:30.44 | 198402632 | 5:26.36 | +0,86 | | |
| | 50m: 33.18 | 33.18 | 150m: 1:50.35 | 39.91 | 250m: 3:15.43 | 42.88 | 350m: 4:43.29 | 43.77 |
| | 100m: 1:10.44 | 37.26 | 200m: 2:32.55 | 42.20 | 300m: 3:59.52 | 44.09 | 400m: 5:26.36 | 43.07 |
| 5. | Sandra Schellekens | SWNZ (SG) | 5:27.02 | 198503416 | 5:26.91 | +0,77 | | |
| | 50m: 35.02 | 35.02 | 150m: 1:56.00 | 41.26 | 250m: 3:19.62 | 41.94 | 350m: 4:45.46 | 43.13 |
| | 100m: 1:14.74 | 39.72 | 200m: 2:37.68 | 41.68 | 300m: 4:02.33 | 42.71 | 400m: 5:26.91 | 41.45 |
| 6. | Aafke Groot | De Geul | 6:04.20 | 198302748 | 5:56.23 | +0,95 | | |
| | 50m: 38.94 | 38.94 | 150m: 2:07.56 | 44.86 | 250m: 3:38.90 | 46.26 | 350m: 5:11.50 | 45.98 |
| | 100m: 1:22.70 | 43.76 | 200m: 2:52.64 | 45.08 | 300m: 4:25.52 | 46.62 | 400m: 5:56.23 | 44.73 |
| 7. | Marijke Dirkse | IJZPC | 5:52.04 | 198403480 | 6:29.98 | +1,08 | | |
| | 50m: 41.00 | 41.00 | 150m: 2:16.19 | 49.25 | 250m: 3:58.34 | 51.30 | 350m: 5:40.84 | 49.94 |
| | 100m: 1:26.94 | 45.94 | 200m: 3:07.04 | 50.85 | 300m: 4:50.90 | 52.56 | 400m: 6:29.98 | 49.14 |

Programmanr. 4, Dames, 400m vrije slag

Masters 35+

| | | | | | | |
|-----|---|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Yvonne Gerritsen | WVZ | 5:20.72 | 198000342 | 5:15.41 | +0,83 |
| | 50m: 34.30 34.30 | 150m: 1:53.27 40.03 | 250m: 3:14.29 40.65 | 350m: 4:36.28 41.15 | | |
| | 100m: 1:13.24 38.94 | 200m: 2:33.64 40.37 | 300m: 3:55.13 40.84 | 400m: 5:15.41 39.13 | | |
| 2. | Agnes van Brug | DAW | 5:37.60 | 198001726 | 5:19.75 | +0,81 |
| | 50m: 35.81 35.81 | 150m: 1:55.61 40.64 | 250m: 3:18.70 41.79 | 350m: 4:41.10 40.60 | | |
| | 100m: 1:14.97 39.16 | 200m: 2:36.91 41.30 | 300m: 4:00.50 41.80 | 400m: 5:19.75 38.65 | | |
| 3. | Chantal Verhoeff | Old Dutch | 5:36.06 | 197900912 | 5:24.73 | +0,93 |
| | 50m: 35.03 35.03 | 150m: 1:56.26 41.57 | 250m: 3:18.79 41.27 | 350m: 4:42.99 41.72 | | |
| | 100m: 1:14.69 39.66 | 200m: 2:37.52 41.26 | 300m: 4:01.27 42.48 | 400m: 5:24.73 41.74 | | |
| 4. | Eveline Hacquebord | IJZPC | 5:44.56 | 197901206 | 5:41.26 | +0,97 |
| | 50m: 36.59 36.59 | 150m: 1:59.58 42.10 | 250m: 3:27.96 44.76 | 350m: 4:58.05 45.20 | | |
| | 100m: 1:17.48 40.89 | 200m: 2:43.20 43.62 | 300m: 4:12.85 44.89 | 400m: 5:41.26 43.21 | | |
| 5. | Clementine van Bruxvoort | ZPB H&L Productions | 6:44.03 | 197700138 | 6:46.09 | +0,80 |
| | 50m: 45.62 45.62 | 150m: 2:28.91 52.73 | 250m: 4:12.44 51.66 | 350m: 5:56.02 51.80 | | |
| | 100m: 1:36.18 50.56 | 200m: 3:20.78 51.87 | 300m: 5:04.22 51.78 | 400m: 6:46.09 50.07 | | |
| 6. | Rianne van Vegchelen | Deltasteur | 6:46.33 | 198101530 | 6:55.09 | +1,18 |
| | 50m: 46.25 46.25 | 150m: 2:30.22 52.95 | 250m: 4:15.43 51.79 | 350m: 6:02.72 53.65 | | |
| | 100m: 1:37.27 51.02 | 200m: 3:23.64 53.42 | 300m: 5:09.07 53.64 | 400m: 6:55.09 52.37 | | |
| DIS | Severine Bayre | CNSW | 5:30.76 | 004275/78 | | |
| | AA - Started before the starting signal | | | | | |

Masters 40+

| | | | | | | |
|----|------------------------------|-------------------------|---------------------|---------------------|----------------|-------|
| 1. | Kirsten Cameron | East Leeds | 4:24.42 | 1160788 | 4:26.54 | +0,64 |
| | <i>Kampioenschaps Record</i> | | | | | |
| | 50m: 30.87 30.87 | 150m: 1:37.55 33.75 | 250m: 2:45.03 33.76 | 350m: 3:53.54 34.15 | | |
| | 100m: 1:03.80 32.93 | 200m: 2:11.27 33.72 | 300m: 3:19.39 34.36 | 400m: 4:26.54 33.00 | | |
| 2. | Liselotte Joling | PSV | 4:46.27 | 197500268 | 4:47.54 | +0,86 |
| | 50m: 33.84 33.84 | 150m: 1:45.91 35.91 | 250m: 2:58.71 35.91 | 350m: 4:11.78 36.38 | | |
| | 100m: 1:10.00 36.16 | 200m: 2:22.80 36.89 | 300m: 3:35.40 36.69 | 400m: 4:47.54 35.76 | | |
| 3. | Evelien van Klaarbergen | HZ&PC Heerenveen | 5:20.99 | 197200964 | 5:10.20 | +0,64 |
| | 50m: 35.18 35.18 | 150m: 1:53.76 39.49 | 250m: 3:12.72 39.59 | 350m: 4:32.08 39.95 | | |
| | 100m: 1:14.27 39.09 | 200m: 2:33.13 39.37 | 300m: 3:52.13 39.41 | 400m: 5:10.20 38.12 | | |
| 4. | Pascalie Janssen | De Roersoppers | 5:47.53 | 197300852 | 5:48.48 | |
| | 50m: 37.19 37.19 | 150m: 2:02.13 43.26 | 250m: 3:32.12 45.32 | 350m: 5:03.92 46.51 | | |
| | 100m: 1:18.87 41.68 | 200m: 2:46.80 44.67 | 300m: 4:17.41 45.29 | 400m: 5:48.48 44.56 | | |
| 5. | Yulia Trofimova | Black Sepia | 5:56.81 | 034010 | 5:53.32 | +0,79 |
| | 50m: 38.24 38.24 | 150m: 2:04.83 44.40 | 250m: 3:35.39 45.54 | 350m: 5:07.75 46.32 | | |
| | 100m: 1:20.43 42.19 | 200m: 2:49.85 45.02 | 300m: 4:21.43 46.04 | 400m: 5:53.32 45.57 | | |
| 6. | Jantiene Hannessen | Zwemvereniging Hoogland | 6:13.60 | 197300946 | 6:06.17 | +1,02 |
| | 50m: 38.85 38.85 | 150m: 2:06.65 45.06 | 250m: 3:41.90 48.38 | 350m: 5:19.18 48.99 | | |
| | 100m: 1:21.59 42.74 | 200m: 2:53.52 46.87 | 300m: 4:30.19 48.29 | 400m: 6:06.17 46.99 | | |
| 7. | Inge Lolkema-Soeters | Steenwijk 1934 | 6:33.43 | 197300934 | 6:33.41 | +0,92 |
| | 50m: 42.96 42.96 | 150m: 2:19.56 49.43 | 250m: 4:01.97 50.95 | 350m: 5:44.40 51.37 | | |
| | 100m: 1:30.13 47.17 | 200m: 3:11.02 51.46 | 300m: 4:53.03 51.06 | 400m: 6:33.41 49.01 | | |
| 8. | Evelien Breman-Alers | Nautilus | 6:41.29 | 197200878 | 6:37.01 | +0,74 |
| | 50m: 39.87 39.87 | 150m: 2:15.19 49.38 | 250m: 3:59.92 52.58 | 350m: 5:45.84 53.00 | | |
| | 100m: 1:25.81 45.94 | 200m: 3:07.34 52.15 | 300m: 4:52.84 52.92 | 400m: 6:37.01 51.17 | | |

Masters 45+

| | | | | | | |
|----|----------------------------------|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Karin Stein | ZVVS | 4:53.40 | 197100554 | 4:56.19 | +0,80 |
| | 50m: 34.73 34.73 | 150m: 1:48.41 36.84 | 250m: 3:02.80 37.39 | 350m: 4:18.84 38.28 | | |
| | 100m: 1:11.57 36.84 | 200m: 2:25.41 37.00 | 300m: 3:40.56 37.76 | 400m: 4:56.19 37.35 | | |
| 2. | Heidi van Stein | LZ 1886 | 4:58.82 | 196900864 | 4:59.84 | +0,64 |
| | 50m: 33.52 33.52 | 150m: 1:47.99 37.54 | 250m: 3:04.09 38.20 | 350m: 4:21.88 39.14 | | |
| | 100m: 1:10.45 36.93 | 200m: 2:25.89 37.90 | 300m: 3:42.74 38.65 | 400m: 4:59.84 37.96 | | |
| 3. | Annette de Visser | Oceanus | 5:03.45 | 197100602 | 5:05.16 | +0,82 |
| | 50m: 33.95 33.95 | 150m: 1:49.58 38.19 | 250m: 3:07.53 39.30 | 350m: 4:26.77 39.50 | | |
| | 100m: 1:11.39 37.44 | 200m: 2:28.23 38.65 | 300m: 3:47.27 39.74 | 400m: 5:05.16 38.39 | | |
| 4. | Jolanta Duleviciene | Kauno Takas | 5:39.98 | | 5:32.29 | |
| | <i>Lithuanian Masters Record</i> | | | | | |
| | 50m: 37.88 37.88 | 150m: 2:02.36 42.91 | 250m: 3:27.55 42.29 | 350m: 4:52.14 42.49 | | |
| | 100m: 1:19.45 41.57 | 200m: 2:45.26 42.90 | 300m: 4:09.65 42.10 | 400m: 5:32.29 40.15 | | |

Programmanr. 4, Dames, 400m vrije slag, Masters 45+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|----------------------------------|--------------------------|---------------------|---------------------|----------------|-------|
| 5. | Annet Kootstra | Swol 1894 | 5:59.04 | 197100344 | 6:00.72 | +0,86 |
| | 50m: 40.68 40.68 | 150m: 2:10.70 45.40 | 250m: 3:43.68 46.77 | 350m: 5:16.24 46.10 | | |
| | 100m: 1:25.30 44.62 | 200m: 2:56.91 46.21 | 300m: 4:30.14 46.46 | 400m: 6:00.72 44.48 | | |
| 6. | Marijke Campfens | De Geul | 5:56.01 | 196900960 | 6:10.44 | |
| | 50m: 40.20 40.20 | 150m: 2:09.29 45.39 | 250m: 3:43.90 47.51 | 350m: 5:21.50 49.16 | | |
| | 100m: 1:23.90 43.70 | 200m: 2:56.39 47.10 | 300m: 4:32.34 48.44 | 400m: 6:10.44 48.94 | | |
| 7. | Peggi Hurenkamp | HZ&PC Heerenveen | 6:07.17 | 196900922 | 6:11.30 | +0,88 |
| | 50m: 40.08 40.08 | 150m: 2:11.94 46.73 | 250m: 3:48.11 48.16 | 350m: 5:24.12 47.97 | | |
| | 100m: 1:25.21 45.13 | 200m: 2:59.95 48.01 | 300m: 4:36.15 48.04 | 400m: 6:11.30 47.18 | | |
| 8. | Kristien Van de Moortel | ShaRK | 6:11.82 | 20315/69 | 6:16.31 | +0,73 |
| | 50m: 42.68 42.68 | 150m: 2:18.41 48.06 | 250m: 3:53.68 47.69 | 350m: 5:30.07 48.35 | | |
| | 100m: 1:30.35 47.67 | 200m: 3:05.99 47.58 | 300m: 4:41.72 48.04 | 400m: 6:16.31 46.24 | | |
| 9. | Ingeborg Stokx | DAW | 6:29.17 | 196700666 | 6:18.70 | +0,79 |
| | 50m: 41.36 41.36 | 150m: 2:17.58 48.89 | 250m: 3:55.39 48.91 | 350m: 5:32.81 48.07 | | |
| | 100m: 1:28.69 47.33 | 200m: 3:06.48 48.90 | 300m: 4:44.74 49.35 | 400m: 6:18.70 45.89 | | |
| 10. | Nathasja Konijn | WIDEX GZC DONK | 6:44.51 | 197100992 | 6:21.82 | +0,91 |
| | 50m: 40.55 40.55 | 150m: 2:13.46 47.96 | 250m: 3:50.76 49.39 | 350m: 5:31.34 50.66 | | |
| | 100m: 1:25.50 44.95 | 200m: 3:01.37 47.91 | 300m: 4:40.68 49.92 | 400m: 6:21.82 50.48 | | |
| 11. | Hetty Smalheer | SCOM | 6:11.74 | 196700352 | 6:25.59 | |
| | 50m: 42.35 42.35 | 150m: 2:18.91 49.26 | 250m: 3:59.01 50.02 | 350m: 5:37.98 49.37 | | |
| | 100m: 1:29.65 47.30 | 200m: 3:08.99 50.08 | 300m: 4:48.61 49.60 | 400m: 6:25.59 47.61 | | |
| 12. | Roselinda van der Vlugt 100m* | Zwemvereniging Woestduin | 7:00.09 | 196700710 | 7:01.57 | +1,12 |
| | 50m: 47.69 47.69 | 150m: 2:32.92 54.44 | 250m: 4:21.80 54.50 | 350m: 6:09.67 54.32 | | |
| | 100m: 1:38.48 50.79 | 200m: 3:27.30 54.38 | 300m: 5:15.35 53.55 | 400m: 7:01.57 51.90 | | |

Masters 50+

| | | | | | | |
|-------|--|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Petra Casteleijn | ZPC AMERSFOORT | 5:22.77 | 196600098 | 5:40.03 | +0,85 |
| | 50m: 35.78 35.78 | 150m: 1:58.01 42.61 | 250m: 3:26.73 44.59 | 350m: 4:57.07 45.36 | | |
| | 100m: 1:15.40 39.62 | 200m: 2:42.14 44.13 | 300m: 4:11.71 44.98 | 400m: 5:40.03 42.96 | | |
| 2. | Susanne Prins - Molenwijk | De Geul | 5:33.67 | 196600284 | 5:43.76 | +0,77 |
| | 50m: 38.34 38.34 | 150m: 2:04.19 43.47 | 250m: 3:31.65 43.65 | 350m: 5:00.52 44.21 | | |
| | 100m: 1:20.72 42.38 | 200m: 2:48.00 43.81 | 300m: 4:16.31 44.66 | 400m: 5:43.76 43.24 | | |
| 3. | Ellen Parma | Triton | 6:39.43 | 196200366 | 6:43.42 | |
| | 50m: 41.60 41.60 | 150m: 2:21.47 50.86 | 250m: 4:05.76 52.62 | 350m: 5:53.12 53.70 | | |
| | 100m: 1:30.61 49.01 | 200m: 3:13.14 51.67 | 300m: 4:59.42 53.66 | 400m: 6:43.42 50.30 | | |
| 4. | Erica Muller | De Geul | 6:46.68 | 196400412 | 6:54.50 | +0,84 |
| | 50m: 44.93 44.93 | 150m: 2:26.50 51.83 | 250m: 4:12.28 53.24 | 350m: 6:01.35 54.65 | | |
| | 100m: 1:34.67 49.74 | 200m: 3:19.04 52.54 | 300m: 5:06.70 54.42 | 400m: 6:54.50 53.15 | | |
| 5. | Marie-Jeanne Vandormael | GZVN | 7:47.13 | 21035/63 | 7:12.21 | |
| | 50m: 47.18 47.18 | 150m: 2:36.23 55.04 | 250m: 4:27.19 55.31 | 350m: 6:17.57 55.01 | | |
| | 100m: 1:41.19 54.01 | 200m: 3:31.88 55.65 | 300m: 5:22.56 55.37 | 400m: 7:12.21 54.64 | | |
| 6. | Annemarie Straetemans | De Geul | 7:16.29 | 196300508 | 7:15.75 | |
| | 50m: 47.37 47.37 | 150m: 2:37.54 55.86 | 250m: 4:28.64 55.80 | 350m: 6:21.17 56.23 | | |
| | 100m: 1:41.68 54.31 | 200m: 3:32.84 55.30 | 300m: 5:24.94 56.30 | 400m: 7:15.75 54.58 | | |
| DIS | Jacqueline Rolloos-Bakkers | De Lansingh | 5:28.95 | 196300222 | | |
| | <i>AA - Started before the starting signal</i> | | | | | |
| AFGEM | Katrin Pennings | PSV | 5:42.55 | 196400570 | | |

Masters 55+

| | | | | | | |
|----|-------------------------|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Patty Verhagen | PSV | 5:30.76 | 195900146 | 5:35.60 | +0,89 |
| | 50m: 39.21 39.21 | 150m: 2:03.35 42.14 | 250m: 3:28.14 42.49 | 350m: 4:54.07 42.66 | | |
| | 100m: 1:21.21 42.00 | 200m: 2:45.65 42.30 | 300m: 4:11.41 43.27 | 400m: 5:35.60 41.53 | | |
| 2. | Olga Kedrova | Poseidon | 5:57.65 | 037010 | 5:45.63 | +0,90 |
| | 50m: 39.22 39.22 | 150m: 2:05.19 43.19 | 250m: 3:32.86 44.12 | 350m: 5:02.29 44.55 | | |
| | 100m: 1:22.00 42.78 | 200m: 2:48.74 43.55 | 300m: 4:17.74 44.88 | 400m: 5:45.63 43.34 | | |
| 3. | Marlien Wijnhof | Nat Utrecht | 5:50.21 | 196100300 | 5:54.11 | |
| | 50m: 40.18 40.18 | 150m: 2:09.60 44.95 | 250m: 3:40.26 45.19 | 350m: 5:10.19 45.43 | | |
| | 100m: 1:24.65 44.47 | 200m: 2:55.07 45.47 | 300m: 4:24.76 44.50 | 400m: 5:54.11 43.92 | | |
| 4. | Jennie Resink-Lindeboom | DWK | 6:29.93 | 196000142 | 6:28.97 | +1,01 |
| | 50m: 42.31 42.31 | 150m: 2:20.92 50.15 | 250m: 4:02.41 50.58 | 350m: 5:42.13 49.95 | | |
| | 100m: 1:30.77 48.46 | 200m: 3:11.83 50.91 | 300m: 4:52.18 49.77 | 400m: 6:28.97 46.84 | | |

Programmanr. 4, Dames, 400m vrije slag, Masters 55+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|------------------------------|-----------------------|-----------------------|-----------------------|----------------|-------|
| 5. | Marjan Spoelstra | Swol 1894 | 6:23.73 | 196000236 | 6:39.66 | +0,70 |
| | 50m: 43.37 43.37 | 150m: 2:22.81 50.42 | 250m: 4:05.69 51.59 | 350m: 5:49.61 51.94 | | |
| | 100m: 1:32.39 49.02 | 200m: 3:14.10 51.29 | 300m: 4:57.67 51.98 | 400m: 6:39.66 50.05 | | |
| 6. | Wil Ponsoen-van Mil 200m* | AZC | 7:12.22 | 196100402 | 7:13.99 | +1,09 |
| | 50m: 44.92 44.92 | 150m: 2:29.19 53.42 | 250m: 4:22.90 57.46 | 350m: 6:18.28 57.82 | | |
| | 100m: 1:35.77 50.85 | 200m: 3:25.44 56.25 | 300m: 5:20.46 57.56 | 400m: 7:13.99 55.71 | | |
| 7. | Karien Musters | Old Dutch | 8:00.08 | 195800236 | 9:07.27 | +0,62 |
| | 50m: 54.05 54.05 | 150m: 3:03.36 1:07.50 | 250m: 5:29.10 1:13.95 | 350m: 7:54.31 1:12.77 | | |
| | 100m: 1:55.86 1:01.81 | 200m: 4:15.15 1:11.79 | 300m: 6:41.54 1:12.44 | 400m: 9:07.27 1:12.96 | | |

Masters 60+

| | | | | | | |
|----|---------------------|-------------------------|---------------------|---------------------|----------------|-------|
| 1. | Ineke Weekers | PSV | 5:34.32 | 195300050 | 5:41.56 | +0,83 |
| | 50m: 40.60 40.60 | 150m: 2:05.67 43.12 | 250m: 3:32.13 43.38 | 350m: 4:59.16 43.61 | | |
| | 100m: 1:22.55 41.95 | 200m: 2:48.75 43.08 | 300m: 4:15.55 43.42 | 400m: 5:41.56 42.40 | | |
| 2. | Margriet Pasma | Inktvis-De Pinquin (SG) | 5:49.64 | 195500088 | 6:02.33 | +0,95 |
| | 50m: 40.38 40.38 | 150m: 2:11.66 46.28 | 250m: 3:44.31 46.20 | 350m: 5:17.87 46.52 | | |
| | 100m: 1:25.38 45.00 | 200m: 2:58.11 46.45 | 300m: 4:31.35 47.04 | 400m: 6:02.33 44.46 | | |

Masters 65+

| | | | | | | |
|----|---|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Conny Boer-Buys <i>Europees Masters Record</i> | ZVVS | 5:41.30 | 195000006 | 5:46.56 | +0,95 |
| | 50m: 38.01 38.01 | 150m: 2:05.40 44.74 | 250m: 3:34.77 44.81 | 350m: 5:04.09 44.41 | | |
| | 100m: 1:20.66 42.65 | 200m: 2:49.96 44.56 | 300m: 4:19.68 44.91 | 400m: 5:46.56 42.47 | | |
| 2. | Gonnie Bak | PSV | 7:25.91 | 195100064 | 7:23.06 | +0,96 |
| | 50m: 47.35 47.35 | 150m: 2:41.40 57.53 | 250m: 4:35.34 56.96 | 350m: 6:27.68 55.88 | | |
| | 100m: 1:43.87 56.52 | 200m: 3:38.38 56.98 | 300m: 5:31.80 56.46 | 400m: 7:23.06 55.38 | | |

Masters 70+

| | | | | | | |
|----|--------------------------|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Mieke Strijbis-v.d.Kroft | DAW | 7:41.63 | 194500004 | 7:39.70 | +1,16 |
| | 50m: 53.57 53.57 | 150m: 2:50.60 58.90 | 250m: 4:47.71 58.18 | 350m: 6:43.48 57.57 | | |
| | 100m: 1:51.70 58.13 | 200m: 3:49.53 58.93 | 300m: 5:45.91 58.20 | 400m: 7:39.70 56.22 | | |

Masters 75+

| | | | | | | |
|----|-----------------------|-----------------------|-----------------------|-----------------------|----------------|-------|
| 1. | Bep van Riessen | Aquapoldro | 9:16.24 | 193700006 | 9:32.81 | +1,16 |
| | 50m: 1:02.49 1:02.49 | 150m: 3:26.84 1:12.77 | 250m: 5:56.75 1:15.28 | 350m: 8:23.78 1:13.53 | | |
| | 100m: 2:14.07 1:11.58 | 200m: 4:41.47 1:14.63 | 300m: 7:10.25 1:13.50 | 400m: 9:32.81 1:09.03 | | |

Masters 80+

| | | | | | | |
|----|--|-----------------------|-----------------------|-----------------------|----------------|--|
| 1. | Annie de Vos <i>Kampioenschaps Record</i> | Old Dutch | 9:48.91 | 193400004 | 9:23.21 | |
| | 50m: 1:04.43 1:04.43 | 150m: 3:23.96 1:10.28 | 250m: 5:47.02 1:11.66 | 350m: 8:11.06 1:12.11 | | |
| | 100m: 2:13.68 1:09.25 | 200m: 4:35.36 1:11.40 | 300m: 6:58.95 1:11.93 | 400m: 9:23.21 1:12.15 | | |

Programmanr. 5
22-01-2016 - 10:14

Heren, 400m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|---------------------|---------------------|---------------------|---------------------|----------------|-------|
| Masters 20+ | | | | | | |
| 1. | Lars Schoffelman | ZPB H&L Productions | 4:18.82 | 199501907 | 4:19.57 | +0,74 |
| | 50m: 28.43 28.43 | 150m: 1:33.84 33.14 | 250m: 2:39.94 32.77 | 350m: 3:47.23 33.58 | | |
| | 100m: 1:00.70 32.27 | 200m: 2:07.17 33.33 | 300m: 3:13.65 33.71 | 400m: 4:19.57 32.34 | | |
| 2. | Jeffrey Camphens | DWT | 4:24.78 | 199503113 | 4:23.32 | +0,67 |
| | 50m: 29.03 29.03 | 150m: 1:34.91 33.28 | 250m: 2:42.94 34.21 | 350m: 3:50.75 33.94 | | |
| | 100m: 1:01.63 32.60 | 200m: 2:08.73 33.82 | 300m: 3:16.81 33.87 | 400m: 4:23.32 32.57 | | |

Programmanr. 5, Heren, 400m vrije slag, Masters 20+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|-------------------|--------------|---------------|-----------|----------------|-------|---------------|-------|
| 3. | Thijs van den End | ZPC Woerden | 4:31.84 | 199306803 | 4:34.50 | +0,98 | | |
| | 50m: 29.66 | 29.66 | 150m: 1:36.93 | 33.86 | 250m: 2:46.37 | 35.10 | 350m: 3:58.72 | 36.45 |
| | 100m: 1:03.07 | 33.41 | 200m: 2:11.27 | 34.34 | 300m: 3:22.27 | 35.90 | 350m: 3:58.72 | 36.45 |
| | | | | | 400m: 4:34.50 | 35.78 | | |
| 4. | Vincent Dermaux | ZC Aquadream | 4:32.71 | 199600599 | 4:39.53 | +0,77 | | |
| | 50m: 29.29 | 29.29 | 150m: 1:37.96 | 35.11 | 250m: 2:49.95 | 36.36 | 350m: 4:04.42 | 37.20 |
| | 100m: 1:02.85 | 33.56 | 200m: 2:13.59 | 35.63 | 300m: 3:27.22 | 37.27 | 350m: 4:04.42 | 37.20 |
| | | | | | 400m: 4:39.53 | 35.11 | | |
| 5. | John van Heteren | DWF | 5:26.15 | 199305017 | 5:43.15 | +0,96 | | |
| | 50m: 36.35 | 36.35 | 150m: 2:00.30 | 42.85 | 250m: 3:28.57 | 44.46 | 350m: 4:58.34 | 44.61 |
| | 100m: 1:17.45 | 41.10 | 200m: 2:44.11 | 43.81 | 300m: 4:13.73 | 45.16 | 350m: 4:58.34 | 44.61 |
| | | | | | 400m: 5:43.15 | 44.81 | | |

Masters 25+

| | | | | | | | | |
|-------|------------------|------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Erik Simons | d'ELFT WAVE (SG) | 4:10.02 | 198902845 | 4:08.39 | +0,76 | | |
| | 50m: 26.99 | 26.99 | 150m: 1:27.86 | 30.46 | 250m: 2:31.22 | 31.53 | 350m: 3:36.39 | 32.81 |
| | 100m: 57.40 | 30.41 | 200m: 1:59.69 | 31.83 | 300m: 3:03.58 | 32.36 | 350m: 3:36.39 | 32.81 |
| | | | | | 400m: 4:08.39 | 32.00 | | |
| 2. | Tim Bunnik | Triton | 4:32.07 | 199000505 | 4:25.09 | +0,77 | | |
| | 50m: 28.51 | 28.51 | 150m: 1:35.64 | 34.17 | 250m: 2:44.63 | 34.55 | 350m: 3:52.39 | 33.68 |
| | 100m: 1:01.47 | 32.96 | 200m: 2:10.08 | 34.44 | 300m: 3:18.71 | 34.08 | 350m: 3:52.39 | 33.68 |
| | | | | | 400m: 4:25.09 | 32.70 | | |
| 3. | Maik Steenkamp | Montferland | 4:36.19 | 199103847 | 4:32.02 | +0,75 | | |
| | 50m: 29.76 | 29.76 | 150m: 1:36.69 | 33.91 | 250m: 2:46.56 | 35.15 | 350m: 3:57.65 | 35.65 |
| | 100m: 1:02.78 | 33.02 | 200m: 2:11.41 | 34.72 | 300m: 3:22.00 | 35.44 | 350m: 3:57.65 | 35.65 |
| | | | | | 400m: 4:32.02 | 34.37 | | |
| 4. | Niels Albrechts | MGO (SG) | 4:37.36 | 198800039 | 4:34.33 | +0,73 | | |
| | 50m: 30.25 | 30.25 | 150m: 1:38.95 | 34.83 | 250m: 2:49.81 | 35.54 | 350m: 4:00.78 | 35.63 |
| | 100m: 1:04.12 | 33.87 | 200m: 2:14.27 | 35.32 | 300m: 3:25.15 | 35.34 | 350m: 4:00.78 | 35.63 |
| | | | | | 400m: 4:34.33 | 33.55 | | |
| 5. | Wessel Everloo | De Veene | 4:29.46 | 198906597 | 4:37.32 | +0,82 | | |
| | 50m: 31.69 | 31.69 | 150m: 1:42.79 | 35.15 | 250m: 2:54.24 | 34.85 | 350m: 4:04.94 | 34.70 |
| | 100m: 1:07.64 | 35.95 | 200m: 2:19.39 | 36.60 | 300m: 3:30.24 | 36.00 | 350m: 4:04.94 | 34.70 |
| | | | | | 400m: 4:37.32 | 32.38 | | |
| 6. | Rens Post | WVZ | 4:49.22 | 199101827 | 4:48.01 | +0,75 | | |
| | 50m: 30.95 | 30.95 | 150m: 1:42.98 | 36.69 | 250m: 2:56.13 | 36.18 | 350m: 4:11.76 | 37.87 |
| | 100m: 1:06.29 | 35.34 | 200m: 2:19.95 | 36.97 | 300m: 3:33.89 | 37.76 | 350m: 4:11.76 | 37.87 |
| | | | | | 400m: 4:48.01 | 36.25 | | |
| 7. | Patrick de Jonge | ZPC Woerden | 5:29.76 | 198906635 | 5:14.79 | +0,80 | | |
| | 50m: 32.43 | 32.43 | 150m: 1:48.56 | 39.18 | 250m: 3:11.13 | 42.09 | 350m: 4:34.31 | 41.74 |
| | 100m: 1:09.38 | 36.95 | 200m: 2:29.04 | 40.48 | 300m: 3:52.57 | 41.44 | 350m: 4:34.31 | 41.74 |
| | | | | | 400m: 5:14.79 | 40.48 | | |
| AFGEM | Klaas van Beek | ZV Haerlem | 4:25.95 | 198805941 | | | | |
| AFGEM | Alex Schelvis | LZ 1886 | 4:02.28 | 198702927 | | | | |

Masters 30+

| | | | | | | | | |
|----|----------------------|--------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Erik Schröder | TriVia | 4:10.97 | 198402025 | 4:17.31 | +0,87 | | |
| | 50m: 28.32 | 28.32 | 150m: 1:32.11 | 32.43 | 250m: 2:37.99 | 32.88 | 350m: 3:44.65 | 33.22 |
| | 100m: 59.68 | 31.36 | 200m: 2:05.11 | 33.00 | 300m: 3:11.43 | 33.44 | 350m: 3:44.65 | 33.22 |
| | | | | | 400m: 4:17.31 | 32.66 | | |
| 2. | Kristiaan Lenos | LZ 1886 | 4:15.02 | 198301331 | 4:25.63 | +0,63 | | |
| | 50m: 28.54 | 28.54 | 150m: 1:32.93 | 32.74 | 250m: 2:40.76 | 34.26 | 350m: 3:50.94 | 35.19 |
| | 100m: 1:00.19 | 31.65 | 200m: 2:06.50 | 33.57 | 300m: 3:15.75 | 34.99 | 350m: 3:50.94 | 35.19 |
| | | | | | 400m: 4:25.63 | 34.69 | | |
| 3. | Jim Geestman | RSW (SG) | 4:35.63 | 198300699 | 4:36.40 | +0,95 | | |
| | 50m: 30.39 | 30.39 | 150m: 1:37.93 | 34.36 | 250m: 2:48.69 | 35.55 | 350m: 4:01.61 | 36.94 |
| | 100m: 1:03.57 | 33.18 | 200m: 2:13.14 | 35.21 | 300m: 3:24.67 | 35.98 | 350m: 4:01.61 | 36.94 |
| | | | | | 400m: 4:36.40 | 34.79 | | |
| 4. | Robert Dekker | De Veene | 4:40.27 | 198400443 | 4:38.73 | +0,80 | | |
| | 50m: 30.06 | 30.06 | 150m: 1:38.88 | 34.92 | 250m: 2:50.48 | 35.91 | 350m: 4:03.08 | 36.56 |
| | 100m: 1:03.96 | 33.90 | 200m: 2:14.57 | 35.69 | 300m: 3:26.52 | 36.04 | 350m: 4:03.08 | 36.56 |
| | | | | | 400m: 4:38.73 | 35.65 | | |
| 5. | Frank van der Voordt | MGO (SG) | 4:40.84 | 198302259 | 4:48.91 | +0,78 | | |
| | 50m: 31.27 | 31.27 | 150m: 1:41.72 | 35.67 | 250m: 2:55.52 | 37.06 | 350m: 4:11.32 | 38.11 |
| | 100m: 1:06.05 | 34.78 | 200m: 2:18.46 | 36.74 | 300m: 3:33.21 | 37.69 | 350m: 4:11.32 | 38.11 |
| | | | | | 400m: 4:48.91 | 37.59 | | |
| 6. | Rob van Wanrooy | Gay Swim Amsterdam | 5:45.44 | 198202627 | 5:22.43 | +0,66 | | |
| | 50m: 34.35 | 34.35 | 150m: 1:53.90 | 40.77 | 250m: 3:17.11 | 41.73 | 350m: 4:41.36 | 42.26 |
| | 100m: 1:13.13 | 38.78 | 200m: 2:35.38 | 41.48 | 300m: 3:59.10 | 41.99 | 350m: 4:41.36 | 42.26 |
| | | | | | 400m: 5:22.43 | 41.07 | | |

Programmanr. 5, Heren, 400m vrije slag

Masters 35+

| | | | | | | | | | | | | |
|----|----------------------------|---------|----------------|-------|---------|-----------|-------|----------------|-------|-------|---------|-------|
| 1. | Ivo Roozeboom | | WVZ | | 4:24.75 | 197700801 | | 4:27.36 | +0,79 | | | |
| | 50m: | 29.41 | 29.41 | 150m: | 1:36.71 | 33.88 | 250m: | 2:44.92 | 34.02 | 350m: | 3:53.87 | 34.40 |
| | 100m: | 1:02.83 | 33.42 | 200m: | 2:10.90 | 34.19 | 300m: | 3:19.47 | 34.55 | 400m: | 4:27.36 | 33.49 |
| 2. | Marcel Reefhuis | | WS Twente | | 4:33.27 | 198101381 | | 4:34.80 | +0,77 | | | |
| | 50m: | 30.29 | 30.29 | 150m: | 1:38.23 | 34.46 | 250m: | 2:48.69 | 35.35 | 350m: | 4:00.40 | 35.96 |
| | 100m: | 1:03.77 | 33.48 | 200m: | 2:13.34 | 35.11 | 300m: | 3:24.44 | 35.75 | 400m: | 4:34.80 | 34.40 |
| 3. | Heijmen van Vliet | | Wiekslag | | 4:51.46 | 198001637 | | 4:47.42 | +0,72 | | | |
| | 50m: | 31.80 | 31.80 | 150m: | 1:43.17 | 35.94 | 250m: | 2:56.95 | 36.99 | 350m: | 4:11.65 | 37.32 |
| | 100m: | 1:07.23 | 35.43 | 200m: | 2:19.96 | 36.79 | 300m: | 3:34.33 | 37.38 | 400m: | 4:47.42 | 35.77 |
| 4. | Raymond Oosterbaan | | WIDEX GZC DONK | | 4:56.14 | 197700711 | | 4:57.71 | +0,90 | | | |
| | 50m: | 32.07 | 32.07 | 150m: | 1:46.24 | 37.69 | 250m: | 3:03.86 | 38.95 | 350m: | 4:20.78 | 38.29 |
| | 100m: | 1:08.55 | 36.48 | 200m: | 2:24.91 | 38.67 | 300m: | 3:42.49 | 38.63 | 400m: | 4:57.71 | 36.93 |
| 5. | Gerrit Klaas van der Vaart | | De Haaien | | 5:08.83 | 198001551 | | 4:59.20 | +0,80 | | | |
| | 50m: | 31.83 | 31.83 | 150m: | 1:44.84 | 37.04 | 250m: | 3:01.52 | 38.67 | 350m: | 4:19.98 | 39.66 |
| | 100m: | 1:07.80 | 35.97 | 200m: | 2:22.85 | 38.01 | 300m: | 3:40.32 | 38.80 | 400m: | 4:59.20 | 39.22 |
| 6. | Jeroen Vogelsang | | DAW | | 4:47.36 | 198001645 | | 5:03.17 | +0,84 | | | |
| | 50m: | 32.70 | 32.70 | 150m: | 1:45.31 | 37.46 | 250m: | 3:02.30 | 38.81 | 350m: | 4:23.05 | 40.97 |
| | 100m: | 1:07.65 | 35.15 | 200m: | 2:23.49 | 38.18 | 300m: | 3:42.08 | 39.78 | 400m: | 5:03.17 | 40.12 |
| 7. | Michel Wigbers | | DWT | | 5:14.49 | 198001743 | | 5:03.97 | +0,81 | | | |
| | 50m: | 33.01 | 33.01 | 150m: | 1:47.86 | 37.79 | 250m: | 3:05.33 | 38.87 | 350m: | 4:24.69 | 39.71 |
| | 100m: | 1:10.07 | 37.06 | 200m: | 2:26.46 | 38.60 | 300m: | 3:44.98 | 39.65 | 400m: | 5:03.97 | 39.28 |
| 8. | Harm Jan Otter | | De Zandstuve | | 5:01.86 | 198101283 | | 5:12.76 | | | | |
| | 50m: | 33.24 | 33.24 | 150m: | 1:50.15 | 39.36 | 250m: | 3:11.93 | 41.25 | 350m: | 4:33.31 | 41.08 |
| | 100m: | 1:10.79 | 37.55 | 200m: | 2:30.68 | 40.53 | 300m: | 3:52.23 | 40.30 | 400m: | 5:12.76 | 39.45 |

Masters 40+

| | | | | | | | | | | | | |
|-----|----------------------------------|---------|------------------|-------|---------|-----------|-------|----------------|-------|-------|---------|-------|
| 1. | Egbert Stolk | | d'ELFT WAVE (SG) | | 4:22.86 | 197600889 | | 4:19.38 | +0,72 | | | |
| | <i>Nederlands Masters Record</i> | | | | | | | | | | | |
| | 50m: | 29.29 | 29.29 | 150m: | 1:34.24 | 32.69 | 250m: | 2:40.59 | 33.32 | 350m: | 3:47.08 | 33.09 |
| | 100m: | 1:01.55 | 32.26 | 200m: | 2:07.27 | 33.03 | 300m: | 3:13.99 | 33.40 | 400m: | 4:19.38 | 32.30 |
| 2. | John Cobussen | | De Gelenberg | | 4:40.61 | 197501323 | | 4:30.87 | +0,76 | | | |
| | 50m: | 29.13 | 29.13 | 150m: | 1:35.35 | 33.55 | 250m: | 2:44.61 | 34.77 | 350m: | 3:55.59 | 35.68 |
| | 100m: | 1:01.80 | 32.67 | 200m: | 2:09.84 | 34.49 | 300m: | 3:19.91 | 35.30 | 400m: | 4:30.87 | 35.28 |
| 3. | Alex Damen | | DAW | | 4:50.36 | 197501371 | | 4:44.50 | +0,88 | | | |
| | 50m: | 31.70 | 31.70 | 150m: | 1:41.93 | 35.35 | 250m: | 2:53.78 | 36.07 | 350m: | 4:08.11 | 37.39 |
| | 100m: | 1:06.58 | 34.88 | 200m: | 2:17.71 | 35.78 | 300m: | 3:30.72 | 36.94 | 400m: | 4:44.50 | 36.39 |
| 4. | Joeri Stoffels | | AZC | | 4:55.07 | 197300851 | | 4:48.71 | +0,87 | | | |
| | 50m: | 32.20 | 32.20 | 150m: | 1:44.46 | 36.64 | 250m: | 2:57.71 | 37.19 | 350m: | 4:11.78 | 37.00 |
| | 100m: | 1:07.82 | 35.62 | 200m: | 2:20.52 | 36.06 | 300m: | 3:34.78 | 37.07 | 400m: | 4:48.71 | 36.93 |
| 5. | Casper van den Burgh | | LZ 1886 | | 5:05.68 | 197201413 | | 4:51.05 | +0,86 | | | |
| | 50m: | 32.52 | 32.52 | 150m: | 1:44.83 | 36.71 | 250m: | 2:59.63 | 37.51 | 350m: | 4:14.99 | 37.53 |
| | 100m: | 1:08.12 | 35.60 | 200m: | 2:22.12 | 37.29 | 300m: | 3:37.46 | 37.83 | 400m: | 4:51.05 | 36.06 |
| 6. | Kasper van den Bergh | | Swol 1894 | | 5:12.96 | 197301125 | | 5:14.58 | +0,73 | | | |
| | 50m: | 34.36 | 34.36 | 150m: | 1:51.50 | 39.33 | 250m: | 3:12.58 | 40.74 | 350m: | 4:35.56 | 41.41 |
| | 100m: | 1:12.17 | 37.81 | 200m: | 2:31.84 | 40.34 | 300m: | 3:54.15 | 41.57 | 400m: | 5:14.58 | 39.02 |
| 7. | Wouter van der Stelt | | Den Doorn | | 5:18.60 | 197200889 | | 5:25.55 | +0,90 | | | |
| | 50m: | 35.18 | 35.18 | 150m: | 1:54.50 | 40.63 | 250m: | 3:17.87 | 41.82 | 350m: | 4:42.86 | 42.60 |
| | 100m: | 1:13.87 | 38.69 | 200m: | 2:36.05 | 41.55 | 300m: | 4:00.26 | 42.39 | 400m: | 5:25.55 | 42.69 |
| 8. | Rogier Becker | | De Dinkel | | 5:13.64 | 197301439 | | 5:27.95 | +0,94 | | | |
| | 50m: | 34.89 | 34.89 | 150m: | 1:52.88 | 39.90 | 250m: | 3:16.13 | 42.07 | 350m: | 4:44.10 | 44.50 |
| | 100m: | 1:12.98 | 38.09 | 200m: | 2:34.06 | 41.18 | 300m: | 3:59.60 | 43.47 | 400m: | 5:27.95 | 43.85 |
| 9. | Arjan Aalbers | | Swol 1894 | | 5:21.53 | 197500001 | | 5:40.06 | +0,81 | | | |
| | 50m: | 32.88 | 32.88 | 150m: | 1:51.62 | 40.75 | 250m: | 3:20.93 | 45.61 | 350m: | 4:53.44 | 47.00 |
| | 100m: | 1:10.87 | 37.99 | 200m: | 2:35.32 | 43.70 | 300m: | 4:06.44 | 45.51 | 400m: | 5:40.06 | 46.62 |
| 10. | Bas van Gool | | De Geul | | 6:30.75 | 197201435 | | 6:34.83 | +0,83 | | | |
| | 50m: | 39.58 | 39.58 | 150m: | 2:13.08 | 47.70 | 250m: | 3:55.17 | 51.89 | 350m: | 5:41.51 | 53.37 |
| | 100m: | 1:25.38 | 45.80 | 200m: | 3:03.28 | 50.20 | 300m: | 4:48.14 | 52.97 | 400m: | 6:34.83 | 53.32 |

Programmanr. 5, Heren, 400m vrije slag

Masters 45+

| | | | | | | | | |
|----|-----------------------------|------------------|--------------------------------|----------------|--------------------------------|----------------|--------------------------------|----------------|
| 1. | Erlend Alstad | I.L. Varg | 4:23.08 | | 4:28.37 | +0,76 | | |
| | 50m: 30.46 100m: 1:03.49 | 30.46 33.03 | 150m: 1:37.38 200m: 2:12.03 | 33.89 34.65 | 250m: 2:46.06 300m: 3:20.59 | 34.03 34.53 | 350m: 3:54.98 400m: 4:28.37 | 34.39 33.39 |
| 2. | Glen le Clercq | De Rog | 4:47.33 | 196800177 | 4:31.85 | +0,78 | | |
| | 50m: 30.21 100m: 1:03.99 | 30.21 33.78 | 150m: 1:38.79 200m: 2:13.79 | 34.80 35.00 | 250m: 2:47.14 300m: 3:21.28 | 33.35 34.14 | 350m: 3:56.15 400m: 4:31.85 | 34.87 35.70 |
| 3. | Arjan Bellaart | Het Y | 4:37.17 | 196900079 | 4:44.30 | +0,72 | | |
| | 50m: 30.78 100m: 1:05.59 | 30.78 34.81 | 150m: 1:41.18 200m: 2:17.38 | 35.59 36.20 | 250m: 2:53.79 300m: 3:30.50 | 36.41 36.71 | 350m: 4:07.73 400m: 4:44.30 | 37.23 36.57 |
| 4. | René Beetsma | HZ&PC Heerenveen | 4:45.57 | 196900069 | 4:47.74 | | | |
| | 50m: 31.49 100m: 1:06.26 | 31.49 34.77 | 150m: 1:43.12 200m: 2:20.11 | 36.86 36.99 | 250m: 2:57.17 300m: 3:34.42 | 37.06 37.25 | 350m: 4:11.65 400m: 4:47.74 | 37.23 36.09 |
| 5. | Konstantin Sklyar | TG Lage 1862 | 4:52.03 | 321129 | 4:50.47 | +0,79 | | |
| | 50m: 32.21 100m: 1:07.99 | 32.21 35.78 | 150m: 1:44.52 200m: 2:21.86 | 36.53 37.34 | 250m: 2:59.73 300m: 3:37.22 | 37.87 37.49 | 350m: 4:15.03 400m: 4:50.47 | 37.81 35.44 |
| 6. | Kees Akershoek | MGO (SG) | 5:00.74 | 196900009 | 4:59.64 | +0,77 | | |
| | 50m: 32.93 100m: 1:09.44 | 32.93 36.51 | 150m: 1:47.07 200m: 2:25.58 | 37.63 38.51 | 250m: 3:04.58 300m: 3:43.24 | 39.00 38.66 | 350m: 4:21.98 400m: 4:59.64 | 38.74 37.66 |
| 7. | Marcel Brittijn | De Duinkickers | 5:52.39 | 196900159 | 5:49.83 | +0,68 | | |
| | 50m: 35.35 100m: 1:16.64 | 35.35 41.29 | 150m: 2:01.03 200m: 2:46.37 | 44.39 45.34 | 250m: 3:33.00 300m: 4:19.22 | 46.63 46.22 | 350m: 5:06.84 400m: 5:49.83 | 47.62 42.99 |
| 8. | Jeff van Loon | De Geul | 6:05.01 | 197001687 | 6:24.97 | +0,56 | | |
| | 50m: 41.65 100m: 1:25.95 | 41.65 44.30 | 150m: 2:11.88 200m: 2:58.93 | 45.93 47.05 | 250m: 3:47.62 300m: 4:38.41 | 48.69 50.79 | 350m: 5:30.94 400m: 6:24.97 | 52.53 54.03 |

Masters 50+

| | | | | | | | | |
|-----|-----------------------------|-------------------------|--------------------------------|----------------|--------------------------------|----------------|--------------------------------|----------------|
| 1. | Johan Remmits | ZPC Woerden | 4:36.52 | 196201159 | 4:35.41 | +0,74 | | |
| | 50m: 30.40 100m: 1:03.88 | 30.40 33.48 | 150m: 1:38.83 200m: 2:14.24 | 34.95 35.41 | 250m: 2:50.07 300m: 3:25.86 | 35.83 35.79 | 350m: 4:01.21 400m: 4:35.41 | 35.35 34.20 |
| 2. | Jan Brink | ZPC De Zeeuwse Kust | 4:34.32 | 196200091 | 4:37.47 | +0,77 | | |
| | 50m: 30.37 100m: 1:04.81 | 30.37 34.44 | 150m: 1:40.08 200m: 2:15.67 | 35.27 35.59 | 250m: 2:51.16 300m: 3:27.31 | 35.49 36.15 | 350m: 4:03.45 400m: 4:37.47 | 36.14 34.02 |
| 3. | Sergey Makarychev | Poseidon | 4:46.30 | 037018 | 4:41.33 | +0,77 | | |
| | 50m: 32.34 100m: 1:07.18 | 32.34 34.84 | 150m: 1:42.35 200m: 2:18.05 | 35.17 35.70 | 250m: 2:54.25 300m: 3:30.31 | 36.20 36.06 | 350m: 4:06.19 400m: 4:41.33 | 35.88 35.14 |
| 4. | Hans Kwaks | De Krabben | 4:57.24 | 196400443 | 4:59.39 | +0,73 | | |
| | 50m: 32.63 100m: 1:10.16 | 32.63 37.53 | 150m: 1:48.54 200m: 2:26.93 | 38.38 38.39 | 250m: 3:05.51 300m: 3:43.95 | 38.58 38.44 | 350m: 4:22.59 400m: 4:59.39 | 38.64 36.80 |
| 5. | Rob Verheul | TRB-RES | 5:08.90 | 196601571 | 5:00.47 | +0,79 | | |
| | 50m: 32.74 100m: 1:07.95 | 32.74 35.21 | 150m: 1:44.85 200m: 2:22.84 | 36.90 37.99 | 250m: 3:00.66 300m: 3:39.20 | 37.82 38.54 | 350m: 4:19.58 400m: 5:00.47 | 40.38 40.89 |
| 6. | Kees-Jan van Overbeeke | WWV | 4:59.11 | 196200489 | 5:04.93 | +0,93 | | |
| | 50m: 33.53 100m: 1:10.86 | 33.53 37.33 | 150m: 1:49.57 200m: 2:28.70 | 38.71 39.13 | 250m: 3:07.65 300m: 3:46.88 | 38.95 39.23 | 350m: 4:26.62 400m: 5:04.93 | 39.74 38.31 |
| 7. | Nico Paasse | MGO (SG) | 5:17.62 | 196501463 | 5:05.91 | +0,87 | | |
| | 50m: 32.39 100m: 1:08.81 | 32.39 36.42 | 150m: 1:47.93 200m: 2:28.17 | 39.12 40.24 | 250m: 3:07.95 300m: 3:48.28 | 39.78 40.33 | 350m: 4:27.23 400m: 5:05.91 | 38.95 38.68 |
| 8. | Wiljam Nijenhuis | De IJsel | 5:43.70 | 196400547 | 5:06.56 | +0,93 | | |
| | 50m: 33.75 100m: 1:10.63 | 33.75 36.88 | 150m: 1:49.26 200m: 2:28.97 | 38.63 39.71 | 250m: 3:08.64 300m: 3:48.48 | 39.67 39.84 | 350m: 4:28.48 400m: 5:06.56 | 40.00 38.08 |
| 9. | Fred Dijkshoorn | Zwemvereniging Westland | 5:34.99 | 196501539 | 5:24.92 | +0,79 | | |
| | 50m: 35.53 100m: 1:16.25 | 35.53 40.72 | 150m: 1:59.10 200m: 2:41.93 | 42.85 42.83 | 250m: 3:23.95 300m: 4:05.63 | 42.02 41.68 | 350m: 4:45.96 400m: 5:24.92 | 40.33 38.96 |
| 10. | Jan Smalheer | SCOM | 5:34.24 | 196400701 | 5:32.06 | +1,03 | | |
| | 50m: 36.44 100m: 1:16.12 | 36.44 39.68 | 150m: 1:57.96 200m: 2:40.16 | 41.84 42.20 | 250m: 3:22.82 300m: 4:06.17 | 42.66 43.35 | 350m: 4:49.83 400m: 5:32.06 | 43.66 42.23 |
| 11. | Eric Tijms | OEZA | 5:57.86 | 196401125 | 5:53.58 | +0,84 | | |
| | 50m: 36.35 100m: 1:17.40 | 36.35 41.05 | 150m: 2:01.69 200m: 2:47.87 | 44.29 46.18 | 250m: 3:34.19 300m: 4:21.87 | 46.32 47.68 | 350m: 5:09.13 400m: 5:53.58 | 47.26 44.45 |
| 12. | Casper Dollekamp | Steenwijk 1934 | 5:42.04 | 196301341 | 5:54.23 | +0,76 | | |
| | 50m: 35.43 100m: 1:15.80 | 35.43 40.37 | 150m: 1:59.02 200m: 2:43.47 | 43.22 44.45 | 250m: 3:30.06 300m: 4:18.16 | 46.59 48.10 | 350m: 5:07.24 400m: 5:54.23 | 49.08 46.99 |

Programmanr. 5, Heren, 400m vrije slag, Masters 50+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|--------------|------------|---------------|-----------|------|----|
| AFGEM | Gert Sikkema | ZIGNEA | 4:56.60 | 196300687 | | |
| AFGEM | Bob de Vries | Aquapoldro | 4:52.37 | 196601101 | | |
| AFGEM | Davy Aerts | ShaRK | 5:12.20 | 10452/64 | | |

Masters 55+

| | | | | | | | |
|----|---------------------|------------------|---------|---------------|----------------|---------------|-------|
| 1. | Marten de Groot | HZ&PC Heerenveen | 4:30.73 | 195800149 | 4:47.94 | +0,71 | |
| | 50m: 32.17 | 150m: 1:45.33 | 37.14 | 250m: 3:00.65 | 37.46 | 350m: 4:12.88 | 35.99 |
| | 100m: 1:08.19 | 200m: 2:23.19 | 37.86 | 300m: 3:36.89 | 36.24 | 400m: 4:47.94 | 35.06 |
| 2. | Gustav van den Berg | TriVia | 4:47.20 | 196100991 | 4:48.50 | +0,85 | |
| | 50m: 32.96 | 150m: 1:45.12 | 36.63 | 250m: 2:59.60 | 37.52 | 350m: 4:13.52 | 36.78 |
| | 100m: 1:08.49 | 200m: 2:22.08 | 36.96 | 300m: 3:36.74 | 37.14 | 400m: 4:48.50 | 34.98 |
| 3. | Lex Hoogendam | MNC Dordrecht | 5:44.05 | 195700541 | 5:59.83 | +1,05 | |
| | 50m: 37.13 | 150m: 2:05.38 | 45.60 | 250m: 3:39.12 | 47.07 | 350m: 5:13.91 | 47.51 |
| | 100m: 1:19.78 | 200m: 2:52.05 | 46.67 | 300m: 4:26.40 | 47.28 | 400m: 5:59.83 | 45.92 |
| 4. | Dirk Crok | OEZA | 6:30.53 | 195800547 | 6:26.06 | +1,15 | |
| | 50m: 40.88 | 150m: 2:15.60 | 48.44 | 250m: 3:55.16 | 49.58 | 350m: 5:36.66 | 51.30 |
| | 100m: 1:27.16 | 200m: 3:05.58 | 49.98 | 300m: 4:45.36 | 50.20 | 400m: 6:26.06 | 49.40 |
| 5. | Herbert Katgert | WS Twente | 7:00.10 | 195900739 | 6:32.19 | +1,23 | |
| | 50m: 41.49 | 150m: 2:18.80 | 49.88 | 250m: 3:59.66 | 50.03 | 350m: 5:40.86 | 50.08 |
| | 100m: 1:28.92 | 200m: 3:09.63 | 50.83 | 300m: 4:50.78 | 51.12 | 400m: 6:32.19 | 51.33 |

Masters 60+

| | | | | | | | |
|----|------------------------------|-------------------------|---------|---------------|----------------|---------------|-------|
| 1. | Jean-Marie Cadiat | CNSW | 4:57.87 | 000243/53 | 5:02.36 | +0,92 | |
| | <i>Kampioenschaps Record</i> | | | | | | |
| | 50m: 34.31 | 150m: 1:50.55 | 37.82 | 250m: 3:06.98 | 38.25 | 350m: 4:24.74 | 39.28 |
| | 100m: 1:12.73 | 200m: 2:28.73 | 38.18 | 300m: 3:45.46 | 38.48 | 400m: 5:02.36 | 37.62 |
| 2. | Henk Slomp | Inktvis-De Pinquin (SG) | 5:21.41 | 195500359 | 5:31.03 | +0,83 | |
| | 50m: 35.35 | 150m: 1:59.27 | 42.77 | 250m: 3:26.78 | 43.39 | 350m: 4:52.02 | 42.49 |
| | 100m: 1:16.50 | 200m: 2:43.39 | 44.12 | 300m: 4:09.53 | 42.75 | 400m: 5:31.03 | 39.01 |
| 3. | Dré Klaassen | ZOB'66 | 6:42.11 | 195600141 | 7:01.38 | | |
| | 50m: 45.01 | 150m: 2:27.87 | 52.44 | 250m: 4:17.27 | 55.30 | 350m: 6:08.50 | 55.70 |
| | 100m: 1:35.43 | 200m: 3:21.97 | 54.10 | 300m: 5:12.80 | 55.53 | 400m: 7:01.38 | 52.88 |

Masters 65+

| | | | | | | | |
|----|---------------|----------------|---------|---------------|----------------|---------------|---------|
| 1. | Piet Schop | De Bevelanders | 6:07.86 | 195000109 | 6:05.50 | +0,55 | |
| | 50m: 39.69 | 150m: 2:12.17 | 48.24 | 250m: 3:47.33 | 47.68 | 350m: 5:21.46 | 47.30 |
| | 100m: 1:23.93 | 200m: 2:59.65 | 47.48 | 300m: 4:34.16 | 46.83 | 400m: 6:05.50 | 44.04 |
| 2. | Hilbert Prins | OEZA | 6:18.47 | 195100223 | 6:12.45 | +1,02 | |
| | 50m: 40.97 | 150m: 2:12.94 | 47.03 | 250m: 3:48.38 | 47.70 | 350m: 5:24.47 | 47.92 |
| | 100m: 1:25.91 | 200m: 3:00.68 | 47.74 | 300m: 4:36.55 | 48.17 | 400m: 6:12.45 | 47.98 |
| 3. | Ludwig Lorenz | SV Gladbeck 13 | 6:37.64 | 127866 | 6:40.21 | +0,93 | |
| | 100m* | | | | | | |
| | 50m: 45.95 | 150m: 2:29.02 | 52.03 | 250m: 4:12.80 | 51.38 | 350m: 5:52.70 | 49.66 |
| | 100m: 1:36.99 | 200m: 3:21.42 | 52.40 | 300m: 5:03.04 | 50.24 | 400m: 6:40.21 | 47.51 |
| 4. | Mar van Geel | Old Dutch | 7:23.09 | 194700135 | 7:54.78 | +1,24 | |
| | 50m: 50.65 | 150m: 2:48.55 | 1:01.44 | 250m: 4:52.00 | 1:01.75 | 350m: 6:55.48 | 1:01.30 |
| | 100m: 1:47.11 | 200m: 3:50.25 | 1:01.70 | 300m: 5:54.18 | 1:02.18 | 400m: 7:54.78 | 59.30 |

Masters 70+

| | | | | | | | |
|----|-------------------------------|---------------|---------|---------------|----------------|---------------|-------|
| 1. | Alexander Bashmakov | Poseidon | 5:54.12 | 037001 | 5:50.01 | +0,95 | |
| | <i>Russian Masters Record</i> | | | | | | |
| | 50m: 38.96 | 150m: 2:04.62 | 43.05 | 250m: 3:33.57 | 44.11 | 350m: 5:04.65 | 45.87 |
| | 100m: 1:21.57 | 200m: 2:49.46 | 44.84 | 300m: 4:18.78 | 45.21 | 400m: 5:50.01 | 45.36 |
| 2. | Willem Putter | ZVVS | 6:28.79 | 194500135 | 6:26.72 | +0,98 | |
| | 50m: 41.47 | 150m: 2:16.24 | 48.78 | 250m: 3:56.19 | 49.87 | 350m: 5:37.55 | 50.85 |
| | 100m: 1:27.46 | 200m: 3:06.32 | 50.08 | 300m: 4:46.70 | 50.51 | 400m: 6:26.72 | 49.17 |
| 3. | Rob Hanou | PSV | 6:32.01 | 194300109 | 6:29.47 | +1,10 | |
| | 50m: 42.27 | 150m: 2:21.94 | 50.24 | 250m: 4:03.56 | 50.77 | 350m: 5:43.32 | 49.43 |
| | 100m: 1:31.70 | 200m: 3:12.79 | 50.85 | 300m: 4:53.89 | 50.33 | 400m: 6:29.47 | 46.15 |

Programmanr. 5, Heren, 400m vrije slag, Masters 70+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|------------------|------------|---------------|-----------|----------------|-------|---------------|-------|
| 4. | Geza Kaltenecker | AZC | 6:46.51 | 194200065 | 7:08.99 | +0,95 | | |
| | 50m: 43.09 | 43.09 | 150m: 2:30.66 | 55.82 | 250m: 4:23.84 | 56.95 | 350m: 6:16.64 | 56.29 |
| | 100m: 1:34.84 | 51.75 | 200m: 3:26.89 | 56.23 | 300m: 5:20.35 | 56.51 | 400m: 7:08.99 | 52.35 |

Masters 75+

| | | | | | | | | |
|----|--------------------------------|-------------------|---------------|-----------|----------------|---------|---------------|---------|
| 1. | Joaquin Canales de Mendoza | R.C. Mediterraneo | 5:45.85 | | 5:49.36 | | | |
| | <i>Europees Masters Record</i> | | | | | | | |
| | 50m: 38.54 | 38.54 | 150m: 2:06.81 | 45.11 | 250m: 3:38.26 | 46.00 | 350m: 5:07.69 | 44.84 |
| | 100m: 1:21.70 | 43.16 | 200m: 2:52.26 | 45.45 | 300m: 4:22.85 | 44.59 | 400m: 5:49.36 | 41.67 |
| 2. | Frederik Hendrik De Bruijn | CN Aquamasters | 6:28.63 | 0X0345415 | 6:07.91 | +1,22 | | |
| | <i>50m*, 100m*</i> | | | | | | | |
| | 50m: 42.01 | 42.01 | 150m: 2:14.54 | 46.68 | 250m: 3:47.81 | 46.68 | 350m: 5:22.00 | 46.24 |
| | 100m: 1:27.86 | 45.85 | 200m: 3:01.13 | 46.59 | 300m: 4:35.76 | 47.95 | 400m: 6:07.91 | 45.91 |
| 3. | Nic Geers | Z&PC De Gouwe | 6:07.53 | 193800007 | 7:04.03 | | | |
| | 50m: 47.39 | 47.39 | 150m: 2:36.21 | 55.03 | 250m: 4:24.45 | 53.84 | 350m: 6:14.02 | 54.47 |
| | 100m: 1:41.18 | 53.79 | 200m: 3:30.61 | 54.40 | 300m: 5:19.55 | 55.10 | 400m: 7:04.03 | 50.01 |
| 4. | Gregor Pompen | Aqua-Novio'94 | 7:43.06 | 193700021 | 8:07.05 | +1,03 | | |
| | 50m: 51.21 | 51.21 | 150m: 2:48.22 | 59.73 | 250m: 4:51.83 | 1:01.86 | 350m: 6:57.77 | 1:02.91 |
| | 100m: 1:48.49 | 57.28 | 200m: 3:49.97 | 1:01.75 | 300m: 5:54.86 | 1:03.03 | 400m: 8:07.05 | 1:09.28 |

Programmanr. 6
22-01-2016 - 11:30

Dames, 100m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m | |
|--------------------|----------------------------------|---------------------|---------------|-----------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. | Nicole Bennis | WVZ | 1:12.48 | 199600470 | 1:12.47 | +0,69 | 33.60 | 1:12.47 |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| 2. | Yvon Versteeg | De Veene | 1:14.60 | 199201864 | 1:15.74 | +0,75 | 35.33 | 1:15.74 |
| 3. | Chantal van der Horst | De Meer | 1:16.47 | 199400616 | 1:16.62 | +0,74 | 36.55 | 1:16.62 |
| 4. | Karin Groen | Nova | 1:20.48 | 199502440 | 1:18.56 | +0,69 | 36.46 | 1:18.56 |
| 5. | Carmen Seesing | NDD | 1:16.58 | 199406220 | 1:19.03 | +0,75 | 36.34 | 1:19.03 |
| 6. | Eline van Gemert | De Meer | 1:18.87 | 199505458 | 1:20.05 | +0,69 | 37.37 | 1:20.05 |
| 7. | Moniek Heemsker | LZ 1886 | 1:19.04 | 199601964 | 1:20.72 | +0,69 | 37.87 | 1:20.72 |
| 8. | Karin Verbeek | Nautilus | 1:21.78 | 199201848 | 1:21.71 | +0,58 | 38.64 | 1:21.71 |
| 9. | Aylin van Uffelen | ZPB H&L Productions | 1:22.40 | 199600352 | 1:24.00 | +0,78 | 39.64 | 1:24.00 |
| 10. | Rebecca Evers | ZOB'66 | 1:27.39 | 199207916 | 1:27.80 | +0,66 | 41.56 | 1:27.80 |
| 11. | Nieske Janssen | NIMO | 1:34.05 | 199601328 | 1:31.54 | +0,83 | 42.98 | 1:31.54 |
| | AFGEM Anouchka Hoogstraten | De Veene | 1:28.23 | 199600824 | | | | |

Masters 25+

| | | | | | | | | |
|-----|----------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. | Marlijn Hendriksen | Arethusa | 1:13.14 | 198806828 | 1:13.43 | +0,73 | 34.47 | 1:13.43 |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| 2. | Jacyntha Plat | De Golfbreker | 1:15.29 | 199002956 | 1:16.68 | +0,76 | 36.26 | 1:16.68 |
| 3. | Chantal Meyerink | De Grunte | 1:18.97 | 199105212 | 1:17.10 | +0,78 | 35.90 | 1:17.10 |
| 4. | Aniek Huijsman | De Lansingh | 1:19.21 | 198801932 | 1:17.61 | +0,72 | 35.98 | 1:17.61 |
| 5. | Elmi Roelofsen | ZVV | 1:19.11 | 199008198 | 1:20.71 | +0,81 | 38.12 | 1:20.71 |
| 6. | Linda Janssen | ZPB H&L Productions | 1:24.42 | 198802088 | 1:23.97 | +0,86 | 39.70 | 1:23.97 |
| 7. | Isabelle Massar | WVZ | 1:19.97 | 199102034 | 1:24.64 | +0,76 | 37.98 | 1:24.64 |
| 8. | Eline Roeland | MGO (SG) | 1:25.91 | 198805970 | 1:26.61 | +0,85 | 41.18 | 1:26.61 |
| 9. | Evelien Terpstra | EZC | 1:27.70 | 199005654 | 1:28.17 | +0,73 | 41.52 | 1:28.17 |
| 10. | Liesbeth van Mill | DWK | 1:29.39 | 198702786 | 1:29.49 | +0,93 | 42.34 | 1:29.49 |
| 11. | Carola Hompes | Budel | 1:31.23 | 198801868 | 1:32.02 | +0,87 | 44.31 | 1:32.02 |
| 12. | Kelly Bockting | Montferland | 1:32.80 | 199104050 | 1:33.01 | +0,85 | 44.06 | 1:33.01 |
| 13. | Janneke Wynia | WS Twente | 1:36.73 | 199005500 | 1:39.90 | +1,00 | 47.33 | 1:39.90 |
| | AFGEM Tara Keijzer | Steenwijk 1934 | 1:34.12 | 199108498 | | | | |

Programmanr. 6, Dames, 100m schoolslag

Masters 30+

| | | | | | | | |
|-------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Roos van Esch | d'ELFT WAVE (SG) | 1:22.82 | 198200468 | 1:21.46 | +0,77 | 38.67 | 1:21.46 |
| 2. Nadya Putter | ZVVS | 1:23.12 | 198301630 | 1:22.05 | +0,72 | 39.39 | 1:22.05 |
| 3. Esther Versteeg | Van Vliet-Barracuda | 1:25.19 | 198302112 | 1:25.21 | | 40.70 | 1:25.21 |
| 4. Renee de Kok | PSV | 1:26.98 | 198403350 | 1:25.91 | +0,73 | 39.89 | 1:25.91 |
| 5. A. Reefhuis-de Vries | WS Twente | 1:24.95 | 198603908 | 1:26.00 | +0,72 | 39.86 | 1:26.00 |
| 6. Aafke Groot | De Geul | 1:36.35 | 198302748 | 1:28.66 | +0,98 | 42.33 | 1:28.66 |
| 7. Josse van Geffen | GZVW | 1:31.63 | 198604730 | 1:31.56 | +0,83 | 42.86 | 1:31.56 |
| 8. Annette Vogelsang | ZV De Bron | 1:28.82 | 198402632 | 1:32.80 | +0,90 | 43.46 | 1:32.80 |

Masters 35+

| | | | | | | | |
|-----------------------|-------|---------|-----------|----------------|-------|-------|---------|
| 1. Yvonne Gerritsen | WVZ | 1:28.97 | 198000342 | 1:25.67 | | 40.09 | 1:25.67 |
| 2. Eveline Hacquebord | IJZPC | 1:30.92 | 197901206 | 1:29.50 | +0,96 | 42.67 | 1:29.50 |
| 3. Petra Verstegen | WVZ | 1:32.58 | 197700906 | 1:31.26 | +0,87 | 42.82 | 1:31.26 |

Masters 40+

| | | | | | | | |
|---------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Nadège van Meeteren | De Meer | 1:21.29 | 197400736 | 1:24.17 | +0,83 | 39.38 | 1:24.17 |
| 2. Pascale Janssen | De Roersoppers | 1:29.09 | 197300852 | 1:31.58 | +0,99 | 42.01 | 1:31.58 |
| 3. Marian Nederlof | DWF | 1:28.69 | 197600950 | 1:31.90 | +0,85 | 42.69 | 1:31.90 |
| 4. Ursula Spoelstra-de Groot | WS Twente | 1:41.48 | 197200952 | 1:42.04 | +0,98 | 46.88 | 1:42.04 |
| AFGEM Ilona Hogerheyde | DAW | 1:29.29 | 197400224 | | | | |
| AFGEM Chantal Gerritsen-Driesen | Old Dutch | 1:32.14 | 197601074 | | | | |

Masters 45+

| | | | | | | | |
|------------------------------|----------------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marjo Goelema-Koek | De Biesboschwimmers | 1:19.36 | 196900192 | 1:19.36 | +0,79 | 36.94 | 1:19.36 |
| | <i>Nederlands Masters Record</i> | | | | | | |
| 2. Karin Stein | ZVVS | 1:19.86 | 197100554 | 1:21.33 | +0,79 | 38.70 | 1:21.33 |
| 3. Annette Wijnja-Visser | De Biesboschwimmers | 1:20.29 | 196700528 | 1:23.22 | +0,74 | 39.12 | 1:23.22 |
| 4. Desiree van der Lem | Vereniging Swimcademy | 1:25.78 | 196800282 | 1:28.26 | +0,87 | 41.34 | 1:28.26 |
| 5. Iris van Aurich | DWK | 1:31.88 | 196900866 | 1:30.06 | +0,64 | 42.49 | 1:30.06 |
| 6. Annette Korving-Leijenaar | Aqualero | 1:30.66 | 196700662 | 1:31.00 | +0,79 | 42.74 | 1:31.00 |
| 7. Helena Mels | ZVVS | 1:35.03 | 196901036 | 1:36.09 | +0,89 | 44.85 | 1:36.09 |
| 8. Annet Kootstra | Swol 1894 | 1:40.20 | 197100344 | 1:40.77 | +0,85 | 47.66 | 1:40.77 |
| 9. Greta Wyma-Teitsma | DWK | 1:43.42 | 197100696 | 1:44.21 | +0,88 | 49.41 | 1:44.21 |
| 10. Judith van der Heijden | Budel | 1:52.14 | 197001012 | 1:48.96 | +0,92 | 52.50 | 1:48.96 |
| AFGEM Marja Verwoerd | ZPC Woerden | 1:36.79 | 196900954 | | | | |

Masters 50+

| | | | | | | | |
|------------------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Jacqueline Tuin | DAW | 1:29.02 | 196600690 | 1:29.10 | +0,71 | 40.91 | 1:29.10 |
| 2. Carla Mol | ZPCH | 1:31.30 | 196600244 | 1:31.79 | +0,83 | 43.14 | 1:31.79 |
| 3. Annemarie Vuist | Swol 1894 | 1:30.94 | 196300282 | 1:33.75 | +0,90 | 45.02 | 1:33.75 |
| 4. K. van Nassau van den Heu | Old Dutch | 1:34.44 | 196600188 | 1:40.68 | +0,90 | 47.71 | 1:40.68 |
| 5. Gonnje Paas | ZVVS | 1:42.93 | 196200418 | 1:46.53 | +0,85 | 49.24 | 1:46.53 |

Masters 55+

| | | | | | | | |
|--------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Olga Kedrova | Poseidon | 1:37.87 | 037010 | 1:32.98 | +0,89 | 43.29 | 1:32.98 |
| 2. Marijke Kraak-Beckers | WS Twente | 1:35.59 | 196000240 | 1:34.16 | +0,68 | 44.76 | 1:34.16 |
| 3. Marina Novikova | Poseidon | 1:34.48 | 101996 | 1:34.28 | +1,05 | 45.14 | 1:34.28 |
| 4. Marijke van Hoek | ZPC De Zeeuwse Kust | 1:41.87 | 195800050 | 1:36.01 | +0,84 | 45.43 | 1:36.01 |
| 5. Claire Anthony | CNSW | 1:43.21 | 001351/57 | 1:40.35 | +0,94 | 48.51 | 1:40.35 |
| 6. Janny van Eijk | ZV De Bron | 1:43.82 | 195800022 | 1:44.03 | | 49.21 | 1:44.03 |
| 7. Marjan Spoelstra | Swol 1894 | 1:46.71 | 196000236 | 1:48.46 | +1,06 | 52.53 | 1:48.46 |

Masters 60+

| | | | | | | | |
|------------------------|---------|---------|-----------|----------------|-------|---------|---------|
| 1. Ineke Weekers | PSV | 1:33.49 | 195300050 | 1:34.48 | +0,85 | 46.01 | 1:34.48 |
| 2. Tineke van Diggelen | ZPCH | 1:53.71 | 195200048 | 1:55.33 | +0,92 | 55.82 | 1:55.33 |
| 3. Corine Kalbfleisch | DWT | 1:51.98 | 195200024 | 2:05.00 | +1,15 | 58.04 | 2:05.00 |
| 4. Geerdien Meerwaldt | De Geul | 2:04.44 | 195200058 | 2:08.93 | +1,08 | 1:00.42 | 2:08.93 |

Programmanr. 6, Dames, 100m schoolslag

Masters 65+

| | | | | | | | |
|--------------------------------|----------------------|---------|-----------|----------------|-------|---------|---------|
| 1. Grete Heugl | SU Generali Salzburg | 1:35.82 | 23350 | 1:37.62 | +0,63 | 45.43 | 1:37.62 |
| <i>Austrian Masters Record</i> | | | | | | | |
| 2. Bea Swijnenberg | Swol 1894 | 1:37.45 | 194900010 | 1:43.47 | | 49.64 | 1:43.47 |
| 3. Nini van Dongen-de Paepe | ZZ&PC De Devel | 2:11.27 | 195100044 | 2:12.70 | +1,07 | 1:02.36 | 2:12.70 |

Masters 70+

| | | | | | | | |
|------------------------------|----------------|---------|-----------|----------------|-------|---------|---------|
| 1. A. Verhoeven - Steggerda | De Duinkickers | 1:58.61 | 194600024 | 1:56.17 | +1,06 | 53.73 | 1:56.17 |
| <i>Kampioenschaps Record</i> | | | | | | | |
| 2. Mieke Strijbis-v.d.Kroft | DAW | 1:59.50 | 194500004 | 2:03.15 | +1,25 | 1:00.22 | 2:03.15 |

Masters 85+

| | | | | | | | |
|---|------|---------|----------|----------------|-------|-------|---------|
| 1. Agnes Van Obberghen | AZSC | 1:57.51 | 20696/31 | 1:56.68 | +1,09 | 55.12 | 1:56.68 |
| <i>Wereld Masters Record, WMR en EMR 50m tt</i> | | | | | | | |

Masters 90+

| | | | | | | | |
|--|-----|---------|-----------|----------------|--|---------|---------|
| 1. Marianne Maandonks | PSV | 3:22.05 | 192600004 | 3:29.73 | | 1:37.78 | 3:29.73 |
| <i>Nederlands Masters Record, NMR 50m tt</i> | | | | | | | |

Programmanr. 7
22-01-2016 - 11:53

Heren, 100m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m | |
|----------------------------------|----------------|---------------|-----------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | | |
| 1. Wimar Lindenberg | Hieronymus | 1:04.06 | 199601857 | 1:03.26 | +0,57 | 29.11 | 1:03.26 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Romero Hennepe | De Kempvis | 1:05.24 | 199304929 | 1:06.38 | +0,60 | 30.61 | 1:06.38 |
| 3. Roald Blok | Octopus | 1:05.42 | 199302685 | 1:06.79 | +0,70 | 31.28 | 1:06.79 |
| 4. Martino Valentijn | DIO | 1:13.66 | 199403913 | 1:10.13 | +0,68 | 32.54 | 1:10.13 |
| 5. Pieter Pijnenburg | De Warande | 1:10.18 | 199305227 | 1:11.58 | +0,73 | 33.67 | 1:11.58 |
| 6. Jordy Jongenelen | ZC Aquadream | 1:15.40 | 199504995 | 1:16.11 | +0,67 | 35.69 | 1:16.11 |
| 7. Yorick Kreuwel | De Veene | 1:20.38 | 199402225 | 1:21.12 | +0,82 | 38.20 | 1:21.12 |
| 8. John van Heteren | DWF | 1:28.41 | 199305017 | 1:30.84 | +0,75 | 42.27 | 1:30.84 |
| 9. Jelle Hatenboer | RSW (SG) | 1:31.67 | 199207309 | 1:32.36 | +0,72 | 43.47 | 1:32.36 |
| AFGEM Mike Koelewijn | Steenwijk 1934 | 1:13.14 | 199303597 | | | | |

Masters 25+

| | | | | | | | |
|---|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Erik Simons | d'ELFT WAVE (SG) | 1:05.01 | 198902845 | 1:04.94 | +0,75 | 30.79 | 1:04.94 |
| 2. Maik Steenkamp | Montferland | 1:11.26 | 199103847 | 1:11.54 | +0,77 | 33.60 | 1:11.54 |
| 3. Patrick Creemers | RZ | 1:07.92 | 199000579 | 1:11.56 | +0,76 | 33.24 | 1:11.56 |
| 4. Herman van Dijk | De Wellerobben | 1:11.29 | 198900691 | 1:12.22 | +0,90 | 33.43 | 1:12.22 |
| 5. Stefan van de Grift | Octopus | 1:12.83 | 198701121 | 1:14.49 | +0,81 | 34.33 | 1:14.49 |
| 6. Boy Heijnekamp | LZ 1886 | 1:17.54 | 198901161 | 1:17.32 | +0,76 | 36.64 | 1:17.32 |
| 7. Daniël Kunne | UZSC | 1:17.23 | 199001709 | 1:17.63 | +0,75 | 36.35 | 1:17.63 |
| 8. Dennis Kraakman | DAW | 1:21.60 | 198705325 | 1:18.30 | +0,70 | 35.81 | 1:18.30 |
| 9. Wouter van 't Klooster | ZPC AMERSFOORT | 1:19.00 | 198806159 | 1:20.98 | +0,86 | 37.65 | 1:20.98 |
| 10. Harmen Reemst | ZOB'66 | 1:22.15 | 198702715 | 1:24.41 | +0,77 | 38.43 | 1:24.41 |
| DIS Patrick Holthuisen | d'ELFT WAVE (SG) | 1:33.84 | 199107681 | | | | |
| <i>SS - Touched turn or finish with hands over each other</i> | | | | | | | |

Programmanr. 7, Heren, 100m schoolslag

Masters 30+

| | | | | | | | |
|------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Tim van den Berg | MNC Dordrecht | 1:06.31 | 198500157 | 1:09.07 | +0,77 | 32.41 | 1:09.07 |
| 2. Lauren Vis | Steenwijk 1934 | 1:10.68 | 198201883 | 1:10.10 | +0,64 | 32.26 | 1:10.10 |
| 3. Ivan van Omme | De Geul | 1:10.03 | 198201263 | 1:10.50 | +0,66 | 32.55 | 1:10.50 |
| 4. Kristiaan Lenos | LZ 1886 | 1:09.36 | 198301331 | 1:11.38 | +0,81 | 33.30 | 1:11.38 |
| 5. Yuri van Omme | Zwemvereniging Hoogland | 1:12.07 | 198501887 | 1:12.20 | +0,81 | 32.78 | 1:12.20 |
| 6. Jim Geestman | RSW (SG) | 1:13.39 | 198300699 | 1:14.79 | +0,97 | 34.94 | 1:14.79 |
| 7. Ferry Blangé | ZOB'66 | 1:14.70 | 198300185 | 1:15.22 | +0,71 | 34.75 | 1:15.22 |
| 8. Wouter Zijlstra | DAW | 1:18.07 | 198202077 | 1:16.73 | +0,78 | 35.41 | 1:16.73 |
| 9. Rob van Wanrooy | Gay Swim Amsterdam | 1:15.04 | 198202627 | 1:17.84 | +0,68 | 35.44 | 1:17.84 |
| 10. David Verlek | De Geul | 1:19.27 | 198402381 | 1:20.16 | +0,88 | 36.71 | 1:20.16 |
| 11. Sven Schutte | Zwemlust-den Hommel | 1:19.22 | 198604713 | 1:21.14 | +0,83 | 37.35 | 1:21.14 |
| 12. Constant van Ewijk | De Gelsenberg | 1:25.80 | 198303025 | 1:28.19 | +0,80 | 40.32 | 1:28.19 |

Masters 35+

| | | | | | | | |
|---|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Joost Hoetjes | DAW | 1:10.39 | 197800425 | 1:08.76 | +0,72 | 32.61 | 1:08.76 |
| 2. Simon van Ravesteijn | WVZ | 1:08.00 | 198002263 | 1:08.95 | +0,77 | 32.24 | 1:08.95 |
| 3. Dennis van den Berg | UZSC | 1:08.22 | 198100089 | 1:09.33 | +0,83 | 32.24 | 1:09.33 |
| 4. Vincent Versteeg | Zwemlust-den Hommel | 1:09.56 | 197701003 | 1:09.92 | +0,77 | 32.30 | 1:09.92 |
| 5. Freddie Geerlings | NIMO | 1:11.60 | 197900379 | 1:12.37 | +0,78 | 33.97 | 1:12.37 |
| 6. Victor Barnar | GoSwim | 1:10.40 | 197801805 | 1:13.52 | +0,73 | 33.85 | 1:13.52 |
| 7. Kars Luttk | DAW | 1:16.52 | 197800675 | 1:15.16 | +0,73 | 34.99 | 1:15.16 |
| 8. Harm Jan Otter | De Zandstuve | 1:14.79 | 198101283 | 1:16.37 | +0,82 | 35.31 | 1:16.37 |
| 9. Berry van Holland | TriVia | 1:16.28 | 198000603 | 1:17.21 | +0,75 | 35.78 | 1:17.21 |
| 10. Michiel Brinkman | DAW | 1:24.16 | 198001991 | 1:19.73 | +0,93 | 38.05 | 1:19.73 |
| 11. Jeroen Vogelsang | DAW | 1:22.12 | 198001645 | 1:20.72 | +0,90 | 38.26 | 1:20.72 |
| 12. Rogier van Gent | IJZPC | 1:24.08 | 198000405 | 1:24.43 | +0,84 | 37.97 | 1:24.43 |
| 13. Marnix Cornelisse | LZ 1886 | 1:29.81 | 198002343 | 1:28.81 | +0,81 | 42.00 | 1:28.81 |
| 14. Robin Roskam | De Duinkickers | 1:33.52 | 197801831 | 1:29.01 | +0,88 | 40.95 | 1:29.01 |
| DIS Nol van Thull | d'ELFT WAVE (SG) | 1:21.77 | 198001513 | | | | |
| <i>SR - Made more than one butterfly kick after start or turn</i> | | | | | | | |
| AFGEM Hans Cligge | De Futen | 1:19.87 | 198100315 | | | | |

Masters 40+

| | | | | | | | |
|------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Egbert Stolk | d'ELFT WAVE (SG) | 1:07.40 | 197600889 | 1:07.20 | +0,76 | 31.67 | 1:07.20 |
| <i>Kampioenschaps Record</i> | | | | | | | |
| 2. Sergey Petrov | Poseidon | 1:11.62 | 102211 | 1:11.85 | +0,72 | 33.56 | 1:11.85 |
| 3. Jiri Geers | AZK | 1:09.99 | 10011/74 | 1:12.48 | +0,71 | 34.30 | 1:12.48 |
| 4. Jimmy Swiggers | BEST | 1:17.37 | 11027/74 | 1:17.65 | +0,91 | 36.99 | 1:17.65 |
| 5. Arnoud van Royen | TriVia | 1:26.77 | 197201515 | 1:30.00 | +0,83 | 41.30 | 1:30.00 |
| 6. Bas van Gool | De Geul | 1:38.60 | 197201435 | 1:44.65 | +0,92 | 48.25 | 1:44.65 |

Masters 45+

| | | | | | | | |
|----------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Harry Cornet | De Biesboschwimmers | 1:08.34 | 197100175 | 1:08.83 | +0,77 | 31.89 | 1:08.83 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Marcel van Winssen | De Gelsenberg | 1:12.39 | 197101477 | 1:11.18 | +0,80 | 33.01 | 1:11.18 |
| 3. Harold Matla | PSV | 1:09.37 | 196800591 | 1:11.32 | +0,88 | 34.03 | 1:11.32 |
| 4. Erlend Alstad | I.L. Varg | 1:15.42 | | 1:11.44 | +0,73 | 34.25 | 1:11.44 |
| 5. Richard Rickson | NIMO | 1:13.45 | 197000841 | 1:12.90 | +0,84 | 34.44 | 1:12.90 |
| 6. Paul van den Heuvel | Arethusa | 1:14.65 | 197000441 | 1:14.73 | +0,82 | 35.50 | 1:14.73 |
| 7. Roeland van der Heijden | PSV | 1:15.49 | 196701389 | 1:17.42 | +0,76 | 35.09 | 1:17.42 |
| 8. Hans Schoenmakers | DAW | 1:18.70 | 196900863 | 1:18.59 | +0,76 | 36.32 | 1:18.59 |
| 9. Arjan Bellaart | Het Y | 1:18.47 | 196900079 | 1:18.76 | +0,71 | 36.74 | 1:18.76 |
| 10. Jeroen Kort | DAW | 1:19.16 | 196801543 | 1:18.99 | +0,79 | 36.65 | 1:18.99 |
| 11. Rob Janssen | De Gelsenberg | 1:19.16 | 197001467 | 1:19.49 | +0,80 | 36.88 | 1:19.49 |
| 12. Huyb Stegeman | Steenwijk 1934 | 1:22.66 | 196701535 | 1:23.42 | +0,85 | 38.42 | 1:23.42 |
| 13. Joop Weenink | WS Twente | 1:22.40 | 196801535 | 1:24.46 | +0,99 | 40.17 | 1:24.46 |
| 14. Marco van Rooijen | Arethusa | 1:26.55 | 196901755 | 1:24.77 | +0,90 | 39.74 | 1:24.77 |
| 15. Gertjan van der Vaart | ZVVS | 1:31.15 | 196801529 | 1:30.52 | +0,78 | 41.87 | 1:30.52 |
| 16. Martijn de Jong | DAWK | 1:39.10 | 197101659 | 1:34.14 | +0,77 | 44.66 | 1:34.14 |
| AFGEM Marcel Jonkman | Aqualero | 1:15.09 | 196801389 | | | | |
| AFGEM Korstiaan de Boer | Steenwijk 1934 | 1:32.46 | 197101629 | | | | |

Programmanr. 7, Heren, 100m schoolslag

Masters 50+

| | | | | | | | |
|----------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Ron Dekker | ZV Haerlem | 1:11.98 | 196600155 | 1:11.39 | +0,92 | 33.40 | 1:11.39 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Hans Kwaks | De Krabben | 1:16.42 | 196400443 | 1:16.67 | +0,84 | 35.97 | 1:16.67 |
| 3. Arno Schrauwen | De Roersoppers | 1:16.88 | 196501355 | 1:17.03 | +0,82 | 36.74 | 1:17.03 |
| 4. Bertjan Schelhaas | DWT | 1:16.58 | 196501577 | 1:17.76 | +0,80 | 35.98 | 1:17.76 |
| 5. Theo Bakker | TriVia | 1:17.70 | 196401231 | 1:18.69 | +0,79 | 36.59 | 1:18.69 |
| 6. Ron Korzelius | ZPC AMERSFOORT | 1:16.50 | 196500513 | 1:19.32 | +0,75 | 36.79 | 1:19.32 |
| 7. Vadim Ezkov | Pregel | 1:21.16 | 10020 | 1:20.28 | +0,72 | 37.03 | 1:20.28 |
| 8. Eric de Haas | De Treffers | 1:20.66 | 196501275 | 1:22.21 | +0,93 | 38.92 | 1:22.21 |
| 9. Ivo Buchholz | WS Twente | 1:28.67 | 196401165 | 1:24.14 | +0,83 | 39.67 | 1:24.14 |
| 10. Roy le Clercq | De Rog | 1:28.29 | 196401041 | 1:26.76 | +0,88 | 40.37 | 1:26.76 |
| 11. Erwin Beringen | GoSwim | 1:29.30 | 196601515 | 1:27.06 | +0,73 | 40.98 | 1:27.06 |
| 12. Willem Jannink | Swol 1894 | 1:29.67 | 196500423 | 1:29.85 | +0,88 | 41.50 | 1:29.85 |
| 13. Eric Tijms | OEZA | 1:30.91 | 196401125 | 1:32.96 | | 43.69 | 1:32.96 |
| 14. Marco Schoenmakers | ZVVS | 1:32.65 | 196401375 | 1:33.43 | +0,86 | 42.25 | 1:33.43 |
| 15. Hans van Scheepen | Steenwijk 1934 | 1:37.29 | 196201245 | 1:36.97 | +0,84 | 43.88 | 1:36.97 |
| AFGEM Gert Sikkema | ZIGNEA | 1:15.36 | 196300687 | | | | |
| AFGEM Peter Fölker | Aqua-Novio'94 | 1:22.09 | 196401021 | | | | |

Masters 55+

| | | | | | | | |
|----------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Ralph Caster | RZ | 1:18.05 | 196100069 | 1:18.05 | +0,83 | 36.23 | 1:18.05 |
| 2. Ronald Grove | Oceanus | 1:22.12 | 196100161 | 1:21.55 | +0,76 | 37.99 | 1:21.55 |
| 3. Arlandas Juodeska | Kauno Takas | 1:21.31 | | 1:21.58 | +0,75 | 38.77 | 1:21.58 |
| <i>Lithuanian Masters Record</i> | | | | | | | |
| 4. Adrian Ortiz Buitrago | WIDEX GZC DONK | 1:22.09 | 196000931 | 1:22.52 | +0,74 | 38.18 | 1:22.52 |
| 5. Rob Hemesath | PSV | 1:23.19 | 196100189 | 1:24.53 | +0,86 | 39.73 | 1:24.53 |
| 6. Durand Lammers | ESCA Zwemmen | 1:29.42 | 196001071 | 1:29.32 | +0,97 | 41.01 | 1:29.32 |
| 7. Marten de Groot | HZ&PC Heerenveen | 1:20.49 | 195800149 | 1:31.06 | +0,70 | 41.82 | 1:31.06 |
| 8. Jos Zentjens | Budel | 1:38.05 | 195700569 | 1:34.01 | +0,91 | 44.90 | 1:34.01 |
| 9. Harry Paas | ZVVS | 1:35.50 | 195800689 | 1:37.06 | +0,98 | 45.28 | 1:37.06 |
| 10. Sorin Beschia | De Geul | 1:45.64 | 195700573 | 1:39.32 | +0,92 | 47.81 | 1:39.32 |
| 11. Jan Timmerman | IJZPC | 1:42.85 | 195700347 | 1:41.33 | +0,93 | 47.74 | 1:41.33 |
| 12. Herbert Katgert | WS Twente | 1:43.01 | 195900739 | 1:43.58 | +1,19 | 48.48 | 1:43.58 |
| 13. Jos van Sleuwen | Nautilus | 1:45.14 | 195700323 | 1:44.49 | +1,30 | 48.40 | 1:44.49 |
| 14. Dirk Crok | OEZA | 1:41.99 | 195800547 | 1:45.26 | +1,18 | 49.05 | 1:45.26 |
| 15. Adrie van der Gracht | OEZA | 1:45.82 | 195700485 | 1:51.55 | +1,22 | 53.05 | 1:51.55 |

Masters 60+

| | | | | | | | |
|---------------------------|--------|---------|-----------|----------------|-------|-------|---------|
| 1. Hans Wijsman | PSV | 1:23.73 | 195500427 | 1:23.05 | | 39.70 | 1:23.05 |
| 2. Paul Bunnik | Triton | 1:23.69 | 195600413 | 1:23.55 | +0,97 | 38.29 | 1:23.55 |
| 3. Laurens Klein Breteler | WWV | 1:28.42 | 195400109 | 1:28.59 | +0,86 | 40.83 | 1:28.59 |
| 4. Dré Klaassen | ZOB'66 | 1:33.08 | 195600141 | 1:37.74 | +0,91 | 45.62 | 1:37.74 |
| 5. Nikolay Dronov | Troyka | 1:39.41 | 003037 | 1:45.86 | +1,15 | 49.43 | 1:45.86 |
| 6. Nello Spiteri | DAW | 1:52.11 | 195200295 | 1:46.03 | +0,73 | 49.25 | 1:46.03 |

Masters 65+

| | | | | | | | |
|--------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Piet Schop | De Bevelanders | 1:30.78 | 195000109 | 1:29.06 | +0,62 | 41.96 | 1:29.06 |
| 2. Oleg Ershov | Meshera | 1:28.87 | | 1:29.76 | +0,94 | 41.88 | 1:29.76 |
| 3. Mar van Geel | Old Dutch | 1:50.32 | 194700135 | 1:57.07 | +1,21 | 56.21 | 1:57.07 |
| 4. Nico van Dongen | ZZ&PC De Devel | 2:07.20 | 194800159 | 2:02.33 | +1,01 | 54.12 | 2:02.33 |

Masters 70+

| | | | | | | | |
|---------------------|-----------|---------|-----------|----------------|-------|---------|---------|
| 1. Rob Hanou | PSV | 1:34.03 | 194300109 | 1:36.14 | +1,03 | 45.07 | 1:36.14 |
| 2. Tom Meijnen | UZSC | 1:45.62 | 194400087 | 1:40.54 | +0,96 | 46.20 | 1:40.54 |
| 3. Nico Baay | Old Dutch | 1:39.14 | 194200053 | 1:42.17 | +0,79 | 47.81 | 1:42.17 |
| 4. Kevork Boyrazian | CNSW | 2:00.71 | 002620/44 | 2:02.33 | +1,46 | 1:00.89 | 2:02.33 |
| 5. Peter Ouweneel | RSW (SG) | 2:07.83 | 194500077 | 2:03.16 | +1,13 | 56.13 | 2:03.16 |

Programmanr. 7, Heren, 100m schoolslag

Masters 75+

| | | | | | | | |
|-----------------|------------|---------|-----------|----------------|-------|-------|---------|
| 1. Jan Eichhorn | ZV Haerlem | 1:51.95 | 193700015 | 2:07.18 | +1,19 | 59.53 | 2:07.18 |
|-----------------|------------|---------|-----------|----------------|-------|-------|---------|

3 - ONMK 2016 kb sessie 3

22-01-2016 - 13:30

Programmanr. 8
22-01-2016 - 13:30

Dames, 200m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|----------------------------|----------------------------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. Stéphanie Bergsma | Dedemsvaart-AC | 199203374 | 2:32.50 | +0,66 | | 32.31 | 1:11.12 | 1:51.25 | 2:32.50 |
| 2. Kimberley Kranenberg | ZPC De Hof | 199400292 | 2:40.70 | +0,82 | | 33.96 | 1:13.48 | 1:55.90 | 2:40.70 |
| 3. Giulia Rolloos | Van Vliet-Barracuda | 199500946 | 2:46.53 | +0,89 | | 35.83 | 1:16.97 | 2:01.21 | 2:46.53 |
| 4. Chantal van der Horst | De Meer | 199400616 | 3:01.37 | +0,78 | | 38.01 | 1:23.99 | 2:12.92 | 3:01.37 |
| AFGEM Evy Ulijn | Arethusa | 199604100 | | | | | | | |
| Masters 25+ | | | | | | | | | |
| 1. Marlijn Hendriksen | Arethusa | 198806828 | 2:24.98 | +0,78 | | 32.60 | 1:09.53 | 1:46.49 | 2:24.98 |
| 2. Chantal Meyerink | De Grunte | 199105212 | 2:41.74 | +0,83 | | 35.29 | 1:16.55 | 1:59.53 | 2:41.74 |
| 3. Linda Janssen | ZPB H&L Productions | 198802088 | 2:54.69 | +0,94 | | 37.56 | 1:21.07 | 2:06.78 | 2:54.69 |
| 4. Liset de Veer | Aqua-Novio'94 | 198704190 | 2:57.02 | +0,77 | | 36.78 | 1:20.57 | 2:08.70 | 2:57.02 |
| 5. Liesbeth van Mill | DWK | 198702786 | 2:58.37 | +0,94 | | 36.99 | 1:21.16 | 2:08.01 | 2:58.37 |
| 6. Maaïke van Diggele | ZPB H&L Productions | 198700868 | 3:02.76 | +0,81 | | 35.19 | 1:15.64 | 2:03.23 | 3:02.76 |
| Masters 30+ | | | | | | | | | |
| 1. Roos van Esch | d'ELFT WAVE (SG) | 198200468 | 2:29.11 | +0,84 | | 33.74 | 1:11.20 | 1:50.07 | 2:29.11 |
| 2. Linda Hoogendam | WVZ | 198300892 | 3:02.40 | +0,79 | | 39.94 | 1:27.25 | 2:15.55 | 3:02.40 |
| 3. Sandra Schellekens | SWNZ (SG) | 198503416 | 3:07.69 | +0,92 | | 37.28 | 1:22.53 | 2:13.41 | 3:07.69 |
| 4. Annette Vogelsang | ZV De Bron | 198402632 | 3:09.28 | +0,88 | | 38.51 | 1:24.33 | 2:15.61 | 3:09.28 |
| Masters 35+ | | | | | | | | | |
| 1. Tonia Ruybroek | Poseidon'56 | 198101290 | 2:48.21 | +0,94 | | 36.97 | 1:19.37 | 2:03.26 | 2:48.21 |
| 2. Chantal Verhoeff | Old Dutch | 197900912 | 3:01.52 | +0,87 | | 37.11 | 1:22.68 | 2:10.05 | 3:01.52 |
| 3. Patricia Vos | TRB-RES | 198001730 | 3:05.25 | +0,94 | | 39.58 | 1:26.98 | 2:16.41 | 3:05.25 |
| 4. Carmen Haan | ZZG De Boskickers | 197901458 | 3:32.56 | +0,96 | | 44.45 | 1:38.15 | 2:35.20 | 3:32.56 |
| 5. Cindy Klomp | AquAmigos | 197801324 | 3:44.76 | +1,02 | | 44.60 | 1:40.82 | 2:42.79 | 3:44.76 |
| 6. Rianne van Vegchelen | Deltasteur | 198101530 | 4:12.91 | +1,14 | | 54.16 | 1:58.53 | 3:06.13 | 4:12.91 |
| Masters 40+ | | | | | | | | | |
| 1. Liselotte Joling | PSV | 197500268 | 2:43.33 | +0,74 | | 36.04 | 1:17.56 | 2:00.38 | 2:43.33 |
| 2. Evelien van Klaarbergen | HZ&PC Heerenveen | 197200964 | 2:53.33 | +0,85 | | 37.62 | 1:21.60 | 2:07.15 | 2:53.33 |
| Masters 45+ | | | | | | | | | |
| 1. Jeanne Petit | De Dinkel | 197001020 | 2:49.58 | +0,90 | | 36.32 | 1:17.86 | 2:01.98 | 2:49.58 |
| 2. Cynthia Noordermeer | Het Y | 197000358 | 3:04.85 | +0,84 | | 41.11 | 1:26.93 | 2:15.49 | 3:04.85 |
| 3. Tanya Lyvbarskaya | SCOM | 197101000 | 3:17.28 | +0,87 | | 40.68 | 1:29.41 | 2:22.54 | 3:17.28 |
| 4. Hetty Smalheer | SCOM | 196700352 | 3:46.00 | +1,06 | | 47.73 | 1:45.25 | 2:45.80 | 3:46.00 |
| Masters 50+ | | | | | | | | | |
| 1. M. Grove-Lingeman | Oceanus | 196200080 | 3:02.79 | +0,76 | | 38.29 | 1:24.38 | 2:12.34 | 3:02.79 |
| 2. Nicky Slinger | HPC | 196600316 | 3:29.16 | +0,95 | | 42.77 | 1:35.33 | 2:31.18 | 3:29.16 |
| 3. Loreta Kabasinskiene | Kauno Takas | | 3:33.38 | +1,01 | | 44.83 | 1:38.19 | 2:35.36 | 3:33.38 |
| | <i>Lithuanian Masters Record</i> | | | | | | | | |
| Masters 55+ | | | | | | | | | |
| 1. Janny van Eijk | ZV De Bron | 195800022 | 3:26.08 | +0,95 | | 43.26 | 1:35.97 | 2:31.73 | 3:26.08 |
| 2. Patty Verhagen | PSV | 195900146 | 3:28.44 | +1,27 | | 41.06 | 1:36.66 | 2:32.42 | 3:28.44 |
| 3. Claire Anthony | CNSW | 001351/57 | 3:29.83 | +0,87 | | 42.90 | 1:37.38 | 2:35.22 | 3:29.83 |

Programmanr. 9
22-01-2016 - 13:45

Heren, 200m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|---|---------------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. Lars Schoffelmeer | ZPB H&L Productions | 199501907 | 2:15.99 | +0,61 | | 29.21 | 1:03.60 | 1:39.18 | 2:15.99 |
| 2. Christiaan Zwaal | MSV-Zeemacht | 199503881 | 2:20.14 | +0,67 | | 29.76 | 1:04.98 | 1:42.05 | 2:20.14 |
| 3. Pieter Pijnenburg | De Warande | 199305227 | 2:29.05 | +0,75 | | 32.42 | 1:10.05 | 1:49.39 | 2:29.05 |
| 4. Jordy Jongenelen | ZC Aquadream | 199504995 | 2:29.31 | +0,67 | | 33.13 | 1:11.13 | 1:50.56 | 2:29.31 |
| 5. Christiaan Iuga | Poseidon'56 | 199405939 | 2:49.85 | +0,81 | | 33.70 | 1:14.55 | 2:00.03 | 2:49.85 |
| 6. Hans Stoffers | Triton Putten | 199604027 | 2:52.14 | +0,72 | | 33.57 | 1:16.25 | 2:02.93 | 2:52.14 |
| Masters 25+ | | | | | | | | | |
| 1. Kevin Eltink | DWK | 199100589 | 2:06.59 | +0,74 | | 27.22 | 58.68 | 1:31.60 | 2:06.59 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. Tim Bunnik | Triton | 199000505 | 2:22.83 | +0,78 | | 31.36 | 1:07.30 | 1:44.76 | 2:22.83 |
| 3. Maik Steenkamp | Montferland | 199103847 | 2:24.41 | +0,78 | | 31.15 | 1:07.99 | 1:46.38 | 2:24.41 |
| 4. Roy Pattipeiluhu | RSW (SG) | 199101761 | 2:40.36 | +0,73 | | 33.27 | 1:11.23 | 1:52.10 | 2:40.36 |
| Masters 30+ | | | | | | | | | |
| 1. Erik Schröder | TriVia | 198402025 | 2:26.05 | +0,87 | | 31.16 | 1:07.73 | 1:47.31 | 2:26.05 |
| 2. Rick Driezen | Steenwijk 1934 | 198600713 | 2:27.37 | +0,86 | | 31.75 | 1:07.87 | 1:46.14 | 2:27.37 |
| 3. Thommy Nickel | Van Vliet-Barracuda | 198401627 | 2:32.59 | +0,88 | | 33.47 | 1:12.21 | 1:52.12 | 2:32.59 |
| 4. Frank van der Voordt | MGO (SG) | 198302259 | 2:39.15 | +0,78 | | 31.84 | 1:08.90 | 1:51.09 | 2:39.15 |
| DIS Rob van Wanrooy | Gay Swim Amsterdam | 198202627 | | | | | | | |
| <i>2 keer schoolslag benen op 1 keer vlinderslag armen (Masters art.B4.9)</i> | | | | | | | | | |
| Masters 35+ | | | | | | | | | |
| 1. Freddie Geerlings | NIMO | 197900379 | 2:45.41 | +0,86 | | 35.47 | 1:16.89 | 1:59.98 | 2:45.41 |
| 2. Jeroen Vogelsang | DAW | 198001645 | 3:01.60 | +0,93 | | 34.78 | 1:19.02 | 2:09.10 | 3:01.60 |
| 3. Harm Jan Otter | De Zandstuve | 198101283 | 3:05.77 | +0,95 | | 36.47 | 1:22.49 | 2:13.60 | 3:05.77 |
| Masters 40+ | | | | | | | | | |
| 1. Kelvin Isselt | RZ | 197601119 | 2:42.83 | +0,92 | | 34.50 | 1:14.08 | 1:57.75 | 2:42.83 |
| Masters 45+ | | | | | | | | | |
| 1. Harry Cornet | De Biesboschwemmers | 197100175 | 2:23.01 | +0,81 | | 31.06 | 1:07.43 | 1:44.97 | 2:23.01 |
| 2. Antwan van Engen | De Ward | 197101577 | 2:28.03 | +0,76 | | 31.28 | 1:06.90 | 1:45.30 | 2:28.03 |
| 3. Paul van den Heuvel | Arethusa | 197000441 | 2:37.95 | +0,93 | | 35.73 | 1:15.37 | 1:57.36 | 2:37.95 |
| 4. Frank v Nobelen | Sassenheim | 196900753 | 2:44.58 | +0,82 | | 35.24 | 1:16.43 | 1:59.13 | 2:44.58 |
| 5. Konstantin Sklyar | TG Lage 1862 | 321129 | 2:45.03 | +0,85 | | 36.80 | 1:18.53 | 2:03.14 | 2:45.03 |
| 6. Arvydas Burinskas | Kauno Takas | | 2:54.65 | +0,76 | | 36.75 | 1:19.30 | 2:05.23 | 2:54.65 |
| 7. Hans Schoenmakers | DAW | 196900863 | 3:00.93 | +0,76 | | 35.90 | 1:21.81 | 2:11.34 | 3:00.93 |
| AFGEM Stefan Holmstrom | DAW | 196701671 | | | | | | | |
| AFGEM Gijsbert van der Leden | PSV | 196700597 | | | | | | | |
| Masters 50+ | | | | | | | | | |
| 1. Rene de Boer | DAW | 196400087 | 2:40.41 | +0,78 | | 34.73 | 1:15.08 | 1:57.34 | 2:40.41 |
| 2. Roy le Clercq | De Rog | 196401041 | 3:18.93 | +0,87 | | 40.55 | 1:30.47 | 2:25.94 | 3:18.93 |
| Masters 55+ | | | | | | | | | |
| 1. Jan Willem Heuten | WS Twente | 196000883 | 3:23.79 | +0,94 | | 42.35 | 1:33.86 | 2:28.67 | 3:23.79 |

