

vrijeslag meisjes/dames

Meisjes, Junioren 3 en later

| | | | | 50m vs | 100m vs | 200m vs | |
|----------------------|----|--------|----------------|--------|---------|---------|---------|
| 1. Gabriëlle Bolk | 99 | 04-002 | 3:53.35 | 3 | 29.43 | 1:03.98 | 2:19.94 |
| 2. Louiza Kamp | 99 | 04-035 | 4:10.33 | 3 | 31.15 | 1:09.18 | 2:30.00 |
| 3. Alies Wagter | 99 | 04-023 | 4:19.94 | 3 | 29.89 | 1:09.36 | 2:40.69 |
| 4. Britt Brandsma | 01 | 04-035 | 4:20.83 | 3 | 32.33 | 1:09.47 | 2:39.03 |
| 5. Selina Doldersum | 00 | 04-058 | 4:28.29 | 3 | 34.41 | 1:13.49 | 2:40.39 |
| 6. Desiree Rave | 99 | 04-058 | 4:32.25 | 3 | 34.51 | 1:16.26 | 2:41.48 |
| 7. Femke Kemper | 00 | 04-035 | 4:38.37 | 3 | 34.70 | 1:15.58 | 2:48.09 |
| 8. Manon Post | 01 | 04-035 | 4:38.73 | 3 | 33.33 | 1:14.53 | 2:50.87 |
| 9. Hilde Hollander | 00 | 04-058 | 4:39.78 | 3 | 34.51 | 1:15.29 | 2:49.98 |
| 10. Nicole Zijlstra | 99 | 04-035 | 4:42.29 | 3 | 34.13 | 1:16.00 | 2:52.16 |
| 11. Jana Hekman | 01 | 04-044 | 5:01.86 | 3 | 36.20 | 1:22.53 | 3:03.13 |
| 12. Anouk Boltendal | 00 | 04-035 | 5:09.26 | 3 | 38.10 | 1:25.47 | 3:05.69 |
| 13. Stefanie Leuning | 01 | 04-021 | 5:32.79 | 3 | 39.36 | 1:29.63 | 3:23.80 |

Meisjes, Jeugd 1 en 2

| | | | | 50m vs | 100m vs | 200m vs | |
|-----------------------------|----|--------|----------------|--------|---------|---------|---------|
| 1. Elianne Huitema | 97 | 04-044 | 4:01.11 | 3 | 30.61 | 1:06.24 | 2:24.26 |
| 2. Rosemarijn van Zeijderve | 97 | 04-035 | 4:24.19 | 3 | 32.45 | 1:11.55 | 2:40.19 |
| 3. Sya de Haan | 98 | 04-021 | 5:01.14 | 3 | 38.52 | 1:24.14 | 2:58.48 |
| 4. Anna Werkman | 98 | 04-023 | 5:10.62 | 3 | 36.89 | 1:24.25 | 3:09.48 |
| 5. Manon Veenstra | 98 | 04-025 | 5:22.54 | 3 | 36.73 | 1:28.24 | 3:17.57 |

Dames, Senioren 1 en 2

| | | | | 50m vs | 100m vs | 200m vs | |
|--------------------|----|--------|----------------|--------|---------|---------|---------|
| 1. Jonne Kampen | 95 | 04-002 | 4:04.93 | 3 | 30.58 | 1:05.79 | 2:28.56 |
| 2. Lieke van Essen | 95 | 04-002 | 4:08.00 | 3 | 31.57 | 1:08.14 | 2:28.29 |
| 3. Ayleen Lubbinge | 95 | 04-021 | 4:28.00 | 3 | 32.45 | 1:12.79 | 2:42.76 |

Dames, Senioren

| | | | | 50m vs | 100m vs | 200m vs | |
|----------------------|----|--------|----------------|--------|---------|---------|---------|
| 1. Iris Riezebos | 94 | 04-058 | 3:53.93 | 3 | 28.39 | 1:02.50 | 2:23.04 |
| 2. Charine de Ruiter | 94 | 04-025 | 4:27.07 | 3 | 32.57 | 1:12.77 | 2:41.73 |