Programmanr. 9, Heren, 200m vlinderslag

Masters 60+

| | | | | | | | | |
|----------------|--------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Paul Bunnik | Triton | 195600413 | 3:06.28 | +1,01 | 41.20 | 1:28.84 | 2:18.48 | 3:06.28 |
|----------------|--------|-----------|----------------|-------|-------|---------|---------|---------|

Masters 70+

| | | | | | | | | |
|--------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Rob Hanou | PSV | 194300109 | 3:52.01 | +1,13 | 49.38 | 1:49.81 | 2:52.30 | 3:52.01 |
|--------------|-----|-----------|----------------|-------|-------|---------|---------|---------|

Programmanr. 10
22-01-2016 - 13:59

Dames, 50m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|----------------------|---------------------|---------------|-----------|--------------|-------|
| Masters 20+ | | | | | | |
| 1. | Jamilla van Veen | ZPC Woerden | 29.86 | 199603192 | 30.58 | +0,67 |
| 2. | Melissa van der Geld | AquAmigos | 31.50 | 199506250 | 31.32 | +0,79 |
| 3. | Henriette ten Bokkel | NDD | 31.38 | 199402764 | 31.65 | +0,80 |
| 4. | Stéphanie Bergsma | Dedemsvaart-AC | 31.02 | 199203374 | 31.79 | +0,62 |
| 5. | Yvon Versteeg | De Veene | 31.41 | 199201864 | 31.90 | +0,91 |
| 6. | Désirée Emmen | De Warande | 31.65 | 199204862 | 32.36 | +0,68 |
| 7. | Eva Engelen | NDD | 32.24 | 199405514 | 32.71 | +0,78 |
| 8. | Iris Pijtak | ZPC AMERSFOORT | 33.16 | 199300602 | 32.88 | +0,70 |
| 9. | Carmen Seesing | NDD | 32.21 | 199406220 | 32.90 | +0,72 |
| 10. | Eva Kattouw | De Ward | 33.18 | 199407168 | 33.41 | +0,71 |
| 11. | Janine de Groot | Nova | 33.98 | 199500092 | 33.44 | +0,67 |
| 12. | Merel van der Kieft | EZC | 32.95 | 199200920 | 33.45 | +0,63 |
| 13. | Michelle Bellekom | WZK Zwemmen | 33.82 | 199606484 | 33.69 | +0,70 |
| 14. | Karen van Dee | SCOM | 32.80 | 199604074 | 33.79 | +0,72 |
| 15. | Eline van Gemert | De Meer | 35.06 | 199505458 | 35.02 | +0,57 |
| 16. | Krista Kostwinder | SCOM | 34.61 | 199401058 | 35.72 | +0,80 |
| 17. | Naomi van Gool | LZ 1886 | 35.17 | 199505166 | 35.79 | +0,87 |
| 18. | Giulia Rolloos | Van Vliet-Barracuda | 35.39 | 199500946 | 36.04 | +0,68 |
| 19. | Inge Koopman | ZV Haerlem | 37.50 | 199303382 | 37.54 | +0,75 |
| 20. | Rebecca van Eeren | SCOM | 38.45 | 199306910 | 38.03 | +0,70 |
| 21. | Ramona Noordermeer | ZVVS | 37.64 | 199401746 | 38.08 | +0,73 |
| 22. | Lieke Janssen | NIMO | 38.81 | 199305954 | 38.23 | +0,87 |
| 23. | Cynthia van Veen | ZPC Woerden | 39.25 | 199606736 | 40.86 | +0,72 |
| 24. | Daniëlle de Klein | DWF | 40.07 | 199404786 | 41.25 | +0,72 |
| AFGEM | Carmen Muilwijk | De Geul | 32.87 | 199502700 | | |

Masters 25+

| | | | | | | |
|-----|----------------------|----------------|-------|-----------|--------------|-------|
| 1. | Charlotte Groeneveld | UZSC | 31.20 | 198701404 | 31.97 | +0,77 |
| 2. | Jacyntha Plat | De Golfbreker | 31.98 | 199002956 | 32.32 | +0,78 |
| 3. | Monique Lindenberg | De Bevelanders | 32.57 | 199002360 | 33.03 | +0,76 |
| 4. | Aniek Huijsman | De Lansingh | 32.58 | 198801932 | 33.45 | +0,80 |
| 5. | Sabine Lina | ZPC Woerden | 32.54 | 198902680 | 33.46 | +0,82 |
| 6. | Joyce Raemaekers | Budel | 34.73 | 199106106 | 35.30 | +0,67 |
| 7. | Evelien Terpstra | EZC | 34.61 | 199005654 | 35.40 | +0,71 |
| 8. | Diana Lammers | De Veene | 35.53 | 198902572 | 35.64 | +0,74 |
| 9. | Lindsey Hol | De Meer | 35.91 | 199008088 | 36.59 | +0,67 |
| 10. | Lonneke Oenema | Steenwijk 1934 | 36.86 | 199102314 | 37.22 | +0,71 |
| 11. | Whitley Rens | MGO (SG) | 37.47 | 199007520 | 37.84 | +0,77 |
| 12. | Annebeth van Ark | Octopus | 40.90 | 198805588 | 39.38 | +0,77 |
| 13. | Elly Scheepers | Budel | 38.09 | 199102728 | 39.47 | +0,74 |
| 14. | Eline den Boer | Strijen | 50.57 | 199104948 | 46.42 | +0,65 |

Programmanr. 10, Dames, 50m rugslag

Masters 30+

| | | | | | | |
|----|---|-------------------------|-------|-----------|--------------|-------|
| 1. | Marije Jansen <i>Kampioenschaps Record</i> | Aquarijn | 31.72 | 198504088 | 32.10 | +0,73 |
| 2. | Marije van Manen | ZPC AMERSFOORT | 35.42 | 198602386 | 33.87 | +0,62 |
| 3. | Wieteke Elzinga | DAW | 33.74 | 198601038 | 34.47 | +0,69 |
| 4. | Esther Versteeg | Van Vliet-Barracuda | 34.66 | 198302112 | 34.76 | +0,71 |
| 5. | Miranda Pijnenburg | De Treffers | 37.26 | 198301216 | 37.62 | +0,73 |
| 6. | Dian van Pelt | De Biesboschzwemmers | 40.25 | 198502296 | 39.72 | +0,77 |
| 7. | Fabienne Jeukens | Zwemvereniging Hoogland | 41.20 | 198401156 | 41.43 | +0,79 |

Masters 35+

| | | | | | | |
|-------|------------------------|-------------------|-------|-----------|--------------|-------|
| 1. | Janneke Harmsen-Bakker | De Berkelduikers | 32.42 | 197700938 | 32.67 | +0,74 |
| 2. | Marjon van Kempen | MGO (SG) | 33.57 | 198000578 | 33.36 | +0,75 |
| 3. | Tonia Ruybroek | Poseidon'56 | 33.68 | 198101290 | 34.63 | +0,68 |
| 4. | Petra Verstegen | WVZ | 36.25 | 197700906 | 37.69 | +0,84 |
| 5. | Carmen Haan | ZZG De Boskickers | 37.57 | 197901458 | 37.88 | +0,81 |
| AFGEM | Laura Ensing | De Fuut | 48.39 | 197801326 | | |

Masters 40+

| | | | | | | |
|----|-------------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Edith Janssen-Koolen | TRB-RES | 33.70 | 197300898 | 33.88 | +0,77 |
| 2. | Jacqueline de Ruiter-Wijnolst | WIDEX GZC DONK | 37.43 | 197400446 | 37.49 | +0,80 |
| 3. | Christa Verploeg | De Meer | 39.57 | 197400896 | 39.70 | +0,70 |
| 4. | Evelien Naatje | WS Twente | 48.69 | 197200838 | 47.53 | +0,85 |

Masters 45+

| | | | | | | |
|----|--------------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Annette Wijnja-Visser | De Biesboschzwemmers | 37.36 | 196700528 | 37.01 | +0,83 |
| 2. | Caroline Schreuder | Triton | 36.97 | 196700550 | 37.32 | +0,98 |
| 3. | Ellen van Wingerden-Dijkhuizen | DWK | 40.02 | 196900970 | 38.02 | +0,74 |
| 4. | Henriëtte Manting | GZVW | 38.82 | 197100246 | 38.29 | +0,68 |
| 5. | Annette van Dok | MSV-Zeemacht | 42.43 | 196800742 | 42.23 | +0,90 |
| 6. | Antoinette Kant | Den Doorn | 41.34 | 196900920 | 42.71 | +0,76 |
| 7. | Pauline Tromp-de Lang | ZZ&PC De Devel | 47.72 | 197001032 | 44.15 | +0,84 |
| 8. | Nathasja Konijn | WIDEX GZC DONK | 43.72 | 197100992 | 45.01 | +0,76 |

Masters 50+

| | | | | | | |
|-------|---|-----------------|---------|-----------|----------------|-------|
| 1. | Allie Price <i>Kampioenschaps Record</i> | Cardiff Masters | 34.82 | 547582 | 34.99 | +0,69 |
| 2. | Wilna Heijman | Steenwijk 1934 | 37.67 | 196400506 | 38.90 | +0,83 |
| 3. | Katrin Pennings | PSV | 38.98 | 196400570 | 39.49 | +0,74 |
| 4. | Jolanda Knippenberg | Budel | 42.12 | 196600688 | 43.53 | +0,75 |
| 5. | Ellen Parma | Triton | 44.97 | 196200366 | 43.86 | +0,85 |
| 6. | Annemarie Vuist | Swol 1894 | 41.19 | 196300282 | 44.16 | +0,91 |
| 7. | Gonnie Paas | ZVVS | 44.36 | 196200418 | 45.64 | +0,70 |
| 8. | Riekie Schra | Steenwijk 1934 | 1:03.67 | 196400404 | 1:10.57 | |
| AFGEM | Haya van Blommestein-Mellema | Aquapoldro | 53.31 | 196600482 | | S7 |

Masters 55+

| | | | | | | |
|----|-----------------------|----------------|-------|-----------|--------------|-------|
| 1. | Marijke Kraak-Beckers | WS Twente | 40.26 | 196000240 | 39.44 | +0,77 |
| 2. | Mathilde Vink | Swol 1894 | 39.52 | 195800128 | 43.55 | +0,99 |
| 3. | Lia Bijkerk | WIDEX GZC DONK | 49.15 | 196000014 | 46.90 | +0,71 |

Masters 60+

| | | | | | | |
|-------|---------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Patty Krupiarz | PLONS | 40.82 | 195400074 | 42.11 | +0,76 |
| 2. | Tineke Brouwer-Maat | Zwemvereniging Westland | 46.12 | 195300074 | 46.40 | +0,78 |
| 3. | Tineke van Diggelen | ZPCH | 50.22 | 195200048 | 49.97 | +0,84 |
| AFGEM | Anne De Sauvage | CNSW | 43.24 | 005093/55 | | |

Programmanr. 10, Dames, 50m rugslag

Masters 65+

| | | | | | | | |
|----|----------------------------|----------------|---------|-----------|--|----------------|-------|
| 1. | Valentina Ulybysheva | Poseidon | 48.45 | 037036 | | 47.94 | +0,74 |
| 2. | Antoinette Gilding-Tussaud | WS Twente | 46.68 | 195000038 | | 48.96 * | +0,84 |
| 3. | Nini van Dongen-de Paepe | ZZ&PC De Devel | 1:06.26 | 195100044 | | 1:04.62 | +0,86 |

Masters 70+

| | | | | | | | |
|----|--|----------------|---------|-----------|--|------------------|-------|
| 1. | Corrie Verhoeven <i>Nederlands Masters Record</i> | PSV | 44.15 | 194600026 | | 44.50 | +0,41 |
| 2. | Loekie v. Huissteden | ZPC AMERSFOORT | 54.49 | 194500002 | | 54.68 | +0,92 |
| 3. | Leny Kamp | Aquapoldro | 56.54 | 194400008 | | 57.95 | +0,69 |
| 4. | Annet Verhoeven - Steggerda | De Duinkickers | 1:00.29 | 194600024 | | 1:03.18 * | +0,97 |

Masters 75+

| | | | | | | | |
|----|--------------|-----------|---------|-----------|--|----------------|-------|
| 1. | Truus Ruiter | Old Dutch | 1:05.69 | 194000004 | | 1:07.11 | +0,72 |
|----|--------------|-----------|---------|-----------|--|----------------|-------|

Masters 80+

| | | | | | | | |
|----|---|-----|-------|-----------|--|----------------|-------|
| 1. | Lottie Geurts <i>Nederlands Masters Record</i> | PSV | 53.17 | 193500006 | | 55.58 | +0,95 |
| 2. | Alice Lindhout | PSV | 54.51 | 193500010 | | 55.86 * | +0,75 |

Programmanr. 11
22-01-2016 - 14:12

Heren, 50m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | | tijd | RT |
|--------------------|----------------------|---------------------|---------------|-----------|-----|--------------|-------|
| Masters 20+ | | | | | | | |
| 1. | Nick Cleintuar | ZVVS | 27.10 | 199503781 | | 27.72 | +0,54 |
| 2. | Joey Stokx | DAW | 29.78 | 199301251 | | 29.65 | +0,66 |
| 3. | Vincent Dermaux | ZC Aquadream | 29.93 | 199600599 | | 30.50 | +0,72 |
| 4. | Thijs van den End | ZPC Woerden | 31.69 | 199306803 | S9 | 31.97 | +0,77 |
| 5. | Leon de Vries | ZPB H&L Productions | 32.93 | 199603371 | | 33.00 | +0,72 |
| 6. | Lex Wortman | AZC | 32.32 | 199503563 | | 33.45 | +0,74 |
| 7. | Michiel van Vliet | ZPC Woerden | 32.86 | 199503875 | | 33.54 | +0,72 |
| 8. | Jelle Hatenoer | RSW (SG) | 40.17 | 199207309 | | 41.41 | +0,66 |
| Masters 25+ | | | | | | | |
| 1. | Jeffrey Breedijk | De Haaien | 29.23 | 198900451 | | 28.06 | +0,75 |
| 2. | Jeffrey van 't Schip | De Amstel | 30.36 | 199102035 | | 30.26 | +0,62 |
| 3. | Remco van de Berkt | De Haaien | 32.56 | 198900215 | | 31.30 | +0,73 |
| 4. | Wessel Everloo | De Veene | 31.48 | 198906597 | S14 | 31.96 | +0,87 |
| 5. | Joël Dam | EZC | 32.21 | 198800699 | | 32.34 | +0,50 |
| 6. | Daniël Kunne | UZSC | 33.23 | 199001709 | | 33.57 | +0,65 |
| 7. | Harmen Reemst | ZOB'66 | 35.31 | 198702715 | | 35.79 | +0,51 |
| AFGEM | Klaas van Beek | ZV Haerlem | 30.21 | 198805941 | | | |
| AFGEM | Juan Vinagre Sendino | CNSW | 31.13 | 005255/90 | | | |
| Masters 30+ | | | | | | | |
| 1. | Martijn Giezen | Montferland | 28.79 | 198500813 | | 28.95 | +0,66 |
| 2. | Ivan van Omme | De Geul | 28.65 | 198201263 | | 28.96 | +0,64 |
| 3. | Lauren Vis | Steenwijk 1934 | 29.34 | 198201883 | | 29.72 | +0,69 |
| 4. | Robert Dekker | De Veene | 30.62 | 198400443 | | 30.39 | +0,74 |
| 5. | Robert Braad | Steenwijk 1934 | 30.13 | 198600407 | | 30.94 | +0,86 |

Programmanr. 11, Heren, 50m rugslag

Masters 35+

| | | | | | | |
|----|---------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Ivo Roozeboom | WVZ | 29.28 | 197700801 | 29.54 | +0,70 |
| 2. | Mark Hensen | Van Vliet-Barracuda | 30.57 | 197900497 | 30.65 | +0,66 |
| 3. | Marcel Reefhuis | WS Twente | 31.26 | 198101381 | 31.82 | +0,59 |
| 4. | Marco van Antwerpen | Strijen | 33.75 | 198000027 | 34.15 | +0,84 |
| 5. | Gino Martijn | RZ | 33.65 | 197901865 | 34.44 | +0,59 |
| 6. | Rogier van Gent | IJZPC | 37.59 | 198000405 | 34.65 | +0,64 |
| 7. | Robin Roskam | De Duinkickers | 42.35 | 197801831 | 41.36 | +0,75 |

Masters 40+

| | | | | | | |
|----|-----------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Valerijs Minakovs | Jelgavas SPS | 28.07 | | 28.69 | +0,62 |
| 2. | John Cobussen | De Gelenberg | 31.11 | 197501323 | 30.72 | +0,70 |
| 3. | Roger Flinterman | WVZ | 31.99 | 197601261 | 31.88 | +0,72 |
| 4. | Ramon de Bondt | ZPB H&L Productions | 32.92 | 197300105 | 33.14 | +0,85 |
| 5. | Gertjan van der Knaap | De Duck | 34.41 | 197300459 | 34.48 | +0,66 |
| 6. | Arjan Aalbers | Swol 1894 | 34.18 | 197500001 | 34.49 | +0,69 |
| 7. | Jimmy Swiggers | BEST | 37.21 | 11027/74 | 34.67 | +0,73 |
| 8. | Michael Go | AZC | 37.36 | 197501397 | 35.79 | +0,69 |

Masters 45+

| | | | | | | |
|-------|----------------------------------|------------------|-------|-----------|--------------|-------|
| 1. | Guido Keutgen | AZC | 29.80 | 196801551 | 30.73 | +0,75 |
| 2. | Linus Kersevicius | Kauno Takas | 30.69 | | 30.94 | +0,77 |
| | <i>Lithuanian Masters Record</i> | | | | | |
| 3. | Martin Kaptein | DWK | 32.26 | 196701677 | 31.47 | +0,69 |
| 4. | René Beetsma | HZ&PC Heerenveen | 31.17 | 196900069 | 32.17 | +0,80 |
| 5. | Nico Swart | Den Doorn | 33.54 | 196801475 | 33.46 | +0,72 |
| 6. | Harold Matla | PSV | 33.75 | 196800591 | 33.75 | +0,73 |
| 7. | Paul van den Heuvel | Arethusa | 33.79 | 197000441 | 33.95 | +0,74 |
| 8. | Michel van Wingerden | DWK | 34.59 | 196701629 | 34.46 | +0,70 |
| 9. | Ton Peters | De Haaien | 34.79 | 196901777 | 34.85 | +0,77 |
| 10. | Ferdinand Teitink | Montferland | 38.24 | 197001583 | 36.93 | +0,65 |
| AFGEM | Korstiaan de Boer | Steenwijk 1934 | 36.85 | 197101629 | | |

Masters 50+

| | | | | | | |
|-------|----------------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Peter Bernsen | De Rog | 30.31 | 196301119 | 29.46 | +0,61 |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | John Stokx | DAW | 32.63 | 196401341 | 33.43 | +0,71 |
| 3. | Otto Jansen | LZ 1886 | 34.17 | 196501403 | 33.89 | +0,93 |
| 4. | Fred Dijkshoorn | Zwemvereniging Westland | 34.99 | 196501539 | 35.26 | +0,86 |
| 5. | Fred Heemstra | DAW | 34.05 | 196500357 | 35.41 | +0,74 |
| 6. | Erik Saan | De Duck | 35.53 | 196500769 | 35.80 | +0,76 |
| 7. | Casper Dollekamp | Steenwijk 1934 | 35.34 | 196301341 | 36.58 | +0,60 |
| 8. | Jack Barends | WS Twente | 38.63 | 196201011 | 38.74 | +0,90 |
| AFGEM | Edzo Huisman | Aquapoldro | 39.84 | 196301029 | | |

Masters 55+

| | | | | | | |
|-------|----------------------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Dmitry Kromskiy | Poseidon | 32.91 | 037011 | 32.79 | +0,82 |
| 2. | Arlandas Juodeska | Kauno Takas | 32.66 | | 33.50 | +0,71 |
| | <i>Lithuanian Masters Record</i> | | | | | |
| 3. | Nico van Maanen | De Duck | 38.22 | 196100371 | 37.15 | +0,69 |
| 4. | Harry Paas | ZVVS | 40.59 | 195800689 | 40.06 | +0,64 |
| 5. | André Schutte | ZPC De Zeeuwse Kust | 39.48 | 196000521 | 40.43 | +0,90 |
| 6. | Jos van Sleuwen | Nautilus | 46.97 | 195700323 | 46.24 | +0,72 |
| 7. | Herbert Katgert | WS Twente | 45.70 | 195900739 | 47.59 | +1,03 |
| AFGEM | Andre Pantekoek | ZZ&PC De Devel | 43.92 | 195800321 | | |

Programmanr. 11, Heren, 50m rugslag

Masters 60+

| | | | | | | |
|----|--------------------|--------|-------|-----------|--------------|-------|
| 1. | Nartano Glijn | UZSC | 35.95 | 195500449 | 34.68 | +0,78 |
| 2. | Ruud Ruiter | WWV | 34.58 | 195300169 | 37.23 | +0,74 |
| 3. | Evertjan Masurel | PLONS | 36.64 | 195600495 | 37.24 | +0,77 |
| 4. | Sjoerd van de Berg | De Rog | 46.62 | 195400355 | 45.76 | +0,94 |

Masters 65+

| | | | | | | |
|-----|-----------------|-------------------------|---------|-----------|--------------|-------|
| 1. | Jos Kamps | Zwemvereniging Hoogland | 42.10 | 195100085 | 43.59 | +0,71 |
| 2. | Nico van Dongen | ZZ&PC De Devel | 1:00.37 | 194800159 | 56.50 | +1,10 |
| DIS | Ale van Veen | HPC | 37.33 | 194900159 | | |

RC - Left back position during the race without starting the turn

Masters 70+

| | | | | | | |
|-------|---------------------|-----------|---------|-----------|--------------|-------|
| 1. | Mikhail Ulybyshev | Poseidon | 40.19 | 037037 | 39.92 | +0,77 |
| 2. | Nico Baay | Old Dutch | 53.40 | 194200053 | 51.44 | +0,71 |
| 3. | Peter Ouweneel | RSW (SG) | 1:00.61 | 194500077 | 58.40 | +0,87 |
| AFGEM | Frans van der Walle | Old Dutch | 52.73 | 194300089 | | |

Masters 75+

| | | | | | | |
|----|----------------|------------|-------|-----------|--------------|-------|
| 1. | Frans van Enst | WS Twente | 37.65 | 194000011 | 39.10 | +0,63 |
| 2. | Jan Eichhorn | ZV Haerlem | 48.56 | 193700015 | 50.46 | +0,86 |

Programmanr. 12
22-01-2016 - 14:23

Dames, 100m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|--------------------|----------------------|-------------------------|---------|-----------|----------------|-------|
| Masters 20+ | | | | | | |
| 1. | Nicole Bennis | WVZ | 59.06 | 199600470 | 58.95 | +0,70 |
| 2. | Maud Hoofs | The Hague Swimming (SG) | 58.71 | 199501206 | 58.97 | +0,68 |
| 3. | Fraukje Puts | HZ&PC Heerenveen | 1:00.67 | 199206470 | 1:00.43 | +0,82 |
| 4. | Karin Groen | Nova | 1:01.27 | 199502440 | 1:01.27 | +0,64 |
| 5. | Janine de Groot | Nova | 1:04.01 | 199500092 | 1:02.92 | +0,82 |
| 6. | Julia Wortman | AZC | 1:04.29 | 199603666 | 1:03.58 | +0,84 |
| 7. | Eva Engelen | NDD | 1:02.16 | 199405514 | 1:03.91 | +0,66 |
| 8. | Moniek Heemsker | LZ 1886 | 1:03.02 | 199601964 | 1:04.05 | +0,70 |
| 9. | Carmen Seesing | NDD | 1:02.84 | 199406220 | 1:04.07 | +0,78 |
| 10. | Marissa Minkman | ZC Aquadream | 1:02.42 | 199306054 | 1:04.10 | +0,66 |
| 11. | Karin Verbeek | Nautilus | 1:03.03 | 199201848 | 1:04.69 | +0,71 |
| 12. | Karen van Dee | SCOM | 1:01.08 | 199604074 | 1:04.72 | +1,15 |
| 13. | Larissa Jansen | De Bevelanders | 1:04.58 | 199500660 | 1:05.22 | +0,78 |
| 14. | Eva Kattouw | De Ward | 1:04.58 | 199407168 | 1:05.57 | +0,78 |
| 15. | Nikki Hoogeboom | De IJsel | 1:04.67 | 199301196 | 1:05.73 | +0,84 |
| 16. | Mariëtte Bulman | ZC Aquadream | 1:05.55 | 199506846 | 1:06.46 | +0,65 |
| 17. | Charine de Ruiter | Steenwijk 1934 | 1:09.91 | 199403668 | 1:08.27 | +0,86 |
| 18. | Inge Koopman | ZV Haerlem | 1:08.69 | 199303382 | 1:08.96 | +0,85 |
| 19. | Ramona Noordermeer | ZVVS | 1:08.42 | 199401746 | 1:09.54 | +0,78 |
| 20. | Anne Aarts | Aqua-Novio'94 | 1:12.48 | 199207942 | 1:10.17 | +0,71 |
| 21. | Marjan Rikken | ZVV | 1:11.20 | 199206114 | 1:10.63 | +0,84 |
| 22. | Lieke Janssen | NIMO | 1:10.65 | 199305954 | 1:11.25 | +0,93 |
| 23. | Nieske Janssen | NIMO | 1:09.16 | 199601328 | 1:11.94 | +0,82 |
| 24. | Rebecca van Eeren | SCOM | 1:10.97 | 199306910 | 1:13.12 | +0,82 |
| 25. | Ilse Blankvoort | Steenwijk 1934 | 1:16.39 | 199204458 | 1:13.34 | +0,85 |
| 26. | Daphne Meijer | Montferland | 1:10.70 | 199303850 | 1:13.39 | +0,97 |
| 27. | Cynthia van Veen | ZPC Woerden | 1:17.30 | 199606736 | 1:17.91 | +0,69 |
| 28. | Talitha Boelen | DWF | 1:17.15 | 199502910 | 1:19.32 | +0,93 |
| 29. | Daniëlle de Klein | DWF | 1:16.44 | 199404786 | 1:20.24 | +0,90 |
| NG.ZA | Lianne Molkenboer | EZC | 1:03.83 | 199602034 | | |
| AFGEM | Anouchka Hoogstraten | De Veene | 1:12.96 | 199600824 | | |

Programmanr. 12, Dames, 100m vrije slag, Masters 20+

| rang naam | vereniging | inschrijftijd | | tijd | RT | 50m | 100m |
|-----------------------|-------------------------|---------------|-----------|------|----|-----|------|
| AFGEM Wendy de Bruin | ZOB'66 | 1:02.37 | 199206320 | | | | |
| AFGEM Carmen Muilwijk | De Geul | 1:04.36 | 199502700 | | | | |
| AFGEM Evy Ulijn | Arethusa | 59.04 | 199604100 | | | | |
| AFGEM Amber Reijm | The Hague Swimming (SG) | 1:04.18 | 199405434 | | | | |

Masters 25+

| | | | | | | | |
|----------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Cora van Dorst | De Krabben | 1:02.66 | 199106218 | 59.03 | +0,59 | 28.73 | 59.03 |
| 2. Wendan Poelstra | TriVia | 59.67 | 199102496 | 59.98 | +0,72 | 29.05 | 59.98 |
| 3. Elmi Roelofsen | ZVV | 1:01.26 | 199008198 | 1:01.23 | +0,81 | 29.61 | 1:01.23 |
| 4. Monique Lindenbergh | De Bevelanders | 1:02.59 | 199002360 | 1:01.70 | +0,79 | 30.00 | 1:01.70 |
| 5. Sabine Lina | ZPC Woerden | 1:01.88 | 198902680 | 1:02.76 | +0,75 | 30.31 | 1:02.76 |
| 6. Mandy Verbakel | ZPC Woerden | 1:03.62 | 199003908 | 1:03.13 | +0,81 | 30.70 | 1:03.13 |
| 7. Isabelle Massar | WVZ | 1:01.65 | 199102034 | 1:04.50 | +0,80 | 29.95 | 1:04.50 |
| 8. Ilse van den Wijngaard | ZPC Woerden | 1:04.32 | 198904736 | 1:04.67 | +0,78 | 30.45 | 1:04.67 |
| 9. Nienke van Stipriaan | PSV | 1:06.28 | 198703970 | 1:05.42 | +0,95 | 31.92 | 1:05.42 |
| 10. Diana Lammers | De Veene | 1:07.51 | 198902572 | 1:09.10 | +0,80 | 33.08 | 1:09.10 |
| 11. Henrike de Vries | WS Twente | 1:08.95 | 198907460 | 1:10.10 | +0,97 | 33.82 | 1:10.10 |
| 12. Lindsey Hol | De Meer | 1:07.44 | 199008088 | 1:10.17 | +0,73 | 32.98 | 1:10.17 |
| 13. Tamara Nordin | ZPC De Zeeuwse Kust | 1:11.50 | 198702996 | 1:11.23 | +0,80 | 34.07 | 1:11.23 |
| 14. Kelly Bockting | Montferland | 1:12.14 | 199104050 | 1:12.70 | +0,82 | 35.44 | 1:12.70 |
| 15. Mariska Zaal | AZC | 1:16.32 | 198806916 | 1:14.50 | +0,80 | 35.79 | 1:14.50 |
| 16. Lonneke Oenema | Steenwijk 1934 | 1:10.20 | 199102314 | 1:15.89 | +0,76 | 35.02 | 1:15.89 |
| 17. Lisette Van Sinttruije | DWF | 1:17.60 | 199108554 | 1:16.60 | +0,80 | 35.21 | 1:16.60 |
| 18. Eline den Boer | Strijen | 1:25.09 | 199104948 | 1:26.10 | +0,87 | 40.22 | 1:26.10 |
| AFGEM Tonny Klop-Methorst | De Biesboschwimmers | 1:03.27 | 198802998 | | | | |

Masters 30+

| | | | | | | | |
|----------------------------------|----------------|---------|------------|----------------|-------|-------|---------|
| 1. Pauline Gouwens | DWK | 57.53 | 198400790 | 57.02 | +0,69 | 27.65 | 57.02 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Marije Jansen | Aquarijn | 1:00.57 | 198504088 | 1:00.95 | +0,67 | 29.03 | 1:00.95 |
| 3. Nadya Putter | ZVVS | 1:02.62 | 198301630 | 1:02.79 | +0,70 | 30.76 | 1:02.79 |
| 4. Olga Volman-Maiorova | NDD | 1:05.83 | 1985504188 | 1:03.72 | +0,84 | 30.37 | 1:03.72 |
| 5. Marije van Manen | ZPC AMERSFOORT | 1:06.70 | 198602386 | 1:05.58 | +0,68 | 31.35 | 1:05.58 |
| 6. A. Reefhuis-de Vries | WS Twente | 1:03.68 | 198603908 | 1:05.70 | +0,74 | 31.89 | 1:05.70 |
| 7. Auke de Lange | AZC | 1:05.75 | 198602226 | 1:05.84 | +0,86 | 30.74 | 1:05.84 |
| 8. Sandra Pannekeet | DAW | 1:06.04 | 198403458 | 1:07.22 | +0,76 | 31.60 | 1:07.22 |
| 9. Renee de Kok | PSV | 1:09.20 | 198403350 | 1:08.04 | +0,73 | 32.34 | 1:08.04 |
| 10. Miranda Pijnenburg | De Treffers | 1:07.95 | 198301216 | 1:09.16 | +0,85 | 33.96 | 1:09.16 |
| 11. Paulien Schokker | WS Twente | 1:07.41 | 198302876 | 1:09.25 | +0,90 | 33.39 | 1:09.25 |
| 12. Marijke Dirkse | IJZPC | 1:15.43 | 198403480 | 1:23.47 | +0,98 | 38.25 | 1:23.47 |

Masters 35+

| | | | | | | | |
|------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Janneke Harmsen-Bakker | De Berkelduikers | 1:00.85 | 197700938 | 1:00.91 | +0,77 | 29.31 | 1:00.91 |
| 2. Nathalie Blondeel | CNSW | 1:02.73 | 004784/77 | 1:02.73 | +0,68 | 30.39 | 1:02.73 |
| 3. Angela Koekkoek | Triton | 1:05.81 | 197901516 | 1:05.48 | +0,80 | 30.49 | 1:05.48 |
| 4. Chantal Verhoeff | Old Dutch | 1:07.93 | 197900912 | 1:05.81 | +0,89 | 31.29 | 1:05.81 |
| 5. Agnes van Brug | DAW | 1:09.87 | 198001726 | 1:09.65 | +0,80 | 33.07 | 1:09.65 |
| 6. Natasja Forat | ZPC De Zeeuwse Kust | 1:10.01 | 197701186 | 1:10.07 | +0,85 | 32.60 | 1:10.07 |
| 7. Patricia Vos | TRB-RES | 1:10.07 | 198001730 | 1:12.59 | +0,80 | 34.18 | 1:12.59 |
| 8. Severine Bayre | CNSW | 1:14.67 | 004275/78 | 1:14.27 | +1,00 | 35.92 | 1:14.27 |
| 9. Sandra de Bruijne | Onderdak | 1:21.66 | 197801310 | 1:19.92 | +0,76 | 37.91 | 1:19.92 |
| 10. Clementine van Bruxvoort | ZPB H&L Productions | 1:25.32 | 197700138 | 1:28.66 | +0,88 | 42.67 | 1:28.66 |
| AFGEM Laura Ensing | De Fuut | 1:30.50 | 197801326 | | | | |

Programmanr. 12, Dames, 100m vrije slag

Masters 40+

| | | | | | | | |
|--|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Edith Janssen-Koolen | TRB-RES | 1:04.21 | 197300898 | 1:04.36 | +0,76 | 30.93 | 1:04.36 |
| 2. Yvette Ratering | De Ward | 1:09.38 | 197200990 | 1:07.03 | +0,87 | 32.07 | 1:07.03 |
| 3. Marian Nederlof | DWF | 1:07.08 | 197600950 | 1:10.25 | +0,88 | 33.89 | 1:10.25 |
| 4. Jantiene Hannessen | Zwemvereniging Hoogland | 1:19.64 | 197300946 | 1:18.95 | +0,97 | 37.72 | 1:18.95 |
| 5. Evelien Berman-Alers | Nautilus | 1:21.87 | 197200878 | 1:21.37 | +0,87 | 37.41 | 1:21.37 |
| 6. Inge Lolkema-Soeters | Steenwijk 1934 | 1:20.78 | 197300934 | 1:22.01 | +0,83 | 38.85 | 1:22.01 |
| DIS Jessica Riemsdijk | ZPCH | 1:06.00 | 197600830 | | | | |
| <i>AA - Started before the starting signal</i> | | | | | | | |
| NG.ZA Evelien Naatje | WS Twente | 1:22.38 | 197200838 | | | | |
| AFGEM Ilona Hogerheyde | DAW | 1:06.33 | 197400224 | | | | |

Masters 45+

| | | | | | | | |
|----------------------------------|--------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Heidi van Stein | LZ 1886 | 1:04.22 | 196900864 | 1:04.97 | +0,79 | 31.23 | 1:04.97 |
| 2. Marjo Goelema-Koek | De Biesboschzwemmers | 1:04.51 | 196900192 | 1:06.09 | +0,77 | 31.40 | 1:06.09 |
| 3. Jolanta Duleviciene | Kauno Takas | 1:11.17 | | 1:09.84 | +0,83 | 33.15 | 1:09.84 |
| <i>Lithuanian Masters Record</i> | | | | | | | |
| 4. Inken Wemheuer | DWT | 1:14.82 | 197101016 | 1:11.28 | +0,73 | 33.64 | 1:11.28 |
| 5. Marion Broekhuis | WS Twente | 1:11.20 | 196800060 | 1:12.89 | +0,74 | 34.80 | 1:12.89 |
| 6. Arianne Hamakers | De Rog | 1:15.02 | 196700714 | 1:15.63 | +0,88 | 35.06 | 1:15.63 |
| 7. Marijke Campfens | De Geul | 1:20.54 | 196900960 | 1:16.28 | +0,94 | 36.12 | 1:16.28 |
| 8. Kristien Van de Moortel | ShaRK | 1:19.29 | 20315/69 | 1:18.30 | +0,86 | 37.55 | 1:18.30 |
| 9. Zilla Fokke | De Futen | 1:21.95 | 196800866 | 1:19.27 | +0,72 | 38.83 | 1:19.27 |
| 10. Ingeborg Stokx | DAW | 1:17.45 | 196700666 | 1:19.75 | +0,75 | 37.77 | 1:19.75 |
| 11. Miriam Stevens | Budel | 1:21.36 | 196900988 | 1:22.28 | +1,08 | 38.86 | 1:22.28 |
| 12. Sandra Daamen-Posma | AZC | 1:20.85 | 196800854 | 1:22.40 | +0,94 | 39.30 | 1:22.40 |
| 13. Annette van Dok | MSV-Zeemacht | 1:20.78 | 196800742 | 1:22.56 | +0,78 | 39.69 | 1:22.56 |
| 14. Judith van der Heijden | Budel | 1:29.43 | 197001012 | 1:26.81 | +0,80 | 39.81 | 1:26.81 |
| 15. Roselinda van der Vlugt | Zwemvereniging Woestduin | 1:30.51 | 196700710 | 1:28.83 | +1,14 | 42.84 | 1:28.83 |
| 16. Ineke Branderhorst | Den Doorn | 1:40.16 | 196900918 | 1:46.64 | +1,15 | 49.84 | 1:46.64 |
| AFGEM Alexandra de Jong | HPC | 1:06.05 | 196900926 | | | | |
| AFGEM Ingrid Boot-De Groot | De Aalscholver | 1:01.71 | 197000168 | | | | |
| AFGEM Marja Verwoerd | ZPC Woerden | 1:07.74 | 196900954 | | | | |

Masters 50+

| | | | | | | | |
|--|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marjan Remmits-De Lange | ZPC Woerden | 1:05.75 | 196300518 | 1:06.63 | +0,69 | 31.82 | 1:06.63 |
| 2. Jacqueline Tuin | DAW | 1:10.41 | 196600690 | 1:08.93 | +0,74 | 33.39 | 1:08.93 |
| 3. Carla Mol | ZPCH | 1:11.48 | 196600244 | 1:10.62 | +0,86 | 33.52 | 1:10.62 |
| 4. Katrin Pennings | PSV | 1:08.53 | 196400570 | 1:10.64 | +0,73 | 33.45 | 1:10.64 |
| 5. Margriet Grove-Lingeman | Oceanus | 1:13.28 | 196200080 | 1:12.27 | +0,83 | 34.27 | 1:12.27 |
| 6. Sandra Hoofs-Buil | The Hague Swimming (SG) | 1:17.61 | 196600678 | 1:18.05 | +0,85 | 37.00 | 1:18.05 |
| 7. Monique Munnik | AZC | 1:19.70 | 196200328 | 1:20.65 | +0,84 | 37.91 | 1:20.65 |
| 8. Marie-Jeanne Vandormael | GZVN | 1:34.72 | 21035/63 | 1:32.10 | +0,79 | 43.17 | 1:32.10 |
| 9. Riekje Schra | Steenwijk 1934 | 1:59.87 | 196400404 | 2:09.94 | +1,40 | 58.19 | 2:09.94 |
| DIS Talje Dijkhuis | ZPC AMERSFOORT | 1:11.98 | 196600072 | | | | |
| <i>AA - Started before the starting signal</i> | | | | | | | |
| AFGEM H. van Blommestein-Mellema | Aquapoldro | 1:44.60 | 196600482 | | | | S7 |

Masters 55+

| | | | | | | | |
|-------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marijke Kraak-Beckers | WS Twente | 1:13.36 | 196000240 | 1:13.07 | +0,89 | 35.13 | 1:13.07 |
| 2. Marijke van Hoek | ZPC De Zeeuwse Kust | 1:14.93 | 195800050 | 1:13.45 | +0,75 | 34.97 | 1:13.45 |
| 3. Janny van Eijk | ZV De Bron | 1:17.63 | 195800022 | 1:18.34 | +0,96 | 37.98 | 1:18.34 |
| 4. Karien Musters | Old Dutch | 1:40.16 | 195800236 | 1:48.78 | +0,84 | 49.76 | 1:48.78 |
| AFGEM Jennie Resink-Lindeboom | DWK | 1:24.20 | 196000142 | | | | |

Masters 60+

| | | | | | | | |
|--------------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Atie Pijtak-Radersma | ZPC AMERSFOORT | 1:07.23 | 195600048 | 1:07.34 | +0,75 | 32.17 | 1:07.34 |
| <i>Europees Masters Record</i> | | | | | | | |
| 2. Tineke Brouwer-Maat | Zwemvereniging Westland | 1:31.08 | 195300074 | 1:31.08 | | 43.53 | 1:31.08 |
| 3. Tineke van Diggelen | ZPCH | 1:34.96 | 195200048 | 1:37.66 | +0,94 | 46.92 | 1:37.66 |
| 4. F. Gourmet-Blondeel | CNSW | 1:38.55 | 004901/52 | 1:38.27 | +0,93 | 47.09 | 1:38.27 |

Programmanr. 12, Dames, 100m vrije slag, Masters 60+

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|-----------------------|------------|-------------------|----------------|----|-------|---------|
| 5. Geerdien Meerwaldt | De Geul | 1:55.96 195200058 | 1:53.73 | | 52.97 | 1:53.73 |

Masters 65+

| | | | | | | |
|--------------------------------|----------------------|-------------------|----------------|-------|-------|---------|
| 1. Conny Boer-Buys | ZVVS | 1:11.35 195000006 | 1:10.66 | +0,87 | 33.80 | 1:10.66 |
| <i>Europees Masters Record</i> | | | | | | |
| 2. Christien Nieuwenhuis | Swol 1894 | 1:11.80 195100022 | 1:12.35 | +0,71 | 33.97 | 1:12.35 |
| <i>Kampioenschaps Record</i> | | | | | | |
| AFGEM Grete Heugl | SU Generali Salzburg | 1:21.52 23350 | | | | |

Masters 70+

| | | | | | | |
|----------------------------------|-----------|-------------------|----------------|-------|---------|---------|
| 1. Corrie Verhoeven | PSV | 1:18.80 194600026 | 1:20.35 | +0,86 | 38.26 | 1:20.35 |
| <i>Nederlands Masters Record</i> | | | | | | |
| 2. Mieke Strijbis-v.d.Kroft | DAW | 1:45.70 194500004 | 1:43.31 | +1,16 | 51.69 | 1:43.31 |
| 3. Laurin Heemskerck-Stevens | Old Dutch | 2:17.16 194400026 | 2:12.53 | | 1:01.16 | 2:12.53 |

Masters 75+

| | | | | | | |
|-----------------|-----------|-------------------|----------------|-------|-------|---------|
| 1. Truus Ruiter | Old Dutch | 2:00.30 194000004 | 2:06.04 | +0,77 | 57.56 | 2:06.04 |
|-----------------|-----------|-------------------|----------------|-------|-------|---------|

Masters 80+

| | | | | | | |
|----------------------------------|-----|-------------------|----------------|-------|-------|---------|
| 1. Lottie Geurts | PSV | 1:34.36 193500006 | 1:38.93 | +1,15 | 49.21 | 1:38.93 |
| <i>Nederlands Masters Record</i> | | | | | | |

Masters 90+

| | | | | | | |
|--|-----|-------------------|----------------|-------|---------|---------|
| 1. Marianne Maandonks | PSV | 2:54.24 192600004 | 3:11.81 | +1,29 | 1:17.82 | 3:11.81 |
| <i>Nederlands Masters Record, 50m*</i> | | | | | | |

Programmanr. 13
22-01-2016 - 14:52

Heren, 100m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|------------------------|---------------------|-------------------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | |
| 1. Wimar Lindenberg | Hieronymus | 51.69 199601857 | 51.75 | +0,61 | 25.18 | 51.75 |
| 2. Roel Rademaker | SPONS | 57.53 199406633 | 55.66 | +0,78 | 26.63 | 55.66 |
| 3. Erik Wegman | De Kempvis | 56.31 199201465 | 55.75 | +0,71 | 26.73 | 55.75 |
| 4. Niels Versteeg | De Ward | 58.55 199502697 | 56.95 | +0,73 | 27.39 | 56.95 |
| 5. Robin Eltink | DWK | 57.10 199406147 | 57.32 | +0,80 | 27.39 | 57.32 |
| 6. Jeffrey Camphens | DWT | 57.70 199503113 | 57.63 | +0,69 | 28.10 | 57.63 |
| 7. Martino Valentijn | DIO | 1:00.25 199403913 | 57.73 | +0,67 | 27.63 | 57.73 |
| Mike Koelewijn | Steenwijk 1934 | 56.22 199303597 | 57.73 | +0,72 | 27.77 | 57.73 |
| 9. Hans Stoffers | Triton Putten | 58.43 199604027 | 59.80 | +0,71 | 28.69 | 59.80 |
| 10. Thijs van den End | ZPC Woerden | 59.05 199306803 | 59.86 | +0,95 | 28.49 | 59.86 |
| 11. Jesper Honken | Nova | 1:00.00 199600085 | 1:00.84 | +0,74 | 28.65 | 1:00.84 |
| 12. Yorick Kreuwel | De Veene | 59.72 199402225 | 1:01.26 | +0,77 | 28.84 | 1:01.26 |
| 13. Jeroen van Blanken | De Lansingh | 1:00.85 199206451 | 1:01.57 | +0,81 | 29.09 | 1:01.57 |
| 14. Lex Wortman | AZC | 1:01.70 199503563 | 1:01.94 | +0,89 | 30.29 | 1:01.94 |
| 15. Michiel van Vliet | ZPC Woerden | 1:01.51 199503875 | 1:02.87 | +0,93 | 29.56 | 1:02.87 |
| 16. Arjen Zijlstra | Hydrofiel | 1:02.06 199203309 | 1:02.88 | +0,78 | 28.85 | 1:02.88 |
| 17. Leon de Vries | ZPB H&L Productions | 1:00.08 199603371 | 1:03.37 | +0,73 | 29.55 | 1:03.37 |
| 18. Jelle Hatenboer | RSW (SG) | 1:12.68 199207309 | 1:16.44 | +0,78 | 35.79 | 1:16.44 |
| <i>50m*</i> | | | | | | |
| AFGEM Lukas Schouten | AZC | 1:04.59 199602515 | | | | |
| AFGEM David Kroon | Wiekslag | 1:02.72 199505495 | | | | |

Programmanr. 13, Heren, 100m vrije slag

Masters 25+

| | | | | | | | |
|----------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Erik Simons | d'ELFT WAVE (SG) | 52.38 | 198902845 | 53.21 | +0,75 | 25.97 | 53.21 |
| 2. Jeffrey Breedijk | De Haaïen | 54.18 | 198900451 | 54.03 | +0,81 | 25.92 | 54.03 |
| 3. Pascal van Haren | Van Vliet-Barracuda | 55.80 | 198704101 | 56.45 | +0,71 | 27.11 | 56.45 |
| 4. Patrick Creemers | RZ | 54.44 | 199000579 | 57.05 | +0,71 | 27.07 | 57.05 |
| 5. Jeffrey van 't Schip | De Amstel | 57.74 | 199102035 | 57.83 | +0,79 | 27.48 | 57.83 |
| 6. Rens Post | WVZ | 57.96 | 199101827 | 58.65 | +0,71 | 27.68 | 58.65 |
| 7. Martijn van Hoon | MGO (SG) | 58.32 | 198901343 | 59.92 | +0,85 | 28.34 | 59.92 |
| 8. Remco van de Berkt | De Haaïen | 1:00.44 | 198900215 | 1:00.24 | +0,91 | 28.78 | 1:00.24 |
| 9. Boy Heijnekamp | LZ 1886 | 1:01.68 | 198901161 | 1:00.69 | +0,75 | 29.24 | 1:00.69 |
| 10. Joël Dam | EZC | 1:01.34 | 198800699 | 1:01.56 | +0,64 | 28.37 | 1:01.56 |
| 11. Patrick de Jonge | ZPC Woerden | 1:03.26 | 198906635 | 1:02.27 | +0,82 | 29.71 | 1:02.27 |
| 12. Patrick Holthuisen | d'ELFT WAVE (SG) | 1:06.49 | 199107681 | 1:02.30 | +0,65 | 30.58 | 1:02.30 |
| 13. Mark Godwaldt | PSV | 1:02.93 | 198701039 | 1:03.22 | +0,84 | 30.21 | 1:03.22 |
| 14. Gerben Rozie | MSV-Zeemacht | 1:02.54 | 199002507 | 1:03.50 | +0,68 | 29.79 | 1:03.50 |
| 15. Dennis Kraakman | DAW | 1:08.52 | 198705325 | 1:07.99 | +0,74 | 32.92 | 1:07.99 |
| 16. Wouter van 't Klooster | ZPC AMERSFOORT | 1:09.66 | 198806159 | 1:09.21 | +0,79 | 33.31 | 1:09.21 |
| AFGEM Klaas van Beek | ZV Haerlem | 54.78 | 198805941 | | | | |
| AFGEM Alex Schelvis | LZ 1886 | 53.10 | 198702927 | | | | |

Masters 30+

| | | | | | | | |
|-----------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Antonio Vega | De Haaïen | 56.94 | 198604739 | 54.65 | +0,67 | 26.05 | 54.65 |
| 2. Lauren Vis | Steenwijk 1934 | 54.62 | 198201883 | 54.70 | +0,66 | 26.10 | 54.70 |
| 3. Kristiaan Lenos | LZ 1886 | 53.64 | 198301331 | 54.86 | +0,70 | 26.23 | 54.86 |
| 4. Roderik Meijers | d'ELFT WAVE (SG) | 55.50 | 198602063 | 55.75 | +0,71 | 26.03 | 55.75 |
| 5. Bart Drechsel | WZK Zwemmen | 56.02 | 198604135 | 56.20 | +0,69 | 26.80 | 56.20 |
| 6. Rick Driezen | Steenwijk 1934 | 56.08 | 198600713 | 57.40 | +0,81 | 27.55 | 57.40 |
| 7. Jim Geestman | RSW (SG) | 56.78 | 198300699 | 57.48 | +0,90 | 27.17 | 57.48 |
| 8. René Koedoolder | ZV De Bron | 59.20 | 198200919 | 58.99 | +0,82 | 27.85 | 58.99 |
| 9. Ferry Blangé | ZOB'66 | 58.51 | 198300185 | 59.59 | +0,78 | 28.29 | 59.59 |
| 10. Wouter Zijlstra | DAW | 1:02.11 | 198202077 | 1:01.19 | +0,85 | 28.56 | 1:01.19 |
| 11. Ruben van den Tol | MNC Dordrecht | 1:00.60 | 198202667 | 1:01.93 | +0,87 | 28.37 | 1:01.93 |
| 12. David Verlek | De Geul | 1:02.13 | 198402381 | 1:02.89 | +0,84 | 29.49 | 1:02.89 |
| 13. Sven Schutte | Zwemlust-den Hommel | 1:06.85 | 198604713 | 1:08.28 | +0,85 | 32.14 | 1:08.28 |

Masters 35+

| | | | | | | | |
|----------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Nol van Thull | d'ELFT WAVE (SG) | 52.32 | 198001513 | 51.90 | +0,76 | 24.96 | 51.90 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Joost Hoetjes | DAW | 1:03.51 | 197800425 | 56.41 | +0,72 | 26.76 | 56.41 |
| 3. Mark Zwart | Zwemlust-den Hommel | 57.56 | 197901461 | 58.02 | +0,82 | 27.82 | 58.02 |
| 4. Pavel Protasciuk | Kauno Takas | 57.71 | | 58.20 | +0,84 | 27.63 | 58.20 |
| 5. Dennis van den Berg | UZSC | 1:01.38 | 198100089 | 58.41 | +0,82 | 27.74 | 58.41 |
| 6. Martijn Beglinger | Old Dutch | 1:00.44 | 197801869 | 59.65 | +0,80 | 28.97 | 59.65 |
| 7. Raymond Oosterbaan | WIDEX GZC DONK | 59.45 | 197700711 | 1:00.00 | +0,86 | 28.45 | 1:00.00 |
| 8. Simon van Ravesteijn | WVZ | 1:07.33 | 198002263 | 1:00.27 | +0,80 | 29.00 | 1:00.27 |
| 9. Victor Barnar | GoSwim | 58.35 | 197801805 | 1:00.51 | +0,78 | 28.63 | 1:00.51 |
| 10. Michiel Brinkman | DAW | 1:03.17 | 198001991 | 1:02.10 | +0,75 | 28.97 | 1:02.10 |
| 11. Michel Wigbers | DWT | 1:01.64 | 198001743 | 1:02.92 | +0,82 | 30.20 | 1:02.92 |
| 12. Berry van Holland | TriVia | 1:02.02 | 198000603 | 1:03.40 | +0,76 | 29.89 | 1:03.40 |
| 13. Marco van Antwerpen | Strijen | 1:02.54 | 198000027 | 1:03.64 | +0,85 | 30.85 | 1:03.64 |
| 14. Gerrit Klaas van der Vaart | De Haaïen | 1:02.47 | 198001551 | 1:03.95 | +0,80 | 30.46 | 1:03.95 |
| 15. Gino Martijn | RZ | 1:05.03 | 197901865 | 1:05.93 | +0,75 | 30.19 | 1:05.93 |
| 16. Marnix Cornelisse | LZ 1886 | 1:12.13 | 198002343 | 1:14.76 | +0,81 | 34.49 | 1:14.76 |
| AFGEM Jeroen Zelsmann | Upstream Amsterdam | 56.09 | 197701551 | | | | |
| AFGEM Hans Cligge | De Futen | 1:07.22 | 198100315 | | | | |

Programmanr. 13, Heren, 100m vrije slag

Masters 40+

| | | | | | | | |
|--------------------------|--------------|---------|-----------|----------------|-------|-------|---------|
| 1. Joeri Stoffels | AZC | 57.86 | 197300851 | 57.66 | +0,78 | 26.63 | 57.66 |
| 2. Alex Damen | DAW | 57.67 | 197501371 | 57.82 | +0,77 | 27.97 | 57.82 |
| 3. Erik Lamers | De Gelenberg | 58.76 | 197500507 | 59.30 | +0,73 | 28.24 | 59.30 |
| 4. Patrick Kers | Zoetermeer | 59.58 | 197200499 | 59.80 | +0,82 | 28.87 | 59.80 |
| 5. Erwin Zuijdevelt | De Futen | 1:00.97 | 197501015 | 1:00.36 | +0,76 | 28.55 | 1:00.36 |
| 6. Kelvin Isselt | RZ | 1:00.43 | 197601119 | 1:00.72 | +0,73 | 28.37 | 1:00.72 |
| 7. Julius Bezzubovas | Kauno Takas | 1:03.79 | | 1:02.45 | +0,71 | 29.80 | 1:02.45 |
| 8. Casper van den Burgh | LZ 1886 | 1:12.46 | 197201413 | 1:03.56 | +0,81 | 30.32 | 1:03.56 |
| 9. Harold Brouwer | De Gelenberg | 1:03.91 | 197201569 | 1:04.06 | +0,78 | 30.01 | 1:04.06 |
| 10. Johan Wezenberg | Swol 1894 | 1:05.98 | 197601023 | 1:05.96 | +1,11 | 31.40 | 1:05.96 |
| 11. Wouter van der Stelt | Den Doorn | 1:05.36 | 197200889 | 1:06.76 | +0,75 | 31.54 | 1:06.76 |
| 12. Arjan van Tilburg | De Geul | 1:14.46 | 197500863 | 1:10.45 | +0,84 | 33.32 | 1:10.45 |
| 13. Bas van Gool | De Geul | 1:16.46 | 197201435 | 1:17.34 | +0,80 | 34.95 | 1:17.34 |

Masters 45+

| | | | | | | | |
|---------------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Harry Cornet | De Biesboschzwemmers | 56.99 | 197100175 | 56.12 | +0,76 | 26.55 | 56.12 |
| 2. Jan Goossens | GZVN | 58.69 | 11003/68 | 56.76 | +0,65 | 27.42 | 56.76 |
| 3. Marcel van Winssen | De Gelenberg | 57.62 | 197101477 | 57.20 | +0,80 | 27.50 | 57.20 |
| 4. Richard Rickson | NIMO | 57.78 | 197000841 | 58.14 | +0,80 | 27.82 | 58.14 |
| 5. Erlend Alstad | I.L. Varg | 57.11 | | 58.76 | +0,76 | 28.50 | 58.76 |
| 6. Pieter van Gemeren | DAW | 59.75 | 196901779 | 59.36 | +0,69 | 28.16 | 59.36 |
| 7. Arjan Bellaart | Het Y | 58.57 | 196900079 | 59.49 | +0,72 | 28.60 | 59.49 |
| 8. Kees Akershoek | MGO (SG) | 59.48 | 196900009 | 1:01.02 | +0,72 | 28.97 | 1:01.02 |
| 9. René Beetsma | HZ&PC Heerenveen | 1:00.92 | 196900069 | 1:01.04 | +0,73 | 29.36 | 1:01.04 |
| 10. Martin Kaptein | DWK | 1:00.59 | 196701677 | 1:01.38 | +0,75 | 28.89 | 1:01.38 |
| 11. Jos Wensink | WS Twente | 1:02.32 | 196901719 | 1:02.78 | +0,72 | 29.88 | 1:02.78 |
| 12. Guido Keutgen | AZC | 1:02.52 | 196801551 | 1:03.76 | +0,85 | 30.96 | 1:03.76 |
| 13. Ton Peters | De Haaïen | 1:04.40 | 196901777 | 1:04.57 | +0,83 | 30.31 | 1:04.57 |
| 14. Wiljo Mackus | Budel | 1:04.23 | 197101557 | 1:04.95 | +0,96 | 30.45 | 1:04.95 |
| 15. Jeroen Kort | DAW | 1:02.40 | 196801543 | 1:06.81 | +0,79 | 31.50 | 1:06.81 |
| 16. Rob Janssen | De Gelenberg | 1:06.94 | 197001467 | 1:07.95 | +0,84 | 31.95 | 1:07.95 |
| 17. Huyb Stegeman | Steenwijk 1934 | 1:07.94 | 196701535 | 1:08.36 | +0,78 | 32.50 | 1:08.36 |
| 18. Marcel Brittijn | De Duinkickers | 1:08.51 | 196900159 | 1:09.03 | +0,71 | 32.65 | 1:09.03 |
| 19. Marco van Rooijen | Arethusa | 1:09.61 | 196901755 | 1:09.34 | +0,85 | 33.49 | 1:09.34 |
| 20. Martijn de Jong | DWK | 1:12.47 | 197101659 | 1:11.40 | +0,74 | 33.89 | 1:11.40 |
| 21. Edward van Nijmweegen | Budel | 1:11.91 | 197001635 | 1:12.87 | +0,95 | 34.20 | 1:12.87 |
| 22. Joost van Eerd | Budel | 1:12.87 | 196901723 | 1:13.73 | +0,86 | 34.35 | 1:13.73 |
| 23. Gertjan van der Vaart | ZVVS | 1:14.10 | 196801529 | 1:14.05 | +0,76 | 34.96 | 1:14.05 |
| 24. Jeff van Loon | De Geul | 1:20.32 | 197001687 | 1:22.43 | +0,63 | 40.53 | 1:22.43 |
| DIS Sander Nieuwenhuys | De Fuut | 1:07.47 | 196801423 | | | | |

AA - Started before the starting signal

Masters 50+

| | | | | | | | |
|---------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Peter Bernsen | De Rog | 57.22 | 196301119 | 57.05 | +0,66 | 26.83 | 57.05 |
| 2. Bob de Vries | Aquapoldro | 1:00.58 | 196601101 | 59.10 | +0,78 | 27.86 | 59.10 |
| 3. Arnold de Rover | De Futen | 58.76 | 196400645 | 59.60 | +0,82 | 28.38 | 59.60 |
| 4. Phil Trethewie | Old Dutch | 59.84 | 196501315 | 1:00.94 | +0,81 | 29.17 | 1:00.94 |
| 5. Wiljam Nijenhuis | De IJsel | 1:01.44 | 196400547 | 1:01.22 | +0,79 | 29.54 | 1:01.22 |
| 6. Rob Verheul | TRB-RES | 1:01.99 | 196601571 | 1:02.87 | +0,79 | 29.04 | 1:02.87 |
| 7. Arthur van Strien | WVZ | 1:07.19 | 196301401 | 1:03.06 | +0,88 | 30.04 | 1:03.06 |
| 8. Kees-Jan van Overbeeke | WWV | 1:01.02 | 196200489 | 1:03.32 | +0,85 | 30.03 | 1:03.32 |
| 9. Otto Jansen | LZ 1886 | 1:03.83 | 196501403 | 1:03.37 | +0,84 | 29.39 | 1:03.37 |
| 10. Henri Michels | De Amstel | 1:04.71 | 196501587 | 1:03.89 | +0,80 | 30.48 | 1:03.89 |
| 11. Ivo Buchholz | WS Twente | 1:04.27 | 196401165 | 1:04.35 | +0,89 | 31.07 | 1:04.35 |
| 12. Erwin Beringen | GoSwim | 1:05.11 | 196601515 | 1:04.58 | +0,69 | 30.24 | 1:04.58 |
| 13. Robert Vink | WWV | 1:02.61 | 196301075 | 1:04.75 | +0,92 | 31.35 | 1:04.75 |
| 14. Fred Dijkshoorn | Zwemvereniging Westland | 1:05.16 | 196501539 | 1:05.61 | +0,82 | 31.64 | 1:05.61 |
| 15. Eric de Haas | De Treffers | 1:08.73 | 196501275 | 1:05.98 | +0,94 | 31.66 | 1:05.98 |
| 16. Robin Prins | De Geul | 1:05.34 | 196200515 | 1:06.20 | +0,86 | 31.55 | 1:06.20 |
| 17. Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 1:06.07 | 196501027 | 1:07.60 | +0,77 | 31.79 | 1:07.60 |
| 18. Bob Nieuwenhuys | De Fuut | 1:07.76 | 196201227 | 1:07.84 | +0,87 | 31.65 | 1:07.84 |
| 19. Ruud Kennis | Budel | 1:07.31 | 196501555 | 1:08.14 | +0,73 | 32.40 | 1:08.14 |

Programmanr. 13, Heren, 100m vrije slag, Masters 50+

| rang naam | vereniging | inschrijftijd | | tijd | RT | 50m | 100m |
|-----------------------|----------------|---------------|-----------|----------------|-------|-------|---------|
| 20. Erik Saan | De Duck | 1:07.00 | 196500769 | 1:09.00 | +0,98 | 31.71 | 1:09.00 |
| 21. Vadim Ezkov | Pregel | 1:07.86 | 10020 | 1:09.74 | +0,73 | 33.16 | 1:09.74 |
| 22. Fred Heemstra | DAW | 1:03.38 | 196500357 | 1:10.94 | +1,01 | 33.04 | 1:10.94 |
| 23. Pierre de Groot | WIDEX GZC DONK | 1:10.40 | 196401431 | 1:11.53 | +0,99 | 34.26 | 1:11.53 |
| 24. Willem Jannink | Swol 1894 | 1:12.72 | 196500423 | 1:12.58 | +0,79 | 34.12 | 1:12.58 |
| 25. Eric Tijms | OEZA | 1:13.76 | 196401125 | 1:13.38 | +0,87 | 34.77 | 1:13.38 |
| 26. Merlin Weber | Nautilus | 1:27.16 | 196201261 | 1:26.11 | +0,85 | 38.09 | 1:26.11 |
| 27. Hans van Scheepen | Steenwijk 1934 | 1:29.54 | 196201245 | 1:35.08 | +0,87 | 39.82 | 1:35.08 |
| NG.ZA Simon Franken | ZV Haerlem | 1:03.93 | 196601581 | | | | |
| AFGEM Hans Westerhof | WS Twente | 1:01.37 | 196200743 | | | | |
| AFGEM Gert Sikkema | ZIGNEA | 59.92 | 196300687 | | | | |
| AFGEM Edzo Huisman | Aquapoldro | 1:04.99 | 196301029 | | | | |

Masters 55+

| | | | | | | | |
|---|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Lionel Godeaux | CNSW | 1:00.51 | 000217/60 | 1:00.14 | +0,72 | 28.39 | 1:00.14 |
| 2. Fred Ketting | PSV | 1:00.12 | 196000289 | 1:00.37 | +0,86 | 28.30 | 1:00.37 |
| 3. Marten de Groot | HZ&PC Heerenveen | 58.07 | 195800149 | 1:01.07 | +0,82 | 29.14 | 1:01.07 |
| 4. Arno Wouters | ZPC De Zeeuwse Kust | 1:01.80 | 195800667 | 1:01.87 | +0,88 | 29.59 | 1:01.87 |
| 5. Adrian Ortiz Buitrago | WIDEX GZC DONK | 1:05.65 | 196000931 | 1:05.64 | +0,69 | 31.59 | 1:05.64 |
| 6. Durand Lammers | ESCA Zwemmen | 1:13.39 | 196001071 | 1:11.42 | +0,98 | 34.57 | 1:11.42 |
| 7. Bart van Calker | WS Twente | 1:12.02 | 196100067 | 1:11.53 | +0,92 | 35.25 | 1:11.53 |
| 8. Jos Zentjens | Budel | 1:12.24 | 195700569 | 1:13.90 | +0,94 | 34.05 | 1:13.90 |
| 9. Herbert Katgert | WS Twente | 1:19.26 | 195900739 | 1:20.13 | +1,21 | 37.27 | 1:20.13 |
| 10. Dirk Crok | OEZA | 1:17.56 | 195800547 | 1:21.07 | +1,16 | 39.10 | 1:21.07 |
| 11. Jos van Sleuwen | Nautilus | 1:29.18 | 195700323 | 1:26.55 | +1,10 | 38.11 | 1:26.55 |
| 12. Adrie van der Gracht | OEZA | 1:37.81 | 195700485 | 1:40.90 | +0,95 | 47.57 | 1:40.90 |
| DIS Mark Eligh | UZSC | 1:06.70 | 195700497 | | | | |
| <i>AF - Did not finish the indicated distance</i> | | | | | | | |
| AFGEM Andre Pantekoek | ZZ&PC De Devel | 1:24.49 | 195800321 | | | | |
| AFGEM Frederik Eshuis | UZSC | 1:19.45 | 195900821 | | | | |

Masters 60+

| | | | | | | | |
|---------------------------|--------|---------|-----------|----------------|-------|-------|---------|
| 1. Jean-Marie Cadiat | CNSW | 1:05.19 | 000243/53 | 1:03.52 | +0,81 | 29.65 | 1:03.52 |
| 2. Hans Wijsman | PSV | 1:01.94 | 195500427 | 1:04.38 | +0,74 | 30.99 | 1:04.38 |
| 3. Ruud Ruiters | WWV | 1:11.60 | 195300169 | 1:07.43 | +0,93 | 32.50 | 1:07.43 |
| 4. Evertjan Masurel | PLONS | 1:08.08 | 195600495 | 1:08.76 | +0,84 | 33.44 | 1:08.76 |
| 5. Nartano Glij | UZSC | 1:10.14 | 195500449 | 1:09.07 | +0,90 | 32.95 | 1:09.07 |
| 6. Laurens Klein Breteler | WWV | 1:14.16 | 195400109 | 1:12.68 | +0,86 | 33.54 | 1:12.68 |
| 7. Sjoerd van de Berg | De Rog | 1:35.28 | 195400355 | 1:34.62 | +0,86 | 42.53 | 1:34.62 |

Masters 65+

| | | | | | | | |
|-----------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Ale van Veen | HPC | 1:03.42 | 194900159 | 1:07.88 | +0,72 | 32.79 | 1:07.88 |
| 2. Piet Schop | De Bevelanders | 1:10.22 | 195000109 | 1:13.34 | +0,64 | 34.45 | 1:13.34 |
| 3. Vladimir Abrosimov | Meshera | 1:19.89 | | 1:19.41 | +1,05 | 36.89 | 1:19.41 |
| 4. Hilbert Prins | OEZA | 1:22.44 | 195100223 | 1:19.82 | +1,06 | 38.77 | 1:19.82 |
| <i>50m*</i> | | | | | | | |
| 5. Mar van Geel | Old Dutch | 1:29.07 | 194700135 | 1:40.01 | +1,16 | 46.66 | 1:40.01 |

Masters 70+

| | | | | | | | |
|-------------------------------|----------|---------|-----------|----------------|-------|-------|---------|
| 1. Alexander Bashmakov | Poseidon | 1:10.81 | 037001 | 1:12.26 | +0,97 | 35.99 | 1:12.26 |
| <i>Russian Masters Record</i> | | | | | | | |
| 2. Theo Schouten | WWV | 1:13.77 | 194600161 | 1:17.17 | +0,93 | 35.99 | 1:17.17 |
| 3. Willem Putter | ZVVS | 1:17.09 | 194500135 | 1:17.54 | +0,96 | 36.80 | 1:17.54 |
| 4. Tom Meijnen | UZSC | 1:37.81 | 194400087 | 1:24.86 | +1,14 | 39.71 | 1:24.86 |
| 5. Geza Kaltenecker | AZC | 1:22.14 | 194200065 | 1:26.51 | +0,86 | 39.77 | 1:26.51 |
| 6. Kevork Boyrazian | CNSW | 1:49.03 | 002620/44 | 1:51.16 | +1,18 | 49.92 | 1:51.16 |
| 7. Peter Ouweneel | RSW (SG) | 1:47.41 | 194500077 | 1:53.21 | +1,27 | 50.98 | 1:53.21 |

Programmanr. 13, Heren, 100m vrije slag

Masters 75+

| | | | | | | | |
|----------------------------------|-------------------|---------|-----------|----------------|-------|-------|---------|
| 1. J. Canales de Mendoza | R.C. Mediterraneo | 1:10.68 | | 1:12.59 | +0,80 | 34.64 | 1:12.59 |
| <i>Kampioenschaps Record</i> | | | | | | | |
| 2. Frederik Hendrik De Bruijn | CN Aquamasters | 1:21.69 | 0X0345415 | 1:20.13 | +1,19 | 38.85 | 1:20.13 |
| 3. Frans van Enst | WS Twente | 1:17.00 | 194000011 | 1:23.80 | +1,08 | 38.98 | 1:23.80 |
| 4. Pavelas Bezzubovas | Kauno Takas | 1:42.35 | | 1:29.83 | +1,15 | 42.03 | 1:29.83 |
| <i>Lithuanian Masters Record</i> | | | | | | | |
| 5. Nic Geers | Z&PC De Gouwe | 1:16.45 | 193800007 | 1:31.93 | +1,06 | 45.30 | 1:31.93 |
| 6. Gregor Pompen | Aqua-Novio'94 | 1:29.40 | 193700021 | 1:36.11 | +1,14 | 45.55 | 1:36.11 |

Programmanr. 14
22-01-2016 - 15:41

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam vereniging tijd RT IPC 50m 100m 150m 200m

Masters 20+

| | | | | | | | | | |
|-------------------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Nicole Bennis | WVZ | 199600470 | 2:24.19 | +0,69 | | 31.72 | 1:09.91 | 1:50.28 | 2:24.19 |
| 2. Yvon Versteeg | De Veene | 199201864 | 2:27.00 | +0,82 | | 31.39 | 1:10.20 | 1:52.78 | 2:27.00 |
| 3. Henriëke ten Bokkel | NDD | 199402764 | 2:33.07 | +0,82 | | 33.80 | 1:12.12 | 1:56.96 | 2:33.07 |
| 4. Moniek Heemskerk | LZ 1886 | 199601964 | 2:36.47 | +0,68 | | 34.00 | 1:16.32 | 2:00.57 | 2:36.47 |
| 5. Kimberley Kranenberg | ZPC De Hof | 199400292 | 2:36.66 | +0,83 | | 34.06 | 1:14.55 | 2:00.43 | 2:36.66 |
| 6. Manon van Strien | WVZ | 199400770 | 2:38.93 | +0,84 | | 33.01 | 1:11.49 | 1:59.61 | 2:38.93 |
| 7. Larissa Jansen | De Bevelanders | 199500660 | 2:41.31 | +0,75 | | 34.10 | 1:16.74 | 2:03.00 | 2:41.31 |
| 8. Michelle Bellekom | WZK Zwemmen | 199606484 | 2:41.51 | +0,76 | | 34.18 | 1:15.25 | 2:03.32 | 2:41.51 |
| 9. Merel van der Kieft | EZC | 199200920 | 2:47.10 | +0,67 | | 31.90 | 1:14.07 | 2:05.39 | 2:47.10 |
| 10. Rebecca Evers | ZOB'66 | 199207916 | 2:54.88 | +0,81 | | 37.00 | 1:21.83 | 2:13.75 | 2:54.88 |
| 11. Mariëtte Bulman | ZC Aquadream | 199506846 | 2:56.69 | +0,66 | | 35.67 | 1:22.05 | 2:17.67 | 2:56.69 |
| 12. Naomi van Gool | LZ 1886 | 199505166 | 2:57.80 | +0,86 | | 35.78 | 1:21.58 | 2:16.40 | 2:57.80 |
| 13. Claudia Creemers | RZ | 199202864 | 3:23.28 | +0,83 | | 41.25 | 1:34.64 | 2:35.27 | 3:23.28 |
| 14. Talitha Boelen | DWF | 199502910 | 3:27.68 | +0,81 | | 42.28 | 1:34.41 | 2:39.92 | 3:27.68 |
| AFGEM Wendy de Bruin | ZOB'66 | 199206320 | | | | | | | |
| AFGEM Iris Pijtak | ZPC AMERSFOORT | 199300602 | | | | | | | |
| AFGEM Amber Reijm | The Hague Swimming (SG) | 199405434 | | | | | | | |
| NG Lianne Molkenboer | EZC | 199602034 | | | | | | | |

Masters 25+

| | | | | | | | | | |
|----------------------------------|----------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Wendan Poelstra | TriVia | 199102496 | 2:25.13 | +0,71 | | 30.85 | 1:08.71 | 1:51.46 | 2:25.13 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. Maaike Vooren | DAW | 199103324 | 2:30.12 | +0,81 | | 32.28 | 1:12.96 | 1:56.17 | 2:30.12 |
| 3. Aniek Huijsman | De Lansingh | 198801932 | 2:32.08 | +0,72 | | 33.33 | 1:12.50 | 1:55.87 | 2:32.08 |
| 4. Cora van Dorst | De Krabben | 199106218 | 2:32.10 | +0,58 | | 31.07 | 1:10.47 | 1:57.18 | 2:32.10 |
| 5. Jacyntha Plat | De Golfbreker | 199002956 | 2:34.17 | +0,73 | | 32.59 | 1:12.88 | 1:57.12 | 2:34.17 |
| 6. Charlotte Groeneveld | UZSC | 198701404 | 2:36.46 | +0,79 | | 31.71 | 1:09.65 | 1:58.15 | 2:36.46 |
| 7. Ilse van den Wijngaard | ZPC Woerden | 198904736 | 2:37.57 | +0,85 | | 34.58 | 1:14.35 | 2:00.68 | 2:37.57 |
| 8. Rosanne de Boer | LZ 1886 | 199104060 | 2:40.84 | +0,80 | | 35.66 | 1:19.25 | 2:03.69 | 2:40.84 |
| 9. Elmi Roelofs | ZVV | 199008198 | 2:41.06 | +0,89 | | 35.43 | 1:16.26 | 2:04.57 | 2:41.06 |
| 10. Maaike van Diggele | ZPB H&L Productions | 198700868 | 2:42.31 | +0,84 | | 33.94 | 1:16.68 | 2:04.14 | 2:42.31 |
| 11. Liesbeth van Mill | DWK | 198702786 | 2:52.00 | +0,95 | | 36.42 | 1:20.77 | 2:11.73 | 2:52.00 |
| 12. Liset de Veer | Aqua-Novio'94 | 198704190 | 2:53.95 | +0,84 | | 36.33 | 1:21.08 | 2:14.14 | 2:53.95 |
| 13. Eline Roeland | MGO (SG) | 198805970 | 2:56.24 | +0,79 | | 36.80 | 1:23.21 | 2:13.39 | 2:56.24 |
| 14. Kelly Bockting | Montferland | 199104050 | 2:59.22 | +0,68 | | 36.86 | 1:25.12 | 2:17.16 | 2:59.22 |
| 15. Miriam Visserman | Octopus | 198704364 | 3:00.17 | +0,74 | | 36.50 | 1:23.24 | 2:16.91 | 3:00.17 |
| 16. Whitley Rens | MGO (SG) | 199007520 | 3:01.10 | +0,83 | | 37.18 | 1:22.05 | 2:16.95 | 3:01.10 |
| 17. Janneke Wynia | WS Twente | 199005500 | 3:14.68 | +0,95 | | 46.31 | 1:35.26 | 2:30.26 | 3:14.68 |
| AFGEM Tara Keijzer | Steenwijk 1934 | 199108498 | | | | | | | |
| AFGEM Tonny Klop-Methorst | De Biesboschzwemmers | 198802998 | | | | | | | |

Programmanr. 14, Dames, 200m wisselslag

Masters 30+

| | | | | | | | | |
|----------------------|------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Roos van Esch | d'ELFT WAVE (SG) | 198200468 | 2:32.51 | +0,79 | 32.90 | 1:11.78 | 1:57.47 | 2:32.51 |
| 2. Nadya Putter | ZVVS | 198301630 | 2:33.96 | +0,75 | 33.62 | 1:13.37 | 1:59.17 | 2:33.96 |
| 3. Sylvia Reijers | De Gelenberg | 198201360 | 2:52.45 | +0,91 | 36.27 | 1:19.08 | 2:11.72 | 2:52.45 |
| 4. Annette Vogelsang | ZV De Bron | 198402632 | 2:54.50 | +0,92 | 36.37 | 1:21.86 | 2:13.53 | 2:54.50 |
| 5. Linda Hoogendam | WVZ | 198300892 | 2:57.60 | +0,81 | 38.88 | 1:25.39 | 2:20.17 | 2:57.60 |
| AFGEM Marloes Rebel | WS Twente | 198403474 | | | | | | |

Masters 35+

| | | | | | | | | |
|-------------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Nathalie Blondeel | CNSW | 004784/77 | 2:37.53 | +0,68 | 33.58 | 1:17.13 | 2:03.27 | 2:37.53 |
| 2. Marjon van Kempen | MGO (SG) | 198000578 | 2:43.37 | +0,78 | 34.98 | 1:15.93 | 2:05.50 | 2:43.37 |
| 3. Jolanda van Gendt | PSV | 197800266 | 2:56.07 | +0,83 | 39.83 | 1:23.69 | 2:15.76 | 2:56.07 |
| 4. C. van Bruxvoort | ZPB H&L Productions | 197700138 | 3:42.13 | +0,85 | 50.93 | 1:47.41 | 2:54.03 | 3:42.13 |
| 5. Rianne van Vegchelen | Deltasteur | 198101530 | 3:45.18 | +1,18 | 52.64 | 1:54.88 | 2:58.39 | 3:45.18 |

Masters 40+

| | | | | | | | | |
|----------------------------|------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Liselotte Joling | PSV | 197500268 | 2:42.11 | +0,85 | 36.46 | 1:18.61 | 2:04.88 | 2:42.11 |
| 2. Evelien van Klaarbergen | HZ&PC Heerenveen | 197200964 | 2:44.14 | +0,89 | 34.99 | 1:16.32 | 2:06.22 | 2:44.14 |
| 3. Nadège van Meeteren | De Meer | 197400736 | 2:54.05 | +0,86 | 39.56 | 1:25.38 | 2:12.99 | 2:54.05 |

Masters 45+

| | | | | | | | | |
|------------------------------|------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Jeanne Petit | De Dinkel | 197001020 | 2:43.74 | +0,76 | 32.63 | 1:18.38 | 2:06.11 | 2:43.74 |
| 2. Heidi van Stein | LZ 1886 | 196900864 | 2:44.73 | +0,76 | 35.77 | 1:17.89 | 2:08.08 | 2:44.73 |
| 3. Caroline Schreuder | Triton | 196700550 | 2:57.56 | +0,82 | 38.61 | 1:23.47 | 2:16.88 | 2:57.56 |
| 4. Henriëtte Manting | GZVW | 197100246 | 2:59.88 | +0,96 | 36.13 | 1:24.07 | 2:18.96 | 2:59.88 |
| 5. Jolanta Duleviciene | Kauno Takas | | 3:00.60 | +0,87 | 38.75 | 1:27.26 | 2:19.87 | 3:00.60 |
| 6. Iris van Aurich | DWK | 196900866 | 3:02.64 | +0,78 | 39.59 | 1:29.16 | 2:20.59 | 3:02.64 |
| 7. Peggi Hurenkamp | HZ&PC Heerenveen | 196900922 | 3:12.57 | +0,82 | 41.74 | 1:32.48 | 2:29.90 | 3:12.57 |
| 8. Hetty Smalheer | SCOM | 196700352 | 3:21.61 | +1,04 | 47.30 | 1:39.59 | 2:37.07 | 3:21.61 |
| 9. Nathasja Konijn | WIDEX GZC DONK | 197100992 | 3:26.85 | +0,85 | 44.38 | 1:36.15 | 2:37.53 | 3:26.85 |
| 10. Greta Wyma-Teitsma | DWK | 197100696 | 3:35.84 | +0,84 | 54.84 | 1:44.49 | 2:43.46 | 3:35.84 |
| DIS E. van Wingerden-Dijkhui | DWK | 196900970 | | | | | | |

SS - Touched turn or finish with hands over each other

Masters 50+

| | | | | | | | | |
|----------------------------------|-----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Allie Price | Cardiff Masters | 547582 | 2:42.41 | +0,73 | 35.25 | 1:16.70 | 2:04.11 | 2:42.41 |
| <i>Kampioenschaps Record</i> | | | | | | | | |
| 2. M. Remmits-De Lange | ZPC Woerden | 196300518 | 2:42.99 | +0,72 | 34.40 | 1:17.66 | 2:06.11 | 2:42.99 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 3. J. Rolloos-Bakkers | De Lansingh | 196300222 | 2:58.85 | +0,98 | 37.40 | 1:24.24 | 2:17.93 | 2:58.85 |
| 4. Jacqueline Tuin | DAW | 196600690 | 3:01.76 | +0,74 | 39.52 | 1:28.94 | 2:20.85 | 3:01.76 |
| 5. Annemarie Vuist | Swol 1894 | 196300282 | 3:05.17 | +0,82 | 41.77 | 1:30.41 | 2:21.82 | 3:05.17 |
| 6. Feikje Wittermans | WIDEX GZC DONK | 196400408 | 3:09.93 | +0,83 | 39.32 | 1:27.88 | 2:23.58 | 3:09.93 |
| 7. Ellen Parma | Triton | 196200366 | 3:41.37 | +1,03 | 51.94 | 1:48.57 | 2:50.89 | 3:41.37 |
| AFGEM K. van Nassau van den | FOld Dutch | 196600188 | | | | | | |

Masters 55+

| | | | | | | | | |
|-------------------|----------------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Olga Kedrova | Poseidon | 037010 | 3:04.01 | +0,90 | 39.69 | 1:28.61 | 2:21.38 | 3:04.01 |
| 2. Patty Verhagen | PSV | 195900146 | 3:05.03 | +0,99 | 40.14 | 1:28.78 | 2:24.41 | 3:05.03 |
| 3. Mathilde Vink | Swol 1894 | 195800128 | 3:10.28 | +1,00 | 38.53 | 1:29.92 | 2:26.74 | 3:10.28 |
| 4. Lia Bijkerk | WIDEX GZC DONK | 196000014 | 3:44.22 | +0,88 | 50.22 | 1:49.13 | 2:53.34 | 3:44.22 |
| 5. Mies Kuipers | Old Dutch | 195800202 | 4:23.13 | +0,86 | 1:03.06 | 2:09.49 | 3:20.36 | 4:23.13 |

Masters 60+

| | | | | | | | | |
|--------------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Atie Pijtak-Radersma | ZPC AMERSFOORT | 195600048 | 2:56.06 | +0,78 | 36.91 | 1:22.72 | 2:15.77 | 2:56.06 |
| <i>Europees Masters Record</i> | | | | | | | | |
| 2. Margriet Pasma | Inktvis-De Pinquin (SG) | 195500088 | 3:11.11 | +0,93 | 45.22 | 1:33.86 | 2:29.45 | 3:11.11 |

Programmanr. 14, Dames, 200m wisselslag

Masters 65+

| | | | | | | | | |
|----------------------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Christien Nieuwenhuis | Swol 1894 | 195100022 | 3:15.82 | +0,77 | 39.54 | 1:32.86 | 2:31.78 | 3:15.82 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. A. Gilding-Tussaud | WS Twente | 195000038 | 4:03.00 | +1,10 | 56.00 | 1:55.11 | 3:07.80 | 4:03.00 |

Masters 70+

| | | | | | | | | |
|-----------------------|-----------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Matty van der Veen | Old Dutch | 194400020 | 4:41.16 | +1,24 | 1:08.03 | 2:29.03 | 3:41.72 | 4:41.16 |
|-----------------------|-----------|-----------|----------------|-------|---------|---------|---------|---------|

Programmanr. 15
22-01-2016 - 16:18

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam vereniging tijd RT IPC 50m 100m 150m 200m

Masters 20+

| | | | | | | | | |
|--------------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Emiel van Beusekom | Van Vliet-Barracuda | 199403951 | 2:18.86 | +0,83 | 28.98 | 1:04.94 | 1:46.32 | 2:18.86 |
| 2. Pieter Pijnenburg | De Warande | 199305227 | 2:24.20 | +0,72 | 32.30 | 1:11.81 | 1:51.37 | 2:24.20 |
| 3. Joey Stokx | DAW | 199301251 | 2:28.53 | +0,74 | 30.78 | 1:08.43 | 1:52.40 | 2:28.53 |
| 4. Jordy Jongenelen | ZC Aquadream | 199504995 | 2:32.79 | +0,72 | 31.89 | 1:12.42 | 1:56.94 | 2:32.79 |
| 5. Nick van der Krogt | LZ 1886 | 199501313 | 2:37.35 | +0,73 | 31.78 | 1:12.54 | 1:58.28 | 2:37.35 |
| 6. Jesper Honken | Nova | 199600085 | 2:43.13 | +0,79 | 31.52 | 1:15.41 | 2:07.46 | 2:43.13 |
| 7. Maarten Steekelenburg | Aquamania | 199300479 | 3:00.09 | +0,78 | 37.09 | 1:23.72 | 2:19.06 | 3:00.09 |

Masters 25+

| | | | | | | | | |
|----------------------------------|------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Kevin Eltink | DWK | 199100589 | 2:05.88 | +0,79 | 27.20 | 59.14 | 1:36.36 | 2:05.88 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Erik Simons | d'ELFT WAVE (SG) | 198902845 | 2:13.95 | +0,78 | 29.78 | 1:06.39 | 1:44.39 | 2:13.95 |
| 3. Tim Bunnik | Triton | 199000505 | 2:16.93 | +0,79 | 28.89 | 1:03.29 | 1:44.65 | 2:16.93 |
| 4. Maik Steenkamp | Montferland | 199103847 | 2:25.07 | +0,76 | 30.83 | 1:11.08 | 1:51.95 | 2:25.07 |
| 5. Juan Vinagre Sendino | CNSW | 005255/90 | 2:27.53 | +0,88 | 29.84 | 1:07.80 | 1:52.94 | 2:27.53 |
| 6. Niels Albrechts | MGO (SG) | 198800039 | 2:36.16 | +0,79 | 32.66 | 1:12.31 | 2:03.85 | 2:36.16 |
| 7. Patrick Holthuizen | d'ELFT WAVE (SG) | 199107681 | 2:45.13 | +0,67 | 33.52 | 1:21.01 | 2:07.66 | 2:45.13 |
| 8. Patrick de Jonge | ZPC Woerden | 198906635 | 2:46.38 | +0,82 | 31.86 | 1:14.20 | 2:06.51 | 2:46.38 |
| 9. Mark Godwaldt | PSV | 198701039 | 2:51.72 | +0,82 | 34.40 | 1:18.29 | 2:15.35 | 2:51.72 |
| AFGEM Alex Schelvis | LZ 1886 | 198702927 | | | | | | |

Masters 30+

| | | | | | | | | |
|-------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Kristiaan Lenos | LZ 1886 | 198301331 | 2:18.45 | +0,71 | 28.89 | 1:04.52 | 1:45.84 | 2:18.45 |
| 2. Thommy Nickel | Van Vliet-Barracuda | 198401627 | 2:22.38 | +0,82 | 31.22 | 1:08.00 | 1:49.63 | 2:22.38 |
| 3. Bart Drechsel | WZK Zwemmen | 198604135 | 2:22.93 | +0,69 | 29.74 | 1:07.03 | 1:49.39 | 2:22.93 |
| 4. Robert Dekker | De Veene | 198400443 | 2:23.36 | +0,85 | 30.87 | 1:08.55 | 1:50.77 | 2:23.36 |
| 5. Tim van den Berg | MNC Dordrecht | 198500157 | 2:25.72 | +0,76 | 30.98 | 1:09.57 | 1:50.27 | 2:25.72 |
| 6. Yuri van Omme | Zwemvereniging Hoogland | 198501887 | 2:27.66 | +0,81 | 31.60 | 1:10.96 | 1:52.20 | 2:27.66 |
| 7. Robert Braad | Steenwijk 1934 | 198600407 | 2:30.49 | +0,84 | 30.52 | 1:08.39 | 1:54.16 | 2:30.49 |
| 8. Frank van der Voordt | MGO (SG) | 198302259 | 2:30.72 | +0,73 | 31.28 | 1:10.09 | 1:54.39 | 2:30.72 |

Masters 35+

| | | | | | | | | |
|----------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Nol van Thull | d'ELFT WAVE (SG) | 198001513 | 2:14.61 | +0,85 | 28.71 | 1:03.17 | 1:44.18 | 2:14.61 |
| 2. Vincent Versteeg | Zwemlust-den Hommel | 197701003 | 2:23.03 | +0,76 | 31.46 | 1:10.02 | 1:50.40 | 2:23.03 |
| 3. Mark Hensen | Van Vliet-Barracuda | 197900497 | 2:24.11 | +0,81 | 29.63 | 1:07.17 | 1:50.23 | 2:24.11 |
| 4. Marcel Reefhuis | WS Twente | 198101381 | 2:29.29 | +0,79 | 31.76 | 1:11.35 | 1:54.76 | 2:29.29 |
| 5. Freddie Geerlings | NIMO | 197900379 | 2:29.65 | +0,80 | 31.79 | 1:12.84 | 1:54.99 | 2:29.65 |
| 6. Kars Luttkik | DAW | 197800675 | 2:29.99 | +0,77 | 31.07 | 1:10.80 | 1:55.01 | 2:29.99 |
| 7. Victor Barnar | GoSwim | 197801805 | 2:34.87 | +0,91 | 32.12 | 1:14.34 | 1:56.92 | 2:34.87 |
| 8. Harm Jan Otter | De Zandstuve | 198101283 | 2:36.65 | +0,88 | 32.04 | 1:14.78 | 1:59.40 | 2:36.65 |
| 9. G. van der Vaart | De Haaen | 198001551 | 2:37.27 | +0,79 | 32.69 | 1:13.82 | 1:59.90 | 2:37.27 |
| 10. Michel Wigbers | DWT | 198001743 | 2:39.34 | +0,78 | 33.68 | 1:15.21 | 2:02.18 | 2:39.34 |
| 11. Jeroen Vogelsang | DAW | 198001645 | 2:44.35 | +0,91 | 33.84 | 1:20.52 | 2:07.46 | 2:44.35 |
| 12. Rogier van Gent | IJZPC | 198000405 | 2:49.60 | +0,83 | 33.79 | 1:19.08 | 2:07.52 | 2:49.60 |

Programmanr. 15, Heren, 200m wisselslag, Masters 35+

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|------------------|----------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| 13. Robin Roskam | De Duinkickers | 197801831 | 3:23.42 | +0,95 | | 40.48 | 1:35.00 | 2:33.08 | 3:23.42 |

Masters 40+

| | | | | | | | | | |
|------------------------|---------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Egbert Stolk | d'ELFT WAVE (SG) | 197600889 | 2:14.67 | +0,75 | | 28.94 | 1:03.17 | 1:42.95 | 2:14.67 |
| 2. Michael Bes | MSV-Zeemacht | 197201205 | 2:28.23 | +0,70 | | 31.93 | 1:13.71 | 1:55.02 | 2:28.23 |
| 3. John Cobussen | De Gelenberg | 197501323 | 2:28.87 | +0,79 | | 31.37 | 1:09.10 | 1:53.97 | 2:28.87 |
| 4. Patrick Kers | Zoetermeer | 197200499 | 2:35.79 | +0,83 | | 31.60 | 1:13.48 | 2:00.41 | 2:35.79 |
| 5. Jimmy Swiggers | BEST | 11027/74 | 2:38.18 | +0,90 | | 35.82 | 1:16.89 | 2:01.48 | 2:38.18 |
| 6. Ramon de Bondt | ZPB H&L Productions | 197300105 | 2:43.10 | +1,06 | | 33.38 | 1:13.87 | 2:03.50 | 2:43.10 |
| 7. Erik Rushton | WIDEX GZC DONK | 197601573 | 3:09.86 | +0,90 | | 37.45 | 1:27.28 | 2:23.99 | 3:09.86 |
| 8. Bas van Gool | De Geul | 197201435 | 3:33.41 | +0,83 | | 40.07 | 1:41.34 | 2:42.97 | 3:33.41 |
| AFGEM Arnoud van Royen | TriVia | 197201515 | | | | | | | |

Masters 45+

| | | | | | | | | | |
|-----------------------------|----------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Erlend Alstad | I.L. Varg | | 2:20.64 | +0,74 | | 31.42 | 1:08.89 | 1:48.02 | 2:20.64 |
| 2. Glen le Clercq | De Rog | 196800177 | 2:23.36 | +0,74 | | 30.02 | 1:06.87 | 1:49.59 | 2:23.36 |
| 3. Marcel van Winssen | De Gelenberg | 197101477 | 2:24.16 | +0,85 | | 30.29 | 1:08.54 | 1:50.57 | 2:24.16 |
| 4. Richard Rickxen | NIMO | 197000841 | 2:32.25 | +0,93 | | 33.05 | 1:13.55 | 1:57.49 | 2:32.25 |
| 5. Antwan van Engen | De Ward | 197101577 | 2:33.78 | +0,75 | | 30.69 | 1:10.42 | 1:56.44 | 2:33.78 |
| 6. Arjan Bellaart | Het Y | 196900079 | 2:34.97 | +0,73 | | 32.29 | 1:12.10 | 1:58.77 | 2:34.97 |
| 7. Kees Akershoek | MGO (SG) | 196900009 | 2:37.61 | +0,74 | | 32.15 | 1:15.51 | 2:01.41 | 2:37.61 |
| 8. Konstantin Sklyar | TG Lage 1862 | 321129 | 2:39.35 | +0,83 | | 33.19 | 1:17.06 | 2:03.88 | 2:39.35 |
| 9. Frank v Nobelen | Sassenheim | 196900753 | 2:39.68 | +0,79 | | 32.99 | 1:14.19 | 2:02.48 | 2:39.68 |
| 10. Linas Kersevicius | Kauno Takas | | 2:41.34 | +0,92 | | 32.41 | 1:14.16 | 2:01.62 | 2:41.34 |
| 11. Marcel Brittijn | De Duinkickers | 196900159 | 2:59.41 | +0,76 | | 37.25 | 1:26.11 | 2:19.05 | 2:59.41 |
| 12. Joop Weenink | WS Twente | 196801535 | 3:02.50 | +1,04 | | 41.30 | 1:28.37 | 2:18.30 | 3:02.50 |
| AFGEM Stefan Holmstrom | DAW | 196701671 | | | | | | | |
| AFGEM Korstiaan de Boer | Steenwijk 1934 | 197101629 | | | | | | | |
| AFGEM Gijbert van der Leden | PSV | 196700597 | | | | | | | |

Masters 50+

| | | | | | | | | | |
|--------------------|----------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Edwin v. Norden | ZPC AMERSFOORT | 196300563 | 2:23.19 | +0,64 | | 30.37 | 1:06.57 | 1:47.95 | 2:23.19 |
| 2. Arnold de Rover | De Futen | 196400645 | 2:33.95 | +0,78 | | 32.87 | 1:12.30 | 1:58.71 | 2:33.95 |
| 3. Hans Kwaks | De Krabben | 196400443 | 2:34.28 | +0,83 | | 32.61 | 1:14.94 | 1:59.23 | 2:34.28 |
| 4. Rene de Boer | DAW | 196400087 | 2:36.53 | +0,80 | | 33.62 | 1:16.10 | 2:01.76 | 2:36.53 |
| 5. Ron Korzelius | ZPC AMERSFOORT | 196500513 | 2:37.22 | +0,78 | | 34.11 | 1:14.12 | 2:01.54 | 2:37.22 |
| 6. John Stokx | DAW | 196401341 | 2:44.90 | +0,87 | | 34.49 | 1:16.74 | 2:07.33 | 2:44.90 |
| 7. Vadim Ezkov | Pregel | 10020 | 2:51.07 | +0,77 | | 35.62 | 1:23.53 | 2:09.30 | 2:51.07 |
| 8. Wim van Mil | LZ 1886 | 196501597 | 2:53.94 | +0,82 | | 35.25 | 1:18.14 | 2:09.17 | 2:53.94 |
| 9. Jan Smalheer | SCOM | 196400701 | 2:58.39 | +0,93 | | 40.12 | 1:27.52 | 2:18.87 | 2:58.39 |

Masters 55+

| | | | | | | | | | |
|--------------------------|---------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Fred Ketting | PSV | 196000289 | 2:35.65 | +0,88 | | 32.54 | 1:13.36 | 1:59.63 | 2:35.65 |
| 2. Ronald Grove | Oceanus | 196100161 | 2:40.10 | +0,75 | | 34.56 | 1:18.28 | 2:04.84 | 2:40.10 |
| 3. Ralph Caster | RZ | 196100069 | 2:46.71 | +0,79 | | 36.53 | 1:22.46 | 2:07.63 | 2:46.71 |
| 4. Mark Eligh | UZSC | 195700497 | 2:48.40 | +0,81 | | 33.77 | 1:17.72 | 2:09.02 | 2:48.40 |
| 5. Adrian Ortiz Buitrago | WIDEX GZC DONK | 196000931 | 2:53.91 | +0,72 | | 37.03 | 1:23.87 | 2:13.73 | 2:53.91 |
| 6. Nico van Maanen | De Duck | 196100371 | 3:03.74 | +0,84 | | 36.96 | 1:24.47 | 2:22.05 | 3:03.74 |
| 7. Rob Hemesath | PSV | 196100189 | 3:05.85 | +0,76 | | 38.72 | 1:26.19 | 2:21.11 | 3:05.85 |
| 8. André Schutte | ZPC De Zeeuwse Kust | 196000521 | 3:09.91 | +0,97 | | 39.58 | 1:29.46 | 2:26.45 | 3:09.91 |
| 9. Jan Timmerman | IJZPC | 195700347 | 3:48.25 | +0,76 | | 45.96 | 1:50.42 | 2:55.83 | 3:48.25 |

Masters 60+

| | | | | | | | | | |
|------------------|--------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Paul Bunnik | Triton | 195600413 | 2:52.79 | +0,89 | | 35.21 | 1:19.86 | 2:11.29 | 2:52.79 |
| 2. Dré Klaassen | ZOB'66 | 195600141 | 3:31.50 | +0,94 | | 46.23 | 1:43.22 | 2:40.39 | 3:31.50 |
| 3. Nello Spiteri | DAW | 195200295 | 3:47.85 | +0,84 | | 50.65 | 1:55.09 | 2:58.23 | 3:47.85 |

Programmanr. 15, Heren, 200m wisselslag

Masters 65+

| | | | | | | | | |
|-------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Veniamin Zhitlovskiy | Poseidon | 101753 | 3:09.34 | +0,92 | 41.94 | 1:30.29 | 2:27.31 | 3:09.34 |
| 2. Piet Schop | De Bevelanders | 195000109 | 3:14.01 | +0,69 | 39.16 | 1:30.32 | 2:26.42 | 3:14.01 |
| 3. Jos Kamps | Zwemvereniging Hoogland | 195100085 | 3:32.66 | +0,95 | 46.43 | 1:40.69 | 2:47.60 | 3:32.66 |

Masters 70+

| | | | | | | | | |
|--------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Rob Hanou | PSV | 194300109 | 3:30.64 | +1,07 | 48.47 | 1:45.15 | 2:44.01 | 3:30.64 |
|--------------|-----|-----------|----------------|-------|-------|---------|---------|---------|