vrijeslag jongens/heren

Jongens, Junioren 2 en later

| | | | | 50m vs | 100m vs | 200m vs | |
|--------------------------|----|--------|----------------|--------|---------|---------|---------|
| 1. Timo de Vries | 99 | 04-025 | 4:13.29 | 3 | 30.67 | 1:09.13 | 2:33.49 |
| 2. Douwe Beunk | 99 | 04-035 | 4:21.53 | 3 | 30.42 | 1:09.64 | 2:41.47 |
| 3. Raymond van Unen | 00 | 04-058 | 4:34.08 | 3 | 33.53 | 1:14.95 | 2:45.60 |
| 4. Remco Koelewijn | 99 | 04-023 | 4:39.49 | 3 | 33.92 | 1:15.11 | 2:50.46 |
| 5. Julian Hansman | 00 | 04-044 | 4:43.94 | 3 | 33.81 | 1:17.72 | 2:52.41 |
| 6. Nick Holtrust | 00 | 04-058 | 4:59.56 | 3 | 36.48 | 1:23.54 | 2:59.54 |
| 7. Justin Smit | 00 | 04-023 | 5:16.47 | 3 | 36.89 | 1:24.89 | 3:14.69 |
| 8. Ype Durk van der Werf | 01 | 04-023 | 5:36.66 | 3 | 40.53 | 1:30.94 | 3:25.19 |
| 9. Stefan Kiburg | 01 | 04-023 | 5:41.50 | 3 | 37.89 | 1:31.55 | 3:32.06 |

Klassementswedstrijd
Steenwijk, 8-12-2012

Jongens, Junioren 3 en 4

| | | | | 50m vs | 100m vs | 200m vs |
|---------------------------|----|--------|------------------|--------|---------|---------|
| 1. Justin Doldersum | 97 | 04-058 | 3:23.18 3 | 25.32 | 55.43 | 2:02.43 |
| 2. Michael Bolk | 97 | 04-002 | 3:35.34 3 | 27.05 | 59.11 | 2:09.18 |
| 3. Albert Jan van Slooten | 98 | 04-035 | 3:38.04 3 | 26.38 | 58.15 | 2:13.51 |
| 4. Emiel Meinen | 98 | 04-023 | 4:11.86 3 | 31.05 | 1:08.11 | 2:32.70 |

Jongens, Jeugd 1 en 2

| | | | | 50m vs | 100m vs | 200m vs |
|--------------------|----|--------|------------------|--------|---------|---------|
| 1. Mark Veldman | 95 | 04-035 | 3:27.07 3 | 26.16 | 57.03 | 2:03.88 |
| 2. Sidney Lubbinge | 95 | 04-021 | 3:52.32 3 | 28.88 | 1:03.77 | 2:19.67 |

Heren, Senioren 1 en ouder

| | | | | 50m vs | 100m vs | 200m vs |
|-----------------|----|--------|------------------|--------|---------|---------|
| 1. Remco Jorink | 80 | 04-044 | 3:40.26 3 | 26.02 | 58.56 | 2:15.68 |
| 2. Rian Beute | 84 | 04-025 | 3:47.65 3 | 27.89 | 1:03.01 | 2:16.75 |
| 3. Aaldert Been | 94 | 04-025 | 3:51.11 3 | 27.60 | 1:01.16 | 2:22.35 |

rugslag meisjes/dames

Meisjes, Junioren 3 en later

| | | | | 50m ru | 100m ru | 200m ru |
|-------------------------|----|--------|------------------|--------|---------|---------|
| 1. Marit Boxum | 00 | 04-044 | 4:14.87 3 | 32.36 | 1:09.70 | 2:32.81 |
| 2. Sidney ter Wal | 99 | 04-023 | 5:06.32 3 | 38.40 | 1:23.93 | 3:03.99 |
| 3. Esther van der Sloot | 99 | 04-035 | 5:11.39 3 | 38.30 | 1:25.23 | 3:07.86 |
| 4. Sabine van der Kolk | 01 | 04-058 | 5:18.01 3 | 40.36 | 1:28.73 | 3:08.92 |
| 5. Eliza van der Werf | 99 | 04-023 | 5:18.66 3 | 40.30 | 1:27.01 | 3:11.35 |

Meisjes, Jeugd 1 en 2

| | | | | 50m ru | 100m ru | 200m ru |
|-------------------|----|--------|------------------|--------|---------|---------|
| 1. Lianne Hansman | 98 | 04-044 | 5:10.66 3 | 39.62 | 1:25.65 | 3:05.39 |
| 2. Anouk Poelstra | 98 | 04-023 | 5:13.28 3 | 39.76 | 1:27.19 | 3:06.33 |

Dames, Senioren 1 en 2

| | | | | 50m ru | 100m ru | 200m ru |
|-------------------|----|--------|------------------|--------|---------|---------|
| 1. Aniek van Unen | 95 | 04-035 | 4:42.32 3 | 36.42 | 1:17.96 | 2:47.94 |

Dames, Senioren

| | | | | 50m ru | 100m ru | 200m ru |
|----------------------|----|--------|------------------|--------|---------|---------|
| 1. Vera Kraijer | 92 | 04-002 | 4:28.69 3 | 33.70 | 1:14.50 | 2:40.49 |
| 2. Sigrit Aarten | 93 | 04-058 | 4:30.91 3 | 35.61 | 1:16.48 | 2:38.82 |
| 3. Getrude Corporaal | 92 | 04-044 | 4:44.31 3 | 36.48 | 1:18.36 | 2:49.47 |