Programmanr. 16
22-01-2016 - 16:59

4 x 200m vrije slag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | startnr. | tijd | RT | | | |
|----------------------|--|---------------------|----------|-------|-----------------------|---------|---------|---------|
| 80+, Dames | | | | | | | | |
| 1. | Steenwijk 1934 1 <i>Nederlands Masters Record</i> | Steenwijk 1934 | 10:54.48 | | 11:24.68 +0,82 | | | |
| | Lonneke Oenema | 91 | +0,82 | 35.57 | 1:17.09 | 2:01.80 | 2:46.07 | 2:46.07 |
| | Tara Keijzer | 91 | +0,77 | 40.30 | 1:27.96 | 2:20.82 | 3:19.96 | 3:19.96 |
| | Charine de Ruiter | 94 | +0,66 | 34.68 | 1:14.03 | 1:55.67 | 2:36.29 | 2:36.29 |
| | Ilse Blankvoort | 92 | +0,43 | 36.72 | 1:17.55 | 1:59.78 | 2:42.36 | 2:42.36 |
| 80+, Heren | | | | | | | | |
| 1. | De Kempvis 1 | De Kempvis | 8:20.42 | | 8:39.16 +0,68 | | | |
| | Romero Hennep | 93 | +0,68 | 26.92 | 59.05 | 1:32.61 | 2:05.38 | 2:05.38 |
| | Jory Sloof | 90 | +0,51 | 29.85 | 1:02.67 | 1:37.13 | 2:12.85 | 2:12.85 |
| | Erik Wegman | 92 | +0,17 | 28.43 | 1:00.62 | 1:34.35 | 2:09.47 | 2:09.47 |
| | Dennis Doove | 92 | +0,30 | 28.15 | 1:01.78 | 1:37.36 | 2:11.46 | 2:11.46 |
| 80+, Gemengd | | | | | | | | |
| 1. | ZPC Woerden 1 | ZPC Woerden | 10:07.21 | | 10:14.08 +0,92 | | | |
| | Michiel van Vliet | 95 | +0,92 | 31.14 | 1:07.36 | 1:45.17 | 2:23.71 | 2:23.71 |
| | Cynthia van Veen | 96 | +0,81 | 38.89 | 1:25.50 | 2:13.68 | 3:00.40 | 3:00.40 |
| | Patrick de Jonge | 89 | +0,61 | 32.43 | 1:08.83 | 1:47.60 | 2:25.45 | 2:25.45 |
| | Sabine Lina | 89 | +0,48 | 32.37 | 1:08.53 | 1:46.96 | 2:24.52 | 2:24.52 |
| 100+, Dames | | | | | | | | |
| 1. | De Meer 1 | De Meer | 10:08.63 | | 10:10.80 +0,83 | | | |
| | Chantal van der Horst | 94 | +0,83 | 32.65 | 1:08.53 | 1:45.71 | 2:22.77 | 2:22.77 |
| | Eline van Gemert | 95 | +0,50 | 33.49 | 1:12.10 | 1:52.04 | 2:30.53 | 2:30.53 |
| | Lindsey Hol | 90 | +0,85 | 34.87 | 1:14.53 | 1:56.33 | 2:36.88 | 2:36.88 |
| | Nadège van Meeteren | 74 | +0,71 | 35.74 | 1:15.69 | 1:57.54 | 2:40.62 | 2:40.62 |
| 2. | ZPB H&L Productions 1 | ZPB H&L Productions | 10:25.36 | | 10:31.83 +0,82 | | | |
| | Maaik van Diggele | 87 | +0,82 | 34.16 | 1:10.89 | 1:48.63 | 2:26.06 | 2:26.06 |
| | Clementine van Bruxvoort | 77 | +0,54 | 43.36 | 1:33.50 | 2:25.17 | 3:16.63 | 3:16.63 |
| | Aylin van Uffelen | 96 | +0,56 | 33.35 | 1:10.04 | 1:47.03 | 2:23.45 | 2:23.45 |
| | Linda Janssen | 88 | +0,70 | 33.03 | 1:09.60 | 1:47.38 | 2:25.69 | 2:25.69 |
| 100+, Gemengd | | | | | | | | |
| 1. | WVZ 1 | WVZ | 8:46.15 | | 8:52.66 +0,70 | | | |
| | Nicole Bennis | 96 | +0,70 | 30.28 | 1:04.34 | 1:39.72 | 2:14.03 | 2:14.03 |
| | Manon van Strien | 94 | +0,76 | 31.16 | 1:06.86 | 1:44.26 | 2:20.85 | 2:20.85 |
| | Rens Post | 91 | +0,50 | 30.05 | 1:04.12 | 1:38.76 | 2:13.79 | 2:13.79 |
| | Ivo Roozeboom | 77 | +0,51 | 28.31 | 1:00.11 | 1:32.38 | 2:03.99 | 2:03.99 |
| 2. | LZ 1886 1 | LZ 1886 | 8:36.56 | | 9:06.00 +0,80 | | | |
| | Boy Heijnekamp | 89 | +0,80 | 30.28 | 1:04.61 | 1:41.08 | 2:18.73 | 2:18.73 |
| | Moniek Heemskerk | 96 | +0,43 | 31.81 | 1:07.64 | 1:44.31 | 2:20.72 | 2:20.72 |
| | Rosanne de Boer | 91 | +0,46 | 31.83 | 1:08.00 | 1:45.39 | 2:22.83 | 2:22.83 |
| | Kristiaan Lenos | 83 | +0,23 | 26.81 | 57.55 | 1:29.75 | 2:03.72 | 2:03.72 |

Programmanr. 16, Gemengd, 4 x 200m vrije slag, 100+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT | |
|------|---------------------|---------------|----------|---------|----------------|---------|
| 3. | Octopus 1 | Octopus | 9:56.41 | | 10:14.34 +0,79 | |
| | Miriam Visserman | 87 +0,79 | 36.47 | 1:17.99 | 2:01.40 | 2:43.92 |
| | Stefan van de Grift | 87 +0,50 | 32.62 | 1:10.13 | 1:49.82 | 2:29.61 |
| | Annebeth van Ark | 88 +0,61 | 37.98 | 1:22.45 | 2:10.22 | 2:55.61 |
| | Casper Muselaers | 96 +0,49 | 27.47 | 58.85 | 1:31.98 | 2:05.20 |
| 4. | Montferland 1 | Montferland | 10:34.37 | | 10:26.63 +0,84 | |
| | Kelly Bocking | 91 +0,84 | 36.80 | 1:18.26 | 2:01.71 | 2:45.04 |
| | Daphne Meijer | 93 +0,67 | 36.24 | 1:18.47 | 2:02.72 | 2:46.25 |
| | Ferdinand Teitink | 70 +0,59 | 35.38 | 1:16.45 | 2:00.36 | 2:44.33 |
| | Maik Steenkamp | 91 +0,47 | 29.05 | 1:02.80 | 1:37.08 | 2:11.01 |

120+, Dames

| | | | | | | |
|----|-----------------------------|-----------|----------|---------|----------------|---------|
| 1. | WS Twente 1 | WS Twente | 10:09.05 | | 10:19.88 +0,74 | |
| | Annelette Reefhuis-de Vries | 86 +0,74 | 33.24 | 1:10.77 | 1:50.34 | 2:29.90 |
| | Henrike de Vries | 89 +0,75 | 34.80 | 1:13.15 | 1:53.71 | 2:34.25 |
| | Marion Broekhuis | 68 +0,36 | 37.17 | 1:18.10 | 2:00.57 | 2:42.23 |
| | Paulien Schokker | 83 +0,78 | 33.83 | 1:12.74 | 1:53.25 | 2:33.50 |
| 2. | AZC 1 | AZC | 10:16.91 | | 10:30.40 +0,78 | |
| | Ramona Linting | 83 +0,78 | 32.83 | 1:09.39 | 1:47.15 | 2:24.27 |
| | Sandra Daamen-Posma | 68 +0,35 | 41.53 | 1:28.40 | 2:16.87 | 3:03.23 |
| | Auke de Lange | 86 +0,66 | 35.72 | 1:15.82 | 1:57.33 | 2:38.83 |
| | Julia Wortman | 96 +0,07 | 31.25 | 1:08.10 | 1:46.08 | 2:24.07 |

120+, Heren

| | | | | | | |
|----|----------------------------------|---------------------|---------|---------|---------------|---------|
| 1. | d'ELFT WAVE (SG) 1 | d'ELFT WAVE (SG) | 8:09.46 | | 8:08.40 +0,69 | |
| | <i>Nederlands Masters Record</i> | | | | | |
| | Roderik Meijers | 86 +0,69 | 27.73 | 1:00.59 | 1:35.87 | 2:11.11 |
| | Egbert Stolk | 76 +0,48 | 27.57 | 58.30 | 1:30.50 | 2:02.64 |
| | Erik Simons | 89 +0,49 | 25.62 | 54.27 | 1:25.10 | 1:55.45 |
| | Nol van Thull | 80 +0,41 | 26.62 | 56.88 | 1:28.37 | 1:59.20 |
| 2. | Van Vliet-Barracuda 1 | Van Vliet-Barracuda | 8:26.43 | | 8:31.36 +0,84 | |
| | Emiel van Beusekom | 94 +0,84 | 28.45 | 1:00.31 | 1:32.36 | 2:03.73 |
| | Thommy Nickel | 84 +0,70 | 29.59 | 1:01.60 | 1:34.84 | 2:08.04 |
| | Pascal van Haren | 87 +0,41 | 28.39 | 1:00.71 | 1:35.49 | 2:09.75 |
| | Mark Hensen | 79 +0,35 | 27.96 | 1:00.74 | 1:35.24 | 2:09.84 |
| 3. | DWK 1 | DWK | 8:39.52 | | 8:50.43 +0,94 | |
| | Michel van Wingerden | 67 +0,94 | 30.96 | 1:06.18 | 1:44.61 | 2:25.26 |
| | Martin Kaptein | 67 +0,49 | 31.16 | 1:07.59 | 1:47.39 | 2:25.02 |
| | Robin Eltink | 94 +0,62 | 29.14 | 1:02.03 | 1:35.46 | 2:07.97 |
| | Kevin Eltink | 91 +0,26 | 25.17 | 54.05 | 1:23.31 | 1:52.18 |
| 4. | De Haaien 1 | De Haaien | 8:33.15 | | 8:50.98 +0,95 | |
| | Remco van de Berkt | 89 +0,95 | 29.77 | 1:03.21 | 1:39.01 | 2:14.57 |
| | Ton Peters | 69 +0,34 | 31.49 | 1:08.42 | 1:49.11 | 2:30.08 |
| | Jeffrey Breedijk | 89 +0,41 | 27.10 | 57.98 | 1:30.37 | 2:02.49 |
| | Antonio Vega | 86 +0,41 | 29.00 | 1:00.52 | 1:32.60 | 2:03.84 |
| 5. | Steenwijk 1934 1 | Steenwijk 1934 | 8:53.59 | | 9:07.90 +0,74 | |
| | Mike Koelewijn | 93 +0,74 | 30.72 | 1:05.45 | 1:41.58 | 2:17.25 |
| | Huyb Stegeman | 67 +0,40 | 33.47 | 1:11.69 | 1:51.86 | 2:32.47 |
| | Rick Driezen | 86 +0,50 | 30.08 | 1:03.43 | 1:37.70 | 2:12.38 |
| | Lauren Vis | 82 +0,43 | 28.31 | 1:00.38 | 1:33.68 | 2:05.80 |
| 6. | RZ 1 | RZ | 9:45.20 | | 9:41.35 +0,71 | |
| | Gino Martijn | 79 +0,71 | 34.54 | 1:12.95 | 1:55.02 | 2:38.35 |
| | Patrick Creemers | 90 +0,39 | 28.36 | 1:01.59 | 1:36.12 | 2:09.95 |
| | Kelvin Isselt | 76 +0,60 | 31.18 | 1:07.12 | 1:44.97 | 2:21.79 |
| | Ralph Caster | 61 +0,47 | 33.12 | 1:10.10 | 1:50.23 | 2:31.26 |

Programmanr. 16, 4 x 200m vrije slag

120+, Gemengd

| | | | | | | | | | |
|-------|---|-------------------------|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | ZPC Woerden 2 <i>Nederlands Masters Record</i> | ZPC Woerden | | 8:50.08 | | | | 8:48.55 | +0,75 |
| | Jamilla van Veen | 96 | +0,75 | 29.78 | 1:02.93 | 1:36.03 | 2:09.32 | 2:09.32 | |
| | Mandy Verbakel | 90 | +0,51 | 31.73 | 1:07.99 | 1:45.21 | 2:21.73 | 2:21.73 | |
| | Johan Remmits | 62 | +0,44 | 28.65 | 1:01.24 | 1:35.15 | 2:09.06 | 2:09.06 | |
| | Thijs van den End | 93 | +0,55 | 28.51 | 1:00.87 | 1:34.55 | 2:08.44 | 2:08.44 | |
| 2. | DAW 1 | DAW | | 9:00.12 | | | | 9:02.74 | +0,79 |
| | Sandra Pannekeet | 84 | +0,79 | 32.74 | 1:10.18 | 1:49.48 | 2:29.61 | 2:29.61 | |
| | Joost Hoetjes | 78 | +0,40 | 28.18 | 1:00.16 | 1:32.93 | 2:06.62 | 2:06.62 | |
| | Maaïke Vooren | 91 | +0,61 | 30.70 | 1:05.02 | 1:39.93 | 2:14.89 | 2:14.89 | |
| | Alex Damen | 75 | +0,17 | 29.23 | 1:02.65 | 1:37.49 | 2:11.62 | 2:11.62 | |
| 3. | De IJssel 1 | De IJssel | | 9:15.24 | | | | 9:21.59 | +0,78 |
| | Frank Beijering | 93 | +0,78 | 29.44 | 1:02.77 | 1:37.51 | 2:12.10 | 2:12.10 | |
| | Nikki Hoogeboom | 93 | +0,51 | 33.72 | 1:11.12 | 1:49.93 | 2:28.92 | 2:28.92 | |
| | Wiljam Nijenhuis | 64 | +0,44 | 32.23 | 1:07.05 | 1:42.97 | 2:18.45 | 2:18.45 | |
| | Martje Godschalk | 90 | +0,46 | 32.42 | 1:08.41 | 1:45.50 | 2:22.12 | 2:22.12 | |
| 4. | De Ward 1 | De Ward | | 9:19.46 | | | | 9:23.86 | +1,02 |
| | Yvette Ratering | 72 | +1,02 | 34.49 | 1:12.48 | 1:52.36 | 2:31.02 | 2:31.02 | |
| | Niels Versteeg | 95 | +0,59 | 28.91 | 1:01.42 | 1:35.92 | 2:09.58 | 2:09.58 | |
| | Eva Kattouw | 94 | +0,48 | 32.08 | 1:09.41 | 1:48.52 | 2:27.72 | 2:27.72 | |
| | Antwan van Engen | 71 | +0,72 | 30.71 | 1:04.92 | 1:40.36 | 2:15.54 | 2:15.54 | |
| 5. | MGO (SG) 1 | MGO (SG) | | 9:24.35 | | | | 9:40.72 | +0,77 |
| | Eline Roeland | 88 | +0,77 | 36.20 | 1:17.88 | 2:01.19 | 2:43.17 | 2:43.17 | |
| | Frank van der Voorde | 83 | +0,38 | 30.83 | 1:05.14 | 1:41.81 | 2:17.87 | 2:17.87 | |
| | Marjon van Kempen | 80 | +0,45 | 32.33 | 1:09.59 | 1:49.16 | 2:28.68 | 2:28.68 | |
| | Niels Albrechts | 88 | +0,06 | 28.79 | 1:02.19 | 1:36.66 | 2:11.00 | 2:11.00 | |
| 6. | NIMO 1 | NIMO | | 9:25.97 | | | | 9:46.24 | +0,99 |
| | Lieke Janssen | 93 | +0,99 | 35.66 | 1:16.35 | 1:58.56 | 2:40.04 | 2:40.04 | |
| | Richard Ricksen | 70 | +0,52 | 31.33 | 1:05.73 | 1:40.41 | 2:14.03 | 2:14.03 | |
| | Nieske Janssen | 96 | +0,59 | 35.58 | 1:15.87 | 1:58.39 | 2:41.03 | 2:41.03 | |
| | Freddie Geerlings | 79 | +0,58 | 29.73 | 1:02.78 | 1:37.17 | 2:11.14 | 2:11.14 | |
| 7. | Zwemvereniging Hoogland 1 | Zwemvereniging Hoogland | | 10:52.94 | | | | 10:51.24 | +0,81 |
| | Paul de Boer | 68 | +0,81 | 33.16 | 1:12.06 | 1:54.53 | 2:37.30 | 2:37.30 | |
| | Fabienne Jekens | 84 | +0,37 | 37.19 | 1:21.13 | 2:08.03 | 2:53.65 | 2:53.65 | |
| | Jantien Hannessen | 73 | +0,96 | 39.28 | 1:23.16 | 2:08.70 | 2:54.00 | 2:54.00 | |
| | Rutger Stam | 81 | +0,22 | 31.51 | 1:07.79 | 1:46.60 | 2:26.29 | 2:26.29 | |
| 8. | Budel 1 | Budel | | 11:31.28 | | | | 11:30.19 | +0,91 |
| | Jos Zentjens | 57 | +0,91 | 37.88 | 1:19.77 | 2:05.57 | 2:51.35 | 2:51.35 | |
| | Edward van Nijmweegen | 70 | +0,22 | 35.71 | 1:20.28 | 2:07.43 | 2:57.08 | 2:57.08 | |
| | Elly Scheepers | 91 | +0,64 | 38.26 | 1:22.34 | 2:08.07 | 2:50.90 | 2:50.90 | |
| | Carola Hompes | 88 | +0,34 | 37.31 | 1:21.06 | 2:07.22 | 2:50.86 | 2:50.86 | |
| AFGEM | PSV 2 | PSV | | 9:34.04 | | | | | |

160+, Dames

| | | | | | | | | | |
|----|--------------------------------|-----|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | DWK 1 | DWK | | 11:10.46 | | | | 11:30.92 | +0,91 |
| | Greta Wyma-Teitsma | 71 | +0,91 | 43.90 | 1:36.67 | 2:31.14 | 3:21.89 | 3:21.89 | |
| | Iris van Aurich | 69 | +0,55 | 36.25 | 1:17.27 | 2:00.27 | 2:41.55 | 2:41.55 | |
| | Ellen van Wingerden-Dijkhuizen | 69 | +0,77 | 37.29 | 1:19.51 | 2:04.08 | 2:48.45 | 2:48.45 | |
| | Liesbeth van Mill | 87 | +0,77 | 36.15 | 1:16.75 | 1:58.13 | 2:39.03 | 2:39.03 | |

160+, Heren

| | | | | | | | | | |
|----|---|---------------|-------|---------|---------|---------|---------|----------------|-------|
| 1. | De Gelsenberg 1 <i>Kampioenschaps Record</i> | De Gelsenberg | | 9:10.31 | | | | 9:00.09 | +0,83 |
| | Harold Brouwer | 72 | +0,83 | 32.25 | 1:08.59 | 1:46.46 | 2:24.11 | 2:24.11 | |
| | Erik Lamers | 75 | +0,39 | 29.87 | 1:03.65 | 1:38.94 | 2:14.15 | 2:14.15 | |
| | John Cobussen | 75 | +0,41 | 28.75 | 1:01.25 | 1:34.80 | 2:08.44 | 2:08.44 | |
| | Marcel van Winssen | 71 | +0,55 | 30.17 | 1:04.41 | 1:39.23 | 2:13.39 | 2:13.39 | |
| 2. | TriVia 1 | TriVia | | 9:02.00 | | | | 9:10.34 | +0,78 |
| | Theo Bakker | 64 | +0,78 | 33.79 | 1:11.11 | 1:51.02 | 2:31.33 | 2:31.33 | |
| | Berry van Holland | 80 | +0,45 | 32.30 | 1:08.36 | 1:44.72 | 2:20.42 | 2:20.42 | |
| | Gustav van den Berg | 61 | +0,41 | 30.70 | 1:05.79 | 1:41.81 | 2:15.85 | 2:15.85 | |
| | Erik Schröder | 84 | +0,59 | 28.16 | 59.45 | 1:31.34 | 2:02.74 | 2:02.74 | |
| 3. | Sassenheim 1 | Sassenheim | | 9:29.03 | | | | 9:33.59 | +0,83 |
| | Robert Langeveld | 71 | +0,83 | 33.75 | 1:11.38 | 1:48.98 | 2:25.55 | 2:25.55 | |
| | Frank v Nobelen | 69 | +0,25 | 32.32 | 1:08.14 | 1:45.58 | 2:23.06 | 2:23.06 | |
| | Rene d Bruin | 71 | +0,40 | 32.97 | 1:10.37 | 1:48.41 | 2:24.94 | 2:24.94 | |
| | Arjan Buijsse | 79 | +0,55 | 31.66 | 1:06.85 | 1:43.54 | 2:20.04 | 2:20.04 | |

Programmanr. 16, Heren, 4 x 200m vrije slag, 160+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT | | | |
|-------|----------------------|--------------------|----------|-------|---------|---------|---------|---------|
| 4. | WVZ 1 | WVZ | 9:37.40 | | +0,97 | | | |
| | Harald Mulder | 67 | +0,97 | 37.12 | 1:16.42 | 1:59.68 | 2:43.82 | 2:43.82 |
| | Markus van Rest | 77 | +0,08 | 30.59 | 1:06.21 | 1:43.14 | 2:18.74 | 2:18.74 |
| | Arthur van Strien | 63 | +0,54 | 32.46 | 1:08.91 | 1:46.21 | 2:23.68 | 2:23.68 |
| | Simon van Ravesteijn | 80 | +0,56 | 30.82 | 1:07.28 | 1:44.61 | 2:19.49 | 2:19.49 |
| AFGEM | Upstream Amsterdam 1 | Upstream Amsterdam | 8:40.00 | | | | | |

160+, Gemengd

| | | | | | | | | |
|----|----------------------------------|------------------|----------|-------|---------|---------|---------|---------|
| 1. | HZ&PC Heerenveen 1 | HZ&PC Heerenveen | 8:57.19 | | +0,78 | | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | René Beetsma | 69 | +0,78 | 30.47 | 1:04.34 | 1:39.09 | 2:13.51 | 2:13.51 |
| | Evelien van Klaarbergen | 72 | +0,74 | 33.58 | 1:11.94 | 1:50.97 | 2:29.18 | 2:29.18 |
| | Fraukje Puts | 92 | +0,48 | 31.01 | 1:04.74 | 1:38.38 | 2:12.44 | 2:12.44 |
| | Marten de Groot | 58 | +0,63 | 29.63 | 1:02.99 | 1:37.46 | 2:12.02 | 2:12.02 |
| 2. | Triton 1 | Triton | 9:40.59 | | +0,82 | | | |
| | Caroline Schreuder | 67 | +0,82 | 35.60 | 1:16.65 | 1:59.64 | 2:41.56 | 2:41.56 |
| | Angela Koekkoek | 79 | +0,27 | 32.92 | 1:10.70 | 1:50.04 | 2:30.74 | 2:30.74 |
| | Paul Bunnik | 56 | +0,44 | 32.62 | 1:11.47 | 1:53.22 | 2:34.77 | 2:34.77 |
| | Tim Bunnik | 90 | +0,25 | 26.28 | 56.60 | 1:28.69 | 2:01.44 | 2:01.44 |
| 3. | DAW 2 | DAW | 9:55.33 | | +0,72 | | | |
| | Jeroen Kort | 68 | +0,72 | 32.64 | 1:08.78 | 1:46.10 | 2:22.69 | 2:22.69 |
| | Petra Tossings | 61 | +0,66 | 37.10 | 1:18.87 | 2:02.44 | 2:43.19 | 2:43.19 |
| | Kars Luttk | 78 | +0,51 | 31.00 | 1:05.69 | 1:42.02 | 2:17.23 | 2:17.23 |
| | Agnes van Brug | 80 | +0,56 | 34.75 | 1:13.51 | 1:53.52 | 2:33.27 | 2:33.27 |
| 4. | Swol 1894 1 | Swol 1894 | 10:34.43 | | +0,84 | | | |
| | Annet Kootstra | 71 | +0,84 | 38.66 | 1:21.75 | 2:05.52 | 2:48.25 | 2:48.25 |
| | Marjan Spoelstra | 60 | +0,68 | 43.42 | 1:31.62 | 2:20.63 | 3:09.27 | 3:09.27 |
| | Arjan Aalbers | 75 | +0,60 | 31.88 | 1:08.95 | 1:48.10 | 2:27.68 | 2:27.68 |
| | Kasper van den Berghe | 73 | +0,55 | 31.91 | 1:08.13 | 1:46.32 | 2:24.26 | 2:24.26 |
| 5. | AZC 1 | AZC | 11:29.42 | | +0,81 | | | |
| | Monique Munnik | 62 | +0,81 | 39.86 | 1:24.61 | 2:12.97 | 2:59.58 | 2:59.58 |
| | Wil Ponsioen-van Mil | 61 | +0,27 | 44.27 | 1:34.93 | 2:28.75 | 3:22.92 | 3:22.92 |
| | Michael Go | 75 | +0,57 | 34.97 | 1:15.14 | 2:00.35 | 2:48.40 | 2:48.40 |
| | Lex Wortman | 95 | +0,21 | 31.85 | 1:07.24 | 1:44.31 | 2:19.08 | 2:19.08 |

200+, Heren

| | | | | | | | | |
|-------|----------------------------------|-------------|----------|-------|---------|---------|---------|---------|
| 1. | De Rog 1 | De Rog | 9:14.06 | | +0,69 | | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | Rob Spetter | 62 | +0,69 | 31.96 | 1:07.33 | 1:43.30 | 2:19.59 | 2:19.59 |
| | Erik Kamphuis | 60 | +0,57 | 33.22 | 1:10.85 | 1:49.05 | 2:25.95 | 2:25.95 |
| | Peter Bensen | 63 | +0,43 | 31.82 | 1:05.76 | 1:38.82 | 2:11.44 | 2:11.44 |
| | Glen le Clercq | 68 | +0,59 | 28.43 | 1:02.26 | 1:35.07 | 2:07.62 | 2:07.62 |
| 2. | AZC 1 | AZC | 10:11.21 | | +0,84 | | | |
| | Jan Sonneveld | 72 | +0,84 | 32.32 | 1:07.91 | 1:45.52 | 2:24.12 | 2:24.12 |
| | Geza Kaltenecker | 42 | +0,71 | 42.36 | 1:33.02 | 2:26.69 | 3:18.64 | 3:18.64 |
| | Guido Keutgen | 68 | +0,25 | 31.63 | 1:08.56 | 1:46.69 | 2:23.65 | 2:23.65 |
| | Joeri Stoffels | 73 | +0,63 | 30.70 | 1:05.01 | 1:40.94 | 2:16.39 | 2:16.39 |
| 3. | Kauno Takas 1 | Kauno Takas | 9:45.00 | | +0,94 | | | |
| | <i>Lithuanian Masters Record</i> | | | | | | | |
| | Linus Kersevicius | 71 | +0,94 | 33.48 | 1:11.29 | 1:49.57 | 2:26.49 | 2:26.49 |
| | Pavelas Bezzubovas | 39 | +0,93 | 51.33 | 1:50.48 | 2:51.18 | 3:45.38 | 3:45.38 |
| | Julius Bezzubovas | 73 | +0,49 | 33.91 | 1:13.63 | 1:54.60 | 2:30.99 | 2:30.99 |
| | Pavel Protasciuk | 79 | +0,72 | 29.57 | 1:01.25 | 1:34.65 | 2:09.46 | 2:09.46 |
| AFGEM | WS Twente 1 | WS Twente | 9:40.02 | | | | | |

Programmanr. 16, 4 x 200m vrije slag

200+, Gemengd

| | | | | | | | | | | |
|----|---|----------------|-------|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | CNSW | CNSW | | | 11:38.57 | | | | 10:08.52 | +0,89 |
| | Jean-Marie Cadiat | 53 | +0,89 | 32.55 | 1:09.36 | 1:47.51 | 2:24.47 | 2:24.47 | | |
| | Lionel Godeaux | 60 | +0,35 | 29.51 | 1:04.21 | 1:42.63 | 2:20.66 | 2:20.66 | | |
| | Claire Anthony | 57 | +0,53 | 40.33 | 1:28.23 | 2:17.62 | 3:03.31 | 3:03.31 | | |
| | Nathalie Blondeel | 77 | | 32.28 | 1:08.30 | 1:44.68 | 2:20.08 | 2:20.08 | | |
| 2. | De Futen 1 | De Futen | | | 10:45.59 | | | | 10:36.55 | +0,85 |
| | Arnold de Rover | 64 | +0,85 | 31.24 | 1:05.73 | 1:42.43 | 2:20.09 | 2:20.09 | | |
| | Alison Gilbert | 53 | +0,47 | 39.83 | 1:24.79 | 2:12.24 | 2:58.76 | 2:58.76 | | |
| | Zilla Fokke | 68 | +0,69 | 40.61 | 1:25.97 | 2:13.99 | 2:59.85 | 2:59.85 | | |
| | Erwin Zuijdervelt | 75 | +0,41 | 29.59 | 1:04.09 | 1:41.12 | 2:17.85 | 2:17.85 | | |
| 3. | Kauno Takas 1 <i>Lithuanian Masters Record</i> | Kauno Takas | | | 10:55.00 | | | | 10:43.58 | +0,77 |
| | Arlandas Juodeska | 61 | +0,77 | 35.81 | 1:16.51 | 1:58.70 | 2:39.00 | 2:39.00 | | |
| | Loreta Kabasinskiene | 63 | +0,72 | 40.20 | 1:25.95 | 2:14.64 | 3:03.17 | 3:03.17 | | |
| | Jolanta Duleviciene | 67 | +0,71 | 35.44 | 1:14.57 | 1:55.14 | 2:34.60 | 2:34.60 | | |
| | Arvydas Burinskas | 69 | +0,57 | 32.72 | 1:10.04 | 1:48.75 | 2:26.81 | 2:26.81 | | |
| 4. | Steenwijk 1934 1 | Steenwijk 1934 | | | 11:25.68 | | | | 12:01.33 | +0,74 |
| | Casper Dollekamp | 63 | +0,74 | 35.85 | 1:16.01 | 1:58.73 | 2:39.45 | 2:39.45 | | |
| | Hans van Scheepen | 62 | +0,68 | 47.17 | 1:40.88 | 2:38.18 | 3:35.29 | 3:35.29 | | |
| | Inge Lolkema-Soeters | 73 | +0,42 | 41.65 | 1:28.71 | 2:18.72 | 3:07.90 | 3:07.90 | | |
| | Wilna Heijman | 64 | +0,42 | 35.85 | 1:15.94 | 1:58.03 | 2:38.69 | 2:38.69 | | |

240+, Dames

| | | | | | | | | | | |
|----|---|-----------|-------|---------|----------|---------|---------|---------|-----------------|-------|
| 1. | Swol 1894 1 <i>Nederlands Masters Record</i> | Swol 1894 | | | 11:29.67 | | | | 11:38.59 | +0,59 |
| | Bea Swijnenberg | 49 | +0,59 | 41.16 | 1:27.46 | 2:16.88 | 3:05.38 | 3:05.38 | | |
| | Mathilde Vink | 58 | +0,42 | 40.75 | 1:25.87 | 2:10.68 | 2:53.91 | 2:53.91 | | |
| | Annemarie Vuisst | 63 | +0,34 | 39.68 | 1:21.95 | 2:06.14 | 2:49.45 | 2:49.45 | | |
| | Christien Nieuwenhuis | 51 | +0,45 | 37.69 | 1:20.74 | 2:05.79 | 2:49.85 | 2:49.85 | | |
| 2. | Old Dutch 1 | Old Dutch | | | 15:18.38 | | | | 15:43.46 | +0,94 |
| | Chantal Verhoeff | 79 | +0,94 | 34.16 | 1:12.80 | 1:52.67 | 2:32.08 | 2:32.08 | | |
| | Truus Ruiter | 40 | | 59.64 | 2:08.09 | 3:21.34 | 4:34.46 | 4:34.46 | | |
| | Karien Musters | 58 | +0,71 | 51.98 | 1:50.74 | 2:53.89 | 4:00.34 | 4:00.34 | | |
| | Laurin Heemskerk-Stevens | 44 | | 1:00.41 | 2:09.52 | 3:23.24 | 4:36.58 | 4:36.58 | | |

240+, Heren

| | | | | | | | | | | |
|----|--|----------|-------|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | Poseidon 1 <i>Europees Masters Record</i> | Poseidon | | | 9:45.00 | | | | 9:44.54 | +0,88 |
| | Dmitry Kromskiy | 61 | +0,88 | 32.35 | 1:06.88 | 1:42.53 | 2:16.72 | 2:16.72 | | |
| | Alexander Bashmakov | 46 | +0,43 | 37.61 | 1:18.70 | 2:00.42 | 2:40.00 | 2:40.00 | | |
| | Veniamin Zhilovskiy | 51 | +0,85 | 35.97 | 1:16.14 | 1:57.08 | 2:36.71 | 2:36.71 | | |
| | Sergey Makarychev | 65 | +0,46 | 31.76 | 1:04.78 | 1:38.28 | 2:11.11 | 2:11.11 | | |
| 2. | WWV 1 | WWV | | | 10:20.69 | | | | 10:35.87 | +0,91 |
| | Robert Vink | 63 | +0,91 | 33.67 | 1:11.72 | 1:50.99 | 2:28.69 | 2:28.69 | | |
| | Theo Schouten | 46 | +0,40 | 40.64 | 1:26.77 | 2:15.47 | 3:03.72 | 3:03.72 | | |
| | Ruud Ruiter | 53 | +0,28 | 35.65 | 1:16.96 | 1:58.92 | 2:38.35 | 2:38.35 | | |
| | Kees-Jan van Overbeeke | 62 | +0,50 | 32.58 | 1:09.88 | 1:48.45 | 2:25.11 | 2:25.11 | | |

240+, Gemengd

| | | | | | | | | | | |
|----|--|-----------|-------|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | ZVVS 1 <i>Nederlands Masters Record</i> | ZVVS | | | 10:47.97 | | | | 10:44.20 | +1,06 |
| | Willem Putter | 45 | +1,06 | 39.78 | 1:24.66 | 2:11.71 | 2:56.57 | 2:56.57 | | |
| | Emiel van Elderen | 56 | +0,69 | 36.02 | 1:16.03 | 1:58.54 | 2:41.14 | 2:41.14 | | |
| | Conny Boer-Buys | 50 | +0,65 | 35.84 | 1:17.14 | 2:00.45 | 2:42.07 | 2:42.07 | | |
| | Karin Stein | 71 | +0,38 | 33.21 | 1:09.93 | 1:47.60 | 2:24.42 | 2:24.42 | | |
| 2. | WS Twente 1 | WS Twente | | | 11:07.66 | | | | 11:09.86 | +0,84 |
| | Marijke Kraak-Beckers | 60 | +0,84 | 37.25 | 1:18.94 | 2:01.98 | 2:45.64 | 2:45.64 | | |
| | Frans van Ernst | 40 | +0,47 | 40.12 | 1:29.80 | 2:20.24 | 3:06.59 | 3:06.59 | | |
| | Bart van Calker | 61 | +0,46 | 36.97 | 1:16.40 | 1:58.25 | 2:39.82 | 2:39.82 | | |
| | Jeannette Ruesink | 63 | +0,28 | 37.27 | 1:17.44 | 1:58.12 | 2:37.81 | 2:37.81 | | |
| 3. | PSV 1 | PSV | | | 11:32.55 | | | | 11:47.47 | +0,78 |
| | Hans Wijsman | 55 | +0,78 | 34.96 | 1:14.16 | 1:53.95 | 2:30.22 | 2:30.22 | | |
| | Gonnie Bak | 51 | +0,49 | 45.23 | 1:41.03 | 2:37.26 | 3:28.70 | 3:28.70 | | |
| | Patty Verhagen | 59 | +0,63 | 37.69 | 1:18.10 | 1:59.63 | 2:40.81 | 2:40.81 | | |
| | Rob Hanou | 43 | +0,69 | 40.05 | 1:29.64 | 2:20.55 | 3:07.74 | 3:07.74 | | |

Programmanr. 16, Gemengd, 4 x 200m vrije slag, 240+

| rang | vereniging | | | inschrijftijd | startnr. | | | tijd | RT |
|------|---------------------------------|----|-------|---------------|----------|---------|---------|-----------------|-------|
| 4. | Old Dutch 1 | | | 12:09.06 | | | | 13:01.88 | +0,88 |
| | Phil Trethewie | 65 | +0,88 | 33.05 | 1:09.12 | 1:45.49 | 2:19.72 | 2:19.72 | |
| | Matty van der Veen | 44 | +0,78 | 49.60 | 1:47.43 | 2:49.57 | 3:53.00 | 3:53.00 | |
| | Mar van Geel | 47 | +0,99 | 50.05 | 1:47.83 | 2:47.35 | 3:46.54 | 3:46.54 | |
| | Karin van Nassau van den Heuvel | 66 | +0,41 | 42.01 | 1:28.58 | 2:15.95 | 3:02.62 | 3:02.62 | |

4 - ONMK 2016 kb sessie 4

23-01-2016 - 9:00

Programmanr. 17
23-01-2016 - 9:00

Heren, 800m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|--|---------------------|---------------------|----------------------|-----------------|-------|
| Masters 20+ | | | | | | |
| 1. | Coen de Bruijn <i>Kampioenschaps Record</i> | Hieronymus | 9:11.24 | 199205151 | 8:52.36 | +0,71 |
| | 50m: 28.96 28.96 | 250m: 2:41.49 33.65 | 450m: 4:57.25 33.86 | 650m: 7:13.20 34.31 | | |
| | 100m: 1:01.26 32.30 | 300m: 3:15.32 33.83 | 500m: 5:31.24 33.99 | 700m: 7:47.00 33.80 | | |
| | 150m: 1:34.22 32.96 | 350m: 3:49.20 33.88 | 550m: 6:05.15 33.91 | 750m: 8:20.79 33.79 | | |
| | 200m: 2:07.84 33.62 | 400m: 4:23.39 34.19 | 600m: 6:38.89 33.74 | 800m: 8:52.36 31.57 | | |
| 2. | Emiel van Beusekom | Van Vliet-Barracuda | 8:59.48 | 199403951 | 9:04.82 | +0,89 |
| | 50m: 30.06 30.06 | 250m: 2:46.97 34.78 | 450m: 5:05.73 34.76 | 650m: 7:24.63 34.56 | | |
| | 100m: 1:03.41 33.35 | 300m: 3:21.65 34.68 | 500m: 5:40.50 34.77 | 700m: 7:58.97 34.34 | | |
| | 150m: 1:37.73 34.32 | 350m: 3:56.57 34.92 | 550m: 6:15.24 34.74 | 750m: 8:32.51 33.54 | | |
| | 200m: 2:12.19 34.46 | 400m: 4:30.97 34.40 | 600m: 6:50.07 34.83 | 800m: 9:04.82 32.31 | | |
| 3. | Erik Pape | Octopus | 8:55.48 | 199601669 | 9:05.56 | +0,79 |
| | 50m: 29.78 29.78 | 250m: 2:44.55 34.29 | 450m: 5:03.63 34.92 | 650m: 7:26.15 35.23 | | |
| | 100m: 1:02.56 32.78 | 300m: 3:18.97 34.42 | 500m: 5:38.95 35.32 | 700m: 8:00.30 34.15 | | |
| | 150m: 1:36.21 33.65 | 350m: 3:53.72 34.75 | 550m: 6:14.82 35.87 | 750m: 8:34.59 34.29 | | |
| | 200m: 2:10.26 34.05 | 400m: 4:28.71 34.99 | 600m: 6:50.92 36.10 | 800m: 9:05.56 30.97 | | |
| 4. | Jeffrey Camphens | DWT | 9:05.95 | 199503113 | 9:05.77 | +0,71 |
| | 50m: 30.55 30.55 | 250m: 2:47.95 34.62 | 450m: 5:06.89 34.79 | 650m: 7:25.12 34.53 | | |
| | 100m: 1:04.35 33.80 | 300m: 3:22.67 34.72 | 500m: 5:41.31 34.42 | 700m: 7:59.80 34.68 | | |
| | 150m: 1:38.63 34.28 | 350m: 3:57.64 34.97 | 550m: 6:15.77 34.46 | 750m: 8:33.99 34.19 | | |
| | 200m: 2:13.33 34.70 | 400m: 4:32.10 34.46 | 600m: 6:50.59 34.82 | 800m: 9:05.77 31.78 | | |
| 5. | Nick Sijmons | De Amstel | 9:54.29 | 199500491 | 9:44.46 | +0,71 |
| | 50m: 31.35 31.35 | 250m: 2:57.20 36.81 | 450m: 5:25.71 37.15 | 650m: 7:54.47 37.01 | | |
| | 100m: 1:07.11 35.76 | 300m: 3:34.31 37.11 | 500m: 6:02.97 37.26 | 700m: 8:31.31 36.84 | | |
| | 150m: 1:43.60 36.49 | 350m: 4:11.49 37.18 | 550m: 6:40.30 37.33 | 750m: 9:08.20 36.89 | | |
| | 200m: 2:20.39 36.79 | 400m: 4:48.56 37.07 | 600m: 7:17.46 37.16 | 800m: 9:44.46 36.26 | | |
| 6. | Bram van Ginneken | Hieronymus | 10:35.69 | 199501385 | 10:13.05 | +0,84 |
| | 50m: 32.59 32.59 | 250m: 3:04.71 38.66 | 450m: 5:40.78 38.83 | 650m: 8:17.81 39.71 | | |
| | 100m: 1:09.54 36.95 | 300m: 3:43.66 38.95 | 500m: 6:19.94 39.16 | 700m: 8:57.51 39.70 | | |
| | 150m: 1:47.80 38.26 | 350m: 4:22.77 39.11 | 550m: 6:58.02 38.08 | 750m: 9:36.42 38.91 | | |
| | 200m: 2:26.05 38.25 | 400m: 5:01.95 39.18 | 600m: 7:38.10 40.08 | 800m: 10:13.05 36.63 | | |
| 7. | Christiaan Iuga | Poseidon'56 | 10:26.98 | 199405939 | 10:25.90 | +0,79 |
| | 50m: 31.84 31.84 | 250m: 3:04.94 40.27 | 450m: 5:48.28 40.81 | 650m: 8:30.94 40.55 | | |
| | 100m: 1:08.06 36.22 | 300m: 3:45.33 40.39 | 500m: 6:29.38 41.10 | 700m: 9:10.65 39.71 | | |
| | 150m: 1:45.62 37.56 | 350m: 4:26.28 40.95 | 550m: 7:09.82 40.44 | 750m: 9:49.54 38.89 | | |
| | 200m: 2:24.67 39.05 | 400m: 5:07.47 41.19 | 600m: 7:50.39 40.57 | 800m: 10:25.90 36.36 | | |
| 8. | Arjen Zijlstra | Hydrofiel | 11:24.82 | 199203309 | 11:10.97 | +0,79 |
| | 50m: 31.34 31.34 | 250m: 3:13.62 42.75 | 450m: 6:09.35 44.12 | 650m: 9:05.51 44.05 | | |
| | 100m: 1:09.12 37.78 | 300m: 3:56.77 43.15 | 500m: 6:53.58 44.23 | 700m: 9:49.09 43.58 | | |
| | 150m: 1:49.53 40.41 | 350m: 4:41.25 44.48 | 550m: 7:37.38 43.80 | 750m: 10:30.85 41.76 | | |
| | 200m: 2:30.87 41.34 | 400m: 5:25.23 43.98 | 600m: 8:21.46 44.08 | 800m: 11:10.97 40.12 | | |
| Masters 25+ | | | | | | |
| 1. | Tim Bunnik | Triton | 9:23.23 | 199000505 | 9:19.13 | +0,79 |
| | 50m: 29.52 29.52 | 250m: 2:49.20 35.68 | 450m: 5:11.89 35.19 | 650m: 7:35.04 35.60 | | |
| | 100m: 1:03.35 33.83 | 300m: 3:24.53 35.33 | 500m: 5:47.98 36.09 | 700m: 8:10.58 35.54 | | |
| | 150m: 1:38.25 34.90 | 350m: 4:00.62 36.09 | 550m: 6:24.03 36.05 | 750m: 8:45.40 34.82 | | |
| | 200m: 2:13.52 35.27 | 400m: 4:36.70 36.08 | 600m: 6:59.44 35.41 | 800m: 9:19.13 33.73 | | |
| 2. | Maik Steenkamp | Montferland | 9:38.07 | 199103847 | 9:24.54 | +0,78 |
| | 50m: 30.84 30.84 | 250m: 2:51.16 35.58 | 450m: 5:14.38 35.61 | 650m: 7:39.05 35.99 | | |
| | 100m: 1:05.17 34.33 | 300m: 3:26.81 35.65 | 500m: 5:50.32 35.94 | 700m: 8:15.36 36.31 | | |
| | 150m: 1:40.25 35.08 | 350m: 4:02.64 35.83 | 550m: 6:26.54 36.22 | 750m: 8:50.71 35.35 | | |
| | 200m: 2:15.58 35.33 | 400m: 4:38.77 36.13 | 600m: 7:03.06 36.52 | 800m: 9:24.54 33.83 | | |
| 3. | Wessel Everloo | De Veene | 9:10.36 | 198906597 | 9:30.06 | +0,84 |
| | 50m: 31.29 31.29 | 250m: 2:53.92 36.61 | 450m: 5:18.05 35.69 | 650m: 7:44.51 36.52 | | |
| | 100m: 1:06.05 34.76 | 300m: 3:30.00 36.08 | 500m: 5:54.92 36.87 | 700m: 8:20.52 36.01 | | |
| | 150m: 1:41.96 35.91 | 350m: 4:05.81 35.81 | 550m: 6:31.90 36.98 | 750m: 8:56.22 35.70 | | |
| | 200m: 2:17.31 35.35 | 400m: 4:42.36 36.55 | 600m: 7:07.99 36.09 | 800m: 9:30.06 33.84 | | |
| 4. | Niels Albrechts | MGO (SG) | 9:37.85 | 198800039 | 9:32.13 | +0,82 |
| | 50m: 31.17 31.17 | 250m: 2:52.74 35.95 | 450m: 5:17.81 36.90 | 650m: 7:44.55 37.17 | | |
| | 100m: 1:05.63 34.46 | 300m: 3:28.73 35.99 | 500m: 5:54.35 36.54 | 700m: 8:21.63 37.08 | | |
| | 150m: 1:41.20 35.57 | 350m: 4:04.90 36.17 | 550m: 6:30.95 36.60 | 750m: 8:58.63 37.00 | | |
| | 200m: 2:16.79 35.59 | 400m: 4:40.91 36.01 | 600m: 7:07.38 36.43 | 800m: 9:32.13 33.50 | | |

Programmanr. 17, Heren, 800m vrije slag, Masters 25+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|---------------|------------|---------------|-----------|------|----|
| AFGEM | Alex Schelvis | LZ 1886 | 8:43.95 | 198702927 | | |

Masters 30+

| | | | | | | | | |
|----|----------------------|--------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Erik Schröder | TriVia | 8:41.70 | 198402025 | 8:50.09 | +0,90 | | |
| | 50m: 29.40 | 29.40 | 250m: 2:42.71 | 33.62 | 450m: 4:57.69 | 33.56 | 650m: 7:12.30 | 33.43 |
| | 100m: 1:02.05 | 32.65 | 300m: 3:16.39 | 33.68 | 500m: 5:31.35 | 33.66 | 700m: 7:45.63 | 33.33 |
| | 150m: 1:35.53 | 33.48 | 350m: 3:50.35 | 33.96 | 550m: 6:05.04 | 33.69 | 750m: 8:18.53 | 32.90 |
| | 200m: 2:09.09 | 33.56 | 400m: 4:24.13 | 33.78 | 600m: 6:38.87 | 33.83 | 800m: 8:50.09 | 31.56 |
| 2. | Frank van der Voordt | MGO (SG) | 10:29.33 | 198302259 | 10:00.10 | +0,75 | | |
| | 50m: 32.45 | 32.45 | 250m: 2:59.83 | 37.53 | 450m: 5:31.31 | 37.82 | 650m: 8:04.24 | 38.55 |
| | 100m: 1:08.20 | 35.75 | 300m: 3:37.52 | 37.69 | 500m: 6:09.10 | 37.79 | 700m: 8:43.16 | 38.92 |
| | 150m: 1:44.95 | 36.75 | 350m: 4:15.26 | 37.74 | 550m: 6:47.25 | 38.15 | 750m: 9:22.08 | 38.92 |
| | 200m: 2:22.30 | 37.35 | 400m: 4:53.49 | 38.23 | 600m: 7:25.69 | 38.44 | 800m: 10:00.10 | 38.02 |
| 3. | Rob van Wanrooy | Gay Swim Amsterdam | 12:05.35 | 198202627 | 11:13.38 | +0,78 | | |
| | 50m: 33.01 | 33.01 | 250m: 3:11.70 | 42.10 | 450m: 6:05.32 | 43.54 | 650m: 9:02.73 | 44.75 |
| | 100m: 1:10.22 | 37.21 | 300m: 3:54.86 | 43.16 | 500m: 6:49.54 | 44.22 | 700m: 9:47.36 | 44.63 |
| | 150m: 1:48.94 | 38.72 | 350m: 4:38.31 | 43.45 | 550m: 7:33.99 | 44.45 | 750m: 10:31.90 | 44.54 |
| | 200m: 2:29.60 | 40.66 | 400m: 5:21.78 | 43.47 | 600m: 8:17.98 | 43.99 | 800m: 11:13.38 | 41.48 |
| 4. | Dyon de Greef | Budel | 11:35.97 | 198202385 | 11:29.97 | +0,72 | | |
| | 50m: 34.99 | 34.99 | 250m: 3:28.08 | 44.86 | 450m: 6:26.65 | 44.21 | 650m: 9:25.37 | 44.07 |
| | 100m: 1:16.19 | 41.20 | 300m: 4:12.11 | 44.03 | 500m: 7:12.04 | 45.39 | 700m: 10:08.94 | 43.57 |
| | 150m: 1:59.50 | 43.31 | 350m: 4:56.98 | 44.87 | 550m: 7:57.02 | 44.98 | 750m: 10:51.78 | 42.84 |
| | 200m: 2:43.22 | 43.72 | 400m: 5:42.44 | 45.46 | 600m: 8:41.30 | 44.28 | 800m: 11:29.97 | 38.19 |

Masters 35+

| | | | | | | | | |
|----|--------------------|----------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Ivo Roozeboom | WVZ | 9:20.54 | 197700801 | 9:27.91 | +0,80 | | |
| | 50m: 31.45 | 31.45 | 250m: 2:55.84 | 36.39 | 450m: 5:19.98 | 35.80 | 650m: 7:43.10 | 35.78 |
| | 100m: 1:07.08 | 35.63 | 300m: 3:32.10 | 36.26 | 500m: 5:55.76 | 35.78 | 700m: 8:18.90 | 35.80 |
| | 150m: 1:43.00 | 35.92 | 350m: 4:08.26 | 36.16 | 550m: 6:31.73 | 35.97 | 750m: 8:54.43 | 35.53 |
| | 200m: 2:19.45 | 36.45 | 400m: 4:44.18 | 35.92 | 600m: 7:07.32 | 35.59 | 800m: 9:27.91 | 33.48 |
| 2. | Marcel Reefhuis | WS Twente | 9:25.12 | 198101381 | 9:33.76 | +0,79 | | |
| | 50m: 31.65 | 31.65 | 250m: 2:55.93 | 36.43 | 450m: 5:21.74 | 36.37 | 650m: 7:47.92 | 36.33 |
| | 100m: 1:07.17 | 35.52 | 300m: 3:32.54 | 36.61 | 500m: 5:58.22 | 36.48 | 700m: 8:24.41 | 36.49 |
| | 150m: 1:43.27 | 36.10 | 350m: 4:09.15 | 36.61 | 550m: 6:34.89 | 36.67 | 750m: 9:00.42 | 36.01 |
| | 200m: 2:19.50 | 36.23 | 400m: 4:45.37 | 36.22 | 600m: 7:11.59 | 36.70 | 800m: 9:33.76 | 33.34 |
| 3. | Freddie Geerlings | NIMO | 9:55.89 | 197900379 | 9:57.92 | +0,92 | | |
| | 50m: 33.96 | 33.96 | 250m: 3:01.26 | 36.65 | 450m: 5:32.37 | 38.21 | 650m: 8:04.18 | 38.20 |
| | 100m: 1:10.50 | 36.54 | 300m: 3:38.28 | 37.02 | 500m: 6:10.34 | 37.97 | 700m: 8:43.24 | 39.06 |
| | 150m: 1:47.65 | 37.15 | 350m: 4:16.07 | 37.79 | 550m: 6:47.73 | 37.39 | 750m: 9:21.79 | 38.55 |
| | 200m: 2:24.61 | 36.96 | 400m: 4:54.16 | 38.09 | 600m: 7:25.98 | 38.25 | 800m: 9:57.92 | 36.13 |
| 4. | Raymond Oosterbaan | WIDEX GZC DONK | 10:31.44 | 197700711 | 10:27.99 | +0,98 | | |
| | 50m: 32.89 | 32.89 | 250m: 3:07.16 | 39.83 | 450m: 5:47.60 | 40.35 | 650m: 8:30.48 | 41.11 |
| | 100m: 1:10.45 | 37.56 | 300m: 3:47.23 | 40.07 | 500m: 6:27.74 | 40.14 | 700m: 9:11.18 | 40.70 |
| | 150m: 1:48.83 | 38.38 | 350m: 4:27.47 | 40.24 | 550m: 7:08.57 | 40.83 | 750m: 9:51.16 | 39.98 |
| | 200m: 2:27.33 | 38.50 | 400m: 5:07.25 | 39.78 | 600m: 7:49.37 | 40.80 | 800m: 10:27.99 | 36.83 |
| 5. | Harm Jan Otter | De Zandstuve | 11:09.41 | 198101283 | 10:45.02 | +0,92 | | |
| | 50m: 34.76 | 34.76 | 250m: 3:13.89 | 41.42 | 450m: 5:59.03 | 41.39 | 650m: 8:44.72 | 41.44 |
| | 100m: 1:12.72 | 37.96 | 300m: 3:55.33 | 41.44 | 500m: 6:40.31 | 41.28 | 700m: 9:25.51 | 40.79 |
| | 150m: 1:52.18 | 39.46 | 350m: 4:36.85 | 41.52 | 550m: 7:21.84 | 41.53 | 750m: 10:05.96 | 40.45 |
| | 200m: 2:32.47 | 40.29 | 400m: 5:17.64 | 40.79 | 600m: 8:03.28 | 41.44 | 800m: 10:45.02 | 39.06 |
| 6. | Okko de Haas | ZV De Bron | 10:53.16 | 197801593 | 11:20.53 | +0,89 | | |
| | 50m: 36.28 | 36.28 | 250m: 3:25.49 | 43.49 | 450m: 6:18.00 | 43.33 | 650m: 9:12.88 | 43.47 |
| | 100m: 1:16.87 | 40.59 | 300m: 4:08.64 | 43.15 | 500m: 7:01.63 | 43.63 | 700m: 9:56.53 | 43.65 |
| | 150m: 1:59.00 | 42.13 | 350m: 4:51.51 | 42.87 | 550m: 7:45.50 | 43.87 | 750m: 10:39.42 | 42.89 |
| | 200m: 2:42.00 | 43.00 | 400m: 5:34.67 | 43.16 | 600m: 8:29.41 | 43.91 | 800m: 11:20.53 | 41.11 |

Masters 40+

| | | | | | | | | |
|----|----------------------|----------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Casper van den Burgh | LZ 1886 | 10:21.16 | 197201413 | 10:12.25 | +0,79 | | |
| | 50m: 34.60 | 34.60 | 250m: 3:05.97 | 38.37 | 450m: 5:39.52 | 37.99 | 650m: 8:16.21 | 39.39 |
| | 100m: 1:11.91 | 37.31 | 300m: 3:44.36 | 38.39 | 500m: 6:18.27 | 38.75 | 700m: 8:55.58 | 39.37 |
| | 150m: 1:49.83 | 37.92 | 350m: 4:22.86 | 38.50 | 550m: 6:57.17 | 38.90 | 750m: 9:34.52 | 38.94 |
| | 200m: 2:27.60 | 37.77 | 400m: 5:01.53 | 38.67 | 600m: 7:36.82 | 39.65 | 800m: 10:12.25 | 37.73 |
| 2. | Erwin Zuidervelt | De Futen | 10:36.59 | 197501015 | 10:41.99 | +0,85 | | |
| | 50m: 34.06 | 34.06 | 250m: 3:10.62 | 39.61 | 450m: 5:51.66 | 40.42 | 650m: 8:38.24 | 41.23 |
| | 100m: 1:12.00 | 37.94 | 300m: 3:50.54 | 39.92 | 500m: 6:33.02 | 41.36 | 700m: 9:20.68 | 42.44 |
| | 150m: 1:51.30 | 39.30 | 350m: 4:30.50 | 39.96 | 550m: 7:15.40 | 42.38 | 750m: 10:03.15 | 42.47 |
| | 200m: 2:31.01 | 39.71 | 400m: 5:11.24 | 40.74 | 600m: 7:57.01 | 41.61 | 800m: 10:41.99 | 38.84 |

Programmanr. 17, Heren, 800m vrije slag, Masters 40+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|-----------------------|------------|---------------|-----------|-----------------|-------|
| 3. | Kasper van den Berghe | Swol 1894 | 10:50.24 | 197301125 | 10:47.24 | +0,77 |
| | 50m: 37.11 | 37.11 | 250m: 3:19.62 | 41.03 | 450m: 6:05.34 | 41.63 |
| | 100m: 1:16.63 | 39.52 | 300m: 4:00.77 | 41.15 | 500m: 6:46.85 | 41.51 |
| | 150m: 1:57.69 | 41.06 | 350m: 4:42.28 | 41.51 | 550m: 7:28.49 | 41.64 |
| | 200m: 2:38.59 | 40.90 | 400m: 5:23.71 | 41.43 | 600m: 8:09.07 | 40.58 |
| | | | | | 650m: 8:49.55 | 40.48 |
| | | | | | 700m: 9:29.73 | 40.18 |
| | | | | | 750m: 10:10.05 | 40.32 |
| | | | | | 800m: 10:47.24 | 37.19 |
| 4. | Wouter van der Stelt | Den Doorn | 11:24.49 | 197200889 | 11:18.00 | +0,90 |
| | 50m: 36.07 | 36.07 | 250m: 3:22.53 | 42.59 | 450m: 6:16.05 | 43.77 |
| | 100m: 1:15.77 | 39.70 | 300m: 4:06.00 | 43.47 | 500m: 6:59.27 | 43.22 |
| | 150m: 1:57.30 | 41.53 | 350m: 4:49.18 | 43.18 | 550m: 7:43.01 | 43.74 |
| | 200m: 2:39.94 | 42.64 | 400m: 5:32.28 | 43.10 | 600m: 8:26.51 | 43.50 |
| | | | | | 650m: 9:09.60 | 43.09 |
| | | | | | 700m: 9:52.84 | 43.24 |
| | | | | | 750m: 10:36.58 | 43.74 |
| | | | | | 800m: 11:18.00 | 41.42 |
| 5. | Arjan Aalbers | Swol 1894 | 11:30.37 | 197500001 | 11:28.93 | +0,87 |
| | 50m: 34.90 | 34.90 | 250m: 3:20.93 | 42.92 | 450m: 6:18.60 | 44.81 |
| | 100m: 1:14.31 | 39.41 | 300m: 4:04.86 | 43.93 | 500m: 7:03.91 | 45.31 |
| | 150m: 1:55.25 | 40.94 | 350m: 4:49.48 | 44.62 | 550m: 7:48.18 | 44.27 |
| | 200m: 2:38.01 | 42.76 | 400m: 5:33.79 | 44.31 | 600m: 8:33.41 | 45.23 |
| | | | | | 650m: 9:19.06 | 45.65 |
| | | | | | 700m: 10:04.12 | 45.06 |
| | | | | | 750m: 10:48.28 | 44.16 |
| | | | | | 800m: 11:28.93 | 40.65 |
| 6. | Marcel Bergervoet | ZPCH | 12:05.07 | 197201489 | 12:11.04 | +1,00 |
| | 50m: 38.25 | 38.25 | 250m: 3:36.85 | 44.96 | 450m: 6:41.39 | 47.28 |
| | 100m: 1:21.44 | 43.19 | 300m: 4:22.16 | 45.31 | 500m: 7:28.38 | 46.99 |
| | 150m: 2:06.64 | 45.20 | 350m: 5:08.22 | 46.06 | 550m: 8:16.06 | 47.68 |
| | 200m: 2:51.89 | 45.25 | 400m: 5:54.11 | 45.89 | 600m: 9:03.95 | 47.89 |
| | | | | | 650m: 9:51.48 | 47.53 |
| | | | | | 700m: 10:39.24 | 47.76 |
| | | | | | 750m: 11:26.43 | 47.19 |
| | | | | | 800m: 12:11.04 | 44.61 |

Masters 45+

| | | | | | | |
|-------|---|------------------|---------------|-----------|-----------------|-------|
| 1. | Erlend Alstad <i>Kampioenschaps Record</i> | I.L. Varg | 9:17.75 | | 9:23.54 | +0,71 |
| | 50m: 31.76 | 31.76 | 250m: 2:53.69 | 35.89 | 450m: 5:17.19 | 35.79 |
| | 100m: 1:06.49 | 34.73 | 300m: 3:29.48 | 35.79 | 500m: 5:53.27 | 36.08 |
| | 150m: 1:42.05 | 35.56 | 350m: 4:05.39 | 35.91 | 550m: 6:29.29 | 36.02 |
| | 200m: 2:17.80 | 35.75 | 400m: 4:41.40 | 36.01 | 600m: 7:05.26 | 35.97 |
| | | | | | 650m: 7:40.65 | 35.39 |
| | | | | | 700m: 8:15.55 | 34.90 |
| | | | | | 750m: 8:50.18 | 34.63 |
| | | | | | 800m: 9:23.54 | 33.36 |
| 2. | René Beetsma | HZ&PC Heerenveen | 10:01.41 | 196900069 | 9:50.08 | +0,76 |
| | 50m: 33.90 | 33.90 | 250m: 3:02.39 | 36.96 | 450m: 5:32.24 | 37.78 |
| | 100m: 1:10.80 | 36.90 | 300m: 3:39.82 | 37.43 | 500m: 6:09.68 | 37.44 |
| | 150m: 1:48.19 | 37.39 | 350m: 4:17.17 | 37.35 | 550m: 6:47.03 | 37.35 |
| | 200m: 2:25.43 | 37.24 | 400m: 4:54.46 | 37.29 | 600m: 7:24.17 | 37.14 |
| | | | | | 650m: 8:01.03 | 36.86 |
| | | | | | 700m: 8:37.81 | 36.78 |
| | | | | | 750m: 9:14.57 | 36.76 |
| | | | | | 800m: 9:50.08 | 35.51 |
| 3. | Richard Rickson | NIMO | 10:12.11 | 197000841 | 9:55.92 | +0,89 |
| | 50m: 32.69 | 32.69 | 250m: 2:59.54 | 37.29 | 450m: 5:31.71 | 37.97 |
| | 100m: 1:08.32 | 35.63 | 300m: 3:37.39 | 37.85 | 500m: 6:09.75 | 38.04 |
| | 150m: 1:45.08 | 36.76 | 350m: 4:15.75 | 38.36 | 550m: 6:47.33 | 37.58 |
| | 200m: 2:22.25 | 37.17 | 400m: 4:53.74 | 37.99 | 600m: 7:25.35 | 38.02 |
| | | | | | 650m: 8:02.87 | 37.52 |
| | | | | | 700m: 8:41.14 | 38.27 |
| | | | | | 750m: 9:18.71 | 37.57 |
| | | | | | 800m: 9:55.92 | 37.21 |
| 4. | Konstantin Sklyar <i>400m*</i> | TG Lage 1862 | 10:45.35 | 321129 | 10:07.99 | +0,85 |
| | 50m: 34.54 | 34.54 | 250m: 3:04.53 | 38.11 | 450m: 5:39.68 | 39.42 |
| | 100m: 1:10.88 | 36.34 | 300m: 3:43.54 | 39.01 | 500m: 6:18.74 | 39.06 |
| | 150m: 1:48.32 | 37.44 | 350m: 4:21.83 | 38.29 | 550m: 6:57.61 | 38.87 |
| | 200m: 2:26.42 | 38.10 | 400m: 5:00.26 | 38.43 | 600m: 7:36.59 | 38.98 |
| | | | | | 650m: 8:15.47 | 38.88 |
| | | | | | 700m: 8:54.25 | 38.78 |
| | | | | | 750m: 9:32.44 | 38.19 |
| | | | | | 800m: 10:07.99 | 35.55 |
| 5. | Andy Feyen | ZIK | 10:57.35 | 11002/67 | 10:21.68 | +0,78 |
| | 50m: 33.01 | 33.01 | 250m: 3:08.34 | 39.47 | 450m: 5:45.78 | 40.09 |
| | 100m: 1:09.99 | 36.98 | 300m: 3:47.65 | 39.31 | 500m: 6:25.72 | 39.94 |
| | 150m: 1:48.90 | 38.91 | 350m: 4:26.90 | 39.25 | 550m: 7:05.15 | 39.43 |
| | 200m: 2:28.87 | 39.97 | 400m: 5:05.69 | 38.79 | 600m: 7:44.88 | 39.73 |
| | | | | | 650m: 8:24.42 | 39.54 |
| | | | | | 700m: 9:04.42 | 40.00 |
| | | | | | 750m: 9:43.76 | 39.34 |
| | | | | | 800m: 10:21.68 | 37.92 |
| 6. | Roy Danckaerts | De Fuut | 11:04.04 | 197000231 | 10:51.04 | +0,87 |
| | 50m: 37.41 | 37.41 | 250m: 3:23.31 | 41.46 | 450m: 6:10.09 | 41.58 |
| | 100m: 1:18.59 | 41.18 | 300m: 4:05.11 | 41.80 | 500m: 6:51.10 | 41.01 |
| | 150m: 2:00.25 | 41.66 | 350m: 4:46.96 | 41.85 | 550m: 7:31.44 | 40.34 |
| | 200m: 2:41.85 | 41.60 | 400m: 5:28.51 | 41.55 | 600m: 8:12.41 | 40.97 |
| | | | | | 650m: 8:52.88 | 40.47 |
| | | | | | 700m: 9:32.39 | 39.51 |
| | | | | | 750m: 10:12.35 | 39.96 |
| | | | | | 800m: 10:51.04 | 38.69 |
| 7. | Sander Nieuwenhuys | De Fuut | 10:56.10 | 196801423 | 11:19.33 | +0,81 |
| | 50m: 37.79 | 37.79 | 250m: 3:26.11 | 42.57 | 450m: 6:17.76 | 43.24 |
| | 100m: 1:18.87 | 41.08 | 300m: 4:08.67 | 42.56 | 500m: 7:01.28 | 43.52 |
| | 150m: 2:01.05 | 42.18 | 350m: 4:51.62 | 42.95 | 550m: 7:44.87 | 43.59 |
| | 200m: 2:43.54 | 42.49 | 400m: 5:34.52 | 42.90 | 600m: 8:28.11 | 43.24 |
| | | | | | 650m: 9:11.29 | 43.18 |
| | | | | | 700m: 9:54.88 | 43.59 |
| | | | | | 750m: 10:37.94 | 43.06 |
| | | | | | 800m: 11:19.33 | 41.39 |
| 8. | Harald Mulder | WVZ | 11:52.14 | 196701459 | 12:04.64 | |
| | 50m: 39.66 | 39.66 | 250m: 3:38.83 | 46.06 | 450m: 6:44.97 | 47.00 |
| | 100m: 1:23.12 | 43.46 | 300m: 4:25.30 | 46.47 | 500m: 7:31.69 | 46.72 |
| | 150m: 2:07.49 | 44.37 | 350m: 5:10.78 | 45.48 | 550m: 8:18.93 | 47.24 |
| | 200m: 2:52.77 | 45.28 | 400m: 5:57.97 | 47.19 | 600m: 9:04.62 | 45.69 |
| | | | | | 650m: 9:51.80 | 47.18 |
| | | | | | 700m: 10:36.63 | 44.83 |
| | | | | | 750m: 11:23.08 | 46.45 |
| | | | | | 800m: 12:04.64 | 41.56 |
| AFGEM | Roland Klein-Böling | Bocholter WSV | 9:42.96 | 74076 | | |
| AFGEM | Philippe van der Beke | PSV | 10:49.98 | 196801541 | | |

Programmanr. 17, Heren, 800m vrije slag

Masters 50+

| | | | | | | |
|-------|--|-------------------------|---------------|-----------|-----------------|-------|
| 1. | Andrey Belosludtsev | Kasatka | 9:15.70 | 101736 | 9:09.53 | +0,73 |
| | <i>Kampioenschaps Record, Russian Masters Record</i> | | | | | |
| | 50m: 31.68 | 31.68 | 250m: 2:49.81 | 34.65 | 450m: 5:08.01 | 34.68 |
| | 100m: 1:05.65 | 33.97 | 300m: 3:24.26 | 34.45 | 500m: 5:42.70 | 34.69 |
| | 150m: 1:40.28 | 34.63 | 350m: 3:58.73 | 34.47 | 550m: 6:17.47 | 34.77 |
| | 200m: 2:15.16 | 34.88 | 400m: 4:33.33 | 34.60 | 600m: 6:52.50 | 35.03 |
| | | | | | 650m: 7:26.81 | 34.31 |
| | | | | | 700m: 8:01.68 | 34.87 |
| | | | | | 750m: 8:36.17 | 34.49 |
| | | | | | 800m: 9:09.53 | 33.36 |
| 2. | Jan Brink | ZPC De Zeeuwse Kust | 9:31.11 | 196200091 | 9:36.70 | +0,83 |
| | 50m: 31.31 | 31.31 | 250m: 2:54.57 | 36.27 | 450m: 5:20.60 | 36.74 |
| | 100m: 1:06.54 | 35.23 | 300m: 3:30.94 | 36.37 | 500m: 5:57.25 | 36.65 |
| | 150m: 1:42.09 | 35.55 | 350m: 4:07.42 | 36.48 | 550m: 6:34.20 | 36.95 |
| | 200m: 2:18.30 | 36.21 | 400m: 4:43.86 | 36.44 | 600m: 7:11.18 | 36.98 |
| | | | | | 650m: 7:48.06 | 36.88 |
| | | | | | 700m: 8:24.91 | 36.85 |
| | | | | | 750m: 9:01.83 | 36.92 |
| | | | | | 800m: 9:36.70 | 34.87 |
| 3. | Johan Remmits | ZPC Woerden | 9:39.75 | 196201159 | 9:41.93 | +0,80 |
| | 50m: 32.23 | 32.23 | 250m: 2:58.11 | 36.95 | 450m: 5:25.13 | 36.68 |
| | 100m: 1:08.22 | 35.99 | 300m: 3:34.76 | 36.65 | 500m: 6:02.30 | 37.17 |
| | 150m: 1:44.40 | 36.18 | 350m: 4:11.57 | 36.81 | 550m: 6:39.17 | 36.87 |
| | 200m: 2:21.16 | 36.76 | 400m: 4:48.45 | 36.88 | 600m: 7:15.95 | 36.78 |
| | | | | | 650m: 7:53.10 | 37.15 |
| | | | | | 700m: 8:30.44 | 37.34 |
| | | | | | 750m: 9:07.35 | 36.91 |
| | | | | | 800m: 9:41.93 | 34.58 |
| 4. | Bob de Vries | Aquapoldro | 9:56.28 | 196601101 | 9:47.87 | +0,80 |
| | 50m: 30.93 | 30.93 | 250m: 2:57.38 | 36.54 | 450m: 5:25.44 | 37.06 |
| | 100m: 1:07.30 | 36.37 | 300m: 3:34.26 | 36.88 | 500m: 6:02.60 | 37.16 |
| | 150m: 1:44.14 | 36.84 | 350m: 4:11.04 | 36.78 | 550m: 6:40.68 | 38.08 |
| | 200m: 2:20.84 | 36.70 | 400m: 4:48.38 | 37.34 | 600m: 7:18.42 | 37.74 |
| | | | | | 650m: 7:55.83 | 37.41 |
| | | | | | 700m: 8:33.47 | 37.64 |
| | | | | | 750m: 9:10.84 | 37.37 |
| | | | | | 800m: 9:47.87 | 37.03 |
| 5. | Nico Paasse | MGO (SG) | 10:49.39 | 196501463 | 10:31.93 | +0,96 |
| | 50m: 33.31 | 33.31 | 250m: 3:12.70 | 40.42 | 450m: 5:54.37 | 40.17 |
| | 100m: 1:11.43 | 38.12 | 300m: 3:53.57 | 40.87 | 500m: 6:35.18 | 40.81 |
| | 150m: 1:51.47 | 40.04 | 350m: 4:33.72 | 40.15 | 550m: 7:14.75 | 39.57 |
| | 200m: 2:32.28 | 40.81 | 400m: 5:14.20 | 40.48 | 600m: 7:55.62 | 40.87 |
| | | | | | 650m: 8:35.37 | 39.75 |
| | | | | | 700m: 9:15.03 | 39.66 |
| | | | | | 750m: 9:54.20 | 39.17 |
| | | | | | 800m: 10:31.93 | 37.73 |
| 6. | Fred Dijkshoorn | Zwemvereniging Westland | 11:33.50 | 196501539 | 11:20.41 | +0,91 |
| | 50m: 36.30 | 36.30 | 250m: 3:30.60 | 44.30 | 450m: 6:27.41 | 44.26 |
| | 100m: 1:18.36 | 42.06 | 300m: 4:14.66 | 44.06 | 500m: 7:11.95 | 44.54 |
| | 150m: 2:02.41 | 44.05 | 350m: 4:58.80 | 44.14 | 550m: 7:55.20 | 43.25 |
| | 200m: 2:46.30 | 43.89 | 400m: 5:43.15 | 44.35 | 600m: 8:37.40 | 42.20 |
| | | | | | 650m: 9:19.40 | 42.00 |
| | | | | | 700m: 10:01.16 | 41.76 |
| | | | | | 750m: 10:42.93 | 41.77 |
| | | | | | 800m: 11:20.41 | 37.48 |
| 7. | Marcel Hoff | Aqua-Novio'94 | 11:26.07 | 196400317 | 11:21.63 | +0,91 |
| | 50m: 36.72 | 36.72 | 250m: 3:26.14 | 43.22 | 450m: 6:22.16 | 43.80 |
| | 100m: 1:17.59 | 40.87 | 300m: 4:09.65 | 43.51 | 500m: 7:06.12 | 43.96 |
| | 150m: 1:59.76 | 42.17 | 350m: 4:53.43 | 43.78 | 550m: 7:49.48 | 43.36 |
| | 200m: 2:42.92 | 43.16 | 400m: 5:38.36 | 44.93 | 600m: 8:32.22 | 42.74 |
| | | | | | 650m: 9:14.99 | 42.77 |
| | | | | | 700m: 9:58.64 | 43.65 |
| | | | | | 750m: 10:40.96 | 42.32 |
| | | | | | 800m: 11:21.63 | 40.67 |
| 8. | Jan Smalheer | SCOM | 11:44.47 | 196400701 | 11:34.53 | +1,11 |
| | 50m: 38.24 | 38.24 | 250m: 3:30.12 | 43.52 | 450m: 6:27.61 | 44.81 |
| | 100m: 1:19.09 | 40.85 | 300m: 4:14.42 | 44.30 | 500m: 7:12.45 | 44.84 |
| | 150m: 2:02.80 | 43.71 | 350m: 4:58.86 | 44.44 | 550m: 7:56.47 | 44.02 |
| | 200m: 2:46.60 | 43.80 | 400m: 5:42.80 | 43.94 | 600m: 8:40.86 | 44.39 |
| | | | | | 650m: 9:24.99 | 44.13 |
| | | | | | 700m: 10:09.07 | 44.08 |
| | | | | | 750m: 10:52.18 | 43.11 |
| | | | | | 800m: 11:34.53 | 42.35 |
| 9. | Joost de Kroon | AquAmigos | 11:12.39 | 196400999 | 11:35.51 | +1,29 |
| | 50m: 38.62 | 38.62 | 250m: 3:34.57 | 44.94 | 450m: 6:32.01 | 44.85 |
| | 100m: 1:20.41 | 41.79 | 300m: 4:17.97 | 43.40 | 500m: 7:16.70 | 44.69 |
| | 150m: 2:04.67 | 44.26 | 350m: 5:02.75 | 44.78 | 550m: 8:01.24 | 44.54 |
| | 200m: 2:49.63 | 44.96 | 400m: 5:47.16 | 44.41 | 600m: 8:45.71 | 44.47 |
| | | | | | 650m: 9:29.04 | 43.33 |
| | | | | | 700m: 10:14.55 | 45.51 |
| | | | | | 750m: 10:56.87 | 42.32 |
| | | | | | 800m: 11:35.51 | 38.64 |
| 10. | Peter ten Dam | WS Twente | 11:55.31 | 196201253 | 11:47.83 | +0,98 |
| | 50m: 38.24 | 38.24 | 250m: 3:37.13 | 45.20 | 450m: 6:39.65 | 45.48 |
| | 100m: 1:21.62 | 43.38 | 300m: 4:22.91 | 45.78 | 500m: 7:24.66 | 45.01 |
| | 150m: 2:06.23 | 44.61 | 350m: 5:08.50 | 45.59 | 550m: 8:09.66 | 45.00 |
| | 200m: 2:51.93 | 45.70 | 400m: 5:54.17 | 45.67 | 600m: 8:55.41 | 45.75 |
| | | | | | 650m: 9:39.90 | 44.49 |
| | | | | | 700m: 10:24.06 | 44.16 |
| | | | | | 750m: 11:07.95 | 43.89 |
| | | | | | 800m: 11:47.83 | 39.88 |
| 11. | Eric Tijms | OEZA | 12:20.34 | 196401125 | 12:20.85 | +0,86 |
| | 50m: 37.93 | 37.93 | 250m: 3:41.04 | 47.88 | 450m: 6:52.52 | 47.72 |
| | 100m: 1:20.38 | 42.45 | 300m: 4:28.20 | 47.16 | 500m: 7:40.13 | 47.61 |
| | 150m: 2:05.74 | 45.36 | 350m: 5:16.51 | 48.31 | 550m: 8:27.79 | 47.66 |
| | 200m: 2:53.16 | 47.42 | 400m: 6:04.80 | 48.29 | 600m: 9:15.54 | 47.75 |
| | | | | | 650m: 10:03.43 | 47.89 |
| | | | | | 700m: 10:50.02 | 46.59 |
| | | | | | 750m: 11:37.07 | 47.05 |
| | | | | | 800m: 12:20.85 | 43.78 |
| 12. | Rik van Gasteren | AquAmigos | 14:14.65 | 196401015 | 14:27.81 | +1,13 |
| | 50m: 44.77 | 44.77 | 250m: 4:16.88 | 55.39 | 450m: 8:00.15 | 56.10 |
| | 100m: 1:35.06 | 50.29 | 300m: 5:12.27 | 55.39 | 500m: 8:56.21 | 56.06 |
| | 150m: 2:27.00 | 51.94 | 350m: 6:08.02 | 55.75 | 550m: 9:52.73 | 56.52 |
| | 200m: 3:21.49 | 54.49 | 400m: 7:04.05 | 56.03 | 600m: 10:49.13 | 56.40 |
| | | | | | 650m: 11:45.25 | 56.12 |
| | | | | | 700m: 12:41.44 | 56.19 |
| | | | | | 750m: 13:36.97 | 55.53 |
| | | | | | 800m: 14:27.81 | 50.84 |
| AFGEM | Arno Schrauwen | De Roersoppers | 10:55.62 | 196501355 | | |
| AFGEM | Davy Aerts | ShaRK | 10:49.97 | 10452/64 | | |

Programmanr. 17, Heren, 800m vrije slag

Masters 55+

| | | | | | | | | |
|-------|---------------------|------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Gustav van den Berg | TriVia | 9:54.37 | 196100991 | 9:56.03 | +0,89 | | |
| | 50m: 33.08 | 33.08 | 250m: 3:02.99 | 37.71 | 450m: 5:34.92 | 38.01 | 650m: 8:06.35 | 37.93 |
| | 100m: 1:09.40 | 36.32 | 300m: 3:40.94 | 37.95 | 500m: 6:12.58 | 37.66 | 700m: 8:44.48 | 38.13 |
| | 150m: 1:47.36 | 37.96 | 350m: 4:18.74 | 37.80 | 550m: 6:50.62 | 38.04 | 750m: 9:21.19 | 36.71 |
| | 200m: 2:25.28 | 37.92 | 400m: 4:56.91 | 38.17 | 600m: 7:28.42 | 37.80 | 800m: 9:56.03 | 34.84 |
| 2. | Marten de Groot | HZ&PC Heerenveen | 9:23.27 | 195800149 | 9:56.51 | +0,82 | | |
| | 50m: 33.56 | 33.56 | 250m: 3:05.24 | 37.34 | 450m: 5:35.45 | 37.62 | 650m: 8:07.13 | 38.36 |
| | 100m: 1:11.54 | 37.98 | 300m: 3:42.77 | 37.53 | 500m: 6:12.70 | 37.25 | 700m: 8:44.71 | 37.58 |
| | 150m: 1:49.80 | 38.26 | 350m: 4:19.93 | 37.16 | 550m: 6:50.27 | 37.57 | 750m: 9:21.64 | 36.93 |
| | 200m: 2:27.90 | 38.10 | 400m: 4:57.83 | 37.90 | 600m: 7:28.77 | 38.50 | 800m: 9:56.51 | 34.87 |
| 3. | Marius Ros | ZCNF'34 | 10:38.36 | 195900779 | 10:36.34 | +0,95 | | |
| | 50m: 36.39 | 36.39 | 250m: 3:14.82 | 39.87 | 450m: 5:55.18 | 40.39 | 650m: 8:37.37 | 40.50 |
| | 100m: 1:15.57 | 39.18 | 300m: 3:54.49 | 39.67 | 500m: 6:35.68 | 40.50 | 700m: 9:18.45 | 41.08 |
| | 150m: 1:55.05 | 39.48 | 350m: 4:34.50 | 40.01 | 550m: 7:16.32 | 40.64 | 750m: 9:58.25 | 39.80 |
| | 200m: 2:34.95 | 39.90 | 400m: 5:14.79 | 40.29 | 600m: 7:56.87 | 40.55 | 800m: 10:36.34 | 38.09 |
| 4. | Bart van Calker | WS Twente | 12:39.13 | 196100067 | 12:04.21 | +1,27 | | |
| | 50m: 40.43 | 40.43 | 250m: 3:46.87 | 46.73 | 450m: 6:52.26 | 45.54 | 650m: 9:53.88 | 44.68 |
| | 100m: 1:26.03 | 45.60 | 300m: 4:33.26 | 46.39 | 500m: 7:38.08 | 45.82 | 700m: 10:38.71 | 44.83 |
| | 150m: 2:12.57 | 46.54 | 350m: 5:20.14 | 46.88 | 550m: 8:23.61 | 45.53 | 750m: 11:23.50 | 44.79 |
| | 200m: 3:00.14 | 47.57 | 400m: 6:06.72 | 46.58 | 600m: 9:09.20 | 45.59 | 800m: 12:04.21 | 40.71 |
| 5. | Lex Hoogendam | MNC Dordrecht | 11:53.76 | 195700541 | 12:17.48 | +0,82 | | |
| | 50m: 37.98 | 37.98 | 250m: 3:42.08 | 47.68 | 450m: 6:50.83 | 47.21 | 650m: 10:00.24 | 47.29 |
| | 100m: 1:21.59 | 43.61 | 300m: 4:29.08 | 47.00 | 500m: 7:38.31 | 47.48 | 700m: 10:46.89 | 46.65 |
| | 150m: 2:07.78 | 46.19 | 350m: 5:16.27 | 47.19 | 550m: 8:25.57 | 47.26 | 750m: 11:33.19 | 46.30 |
| | 200m: 2:54.40 | 46.62 | 400m: 6:03.62 | 47.35 | 600m: 9:12.95 | 47.38 | 800m: 12:17.48 | 44.29 |
| 6. | Jan Willem Heuten | WS Twente | 12:07.32 | 196000883 | 12:19.46 | +0,99 | | |
| | 50m: 40.34 | 40.34 | 250m: 3:47.44 | 47.85 | 450m: 6:58.90 | 47.64 | 650m: 10:07.10 | 45.74 |
| | 100m: 1:24.71 | 44.37 | 300m: 4:35.15 | 47.71 | 500m: 7:46.86 | 47.96 | 700m: 10:52.20 | 45.10 |
| | 150m: 2:11.84 | 47.13 | 350m: 5:23.00 | 47.85 | 550m: 8:34.08 | 47.22 | 750m: 11:36.98 | 44.78 |
| | 200m: 2:59.59 | 47.75 | 400m: 6:11.26 | 48.26 | 600m: 9:21.36 | 47.28 | 800m: 12:19.46 | 42.48 |
| 7. | Jan de Laat | AquAmigos | 12:51.30 | 196000861 | 12:56.62 | +1,11 | | |
| | 50m: 39.67 | 39.67 | 250m: 3:52.06 | 49.87 | 450m: 7:12.70 | 50.23 | 650m: 10:31.35 | 49.86 |
| | 100m: 1:24.94 | 45.27 | 300m: 4:42.19 | 50.13 | 500m: 8:02.24 | 49.54 | 700m: 11:20.26 | 48.91 |
| | 150m: 2:12.71 | 47.77 | 350m: 5:32.34 | 50.15 | 550m: 8:52.25 | 50.01 | 750m: 12:09.90 | 49.64 |
| | 200m: 3:02.19 | 49.48 | 400m: 6:22.47 | 50.13 | 600m: 9:41.49 | 49.24 | 800m: 12:56.62 | 46.72 |
| AFGEM | Menno Lomans | d'ELFT WAVE (SG) | 10:25.49 | 196101071 | | | | |
| AFGEM | Dirk Crok | OEZA | 13:09.57 | 195800547 | | | | |
| AFGEM | Filip Timmermans | ShaRK | 13:19.45 | 10163/60 | | | | |

Masters 60+

| | | | | | | | | |
|----|------------------|-------------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Henk Slomp | Inktvis-De Pinquin (SG) | 11:11.91 | 195500359 | 11:28.94 | +0,90 | | |
| | 50m: 36.26 | 36.26 | 250m: 3:28.34 | 43.63 | 450m: 6:25.27 | 44.35 | 650m: 9:22.13 | 44.04 |
| | 100m: 1:18.05 | 41.79 | 300m: 4:12.25 | 43.91 | 500m: 7:09.21 | 43.94 | 700m: 10:06.23 | 44.10 |
| | 150m: 2:01.44 | 43.39 | 350m: 4:56.28 | 44.03 | 550m: 7:53.56 | 44.35 | 750m: 10:49.34 | 43.11 |
| | 200m: 2:44.71 | 43.27 | 400m: 5:40.92 | 44.64 | 600m: 8:38.09 | 44.53 | 800m: 11:28.94 | 39.60 |
| 2. | Wim Scherpenisse | UZSC | 12:39.12 | 195500447 | 12:34.28 | +1,36 | | |
| | 50m: 39.49 | 39.49 | 250m: 3:47.15 | 47.69 | 450m: 6:58.53 | 48.01 | 650m: 10:12.30 | 48.62 |
| | 100m: 1:24.05 | 44.56 | 300m: 4:34.91 | 47.76 | 500m: 7:46.78 | 48.25 | 700m: 11:00.21 | 47.91 |
| | 150m: 2:11.23 | 47.18 | 350m: 5:22.63 | 47.72 | 550m: 8:34.90 | 48.12 | 750m: 11:48.65 | 48.44 |
| | 200m: 2:59.46 | 48.23 | 400m: 6:10.52 | 47.89 | 600m: 9:23.68 | 48.78 | 800m: 12:34.28 | 45.63 |

Masters 65+

| | | | | | | | | |
|----|-----------------------|----------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Piet Schop | De Bevelanders | 12:20.70 | 195000109 | 12:56.72 | +0,68 | | |
| | 50m: 40.95 | 40.95 | 250m: 3:54.85 | 49.60 | 450m: 7:14.85 | 50.26 | 650m: 10:34.18 | 49.90 |
| | 100m: 1:28.15 | 47.20 | 300m: 4:44.64 | 49.79 | 500m: 8:04.53 | 49.68 | 700m: 11:23.46 | 49.28 |
| | 150m: 2:15.78 | 47.63 | 350m: 5:34.59 | 49.95 | 550m: 8:55.05 | 50.52 | 750m: 12:11.91 | 48.45 |
| | 200m: 3:05.25 | 49.47 | 400m: 6:24.59 | 50.00 | 600m: 9:44.28 | 49.23 | 800m: 12:56.72 | 44.81 |
| 2. | Hilbert Prins 50m* | OEZA | 12:56.64 | 195100223 | 13:01.37 | +1,01 | | |
| | 50m: 42.63 | 42.63 | 250m: 3:52.83 | 47.98 | 450m: 7:08.64 | 49.17 | 650m: 10:28.66 | 50.33 |
| | 100m: 1:28.39 | 45.76 | 300m: 4:41.67 | 48.84 | 500m: 7:58.12 | 49.48 | 700m: 11:19.65 | 50.99 |
| | 150m: 2:15.77 | 47.38 | 350m: 5:30.48 | 48.81 | 550m: 8:47.81 | 49.69 | 750m: 12:10.48 | 50.83 |
| | 200m: 3:04.85 | 49.08 | 400m: 6:19.47 | 48.99 | 600m: 9:38.33 | 50.52 | 800m: 13:01.37 | 50.89 |
| 3. | Ludwig Lorenz | SV Gladbeck 13 | 13:21.63 | 127866 | 13:10.80 | +1,00 | | |
| | 50m: 47.50 | 47.50 | 250m: 4:08.25 | 49.85 | 450m: 7:27.55 | 49.63 | 650m: 10:47.17 | 49.95 |
| | 100m: 1:37.88 | 50.38 | 300m: 4:58.24 | 49.99 | 500m: 8:17.17 | 49.62 | 700m: 11:36.77 | 49.60 |
| | 150m: 2:28.19 | 50.31 | 350m: 5:47.65 | 49.41 | 550m: 9:07.18 | 50.01 | 750m: 12:25.21 | 48.44 |
| | 200m: 3:18.40 | 50.21 | 400m: 6:37.92 | 50.27 | 600m: 9:57.22 | 50.04 | 800m: 13:10.80 | 45.59 |

Programmanr. 17, Heren, 800m vrije slag, Masters 65+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|---------------|------------|---------------|-----------|-----------------|---------|----------------|---------|
| 4. | Mar van Geel | Old Dutch | 15:22.40 | 194700135 | 16:42.19 | +1,29 | | |
| | 50m: 52.13 | 52.13 | 250m: 5:01.25 | 1:04.44 | 450m: 9:17.42 | 1:05.05 | 650m: 13:32.59 | 1:03.64 |
| | 100m: 1:51.36 | 59.23 | 300m: 6:04.99 | 1:03.74 | 500m: 10:21.13 | 1:03.71 | 700m: 14:37.50 | 1:04.91 |
| | 150m: 2:52.96 | 1:01.60 | 350m: 7:08.82 | 1:03.83 | 550m: 11:24.65 | 1:03.52 | 750m: 15:40.89 | 1:03.39 |
| | 200m: 3:56.81 | 1:03.85 | 400m: 8:12.37 | 1:03.55 | 600m: 12:28.95 | 1:04.30 | 800m: 16:42.19 | 1:01.30 |

Masters 70+

| | | | | | | | | |
|----|-------------------------------|----------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Alexander Bashmakov | Poseidon | 12:36.20 | 037001 | 12:41.50 | +0,94 | | |
| | <i>Russian Masters Record</i> | | | | | | | |
| | 50m: 40.62 | 40.62 | 250m: 3:44.55 | 47.37 | 450m: 6:54.83 | 47.42 | 650m: 10:09.60 | 48.65 |
| | 100m: 1:25.75 | 45.13 | 300m: 4:32.73 | 48.18 | 500m: 7:43.37 | 48.54 | 700m: 11:00.62 | 51.02 |
| | 150m: 2:10.25 | 44.50 | 350m: 5:19.88 | 47.15 | 550m: 8:31.53 | 48.16 | 750m: 11:51.45 | 50.83 |
| | 200m: 2:57.18 | 46.93 | 400m: 6:07.41 | 47.53 | 600m: 9:20.95 | 49.42 | 800m: 12:41.50 | 50.05 |
| 2. | Rob Hanou | PSV | 13:14.86 | 194300109 | 13:11.40 | +1,03 | | |
| | 50m: 42.73 | 42.73 | 250m: 4:06.05 | 51.02 | 450m: 7:28.08 | 50.33 | 650m: 10:47.79 | 49.73 |
| | 100m: 1:32.13 | 49.40 | 300m: 4:57.56 | 51.51 | 500m: 8:17.98 | 49.90 | 700m: 11:37.32 | 49.53 |
| | 150m: 2:23.45 | 51.32 | 350m: 5:47.63 | 50.07 | 550m: 9:07.75 | 49.77 | 750m: 12:26.33 | 49.01 |
| | 200m: 3:15.03 | 51.58 | 400m: 6:37.75 | 50.12 | 600m: 9:58.06 | 50.31 | 800m: 13:11.40 | 45.07 |
| 3. | Willem Putter | ZVVS | 13:44.48 | 194500135 | 13:22.24 | +1,20 | | |
| | 50m: 43.25 | 43.25 | 250m: 4:07.04 | 52.09 | 450m: 7:33.23 | 51.27 | 650m: 10:56.93 | 50.11 |
| | 100m: 1:31.88 | 48.63 | 300m: 4:58.83 | 51.79 | 500m: 8:24.86 | 51.63 | 700m: 11:47.60 | 50.67 |
| | 150m: 2:23.08 | 51.20 | 350m: 5:50.67 | 51.84 | 550m: 9:15.90 | 51.04 | 750m: 12:36.97 | 49.37 |
| | 200m: 3:14.95 | 51.87 | 400m: 6:41.96 | 51.29 | 600m: 10:06.82 | 50.92 | 800m: 13:22.24 | 45.27 |
| 4. | Geza Kaltenecker | AZC | 14:02.64 | 194200065 | 14:40.50 | +0,88 | | |
| | 50m: 45.19 | 45.19 | 250m: 4:25.91 | 55.83 | 450m: 8:12.80 | 57.18 | 650m: 11:58.94 | 56.18 |
| | 100m: 1:38.31 | 53.12 | 300m: 5:22.43 | 56.52 | 500m: 9:09.67 | 56.87 | 700m: 12:55.15 | 56.21 |
| | 150m: 2:34.01 | 55.70 | 350m: 6:19.10 | 56.67 | 550m: 10:06.69 | 57.02 | 750m: 13:50.40 | 55.25 |
| | 200m: 3:30.08 | 56.07 | 400m: 7:15.62 | 56.52 | 600m: 11:02.76 | 56.07 | 800m: 14:40.50 | 50.10 |

Masters 75+

| | | | | | | | | |
|----|----------------------------|----------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Frederik Hendrik De Bruijn | CN Aquamasters | 13:20.78 | 0X0345415 | 13:07.73 | +1,25 | | |
| | <i>50m*, 400m*</i> | | | | | | | |
| | 50m: 44.97 | 44.97 | 250m: 4:03.22 | 49.33 | 450m: 7:20.86 | 49.16 | 650m: 10:40.85 | 50.50 |
| | 100m: 1:34.34 | 49.37 | 300m: 4:53.34 | 50.12 | 500m: 8:11.02 | 50.16 | 700m: 11:30.51 | 49.66 |
| | 150m: 2:23.07 | 48.73 | 350m: 5:42.91 | 49.57 | 550m: 9:00.87 | 49.85 | 750m: 12:20.31 | 49.80 |
| | 200m: 3:13.89 | 50.82 | 400m: 6:31.70 | 48.79 | 600m: 9:50.35 | 49.48 | 800m: 13:07.73 | 47.42 |
| 2. | Frans van Enst | WS Twente | 13:22.64 | 194000011 | 13:26.59 | +1,00 | | |
| | 50m: 42.70 | 42.70 | 250m: 4:10.70 | 52.61 | 450m: 7:38.85 | 52.25 | 650m: 11:03.06 | 51.07 |
| | 100m: 1:34.07 | 51.37 | 300m: 5:02.61 | 51.91 | 500m: 8:30.93 | 52.08 | 700m: 11:52.93 | 49.87 |
| | 150m: 2:25.41 | 51.34 | 350m: 5:54.94 | 52.33 | 550m: 9:21.12 | 50.19 | 750m: 12:41.97 | 49.04 |
| | 200m: 3:18.09 | 52.68 | 400m: 6:46.60 | 51.66 | 600m: 10:11.99 | 50.87 | 800m: 13:26.59 | 44.62 |
| 3. | Nic Geers | Z&PC De Gouwe | 13:26.73 | 193800007 | 14:52.87 | +1,06 | | |
| | 50m: 47.28 | 47.28 | 250m: 4:32.48 | 57.25 | 450m: 8:23.16 | 58.72 | 650m: 12:13.21 | 56.24 |
| | 100m: 1:42.86 | 55.58 | 300m: 5:29.08 | 56.60 | 500m: 9:20.75 | 57.59 | 700m: 13:09.34 | 56.13 |
| | 150m: 2:39.11 | 56.25 | 350m: 6:27.69 | 58.61 | 550m: 10:18.95 | 58.20 | 750m: 14:02.98 | 53.64 |
| | 200m: 3:35.23 | 56.12 | 400m: 7:24.44 | 56.75 | 600m: 11:16.97 | 58.02 | 800m: 14:52.87 | 49.89 |

Masters 80+

| | | | | | | | | |
|----|---------------|---------|---------------|-----------|-----------------|---------|----------------|---------|
| 1. | Bob Berg | PSV | 16:52.11 | 193300011 | 17:44.00 | +1,42 | | |
| | 50m: 55.23 | 55.23 | 250m: 5:25.90 | 1:08.94 | 450m: 9:53.72 | 1:08.15 | 650m: 14:25.97 | 1:08.83 |
| | 100m: 2:00.09 | 1:04.86 | 300m: 6:31.92 | 1:06.02 | 500m: 11:01.34 | 1:07.62 | 700m: 15:33.89 | 1:07.92 |
| | 150m: 3:09.51 | 1:09.42 | 350m: 7:39.31 | 1:07.39 | 550m: 12:08.98 | 1:07.64 | 750m: 16:42.40 | 1:08.51 |
| | 200m: 4:16.96 | 1:07.45 | 400m: 8:45.57 | 1:06.26 | 600m: 13:17.14 | 1:08.16 | 800m: 17:44.00 | 1:01.60 |

Programmanr. 18
23-01-2016 - 11:07

Dames, 400m wisselslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|--------------------|------------------------------|---------------------|---------------|-----------|----------------|-------|---------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Moniek Heemskerker | LZ 1886 | 5:18.29 | 199601964 | 5:21.32 | +0,72 | | |
| | 50m: 34.02 | 34.02 | 150m: 1:56.90 | 43.82 | 250m: 3:23.01 | 44.49 | 350m: 4:45.48 | 37.76 |
| | 100m: 1:13.08 | 39.06 | 200m: 2:38.52 | 41.62 | 300m: 4:07.72 | 44.71 | 400m: 5:21.32 | 35.84 |
| 2. | Janine de Groot | Nova | 5:38.97 | 199500092 | 5:25.62 | +0,87 | | |
| | 50m: 34.59 | 34.59 | 150m: 1:58.60 | 41.86 | 250m: 3:26.05 | 46.27 | 350m: 4:50.29 | 37.61 |
| | 100m: 1:16.74 | 42.15 | 200m: 2:39.78 | 41.18 | 300m: 4:12.68 | 46.63 | 400m: 5:25.62 | 35.33 |
| 3. | Beau Rijpers | Swol 1894 | 5:41.62 | 199402638 | 5:30.72 | +0,77 | | |
| | 50m: 35.19 | 35.19 | 150m: 1:59.97 | 42.99 | 250m: 3:28.04 | 46.09 | 350m: 4:53.35 | 38.82 |
| | 100m: 1:16.98 | 41.79 | 200m: 2:41.95 | 41.98 | 300m: 4:14.53 | 46.49 | 400m: 5:30.72 | 37.37 |
| 4. | Wendy de Bruin | ZOB'66 | 5:32.40 | 199206320 | 5:31.80 | +0,62 | | |
| | 50m: 33.91 | 33.91 | 150m: 1:58.92 | 43.68 | 250m: 3:28.02 | 46.90 | 350m: 4:54.09 | 38.22 |
| | 100m: 1:15.24 | 41.33 | 200m: 2:41.12 | 42.20 | 300m: 4:15.87 | 47.85 | 400m: 5:31.80 | 37.71 |
| 5. | Aniek Resink | DIO | 5:43.13 | 199500738 | 5:36.54 | +0,74 | | |
| | 50m: 35.19 | 35.19 | 150m: 1:59.55 | 42.79 | 250m: 3:29.19 | 48.01 | 350m: 4:58.19 | 39.25 |
| | 100m: 1:16.76 | 41.57 | 200m: 2:41.18 | 41.63 | 300m: 4:18.94 | 49.75 | 400m: 5:36.54 | 38.35 |
| 6. | Maike Korthout | TRB-RES | 5:47.99 | 199406034 | 5:41.86 | +0,63 | | |
| | 50m: 34.71 | 34.71 | 150m: 1:57.80 | 42.71 | 250m: 3:31.81 | 51.76 | 350m: 5:04.19 | 38.74 |
| | 100m: 1:15.09 | 40.38 | 200m: 2:40.05 | 42.25 | 300m: 4:25.45 | 53.64 | 400m: 5:41.86 | 37.67 |
| 7. | Denise van Zetten | Octopus | 5:44.13 | 199600932 | 5:57.74 | +0,88 | | |
| | 50m: 35.93 | 35.93 | 150m: 2:05.70 | 43.77 | 250m: 3:41.76 | 52.69 | 350m: 5:16.60 | 40.97 |
| | 100m: 1:21.93 | 46.00 | 200m: 2:49.07 | 43.37 | 300m: 4:35.63 | 53.87 | 400m: 5:57.74 | 41.14 |
| 8. | Lieke Janssen | NIMO | 6:21.62 | 199305954 | 6:12.11 | +0,96 | | |
| | 50m: 39.47 | 39.47 | 150m: 2:17.40 | 47.92 | 250m: 3:55.88 | 51.77 | 350m: 5:31.09 | 43.70 |
| | 100m: 1:29.48 | 50.01 | 200m: 3:04.11 | 46.71 | 300m: 4:47.39 | 51.51 | 400m: 6:12.11 | 41.02 |
| 9. | Nieske Janssen | NIMO | 6:04.29 | 199601328 | 6:16.65 | +0,86 | | |
| | 50m: 41.34 | 41.34 | 150m: 2:19.05 | 48.52 | 250m: 3:58.22 | 51.84 | 350m: 5:34.39 | 43.90 |
| | 100m: 1:30.53 | 49.19 | 200m: 3:06.38 | 47.33 | 300m: 4:50.49 | 52.27 | 400m: 6:16.65 | 42.26 |
| Masters 25+ | | | | | | | | |
| 1. | Wendan Poelstra | TriVia | 5:04.85 | 199102496 | 5:14.06 | +0,74 | | |
| | <i>Kampioenschaps Record</i> | | | | | | | |
| | 50m: 33.02 | 33.02 | 150m: 1:54.09 | 40.65 | 250m: 3:18.76 | 45.04 | 350m: 4:39.38 | 35.57 |
| | 100m: 1:13.44 | 40.42 | 200m: 2:33.72 | 39.63 | 300m: 4:03.81 | 45.05 | 400m: 5:14.06 | 34.68 |
| 2. | Maaïke Vooren | DAW | 5:18.43 | 199103324 | 5:21.83 | +0,82 | | |
| | 50m: 33.50 | 33.50 | 150m: 1:57.92 | 43.78 | 250m: 3:24.91 | 43.69 | 350m: 4:47.06 | 36.85 |
| | 100m: 1:14.14 | 40.64 | 200m: 2:41.22 | 43.30 | 300m: 4:10.21 | 45.30 | 400m: 5:21.83 | 34.77 |
| 3. | Jacyntha Plat | De Golfbreker | 5:31.10 | 199002956 | 5:47.85 | +0,74 | | |
| | 50m: 35.03 | 35.03 | 150m: 2:01.64 | 44.35 | 250m: 3:32.97 | 46.07 | 350m: 5:04.98 | 43.96 |
| | 100m: 1:17.29 | 42.26 | 200m: 2:46.90 | 45.26 | 300m: 4:21.02 | 48.05 | 400m: 5:47.85 | 42.87 |
| 4. | Maaïke van Diggele | ZPB H&L Productions | 5:54.32 | 198700868 | 5:52.05 | +0,87 | | |
| | 50m: 35.25 | 35.25 | 150m: 2:02.46 | 45.95 | 250m: 3:36.85 | 50.16 | 350m: 5:10.63 | 42.71 |
| | 100m: 1:16.51 | 41.26 | 200m: 2:46.69 | 44.23 | 300m: 4:27.92 | 51.07 | 400m: 5:52.05 | 41.42 |
| 5. | Liset de Veer | Aqua-Novio'94 | 5:53.07 | 198704190 | 6:02.21 | +0,78 | | |
| | 50m: 36.57 | 36.57 | 150m: 2:06.61 | 45.70 | 250m: 3:45.34 | 53.31 | 350m: 5:20.91 | 41.77 |
| | 100m: 1:20.91 | 44.34 | 200m: 2:52.03 | 45.42 | 300m: 4:39.14 | 53.80 | 400m: 6:02.21 | 41.30 |
| 6. | Liesbeth van Mill | DWK | 6:05.56 | 198702786 | 6:03.15 | +0,97 | | |
| | 50m: 38.46 | 38.46 | 150m: 2:11.77 | 47.49 | 250m: 3:48.21 | 50.31 | 350m: 5:20.98 | 42.51 |
| | 100m: 1:24.28 | 45.82 | 200m: 2:57.90 | 46.13 | 300m: 4:38.47 | 50.26 | 400m: 6:03.15 | 42.17 |
| 7. | Karin Hovenkamp | De Spatters | 5:53.49 | 198701850 | 6:03.28 | +0,74 | | |
| | 50m: 35.58 | 35.58 | 150m: 2:09.17 | 50.19 | 250m: 3:49.94 | 53.09 | 350m: 5:24.83 | 42.80 |
| | 100m: 1:18.98 | 43.40 | 200m: 2:56.85 | 47.68 | 300m: 4:42.03 | 52.09 | 400m: 6:03.28 | 38.45 |
| 8. | Janneke Wynia | WS Twente | 6:53.31 | 199005500 | 7:00.99 | +0,99 | | |
| | 50m: 48.61 | 48.61 | 150m: 2:39.23 | 54.15 | 250m: 4:30.37 | 56.79 | 350m: 6:15.59 | 47.31 |
| | 100m: 1:45.08 | 56.47 | 200m: 3:33.58 | 54.35 | 300m: 5:28.28 | 57.91 | 400m: 7:00.99 | 45.40 |