Klassementswedstrijd
Steenwijk, 8-12-2012

rugslag jongens/heren

Jongens, Junioren 3 en 4

| | | | | 50m ru | 100m ru | 200m ru |
|-------------------|----|--------|------------------|--------|---------|---------|
| 1. Arend-Jan Ooms | 97 | 04-002 | 4:26.82 3 | 35.10 | 1:13.56 | 2:38.16 |

schoolslag meisjes/dames

Meisjes, Junioren 3 en later

| | | | | 50m ss | 100m ss | 200m ss |
|-----------------------|----|--------|------------------|--------|---------|----------|
| 1. Ageeth de Haan | 99 | 04-025 | 5:02.37 3 | 39.73 | 1:23.52 | 2:59.12 |
| 2. Nian Vervoort | 99 | 04-002 | 5:30.08 3 | 42.70 | 1:32.34 | 3:15.04 |
| 3. Elma Leusink | 00 | 04-058 | 5:31.69 3 | 42.90 | 1:31.80 | 3:16.99 |
| 4. Jola Noya | 00 | 04-058 | 5:42.93 3 | 42.38 | 1:34.55 | 3:26.00 |
| 5. Imke Hurink | 00 | 04-002 | 6:14.30 3 | 48.80 | 1:43.97 | 3:41.53 |
| 6. Wendy Kodden | 00 | 04-044 | 6:29.31 3 | 49.33 | 1:48.06 | 3:51.92 |
| 7. Julia van den Berg | 01 | 04-058 | 6:38.56 3 | 51.47 | 1:52.20 | 3:54.89 |
| 8. Manuela Doeve | 99 | 04-023 | 6:39.47 3 | 49.45 | 1:52.49 | 3:54.53* |

Meisjes, Jeugd 1 en 2

| | | | | 50m ss | 100m ss | 200m ss |
|--------------------|----|--------|------------------|--------|---------|---------|
| 1. Marleen Welten | 97 | 04-058 | 5:07.80 3 | 39.73 | 1:25.32 | 3:02.75 |
| 2. Lauri Weijkamp | 98 | 04-002 | 5:20.41 3 | 40.42 | 1:28.41 | 3:11.58 |
| 3. Melissa Leuning | 98 | 04-021 | 6:47.04 3 | 51.11 | 1:52.49 | 4:03.44 |

Dames, Senioren 1 en 2

| | | | | 50m ss | 100m ss | 200m ss |
|--------------------|----|--------|------------------|--------|---------|---------|
| 1. Margot Reinders | 95 | 04-021 | 5:21.55 3 | 40.15 | 1:29.02 | 3:12.38 |

Dames, Senioren

| | | | | 50m ss | 100m ss | 200m ss |
|--------------|----|--------|------------------|--------|---------|---------|
| 1. Naomi Lok | 93 | 04-044 | 5:39.32 3 | 43.02 | 1:33.13 | 3:23.17 |

schoolslag jongens/heren

Jongens, Junioren 2 en later

| | | | | 50m ss | 100m ss | 200m ss |
|----------------------------|----|--------|------------------|--------|---------|---------|
| 1. Nick van Scherrenburg | 99 | 04-035 | 5:05.26 3 | 37.99 | 1:23.04 | 3:04.23 |
| 2. Jan-Willem van den Berg | 00 | 04-058 | 5:39.77 3 | 42.64 | 1:35.52 | 3:21.61 |
| 3. Daan Jansema | 01 | 04-044 | 5:57.48 3 | 45.73 | 1:41.36 | 3:30.39 |
| 4. Diederik de Boer | 00 | 04-023 | 6:16.11 3 | 46.83 | 1:44.45 | 3:44.83 |
| 5. Noud Bongers | 00 | 04-002 | 6:58.97 3 | 52.14 | 1:56.37 | 4:10.46 |

Klassementswedstrijd
Steenwijk, 8-12-2012

Jongens, Junioren 3 en 4

| | | | | 50m ss | 100m ss | 200m ss |
|------------------|----|--------|------------------|--------|---------|---------|
| 1. Alex Huizenga | 98 | 04-044 | 5:17.90 3 | 37.36 | 1:24.73 | 3:15.81 |

Jongens, Jeugd 1 en 2

| | | | | 50m ss | 100m ss | 200m ss |
|----------------------|----|--------|------------------|--------|---------|---------|
| 1. Dominique Sikkema | 95 | 04-035 | 4:15.81 3 | 31.16 | 1:08.43 | 2:36.22 |
| 2. Dinand Schutte | 96 | 04-058 | 4:45.87 3 | 33.68 | 1:17.28 | 2:54.91 |
| 3. Daniël E de Wagt | 96 | 04-035 | 4:51.01 3 | 31.56 | 1:12.23 | 3:07.22 |