Programmanr. 18, Dames, 400m wisselslag

Masters 30+

| | | | | | | | | |
|----|----------------------|------------------|---------------|-----------|----------------|---------|---------------|-------|
| 1. | Roos van Esch | d'ELFT WAVE (SG) | 5:25.28 | 198200468 | 5:24.52 | +0,82 | | |
| | 50m: 34.56 | 34.56 | 150m: 1:55.59 | 41.82 | 250m: 3:23.57 | 46.83 | 350m: 4:48.25 | 37.68 |
| | 100m: 1:13.77 | 39.21 | 200m: 2:36.74 | 41.15 | 300m: 4:10.57 | 47.00 | 400m: 5:24.52 | 36.27 |
| 2. | Linda Hoogendam | WVZ | 6:22.70 | 198300892 | 6:11.36 | +0,77 | | |
| | 50m: 39.82 | 39.82 | 150m: 2:14.61 | 47.69 | 250m: 3:56.69 | 55.80 | 350m: 5:32.85 | 39.71 |
| | 100m: 1:26.92 | 47.10 | 200m: 3:00.89 | 46.28 | 300m: 4:53.14 | 56.45 | 400m: 6:11.36 | 38.51 |
| 3. | Margriet Aan het Rot | Octopus | 6:32.30 | 198603088 | 6:33.71 | +0,86 | | |
| | 50m: 41.27 | 41.27 | 150m: 2:20.12 | 50.30 | 250m: 4:04.18 | 54.65 | 350m: 5:46.41 | 46.99 |
| | 100m: 1:29.82 | 48.55 | 200m: 3:09.53 | 49.41 | 300m: 4:59.42 | 55.24 | 400m: 6:33.71 | 47.30 |
| 4. | Angélique Rotteveel | Aquapoldro | 7:03.73 | 198402090 | 7:29.37 | +1,03 | | |
| | 50m: 48.79 | 48.79 | 150m: 2:41.21 | 55.41 | 250m: 4:41.15 | 1:01.87 | 350m: 6:38.64 | 52.68 |
| | 100m: 1:45.80 | 57.01 | 200m: 3:39.28 | 58.07 | 300m: 5:45.96 | 1:04.81 | 400m: 7:29.37 | 50.73 |

Masters 35+

| | | | | | | | | |
|----|----------------------|-------------------|---------------|-----------|----------------|---------|---------------|-------|
| 1. | Yvonne Gerritsen | WVZ | 6:09.24 | 198000342 | 5:59.41 | +0,87 | | |
| | 50m: 36.61 | 36.61 | 150m: 2:10.81 | 48.92 | 250m: 3:48.78 | 48.34 | 350m: 5:19.87 | 41.76 |
| | 100m: 1:21.89 | 45.28 | 200m: 3:00.44 | 49.63 | 300m: 4:38.11 | 49.33 | 400m: 5:59.41 | 39.54 |
| 2. | Jolanda van Gendt | PSV | 6:12.12 | 197800266 | 6:15.01 | +0,78 | | |
| | 50m: 40.77 | 40.77 | 150m: 2:18.26 | 46.98 | 250m: 3:56.94 | 52.55 | 350m: 5:33.03 | 42.11 |
| | 100m: 1:31.28 | 50.51 | 200m: 3:04.39 | 46.13 | 300m: 4:50.92 | 53.98 | 400m: 6:15.01 | 41.98 |
| 3. | Carmen Haan | ZZG De Boskickers | 6:47.04 | 197901458 | 6:35.92 | +0,96 | | |
| | 50m: 45.59 | 45.59 | 150m: 2:28.26 | 49.98 | 250m: 4:10.92 | 54.99 | 350m: 5:53.11 | 46.62 |
| | 100m: 1:38.28 | 52.69 | 200m: 3:15.93 | 47.67 | 300m: 5:06.49 | 55.57 | 400m: 6:35.92 | 42.81 |
| 4. | Rianne van Vegchelen | Deltasteur | 7:26.50 | 198101530 | 7:53.82 | +1,16 | | |
| | 50m: 54.66 | 54.66 | 150m: 3:05.17 | 1:04.87 | 250m: 5:13.01 | 1:05.23 | 350m: 7:05.16 | 48.64 |
| | 100m: 2:00.30 | 1:05.64 | 200m: 4:07.78 | 1:02.61 | 300m: 6:16.52 | 1:03.51 | 400m: 7:53.82 | 48.66 |

Masters 40+

| | | | | | | | | |
|----|-------------------------|------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Liselotte Joling | PSV | 5:30.11 | 197500268 | 5:40.66 | +0,84 | | |
| | 50m: 36.81 | 36.81 | 150m: 2:03.56 | 44.36 | 250m: 3:34.75 | 47.76 | 350m: 5:02.77 | 38.97 |
| | 100m: 1:19.20 | 42.39 | 200m: 2:46.99 | 43.43 | 300m: 4:23.80 | 49.05 | 400m: 5:40.66 | 37.89 |
| 2. | Evelien van Klaarbergen | HZ&PC Heerenveen | 5:49.67 | 197200964 | 5:50.11 | +0,84 | | |
| | 50m: 37.53 | 37.53 | 150m: 2:07.57 | 45.30 | 250m: 3:40.49 | 49.61 | 350m: 5:11.28 | 40.40 |
| | 100m: 1:22.27 | 44.74 | 200m: 2:50.88 | 43.31 | 300m: 4:30.88 | 50.39 | 400m: 5:50.11 | 38.83 |
| 3. | Nadège van Meeteren | De Meer | 6:04.60 | 197400736 | 6:13.73 | +0,91 | | |
| | 50m: 40.15 | 40.15 | 150m: 2:20.29 | 49.34 | 250m: 3:56.74 | 49.06 | 350m: 5:31.15 | 44.71 |
| | 100m: 1:30.95 | 50.80 | 200m: 3:07.68 | 47.39 | 300m: 4:46.44 | 49.70 | 400m: 6:13.73 | 42.58 |
| 4. | Claudia Broeke | De Fuut | 6:44.14 | 197300058 | 7:07.36 | +0,96 | | |
| | 50m: 48.32 | 48.32 | 150m: 2:39.68 | 54.83 | 250m: 4:33.39 | 58.85 | 350m: 6:20.35 | 47.65 |
| | 100m: 1:44.85 | 56.53 | 200m: 3:34.54 | 54.86 | 300m: 5:32.70 | 59.31 | 400m: 7:07.36 | 47.01 |

AFGEM Chantal Gerritsen-Driesen Old Dutch 6:49.24 197601074

Masters 45+

| | | | | | | | | |
|----|------------------------------|------------------|---------------|-----------|----------------|---------|---------------|-------|
| 1. | Jeanne Petit | De Dinkel | 6:02.01 | 197001020 | 5:48.39 | +0,76 | | |
| | <i>Kampioenschaps Record</i> | | | | | | | |
| | 50m: 35.20 | 35.20 | 150m: 2:04.14 | 48.53 | 250m: 3:38.56 | 48.29 | 350m: 5:09.48 | 39.82 |
| | 100m: 1:15.61 | 40.41 | 200m: 2:50.27 | 46.13 | 300m: 4:29.66 | 51.10 | 400m: 5:48.39 | 38.91 |
| 2. | Heidi van Stein | LZ 1886 | 6:00.47 | 196900864 | 5:59.17 | +0,75 | | |
| | 50m: 36.21 | 36.21 | 150m: 2:09.02 | 48.44 | 250m: 3:46.15 | 50.47 | 350m: 5:19.70 | 40.28 |
| | 100m: 1:20.58 | 44.37 | 200m: 2:55.68 | 46.66 | 300m: 4:39.42 | 53.27 | 400m: 5:59.17 | 39.47 |
| 3. | Annet Kootstra | Swol 1894 | 6:44.16 | 197100344 | 6:46.42 | +0,93 | | |
| | 50m: 44.50 | 44.50 | 150m: 2:30.65 | 53.91 | 250m: 4:19.46 | 55.85 | 350m: 6:02.56 | 46.08 |
| | 100m: 1:36.74 | 52.24 | 200m: 3:23.61 | 52.96 | 300m: 5:16.48 | 57.02 | 400m: 6:46.42 | 43.86 |
| 4. | Peggi Hurenkamp | HZ&PC Heerenveen | 6:43.45 | 196900922 | 6:51.14 | +0,83 | | |
| | 50m: 42.14 | 42.14 | 150m: 2:25.30 | 53.41 | 250m: 4:17.95 | 59.69 | 350m: 6:06.04 | 47.91 |
| | 100m: 1:31.89 | 49.75 | 200m: 3:18.26 | 52.96 | 300m: 5:18.13 | 1:00.18 | 400m: 6:51.14 | 45.10 |
| 5. | Annette van Dok | MSV-Zeemacht | 7:07.18 | 196800742 | 7:05.08 | +0,87 | | |
| | 50m: 48.34 | 48.34 | 150m: 2:34.92 | 51.72 | 250m: 4:25.95 | 1:00.61 | 350m: 6:17.92 | 49.43 |
| | 100m: 1:43.20 | 54.86 | 200m: 3:25.34 | 50.42 | 300m: 5:28.49 | 1:02.54 | 400m: 7:05.08 | 47.16 |
| 6. | Hetty Smalheer | SCOM | 6:57.22 | 196700352 | 7:05.12 | +1,02 | | |
| | 50m: 48.50 | 48.50 | 150m: 2:39.29 | 55.01 | 250m: 4:31.81 | 59.24 | 350m: 6:19.00 | 47.61 |
| | 100m: 1:44.28 | 55.78 | 200m: 3:32.57 | 53.28 | 300m: 5:31.39 | 59.58 | 400m: 7:05.12 | 46.12 |

Programmanr. 18, Dames, 400m wisselslag, Masters 45+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|-------------------|------------|---------------|-----------|----------------|-------|
| 7. | Suze Roodenburg | De Geul | 7:17.98 | 196800682 | 7:08.93 | +1,00 |
| | 50m: 45.46 | 45.46 | 150m: 2:39.88 | 56.76 | 250m: 4:33.51 | 56.48 |
| | 100m: 1:43.12 | 57.66 | 200m: 3:37.03 | 57.15 | 300m: 5:30.48 | 56.97 |
| | | | | | 350m: 6:20.52 | 50.04 |
| | | | | | 400m: 7:08.93 | 48.41 |
| AFGEM | Tanya Lyvbarskaya | SCOM | 6:17.03 | 197101000 | | |

Masters 50+

| | | | | | | |
|-------|----------------------------------|-----------------|---------------|-----------|----------------|-------|
| 1. | Pierrette Michel | CNSW | 5:45.88 | 000835/62 | 5:44.06 | +0,92 |
| | <i>Kampioenschaps Record</i> | | | | | |
| | 50m: 35.47 | 35.47 | 150m: 2:01.39 | 43.22 | 250m: 3:33.56 | 50.41 |
| | 100m: 1:18.17 | 42.70 | 200m: 2:43.15 | 41.76 | 300m: 4:24.60 | 51.04 |
| | | | | | 350m: 5:04.74 | 40.14 |
| | | | | | 400m: 5:44.06 | 39.32 |
| 2. | Allie Price | Cardiff Masters | 5:46.67 | 547582 | 5:46.30 | +0,75 |
| | 50m: 36.30 | 36.30 | 150m: 2:02.21 | 44.05 | 250m: 3:35.30 | 49.02 |
| | 100m: 1:18.16 | 41.86 | 200m: 2:46.28 | 44.07 | 300m: 4:25.85 | 50.55 |
| | | | | | 350m: 5:06.85 | 41.00 |
| | | | | | 400m: 5:46.30 | 39.45 |
| 3. | Marjan Remmits-De Lange | ZPC Woerden | 5:59.10 | 196300518 | 5:53.86 | +0,78 |
| | <i>Nederlands Masters Record</i> | | | | | |
| | 50m: 35.68 | 35.68 | 150m: 2:06.17 | 48.09 | 250m: 3:42.37 | 50.77 |
| | 100m: 1:18.08 | 42.40 | 200m: 2:51.60 | 45.43 | 300m: 4:33.15 | 50.78 |
| | | | | | 350m: 5:14.05 | 40.90 |
| | | | | | 400m: 5:53.86 | 39.81 |
| AFGEM | K. van Nassau van den Heuvel | Old Dutch | 6:33.64 | 196600188 | | |

Masters 55+

| | | | | | | |
|----|------------------|-----------|---------------|-----------|----------------|---------|
| 1. | Olga Kedrova | Poseidon | 6:49.36 | 037010 | 6:28.50 | +0,89 |
| | 50m: 43.68 | 43.68 | 150m: 2:25.90 | 49.91 | 250m: 4:08.63 | 52.51 |
| | 100m: 1:35.99 | 52.31 | 200m: 3:16.12 | 50.22 | 300m: 5:02.48 | 53.85 |
| | | | | | 350m: 5:46.94 | 44.46 |
| | | | | | 400m: 6:28.50 | 41.56 |
| 2. | Patty Verhagen | PSV | 6:21.51 | 195900146 | 6:30.28 | +0,98 |
| | 50m: 41.59 | 41.59 | 150m: 2:25.20 | 49.52 | 250m: 4:09.60 | 56.61 |
| | 100m: 1:35.68 | 54.09 | 200m: 3:12.99 | 47.79 | 300m: 5:06.38 | 56.78 |
| | | | | | 350m: 5:49.26 | 42.88 |
| | | | | | 400m: 6:30.28 | 41.02 |
| 3. | Petra Tossings | DAW | 6:34.27 | 196100376 | 6:31.83 | +0,88 |
| | 50m: 40.37 | 40.37 | 150m: 2:23.03 | 52.86 | 250m: 4:09.27 | 53.92 |
| | 100m: 1:30.17 | 49.80 | 200m: 3:15.35 | 52.32 | 300m: 5:04.18 | 54.91 |
| | | | | | 350m: 5:49.24 | 45.06 |
| | | | | | 400m: 6:31.83 | 42.59 |
| 4. | Mathilde Vink | Swol 1894 | 6:31.33 | 195800128 | 6:51.88 | +1,00 |
| | 50m: 40.40 | 40.40 | 150m: 2:23.16 | 55.65 | 250m: 4:17.47 | 59.75 |
| | 100m: 1:27.51 | 47.11 | 200m: 3:17.72 | 54.56 | 300m: 5:19.28 | 1:01.81 |
| | | | | | 350m: 6:06.73 | 47.45 |
| | | | | | 400m: 6:51.88 | 45.15 |
| 5. | Marjan Spoelstra | Swol 1894 | 7:21.95 | 196000236 | 7:33.12 | +0,91 |
| | 50m: 53.01 | 53.01 | 150m: 2:53.34 | 59.82 | 250m: 4:52.28 | 1:01.40 |
| | 100m: 1:53.52 | 1:00.51 | 200m: 3:50.88 | 57.54 | 300m: 5:52.84 | 1:00.56 |
| | | | | | 350m: 6:45.31 | 52.47 |
| | | | | | 400m: 7:33.12 | 47.81 |

Masters 60+

| | | | | | | |
|----|---------------|-------|---------------|-----------|----------------|---------|
| 1. | Carla Hensen | PSV | 7:27.52 | 195300062 | 7:30.75 | +0,95 |
| | 50m: 46.33 | 46.33 | 150m: 2:40.66 | 57.85 | 250m: 4:43.32 | 1:05.73 |
| | 100m: 1:42.81 | 56.48 | 200m: 3:37.59 | 56.93 | 300m: 5:50.93 | 1:07.61 |
| | | | | | 350m: 6:41.67 | 50.74 |
| | | | | | 400m: 7:30.75 | 49.08 |

Masters 65+

| | | | | | | |
|----|----------------------------|-----------|---------------|-----------|----------------|---------|
| 1. | Gonnie Bak | PSV | 8:11.29 | 195100064 | 8:24.27 | +1,05 |
| | 50m: 59.80 | 59.80 | 150m: 3:20.60 | 1:13.43 | 250m: 5:30.73 | 1:04.06 |
| | 100m: 2:07.17 | 1:07.37 | 200m: 4:26.67 | 1:06.07 | 300m: 6:34.89 | 1:04.16 |
| | | | | | 350m: 7:29.65 | 54.76 |
| | | | | | 400m: 8:24.27 | 54.62 |
| 2. | Antoinette Gilding-Tussaud | WS Twente | 8:22.70 | 195000038 | 8:36.26 | +1,19 |
| | <i>100m*</i> | | | | | |
| | 50m: 58.68 | 58.68 | 150m: 3:12.83 | 1:02.32 | 250m: 5:26.25 | 1:11.85 |
| | 100m: 2:10.51 | 1:11.83 | 200m: 4:14.40 | 1:01.57 | 300m: 6:37.95 | 1:11.70 |
| | | | | | 350m: 7:37.28 | 59.33 |
| | | | | | 400m: 8:36.26 | 58.98 |

Programmanr. 19
23-01-2016 - 11:51

4 x 100m vrije slag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|---------------------|--|--|----------|----------------|-------|
| 80+, Dames | | | | | |
| 1. | Aquarijn 1 <i>Nederlands Masters Record</i> | Aquarijn | 3:54.66 | 3:56.94 | +0,71 |
| | Marije Jansen +0,71 28.38 1:00.63 | Richelle Koot +0,32 27.12 57.08 | | | |
| | Linda Kamperman +0,41 28.58 59.69 | Malissa van der Horst +0,57 27.96 59.54 | | | |
| 2. | TriVia 1 | TriVia | 4:04.00 | 4:08.01 | +0,88 |
| | Adaja Stoetman +0,88 29.38 1:01.25 | Karen Stolk +0,29 29.14 1:02.20 | | | |
| | Heleen Arends +0,44 29.99 1:03.74 | Wendan Poelstra +0,44 28.80 1:00.82 | | | |
| 3. | LZ 1886 1 | LZ 1886 | 4:18.81 | 4:20.94 | +0,79 |
| | Tamara Caspers +0,79 30.05 1:04.71 | Naomi van Gool +0,51 32.21 1:08.87 | | | |
| | Seline Koek +0,44 30.16 1:03.15 | Moniek Heemskerck +0,35 30.98 1:04.21 | | | |
| 80+, Heren | | | | | |
| 1. | Octopus 1 | Octopus | 3:38.59 | 3:39.02 | +0,69 |
| | Emile Manni +0,69 25.88 54.25 | Roald Blok +0,42 27.11 56.26 | | | |
| | Erik Pape +0,51 25.91 55.01 | Casper Muselaers +0,43 24.71 53.50 | | | |
| 2. | De Zwoer 1 | De Zwoer | 3:43.80 | 3:40.18 | +0,67 |
| | Sven Dogger +0,67 25.71 53.92 | Pieter Ytsma +0,21 25.89 55.13 | | | |
| | Matthijs Mulder +0,12 26.00 55.97 | Auke Koops +0,54 25.66 55.16 | | | |
| 3. | Merlet 1 | Merlet | 3:45.26 | 3:42.76 | +0,68 |
| | Dieder Schuurmans +0,68 26.47 55.33 | Jelte Schuurmans +0,31 26.61 55.87 | | | |
| | Bas Berndes +0,35 28.02 57.88 | Teun Strijbosch +0,25 25.64 53.68 | | | |
| 4. | De Kempvis 1 | De Kempvis | 3:46.69 | 3:44.27 | +0,67 |
| | Romero Hennep +0,67 25.56 54.82 | Erik Wegman +0,27 26.00 55.16 | | | |
| | Jory Sloof +0,30 27.06 58.46 | Dennis Doove +0,37 26.22 55.83 | | | |
| 80+, Gemengd | | | | | |
| 1. | ZPC Woerden 1 | ZPC Woerden | 4:23.94 | 4:20.81 | +0,77 |
| | Ilse van den Wijngaard +0,77 30.70 1:04.66 | Patrick de Jonge +0,45 29.43 1:01.93 | | | |
| | Cynthia van Veen +0,65 36.07 1:15.75 | Thijs van den End +0,38 27.57 58.47 | | | |
| 2. | Merlet 1 | Merlet | 4:17.88 | 4:25.76 | +0,77 |
| | Rens Mahler +0,77 32.10 1:11.65 | Joppe Schuurmans 28.57 58.46 | | | |
| | Elske Eikholt 35.51 1:16.10 | Kim Loeffen 28.60 59.55 | | | |
| AFGEM | De Rijn 1 | De Rijn | 3:54.98 | | |
| 100+, Dames | | | | | |
| 1. | De Meer 1 | De Meer | 4:40.32 | 4:41.18 | +0,75 |
| | Chantal van der Horst +0,75 31.90 1:06.53 | Lindsey Hol +0,58 31.98 1:09.29 | | | |
| | Christa Verploeg +0,63 36.75 1:18.44 | Eline van Gemert +0,39 32.23 1:06.92 | | | |
| 2. | Octopus 1 | Octopus | 4:47.81 | 4:56.40 | +0,75 |
| | Denise van Zetten +0,75 31.44 1:07.11 | Margriet Aan het Rot +0,54 37.97 1:20.78 | | | |
| | Annebeth van Ark +0,32 36.19 1:16.63 | Miriam Visserman +0,38 33.95 1:11.88 | | | |
| 100+, Heren | | | | | |
| 1. | De Haaien 1 | De Haaien | 3:48.95 | 3:43.33 | +0,83 |
| | Jeffrey Breedijk +0,83 25.27 53.26 | Teun Groeneweg +0,51 26.22 56.08 | | | |
| | Remco van de Berk +0,23 27.68 59.66 | Antonio Vega +0,42 25.91 54.33 | | | |
| 2. | Steenwijk 1934 1 | Steenwijk 1934 | 3:44.46 | 3:46.08 | +0,69 |
| | Lauren Vis +0,69 25.99 54.59 | Robert Braad +0,37 27.29 58.58 | | | |
| | Mike Koelewijn +0,54 26.15 57.05 | Rick Driezen +0,53 25.83 55.86 | | | |
| 3. | MGO (SG) 1 | MGO (SG) | 3:56.11 | 4:02.34 | +0,72 |
| | Bastian Zoon +0,72 27.99 58.54 | Niels Albrechts +0,47 28.18 59.40 | | | |
| | Coen van der Wekken +0,34 30.39 1:04.16 | Martijn van Hoorn +0,71 28.71 1:00.24 | | | |

Programmanr. 19, 4 x 100m vrije slag

100+, Gemengd

| | | | | | | | | |
|----|--|--------------------------------------|--------------------|---|----------------|---------------------------|------------------|-------|
| 1. | De Veene 1 Robert Dekker Diana Lammers | De Veene +0,81 27.29 32.51 | 56.40 1:08.32 | 4:16.24 Yvon Versteeg Yorick Kreuwel | | 4:04.40 28.50 28.27 | 59.76 59.92 | +0,81 |
| 2. | ZOB'66 1 Ferry Blangé Wendy de Bruin | ZOB'66 +0,77 28.36 29.86 | 59.66 1:03.09 | 4:10.82 Rebecca Evers Joey van der Valk | +0,55 +0,56 | 4:12.54 33.63 28.07 | 1:10.03 59.76 | +0,77 |
| 3. | De IJssel 1 Ame van Steenberghe Martje Godschalk | De IJssel +1,69 31.72 30.96 | 1:06.09 1:04.89 | 4:12.91 Nikki Hoogeboom Frank Beijering | | 4:12.95 30.62 26.10 | 1:05.20 56.77 | +1,69 |
| 4. | RSW (SG) 1 Jim Geestman Rianne in 't Hout | RSW (SG) +0,84 27.15 36.63 | 56.97 1:17.67 | 4:23.49 Christa Stam Roy Pattipeiluhu | +0,34 +0,35 | 4:23.38 32.86 28.53 | 1:09.12 59.62 | +0,84 |

120+, Dames

| | | | | | | | | |
|----|---|---|--------------------|--|----------------|---------------------------|--------------------|-------|
| 1. | ZPC Woerden 1 Mandy Verbakel Jannilla van Veen | ZPC Woerden +0,82 30.96 28.42 | 1:03.79 59.74 | 4:10.43 Marjan Remmits-De Lange Sabine Lina | +0,38 +0,44 | 4:12.81 32.17 29.64 | 1:06.86 1:02.42 | +0,82 |
| 2. | WVZ 1 Petra Versteegen Linda Hoogendam | WVZ +0,88 34.63 32.50 | 1:12.33 1:08.71 | 4:33.98 Yvonne Gerritsen Isabelle Massar | +0,83 +0,46 | 4:31.81 32.18 29.49 | 1:08.09 1:02.68 | +0,88 |
| 3. | WS Twente 1 Henrike de Vries Annelette Reefhuis-de Vries | WS Twente +1,00 32.71 30.31 | 1:07.71 1:05.58 | 4:28.99 Paulien Schokker Marion Broekhuis | +0,47 +0,35 | 4:34.10 33.20 34.27 | 1:08.47 1:12.34 | +1,00 |
| 4. | CNSW <i>Belgisch Masters Record</i> Fanny Koenig Charlotte Six | CNSW +0,78 31.41 32.80 | 1:04.74 1:07.25 | 4:43.56 Melina Dejonckheere Pierrette Michel | +0,37 +0,43 | 4:34.59 33.31 34.82 | 1:09.22 1:13.38 | +0,78 |
| 5. | Steenwijk 1934 1 Ilse Blankvoort Wilna Heijman | Steenwijk 1934 +0,87 35.08 34.87 | 1:13.39 1:12.96 | 4:41.69 Lonneke Oenema Charine de Ruiter | +0,48 +0,84 | 4:45.16 33.10 32.78 | 1:10.14 1:08.67 | +0,87 |
| 6. | Budel 1 Elly Scheepers Judith van der Heijden | Budel +0,91 35.61 39.13 | 1:14.44 1:26.56 | 5:03.03 Carola Hompes Joyce Raemaekers | +0,13 +0,30 | 5:03.13 35.01 32.86 | 1:13.73 1:08.40 | +0,91 |

120+, Heren

| | | | | | | | | |
|----|---|--|--------------------|--|----------------|---------------------------|--------------------|-------|
| 1. | d'ELFT WAVE (SG) 1 <i>Nederlands Masters Record</i> Roderik Meijers Egbert Stolk | d'ELFT WAVE (SG) +0,67 25.74 26.41 | 55.79 55.82 | 3:36.72 Erik Simons Nol van Thull | +0,43 +0,51 | 3:35.42 24.75 24.77 | 51.73 52.08 | +0,67 |
| 2. | WVZ 1 Bas v.d. Laan Markus van Rest | WVZ +0,80 29.57 29.06 | 1:02.48 59.92 | 4:06.38 Simon van Ravesteijn Rens Post | +0,46 +0,40 | 4:00.30 28.17 27.46 | 59.45 58.45 | +0,80 |
| 3. | LZ 1886 1 Kristiaan Lenos Nick van der Krogt | LZ 1886 +0,74 25.90 29.44 | 54.74 1:02.48 | 3:49.86 Casper van den Burgh Otto Jansen | +0,59 +0,26 | 4:03.24 30.51 29.69 | 1:03.59 1:02.43 | +0,74 |
| 4. | Zwemvereniging Hoogland 1 Rutger Stam Erik Smink | Zwemvereniging Hoogland +0,83 28.49 30.95 | 1:01.54 1:05.41 | 4:04.96 Yuri van Omme Dan Doan | +0,37 +0,49 | 4:03.25 27.88 27.25 | 58.42 57.88 | +0,83 |

120+, Gemengd

| | | | | | | | | |
|----|---|--------------------------------------|--------------------|---|----------------|---------------------------|--------------------|-------|
| 1. | ZVVS 1 Nadya Putter Finn van der Bas | ZVVS +0,74 30.73 27.18 | 1:03.08 56.54 | 3:58.63 Manon van Rooijen Paul Brinkman | +0,23 +0,40 | 4:03.80 32.64 26.18 | 1:08.92 55.26 | +0,74 |
| 2. | De Dinkel 1 Karin Hidding Rogier Becker | De Dinkel +0,79 28.92 30.62 | 1:02.19 1:03.73 | 4:08.55 Anique Willeme Joost Schasfoort | +0,36 +0,65 | 4:08.57 29.93 28.75 | 1:02.35 1:00.30 | +0,79 |
| 3. | CNSW <i>Startzwemmer Belgisch Masters Record</i> Lionel Godeaux Juan Vinagre Sendino | CNSW +0,68 27.60 26.76 | 58.79 56.63 | 4:23.71 Isaline Manchel Severine Bayre | +0,42 +0,70 | 4:19.91 33.77 35.49 | 1:10.56 1:13.93 | +0,68 |

Programmanr. 19, Gemengd, 4 x 100m vrije slag, 120+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|---|--|---|--|----------------------|
| 4. | MGO (SG) 1 Nico Paasse Ramon van Huizen | MGO (SG) +0,94 32.15 1:06.40 +0,33 28.31 59.26 | 4:29.53 Marjon van Kempen Whitley Rens | +0,46 31.30 1:05.53 +0,44 33.31 1:10.07 | 4:21.26 +0,94 |
| 5. | De Rijn 2 Erwin van den Born Eric Langhorst | De Rijn +0,87 28.05 58.88 +0,36 31.85 1:06.93 | 4:20.54 Chantal Hendriks Marte Stoorvogel | +0,60 33.89 1:11.50 +0,52 30.79 1:04.87 | 4:22.18 +0,87 |
| 6. | DAW 2 Sandra Zwaanswijk Dennis Kraakman | DAW +0,72 31.62 1:07.49 +0,62 31.15 1:06.92 | 4:27.36 Agnes van Brug Wouter Zijstra | +0,29 33.03 1:09.76 +0,05 28.33 1:01.03 | 4:25.20 +0,72 |

160+, Dames

| | | | | | |
|-------|---|---|--|--|----------------------|
| 1. | PSV 1 Nienke van Stipriaan Ineke Weekers | PSV +0,95 31.43 1:05.93 +0,63 37.19 1:17.14 | 4:24.61 Gudule van der Meer Liselotte Joling | +0,58 33.31 1:08.32 +0,47 30.73 1:04.97 | 4:36.36 +0,95 |
| 2. | Old Dutch 1 Claudia van der Straate de Jong Chantal Gerritsen-Driesen | Old Dutch +0,94 35.97 1:13.80 +0,51 37.64 1:19.05 | 5:00.50 Karin van Nassau van den Heuvel Chantal Verhoeff | +0,43 39.51 1:21.50 +0,62 31.14 1:07.09 | 5:01.44 +0,94 |
| 3. | DWK 1 Jennie Resink-Lindeboom Greta Wyma-Teitsma | DWK +0,90 38.87 1:21.29 +0,62 40.18 1:26.71 | 5:11.34 Liesbeth van Mill Iris van Aurich | +0,73 34.56 1:12.81 +0,59 33.20 1:10.56 | 5:11.37 +0,90 |
| 4. | De Rog 1 Catarina Matos Brigitte Willems | De Rog +0,72 36.82 1:18.43 +0,85 41.97 1:29.41 | 5:41.00 Sandra Peeters-Wiermans Arianne Hamakers | +0,56 34.49 1:12.66 +0,63 36.92 1:17.11 | 5:17.61 +0,72 |
| AFGEM | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | 4:52.92 | | |

160+, Heren

| | | | | | |
|-------|--|---|---|--|----------------------|
| 1. | De Gelenberg 1 <i>Nederlands Masters Record</i> John Cobussen Erik Lamers | De Gelenberg +0,74 27.51 57.16 +0,34 27.99 58.62 | 3:56.34 Jeroen Jacobs Marcel van Winssen | +0,54 27.41 58.43 +0,39 26.50 56.29 | 3:50.50 +0,74 |
| 2. | DAW 1 Pieter van Gemeren Kars Luttik | DAW +0,73 28.12 59.50 +0,32 27.37 58.96 | 3:54.18 Joost Hoetjes Alex Damen | +0,28 26.36 55.29 +0,37 27.18 57.40 | 3:51.15 +0,73 |
| 3. | Het Y 1 Manuel Arostegui Ramirez Christian Broodman | Het Y +0,84 29.64 1:01.70 31.00 1:06.48 | 4:12.16 Bas Overbosch Arjan Bellaart | 29.78 1:03.77 27.79 59.01 | 4:10.96 +0,84 |
| 4. | DWK 1 Robin Eltink Martijn de Jong | DWK +0,80 27.56 57.24 +0,59 34.53 1:11.68 | 4:09.93 Michel van Wingerden Martin Kaptein | +0,50 29.32 1:02.32 +0,34 28.67 1:00.31 | 4:11.55 +0,80 |
| 5. | Swol 1894 1 Johan Wezenberg Willem Jannink | Swol 1894 +0,89 29.75 1:04.55 +0,66 33.10 1:11.99 | 4:26.58 Kasper van den Berghe Arjan Aalbers | +0,58 30.63 1:03.97 +0,65 29.03 1:03.17 | 4:23.68 +0,89 |
| 6. | Budel 1 Jos Zentjens Edward van Nijmweegen | Budel +0,92 34.20 1:12.52 +0,47 33.33 1:13.79 | 4:37.13 Ruud Kennis Dyon de Greef | +0,28 32.66 1:07.98 +0,36 31.82 1:07.78 | 4:42.07 +0,92 |
| AFGEM | Upstream Amsterdam 1 | Upstream Amsterdam | 3:51.00 | | |

160+, Gemengd

| | | | | | |
|----|--|--|---|--|----------------------|
| 1. | HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i> Fraukje Puts Evelien van Klarbergen | HZ&PC Heerenveen +0,78 29.24 1:00.90 +0,38 31.97 1:07.82 | 4:06.56 René Beetsma Marten de Groot | +0,31 28.67 59.92 +0,39 28.12 59.60 | 4:08.24 +0,78 |
| 2. | TRB-RES 1 Jeroen den Boer Edith Janssen-Koolen | TRB-RES +0,82 30.12 1:04.61 29.90 1:03.75 | 4:12.76 Maike Korhout Rob Verheul | 30.42 1:03.98 28.62 1:00.76 | 4:13.10 +0,82 |
| 3. | ZPC AMERSFOORT 1 Marje van Manen Petra Casteleijn | ZPC AMERSFOORT +0,67 30.76 1:05.04 32.63 1:10.19 | 4:11.75 Ron Korzelius Edwin v. Norden | 29.17 1:01.97 27.35 58.20 | 4:15.40 +0,67 |
| 4. | Triton 1 Paul Bunnik Caroline Schreuder | Triton +0,82 31.06 1:06.59 32.44 1:10.52 | 4:17.28 Angela Koekkoek Tim Bunnik | 30.48 1:05.16 26.37 54.65 | 4:16.92 +0,82 |

Programmanr. 19, Gemengd, 4 x 100m vrije slag, 160+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|--|---|---|--|----------------------|
| 5. | Zwemvereniging Hoogland 1 Sabine Duijst Renske Eilers | Zwemvereniging Hoogland +0,92 33.39 1:11.05 +0,50 34.62 1:13.08 | 4:43.72 Jos Kamps Paul de Boer | +0,36 36.16 1:15.46 +0,55 30.01 1:04.80 | 4:44.39 +0,92 |
| 6. | Zwemvereniging Westland 1 Fred Dijkshoorn Mirjan den Drijver-Aarse | Zwemvereniging Westland +0,85 30.81 1:05.52 +0,57 34.68 1:13.08 | 4:46.99 Tineke Brouwer-Maat Ronald Koeckhoven | +0,60 43.12 1:28.46 +0,12 26.83 57.71 | 4:44.77 +0,85 |
| 7. | DBD 1 Peter Eshuis Ingrid Versteegen | DBD +0,78 29.49 1:02.17 +0,58 40.92 1:24.38 | 4:49.12 Regine Beckers-Stribos Wout van Dijk | +0,56 35.82 1:16.52 +0,45 34.17 1:12.17 | 4:55.24 +0,78 |
| 8. | WIDEX GZC DONK 2 Erik Rushton Nathasja Konijn | WIDEX GZC DONK +0,91 36.12 1:14.02 +0,62 37.94 1:20.58 | 5:18.24 Feikje Wittermans Pierre de Groot | +0,44 37.31 1:18.07 +0,53 33.77 1:10.91 | 5:03.58 +0,91 |
| AFGEM | Steenwijk 1934 1 | Steenwijk 1934 | 4:56.26 | | |

200+, Heren

| | | | | | |
|----|--|---|--|--|----------------------|
| 1. | De Rog 1 <i>Nederlands Masters Record</i> Rob Spetter Erik Kamphuis | De Rog +0,68 29.48 1:01.32 +0,57 30.34 1:03.20 | 4:01.59 Peter Bernsen Glen le Clercq | +0,41 27.29 56.89 +0,48 26.28 55.63 | 3:57.04 +0,68 |
| 2. | DAW 2 Rene de Boer Fred Heemstra | DAW +0,79 29.55 1:01.44 +0,60 30.96 1:05.33 | 4:07.99 Jeroen Kort John Stokx | +0,44 30.42 1:03.32 +0,42 29.81 1:04.02 | 4:14.11 +0,79 |
| 3. | Kauno Takas 1 <i>Lithuanian Masters Record</i> Linus Kersevicius Pavelas Bezzubovas | Kauno Takas +0,93 30.11 1:03.32 +0,75 44.78 1:33.47 | 4:35.00 Julius Bezzubovas Pavel Protasciuk | +0,56 30.05 1:03.22 +0,58 27.27 56.68 | 4:36.69 +0,93 |

200+, Gemengd

| | | | | | |
|-------|--|---|---|--|----------------------|
| 1. | Kauno Takas 1 <i>Lithuanian Masters Record</i> Arlandas Juodeska Loreta Kabasinskiene | Kauno Takas +0,75 31.83 1:06.35 +0,75 39.38 1:23.85 | 4:45.00 Jolanta Duleviciene Arvydas Burinskas | +0,66 33.07 1:09.61 +0,46 30.62 1:02.87 | 4:42.68 +0,75 |
| 2. | AZC 1 Auke de Lange Geza Kaltenecker | AZC +0,85 30.43 1:05.34 +0,49 37.81 1:22.23 | 4:51.26 Sandra Daamen-Posma Guido Keutgen | +0,51 38.02 1:20.16 +0,34 30.06 1:02.52 | 4:50.25 +0,85 |
| 3. | DAW 1 Jacqueline Tuin Nello Spiteri | DAW +0,74 33.45 1:09.45 +0,48 39.99 1:24.08 | 4:46.44 Ingeborg Stokx Hans Schoenmakers | +0,45 37.78 1:20.20 +0,37 31.82 1:07.18 | 5:00.91 +0,74 |
| 4. | De Spatters 1 Albertje van Veen Jan Haitsma | De Spatters +0,82 38.09 1:21.21 +0,39 40.11 1:28.50 | 5:17.03 René Spielman Roelien Spielman-Tigelaar | +0,12 33.63 1:11.41 +0,48 35.39 1:16.14 | 5:17.26 +0,82 |
| AFGEM | WIDEX GZC DONK 1 | WIDEX GZC DONK | 4:53.02 | | |

240+, Dames

| | | | | | |
|----|---|---|--|--|----------------------|
| 1. | Swol 1894 1 <i>Nederlands Masters Record</i> Bea Swijnenberg Mathilde Vink | Swol 1894 +0,72 40.37 1:24.83 +0,46 40.05 1:23.09 | 5:17.00 Annemarie Vuist Christien Nieuwenhuis | +0,51 38.04 1:18.79 +0,31 33.80 1:13.66 | 5:20.37 +0,72 |
| 2. | PSV 2 Corrie Verhoeven Carla Hensen | PSV +0,83 38.68 1:20.74 +0,46 43.85 1:31.52 | 5:41.79 Gonnie Bak Patty Verhagen | +0,78 47.06 1:38.92 +0,52 37.55 1:17.01 | 5:48.19 +0,83 |
| 3. | CNSW <i>Belgisch Masters Record</i> Claire Anthony Anne De Sauvage | CNSW +0,84 38.29 1:18.63 +0,67 41.32 1:27.04 | 7:20.00 Christine Godbille Fernande Gourmet-Blondeel | +0,84 42.43 1:26.66 +0,55 46.59 1:36.86 | 5:49.19 +0,84 |

Programmanr. 19, 4 x 100m vrije slag

240+, Heren

| | | | | | | | |
|----|--|----------|-------|---------|---------------------|----------------|---------|
| 1. | Poseidon 1 <i>Europees Masters Record</i> | Poseidon | | 4:16.00 | | 4:18.17 | +0,75 |
| | Dmitry Kromskiy | +0,75 | 28.54 | 1:00.36 | Alexander Bashmakov | 33.94 | 1:11.13 |
| | Veniamin Zhitlovskiy | | 32.07 | 1:07.79 | Sergey Makarychev | 28.35 | 58.89 |
| 2. | WWV 1 <i>Nederlands Masters Record</i> | WWV | | 4:35.51 | | 4:30.71 | +0,85 |
| | Kees-Jan van Overbeeke | +0,85 | 29.51 | 1:01.95 | Ruud Ruiters | +0,39 | 32.33 |
| | Theo Schouten | +0,38 | 37.14 | 1:17.69 | Robert Vink | +0,56 | 31.15 |
| 3. | UZSC 1 | UZSC | | 5:26.43 | | 5:10.65 | +1,01 |
| | Tom Meijnen | +1,01 | 39.25 | 1:22.31 | Frederik Eshuis | +0,79 | 38.63 |
| | Wim Scherpenisse | +0,66 | 36.75 | 1:18.37 | Nartano Glijn | +0,48 | 33.21 |

240+, Gemengd

| | | | | | | | |
|----|----------------|-----------|-------|---------|--------------------|----------------|-------|
| 1. | Old Dutch 1 | Old Dutch | | 6:55.00 | | 6:58.11 | +0,96 |
| | Karien Musters | +0,96 | 50.51 | 1:50.20 | Matty van der Veen | +0,53 | 48.66 |
| | Mar van Geel | | 46.97 | 1:40.79 | Nico Baay | +0,63 | 47.03 |

5 - ONMK 2016 kb sessie 5

23-01-2016 - 13:30

Programmanr. 21
23-01-2016 - 13:30

Heren, 50m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|--|-------------------------|---------------|-----------|--------------|-------|
| Masters 20+ | | | | | | |
| 1. | Wimar Lindenberg <i>Nederlands Masters Record</i> | Hieronymus | 28.58 | 199601857 | 28.71 | +0,61 |
| 2. | Coen de Bruijn | Hieronymus | 28.46 | 199205151 | 29.26 | +0,69 |
| 3. | Romero Hennep | De Kempvis | 29.52 | 199304929 | 29.99 | +0,67 |
| 4. | Roald Blok | Octopus | 29.70 | 199302685 | 30.48 | +0,72 |
| 5. | Erik Pape | Octopus | 30.80 | 199601669 | 30.74 | +0,70 |
| 6. | Sven Dogger | De Zwoer | 31.76 | 199600617 | 30.93 | +0,69 |
| 7. | Teun Strijbosch | Merlet | 30.58 | 199603041 | 31.71 | +0,66 |
| 8. | Martino Valentijn | DIO | 32.08 | 199403913 | 31.91 | +0,67 |
| 9. | Mike Koelewijn | Steenwijk 1934 | 32.26 | 199303597 | 32.94 | +0,72 |
| 10. | Dieder Schuurmans | Merlet | 33.30 | 199500447 | 33.29 | +0,71 |
| 11. | Thijs de Vos | De Rijn | 32.57 | 199600675 | 34.06 | +0,65 |
| 12. | Joey van der Valk | ZOB'66 | 35.18 | 199602191 | 34.08 | +0,71 |
| 13. | Frank Beijering | De IJsel | 34.13 | 199304311 | 34.76 | +0,72 |
| 14. | Jordy Jongenelen | ZC Aquadream | 33.63 | 199504995 | 34.79 | +0,65 |
| 15. | Robin van Beusekom | Van Vliet-Barracuda | 34.84 | 199205841 | 34.94 | +0,83 |
| 16. | Dan Doan | Zwemvereniging Hoogland | 35.75 | 199504317 | 36.17 | +0,74 |
| 17. | Vincent Dermaux | ZC Aquadream | 34.77 | 199600599 | 36.59 | +0,75 |
| AFGEM | Lukas Schouten | AZC | 35.15 | 199602515 | | |

Masters 25+

| | | | | | | |
|-----|--|-------------------------|-------|-----------|--------------|-------|
| 1. | Kevin Eltink <i>Nederlands Masters Record</i> | DWK | 30.05 | 199100589 | 29.38 | +0,76 |
| 2. | Erik Simons | d'ELFT WAVE (SG) | 29.46 | 198902845 | 29.43 | +0,72 |
| 3. | Teun Groeneweg | De Haaïen | 30.86 | 198701133 | 31.09 | +0,74 |
| 4. | Maik Steenkamp | Montferland | 32.71 | 199103847 | 32.33 | +0,72 |
| 5. | Patrick Creemers | RZ | 31.58 | 199000579 | 32.98 | +0,72 |
| 6. | Herman van Dijk | De Wellerobben | 32.22 | 198900691 | 33.06 | +0,86 |
| 7. | Joost Schasfoort | De Dinkel | 33.90 | 199002649 | 33.62 | +0,70 |
| 8. | Bastian Zoon | MGO (SG) | 33.21 | 198703929 | 33.91 | +0,70 |
| 9. | Stefan van de Grift | Octopus | 34.01 | 198701121 | 33.96 | +0,81 |
| 10. | Brian Narain | DSZ | 34.50 | 198904363 | 34.45 | +0,82 |
| 11. | Joppe Schuurmans | Merlet | 36.00 | 198905447 | 34.65 | +0,69 |
| 12. | Jelte Schuurmans | Merlet | 34.44 | 199104841 | 34.90 | +0,80 |
| 13. | Joël Dam | EZC | 36.51 | 198800699 | 34.91 | +0,62 |
| 14. | Boy Heijnekamp | LZ 1886 | 34.42 | 198901161 | 35.21 | +0,78 |
| 15. | Edo Pieters | Aquarius | 36.92 | 198802749 | 35.43 | +0,74 |
| 16. | Davy Vermaas | ZPB H&L Productions | 35.01 | 199003041 | 35.47 | +0,82 |
| 17. | Ruben Stolk | ZPB H&L Productions | 34.39 | 199005665 | 35.51 | +0,74 |
| 18. | Dennis Kraakman | DAW | 35.90 | 198705325 | 35.65 | +0,69 |
| 19. | Mark Pijtak | ZPC AMERSFOORT | 36.05 | 199002287 | 36.21 | +0,78 |
| 20. | Wouter van 't Klooster | ZPC AMERSFOORT | 35.16 | 198806159 | 36.75 | +0,84 |
| 21. | Ronald Vullings | Merlet | 37.11 | 198703655 | 37.03 | +0,82 |
| 22. | Robin Eggenkamp | De Duinkickers | 38.24 | 198700847 | 37.83 | +0,84 |
| 23. | Harmen Reemst | ZOB'66 | 37.34 | 198702715 | 38.24 | +0,76 |
| 24. | Eric Kalee | Zwemvereniging Hoogland | 38.48 | 199005307 | 39.86 | +0,97 |
| NG | Daniël Kunne | UZSC | 35.39 | 199001709 | | |

Masters 30+

| | | | | | | |
|----|------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Ivan van Omme | De Geul | 31.14 | 198201263 | 31.03 | +0,63 |
| 2. | Tim van den Berg | MNC Dordrecht | 31.23 | 198500157 | 32.06 | +0,74 |
| 3. | Yuri van Omme | Zwemvereniging Hoogland | 32.57 | 198501887 | 32.86 | +0,77 |
| 4. | Ferry Blangé | ZOB'66 | 34.14 | 198300185 | 33.44 | +0,74 |
| 5. | Jim Geestman | RSW (SG) | 33.20 | 198300699 | 33.64 | +0,84 |
| 6. | Gerwin Vonk | De Spatters | 33.66 | 198201907 | 33.90 | +0,70 |
| 7. | Wouter Zijlstra | DAW | 35.59 | 198202077 | 34.92 | +0,77 |

Programmanr. 21, Heren, 50m schoolslag, Masters 30+

| rang | naam | vereniging | inschrijftijd | startnr. | | tijd | RT |
|-------|--|-------------------------|---------------|-----------|-----|--------------|-------|
| 8. | Sven Schutte | Zwemlust-den Hommel | 35.13 | 198604713 | SB9 | 35.57 | +0,85 |
| 9. | David Verlek | De Geul | 34.95 | 198402381 | | 35.65 | +0,69 |
| 10. | Dennis Klop | De Biesboschzwemmers | 35.14 | 198302643 | | 35.86 | +0,62 |
| 11. | Arne van Steenberg | De IJssel | 35.26 | 198302025 | | 36.13 | +0,90 |
| 12. | Sebastiaan Baars | WS Twente | 37.25 | 198300053 | | 37.41 | +0,93 |
| 13. | Constant van Ewijk | De Gelenberg | 38.94 | 198303025 | | 38.14 | +0,78 |
| 14. | Matthijs van der Meulen | RSW (SG) | 38.95 | 198602085 | | 38.90 | +0,77 |
| 15. | Mark Effing | Merlet | 39.33 | 198600761 | | 39.10 | +0,82 |
| DIS | Rob van Wanrooy | Gay Swim Amsterdam | 34.17 | 198202627 | | | |
| | <i>AA - Started before the starting signal</i> | | | | | | |
| AFGEM | Dennis Kuipers | Inktvis-De Pinquin (SG) | 35.07 | 198601787 | | | |

Masters 35+

| | | | | | | | |
|-------|--|---------------------|-------|-----------|--|--------------|-------|
| 1. | Evgeny Ryzhov | Sprut | 30.37 | 101628 | | 30.47 | +0,81 |
| 2. | Dennis van den Berg | UZSC | 30.94 | 198100089 | | 31.24 | +0,82 |
| 3. | Joost Hoetjes | DAW | 31.92 | 197800425 | | 31.30 | +0,72 |
| 4. | Simon van Ravesteijn | WVZ | 31.47 | 198002263 | | 31.58 | +0,76 |
| 5. | Vincent Versteeg | Zwemlust-den Hommel | 31.60 | 197701003 | | 31.61 | +0,75 |
| 6. | Mark Zwart | Zwemlust-den Hommel | 32.62 | 197901461 | | 32.27 | +0,81 |
| 7. | Pavel Protasciuk | Kauno Takas | 33.40 | | | 32.94 | +0,85 |
| 8. | Freddie Geerlings | NIMO | 32.77 | 197900379 | | 33.04 | +0,81 |
| 9. | Victor Barnar | GoSwim | 32.11 | 197801805 | | 33.19 | +0,80 |
| 10. | Harm Jan Otter | De Zandstuve | 33.91 | 198101283 | | 34.25 | +0,88 |
| 11. | Peter Eshuis | DBD | 36.77 | 198000375 | | 36.88 | +0,82 |
| 12. | Bas Overbosch | Het Y | 39.92 | 197700737 | | 37.66 | +0,86 |
| DIS | Marnix Cornelisse | LZ 1886 | 41.41 | 198002343 | | | |
| | <i>SL - Touched turn or finish with one hand</i> | | | | | | |
| AFGEM | Hans Cligge | De Futen | 35.91 | 198100315 | | | |
| AFGEM | Ron Langelaan | DAW | 33.53 | 197800643 | | | |

Masters 40+

| | | | | | | | |
|----|------------------|----------------------|-------|-----------|--|--------------|-------|
| 1. | Sergey Petrov | Poseidon | 32.18 | 102211 | | 32.07 | +0,73 |
| 2. | Michael Bes | MSV-Zeemacht | 33.47 | 197201205 | | 33.01 | +0,76 |
| 3. | Jiri Geers | AZK | 32.27 | 10011/74 | | 33.29 | +0,71 |
| 4. | Heiner Stevens | ZIGNEA | 34.65 | 197201299 | | 34.08 | +0,86 |
| 5. | Michael Go | AZC | 39.05 | 197501397 | | 38.52 | +0,77 |
| 6. | Arnoud van Royen | TriVia | 39.13 | 197201515 | | 39.95 | +0,79 |
| 7. | Erik Huisman | De Biesboschzwemmers | 39.32 | 197401405 | | 40.76 | +0,62 |

Masters 45+

| | | | | | | | |
|-----|-------------------------|----------------------|-------|-----------|--|--------------|-------|
| 1. | Harry Cornet | De Biesboschzwemmers | 31.28 | 197100175 | | 31.28 | +0,75 |
| 2. | Harold Matla | PSV | 31.10 | 196800591 | | 31.67 | +0,83 |
| 3. | Marcel van Winssen | De Gelenberg | 32.30 | 197101477 | | 32.47 | +0,79 |
| 4. | Marcel Jonkman | Aqualero | 32.69 | 196801389 | | 33.12 | +0,84 |
| 5. | Jean-Phillippe Paap | ZPC De Hof | 33.64 | 197000791 | | 33.74 | +0,82 |
| 6. | Roeland van der Heijden | PSV | 33.70 | 196701389 | | 34.57 | +0,74 |
| 7. | Hans Schoenmakers | DAW | 35.09 | 196900863 | | 35.10 | +0,78 |
| 8. | Jeroen Kort | DAW | 36.30 | 196801543 | | 35.62 | +0,76 |
| | Michel van Wingerden | DWK | 38.24 | 196701629 | | 35.62 | +1,00 |
| 10. | Nico Swart | Den Doorn | 36.23 | 196801475 | | 35.67 | +0,90 |
| 11. | Rob Janssen | De Gelenberg | 35.60 | 197001467 | | 36.24 | +0,88 |
| 12. | Jos Wensink | WS Twente | 36.59 | 196901719 | | 36.47 | +0,69 |
| 13. | Wiljo Mackus | Budel | 37.01 | 197101557 | | 37.61 | +0,99 |
| 14. | Joop Weenink | WS Twente | 37.67 | 196801535 | | 37.75 | +0,98 |
| 15. | Joost van Eerdt | Budel | 39.42 | 196901723 | | 39.55 | +0,89 |
| 16. | Gertjan van der Vaart | ZVVS | 39.56 | 196801529 | | 40.03 | +0,80 |
| 17. | Martijn de Jong | DWK | 42.00 | 197101659 | | 42.07 | +0,75 |

Programmanr. 21, Heren, 50m schoolslag

Masters 50+

| | | | | | | |
|-------|----------------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Ron Dekker | ZV Haerlem | 32.07 | 196600155 | 31.78 | +0,90 |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | Bertjan Schelhaas | DWT | 34.78 | 196501577 | 34.54 | +0,82 |
| 3. | Arno Schrauwen | De Roersoppers | 34.86 | 196501355 | 34.93 | +0,79 |
| 4. | Hans Kwaks | De Krabben | 35.41 | 196400443 | 34.97 | +0,84 |
| 5. | Theo Bakker | TriVia | 34.64 | 196401231 | 35.13 | +0,76 |
| 6. | Vadim Ezkov | Pregel | 35.44 | 10020 | 35.86 | +0,72 |
| 7. | Eric de Haas | De Treffers | 36.44 | 196501275 | 36.56 | +0,96 |
| 8. | Cees Kersten | De Rog | 38.20 | 196401435 | 37.19 | +0,71 |
| 9. | Jan Willem Nederveen | DWF | 37.08 | 196600541 | 37.75 | +0,83 |
| 10. | Peter Fölker | Aqua-Novio'94 | 36.70 | 196401021 | 37.78 | +0,68 |
| 11. | Jan Smalheer | SCOM | 38.33 | 196400701 | 38.11 | +0,90 |
| 12. | Henri Michels | De Amstel | 39.29 | 196501587 | 38.30 | +0,88 |
| 13. | Richard Tiemstra | De Biesboschzwemmers | 40.60 | 196301397 | 39.24 | +1,06 |
| 14. | Willem Jannink | Swol 1894 | 40.06 | 196500423 | 39.30 | +0,81 |
| 15. | Wout van Dijk | DBD | 39.70 | 196200145 | 39.48 | +0,80 |
| 16. | Jack Barends | WS Twente | 39.97 | 196201011 | 39.98 | +0,95 |
| 17. | Robert de Brauwer | De Duinkickers | 38.85 | 196401383 | 40.01 | +0,89 |
| 18. | Willem Jan Ribberink | WIDEX GZC DONK | 40.67 | 196501327 | 40.73 | +0,83 |
| 19. | Eric Tijms | OEZA | 40.45 | 196401125 | 40.75 | +0,85 |
| 20. | Pierre de Groot | WIDEX GZC DONK | 40.96 | 196401431 | 40.96 | +0,95 |
| 21. | Marco Schoenmakers | ZVVS | 40.47 | 196401375 | 41.47 | +0,83 |
| 22. | René Speelman | De Spatters | 42.50 | 196601521 | 42.69 | +0,83 |
| 23. | Merlin Weber | Nautilus | 44.27 | 196201261 | 43.17 | +0,86 |
| 24. | Hans van Scheepen | Steenwijk 1934 | 42.80 | 196201245 | 44.17 | +0,82 |
| AFGEM | Gert Sikkema | ZIGNEA | 34.41 | 196300687 | | |

Masters 55+

| | | | | | | |
|-------|---|------------------|-------|-----------|--------------|-------|
| 1. | Albert Boonstra | Aqua-Novio'94 | 34.45 | 195700425 | 33.81 | +0,77 |
| 2. | Ralph Caster | RZ | 35.61 | 196100069 | 35.79 | +0,81 |
| 3. | Arlandas Juodeska | Kauno Takas | 35.93 | | 35.86 | +0,75 |
| | <i>Lithuanian Masters Record</i> | | | | | |
| 4. | Marten de Groot | HZ&PC Heerenveen | 36.45 | 195800149 | 37.33 | +0,77 |
| | Rob Hemesath | PSV | 37.28 | 196100189 | 37.33 | +0,84 |
| 6. | Adrian Ortiz Buitrago | WIDEX GZC DONK | 36.88 | 196000931 | 37.66 | +0,75 |
| 7. | Harry Paas | ZVVS | 42.39 | 195800689 | 41.92 | +1,00 |
| 8. | Jos Zentjens | Budel | 46.92 | 195700569 | 43.19 | +0,97 |
| 9. | Jan Timmerman | IJZPC | 43.51 | 195700347 | 43.32 | +0,85 |
| 10. | Sorin Beschia | De Geul | 44.27 | 195700573 | 44.51 | +0,88 |
| 11. | Jan Haitma | De Spatters | 43.92 | 196000929 | 45.52 | +1,03 |
| 12. | Adrie van der Gracht | OEZA | 45.23 | 195700485 | 45.78 | +1,10 |
| 13. | Herbert Katgert | WS Twente | 46.23 | 195900739 | 46.25 | +1,17 |
| 14. | Jos van Sleuwen | Nautilus | 46.80 | 195700323 | 46.95 | +1,36 |
| DIS | Peter Coffeng | WIDEX GZC DONK | 42.91 | 195700063 | | |
| | <i>SR - Made more than one butterfly kick after start or turn</i> | | | | | |
| AFGEM | John Tersteeg | De Fuut | 43.19 | 196001039 | | |
| AFGEM | Dirk Crok | OEZA | 43.93 | 195800547 | | |

Masters 60+

| | | | | | | |
|----|------------------------|--------|-------|-----------|--------------|-------|
| 1. | Paul Bunnik | Triton | 37.66 | 195600413 | 36.86 | +0,85 |
| 2. | Hans Wijsman | PSV | 38.41 | 195500427 | 37.47 | +0,76 |
| 3. | Laurens Klein Breteler | WWV | 39.36 | 195400109 | 39.39 | +0,90 |
| 4. | Nikolay Dronov | Troyka | 42.81 | 003037 | 44.10 | +1,08 |

Masters 65+

| | | | | | | |
|----|---------------------|----------------|---------|-----------|----------------|-------|
| 1. | Ale van Veen | HPC | 37.92 | 194900159 | 38.83 | +0,79 |
| 2. | Oleg Ershov | Meshera | 39.66 | | 39.06 | +0,89 |
| 3. | Nico van Dongen | ZZ&PC De Devel | 52.31 | 194800159 | 52.70 | +1,05 |
| 4. | Mar van Geel | Old Dutch | 46.81 | 194700135 | 53.63 | +1,18 |
| 5. | Etienne Languillier | CNSW | 1:13.30 | 000228/50 | 1:13.59 | +1,23 |

Programmanr. 21, Heren, 50m schoolslag

Masters 70+

| | | | | | | |
|----|------------------|-----------|-------|-----------|--------------|-------|
| 1. | Rob Hanou | PSV | 42.55 | 194300109 | 42.83 | +0,99 |
| 2. | Tom Meijnen | UZSC | 43.37 | 194400087 | 43.55 | +1,22 |
| 3. | Nico Baay | Old Dutch | 43.85 | 194200053 | 43.56 | +0,88 |
| 4. | Kevork Boyrazian | CNSW | 52.13 | 002620/44 | 52.03 | +1,13 |
| 5. | Peter Ouweneel | RSW (SG) | 52.71 | 194500077 | 54.12 | +1,16 |

Masters 75+

| | | | | | | |
|----|--------------------|---------------|-------|-----------|--------------|-------|
| 1. | Pavelas Bezzubovas | Kauno Takas | 49.74 | | 51.54 | +1,19 |
| 2. | Gregor Pompen | Aqua-Novio'94 | 54.48 | 193700021 | 54.50 | +1,06 |
| 3. | Jan Eichhorn | ZV Haerlem | 51.17 | 193700015 | 55.47 | +1,22 |

Programmanr. 22
23-01-2016 - 13:52

Dames, 50m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--|-----------------------|-------------------------|---------------|-----------|--------------|-------|
| Masters 20+ | | | | | | |
| 1. | Carmen Seesing | NDD | 34.01 | 199406220 | 34.14 | +0,75 |
| 2. | Yvon Versteeg | De Veene | 33.75 | 199201864 | 34.22 | +0,73 |
| 3. | Karin Groen | Nova | 35.54 | 199502440 | 35.15 | +0,66 |
| 4. | Marissa Minkman | ZC Aquadream | 35.94 | 199306054 | 35.24 | +0,72 |
| 5. | Kim Loeffen | Merlet | 35.12 | 199403432 | 35.47 | +0,83 |
| 6. | Eline van Gemert | De Meer | 36.09 | 199505458 | 35.65 | +0,69 |
| 7. | Merel van der Kieft | EZC | 38.29 | 199200920 | 36.40 | +0,65 |
| 8. | Chantal van der Horst | De Meer | 36.12 | 199400616 | 36.74 | +0,76 |
| 9. | Marte Stoorvogel | De Rijn | 35.95 | 199501408 | 36.88 | +0,91 |
| 10. | Amber Reijm | The Hague Swimming (SG) | 37.21 | 199405434 | 37.35 | +0,81 |
| 11. | Suzanne Lange | De Zwoer | 39.80 | 199202998 | 37.76 | +0,75 |
| 12. | Denise Otjes | Aquarius | 39.97 | 199601378 | 39.31 | +0,80 |
| 13. | Ramona Noordermeer | ZVVS | 41.08 | 199401746 | 40.56 | +0,77 |
| 14. | Laura de Haas | De Treffers | 42.15 | 199603392 | 41.21 | +0,70 |
| 15. | Marijke Pras | GZVW | 41.84 | 199203700 | 42.20 | +0,99 |
| 16. | Nieske Janssen | NIMO | 43.32 | 199601328 | 42.27 | +0,79 |
| DIS | Elske Eikholt | Merlet | 43.55 | 199305032 | | |
| <i>AA - Started before the starting signal</i> | | | | | | |
| AFGEM | Anouchka Hoogstraten | De Veene | 40.51 | 199600824 | | |
| AFGEM | Carmen Muilwijk | De Geul | 38.73 | 199502700 | | |

Masters 25+

| | | | | | | |
|-----|----------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Chantal Meyerink | De Grunte | 35.57 | 199105212 | 34.43 | +0,86 |
| 2. | Jacyntha Plat | De Golfbreker | 34.69 | 199002956 | 35.11 | +0,74 |
| 3. | Aniek Huijsman | De Lansingh | 36.08 | 198801932 | 35.44 | +0,73 |
| 4. | Sabine Gaspersz | DSZ | 36.71 | 199100972 | 37.13 | +0,81 |
| 5. | Isabelle Massar | WVZ | 36.14 | 199102034 | 37.23 | +0,76 |
| 6. | Esther van Maastrigt | Montferland | 36.48 | 198802836 | 38.76 | +0,81 |
| 7. | Anne Duijst | De Haaien | 38.39 | 198901030 | 38.86 | +0,79 |
| 8. | Myrthe Talsma | De Golfbreker | 40.46 | 199106844 | 38.90 | +0,76 |
| 9. | Christa Stam | RSW (SG) | 39.13 | 198806790 | 39.37 | +0,85 |
| 10. | Evelien Terpstra | EZC | 39.36 | 199005654 | 39.52 | +0,73 |
| 11. | Brenda Geestman | ZPB H&L Productions | 38.82 | 198701276 | 39.89 | +0,78 |
| 12. | Marlous de Jong | Zwemlust-den Hommel | 41.06 | 199001782 | 40.69 | +0,77 |
| 13. | Wendy Mets | De Lansingh | 40.55 | 199105176 | 40.79 | +0,73 |
| 14. | Sabine Duijst | Zwemvereniging Hoogland | 41.65 | 198701032 | 41.63 | +0,86 |
| 15. | Senna van Dongen | De Geul | 42.38 | 199100760 | 42.03 | +0,90 |
| 16. | Mariska Zaal | AZC | 42.91 | 198806916 | 42.39 | +0,82 |
| 17. | Carola Hompes | Budel | 41.48 | 198801868 | 42.53 | +0,86 |
| 18. | Tessa Verheijdt | WVZ | 42.98 | 198904290 | 42.93 | +0,80 |
| 19. | Karin Hovenkamp | De Spatters | 42.04 | 198701850 | 43.24 | +0,71 |
| 20. | Kelly Bockting | Montferland | 44.80 | 199104050 | 43.53 | +0,82 |
| 21. | Elodie Siroen | Merlet | 43.35 | 199003414 | 43.60 | +0,73 |

Programmanr. 22, Dames, 50m schoolslag, Masters 25+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|-----------------|----------------|---------------|-----------|--------------|-------|
| 22. | Manouk Ticheler | De Duinkickers | 44.99 | 198705416 | 45.01 | +0,77 |
| | OPG Fleur Maas | WVZ | 43.64 | 198902768 | | |
| AFGEM | Vera Geurken | De Rijn | 37.35 | 198801378 | | |
| AFGEM | Tara Keijzer | Steenwijk 1934 | 41.13 | 199108498 | | |

Masters 30+

| | | | | | | |
|-------|-----------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Karin Hidding | De Dinkel | 33.03 | 198400970 | 33.70 | +0,77 |
| 2. | Renee de Kok | PSV | 39.12 | 198403350 | 38.01 | +0,73 |
| 3. | Aafke Groot | De Geul | 45.72 | 198302748 | 38.59 | +0,88 |
| 4. | Sandra Zwaanswijk | DAW | 39.80 | 198503934 | 38.96 | +0,73 |
| 5. | Annelette Reefhuis-de Vries | WS Twente | 38.55 | 198603908 | 39.19 | +0,71 |
| 6. | Josse van Geffen | GZVW | 41.27 | 198604730 | 41.03 | +0,78 |
| 7. | Dian van Pelt | De Biesboschzwemmers | 45.02 | 198502296 | 44.50 | +0,82 |
| 8. | Fabienne Jeukens | Zwemvereniging Hoogland | 46.63 | 198401156 | 46.42 | +0,86 |
| AFGEM | Laura Badoux | DAW | 35.64 | 198200038 | | |

Masters 35+

| | | | | | | |
|----|----------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Yvonne Gerritsen | WVZ | 37.51 | 198000342 | 38.66 | +0,80 |
| 2. | Petra Verstegen | WVZ | 41.28 | 197700906 | 41.64 | +0,87 |
| 3. | Inge Roskam | De Duinkickers | 42.40 | 197801296 | 41.67 | +0,87 |
| 4. | C. van der Straate de Jong | Old Dutch | 44.80 | 198001750 | 41.87 | +0,89 |
| 5. | Nancy Peeters | De Rog | 43.67 | 197901496 | 43.90 | +0,86 |

Masters 40+

| | | | | | | |
|-------|---------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Nadège van Meeteren | De Meer | 37.31 | 197400736 | 38.30 | +0,81 |
| 2. | Marian Nederlof | DWF | 40.23 | 197600950 | 41.34 | +0,91 |
| 3. | Pascalie Janssen | De Roersoppers | 40.84 | 197300852 | 41.53 | +0,76 |
| 4. | Chantal Gerritsen-Driesen | Old Dutch | 42.29 | 197601074 | 42.64 | +0,79 |
| 5. | Ursula Spoelstra-de Groot | WS Twente | 45.58 | 197200952 | 46.11 | +1,00 |
| AFGEM | Titia Hartog-van Gulp | RSW (SG) | 41.29 | 197300928 | | |

Masters 45+

| | | | | | | |
|-----|------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Marjo Goelema-Koek | De Biesboschzwemmers | 35.32 | 196900192 | 35.35 | +0,73 |
| 2. | Annette Wijnja-Visser | De Biesboschzwemmers | 36.79 | 196700528 | 38.35 | +0,81 |
| 3. | Trudie van Niejenhuis | TZC-Vahalis | 40.86 | 197100444 | 40.54 | +0,78 |
| 4. | Marja Verwoerd | ZPC Woerden | 42.13 | 196900954 | 40.92 | +0,77 |
| 5. | Regine Beckers-Stribos | DBD | 42.88 | 197000492 | 41.89 | +1,00 |
| 6. | Arianne Hamakers | De Rog | 42.98 | 196700714 | 42.08 | +0,90 |
| 7. | Suze Roodenburg | De Geul | 43.09 | 196800682 | 42.81 | +0,94 |
| 8. | Helena Mels | ZVVS | 43.24 | 196901036 | 42.95 | +0,89 |
| 9. | Antoinette Kant | Den Doorn | 45.81 | 196900920 | 44.82 | +0,89 |
| 10. | Sandra Daamen-Posma | AZC | 46.06 | 196800854 | 46.36 | +0,96 |
| 11. | Ingeborg Stokx | DAW | 47.19 | 196700666 | 47.88 | +0,79 |
| 12. | Pauline Tromp-de Lang | ZZ&PC De Devel | 50.94 | 197001032 | 49.47 | +0,87 |
| 13. | Judith van der Heijden | Budel | 52.49 | 197001012 | 49.80 | +0,71 |

Masters 50+

| | | | | | | |
|-------|----------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Jacqueline Tuin | DAW | 39.81 | 196600690 | 39.34 | +0,77 |
| 2. | Carla Mol | ZPCH | 40.58 | 196600244 | 40.41 | +0,85 |
| 3. | Jacqueline Rolloos-Bakkers | De Lansingh | 40.81 | 196300222 | 42.04 | +1,02 |
| 4. | Roelien Speelman-Tigelaar | De Spatters | 45.29 | 196600664 | 45.73 | +0,77 |
| 5. | Gonnie Paas | ZVVS | 45.65 | 196200418 | 46.77 | +0,86 |
| 6. | Friderika Kerekes | ZPC AMERSFOORT | 49.58 | 196500540 | 50.97 | +0,90 |
| AFGEM | Yvette Kilian | WVZ | 42.86 | 196600534 | | |

Programmanr. 22, Dames, 50m schoolslag

Masters 55+

| | | | | | | |
|--|-----------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Marijke van Hoek | ZPC De Zeeuwse Kust | 48.08 | 195800050 | 42.48 | +0,90 |
| 2. | Marijke Kraak-Beckers | WS Twente | 42.38 | 196000240 | 42.98 | +0,84 |
| 3. | Claire Anthony | CNSW | 44.96 | 001351/57 | 45.94 | +0,87 |
| 4. | Lia Bijkerk | WIDEX GZC DONK | 48.86 | 196000014 | 48.87 | +0,85 |
| 5. | Anje Manuputty | De Dolfijn | 49.38 | 195700176 | 49.23 | +0,85 |
| DIS | Marina Novikova | Poseidon | 43.49 | 101996 | | |
| <i>AA - Started before the starting signal</i> | | | | | | |
| AFGEM | Marja Bloemzaad | ZPC AMERSFOORT | 36.83 | 196100014 | | |

Masters 60+

| | | | | | | |
|----|--------------------|---------|-------|-----------|--------------|-------|
| 1. | Ineke Weekers | PSV | 45.47 | 195300050 | 43.51 | +0,80 |
| 2. | Patty Krupiarz | PLONS | 45.43 | 195400074 | 46.69 | +0,80 |
| 3. | Corine Kalbfleisch | DWT | 48.43 | 195200024 | 53.17 | +1,13 |
| 4. | Geerdien Meerwaldt | De Geul | 55.80 | 195200058 | 55.42 | +1,04 |

Masters 65+

| | | | | | | |
|---|--------------------------|----------------------|---------|-----------|----------------|-------|
| 1. | Grete Heugl | SU Generali Salzburg | 43.06 | 23350 | 43.42 | +0,75 |
| <i>Kampioenschaps Record, Austrian Masters Record</i> | | | | | | |
| 2. | Bea Swijnenberg | Swol 1894 | 45.05 | 194900010 | 45.45 | +0,81 |
| 3. | Nini van Dongen-de Paepe | ZZ&PC De Devel | 1:00.02 | 195100044 | 1:00.29 | +1,15 |

Masters 70+

| | | | | | | |
|----------------------------------|-----------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Corrie Verhoeven | PSV | 46.90 | 194600026 | 47.36 | +0,95 |
| <i>Nederlands Masters Record</i> | | | | | | |
| 2. | Annet Verhoeven - Steggerda | De Duinkickers | 50.37 | 194600024 | 51.48 | +0,94 |
| <i>Kampioenschaps Record</i> | | | | | | |
| 3. | Mieke Stribis-v.d.Kroft | DAW | 55.45 | 194500004 | 55.90 | +1,11 |

Masters 80+

| | | | | | | |
|----------------------------------|----------------|-----|---------|-----------|----------------|-------|
| 1. | Alice Lindhout | PSV | 1:06.27 | 193500010 | 1:05.49 | +1,01 |
| <i>Nederlands Masters Record</i> | | | | | | |

Masters 85+

| | | | | | | |
|------------------------------|---------------------|------|-------|----------|--------------|-------|
| 1. | Agnes Van Obberghen | AZSC | 52.25 | 20696/31 | 52.17 | +1,09 |
| <i>Wereld Masters Record</i> | | | | | | |

Programmanr. 23
23-01-2016 - 14:07

Heren, 200m rugslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m | |
|------------------------------------|----------------------|-------------|-----------|----------------|----------------|-------|---------|---------|---------|---------|
| Masters 20+ | | | | | | | | | | |
| 1. | Melvin Prins | Wiekslag | 199500201 | 2:08.37 | +0,62 | 29.69 | 1:01.98 | 1:35.27 | 2:08.37 | |
| 2. | Thijs van den End | ZPC Woerden | 199306803 | S9 | 2:21.97 | +0,81 | 33.01 | 1:08.57 | 1:45.57 | 2:21.97 |
| <i>Europees Record Paralympics</i> | | | | | | | | | | |
| Masters 25+ | | | | | | | | | | |
| 1. | Emile Manni | Octopus | 199001901 | 2:14.29 | +0,82 | 31.28 | 1:05.50 | 1:40.20 | 2:14.29 | |
| 2. | Jeffrey Breedijk | De Haaien | 198900451 | 2:14.52 | +0,74 | 30.48 | 1:03.92 | 1:38.94 | 2:14.52 | |
| 3. | Hjalmar de Ruiter | NDD | 198902695 | 2:15.46 | +0,62 | 30.42 | 1:04.78 | 1:40.51 | 2:15.46 | |
| 4. | Jeffrey van 't Schip | De Amstel | 199102035 | 2:24.52 | +0,70 | 33.87 | 1:10.04 | 1:46.97 | 2:24.52 | |
| 5. | Remco van de Berkt | De Haaien | 198900215 | 2:28.55 | +0,77 | 33.95 | 1:10.59 | 1:49.29 | 2:28.55 | |

Programmanr. 23, Heren, 200m rugslag

Masters 30+

| | | | | | | | | |
|-------------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Martijn Giezen | Montferland | 198500813 | 2:16.09 | +0,66 | 31.72 | 1:06.08 | 1:41.67 | 2:16.09 |
| 2. Tommy Nickel | Van Vliet-Barracuda | 198401627 | 2:19.85 | +0,75 | 33.09 | 1:07.75 | 1:43.68 | 2:19.85 |
| 3. Robert Dekker | De Veene | 198400443 | 2:22.81 | +0,76 | 33.12 | 1:09.62 | 1:46.74 | 2:22.81 |
| 4. Rick Driezen | Steenwijk 1934 | 198600713 | 2:25.16 | +0,81 | 34.87 | 1:10.86 | 1:47.74 | 2:25.16 |
| 5. Robert Braad | Steenwijk 1934 | 198600407 | 2:27.58 | +0,80 | 33.82 | 1:11.40 | 1:49.93 | 2:27.58 |
| 6. Frank van der Voorde | MGO (SG) | 198302259 | 2:30.26 | +0,68 | 35.22 | 1:12.53 | 1:51.14 | 2:30.26 |
| 7. Peter van de Bor | DWT | 198402897 | 2:39.46 | +0,71 | 36.16 | 1:16.99 | 1:58.64 | 2:39.46 |

Masters 35+

| | | | | | | | | |
|--------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Ivo Roozeboom | WVZ | 197700801 | 2:20.98 | +0,70 | 32.69 | 1:08.82 | 1:45.10 | 2:20.98 |
| 2. Stan Dekker | PLONS | 197901823 | 2:26.94 | +0,74 | 33.75 | 1:10.48 | 1:48.50 | 2:26.94 |
| 3. Marcel Reefhuis | WS Twente | 198101381 | 2:28.17 | +0,57 | 34.67 | 1:12.04 | 1:50.36 | 2:28.17 |
| 4. Markus van Rest | WVZ | 197701197 | 2:30.83 | +0,75 | 35.18 | 1:13.39 | 1:52.76 | 2:30.83 |

Masters 40+

| | | | | | | | | |
|------------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Egbert Stolk | d'ELFT WAVE (SG) | 197600889 | 2:12.70 | +0,78 | 31.82 | 1:05.34 | 1:39.32 | 2:12.70 |
| <i>Kampioenschaps Record</i> | | | | | | | | |
| 2. Valerijs Minakovs | Jelgavas SPS | | 2:18.12 | +0,66 | 31.34 | 1:06.32 | 1:42.38 | 2:18.12 |
| 3. Remco Plass | De Lansingh | 197300687 | 2:33.23 | +0,71 | 35.68 | 1:14.26 | 1:54.36 | 2:33.23 |
| 4. Machiel Stolk | Swol 1894 | 197400779 | 2:35.02 | +0,95 | 35.65 | 1:14.76 | 1:54.34 | 2:35.02 |
| 5. Ramon de Bondt | ZPB H&L Productions | 197300105 | 2:35.74 | +0,87 | 35.96 | 1:15.44 | 1:56.12 | 2:35.74 |
| 6. Erwin Zuidervelt | De Futen | 197501015 | 2:39.24 | +0,78 | 37.56 | 1:17.61 | 1:58.66 | 2:39.24 |
| 7. Arjan Aalbers | Swol 1894 | 197500001 | 2:43.28 | +0,74 | 37.61 | 1:19.03 | 2:01.78 | 2:43.28 |
| <i>100m*</i> | | | | | | | | |
| OPG Erik Smink | Zwemvereniging Hoogland | 197301467 | | | | | | |

Masters 45+

| | | | | | | | | |
|---|------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Jan Goossens | GZVN | 11003/68 | 2:13.69 | +0,62 | 31.09 | 1:04.54 | 1:39.04 | 2:13.69 |
| <i>Kampioenschaps Record, Belgisch Masters Record</i> | | | | | | | | |
| 2. Erlend Alstad | I.L. Varg | | 2:25.09 | +0,69 | 34.94 | 1:11.43 | 1:48.31 | 2:25.09 |
| 3. Guido Keutgen | AZC | 196801551 | 2:29.52 | +0,73 | 33.97 | 1:11.65 | 1:50.78 | 2:29.52 |
| 4. René Beetsma | HZ&PC Heerenveen | 196900069 | 2:30.00 | +0,87 | 35.50 | 1:13.55 | 1:52.19 | 2:30.00 |
| 5. Linas Kersevicius | Kauno Takas | | 2:30.17 | +0,77 | 34.09 | 1:11.85 | 1:50.45 | 2:30.17 |
| <i>Lithuanian Masters Record</i> | | | | | | | | |
| 6. Arjan Bellaart | Het Y | 196900079 | 2:31.76 | +0,69 | 35.30 | 1:12.78 | 1:52.26 | 2:31.76 |
| 7. Antwan van Engen | De Ward | 197101577 | 2:32.73 | +0,68 | 35.17 | 1:13.25 | 1:52.91 | 2:32.73 |
| 8. Nico Swart | Den Doorn | 196801475 | 2:45.60 | +0,79 | 37.65 | 1:19.29 | 2:03.69 | 2:45.60 |
| AFGEM Stefan Holmstrom | DAW | 196701671 | | | | | | |
| AFGEM Korstiaan de Boer | Steenwijk 1934 | 197101629 | | | | | | |

Masters 50+

| | | | | | | | | |
|------------------------|--------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Edwin v. Norden | ZPC AMERSFOORT | 196300563 | 2:20.13 | +0,79 | 32.88 | 1:07.97 | 1:44.21 | 2:20.13 |
| 2. Jan Gert Notenbomer | Upstream Amsterdam | 196600557 | 2:21.27 | +0,74 | 33.40 | 1:08.57 | 1:44.75 | 2:21.27 |
| 3. Peter Bernsen | De Rog | 196301119 | 2:22.53 | +0,61 | 34.40 | 1:11.62 | 1:47.90 | 2:22.53 |
| 4. Johan Remmits | ZPC Woerden | 196201159 | 2:26.89 | +0,80 | 34.43 | 1:10.68 | 1:48.85 | 2:26.89 |
| 5. Ron Korzelius | ZPC AMERSFOORT | 196500513 | 2:34.64 | +0,82 | 35.72 | 1:14.25 | 1:54.15 | 2:34.64 |
| 6. Wiljam Nijenhuis | De IJssel | 196400547 | 2:37.28 | +0,82 | 36.76 | 1:16.01 | 1:56.86 | 2:37.28 |
| 7. Otto Jansen | LZ 1886 | 196501403 | 2:38.73 | +0,97 | 37.20 | 1:17.64 | 1:58.99 | 2:38.73 |
| 8. Fred Heemstra | DAW | 196500357 | 2:58.08 | +0,75 | 40.94 | 1:26.24 | 2:12.60 | 2:58.08 |
| 9. Erik Saan | De Duck | 196500769 | 3:01.69 | +0,72 | 39.47 | 1:25.44 | 2:13.49 | 3:01.69 |
| 10. Casper Dollekamp | Steenwijk 1934 | 196301341 | 3:08.10 | +0,66 | 40.36 | 1:24.38 | 2:15.17 | 3:08.10 |

Programmanr. 23, Heren, 200m rugslag

Masters 55+

| | | | | | | | | |
|--------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Dmitry Kromskiy | Poseidon | 037011 | 2:33.81 | +0,91 | 37.62 | 1:15.71 | 1:54.76 | 2:33.81 |
| 2. Erik Kamphuis | De Rog | 196001035 | 2:48.78 | +0,70 | 39.17 | 1:21.34 | 2:05.08 | 2:48.78 |
| 3. Wim Witjes | Aqua-Novio'94 | 195800483 | 2:59.04 | +0,77 | 41.74 | 1:26.62 | 2:12.83 | 2:59.04 |
| 4. André Schutte | ZPC De Zeeuwse Kust | 196000521 | 3:08.79 | +1,02 | 43.85 | 1:31.75 | 2:20.79 | 3:08.79 |
| 5. Bart van Calker | WS Twente | 196100067 | 3:09.40 | +0,74 | 43.70 | 1:30.86 | 2:19.59 | 3:09.40 |
| 6. Harry Paas | ZVVS | 195800689 | 3:12.30 | +0,61 | 44.28 | 1:33.10 | 2:23.25 | 3:12.30 |
| 7. Nico van Maanen | De Duck | 196100371 | 3:13.44 | +0,67 | 43.53 | 1:31.56 | 2:23.24 | 3:13.44 |

Masters 60+

| | | | | | | | | |
|---------------------|-------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Evertjan Masurel | PLONS | 195600495 | 2:55.62 | +0,79 | 41.88 | 1:27.88 | 2:13.65 | 2:55.62 |
|---------------------|-------|-----------|----------------|-------|-------|---------|---------|---------|

Masters 65+

| | | | | | | | | |
|------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Ludwig Lorenz | SV Gladbeck 13 | 127866 | 3:26.35 | +1,41 | 47.98 | 1:39.46 | 2:34.19 | 3:26.35 |
| 2. Jos Kamps | Zwemvereniging Hoogland | 195100085 | 3:41.16 | +0,72 | 49.12 | 1:45.75 | 2:44.38 | 3:41.16 |

Masters 70+

| | | | | | | | | |
|----------------------|----------|--------|----------------|-------|-------|---------|---------|---------|
| 1. Mikhail Ulybyshev | Poseidon | 037037 | 3:28.63 | +0,77 | 44.04 | 1:33.95 | 2:30.18 | 3:28.63 |
|----------------------|----------|--------|----------------|-------|-------|---------|---------|---------|

Masters 75+

| | | | | | | | | |
|-------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Frans van Enst | WS Twente | 194000011 | 3:14.04 | +0,59 | 45.53 | 1:35.35 | 2:24.98 | 3:14.04 |
|-------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|

Programmanr. 24
23-01-2016 - 14:29

Dames, 200m rugslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|-------------------------|-------------------------|-----------|----------------|---------|-----|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. Jamilla van Veen | ZPC Woerden | 199603192 | 2:20.71 | +0,71 | | 32.14 | 1:07.31 | 1:43.69 | 2:20.71 |
| 2. Sigrid Dogger | De Zwoer | 199200452 | 2:26.84 | +0,72 | | 33.59 | 1:10.23 | 1:48.71 | 2:26.84 |
| 3. Melissa van der Geld | AquaAmigos | 199506250 | 2:28.44 | +0,77 | | 34.28 | 1:11.26 | 1:50.24 | 2:28.44 |
| 4. Désirée Emmen | De Warande | 199204862 | 2:29.68 | +0,73 | | 35.16 | 1:12.51 | 1:51.37 | 2:29.68 |
| 5. Heleen Arends | TriVia | 199404416 | 2:31.47 | +0,68 | | 35.52 | 1:13.57 | 1:52.67 | 2:31.47 |
| 6. Henriete ten Bokkel | NDD | 199402764 | 2:31.51 | +0,84 | | 35.74 | 1:14.38 | 1:53.32 | 2:31.51 |
| 7. Manon van Strien | WVZ | 199400770 | 2:33.29 | +0,81 | | 34.87 | 1:13.53 | 1:53.45 | 2:33.29 |
| 8. Maike Korthout | TRB-RES | 199406034 | 2:35.50 | +0,64 | | 35.71 | 1:15.07 | 1:55.46 | 2:35.50 |
| 9. Suzanne Mosch | MSV-Zeemacht | 199400548 | 2:37.93 | * +0,66 | | 35.62 | 1:14.98 | 1:56.22 | 2:37.93 |
| 10. Anne de Heer | DWF | 199602736 | 2:47.87 | +0,72 | | 38.16 | 1:19.63 | 2:03.37 | 2:47.87 |
| 11. Naomi van Gool | LZ 1886 | 199505166 | 2:50.88 | +0,85 | | 38.88 | 1:21.82 | 2:06.70 | 2:50.88 |
| 12. Nadine Blouw | GZVW | 199302314 | 2:58.76 | +0,90 | | 41.75 | 1:26.51 | 2:13.45 | 2:58.76 |
| 13. Rebecca Evers | ZOB'66 | 199207916 | 3:01.12 | * +0,78 | | 40.96 | 1:26.23 | 2:14.20 | 3:01.12 |
| 14. Cynthia van Veen | ZPC Woerden | 199606736 | 3:10.00 | +0,69 | | 42.18 | 1:30.27 | 2:20.66 | 3:10.00 |
| 15. Daniëlle de Klein | DWF | 199404786 | 3:11.62 | +0,74 | | 43.74 | 1:31.14 | 2:21.00 | 3:11.62 |
| NG.ZA Merel Toussaint | d'ELFT WAVE (SG) | 199203788 | | | | | | | |
| OPG Wendy de Bruin | ZOB'66 | 199206320 | | | | | | | |
| AFGEM Tessa Mol | De Rijn | 199501396 | | | | | | | |
| AFGEM Heleen ten Have | Inktvis-De Pinquin (SG) | 199403000 | | | | | | | |

Programmanr. 24, Dames, 200m rugslag

Masters 25+

| | | | | | | | | |
|---------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Cora van Dorst | De Krabben | 199106218 | 2:31.78 | +0,75 | 35.06 | 1:12.57 | 1:51.77 | 2:31.78 |
| 2. Ilse van den Wijngaard | ZPC Woerden | 198904736 | 2:33.08 | +0,80 | 35.44 | 1:14.21 | 1:54.01 | 2:33.08 |
| 3. Monique Lindenberg | De Bevelanders | 199002360 | 2:35.20 | +0,78 | 35.76 | 1:14.31 | 1:54.08 | 2:35.20 |
| 4. Tessa Mosch | MSV-Zeemacht | 199102172 | 2:37.40 | +0,63 | 36.64 | 1:16.96 | 1:57.45 | 2:37.40 |
| 5. Maaïke de Boer | De Duinkickers | 199000362 | 2:38.39 | +0,75 | 36.71 | 1:17.04 | 1:57.86 | 2:38.39 |
| 6. Anna Boef | LZ 1886 | 198806288 | 2:40.63 | +0,78 | 36.81 | 1:17.07 | 1:58.55 | 2:40.63 |
| 7. Linda Janssen | ZPB H&L Productions | 198802088 | 2:41.77 | +0,73 | 38.86 | 1:20.05 | 2:00.95 | 2:41.77 |
| 8. Diana Lammers | De Veene | 198902572 | 2:48.14 | +0,78 | 38.06 | 1:19.57 | 2:03.54 | 2:48.14 |
| 9. Tamara Nordin | ZPC De Zeeuwse Kust | 198702996 | 2:48.60 | +0,72 | 39.72 | 1:22.11 | 2:05.99 | 2:48.60 |
| 10. Cora Vinagre Sendino | CNSW | 003824/88 | 2:53.51 | +0,73 | 39.01 | 1:22.41 | 2:08.35 | 2:53.51 |
| 11. Eline Schoenmaker | Zwemlust-den Hommel | 199003322 | 2:54.42 | +0,72 | 41.02 | 1:26.48 | 2:11.59 | 2:54.42 |
| 12. Lonneke Oenema | Steenwijk 1934 | 199102314 | 2:58.70 | +0,71 | 41.45 | 1:26.61 | 2:13.31 | 2:58.70 |
| 13. Relinda Baas | GZVW | 198900144 | 3:01.21 | +0,70 | 42.96 | 1:28.13 | 2:15.54 | 3:01.21 |
| 14. Renske Eilers | Zwemvereniging Hoogland | 198806072 | 3:02.15 | +0,71 | 42.28 | 1:27.66 | 2:15.29 | 3:02.15 |

Masters 30+

| | | | | | | | | |
|-----------------------------|------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Roos van Esch | d'ELFT WAVE (SG) | 198200468 | 2:31.12 | +0,76 | 36.27 | 1:14.70 | 1:53.29 | 2:31.12 |
| 2. Wieteke Elzinga | DAW | 198601038 | 2:44.48 | +0,77 | 38.14 | 1:19.31 | 2:01.81 | 2:44.48 |
| 3. Marije van Manen | ZPC AMERSFOORT | 198602386 | 2:45.09 | +0,68 | 38.80 | 1:20.49 | 2:03.45 | 2:45.09 |
| 4. Ramona Linting | AZC | 198301274 | 2:47.09 | +0,90 | 37.98 | 1:20.34 | 2:03.97 | 2:47.09 |
| 5. Sylvia Reijers | De Gelenberg | 198201360 | 2:47.89 | | 38.77 | 1:20.58 | 2:04.24 | 2:47.89 |
| 6. Paulien Schokker | WS Twente | 198302876 | 2:54.39 | +0,75 | 40.64 | 1:24.99 | 2:10.58 | 2:54.39 |
| AFGEM Chiara Miglioli | CNSW | 001593/82 | | | | | | |
| AFGEM M. Brobbel-Groenewoud | ZVS | 198200554 | | | | | | |

Masters 35+

| | | | | | | | | |
|-------------------------|-------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Marjon van Kempen | MGO (SG) | 198000578 | 2:36.58 | +0,79 | 37.23 | 1:15.96 | 1:56.05 | 2:36.58 |
| 2. Tonia Ruybroek | Poseidon'56 | 198101290 | 2:44.49 | +0,78 | 38.02 | 1:19.47 | 2:02.24 | 2:44.49 |
| 3. Carmen Haan | ZZG De Boskickers | 197901458 | 2:50.19 | +0,84 | 39.40 | 1:22.66 | 2:06.34 | 2:50.19 |
| 4. Jolanda van Gendt | PSV | 197800266 | 2:50.72 | +0,75 | 40.55 | 1:23.47 | 2:07.18 | 2:50.72 |
| 5. Rianne van Vegchelen | Deltasteur | 198101530 | 3:56.93 | +0,90 | 55.12 | 1:57.02 | 2:57.23 | 3:56.93 |

Masters 40+

| | | | | | | | | |
|----------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Evelien van Klaarbergen | HZ&PC Heerenveen | 197200964 | 2:40.30 | +0,83 | 37.27 | 1:18.73 | 2:00.19 | 2:40.30 |
| 2. Liselotte Joling | PSV | 197500268 | 2:45.86 | +0,75 | 39.53 | 1:21.91 | 2:04.20 | 2:45.86 |
| 3. M. den Drijver-Aarse | Zwemvereniging Westland | 197500884 | 2:55.37 | +0,81 | 41.11 | 1:25.29 | 2:10.65 | 2:55.37 |
| 4. Ingrid Versteegen | DBD | 197300770 | 3:19.62 | +0,82 | 47.13 | 1:37.28 | 2:29.21 | 3:19.62 |

Masters 45+

| | | | | | | | | |
|---------------------------|----------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Heidi van Stein | LZ 1886 | 196900864 | 2:44.30 | +0,72 | 38.63 | 1:19.36 | 2:01.96 | 2:44.30 |
| 2. Laura Staal | Oceanus | 196700358 | 2:49.37 | +0,72 | 40.32 | 1:21.57 | 2:05.07 | 2:49.37 |
| 3. Annette Wijnja-Visser | De Biesboschzwemmers | 196700528 | 2:50.79 | +0,80 | 39.14 | 1:22.41 | 2:07.03 | 2:50.79 |
| 4. Henriëtte Manting | GZVW | 197100246 | 3:02.85 | +0,63 | 40.87 | 1:27.31 | 2:15.53 | 3:02.85 |
| 5. Annette van Dok | MSV-Zeemacht | 196800742 | 3:09.65 | +0,78 | 42.87 | 1:29.54 | 2:19.51 | 3:09.65 |
| 6. Hetty Smalheer | SCOM | 196700352 | 3:22.35 | +0,89 | 47.76 | 1:38.91 | 2:31.83 | 3:22.35 |
| 7. Greta Wyma-Teitsma | DWK | 197100696 | 3:29.85 | +0,69 | 47.67 | 1:42.05 | 2:37.57 | 3:29.85 |
| AFGEM Henriëtte v. Norden | ZPC AMERSFOORT | 196800046 | | | | | | |

Masters 50+

| | | | | | | | | |
|-------------------------|-----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Allie Price | Cardiff Masters | 547582 | 2:43.98 | +0,78 | 38.28 | 1:19.69 | 2:02.21 | 2:43.98 |
| 2. M. Grove-Lingeman | Oceanus | 196200080 | 2:54.90 | +0,74 | 39.91 | 1:23.73 | 2:09.46 | 2:54.90 |
| 3. S. Prins - Molenwijk | De Geul | 196600284 | 2:57.61 | +0,73 | 41.05 | 1:25.04 | 2:10.98 | 2:57.61 |
| 4. Jeannette Ruesink | WS Twente | 196300212 | 2:58.95 | +0,82 | 43.15 | 1:28.64 | 2:14.46 | 2:58.95 |
| 5. Wilna Heijman | Steenwijk 1934 | 196400506 | 3:01.00 | +0,83 | 42.16 | 1:27.13 | 2:12.57 | 3:01.00 |
| 6. Annemarie Vuist | Swol 1894 | 196300282 | 3:03.90 | +0,93 | 44.48 | 1:30.66 | 2:17.80 | 3:03.90 |
| NG.ZA Judith Cromjongh | De Zwoer | 196400054 | | | | | | |

Programmanr. 24, Dames, 200m rugslag

Masters 55+

| | | | | | | | | |
|------------------------|-------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Inge Wolfs | PLONS | 196000304 | 3:09.66 | +0,77 | 44.57 | 1:32.53 | 2:20.76 | 3:09.66 |
| 2. J. Resink-Lindeboom | DWK | 196000142 | 3:30.59 | +0,82 | 49.23 | 1:42.89 | 2:37.20 | 3:30.59 |

Masters 60+

| | | | | | | | | |
|--------------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Anne De Sauvage | CNSW | 005093/55 | 3:16.09 | +0,88 | 46.10 | 1:35.46 | 2:26.68 | 3:16.09 |
| <i>Belgisch Masters Record</i> | | | | | | | | |
| 2. Margriet Pasma | Inktvis-De Pinquin (SG) | 195500088 | 3:17.43 | +0,83 | 47.31 | 1:36.46 | 2:28.04 | 3:17.43 |
| 3. Ineke Meijer | HZ&PC Heerenveen | 195200034 | 3:50.71 | +0,68 | 53.38 | 1:51.87 | 2:52.65 | 3:50.71 |
| 4. Tineke van Diggelen | ZPCH | 195200048 | 3:53.40 | +0,92 | 54.32 | 1:52.05 | 2:53.25 | 3:53.40 |

Masters 65+

| | | | | | | | | |
|-----------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. A. Gilding-Tussaud | WS Twente | 195000038 | 3:50.28 | +0,80 | 51.93 | 1:49.90 | 2:51.73 | 3:50.28 |
|-----------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|

Masters 70+

| | | | | | | | | |
|-------------------------|----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Loekie v. Huissteden | ZPC AMERSFOORT | 194500002 | 4:27.54 | +0,93 | 59.44 | 2:07.28 | 3:18.49 | 4:27.54 |
|-------------------------|----------------|-----------|----------------|-------|-------|---------|---------|---------|

Masters 75+

| | | | | | | | | |
|-----------------|-----------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Truus Ruiter | Old Dutch | 194000004 | 5:01.24 | +0,69 | 1:10.12 | 2:27.48 | 3:44.90 | 5:01.24 |
|-----------------|-----------|-----------|----------------|-------|---------|---------|---------|---------|

Masters 80+

| | | | | | | | | |
|---|-----------|-----------|----------------|---------|---------|---------|---------|---------|
| 1. Alice Lindhout | PSV | 193500010 | 4:35.77 | * +0,83 | 1:03.39 | 2:15.06 | 3:28.20 | 4:35.77 |
| <i>Nederlands Masters Record, NMR 100m tt</i> | | | | | | | | |
| 2. Annie de Vos | Old Dutch | 193400004 | 4:48.23 | +0,83 | 1:06.80 | 2:19.81 | 3:34.17 | 4:48.23 |

Programmanr. 25
23-01-2016 - 15:02

Heren, 100m wisselslag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|---------------------------|---------------------|-------------------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | |
| 1. Roderick van Doeselaar | De Rijn | 59.14 199200261 | 1:00.31 | +0,65 | 27.27 | 1:00.31 |
| 2. Nick Cleintuar | ZVVS | 58.78 199503781 | 1:00.65 | +0,68 | 27.82 | 1:00.65 |
| 3. Roald Blok | Octopus | 1:02.05 199302685 | 1:02.32 | +0,71 | 29.62 | 1:02.32 |
| 4. Emiel van Beusekom | Van Vliet-Barracuda | 1:02.76 199403951 | 1:03.48 | +0,81 | 29.34 | 1:03.48 |
| 5. Jeffrey Camphens | DWT | 1:07.94 199503113 | 1:04.49 | +0,72 | 29.89 | 1:04.49 |
| 6. Nick Sijmons | De Amstel | 1:04.87 199500491 | 1:05.28 | +0,66 | 30.07 | 1:05.28 |
| 7. Joey Stokx | DAW | 1:06.97 199301251 | 1:05.67 | +0,70 | 29.42 | 1:05.67 |
| 8. Vincent Dermaux | ZC Aquadream | 1:04.64 199600599 | 1:06.21 | +0,76 | 29.52 | 1:06.21 |
| 9. Dieder Schuurmans | Merlet | 1:06.35 199500447 | 1:06.61 | +0,69 | 31.43 | 1:06.61 |
| 10. Pieter Ytsma | De Zwoer | 1:06.71 199501809 | 1:06.65 | +0,78 | 30.26 | 1:06.65 |
| 11. Mike Koelewijn | Steenwijk 1934 | 1:05.41 199303597 | 1:06.98 | +0,68 | 30.90 | 1:06.98 |
| 12. Robin Eltink | DWK | 1:05.13 199406147 | 1:07.59 | +0,84 | 30.62 | 1:07.59 |
| 13. Joey van der Valk | ZOB'66 | 1:09.01 199602191 | 1:08.87 | +0,73 | 32.35 | 1:08.87 |
| 14. Ramon van Huizen | MGO (SG) | 1:10.96 199400945 | 1:08.96 | +0,76 | 31.74 | 1:08.96 |
| 15. Nick van der Krogt | LZ 1886 | 1:10.98 199501313 | 1:10.65 | +0,74 | 33.31 | 1:10.65 |
| 16. Robin van Beusekom | Van Vliet-Barracuda | 1:08.93 199205841 | 1:10.80 | +0,77 | 33.32 | 1:10.80 |
| 17. Igor Peters | ZVS | 1:10.55 199201809 | 1:10.84 | +0,76 | 32.01 | 1:10.84 |
| 18. Coen van der Wekken | MGO (SG) | 1:10.35 199202965 | 1:12.85 | +0,68 | 33.26 | 1:12.85 |
| 19. Jesper Honken | Nova | 1:10.64 199600085 | 1:13.97 | +0,74 | 32.25 | 1:13.97 |

Programmanr. 25, Heren, 100m wisselslag

Masters 25+

| | | | | | | | |
|-------------------------|----------------|---------|-----------|---------------------|-------|-------|---------|
| 1. Teun Groeneweg | De Haaien | 1:03.74 | 198701133 | 1:02.34 | +0,76 | 28.61 | 1:02.34 |
| 2. Tim Bunnik | Triton | 1:02.20 | 199000505 | 1:03.64 | +0,80 | 29.20 | 1:03.64 |
| 3. Juan Vinagre Sendino | CNSW | 1:06.27 | 005255/90 | 1:04.29 | +0,87 | 29.44 | 1:04.29 |
| 4. Jelte Schuurmans | Merlet | 1:04.67 | 199104841 | 1:05.56 | +0,81 | 29.52 | 1:05.56 |
| 5. Bart Kieseewetter | TRB-RES | 1:05.55 | 199101203 | 1:05.62 | +0,70 | 30.45 | 1:05.62 |
| 6. Boy Heijnekamp | LZ 1886 | 1:07.87 | 198901161 | 1:08.19 | +0,79 | 31.48 | 1:08.19 |
| 7. Joël Dam | EZC | 1:10.34 | 198800699 | 1:08.47 | +0,63 | 30.97 | 1:08.47 |
| 8. Bart van der Zwaan | De Amstel | 1:08.63 | 199005149 | 1:08.75 | +0,68 | 31.20 | 1:08.75 |
| 9. Joppe Schuurmans | Merlet | 1:06.49 | 198905447 | 1:09.24 | +0,71 | 30.92 | 1:09.24 |
| 10. Rens Post | WVZ | 1:09.37 | 199101827 | 1:09.29 | +0,70 | 32.06 | 1:09.29 |
| 11. Ferdy van Mastrigt | RSW (SG) | 1:10.71 | 198802315 | 1:10.75 | +0,75 | 32.19 | 1:10.75 |
| 12. Mark Pijtak | ZPC AMERSFOORT | 1:09.34 | 199002287 | 1:11.07 | +0,79 | 32.52 | 1:11.07 |
| 13. Herman van Dijk | De Wellerobben | 1:07.77 | 198900691 | 1:11.09 | +0,94 | 33.71 | 1:11.09 |
| Wessel Everloo | De Veene | 1:10.15 | 198906597 | SM14 1:11.09 | +0,86 | 32.09 | 1:11.09 |
| 15. Martijn van Hoorn | MGO (SG) | 1:09.01 | 198901343 | 1:11.16 | +0,84 | 32.79 | 1:11.16 |
| 16. Edo Pieters | Aquarius | 1:09.00 | 198802749 | 1:11.24 | +0,79 | 32.40 | 1:11.24 |
| 17. Patrick de Jonge | ZPC Woerden | 1:12.63 | 198906635 | 1:11.33 | +0,81 | 31.94 | 1:11.33 |
| 18. Stefan van de Griff | Octopus | 1:11.39 | 198701121 | 1:11.35 | +0,81 | 32.10 | 1:11.35 |
| 19. Niels Albrechts | MGO (SG) | 1:13.47 | 198800039 | 1:12.24 | +0,81 | 32.44 | 1:12.24 |
| 20. Ronald Vullings | Merlet | 1:09.53 | 198703655 | 1:13.08 | +0,82 | 33.62 | 1:13.08 |
| NG Daniël Kunne | UZSC | 1:10.74 | 199001709 | | | | |

Masters 30+

| | | | | | | | |
|-----------------------------|-------------------------|---------|-----------|--------------------|-------|-------|---------|
| 1. Lauren Vis | Steenwijk 1934 | 1:01.52 | 198201883 | 1:01.62 | +0,63 | 28.25 | 1:01.62 |
| 2. Roderik Meijers | d'ELFT WAVE (SG) | 1:03.08 | 198602063 | 1:02.71 | +0,75 | 28.39 | 1:02.71 |
| 3. Kristiaan Lenos | LZ 1886 | 1:01.56 | 198301331 | 1:03.10 | +0,78 | 29.06 | 1:03.10 |
| 4. Yuri van Omme | Zwemvereniging Hoogland | 1:05.03 | 198501887 | 1:05.29 | +0,78 | 30.35 | 1:05.29 |
| 5. Thommy Nickel | Van Vliet-Barracuda | 1:04.32 | 198401627 | 1:06.10 | +0,77 | 30.78 | 1:06.10 |
| 6. Gerwin Vonk | De Spatters | 1:06.12 | 198201907 | 1:06.74 | +0,68 | 30.17 | 1:06.74 |
| 7. Erik Drewes | De Biesboschzwemmers | 1:08.33 | 198400543 | 1:07.56 | +0,73 | 31.13 | 1:07.56 |
| 8. Wouter Zijlstra | DAW | 1:10.86 | 198202077 | 1:10.42 | +0,91 | 32.41 | 1:10.42 |
| 9. Manuel Arostegui Ramirez | Het Y | 1:12.06 | 198403309 | 1:12.01 | +0,81 | 32.97 | 1:12.01 |
| 10. Bas v.d. Laan | WVZ | 1:10.16 | 198302471 | 1:12.86 | +0,79 | 32.36 | 1:12.86 |
| 11. Rick de Schutter | De Krabben | 1:14.27 | 198202523 | 1:15.06 | +0,92 | 35.21 | 1:15.06 |
| 12. Sven Schutte | Zwemlust-den Hommel | 1:14.81 | 198604713 | SM9 1:16.07 | +0,84 | 36.35 | 1:16.07 |
| 13. Dennis Klop | De Biesboschzwemmers | 1:14.94 | 198302643 | 1:16.63 | +0,79 | 37.39 | 1:16.63 |

Masters 35+

| | | | | | | | |
|-------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Nol van Thull | d'ELFT WAVE (SG) | 1:00.79 | 198001513 | 1:00.99 | +0,84 | 28.42 | 1:00.99 |
| 2. Pavel Protasciuk | Kauno Takas | 1:06.73 | | 1:04.34 | +0,81 | 29.01 | 1:04.34 |
| 3. Dennis van den Berg | UZSC | 1:07.54 | 198100089 | 1:04.43 | +0,79 | 30.45 | 1:04.43 |
| 4. Vincent Versteeg | Zwemlust-den Hommel | 1:04.84 | 197701003 | 1:05.03 | +0,78 | 30.90 | 1:05.03 |
| 5. Mark Hensen | Van Vliet-Barracuda | 1:05.27 | 197900497 | 1:05.98 | +0,77 | 29.46 | 1:05.98 |
| 6. Erwin van den Born | De Rijn | 1:07.88 | 197700143 | 1:07.94 | +0,82 | 31.57 | 1:07.94 |
| 7. Gerrit Klaas van der Vaart | De Haaien | 1:09.90 | 198001551 | 1:08.68 | +0,81 | 31.53 | 1:08.68 |
| 8. Kars Luttk | DAW | 1:07.07 | 197800675 | 1:09.25 | +0,78 | 31.06 | 1:09.25 |
| 9. Harm Jan Otter | De Zandstuve | 1:08.73 | 198101283 | 1:09.73 | +0,91 | 33.04 | 1:09.73 |
| 10. Simon van Ravesteijn | WVZ | 1:08.23 | 198002263 | 1:10.74 | +0,84 | 33.83 | 1:10.74 |
| 11. Michel Wigbers | DWT | 1:18.60 | 198001743 | 1:11.92 | +0,88 | 33.37 | 1:11.92 |
| 12. Bas Overbosch | Het Y | 1:14.60 | 197700737 | 1:13.71 | +0,88 | 35.06 | 1:13.71 |
| AFGEM Hans Cligge | De Futen | 1:15.28 | 198100315 | | | | |

Masters 40+

| | | | | | | | |
|---------------------|--------------|---------|-----------|----------------|-------|-------|---------|
| 1. John Cobussen | De Gelenberg | 1:10.21 | 197501323 | 1:07.88 | +0,75 | 30.92 | 1:07.88 |
| 2. Kelvin Isselt | RZ | 1:13.54 | 197601119 | 1:09.69 | +0,76 | 31.99 | 1:09.69 |
| 3. Roger Flinterman | WVZ | 1:11.57 | 197601261 | 1:11.32 | +0,92 | 31.42 | 1:11.32 |
| 4. Johan Wezenberg | Swol 1894 | 1:15.68 | 197601023 | 1:15.79 | +1,03 | 35.45 | 1:15.79 |
| 5. Arnoud van Royen | TriVia | 1:21.24 | 197201515 | 1:26.04 | +0,85 | 39.27 | 1:26.04 |

Programmanr. 25, Heren, 100m wisselslag

Masters 45+

| | | | | | | | |
|-----------------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Harry Cornet | De Biesboschzwemmers | 1:02.85 | 197100175 | 1:02.88 | +0,75 | 30.58 | 1:02.88 |
| 2. Marcel van Winssen | De Gelenberg | 1:05.46 | 197101477 | 1:05.04 | +0,78 | 30.67 | 1:05.04 |
| 3. Glen le Clercq | De Rog | 1:04.73 | 196800177 | 1:05.76 | +0,70 | 30.96 | 1:05.76 |
| 4. Harold Matla | PSV | 1:07.37 | 196800591 | 1:08.82 | +0,91 | 34.18 | 1:08.82 |
| 5. Pieter van Gemeren | DAW | 1:09.67 | 196901779 | 1:09.40 | +0,77 | 31.23 | 1:09.40 |
| 6. Martin Kaptein | DWK | 1:10.12 | 196701677 | 1:09.66 | +0,80 | 32.03 | 1:09.66 |
| 7. Guido Keutgen | AZC | 1:09.96 | 196801551 | 1:10.85 | +0,84 | 32.38 | 1:10.85 |
| 8. Jos Wensink | WS Twente | 1:11.43 | 196901719 | 1:10.95 | +0,77 | 32.73 | 1:10.95 |
| 9. Paul Jurcka | WS Twente | 1:10.37 | 196901599 | 1:12.25 | +0,84 | 32.45 | 1:12.25 |
| 10. Richard Rickson | NIMO | 1:06.21 | 197000841 | 1:12.46 | +0,78 | 35.40 | 1:12.46 |
| 11. Roeland van der Heijden | PSV | 1:16.77 | 196701389 | 1:13.07 | +0,83 | 34.48 | 1:13.07 |
| 12. Jeroen den Boer | TRB-RES | 1:13.31 | 196701475 | 1:14.26 | +0,84 | 32.97 | 1:14.26 |
| 13. Jeroen Kort | DAW | 1:13.09 | 196801543 | 1:15.16 | +0,80 | 34.67 | 1:15.16 |
| 14. Danny Zulver | ZVVS | 1:16.63 | 196701617 | 1:18.34 | +0,65 | 34.87 | 1:18.34 |
| 15. Ferdinand Teitink | Montferland | 1:23.90 | 197001583 | 1:18.89 | +1,09 | 36.20 | 1:18.89 |
| 16. Marcel Brittijn | De Duinkickers | 1:18.46 | 196900159 | 1:18.91 | +0,75 | 36.64 | 1:18.91 |
| 17. Joop Weenink | WS Twente | 1:21.67 | 196801535 | 1:21.33 | +1,02 | 39.87 | 1:21.33 |
| DIS Rob Janssen | De Gelenberg | 1:15.67 | 197001467 | | | | |

RA - Swam more than 15 metres under water after start or turn

Masters 50+

| | | | | | | | |
|---------------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Kees-Jan van Overbeeke | WWV | 1:10.08 | 196200489 | 1:08.76 | +0,83 | 31.49 | 1:08.76 |
| 2. Hans Kwaks | De Krabben | 1:10.14 | 196400443 | 1:09.89 | +0,83 | 33.10 | 1:09.89 |
| 3. John Stokx | DAW | 1:10.89 | 196401341 | 1:11.63 | +0,78 | 33.20 | 1:11.63 |
| 4. Rene de Boer | DAW | 1:14.39 | 196400087 | 1:14.19 | +0,80 | 34.76 | 1:14.19 |
| 5. Theo Bakker | TriVia | 1:13.55 | 196401231 | 1:14.48 | +0,75 | 35.33 | 1:14.48 |
| 6. Rene de Jong | ZVVS | 1:14.36 | 196600351 | 1:15.86 | +0,90 | 36.75 | 1:15.86 |
| 7. Fred Heemstra | DAW | 1:12.96 | 196500357 | 1:16.54 | +0,86 | 34.30 | 1:16.54 |
| 8. Vadim Ezkov | Pregel | 1:18.34 | 10020 | 1:16.70 | +0,74 | 38.24 | 1:16.70 |
| 9. Henri Michels | De Amstel | 1:17.55 | 196501587 | 1:17.12 | +0,88 | 36.05 | 1:17.12 |
| 10. Peter Fölker | Aqua-Novio'94 | 1:14.18 | 196401021 | 1:17.34 | +0,69 | 37.18 | 1:17.34 |
| 11. Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 1:16.29 | 196501027 | 1:17.43 | +0,80 | 37.19 | 1:17.43 |
| 12. Eric Langhorst | De Rijn | 1:17.07 | 196200389 | 1:17.94 | +0,84 | 36.71 | 1:17.94 |
| 13. Jan Willem Nederveen | DWF | 1:17.70 | 196600541 | 1:18.79 | +0,99 | 36.83 | 1:18.79 |
| 14. Robert de Brauwer | De Duinkickers | 1:17.36 | 196401383 | 1:19.07 | +0,88 | 36.10 | 1:19.07 |
| 15. Freddy v.d. Veen | ZVVS | 1:17.60 | 196601161 | 1:19.60 | +0,97 | 36.28 | 1:19.60 |
| 16. Cees Kersten | De Rog | 1:23.96 | 196401435 | 1:19.91 | +0,73 | 37.86 | 1:19.91 |
| 17. Roy le Clercq | De Rog | 1:18.45 | 196401041 | 1:20.95 | +0,89 | 37.61 | 1:20.95 |
| 18. Mike Hartog | ZPB H&L Productions | 1:22.17 | 196601509 | 1:20.98 | +0,86 | 37.97 | 1:20.98 |
| 19. Richard Tiemstra | De Biesboschzwemmers | 1:20.62 | 196301397 | 1:21.72 | +0,95 | 38.18 | 1:21.72 |
| 20. Jack Barends | WS Twente | 1:21.03 | 196201011 | 1:21.82 | +0,94 | 39.25 | 1:21.82 |
| 21. Willem Jannink | Swol 1894 | 1:23.10 | 196500423 | 1:22.11 | +0,76 | 37.70 | 1:22.11 |
| 22. Wout van Dijk | DBD | 1:22.23 | 196200145 | 1:22.81 | +0,91 | 40.33 | 1:22.81 |
| 23. Willem Jan Ribberink | WIDEX GZC DONK | 1:28.74 | 196501327 | 1:27.54 | +0,85 | 45.12 | 1:27.54 |

Masters 55+

| | | | | | | | |
|--------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Albert Boonstra | Aqua-Novio'94 | 1:07.42 | 195700425 | 1:08.18 | +0,77 | 32.18 | 1:08.18 |
| 2. Ronald Grove | Oceanus | 1:14.35 | 196100161 | 1:12.23 | +0,74 | 34.19 | 1:12.23 |
| 3. Arlandas Juodeska | Kauno Takas | 1:13.58 | | 1:13.84 | +0,74 | 34.55 | 1:13.84 |
| 4. Adrian Ortiz Buitrago | WIDEX GZC DONK | 1:17.04 | 196000931 | 1:18.09 | +0,75 | 36.47 | 1:18.09 |
| 5. Wim de Lange | AZC | 1:23.79 | 195800533 | 1:18.75 | +0,91 | 37.17 | 1:18.75 |

Masters 60+

| | | | | | | | |
|---------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Henk Slomp | Inktvis-De Pinquin (SG) | 1:19.31 | 195500359 | 1:19.45 | +0,87 | 36.70 | 1:19.45 |
| 2. Laurens Klein Breteler | WWV | 1:24.20 | 195400109 | 1:24.80 | +0,92 | 40.21 | 1:24.80 |
| 3. Wim Scherpenisse | UZSC | 1:33.80 | 195500447 | 1:35.52 | +1,17 | 42.10 | 1:35.52 |

Programmanr. 25, Heren, 100m wisselslag

Masters 65+

| | | | | | | | |
|-------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Ale van Veen | HPC | 1:14.68 | 194900159 | 1:19.47 | +0,82 | 36.69 | 1:19.47 |
| 2. Piet Schop | De Bevelanders | 1:20.04 | 195000109 | 1:21.93 | +0,69 | 38.38 | 1:21.93 |
| 3. Veniamin Zhitlovskiy | Poseidon | 1:23.12 | 101753 | 1:22.62 | +0,93 | 39.55 | 1:22.62 |
| 4. Jaap Kwakkel | DAW | 1:28.38 | 194700157 | 1:31.05 | +0,90 | 40.30 | 1:31.05 |
| 5. Vladimir Abrosimov | Meshera | 1:30.29 | | 1:31.55 | +1,12 | 41.92 | 1:31.55 |

Masters 70+

| | | | | | | | |
|------------------|------|---------|-----------|----------------|-------|-------|---------|
| 1. Theo Schouten | WWV | 1:34.29 | 194600161 | 1:29.46 | +0,99 | 41.99 | 1:29.46 |
| 2. Willem Putter | ZVVS | 1:30.24 | 194500135 | 1:32.92 | +0,97 | 44.87 | 1:32.92 |

Masters 75+

| | | | | | | | |
|--------------------------|-------------------|---------|--|----------------|-------|-------|---------|
| 1. J. Canales de Mendoza | R.C. Mediterraneo | 1:21.94 | | 1:24.41 | +0,89 | 38.06 | 1:24.41 |
| 2. Pavelas Bezzubovas | Kauno Takas | 1:50.42 | | 1:56.59 | +1,16 | 55.41 | 1:56.59 |

Programmanr. 26
23-01-2016 - 15:30

Dames, 100m wisselslag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|------------------------------|-------------------------|-------------------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | |
| 1. Yvon Versteeg | De Veene | 1:06.03 199201864 | 1:06.92 | +0,75 | 31.37 | 1:06.92 |
| 2. Maud Hoofs | The Hague Swimming (SG) | 1:06.41 199501206 | 1:07.04 | +0,66 | 31.23 | 1:07.04 |
| 3. Kim Loeffen | Merlet | 1:06.42 199403432 | 1:08.76 | +0,88 | 32.04 | 1:08.76 |
| 4. Aniek Resink | DIO | 1:10.10 199500738 | 1:09.23 | +0,68 | 31.61 | 1:09.23 |
| 5. Henriette ten Bokkel | NDD | 1:09.13 199402764 | 1:09.71 | +0,85 | 31.84 | 1:09.71 |
| 6. Carmen Seesing | NDD | 1:19.50 199406220 | 1:09.93 | +0,76 | 31.39 | 1:09.93 |
| 7. Karin Groen | Nova | 1:10.67 199502440 | 1:10.54 | +0,66 | 31.78 | 1:10.54 |
| 8. Merel van der Kieft | EZC | 1:13.05 199200920 | 1:10.86 | +0,68 | 30.71 | 1:10.86 |
| 9. Janine de Groot | Nova | 1:13.79 199500092 | 1:11.34 | +0,80 | 33.20 | 1:11.34 |
| 10. Whitney van Hoeckel | DIO | 1:10.38 199402390 | 1:11.42 | +0,74 | 32.86 | 1:11.42 |
| 11. Heleen Arends | TriVia | 1:13.26 199404416 | 1:12.36 | +0,87 | 33.19 | 1:12.36 |
| 12. Karin Verbeek | Nautilus | 1:13.46 199201848 | 1:12.58 | +0,74 | 33.96 | 1:12.58 |
| 13. Suzanne Lange | De Zwoer | 1:15.11 199202998 | 1:13.36 | +0,76 | 34.85 | 1:13.36 |
| 14. Eline van Gemert | De Meer | 1:14.44 199505458 | 1:13.40 | +0,67 | 34.63 | 1:13.40 |
| 15. Larissa Jansen | De Bevelanders | 1:12.37 199500660 | 1:13.78 | +0,79 | 33.87 | 1:13.78 |
| 16. Seline Koek | LZ 1886 | 1:14.68 199400622 | 1:13.84 | +0,82 | 35.23 | 1:13.84 |
| 17. Lianne Molkenboer | EZC | 1:12.91 199602034 | 1:13.92 | +0,78 | 31.98 | 1:13.92 |
| 18. Karen Stolk | TriVia | 1:10.31 199403950 | 1:14.01 | +0,78 | 32.95 | 1:14.01 |
| 19. Vera van den Oord | Nautilus | 1:12.79 199405432 | 1:14.21 | +0,76 | 33.03 | 1:14.21 |
| 20. Marte Stoorvogel | De Rijn | 1:12.38 199501408 | 1:14.33 | +0,90 | 35.59 | 1:14.33 |
| 21. Nikki Hoogeboom | De IJsel | 1:14.76 199301196 | 1:14.73 | +0,82 | 34.07 | 1:14.73 |
| 22. Denise van Zetten | Octopus | 1:17.13 199600932 | 1:15.09 | +0,80 | 34.53 | 1:15.09 |
| 23. Chantal van der Horst | De Meer | 1:13.81 199400616 | 1:15.47 | +0,77 | 37.18 | 1:15.47 |
| 24. Debby Kraaijeveld | DWF | 1:14.78 199601358 | 1:17.51 | +0,79 | 34.35 | 1:17.51 |
| 25. Denise Otjes | Aquarius | 1:17.45 199601378 | 1:18.29 | +0,79 | 35.34 | 1:18.29 |
| 26. Alma Janssen | Van Vliet-Barracuda | 1:20.73 199401078 | 1:18.33 | +0,93 | 36.07 | 1:18.33 |
| 27. Ramona Noordermeer | ZVVS | 1:19.07 199401746 | 1:18.46 | +0,81 | 38.15 | 1:18.46 |
| 28. Rebecca Evers | ZOB'66 | 1:18.16 199207916 | 1:19.12 | +0,85 | 36.49 | 1:19.12 |
| 29. Mariëtte Bulman | ZC Aquadream | 1:24.55 199506846 | 1:20.21 | +0,62 | 36.44 | 1:20.21 |
| 30. Lieke Janssen | NIMO | 1:22.52 199305954 | 1:22.05 | +0,91 | 37.44 | 1:22.05 |
| 31. Nieske Janssen | NIMO | 1:23.06 199601328 | 1:22.47 | +0,82 | 39.40 | 1:22.47 |
| 32. Daphne Meijer | Montferland | 1:21.54 199303850 | 1:22.79 | +1,00 | 38.13 | 1:22.79 |
| 33. Rebecca van Eeren | SCOM | 1:22.47 199306910 | 1:23.53 | +0,81 | 37.37 | 1:23.53 |
| 34. Anne Aarts | Aqua-Novio'94 | 1:20.75 199207942 | 1:24.16 | +0,73 | 38.25 | 1:24.16 |
| 35. Daniëlle de Klein | DWF | 1:25.81 199404786 | 1:28.24 | +0,87 | 40.92 | 1:28.24 |
| AFGEM Krista Kostwinder | SCOM | 1:13.17 199401058 | | | | |
| AFGEM Anouchka Hoogstraten | De Veene | 1:20.92 199600824 | | | | |
| AFGEM Tessa Mol | De Rijn | 1:12.04 199501396 | | | | |
| AFGEM Cynthia-Maria de Galan | Vereniging Swimcademy | 1:13.14 199203416 | | | | |

Programmanr. 26, Dames, 100m wisselslag

Masters 25+

| | | | | | | | |
|-------------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Jolanda Post | DIO | 1:07.00 | 199004848 | 1:08.23 | +0,69 | 31.63 | 1:08.23 |
| 2. Jacyntha Plat | De Golfbreker | 1:08.52 | 199002956 | 1:08.63 | +0,70 | 31.76 | 1:08.63 |
| 3. Aniek Huijsman | De Lansingh | 1:10.19 | 198801932 | 1:09.92 | +0,72 | 32.23 | 1:09.92 |
| 4. Charlotte Groeneveld | UZSC | 1:08.18 | 198701404 | 1:10.00 | +0,77 | 31.61 | 1:10.00 |
| 5. Chantal Meyerink | De Grunte | 1:13.34 | 199105212 | 1:10.57 | +0,73 | 32.86 | 1:10.57 |
| 6. Sabine Lina | ZPC Woerden | 1:09.30 | 198902680 | 1:11.82 | +0,73 | 32.66 | 1:11.82 |
| 7. Isabelle Massar | WVZ | 1:10.68 | 199102034 | 1:13.32 | +0,78 | 33.69 | 1:13.32 |
| 8. Tonny Klop-Methorst | De Biesboschzwemmers | 1:11.61 | 198802998 | 1:13.56 | +0,83 | 34.16 | 1:13.56 |
| 9. Nienke van Stipriaan | PSV | 1:14.87 | 198703970 | 1:13.94 | +0,92 | 34.09 | 1:13.94 |
| 10. Charlotte Six | CNSW | 1:16.32 | 003821/88 | 1:16.00 | +0,92 | 36.08 | 1:16.00 |
| 11. Evelien Terpstra | EZC | 1:17.12 | 199005654 | 1:16.44 | +0,75 | 34.47 | 1:16.44 |
| 12. Myrthe Talsma | De Golfbreker | 1:13.93 | 199106844 | 1:17.11 | +0,82 | 34.78 | 1:17.11 |
| 13. Joyce Raemaekers | Budel | 1:17.95 | 199106106 | 1:17.79 | +0,76 | 34.48 | 1:17.79 |
| 14. Laura Lutjes | WS Twente | 1:16.19 | 199002424 | 1:18.88 | +0,80 | 35.44 | 1:18.88 |
| 15. Lindsey Hol | De Meer | 1:17.73 | 199008088 | 1:19.96 | +0,74 | 35.57 | 1:19.96 |
| 16. Wendy Mets | De Lansingh | 1:20.12 | 199105176 | 1:20.81 | +0,70 | 38.63 | 1:20.81 |
| 17. Christa Stam | RSW (SG) | 1:21.32 | 198806790 | 1:21.01 | +0,86 | 37.33 | 1:21.01 |
| 18. Eline Schoenmaker | Zwemlust-den Hommel | 1:22.27 | 199003322 | 1:21.36 | +0,67 | 37.32 | 1:21.36 |
| 19. Miriam Visserman | Octopus | 1:23.82 | 198704364 | 1:21.69 | +0,72 | 37.20 | 1:21.69 |
| 20. Esther van Maastricht | Montferland | 1:16.83 | 198802836 | 1:21.97 | +0,84 | 37.84 | 1:21.97 |
| 21. Whitley Rens | MGO (SG) | 1:23.43 | 199007520 | 1:22.48 | +0,75 | 36.67 | 1:22.48 |
| 22. Jacqueline van den Beukel | Zwemvereniging Westland | 1:20.04 | 199100238 | 1:22.52 | +0,83 | 35.02 | 1:22.52 |
| 23. Melina Dejonckheere | CNSW | 1:19.10 | 001610/91 | 1:22.83 | +0,94 | 39.89 | 1:22.83 |
| 24. Chantal Hendriks | De Rijn | 1:22.55 | 198907130 | 1:23.01 | +0,82 | 38.32 | 1:23.01 |
| 25. Tessa Verheijdt | WVZ | 1:22.85 | 198904290 | 1:23.19 | +0,79 | 39.15 | 1:23.19 |
| 26. Julie Thomassen | Merlet | 1:20.00 | 198804278 | 1:23.75 | +0,92 | 37.77 | 1:23.75 |
| 27. Annebeth van Ark | Octopus | 1:25.11 | 198805588 | 1:24.87 | +0,86 | 38.84 | 1:24.87 |
| 28. Elodie Siroen | Merlet | 1:24.01 | 199003414 | 1:27.41 | +0,75 | 40.82 | 1:27.41 |
| 29. Manouk Ticheler | De Duinkickers | 1:28.15 | 198705416 | 1:28.80 | +0,82 | 38.78 | 1:28.80 |
| AFGEM Kirsten Oosterhuis | Eemsrobber | 1:13.33 | 198903136 | | | | |
| AFGEM Tara Keijzer | Steenwijk 1934 | 1:23.50 | 199108498 | | | | |

Masters 30+

| | | | | | | | |
|-------------------------|---------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marije Jansen | Aquarijn | 1:11.49 | 198504088 | 1:10.96 | +0,69 | 31.58 | 1:10.96 |
| 2. Nadya Putter | ZVVS | 1:10.32 | 198301630 | 1:11.46 | +0,74 | 32.89 | 1:11.46 |
| 3. A. Reefhuis-de Vries | WS Twente | 1:15.08 | 198603908 | 1:17.12 | +0,72 | 36.68 | 1:17.12 |
| 4. Sandra Zwaanswijk | DAW | 1:15.82 | 198503934 | 1:17.19 | +0,71 | 35.91 | 1:17.19 |
| 5. Auke de Lange | AZC | 1:15.14 | 198602226 | 1:17.92 | +0,87 | 36.36 | 1:17.92 |
| 6. Renee de Kok | PSV | 1:19.10 | 198403350 | 1:18.54 | +0,73 | 36.51 | 1:18.54 |
| 7. Sandra Pannekeet | DAW | 1:16.83 | 198403458 | 1:19.00 | +0,75 | 35.98 | 1:19.00 |
| 8. Margriet Aan het Rot | Octopus | 1:25.20 | 198603088 | 1:25.48 | +0,83 | 40.53 | 1:25.48 |
| 9. Carola Jacobs | Triton Putten | 1:31.38 | 198504176 | 1:30.21 | +0,75 | 43.16 | 1:30.21 |
| AFGEM Laura Badoux | DAW | 1:17.78 | 198200038 | | | | |

Masters 35+

| | | | | | | | |
|----------------------|---------------|---------|-----------|----------------|-------|-------|---------|
| 1. Anke Lambooj | De Vliet (SG) | 1:14.47 | 198001182 | 1:13.97 | +0,80 | 34.30 | 1:13.97 |
| 2. Angela Koekkoek | Triton | 1:19.06 | 197901516 | 1:15.89 | +0,85 | 33.97 | 1:15.89 |
| 3. Chantal Verhoeff | Old Dutch | 1:20.73 | 197900912 | 1:19.45 | +0,88 | 36.37 | 1:19.45 |
| 4. Jolanda van Gendt | PSV | 1:20.99 | 197800266 | 1:19.98 | +0,80 | 36.97 | 1:19.98 |
| 5. Petra Verstegen | WVZ | 1:19.90 | 197700906 | 1:21.07 | +0,88 | 37.16 | 1:21.07 |
| 6. Patricia Vos | TRB-RES | 1:21.86 | 198001730 | 1:22.05 | +0,80 | 36.54 | 1:22.05 |
| 7. Kirsten Savelberg | AZC | 1:21.65 | 197901192 | 1:23.53 | +0,73 | 38.69 | 1:23.53 |

Masters 40+

| | | | | | | | |
|----------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Gudule van der Meer | PSV | 1:10.93 | 197200396 | 1:10.93 | +0,76 | 32.11 | 1:10.93 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Edith Janssen-Koolen | TRB-RES | 1:14.12 | 197300898 | 1:12.60 | +0,72 | 33.77 | 1:12.60 |
| 3. Nadège van Meeteren | De Meer | 1:16.90 | 197400736 | 1:17.34 | +0,81 | 36.41 | 1:17.34 |
| 4. J. de Ruiter-Wijnolst | WIDEX GZC DONK | 1:17.46 | 197400446 | 1:20.29 | +0,92 | 36.81 | 1:20.29 |
| 5. Yulia Trofimova | Black Sepia | 1:21.62 | 034010 | 1:21.48 | +0,78 | 38.97 | 1:21.48 |
| 6. Tina Renken | ZPC AMERSFOORT | 1:25.86 | 197200800 | 1:26.36 | +0,91 | 40.10 | 1:26.36 |

Programmanr. 26, Dames, 100m wisselslag, Masters 40+

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|---|------------|-------------------|----------------|-------|-------|---------|
| 7. Christa Verploeg | De Meer | 1:27.34 197400896 | 1:27.18 | +0,75 | 39.91 | 1:27.18 |
| 8. Evelien Naatje | WS Twente | 1:36.07 197200838 | 1:33.07 | +0,99 | 44.64 | 1:33.07 |
| 9. Ursula Spoelstra-de Groot | WS Twente | 1:34.07 197200952 | 1:34.57 | +0,93 | 43.66 | 1:34.57 |
| DIS Sandra Peeters-Wiermans | De Rog | 1:23.76 197401032 | | | | |
| <i>SS - Touched turn or finish with hands over each other</i> | | | | | | |
| AFGEM Ilona Hogerheyde | DAW | 1:15.78 197400224 | | | | |

Masters 45+

| | | | | | | |
|--|--------------------------|-------------------|----------------|-------|-------|---------|
| 1. Marjo Goelema-Koek | De Biesboschzwemmers | 1:14.74 196900192 | 1:15.74 | +0,77 | 36.28 | 1:15.74 |
| 2. Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | 1:15.73 197000054 | 1:16.11 | +0,90 | 35.20 | 1:16.11 |
| 3. Annette de Visser | Oceanus | 1:17.49 197100602 | 1:17.30 | +0,84 | 37.41 | 1:17.30 |
| 4. Caroline Schreuder | Triton | 1:20.99 196700550 | 1:21.61 | +0,79 | 38.05 | 1:21.61 |
| 5. Peggi Hurenkamp | HZ&PC Heerenveen | 1:26.48 196900922 | 1:28.47 | +0,80 | 41.71 | 1:28.47 |
| 6. Antoinette Kant | Den Doorn | 1:26.65 196900920 | 1:29.87 | +0,95 | 41.23 | 1:29.87 |
| 7. Nathasja Konijn | WIDEX GZC DONK | 1:32.33 197100992 | 1:32.01 | +0,84 | 42.93 | 1:32.01 |
| 8. Pauline Tromp-de Lang | ZZ&PC De Devel | 1:41.52 197001032 | 1:34.84 | +0,81 | 43.95 | 1:34.84 |
| 9. Roselinda van der Vlucht | Zwemvereniging Woestduin | 1:39.97 196700710 | 1:35.70 | +1,08 | 44.36 | 1:35.70 |
| 10. Greta Wyma-Teitsma | DWK | 1:34.87 197100696 | 1:38.68 | +1,02 | 46.83 | 1:38.68 |
| DIS Miriam Stevens | Budel | 1:34.28 196900988 | | | | |
| <i>AA - Started before the starting signal</i> | | | | | | |
| AFGEM Tanya Lybarskaya | SCOM | 1:21.92 197101000 | | | | |
| AFGEM Alexandra de Jong | HPC | 1:16.13 196900926 | | | | |

Masters 50+

| | | | | | | |
|---|-------------------------|-------------------|----------------|-------|-------|---------|
| 1. Katrien Delaender | BZK | 1:13.61 20525/66 | 1:14.93 | +0,77 | 35.62 | 1:14.93 |
| <i>Kampioenschaps Record, Belgisch Masters Record</i> | | | | | | |
| 2. Marjan Remmits-De Lange | ZPC Woerden | 1:15.86 196300518 | 1:15.71 | +0,71 | 35.94 | 1:15.71 |
| 3. Carla Mol | ZPCH | 1:22.08 196600244 | 1:21.27 | +0,90 | 37.46 | 1:21.27 |
| 4. Jacqueline Rolloos-Bakkers | De Lansingh | 1:19.78 196300222 | 1:22.87 | +1,00 | 37.71 | 1:22.87 |
| 5. Annemarie Vuist | Swol 1894 | 1:26.11 196300282 | 1:25.42 | +0,96 | 40.64 | 1:25.42 |
| 6. Feikje Wittermans | WIDEX GZC DONK | 1:25.09 196400408 | 1:25.82 | +0,87 | 39.28 | 1:25.82 |
| 7. Sandra Hoofs-Buil | The Hague Swimming (SG) | 1:25.67 196600678 | 1:29.93 | +0,82 | 41.96 | 1:29.93 |
| 8. Anita Steijger | WVZ | 1:34.88 196500628 | 1:34.18 | +1,09 | 44.43 | 1:34.18 |
| 9. Gonnje Paas | ZVVS | 1:32.36 196200418 | 1:35.16 | +0,87 | 45.94 | 1:35.16 |
| AFGEM Ellen Parma | Triton | 1:36.90 196200366 | | | | |

Masters 55+

| | | | | | | |
|---|----------------|-------------------|----------------|-------|-------|---------|
| 1. Marijke Kraak-Beckers | WS Twente | 1:24.64 196000240 | 1:23.46 | +0,84 | 39.81 | 1:23.46 |
| 2. Olga Kedrova | Poseidon | 1:26.49 037010 | 1:24.24 | +0,90 | 39.44 | 1:24.24 |
| 3. Mathilde Vink | Swol 1894 | 1:24.18 195800128 | 1:26.49 | +0,94 | 40.22 | 1:26.49 |
| 4. Patty Verhagen | PSV | 1:24.92 195900146 | 1:27.55 | +0,90 | 40.60 | 1:27.55 |
| 5. Jennie Resink-Lindeboom | DWK | 1:37.91 196000142 | 1:37.17 | +0,99 | 46.94 | 1:37.17 |
| 6. Lia Bijkerk | WIDEX GZC DONK | 1:41.37 196000014 | 1:43.11 | +0,97 | 48.40 | 1:43.11 |
| DIS Petra Tossings | DAW | 1:23.40 196100376 | | | | |
| <i>RH - Did not touch finish in back position</i> | | | | | | |

Masters 60+

| | | | | | | |
|--------------------------------|-------------------------|-------------------|----------------|-------|-------|---------|
| 1. Atie Pijtak-Radersma | ZPC AMERSFOORT | 1:21.73 195600048 | 1:19.05 | +0,77 | 36.90 | 1:19.05 |
| <i>Europees Masters Record</i> | | | | | | |
| 2. Patty Krupiarz | PLONS | 1:34.82 195400074 | 1:37.74 | +0,81 | 44.60 | 1:37.74 |
| 3. Carla Hensen | PSV | 1:38.23 195300062 | 1:41.87 | +1,06 | 46.37 | 1:41.87 |
| 4. Tineke Brouwer-Maat | Zwemvereniging Westland | 1:45.76 195300074 | 1:42.38 | +1,05 | 48.59 | 1:42.38 |

Masters 65+

| | | | | | | |
|----------------------------------|-----------|-------------------|----------------|-------|-------|---------|
| 1. Christien Nieuwenhuis | Swol 1894 | 1:25.93 195100022 | 1:26.67 | +0,75 | 40.45 | 1:26.67 |
| <i>Nederlands Masters Record</i> | | | | | | |
| 2. Valentina Ulybysheva | Poseidon | 1:44.72 037036 | 1:46.05 | +0,90 | 48.94 | 1:46.05 |
| AFGEM Conny Boer-Buys | ZVVS | 1:31.73 195000006 | | | | |

Programmanr. 26, Dames, 100m wisselslag

Masters 70+

| | | | | | | | |
|-----------------------------|----------------|---------|-----------|----------------|-------|---------|---------|
| 1. A. Verhoeven - Steggerda | De Duinkickers | 2:02.03 | 194600024 | 1:58.08 | +1,01 | 59.84 | 1:58.08 |
| 2. Matty van der Veen | Old Dutch | 2:03.46 | 194400020 | 2:04.99 | +1,21 | 1:05.16 | 2:04.99 |

Programmanr. 27
23-01-2016 - 16:15

Heren, 200m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|----------------------|---------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. Christiaan Zwaal | MSV-Zeemacht | 199503881 | 1:58.57 | +0,70 | | 26.87 | 56.63 | 1:27.62 | 1:58.57 |
| 2. Coen de Bruijn | Hieronymus | 199205151 | 1:59.58 | +0,71 | | 26.63 | 57.15 | 1:28.35 | 1:59.58 |
| 3. Auke Koops | De Zwoer | 199502455 | 2:05.31 | +0,74 | | 28.16 | 1:01.01 | 1:33.51 | 2:05.31 |
| 4. Niels Versteeg | De Ward | 199502697 | 2:07.01 | +0,73 | | 28.24 | 1:00.23 | 1:33.94 | 2:07.01 |
| 5. Thijs van den End | ZPC Woerden | 199306803 | 2:07.10 | +0,96 | 821 | 28.62 | 1:00.56 | 1:33.76 | 2:07.10 |
| 6. Hans Stoffers | Triton Putten | 199604027 | 2:12.22 | +0,70 | | 29.72 | 1:03.30 | 1:38.48 | 2:12.22 |
| 7. Thijs de Vos | De Rijn | 199600675 | 2:19.14 | +0,67 | | 29.73 | 1:04.54 | 1:42.34 | 2:19.14 |

Masters 25+

| | | | | | | | | | |
|----------------------------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Kevin Eltink | DWK | 199100589 | 1:52.53 | +0,78 | | 25.64 | 53.89 | 1:23.01 | 1:52.53 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. Erik Simons | d'ELFT WAVE (SG) | 198902845 | 1:54.29 | +0,74 | | 26.12 | 55.11 | 1:24.49 | 1:54.29 |
| 3. Tim Bunnik | Triton | 199000505 | 2:03.42 | +0,78 | | 27.16 | 58.48 | 1:30.91 | 2:03.42 |
| 4. Bart Kiesewetter | TRB-RES | 199101203 | 2:05.66 | +0,73 | | 28.26 | 59.81 | 1:33.33 | 2:05.66 |
| 5. Patrick Creemers | RZ | 199000579 | 2:05.89 | +0,70 | | 28.56 | 1:00.65 | 1:33.83 | 2:05.89 |
| 6. Juan Vinagre Sendino | CNSW | 005255/90 | 2:08.02 | +0,83 | | 28.14 | 1:00.28 | 1:34.31 | 2:08.02 |
| 7. Joost Schasfoort | De Dinkel | 199002649 | 2:18.67 | +0,69 | | 31.05 | 1:05.93 | 1:42.76 | 2:18.67 |
| 8. Patrick Holthuisen | d'ELFT WAVE (SG) | 199107681 | 2:19.37 | +0,63 | | 30.43 | 1:04.07 | 1:40.87 | 2:19.37 |
| 9. Mark Godwaldt | PSV | 198701039 | 2:21.90 | +0,80 | | 31.26 | 1:06.53 | 1:44.26 | 2:21.90 |
| 10. Patrick de Jonge | ZPC Woerden | 198906635 | 2:24.51 | +0,81 | | 30.93 | 1:06.05 | 1:44.42 | 2:24.51 |
| 11. Eric Kalee | Zwemvereniging Hoogland | 199005307 | 2:29.06 | +0,98 | | 33.14 | 1:10.80 | 1:50.42 | 2:29.06 |
| 12. Dennis Kraakman | DAW | 198705325 | 2:31.97 | +0,65 | | 32.92 | 1:11.27 | 1:52.17 | 2:31.97 |
| AFGEM Klaas van Beek | ZV Haerlem | 198805941 | | | | | | | |
| AFGEM Alex Schelvis | LZ 1886 | 198702927 | | | | | | | |

Masters 30+

| | | | | | | | | | |
|-----------------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Erik Schröder | TriVia | 198402025 | 2:01.38 | +0,83 | | 27.60 | 57.96 | 1:29.92 | 2:01.38 |
| 2. Kristiaan Lenos | LZ 1886 | 198301331 | 2:01.86 | +0,73 | | 27.00 | 57.21 | 1:29.29 | 2:01.86 |
| 3. Jim Geestman | RSW (SG) | 198300699 | 2:06.56 | +0,82 | | 28.30 | 1:00.03 | 1:33.24 | 2:06.56 |
| 4. Tim van den Berg | MNC Dordrecht | 198500157 | 2:11.34 | +0,75 | | 30.28 | 1:03.78 | 1:37.85 | 2:11.34 |
| 5. Sebastiaan Baars | WS Twente | 198300053 | 2:24.28 | +0,94 | | 32.58 | 1:09.26 | 1:47.28 | 2:24.28 |
| AFGEM Dennis Kuipers | Inktvis-De Pinquin (SG) | 198601787 | | | | | | | |
| AFGEM Rob van Wanrooy | Gay Swim Amsterdam | 198202627 | | | | | | | |

Masters 35+

| | | | | | | | | | |
|------------------------------|---------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Nol van Thull | d'ELFT WAVE (SG) | 198001513 | 1:57.69 | +0,90 | | 26.38 | 55.69 | 1:26.57 | 1:57.69 |
| <i>Kampioenschaps Record</i> | | | | | | | | | |
| 2. Evgeny Ryzhov | Sprut | 101628 | 2:04.64 | +0,89 | | 28.38 | 59.43 | 1:32.13 | 2:04.64 |
| 3. Ivo Roozeboom | WVZ | 197700801 | 2:05.88 | +0,77 | | 28.80 | 1:01.22 | 1:34.18 | 2:05.88 |
| 4. Mark Zwart | Zwemlust-den Hommel | 197901461 | 2:09.04 | +0,82 | | 28.90 | 1:01.40 | 1:34.97 | 2:09.04 |
| 5. Marcel Reefhuis | WS Twente | 198101381 | 2:09.25 | +0,75 | | 29.80 | 1:02.67 | 1:36.10 | 2:09.25 |
| 6. Freddie Geerlings | NIMO | 197900379 | 2:12.02 | +0,78 | | 30.43 | 1:03.35 | 1:37.63 | 2:12.02 |
| 7. Mark Hensen | Van Vliet-Barracuda | 197900497 | 2:13.66 | +0,81 | | 28.84 | 1:02.30 | 1:37.86 | 2:13.66 |
| 8. Heijmen van Vliet | Wiekslag | 198001637 | 2:13.75 | +0,73 | | 30.98 | 1:05.09 | 1:39.66 | 2:13.75 |
| 9. Stan Dekker | PLONS | 197901823 | 2:13.79 | +0,88 | | 30.71 | 1:04.35 | 1:39.39 | 2:13.79 |
| 10. Raymond Oosterbaan | WIDEX GZC DONK | 197700711 | 2:14.16 | +0,90 | | 30.35 | 1:04.84 | 1:39.68 | 2:14.16 |
| 11. Martijn Beglinger | Old Dutch | 197801869 | 2:16.07 | +0,81 | | 31.23 | 1:05.77 | 1:41.60 | 2:16.07 |
| 12. Michel Wigbers | DWT | 198001743 | 2:20.48 | +0,79 | | 31.68 | 1:06.72 | 1:43.34 | 2:20.48 |
| 13. Peter Eshuis | DBD | 198000375 | 2:23.03 | +0,78 | | 32.22 | 1:08.31 | 1:45.45 | 2:23.03 |

Programmanr. 27, Heren, 200m vrije slag, Masters 35+

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|------------------|-------------------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| 14. Rutger Stam | Zwemvereniging Hoogland | 198102463 | 2:24.46 | +0,83 | | 32.55 | 1:09.19 | 1:47.60 | 2:24.46 |
| 15. Steven Prins | PLONS | 197901833 | 2:25.88 | +0,76 | | 33.46 | 1:10.12 | 1:47.79 | 2:25.88 |

Masters 40+

| | | | | | | | | | |
|--------------------------|---------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. John Cobussen | De Gelsenberg | 197501323 | 2:08.21 | +0,74 | | 28.78 | 1:00.97 | 1:34.32 | 2:08.21 |
| 2. Joeri Stoffels | AZC | 197300851 | 2:09.22 | +0,86 | | 28.88 | 1:01.14 | 1:35.00 | 2:09.22 |
| 3. Alex Damen | DAW | 197501371 | 2:10.72 | +0,81 | | 29.96 | 1:03.58 | 1:37.63 | 2:10.72 |
| 4. Patrick Kers | Zoetermeer | 197200499 | 2:13.70 | +0,80 | | 30.22 | 1:02.78 | 1:37.50 | 2:13.70 |
| 5. Erik Lamers | De Gelsenberg | 197500507 | 2:17.79 | +0,70 | | 30.84 | 1:05.60 | 1:41.72 | 2:17.79 |
| 6. Casper van den Burgh | LZ 1886 | 197201413 | 2:18.89 | +0,80 | | 31.73 | 1:06.66 | 1:43.82 | 2:18.89 |
| 7. Erwin Zuidervelt | De Futen | 197501015 | 2:18.94 | +0,84 | | 30.76 | 1:05.68 | 1:42.38 | 2:18.94 |
| 8. Harold Brouwer | De Gelsenberg | 197201569 | 2:22.74 | +0,87 | | 31.81 | 1:07.98 | 1:45.89 | 2:22.74 |
| 9. Rogier Becker | De Dinkel | 197301439 | 2:25.77 | +0,84 | | 31.75 | 1:07.98 | 1:46.92 | 2:25.77 |
| 10. Roger Flinterman | WVZ | 197601261 | 2:28.81 | +0,97 | | 34.43 | 1:12.66 | 1:51.63 | 2:28.81 |
| 11. Wouter van der Stelt | Den Doorn | 197200889 | 2:29.12 | +0,75 | | 33.22 | 1:10.72 | 1:49.62 | 2:29.12 |
| 12. Mike Molenaar | Zoetermeer | 197201493 | 2:43.78 | +0,83 | | 37.27 | 1:18.86 | 2:02.79 | 2:43.78 |

Masters 45+

| | | | | | | | | | |
|----------------------------|---------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Glen le Clercq | De Rog | 196800177 | 2:05.15 | +0,74 | | 28.52 | 1:01.10 | 1:32.98 | 2:05.15 |
| 2. Jan Goossens | GZVN | 11003/68 | 2:06.08 | +0,59 | | 29.19 | 1:01.30 | 1:34.14 | 2:06.08 |
| 3. Arjan Bellaart | Het Y | 196900079 | 2:13.74 | +0,73 | | 29.74 | 1:03.34 | 1:38.46 | 2:13.74 |
| 4. Arno Hofmeijer | WS Twente | 196900409 | 2:17.18 | +0,92 | | 31.01 | 1:05.52 | 1:42.74 | 2:17.18 |
| 5. Frank v Nobelen | Sassenheim | 196900753 | 2:18.25 | +0,77 | | 31.55 | 1:06.40 | 1:42.44 | 2:18.25 |
| 6. Wiljo Mackus | Budel | 197101557 | 2:25.37 | +1,03 | | 31.67 | 1:08.23 | 1:47.26 | 2:25.37 |
| 7. Michel van Wingerden | DWK | 196701629 | 2:27.46 | +0,98 | | 32.58 | 1:09.07 | 1:47.99 | 2:27.46 |
| 8. Jean-Francois Folie | CNSW | 000285/69 | 2:30.10 | +1,00 | | 33.29 | 1:11.32 | 1:50.77 | 2:30.10 |
| AFGEM Roland Klein-Bölting | Bocholter WSV | 74076 | | | | | | | |

Masters 50+

| | | | | | | | | | |
|---------------------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Edwin v. Norden | ZPC AMERSFOORT | 196300563 | 2:08.26 | +0,69 | | 29.52 | 1:02.51 | 1:35.79 | 2:08.26 |
| 2. Johan Remmits | ZPC Woerden | 196201159 | 2:08.98 | +0,83 | | 29.42 | 1:02.46 | 1:35.92 | 2:08.98 |
| 3. Jan Brink | ZPC De Zeeuwse Kust | 196200091 | 2:09.19 | +0,76 | | 29.08 | 1:02.10 | 1:35.89 | 2:09.19 |
| 4. Bob de Vries | Aquapoldro | 196601101 | 2:10.91 | +0,79 | | 30.43 | 1:04.44 | 1:38.40 | 2:10.91 |
| 5. Sergey Makarychev | Poseidon | 037018 | 2:11.46 | +0,70 | | 31.55 | 1:04.95 | 1:38.72 | 2:11.46 |
| 6. Phil Trethewie | Old Dutch | 196501315 | 2:17.03 | +0,83 | | 31.59 | 1:05.60 | 1:41.12 | 2:17.03 |
| 7. Rob Spetter | De Rog | 196201239 | 2:18.31 | +0,67 | | 31.03 | 1:05.47 | 1:41.91 | 2:18.31 |
| 8. Rob Verheul | TRB-RES | 196601571 | 2:19.94 | +0,77 | | 31.40 | 1:06.28 | 1:42.79 | 2:19.94 |
| 9. Otto Jansen | LZ 1886 | 196501403 | 2:21.72 | +0,83 | | 31.00 | 1:06.33 | 1:44.13 | 2:21.72 |
| 10. Robin Prins | De Geul | 196200515 | 2:29.82 | +0,85 | | 33.27 | 1:11.37 | 1:50.78 | 2:29.82 |
| 11. Fred Dijkshoorn | Zwemvereniging Westland | 196501539 | 2:30.14 | +0,76 | | 33.38 | 1:11.68 | 1:51.95 | 2:30.14 |
| 12. Freddy v.d. Veen | ZVVS | 196601161 | 2:30.60 | +0,98 | | 33.53 | 1:10.77 | 1:50.33 | 2:30.60 |
| 13. Eric Langhorst | De Rijn | 196200389 | 2:31.82 | +1,01 | | 34.44 | 1:13.13 | 1:53.13 | 2:31.82 |
| 14. Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 196501027 | 2:33.19 | +0,82 | | 35.85 | 1:14.68 | 1:53.33 | 2:33.19 |
| 15. Jan Smalheer | SCOM | 196400701 | 2:34.06 | +0,94 | | 34.84 | 1:13.45 | 1:53.37 | 2:34.06 |
| 50m* | | | | | | | | | |
| 16. Ruud Kennis | Budel | 196501555 | 2:36.13 | +0,79 | | 34.00 | 1:12.66 | 1:54.97 | 2:36.13 |
| 17. Erik Saan | De Duck | 196500769 | 2:41.23 | +0,97 | | 33.86 | 1:14.13 | 1:57.02 | 2:41.23 |
| 18. Eric Tijms | OEZA | 196401125 | 2:45.23 | +0,93 | | 35.45 | 1:16.36 | 1:59.99 | 2:45.23 |
| 19. René Speelman | De Spatters | 196601521 | 2:47.17 | +0,84 | | 35.83 | 1:16.23 | 2:00.35 | 2:47.17 |
| AFGEM Gert Sikkema | ZIGNEA | 196300687 | | | | | | | |

Masters 55+

| | | | | | | | | | |
|------------------------|---------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Marten de Groot | HZ&PC Heerenveen | 195800149 | 2:10.68 | +0,79 | | 30.22 | 1:03.51 | 1:37.50 | 2:10.68 |
| 2. Arno Wouters | ZPC De Zeeuwse Kust | 195800667 | 2:17.75 | +0,88 | | 31.15 | 1:05.99 | 1:42.32 | 2:17.75 |
| 3. Ronald Grove | Oceanus | 196100161 | 2:19.35 | +0,79 | | 31.30 | 1:07.31 | 1:44.05 | 2:19.35 |
| 4. Lionel Godeaux | CNSW | 000217/60 | 2:21.33 | +0,70 | | 30.39 | 1:05.96 | 1:43.97 | 2:21.33 |
| 5. Ralph Caster | RZ | 196100069 | 2:28.97 | +0,75 | | 33.42 | 1:10.53 | 1:49.09 | 2:28.97 |
| 6. Wim Witjes | Aqua-Novio'94 | 195800483 | 2:32.35 | +0,78 | | 35.06 | 1:13.15 | 1:52.71 | 2:32.35 |
| 7. Wim de Lange | AZC | 195800533 | 2:35.08 | +0,91 | | 33.56 | 1:11.08 | 1:52.85 | 2:35.08 |
| 8. Ronald van Ginneken | Hieronymus | 196100827 | 2:37.07 | +0,91 | | 33.09 | 1:12.34 | 1:55.71 | 2:37.07 |

Programmanr. 27, Heren, 200m vrije slag, Masters 55+

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|---------------------|------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| 9. Jos Zentjens | Budel | 195700569 | 2:47.55 | +0,91 | | 36.12 | 1:16.94 | 2:02.08 | 2:47.55 |
| 10. Nico van Maanen | De Duck | 196100371 | 2:50.59 | +0,83 | | 36.05 | 1:19.58 | 2:07.01 | 2:50.59 |
| AFGEM Dirk Crok | OEZA | 195800547 | | | | | | | |

Masters 60+

| | | | | | | | | | |
|-----------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Hans Wijsman | PSV | 195500427 | 2:26.35 | +0,81 | | 32.75 | 1:09.23 | 1:48.17 | 2:26.35 |
| 2. Henk Slomp | Inktvis-De Pinquin (SG) | 195500359 | 2:33.22 | +0,90 | | 34.42 | 1:14.37 | 1:54.89 | 2:33.22 |

Masters 65+

| | | | | | | | | | |
|------------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Jos Kamps | Zwemvereniging Hoogland | 195100085 | 2:52.16 | +0,85 | | 37.41 | 1:21.44 | 2:07.46 | 2:52.16 |
| 2. Hilbert Prins | OEZA | 195100223 | 2:56.10 | +1,03 | | 40.53 | 1:24.45 | 2:10.83 | 2:56.10 |
| 3. Jaap Kwakkel | DAW | 194700157 | 3:07.77 | +0,93 | | 40.66 | 1:28.92 | 2:19.60 | 3:07.77 |
| 4. Ludwig Lorenz | SV Gladbeck 13 | 127866 | 3:08.01 | +1,00 | | 44.66 | 1:32.01 | 2:21.21 | 3:08.01 |
| 5. Mar van Geel | Old Dutch | 194700135 | 3:46.64 | +1,21 | | 47.51 | 1:43.47 | 2:44.89 | 3:46.64 |

Masters 70+

| | | | | | | | | | |
|-------------------------------|----------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Alexander Bashmakov | Poseidon | 037001 | 2:46.18 | +1,00 | | 39.24 | 1:21.81 | 2:04.92 | 2:46.18 |
| <i>Russian Masters Record</i> | | | | | | | | | |
| 2. Willem Putter | ZVVS | 194500135 | 2:54.81 | +0,93 | | 37.32 | 1:21.26 | 2:08.56 | 2:54.81 |
| 3. Geza Kaltenecker | AZC | 194200065 | 3:21.42 | +0,96 | | 42.61 | 1:35.41 | 2:29.65 | 3:21.42 |

Masters 75+

| | | | | | | | | | |
|-------------------------|----------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. F. Hendrik De Bruijn | CN Aquamasters | 0X0345415 | 2:59.07 | +1,21 | | 41.52 | 1:25.87 | 2:12.92 | 2:59.07 |
| 2. Frans van Enst | WS Twente | 194000011 | 3:03.50 | +1,09 | | 38.49 | 1:25.48 | 2:15.09 | 3:03.50 |
| 3. Nic Geers | Z&PC De Gouwe | 193800007 | 3:20.45 | +1,07 | | 47.77 | 1:40.07 | 2:32.29 | 3:20.45 |
| 4. Gregor Pompen | Aqua-Novio'94 | 193700021 | 3:37.56 | +1,14 | | 49.83 | 1:44.31 | 2:41.37 | 3:37.56 |

Masters 80+

| | | | | | | | | | |
|-------------|-----|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Bob Berg | PSV | 193300011 | 4:04.06 | +1,37 | | 50.29 | 1:55.66 | 3:02.66 | 4:04.06 |
|-------------|-----|-----------|----------------|-------|--|-------|---------|---------|---------|

Programmanr. 28
23-01-2016 - 16:54

Dames, 200m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|----------------------------------|-------------------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. Tamara Grove | De Dolfijn | 199601266 | 2:05.08 | +0,72 | | 29.05 | 1:01.23 | 1:33.17 | 2:05.08 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. Lindi Verkooijen | ZC Aquadream | 199503826 | 2:12.64 | +0,77 | | 30.54 | 1:03.92 | 1:38.37 | 2:12.64 |
| 3. Fraukje Puts | HZ&PC Heerenveen | 199206470 | 2:13.57 | +0,76 | | 31.21 | 1:05.43 | 1:39.30 | 2:13.57 |
| 4. Claudia den Ottelander | TRB-RES | 199500552 | 2:19.05 | +0,78 | | 31.37 | 1:05.74 | 1:41.94 | 2:19.05 |
| 5. Aylin van Uffelen | ZPB H&L Productions | 199600352 | 2:19.08 | +0,76 | | 32.28 | 1:07.48 | 1:43.46 | 2:19.08 |
| 6. Wendy de Bruin | ZOB'66 | 199206320 | 2:19.37 | +0,66 | | 31.61 | 1:06.43 | 1:43.24 | 2:19.37 |
| 7. Janine de Groot | Nova | 199500092 | 2:20.15 | +0,83 | | 31.72 | 1:07.24 | 1:43.93 | 2:20.15 |
| 8. Janet van der Poel | LZ 1886 | 199301842 | 2:20.38 | +0,71 | | 31.79 | 1:07.20 | 1:43.71 | 2:20.38 |
| 9. Seline Koek | LZ 1886 | 199400622 | 2:21.59 | +0,82 | | 31.07 | 1:06.27 | 1:43.43 | 2:21.59 |
| 10. Denise van Zetten | Octopus | 199600932 | 2:22.39 | +0,77 | | 31.85 | 1:07.92 | 1:45.79 | 2:22.39 |
| 11. Larissa Jansen | De Bevelanders | 199500660 | 2:22.50 | +0,82 | | 32.15 | 1:07.95 | 1:44.91 | 2:22.50 |
| 12. Eva Engelen | NDD | 199405514 | 2:22.75 | +0,70 | | 32.14 | 1:08.69 | 1:45.97 | 2:22.75 |
| 13. Amber Reijm | The Hague Swimming (SG) | 199405434 | 2:23.99 | +0,80 | | 33.50 | 1:10.84 | 1:48.10 | 2:23.99 |
| 14. Moniek Heemskerck | LZ 1886 | 199601964 | 2:24.07 | +0,73 | | 32.40 | 1:08.45 | 1:46.17 | 2:24.07 |
| 15. Charine de Ruiter | Steenwijk 1934 | 199403668 | 2:32.23 | +0,84 | | 35.19 | 1:13.65 | 1:53.34 | 2:32.23 |
| 16. Anne Aarts | Aqua-Novio'94 | 199207942 | 2:32.71 | +0,71 | | 35.22 | 1:13.98 | 1:53.31 | 2:32.71 |
| 17. Lieke Janssen | NIMO | 199305954 | 2:34.04 | +0,87 | | 34.45 | 1:13.99 | 1:54.52 | 2:34.04 |
| 18. Naomi van Gool | LZ 1886 | 199505166 | 2:34.95 | +0,79 | | 34.02 | 1:12.60 | 1:53.78 | 2:34.95 |
| 19. Ilse Blankvoort | Steenwijk 1934 | 199204458 | 2:39.13 | +0,87 | | 36.21 | 1:16.41 | 1:58.04 | 2:39.13 |
| NG.ZA Merel Toussaint | d'ELFT WAVE (SG) | 199203788 | | | | | | | |

Programmanr. 28, Dames, 200m vrije slag, Masters 20+

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|--------------------|------------|-----------|------|----|-----|-----|------|------|------|
| AFGEM Inge Koopman | ZV Haerlem | 199303382 | | | | | | | |

Masters 25+

| | | | | | | | | | |
|----------------------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Wendan Poelstra | TriVia | 199102496 | 2:10.00 | +0,74 | | 29.62 | 1:02.36 | 1:35.90 | 2:10.00 |
| 2. Cora van Dorst | De Krabben | 199106218 | 2:11.02 | +0,70 | | 30.08 | 1:02.83 | 1:36.86 | 2:11.02 |
| 3. Maaike Vooren | DAW | 199103324 | 2:12.58 | +0,86 | | 31.51 | 1:05.31 | 1:39.41 | 2:12.58 |
| 4. Rosanne de Boer | LZ 1886 | 199104060 | 2:19.85 | +0,79 | | 32.12 | 1:07.96 | 1:44.11 | 2:19.85 |
| 5. Mandy Verbakel | ZPC Woerden | 199003908 | 2:20.42 | +0,77 | | 31.58 | 1:07.39 | 1:44.45 | 2:20.42 |
| 6. Sabine Lina | ZPC Woerden | 198902680 | 2:20.75 | +0,73 | | 32.29 | 1:07.96 | 1:44.25 | 2:20.75 |
| 7. Tessa Mosch | MSV-Zeemacht | 199102172 | 2:21.14 | +0,69 | | 30.72 | 1:06.71 | 1:44.28 | 2:21.14 |
| 8. Anne Duijst | De Haaien | 198901030 | 2:21.52 | +0,81 | | 31.89 | 1:07.76 | 1:45.11 | 2:21.52 |
| 9. Martje Godschalk | De IJsel | 199001186 | 2:21.85 | +0,65 | | 31.17 | 1:06.86 | 1:43.89 | 2:21.85 |
| 10. Ilse van den Wijngaard | ZPC Woerden | 198904736 | 2:23.40 | +0,81 | | 32.34 | 1:08.58 | 1:45.84 | 2:23.40 |
| 11. Tonny Klop-Methorst | De Biesboschzwemmers | 198802998 | 2:23.64 | +0,86 | | 32.12 | 1:08.39 | 1:45.98 | 2:23.64 |
| 12. Tamara Caspers | LZ 1886 | 199007272 | 2:24.57 | +0,79 | | 31.79 | 1:08.06 | 1:46.40 | 2:24.57 |
| 13. Charlotte Six | CNSW | 003821/88 | 2:25.20 | +0,85 | | 33.80 | 1:10.87 | 1:48.40 | 2:25.20 |
| 14. Melina Dejonckheere | CNSW | 001610/91 | 2:32.66 | +0,89 | | 35.73 | 1:14.29 | 1:54.09 | 2:32.66 |
| 15. Henrike de Vries | WS Twente | 198907460 | 2:34.43 | +1,00 | | 35.38 | 1:13.72 | 1:53.96 | 2:34.43 |
| 16. Cora Vinagre Sendino | CNSW | 003824/88 | 2:36.07 | +0,85 | | 34.74 | 1:13.60 | 1:54.61 | 2:36.07 |
| 17. Fleur Maas | WVZ | 198902768 | 2:40.38 | +0,96 | | 36.42 | 1:17.29 | 1:59.18 | 2:40.38 |
| 18. Lisette Van Sintruije | DWF | 199108554 | 2:48.06 | +0,81 | | 37.24 | 1:19.07 | 2:04.06 | 2:48.06 |
| 19. Janneke Wynia | WS Twente | 199005500 | 2:48.07 | +0,92 | | 38.04 | 1:20.27 | 2:04.04 | 2:48.07 |
| 20. Annebeth van Ark | Octopus | 198805588 | 2:53.90 | +0,82 | | 38.97 | 1:23.03 | 2:08.83 | 2:53.90 |
| OPG Renske Eilers | Zwemvereniging Hoogland | 198806072 | | | | | | | |
| AFGEM Vera Geurken | De Rijn | 198801378 | | | | | | | |

Masters 30+

| | | | | | | | | | |
|------------------------|-------------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Nadya Putter | ZVVS | 198301630 | 2:15.31 | +0,76 | | 31.67 | 1:05.83 | 1:40.53 | 2:15.31 |
| 2. Ann Van Beylen | RSCM | 20264/84 | 2:17.35 | +0,89 | | 31.07 | 1:05.46 | 1:41.04 | 2:17.35 |
| 3. Ramona Linting | AZC | 198301274 | 2:23.56 | +0,73 | | 32.93 | 1:09.26 | 1:46.74 | 2:23.56 |
| 4. Linda Hoogendam | WVZ | 198300892 | 2:29.37 | +0,80 | | 35.71 | 1:14.34 | 1:53.52 | 2:29.37 |
| 5. Isaline Manchel | CNSW | 001284/85 | 2:32.89 | +0,86 | | 36.25 | 1:15.07 | 1:54.06 | 2:32.89 |
| 6. Paulien Schokker | WS Twente | 198302876 | 2:33.39 | +0,89 | | 35.45 | 1:13.91 | 1:53.82 | 2:33.39 |
| 7. Sandra Koenig | CNSW | 002644/86 | 2:38.54 | +0,84 | | 36.44 | 1:16.62 | 1:58.05 | 2:38.54 |
| 8. Aafke Groot | De Geul | 198302748 | 2:40.93 | +0,94 | | 36.28 | 1:16.69 | 1:59.26 | 2:40.93 |
| 9. Sylvia Reijers | De Gelenberg | 198201360 | 2:43.59 | +0,95 | | 35.58 | 1:15.56 | 1:59.24 | 2:43.59 |
| 10. Rianne in 't Hout | RSW (SG) | 198403512 | 2:50.54 | +0,88 | | 38.10 | 1:21.11 | 2:06.58 | 2:50.54 |
| 11. Fabienne Jeukens | Zwemvereniging Hoogland | 198401156 | 2:51.50 | +0,94 | | 36.11 | 1:19.61 | 2:05.97 | 2:51.50 |
| 12. Annemarie de Zeeuw | ZVS | 198201950 | 2:57.89 | +0,78 | | 40.54 | 1:24.69 | 2:10.49 | 2:57.89 |

Masters 35+

| | | | | | | | | | |
|-------------------------|---------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Anke Lambooj | De Vliet (SG) | 198001182 | 2:22.21 | +0,80 | | 30.40 | 1:05.14 | 1:42.71 | 2:22.21 |
| 2. Angela Koekkoek | Triton | 197901516 | 2:28.06 | +0,79 | | 33.14 | 1:09.88 | 1:48.24 | 2:28.06 |
| 3. Agnes van Brug | DAW | 198001726 | 2:31.35 | +0,78 | | 34.33 | 1:12.44 | 1:52.13 | 2:31.35 |
| 4. Severine Bayre | CNSW | 004275/78 | 2:37.46 | +1,03 | | 36.95 | 1:16.83 | 1:57.84 | 2:37.46 |
| 5. Natasja Forat | ZPC De Zeeuwse Kust | 197701186 | 2:37.60 | +0,86 | | 35.67 | 1:16.25 | 1:58.38 | 2:37.60 |
| 6. Andrea Gerbrands | WVZ | 198100904 | 2:39.71 | +0,92 | | 38.19 | 1:17.78 | 1:58.66 | 2:39.71 |
| 7. Rianne van Vegchelen | Deltasteur | 198101530 | 3:14.65 | +1,13 | | 42.09 | 1:31.55 | 2:23.15 | 3:14.65 |

Masters 40+

| | | | | | | | | | |
|-----------------------------|----------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Liselotte Joling | PSV | 197500268 | 2:22.73 | +0,85 | | 32.74 | 1:09.33 | 1:46.44 | 2:22.73 |
| 2. Marian Nederlof | DWF | 197600950 | 2:40.07 | +0,88 | | 35.90 | 1:16.19 | 1:58.22 | 2:40.07 |
| 3. Yulia Trofimova | Black Sepia | 034010 | 2:42.87 | +0,84 | | 38.07 | 1:20.30 | 2:03.25 | 2:42.87 |
| 4. Ingrid Versteegen | DBD | 197300770 | 2:55.50 | +0,85 | | 40.45 | 1:24.82 | 2:10.51 | 2:55.50 |
| 5. Inge Lolkema-Soeters | Steenwijk 1934 | 197300934 | 3:04.10 | +0,78 | | 40.12 | 1:26.12 | 2:15.33 | 3:04.10 |
| AFGEM Titia Hartog-van Gurp | RSW (SG) | 197300928 | | | | | | | |

Programmanr. 28, Dames, 200m vrije slag

Masters 45+

| | | | | | | | | |
|----------------------------------|----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Annette de Visser | Oceanus | 197100602 | 2:21.88 | +0,80 | 32.06 | 1:07.54 | 1:44.59 | 2:21.88 |
| 2. Heidi van Stein | LZ 1886 | 196900864 | 2:23.45 | +0,81 | 32.32 | 1:08.13 | 1:45.47 | 2:23.45 |
| 3. Valerie Rolland | CNSW | 004276/71 | 2:29.54 | +0,68 | 35.13 | 1:12.18 | 1:50.69 | 2:29.54 |
| 4. Jolanta Duleviciene | Kauno Takas | | 2:31.81 | +0,82 | 35.48 | 1:13.97 | 1:53.32 | 2:31.81 |
| <i>Lithuanian Masters Record</i> | | | | | | | | |
| 5. Laura Staal | Oceanus | 196700358 | 2:37.41 | +0,86 | 35.18 | 1:14.27 | 1:55.36 | 2:37.41 |
| 6. Inken Wemheuer | DWT | 197101016 | 2:38.27 | +0,81 | 36.01 | 1:15.78 | 1:57.30 | 2:38.27 |
| 7. Marion Broekhuis | WS Twente | 196800060 | 2:40.27 | +0,72 | 36.50 | 1:16.84 | 1:59.02 | 2:40.27 |
| 8. Iris van Aurich | DWK | 196900866 | 2:41.39 | +0,83 | 36.15 | 1:17.51 | 2:00.72 | 2:41.39 |
| 9. Joyce Brummelkamp | ZVVS | 197000952 | 2:43.12 | +0,97 | 37.16 | 1:18.16 | 2:01.26 | 2:43.12 |
| 10. Annet Kootstra | Swol 1894 | 197100344 | 2:47.21 | +0,87 | 38.33 | 1:20.89 | 2:05.15 | 2:47.21 |
| 11. Marijke Campfens | De Geul | 196900960 | 2:47.24 | +0,97 | 36.09 | 1:16.89 | 2:01.18 | 2:47.24 |
| 12. Kristien Van de Moortel | ShaRK | 20315/69 | 2:51.68 | +0,83 | 38.15 | 1:22.12 | 2:07.22 | 2:51.68 |
| 13. Ingeborg Stokx | DAW | 196700666 | 2:55.09 | +0,74 | 38.61 | 1:22.92 | 2:09.90 | 2:55.09 |
| 14. Annette van Dok | MSV-Zeemacht | 196800742 | 2:55.72 | +0,93 | 38.92 | 1:23.07 | 2:09.83 | 2:55.72 |
| 15. Hetty Smalheer | SCOM | 196700352 | 3:00.93 | +1,02 | 40.60 | 1:26.94 | 2:14.48 | 3:00.93 |
| 16. Sandra Daamen-Posma | AZC | 196800854 | 3:01.99 | +0,92 | 40.64 | 1:26.71 | 2:15.65 | 3:01.99 |
| AFGEM Henriëtte v. Norden | ZPC AMERSFOORT | 196800046 | | | | | | |

Masters 50+

| | | | | | | | | |
|-------------------------|----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Jacqueline Tuin | DAW | 196600690 | 2:36.86 | +0,71 | 35.75 | 1:15.70 | 1:56.60 | 2:36.86 |
| 2. Jeannette Ruesink | WS Twente | 196300212 | 2:38.97 | +0,81 | 37.83 | 1:17.93 | 1:58.79 | 2:38.97 |
| 3. Petra Casteleijn | ZPC AMERSFOORT | 196600098 | 2:39.09 | +0,90 | 36.83 | 1:16.72 | 1:58.34 | 2:39.09 |
| 4. Wilna Heijman | Steenwijk 1934 | 196400506 | 2:39.23 | +0,84 | 36.42 | 1:16.63 | 1:57.87 | 2:39.23 |
| 5. Friderika Kerekes | ZPC AMERSFOORT | 196500540 | 3:00.02 | +0,87 | 40.81 | 1:27.31 | 2:14.13 | 3:00.02 |
| 6. R. Speelman-Tigelaar | De Spatters | 196600664 | 3:07.53 | +0,87 | 37.81 | 1:21.64 | 2:07.73 | 3:07.53 |
| 7. Erica Muller | De Geul | 196400412 | 3:19.22 | +0,75 | 43.16 | 1:31.95 | 2:25.24 | 3:19.22 |
| AFGEM Ellen Parma | Triton | 196200366 | | | | | | |
| AFGEM Katrin Pennings | PSV | 196400570 | | | | | | |

Masters 55+

| | | | | | | | | |
|---------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Petra Tossings | DAW | 196100376 | 2:41.62 | +0,90 | 37.43 | 1:18.97 | 2:01.05 | 2:41.62 |
| 2. Patty Verhagen | PSV | 195900146 | 2:42.89 | +0,96 | 38.11 | 1:19.38 | 2:01.64 | 2:42.89 |
| 3. Marijke van Hoek | ZPC De Zeeuwse Kust | 195800050 | 2:43.37 | +0,86 | 36.27 | 1:17.17 | 2:00.26 | 2:43.37 |
| 4. Olga Kedrova | Poseidon | 037010 | 2:45.28 | +0,93 | 38.28 | 1:21.32 | 2:04.22 | 2:45.28 |

Masters 60+

| | | | | | | | | |
|--------------------------------|-------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Atie Pijtak-Radersma | ZPC AMERSFOORT | 195600048 | 2:30.04 | +0,79 | 34.19 | 1:11.83 | 1:50.88 | 2:30.04 |
| <i>Europees Masters Record</i> | | | | | | | | |
| 2. Ineke Weekers | PSV | 195300050 | 2:44.02 | +0,82 | 38.61 | 1:20.43 | 2:03.12 | 2:44.02 |
| 3. Margriet Pasma | Inktvis-De Pinquin (SG) | 195500088 | 2:50.46 | +0,99 | 39.66 | 1:23.48 | 2:07.67 | 2:50.46 |
| 4. Anne De Sauvage | CNSW | 005093/55 | 3:00.73 | +0,92 | 40.89 | 1:27.69 | 2:15.05 | 3:00.73 |
| <i>Belgisch Masters Record</i> | | | | | | | | |
| 5. Ineke Meijer | HZ&PC Heerenveen | 195200034 | 3:22.23 | +0,87 | 44.90 | 1:35.97 | 2:30.39 | 3:22.23 |

Masters 65+

| | | | | | | | | |
|--------------------------------|------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Conny Boer-Buys | ZVVS | 195000006 | 2:37.13 | +0,93 | 35.93 | 1:15.89 | 1:57.65 | 2:37.13 |
| <i>Europees Masters Record</i> | | | | | | | | |

Masters 70+

| | | | | | | | | |
|----------------------------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Corrie Verhoeven | PSV | 194600026 | 3:03.19 | +0,83 | 40.43 | 1:26.59 | 2:16.64 | 3:03.19 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Mieke Strijbis-v.d.Kroft | DAW | 194500004 | 3:38.33 | +1,18 | 50.42 | 1:46.01 | 2:42.48 | 3:38.33 |

Programmanr. 28, Dames, 200m vrije slag

Masters 75+

| | | | | | | | |
|-------------------------|-----------|-----------|----------------|-------|---------|---------|---------|
| 1. Truus Ruiter 50m* | Old Dutch | 194000004 | 4:33.06 | 58.67 | 2:09.26 | 3:21.84 | 4:33.06 |
|-------------------------|-----------|-----------|----------------|-------|---------|---------|---------|

Programmanr. 29
23-01-2016 - 17:37

Heren, 100m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|---|---------------------|-------------------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | |
| 1. Melvin Prins <i>Kampioenschaps Record</i> | Wiekslag | 56.30 199500201 | 57.20 | +0,71 | 26.37 | 57.20 |
| 2. Wimar Lindenberg | Hieronymus | 58.63 199601857 | 58.22 | +0,62 | 26.64 | 58.22 |
| 3. Roderick van Doeselaar | De Rijn | 58.16 199200261 | 58.69 | +0,70 | 27.27 | 58.69 |
| 4. Christiaan Zwaal | MSV-Zeemacht | 59.22 199503881 | 59.51 | +0,64 | 26.95 | 59.51 |
| 5. Lars Schoffelmeer | ZPB H&L Productions | 58.77 199501907 | 59.92 | +0,71 | 27.22 | 59.92 |
| 6. Nick Cleintuar | ZVVS | 59.48 199503781 | 1:00.04 | +0,74 | 27.58 | 1:00.04 |
| 7. Teun Strijbosch | Merlet | 58.25 199603041 | 1:00.45 | +0,68 | 28.21 | 1:00.45 |
| 8. Romero Hennep | De Kempvis | 59.20 199304929 | 1:00.58 | +0,67 | 27.85 | 1:00.58 |
| 9. Emiel van Beusekom | Van Vliet-Barracuda | 1:00.33 199403951 | 1:02.01 | +0,81 | 28.41 | 1:02.01 |
| 10. Nick Sijmons | De Amstel | 1:01.62 199500491 | 1:02.53 | +0,72 | 28.83 | 1:02.53 |
| 11. Niels Versteeg | De Ward | 1:04.85 199502697 | 1:03.78 | +0,82 | 29.48 | 1:03.78 |
| 12. Jeffrey Camphens | DWT | 1:03.86 199503113 | 1:04.57 | +0,72 | 29.86 | 1:04.57 |
| 13. Robin Eltink | DWK | 1:02.48 199406147 | 1:05.78 | +0,86 | 30.10 | 1:05.78 |
| 14. Jordy Jongenelen | ZC Aquadream | 1:05.32 199504995 | 1:07.48 | +0,63 | 31.16 | 1:07.48 |
| 15. Lex Wortman | AZC | 1:08.82 199503563 | 1:09.26 | +0,89 | 31.38 | 1:09.26 |
| 16. Jesper Honken | Nova | 1:07.06 199600085 | 1:09.62 | +0,75 | 30.88 | 1:09.62 |
| 17. Igor Peters | ZVS | 1:10.51 199201809 | 1:10.15 | +0,78 | 30.83 | 1:10.15 |
| 18. Nick van der Krogt | LZ 1886 | 1:07.75 199501313 | 1:10.48 | +0,73 | 32.16 | 1:10.48 |

Masters 25+

| | | | | | | |
|-----------------------|---------------------|-------------------|----------------|-------|-------|---------|
| 1. Emile Manni | Octopus | 57.95 199001901 | 59.37 | +0,64 | 27.18 | 59.37 |
| 2. Bastian Zoon | MGO (SG) | 1:02.00 198703929 | 1:04.37 | +0,70 | 29.23 | 1:04.37 |
| 3. Maik Steenkamp | Montferland | 1:05.31 199103847 | 1:04.41 | +0,77 | 29.98 | 1:04.41 |
| 4. Roy Pattipeiluhu | RSW (SG) | 1:06.93 199101761 | 1:07.07 | +0,72 | 31.47 | 1:07.07 |
| 5. Rens Post | WVZ | 1:08.38 199101827 | 1:07.10 | +0,75 | 30.30 | 1:07.10 |
| 6. Davy Vermaas | ZPB H&L Productions | 1:10.32 199003041 | 1:09.88 | +0,80 | 32.00 | 1:09.88 |
| 7. Ferdy van Mastrigt | RSW (SG) | 1:09.97 198802315 | 1:12.43 | +0,75 | 31.97 | 1:12.43 |
| AFGEM Alex Schelvis | LZ 1886 | 57.69 198702927 | | | | |

Masters 30+

| | | | | | | |
|-------------------------|-----------------------|-------------------|----------------|-------|-------|---------|
| 1. Rick Driezen | Steenwijk 1934 | 1:01.16 198600713 | 1:00.75 | +0,80 | 27.88 | 1:00.75 |
| 2. Lauren Vis | Steenwijk 1934 | 1:00.73 198201883 | 1:02.31 | +0,69 | 28.58 | 1:02.31 |
| 3. Erik Drewes | De Biesboschzweimmers | 1:03.64 198400543 | 1:06.71 | +0,79 | 29.95 | 1:06.71 |
| 4. Robert Dekker | De Veene | 1:09.19 198400443 | 1:06.79 | +0,83 | 31.07 | 1:06.79 |
| 5. Frank van der Voordt | MGO (SG) | 1:06.11 198302259 | 1:08.84 | +0,76 | 31.15 | 1:08.84 |
| 6. Ferry Blangé | ZOB'66 | 1:08.28 198300185 | 1:09.05 | +0,75 | 31.46 | 1:09.05 |
| 7. Peter van de Bor | DWT | 1:15.46 198402897 | 1:15.12 | +0,82 | 33.58 | 1:15.12 |

Masters 35+

| | | | | | | |
|-------------------------------|-------------------------|-------------------|----------------|-------|-------|---------|
| 1. Jeroen Zelsmann | Upstream Amsterdam | 1:04.85 197701551 | 1:04.87 | +0,72 | 29.01 | 1:04.87 |
| 2. Ronald Koeckhoven | Zwemvereniging Westland | 1:06.26 198102017 | 1:05.00 | +0,80 | 29.01 | 1:05.00 |
| 3. Heijmen van Vliet | Wiekslag | 1:08.90 198001637 | 1:06.25 | +0,74 | 31.37 | 1:06.25 |
| 4. Markus van Rest | WVZ | 1:05.19 197701197 | 1:06.93 | +0,90 | 30.79 | 1:06.93 |
| 5. Kars Luttkik | DAW | 1:07.60 197800675 | 1:07.79 | +0,73 | 30.91 | 1:07.79 |
| 6. Gerrit Klaas van der Vaart | De Haaien | 1:09.89 198001551 | 1:10.55 | +0,79 | 32.04 | 1:10.55 |
| 7. Steven Prins | PLONS | 1:18.22 197901833 | 1:17.46 | +0,76 | 35.66 | 1:17.46 |

Programmanr. 29, Heren, 100m vlinderslag

Masters 40+

| | | | | | | | |
|--------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Egbert Stolk | d'ELFT WAVE (SG) | 1:00.48 | 197600889 | 1:02.12 | +0,80 | 28.62 | 1:02.12 |
| 2. Kelvin Isselt | RZ | 1:04.73 | 197601119 | 1:04.67 | +0,78 | 29.92 | 1:04.67 |
| 3. Michael Bes | MSV-Zeemacht | 1:06.61 | 197201205 | 1:05.68 | +0,72 | 30.57 | 1:05.68 |
| 4. Patrick Kers | Zoetermeer | 1:07.37 | 197200499 | 1:08.29 | +0,86 | 31.07 | 1:08.29 |
| 5. Alex Damen | DAW | 1:06.87 | 197501371 | 1:08.56 | +0,83 | 31.83 | 1:08.56 |
| 6. Sergey Petrov | Poseidon | 1:10.28 | 102211 | 1:08.79 | +0,75 | 31.74 | 1:08.79 |
| 7. Machiel Stolk | Swol 1894 | 1:10.20 | 197400779 | 1:08.96 | +0,85 | 31.20 | 1:08.96 |
| 8. Joeri Stoffels | AZC | 1:09.22 | 197300851 | 1:10.22 | +0,82 | 32.37 | 1:10.22 |
| 9. Heiner Stevens | ZIGNEA | 1:08.00 | 197201299 | 1:10.82 | +0,82 | 30.76 | 1:10.82 |
| 10. Ramon de Bondt | ZPB H&L Productions | 1:10.29 | 197300105 | 1:13.13 | +1,01 | 33.31 | 1:13.13 |

Masters 45+

| | | | | | | | |
|------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Jean-Phillippe Paap | ZPC De Hof | 1:05.12 | 197000791 | 1:04.65 | +0,82 | 29.72 | 1:04.65 |
| 2. Antwan van Engen | De Ward | 1:06.30 | 197101577 | 1:04.89 | +0,75 | 30.46 | 1:04.89 |
| 3. Richard Ricksen | NIMO | 1:08.08 | 197000841 | 1:07.95 | +0,85 | 31.43 | 1:07.95 |
| 4. Marc Bleeker | d'ELFT WAVE (SG) | 1:06.48 | 196901729 | 1:08.02 | +0,95 | 30.92 | 1:08.02 |
| 5. René Beetsma | HZ&PC Heerenveen | 1:07.10 | 196900069 | 1:08.21 | +0,77 | 31.33 | 1:08.21 |
| 6. Frank v Nobelen | Sassenheim | 1:08.76 | 196900753 | 1:10.48 | +0,75 | 32.49 | 1:10.48 |
| 7. Konstantin Sklyar | TG Lage 1862 | 1:12.19 | 321129 | 1:11.66 | +0,83 | 33.98 | 1:11.66 |
| 8. Arvydas Burinskis | Kauno Takas | 1:10.27 | | 1:11.99 | +0,70 | 33.21 | 1:11.99 |
| 9. Hans Schoenmakers | DAW | 1:16.51 | 196900863 | 1:16.08 | +0,71 | 34.36 | 1:16.08 |
| 10. Danny Zulver | ZVVS | 1:14.57 | 196701617 | 1:19.44 | +0,80 | 36.06 | 1:19.44 |
| NG.ZA Harald Mulder | WVZ | 1:15.91 | 196701459 | | | | |

Masters 50+

| | | | | | | | |
|------------------------|--------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Jan Gert Notenbomer | Upstream Amsterdam | 1:02.92 | 196600557 | 1:04.01 | +0,76 | 29.75 | 1:04.01 |
| 2. Peter Bernsen | De Rog | 1:07.38 | 196301119 | 1:06.75 | +0,69 | 30.82 | 1:06.75 |
| 3. Simon Franken | ZV Haerlem | 1:10.65 | 196601581 | 1:09.66 | +0,76 | 32.31 | 1:09.66 |
| 4. Wiljam Nijenhuis | De IJssel | 1:10.47 | 196400547 | 1:11.17 | +0,82 | 32.68 | 1:11.17 |
| 5. Rene de Boer | DAW | 1:11.15 | 196400087 | 1:12.64 | +0,85 | 33.73 | 1:12.64 |
| 6. John Stokx | DAW | 1:13.37 | 196401341 | 1:13.74 | +0,79 | 34.27 | 1:13.74 |
| 7. Rob Verheul | TRB-RES | 1:19.00 | 196601571 | 1:16.14 | +0,79 | 34.27 | 1:16.14 |

Masters 55+

| | | | | | | | |
|----------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Jan Willem Heuten | WS Twente | 1:23.30 | 196000883 | 1:24.97 | +0,96 | 39.70 | 1:24.97 |
|----------------------|-----------|---------|-----------|----------------|-------|-------|---------|

Masters 60+

| | | | | | | | |
|----------------|--------|---------|-----------|----------------|-------|-------|---------|
| 1. Paul Bunnik | Triton | 1:19.19 | 195600413 | 1:19.63 | +1,03 | 36.52 | 1:19.63 |
|----------------|--------|---------|-----------|----------------|-------|-------|---------|

Masters 65+

| | | | | | | | |
|---------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Piet Schop | De Bevelanders | 1:23.31 | 195000109 | 1:32.64 | +0,65 | 41.06 | 1:32.64 |
|---------------|----------------|---------|-----------|----------------|-------|-------|---------|

Masters 70+

| | | | | | | | |
|--------------|-----|---------|-----------|----------------|-------|-------|---------|
| 1. Rob Hanou | PSV | 1:39.19 | 194300109 | 1:46.90 | +1,16 | 49.35 | 1:46.90 |
|--------------|-----|---------|-----------|----------------|-------|-------|---------|

Masters 75+

| | | | | | | | |
|--------------------------|-------------------|---------|--|----------------|-------|-------|---------|
| 1. J. Canales de Mendoza | R.C. Mediterraneo | 1:26.48 | | 1:26.43 | +0,94 | 40.21 | 1:26.43 |
|--------------------------|-------------------|---------|--|----------------|-------|-------|---------|

Europees Masters Record

Programmanr. 30
23-01-2016 - 17:52

Dames, 100m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|--------------------------|-------------------------|-------------------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | |
| 1. Maud Hoofs | The Hague Swimming (SG) | 1:05.00 199501206 | 1:06.53 | +0,72 | 30.99 | 1:06.53 |
| 2. Stéphanie Bergsma | Dedemsvaart-AC | 1:06.50 199203374 | 1:07.34 | +0,69 | 31.28 | 1:07.34 |
| 3. Adaja Stoetman | TriVia | 1:07.35 199600348 | 1:07.61 | +0,82 | 30.96 | 1:07.61 |
| 4. Karen Stolk | TriVia | 1:07.49 199403950 | 1:09.39 | +0,75 | 31.85 | 1:09.39 |
| 5. Lianne Molkenboer | EZC | 1:09.29 199602034 | 1:10.15 | +0,78 | 31.38 | 1:10.15 |
| 6. Janet van der Poel | LZ 1886 | 1:09.19 199301842 | 1:10.44 | +0,75 | 32.06 | 1:10.44 |
| 7. Maike Korthout | TRB-RES | 1:09.70 199406034 | 1:10.78 | +0,67 | 32.79 | 1:10.78 |
| 8. Fraukje Puts | HZ&PC Heerenveen | 1:10.24 199206470 | 1:11.56 | +0,81 | 33.44 | 1:11.56 |
| 9. Vera van den Oord | Nautilus | 1:11.64 199405432 | 1:11.62 | +0,80 | 32.33 | 1:11.62 |
| 10. Whitney van Hoeckel | DIO | 1:10.31 199402390 | 1:12.84 | +0,76 | 34.65 | 1:12.84 |
| 11. Moniek Heemskerck | LZ 1886 | 1:11.89 199601964 | 1:14.17 | +0,71 | 34.31 | 1:14.17 |
| 12. Karin Verbeek | Nautilus | 1:12.08 199201848 | 1:14.27 | +0,76 | 34.03 | 1:14.27 |
| 13. Eva Engelen | NDD | 1:12.91 199405514 | 1:17.04 | +0,73 | 33.84 | 1:17.04 |
| 14. Julia Wortman | AZC | 1:16.39 199603666 | 1:17.10 | +0,83 | 33.61 | 1:17.10 |
| 15. Debby Kraaijeveld | DWF | 1:11.13 199601358 | 1:17.29 | +0,78 | 34.71 | 1:17.29 |
| AFGEM Krista Kostwinder | SCOM | 1:15.07 199401058 | | | | |
| AFGEM Suzanne Mosch | MSV-Zeemacht | 1:07.85 199400548 | | | | |
| Masters 25+ | | | | | | |
| 1. Charlotte Groeneveld | UZSC | 1:08.98 198701404 | 1:08.29 | +0,81 | 31.90 | 1:08.29 |
| 2. Jolanda Post | DIO | 1:07.59 199004848 | 1:09.35 | +0,71 | 31.74 | 1:09.35 |
| 3. Fanny Koenig | CNSW | 1:08.90 003083/89 | 1:11.28 | +0,77 | 32.97 | 1:11.28 |
| 4. Monique Lindenbergh | De Bevelanders | 1:11.96 199002360 | 1:11.56 | +0,80 | 32.93 | 1:11.56 |
| 5. Maaïke van Diggele | ZPB H&L Productions | 1:17.83 198700868 | 1:13.73 | +0,84 | 33.05 | 1:13.73 |
| 6. Linda Janssen | ZPB H&L Productions | 1:16.84 198802088 | 1:13.76 | +0,86 | 34.43 | 1:13.76 |
| 7. Tamara Caspers | LZ 1886 | 1:13.24 199007272 | 1:15.39 | +0,81 | 34.20 | 1:15.39 |
| 8. Laura Lutjes | WS Twente | 1:13.42 199002424 | 1:17.24 | +0,80 | 35.64 | 1:17.24 |
| 9. Karin Hovenkamp | De Spatters | 1:14.81 198701850 | 1:17.37 | +0,70 | 36.29 | 1:17.37 |
| 10. Liesbeth van Mill | DWK | 1:17.77 198702786 | 1:18.21 | +0,89 | 36.14 | 1:18.21 |
| 11. Liset de Veer | Aqua-Novio'94 | 1:15.67 198704190 | 1:19.66 | +0,74 | 36.00 | 1:19.66 |
| 12. Brenda Geestman | ZPB H&L Productions | 1:16.73 198701276 | 1:20.04 | +0,81 | 35.51 | 1:20.04 |
| 13. Miriam Visserman | Octopus | 1:21.36 198704364 | 1:21.84 | +0,69 | 36.36 | 1:21.84 |
| 14. Whitley Rens | MGO (SG) | 1:20.49 199007520 | 1:22.21 | +0,77 | 38.03 | 1:22.21 |
| 15. Kelly Bockting | Montferland | 1:27.18 199104050 | 1:26.15 | +0,83 | 38.79 | 1:26.15 |
| 16. Sabine Duijst | Zwemvereniging Hoogland | 1:25.31 198701032 | 1:26.39 | +0,94 | 38.55 | 1:26.39 |
| 17. Lonneke Oenema | Steenwijk 1934 | 1:24.56 199102314 | 1:26.53 | +0,74 | 39.68 | 1:26.53 |
| 18. Lisette van den Bos | Poseidon'56 | 1:23.60 198700468 | 1:26.79 | +0,87 | 38.54 | 1:26.79 |
| AFGEM Kirsten Oosterhuis | Eemsrobber | 1:10.63 198903136 | | | | |
| NG Lindsey Hol | De Meer | 1:21.14 199008088 | | | | |
| Masters 30+ | | | | | | |
| 1. Anique Willeme | De Dinkel | 1:07.86 198604106 | 1:07.99 | +0,75 | 32.05 | 1:07.99 |
| 2. Roos van Esch | d'ELFT WAVE (SG) | 1:09.30 198200468 | 1:08.59 | +0,80 | 32.40 | 1:08.59 |
| 3. Auke de Lange | AZC | 1:15.79 198602226 | 1:19.06 | +0,79 | 35.31 | 1:19.06 |
| Masters 35+ | | | | | | |
| 1. Chantal Verhoeff | Old Dutch | 1:20.16 197900912 | 1:13.70 | +0,90 | 33.38 | 1:13.70 |
| 2. Patricia Vos | TRB-RES | 1:21.26 198001730 | 1:21.75 | +0,84 | 37.24 | 1:21.75 |
| 3. Kirsten Savelberg | AZC | 1:26.41 197901192 | 1:29.73 | +0,71 | 40.35 | 1:29.73 |
| 4. Andrea Gerbrands | WVZ | 1:24.76 198100904 | 1:32.14 | +0,91 | 40.08 | 1:32.14 |
| AFGEM Tonia Ruybroek | Poseidon'56 | 1:09.53 198101290 | | | | |

Programmanr. 30, Dames, 100m vlinderslag

Masters 40+

| | | | | | | | |
|-----------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Gudule van der Meer | PSV | 1:10.89 | 197200396 | 1:10.26 | +0,78 | 33.23 | 1:10.26 |
| 2. Edith Janssen-Koolen | TRB-RES | 1:14.92 | 197300898 | 1:14.97 | +0,75 | 34.20 | 1:14.97 |
| 3. Evelien van Klaarbergen | HZ&PC Heerenveen | 1:16.10 | 197200964 | 1:17.18 | +0,83 | 35.17 | 1:17.18 |
| 4. Mirjan den Drijver-Aarse | Zwemvereniging Westland | 1:19.99 | 197500884 | 1:21.14 | +0,83 | 36.53 | 1:21.14 |

Masters 45+

| | | | | | | | |
|------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Jeanne Petit | De Dinkel | 1:10.32 | 197001020 | 1:10.69 | +0,78 | 33.23 | 1:10.69 |
| <i>Kampioenschaps Record</i> | | | | | | | |
| 2. Ingrid Boot-De Groot | De Aalscholver | 1:09.49 | 197000168 | 1:11.33 | +0,71 | 31.44 | 1:11.33 |
| 3. Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | 1:15.23 | 197000054 | 1:18.69 | +0,97 | 36.12 | 1:18.69 |
| 4. Valerie Rolland | CNSW | 1:24.62 | 004276/71 | 1:20.62 | +0,76 | 38.33 | 1:20.62 |
| 5. Henriëtte Manting | GZVW | 1:20.43 | 197100246 | 1:21.28 | +0,98 | 36.54 | 1:21.28 |
| 6. Caroline Schreuder | Triton | 1:23.17 | 196700550 | 1:26.71 | +0,83 | 38.91 | 1:26.71 |
| 7. Peggi Hurenkamp | HZ&PC Heerenveen | 1:24.78 | 196900922 | 1:28.15 | +0,85 | 41.32 | 1:28.15 |

Masters 50+

| | | | | | | | |
|---|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Katrien Delaender | BZK | 1:11.76 | 20525/66 | 1:11.46 | +0,76 | 33.48 | 1:11.46 |
| <i>Kampioenschaps Record, Belgisch Masters Record</i> | | | | | | | |
| 2. Margriet Grove-Lingeman | Oceanus | 1:19.02 | 196200080 | 1:21.82 | +0,88 | 37.69 | 1:21.82 |
| 3. Susanne Prins - Molenvijk | De Geul | 1:26.73 | 196600284 | 1:27.34 | +0,78 | 39.28 | 1:27.34 |
| 4. Sandra Hoofs-Buil | The Hague Swimming (SG) | 1:35.07 | 196600678 | 1:29.27 | +0,86 | 41.04 | 1:29.27 |
| 5. Nicky Slinger | HPC | 1:29.37 | 196600316 | 1:33.27 | +0,97 | 41.30 | 1:33.27 |
| 6. Loreta Kabasinskiene | Kauno Takas | 1:37.97 | | 1:36.46 | +0,93 | 44.08 | 1:36.46 |
| DIS Marjan Remmits-De Lange | ZPC Woerden | 1:14.75 | 196300518 | | | | |
| <i>AA - Started before the starting signal</i> | | | | | | | |

Masters 55+

| | | | | | | | |
|-------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Mathilde Vink | Swol 1894 | 1:16.67 | 195800128 | 1:21.24 | +0,95 | 37.53 | 1:21.24 |
| 2. Inge Wolfs | PLONS | 1:21.39 | 196000304 | 1:22.57 | +0,94 | 37.66 | 1:22.57 |
| 3. Claire Anthony | CNSW | 1:24.12 | 001351/57 | 1:29.47 | +0,93 | 40.00 | 1:29.47 |

Masters 60+

| | | | | | | | |
|-----------------|-----|---------|-----------|----------------|-------|-------|---------|
| 1. Carla Hensen | PSV | 1:35.50 | 195300062 | 1:42.58 | +1,03 | 47.41 | 1:42.58 |
|-----------------|-----|---------|-----------|----------------|-------|-------|---------|

Masters 65+

| | | | | | | | |
|--|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Christien Nieuwenhuis | Swol 1894 | 1:27.63 | 195100022 | 1:32.69 | +0,76 | 41.37 | 1:32.69 |
| <i>Nederlands Masters Record, NMR 50m tt</i> | | | | | | | |

Programmanr. 31
23-01-2016 - 18:11

4 x 50m wisselslag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | startnr. | tijd | RT | |
|-------------------|-------------------|---------------|----------|--------------------|----------|-------|
| 80+, Dames | | | | | | |
| 1. | LZ 1886 | 2:11.10 | | 2:14.35 | +0,84 | |
| | Tamara Caspers | 90 +0,84 | 34.12 | Janet van der Poel | 93 +0,55 | 31.72 |
| | Moniek Heemskerck | 96 +0,39 | 37.54 | Seline Koek | 94 +0,68 | 30.97 |
| 2. | De Geul 1 | 2:29.81 | | 2:31.75 | +0,65 | |
| | Carmen Muijwijk | 95 +0,65 | 35.75 | Chadassa Mannee | 95 +0,75 | 40.16 |
| | Senna van Dongen | 91 +0,54 | 41.56 | Claudia de Win | 91 +0,53 | 34.28 |
| 80+, Heren | | | | | | |
| 1. | De Kempvis 1 | 1:55.08 | | 1:52.34 | +0,66 | |
| | Dennis Doove | 92 +0,66 | 29.81 | Jory Sloof | 90 +0,26 | 27.85 |
| | Romero Hennep | 93 +0,38 | 29.82 | Erik Wegman | 92 +0,28 | 24.86 |

Programmanr. 31, 4 x 50m wisselslag

80+, Gemengd

| | | | | | | | | |
|----|---|---|----------------|---|----------------------|----------------|----------------|-------|
| 1. | De Zwoer 1 Pieter Ytsma Sven Dogger | De Zwoer 95 +0,63 96 +0,11 | 29.35 29.59 | 2:09.86 Suzanne Lange Sigrid Dogger | 92 +0,22 92 +0,02 | 31.61 27.88 | 1:58.43 | +0,63 |
| 2. | ZC Aquadream 1 Vincent Dermaux Marissa Minkman | ZC Aquadream 96 +0,68 93 +0,30 | 29.35 34.90 | 2:04.36 Jordy Jongenelen Lindi Verkooijen | 95 +0,37 95 +0,19 | 30.04 28.39 | 2:02.68 | +0,68 |
| 3. | ZPC Woerden 1 Jamilla van Veen Sabine Lina | ZPC Woerden 96 +0,66 89 +0,43 | 30.75 38.35 | 2:09.19 Thijs van den End Michiel van Vliet | 93 +0,67 95 +0,47 | 29.11 28.35 | 2:06.56 | +0,66 |
| 4. | De Rijn 1 Chantal Hendriks Marte Stoorvogel | De Rijn 89 +0,77 95 +0,40 | 39.67 37.03 | 2:00.85 Roderick van Doeselaar Thijs de Vos | 92 +0,16 96 +0,15 | 26.02 25.77 | 2:08.49 | +0,77 |
| 5. | ZPB H&L Productions 1 Linda Janssen Aylin van Uffelen | ZPB H&L Productions 88 +0,76 96 +0,59 | 36.17 39.08 | 2:08.01 Lars Schoffelmeer Ruben Stolk | 95 +0,35 90 +0,64 | 26.69 27.05 | 2:08.99 | +0,76 |
| 6. | Merlet 1 50m* Kim Loeffen Elske Eikholt | Merlet 94 +0,76 93 | 32.40 45.28 | 2:13.67 Bas Berndes Rens Mahler | 89 +0,16 92 +0,25 | 28.48 30.80 | 2:16.96 | +0,76 |

100+, Dames

| | | | | | | | | |
|----|--|------------------------------|----------------|--|----------------------|----------------|----------------|-------|
| 1. | DWF 1 Anne de Heer Marian Nederlof | DWF 96 +0,70 76 +0,49 | 36.85 41.49 | 2:23.22 Debby Kraaijeveld Lisette Van Sinttruije | 96 +0,52 91 +0,34 | 33.57 33.33 | 2:25.24 | +0,70 |
| 2. | GZVW 1 Nadine Blouw Josse van Geffen | GZVW 93 +0,79 86 +0,31 | 38.85 41.08 | 2:28.00 Relinda Baas Marijke Pras | 89 +0,68 92 +0,33 | 37.23 30.23 | 2:27.39 | +0,79 |

100+, Heren

| | | | | | | | | |
|----|---|---|----------------|---|----------------------|----------------|----------------|-------|
| 1. | De Haaien 1 <i>Kampioenschaps Record</i> Jeffrey Breedijk Teun Groeneweg | De Haaien 89 +0,72 87 +0,42 | 28.22 30.70 | 1:55.20 Antonio Vega Remco van de Berkt | 86 +0,48 89 +0,18 | 26.93 26.81 | 1:52.66 | +0,72 |
| 2. | Octopus 1 Stefan van de Griff Roald Blok | Octopus 87 +0,69 93 +0,33 | 33.14 30.13 | 1:54.08 Emile Manni Han Boone | 90 +0,42 77 +0,37 | 26.20 24.18 | 1:53.65 | +0,69 |
| 3. | Merlet 1 Joppe Schuurmans Teun Stribosch | Merlet 89 +0,75 96 +0,21 | 29.17 31.06 | 1:54.27 Jelte Schuurmans Ronald Vullings | 91 +0,37 87 +0,33 | 28.00 26.74 | 1:54.97 | +0,75 |
| 4. | Zwemvereniging Hoogland 1 Dan Doan Yuri van Ommen | Zwemvereniging Hoogland 95 +0,66 85 +0,18 | 30.23 32.21 | 2:00.37 Eric Kalee Rutger Stam | 90 +0,51 81 +0,28 | 31.33 26.78 | 2:00.55 | +0,66 |
| 5. | MGO (SG) 1 Ramon van Huizen Bastian Zoon | MGO (SG) 94 +0,77 87 +0,44 | 32.16 34.17 | 2:02.29 Coen van der Wekken Martijn van Hoorn | 92 +0,40 89 +0,39 | 32.22 26.37 | 2:04.92 | +0,77 |

100+, Gemengd

| | | | | | | | | |
|----|---|--------------------------------------|----------------|--|----------------------|----------------|----------------|-------|
| 1. | Wiekslag 1 Milou Julicher Heijmen van Vliet | Wiekslag 93 +0,62 80 +0,70 | 30.93 34.10 | 2:01.10 Sylvana Kusters Robbert Donk | 94 +0,23 89 +0,06 | 31.04 23.12 | 1:59.19 | +0,62 |
| 2. | MSV-Zeemacht 1 Suzanne Mosch Michael Bes | MSV-Zeemacht 94 +0,67 72 +0,35 | 33.04 32.78 | 2:02.85 Christiaan Zwaal Tessa Mosch | 95 +0,50 91 +0,28 | 26.14 28.03 | 1:59.99 | +0,67 |
| 3. | EZC 1 Joël Dam Merel van der Kieft | EZC 88 +0,60 92 +0,45 | 31.65 36.27 | 2:07.96 Lianne Molkenboer Huib Mars | 96 +0,51 87 +0,41 | 30.22 26.53 | 2:04.67 | +0,60 |
| 4. | De Veene 1 Wessel Everloo Yvon Versteeg | De Veene 89 +0,85 92 +0,39 | 32.03 33.75 | 2:04.75 Robert Dekker Diana Lammers | 84 +0,43 89 +0,45 | 28.88 30.84 | 2:05.50 | +0,85 |

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 100+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|--|----------------|----------------------|----------------|-------|
| 5. | Montferland 1 <i>NMR startzwemmer</i> | 2:07.98 | | 2:08.31 | +0,61 |
| | Martijn Giezen | 85 +0,61 28.44 | Maik Steenkamp | 91 +0,47 28.43 | |
| | Esther van Maastrigt | 88 +0,48 38.35 | Kelly Bocking | 91 +0,45 33.09 | |
| 6. | RSW (SG) 1 | 2:12.12 | | 2:12.20 | +0,73 |
| | Rianne in 't Hout | 84 +0,73 40.73 | Christa Stam | 88 +0,41 31.93 | |
| | Roy Pattipeiluhu | 91 +0,42 33.70 | Jim Geestman | 83 +0,47 25.84 | |
| 7. | ZOB'66 1 | 2:11.61 | | 2:12.53 | +0,63 |
| | Harmen Reemst | 87 +0,63 34.91 | Rebecca Evers | 92 +0,69 34.05 | |
| | Ferry Blangé | 83 +0,50 34.74 | Wendy de Bruin | 92 +0,21 28.83 | |
| 8. | Octopus 1 | 2:18.00 | | 2:20.03 | +0,73 |
| | Denise van Zetten | 96 +0,73 36.14 | Margriet Aan het Rot | 86 +0,44 38.38 | |
| | Erik Pape | 96 +0,45 30.45 | Henk van Zetten | 67 +0,12 35.06 | |
| 9. | DWF 1 | 2:29.29 | | 2:29.40 | +0,71 |
| | Daniëlle de Klein | 94 +0,71 41.70 | Talitha Boelen | 95 +0,50 40.04 | |
| | Jan Willem Nederveen | 66 +0,46 36.52 | John van Heteren | 93 +0,32 31.14 | |
| 10. | Merlet 2 | 2:29.86 | | 2:29.69 | +0,65 |
| | Elodie Siroen | 90 +0,65 41.41 | Julie Thomassen | 88 +0,55 36.68 | |
| | Mark Effing | 86 +0,18 38.71 | Tom Pijnappel | 89 +0,47 32.89 | |