Heren, Senioren 1 en ouder

| | | | | 50m ss | 100m ss | 200m ss |
|-------------------|----|--------|------------------|--------|---------|---------|
| 1. Gert Norg | 94 | 04-058 | 4:26.73 3 | 31.95 | 1:12.97 | 2:41.81 |
| 2. Mark van Damme | 91 | 04-025 | 4:35.33 3 | 32.25 | 1:13.67 | 2:49.41 |

vlinderslag meisjes dames

Dames, Senioren 1 en 2

| | | | | 50m vls | 100m vls | 200m vls |
|------------------|----|--------|------------------|---------|----------|----------|
| 1. Willemijn Vos | 95 | 04-002 | 6:20.22 3 | 45.82 | 1:48.32 | 3:46.08 |

Dames, Senioren

| | | | | 50m vls | 100m vls | 200m vls |
|-----------------------|----|--------|------------------|---------|----------|----------|
| 1. Laura van den Berg | 91 | 04-002 | 4:33.77 3 | 32.26 | 1:13.85 | 2:47.66 |
| 2. Marjolein Tissingh | 89 | 04-025 | 5:09.87 3 | 36.95 | 1:23.78 | 3:09.14 |

vlinderslag jongens/heren

Jongens, Junioren 2 en later

| | | | | 50m vls | 100m vls | 200m vls |
|-------------------|----|--------|------------------|---------|----------|----------|
| 1. Ewoud Vos | 99 | 04-002 | 5:22.07 3 | 36.42 | 1:28.02 | 3:17.63 |
| 2. Kylian Kooyman | 99 | 04-025 | 6:14.17 3 | 40.69 | 1:43.34 | 3:50.14 |

Jongens, Junioren 3 en 4

| | | | | 50m vls | 100m vls | 200m vls |
|------------------|----|--------|------------------|---------|----------|----------|
| 1. Thimo Brand | 97 | 04-002 | 4:45.30 3 | 32.75 | 1:18.04 | 2:54.51 |
| 2. Marcel Kodden | 97 | 04-044 | 5:23.46 3 | 38.06 | 1:28.73 | 3:16.67 |

Heren, Senioren 1 en ouder

| | | | | 50m vls | 100m vls | 200m vls |
|-----------------------|----|--------|------------------|---------|----------|----------|
| 1. Alexander Hulleman | 83 | 04-023 | 3:58.56 3 | 30.08 | 1:05.14 | 2:23.34 |

Klassementswedstrijd
Steenwijk, 8-12-2012

wisselslag meisjes/dames

Meisjes, Junioren 3 en later

| | | | | 100m wi | 200m wi | |
|--------------------|----|--------|----------------|---------|---------|---------|
| 1. Djamilla Gerner | 99 | 04-044 | 4:19.58 | 2 | 1:19.98 | 2:59.60 |
| 2. Myrthe Nijkamp | 99 | 04-002 | 4:30.02 | 2 | 1:26.45 | 3:03.57 |

Meisjes, Jeugd 1 en 2

| | | | | 100m wi | 200m wi | |
|----------------------|----|--------|----------------|---------|---------|---------|
| 1. Sanne Stam | 97 | 04-058 | 4:30.76 | 2 | 1:24.31 | 3:06.45 |
| 2. Iris Christiaanse | 98 | 04-021 | 4:55.48 | 2 | 1:30.18 | 3:25.30 |

Dames, Senioren 1 en 2

| | | | | 100m wi | 200m wi | |
|------------------|----|--------|----------------|---------|---------|---------|
| 1. Wivineke Bolk | 96 | 04-002 | 4:14.45 | 2 | 1:20.10 | 2:54.35 |

wisselslag jongens/heren

Jongens, Junioren 2 en later

| | | | | 100m wi | 200m wi | |
|------------------------|----|--------|----------------|---------|---------|---------|
| 1. Erik van der Linden | 99 | 04-044 | 3:48.91 | 2 | 1:10.46 | 2:38.45 |

Jongens, Junioren 3 en 4

| | | | | 100m wi | 200m wi | |
|---------------|----|--------|----------------|---------|---------|---------|
| 1. Bart Kors | 97 | 04-058 | 3:40.79 | 2 | 1:08.07 | 2:32.72 |
| 2. Thomas Lok | 98 | 04-044 | 4:03.99 | 2 | 1:17.51 | 2:46.48 |

Heren, Senioren 1 en ouder - 1 van 2 programma's

| | | | | 100m wi | 200m wi |
|--|--|--|--|---------|---------|
|--|--|--|--|---------|---------|