120+, Dames

| | | | | | |
|----|--|----------------|----------------------|----------------|-------|
| 1. | DAW 1 | DAW | 2:10.18 | 2:14.46 | +0,77 |
| | Wieteke Elzinga | 86 +0,77 34.63 | Sandra Pannekeet | 84 +0,31 33.18 | |
| | Maaïke Vooren | 91 +0,47 34.98 | Agnes van Brug | 80 +0,55 31.67 | |
| 2. | PSV 1 | PSV | 2:16.19 | 2:15.42 | +0,74 |
| | Liselotte Joling | 75 +0,74 35.70 | Elles van Leeuwen | 86 +0,50 32.75 | |
| | Renee de Kok | 84 +0,43 37.70 | Nienke van Stipriaan | 87 +0,31 29.27 | |
| 3. | CNSW <i>Belgisch Masters Record</i> | CNSW | 2:19.86 | 2:18.91 | +0,70 |
| | Cora Vinagre Sendino | 88 +0,70 37.53 | Fanny Koenig | 89 +0,53 31.46 | |
| | Charlotte Six | 88 +0,57 38.46 | Valerie Rolland | 71 +0,58 31.46 | |
| 4. | WS Twente 1 | WS Twente | 2:18.63 | 2:20.16 | +0,75 |
| | Paulien Schokker | 83 +0,75 36.50 | Laura Lutjes | 90 +0,17 31.39 | |
| | Annette Reefhuis-de Vries | 86 +0,63 39.40 | Marion Broekhuis | 68 +0,26 32.87 | |
| 5. | De Meer 1 | De Meer | 2:20.27 | 2:20.40 | +0,70 |
| | Christa Verploeg | 74 +0,70 38.65 | Nadège van Meeteren | 74 +0,57 35.80 | |
| | Chantal van der Horst | 94 +0,57 37.02 | Eline van Gemert | 95 +0,34 28.93 | |
| 6. | WVZ 2 | WVZ | 2:18.07 | 2:21.12 | +0,81 |
| | Petra Versteegen | 77 +0,81 38.05 | Linda Hoogendam | 83 +0,56 36.30 | |
| | Isabelle Massar | 91 +0,44 37.00 | Yvonne Gerritsen | 80 +0,59 29.77 | |
| 7. | WVZ 1 | WVZ | 2:35.83 | 2:32.67 | +0,67 |
| | Tessa Verheijdt | 89 +0,67 38.95 | Andrea Gerbrands | 81 +0,30 38.71 | |
| | Fleur Maas | 89 +0,39 42.07 | Yvette Kilian | 66 +0,50 32.94 | |
| 8. | Steenwijk 1934 1 | Steenwijk 1934 | 2:43.72 | 2:53.26 | +0,95 |
| | Ilse Blankvoort | 92 +0,95 40.23 | Tara Keijzer | 91 +0,46 38.27 | |
| | Riekje Schra | 64 1:01.67 | Charine de Ruiter | 94 +0,94 33.09 | |

120+, Heren

| | | | | | |
|----|--|---------------------|--------------------|----------------|-------|
| 1. | d'ELFT WAVE (SG) 1 <i>Nederlands Masters Record</i> | d'ELFT WAVE (SG) | 1:50.21 | 1:48.75 | +0,71 |
| | Egbert Stolk | 76 +0,71 28.82 | Roderik Meijers | 86 +0,42 26.95 | |
| | Erik Simons | 89 +0,39 29.23 | Nol van Thull | 80 +0,44 23.75 | |
| 2. | Van Vliet-Barracuda 1 | Van Vliet-Barracuda | 1:57.28 | 1:56.77 | +0,76 |
| | Thommy Nickel | 84 +0,76 31.07 | Emiel van Beusekom | 94 +0,36 27.69 | |
| | Mark Hensen | 79 +0,18 32.43 | Pascal van Haren | 87 +0,41 25.58 | |
| 3. | WVZ 1 | WVZ | 1:56.45 | 1:58.21 | +0,68 |
| | Ivo Roozeboom | 77 +0,68 29.68 | Roger Flinterman | 76 +0,53 30.99 | |
| | Simon van Ravesteijn | 80 +0,28 31.02 | Rens Post | 91 +0,41 26.52 | |
| 4. | Steenwijk 1934 1 | Steenwijk 1934 | 2:01.92 | 1:58.70 | +0,79 |
| | Robert Braad | 86 +0,79 30.57 | Lauren Vis | 82 +0,35 26.51 | |
| | Huyb Stegeman | 67 +0,37 36.66 | Mike Koelewijn | 93 +0,36 24.96 | |
| 5. | De Amstel 1 | De Amstel | 2:04.07 | 2:03.41 | +0,67 |
| | Jeffrey van 't Schip | 91 +0,67 30.33 | Nick Sijmons | 95 +0,52 27.91 | |
| | Henri Michels | 65 +0,37 38.24 | Bart van der Zwaan | 90 +0,30 26.93 | |

Programmanr. 31, Heren, 4 x 50m wisselslag, 120+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT | |
|------|---------------------------|-------------------------|----------|---------------------|----------|-------|
| 6. | AZC 1 | AZC | 2:01.39 | 2:03.81 | +0,72 | |
| | Guido Keutgen | 68 +0,72 | 30.62 | Lex Wortman | 95 +0,36 | 30.81 |
| | Michael Go | 75 +0,51 | 37.19 | Joeri Stoffels | 73 +0,20 | 25.19 |
| 7. | LZ 1886 1 | LZ 1886 | 1:59.74 | 2:05.03 | +1,01 | |
| | Otto Jansen | 65 +1,01 | 34.00 | Nick van der Krogt | 95 +0,52 | 31.22 |
| | Kristiaan Lenos | 83 +0,49 | 32.92 | Boy Heijnekamp | 89 +0,42 | 26.89 |
| 8. | Zwemvereniging Westland 1 | Zwemvereniging Westland | 2:06.99 | 2:06.10 | +0,73 | |
| | Fred Dijkshoorn | 65 +0,73 | 35.02 | Ronald Koeckhoven | 81 +0,27 | 28.11 |
| | Koen Zonneveld | 91 +0,04 | 33.11 | Philip van der Gaag | 68 +0,62 | 29.86 |

120+, Gemengd

| | | | | | | |
|-------|------------------------|----------------------|---------|---------------------|----------|-------|
| 1. | ZVVS 1 | ZVVS | 2:01.78 | 2:02.14 | +0,57 | |
| | Nick Cleintuar | 95 +0,57 | 27.88 | Nadya Putter | 83 +0,46 | 31.63 |
| | Karin Stein | 71 +0,44 | 36.91 | Bas v.d. Nouwelant | 80 +0,30 | 25.72 |
| 2. | Zwemlust-den Hommel 1 | Zwemlust-den Hommel | 2:09.20 | 2:08.46 | +0,74 | |
| | Eline Schoenmaker | 90 +0,74 | 37.08 | Mark Zwart | 79 +0,39 | 29.71 |
| | Vincent Versteeg | 77 +0,34 | 31.34 | Marlous de Jong | 90 +0,58 | 30.33 |
| 3. | De Lansingh 1 | De Lansingh | 2:09.84 | 2:08.48 | +0,70 | |
| | Remco Plass | 73 +0,70 | 32.11 | Jeroen van Blanken | 92 +0,36 | 30.51 |
| | Aniek Huijsman | 88 +0,49 | 35.59 | Wendy Mets | 91 +0,55 | 30.27 |
| 4. | De Dinkel 1 | De Dinkel | 2:07.97 | 2:08.80 | +0,50 | |
| | Rogier Becker | 73 +0,50 | 36.99 | Anique Willeme | 86 +0,30 | 30.35 |
| | Joost Schasfoort | 90 +0,60 | 33.94 | Karin Hidding | 84 +0,31 | 27.52 |
| 5. | CNSW | CNSW | 2:09.88 | 2:09.52 | +0,74 | |
| | Juan Vinagre Sendino | 90 +0,74 | 30.19 | Lionel Godeaux | 60 +0,24 | 28.32 |
| | Melina Dejonckheere | 91 +0,32 | 39.39 | Isaline Manchel | 85 +0,52 | 31.62 |
| 6. | NIMO 1 | NIMO | 2:13.69 | 2:12.95 | +0,93 | |
| | Lieke Janssen | 93 +0,93 | 38.22 | Richard Ricksen | 70 +0,49 | 29.65 |
| | Freddie Geerlings | 79 +0,68 | 32.97 | Nieske Janssen | 96 +0,50 | 32.11 |
| 7. | MGO (SG) 1 | MGO (SG) | 2:12.31 | 2:14.86 | +0,77 | |
| | Marjon van Kempen | 80 +0,77 | 34.96 | Whitley Rens | 90 +0,42 | 34.83 |
| | Frank van der Voordt | 83 +0,38 | 37.33 | Niels Albrechts | 88 +0,44 | 27.74 |
| 8. | Swol 1894 1 | Swol 1894 | 2:21.52 | 2:19.63 | +0,86 | |
| | Machiel Stolk | 74 +0,86 | 32.94 | Annet Kooistra | 71 +0,47 | 40.75 |
| | Beau Rijpers | 94 +0,25 | 37.57 | Johan Wezenberg | 76 +0,47 | 28.37 |
| 9. | Budel 1 | Budel | 2:21.20 | 2:21.92 | +0,76 | |
| | Elly Scheepers | 91 +0,76 | 39.59 | Joyce Raemaekers | 91 +0,26 | 34.54 |
| | Joost van Eerd | 69 +0,66 | 38.91 | Wiljo Mackus | 71 +0,83 | 28.88 |
| 10. | WVZ 1 | WVZ | 2:25.77 | 2:22.88 | +0,77 | |
| | Arthur van Strien | 63 +0,77 | 33.82 | Manon van Strien | 94 +0,74 | 32.92 |
| | Anita Steijger | 65 +0,49 | 46.98 | Maik Helgers | 91 +0,34 | 29.16 |
| 11. | De Duinkickers 1 | De Duinkickers | 2:26.30 | 2:25.08 | +0,73 | |
| | Robin Eggenkamp | 87 +0,73 | 35.42 | Robert de Brauwer | 64 +0,40 | 33.37 |
| | Inge Roskam | 78 +0,50 | 42.35 | Manouk Ticheler | 87 +0,38 | 33.94 |
| 12. | De Biesboschzwemmers 2 | De Biesboschzwemmers | 2:23.23 | 2:26.89 | +0,79 | |
| | Dian van Pelt | 85 +0,79 | 41.73 | Richard Tiemstra | 63 +0,88 | 35.55 |
| | Erik Huisman | 74 +0,43 | 40.40 | Tonny Klop-Methorst | 88 +0,15 | 29.21 |
| NG.ZA | d'ELFT WAVE (SG) 1 | d'ELFT WAVE (SG) | 2:12.61 | | | |
| AFGEM | De Rijn 2 | De Rijn | 2:15.64 | | | |
| AFGEM | DAW 1 | DAW | 2:07.49 | | | |

160+, Dames

| | | | | | | |
|----|---------------------------------|----------------|---------|---------------------------------|----------|-------|
| 1. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | 2:30.21 | 2:30.61 | +0,61 | |
| | Marije van Manen | 86 +0,61 | 34.59 | Tina Renken | 72 +0,45 | 37.76 |
| | Friderika Kerekes | 65 +0,56 | 46.45 | Talje Dijkhuis | 66 +0,47 | 31.81 |
| 2. | ZVVS 1 | ZVVS | 2:31.48 | 2:30.79 | +0,74 | |
| | Ramona Noordemeer | 94 +0,74 | 37.45 | Joyce Brummelkamp | 70 +0,59 | 38.15 |
| | Helena Mels | 69 +0,49 | 41.93 | Ada de Voogd | 59 +0,29 | 33.26 |
| 3. | Old Dutch 1 | Old Dutch | 2:33.72 | 2:31.89 | +0,86 | |
| | Karin van Nassau van den Heuvel | 66 +0,86 | 43.53 | Chantal Verhooff | 79 +0,33 | 31.89 |
| | Chantal Gerritsen-Driessen | 76 +0,49 | 43.85 | Claudia van der Straate de Jong | 80 +0,59 | 32.62 |
| 4. | De Geul 2 | De Geul | 2:44.35 | 2:32.33 | +0,70 | |
| | Susanne Prins - Molenvijk | 66 +0,70 | 38.97 | Denise van Dongen | 72 +0,50 | 40.79 |
| | Aafke Groot | 83 +0,78 | 39.04 | Marijke Campfens | 69 +0,79 | 33.53 |

Programmanr. 31, Dames, 4 x 50m wisselslag, 160+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|---|--|---|---|----------------------------------|-------|
| 5. | DWK 1 Greta Wyma-Teitsma Iris van Aurich | DWK 71 +0,65 44.34 69 +0,45 41.89 | 2:37.48 Liesbeth van Mill Jennie Resink-Lindeboom | 87 +0,49 35.40 60 +0,52 36.56 | +0,65 |
| 6. | De Rog 1 Nancy Peeters Brigitte Willems | De Rog 79 +0,72 41.94 74 +0,73 52.97 | 2:38.24 Sandra Peeters-Wiermans Ariane Hamakers | 74 +0,48 36.03 67 32.62 | +0,72 |
| 7. | Budel 1 Jolanda Knippenberg Carola Hompes | Budel 66 +0,66 43.42 88 +0,32 42.64 | 2:46.53 Miriam Stevens Judith van der Heijden | 69 +0,89 44.21 70 36.97 | +0,66 |
| 8. | WS Twente 2 Antoinette Gilding-Tussaud Ursula Spoelstra-de Groot | WS Twente 50 +0,83 49.92 72 +0,39 45.88 | 2:48.49 Evelien Naatje Janneke Wynia | 72 +0,51 40.73 90 +0,44 34.41 | +0,83 |
| DIS Zwemvereniging Westland 1 <i>EA - Took over too quickly**</i> Tineke Brouwer-Maat Mirjan den Drijver-Aarse | | Zwemvereniging Westland 53 +0,93 47.59 75 -0,06 | 2:38.81 Jacoline van den Beukel Elke Nuijten | 91 +0,17 64 +0,34 | +0,93 |

160+, Heren

| | | | | | |
|----------------------------|---|--|---|----------------------------------|-------|
| 1. | De Gelenberg 1 John Cobussen Marcel van Winssen | De Gelenberg 75 +0,73 30.62 71 +0,38 32.46 | 1:59.93 Jeroen Jacobs Erik Lamers | 75 +0,49 28.24 75 +0,26 26.27 | +0,73 |
| 2. | DAW 1 Alex Damen Joost Hoetjes | DAW 75 +0,77 31.87 78 +0,34 31.01 | 2:01.26 Pieter van Gemeren Kars Luttk | 69 +0,33 29.79 78 +0,27 26.11 | +0,77 |
| 3. | WS Twente 1 Paul Jurcka Robin Mäkel | WS Twente 69 +0,82 32.20 68 +0,32 33.06 | 2:03.37 Jos Wensink Arno Hofmeijer | 69 +0,55 30.75 69 +0,43 25.98 | +0,82 |
| 4. | DWK 1 Michel van Wingerden Kevin Eltink | DWK 67 +0,73 34.06 91 +0,20 28.75 | 2:10.03 Martin Kaptein Martijn de Jong | 67 +0,53 30.27 71 +0,44 30.91 | +0,73 |
| 5. | Het Y 1 Manuel Arostegui Ramirez Bas Overbosch | Het Y 84 +0,69 33.78 77 +0,47 36.82 | 2:14.83 Arjan Bellaart Christian Broodman | 69 +0,44 30.33 70 +0,59 29.67 | +0,69 |
| 6. | ZVVS 1 Freddy v.d. Veer Rene de Jong | ZVVS 66 +0,79 36.88 66 +0,51 36.09 | 2:12.46 Danny Zulver Thomas Grudelbach | 67 +0,34 32.84 95 +0,22 28.26 | +0,79 |
| AFGEM Upstream Amsterdam 1 | | Upstream Amsterdam | 1:55.00 | | |

160+, Gemengd

| | | | | | |
|----|--|--|---|----------------------------------|-------|
| 1. | De Biesboschzwemmers 1 Annette Wijnja-Visser Dennis Klop | De Biesboschzwemmers 67 +0,79 36.95 83 +0,36 34.95 | 2:09.63 Harry Cornet Marjo Goelema-Koek | 71 +0,34 28.01 69 +0,48 29.37 | +0,79 |
| 2. | Triton 1 Caroline Schreuder Paul Bunnik | Triton 67 +0,84 37.38 56 +0,50 37.35 | 2:12.28 Tim Bunnik Angela Koekkoek | 90 +0,35 27.56 79 +0,16 29.01 | +0,84 |
| 3. | TRB-RES 1 Maïke Korthout Rob Verheul | TRB-RES 94 +0,66 33.81 66 +0,32 37.12 | 2:10.75 Jeroen den Boer Edith Janssen-Koolen | 67 +0,70 31.96 73 +0,34 29.05 | +0,66 |
| 4. | HZ&PC Heerenveen 1 Marten de Groot René Beetsma | HZ&PC Heerenveen 58 +0,66 35.28 69 +0,45 34.83 | 2:15.82 Fraukje Puts Peggi Hurenkamp | 92 +0,65 31.94 69 +0,62 34.13 | +0,66 |
| 5. | De Gelenberg 1 Sylvia Reijers Rob Janssen | De Gelenberg 82 37.36 70 +0,58 35.81 | 2:18.64 Harold Brouwer Debby Wagensveld | 72 +0,50 32.65 72 +0,64 33.70 | |
| 6. | ZPC AMERSFOORT 2 Ronald Pijtak Mark Pijtak | ZPC AMERSFOORT 61 +0,81 45.48 90 +0,28 35.22 | 2:24.27 Iris Pijtak Atie Pijtak-Radersma | 93 +0,26 30.72 56 +0,24 30.79 | +0,81 |
| 7. | DBD 1 Ingrid Versteegen Wout van Dijk | DBD 73 +0,79 44.36 62 +0,37 39.46 | 2:27.80 Peter Eshuis Regine Beckers-Stribos | 80 +0,44 31.66 70 +0,31 32.12 | +0,79 |
| 8. | ZPB H&L Productions 2 Ramon de Bondt Mike Hartog | ZPB H&L Productions 73 +0,89 33.41 66 +0,39 42.13 | 2:25.33 Maaïke van Diggele Clementine van Bruxvoort | 87 +0,19 33.31 77 +0,42 39.31 | +0,89 |

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 160+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|--|--------------------------------------|----------|----------------|-------|
| 9. | De Spatters | 2:21.53 | | 2:29.04 | +0,71 |
| | Gerwin Vonk 82 +0,71 31.78 | Karin Hovenkamp 87 +0,45 35.20 | | | |
| | Roelien Speelman-Tigelaar 66 +0,52 46.47 | Jan Haitsma 60 +0,47 35.59 | | | |
| 10. | WIDEX GZC DONK | 2:36.71 | | 2:29.12 | +0,74 |
| | Jacqueline de Ruiter-Wijnolst 74 +0,74 37.07 | Nathasja Konijn 71 +0,55 42.23 | | | |
| | Willem Jan Ribberink 65 +0,62 40.73 | Adrian Ortiz Buitrago 60 +0,54 29.09 | | | |
| 11. | AZC | 2:28.98 | | 2:37.09 | +0,74 |
| | Wim de Lange 58 +0,74 38.89 | Kirsten Savelberg 79 +0,35 39.21 | | | |
| | Mariska Zaal 88 +0,62 41.55 | Geza Kaltenecker 42 +0,57 37.44 | | | |
| 12. | CNSW | 2:47.72 | | 2:39.16 | +0,69 |
| | Sandra Koenig 86 +0,69 40.09 | Jean-Francois Folie 69 +0,62 33.95 | | | |
| | Kevoork Boyrazian 44 +0,63 49.72 | Severine Bayre 78 +0,84 35.40 | | | |
| 13. | Nautilus | 2:42.30 | | 2:39.42 | +0,90 |
| | Evelien Bremar-Alers 72 +0,90 48.54 | Vera van den Oord 94 +0,17 31.73 | | | |
| | Merlin Weber 62 +0,66 42.80 | Jos van Sleuwen 57 +0,73 36.35 | | | |
| 14. | Den Doorn | 2:36.60 | | 2:40.95 | +0,71 |
| | Nico Swart 68 +0,71 34.01 | Wouter van der Stelt 72 +0,42 36.32 | | | |
| | Antoinette Kant 69 +0,55 46.00 | Ineke Branderhorst 69 +0,40 44.62 | | | |
| 200+, Heren | | | | | |
| 1. | ZV Haerlem | 2:08.04 | | 2:02.28 | +0,61 |
| | Imre Esser 66 +0,61 34.36 | Simon Franken 66 +0,06 30.59 | | | |
| | Ron Dekker 66 +0,35 31.79 | Hans Kroes 65 +0,27 25.54 | | | |
| 2. | De Rog | 2:03.64 | | 2:02.42 | +0,70 |
| | Erik Kamphuis 60 +0,70 33.41 | Peter Bensen 63 +0,36 28.72 | | | |
| | Glen le Clercq 68 +0,33 32.36 | Rob Spetter 62 +0,44 27.93 | | | |
| 3. | Aqua-Novio'94 | 2:13.99 | | 2:14.93 | +0,61 |
| | Albert Boonstra 57 +0,61 31.53 | Pieter-Sjoerd de Wijn 65 +0,36 34.09 | | | |
| | Peter Fölker 64 +0,69 37.78 | Wim Witjes 58 +0,59 31.53 | | | |
| 4. | Kauno Takas | 2:15.00 | | 2:18.82 | +0,67 |
| | Pavel Protasciuk 79 +0,67 30.94 | Arvydas Burinskas 69 +0,40 30.81 | | | |
| | Julius Bezzubovas 73 +0,33 37.41 | Pavelas Bezzubovas 39 +0,69 39.66 | | | |
| 5. | WS Twente | 2:29.07 | | 2:25.90 | +0,83 |
| | Jack Barends 62 +0,83 37.84 | Jan Willem Heuten 60 +0,51 35.80 | | | |
| | Joop Weenink 68 +0,51 37.08 | Herbert Katgert 59 +0,59 35.18 | | | |
| 6. | Budel | 2:35.63 | | 2:34.86 | +0,91 |
| | Jos Zentjens 57 +0,91 42.23 | Edward van Nijmweegen 70 +0,33 36.98 | | | |
| | Jan-Pieter Broos 68 +0,81 45.45 | Ruud Kennis 65 +0,06 30.20 | | | |
| AFGEM | DAW 2 | 2:07.75 | | | |
| AFGEM | CNSW | 3:22.88 | | | |

200+, Gemengd

| | | | | | |
|----|--|--|---------|----------------|-------|
| 1. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | 2:20.89 | 2:10.54 | +0,74 |
| | <i>Kampioenschaps Record</i> | | | | |
| | Lidia v. Bon-Rosenbrand 70 +0,74 36.34 | Edwin v. Norden 63 +0,09 27.52 | | | |
| | Ron Korzelius 65 +0,38 34.86 | Petra Casteleijn 66 +0,57 31.82 | | | |
| 2. | ZPC De Zeeuwse Kust 1 | ZPC De Zeeuwse Kust | 2:28.48 | 2:17.23 | +0,67 |
| | Natasja Forat 77 +0,67 37.15 | Jan Brink 62 +0,27 31.11 | | | |
| | Marijke van Hoek 58 +0,33 41.86 | Amo Wouters 58 +0,25 27.11 | | | |
| 3. | PSV 1 | PSV | 2:08.73 | 2:17.70 | +0,64 |
| | Gudule van der Meer 72 +0,64 33.14 | Carla Hensen 53 +0,72 45.20 | | | |
| | Harold Matla 68 +0,38 31.50 | Hans Wijsman 55 +0,31 27.86 | | | |
| 4. | ZPC Woerden 2 | ZPC Woerden | 2:21.41 | 2:17.81 | +0,79 |
| | Johan Remmits 62 +0,79 31.78 | Marjan Remmits-De Lange 63 +0,28 33.11 | | | |
| | Marja Verwoerd 69 +0,47 41.82 | John Brandsen 65 +0,66 31.10 | | | |
| 5. | Kauno Takas 1 | Kauno Takas | 2:30.00 | 2:18.91 | +0,77 |
| | <i>Lithuanian Masters Record</i> | | | | |
| | Linus Kersevicius 71 +0,77 31.36 | Loreta Kabasinskiene 63 +0,55 40.20 | | | |
| | Arlandas Juodeska 61 +0,38 35.41 | Jolanta Duleviciene 67 +0,70 31.94 | | | |
| 6. | DAW 2 | DAW | 2:20.98 | 2:22.03 | +0,68 |
| | Fred Heemstra 65 +0,68 34.72 | Jeroen Kort 68 +0,43 31.48 | | | |
| | Petra Tossings 61 +0,79 44.33 | Jacqueline Tuin 66 +0,66 31.50 | | | |

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 200+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|-------------------|----------------|----------------------|----------------|-------|
| 7. | PLONS 1 | PLONS | 2:24.00 | 2:23.60 | +0,76 |
| | Evertjan Masurel | 56 +0,76 37.41 | Inge Wolfs | 60 +0,54 36.34 | |
| | Stan Dekker | 79 +0,42 34.98 | Patty Krupiarz | 54 +0,42 34.87 | |
| 8. | Steenwijk 1934 1 | Steenwijk 1934 | 2:31.19 | 2:33.11 | +0,55 |
| | Casper Dollekamp | 63 +0,55 36.26 | Wilna Heijman | 64 +0,75 38.04 | |
| | Hans van Scheepen | 62 +0,70 43.15 | Inge Lolkema-Soeters | 73 +0,31 35.66 | |
| 9. | WIDEX GZC DONK 1 | WIDEX GZC DONK | 2:40.50 | 2:41.41 | +0,79 |
| | Feikje Wittermans | 64 +0,79 37.55 | Lia Bijkerk | 60 +0,54 47.62 | |
| | Peter Coffeng | 57 +0,62 43.53 | Pierre de Groot | 64 +0,65 32.71 | |

240+, Dames

| | | | | | |
|----|----------------------------------|----------------|---------------------------|----------------|-------|
| 1. | Swol 1894 1 | Swol 1894 | 2:33.62 | 2:39.15 | +0,98 |
| | <i>Nederlands Masters Record</i> | | | | |
| | Annemarie Vuijs | 63 +0,98 43.24 | Mathilde Vink | 58 +0,60 37.00 | |
| | Bea Swijnenberg | 49 +0,36 45.87 | Christien Nieuwenhuis | 51 +0,47 33.04 | |
| 2. | CNSW | CNSW | 3:05.46 | 2:53.47 | +0,79 |
| | <i>Belgisch Masters Record</i> | | | | |
| | Anne De Sauvage | 55 +0,79 43.45 | Claire Anthony | 57 +0,54 36.55 | |
| | Christine Godbille | 58 +0,71 49.61 | Fernande Gourmet-Blondeel | 52 +0,75 43.86 | |

240+, Heren

| | | | | | |
|----|------------------------|----------------|------------------------|----------------|-------|
| 1. | WWV 1 | WWV | 2:17.74 | 2:19.05 | +0,78 |
| | Ruud Ruiter | 53 +0,78 36.75 | Kees-Jan van Overbeeke | 62 +0,39 30.67 | |
| | Laurens Klein Breteler | 54 +0,42 39.06 | Theo Schouten | 46 +0,46 32.57 | |
| 2. | UZSC 1 | UZSC | 2:27.78 | 2:26.25 | +0,77 |
| | Nartano Glijn | 55 +0,77 34.53 | Wim Scherpenisse | 55 +0,76 35.43 | |
| | Tom Meijnen | 44 +0,71 43.45 | Frederik Eshuis | 59 +0,31 32.84 | |
| 3. | PSV 1 | PSV | 2:42.62 | 2:45.35 | +0,79 |
| | Mark Godwaldt | 87 +0,79 35.03 | Rob Hanou | 43 +0,59 44.36 | |
| | Rob Hemesath | 61 +0,26 36.70 | Bob Berg | 33 +0,60 49.26 | |

240+, Gemengd

| | | | | | |
|----|--------------------------|----------------|-----------------------|----------------|-------|
| 1. | WS Twente 1 | WS Twente | 2:31.94 | 2:29.06 | +0,64 |
| | Frans van Enst | 40 +0,64 39.48 | Jeannette Ruesink | 63 +0,36 37.51 | |
| | Bart van Calker | 61 +0,41 39.63 | Marijke Kraak-Beckers | 60 +0,38 32.44 | |
| 2. | Poseidon 1 | Poseidon | 2:31.00 | 2:31.50 | +0,81 |
| | Mikhail Ulybyshev | 46 +0,81 38.87 | Olga Kedrova | 60 +0,55 37.81 | |
| | Marina Novikova | 61 +0,70 43.70 | Veniamin Zhitlovskiy | 51 +0,67 31.12 | |
| 3. | DAW 3 | DAW | 3:02.08 | 3:01.34 | +0,85 |
| | Ingeborg Stokx | 67 +0,85 48.97 | Jaap Kwakkel | 47 +0,11 39.41 | |
| | Mieke Strijbis-v.d.Kroft | 45 +0,47 55.39 | Nello Spiteri | 52 +0,51 37.57 | |

280+, Dames

| | | | | | |
|----|----------------------------------|------------------|--------------------|------------------|-------|
| 1. | PSV 2 | PSV | 2:58.34 | 3:02.28 | |
| | <i>Nederlands Masters Record</i> | | | | |
| | Alice Lindhout | 35 56.27 | Patty Verhagen | 59 +0,37 38.50 | |
| | Ineke Weekers | 53 +0,26 43.29 | Lottie Geurts | 35 +0,41 44.22 | |
| 2. | Old Dutch 2 | Old Dutch | 4:07.09 | 4:12.33 | +0,82 |
| | Annie de Vos | 34 +0,82 1:06.20 | Matty van der Veen | 44 +0,43 1:04.63 | |
| | Karien Musters | 58 +0,77 1:06.15 | Truus Ruiter | 40 +0,18 55.35 | |

6 - ONMK 2016 kb sessie 6

24-01-2016 - 9:00

Programmanr. 32
24-01-2016 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|--------------------|----------------------|-------------------------|---------------|-----------|-----------------|-------|----------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Melissa van der Geld | AquAmigos | 9:50.40 | 199506250 | 9:49.03 | +0,70 | | |
| | 50m: 33.98 | 33.98 | 250m: 3:04.25 | 37.71 | 450m: 5:35.05 | 37.49 | 650m: 8:03.02 | 36.42 |
| | 100m: 1:11.51 | 37.53 | 300m: 3:41.95 | 37.70 | 500m: 6:12.66 | 37.61 | 700m: 8:39.52 | 36.50 |
| | 150m: 1:49.07 | 37.56 | 350m: 4:19.66 | 37.71 | 550m: 6:50.13 | 37.47 | 750m: 9:15.13 | 35.61 |
| | 200m: 2:26.54 | 37.47 | 400m: 4:57.56 | 37.90 | 600m: 7:26.60 | 36.47 | 800m: 9:49.03 | 33.90 |
| 2. | Iris Pijtak | ZPC AMERSFOORT | 9:45.74 | 199300602 | 9:55.81 | +0,73 | | |
| | 50m: 33.03 | 33.03 | 250m: 3:02.41 | 37.79 | 450m: 5:34.61 | 38.06 | 650m: 8:05.87 | 37.41 |
| | 100m: 1:09.76 | 36.73 | 300m: 3:40.51 | 38.10 | 500m: 6:12.51 | 37.90 | 700m: 8:43.10 | 37.23 |
| | 150m: 1:47.12 | 37.36 | 350m: 4:18.39 | 37.88 | 550m: 6:50.63 | 38.12 | 750m: 9:20.42 | 37.32 |
| | 200m: 2:24.62 | 37.50 | 400m: 4:56.55 | 38.16 | 600m: 7:28.46 | 37.83 | 800m: 9:55.81 | 35.39 |
| 3. | Désirée Emmen | De Warande | 10:07.18 | 199204862 | 9:58.15 | +0,73 | | |
| | 50m: 33.19 | 33.19 | 250m: 3:00.81 | 37.35 | 450m: 5:33.08 | 38.38 | 650m: 8:05.81 | 38.07 |
| | 100m: 1:09.36 | 36.17 | 300m: 3:38.39 | 37.58 | 500m: 6:11.73 | 38.65 | 700m: 8:43.67 | 37.86 |
| | 150m: 1:46.06 | 36.70 | 350m: 4:16.52 | 38.13 | 550m: 6:49.81 | 38.08 | 750m: 9:21.67 | 38.00 |
| | 200m: 2:23.46 | 37.40 | 400m: 4:54.70 | 38.18 | 600m: 7:27.74 | 37.93 | 800m: 9:58.15 | 36.48 |
| 4. | Fraukje Puts | HZ&PC Heerenveen | 10:20.53 | 199206470 | 10:01.48 | +0,81 | | |
| | 50m: 32.49 | 32.49 | 250m: 2:59.07 | 37.62 | 450m: 5:33.38 | 38.94 | 650m: 8:08.94 | 38.90 |
| | 100m: 1:07.92 | 35.43 | 300m: 3:37.11 | 38.04 | 500m: 6:12.27 | 38.89 | 700m: 8:47.51 | 38.57 |
| | 150m: 1:44.25 | 36.33 | 350m: 4:15.69 | 38.58 | 550m: 6:50.90 | 38.63 | 750m: 9:25.33 | 37.82 |
| | 200m: 2:21.45 | 37.20 | 400m: 4:54.44 | 38.75 | 600m: 7:30.04 | 39.14 | 800m: 10:01.48 | 36.15 |
| 5. | Moniek Heemskerck | LZ 1886 | 10:03.65 | 199601964 | 10:05.45 | +0,72 | | |
| | 50m: 32.19 | 32.19 | 250m: 3:04.26 | 38.85 | 450m: 5:39.29 | 38.50 | 650m: 8:12.85 | 38.10 |
| | 100m: 1:08.79 | 36.60 | 300m: 3:43.13 | 38.87 | 500m: 6:17.55 | 38.26 | 700m: 8:50.70 | 37.85 |
| | 150m: 1:46.35 | 37.56 | 350m: 4:21.62 | 38.49 | 550m: 6:56.20 | 38.65 | 750m: 9:28.63 | 37.93 |
| | 200m: 2:25.41 | 39.06 | 400m: 5:00.79 | 39.17 | 600m: 7:34.75 | 38.55 | 800m: 10:05.45 | 36.82 |
| 6. | Janine de Groot | Nova | 10:28.13 | 199500092 | 10:10.34 | +0,82 | | |
| | 50m: 33.49 | 33.49 | 250m: 3:05.13 | 38.38 | 450m: 5:40.16 | 38.78 | 650m: 8:17.15 | 39.21 |
| | 100m: 1:10.36 | 36.87 | 300m: 3:43.69 | 38.56 | 500m: 6:19.16 | 39.00 | 700m: 8:55.67 | 38.52 |
| | 150m: 1:48.53 | 38.17 | 350m: 4:22.49 | 38.80 | 550m: 6:58.62 | 39.46 | 750m: 9:33.81 | 38.14 |
| | 200m: 2:26.75 | 38.22 | 400m: 5:01.38 | 38.89 | 600m: 7:37.94 | 39.32 | 800m: 10:10.34 | 36.53 |
| 7. | Maike Korthout | TRB-RES | 10:21.42 | 199406034 | 10:27.94 | +0,71 | | |
| | 50m: 33.31 | 33.31 | 250m: 3:08.15 | 39.25 | 450m: 5:47.97 | 40.10 | 650m: 8:29.78 | 39.90 |
| | 100m: 1:10.40 | 37.09 | 300m: 3:48.06 | 39.91 | 500m: 6:28.22 | 40.25 | 700m: 9:10.73 | 40.95 |
| | 150m: 1:49.19 | 38.79 | 350m: 4:27.98 | 39.92 | 550m: 7:09.38 | 41.16 | 750m: 9:50.18 | 39.45 |
| | 200m: 2:28.90 | 39.71 | 400m: 5:07.87 | 39.89 | 600m: 7:49.88 | 40.50 | 800m: 10:27.94 | 37.76 |
| 8. | Amber Reijm | The Hague Swimming (SG) | 10:34.12 | 199405434 | 10:29.58 | +0,83 | | |
| | 50m: 35.59 | 35.59 | 250m: 3:16.38 | 40.53 | 450m: 5:58.18 | 39.85 | 650m: 8:35.06 | 39.18 |
| | 100m: 1:14.96 | 39.37 | 300m: 3:57.42 | 41.04 | 500m: 6:37.50 | 39.32 | 700m: 9:14.48 | 39.42 |
| | 150m: 1:55.36 | 40.40 | 350m: 4:37.96 | 40.54 | 550m: 7:16.50 | 39.00 | 750m: 9:53.16 | 38.68 |
| | 200m: 2:35.85 | 40.49 | 400m: 5:18.33 | 40.37 | 600m: 7:55.88 | 39.38 | 800m: 10:29.58 | 36.42 |
| 9. | Beau Rijpers | Swol 1894 | 10:32.91 | 199402638 | 10:37.43 | +0,77 | | |
| | 50m: 34.92 | 34.92 | 250m: 3:13.86 | 40.47 | 450m: 5:56.78 | 40.71 | 650m: 8:38.55 | 40.35 |
| | 100m: 1:13.30 | 38.38 | 300m: 3:54.27 | 40.41 | 500m: 6:37.52 | 40.74 | 700m: 9:18.74 | 40.19 |
| | 150m: 1:52.82 | 39.52 | 350m: 4:35.17 | 40.90 | 550m: 7:17.77 | 40.25 | 750m: 9:58.79 | 40.05 |
| | 200m: 2:33.39 | 40.57 | 400m: 5:16.07 | 40.90 | 600m: 7:58.20 | 40.43 | 800m: 10:37.43 | 38.64 |
| 10. | Anouk Kuijlaars | PSV | 10:34.48 | 199401700 | 10:38.75 | +0,74 | | |
| | 50m: 34.61 | 34.61 | 250m: 3:11.40 | 40.14 | 450m: 5:54.14 | 41.01 | 650m: 8:37.21 | 40.96 |
| | 100m: 1:12.42 | 37.81 | 300m: 3:51.58 | 40.18 | 500m: 6:34.90 | 40.76 | 700m: 9:18.24 | 41.03 |
| | 150m: 1:50.93 | 38.51 | 350m: 4:31.98 | 40.40 | 550m: 7:15.99 | 41.09 | 750m: 9:59.28 | 41.04 |
| | 200m: 2:31.26 | 40.33 | 400m: 5:13.13 | 41.15 | 600m: 7:56.25 | 40.26 | 800m: 10:38.75 | 39.47 |
| 11. | Denise van Zetten | Octopus | 10:25.12 | 199600932 | 10:40.02 | +0,77 | | |
| | 50m: 33.16 | 33.16 | 250m: 3:09.47 | 40.51 | 450m: 5:53.46 | 41.43 | 650m: 8:38.68 | 41.27 |
| | 100m: 1:10.44 | 37.28 | 300m: 3:50.02 | 40.55 | 500m: 6:34.72 | 41.26 | 700m: 9:20.35 | 41.67 |
| | 150m: 1:49.20 | 38.76 | 350m: 4:30.98 | 40.96 | 550m: 7:15.79 | 41.07 | 750m: 10:01.12 | 40.77 |
| | 200m: 2:28.96 | 39.76 | 400m: 5:12.03 | 41.05 | 600m: 7:57.41 | 41.62 | 800m: 10:40.02 | 38.90 |

Programmanr. 32, Dames, 800m vrije slag

Masters 25+

| | | | | | | | | |
|-----|----------------------------|---------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Marlijn Hendriksen | Arethusa | 9:39.15 | 198806828 | 9:35.58 | +0,77 | | |
| | 50m: 33.89 | 33.89 | 250m: 2:59.94 | 36.53 | 450m: 5:24.04 | 35.68 | 650m: 7:47.60 | 35.84 |
| | 100m: 1:10.68 | 36.79 | 300m: 3:36.16 | 36.22 | 500m: 5:59.83 | 35.79 | 700m: 8:24.03 | 36.43 |
| | 150m: 1:46.91 | 36.23 | 350m: 4:12.06 | 35.90 | 550m: 6:36.18 | 36.35 | 750m: 9:00.14 | 36.11 |
| | 200m: 2:23.41 | 36.50 | 400m: 4:48.36 | 36.30 | 600m: 7:11.76 | 35.58 | 800m: 9:35.58 | 35.44 |
| 2. | L. van der Heide - Andeweg | Zuiderzeewimmers | 9:33.80 | 198800092 | 9:40.59 | +0,86 | | |
| | 50m: 32.67 | 32.67 | 250m: 2:59.22 | 37.24 | 450m: 5:26.87 | 36.99 | 650m: 7:54.01 | 36.36 |
| | 100m: 1:08.79 | 36.12 | 300m: 3:36.14 | 36.92 | 500m: 6:03.78 | 36.91 | 700m: 8:30.21 | 36.20 |
| | 150m: 1:45.29 | 36.50 | 350m: 4:13.14 | 37.00 | 550m: 6:40.92 | 37.14 | 750m: 9:05.95 | 35.74 |
| | 200m: 2:21.98 | 36.69 | 400m: 4:49.88 | 36.74 | 600m: 7:17.65 | 36.73 | 800m: 9:40.59 | 34.64 |
| 3. | Maaïke Vooren | DAW | 9:38.04 | 199103324 | 9:46.14 | +0,80 | | |
| | 50m: 33.33 | 33.33 | 250m: 3:00.59 | 37.07 | 450m: 5:27.96 | 36.91 | 650m: 7:55.70 | 36.78 |
| | 100m: 1:09.34 | 36.01 | 300m: 3:37.60 | 37.01 | 500m: 6:04.97 | 37.01 | 700m: 8:32.66 | 36.96 |
| | 150m: 1:46.30 | 36.96 | 350m: 4:14.29 | 36.69 | 550m: 6:41.93 | 36.96 | 750m: 9:09.66 | 37.00 |
| | 200m: 2:23.52 | 37.22 | 400m: 4:51.05 | 36.76 | 600m: 7:18.92 | 36.99 | 800m: 9:46.14 | 36.48 |
| 4. | Rosanne de Boer | LZ 1886 | 10:31.08 | 199104060 | 10:17.22 | +0,81 | | |
| | 50m: 33.30 | 33.30 | 250m: 3:06.86 | 38.83 | 450m: 5:44.10 | 39.43 | 650m: 8:20.85 | 38.99 |
| | 100m: 1:10.65 | 37.35 | 300m: 3:46.19 | 39.33 | 500m: 6:23.29 | 39.19 | 700m: 9:00.09 | 39.24 |
| | 150m: 1:48.90 | 38.25 | 350m: 4:25.37 | 39.18 | 550m: 7:02.89 | 39.60 | 750m: 9:39.23 | 39.14 |
| | 200m: 2:28.03 | 39.13 | 400m: 5:04.67 | 39.30 | 600m: 7:41.86 | 38.97 | 800m: 10:17.22 | 37.99 |
| 5. | Charlotte Six | CNSW | 10:18.20 | 003821/88 | 10:23.25 | +0,93 | | |
| | 50m: 34.67 | 34.67 | 250m: 3:09.82 | 39.62 | 450m: 5:47.10 | 39.13 | 650m: 8:26.08 | 39.89 |
| | 100m: 1:12.26 | 37.59 | 300m: 3:48.75 | 38.93 | 500m: 6:26.64 | 39.54 | 700m: 9:05.85 | 39.77 |
| | 150m: 1:50.81 | 38.55 | 350m: 4:28.22 | 39.47 | 550m: 7:06.79 | 40.15 | 750m: 9:45.56 | 39.71 |
| | 200m: 2:30.20 | 39.39 | 400m: 5:07.97 | 39.75 | 600m: 7:46.19 | 39.40 | 800m: 10:23.25 | 37.69 |
| 6. | Martje Godschalk | De IJssel | 10:30.23 | 199001186 | 10:40.03 | +0,85 | | |
| | 50m: 34.42 | 34.42 | 250m: 3:12.23 | 40.07 | 450m: 5:54.48 | 40.56 | 650m: 8:37.71 | 40.77 |
| | 100m: 1:12.88 | 38.46 | 300m: 3:52.79 | 40.56 | 500m: 6:34.89 | 40.41 | 700m: 9:18.74 | 41.03 |
| | 150m: 1:52.21 | 39.33 | 350m: 4:33.38 | 40.59 | 550m: 7:15.87 | 40.98 | 750m: 9:59.72 | 40.98 |
| | 200m: 2:32.16 | 39.95 | 400m: 5:13.92 | 40.54 | 600m: 7:56.94 | 41.07 | 800m: 10:40.03 | 40.31 |
| 7. | Mandy Verbakel | ZPC Woerden | 10:54.76 | 199003908 | 10:43.53 | +0,85 | | |
| | 50m: 35.32 | 35.32 | 250m: 3:17.28 | 40.41 | 450m: 6:00.35 | 40.75 | 650m: 8:44.61 | 41.11 |
| | 100m: 1:15.24 | 39.92 | 300m: 3:58.09 | 40.81 | 500m: 6:41.19 | 40.84 | 700m: 9:25.21 | 40.60 |
| | 150m: 1:55.82 | 40.58 | 350m: 4:39.10 | 41.01 | 550m: 7:22.21 | 41.02 | 750m: 10:05.17 | 39.96 |
| | 200m: 2:36.87 | 41.05 | 400m: 5:19.60 | 40.50 | 600m: 8:03.50 | 41.29 | 800m: 10:43.53 | 38.36 |
| 8. | Tamara Caspers | LZ 1886 | 10:43.50 | 199007272 | 10:44.41 | +0,77 | | |
| | 50m: 34.59 | 34.59 | 250m: 3:14.16 | 40.47 | 450m: 5:56.71 | 40.96 | 650m: 8:43.25 | 41.89 |
| | 100m: 1:13.57 | 38.98 | 300m: 3:54.63 | 40.47 | 500m: 6:38.25 | 41.54 | 700m: 9:25.36 | 42.11 |
| | 150m: 1:53.81 | 40.24 | 350m: 4:35.04 | 40.41 | 550m: 7:19.81 | 41.56 | 750m: 10:06.29 | 40.93 |
| | 200m: 2:33.69 | 39.88 | 400m: 5:15.75 | 40.71 | 600m: 8:01.36 | 41.55 | 800m: 10:44.41 | 38.12 |
| 9. | Sunanda van Heteren | De Geul | 10:42.44 | 198901728 | 10:55.22 | +0,88 | | |
| | 50m: 35.27 | 35.27 | 250m: 3:17.08 | 40.97 | 450m: 6:02.77 | 41.83 | 650m: 8:51.88 | 41.73 |
| | 100m: 1:14.59 | 39.32 | 300m: 3:58.78 | 41.70 | 500m: 6:45.31 | 42.54 | 700m: 9:33.62 | 41.74 |
| | 150m: 1:55.06 | 40.47 | 350m: 4:39.44 | 40.66 | 550m: 7:27.85 | 42.54 | 750m: 10:14.75 | 41.13 |
| | 200m: 2:36.11 | 41.05 | 400m: 5:20.94 | 41.50 | 600m: 8:10.15 | 42.30 | 800m: 10:55.22 | 40.47 |
| 10. | Melina Dejonckheere | CNSW | 11:28.81 | 001610/91 | 10:56.77 | +0,99 | | |
| | 50m: 38.09 | 38.09 | 250m: 3:25.34 | 42.25 | 450m: 6:11.96 | 41.23 | 650m: 8:56.63 | 41.20 |
| | 100m: 1:19.15 | 41.06 | 300m: 4:06.97 | 41.63 | 500m: 6:52.71 | 40.75 | 700m: 9:37.53 | 40.90 |
| | 150m: 2:01.37 | 42.22 | 350m: 4:48.86 | 41.89 | 550m: 7:33.84 | 41.13 | 750m: 10:18.48 | 40.95 |
| | 200m: 2:43.09 | 41.72 | 400m: 5:30.73 | 41.87 | 600m: 8:15.43 | 41.59 | 800m: 10:56.77 | 38.29 |
| 11. | Maaïke van Diggele | ZPB H&L Productions | 11:00.09 | 198700868 | 10:58.21 | +0,85 | | |
| | 50m: 35.82 | 35.82 | 250m: 3:18.28 | 41.43 | 450m: 6:06.08 | 42.32 | 650m: 8:55.71 | 41.77 |
| | 100m: 1:15.26 | 39.44 | 300m: 3:59.96 | 41.68 | 500m: 6:48.70 | 42.62 | 700m: 9:36.99 | 41.28 |
| | 150m: 1:55.85 | 40.59 | 350m: 4:41.60 | 41.64 | 550m: 7:31.28 | 42.58 | 750m: 10:18.71 | 41.72 |
| | 200m: 2:36.85 | 41.00 | 400m: 5:23.76 | 42.16 | 600m: 8:13.94 | 42.66 | 800m: 10:58.21 | 39.50 |
| 12. | Cora Vinagre Sendino | CNSW | 11:23.09 | 003824/88 | 11:19.80 | +0,85 | | |
| | 50m: 36.60 | 36.60 | 250m: 3:25.51 | 42.78 | 450m: 6:19.45 | 43.30 | 650m: 9:12.94 | 43.20 |
| | 100m: 1:17.62 | 41.02 | 300m: 4:08.66 | 43.15 | 500m: 7:02.75 | 43.30 | 700m: 9:56.54 | 43.60 |
| | 150m: 2:00.08 | 42.46 | 350m: 4:52.66 | 44.00 | 550m: 7:46.20 | 43.45 | 750m: 10:39.77 | 43.23 |
| | 200m: 2:42.73 | 42.65 | 400m: 5:36.15 | 43.49 | 600m: 8:29.74 | 43.54 | 800m: 11:19.80 | 40.03 |

Masters 30+

| | | | | | | | | |
|----|----------------|-------|---------------|----------|-----------------|-------|----------------|-------|
| 1. | Ann Van Beylen | RSCM | 9:59.36 | 20264/84 | 10:00.29 | +0,91 | | |
| | 50m: 32.97 | 32.97 | 250m: 3:00.91 | 37.74 | 450m: 5:33.73 | 38.47 | 650m: 8:07.17 | 38.27 |
| | 100m: 1:08.96 | 35.99 | 300m: 3:38.90 | 37.99 | 500m: 6:12.13 | 38.40 | 700m: 8:45.41 | 38.24 |
| | 150m: 1:45.81 | 36.85 | 350m: 4:16.85 | 37.95 | 550m: 6:50.60 | 38.47 | 750m: 9:23.45 | 38.04 |
| | 200m: 2:23.17 | 37.36 | 400m: 4:55.26 | 38.41 | 600m: 7:28.90 | 38.30 | 800m: 10:00.29 | 36.84 |

Programmanr. 32, Dames, 800m vrije slag, Masters 30+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|--------------------|------------|---------------|-----------|-----------------|-------|----------------|-------|
| 2. | Ramona Linting | AZC | 10:31.88 | 198301274 | 10:25.97 | +0,74 | | |
| | 50m: 34.58 | 34.58 | 250m: 3:11.73 | 39.35 | 450m: 5:49.47 | 39.30 | 650m: 8:28.22 | 40.09 |
| | 100m: 1:13.22 | 38.64 | 300m: 3:51.39 | 39.66 | 500m: 6:28.94 | 39.47 | 700m: 9:08.20 | 39.98 |
| | 150m: 1:52.65 | 39.43 | 350m: 4:30.82 | 39.43 | 550m: 7:08.37 | 39.43 | 750m: 9:47.75 | 39.55 |
| | 200m: 2:32.38 | 39.73 | 400m: 5:10.17 | 39.35 | 600m: 7:48.13 | 39.76 | 800m: 10:25.97 | 38.22 |
| 3. | Linda Hoogendam | WVZ | 11:03.01 | 198300892 | 10:49.69 | +0,82 | | |
| | 50m: 36.05 | 36.05 | 250m: 3:19.82 | 41.04 | 450m: 6:04.19 | 40.83 | 650m: 8:49.14 | 41.01 |
| | 100m: 1:16.51 | 40.46 | 300m: 4:01.12 | 41.30 | 500m: 6:45.61 | 41.42 | 700m: 9:30.13 | 40.99 |
| | 150m: 1:57.78 | 41.27 | 350m: 4:42.37 | 41.25 | 550m: 7:27.26 | 41.65 | 750m: 10:11.22 | 41.09 |
| | 200m: 2:38.78 | 41.00 | 400m: 5:23.36 | 40.99 | 600m: 8:08.13 | 40.87 | 800m: 10:49.69 | 38.47 |
| 4. | Sandra Koenig | CNSW | 11:24.40 | 002644/86 | 11:13.77 | +0,85 | | |
| | 50m: 38.26 | 38.26 | 250m: 3:26.76 | 42.36 | 450m: 6:16.65 | 42.33 | 650m: 9:07.00 | 42.48 |
| | 100m: 1:19.68 | 41.42 | 300m: 4:09.47 | 42.71 | 500m: 6:59.07 | 42.42 | 700m: 9:49.74 | 42.74 |
| | 150m: 2:01.91 | 42.23 | 350m: 4:51.92 | 42.45 | 550m: 7:41.69 | 42.62 | 750m: 10:32.54 | 42.80 |
| | 200m: 2:44.40 | 42.49 | 400m: 5:34.32 | 42.40 | 600m: 8:24.52 | 42.83 | 800m: 11:13.77 | 41.23 |
| 5. | Sandra Schellekens | SWNZ (SG) | 11:19.22 | 198503416 | 11:16.50 | +0,94 | | |
| | 50m: 35.48 | 35.48 | 250m: 3:22.33 | 42.42 | 450m: 6:13.94 | 43.21 | 650m: 9:08.45 | 43.56 |
| | 100m: 1:15.70 | 40.22 | 300m: 4:05.04 | 42.71 | 500m: 6:57.38 | 43.44 | 700m: 9:52.19 | 43.74 |
| | 150m: 1:57.57 | 41.87 | 350m: 4:47.78 | 42.74 | 550m: 7:41.56 | 44.18 | 750m: 10:35.42 | 43.23 |
| | 200m: 2:39.91 | 42.34 | 400m: 5:30.73 | 42.95 | 600m: 8:24.89 | 43.33 | 800m: 11:16.50 | 41.08 |
| 6. | Paulien Schokker | WS Twente | 11:13.10 | 198302876 | 11:20.24 | +0,90 | | |
| | 50m: 35.64 | 35.64 | 250m: 3:23.64 | 42.68 | 450m: 6:17.35 | 43.44 | 650m: 9:13.72 | 44.04 |
| | 100m: 1:16.57 | 40.93 | 300m: 4:06.85 | 43.21 | 500m: 7:02.25 | 44.90 | 700m: 9:57.61 | 43.89 |
| | 150m: 1:58.51 | 41.94 | 350m: 4:50.32 | 43.47 | 550m: 7:45.73 | 43.48 | 750m: 10:40.56 | 42.95 |
| | 200m: 2:40.96 | 42.45 | 400m: 5:33.91 | 43.59 | 600m: 8:29.68 | 43.95 | 800m: 11:20.24 | 39.68 |
| 7. | Isaline Manchel | CNSW | 11:45.35 | 001284/85 | 11:29.70 | +0,87 | | |
| | 50m: 40.86 | 40.86 | 250m: 3:32.50 | 43.08 | 450m: 6:25.16 | 42.91 | 650m: 9:19.87 | 43.72 |
| | 100m: 1:23.10 | 42.24 | 300m: 4:16.09 | 43.59 | 500m: 7:08.54 | 43.38 | 700m: 10:04.21 | 44.34 |
| | 150m: 2:06.06 | 42.96 | 350m: 4:59.16 | 43.07 | 550m: 7:52.77 | 44.23 | 750m: 10:47.29 | 43.08 |
| | 200m: 2:49.42 | 43.36 | 400m: 5:42.25 | 43.09 | 600m: 8:36.15 | 43.38 | 800m: 11:29.70 | 42.41 |

Masters 35+

| | | | | | | | | |
|----|--------------------|-------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Yvonne Gerritsen | WVZ | 11:28.44 | 198000342 | 10:53.18 | +0,87 | | |
| | 50m: 35.83 | 35.83 | 250m: 3:19.50 | 41.25 | 450m: 6:04.79 | 41.58 | 650m: 8:50.74 | 41.60 |
| | 100m: 1:16.10 | 40.27 | 300m: 4:00.42 | 40.92 | 500m: 6:46.32 | 41.53 | 700m: 9:31.73 | 40.99 |
| | 150m: 1:57.11 | 41.01 | 350m: 4:41.49 | 41.07 | 550m: 7:27.77 | 41.45 | 750m: 10:12.99 | 41.26 |
| | 200m: 2:38.25 | 41.14 | 400m: 5:23.21 | 41.72 | 600m: 8:09.14 | 41.37 | 800m: 10:53.18 | 40.19 |
| 2. | Agnes van Brug | DAW | 11:23.76 | 198001726 | 11:00.29 | +0,83 | | |
| | 50m: 37.00 | 37.00 | 250m: 3:23.36 | 42.01 | 450m: 6:12.42 | 41.63 | 650m: 8:59.67 | 41.65 |
| | 100m: 1:17.55 | 40.55 | 300m: 4:05.61 | 42.25 | 500m: 6:54.63 | 42.21 | 700m: 9:40.69 | 41.02 |
| | 150m: 1:59.37 | 41.82 | 350m: 4:48.32 | 42.71 | 550m: 7:36.46 | 41.83 | 750m: 10:21.33 | 40.64 |
| | 200m: 2:41.35 | 41.98 | 400m: 5:30.79 | 42.47 | 600m: 8:18.02 | 41.56 | 800m: 11:00.29 | 38.96 |
| 3. | Severine Bayre | CNSW | 11:37.83 | 004275/78 | 11:20.78 | +1,11 | | |
| | 50m: 38.91 | 38.91 | 250m: 3:28.32 | 42.72 | 450m: 6:21.07 | 43.28 | 650m: 9:14.54 | 43.46 |
| | 100m: 1:20.60 | 41.69 | 300m: 4:11.38 | 43.06 | 500m: 7:04.15 | 43.08 | 700m: 9:57.59 | 43.05 |
| | 150m: 2:03.00 | 42.40 | 350m: 4:54.39 | 43.01 | 550m: 7:47.52 | 43.37 | 750m: 10:40.65 | 43.06 |
| | 200m: 2:45.60 | 42.60 | 400m: 5:37.79 | 43.40 | 600m: 8:31.08 | 43.56 | 800m: 11:20.78 | 40.13 |
| 4. | Eveline Hacquebord | IJZPC | 11:50.53 | 197901206 | 11:51.08 | +1,04 | | |
| | 50m: 37.64 | 37.64 | 250m: 3:33.72 | 45.45 | 450m: 6:36.71 | 45.47 | 650m: 9:38.51 | 45.10 |
| | 100m: 1:19.56 | 41.92 | 300m: 4:19.49 | 45.77 | 500m: 7:22.61 | 45.90 | 700m: 10:23.28 | 44.77 |
| | 150m: 2:03.69 | 44.13 | 350m: 5:05.16 | 45.67 | 550m: 8:08.03 | 45.42 | 750m: 11:08.66 | 45.38 |
| | 200m: 2:48.27 | 44.58 | 400m: 5:51.24 | 46.08 | 600m: 8:53.41 | 45.38 | 800m: 11:51.08 | 42.42 |

Masters 40+

| | | | | | | | | |
|----|---|------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Kirsten Cameron <i>Wereld Masters Record</i> | East Leeds | 8:55.52 | 1160788 | 8:55.34 | +0,77 | | |
| | 50m: 31.37 | 31.37 | 250m: 2:45.70 | 33.57 | 450m: 5:00.15 | 33.72 | 650m: 7:14.70 | 33.74 |
| | 100m: 1:04.68 | 33.31 | 300m: 3:19.34 | 33.64 | 500m: 5:33.69 | 33.54 | 700m: 7:48.94 | 34.24 |
| | 150m: 1:38.48 | 33.80 | 350m: 3:52.95 | 33.61 | 550m: 6:07.22 | 33.53 | 750m: 8:22.88 | 33.94 |
| | 200m: 2:12.13 | 33.65 | 400m: 4:26.43 | 33.48 | 600m: 6:40.96 | 33.74 | 800m: 8:55.34 | 32.46 |
| 2. | Grith Sigsgaard | DWK | 9:33.98 | 197200772 | 9:57.07 | +0,96 | | |
| | 50m: 33.87 | 33.87 | 250m: 3:05.47 | 37.30 | 450m: 5:37.01 | 38.35 | 650m: 8:06.71 | 36.60 |
| | 100m: 1:11.68 | 37.81 | 300m: 3:43.10 | 37.63 | 500m: 6:15.01 | 38.00 | 700m: 8:43.17 | 36.46 |
| | 150m: 1:49.82 | 38.14 | 350m: 4:20.57 | 37.47 | 550m: 6:52.88 | 37.87 | 750m: 9:20.71 | 37.54 |
| | 200m: 2:28.17 | 38.35 | 400m: 4:58.66 | 38.09 | 600m: 7:30.11 | 37.23 | 800m: 9:57.07 | 36.36 |
| 3. | Liselotte Joling | PSV | 9:50.95 | 197500268 | 9:58.09 | +0,83 | | |
| | 50m: 34.06 | 34.06 | 250m: 3:04.54 | 37.80 | 450m: 5:35.24 | 37.56 | 650m: 8:06.40 | 37.88 |
| | 100m: 1:11.18 | 37.12 | 300m: 3:42.34 | 37.80 | 500m: 6:12.88 | 37.64 | 700m: 8:44.52 | 38.12 |
| | 150m: 1:48.73 | 37.55 | 350m: 4:19.75 | 37.41 | 550m: 6:50.77 | 37.89 | 750m: 9:22.44 | 37.92 |
| | 200m: 2:26.74 | 38.01 | 400m: 4:57.68 | 37.93 | 600m: 7:28.52 | 37.75 | 800m: 9:58.09 | 35.65 |

Programmanr. 32, Dames, 800m vrije slag, Masters 40+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|------------------|----------------|---------------|-----------|-----------------|-------|----------------|-------|
| 4. | Pascalie Janssen | De Roersoppers | 11:58.72 | 197300852 | 11:59.65 | +1,01 | | |
| | 50m: 39.11 | 39.11 | 250m: 3:37.69 | 45.19 | 450m: 6:41.37 | 45.66 | 650m: 9:45.26 | 45.76 |
| | 100m: 1:22.80 | 43.69 | 300m: 4:23.38 | 45.69 | 500m: 7:27.66 | 46.29 | 700m: 10:31.08 | 45.82 |
| | 150m: 2:07.20 | 44.40 | 350m: 5:09.52 | 46.14 | 550m: 8:13.76 | 46.10 | 750m: 11:16.58 | 45.50 |
| | 200m: 2:52.50 | 45.30 | 400m: 5:55.71 | 46.19 | 600m: 8:59.50 | 45.74 | 800m: 11:59.65 | 43.07 |
| 5. | Yulia Trofimova | Black Sepia | 12:17.37 | 034010 | 12:05.00 | +0,66 | | |
| | 50m: 39.47 | 39.47 | 250m: 3:41.51 | 46.26 | 450m: 6:45.97 | 45.89 | 650m: 9:49.98 | 46.01 |
| | 100m: 1:23.57 | 44.10 | 300m: 4:27.42 | 45.91 | 500m: 7:32.20 | 46.23 | 700m: 10:36.22 | 46.24 |
| | 150m: 2:09.51 | 45.94 | 350m: 5:14.08 | 46.66 | 550m: 8:17.76 | 45.56 | 750m: 11:21.65 | 45.43 |
| | 200m: 2:55.25 | 45.74 | 400m: 6:00.08 | 46.00 | 600m: 9:03.97 | 46.21 | 800m: 12:05.00 | 43.35 |

Masters 45+

| | | | | | | | | |
|----|----------------------------------|-----------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Karin Stein | ZVVS | 9:58.88 | 197100554 | 10:08.14 | +0,80 | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | 50m: 34.08 | 34.08 | 250m: 3:04.99 | 38.42 | 450m: 5:38.83 | 38.37 | 650m: 8:13.67 | 38.80 |
| | 100m: 1:10.90 | 36.82 | 300m: 3:43.38 | 38.39 | 500m: 6:17.18 | 38.35 | 700m: 8:52.23 | 38.56 |
| | 150m: 1:48.68 | 37.78 | 350m: 4:21.92 | 38.54 | 550m: 6:55.86 | 38.68 | 750m: 9:30.91 | 38.68 |
| | 200m: 2:26.57 | 37.89 | 400m: 5:00.46 | 38.54 | 600m: 7:34.87 | 39.01 | 800m: 10:08.14 | 37.23 |
| 2. | Jeanne Petit | De Dinkel | 10:26.83 | 197001020 | 10:26.31 | +0,78 | | |
| | 50m: 34.84 | 34.84 | 250m: 3:10.90 | 39.87 | 450m: 5:49.71 | 39.75 | 650m: 8:28.49 | 39.86 |
| | 100m: 1:12.40 | 37.56 | 300m: 3:50.44 | 39.54 | 500m: 6:29.43 | 39.72 | 700m: 9:08.66 | 40.17 |
| | 150m: 1:51.39 | 38.99 | 350m: 4:30.36 | 39.92 | 550m: 7:08.93 | 39.50 | 750m: 9:48.55 | 39.89 |
| | 200m: 2:31.03 | 39.64 | 400m: 5:09.96 | 39.60 | 600m: 7:48.63 | 39.70 | 800m: 10:26.31 | 37.76 |
| 3. | Annette de Visser | Oceanus | 10:24.42 | 197100602 | 10:33.37 | +0,88 | | |
| | 50m: 34.07 | 34.07 | 250m: 3:10.90 | 40.08 | 450m: 5:52.79 | 40.28 | 650m: 8:34.39 | 40.50 |
| | 100m: 1:11.95 | 37.88 | 300m: 3:51.44 | 40.54 | 500m: 6:33.00 | 40.21 | 700m: 9:14.95 | 40.56 |
| | 150m: 1:51.06 | 39.11 | 350m: 4:32.03 | 40.59 | 550m: 7:13.55 | 40.55 | 750m: 9:54.63 | 39.68 |
| | 200m: 2:30.82 | 39.76 | 400m: 5:12.51 | 40.48 | 600m: 7:53.89 | 40.34 | 800m: 10:33.37 | 38.74 |
| 4. | Laura Staal | Oceanus | 10:56.92 | 196700358 | 11:24.86 | +0,77 | | |
| | 50m: 37.56 | 37.56 | 250m: 3:27.99 | 43.04 | 450m: 6:21.22 | 43.34 | 650m: 9:15.94 | 43.84 |
| | 100m: 1:19.58 | 42.02 | 300m: 4:11.01 | 43.02 | 500m: 7:04.85 | 43.63 | 700m: 9:59.29 | 43.35 |
| | 150m: 2:02.28 | 42.70 | 350m: 4:54.23 | 43.22 | 550m: 7:48.19 | 43.34 | 750m: 10:42.79 | 43.50 |
| | 200m: 2:44.95 | 42.67 | 400m: 5:37.88 | 43.65 | 600m: 8:32.10 | 43.91 | 800m: 11:24.86 | 42.07 |
| 5. | Iris van Aurich | DWK | 11:52.86 | 196900866 | 11:46.85 | +0,89 | | |
| | 50m: 38.92 | 38.92 | 250m: 3:35.06 | 44.98 | 450m: 6:37.06 | 45.35 | 650m: 9:37.59 | 44.19 |
| | 100m: 1:22.15 | 43.23 | 300m: 4:19.89 | 44.83 | 500m: 7:22.86 | 45.80 | 700m: 10:21.71 | 44.12 |
| | 150m: 2:05.91 | 43.76 | 350m: 5:06.05 | 46.16 | 550m: 8:08.60 | 45.74 | 750m: 11:05.89 | 44.18 |
| | 200m: 2:50.08 | 44.17 | 400m: 5:51.71 | 45.66 | 600m: 8:53.40 | 44.80 | 800m: 11:46.85 | 40.96 |
| 6. | Marion Broekhuis | WS Twente | 11:36.20 | 196800060 | 11:54.24 | +0,78 | | |
| | 50m: 39.02 | 39.02 | 250m: 3:37.07 | 45.50 | 450m: 6:39.74 | 45.91 | 650m: 9:41.38 | 45.31 |
| | 100m: 1:21.90 | 42.88 | 300m: 4:22.56 | 45.49 | 500m: 7:25.13 | 45.39 | 700m: 10:26.58 | 45.20 |
| | 150m: 2:06.51 | 44.61 | 350m: 5:08.30 | 45.74 | 550m: 8:10.54 | 45.41 | 750m: 11:11.85 | 45.27 |
| | 200m: 2:51.57 | 45.06 | 400m: 5:53.83 | 45.53 | 600m: 8:56.07 | 45.53 | 800m: 11:54.24 | 42.39 |
| 7. | Annet Kootstra | Swol 1894 | 12:32.49 | 197100344 | 11:59.93 | +1,41 | | |
| | 50m: 40.72 | 40.72 | 250m: 3:39.77 | 45.47 | 450m: 6:44.10 | 46.01 | 650m: 9:47.69 | 45.39 |
| | 100m: 1:24.43 | 43.71 | 300m: 4:25.79 | 46.02 | 500m: 7:30.30 | 46.20 | 700m: 10:33.00 | 45.31 |
| | 150m: 2:09.29 | 44.86 | 350m: 5:11.68 | 45.89 | 550m: 8:16.48 | 46.18 | 750m: 11:17.03 | 44.03 |
| | 200m: 2:54.30 | 45.01 | 400m: 5:58.09 | 46.41 | 600m: 9:02.30 | 45.82 | 800m: 11:59.93 | 42.90 |

Masters 50+

| | | | | | | | | |
|----|---|----------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Katrien Delaender | BZK | 10:15.19 | 20525/66 | 10:03.14 | +0,78 | | |
| | <i>Kampioenschaps Record, Belgisch Masters Record</i> | | | | | | | |
| | 50m: 33.90 | 33.90 | 250m: 3:04.69 | 38.17 | 450m: 5:38.01 | 38.18 | 650m: 8:11.35 | 38.19 |
| | 100m: 1:10.57 | 36.67 | 300m: 3:42.75 | 38.06 | 500m: 6:16.20 | 38.19 | 700m: 8:49.28 | 37.93 |
| | 150m: 1:48.45 | 37.88 | 350m: 4:21.45 | 38.70 | 550m: 6:54.56 | 38.36 | 750m: 9:27.14 | 37.86 |
| | 200m: 2:26.52 | 38.07 | 400m: 4:59.83 | 38.38 | 600m: 7:33.16 | 38.60 | 800m: 10:03.14 | 36.00 |
| 2. | Wilna Heijman | Steenwijk 1934 | 11:23.51 | 196400506 | 11:16.35 | +0,89 | | |
| | 50m: 37.62 | 37.62 | 250m: 3:26.23 | 42.71 | 450m: 6:18.94 | 43.40 | 650m: 9:10.80 | 42.81 |
| | 100m: 1:19.09 | 41.47 | 300m: 4:08.86 | 42.63 | 500m: 7:01.64 | 42.70 | 700m: 9:53.24 | 42.44 |
| | 150m: 2:00.94 | 41.85 | 350m: 4:52.64 | 43.78 | 550m: 7:44.50 | 42.86 | 750m: 10:35.74 | 42.50 |
| | 200m: 2:43.52 | 42.58 | 400m: 5:35.54 | 42.90 | 600m: 8:27.99 | 43.49 | 800m: 11:16.35 | 40.61 |
| 3. | Jacqueline Rolloos-Bakkers | De Lansingh | 11:27.91 | 196300222 | 11:36.61 | +0,87 | | |
| | 50m: 37.87 | 37.87 | 250m: 3:31.24 | 43.64 | 450m: 6:28.34 | 44.78 | 650m: 9:26.03 | 44.10 |
| | 100m: 1:20.53 | 42.66 | 300m: 4:14.66 | 43.42 | 500m: 7:12.32 | 43.98 | 700m: 10:10.73 | 44.70 |
| | 150m: 2:04.06 | 43.53 | 350m: 4:58.88 | 44.22 | 550m: 7:57.01 | 44.69 | 750m: 10:54.99 | 44.26 |
| | 200m: 2:47.60 | 43.54 | 400m: 5:43.56 | 44.68 | 600m: 8:41.93 | 44.92 | 800m: 11:36.61 | 41.62 |

Programmanr. 32, Dames, 800m vrije slag, Masters 50+

| rang | naam | vereniging | inschrijftijd | | | | startnr. | tijd | | | | RT |
|------|---------------|------------|---------------|-------|---------------|-------|----------------|----------|--|--|--|-------|
| 4. | Nicky Slinger | HPC | 12:59.09 | | | | 196600316 | 12:41.37 | | | | +0,90 |
| | 50m: 39.96 | 39.96 | 250m: 3:46.29 | 47.73 | 450m: 7:00.89 | 48.51 | 650m: 10:17.39 | 49.64 | | | | |
| | 100m: 1:24.75 | 44.79 | 300m: 4:34.63 | 48.34 | 500m: 7:49.46 | 48.57 | 700m: 11:06.34 | 48.95 | | | | |
| | 150m: 2:10.99 | 46.24 | 350m: 5:23.47 | 48.84 | 550m: 8:38.69 | 49.23 | 750m: 11:54.85 | 48.51 | | | | |
| | 200m: 2:58.56 | 47.57 | 400m: 6:12.38 | 48.91 | 600m: 9:27.75 | 49.06 | 800m: 12:41.37 | 46.52 | | | | |

Masters 55+

| | | | | | | | | | | | | |
|----|------------------|-----------|---------------|-------|----------------|-------|----------------|----------|--|--|--|-------|
| 1. | Patty Verhagen | PSV | 11:10.17 | | | | 195900146 | 11:30.15 | | | | +0,98 |
| | 50m: 40.28 | 40.28 | 250m: 3:33.17 | 43.44 | 450m: 6:27.22 | 43.63 | 650m: 9:21.68 | 43.50 | | | | |
| | 100m: 1:23.05 | 42.77 | 300m: 4:16.20 | 43.03 | 500m: 7:10.72 | 43.50 | 700m: 10:05.08 | 43.40 | | | | |
| | 150m: 2:06.32 | 43.27 | 350m: 4:59.95 | 43.75 | 550m: 7:54.19 | 43.47 | 750m: 10:47.96 | 42.88 | | | | |
| | 200m: 2:49.73 | 43.41 | 400m: 5:43.59 | 43.64 | 600m: 8:38.18 | 43.99 | 800m: 11:30.15 | 42.19 | | | | |
| 2. | Petra Tossings | DAW | 11:49.90 | | | | 196100376 | 11:45.49 | | | | +0,88 |
| | 50m: 38.46 | 38.46 | 250m: 3:33.65 | 44.05 | 450m: 6:32.01 | 44.54 | 650m: 9:32.08 | 45.02 | | | | |
| | 100m: 1:21.83 | 43.37 | 300m: 4:17.40 | 43.75 | 500m: 7:16.84 | 44.83 | 700m: 10:17.42 | 45.34 | | | | |
| | 150m: 2:05.71 | 43.88 | 350m: 5:02.32 | 44.92 | 550m: 8:01.79 | 44.95 | 750m: 11:02.84 | 45.42 | | | | |
| | 200m: 2:49.60 | 43.89 | 400m: 5:47.47 | 45.15 | 600m: 8:47.06 | 45.27 | 800m: 11:45.49 | 42.65 | | | | |
| 3. | Olga Kedrova | Poseidon | 12:11.25 | | | | 037010 | 12:06.20 | | | | +0,90 |
| | 50m: 40.21 | 40.21 | 250m: 3:42.50 | 46.03 | 450m: 6:47.70 | 46.31 | 650m: 9:52.52 | 46.03 | | | | |
| | 100m: 1:25.06 | 44.85 | 300m: 4:28.96 | 46.46 | 500m: 7:33.97 | 46.27 | 700m: 10:38.24 | 45.72 | | | | |
| | 150m: 2:10.63 | 45.57 | 350m: 5:15.14 | 46.18 | 550m: 8:20.51 | 46.54 | 750m: 11:23.47 | 45.23 | | | | |
| | 200m: 2:56.47 | 45.84 | 400m: 6:01.39 | 46.25 | 600m: 9:06.49 | 45.98 | 800m: 12:06.20 | 42.73 | | | | |
| 4. | Mathilde Vink | Swol 1894 | 12:02.13 | | | | 195800128 | 12:33.20 | | | | +0,94 |
| | 50m: 44.03 | 44.03 | 250m: 3:55.72 | 47.78 | 450m: 7:06.07 | 47.41 | 650m: 10:15.17 | 46.82 | | | | |
| | 100m: 1:31.50 | 47.47 | 300m: 4:43.55 | 47.83 | 500m: 7:53.48 | 47.41 | 700m: 11:01.91 | 46.74 | | | | |
| | 150m: 2:19.60 | 48.10 | 350m: 5:30.42 | 46.87 | 550m: 8:40.67 | 47.19 | 750m: 11:48.22 | 46.31 | | | | |
| | 200m: 3:07.94 | 48.34 | 400m: 6:18.66 | 48.24 | 600m: 9:28.35 | 47.68 | 800m: 12:33.20 | 44.98 | | | | |
| 5. | Katinka Elders | Oceanus | 13:01.58 | | | | 196000292 | 12:56.63 | | | | +0,90 |
| | 50m: 43.23 | 43.23 | 250m: 3:57.17 | 49.57 | 450m: 7:14.60 | 49.12 | 650m: 10:32.81 | 49.57 | | | | |
| | 100m: 1:30.22 | 46.99 | 300m: 4:46.68 | 49.51 | 500m: 8:03.93 | 49.33 | 700m: 11:22.42 | 49.61 | | | | |
| | 150m: 2:18.51 | 48.29 | 350m: 5:35.69 | 49.01 | 550m: 8:53.81 | 49.88 | 750m: 12:11.29 | 48.87 | | | | |
| | 200m: 3:07.60 | 49.09 | 400m: 6:25.48 | 49.79 | 600m: 9:43.24 | 49.43 | 800m: 12:56.63 | 45.34 | | | | |
| 6. | Marjan Spoelstra | Swol 1894 | 13:10.05 | | | | 196000236 | 13:32.47 | | | | +0,96 |
| | 50m: 45.90 | 45.90 | 250m: 4:11.46 | 51.85 | 450m: 7:37.25 | 51.34 | 650m: 11:02.37 | 51.37 | | | | |
| | 100m: 1:36.77 | 50.87 | 300m: 5:02.69 | 51.23 | 500m: 8:28.97 | 51.72 | 700m: 11:53.80 | 51.43 | | | | |
| | 150m: 2:28.15 | 51.38 | 350m: 5:54.38 | 51.69 | 550m: 9:20.24 | 51.27 | 750m: 12:44.51 | 50.71 | | | | |
| | 200m: 3:19.61 | 51.46 | 400m: 6:45.91 | 51.53 | 600m: 10:11.00 | 50.76 | 800m: 13:32.47 | 47.96 | | | | |

Masters 60+

| | | | | | | | | | | | | |
|----|---------------|------------------|---------------|-------|----------------|-------|----------------|----------|--|--|--|-------|
| 1. | Ineke Weekers | PSV | 11:27.68 | | | | 195300050 | 11:35.26 | | | | +0,89 |
| | 50m: 39.69 | 39.69 | 250m: 3:32.87 | 43.23 | 450m: 6:27.69 | 44.01 | 650m: 9:24.18 | 44.35 | | | | |
| | 100m: 1:22.18 | 42.49 | 300m: 4:16.26 | 43.39 | 500m: 7:11.73 | 44.04 | 700m: 10:08.67 | 44.49 | | | | |
| | 150m: 2:05.47 | 43.29 | 350m: 5:00.19 | 43.93 | 550m: 7:55.82 | 44.09 | 750m: 10:52.73 | 44.06 | | | | |
| | 200m: 2:49.64 | 44.17 | 400m: 5:43.68 | 43.49 | 600m: 8:39.83 | 44.01 | 800m: 11:35.26 | 42.53 | | | | |
| 2. | Monica Bakker | ZVZ | 12:08.55 | | | | 195600082 | 12:27.98 | | | | +1,04 |
| | 50m: 42.08 | 42.08 | 250m: 3:49.12 | 46.75 | 450m: 6:58.70 | 47.04 | 650m: 10:08.50 | 47.30 | | | | |
| | 100m: 1:27.50 | 45.42 | 300m: 4:36.52 | 47.40 | 500m: 7:46.60 | 47.90 | 700m: 10:56.02 | 47.52 | | | | |
| | 150m: 2:14.94 | 47.44 | 350m: 5:24.40 | 47.88 | 550m: 8:33.97 | 47.37 | 750m: 11:43.19 | 47.17 | | | | |
| | 200m: 3:02.37 | 47.43 | 400m: 6:11.66 | 47.26 | 600m: 9:21.20 | 47.23 | 800m: 12:27.98 | 44.79 | | | | |
| 3. | Ineke Meijer | HZ&PC Heerenveen | 13:49.14 | | | | 195200034 | 14:34.50 | | | | +0,83 |
| | 50m: 46.21 | 46.21 | 250m: 4:26.12 | 55.82 | 450m: 8:08.73 | 55.23 | 650m: 11:51.74 | 56.00 | | | | |
| | 100m: 1:39.23 | 53.02 | 300m: 5:21.73 | 55.61 | 500m: 9:04.53 | 55.80 | 700m: 12:47.50 | 55.76 | | | | |
| | 150m: 2:34.78 | 55.55 | 350m: 6:17.26 | 55.53 | 550m: 10:00.38 | 55.85 | 750m: 13:42.41 | 54.91 | | | | |
| | 200m: 3:30.30 | 55.52 | 400m: 7:13.50 | 56.24 | 600m: 10:55.74 | 55.36 | 800m: 14:34.50 | 52.09 | | | | |

Masters 65+

| | | | | | | | | | | | | |
|----|--------------------------------|--------|---------------|-------|----------------|-------|----------------|----------|--|--|--|-------|
| 1. | Conny Boer-Buys | ZVVS | 11:47.61 | | | | 195000006 | 11:52.80 | | | | +0,95 |
| | <i>Europees Masters Record</i> | | | | | | | | | | | |
| | 50m: 38.14 | 38.14 | 250m: 3:36.33 | 45.29 | 450m: 6:39.73 | 46.03 | 650m: 9:42.96 | 45.26 | | | | |
| | 100m: 1:20.63 | 42.49 | 300m: 4:21.91 | 45.58 | 500m: 7:25.82 | 46.09 | 700m: 10:28.20 | 45.24 | | | | |
| | 150m: 2:05.96 | 45.33 | 350m: 5:07.81 | 45.90 | 550m: 8:11.55 | 45.73 | 750m: 11:12.64 | 44.44 | | | | |
| | 200m: 2:51.04 | 45.08 | 400m: 5:53.70 | 45.89 | 600m: 8:57.70 | 46.15 | 800m: 11:52.80 | 40.16 | | | | |
| 2. | Micheline Falize | HELIOS | 14:21.61 | | | | 004182/51 | 14:02.67 | | | | |
| | <i>Belgisch Masters Record</i> | | | | | | | | | | | |
| | 50m: 50.41 | 50.41 | 250m: 4:22.71 | 53.31 | 450m: 7:54.59 | 52.60 | 650m: 11:26.06 | 52.97 | | | | |
| | 100m: 1:42.96 | 52.55 | 300m: 5:15.55 | 52.84 | 500m: 8:47.27 | 52.68 | 700m: 12:18.90 | 52.84 | | | | |
| | 150m: 2:35.61 | 52.65 | 350m: 6:08.81 | 53.26 | 550m: 9:40.08 | 52.81 | 750m: 13:11.44 | 52.54 | | | | |
| | 200m: 3:29.40 | 53.79 | 400m: 7:01.99 | 53.18 | 600m: 10:33.09 | 53.01 | 800m: 14:02.67 | 51.23 | | | | |

Programmanr. 32, Dames, 800m vrije slag, Masters 65+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|---------------|------------|---------------|-----------|-----------------|-------|
| 3. | Gonnie Bak | PSV | 14:59.12 | 195100064 | 15:12.71 | +0,94 |
| | 50m: 49.81 | 49.81 | 250m: 4:38.31 | 57.26 | 450m: 8:31.09 | 58.91 |
| | 100m: 1:46.02 | 56.21 | 300m: 5:35.90 | 57.59 | 500m: 9:28.59 | 57.50 |
| | 150m: 2:42.86 | 56.84 | 350m: 6:33.87 | 57.97 | 550m: 10:27.08 | 58.49 |
| | 200m: 3:41.05 | 58.19 | 400m: 7:32.18 | 58.31 | 600m: 11:25.19 | 58.11 |
| | | | | | 650m: 12:23.08 | 57.89 |
| | | | | | 700m: 13:20.99 | 57.91 |
| | | | | | 750m: 14:18.26 | 57.27 |
| | | | | | 800m: 15:12.71 | 54.45 |

Masters 70+

| | | | | | | |
|-------|--------------------------|-----------|---------------|-----------|-----------------|---------|
| 1. | Mieke Strijbis-v.d.Kroft | DAW | 16:25.80 | 194500004 | 15:33.64 | +1,31 |
| | 50m: 52.81 | 52.81 | 250m: 4:44.10 | 59.15 | 450m: 8:39.97 | 58.39 |
| | 100m: 1:49.40 | 56.59 | 300m: 5:43.90 | 59.80 | 500m: 9:38.48 | 58.51 |
| | 150m: 2:46.59 | 57.19 | 350m: 6:43.45 | 59.55 | 550m: 10:37.68 | 59.20 |
| | 200m: 3:44.95 | 58.36 | 400m: 7:41.58 | 58.13 | 600m: 11:36.91 | 59.23 |
| | | | | | 650m: 12:36.63 | 59.72 |
| | | | | | 700m: 13:36.67 | 1:00.04 |
| | | | | | 750m: 14:36.46 | 59.79 |
| | | | | | 800m: 15:33.64 | 57.18 |
| 2. | Matty van der Veen | Old Dutch | 15:29.88 | 194400020 | 15:54.41 | +1,21 |
| | 50m: 50.00 | 50.00 | 250m: 4:40.96 | 59.80 | 450m: 8:43.26 | 1:01.60 |
| | 100m: 1:45.00 | 55.00 | 300m: 5:40.89 | 59.93 | 500m: 9:44.21 | 1:00.95 |
| | 150m: 2:42.26 | 57.26 | 350m: 6:41.15 | 1:00.26 | 550m: 10:44.73 | 1:00.52 |
| | 200m: 3:41.16 | 58.90 | 400m: 7:41.66 | 1:00.51 | 600m: 11:46.01 | 1:01.28 |
| | | | | | 650m: 12:47.34 | 1:01.33 |
| | | | | | 700m: 13:50.48 | 1:03.14 |
| | | | | | 750m: 14:53.07 | 1:02.59 |
| | | | | | 800m: 15:54.41 | 1:01.34 |
| AFGEM | Annie Smits | PSV | 16:15.01 | 194600016 | | |

Programmanr. 33
24-01-2016 - 10:54

Heren, 400m wisselslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|--------------------|--------------|---------------|-----------|----------------|-------|
| Masters 20+ | | | | | | |
| 1. | Coen de Bruijn | Hieronymus | 4:45.43 | 199205151 | 4:48.49 | +0,72 |
| | 50m: 30.36 | 30.36 | 150m: 1:44.49 | 38.00 | 250m: 3:00.57 | 38.30 |
| | 100m: 1:06.49 | 36.13 | 200m: 2:22.27 | 37.78 | 300m: 3:40.93 | 40.36 |
| | | | | | 350m: 4:15.74 | 34.81 |
| | | | | | 400m: 4:48.49 | 32.75 |
| 2. | Jeffrey Camphens | DWT | 4:56.85 | 199503113 | 4:57.73 | +0,71 |
| | 50m: 31.13 | 31.13 | 150m: 1:48.00 | 40.20 | 250m: 3:09.28 | 42.06 |
| | 100m: 1:07.80 | 36.67 | 200m: 2:27.22 | 39.22 | 300m: 3:51.43 | 42.15 |
| | | | | | 350m: 4:25.44 | 34.01 |
| | | | | | 400m: 4:57.73 | 32.29 |
| 3. | Pieter Pijnenburg | De Warande | 5:03.90 | 199305227 | 5:01.80 | +0,75 |
| | 50m: 32.73 | 32.73 | 150m: 1:51.69 | 40.97 | 250m: 3:12.63 | 39.70 |
| | 100m: 1:10.72 | 37.99 | 200m: 2:32.93 | 41.24 | 300m: 3:53.12 | 40.49 |
| | | | | | 350m: 4:28.33 | 35.21 |
| | | | | | 400m: 5:01.80 | 33.47 |
| 4. | Vincent Dermaux | ZC Aquadream | 5:09.82 | 199600599 | 5:09.77 | +0,82 |
| | 50m: 31.77 | 31.77 | 150m: 1:49.63 | 39.51 | 250m: 3:12.84 | 44.48 |
| | 100m: 1:10.12 | 38.35 | 200m: 2:28.36 | 38.73 | 300m: 3:58.21 | 45.37 |
| | | | | | 350m: 4:34.52 | 36.31 |
| | | | | | 400m: 5:09.77 | 35.25 |
| 5. | Nick van der Krogt | LZ 1886 | 5:22.83 | 199501313 | 5:33.98 | +0,74 |
| | 50m: 33.05 | 33.05 | 150m: 1:55.89 | 43.79 | 250m: 3:26.70 | 47.30 |
| | 100m: 1:12.10 | 39.05 | 200m: 2:39.40 | 43.51 | 300m: 4:14.50 | 47.80 |
| | | | | | 350m: 4:54.75 | 40.25 |
| | | | | | 400m: 5:33.98 | 39.23 |

Masters 25+

| | | | | | | |
|-------|-----------------|-------------|---------------|-----------|---------------------|-------|
| 1. | Kevin Eltink | DWK | 4:29.59 | 199100589 | 4:32.78 | +0,75 |
| | 50m: 27.62 | 27.62 | 150m: 1:34.72 | 34.90 | 250m: 2:50.20 | 40.70 |
| | 100m: 59.82 | 32.20 | 200m: 2:09.50 | 34.78 | 300m: 3:31.25 | 41.05 |
| | | | | | 350m: 4:03.03 | 31.78 |
| | | | | | 400m: 4:32.78 | 29.75 |
| 2. | Tim Bunnik | Triton | 4:56.57 | 199000505 | 4:56.87 | +0,77 |
| | 50m: 31.20 | 31.20 | 150m: 1:45.48 | 36.84 | 250m: 3:04.92 | 42.54 |
| | 100m: 1:08.64 | 37.44 | 200m: 2:22.38 | 36.90 | 300m: 3:48.84 | 43.92 |
| | | | | | 350m: 4:23.09 | 34.25 |
| | | | | | 400m: 4:56.87 | 33.78 |
| 3. | Maik Steenkamp | Montferland | 5:11.60 | 199103847 | 5:03.15 | +0,79 |
| | 50m: 30.76 | 30.76 | 150m: 1:48.30 | 40.61 | 250m: 3:10.54 | 41.68 |
| | 100m: 1:07.69 | 36.93 | 200m: 2:28.86 | 40.56 | 300m: 3:52.36 | 41.82 |
| | | | | | 350m: 4:28.77 | 36.41 |
| | | | | | 400m: 5:03.15 | 34.38 |
| 4. | Wessel Everloo | De Veene | 5:09.19 | 198906597 | SM14 5:17.09 | +0,88 |
| | 50m: 32.02 | 32.02 | 150m: 1:51.19 | 39.93 | 250m: 3:19.07 | 47.90 |
| | 100m: 1:11.26 | 39.24 | 200m: 2:31.17 | 39.98 | 300m: 4:08.01 | 48.94 |
| | | | | | 350m: 4:43.32 | 35.31 |
| | | | | | 400m: 5:17.09 | 33.77 |
| 5. | Niels Albrechts | MGO (SG) | 5:34.17 | 198800039 | 5:31.39 | +0,84 |
| | 50m: 34.08 | 34.08 | 150m: 1:56.21 | 41.43 | 250m: 3:29.81 | 53.24 |
| | 100m: 1:14.78 | 40.70 | 200m: 2:36.57 | 40.36 | 300m: 4:23.86 | 54.05 |
| | | | | | 350m: 4:58.52 | 34.66 |
| | | | | | 400m: 5:31.39 | 32.87 |
| AFGEM | Alex Schelvis | LZ 1886 | 4:35.14 | 198702927 | | |

Programmanr. 33, Heren, 400m wisselslag

Masters 30+

| | | | | | | | | |
|----|----------------------|-------------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Kristiaan Lenos | LZ 1886 | 4:50.22 | 198301331 | 5:01.39 | +0,72 | | |
| | 50m: 29.68 | 29.68 | 150m: 1:44.67 | 38.90 | 250m: 3:06.64 | 43.19 | 350m: 4:27.35 | 36.01 |
| | 100m: 1:05.77 | 36.09 | 200m: 2:23.45 | 38.78 | 300m: 3:51.34 | 44.70 | 400m: 5:01.39 | 34.04 |
| 2. | Thommy Nickel | Van Vliet-Barracuda | 5:05.65 | 198401627 | 5:07.37 | +0,84 | | |
| | 50m: 33.48 | 33.48 | 150m: 1:50.42 | 38.35 | 250m: 3:12.70 | 43.90 | 350m: 4:33.07 | 35.47 |
| | 100m: 1:12.07 | 38.59 | 200m: 2:28.80 | 38.38 | 300m: 3:57.60 | 44.90 | 400m: 5:07.37 | 34.30 |
| 3. | Tim van den Berg | MNC Dordrecht | 5:15.20 | 198500157 | 5:07.98 | +0,79 | | |
| | 50m: 32.89 | 32.89 | 150m: 1:54.72 | 42.87 | 250m: 3:16.61 | 40.49 | 350m: 4:33.55 | 36.44 |
| | 100m: 1:11.85 | 38.96 | 200m: 2:36.12 | 41.40 | 300m: 3:57.11 | 40.50 | 400m: 5:07.98 | 34.43 |
| 4. | Jim Geestman | RSW (SG) | 5:21.45 | 198300699 | 5:13.56 | +0,84 | | |
| | 50m: 32.30 | 32.30 | 150m: 1:52.42 | 40.86 | 250m: 3:16.25 | 44.87 | 350m: 4:39.03 | 37.22 |
| | 100m: 1:11.56 | 39.26 | 200m: 2:31.38 | 38.96 | 300m: 4:01.81 | 45.56 | 400m: 5:13.56 | 34.53 |
| 5. | Frank van der Voordt | MGO (SG) | 5:23.87 | 198302259 | 5:18.01 | +0,74 | | |
| | 50m: 32.81 | 32.81 | 150m: 1:52.84 | 41.28 | 250m: 3:19.49 | 46.37 | 350m: 4:42.71 | 37.25 |
| | 100m: 1:11.56 | 38.75 | 200m: 2:33.12 | 40.28 | 300m: 4:05.46 | 45.97 | 400m: 5:18.01 | 35.30 |
| 6. | Yuri van Omme | Zwemvereniging Hoogland | 5:20.04 | 198501887 | 5:20.17 | +0,80 | | |
| | 50m: 33.23 | 33.23 | 150m: 1:54.15 | 41.95 | 250m: 3:19.98 | 44.13 | 350m: 4:43.30 | 36.62 |
| | 100m: 1:12.20 | 38.97 | 200m: 2:35.85 | 41.70 | 300m: 4:04.61 | 44.63 | 400m: 5:20.17 | 36.94 |
| 7. | Rob van Wanrooy | Gay Swim Amsterdam | 5:52.20 | 198202627 | 6:02.02 | +0,76 | | |
| | 50m: 40.18 | 40.18 | 150m: 2:13.01 | 45.37 | 250m: 3:48.76 | 50.73 | 350m: 5:22.23 | 42.51 |
| | 100m: 1:27.64 | 47.46 | 200m: 2:58.03 | 45.02 | 300m: 4:39.72 | 50.96 | 400m: 6:02.02 | 39.79 |

Masters 35+

| | | | | | | | | |
|----|-------------------|---------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Mark Hensen | Van Vliet-Barracuda | 5:18.02 | 197900497 | 5:11.40 | +0,83 | | |
| | 50m: 30.47 | 30.47 | 150m: 1:47.26 | 40.48 | 250m: 3:12.30 | 44.64 | 350m: 4:34.70 | 36.85 |
| | 100m: 1:06.78 | 36.31 | 200m: 2:27.66 | 40.40 | 300m: 3:57.85 | 45.55 | 400m: 5:11.40 | 36.70 |
| 2. | Marcel Reefhuis | WS Twente | 5:17.41 | 198101381 | 5:18.45 | +0,78 | | |
| | 50m: 33.47 | 33.47 | 150m: 1:56.61 | 42.04 | 250m: 3:21.13 | 43.42 | 350m: 4:43.30 | 36.94 |
| | 100m: 1:14.57 | 41.10 | 200m: 2:37.71 | 41.10 | 300m: 4:06.36 | 45.23 | 400m: 5:18.45 | 35.15 |
| 3. | Freddie Geerlings | NIMO | 5:18.41 | 197900379 | 5:18.86 | +0,85 | | |
| | 50m: 34.95 | 34.95 | 150m: 1:58.40 | 42.02 | 250m: 3:22.89 | 43.35 | 350m: 4:43.68 | 37.36 |
| | 100m: 1:16.38 | 41.43 | 200m: 2:39.54 | 41.14 | 300m: 4:06.32 | 43.43 | 400m: 5:18.86 | 35.18 |
| 4. | Harm Jan Otter | De Zandstuve | 5:37.70 | 198101283 | 5:39.05 | +0,91 | | |
| | 50m: 34.19 | 34.19 | 150m: 2:03.09 | 46.27 | 250m: 3:34.68 | 45.76 | 350m: 5:01.41 | 39.86 |
| | 100m: 1:16.82 | 42.63 | 200m: 2:48.92 | 45.83 | 300m: 4:21.55 | 46.87 | 400m: 5:39.05 | 37.64 |
| 5. | Markus van Rest | WVZ | 5:37.95 | 197701197 | 5:44.10 | +0,78 | | |
| | 50m: 31.73 | 31.73 | 150m: 1:57.98 | 46.32 | 250m: 3:34.34 | 51.27 | 350m: 5:06.06 | 39.89 |
| | 100m: 1:11.66 | 39.93 | 200m: 2:43.07 | 45.09 | 300m: 4:26.17 | 51.83 | 400m: 5:44.10 | 38.04 |

Masters 40+

| | | | | | | | | |
|----|----------------------------------|------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Egbert Stolk | d'ELFT WAVE (SG) | 4:46.30 | 197600889 | 4:47.69 | +0,83 | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | 50m: 30.95 | 30.95 | 150m: 1:45.28 | 38.33 | 250m: 3:02.32 | 39.54 | 350m: 4:15.93 | 33.34 |
| | 100m: 1:06.95 | 36.00 | 200m: 2:22.78 | 37.50 | 300m: 3:42.59 | 40.27 | 400m: 4:47.69 | 31.76 |
| 2. | Heiner Stevens | ZIGNEA | 5:41.01 | 197201299 | 5:45.71 | +0,78 | | |
| | 50m: 33.74 | 33.74 | 150m: 1:58.81 | 45.06 | 250m: 3:34.33 | 50.19 | 350m: 5:06.72 | 41.99 |
| | 100m: 1:13.75 | 40.01 | 200m: 2:44.14 | 45.33 | 300m: 4:24.73 | 50.40 | 400m: 5:45.71 | 38.99 |
| 3. | Kasper van den Bergh | Swol 1894 | 5:51.62 | 197301125 | 5:58.98 | +0,75 | | |
| | 50m: 37.60 | 37.60 | 150m: 2:04.61 | 43.53 | 250m: 3:41.78 | 53.71 | 350m: 5:17.86 | 42.49 |
| | 100m: 1:21.08 | 43.48 | 200m: 2:48.07 | 43.46 | 300m: 4:35.37 | 53.59 | 400m: 5:58.98 | 41.12 |

Masters 45+

| | | | | | | | | |
|----|--|--------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Erlend Alstad | I.L. Varg | 5:03.28 | | 5:01.64 | +0,70 | | |
| | <i>Kampioenschaps Record, Norwegian Masters Record</i> | | | | | | | |
| | 50m: 32.28 | 32.28 | 150m: 1:50.19 | 40.48 | 250m: 3:10.09 | 41.16 | 350m: 4:28.63 | 35.79 |
| | 100m: 1:09.71 | 37.43 | 200m: 2:28.93 | 38.74 | 300m: 3:52.84 | 42.75 | 400m: 5:01.64 | 33.01 |
| 2. | Marcel van Winssen | De Gelenberg | 5:43.37 | 197101477 | 5:17.19 | +0,82 | | |
| | 50m: 34.21 | 34.21 | 150m: 1:55.81 | 41.96 | 250m: 3:20.99 | 43.81 | 350m: 4:41.56 | 36.78 |
| | 100m: 1:13.85 | 39.64 | 200m: 2:37.18 | 41.37 | 300m: 4:04.78 | 43.79 | 400m: 5:17.19 | 35.63 |
| 3. | Antwan van Engen | De Ward | 5:35.36 | 197101577 | 5:24.15 | +0,86 | | |
| | 50m: 31.88 | 31.88 | 150m: 1:51.97 | 43.12 | 250m: 3:21.16 | 46.94 | 350m: 4:47.67 | 37.84 |
| | 100m: 1:08.85 | 36.97 | 200m: 2:34.22 | 42.25 | 300m: 4:09.83 | 48.67 | 400m: 5:24.15 | 36.48 |

Programmanr. 33, Heren, 400m wisselslag, Masters 45+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|-------|------------------|----------------|---------------|-----------|----------------|-------|---------------|-------|
| 4. | Richard Ricksen | NIMO | 5:25.81 | 197000841 | 5:28.35 | +0,84 | | |
| | 50m: 33.89 | 33.89 | 150m: 1:57.90 | 43.93 | 250m: 3:26.94 | 46.85 | 350m: 4:51.75 | 37.59 |
| | 100m: 1:13.97 | 40.08 | 200m: 2:40.09 | 42.19 | 300m: 4:14.16 | 47.22 | 400m: 5:28.35 | 36.60 |
| 5. | Harold Matla | PSV | 5:34.19 | 196800591 | 5:37.15 | +0,91 | | |
| | 50m: 35.98 | 35.98 | 150m: 2:02.47 | 44.43 | 250m: 3:32.85 | 45.86 | 350m: 4:59.24 | 39.93 |
| | 100m: 1:18.04 | 42.06 | 200m: 2:46.99 | 44.52 | 300m: 4:19.31 | 46.46 | 400m: 5:37.15 | 37.91 |
| AFGEM | Stefan Holmstrom | DAW | 5:55.97 | 196701671 | | | | |
| NG | Marcel Brittijn | De Duinkickers | 6:29.56 | 196900159 | | | | |

Masters 50+

| | | | | | | | | |
|----|-----------------|---------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Jan Brink | ZPC De Zeeuwse Kust | 5:14.82 | 196200091 | 5:27.45 | +0,78 | | |
| | 50m: 34.71 | 34.71 | 150m: 1:58.96 | 42.15 | 250m: 3:25.20 | 46.03 | 350m: 4:50.92 | 38.85 |
| | 100m: 1:16.81 | 42.10 | 200m: 2:39.17 | 40.21 | 300m: 4:12.07 | 46.87 | 400m: 5:27.45 | 36.53 |
| 2. | Arnold de Rover | De Futen | 5:34.00 | 196400645 | 5:35.11 | +0,92 | | |
| | 50m: 37.99 | 37.99 | 150m: 2:04.13 | 43.31 | 250m: 3:33.66 | 47.12 | 350m: 4:58.68 | 37.24 |
| | 100m: 1:20.82 | 42.83 | 200m: 2:46.54 | 42.41 | 300m: 4:21.44 | 47.78 | 400m: 5:35.11 | 36.43 |
| 3. | Jan Smalheer | SCOM | 6:29.41 | 196400701 | 6:31.86 | +1,15 | | |
| | 50m: 42.87 | 42.87 | 150m: 2:22.88 | 51.81 | 250m: 4:09.36 | 56.04 | 350m: 5:49.07 | 42.94 |
| | 100m: 1:31.07 | 48.20 | 200m: 3:13.32 | 50.44 | 300m: 5:06.13 | 56.77 | 400m: 6:31.86 | 42.79 |

Masters 55+

| | | | | | | | | |
|----|-------------------|-----------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Ronald Grove | Oceanus | 5:40.36 | 196100161 | 5:41.70 | +0,71 | | |
| | 50m: 35.34 | 35.34 | 150m: 2:04.85 | 46.02 | 250m: 3:37.01 | 47.45 | 350m: 5:03.84 | 37.84 |
| | 100m: 1:18.83 | 43.49 | 200m: 2:49.56 | 44.71 | 300m: 4:26.00 | 48.99 | 400m: 5:41.70 | 37.86 |
| 2. | Jan Willem Heuten | WS Twente | 6:38.67 | 196000883 | 6:52.48 | +0,99 | | |
| | 50m: 43.69 | 43.69 | 150m: 2:33.36 | 56.16 | 250m: 4:29.07 | 59.52 | 350m: 6:09.76 | 43.73 |
| | 100m: 1:37.20 | 53.51 | 200m: 3:29.55 | 56.19 | 300m: 5:26.03 | 56.96 | 400m: 6:52.48 | 42.72 |

Masters 60+

| | | | | | | | | |
|----|-------------------|--------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Paul Bunnik | Triton | 6:17.16 | 195600413 | 6:13.61 | +1,02 | | |
| | 50m: 37.65 | 37.65 | 150m: 2:15.00 | 50.67 | 250m: 3:55.99 | 51.93 | 350m: 5:31.37 | 42.48 |
| | 100m: 1:24.33 | 46.68 | 200m: 3:04.06 | 49.06 | 300m: 4:48.89 | 52.90 | 400m: 6:13.61 | 42.24 |
| 2. | Bart van Doesburg | PSV | 6:17.70 | 195600463 | 6:22.59 | +0,86 | | |
| | 50m: 41.80 | 41.80 | 150m: 2:19.41 | 48.43 | 250m: 4:01.72 | 53.55 | 350m: 5:38.32 | 44.12 |
| | 100m: 1:30.98 | 49.18 | 200m: 3:08.17 | 48.76 | 300m: 4:54.20 | 52.48 | 400m: 6:22.59 | 44.27 |

Masters 70+

| | | | | | | | | |
|----|---------------|---------|---------------|-----------|----------------|---------|---------------|-------|
| 1. | Rob Hanou | PSV | 7:15.24 | 194300109 | 7:39.73 | +1,12 | | |
| | 50m: 50.27 | 50.27 | 150m: 2:54.26 | 1:01.28 | 250m: 4:57.71 | 1:02.35 | 350m: 6:49.87 | 50.09 |
| | 100m: 1:52.98 | 1:02.71 | 200m: 3:55.36 | 1:01.10 | 300m: 5:59.78 | 1:02.07 | 400m: 7:39.73 | 49.86 |

Masters 75+

| | | | | | | | | |
|----|------------------------------|-------------------|---------------|-------|----------------|---------|---------------|-------|
| 1. | Joaquin Canales de Mendoza | R.C. Mediterraneo | 6:52.72 | | 7:03.62 | +0,82 | | |
| | <i>Kampioenschaps Record</i> | | | | | | | |
| | 50m: 43.46 | 43.46 | 150m: 2:31.78 | 54.51 | 250m: 4:29.73 | 1:02.98 | 350m: 6:20.15 | 46.78 |
| | 100m: 1:37.27 | 53.81 | 200m: 3:26.75 | 54.97 | 300m: 5:33.37 | 1:03.64 | 400m: 7:03.62 | 43.47 |

Programmanr. 34
24-01-2016 - 11:32

4 x 100m wisselslag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|---------------------|---|--|----------|----------------|-------|
| 80+, Dames | | | | | |
| 1. | DIO | 4:39.58 | | 4:38.89 | +0,66 |
| | <i>Nederlands Masters Record</i> | | | | |
| | Aniek Resink +0,66 32.71 1:07.21 | Whitney van Hoeckel +0,49 33.07 1:10.83 | | | |
| | Susanne van der Linden +0,54 38.13 1:21.38 | Jolanda Post +0,35 29.09 59.47 | | | |
| 2. | NDD | 4:41.68 | | 4:45.46 | +0,76 |
| | Henriëke ten Bokkel +0,76 32.89 1:08.47 | Eva Engelen +0,23 32.33 1:14.96 | | | |
| | Carmen Seesing +0,34 35.59 1:18.22 | Olga Volman-Maiorova +0,07 30.01 1:03.81 | | | |
| 80+, Heren | | | | | |
| 1. | Merlet | 4:09.37 | | 4:10.64 | +0,67 |
| | Dieder Schuurmans +0,67 30.46 1:03.20 | Bas Berndes +0,44 29.57 1:03.75 | | | |
| | Teun Strijbosch +0,31 31.50 1:07.31 | Jelte Schuurmans +0,39 26.84 56.38 | | | |
| 2. | De Kempvis | 4:14.40 | | 4:11.33 | +0,69 |
| | Dennis Doove +0,69 31.33 1:06.10 | Jory Sloof +0,32 29.69 1:04.59 | | | |
| | Romero Hennep +0,55 29.92 1:04.97 | Erik Wegman +0,35 26.05 55.67 | | | |
| 3. | De Zwoer | 4:20.99 | | 4:12.40 | +0,66 |
| | Pieter Ytsma +0,66 30.55 1:03.42 | Matthijs Mulder +0,20 29.57 1:05.58 | | | |
| | Sven Dogger +0,33 30.78 1:08.33 | Auke Koops +0,28 25.62 55.07 | | | |
| 4. | De Amstel | 4:22.30 | | 4:22.42 | +0,63 |
| | Bart van der Zwaan +0,63 32.35 1:07.72 | Nick Sijmons +0,30 28.07 1:02.28 | | | |
| | Nick Drenth +0,44 34.98 1:15.37 | Jeffrey van 't Schip +0,22 26.82 57.05 | | | |
| 80+, Gemengd | | | | | |
| 1. | Octopus | 4:29.29 | | 4:33.44 | +0,71 |
| | Denise van Zetten +0,71 36.43 1:16.08 | Casper Muselaers +0,28 27.37 1:01.80 | | | |
| | Roald Blok +0,49 30.86 1:06.90 | Miriam Visserman +0,44 32.60 1:08.66 | | | |
| 2. | ZPB H&L Productions 1 | 4:39.32 | | 4:42.04 | +0,71 |
| | Linda Janssen +0,71 37.44 1:16.04 | Lars Schoffemeer +0,27 27.24 59.90 | | | |
| | Aylin van Uffelen +0,53 39.44 1:25.39 | Ruben Stolk +0,57 27.74 1:00.71 | | | |
| DIS | ZPC Woerden 1 | 4:39.13 | | | +0,65 |
| | <i>EA - Took over too quickly**, Startzwemmer NMR 100 rug</i> | | | | |
| | Jamilla van Veen +0,65 31.58 1:05.29 | Thijs van den End +0,40 29.52 1:08.60 | | | |
| | Sabine Lina +0,38 38.73 1:23.98 | Patrick de Jonge -0,57 | | | |
| 100+, Dames | | | | | |
| 1. | LZ 1886 | 4:52.07 | | 4:58.75 | +0,86 |
| | Naomi van Gool +0,86 37.41 1:17.96 | Tamara Caspers +0,31 33.36 1:15.52 | | | |
| | Moniek Heemskerk +0,34 37.69 1:20.65 | Heidi van Stein +0,25 30.93 1:04.62 | | | |
| 2. | WS Twente | 5:03.63 | | 5:11.67 | +0,69 |
| | Paulien Schokker +0,69 38.62 1:19.41 | Laura Luitjes +0,56 35.53 1:17.51 | | | |
| | Anneliete Reefhuis-de Vries +0,74 39.76 1:26.40 | Henriëke de Vries +0,58 32.53 1:08.35 | | | |
| 3. | CNSW | 5:17.28 | | 5:20.07 | +0,74 |
| | Sandra Koenig +0,74 42.79 1:28.72 | Fanny Koenig +0,46 33.99 1:14.23 | | | |
| | Melina Dejonckheere +0,39 41.08 1:26.27 | Isaline Manchel +0,74 34.13 1:10.85 | | | |
| 4. | Montferland 1 | 5:22.28 | | 5:24.18 | +0,83 |
| | Angela Giezen +0,83 39.85 1:20.46 | Kelly Bockting +0,62 37.21 1:24.94 | | | |
| | Esther van Maastrigt +0,31 40.51 1:27.44 | Daphne Meijer +0,36 34.11 1:11.34 | | | |

Programmanr. 34, 4 x 100m wisselslag

100+, Gemengd

| | | | | | |
|-----|-------------------------------------|----------------|---------|------------------|---------------|
| 1. | MGO (SG) | MGO (SG) | 4:53.03 | 4:55.69 | +0,75 |
| | Ramon van Huizen | +0,75 33.22 | 1:07.58 | Whitley Rens | +0,51 36.52 |
| | Marjon van Kempen | +0,47 41.10 | 1:27.82 | Martijn van Hoor | +0,60 27.78 |
| 2. | Steenwijk 1934 2 | Steenwijk 1934 | 4:50.12 | 5:08.81 | +0,81 |
| | Robert Braad | +0,81 31.77 | 1:06.19 | Lonneke Oenema | +0,55 38.73 |
| | Mike Koelewijn | +0,64 34.07 | 1:15.04 | Tara Keijzer | +0,56 34.73 |
| DIS | De Veene 1 | De Veene | 4:39.37 | | +0,77 |
| | <i>EA - Took over too quickly**</i> | | | | |
| | Diana Lammers | +0,77 37.27 | 1:17.90 | Robert Dekker | +0,53 30.19 |
| | Yvon Versteeg | +0,44 35.86 | 1:17.55 | Yorick Kreuwei | -0,17 1:07.69 |

120+, Dames

| | | | | | |
|-------|------------------------|--------------|---------|-------------------------|-------------|
| 1. | ZPC Woerden 1 | ZPC Woerden | 5:07.24 | 5:04.52 | +0,75 |
| | Ilse van den Wijngaard | +0,75 34.93 | 1:12.38 | Marjan Remmits-De Lange | +0,27 34.23 |
| | Marja Verwoerd | +0,47 42.71 | 1:34.04 | Mandy Verbakel | +0,25 30.53 |
| 2. | De Meer 1 | De Meer | 5:09.23 | 5:15.89 | +0,71 |
| | Christa Verploeg | +0,71 41.37 | 1:23.80 | Lindsey Hol | +0,57 35.47 |
| | Chantal van der Horst | +0,49 37.17 | 1:18.66 | Nadège van Meeteren | +0,64 34.23 |
| 3. | WVZ 1 | WVZ | 5:13.81 | 5:19.56 | +0,66 |
| | Tessa Verheijdt | +0,66 41.53 | 1:24.39 | Linda Hoogendam | +0,62 37.98 |
| | Isabelle Massar | +0,44 38.48 | 1:22.79 | Yvonne Gerritsen | +0,76 31.44 |
| 4. | ESCA Zwemmen 1 | ESCA Zwemmen | 5:29.90 | 5:26.14 | +0,72 |
| | Ijla Janssen | +0,72 40.29 | 1:22.68 | Jepke van der Werf | +0,60 36.42 |
| | Yoka de Vegt- van Dijk | +0,78 45.14 | 1:36.40 | Kiona Peters | +0,48 32.07 |
| AFGEM | DAW 1 | DAW | 5:09.24 | | |

120+, Heren

| | | | | | |
|----|--------------------------------|---------------------|---------|----------------------|-------------|
| 1. | d'ELFT WAVE (SG) 1 | d'ELFT WAVE (SG) | 4:00.20 | 3:59.37 | +0,72 |
| | <i>Europees Masters Record</i> | | | | |
| | Egbert Stolk | +0,72 29.53 | 1:01.07 | Roderik Meijers | +0,41 27.40 |
| | Erik Simons | +0,39 29.35 | 1:03.23 | Nol van Thull | +0,48 24.54 |
| 2. | De Houtrib 1 | De Houtrib | 4:05.70 | 4:09.24 | +0,73 |
| | Marco Uppelschoten | +0,73 28.24 | 57.41 | Patrick Lahuis | +0,33 30.02 |
| | Melvin Bakker | +0,23 31.05 | 1:08.57 | Sjoerd Boertien | +0,53 26.51 |
| 3. | Van Vliet-Barracuda 1 | Van Vliet-Barracuda | 4:12.84 | 4:17.86 | +0,75 |
| | Thommy Nickel | +0,75 31.90 | 1:05.13 | Emiel van Beusekom | +0,42 28.62 |
| | Mark Hensen | +0,42 34.72 | 1:15.01 | Pascal van Haren | +0,30 26.61 |
| 4. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | 4:35.02 | 4:38.71 | +0,71 |
| | Ron Korzelius | +0,71 35.72 | 1:13.02 | Edwin v. Norden | +0,15 29.84 |
| | Wouter van 't Klooster | +0,24 37.32 | 1:19.93 | Mark Pijtak | +0,27 28.21 |
| 5. | LZ 1886 1 | LZ 1886 | 4:20.89 | 4:39.38 | +0,87 |
| | Otto Jansen | +0,87 35.08 | 1:12.57 | Kristiaan Lenos | +0,20 28.21 |
| | Nick van der Krogt | +0,51 36.40 | 1:18.23 | Wim van Mil | +0,63 30.87 |
| 6. | MGO (SG) 1 | MGO (SG) | 4:40.62 | 4:41.28 | +0,74 |
| | Addie Vroegindeweij | +0,74 35.31 | 1:13.11 | Frank van der Voordt | +0,26 30.97 |
| | Kees Akershoek | +0,24 36.42 | 1:19.39 | Niels Albrechts | +0,35 28.22 |
| 7. | De Duinkickers 1 | De Duinkickers | 5:03.73 | 5:09.08 | +0,86 |
| | Robin Eggenkamp | +0,86 37.45 | 1:17.85 | Sven van Zanten | +0,23 31.35 |
| | Robert de Brauwer | +0,26 40.16 | 1:26.42 | Marcel Brittijn | +0,47 32.22 |

Programmanr. 34, 4 x 100m wisselslag

120+, Gemengd

| | | | | | | | | |
|-------|---------------------------|-------------------------|---------|---------|-------------------------|-------|-------|---------|
| 1. | ZVVS 1 | ZVVS | 4:24.82 | 4:26.45 | +0,58 | | | |
| | Nick Cleintuar | +0,58 | 28.80 | 1:00.28 | Paul Brinkman | +0,54 | 28.11 | 1:01.16 |
| | Karin Stein | +0,41 | 38.51 | 1:22.45 | Nadya Putter | +0,38 | 29.81 | 1:02.56 |
| 2. | DWK 1 | DWK | 4:49.49 | 4:46.51 | +0,69 | | | |
| | Michel van Wingerden | +0,69 | 36.89 | 1:17.67 | Pauline Gouwens | +0,41 | 29.12 | 1:03.77 |
| | Liesbeth van Mill | +0,80 | 42.04 | 1:28.78 | Robin Eltink | +0,21 | 26.90 | 56.29 |
| 3. | De IJssel 1 | De IJssel | 4:49.74 | 4:50.69 | +0,64 | | | |
| | Nikki Hoogeboom | +0,64 | 36.41 | 1:16.66 | Wijam Nijenhuis | +0,33 | 32.68 | 1:10.50 |
| | Lieke Godschalk | +0,31 | 39.87 | 1:26.82 | Frank Beijering | +0,55 | 26.49 | 56.71 |
| 4. | Zwemvereniging Westland 1 | Zwemvereniging Westland | 5:03.71 | 5:03.02 | +0,73 | | | |
| | Fred Dijkshoorn | +0,73 | 36.68 | 1:19.11 | Ronald Koeckhoven | 0,00 | 28.73 | 1:04.11 |
| | Mirjan den Drijver-Aarse | +0,55 | 42.91 | 1:31.31 | Jacoline van den Beukel | +0,31 | 32.02 | 1:08.49 |
| 5. | ZOB'66 1 | ZOB'66 | 5:09.61 | 5:19.33 | +0,66 | | | |
| | Harmen Reerst | +0,66 | 36.54 | 1:16.53 | Wendy de Bruin | +0,51 | 32.99 | 1:12.79 |
| | Dré Klaassen | +0,36 | 45.87 | 1:38.21 | Rebecca Evers | +0,60 | 34.51 | 1:11.80 |
| 6. | Budel 1 | Budel | 5:15.54 | 5:20.72 | +0,70 | | | |
| | Joyce Raemaekers | +0,70 | 38.41 | 1:20.88 | Dyon de Greef | +0,32 | 36.88 | 1:22.93 |
| | Carola Hompes | +0,43 | 43.99 | 1:33.25 | Wijlo Mackus | +0,81 | 29.95 | 1:03.66 |
| 7. | De Gelenberg 1 | De Gelenberg | 5:08.70 | 5:25.24 | +0,75 | | | |
| | Sylvia Reijers | +0,75 | 40.55 | 1:24.28 | Rob Janssen | +0,61 | 38.10 | 1:20.36 |
| | Constant van Ewijk | +0,67 | 39.75 | 1:26.53 | Debby Wagenveld | +0,60 | 34.45 | 1:14.07 |
| NG.ZA | WVZ 1 | WVZ | 5:07.80 | | | | | |

160+, Dames

| | | | | | | | | |
|-----|-------------------------------------|----------------|---------|---------|---------------------------------|-------|-------|---------|
| 1. | De Dinkel 1 | De Dinkel | 5:03.56 | 5:06.78 | +0,69 | | | |
| | Franca Johannink-Willeme | +0,69 | 35.95 | 1:14.06 | Anique Willeme | +0,16 | 31.46 | 1:08.00 |
| | Judith Heijdens-Schasfoort | +0,45 | 43.74 | 1:37.45 | Anja Tjink | +0,44 | 31.62 | 1:07.27 |
| 2. | CNSW | CNSW | 5:28.69 | 5:22.99 | +0,74 | | | |
| | <i>Belgisch Masters Record</i> | | | | | | | |
| | Cora Vinagre Sendino | +0,74 | 38.61 | 1:20.84 | Claire Anthony | +0,52 | 39.72 | 1:30.16 |
| | Charlotte Six | +0,76 | 39.72 | 1:24.29 | Valerie Rolland | +0,55 | 32.57 | 1:07.70 |
| 3. | Old Dutch 1 | Old Dutch | 5:41.60 | 5:41.33 | +0,86 | | | |
| | Karin van Nassau van den Heuvel | +0,86 | 45.64 | 1:33.49 | Chantal Verhoeff | +0,43 | 34.48 | 1:19.19 |
| | Chantal Gerritsen-Driesen | +0,73 | 45.15 | 1:35.18 | Claudia van der Straate de Jong | +0,56 | 35.40 | 1:13.47 |
| 4. | DWK 1 | DWK | 5:54.65 | 5:58.60 | +0,81 | | | |
| | Ellen van Wingerden-Dijkhuizen | +0,81 | 39.67 | 1:22.67 | Iris van Aurich | +0,48 | 43.95 | 1:36.93 |
| | Greta Wyma-Teitsma | +0,71 | 50.41 | 1:46.86 | Grith Sigsgaard | +0,64 | 34.36 | 1:12.14 |
| DIS | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | 5:11.06 | | +0,81 | | | |
| | <i>EA - Took over too quickly**</i> | | | | | | | |
| | Françoise Duran | +0,81 | 45.53 | 1:32.70 | Lidia v. Bon-Rosenbrand | +0,33 | 35.63 | 1:21.86 |
| | Atie Pijtak-Radersma | +0,27 | 44.42 | 1:35.51 | Marjke van Manen | -0,16 | | |

160+, Heren

| | | | | | | | | |
|----|--------------------|----------------|---------|---------|-----------------------|-------|-------|---------|
| 1. | DAW 1 | DAW | 4:25.52 | 4:22.37 | +0,77 | | | |
| | Alex Damen | +0,77 | 33.08 | 1:07.89 | Kars Luttk | +0,44 | 30.13 | 1:07.66 |
| | Joost Hoetjes | +0,39 | 31.54 | 1:07.68 | Pieter van Gemeren | +0,11 | 27.87 | 59.14 |
| 2. | Steenwijk 1934 1 | Steenwijk 1934 | 4:35.72 | 4:34.76 | +0,57 | | | |
| | Casper Dollekamp | +0,57 | 37.88 | 1:17.20 | Rick Driezen | +0,55 | 27.57 | 1:00.97 |
| | Huyb Stegeman | +0,63 | 37.79 | 1:22.43 | Lauren Vis | +0,23 | 25.50 | 54.16 |
| 3. | WS Twente 1 | WS Twente | 4:54.08 | 4:37.86 | +0,80 | | | |
| | Robin Mäkel | +0,80 | 32.94 | 1:09.14 | Paul Jurcka | +0,28 | 31.04 | 1:08.55 |
| | Jos Wensink | +0,50 | 37.28 | 1:21.59 | Arno Hofmeijer | +0,38 | 27.87 | 58.58 |
| 4. | De Gelenberg 1 | De Gelenberg | 4:39.94 | 4:40.53 | +0,80 | | | |
| | John Cobussen | +0,80 | 32.32 | 1:07.77 | Erik Lamers | +0,51 | 34.51 | 1:16.22 |
| | Marcel van Winssen | +0,69 | 34.11 | 1:13.16 | Harold Brouwer | +0,52 | 29.72 | 1:03.38 |
| 5. | ZVVS 1 | ZVVS | 4:56.73 | 4:57.42 | +0,72 | | | |
| | Thomas Grudelbach | +0,72 | 35.65 | 1:14.62 | Danny Zulver | +0,26 | 35.26 | 1:18.51 |
| | Rene de Jong | +0,07 | 37.36 | 1:20.62 | Freddy v.d. Veen | +0,34 | 29.84 | 1:03.67 |
| 6. | Swol 1894 1 | Swol 1894 | 5:05.42 | 5:01.15 | +0,75 | | | |
| | Arjan Aalbers | +0,75 | 35.78 | 1:14.13 | Kasper van den Berghe | +0,72 | 34.09 | 1:15.28 |
| | Willem Jannink | +0,46 | 40.05 | 1:27.38 | Johan Wezenberg | +0,36 | 29.41 | 1:04.36 |

Programmanr. 34, Heren, 4 x 100m wisselslag, 160+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|----------------------|--|-------------------------|---|--------------------|-------|
| AFGEM | Upstream Amsterdam 1 | Upstream Amsterdam | 4:13.00 | | |
| 160+, Gemengd | | | | | |
| 1. | De Biesboschzwemmers 1 <i>Kampioenschaps Record</i> | De Biesboschzwemmers | 4:43.77 | 4:44.76 | +0,92 |
| | Arjon de Bok +0,92 34.96 1:11.39 Marjo Goelma-Koek +0,60 36.79 1:20.22 | | Harry Cornet +0,45 29.22 Annette Wijnja-Visser +0,55 33.05 | 1:03.43 1:09.72 | |
| 2. | RZC 1 | RZC | 5:10.16 | 5:09.21 | +0,71 |
| | Jule Verschoor-Holland +0,71 41.76 1:26.18 Bert de Weerd +0,23 37.76 1:19.70 | | Geert van Duinhoven +0,53 33.34 Rita van der Horst +0,30 31.69 | 1:14.14 1:09.19 | |
| 3. | AZC 2 | AZC | 5:39.33 | 5:26.34 | +0,70 |
| | Wim de Lange +0,70 39.39 1:21.26 Auke de Lange +0,54 40.99 1:26.87 | | Joeri Stoffels +0,54 31.34 Wil Ponsoen-van Mil +0,96 42.77 | 1:08.33 1:29.88 | |
| 4. | De Rog 1 | De Rog | 5:37.61 | 5:33.61 | +0,73 |
| | Cees Kersten +0,73 41.90 1:24.95 Roy le Clercq +0,50 40.63 1:27.52 | | Sandra Peeters-Wiermans +0,43 39.35 Ariane Hamakers +0,58 35.89 | 1:24.85 1:16.29 | |
| 5. | WIDEX GZC DONK 2 | WIDEX GZC DONK | 5:58.10 | 5:37.02 | +0,74 |
| | Jacqueline de Ruiter-Wijnolst +0,74 39.56 1:21.64 Pierre de Groot +0,75 43.23 1:32.81 | | Nathasja Konijn +0,53 44.94 Niels van Dam +0,22 31.15 | 1:37.41 1:05.16 | |
| 6. | Budel 2 | Budel | 5:51.09 | 6:00.21 | +0,72 |
| | Elly Scheepers +0,72 41.03 1:25.72 Judith van der Heijden +0,36 50.74 1:48.30 | | Edward van Nijmweegen +0,44 38.17 Ruud Kennis +0,37 32.50 | 1:37.44 1:08.75 | |
| DIS | CNSW <i>SR - Made more than one butterfly kick after start or turn</i> | CNSW | 5:40.45 | | +0,81 |
| | Anne De Sauvage +0,81 44.05 1:30.33 Mohamed Abou Gebba +0,30 43.44 1:41.18 | | Juan Vinagre Sendino Severine Bayre | | |
| AFGEM | Steenwijk 1934 1 | Steenwijk 1934 | 5:32.64 | | |
| 200+, Dames | | | | | |
| 1. | PSV 1 | PSV | 5:04.72 | 5:17.32 | +0,68 |
| | Gudule van der Meer +0,68 34.71 1:11.16 Ineke Weekers +0,44 44.26 1:33.52 | | Liselotte Joling +0,70 35.03 Patty Verhagen +0,36 36.71 | 1:16.24 1:16.40 | |
| 2. | Swol 1894 1 | Swol 1894 | 5:34.91 | 5:49.01 | +0,89 |
| | Annemarie Vuist +0,89 44.68 1:30.01 Annet Kootstra +0,47 46.93 1:39.62 | | Mathilde Vink +0,58 38.99 Christien Nieuwenhuis +0,31 35.57 | 1:23.99 1:15.39 | |
| 200+, Heren | | | | | |
| 1. | De Rog 1 <i>Nederlands Masters Record</i> | De Rog | 4:35.39 | 4:34.65 | +0,61 |
| | Peter Bensen +0,61 31.07 1:04.82 Glen le Clercq +0,49 33.36 1:13.35 | | Erik Kamphuis +0,62 35.41 Rob Spetter +0,23 29.44 | 1:14.68 1:01.80 | |
| 2. | Zwemvereniging Hoogland 1 | Zwemvereniging Hoogland | 5:14.23 | 5:14.13 | +0,71 |
| | Erik Smink +0,71 37.67 1:15.89 Paul de Boer +0,60 37.97 1:23.52 | | Rudolf Meijer +0,73 38.58 Jan Vonk +0,38 35.07 | 1:22.32 1:12.40 | |
| 3. | WS Twente 2 | WS Twente | 5:20.78 | 5:24.67 | +0,84 |
| | Jack Barends +0,84 41.19 1:24.05 Joop Weenink +0,65 40.06 1:25.23 | | Jan Willem Heuten +0,62 38.42 Bart van Calker +0,51 34.43 | 1:25.15 1:10.24 | |
| AFGEM | DAW 2 | DAW | 4:43.81 | | |
| 200+, Gemengd | | | | | |
| 1. | PSV 1 | PSV | 5:01.80 | 5:24.60 | +0,62 |
| | Jolanda van Gendt +0,62 38.83 1:20.59 Harold Matla +0,40 34.26 1:12.31 | | Joop Ariaens +0,60 31.83 Gonnie Bak +0,74 45.61 | 1:15.52 1:36.18 | |
| 2. | WIDEX GZC DONK 1 | WIDEX GZC DONK | 5:43.36 | 5:46.86 | +0,82 |
| | Feikje Wittermans +0,82 40.41 1:24.33 Lia Bijkerk +0,64 51.39 1:50.69 | | Adrian Ortiz Buitrago +0,47 36.75 Willem Jan Ribberink +0,27 33.50 | 1:23.12 1:08.72 | |
| DIS | AZC 1 <i>AA - Started before the starting signal</i> | AZC | 5:38.67 | | |
| | Guido Keutgen, Sandra Daamen-Posma, Kirsten Savellberg, Geza Kaltenecker | | | | |

Programmanr. 34, 4 x 100m wisselslag

240+, Heren

| | | | | | | | |
|----|------------------------|-------|-------|---------|-----------------|----------------|---------------|
| 1. | WWV 1 | WWV | | 5:21.60 | | 5:27.39 | +0,65 |
| | Kees-Jan van Overbeeke | +0,65 | 35.31 | 1:12.39 | Ruud Ruiters | +0,47 | 39.17 1:25.85 |
| | Laurens Klein Breteler | +0,57 | 40.53 | 1:28.51 | Theo Schouten | +0,48 | 38.79 1:20.64 |
| 2. | UZSC 1 | UZSC | | 5:54.84 | | 5:36.70 | +0,84 |
| | Nartano Glijn | +0,84 | 38.45 | 1:19.16 | Henk Kuipers | +0,42 | 37.77 1:19.13 |
| | Tom Meijnen | +0,79 | 46.44 | 1:39.62 | Frederik Eshuis | +0,64 | 38.03 1:18.79 |

240+, Gemengd

| | | | | | | | |
|-------|--------------------------|-------|-------|---------|----------------|----------------|---------------|
| 1. | DAW 1 | DAW | | 5:59.04 | | 6:11.03 | +0,75 |
| | Fred Heemstra | +0,75 | 37.70 | 1:17.81 | Petra Tossings | +0,43 | 39.36 1:28.15 |
| | Mieke Strijbis-v.d.Kroft | +0,92 | 57.59 | 2:02.63 | Jaap Kwakkel | +0,42 | 39.20 1:22.44 |
| AFGEM | PSV 2 | PSV | | 6:19.20 | | | |

7 - ONMK 2016 kb sessie 7

24-01-2016 - 13:30

Programmanr. 36
24-01-2016 - 13:30

Dames, 50m vlinderslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--|---------------------|-------------------------|---------------|-----------|--------------|-------|
| Masters 20+ | | | | | | |
| 1. | Evy Ulijn | Arethusa | 28.92 | 199604100 | 29.46 | +0,75 |
| 2. | Maud Hoofs | The Hague Swimming (SG) | 29.14 | 199501206 | 29.69 | +0,69 |
| 3. | Merel van der Kieft | EZC | 30.27 | 199200920 | 29.87 | +0,62 |
| 4. | Stéphanie Bergsma | Dedemsvaart-AC | 29.90 | 199203374 | 29.98 | +0,67 |
| 5. | Adaja Stoetman | TriVia | 29.73 | 199600348 | 30.06 | |
| 6. | Lianne Molkenboer | EZC | 29.88 | 199602034 | 30.07 | +0,77 |
| 7. | Karen Stolk | TriVia | 30.16 | 199403950 | 30.41 | +0,74 |
| 8. | Karin Groen | Nova | 30.05 | 199502440 | 30.49 | +0,68 |
| 9. | Femke Swier | Zwemvereniging Hoorn | 30.79 | 199305122 | 30.61 | +0,84 |
| 10. | Kim Loeffen | Merlet | 30.39 | 199403432 | 31.18 | +0,86 |
| 11. | Suzanne Mosch | MSV-Zeemacht | 29.59 | 199400548 | 31.23 | +0,72 |
| 12. | Carmen Seesing | NDD | 30.26 | 199406220 | 31.24 | +0,74 |
| 13. | Eva Engelen | NDD | 30.75 | 199405514 | 31.30 | +0,69 |
| 14. | Marissa Minkman | ZC Aquadream | 31.11 | 199306054 | 31.48 | +0,76 |
| 15. | Whitney van Hoeckel | DIO | 31.85 | 199402390 | 31.95 | +0,75 |
| 16. | Suzanne Lange | De Zwoer | 35.82 | 199202998 | 32.26 | +0,72 |
| 17. | Debby Kraaijeveld | DWF | 31.62 | 199601358 | 32.35 | +0,80 |
| 18. | Julia Wortman | AZC | 33.94 | 199603666 | 32.65 | +0,82 |
| 19. | Giulia Rolloos | Van Vliet-Barracuda | 31.86 | 199500946 | 33.07 | +0,88 |
| 20. | Mariëtte Bulman | ZC Aquadream | 33.60 | 199506846 | 33.12 | +0,68 |
| 21. | Denise Otjes | Aquarius | 33.18 | 199601378 | 33.41 | +0,77 |
| 22. | Eva Kattouw | De Ward | 33.40 | 199407168 | 33.57 | +0,75 |
| 23. | Rebecca Evers | ZOB'66 | 33.23 | 199207916 | 33.66 | +0,74 |
| 24. | Krista Kostwinder | SCOM | 32.89 | 199401058 | 33.67 | +0,73 |
| 25. | Alma Janssen | Van Vliet-Barracuda | 33.95 | 199401078 | 33.78 | +0,87 |
| 26. | Eline van Gemert | De Meer | 34.07 | 199505458 | 34.35 | +0,70 |
| 27. | Naomi van Gool | LZ 1886 | 33.82 | 199505166 | 34.45 | +0,74 |
| 28. | Lieke Janssen | NIMO | 37.36 | 199305954 | 36.11 | +0,80 |
| 29. | Daphne Meijer | Montferland | 37.10 | 199303850 | 36.84 | +0,97 |
| 30. | Rebecca van Eeren | SCOM | 36.96 | 199306910 | 37.05 | +0,81 |
| 31. | Getrude Corporaal | ZVZ | 35.91 | 199200380 | 37.08 | +0,87 |
| 32. | Eline Molle | De Geul | 37.45 | 199404276 | 37.14 | +0,84 |
| 33. | Nadine Blouw | GZVW | 35.54 | 199302314 | 37.45 | +0,67 |
| 34. | Nieske Janssen | NIMO | 38.01 | 199601328 | 38.67 | |
| 35. | Elske Eikholt | Merlet | 38.57 | 199305032 | 38.85 | +0,87 |
| 36. | Sanne Kruijer | Sassenheim | 40.01 | 199505958 | 38.98 | +0,78 |
| 37. | Maaïke Hofland | Sassenheim | 40.59 | 199203754 | 39.01 | +0,68 |
| 38. | Chadassa Mannee | De Geul | 38.49 | 199501044 | 39.33 | +0,88 |
| 39. | Daniëlle de Klein | DWF | 39.86 | 199404786 | 39.73 | +0,88 |
| 40. | Talitha Boelen | DWF | 40.20 | 199502910 | 39.76 | +0,80 |
| DIS | Yvon Versteeg | De Veene | 29.13 | 199201864 | | |
| <i>VI - Touched turn or finish with one hand</i> | | | | | | |
| AFGEM | Carmen Muilwijk | De Geul | 33.67 | 199502700 | | |
| AFGEM | Amber Reijm | The Hague Swimming (SG) | 34.68 | 199405434 | | |

Masters 25+

| | | | | | | |
|-----|----------------------|----------------|-------|-----------|--------------|-------|
| 1. | Cora van Dorst | De Krabben | 30.50 | 199106218 | 29.72 | +0,70 |
| 2. | Jolanda Post | DIO | 29.21 | 199004848 | 29.92 | +0,72 |
| 3. | Charlotte Groeneveld | UZSC | 30.16 | 198701404 | 30.48 | +0,79 |
| 4. | Jacyntha Plat | De Golfbreker | 30.53 | 199002956 | 30.87 | +0,73 |
| 5. | Monique Lindenberg | De Bevelanders | 31.12 | 199002360 | 30.94 | +0,84 |
| 6. | Fanny Koenig | CNSW | 30.44 | 003083/89 | 30.95 | +0,73 |
| 7. | Evelien Terpstra | EZC | 32.90 | 199005654 | 31.56 | +0,79 |
| 8. | Laura Lutjes | WS Twente | 31.89 | 199002424 | 32.17 | +0,82 |
| 9. | Nienke van Stipriaan | PSV | 33.64 | 198703970 | 32.45 | +0,94 |
| 10. | Isabelle Massar | WVZ | 30.95 | 199102034 | 32.62 | +0,76 |
| 11. | Tessa Mosch | MSV-Zeemacht | 31.46 | 199102172 | 32.65 | +0,65 |

Programmanr. 36, Dames, 50m vlinderslag, Masters 25+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|-------------------------|-------------------------|---------------|-----------|--------------|-------|
| 12. | Tamara Caspers | LZ 1886 | 31.79 | 199007272 | 32.75 | +0,48 |
| 13. | Myrthe Talsma | De Golfbreker | 33.38 | 199106844 | 33.44 | +0,77 |
| 14. | Mandy Verbakel | ZPC Woerden | 33.99 | 199003908 | 33.59 | +0,82 |
| 15. | Lindsey Hol | De Meer | 34.26 | 199008088 | 34.17 | +0,76 |
| 16. | Miriam Visserman | Octopus | 35.10 | 198704364 | 34.26 | +0,71 |
| 17. | Brenda Geestman | ZPB H&L Productions | 33.09 | 198701276 | 34.39 | +0,82 |
| 18. | Liesbeth van Mill | DWK | 34.53 | 198702786 | 35.32 | +0,91 |
| 19. | Joyce Raemaekers | Budel | 34.59 | 199106106 | 35.38 | +0,77 |
| 20. | Whitley Rens | MGO (SG) | 34.75 | 199007520 | 35.42 | +0,81 |
| 21. | Kiona Peters | ESCA Zwemmen | 35.09 | 198903272 | 35.44 | +0,95 |
| 22. | Kelly Bockting | Montferland | 36.00 | 199104050 | 35.46 | +0,82 |
| 23. | Kyra Camerijk | TRB-RES | 35.92 | 198800742 | 35.65 | +0,85 |
| 24. | Sabine Duijst | Zwemvereniging Hoogland | 35.52 | 198701032 | 35.82 | +0,89 |
| 25. | Marlous de Jong | Zwemlust-den Hommel | 35.87 | 199001782 | 35.88 | +0,78 |
| 26. | Jacoline van den Beukel | Zwemvereniging Westland | 35.45 | 199100238 | 36.39 | +0,77 |
| 27. | Tamara Nordin | ZPC De Zeeuwse Kust | 37.25 | 198702996 | 36.53 | +0,82 |
| 28. | Henrike de Vries | WS Twente | 37.26 | 198907460 | 37.55 | +1,02 |
| 29. | Carola Hompes | Budel | 35.46 | 198801868 | 37.82 | +0,88 |
| 30. | Annebeth van Ark | Octopus | 39.54 | 198805588 | 38.00 | +0,81 |
| 31. | Manouk Ticheler | De Duinkickers | 39.22 | 198705416 | 38.12 | +0,76 |
| 32. | Kirsten de Vries | EZC | 39.73 | 199004090 | 40.44 | +1,01 |
| AFGEM | Kirsten Oosterhuis | Eemsrobben | 31.70 | 198903136 | | |
| AFGEM | Tara Keijzer | Steenwijk 1934 | 34.94 | 199108498 | | |

Masters 30+

| | | | | | | |
|-------|-----------------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Pauline Gouwens | DWK | 27.95 | 198400790 | 28.47 | +0,69 |
| 2. | Anique Willeme | De Dinkel | 30.33 | 198604106 | 30.99 | +0,54 |
| 3. | Esther Versteeg | Van Vliet-Barracuda | 31.96 | 198302112 | 31.91 | +0,86 |
| 4. | Elles van Leeuwen | PSV | 32.87 | 198602240 | 33.08 | +0,83 |
| 5. | Sandra Zwaanswijk | DAW | 32.05 | 198503934 | 33.31 | +0,72 |
| 6. | Annelette Reefhuis-de Vries | WS Twente | 32.50 | 198603908 | 33.34 | +0,73 |
| 7. | Jepke van der Werf | ESCA Zwemmen | 34.81 | 198201832 | 34.03 | +0,89 |
| 8. | Auke de Lange | AZC | 33.10 | 198602226 | 34.24 | +0,87 |
| 9. | Sandra Schellekens | SWNZ (SG) | 33.98 | 198503416 | 34.43 | +0,73 |
| AFGEM | Franca Johannink-Willeme | De Dinkel | 34.40 | 198402760 | | |

Masters 35+

| | | | | | | |
|-----|----------------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Angela Koekkoek | Triton | 32.26 | 197901516 | 31.07 | +0,69 |
| 2. | Chantal Verhoeff | Old Dutch | 33.11 | 197900912 | 32.36 | +0,86 |
| 3. | Sabrina Boekhout | De Biesboschwemmers | 32.39 | 198100120 | 32.69 | +0,77 |
| 4. | Tonia Ruybroek | Poseidon'56 | 32.22 | 198101290 | 33.40 | +0,93 |
| 5. | Patricia Vos | TRB-RES | 36.03 | 198001730 | 35.91 | +0,87 |
| 6. | Inge Otter | De Bevelanders | 35.66 | 197801242 | 36.74 | +0,97 |
| 7. | C. van der Straate de Jong | Old Dutch | 38.12 | 198001750 | 37.25 | +0,88 |
| 8. | Kirsten Savelberg | AZC | 37.00 | 197901192 | 38.23 | +0,71 |
| 9. | Sandra de Bruijne | Onderdak | 45.14 | 197801310 | 42.60 | +0,77 |
| 10. | Paula 't Hart-Buitelaar | ZVVS | 40.10 | 197701132 | 43.94 | +0,80 |
| NG | Andrea Gerbrands | WVZ | 38.64 | 198100904 | | |

Masters 40+

| | | | | | | |
|-----|---------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Gudule van der Meer | PSV | 30.94 | 197200396 | 30.89 | +0,60 |
| 2. | Edith Janssen-Koolen | TRB-RES | 32.57 | 197300898 | 32.65 | +0,76 |
| 3. | Geraldine Trainor | De Duck | 33.77 | 197500544 | 33.99 | +0,80 |
| 4. | Mirjan den Drijver-Aarse | Zwemvereniging Westland | 34.66 | 197500884 | 34.70 | +0,94 |
| 5. | Sandra Peeters-Wiermans | De Rog | 36.15 | 197401032 | 34.95 | +0,86 |
| 6. | Yvette Ratering | De Ward | 37.32 | 197200990 | 35.09 | +1,00 |
| 7. | Jessica Riemsdijk | ZPCH | 34.45 | 197600830 | 35.62 | +0,94 |
| 8. | Chantal Gerritsen-Driesen | Old Dutch | 37.98 | 197601074 | 36.67 | +0,83 |
| 9. | Catarina Matos | De Rog | 38.95 | 197200976 | 37.92 | +0,76 |
| 10. | Evelien Meeuwissen | Sassenheim | 37.50 | 197500360 | 38.29 | +0,81 |
| 11. | Christa Verploeg | De Meer | 41.14 | 197400896 | 39.62 | +0,76 |
| 12. | Jule Verschoor-Holland | RZC | 41.22 | 197500874 | 40.72 | +0,88 |
| 13. | Denise van Dongen | De Geul | 41.02 | 197201004 | 40.82 | +0,80 |

Programmanr. 36, Dames, 50m vlinderslag, Masters 40+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|------------------|------------|---------------|-----------|--------------|-------|
| 14. | Evelien Naatje | WS Twente | 40.73 | 197200838 | 41.77 | +1,02 |
| AFGEM | Ilona Hogerheyde | DAW | 32.75 | 197400224 | | |
| NG | Annet Miltenburg | De Fuut | 38.30 | 197300926 | | |

Masters 45+

| | | | | | | |
|-----|----------------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Ingrid Boot-De Groot | De Aalscholver | 30.53 | 197000168 | 30.86 | +0,74 |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | Jeanne Petit | De Dinkel | 31.09 | 197001020 | 31.28 | +0,74 |
| 3. | Marjo Goelema-Koek | De Biesboschzwemmers | 33.45 | 196900192 | 33.33 | +0,70 |
| 4. | Ilse Harms | De Geul | 33.80 | 196900858 | 33.36 | +0,81 |
| 5. | Henriëtte Manting | GZVW | 34.64 | 197100246 | 34.94 | +0,90 |
| 6. | Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | 35.02 | 197000054 | 35.19 | +0,92 |
| 7. | Jolanta Duleviciene | Kauno Takas | 35.17 | | 35.40 | +0,81 |
| | <i>Lithuanian Masters Record</i> | | | | | |
| 8. | Rita van der Horst | RZC | 35.21 | 196900260 | 35.76 | +0,78 |
| 9. | Sylvia van den Berg | De Fuut | 38.58 | 197000688 | 38.05 | +0,84 |
| 10. | Joyce Brummelkamp | ZVVS | 37.41 | 197000952 | 38.10 | +0,98 |
| 11. | Miriam Stevens | Budel | 43.34 | 196900988 | 43.33 | +1,10 |
| 12. | Pauline Tromp-de Lang | ZZ&PC De Devel | 48.31 | 197001032 | 45.30 | +0,75 |
| 13. | Ineke Branderhorst | Den Doorn | 49.69 | 196900918 | 53.45 | +1,04 |
| DIS | Nancy Lee | Old Dutch | 43.97 | 196900930 | | |

VH - Did not touch turn or finish simultaneously with two hands

Masters 50+

| | | | | | | |
|-----|---|-------------------------|-------|-----------|--------------|-------|
| 1. | Katrien Delaender | BZK | 31.73 | 20525/66 | 32.02 | +0,74 |
| | <i>Kampioenschaps Record, Belgisch Masters Record</i> | | | | | |
| 2. | Marjan Remmits-De Lange | ZPC Woerden | 32.74 | 196300518 | 32.79 | +0,80 |
| 3. | Allie Price | Cardiff Masters | 33.37 | 547582 | 32.99 | +0,70 |
| 4. | Anja Tijink | De Dinkel | 32.87 | 196400296 | 33.40 | +0,87 |
| 5. | Wilma van Velsen | Montferland | 35.17 | 196400444 | 34.34 | +0,80 |
| 6. | Jacqueline Rolloos-Bakkers | De Lansingh | 35.21 | 196300222 | 36.67 | +0,86 |
| 7. | Sandra Hoofs-Buil | The Hague Swimming (SG) | 35.83 | 196600678 | 37.03 | +0,86 |
| 8. | Talje Dijkhuis | ZPC AMERSFOORT | 36.25 | 196600072 | 37.44 | +0,98 |
| 9. | Feikje Wittermans | WIDEX GZC DONK | 38.72 | 196400408 | 37.72 | +0,83 |
| 10. | Jeannette Ruesink | WS Twente | 39.79 | 196300212 | 38.05 | +0,81 |
| 11. | Myra Vink | De Fuut | 43.02 | 196600526 | 41.46 | +0,87 |
| 12. | Friderika Kerekes | ZPC AMERSFOORT | 43.80 | 196500540 | 42.17 | +0,85 |
| 13. | Els Brenkman-Gerritse | De Lansingh | 43.40 | 196400612 | 45.34 | +1,06 |
| 14. | Jolanda Knippenberg | Budel | 45.44 | 196600688 | 45.64 | +0,94 |
| 15. | Gonnie Paas | ZVVS | 45.73 | 196200418 | 49.31 | +0,88 |

Masters 55+

| | | | | | | |
|----|-----------------------|----------------|-------|-----------|--------------|-------|
| 1. | Mathilde Vink | Swol 1894 | 34.67 | 195800128 | 35.73 | +0,89 |
| 2. | Claire Anthony | CNSW | 35.27 | 001351/57 | 36.18 | +0,87 |
| 3. | Marijke Kraak-Beckers | WS Twente | 37.50 | 196000240 | 37.02 | +0,85 |
| 4. | Hannie Poletiek | TriVia | 44.87 | 195900278 | 44.05 | +1,16 |
| 5. | Lia Bijkerk | WIDEX GZC DONK | 47.50 | 196000014 | 47.56 | |
| 6. | Anne Waller | De Futen | 57.89 | 196100292 | 47.60 | +0,76 |
| 7. | Katinka Elders | Oceanus | 50.18 | 196000292 | 48.30 | +0,89 |
| 8. | Anje Manuputty | De Dolfijn | 56.86 | 195700176 | 55.75 | +0,95 |

Masters 60+

| | | | | | | |
|----|---------------------------|-------|-------|-----------|----------------|-------|
| 1. | Patty Krupiarz | PLONS | 41.50 | 195400074 | 44.49 | +0,77 |
| 2. | Fernande Gourmet-Blondeel | CNSW | 49.40 | 004901/52 | 49.52 | +0,88 |
| 3. | Tineke van Diggelen | ZPCH | 59.36 | 195200048 | 1:04.57 | +1,05 |

Programmanr. 36, Dames, 50m vlinderslag

Masters 65+

| | | | | | | |
|----|--------------------------------|-----------|-------|-----------|--------------|-------|
| 1. | Christien Nieuwenhuis | Swol 1894 | 36.86 | 195100022 | 36.39 | +0,82 |
| | <i>Europees Masters Record</i> | | | | | |
| 2. | Conny Boer-Buys | ZVVS | 36.61 | 195000006 | 37.01 | +0,94 |
| 3. | Valentina Ulybysheva | Poseidon | 47.79 | 037036 | 46.78 | +0,89 |
| 4. | Antoinette Gilding-Tussaud | WS Twente | 56.32 | 195000038 | 54.15 | +1,15 |

Masters 70+

| | | | | | | |
|----|----------------------------------|----------------|---------|-----------|----------------|-------|
| 1. | Corrie Verhoeven | PSV | 53.27 | 194600026 | 45.68 | +0,85 |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | Annet Verhoeven - Steggerda | De Duinkickers | 1:04.02 | 194600024 | 1:03.64 | +1,09 |
| 3. | Leny Kamp | Aquapoldro | 1:14.91 | 194400008 | 1:21.42 | +1,13 |

Programmanr. 37
24-01-2016 - 13:53

Heren, 50m vlinderslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | | tijd | RT |
|--------------------|------------------------------|-------------------------|---------------|-----------|----|--------------|-------|
| Masters 20+ | | | | | | | |
| 1. | Wimar Lindenberg | Hieronymus | 25.58 | 199601857 | | 25.42 | +0,60 |
| | <i>Kampioenschaps Record</i> | | | | | | |
| 2. | Melvin Prins | Wiekslag | 25.50 | 199500201 | | 25.52 | +0,70 |
| 3. | Nick Cleintuar | ZVVS | 26.34 | 199503781 | | 26.18 | +0,72 |
| 4. | Christiaan Zwaal | MSV-Zeemacht | 26.77 | 199503881 | | 26.57 | +0,59 |
| 5. | Romero Hennep | De Kempvis | 26.58 | 199304929 | | 27.05 | +0,63 |
| 6. | Teun Strijbosch | Merlet | 27.10 | 199603041 | | 27.50 | +0,66 |
| 7. | Roel Rademaker | SPONS | 28.66 | 199406633 | | 27.71 | +0,75 |
| 8. | Niels Versteeg | De Ward | 28.64 | 199502697 | | 27.96 | +0,74 |
| 9. | Joey Stokx | DAW | 28.22 | 199301251 | | 28.23 | +0,68 |
| 10. | Nick Sijmons | De Amstel | 27.45 | 199500491 | | 28.28 | +0,68 |
| 11. | Dieder Schuurmans | Merlet | 28.84 | 199500447 | | 28.49 | +0,66 |
| 12. | Jeffrey Camphens | DWT | 29.94 | 199503113 | | 28.62 | +0,69 |
| 13. | Robin Eltink | DWK | 28.23 | 199406147 | | 28.74 | +0,79 |
| 14. | Hans Stoffers | Triton Putten | 28.11 | 199604027 | | 29.06 | +0,71 |
| 15. | Thijs van den End | ZPC Woerden | 29.09 | 199306803 | S9 | 29.30 | +0,96 |
| 16. | Dan Doan | Zwemvereniging Hoogland | 29.18 | 199504317 | | 29.32 | +0,73 |
| 17. | Sam Beer | Strijen | 30.33 | 199605521 | | 29.68 | +0,68 |
| 18. | Leon de Vries | ZPB H&L Productions | 28.68 | 199603371 | | 29.94 | +0,72 |
| 19. | Jesper Honken | Nova | 29.53 | 199600085 | | 29.97 | +0,81 |
| 20. | Auke Koops | De Zwoer | 29.17 | 199502455 | | 30.19 | +0,77 |
| 21. | Jordy Jongenelen | ZC Aquadream | 30.04 | 199504995 | | 30.64 | +0,62 |
| 22. | Martino Valentijn | DIO | 30.39 | 199403913 | | 30.75 | +0,69 |
| 23. | Jeroen van Blanken | De Lansingh | 30.17 | 199206451 | | 30.82 | +0,78 |
| 24. | Arjen Zijlstra | Hydrofiel | 29.14 | 199203309 | | 31.31 | +0,83 |
| 25. | Nick van der Krogt | LZ 1886 | 30.91 | 199501313 | | 31.52 | +0,77 |
| 26. | Lex Wortman | AZC | 30.52 | 199503563 | | 31.77 | +0,90 |
| 27. | Thomas Grudelbach | ZVVS | 32.93 | 199500355 | | 31.94 | +0,82 |
| 28. | Yorick Kreuwel | De Veene | 33.42 | 199402225 | | 32.01 | +0,82 |
| AFGEM | Lukas Schouten | AZC | 31.13 | 199602515 | | | |

Masters 25+

| | | | | | | | |
|-----|----------------------|---------------------|-------|-----------|--|--------------|-------|
| 1. | Robbert Donk | Wiekslag | 26.28 | 198900745 | | 26.05 | +0,66 |
| 2. | Juan Vinagre Sendino | CNSW | 28.63 | 005255/90 | | 27.90 | +0,79 |
| 3. | Lorenzo Cavallini | De Futen | 27.67 | 199007465 | | 27.99 | +0,77 |
| 4. | Tim Bunnik | Triton | 28.13 | 199000505 | | 28.00 | +0,78 |
| 5. | Joppe Schuurmans | Merlet | 28.44 | 198905447 | | 28.70 | +0,72 |
| 6. | Bas Berndes | Merlet | 28.10 | 198900217 | | 28.74 | +0,81 |
| 7. | Jelte Schuurmans | Merlet | 28.71 | 199104841 | | 29.07 | +0,87 |
| 8. | Ruben Stolk | ZPB H&L Productions | 29.13 | 199005665 | | 29.62 | +0,76 |
| 9. | Davy Vermaas | ZPB H&L Productions | 29.50 | 199003041 | | 29.65 | +0,81 |
| 10. | Nick Drenth | De Amstel | 30.08 | 199105605 | | 29.98 | +0,80 |

Programmanr. 37, Heren, 50m vlinderslag, Masters 25+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|----------------------|----------------------|---------------|-----------|--------------|-------|
| 11. | Boy Heijnekamp | LZ 1886 | 29.82 | 198901161 | 30.01 | +0,76 |
| 12. | Mark Pijtak | ZPC AMERSFOORT | 31.22 | 199002287 | 30.19 | +0,79 |
| 13. | Paul Notenboom | Strijen | 30.41 | 198805513 | 30.44 | +0,69 |
| 14. | Patrick de Jonge | ZPC Woerden | 30.09 | 198906635 | 30.50 | +0,77 |
| 15. | Brian Narain | DSZ | 29.21 | 198904363 | 30.53 | +0,80 |
| 16. | Bart van der Zwaan | De Amstel | 31.52 | 199005149 | 30.64 | +0,66 |
| 17. | Martijn van Hoorn | MGO (SG) | 29.76 | 198901343 | 30.68 | +0,84 |
| 18. | Edo Pieters | Aquarius | 31.32 | 198802749 | 30.76 | +0,88 |
| 19. | Ferdy van Mastrigt | RSW (SG) | 30.16 | 198802315 | 30.81 | +0,77 |
| 20. | Gerben Rozie | MSV-Zeemacht | 30.68 | 199002507 | 30.99 | +0,71 |
| 21. | Ronald Vullings | Merlet | 30.43 | 198703655 | 31.00 | +0,82 |
| 22. | Huub Mars | EZC | 31.42 | 198702169 | 31.55 | +0,79 |
| 23. | Leander van Diggelen | Zwemvereniging Hoorn | 32.43 | 198800763 | 32.04 | +0,87 |
| 24. | Patrick Holthuizen | d'ELFT WAVE (SG) | 33.93 | 199107681 | 32.18 | +0,63 |
| 25. | Niels van Dam | WIDEX GZC DONK | 33.38 | 199007495 | 33.62 | +0,73 |
| 26. | Harmen Reemst | ZOB'66 | 34.31 | 198702715 | 34.62 | +0,81 |
| 27. | Robin Eggenkamp | De Duinkickers | 34.58 | 198700847 | 34.96 | +0,83 |
| AFGEM | Alex Schelvis | LZ 1886 | 26.49 | 198702927 | | |

Masters 30+

| | | | | | | |
|-----|-------------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Lauren Vis | Steenwijk 1934 | 26.51 | 198201883 | 26.91 | +0,68 |
| 2. | Roderik Meijers | d'ELFT WAVE (SG) | 27.21 | 198602063 | 27.65 | +0,69 |
| 3. | Paul Brinkman | ZVVS | 28.03 | 198400309 | 27.72 | +0,83 |
| 4. | Rick Driezen | Steenwijk 1934 | 27.94 | 198600713 | 28.01 | +0,80 |
| 5. | Finn van der Bas | ZVVS | 28.23 | 198400067 | 28.32 | +0,75 |
| 6. | Jan van Opstal | Hieronymus | 27.89 | 198602291 | 28.37 | +0,72 |
| 7. | Martijn Giezen | Montferland | 28.45 | 198500813 | 28.77 | +0,71 |
| 8. | Robert Braad | Steenwijk 1934 | 28.49 | 198600407 | 29.16 | +0,85 |
| 9. | Robert Dekker | De Veene | 28.60 | 198400443 | 29.54 | +0,80 |
| 10. | Jim Geestman | RSW (SG) | 29.65 | 198300699 | 29.76 | +0,83 |
| 11. | Peter van de Bor | DWT | 30.55 | 198402897 | 30.04 | +0,83 |
| 12. | Bas v.d. Laan | WVZ | 30.67 | 198302471 | 30.25 | +0,81 |
| 13. | Frank van der Voordt | MGO (SG) | 30.21 | 198302259 | 30.63 | +0,73 |
| 14. | Mark Effing | Merlet | 31.11 | 198600761 | 30.90 | +0,80 |
| 15. | Mathijs Lenos | HPC | 30.87 | 198401407 | 31.09 | +0,89 |
| 16. | Sven Schutte | Zwemlust-den Hommel | 31.69 | 198604713 | 32.08 | +0,83 |
| 17. | Rick de Schutter | De Krabben | 32.36 | 198202523 | 32.11 | +0,91 |
| 18. | Matthijs van der Meulen | RSW (SG) | 32.91 | 198602085 | 33.01 | +0,78 |
| 19. | Sebastiaan Baars | WS Twente | 33.76 | 198300053 | 33.93 | +0,99 |
| 20. | Dyon de Greef | Budel | 37.10 | 198202385 | 35.70 | +0,69 |

Masters 35+

| | | | | | | |
|-----|----------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Evgeny Ryzhov | Sprut | 27.81 | 101628 | 27.07 | +0,78 |
| 2. | Matteo Mattacchione | De Futen | 26.92 | 197801847 | 27.31 | +0,74 |
| 3. | Joost Hoetjes | DAW | 29.29 | 197800425 | 27.53 | +0,71 |
| 4. | Nol van Thull | d'ELFT WAVE (SG) | 27.49 | 198001513 | 27.56 | +0,77 |
| 5. | Jeroen Zelsmann | Upstream Amsterdam | 28.09 | 197701551 | 28.09 | +0,72 |
| 6. | Ronald Koeckhoven | Zwemvereniging Westland | 28.35 | 198102017 | 28.47 | +0,78 |
| 7. | Markus van Rest | WVZ | 29.37 | 197701197 | 29.33 | +0,75 |
| 8. | Freddie Geerlings | NIMO | 29.50 | 197900379 | 29.55 | +0,75 |
| 9. | Kars Luttk | DAW | 29.25 | 197800675 | 30.06 | +0,71 |
| 10. | Mark van der Schrier | BZ&PC | 32.01 | 197800951 | 30.63 | +0,83 |
| 11. | Rogier van Gent | IJZPC | 32.55 | 198000405 | 30.82 | +0,81 |
| 12. | Pieter Broek | Zwemvereniging Westland | 30.82 | 197701637 | 31.41 | +0,76 |
| 13. | Marco van Antwerpen | Strijen | 32.11 | 198000027 | 32.42 | +0,88 |

Programmanr. 37, Heren, 50m vlinderslag

Masters 40+

| | | | | | | |
|-----|-----------------------|--------------|-------|-----------|--------------|-------|
| 1. | Sergey Petrov | Poseidon | 28.84 | 102211 | 28.74 | +0,72 |
| | Kelvin Isselt | RZ | 28.65 | 197601119 | 28.74 | +0,71 |
| 3. | Michael Bes | MSV-Zeemacht | 29.29 | 197201205 | 29.10 | +0,69 |
| 4. | Alex Damen | DAW | 29.04 | 197501371 | 29.13 | +0,76 |
| 5. | Joeri Stoffels | AZC | 29.53 | 197300851 | 29.15 | +0,84 |
| 6. | Heiner Stevens | ZIGNEA | 29.55 | 197201299 | 30.46 | +0,86 |
| 7. | Gertjan van der Knaap | De Duck | 30.56 | 197300459 | 30.85 | +0,78 |
| 8. | Michael Go | AZC | 31.45 | 197501397 | 31.80 | +0,76 |
| 9. | Harold Brouwer | De Gelenberg | 34.29 | 197201569 | 32.93 | +0,82 |
| 10. | Johan Wezenberg | Swol 1894 | 33.59 | 197601023 | 33.04 | +0,90 |
| 11. | Bas van Gool | De Geul | 36.50 | 197201435 | 35.56 | +0,82 |
| 12. | Mohamed Abou Gebba | CNSW | 35.01 | 005045/75 | 36.93 | +1,08 |

Masters 45+

| | | | | | | |
|-------|-----------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Harry Cornet | De Biesboschzwemmers | 27.90 | 197100175 | 27.92 | +0,75 |
| 2. | Marcel van Winssen | De Gelenberg | 28.57 | 197101477 | 28.81 | +0,80 |
| 3. | Glen le Clercq | De Rog | 28.54 | 196800177 | 29.27 | +0,69 |
| 4. | Antwan van Engen | De Ward | 30.46 | 197101577 | 29.86 | +0,73 |
| 5. | Paul Jurcka | WS Twente | 29.76 | 196901599 | 29.90 | +0,79 |
| 6. | Pieter van Gemeren | DAW | 30.26 | 196901779 | 29.97 | +0,69 |
| 7. | Richard Rickson | NIMO | 29.87 | 197000841 | 30.26 | +0,77 |
| 8. | Martin Kaptein | DWK | 30.01 | 196701677 | 30.27 | +0,79 |
| 9. | Arjon de Bok | De Biesboschzwemmers | 30.46 | 196900125 | 30.28 | +0,73 |
| 10. | René Beetsma | HZ&PC Heerenveen | 30.39 | 196900069 | 30.33 | +0,75 |
| 11. | Kees Akershoek | MGO (SG) | 30.43 | 196900009 | 30.39 | +0,78 |
| 12. | Jeroen Kort | DAW | 30.89 | 196801543 | 30.45 | +0,79 |
| 13. | Robin Mäkel | WS Twente | 30.76 | 196801259 | 30.51 | +0,89 |
| 14. | Arno Hofmeijer | WS Twente | 30.28 | 196900409 | 30.65 | +0,88 |
| 15. | Jos Wensink | WS Twente | 30.30 | 196901719 | 30.71 | +0,69 |
| 16. | Jeroen den Boer | TRB-RES | 31.00 | 196701475 | 31.30 | +0,81 |
| 17. | Richard Lucas | De Dinkel | 32.19 | 197001687 | 32.72 | +0,75 |
| 18. | Hans Schoenmakers | DAW | 32.49 | 196900863 | 33.09 | +0,79 |
| 19. | Nico Swart | Den Doorn | 32.56 | 196801475 | 33.64 | +0,90 |
| 20. | Harald Mulder | WVZ | 33.71 | 196701459 | 33.78 | +0,98 |
| 21. | Marcel Brittijn | De Duinkickers | 32.70 | 196900159 | 34.08 | +0,71 |
| 22. | Albert Roosenboom | Budel | 33.91 | 197101599 | 34.31 | +0,91 |
| 23. | Sander Nieuwenhuys | De Fuut | 35.09 | 196801423 | 34.51 | +0,75 |
| 24. | Ferdinand Teitink | Montferland | 36.06 | 197001583 | 34.59 | +0,89 |
| 25. | Edward van Nijmweegen | Budel | 35.66 | 197001635 | 36.94 | +0,96 |
| 26. | Mario Cuelenaere | ZPC De Zeeuwse Kust | 35.23 | 196901569 | 37.55 | +0,90 |
| AFGEM | Stefan Holmstrom | DAW | 31.18 | 196701671 | | |

Masters 50+

| | | | | | | |
|-----|------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Peter Bernsen | De Rog | 28.92 | 196301119 | 28.47 | +0,69 |
| 2. | Johan Remmits | ZPC Woerden | 28.82 | 196201159 | 28.88 | +0,77 |
| 3. | Kees-Jan van Overbeeke | WWV | 30.03 | 196200489 | 29.96 | +0,81 |
| 4. | Wiljam Nijenhuis | De IJssel | 30.79 | 196400547 | 30.25 | +0,80 |
| 5. | Phil Trethewie | Old Dutch | 33.07 | 196501315 | 30.87 | +0,79 |
| 6. | Rob Verheul | TRB-RES | 31.49 | 196601571 | 31.34 | +0,73 |
| 7. | Mark Beijer | Zwemvereniging Westland | 31.32 | 196601593 | 31.38 | +0,72 |
| 8. | Erik Wetsteijn | Swol 1894 | 32.42 | 196501019 | 31.59 | +0,67 |
| 9. | Fred Heemstra | DAW | 30.96 | 196500357 | 31.68 | +0,87 |
| 10. | Rene de Jong | ZVVS | 32.63 | 196600351 | 31.73 | +0,85 |
| 11. | John Stokx | DAW | 30.97 | 196401341 | 31.77 | +0,75 |
| 12. | Ivo Buchholz | WS Twente | 31.46 | 196401165 | 32.08 | +0,72 |
| 13. | Erik Saan | De Duck | 31.69 | 196500769 | 32.13 | +0,94 |
| 14. | Geert van Duinhoven | RZC | 33.16 | 196401263 | 32.46 | +0,86 |
| 15. | Robert de Brauwier | De Duinkickers | 33.32 | 196401383 | 34.35 | +1,00 |
| 16. | Fred Dijkshoorn | Zwemvereniging Westland | 33.77 | 196501539 | 34.55 | +0,84 |
| 17. | Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 33.70 | 196501027 | 34.94 | +0,84 |
| 18. | Roy le Clercq | De Rog | 35.57 | 196401041 | 36.45 | +0,88 |
| 19. | Willem Jannink | Swol 1894 | 40.29 | 196500423 | 38.93 | +0,78 |
| 20. | Peter Schielen | De Fuut | 38.60 | 196501531 | 39.60 | +0,78 |

Programmanr. 37, Heren, 50m vlinderslag, Masters 50+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|----------------|------------|---------------|-----------|------|----|
| NG.ZA | Simon Franken | ZV Haerlem | 33.24 | 196601581 | | |
| AFGEM | Hans Westerhof | WS Twente | 30.66 | 196200743 | | |

Masters 55+

| | | | | | | |
|-----|-----------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Lionel Godeaux | CNSW | 29.28 | 000217/60 | 28.95 | +0,68 |
| 2. | Fred Ketting | PSV | 29.80 | 196000289 | 30.01 | +0,88 |
| 3. | Joop Ariaens | PSV | 30.22 | 195900747 | 30.91 | +0,85 |
| 4. | Nico van Maanen | De Duck | 32.50 | 196100371 | 33.03 | +0,77 |
| 5. | Adrian Ortiz Buitrago | WIDEX GZC DONK | 33.09 | 196000931 | 33.33 | +0,74 |
| 6. | Rudolf Meijer | Zwemvereniging Hoogland | 38.05 | 196000995 | 33.53 | +1,03 |
| 7. | Wim de Lange | AZC | 36.69 | 195800533 | 36.64 | +1,01 |
| 8. | André Schutte | ZPC De Zeeuwse Kust | 38.30 | 196000521 | 37.32 | +0,87 |
| 9. | Jaap de Boer | De Duinkickers | 36.51 | 195800691 | 39.67 | +0,77 |
| 10. | Jan Timmerman | IJZPC | 41.51 | 195700347 | 43.48 | +0,80 |

Masters 60+

| | | | | | | |
|----|------------------------|--------|-------|-----------|--------------|-------|
| 1. | Nartano Glijn | UZSC | 32.29 | 195500449 | 32.06 | +0,84 |
| 2. | Ruud Ruiter | WWV | 34.21 | 195300169 | 35.22 | +0,93 |
| 3. | Wim Scherpenisse | UZSC | 35.60 | 195500447 | 35.60 | +1,15 |
| 4. | Laurens Klein Breteler | WWV | 39.39 | 195400109 | 38.47 | +0,86 |
| 5. | Dré Klaassen | ZOB'66 | 43.68 | 195600141 | 45.52 | +1,02 |

Masters 65+

| | | | | | | |
|----|--------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Ale van Veen | HPC | 31.75 | 194900159 | 32.95 | +0,82 |
| 2. | Piet Schop | De Bevelanders | 35.12 | 195000109 | 35.64 | +0,68 |
| 3. | Jaap Kwakkel | DAW | 41.87 | 194700157 | 41.92 | +0,88 |
| 4. | Jos Kamps | Zwemvereniging Hoogland | 47.51 | 195100085 | 44.45 | +0,77 |

Masters 70+

| | | | | | | |
|----|----------------|------------|---------|-----------|----------------|-------|
| 1. | Han Roos | ZV De Bron | 37.73 | 194500081 | 42.75 | +1,05 |
| 2. | Peter Ouweneel | RSW (SG) | 1:11.16 | 194500077 | 1:09.22 | +1,15 |

Programmanr. 38
24-01-2016 - 14:15

Dames, 200m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|-----------|------------|--|------|----|-----|-----|------|------|------|
|-----------|------------|--|------|----|-----|-----|------|------|------|

Masters 20+

| | | | | | | | | | |
|----|-----------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. | Chantal van der Horst | De Meer | 199400616 | 2:45.70 | +0,77 | 37.20 | 1:19.04 | 2:01.94 | 2:45.70 |
| 2. | Henriette ten Bokkel | NDD | 199402764 | 2:51.38 | +0,82 | 38.68 | 1:22.17 | 2:06.36 | 2:51.38 |
| 3. | Lindi Verkooijen | ZC Aquadream | 199503826 | 2:54.62 | +0,78 | 39.28 | 1:23.81 | 2:09.28 | 2:54.62 |
| 4. | Beau Rijpers | Swol 1894 | 199402638 | 2:57.17 | +0,78 | 39.02 | 1:22.80 | 2:09.13 | 2:57.17 |
| 5. | Wendy de Bruin | ZOB'66 | 199206320 | 2:57.30 | +0,63 | 40.02 | 1:25.29 | 2:11.22 | 2:57.30 |
| 6. | Fraukje Puts | HZ&PC Heerenveen | 199206470 | 2:57.64 | +0,83 | 40.27 | 1:25.79 | 2:11.56 | 2:57.64 |
| 7. | Aylin van Uffelen | ZPB H&L Productions | 199600352 | 2:58.50 | +0,76 | 39.89 | 1:24.62 | 2:10.89 | 2:58.50 |
| 8. | Sanne de Roo | ZZ&PC De Devel | 199501934 | 3:08.66 | +0,82 | 40.89 | 1:28.25 | 2:18.35 | 3:08.66 |
| 9. | Rebecca Evers | ZOB'66 | 199207916 | 3:09.21 | +0,81 | 41.72 | 1:28.82 | 2:18.74 | 3:09.21 |

Masters 25+

| | | | | | | | | | |
|----------------------------------|------------------------|----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. | Marlijn Hendriksen | Arethusa | 198806828 | 2:39.55 | +0,76 | 36.46 | 1:16.93 | 1:57.77 | 2:39.55 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. | Maike Vooren | DAW | 199103324 | 2:47.34 | +0,87 | 37.77 | 1:20.01 | 2:03.38 | 2:47.34 |
| 3. | Aniek Huijsman | De Lansingh | 198801932 | 2:48.50 | +0,77 | 37.52 | 1:19.77 | 2:03.69 | 2:48.50 |
| 4. | Jacyntha Plat | De Golfbreker | 199002956 | 2:50.24 | +0,76 | 38.17 | 1:21.59 | 2:05.93 | 2:50.24 |
| 5. | Maike de Boer | De Duinkickers | 199000362 | 2:54.16 | +0,80 | 39.60 | 1:23.72 | 2:08.85 | 2:54.16 |
| 6. | Susanne van der Linden | DIO | 198802736 | 2:56.70 | +0,83 | 40.58 | 1:25.84 | 2:11.47 | 2:56.70 |
| 7. | Charlotte Six | CNSW | 003821/88 | 2:59.84 | +0,85 | 39.98 | 1:25.91 | 2:13.12 | 2:59.84 |

Programmanr. 38, Dames, 200m schoolslag, Masters 25+

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|----------------------|---------------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| 8. Linda Janssen | ZPB H&L Productions | 198802088 | 3:00.17 | +0,93 | | 41.17 | 1:26.48 | 2:12.88 | 3:00.17 |
| 9. Liesbeth van Mill | DWK | 198702786 | 3:08.42 | +0,89 | | 42.70 | 1:30.29 | 2:18.82 | 3:08.42 |
| 10. Wendy Mets | De Lansingh | 199105176 | 3:14.15 | +0,79 | | 42.01 | 1:30.92 | 2:22.69 | 3:14.15 |
| 11. Janneke Wynia | WS Twente | 199005500 | 3:27.62 | +0,93 | | 46.68 | 1:39.79 | 2:34.92 | 3:27.62 |
| AFGEM Tara Keijzer | Steenwijk 1934 | 199108498 | | | | | | | |

Masters 30+

| | | | | | | | | | |
|-------------------------|------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Nadya Putter | ZVVS | 198301630 | 2:55.23 | +0,75 | | 40.02 | 1:24.03 | 2:08.99 | 2:55.23 |
| 2. Roos van Esch | d'ELFT WAVE (SG) | 198200468 | 2:57.03 | +0,81 | | 40.99 | 1:26.36 | 2:11.79 | 2:57.03 |
| 3. Angela Giezen | Montferland | 198302796 | 3:10.73 | +0,87 | | 43.29 | 1:32.13 | 2:21.83 | 3:10.73 |
| 4. Lieke Godschalk | De IJssel | 198601244 | 3:12.47 | +0,82 | | 42.10 | 1:30.19 | 2:20.28 | 3:12.47 |
| 5. Aafke Groot | De Geul | 198302748 | 3:12.56 | +0,91 | | 42.83 | 1:31.77 | 2:22.31 | 3:12.56 |
| 6. Josse van Geffen | GZVW | 198604730 | 3:20.72 | +0,80 | | 44.64 | 1:36.11 | 2:28.13 | 3:20.72 |
| 7. Margriet Aan het Rot | Octopus | 198603088 | 3:21.50 | +0,77 | | 44.32 | 1:34.43 | 2:27.10 | 3:21.50 |

Masters 35+

| | | | | | | | | | |
|-----------------------|--------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Yvonne Gerritsen | WVZ | 198000342 | 3:07.57 | +0,86 | | 41.81 | 1:29.87 | 2:19.64 | 3:07.57 |
| 2. Eveline Hacquebord | IJZPC | 197901206 | 3:14.38 | +0,98 | | 44.18 | 1:34.01 | 2:24.53 | 3:14.38 |
| 3. Ilja Janssen | ESCA Zwemmen | 198102234 | 3:16.40 | +1,00 | | 43.97 | 1:33.40 | 2:24.01 | 3:16.40 |
| NG Andrea Gerbrands | WVZ | 198100904 | | | | | | | |

Masters 40+

| | | | | | | | | | |
|--------------------------|----------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Nadège van Meeteren | De Meer | 197400736 | 3:01.96 | +0,87 | | 40.63 | 1:26.96 | 2:14.59 | 3:01.96 |
| 2. Liselotte Joling | PSV | 197500268 | 3:03.14 | +0,85 | | 41.22 | 1:28.49 | 2:16.66 | 3:03.14 |
| 3. Pascalie Janssen | De Roersoppers | 197300852 | 3:18.03 | +0,97 | | 43.74 | 1:33.05 | 2:24.97 | 3:18.03 |
| 4. Marian Nederlof | DWF | 197600950 | 3:26.66 | +0,84 | | 45.29 | 1:37.63 | 2:31.88 | 3:26.66 |
| 5. U. Spoelstra-de Groot | WS Twente | 197200952 | 3:41.90 | +1,02 | | 49.04 | 1:45.63 | 2:44.00 | 3:41.90 |

Masters 45+

| | | | | | | | | | |
|--------------------------|-----------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Trudy Ketting | PSV | 197000268 | 2:55.02 | +0,84 | | 39.19 | 1:23.75 | 2:09.04 | 2:55.02 |
| 2. Karin Stein | ZVVS | 197100554 | 2:55.61 | +0,80 | | 40.43 | 1:25.41 | 2:10.81 | 2:55.61 |
| 3. Annette Wijnja-Visser | De Biesboschzweimmers | 196700528 | 3:01.04 | +0,86 | | 40.05 | 1:26.16 | 2:12.65 | 3:01.04 |
| 4. A. Korving-Leijenaar | Aqualero | 196700662 | 3:16.26 | +0,82 | | 44.06 | 1:33.88 | 2:25.50 | 3:16.26 |
| 5. L. v. Bon-Rosenbrand | ZPC AMERSFOORT | 197000054 | 3:16.61 | +0,96 | | 44.07 | 1:32.97 | 2:24.44 | 3:16.61 |
| 6. Iris van Aurich | DWK | 196900866 | 3:18.79 | +0,85 | | 45.29 | 1:36.87 | 2:28.99 | 3:18.79 |
| 7. Annet Kootstra | Swol 1894 | 197100344 | 3:30.69 | +0,87 | | 48.00 | 1:41.84 | 2:37.76 | 3:30.69 |
| 8. Helena Mels | ZVVS | 196901036 | 3:35.44 | +0,87 | | 46.01 | 1:39.07 | 2:37.15 | 3:35.44 |
| 9. Ingeborg Stokx | DAW | 196700666 | 3:37.56 | +0,77 | | 49.79 | 1:45.57 | 2:42.40 | 3:37.56 |
| 10. Greta Wyma-Teitsma | DWK | 197100696 | 3:43.90 | +0,88 | | 49.43 | 1:47.05 | 2:46.41 | 3:43.90 |

Masters 50+

| | | | | | | | | | |
|---------------------------|----------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Annemarie Vuist | Swol 1894 | 196300282 | 3:14.28 | +0,90 | | 44.04 | 1:32.92 | 2:23.35 | 3:14.28 |
| 2. Jacqueline Tuin | DAW | 196600690 | 3:20.73 | +0,76 | | 43.39 | 1:33.26 | 2:27.47 | 3:20.73 |
| 3. K. van Nassau van den | Old Dutch | 196600188 | 3:30.24 | +0,82 | | 47.12 | 1:39.73 | 2:34.26 | 3:30.24 |
| 4. Yoka de Vegt- van Dijk | ESCA Zwemmen | 196200420 | 3:34.65 | +0,90 | | 48.43 | 1:42.64 | 2:38.91 | 3:34.65 |
| 5. Friderika Kerekes | ZPC AMERSFOORT | 196500540 | 3:42.47 | +0,83 | | 50.50 | 1:47.67 | 2:45.87 | 3:42.47 |
| AFGEM Yvette Kilian | WVZ | 196600534 | | | | | | | |

Masters 55+

| | | | | | | | | | |
|------------------------------|---------------------|-----------|----------------|-------|--|-------|---------|---------|---------|
| 1. Petra Tossings | DAW | 196100376 | 3:23.19 | +0,95 | | 46.63 | 1:39.40 | 2:32.18 | 3:23.19 |
| <i>Kampioenschaps Record</i> | | | | | | | | | |
| 2. Marijke van Hoek | ZPC De Zeeuwse Kust | 195800050 | 3:25.71 | +0,94 | | 45.95 | 1:38.33 | 2:32.06 | 3:25.71 |
| 3. Marjan Spoelstra | Swol 1894 | 196000236 | 3:53.93 | +0,91 | | 52.36 | 1:51.31 | 2:52.19 | 3:53.93 |
| DIS Olga Kedrova | Poseidon | 037010 | | | | | | | |

SS - Touched turn or finish with hands over each other

Programmanr. 38, Dames, 200m schoolslag

Masters 60+

| | | | | | | | | |
|----------------------------------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Ineke Weekers | PSV | 195300050 | 3:20.30 | +0,85 | 46.56 | 1:37.61 | 2:29.92 | 3:20.30 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Tineke van Diggelen | ZPCH | 195200048 | 4:11.09 | +0,98 | 57.61 | 2:01.50 | 3:07.11 | 4:11.09 |
| 3. Geerdien Meerwaldt | De Geul | 195200058 | 4:37.92 | +1,09 | 1:01.27 | 2:10.51 | 3:22.35 | 4:37.92 |

Masters 65+

| | | | | | | | | |
|------------------------------|----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Gonnie Bak | PSV | 195100064 | 4:06.79 | +0,94 | 57.88 | 2:01.80 | 3:06.41 | 4:06.79 |
| AFGEM N. van Dongen-de Paepe | ZZ&PC De Devel | 195100044 | | | | | | |

Masters 70+

| | | | | | | | | |
|-----------------------------|----------------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Mieke Strijbis-v.d.Kroft | DAW | 194500004 | 4:21.03 | +1,21 | 1:02.68 | 2:10.13 | 3:16.08 | 4:21.03 |
| 2. Loekie v. Huissteden | ZPC AMERSFOORT | 194500002 | 4:21.16 | +1,14 | 59.42 | 2:05.98 | 3:13.62 | 4:21.16 |
| 3. Matty van der Veen | Old Dutch | 194400020 | 4:39.48 | +1,23 | 1:03.25 | 2:13.12 | 3:26.87 | 4:39.48 |

Masters 85+

| | | | | | | | | |
|--|------|----------|--|--|--|--|--|--|
| DIS Agnes Van Obberghen | AZSC | 20696/31 | | | | | | |
| <i>SK - Did not touch turn or finish simultaneously with two hands</i> | | | | | | | | |

Programmanr. 39
24-01-2016 - 14:47

Heren, 200m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | IPC | 50m | 100m | 150m | 200m |
|--|-------------------------|-----------|----------------|-------|-----|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. Roald Blok | Octopus | 199302685 | 2:27.08 | +0,77 | | 32.29 | 1:08.77 | 1:46.99 | 2:27.08 |
| 2. Pieter Pijnenburg | De Warande | 199305227 | 2:30.43 | +0,75 | | 34.39 | 1:13.09 | 1:51.87 | 2:30.43 |
| 3. Romero Hennep | De Kempvis | 199304929 | 2:34.17 | +0,68 | | 32.19 | 1:10.77 | 1:53.28 | 2:34.17 |
| 4. Jordy Jongenelen | ZC Aquadream | 199504995 | 2:45.96 | +0,64 | | 36.67 | 1:19.26 | 2:03.03 | 2:45.96 |
| Masters 25+ | | | | | | | | | |
| 1. Kevin Eltink | DWK | 199100589 | 2:22.63 | +0,77 | | 30.72 | 1:06.97 | 1:44.85 | 2:22.63 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. Maik Steenkamp | Montferland | 199103847 | 2:34.67 | +0,78 | | 33.65 | 1:13.21 | 1:53.72 | 2:34.67 |
| 3. Patrick Creemers | RZ | 199000579 | 2:38.23 | +0,75 | | 35.59 | 1:16.28 | 1:57.35 | 2:38.23 |
| 4. Herman van Dijk | De Wellerobben | 198900691 | 2:40.16 | +0,90 | | 35.16 | 1:15.94 | 1:58.69 | 2:40.16 |
| 5. Joost Schasfoort | De Dinkel | 199002649 | 2:46.87 | +0,73 | | 35.65 | 1:17.20 | 2:01.49 | 2:46.87 |
| 6. Paul Notenboom | Strijen | 198805513 | 2:54.73 | +0,71 | | 38.76 | 1:23.45 | 2:09.08 | 2:54.73 |
| 7. Harmen Reemst | ZOB'66 | 198702715 | 3:02.52 | +0,73 | | 39.54 | 1:25.81 | 2:14.51 | 3:02.52 |
| 8. Sven van Zanten | De Duinkickers | 199003405 | 3:10.50 | +0,79 | | 42.15 | 1:30.19 | 2:19.92 | 3:10.50 |
| Masters 30+ | | | | | | | | | |
| 1. Tim van den Berg | MNC Dordrecht | 198500157 | 2:29.79 | +0,86 | | 34.35 | 1:12.71 | 1:51.14 | 2:29.79 |
| 2. Kristiaan Lenos | LZ 1886 | 198301331 | 2:38.30 | +0,72 | | 34.38 | 1:14.09 | 1:55.90 | 2:38.30 |
| 3. Yuri van Omme | Zwemvereniging Hoogland | 198501887 | 2:39.35 | +0,80 | | 35.97 | 1:16.49 | 1:58.24 | 2:39.35 |
| 4. Ivan van Omme | De Geul | 198201263 | 2:43.48 | +0,66 | | 35.16 | 1:17.28 | 2:00.92 | 2:43.48 |
| 5. Thommy Nickel | Van Vliet-Barracuda | 198401627 | 2:44.78 | +0,76 | | 37.18 | 1:18.36 | 2:01.11 | 2:44.78 |
| 6. Mathijs Lenos | HPC | 198401407 | 2:50.77 | +0,90 | | 37.95 | 1:21.58 | 2:06.34 | 2:50.77 |
| 7. Frank van der Voordt | MGO (SG) | 198302259 | 2:51.14 | +0,75 | | 38.93 | 1:22.40 | 2:06.72 | 2:51.14 |
| 8. Sebastiaan Baars | WS Twente | 198300053 | 2:57.22 | +0,95 | | 39.60 | 1:25.26 | 2:11.29 | 2:57.22 |
| DIS Rob van Wanrooy | Gay Swim Amsterdam | 198202627 | | | | | | | |
| <i>SK - Did not touch turn or finish simultaneously with two hands</i> | | | | | | | | | |

Programmanr. 39, Heren, 200m schoolslag

Masters 35+

| | | | | | | | | |
|----------------------|---------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Vincent Versteeg | Zwemlust-den Hommel | 197701003 | 2:33.89 | +0,78 | 34.16 | 1:13.70 | 1:53.85 | 2:33.89 |
| 2. Freddie Geerlings | NIMO | 197900379 | 2:39.96 | +0,80 | 35.78 | 1:16.28 | 1:57.99 | 2:39.96 |
| 3. Kars Luttkik | DAW | 197800675 | 2:46.71 | +0,69 | 37.28 | 1:20.08 | 2:03.63 | 2:46.71 |
| 4. Harm Jan Otter | De Zandstuve | 198101283 | 2:50.41 | +0,90 | 37.56 | 1:21.16 | 2:06.17 | 2:50.41 |
| 5. Arjan Buijsse | Sassenheim | 197901767 | 2:55.30 | +0,77 | 38.20 | 1:21.77 | 2:07.65 | 2:55.30 |

Masters 40+

| | | | | | | | | |
|--------------------------|----------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Egbert Stolk | d'ELFT WAVE (SG) | 197600889 | 2:32.43 | +0,81 | 34.03 | 1:12.56 | 1:52.43 | 2:32.43 |
| 2. Jiri Geers | AZK | 10011/74 | 2:41.29 | +0,73 | 36.47 | 1:17.39 | 1:59.43 | 2:41.29 |
| 3. Michael Bes | MSV-Zeemacht | 197201205 | 2:42.50 | +0,79 | 36.53 | 1:18.30 | 2:00.56 | 2:42.50 |
| 4. Michael van Bekkum | Swol 1894 | 197200051 | 2:48.39 | +0,77 | 37.19 | 1:19.80 | 2:03.29 | 2:48.39 |
| 5. Heiner Stevens | ZIGNEA | 197201299 | 2:56.33 | +0,82 | 39.50 | 1:24.10 | 2:10.80 | 2:56.33 |
| 6. Kasper van den Berghe | Swol 1894 | 197301125 | 3:01.77 | +0,73 | 41.97 | 1:28.12 | 2:14.93 | 3:01.77 |
| 7. Arjan Aalbers | Swol 1894 | 197500001 | 3:06.28 | +0,81 | 41.51 | 1:28.89 | 2:17.15 | 3:06.28 |
| 8. Erik Huisman | De Biesboschzwemmers | 197401405 | 3:17.76 | +0,78 | 43.71 | 1:33.66 | 2:25.64 | 3:17.76 |
| 9. Mike Molenaar | Zoetermeer | 197201493 | 3:25.44 | +1,00 | 45.73 | 1:38.41 | 2:33.08 | 3:25.44 |
| 10. Roan Doves | ZVVS | 197501427 | 3:36.24 | +1,09 | 48.12 | 1:43.19 | 2:39.95 | 3:36.24 |

Masters 45+

| | | | | | | | | |
|--|----------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Erlend Alstad | I.L. Varg | | 2:32.41 | +0,69 | 34.49 | 1:13.25 | 1:52.62 | 2:32.41 |
| <i>Kampioenschaps Record, Norwegian Masters Record</i> | | | | | | | | |
| 2. Harry Cornet | De Biesboschzwemmers | 197100175 | 2:33.86 | +0,77 | 33.97 | 1:13.54 | 1:54.24 | 2:33.86 |
| 3. Harold Matla | PSV | 196800591 | 2:40.14 | +0,91 | 35.70 | 1:16.71 | 1:59.43 | 2:40.14 |
| 4. Hans Schoenmakers | DAW | 196900863 | 2:55.79 | +0,79 | 38.64 | 1:23.89 | 2:10.47 | 2:55.79 |
| 5. Bert de Weerd | RZC | 196701283 | 3:00.68 | +0,82 | 40.22 | 1:25.64 | 2:14.12 | 3:00.68 |
| 6. Joop Weenink | WS Twente | 196801535 | 3:03.60 | +0,99 | 41.06 | 1:27.69 | 2:16.23 | 3:03.60 |
| 7. Huyb Stegeman | Steenwijk 1934 | 196701535 | 3:14.57 | +0,92 | 42.05 | 1:30.82 | 2:23.18 | 3:14.57 |
| 8. Gertjan van der Vaart | ZVVS | 196801529 | 3:27.48 | +0,77 | 43.98 | 1:37.15 | 2:32.23 | 3:27.48 |
| 9. Henk van Zetten | Octopus | 196701261 | 3:38.76 | +0,97 | 48.27 | 1:42.60 | 2:39.78 | 3:38.76 |
| AFGEM Korstiaan de Boer | Steenwijk 1934 | 197101629 | | | | | | |

Masters 50+

| | | | | | | | | |
|---------------------------|--------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Jan Gert Notenbomer | Upstream Amsterdam | 196600557 | 2:37.23 | +0,82 | 35.62 | 1:14.80 | 1:55.51 | 2:37.23 |
| 2. Edwin v. Norden | ZPC AMERSFOORT | 196300563 | 2:38.33 | +0,70 | 35.46 | 1:15.63 | 1:56.84 | 2:38.33 |
| 3. Arno Schrauwen | De Roersoppers | 196501355 | 2:49.05 | +0,81 | 38.34 | 1:21.08 | 2:04.55 | 2:49.05 |
| 4. Hans Kwaks | De Krabben | 196400443 | 2:49.63 | +0,84 | 37.66 | 1:21.42 | 2:05.28 | 2:49.63 |
| 5. Bertjan Schelhaas | DWT | 196501577 | 2:50.75 | +0,82 | 37.82 | 1:20.80 | 2:05.36 | 2:50.75 |
| 6. Arnold de Rover | De Futen | 196400645 | 2:56.42 | +0,73 | 39.39 | 1:23.93 | 2:09.97 | 2:56.42 |
| 7. Geert van Duinhoven | RZC | 196401263 | 3:02.32 | +0,85 | 39.80 | 1:25.53 | 2:14.25 | 3:02.32 |
| 8. Jack Barends | WS Twente | 196201011 | 3:13.57 | +0,90 | 42.96 | 1:32.13 | 2:23.16 | 3:13.57 |
| 9. Roy le Clercq | De Rog | 196401041 | 3:15.64 | +0,95 | 43.42 | 1:33.53 | 2:25.69 | 3:15.64 |
| 10. Jan Smalheer | SCOM | 196400701 | 3:21.68 | +1,01 | 45.45 | 1:38.00 | 2:31.69 | 3:21.68 |
| 11. Marco Schoenmakers | ZVVS | 196401375 | 3:35.14 | +0,88 | 44.08 | 1:37.81 | 2:36.75 | 3:35.14 |
| 12. Hans van Scheepen | Steenwijk 1934 | 196201245 | 3:39.23 | +0,90 | 48.43 | 1:42.32 | 2:39.50 | 3:39.23 |
| 13. Merlijn Weber | Nautilus | 196201261 | 3:40.63 | +0,95 | 46.52 | 1:42.78 | 2:42.25 | 3:40.63 |
| 14. Jeffrey van Doormalen | DZ&PC | 196501563 | 3:48.86 | +0,97 | 51.61 | 1:48.79 | 2:49.18 | 3:48.86 |

Masters 55+

| | | | | | | | | |
|----------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Ralph Caster | RZ | 196100069 | 2:56.64 | +0,77 | 39.08 | 1:23.96 | 2:10.22 | 2:56.64 |
| 2. Ronald Grove | Oceanus | 196100161 | 2:56.73 | +0,74 | 39.56 | 1:25.70 | 2:12.15 | 2:56.73 |
| 3. Rob Hemesath | PSV | 196100189 | 3:09.36 | +0,92 | 41.77 | 1:29.32 | 2:20.43 | 3:09.36 |
| 4. Jan Willem Heuten | WS Twente | 196000883 | 3:24.84 | +0,97 | 46.48 | 1:39.94 | 2:34.21 | 3:24.84 |
| 5. Bart van Calker | WS Twente | 196100067 | 3:25.10 | +0,94 | 44.75 | 1:35.28 | 2:30.53 | 3:25.10 |
| 6. Harry Paas | ZVVS | 195800689 | 3:34.15 | +0,96 | 48.37 | 1:43.47 | 2:39.62 | 3:34.15 |
| 7. Sorin Beschia | De Geul | 195700573 | 3:40.50 | +0,92 | 49.12 | 1:45.12 | 2:44.78 | 3:40.50 |
| 8. Herbert Katgert | WS Twente | 195900739 | 3:49.55 | +1,24 | 50.47 | 1:49.18 | 2:50.19 | 3:49.55 |

Programmanr. 39, Heren, 200m schoolslag

Masters 60+

| | | | | | | | | |
|---------------------------|--------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Paul Bunnik | Triton | 195600413 | 3:12.43 | +0,97 | 41.19 | 1:29.84 | 2:21.25 | 3:12.43 |
| 2. Bart van Doesburg | PSV | 195600463 | 3:16.07 | +0,80 | 44.49 | 1:34.29 | 2:25.25 | 3:16.07 |
| 3. Laurens Klein Breteler | WWV | 195400109 | 3:17.30 | +0,94 | 41.78 | 1:32.46 | 2:26.63 | 3:17.30 |
| 4. Dré Klaassen | ZOB'66 | 195600141 | 3:35.22 | +1,04 | 49.10 | 1:43.60 | 2:39.70 | 3:35.22 |
| 5. Nello Spiteri | DAW | 195200295 | 4:06.62 | +0,89 | 52.75 | 1:55.30 | 3:01.64 | 4:06.62 |
| 6. Frans Suijkerbuijk | PSV | 195600499 | 4:17.45 | +0,83 | 59.99 | 2:07.03 | 3:14.16 | 4:17.45 |
| NG.ZA Nikolay Dronov | Troyka | 003037 | | | | | | |

Masters 65+

| | | | | | | | | |
|-------------------------------|----------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Oleg Ershov | Meshera | | 3:18.74 | +0,89 | 42.98 | 1:32.34 | 2:25.48 | 3:18.74 |
| <i>Russian Masters Record</i> | | | | | | | | |
| 2. Mar van Geel | Old Dutch | 194700135 | 4:13.46 | +1,23 | 56.48 | 2:02.19 | 3:09.14 | 4:13.46 |
| AFGEM Nico van Dongen | ZZ&PC De Devel | 194800159 | | | | | | |

Masters 70+

| | | | | | | | | |
|---------------------|-----------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Rob Hanou | PSV | 194300109 | 3:36.41 | +1,10 | 47.39 | 1:44.03 | 2:41.79 | 3:36.41 |
| 2. Nico Baay | Old Dutch | 194200053 | 3:42.52 | +0,82 | 48.19 | 1:44.99 | 2:44.87 | 3:42.52 |
| 3. Kevork Boyrazian | CNSW | 002620/44 | 4:27.77 | +1,11 | 58.07 | 2:06.84 | 3:18.30 | 4:27.77 |

Masters 75+

| | | | | | | | | |
|--------------------|------------|-----------|--|--|--|--|--|--|
| AFGEM Jan Eichhorn | ZV Haerlem | 193700015 | | | | | | |
|--------------------|------------|-----------|--|--|--|--|--|--|

Programmanr. 40
24-01-2016 - 15:39

Dames, 50m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------------------------------|---------------------|-------------------------|---------------|-----------|--------------|-------|
| Masters 20+ | | | | | | |
| 1. | Tamara Grove | De Dolfijn | 26.52 | 199601266 | 27.05 | +0,72 |
| <i>Kampioenschaps Record</i> | | | | | | |
| 2. | Maud Hoofs | The Hague Swimming (SG) | 26.89 | 199501206 | 27.50 | +0,68 |
| 3. | Femke Swier | Zwemvereniging Hoorn | 27.17 | 199305122 | 27.52 | +0,83 |
| 4. | Carmen Seesing | NDD | 27.54 | 199406220 | 27.76 | +0,76 |
| 5. | Adaja Stoetman | TriVia | 27.76 | 199600348 | 27.81 | +0,77 |
| 6. | Kim Loeffen | Merlet | 27.27 | 199403432 | 27.82 | +0,80 |
| 7. | Merel van der Kieft | EZC | 28.23 | 199200920 | 28.15 | +0,68 |
| 8. | Marissa Minkman | ZC Aquadream | 29.70 | 199306054 | 28.43 | +0,79 |
| 9. | Karin Groen | Nova | 27.62 | 199502440 | 28.52 | +0,67 |
| 10. | Suzanne Lange | De Zwoer | 29.58 | 199202998 | 28.82 | +0,73 |
| 11. | Eva Kattouw | De Ward | 28.95 | 199407168 | 28.88 | +0,71 |
| | Karen Stolk | TriVia | 28.08 | 199403950 | 28.88 | +0,74 |
| 13. | Daphne Lankhorst | The Hague Swimming (SG) | 27.77 | 199405762 | 28.94 | +0,65 |
| 14. | Maike Korthout | TRB-RES | 28.95 | 199406034 | 28.99 | +0,67 |
| 15. | Julia Wortman | AZC | 28.67 | 199603666 | 29.06 | +0,87 |
| 16. | Eva Engelen | NDD | 28.09 | 199405514 | 29.11 | +0,68 |
| 17. | Lianne Molkenboer | EZC | 28.60 | 199602034 | 29.20 | +0,79 |
| 18. | Amber Reijm | The Hague Swimming (SG) | 28.57 | 199405434 | 29.41 | +0,78 |
| 19. | Denise van Zetten | Octopus | 29.47 | 199600932 | 29.50 | +0,70 |
| 20. | Karen van Dee | SCOM | 28.45 | 199604074 | 29.70 | +0,82 |
| 21. | Mariëtte Bulman | ZC Aquadream | 30.60 | 199506846 | 30.28 | +0,67 |
| 22. | Denise Otjes | Aquarius | 30.06 | 199601378 | 30.90 | +0,74 |
| 23. | Marijke Pras | GZVW | 31.12 | 199203700 | 31.03 | +0,97 |
| 24. | Ramona Noordermeer | ZVVS | 31.66 | 199401746 | 31.30 | +0,80 |
| 25. | Charine de Rooter | Steenwijk 1934 | 32.38 | 199403668 | 31.34 | +0,84 |
| 26. | Lieke Janssen | NIMO | 32.71 | 199305954 | 31.93 | +0,80 |
| 27. | Nieske Janssen | NIMO | 32.24 | 199601328 | 32.18 | +0,73 |
| 28. | Sanne de Roo | ZZ&PC De Devel | 32.23 | 199501934 | 33.29 | +0,82 |
| 29. | Daphne Meijer | Montferland | 33.11 | 199303850 | 33.47 | +0,95 |
| 30. | Ilse Blankvoort | Steenwijk 1934 | 33.93 | 199204458 | 33.58 | +0,90 |

Programmanr. 40, Dames, 50m vrije slag, Masters 20+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|----------------------|-------------|---------------|-----------|--------------|-------|
| 31. | Elske Eikholt | Merlet | 33.98 | 199305032 | 33.71 | +0,83 |
| 32. | Chadassa Mannee | De Geul | 34.05 | 199501044 | 34.09 | +0,85 |
| | Sanne Kruijer | Sassenheim | 33.74 | 199505958 | 34.09 | +0,73 |
| 34. | Maaïke Hofland | Sassenheim | 34.26 | 199203754 | 34.14 | +0,67 |
| 35. | Cynthia van Veen | ZPC Woerden | 33.14 | 199606736 | 34.30 | +0,71 |
| 36. | Talitha Boelen | DWF | 34.87 | 199502910 | 34.99 | +0,84 |
| 37. | Daniëlle de Klein | DWF | 33.83 | 199404786 | 35.07 | +0,86 |
| 38. | Yvette Senden | De Rog | 40.85 | 199307812 | 38.61 | +0,79 |
| AFGEM | Nadieh Kikstra | Orca | 36.07 | 199302794 | | |
| AFGEM | Anouchka Hoogstraten | De Veene | 30.33 | 199600824 | | |
| AFGEM | Carmen Muilwijk | De Geul | 29.16 | 199502700 | | |
| AFGEM | Evy Ulijn | Arethusa | 27.55 | 199604100 | | |

Masters 25+

| | | | | | | |
|-------|----------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Jolanda Post | DIO | 26.97 | 199004848 | 27.33 | +0,79 |
| 2. | Cora van Dorst | De Krabben | 28.94 | 199106218 | 27.77 | +0,68 |
| 3. | Monique Lindenberg | De Bevelanders | 28.14 | 199002360 | 27.87 | +0,73 |
| 4. | Tessa Mosch | MSV-Zeemacht | 28.13 | 199102172 | 28.23 | +0,67 |
| 5. | Sabine Lina | ZPC Woerden | 28.13 | 198902680 | 28.34 | +0,70 |
| 6. | Isabelle Massar | WVZ | 28.22 | 199102034 | 28.73 | +0,76 |
| 7. | Rianne Hofland | Sassenheim | 28.78 | 198801820 | 29.11 | +0,74 |
| 8. | Mandy Verbakel | ZPC Woerden | 29.21 | 199003908 | 29.30 | +0,83 |
| 9. | Sabine Gaspersz | DSZ | 29.61 | 199100972 | 29.31 | +0,78 |
| 10. | Evelien Terpstra | EZC | 30.22 | 199005654 | 29.32 | +0,81 |
| 11. | Myrthe Talsma | De Golfbreker | 29.34 | 199106844 | 29.35 | +0,75 |
| 12. | Ilse van den Wijngaard | ZPC Woerden | 29.35 | 198904736 | 29.47 | +0,76 |
| 13. | Nienke van Stipriaan | PSV | 29.16 | 198703970 | 29.60 | +0,93 |
| 14. | L. van der Heide - Andeweg | Zuiderzeewemmers | 28.91 | 198800092 | 29.63 | +0,81 |
| 15. | Fanny Koenig | CNSW | 29.96 | 003083/89 | 30.14 | +0,75 |
| 16. | Joyce Raemaekers | Budel | 29.95 | 199106106 | 30.28 | +0,76 |
| 17. | Wendy Mets | De Lansingh | 31.28 | 199105176 | 30.59 | +0,76 |
| 18. | Marlous de Jong | Zwemlust-den Hommel | 31.24 | 199001782 | 30.64 | +0,78 |
| 19. | Laura Lutjes | WS Twente | 30.29 | 199002424 | 30.68 | +0,79 |
| 20. | Brenda Geestman | ZPB H&L Productions | 30.87 | 198701276 | 31.10 | +0,81 |
| 21. | Lindsey Hol | De Meer | 30.79 | 199008088 | 31.20 | +0,70 |
| 22. | Diana Lammers | De Veene | 30.92 | 198902572 | 31.39 | +0,74 |
| 23. | Senna van Dongen | De Geul | 31.58 | 199100760 | 31.41 | +0,84 |
| 24. | Julie Thomassen | Merlet | 31.39 | 198804278 | 31.65 | +0,89 |
| 25. | Jacoline van den Beukel | Zwemvereniging Westland | 30.77 | 199100238 | 31.72 | +0,79 |
| 26. | Whitley Rens | MGO (SG) | 31.76 | 199007520 | 31.79 | +0,82 |
| 27. | Sabine Duijst | Zwemvereniging Hoogland | 32.39 | 198701032 | 31.87 | +0,83 |
| 28. | Lonneke Oenema | Steenwijk 1934 | 31.77 | 199102314 | 31.95 | +0,77 |
| 29. | Fleur Maas | WVZ | 32.73 | 198902768 | 32.02 | +0,97 |
| 30. | Tessa Lukassen | GoSwim | 32.02 | 198702620 | 32.49 | +0,88 |
| 31. | Mariska Zaal | AZC | 33.35 | 198806916 | 32.66 | +0,83 |
| 32. | Kelly Bockting | Montferland | 33.11 | 199104050 | 32.69 | +0,84 |
| 33. | Carola Hompes | Budel | 31.28 | 198801868 | 32.89 | +0,87 |
| 34. | Tessa Verheijdt | WVZ | 32.72 | 198904290 | 32.90 | +0,79 |
| 35. | Elly Scheepers | Budel | 33.26 | 199102728 | 33.25 | +0,92 |
| 36. | Kyra Camerijk | TRB-RES | 33.13 | 198800742 | 33.30 | +0,83 |
| 37. | Relinda Baas | GZVW | 33.24 | 198900144 | 33.51 | +0,80 |
| 38. | Elodie Siroen | Merlet | 35.10 | 199003414 | 33.72 | +0,75 |
| 39. | Manouk Ticheler | De Duinkickers | 34.28 | 198705416 | 33.73 | +0,74 |
| 40. | Claudia de Win | De Geul | 36.07 | 199103554 | 35.82 | +0,90 |
| 41. | Kirsten de Vries | EZC | 36.46 | 199004090 | 36.05 | +1,01 |
| AFGEM | Eline den Boer | Strijen | 38.54 | 199104948 | | |
| AFGEM | Kirsten Oosterhuis | Eemsrobben | 29.01 | 198903136 | | |
| NG | Thouraya Mennen | Budel | 40.87 | 198905450 | | |

Programmanr. 40, Dames, 50m vrije slag

Masters 30+

| | | | | | | |
|-----|-----------------------------|----------------|-------|------------|--------------|-------|
| 1. | Pauline Gouwens | DWK | 26.49 | 198400790 | 26.60 | +0,72 |
| 2. | Marije Jansen | Aquarijn | 27.18 | 198504088 | 27.37 | +0,70 |
| 3. | Olga Volman-Maiorova | NDD | 32.08 | 1985504188 | 28.46 | +0,72 |
| 4. | Annelette Reefhuis-de Vries | WS Twente | 28.50 | 198603908 | 29.19 | +0,72 |
| 5. | Marije van Manen | ZPC AMERSFOORT | 29.96 | 198602386 | 29.29 | +0,66 |
| 6. | Nadya Putter | ZVVS | 29.04 | 198301630 | 29.43 | +0,76 |
| 7. | Auke de Lange | AZC | 29.13 | 198602226 | 29.65 | +0,83 |
| 8. | Sandra Zwaanswijk | DAW | 29.18 | 198503934 | 30.01 | +0,73 |
| 9. | Renee de Kok | PSV | 31.23 | 198403350 | 30.12 | +0,74 |
| 10. | Sandra Schellekens | SWNZ (SG) | 30.91 | 198503416 | 30.64 | +0,85 |
| 11. | Lieke Godschalk | De IJssel | 31.89 | 198601244 | 31.90 | +0,90 |
| 12. | Evy van Kempen | TRB-RES | 38.07 | 198605286 | 38.15 | +0,75 |

Masters 35+

| | | | | | | |
|-------|----------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Anke Lamboij | De Vliet (SG) | 28.79 | 198001182 | 28.33 | +0,82 |
| 2. | Angela Koekkoek | Triton | 29.52 | 197901516 | 29.03 | +0,73 |
| 3. | Chantal Verhoeff | Old Dutch | 30.55 | 197900912 | 29.79 | +0,85 |
| 4. | Sabrina Boekhout | De Biesboschzwemmers | 29.61 | 198100120 | 30.31 | +0,82 |
| 5. | Natasja Forat | ZPC De Zeeuwse Kust | 31.01 | 197701186 | 30.69 | +0,81 |
| 6. | Patricia Vos | TRB-RES | 31.40 | 198001730 | 31.27 | +0,79 |
| 7. | Petra Verstegen | WVZ | 31.43 | 197700906 | 32.62 | +0,89 |
| 8. | Kirsten Savelberg | AZC | 32.02 | 197901192 | 33.00 | +0,69 |
| 9. | C. van der Straate de Jong | Old Dutch | 33.31 | 198001750 | 33.13 | +0,95 |
| 10. | Inge Otter | De Bevelanders | 32.61 | 197801242 | 33.74 | +0,95 |
| 11. | Severine Bayre | CNSW | 33.85 | 004275/78 | 34.33 | +1,05 |
| 12. | Paula 't Hart-Buitelaar | ZVVS | 32.81 | 197701132 | 34.56 | +0,74 |
| 13. | Sandra de Bruijne | Onderdak | 35.56 | 197801310 | 35.53 | +0,80 |
| 14. | Clementine van Bruxvoort | ZPB H&L Productions | 38.10 | 197700138 | 39.11 | +0,86 |
| AFGEM | Laura Ensing | De Fuut | 40.20 | 197801326 | | |

Masters 40+

| | | | | | | |
|--|--------------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Yvette Ratering | De Ward | 31.25 | 197200990 | 30.28 | +0,90 |
| 2. | Jacqueline de Ruiters-Wijnolst | WIDEX GZC DONK | 29.87 | 197400446 | 30.89 | +0,81 |
| 3. | Marian Nederlof | DWF | 30.83 | 197600950 | 32.01 | +0,82 |
| 4. | Sandra Peeters-Wiermans | De Rog | 35.61 | 197401032 | 33.20 | +0,86 |
| 5. | Denise van Dongen | De Geul | 33.68 | 197201004 | 33.40 | +0,75 |
| 6. | Jantiene Hannessen | Zwemvereniging Hoogland | 37.74 | 197300946 | 35.44 | +1,01 |
| 7. | Evelien Naatje | WS Twente | 36.71 | 197200838 | 36.06 | +1,05 |
| 8. | Inge Lolkema-Soeters | Steenwijk 1934 | 36.51 | 197300934 | 36.47 | +0,78 |
| 9. | Natasja Linderhof | De Dinkel | 35.90 | 197500786 | 36.57 | +0,99 |
| 10. | Ursula Spoelstra-de Groot | WS Twente | 38.12 | 197200952 | 36.90 | +0,96 |
| DIS | Jessica Riemsdijk | ZPCH | 29.11 | 197600830 | | |
| <i>AA - Started before the starting signal</i> | | | | | | |
| AFGEM | Ilona Hogerheyde | DAW | 29.81 | 197400224 | | |
| NG | Annet Miltenburg | De Fuut | 32.23 | 197300926 | | |

Masters 45+

| | | | | | | |
|-----|---|----------------------|-------|-----------|--------------|-------|
| 1. | Marjo Goelema-Koek | De Biesboschzwemmers | 29.23 | 196900192 | 29.30 | +0,73 |
| 2. | Ilse Harms | De Geul | 29.69 | 196900858 | 29.38 | +0,81 |
| 3. | Heidi van Stein | LZ 1886 | 29.66 | 196900864 | 30.11 | +0,73 |
| 4. | Marja Verwoerd | ZPC Woerden | 31.14 | 196900954 | 30.65 | +0,72 |
| 5. | Rita van der Horst | RZC | 30.46 | 196900260 | 31.03 | +0,77 |
| 6. | Valerie Rolland | CNSW | 31.37 | 004276/71 | 31.53 | +0,69 |
| 7. | Jolanta Duleviciene <i>Lithuanian Masters Record</i> | Kauno Takas | 32.66 | | 31.93 | +0,86 |
| 8. | Ariane Hamakers | De Rog | 32.12 | 196700714 | 32.38 | +0,96 |
| 9. | Marion Broekhuis | WS Twente | 32.27 | 196800060 | 32.52 | +0,72 |
| 10. | Suze Roodenburg | De Geul | 34.72 | 196800682 | 33.33 | +0,93 |
| 11. | Marijke Campfens | De Geul | 38.19 | 196900960 | 33.42 | +0,99 |
| 12. | Joyce Brummelkamp | ZVVS | 36.99 | 197000952 | 33.60 | +0,88 |
| 13. | Helena Mels | ZVVS | 34.75 | 196901036 | 33.65 | +0,88 |
| 14. | Wendy van der Kruk | MSV-Zeemacht | 33.11 | 197100960 | 34.62 | +0,98 |

Programmanr. 40, Dames, 50m vrije slag, Masters 45+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--|-------------------------|----------------|---------------|-----------|--------------|-------|
| 15. | Sandra Daamen-Posma | AZC | 35.10 | 196800854 | 35.34 | +0,98 |
| 16. | Hetty Smalheer | SCOM | 36.77 | 196700352 | 36.09 | +0,98 |
| 17. | Judith van der Heijden | Budel | 39.59 | 197001012 | 36.52 | +0,71 |
| 18. | Annette van Dok | MSV-Zeemacht | 37.14 | 196800742 | 36.66 | +0,79 |
| 19. | Miriam Stevens | Budel | 36.11 | 196900988 | 36.68 | +1,04 |
| 20. | Ageeth Westenbrink | De Rog | 37.18 | 196700712 | 36.76 | +0,81 |
| 21. | Françoise Duran | ZPC AMERSFOORT | 37.16 | 196900222 | 37.57 | +0,83 |
| 22. | Ciska Wagter | Steenwijk 1934 | 44.25 | 197000978 | 44.83 | +0,84 |
| 23. | Ineke Branderhorst | Den Doorn | 41.82 | 196900918 | 45.32 | +1,06 |
| DIS | Antoinette Kant | Den Doorn | 34.08 | 196900920 | | |
| <i>AA - Started before the starting signal</i> | | | | | | |
| AFGEM | Alexandra de Jong | HPC | 30.05 | 196900926 | | |
| AFGEM | Kristien Van de Moortel | ShaRK | 34.68 | 20315/69 | | |

Masters 50+

| | | | | | | |
|---|------------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Katrien Delaender | BZK | 29.77 | 20525/66 | 29.31 | +0,73 |
| <i>Kampioenschaps Record, Belgisch Masters Record</i> | | | | | | |
| 2. | Anja Tijink | De Dinkel | 29.38 | 196400296 | 29.75 | +0,79 |
| 3. | Marjan Remmits-De Lange | ZPC Woerden | 30.20 | 196300518 | 29.91 | +0,73 |
| 4. | Wilma van Velsen | Montferland | 30.95 | 196400444 | 30.82 | +0,81 |
| 5. | Jacqueline Tuin | DAW | 31.75 | 196600690 | 31.30 | +0,77 |
| 6. | Judith Heijdens-Schasfoort | De Dinkel | 32.79 | 196500112 | 32.49 | +0,93 |
| 7. | Francine Sommer | Triton | 33.11 | 196200384 | 32.67 | +0,82 |
| 8. | Sandra Hoofs-Buil | The Hague Swimming (SG) | 33.32 | 196600678 | 33.13 | +0,89 |
| 9. | Yvette Kilian | WVZ | 33.46 | 196600534 | 33.86 | +0,88 |
| 10. | Myra Vink | De Fuut | 36.13 | 196600526 | 35.45 | +0,87 |
| 11. | Monique Munnik | AZC | 34.71 | 196200328 | 35.50 | +0,85 |
| 12. | Els Brenkman-Gerritse | De Lansingh | 35.88 | 196400612 | 36.95 | +0,91 |
| 13. | Yoka de Vegt- van Dijk | ESCA Zwemmen | 37.10 | 196200420 | 37.97 | +0,87 |
| 14. | Jolanda Knippenberg | Budel | 38.30 | 196600688 | 39.83 | +0,85 |
| 15. | Cora Smulders | ESCA Zwemmen | 40.61 | 196600668 | 40.86 | +0,75 |
| 16. | Riekie Schra | Steenwijk 1934 | 52.10 | 196400404 | 56.54 | +1,47 |
| AFGEM | Haya van Blommestein-Mellema | Aquapoldro | 46.52 | 196600482 | | S7 |

Masters 55+

| | | | | | | |
|-------|-----------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Marijke Kraak-Beckers | WS Twente | 33.08 | 196000240 | 32.90 | +0,81 |
| 2. | Marijke van Hoek | ZPC De Zeeuwse Kust | 36.93 | 195800050 | 33.08 | +0,85 |
| 3. | Ada de Voogd | ZVVS | 33.19 | 195900280 | 33.81 | +0,78 |
| 4. | Claire Anthony | CNSW | 34.09 | 001351/57 | 34.74 | +0,84 |
| 5. | Annette Rikhof | De Dinkel | 38.11 | 195900268 | 38.72 | |
| 6. | Anje Manuputty | De Dolfijn | 45.86 | 195700176 | 43.79 | +0,87 |
| 7. | Karien Musters | Old Dutch | 45.61 | 195800236 | 47.45 | +0,87 |
| AFGEM | Marja Bloemzaad | ZPC AMERSFOORT | 29.33 | 196100014 | | |

Masters 60+

| | | | | | | |
|--------------------------------|---------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Atie Pijtak-Radersma | ZPC AMERSFOORT | 31.00 | 195600048 | 30.11 | +0,77 |
| <i>Europees Masters Record</i> | | | | | | |
| 2. | Alison Gilbert | De Futen | 33.34 | 195300068 | 35.65 | +1,01 |
| 3. | Patty Krupiarz | PLONS | 34.93 | 195400074 | 36.03 | +0,79 |
| 4. | Corine Kalbfeisch | DWT | 38.24 | 195200024 | 42.58 | +1,04 |
| 5. | Fernande Gourmet-Blondeel | CNSW | 44.00 | 004901/52 | 44.59 | +0,85 |
| 6. | Geerdien Meerwaldt | De Geul | 50.64 | 195200058 | 50.58 | +1,08 |

Masters 65+

| | | | | | | |
|--------------------------------|------------------------------|----------------|---------|-----------|--------------|-------|
| 1. | Conny Boer-Buys | ZVVS | 32.08 | 195000006 | 31.85 | +0,93 |
| <i>Europees Masters Record</i> | | | | | | |
| 2. | Christien Nieuwenhuis | Swol 1894 | 32.71 | 195100022 | 32.41 | +0,72 |
| <i>Kampioenschaps Record</i> | | | | | | |
| 3. | Iris E. van Glinstra Bleeker | De Lansingh | 43.73 | 194800032 | 55.14 | +1,09 |
| AFGEM | Nini van Dongen-de Paep | ZZ&PC De Devel | 1:03.31 | 195100044 | | |

Programmanr. 40, Dames, 50m vrije slag

Masters 70+

| | | | | | | |
|----|----------------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Corrie Verhoeven | PSV | 34.29 | 194600026 | 34.77 | +0,85 |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | Annet Verhoeven - Steggerda | De Duinkickers | 44.50 | 194600024 | 44.85 | +1,07 |
| 3. | Mieke Strijbis-v.d.Kroft | DAW | 51.86 | 194500004 | 47.23 | +1,23 |

Masters 75+

| | | | | | | |
|----|--------------|-----------|-------|-----------|--------------|-------|
| 1. | Truus Ruiter | Old Dutch | 55.24 | 194000004 | 56.80 | +0,79 |
|----|--------------|-----------|-------|-----------|--------------|-------|

Masters 80+

| | | | | | | |
|----|----------------|-----|-------|-----------|--------------|-------|
| 1. | Lottie Geurts | PSV | 40.23 | 193500006 | 43.80 | +1,06 |
| 2. | Alice Lindhout | PSV | 54.33 | 193500010 | 54.91 | +0,92 |

Programmanr. 41
24-01-2016 - 16:04

Heren, 50m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|--------------------|-------------------------|---------------|-----------|----------------|-------|
| Masters 20+ | | | | | | |
| 1. | Wimar Lindenberg | Hieronymus | 23.65 | 199601857 | 23.64 | +0,61 |
| 2. | Sven Dogger | De Zwoer | 24.86 | 199600617 | 24.76 | +0,69 |
| 3. | Jasper de Win | De Geul | 25.05 | 199301293 | 25.12 | +0,76 |
| 4. | Frank Beijering | De IJsel | 25.34 | 199304311 | 25.20 | +0,73 |
| 5. | Mike Koelewijn | Steenwijk 1934 | 24.98 | 199303597 | 25.27 | +0,70 |
| 6. | Roel Rademaker | SPONS | 26.44 | 199406633 | 25.36 | +0,73 |
| 7. | Teun Strijbosch | Merlet | 25.11 | 199603041 | 25.46 | +0,66 |
| 8. | Tim Muller | De Geul | 25.34 | 199501019 | 25.49 | +0,71 |
| 9. | Vincent de Vries | WVZ | 25.96 | 199602189 | 25.53 | +0,74 |
| 10. | Auke Koops | De Zwoer | 26.13 | 199502455 | 25.86 | +0,74 |
| 11. | Dieder Schuurmans | Merlet | 25.39 | 199500447 | 25.90 | +0,67 |
| 12. | Pieter Ytsma | De Zwoer | 25.78 | 199501809 | 25.95 | +0,74 |
| 13. | Jesse de Win | De Geul | 25.56 | 199600191 | 25.96 * | +0,68 |
| 14. | Sam Beer | Strijen | 26.23 | 199605521 | 26.13 | +0,75 |
| 15. | Nick Sijmons | De Amstel | 26.16 | 199500491 | 26.22 | +0,67 |
| 16. | Niels Versteeg | De Ward | 26.92 | 199502697 | 26.32 | +0,76 |
| 17. | Robin Eltink | DWK | 26.11 | 199406147 | 26.39 | +0,81 |
| 18. | Jeffrey Camphens | DWT | 26.46 | 199503113 | 26.41 | +0,64 |
| 19. | Hans Stoffers | Triton Putten | 26.47 | 199604027 | 26.80 | +0,70 |
| 20. | Martino Valentijn | DIO | 26.98 | 199403913 | 26.87 | +0,70 |
| 21. | Dan Doan | Zwemvereniging Hoogland | 26.35 | 199504317 | 27.21 | +0,64 |
| 22. | Jesper Honken | Nova | 27.13 | 199600085 | 27.26 | +0,75 |
| 23. | Yorick Kreuwel | De Veene | 27.32 | 199402225 | 27.63 | +0,81 |
| 24. | Ramon van Huizen | MGO (SG) | 28.07 | 199400945 | 27.67 | +0,76 |
| | Leon de Vries | ZPB H&L Productions | 26.89 | 199603371 | 27.67 | +0,76 |
| 26. | Arjen Zijlstra | Hydrofiel | 27.36 | 199203309 | 27.98 | +0,76 |
| 27. | Lex Wortman | AZC | 28.11 | 199503563 | 28.12 | +0,88 |
| 28. | Tom den Hollander | d'ELFT WAVE (SG) | 27.96 | 199403619 | 28.21 | +0,88 |
| 29. | Yannick van Opdorp | De Krabben | 28.17 | 199306521 | 28.57 | +0,81 |
| 30. | Thomas Grudelbach | ZVVS | 28.06 | 199500355 | 28.60 | +0,92 |
| 31. | Michiel van Vliet | ZPC Woerden | 27.92 | 199503875 | 28.81 | +0,82 |
| 32. | Rens Mahler | Merlet | 30.37 | 199206411 | 31.10 | +0,72 |
| 33. | John van Heteren | DWF | 31.94 | 199305017 | 31.67 | +0,78 |
| AFGEM | Lukas Schouten | AZC | 27.49 | 199602515 | | |
| AFGEM | David Kroon | Wiekslag | 28.04 | 199505495 | | S10 |

Programmanr. 41, Heren, 50m vrije slag

Masters 25+

| | | | | | | |
|-------|------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Robbert Donk | Wiekslag | 24.05 | 198900745 | 23.60 | +0,65 |
| 2. | Hjalmar de Ruiters | NDD | 23.98 | 198902695 | 24.49 | +0,66 |
| 3. | Lorenzo Cavallini | De Futen | 24.29 | 199007465 | 24.86 | +0,69 |
| 4. | Pascal van Haren | Van Vliet-Barracuda | 25.55 | 198704101 | 25.48 | +0,72 |
| 5. | Edo Pieters | Aquarius | 26.11 | 198802749 | 25.97 | +0,71 |
| 6. | Erik van der Heide | Zuiderzeewimmers | 25.42 | 198801337 | 26.08 | +0,76 |
| 7. | Jeffrey van 't Schip | De Amstel | 26.33 | 199102035 | 26.12 | +0,79 |
| 8. | Jelte Schuurmans | Merlet | 25.52 | 199104841 | 26.28 | +0,87 |
| 9. | Bas Berndes | Merlet | 25.64 | 198900217 | 26.51 | +0,88 |
| 10. | Martijn van Hoorn | MGO (SG) | 25.78 | 198901343 | 26.53 | +0,80 |
| | Patrick Creemers | RZ | 25.94 | 199000579 | 26.53 | +0,75 |
| 12. | Joël Dam | EZC | 26.72 | 198800699 | 26.56 | +0,61 |
| 13. | Joppe Schuurmans | Merlet | 26.00 | 198905447 | 26.74 | +0,68 |
| 14. | Brian Narain | DSZ | 26.62 | 198904363 | 26.75 | +0,80 |
| 15. | Mark Pijtak | ZPC AMERSFOORT | 26.35 | 199002287 | 26.79 | +0,77 |
| 16. | Ronald Vullings | Merlet | 26.08 | 198703655 | 26.99 | +0,83 |
| 17. | Huub Mars | EZC | 27.51 | 198702169 | 27.09 | +0,70 |
| 18. | Ruben Stolk | ZPB H&L Productions | 26.46 | 199005665 | 27.23 | +0,72 |
| 19. | Davy Vermaas | ZPB H&L Productions | 26.90 | 199003041 | 27.27 | +0,79 |
| 20. | Leander van Diggelen | Zwemvereniging Hoorn | 27.22 | 198800763 | 27.36 | +0,86 |
| 21. | Martijn de Win | De Geul | 27.50 | 198803873 | 27.52 | +0,91 |
| 22. | Bart van der Zwaan | De Amstel | 27.45 | 199005149 | 27.56 | +0,70 |
| 23. | Boy Heijnekamp | LZ 1886 | 27.24 | 198901161 | 27.57 | +0,74 |
| 24. | Patrick de Jonge | ZPC Woerden | 27.20 | 198906635 | 27.67 | +0,76 |
| 25. | Nick Drenth | De Amstel | 27.47 | 199105605 | 27.75 | +0,80 |
| 26. | Patrick Holthuizen | d'ELFT WAVE (SG) | 28.61 | 199107681 | 28.01 | +0,67 |
| 27. | Wessel Everloo | De Veene | 27.68 | 198906597 | 28.23 | +0,90 |
| 28. | Niels van Dam | WIDEX GZC DONK | 28.82 | 199007495 | 28.29 | +0,76 |
| 29. | Ferdy van Mastrikt | RSW (SG) | 28.26 | 198802315 | 28.43 | +0,76 |
| 30. | Gerben Rozie | MSV-Zeemacht | 27.88 | 199002507 | 29.05 | +0,66 |
| 31. | Maik Helgers | WVZ | 29.49 | 199106961 | 29.24 | +0,74 |
| 32. | Wouter van 't Klooster | ZPC AMERSFOORT | 29.98 | 198806159 | 29.72 | +0,76 |
| 33. | Twan Rozie | MSV-Zeemacht | 30.90 | 199107371 | 30.53 | +0,87 |
| 34. | Tom Pijnappel | Merlet | 35.07 | 198906837 | 32.71 | +0,91 |
| AFGEM | Alex Schelvis | LZ 1886 | 25.00 | 198702927 | | |

Masters 30+

| | | | | | | |
|-----|--------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Lauren Vis | Steenwijk 1934 | 24.72 | 198201883 | 24.80 | +0,67 |
| 2. | Roderik Meijers | d'ELFT WAVE (SG) | 24.79 | 198602063 | 24.84 | +0,70 |
| 3. | Paul Brinkman | ZVVS | 25.69 | 198400309 | 25.27 | +0,80 |
| 4. | Wouter de Win | De Geul | 25.69 | 198603559 | 25.50 | +0,71 |
| 5. | Jan van Opstal | Hieronymus | 25.36 | 198602291 | 25.79 | +0,72 |
| 6. | Robert Dekker | De Veene | 25.40 | 198400443 | 25.88 | +0,82 |
| 7. | Rick Driezen | Steenwijk 1934 | 25.87 | 198600713 | 25.97 | +0,81 |
| 8. | René Koedooder | ZV De Bron | 26.44 | 198200919 | 26.01 | +0,82 |
| 9. | Jim Geestman | RSW (SG) | 25.42 | 198300699 | 26.08 | +0,84 |
| 10. | Finn van der Bas | ZVVS | 26.27 | 198400067 | 26.17 | +0,71 |
| 11. | David Wendt | Zwemvereniging Hoogland | 27.29 | 198202599 | 26.33 | +0,87 |
| 12. | Ruben van den Tol | MNC Dordrecht | 27.63 | 198202667 | 27.18 | +0,82 |
| 13. | Mark Effing | Merlet | 27.81 | 198600761 | 27.92 | +0,78 |
| 14. | Bas v.d. Laan | WVZ | 27.68 | 198302471 | 28.09 | +0,87 |
| 15. | Rick de Schutter | De Krabben | 29.31 | 198202523 | 28.80 | +0,88 |
| 16. | Sven Schutte | Zwemlust-den Hommel | 28.48 | 198604713 | 29.28 | +0,84 |
| 17. | Dyon de Greef | Budel | 30.12 | 198202385 | 30.21 | +0,75 |
| 18. | Constant van Ewijk | De Gelenberg | 33.54 | 198303025 | 33.55 | +0,78 |
| 19. | Jesper de Lange | De Fuut | 38.80 | 198604491 | 39.19 | +0,97 |

Programmanr. 41, Heren, 50m vrije slag

Masters 35+

| | | | | | | |
|-----|----------------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Nol van Thull | d'ELFT WAVE (SG) | 24.25 | 198001513 | 23.96 | +0,75 |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | Jeroen Zelsmann | Upstream Amsterdam | 24.65 | 197701551 | 24.66 | +0,69 |
| 3. | Matteo Mattacchione | De Futen | 24.84 | 197801847 | 25.10 | +0,72 |
| 4. | Evgeny Ryzhov | Sprut | 25.28 | 101628 | 25.15 | +0,80 |
| 5. | Joost Hoetjes | DAW | 30.14 | 197800425 | 25.60 | +0,72 |
| 6. | Martijn Beglinger | Old Dutch | 26.82 | 197801869 | 25.87 | +0,82 |
| 7. | Bas v.d. Nouwelant | ZVVS | 26.95 | 198001103 | 26.11 | +0,74 |
| 8. | Ronald Koeckhoven | Zwemvereniging Westland | 27.05 | 198102017 | 26.22 | +0,81 |
| 9. | Vincent Versteeg | Zwemlust-den Hommel | 26.55 | 197701003 | 26.87 | +0,72 |
| 10. | Victor Barnar | GoSwim | 26.50 | 197801805 | 27.03 | +0,77 |
| 11. | Rutger Stam | Zwemvereniging Hoogland | 26.76 | 198102463 | 27.11 | +0,75 |
| 12. | Harm Jan Otter | De Zandstuve | 27.39 | 198101283 | 27.16 | +0,88 |
| 13. | Pieter Broek | Zwemvereniging Westland | 28.12 | 197701637 | 27.27 | +0,79 |
| 14. | Markus van Rest | WVZ | 27.94 | 197701197 | 27.71 | +0,79 |
| 15. | Marco van Antwerpen | Strijen | 27.78 | 198000027 | 27.97 | +0,89 |
| 16. | Rogier van Gent | IJZPC | 30.82 | 198000405 | 28.90 | +0,82 |
| 17. | Peter Lommert | SWOL 1894 | 29.74 | 197900787 | 29.38 | +0,91 |
| 18. | Marnix Cornelisse | LZ 1886 | 32.54 | 198002343 | 32.65 | +0,86 |

Masters 40+

| | | | | | | |
|-----|----------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Joeri Stoffels | AZC | 25.92 | 197300851 | 25.52 | +0,97 |
| 2. | John Cobussen | De Gelsenberg | 27.10 | 197501323 | 26.36 | +0,68 |
| 3. | Erik Lamers | De Gelsenberg | 27.02 | 197500507 | 27.01 | +0,67 |
| 4. | Sergey Petrov | Poseidon | 28.19 | 102211 | 27.06 | +0,71 |
| 5. | Kelvin Isselt | RZ | 26.75 | 197601119 | 27.07 | +0,66 |
| 6. | Michael van Bekkum | SWOL 1894 | 27.88 | 197200051 | 27.90 | +0,80 |
| 7. | Johan Wezenberg | SWOL 1894 | 28.85 | 197601023 | 28.73 | +0,87 |
| 8. | Harold Brouwer | De Gelsenberg | 29.19 | 197201569 | 28.82 | +0,78 |
| 9. | Rogier Becker | De Dinkel | 28.72 | 197301439 | 28.99 | +0,86 |
| 10. | Erik Smink | Zwemvereniging Hoogland | 29.91 | 197301467 | 29.53 | +0,79 |
| 11. | Michael Go | AZC | 29.32 | 197501397 | 29.65 | +0,79 |
| 12. | Wouter van der Stelt | Den Doorn | 29.78 | 197200889 | 30.74 | +0,72 |
| 13. | Bas van Gool | De Geul | 32.70 | 197201435 | 32.66 | +0,78 |
| 14. | Roan Doves | ZVVS | 33.54 | 197501427 | 33.00 | +1,00 |
| 15. | Mohamed Abou Gebba | CNSW | 33.35 | 005045/75 | 33.24 | +1,09 |
| DIS | Arnold Kiburg | Steenwijk 1934 | 30.77 | 197501423 | | |

AA - Started before the starting signal

Masters 45+

| | | | | | | |
|-----|---------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Glen le Clercq | De Rog | 25.47 | 196800177 | 25.69 | +0,74 |
| 2. | Marcel van Winssen | De Gelsenberg | 25.84 | 197101477 | 26.04 | +0,75 |
| 3. | Richard Ricksen | NIMO | 26.39 | 197000841 | 26.18 | +0,72 |
| 4. | Arno Hofmeijer | WS Twente | 26.51 | 196900409 | 26.52 | +0,93 |
| 5. | Robin Mäkel | WS Twente | 27.10 | 196801259 | 26.88 | +0,94 |
| 6. | Pieter van Gemeren | DAW | 27.86 | 196901779 | 27.12 | +0,74 |
| 7. | Martin Kaptein | DWK | 27.39 | 196701677 | 27.40 | +0,75 |
| 8. | Kees Akershoek | MGO (SG) | 27.88 | 196900009 | 27.49 | +0,77 |
| 9. | Bert de Weerd | RZC | 26.80 | 196701283 | 27.56 | +0,84 |
| 10. | Arjon de Bok | De Biesboschzwemmers | 27.26 | 196900125 | 28.02 | +0,78 |
| 11. | Richard Lucas | De Dinkel | 27.64 | 197001687 | 28.28 | +0,80 |
| 12. | Jos Wensink | WS Twente | 28.33 | 196901719 | 28.64 | +0,73 |
| 13. | Jeroen den Boer | TRB-RES | 28.48 | 196701475 | 28.75 | +0,84 |
| 14. | Jeroen Kort | DAW | 28.61 | 196801543 | 28.79 | +0,75 |
| 15. | Wiljo Mackus | Budel | 28.62 | 197101557 | 29.05 | +0,88 |
| 16. | Philip van der Gaag | Zwemvereniging Westland | 29.53 | 196801627 | 29.90 | +0,83 |
| 17. | Marcel Brittijn | De Duinkickers | 29.42 | 196900159 | 29.92 | +0,73 |
| 18. | Rob Janssen | De Gelsenberg | 30.56 | 197001467 | 30.26 | +0,83 |
| 19. | Mario Cuelenaere | ZPC De Zeeuwse Kust | 29.93 | 196901569 | 30.32 | +0,94 |
| 20. | Roland Schol | BZ&PC | 31.80 | 196901543 | 30.73 | +0,84 |
| 21. | Sander Nieuwenhuys | De Fuut | 31.13 | 196801423 | 32.01 | +0,80 |
| 22. | Albert Roosenboom | Budel | 31.11 | 197101599 | 32.05 | +0,91 |
| 23. | Joost van Eerd | Budel | 32.09 | 196901723 | 32.11 | +0,83 |

Programmanr. 41, Heren, 50m vrije slag, Masters 45+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|-------|-----------------------|------------|---------------|-----------|--------------|-------|
| 24. | Edward van Nijmweegen | Budel | 31.11 | 197001635 | 32.39 | +0,96 |
| 25. | Gertjan van der Vaart | ZVVS | 32.72 | 196801529 | 33.27 | +0,76 |
| 26. | Jan-Pieter Broos | Budel | 36.83 | 196801597 | 36.68 | +1,23 |
| 27. | Henk van Zetten | Octopus | 35.64 | 196701261 | 38.15 | +0,92 |
| NG.ZA | Jeff van Loon | De Geul | 39.18 | 197001687 | | S7 |

Masters 50+

| | | | | | | |
|-------|---|-------------------------|-------|-----------|--------------|-------|
| 1. | Peter Bernsen <i>Nederlands Masters Record</i> | De Rog | 25.49 | 196301119 | 25.18 | +0,66 |
| 2. | Hans Kroes | ZV Haerlem | 26.81 | 196501585 | 26.11 | +0,81 |
| 3. | Jan Brink | ZPC De Zeeuwse Kust | 26.39 | 196200091 | 26.52 | +0,74 |
| 4. | Phil Trethewie | Old Dutch | 26.38 | 196501315 | 27.36 | +0,72 |
| 5. | Rob Verheul | TRB-RES | 27.68 | 196601571 | 27.59 | +0,77 |
| 6. | Bob de Vries | Aquapoldro | 28.05 | 196601101 | 27.60 | +0,67 |
| 7. | Arnold de Rover | De Futen | 27.14 | 196400645 | 27.62 | +0,75 |
| 8. | Kees-Jan van Overbeeke | WWV | 27.45 | 196200489 | 27.71 | +0,80 |
| 9. | Rob Spetter | De Rog | 28.63 | 196201239 | 27.89 | +0,67 |
| 10. | Otto Jansen | LZ 1886 | 29.02 | 196501403 | 28.42 | +0,80 |
| 11. | Arthur van Strien | WVZ | 29.16 | 196301401 | 28.46 | +0,86 |
| 12. | Robert Vink | WWV | 27.79 | 196301075 | 28.52 | +0,96 |
| 13. | Ivo Buchholz | WS Twente | 28.56 | 196401165 | 28.73 | +0,75 |
| 14. | Erwin Beringen | GoSwim | 28.61 | 196601515 | 28.93 | +0,67 |
| 15. | Freddy v.d. Veen | ZVVS | 29.00 | 196601161 | 29.09 | +1,04 |
| | Erik Saan | De Duck | 28.33 | 196500769 | 29.09 | +1,02 |
| 17. | Mark Beijer | Zwemvereniging Westland | 29.02 | 196601593 | 29.16 | +0,59 |
| 18. | Marcel Tuerlings | TRB-RES | 29.36 | 196601577 | 29.33 | +0,72 |
| 19. | Jan Willem Nederveen | DWF | 29.87 | 196600541 | 29.57 | +0,84 |
| 20. | Paul Wijnja | De Biesboschzwemmers | 29.59 | 196301403 | 29.60 | +0,70 |
| 21. | Henry Brouwer | Aqualero | 29.77 | 196301223 | 29.83 | +0,84 |
| 22. | Willem Jannink | Swol 1894 | 31.53 | 196500423 | 30.10 | +0,79 |
| 23. | Ruud Kennis | Budel | 29.87 | 196501555 | 30.38 | +0,72 |
| 24. | Cees Kersten | De Rog | 30.71 | 196401435 | 30.42 | +0,72 |
| 25. | Bob Nieuwenhuys | De Fuut | 30.20 | 196201227 | 30.55 | +0,85 |
| 26. | Willem Jan Ribberink | WIDEX GZC DONK | 30.56 | 196501327 | 30.79 | +0,80 |
| 27. | Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 30.60 | 196501027 | 31.28 | +0,80 |
| 28. | Pierre de Groot | WIDEX GZC DONK | 31.86 | 196401431 | 31.94 | +0,83 |
| 29. | Peter Schielen | De Fuut | 32.82 | 196501531 | 32.58 | +0,77 |
| 30. | Jeffrey van Doormalen | DZ&PC | 33.12 | 196501563 | 33.86 | +0,85 |
| 31. | Merlin Weber | Nautilus | 35.17 | 196201261 | 35.01 | +0,85 |
| 32. | Hans van Scheepen | Steenwijk 1934 | 38.54 | 196201245 | 39.22 | +0,93 |
| AFGEM | Ronald Richardson | WS Twente | 28.19 | 196300623 | | |
| AFGEM | Hans Westerhof | WS Twente | 27.24 | 196200743 | | |

Masters 55+

| | | | | | | |
|-----|---|-------------------------|-------|-----------|--------------|-------|
| 1. | Lionel Godeaux <i>Kampioenschaps Record, Belgisch Masters Record</i> | CNSW | 25.95 | 000217/60 | 25.93 | +0,67 |
| 2. | Arno Wouters | ZPC De Zeeuwse Kust | 28.03 | 195800667 | 27.49 | +0,92 |
| 3. | Adrian Ortiz Buitrago | WIDEX GZC DONK | 29.00 | 196000931 | 28.88 | +0,72 |
| 4. | Joop Ariaens | PSV | 28.56 | 195900747 | 28.96 | +0,83 |
| 5. | Rudolf Meijer | Zwemvereniging Hoogland | 30.55 | 196000995 | 30.21 | +0,95 |
| 6. | Wim de Lange | AZC | 31.73 | 195800533 | 30.66 | +0,93 |
| 7. | Rob Hemesath | PSV | 31.77 | 196100189 | 30.72 | +0,96 |
| 8. | Frederik Eshuis | UZSC | 32.86 | 195900821 | 32.60 | +0,79 |
| 9. | Jos van Sleuwen | Nautilus | 36.56 | 195700323 | 35.86 | +1,03 |
| 10. | Jan Timmerman | IJZPC | 33.92 | 195700347 | 36.06 | +0,83 |

Programmanr. 41, Heren, 50m vrije slag

Masters 60+

| | | | | | | |
|----|--------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Nartano Glijn | UZSC | 29.34 | 195500449 | 28.71 | +0,84 |
| 2. | Ruud Ruiters | WWV | 29.23 | 195300169 | 29.85 | +1,05 |
| 3. | Evertjan Masurel | PLONS | 30.92 | 195600495 | 31.11 | +0,86 |
| 4. | Jan Vonk | Zwemvereniging Hoogland | 31.07 | 195400237 | 31.12 | +0,87 |
| 5. | Wim Scherpenisse | UZSC | 34.23 | 195500447 | 33.88 | +1,14 |
| 6. | Frans Antonissen | Old Dutch | 34.61 | 195500451 | 34.93 | +1,24 |
| 7. | Sjoerd van de Berg | De Rog | 36.43 | 195400355 | 37.80 | +0,78 |
| 8. | Frans Suijkerbuijk | PSV | 52.24 | 195600499 | 52.32 | +0,83 |

Masters 65+

| | | | | | | |
|-------|---------------------|-------------------------|---------|-----------|----------------|-------|
| 1. | Ale van Veen | HPC | 28.39 | 194900159 | 29.42 | +0,77 |
| 2. | Piet Schop | De Bevelanders | 31.38 | 195000109 | 31.93 | +0,69 |
| 3. | Jaap Kwakkel | DAW | 33.42 | 194700157 | 33.20 | +0,81 |
| 4. | Jos Kamps | Zwemvereniging Hoogland | 33.16 | 195100085 | 33.45 | +0,90 |
| 5. | Vladimir Abrosimov | Meshera | 34.38 | | 34.25 | +1,06 |
| 6. | Mar van Geel | Old Dutch | 38.55 | 194700135 | 42.22 | +1,26 |
| 7. | Etienne Languillier | CNSW | 1:00.65 | 000228/50 | 1:00.68 | +1,29 |
| AFGEM | Nico van Dongen | ZZ&PC De Devel | 40.53 | 194800159 | | |

Masters 70+

| | | | | | | |
|----|--|------------|-------|-----------|--------------|-------|
| 1. | Alexander Bashmakov | Poseidon | 30.75 | 037001 | 30.68 | +0,92 |
| | <i>Kampioenschaps Record, Russian Masters Record</i> | | | | | |
| 2. | Theo Schouten | WWV | 31.14 | 194600161 | 32.16 | +0,92 |
| 3. | Willem Putter | ZVVS | 33.82 | 194500135 | 34.28 | +1,05 |
| 4. | Han Roos | ZV De Bron | 32.10 | 194500081 | 35.67 | +1,05 |
| 5. | Geza Kaltenecker | AZC | 35.88 | 194200065 | 36.72 | +0,93 |
| 6. | Rob Hanou | PSV | 36.48 | 194300109 | 36.87 | +1,06 |
| 7. | Peter Ouweneel | RSW (SG) | 43.29 | 194500077 | 45.00 | +1,08 |
| 8. | Kevork Boyrazian | CNSW | 45.45 | 002620/44 | 45.65 | +1,14 |
| 9. | Nico Baay | Old Dutch | 46.03 | 194200053 | 48.13 | +0,85 |
| NG | Aad Grapendaal | OEZA | 43.50 | 194200063 | | |

Masters 75+

| | | | | | | |
|----|----------------|---------------|-------|-----------|--------------|-------|
| 1. | Frans van Enst | WS Twente | 33.44 | 194000011 | 35.25 | +1,02 |
| 2. | Nic Geers | Z&PC De Gouwe | 33.57 | 193800007 | 37.37 | +0,97 |
| 3. | Gregor Pompen | Aqua-Novio'94 | 41.26 | 193700021 | 40.94 | +1,11 |

Programmanr. 42
24-01-2016 - 16:32

Dames, 100m rugslag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m | | |
|--------------------|----------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. | Jamilla van Veen | ZPC Woerden | 1:04.28 | 199603192 | 1:05.11 | +0,68 | 31.28 | 1:05.11 |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| 2. | Melissa van der Geld | AquAmigos | 1:07.43 | 199506250 | 1:05.92 | +0,80 | 32.35 | 1:05.92 |
| 3. | Stéphanie Bergsma | Dedemsvaart-AC | 1:08.10 | 199203374 | 1:07.63 | +0,59 | 32.66 | 1:07.63 |
| 4. | Aniek Resink | DIO | 1:08.06 | 199500738 | 1:08.23 | +0,64 | 32.83 | 1:08.23 |
| 5. | Sigrid Dogger | De Zwoer | 1:07.21 | 199200452 | 1:09.13 | +0,84 | 33.61 | 1:09.13 |
| 6. | Manon van Strien | WVZ | 1:09.39 | 199400770 | 1:09.30 | +0,80 | 33.16 | 1:09.30 |
| 7. | Désirée Emmen | De Warande | 1:08.55 | 199204862 | 1:09.41 | +0,68 | 33.63 | 1:09.41 |
| 8. | Henriette ten Bokkel | NDD | 1:06.36 | 199402764 | 1:09.66 | +0,78 | 33.73 | 1:09.66 |
| 9. | Iris Pijtak | ZPC AMERSFOORT | 1:10.29 | 199300602 | 1:10.01 | +0,68 | 33.51 | 1:10.01 |
| 10. | Heleen Arends | TriVia | 1:09.88 | 199404416 | 1:10.20 | +0,65 | 33.96 | 1:10.20 |
| 11. | Janine de Groot | Nova | 1:14.10 | 199500092 | 1:12.33 | +0,66 | 34.87 | 1:12.33 |
| 12. | Suzanne Mosch | MSV-Zeemacht | 1:09.21 | 199400548 | 1:12.56 | +0,65 | 34.52 | 1:12.56 |
| 13. | Maike Korhouth | TRB-RES | 1:12.02 | 199406034 | 1:12.85 | +0,62 | 35.51 | 1:12.85 |
| 14. | Karen van Dee | SCOM | 1:12.59 | 199604074 | 1:13.43 | +0,79 | 36.19 | 1:13.43 |

Programmanr. 42, Dames, 100m rugslag, Masters 20+

| rang naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m |
|------------------------|---------------------|-------------------|----------------|-------|-------|---------|
| 15. Wendy de Bruin | ZOB'66 | 1:11.89 199206320 | 1:15.29 | +0,55 | 36.30 | 1:15.29 |
| 16. Giulia Rolloos | Van Vliet-Barracuda | 1:15.53 199500946 | 1:15.37 | +0,66 | 36.89 | 1:15.37 |
| 17. Krista Kostwinder | SCOM | 1:15.03 199401058 | 1:16.09 | +0,71 | 35.86 | 1:16.09 |
| 18. Eline van Gemert | De Meer | 1:17.90 199505458 | 1:17.09 | +0,60 | 37.18 | 1:17.09 |
| 19. Nikki Hoogeboom | De IJsel | 1:15.37 199301196 | 1:17.66 | +0,63 | 37.58 | 1:17.66 |
| 20. Getrude Corporaal | ZVZ | 1:14.31 199200380 | 1:17.83 | +0,75 | 36.99 | 1:17.83 |
| 21. Naomi van Gool | LZ 1886 | 1:15.57 199505166 | 1:18.45 | +0,78 | 38.18 | 1:18.45 |
| 22. Ramona Noordermeer | ZVVS | 1:20.55 199401746 | 1:20.80 | +0,71 | 39.47 | 1:20.80 |
| 23. Debby Kraaijeveld | DWF | 1:14.76 199601358 | 1:21.84 | +0,83 | 38.56 | 1:21.84 |
| 24. Rebecca van Eeren | SCOM | 1:21.83 199306910 | 1:22.45 | +0,68 | 40.67 | 1:22.45 |
| 25. Nadine Blouw | GZVW | 1:19.47 199302314 | 1:22.80 | +0,74 | 40.23 | 1:22.80 |
| 26. Cynthia van Veen | ZPC Woerden | 1:27.47 199606736 | 1:27.43 | +0,58 | 41.13 | 1:27.43 |

Masters 25+

| | | | | | | |
|---------------------------|---------------------|-------------------|------------------|-------|-------|---------|
| 1. Charlotte Groeneveld | UZSC | 1:07.77 198701404 | 1:07.55 | +0,75 | 32.21 | 1:07.55 |
| 2. Aniek Huijsman | De Lansingh | 1:11.55 198801932 | 1:11.03 | +0,79 | 34.35 | 1:11.03 |
| 3. Sabine Lina | ZPC Woerden | 1:09.77 198902680 | 1:11.35 | +0,82 | 35.25 | 1:11.35 |
| 4. Ilse van den Wijngaard | ZPC Woerden | 1:12.08 198904736 | 1:11.99 | +0,79 | 34.88 | 1:11.99 |
| 5. Rianne Hofland | Sassenheim | 1:10.88 198801820 | 1:13.50 | +0,74 | 36.15 | 1:13.50 |
| 6. Tamara Caspers | LZ 1886 | 1:12.88 199007272 | 1:13.53 | +0,76 | 35.28 | 1:13.53 |
| 7. Esther van Maastrigt | Montferland | 1:14.22 198802836 | 1:18.46 | +0,69 | 38.79 | 1:18.46 |
| 8. Diana Lammers | De Veene | 1:15.86 198902572 | 1:18.50 | +0,79 | 38.43 | 1:18.50 |
| 9. Tamara Nordin | ZPC De Zeeuwse Kust | 1:20.19 198702996 | 1:18.63 * | +0,72 | 38.55 | 1:18.63 |
| 10. Cora Vinagre Sendino | CNSW | 1:19.56 003824/88 | 1:20.23 | +0,69 | 38.34 | 1:20.23 |
| 11. Tessa Lukassen | GoSwim | 1:18.23 198702620 | 1:20.49 | +0,83 | 39.69 | 1:20.49 |
| 12. Annebeth van Ark | Octopus | 1:27.31 198805588 | 1:24.92 | +0,73 | 42.01 | 1:24.92 |
| 13. Lonneke Oenema | Steenwijk 1934 | 1:19.86 199102314 | 1:25.07 | +0,71 | 41.38 | 1:25.07 |
| 14. Elodie Siroen | Merlet | 1:26.68 199003414 | 1:27.65 | +0,67 | 43.48 | 1:27.65 |
| AFGEM Xandra Otter | WIDEX GZC DONK | 1:35.14 199006046 | | | | |

Masters 30+

| | | | | | | |
|--------------------------------|-------------------------|--------------------|----------------|-------|-------|---------|
| 1. Roos van Esch | d'ELFT WAVE (SG) | 1:11.03 198200468 | 1:09.77 | +0,79 | 34.50 | 1:09.77 |
| 2. Marije Jansen | Aquarijn | 1:09.50 198504088 | 1:10.27 | +0,74 | 34.23 | 1:10.27 |
| 3. Marije van Manen | ZPC AMERSFOORT | 1:15.89 198602386 | 1:14.24 | +0,65 | 36.05 | 1:14.24 |
| 4. Esther Versteeg | Van Vliet-Barracuda | 1:13.76 198302112 | 1:15.06 | +0,71 | 36.18 | 1:15.06 |
| 5. Wieteke Elzinga | DAW | 1:13.81 198601038 | 1:15.90 | +0,79 | 36.82 | 1:15.90 |
| 6. Olga Volman-Maiorova | NDD | 1:17.34 1985504188 | 1:16.47 | +0,69 | 37.50 | 1:16.47 |
| 7. Ramona Linting | AZC | 1:17.60 198301274 | 1:17.06 | +0,81 | 37.28 | 1:17.06 |
| 8. Paulien Schokker | WS Twente | 1:16.31 198302876 | 1:21.08 | +0,71 | 39.64 | 1:21.08 |
| 9. Angela Giezen | Montferland | 1:20.00 198302796 | 1:22.09 | +0,82 | 40.81 | 1:22.09 |
| 10. Fabienne Jekens | Zwemvereniging Hoogland | 1:32.20 198401156 | 1:30.15 | +0,88 | 44.02 | 1:30.15 |
| AFGEM Franca Johannink-Willeme | De Dinkel | 1:14.49 198402760 | | | | |
| AFGEM Jepke van der Werf | ESCA Zwemmen | 1:20.55 198201832 | | | | |
| NG Sylvia Reijers | De Gelenberg | 1:13.40 198201360 | | | | |

Masters 35+

| | | | | | | |
|-----------------------------|---------------------|-------------------|----------------|-------|-------|---------|
| 1. Marjon van Kempen | MGO (SG) | 1:12.16 198000578 | 1:12.26 | +0,74 | 35.21 | 1:12.26 |
| 2. Tonia Ruybroek | Poseidon'56 | 1:13.61 198101290 | 1:14.78 | +0,70 | 36.07 | 1:14.78 |
| 3. Anke Lambooj | De Vliet (SG) | 1:21.71 198001182 | 1:19.60 | +0,75 | 38.24 | 1:19.60 |
| 4. Jolanda van Gendt | PSV | 1:21.03 197800266 | 1:20.25 | +0,63 | 39.26 | 1:20.25 |
| 5. Clementine van Bruxvoort | ZPB H&L Productions | 1:36.67 197700138 | 1:43.42 | +0,80 | 49.93 | 1:43.42 |
| AFGEM Laura Ensing | De Fuut | 1:37.96 197801326 | | | | |

Masters 40+

| | | | | | | |
|------------------------------|-------------------------|-------------------|----------------|-------|-------|---------|
| 1. Gudule van der Meer | PSV | 1:09.70 197200396 | 1:10.38 | +0,63 | 33.93 | 1:10.38 |
| <i>Kampioenschaps Record</i> | | | | | | |
| 2. Edith Janssen-Koolen | TRB-RES | 1:15.59 197300898 | 1:15.02 | +0,82 | 36.45 | 1:15.02 |
| 3. Geraldine Trainor | De Duck | 1:17.83 197500544 | 1:16.57 | +0,74 | 37.04 | 1:16.57 |
| 4. Evelien Meeuwissen | Sassenheim | 1:17.53 197500360 | 1:19.39 | +0,77 | 38.47 | 1:19.39 |
| 5. Mirjan den Drijver-Aarse | Zwemvereniging Westland | 1:20.36 197500884 | 1:20.67 | +0,69 | 40.09 | 1:20.67 |

Programmanr. 42, Dames, 100m rugslag, Masters 40+

| rang naam | vereniging | inschrijftijd | | tijd | RT | 50m | 100m |
|---------------------------|------------|---------------|-----------|----------------|-------|-------|---------|
| 6. Nadège van Meeteren | De Meer | 1:21.47 | 197400736 | 1:24.08 | +0,87 | 40.91 | 1:24.08 |
| 7. Jule Verschoor-Holland | RZC | 1:25.66 | 197500874 | 1:26.16 | +0,74 | 42.01 | 1:26.16 |
| 8. Claudia Broeke | De Fuut | 1:29.62 | 197300058 | 1:32.49 | +0,83 | 44.67 | 1:32.49 |
| 9. Natasja Linderhof | De Dinkel | 1:35.71 | 197500786 | 1:37.06 | +0,83 | 45.42 | 1:37.06 |

Masters 45+

| | | | | | | | |
|--------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Heidi van Stein | LZ 1886 | 1:16.86 | 196900864 | 1:17.16 | +0,71 | 37.39 | 1:17.16 |
| 2. Annette Wijnja-Visser | De Biesboschwemmers | 1:21.07 | 196700528 | 1:20.00 | +0,83 | 38.81 | 1:20.00 |
| 3. E. van Wingerden-Dijkhuizen | DWK | 1:23.91 | 196900970 | 1:20.35 | +0,75 | 39.06 | 1:20.35 |
| 4. Laura Staal | Oceanus | 1:20.01 | 196700358 | 1:20.71 | +0,71 | 39.69 | 1:20.71 |
| 5. Valerie Rolland | CNSW | 1:22.29 | 004276/71 | 1:20.77 | +0,69 | 39.04 | 1:20.77 |
| 6. Annette van Dok | MSV-Zeemacht | 1:28.69 | 196800742 | 1:26.89 | +0,76 | 42.37 | 1:26.89 |
| 7. Sylvia van den Berg | De Fuut | 1:29.77 | 197000688 | 1:29.15 | +0,73 | 43.33 | 1:29.15 |
| 8. Françoise Duran | ZPC AMERSFOORT | 1:30.76 | 196900222 | 1:30.90 | +0,73 | 45.24 | 1:30.90 |
| 9. Nathasja Konijn | WIDEX GZC DONK | 1:35.45 | 197100992 | 1:34.54 | +0,70 | 46.11 | 1:34.54 |

Masters 50+

| | | | | | | | |
|----------------------------------|-----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Allie Price | Cardiff Masters | 1:13.97 | 547582 | 1:15.13 | +0,74 | 36.71 | 1:15.13 |
| <i>Kampioenschaps Record</i> | | | | | | | |
| 2. Wilna Heijman | Steenwijk 1934 | 1:20.28 | 196400506 | 1:22.68 | +0,81 | 40.77 | 1:22.68 |
| 3. Susanne Prins - Molenwijk | De Geul | 1:25.99 | 196600284 | 1:22.86 | +0,70 | 39.54 | 1:22.86 |
| 4. Feikje Wittermans | WIDEX GZC DONK | 1:22.68 | 196400408 | 1:22.90 | +0,74 | 39.50 | 1:22.90 |
| 5. Jeannette Ruesink | WS Twente | 1:23.07 | 196300212 | 1:24.81 | +0,79 | 41.62 | 1:24.81 |
| 6. Annemarie Vuist | Swol 1894 | 1:26.24 | 196300282 | 1:27.47 | +0,93 | 43.71 | 1:27.47 |
| 7. Monique Munnik | AZC | 1:29.19 | 196200328 | 1:32.25 | +0,86 | 44.87 | 1:32.25 |
| 8. Cora Smulders | ESCA Zwemmen | 1:46.92 | 196600668 | 1:45.86 | +0,67 | 50.75 | 1:45.86 |
| AFGEM H. van Blommestein-Mellema | Aquapoldro | 1:54.95 | 196600482 | | | | |
| AFGEM Judith Cromjongh | De Zwoer | 1:16.38 | 196400054 | | | | |

Masters 55+

| | | | | | | | |
|----------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Mathilde Vink | Swol 1894 | 1:27.71 | 195800128 | 1:30.73 | +0,95 | 44.50 | 1:30.73 |
| 2. Hannie Poletiek | TriVia | 1:37.51 | 195900278 | 1:36.13 | +0,81 | 46.84 | 1:36.13 |
| 3. Jennie Resink-Lindeboom | DWK | 1:38.63 | 196000142 | 1:39.20 | +0,79 | 48.62 | 1:39.20 |
| 4. Lia Bijkerk | WIDEX GZC DONK | 1:48.98 | 196000014 | 1:45.70 | +0,66 | 51.22 | 1:45.70 |

Masters 60+

| | | | | | | | |
|----------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Atie Pijtak-Radersma | ZPC AMERSFOORT | 1:20.51 | 195600048 | 1:23.83 | +0,83 | 40.84 | 1:23.83 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Anne De Sauvage | CNSW | 1:33.59 | 005093/55 | 1:29.69 | +0,82 | 43.25 | 1:29.69 |
| <i>Belgisch Masters Record</i> | | | | | | | |
| 3. Monica Bakker | ZVZ | 1:31.71 | 195600082 | 1:32.69 | +0,77 | 45.43 | 1:32.69 |
| 4. Ineke Meijer | HZ&PC Heerenveen | 1:42.46 | 195200034 | 1:47.10 | +0,69 | 52.24 | 1:47.10 |

Masters 65+

| | | | | | | | |
|-------------------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Antoinette Gilding-Tussaud | WS Twente | 1:42.12 | 195000038 | 1:47.22 | +0,79 | 51.85 | 1:47.22 |
|-------------------------------|-----------|---------|-----------|----------------|-------|-------|---------|

Masters 70+

| | | | | | | | |
|-------------------------|----------------|---------|-----------|----------------|-------|---------|---------|
| 1. Loekie v. Huissteden | ZPC AMERSFOORT | 2:01.72 | 194500002 | 2:04.83 | +0,91 | 58.42 | 2:04.83 |
| 2. Leny Kamp | Aquapoldro | 2:07.61 | 194400008 | 2:12.76 | +0,71 | 1:02.85 | 2:12.76 |

Masters 75+

| | | | | | | | |
|-----------------|-----------|---------|-----------|----------------|-------|---------|---------|
| 1. Truus Ruiter | Old Dutch | 2:20.80 | 194000004 | 2:17.98 | +0,74 | 1:07.96 | 2:17.98 |
|-----------------|-----------|---------|-----------|----------------|-------|---------|---------|

Programmanr. 42, Dames, 100m rugslag

Masters 80+

| | | | | | | | |
|----------------------------------|-----------|---------|-----------|----------------|-------|---------|---------|
| 1. Alice Lindhout | PSV | 2:02.73 | 193500010 | 2:09.89 | +0,82 | 59.59 | 2:09.89 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Annie de Vos | Old Dutch | 2:18.07 | 193400004 | 2:17.69 | +0,73 | 1:06.17 | 2:17.69 |
| AFGEM Lottie Geurts | PSV | 2:02.75 | 193500006 | | | | |

Programmanr. 43
24-01-2016 - 16:58

Heren, 100m rugslag

Masters Open
Resultaten

| rang naam | vereniging | inschrijftijd | | tijd | RT | 50m | 100m |
|------------------------------|-------------------------|---------------|-----------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | | |
| 1. Melvin Prins | Wiekslag | 57.89 | 199500201 | 57.80 | +0,67 | 28.16 | 57.80 |
| 2. Nick Cleintuar | ZVVS | 58.74 | 199503781 | 1:00.32 | +0,55 | 29.06 | 1:00.32 |
| 3. Lars Schoffelmeyer | ZPB H&L Productions | 1:03.69 | 199501907 | 1:05.21 | +0,78 | 31.67 | 1:05.21 |
| 4. Joey Stokx | DAW | 1:09.30 | 199301251 | 1:05.95 | +0,75 | 32.14 | 1:05.95 |
| 5. Thijs van den End | ZPC Woerden | 1:05.50 | 199306803 | 1:06.32 | +0,73 | 32.28 | 1:06.32 |
| 6. Michiel van Vliet | ZPC Woerden | 1:10.06 | 199503875 | 1:10.01 | +0,72 | 33.49 | 1:10.01 |
| 7. Pieter Pijnenburg | De Warande | 1:10.99 | 199305227 | 1:11.69 | +0,71 | 35.12 | 1:11.69 |
| 8. Yannick van Opdorp | De Krabben | 1:16.51 | 199306521 | 1:17.16 | +0,74 | 37.78 | 1:17.16 |
| 9. Maarten Steekelenburg | Aquamania | 1:23.56 | 199300479 | 1:22.34 | +0,70 | 39.84 | 1:22.34 |
| NG Coen de Bruijn | Hieronymus | 1:02.17 | 199205151 | | | | |
| Masters 25+ | | | | | | | |
| 1. Hjalmar de Ruiter | NDD | 59.42 | 198902695 | 1:00.98 | +0,63 | 30.10 | 1:00.98 |
| 2. Tim Bunnik | Triton | 1:04.00 | 199000505 | 1:03.39 | +0,80 | 30.83 | 1:03.39 |
| 3. Juan Vinagre Sendino | CNSW | 1:09.34 | 005255/90 | 1:05.63 | +0,72 | 31.85 | 1:05.63 |
| 4. Jeffrey van 't Schip | De Amstel | 1:06.17 | 199102035 | 1:06.73 | +0,73 | 32.08 | 1:06.73 |
| 5. Erik van der Heide | Zuiderzeezwemmers | 1:03.85 | 198801337 | 1:07.56 | +0,72 | 32.55 | 1:07.56 |
| 6. Twan Rozie | MSV-Zeemacht | 1:13.69 | 199107371 | 1:13.09 | +0,83 | 35.77 | 1:13.09 |
| 7. Robin Eggenkamp | De Duinkickers | 1:16.73 | 198700847 | 1:17.55 | +0,79 | 37.30 | 1:17.55 |
| Masters 30+ | | | | | | | |
| 1. Martijn Giezen | Montferland | 1:02.03 | 198500813 | 1:01.74 | +0,63 | 29.79 | 1:01.74 |
| <i>Kampioenschaps Record</i> | | | | | | | |
| 2. Thommy Nickel | Van Vliet-Barracuda | 1:04.14 | 198401627 | 1:05.19 | +0,75 | 32.01 | 1:05.19 |
| 3. Ivan van Omme | De Geul | 1:03.99 | 198201263 | 1:05.98 | +0,68 | 31.60 | 1:05.98 |
| 4. Robert Braad | Steenwijk 1934 | 1:04.69 | 198600407 | 1:06.40 | +0,88 | 31.95 | 1:06.40 |
| 5. David Wendt | Zwemvereniging Hoogland | 1:07.48 | 198202599 | 1:07.75 | +0,72 | 32.52 | 1:07.75 |
| 6. René Koedoeder | ZV De Bron | 1:09.65 | 198200919 | 1:08.41 | +0,77 | 33.01 | 1:08.41 |
| 7. Peter van de Bor | DWT | 1:13.73 | 198402897 | 1:11.60 | +0,75 | 34.80 | 1:11.60 |
| Masters 35+ | | | | | | | |
| 1. Marcel Reefhuis | WS Twente | 1:06.09 | 198101381 | 1:07.10 | +0,54 | 32.26 | 1:07.10 |
| 2. Mark van der Schrier | BZ&PC | 1:09.77 | 197800951 | 1:08.42 | +0,78 | 33.12 | 1:08.42 |
| 3. Arjan Buijsse | Sassenheim | 1:07.62 | 197901767 | 1:09.83 | +0,73 | 34.08 | 1:09.83 |
| 4. Peter Lommert | Swol 1894 | 1:18.70 | 197900787 | 1:17.11 | +0,77 | 37.36 | 1:17.11 |
| Masters 40+ | | | | | | | |
| 1. Egbert Stolk | d'ELFT WAVE (SG) | 1:00.41 | 197600889 | 1:04.30 | +0,78 | 31.49 | 1:04.30 |
| 2. John Cobussen | De Gelenberg | 1:09.10 | 197501323 | 1:06.41 | +0,71 | 31.68 | 1:06.41 |
| 3. Alex Damen | DAW | 1:07.78 | 197501371 | 1:09.62 | +0,78 | 33.46 | 1:09.62 |
| 4. Remco Plass | De Lansingh | 1:10.19 | 197300687 | 1:10.80 | +0,68 | 35.01 | 1:10.80 |
| 5. Arjan Aalbers | Swol 1894 | 1:14.32 | 197500001 | 1:13.65 | +0,72 | 35.70 | 1:13.65 |
| 6. Gertjan van der Knaap | De Duck | 1:14.36 | 197300459 | 1:15.64 | +0,72 | 36.53 | 1:15.64 |
| 7. Kasper van den Berghe | Swol 1894 | 1:16.14 | 197301125 | 1:16.13 | +0,73 | 37.11 | 1:16.13 |
| 8. Mike Molenaar | Zoetermeer | 1:25.31 | 197201493 | 1:24.78 | +0,77 | 42.38 | 1:24.78 |
| NG Ramon de Bondt | ZPB H&L Productions | 1:09.87 | 197300105 | | | | |

Programmanr. 43, Heren, 100m rugslag

Masters 45+

| | | | | | | | |
|--|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Jan Goossens | GZVN | 1:02.97 | 11003/68 | 1:01.75 | +0,59 | 29.73 | 1:01.75 |
| <i>Kampioenschaps Record, Belgisch Maters Record</i> | | | | | | | |
| 2. Guido Keutgen | AZC | 1:07.27 | 196801551 | 1:06.97 | +0,78 | 32.46 | 1:06.97 |
| 3. René Beetsma | HZ&PC Heerenveen | 1:07.84 | 196900069 | 1:09.49 | +0,77 | 33.61 | 1:09.49 |
| 4. Antwan van Engen | De Ward | 1:17.39 | 197101577 | 1:10.55 | +0,75 | 34.47 | 1:10.55 |
| 5. Nico Swart | Den Doorn | 1:14.25 | 196801475 | 1:13.66 | +0,67 | 35.42 | 1:13.66 |
| 6. Ferdinand Teitink | Montferland | 1:21.75 | 197001583 | 1:22.35 | +0,68 | 39.08 | 1:22.35 |
| <i>50m*</i> | | | | | | | |
| 7. Jeff van Loon | De Geul | 1:39.76 | 197001687 | 1:42.74 | +0,77 | 48.36 | 1:42.74 |
| AFGEM Korstiaan de Boer | Steenwijk 1934 | 1:20.61 | 197101629 | | | | |

Masters 50+

| | | | | | | | |
|------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Edwin v. Norden | ZPC AMERSFOORT | 1:02.20 | 196300563 | 1:04.01 | +0,77 | 31.28 | 1:04.01 |
| 2. Jan Gert Notenbomer | Upstream Amsterdam | 1:05.73 | 196600557 | 1:06.09 | +0,71 | 32.22 | 1:06.09 |
| 3. Johan Remmits | ZPC Woerden | 1:08.22 | 196201159 | 1:07.78 | +0,74 | 32.89 | 1:07.78 |
| 4. Wiljam Nijenhuis | De IJssel | 1:13.29 | 196400547 | 1:11.78 | +0,84 | 35.12 | 1:11.78 |
| 5. John Stokx | DAW | 1:11.95 | 196401341 | 1:12.35 | +0,69 | 34.44 | 1:12.35 |
| 6. Ron Korzelius | ZPC AMERSFOORT | 1:11.72 | 196500513 | 1:12.55 | +0,71 | 35.42 | 1:12.55 |
| 7. Otto Jansen | LZ 1886 | 1:12.40 | 196501403 | 1:12.95 | +0,86 | 35.52 | 1:12.95 |
| 8. Wim van Mil | LZ 1886 | 1:17.98 | 196501597 | 1:15.67 | +0,73 | 37.31 | 1:15.67 |
| 9. Fred Heemstra | DAW | 1:14.14 | 196500357 | 1:16.56 | +0,69 | 36.08 | 1:16.56 |
| 10. Erik Wetsteijn | Swol 1894 | 1:17.64 | 196501019 | 1:17.84 | +0,78 | 38.38 | 1:17.84 |
| 11. Robin Prins | De Geul | 1:18.52 | 196200515 | 1:18.07 | +0,64 | 38.27 | 1:18.07 |
| 12. Fred Dijkshoorn | Zwemvereniging Westland | 1:17.94 | 196501539 | 1:18.78 | +0,78 | 37.60 | 1:18.78 |
| 13. Casper Dollekamp | Steenwijk 1934 | 1:17.28 | 196301341 | 1:19.70 | +0,54 | 38.20 | 1:19.70 |
| 14. Freddy v.d. Veen | ZVVS | 1:18.74 | 196601161 | 1:21.48 | +0,81 | 39.68 | 1:21.48 |
| 15. Robert de Brauwer | De Duinkickers | 1:24.15 | 196401383 | 1:24.06 | +0,72 | 38.82 | 1:24.06 |
| 16. Jack Barends | WS Twente | 1:23.06 | 196201011 | 1:24.30 | +0,89 | 41.57 | 1:24.30 |

Masters 55+

| | | | | | | | |
|-----------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Erik Kamphuis | De Rog | 1:20.63 | 196001035 | 1:14.60 | +0,73 | 37.00 | 1:14.60 |
| 2. Nico van Maanen | De Duck | 1:27.42 | 196100371 | 1:22.66 | +0,68 | 39.99 | 1:22.66 |
| 3. André Schutte | ZPC De Zeeuwse Kust | 1:25.71 | 196000521 | 1:25.10 | +0,84 | 40.92 | 1:25.10 |
| 4. Bart van Calker | WS Twente | 1:26.63 | 196100067 | 1:25.71 | +0,74 | 42.64 | 1:25.71 |
| 5. Harry Paas | ZVVS | 1:32.39 | 195800689 | 1:28.51 | +0,68 | 41.65 | 1:28.51 |
| AFGEM Dmitry Kromskiy | Poseidon | 1:10.43 | 037011 | | | | |

Masters 60+

| | | | | | | | |
|---------------------|--------|---------|-----------|----------------|-------|-------|---------|
| 1. Evertjan Masurel | PLONS | 1:18.42 | 195600495 | 1:19.53 | +0,76 | 37.86 | 1:19.53 |
| 2. Paul Bunnik | Triton | 1:19.45 | 195600413 | 1:24.91 | +0,75 | 40.63 | 1:24.91 |

Masters 65+

| | | | | | | | |
|-------------------------------|----------------|---------|--------|----------------|-------|-------|---------|
| 1. Veniamin Zhitlovskiy | Poseidon | 1:20.51 | 101753 | 1:18.89 | +0,78 | 38.54 | 1:18.89 |
| <i>Russian Masters Record</i> | | | | | | | |
| 2. Ludwig Lorenz | SV Gladbeck 13 | 1:38.73 | 127866 | 1:35.08 | +1,11 | 46.64 | 1:35.08 |

Masters 70+

| | | | | | | | |
|----------------------|----------|---------|--------|----------------|-------|-------|---------|
| 1. Mikhail Ulybyshev | Poseidon | 1:29.54 | 037037 | 1:29.58 | +0,78 | 43.10 | 1:29.58 |
|----------------------|----------|---------|--------|----------------|-------|-------|---------|

Masters 75+

| | | | | | | | |
|-------------------|------------|---------|-----------|----------------|-------|-------|---------|
| 1. Frans van Enst | WS Twente | 1:24.00 | 194000011 | 1:28.36 | +0,67 | 42.89 | 1:28.36 |
| 2. Jan Eichhorn | ZV Haerlem | 1:48.13 | 193700015 | 1:47.59 | +0,87 | 51.40 | 1:47.59 |

Programmanr. 44
24-01-2016 - 17:19

4 x 50m vrije slag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|---------------------|---------------------------------------|--|----------|----------------|-------|
| 80+, Dames | | | | | |
| 1. | NDD | 1:55.43 | | 1:52.65 | +0,73 |
| | <i>Kampioenschaps Record</i> | | | | |
| | Carmen Seesing 94 +0,73 27.66 | Eva Engelen 94 +0,44 28.53 | | | |
| | Olga Volman-Maiorova 85 +0,56 28.38 | Henriette ten Bokkel 94 +0,47 28.08 | | | |
| 2. | Merlet | 2:07.74 | | 2:06.87 | +0,91 |
| | Julie Thomassen 88 +0,91 31.48 | Elodie Siroen 90 +0,10 33.86 | | | |
| | Elske Eikholt 93 +0,37 34.23 | Kim Loeffen 94 +0,52 27.30 | | | |
| 3. | De Geul | 2:10.86 | | 2:08.70 | +0,79 |
| | Senna van Dongen 91 +0,79 31.11 | Claudia de Win 91 +0,43 34.26 | | | |
| | Chadassa Mannee 95 +0,60 34.02 | Carmen Muilwijk 95 +0,33 29.31 | | | |
| 4. | Steenwijk 1934 | 2:08.97 | | 2:09.89 | +0,86 |
| | Ilse Blankvoort 92 +0,86 33.51 | Charine de Ruiter 94 +0,59 31.33 | | | |
| | Tara Keijzer 91 +0,44 33.38 | Lonneke Oenema 91 +0,36 31.67 | | | |
| 5. | DWF | 2:08.88 | | 2:11.06 | +0,75 |
| | Anne de Heer 96 +0,75 31.83 | Talitha Boelen 95 +0,36 34.09 | | | |
| | Daniëlle de Klein 94 +0,22 34.05 | Debby Kraaijeveld 96 +0,36 31.09 | | | |
| 80+, Heren | | | | | |
| 1. | De Kempvis | 1:42.94 | | 1:40.39 | +0,66 |
| | Romero Hennep 93 +0,66 24.52 | Erik Wegman 92 +0,38 24.90 | | | |
| | Jory Sloof 90 +0,25 26.17 | Dennis Doove 92 +0,32 24.80 | | | |
| 2. | Merlet | 1:41.66 | | 1:41.21 | +0,79 |
| | Bas Berndes 89 +0,79 26.43 | Jelte Schuurmans 91 +0,36 25.25 | | | |
| | Dieder Schuurmans 95 +0,12 24.63 | Teun Strijbosch 96 +0,30 24.90 | | | |
| 3. | De Amstel | 1:46.93 | | 1:46.09 | +0,71 |
| | Nick Sijmons 95 +0,71 26.13 | Bart van der Zwaan 90 +0,30 27.02 | | | |
| | Nick Drenth 91 +0,54 27.31 | Jeffrey van 't Schip 91 +0,49 25.63 | | | |
| 80+, Gemengd | | | | | |
| 1. | De Zwoer | 1:48.81 | | 1:45.77 | +0,67 |
| | Sven Dogger 96 +0,67 24.29 | Suzanne Lange 92 +0,25 28.19 | | | |
| | Sigrid Dogger 92 +0,16 28.40 | Auke Koops 95 +0,24 24.89 | | | |
| 2. | ZPB H&L Productions 1 | 1:52.68 | | 1:56.55 | +0,76 |
| | Aylin van Uffelen 96 +0,76 31.67 | Brenda Geestman 87 +0,60 31.37 | | | |
| | Ruben Stolk 90 +0,63 27.49 | Lars Schoffelmeer 95 +0,41 26.02 | | | |
| AFGEM | De Veene 1 | 1:52.72 | | | |
| 100+, Dames | | | | | |
| 1. | ZPC Woerden | 1:54.04 | | 1:54.59 | +0,82 |
| | Ilse van den Wijngaard 89 +0,82 29.45 | Mandy Verbakel 90 +0,50 28.80 | | | |
| | Sabine Lina 89 +0,55 28.81 | Jamilla van Veen 96 +0,57 27.53 | | | |
| 2. | The Hague Swimming (SG) 1 | 1:56.55 | | 1:58.50 | +0,90 |
| | Sandra Hoofs-Buil 66 +0,90 33.44 | Amber Reijm 94 +0,60 29.28 | | | |
| | Daphne Lankhorst 94 +0,28 28.42 | Maud Hoofs 95 +0,34 27.36 | | | |
| 3. | WS Twente 1 | 2:00.43 | | 2:02.58 | +1,06 |
| | Henriette de Vries 89 +1,06 31.64 | Laura Lutjes 90 +0,52 31.09 | | | |
| | Paulien Schokker 83 +0,64 31.04 | Annelette Reefhuis-de Vries 86 +0,40 28.81 | | | |
| 4. | GZVW 2 | 2:07.68 | | 2:08.79 | +0,75 |
| | Josse van Geffen 86 +0,75 32.58 | Relinda Baas 89 +0,52 33.55 | | | |
| | Nadine Blouw 93 +0,35 32.30 | Marijke Pras 92 +0,35 30.36 | | | |
| 5. | CNSW | 2:08.26 | | 2:10.32 | +0,87 |
| | Melina Dejonckheere 91 +0,87 32.23 | Charlotte Six 88 +0,65 32.67 | | | |
| | Sandra Koenig 86 +0,27 33.81 | Isaline Manchel 85 +0,34 31.61 | | | |
| 6. | Sassenheim 1 | 2:08.20 | | 2:11.87 | +0,72 |
| | Sanne Kruijer 95 +0,72 34.75 | Evelien Meeuwissen 75 +0,42 32.28 | | | |
| | Maaïke Hofland 92 +0,38 35.32 | Rianne Hofland 88 +0,43 29.52 | | | |

Programmanr. 44, 4 x 50m vrije slag

100+, Heren

| | | | | | | |
|---------------------|----------------|-------|------------------|----------|----------------|-------|
| 1. Steenwijk 1934 1 | Steenwijk 1934 | | 1:41.87 | | 1:41.25 | +0,71 |
| Mike Koelewijn | 93 +0,71 | 25.23 | Robert Braad | 86 +0,28 | 26.24 | |
| Rick Driezen | 86 +0,58 | 25.31 | Lauren Vis | 82 +0,36 | 24.47 | |
| 2. De Geul 1 | De Geul | | 1:43.80 | | 1:41.66 | +0,67 |
| Jesse de Win | 96 +0,67 | 25.70 | Wouter de Win | 86 +0,21 | 24.90 | |
| Martijn de Win | 88 +0,44 | 26.72 | Jasper de Win | 93 +0,23 | 24.34 | |
| 3. MSV-Zeemacht 1 | MSV-Zeemacht | | 1:53.63 | | 1:49.92 | +0,94 |
| Twan Rozie | 91 +0,94 | 30.80 | Michael Bes | 72 +0,37 | 26.92 | |
| Gerben Rozie | 90 +0,16 | 28.25 | Christiaan Zwaal | 95 +0,14 | 23.95 | |
| 4. Merlet 2 | Merlet | | 1:54.96 | | 1:52.29 | +0,81 |
| Tom Pijnappel | 89 +0,81 | 32.59 | Mark Effing | 86 +0,46 | 27.48 | |
| Ronald Vullings | 87 +0,13 | 26.63 | Joppe Schuurmans | 89 +0,13 | 25.59 | |

100+, Gemengd

| | | | | | | |
|---------------------|----------|-------|-------------------|----------|----------------|-------|
| 1. Wiekslag 1 | Wiekslag | | 1:49.55 | | 1:46.10 | +0,68 |
| Robbert Donk | 89 +0,68 | 23.74 | Sylvana Kusters | 94 +0,58 | 30.17 | |
| Heijmen van Vliet | 80 +0,53 | 25.81 | Milou Julicher | 93 +0,10 | 26.38 | |
| 2. EZC 1 | EZC | | 1:51.69 | | 1:49.32 | +0,67 |
| Merel van der Kieft | 92 +0,67 | 28.31 | Lianne Molkenboer | 96 +0,43 | 28.80 | |
| Huib Mars | 87 +0,34 | 26.26 | Joël Dam | 88 +0,23 | 25.95 | |
| 3. AZC 2 | AZC | | 1:51.21 | | 1:50.00 | +0,83 |
| Julia Wortman | 96 +0,83 | 29.14 | Lex Wortman | 95 +0,31 | 27.26 | |
| Auke de Lange | 86 +0,29 | 28.88 | Joeri Stoffels | 73 +0,19 | 24.72 | |
| 4. WVZ 1 | WVZ | | 1:50.13 | | 1:50.28 | +0,77 |
| Isabelle Massar | 91 +0,77 | 28.75 | Bas v.d. Laan | 83 +0,15 | 27.43 | |
| Manon van Strien | 94 +0,64 | 28.27 | Vincent de Vries | 96 +0,63 | 25.83 | |

120+, Dames

| | | | | | | |
|-------------------------------------|--------------|-------|----------------------|----------|----------------|-------|
| 1. PSV 1 | PSV | | 2:04.24 | | 2:01.96 | +0,88 |
| Elles van Leeuwen | 86 +0,88 | 31.07 | Jolanda van Gendt | 78 +0,51 | 32.06 | |
| Renee de Kok | 84 +0,09 | 29.99 | Nienke van Stipriaan | 87 +0,34 | 28.84 | |
| 2. WVZ 1 | WVZ | | 2:06.55 | | 2:03.42 | +0,74 |
| Petra Versteegen | 77 +0,74 | 31.61 | Linda Hoogendam | 83 +0,40 | 31.01 | |
| Fleur Maas | 89 +0,44 | 31.12 | Yvonne Gerritsen | 80 +0,62 | 29.68 | |
| 3. DAW 1 | DAW | | 2:06.69 | | 2:04.34 | +0,77 |
| Sandra Zwaanswijk | 85 +0,77 | 29.79 | Wieteke Elzinga | 86 +0,40 | 30.88 | |
| Ingeborg Stokx | 67 +0,22 | 35.06 | Maaïke Vooren | 91 +0,42 | 28.61 | |
| 4. MSV-Zeemacht 1 | MSV-Zeemacht | | 2:06.36 | | 2:04.45 | +0,94 |
| Wendy van der Kruk | 71 +0,94 | 33.18 | Suzanne Mosch | 94 +0,31 | 27.75 | |
| Annette van Dok | 68 +0,70 | 36.26 | Tessa Mosch | 91 +0,17 | 27.26 | |
| 5. De Meer 1 | De Meer | | 2:10.42 | | 2:07.16 | +0,75 |
| Lindsey Hol | 90 +0,75 | 31.44 | Nadège van Meeteren | 74 +0,56 | 32.81 | |
| Christa Verploeg | 74 +0,47 | 33.98 | Eline van Gemert | 95 +0,23 | 28.93 | |
| 6. Budel 1 | Budel | | 2:17.62 | | 2:24.39 | +0,80 |
| Jolanda Knippenberg | 66 +0,80 | 41.70 | Elly Scheepers | 91 +0,55 | 35.44 | |
| Miriam Stevens | 69 +0,66 | 37.29 | Joyce Raemaekers | 91 +0,15 | 29.96 | |
| DIS De Lansingh 1 | De Lansingh | | 2:11.53 | | | +0,82 |
| <i>EA - Took over too quickly**</i> | | | | | | |
| Els Brenkman-Gerritse | 64 +0,82 | 36.53 | Wendy Mets | 91 +0,59 | 30.40 | |
| Jacqueline Rolloos-Bakkers | 63 +0,02 | 33.15 | Aniek Huijsman | 88 -0,07 | | |
| AFGEM ESCA Zwemmen 1 | ESCA Zwemmen | | 2:16.48 | | | |

Programmanr. 44, 4 x 50m vrije slag

120+, Heren

| | | | | | | | |
|----|--|-------------------------|---------|--------------------|----------|----------------|-------|
| 1. | d'ELFT WAVE (SG) 1 <i>Nederlands Masters Record</i> | d'ELFT WAVE (SG) | 1:38.61 | | | 1:37.28 | +0,70 |
| | Roderik Meijers | 86 +0,70 | 24.82 | Erik Simons | 89 +0,37 | 23.72 | |
| | Egbert Stolk | 76 +0,42 | 25.02 | Nol van Thull | 80 +0,42 | 23.72 | |
| 2. | Zwemvereniging Hoogland 1 | Zwemvereniging Hoogland | 1:46.70 | | | 1:45.09 | +0,78 |
| | Dan Doan | 95 +0,78 | 26.62 | David Wendt | 82 +0,55 | 25.91 | |
| | Yuri van Omme | 85 +0,24 | 26.09 | Rutger Stam | 81 +0,25 | 26.47 | |
| 3. | ZVVS 1 | ZVVS | 1:46.17 | | | 1:45.90 | +0,94 |
| | Rene de Jong | 66 +0,94 | 28.68 | Thomas Grudelbach | 95 +0,34 | 27.53 | |
| | Bas v.d. Nouwelant | 80 +0,19 | 25.70 | Nick Cleintuar | 95 +0,35 | 23.99 | |
| 4. | MGO (SG) 1 | MGO (SG) | 1:48.91 | | | 1:47.78 | +0,78 |
| | Kees Akershoek | 69 +0,78 | 27.36 | Niels Albrechts | 88 +0,34 | 26.78 | |
| | Ramon van Huizen | 94 +0,35 | 27.01 | Martijn van Hoorn | 89 | 26.63 | |
| 5. | LZ 1886 1 | LZ 1886 | 1:46.14 | | | 1:49.40 | +1,68 |
| | Boy Heijnekamp | 89 +1,68 | 27.30 | Otto Jansen | 65 +0,31 | 27.81 | |
| | Kristiaan Lenos | 83 +0,32 | 25.18 | Nick van der Krogt | 95 +0,44 | 29.11 | |
| 6. | De Duinkickers 1 | De Duinkickers | 1:58.56 | | | 1:58.98 | +0,66 |
| | Marcel Brittijn | 69 +0,66 | 30.27 | Sven van Zanten | 90 +0,23 | 28.72 | |
| | Robin Eggenkamp | 87 +0,69 | 30.61 | Robert de Brauwer | 64 +0,36 | 29.38 | |

120+, Gemengd

| | | | | | | | |
|-----|------------------------|-------------|---------|------------------------|----------|----------------|-------|
| 1. | ZVVS 2 | ZVVS | 1:52.48 | | | 1:50.10 | +0,74 |
| | Nadya Putter | 83 +0,74 | 29.61 | Manon van Rooijen | 82 +0,47 | 29.97 | |
| | Finn van der Bas | 84 +0,44 | 25.73 | Paul Brinkman | 84 +0,42 | 24.79 | |
| 2. | DWK 1 | DWK | 1:52.78 | | | 1:51.44 | +0,93 |
| | Liesbeth van Mill | 87 +0,93 | 32.69 | Pauline Gouwens | 84 +0,61 | 26.73 | |
| | Martin Kaptein | 67 +0,48 | 26.68 | Robin Eltink | 94 +0,42 | 25.34 | |
| 3. | De Ward 1 | De Ward | 1:53.86 | | | 1:52.41 | +0,94 |
| | Yvette Ratering | 72 +0,94 | 30.01 | Eva Kattouw | 94 +0,33 | 28.54 | |
| | Niels Versteeg | 95 +0,61 | 26.37 | Antwan van Engen | 71 +0,64 | 27.49 | |
| 4. | Montferland 1 | Montferland | 1:56.15 | | | 1:55.26 | +0,80 |
| | Martijn Giezen | 85 +0,80 | 26.13 | Wilma van Velsen | 64 +0,44 | 30.48 | |
| | Angela Giezen | 83 +0,53 | 32.25 | Maik Steenkamp | 91 +0,40 | 26.40 | |
| 5. | NIMO 1 | NIMO | 1:58.63 | | | 1:57.10 | +0,74 |
| | Freddie Geerlings | 79 +0,74 | 26.83 | Richard Rickson | 70 +0,41 | 26.21 | |
| | Lieke Janssen | 93 +0,63 | 31.75 | Nieske Janssen | 96 +0,47 | 32.31 | |
| 6. | MGO (SG) 1 | MGO (SG) | 2:02.17 | | | 1:57.87 | +0,88 |
| | Addie Vroegindewej | 78 +0,88 | 28.46 | Marjon van Kempen | 80 +0,55 | 29.91 | |
| | Whitley Rens | 90 +0,25 | 31.53 | Frank van der Voordt | 83 +0,33 | 27.97 | |
| 7. | CNSW | CNSW | 2:05.83 | | | 2:05.44 | +0,85 |
| | Juan Vinagre Sendino | 90 +0,85 | 26.57 | Severine Bayre | 78 +0,84 | 34.12 | |
| | Cora Vinagre Sendino | 88 +0,47 | 32.06 | Mohamed Abou Gebba | 75 +0,06 | 32.69 | |
| 8. | DWF 1 | DWF | 2:08.65 | | | 2:06.73 | +0,76 |
| | Lisette Van Sintruijse | 91 +0,76 | 34.54 | Marian Nederlof | 76 +0,53 | 31.62 | |
| | John van Heteren | 93 +0,48 | 31.37 | Jan Willem Nederveen | 66 +0,57 | 29.20 | |
| 9. | GoSwim 1 | GoSwim | 2:08.27 | | | 2:11.89 | +0,97 |
| | Linda Kerkmeester | 74 +0,97 | 41.02 | Martin van Vaardegem | 82 +0,61 | 29.37 | |
| | Tessa Lukassen | 87 +0,65 | 32.75 | Erwin Beringen | 66 +0,22 | 28.75 | |
| 10. | Octopus 1 | Octopus | 2:07.02 | | | 2:12.10 | +0,81 |
| | Margriet Aan het Rot | 86 +0,81 | 36.14 | Annebeth van Ark | 88 +0,37 | 35.81 | |
| | Henk van Zetten | 67 +0,16 | 35.40 | Casper Muselaers | 96 +0,52 | 24.75 | |
| 11. | Budel 1 | Budel | 2:27.41 | | | 2:16.63 | +1,23 |
| | Jan-Pieter Broos | 68 +1,23 | 37.08 | Judith van der Heijden | 70 +0,47 | 36.49 | |
| | Carola Hompes | 88 +0,54 | 33.23 | Dyon de Greef | 82 +0,22 | 29.83 | |

Programmanr. 44, 4 x 50m vrije slag

160+, Dames

| | | | | | |
|-----|--|-------------------------|---------|---------------------------------|----------|
| 1. | ZVVS 1 | ZVVS | 2:16.73 | 2:11.55 | +0,88 |
| | Ada de Voogd | 59 +0,88 | 33.65 | Joyce Brummelkamp | 70 +0,51 |
| | Ramona Noordermeer | 94 +0,68 | 31.86 | Helena Mels | 69 +0,55 |
| 2. | Old Dutch 1 | Old Dutch | 2:15.52 | 2:12.68 | +0,88 |
| | Chantal Verhooff | 79 +0,88 | 30.16 | Karin van Nassau van den Heuvel | 66 +0,50 |
| | Claudia van der Straate de Jong | 80 +0,62 | 33.03 | Chantal Gerritsen-Driesen | 76 +0,64 |
| 3. | De Geul 2 | De Geul | 2:25.34 | 2:12.77 | +0,90 |
| | Marjke Campfens | 69 +0,90 | 33.17 | Aafke Groot | 83 +0,45 |
| | Denise van Dongen | 72 +0,44 | 33.45 | Susanne Prins - Molenwijk | 66 +0,29 |
| 4. | De Rog 1 | De Rog | 2:18.83 | 2:14.94 | +0,75 |
| | Sandra Peeters-Wiermans | 74 +0,75 | 33.44 | Catarina Matos | 72 +0,28 |
| | Ageeth Westenbrink | 67 +0,39 | 36.15 | Arianne Hamakers | 67 +0,26 |
| 5. | DWK 1 | DWK | 2:24.63 | 2:23.44 | +0,82 |
| | Iris van Aurich | 69 +0,82 | 32.95 | Jennie Resink-Lindeboom | 60 +0,48 |
| | Greta Wyma-Teitsma | 71 +0,69 | 39.73 | Ellen van Wingerden-Dijkhuizen | 69 +0,44 |
| DIS | Zwemvereniging Westland 1 | Zwemvereniging Westland | 2:12.50 | | |
| | <i>AA - Started before the starting signal</i> | | | | |
| | Eike Nuijten, Jacqueline van den Beukel, Petra Schoon-Spaans, Mirjan den Drijver-Aarse | | | | |
| NG | De Fuut 1 | De Fuut | 2:21.06 | | |

160+, Heren

| | | | | | |
|-------|---------------------------|-------------------------|---------|---------------------|----------|
| 1. | De Golenberg 1 | De Golenberg | 1:46.26 | 1:44.72 | +0,75 |
| | Geert Wijn | 67 +0,75 | 26.86 | John Cobussen | 75 +0,17 |
| | Erik Lamers | 75 +0,36 | 26.54 | Marcel van Winssen | 71 +0,28 |
| 2. | DAW 1 | DAW | 1:49.37 | 1:45.63 | +0,72 |
| | Kars Luttik | 78 +0,72 | 26.84 | Alex Damen | 75 +0,42 |
| | Pieter van Gemeren | 69 +0,43 | 26.93 | Joost Hoetjes | 78 +0,21 |
| 3. | WS Twente 1 | WS Twente | 1:48.45 | 1:47.02 | +0,84 |
| | Paul Jurcka | 69 +0,84 | 27.13 | Robin Mäkel | 68 +0,33 |
| | Marcel Reefhuis | 81 +0,51 | 27.25 | Arno Hofmeijer | 69 +0,42 |
| 4. | ZV Haerlem 1 | ZV Haerlem | 1:51.38 | 1:48.90 | +0,89 |
| | Villi Adam | 69 +0,89 | 28.55 | Hans Kroes | 65 +0,46 |
| | Simon Franken | 66 +0,46 | 28.72 | Ron Dekker | 66 +0,26 |
| 5. | Zwemvereniging Westland 1 | Zwemvereniging Westland | 1:53.72 | 1:51.22 | +0,74 |
| | Mark Beijer | 66 +0,74 | 29.78 | Philip van der Gaag | 68 +0,19 |
| | Pieter Broek | 77 +0,38 | 26.91 | Ronald Koeckhoven | 81 +0,15 |
| 6. | Swol 1894 1 | Swol 1894 | 1:56.00 | 1:54.29 | +0,74 |
| | Erik Wetsteijn | 65 +0,74 | 29.70 | Peter Lommert | 79 +0,25 |
| | Johan Wezenberg | 76 +0,54 | 28.41 | Michael van Bekkum | 72 +0,36 |
| 7. | Budel 1 | Budel | 2:01.69 | 2:03.26 | +0,86 |
| | Joost van Eerd | 69 +0,86 | 32.46 | Ruud Kennis | 65 +0,09 |
| | Albert Roosenboom | 71 +0,27 | 31.56 | Wiljo Mackus | 71 +0,61 |
| 8. | De Fuut 2 | De Fuut | 2:12.95 | 2:15.88 | +0,86 |
| | Bob Nieuwenhuys | 62 +0,86 | 30.79 | Jesper de Lange | 86 +0,86 |
| | Peter Schielen | 65 +0,75 | 32.89 | Sander Nieuwenhuys | 68 +0,61 |
| AFGEM | Upstream Amsterdam 1 | Upstream Amsterdam | 1:44.00 | | |

160+, Gemengd

| | | | | | |
|----|--------------------------|----------------------|---------|-----------------------|----------|
| 1. | De Biesboschzwemmers 1 | De Biesboschzwemmers | 1:53.41 | 1:53.95 | +0,76 |
| | Harry Cornet | 71 +0,76 | 25.59 | Annette Wijnja-Visser | 67 +0,32 |
| | Arjon de Bok | 69 +0,44 | 28.04 | Marjo Goelema-Koek | 69 +0,33 |
| 2. | TRB-RES 1 | TRB-RES | 1:54.59 | 1:54.92 | +0,73 |
| | Edith Janssen-Koolen | 73 +0,73 | 29.65 | Marcel Tuerlings | 66 +0,15 |
| | Maike Korthout | 94 +0,40 | 28.91 | Rob Verheul | 66 +0,13 |
| 3. | De Dinkel 1 | De Dinkel | 1:57.68 | 1:54.99 | +0,92 |
| | Franca Johannink-Willeme | 84 +0,92 | 29.98 | Anja Tijink | 64 +0,44 |
| | Richard Lucas | 70 +0,47 | 27.75 | Rogier Becker | 73 +0,43 |
| 4. | ZPC De Zeeuwse Kust 1 | ZPC De Zeeuwse Kust | 1:58.11 | 1:56.95 | +0,73 |
| | Jan Brink | 62 +0,73 | 26.88 | Natasja Forat | 77 +0,40 |
| | Tamara Nordin | 87 +0,62 | 32.90 | Arno Wouters | 58 +0,23 |
| 5. | Triton 1 | Triton | 1:58.51 | 1:57.72 | +0,74 |
| | Angela Koekkoek | 79 +0,74 | 29.20 | Paul Bunnik | 56 +0,22 |
| | Francine Sommer | 62 +0,42 | 33.38 | Tim Bunnik | 90 +0,29 |

Programmanr. 44, Gemengd, 4 x 50m vrije slag, 160+

| rang | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|---------------------|----------------|-------------------------------|----------------|-------|
| 6. | RZC | 2:00.91 | | 2:00.79 | +0,86 |
| | Bert de Weerd | 67 +0,86 27.76 | Rita van der Horst | 69 +0,20 30.84 | |
| | Geert van Duinhoven | 64 +0,43 29.70 | Jule Verschoor-Holland | 75 +0,16 32.49 | |
| 7. | ZPC AMERSFOORT 2 | 2:01.54 | | 2:00.94 | +1,08 |
| | Ronald Pijtak | 61 +1,08 34.47 | Atie Pijtak-Radersma | 56 +0,41 30.61 | |
| | Iris Pijtak | 93 +0,18 28.72 | Mark Pijtak | 90 +0,44 27.14 | |
| 8. | WVZ 2 | 2:05.86 | | 2:05.14 | +0,80 |
| | Tessa Verheijdt | 89 +0,80 32.99 | Harald Mulder | 67 +0,45 31.07 | |
| | Yvette Kilian | 66 +0,35 33.37 | Arthur van Strien | 63 +0,39 27.71 | |
| 9. | WIDEX GZC DONK 2 | 2:04.00 | | 2:06.28 | +0,78 |
| | Nathasja Konijn | 71 +0,78 36.52 | Jacqueline de Ruiter-Wijnolst | 74 +0,45 31.36 | |
| | Niels van Dam | 90 +0,39 28.79 | Adrian Ortiz Buitrago | 60 +0,38 29.61 | |
| 10. | AZC 3 | 2:09.50 | | 2:07.34 | +0,86 |
| | Mariska Zaal | 88 +0,86 32.69 | Wim de Lange | 58 +0,39 30.51 | |
| | Sandra Daamen-Posma | 68 +0,37 34.99 | Michael Go | 75 +0,47 29.15 | |
| 11. | De Gelenberg 1 | 2:03.95 | | 2:07.99 | +0,88 |
| | Debby Wagenveld | 72 +0,88 34.15 | Sylvia Reijers | 82 +0,71 35.24 | |
| | Rob Janssen | 70 +0,44 30.27 | Harold Brouwer | 72 +0,48 28.33 | |
| 12. | ZPC AMERSFOORT 1 | 2:15.11 | | 2:10.97 | +0,76 |
| | Ron Korzelius | 65 +0,76 28.58 | Wouter van 't Klooster | 88 +0,47 29.99 | |
| | Françoise Duran | 69 +0,42 36.82 | Friderika Kerekes | 65 35.58 | |
| 13. | Steenwijk 1934 2 | 2:13.26 | | 2:19.24 | +0,93 |
| | Arnold Kiburg | 75 +0,93 31.92 | Inge Lolkema-Soeters | 73 +0,37 35.72 | |
| | Hans van Scheepen | 62 +0,35 37.17 | Wilna Heijman | 64 +0,34 34.43 | |
| 14. | Den Doorn 1 | 2:14.49 | | 2:20.97 | +0,77 |
| | Nico Swart | 68 +0,77 29.90 | Antoinette Kant | 69 +0,22 34.17 | |
| | Ineke Branderhorst | 69 +0,51 46.54 | Wouter van der Stelt | 72 +0,43 30.36 | |

200+, Dames

| | | | | | |
|-------|------------------|----------------|-----------------------|----------------|-------|
| 1. | PSV 2 | 2:21.00 | | 2:18.43 | +0,88 |
| | Corrie Verhoeven | 46 +0,88 35.99 | Gudule van der Meer | 72 +0,58 30.30 | |
| | Gonnie Bak | 51 +0,46 41.13 | Liselotte Joling | 75 +0,74 31.01 | |
| 2. | Swol 1894 1 | 2:26.94 | | 2:22.47 | +0,78 |
| | Annet Kootstra | 71 +0,78 35.71 | Marjan Spoelstra | 60 +0,54 38.39 | |
| | Annemarie Vuisst | 63 +0,33 35.91 | Christien Nieuwenhuis | 51 +0,27 32.46 | |
| AFGEM | De Dinkel 1 | 2:22.78 | | | |

200+, Heren

| | | | | | |
|-------|----------------------------------|----------------|--------------------|----------------|-------|
| 1. | De Rog 1 | 1:48.65 | | 1:47.04 | +0,65 |
| | <i>Nederlands Masters Record</i> | | | | |
| | Peter Bensen | 63 +0,65 25.30 | Rob Spetter | 62 +0,34 27.60 | |
| | Erik Kamphuis | 60 +0,38 28.64 | Glen le Clercq | 68 +0,39 25.50 | |
| 2. | Zwemvereniging Hoogland 2 | 2:02.57 | | 2:02.93 | +0,79 |
| | Paul de Boer | 68 +0,79 29.16 | Jos Kamps | 51 +0,21 33.09 | |
| | Rudolf Meijer | 60 +0,46 30.43 | Jan Vonk | 54 +0,49 30.25 | |
| 3. | De Rog 2 | 2:23.03 | | 2:13.95 | +0,88 |
| | Roy le Clercq | 64 +0,88 31.35 | Joost Kasper | 79 +0,54 35.08 | |
| | Sjoerd van de Berg | 54 +0,31 37.66 | Cees Kersten | 64 +0,11 29.86 | |
| 4. | ZVVS 2 | 2:15.05 | | 2:14.56 | +1,05 |
| | Willem Putter | 45 +1,05 34.48 | Marco Schoenmakers | 64 +0,42 35.17 | |
| | Gertjan van der Vaart | 68 +0,64 32.46 | Roan Doves | 75 +0,73 32.45 | |
| AFGEM | Poseidon 1 | 1:50.00 | | | |
| AFGEM | WS Twente 2 | 1:53.21 | | | |
| AFGEM | DAW 2 | 1:54.61 | | | |

Programmanr. 44, 4 x 50m vrije slag

200+, Gemengd

| | | | | | |
|----|-------------------------|----------------|---------|----------------------|----------|
| 1. | ZPC Woerden 1 | ZPC Woerden | 2:03.21 | 1:58.70 | +1,19 |
| | John Brandsen | 65 +1,19 | 31.83 | Johan Remmits | 62 +0,47 |
| | Marjan Remmits-De Lange | 63 +0,33 | 30.05 | Marja Verwoerd | 69 +0,48 |
| 2. | De Futen 1 | De Futen | 2:12.75 | 2:11.01 | +0,91 |
| | Alison Gilbert | 53 +0,91 | 34.44 | Anne Waller | 61 +0,38 |
| | Arnold de Rover | 64 +0,40 | 27.29 | Matteo Mattacchione | 78 +0,27 |
| 3. | AZC 1 | AZC | 2:13.76 | 2:13.63 | +0,91 |
| | Geza Kaltenecker | 42 +0,91 | 36.88 | Kirsten Savelberg | 79 +0,38 |
| | Monique Munnik | 62 +0,67 | 36.43 | Guido Keutgen | 68 +0,20 |
| 4. | WIDEX GZC DONK 1 | WIDEX GZC DONK | 2:10.67 | 2:17.52 | +1,01 |
| | Lia Bijkerk | 60 +1,01 | 39.19 | Feikje Wittermans | 64 +0,55 |
| | Pierre de Groot | 64 +0,51 | 32.29 | Willem Jan Ribberink | 65 +0,64 |
| 5. | ZVVS 1 | ZVVS | 2:20.92 | 2:18.76 | +0,81 |
| | Paula 't Hart-Buitelaar | 77 +0,81 | 35.11 | Harry Paas | 58 +0,44 |
| | Gonnie Paas | 62 +0,63 | 37.56 | Emiel van Elderen | 56 +0,76 |
| 6. | Steenwijk 1934 1 | Steenwijk 1934 | 2:34.22 | 2:45.89 | +0,73 |
| | Casper Dollekamp | 63 +0,73 | 32.59 | Huyb Stegeman | 67 +0,56 |
| | Ciska Wagter | 70 +0,64 | 44.38 | Riekje Schra | 64 +0,52 |
| 7. | De Geul 1 | De Geul | 2:52.32 | 2:48.96 | +0,89 |
| | Annemarie Straetemans | 63 +0,89 | 44.36 | Sorin Beschia | 57 +0,54 |
| | Geerdien Meerwaldt | 52 +0,43 | 49.58 | Jeff van Loon | 70 +0,28 |

240+, Heren

| | | | | | |
|----|----------------------------------|----------|---------|------------------------|----------|
| 1. | WWV 1 | WWV | 1:59.38 | 1:57.84 | +0,96 |
| | <i>Nederlands Masters Record</i> | | | | |
| | Theo Schouten | 46 +0,96 | 32.61 | Robert Vink | 63 +0,43 |
| | Ruud Ruiters | 53 +0,30 | 29.24 | Kees-Jan van Overbeeke | 62 +0,29 |
| 2. | PSV 1 | PSV | 2:10.91 | 2:06.90 | +0,81 |
| | Bart van Doesburg | 56 +0,81 | 32.35 | Rob Hemesath | 61 +0,52 |
| | Rob Hanou | 43 +0,56 | 36.30 | Joop Ariaens | 59 +0,55 |
| 3. | UZSC 1 | UZSC | 2:14.43 | 2:10.43 | +0,93 |
| | Tom Meijnen | 44 +0,93 | 36.04 | Wim Scherpenisse | 55 +0,47 |
| | Frederik Eshuis | 59 +0,53 | 32.64 | Nartano Gilijn | 55 +0,52 |

240+, Gemengd

| | | | | | |
|----|--|-----------|---------|--------------------------|------------|
| 1. | WS Twente 1 | WS Twente | 2:14.58 | 2:13.77 | +0,76 |
| | Jeannette Ruesink | 63 +0,76 | 33.88 | Frans van Enst | 40 +0,57 |
| | Marjke Kraak-Beckers | 60 +0,32 | 32.84 | Bart van Calker | 61 +0,22 |
| 2. | CNSW | CNSW | 2:21.66 | 2:21.43 | +0,70 |
| | <i>Belgisch Masters Record, startzwemmer Belgisch Record</i> | | | | |
| | Lionel Godeaux | 60 +0,70 | 25.74 | Anne De Sauvage | 55 +0,72 |
| | Claire Anthony | 57 +0,51 | 34.93 | Kevork Boyrazian | 44 +0,53 |
| 3. | Poseidon 1 | Poseidon | 2:18.00 | 2:22.49 | +1,20 |
| | Mikhail Ulybyshev | 46 +1,20 | 33.97 | Valentina Ulybysheva | 48 +0,81 |
| | Olga Kedrova | 60 +0,75 | 34.18 | Veniamin Zhitlovskiy | 51 +0,71 |
| 4. | DAW 1 | DAW | 2:35.96 | 2:31.86 | +0,83 |
| | Petra Tossings | 61 +0,83 | 33.89 | Mieke Strijbis-v.d.Kroft | 45 +0,78 |
| | Nello Spiteri | 52 +0,53 | 37.40 | Jaap Kwakkel | 47 +0,49 |
| 5. | Old Dutch 1 | Old Dutch | 2:38.71 | 2:40.81 | +0,79 |
| | Phil Trethewie | 65 +0,79 | 27.33 | Nancy Lee | 69 +0,65 |
| | Frans Antonissen | 55 +0,36 | 34.40 | Annie de Vos | 34 1:03.44 |

280+, Gemengd

| | | | | | |
|----|------------------------------|-----------|---------|----------------|----------|
| 1. | Old Dutch 2 | Old Dutch | 3:12.78 | 3:16.60 | +1,15 |
| | <i>Kampioenschaps Record</i> | | | | |
| | Matty van der Veen | 44 +1,15 | 48.84 | Nico Baay | 42 +0,74 |
| | Mar van Geel | 47 +0,72 | 45.12 | Truus Ruiters | 40 +0,64 |